

ZWODNICZA RUSAŁKA | 44 KM

Organizator: Fundacja Ultra-Bies
Data: 2023-05-05
Miejsce: Dołżyca
Dystans: 44 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE



B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Wyniki dla punktu pomiaru: 38 km

Klasyfikacja wg czasów brutto.

ZWODNICZA RUSAŁKA | 44 KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|-------------------------|-----|---------------------------------------|-------------------------|------|------|----------|----------|----------|
| 1 | PAWŁOWSKI ARKADIUSZ | 448 | ROCK&RUN.PL | KOBYŁKA | POL | M30 | 01:44:40 | 02:24:23 | 03:33:34 |
| 2 | CHOROŚ PIOTR | 519 | STAY INSANE | NIEMCE | POL | M40 | 01:44:03 | 02:24:06 | 03:39:10 |
| 3 | LEWANDOWSKI MIŁOSZ | 543 | PODIUM TEAM | RZESZÓW | POL | M30 | 01:44:02 | 02:24:34 | 03:41:38 |
| 4 | SKOWRON MICHAŁ | 478 | BIEGAM_BO_MAM_DZIECI | KRAKÓW | POL | M30 | 01:53:58 | 02:34:43 | 03:42:41 |
| 5 | HANULAK PAWEŁ | 526 | PODIUM | RZESZÓW | POL | M30 | 01:45:23 | 02:29:01 | 03:49:01 |
| 6 | PIECHA ARTUR | 548 | | RYBNIK | POL | M40 | 01:49:56 | 02:33:37 | 03:50:35 |
| 7 | ŻYŁKA KAMIL | 416 | 42K PRO TEAM | KOBIÓR | POL | M30 | 01:55:33 | 02:41:20 | 04:02:05 |
| 8 | PIĘKNIK PATRYK | 403 | TRAIL IS OUR WAY | RZESZÓW | POL | M30 | 01:57:55 | 02:41:54 | 04:05:42 |
| 9 | KOT RAFAŁ | 545 | GÓRAL Z MAZUR RUNNING TEAM | SZCZYTNO | POL | M40 | 01:56:39 | 02:45:53 | 04:06:28 |
| 10 | TUSZYŃSKI ZYGMUNT | 466 | PGERUN OBRÓT S.A. | RZESZÓW | POL | M40 | 01:59:39 | 02:46:59 | 04:08:12 |
| 11 | TROJNAR DAMIAN | 518 | KS JANUSZE | ŁAŃCUT | POL | M30 | 01:58:43 | 02:47:58 | 04:10:43 |
| 12 | OBSTÓJ KAROLINA | 549 | ON RUNNING | SZKLARSKA PORĘBA | POL | K30 | 02:00:39 | 02:47:33 | 04:11:24 |
| 13 | ZIĘBA SABINA | 522 | FOREVER TEAM CUNA TEAM | ŚWILCZA | POL | K30 | 02:05:07 | 02:50:54 | 04:12:24 |
| 14 | STEPANIUK ADAM | 463 | BIEGAMY DZISIAJ? | WIERZBICA-OSIEDLE | POL | M50 | 02:04:28 | 02:52:02 | 04:16:07 |
| 15 | KOLANO AGNIESZKA | 420 | PRZEDWOJEWSKI TEAM | WARSZAWA | POL | K40 | 02:05:42 | 02:54:12 | 04:18:24 |
| 16 | MAŚLANY DANIEL | 441 | | KOSTAROWCE | POL | M40 | 02:09:23 | 03:00:37 | 04:26:30 |
| 17 | GOLA MAGDA | 428 | TRAIL IS OUR WAY | GLIWICE | POL | K20 | 02:10:58 | 03:00:33 | 04:26:58 |
| 18 | @ VIRUS | 539 | NSB SPORT TEAM RZESZÓW | TYCZYN | POL | M40 | 01:59:09 | 02:46:23 | 04:27:13 |
| 19 | WÓJCIK ROBERT | 507 | 42K PRO TEAM | TYCHY | POL | M30 | 02:08:45 | 03:00:38 | 04:27:28 |
| 20 | MIKOŁAJCZYK KRZYSZTOF | 498 | | KOMORNIKI | POL | M40 | 02:08:40 | 03:02:08 | 04:30:39 |
| 21 | FLAGA IWONA | 439 | LOS PANTALONES ROJOS | KRAKÓW | POL | K40 | 02:12:43 | 03:09:07 | 04:31:08 |
| 22 | WOŁOSZYN ARTUR | 533 | | RZESZÓW | POL | M30 | 02:19:24 | 03:09:09 | 04:31:40 |
| 23 | GOLA DANIEL | 430 | TRAIL IS OUR WAY | GLIWICE | POL | M30 | 02:10:44 | 03:02:03 | 04:32:52 |
| 24 | ŚWIĄTEK PAWEŁ | 541 | | WROCŁAW | POL | M40 | 02:11:49 | 03:05:34 | 04:33:13 |
| 25 | PETRYNA JAGODA | 524 | NOA | WROCŁAW | POL | K30 | 02:11:23 | 03:05:31 | 04:33:26 |
| 26 | BARNOWSKI PRZEMYSŁAW | 488 | BARNOGYM.PL | CHOCHOŁÓW | POL | M40 | 02:05:06 | 03:01:44 | 04:35:17 |
| 27 | LITWIN BARTŁOMIEJ | 471 | WKURW_TEAM | WROCANKA | POL | M30 | 02:06:29 | 03:04:05 | 04:36:07 |
| 28 | KUPC ZBIGNIEW | 445 | TRAIL IS OUR WAY | GDYNIA | POL | M40 | 02:11:47 | 03:12:02 | 04:45:14 |
| 29 | STRZĘPEK DARIUSZ | 458 | | STRZYŻÓW | POL | M30 | 02:16:42 | 03:12:38 | 04:45:15 |
| 30 | ZAWADZKI KORDIAN | 476 | STAJNIA BALONA | RZESZÓW | POL | M30 | 02:14:31 | 03:10:12 | 04:46:42 |
| 31 | MILANOWSKI GRZEGORZ | 473 | | AUGUSTÓW | POL | M50 | | 03:13:28 | 04:46:43 |
| 32 | SIEMIĄTKOWSKA KATARZYNA | 477 | RADOSNE GRZYBK | POZNAŃ | POL | K30 | 02:19:46 | 03:14:44 | 04:47:31 |
| 33 | HAŁGAS SŁAWOMIR | 407 | MARELLI | BĘDZIN | POL | M40 | 02:13:47 | 03:11:59 | 04:48:08 |
| 34 | PTAK MATEUSZ | 422 | TRAIL IS OUR WAY/KB ATHLETIC ZRĘCIN | NIENASZÓW | POL | M40 | 02:06:38 | 03:06:08 | 04:48:15 |
| 35 | GRZYB KAZIMIERZ | 436 | LOS PANTALONES ROJOS | KRAKÓW | POL | M50 | 02:12:43 | 03:09:05 | 04:51:28 |
| 36 | BODNAR KRYSZTIAN | 521 | PANTERA SANOK | ZAŁUŻ | POL | M20 | 02:26:05 | 03:20:24 | 04:51:48 |
| 37 | KOCOT ALEKSANDRA | 483 | PODIUM | RZESZÓW | POL | K20 | 02:16:29 | 03:17:10 | 04:51:56 |
| 38 | GAŚECKI DANIEL | 532 | ULTRA PRZESILENIE | DYNÓW | POL | M40 | 02:24:00 | 03:20:38 | 04:53:19 |
| 39 | PALUCH PAWEŁ | 442 | | ŁAPCZYCA | POL | M50 | 02:13:40 | 03:15:25 | 04:55:04 |
| 40 | PRZYWARA PRZEMEK | 530 | | ROPCYCE | POL | M30 | 02:19:26 | 03:17:35 | 04:55:08 |
| 41 | BRZEZIŃSKI ANDRZEJ | 410 | RYKOWISKA TEAM | NOWA BIAŁA | POL | M50 | 02:16:27 | 03:13:10 | 04:55:13 |
| 42 | DĄBROWSKI ŁUKASZ | 465 | TREKKING TEAM OSTROWIEC ŚWIĘTOKRZYSKI | OSTROWIEC ŚWIĘTOKRZYSKI | POL | M40 | 02:19:50 | 03:17:20 | 04:55:22 |
| 43 | DERDA MARIUSZ | 418 | AKTYWNY DYNÓW | DYNÓW | POL | M30 | 02:27:28 | 03:22:26 | 04:57:15 |
| 44 | WIELGOSZ-MATUŁA MARIA | 472 | AZS UMCS BIEGA | LUBLIN | POL | K30 | 02:17:27 | 03:15:26 | 04:57:16 |
| 45 | KAMIŃSKI MAREK | 527 | | RZESZÓW | POL | M30 | 02:10:34 | 03:16:36 | 04:58:17 |

ZWODNICZA RUSAŁKA | 44 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|----------------------------------|-----|------------------------------|-------------------------|------|------|----------|----------|----------|
| 46 | CHMAJ JERZY | 542 | | BRATKOWICE | POL | M50 | 02:26:57 | 03:22:22 | 04:58:51 |
| 47 | MEISSNER PAWEŁ | 433 | TIGERS TEAM | ŁÓDŹ | POL | M40 | 02:27:36 | 03:25:34 | 05:00:30 |
| 48 | CIEKIEWICZ TOMASZ | 421 | | CIESZANOW | POL | M30 | 02:23:59 | 03:21:50 | 05:02:58 |
| 49 | BIELSKI SEWERYN | 499 | 42K PRO TEAM | RUDA ŚLĄSKA | POL | M40 | 02:05:11 | 03:15:28 | 05:03:12 |
| 50 | KRAJEWSKI JAKUB | 496 | KILOMETRY ODDECHÓW | ORELEĆ | POL | M30 | 02:25:17 | 03:22:58 | 05:03:42 |
| 51 | MOREVA DARIA | 529 | TRAIL RUNNING SCHOOL | WROCŁAW | POL | K30 | 02:36:52 | 03:32:34 | 05:04:43 |
| 52 | KRÓLIKOWSKA EMILIA | 411 | GANG ŚWIETLIKÓW | WARSZAWA | POL | K30 | 02:34:33 | 03:30:06 | 05:06:10 |
| 53 | KOWALSKI GRZEGORZ | 544 | PMCG PIASECZNO | PIASECZNO | POL | M50 | 02:33:25 | 03:31:06 | 05:06:43 |
| 54 | DUBIAŁ RAFAŁ | 443 | LESZ NO LIMITS RUNNERS | LESZNO | POL | M40 | 02:20:05 | 03:19:58 | 05:07:19 |
| 55 | GOLA RADOŚLAW | 497 | | ZABIERZÓW | POL | M40 | 02:26:43 | 03:24:41 | 05:08:54 |
| 56 | PSZONAK DAMIAN | 525 | | LUBLIN | POL | M30 | 02:32:54 | 03:30:10 | 05:09:56 |
| 57 | GRZEBSKA-BUJA MAŁGORZATA | 435 | GOSIA.SIE.BUJA | WŁADYSŁAWOWO | POL | K40 | 02:33:15 | 03:29:12 | 05:10:26 |
| 58 | LEWCZUK NORBERT | 487 | BIEGACZE POMAGACZE | ŁOSICE | POL | M40 | 02:26:21 | 03:26:53 | 05:10:39 |
| 59 | LEWTAK MARCIN | 415 | 9-TKA RUNNING TEAM | ZBĘDOWICE | POL | M40 | 02:12:36 | 03:21:58 | 05:11:45 |
| 60 | KALIŃSKI KRZYSZTOF | 426 | PUREEPIC | ŁÓDŹ | POL | M40 | 02:29:14 | 03:30:23 | 05:12:02 |
| 61 | FUKS SZYMON | 450 | MCBIEGACZE | WARSZAWA | POL | M40 | 02:09:59 | 03:08:01 | 05:12:48 |
| 62 | FUS MACIEJ | 534 | | RZESZÓW | POL | M30 | 02:22:18 | 03:23:11 | 05:13:36 |
| 63 | KUNYSZ MATEUSZ | 537 | BORGWARNER RUNNING TEAM | RZESZÓW | POL | M30 | 02:33:55 | 03:30:33 | 05:13:43 |
| 64 | TOMCZYK GRZEGORZ | 486 | PALARNIA KAWY GREGORIO | STRYZÓW | POL | M30 | 02:22:31 | 03:30:13 | 05:14:14 |
| 65 | BROŻYNA MIŁOSZ | 516 | ON RUN CREW | SZCZECIN | POL | M30 | 02:27:41 | 03:30:19 | 05:18:36 |
| 66 | MRYCZKO ROMAN | 515 | 24 | DYNÓW | POL | M50 | 02:36:08 | 03:35:10 | 05:18:54 |
| 67 | DYŚ MAŁGORZATA | 453 | PCTS SPORT | LUBLIN | POL | K40 | 02:30:55 | 03:32:24 | 05:19:50 |
| 68 | KOPACZYŃSKA BEATA | 455 | | ZIELONA GORA | POL | K50 | 02:40:54 | 03:44:57 | 05:23:36 |
| 69 | BUDZIAŚZEK AGNIESZKA | 457 | EFFI RUN TEAM | KRAKOW | POL | K20 | 02:40:22 | 03:41:00 | 05:24:22 |
| 70 | SZCZYGIEL OLA | 494 | | TARNOWSKIE GÓRY | POL | K30 | 02:39:43 | 03:43:03 | 05:25:02 |
| 71 | GALUSKIN ALEXEY | 493 | | TARNOWSKIE GÓRY | POL | M40 | 02:39:43 | 03:43:42 | 05:25:03 |
| 72 | TROJNAR DANIEL | 431 | | LUBLIN | POL | M30 | 02:34:18 | 03:37:39 | 05:27:31 |
| 73 | RÓŻYCKI RYSZARD | 531 | SOKÓŁ ZAGÓRZ | ZAGÓRZ | POL | M60 | 02:42:56 | 03:46:13 | 05:29:26 |
| 74 | SĘK KRYSZTIAN | 512 | | LUBLIN | POL | M30 | 02:33:42 | 03:41:12 | 05:31:30 |
| 75 | GRABOWICZ MIROŚLAW | 424 | SOKÓLSKA GRUPA BIEGOWA | SOKÓŁKA | POL | M60 | 02:38:07 | 03:43:15 | 05:32:21 |
| 76 | LEBODA KATARZYNA | 546 | WILD DOGS TEAM | KATOWICE | POL | K30 | 02:39:17 | 03:44:41 | 05:34:56 |
| 77 | STELMACH PAULINA | 551 | | BRWINÓW | POL | K30 | 02:45:46 | 03:55:47 | 05:35:13 |
| 78 | KRĘPA AGNIESZKA | 429 | NOWA HUTA TEAM | JAROSŁAW | POL | K30 | 02:45:08 | 03:52:37 | 05:38:28 |
| 79 | PIOTROWSKI PRZEMYSŁAW | 469 | NOWA HUTA TEAM | KRAKÓW | POL | M40 | 02:45:08 | 03:52:38 | 05:38:33 |
| 80 | WIĘCKOWSKI PIOTR | 423 | | CYBULICE MAŁE | POL | M20 | 02:35:57 | 03:40:50 | 05:38:55 |
| 81 | CACH BARBARA | 485 | | BRATKOWICE | POL | K40 | 02:42:49 | 03:50:38 | 05:38:57 |
| 82 | CEBRAT EWA | 517 | | SOSNOWIEC | POL | K40 | 02:43:31 | 03:58:34 | 05:40:29 |
| 83 | HYDZIK ŁUKASZ | 440 | | KOSTAROWCE | POL | M40 | 02:35:56 | 03:41:37 | 05:41:13 |
| 84 | STOPA MARCIN | 427 | URZĄD MIASTA RZESZOWA/PODIUM | BOGUCHWAŁA | POL | M40 | 02:36:09 | 03:49:35 | 05:41:14 |
| 85 | OLEJNIK KRZYSZTOF | 482 | PGB SPORTOWA PACZKA | NOWY DWÓR MAZOWIECKI | POL | M50 | 02:40:10 | 03:45:22 | 05:42:42 |
| 86 | RENC PATRYK | 412 | SERCE TYBETU | BYDGOSZCZ | POL | M30 | 02:41:21 | 03:50:13 | 05:42:59 |
| 87 | PESZEK BOGDAN | 454 | ULTRA PRZESILENIE | DYNÓW | POL | M50 | 02:42:39 | 03:51:29 | 05:43:45 |
| 88 | DOMARADZKA- KASZUBOWICZ WIKTORIA | 520 | SANOK BIEGA | SANOK | POL | K40 | 02:44:54 | 03:58:34 | 05:43:46 |
| 89 | KAWECKI MATEUSZ | 514 | | MIELEC | POL | M20 | 02:36:30 | 03:49:20 | 05:45:35 |
| 90 | PIEJKO JOANNA | 501 | BŁĘKITNA XVII | KRAKÓW | POL | K40 | 02:38:31 | 03:44:38 | 05:46:08 |
| 91 | WYJATEK WOJCIECH | 489 | | POZNAN | POL | M40 | 02:50:42 | 03:59:28 | 05:49:01 |
| 92 | POWIERTOWSKI ADAM | 490 | | CZERWONAK | POL | M40 | 02:50:42 | 03:59:29 | 05:49:01 |
| 93 | TOMASZEWSKA EWA | 452 | BIEG OPOLSKI | OPOLE | POL | K40 | 02:52:55 | 04:04:09 | 05:49:02 |
| 94 | PANTOŁ MIROŚLAW | 538 | | RZESZÓW | POL | M40 | 02:39:39 | 03:51:54 | 05:50:17 |
| 95 | SZCZEPAŃSKI GRZEGORZ | 491 | 8132746829 | POLAND | POL | M40 | 02:40:59 | 03:48:55 | 05:51:02 |
| 96 | SADY SEBASTIAN | 481 | OBY2 | OSTROWIEC ŚWIĘTOKRZYSKI | POL | M40 | 02:42:13 | 04:00:33 | 05:53:59 |
| 97 | MATRACKI SEBASTIAN | 464 | TREKKING TEAM OSTROWIEC | OSTROWIEC ŚWIĘTOKRZYSKI | POL | M40 | 02:42:15 | 04:00:36 | 05:54:14 |
| 98 | PASIEKA AGNIESZKA | 462 | KB ATHLETIC ZREČIN | ODRZYKOŃ | POL | K40 | 02:48:10 | 04:03:54 | 05:56:20 |
| 99 | FIUK BEATA | 505 | MIĘTOWY RUN | RZESZÓW | POL | K50 | 02:48:12 | 04:03:57 | 05:56:24 |
| 100 | WITUSIK DOROTA | 414 | | JASŁO | POL | K40 | 02:48:13 | 04:04:09 | 05:56:32 |
| 101 | KAPRAL ADAM | 506 | DWERNIK KAMIEŃ TRAIL | LUTOWISKA, | POL | M40 | 02:48:12 | 04:07:03 | 06:07:17 |
| 102 | BAGIŃSKI JAKUB | 474 | WILD DOGS TEAM | TYRAWA WOŁOSKA | POL | M30 | 02:58:54 | 04:12:17 | 06:14:22 |

ZWODNICZA RUSAŁKA | 44 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|------------------------------|-----|---------------------------------------|--------------------|------|------|----------|----------|----------|
| 103 | SKALNY RAFAŁ | 475 | | SKAWINA | POL | M40 | 02:58:54 | 04:12:20 | 06:14:27 |
| 104 | PAWLUS MAREK | 502 | PEPPA RUNNING TEAM | WROCŁAW | POL | M30 | 02:58:29 | 04:06:42 | 06:15:10 |
| 105 | JAKUBOWICZ CZACHUR KATARZYNA | 500 | | USTRZYKI DOLNE | POL | K50 | 02:57:55 | 04:17:27 | 06:15:20 |
| 106 | KORBA MICHAŁ | 547 | | WARSZAWA | POL | M40 | 03:01:01 | 04:22:16 | 06:20:22 |
| 107 | ROSZAK WALDEMAR | 510 | BIEGAM NA ZIELONEJ BIAŁOŁĘCE | WARSZAWA | POL | M50 | 03:06:06 | 04:22:09 | 06:23:03 |
| 108 | KOTOWICZ IWONA | 513 | PODIUM | RZESZÓW | POL | K40 | 02:56:51 | 04:22:57 | 06:23:39 |
| 109 | PLISZCZYŃSKA JUSTYNA | 434 | | LUBLIN | POL | K40 | 03:06:18 | 04:20:44 | 06:25:10 |
| 110 | JATA MARTA | 437 | MROZEK TRI TEAM/UMCS BIEGA | LUBLIN | POL | K40 | 03:01:21 | 04:23:36 | 06:27:11 |
| 111 | BIENIARZ ILONA | 504 | PEPPA RUNNING TEAM | WROCŁAW | POL | K30 | 03:06:12 | 04:22:56 | 06:28:46 |
| 112 | MURDZIA MARCIN | 528 | | LEŻAJSK | POL | M30 | 02:56:50 | 04:26:21 | 06:29:16 |
| 113 | STASIOWSKI MARCIN | 402 | | RZESZÓW | POL | M30 | 02:57:50 | 04:25:26 | 06:32:14 |
| 114 | CZEKAŁSKI TOMASZ | 467 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | M40 | 03:02:39 | 04:26:06 | 06:36:36 |
| 115 | CZEKAŁSKA MAGDALENA | 468 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | K40 | 03:02:39 | 04:26:08 | 06:36:42 |
| 116 | NOWAK MARTA | 470 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | K40 | 03:02:38 | 04:26:05 | 06:36:46 |
| 117 | MAGOŃ ŁUKASZ | 536 | CARPATHIAN RUNNERS | KRACZKOWA | POL | M30 | 03:12:46 | 04:32:05 | 06:37:07 |
| 118 | CHODZIŃSKI PIOTR | 413 | | RZESZÓW | POL | M40 | 03:04:24 | 04:25:09 | 06:37:32 |
| 119 | KOSEWSKA DOROTA | 540 | BIEGAM NA TARCHOMINIE/BIEGIEM NA KAWĘ | WARSZAWA | POL | K50 | 03:01:05 | 04:27:35 | 06:40:50 |
| 120 | JACKOWSKI JACEK | 509 | JAROSŁAWSKA GRUPA BIEGOWA "SOKÓŁ" | JAROSŁAW | POL | M50 | 03:14:00 | 04:41:19 | 06:49:51 |
| 121 | JELEŃ-KOTLAREK AGNIESZKA | 405 | VEGE RUNNERS | BYDGOSZCZ | POL | K30 | 03:05:28 | 04:28:35 | 06:49:56 |
| 122 | KLUZ ROBERT | 492 | | RZESZÓW | POL | M50 | 03:17:20 | 04:37:04 | 06:51:08 |
| 123 | KOZIARA PATRYK | 552 | | BRZEŹNICA | POL | M30 | 03:17:06 | 04:48:58 | 07:10:39 |
| 124 | DEDIC ROBERT | 460 | RARLD | HOLESOV | CZE | M40 | 03:22:04 | 04:55:26 | 07:15:11 |
| 125 | DEDIC LENKA | 461 | RARLD | HOLESOV | CZE | K40 | 03:22:08 | 04:55:29 | 07:15:13 |
| 126 | NALEWALSKA JUSTYNA | 404 | SERCE TYBETU | BYDGOSZCZ | POL | K30 | 03:22:40 | 04:52:45 | 07:17:15 |
| 127 | JACKOWSKA EWA | 508 | JAROSŁAWSKA GRUPA BIEGOWA "SOKÓŁ" | JAROSŁAW | POL | K40 | 03:14:00 | 04:58:31 | 07:26:41 |
| 128 | WIERCHOŁA JOANNA | 417 | | LUBLIN | POL | K60 | 03:27:45 | 05:03:02 | 07:28:41 |
| 129 | ŁĄCKA ILONA | 511 | MAZOWIECKA OKRĘGOWA IZBA INŻYNIERÓW | WARSZAWA | POL | K50 | 03:30:24 | 05:01:39 | 07:30:11 |
| 130 | MICHALCZUK ZENON | 550 | | SANOK | POL | M60 | 03:33:03 | 05:06:36 | 07:31:30 |
| 131 | SKIBA TOMASZ | 484 | GAMONIUSZE | DĘBICA | POL | M30 | 03:14:19 | 04:58:28 | 07:31:49 |
| 132 | ZGÓRSKI MACIEJ | 401 | WKURW TEAM | BYDGOSZCZ | POL | M40 | 03:36:05 | 05:14:42 | 07:40:01 |
| 133 | LEŚNICZAK BARBARA | 523 | | ZIELONKA | POL | K40 | 03:36:01 | 05:14:33 | 07:40:02 |
| 134 | BURZ-PARADOWSKA JOWITA | 480 | BYLE DO METY | RZESZÓW | POL | K40 | 03:37:59 | 05:13:03 | 07:45:55 |
| 135 | PARADOWSKI PAWEŁ | 479 | BYLEDOMETRY | RZESZÓW | POL | M50 | 03:37:58 | 05:13:02 | 07:45:55 |
| 136 | PEŁSZYK MONIKA | 449 | | WARSZAWA | POL | K50 | 03:48:32 | 05:26:46 | 08:00:54 |
| 137 | LUTOMSKI DARIUSZ | 495 | | MAGDALENKA | POL | M60 | 03:40:38 | 05:29:30 | 08:06:28 |
| 138 | RURA MARCIN | 406 | HERNIK TEAM | KATOWICE | POL | M30 | | 05:39:38 | 08:38:49 |
| 139 | RURA MIKOŁAJ | 408 | HERNIK TEAM | REJOWIEC FABRYCZNY | POL | M20 | | 05:39:40 | 08:39:04 |
| 140 | MIĄSKO WOJCIECH | 425 | 12TRI.PL | WARSZAWA | POL | M50 | 02:36:57 | 03:41:02 | |
| | DOMBROWSKI MACIEJ | 503 | ON RUNNING | DRAGANOWA | POL | M30 | DNF | 02:29:42 | DNF |
| | SZOSTAK KAMIL | 459 | SZYSZUNIA TEAM | ZAGORZYCE | POL | M30 | 02:54:04 | 04:27:33 | DNF |
| | CITUK GRZEGORZ | 451 | 42K PRO TEAM | TYCHY | POL | M40 | DNF | DNF | DNF |

ZWODNICZA RUSAŁKA | 44 KM, OPEN K

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|-------------------------|-----|------------------------|------------------|------|------|----------|----------|----------|
| 1 | OBSTÓJ KAROLINA | 549 | ON RUNNING | SZKLARSKA PORĘBA | POL | K30 | 02:00:39 | 02:47:33 | 04:11:24 |
| 2 | ZIĘBA SABINA | 522 | FOREVER TEAM CUNA TEAM | ŚWILCZA | POL | K30 | 02:05:07 | 02:50:54 | 04:12:24 |
| 3 | KOLANO AGNIESZKA | 420 | PRZEDWOJEWSKI TEAM | WARSZAWA | POL | K40 | 02:05:42 | 02:54:12 | 04:18:24 |
| 4 | GOLA MAGDA | 428 | TRAIL IS OUR WAY | GLIWICE | POL | K20 | 02:10:58 | 03:00:33 | 04:26:58 |
| 5 | FLAGA IWONA | 439 | LOS PANTALONES ROJOS | KRAKÓW | POL | K40 | 02:12:43 | 03:09:07 | 04:31:08 |
| 6 | PETRYNA JAGODA | 524 | NOA | WROCŁAW | POL | K30 | 02:11:23 | 03:05:31 | 04:33:26 |
| 7 | SIEMIĄTKOWSKA KATARZYNA | 477 | RADOSNE GRZYBK | POZNAŃ | POL | K30 | 02:19:46 | 03:14:44 | 04:47:31 |
| 8 | KOCOT ALEKSANDRA | 483 | PODIUM | RZESZÓW | POL | K20 | 02:16:29 | 03:17:10 | 04:51:56 |
| 9 | WIELGOSZ-MATUŁA MARIA | 472 | AZS UMCS BIEGA | LUBLIN | POL | K30 | 02:17:27 | 03:15:26 | 04:57:16 |

ZWODNICZA RUSAŁKA | 44 KM, OPEN K c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|----------------------------------|-----|---------------------------------------|-----------------|------|------|----------|----------|----------|
| 10 | MOREVA DARIA | 529 | TRAIL RUNNING SCHOOL | WROCŁAW | POL | K30 | 02:36:52 | 03:32:34 | 05:04:43 |
| 11 | KRÓLIKOWSKA EMILIA | 411 | GANG ŚWIETLIKÓW | WARSZAWA | POL | K30 | 02:34:33 | 03:30:06 | 05:06:10 |
| 12 | GRZĘBSKA-BUJA MAŁGORZATA | 435 | GOSIA.SIE.BUJA | WŁADYSŁAWOWO | POL | K40 | 02:33:15 | 03:29:12 | 05:10:26 |
| 13 | DYŚ MAŁGORZATA | 453 | PCTS SPORT | LUBLIN | POL | K40 | 02:30:55 | 03:32:24 | 05:19:50 |
| 14 | KOPACZYŃSKA BEATA | 455 | | ZIELONA GORA | POL | K50 | 02:40:54 | 03:44:57 | 05:23:36 |
| 15 | BUDZIASZEK AGNIESZKA | 457 | EFFI RUN TEAM | KRAKOW | POL | K20 | 02:40:22 | 03:41:00 | 05:24:22 |
| 16 | SZCZYGIEŁ OLA | 494 | | TARNOWSKIE GÓRY | POL | K30 | 02:39:43 | 03:43:03 | 05:25:02 |
| 17 | LEBODA KATARZYNA | 546 | WILD DOGS TEAM | KATOWICE | POL | K30 | 02:39:17 | 03:44:41 | 05:34:56 |
| 18 | STELMACH PAULINA | 551 | | BRWINÓW | POL | K30 | 02:45:46 | 03:55:47 | 05:35:13 |
| 19 | KRĘPA AGNIESZKA | 429 | NOWA HUTA TEAM | JAROSŁAW | POL | K30 | 02:45:08 | 03:52:37 | 05:38:28 |
| 20 | CACH BARBARA | 485 | | BRATKOWICE | POL | K40 | 02:42:49 | 03:50:38 | 05:38:57 |
| 21 | CEBRAT EWA | 517 | | SOSNOWIEC | POL | K40 | 02:43:31 | 03:58:34 | 05:40:29 |
| 22 | DOMARADZKA- KASZUBOWICZ WIKTORIA | 520 | SANOK BIEGA | SANOK | POL | K40 | 02:44:54 | 03:58:34 | 05:43:46 |
| 23 | PIEJKO JOANNA | 501 | BŁĘKITNA XVII | KRAKÓW | POL | K40 | 02:38:31 | 03:44:38 | 05:46:08 |
| 24 | TOMASZEWSKA EWA | 452 | BIEG OPOLSKI | OPOLE | POL | K40 | 02:52:55 | 04:04:09 | 05:49:02 |
| 25 | PASIEKA AGNIESZKA | 462 | KB ATHLETIC ZRĘCIN | ODRZYKOŃ | POL | K40 | 02:48:10 | 04:03:54 | 05:56:20 |
| 26 | FIUK BEATA | 505 | MIĘTOWY RUN | RZESZÓW | POL | K50 | 02:48:12 | 04:03:57 | 05:56:24 |
| 27 | WITUSIK DOROTA | 414 | | JASŁO | POL | K40 | 02:48:13 | 04:04:09 | 05:56:32 |
| 28 | JAKUBOWICZ ZCACHUR KATARZYNA | 500 | | USTRYKI DOLNE | POL | K50 | 02:57:55 | 04:17:27 | 06:15:20 |
| 29 | KOTOWICZ IWONA | 513 | PODIUM | RZESZÓW | POL | K40 | 02:56:51 | 04:22:57 | 06:23:39 |
| 30 | PLISZCZYŃSKA JUSTYNA | 434 | | LUBLIN | POL | K40 | 03:06:18 | 04:20:44 | 06:25:10 |
| 31 | JATA MARTA | 437 | MROZEK TRI TEAM/UMCS BIEGA | LUBLIN | POL | K40 | 03:01:21 | 04:23:36 | 06:27:11 |
| 32 | BIENIARZ ILONA | 504 | PEPPA RUNNING TEAM | WROCŁAW | POL | K30 | 03:06:12 | 04:22:56 | 06:28:46 |
| 33 | CZEKAŁSKA MAGDALENA | 468 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | K40 | 03:02:39 | 04:26:08 | 06:36:42 |
| 34 | NOWAK MARTA | 470 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | K40 | 03:02:38 | 04:26:05 | 06:36:46 |
| 35 | KOSEWSKA DOROTA | 540 | BIEGAM NA TARCHOMINIE/BIEGIEM NA KAWĘ | WARSZAWA | POL | K50 | 03:01:05 | 04:27:35 | 06:40:50 |
| 36 | JELEŃ-KOTLAREK AGNIESZKA | 405 | VEGE RUNNERS | BYDGOSZCZ | POL | K30 | 03:05:28 | 04:28:35 | 06:49:56 |
| 37 | DEDIC LENKA | 461 | RARLD | HOLESOV | CZE | K40 | 03:22:08 | 04:55:29 | 07:15:13 |
| 38 | NALEWAŁSKA JUSTYNA | 404 | SERCE TYBETU | BYDGOSZCZ | POL | K30 | 03:22:40 | 04:52:45 | 07:17:15 |
| 39 | JACKOWSKA EWA | 508 | JAROSŁAWSKA GRUPA BIEGOWA "SOKÓŁ" | JAROSŁAW | POL | K40 | 03:14:00 | 04:58:31 | 07:26:41 |
| 40 | WIERCHOŁA JOANNA | 417 | | LUBLIN | POL | K60 | 03:27:45 | 05:03:02 | 07:28:41 |
| 41 | ŁAĆKA ILONA | 511 | MAZOWIECKA OKRĘGOWA IZBA INŻYNIERÓW | WARSZAWA | POL | K50 | 03:30:24 | 05:01:39 | 07:30:11 |
| 42 | LEŚNICZAK BARBARA | 523 | | ZIELONKA | POL | K40 | 03:36:01 | 05:14:33 | 07:40:02 |
| 43 | BURZ-PARADOWSKA JOWITA | 480 | BYLE DO METY | RZESZÓW | POL | K40 | 03:37:59 | 05:13:03 | 07:45:55 |
| 44 | PEŁSZYK MONIKA | 449 | | WARSZAWA | POL | K50 | 03:48:32 | 05:26:46 | 08:00:54 |

ZWODNICZA RUSAŁKA | 44 KM, OPEN M

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|-----------------------|-----|----------------------------|-------------------|------|------|----------|----------|----------|
| 1 | PAWŁOWSKI ARKADIUSZ | 448 | ROCK&RUN.PL | KOBYŁKA | POL | M30 | 01:44:40 | 02:24:23 | 03:33:34 |
| 2 | CHOROŚ PIOTR | 519 | STAY INSANE | NIEMCE | POL | M40 | 01:44:03 | 02:24:06 | 03:39:10 |
| 3 | LEWANDOWSKI MIŁOSZ | 543 | PODIUM TEAM | RZESZÓW | POL | M30 | 01:44:02 | 02:24:34 | 03:41:38 |
| 4 | SKOWRON MICHAŁ | 478 | BIEGAM_BO_MAM_DZIECI | KRAKÓW | POL | M30 | 01:53:58 | 02:34:43 | 03:42:41 |
| 5 | HANULAK PAWEŁ | 526 | PODIUM | RZESZÓW | POL | M30 | 01:45:23 | 02:29:01 | 03:49:01 |
| 6 | PIECHA ARTUR | 548 | | RYBNIK | POL | M40 | 01:49:56 | 02:33:37 | 03:50:35 |
| 7 | ŻYŁKA KAMIL | 416 | 42K PRO TEAM | KOBIÓR | POL | M30 | 01:55:33 | 02:41:20 | 04:02:05 |
| 8 | PIĘKNIK PATRYK | 403 | TRAIL IS OUR WAY | RZESZÓW | POL | M30 | 01:57:55 | 02:41:54 | 04:05:42 |
| 9 | KOT RAFAŁ | 545 | GÓRAL Z MAZUR RUNNING TEAM | SZCZYTNO | POL | M40 | 01:56:39 | 02:45:53 | 04:06:28 |
| 10 | TUSZYŃSKI ZYGMUNT | 466 | PGERUN OBRÓT S.A. | RZESZÓW | POL | M40 | 01:59:39 | 02:46:59 | 04:08:12 |
| 11 | TROJNAR DAMIAN | 518 | KS JANUSZE | ŁAŃCUT | POL | M30 | 01:58:43 | 02:47:58 | 04:10:43 |
| 12 | STEPANIUK ADAM | 463 | BIEGAMY DZISIAJ? | WIERZBICA-OSIEDLE | POL | M50 | 02:04:28 | 02:52:02 | 04:16:07 |
| 13 | MAŚLANY DANIEL | 441 | | KOSTAROWCE | POL | M40 | 02:09:23 | 03:00:37 | 04:26:30 |
| 14 | @ VIRUS | 539 | NSB SPORT TEAM RZESZÓW | TYCZYN | POL | M40 | 01:59:09 | 02:46:23 | 04:27:13 |
| 15 | WÓJCİK ROBERT | 507 | 42K PRO TEAM | TYCHY | POL | M30 | 02:08:45 | 03:00:38 | 04:27:28 |
| 16 | MIKOŁAJCZYK KRZYSZTOF | 498 | | KOMORNIKI | POL | M40 | 02:08:40 | 03:02:08 | 04:30:39 |
| 17 | WOŁOŻYŃSKI ARTUR | 533 | | RZESZÓW | POL | M30 | 02:19:24 | 03:09:09 | 04:31:40 |

ZWODNICZA RUSAŁKA | 44 KM, OPEN M c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|-----------------------|-----|---------------------------------------|-------------------------|------|------|----------|----------|----------|
| 18 | GOLA DANIEL | 430 | TRAIL IS OUR WAY | GLIWICE | POL | M30 | 02:10:44 | 03:02:03 | 04:32:52 |
| 19 | ŚWIĄTEK PAWEŁ | 541 | | WROCŁAW | POL | M40 | 02:11:49 | 03:05:34 | 04:33:13 |
| 20 | BARNOWSKI PRZEMYSŁAW | 488 | BARNOGYM.PL | CHOCHOŁÓW | POL | M40 | 02:05:06 | 03:01:44 | 04:35:17 |
| 21 | LITWIN BARTŁOMIEJ | 471 | WKURW_TEAM | WROCANKA | POL | M30 | 02:06:29 | 03:04:05 | 04:36:07 |
| 22 | KUPC ZBIGNIEW | 445 | TRAIL IS OUR WAY | GDYNIA | POL | M40 | 02:11:47 | 03:12:02 | 04:45:14 |
| 23 | STRZEPEK DARIUSZ | 458 | | STRZYŻÓW | POL | M30 | 02:16:42 | 03:12:38 | 04:45:15 |
| 24 | ZAWADZKI KORDIAN | 476 | STAJNIA BALONA | RZESZÓW | POL | M30 | 02:14:31 | 03:10:12 | 04:46:42 |
| 25 | MILANOWSKI GRZEGORZ | 473 | | AUGUSTÓW | POL | M50 | | 03:13:28 | 04:46:43 |
| 26 | HAŁGAS SŁAWOMIR | 407 | MARELLI | BĘDZIN | POL | M40 | 02:13:47 | 03:11:59 | 04:48:08 |
| 27 | PTAK MATEUSZ | 422 | TRAIL IS OUR WAY/KB ATHLETIC ZREĆIN | NIENASZÓW | POL | M40 | 02:06:38 | 03:06:08 | 04:48:15 |
| 28 | GRZYB KAZIMIERZ | 436 | LOS PANTALONES ROJOS | KRAKÓW | POL | M50 | 02:12:43 | 03:09:05 | 04:51:28 |
| 29 | BODNAR KRYSZTIAN | 521 | PANTERA SANOK | ZAŁUŻ | POL | M20 | 02:26:05 | 03:20:24 | 04:51:48 |
| 30 | GAŚECKI DANIEL | 532 | ULTRA PRZESILENIE | DYNÓW | POL | M40 | 02:24:00 | 03:20:38 | 04:53:19 |
| 31 | PALUCH PAWEŁ | 442 | | ŁAPCZYCA | POL | M50 | 02:13:40 | 03:15:25 | 04:55:04 |
| 32 | PRZYWARA PRZEMEK | 530 | | ROPCZYCE | POL | M30 | 02:19:26 | 03:17:35 | 04:55:08 |
| 33 | BRZEZIŃSKI ANDRZEJ | 410 | RYKOWISKA TEAM | NOWA BIAŁA | POL | M50 | 02:16:27 | 03:13:10 | 04:55:13 |
| 34 | DĄBROWSKI ŁUKASZ | 465 | TREKKING TEAM OSTROWIEC ŚWIĘTOKRZYSKI | OSTROWIEC ŚWIĘTOKRZYSKI | POL | M40 | 02:19:50 | 03:17:20 | 04:55:22 |
| 35 | DERDA MARIUSZ | 418 | AKTYWNY DYNÓW | DYNÓW | POL | M30 | 02:27:28 | 03:22:26 | 04:57:15 |
| 36 | KAMIŃSKI MAREK | 527 | | RZESZÓW | POL | M30 | 02:10:34 | 03:16:36 | 04:58:17 |
| 37 | CHMAJ JERZY | 542 | | BRATKOWICE | POL | M50 | 02:26:57 | 03:22:22 | 04:58:51 |
| 38 | MEISSNER PAWEŁ | 433 | TIGERS TEAM | ŁÓDŹ | POL | M40 | 02:27:36 | 03:25:34 | 05:00:30 |
| 39 | CIEKIEWICZ TOMASZ | 421 | | CIESZANÓW | POL | M30 | 02:23:59 | 03:21:50 | 05:02:58 |
| 40 | BIELSKI SEWERYN | 499 | 42K PRO TEAM | RUDA SŁĄSKA | POL | M40 | 02:05:11 | 03:15:28 | 05:03:12 |
| 41 | KRAJEWSKI JAKUB | 496 | KILOMETRY ODDECHÓW | ORELEC | POL | M30 | 02:25:17 | 03:22:58 | 05:03:42 |
| 42 | KOWALSKI GRZEGORZ | 544 | PMCG PIASECZNO | PIASECZNO | POL | M50 | 02:33:25 | 03:31:06 | 05:06:43 |
| 43 | DUBIAŁ RAFAŁ | 443 | LESZ NO LIMITS RUNNERS | LESZNO | POL | M40 | 02:20:05 | 03:19:58 | 05:07:19 |
| 44 | GOLA RADOŚLAW | 497 | | ZABIERZÓW | POL | M40 | 02:26:43 | 03:24:41 | 05:08:54 |
| 45 | PSZONAK DAMIAN | 525 | | LUBLIN | POL | M30 | 02:32:54 | 03:30:10 | 05:09:56 |
| 46 | LEWCZUK NORBERT | 487 | BIEGACZE POMAGACZE | ŁOSICE | POL | M40 | 02:26:21 | 03:26:53 | 05:10:39 |
| 47 | LEWTAK MARCIN | 415 | 9-TKA RUNNING TEAM | ZBĘDOWICE | POL | M40 | 02:12:36 | 03:21:58 | 05:11:45 |
| 48 | KALIŃSKI KRZYSZTOF | 426 | PUREEPIC | ŁÓDŹ | POL | M40 | 02:29:14 | 03:30:23 | 05:12:02 |
| 49 | FUKS SZYMON | 450 | MCBIEGACZE | WARSZAWA | POL | M40 | 02:09:59 | 03:08:01 | 05:12:48 |
| 50 | FUS MACIEJ | 534 | | RZESZÓW | POL | M30 | 02:22:18 | 03:23:11 | 05:13:36 |
| 51 | KUNYSZ MATEUSZ | 537 | BORGWARNER RUNNING TEAM | RZESZÓW | POL | M30 | 02:33:55 | 03:30:33 | 05:13:43 |
| 52 | TOMCZYK GRZEGORZ | 486 | PALARNIA KAWY GREGORIO | STRZYŻÓW | POL | M30 | 02:22:31 | 03:30:13 | 05:14:14 |
| 53 | BROŻYNA MIŁOŚZ | 516 | ON RUN CREW | SZCZECIN | POL | M30 | 02:27:41 | 03:30:19 | 05:18:36 |
| 54 | MRYCZKO ROMAN | 515 | 24 | DYNÓW | POL | M50 | 02:36:08 | 03:35:10 | 05:18:54 |
| 55 | GALUSKIN ALEXEY | 493 | | TARNOWSKIE GÓRY | POL | M40 | 02:39:43 | 03:43:42 | 05:25:03 |
| 56 | TROJNAR DANIEL | 431 | | LUBLIN | POL | M30 | 02:34:18 | 03:37:39 | 05:27:31 |
| 57 | RÓŻYCKI RYSZARD | 531 | SOKÓŁ ZAGÓRZ | ZAGÓRZ | POL | M60 | 02:42:56 | 03:46:13 | 05:29:26 |
| 58 | SĘK KRYSZTIAN | 512 | | LUBLIN | POL | M30 | 02:33:42 | 03:41:12 | 05:31:30 |
| 59 | GRABOWICZ MIROŚLAW | 424 | SOKÓLSKA GRUPA BIEGOWA | SOKÓŁKA | POL | M60 | 02:38:07 | 03:43:15 | 05:32:21 |
| 60 | PIOTROWSKI PRZEMYSŁAW | 469 | NOWA HUTA TEAM | KRAKÓW | POL | M40 | 02:45:08 | 03:52:38 | 05:38:33 |
| 61 | WIĘCCKOWSKI PIOTR | 423 | | CYBULICE MAŁE | POL | M20 | 02:35:57 | 03:40:50 | 05:38:55 |
| 62 | HYDZIK ŁUKASZ | 440 | | KOSTAROWCE | POL | M40 | 02:35:56 | 03:41:37 | 05:41:13 |
| 63 | STOPA MARCIN | 427 | URZĄD MIASTA RZESZOWA/PODIUM | BOGUCHWAŁA | POL | M40 | 02:36:09 | 03:49:35 | 05:41:14 |
| 64 | OLEJNIK KRZYSZTOF | 482 | PGB SPORTOWA PACZKA | NOWY DWÓR MAZOWIECKI | POL | M50 | 02:40:10 | 03:45:22 | 05:42:42 |
| 65 | RENC PATRYK | 412 | SERCE TYBETU | BYDGOSZCZ | POL | M30 | 02:41:21 | 03:50:13 | 05:42:59 |
| 66 | PESZEK BOGDAN | 454 | ULTRA PRZESILENIE | DYNÓW | POL | M50 | 02:42:39 | 03:51:29 | 05:43:45 |
| 67 | KAWECKI MATEUSZ | 514 | | MIELEC | POL | M20 | 02:36:30 | 03:49:20 | 05:45:35 |
| 68 | WYJATEK WOJCIECH | 489 | | POZNAN | POL | M40 | 02:50:42 | 03:59:28 | 05:49:01 |
| 69 | POWIERTOWSKI ADAM | 490 | | CZERWONAK | POL | M40 | 02:50:42 | 03:59:29 | 05:49:01 |
| 70 | PANTOŁ MIROŚLAW | 538 | | RZESZÓW | POL | M40 | 02:39:39 | 03:51:54 | 05:50:17 |
| 71 | SZCZEPAŃSKI GRZEGORZ | 491 | 8132746829 | POLAND | POL | M40 | 02:40:59 | 03:48:55 | 05:51:02 |
| 72 | SADY SEBASTIAN | 481 | OBY2 | OSTROWIEC ŚWIĘTOKRZYSKI | POL | M40 | 02:42:13 | 04:00:33 | 05:53:59 |
| 73 | MATRACKI SEBASTIAN | 464 | TREKKING TEAM OSTROWIEC | OSTROWIEC ŚWIĘTOKRZYSKI | POL | M40 | 02:42:15 | 04:00:36 | 05:54:14 |
| 74 | KAPRAL ADAM | 506 | DWERNIK KAMIEŃ TRAIL | LUTOWISKA, | POL | M40 | 02:48:12 | 04:07:03 | 06:07:17 |

ZWODNICZA RUSAŁKA | 44 KM, OPEN M c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|-------------------|-----|-----------------------------------|--------------------|------|------|----------|----------|----------|
| 75 | BAGIŃSKI JAKUB | 474 | WILD DOGS TEAM | TYRAWA WOŁOSKA | POL | M30 | 02:58:54 | 04:12:17 | 06:14:22 |
| 76 | SKALNY RAFAŁ | 475 | | SKAWINA | POL | M40 | 02:58:54 | 04:12:20 | 06:14:27 |
| 77 | PAWLUS MAREK | 502 | PEPPA RUNNING TEAM | WROCŁAW | POL | M30 | 02:58:29 | 04:06:42 | 06:15:10 |
| 78 | KORBA MICHAŁ | 547 | | WARSZAWA | POL | M40 | 03:01:01 | 04:22:16 | 06:20:22 |
| 79 | ROSZAK WALDEMAR | 510 | BIEGAM NA ZIELONEJ BIAŁOŁĘCE | WARSZAWA | POL | M50 | 03:06:06 | 04:22:09 | 06:23:03 |
| 80 | MURDZIA MARCIN | 528 | | LEŻAJSK | POL | M30 | 02:56:50 | 04:26:21 | 06:29:16 |
| 81 | STASIOWSKI MARCIN | 402 | | RZESZÓW | POL | M30 | 02:57:50 | 04:25:26 | 06:32:14 |
| 82 | CZEKAŁSKI TOMASZ | 467 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | M40 | 03:02:39 | 04:26:06 | 06:36:36 |
| 83 | MAGOŃ ŁUKASZ | 536 | CARPATHIAN RUNNERS | KRACZKOWA | POL | M30 | 03:12:46 | 04:32:05 | 06:37:07 |
| 84 | CHODZIŃSKI PIOTR | 413 | | RZESZÓW | POL | M40 | 03:04:24 | 04:25:09 | 06:37:32 |
| 85 | JACKOWSKI JACEK | 509 | JAROSŁAWSKA GRUPA BIEGOWA "SOKÓŁ" | JAROSŁAW | POL | M50 | 03:14:00 | 04:41:19 | 06:49:51 |
| 86 | KLUZ ROBERT | 492 | | RZESZÓW | POL | M50 | 03:17:20 | 04:37:04 | 06:51:08 |
| 87 | KOZIARA PATRYK | 552 | | BRZEŹNICA | POL | M30 | 03:17:06 | 04:48:58 | 07:10:39 |
| 88 | DEDIC ROBERT | 460 | RARLD | HOLESOV | CZE | M40 | 03:22:04 | 04:55:26 | 07:15:11 |
| 89 | MICHALCZUK ZENON | 550 | | SANOK | POL | M60 | 03:33:03 | 05:06:36 | 07:31:30 |
| 90 | SKIBA TOMASZ | 484 | GAMONIUSZE | DĘBICA | POL | M30 | 03:14:19 | 04:58:28 | 07:31:49 |
| 91 | ZGÓRSKI MACIEJ | 401 | WKURW TEAM | BYDGOSZCZ | POL | M40 | 03:36:05 | 05:14:42 | 07:40:01 |
| 92 | PARADOWSKI PAWEŁ | 479 | BYLEDOMETY | RZESZÓW | POL | M50 | 03:37:58 | 05:13:02 | 07:45:55 |
| 93 | LUTOMSKI DARIUSZ | 495 | | MAGDALENKA | POL | M60 | 03:40:38 | 05:29:30 | 08:06:28 |
| 94 | RURA MARCIN | 406 | HERNIK TEAM | KATOWICE | POL | M30 | | 05:39:38 | 08:38:49 |
| 95 | RURA MIKOŁAJ | 408 | HERNIK TEAM | REJOWIEC FABRYCZNY | POL | M20 | | 05:39:40 | 08:39:04 |
| 96 | MIĄSKO WOJCIECH | 425 | 12TRI.PL | WARSZAWA | POL | M50 | 02:36:57 | 03:41:02 | |
| | CITUK GRZEGORZ | 451 | 42K PRO TEAM | TYCHY | POL | M40 | DNF | DNF | DNF |
| | SZOSTAK KAMIL | 459 | SZYSZUNIA TEAM | ZAGORZYCE | POL | M30 | 02:54:04 | 04:27:33 | DNF |
| | | | | | | | DNF | DNF | |
| | DOMBROWSKI MACIEJ | 503 | ON RUNNING | DRAGANOWA | POL | M30 | DNF | 02:29:42 | DNF |
| | | | | | | | | DNF | |

ZWODNICZA RUSAŁKA | 44 KM, K20

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|----------------------|-----|------------------|-----------|------|------|----------|----------|----------|
| 1 | GOLA MAGDA | 428 | TRAIL IS OUR WAY | GLIWICE | POL | K20 | 02:10:58 | 03:00:33 | 04:26:58 |
| 2 | KOCOT ALEKSANDRA | 483 | PODIUM | RZESZOW | POL | K20 | 02:16:29 | 03:17:10 | 04:51:56 |
| 3 | BUDZIASZEK AGNIESZKA | 457 | EFFI RUN TEAM | KRAKOW | POL | K20 | 02:40:22 | 03:41:00 | 05:24:22 |

ZWODNICZA RUSAŁKA | 44 KM, M20

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|------------------|-----|---------------|--------------------|------|------|----------|----------|----------|
| 1 | BODNAR KRYSZTIAN | 521 | PANTERA SANOK | ZAŁUŻ | POL | M20 | 02:26:05 | 03:20:24 | 04:51:48 |
| 2 | WIĘCKOWSKI PIOTR | 423 | | CYBULICE MAŁE | POL | M20 | 02:35:57 | 03:40:50 | 05:38:55 |
| 3 | KAWECKI MATEUSZ | 514 | | MIELEC | POL | M20 | 02:36:30 | 03:49:20 | 05:45:35 |
| 4 | RURA MIKOŁAJ | 408 | HERNIK TEAM | REJOWIEC FABRYCZNY | POL | M20 | | 05:39:40 | 08:39:04 |

ZWODNICZA RUSAŁKA | 44 KM, K30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|-------------------------|-----|------------------------|------------------|------|------|----------|----------|----------|
| 1 | OBSTÓJ KAROLINA | 549 | ON RUNNING | SZKLARSKA PORĘBA | POL | K30 | 02:00:39 | 02:47:33 | 04:11:24 |
| 2 | ZIĘBA SABINA | 522 | FOREVER TEAM CUNA TEAM | ŚWILCZA | POL | K30 | 02:05:07 | 02:50:54 | 04:12:24 |
| 3 | PETRYNA JAGODA | 524 | NOA | WROCŁAW | POL | K30 | 02:11:23 | 03:05:31 | 04:33:26 |
| 4 | SIEMIĄTKOWSKA KATARZYNA | 477 | RADOSNE GRZYBKI | POZNAŃ | POL | K30 | 02:19:46 | 03:14:44 | 04:47:31 |
| 5 | WIELGOSZ-MATUŁA MARIA | 472 | AZS UMCS BIEGA | LUBLIN | POL | K30 | 02:17:27 | 03:15:26 | 04:57:16 |
| 6 | MOREVA DARIA | 529 | TRAIL RUNNING SCHOOL | WROCŁAW | POL | K30 | 02:36:52 | 03:32:34 | 05:04:43 |

ZWODNICZA RUSAŁKA | 44 KM, K30 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|--------------------------|-----|--------------------|-----------------|------|------|----------|----------|----------|
| 7 | KRÓLIKOWSKA EMILIA | 411 | GANG ŚWIETLIKÓW | WARSZAWA | POL | K30 | 02:34:33 | 03:30:06 | 05:06:10 |
| 8 | SZCZYGIEŁ OLA | 494 | | TARNOWSKIE GÓRY | POL | K30 | 02:39:43 | 03:43:03 | 05:25:02 |
| 9 | LEBODA KATARZYNA | 546 | WILD DOGS TEAM | KATOWICE | POL | K30 | 02:39:17 | 03:44:41 | 05:34:56 |
| 10 | STELMACH PAULINA | 551 | | BRWINÓW | POL | K30 | 02:45:46 | 03:55:47 | 05:35:13 |
| 11 | KRĘPA AGNIESZKA | 429 | NOWA HUTA TEAM | JAROSŁAW | POL | K30 | 02:45:08 | 03:52:37 | 05:38:28 |
| 12 | BIENIARZ ILONA | 504 | PEPPA RUNNING TEAM | WROCŁAW | POL | K30 | 03:06:12 | 04:22:56 | 06:28:46 |
| 13 | JELEŃ-KOTLAREK AGNIESZKA | 405 | VEGE RUNNERS | BYDGOSZCZ | POL | K30 | 03:05:28 | 04:28:35 | 06:49:56 |
| 14 | NALEWALSKA JUSTYNA | 404 | SERCE TYBETU | BYDGOSZCZ | POL | K30 | 03:22:40 | 04:52:45 | 07:17:15 |

ZWODNICZA RUSAŁKA | 44 KM, M30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|---------------------|-----|-------------------------|----------------|------|------|----------|----------|----------|
| 1 | PAWŁOWSKI ARKADIUSZ | 448 | ROCK&RUN.PL | KOBYŁKA | POL | M30 | 01:44:40 | 02:24:23 | 03:33:34 |
| 2 | LEWANDOWSKI MIŁOSZ | 543 | PODIUM TEAM | RZESZÓW | POL | M30 | 01:44:02 | 02:24:34 | 03:41:38 |
| 3 | SKOWRON MICHAŁ | 478 | BIEGAM_BO_MAM_DZIECI | KRAKÓW | POL | M30 | 01:53:58 | 02:34:43 | 03:42:41 |
| 4 | HANULAK PAWEŁ | 526 | PODIUM | RZESZÓW | POL | M30 | 01:45:23 | 02:29:01 | 03:49:01 |
| 5 | ŻYŁKA KAMIL | 416 | 42K PRO TEAM | KOBIÓR | POL | M30 | 01:55:33 | 02:41:20 | 04:02:05 |
| 6 | PIĘKNIK PATRYK | 403 | TRAIL IS OUR WAY | RZESZÓW | POL | M30 | 01:57:55 | 02:41:54 | 04:05:42 |
| 7 | TROJNAR DAMIAN | 518 | KS JANUSZE | ŁAŃCUT | POL | M30 | 01:58:43 | 02:47:58 | 04:10:43 |
| 8 | WÓJCIK ROBERT | 507 | 42K PRO TEAM | TYCHY | POL | M30 | 02:08:45 | 03:00:38 | 04:27:28 |
| 9 | WOŁOSZYN ARTUR | 533 | | RZESZÓW | POL | M30 | 02:19:24 | 03:09:09 | 04:31:40 |
| 10 | GOLA DANIEL | 430 | TRAIL IS OUR WAY | GLIWICE | POL | M30 | 02:10:44 | 03:02:03 | 04:32:52 |
| 11 | LITWIN BARTŁOMIEJ | 471 | WKURW_TEAM | WROCANKA | POL | M30 | 02:06:29 | 03:04:05 | 04:36:07 |
| 12 | STRZEPEK DARIUSZ | 458 | | STRZYŻÓW | POL | M30 | 02:16:42 | 03:12:38 | 04:45:15 |
| 13 | ZAWADZKI KORDIAN | 476 | STAJNIA BALONA | RZESZÓW | POL | M30 | 02:14:31 | 03:10:12 | 04:46:42 |
| 14 | PRZYWARA PRZEMEK | 530 | | ROPczyce | POL | M30 | 02:19:26 | 03:17:35 | 04:55:08 |
| 15 | DERDA MARIUSZ | 418 | AKTYWNY DYNÓW | DYNÓW | POL | M30 | 02:27:28 | 03:22:26 | 04:57:15 |
| 16 | KAMIŃSKI MAREK | 527 | | RZESZÓW | POL | M30 | 02:10:34 | 03:16:36 | 04:58:17 |
| 17 | CIEKIEWICZ TOMASZ | 421 | | CIESZANOW | POL | M30 | 02:23:59 | 03:21:50 | 05:02:58 |
| 18 | KRAJEWSKI JAKUB | 496 | KILOMETRY ODDECHÓW | ORELEC | POL | M30 | 02:25:17 | 03:22:58 | 05:03:42 |
| 19 | PSZONAK DAMIAN | 525 | | LUBLIN | POL | M30 | 02:32:54 | 03:30:10 | 05:09:56 |
| 20 | FUS MACIEJ | 534 | | RZESZÓW | POL | M30 | 02:22:18 | 03:23:11 | 05:13:36 |
| 21 | KUNYSZ MATEUSZ | 537 | BORGWARNER RUNNING TEAM | RZESZÓW | POL | M30 | 02:33:55 | 03:30:33 | 05:13:43 |
| 22 | TOMCZYK GRZEGORZ | 486 | PALARNIA KAWY GREGORIO | STRZYŻÓW | POL | M30 | 02:22:31 | 03:30:13 | 05:14:14 |
| 23 | BROŻYNA MIŁOSZ | 516 | ON RUN CREW | SZCZECIN | POL | M30 | 02:27:41 | 03:30:19 | 05:18:36 |
| 24 | TROJNAR DANIEL | 431 | | LUBLIN | POL | M30 | 02:34:18 | 03:37:39 | 05:27:31 |
| 25 | SĘK KRYSZTIAN | 512 | | LUBLIN | POL | M30 | 02:33:42 | 03:41:12 | 05:31:30 |
| 26 | RENC PATRYK | 412 | SERCE TYBETU | BYDGOSZCZ | POL | M30 | 02:41:21 | 03:50:13 | 05:42:59 |
| 27 | BAGIŃSKI JAKUB | 474 | WILD DOGS TEAM | TYRAWA WOŁOSKA | POL | M30 | 02:58:54 | 04:12:17 | 06:14:22 |
| 28 | PAWLUS MAREK | 502 | PEPPA RUNNING TEAM | WROCŁAW | POL | M30 | 02:58:29 | 04:06:42 | 06:15:10 |
| 29 | MURDZIA MARCIN | 528 | | LEŻAJSK | POL | M30 | 02:56:50 | 04:26:21 | 06:29:16 |
| 30 | STASIOWSKI MARCIN | 402 | | RZESZÓW | POL | M30 | 02:57:50 | 04:25:26 | 06:32:14 |
| 31 | MAGOŃ ŁUKASZ | 536 | CARPATHIAN RUNNERS | KRACZKOWA | POL | M30 | 03:12:46 | 04:32:05 | 06:37:07 |
| 32 | KOZIARA PATRYK | 552 | | BRZEŃNICA | POL | M30 | 03:17:06 | 04:48:58 | 07:10:39 |
| 33 | SKIBA TOMASZ | 484 | GAMONIUSZE | DĘBICA | POL | M30 | 03:14:19 | 04:58:28 | 07:31:49 |
| 34 | RURA MARCIN | 406 | HERNIK TEAM | KATOWICE | POL | M30 | | 05:39:38 | 08:38:49 |
| | SZOSTAK KAMIL | 459 | SZYSZUNIA TEAM | ZAGORZYCE | POL | M30 | 02:54:04 | 04:27:33 | DNF |
| | | | | | | | DNF | DNF | DNF |
| | DOMBROWSKI MACIEJ | 503 | ON RUNNING | DRAGANOWA | POL | M30 | DNF | 02:29:42 | DNF |
| | | | | | | | DNF | DNF | DNF |

ZWODNICZA RUSAŁKA | 44 KM, K40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|----------------------------------|-----|-----------------------------------|--------------|------|------|----------|----------|----------|
| 1 | KOLANO AGNIESZKA | 420 | PRZEDWOJEWSKI TEAM | WARSZAWA | POL | K40 | 02:05:42 | 02:54:12 | 04:18:24 |
| 2 | FLAGA IWONA | 439 | LOS PANTALONES ROJOS | KRAKÓW | POL | K40 | 02:12:43 | 03:09:07 | 04:31:08 |
| 3 | GRZĘBSKA-BUJA MAŁGORZATA | 435 | GOSIA.SIE.BUJA | WŁADYSŁAWOWO | POL | K40 | 02:33:15 | 03:29:12 | 05:10:26 |
| 4 | DYŚ MAŁGORZATA | 453 | PCTS SPORT | LUBLIN | POL | K40 | 02:30:55 | 03:32:24 | 05:19:50 |
| 5 | CACH BARBARA | 485 | | BRATKOWICE | POL | K40 | 02:42:49 | 03:50:38 | 05:38:57 |
| 6 | CEBRAT EWA | 517 | | SOSNOWIEC | POL | K40 | 02:43:31 | 03:58:34 | 05:40:29 |
| 7 | DOMARADZKA- KASZUBOWICZ WIKTORIA | 520 | SANOK BIEGA | SANOK | POL | K40 | 02:44:54 | 03:58:34 | 05:43:46 |
| 8 | PIEJKO JOANNA | 501 | BŁĘKITNA XVII | KRAKÓW | POL | K40 | 02:38:31 | 03:44:38 | 05:46:08 |
| 9 | TOMASZEWSKA EWA | 452 | BIEG OPOLSKI | OPOLE | POL | K40 | 02:52:55 | 04:04:09 | 05:49:02 |
| 10 | PASIEKA AGNIESZKA | 462 | KB ATHLETIC ZREČIN | ODRZYKOŃ | POL | K40 | 02:48:10 | 04:03:54 | 05:56:20 |
| 11 | WITUSIK DOROTA | 414 | | JASŁO | POL | K40 | 02:48:13 | 04:04:09 | 05:56:32 |
| 12 | KOTOWICZ IWONA | 513 | PODIUM | RZESZÓW | POL | K40 | 02:56:51 | 04:22:57 | 06:23:39 |
| 13 | PLISZCZYŃSKA JUSTYNA | 434 | | LUBLIN | POL | K40 | 03:06:18 | 04:20:44 | 06:25:10 |
| 14 | JATA MARTA | 437 | MROZEK TRI TEAM/UMCS BIEGA | LUBLIN | POL | K40 | 03:01:21 | 04:23:36 | 06:27:11 |
| 15 | CZEKALSKA MAGDALENA | 468 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | K40 | 03:02:39 | 04:26:08 | 06:36:42 |
| 16 | NOWAK MARTA | 470 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | K40 | 03:02:38 | 04:26:05 | 06:36:46 |
| 17 | DEDIC LENKA | 461 | RARLD | HOLESOV | CZE | K40 | 03:22:08 | 04:55:29 | 07:15:13 |
| 18 | JACKOWSKA EWA | 508 | JAROSŁAWSKA GRUPA BIEGOWA "SOKÓŁ" | JAROSŁAW | POL | K40 | 03:14:00 | 04:58:31 | 07:26:41 |
| 19 | LEŚNICZAK BARBARA | 523 | | ZIELONKA | POL | K40 | 03:36:01 | 05:14:33 | 07:40:02 |
| 20 | BURZ-PARADOWSKA JOWITA | 480 | BYLE DO METY | RZESZÓW | POL | K40 | 03:37:59 | 05:13:03 | 07:45:55 |

ZWODNICZA RUSAŁKA | 44 KM, M40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|-----------------------|-----|---------------------------------------|-------------------------|------|------|----------|----------|----------|
| 1 | CHOROŚ PIOTR | 519 | STAY INSANE | NIEMCE | POL | M40 | 01:44:03 | 02:24:06 | 03:39:10 |
| 2 | PIECHA ARTUR | 548 | | RYBNIK | POL | M40 | 01:49:56 | 02:33:37 | 03:50:35 |
| 3 | KOT RAFAŁ | 545 | GÓRAL Z MAZUR RUNNING TEAM | SZCZYTNO | POL | M40 | 01:56:39 | 02:45:53 | 04:06:28 |
| 4 | TUSZYŃSKI ZYGMUNT | 466 | PGERUN OBRÓT S.A. | RZESZÓW | POL | M40 | 01:59:39 | 02:46:59 | 04:08:12 |
| 5 | MAŚLANY DANIEL | 441 | | KOSTAROWCE | POL | M40 | 02:09:23 | 03:00:37 | 04:26:30 |
| 6 | @ VIRUS | 539 | NSB SPORT TEAM RZESZÓW | TYCZYN | POL | M40 | 01:59:09 | 02:46:23 | 04:27:13 |
| 7 | MIKOŁAJCZYK KRZYSZTOF | 498 | | KOMORNIKI | POL | M40 | 02:08:40 | 03:02:08 | 04:30:39 |
| 8 | ŚWIĄTEK PAWEŁ | 541 | | WROCŁAW | POL | M40 | 02:11:49 | 03:05:34 | 04:33:13 |
| 9 | BARNOWSKI PRZEMYSŁAW | 488 | BARNOGYM.PL | CHOCHOŁÓW | POL | M40 | 02:05:06 | 03:01:44 | 04:35:17 |
| 10 | KUPC ZBIGNIEW | 445 | TRAIL IS OUR WAY | GDYNIA | POL | M40 | 02:11:47 | 03:12:02 | 04:45:14 |
| 11 | HAŁGAS SŁAWOMIR | 407 | MARELLI | BĘDZIN | POL | M40 | 02:13:47 | 03:11:59 | 04:48:08 |
| 12 | PTAK MATEUSZ | 422 | TRAIL IS OUR WAY/KB ATHLETIC ZREČIN | NIENASZÓW | POL | M40 | 02:06:38 | 03:06:08 | 04:48:15 |
| 13 | GAŚECKI DANIEL | 532 | ULTRA PRZESILENIE | DYNÓW | POL | M40 | 02:24:00 | 03:20:38 | 04:53:19 |
| 14 | DĄBROWSKI ŁUKASZ | 465 | TREKKING TEAM OSTROWIEC ŚWIĘTOKRZYSKI | OSTROWIEC ŚWIĘTOKRZYSKI | POL | M40 | 02:19:50 | 03:17:20 | 04:55:22 |
| 15 | MEISSNER PAWEŁ | 433 | TIGERS TEAM | ŁÓDŹ | POL | M40 | 02:27:36 | 03:25:34 | 05:00:30 |
| 16 | BIELSKI SEWERYN | 499 | 42K PRO TEAM | RUDA ŚLĄSKA | POL | M40 | 02:05:11 | 03:15:28 | 05:03:12 |
| 17 | DUBIAŁ RAFAŁ | 443 | LESZ NO LIMITS RUNNERS | LESZNO | POL | M40 | 02:20:05 | 03:19:58 | 05:07:19 |
| 18 | GOLA RADOŚLAW | 497 | | ZABIERZÓW | POL | M40 | 02:26:43 | 03:24:41 | 05:08:54 |
| 19 | LEWCZUK NORBERT | 487 | BIEGACZE POMAGACZE | ŁOSICE | POL | M40 | 02:26:21 | 03:26:53 | 05:10:39 |
| 20 | LEWTAK MARCIN | 415 | 9-TKA RUNNING TEAM | ZBĘDOWICE | POL | M40 | 02:12:36 | 03:21:58 | 05:11:45 |
| 21 | KALIŃSKI KRZYSZTOF | 426 | PUREEPIC | ŁÓDŹ | POL | M40 | 02:29:14 | 03:30:23 | 05:12:02 |
| 22 | FUKS SZYMON | 450 | MCBIEGACZE | WARSZAWA | POL | M40 | 02:09:59 | 03:08:01 | 05:12:48 |
| 23 | GALUSKIN ALEXEY | 493 | | TARNOWSKIE GÓRY | POL | M40 | 02:39:43 | 03:43:42 | 05:25:03 |
| 24 | PIOTROWSKI PRZEMYSŁAW | 469 | NOWA HUTA TEAM | KRAKÓW | POL | M40 | 02:45:08 | 03:52:38 | 05:38:33 |
| 25 | HYDZIK ŁUKASZ | 440 | | KOSTAROWCE | POL | M40 | 02:35:56 | 03:41:37 | 05:41:13 |
| 26 | STOPA MARCIN | 427 | URZĄD MIASTA RZESZOWA/PODIUM | BOGUCHWAŁA | POL | M40 | 02:36:09 | 03:49:35 | 05:41:14 |
| 27 | WYJĄTEK WOJCIECH | 489 | | POZNAŃ | POL | M40 | 02:50:42 | 03:59:28 | 05:49:01 |
| 28 | POWIERTOWSKI ADAM | 490 | | CZERWONAK | POL | M40 | 02:50:42 | 03:59:29 | 05:49:01 |
| 29 | PANTOŁ MIROŚLAW | 538 | | RZESZÓW | POL | M40 | 02:39:39 | 03:51:54 | 05:50:17 |
| 30 | SZCZEPAŃSKI GRZEGORZ | 491 | 8132746829 | POLAND | POL | M40 | 02:40:59 | 03:48:55 | 05:51:02 |
| 31 | SADY SEBASTIAN | 481 | OBY2 | OSTROWIEC ŚWIĘTOKRZYSKI | POL | M40 | 02:42:13 | 04:00:33 | 05:53:59 |
| 32 | MATRACKI SEBASTIAN | 464 | TREKKING TEAM OSTROWIEC | OSTROWIEC ŚWIĘTOKRZYSKI | POL | M40 | 02:42:15 | 04:00:36 | 05:54:14 |

ZWODNICZA RUSAŁKA | 44 KM, M40 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|------------------|-----|----------------------|------------|------|------|----------|----------|----------|
| 33 | KAPRAL ADAM | 506 | DWERNIK KAMIEŃ TRAIL | LUTOWISKA, | POL | M40 | 02:48:12 | 04:07:03 | 06:07:17 |
| 34 | SKALNY RAFAŁ | 475 | | SKAWINA | POL | M40 | 02:58:54 | 04:12:20 | 06:14:27 |
| 35 | KORBA MICHAŁ | 547 | | WARSZAWA | POL | M40 | 03:01:01 | 04:22:16 | 06:20:22 |
| 36 | CZEKAŁSKI TOMASZ | 467 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | M40 | 03:02:39 | 04:26:06 | 06:36:36 |
| 37 | CHODZIŃSKI PIOTR | 413 | | RZESZÓW | POL | M40 | 03:04:24 | 04:25:09 | 06:37:32 |
| 38 | DEDIC ROBERT | 460 | RARLD | HOLESOV | CZE | M40 | 03:22:04 | 04:55:26 | 07:15:11 |
| 39 | ZGÓRSKI MACIEJ | 401 | WKURW TEAM | BYDGOSZCZ | POL | M40 | 03:36:05 | 05:14:42 | 07:40:01 |
| | CITUK GRZEGORZ | 451 | 42K PRO TEAM | TYCHY | POL | M40 | DNF | DNF | DNF |

ZWODNICZA RUSAŁKA | 44 KM, K50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|------------------------------|-----|---------------------------------------|----------------|------|------|----------|----------|----------|
| 1 | KOPACZYŃSKA BEATA | 455 | | ZIELONA GORA | POL | K50 | 02:40:54 | 03:44:57 | 05:23:36 |
| 2 | FIUK BEATA | 505 | MIĘTOWY RUN | RZESZÓW | POL | K50 | 02:48:12 | 04:03:57 | 05:56:24 |
| 3 | JAKUBOWICZ CZACHUR KATARZYNA | 500 | | USTRZYKI DOLNE | POL | K50 | 02:57:55 | 04:17:27 | 06:15:20 |
| 4 | KOSEWSKA DOROTA | 540 | BIEGAM NA TARCHOMINIE/BIEGIEM NA KAWĘ | WARSZAWA | POL | K50 | 03:01:05 | 04:27:35 | 06:40:50 |
| 5 | ŁĄCKA ILONA | 511 | MAZOWIECKA OKRĘGOWA IZBA INŻYNIERÓW | WARSZAWA | POL | K50 | 03:30:24 | 05:01:39 | 07:30:11 |
| 6 | PEŁSZYK MONIKA | 449 | | WARSZAWA | POL | K50 | 03:48:32 | 05:26:46 | 08:00:54 |

ZWODNICZA RUSAŁKA | 44 KM, M50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|---------------------|-----|-----------------------------------|----------------------|------|------|----------|----------|----------|
| 1 | STEPANIUK ADAM | 463 | BIEGAMY DZISIAJ? | WIERZBICA-OSIEDLE | POL | M50 | 02:04:28 | 02:52:02 | 04:16:07 |
| 2 | MILANOWSKI GRZEGORZ | 473 | | AUGUSTÓW | POL | M50 | | 03:13:28 | 04:46:43 |
| 3 | GRZYB KAZIMIERZ | 436 | LOS PANTALONES ROJOS | KRAKÓW | POL | M50 | 02:12:43 | 03:09:05 | 04:51:28 |
| 4 | PALUCH PAWEŁ | 442 | | ŁAPCZYCA | POL | M50 | 02:13:40 | 03:15:25 | 04:55:04 |
| 5 | BRZEZIŃSKI ANDRZEJ | 410 | RYKOWISKA TEAM | NOWA BIAŁA | POL | M50 | 02:16:27 | 03:13:10 | 04:55:13 |
| 6 | CHMAJ JERZY | 542 | | BRATKOWICE | POL | M50 | 02:26:57 | 03:22:22 | 04:58:51 |
| 7 | KOWALSKI GRZEGORZ | 544 | PMCG PIASECZNO | PIASECZNO | POL | M50 | 02:33:25 | 03:31:06 | 05:06:43 |
| 8 | MRYCZKO ROMAN | 515 | 24 | DYNÓW | POL | M50 | 02:36:08 | 03:35:10 | 05:18:54 |
| 9 | OLEJNIK KRZYSZTOF | 482 | PGB SPORTOWA PACZKA | NOWY DWÓR MAZOWIECKI | POL | M50 | 02:40:10 | 03:45:22 | 05:42:42 |
| 10 | PESZEK BOGDAN | 454 | ULTRA PRZESILENIE | DYNÓW | POL | M50 | 02:42:39 | 03:51:29 | 05:43:45 |
| 11 | ROSZAK WALDEMAR | 510 | BIEGAM NA ZIELONEJ BIAŁOŁĘCE | WARSZAWA | POL | M50 | 03:06:06 | 04:22:09 | 06:23:03 |
| 12 | JACKOWSKI JACEK | 509 | JAROSŁAWSKA GRUPA BIEGOWA "SOKÓŁ" | JAROSŁAW | POL | M50 | 03:14:00 | 04:41:19 | 06:49:51 |
| 13 | KLUZ ROBERT | 492 | | RZESZÓW | POL | M50 | 03:17:20 | 04:37:04 | 06:51:08 |
| 14 | PARADOWSKI PAWEŁ | 479 | BYLEDOMETY | RZESZÓW | POL | M50 | 03:37:58 | 05:13:02 | 07:45:55 |
| 15 | MIĄSKO WOJCIECH | 425 | 12TRI.PL | WARSZAWA | POL | M50 | 02:36:57 | 03:41:02 | |

ZWODNICZA RUSAŁKA | 44 KM, K60

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|------------------|-----|------|-----------|------|------|----------|----------|----------|
| 1 | WIERCHOŁA JOANNA | 417 | | LUBLIN | POL | K60 | 03:27:45 | 05:03:02 | 07:28:41 |

ZWODNICZA RUSAŁKA | 44 KM, M60

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 15km | 28km | 38km |
|------|--------------------|-----|------------------------|------------|------|------|----------|----------|----------|
| 1 | RÓZYCKI RYSZARD | 531 | SOKÓŁ ZAGÓRZ | ZAGÓRZ | POL | M60 | 02:42:56 | 03:46:13 | 05:29:26 |
| 2 | GRABOWICZ MIROSLAW | 424 | SOKÓLSKA GRUPA BIEGOWA | SOKÓŁKA | POL | M60 | 02:38:07 | 03:43:15 | 05:32:21 |
| 3 | MICHALCZUK ZENON | 550 | | SANOK | POL | M60 | 03:33:03 | 05:06:36 | 07:31:30 |
| 4 | LUTOMSKI DARIUSZ | 495 | | MAGDALENKA | POL | M60 | 03:40:38 | 05:29:30 | 08:06:28 |