

INWA NORDIC WALKING WORLD CUP - 10KM

Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2023-04-29
Miejsce: Mielno
Dystans: 8.6 km
Klasyfikacja wg czasów netto.



INWA NORDIC WALKING WORLD CUP - 10KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|----------------------------|----|----------------------------------|--------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1 | ROSAK MARCIN | 13 | K.S. VICTORIA POTĘGOWO | ZIELONA GÓRA | POL | M40-49 | 1 | M 1 | | | 00:26:38 | 00:53:08.45 | 6:10 | 9.7 |
| 2 | POLKOWSKI PIOTR | 41 | | WARSZAWA | POL | M30-39 | 1 | M 2 | | | 00:26:38 | 00:53:36.65 | 6:13 | 9.6 |
| 3 | ZDANOWICZ ARKADIUSZ | 56 | K.S. VICTORIA POTĘGOWO | STANISŁAWÓW | POL | M40-49 | 2 | M 3 | | | 00:26:39 | 00:54:03.60 | 6:17 | 9.5 |
| 4 | WOJTASIŃSKI DANIEL | 54 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M40-49 | 3 | M 4 | | | 00:27:41 | 00:55:58.20 | 6:30 | 9.2 |
| 5 | LUDWICZAK DARIUSZ | 35 | EKSPEDYCCJA NORDIC TEAM SZCZECIN | SZCZECIN | POL | M50-59 | 1 | M 5 | | | 00:28:29 | 00:57:01.85 | 6:37 | 9 |
| 6 | BIELECKA ZUZANNA | 21 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | K40-49 | 1 | K 1 | | | 00:28:17 | 00:57:07.20 | 6:38 | 9 |
| 7 | JĘDRASIAK RENATA | 34 | KGHM METRACO POLKOWICE | LUBIN | POL | K60-69 | 1 | K 2 | | | 00:28:53 | 00:58:08.90 | 6:45 | 8.9 |
| 8 | HELWICH STEFAN | 33 | KGHM METRACO POLKOWICE | WIELEN | POL | M60-69 | 1 | M 6 | | | 00:28:47 | 00:58:13.60 | 6:46 | 8.9 |
| 9 | ŠEMETA ALGIRDAS | 43 | LITHUANIA | VILNIUS | LTU | M60-69 | 2 | M 7 | 2 | | 00:29:33 | 01:00:10.25 | 6:59 | 8.6 |
| 10 | FILIPOWICZ BARBARA | 26 | K.S. VICTORIA POTĘGOWO | KRZESZYCE | POL | K40-49 | 2 | K 3 | | | 00:30:07 | 01:00:31.90 | 7:02 | 8.5 |
| 11 | BREWCIŃSKI MARCIN | 67 | NW CZŁAPSKI TEAM | ŁYSE | POL | M30-39 | 2 | M 8 | | | 00:30:23 | 01:01:26.05 | 7:08 | 8.4 |
| 12 | GODZIŃSKI PAWEŁ | 30 | BAŻANTNWBŁĄG | MILEJEWÓ | POL | M40-49 | 4 | M 9 | | | 00:30:24 | 01:01:27.15 | 7:08 | 8.4 |
| 13 | FRANCZAK MAŁGORZATA | 27 | NW CZŁAPSKI TEAM | WARSZAWA | POL | K18-29 | 1 | K 4 | | | 00:30:27 | 01:01:41.95 | 7:10 | 8.4 |
| 14 | KROMSKI PAWEŁ | 57 | NW KIEKRZ POLAND | KIEKRZ | POL | M50-59 | 2 | M 10 | | | 00:30:49 | 01:02:16.10 | 7:14 | 8.3 |
| 15 | MAŁYSZEWICZ ANDRZEJ | 37 | | BIAŁY BÓR | POL | M50-59 | 3 | M 11 | | | 00:31:31 | 01:03:14.40 | 7:21 | 8.2 |
| 16 | WIECZORKOWSKA DAGMARA | 52 | WYCHODZĘ Z KIJAMI | KOSZALIN | POL | K50-59 | 1 | K 5 | | | 00:31:24 | 01:04:22.95 | 7:29 | 8 |
| 17 | ZAWADZKI ZYGMUNT | 55 | CIDRY LOTAJOM | BYTOM | POL | M70+ | 1 | M 12 | | | 00:31:59 | 01:05:01.20 | 7:33 | 7.9 |
| 18 | SZCZĘŚNIAK ZBIGNIEW | 49 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M60-69 | 3 | M 13 | | | 00:32:12 | 01:05:06.00 | 7:34 | 7.9 |
| 19 | OLEJNIK MARZENA | 40 | | SZCZECIN | POL | K50-59 | 2 | K 6 | | | 00:32:20 | 01:05:09.15 | 7:34 | 7.9 |
| 20 | ŁASZCZ WOJCIECH | 36 | FABRYKA NORWIKI TRZCIANKA | PIŁA | POL | M60-69 | 4 | M 14 | | | 00:32:12 | 01:05:13.70 | 7:35 | 7.9 |
| 21 | FRANCZAK DARIUSZ | 28 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M50-59 | 4 | M 15 | | | 00:32:35 | 01:05:34.45 | 7:37 | 7.9 |
| 22 | STROJNY ARTUR | 48 | | KOSZALIN | POL | M40-49 | 5 | M 16 | | | 00:32:37 | 01:06:10.95 | 7:41 | 7.8 |
| 23 | CZAJKA URSZULA | 24 | | RUMIA | POL | K60-69 | 2 | K 7 | | | 00:32:19 | 01:06:19.85 | 7:42 | 7.8 |
| 24 | EWERTOWSKA EWA | 25 | NORDIC WALKING KIEKRZ POLAND | KIEKRZ | POL | K50-59 | 3 | K 8 | | | 00:33:49 | 01:08:55.20 | 8:00 | 7.5 |
| 25 | MARCHEWKA ANDRZEJ | 39 | | PRECZÓW | POL | M60-69 | 5 | M 17 | | | 00:33:52 | 01:09:02.30 | 8:01 | 7.5 |
| 26 | MAŁYSZEWICZ TERESA | 38 | | BIAŁY BÓR | POL | K50-59 | 4 | K 9 | | | 00:34:57 | 01:09:13.55 | 8:02 | 7.5 |
| 27 | SKLEŚ - BŁASZCZYK JUSTYNA | 45 | | KOŁOBRZEG | POL | K30-39 | 1 | K 10 | | | 00:35:20 | 01:12:17.40 | 8:24 | 7.1 |
| 28 | GÓRSKA AGNIESZKA | 31 | | SZCZECIN | POL | K40-49 | 3 | K 11 | | | 00:36:50 | 01:13:57.05 | 8:35 | 7 |
| 29 | HARASZCZUK URSZULA | 32 | | KOŁOBRZEG | POL | K60-69 | 3 | K 12 | | | 00:36:42 | 01:14:30.00 | 8:39 | 6.9 |
| 30 | STATNIK GENOWEFA | 47 | SUCHY LAS | BIEDRUSKO | POL | K70+ | 1 | K 13 | | | 00:37:35 | 01:16:53.10 | 8:56 | 6.7 |
| 31 | STATNIK TOMASZ | 46 | | BIEDRUSKO | POL | M70+ | 2 | M 18 | | | 00:38:14 | 01:18:16.60 | 9:06 | 6.6 |
| DQ | CHRUŚCIEL-ORGANISTA ŻANETA | 23 | | SZCZECIN | POL | K50-59 | DQ | DQ | | TAK | 00:33:40 | DQ | | |

INWA NORDIC WALKING WORLD CUP - 10KM, OPEN - K

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|-----------------------|----|------------------------------|-----------|------|--------|--------|-----|-------------|--------------|----------|-------------|--------|------|
| 1 | BIELECKA ZUZANNA | 21 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | K40-49 | 1 | K 1 | | | 00:28:17 | 00:57:07.20 | 6:38 | 9 |
| 2 | JĘDRASIAK RENATA | 34 | KGHM METRACO POLKOWICE | LUBIN | POL | K60-69 | 1 | K 2 | | | 00:28:53 | 00:58:08.90 | 6:45 | 8.9 |
| 3 | FILIPOWICZ BARBARA | 26 | K.S. VICTORIA POTĘGOWO | KRZESZYCE | POL | K40-49 | 2 | K 3 | | | 00:30:07 | 01:00:31.90 | 7:02 | 8.5 |
| 4 | FRANCZAK MAŁGORZATA | 27 | NW CZŁAPSKI TEAM | WARSZAWA | POL | K18-29 | 1 | K 4 | | | 00:30:27 | 01:01:41.95 | 7:10 | 8.4 |
| 5 | WIECZORKOWSKA DAGMARA | 52 | WYCHODZĘ Z KIJAMI | KOSZALIN | POL | K50-59 | 1 | K 5 | | | 00:31:24 | 01:04:22.95 | 7:29 | 8 |
| 6 | OLEJNIK MARZENA | 40 | | SZCZECIN | POL | K50-59 | 2 | K 6 | | | 00:32:20 | 01:05:09.15 | 7:34 | 7.9 |
| 7 | CZAJKA URSZULA | 24 | | RUMIA | POL | K60-69 | 2 | K 7 | | | 00:32:19 | 01:06:19.85 | 7:42 | 7.8 |
| 8 | EWERTOWSKA EWA | 25 | NORDIC WALKING KIEKRZ POLAND | KIEKRZ | POL | K50-59 | 3 | K 8 | | | 00:33:49 | 01:08:55.20 | 8:00 | 7.5 |

INWA NORDIC WALKING WORLD CUP - 10KM, OPEN -K c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|----------------------------|----|-----------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 9 | MAŁYSZEWICZ TERESA | 38 | | BIAŁY BÓR | POL | K50-59 | 4 | K 9 | | | 00:34:57 | 01:09:13.55 | 8:02 | 7.5 |
| 10 | SKLEŚ - BŁASZCZYK JUSTYNA | 45 | | KOŁOBRZEG | POL | K30-39 | 1 | K 10 | | | 00:35:20 | 01:12:17.40 | 8:24 | 7.1 |
| 11 | GÓRSKA AGNIESZKA | 31 | | SZCZECIN | POL | K40-49 | 3 | K 11 | | | 00:36:50 | 01:13:57.05 | 8:35 | 7 |
| 12 | HARASZCZUK URSZULA | 32 | | KOŁOBRZEG | POL | K60-69 | 3 | K 12 | | | 00:36:42 | 01:14:30.00 | 8:39 | 6.9 |
| 13 | STATNIK GENOWEFA | 47 | SUCHY LAS | BIEDRUSKO | POL | K70+ | 1 | K 13 | | | 00:37:35 | 01:16:53.10 | 8:56 | 6.7 |
| DQ | CHRUŚCIEL-ORGANISTA ŻANETA | 23 | | SZCZECIN | POL | K50-59 | DQ | DQ | | TAK | 00:33:40 | DQ | | |

INWA NORDIC WALKING WORLD CUP - 10KM, OPEN -M

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|---------------------|----|---------------------------------|--------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1 | ROSAK MARCIN | 13 | K.S. VICTORIA POTĘGOWO | ZIELONA GÓRA | POL | M40-49 | 1 | M 1 | | | 00:26:38 | 00:53:08.45 | 6:10 | 9.7 |
| 2 | POLKOWSKI PIOTR | 41 | | WARSZAWA | POL | M30-39 | 1 | M 2 | | | 00:26:38 | 00:53:36.65 | 6:13 | 9.6 |
| 3 | ZDANOWICZ ARKADIUSZ | 56 | K.S. VICTORIA POTĘGOWO | STANISŁAWÓW | POL | M40-49 | 2 | M 3 | | | 00:26:39 | 00:54:03.60 | 6:17 | 9.5 |
| 4 | WOJTASIŃSKI DANIEL | 54 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M40-49 | 3 | M 4 | | | 00:27:41 | 00:55:58.20 | 6:30 | 9.2 |
| 5 | LUDWICZAK DARIUSZ | 35 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SZCZECIN | POL | M50-59 | 1 | M 5 | | | 00:28:29 | 00:57:01.85 | 6:37 | 9 |
| 6 | HELWICH STEFAN | 33 | KGHMETRACOPOLKOWICE | WIELEN | POL | M60-69 | 1 | M 6 | | | 00:28:47 | 00:58:13.60 | 6:46 | 8.9 |
| 7 | ŠEMETA ALGIRDAS | 43 | LITHUANIA | VILNIUS | LTU | M60-69 | 2 | M 7 | 2 | | 00:29:33 | 01:00:10.25 | 6:59 | 8.6 |
| 8 | BREWCZYŃSKI MARCIN | 67 | NW CZŁAPSKI TEAM | ŁYSE | POL | M30-39 | 2 | M 8 | | | 00:30:23 | 01:01:26.05 | 7:08 | 8.4 |
| 9 | GODZIŃSKI PAWEŁ | 30 | BAŻANTNWELBLĄG | MILEJEWO | POL | M40-49 | 4 | M 9 | | | 00:30:24 | 01:01:27.15 | 7:08 | 8.4 |
| 10 | KROMSKI PAWEŁ | 57 | NW KIEKRZ POLAND | KIEKRZ | POL | M50-59 | 2 | M 10 | | | 00:30:49 | 01:02:16.10 | 7:14 | 8.3 |
| 11 | MAŁYSZEWICZ ANDRZEJ | 37 | | BIAŁY BÓR | POL | M50-59 | 3 | M 11 | | | 00:31:31 | 01:03:14.40 | 7:21 | 8.2 |
| 12 | ZAWADZKI ZYGMUNT | 55 | CIDRY LOTAJOM | BYTOM | POL | M70+ | 1 | M 12 | | | 00:31:59 | 01:05:01.20 | 7:33 | 7.9 |
| 13 | SZCZĘŚNIAK ZBIGNIEW | 49 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M60-69 | 3 | M 13 | | | 00:32:12 | 01:05:06.00 | 7:34 | 7.9 |
| 14 | ŁASZCZ WOJCIECH | 36 | FABRYKA NORWIKI TRZCIANKA | PIŁA | POL | M60-69 | 4 | M 14 | | | 00:32:12 | 01:05:13.70 | 7:35 | 7.9 |
| 15 | FRANCZAK DARIUSZ | 28 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M50-59 | 4 | M 15 | | | 00:32:35 | 01:05:34.45 | 7:37 | 7.9 |
| 16 | STROJNY ARTUR | 48 | | KOSZALIN | POL | M40-49 | 5 | M 16 | | | 00:32:37 | 01:06:10.95 | 7:41 | 7.8 |
| 17 | MARCHEWKA ANDRZEJ | 39 | | PRECZÓW | POL | M60-69 | 5 | M 17 | | | 00:33:52 | 01:09:02.30 | 8:01 | 7.5 |
| 18 | STATNIK TOMASZ | 46 | | BIEDRUSKO | POL | M70+ | 2 | M 18 | | | 00:38:14 | 01:18:16.60 | 9:06 | 6.6 |

INWA NORDIC WALKING WORLD CUP - 10KM, K18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|---------------------|----|------------------|-----------|------|--------|--------|-----|-------------|--------------|----------|-------------|--------|------|
| 1 | FRANCZAK MAŁGORZATA | 27 | NW CZŁAPSKI TEAM | WARSZAWA | POL | K18-29 | 1 | K 4 | | | 00:30:27 | 01:01:41.95 | 7:10 | 8.4 |

INWA NORDIC WALKING WORLD CUP - 10KM, K30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|---------------------------|----|------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1 | SKLEŚ - BŁASZCZYK JUSTYNA | 45 | | KOŁOBRZEG | POL | K30-39 | 1 | K 10 | | | 00:35:20 | 01:12:17.40 | 8:24 | 7.1 |

INWA NORDIC WALKING WORLD CUP - 10KM, M30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|--------------------|----|------------------|-----------|------|--------|--------|-----|-------------|--------------|----------|-------------|--------|------|
| 1 | POLKOWSKI PIOTR | 41 | | WARSZAWA | POL | M30-39 | 1 | M 2 | | | 00:26:38 | 00:53:36.65 | 6:13 | 9.6 |
| 2 | BREWCZYŃSKI MARCIN | 67 | NW CZŁAPSKI TEAM | ŁYSE | POL | M30-39 | 2 | M 8 | | | 00:30:23 | 01:01:26.05 | 7:08 | 8.4 |

INWA NORDIC WALKING WORLD CUP - 10KM, K40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|--------------------|----|------------------------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1 | BIELECKA ZUZANNA | 21 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | K40-49 | 1 | K 1 | | | 00:28:17 | 00:57:07.20 | 6:38 | 9 |
| 2 | FILIPOWICZ BARBARA | 26 | K.S. VICTORIA POTĘGOWO | KRZESZYCE | POL | K40-49 | 2 | K 3 | | | 00:30:07 | 01:00:31.90 | 7:02 | 8.5 |
| 3 | GÓRSKA AGNIESZKA | 31 | | SZCZECIN | POL | K40-49 | 3 | K 11 | | | 00:36:50 | 01:13:57.05 | 8:35 | 7 |

INWA NORDIC WALKING WORLD CUP - 10KM, M40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|---------------------|----|-------------------------|--------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1 | ROSAK MARCIN | 13 | K.S. VICTORIA POTĘGOWO | ZIELONA GÓRA | POL | M40-49 | 1 | M 1 | | | 00:26:38 | 00:53:08.45 | 6:10 | 9.7 |
| 2 | ZDANOWICZ ARKADIUSZ | 56 | K.S. VICTORIA POTĘGOWO | STANISŁAWÓW | POL | M40-49 | 2 | M 3 | | | 00:26:39 | 00:54:03.60 | 6:17 | 9.5 |
| 3 | WOJTASIŃSKI DANIEL | 54 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M40-49 | 3 | M 4 | | | 00:27:41 | 00:55:58.20 | 6:30 | 9.2 |
| 4 | GODZIŃSKI PAWEŁ | 30 | BAŻANTNWELBLĄG | MILEJEWÓ | POL | M40-49 | 4 | M 9 | | | 00:30:24 | 01:01:27.15 | 7:08 | 8.4 |
| 5 | STROJNY ARTUR | 48 | | KOSZALIN | POL | M40-49 | 5 | M 16 | | | 00:32:37 | 01:06:10.95 | 7:41 | 7.8 |

INWA NORDIC WALKING WORLD CUP - 10KM, K50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|----------------------------|----|------------------------------|-----------|------|--------|--------|-----|-------------|--------------|----------|-------------|--------|------|
| 1 | WIECZORKOWSKA DAGMARA | 52 | WYCHODZĘ Z KIJAMI | KOSZALIN | POL | K50-59 | 1 | K 5 | | | 00:31:24 | 01:04:22.95 | 7:29 | 8 |
| 2 | OLEJNIK MARZENA | 40 | | SZCZECIN | POL | K50-59 | 2 | K 6 | | | 00:32:20 | 01:05:09.15 | 7:34 | 7.9 |
| 3 | EWERTOWSKA EWA | 25 | NORDIC WALKING KIEKRZ POLAND | KIEKRZ | POL | K50-59 | 3 | K 8 | | | 00:33:49 | 01:08:55.20 | 8:00 | 7.5 |
| 4 | MAŁYSZEWICZ TERESA | 38 | | BIAŁY BÓR | POL | K50-59 | 4 | K 9 | | | 00:34:57 | 01:09:13.55 | 8:02 | 7.5 |
| DQ | CHRUŚCIEL-ORGANISTA ŻANETA | 23 | | SZCZECIN | POL | K50-59 | DQ | DQ | | TAK | 00:33:40 | | DQ | |

INWA NORDIC WALKING WORLD CUP - 10KM, M50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|---------------------|----|---------------------------------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1 | LUDWICZAK DARIUSZ | 35 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SZCZECIN | POL | M50-59 | 1 | M 5 | | | 00:28:29 | 00:57:01.85 | 6:37 | 9 |
| 2 | KROMSKI PAWEŁ | 57 | NW KIEKRZ POLAND | KIEKRZ | POL | M50-59 | 2 | M 10 | | | 00:30:49 | 01:02:16.10 | 7:14 | 8.3 |
| 3 | MAŁYSZEWICZ ANDRZEJ | 37 | | BIAŁY BÓR | POL | M50-59 | 3 | M 11 | | | 00:31:31 | 01:03:14.40 | 7:21 | 8.2 |
| 4 | FRANCZAK DARIUSZ | 28 | NW CZŁĄPSKI TEAM | WARSZAWA | POL | M50-59 | 4 | M 15 | | | 00:32:35 | 01:05:34.45 | 7:37 | 7.9 |

INWA NORDIC WALKING WORLD CUP - 10KM, K60-69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|--------------------|----|------------------------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1 | JĘDRASIAK RENATA | 34 | KGHM METRACO POLKOWICE | LUBIN | POL | K60-69 | 1 | K 2 | | | 00:28:53 | 00:58:08.90 | 6:45 | 8.9 |
| 2 | CZAJKA URSZULA | 24 | | RUMIA | POL | K60-69 | 2 | K 7 | | | 00:32:19 | 01:06:19.85 | 7:42 | 7.8 |
| 3 | HARASZCZUK URSZULA | 32 | | KOŁOBRZEG | POL | K60-69 | 3 | K 12 | | | 00:36:42 | 01:14:30.00 | 8:39 | 6.9 |

INWA NORDIC WALKING WORLD CUP - 10KM, M60-69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|---------------------|----|---------------------------|-------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1 | HELWICH STEFAN | 33 | KGHM METRACO POLKOWICE | WIELEN | POL | M60-69 | 1 | M 6 | | | 00:28:47 | 00:58:13.60 | 6:46 | 8.9 |
| 2 | ŠEMETA ALGIRDAS | 43 | LITHUANIA | VILNIUS | LTU | M60-69 | 2 | M 7 | 2 | | 00:29:33 | 01:00:10.25 | 6:59 | 8.6 |
| 3 | SZCZĘŚNIAK ZBIGNIEW | 49 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M60-69 | 3 | M 13 | | | 00:32:12 | 01:05:06.00 | 7:34 | 7.9 |
| 4 | ŁASZCZ WOJCIECH | 36 | FABRYKA NORWIKA TRZCIANKA | PIŁA | POL | M60-69 | 4 | M 14 | | | 00:32:12 | 01:05:13.70 | 7:35 | 7.9 |
| 5 | MARCHEWKA ANDRZEJ | 39 | | PRECZÓW | POL | M60-69 | 5 | M 17 | | | 00:33:52 | 01:09:02.30 | 8:01 | 7.5 |

INWA NORDIC WALKING WORLD CUP - 10KM, K70+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|------------------|----|-----------|-----------|------|------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1 | STATNIK GENOWEFA | 47 | SUCHY LAS | BIEDRUSKO | POL | K70+ | 1 | K 13 | | | 00:37:35 | 01:16:53.10 | 8:56 | 6.7 |

INWA NORDIC WALKING WORLD CUP - 10KM, M70+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 4.3km | Netto | min/km | km/h |
|------|------------------|----|---------------|-----------|------|------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1 | ZAWADZKI ZYGMUNT | 55 | CIDRY LOTAJOM | BYTOM | POL | M70+ | 1 | M 12 | | | 00:31:59 | 01:05:01.20 | 7:33 | 7.9 |
| 2 | STATNIK TOMASZ | 46 | | BIEDRUSKO | POL | M70+ | 2 | M 18 | | | 00:38:14 | 01:18:16.60 | 9:06 | 6.6 |