

**JUTRZENKOWY BIEG PO ZDROWIE DLA YEYV - 5KM**

Organiser: Fundacja DUM SPIRO  
 Date: 2023-05-07  
 Place: Bydgoszcz  
 Distance: 5.5 km  
 Klasyfikacja wg czasów netto.


**JUTRZENKOWY BIEG PO ZDROWIE DLA YEYV - 5KM, OPEN**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Netto	min/km	km/h
1	DEROŃ WALDEMAR	7	1 POMORSKA BRYGADA LOGISTYCZNA	BYDGOSZCZ	POL	OPEN-M	1	M 1	00:19:19.30	3:30	17.1
2	TUCZYŃSKI SYLWESTER LEON	82	BYDGOSKIE OKONIE	BYDGOSZCZ	POL	OPEN-M	2	M 2	00:19:25.05	3:31	17
3	JANUSZEWSKI RADOSŁAW	21	TEAM RUDNIK	BYDGOSZCZ	POL	OPEN-M	3	M 3	00:20:02.60	3:38	16.5
4	HOŁTYN PATRYK	17	TKKF KOLEJARZ BYDGOSZCZ	BYDGOSZCZ	POL	OPEN-M	4	M 4	00:21:17.65	3:52	15.5
5	JAGIEŁA ADAM	19	TKKF KOLEJARZ BYDGOSZCZ	BYDGOSZCZ	POL	OPEN-M	5	M 5	00:21:57.15	3:59	15
6	STARZYŃSKI PIOTR	74	#PROHOMOLUDENS	BYDGOSZCZ	POL	OPEN-M	6	M 6	00:21:59.30	3:59	15
7	WINIECKI PATRYK	92		BYDGOSZCZ	POL	OPEN-M	7	M 7	00:22:05.75	4:00	14.9
8	GRALIK JĘDRZEJ	15	BYDGOSKIE OKONIE	BYDGOSZCZ	POL	OPEN-M	8	M 8	00:22:50.65	4:09	14.5
9	KOWALSKI JACEK	33	BYDGOSKIE OKONIE	BYDGOSZCZ	POL	OPEN-M	9	M 9	00:23:15.00	4:13	14.2
10	ZABOROWSKI KRZYSZTOF	87		BYDGOSZCZ	POL	OPEN-M	10	M 10	00:23:15.15	4:13	14.2
11	SAK JOANNA	66	DRUŻYNA SZPIKU	INOWROCLAW	POL	OPEN-K	1	K 1	00:23:34.60	4:17	14
12	KOZIORZEWSKI DAMIAN	35	OGR OSOWA GÓRA RUNNER	BYDGOSZCZ	POL	OPEN-M	11	M 11	00:24:19.15	4:25	13.6
13	DROCIAK MICHAŁ	8	OGR OSOWA GÓRA RUNNER	BYDGOSZCZ	POL	OPEN-M	12	M 12	00:24:46.70	4:30	13.3
14	PAWŁOWSKI RADOSŁAW	60		ZIELONKA	POL	OPEN-M	13	M 13	00:24:50.05	4:30	13.3
15	JANKOWSKI TOMASZ	106		BYDGOSZCZ	POL	OPEN-M	14	M 14	00:25:27.25	4:37	13
16	SZCZĘSNY ARKADIUSZ	75	DYNAMO SKARPA	BYDGOSZCZ	POL	OPEN-M	15	M 15	00:26:01.20	4:43	12.7
17	MACIŃSKI WALDEK	46		BYDGOSZCZ	POL	OPEN-M	16	M 16	00:26:02.90	4:44	12.7
18	JAGODZIŃSKA MAGDALENA	104	BYDGOSKIE OKONIE	BYDGOSZCZ	POL	OPEN-K	2	K 2	00:26:08.00	4:45	12.6
19	DROZDOWSKI KRZYSZTOF	9		BYDGOSZCZ	POL	OPEN-M	17	M 17	00:26:26.05	4:48	12.5
20	KITOWSKI HUBERT	27		BYDGOSZCZ	POL	OPEN-M	18	M 18	00:26:37.55	4:50	12.4
21	CIEŚLIK TOMASZ	5	MAŁY DZIKUS :)	PRUSZCZ	POL	OPEN-M	19	M 19	00:26:38.50	4:50	12.4
22	SAK ANNA	94	SOLANKOWI BIEGACZE	INOWROCLAW	POL	OPEN-K	3	K 3	00:26:48.00	4:52	12.3
23	MICHOW MICHAŁ	50		BYDGOSZCZ	POL	OPEN-M	20	M 20	00:27:12.15	4:56	12.1
24	KONIECKO ANDRZEJ	29		BYDGOSZCZ	POL	OPEN-M	21	M 21	00:27:20.70	4:58	12.1
25	GIERNATOWSKI FRANCISZEK	13	KLUB KARATE BUSHIDO BYDGOSZCZ	BYDGOSZCZ	POL	OPEN-M	22	M 22	00:27:22.25	4:58	12.1
26	SPYCHALSKI MICHAŁ	73		BYDGOSZCZ	POL	OPEN-M	23	M 23	00:27:50.50	5:03	11.9
27	WILKOWSKI DANIEL	84		BYDGOSZCZ	POL	OPEN-M	24	M 24	00:28:35.95	5:11	11.5
28	KOŃCZAL JOANNA	30		BYDGOSZCZ	POL	OPEN-K	4	K 4	00:28:38.45	5:12	11.5
29	BIELSKI DAWID	2		BYDGOSZCZ	POL	OPEN-M	25	M 25	00:28:49.05	5:14	11.5
30	KUBIAK MAGDALENA	38		BYDGOSZCZ	POL	OPEN-K	5	K 5	00:29:01.65	5:16	11.4
31	WŁODARCZYK MILENA	99		BYDGOSZCZ	POL	OPEN-K	6	K 6	00:29:04.35	5:17	11.4
32	WRÓBLEWSKI ALEKSANDER	95		BYDGOSZCZ	POL	OPEN-M	26	M 26	00:29:06.10	5:17	11.3
33	KRUTUL MACIEJ	37		MORZEWIEC	POL	OPEN-M	27	M 27	00:29:12.30	5:18	11.3
34	SIEKIERKA JAROSŁAW	70		BYDGOSZCZ	POL	OPEN-M	28	M 28	00:29:15.05	5:19	11.3
35	MOCZYŃSKI LESZEK	53	BYDGOSZCZ BIEGA.	BYDGOSZCZ	POL	OPEN-M	29	M 29	00:29:19.80	5:19	11.3
36	FIEGEL KATARZYNA	108			POL	OPEN-K	7	K 7	00:29:27.55	5:21	11.2
37	ŻUCHOWSKI DARIUSZ	109			POL	OPEN-M	30	M 30	00:30:08.95	5:28	11.1
38	GIERSZEWSKA GRAŻYNA	14		BYDGOSZCZ	POL	OPEN-K	8	K 8	00:30:12.25	5:29	10.9
39	RUMIANOWSKA ANNA	65		BYDGOSZCZ	POL	OPEN-K	9	K 9	00:30:21.70	5:31	10.9
40	SZCZYGIELSKA-GRZYBOWSKA VIOLETTA	76		WŁADYSŁAWOWO	POL	OPEN-K	10	K 10	00:31:06.10	5:39	10.6
41	GAPIŃSKA ANNA	11		BYDGOSZCZ	POL	OPEN-K	11	K 11	00:31:52.45	5:47	10.4
42	WRÓBLEWSKI ADAM	86	WRÓBLE	BYDGOSZCZ	POL	OPEN-M	31	M 31	00:31:55.80	5:48	10.3
43	POCIOT MAŁGORZATA	62		BYDGOSZCZ	POL	OPEN-K	12	K 12	00:32:30.15	5:54	10.2
44	KUCZYŃSKA-RATAJ PAULINA	39		ŁOCHOWO	POL	OPEN-K	13	K 13	00:32:37.55	5:55	10.1
45	MAZANOWSKA EWA	49		BYDGOSZCZ	POL	OPEN-K	14	K 14	00:32:42.45	5:56	10.1

**JUTRZENKOWY BIEG PO ZDROWIE DLA YEYVY - 5KM, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Netto	min/km	km/h	
							cat.					
46	OKSIK ŁUKASZ	58		BYDGOSZCZ	POL	OPEN-M	32	M 32	00:33:08.50	6:01	10	
47	HOLEŃSKA KATARZYNA	18		BYDGOSZCZ	POL	OPEN-K	15	K 15	00:33:31.95	6:05	9.8	
48	BARAWAŃSKA SYLWIA	96	PARKRUN BYDGOSZCZ	BYDGOSZCZ	POL	OPEN-K	16	K 16	00:33:32.85	6:05	9.8	
49	OPALA MARCIN	59		BYDGOSZCZ	POL	OPEN-M	33	M 33	00:33:35.25	6:06	9.8	
50	JANKOWSKA GOSIA	20		BYDGOSZCZ	POL	OPEN-K	17	K 17	00:34:01.90	6:11	9.7	
51	MURAWSKI ŁUKASZ	56		BYDGOSZCZ	POL	OPEN-M	34	M 34	00:34:11.50	6:12	9.7	
52	SARNECKA ANGELIKA	67		BYDGOSZCZ	POL	OPEN-K	18	K 18	00:34:42.90	6:18	9.5	
53	KWIATKOWSKI JAKUB	42		ZIELONCZYN	POL	OPEN-M	35	M 35	00:35:01.60	6:22	9.4	
54	KOZIORZEMSKA HANNA	34		BYDGOSZCZ	POL	OPEN-K	19	K 19	00:36:07.20	6:34	9.1	
55	SOBIERAJ LESZEK	72	ZS24	BYDGOSZCZ	POL	OPEN-M	36	M 36	00:36:11.25	6:34	9.1	
56	BORKOWSKA EWA	4		BYDGOSZCZ	POL	OPEN-K	20	K 20	00:36:33.35	6:38	9	
57	ŁAKOMSKA - OPALA IWONA	45		BYDGOSZCZ	POL	OPEN-K	21	K 21	00:37:39.95	6:50	8.8	
58	POTOMSKA PAULA	102		BYDGOSZCZ	POL	OPEN-K	22	K 22	00:38:08.60	6:56	8.7	
59	MIRUSKI TOMASZ	107			POL	OPEN-M	37	M 37	00:38:11.65	6:56	8.6	
60	KAWACZYŃSKI ŁUKASZ	103	KS ŁUKASZ	BYDGOSZCZ	POL	OPEN-M	38	M 38	00:38:42.50	7:02	8.5	
61	SARNECKI SŁAWOMIR	68		BYDGOSZCZ	POL	OPEN-M	39	M 39	00:38:48.15	7:03	8.5	
62	KĘDZIA MARTYNA	26		BYDGOSZCZ	POL	OPEN-K	23	K 23	00:39:01.60	7:05	8.5	
63	KOZŁOWSKA AGATA	36		BYDGOSZCZ	POL	OPEN-K	24	K 24	00:39:16.05	7:08	8.4	
64	KOWALIK ANNA	32		BYDGOSZCZ	POL	OPEN-K	25	K 25	00:39:38.25	7:12	8.3	
65	WŁODARCZYK MARIA	100		BYDGOSZCZ	POL	OPEN-K	26	K 26	00:40:04.75	7:17	8.2	
66	ZUBRYCKA BEATA	89	JUTRZENKA	BYDGOSZCZ	POL	OPEN-K	27	K 27	00:40:38.30	7:23	8.1	
67	MARSZELSKA BOŻENA	48	WILCZAKI	BYDGOSZCZ	POL	OPEN-K	28	K 28	00:40:55.70	7:26	8.1	
68	GACKOWSKI EDWARD	105			POL	OPEN-M	40	M 40	00:41:55.65	7:37	7.9	
69	SIEMIŃSKA ANGELIKA	71		BYDGOSZCZ	POL	OPEN-K	29	K 29	00:43:38.65	7:56	7.6	
70	WIŚNIEWSKA ANNA	85	ZS 24	BYDGOSZCZ	POL	OPEN-K	30	K 30	00:44:40.25	8:07	7.4	
71	OKSIK KATARZYNA	57		BYDGOSZCZ	POL	OPEN-K	31	K 31	00:45:59.75	8:21	7.2	
72	KZAVTSOYA TETIANA	98		BYDGOSZCZ	UKR	OPEN-K	32	K 32	00:46:36.20	8:28	7.1	
73	NAUMKINA VIKTORIYA	97		BYDGOSZCZ	UKR	OPEN-K	33	K 33	00:47:10.95	8:34	7	
74	STAŚKIEWICZ AGNIESZKA	93			POL	OPEN-K	34	K 34	00:48:54.75	8:53	6.7	
75	CZERNIECKA JĄGODA	6		BYDGOSZCZ	POL	OPEN-K	35	K 35	00:50:34.55	9:11	6.5	
76	BLEJA-WACHULEC ANNA	3		BYDGOSZCZ	POL	OPEN-K	36	K 36	00:50:35.00	9:11	6.5	
77	KOC MONIKA	28	COLIAN	OSÓWIEC	POL	OPEN-K	37	K 37	00:52:24.25	9:31	6.3	
78	KWIATKOWSKA DOROTA	41		ZIELONCZYN	POL	OPEN-K	38	K 38	00:52:31.35	9:32	6.3	