

BIEG POLITECHNIKI KOSZALIŃSKIEJ - NORDIC WALKING

Organizator: Politechnika Koszalińska
 Data: 2023-05-20
 Miejsce: KOSZALIN
 Dystans: 5.5 km
 Klasyfikacja wg czasów brutto.


BIEG POLITECHNIKI KOSZALIŃSKIEJ - NORDIC WALKING, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	Netto	Brutto	min/km	km/h
1	BRZOWSKI PIOTR	105	AKTYWNI POSTOMINO	SŁAWNO	POL	M OPEN	1	M 1	00:11:00	00:22:14	00:33:29.80	00:33:32.85	6:33	9.1
2	GORTAT BOGUMIŁ	116	NORDA MASTERS	KOBYLNICIA	POL	M OPEN	2	M 2	00:11:29	00:23:04	00:34:39.90	00:34:42.50	6:47	8.8
3	KOPCZEWSKI DARIUSZ	121	RAJDY DARKA	KOSZALIN	POL	M OPEN	3	M 3	00:11:29	00:23:03	00:34:40.50	00:34:42.80	6:47	8.8
4	WIECZORKOWSKA DAGMARA	143	RAJDY DARKA	KOSZALIN	POL	K OPEN	1	K 1	00:11:55	00:24:16	00:36:49.25	00:36:50.75	7:13	8.3
5	KAROLAK ANDRZEJ	120		TRZEBIATÓW	POL	M OPEN	4	M 4	00:11:46	00:24:19	00:37:06.35	00:37:08.80	7:16	8.2
6	ADAMOWICZ RENATA	101	RAJDY DARKA	KOSZALIN	POL	K OPEN	2	K 2	00:12:41	00:25:47	00:38:54.20	00:38:56.20	7:37	7.9
7	ŚMIERCIEW PIOTR	140		KOSZALIN	POL	M OPEN	5	M 5	00:12:46	00:26:09	00:39:34.30	00:39:37.60	7:45	7.7
8	FORMALEWICZ KASIA	112	WYCHODZĘ Z KIJAMI	BIESIEKIERZ	POL	K OPEN	3	K 3	00:16:10	00:31:12	00:46:13.15	00:46:16.70	9:03	6.6
9	PIECZKA ANETA	129		KOSZALIN	POL	K OPEN	4	K 4	00:16:43	00:32:23	00:46:55.35	00:47:00.90	9:11	6.5
10	SZTORC JERZY	138		KOSZALIN	POL	M OPEN	6	M 6	00:14:57	00:31:09	00:46:59.50	00:47:00.90	9:12	6.5
11	WIŚNIEWSKA ZOFIA	144		SKIBIENKO	POL	K OPEN	5	K 5	00:14:55	00:31:07	00:46:57.25	00:47:01.15	9:12	6.5
12	GOLUB SOFIA	114		KOSZALIN	UKR	K OPEN	6	K 6	00:16:56	00:33:30	00:49:05.25	00:49:11.80	9:37	6.2
13	FIGURA KATARZYNA	109		SIANÓW	POL	K OPEN	7	K 7	00:17:20	00:33:34	00:49:17.35	00:49:25.05	9:39	6.2
14	PILARSKA ALEKSANDRA	130		KOSZALIN	POL	K OPEN	8	K 8	00:17:19	00:33:34	00:49:16.95	00:49:25.20	9:39	6.2
15	PRYLEWSKI JAKUB	131		KOSZALIN	POL	M OPEN	7	M 7	00:17:22	00:33:36	00:49:18.95	00:49:26.10	9:40	6.2
16	RACZKOWSKA KLAUDIA	132		KOSZALIN	POL	K OPEN	9	K 9	00:17:21	00:33:34	00:49:17.55	00:49:26.20	9:39	6.2
17	KRANZ-DYMEK MONIKA	123		KOSZALIN	POL	K OPEN	10	K 10	00:16:34	00:33:09	00:49:35.30	00:49:37.15	9:43	6.2
18	GOLUB KATARZYNA	115		KOSZALIN	UKR	K OPEN	11	K 11	00:16:56	00:33:30	00:49:39.70	00:49:46.40	9:44	6.2
19	PECYNA ALEKSANDRA	128		SŁONINO	POL	K OPEN	12	K 12	00:18:59	00:34:45	00:49:38.55	00:49:46.55	9:43	6.2
20	TODOROWSKI MATEUSZ	141		ŚMIECHÓW	POL	M OPEN	8	M 8	00:14:06	00:34:45	00:49:39.05	00:49:46.80	9:44	6.2
21	SZYMCAK PIOTR	139		DARŁOWO	POL	M OPEN	9	M 9	00:16:19	00:33:08	00:50:01.70	00:50:05.40	9:48	6.1
22	KACPRZYK KAJETAN	118		DARŁOWO	POL	M OPEN	9	M 9	00:16:20	00:33:35	00:50:02.00	00:50:05.40	9:48	6.1
23	OBORZYŃSKA JULIA	125		KOSZALIN	POL	K OPEN	13	K 13	00:15:10	00:33:10	00:50:12.75	00:50:16.75	9:50	6.1
24	ZAWIEROWSKA-ŁOZIŃSKA MONIKA	145		KOSZALIN	POL	K OPEN	14	K 14	00:16:45	00:33:49	00:50:23.80	00:50:26.75	9:52	6.1
25	KARKUSIEWICZ ALEKSANDRA	119		KOSZALIN	POL	M OPEN	11	M 11	00:16:58	00:33:47	00:50:22.40	00:50:26.85	9:52	6.1
26	CHMIELEWSKA ELŻBIETA	8		KOSZALIN	POL	K OPEN	15	K 15	00:16:46	00:33:49	00:50:24.75	00:50:26.95	9:52	6.1
27	FORMALEWICZ ZUZANNA	111		PARSOWO	POL	K OPEN	16	K 16	00:16:10	00:33:35	00:50:44.40	00:50:48.25	9:56	6
28	CHODOROWSKA MAJA	108		KOSZALIN	POL	K OPEN	17	K 17	00:17:04	00:33:42	00:50:43.40	00:50:48.40	9:56	6
29	GÓRSKA ROKSANA	117		DARŁOWO	POL	K OPEN	18	K 18	00:17:05	00:33:43	00:50:44.20	00:50:48.45	9:56	6
30	BRONIS KRYSZTIAN	104		SIANÓW	POL	M OPEN	12	M 12	00:16:27	00:33:36	00:50:47.80	00:50:51.45	9:57	6
31	BANIK JAKUB	103		DARGIŃ	POL	M OPEN	13	M 13	00:16:26	00:33:36	00:50:48.05	00:50:51.70	9:57	6
32	KASPRZAK ALEKSANDRA	151		KOSZALIN	POL	K OPEN	19	K 19	00:16:41	00:34:09	00:50:18.30	00:51:26.05	9:51	6.1
33	CHLISZCZ SARA	106		KOSZALIN	POL	K OPEN	20	K 20	00:17:59	00:36:06	00:53:25.90	00:53:31.45	10:28	5.7
34	CHLISZCZ KATARZYNA	107		KOSZALIN	POL	K OPEN	21	K 21	00:17:59	00:36:05	00:53:26.95	00:53:32.60	10:28	5.7
35	SIŁKOWSKA PAULINA	134		KOSZALIN	POL	K OPEN	22	K 22	00:18:38	00:37:49	00:56:04.20	00:56:11.50	10:59	5.5
36	FILIPIAK EWELINA	110		KOSZALIN	POL	K OPEN	23	K 23	00:18:39	00:37:57	00:56:20.10	00:56:28.90	11:02	5.4
37	MASTALERKO ANASTAZJA	124		KOSZALIN	POL	K OPEN	24	K 24	00:18:40	00:37:58	00:56:21.35	00:56:29.20	11:02	5.4
38	PANASIUK JULIA	126		KOSZALIN	POL	K OPEN	25	K 25	00:18:39	00:37:32	00:55:56.65	00:56:30.15	10:58	5.5
39	SKŁADOWSKA IZABELA	135		KOSZALIN	POL	K OPEN	26	K 26	00:18:40	00:37:32	00:55:56.90	00:56:30.40	10:58	5.5
40	SKŁADOWSKI JAKUB	136		KOSZALIN	POL	M OPEN	14	M 14	00:18:39	00:37:31	00:55:56.25	00:56:30.45	10:58	5.5
41	STUDZIŃSKA WIKTORIA	137		KOSZALIN	POL	K OPEN	27	K 27	00:16:14	00:37:14	00:56:53.70	00:56:53.70	11:09	5.4
42	ZIELIŃSKA ZOFIA	146		KOSZALIN	POL	K OPEN	28	K 28	00:22:00	00:37:00	00:56:43.95	00:56:57.95	11:07	5.4

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1	BRZOWOSKI PIOTR	105	AKTYWNI POSTOMINO	SŁAWNO	POL	M OPEN	1	M 1	00:11:00	00:22:14	00:33:29.80	00:33:32.85	6:33	9.1
2	GORTAT BOGUMIŁ	116	NORDA MASTERS	KOBYLNICA	POL	M OPEN	2	M 2	00:11:29	00:23:04	00:34:39.90	00:34:42.50	6:47	8.8
3	KOPCZEWSKI DARIUSZ	121	RAJDY DARKA	KOSZALIN	POL	M OPEN	3	M 3	00:11:29	00:23:03	00:34:40.50	00:34:42.80	6:47	8.8
4	KAROLAK ANDRZEJ	120		TRZEBIATÓW	POL	M OPEN	4	M 4	00:11:46	00:24:19	00:37:06.35	00:37:08.80	7:16	8.2
5	ŚMIERCIEW PIOTR	140		KOSZALIN	POL	M OPEN	5	M 5	00:12:46	00:26:09	00:39:34.30	00:39:37.60	7:45	7.7
6	SZTORC JERZY	138		KOSZALIN	POL	M OPEN	6	M 6	00:14:57	00:31:09	00:46:59.50	00:47:00.90	9:12	6.5
7	PRYLEWSKI JAKUB	131		KOSZALIN	POL	M OPEN	7	M 7	00:17:22	00:33:36	00:49:18.95	00:49:26.10	9:40	6.2
8	TODOROWSKI MATEUSZ	141		ŚMIECHÓW	POL	M OPEN	8	M 8	00:14:06	00:34:45	00:49:39.05	00:49:46.80	9:44	6.2
9	KACPRZYK KAJETAN	118		DARŁOWO	POL	M OPEN	9	M 9	00:16:20	00:33:35	00:50:02.00	00:50:05.40	9:48	6.1
10	SZYMCZAK PIOTR	139		DARŁOWO	POL	M OPEN	9	M 9	00:16:19	00:33:08	00:50:01.70	00:50:05.40	9:48	6.1
11	KARKUSIEWICZ ALEKSANDRA	119		KOSZALIN	POL	M OPEN	11	M 11	00:16:58	00:33:47	00:50:22.40	00:50:26.85	9:52	6.1
12	BRONIS KRYSZTIAN	104		SIANÓW	POL	M OPEN	12	M 12	00:16:27	00:33:36	00:50:47.80	00:50:51.45	9:57	6
13	BANIK JAKUB	103		DARGIŃ	POL	M OPEN	13	M 13	00:16:26	00:33:36	00:50:48.05	00:50:51.70	9:57	6
14	SKŁADOWSKI JAKUB	136		KOSZALIN	POL	M OPEN	14	M 14	00:18:39	00:37:31	00:55:56.25	00:56:30.45	10:58	5.5

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1	WIECZORKOWSKA DAGMARA	143	RAJDY DARKA	KOSZALIN	POL	K OPEN	1	K 1	00:11:55	00:24:16	00:36:49.25	00:36:50.75	7:13	8.3
2	ADAMOWICZ RENATA	101	RAJDY DARKA	KOSZALIN	POL	K OPEN	2	K 2	00:12:41	00:25:47	00:38:54.20	00:38:56.20	7:37	7.9
3	FORMALEWICZ KASIA	112	WYCHODZĘ Z KIJAMI	BIESIEKIERZ	POL	K OPEN	3	K 3	00:16:10	00:31:12	00:46:13.15	00:46:16.70	9:03	6.6
4	PIECZKA ANETA	129		KOSZALIN	POL	K OPEN	4	K 4	00:16:43	00:32:23	00:46:55.35	00:47:00.90	9:11	6.5
5	WIŚNIEWSKA ZOFIA	144		SKIBIENKO	POL	K OPEN	5	K 5	00:14:55	00:31:07	00:46:57.25	00:47:01.15	9:12	6.5
6	GOLUB SOFIA	114		KOSZALIN	UKR	K OPEN	6	K 6	00:16:56	00:33:30	00:49:05.25	00:49:11.80	9:37	6.2
7	FIGURA KATARZYNA	109		SIANÓW	POL	K OPEN	7	K 7	00:17:20	00:33:34	00:49:17.35	00:49:25.05	9:39	6.2
8	PILARSKA ALEKSANDRA	130		KOSZALIN	POL	K OPEN	8	K 8	00:17:19	00:33:34	00:49:16.95	00:49:25.20	9:39	6.2
9	RACZKOWSKA KLAUDIA	132		KOSZALIN	POL	K OPEN	9	K 9	00:17:21	00:33:34	00:49:17.55	00:49:26.20	9:39	6.2
10	KRANZ-DYMEK MONIKA	123		KOSZALIN	POL	K OPEN	10	K 10	00:16:34	00:33:09	00:49:35.30	00:49:37.15	9:43	6.2
11	GOLUB KATARZYNA	115		KOSZALIN	UKR	K OPEN	11	K 11	00:16:56	00:33:30	00:49:39.70	00:49:46.40	9:44	6.2
12	PECYNA ALEKSANDRA	128		SŁONINO	POL	K OPEN	12	K 12	00:18:59	00:34:45	00:49:38.55	00:49:46.55	9:43	6.2
13	OBORZYŃSKA JULIA	125		KOSZALIN	POL	K OPEN	13	K 13	00:15:10	00:33:10	00:50:12.75	00:50:16.75	9:50	6.1
14	ZAWIEROWSKA-ŁOZIŃSKA MONIKA	145		KOSZALIN	POL	K OPEN	14	K 14	00:16:45	00:33:49	00:50:23.80	00:50:26.75	9:52	6.1
15	CHMIELEWSKA ELŻBIETA	8		KOSZALIN	POL	K OPEN	15	K 15	00:16:46	00:33:49	00:50:24.75	00:50:26.95	9:52	6.1
16	FORMALEWICZ ZUZANNA	111		PARSOWO	POL	K OPEN	16	K 16	00:16:10	00:33:35	00:50:44.40	00:50:48.25	9:56	6
17	CHODOROWSKA MAJA	108		KOSZALIN	POL	K OPEN	17	K 17	00:17:04	00:33:42	00:50:43.40	00:50:48.40	9:56	6
18	GÓRSKA ROKSANA	117		DARŁOWO	POL	K OPEN	18	K 18	00:17:05	00:33:43	00:50:44.20	00:50:48.45	9:56	6
19	KASPRZAK ALEKSANDRA	151			POL	K OPEN	19	K 19	00:16:41	00:34:09	00:50:18.30	00:51:26.05	9:51	6.1
20	CHLISZCZ SARA	106		KOSZALIN	POL	K OPEN	20	K 20	00:17:59	00:36:06	00:53:25.90	00:53:31.45	10:28	5.7
21	CHLISZCZ KATARZYNA	107		KOSZALIN	POL	K OPEN	21	K 21	00:17:59	00:36:05	00:53:26.95	00:53:32.60	10:28	5.7
22	SIŁKOWSKA PAULINA	134		KOSZALIN	POL	K OPEN	22	K 22	00:18:38	00:37:49	00:56:04.20	00:56:11.50	10:59	5.5
23	FILIPIAK EWELINA	110		KOSZALIN	POL	K OPEN	23	K 23	00:18:39	00:37:57	00:56:20.10	00:56:28.90	11:02	5.4
24	MASTALERKO ANASTAZJA	124		KOSZALIN	POL	K OPEN	24	K 24	00:18:40	00:37:58	00:56:21.35	00:56:29.20	11:02	5.4
25	PANASIUK JULIA	126		KOSZALIN	POL	K OPEN	25	K 25	00:18:39	00:37:32	00:55:56.65	00:56:30.15	10:58	5.5
26	SKŁADOWSKA IZABELA	135		KOSZALIN	POL	K OPEN	26	K 26	00:18:40	00:37:32	00:55:56.90	00:56:30.40	10:58	5.5
27	STUDZIŃSKA WIKTORIA	137		KOSZALIN	POL	K OPEN	27	K 27	00:16:14	00:37:14	00:56:53.70	00:56:53.70	11:09	5.4
28	ZIELIŃSKA ZOFIA	146		KOSZALIN	POL	K OPEN	28	K 28	00:22:00	00:37:00	00:56:43.95	00:56:57.95	11:07	5.4