

JUTRZENKOWY BIEG PO ZDROWIE DLA YEYV - 5KM

Organizator: Fundacja DUM SPIRO
 Data: 2023-05-07
 Miejsce: Bydgoszcz
 Dystans: 5.5 km
 Klasyfikacja wg czasów netto.


JUTRZENKOWY BIEG PO ZDROWIE DLA YEYV - 5KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|----------------------------------|-----|--------------------------------|--------------|------|--------|--------|------|-------------|--------|------|
| 1 | DEROŃ WALDEMAR | 7 | 1 POMORSKA BRYGADA LOGISTYCZNA | BYDGOSZCZ | POL | OPEN-M | 1 | M 1 | 00:19:19.30 | 3:30 | 17.1 |
| 2 | TUCZYŃSKI SYLWESTER LEON | 82 | BYDGOSKIE OKONIE | BYDGOSZCZ | POL | OPEN-M | 2 | M 2 | 00:19:25.05 | 3:31 | 17 |
| 3 | JANUSZEWSKI RADOSŁAW | 21 | TEAM RUDNIK | BYDGOSZCZ | POL | OPEN-M | 3 | M 3 | 00:20:02.60 | 3:38 | 16.5 |
| 4 | HOŁTYN PATRYK | 17 | TKKF KOLEJARZ BYDGOSZCZ | BYDGOSZCZ | POL | OPEN-M | 4 | M 4 | 00:21:17.65 | 3:52 | 15.5 |
| 5 | JAGIEŁA ADAM | 19 | TKKF KOLEJARZ BYDGOSZCZ | BYDGOSZCZ | POL | OPEN-M | 5 | M 5 | 00:21:57.15 | 3:59 | 15 |
| 6 | STARZYŃSKI PIOTR | 74 | #PROHOMOLUDENS | BYDGOSZCZ | POL | OPEN-M | 6 | M 6 | 00:21:59.30 | 3:59 | 15 |
| 7 | WINIECKI PATRYK | 92 | | BYDGOSZCZ | POL | OPEN-M | 7 | M 7 | 00:22:05.75 | 4:00 | 14.9 |
| 8 | GRALIK JĘDRZEJ | 15 | BYDGOSKIE OKONIE | BYDGOSZCZ | POL | OPEN-M | 8 | M 8 | 00:22:50.65 | 4:09 | 14.5 |
| 9 | KOWALSKI JACEK | 33 | BYDGOSKIE OKONIE | BYDGOSZCZ | POL | OPEN-M | 9 | M 9 | 00:23:15.00 | 4:13 | 14.2 |
| 10 | ZABOROWSKI KRZYSZTOF | 87 | | BYDGOSZCZ | POL | OPEN-M | 10 | M 10 | 00:23:15.15 | 4:13 | 14.2 |
| 11 | SAK JOANNA | 66 | DRUŻYNA SZPIKU | INOWROCLAW | POL | OPEN-K | 1 | K 1 | 00:23:34.60 | 4:17 | 14 |
| 12 | KOZIORZEWSKI DAMIAN | 35 | OGR OSOWA GÓRA RUNNER | BYDGOSZCZ | POL | OPEN-M | 11 | M 11 | 00:24:19.15 | 4:25 | 13.6 |
| 13 | DROCIAK MICHAŁ | 8 | OGR OSOWA GÓRA RUNNER | BYDGOSZCZ | POL | OPEN-M | 12 | M 12 | 00:24:46.70 | 4:30 | 13.3 |
| 14 | PAWŁOWSKI RADOSŁAW | 60 | | ZIELONKA | POL | OPEN-M | 13 | M 13 | 00:24:50.05 | 4:30 | 13.3 |
| 15 | JANKOWSKI TOMASZ | 106 | | BYDGOSZCZ | POL | OPEN-M | 14 | M 14 | 00:25:27.25 | 4:37 | 13 |
| 16 | SZCZĘSNY ARKADIUSZ | 75 | DYNAMO SKARPA | BYDGOSZCZ | POL | OPEN-M | 15 | M 15 | 00:26:01.20 | 4:43 | 12.7 |
| 17 | MACIŃSKI WALDEK | 46 | | BYDGOSZCZ | POL | OPEN-M | 16 | M 16 | 00:26:02.90 | 4:44 | 12.7 |
| 18 | JAGODZIŃSKA MAGDALENA | 104 | BYDGOSKIE OKONIE | BYDGOSZCZ | POL | OPEN-K | 2 | K 2 | 00:26:08.00 | 4:45 | 12.6 |
| 19 | DROZDOWSKI KRZYSZTOF | 9 | | BYDGOSZCZ | POL | OPEN-M | 17 | M 17 | 00:26:26.05 | 4:48 | 12.5 |
| 20 | KITOWSKI HUBERT | 27 | | BYDGOSZCZ | POL | OPEN-M | 18 | M 18 | 00:26:37.55 | 4:50 | 12.4 |
| 21 | CIEŚLIK TOMASZ | 5 | MAŁY DZIKUS :) | PRUSZCZ | POL | OPEN-M | 19 | M 19 | 00:26:38.50 | 4:50 | 12.4 |
| 22 | SAK ANNA | 94 | SOLANKOWI BIEGACZE | INOWROCLAW | POL | OPEN-K | 3 | K 3 | 00:26:48.00 | 4:52 | 12.3 |
| 23 | MICHOW MICHAŁ | 50 | | BYDGOSZCZ | POL | OPEN-M | 20 | M 20 | 00:27:12.15 | 4:56 | 12.1 |
| 24 | KONIECKO ANDRZEJ | 29 | | BYDGOSZCZ | POL | OPEN-M | 21 | M 21 | 00:27:20.70 | 4:58 | 12.1 |
| 25 | GIERNATOWSKI FRANCISZEK | 13 | KLUB KARATE BUSHIDO BYDGOSZCZ | BYDGOSZCZ | POL | OPEN-M | 22 | M 22 | 00:27:22.25 | 4:58 | 12.1 |
| 26 | SPYCHALSKI MICHAŁ | 73 | | BYDGOSZCZ | POL | OPEN-M | 23 | M 23 | 00:27:50.50 | 5:03 | 11.9 |
| 27 | WILKOWSKI DANIEL | 84 | | BYDGOSZCZ | POL | OPEN-M | 24 | M 24 | 00:28:35.95 | 5:11 | 11.5 |
| 28 | KOŃCZAL JOANNA | 30 | | BYDGOSZCZ | POL | OPEN-K | 4 | K 4 | 00:28:38.45 | 5:12 | 11.5 |
| 29 | BIELSKI DAWID | 2 | | BYDGOSZCZ | POL | OPEN-M | 25 | M 25 | 00:28:49.05 | 5:14 | 11.5 |
| 30 | KUBIAK MAGDALENA | 38 | | BYDGOSZCZ | POL | OPEN-K | 5 | K 5 | 00:29:01.65 | 5:16 | 11.4 |
| 31 | WŁODARCZYK MILENA | 99 | | BYDGOSZCZ | POL | OPEN-K | 6 | K 6 | 00:29:04.35 | 5:17 | 11.4 |
| 32 | WRÓBLEWSKI ALEKSANDER | 95 | | BYDGOSZCZ | POL | OPEN-M | 26 | M 26 | 00:29:06.10 | 5:17 | 11.3 |
| 33 | KRUTUL MACIEJ | 37 | | MORZEWIEC | POL | OPEN-M | 27 | M 27 | 00:29:12.30 | 5:18 | 11.3 |
| 34 | SIEKIERKA JAROSŁAW | 70 | | BYDGOSZCZ | POL | OPEN-M | 28 | M 28 | 00:29:15.05 | 5:19 | 11.3 |
| 35 | MOCZYŃSKI LESZEK | 53 | BYDGOSZCZ BIEGA. | BYDGOSZCZ | POL | OPEN-M | 29 | M 29 | 00:29:19.80 | 5:19 | 11.3 |
| 36 | FIEGEL KATARZYNA | 108 | | | POL | OPEN-K | 7 | K 7 | 00:29:27.55 | 5:21 | 11.2 |
| 37 | ŻUCHOWSKI DARIUSZ | 109 | | | POL | OPEN-M | 30 | M 30 | 00:30:08.95 | 5:28 | 11 |
| 38 | GIERSZEWSKA GRAŻYNA | 14 | | BYDGOSZCZ | POL | OPEN-K | 8 | K 8 | 00:30:12.25 | 5:29 | 10.9 |
| 39 | RUMIANOWSKA ANNA | 65 | | BYDGOSZCZ | POL | OPEN-K | 9 | K 9 | 00:30:21.70 | 5:31 | 10.9 |
| 40 | SZCZYGIELSKA-GRZYBOWSKA VIOLETTA | 76 | | WŁADYSŁAWOWO | POL | OPEN-K | 10 | K 10 | 00:31:06.10 | 5:39 | 10.6 |
| 41 | GAPIŃSKA ANNA | 11 | | BYDGOSZCZ | POL | OPEN-K | 11 | K 11 | 00:31:52.45 | 5:47 | 10.4 |
| 42 | WRÓBLEWSKI ADAM | 86 | WRÓBLE | BYDGOSZCZ | POL | OPEN-M | 31 | M 31 | 00:31:55.80 | 5:48 | 10.3 |
| 43 | POCIOT MAŁGORZATA | 62 | | BYDGOSZCZ | POL | OPEN-K | 12 | K 12 | 00:32:30.15 | 5:54 | 10.2 |
| 44 | KUCZYŃSKA-RATAJ PAULINA | 39 | | ŁOCHOWO | POL | OPEN-K | 13 | K 13 | 00:32:37.55 | 5:55 | 10.1 |
| 45 | MAZANOWSKA EWA | 49 | | BYDGOSZCZ | POL | OPEN-K | 14 | K 14 | 00:32:42.45 | 5:56 | 10.1 |
| 46 | OKSIK ŁUKASZ | 58 | | BYDGOSZCZ | POL | OPEN-M | 32 | M 32 | 00:33:08.50 | 6:01 | 10 |

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| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|------------------------|-----|-------------------|------------|------|--------|--------|------|-------------|--------|------|
| 47 | HOLEYNSKA KATARZYNA | 18 | | BYDGOSZCZ | POL | OPEN-K | 15 | K 15 | 00:33:31.95 | 6:05 | 9.8 |
| 48 | BARAWAŃSKA SYLWIA | 96 | PARKRUN BYDGOSZCZ | BYDGOSZCZ | POL | OPEN-K | 16 | K 16 | 00:33:32.85 | 6:05 | 9.8 |
| 49 | OPALA MARCIN | 59 | | BYDGOSZCZ | POL | OPEN-M | 33 | M 33 | 00:33:35.25 | 6:06 | 9.8 |
| 50 | JANKOWSKA GOSIA | 20 | | BYDGOSZCZ | POL | OPEN-K | 17 | K 17 | 00:34:01.90 | 6:11 | 9.7 |
| 51 | MURAWSKI ŁUKASZ | 56 | | BYDGOSZCZ | POL | OPEN-M | 34 | M 34 | 00:34:11.50 | 6:12 | 9.7 |
| 52 | SARNECKA ANGELIKA | 67 | | BYDGOSZCZ | POL | OPEN-K | 18 | K 18 | 00:34:42.90 | 6:18 | 9.5 |
| 53 | KWIATKOWSKI JAKUB | 42 | | ZIELONCZYN | POL | OPEN-M | 35 | M 35 | 00:35:01.60 | 6:22 | 9.4 |
| 54 | KOZIORZEMSKA HANNA | 34 | | BYDGOSZCZ | POL | OPEN-K | 19 | K 19 | 00:36:07.20 | 6:34 | 9.1 |
| 55 | SOBIERAJ LESZEK | 72 | ZS24 | BYDGOSZCZ | POL | OPEN-M | 36 | M 36 | 00:36:11.25 | 6:34 | 9.1 |
| 56 | BORKOWSKA EWA | 4 | | BYDGOSZCZ | POL | OPEN-K | 20 | K 20 | 00:36:33.35 | 6:38 | 9 |
| 57 | ŁAKOMSKA - OPALA IWONA | 45 | | BYDGOSZCZ | POL | OPEN-K | 21 | K 21 | 00:37:39.95 | 6:50 | 8.8 |
| 58 | POTOMSKA PAULA | 102 | | BYDGOSZCZ | POL | OPEN-K | 22 | K 22 | 00:38:08.60 | 6:56 | 8.7 |
| 59 | MIRUSKI TOMASZ | 107 | | | POL | OPEN-M | 37 | M 37 | 00:38:11.65 | 6:56 | 8.6 |
| 60 | KAWACZYŃSKI ŁUKASZ | 103 | KS ŁUKASZ | BYDGOSZCZ | POL | OPEN-M | 38 | M 38 | 00:38:42.50 | 7:02 | 8.5 |
| 61 | SARNECKI SŁAWOMIR | 68 | | BYDGOSZCZ | POL | OPEN-M | 39 | M 39 | 00:38:48.15 | 7:03 | 8.5 |
| 62 | KĘDZIA MARTYNA | 26 | | BYDGOSZCZ | POL | OPEN-K | 23 | K 23 | 00:39:01.60 | 7:05 | 8.5 |
| 63 | KOZŁOWSKA AGATA | 36 | | BYDGOSZCZ | POL | OPEN-K | 24 | K 24 | 00:39:16.05 | 7:08 | 8.4 |
| 64 | KOWALIK ANNA | 32 | | BYDGOSZCZ | POL | OPEN-K | 25 | K 25 | 00:39:38.25 | 7:12 | 8.3 |
| 65 | WŁODARCZYK MARIA | 100 | | BYDGOSZCZ | POL | OPEN-K | 26 | K 26 | 00:40:04.75 | 7:17 | 8.2 |
| 66 | ZUBRYCKA BEATA | 89 | JUTRZENKA | BYDGOSZCZ | POL | OPEN-K | 27 | K 27 | 00:40:38.30 | 7:23 | 8.1 |
| 67 | MARSZEŁSKA BOŻENA | 48 | WILCZAKI | BYDGOSZCZ | POL | OPEN-K | 28 | K 28 | 00:40:55.70 | 7:26 | 8.1 |
| 68 | GACKOWSKI EDWARD | 105 | | | POL | OPEN-M | 40 | M 40 | 00:41:55.65 | 7:37 | 7.9 |
| 69 | SIEMIŃSKA ANGELIKA | 71 | | BYDGOSZCZ | POL | OPEN-K | 29 | K 29 | 00:43:38.65 | 7:56 | 7.6 |
| 70 | WIŚNIEWSKA ANNA | 85 | ZS 24 | BYDGOSZCZ | POL | OPEN-K | 30 | K 30 | 00:44:40.25 | 8:07 | 7.4 |
| 71 | OKSIK KATARZYNA | 57 | | BYDGOSZCZ | POL | OPEN-K | 31 | K 31 | 00:45:59.75 | 8:21 | 7.2 |
| 72 | KZAVTSOYA TETIANA | 98 | | BYDGOSZCZ | UKR | OPEN-K | 32 | K 32 | 00:46:36.20 | 8:28 | 7.1 |
| 73 | NAUMKINA VIKTORIYA | 97 | | BYDGOSZCZ | UKR | OPEN-K | 33 | K 33 | 00:47:10.95 | 8:34 | 7 |
| 74 | STAŚKIEWICZ AGNIESZKA | 93 | | | POL | OPEN-K | 34 | K 34 | 00:48:54.75 | 8:53 | 6.7 |
| 75 | CZERNIECKA JAGODA | 6 | | BYDGOSZCZ | POL | OPEN-K | 35 | K 35 | 00:50:34.55 | 9:11 | 6.5 |
| 76 | BLEJA-WACHULEC ANNA | 3 | | BYDGOSZCZ | POL | OPEN-K | 36 | K 36 | 00:50:35.00 | 9:11 | 6.5 |
| 77 | KOC MONIKA | 28 | COLIAN | OSÓWIEC | POL | OPEN-K | 37 | K 37 | 00:52:24.25 | 9:31 | 6.3 |
| 78 | KWIATKOWSKA DOROTA | 41 | | ZIELONCZYN | POL | OPEN-K | 38 | K 38 | 00:52:31.35 | 9:32 | 6.3 |