

**JUTRZENKOWY BIEG PO ZDROWIE DLA YEYV - 5KM**

Organizator: Fundacja DUM SPIRO  
 Data: 2023-05-07  
 Miejsce: Bydgoszcz  
 Dystans: 5.5 km  
 Klasyfikacja wg czasów netto.


**JUTRZENKOWY BIEG PO ZDROWIE DLA YEYV - 5KM, OPEN**

| M-ce | Nazwisko i imię                  | Nr  | Klub                           | M-scowość    | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|----------------------------------|-----|--------------------------------|--------------|------|--------|--------|------|-------------|--------|------|
| 1    | DEROŃ WALDEMAR                   | 7   | 1 POMORSKA BRYGADA LOGISTYCZNA | BYDGOSZCZ    | POL  | OPEN-M | 1      | M 1  | 00:19:19.30 | 3:30   | 17.1 |
| 2    | TUCZYŃSKI SYLWESTER LEON         | 82  | BYDGOSKIE OKONIE               | BYDGOSZCZ    | POL  | OPEN-M | 2      | M 2  | 00:19:25.05 | 3:31   | 17   |
| 3    | JANUSZEWSKI RADOSŁAW             | 21  | TEAM RUDNIK                    | BYDGOSZCZ    | POL  | OPEN-M | 3      | M 3  | 00:20:02.60 | 3:38   | 16.5 |
| 4    | HOŁTYN PATRYK                    | 17  | TKKF KOLEJARZ BYDGOSZCZ        | BYDGOSZCZ    | POL  | OPEN-M | 4      | M 4  | 00:21:17.65 | 3:52   | 15.5 |
| 5    | JAGIEŁA ADAM                     | 19  | TKKF KOLEJARZ BYDGOSZCZ        | BYDGOSZCZ    | POL  | OPEN-M | 5      | M 5  | 00:21:57.15 | 3:59   | 15   |
| 6    | STARZYŃSKI PIOTR                 | 74  | #PROHOMOLUDENS                 | BYDGOSZCZ    | POL  | OPEN-M | 6      | M 6  | 00:21:59.30 | 3:59   | 15   |
| 7    | WINIECKI PATRYK                  | 92  |                                | BYDGOSZCZ    | POL  | OPEN-M | 7      | M 7  | 00:22:05.75 | 4:00   | 14.9 |
| 8    | GRALIK JĘDRZEJ                   | 15  | BYDGOSKIE OKONIE               | BYDGOSZCZ    | POL  | OPEN-M | 8      | M 8  | 00:22:50.65 | 4:09   | 14.5 |
| 9    | KOWALSKI JACEK                   | 33  | BYDGOSKIE OKONIE               | BYDGOSZCZ    | POL  | OPEN-M | 9      | M 9  | 00:23:15.00 | 4:13   | 14.2 |
| 10   | ZABOROWSKI KRZYSZTOF             | 87  |                                | BYDGOSZCZ    | POL  | OPEN-M | 10     | M 10 | 00:23:15.15 | 4:13   | 14.2 |
| 11   | SAK JOANNA                       | 66  | DRUŻYNA SZPIKU                 | INOWROCLAW   | POL  | OPEN-K | 1      | K 1  | 00:23:34.60 | 4:17   | 14   |
| 12   | KOZIORZEWSKI DAMIAN              | 35  | OGR OSOWA GÓRA RUNNER          | BYDGOSZCZ    | POL  | OPEN-M | 11     | M 11 | 00:24:19.15 | 4:25   | 13.6 |
| 13   | DROCIAK MICHAŁ                   | 8   | OGR OSOWA GÓRA RUNNER          | BYDGOSZCZ    | POL  | OPEN-M | 12     | M 12 | 00:24:46.70 | 4:30   | 13.3 |
| 14   | PAWŁOWSKI RADOSŁAW               | 60  |                                | ZIELONKA     | POL  | OPEN-M | 13     | M 13 | 00:24:50.05 | 4:30   | 13.3 |
| 15   | JANKOWSKI TOMASZ                 | 106 |                                | BYDGOSZCZ    | POL  | OPEN-M | 14     | M 14 | 00:25:27.25 | 4:37   | 13   |
| 16   | SZCZĘSNY ARKADIUSZ               | 75  | DYNAMO SKARPA                  | BYDGOSZCZ    | POL  | OPEN-M | 15     | M 15 | 00:26:01.20 | 4:43   | 12.7 |
| 17   | MACIŃSKI WALDEK                  | 46  |                                | BYDGOSZCZ    | POL  | OPEN-M | 16     | M 16 | 00:26:02.90 | 4:44   | 12.7 |
| 18   | JAGODZIŃSKA MAGDALENA            | 104 | BYDGOSKIE OKONIE               | BYDGOSZCZ    | POL  | OPEN-K | 2      | K 2  | 00:26:08.00 | 4:45   | 12.6 |
| 19   | DROZDOWSKI KRZYSZTOF             | 9   |                                | BYDGOSZCZ    | POL  | OPEN-M | 17     | M 17 | 00:26:26.05 | 4:48   | 12.5 |
| 20   | KITOWSKI HUBERT                  | 27  |                                | BYDGOSZCZ    | POL  | OPEN-M | 18     | M 18 | 00:26:37.55 | 4:50   | 12.4 |
| 21   | CIEŚLIK TOMASZ                   | 5   | MAŁY DZIKUS :)                 | PRUSZCZ      | POL  | OPEN-M | 19     | M 19 | 00:26:38.50 | 4:50   | 12.4 |
| 22   | SAK ANNA                         | 94  | SOLANKOWI BIEGACZE             | INOWROCLAW   | POL  | OPEN-K | 3      | K 3  | 00:26:48.00 | 4:52   | 12.3 |
| 23   | MICHOW MICHAŁ                    | 50  |                                | BYDGOSZCZ    | POL  | OPEN-M | 20     | M 20 | 00:27:12.15 | 4:56   | 12.1 |
| 24   | KONIECKO ANDRZEJ                 | 29  |                                | BYDGOSZCZ    | POL  | OPEN-M | 21     | M 21 | 00:27:20.70 | 4:58   | 12.1 |
| 25   | GIERNATOWSKI FRANCISZEK          | 13  | KLUB KARATE BUSHIDO BYDGOSZCZ  | BYDGOSZCZ    | POL  | OPEN-M | 22     | M 22 | 00:27:22.25 | 4:58   | 12.1 |
| 26   | SPYCHALSKI MICHAŁ                | 73  |                                | BYDGOSZCZ    | POL  | OPEN-M | 23     | M 23 | 00:27:50.50 | 5:03   | 11.9 |
| 27   | WILKOWSKI DANIEL                 | 84  |                                | BYDGOSZCZ    | POL  | OPEN-M | 24     | M 24 | 00:28:35.95 | 5:11   | 11.5 |
| 28   | KOŃCZAL JOANNA                   | 30  |                                | BYDGOSZCZ    | POL  | OPEN-K | 4      | K 4  | 00:28:38.45 | 5:12   | 11.5 |
| 29   | BIELSKI DAWID                    | 2   |                                | BYDGOSZCZ    | POL  | OPEN-M | 25     | M 25 | 00:28:49.05 | 5:14   | 11.5 |
| 30   | KUBIAK MAGDALENA                 | 38  |                                | BYDGOSZCZ    | POL  | OPEN-K | 5      | K 5  | 00:29:01.65 | 5:16   | 11.4 |
| 31   | WŁODARCZYK MILENA                | 99  |                                | BYDGOSZCZ    | POL  | OPEN-K | 6      | K 6  | 00:29:04.35 | 5:17   | 11.4 |
| 32   | WRÓBLEWSKI ALEKSANDER            | 95  |                                | BYDGOSZCZ    | POL  | OPEN-M | 26     | M 26 | 00:29:06.10 | 5:17   | 11.3 |
| 33   | KRUTUL MACIEJ                    | 37  |                                | MORZEWIEC    | POL  | OPEN-M | 27     | M 27 | 00:29:12.30 | 5:18   | 11.3 |
| 34   | SIEKIERKA JAROSŁAW               | 70  |                                | BYDGOSZCZ    | POL  | OPEN-M | 28     | M 28 | 00:29:15.05 | 5:19   | 11.3 |
| 35   | MOCZYŃSKI LESZEK                 | 53  | BYDGOSZCZ BIEGA.               | BYDGOSZCZ    | POL  | OPEN-M | 29     | M 29 | 00:29:19.80 | 5:19   | 11.3 |
| 36   | FIEGEL KATARZYNA                 | 108 |                                |              | POL  | OPEN-K | 7      | K 7  | 00:29:27.55 | 5:21   | 11.2 |
| 37   | ŻUCHOWSKI DARIUSZ                | 109 |                                |              | POL  | OPEN-M | 30     | M 30 | 00:30:08.95 | 5:28   | 11   |
| 38   | GIERSZEWSKA GRAŻYNA              | 14  |                                | BYDGOSZCZ    | POL  | OPEN-K | 8      | K 8  | 00:30:12.25 | 5:29   | 10.9 |
| 39   | RUMIANOWSKA ANNA                 | 65  |                                | BYDGOSZCZ    | POL  | OPEN-K | 9      | K 9  | 00:30:21.70 | 5:31   | 10.9 |
| 40   | SZCZYGIELSKA-GRZYBOWSKA VIOLETTA | 76  |                                | WŁADYSŁAWOWO | POL  | OPEN-K | 10     | K 10 | 00:31:06.10 | 5:39   | 10.6 |
| 41   | GAPIŃSKA ANNA                    | 11  |                                | BYDGOSZCZ    | POL  | OPEN-K | 11     | K 11 | 00:31:52.45 | 5:47   | 10.4 |
| 42   | WRÓBLEWSKI ADAM                  | 86  | WRÓBLE                         | BYDGOSZCZ    | POL  | OPEN-M | 31     | M 31 | 00:31:55.80 | 5:48   | 10.3 |
| 43   | POCIOT MAŁGORZATA                | 62  |                                | BYDGOSZCZ    | POL  | OPEN-K | 12     | K 12 | 00:32:30.15 | 5:54   | 10.2 |
| 44   | KUCZYŃSKA-RATAJ PAULINA          | 39  |                                | ŁOCHOWO      | POL  | OPEN-K | 13     | K 13 | 00:32:37.55 | 5:55   | 10.1 |
| 45   | MAZANOWSKA EWA                   | 49  |                                | BYDGOSZCZ    | POL  | OPEN-K | 14     | K 14 | 00:32:42.45 | 5:56   | 10.1 |
| 46   | OKSIK ŁUKASZ                     | 58  |                                | BYDGOSZCZ    | POL  | OPEN-M | 32     | M 32 | 00:33:08.50 | 6:01   | 10   |

**JUTRZENKOWY BIEG PO ZDROWIE DLA YEYV - 5KM, OPEN c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub              | M-scowość  | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|------------------------|-----|-------------------|------------|------|--------|--------|------|-------------|--------|------|
| 47   | HOLEŃSKA KATARZYNA     | 18  |                   | BYDGOSZCZ  | POL  | OPEN-K | 15     | K 15 | 00:33:31.95 | 6:05   | 9.8  |
| 48   | BARAŃSKA SYLWIA        | 96  | PARKRUN BYDGOSZCZ | BYDGOSZCZ  | POL  | OPEN-K | 16     | K 16 | 00:33:32.85 | 6:05   | 9.8  |
| 49   | OPALA MARCIN           | 59  |                   | BYDGOSZCZ  | POL  | OPEN-M | 33     | M 33 | 00:33:35.25 | 6:06   | 9.8  |
| 50   | JANKOWSKA GOSIA        | 20  |                   | BYDGOSZCZ  | POL  | OPEN-K | 17     | K 17 | 00:34:01.90 | 6:11   | 9.7  |
| 51   | MURAWSKI ŁUKASZ        | 56  |                   | BYDGOSZCZ  | POL  | OPEN-M | 34     | M 34 | 00:34:11.50 | 6:12   | 9.7  |
| 52   | SARNECKA ANGELIKA      | 67  |                   | BYDGOSZCZ  | POL  | OPEN-K | 18     | K 18 | 00:34:42.90 | 6:18   | 9.5  |
| 53   | KWIATKOWSKI JAKUB      | 42  |                   | ZIELONCZYN | POL  | OPEN-M | 35     | M 35 | 00:35:01.60 | 6:22   | 9.4  |
| 54   | KOZIORZEMSKA HANNA     | 34  |                   | BYDGOSZCZ  | POL  | OPEN-K | 19     | K 19 | 00:36:07.20 | 6:34   | 9.1  |
| 55   | SOBIERAJ LESZEK        | 72  | ZS24              | BYDGOSZCZ  | POL  | OPEN-M | 36     | M 36 | 00:36:11.25 | 6:34   | 9.1  |
| 56   | BORKOWSKA EWA          | 4   |                   | BYDGOSZCZ  | POL  | OPEN-K | 20     | K 20 | 00:36:33.35 | 6:38   | 9    |
| 57   | ŁAKOMSKA - OPALA IWONA | 45  |                   | BYDGOSZCZ  | POL  | OPEN-K | 21     | K 21 | 00:37:39.95 | 6:50   | 8.8  |
| 58   | POTOMSKA PAULA         | 102 |                   | BYDGOSZCZ  | POL  | OPEN-K | 22     | K 22 | 00:38:08.60 | 6:56   | 8.7  |
| 59   | MIRUSKI TOMASZ         | 107 |                   |            | POL  | OPEN-M | 37     | M 37 | 00:38:11.65 | 6:56   | 8.6  |
| 60   | KAWACZYŃSKI ŁUKASZ     | 103 | KS ŁUKASZ         | BYDGOSZCZ  | POL  | OPEN-M | 38     | M 38 | 00:38:42.50 | 7:02   | 8.5  |
| 61   | SARNECKI SŁAWOMIR      | 68  |                   | BYDGOSZCZ  | POL  | OPEN-M | 39     | M 39 | 00:38:48.15 | 7:03   | 8.5  |
| 62   | KĘDZIA MARTYNA         | 26  |                   | BYDGOSZCZ  | POL  | OPEN-K | 23     | K 23 | 00:39:01.60 | 7:05   | 8.5  |
| 63   | KOZŁOWSKA AGATA        | 36  |                   | BYDGOSZCZ  | POL  | OPEN-K | 24     | K 24 | 00:39:16.05 | 7:08   | 8.4  |
| 64   | KOWALIK ANNA           | 32  |                   | BYDGOSZCZ  | POL  | OPEN-K | 25     | K 25 | 00:39:38.25 | 7:12   | 8.3  |
| 65   | WŁODARCZYK MARIA       | 100 |                   | BYDGOSZCZ  | POL  | OPEN-K | 26     | K 26 | 00:40:04.75 | 7:17   | 8.2  |
| 66   | ZUBRYCKA BEATA         | 89  | JUTRZENKA         | BYDGOSZCZ  | POL  | OPEN-K | 27     | K 27 | 00:40:38.30 | 7:23   | 8.1  |
| 67   | MARSZEŁSKA BOŻENA      | 48  | WILCZAKI          | BYDGOSZCZ  | POL  | OPEN-K | 28     | K 28 | 00:40:55.70 | 7:26   | 8.1  |
| 68   | GACKOWSKI EDWARD       | 105 |                   |            | POL  | OPEN-M | 40     | M 40 | 00:41:55.65 | 7:37   | 7.9  |
| 69   | SIEMIŃSKA ANGELIKA     | 71  |                   | BYDGOSZCZ  | POL  | OPEN-K | 29     | K 29 | 00:43:38.65 | 7:56   | 7.6  |
| 70   | WIŚNIEWSKA ANNA        | 85  | ZS 24             | BYDGOSZCZ  | POL  | OPEN-K | 30     | K 30 | 00:44:40.25 | 8:07   | 7.4  |
| 71   | OKSIK KATARZYNA        | 57  |                   | BYDGOSZCZ  | POL  | OPEN-K | 31     | K 31 | 00:45:59.75 | 8:21   | 7.2  |
| 72   | KZAVTISOYA TETIANA     | 98  |                   | BYDGOSZCZ  | UKR  | OPEN-K | 32     | K 32 | 00:46:36.20 | 8:28   | 7.1  |
| 73   | NAUMKINA VIKTORIYA     | 97  |                   | BYDGOSZCZ  | UKR  | OPEN-K | 33     | K 33 | 00:47:10.95 | 8:34   | 7    |
| 74   | STAŚKIEWICZ AGNIESZKA  | 93  |                   |            | POL  | OPEN-K | 34     | K 34 | 00:48:54.75 | 8:53   | 6.7  |
| 75   | CZERNIECKA JAGODA      | 6   |                   | BYDGOSZCZ  | POL  | OPEN-K | 35     | K 35 | 00:50:34.55 | 9:11   | 6.5  |
| 76   | BLEJA-WACHULEC ANNA    | 3   |                   | BYDGOSZCZ  | POL  | OPEN-K | 36     | K 36 | 00:50:35.00 | 9:11   | 6.5  |
| 77   | KOC MONIKA             | 28  | COLIAN            | OSÓWIEC    | POL  | OPEN-K | 37     | K 37 | 00:52:24.25 | 9:31   | 6.3  |
| 78   | KWIATKOWSKA DOROTA     | 41  |                   | ZIELONCZYN | POL  | OPEN-K | 38     | K 38 | 00:52:31.35 | 9:32   | 6.3  |