

# I OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5 KM

Organiser: TKKF Koszalin  
Date: 2016-10-20  
Place: Koszalin  
Distance: 5 km  
Klasyfikacja wg czasów brutto.



## I OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5 KM, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	3km	3.4km	3.8km	4.2km	4.6km	Netto	Brutto	min/km	km/h
1	WITKOWSKI MATEUSZ	422		KOSZALIN		MĘZCZYŹNI	1	M 1	00:10:00	00:11:23	00:12:43	00:14:03	00:15:22	00:16:37.55	00:16:37.55	3:19	18.1
2	BEDNARZ PAWEŁ	401		KOSZALIN-NACŁA W		MĘZCZYŹNI	2	M 2	00:10:11	00:11:36	00:13:03	00:14:29	00:15:55	00:17:13.35	00:17:13.35	3:26	17.4
3	KOZAK ARKADIUSZ	413		BONIN		MĘZCZYŹNI	3	M 3	00:10:28	00:11:55	00:13:22	00:14:50	00:16:15	00:17:36.75	00:17:36.75	3:31	17
4	JAŻWIŃSKI DAWID	406		KOSZALIN		MĘZCZYŹNI	4	M 4	00:11:14	00:12:50	00:14:26	00:16:04	00:17:39	00:19:05.90	00:19:05.90	3:49	15.7
5	WÓJCIK DAMIAN	448		DARŁOWO		MĘZCZYŹNI	5	M 5	00:12:08	00:13:47	00:15:26	00:17:04	00:18:43	00:20:15.40	00:20:15.40	4:03	14.8
6	KONKEL AGNIESZKA	410		KOSZALIN		KOBIETY	1	K 1	00:12:12	00:13:53	00:15:32	00:17:12	00:18:52	00:20:31.65	00:20:31.65	4:06	14.6
7	ZUKAL PIOTR	423		KOSZALIN		MĘZCZYŹNI	6	M 6	00:12:33	00:14:13	00:15:54	00:17:37	00:19:18	00:20:55.15	00:20:55.15	4:11	14.3
8	WEBER PAWEŁ	421		KOSZALIN		MĘZCZYŹNI	7	M 7	00:12:35	00:14:20	00:16:05	00:17:53	00:19:41	00:21:22.70	00:21:22.70	4:16	14
9	JAROSZ DARIUSZ	405		SUCHA KOSZALIŃSKA		MĘZCZYŹNI	8	M 8	00:12:57	00:14:42	00:16:27	00:18:13	00:19:57	00:21:34.10	00:21:34.10	4:18	13.9
10	CHODOR MARTYNA	402		KOSZALIN		KOBIETY	2	K 2	00:12:57	00:14:41	00:16:27	00:18:12	00:19:56	00:21:35.80	00:21:35.80	4:19	13.9
11	IWANIEC DARIUSZ	436		SIERAKOWO		MĘZCZYŹNI	9	M 9	00:13:37	00:15:24	00:17:14	00:19:01	00:20:48	00:22:26.50	00:22:26.50	4:29	13.4
12	PUŚCIAN KRZYSZTOF	416		MANOWO		MĘZCZYŹNI	10	M 10	00:13:45	00:15:34	00:17:24	00:19:11	00:20:56	00:22:28.05	00:22:28.05	4:29	13.4
13	TESKA BARTOSZ	446		KOSZALIN		MĘZCZYŹNI	11	M 11	00:13:45	00:15:36	00:17:24	00:19:12	00:20:57	00:22:32.15	00:22:32.15	4:30	13.3
14	KAMYK PIOTR	407		KOSZALIN		MĘZCZYŹNI	12	M 12	00:13:29	00:15:22	00:17:20	00:19:12	00:21:08	00:22:56.60	00:22:56.60	4:35	13.1
15	RUTKOWSKI ARTUR	419		SIANÓW		MĘZCZYŹNI	13	M 13	00:13:51	00:15:44	00:17:37	00:19:25	00:21:20	00:22:58.10	00:22:58.10	4:35	13.1
16	SKOWYRSKI JANUSZ	420		BIESIEKIERZ		MĘZCZYŹNI	14	M 14	00:13:45	00:15:36	00:17:28	00:19:22	00:21:17	00:23:02.60	00:23:02.60	4:36	13
17	KRZEWIŃSKA MAŁGORZATA	439		KOSZALIN		KOBIETY	3	K 3	00:14:07	00:15:59	00:17:50	00:19:40	00:21:29	00:23:14.50	00:23:14.50	4:38	12.9
18	RUTKOWSKI RYSZARD	418		SIANÓW		MĘZCZYŹNI	15	M 15	00:14:23	00:16:18	00:18:12	00:20:08	00:22:03	00:23:38.05	00:23:38.05	4:43	12.7
19	OSTROWSKI KRZYSZTOF	444		KOSZALIN		MĘZCZYŹNI	16	M 16	00:14:17	00:16:11	00:18:09	00:20:05	00:22:01	00:23:39.30	00:23:39.30	4:43	12.7
20	KISIELIŃSKI IGOR	437		KOSZALIN		MĘZCZYŹNI	17	M 17	00:14:40	00:16:33	00:18:25	00:20:16	00:22:07	00:23:43.75	00:23:43.75	4:44	12.6
21	MICERSKI TOMASZ	443		KOSZALIN		MĘZCZYŹNI	18	M 18	00:14:08	00:16:04	00:18:00	00:19:57	00:21:51	00:23:47.10	00:23:47.10	4:45	12.6
22	GROCHOWSKI RAFAŁ	433		KOSZALIN		MĘZCZYŹNI	19	M 19	00:14:05	00:16:06	00:18:09	00:20:07	00:22:06	00:23:50.65	00:23:50.65	4:46	12.6
23	DZIESZUK DARIUSZ	432		KOSZALIN		MĘZCZYŹNI	20	M 20	00:14:42	00:16:37	00:18:35	00:20:32	00:22:22	00:24:03.10	00:24:03.10	4:48	12.5
24	KULCZYK KATARZYNA	440		SŁAWSKO		KOBIETY	4	K 4	00:14:41	00:16:37	00:18:35	00:20:32	00:22:25	00:24:14.10	00:24:14.10	4:50	12.4
25	ORZEŁ ANNA	449		KOSZALIN		KOBIETY	5	K 5	00:15:31	00:17:43	00:19:55	00:22:04	00:23:41	00:24:38.05	00:24:38.05	4:55	12.2
26	GRZYBOWSKI PIOTR	434		KOSZALIN		MĘZCZYŹNI	21	M 21	00:15:06	00:17:08	00:19:12	00:21:15	00:23:16	00:25:04.40	00:25:04.40	5:00	12
27	CHODOR IZABELA	429		GORZEBADŹ		KOBIETY	6	K 6	00:15:25	00:17:28	00:19:30	00:21:32	00:23:27	00:25:07.30	00:25:07.30	5:01	11.9
28	MĘDEL MARTA	442		KOSZALIN		KOBIETY	7	K 7	00:14:52	00:16:57	00:19:01	00:21:05	00:23:07	00:25:10.85	00:25:10.85	5:02	11.9
29	WOLF WERONIKA	424		SIANÓW		KOBIETY	8	K 8	00:14:52	00:16:56	00:19:01	00:21:06	00:23:07	00:25:10.95	00:25:10.95	5:02	11.9
30	KOZŁOWIECKI WALDEMAR	438		KOSZALIN		MĘZCZYŹNI	22	M 22	00:15:25	00:17:28	00:19:30	00:21:32	00:23:33	00:25:31.75	00:25:31.75	5:06	11.8
31	ZIĘBA PAWEŁ	447		KOSZALIN		MĘZCZYŹNI	23	M 23	00:15:30	00:17:42	00:19:55	00:22:05	00:24:17	00:26:49.70	00:26:49.70	5:21	11.2
32	BARTNIK MARIAN	425		KOSZALIN		MĘZCZYŹNI	24	M 24	00:24:46	00:28:16	00:31:53	00:35:49	00:39:38	00:43:49.00	00:43:49.00	8:45	6.8