

BIEG URSYNOWA

Organizator: Urząd Dzielnicy Warszawa - Ursynów

Data: 2023-06-04

Miejsce: Warszawa

Dystans: 5 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 100 miejsc wg czasu brutto



BIEG URSYNOWA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	JASTRZĘBSKI KAMIL	1803	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	M 30	1	M 1	DUKLANOWSKI TEAM	00:06:47	00:14:43.80	00:14:45.10	2:56	20.4
2	ALEKSANDROVICH ROMAN	21	ACHILLES	LESZNO	POL	M 20	1	M 2		00:07:03	00:14:50.05	00:14:51.80	2:58	20.2
3	WASIEWICZ KRZYSZTOF	1978	SRS KONDYCJA PIASECZNO	PIASECZNO	POL	M 30	3	M 3	SRS KONDYCJA PIASECZNO	00:07:02	00:14:59.70	00:15:01.35	2:59	20
4	TELKOVSKY TARAS	2146	-	-	BLR	M 30	2	M 4		00:06:54	00:14:55.25	00:15:08.50	2:59	20.1
5	GONTARCZYK RAFAŁ	382	RLTL OPTIMA RADOM/TEAM NEVER GIVE UP	OSTROWIEC ŚWIETOKRZYSKI	POL	M 30	4	M 5		00:07:03	00:15:08.15	00:15:09.80	3:01	19.8
6	SŁUPIK TOMASZ	1937	ENDLESS PAIN	WARSZAWA	POL	M 30	5	M 6		00:07:07	00:15:12.00	00:15:12.00	3:02	19.7
7	BISKUPSKI TOMASZ	1695	ZABIEGANI W KIELCACH	DALESZYCE	POL	M 20	4	M 7		00:07:03	00:15:26.30	00:15:27.90	3:05	19.4
8	DAMENTKA KAMIL	218	CTS	WARSZAWA	POL	M 20	2	M 8		00:06:59	00:15:15.70	00:15:29.55	3:03	19.7
9	KONIECZNY MARCIN	1972	K.S NIEMANIEMOGE	OLSZTYN	POL	M 50	1	M 9		00:07:20	00:15:29.45	00:15:31.45	3:05	19.4
10	TOKARSKI PIOTR	1448	KREPA	OLSZTYN	POL	M 20	5	M 10		00:07:22	00:15:30.30	00:15:32.25	3:06	19.4
11	SKIBIŃSKI MIKOŁAJ	1271	DUCLA ACADEMY	POZNAŃ	POL	M 30	6	M 11	DUKLANOWSKI TEAM	00:07:19	00:15:31.70	00:15:32.85	3:06	19.3
12	WIĘCKOWSKI ŁUKASZ	1536		WARSZAWA	POL	M 20	6	M 12		00:07:20	00:15:31.05	00:15:32.85	3:06	19.3
13	NOŻYŃSKI DARIUSZ	76	SZYBKIEBIEGANIE.PL	WARSZAWA	POL	M 40	1	M 13		00:07:19	00:15:32.25	00:15:34.20	3:06	19.3
14	MISIEWICZ MICHAŁ	909	DATUMO.IO	OLSZTYN	POL	M 20	3	M 14		00:07:01	00:15:26.05	00:15:40.20	3:05	19.4
15	WASILEWSKI ADAM	1980	TEAM 7:30	DOBRE	POL	M 30	7	M 15	TEAM 7:30	00:07:20	00:15:46.25	00:15:48.00	3:09	19
16	KROCHMAL PAWEŁ	695	PAWKO RUNNER TEAM	WARSZAWA	POL	M 30	8	M 16	PAWKO RUNNER TEAM	00:07:19	00:15:57.25	00:15:58.90	3:11	18.8
17	KWARTA MACIEJ	752	WARSZAWA	WARSZAWA	POL	M 30	9	M 17	ŻÓRAWSKI TEAM	00:07:35	00:16:03.75	00:16:05.55	3:12	18.7
18	ADRJANOWSKI KRZYSIEK	19	URSYNÓW	URSYNÓW	POL	M 20	7	M 18		00:07:22	00:16:07.10	00:16:08.80	3:13	18.6
19	WRONOWSKI RAFAŁ	1998	WRONA RUN	BANIE MAZURSKIE	POL	M 30	10	M 19		00:07:26	00:16:12.25	00:16:14.35	3:14	18.5
20	PYSHNIAK KOSTIANTYN	1152	UKRAINE	UKRAINE	UKR	M 20	8	M 20		00:07:11	00:16:22.65	00:16:23.85	3:16	18.3
21	GOŁASZEWSKI MICHAŁ	378	TEAM KOPEĆ	LEGIONOWO	POL	M 40	2	M 21	TEAM KOPEĆ	00:07:37	00:16:23.15	00:16:39.30	3:16	18.3
22	ŁABĘDZKI KONRAD	792	DUKLANOWSKI TEAM	WARSZAWA	POL	M 30	11	M 22	DUKLANOWSKI TEAM	00:07:35	00:16:26.65	00:16:41.85	3:17	18.3
23	MŁACKI ALAN	1864	TEAM KOPEĆ	KOŁBIEL	POL	M 30	12	M 23		00:08:08	00:16:52.30	00:16:55.15	3:22	17.8
24	KUR ADRIAN	1830	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	M 30	13	M 24	DUKLANOWSKI TEAM	00:07:58	00:16:54.40	00:16:57.05	3:22	17.8
25	MAZEK EMILIA	884	AZS AWF WARSZAWA	UNIN-KOLONIA	POL	K 30	1	K 1		00:07:59	00:16:55.35	00:16:57.40	3:23	17.7
26	STELMACH DOMINIKA	1342	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 40	1	K 2	ADIDAS RUNNERS WARSAW	00:07:46	00:16:48.25	00:17:03.60	3:21	17.9
27	WRONOWSKI ALBERT	1999	WRONA RUN	BANIE MAZURSKIE	POL	M 20	9	M 25		00:07:49	00:16:50.55	00:17:07.50	3:22	17.8
28	STACHOWIAK MACIEJ	68		WARSZAWA	POL	M 40	3	M 26			00:16:49.95	00:17:09.90	3:21	17.8
29	ROBAK DOMINIK	1185	ADIDAS RUNNER WARSAW / PASSION FIRST / WE RUN CLAN	WARSZAWA	POL	M 30	14	M 27	ADIDAS RUNNERS WARSAW	00:07:48	00:17:07.25	00:17:10.30	3:25	17.5
30	DZICZEK SZYMON	280	PASSION FIRST	WARSZAWA	POL	M 20	11	M 28	PASSION FIRST	00:07:37	00:17:09.10	00:17:12.25	3:25	17.5
31	KORZENIOWSKI DARIUSZ	652	ACCELERATING POLAND	WARSZAWA	POL	M 40	4	M 29	ACCELERATING POLAND	00:08:05	00:17:08.20	00:17:12.40	3:25	17.5
32	OMIELAN WOJCIECH	1884		ELK	POL	M 20	12	M 30		00:07:53	00:17:11.55	00:17:13.90	3:26	17.5
33	KLECZEWSKI PIOTR	592		WARSZAWA	POL	M 16	1	M 31		00:07:44	00:16:56.95	00:17:14.15	3:23	17.7
34	NIEDZIAŁEK MICHAŁ	956	100 TWARZY GRZYBIARZY	WARSZAWA	POL	M 20	13	M 32		00:08:00	00:17:14.75	00:17:16.75	3:26	17.4
35	PISAREWICZ KAROL	1084	MINISTRY OF SILLY WALKS	WARSZAWA	POL	M 30	16	M 33		00:07:58	00:17:13.40	00:17:17.25	3:26	17.4
36	WAŚNIEWSKI ALBERT	1515	SKLEP BIEGACZA/ŻÓRAWSKI TEAM	WARSZAWA	POL	M 30	17	M 34	ŻÓRAWSKI TEAM	00:08:15	00:17:13.65	00:17:17.70	3:26	17.4
37	DAUKSZO MACIEJ	219		WARSZAWA	POL	M 20	10	M 35		00:08:00	00:17:04.15	00:17:22.70	3:24	17.6
38	MAJCHRZAK JULIAN	827	TEAM ZABIEGANEDNI / ASICS FRONTRUNNER POLAND	WARSZAWA	POL	M 30	18	M 36	TEAM ZABIEGANEDNI #1	00:08:07	00:17:19.45	00:17:23.05	3:27	17.3
39	JASZCZERSKI PAWEŁ	480		WARSZAWA	POL	M 30	20	M 37		00:08:02	00:17:22.80	00:17:25.70	3:28	17.3
40	TKACZYK MATEUSZ	1967		PULAWY	POL	M 20	14	M 38		00:08:17	00:17:22.65	00:17:26.10	3:28	17.3

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41	JĘDRZEJSKA ALEKSANDRA	146	CTS	WROCŁAW	POL	K 30	2	K 3		00:08:05	00:17:26.15	00:17:29.05	3:29	17.2
42	MAŚLANKO MACIEJ	872	GRA-LECH S.C	JEŻÓW	POL	M 30	15	M 39		00:08:04	00:17:07.95	00:17:29.55	3:25	17.5
43	PARMEE ALEXANDER	1036	ŻÓRAWSKI TEAM	WARSZAWA	POL	M 30	21	M 40	ŻÓRAWSKI TEAM	00:08:16	00:17:27.30	00:17:31.25	3:29	17.2
44	KALBARCZYK ADRIANA	1713	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	K 30	3	K 4	DUKLANOWSKI TEAM	00:08:16	00:17:28.35	00:17:31.80	3:29	17.2
45	DŁUGOSZ JACEK	239		KIELCE	POL	M 40	5	M 41		00:07:59	00:17:30.25	00:17:32.90	3:30	17.1
46	TRUSIAK ARTUR	1468	BIEGAJĄCE ZĄBKI	ZĄBKI	POL	M 50	3	M 42		00:08:11	00:17:30.75	00:17:33.05	3:30	17.1
47	HOROSZKO MICHAŁ	435		WARSZAWA	POL	M 30	22	M 43		00:08:24	00:17:28.80	00:17:34.80	3:29	17.2
48	WITUSOWSKI PIOTR	1555	VEGE RUNNERS	WARSZAWA	POL	M 40	6	M 44	VEGE RUNNERS URSYNÓW	00:08:15	00:17:30.55	00:17:35.35	3:30	17.1
49	MIERZLIKIN NATALIA	1860		WARSZAWA	POL	K 30	4	K 5		00:08:12	00:17:34.70	00:17:37.30	3:30	17.1
50	ZYCH MARIUSZ	1659	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 40	7	M 45	BIEGAJ POD OKIEM TRENERA	00:07:58	00:17:32.95	00:17:37.40	3:30	17.1
51	NIEDŹWIADK KAMIL	1880	NIEDŹWIADKI TEAM	WARSZAWA	POL	M 30	19	M 46		00:07:58	00:17:21.15	00:17:38.65	3:28	17.3
52	BOCHENKO DANIEL	91		BRZOZOWA	POL	M 50	2	M 47		00:07:55	00:17:26.30	00:17:42.30	3:29	17.2
53	PIOTROWSKI FILIP	1899	BKS WATAHA WARSZAWA	WIELISZEW	POL	M 20	15	M 48		00:08:12	00:17:31.10	00:17:44.10	3:30	17.1
54	MAŁOLEPSZY RAFAŁ	845	ADAM DRACZYŃSKI RUNNING TEAM	WARSZAWA	POL	M 30	27	M 49		00:08:11	00:17:42.40	00:17:44.90	3:32	16.9
55	KARWOWSKI DANIEL	552	KB PŁOŃSK	WARSZAWA	POL	M 30	26	M 50		00:08:15	00:17:41.65	00:17:46.75	3:32	17
56	MARYNOWSKI WOJCIECH	863		WARSZAWA	POL	M 20	17	M 51		00:08:15	00:17:42.00	00:17:47.30	3:32	16.9
57	STANKOWSKI RAFAŁ	1334	SZURAMSOBIE UNIA HRUBIESZÓW	OŻARÓW MAZOWIECKI	POL	M 40	8	M 52		00:08:15	00:17:43.00	00:17:48.00	3:32	16.9
58	GŁĄŻEWSKI TOMASZ	364		WARSZAWA	POL	M 30	25	M 53		00:08:28	00:17:41.05	00:17:48.85	3:32	17
59	BAZUŁKA ALEKSANDRA	1742	HOKA GARMIN TEAM	KATOWICE	POL	K 20	1	K 6		00:08:18	00:17:46.40	00:17:49.60	3:33	16.9
60	SAJA MARCIN	1231		SIEDLCE	POL	M 30	28	M 54		00:08:24	00:17:47.25	00:17:50.45	3:33	16.9
61	PODCZASI MARCIN	1904	WKZ KOZIENICE BBL	KOZIENICE	POL	M 20	16	M 55	WKZ KOZIENICE BBL	00:08:19	00:17:39.05	00:17:51.50	3:31	17
62	PRIMIK MAREK	1119	VEGE RUNNERS	WARSZAWA	POL	M 40	10	M 56	VEGE RUNNERS URSYNÓW	00:08:18	00:17:51.45	00:17:55.80	3:34	16.8
63	ŚLIWA KRZYSZTOF	1427	KS LEMIESZ TEAM WARSZAWA	WARSZAWA	POL	M 30	23	M 57	KS LEMIESZ TEAM	00:08:13	00:17:34.10	00:17:57.25	3:30	17.1
64	KOWAL AMADEUSZ	663	NAPRZÓD MŁOCINY	LUBACZÓW	POL	M 30	31	M 58	NAPRZÓD MŁOCINY	00:08:30	00:17:50.40	00:17:58.45	3:34	16.8
65	SOLKA MACIEJ	1316	GÓRA BIEGA	GÓRA KALWARIA	POL	M 30	29	M 59	GÓRA BIEGA - DZIKI	00:08:31	00:17:47.50	00:17:58.90	3:33	16.9
66	WOJCIECHOWSKI SEBASTIAN	6	VEGE RUNNERS	WARSZAWA	POL	M 40	11	M 60	VEGE RUNNERS URSYNÓW	00:08:27	00:17:55.40	00:17:59.75	3:35	16.7
67	JUSIŃSKI KRYSZTOF	506	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M 30	24	M 61	ŻÓRAWSKI TEAM	00:08:09	00:17:40.55	00:18:00.80	3:32	17
68	TOMCZYK PIOTR	1454		WARSZAWA	POL	M 40	9	M 62		00:08:08	00:17:43.50	00:18:01.50	3:32	16.9
69	ORZEŁ MICHAŁ	1007	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40	12	M 63	ADIDAS RUNNERS WARSAW	00:08:35	00:17:56.10	00:18:03.35	3:35	16.7
70	PIASTA DARIUSZ	1059		WARSSAWA	POL	M 50	4	M 64		00:08:10	00:17:46.00	00:18:05.50	3:33	16.9
71	FILIPOWICZ MICHAŁ	309		JELENIA GÓRA	POL	M 30	30	M 65		00:08:23	00:17:48.40	00:18:06.40	3:33	16.9
72	SOBCZYK GRZEGORZ	1940	WKZ KOZIENICE BBL	KOZIENICE	POL	M 30	33	M 66	WKZ KOZIENICE BBL	00:08:25	00:17:56.85	00:18:09.30	3:35	16.7
73	PIMPICKI IGNACY	1897	CZEMPION	WARSZAWA	POL	M 14	1	M 67		00:08:24	00:17:51.70	00:18:09.50	3:34	16.8
74	STRZELECKI PIOTR	1359	KB PACE WARSZAWA	WARSZAWA	POL	M 20	18	M 68	KB PACE WARSZAWA	00:08:37	00:18:05.20	00:18:10.80	3:37	16.6
75	MATCZAK MATEUSZ	873	SH RUNNING TEAM	WARSZAWA	POL	M 30	35	M 69		00:08:24	00:18:05.15	00:18:10.95	3:37	16.6
76	MOKRZAŃSKI MICHAŁ	920	WARSZAWIACY	WARSZAWA	POL	M 40	14	M 70		00:08:35	00:18:05.70	00:18:12.05	3:37	16.6
77	SALAK MICHAŁ	1716	PKO BP	WARSZAWA	POL	M 40	16	M 71		00:08:34	00:18:07.25	00:18:14.70	3:37	16.6
78	MARCINISZYN GRZEGORZ	1855	DUKLANOWSKI TEAM	WARSZAWA	POL	M 30	38	M 72	DUKLANOWSKI TEAM	00:08:17	00:18:16.20	00:18:19.15	3:39	16.4
79	DAWIDEK BARTEK	1696	REPREZENTACJA DZIENNIKARZY	WARSZAWA	POL	M 30	37	M 73		00:08:33	00:18:14.95	00:18:19.80	3:38	16.5
80	ŁOJEWSKI MARCIN	1021	BIEGOWY WARIAT RUNNING TEAM	-	POL	M 30	36	M 74	BIEGOWY WARIAT RUNNING TEAM	00:08:46	00:18:09.75	00:18:20.10	3:37	16.5
81	WOŹNIAK PRZEMYSŁAW	1583	WIELISZEW HERON TEAM	LEGIONOWO	POL	M 30	32	M 75	WIELISZEW HERON TEAM	00:08:16	00:17:54.40	00:18:20.85	3:34	16.8
82	BURDACH DARIUSZ	138	JACK TEAM/TEAM PARCZYŃSKICH	WARSZAWA	POL	M 40	19	M 76		00:08:40	00:18:16.20	00:18:22.40	3:39	16.4
83	WYSOCKI MICHAŁ	1599	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 40	17	M 77	ŁÓDŹ KOCHA SPORT	00:08:34	00:18:14.45	00:18:23.10	3:38	16.5
84	KAMIŃSKI PAWEŁ	541	PASSION FIRST	WARSZAWA	POL	M 40	18	M 78	ADIDAS RUNNERS WARSAW	00:08:37	00:18:15.30	00:18:23.35	3:39	16.4
85	WYSOKIŃSKI KONRAD	2132	RUN INTO THE WILD / BARUNOWCE	PIASECZNO	POL	M 40	15	M 79	BARUNOWCE	00:08:24	00:18:06.15	00:18:25.15	3:37	16.6
86	KWIATKOWSKI MATEUSZ	755	WIELISZEW HERON TEAM	KOMORNICA	POL	M 30	34	M 80		00:08:16	00:17:59.05	00:18:25.80	3:35	16.7
87	TRONIAZ PAWEŁ	1466	T&T BRO	RASZYN	POL	M 40	20	M 81		00:08:34	00:18:17.40	00:18:26.05	3:39	16.4
88	WASIEWICZ ADAM	1509	NIE MÓJ CYRK, MOJE MAŁPY	WARSZAWA	POL	M 40	13	M 82		00:08:22	00:18:04.30	00:18:26.60	3:36	16.6
89	GOLONKA PRZEMYSŁAW	1791		CIECIERZYN	POL	M 20	20	M 83		00:08:28	00:18:11.95	00:18:26.95	3:38	16.5

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90	RUPIŃSKI KRZYSZTOF	1685		WARSZAWA	POL	M 30	39	M 84		00:08:33	00:18:17.65	00:18:27.40	3:39	16.4
91	KRYWCZUK TOMASZ	707	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 20	19	M 85	ADIDAS RUNNERS WARSAW	00:08:16	00:18:08.20	00:18:28.45	3:37	16.5
92	KLIMEK MAREK	597	ADIDAS RUNNER WARSAW	WARSZAWA	POL	M 30	41	M 86	ADIDAS RUNNERS WARSAW	00:08:35	00:18:20.90	00:18:29.55	3:40	16.4
93	ZASĘPA SEBASTIAN	1629	TEAM ZABIEGANEDNI	JOZEFOSLAW	POL	M 40	21	M 87	TEAM ZABIEGANEDNI #1	00:08:26	00:18:25.05	00:18:29.60	3:41	16.3
94	MARCINIAK GRZEGORZ	850	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 50	5	M 88	BIEGOWY WARIAT RUNNING TEAM	00:08:20	00:18:11.20	00:18:35.75	3:38	16.5
95	GREWIŃSKI TOMASZ	406	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 50	7	M 89	LIPIEC RUNNING TEAM	00:08:49	00:18:33.80	00:18:41.95	3:42	16.2
96	NOWAK MARCIN	973		WARSZAWA	POL	M 40	23	M 90		00:08:47	00:18:29.30	00:18:42.30	3:41	16.2
97	GARTKIEWICZ ADAM	340	DUKLANOWSKI TEAM	WARSZAWA	POL	M 50	8	M 91		00:08:55	00:18:36.95	00:18:42.60	3:43	16.1
98	GAJEK IRENEUSZ	332	ASFALTLOVE DZIKI	CIECHANÓW	POL	M 40	24	M 92		00:08:47	00:18:30.55	00:18:43.55	3:42	16.2
99	GÓRZYŃSKI MACIEJ	396	WOODRUN	PIASECZNO	POL	M 50	6	M 93		00:08:46	00:18:33.25	00:18:43.75	3:42	16.2
100	KOWALCZYK ALICJA	667		WARSZAWA	POL	K 30	6	K 7		00:08:35	00:18:35.25	00:18:43.80	3:43	16.1
101	GLINKA ELŻBIETA	1790	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30	5	K 8	ADIDAS RUNNERS WARSAW	00:08:36	00:18:15.30	00:18:46.10	3:39	16.4
102	ŚLIWIAK JAKUB	1428	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 30	40	M 94	BIEGOWY WARIAT RUNNING TEAM	00:08:42	00:18:18.75	00:18:44.70	3:39	16.4
103	PAGACZ BARTOSZ	1026		WARSZAWA	POL	M 40	22	M 95		00:08:39	00:18:28.95	00:18:57.05	3:41	16.2
104	PILIPCZUK JAKUB	1076		ZAMOŚĆ	POL	M 20	21	M 96		00:08:30	00:18:29.85	00:19:01.35	3:41	16.2
105	STARKO KRZYSZTOF	1336	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30	42	M 97	TEAM ZABIEGANEDNI #2	00:08:23	00:18:30.95	00:18:55.70	3:42	16.2
106	KOZŁOWSKI WŁODZIMIERZ	1721	KS START PUŁASKI	SUŁKOWICE	POL	M 40	25	M 98		00:08:47	00:18:33.00	00:18:45.20	3:42	16.2
107	REGULSKI PAWEŁ	1174	GÓRA BIEGA	WARKA	POL	M 20	22	M 99	GÓRA BIEGA - DZIKI	00:08:39	00:18:33.15	00:19:01.05	3:42	16.2
108	POTENTAS PAWEŁ	1909		WARSZAWA	POL	M 30	43	M 100		00:08:56	00:18:37.10	00:18:47.10	3:43	16.1
109	WOJTASIAK TOMASZ	1694	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 40	26	M 101	LIPIEC RUNNING TEAM	00:08:35	00:18:37.55	00:19:01.20	3:43	16.1
110	OŻÓG PAWEŁ	1023	ZABIEGANI W KIELCACH	KIELCE	POL	M 30	44	M 102		00:08:21	00:18:38.40	00:19:02.10	3:43	16.1
111	SZEWCZYK RAFAŁ	1393	CWCR/DEPARTAMENT BIEGÓW	OLSZTYN	POL	M 40	27	M 103	CWCR/DEPARTAMENT BIEGÓW	00:08:35	00:18:38.85	00:18:46.65	3:43	16.1
112	LACIAK MARCIN	1684	BARUNOWCE	WARSZAWA	POL	M 40	28	M 104		00:08:43	00:18:40.25	00:18:49.10	3:44	16.1
113	POTKAJ PRZEMYSŁAW	1113	DĄBROWSKI TEAM	KADZIDŁO	POL	M 20	23	M 105	DĄBROWSKI TEAM	00:08:52	00:18:40.65	00:18:50.65	3:44	16.1
114	LEJA MARCIN	769	TEAM ZABIEGANEDNI	ŻOŁYNIA	POL	M 30	45	M 106	TEAM ZABIEGANEDNI #1	00:08:39	00:18:41.60	00:19:09.10	3:44	16.1
115	JAMBOR MICHAŁ	458	ŻÓRAWSKI TEAM	WARSZAWA	POL	M 40	29	M 107	ŻÓRAWSKI TEAM		00:18:42.15	00:18:58.65	3:44	16
116	MADEJEK KAMIL	824	VEGE RUNNERS	WARSZAWA	POL	M 30	46	M 108	VEGE RUNNERS URSYNÓW	00:08:51	00:18:42.50	00:18:51.95	3:44	16
117	BUBELA MAGDA	1753	LIPIEC RUNNING TEAM	BLIZNE JASIŃSKIEGO	POL	K 40	2	K 9	LIPIEC RUNNING TEAM	00:08:47	00:18:43.50	00:18:59.50	3:44	16
118	VEREMCHUK YULIIA	1499	YULIANKA BIEGNIIE BO LUBI	WARSZAWA	UKR	K 30	7	K 10		00:08:55	00:18:43.55	00:18:56.15	3:44	16
119	ŻURAWSKI SŁAWOMIR	1672	BARUNOWCE	WARSZAWA	POL	M 40	30	M 109		00:08:53	00:18:44.05	00:18:57.90	3:44	16
120	KUPA BARTOSZ	276	KLUB BIEGACZY JYSK	SŁUPNO	POL	M 30	47	M 110		00:08:38	00:18:44.10	00:18:48.15	3:44	16
121	ŁUCKA DARIUSZ	1710		NOWA IWICZNA	POL	M 30	48	M 111		00:08:48	00:18:44.25	00:18:54.80	3:44	16
122	OLSZAŃSKI PAWEŁ	999	KB PACE WARSZAWA	OLSZTYN	POL	M 20	24	M 112	KB PACE WARSZAWA	00:08:13	00:18:44.45	00:18:47.60	3:44	16
123	MAKULEC MARCIN	832	SANTANDER RUNNING CLUB	WARSZAWA	POL	M 40	31	M 113		00:08:48	00:18:45.45	00:18:56.45	3:45	16
124	REBELLO FELIPE	1168		GRODZISK MOZOWIECKI	POL	M 30	49	M 114		00:09:02	00:18:46.65	00:18:58.35	3:45	16
125	DRAŻEK JUSTYNA	258	ICHEM-VITADIET	BUCZEK	POL	K 20	2	K 11		00:08:56	00:18:48.45	00:18:55.10	3:45	16
126	KALIŃSKI FRANCISZEK	526		ŁOWICZ	POL	M 20	25	M 115		00:08:53	00:18:48.95	00:19:02.60	3:45	16
127	FRAŃCZYK PAWEŁ	318		WARSZAWA	POL	M 30	50	M 116		00:08:37	00:18:49.05	00:19:13.95	3:45	15.9
128	CZARNOCKI WOJCIECH	202	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 20	26	M 117	ADIDAS RUNNERS WARSAW	00:08:54	00:18:49.70	00:19:05.25	3:45	15.9
129	LEWDOROWICZ WOJCIECH	779	SAM SOBIE KLUBEM	KADY	POL	M 40	32	M 118		00:08:23	00:18:50.35	00:19:15.55	3:46	15.9
130	FILIPIAK ADAM	307	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 30	51	M 119	ŁÓDŹ KOCHA SPORT	00:08:48	00:18:51.05	00:19:02.50	3:46	15.9
131	KASPRZYK KACPER	2041		WARSZAWA	POL	M 16	2	M 120		00:08:17	00:18:51.45	00:19:16.20	3:46	15.9
132	BIELECKI JAKUB	74		WARSZAWA	POL	M 30	52	M 121		00:08:57	00:18:53.25	00:19:12.10	3:46	15.9
133	BEŁZ DANIEL	66		PIASECZNO	POL	M 30	53	M 122		00:09:06	00:18:56.55	00:19:32.10	3:47	15.8
134	RUSZNIK PIOTR	1209	LIPIEC RUNNING TEAM	PIASECZNO	POL	M 40	33	M 123	LIPIEC RUNNING TEAM	00:08:59	00:18:56.60	00:19:03.45	3:47	15.8
135	GÓRECKI RAFAŁ	388		LESZNO	POL	M 40	34	M 124	ADIDAS RUNNERS WARSAW	00:08:43	00:18:56.90	00:19:07.40	3:47	15.8

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
136	ZIELIŃSKI ŁUKASZ	1649	GÓRA BIEGA	GÓRA KALWARIA	POL	M 30	54	M 125	GÓRA BIEGA - DZIKI	00:08:54	00:18:57.25	00:19:09.70	3:47	15.8
137	OWCZAREK KACPER	2072	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 14	2	M 126	ŁÓDŹ KOCHA SPORT	00:08:47	00:18:57.95	00:19:27.60	3:47	15.8
138	KUKLA-KUKLEWICZ MICHAŁ	734		WARSZAWA	POL	M 20	27	M 127		00:08:57	00:18:59.95	00:19:39.50	3:47	15.8
139	OCHMAN MICHAŁ	981	BEC POLAND	WARSZAWA	POL	M 40	35	M 128		00:09:03	00:19:02.50	00:19:41.45	3:48	15.8
140	ZHENG HAISHAN	1647	TARCZYN	WARSZAWA	POL	M 40	36	M 129		00:08:59	00:19:03.05	00:19:35.75	3:48	15.7
141	TELEON PIOTR	1441	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M 40	37	M 130	JACEKBIEGA RUNNING TEAM	00:08:46	00:19:03.75	00:19:17.65	3:48	15.7
142	OLCZAK JANUSZ	989	BIEGANIE 50+	WARSZAWA	POL	M 50	9	M 131		00:09:12	00:19:03.95	00:19:14.55	3:48	15.7
143	PIATKA TOMASZ	1060	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	55	M 132	ADIDAS RUNNERS WARSAW	00:09:06	00:19:05.55	00:19:15.40	3:49	15.7
144	KALINOWSKI BARTOSZ	2038	KONDYCJA	NOWA IWICZNA	POL	M 16	3	M 133		00:08:57	00:19:07.90	00:19:17.05	3:49	15.7
145	DUDELA ADRIAN	1778	KAZIKI	WARSZAWA	POL	M 40	38	M 134	KAZIKI	00:08:42	00:19:08.05	00:19:34.85	3:49	15.7
146	KNAP CZAREK	607	HOŻA TEAM SKYRUNNERS	SZCZECIN	POL	M 50	10	M 135		00:09:05	00:19:09.90	00:19:24.90	3:49	15.7
147	ŚWIĘCICKI TOMASZ	1434	ACCELERATING POLAND	WARSZAWA	POL	M 40	39	M 136	ACCELERATING POLAND	00:08:27	00:19:10.30	00:19:29.20	3:50	15.7
148	CYGLER SŁAWEK	195	WKS WAWEL	WARSZAWA	POL	M 30	56	M 137	WKS WAWEL KRAKÓW	00:09:06	00:19:10.95	00:19:46.95	3:50	15.7
149	STOLARSKI KRZYSZTOF	1945	BIEGAJĄCE ZĄBKI	ZĄBKI	POL	M 50	11	M 138		00:08:58	00:19:11.15	00:19:24.90	3:50	15.6
150	WASILEWSKI KUBA	1511		WARSZAWA	POL	M 30	57	M 139		00:08:45	00:19:11.30	00:19:38.20	3:50	15.6
151	SZYMAŃCZYK IGOR	1412		WARSZAW	POL	M 30	58	M 140		00:09:07	00:19:11.60	00:19:50.00	3:50	15.6
152	DABROWA KAMIL	216	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 50	12	M 141	LIPIEC RUNNING TEAM	00:08:58	00:19:12.15	00:19:20.50	3:50	15.6
153	GASZEWSKA MAŁGORZATA	343	ZA LINIĄ METY	WARSZAWA	POL	K 20	3	K 12		00:08:56	00:19:13.20	00:19:24.45	3:50	15.6
154	KOBUSZEWSKI ARTUR	611	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	40	M 142	BIEGOWY WARIAT RUNNING TEAM	00:08:47	00:19:15.35	00:19:40.85	3:51	15.6
155	SZYMAŃSKI BARTŁOMIEJ	1419	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40	41	M 143	ADIDAS RUNNERS WARSAW	00:09:10	00:19:15.90	00:19:30.95	3:51	15.6
156	PIKUS PRZEMEK	1074	LIPIEC RUNNING TEAM	BABICE NOWE	POL	M 40	42	M 144	LIPIEC RUNNING TEAM	00:08:50	00:19:15.95	00:19:24.30	3:51	15.6
157	DOBROŁĘCKI JACEK	243	KONRAD NOSARZEWSKI BADANIA DIETA TRENING	STUPSK	POL	M 20	28	M 145		00:08:14	00:19:16.10	00:19:20.00	3:51	15.6
158	WOJTKOWIAK MARTA	1573	PAWKO RUNNER TEAM	WARSZAWA	POL	K 30	8	K 13	PAWKO RUNNER TEAM	00:08:58	00:19:16.90	00:19:45.45	3:51	15.6
159	WIELOGÓRSKI IGNACY	2103		WARSZAWA	POL	M 16	4	M 146		00:08:33	00:19:18.20	00:19:39.40	3:51	15.5
160	ZDEB PRZEMEK	1642	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40	43	M 147	ADIDAS RUNNERS WARSAW	00:09:03	00:19:18.90	00:19:33.55	3:51	15.5
161	SYGUEŁA MATEUSZ	1372	KOLARSKI.EU TEAM	MICHAŁOWICE	POL	M 40	44	M 148		00:08:38	00:19:20.70	00:19:23.00	3:52	15.5
162	SZYMAŃSKI HUBERT	1415	BIEGOWY WARIAT RUNNING TEAM	ŁOMIANKI	POL	M 40	45	M 149	BIEGOWY WARIAT RUNNING TEAM	00:09:14	00:19:22.10	00:19:44.50	3:52	15.5
163	CZUB DANIEL	211		WARSZAWA	POL	M 30	59	M 150		00:08:59	00:19:22.55	00:20:05.75	3:52	15.5
164	BANASIUK MACIEJ	47		WARSZAWA	POL	M 50	13	M 151		00:08:55	00:19:23.15	00:19:35.95	3:52	15.5
165	CHEŁMICKI GRZEGORZ	156	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 50	14	M 152	LIPIEC RUNNING TEAM	00:09:00	00:19:23.65	00:19:50.65	3:52	15.5
166	KARWACZ JAKUB	551		STARE LIPINY	POL	M 30	60	M 153		00:09:25	00:19:24.40	00:19:41.15	3:52	15.5
167	MIKULSKI JACEK	907	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 50	15	M 154	ADIDAS RUNNERS WARSAW	00:09:10	00:19:25.15	00:19:41.25	3:53	15.5
168	FAJKOWSKI PIOTR	293	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	61	M 155	ADIDAS RUNNERS WARSAW	00:08:56	00:19:25.50	00:19:39.85	3:53	15.5
169	SOFUL TOMASZ	1308		WARSZAWA	POL	M 40	46	M 156		00:09:00	00:19:25.75	00:19:32.40	3:53	15.5
170	RYDZ-MOŚCICKI ROBERT	1221		WARSZAWA	POL	M 40	47	M 157		00:09:08	00:19:25.80	00:19:29.75	3:53	15.5
171	KLIMEK JAKUB	2044		WARSZAWA	POL	M 16	5	M 158		00:09:25	00:19:26.00	00:19:43.20	3:53	15.4
172	WRONOWSKI MARCIN	1590	JEDNOOSOBOWY KLUB MYSZKA MISIO MILUSIA	WARSZAWA	POL	M 20	29	M 159		00:09:05	00:19:26.45	00:20:04.15	3:53	15.4
173	WOROBIEW MAGDALENA	37	LIPIEC RUNNING TEAM	WARSZAWA	POL	K 30	9	K 14		00:09:18	00:19:26.65	00:19:36.70	3:53	15.4
174	STAEVEN KRZYSZTOF	1326	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	48	M 160	TEAM ZABIEGANEDNI #2	00:09:10	00:19:27.00	00:20:05.45	3:53	15.4
175	MISSALA MAGDA	2143		-	POL	K 16	1	K 15		00:09:00	00:19:28.45	00:20:06.35	3:53	15.4
176	KACPRZYK ALEX	511	RP RUNNERS	WARSZAWA	POL	M 50	16	M 161		00:09:24	00:19:28.55	00:19:45.75	3:53	15.4
177	SŁAWIŃSKI PIOTR	1286		WARSZAWA	POL	M 40	49	M 162		00:08:57	00:19:29.20	00:20:12.50	3:53	15.4
178	CIESIELSKI MARCIN	1760	WARSAW RUN CLUB	SKIERNIEWICE	POL	M 40	50	M 163	WARSAW RUN CLUB	00:09:23	00:19:30.15	00:19:47.65	3:54	15.4
179	MARCHEWKA JAN	1854	SZKOŁA FUNDACJA PRIMUS ZOLTANA BALO	WARSZAWA	POL	M 60	1	M 164		00:09:14	00:19:30.35	00:19:47.65	3:54	15.4

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
180	KŁYS MATEUSZ	606		WARSZAWA	POL	M 30	62	M 165		00:09:26	00:19:32.60	00:19:56.30	3:54	15.4
181	JASKÓLSKI BARTŁOMIEJ	478		OSTROŻEŃ PIERWSZY	POL	M 20	30	M 166		00:09:23	00:19:33.00	00:19:52.50	3:54	15.3
182	PLUTA PATRYK	1092		PRZEDBÓRZ	POL	M 20	31	M 167		00:08:57	00:19:33.05	00:19:47.00	3:54	15.3
183	MARON JACEK	860	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 50	17	M 168	ADIDAS RUNNERS WARSAW	00:08:52	00:19:33.40	00:19:48.80	3:54	15.3
184	OKHOTNIKOV MYKHAILO	984		WARSZAWA	UKR	M 20	32	M 169		00:09:00	00:19:34.10	00:19:48.35	3:54	15.3
185	WOŁOSEWICZ KAMIL	1578	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	51	M 170	TEAM ZABIEGANEDNI	00:09:22	00:19:34.95	00:19:50.70	3:54	15.3
186	BOCZARSKI PAWEŁ	93		WARSZAWA	POL	M 30	63	M 171		00:09:15	00:19:35.30	00:19:52.80	3:55	15.3
187	KOSIERADZKI TOMASZ	656	KS STASZEWCY	WARSZAWA	POL	M 30	64	M 172	KS STASZEWCY	00:09:21	00:19:36.10	00:19:58.65	3:55	15.3
188	SZTYLKO MICHAŁ	1401		WARSZAWA	POL	M 40	52	M 173		00:09:15	00:19:37.10	00:20:19.30	3:55	15.3
189	BARTOSZEK KONRAD	56		WARSZAWA	POL	M 40	53	M 174	ADIDAS RUNNERS WARSAW	00:09:25	00:19:37.15	00:19:55.70	3:55	15.3
190	JASIŃSKI ŁUKASZ	476		ZŁOTOKŁOS	POL	M 40	54	M 175		00:09:29	00:19:37.15	00:19:55.15	3:55	15.3
191	SOBCZAK GRZEGORZ	1300		ŁOMIANKI	POL	M 40	55	M 176		00:09:25	00:19:37.40	00:19:55.50	3:55	15.3
192	CIERNIEWSKI MACIEJ	183	ARTUR KOZŁOWSKI TEAM (PLANBIEGANIE.PL)	STACHOWO	POL	M 30	65	M 177	ARTUR KOZŁOWSKI TEAM (PLANBIEGANIE.PL)	00:09:22	00:19:38.80	00:19:55.15	3:55	15.3
193	STĘPIEŃ ANDRZEJ	1078	EXOTEAM	WARSZAWA	POL	M 40	56	M 178	EXOTEAM	00:08:56	00:19:39.05	00:20:11.05	3:55	15.3
194	TOMCZAK JOANNA	1452		WARSZAWA (URSYNÓW)	POL	K 30	10	K 16		00:09:08	00:19:39.20	00:19:53.25	3:55	15.3
195	MAZUR MAREK	888		BOBROWIEC	POL	M 50	18	M 179		00:09:14	00:19:39.20	00:19:52.45	3:55	15.3
196	MARZEC ZBIGNIEW	864	PIASECZYŃSKI BIEGACZ	PIASECZNO	POL	M 30	66	M 180		00:09:06	00:19:40.35	00:19:43.20	3:56	15.3
197	JURSKI SZYMON	505	KAZIKI	WARSZAWA	POL	M 30	67	M 181	KAZIKI	00:09:28	00:19:40.55	00:19:54.40	3:56	15.3
198	RELUGA GRZEGORZ	1178	CZARNECKI RUN TEAM	WARSZAWA	POL	M 50	19	M 182	CZARNECKI RUN TEAM	00:08:53	00:19:41.60	00:20:11.85	3:56	15.2
199	PRUCHNIAK ROBERT	1125	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 50	20	M 183	LIPIEC RUNNING TEAM	00:09:20	00:19:42.65	00:19:52.60	3:56	15.2
200	CZEREWACZ ANDRZEJ	1767		KRAKÓW	POL	M 20	33	M 184		00:09:24	00:19:44.30	00:20:02.30	3:56	15.2
201	GÓRSKI PATRYK	2028	UKS OSIR GÓRA KALWARIA	DOBIESZ	POL	M 16	6	M 185		00:08:37	00:19:44.35	00:20:14.10	3:56	15.2
202	MACIEJOWICZ MICHAŁ	817	VEGERUNNERS	WARSZAWA	POL	M 30	68	M 186		00:08:39	00:19:44.60	00:19:53.15	3:56	15.2
203	KOŁODZIEJSKI MICHAŁ	621	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 40	57	M 187	LIPIEC RUNNING TEAM	00:09:21	00:19:44.95	00:19:54.60	3:56	15.2
204	WAŚNIEWSKI PAWEŁ	1981		WARSZAWA	POL	M 20	34	M 188		00:09:01	00:19:45.20	00:19:59.55	3:57	15.2
205	ZUREK KAZIMIERZ	1675	M.I.L.A.	NOWA IWICZNA	POL	M 30	69	M 189		00:09:24	00:19:45.20	00:20:03.30	3:57	15.2
206	WOLSKI KRZYSZTOF	1576		WARSZAWA	POL	M 40	58	M 190		00:09:05	00:19:45.45	00:20:25.30	3:57	15.2
207	SOBOLEWSKI MATEUSZ	1303	ŻÓRAWSKI TEAM	WARSZAWA	POL	M 20	35	M 191	ŻÓRAWSKI TEAM	00:09:05	00:19:45.50	00:19:57.65	3:57	15.2
208	WIERZCHOŁOWSKI MARCIN	1529		WARSZAWA	POL	M 40	59	M 192		00:09:24	00:19:46.05	00:20:09.80	3:57	15.2
209	PISKALA DANIEL	1731	POWER TRAINING	WARSZAWA	POL	M 40	60	M 193		00:09:17	00:19:46.40	00:20:06.35	3:57	15.2
210	ANDERS DANIEL	23		MYSIADŁO	POL	M 40	61	M 194		00:09:06	00:19:47.50	00:19:56.15	3:57	15.2
211	STROJKOWSKI BARTOSZ	1352	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 40	62	M 195	ŁÓDŹ KOCHA SPORT	00:08:51	00:19:47.60	00:20:21.80	3:57	15.2
212	MATEJEK RAFAŁ	874	STOMILEX	WARSZAWA	POL	M 30	70	M 196		00:09:14	00:19:47.60	00:19:59.30	3:57	15.2
213	UMIASTOWSKI BARTOSZ	1492		NOWY DWÓR MAZOWIECKI	POL	M 20	36	M 197		00:09:24	00:19:48.85	00:20:12.55	3:57	15.2
214	ŁUKOMSKI JANUSZ	809	PKO BANK POLSKI	WARSZAWA	POL	M 40	63	M 198		00:09:24	00:19:48.95	00:20:05.75	3:57	15.2
215	ŁOCZEWSKI PAWEŁ	801		WARSZAWA	POL	M 60	2	M 199		00:09:07	00:19:51.10	00:20:24.70	3:58	15.1
216	SZYMAŃSKI ANDRZEJ	1417		WARSZAWA	POL	M 40	64	M 200		00:09:24	00:19:51.10	00:20:10.75	3:58	15.1
217	NIEMIRA MICHAŁ	959	MPK WYBIEGANIE	WARSZAWA	POL	M 30	71	M 201		00:09:26	00:19:51.10	00:20:07.10	3:58	15.1
218	KAWAŁOWSKI MARCIN	564		PRUSZKÓW	POL	M 40	65	M 202		00:09:26	00:19:51.25	00:20:15.50	3:58	15.1
219	GAŁĄŻKA TOMASZ	1787		BŁONIE	POL	M 40	66	M 203		00:09:12	00:19:51.45	00:20:15.20	3:58	15.1
220	ROSZKOWSKI WOJCIECH	1198		WARSZAWA	POL	M 60	3	M 204		00:09:19	00:19:51.75	00:20:16.90	3:58	15.1
221	PIOTROWSKI TOMASZ	1901		KONSTANCJIN JEZIORNA	POL	M 50	21	M 205		00:08:57	00:19:52.10	00:20:23.90	3:58	15.1
222	FABIŚIAK MARCIN	291	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	67	M 206	TEAM ZABIEGANEDNI #4	00:09:24	00:19:53.40	00:20:10.80	3:58	15.1
223	DUDEK IGOR	269		JELENIA GÓRA	POL	M 20	37	M 207		00:09:19	00:19:54.15	00:20:09.40	3:58	15.1
224	GREDA PIOTR	405		WARSZAWA	POL	M 30	72	M 208		00:09:23	00:19:55.00	00:20:15.35	3:59	15.1
225	KOZIOŁ KRZYSZTOF	683		WARSZAWA	POL	M 30	73	M 209		00:09:35	00:19:55.35	00:20:11.20	3:59	15.1
226	BISOWSKI MARIUSZ	87	MARUDY Z KOBYŁKI	KOBYŁKA	POL	M 40	68	M 210	MARUDY Z KOBYŁKI	00:09:29	00:19:55.95	00:20:13.90	3:59	15.1
227	SMOLIŃSKI MICHAŁ	1295		WARSZAWA	POL	M 40	69	M 211		00:09:20	00:19:57.55	00:20:16.35	3:59	15
228	SMOLEŃ PAWEŁ	1293		WARSZAWA	POL	M 30	74	M 212		00:09:23	00:19:58.70	00:20:18.75	3:59	15
229	MAŁEK ŁUKASZ	842	KARDIOLOGSPORTOWY.PL	WARSZAWA	POL	M 40	70	M 213		00:09:21	00:19:58.75	00:20:23.70	3:59	15
230	MIKA JAROSŁAW	1861	KONDYCJA PIASECZNO	PIASECZNO	POL	M 40	71	M 214		00:09:22	00:19:59.85	00:20:21.10	3:59	15
231	PEKAŁSKI MAREK	1054	TRIZARZA	WARSZAWA	POL	M 40	72	M 215		00:09:14	00:19:59.95	00:20:28.90	3:59	15

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
232	KONDRAT MIRON	2048		ZĄBKI	POL	M 16	7	M 216		00:09:26	00:20:00.95	00:20:23.05	4:00	15
233	MATVEYENKA DZIANIS	879		WARSZAWA	POL	M 30	75	M 217		00:09:25	00:20:01.05	00:20:20.80	4:00	15
234	PUSEK MIKOLAJ	1148	FPL TEAM	WARSZAWA	POL	M 20	38	M 218		00:09:21	00:20:01.55	00:20:22.15	4:00	15
235	PACIOREK EWA	250	KOBIETA BIEGA	MARKI	POL	K 30	11	K 17		00:09:21	00:20:01.60	00:20:17.00	4:00	15
236	MACIEJCZYK PIOTR	816	MCSP	WARSZAWA	POL	M 40	73	M 219		00:09:04	00:20:02.85	00:20:19.75	4:00	15
237	MUSIAŁ ANNA	939		WARSZAWA	POL	K 20	4	K 18		00:09:24	00:20:03.05	00:20:26.60	4:00	15
238	PIKUL PIOTR	1073		WARSZAWA	POL	M 40	74	M 220		00:09:26	00:20:04.95	00:20:22.00	4:00	15
239	ŚLIWOWSKA JUSTYNA	1962	#PLANBIEGANIE	ŁÓDŹ	POL	K 30	12	K 19	#PLANBIEGANIE	00:09:34	00:20:05.45	00:20:28.05	4:01	14.9
240	CZARNECKI SŁAWOMIR	1765		WARSZAWA	POL	M 30	76	M 221		00:08:54	00:20:05.55	00:20:28.85	4:01	14.9
241	KORYCIŃSKI ANDRZEJ	650		WARSZAWA	POL	M 30	77	M 222		00:09:28	00:20:05.70	00:20:26.10	4:01	14.9
242	RYBAK ADAM	1923	KONDYCJA PIASECZNO	USTANÓW	POL	M 40	75	M 223		00:09:21	00:20:05.90	00:20:27.15	4:01	14.9
243	BIELECKI BARTOSZ	561	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 30	78	M 224		00:09:27	00:20:05.95	00:20:27.60	4:01	14.9
244	PRZEWOZNIAK JAN	1136		WARSZAWA	POL	M 40	76	M 225		00:09:20	00:20:06.65	00:20:28.50	4:01	14.9
245	ULICZNY PAWEŁ	1487	REMBERTÓW TEAM	WARSZAWA	POL	M 40	77	M 226	REMBERTÓW TEAM	00:09:26	00:20:08.50	00:20:26.85	4:01	14.9
246	JAKUBIAK WOJCIECH	456		WARSZAWA	POL	M 20	39	M 227		00:09:21	00:20:08.55	00:20:27.65	4:01	14.9
247	ZYGOŃ KRZYSZTOF	1660		WARSZAWA	POL	M 30	79	M 228		00:09:03	00:20:10.80	00:20:49.60	4:02	14.9
248	PIOTROWSKI STANISŁAW	1900	AZS AWF WARSZAWA	KONSTANCIN-JEZIORNA	POL	M 14	3	M 229		00:09:16	00:20:11.30	00:20:24.65	4:02	14.9
249	KRAWCZYŃSKI PRZEMYSŁAW	808		WARSZAWA	POL	M 40	78	M 230		00:09:13	00:20:11.75	00:20:55.75	4:02	14.9
250	RATYŃSKI PAWEŁ	1165		MOGIELNICA	POL	M 30	80	M 231		00:09:21	00:20:13.60	00:20:19.50	4:02	14.8
251	MANCZENKO EUGENIUSZ	848	MARKOWI BIEGACZE	WARSZAWA	POL	M 40	79	M 232	MARKOWI BIEGACZE	00:09:25	00:20:13.60	00:20:30.80	4:02	14.8
252	CHRUŚCIEL LUCYNA	174	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30	13	K 20	ADIDAS RUNNERS WARSAW	00:09:37	00:20:14.55	00:20:42.05	4:02	14.8
253	ŚLIMKO DANIEL	1426		WARSZAWA	POL	M 30	81	M 233		00:09:21	00:20:15.50	00:20:51.55	4:03	14.8
254	JAMBOR MACIEJ	459		WARSZAWA	POL	M 30	82	M 234		00:09:30	00:20:15.80	00:20:35.15	4:03	14.8
255	WŁAZAŁEK NATALIA	1557	ADIDASRUNNERSWARSAW	PILAWA	POL	K 20	5	K 21	ADIDAS RUNNERS WARSAW	00:09:12	00:20:16.75	00:20:31.20	4:03	14.8
256	LEWANDOWSKI MICHAŁ	1836	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 20	40	M 235	ADIDAS RUNNERS WARSAW	00:09:17	00:20:18.15	00:20:34.35	4:03	14.8
257	MACIOŁEK DAREK	818	BNP PARIBAS RUNNING TEAM	SĘKOCIN STARY	POL	M 40	80	M 236	BNP PARIBAS RUNNING TEAM	00:09:12	00:20:18.65	00:20:56.20	4:03	14.8
258	ZUBRZYCKI JANUSZ	1658	OLDSKULL	LASKI	POL	M 40	81	M 237		00:09:23	00:20:18.75	00:20:38.10	4:03	14.8
259	MULAK MICHAŁ	936	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	82	M 238	TEAM ZABIEGANEDNI #3	00:09:34	00:20:20.50	00:21:08.30	4:04	14.8
260	MARCZUK ROBERT	857		ZIELONKA	POL	M 40	83	M 239		00:09:15	00:20:22.55	00:20:57.50	4:04	14.7
261	LETKOWSKI DARIUSZ	776	GAPMONT RUNNING TEAM	WARSZAWA	POL	M 40	84	M 240		00:09:25	00:20:23.05	00:20:37.10	4:04	14.7
262	NURZYŃSKI MARCIN	978	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	85	M 241	TEAM ZABIEGANEDNI #2	00:09:27	00:20:23.40	00:20:38.50	4:04	14.7
263	TRONIARZ OSKAR	1467	T&T BRO	MICHAŁOWICE	POL	M 16	8	M 242		00:09:23	00:20:23.50	00:20:37.10	4:04	14.7
264	RĘKAWEK PAULINA	1915	TEAM ZABIEGANEDNI	LIPOWO	POL	K 30	14	K 22	TEAM ZABIEGANEDNI	00:09:32	00:20:24.65	00:20:54.80	4:04	14.7
265	SMOLIŃSKI MATEUSZ	1296		WARSZAWA	POL	M 30	83	M 243		00:09:21	00:20:25.55	00:20:39.90	4:05	14.7
266	LACHOWSKI TOMASZ	757		WARSZAWA	POL	M 40	86	M 244		00:09:29	00:20:26.60	00:20:41.45	4:05	14.7
267	ŻURAWSKI MARCIN	1673	ADIDAS RUNNERS WARSAW/ DRUŻYNABLONDYNA	WARSZAWA	POL	M 40	87	M 245	ADIDAS RUNNERS WARSAW	00:09:21	00:20:27.10	00:21:08.00	4:05	14.7
268	GÓRSKI MACIEJ	392		WARSZAWA	POL	M 50	22	M 246		00:09:37	00:20:27.45	00:20:51.15	4:05	14.7
269	CZAPSKI KACPER	200	EMILKRÓLTEAM	GOLICE	POL	M 20	41	M 247		00:09:27	00:20:27.80	00:20:43.90	4:05	14.7
270	LENDZION MARCIN	774	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 16	9	M 248	GRUPA BIEGOWA UM W-WA	00:09:39	00:20:27.85	00:20:58.95	4:05	14.7
271	KUCHARSKI MACIEJ	721	KS STASZEWSKY	WARSZAWA	POL	M 30	84	M 249	KS STASZEWSKY	00:09:11	00:20:30.10	00:21:05.10	4:06	14.6
272	RUZIK RAFAŁ	1920	RURA TEAM	WARSZAWA	POL	M 40	88	M 250		00:09:48	00:20:31.05	00:21:01.80	4:06	14.6
273	CIEĆWIERZ MICHAŁ	181		WARSZAWA	POL	M 30	85	M 251		00:09:27	00:20:31.70	00:20:55.95	4:06	14.6
274	JASKÓLSKA MAGDA	477	VEGE RUNNERS	WARSZAWA	POL	K 30	15	K 23	VEGE RUNNERS URSYNÓW	00:09:37	00:20:31.95	00:20:48.25	4:06	14.6
275	SKROBEK ŁUKASZ	1931		ZĄBKI	POL	M 30	86	M 252		00:09:33	00:20:32.10	00:20:50.95	4:06	14.6
276	ALFUT GRZEGORZ	20	VELO SIERPC	SIERPC	POL	M 60	4	M 253		00:09:36	00:20:32.20	00:21:17.90	4:06	14.6
277	OWCZAREK BARTŁOMIEJ	1018	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 30	87	M 254	ŁÓDŹ KOCHA SPORT	00:09:46	00:20:32.20	00:21:03.80	4:06	14.6
278	PROSTKO DARIUSZ	1123	KB PACE WARSZAWA	POŚWIĘTNE	POL	M 30	88	M 255	KB PACE WARSZAWA	00:09:27	00:20:32.45	00:20:57.00	4:06	14.6

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
279	GMURZYŃSKI TOMASZ	368		RADZYMIN	AFG	M 30	89	M 256		00:09:53	00:20:33.30	00:21:07.55	4:06	14.6
280	ZAROŃ BARTŁOMIEJ	2129	AMT...	WARSZAWA	POL	M 40	89	M 257		00:09:23	00:20:34.10	00:21:23.65	4:06	14.6
281	KURNICKI MICHAŁ	746		WARSZAWA	POL	M 20	42	M 258		00:09:37	00:20:34.85	00:21:21.25	4:06	14.6
282	KUZIEMSKI MARCIN	748		WARSZAWA	POL	M 40	90	M 259		00:09:26	00:20:36.60	00:20:58.25	4:07	14.6
283	KUCHARSKI PIOTR	720	12TRI.PL	LUBARTÓW	POL	M 50	23	M 260	12TRI.PL	00:09:28	00:20:36.95	00:20:57.85	4:07	14.6
284	KOSMAŁA ANTONI	2119		WARSZAWA	POL	M 16	10	M 261		00:09:41	00:20:37.50	00:21:03.90	4:07	14.6
285	CHLAŚCIAK ADAM	159		WARSZAWA	POL	M 30	90	M 262		00:09:32	00:20:37.70	00:20:55.50	4:07	14.6
286	KULESZA DAMIAN	735	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	91	M 263	ADIDAS RUNNERS WARSAW	00:09:35	00:20:38.10	00:21:23.15	4:07	14.5
287	MALYSHKA ANDREI	841		WARSZAWA	BLR	M 30	92	M 264		00:09:54	00:20:38.45	00:21:08.60	4:07	14.5
288	BUDNICKI MICHAŁ	126		WARSZAWA	POL	M 40	91	M 265		00:09:26	00:20:38.50	00:20:56.50	4:07	14.5
289	SOKOŁOWSKI KONRAD	1312	WPRUNNING	NOWA WIEŚ	POL	M 40	92	M 266		00:09:48	00:20:38.95	00:21:15.60	4:07	14.5
290	ZYZAŃSKI MIKOŁAJ	1664		WARSZAWA	POL	M 20	43	M 267		00:09:36	00:20:41.35	00:21:36.90	4:08	14.5
291	RUZIK ANTONI	1921	RURA TEAM	WARSZAWA	POL	M 14	4	M 268		00:09:42	00:20:41.85	00:21:16.90	4:08	14.5
292	FONGANG PATRICK	316		WARSZAWA	POL	M 16	11	M 269		00:09:29	00:20:41.95	00:21:00.70	4:08	14.5
293	GRABOWSKI MICHAŁ	398	MORDERCZE OPONKI	SUCHEDNIÓW	POL	M 30	93	M 270	MORDERCZE OPONKI	00:09:21	00:20:42.10	00:21:06.65	4:08	14.5
294	SZYBALSKI MICHAŁ	1407		MARKI	POL	M 30	94	M 271		00:09:39	00:20:42.15	00:21:26.45	4:08	14.5
295	LEWIŃSKI BARTŁOMIEJ	780	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	93	M 272	TEAM ZABIEGANEDNI	00:09:26	00:20:43.00	00:20:59.80	4:08	14.5
296	DOMAGAŁA JAROSŁAW	1730	AKTYWNA WARSZAWA	WARSZAWA (OCHOTA)	POL	M 50	24	M 273	AKTYWNA WARSZAWA	00:09:47	00:20:43.70	00:21:15.15	4:08	14.5
297	STOBNICKI MATEUSZ	1944	GABIN BIEGA	BŁONIE	POL	M 30	95	M 274		00:09:49	00:20:43.80	00:21:12.85	4:08	14.5
298	KRZTOŃ KRZYSZTOF	710		WARSZAWA	POL	M 30	96	M 275		00:09:53	00:20:44.15	00:21:14.10	4:08	14.5
299	WITKOWSKI MIROSLAW	1989	PKS MOCZYMORDY	WARSZAWA (MOKOTÓW)	POL	M 30	97	M 276			00:20:44.40	00:20:44.40	4:08	14.5
300	URBAŃSKI MIROSLAW	1497		SIERADZ	POL	M 50	25	M 277		00:09:37	00:20:45.20	00:21:32.70	4:09	14.5
301	MAJEWSKA EWA	829		WARSZAWA	POL	K 40	3	K 24		00:09:36	00:20:46.05	00:21:06.00	4:09	14.4
302	BODZIOCH ARTUR	96	ŚLĘZAK TEAM	WARSZAWA	POL	M 30	98	M 278		00:09:57	00:20:46.15	00:21:19.90	4:09	14.4
303	KURIATA KAMIL	745		WARSZAWA	POL	M 40	94	M 279		00:09:36	00:20:46.20	00:21:33.50	4:09	14.4
304	TROŃSKI JACEK	1463	BIKE SALON TEAM	WARSZAWA	POL	M 40	95	M 280		00:09:55	00:20:47.95	00:21:17.90	4:09	14.4
305	FREJ DAMIAN	1723		ZGORZAŁA	POL	M 30	99	M 281		00:09:57	00:20:48.35	00:21:16.40	4:09	14.4
306	THIEL ALEKSANDER	1965		REGUŁY	POL	M 14	5	M 282		00:09:23	00:20:48.70	00:21:15.70	4:09	14.4
307	AUGUSTYŃSKI MARIUSZ	39		MARKI	POL	M 50	26	M 283		00:09:43	00:20:48.70	00:21:36.40	4:09	14.4
308	BARAŃSKI PIOTR	50		JÓZEFOSŁAW	POL	M 40	96	M 284		00:09:40	00:20:50.20	00:21:10.55	4:10	14.4
309	FELIGA MARIUSZ	299		GRANICE	POL	M 40	97	M 285		00:09:31	00:20:50.70	00:21:33.20	4:10	14.4
310	PAZDAN MATEUSZ	1049		WARSZAWA	POL	M 40	98	M 286		00:09:43	00:20:50.80	00:21:06.00	4:10	14.4
311	NOWOCIEŃ JACEK	975	UKS RUSIEC	PODKOWA LEŚNA	POL	M 60	5	M 287		00:09:35	00:20:50.90	00:21:11.30	4:10	14.4
312	STRUZIK ANNA	1354	KRZYSIO TEAM	ZGORZAŁA	POL	K 40	4	K 25		00:09:40	00:20:51.10	00:21:13.10	4:10	14.4
313	GASIOROWSKA ALICJA	342		PIASECZNO	POL	K 40	5	K 26	ŻÓRAWSKI TEAM	00:09:39	00:20:51.35	00:21:20.00	4:10	14.4
314	KOSESKI MACIEJ	654		WARSZAWA	POL	M 30	100	M 288		00:09:40	00:20:51.40	00:21:25.75	4:10	14.4
315	KAMIŃSKI TOMASZ	534		BYDGOSZCZ	POL	M 30	101	M 289		00:09:18	00:20:51.85	00:21:32.35	4:10	14.4
316	MAJ GRZEGORZ	826		WARSZAWA	POL	M 30	102	M 290		00:09:36	00:20:52.00	00:21:40.50	4:10	14.4
317	GONCHAROV MICHAEL	381	KS LEMIESZ TEAM	WARSZAWA	POL	M 30	103	M 291	KS LEMIESZ TEAM	00:09:54	00:20:53.40	00:21:17.25	4:10	14.4
318	PIECYK KACPER	1894		WARSZAWA	POL	M 16	12	M 292		00:09:34	00:20:53.65	00:21:25.30	4:10	14.4
319	PYSZEL ZUZANNA	1153		WARSZAWA	POL	K 20	6	K 27		00:09:56	00:20:54.00	00:21:22.20	4:10	14.4
320	GRYZ JACEK	417	SUNFIT STUDIO	NOWY DWÓR MAZOWIECKI	POL	M 40	99	M 293		00:09:54	00:20:55.25	00:21:28.35	4:11	14.3
321	GIEGIEL LUKASZ	354		WARSZAWA	POL	M 30	104	M 294		00:09:34	00:20:56.25	00:21:19.15	4:11	14.3
322	GOŁĘBIEWSKI ŁUKASZ	380		WARSZAWA	POL	M 40	100	M 295		00:09:37	00:20:56.50	00:21:11.70	4:11	14.3
323	GÓRCZYŃSKI MICHAŁ	387	KSSTASZEWSKY	WARSZAWA	POL	M 40	101	M 296	KS STASZEWSKY	00:09:36	00:20:56.80	00:21:19.80	4:11	14.3
324	SZYMAŃSKA AGNIESZKA	1413	BIEGOWY WARIAT RUNNING TEAM	ŁOMIANKI	POL	K 40	6	K 28	BIEGOWY WARIAT RUNNING TEAM	00:09:38	00:20:57.10	00:21:19.50	4:11	14.3
325	DWORAK ŁUKASZ	273		WARSZAWA	POL	M 16	13	M 297		00:09:51	00:20:57.15	00:21:27.50	4:11	14.3
326	TRONIAK MARCIN	1465		RASZYN	POL	M 40	102	M 298		00:09:57	00:20:58.60	00:21:37.05	4:11	14.3
327	GRUBKA MARCIN	2142		-	POL	M 40	103	M 299		00:10:08	00:20:58.60	00:21:32.75	4:11	14.3
328	URBANIAK ROBERT	1494	ORANGE POLSKA	WARSZAWA	POL	M 40	104	M 300		00:09:24	00:20:59.85	00:21:19.80	4:11	14.3
329	RĄBALSKI MARCIN	1167		WARSZAWA	POL	M 30	105	M 301	ADIDAS RUNNERS WARSAW	00:09:35	00:21:00.20	00:21:45.60	4:12	14.3
330	ŁATKOWSKI ŁUKASZ	797	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	M 40	105	M 302		00:10:01	00:21:01.10	00:22:08.20	4:12	14.3
331	ZAWODZIAN PIOTR	1638		WARSZAWA	POL	M 30	106	M 303		00:09:38	00:21:01.70	00:21:47.15	4:12	14.3
332	OLSZAK ZENON	998	KG OŻARÓW MAZOWIECKI BIEGA	WARSZAWA	POL	M 50	27	M 304	WARSAW RUN CLUB	00:09:20	00:21:03.15	00:21:38.90	4:12	14.3

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
333	KULIGOWSKI ADRIAN	1829		RADZYMIN	POL	M 20	44	M 305		00:09:48	00:21:03.45	00:21:54.40	4:12	14.3
334	SZORTYKA MARCIN	1396		WARSZAWA	POL	M 40	106	M 306		00:09:34	00:21:03.65	00:21:28.20	4:12	14.3
335	KNYCHAS DAREK	609	PZU SPORT TEAM	WARSZAWA	POL	M 50	28	M 307	PZU SPORT TEAM	00:09:59	00:21:03.80	00:21:36.60	4:12	14.3
336	ZAWADZKA KATARZYNA	1633		WARSZAWA	POL	K 40	7	K 29		00:09:54	00:21:05.50	00:21:29.15	4:13	14.2
337	KUNOWSKI MATEUSZ	743		WARSZAWA	POL	M 20	45	M 308		00:09:46	00:21:05.95	00:21:36.60	4:13	14.2
338	TYM JOANNA	1483	LIPIEC RUNNING TEAM	WARSZAWA	POL	K 40	8	K 30	LIPIEC RUNNING TEAM	00:09:46	00:21:06.50	00:21:16.55	4:13	14.2
339	ADAMCZYK PRZEMYSŁAW	12	ADIDAS RUNNERS WARSAW / RYKOWISKO TEAM	WARSZAWA	POL	M 40	107	M 309	ADIDAS RUNNERS WARSAW	00:10:11	00:21:06.90	00:22:09.20	4:13	14.2
340	CHOŁUJ ANNA	1755	WKZ KOZIENICE BBL	KOZIENICE	POL	K 30	16	K 31	WKZ KOZIENICE BBL	00:09:47	00:21:07.95	00:22:00.05	4:13	14.2
341	KLIBISZ SŁAWOMIR	594		WARSZAWA	POL	M 50	29	M 310		00:09:54	00:21:08.75	00:21:38.10	4:13	14.2
342	PRUCHNIEWSKI SŁAWOMIR	1128	WP	WARSZAWA	POL	M 40	108	M 311		00:09:55	00:21:08.80	00:21:33.75	4:13	14.2
343	TOLAK PIOTR	1449	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	107	M 312	ADIDAS RUNNERS WARSAW	00:09:32	00:21:09.00	00:21:51.00	4:13	14.2
344	KOWALSKI JAROSŁAW	680		PAPROTNIA	POL	M 40	109	M 313		00:09:49	00:21:09.05	00:21:33.20	4:13	14.2
345	ROMANOWSKI FILIP	2083		JÓZEFÓW	POL	M 16	14	M 314		00:10:11	00:21:09.05	00:22:12.75	4:13	14.2
346	KWIATKOWSKI MATEUSZ	1833	ROZBIEGANY PIASTÓW	PRUSZKÓW	POL	M 30	108	M 315	PAWKO RUNNER TEAM	00:09:59	00:21:09.90	00:21:42.75	4:13	14.2
347	DANIELAK ŁUKASZ	1719		HIPOLITOW	POL	M 30	109	M 316		00:09:19	00:21:10.10	00:21:48.10	4:14	14.2
348	SADOWSKA MONIKA	1228		WARSZAWA	POL	K 40	9	K 32		00:09:54	00:21:10.55	00:21:33.55	4:14	14.2
349	BIELIŃSKI ŁUKASZ	75		WARSZAWA	POL	M 40	110	M 317		00:09:33	00:21:10.60	00:22:04.35	4:14	14.2
350	BUDKOWSKI PATRYK	124		WARSZAWA	POL	M 30	110	M 318		00:09:30	00:21:11.30	00:21:30.25	4:14	14.2
351	KONDRAT OSKAR	2049		ZĄBKI	POL	M 16	15	M 319		00:09:09	00:21:11.70	00:21:51.25	4:14	14.2
352	MALESZKA PAWEŁ	835		JABŁONNA	POL	M 60	6	M 320		00:09:53	00:21:11.85	00:21:43.00	4:14	14.2
353	GOLI LESZEK	374	MOVADO RUNNERS	WARSZAWA	POL	M 40	111	M 321		00:10:02	00:21:11.95	00:22:17.95	4:14	14.2
354	DUDZIK BARTŁOMIJ	270		IZABELIN	POL	M 20	46	M 322		00:09:48	00:21:12.00	00:21:49.70	4:14	14.2
355	SUŁKOWSKI TYMON	1949		WARSZAWA	POL	M 14	6	M 323		00:09:39	00:21:12.35	00:21:45.30	4:14	14.2
356	ROSINSKI KRZYSZTOF	1194		WARSZAWA	POL	M 50	30	M 324		00:09:47	00:21:13.05	00:21:52.10	4:14	14.1
357	KWAŚNIEWSKI KRZYSZTOF	753		WARSZAWA	POL	M 50	31	M 325		00:10:08	00:21:13.35	00:22:12.20	4:14	14.1
358	ROŻEJ DAMIAN	1199	SPACE CAR AUTOMOTIVE	ZGORZAŁA	POL	M 30	111	M 326		00:09:56	00:21:14.80	00:22:02.60	4:14	14.1
359	KIBITLEWSKA EMILIA	572		SUWAŁKI	POL	K 30	17	K 33		00:09:49	00:21:15.00	00:21:39.45	4:15	14.1
360	NIEMCZYK DAMIAN	1717	DREAM RUN	WARSZAWA	POL	M 40	112	M 327		00:09:33	00:21:16.35	00:21:41.05	4:15	14.1
361	ŚWISTAK RAFAŁ	1435	WARSZAWA ANIN	WARSZAWA	POL	M 50	32	M 328		00:09:53	00:21:16.55	00:21:47.95	4:15	14.1
362	JAKUBCZAK WOJCIECH	455		WARSZAWA	POL	M 30	112	M 329		00:10:03	00:21:16.85	00:22:16.90	4:15	14.1
363	MYŚLIŃSKI MATEUSZ	944		WARSZAWA	POL	M 20	47	M 330		00:09:45	00:21:16.90	00:21:41.95	4:15	14.1
364	OBUKOWICZ MICHAŁ	980	EMILIA ANKIEWICZ TEAM	WARSZAWA	POL	M 30	113	M 331		00:09:55	00:21:17.20	00:21:35.75	4:15	14.1
365	WOŹNICKI PAWEŁ	1994		WARSZAWA	POL	M 20	48	M 332		00:09:55	00:21:18.15	00:21:49.15	4:15	14.1
366	MIERZEJEWSKI RAFAŁ	901	BIEGAJ W MŁAWIE	GRUDUSK	POL	M 20	49	M 333		00:10:33	00:21:18.70	00:22:06.05	4:15	14.1
367	STAŃSKI SŁAWOMIR	2140		-	POL	M 60	7	M 334		00:10:11	00:21:20.35	00:21:54.80	4:16	14.1
368	TRUSZKOWSKI KAMIL	1469		BIALYSTOK	POL	M 30	114	M 335		00:09:56	00:21:20.45	00:21:42.25	4:16	14.1
369	OSIAŁ MARIUSZ	1010	KB IM. PIOTRA SEKOWSKIEGO	PŁOŃSK	POL	M 40	113	M 336		00:09:51	00:21:20.50	00:21:52.10	4:16	14.1
370	KAMIŃSKI ŁUKASZ	539	PZU SPORT TEAM	ZĄBKI	POL	M 30	115	M 337		00:09:38	00:21:21.30	00:22:05.25	4:16	14.1
371	REMISZ ŁUKASZ	1181		WARSZAWA	POL	M 30	116	M 338		00:09:48	00:21:21.35	00:21:52.00	4:16	14.1
372	MOTYKA PIOTR	930	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	114	M 339	GÓRA BIEGA	00:10:12	00:21:21.85	00:21:54.80	4:16	14.1
373	DOŁĘGOWSKA JAKUB	2016	FUNDACJA MORSY WOŁOMIN KOBYŁKA	KOBYŁKA	POL	M 16	16	M 340		00:10:29	00:21:21.95	00:22:07.00	4:16	14.1
374	FIRADZA MICHAŁ	311		KROŚNIEWICE	POL	M 40	115	M 341		00:09:55	00:21:22.20	00:21:51.35	4:16	14
375	MACHALSKI MATEUSZ	813	ASP HOOLIGANS	WARSZAWA	POL	M 30	117	M 342		00:10:10	00:21:22.20	00:21:39.55	4:16	14
376	STRYJEWSKI SEBASTIAN	1355		WARSZAWA	POL	M 30	118	M 343		00:10:01	00:21:22.55	00:22:19.25	4:16	14
377	SZAŁAŃSKI PRZEMYSŁAW	1383		WARSZAWA	POL	M 30	119	M 344		00:09:59	00:21:22.90	00:21:56.45	4:16	14
378	SKUBISZEWSKI PIOTR	1935		WARSZAWA	POL	M 40	116	M 345		00:10:01	00:21:22.90	00:22:22.65	4:16	14
379	NIKIEL SZYMON	1881		KRAKÓW	POL	M 30	120	M 346		00:09:48	00:21:23.35	00:21:49.15	4:16	14
380	NALEPA SZYMON	949		WARSZAWA	POL	M 30	121	M 347		00:10:06	00:21:24.60	00:22:26.40	4:16	14
381	FILCZAK DANIEL	310	BIEGOWY WARIAT RUNNING TEAM	PRUSZKÓW	POL	M 40	117	M 348	BIEGOWY WARIAT RUNNING TEAM	00:10:06	00:21:24.75	00:22:26.75	4:16	14
382	MARSZAŁEK MARCIN	861		WARSZAWA	POL	M 30	122	M 349		00:09:58	00:21:24.95	00:21:45.60	4:16	14
383	REMBELSKA DOMINIKA	1179		JÓZEFOSŁAW	POL	K 50	1	K 34		00:09:53	00:21:25.35	00:21:34.60	4:17	14
384	MILCZARCYK DARIUSZ	1862	WKZ KOZIENICE BBL	KOZIENICE	POL	M 30	123	M 350	WKZ KOZIENICE BBL	00:10:07	00:21:26.00	00:21:59.80	4:17	14
385	WIŚNIEWSKI MACIEK	1550		WARSZAWA	POL	M 40	118	M 351		00:09:59	00:21:26.50	00:22:16.80	4:17	14

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
386	SYLWESTROWICZ WOJCIECH	1952	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 40	119	M 352	ŁÓDŹ KOCHA SPORT	00:10:00	00:21:26.85	00:21:58.80	4:17	14
387	SZAREK GUSTAW	1955		WARSZAWA	POL	M 30	124	M 353	WALENTINO ULTRAS	00:10:20	00:21:27.25	00:22:12.80	4:17	14
388	BAS MICHAŁ	57		WARSZAWA	POL	M 30	125	M 354		00:10:03	00:21:27.75	00:22:00.85	4:17	14
389	IWANIUK TOMASZ	443	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M 40	120	M 355		00:10:03	00:21:27.80	00:21:57.40	4:17	14
390	OKRASA MICHAŁ	985		WARSZAWA	POL	M 20	50	M 356		00:09:47	00:21:28.00	00:22:04.20	4:17	14
391	KOPEĆ TOMASZ	1821		WARSZAWA	POL	M 40	121	M 357		00:10:16	00:21:28.35	00:22:20.25	4:17	14
392	STRZELECKI PIOTR	1360		WARSZAWA	POL	M 40	122	M 358		00:09:59	00:21:28.45	00:21:57.90	4:17	14
393	KALBARCZYK WOJTEK	520	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	126	M 359	ADIDAS RUNNERS WARSAW	00:09:56	00:21:28.85	00:21:56.75	4:17	14
394	GRYCNER PAWEŁ	414	CTS	WARSZAWA	POL	M 30	127	M 360		00:09:54	00:21:29.00	00:21:53.45	4:17	14
395	KOWALSKI ROBERT	676	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 60	8	M 361		00:09:58	00:21:29.85	00:22:21.00	4:17	14
396	PRZYWARA MICHAŁ	1141		WARSZAWA	POL	M 40	123	M 362		00:10:12	00:21:30.10	00:21:39.85	4:18	14
397	BAZYLUK ANDRZEJ	1743		WARSZAWA	POL	M 50	33	M 363		00:09:38	00:21:30.60	00:22:21.50	4:18	14
398	CHMIELEWSKI MACIEJ	162		WARSZAWA	POL	M 40	124	M 364		00:10:30	00:21:31.40	00:22:15.75	4:18	13.9
399	TELEŃNICKI GRZEGORZ	1963	BBL_GROTY	WARSZAWA	POL	M 50	34	M 365		00:10:14	00:21:32.00	00:22:17.95	4:18	13.9
400	FALBA ZBIGNIEW	296	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M 50	35	M 366	BIEGNIJ Z PROSERVICE	00:10:26	00:21:32.00	00:22:18.95	4:18	13.9
401	NOWAKOWSKA KATARZYNA	969	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 40	10	K 35	ADIDAS RUNNERS WARSAW	00:09:52	00:21:33.65	00:22:20.05	4:18	13.9
402	GWIAZDA MARCIN	423		WARSZAWA	POL	M 30	128	M 367		00:10:28	00:21:33.85	00:22:22.10	4:18	13.9
403	KUBICKI JAKUB	716	ESSA	WARSZAWA	POL	M 20	51	M 368	ESSA	00:10:14	00:21:35.10	00:22:37.40	4:19	13.9
404	POŁCZYŃSKI MACIEJ	1906		WARSZAWA	POL	M 20	52	M 369		00:10:29	00:21:35.55	00:23:25.75	4:19	13.9
405	MACHOŃ PAWEŁ	814	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	125	M 370	GRUPA BIEGOWA UM W-WA	00:10:26	00:21:35.95	00:22:12.00	4:19	13.9
406	RUDNIK MARCIN	1205		WARSZAWA	POL	M 40	126	M 371		00:10:11	00:21:38.20	00:22:06.00	4:19	13.9
407	PALUCH KAMIL	1029		WARSZAWA	POL	M 30	129	M 372		00:10:07	00:21:38.90	00:22:41.60	4:19	13.9
408	KORAL JAKUB	637		WARSZAWA	POL	M 30	130	M 373		00:09:59	00:21:39.95	00:22:06.35	4:19	13.9
409	ZENTARA ZBIGNIEW	1644		WARSZAWA	POL	M 40	127	M 374		00:09:27	00:21:40.00	00:22:00.30	4:20	13.8
410	RAKOMSIN YURY	1912		WARSZAWA	POL	M 40	128	M 375		00:09:55	00:21:40.20	00:22:09.15	4:20	13.8
411	ZENTARA MATEUSZ	1645		WARSZAWA	POL	M 16	17	M 376		00:09:28	00:21:40.50	00:22:00.60	4:20	13.8
412	JARZYŃSKI KAMIL	474		WARSZAWA	POL	M 30	131	M 377		00:10:28	00:21:41.15	00:22:28.85	4:20	13.8
413	WNUK TOMASZ	1563		WARSZAWA	POL	M 40	129	M 378		00:10:11	00:21:41.60	00:22:43.55	4:20	13.8
414	BUKAŁA OKTAWIA	134	VEGE RUNNERS	WARSZAWA	POL	K 30	18	K 36	VEGE RUNNERS RESZTA ŚWIATA	00:10:14	00:21:44.10	00:22:50.35	4:20	13.8
415	PROBOSZ STANISŁAW	2080		WARSZAWA	POL	M 16	18	M 379		00:10:23	00:21:45.30	00:22:03.45	4:21	13.8
416	SAJKOWSKI ANDRZEJ	1232	METRO WARSZAWSKIE	WARSZAWA	POL	M 70	1	M 380		00:09:55	00:21:45.50	00:22:08.50	4:21	13.8
417	POMASKI PAWEŁ	1104	WARSAW RUN CLUB	WARSZAWA	POL	M 50	36	M 381	WARSAW RUN CLUB	00:10:12	00:21:45.70	00:22:40.05	4:21	13.8
418	JEDNACHOWSKI MARCIN	485	PUCK	WARSZAWA	POL	M 30	132	M 382		00:10:29	00:21:46.75	00:22:33.00	4:21	13.8
419	MACKENTHUN TOMASZ	2056		WARSZAWA	POL	M 16	19	M 383		00:09:47	00:21:48.30	00:22:06.40	4:21	13.8
420	BOJARSKI MAREK	69		WARSZAWA	POL	M 30	133	M 384		00:09:51	00:21:49.15	00:22:03.50	4:21	13.8
421	TROJDAN SEBASTIAN	1464	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	130	M 385	TEAM ZABIEGANEDNI	00:10:19	00:21:49.20	00:22:24.75	4:21	13.8
422	BUKOWIŃSKI DAMIAN	135		WARSZAWA	POL	M 30	134	M 386		00:10:47	00:21:49.85	00:23:33.80	4:21	13.8
423	WOJTASZKO JUSTYNA	1572	WARTA	WARTA	POL	K 20	7	K 37			00:21:50.00	00:22:51.65	4:22	13.7
424	PIASECKI TOMASZ	1056		WARSZAWA	POL	M 40	131	M 387		00:10:08	00:21:51.60	00:22:41.40	4:22	13.7
425	DRAGAN RADOŚLAW	257		WARSZAWA	POL	M 40	132	M 388		00:10:15	00:21:51.90	00:22:17.20	4:22	13.7
426	BURZYKOWSKI JAKUB	141		ŁOWICZ	POL	M 20	53	M 389		00:10:32	00:21:53.20	00:23:09.15	4:22	13.7
427	GAŁECKI MICHAŁ	337	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 50	37	M 390	ADIDAS RUNNERS WARSAW	00:09:51	00:21:53.40	00:22:25.30	4:22	13.7
428	KOŁOSOWSKI PIOTR	1818		WARSZAWA	POL	M 40	133	M 391		00:10:29	00:21:53.50	00:22:38.00	4:22	13.7
429	KLAMBOROWSKI ARTUR	590	KB PACE WARSZAWA	WARSZAWA	POL	M 30	135	M 392	KB PACE WARSZAWA	00:10:32	00:21:53.65	00:22:40.10	4:22	13.7
430	CIOK PRZEMEK	190	KS STASZEWCY	WARSZAWA	POL	M 40	134	M 393	KS STASZEWCY	00:10:00	00:21:54.45	00:22:06.30	4:22	13.7
431	SIESTRZYKOWSKA KATARZYNA	1254		WARSZAWA	POL	K 30	19	K 38		00:09:58	00:21:54.75	00:22:23.90	4:22	13.7
432	RELUGA MAŁGORZATA	1177	CZARNECKI RUN TEAM	WARSZAWA	POL	K 50	2	K 39	CZARNECKI RUN TEAM	00:10:22	00:21:55.55	00:22:13.05	4:23	13.7
433	DĄBROWSKI LEONARD	2014		WARSZAWA	POL	M 12	1	M 394		00:10:30	00:21:55.55	00:22:55.80	4:23	13.7
434	SAPIGÓRSKI RAFAŁ	1233		WARSZAWA	POL	M 40	135	M 395		00:10:40	00:21:55.85	00:22:59.10	4:23	13.7
435	PILNIAK MARIUSZ	1077	AKTYWNA WARSZAWA	WARSZAWA	POL	M 40	136	M 396	AKTYWNA WARSZAWA	00:10:29	00:21:56.00	00:22:40.85	4:23	13.7
436	GOLEC TOMASZ	373		WARSZAWA	POL	M 50	38	M 397		00:10:08	00:21:56.80	00:22:33.00	4:23	13.7
437	ŁANDWIJT MARCIN	794		KONSTANTYNÓW ŁÓDZKI	POL	M 50	39	M 398		00:10:34	00:21:56.80	00:22:41.25	4:23	13.7

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
438	STRZYŻEWSKI ARKADIUSZ	1361	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	137	M 399		00:10:12	00:21:56.85	00:23:04.85	4:23	13.7
439	GRZYWACZ MARCIN	421		WARSZAWA	POL	M 40	138	M 400		00:10:30	00:21:57.90	00:22:35.50	4:23	13.7
440	KUCIŃSKI HUBERT	728	ONSLOW - SEKJA DZIADKÓW	WARSZAWA	POL	M 40	139	M 401		00:10:11	00:21:58.00	00:23:09.10	4:23	13.7
441	ZALASA WOJCIECH	1617		ŁÓDŹ	POL	M 50	40	M 402	ŁÓDŹ KOCHA SPORT	00:10:12	00:21:59.35	00:22:31.25	4:23	13.6
442	RUTKOWSKI MICHAŁ	1211		WARSZAWA	POL	M 40	140	M 403		00:10:15	00:21:59.40	00:23:03.45	4:23	13.6
443	CICHOCKI MARIUSZ	178	WARSAW RUN CLUB	WARSZAWA	POL	M 30	136	M 404	WARSAW RUN CLUB	00:10:18	00:21:59.90	00:22:32.10	4:23	13.6
444	BAK OSKAR	61	MADMAN TEAM	OTWOCK	POL	M 20	54	M 405		00:10:27	00:22:00.30	00:22:45.65	4:24	13.6
445	ZGODA MATEUSZ	1646		WARSZAWA	POL	M 30	137	M 406	NAPRZÓD MŁOCINY	00:10:31	00:22:00.40	00:22:43.70	4:24	13.6
446	NIEDŹWIADEK CZESŁAW	958	NIEDŹWIADKI RUNNING TEAM	WARSZAWA	POL	M 60	9	M 407		00:10:09	00:22:02.40	00:22:47.30	4:24	13.6
447	WITKOWSKI MICHAŁ	16		WARSZAWA	POL	M 40	141	M 408		00:10:06	00:22:02.50	00:22:33.55	4:24	13.6
448	BUCZKOWSKI PIOTR	121		WARSZAWA	POL	M 40	142	M 409		00:10:16	00:22:02.55	00:22:30.45	4:24	13.6
449	SPRAWKA MAGDALENA	1325		SIEDLCE	POL	K 20	8	K 40		00:10:18	00:22:02.95	00:22:28.30	4:24	13.6
450	BIENKOWSKI DANIEL	79		WARSZAWA	POL	M 30	138	M 410		00:10:21	00:22:03.70	00:23:34.35	4:24	13.6
451	HUCAŁ GRZEGORZ	439	RCI WARSZAWA	WARSZAWA	POL	M 30	139	M 411		00:10:19	00:22:04.05	00:22:22.20	4:24	13.6
452	TURSKI KRYSZTIAN	1973		WARSZAWA	POL	M 30	140	M 412		00:10:36	00:22:04.70	00:22:42.75	4:24	13.6
453	BOROVKOV SERGIJ	101	ADIDAS RANNERS WARSZAW	WARSZAWA	POL	M 40	143	M 413	ADIDAS RUNNERS WARSZAW	00:10:11	00:22:05.90	00:22:37.80	4:25	13.6
454	SZTARBAŁA EWA	1400	LIPIEC RUNNING TEAM	WARSZAWA	POL	K 40	11	K 41		00:10:14	00:22:05.95	00:22:38.15	4:25	13.6
455	BUDZIK DARIUSZ	128		ZALESIE GÓRNE	POL	M 50	41	M 414		00:10:21	00:22:06.15	00:23:10.20	4:25	13.6
456	GADOMSKA ANNA	326	PZU SPORT TEAM	WARSZAWA	POL	K 40	12	K 42	PZU SPORT TEAM	00:10:24	00:22:06.85	00:23:27.40	4:25	13.6
457	MASALSKI MACIEJ	866		WARSZAWA	POL	M 16	20	M 415		00:10:27	00:22:08.15	00:22:54.25	4:25	13.6
458	WRÓBLEWSKI JACEK	1592		JÓZEFÓW	POL	M 40	144	M 416		00:10:30	00:22:08.95	00:22:53.20	4:25	13.6
459	GŁODOWSKA MARTA	366	ŻÓRAWSKI TEAM	WARSZAWA	POL	K 30	20	K 43	ŻÓRAWSKI TEAM	00:10:09	00:22:09.00	00:22:45.00	4:25	13.5
460	WITKOWSKI MICHAŁ	1554		JÓZEFÓW	POL	M 40	145	M 417		00:10:31	00:22:09.40	00:22:53.05	4:25	13.5
461	KLUJ BOGUSŁAW	602	BIEGAM DLA SANDRY I ROBERTA	ZAKRĘT	POL	M 60	10	M 418		00:10:31	00:22:10.85	00:22:57.75	4:26	13.5
462	WYRZYKOWSKI ANTONI	2110		KONSTANCIN	POL	M 16	21	M 419		00:10:31	00:22:11.15	00:23:26.70	4:26	13.5
463	PĄPROWICZ TYMON	2076		WARSZAWA	POL	M 14	7	M 420	CHŁOPAKI Z KEN	00:10:42	00:22:13.05	00:23:36.20	4:26	13.5
464	SOŁOWIOW MARCIN	1317	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	146	M 421	BIEGOWY WARIAT RUNNING TEAM	00:10:05	00:22:13.55	00:22:36.15	4:26	13.5
465	KASHIVSKYY OLEH	554	DUCLA ACADEMY	WARSZAWA	POL	M 50	42	M 422		00:10:20	00:22:14.00	00:22:43.65	4:26	13.5
466	PAŚ SZYMON	60		WARSZAWA	POL	M 30	141	M 423		00:10:32	00:22:14.00	00:23:02.90	4:26	13.5
467	WOJTAS JANUSZ	1571		WARSZAWA	POL	M 50	43	M 424		00:10:32	00:22:15.00	00:23:35.40	4:27	13.5
468	RZYMOWSKA KRYSZYNA	1223		WARSZAWA	POL	K 50	3	K 44		00:10:28	00:22:15.05	00:22:59.60	4:27	13.5
469	CHEŁCHOWSKI MICHAŁ	155	PAWKO RUNNER TEAM	WARSZAWA	POL	M 20	55	M 425	PAWKO RUNNER TEAM	00:10:28	00:22:15.15	00:22:47.95	4:27	13.5
470	SZOT FRANCISZEK	2098		WARSZAWA	POL	M 14	8	M 426		00:10:28	00:22:15.60	00:23:14.90	4:27	13.5
471	ORZESZEK PIOTR	1008	TRIWAWA	WARSZAWA	POL	M 30	142	M 427		00:09:58	00:22:17.10	00:22:56.70	4:27	13.5
472	KOWALSKI MARIUSZ	678		WARSZAWA	POL	M 40	147	M 428		00:10:46	00:22:18.95	00:24:00.35	4:27	13.5
473	SZAFRAN MARIUSZ	1378		BRWINÓW	POL	M 40	148	M 429		00:10:45	00:22:19.45	00:23:38.80	4:27	13.4
474	PASIŃSKI DANIEL	1038	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	149	M 430	GRUPA BIEGOWA UM W-WA	00:10:50	00:22:19.60	00:23:25.90	4:27	13.4
475	MNICH ZBIGNIEW	1865		LIPOWO	POL	M 40	150	M 431		00:10:05	00:22:20.00	00:22:50.35	4:28	13.4
476	BUDNICKA JOANNA	125		WARSZAWA	POL	K 40	13	K 45		00:09:58	00:22:20.15	00:22:30.95	4:28	13.4
477	MATOWICKI MICHAŁ	877		WARSZAWA	POL	M 30	143	M 432		00:10:49	00:22:21.45	00:23:18.45	4:28	13.4
478	KALINOWSKI PATRYK	523	PENDZONCY JELEN	WARSZAWA	POL	M 30	144	M 433		00:10:14	00:22:21.55	00:23:31.10	4:28	13.4
479	PUCHALSKI JAN	1142		ŁOWICZ	POL	M 20	56	M 434		00:10:50	00:22:23.45	00:23:19.90	4:28	13.4
480	STANKIEWICZ PIOTR	1333		MARKI	POL	M 30	145	M 435		00:10:17	00:22:24.00	00:23:26.10	4:28	13.4
481	PACEK GERARD	2073		WARSZAWA	POL	M 16	22	M 436		00:10:16	00:22:24.20	00:23:23.05	4:28	13.4
482	KOPCZEWSKI MICHAŁ	629	ROYAL GOLF CLUB WILANÓW	WARSZAWA	POL	M 50	44	M 437	ROYAL GOLF CLUB WILANÓW	00:10:33	00:22:24.25	00:23:15.10	4:28	13.4
483	DZIERŻANOWSKI KAJETAN	283	MORSY SHARK TEAM	WARSZAWA	POL	M 30	146	M 438		00:10:32	00:22:25.60	00:23:14.50	4:29	13.4
484	ŻEBROWSKI DARIUSZ	1665		WARSZAWA	POL	M 40	151	M 439		00:10:26	00:22:25.70	00:23:12.70	4:29	13.4
485	GRZĄDZIEL PAWEŁ	418	ADIDAS RUNNERS WARSZAW	WARSZAWA	POL	M 50	45	M 440	ADIDAS RUNNERS WARSZAW	00:10:31	00:22:26.35	00:23:18.80	4:29	13.4
486	MONASTYRSKI MIKOŁAJ	923		WARSZAWA	POL	M 30	147	M 441		00:10:39	00:22:26.60	00:23:41.45	4:29	13.4
487	RÓŻYCKI GRZEGORZ	1201		ŁÓDŹ	POL	M 60	11	M 442		00:10:12	00:22:26.90	00:22:56.20	4:29	13.4
488	DOBROCZYŃSKI LECH	104				M 50	46	M 443			00:22:27.00	00:22:51.00	4:29	13.4
489	KOWALSKI MATEUSZ	675		KONSTANCIN-JEZIORNA	POL	M 40	152	M 444		00:10:36	00:22:27.15	00:23:14.35	4:29	13.4

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
490	WASILEWSKI ROBERT	1512	COP - DKP	WARSZAWA	POL	M 50	47	M 445		00:10:35	00:22:28.00	00:23:36.30	4:29	13.4
491	CISOŃ DOMINIK	192		JÓZEFOSŁAW	POL	M 40	153	M 446		00:10:23	00:22:29.10	00:23:27.40	4:29	13.3
492	OWOC TOMASZ	1022	ADIDAS RUNNERS WARSAW / PKO BANK POLSKI	WARSZAWA	POL	M 50	48	M 447	ADIDAS RUNNERS WARSAW	00:10:30	00:22:29.70	00:23:15.50	4:29	13.3
493	WIRKUS TYMOTEUSZ	1546		GDAŃSK	POL	M 30	148	M 448		00:11:01	00:22:29.80	00:23:23.75	4:29	13.3
494	WOJEWÓDZKI MARCIN	1570	WOJEWÓDZCY TEAM	WARSZAWA	POL	M 30	149	M 449		00:10:48	00:22:29.85	00:23:34.50	4:29	13.3
495	KUCHTA PAWEŁ	725		MACIEJOWICE	POL	M 40	154	M 450			00:22:30.10	00:23:16.05	4:30	13.3
496	LIPSZYC ALEKSANDER	1708		WARSZAWA	POL	M 20	57	M 451		00:09:46	00:22:30.60	00:22:57.80	4:30	13.3
497	PRZYDALSKI WOJTEK	1140		WARSZAWA	POL	M 30	150	M 452		00:10:33	00:22:30.95	00:23:18.15	4:30	13.3
498	RENKIEWICZ MAKSYMILIAN	1182		WARSZAWA	POL	M 30	151	M 453		00:10:41	00:22:31.05	00:23:59.00	4:30	13.3
499	TRACZEWSKI JAN	1458		WARSZAWA	POL	M 20	58	M 454		00:09:55	00:22:31.30	00:23:16.35	4:30	13.3
500	KASZA MARCIN	560	GALOPUJĄCY ŻÓŁW	BUSKO ZDRÓJ	POL	M 40	155	M 455		00:10:55	00:22:32.80	00:23:29.80	4:30	13.3
501	ZAWADA KONRAD	2130		WARSZAWA	POL	M 30	152	M 456		00:11:16	00:22:33.15	00:25:53.25	4:30	13.3
502	GRYGOWSKI KRYSPIŃ	2029		JABŁONNA	POL	M 14	9	M 457		00:10:51	00:22:33.55	00:23:40.70	4:30	13.3
503	WIĘCZKOWSKI WOJCIECH	1537		WARSZAWA	POL	M 40	156	M 458		00:10:43	00:22:33.90	00:23:52.75	4:30	13.3
504	SŁEPOWRŃSKI JAKUB	1424	PZU SPORT TEAM	WARSZAWA	POL	M 30	153	M 459	PZU SPORT TEAM	00:10:57	00:22:34.05	00:23:32.00	4:30	13.3
505	WOJCIECHOWSKI ANDRZEJ	1568		KOLONIA LESZNOWOLA	POL	M 30	154	M 460		00:10:57	00:22:34.40	00:23:30.90	4:30	13.3
506	CZERNIEWSKI MAREK	1769		WARSZAWA	POL	M 40	157	M 461		00:10:39	00:22:36.00	00:23:50.30	4:31	13.3
507	S KONSTANTYN	1224		WARSZAWA	POL	M 30	155	M 462		00:10:15	00:22:36.35	00:22:42.75	4:31	13.3
508	SKRZYPEK MICHAŁ	1280	SASKŁĄCZ TEAM	WARSZAWA	POL	M 30	156	M 463		00:10:39	00:22:36.35	00:24:26.75	4:31	13.3
509	SŁOMKA DOMINIKA	1288	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 30	21	K 46	TEAM ZABIEGANEDNI #1	00:10:29	00:22:37.00	00:23:22.10	4:31	13.3
510	PIECHOTA PIOTR	1893		WARSZAWA	POL	M 16	23	M 464		00:10:11	00:22:37.05	00:22:49.80	4:31	13.3
511	SOKOŁOWSKI FRANEK	2090		WARSZAWA	POL	M 16	24	M 465		00:10:36	00:22:38.10	00:23:52.70	4:31	13.3
512	SZCZEPANIAK PAWEŁ	1386	SPORTOHOLIK	PIASECZNO	POL	M 40	158	M 466		00:10:12	00:22:39.20	00:23:46.50	4:31	13.2
513	WITON TOMASZ	1990	BIEGANIE POD SOKOLIM OKIEM	WARSZAWA	POL	M 40	159	M 467		00:10:35	00:22:40.45	00:23:31.10	4:32	13.2
514	MAGNUSKI PIOTR	825		WARSZAWA	POL	M 40	160	M 468		00:10:20	00:22:40.85	00:23:10.30	4:32	13.2
515	TRACZ JAKUB	1457	CSWP RUNNING TEAM	WARSZAWA	POL	M 30	157	M 469	CSWP RUNNING TEAM	00:10:43	00:22:41.35	00:23:39.05	4:32	13.2
516	ZAJĄC DAWID	1614		WARSZAWA	POL	M 20	59	M 470		00:10:54	00:22:41.90	00:24:05.70	4:32	13.2
517	LEŚNIAK BARBARA	2055	LEŚNIAKTEAM	WARSZAWA	POL	K 12	1	K 47		00:11:02	00:22:42.05	00:23:45.90	4:32	13.2
518	MACANDER JAKUB	812		SKIERNIEWICE	POL	M 20	60	M 471		00:10:36	00:22:42.45	00:23:17.20	4:32	13.2
519	MATYSZCZAK KRZYSZTOF	883	KENKO	WARSZAWA	POL	M 40	161	M 472	KENKO	00:10:55	00:22:42.75	00:23:51.05	4:32	13.2
520	GWÓDŹ MACIEJ	2030		WARSZAWA	POL	M 14	10	M 473	SP NR 9 STO	00:10:58	00:22:42.90	00:23:37.95	4:32	13.2
521	ZIEMKOWSKI TOBIASZ	1651	KSSTASZEWSKY	WARSZAWA	POL	M 30	158	M 474	KS STASZEWSKY		00:22:42.90	00:23:37.80	4:32	13.2
522	SOCHA JAN	1305		WARSZAWA	POL	M 60	12	M 475			00:22:43.00	00:23:17.00	4:32	13.2
523	WALCZAK MATEUSZ	1505		WARSZAWA	POL	M 30	159	M 476		00:10:50	00:22:43.05	00:23:38.25	4:32	13.2
524	PIENIAŻEK LESZEK	1895	AKTYWNA WARSZAWA	WARSZAWA	POL	M 60	13	M 477	AKTYWNA WARSZAWA	00:11:00	00:22:43.50	00:24:01.90	4:32	13.2
525	KOLASZT WOJTEK	1817	RACEFIGTER JUNIOR	STARA NIEDZIAŁKA	POL	M 14	11	M 478		00:10:23	00:22:43.75	00:23:44.45	4:32	13.2
526	SZWEDA-LEWANDOWSKA ZOFIA	1406		WARSZAWA	POL	K 40	14	K 48		00:10:46	00:22:43.75	00:24:11.95	4:32	13.2
527	SOBIESZEK PIOTR	1301		WARSZAWA	POL	M 40	162	M 479		00:10:44	00:22:44.40	00:23:34.40	4:32	13.2
528	WOSZTYL TOMASZ	1580		WARSZAWA (ŚRÓDMIEŚCIE)	POL	M 30	160	M 480		00:09:51	00:22:44.60	00:23:32.90	4:32	13.2
529	ZBOROCH ROBERT	1640		WARSZAWA	POL	M 30	161	M 481		00:11:04	00:22:44.70	00:23:32.00	4:32	13.2
530	TASZYCKI WIEŚLAW	1439		WOLA UHRUSKA	POL	M 50	49	M 482		00:10:36	00:22:44.80	00:24:17.85	4:32	13.2
531	JERECZEK ADA	488	AKTYWNA WARSZAWA	WARSZAWA	POL	K 20	9	K 49	AKTYWNA WARSZAWA	00:10:55	00:22:44.90	00:23:43.10	4:32	13.2
532	MATEUSZ DUCH	876	GÓRA BIEGA	GÓRA KALWARIA	POL	M 30	162	M 483		00:10:22	00:22:45.75	00:23:36.75	4:33	13.2
533	SUŁKOWSKI RAFAŁ	1948		WARSZAWA	POL	M 50	50	M 484		00:10:26	00:22:45.95	00:23:39.65	4:33	13.2
534	PODKAŃSKI PAWEŁ	1097		WARSZAWA	POL	M 30	163	M 485		00:10:32	00:22:46.15	00:23:20.20	4:33	13.2
535	JAROSIŃSKI ŁUKASZ	472	TAŃCZĄCE MUCHOMORKI	KRZEWINA	POL	M 40	163	M 486		00:10:21	00:22:46.70	00:23:44.20	4:33	13.2
536	SKIERCZYŃSKI GRZEGORZ	1273		WARSZAWA	POL	M 40	164	M 487		00:11:00	00:22:47.00	00:23:42.50	4:33	13.2
537	SELWESIUK BARTOSZ	1239		WARSZAWA	POL	M 20	61	M 488		00:11:00	00:22:47.15	00:23:51.30	4:33	13.2
538	KOPER SEBASTIAN	634	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M 40	165	M 489		00:10:25	00:22:47.50	00:23:09.30	4:33	13.2
539	MAZUR ANNA	887	G8 BIELANY	WARSZAWA	POL	K 20	10	K 50		00:09:39	00:22:48.15	00:23:32.60	4:33	13.2
540	KOŁDRA ROBERT	618		PNIEWY	POL	M 40	166	M 490		00:10:33	00:22:50.70	00:24:02.80	4:34	13.1
541	MASTALERZ ANDRZEJ	870		WARSZAWA	POL	M 50	51	M 491		00:10:45	00:22:50.95	00:24:00.35	4:34	13.1
542	JASZCZERSKA GRAZYNA	479	AKADEMIA BIEGANIA GRUDZIĄDZ	GRUDZIĄDZ	POL	K 50	4	K 51		00:10:44	00:22:52.50	00:23:37.30	4:34	13.1
543	MAJEWSKA ZUZANNA	828	AZS SGGW	WARSZAWA	POL	K 16	2	K 52		00:10:47	00:22:52.50	00:23:50.70	4:34	13.1
544	STOLARCZYK PIOTR	1349	ESSA	WARSZAWA	POL	M 20	62	M 492	ESSA	00:10:15	00:22:52.60	00:23:55.00	4:34	13.1

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
545	ZAWADKA JAKUB	2112		SIENNICA	POL	M 12	2	M 493		00:10:53	00:22:53.60	00:23:28.25	4:34	13.1
546	KOWALCZYK PIOTR	668		REPKI	POL	M 50	52	M 494		00:10:48	00:22:53.70	00:23:51.30	4:34	13.1
547	GRYSZPANOWICZ SEBASTIAN	416		WARSZAWA	POL	M 40	167	M 495		00:10:20	00:22:53.90	00:23:17.20	4:34	13.1
548	GAÅŁ DANIEL	323		WARSZAWA	POL	M 40	168	M 496		00:11:09	00:22:54.00	00:23:53.40	4:34	13.1
549	WIĘTCZAK MICHAŁ	1538		ŁÓDŹ	POL	M 30	164	M 497		00:10:24	00:22:54.05	00:23:20.75	4:34	13.1
550	CHRABAŁOWSKI JAROSŁAW	171	EXORIGO-UPOS S.A.	WARSZAWA	POL	M 30	165	M 498		00:10:37	00:22:54.20	00:23:46.90	4:34	13.1
551	MARTSENIUK VOLODYMYR	862		WARSZAWA	POL	M 20	63	M 499	ITMRUN	00:10:52	00:22:55.00	00:23:51.75	4:35	13.1
552	PIOTROWSKI MATEUSZ	1083		WARSZAWA	POL	M 30	166	M 500		00:11:07	00:22:55.45	00:24:24.40	4:35	13.1
553	DĘBSKI ANDRZEJ	235		BIALYSTOK	POL	M 40	169	M 501		00:10:38	00:22:56.20	00:24:04.80	4:35	13.1
554	KRASUCKI MICHAŁ	688		WARSZAWA	POL	M 20	64	M 502		00:10:58	00:22:56.25	00:24:33.80	4:35	13.1
555	ZAPOROWSKI MARCIN	1623		WARSZAWA	POL	M 40	170	M 503	ADIDAS RUNNERS WARSAW	00:10:49	00:22:56.85	00:23:26.60	4:35	13.1
556	STANISZEWSKI RAFAŁ	1332	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 40	171	M 504	BIEGAJ POD OKIEM TRENERA	00:10:51	00:22:57.10	00:23:27.85	4:35	13.1
557	SKWARCZ PAWEŁ	1284		WARSZAWA	POL	M 30	167	M 505		00:10:58	00:22:57.20	00:23:52.05	4:35	13.1
558	RUTKOWSKI PAWEŁ	1213	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	168	M 506	ADIDAS RUNNERS WARSAW	00:10:36	00:22:58.25	00:23:43.80	4:35	13.1
559	ROMANOWSKI NORBERT	1192	BRAK	JÓZEFÓW	POL	M 40	172	M 507		00:10:32	00:22:59.25	00:23:45.05	4:35	13.1
560	JAGIELSKA MAGDALENA	450	POŁAWIACZKI PEREŁ, KS STASZEWSKY	WARSZAWA	POL	K 50	5	K 53	KS STASZEWSKY	00:10:35	00:22:59.75	00:23:52.45	4:35	13.1
561	FORNALIK ADAM	1783	WITC	WARSZAWA	POL	M 40	173	M 508		00:10:22	00:22:59.85	00:24:07.30	4:35	13.1
562	MIERZEJEWSKI GRZEGORZ	902	TEAM SPIRIT	GRUDUSK	POL	M 20	65	M 509		00:10:04	00:23:00.60	00:23:25.30	4:36	13
563	BAL ŁUKASZ	1738	CWKS AUDYTY	WARSZAWA	POL	M 30	169	M 510		00:10:39	00:23:00.65	00:23:46.50	4:36	13
564	RÓŻYCKI KRZYSZTOF	1202	VEGE RUNNERS	WARSZAWA	POL	M 40	174	M 511	VEGE RUNNERS URSYNÓW	00:10:14	00:23:00.80	00:23:29.95	4:36	13
565	WITZKE ARTUR	1556		LEGIONOWO	POL	M 40	175	M 512		00:11:01	00:23:01.20	00:24:25.60	4:36	13
566	KALUŻNY JAN	2039		MICHAŁOWICE	POL	M 12	3	M 513		00:10:47	00:23:01.60	00:24:35.95	4:36	13
567	PAŃCZYK WOJTEK	1033	THE PAŃCZYX	WARSZAWA	POL	M 40	176	M 514		00:10:53	00:23:02.75	00:24:03.00	4:36	13
568	KOWALSKI PAWEŁ	677		WARSZAWA	GBR	M 40	177	M 515		00:10:46	00:23:03.20	00:23:31.55	4:36	13
569	RACZYŃSKI SEBASTIAN	1156	ORACLE RED BULL RACING	OPOCZNO	POL	M 30	170	M 516		00:10:20	00:23:03.50	00:24:02.30	4:36	13
570	ZALEWSKI RAFAL	1620	SEMP URSYNOW	WARSZAWA	POL	M 40	178	M 517	SEMP URSYNOW	00:10:41	00:23:05.95	00:24:37.40	4:37	13
571	TURZYŃSKI PIOTR	1706	DECATHLON PIASECZNO	PIASECZNO	POL	M 20	66	M 518	DECATHLON	00:10:54	00:23:06.80	00:24:30.60	4:37	13
572	JACKIEWICZ ADAM	449		WARSZAWA	POL	M 40	179	M 519		00:10:46	00:23:07.30	00:24:30.75	4:37	13
573	WRZESZCZ ŁUKASZ	1593	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 30	171	M 520		00:11:09	00:23:08.80	00:24:20.75	4:37	13
574	WIEWIURA AGNIESZKA	1533	GÓRA BIEGA	KONSTANCIN JEZIORNA	POL	K 30	22	K 54	GÓRA BIEGA - DZIKI	00:10:57	00:23:09.40	00:24:06.80	4:37	13
575	ŻYWIEN MAREK	1676	ONLY SPEEDWAY	WARSZAWA	POL	M 50	53	M 521		00:10:42	00:23:10.50	00:24:01.50	4:38	12.9
576	FRUNZE-PROCHOREC KATARZYNA	321	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	ŁADY	POL	K 50	6	K 55		00:10:57	00:23:10.50	00:24:10.35	4:38	12.9
577	MAŚLANKA PIOTR	1727		WARSZAWA	POL	M 50	54	M 522			00:23:11.45	00:24:44.85	4:38	12.9
578	KALINOWSKI BARTŁOMIEJ	522	DSV	WARSZAWA	POL	M 30	172	M 523	DSV ISS	00:10:27	00:23:11.65	00:24:45.80	4:38	12.9
579	PAWLICKI TOMASZ	1046	VEGERUNNERS	WARSZAWA	POL	M 40	180	M 524	VEGE RUNNERS RESZTA ŚWIATA	00:11:02	00:23:12.05	00:24:24.50	4:38	12.9
580	ŚWIEŻAK PAWEŁ	1433		WARSZAWA	POL	M 40	181	M 525		00:10:43	00:23:12.70	00:24:28.35	4:38	12.9
581	CABAJ MAREK	144		WARSZAWA	POL	M 40	182	M 526		00:11:12	00:23:13.35	00:24:18.60	4:38	12.9
582	SZCZYPA GRZEGORZ	1391		WARSZAWA	POL	M 40	183	M 527	ROYAL GOLF CLUB WILANÓW	00:11:28	00:23:13.45	00:24:58.45	4:38	12.9
583	MISIORNY MACIEJ	910		WARSZAWA	POL	M 50	55	M 528		00:10:44	00:23:14.15	00:25:13.85	4:38	12.9
584	GRUSZCZYŃSKI WOJCIECH	412		WARSZAWA	POL	M 30	173	M 529		00:11:25	00:23:14.50	00:24:35.45	4:38	12.9
585	PONIATOWSKI KRZYSZTOF	1105	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	184	M 530	TEAM ZABIEGANEDNI #3	00:10:50	00:23:14.60	00:24:04.00	4:38	12.9
586	TEJEDA HÉCTOR	1440		WARSAW	POL	M 40	185	M 531		00:11:09	00:23:15.50	00:24:24.15	4:39	12.9
587	GOGACZ MAGDALENA	372	URZĄD DZIELNICY URSYNÓW	WARSZAWA	POL	K 40	15	K 56		00:10:46	00:23:15.55	00:24:09.90	4:39	12.9
588	KARCZEWSKI PRZEMYSŁAW	544	TRICLUB	WARSZAWA	POL	M 40	186	M 532		00:10:56	00:23:17.35	00:24:09.75	4:39	12.9
589	CZUJKOWSKI PIOTR	1772		BASZKOWKA	GBR	M 30	174	M 533		00:11:18	00:23:18.25	00:26:36.70	4:39	12.9
590	CHODNIEWICZ MICHAŁ	164		WARSZAWA	POL	M 40	187	M 534		00:10:52	00:23:18.75	00:24:18.75	4:39	12.9
591	MAŚLANKO PRZEMYSŁAW	871	M	BRZEZINY	POL	M 60	14	M 535		00:10:40	00:23:18.80	00:24:08.90	4:39	12.9
592	KĘPKA KRZYSZTOF	571	TRIWAWA	WARSZAWA	POL	M 40	188	M 536	TRIWAWA	00:11:20	00:23:19.30	00:24:39.30	4:39	12.9

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
593	KAPUŚCIAREK ELA	543		ŁOMIANKI	POL	K 40	16	K 57		00:10:33	00:23:19.35	00:24:25.10	4:39	12.9
594	KRYCZEK PIOTR	704		WARSZAWA	POL	M 60	15	M 537		00:11:11	00:23:19.45	00:24:38.45	4:39	12.9
595	JANOWSKI RAFAŁ	467		OTWOCK	POL	M 50	56	M 538		00:11:07	00:23:19.60	00:24:32.95	4:39	12.9
596	MÓRAWSKI MACIEJ	931		OSTRÓW MAZOWIECKA	POL	M 30	175	M 539		00:11:19	00:23:19.65	00:24:23.35	4:39	12.9
597	BURY OSKAR	140		WARSZAWA	POL	M 30	176	M 540		00:10:45	00:23:20.80	00:24:31.95	4:40	12.9
598	KRÓL ŁUKASZ	700	PZU SPORT TEAM	WARSZAWA	POL	M 30	177	M 541	PZU SPORT TEAM	00:10:55	00:23:21.60	00:24:22.25	4:40	12.8
599	RAFAŁKO GRZEGORZ	1161		WARSZAWA	POL	M 40	189	M 542		00:11:01	00:23:21.90	00:24:23.75	4:40	12.8
600	OLEJNICZAK LEON	2070		WARSZAWA	POL	M 16	25	M 543		00:11:02	00:23:22.35	00:24:17.80	4:40	12.8
601	KOSTACIŃSKA MARIA	1823	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30	23	K 58	ADIDAS RUNNERS WARSAW	00:11:14	00:23:22.75	00:24:26.45	4:40	12.8
602	KRAWCZYK ŁUKASZ	693		WARSZAWA	POL	M 30	178	M 544		00:10:59	00:23:23.00	00:24:36.20	4:40	12.8
603	NOWACZYŃSKA KATARZYNA	965	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	17	K 59	TEAM ZABIEGANEDNI	00:11:15	00:23:23.15	00:24:26.30	4:40	12.8
604	PLUTA IRENEUSZ	1091		WARSZAWA	POL	M 60	16	M 545		00:10:54	00:23:23.50	00:23:59.40	4:40	12.8
605	KEMPA JAKUB	25		WARSZAWA	POL	M 20	67	M 546		00:10:26	00:23:23.65	00:24:13.90	4:40	12.8
606	TYLUS PAWEŁ	1482		WARSZAWA	POL	M 50	57	M 547		00:10:52	00:23:23.95	00:24:17.30	4:40	12.8
607	PAKUŁA BŁAŻEJ	1027		WARSZAWA	POL	M 30	179	M 548		00:10:19	00:23:24.15	00:24:30.00	4:40	12.8
608	CYWIŃSKI MARCIN	198	MARCYS_ RUNNER	MARKI	POL	M 30	180	M 549		00:11:01	00:23:24.60	00:24:35.95	4:40	12.8
609	ADAMIEC KAROL	15		WARSZAWA	POL	M 20	68	M 550		00:11:18	00:23:24.95	00:24:15.50	4:40	12.8
610	SROKA SZYMON	2092	KS GROM	WARSZAWA	POL	M 12	4	M 551		00:11:53	00:23:24.95	00:25:19.20	4:40	12.8
611	BILEWICZ MATEUSZ	83	ACCENTURE	WARSZAWA	POL	M 30	181	M 552		00:10:48	00:23:26.95	00:24:48.50	4:41	12.8
612	MALISZEWSKI CEZARY	840		WARSZAWA	POL	M 60	17	M 553		00:10:52	00:23:27.55	00:23:52.50	4:41	12.8
613	POGOCKI MACIEJ	1101		WARSZAWA	POL	M 40	190	M 554		00:11:21	00:23:29.10	00:24:53.20	4:41	12.8
614	JAREK ZUZANNA	2033	RACE FIGHTER JUNIOR	MIŃSK MAZOWIECKI	POL	K 14	1	K 60		00:10:37	00:23:30.45	00:24:30.85	4:42	12.8
615	KIM MINJU	585		WARSZAWA		M 30	182	M 555		00:11:16	00:23:30.55	00:24:18.95	4:42	12.8
616	BRĄGOSZEWSKI PAWEŁ	109		OTWOCK	POL	M 40	191	M 556		00:11:20	00:23:30.60	00:24:48.40	4:42	12.8
617	DUCHNOWSKA NATALIA	265		ŁÓDŹ	POL	K 20	11	K 61		00:10:59	00:23:30.90	00:24:49.15	4:42	12.8
618	WŁODARSKI JAKUB	1562		WARSZAWA	POL	M 30	183	M 557		00:11:04	00:23:31.60	00:24:24.50	4:42	12.8
619	KACZOR KONRAD	1809		WARSZAWA	POL	M 30	184	M 558		00:11:17	00:23:32.05	00:24:36.35	4:42	12.7
620	POLAK LECHOSŁAW	424	ADIDAS RUNNERS WARSAW	PĘCICE MAŁE	POL	M 60	18	M 559	ADIDAS RUNNERS WARSAW	00:10:59	00:23:32.25	00:24:27.40	4:42	12.7
621	BEDNORZ LESZEK	64		WARSZAWA	POL	M 40	192	M 560		00:11:23	00:23:33.20	00:24:50.20	4:42	12.7
622	BOGUSZ SEBASTIAN	1748	PZU SPORT TEAM	WARSZAWA	POL	M 30	185	M 561		00:11:08	00:23:33.30	00:25:56.85	4:42	12.7
623	SKARŻYŃSKI ADAM	1270	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	193	M 562		00:10:58	00:23:34.15	00:24:32.50	4:42	12.7
624	MAŁYSZA PIOTR	846		KONSTANCIN-JEZIORNA	POL	M 30	186	M 563		00:11:00	00:23:34.55	00:24:31.40	4:42	12.7
625	BELKIEWICZ RAFAŁ	2137	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	194	M 564	TEAM ZABIEGANEDNI	00:11:15	00:23:34.80	00:24:37.70	4:42	12.7
626	DREWNIK ROBERT	259	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M 40	195	M 565	BIEGNIJ Z PROSERVICE	00:10:47	00:23:35.20	00:24:24.00	4:43	12.7
627	LOZOVIKOV PAVLO	789		WARSZAWA	POL	M 30	187	M 566		00:11:59	00:23:35.40	00:25:42.90	4:43	12.7
628	JAŃCZAK MARIUSZ	469		WARSZAWA	POL	M 40	196	M 567		00:11:00	00:23:35.50	00:24:29.90	4:43	12.7
629	FRANCZEK ALEKSY	2024		WARSZAWA	POL	M 14	12	M 568		00:11:05	00:23:36.00	00:23:40.45	4:43	12.7
630	SNOPEK STANISŁAW	1299	TVP SPORT	IZABELIN	POL	M 60	19	M 569		00:10:52	00:23:36.25	00:24:41.70	4:43	12.7
631	MACIEJEC DOROTA	1850		WARSZAWA	POL	K 40	18	K 62		00:10:33	00:23:36.45	00:24:11.70	4:43	12.7
632	CZYŻ MONIKA	214		WARSZAWA	POL	K 30	24	K 63		00:11:06	00:23:36.55	00:24:45.00	4:43	12.7
633	COUKNAS CONSTANTINE	1761		FORD CITY	USA	M 14	13	M 570		00:10:12	00:23:37.85	00:23:52.30	4:43	12.7
634	KUBRAK MICHAŁ	718		WARSZAWA	POL	M 30	188	M 571		00:11:21	00:23:38.60	00:24:57.90	4:43	12.7
635	BARGŁOWSKI KAMIL	51		BIAŁYSTOK	POL	M 16	26	M 572		00:11:17	00:23:38.85	00:24:35.65	4:43	12.7
636	RATYŃSKI MICHAŁ	1164	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	197	M 573	BIEGOWY WARIAT RUNNING TEAM	00:10:43	00:23:38.90	00:25:14.00	4:43	12.7
637	ARAŻNY ZBIGNIEW	34	KRAV MAGA WARSZAWA	WARSZAWA	POL	M 50	58	M 574		00:11:03	00:23:38.95	00:25:14.80	4:43	12.7
638	PRUS MARCIN	1129		WARSZAWA	POL	M 40	198	M 575		00:11:09	00:23:39.40	00:25:10.25	4:43	12.7
639	ZAKRZEWSKI MICHAŁ	1615	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	M 40	199	M 576		00:11:08	00:23:39.50	00:24:29.50	4:43	12.7
640	SOKÓŁ RYSZARD	2091		JÓZEFOSŁAW	POL	M 14	14	M 577		00:11:12	00:23:40.65	00:24:41.10	4:44	12.7
641	GORYSZEWSKI PIOTR	385		WARSZAWA	POL	M 30	189	M 578		00:11:26	00:23:41.70	00:24:33.05	4:44	12.7
642	KISZCZYC ARTUR	588		OTWOCK	POL	M 50	59	M 579		00:11:19	00:23:42.35	00:25:01.65	4:44	12.7
643	HRYNKIEWICZ MACIEJ	438		WARSZAWA	POL	M 50	60	M 580		00:11:16	00:23:42.65	00:24:59.60	4:44	12.7
644	RYŻYŃSKI MICHAŁ	1925	PAWKORUNNERTEAM	KALISZ	POL	M 20	69	M 581	PAWKO RUNNER TEAM	00:10:39	00:23:42.85	00:24:18.20	4:44	12.7
645	CISZEWSKI GRZEGORZ	193		PIASECZNO	POL	M 40	200	M 582		00:11:36	00:23:42.90	00:25:06.80	4:44	12.7
646	SYGUDA KATARZYNA	1371	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K 20	12	K 64		00:11:15	00:23:43.10	00:24:48.70	4:44	12.6

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
647	KOZAK MIKOLAJ	682		WARSZAWA	POL	M 30	190	M 583		00:10:41	00:23:43.90	00:24:27.50	4:44	12.6
648	KUCIŃSKI LUKASZ	727	TI HEALTH CLUB	WARSZAWA	POL	M 30	191	M 584	TI HEALTH CLUB	00:11:55	00:23:45.35	00:25:29.50	4:45	12.6
649	SMOLIŃSKI KRZYSZTOF	1297		WARSZAWA	POL	M 40	201	M 585		00:10:40	00:23:45.90	00:24:34.65	4:45	12.6
650	WRÓBLEWSKI TOMASZ	2128		WARSZAWA	POL	M 20	70	M 586		00:11:08	00:23:46.20	00:25:29.45	4:45	12.6
651	KOPEĆ MARCIN	633		WARSZAWA	POL	M 30	192	M 587		00:12:32	00:23:46.30	00:25:35.95	4:45	12.6
652	DUDEK JAKUB	267		BANIOCHA	POL	M 20	71	M 588		00:10:36	00:23:46.50	00:25:04.90	4:45	12.6
653	OCHREMIAK JĘDRZEJ	983	OBOZYBIEGOWE.PL	WARSZAWA	POL	M 30	193	M 589		00:10:57	00:23:46.55	00:24:45.20	4:45	12.6
654	PODBIELSKI PAWEŁ	1903	AKL URSYNÓW WARSZAWA	WARSZAWA	POL	M 14	15	M 590		00:11:34	00:23:47.25	00:24:54.65	4:45	12.6
655	BISOWSKA AMELIA	85	MARUDY Z KOBYŁKI	KOBYŁKA	POL	K 16	3	K 65	MARUDY Z KOBYŁKI	00:11:57	00:23:47.40	00:25:11.60	4:45	12.6
656	DYRLA MARIUSZ	1782		WARSZAWA	POL	M 40	202	M 591		00:11:23	00:23:47.90	00:24:36.30	4:45	12.6
657	JAWORSKA JOANNA	481	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	19	K 66	TEAM ZABIEGANEDNI	00:11:32	00:23:48.65	00:25:06.75	4:45	12.6
									#3					
658	MATEJEK BŁAŻEJ	875		WARSZAWA	POL	M 20	72	M 592		00:11:36	00:23:48.90	00:26:00.20	4:45	12.6
659	MAŁAŻEWSKI BARTOSZ	1	GARDA	WARSZAWA	POL	M 30	194	M 593		00:10:42	00:23:49.30	00:25:05.30	4:45	12.6
660	BUJNOWSKI RAFAŁ	132		WARSZAWA	POL	M 40	203	M 594		00:11:02	00:23:49.50	00:24:42.80	4:45	12.6
661	PATYK MATEUSZ	1042		WARSZAWA	POL	M 30	195	M 595		00:11:15	00:23:49.70	00:24:53.45	4:45	12.6
662	ANGEŁOW CHRISTIAN	24		WARSZAWA	POL	M 40	204	M 596		00:11:33	00:23:49.70	00:26:53.05	4:45	12.6
663	BUJNOWSKA ELIZA	131	VEGE RUNNERS	WARSZAWA	POL	K 40	20	K 67	VEGE RUNNERS	00:11:03	00:23:49.80	00:24:43.00	4:45	12.6
									URSYNÓW					
664	ZYŚK SŁAWOMIR	1661		WARSZAWA	POL	M 30	196	M 597		00:11:02	00:23:51.55	00:24:38.75	4:46	12.6
665	CZEKAŁSKI JACEK	206		ŁÓDŹ	POL	M 50	61	M 598		00:10:55	00:23:54.25	00:25:25.35	4:46	12.6
666	LE QUANG OSKAR	1840		JÓZEFOSŁAW	POL	M 16	27	M 599		00:10:32	00:23:54.35	00:24:06.35	4:46	12.6
667	BASIŃSKI JERZY	58		DEBLIN	POL	M 50	62	M 600		00:11:01	00:23:54.95	00:24:57.30	4:46	12.6
668	WEJMAN TOMASZ	1519	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30	197	M 601	TEAM ZABIEGANEDNI	00:11:29	00:23:55.00	00:25:06.75	4:47	12.5
669	KAŻMIERSKI ADRIAN	566		WOŁOMIN	POL	M 30	198	M 602		00:11:07	00:23:55.70	00:25:06.15	4:47	12.5
670	KROPIAK KATARZYNA	696	VEGE RUNNERS	WARSZAWA	POL	K 30	25	K 68	VEGE RUNNERS	00:11:00	00:23:55.75	00:24:50.10	4:47	12.5
									RESZTA ŚWIATA					
671	GRÓŃSKI JAN	410	BIEGACZ ŚWIĘTOKRZYSKI	KIELCE	POL	M 70	2	M 603		00:11:07	00:23:56.50	00:25:31.55	4:47	12.5
672	STĘPNIEWSKI DOMINIK	1347		WARSZAWA	POL	M 20	73	M 604		00:11:14	00:23:56.80	00:25:00.65	4:47	12.5
673	JÓŻWIK GRZEGORZ	496		JÓZEFOSŁAW	POL	M 50	63	M 605		00:11:11	00:23:57.00	00:24:33.65	4:47	12.5
674	WILK DANIEL	2105		WARSZAWA	POL	M 16	28	M 606		00:12:05	00:23:58.80	00:25:41.85	4:47	12.5
675	DĄBROWSKI ADAM	225	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M 30	199	M 607	BRACTWO BIEGOWE	00:11:08	00:24:01.55	00:24:52.40	4:48	12.5
									BGK					
676	KOŁODZIEJSKI RAFAŁ	622		WARSZAWA	POL	M 40	205	M 608		00:11:20	00:24:01.80	00:25:04.65	4:48	12.5
677	TRIGO ADRIÁN	1462		WARSAW	POL	M 30	200	M 609		00:10:31	00:24:02.30	00:24:52.00	4:48	12.5
678	JURCZAK GRZEGORZ	500		WARSZAWA	POL	M 30	201	M 610		00:10:47	00:24:02.75	00:25:12.65	4:48	12.5
679	ŁOZIŃSKI PIOTR	803	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M 40	206	M 611	BRACTWO BIEGOWE	00:11:38	00:24:02.80	00:25:42.10	4:48	12.5
									BGK					
680	KAMIŃSKI ANDRZEJ	2040		WARSZAWA	POL	M 12	5	M 612		00:11:53	00:24:03.15	00:24:03.15	4:48	12.5
681	HORDIENKO NATALIA	434	UKRAINE	WARSZAWA	POL	K 30	26	K 69		00:11:02	00:24:03.35	00:25:09.20	4:48	12.5
682	KATNER WIKTOR	2042		WARSZAWA	POL	M 12	6	M 613		00:11:40	00:24:04.05	00:25:34.15	4:48	12.5
683	BEŁOWSKI LESZEK	65	AD BLUE NOXY PUŁAWY	PUŁAWY	POL	M 70	3	M 614		00:11:14	00:24:04.55	00:25:23.30	4:48	12.5
684	DMUCHOWSKI JAKUB	241		ŁOMŻA	POL	M 20	74	M 615		00:11:19	00:24:04.60	00:25:11.15	4:48	12.5
685	TOMCZYŃSKI MICHAŁ	1455		WARSZAWA	POL	M 30	202	M 616		00:11:25	00:24:04.65	00:25:23.20	4:48	12.5
686	CHORAŻEWICZ BARTŁOMIEJ	169		MYSZYŃCIEC	POL	M 30	203	M 617		00:11:14	00:24:04.75	00:25:39.05	4:48	12.5
687	WĘGLIŃSKI JACEK	1984		WARSZAWA	POL	M 50	64	M 618		00:11:34	00:24:05.80	00:25:47.20	4:49	12.5
688	KULESZA MARCIN	736	QLESH RACING TEAM/WK_RW TEAM	WARSZAWA	POL	M 40	207	M 619		00:11:01	00:24:06.45	00:25:00.40	4:49	12.4
689	MUZYCHENKO DMYTRO	940	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 20	75	M 620		00:11:26	00:24:06.50	00:25:23.50	4:49	12.4
690	CIEŚLAR RAFAŁ	187		WARSZAWA	POL	M 30	204	M 621		00:11:29	00:24:07.05	00:25:19.00	4:49	12.4
691	PONOMARÓW TOMASZ	1908		WARSZAWA	POL	M 30	205	M 622		00:10:34	00:24:07.75	00:25:10.05	4:49	12.4
692	KRUPNIEWSKA JOANNA	1828	RUN OTWOCK	OTWOCK	POL	K 50	7	K 70		00:11:26	00:24:08.40	00:25:13.05	4:49	12.4
693	POPŁAWSKI ADAM	1110		WARSZAWA	POL	M 30	206	M 623		00:11:03	00:24:08.45	00:27:05.70	4:49	12.4
694	DORS MAREK	253	KABEX PODKOWA JANÓW	WARSZAWA	POL	M 20	76	M 624		00:11:42	00:24:09.75	00:25:38.00	4:49	12.4
695	ATAMANOV MYKYTA	36	RUN FOR PEACE	DONIECK (UKRAINA)	POL	M 20	77	M 625		00:11:41	00:24:10.65	00:25:45.25	4:50	12.4
696	CZERWIŃSKI RADOŚŁAW	209		WARSZAWA	POL	M 40	208	M 626		00:11:16	00:24:11.05	00:25:26.80	4:50	12.4
697	BUCZEK ROBERT	120		WARSZAWA	POL	M 50	65	M 627		00:11:43	00:24:11.80	00:25:46.25	4:50	12.4
698	WOJTAL TOMASZ	1992		WARSZAWA	POL	M 40	209	M 628		00:11:31	00:24:12.10	00:24:57.65	4:50	12.4

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
699	JAREK KATARZYNA	470		MINSK MAZOWIECKI	POL	K 40	21	K 71		00:11:01	00:24:12.75	00:25:14.40	4:50	12.4
700	SZCZERBINSKI ARKADIUSZ	1389	KATAREK	WARSZAWA	POL	M 30	207	M 629		00:11:50	00:24:12.75	00:26:19.15	4:50	12.4
701	GOCH DOMINIK	370		WARSZAWA	POL	M 40	210	M 630		00:11:28	00:24:13.25	00:25:51.35	4:50	12.4
702	KIERASIŃSKA DOROTA	578	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	22	K 72	TEAM ZABIEGANEDNI	00:11:48	00:24:13.70	00:25:41.55	4:50	12.4
703	WOLSZCZAK RYSZARD	1993	WKZ KOZIENICE BBL	KOZIENICE	POL	M 60	20	M 631	WKZ KOZIENICE BBL	00:11:25	00:24:13.75	00:25:03.90	4:50	12.4
704	MATUSIAK MARCIN	2062		WARSZAWA	POL	M 14	16	M 632		00:11:19	00:24:13.85	00:25:13.80	4:50	12.4
705	ZAWADZKI WOJCIECH	1634	TATA BIEGA	WARSZAWA	POL	M 30	208	M 633		00:10:35	00:24:14.55	00:24:59.35	4:50	12.4
706	ZIĘDALSKI REMIGIUSZ	1653		ZĄBKI	POL	M 40	211	M 634		00:11:48	00:24:14.85	00:25:07.30	4:50	12.4
707	LIDAK KRZYSZTOF	1841	KS GROM PRO WARSZAWA	WARSZAWA	POL	M 12	7	M 635		00:11:09	00:24:15.15	00:24:37.70	4:51	12.4
708	PĄPROWICZ WOJCIECH	1050	NOA	WARSZAWA	POL	M 40	212	M 636	CHŁOPAKI Z KEN	00:11:20	00:24:16.80	00:25:41.00	4:51	12.4
709	WYSOCKA MAGDA	1598		STOCZEK	POL	K 30	27	K 73		00:11:45	00:24:16.85	00:25:44.80	4:51	12.4
710	BANASIK MARCIN	46	MARATOŃCZYCY	WARSZAWA	POL	M 20	78	M 637	MARATOŃCZYCY	00:11:36	00:24:18.10	00:25:57.00	4:51	12.3
711	SMACHA ŁUKASZ	1291		WARSZAWA	POL	M 40	213	M 638		00:11:42	00:24:18.10	00:25:53.05	4:51	12.3
712	KASHIVSKA OKSANA	553		WARSZAWA	POL	K 50	8	K 74		00:11:13	00:24:19.25	00:25:26.65	4:51	12.3
713	JUŚKO RAFAŁ	508	KTOŚ	OSTROWIEC ŚW	POL	M 40	214	M 639		00:11:38	00:24:19.45	00:25:18.25	4:51	12.3
714	MACIASZCZYK ADAM	815		WARSZAWA	POL	M 50	66	M 640		00:11:44	00:24:19.55	00:25:38.30	4:51	12.3
715	CHRAPEK JANUSZ	1700	ROSSMANN	WARSZAWA	POL	M 40	215	M 641		00:11:25	00:24:19.95	00:26:09.55	4:51	12.3
716	GROCHOWSKI PAWEŁ	409	PZU SPORT TEAM	WARSZAWA	POL	M 40	216	M 642	PZU SPORT TEAM	00:10:54	00:24:20.00	00:25:21.10	4:52	12.3
717	BARYŁA KRZYSZTOF	2		WARSZAWA	POL	M 40	217	M 643		00:11:46	00:24:20.20	00:25:43.65	4:52	12.3
718	LECH MACIEJ	1834		WARSZAWA	POL	M 30	209	M 644		00:10:59	00:24:21.30	00:25:32.15	4:52	12.3
719	WOJDALSKI MICHAŁ	1569		WARSZAWA	POL	M 30	210	M 645		00:12:04	00:24:21.70	00:26:08.10	4:52	12.3
720	ROGOWSKI MICHAŁ	1917		WARSZAWA	POL	M 40	218	M 646		00:11:26	00:24:21.90	00:26:01.10	4:52	12.3
721	BISOWSKI SZYMON	2004	MARUDY Z KOBYŁKI	KOBYŁKA	POL	M 14	17	M 647	MARUDY Z KOBYŁKI	00:11:57	00:24:22.05	00:25:46.10	4:52	12.3
722	CHEŁMIŃSKI MACIEJ	157		WARSZAWA	POL	M 40	219	M 648		00:10:25	00:24:22.40	00:25:13.55	4:52	12.3
723	ROMANIK KLAUDIA	1190		WARSZAWA	POL	K 30	28	K 75		00:11:07	00:24:22.60	00:25:11.20	4:52	12.3
724	BŁACHNIO ROBERT	90	PAWKO RUNNER TEAM	WARSZAWA	POL	M 30	211	M 649	PAWKO RUNNER TEAM	00:11:16	00:24:22.85	00:25:33.00	4:52	12.3
725	MARCZEWSKI MARCIN	855	RESILIA BEMOWO	WARSZAWA	POL	M 40	220	M 650		00:11:06	00:24:23.10	00:24:56.75	4:52	12.3
726	WIERNIK DANIEL	1986		WARSZAWA	POL	M 30	212	M 651		00:11:22	00:24:23.40	00:25:45.00	4:52	12.3
727	BĘTKOWSKI PIOTR	70		WARSZAWA	POL	M 20	79	M 652		00:11:01	00:24:23.75	00:26:03.25	4:52	12.3
728	IWONIN JUREK	447		WARSZAWA	POL	M 40	221	M 653		00:11:25	00:24:24.55	00:25:41.55	4:52	12.3
729	PODOBINSKI PIOTR	1099		WARSZAWA	POL	M 50	67	M 654		00:11:53	00:24:25.45	00:25:47.10	4:53	12.3
730	POKAROWSKI WOJCIECH	2079		WARSZAWA	POL	M 16	29	M 655		00:11:09	00:24:25.70	00:26:00.80	4:53	12.3
731	OLMA WŁADYSŁAW	997	FORMA BIEGANIA - JASTRZĘBIE	JASTRZĘBIE - ZDRÓJ	POL	M 50	68	M 656		00:11:36	00:24:27.85	00:25:01.15	4:53	12.3
732	BARSZCZ MICHAŁ	1741		WARSZAWA	POL	M 30	213	M 657		00:11:52	00:24:27.95	00:26:11.45	4:53	12.3
733	KOSTRUBIEC GRZEGORZ	661		WARSZAWA	POL	M 30	214	M 658		00:11:14	00:24:28.40	00:25:02.35	4:53	12.3
734	HORBATY JERZY	433	GIM92	WARSZAWA	POL	M 50	69	M 659		00:11:48	00:24:28.55	00:25:53.20	4:53	12.3
735	DYLEWSKI TOMASZ	277		WARSZAWA	POL	M 40	222	M 660		00:11:07	00:24:29.80	00:25:19.75	4:53	12.3
736	NAWROCKA ROMA	953	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 40	23	K 76	GRUPA BIEGOWA UM W-WA	00:11:31	00:24:29.85	00:25:06.40	4:53	12.3
737	DABROWSKI LUKA	1773		WARSZAWA	POL	M 50	70	M 661		00:11:41	00:24:30.10	00:25:06.40	4:54	12.2
738	KSYNA BOGUSŁAW	712		KAMION MAŁY	POL	M 60	21	M 662		00:11:33	00:24:30.30	00:25:04.55	4:54	12.2
739	KUKŁA MARCIN	733	RYSIK RUNNERS	WARSZAWA	POL	M 50	71	M 663		00:11:31	00:24:30.85	00:25:21.30	4:54	12.2
740	ROSTKOWSKI BARTOSZ	1197		WARSZAWA	POL	M 40	223	M 664		00:11:39	00:24:31.00	00:26:08.10	4:54	12.2
741	KRAUZ PAWEŁ	690	KS STASZEWSKY / KPP W PIASECZNIK	ZAGOSĆNIEC	POL	M 40	224	M 665	KS STASZEWSKY	00:11:18	00:24:32.25	00:26:00.45	4:54	12.2
742	SARNOWSKI WOJCIECH	1234		WARSZAWA	POL	M 40	225	M 666		00:10:58	00:24:34.00	00:26:27.35	4:54	12.2
743	DOLIŃSKA AGNIESZKA	246	WARSAW RUN CLUB	WARSZAWA	POL	K 40	24	K 77	WARSAW RUN CLUB	00:11:43	00:24:34.45	00:25:55.10	4:54	12.2
744	SZCZERBICKI RAFAŁ	1388	WARSAW RUN CLUB	WARSZAWA	POL	M 40	226	M 667	WARSAW RUN CLUB	00:11:44	00:24:34.55	00:25:54.65	4:54	12.2
745	DĄBROWSKI TOBIASZ	2013		WARSZAWA	POL	M 16	30	M 668		00:10:30	00:24:34.90	00:25:35.00	4:54	12.2
746	CIERECH BOGUSŁAW	182		TERESIN	POL	M 70	4	M 669		00:11:10	00:24:35.15	00:25:54.30	4:55	12.2
747	IWKIEWICZ TOMASZ	446		WARSZAWA	POL	M 60	22	M 670		00:11:29	00:24:35.15	00:25:10.30	4:55	12.2
748	MRÓZ GABRIELA	934	PAWKO RUNNER TEAM	JEDLICZE	POL	K 30	29	K 78	PAWKO RUNNER TEAM	00:11:20	00:24:35.20	00:25:44.70	4:55	12.2
749	SMYL JACEK	1939		WARSZAWA	POL	M 30	215	M 671		00:11:00	00:24:35.75	00:24:52.65	4:55	12.2
750	BŁASZCZAK WOJCIECH	1747	CHWILAMOMENTTEAM	WARSZAWA	POL	M 40	227	M 672		00:12:00	00:24:35.80	00:25:53.35	4:55	12.2
751	STĘPIEŃ MIKOŁAJ	2095		JÓZEFOSŁAW	POL	M 14	18	M 673		00:11:53	00:24:36.40	00:25:57.95	4:55	12.2
752	KONDRIYSZYN KACPER	1819		WARSZAWA	POL	M 20	80	M 674		00:11:51	00:24:36.70	00:26:15.30	4:55	12.2
753	PADEREWSKA OLGA	1886	PAWKO RUNNER TEAM	SIEDLCE	POL	K 40	25	K 79	PAWKO RUNNER TEAM	00:11:15	00:24:37.05	00:25:40.45	4:55	12.2
754	ORLIŃSKA EDYTA	1003	TEAM BALANS	PŁOŃSK	POL	K 30	30	K 80		00:11:31	00:24:37.05	00:25:47.40	4:55	12.2

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
755	SOKOŁOWSKA MAGDALENA	1310		WARSZAWA	POL	K 30	31	K 81		00:11:20	00:24:37.20	00:25:25.60	4:55	12.2
756	BUKOWSKA MARTYNA	136		WARSZAWA	POL	K 30	32	K 82		00:10:19	00:24:37.35	00:24:48.90	4:55	12.2
757	FABIŚIAK ANNA	290	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	26	K 83	TEAM ZABIEGANEDNI #3	00:11:41	00:24:37.35	00:25:55.45	4:55	12.2
758	JURKOWSKI ARTUR	504		SIENICA	POL	M 30	216	M 675		00:11:43	00:24:37.40	00:26:10.55	4:55	12.2
759	LIS-MAJER ANNA	788	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	K 30	33	K 84	BIEGOWY WARIAT RUNNING TEAM	00:11:30	00:24:38.55	00:25:58.90	4:55	12.2
760	MĄCZEWSKA WERONIKA	889		WARSZAWA	POL	K 20	13	K 85		00:11:23	00:24:38.85	00:25:55.15	4:55	12.2
761	DRABAREK ROMUALD	255		WARSZAWA	POL	M 60	23	M 676		00:11:27	00:24:39.80	00:25:58.50	4:55	12.2
762	WIETRZYCKI MARCIN	1596	REBELLION OF FREE RUNNERS	WARSZAWA	POL	M 40	228	M 677		00:11:00	00:24:39.85	00:25:38.55	4:55	12.2
763	RZEPECKI ŁUKASZ	1926		KONSTANCIN JEZIORNA	POL	M 40	229	M 678		00:11:47	00:24:41.45	00:26:10.60	4:56	12.2
764	WIKTOROWICZ TOMASZ	1987		WARSZAWA	POL	M 40	230	M 679		00:12:03	00:24:41.60	00:26:37.75	4:56	12.2
765	MIASTOWSKI RAFAŁ	18	SŁOŃ B	WARSZAWA	POL	M 50	72	M 680		00:11:17	00:24:41.90	00:25:56.00	4:56	12.2
766	KORBA MICHAŁ	1822		WARSZAWA	POL	M 40	231	M 681		00:11:23	00:24:43.00	00:26:33.90	4:56	12.1
767	MYŚLIŃSKI ZDZISŁAW	945		WARSZAWA	POL	M 40	232	M 682		00:11:17	00:24:43.15	00:25:08.50	4:56	12.1
768	WAJS SŁAWOMIR	1977		WARSZAWA	POL	M 30	217	M 683		00:11:52	00:24:43.30	00:26:05.55	4:56	12.1
769	JÓZEFOWICZ MACIEJ	495	VEGE RUNNERS	WARSZAWA	POL	M 30	218	M 684	VEGE RUNNERS RESZTA ŚWIATA	00:11:32	00:24:43.50	00:26:13.10	4:56	12.1
770	MURANOWICZ MAREK	1869		WARSZAWA	POL	M 50	73	M 685		00:11:57	00:24:43.65	00:26:24.75	4:56	12.1
771	WIRASZKA BARBARA	1988		WARSZAWA	POL	K 50	9	K 86		00:11:34	00:24:43.75	00:26:02.50	4:56	12.1
772	GÓRSKI ARKADIUSZ	394	GÓRA BIEGA	DOBIESZ	POL	M 40	233	M 686	GÓRA BIEGA	00:11:40	00:24:44.15	00:26:15.90	4:56	12.1
773	SŁOWIK PAWEŁ	1289	PARÓWY WWA	WARSZAWA	POL	M 30	219	M 687		00:11:43	00:24:44.20	00:25:41.05	4:56	12.1
774	FILIPOWICZ ARKADIUSZ	308		MARKI	POL	M 40	234	M 688		00:11:18	00:24:44.65	00:25:24.80	4:56	12.1
775	KOWALCZYK ROBERT	665		W-WA	POL	M 40	235	M 689		00:11:44	00:24:44.95	00:25:41.45	4:56	12.1
776	TOMALAK MACIEJ	1450		WARSZAWA	POL	M 40	236	M 690		00:11:20	00:24:45.15	00:26:21.40	4:57	12.1
777	JACNIACKI KRZYSZTOF	1801		JÓZEFOSŁAW	POL	M 14	19	M 691		00:11:27	00:24:45.35	00:26:02.90	4:57	12.1
778	ŻUŁAWSKI MACIEJ	2135		WARSZAWA	POL	M 40	237	M 692		00:11:35	00:24:45.65	00:26:05.15	4:57	12.1
779	FLOREK MAŁGORZATA	313	LEBIODA TEAM	WARSZAWA	POL	K 30	34	K 87		00:11:59	00:24:46.10	00:24:46.10	4:57	12.1
780	WAWER HUBERT	1516		WARSZAWA	POL	M 30	220	M 693	CBRE	00:11:10	00:24:46.95	00:25:43.45	4:57	12.1
781	PIOTROWSKA EDYTA	1081	BRACTWO BIEGOWE BGK	WARSZAWA	POL	K 40	27	K 88	BRACTWO BIEGOWE BGK	00:11:38	00:24:47.35	00:26:26.40	4:57	12.1
782	GAŁCZYŃSKI WOJCIECH	336		KRĘCZKI	POL	M 50	74	M 694		00:12:26	00:24:47.85	00:26:46.30	4:57	12.1
783	PARTYKA AGNIESZKA	1037	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 50	10	K 89	TEAM ZABIEGANEDNI	00:11:38	00:24:48.25	00:26:09.30	4:57	12.1
784	KOWALSKI TOMASZ	681	KB PACE WARSZAWA	WARSZAWA	POL	M 40	238	M 695	KB PACE WARSZAWA 2	00:12:17	00:24:48.85	00:26:29.40	4:57	12.1
785	TRZECIAKOWSKI PAWEŁ	1473		WARSZAWA	POL	M 40	239	M 696		00:11:48	00:24:49.35	00:26:18.45	4:57	12.1
786	BRODZIK JAKUB	1751		WARSZAWA	POL	M 20	81	M 697		00:11:49	00:24:49.35	00:26:18.45	4:57	12.1
787	SIDORCZUK-KUMOSA DOROTA	1245	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	28	K 90	TEAM ZABIEGANEDNI	00:11:50	00:24:49.35	00:26:17.00	4:57	12.1
788	RYBARCZYK ROBERT	1216	ORANGE POLSKA	WARSZAWA	POL	M 40	240	M 698		00:11:29	00:24:49.60	00:26:16.55	4:57	12.1
789	SZABŁOWSKI MARCIN	1953		WARSZAWA	POL	M 30	221	M 699		00:11:35	00:24:50.45	00:26:16.05	4:58	12.1
790	KALBARCZYK IGOR	519		WARSZAWA	POL	M 30	222	M 700		00:12:08	00:24:50.55	00:26:47.90	4:58	12.1
791	PIETRUSZEWSKI KRZYSZTOF	1069		WARSZAWA	POL	M 40	241	M 701		00:11:20	00:24:51.05	00:26:12.55	4:58	12.1
792	SZELWACHOWSKI DARIUSZ	1392		WARSZAWA	POL	M 50	75	M 702		00:11:15	00:24:52.05	00:25:54.40	4:58	12.1
793	LEWANDOWSKI WOJCIECH	1837		WARSZAWA	POL	M 30	223	M 703		00:11:29	00:24:52.25	00:26:06.75	4:58	12.1
794	DAMPC MARIUSZ	1735		WARSZAWA	POL	M 30	224	M 704		00:11:49	00:24:52.70	00:26:28.50	4:58	12.1
795	PIWOWAREK ROBERT	1088		WARSZAWA	POL	M 20	82	M 705		00:11:50	00:24:53.20	00:26:21.05	4:58	12.1
796	BŁACH PIOTR	89		WARSZAWA	POL	M 20	83	M 706		00:11:45	00:24:53.25	00:26:25.10	4:58	12.1
797	DERESZEWSKI PIOTR	231	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M 40	242	M 707		00:11:53	00:24:53.60	00:26:32.00	4:58	12.1
798	POPŁAWSKI MICHAEL	1109		WARSZAWA	POL	M 30	225	M 708		00:12:10	00:24:54.20	00:26:42.05	4:58	12
799	KOWALSKA KASIA	672	TEAM ZABIEGANEDNI	ZGORZAŁA	POL	K 40	29	K 91	TEAM ZABIEGANEDNI #4	00:11:53	00:24:55.70	00:26:40.55	4:59	12
800	WOSINSKA MAGDALENA	1579	ULTRA LASKI	WARSZAWA	POL	K 40	30	K 92		00:11:30	00:24:56.05	00:26:04.55	4:59	12
801	OSTROWSKI SŁAWOMIR	1014		WARSZAWA	POL	M 40	243	M 709		00:12:04	00:24:56.20	00:26:44.25	4:59	12
802	ZABIELSKI GRZEGORZ	1602		WARSZAWA	POL	M 50	76	M 710		00:11:31	00:24:56.85	00:26:04.85	4:59	12
803	SAWICKI ADRIAN	1236		WARSZAWA	POL	M 30	226	M 711		00:11:54	00:24:57.15	00:26:33.60	4:59	12
804	WŁODARCZYK TOMASZ	1560	-	-	POL	M 30	227	M 712		00:11:30	00:24:57.25	00:26:14.60	4:59	12
805	GIEZ MARCIN	358		WARSZAWA	POL	M 40	244	M 713		00:12:20	00:24:57.50	00:26:54.75	4:59	12

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
806	DĘBSKI KAROL	236		ZAMIENIE	POL	M 30	228	M 714		00:11:34	00:24:58.55	00:26:40.40	4:59	12
807	PŁOCHOWSKI ARKADIUSZ	1095		KARCZEW	POL	M 40	245	M 715		00:11:28	00:24:59.00	00:26:01.05	4:59	12
808	KLIMKIEWICZ BEATA	599		WARSZAWA	POL	K 40	31	K 93		00:11:24	00:24:59.85	00:25:22.65	4:59	12
809	SZADKOWSKI BŁAŻEJ	1377		WARSZAWA	POL	M 40	246	M 716		00:11:49	00:25:00.50	00:26:39.10	5:00	12
810	CIOSEK MARCIN	191		WARSZAWA	POL	M 40	247	M 717		00:11:54	00:25:01.55	00:26:25.45	5:00	12
811	KUCHER PAVLO	724		WARSZAWA	UKR	M 20	84	M 718		00:12:35	00:25:03.00	00:27:00.30	5:00	12
812	KUCHARSKI MICHAŁ	722		WARSZAWA	POL	M 20	85	M 719		00:10:59	00:25:03.30	00:26:14.05	5:00	12
813	KOŁODZIEJSKA IWONA	620		JABLONNA	POL	K 40	32	K 94		00:11:54	00:25:03.45	00:26:39.05	5:00	12
814	DUBAN ELŻBIETA	262		JANKI	POL	K 50	11	K 95		00:11:56	00:25:05.20	00:26:34.50	5:01	12
815	WIECZOREK MIŁOSZ	2120		WARSZAWA	POL	M 16	31	M 720		00:12:13	00:25:05.20	00:26:18.10	5:01	12
816	ORŁOWSKI KACPER	1885		WARSZAWA	POL	M 30	229	M 721		00:11:35	00:25:05.55	00:26:16.50	5:01	12
817	WOŹNIAK PRZEMYSŁAW	1584		WARSZAWA	POL	M 30	230	M 722		00:11:39	00:25:05.60	00:27:01.80	5:01	12
818	KOPACZEL PAWEŁ	628	LEGIA RUN CLUB WARSZAWA	RYBNO	POL	M 40	248	M 723		00:11:47	00:25:05.75	00:25:50.20	5:01	12
819	CZUBASZEK KRZYSZTOF	212		WARSZAWA	POL	M 40	249	M 724		00:11:30	00:25:07.05	00:26:15.20	5:01	11.9
820	MALINOWSKI RADEK	838		WARSZAWA	POL	M 40	250	M 725		00:12:42	00:25:07.55	00:26:19.00	5:01	11.9
821	DRACHAL AGATA	256		PIASTÓW	POL	K 30	35	K 96		00:12:06	00:25:08.00	00:26:34.35	5:01	11.9
822	ORNOWSKA JOANNA	1004		WARSZAWA	POL	K 20	14	K 97		00:11:24	00:25:08.05	00:26:24.40	5:01	11.9
823	LISEWSKI DOMINIK	787		WARSZAWA	POL	M 30	231	M 726		00:12:23	00:25:08.55	00:27:52.70	5:01	11.9
824	LEWANDOWSKI PRZEMYSŁAW	778		WARSZAWA	POL	M 30	232	M 727		00:11:54	00:25:09.15	00:26:47.10	5:01	11.9
825	CHAZAN BERNARD	153		WARSZAWA	POL	M 50	77	M 728		00:11:47	00:25:09.25	00:26:31.45	5:01	11.9
826	MACUTKIEWICZ ADAM	820	MARATOŃCZYCY	WARSZAWA	POL	M 20	86	M 729	MARATOŃCZYCY	00:12:41	00:25:10.05	00:26:53.55	5:02	11.9
827	CIEŚLAK RADEK	186		ŁOZISKA	POL	M 30	233	M 730		00:11:44	00:25:10.10	00:25:57.60	5:02	11.9
828	DĄBROWSKI JAROSŁAW	227		WARSZAWA	POL	M 40	251	M 731		00:11:37	00:25:10.30	00:26:11.35	5:02	11.9
829	SIERY ARTUR	1252		WARSZAWA	POL	M 60	24	M 732		00:11:46	00:25:11.35	00:26:42.35	5:02	11.9
830	BUJAŁSKI KONRAD	130	ETV ULUBIONA WARSZAWA	WARSZAWA	POL	M 20	87	M 733		00:12:10	00:25:12.15	00:27:07.55	5:02	11.9
831	CHRZANOWSKI MICHAŁ	175		WARSZAWA	POL	M 40	252	M 734		00:12:46	00:25:12.25	00:26:51.75	5:02	11.9
832	GWÓZDŹ PAWEŁ	1799		WARSZAWA	POL	M 40	253	M 735		00:11:34	00:25:13.05	00:26:04.05	5:02	11.9
833	JUSZCZAK LESZEK	1806	GOĆLAWSKIE KOTY Z NIEZALEŻNYM CYRYLEM NA CZELE	WARSZAWA	POL	M 60	25	M 736		00:11:41	00:25:13.20	00:26:19.35	5:02	11.9
834	MATYSIAK ALEKSANDRA	2148		WARSZAWA	POL	K 14	2	K 98		00:12:04	00:25:13.30	00:26:44.65	5:02	11.9
835	DĄBROWSKI PAWEŁ	1763	STADO PĘDZĄCYCH IMADEŁ	-	POL	M 40	254	M 737	STADO PĘDZĄCYCH IMADEŁ	00:11:43	00:25:13.65	00:26:19.90	5:02	11.9
836	KOŚLACZ IRENEUSZ	1732		WARSZAWA	POL	M 40	255	M 738		00:12:02	00:25:14.65	00:26:54.90	5:02	11.9
837	LENDZION JAROSŁAW	773	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	256	M 739	GRUPA BIEGOWA UM W-WA	00:12:33	00:25:14.65	00:26:36.85	5:02	11.9
838	TYC PIOTR	1479		WARSZAWA	POL	M 20	88	M 740		00:12:23	00:25:15.80	00:27:04.80	5:03	11.9
839	ZAMYŁKO LIDIA	1622		WARSZAWA	POL	K 40	33	K 99		00:12:04	00:25:16.25	00:28:35.90	5:03	11.9
840	SZYMCZYK MICHAŁ	1422	NASTĘPNY KROK TEAM	WARSZAWA	POL	M 30	234	M 741		00:11:22	00:25:16.30	00:26:33.30	5:03	11.9
841	KEMPA PIOTR	568		WARSZAWA	POL	M 30	235	M 742		00:11:59	00:25:16.35	00:26:33.35	5:03	11.9
842	WÓJCIK AGNIESZKA	1996		WARSZAWA	POL	K 30	36	K 100		00:11:38	00:25:17.50	00:26:20.80	5:03	11.9
843	KORNOWICZ ARKADIUSZ	645		WARSZAWA	POL	M 40	257	M 743		00:11:46	00:25:17.70	00:26:47.30	5:03	11.9
844	KORDA SEBASTIAN	2144		-	POL	M 14	20	M 744		00:12:26	00:25:18.35	00:27:03.55	5:03	11.9
845	TULA RENATA	1475		WARSZAWA	POL	K 70	1	K 101		00:11:54	00:25:18.50	00:26:47.90	5:03	11.9
846	BORETA MARZENA	1749	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	K 40	34	K 102		00:11:33	00:25:18.60	00:26:16.65	5:03	11.9
847	PUCZYŃSKA RENATA	1144		WARSZAWA	POL	K 40	35	K 103		00:11:16	00:25:18.85	00:26:08.50	5:03	11.9
848	SAS SZYMON	1235		WARSZAWA	POL	M 30	236	M 745		00:12:05	00:25:19.60	00:27:01.15	5:03	11.8
849	SZYKUŁA KACPER	1957		WARSZAWA	POL	M 30	237	M 746		00:11:53	00:25:20.90	00:27:04.50	5:04	11.8
850	BODAK KAJETAN	95		WARSZAWA	POL	M 40	258	M 747		00:12:17	00:25:21.45	00:27:09.20	5:04	11.8
851	RUSIECKI PRZEMYSŁAW	1919		WARSZAWA	POL	M 40	259	M 748		00:11:49	00:25:22.00	00:26:48.65	5:04	11.8
852	PIASECZYŃSKA-JAMBOR AGATA	1058	ŻÓRAWSKI TEAM	WARSZAWA	POL	K 40	36	K 104	ŻÓRAWSKI TEAM	00:11:42	00:25:22.35	00:26:12.70	5:04	11.8
853	GOŹDZIAK KRZYSZTOF	189		MIELEC	POL	M 20	89	M 749		00:12:51	00:25:23.95	00:28:11.10	5:04	11.8
854	MŁYNARCZYK DAREK	916	***** ***	ZALESIE GÓRNE	POL	M 40	260	M 750		00:11:50	00:25:24.60	00:26:54.45	5:04	11.8
855	BOHDZIEWICZ PAWEŁ	99		DZIEKANÓW LEŚNY	POL	M 40	261	M 751		00:11:57	00:25:24.85	00:26:54.15	5:04	11.8
856	OSYRA TOMASZ	1016		WARSZAWA	POL	M 40	262	M 752		00:11:56	00:25:24.90	00:27:13.90	5:04	11.8
857	BIERNACKI MATEUSZ	1746		KONSTANCIN	POL	M 20	90	M 753		00:12:13	00:25:27.10	00:27:09.80	5:05	11.8
858	KACPROWSKI TADEUSZ	1808		WARSZAWA	POL	M 70	5	M 754		00:11:56	00:25:27.35	00:26:57.80	5:05	11.8
859	STĘPNIEWSKI JAKUB	1348		RASZYN	POL	M 20	91	M 755		00:11:31	00:25:27.60	00:26:43.90	5:05	11.8

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
860	SUŁKOWSKI MICHAŁ	1950		WARSZAWA	POL	M 30	238	M 756		00:12:13	00:25:27.75	00:27:03.30	5:05	11.8
861	MANART MATEUSZ	847		WARSZAWA	POL	M 30	239	M 757	ITMRUN	00:11:35	00:25:28.75	00:26:26.20	5:05	11.8
862	ŻAKOWICZ FRANEK	2113		JOZEFOSAW	POL	M 16	32	M 758		00:11:05	00:25:28.85	00:26:27.70	5:05	11.8
863	SUŁKOWSKA MAGDALENA	1947		WARSZAWA	POL	K 30	37	K 105		00:12:14	00:25:29.20	00:27:03.25	5:05	11.8
864	GARBIEC BOGDAN	338		WARSZAWA	POL	M 50	78	M 759		00:11:23	00:25:29.80	00:26:49.15	5:05	11.8
865	KOCIĘCKA EDYTA	612		OLSZTYN	POL	K 20	15	K 106		00:12:01	00:25:30.20	00:27:06.95	5:06	11.8
866	DYCHA MARCIN	275	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 50	79	M 760		00:12:16	00:25:31.40	00:27:08.15	5:06	11.8
867	BUGAJ PRZEMYSŁAW	129		WARSZAWA	POL	M 30	240	M 761		00:12:10	00:25:31.95	00:27:12.45	5:06	11.8
868	DYBEK PAWEŁ	1780	PGE ENERGETIC RUNNING	WARSZAWA	POL	M 40	263	M 762		00:12:10	00:25:32.00	00:27:23.00	5:06	11.7
869	WILK ŁUKASZ	1540		WARSZAWA	POL	M 40	264	M 763		00:13:07	00:25:33.30	00:27:41.30	5:06	11.7
870	MICHALCZUK JAREK	899		WARSZAWA	POL	M 30	241	M 764		00:12:59	00:25:33.55	00:28:01.10	5:06	11.7
871	NAGIEL BARTOSZ	947		WARSZAWA	POL	M 30	242	M 765		00:12:31	00:25:34.40	00:27:29.05	5:06	11.7
872	PRUSAK MARTA	1130	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	K 40	37	K 107	TEAM ZABIEGANEDNI #2	00:12:23	00:25:35.00	00:27:20.05	5:07	11.7
873	RÓŻAK-RUKUSZEWICZ MAGDALENA	1200	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	K 40	38	K 108		00:11:55	00:25:35.10	00:27:06.55	5:07	11.7
874	KOŚNIK ALICJA	662		WARSZAWA	POL	K 20	16	K 109		00:12:21	00:25:35.10	00:27:28.95	5:07	11.7
875	CHARKO ELŻBIETA	151	GÓRA BIEGA	GÓRA KALWARIA	POL	K 30	38	K 110	GÓRA BIEGA	00:12:26	00:25:35.10	00:27:08.25	5:07	11.7
876	SIWCZAK AGNIESZKA	1264	MORDERCZE OPONKI	WARSZAWA	POL	K 30	39	K 111	MORDERCZE OPONKI	00:12:23	00:25:35.60	00:27:26.60	5:07	11.7
877	STALICA WOJCIECH	1327		CZĘSTOCHOWA	POL	M 50	80	M 766		00:12:04	00:25:35.75	00:27:42.20	5:07	11.7
878	PISARSKI MICHAŁ	1085		WARSZAWA	POL	M 40	265	M 767		00:12:41	00:25:36.45	00:27:17.60	5:07	11.7
879	FIEDOROWICZ EWA	303		WARSZAWA	POL	K 40	39	K 112	PRACUJĄCA TRÓJKA	00:11:57	00:25:37.30	00:26:51.45	5:07	11.7
880	FIGAT KRZYSZTOF	304		WARSZAWA URSYNÓW	POL	M 40	266	M 768		00:12:29	00:25:37.35	00:27:28.50	5:07	11.7
881	SOSIŃSKI HUBERT	1319	RUNFORRESTRUN	WARSZAWA	POL	M 30	243	M 769		00:12:21	00:25:38.00	00:27:36.05	5:07	11.7
882	WELSZYNG PIOTR	1521		ROKIETNICA	POL	M 40	267	M 770		00:11:56	00:25:38.25	00:26:55.00	5:07	11.7
883	SĘDEK PIOTR	1240		WARSZAWA	POL	M 50	81	M 771		00:12:32	00:25:38.45	00:27:31.40	5:07	11.7
884	PYZARA TOMASZ	1154		CHOTOMÓW	POL	M 40	268	M 772		00:11:42	00:25:39.30	00:26:42.25	5:07	11.7
885	SHKURENKO MAKSYM	1929	PEREMOHA	WARSZAWA	UKR	M 40	269	M 773		00:11:13	00:25:41.15	00:27:13.10	5:08	11.7
886	LEWANDOWSKĄ JOANNA	777		WARSZAWA	POL	K 50	12	K 113		00:12:08	00:25:41.30	00:27:31.25	5:08	11.7
887	ŻÓŁKOWSKI MAREK	1668	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 60	26	M 774	TEAM ZABIEGANEDNI	00:12:14	00:25:42.00	00:27:25.15	5:08	11.7
888	ZAWIŚLAK PAWEŁ	1637		MYSIADŁO	POL	M 16	33	M 775		00:12:41	00:25:42.90	00:27:08.85	5:08	11.7
889	JAŃCZYK WOJCIECH	1802		WARSZAWA	POL	M 40	270	M 776		00:12:27	00:25:43.10	00:27:39.85	5:08	11.7
890	ZAWADKA MARTA	1631		WARSZAWA	POL	K 30	40	K 114		00:12:21	00:25:43.95	00:27:22.90	5:08	11.7
891	SZYMAŃSKI ROBERT	1960	KREWKI URSYNÓW HDK	WARSZAWA	POL	M 40	271	M 777		00:12:21	00:25:44.05	00:27:33.05	5:08	11.7
892	KOSTECKI HUBERT	659		WARSZAWA	POL	M 30	244	M 778		00:12:20	00:25:44.60	00:27:31.45	5:08	11.7
893	DUDZIŃSKI WOJCIECH	600		GRÓJEC	POL	M 50	82	M 779		00:12:03	00:25:44.90	00:27:35.40	5:08	11.7
894	GRECKI MICHAŁ	403	PWPW SA	CHYLICZKI	POL	M 30	245	M 780		00:12:45	00:25:45.00	00:27:07.50	5:09	11.7
895	TROJANOWSKA KAROLINA	1969		WARSZAWA	POL	K 30	41	K 115		00:12:18	00:25:45.75	00:28:20.55	5:09	11.7
896	ŁADNY KACPER	1845		WARSZAWA	POL	M 12	8	M 781		00:12:23	00:25:46.15	00:27:24.20	5:09	11.6
897	CHWASTEK RYSZARD	177	RATUJMYRSIE	WARSZAWA	POL	M 60	27	M 782		00:12:21	00:25:46.65	00:27:51.95	5:09	11.6
898	SZYDLIK MATEUSZ	1956		WARSZAWA	POL	M 30	246	M 783		00:11:48	00:25:46.95	00:27:23.60	5:09	11.6
899	ŚWINIARSKI ADAM	1951		WARSZAWA	POL	M 20	92	M 784		00:12:10	00:25:47.30	00:27:30.95	5:09	11.6
900	MASKIEWICZ ARKADIUSZ	867	ERA RUNNING TEAM	WARSZAWA	POL	M 50	83	M 785		00:12:21	00:25:47.55	00:27:29.60	5:09	11.6
901	JÓŻWIAK AGNIESZKA	2138		WARSZAWA	POL	K 40	40	K 116		00:11:52	00:25:47.65	00:26:47.40	5:09	11.6
902	GAŹTOWSKI ARTUR	351		WARSZAWA	POL	M 30	247	M 786		00:11:55	00:25:47.85	00:27:11.30	5:09	11.6
903	MARKOWSKA OKTAWIA	859	BIEGAJ Z DYMKIEM	WARSZAWA	POL	K 40	41	K 117		00:12:07	00:25:48.00	00:27:16.20	5:09	11.6
904	GÓRSKI HUBERT	393		WARSZAWA	POL	M 30	248	M 787		00:12:08	00:25:49.20	00:27:19.95	5:09	11.6
905	DĄBROWSKA KATARZYNA	1774	WARSAW RUN CLUB	WARSZAWA	POL	K 50	13	K 118	AKTYWNA WARSZAWA	00:12:20	00:25:49.25	00:27:39.45	5:09	11.6
906	MIKULSKI DAMIAN	906	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	272	M 788	TEAM ZABIEGANEDNI #4	00:12:32	00:25:49.75	00:27:38.85	5:09	11.6
907	STRZELCZYK KAMIL	1357	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	273	M 789	TEAM ZABIEGANEDNI	00:12:23	00:25:49.80	00:27:37.40	5:09	11.6
908	SZYMOR JOANNA	1423	SERWIS POJAZDÓW ADAM WOŁKOWYCKI	WARSZAWA	POL	K 30	42	K 119		00:12:23	00:25:50.30	00:27:38.35	5:10	11.6
909	GĄSKA AGNIESZKA	348	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	K 20	17	K 120	TEAM ZABIEGANEDNI	00:12:26	00:25:50.45	00:27:35.75	5:10	11.6
910	NOWICKI PIOTR	974		WARSZAWA	POL	M 40	274	M 790		00:12:34	00:25:50.60	00:27:39.40	5:10	11.6
911	BOŻEK MARIUSZ	108	ORSOME RUNNERS	WARSZAWA	POL	M 30	249	M 791		00:12:21	00:25:51.45	00:27:41.50	5:10	11.6
912	GABRYSEWSKI RADOSŁAW	324		WARSZAWA	POL	M 30	250	M 792		00:12:26	00:25:52.50	00:27:00.20	5:10	11.6
913	KAMIŃSKI TOMASZ	535	MARATOŃCZYCY	WARSZAWA	POL	M 20	93	M 793	MARATOŃCZYCY	00:12:04	00:25:52.60	00:27:35.55	5:10	11.6

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
914	ŁASZCZYCH MAŁGORZATA	796		WARSZAWA	POL	K 30	43	K 121		00:11:57	00:25:53.10	00:27:11.80	5:10	11.6
915	KALINOWSKI KAROL	525	KS LEMIESZ TEAM	WARSZAWA	POL	M 40	275	M 794		00:11:52	00:25:53.15	00:27:15.45	5:10	11.6
916	KARPIŃSKA-GROMEK MONIKA	550	KS LEMIESZ TEAM	WARSZAWA	POL	K 40	42	K 122		00:11:52	00:25:53.55	00:27:16.35	5:10	11.6
917	MOLSKI ANDRZEJ	922		WARSZAWA	POL	M 50	84	M 795		00:11:58	00:25:53.65	00:27:21.85	5:10	11.6
918	OWCZARCZYK MICHAŁ	1017		WARSZAWA	POL	M 40	276	M 796		00:11:34	00:25:53.95	00:27:30.70	5:10	11.6
919	UKRAINIEC BOGDAN	1975	SC ULTRA	LWOW	UKR	M 60	28	M 797		00:12:14	00:25:54.15	00:27:29.25	5:10	11.6
920	BOROWSKI MIKOŁAJ	103		WARSZAWA	POL	M 30	251	M 798		00:12:33	00:25:54.45	00:27:46.40	5:10	11.6
921	KALUŻNY KAROL	531		MICHAŁOWICE	POL	M 40	277	M 799		00:12:42	00:25:55.55	00:27:31.70	5:11	11.6
922	KALUŻNA JUSTYNA	530		MICHAŁOWICE	POL	K 40	43	K 123		00:12:42	00:25:55.95	00:27:31.85	5:11	11.6
923	BORUTA KAMIL	106		WARSZAWA	POL	M 30	252	M 800		00:12:23	00:25:56.35	00:27:49.10	5:11	11.6
924	DŁUGOSZ MARTA	240		WARSZAWA	POL	K 30	44	K 124		00:12:31	00:25:56.35	00:27:47.55	5:11	11.6
925	PROCHWICZ JAKUB	1120	X FIGHT PIASECZNO	WARSZAWA	POL	M 30	253	M 801		00:12:33	00:25:56.40	00:27:46.45	5:11	11.6
926	OCHNIK KAMILA	982		WARSZAWA	POL			K 125		00:12:22	00:25:57.05	00:27:49.60	5:11	11.6
927	FABROWICZ KATARZYNA	292		WARSZAWA	POL	K 40	44	K 126		00:11:50	00:25:58.20	00:27:27.35	5:11	11.6
928	HAWRYLUK-STASIAK EWA	427	BIEGUNI 2022	WARSZAWA	POL	K 60	1	K 127		00:12:18	00:25:58.60	00:27:47.05	5:11	11.6
929	WAŚOWSKI PIOTR	1518		PRUSZKÓW	POL	M 50	85	M 802		00:12:07	00:25:58.70	00:27:28.10	5:11	11.6
930	KRATOK DMITRY	689	RUN_WAWA_RUN	WARSZAWA	POL	M 30	254	M 803		00:12:30	00:25:58.85	00:27:34.40	5:11	11.6
931	PAŃCZYK JOANNA	1034	THE PAŃCZYKS	WARSZAWA	POL	K 40	45	K 128		00:12:15	00:25:59.55	00:27:21.30	5:11	11.5
932	ULICZNY MICHAŁ	1488		WARSZAWA	POL	M 20	94	M 804		00:12:40	00:25:59.70	00:27:39.40	5:11	11.5
933	MYSTKOWSKA MARTA	1870		WARSZAWA	POL	K 30	45	K 129		00:11:59	00:25:59.80	00:28:25.25	5:11	11.5
934	ROJEWSKI MATEUSZ	1189		WARSZAWA	POL	M 20	95	M 805		00:11:47	00:26:00.50	00:27:31.15	5:12	11.5
935	KLUCZYK ANTONI	2045	KS GROM	WARSZAWA	POL	M 12	9	M 806		00:11:59	00:26:00.65	00:27:36.35	5:12	11.5
936	STĘPIEŃ RADOŚLAW	1345		JÓZEFOSŁAW	POL	M 40	278	M 807		00:11:53	00:26:01.00	00:27:22.90	5:12	11.5
937	WYBRANIEC MICHAŁ	1595		WARSZAWA	POL	M 40	279	M 808		00:12:12	00:26:01.35	00:27:42.05	5:12	11.5
938	ŚLASKA MARIA	1285		NOWA IWICZNA	POL	K 20	18	K 130		00:11:29	00:26:01.60	00:27:32.30	5:12	11.5
939	SIRODZKI ZBIGNIEW	1260		WARSZAWA	POL	M 50	86	M 809		00:11:58	00:26:01.65	00:29:03.70	5:12	11.5
940	GNIADZIK RAFAL	369	DEAF RUNNING	WARSZAWA	POL	M 40	280	M 810	DEAF RUNNING	00:12:23	00:26:01.75	00:27:01.30	5:12	11.5
941	WOLKOWYCKI ADAM	1575	SERWIS POJAZDÓW ADAM WOŁKOWYCKI	WARSZAWA	POL	M 40	281	M 811		00:12:26	00:26:02.20	00:28:03.50	5:12	11.5
942	LACHOWICZ TOMASZ	756	WITC	WARSZAWA	POL	M 20	96	M 812		00:11:37	00:26:03.30	00:26:22.05	5:12	11.5
943	KRÓL PATRYK	701		WARSZAWA	POL	M 30	255	M 813		00:11:57	00:26:03.35	00:28:21.20	5:12	11.5
944	ZARZYCKA OLA	1627		WARSZAWA	POL	K 40	46	K 131		00:12:00	00:26:04.40	00:26:36.70	5:12	11.5
945	KROSZKA BEATA	697	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 50	14	K 132	TEAM ZABIEGANEDNI	00:12:26	00:26:04.40	00:27:54.00	5:12	11.5
946	ZAKRZEWSKI MATEUSZ	163		WARSZAWA	POL	M 20	97	M 814		00:11:47	00:26:04.55	00:28:54.15	5:12	11.5
947	NIEDZIÓŁKA JACEK	2141		-	POL	M 50	87	M 815		00:12:45	00:26:05.75	00:27:33.95	5:13	11.5
948	PATEJ MACIEJ	1720		BIAŁYSTOK	POL	M 20	98	M 816		00:12:43	00:26:06.55	00:27:39.60	5:13	11.5
949	PRZYBYSZ MATEUSZ	1139		WARSZAWA	POL	M 20	99	M 817		00:12:32	00:26:06.70	00:27:48.05	5:13	11.5
950	FRANCZYK MONIKA	1785		WARSZAWA	POL	K 30	46	K 133		00:12:08	00:26:07.10	00:28:04.65	5:13	11.5
951	LIACH ALIAKSANDR	782		WARSAW	BEL	M 30	256	M 818		00:12:06	00:26:08.55	00:28:08.25	5:13	11.5
952	JAZNICKI TOMEK	483	KS ZNICZ - POWAŻKI	WARSZAWA	POL	M 50	88	M 819		00:12:28	00:26:08.95	00:28:05.90	5:13	11.5
953	BRZOZOWSKI ERNEST	118	KS STASZEWSKY	BŁONIE	POL	M 40	282	M 820	KS STASZEWSKY	00:12:03	00:26:09.05	00:27:22.70	5:13	11.5
954	SZULC KASIA	1403		ZĄBKI	POL	K 50	15	K 134		00:12:20	00:26:09.05	00:27:35.40	5:13	11.5
955	MARCINKOWSKI DARIUSZ	853		SOCHACZEW	POL	M 60	29	M 821		00:12:32	00:26:09.40	00:28:07.15	5:13	11.5
956	SIWEK ANNA	1265		WARSZAWA	POL	K 40	47	K 135		00:11:48	00:26:10.65	00:27:37.90	5:14	11.5
957	LEŚNIAK KRZYSZTOF	775	LEŚNIAKTEAM	WARSZAWA	POL	M 40	283	M 822		00:12:04	00:26:11.05	00:27:15.05	5:14	11.5
958	KOSZUT WOJCIECH	1824		WARSZAWA	POL	M 40	284	M 823		00:12:37	00:26:11.20	00:28:07.35	5:14	11.5
959	GRUSZKA JAKUB	413	TN BIEGÓWKI WESOŁA	WARSZAWA	POL	M 30	257	M 824		00:11:29	00:26:12.05	00:27:29.85	5:14	11.5
960	BRAMSON PIOTR	1750		WARSZAWA	POL	M 40	285	M 825		00:11:46	00:26:13.05	00:26:40.25	5:14	11.4
961	JURDECZKA MIROŚLAW	501		WARSZAWA	POL	M 30	258	M 826		00:12:11	00:26:13.35	00:28:08.15	5:14	11.4
962	ZAIŁEWICZ MAREK	1612		WARSZAWA	POL	M 40	286	M 827		00:12:39	00:26:13.40	00:29:33.35	5:14	11.4
963	CYBULSKI DAWID	1762		ZAMOŚĆ	POL	M 20	100	M 828		00:12:44	00:26:13.40	00:28:50.10	5:14	11.4
964	MURAWSKA MAŁGORZATA	938	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 50	16	K 136	TEAM ZABIEGANEDNI	00:12:28	00:26:15.55	00:27:59.75	5:15	11.4
965	JĘDRZEJEWSKA LAURA	1805		PŁOŃSK	POL	K 20	19	K 137		00:12:19	00:26:15.60	00:28:00.50	5:15	11.4
966	GUTOWSKI PIOTR	422		SKARYSZEW	POL	M 20	101	M 829		00:12:34	00:26:16.65	00:28:01.35	5:15	11.4
967	GOLISZ ADAM	377		MYSIADŁO	POL	M 50	89	M 830		00:12:41	00:26:17.05	00:27:43.10	5:15	11.4
968	ZACHUTA PIOTR	1606		WARSZAWA	POL	M 30	259	M 831		00:12:22	00:26:18.00	00:28:14.90	5:15	11.4
969	OWCZARCZYK JANEK	2071		WARSZAWA	POL	M 14	21	M 832		00:11:59	00:26:18.05	00:27:30.50	5:15	11.4

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
970	PINDAKIEWICZ MICHAŁ	1079		WARSZAWA	POL	M 50	90	M 833		00:12:16	00:26:18.30	00:28:00.70	5:15	11.4
971	GIERSZEWSKI MARIUSZ	357		ŻDŻAR	POL	M 30	260	M 834		00:11:56	00:26:18.40	00:27:52.10	5:15	11.4
972	MAKOWSKI JULIUSZ	1852		WARSZAWA	POL	M 30	261	M 835		00:12:07	00:26:19.85	00:27:32.45	5:15	11.4
973	ŚWIDERSKI DARIUSZ	1431	POLYPHARM	WARSZAWA	POL	M 50	91	M 836		00:12:12	00:26:20.65	00:27:40.60	5:16	11.4
974	KIETLIŃSKI SZYMON	1814		WARSZAWA	POL	M 12	10	M 837		00:13:12	00:26:20.80	00:29:28.90	5:16	11.4
975	MARCINKOWSKI KRZYSZTOF	1856		WARSZAWA	POL	M 40	287	M 838		00:12:14	00:26:21.25	00:27:58.40	5:16	11.4
976	SKUP KACPER	1281		WARSZAWA	POL	M 30	262	M 839		00:11:18	00:26:21.30	00:27:07.55	5:16	11.4
977	ZABLOCKI WOJCIECH	1603		WARSAW	POL	M 30	263	M 840		00:11:58	00:26:21.65	00:27:29.70	5:16	11.4
978	ROJEWSKA PAULINA	1188		WARSZAWA	POL	K 20	20	K 138		00:11:59	00:26:22.10	00:27:29.85	5:16	11.4
979	DĄBROWSKI DANIEL	1724		MYSZKÓW	POL	M 40	288	M 841		00:12:26	00:26:22.75	00:28:12.65	5:16	11.4
980	AUGUSTYN ŁUKASZ	38	CBRE	WARSZAWA	POL	M 30	264	M 842		00:12:10	00:26:22.90	00:26:30.60	5:16	11.4
981	GIEFERT SYLWIA	1788		WARSZAWA	POL	K 20	21	K 139		00:12:19	00:26:23.15	00:28:08.50	5:16	11.4
982	MOTYKA ALEKSANDRA	2068	GÓRA BIEGA	GÓRA KALWARIA	POL	K 14	3	K 140	DRAGONFLIES	00:12:04	00:26:23.25	00:27:54.70	5:16	11.4
983	ANTKIEWICZ WERONIKA	29		WARSZAWA (URSYNÓW)	POL	K 20	22	K 141		00:12:02	00:26:23.40	00:27:43.80	5:16	11.4
984	GRABEK RADOSŁAW	1796		WARSZAWA	POL	M 40	289	M 843		00:12:35	00:26:24.05	00:27:56.65	5:16	11.4
985	KOZŁOWSKI PATRYK	685	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	290	M 844	GÓRA BIEGA	00:12:04	00:26:24.40	00:27:55.65	5:16	11.4
986	TRZASKO ANIA	1472	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30	47	K 142		00:12:29	00:26:24.85	00:28:02.60	5:16	11.4
987	BIEDROŃ DARIUSZ	73	ALUNIO TEAM	WARSZAWA	POL	M 40	291	M 845		00:12:44	00:26:25.10	00:28:01.85	5:17	11.4
988	DZIUBIŃSKI PIOTR	288	KDPS	WARSZAWA	POL	M 30	265	M 846		00:12:27	00:26:25.95	00:28:21.70	5:17	11.4
989	KARNEY KRZYSZTOF	548		WARSZAWA	POL	M 40	292	M 847		00:12:45	00:26:26.40	00:29:15.00	5:17	11.3
990	MOSŃ TOMASZ	1867		WARSZAWA	POL	M 40	293	M 848		00:12:42	00:26:27.35	00:28:19.70	5:17	11.3
991	OSTROWSKI MARCIN	1013		WARSZAWA	POL	M 40	294	M 849		00:12:51	00:26:27.35	00:28:05.10	5:17	11.3
992	GIECKO ANNA	353		LUBLIN	POL	K 50	17	K 143		00:12:12	00:26:27.75	00:26:47.10	5:17	11.3
993	KRZECZEWSKI PIOTR	709		WARSZAWA	POL	M 30	266	M 850		00:12:25	00:26:27.80	00:29:07.05	5:17	11.3
994	CIEŚLIK EMIL	2011	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 16	34	M 851	ŁÓDŹ KOCHA SPORT	00:13:17	00:26:27.95	00:29:19.30	5:17	11.3
995	MACUTKIEWICZ IZABELA	819		WARSZAWA	POL	K 30	48	K 144		00:12:23	00:26:28.05	00:27:58.40	5:17	11.3
996	BRODZKI JAN	112		WARSZAWA	POL	M 30	267	M 852		00:11:43	00:26:29.05	00:27:28.65	5:17	11.3
997	BOGUSZEWSKI PIOTR	98		WARSZAWA	POL	M 40	295	M 853		00:12:36	00:26:29.05	00:30:13.75	5:17	11.3
998	SUCHOCKI KONRAD	1364		SZEWNICA	POL	M 30	268	M 854		00:12:38	00:26:29.15	00:28:43.05	5:17	11.3
999	WÓJCIK ARTUR	1587		JÓZEFOSŁAW	POL	M 40	296	M 855		00:12:03	00:26:29.35	00:27:53.85	5:17	11.3
1000	SOWIAK GRZEGORZ	1322		WARSZAWA	POL	M 30	269	M 856		00:12:16	00:26:29.40	00:27:50.55	5:17	11.3
1001	CHARCZUŁA MARTA	148		IZABELIN	POL	K 30	49	K 145		00:12:50	00:26:29.95	00:28:47.40	5:17	11.3
1002	FRENKEL MAREK	319		BLIZNE JASIŃSKIEGO	POL	M 50	92	M 857		00:12:14	00:26:30.20	00:29:59.25	5:18	11.3
1003	JAGUŚ PIOTREK	453		WARSZAWA	POL	M 30	270	M 858		00:11:56	00:26:31.05	00:28:26.45	5:18	11.3
1004	PIECZONKA MARCIN	1064		WARSZAWA	POL	M 30	271	M 859		00:11:46	00:26:31.30	00:29:17.80	5:18	11.3
1005	JAKÓBCZAK MICHAŁ	454		ZĄBKI	POL	M 20	102	M 860		00:12:08	00:26:31.55	00:28:25.75	5:18	11.3
1006	GAJOWNICZEK ARTUR	333		WARSZAWA	POL	M 40	297	M 861		00:12:30	00:26:32.05	00:27:37.80	5:18	11.3
1007	DUBAN MAGDALENA	2020		JANKI	POL	K 14	4	K 146			00:26:33.15	00:28:01.95	5:18	11.3
1008	GOLISZ EWA	376		WARSZAWA	POL	K 50	18	K 147		00:12:32	00:26:33.35	00:27:58.55	5:18	11.3
1009	ŁYSIAK KRZYSZTOF	811	KOTLET POWER TEAM	WARSZAWA	POL	M 40	298	M 862		00:12:14	00:26:34.40	00:28:48.15	5:18	11.3
1010	PODGÓRSKA ALEKSANDRA	67		WARSZAWA	POL	K 30	50	K 148		00:12:01	00:26:34.70	00:28:10.10	5:18	11.3
1011	KALINOWSKI PIOTR	524		NOWA IWICZNA	POL	M 40	299	M 863		00:13:00	00:26:34.75	00:28:15.35	5:18	11.3
1012	KNAP MACIEJ	2046		WARSZAWA	POL	M 16	35	M 864		00:13:52	00:26:35.45	00:29:16.50	5:19	11.3
1013	BANACH MATEUSZ	44		WARSZAWA	POL	M 30	272	M 865		00:12:31	00:26:35.55	00:27:25.70	5:19	11.3
1014	CHUDECKI ŁUKASZ	176		WARSZAWA	POL	M 30	273	M 866		00:12:30	00:26:36.15	00:27:41.90	5:19	11.3
1015	GIL WOJCIECH	359	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 50	93	M 867	TEAM ZABIEGANEDNI	00:12:50	00:26:36.30	00:27:24.25	5:19	11.3
1016	MOKRZANOWSKA ANNA	919		WARSZAWA	POL	K 30	51	K 149		00:12:21	00:26:37.30	00:28:10.20	5:19	11.3
1017	RUKUSZEWSKI WAWRZYNIEC	1206	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	M 40	300	M 868		00:12:36	00:26:37.85	00:28:10.00	5:19	11.3
1018	FRITZ TOMASZ	1786		BIELSKO BIAŁA	POL	M 40	301	M 869		00:12:24	00:26:38.10	00:28:17.90	5:19	11.3
1019	BUDNICKI GRZEGORZ	127		WARSZAWA	POL	M 60	30	M 870		00:12:28	00:26:38.35	00:27:49.60	5:19	11.3
1020	CHMIELEWSKI TOMASZ	160		PIASTÓW	POL	M 40	302	M 871		00:13:10	00:26:38.50	00:29:17.85	5:19	11.3
1021	KUKLA ELZBIETA	732	RYSIK RUNNERS	WARSZAWA	POL	K 50	19	K 150		00:12:26	00:26:38.65	00:28:20.00	5:19	11.3
1022	ROGALSKA JUSTYNA	1186		WARSZAWA	POL	K 30	52	K 151		00:12:41	00:26:39.80	00:28:58.15	5:19	11.3
1023	CYNKIER MIESZKO	197	TEAM ENVOL POLAND	SULJEÓWEK	POL	M 40	303	M 872		00:12:49	00:26:42.40	00:28:35.80	5:20	11.2
1024	ANIÓŁKOWSKI KRZYSZTOF	27	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	304	M 873	AKTYWNA WARSZAWA	00:13:15	00:26:42.60	00:29:23.40	5:20	11.2
1025	REGUCKI FABIAN	1173		WARSZAWA	POL	M 16	36	M 874		00:12:27	00:26:43.20	00:29:10.30	5:20	11.2
1026	PASZKIEWICZ ALICJA	1703		WARSZAWA	POL	K 20	23	K 152		00:12:33	00:26:43.85	00:28:23.65	5:20	11.2

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1027	CIEŚLIK MARIUSZ	188	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 40	305	M 875	ŁÓDŹ KOCHA SPORT	00:13:17	00:26:43.95	00:29:34.30	5:20	11.2
1028	SZYMAŃSKA MAJA	1414	WARSZAWA	WARSZAWA	POL	K 16	4	K 153		00:12:24	00:26:44.00	00:28:32.35	5:20	11.2
1029	WINNICKA-MACKENTHUN AGNIESZKA	1545	WARSZAWA	WARSZAWA	POL	K 40	48	K 154		00:12:54	00:26:44.30	00:28:16.75	5:20	11.2
1030	CZERNIAWSKA JOANNA	1768	WARSZAWA	WARSZAWA	POL	K 40	49	K 155		00:12:22	00:26:44.35	00:28:26.60	5:20	11.2
1031	KWIATKOWSKA IZABELA	754	KOMORNICA	KOMORNICA	POL	K 30	53	K 156		00:12:36	00:26:44.90	00:28:34.55	5:20	11.2
1032	BIENIAK EWELINA	77	BIAŁE BŁOTA	BIAŁE BŁOTA	POL	K 30	54	K 157		00:12:42	00:26:45.55	00:28:38.90	5:21	11.2
1033	PATER AGNIESZKA	1891	THE GREEN RUNNERS	WARSZAWA	POL	K 40	50	K 158		00:12:25	00:26:46.50	00:29:00.55	5:21	11.2
1034	CHARMUSZKO MONIKA	152	WARSZAWA	WARSZAWA	POL	K 40	51	K 159		00:12:47	00:26:46.50	00:28:27.65	5:21	11.2
1035	CYGAN ANNA	194	PATRYCJA DETTLAFF I BLACK HAT ULTRA	WARSZAWA	POL	K 50	20	K 160		00:12:11	00:26:46.80	00:27:47.20	5:21	11.2
1036	PRUSIK JAN	1131	STARA WIEŚ	STARA WIEŚ	POL	M 30	274	M 876		00:12:52	00:26:47.35	00:29:16.80	5:21	11.2
1037	KURZACZ KATARZYNA	747	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 50	21	K 161	ADIDAS RUNNERS WARSAW	00:12:34	00:26:47.90	00:28:42.70	5:21	11.2
1038	TEMPLER MAREK	1443	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	306	M 877		00:12:30	00:26:48.05	00:28:42.10	5:21	11.2
1039	GERULA JAKUB	352	WARSZAWA	WARSZAWA	POL	M 20	103	M 878		00:12:26	00:26:48.45	00:27:00.00	5:21	11.2
1040	KWACZYŃSKA MARZENA	1832	PZU SPORT TEAM	WARSZAWA	POL	K 50	22	K 162	PZU SPORT TEAM	00:12:41	00:26:48.45	00:28:44.20	5:21	11.2
1041	KRYSIUK KAROLINA	705	TORUŃ	TORUŃ	POL	K 20	24	K 163		00:12:42	00:26:48.65	00:28:39.15	5:21	11.2
1042	PRASEK ŁUKASZ	1117	WARSZAWA	WARSZAWA	POL	M 40	307	M 879		00:12:49	00:26:48.65	00:28:52.10	5:21	11.2
1043	PRASEK AGATA	1118	WARSZAWA	WARSZAWA	POL	K 40	52	K 164		00:12:50	00:26:48.80	00:28:51.90	5:21	11.2
1044	STEMPEL TOMASZ	1343	MARYSIN WAWERSKI BIEGA WAWERSKI	WARSZAWA-MARYSIN WAWERSKI	POL	M 40	308	M 880		00:12:26	00:26:49.20	00:28:38.50	5:21	11.2
1045	KIETLIŃSKI MACIEJ	580	WARSZAWA	WARSZAWA	POL	M 50	94	M 881		00:13:37	00:26:49.30	00:29:32.10	5:21	11.2
1046	TREVOR ARRON	1461	WARSZAWA	WARSZAWA	POL	M 50	95	M 882		00:12:54	00:26:49.40	00:28:29.90	5:21	11.2
1047	OLSZEWSKA DOROTA	1000	BRACTWO BIEGOWE BGK	WARSZAWA	POL	K 40	53	K 165	BRACTWO BIEGOWE BGK	00:12:26	00:26:50.70	00:28:29.60	5:22	11.2
1048	KIELISZEK-MĘDREK MONIKA	577	WARSZAWA	WARSZAWA	POL	K 30	55	K 166		00:13:51	00:26:51.30	00:29:46.55	5:22	11.2
1049	WOZIŃSKI PATRYK	1581	WARSZAWA	WARSZAWA	POL	M 30	275	M 883		00:13:11	00:26:51.50	00:29:01.60	5:22	11.2
1050	ŚWIDRAK BARTOSZ	1432	WARSZAWA	WARSZAWA	POL	M 30	276	M 884		00:12:03	00:26:51.85	00:28:21.90	5:22	11.2
1051	SZYDŁOWSKI JERZY	1408	WARSZAWA	WARSZAWA	POL	M 60	31	M 885		00:12:17	00:26:51.85	00:28:07.70	5:22	11.2
1052	GADZIŃSKI MARCIN	328	WARSZAWA	WARSZAWA	POL	M 20	104	M 886		00:12:38	00:26:52.95	00:29:34.30	5:22	11.2
1053	BAK AGATA	63	WARSZAWA	WARSZAWA	POL	K 30	56	K 167		00:12:50	00:26:53.15	00:29:10.35	5:22	11.2
1054	OLSZEWSKI ANDRZEJ	1001	KS STASZEWSKY	WARSZAWA	POL	M 50	96	M 887	KS STASZEWSKY	00:11:56	00:26:54.20	00:28:22.45	5:22	11.2
1055	KRAWCZYK JULIUSZ	692	WARSZAWA	WARSZAWA	POL	M 20	105	M 888		00:12:52	00:26:55.10	00:28:51.70	5:23	11.1
1056	JEMIENIAK MARTA	487	WARSZAWA	WARSZAWA	POL	K 16	5	K 168		00:13:07	00:26:55.25	00:29:07.75	5:23	11.1
1057	SKWIRA PIOTR	1936	CHWILAMOMENTTEAM	WARSZAWA	POL	M 40	309	M 889	CHWILAMOMENTTEAM	00:12:17	00:26:55.75	00:28:13.20	5:23	11.1
1058	STOLARSKI JANUSZ	1351	PARKRUN SŁODOWO WŁOCLAWEK	WŁOCLAWEK	POL	M 60	32	M 890		00:13:06	00:26:56.10	00:29:07.75	5:23	11.1
1059	MASTALEREK ARKADIUSZ	869	WARSZAWA	WARSZAWA	POL	M 40	310	M 891		00:13:26	00:26:57.20	00:29:30.40	5:23	11.1
1060	DZIDA BARBARA	281	TEAM ZABIEGANE DNI	WARSZAWA	POL	K 40	54	K 169		00:12:25	00:26:57.70	00:28:42.25	5:23	11.1
1061	PRZEPIÓRA JACEK	1133	ATOMOWE KRASNALE	WARSZAWA	POL	M 40	311	M 892		00:12:07	00:26:58.00	00:28:38.15	5:23	11.1
1062	POMIERNY DOMINIK	1907	#KUCIAPSKI TEAM	WARSZAWA	POL	M 40	312	M 893	ADIDAS RUNNERS WARSAW	00:12:38	00:26:58.05	00:27:49.05	5:23	11.1
1063	CHRABAŁOWSKI ŁUKASZ	172	WARSZAWA	WARSZAWA	POL	M 40	313	M 894		00:12:34	00:26:58.20	00:28:44.15	5:23	11.1
1064	RYBCHUK IAROSLAV	1217	WARSZAWA	WARSZAWA	POL	M 20	106	M 895	CBRE	00:12:47	00:26:58.65	00:29:06.50	5:23	11.1
1065	GŁADECZA MARZENA	363	GÓRA BIEGA	BANIOCHA	POL	K 40	55	K 170	GÓRA BIEGA	00:12:51	00:26:59.45	00:29:10.35	5:23	11.1
1066	LECHAŃSKA ALEKSANDRA	1835	WARSZAWA	WARSZAWA	POL	K 30	57	K 171			00:27:00.25	00:28:20.90	5:24	11.1
1067	BARTOSIAK BEATA	53	WARSZAWA	WARSZAWA	POL	K 40	56	K 172		00:12:36	00:27:01.00	00:28:45.60	5:24	11.1
1068	WIECZOREK WIKTOR	1985	BIEGOWY WARIAT RUNNING TEAM	BĘDZIN	POL	M 14	22	M 896	BIEGOWY WARIAT RUNNING TEAM	00:13:10	00:27:02.60	00:28:54.85	5:24	11.1
1069	WILK ASIA	1541	WARSZAWA	WARSZAWA	POL	K 16	6	K 173		00:13:12	00:27:02.65	00:29:10.70	5:24	11.1
1070	DĘBOWSKA KINGA	234	PAWKO RUNNER TEAM	WARSZAWA	POL	K 20	25	K 174	PAWKO RUNNER TEAM	00:12:46	00:27:02.85	00:28:37.75	5:24	11.1
1071	FORNALIK IWONA	1784	WITC	WARSZAWA	POL	K 40	57	K 175		00:12:41	00:27:03.55	00:27:34.00	5:24	11.1
1072	BZURA EMILIA	143	WARSZAWA	WARSZAWA	POL	K 40	58	K 176		00:12:29	00:27:03.75	00:28:53.65	5:24	11.1
1073	RYSZKA BOGUSŁAW	1924	LUBLINIEC	LUBLINIEC	POL	M 50	97	M 897		00:12:37	00:27:03.85	00:28:41.10	5:24	11.1
1074	ŻURAWSKI PAWEŁ	1674	LENIWCE TEAM	WARSZAWA	POL	M 40	314	M 898		00:12:56	00:27:05.20	00:28:57.85	5:25	11.1
1075	GAŚOWSKA-ŚLIWIŃSKA RENATA	349	DREAM RUN	WARSZAWA	POL	K 40	59	K 177	DREAM RUN	00:12:52	00:27:05.75	00:30:16.95	5:25	11.1
1076	WAWRZYŃOWSKI MICHAŁ	1517	JÓZEFÓW	JÓZEFÓW	POL	M 30	277	M 899		00:12:28	00:27:05.80	00:28:51.25	5:25	11.1
1077	SIARNIEWICZ ŁUKASZ	1244	PIASECZNO	PIASECZNO	POL	M 20	107	M 900		00:12:30	00:27:05.90	00:29:20.90	5:25	11.1

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1078	PRZYBYSZ KRZYSZTOF	82		WARSZAWA	POL	M 50	98	M 901		00:12:54	00:27:05.90	00:28:41.75	5:25	11.1
1079	STEFANKOWSKI ROBERT	1340		WARSZAWA	POL	M 30	278	M 902		00:13:01	00:27:06.25	00:29:17.30	5:25	11.1
1080	GÓRSKA SYLWIA	390	GÓRA BIEGA	GÓRA KALWARIA	POL	K 40	60	K 178	GÓRA BIEGA	00:12:51	00:27:06.30	00:29:17.30	5:25	11.1
1081	CZERESNIOWSKA ANNA	207	ADIDAS RUNNERS WARSZAW	WARSZAWA	POL	K 30	58	K 179	ADIDAS RUNNERS WARSZAW	00:12:14	00:27:07.85	00:28:59.80	5:25	11.1
1082	DWORAK MARCIN	1680		WARSZAWA	POL	M 50	99	M 903		00:13:02	00:27:08.65	00:29:27.60	5:25	11.1
1083	ZABOJSZCZ TOMASZ	2123		WARSZAWA	POL	M 50	100	M 904		00:12:33	00:27:09.20	00:30:38.35	5:25	11
1084	KŁĘK MAGDALENA	603	BEZLITOŚNI	JÓZEFOSŁAW	POL	K 40	61	K 180		00:12:44	00:27:10.65	00:29:30.10	5:26	11
1085	BOCZARSKI PIOTR	94		WARSZAWA	POL	M 30	279	M 905		00:12:52	00:27:10.80	00:29:17.70	5:26	11
1086	SOKOŁOWSKA ALEKSANDRA	2089		BŁĘDÓW	POL	K 16	7	K 181		00:12:24	00:27:11.70	00:27:37.60	5:26	11
1087	SOKOŁOWSKI JAROSŁAW	1314		BŁĘDÓW	POL	M 40	315	M 906		00:12:24	00:27:11.75	00:27:37.60	5:26	11
1088	NOWAKOWSKI RAFAŁ	971		WARSZAWA	POL	M 20	108	M 907		00:13:04	00:27:12.10	00:29:26.05	5:26	11
1089	WRONA MILENA	1997		JABŁONNA	POL	K 40	62	K 182		00:12:43	00:27:12.15	00:29:04.50	5:26	11
1090	KONDRAT PIOTR	625		ZĄBKI	POL	M 60	33	M 908		00:12:23	00:27:12.85	00:29:01.10	5:26	11
1091	MĘKARSKI TOMASZ	2064		WARSZAWA	POL	M 16	37	M 909		00:13:14	00:27:13.20	00:29:18.20	5:26	11
1092	ZBOCH JOANNA	1639		WARSZAWA	POL	K 50	23	K 183		00:13:09	00:27:13.35	00:29:07.85	5:26	11
1093	SKALSKI MAREK	1697		DĄBROWA CHOTOMOWSKA	POL	M 50	101	M 910		00:12:34	00:27:14.00	00:28:56.55	5:26	11
1094	PIECHOCKA KATARZYNA	1061	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	K 40	63	K 184	BIEGOWY WARIAT RUNNING TEAM	00:12:55	00:27:14.00	00:28:54.85	5:26	11
1095	JEDRKIEWICZ KLARA	2035		WARSZAWA	POL	K 16	8	K 185			00:27:14.20	00:27:41.70	5:26	11
1096	DOBRUCH HANNA	245		WARSZAWA	POL	K 50	24	K 186		00:12:31	00:27:14.35	00:28:24.20	5:26	11
1097	TYLUS JOLANTA	1481		WARSZAWA	POL	K 50	25	K 187		00:12:43	00:27:15.30	00:28:24.80	5:27	11
1098	PAWLISZ MARCIN	1047		WARSZAWA	POL	M 50	102	M 911		00:12:30	00:27:15.90	00:29:03.25	5:27	11
1099	GOLIŃSKI RADOSŁAW	375		WARSZAWA	POL	M 30	280	M 912		00:13:15	00:27:16.35	00:29:23.20	5:27	11
1100	HARABIN KINGA	425	RUN CZARNÓW	CZARNÓW	POL	K 30	59	K 188		00:12:35	00:27:16.95	00:29:33.75	5:27	11
1101	REICH TOMASZ	1914		WARSZAWA	POL	M 40	316	M 913	NOWAWARSZAWA	00:12:46	00:27:19.10	00:29:16.65	5:27	11
1102	TULEJ BOŻENA	1476	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	K 60	2	K 189		00:13:06	00:27:19.15	00:29:17.05	5:27	11
1103	PINKWART WIKTOR	1080		WARSZAWA	POL	M 20	109	M 914		00:13:12	00:27:19.20	00:29:29.90	5:27	11
1104	ZACZYK ALICJA	1607	MAMA W MARATONIE	WARSZAWA	POL	K 40	64	K 190		00:13:05	00:27:19.25	00:30:31.00	5:27	11
1105	GORAL PIOTR	383		JOZEFOSŁAW	POL	M 60	34	M 915		00:12:30	00:27:19.60	00:29:09.05	5:27	11
1106	SKROBEK PIOTR	1277		ŁOMIANKI	POL	M 30	281	M 916		00:13:37	00:27:19.60	00:30:17.75	5:27	11
1107	SIKORA ZUZANNA	1255	PZU SPORT TEAM	WARSZAWA	POL	K 40	65	K 191	PZU SPORT TEAM	00:12:42	00:27:19.95	00:29:15.55	5:27	11
1108	PASZEWSKA KORNELIA	1889		BŁONIE	POL	K 20	26	K 192		00:12:54	00:27:20.25	00:29:55.65	5:28	11
1109	KORNILUK PIOTR	644		WARSZAWA	POL	M 40	317	M 917		00:12:36	00:27:20.60	00:28:45.50	5:28	11
1110	CZECHOWSKI TOMASZ	205		WARSZAWA	POL	M 20	110	M 918		00:15:03	00:27:20.75	00:30:20.65	5:28	11
1111	KATNER TOMASZ	562		WARSZAWA	POL	M 40	318	M 919		00:12:27	00:27:21.45	00:28:51.75	5:28	11
1112	WNUK PIOTR	1564	ROYAL GOLF CLUB WILANÓW	WARSZAWA	POL	M 50	103	M 920	ROYAL GOLF CLUB WILANÓW	00:12:45	00:27:21.50	00:29:06.50	5:28	11
1113	TARNAWSKA DOROTA	1438		WARSZAWA	POL	K 40	66	K 193		00:12:29	00:27:22.05	00:28:26.80	5:28	11
1114	BRZozowski ANDRZEJ	119	WKZ	ZAMOŚĆ	POL	M 60	35	M 921		00:13:12	00:27:22.10	00:29:36.75	5:28	11
1115	KLIMEK MARTA	596		WARSZAWA	POL	K 30	60	K 194		00:12:25	00:27:22.75	00:28:33.50	5:28	11
1116	OSTRYSZ MAGDALENA	1015		WARSZAWA	POL	K 30	61	K 195		00:13:09	00:27:23.45	00:29:23.30	5:28	11
1117	TOMASZEWSKI MACIEJ	1451		WARSZAWA	POL	M 20	111	M 922		00:13:19	00:27:23.70	00:29:33.15	5:28	11
1118	NOWOSIELSKI BARTŁOMIEJ	977	LAUBNITZ	WARSZAWA	POL	M 20	112	M 923		00:13:07	00:27:23.75	00:29:47.90	5:28	11
1119	MULARZUK NATALIA	937		WARSZAWA	POL	K 30	62	K 196		00:13:11	00:27:23.75	00:29:33.65	5:28	11
1120	ŁAKOMY KATARZYNA	793		WARSZAWA	POL	K 30	63	K 197		00:13:00	00:27:24.35	00:28:48.95	5:28	10.9
1121	KASICA ROBERT	557		GRÓJEC	POL	M 40	319	M 924		00:12:33	00:27:24.40	00:29:01.90	5:28	10.9
1122	GROTEK KAROL	411		PNIEWY	POL	M 20	113	M 925		00:11:41	00:27:24.65	00:28:42.75	5:28	10.9
1123	KOPEĆ PIOTR	632		PIASECZNO	POL	M 40	320	M 926		00:13:12	00:27:25.15	00:30:08.60	5:29	10.9
1124	MALANOWSKA JULIA	833		WARSZAWA	POL	K 30	64	K 198		00:12:50	00:27:25.35	00:28:47.70	5:29	10.9
1125	ŻÓŁCIŃSKI WALDEMAR	1667	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 60	36	M 927	GRUPA BIEGOWA UM W-WA	00:13:12	00:27:25.70	00:29:09.85	5:29	10.9
1126	KOWALSKA KATARZYNA	1827		WARSZAWA	POL	K 30	65	K 199		00:12:40	00:27:25.75	00:28:48.20	5:29	10.9
1127	CZOPEK MATEUSZ	1771	BIEGAM, BO MUSZĘ	WARSZAWA	POL	M 30	282	M 928		00:12:55	00:27:25.90	00:29:36.10	5:29	10.9
1128	WÓJTOWICZ MICHAŁ	1589		WARSZAWA	POL	M 20	114	M 929		00:13:26	00:27:26.40	00:29:28.30	5:29	10.9
1129	PRYBYSH DMITRI	1132		WARSZAWA	BEL	M 30	283	M 930		00:13:31	00:27:26.75	00:29:47.05	5:29	10.9
1130	KOSTRUBAŁA KACPER	660		WARSZAWA	POL	M 40	321	M 931		00:13:11	00:27:28.15	00:29:25.20	5:29	10.9

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1131	KRÓL MONIKA	699	TEAM ZABIEGANEDNI	WARSZAWA	AFG	K 40	67	K 200	TEAM ZABIEGANEDNI	00:12:39	00:27:28.70	00:29:17.85	5:29	10.9
1132	KOSTRUBAŁA LIDIA	2050		WARSZAWA	POL	K 14	5	K 201	#4	00:13:11	00:27:28.85	00:29:25.25	5:29	10.9
1133	WIECZOREK MICHAŁ	1726	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	322	M 932	BIEGOWY WARIAT RUNNING TEAM	00:12:31	00:27:29.10	00:29:21.65	5:29	10.9
1134	SIRY ROMAN	1262		WARSZAWA	POL	M 30	284	M 933		00:13:17	00:27:31.40	00:29:49.10	5:30	10.9
1135	ZADROŻNY CYPRIAN	1610		WARSZAWA	POL	M 40	323	M 934		00:12:40	00:27:31.80	00:29:25.75	5:30	10.9
1136	BRODECKI KRZYSIEK	110		WARSZAWA	POL	M 40	324	M 935		00:13:20	00:27:32.05	00:29:37.90	5:30	10.9
1137	THIEL MONIKA	1966		REGUŁY	POL	K 30	66	K 202		00:12:43	00:27:32.50	00:29:48.20	5:30	10.9
1138	FARRALES RONALDO	1698	PINOYSINPOLAND	WARSZAWA	POL			M 936		00:12:02	00:27:33.40	00:28:39.60	5:30	10.9
1139	CZERWIŃSKA-BŁOK IWONA	208		WARSZAWA	POL	K 30	67	K 203		00:13:08	00:27:33.60	00:29:44.15	5:30	10.9
1140	CZERWONKA-KITA MARTA	210		WARSZAWA	POL	K 40	68	K 204		00:13:08	00:27:34.25	00:29:46.85	5:30	10.9
1141	ŁAPIŃSKA PATRYCJA	1846		WARSZAWA	POL	K 20	27	K 205		00:13:18	00:27:34.40	00:29:39.70	5:30	10.9
1142	MALINOWSKI ŁUKASZ	837		WARSZAWA	POL	M 40	325	M 937		00:12:35	00:27:34.45	00:29:31.35	5:30	10.9
1143	KORNAS AGATA	641	CSWP RUNNING TEAM	WARSZAWA	POL	K 20	28	K 206	CSWP RUNNING TEAM	00:12:46	00:27:34.50	00:28:58.15	5:30	10.9
1144	RACZYŃSKI DOMINIK	1157		WARSZAWA	POL	M 20	115	M 938		00:12:48	00:27:34.50	00:30:47.50	5:30	10.9
1145	SZACKI WOJCIECH	1375		WARSZAWA	POL	M 40	326	M 939		00:12:24	00:27:35.05	00:28:42.10	5:31	10.9
1146	PATALAS AGNIESZKA	1890		PIASECZNO	POL	K 40	69	K 207		00:12:49	00:27:35.30	00:30:04.70	5:31	10.9
1147	PROUTY MATTHEW	1124		BIELAWA	POL	M 50	104	M 940		00:13:32	00:27:36.20	00:30:02.25	5:31	10.9
1148	PRZEWODOWSKI SEBASTIAN	1135		WARSZAWA	POL	M 40	327	M 941		00:13:22	00:27:36.50	00:29:46.10	5:31	10.9
1149	KILJAŃSKI RADOSŁAW	583		WARSZAWA	POL	M 30	285	M 942		00:13:07	00:27:36.55	00:30:07.10	5:31	10.9
1150	ŁASKA JAKUB	795		WARSZAWA	POL	M 20	116	M 943		00:13:10	00:27:36.90	00:29:49.20	5:31	10.9
1151	REDA SŁAWOMIR	1170	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 60	37	M 944	TEAM ZABIEGANEDNI	00:13:17	00:27:37.00	00:29:52.90	5:31	10.9
1152	OLKOWSKI ROBERT	996		IZABELIN-DZIEKANÓWEK	POL	M 50	105	M 945		00:12:20	00:27:38.20	00:28:57.25	5:31	10.9
1153	DUDEK MIKOŁAJ	268		WARSZAWA	POL	M 20	117	M 946	CBRE	00:13:34	00:27:38.45	00:30:19.10	5:31	10.9
1154	BATOR ZBIGNIEW	59		WARSZAWA	POL	M 60	38	M 947		00:12:57	00:27:38.55	00:29:15.60	5:31	10.9
1155	OSTROWSKA PATRYCJA	1012		WARSZAWA	POL	K 20	29	K 208		00:12:03	00:27:39.05	00:29:03.75	5:31	10.8
1156	WIECZOREK IZA	1526		KONSTANCIN JEZIORNA	POL	K 40	70	K 209		00:12:35	00:27:39.20	00:30:32.60	5:31	10.8
1157	REKUS ŁUKASZ	1176		WARSZAWA	POL	M 30	286	M 948		00:13:12	00:27:40.55	00:29:38.20	5:32	10.8
1158	THEODOULOU NICCI	1964		WARSAW	POL	K 50	26	K 210		00:12:48	00:27:41.35	00:29:33.80	5:32	10.8
1159	KŁOPOCKI RAFAŁ	605		STRZENIÓWKA	POL	M 50	106	M 949		00:13:26	00:27:42.20	00:30:26.30	5:32	10.8
1160	RUTKOWSKI TOMASZ	1212		WARSZAWA	POL	M 40	328	M 950		00:12:55	00:27:43.75	00:30:24.40	5:32	10.8
1161	ZACZYK JAKUB	1608		WARSZAWA	POL	M 40	329	M 951		00:13:30	00:27:44.65	00:30:31.85	5:32	10.8
1162	WIERZCHOWIECKI MICHAŁ	1530		WARSZAWA	POL	M 50	107	M 952		00:13:00	00:27:44.70	00:29:40.15	5:32	10.8
1163	RYBICKI MAREK	1218		NOWY DWÓR MAZOWIECKI	POL	M 50	108	M 953		00:13:16	00:27:45.20	00:29:50.70	5:33	10.8
1164	KOPEĆ PATRYCJA	631		JÓZEFOSŁAW	POL	K 40	71	K 211		00:13:10	00:27:45.25	00:30:11.55	5:33	10.8
1165	HULANICKI ANDRZEJ	441	POLCARD FROM FISERV	WARSZAWA	POL	M 60	39	M 954		00:13:11	00:27:46.40	00:28:51.15	5:33	10.8
1166	WACKO KRZYSZTOF	1502		WARSZAWA	POL	M 30	287	M 955		00:13:11	00:27:46.40	00:30:34.70	5:33	10.8
1167	ZAMORSKI ALEKSANDER	2121		PIASECZNO	POL	M 14	23	M 956		00:11:54	00:27:46.95	00:30:27.60	5:33	10.8
1168	PAWIŃSKI ŁUKASZ	1043		MAGNUSZEW	POL	M 30	288	M 957		00:13:14	00:27:48.80	00:29:28.65	5:33	10.8
1169	GRABEK ANNA	1795	CLV LO	WARSZAWA	POL	K 40	72	K 212		00:13:21	00:27:49.15	00:29:41.55	5:33	10.8
1170	MATYSIAK AGNIESZKA	881		WARSZAWA	POL	K 40	73	K 213		00:13:17	00:27:49.20	00:29:53.65	5:33	10.8
1171	SIRKO KRZYSZTOF	1259		WARSZAWA	POL	M 30	289	M 958		00:12:37	00:27:49.60	00:29:33.80	5:33	10.8
1172	MISTAK JACEK	1863	REMBERTÓW TEAM	WARSZAWA	POL	M 40	330	M 959		00:13:12	00:27:49.85	00:30:00.30	5:33	10.8
1173	FOK TOMASZ	314	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	290	M 960	ADIDAS RUNNERS WARSAW	00:13:42	00:27:50.05	00:30:46.90	5:34	10.8
1174	ZAJĄC TOMASZ	1613		WARSZAWA	POL	M 30	291	M 961		00:13:54	00:27:50.10	00:30:41.90	5:34	10.8
1175	SIERPIŃSKA MARTA	1251		WARSZAWA	POL	K 50	27	K 214		00:12:43	00:27:50.25	00:28:24.50	5:34	10.8
1176	LECHOWICZ KATARZYNA	765		WARSZAWA	POL	K 40	74	K 215		00:13:21	00:27:50.40	00:29:51.30	5:34	10.8
1177	WINIARCZYK ŁUKASZ	1542		WARSZAWA	POL	M 40	331	M 962		00:13:11	00:27:51.25	00:30:06.35	5:34	10.8
1178	PATEREK LENA	2075		WARSZAWA	POL	K 14	6	K 216		00:13:18	00:27:51.55	00:29:55.80	5:34	10.8
1179	PATEREK ADA	1041	12TRI.PL	WARSZAWA	POL	K 40	75	K 217		00:13:18	00:27:51.60	00:29:55.85	5:34	10.8
1180	ADAMIAK DAWID	2000		WARSZAWA	POL	M 14	24	M 963		00:12:44	00:27:51.70	00:29:42.35	5:34	10.8
1181	PAŁASIEWICZ GRZEGORZ	1031		WARSZAWA	POL	M 60	40	M 964		00:13:07	00:27:51.70	00:29:43.80	5:34	10.8
1182	DESKA LESZEK	233		NOWA IWICZNA	POL	M 40	332	M 965		00:13:14	00:27:52.00	00:29:43.80	5:34	10.8
1183	KRYSZEWSKA KAJA	706		KOLUSZKI	POL	K 20	30	K 218		00:13:15	00:27:52.50	00:30:02.60	5:34	10.8
1184	DESKA KAROLINA	232		NOWA IWICZNA	POL	K 40	76	K 219		00:13:15	00:27:53.15	00:29:44.65	5:34	10.8

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1185	STAROMYŃSKI ŁUKASZ	1734		WARSZAWA	POL	M 40	333	M 966		00:13:37	00:27:53.25	00:30:11.50	5:34	10.8
1186	BARNAS ILONA	52		WARSZAWIA	POL	K 40	77	K 220		00:13:12	00:27:53.85	00:30:46.50	5:34	10.8
1187	HARABIN JUSTYNA	426		CZARNÓW	POL	K 30	68	K 221		00:13:07	00:27:53.90	00:30:11.05	5:34	10.8
1188	KLAMBOROWSKA MAGDALENA	589	KB PACE WARSZAWA	WARSZAWA	POL	K 30	69	K 222	KB PACE WARSZAWA 2	00:12:44	00:27:54.30	00:29:34.70	5:34	10.8
1189	ZATORSKA AGNIESZKA	1630	KB PACE WARSZAWA	PRUSZKÓW	POL	K 20	31	K 223	KB PACE WARSZAWA 2	00:13:31	00:27:54.60	00:30:28.90	5:34	10.8
1190	SOKOŁOWSKA ANNA	1311		WARSZAWA	POL	K 40	78	K 224		00:13:06	00:27:54.95	00:30:00.75	5:34	10.8
1191	WÓJCIK ROBERT	1586		WARSZAWA	POL	M 40	334	M 967		00:13:17	00:27:55.20	00:29:59.35	5:35	10.7
1192	WITKOWSKA MAGDA	1552		WARSZAWA	POL	K 40	79	K 225		00:13:19	00:27:55.20	00:31:14.25	5:35	10.7
1193	PAŁASIEWICZ KRZYSZTOF	1030		WARSZAWA	POL	M 40	335	M 968		00:13:17	00:27:55.50	00:30:01.65	5:35	10.7
1194	RANKOWSKI BARTOSZ	1163		WARSAW	POL	M 40	336	M 969		00:13:07	00:27:55.95	00:30:04.50	5:35	10.7
1195	ROGAŁA GRZEGORZ	1916		WARSZAWA	POL	M 50	109	M 970		00:13:03	00:27:56.05	00:29:42.15	5:35	10.7
1196	APANOWICZ ANGELIKA	31		WARSZAWA	POL	K 40	80	K 226		00:13:17	00:27:56.55	00:30:00.30	5:35	10.7
1197	SADŁOWSKA ALEKSANDRA	1225		WARSZAWA	POL	K 20	32	K 227		00:13:04	00:27:57.00	00:31:01.15	5:35	10.7
1198	CIESIELSKI MATEUSZ	184		MYSIADŁO	POL	M 30	292	M 971		00:13:19	00:27:57.05	00:30:01.50	5:35	10.7
1199	PAŚNIK JOANNA	1040	JACWIEŻ	WARSZAWA	POL	K 40	81	K 228			00:27:57.10	00:30:02.95	5:35	10.7
1200	JANISZEWSKI PIOTR	465		ŁADY	POL	M 40	337	M 972		00:13:06	00:27:58.40	00:30:04.20	5:35	10.7
1201	ŻYWIŁOWSKA DOROTA	1677	BRAK	JÓZEFOSŁAW	POL	K 30	70	K 229		00:13:21	00:27:59.15	00:30:41.95	5:35	10.7
1202	ROSENBAUM OLGA	1193		WARSZAWA	POL	K 30	71	K 230		00:13:09	00:27:59.60	00:30:10.75	5:35	10.7
1203	BUKOWSKI JANUSZ	137		WARSZAWA	POL	M 60	41	M 973		00:12:56	00:27:59.80	00:28:25.15	5:35	10.7
1204	WAJDA PAWEŁ	1976		WARSZAWA	POL	M 40	338	M 974		00:13:18	00:28:00.25	00:29:58.30	5:36	10.7
1205	MASALSKI MICHAŁ	865		WARSZAWA	POL	M 40	339	M 975		00:13:21	00:28:00.90	00:30:06.45	5:36	10.7
1206	REGUŁA MAJA	1175		WARSZAWA	POL	K 40	82	K 231		00:13:27	00:28:03.15	00:29:02.30	5:36	10.7
1207	NARTOWSKI JAN	950	MORT!	WARSZAWA	POL	M 60	42	M 976		00:13:10	00:28:03.20	00:30:46.40	5:36	10.7
1208	IWANIUK MARCIN	444		WARSZAWA	POL	M 40	340	M 977		00:13:08	00:28:03.55	00:29:43.50	5:36	10.7
1209	DABROWSKI KUBA	217		WARSZAWA	POL	M 30	293	M 978		00:13:51	00:28:03.95	00:30:40.10	5:36	10.7
1210	SOWIŃSKI EDMUND	1942	TKKF PŁOCK	PŁOCK	POL	M 70	6	M 979		00:13:20	00:28:04.05	00:30:16.00	5:36	10.7
1211	MALER WŁADYSŁAW	834	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 70	7	M 980		00:13:26	00:28:06.15	00:29:57.10	5:37	10.7
1212	ŻÓŁKOWSKI RAFAŁ	2134	RUN % FUN	WARSZAWA	POL	M 30	294	M 981	RUN % FUN	00:13:09	00:28:07.35	00:31:09.80	5:37	10.7
1213	MADEJ GRZEGORZ	823	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	341	M 982	DRAGONFLIES	00:12:58	00:28:08.25	00:31:18.35	5:37	10.7
1214	MOSTOWSKI GRZEGORZ	927		WARSZAWA	POL	M 30	295	M 983			00:28:08.35	00:29:52.25	5:37	10.7
1215	CHRÓST PATRYCJA	1756		WARSZAWA	POL	K 20	33	K 232		00:12:31	00:28:10.35	00:30:17.40	5:38	10.7
1216	MĘKARSKA MARTA	895		WARSZAWA	POL	K 20	34	K 233		00:13:15	00:28:10.85	00:30:15.85	5:38	10.7
1217	DUDKIEWICZ KATARZYNA	1779	MAGO	GRODZISK MAZOWIECKI	POL	K 30	72	K 234		00:12:36	00:28:11.30	00:31:24.45	5:38	10.6
1218	POTOCZNA EWA	1910		WARSZAWA	POL	K 30	73	K 235		00:12:36	00:28:11.30	00:31:24.45	5:38	10.6
1219	KLIMAS MARCIN	595		WARSZAWA	POL	M 50	110	M 984		00:12:54	00:28:12.20	00:30:07.45	5:38	10.6
1220	RADECKA ZOFIA	2082		WARSZAWA	POL	K 12	2	K 236		00:13:16	00:28:12.75	00:31:51.90	5:38	10.6
1221	TOMCZAK KAROL	1453		WARSZAWA	POL	M 20	118	M 985		00:13:36	00:28:14.20	00:31:00.60	5:38	10.6
1222	MĘDEL MARTA	894		MARKI	POL	K 40	83	K 237		00:13:16	00:28:14.30	00:31:00.05	5:38	10.6
1223	GRZYBOWSKI BARTOSZ	1707	DECATHLON	WARSZAWA	POL	M 20	119	M 986	DECATHLON	00:13:15	00:28:14.55	00:30:28.30	5:38	10.6
1224	NOWAKOWSKI KAMIL	972	CBRE	WARSZAWA	POL	M 30	296	M 987		00:13:23	00:28:14.80	00:30:57.90	5:38	10.6
1225	LEGAN MARTYNA	766	CBRE	WARSZAWA	POL	K 30	74	K 238		00:13:26	00:28:16.75	00:31:04.95	5:39	10.6
1226	MĘŻYŃSKI GRZEGORZ	896		PIASTÓW	POL	M 40	342	M 988		00:13:35	00:28:17.05	00:31:15.90	5:39	10.6
1227	SKONIECZNY ANDRZEJ	1276		WARSZAWA	POL	M 50	111	M 989		00:12:48	00:28:17.55	00:29:15.15	5:39	10.6
1228	WELTER SZYMON	1982		WARSZAWA	POL	M 20	120	M 990		00:12:31	00:28:20.15	00:31:20.85	5:40	10.6
1229	DYMEL ANDRZEJ	278	MARKOWI BIEGACZE	WARSZAWA	POL	M 70	8	M 991		00:12:32	00:28:20.25	00:28:35.50	5:40	10.6
1230	SMOŁOKOWSKA IZA	1298		WARSZAWA	POL	K 50	28	K 239		00:13:18	00:28:20.45	00:31:13.50	5:40	10.6
1231	KLEMENSOWICZ PAWEŁ	593		WARSZAWA	POL	M 20	121	M 992		00:13:47	00:28:20.60	00:30:56.70	5:40	10.6
1232	WYSOCKA MAGDALENA	1597		WARSZAWA	POL	K 30	75	K 240		00:13:04	00:28:20.65	00:30:20.80	5:40	10.6
1233	BOROWIŃSKA ALEKSANDRA	102		WARSZAWA	POL	K 20	35	K 241		00:13:19	00:28:21.25	00:30:31.20	5:40	10.6
1234	SOCHA PAWEŁ	1306	12TRI.PL	ZĄBKI	POL	M 30	297	M 993		00:13:34	00:28:21.95	00:31:18.95	5:40	10.6
1235	ZDANOWICZ PAWEŁ	1641		WARSZAWA	POL	M 40	343	M 994		00:13:22	00:28:22.25	00:30:29.90	5:40	10.6
1236	GARGAS-MARUT MAŁGORZATA	339	PZU SPORT TEAM	JÓZEFOSŁAW	POL	K 40	84	K 242		00:13:10	00:28:22.35	00:30:30.70	5:40	10.6
1237	BANASZKIEWICZ JAKUB	49	YUMMY BANANA	WARSZAWA	POL	M 20	122	M 995	YUMMY BANANA	00:13:40	00:28:22.45	00:30:45.80	5:40	10.6
1238	SKRZYPCZAK BŁAŻEJ	1934		WARSZAWA	POL	M 20	123	M 996		00:14:49	00:28:22.65	00:30:50.45	5:40	10.6
1239	WUJEC PAWEŁ	1594		WARSZAWA	POL	M 50	112	M 997		00:13:40	00:28:22.95	00:30:38.85	5:40	10.6

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1240	GÓRZYŃSKA ANNA	395		WARSZAWA	POL	K 40	85	K 243		00:12:46	00:28:23.05	00:29:44.40	5:40	10.6
1241	MILLER GABRIELA	908	YUMMY BANANA	WARSZAWA	POL			K 244	YUMMY BANANA	00:13:41	00:28:23.05	00:30:46.30	5:40	10.6
1242	SULEJ ANNA	1367	PZU SPORT TEAM	SIEDLCE	POL	K 30	76	K 245		00:13:10	00:28:23.10	00:30:31.85	5:40	10.6
1243	DZIĘCIOŁ ARTUR	285		WARSZAWA	POL	M 20	124	M 998	CBRE	00:13:32	00:28:23.90	00:31:22.50	5:40	10.6
1244	ADAMUS KATARZYNA	17	DECATHLON	PIASECZNO	POL	K 40	86	K 246	DECATHLON	00:13:16	00:28:24.30	00:30:36.90	5:40	10.6
1245	MAZUR PAWEŁ	885		WARSZAWA	POL	M 40	344	M 999		00:13:47	00:28:25.15	00:31:09.05	5:41	10.6
1246	SIENKIEWICZ DOMINIK	1701		WARSZAWA	POL	M 12	11	M 1000		00:13:49	00:28:26.10	00:29:01.65	5:41	10.6
1247	HULANICKA IRINA	440	POLCARD FROM FISERV	WARSZAWA	POL	K 60	3	K 247		00:13:16	00:28:26.50	00:29:31.50	5:41	10.6
1248	OLIWQ KAMIL	994	ARENA	WARSZAWA	POL			M 1001		00:12:53	00:28:26.55	00:30:28.15	5:41	10.6
1249	SZAFRAN CZESŁAW	1379		OTWOCK	POL	M 70	9	M 1002		00:13:13	00:28:27.25	00:30:13.00	5:41	10.5
1250	LASZCZKA RENATA	762	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 40	87	K 248	ADIDAS RUNNERS WARSAW	00:13:21	00:28:27.45	00:30:42.80	5:41	10.5
1251	MISIORNY MAGDALENA	911		WARSZAWA	POL	K 40	88	K 249		00:13:48	00:28:27.45	00:31:05.25	5:41	10.5
1252	GŁOWACKA PATRYCJA	2026		WARSZAWA	POL	K 16	9	K 250		00:13:28	00:28:28.20	00:30:18.70	5:41	10.5
1253	SZEWczyk ZUZANNA	2097		WARSZAWA	POL	K 16	10	K 251		00:13:28	00:28:28.30	00:30:18.65	5:41	10.5
1254	PERLAN ROBERT	1052	LESZNO TEAM	LESZNO	POL	M 40	345	M 1003	LESZNO TEAM	00:13:53	00:28:29.25	00:31:07.35	5:41	10.5
1255	KUBASZCZYK AGNIESZKA	714		WARSZAWA	POL	K 30	77	K 252		00:12:52	00:28:30.25	00:31:06.10	5:42	10.5
1256	BAGŁAJ MAGDALENA	40		WARSZAWA	POL	K 30	78	K 253		00:13:07	00:28:30.30	00:30:02.15	5:42	10.5
1257	ŚWIDERSKA DOROTA	1430		WARSZAWA	POL	K 30	79	K 254		00:13:16	00:28:30.50	00:30:38.35	5:42	10.5
1258	KHAMUTOU PAVEL	1807		WARSAW	POL	M 20	125	M 1004		00:13:03	00:28:30.55	00:30:02.20	5:42	10.5
1259	ORDAK MAŁGORZATA	1002		PRUSZKÓW	POL	K 30	80	K 255		00:13:34	00:28:31.00	00:31:17.35	5:42	10.5
1260	WIERZEJSKI PIOTR	145		WARSZAWA	POL	M 40	346	M 1005		00:12:16	00:28:31.05	00:30:09.15	5:42	10.5
1261	ŻURAWSKI DOMINIK	2136		ZĄBKI	POL	M 40	347	M 1006		00:13:32	00:28:31.35	00:31:09.90	5:42	10.5
1262	KONATOWICZ IWONA	624	ADIDAS RUNNERS WARSAW	JÓZEFOSŁAW	POL	K 40	89	K 256	ADIDAS RUNNERS WARSAW	00:13:08	00:28:31.50	00:30:41.40	5:42	10.5
1263	WASIULEWSKI WOJCIECH	1513		WARSZAWA	POL	M 30	298	M 1007		00:13:51	00:28:32.60	00:30:57.35	5:42	10.5
1264	CZUK PRZEMYSŁAW	213		MAGDALENKA	POL	M 40	348	M 1008		00:13:38	00:28:33.45	00:31:12.05	5:42	10.5
1265	KONKOWSKA JOANNA	627	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 50	29	K 257		00:13:27	00:28:33.90	00:30:24.75	5:42	10.5
1266	CZUK MAKSYMILIAN	2012		MAGDALENKA	POL	M 12	12	M 1009		00:13:38	00:28:34.40	00:31:12.90	5:42	10.5
1267	OKULANIS MATEUSZ	988		WARSZAWA	POL	M 20	126	M 1010		00:13:56	00:28:34.50	00:31:08.45	5:42	10.5
1268	SZANIAWSKI MICHAŁ	1384	#TEAMSZANIA	WARSZAWA	POL	M 40	349	M 1011		00:13:37	00:28:35.20	00:30:44.65	5:43	10.5
1269	PUDŁOWSKA IWONA	1145		WARSZAWA	POL	K 30	81	K 258		00:13:12	00:28:35.35	00:29:52.20	5:43	10.5
1270	XU YIWEI	1709		WARSZAWA	POL	M 30	299	M 1012		00:11:59	00:28:35.40	00:29:54.90	5:43	10.5
1271	KALITA JAKUB	527		NOWE GROCHOLICE	POL	M 20	127	M 1013		00:12:09	00:28:36.75	00:29:54.40	5:43	10.5
1272	TALAJKO DOROTA	1437		WARSZAWA	POL	K 40	90	K 259		00:13:18	00:28:36.90	00:29:12.80	5:43	10.5
1273	MĘŻYŃSKI MATEUSZ	2065		PIASTOW	POL	M 12	13	M 1014		00:13:59	00:28:36.90	00:31:11.75	5:43	10.5
1274	CZEKAJ TOMASZ	1766		WARSZAWA	POL	M 40	350	M 1015		00:13:17	00:28:37.10	00:30:50.30	5:43	10.5
1275	LASKUS ANNA	761		WARSZAWA	POL	K 40	91	K 260		00:13:14	00:28:37.25	00:30:01.45	5:43	10.5
1276	WASZKIEWICZ WOJTEK	1514		WARSZAWA	POL	M 30	300	M 1016		00:14:35	00:28:37.95	00:31:28.10	5:43	10.5
1277	MARCZEWSKI STANISŁAW	856	STEGNY POŁUDNIE	WARSZAWA	POL	M 40	351	M 1017		00:12:37	00:28:38.70	00:30:16.20	5:43	10.5
1278	DĄBROWSKI JACEK	224	BIEGOWY WARIAT RUNNING TEAM	MILANÓWEK	POL	M 50	113	M 1018		00:13:02	00:28:39.65	00:30:21.00	5:43	10.5
1279	SIWEK AGNIESZKA	1266	BIEGAJĄCE ZĄBKI	ZĄBKI	POL	K 30	82	K 261		00:12:54	00:28:40.70	00:31:09.90	5:44	10.5
1280	SZULAWSKI ROBERT	1402	GSD.RUNNERS	WARSZAWA	POL	M 50	114	M 1019		00:12:15	00:28:40.80	00:29:32.60	5:44	10.5
1281	KNAP JAKUB	2047		WARSZAWA	POL	M 12	14	M 1020		00:13:59	00:28:41.10	00:31:21.85	5:44	10.5
1282	KNAP RADOSŁAW	608		WARSZAWA	POL	M 40	352	M 1021		00:13:59	00:28:41.50	00:31:21.60	5:44	10.5
1283	MĘDEL CEZARY	893		MARKI	POL	M 50	115	M 1022		00:13:43	00:28:41.60	00:31:00.05	5:44	10.5
1284	CHOJNOWSKI ANDRZEJ	166	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40	353	M 1023		00:13:05	00:28:41.65	00:30:33.20	5:44	10.5
1285	RUCYK JUSTYNA	1203		WARSZAWA	POL	K 40	92	K 262	BIEGAM DOBRZE DLA FUNDACJI SYNOPSIS	00:13:18	00:28:42.35	00:30:46.30	5:44	10.5
1286	GŁODEK ADAM	365	AIOA	WARSZAWA	POL	M 30	301	M 1024		00:13:57	00:28:43.40	00:31:29.70	5:44	10.4
1287	DOLATA EWA	1777		KONSTANCIN-JEIORNA	POL	K 20	36	K 263		00:12:54	00:28:43.45	00:31:20.90	5:44	10.4
1288	GRZESZAK WERONIKA	10	-	-	POL	K 30	83	K 264		00:13:01	00:28:44.65	00:30:33.95	5:44	10.4
1289	ANKIEWICZ WOJTEK	28		WARSZAWA	POL	M 40	354	M 1025		00:12:40	00:28:45.00	00:32:11.10	5:45	10.4
1290	KLUCZYK PIOTR	601	KS GROM	WARSZAWA	POL	M 30	302	M 1026		00:13:25	00:28:46.20	00:30:22.55	5:45	10.4
1291	KARCZEWSKA MARTA	1873	KS ATAK AGRYKOLA	WARSZAWA	POL	K 14	7	K 265		00:13:17	00:28:47.10	00:30:41.10	5:45	10.4
1292	KĘDZIA-STĘPKOWSKI PIOTR	569		WARSZAWA	POL	M 50	116	M 1027		00:14:10	00:28:47.15	00:31:00.30	5:45	10.4
1293	DUBEK MICHAŁ	264		WARSZAWA	POL	M 40	355	M 1028		00:13:50	00:28:47.70	00:31:42.20	5:45	10.4

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1294	URBAŃSKA-STĄNCZUK MARIA	1495		WARSZAWA	POL	K 20	37	K 266		00:13:16	00:28:48.10	00:31:35.80	5:45	10.4
1295	WASILEWSKA MAŁGORZATA	1979		KALISZKI	POL	K 40	93	K 267		00:13:17	00:28:49.50	00:31:50.15	5:45	10.4
1296	DOMŻAŁA KATARZYNA	252	TEAM ZABIEGANEDNI	KARCZEW	POL	K 20	38	K 268		00:12:34	00:28:49.70	00:30:36.25	5:45	10.4
1297	WIŚNIEWSKA MAGDALENA	1548		WARSZAWA	POL	K 40	94	K 269		00:13:59	00:28:49.85	00:31:25.45	5:45	10.4
1298	KŁOPOCKA ANNA	604		STRZENIÓWKA	POL	K 50	30	K 270		00:13:26	00:28:50.70	00:31:35.10	5:46	10.4
1299	OLKOWSKA ZOFIA	995		GLINIANKA	POL	K 30	84	K 271		00:13:55	00:28:51.25	00:31:27.35	5:46	10.4
1300	SKRZYŃSKA EMILIA	1279		ŁÓDŹ	POL	K 30	85	K 272		00:13:31	00:28:51.50	00:30:54.45	5:46	10.4
1301	KORYCKA KLAUDIA	651		WARSZAWA	POL	K 20	39	K 273		00:12:48	00:28:51.85	00:30:34.55	5:46	10.4
1302	MAREK MICHAŁ	858		WARSZAWA	AFG	M 30	303	M 1029		00:13:48	00:28:52.25	00:31:35.40	5:46	10.4
1303	JESIONOWSKI MARCIN	489		WARSZAWA	POL	M 40	356	M 1030		00:12:04	00:28:53.10	00:30:07.95	5:46	10.4
1304	KRULAK GABRYŚIA	2051	KRULACZKI TEAM	WARSZAWA	POL	K 12	3	K 274		00:12:53	00:28:53.45	00:30:23.60	5:46	10.4
1305	STASZEWSKI JANUSZ	1339		WARSZAWA	POL	M 50	117	M 1031		00:13:35	00:28:54.70	00:32:08.05	5:46	10.4
1306	DOSTOJEWSKI PIOTR	254		WARSZAWA	POL	M 40	357	M 1032		00:12:53	00:28:54.85	00:30:51.80	5:46	10.4
1307	FROM KONRAD	320	WARSAW RUN CLUB	WARSZAWA	POL	M 40	358	M 1033		00:13:19	00:28:55.05	00:31:03.05	5:47	10.4
1308	SOBONSKA KATARZYNA	1304	CBRE	WARSZAWA	POL	K 30	86	K 275		00:13:44	00:28:55.20	00:31:38.70	5:47	10.4
1309	MARCINKIEWICZ WOJCIECH	852	BIEGUSTATORZY	WARSZAWA	POL	M 30	304	M 1034		00:13:54	00:28:55.50	00:31:31.90	5:47	10.4
1310	GRECZEK ANNA	404		WARSZAWA	POL	K 30	87	K 276		00:13:27	00:28:55.70	00:31:41.85	5:47	10.4
1311	NIKLIŃSKI DOMINIK	150		WARSZAWA	POL	M 40	359	M 1035		00:13:38	00:28:55.70	00:31:11.75	5:47	10.4
1312	JODŁOWSKI RAFAŁ	494	MYSZORY	WARSZAWA	POL	M 30	305	M 1036		00:13:45	00:28:56.80	00:30:38.95	5:47	10.4
1313	WITEK SZYMON	2107		WARSZAWA	POL	M 14	25	M 1037		00:14:08	00:28:56.90	00:31:08.95	5:47	10.4
1314	TLAK TOMASZ	1445		WARSZAWA	POL	M 40	360	M 1038		00:12:51	00:28:57.10	00:30:29.65	5:47	10.4
1315	JODŁOWSKA ANNA	493	MYSZORY	6	POL	K 50	31	K 277		00:13:45	00:28:57.40	00:30:39.15	5:47	10.4
1316	KARCZMARCZYK PAWEŁ	545		WARSZAWA	POL	M 30	306	M 1039		00:13:17	00:28:57.85	00:30:44.10	5:47	10.4
1317	BOGUSZ WERONIKA	97		WARSZAWA	POL	K 20	40	K 278		00:13:12	00:28:58.00	00:31:07.15	5:47	10.4
1318	ŚWISTAK ANIA	2100		WARSZAWA	POL	K 16	11	K 279		00:13:35	00:28:59.85	00:31:59.00	5:47	10.4
1319	PODGRODZKI PAWEŁ	1096		WARSZAWA	POL	M 40	361	M 1040		00:13:14	00:29:00.05	00:30:37.20	5:48	10.3
1320	SŁĄBA PAULINA	1287		WARSZAWA	POL	K 30	88	K 280		00:13:46	00:29:00.20	00:31:59.90	5:48	10.3
1321	JANCAK KATARZYNA	462		PRUSZKÓW	POL	K 30	89	K 281		00:13:14	00:29:00.30	00:30:37.05	5:48	10.3
1322	JAGODZIŃSKI KAMIL	452		WARSZAWA	POL	M 30	307	M 1041		00:13:02	00:29:00.90	00:30:44.35	5:48	10.3
1323	KNYZIAK JAKUB	2017	FUNDACJA MORSY WOŁOMIN KOBYLEKA	WARSZAWA	POL	M 12	15	M 1042		00:12:59	00:29:01.60	00:30:04.90	5:48	10.3
1324	ADAMCZYK JULIA	13	RUNS IN THE FAMILY	WARSZAWA	POL	K 20	41	K 282		00:13:59	00:29:01.95	00:31:10.50	5:48	10.3
1325	FONGANG SIMON	317		WARSZAWA	POL	M 20	128	M 1043		00:13:35	00:29:03.30	00:31:54.05	5:48	10.3
1326	HOLDENMAJER CEZARY	1800		WARSZAWA	POL	M 50	118	M 1044		00:14:12	00:29:03.60	00:31:33.70	5:48	10.3
1327	WASILEWSKA-CICHOPEK KAROLINA	1510		WARSZAWA	POL	K 30	90	K 283		00:13:27	00:29:04.25	00:31:03.00	5:48	10.3
1328	SOKHAN OLENA	1309		WARSZAWA	POL	K 20	42	K 284	ITMRUN	00:12:58	00:29:04.55	00:30:24.50	5:48	10.3
1329	GAWRYSZEWSKI GRZEGORZ	345		WARSZAWA	POL	M 30	308	M 1045		00:13:46	00:29:04.75	00:31:25.40	5:48	10.3
1330	SAHAJDAK IWONA	1230		WARSZAWA	POL	K 30	91	K 285		00:13:46	00:29:05.30	00:31:25.25	5:49	10.3
1331	SZYMAŃCZAK MAGDALENA	1959		FORD CITY	USA	K 40	95	K 286		00:13:08	00:29:06.95	00:30:08.40	5:49	10.3
1332	SEGIET RAFAŁ	1237		SEROCK	POL	M 30	309	M 1046		00:13:43	00:29:08.55	00:32:08.05	5:49	10.3
1333	ŚWINIARSKI EMIL	1729		WARSZAWA	POL	M 20	129	M 1047		00:13:07	00:29:08.70	00:31:14.80	5:49	10.3
1334	MICOREK MAJA	1859	PARASPORTOWI	WARSZAWA	POL	K 20	43	K 287	PARASPORTOWI	00:14:21	00:29:08.75	00:31:50.40	5:49	10.3
1335	STĄNCZAK DOMINIKA	1335	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	96	K 288	TEAM ZABIEGANEDNI	00:14:22	00:29:08.95	00:31:50.65	5:49	10.3
1336	CZARKOWSKI DARIUSZ	201		OŻARÓW MAZOWIECKI	POL	M 40	362	M 1048	PRACUJĄCA TRÓJKA	00:13:09	00:29:09.15	00:30:29.55	5:49	10.3
1337	KOWALSKA PAULINA	673		KONSTANCIN-JEZIORNA	POL	K 40	97	K 289		00:13:19	00:29:09.35	00:30:35.30	5:49	10.3
1338	GÓRAL TADEUSZ	384	KKB	WARSZAWA	POL	M 50	119	M 1049		00:14:10	00:29:09.80	00:30:12.40	5:49	10.3
1339	KRULAK MARZENA	703	KRULACZKI TEAM	WARSZAWA	POL	K 40	98	K 290		00:13:59	00:29:10.05	00:32:00.50	5:50	10.3
1340	WITEK LENA	2106		STOKŁOSY	POL	K 16	12	K 291		00:13:49	00:29:10.40	00:31:21.60	5:50	10.3
1341	GROCHOWSKA MAGDALENA	408		WARSZAWA	POL	K 30	92	K 292		00:14:22	00:29:10.90	00:31:32.35	5:50	10.3
1342	LULA RADOŚLAW	1844	RUN VEGAN	WARSZAWA	POL	M 40	363	M 1050		00:15:10	00:29:10.95	00:32:43.70	5:50	10.3
1343	WIERZBICKI IRENEUSZ	1528		ŁUKÓW	POL	M 50	120	M 1051		00:13:56	00:29:11.15	00:31:37.75	5:50	10.3
1344	VIARBITSKAYA TATSIANA	1500		WARSZAWA	POL	K 40	99	K 293	ITMRUN	00:13:28	00:29:13.20	00:32:34.35	5:50	10.3
1345	HRYMAK ANKA	437		WARSZAWA	POL	K 40	100	K 294		00:13:18	00:29:14.40	00:31:22.70	5:50	10.3
1346	BIERNAT MICHAŁ	80		ŁÓDŹ	POL	M 60	43	M 1052		00:13:57	00:29:14.40	00:31:23.25	5:50	10.3
1347	KORNAUS JOANNA	643		WARSZAWA	POL	K 30	93	K 295		00:14:02	00:29:14.45	00:32:16.80	5:50	10.3
1348	BIERNAT DOROTA	81	DMMM TEAM ŁÓDŹ	ŁÓDŹ	POL	K 60	4	K 296		00:13:57	00:29:14.55	00:31:23.25	5:50	10.3
1349	DUBEK ALEKSANDRA	2021		WARSZAWA	POL	K 12	4	K 297		00:14:18	00:29:14.55	00:31:41.20	5:50	10.3

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1350	PRZEWODOWSKA AGNIESZKA	1134		WARSZAWA	POL	K 40	101	K 298		00:13:57	00:29:14.60	00:31:24.80	5:50	10.3
1351	CHRZANOWSKA MAŁGORZATA	1758		WARSZAWA	POL	K 40	102	K 299		00:12:41	00:29:14.85	00:30:20.25	5:50	10.3
1352	ANTOS SŁAWOMIR	30		LEGIONOWO	POL	M 40	364	M 1053		00:14:02	00:29:15.30	00:31:43.85	5:51	10.3
1353	PALENIK PAWEŁ	1888		WARSZAWA	POL	M 12	16	M 1054		00:14:08	00:29:16.35	00:32:17.50	5:51	10.3
1354	NIEWIADOMSKI ZDZISŁAW	960		WARSZAWA	POL	M 70	10	M 1055		00:13:24	00:29:18.20	00:31:58.70	5:51	10.2
1355	SZOT PAWEŁ	1398		WARSZAWA	POL	M 40	365	M 1056		00:14:04	00:29:19.35	00:31:55.10	5:51	10.2
1356	PIWOWAREK GRZEGORZ	1087	PRZEPIÓRKI WIKTORA	WARSZAWA	POL	M 30	310	M 1057		00:14:11	00:29:19.60	00:31:53.85	5:51	10.2
1357	POŁCZYŃSKI PAWEŁ	1905		WARSZAWA	POL	M 30	311	M 1058		00:11:46	00:29:20.00	00:30:50.75	5:52	10.2
1358	SZEJTUS BEATA	196		OTWOCK	POL	K 40	103	K 300		00:13:49	00:29:20.30	00:32:33.75	5:52	10.2
1359	WITEK DAGMARA	1551		WARSZAWA	POL	K 40	104	K 301		00:13:48	00:29:20.75	00:31:32.25	5:52	10.2
1360	STĘPIEŃ SYLWIA	1346		JÓZEFOSŁAW	POL	K 40	105	K 302		00:13:37	00:29:21.15	00:30:43.10	5:52	10.2
1361	ROSZCZYK KAMILA	2084	UKS G8 BIELANY	WARSZAWA	POL	K 12	5	K 303		00:14:19	00:29:21.15	00:31:58.20	5:52	10.2
1362	SZYMANEK ŁUKASZ	1409		WARSZAWA	POL	M 40	366	M 1059		00:13:35	00:29:21.85	00:32:02.85	5:52	10.2
1363	JASINOWSKA EMILIA	475		MIĘDZYCHÓD	POL	K 70	2	K 304		00:13:29	00:29:21.90	00:30:59.65	5:52	10.2
1364	GŁOWACKA ELŻBIETA	367	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 60	5	K 305	TEAM ZABIEGANEDNI	00:10:24	00:29:22.60	00:30:00.00	5:52	10.2
1365	REGUICKI ARTUR	1172		WARSZAWA	POL	M 50	121	M 1060		00:13:11	00:29:22.90	00:31:32.05	5:52	10.2
1366	ULBIN KAROLINA	1486		WARSZAWA	POL	K 20	44	K 306		00:13:22	00:29:23.20	00:31:31.55	5:52	10.2
1367	SZYMANEK ALEKSANDRA	1410		WARSZAWA	POL	K 30	94	K 307		00:13:36	00:29:23.25	00:32:02.90	5:52	10.2
1368	DUBEK KATARZYNA	263		WARSZAWA	POL	K 40	106	K 308		00:14:17	00:29:23.30	00:31:49.75	5:52	10.2
1369	SOŁOWIOW MARZENA	1318		WARSZAWA	POL	K 40	107	K 309		00:14:02	00:29:23.85	00:32:03.40	5:52	10.2
1370	GRYGOWSKA BEATA	415		JABŁONNA	POL	K 40	108	K 310		00:13:24	00:29:24.15	00:30:31.90	5:52	10.2
1371	DRZYŃICKI DAMIAN	261	SEMP URSYNOW	WARSZAWA	POL	M 40	367	M 1061	SEMP URSYNOW	00:13:18	00:29:25.15	00:31:30.10	5:53	10.2
1372	GOŁĘBIEWSKI KAROL	379		WARSZAWA	POL	M 30	312	M 1062	DSV ISS	00:13:45	00:29:25.85	00:32:10.40	5:53	10.2
1373	KOWALSKA KINGA	674	KB PACE WARSZAWA	WARSZAWA	POL	K 40	109	K 311	KB PACE WARSZAWA	00:13:59	00:29:25.85	00:31:51.40	5:53	10.2
1374	BUDA ARKADIUSZ	122		WARSZAWA	POL	M 30	313	M 1063	DSV ISS	00:13:45	00:29:26.05	00:32:10.60	5:53	10.2
1375	KUZNETSOVA SVITLANA	749		WARSZAWA	POL	K 40	110	K 312		00:13:52	00:29:26.10	00:31:40.60	5:53	10.2
1376	PALENIK MARCIN	1887		WARSZAWA	POL	M 40	368	M 1064		00:14:09	00:29:26.25	00:32:27.15	5:53	10.2
1377	PAPROWICZ ADAM	2077		WARSZAWA	POL	M 12	17	M 1065	CHŁOPAKI Z KEN	00:13:22	00:29:27.40	00:30:51.60	5:53	10.2
1378	TYLMAN RADOŚLAW	1480		WARSZAWA	POL	M 30	314	M 1066		00:13:20	00:29:28.15	00:31:37.50	5:53	10.2
1379	MIKOSZA ANNA	1702		WARSZAWA	POL	K 30	95	K 313		00:13:33	00:29:28.60	00:30:59.10	5:53	10.2
1380	LULA IZABELA	1872	RUN VEGAN	WARSZAWA	POL	K 14	8	K 314		00:15:37	00:29:28.70	00:32:34.00	5:53	10.2
1381	KOLASZT ULA	614	RACEFIGHTER GOSIR DĘBE WIELKIE	STARA NIEDZIAŁKA	POL	K 16	13	K 315		00:13:54	00:29:28.95	00:31:29.55	5:53	10.2
1382	MADEJ JOANNA	2057		WARSZAWA	POL	K 16	14	K 316		00:13:54	00:29:29.05	00:31:29.70	5:53	10.2
1383	BALCERZAK TOMASZ	1722		LEGIONOWO	POL	M 40	369	M 1067		00:13:28	00:29:29.20	00:31:20.40	5:53	10.2
1384	KOSIOR KONRAD	658		WARSZAWA	POL	M 30	315	M 1068		00:15:03	00:29:29.35	00:32:29.65	5:53	10.2
1385	RYBAK MATEUSZ	1922		WARSZAWA	POL	M 20	130	M 1069		00:13:43	00:29:29.85	00:31:11.60	5:53	10.2
1386	MADEJ JAKUB	2059	GÓRA BIEGA	GÓRA KALWARIA	POL	M 14	26	M 1070	DRAGONFLIES	00:14:15	00:29:30.30	00:32:08.70	5:54	10.2
1387	KOŁAKOWSKA ANETA	617		WARSZAWA	POL	K 30	96	K 317		00:13:34	00:29:30.90	00:30:23.00	5:54	10.2
1388	KUBOWICZ MACIEJ	717		WARSZAWA	POL	M 40	370	M 1071		00:14:08	00:29:31.35	00:31:30.60	5:54	10.2
1389	ŻURALSKA ALEKSANDRA	2139		WARSZAWA	POL	K 40	111	K 318		00:13:20	00:29:31.60	00:30:51.25	5:54	10.2
1390	UŁANEK KAMILA	1491		WARSZAWA	POL	K 40	112	K 319		00:13:59	00:29:33.15	00:32:07.30	5:54	10.2
1391	WOŁCZAK BARTŁOMIEJ	1577		WARSZAWA	POL	M 20	131	M 1072		00:14:08	00:29:33.35	00:31:10.80	5:54	10.2
1392	SZYMCAK AGNIESZKA	1421		CELESTYNOW	POL	K 30	97	K 320		00:13:40	00:29:34.25	00:31:19.75	5:54	10.1
1393	CHMIELEWSKA JOANNA	626		WARSZAWA	POL	K 20	45	K 321		00:14:03	00:29:36.00	00:32:23.60	5:55	10.1
1394	KACZOR RENATA	515		WARSZAWA	POL	K 50	32	K 322		00:13:21	00:29:36.10	00:32:21.30	5:55	10.1
1395	KALINOWSKA ALEKSANDRA	521		WARSZAWA	POL	K 30	98	K 323		00:14:04	00:29:36.45	00:32:23.60	5:55	10.1
1396	WINIARSKA-CZARNOTA KATARZYNA	1543		WARSZAWA	POL	K 30	99	K 324		00:14:13	00:29:36.60	00:32:05.65	5:55	10.1
1397	KINGA BER	586		WARSZAWA	POL	K 30	100	K 325		00:14:13	00:29:38.60	00:32:07.65	5:55	10.1
1398	GÓRECKA KATARZYNA	1794		LESZNO	POL	K 40	113	K 326		00:13:26	00:29:38.95	00:30:52.25	5:55	10.1
1399	NIKLEWICZ KONRAD	961		WARSZAWA	POL	M 40	371	M 1073		00:14:20	00:29:39.75	00:32:39.25	5:55	10.1
1400	PIETRZYK PAWEŁ	1070		WARSZAWA	POL	M 40	372	M 1074		00:12:50	00:29:39.80	00:31:18.20	5:55	10.1
1401	WÓJCIK MAŁGORZATA	1736		GOŁDAP	POL	K 20	46	K 327		00:13:59	00:29:42.40	00:32:34.70	5:56	10.1
1402	JANCZEWSKA EWA	463		WARSZAWA	POL	K 40	114	K 328		00:14:04	00:29:42.95	00:32:04.05	5:56	10.1
1403	BINDER MARTA	84		KONSTANCIN-JEZIORNA	POL	K 40	115	K 329		00:14:12	00:29:43.20	00:32:40.80	5:56	10.1
1404	BRZĘCZEK IZABELA	115		JÓZEFOSŁAW	POL	K 50	33	K 330		00:13:42	00:29:44.15	00:31:49.05	5:56	10.1
1405	DOBRUCH ROBERT	244		WARSZAWA	POL	M 50	122	M 1075		00:13:24	00:29:44.20	00:30:54.40	5:56	10.1
1406	STRZABALA GRZEGORZ	1356		WARSZAWA	POL	M 40	373	M 1076		00:14:12	00:29:44.40	00:32:05.20	5:56	10.1

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1407	PIEKARSKA GOSIA	1065		WARSZAWA	POL	K 40	116	K 331		00:13:40	00:29:45.05	00:30:17.10	5:57	10.1
1408	KUNKA PIOTR	741	TEAM ZABIEGANEDNI	JAKUBÓW	POL	M 40	374	M 1077	TEAM ZABIEGANEDNI	00:13:34	00:29:45.30	00:32:43.50	5:57	10.1
1409	ZUBRZYCKA ALEKSANDRA	1657		FALENTY DUŻE	POL	K 30	101	K 332		00:13:52	00:29:45.50	00:32:26.55	5:57	10.1
1410	WIECZOREK PIOTR	1527		WARSZAWA	POL	M 40	375	M 1078		00:14:32	00:29:45.95	00:33:09.70	5:57	10.1
1411	SKALSKA KAROLINA	1267		WARSZAWA	POL	K 40	117	K 333		00:14:08	00:29:47.65	00:32:06.90	5:57	10.1
1412	DYMEL PIOTR	279		WARSZAWA	POL	M 70	11	M 1079		00:13:52	00:29:47.70	00:31:59.50	5:57	10.1
1413	RACZYŃSKI PATRYK	1155	RKS ZERZEŃ	WARSZAWA	POL	M 40	376	M 1080		00:14:06	00:29:47.70	00:33:01.75	5:57	10.1
1414	IWASZKO PAWEŁ	445		WARSZAWA	POL	M 40	377	M 1081		00:13:19	00:29:48.15	00:31:20.10	5:57	10.1
1415	TOLAK MARCIN	203	TEAM TOLAK	WARSZAWA	POL	M 40	378	M 1082	TEAM TOLAK	00:14:02	00:29:48.70	00:32:37.30	5:57	10.1
1416	MAŁEK KAROLINA	843		WARSZAWA	POL	K 40	118	K 334		00:13:59	00:29:48.75	00:33:07.40	5:57	10.1
1417	NOWAK WIKTOR	966	SPARTANIE DZIECIOM	WARSZAWA	POL	M 60	44	M 1083		00:13:37	00:29:50.65	00:33:06.40	5:58	10.1
1418	LUKOWSKA HANNA	791	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 60	6	K 335		00:14:05	00:29:51.05	00:32:26.05	5:58	10.1
1419	CHOŁUJ MICHALINA	2010	GÓRA BIEGA	TOMICIE	POL	K 14	9	K 336	GÓRA BIEGA	00:14:25	00:29:51.70	00:32:29.35	5:58	10.1
1420	MADEJ WIKTORIA	2058	GÓRA BIEGA	GÓRA KALWARIA	POL	K 16	15	K 337	DRAGONFLIES	00:14:24	00:29:52.65	00:32:30.95	5:58	10
1421	MAŁEK HANNA	2060		WARSZAWA	POL	K 16	16	K 338		00:14:26	00:29:54.10	00:32:45.95	5:58	10
1422	NOGAL JÓZEF	963	ALBATROS	PODŁĘCZE	POL	M 60	45	M 1084		00:13:27	00:29:54.35	00:31:47.40	5:58	10
1423	MASTALERZ DAWID	1858		WARSZAWA	POL	M 20	132	M 1085		00:13:02	00:29:54.60	00:31:37.45	5:58	10
1424	DI FOLCO VERONICA	237	TI HEALTH CLUB	WARSZAWA	POL	K 40	119	K 339	TI HEALTH CLUB	00:14:18	00:29:56.50	00:31:40.70	5:59	10
1425	MATYSIAK KRYSIA	2063		WARSZAWA	POL	K 14	10	K 340		00:14:17	00:29:58.25	00:31:38.35	5:59	10
1426	PIOTROWSKA EWA	1898		WARSZAWA	POL	K 40	120	K 341		00:13:28	00:29:58.85	00:30:03.90	5:59	10
1427	KORONA TATIANA	647	TEAM KARAŚ	WARSZAWA	POL	K 50	34	K 342	TEAM KARAŚ	00:14:22	00:29:58.85	00:32:43.50	5:59	10
1428	ADAMIAK PAWEŁ	14		WARSZAWA	POL	M 50	123	M 1086		00:13:46	00:30:00.15	00:33:06.95	6:00	10
1429	JUŚKO ELWIRA	509	KWADRANS TEAM	OSTROWIEC ŚW	POL	K 40	121	K 343		00:13:54	00:30:01.70	00:32:12.45	6:00	10
1430	BRZOZOWSKA MAGDALENA	117	BIEGUSTATORZY	WARSZAWA	POL	K 40	122	K 344		00:14:00	00:30:04.35	00:32:38.05	6:00	10
1431	GODLEWSKI PIOTR	371		WARSZAWA	POL	M 30	316	M 1087		00:13:49	00:30:05.20	00:32:48.05	6:01	10
1432	INCI MARTA	442		WARSZAWA	POL	K 40	123	K 345		00:13:47	00:30:05.85	00:32:57.60	6:01	10
1433	KRZECZEWSKI JACEK	708		WARSZAWA	POL	M 50	124	M 1088		00:13:50	00:30:06.55	00:32:19.70	6:01	10
1434	SZYMCZAK MIROŚLAW	1420	TRIWAWA	WARSZAWA	POL	M 70	12	M 1089		00:14:05	00:30:07.25	00:33:04.00	6:01	10
1435	WALOS JAN	1508		WARSZAWA	POL	M 60	46	M 1090		00:13:19	00:30:08.00	00:31:48.50	6:01	10
1436	FIL TETIANA	305		WARSZAWA	POL	K 16	17	K 346		00:13:12	00:30:09.40	00:30:20.40	6:01	10
1437	LAMPARSKA PATRYCJA	758		WARSZAWA	POL	K 30	102	K 347		00:14:28	00:30:09.50	00:32:35.50	6:01	10
1438	SMAGIEŁ TOMASZ	1292	STS SMAGIEŁ	WARSZAWA	POL	M 50	125	M 1091		00:14:12	00:30:10.25	00:33:15.90	6:02	9.9
1439	LASZUK KATARZYNA	1699		WARSZAWA	POL	K 40	124	K 348		00:14:12	00:30:10.50	00:32:29.60	6:02	9.9
1440	ZAWICKA ANGELINA	1636		MARKI	POL	K 40	125	K 349		00:14:47	00:30:10.75	00:32:32.35	6:02	9.9
1441	KUSIŃSKA DOROTA	1683		WARSZAWA	POL	K 30	103	K 350		00:14:11	00:30:10.80	00:32:29.75	6:02	9.9
1442	BALCERZAK KAROLINA	42		WARSZAWA	POL	K 20	47	K 351		00:13:57	00:30:11.10	00:31:44.95	6:02	9.9
1443	MOLSA NATALIA	921		WARSZAWA	POL	K 30	104	K 352		00:14:28	00:30:11.70	00:32:51.85	6:02	9.9
1444	SKOMOROWSKA MONIKA	1275		WARSZAWA	POL	K 40	126	K 353		00:13:40	00:30:14.60	00:31:37.35	6:02	9.9
1445	WEKA KRZYSZTOF	1520	BIALYSTOK BIEGA TEAM	BIALYSTOK	POL			M 1092	VEGE RUNNERS RESZTA ŚWIATA	00:13:29	00:30:15.00	00:31:14.75	6:03	9.9
1446	RYŃSKI ANDRZEJ	1222		GDYNIA	POL	M 50	126	M 1093		00:13:41	00:30:15.00	00:31:37.35	6:03	9.9
1447	SZAJEWSKA AGNIESZKA	1381	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	127	K 354	TEAM ZABIEGANEDNI	00:14:04	00:30:15.35	00:32:38.15	6:03	9.9
1448	NIEDZIELA MICHAŁ	957		WARSZAWA	POL	M 40	379	M 1094		00:13:59	00:30:15.45	00:31:54.35	6:03	9.9
1449	TORZEWSKA AGNIESZKA	1456	BEMOWO BIEGA	WARSZAWA	POL	K 40	128	K 355		00:13:57	00:30:15.90	00:32:31.05	6:03	9.9
1450	BROZE OLIWIA	114		WARSZAWA	POL	K 16	18	K 356		00:13:41	00:30:16.60	00:32:56.10	6:03	9.9
1451	KOZŁOWSKA SYLWIA	684		WARSZAWA	POL	K 20	48	K 357		00:14:05	00:30:17.60	00:33:06.10	6:03	9.9
1452	STOŁECKA PAULINA	1946		WARSZAWA	POL	K 30	105	K 358		00:13:21	00:30:18.10	00:32:50.15	6:03	9.9
1453	GAŁADYK JOANNA	334	B&B	GDYNIA	POL	K 30	106	K 359		00:14:22	00:30:18.20	00:32:37.25	6:03	9.9
1454	BUREK KASJA	139		WARSZAWA	POL	K 40	129	K 360		00:14:10	00:30:19.55	00:32:25.05	6:03	9.9
1455	BARAŃSKA DANUTA	1739		WARSZAWA	POL	K 50	35	K 361		00:14:14	00:30:19.60	00:32:42.85	6:03	9.9
1456	LEWANDOWSKI PIOTR	1838		WARSZAWA	POL	M 50	127	M 1095		00:14:12	00:30:21.15	00:32:10.90	6:04	9.9
1457	FLASZCZYŃSKI MICHAŁ	312		PRUSZKÓW	POL	M 30	317	M 1096		00:14:25	00:30:25.90	00:33:23.10	6:05	9.9
1458	GOSIEWSKA RENATA	386		WARSZAWA	POL	K 50	36	K 362		00:13:39	00:30:27.25	00:32:35.70	6:05	9.9
1459	CHOROŚ SYLWIA	170		WARSZAWA	POL	K 30	107	K 363		00:14:17	00:30:28.00	00:32:38.20	6:05	9.8
1460	POGOCKA ALICJA	2078		WARSZAWA	POL	K 14	11	K 364		00:14:36	00:30:28.95	00:32:54.10	6:05	9.8
1461	PROCHWICZ SZYMON	1121		WARSZAWA	POL	M 20	133	M 1097		00:14:04	00:30:29.05	00:33:12.35	6:05	9.8
1462	JÓZWIK ARTUR	497	BBB	WARSZAWA	POL	M 40	380	M 1098		00:14:12	00:30:30.40	00:33:08.65	6:06	9.8

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1463	ROGUSKI MICHAŁ	1187		WARSZAWA	POL	M 30	318	M 1099		00:14:02	00:30:30.70	00:32:50.15	6:06	9.8
1464	KOWALIK MARTA	1826		NARUSZEWO	POL	K 20	49	K 365		00:13:31	00:30:31.45	00:31:08.75	6:06	9.8
1465	TRYFON PAWEŁ	1970		WARSZAWA	POL	M 20	134	M 1100		00:14:09	00:30:31.55	00:33:22.50	6:06	9.8
1466	MALICZOWSKA EWA	836		WARSZAWA	POL	K 30	108	K 366		00:13:34	00:30:31.80	00:33:05.60	6:06	9.8
1467	PROUTY ANTHONY	2081		BIELAWA	POL	M 16	38	M 1101		00:14:07	00:30:31.85	00:32:56.20	6:06	9.8
1468	BEDNAREK KRZYSZTOF	1744		CHYLICE	POL	M 20	135	M 1102		00:14:00	00:30:32.00	00:32:39.20	6:06	9.8
1469	TROJANOWSKA NINA	1968	ADIDAS RUNNERS	WARSZAWA	POL	K 20	50	K 367		00:14:10	00:30:32.40	00:33:22.60	6:06	9.8
1470	GONTAREK EMANUELA	1793		WARSZAWA	POL	K 20	51	K 368		00:14:02	00:30:33.40	00:31:58.50	6:06	9.8
1471	WŁODARCZYK AGNIESZKA	1559		KONSTANCIN-JEZIORNA	POL	K 30	109	K 369		00:14:14	00:30:33.60	00:33:30.45	6:06	9.8
1472	LIPIŃSKA ADRIANNA	786		WARSZAWA	POL	K 20	52	K 370		00:15:01	00:30:34.35	00:33:51.70	6:06	9.8
1473	ARCHACKA IWONA	35		WARSZAWA	POL	K 30	110	K 371		00:14:03	00:30:35.40	00:33:38.40	6:07	9.8
1474	KORONA MARCIN	648	TEAM KARAS	WARSZAWA	POL	M 20	136	M 1103	TEAM KARAŚ	00:14:25	00:30:35.95	00:33:12.95	6:07	9.8
1475	WOLAK KATARZYNA	1574		OPACZ-KOLONIA	POL	K 30	111	K 372	CBRE	00:14:01	00:30:38.85	00:33:46.40	6:07	9.8
1476	TRYBULEC JUSTYNA	1470		WARSZAWA	POL	K 30	112	K 373		00:14:10	00:30:39.10	00:31:28.95	6:07	9.8
1477	CHOŁUJ MARTA	167		WARSZAWA	POL	K 30	113	K 374		00:14:15	00:30:41.85	00:33:12.10	6:08	9.8
1478	GAWIN MARIUSZ	344		WARSZAWA	POL	M 20	137	M 1104		00:14:07	00:30:43.40	00:32:56.45	6:08	9.8
1479	GRECKA ANNA	402		CHYLICZKI	POL	K 30	114	K 375		00:13:59	00:30:44.10	00:32:05.55	6:08	9.8
1480	FALACIŃSKA MONIKA	294		WARSZAWA	POL	K 40	130	K 376		00:14:42	00:30:46.70	00:33:55.30	6:09	9.8
1481	ZIETEK MARCIN	1652		WARSZAWA	POL	M 40	381	M 1105		00:14:47	00:30:46.90	00:34:04.15	6:09	9.8
1482	LISZEWSKA DOMINIKA	1843		WARSZAWA	POL	K 40	131	K 377		00:14:46	00:30:47.25	00:33:25.90	6:09	9.7
1483	MARCINIAK RAFAL	851		WARSZAWA	POL	M 30	319	M 1106		00:13:45	00:30:47.60	00:32:46.25	6:09	9.7
1484	ORZECZOWSKI DANIEL	1006		PIASECZNO	POL	M 40	382	M 1107		00:14:16	00:30:47.95	00:34:09.35	6:09	9.7
1485	PETRYCKI MARCIN	1053	PUMPIT	MARKÓW-ŚWINICE	POL	M 40	383	M 1108		00:14:22	00:30:49.30	00:31:53.90	6:09	9.7
1486	DUSIŃSKA DOMINIKA	271		WARSZAWA	POL	K 20	53	K 378		00:13:58	00:30:49.75	00:33:27.40	6:09	9.7
1487	TYSZKA RAFAŁ	2102		WARSZAWA	POL	M 16	39	M 1109		00:13:41	00:30:49.80	00:32:45.10	6:09	9.7
1488	TYRANKIEWICZ KAMILA	1484		WARSZAWA	POL	K 40	132	K 379		00:14:19	00:30:50.65	00:32:14.85	6:10	9.7
1489	DRÓDZ RENATA	260		WARSZAWA	POL	K 40	133	K 380		00:14:22	00:30:51.10	00:32:47.80	6:10	9.7
1490	LIGOWSKI KRZYSZTOF	784		WARSZAWA	POL	M 40	384	M 1110		00:13:11	00:30:53.25	00:33:15.45	6:10	9.7
1491	MATUSIAK ANNA	878		CHOTOMÓW	POL	K 30	115	K 381		00:14:27	00:30:53.40	00:33:36.50	6:10	9.7
1492	DĄBROWSKI ANDRZEJ	226		JÓZEFÓW	POL	M 60	47	M 1111		00:13:45	00:30:54.75	00:34:05.15	6:10	9.7
1493	JUNEVIČIUS ANDRIUS	498		WARSZAWA	POL	M 20	138	M 1112		00:15:07	00:30:54.90	00:33:11.60	6:10	9.7
1494	ŻURAWSKI FILIP	2115		WARSZAWA	POL	M 14	27	M 1113		00:13:43	00:30:55.35	00:33:46.10	6:11	9.7
1495	OKRASA MACIEJ	986	WARSZAWIACY	WARSZAWA	POL	M 40	385	M 1114		00:13:52	00:30:55.40	00:33:17.00	6:11	9.7
1496	STASIAK MARCIN	1338		WARSZAWA	POL	M 50	128	M 1115		00:15:38	00:30:55.75	00:32:27.00	6:11	9.7
1497	PURZYCKA DOMINIKA	1147		WARSZAWA	POL	K 20	54	K 382		00:15:07	00:30:56.00	00:33:11.65	6:11	9.7
1498	KASICA JACEK	556	BIEGAM, BO BIEGAM :)	WARSZAWA	POL	M 40	386	M 1116		00:14:39	00:30:57.05	00:33:08.80	6:11	9.7
1499	KOWALCZYK BOGDAN	664	WARSZAWA-BRÓDNO	WARSZAWA	POL	M 60	48	M 1117		00:14:04	00:30:57.30	00:33:40.05	6:11	9.7
1500	BODALSKI JACEK	1689	AKTYWNA WARSZAWA	WARSZAWA	POL	M 50	129	M 1118	AKTYWNA WARSZAWA	00:13:59	00:30:57.45	00:33:33.65	6:11	9.7
1501	DŁUGOSZ PATRYK	238		WARSZAWA	POL	M 30	320	M 1119		00:14:12	00:30:58.80	00:33:54.00	6:11	9.7
1502	WIĘCKOWSKA VIOLETTA	1535	KS START PUŁASKI	WARKA	POL	K 50	37	K 383		00:14:34	00:30:58.80	00:33:47.00	6:11	9.7
1503	ZAWADKA AGNIESZKA	1632		STARE BABICE	POL	K 50	38	K 384		00:14:43	00:30:59.05	00:34:07.10	6:11	9.7
1504	STEFAŃSKA JOANNA	1341		WARSZAWA	POL	K 40	134	K 385		00:14:02	00:30:59.60	00:33:52.80	6:11	9.7
1505	GIERKOWSKA AGNIESZKA	356		WARSZAWA	POL	K 40	135	K 386		00:13:41	00:31:00.10	00:33:51.55	6:12	9.7
1506	KUMÓR SEBASTIAN	740		WARSZAWA	POL	M 30	321	M 1120		00:13:55	00:31:00.40	00:32:09.35	6:12	9.7
1507	CIEŚLAK ADRIANA	185		GRÓJEC	POL	K 30	116	K 387		00:14:14	00:31:01.35	00:33:39.10	6:12	9.7
1508	KOBUS KARINA	610		PIASECZNO	POL	K 20	55	K 388		00:14:38	00:31:03.45	00:33:49.70	6:12	9.7
1509	JACHEĆ KORNELA	448		WARSZAWA	POL	K 20	56	K 389		00:14:43	00:31:06.35	00:34:05.05	6:13	9.6
1510	BITOWSKI HUBERT	88		JÓZEFOSŁAW	POL	M 40	387	M 1121		00:14:30	00:31:06.50	00:34:02.55	6:13	9.6
1511	MAKAVEYEU ANTON	831		WARSZAWA	POL	M 30	322	M 1122		00:14:31	00:31:07.15	00:34:30.40	6:13	9.6
1512	SMOLEŃSKA MAŁGORZATA	1294		WARSZAWA	POL	K 40	136	K 390		00:13:50	00:31:11.25	00:33:57.85	6:14	9.6
1513	LENARCZYK PAWEŁ	4		-	POL	M 40	388	M 1123		00:13:51	00:31:12.80	00:33:51.05	6:14	9.6
1514	ORZECZOWSKA KAROLINA	1005		PIASECZNO	POL	K 40	137	K 391		00:14:43	00:31:14.85	00:34:08.85	6:14	9.6
1515	PLUTA MONIKA	1093		SULEJÓWEK	POL	K 30	117	K 392		00:13:54	00:31:15.05	00:34:04.15	6:15	9.6
1516	KUDŁAK MONIKA	730	GUTEK TEAM	RUDA	POL	K 50	39	K 393		00:14:08	00:31:15.60	00:34:03.10	6:15	9.6
1517	DZIEDZIC EWA	282	TEAM ZABIEGANEDNI	DZIECHCINIEC	POL	K 50	40	K 394	TEAM ZABIEGANEDNI	00:14:16	00:31:15.70	00:33:13.65	6:15	9.6
1518	ŚMIERCIAK KASIA	1429		WARSZAWA	POL	K 30	118	K 395		00:14:45	00:31:16.10	00:33:44.25	6:15	9.6
1519	ŻÓŁTOWSKI BARTŁOMIEJ	1670		WARSZAWA	POL	M 40	389	M 1124		00:13:48	00:31:17.50	00:34:01.60	6:15	9.6

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1520	GIL ELŻBIETA	1789		WARSZAWA	POL	K 40	138	K 396		00:13:49	00:31:18.15	00:33:15.50	6:15	9.6
1521	ZAWADZKI KSAWERY	1635		WARSZAWA	POL	M 30	323	M 1125		00:15:03	00:31:21.50	00:34:06.65	6:16	9.6
1522	MIKULSKA SYLWIA	905		WARSZAWA	POL	K 40	139	K 397		00:13:43	00:31:22.85	00:33:51.65	6:16	9.6
1523	LIPKA-ZALEWSKA GRAŻYNA	1842		JULIANÓW	POL	K 50	41	K 398		00:15:14	00:31:23.70	00:34:17.10	6:16	9.6
1524	HOŁDAŚ MARIUSZ	429		WARSZAWA	POL	M 50	130	M 1126		00:12:43	00:31:24.45	00:32:55.75	6:16	9.6
1525	WINIARZ NATALIA	1544		WARSZAWA	POL	K 30	119	K 399		00:14:48	00:31:24.90	00:34:00.50	6:16	9.6
1526	KARŁOWICZ ANNA	547	PARTIA WOLNYCH BIEGACZY	WARSZAWA	POL	K 70	3	K 400		00:14:27	00:31:25.45	00:34:16.50	6:17	9.5
1527	MODZELEWSKA-SOKOŁ BARBARA	918		WARSZAWA	POL	K 60	7	K 401		00:14:12	00:31:26.70	00:32:27.80	6:17	9.5
1528	JAGLIŃSKA ANNA	451		WARSZAWA	POL	K 40	140	K 402		00:14:00	00:31:26.95	00:34:03.50	6:17	9.5
1529	BIDZIŃSKA ALICJA	72		WARSZAWA	POL	K 30	120	K 403		00:14:39	00:31:27.20	00:34:11.35	6:17	9.5
1530	KOŁPACZYŃSKA ANNA	1728		WARSZAWA	POL	K 30	121	K 404		00:14:10	00:31:27.25	00:33:33.55	6:17	9.5
1531	KOWALCZYK KAMILA	1825		WARSZAWA	POL	K 30	122	K 405		00:14:16	00:31:27.70	00:32:51.00	6:17	9.5
1532	STOLARSKA DANUTA	1350	PARKRUN SŁODOWO WŁOCLAWEK	WŁOCLAWEK	POL	K 60	8	K 406		00:14:43	00:31:27.95	00:34:15.95	6:17	9.5
1533	JANEK KATARZYNA	464	KATAREK	WARSZAWA	AFG	K 30	123	K 407		00:14:32	00:31:29.65	00:33:35.60	6:17	9.5
1534	HERNIK WERONIKA	428		GRÓJEC	POL	K 30	124	K 408		00:14:28	00:31:30.10	00:33:41.15	6:18	9.5
1535	KĄDZIELAWA MAREK	567	CWCR	WARSZAWA	POL	M 50	131	M 1127		00:14:12	00:31:31.00	00:33:22.30	6:18	9.5
1536	JAROSIŃSKA ANNA	471		GORA KALWARIA	POL	K 30	125	K 409		00:14:14	00:31:31.05	00:33:55.60	6:18	9.5
1537	ZALEWSKI PIOTR	2124		JULIANÓW	POL	M 50	132	M 1128		00:15:14	00:31:31.25	00:34:24.50	6:18	9.5
1538	GLASSER MAREK	360		WARSZAWA	POL	M 70	13	M 1129		00:14:53	00:31:33.30	00:33:58.70	6:18	9.5
1539	DĄBROWSKI PAWEŁ	223		WARSZAWA	POL	M 30	324	M 1130		00:13:59	00:31:34.50	00:31:49.25	6:18	9.5
1540	KARTOWICZ ALDONA	1149		WARSZAWA	POL	K 30	126	K 410		00:14:25	00:31:34.80	00:34:09.65	6:18	9.5
1541	ZAMIELA EWA	1621		WARSZAWA	POL	K 50	42	K 411		00:14:56	00:31:36.65	00:32:46.60	6:19	9.5
1542	LAZAREVA SVETLANA	1711		WARY	AFG	K 40	141	K 412		00:14:49	00:31:37.70	00:34:00.60	6:19	9.5
1543	MITURA ANNA	915		WARSZAWA	POL	K 40	142	K 413		00:14:34	00:31:37.75	00:34:22.70	6:19	9.5
1544	MAJEK JAKUB	1851		PIASECZNO	POL	M 20	139	M 1131		00:14:38	00:31:38.05	00:34:56.90	6:19	9.5
1545	BUSZMAN ZUZANNA	142		WARSZAWA	POL	K 20	57	K 414		00:15:10	00:31:38.30	00:34:45.25	6:19	9.5
1546	KACZMARSKA ALICJA	514	TI HEALTH CLUB	WARSZAWA	POL	K 40	143	K 415	TI HEALTH CLUB	00:14:47	00:31:38.90	00:33:46.05	6:19	9.5
1547	OLSZEWSKA KATARZYNA BERNADETTA	2147		-	POL	K 40	144	K 416		00:15:26	00:31:40.75	00:34:43.75	6:20	9.5
1548	KENIG WIKTOR	2116		WARSZAWA	POL	M 16	40	M 1132		00:14:37	00:31:41.05	00:34:58.50	6:20	9.5
1549	BEDNARSKA LIWIA	1745		WARSZAWA	POL	K 30	127	K 417		00:14:53	00:31:41.70	00:31:57.40	6:20	9.5
1550	KENIG PAWEŁ	1682		WARSZAWA	POL	M 50	133	M 1133		00:14:36	00:31:41.90	00:34:59.05	6:20	9.5
1551	SZATKOWSKA MARTA	1385		WARSZAWA	POL	K 20	58	K 418		00:14:14	00:31:42.45	00:33:58.70	6:20	9.5
1552	ŻÓŁTOWSKA DOMINIKA	1669	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40	145	K 419		00:14:14	00:31:43.70	00:34:01.60	6:20	9.5
1553	DOMŻAŁA JAN	2018		WARSZAWA	POL	M 12	18	M 1134		00:13:54	00:31:43.80	00:34:06.20	6:20	9.5
1554	ORZOŁ SYLWIA	147		WARSZAWA	POL	K 30	128	K 420		00:14:22	00:31:51.95	00:34:07.55	6:22	9.4
1555	HAWRYLUK EMILIA	2032		WARSZAWA	POL	K 16	19	K 421		00:15:02	00:31:52.05	00:35:13.80	6:22	9.4
1556	MŁYNARCZYK MIKOŁAJ	917		ZALESIE GÓRNE	POL	M 20	140	M 1135		00:13:47	00:31:52.55	00:34:10.80	6:22	9.4
1557	LIPIEC KAZIMIERA	785		WARSZAWA	POL	K 40	146	K 422		00:14:19	00:31:53.75	00:35:04.85	6:22	9.4
1558	BALCERZAK MONIKA	43		WARSZAWA	POL	K 40	147	K 423		00:14:04	00:31:54.80	00:33:28.80	6:22	9.4
1559	BŁOŃSKI ROBERT	1693		WARSZAWA	POL	M 50	134	M 1136		00:14:37	00:31:56.65	00:33:48.70	6:23	9.4
1560	FERLAS HELENA	2023		JÓZEFOSŁAW	POL	K 12	6	K 424		00:15:20	00:31:56.65	00:34:52.70	6:23	9.4
1561	BANASIAK PIOTR	45		WARSZAWA	POL	M 30	325	M 1137		00:14:54	00:31:56.85	00:34:55.25	6:23	9.4
1562	FERLAS MICHAŁ	300		JÓZEFOSŁAW	POL	M 50	135	M 1138		00:15:21	00:31:57.75	00:34:53.30	6:23	9.4
1563	MICHAŁEK-PENDOWSKA BARBARA	900		WARSZAWA	POL	K 40	148	K 425		00:14:46	00:31:58.70	00:33:53.20	6:23	9.4
1564	MICHAŁAK JERZY	898	KB IM. P. SEKOWSKIEGO	PŁOŃSK	POL	M 70	14	M 1139		00:14:45	00:32:00.05	00:34:39.20	6:24	9.4
1565	SIRODZKI MICHAŁ	1261		WARSZAWA	POL	M 20	141	M 1140		00:14:08	00:32:00.45	00:34:37.80	6:24	9.4
1566	PYRZAK PIOTR	1151		WARSZAWA	POL	M 40	390	M 1141		00:14:21	00:32:01.00	00:34:29.95	6:24	9.4
1567	PUCHAŁA TOMASZ	1143	MYSZORY	WARSZAWA	POL	M 40	391	M 1142		00:14:53	00:32:01.35	00:33:43.40	6:24	9.4
1568	FATLA KATARZYNA	298		WARSZAWA	POL	K 30	129	K 426	AKTYWNA WARSZAWA	00:14:52	00:32:02.70	00:34:17.70	6:24	9.4
1569	JANKOWSKI REMIGIUSZ	466		WARSZAWA	POL	M 50	136	M 1143		00:14:49	00:32:04.50	00:34:52.35	6:24	9.4
1570	GRABOWSKI JERZY	399	NIEZRZESZONY	WARSZAWA	POL	M 70	15	M 1144		00:15:07	00:32:04.70	00:34:47.20	6:24	9.4
1571	SOKOŁOWSKI MARIAN	1313	SAMOTNY WILK	WARSZAWA	POL	M 70	16	M 1145		00:14:33	00:32:05.15	00:33:48.30	6:25	9.4
1572	KUCHARSKI KRZYSZTOF	723		WARSZAWA	POL	M 60	49	M 1146		00:14:53	00:32:07.20	00:34:02.00	6:25	9.3
1573	PREKOWSKI GRZEGORZ	54		WARSZAWA	POL	M 50	137	M 1147		00:14:36	00:32:09.90	00:34:52.90	6:25	9.3
1574	SURMACZ IZA	1370	POLINEZJA	WARSZAWA	POL	K 20	59	K 427		00:14:26	00:32:10.45	00:34:57.90	6:26	9.3
1575	ANGERHOFER MONIKA	26		WARSZAWA	POL	K 30	130	K 428		00:16:00	00:32:11.30	00:35:17.05	6:26	9.3
1576	WOŹNIAK KATARZYNA	1585		PIASECZNO	POL	K 50	43	K 429		00:14:19	00:32:12.45	00:34:49.65	6:26	9.3

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1577	STĘPNIAK JULIA	1878		ZIELONKA	POL	K 16	20	K 430		00:14:56	00:32:13.65	00:35:24.40	6:26	9.3
1578	WITEK ADAM	2108		WARSZAWA	POL	M 12	19	M 1148		00:14:12	00:32:14.55	00:34:36.55	6:26	9.3
1579	KRIEWS KONRAD	694		WARSZAWA	POL	M 40	392	M 1149		00:15:45	00:32:16.40	00:35:34.85	6:27	9.3
1580	BEDNARZAK TADEUSZ	1678	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M 60	50	M 1150		00:15:46	00:32:16.50	00:35:26.50	6:27	9.3
1581	GRZESZAK DANUTA	9		MOGILNO	POL	K 70	4	K 431		00:15:05	00:32:20.60	00:35:00.15	6:28	9.3
1582	ZABIELSKI JAROSŁAW	1601		WARSZAWA	POL	M 50	138	M 1151		00:15:11	00:32:22.15	00:34:42.40	6:28	9.3
1583	FONGANG ALEKSANDRA	315		WARSZAWA	POL	K 40	149	K 432		00:15:14	00:32:25.50	00:35:16.40	6:29	9.3
1584	ULMA KLAUDIA	1490		WARSZAWA	POL	K 20	60	K 433		00:15:20	00:32:26.85	00:35:25.10	6:29	9.2
1585	ULMA DAWID	1489		WARSZAWA	POL	M 30	326	M 1152		00:15:20	00:32:27.00	00:35:25.10	6:29	9.2
1586	MATYSZCZAK MONIKA	882	KENKO	WARSZAWA	POL	K 40	150	K 434	KENKO	00:15:48	00:32:32.90	00:35:32.35	6:30	9.2
1587	GAŚSIOROWSKA DOROTA	347		WARSZAWA	POL	K 50	44	K 435		00:16:08	00:32:33.10	00:36:00.75	6:30	9.2
1588	SZYMAŃCZAK ZBIGNIEW	1958		NADARZYN	POL	M 60	51	M 1153		00:15:01	00:32:33.30	00:33:34.85	6:30	9.2
1589	SZANDECKI MARIUSZ	1954		ŁOMIANKI	POL	M 40	393	M 1154		00:16:38	00:32:33.60	00:32:33.60	6:30	9.2
1590	SYTY ADAM	1374		WARSZAWA	POL	M 40	394	M 1155		00:14:00	00:32:33.95	00:35:19.70	6:30	9.2
1591	SKARZYŃSKA KATARZYNA	1269		WARSZAWA	POL	K 40	151	K 436		00:15:48	00:32:34.95	00:35:40.35	6:30	9.2
1592	SZMIGIELSKI MACIEJ	1394		JÓZEFOSŁAW	POL	M 40	395	M 1156		00:15:48	00:32:35.10	00:35:40.25	6:31	9.2
1593	SHIPOVSKAYA LARISA	1242		WARSZAWA	POL	K 50	45	K 437		00:15:02	00:32:35.15	00:35:27.20	6:31	9.2
1594	KALMAN ANITA	528		WARSZAWA	POL	K 40	152	K 438		00:15:27	00:32:36.10	00:35:30.70	6:31	9.2
1595	SZAFRAN BEATA	1380	PUMP'IT	MARKÓW ŚWINICE	POL	K 40	153	K 439		00:15:20	00:32:38.25	00:33:50.20	6:31	9.2
1596	MUZYKA POLINA	941		WARSZAWA	UKR	K 16	21	K 440		00:14:27	00:32:38.55	00:34:16.80	6:31	9.2
1597	GLEŃSK ANNA	362	VEGE RUNNERS	WARSZAWA	POL	K 30	131	K 441	VEGE RUNNERS RESZTA ŚWIATA	00:14:34	00:32:38.80	00:35:27.45	6:31	9.2
1598	ROBACZEWSKA MARTA	1184		WARSZAWA	POL	K 30	132	K 442		00:15:24	00:32:41.25	00:35:39.10	6:32	9.2
1599	KARPECHENKO ARTEM	549		WARSZAWA	POL	M 30	327	M 1157		00:17:57	00:32:42.75	00:35:38.30	6:32	9.2
1600	BUDA ARTUR	2007		WARSZAWA	POL	M 14	28	M 1158		00:14:36	00:32:43.10	00:35:00.25	6:32	9.2
1601	STRZELCZYK OLGA	1358		WARSZAWA	POL	K 40	154	K 443		00:14:53	00:32:43.15	00:35:08.55	6:32	9.2
1602	KRAWCZAK ANGELIKA	691		WARSZAWA	POL	K 30	133	K 444		00:15:20	00:32:44.95	00:35:47.50	6:32	9.2
1603	MODRZEJEWSKA ANNA	1866		WARSZAWA	POL	K 40	155	K 445		00:13:51	00:32:45.55	00:34:50.45	6:33	9.2
1604	ŻOCHOWSKI GRZEGORZ	1666		WARSZAWA	POL	M 60	52	M 1159		00:15:13	00:32:46.00	00:36:11.70	6:33	9.2
1605	NASIEROWSKA-SAS MARTYNA	951		WARSZAWA	POL	K 30	134	K 446		00:14:39	00:32:48.50	00:35:11.30	6:33	9.1
1606	KWAPISIEWICZ KATARZYNA	751		WARSZAWA	POL	K 40	156	K 447		00:15:21	00:32:49.60	00:35:52.05	6:33	9.1
1607	REGIMOWICZ TAMARA	1171	NEW BALANCE RUN CLUB	WARSZAWA	POL	K 30	135	K 448		00:14:25	00:32:49.70	00:34:53.80	6:33	9.1
1608	KASPRZAK EWELINA	558		WARSZAWA	POL	K 30	136	K 449		00:14:30	00:32:55.70	00:35:47.20	6:35	9.1
1609	MIERZWICKA KAROLINA	2066		WARSZAWA	POL	K 12	7	K 450		00:14:45	00:32:56.10	00:36:08.65	6:35	9.1
1610	MYŚLIBORSKA OLGA	943		WARSZAWA	POL	K 40	157	K 451		00:15:03	00:32:56.75	00:34:16.75	6:35	9.1
1611	WALAS ZUZANNA	1504		MAGDALENKA	POL	K 30	137	K 452		00:15:31	00:32:57.25	00:36:24.05	6:35	9.1
1612	GAŹTOWSKA AGNIESZKA	350		WARSZAWA	POL	K 30	138	K 453		00:14:22	00:32:57.50	00:35:33.90	6:35	9.1
1613	RADKOWSKI MICHAŁ	1160		WARSZAWA	POL	M 40	396	M 1160		00:15:03	00:32:57.65	00:34:29.70	6:35	9.1
1614	PYLYPENKO IRYNA	1150	CBRE	WARSZAWA	POL	K 30	139	K 454		00:15:10	00:32:58.95	00:35:55.95	6:35	9.1
1615	PERKOŁUP PAULINA	1051		WARSZAWA	POL	K 30	140	K 455		00:15:20	00:32:59.50	00:35:57.30	6:35	9.1
1616	GRZYBEK MARTA	420		WARSZAWA	POL	K 20	61	K 456		00:14:43	00:32:59.65	00:35:14.30	6:35	9.1
1617	ZABIEGA ŁUKASZ	1600		WARSZAWA	POL	M 30	328	M 1161		00:15:20	00:33:01.10	00:35:58.75	6:36	9.1
1618	BIBRZYCKA - DĘBSKA MAGDA	71		ZAMIENIE	POL	K 30	141	K 457		00:16:00	00:33:03.75	00:36:09.45	6:36	9.1
1619	KUBIAK JULIA	1874		WARSZAW	POL	K 16	22	K 458		00:14:37	00:33:05.45	00:34:29.65	6:37	9.1
1620	SKRZYPCZAK JAROSŁAW	1933		WARSZAWA	POL	M 50	139	M 1162		00:14:49	00:33:05.95	00:35:33.80	6:37	9.1
1621	PIWOWARCZYK SŁAWOMIR	1086		WARSZAWA	POL	M 50	140	M 1163		00:14:48	00:33:06.80	00:34:08.85	6:37	9.1
1622	WESOŁOWSKI PAWEŁ	1983		WARSZAWA	POL	M 40	397	M 1164		00:16:13	00:33:06.85	00:36:15.10	6:37	9.1
1623	KORYCIŃSKA MARIOLA	649		WARSZAWA	POL	K 30	142	K 459		00:14:28	00:33:08.20	00:34:48.65	6:37	9.1
1624	ZAGRAJEK KRZYSIEK	1611		WARSZAWA	POL	M 30	329	M 1165		00:19:33	00:33:08.40	00:33:08.40	6:37	9.1
1625	CHMIELEWSKI ANTONI	161	MIĘDZYRZECKA GRUPA BIEGOWA	MJEDZYRZEC PODLASKI	POL	M 70	17	M 1166		00:15:34	00:33:08.80	00:36:18.20	6:37	9.1
1626	WŁODARCZYK EULALIA	1558		WARSZAWA	POL	K 40	158	K 460		00:15:58	00:33:08.85	00:36:28.70	6:37	9.1
1627	FALACIŃSKI KAROL	295		WARSZAWA	POL	M 40	398	M 1167		00:15:08	00:33:09.40	00:36:18.85	6:37	9
1628	MĘKARSKI PIOTR	1687		WARSZAWA	POL	M 40	399	M 1168		00:15:59	00:33:13.60	00:36:02.65	6:38	9
1629	FRANEK MARCIN	2118		WARSZAWA	POL	M 16	41	M 1169		00:14:31	00:33:14.45	00:36:01.25	6:38	9
1630	BRODZIK MAŁGOSIA	111		WARSZAWA	POL	K 40	159	K 461		00:14:48	00:33:14.45	00:35:28.90	6:38	9
1631	KILJAŃSKA ANNA	582		WARSZAWA	POL	K 20	62	K 462		00:14:28	00:33:16.20	00:35:46.90	6:39	9
1632	WALKIEWICZ MARIUSZ	1507		NOWA IWICZNA	POL	M 50	141	M 1170		00:14:17	00:33:19.85	00:35:43.30	6:39	9

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1633	GOŁOS PIOTR	1704		WARSZAWA	POL	M 50	142	M 1171		00:14:18	00:33:20.05	00:35:43.50	6:40	9
1634	SPIEWAK MACIEJ	1324		WARSZAWA	POL	M 40	400	M 1172		00:15:45	00:33:20.10	00:36:16.10	6:40	9
1635	ŻELAZKO JOANNA	2133		WARSZAWA	POL	K 40	160	K 463		00:14:35	00:33:21.80	00:35:21.50	6:40	9
1636	KAIM-MIERZWICKA KATARZYNA	517		WARSZAWA	POL	K 40	161	K 464		00:15:12	00:33:23.15	00:36:08.60	6:40	9
1637	MORAWSKA IRMINA	924		WARSZAWA	POL	K 20	63	K 465		00:15:45	00:33:23.20	00:36:22.80	6:40	9
1638	MAJEWSKI MACIEJ	830		MAGDALENKA	POL	M 30	330	M 1173		00:16:00	00:33:24.95	00:36:23.65	6:40	9
1639	ZALEWSKA AGNIESZKA	1618		WARSZAWA	POL	K 40	162	K 466		00:15:01	00:33:31.80	00:33:42.90	6:42	9
1640	BUDEK EWA	123		WARSZAWA	POL	K 40	163	K 467		00:14:54	00:33:32.40	00:36:11.40	6:42	8.9
1641	GAJDUK ILONA	331		WROCLAW	POL	K 30	143	K 468		00:16:26	00:33:34.30	00:36:53.80	6:42	8.9
1642	FILIPCZYK HANNA	306		WARSZAWA	POL	K 40	164	K 469	PRACUJĄCA TRÓJKA	00:15:53	00:33:34.60	00:36:24.75	6:42	8.9
1643	CHRZANOWSKA AGNIESZKA	1759		WARSZAWA	POL	K 30	144	K 470		00:16:27	00:33:34.70	00:36:53.90	6:42	8.9
1644	PRUCHNIEWICZ MICHAŁ	1126		WARSZAWA	POL	M 30	331	M 1174		00:16:23	00:33:34.85	00:36:54.10	6:42	8.9
1645	CHROMIŃSKA KLARA	173		WARSZAWA	POL	K 20	64	K 471		00:15:54	00:33:35.75	00:37:07.55	6:43	8.9
1646	JARZĄBEK PAULINA	2034	MKS MECHANIK	WŁODAWA	POL	K 16	23	K 472		00:13:32	00:33:36.45	00:34:56.25	6:43	8.9
1647	MIERZYŃSKA ROKSANA	903	CBRE	WARSZAWA	POL	K 20	65	K 473		00:15:53	00:33:38.25	00:36:46.45	6:43	8.9
1648	KOWALIK ALICJA	671	CBRE	WARSZAWA	POL	K 30	145	K 474	CBRE	00:15:47	00:33:38.70	00:37:17.90	6:43	8.9
1649	WÓJCICKA AGNIESZKA	1995	GÓRA BIEGA	KĄTY	POL	K 30	146	K 475		00:14:58	00:33:38.85	00:35:51.05	6:43	8.9
1650	SKROJNA ANNA	1932	RUN CZARNÓW	CZARNÓW	POL	K 30	147	K 476		00:15:13	00:33:40.40	00:35:58.10	6:44	8.9
1651	STASIAK JOANNA	1337		MYSIADŁO	POL	K 40	165	K 477		00:16:16	00:33:40.70	00:36:45.65	6:44	8.9
1652	KILIAN MONIKA	1815		MYSIADŁO	POL	K 40	166	K 478		00:16:16	00:33:41.05	00:36:45.95	6:44	8.9
1653	KOSIATY JAROSŁAW	655		WARSZAWA	POL	M 50	143	M 1175		00:15:15	00:33:42.45	00:34:40.50	6:44	8.9
1654	JAKUBICKA JOANNA	457	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 30	148	K 479		00:15:08	00:33:44.55	00:36:56.15	6:44	8.9
1655	RYCHLEWICZ RAFAŁ	1220		WARSZAWA	POL	M 40	401	M 1176		00:14:53	00:33:45.35	00:36:55.35	6:45	8.9
1656	GRYNCZEWSKI JEREMI	1798		WARSZAWA	POL	M 12	20	M 1177		00:13:02	00:33:47.70	00:35:08.30	6:45	8.9
1657	WOŹNIAK JAKUB	1582		WARSZAWA	POL	M 16	42	M 1178		00:15:18	00:33:47.70	00:36:57.15	6:45	8.9
1658	TYSZKA SYLWIA	1485		WARSZAWA	POL	K 40	167	K 480		00:15:33	00:33:48.20	00:35:44.50	6:45	8.9
1659	KALOGEROPOULOU EVGENIA	529		WARSZAWA	GRE	K 30	149	K 481		00:16:04	00:33:49.20	00:37:11.85	6:45	8.9
1660	KLIBER KATARZYNA	1816		WARSZAWA	POL	K 40	168	K 482		00:15:49	00:33:49.30	00:37:28.20	6:45	8.9
1661	ZYZANSKA AGA	1662		WARSAW	POL	K 30	150	K 483		00:16:20	00:33:50.70	00:36:55.25	6:46	8.9
1662	SEITARIDIS CHRISTOS	1238		WARSZAWA	GRE	M 30	332	M 1179		00:16:04	00:33:50.85	00:37:13.85	6:46	8.9
1663	SŁOWIK JERZY	1290		WARSZAWA	POL	M 60	53	M 1180		00:13:03	00:33:52.10	00:35:12.70	6:46	8.9
1664	KILJAN KAROLINA	581		PIASECZNO	POL	K 20	66	K 484		00:15:37	00:33:52.85	00:36:39.15	6:46	8.9
1665	DEREK EWA	229		WARSZAWA	POL	K 30	151	K 485		00:16:23	00:33:53.05	00:36:56.05	6:46	8.9
1666	WILCZAK TOMASZ	1686		BASZKÓWKA	POL	M 30	333	M 1181		00:17:18	00:33:53.35	00:37:02.35	6:46	8.9
1667	DEREK WOJCIECH	230		WARSZAWA	POL	M 30	334	M 1182		00:16:23	00:33:53.50	00:36:56.05	6:46	8.9
1668	JAŻWIŃSKI (TATA PATEREK ;-) PRZEMEK	484		JÓZEFÓW	POL	M 40	402	M 1183		00:16:19	00:33:55.90	00:37:01.85	6:47	8.8
1669	KONARSKA ANNA	623		WARSZAWA	POL	K 20	67	K 486		00:16:20	00:33:58.50	00:37:04.85	6:47	8.8
1670	KUZNETSOVA KATERYNA	750		WARSZAWA	POL	K 20	68	K 487		00:14:46	00:34:00.05	00:36:13.95	6:48	8.8
1671	PODLECKA ANNA	1098		WARSZAWA (URSYNÓW)	POL	K 40	169	K 488		00:15:04	00:34:01.40	00:37:23.15	6:48	8.8
1672	WIETRZYCKA MONIKA	1531		WARSZAWA	POL	K 30	152	K 489		00:15:59	00:34:01.55	00:37:08.65	6:48	8.8
1673	PLUTA ALEK	1094		SULEJÓWEK	POL	M 30	335	M 1184		00:16:16	00:34:02.00	00:37:08.10	6:48	8.8
1674	ŻUKOWSKA DOMINIKA	2114		WARSZAWA	POL	K 16	24	K 490		00:16:08	00:34:02.70	00:34:12.95	6:48	8.8
1675	PAWLAK LUCYNA	1045		MARKI	POL	K 60	9	K 491		00:15:41	00:34:04.80	00:37:14.20	6:48	8.8
1676	KARKOS MAGDALENA	546		WARSZAWA	POL	K 30	153	K 492		00:16:19	00:34:08.15	00:37:11.90	6:49	8.8
1677	KASIANENKO VERONIKA	555		WARSZAWA	POL	K 16	25	K 493		00:15:17	00:34:09.55	00:34:38.25	6:49	8.8
1678	ZIMNY ZUZANNA	1656		WARSZAWA	POL	K 16	26	K 494		00:15:35	00:34:09.55	00:34:30.50	6:49	8.8
1679	WÓJCIKOWSKA JULIA	1871		WARSZAWA	POL	K 16	27	K 495		00:15:35	00:34:09.75	00:34:30.80	6:49	8.8
1680	RYCHLEWICZ ZOFIA	2085		WARSZAWA	POL	K 12	8	K 496		00:15:18	00:34:11.65	00:36:55.80	6:50	8.8
1681	SOWIŃSKA EWELINA	1323		PIASTÓW	POL	K 30	154	K 497		00:16:19	00:34:12.00	00:37:19.40	6:50	8.8
1682	PROKOPCZYK ALEKSANDRA	1911		SOCHACZEW	POL	K 40	170	K 498		00:17:37	00:34:12.85	00:37:20.00	6:50	8.8
1683	CZAJA PIOTR	1764		WARSZAWA	POL	M 40	403	M 1185		00:15:35	00:34:13.55	00:35:58.85	6:50	8.8
1684	NEJMAN ANDRZEJ	955		WARSZAWA	POL	M 40	404	M 1186		00:16:08	00:34:14.15	00:37:26.45	6:50	8.8
1685	KEMPA ROBERT	48		WARSZAWA	POL	M 40	405	M 1187		00:15:51	00:34:16.95	00:37:49.85	6:51	8.8
1686	KOWALEWSKA KATARZYNA	669		WARSZAWA	POL	K 40	171	K 499		00:15:25	00:34:17.25	00:36:43.10	6:51	8.8
1687	MASTALEREK JOANNA	868		WARSZAWA	POL	K 40	172	K 500		00:15:12	00:34:17.35	00:36:59.10	6:51	8.8
1688	ZAMORSKA MONIKA	2126		PIASECZNO	POL	K 40	173	K 501		00:15:20	00:34:19.55	00:37:01.75	6:51	8.7
1689	SOBOLEWSKA ALEKSANDRA	1725		WARSZAWA	POL	K 20	69	K 502		00:15:49	00:34:20.15	00:35:46.50	6:52	8.7

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1690	TUREK PAWEŁ	1971	PRIN-S	NOWA IWICZNA	POL	M 50	144	M 1188		00:13:30	00:34:23.90	00:36:09.95	6:52	8.7
1691	SZAJKOWSKA MAJA	2096		WARSZAWA	POL	K 12	9	K 503		00:16:12	00:34:26.60	00:36:01.20	6:53	8.7
1692	SZAJKOWSKA EWA	1382		WARSZAWA (MOKOTÓW)	POL	K 50	46	K 504		00:16:12	00:34:27.25	00:36:01.70	6:53	8.7
1693	MYSZOR-CIECIELĄG MONIKA	942		PIASECZNO	POL	K 40	174	K 505		00:15:59	00:34:28.60	00:37:24.35	6:53	8.7
1694	ZYZAŃSKA JULIA	1663		WARSZAWA	POL	K 20	70	K 506		00:16:20	00:34:32.05	00:37:36.55	6:54	8.7
1695	DOMINIAK BARTOSZ	33	#BARTEKBIEGA	WARSZAWA	POL	M 40	406	M 1189	URZĄD DZIELNICY URSYNÓW	00:15:45	00:34:32.75	00:37:25.45	6:54	8.7
1696	DENKIEWICZ ADAM	2015		WARSZAWA	POL	M 12	21	M 1190		00:14:11	00:34:34.10	00:36:56.40	6:54	8.7
1697	PILIS DARIA	1896		WARSZAWA	POL	K 20	71	K 507		00:15:34	00:34:34.15	00:36:33.40	6:54	8.7
1698	SZNAJDER BEATA	1395		WARSZAWA	POL	K 40	175	K 508		00:15:22	00:34:34.25	00:35:42.85	6:54	8.7
1699	BRONISZEWSKA NATALIA	2006		KIJÓW	POL	K 16	28	K 509		00:15:33	00:34:34.30	00:37:57.25	6:54	8.7
1700	BAKALAROVA MICHAELA	41		WARSZAWA	POL	K 30	155	K 510		00:15:00	00:34:34.95	00:36:41.85	6:54	8.7
1701	KRZYŻEWSKA KAROLINA	711	PZU SPORT TEAM	WARSZAWA	POL	K 30	156	K 511	PZU SPORT TEAM	00:15:55	00:34:36.10	00:37:35.00	6:55	8.7
1702	MOSKAŁA BOGUSŁAW	925		WARSZAWA	POL	M 60	54	M 1191		00:16:19	00:34:39.00	00:37:44.85	6:55	8.7
1703	SKRUCHA IGA	1278		WARSZAWA	POL	K 30	157	K 512		00:16:15	00:34:39.15	00:37:27.25	6:55	8.7
1704	PLICHCIŃSKA MAŁGORZATA	1089	EKONOMIK MOKOTÓW	WARSZAWA	POL	K 40	176	K 513		00:16:09	00:34:41.20	00:37:39.35	6:56	8.6
1705	JEKIMOW JOANNA	486		WARSZAWA	POL	K 40	177	K 514		00:15:35	00:34:42.95	00:37:00.05	6:56	8.6
1706	BORYS KAROLINA	107		WARSZAWA	POL	K 20	72	K 515		00:16:17	00:34:43.45	00:38:00.50	6:56	8.6
1707	MASALSKI MIKOŁAJ	2061		WARSZAWA	POL	M 14	29	M 1192		00:15:58	00:34:45.75	00:37:41.60	6:57	8.6
1708	FRYDRYCH KATARZYNA	322		WARSZAWA	POL	K 40	178	K 516		00:16:21	00:34:47.10	00:37:54.55	6:57	8.6
1709	GOŁASZEWSKA MAGDALENA	1792		WARSZAWA	POL	K 30	158	K 517		00:15:33	00:34:54.00	00:36:24.50	6:58	8.6
1710	KOŚCIŃSKI RAFAŁ	657	BIEGNIJ Z PROSERVICE	OŻARÓW MAZOWIECKI	POL	M 40	407	M 1193	BIEGNIJ Z PROSERVICE	00:15:38	00:34:56.45	00:36:53.90	6:59	8.6
1711	SZOSTAKOWSKI JAROSŁAW	1397	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	M 50	145	M 1194		00:16:20	00:35:00.45	00:38:04.25	7:00	8.6
1712	RUTKOWSKA MARIA	1210		WARSZAWA	POL	K 30	159	K 518		00:15:49	00:35:00.75	00:38:35.20	7:00	8.6
1713	BRONISZEWSKI JAKUB	113		KIJÓW	POL	M 40	408	M 1195		00:16:01	00:35:01.25	00:37:57.20	7:00	8.6
1714	GROCHOWSKA JOANNA	407	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	K 50	47	K 519		00:16:21	00:35:01.60	00:38:04.60	7:00	8.6
1715	MARCINIAK JULIA	1733		WARSZAWA	POL	K 20	73	K 520		00:15:20	00:35:04.20	00:37:41.35	7:00	8.6
1716	KAMIŃSKI MACIEJ	538		ZIELONKA	POL	M 40	409	M 1196		00:16:27	00:35:04.30	00:38:17.25	7:00	8.6
1717	SKUPIŃSKI TOMASZ	1282		WOŁOMIN	POL	M 20	142	M 1197		00:16:27	00:35:04.80	00:38:17.55	7:00	8.6
1718	DĄBROWSKI TOMASZ	222		WARSZAWA	POL	M 40	410	M 1198		00:15:34	00:35:07.00	00:38:00.80	7:01	8.5
1719	BORKOWSKI ADRIAN	1532		WARSZAWA	POL	M 30	336	M 1199		00:15:53	00:35:08.30	00:38:05.65	7:01	8.5
1720	KIELBICKI MARCIN	574		WARSZAWA	POL	M 40	411	M 1200		00:16:15	00:35:08.35	00:38:19.10	7:01	8.5
1721	JURKOWSKA IRENA	502		WARSZAWA	POL	K 70	5	K 521		00:15:54	00:35:09.95	00:36:39.95	7:01	8.5
1722	KOGOWSKA ALICJA	613		WARSZAWA	POL	K 30	160	K 522		00:16:46	00:35:10.75	00:37:27.30	7:02	8.5
1723	ŁAZARECKA MAGDA	799		WARSZAWA	POL	K 40	179	K 523		00:16:23	00:35:15.60	00:38:20.00	7:03	8.5
1724	LAZAREVA VLADISLAVA	1712		WARSZAWA	POL	K 16	29	K 524		00:15:22	00:35:16.35	00:38:06.35	7:03	8.5
1725	RUDENKO DARIA	1204		WARSZAWA	POL	K 20	74	K 525		00:15:36	00:35:17.25	00:37:29.00	7:03	8.5
1726	KĘDZIA-STĘPKOWSKI ANTONI	570		WARSZAWA	POL	M 20	143	M 1201		00:15:40	00:35:17.65	00:37:31.70	7:03	8.5
1727	MELSKA KAROLINA	890		WARSZAWA	POL	K 30	161	K 526		00:16:17	00:35:18.15	00:38:08.35	7:03	8.5
1728	KUC DANIEL	719		ZIELONKA	POL	M 40	412	M 1202		00:16:20	00:35:19.60	00:38:20.75	7:03	8.5
1729	DWURZYŃSKA SYLWIA	274		WARSZAWA	POL	K 40	180	K 527		00:15:42	00:35:20.40	00:38:07.35	7:04	8.5
1730	KĘDZIA-STĘPKOWSKA ANIELA	2043		WARSZAWA	POL	K 16	30	K 528		00:15:40	00:35:22.70	00:37:36.65	7:04	8.5
1731	KORNACKA AGNIESZKA	640		NIEPORĘT	POL	K 20	75	K 529		00:16:18	00:35:25.15	00:35:45.10	7:05	8.5
1732	OLCZAK WITOLD	991	UMCS BIEGA	WARSZAWA	POL	M 60	55	M 1203		00:16:21	00:35:29.90	00:38:36.35	7:05	8.5
1733	OLCZAK URSZULA	990	UMCS BIEGA	WARSZAWA	POL	K 50	48	K 530		00:16:22	00:35:30.65	00:38:36.50	7:06	8.5
1734	KILKOWSKA JOANNA	584		WARSZAWA	POL	K 50	49	K 531		00:16:19	00:35:36.15	00:38:43.40	7:07	8.4
1735	KOPCZYŃSKA JUDYTA	1820	MARKOWI BIEGACZE	MARKI	POL	K 40	181	K 532		00:15:43	00:35:39.80	00:37:34.90	7:07	8.4
1736	RYBARKIEWICZ MELANIA	1875		WARSZAWA	POL	K 16	31	K 533		00:16:00	00:35:39.95	00:38:25.00	7:07	8.4
1737	DYGA DOMINIK	1781		WARSZAWA	POL	M 16	43	M 1204		00:15:59	00:35:40.35	00:38:25.60	7:08	8.4
1738	HOŁOPIAK EWA	430	NEW BALANCE RUN CLUB	WARSZAWA	POL	K 60	10	K 534		00:15:34	00:35:44.90	00:38:50.70	7:08	8.4
1739	LEHMANN KAROLINA	768		WARSZAWA	POL	K 20	76	K 535		00:16:24	00:35:52.40	00:39:09.25	7:10	8.4
1740	SZUSTKIEWICZ ZBIGNIEW	1404		MSZCZONÓW	POL	M 50	146	M 1205		00:16:20	00:35:53.35	00:38:43.85	7:10	8.4
1741	SIEROCINSKA-RUDZIŃSKA ANNA	1250		WARSZAWA	POL	K 40	182	K 536		00:16:43	00:35:56.35	00:38:02.50	7:11	8.3
1742	GAJ BOGNA	329		WARSZAWA	POL	K 50	50	K 537		00:16:28	00:36:07.55	00:38:07.00	7:13	8.3
1743	TUROWSKI KRZYSZTOF	1477		WARSZAWA	POL	M 60	56	M 1206		00:16:16	00:36:09.90	00:37:35.85	7:13	8.3
1744	SOCHA JULIA	1877		SEROKOMLA	POL	K 16	32	K 538		00:16:14	00:36:10.80	00:36:48.05	7:14	8.3
1745	LAMPARSKI ROBERT	759		WARSZAWA	POL	M 40	413	M 1207		00:18:07	00:36:11.05	00:36:11.05	7:14	8.3

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1746	MODZELEWSKA LENA	1876		JÓZEFOSŁAW	POL	K 16	33	K 539		00:16:14	00:36:11.20	00:36:48.20	7:14	8.3
1747	KACZOROWSKA MONIKA	516		ZĄBKI	POL	K 50	51	K 540		00:17:28	00:36:11.30	00:39:29.35	7:14	8.3
1748	MISTRZAK MARTA	912		PIASECZNO	POL	K 40	183	K 541		00:17:05	00:36:12.20	00:39:49.30	7:14	8.3
1749	WIŚNIEWSKA KATARZYNA	1547	INDYWIDUALISTKA	WARSZAWA	POL	K 50	52	K 542		00:16:33	00:36:22.55	00:37:49.25	7:16	8.2
1750	GIERANOWSKI MARCIN	1715	ZALATANI	WARSZAWA	POL	M 40	414	M 1208		00:16:22	00:36:23.85	00:39:18.45	7:16	8.2
1751	HOŁOWACZ TOMASZ	431	KONDYCJA	WARSZAWA	POL	M 70	18	M 1209		00:17:30	00:36:26.00	00:39:28.50	7:17	8.2
1752	JĘDRAS JAKUB	492		WARSZAWA	POL	M 40	415	M 1210		00:16:14	00:36:33.35	00:39:30.30	7:18	8.2
1753	ZALEWSKA ALICJA	2111		WARSZAWA	POL	K 16	34	K 543		00:16:08	00:36:34.75	00:36:44.80	7:18	8.2
1754	KAMIŃSKA KASIA	533		ZIELONKA	POL	K 16	35	K 544		00:16:35	00:36:36.60	00:39:48.45	7:19	8.2
1755	SMYDA PIOTR	1688		BUSKO-ZDRÓJ	POL	M 60	57	M 1211		00:17:06	00:36:38.70	00:39:48.60	7:19	8.2
1756	BISOWSKA HANNA	2003	MARUDY Z KOBYŁKI	KOBYŁKA	POL	K 12	10	K 545	MARUDY Z KOBYŁKI	00:16:22	00:36:39.35	00:39:44.90	7:19	8.2
1757	BISOWSKA KATARZYNA	86	MARUDY Z KOBYŁKI	KOBYŁKA	POL	K 40	184	K 546	MARUDY Z KOBYŁKI	00:16:22	00:36:39.75	00:39:45.25	7:19	8.2
1758	ZIELINSKA EWELINA	1648		NOWA WOLA	POL	K 30	162	K 547		00:17:04	00:36:42.85	00:40:01.50	7:20	8.2
1759	RANKOWSKA EWA	1913		WARSZAWA	POL	K 40	185	K 548		00:17:09	00:36:43.95	00:39:58.70	7:20	8.2
1760	FABISZ JAN	2022		WARSZAWA	POL	M 12	22	M 1212		00:17:58	00:36:44.05	00:39:38.00	7:20	8.2
1761	MISTRZAK MARCIN	913		PIASECZNO	POL	M 40	416	M 1213		00:17:40	00:36:46.60	00:39:49.10	7:21	8.2
1762	BORUSZEWSKI MACIEJ	105		WARSZAWA	POL	M 50	147	M 1214		00:15:22	00:36:50.25	00:39:15.00	7:22	8.1
1763	BORUSZEWSKA MAJA	2005		WARSZAWA	POL	K 14	12	K 549		00:15:21	00:36:50.40	00:39:15.05	7:22	8.1
1764	GAJDA AGNIESZKA	330	-	WARSZAWA	POL	K 40	186	K 550		00:16:31	00:36:51.10	00:39:45.40	7:22	8.1
1765	NIKODEMSKA-FABISZ MAŁGORZATA	962	PZU SPORT TEAM	WARSZAWA	POL	K 40	187	K 551		00:17:58	00:36:54.15	00:39:47.70	7:22	8.1
1766	GARWACKI JOZEF	341		PŁOCK	POL	M 70	19	M 1215		00:17:05	00:36:59.55	00:40:08.70	7:23	8.1
1767	KULETA MAŁGORZATA	737		WARSZAWA	POL	K 40	188	K 552		00:16:11	00:37:04.20	00:40:29.60	7:24	8.1
1768	CHAMERSKA KATARZYNA	1754		WARSZAWA	POL	K 40	189	K 553		00:16:50	00:37:06.75	00:40:07.30	7:25	8.1
1769	UFA JAROSŁAW	1974		SOCHACZEW	POL	M 50	148	M 1216		00:17:36	00:37:08.55	00:40:15.90	7:25	8.1
1770	GÓRSKA-MANCZENKO KATARZYNA	391	LEŚNE SZYCHY	WARSZAWA	POL	K 30	163	K 554	BIEGAM DOBRZE DLA FUNDACJI SYNOPSIS	00:19:24	00:37:18.05	00:37:18.05	7:27	8
1771	JURCZAK KAROLINA	499		WARSZAWA	POL	K 40	190	K 555		00:17:43	00:37:18.35	00:40:49.15	7:27	8
1772	HAIUCHYK DARYNA	2031		WARSZAWA	POL	K 16	36	K 556		00:16:23	00:37:19.35	00:37:22.90	7:27	8
1773	DZIUBIŃSKA ANNA	287		WARSZAWA	POL	K 30	164	K 557		00:17:07	00:37:20.25	00:40:39.30	7:28	8
1774	MAZUR KINGA	886		WARSZAWA	POL	K 40	191	K 558		00:16:47	00:37:22.40	00:40:26.60	7:28	8
1775	RADECKI MICHAŁ	1159		WARSZAWA	POL	M 40	417	M 1217		00:16:58	00:37:22.65	00:40:33.70	7:28	8
1776	ROSÓŁ RENATA	1196		WARSZAWA	POL	K 50	53	K 559		00:17:31	00:37:25.35	00:40:37.95	7:29	8
1777	NAKWASKI BARTŁOMIEJ	948		JÓZEFOSŁAW	POL	M 40	418	M 1218		00:15:21	00:37:35.15	00:39:06.60	7:31	8
1778	DZIURDŹ JACEK	289	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	419	M 1219		00:16:42	00:37:40.55	00:39:41.15	7:32	8
1779	SAMEL HELENA	5		-	POL	K 12	11	K 560		00:16:41	00:37:48.15	00:40:10.15	7:33	7.9
1780	KIJANKA PATRYCJA	1691		WARSZAWA	POL	K 30	165	K 561		00:17:13	00:37:50.95	00:41:02.55	7:34	7.9
1781	KOŁAKOWSKI ALEKSANDER	616		WARSZAWA	POL	M 30	337	M 1220		00:16:35	00:37:51.00	00:38:43.10	7:34	7.9
1782	BRZAŁAŁA MATEUSZ	1705		WARSZAWA	POL	M 20	144	M 1221		00:17:13	00:37:52.00	00:41:03.00	7:34	7.9
1783	SAMEL JANUSZ	3		-	POL	M 40	420	M 1222		00:16:42	00:37:52.45	00:40:14.20	7:34	7.9
1784	WILCZAK JOANNA	1539		BASZKÓWKA	POL	K 30	166	K 562		00:17:18	00:37:55.85	00:41:05.25	7:35	7.9
1785	JANISZEWSKI STANISŁAW	1681	-	WARSZAWA	POL	M 70	20	M 1223		00:17:11	00:37:59.70	00:38:06.90	7:35	7.9
1786	ROWICKI JAKUB	1918		WARSZAWA	POL	M 20	145	M 1224		00:16:55	00:38:06.10	00:40:55.45	7:37	7.9
1787	SYPIAŃSKA KALINA	1373		SIEDLCE	POL	K 40	192	K 563		00:17:37	00:38:07.90	00:41:18.65	7:37	7.9
1788	PIECZENIUK DARIUSZ	1063		SIEDLCE	POL	M 50	149	M 1225		00:17:38	00:38:08.40	00:41:18.70	7:37	7.9
1789	PIOTROWSKA-KRZAK ELA	1082		WARSZAWA	POL	K 40	193	K 564		00:17:30	00:38:15.65	00:40:23.80	7:39	7.8
1790	SZCZEPIEK MARTA	1387	KOTLET POWER TEAM	WARSZAWA	POL	K 40	194	K 565		00:17:30	00:38:33.85	00:42:05.35	7:42	7.8
1791	SMNK TANIA	1938		WARSAW	POL	K 30	167	K 566		00:17:57	00:38:37.40	00:41:32.45	7:43	7.8
1792	URBANIAK ELŻBIETA	1493		WARSZAWA	POL	K 40	195	K 567		00:17:37	00:38:38.90	00:41:45.55	7:43	7.8
1793	TKACZ JACEK	1444	TEAM KOPEĆ	OLSZTYN	POL	M 40	421	M 1226	TEAM KOPEĆ	00:18:05	00:38:44.45	00:42:05.80	7:44	7.7
1794	PABIŚ EWA	1024		WARSZAWA	POL	K 50	54	K 568		00:17:39	00:39:08.40	00:42:21.35	7:49	7.7
1795	SHADRYNA DARYA	1241		WARSZAWA	POL	K 20	77	K 569		00:17:36	00:39:18.30	00:42:26.30	7:51	7.6
1796	ŁUCEWICZ-NAPAŁKOW MARYJA	1849		WARSZAWA	POL	K 40	196	K 570		00:17:45	00:39:24.25	00:42:41.60	7:52	7.6
1797	ZIMNY MARIA	1655		WARSZAWA	POL	K 40	197	K 571		00:18:24	00:39:38.05	00:42:51.00	7:55	7.6
1798	KARPIŃSKA NINA	844		WARSZAWA	POL	K 40	198	K 572		00:17:45	00:39:52.75	00:42:28.35	7:58	7.5
1799	BARTOSIK KRYSZYNA	55		WARSZAWA	POL	K 60	11	K 573		00:18:49	00:39:59.25	00:43:16.90	7:59	7.5
1800	PRZYBYSZ KRZYSZTOF	1138		OSIECK	POL	M 20	146	M 1227		00:18:31	00:40:00.10	00:42:48.55	8:00	7.5
1801	PIĘTKA IWONA	1072		OSIECK	POL	K 30	168	K 574		00:18:33	00:40:00.15	00:42:48.45	8:00	7.5

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1802	OLEKSIAK HUBERT	993		KOBYŁKA	POL	M 30	338	M 1228		00:18:07	00:40:03.80	00:43:10.45	8:00	7.5
1803	LECH MICHALINA	2053		WARSZAWA	POL	K 16	37	K 575		00:17:51	00:40:10.25	00:43:42.05	8:02	7.5
1804	ZAROSIŃSKA PAULINA	1626		WARSZAWA	POL	K 20	78	K 576		00:18:40	00:40:33.15	00:43:52.85	8:06	7.4
1805	LECH PAWEŁ LECH	764		WARSZAWA	POL	M 50	150	M 1229	URZĄD DZIELNICY URSYNÓW	00:18:17	00:40:40.75	00:43:45.95	8:08	7.4
1806	NOWAKOWSKA ANNA	968		WARSZAWA	POL	K 40	199	K 577		00:18:21	00:40:41.95	00:43:53.50	8:08	7.4
1807	MOSKOWICZ EUGENIUSZ	928	KONDYCJA	WARSZAWA	POL	M 70	21	M 1230		00:18:07	00:41:02.40	00:44:04.05	8:12	7.3
1808	REMISIEWICZ MALGORZATA	1180		WARSZAWA	POL	K 40	200	K 578		00:17:40	00:41:03.95	00:43:03.50	8:12	7.3
1809	JĘDRAS KATARZYNA	491		WARSZAWA	POL	K 40	201	K 579		00:18:55	00:41:28.35	00:44:39.10	8:17	7.2
1810	SKOLIMOWSKA AGNIESZKA	1274		KAJETANY	POL	K 40	202	K 580		00:18:45	00:41:40.30	00:44:58.75	8:20	7.2
1811	TRYLSKA ELIZA	1471		KAJETANY	POL	K 40	203	K 581		00:18:46	00:41:41.00	00:44:59.10	8:20	7.2
1812	WRÓBLEWSKA JOANNA	1591	LAS NA ZAWSZE	WARSZAWA	POL	K 60	12	K 582		00:19:13	00:41:43.05	00:45:11.30	8:20	7.2
1813	STANASZEK ANNA	1943		CHOJNÓW	POL	K 40	204	K 583		00:21:36	00:41:58.35	00:45:26.70	8:23	7.1
1814	REDA ALICJA	1169	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 60	13	K 584	TEAM ZABIEGANEDNI	00:19:31	00:42:03.15	00:42:29.85	8:24	7.1
1815	SIERPIŃSKI DOMINIK	636		WARSZAWA	POL	M 16	44	M 1231		00:17:32	00:42:18.45	00:42:54.35	8:27	7.1
1816	CZECHOWSKI JERZY	204	MZA - WARSZAWA	WARSZAWA	POL	M 70	22	M 1232		00:19:38	00:42:39.05	00:44:51.40	8:31	7
1817	DZIKI MARZENNA	286	ALETEMPO	WARSZAWA	POL	K 70	6	K 585		00:20:43	00:45:19.15	00:48:37.30	9:03	6.6
1818	BAK MIROŚŁAW	62		WARSZAWA	POL	M 70	23	M 1233		00:21:08	00:46:42.05	00:48:17.60	9:20	6.4
1819	TAN ROGER TAN	2101		WARSZAWA	POL	M 14	30	M 1234		00:27:30	00:47:21.85	00:47:21.85	9:28	6.3
1820	BRZEZOWSKA BEATA	1752		WARSZAWA	POL	K 50	55	K 586		00:21:36	00:47:41.25	00:51:11.25	9:32	6.3
1821	DOMAŃSKI JACEK EXPEDYT	249	WKB META LUBLINIEC	WARSZAWA	POL	M 70	24	M 1235		00:23:24	00:49:28.25	00:51:10.85	9:53	6.1
1822	TUKENDORF BARBARA	1474	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 70	7	K 587	TEAM ZABIEGANEDNI	00:24:00	00:50:02.50	00:51:10.30	10:00	6
1823	OLEJNIK FRANCISZEK	1882	INŻYNIERIA BIEGANIA TEAM	KATOWICE	POL	M 20	147	M 1236		00:08:08			3:15	18.4
1824	KOPKA MARCELINA	635	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 20	79	K 588	ADIDAS RUNNERS WARSAW	00:09:03			3:37	16.6
1825	JASZCZYŃSKI ANDRZEJ	1804		WARSZAWA	POL	M 30	339	M 1237		00:09:23			3:45	16
1826	BUJWID KRZYSZTOF	133		WARSZAWA	POL	M 30	340	M 1238		00:09:54			3:57	15.2
1827	LASKUS KAMILA	2052	AKL URSYNÓW	WARSZAWA	POL	K 12	12	K 589		00:12:14			4:53	12.3
1828	WIĘCEK ŁUKASZ	1534		WARSZAWA	POL	M 30	341	M 1239		00:12:27			4:58	12
1829	ZIMNY STEFFEN	1654		WARSZAWA	POL	M 40	422	M 1240		00:19:04			7:37	7.9
1830	WIECZOREK AGATA	1525		NOWE MIASTO NAD PILICĄ	POL	K 30	169	K 590		00:19:16			7:42	7.8
1831	STANIAK KATARZYNA	1331		BOLIMÓW	POL	K 40	205	K 591		00:22:44			9:05	6.6
1832	STANIAK JULIA	2094		BOLIMÓW	POL	K 16	38	K 592		00:22:48			9:07	6.6
1833	ŚLĘZAK KAROLINA	1425		WARSZAWA	POL	K 20	80	K 593						
1834	ZAMARRIPA KAROLINA	2125	CTS	WARSZAWA	POL	K 20	81	K 594						

BIEG URSYNOWA, K Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	MAZEK EMILIA	884	AZS AWF WARSZAWA	UNIN-KOLONIA	POL	K 30	1	K 1		00:07:59	00:16:55.35	00:16:57.40	3:23	17.7
2	STELMACH DOMINIKA	1342	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 40	1	K 2	ADIDAS RUNNERS WARSAW	00:07:46	00:16:48.25	00:17:03.60	3:21	17.9
3	JĘDRZEJSKA ALEKSANDRA	146	CTS	WROCŁAW	POL	K 30	2	K 3		00:08:05	00:17:26.15	00:17:29.05	3:29	17.2
4	KALBARCZYK ADRIANA	1713	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	K 30	3	K 4	DUKLANOWSKI TEAM	00:08:16	00:17:28.35	00:17:31.80	3:29	17.2
5	MIERZLIKIN NATALIA	1860		WARSZAWA	POL	K 30	4	K 5		00:08:12	00:17:34.70	00:17:37.30	3:30	17.1
6	BAZUŁKA ALEKSANDRA	1742	HOKA GARMIN TEAM	KATOWICE	POL	K 20	1	K 6		00:08:18	00:17:46.40	00:17:49.60	3:33	16.9
7	KOWALCZYK ALICJA	667		WARSZAWA	POL	K 30	6	K 7		00:08:35	00:18:35.25	00:18:43.80	3:43	16.1
8	GLINKA ELŻBIETA	1790	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30	5	K 8	ADIDAS RUNNERS WARSAW	00:08:36	00:18:15.30	00:18:46.10	3:39	16.4
9	BUBEŁA MAGDA	1753	LIPIEC RUNNING TEAM	BLIZNE JASIŃSKIEGO	POL	K 40	2	K 9	LIPIEC RUNNING TEAM	00:08:47	00:18:43.50	00:18:59.50	3:44	16
10	VEREMCHUK YULIIA	1499	YULIANKA BIEGNIE BO LUBI	WARSZAWA	UKR	K 30	7	K 10		00:08:55	00:18:43.55	00:18:56.15	3:44	16
11	DRAŻEK JUSTYNA	258	ICHEM-VITADIET	BUCZEK	POL	K 20	2	K 11		00:08:56	00:18:48.45	00:18:55.10	3:45	16
12	GASZEWSKA MALGORZATA	343	ZA LINIĄ METY	WARSZAWA	POL	K 20	3	K 12		00:08:56	00:19:13.20	00:19:24.45	3:50	15.6
13	WOJTKOWIAK MARTA	1573	PAWKO RUNNER TEAM	WARSZAWA	POL	K 30	8	K 13	PAWKO RUNNER TEAM	00:08:58	00:19:16.90	00:19:45.45	3:51	15.6
14	WOROBIEW MAGDALENA	37	LIPIEC RUNNING TEAM	WARSZAWA	POL	K 30	9	K 14		00:09:18	00:19:26.65	00:19:36.70	3:53	15.4
15	MISSALA MAGDA	2143		-	POL	K 16	1	K 15		00:09:00	00:19:28.45	00:20:06.35	3:53	15.4

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
16	TOMCZAK JOANNA	1452		WARSZAWA (URSYNÓW)	POL	K 30	10	K 16		00:09:08	00:19:39.20	00:19:53.25	3:55	15.3
17	PACIOREK EWA	250	KOBIETA BIEGA	MARKI	POL	K 30	11	K 17		00:09:21	00:20:01.60	00:20:17.00	4:00	15
18	MUSIAŁ ANNA	939		WARSZAWA	POL	K 20	4	K 18		00:09:24	00:20:03.05	00:20:26.60	4:00	15
19	ŚLIWOWSKA JUSTYNA	1962	#PLANBIEGANIE	ŁÓDŹ	POL	K 30	12	K 19	#PLANBIEGANIE	00:09:34	00:20:05.45	00:20:28.05	4:01	14.9
20	CHRUŚCIEL LUCYNA	174	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30	13	K 20	ADIDAS RUNNERS WARSAW	00:09:37	00:20:14.55	00:20:42.05	4:02	14.8
21	WŁAZAŁEK NATALIA	1557	ADIDASRUNNERSWARSAW	PILAWA	POL	K 20	5	K 21	ADIDAS RUNNERS WARSAW	00:09:12	00:20:16.75	00:20:31.20	4:03	14.8
22	RĘKAWEK PAULINA	1915	TEAM ZABIEGANEDNI	LIPOWO	POL	K 30	14	K 22	TEAM ZABIEGANEDNI	00:09:32	00:20:24.65	00:20:54.80	4:04	14.7
23	JASKÓLSKA MAGDA	477	VEGE RUNNERS	WARSZAWA	POL	K 30	15	K 23	VEGE RUNNERS URSYNÓW	00:09:37	00:20:31.95	00:20:48.25	4:06	14.6
24	MAJEWSKA EWA	829		WARSZAWA	POL	K 40	3	K 24		00:09:36	00:20:46.05	00:21:06.00	4:09	14.4
25	STRUZIK ANNA	1354	KRZYSIO TEAM	ZGORZAŁA	POL	K 40	4	K 25		00:09:40	00:20:51.10	00:21:13.10	4:10	14.4
26	GASIOROWSKA ALICJA	342		PIASECZNO	POL	K 40	5	K 26	ŻÓRAWSKI TEAM	00:09:39	00:20:51.35	00:21:20.00	4:10	14.4
27	PYSZEL ZUZANNA	1153		WARSZAWA	POL	K 20	6	K 27		00:09:56	00:20:54.00	00:21:22.20	4:10	14.4
28	SZYMAŃSKA AGNIESZKA	1413	BIEGOWY WARIAT RUNNING TEAM	ŁOMIANKI	POL	K 40	6	K 28	BIEGOWY WARIAT RUNNING TEAM	00:09:38	00:20:57.10	00:21:19.50	4:11	14.3
29	ZAWADZKA KATARZYNA	1633		WARSZAWA	POL	K 40	7	K 29		00:09:54	00:21:05.50	00:21:29.15	4:13	14.2
30	TYM JOANNA	1483	LIPIEC RUNNING TEAM	WARSZAWA	POL	K 40	8	K 30	LIPIEC RUNNING TEAM	00:09:46	00:21:06.50	00:21:16.55	4:13	14.2
31	CHOŁUJ ANNA	1755	WKZ KOZIENICE BBL	KOZIENICE	POL	K 30	16	K 31	WKZ KOZIENICE BBL	00:09:47	00:21:07.95	00:22:00.05	4:13	14.2
32	SADOWSKA MONIKA	1228		WARSZAWA	POL	K 40	9	K 32		00:09:54	00:21:10.55	00:21:33.55	4:14	14.2
33	KIBITLEWSKA EMILIA	572		SUWAŁKI	POL	K 30	17	K 33		00:09:49	00:21:15.00	00:21:39.45	4:15	14.1
34	REMBELSKA DOMINIKA	1179		JÓZEFOSŁAW	POL	K 50	1	K 34		00:09:53	00:21:25.35	00:21:34.60	4:17	14
35	NOWAKOWSKA KATARZYNA	969	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 40	10	K 35	ADIDAS RUNNERS WARSAW	00:09:52	00:21:33.65	00:22:20.05	4:18	13.9
36	BUKAŁA OKTAWIA	134	VEGE RUNNERS	WARSZAWA	POL	K 30	18	K 36	VEGE RUNNERS RESZTA ŚWIATA	00:10:14	00:21:44.10	00:22:50.35	4:20	13.8
37	WOJTASZKO JUSTYNA	1572		WARTA	POL	K 20	7	K 37			00:21:50.00	00:22:51.65	4:22	13.7
38	SIESTRZYKOWSKA KATARZYNA	1254		WARSZAWA	POL	K 30	19	K 38		00:09:58	00:21:54.75	00:22:23.90	4:22	13.7
39	RELUGA MAŁGORZATA	1177	CZARNECKI RUN TEAM	WARSZAWA	POL	K 50	2	K 39	CZARNECKI RUN TEAM	00:10:22	00:21:55.55	00:22:13.05	4:23	13.7
40	SPRAWKA MAGDALENA	1325		SIEDLCE	POL	K 20	8	K 40		00:10:18	00:22:02.95	00:22:28.30	4:24	13.6
41	SZTARBAŁA EWA	1400	LIPIEC RUNNING TEAM	WARSZAWA	POL	K 40	11	K 41		00:10:14	00:22:05.95	00:22:38.15	4:25	13.6
42	GADOMSKA ANNA	326	PZU SPORT TEAM	WARSZAWA	POL	K 40	12	K 42	PZU SPORT TEAM	00:10:24	00:22:06.85	00:23:27.40	4:25	13.6
43	GŁODOWSKA MARTA	366	ŻÓRAWSKI TEAM	WARSZAWA	POL	K 30	20	K 43	ŻÓRAWSKI TEAM		00:22:09.00	00:23:45.00	4:25	13.5
44	RZYMOWSKA KRYSZYNA	1223		WARSZAWA	POL	K 50	3	K 44		00:10:28	00:22:15.05	00:22:59.60	4:27	13.5
45	BUDNICKA JOANNA	125		WARSZAWA	POL	K 40	13	K 45		00:09:58	00:22:20.15	00:22:30.95	4:28	13.4
46	SŁOMKA DOMINIKA	1288	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 30	21	K 46	TEAM ZABIEGANEDNI #1	00:10:29	00:22:37.00	00:23:22.10	4:31	13.3
47	LEŚNIAK BARBARA	2055	LEŚNIAKTEAM	WARSZAWA	POL	K 12	1	K 47		00:11:02	00:22:42.05	00:23:45.90	4:32	13.2
48	SZWEDA-LEWANDOWSKA ZOFIA	1406		WARSZAWA	POL	K 40	14	K 48		00:10:46	00:22:43.75	00:24:11.95	4:32	13.2
49	JERECZEK ADA	488	AKTYWNA WARSZAWA	WARSZAWA	POL	K 20	9	K 49	AKTYWNA WARSZAWA	00:10:55	00:22:44.90	00:23:43.10	4:32	13.2
50	MAZUR ANNA	887	G8 BIELANY	WARSZAWA	POL	K 20	10	K 50		00:09:39	00:22:48.15	00:23:32.60	4:33	13.2
51	JASZCZERSKA GRAŻYNA	479	AKADEMIA BIEGANIA GRUDZIĄDZ	GRUDZIĄDZ	POL	K 50	4	K 51		00:10:44	00:22:52.50	00:23:37.30	4:34	13.1
52	MAJEWSKA ZUZANNA	828	AZS SGGW	WARSZAWA	POL	K 16	2	K 52		00:10:47	00:22:52.50	00:23:50.70	4:34	13.1
53	JAGIELSKA MAGDALENA	450	POŁAWIACZKI PEREŁ, KS STASZEWSKY	WARSZAWA	POL	K 50	5	K 53	KS STASZEWSKY	00:10:35	00:22:59.75	00:23:52.45	4:35	13.1
54	WIEWIURA AGNIESZKA	1533	GÓRA BIEGA	KONSTANCIN JEZIORNA	POL	K 30	22	K 54	GÓRA BIEGA - DZIKI	00:10:57	00:23:09.40	00:24:06.80	4:37	13
55	FRUNZE-PROCHOREC KATARZYNA	321	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	ŁADY	POL	K 50	6	K 55		00:10:57	00:23:10.50	00:24:10.35	4:38	12.9
56	GOGACZ MAGDALENA	372	URZĄD DZIELNICY URSYNÓW	WARSZAWA	POL	K 40	15	K 56		00:10:46	00:23:15.55	00:24:09.90	4:39	12.9
57	KAPUŚCIAREK ELA	543		ŁOMIANKI	POL	K 40	16	K 57		00:10:33	00:23:19.35	00:24:25.10	4:39	12.9
58	KOSTACIŃSKA MARIA	1823	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30	23	K 58	ADIDAS RUNNERS WARSAW	00:11:14	00:23:22.75	00:24:26.45	4:40	12.8
59	NOWACZYŃSKA KATARZYNA	965	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	17	K 59	TEAM ZABIEGANEDNI	00:11:15	00:23:23.15	00:24:26.30	4:40	12.8
60	JAREK ZUZANNA	2033	RACE FIGHTER JUNIOR	MIŃSK MAZOWIECKI	POL	K 14	1	K 60		00:10:37	00:23:30.45	00:24:30.85	4:42	12.8
61	DUCHNOWSKA NATALIA	265		ŁÓDŹ	POL	K 20	11	K 61		00:10:59	00:23:30.90	00:24:49.15	4:42	12.8
62	MACIEJEC DOROTA	1850		WARSZAWA	POL	K 40	18	K 62		00:10:33	00:23:36.45	00:24:11.70	4:43	12.7

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
63	CZYŻ MONIKA	214		WARSZAWA	POL	K 30	24	K 63		00:11:06	00:23:36.55	00:24:45.00	4:43	12.7
64	SYGUDA KATARZYNA	1371	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K 20	12	K 64		00:11:15	00:23:43.10	00:24:48.70	4:44	12.6
65	BISOWSKA AMELIA	85	MARUDY Z KOBYŁKI	KOBYŁKA	POL	K 16	3	K 65	MARUDY Z KOBYŁKI	00:11:57	00:23:47.40	00:25:11.60	4:45	12.6
66	JAWORSKA JOANNA	481	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	19	K 66	TEAM ZABIEGANEDNI	00:11:32	00:23:48.65	00:25:06.75	4:45	12.6
67	BUJNOWSKA ELIZA	131	VEGE RUNNERS	WARSZAWA	POL	K 40	20	K 67	VEGE RUNNERS URSYNÓW	00:11:03	00:23:49.80	00:24:43.00	4:45	12.6
68	KROPIAK KATARZYNA	696	VEGE RUNNERS	WARSZAWA	POL	K 30	25	K 68	VEGE RUNNERS RESZTA ŚWIATA	00:11:00	00:23:55.75	00:24:50.10	4:47	12.5
69	HORDIENKO NATALIA	434	UKRAINE	WARSZAWA	POL	K 30	26	K 69		00:11:02	00:24:03.35	00:25:09.20	4:48	12.5
70	KRUPNIEWSKA JOANNA	1828	RUN OTWOCK	OTWOCK	POL	K 50	7	K 70		00:11:26	00:24:08.40	00:25:13.05	4:49	12.4
71	JAREK KATARZYNA	470		MIŃSK MAZOWIECKI	POL	K 40	21	K 71		00:11:01	00:24:12.75	00:25:14.40	4:50	12.4
72	KIERASIŃSKA DOROTA	578	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	22	K 72	TEAM ZABIEGANEDNI	00:11:48	00:24:13.70	00:25:41.55	4:50	12.4
73	WYSOCKA MAGDA	1598		STOCZEK	POL	K 30	27	K 73		00:11:45	00:24:16.85	00:25:44.80	4:51	12.4
74	KASHIVSKA OKSANA	553		WARSZAWA	POL	K 50	8	K 74		00:11:13	00:24:19.25	00:25:26.65	4:51	12.3
75	ROMANIK KLAUDIA	1190		WARSZAWA	POL	K 30	28	K 75		00:11:07	00:24:22.60	00:25:11.20	4:52	12.3
76	NAWROCKA ROMA	953	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 40	23	K 76	GRUPA BIEGOWA UM W-WA	00:11:31	00:24:29.85	00:25:06.40	4:53	12.3
77	DOLIŃSKA AGNIESZKA	246	WARSAW RUN CLUB	WARSZAWA	POL	K 40	24	K 77	WARSAW RUN CLUB	00:11:43	00:24:34.45	00:25:55.10	4:54	12.2
78	MRÓZ GABRIELA	934	PAWKO RUNNER TEAM	JEDLICZE	POL	K 30	29	K 78	PAWKO RUNNER TEAM	00:11:20	00:24:35.20	00:25:44.70	4:55	12.2
79	PADEREWSKA OLGA	1886	PAWKO RUNNER TEAM	SIEDLCE	POL	K 40	25	K 79	PAWKO RUNNER TEAM	00:11:15	00:24:37.05	00:25:40.45	4:55	12.2
80	ORLIŃSKA EDYTA	1003	TEAM BALANS	PŁOŃSK	POL	K 30	30	K 80		00:11:31	00:24:37.05	00:25:47.40	4:55	12.2
81	SOKOŁOWSKA MAGDALENA	1310		WARSZAWA	POL	K 30	31	K 81		00:11:20	00:24:37.20	00:25:25.60	4:55	12.2
82	BUKOWSKA MARTYNA	136		WARSZAWA	POL	K 30	32	K 82		00:10:19	00:24:37.35	00:24:48.90	4:55	12.2
83	FABIŚIAK ANNA	290	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	26	K 83	TEAM ZABIEGANEDNI	00:11:41	00:24:37.35	00:25:55.45	4:55	12.2
84	LIS-MAJER ANNA	788	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	K 30	33	K 84	BIEGOWY WARIAT RUNNING TEAM	00:11:30	00:24:38.55	00:25:58.90	4:55	12.2
85	MAĆZEWSKA WERONIKA	889		WARSZAWA	POL	K 20	13	K 85		00:11:23	00:24:38.85	00:25:55.15	4:55	12.2
86	WIRASZKA BARBARA	1988		WARSZAWA	POL	K 50	9	K 86		00:11:34	00:24:43.75	00:26:02.50	4:56	12.1
87	FLOREK MAŁGORZATA	313	LEBIODA TEAM	WARSZAWA	POL	K 30	34	K 87		00:11:59	00:24:46.10	00:24:46.10	4:57	12.1
88	PIOTROWSKA EDYTA	1081	BRACTWO BIEGOWE BGK	WARSZAWA	POL	K 40	27	K 88	BRACTWO BIEGOWE BGK	00:11:38	00:24:47.35	00:26:26.40	4:57	12.1
89	PARTYKA AGNIESZKA	1037	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 50	10	K 89	TEAM ZABIEGANEDNI	00:11:38	00:24:48.25	00:26:09.30	4:57	12.1
90	SIDORCZUK-KUMOSA DOROTA	1245	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	28	K 90	TEAM ZABIEGANEDNI	00:11:50	00:24:49.35	00:26:17.00	4:57	12.1
91	KOWALSKA KASIA	672	TEAM ZABIEGANEDNI	ZGORZAŁA	POL	K 40	29	K 91	TEAM ZABIEGANEDNI	00:11:53	00:24:55.70	00:26:40.55	4:59	12
92	WOSIŃSKA MAGDALENA	1579	ULTRA ŁASKI	WARSZAWA	POL	K 40	30	K 92		00:11:30	00:24:56.05	00:26:04.55	4:59	12
93	KLIMKIEWICZ BEATA	599		WARSZAWA	POL	K 40	31	K 93		00:11:24	00:24:59.85	00:25:22.65	4:59	12
94	KOŁODZIEJSKA IWONA	620		JABLONNA	POL	K 40	32	K 94		00:11:54	00:25:03.45	00:26:39.05	5:00	12
95	DUBAN ELŻBIETA	262		JANKI	POL	K 50	11	K 95		00:11:56	00:25:05.20	00:26:34.50	5:01	12
96	DRACHAL AGATA	256		PIASTÓW	POL	K 30	35	K 96		00:12:06	00:25:08.00	00:26:34.35	5:01	11.9
97	ORNOWSKA JOANNA	1004		WARSZAWA	POL	K 20	14	K 97		00:11:24	00:25:08.05	00:26:24.40	5:01	11.9
98	MATYSIAK ALEKSANDRA	2148		WARSZAWA	POL	K 14	2	K 98		00:12:04	00:25:13.30	00:26:44.65	5:02	11.9
99	ZAMYŁKO LIDIA	1622		WARSZAWA	POL	K 40	33	K 99		00:12:04	00:25:16.25	00:28:35.90	5:03	11.9
100	WÓJCIK AGNIESZKA	1996		WARSZAWA	POL	K 30	36	K 100		00:11:38	00:25:17.50	00:26:20.80	5:03	11.9
101	TULA RENATA	1475		WARSZAWA	POL	K 70	1	K 101		00:11:54	00:25:18.50	00:26:47.90	5:03	11.9
102	BORETA MARZENA	1749	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	K 40	34	K 102		00:11:33	00:25:18.60	00:26:16.65	5:03	11.9
103	PUCZYŃSKA RENATA	1144		WARSZAWA	POL	K 40	35	K 103		00:11:16	00:25:18.85	00:26:08.50	5:03	11.9
104	PIASECZYŃSKA-JAMBOR AGATA	1058	ŻÓRAWSKI TEAM	WARSZAWA	POL	K 40	36	K 104	ŻÓRAWSKI TEAM	00:11:42	00:25:22.35	00:26:12.70	5:04	11.8
105	SUŁKOWSKA MAGDALENA	1947		WARSZAWA	POL	K 30	37	K 105		00:12:14	00:25:29.20	00:27:03.25	5:05	11.8
106	KOCIĘCKA EDYTA	612		OLSZTYN	POL	K 20	15	K 106		00:12:01	00:25:30.20	00:27:06.95	5:06	11.8
107	PRUSAK MARTA	1130	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	K 40	37	K 107	TEAM ZABIEGANEDNI	00:12:23	00:25:35.00	00:27:20.05	5:07	11.7
108	RÓŻAK-RUKUSZEWICZ MAGDALENA	1200	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	K 40	38	K 108		00:11:55	00:25:35.10	00:27:06.55	5:07	11.7
109	KOŚNIK ALICJA	662		WARSZAWA	POL	K 20	16	K 109		00:12:21	00:25:35.10	00:27:28.95	5:07	11.7
110	CHARKO ELŻBIETA	151	GÓRA BIEGA	GÓRA KALWARIA	POL	K 30	38	K 110	GÓRA BIEGA	00:12:26	00:25:35.10	00:27:08.25	5:07	11.7

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
111	SIWCZAK AGNIESZKA	1264	MORDERCZE OPONKI	WARSZAWA	POL	K 30	39	K 111	MORDERCZE OPONKI	00:12:23	00:25:35.60	00:27:26.60	5:07	11.7
112	FIEDOROWICZ EWA	303	WARSZAWA	WARSZAWA	POL	K 40	39	K 112	PRACUJĄCA TRÓJKA	00:11:57	00:25:37.30	00:26:51.45	5:07	11.7
113	LEWANDOWSKA JOANNA	777	WARSZAWA	WARSZAWA	POL	K 50	12	K 113		00:12:08	00:25:41.30	00:27:31.25	5:08	11.7
114	ZAWADKA MARTA	1631	WARSZAWA	WARSZAWA	POL	K 30	40	K 114		00:12:21	00:25:43.95	00:27:22.90	5:08	11.7
115	TROJANOWSKA KAROLINA	1969	WARSZAWA	WARSZAWA	POL	K 30	41	K 115		00:12:18	00:25:45.75	00:28:20.55	5:09	11.7
116	JÓZWIAK AGNIESZKA	2138	WARSZAWA	WARSZAWA	POL	K 40	40	K 116		00:11:52	00:25:47.65	00:26:47.40	5:09	11.6
117	MARKOWSKA OKTAWIA	859	BIEGAJ Z DYMKIEM	WARSZAWA	POL	K 40	41	K 117		00:12:07	00:25:48.00	00:27:16.20	5:09	11.6
118	DĄBROWSKA KATARZYNA	1774	WARSAW RUN CLUB	WARSZAWA	POL	K 50	13	K 118	AKTYWNA WARSZAWA	00:12:20	00:25:49.25	00:27:39.45	5:09	11.6
119	SZYMOR JOANNA	1423	SERWIS POJAZDÓW ADAM WOŁKOWYCKI	WARSZAWA	POL	K 30	42	K 119		00:12:23	00:25:50.30	00:27:38.35	5:10	11.6
120	GĄSKA AGNIESZKA	348	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	K 20	17	K 120	TEAM ZABIEGANEDNI	00:12:26	00:25:50.45	00:27:35.75	5:10	11.6
121	ŁASZCZYCH MAŁGORZATA	796	WARSZAWA	WARSZAWA	POL	K 30	43	K 121		00:11:57	00:25:53.10	00:27:11.80	5:10	11.6
122	KARPIŃSKA-GROMEK MONIKA	550	KS LEMIESZ TEAM	WARSZAWA	POL	K 40	42	K 122		00:11:52	00:25:53.55	00:27:16.35	5:10	11.6
123	KALUZNA JUSTYNA	530	MICHALOWICE	WARSZAWA	POL	K 40	43	K 123		00:12:42	00:25:55.95	00:27:31.85	5:11	11.6
124	DŁUGOSZ MARTA	240	WARSZAWA	WARSZAWA	POL	K 30	44	K 124		00:12:31	00:25:56.35	00:27:47.55	5:11	11.6
125	FABROWICZ KATARZYNA	292	WARSZAWA	WARSZAWA	POL	K 40	44	K 126		00:11:50	00:25:58.20	00:27:27.35	5:11	11.6
126	HAWRYLUK-STASIAK EWA	427	BIEGUNI 2022	WARSZAWA	POL	K 60	1	K 127		00:12:18	00:25:58.60	00:27:47.05	5:11	11.6
127	PAŃCZYK JOANNA	1034	THE PAŃCZYKS	WARSZAWA	POL	K 40	45	K 128		00:12:15	00:25:59.55	00:27:21.30	5:11	11.5
128	MYSTKOWSKA MARTA	1870	WARSZAWA	WARSZAWA	POL	K 30	45	K 129		00:11:59	00:25:59.80	00:28:25.25	5:11	11.5
129	SLASKA MARIA	1285	NOWA IWICZNA	WARSZAWA	POL	K 20	18	K 130		00:11:29	00:26:01.60	00:27:32.30	5:12	11.5
130	ZARZYCKA OLA	1627	WARSZAWA	WARSZAWA	POL	K 40	46	K 131		00:12:00	00:26:04.40	00:26:36.70	5:12	11.5
131	KROSZKA BEATA	697	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 50	14	K 132	TEAM ZABIEGANEDNI	00:12:26	00:26:04.40	00:27:54.00	5:12	11.5
132	FRANCZYK MONIKA	1785	WARSZAWA	WARSZAWA	POL	K 30	46	K 133		00:12:08	00:26:07.10	00:28:04.65	5:13	11.5
133	SZULC KASIA	1403	ZĄBKI	WARSZAWA	POL	K 50	15	K 134		00:12:20	00:26:09.05	00:27:35.40	5:13	11.5
134	SIWEK ANNA	1265	WARSZAWA	WARSZAWA	POL	K 40	47	K 135		00:11:48	00:26:10.65	00:27:37.90	5:14	11.5
135	MURAWSKA MAŁGORZATA	938	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 50	16	K 136	TEAM ZABIEGANEDNI	00:12:28	00:26:15.55	00:27:59.75	5:15	11.4
136	JĘDRZEJEWSKA LAURA	1805	PŁOŃSK	WARSZAWA	POL	K 20	19	K 137		00:12:19	00:26:15.60	00:28:00.50	5:15	11.4
137	ROJEWSKA PAULINA	1188	WARSZAWA	WARSZAWA	POL	K 20	20	K 138		00:11:59	00:26:22.10	00:27:29.85	5:16	11.4
138	GIEFERT SYLWIA	1788	WARSZAWA	WARSZAWA	POL	K 20	21	K 139		00:12:19	00:26:23.15	00:28:08.50	5:16	11.4
139	MOTYKA ALEKSANDRA	2068	GÓRA BIEGA	GÓRA KALWARIA	POL	K 14	3	K 140	DRAGONFLIES	00:12:04	00:26:23.25	00:27:54.70	5:16	11.4
140	ANTKIEWICZ WERONIKA	29	WARSZAWA (URSYNÓW)	WARSZAWA (URSYNÓW)	POL	K 20	22	K 141		00:12:02	00:26:23.40	00:27:43.80	5:16	11.4
141	TRZASKO ANIA	1472	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30	47	K 142		00:12:29	00:26:24.85	00:28:02.60	5:16	11.4
142	GIECKO ANNA	353	LUBLIN	WARSZAWA	POL	K 50	17	K 143		00:12:12	00:26:27.75	00:26:47.10	5:17	11.3
143	MACUTKIEWICZ IZABELA	819	WARSZAWA	WARSZAWA	POL	K 30	48	K 144		00:12:23	00:26:28.05	00:27:58.40	5:17	11.3
144	CHARCHUŁA MARTA	148	IZABELIN	WARSZAWA	POL	K 30	49	K 145		00:12:50	00:26:29.95	00:28:47.40	5:17	11.3
145	DUBAN MAGDALENA	2020	JANKI	WARSZAWA	POL	K 14	4	K 146			00:26:33.15	00:28:01.95	5:18	11.3
146	GOLISZ EWA	376	WARSZAWA	WARSZAWA	POL	K 50	18	K 147		00:12:32	00:26:33.35	00:27:58.55	5:18	11.3
147	PODGÓRSKA ALEKSANDRA	67	WARSZAWA	WARSZAWA	POL	K 30	50	K 148		00:12:01	00:26:34.70	00:28:10.10	5:18	11.3
148	MOKRZANOWSKA ANNA	919	WARSZAWA	WARSZAWA	POL	K 30	51	K 149		00:12:21	00:26:37.30	00:28:10.20	5:19	11.3
149	KUKLA ELZBIETA	732	RYSIK RUNNERS	WARSZAWA	POL	K 50	19	K 150		00:12:26	00:26:38.65	00:28:20.00	5:19	11.3
150	ROGALSKA JUSTYNA	1186	WARSZAWA	WARSZAWA	POL	K 30	52	K 151		00:12:41	00:26:39.80	00:28:58.15	5:19	11.3
151	PASZKIEWICZ ALICJA	1703	WARSZAWA	WARSZAWA	POL	K 20	23	K 152		00:12:33	00:26:43.85	00:28:23.65	5:20	11.2
152	SZYMAŃSKA MAJA	1414	WARSZAWA	WARSZAWA	POL	K 16	4	K 153		00:12:24	00:26:44.00	00:28:32.35	5:20	11.2
153	WINNICKA-MACKENTHUN AGNIESZKA	1545	WARSZAWA	WARSZAWA	POL	K 40	48	K 154		00:12:54	00:26:44.30	00:28:16.75	5:20	11.2
154	CZERNIAWSKA JOANNA	1768	WARSZAWA	WARSZAWA	POL	K 40	49	K 155		00:12:22	00:26:44.35	00:28:26.60	5:20	11.2
155	KWIATKOWSKA IZABELA	754	KOMORNICA	WARSZAWA	POL	K 30	53	K 156		00:12:36	00:26:44.90	00:28:34.55	5:20	11.2
156	BIENIAK EWELINA	77	BIAŁE BŁOTA	WARSZAWA	POL	K 30	54	K 157		00:12:42	00:26:45.55	00:28:38.90	5:21	11.2
157	PATER AGNIESZKA	1891	THE GREEN RUNNERS	WARSZAWA	POL	K 40	50	K 158		00:12:25	00:26:46.50	00:29:00.55	5:21	11.2
158	CHARMUSZKO MONIKA	152	WARSZAWA	WARSZAWA	POL	K 40	51	K 159		00:12:47	00:26:46.50	00:28:27.65	5:21	11.2
159	CYGAN ANNA	194	PATRYCJA DETTLAFF I BLACK HAT ULTRA	WARSZAWA	POL	K 50	20	K 160		00:12:11	00:26:46.80	00:27:47.20	5:21	11.2
160	KURZACZ KATARZYNA	747	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 50	21	K 161	ADIDAS RUNNERS WARSAW	00:12:34	00:26:47.90	00:28:42.70	5:21	11.2
161	KWACZYŃSKA MARZENA	1832	PZU SPORT TEAM	WARSZAWA	POL	K 50	22	K 162	PZU SPORT TEAM	00:12:41	00:26:48.45	00:28:44.20	5:21	11.2
162	KRYSIUK KAROLINA	705	TORUŃ	WARSZAWA	POL	K 20	24	K 163		00:12:42	00:26:48.65	00:28:39.15	5:21	11.2
163	PRASEK AGATA	1118	WARSZAWA	WARSZAWA	POL	K 40	52	K 164		00:12:50	00:26:48.80	00:28:51.90	5:21	11.2
164	OLSZEWSKA DOROTA	1000	BRACTWO BIEGOWE BGK	WARSZAWA	POL	K 40	53	K 165	BRACTWO BIEGOWE BGK	00:12:26	00:26:50.70	00:28:29.60	5:22	11.2

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
165	KIELISZEK-MĘDREK MONIKA	577		WARSZAWA	POL	K 30	55	K 166		00:13:51	00:26:51.30	00:29:46.55	5:22	11.2
166	BAK AGATA	63		WARSZAWA	POL	K 30	56	K 167		00:12:50	00:26:53.15	00:29:10.35	5:22	11.2
167	JEMIENIAK MARTA	487		WARSZAWA	POL	K 16	5	K 168		00:13:07	00:26:55.25	00:29:07.75	5:23	11.1
168	DZIDA BARBARA	281	TEAM ZABIEGANE DNI	WARSZAWA	POL	K 40	54	K 169		00:12:25	00:26:57.70	00:28:42.25	5:23	11.1
169	GŁADECZA MARZENA	363	GÓRA BIEGA	BANIOCHA	POL	K 40	55	K 170	GÓRA BIEGA	00:12:51	00:26:59.45	00:29:10.35	5:23	11.1
170	LECHAŃSKA ALEKSANDRA	1835		WARSZAWA	POL	K 30	57	K 171			00:27:00.25	00:28:20.90	5:24	11.1
171	BARTOSIAK BEATA	53		WARSZAWA	POL	K 40	56	K 172		00:12:36	00:27:01.00	00:28:45.60	5:24	11.1
172	WILK ASIA	1541		WARSZAWA	POL	K 16	6	K 173		00:13:12	00:27:02.65	00:29:10.70	5:24	11.1
173	DEBOWSKA KINGA	234	PAWKO RUNNER TEAM	WARSZAWA	POL	K 20	25	K 174	PAWKO RUNNER TEAM	00:12:46	00:27:02.85	00:28:37.75	5:24	11.1
174	FORNALIK IWONA	1784	WITC	WARSZAWA	POL	K 40	57	K 175		00:12:41	00:27:03.55	00:27:34.00	5:24	11.1
175	BZURA EMILIA	143		WARSZAWA	POL	K 40	58	K 176		00:12:29	00:27:03.75	00:28:53.65	5:24	11.1
176	GAŚOWSKA-ŚLIWIŃSKA RENATA	349	DREAM RUN	WARSZAWA	POL	K 40	59	K 177	DREAM RUN	00:12:52	00:27:05.75	00:30:16.95	5:25	11.1
177	GÓRSKA SYLWIA	390	GÓRA BIEGA	GÓRA KALWARIA	POL	K 40	60	K 178	GÓRA BIEGA	00:12:51	00:27:06.30	00:29:17.30	5:25	11.1
178	CZERESNIOWSKA ANNA	207	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30	58	K 179	ADIDAS RUNNERS WARSAW	00:12:14	00:27:07.85	00:28:59.80	5:25	11.1
179	KŁĘK MAGDALENA	603	BEZLITOŚNI	JÓZEFOSŁAW	POL	K 40	61	K 180		00:12:44	00:27:10.65	00:29:30.10	5:26	11
180	SOKOŁOWSKA ALEKSANDRA	2089		BŁĘDÓW	POL	K 16	7	K 181		00:12:24	00:27:11.70	00:27:37.60	5:26	11
181	WRONA MILENA	1997		JABŁONNA	POL	K 40	62	K 182		00:12:43	00:27:12.15	00:29:04.50	5:26	11
182	ZBOCH JOANNA	1639		WARSZAWA	POL	K 50	23	K 183		00:13:09	00:27:13.35	00:29:07.85	5:26	11
183	PIECHOCKA KATARZYNA	1061	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	K 40	63	K 184	BIEGOWY WARIAT RUNNING TEAM	00:12:55	00:27:14.00	00:28:54.85	5:26	11
184	JEDRKIEWICZ KLARA	2035		WARSZAWA	POL	K 16	8	K 185			00:27:14.20	00:27:41.70	5:26	11
185	DOBRUCH HANNA	245		WARSZAWA	POL	K 50	24	K 186		00:12:31	00:27:14.35	00:28:24.20	5:26	11
186	TYLUS JOLANTA	1481		WARSZAWA	POL	K 50	25	K 187		00:12:43	00:27:15.30	00:28:24.80	5:27	11
187	HARABIN KINGA	425	RUN CZARNÓW	CZARNÓW	POL	K 30	59	K 188		00:12:35	00:27:16.95	00:29:33.75	5:27	11
188	TULEJ BOŻENA	1476	MKB DREPTAK	MINSK MAZOWIECKI	POL	K 60	2	K 189		00:13:06	00:27:19.15	00:29:17.05	5:27	11
189	ZACZYK ALICJA	1607	MAMA W MARATONIE	WARSZAWA	POL	K 40	64	K 190		00:13:05	00:27:19.25	00:30:31.00	5:27	11
190	SIKORA ZUZANNA	1255	PZU SPORT TEAM	WARSZAWA	POL	K 40	65	K 191	PZU SPORT TEAM	00:12:42	00:27:19.95	00:29:15.55	5:27	11
191	PASZEWSKA KORNELIA	1889		BŁONIE	POL	K 20	26	K 192		00:12:54	00:27:20.25	00:29:55.65	5:28	11
192	TARNAWSKA DOROTA	1438		WARSZAWA	POL	K 40	66	K 193		00:12:29	00:27:22.05	00:28:26.80	5:28	11
193	KLIMEK MARTA	596		WARSZAWA	POL	K 30	60	K 194		00:12:25	00:27:22.75	00:28:33.50	5:28	11
194	OSTRYSZ MAGDALENA	1015		WARSZAWA	POL	K 30	61	K 195		00:13:09	00:27:23.45	00:29:23.30	5:28	11
195	MULARZUK NATALIA	937		WARSZAWA	POL	K 30	62	K 196		00:13:11	00:27:23.75	00:29:33.65	5:28	11
196	ŁAKOMY KATARZYNA	793		WARSZAWA	POL	K 30	63	K 197		00:13:00	00:27:24.35	00:28:48.95	5:28	10.9
197	MALANOWSKA JULIA	833		WARSZAWA	POL	K 30	64	K 198		00:12:50	00:27:25.35	00:28:47.70	5:29	10.9
198	KOWALSKA KATARZYNA	1827		WARSZAWA	POL	K 30	65	K 199		00:12:40	00:27:25.75	00:28:48.20	5:29	10.9
199	KRÓL MONIKA	699	TEAM ZABIEGANEDNI	WARSZAWA	AFG	K 40	67	K 200	TEAM ZABIEGANEDNI #4	00:12:39	00:27:28.70	00:29:17.85	5:29	10.9
200	KOSTRUBAŁA LIDIA	2050		WARSZAWA	POL	K 14	5	K 201		00:13:11	00:27:28.85	00:29:25.25	5:29	10.9
201	THIEL MONIKA	1966		REGUŁY	POL	K 30	66	K 202		00:12:43	00:27:32.50	00:29:48.20	5:30	10.9
202	CZERWIŃSKA-BLOK IWONA	208		WARSZAWA	POL	K 30	67	K 203		00:13:08	00:27:33.60	00:29:44.15	5:30	10.9
203	CZERWONKA-KITA MARTA	210		WARSZAWA	POL	K 40	68	K 204		00:13:08	00:27:34.25	00:29:46.85	5:30	10.9
204	ŁAPIŃSKA PATRYCJA	1846		WARSZAWA	POL	K 20	27	K 205		00:13:18	00:27:34.40	00:29:39.70	5:30	10.9
205	KORNAS AGATA	641	CSWP RUNNING TEAM	WARSZAWA	POL	K 20	28	K 206	CSWP RUNNING TEAM	00:12:46	00:27:34.50	00:28:58.15	5:30	10.9
206	PATALAS AGNIESZKA	1890		PIASECZNO	POL	K 40	69	K 207		00:12:49	00:27:35.30	00:30:04.70	5:31	10.9
207	OSTROWSKA PATRYCJA	1012		WARSZAWA	POL	K 20	29	K 208		00:12:03	00:27:39.05	00:29:03.75	5:31	10.8
208	WIECZOREK IZA	1526		KONSTANCIN JEZIORNA	POL	K 40	70	K 209		00:12:35	00:27:39.20	00:30:32.60	5:31	10.8
209	THEODOULOU NICCI	1964		WARSAW	POL	K 50	26	K 210		00:12:48	00:27:41.35	00:29:33.80	5:32	10.8
210	KOPEĆ PATRYCJA	631		JÓZEFOSŁAW	POL	K 40	71	K 211		00:13:10	00:27:45.25	00:30:11.55	5:33	10.8
211	GRABEK ANNA	1795	CLV LO	WARSZAWA	POL	K 40	72	K 212		00:13:21	00:27:49.15	00:29:41.55	5:33	10.8
212	MATYSIAK AGNIESZKA	881		WARSZAWA	POL	K 40	73	K 213		00:13:17	00:27:49.20	00:29:53.65	5:33	10.8
213	SIERPIŃSKA MARTA	1251		WARSZAWA	POL	K 50	27	K 214		00:12:43	00:27:50.25	00:28:24.50	5:34	10.8
214	LECHOWICZ KATARZYNA	765		WARSZAWA	POL	K 40	74	K 215		00:13:21	00:27:50.40	00:29:51.30	5:34	10.8
215	PATEREK LENA	2075		WARSZAWA	POL	K 14	6	K 216		00:13:18	00:27:51.55	00:29:55.80	5:34	10.8
216	PATEREK ADA	1041	12TRI.PL	WARSZAWA	POL	K 40	75	K 217		00:13:18	00:27:51.60	00:29:55.85	5:34	10.8
217	KRYSZEWSKA KAJA	706		KOLUSZKI	POL	K 20	30	K 218		00:13:15	00:27:52.50	00:30:02.60	5:34	10.8
218	DESKA KAROLINA	232		NOWA IWICZNA	POL	K 40	76	K 219		00:13:15	00:27:53.15	00:29:44.65	5:34	10.8

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
219	BARNAS ILONA	52		WARSZAWIA	POL	K 40	77	K 220		00:13:12	00:27:53.85	00:30:46.50	5:34	10.8
220	HARABIN JUSTYNA	426		CZARNÓW	POL	K 30	68	K 221		00:13:07	00:27:53.90	00:30:11.05	5:34	10.8
221	KLAMBOROWSKA MAGDALENA	589	KB PACE WARSZAWA	WARSZAWA	POL	K 30	69	K 222	KB PACE WARSZAWA 2	00:12:44	00:27:54.30	00:29:34.70	5:34	10.8
222	ZATORSKA AGNIESZKA	1630	KB PACE WARSZAWA	PRUSZKÓW	POL	K 20	31	K 223	KB PACE WARSZAWA 2	00:13:31	00:27:54.60	00:30:28.90	5:34	10.8
223	SOKOŁOWSKA ANNA	1311		WARSZAWA	POL	K 40	78	K 224		00:13:06	00:27:54.95	00:30:00.75	5:34	10.8
224	WITKOWSKA MAGDA	1552		WARSZAWA	POL	K 40	79	K 225		00:13:19	00:27:55.20	00:31:14.25	5:35	10.7
225	APANOWICZ ANGELIKA	31		WARSZAWA	POL	K 40	80	K 226		00:13:17	00:27:56.55	00:30:00.30	5:35	10.7
226	SADŁOWSKA ALEKSANDRA	1225		WARSZAWA	POL	K 20	32	K 227		00:13:04	00:27:57.00	00:31:01.15	5:35	10.7
227	PAŚNIK JOANNA	1040	JACWIEŻ	WARSZAWA	POL	K 40	81	K 228			00:27:57.10	00:30:02.95	5:35	10.7
228	ŻYWIŁOWSKA DOROTA	1677	BRAK	JÓZEFOSŁAW	POL	K 30	70	K 229		00:13:21	00:27:59.15	00:30:41.95	5:35	10.7
229	ROSENBAUM OLGA	1193		WARSZAWA	POL	K 30	71	K 230		00:13:09	00:27:59.60	00:30:10.75	5:35	10.7
230	REGUŁA MAJA	1175		WARSZAWA	POL	K 40	82	K 231		00:13:27	00:28:03.15	00:29:02.30	5:36	10.7
231	CHRÓST PATRYCJA	1756		WARSZAWA	POL	K 20	33	K 232		00:12:31	00:28:10.35	00:30:17.40	5:38	10.7
232	MĘKARSKA MARTA	895		WARSZAWA	POL	K 20	34	K 233		00:13:15	00:28:10.85	00:30:15.85	5:38	10.7
233	DUDKIEWICZ KATARZYNA	1779	MAGO	GRODZISK MAZOWIECKI	POL	K 30	72	K 234		00:12:36	00:28:11.30	00:31:24.45	5:38	10.6
234	POTOCZNA EWA	1910		WARSZAWA	POL	K 30	73	K 235		00:12:36	00:28:11.30	00:31:24.45	5:38	10.6
235	RADECKA ZOFIA	2082		WARSZAWA	POL	K 12	2	K 236		00:13:16	00:28:12.75	00:31:51.90	5:38	10.6
236	MĘDEL MARTA	894		MARKI	POL	K 40	83	K 237		00:13:16	00:28:14.30	00:31:00.05	5:38	10.6
237	LEGAN MARTYNA	766	CBRE	WARSZAWA	POL	K 30	74	K 238		00:13:26	00:28:16.75	00:31:04.95	5:39	10.6
238	SMOŁOKOWSKA IZA	1298		WARSZAWA	POL	K 50	28	K 239		00:13:18	00:28:20.45	00:31:13.50	5:40	10.6
239	WYSOCKA MAGDALENA	1597		WARSZAWA	POL	K 30	75	K 240		00:13:04	00:28:20.65	00:30:20.80	5:40	10.6
240	BOROWIŃSKA ALEKSANDRA	102		WARSZAWA	POL	K 20	35	K 241		00:13:19	00:28:21.25	00:30:31.20	5:40	10.6
241	GARGAS-MARUT MAŁGORZATA	339	PZU SPORT TEAM	JÓZEFOSŁAW	POL	K 40	84	K 242		00:13:10	00:28:22.35	00:30:30.70	5:40	10.6
242	GÓRZYŃSKA ANNA	395		WARSZAWA	POL	K 40	85	K 243		00:12:46	00:28:23.05	00:29:44.40	5:40	10.6
243	SULEJ ANNA	1367	PZU SPORT TEAM	SIEDLCE	POL	K 30	76	K 245		00:13:10	00:28:23.10	00:30:31.85	5:40	10.6
244	ADAMUS KATARZYNA	17	DECATHLON	PIASECZNO	POL	K 40	86	K 246	DECATHLON	00:13:16	00:28:24.30	00:30:36.90	5:40	10.6
245	HULANICKA IRINA	440	POLCARD FROM FISERV	WARSZAWA	POL	K 60	3	K 247		00:13:16	00:28:26.50	00:29:31.50	5:41	10.6
246	LASZCZKA RENATA	762	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 40	87	K 248	ADIDAS RUNNERS WARSAW	00:13:21	00:28:27.45	00:30:42.80	5:41	10.5
247	MISIORNY MAGDALENA	911		WARSZAWA	POL	K 40	88	K 249		00:13:48	00:28:27.45	00:31:05.25	5:41	10.5
248	GŁOWACKA PATRYCJA	2026		WARSZAWA	POL	K 16	9	K 250		00:13:28	00:28:28.20	00:30:18.70	5:41	10.5
249	SZEWczyk ZUZANNA	2097		WARSZAWA	POL	K 16	10	K 251		00:13:28	00:28:28.30	00:30:18.65	5:41	10.5
250	KUBASZCZYK AGNIESZKA	714		WARSZAWA	POL	K 30	77	K 252		00:12:52	00:28:30.25	00:31:06.10	5:42	10.5
251	BAGLAJ MAGDALENA	40		WARSZAWA	POL	K 30	78	K 253		00:13:07	00:28:30.30	00:30:02.15	5:42	10.5
252	ŚWIDERSKA DOROTA	1430		WARSZAWA	POL	K 30	79	K 254		00:13:16	00:28:30.50	00:30:38.35	5:42	10.5
253	ORDAK MAŁGORZATA	1002		PRUSZKÓW	POL	K 30	80	K 255		00:13:34	00:28:31.00	00:31:17.35	5:42	10.5
254	KONATOWICZ IWONA	624	ADIDAS RUNNERS WARSAW	JÓZEFOSŁAW	POL	K 40	89	K 256	ADIDAS RUNNERS WARSAW	00:13:08	00:28:31.50	00:30:41.40	5:42	10.5
255	KONKOWSKA JOANNA	627	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 50	29	K 257		00:13:27	00:28:33.90	00:30:24.75	5:42	10.5
256	PUDŁOWSKA IWONA	1145		WARSZAWA	POL	K 30	81	K 258		00:13:12	00:28:35.35	00:29:52.20	5:43	10.5
257	TALAJKO DOROTA	1437		WARSZAWA	POL	K 40	90	K 259		00:13:18	00:28:36.90	00:29:12.80	5:43	10.5
258	LASKUS ANNA	761		WARSZAWA	POL	K 40	91	K 260		00:13:14	00:28:37.25	00:30:01.45	5:43	10.5
259	SIWEK AGNIESZKA	1266	BIEGAJĄCE ZĄBKI	ZĄBKI	POL	K 30	82	K 261		00:12:54	00:28:40.70	00:31:09.90	5:44	10.5
260	RUCYK JUSTYNA	1203		WARSZAWA	POL	K 40	92	K 262	BIEGAM DOBRZE DLA FUNDACJI SYNOPSIS	00:13:18	00:28:42.35	00:30:46.30	5:44	10.5
261	DOLATA EWA	1777		KONSTANCIN-JEIORNA	POL	K 20	36	K 263		00:12:54	00:28:43.45	00:31:20.90	5:44	10.4
262	GRZESZAK WERONIKA	10	-	-	POL	K 30	83	K 264		00:13:01	00:28:44.65	00:30:33.95	5:44	10.4
263	KARCZEWSKA MARTA	1873	KS ATAK AGRYKOLA	WARSZAWA	POL	K 14	7	K 265		00:13:17	00:28:47.10	00:30:41.10	5:45	10.4
264	URBAŃSKA-STANCIUK MARIA	1495		WARSZAWA	POL	K 20	37	K 266		00:13:16	00:28:48.10	00:31:35.80	5:45	10.4
265	WASILEWSKA MAŁGORZATA	1979		KALISZKI	POL	K 40	93	K 267		00:13:17	00:28:49.50	00:31:50.15	5:45	10.4
266	DOMŻAŁA KATARZYNA	252	TEAM ZABIEGANEDNI	KARCZEW	POL	K 20	38	K 268		00:12:34	00:28:49.70	00:30:36.25	5:45	10.4
267	WIŚNIEWSKA MAGDALENA	1548		WARSZAWA	POL	K 40	94	K 269		00:13:59	00:28:49.85	00:31:25.45	5:45	10.4
268	KŁOPOCKA ANNA	604		STRZENIÓWKA	POL	K 50	30	K 270		00:13:26	00:28:50.70	00:31:35.10	5:46	10.4
269	OLKOWSKA ZOFIA	995		GLINIANKA	POL	K 30	84	K 271		00:13:55	00:28:51.25	00:31:27.35	5:46	10.4
270	SKRZYŃSKA EMILIA	1279		ŁÓDŹ	POL	K 30	85	K 272		00:13:31	00:28:51.50	00:30:54.45	5:46	10.4

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
271	KORYCKA KLAUDIA	651		WARSZAWA	POL	K 20	39	K 273		00:12:48	00:28:51.85	00:30:34.55	5:46	10.4
272	KRULAK GABRYSLA	2051	KRULACZKI TEAM	WARSZAWA	POL	K 12	3	K 274		00:12:53	00:28:53.45	00:30:23.60	5:46	10.4
273	SOBONSKA KATARZYNA	1304	CBRE	WARSZAWA	POL	K 30	86	K 275		00:13:44	00:28:55.20	00:31:38.70	5:47	10.4
274	GRECZEK ANNA	404		WARSZAWA	POL	K 30	87	K 276		00:13:27	00:28:55.70	00:31:41.85	5:47	10.4
275	JODŁOWSKA ANNA	493	MYSZORY	6	POL	K 50	31	K 277		00:13:45	00:28:57.40	00:30:39.15	5:47	10.4
276	BOGUSZ WERONIKA	97		WARSZAWA	POL	K 20	40	K 278		00:13:12	00:28:58.00	00:31:07.15	5:47	10.4
277	ŚWISTAK ANIA	2100		WARSZAWA	POL	K 16	11	K 279		00:13:35	00:28:59.85	00:31:59.00	5:47	10.4
278	SŁĄBA PAULINA	1287		WARSZAWA	POL	K 30	88	K 280		00:13:46	00:29:00.20	00:31:59.90	5:48	10.3
279	JANCZAK KATARZYNA	462		PRUSZKÓW	POL	K 30	89	K 281		00:13:14	00:29:00.30	00:30:37.05	5:48	10.3
280	ADAMCZYK JULIA	13	RUNS IN THE FAMILY	WARSZAWA	POL	K 20	41	K 282		00:13:59	00:29:01.95	00:31:10.50	5:48	10.3
281	WASILEWSKA-CICHOPEK KAROLINA	1510		WARSZAWA	POL	K 30	90	K 283		00:13:27	00:29:04.25	00:31:03.00	5:48	10.3
282	SOKHAN OLENA	1309		WARSZAWA	POL	K 20	42	K 284	ITMRUN	00:12:58	00:29:04.55	00:30:24.50	5:48	10.3
283	SAHAJDAK IWONA	1230		WARSZAWA	POL	K 30	91	K 285		00:13:46	00:29:05.30	00:31:25.25	5:49	10.3
284	SZYMAŃCZAK MAGDALENA	1959		FORD CITY	USA	K 40	95	K 286		00:13:08	00:29:06.95	00:30:08.40	5:49	10.3
285	MICOREK MAJA	1859	PARASPORTOWI	WARSZAWA	POL	K 20	43	K 287	PARASPORTOWI	00:14:21	00:29:08.75	00:31:50.40	5:49	10.3
286	STAŃCZAK DOMINIKA	1335	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	96	K 288	TEAM ZABIEGANEDNI	00:14:22	00:29:08.95	00:31:50.65	5:49	10.3
287	KOWALSKA PAULINA	673		KONSTANCIN-JEZIORNA	POL	K 40	97	K 289		00:13:19	00:29:09.35	00:30:35.30	5:49	10.3
288	KRULAK MARZENA	703	KRULACZKI TEAM	WARSZAWA	POL	K 40	98	K 290		00:13:59	00:29:10.05	00:32:00.50	5:50	10.3
289	WITEK LENA	2106		STOKŁOSY	POL	K 16	12	K 291		00:13:49	00:29:10.40	00:31:21.60	5:50	10.3
290	GROCHOWSKA MAGDALENA	408		WARSZAWA	POL	K 30	92	K 292		00:14:22	00:29:10.90	00:31:32.35	5:50	10.3
291	VIARBITSKAYA TATSIANA	1500		WARSZAWA	POL	K 40	99	K 293	ITMRUN	00:13:28	00:29:13.20	00:32:34.35	5:50	10.3
292	HRYMAK ANKA	437		WARSZAWA	POL	K 40	100	K 294		00:13:18	00:29:14.40	00:31:22.70	5:50	10.3
293	KORNAUS JOANNA	643		WARSZAWA	POL	K 30	93	K 295		00:14:02	00:29:14.45	00:32:16.80	5:50	10.3
294	BIERNAT DOROTA	81	DMMM TEAM ŁÓDŹ	ŁÓDŹ	POL	K 60	4	K 296		00:13:57	00:29:14.55	00:31:23.25	5:50	10.3
295	DUBEK ALEKSANDRA	2021		WARSZAWA	POL	K 12	4	K 297		00:14:18	00:29:14.55	00:31:41.20	5:50	10.3
296	PRZEWODOWSKA AGNIESZKA	1134		WARSZAWA	POL	K 40	101	K 298		00:13:57	00:29:14.60	00:31:24.80	5:50	10.3
297	CHRZANOWSKA MAŁGORZATA	1758		WARSZAWA	POL	K 40	102	K 299		00:12:41	00:29:14.85	00:30:20.25	5:50	10.3
298	SZEJTUS BEATA	196		OTWOCK	POL	K 40	103	K 300		00:13:49	00:29:20.30	00:32:33.75	5:52	10.2
299	WITEK DAGMARA	1551		WARSZAWA	POL	K 40	104	K 301		00:13:48	00:29:20.75	00:31:32.25	5:52	10.2
300	STĘPIEŃ SYLWIA	1346		JÓZEFOSŁAW	POL	K 40	105	K 302		00:13:37	00:29:21.15	00:30:43.10	5:52	10.2
301	ROSZCZYK KAMILA	2084	UKS G8 BIELANY	WARSZAWA	POL	K 12	5	K 303		00:14:19	00:29:21.15	00:31:58.20	5:52	10.2
302	JASINOWSKA EMILIA	475		MIĘDZYCHÓD	POL	K 70	2	K 304		00:13:29	00:29:21.90	00:30:59.65	5:52	10.2
303	GŁOWACKA ELŻBIETA	367	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 60	5	K 305	TEAM ZABIEGANEDNI	00:10:24	00:29:22.60	00:30:00.00	5:52	10.2
304	ULBIN KAROLINA	1486		WARSZAWA	POL	K 20	44	K 306		00:13:22	00:29:23.20	00:31:31.55	5:52	10.2
305	SZYMANEK ALEKSANDRA	1410		WARSZAWA	POL	K 30	94	K 307		00:13:36	00:29:23.25	00:32:02.90	5:52	10.2
306	DUBEK KATARZYNA	263		WARSZAWA	POL	K 40	106	K 308		00:14:17	00:29:23.30	00:31:49.75	5:52	10.2
307	SOŁOWIOW MARZENA	1318		WARSZAWA	POL	K 40	107	K 309		00:14:02	00:29:23.85	00:32:03.40	5:52	10.2
308	GRYGOWSKA BEATA	415		JABŁONNA	POL	K 40	108	K 310		00:13:24	00:29:24.15	00:30:31.90	5:52	10.2
309	KOWALSKA KINGA	674	KB PACE WARSZAWA	WARSZAWA	POL	K 40	109	K 311	KB PACE WARSZAWA	00:13:59	00:29:25.85	00:31:51.40	5:53	10.2
310	KUZNETSOVA SVITLANA	749		WARSZAWA	POL	K 40	110	K 312		00:13:52	00:29:26.10	00:31:40.60	5:53	10.2
311	MIKOSZA ANNA	1702		WARSZAWA	POL	K 30	95	K 313		00:13:33	00:29:28.60	00:30:59.10	5:53	10.2
312	LULA IZABELA	1872	RUN VEGAN	WARSZAWA	POL	K 14	8	K 314		00:15:37	00:29:28.70	00:32:34.00	5:53	10.2
313	KOLASZT ULA	614	RACEFIGHTER GOSIR DĘBE WIELKIE	STARA NIEDZIAŁKA	POL	K 16	13	K 315		00:13:54	00:29:28.95	00:31:29.55	5:53	10.2
314	MADEJ JOANNA	2057		WARSZAWA	POL	K 16	14	K 316		00:13:54	00:29:29.05	00:31:29.70	5:53	10.2
315	KOŁAKOWSKA ANETA	617		WARSZAWA	POL	K 30	96	K 317		00:13:34	00:29:30.90	00:30:23.00	5:54	10.2
316	ŻURALSKA ALEKSANDRA	2139		WARSZAWA	POL	K 40	111	K 318		00:13:20	00:29:31.60	00:30:51.25	5:54	10.2
317	UŁANEK KAMILA	1491		WARSZAWA	POL	K 40	112	K 319		00:13:59	00:29:33.15	00:32:07.30	5:54	10.2
318	SZYMCZAK AGNIESZKA	1421		CELESTYNOW	POL	K 30	97	K 320		00:13:40	00:29:34.25	00:31:19.75	5:54	10.1
319	CHMIELEWSKA JOANNA	626		WARSZAWA	POL	K 20	45	K 321		00:14:03	00:29:36.00	00:32:23.60	5:55	10.1
320	KACZOR RENATA	515		WARSZAWA	POL	K 50	32	K 322		00:13:21	00:29:36.10	00:32:21.30	5:55	10.1
321	KALINOWSKA ALEKSANDRA	521		WARSZAWA	POL	K 30	98	K 323		00:14:04	00:29:36.45	00:32:23.60	5:55	10.1
322	WINIARSKA-CZARNOTA KATARZYNA	1543		WARSZAWA	POL	K 30	99	K 324		00:14:13	00:29:36.60	00:32:05.65	5:55	10.1
323	KINGA BER	586		WARSZAWA	POL	K 30	100	K 325		00:14:13	00:29:38.60	00:32:07.65	5:55	10.1
324	GÓRECKA KATARZYNA	1794		LESZNO	POL	K 40	113	K 326		00:13:26	00:29:38.95	00:30:52.25	5:55	10.1
325	WÓJCIK MAŁGORZATA	1736		GOLDAP	POL	K 20	46	K 327		00:13:59	00:29:42.40	00:32:34.70	5:56	10.1
326	JANCZEWSKA EWA	463		WARSZAWA	POL	K 40	114	K 328		00:14:04	00:29:42.95	00:32:04.05	5:56	10.1
327	BINDER MARTA	84		KONSTANCIN-JEZIORNA	POL	K 40	115	K 329		00:14:12	00:29:43.20	00:32:40.80	5:56	10.1

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
328	BRZĘCEK IZABELA	115		JÓZEFOSŁAW	POL	K 50	33	K 330		00:13:42	00:29:44.15	00:31:49.05	5:56	10.1
329	PIEKARSKA GOSIA	1065		WARSZAWA	POL	K 40	116	K 331		00:13:40	00:29:45.05	00:30:17.10	5:57	10.1
330	ZUBRZYCKA ALEKSANDRA	1657		FALENTY DUŻE	POL	K 30	101	K 332		00:13:52	00:29:45.50	00:32:26.55	5:57	10.1
331	SKALSKA KAROLINA	1267		WARSZAWA	POL	K 40	117	K 333		00:14:08	00:29:47.65	00:32:06.90	5:57	10.1
332	MAŁEK KAROLINA	843		WARSZAWA	POL	K 40	118	K 334		00:13:59	00:29:48.75	00:33:07.40	5:57	10.1
333	LUKOWSKA HANNA	791	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 60	6	K 335		00:14:05	00:29:51.05	00:32:26.05	5:58	10.1
334	CHOŁUJ MICHALINA	2010	GÓRA BIEGA	TOMICIE	POL	K 14	9	K 336	GÓRA BIEGA	00:14:25	00:29:51.70	00:32:29.35	5:58	10.1
335	MADEJ WIKTORIA	2058	GÓRA BIEGA	GÓRA KALWARIA	POL	K 16	15	K 337	DRAGONFLIES	00:14:24	00:29:52.65	00:32:30.95	5:58	10
336	MAŁEK HANNA	2060		WARSZAWA	POL	K 16	16	K 338		00:14:26	00:29:54.10	00:32:45.95	5:58	10
337	DI FOLCO VERONICA	237	TI HEALTH CLUB	WARSZAWA	POL	K 40	119	K 339	TI HEALTH CLUB	00:14:18	00:29:56.50	00:31:40.70	5:59	10
338	MATYSIAK KRYSIA	2063		WARSZAWA	POL	K 14	10	K 340		00:14:17	00:29:58.25	00:31:38.35	5:59	10
339	PIOTROWSKA EWA	1898		WARSZAWA	POL	K 40	120	K 341		00:13:28	00:29:58.85	00:30:03.90	5:59	10
340	KORONA TATIANA	647	TEAM KARAS	WARSZAWA	POL	K 50	34	K 342	TEAM KARAS	00:14:22	00:29:58.85	00:32:43.50	5:59	10
341	JUŠKO ELWIRA	509	KWADRANS TEAM	OSTROWIEC ŚW	POL	K 40	121	K 343		00:13:54	00:30:01.70	00:32:12.45	6:00	10
342	BRZOZOWSKA MAGDALENA	117	BIEGUSTATORZY	WARSZAWA	POL	K 40	122	K 344		00:14:00	00:30:04.35	00:32:38.05	6:00	10
343	INCI MARTA	442		WARSZAWA	POL	K 40	123	K 345		00:13:47	00:30:05.85	00:32:57.60	6:01	10
344	FIL TETIANA	305		WARSZAWA	POL	K 16	17	K 346		00:13:12	00:30:09.40	00:30:20.40	6:01	10
345	LAMPARSKA PATRYCJA	758		WARSZAWA	POL	K 30	102	K 347		00:14:28	00:30:09.50	00:32:35.50	6:01	10
346	LASZUK KATARZYNA	1699		WARSZAWA	POL	K 40	124	K 348		00:14:12	00:30:10.50	00:32:29.60	6:02	9.9
347	ZAWICKA ANGELINA	1636		MARKI	POL	K 40	125	K 349		00:14:47	00:30:10.75	00:32:32.35	6:02	9.9
348	KUŠIŃSKA DOROTA	1683		WARSZAWA	POL	K 30	103	K 350		00:14:11	00:30:10.80	00:32:29.75	6:02	9.9
349	BALCERZAK KAROLINA	42		WARSZAWA	POL	K 20	47	K 351		00:13:57	00:30:11.10	00:31:44.95	6:02	9.9
350	MOLSA NATALIA	921		WARSZAWA	POL	K 30	104	K 352		00:14:28	00:30:11.70	00:32:51.85	6:02	9.9
351	SKOMOROWSKA MONIKA	1275		WARSZAWA	POL	K 40	126	K 353		00:13:40	00:30:14.60	00:31:37.35	6:02	9.9
352	SZAJEWSKA AGNIESZKA	1381	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	127	K 354	TEAM ZABIEGANEDNI	00:14:04	00:30:15.35	00:32:38.15	6:03	9.9
353	TORZEWSKA AGNIESZKA	1456	BEMOWO BIEGA	WARSZAWA	POL	K 40	128	K 355		00:13:57	00:30:15.90	00:32:31.05	6:03	9.9
354	BROZE OLIWIA	114		WARSZAWA	POL	K 16	18	K 356		00:13:41	00:30:16.60	00:32:56.10	6:03	9.9
355	KOŹŁOWSKA SYLWIA	684		WARSZAWA	POL	K 20	48	K 357		00:14:05	00:30:17.60	00:33:06.10	6:03	9.9
356	STOŁECKA PAULINA	1946		WARSZAWA	POL	K 30	105	K 358		00:13:21	00:30:18.10	00:32:50.15	6:03	9.9
357	GAŁADYK JOANNA	334	B&B	GDYNIA	POL	K 30	106	K 359		00:14:22	00:30:18.20	00:32:37.25	6:03	9.9
358	BUREK KASIA	139		WARSZAWA	POL	K 40	129	K 360		00:14:10	00:30:19.55	00:32:25.05	6:03	9.9
359	BARAŃSKA DANUTA	1739		WARSZAWA	POL	K 50	35	K 361		00:14:14	00:30:19.60	00:32:42.85	6:03	9.9
360	GOSIEWSKA RENATA	386		WARSZAWA	POL	K 50	36	K 362		00:13:39	00:30:27.25	00:32:35.70	6:05	9.9
361	CHOROŠ SYLWIA	170		WARSZAWA	POL	K 30	107	K 363		00:14:17	00:30:28.00	00:32:38.20	6:05	9.8
362	POGOCKA ALICJA	2078		WARSZAWA	POL	K 14	11	K 364		00:14:36	00:30:28.95	00:32:54.10	6:05	9.8
363	KOWALIK MARTA	1826		NARUSZEWO	POL	K 20	49	K 365		00:13:31	00:30:31.45	00:31:08.75	6:06	9.8
364	MALICZOWSKA EWA	836		WARSZAWA	POL	K 30	108	K 366		00:13:34	00:30:31.80	00:33:05.60	6:06	9.8
365	TROJANOWSKA NINA	1968	ADIDAS RUNNERS	WARSZAWA	POL	K 20	50	K 367		00:14:10	00:30:32.40	00:33:22.60	6:06	9.8
366	GONTAREK EMANUELA	1793		WARSZAWA	POL	K 20	51	K 368		00:14:02	00:30:33.40	00:31:58.50	6:06	9.8
367	WŁODARCZYK AGNIESZKA	1559		KONSTANCIN-JEZIORNA	POL	K 30	109	K 369		00:14:14	00:30:33.60	00:33:30.45	6:06	9.8
368	LIPIŃSKA ADRIANNA	786		WARSZAWA	POL	K 20	52	K 370		00:15:01	00:30:34.35	00:33:51.70	6:06	9.8
369	ARCHACKA IWONA	35		WARSZAWA	POL	K 30	110	K 371		00:14:03	00:30:35.40	00:33:38.40	6:07	9.8
370	WOLAK KATARZYNA	1574		OPACZ-KOLONIA	POL	K 30	111	K 372	CBRE	00:14:01	00:30:38.85	00:33:46.40	6:07	9.8
371	TRYBULEC JUSTYNA	1470		WARSZAWA	POL	K 30	112	K 373		00:14:10	00:30:39.10	00:31:28.95	6:07	9.8
372	CHOŁUJ MARTA	167		WARSZAWA	POL	K 30	113	K 374		00:14:15	00:30:41.85	00:33:12.10	6:08	9.8
373	GRECKA ANNA	402		CHYLICZKI	POL	K 30	114	K 375		00:13:59	00:30:44.10	00:32:05.55	6:08	9.8
374	FALACIŃSKA MONIKA	294		WARSZAWA	POL	K 40	130	K 376		00:14:42	00:30:46.70	00:33:55.30	6:09	9.8
375	LISZEWSKA DOMINIKA	1843		WARSZAWA	POL	K 40	131	K 377		00:14:46	00:30:47.25	00:33:25.90	6:09	9.7
376	DUŠIŃSKA DOMINIKA	271		WARSZAWA	POL	K 20	53	K 378		00:13:58	00:30:49.75	00:33:27.40	6:09	9.7
377	TYRANKIEWICZ KAMILA	1484		WARSZAWA	POL	K 40	132	K 379		00:14:19	00:30:50.65	00:32:14.85	6:10	9.7
378	DRÓŹDŹ RENATA	260		WARSZAWA	POL	K 40	133	K 380		00:14:22	00:30:51.10	00:32:47.80	6:10	9.7
379	MATUSIAK ANNA	878		CHOTOMÓW	POL	K 30	115	K 381		00:14:27	00:30:53.40	00:33:36.50	6:10	9.7
380	PURZYCKA DOMINIKA	1147		WARSZAWA	POL	K 20	54	K 382		00:15:07	00:30:56.00	00:33:11.65	6:11	9.7
381	WIĘCKOWSKA VIOLETTA	1535	KS START PUŁASKI	WARKA	POL	K 50	37	K 383		00:14:34	00:30:58.80	00:33:47.00	6:11	9.7
382	ZAWADKA AGNIESZKA	1632		STARE BABICE	POL	K 50	38	K 384		00:14:43	00:30:59.05	00:34:07.10	6:11	9.7
383	STEFAŃSKA JOANNA	1341		WARSZAWA	POL	K 40	134	K 385		00:14:02	00:30:59.60	00:33:52.80	6:11	9.7
384	GIERKOWSKA AGNIESZKA	356		WARSZAWA	POL	K 40	135	K 386		00:13:41	00:31:00.10	00:33:51.55	6:12	9.7

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
385	CIEŚLAK ADRIANA	185		GRÓJEC	POL	K 30	116	K 387		00:14:14	00:31:01.35	00:33:39.10	6:12	9.7
386	KOBUS KARINA	610		PIASECZNO	POL	K 20	55	K 388		00:14:38	00:31:03.45	00:33:49.70	6:12	9.7
387	JACHEĆ KORNELA	448		WARSZAWA	POL	K 20	56	K 389		00:14:43	00:31:06.35	00:34:05.05	6:13	9.6
388	SMOLEŃSKA MAŁGORZATA	1294		WARSZAWA	POL	K 40	136	K 390		00:13:50	00:31:11.25	00:33:57.85	6:14	9.6
389	ORZECHOWSKA KAROLINA	1005		PIASECZNO	POL	K 40	137	K 391		00:14:43	00:31:14.85	00:34:08.85	6:14	9.6
390	PLUTA MONIKA	1093		SULEJÓWEK	POL	K 30	117	K 392		00:13:54	00:31:15.05	00:34:04.15	6:15	9.6
391	KUDŁAK MONIKA	730	GUTEK TEAM	RUDA	POL	K 50	39	K 393		00:14:08	00:31:15.60	00:34:03.10	6:15	9.6
392	DZIEDZIC EWA	282	TEAM ZABIEGANEDNI	DZIECHCINIEC	POL	K 50	40	K 394	TEAM ZABIEGANEDNI	00:14:16	00:31:15.70	00:33:13.65	6:15	9.6
393	ŚMIERCIAK KASIA	1429		WARSZAWA	POL	K 30	118	K 395		00:14:45	00:31:16.10	00:33:44.25	6:15	9.6
394	GIL ELŻBIETA	1789		WARSZAWA	POL	K 40	138	K 396		00:13:49	00:31:18.15	00:33:15.50	6:15	9.6
395	MIKULSKA SYLWIA	905		WARSZAWA	POL	K 40	139	K 397		00:13:43	00:31:22.85	00:33:51.65	6:16	9.6
396	LIPKA-ZALEWSKA GRAŻYNA	1842		JULIANÓW	POL	K 50	41	K 398		00:15:14	00:31:23.70	00:34:17.10	6:16	9.6
397	WINIARZ NATALIA	1544		WARSZAWA	POL	K 30	119	K 399		00:14:48	00:31:24.90	00:34:00.50	6:16	9.6
398	KARŁOWICZ ANNA	547	PARTIA WOLNYCH BIEGACZY	WARSZAWA	POL	K 70	3	K 400		00:14:27	00:31:25.45	00:34:16.50	6:17	9.5
399	MODZELEWSKA-SOKOŁ BARBARA	918		WARSZAWA	POL	K 60	7	K 401		00:14:12	00:31:26.70	00:32:27.80	6:17	9.5
400	JAGLIŃSKA ANNA	451		WARSZAWA	POL	K 40	140	K 402		00:14:00	00:31:26.95	00:34:03.50	6:17	9.5
401	BIDZIŃSKA ALICJA	72		WARSZAWA	POL	K 30	120	K 403		00:14:39	00:31:27.20	00:34:11.35	6:17	9.5
402	KOŁPACZYŃSKA ANNA	1728		WARSZAWA	POL	K 30	121	K 404		00:14:10	00:31:27.25	00:33:33.55	6:17	9.5
403	KOWALCZYK KAMILA	1825		WARSZAWA	POL	K 30	122	K 405		00:14:16	00:31:27.70	00:32:51.00	6:17	9.5
404	STOLARSKA DANUTA	1350	PARKRUN SŁODOWO WŁOCLĄWEK	WŁOCLĄWEK	POL	K 60	8	K 406		00:14:43	00:31:27.95	00:34:15.95	6:17	9.5
405	JANEK KATARZYNA	464	KATAREK	WARSZAWA	AFG	K 30	123	K 407		00:14:32	00:31:29.65	00:33:35.60	6:17	9.5
406	HERNIK WERONIKA	428		GRÓJEC	POL	K 30	124	K 408		00:14:28	00:31:30.10	00:33:41.15	6:18	9.5
407	JAROSIŃSKA ANNA	471		GORA KALWARIA	POL	K 30	125	K 409		00:14:14	00:31:31.05	00:33:55.60	6:18	9.5
408	KARTOWICZ ALDONA	1149		WARSZAWA	POL	K 30	126	K 410		00:14:25	00:31:34.80	00:34:09.65	6:18	9.5
409	ZAMIELA EWA	1621		WARSZAWA	POL	K 50	42	K 411		00:14:56	00:31:36.65	00:32:46.60	6:19	9.5
410	LAZAREVA SVETLANA	1711		WARY	AFG	K 40	141	K 412		00:14:49	00:31:37.70	00:34:00.60	6:19	9.5
411	MITURA ANNA	915		WARSZAWA	POL	K 40	142	K 413		00:14:34	00:31:37.75	00:34:22.70	6:19	9.5
412	BUSZMAN ZUZANNA	142		WARSZAWA	POL	K 20	57	K 414		00:15:10	00:31:38.30	00:34:45.25	6:19	9.5
413	KACZMARSKA ALICJA	514	TI HEALTH CLUB	WARSZAWA	POL	K 40	143	K 415	TI HEALTH CLUB	00:14:47	00:31:38.90	00:33:46.05	6:19	9.5
414	OLSZEWSKA KATARZYNA BERNADETTA	2147		-	POL	K 40	144	K 416		00:15:26	00:31:40.75	00:34:43.75	6:20	9.5
415	BEDNARSKA LIWIA	1745		WARSZAWA	POL	K 30	127	K 417		00:14:53	00:31:41.70	00:31:57.40	6:20	9.5
416	SZATKOWSKA MARTA	1385		WARSZAWA	POL	K 20	58	K 418		00:14:14	00:31:42.45	00:33:58.70	6:20	9.5
417	ŻÓŁTOWSKA DOMINIKA	1669	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40	145	K 419		00:14:14	00:31:43.70	00:34:01.60	6:20	9.5
418	ORZOŁ SYLWIA	147		WARSZAWA	POL	K 30	128	K 420		00:14:22	00:31:51.95	00:34:07.55	6:22	9.4
419	HAWRYLUK EMILIA	2032		WARSZAWA	POL	K 16	19	K 421		00:15:02	00:31:52.05	00:35:13.80	6:22	9.4
420	LIPIEC KAZIMIERA	785		WARSZAWA	POL	K 40	146	K 422		00:14:19	00:31:53.75	00:35:04.85	6:22	9.4
421	BALCERZAK MONIKA	43		WARSZAWA	POL	K 40	147	K 423		00:14:04	00:31:54.80	00:33:28.80	6:22	9.4
422	FERLAS HELENA	2023		JÓZEFOSŁAW	POL	K 12	6	K 424		00:15:20	00:31:56.65	00:34:52.70	6:23	9.4
423	MICHĄLEK-PENDOWSKA BARBARA	900		WARSZAWA	POL	K 40	148	K 425		00:14:46	00:31:58.70	00:33:53.20	6:23	9.4
424	FATLA KATARZYNA	298		WARSZAWA	POL	K 30	129	K 426	AKTYWNA WARSZAWA	00:14:52	00:32:02.70	00:34:17.70	6:24	9.4
425	SURMACZ IZA	1370	POLINEZJA	WARSZAWA	POL	K 20	59	K 427		00:14:26	00:32:10.45	00:34:57.90	6:26	9.3
426	ANGERHOFER MONIKA	26		WARSZAWA	POL	K 30	130	K 428		00:16:00	00:32:11.30	00:35:17.05	6:26	9.3
427	WOŹNIAK KATARZYNA	1585		PIASECZNO	POL	K 50	43	K 429		00:14:19	00:32:12.45	00:34:49.65	6:26	9.3
428	STĘPŃNIAK JULIA	1878		ZIELONKA	POL	K 16	20	K 430		00:14:56	00:32:13.65	00:35:24.40	6:26	9.3
429	GRZESZAK DANUTA	9		MOGILNO	POL	K 70	4	K 431		00:15:05	00:32:20.60	00:35:00.15	6:28	9.3
430	FONGANG ALEKSANDRA	315		WARSZAWA	POL	K 40	149	K 432		00:15:14	00:32:25.50	00:35:16.40	6:29	9.3
431	ULMA KLAUDIA	1490		WARSZAWA	POL	K 20	60	K 433		00:15:20	00:32:26.85	00:35:25.10	6:29	9.2
432	MATYSZCZAK MONIKA	882	KENKO	WARSZAWA	POL	K 40	150	K 434	KENKO	00:15:48	00:32:32.90	00:35:32.35	6:30	9.2
433	GAŚSIOROWSKA DOROTA	347		WARSZAWA	POL	K 50	44	K 435		00:16:08	00:32:33.10	00:36:00.75	6:30	9.2
434	SKARZYŃSKA KATARZYNA	1269		WARSZAWA	POL	K 40	151	K 436		00:15:48	00:32:34.95	00:35:40.35	6:30	9.2
435	SHIPOVSKAYA LARISA	1242		WARSZAWA	POL	K 50	45	K 437		00:15:02	00:32:35.15	00:35:27.20	6:31	9.2
436	KALMAN ANITA	528		WARSZAWA	POL	K 40	152	K 438		00:15:27	00:32:36.10	00:35:30.70	6:31	9.2
437	SZAFRAN BEATA	1380	PUMP!T	MARKÓW ŚWINICE	POL	K 40	153	K 439		00:15:20	00:32:38.25	00:33:50.20	6:31	9.2
438	MUZYKA POLINA	941		WARSZAWA	UKR	K 16	21	K 440		00:14:27	00:32:38.55	00:34:16.80	6:31	9.2
439	GLEŃSK ANNA	362	VEGE RUNNERS	WARSZAWA	POL	K 30	131	K 441	VEGE RUNNERS	00:14:34	00:32:38.80	00:35:27.45	6:31	9.2
440	ROBACZEWSKA MARTA	1184		WARSZAWA	POL	K 30	132	K 442	RESZTA ŚWIATA	00:15:24	00:32:41.25	00:35:39.10	6:32	9.2

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
441	STRZELCZYK OLGA	1358		WARSZAWA	POL	K 40	154	K 443		00:14:53	00:32:43.15	00:35:08.55	6:32	9.2
442	KRAWCZAK ANGELIKA	691		WARSZAWA	POL	K 30	133	K 444		00:15:20	00:32:44.95	00:35:47.50	6:32	9.2
443	MODRZEJEWSKA ANNA	1866		WARSZAWA	POL	K 40	155	K 445		00:13:51	00:32:45.55	00:34:50.45	6:33	9.2
444	NASIEROWSKA-SAS MARTYNA	951		WARSZAWA	POL	K 30	134	K 446		00:14:39	00:32:48.50	00:35:11.30	6:33	9.1
445	KWAPISIEWICZ KATARZYNA	751		WARSZAWA	POL	K 40	156	K 447		00:15:21	00:32:49.60	00:35:52.05	6:33	9.1
446	REGIMOWICZ TAMARA	1171	NEW BALANCE RUN CLUB	WARSZAWA	POL	K 30	135	K 448		00:14:25	00:32:49.70	00:34:53.80	6:33	9.1
447	KASPRZAK EWELINA	558		WARSZAWA	POL	K 30	136	K 449		00:14:30	00:32:55.70	00:35:47.20	6:35	9.1
448	MIERZWICKA KAROLINA	2066		WARSZAWA	POL	K 12	7	K 450		00:14:45	00:32:56.10	00:36:08.65	6:35	9.1
449	MYŚLIBORSKA OLGA	943		WARSZAWA	POL	K 40	157	K 451		00:15:03	00:32:56.75	00:34:16.75	6:35	9.1
450	WALAS ZUZANNA	1504		MAGDALENKA	POL	K 30	137	K 452		00:15:31	00:32:57.25	00:36:24.05	6:35	9.1
451	GAŹTOWSKA AGNIESZKA	350		WARSZAWA	POL	K 30	138	K 453		00:14:22	00:32:57.50	00:35:33.90	6:35	9.1
452	PYLYPENKO IRYNA	1150	CBRE	WARSZAWA	POL	K 30	139	K 454		00:15:10	00:32:58.95	00:35:55.95	6:35	9.1
453	PERKOŁUP PAULINA	1051		WARSZAWA	POL	K 30	140	K 455		00:15:20	00:32:59.50	00:35:57.30	6:35	9.1
454	GRZYBEK MARTA	420		WARSZAWA	POL	K 20	61	K 456		00:14:43	00:32:59.65	00:35:14.30	6:35	9.1
455	BIBRZYKA - DĘBSKA MAGDA	71		ZAMIENIE	POL	K 30	141	K 457		00:16:00	00:33:03.75	00:36:09.45	6:36	9.1
456	KUBIAK JULIA	1874		WARSZAW	POL	K 16	22	K 458		00:14:37	00:33:05.45	00:34:29.65	6:37	9.1
457	KORYCIŃSKA MARIOLA	649		WARSZAWA	POL	K 30	142	K 459		00:14:28	00:33:08.20	00:34:48.65	6:37	9.1
458	WŁODARCZYK EULALIA	1558		WARSZAWA	POL	K 40	158	K 460		00:15:58	00:33:08.85	00:36:28.70	6:37	9.1
459	BRODZIK MAŁGOSIA	111		WARSZAWA	POL	K 40	159	K 461		00:14:48	00:33:14.45	00:35:28.90	6:38	9
460	KILJAŃSKA ANNA	582		WARSZAWA	POL	K 20	62	K 462		00:14:28	00:33:16.20	00:35:46.90	6:39	9
461	ŻELAZKO JOANNA	2133		WARSZAWA	POL	K 40	160	K 463		00:14:35	00:33:21.80	00:35:21.50	6:40	9
462	KAIM-MIERZWICKA KATARZYNA	517		WARSZAWA	POL	K 40	161	K 464		00:15:12	00:33:23.15	00:36:08.60	6:40	9
463	MORAWSKA IRMINA	924		WARSZAWA	POL	K 20	63	K 465		00:15:45	00:33:23.20	00:36:22.80	6:40	9
464	ZALEWSKA AGNIESZKA	1618		WARSZAWA	POL	K 40	162	K 466		00:15:01	00:33:31.80	00:33:42.90	6:42	9
465	BUDEK EWA	123		WARSZAWA	POL	K 40	163	K 467		00:14:54	00:33:32.40	00:36:11.40	6:42	8.9
466	GAJDUK ILONA	331		WROCLAW	POL	K 30	143	K 468		00:16:26	00:33:34.30	00:36:53.80	6:42	8.9
467	FILIPCZYK HANNA	306		WARSZAWA	POL	K 40	164	K 469	PRACUJĄCA TRÓJKA	00:15:53	00:33:34.60	00:36:24.75	6:42	8.9
468	CHRZANOWSKA AGNIESZKA	1759		WARSZAWA	POL	K 30	144	K 470		00:16:27	00:33:34.70	00:36:53.90	6:42	8.9
469	CHROMIŃSKA KLARA	173		WARSZAWA	POL	K 20	64	K 471		00:15:54	00:33:35.75	00:37:07.55	6:43	8.9
470	JARZĄBEK PAULINA	2034	MKS MECHANIK	WŁODAWA	POL	K 16	23	K 472		00:13:32	00:33:36.45	00:34:56.25	6:43	8.9
471	MIERZYŃSKA ROKSANA	903	CBRE	WARSZAWA	POL	K 20	65	K 473		00:15:53	00:33:38.25	00:36:46.45	6:43	8.9
472	KOWALIK ALICJA	671	CBRE	WARSZAWA	POL	K 30	145	K 474	CBRE	00:15:47	00:33:38.70	00:37:17.90	6:43	8.9
473	WÓJCICKA AGNIESZKA	1995	GÓRA BIEGA	KĄTY	POL	K 30	146	K 475		00:14:58	00:33:38.85	00:35:51.05	6:43	8.9
474	SKROJNA ANNA	1932	RUN CZARNÓW	CZARNÓW	POL	K 30	147	K 476		00:15:13	00:33:40.40	00:35:58.10	6:44	8.9
475	STASIAK JOANNA	1337		MYSIADŁO	POL	K 40	165	K 477		00:16:16	00:33:40.70	00:36:45.65	6:44	8.9
476	KILIAN MONIKA	1815		MYSIADŁO	POL	K 40	166	K 478		00:16:16	00:33:41.05	00:36:45.95	6:44	8.9
477	JAKUBICKA JOANNA	457	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 30	148	K 479		00:15:08	00:33:44.55	00:36:56.15	6:44	8.9
478	TYSZKA SYLWIA	1485		WARSZAWA	POL	K 40	167	K 480		00:15:33	00:33:48.20	00:35:44.50	6:45	8.9
479	KALOGEROPOULOU EVGENIA	529		WARSZAWA	GRE	K 30	149	K 481		00:16:04	00:33:49.20	00:37:11.85	6:45	8.9
480	KLIBER KATARZYNA	1816		WARSZAWA	POL	K 40	168	K 482		00:15:49	00:33:49.30	00:37:28.20	6:45	8.9
481	ZYZANSKA AGA	1662		WARSAW	POL	K 30	150	K 483		00:16:20	00:33:50.70	00:36:55.25	6:46	8.9
482	KILJAN KAROLINA	581		PIASECZNO	POL	K 20	66	K 484		00:15:37	00:33:52.85	00:36:39.15	6:46	8.9
483	DEREK EWA	229		WARSZAWA	POL	K 30	151	K 485		00:16:23	00:33:53.05	00:36:56.05	6:46	8.9
484	KONARSKA ANNA	623		WARSZAWA	POL	K 20	67	K 486		00:16:20	00:33:58.50	00:37:04.85	6:47	8.8
485	KUZNETSOVA KATERYNA	750		WARSZAWA	POL	K 20	68	K 487		00:14:46	00:34:00.05	00:36:13.95	6:48	8.8
486	PODLECKA ANNA	1098		WARSZAWA (URSYNÓW)	POL	K 40	169	K 488		00:15:04	00:34:01.40	00:37:23.15	6:48	8.8
487	WIETRZYCKA MONIKA	1531		WARSZAWA	POL	K 30	152	K 489		00:15:59	00:34:01.55	00:37:08.65	6:48	8.8
488	ŻUKOWSKA DOMINIKA	2114		WARSZAWA	POL	K 16	24	K 490		00:16:08	00:34:02.70	00:34:12.95	6:48	8.8
489	PAWLAK LUCYNA	1045		MARKI	POL	K 60	9	K 491		00:15:41	00:34:04.80	00:37:14.20	6:48	8.8
490	KARKOS MAGDALENA	546		WARSZAWA	POL	K 30	153	K 492		00:16:19	00:34:08.15	00:37:11.90	6:49	8.8
491	KASIANENKO VERONIKA	555		WARSZAWA	POL	K 16	25	K 493		00:15:17	00:34:09.55	00:34:38.25	6:49	8.8
492	ZIMNY ZUZANNA	1656		WARSZAWA	POL	K 16	26	K 494		00:15:35	00:34:09.55	00:34:30.50	6:49	8.8
493	WÓJCIKOWSKA JULIA	1871		WARSZAWA	POL	K 16	27	K 495		00:15:35	00:34:09.75	00:34:30.80	6:49	8.8
494	RYCHLEWICZ ZOFIA	2085		WARSZAWA	POL	K 12	8	K 496		00:15:18	00:34:11.65	00:36:55.80	6:50	8.8
495	SOWIŃSKA EWELINA	1323		PIASTÓW	POL	K 30	154	K 497		00:16:19	00:34:12.00	00:37:19.40	6:50	8.8
496	PROKOPCZYK ALEKSANDRA	1911		SOCHACZEW	POL	K 40	170	K 498		00:17:37	00:34:12.85	00:37:20.00	6:50	8.8
497	KOWALEWSKA KATARZYNA	669		WARSZAWA	POL	K 40	171	K 499		00:15:25	00:34:17.25	00:36:43.10	6:51	8.8

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
498	MASTALEREK JOANNA	868		WARSZAWA	POL	K 40	172	K 500		00:15:12	00:34:17.35	00:36:59.10	6:51	8.8
499	ZAMORSKA MONIKA	2126		PIASECZNO	POL	K 40	173	K 501		00:15:20	00:34:19.55	00:37:01.75	6:51	8.7
500	SOBOLEWSKA ALEKSANDRA	1725		WARSZAWA	POL	K 20	69	K 502		00:15:49	00:34:20.15	00:35:46.50	6:52	8.7
501	SZAJKOWSKA MAJA	2096		WARSZAWA	POL	K 12	9	K 503		00:16:12	00:34:26.60	00:36:01.20	6:53	8.7
502	SZAJKOWSKA EWA	1382		WARSZAWA (MOKOTÓW)	POL	K 50	46	K 504		00:16:12	00:34:27.25	00:36:01.70	6:53	8.7
503	MYSZOR-CIECIELĄG MONIKA	942		PIASECZNO	POL	K 40	174	K 505		00:15:59	00:34:28.60	00:37:24.35	6:53	8.7
504	ZYZAŃSKA JULIA	1663		WARSAW	POL	K 20	70	K 506		00:16:20	00:34:32.05	00:37:36.55	6:54	8.7
505	PILIS DARIA	1896		WARSAW	POL	K 20	71	K 507		00:15:34	00:34:34.15	00:36:33.40	6:54	8.7
506	SZNAJDER BEATA	1395		WARSZAWA	POL	K 40	175	K 508		00:15:22	00:34:34.25	00:35:42.85	6:54	8.7
507	BRONISZEWSKA NATALIA	2006		KIJÓW	POL	K 16	28	K 509		00:15:33	00:34:34.30	00:37:57.25	6:54	8.7
508	BAKALAROVA MICHAELA	41		WARZAWA	POL	K 30	155	K 510		00:15:00	00:34:34.95	00:36:41.85	6:54	8.7
509	KRZYŻEWSKA KAROLINA	711	PZU SPORT TEAM	WARSZAWA	POL	K 30	156	K 511	PZU SPORT TEAM	00:15:55	00:34:36.10	00:37:35.00	6:55	8.7
510	SKRUCHA IGA	1278		WARSZAWA	POL	K 30	157	K 512		00:16:15	00:34:39.15	00:37:27.25	6:55	8.7
511	PLICHCIŃSKA MAŁGORZATA	1089	EKONOMIK MOKOTÓW	WARSZAWA	POL	K 40	176	K 513		00:16:09	00:34:41.20	00:37:39.35	6:56	8.6
512	JEKIMOW JOANNA	486		WARSZAWA	POL	K 40	177	K 514		00:15:35	00:34:42.95	00:37:00.05	6:56	8.6
513	BORYS KAROLINA	107		WARSZAWA	POL	K 20	72	K 515		00:16:17	00:34:43.45	00:38:00.50	6:56	8.6
514	FRYDRYCH KATARZYNA	322		WARSZAWA	POL	K 40	178	K 516		00:16:21	00:34:47.10	00:37:54.55	6:57	8.6
515	GOŁASZEWSKA MAGDALENA	1792		WARSZAWA	POL	K 30	158	K 517		00:15:33	00:34:54.00	00:36:24.50	6:58	8.6
516	RUTKOWSKA MARIA	1210		WARSZAWA	POL	K 30	159	K 518		00:15:49	00:35:00.75	00:38:35.20	7:00	8.6
517	GROCHOWSKA JOANNA	407	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	K 50	47	K 519		00:16:21	00:35:01.60	00:38:04.60	7:00	8.6
518	MARCINIAK JULIA	1733		WARSZAWA	POL	K 20	73	K 520		00:15:20	00:35:04.20	00:37:41.35	7:00	8.6
519	JURKOWSKA IRENA	502		WARSZAWA	POL	K 70	5	K 521		00:15:54	00:35:09.95	00:36:39.95	7:01	8.5
520	KOGOWSKA ALICJA	613		WARSZAWA	POL	K 30	160	K 522		00:16:46	00:35:10.75	00:37:27.30	7:02	8.5
521	ŁAZARECKA MAGDA	799		WARSZAWA	POL	K 40	179	K 523		00:16:23	00:35:15.60	00:38:20.00	7:03	8.5
522	LAZAREVA VLADISLAVA	1712		WARSZAWA	POL	K 16	29	K 524		00:15:22	00:35:16.35	00:38:06.35	7:03	8.5
523	RUDENKO DARIA	1204		WARSZAWA	POL	K 20	74	K 525		00:15:36	00:35:17.25	00:37:29.00	7:03	8.5
524	MELSKA KAROLINA	890		WARSZAWA	POL	K 30	161	K 526		00:16:17	00:35:18.15	00:38:08.35	7:03	8.5
525	DWURZYŃSKA SYLWIA	274		WARSZAWA	POL	K 40	180	K 527		00:15:42	00:35:20.40	00:38:07.35	7:04	8.5
526	KĘDZIA-STĘPKOWSKA ANIELA	2043		WARSZAWA	POL	K 16	30	K 528		00:15:40	00:35:22.70	00:37:36.65	7:04	8.5
527	KORNACKA AGNIESZKA	640		NIEPORĘT	POL	K 20	75	K 529		00:16:18	00:35:25.15	00:35:45.10	7:05	8.5
528	OLCZAK URSZULA	990	UMCS BIEGA	WARSZAWA	POL	K 50	48	K 530		00:16:22	00:35:30.65	00:38:36.50	7:06	8.5
529	KILKOWSKA JOANNA	584		WARSZAWA	POL	K 50	49	K 531		00:16:19	00:35:36.15	00:38:43.40	7:07	8.4
530	KOPCZYŃSKA JUDYTA	1820	MARKOWI BIEGACZE	MARKI	POL	K 40	181	K 532		00:15:43	00:35:39.80	00:37:34.90	7:07	8.4
531	RYBARKIEWICZ MELANIA	1875		WARSZAWA	POL	K 16	31	K 533		00:16:00	00:35:39.95	00:38:25.00	7:07	8.4
532	HOŁOPIAK EWA	430	NEW BALANCE RUN CLUB	WARSZAWA	POL	K 60	10	K 534		00:15:34	00:35:44.90	00:38:50.70	7:08	8.4
533	LEHMANN KAROLINA	768		WARSZAWA	POL	K 20	76	K 535		00:16:24	00:35:52.40	00:39:09.25	7:10	8.4
534	SIEROCINSKA-RUDZIŃSKA ANNA	1250		WARSZAWA	POL	K 40	182	K 536		00:16:43	00:35:56.35	00:38:02.50	7:11	8.3
535	GAJ BOGNA	329		WARSZAWA	POL	K 50	50	K 537		00:16:28	00:36:07.55	00:38:07.00	7:13	8.3
536	SOCHA JULIA	1877		SEROKOMLA	POL	K 16	32	K 538		00:16:14	00:36:10.80	00:36:48.05	7:14	8.3
537	MODZELEWSKA LENA	1876		JÓZEFOSŁAW	POL	K 16	33	K 539		00:16:14	00:36:11.20	00:36:48.20	7:14	8.3
538	KACZOROWSKA MONIKA	516		ZĄBKI	POL	K 50	51	K 540		00:17:28	00:36:11.30	00:39:29.35	7:14	8.3
539	MISTRZAK MARTA	912		PIASECZNO	POL	K 40	183	K 541		00:17:05	00:36:12.20	00:39:49.30	7:14	8.3
540	WIŚNIEWSKA KATARZYNA	1547	INDYWIDUALISTKA	WARSZAWA	POL	K 50	52	K 542		00:16:33	00:36:22.55	00:37:49.25	7:16	8.2
541	ZALEWSKA ALICJA	2111		WARSZAWA	POL	K 16	34	K 543		00:16:08	00:36:34.75	00:36:44.80	7:18	8.2
542	KAMIŃSKA KASIA	533		ZIELONKA	POL	K 16	35	K 544		00:16:35	00:36:36.60	00:39:48.45	7:19	8.2
543	BISOWSKA HANNA	2003	MARUDY Z KOBYŁKI	KOBYŁKA	POL	K 12	10	K 545	MARUDY Z KOBYŁKI	00:16:22	00:36:39.35	00:39:44.90	7:19	8.2
544	BISOWSKA KATARZYNA	86	MARUDY Z KOBYŁKI	KOBYŁKA	POL	K 40	184	K 546	MARUDY Z KOBYŁKI	00:16:22	00:36:39.75	00:39:45.25	7:19	8.2
545	ZIELINSKA EWELINA	1648		NOWA WOLA	POL	K 30	162	K 547		00:17:04	00:36:42.85	00:40:01.50	7:20	8.2
546	RANKOWSKA EWA	1913		WARSZAWA	POL	K 40	185	K 548		00:17:09	00:36:43.95	00:39:58.70	7:20	8.2
547	BORUSZEWSKA MAJA	2005		WARSZAWA	POL	K 14	12	K 549		00:15:21	00:36:50.40	00:39:15.05	7:22	8.1
548	GAJDA AGNIESZKA	330	-	WARSZAWA	POL	K 40	186	K 550		00:16:31	00:36:51.10	00:39:45.40	7:22	8.1
549	NIKODEMSKA-FABISZ MAŁGORZATA	962	PZU SPORT TEAM	WARSZAWA	POL	K 40	187	K 551		00:17:58	00:36:54.15	00:39:47.70	7:22	8.1
550	KULETA MAŁGORZATA	737		WARSZAWA	POL	K 40	188	K 552		00:16:11	00:37:04.20	00:40:29.60	7:24	8.1
551	CHAMERSKA KATARZYNA	1754		WARSZAWA	POL	K 40	189	K 553		00:16:50	00:37:06.75	00:40:07.30	7:25	8.1
552	GÓRSKA-MANCZENKO KATARZYNA	391	LEŚNE SZYCHY	WARSZAWA	POL	K 30	163	K 554	BIEGAM DOBRZE DLA FUNDACJI SYNOPSIS	00:19:24	00:37:18.05	00:37:18.05	7:27	8
553	JURCZAK KAROLINA	499		WARSZAWA	POL	K 40	190	K 555		00:17:43	00:37:18.35	00:40:49.15	7:27	8

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
554	HAIUCHYK DARYNA	2031		WARSZAWA	POL	K 16	36	K 556		00:16:23	00:37:19.35	00:37:22.90	7:27	8
555	DZIUBIŃSKA ANNA	287		WARSZAWA	POL	K 30	164	K 557		00:17:07	00:37:20.25	00:40:39.30	7:28	8
556	MAZUR KINGA	886		WARSZAWA	POL	K 40	191	K 558		00:16:47	00:37:22.40	00:40:26.60	7:28	8
557	ROSÓŁ RENATA	1196		WARSZAWA	POL	K 50	53	K 559		00:17:31	00:37:25.35	00:40:37.95	7:29	8
558	SAMEL HELENA	5		-	POL	K 12	11	K 560		00:16:41	00:37:48.15	00:40:10.15	7:33	7.9
559	KIJANKA PATRYCJA	1691		WARSZAWA	POL	K 30	165	K 561		00:17:13	00:37:50.95	00:41:02.55	7:34	7.9
560	WILCZAK JOANNA	1539		BASZKÓWKA	POL	K 30	166	K 562		00:17:18	00:37:55.85	00:41:05.25	7:35	7.9
561	SYPIAŃSKA KALINA	1373		SIEDLCE	POL	K 40	192	K 563		00:17:37	00:38:07.90	00:41:18.65	7:37	7.9
562	PIOTROWSKA-KRZAK ELA	1082		WARSZAWA	POL	K 40	193	K 564		00:17:30	00:38:15.65	00:40:23.80	7:39	7.8
563	SZCZEPEK MARTA	1387	KOTLET POWER TEAM	WARSZAWA	POL	K 40	194	K 565		00:17:30	00:38:33.85	00:42:05.35	7:42	7.8
564	SMNK TANIA	1938		WARSAW	POL	K 30	167	K 566		00:17:57	00:38:37.40	00:41:32.45	7:43	7.8
565	URBANIAK ELŻBIETA	1493		WARSZAWA	POL	K 40	195	K 567		00:17:37	00:38:38.90	00:41:45.55	7:43	7.8
566	PABIŚ EWA	1024		WARSZAWA	POL	K 50	54	K 568		00:17:39	00:39:08.40	00:42:21.35	7:49	7.7
567	SHADRYNA DARYA	1241		WARSZAWA	POL	K 20	77	K 569		00:17:36	00:39:18.30	00:42:26.30	7:51	7.6
568	ŁUCEWICZ-NAPAŁKOW MARYJA	1849		WARSZAWA	POL	K 40	196	K 570		00:17:45	00:39:24.25	00:42:41.60	7:52	7.6
569	ZIMNY MARIA	1655		WARSZAWA	POL	K 40	197	K 571		00:18:24	00:39:38.05	00:42:51.00	7:55	7.6
570	KARPIŃSKA NINA	844		WARSZAWA	POL	K 40	198	K 572		00:17:45	00:39:52.75	00:42:28.35	7:58	7.5
571	BARTOSIK KRYSZYNA	55		WARSZAWA	POL	K 60	11	K 573		00:18:49	00:39:59.25	00:43:16.90	7:59	7.5
572	PIĘTKA IWONA	1072		OSIECK	POL	K 30	168	K 574		00:18:33	00:40:00.15	00:42:48.45	8:00	7.5
573	LECH MICHALINA	2053		WARSZAWA	POL	K 16	37	K 575		00:17:51	00:40:10.25	00:43:42.05	8:02	7.5
574	ZAROSIŃSKA PAULINA	1626		WARSZAWA	POL	K 20	78	K 576		00:18:40	00:40:33.15	00:43:52.85	8:06	7.4
575	NOWAKOWSKA ANNA	968		WARSZAWA	POL	K 40	199	K 577		00:18:21	00:40:41.95	00:43:53.50	8:08	7.4
576	REMISIEWICZ MALGORZATA	1180		WARSZAWA	POL	K 40	200	K 578		00:17:40	00:41:03.95	00:43:03.50	8:12	7.3
577	JĘDRAS KATARZYNA	491		WARSZAWA	POL	K 40	201	K 579		00:18:55	00:41:28.35	00:44:39.10	8:17	7.2
578	SKOLIMOWSKA AGNIESZKA	1274		KAJETANY	POL	K 40	202	K 580		00:18:45	00:41:40.30	00:44:58.75	8:20	7.2
579	TRYLSKA ELIZA	1471		KAJETANY	POL	K 40	203	K 581		00:18:46	00:41:41.00	00:44:59.10	8:20	7.2
580	WRÓBLEWSKA JOANNA	1591	LAS NA ZAWSZE	WARSZAWA	POL	K 60	12	K 582		00:19:13	00:41:43.05	00:45:11.30	8:20	7.2
581	STANASZEK ANNA	1943		CHOJNÓW	POL	K 40	204	K 583		00:21:36	00:41:58.35	00:45:26.70	8:23	7.1
582	REDA ALICJA	1169	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 60	13	K 584	TEAM ZABIEGANEDNI	00:19:31	00:42:03.15	00:42:29.85	8:24	7.1
583	DZIKI MARZENNA	286	ALETEMPO	WARSZAWA	POL	K 70	6	K 585		00:20:43	00:45:19.15	00:48:37.30	9:03	6.6
584	BRZEZOWSKA BEATA	1752		WARSZAWA	POL	K 50	55	K 586		00:21:36	00:47:41.25	00:51:11.25	9:32	6.3
585	TUKENDORF BARBARA	1474	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 70	7	K 587	TEAM ZABIEGANEDNI	00:24:00	00:50:02.50	00:51:10.30	10:00	6
586	KOPKA MARCELINA	635	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 20	79	K 588	ADIDAS RUNNERS WARSAW	00:09:03			3:37	16.6
587	LASKUS KAMILA	2052	AKL URSYNÓW	WARSZAWA	POL	K 12	12	K 589		00:12:14			4:53	12.3
588	WIECZOREK AGATA	1525		NOWE MIASTO NAD PILICĄ	POL	K 30	169	K 590		00:19:16			7:42	7.8
589	STANIAK KATARZYNA	1331		BOLIMÓW	POL	K 40	205	K 591		00:22:44			9:05	6.6
590	STANIAK JULIA	2094		BOLIMÓW	POL	K 16	38	K 592		00:22:48			9:07	6.6
591	ŚLĘZAK KAROLINA	1425		WARSZAWA	POL	K 20	80	K 593						
592	ZAMARRIPA KAROLINA	2125	CTS	WARSZAWA	POL	K 20	81	K 594						

BIEG URSYNOWA, M Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	JASTRZĘBSKI KAMIL	1803	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	M 30	1	M 1	DUKLANOWSKI TEAM	00:06:47	00:14:43.80	00:14:45.10	2:56	20.4
2	ALEKSANDROVICH ROMAN	21	ACHILLES	LESZNO	POL	M 20	1	M 2		00:07:03	00:14:50.05	00:14:51.80	2:58	20.2
3	WASIEWICZ KRZYSZTOF	1978	SRS KONDYCJA PIASECZNO	PIASECZNO	POL	M 30	3	M 3	SRS KONDYCJA PIASECZNO	00:07:02	00:14:59.70	00:15:01.35	2:59	20
4	TELKOVSKY TARAS	2146		-	BLR	M 30	2	M 4		00:06:54	00:14:55.25	00:15:08.50	2:59	20.1
5	GONTARCZYK RAFAŁ	382	RLTL OPTIMA RADOM/TEAM NEVER GIVE UP	OSTROWIEC ŚWIETOKRZYSKI	POL	M 30	4	M 5		00:07:03	00:15:08.15	00:15:09.80	3:01	19.8
6	SŁUPIK TOMASZ	1937	ENDLESS PAIN	WARSZAWA	POL	M 30	5	M 6		00:07:07	00:15:12.00	00:15:12.00	3:02	19.7
7	BISKUPSKI TOMASZ	1695	ZABIEGANI W KIELCACH	DALESZYCE	POL	M 20	4	M 7		00:07:03	00:15:26.30	00:15:27.90	3:05	19.4
8	DAMENTKA KAMIL	218	CTS	WARSZAWA	POL	M 20	2	M 8		00:06:59	00:15:15.70	00:15:29.55	3:03	19.7
9	KONIECZNY MARCIN	1972	K.S NIEMANIEMOGE	OLSZTYN	POL	M 50	1	M 9		00:07:20	00:15:29.45	00:15:31.45	3:05	19.4
10	TOKARSKI PIOTR	1448		KREPA	POL	M 20	5	M 10		00:07:22	00:15:30.30	00:15:32.25	3:06	19.4

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
11	SKIBIŃSKI MIKOŁAJ	1271	DUCLA ACADEMY	POZNAŃ	POL	M 30	6	M 11	DUKLANOWSKI TEAM	00:07:19	00:15:31.70	00:15:32.85	3:06	19.3
12	WIĘCKOWSKI ŁUKASZ	1536		WARSZAWA	POL	M 20	6	M 12		00:07:20	00:15:31.05	00:15:32.85	3:06	19.3
13	NOŻYŃSKI DARIUSZ	76	SZYBKIEBIEGANIE.PL	WARSZAWA	POL	M 40	1	M 13		00:07:19	00:15:32.25	00:15:34.20	3:06	19.3
14	MISIEWICZ MICHAŁ	909	DATUMO.IO	OLSZTYN	POL	M 20	3	M 14		00:07:01	00:15:26.05	00:15:40.20	3:05	19.4
15	WASILEWSKI ADAM	1980	TEAM 7:30	DOBRE	POL	M 30	7	M 15	TEAM 7:30	00:07:20	00:15:46.25	00:15:48.00	3:09	19
16	KROCHMAL PAWEŁ	695	PAWKO RUNNER TEAM	WARSZAWA	POL	M 30	8	M 16	PAWKO RUNNER TEAM	00:07:19	00:15:57.25	00:15:58.90	3:11	18.8
17	KWARTA MACIEJ	752		WARSZAWA	POL	M 30	9	M 17	ŻÓRAWSKI TEAM	00:07:35	00:16:03.75	00:16:05.55	3:12	18.7
18	ADRJANOWSKI KRZYSIEK	19		URSYNÓW	POL	M 20	7	M 18		00:07:22	00:16:07.10	00:16:08.80	3:13	18.6
19	WRONOWSKI RAFAŁ	1998	WRONA RUN	BANIE MAZURSKIE	POL	M 30	10	M 19		00:07:26	00:16:12.25	00:16:14.35	3:14	18.5
20	PYSHNIAK KOSTIANTYN	1152	UKRAINE	UKRAINE	UKR	M 20	8	M 20		00:07:11	00:16:22.65	00:16:23.85	3:16	18.3
21	GOŁASZEWSKI MICHAŁ	378	TEAM KOPEĆ	LEGIONOWO	POL	M 40	2	M 21	TEAM KOPEĆ	00:07:37	00:16:23.15	00:16:39.30	3:16	18.3
22	ŁABĘDZKI KONRAD	792	DUKLANOWSKI TEAM	WARSZAWA	POL	M 30	11	M 22	DUKLANOWSKI TEAM	00:07:35	00:16:26.65	00:16:41.85	3:17	18.3
23	MLĄCKI ALAN	1864	TEAM KOPEĆ	KOŁBIEL	POL	M 30	12	M 23		00:08:08	00:16:52.30	00:16:55.15	3:22	17.8
24	KUR ADRIAN	1830	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	M 30	13	M 24	DUKLANOWSKI TEAM	00:07:58	00:16:54.40	00:16:57.05	3:22	17.8
25	WRONOWSKI ALBERT	1999	WRONA RUN	BANIE MAZURSKIE	POL	M 20	9	M 25		00:07:49	00:16:50.55	00:17:07.50	3:22	17.8
26	STACHOWIAK MACIEJ	68		WARSZAWA	POL	M 40	3	M 26		00:16:49.95	00:17:09.90	00:17:09.90	3:21	17.8
27	ROBAK DOMINIK	1185	ADIDAS RUNNER WARSAW / PASSION FIRST / WE RUN CLAN	WARSZAWA	POL	M 30	14	M 27	ADIDAS RUNNERS WARSAW	00:07:48	00:17:07.25	00:17:10.30	3:25	17.5
28	DZICZEK SZYMON	280	PASSION FIRST	WARSZAWA	POL	M 20	11	M 28	PASSION FIRST	00:07:37	00:17:09.10	00:17:12.25	3:25	17.5
29	KORZENIOWSKI DARIUSZ	652	ACCELERATING POLAND	WARSZAWA	POL	M 40	4	M 29	ACCELERATING POLAND	00:08:05	00:17:08.20	00:17:12.40	3:25	17.5
30	OMIELAN WOJCIECH	1884		ELK	POL	M 20	12	M 30		00:07:53	00:17:11.55	00:17:13.90	3:26	17.5
31	KLECZEWSKI PIOTR	592		WARSZAWA	POL	M 16	1	M 31		00:07:44	00:16:56.95	00:17:14.15	3:23	17.7
32	NIEDZIAŁEK MICHAŁ	956	100 TWARZY GRZYBIARZY	WARSZAWA	POL	M 20	13	M 32		00:08:00	00:17:14.75	00:17:16.75	3:26	17.4
33	PISAREWICZ KAROL	1084	MINISTRY OF SILLY WALKS	WARSZAWA	POL	M 30	16	M 33		00:07:58	00:17:13.40	00:17:17.25	3:26	17.4
34	WAŚNIEWSKI ALBERT	1515	SKLEP BIEGACZA/ŻÓRAWSKI TEAM	WARSZAWA	POL	M 30	17	M 34	ŻÓRAWSKI TEAM	00:08:15	00:17:13.65	00:17:17.70	3:26	17.4
35	DAUKSZO MACIEJ	219		WARSZAWA	POL	M 20	10	M 35		00:08:00	00:17:04.15	00:17:22.70	3:24	17.6
36	MAJCHRZAK JULIAN	827	TEAM ZABIEGANEDNI / ASICS FRONTRUNNER POLAND	WARSZAWA	POL	M 30	18	M 36	TEAM ZABIEGANEDNI #1	00:08:07	00:17:19.45	00:17:23.05	3:27	17.3
37	JASZCZERSKI PAWEŁ	480		WARSZAWA	POL	M 30	20	M 37		00:08:02	00:17:22.80	00:17:25.70	3:28	17.3
38	TKACZYK MATEUSZ	1967		PULAWY	POL	M 20	14	M 38		00:08:17	00:17:22.65	00:17:26.10	3:28	17.3
39	MASŁANKO MACIEJ	872	GRA-LECH S.C	JEŻÓW	POL	M 30	15	M 39		00:08:04	00:17:07.95	00:17:29.55	3:25	17.5
40	PARMEE ALEXANDER	1036	ŻÓRAWSKI TEAM	WARSZAWA	POL	M 30	21	M 40	ŻÓRAWSKI TEAM	00:08:16	00:17:27.30	00:17:31.25	3:29	17.2
41	DŁUGOSZ JACEK	239		KIELCE	POL	M 40	5	M 41		00:07:59	00:17:30.25	00:17:32.90	3:30	17.1
42	TRUSIAK ARTUR	1468	BIEGAJĄCE ZĄBKI	ZĄBKI	POL	M 50	3	M 42		00:08:11	00:17:30.75	00:17:33.05	3:30	17.1
43	HOROSZKO MICHAŁ	435		WARSZAWA	POL	M 30	22	M 43		00:08:24	00:17:28.80	00:17:34.80	3:29	17.2
44	WITUSOWSKI PIOTR	1555	VEGE RUNNERS	WARSZAWA	POL	M 40	6	M 44	VEGE RUNNERS URSYNÓW	00:08:15	00:17:30.55	00:17:35.35	3:30	17.1
45	ZYCH MARIUSZ	1659	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 40	7	M 45	BIEGAJ POD OKIEM TRENERA	00:07:58	00:17:32.95	00:17:37.40	3:30	17.1
46	NIEDŹWIĄDEK KAMIL	1880	NIEDŹWIADKI TEAM	WARSZAWA	POL	M 30	19	M 46		00:07:58	00:17:21.15	00:17:38.65	3:28	17.3
47	BOCHENKO DANIEL	91		BRZOZOWA	POL	M 50	2	M 47		00:07:55	00:17:26.30	00:17:42.30	3:29	17.2
48	PIOTROWSKI FILIP	1899	BKS WATAHA WARSZAWA	WIELISZEW	POL	M 20	15	M 48		00:08:12	00:17:31.10	00:17:44.10	3:30	17.1
49	MAŁOLEPSZY RAFAŁ	845	ADAM DRACZYŃSKI RUNNING TEAM	WARSZAWA	POL	M 30	27	M 49		00:08:11	00:17:42.40	00:17:44.90	3:32	16.9
50	KARWOWSKI DANIEL	552	KB PŁOŃSK	WARSZAWA	POL	M 30	26	M 50		00:08:15	00:17:41.65	00:17:46.75	3:32	17
51	MARYNOWSKI WOJCIECH	863		WARSZAWA	POL	M 20	17	M 51		00:08:15	00:17:42.00	00:17:47.30	3:32	16.9
52	STANKOWSKI RAFAŁ	1334	SZURAMSOBIE UNIA HRUBIESZÓW	OŻARÓW MAZOWIECKI	POL	M 40	8	M 52		00:08:15	00:17:43.00	00:17:48.00	3:32	16.9
53	GŁAŻEWSKI TOMASZ	364		WARSZAWA	POL	M 30	25	M 53		00:08:28	00:17:41.05	00:17:48.85	3:32	17
54	SAJA MARCIN	1231		SIEDLCE	POL	M 30	28	M 54		00:08:24	00:17:47.25	00:17:50.45	3:33	16.9
55	PODCZASI MARCIN	1904	WKZ KOZIENICE BBL	KOZIENICE	POL	M 20	16	M 55	WKZ KOZIENICE BBL	00:08:19	00:17:39.05	00:17:51.50	3:31	17
56	PRIMIK MAREK	1119	VEGE RUNNERS	WARSZAWA	POL	M 40	10	M 56	VEGE RUNNERS URSYNÓW	00:08:18	00:17:51.45	00:17:55.80	3:34	16.8
57	ŚLIWA KRZYSZTOF	1427	KS LEMIESZ TEAM WARSZAWA	WARSZAWA	POL	M 30	23	M 57	KS LEMIESZ TEAM	00:08:13	00:17:34.10	00:17:57.25	3:30	17.1
58	KOWAL AMADEUSZ	663	NAPRZÓD MŁOCINY	LUBACZÓW	POL	M 30	31	M 58	NAPRZÓD MŁOCINY	00:08:30	00:17:50.40	00:17:58.45	3:34	16.8
59	SOLKA MACIEJ	1316	GÓRA BIEGA	GÓRA KALWARIA	POL	M 30	29	M 59	GÓRA BIEGA - DZIKI	00:08:31	00:17:47.50	00:17:58.90	3:33	16.9
60	WOJCIECHOWSKI SEBASTIAN	6	VEGE RUNNERS	WARSZAWA	POL	M 40	11	M 60	VEGE RUNNERS URSYNÓW	00:08:27	00:17:55.40	00:17:59.75	3:35	16.7

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
61	JUSIŃSKI KRYSZTOF	506	BRACHTWO BIEGOWE BGK	WARSZAWA	POL	M 30	24	M 61	ŻÓRAWSKI TEAM	00:08:09	00:17:40.55	00:18:00.80	3:32	17
62	TOMCZYK PIOTR	1454	WARSZAWA	WARSZAWA	POL	M 40	9	M 62		00:08:08	00:17:43.50	00:18:01.50	3:32	16.9
63	ORZEŁ MICHAŁ	1007	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40	12	M 63	ADIDAS RUNNERS WARSAW	00:08:35	00:17:56.10	00:18:03.35	3:35	16.7
64	PIASTA DARIUSZ	1059	WARSZAWA	WARSZAWA	POL	M 50	4	M 64		00:08:10	00:17:46.00	00:18:05.50	3:33	16.9
65	FILIPOWICZ MICHAŁ	309	JELENIA GÓRA	JELENIA GÓRA	POL	M 30	30	M 65		00:08:23	00:17:48.40	00:18:06.40	3:33	16.9
66	SOBCZYK GRZEGORZ	1940	WKZ KOZIENICE BBL	KOZIENICE	POL	M 30	33	M 66	WKZ KOZIENICE BBL	00:08:25	00:17:56.85	00:18:09.30	3:35	16.7
67	PIMPICKI IGNACY	1897	CZEMPION	WARSZAWA	POL	M 14	1	M 67		00:08:24	00:17:51.70	00:18:09.50	3:34	16.8
68	STRZELECKI PIOTR	1359	KB PACE WARSZAWA	WARSZAWA	POL	M 20	18	M 68	KB PACE WARSZAWA	00:08:37	00:18:05.20	00:18:10.80	3:37	16.6
69	MATCZAK MATEUSZ	873	SH RUNNING TEAM	WARSZAWA	POL	M 30	35	M 69		00:08:24	00:18:05.15	00:18:10.95	3:37	16.6
70	MOKRZAŃSKI MICHAŁ	920	WARSZAWIAKY	WARSZAWA	POL	M 40	14	M 70		00:08:35	00:18:05.70	00:18:12.05	3:37	16.6
71	SALAK MICHAŁ	1716	PKO BP	WARSZAWA	POL	M 40	16	M 71		00:08:34	00:18:07.25	00:18:14.70	3:37	16.6
72	MARCINISZYN GRZEGORZ	1855	DUKLANOWSKI TEAM	WARSZAWA	POL	M 30	38	M 72	DUKLANOWSKI TEAM	00:08:17	00:18:16.20	00:18:19.15	3:39	16.4
73	DAWIDEK BARTEK	1696	REPREZENTACJA DZIENNIKARZY	WARSZAWA	POL	M 30	37	M 73		00:08:33	00:18:14.95	00:18:19.80	3:38	16.5
74	ŁOJEWSKI MARCIN	1021	BIEGOWY WARIAT RUNNING TEAM	-	POL	M 30	36	M 74	BIEGOWY WARIAT RUNNING TEAM	00:08:46	00:18:09.75	00:18:20.10	3:37	16.5
75	WOŹNIAK PRZEMYSŁAW	1583	WIELISZEW HERON TEAM	LEGIONOWO	POL	M 30	32	M 75	WIELISZEW HERON TEAM	00:08:16	00:17:54.40	00:18:20.85	3:34	16.8
76	BURDACH DARIUSZ	138	JACK TEAM/TEAM PARCZYŃSKICH	WARSZAWA	POL	M 40	19	M 76		00:08:40	00:18:16.20	00:18:22.40	3:39	16.4
77	WYSOCKI MICHAŁ	1599	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 40	17	M 77	ŁÓDŹ KOCHA SPORT	00:08:34	00:18:14.45	00:18:23.10	3:38	16.5
78	KAMIŃSKI PAWEŁ	541	PASSION FIRST	WARSZAWA	POL	M 40	18	M 78	ADIDAS RUNNERS WARSAW	00:08:37	00:18:15.30	00:18:23.35	3:39	16.4
79	WYSOKIŃSKI KONRAD	2132	RUN INTO THE WILD / BARUNOWCE	PIASECZNO	POL	M 40	15	M 79	BARUNOWCE	00:08:24	00:18:06.15	00:18:25.15	3:37	16.6
80	KWIATKOWSKI MATEUSZ	755	WIELISZEW HERON TEAM	KOMORNICA	POL	M 30	34	M 80		00:08:16	00:17:59.05	00:18:25.80	3:35	16.7
81	TRONIAK PAWEŁ	1466	T&T BRO	RASZYN	POL	M 40	20	M 81		00:08:34	00:18:17.40	00:18:26.05	3:39	16.4
82	WASIEWICZ ADAM	1509	NIE MÓJ CYRK, MOJE MAŁPY	WARSZAWA	POL	M 40	13	M 82		00:08:22	00:18:04.30	00:18:26.60	3:36	16.6
83	GOLONKA PRZEMYSŁAW	1791	CIECIERZYN	CIECIERZYN	POL	M 20	20	M 83		00:08:28	00:18:11.95	00:18:26.95	3:38	16.5
84	RUPIŃSKI KRZYSZTOF	1685	WARSZAWA	WARSZAWA	POL	M 30	39	M 84		00:08:33	00:18:17.65	00:18:27.40	3:39	16.4
85	KRYWCZUK TOMASZ	707	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 20	19	M 85	ADIDAS RUNNERS WARSAW	00:08:16	00:18:08.20	00:18:28.45	3:37	16.5
86	KLIMEK MAREK	597	ADIDAS RUNNER WARSAW	WARSZAWA	POL	M 30	41	M 86	ADIDAS RUNNERS WARSAW	00:08:35	00:18:20.90	00:18:29.55	3:40	16.4
87	ZASĘPA SEBASTIAN	1629	TEAM ZABIEGANEDNI	JOZEFOSLAW	POL	M 40	21	M 87	TEAM ZABIEGANEDNI #1	00:08:26	00:18:25.05	00:18:29.60	3:41	16.3
88	MARCINIAK GRZEGORZ	850	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 50	5	M 88	BIEGOWY WARIAT RUNNING TEAM	00:08:20	00:18:11.20	00:18:35.75	3:38	16.5
89	GREWIŃSKI TOMASZ	406	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 50	7	M 89	LIPIEC RUNNING TEAM	00:08:49	00:18:33.80	00:18:41.95	3:42	16.2
90	NOWAK MARCIN	973	WARSZAWA	WARSZAWA	POL	M 40	23	M 90		00:08:47	00:18:29.30	00:18:42.30	3:41	16.2
91	GARTKIEWICZ ADAM	340	DUKLANOWSKI TEAM	WARSZAWA	POL	M 50	8	M 91		00:08:55	00:18:36.95	00:18:42.60	3:43	16.1
92	GAJEK IRENEUSZ	332	ASFALTLOVE DZIKI	CIECHANÓW	POL	M 40	24	M 92		00:08:47	00:18:30.55	00:18:43.55	3:42	16.2
93	GÓRZYŃSKI MACIEJ	396	WOODRUN	PIASECZNO	POL	M 50	6	M 93		00:08:46	00:18:33.25	00:18:43.75	3:42	16.2
94	ŚLIWIAK JAKUB	1428	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 30	40	M 94	BIEGOWY WARIAT RUNNING TEAM	00:08:42	00:18:18.75	00:18:44.70	3:39	16.4
95	PAGACZ BARTOSZ	1026	WARSZAWA	WARSZAWA	POL	M 40	22	M 95		00:08:39	00:18:28.95	00:18:57.05	3:41	16.2
96	PILIPCZUK JAKUB	1076	ZAMOŚĆ	ZAMOŚĆ	POL	M 20	21	M 96		00:08:30	00:18:29.85	00:19:01.35	3:41	16.2
97	STARKO KRZYSZTOF	1336	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30	42	M 97	TEAM ZABIEGANEDNI #2	00:08:23	00:18:30.95	00:18:55.70	3:42	16.2
98	KOZŁOWSKI WŁODZIMIERZ	1721	KS START PUŁASKI	SUŁKOWICE	POL	M 40	25	M 98		00:08:47	00:18:33.00	00:18:45.20	3:42	16.2
99	REGULSKI PAWEŁ	1174	GÓRA BIEGA	WARKA	POL	M 20	22	M 99	GÓRA BIEGA - DZIKI	00:08:39	00:18:33.15	00:19:01.05	3:42	16.2
100	POTENTAS PAWEŁ	1909	WARSZAWA	WARSZAWA	POL	M 30	43	M 100		00:08:56	00:18:37.10	00:18:47.10	3:43	16.1
101	WOJTASIAK TOMASZ	1694	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 40	26	M 101	LIPIEC RUNNING TEAM	00:08:35	00:18:37.55	00:19:01.20	3:43	16.1
102	OŻÓG PAWEŁ	1023	ZABIEGANI W KIELCACH	KIELCE	POL	M 30	44	M 102		00:08:21	00:18:38.40	00:19:02.10	3:43	16.1
103	SZEWICZUK RAFAŁ	1393	CWCR/DEPARTAMENT BIEGÓW	OLSZTYN	POL	M 40	27	M 103	CWCR/DEPARTAMENT BIEGÓW	00:08:35	00:18:38.85	00:18:46.65	3:43	16.1
104	LACIAK MARCIN	1684	BARUNOWCE	WARSZAWA	POL	M 40	28	M 104		00:08:43	00:18:40.25	00:18:49.10	3:44	16.1
105	POTKAJ PRZEMYSŁAW	1113	DĄBROWSKI TEAM	KADZIDŁO	POL	M 20	23	M 105	DĄBROWSKI TEAM	00:08:52	00:18:40.65	00:18:50.65	3:44	16.1
106	LEJA MARCIN	769	TEAM ZABIEGANEDNI	ŻOŁYŃIA	POL	M 30	45	M 106	TEAM ZABIEGANEDNI #1	00:08:39	00:18:41.60	00:19:09.10	3:44	16.1

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
107	JAMBOR MICHAŁ	458	ŻÓRAWKI TEAM	WARSZAWA	POL	M 40	29	M 107	ŻÓRAWKI TEAM		00:18:42.15	00:18:58.65	3:44	16
108	MADEJEK KAMIL	824	VEGE RUNNERS	WARSZAWA	POL	M 30	46	M 108	VEGE RUNNERS URSYNÓW	00:08:51	00:18:42.50	00:18:51.95	3:44	16
109	ŻURAWSKI SŁAWOMIR	1672	BARUNOWCE	WARSZAWA	POL	M 40	30	M 109		00:08:53	00:18:44.05	00:18:57.90	3:44	16
110	KUPA BARTOSZ	276	KLUB BIEGACZY JYSK	SŁUPNO	POL	M 30	47	M 110		00:08:38	00:18:44.10	00:18:48.15	3:44	16
111	ŁUCKA DARIUSZ	1710		NOWA IWICZNA	POL	M 30	48	M 111		00:08:48	00:18:44.25	00:18:54.80	3:44	16
112	OLSZAŃSKI PAWEŁ	999	KB PACE WARSZAWA	OLSZTYN	POL	M 20	24	M 112	KB PACE WARSZAWA	00:08:13	00:18:44.45	00:18:47.60	3:44	16
113	MAKULEC MARCIN	832	SANTANDER RUNNING CLUB	WARSZAWA	POL	M 40	31	M 113		00:08:48	00:18:45.45	00:18:56.45	3:45	16
114	REBELLO FELIPE	1168		GRODZISK MOZOWIECKI	POL	M 30	49	M 114		00:09:02	00:18:46.65	00:18:58.35	3:45	16
115	KALIŃSKI FRANCISZEK	526		ŁOWICZ	POL	M 20	25	M 115		00:08:53	00:18:48.95	00:19:02.60	3:45	16
116	FRĄCZYK PAWEŁ	318		WARSZAWA	POL	M 30	50	M 116		00:08:37	00:18:49.05	00:19:13.95	3:45	15.9
117	CZARNOCKI WOJCIECH	202	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 20	26	M 117	ADIDAS RUNNERS WARSAW	00:08:54	00:18:49.70	00:19:05.25	3:45	15.9
118	LEWDOROWICZ WOJCIECH	779	SAM SOBIE KLUBEM	KADY	POL	M 40	32	M 118		00:08:23	00:18:50.35	00:19:15.55	3:46	15.9
119	FILIPIAK ADAM	307	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 30	51	M 119	ŁÓDŹ KOCHA SPORT	00:08:48	00:18:51.05	00:19:02.50	3:46	15.9
120	KASPRZYK KACPER	2041		WARSZAWA	POL	M 16	2	M 120		00:08:17	00:18:51.45	00:19:16.20	3:46	15.9
121	BIELECKI JAKUB	74		WARSZAWA	POL	M 30	52	M 121		00:08:57	00:18:53.25	00:19:12.10	3:46	15.9
122	BEŁZ DANIEL	66		PIASECZNO	POL	M 30	53	M 122		00:09:06	00:18:56.55	00:19:32.10	3:47	15.8
123	RUSZNIK PIOTR	1209	LIPIEC RUNNING TEAM	PIASECZNO	POL	M 40	33	M 123	LIPIEC RUNNING TEAM	00:08:59	00:18:56.60	00:19:03.45	3:47	15.8
124	GÓRECKI RAFAŁ	388		LESZNO	POL	M 40	34	M 124	ADIDAS RUNNERS WARSAW	00:08:43	00:18:56.90	00:19:07.40	3:47	15.8
125	ZIELIŃSKI ŁUKASZ	1649	GÓRA BIEGA	GÓRA KALWARIA	POL	M 30	54	M 125	GÓRA BIEGA - DZIKI	00:08:54	00:18:57.25	00:19:09.70	3:47	15.8
126	OWCZAREK KACPER	2072	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 14	2	M 126	ŁÓDŹ KOCHA SPORT	00:08:47	00:18:57.95	00:19:27.60	3:47	15.8
127	KUKLA-KUKLEWICZ MICHAŁ	734		WARSZAWA	POL	M 20	27	M 127		00:08:57	00:18:59.95	00:19:39.50	3:47	15.8
128	OCHMAN MICHAŁ	981	BEC POLAND	WARSZAWA	POL	M 40	35	M 128		00:09:03	00:19:02.50	00:19:41.45	3:48	15.8
129	ZHENG HAISHAN	1647		TARCZYN	POL	M 40	36	M 129		00:08:59	00:19:03.05	00:19:35.75	3:48	15.7
130	TELEON PIOTR	1441	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M 40	37	M 130	JACEKBIEGA RUNNING TEAM	00:08:46	00:19:03.75	00:19:17.65	3:48	15.7
131	OLCZAK JANUSZ	989	BIEGANIE 50+	WARSZAWA	POL	M 50	9	M 131		00:09:12	00:19:03.95	00:19:14.55	3:48	15.7
132	PIATKA TOMASZ	1060	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	55	M 132	ADIDAS RUNNERS WARSAW	00:09:06	00:19:05.55	00:19:15.40	3:49	15.7
133	KALINOWSKI BARTOSZ	2038	KONDYCJA	NOWA IWICZNA	POL	M 16	3	M 133		00:08:57	00:19:07.90	00:19:17.05	3:49	15.7
134	DUDELA ADRIAN	1778	KAZIKI	WARSZAWA	POL	M 40	38	M 134	KAZIKI	00:08:42	00:19:08.05	00:19:34.85	3:49	15.7
135	KNAP CZAREK	607	HOŻA TEAM SKYRUNNERS	SZCZECIN	POL	M 50	10	M 135		00:09:05	00:19:09.90	00:19:24.90	3:49	15.7
136	ŚWIĘCICKI TOMASZ	1434	ACCELERATING POLAND	WARSZAWA	POL	M 40	39	M 136	ACCELERATING POLAND	00:08:27	00:19:10.30	00:19:29.20	3:50	15.7
137	CYGLER SŁAWEK	195	WKS WAWEL	WARSZAWA	POL	M 30	56	M 137	WKS WAWEL KRAKÓW	00:09:06	00:19:10.95	00:19:46.95	3:50	15.7
138	STOLARSKI KRZYSZTOF	1945	BIEGAJĄCE ZĄBKI	ZĄBKI	POL	M 50	11	M 138		00:08:58	00:19:11.15	00:19:24.90	3:50	15.6
139	WASILEWSKI KUBA	1511		WARSZAWA	POL	M 30	57	M 139		00:08:45	00:19:11.30	00:19:38.20	3:50	15.6
140	SZYMAŃCZYK IGOR	1412		WARSZAW	POL	M 30	58	M 140		00:09:07	00:19:11.60	00:19:50.00	3:50	15.6
141	DABROWA KAMIL	216	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 50	12	M 141	LIPIEC RUNNING TEAM	00:08:58	00:19:12.15	00:19:20.50	3:50	15.6
142	KOBUSZEWSKI ARTUR	611	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	40	M 142	BIEGOWY WARIAT RUNNING TEAM	00:08:47	00:19:15.35	00:19:40.85	3:51	15.6
143	SZYMAŃSKI BARTŁOMIEJ	1419	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40	41	M 143	ADIDAS RUNNERS WARSAW	00:09:10	00:19:15.90	00:19:30.95	3:51	15.6
144	PIKUS PRZEMEK	1074	LIPIEC RUNNING TEAM	BABICE NOWE	POL	M 40	42	M 144	LIPIEC RUNNING TEAM	00:08:50	00:19:15.95	00:19:24.30	3:51	15.6
145	DOBROŁĘCKI JACEK	243	KONRAD NOSARZEWSKI BADANIA DIETA TRENING	STUPSK	POL	M 20	28	M 145		00:08:14	00:19:16.10	00:19:20.00	3:51	15.6
146	WIELOGÓRSKI IGNACY	2103		WARSZAWA	POL	M 16	4	M 146		00:08:33	00:19:18.20	00:19:39.40	3:51	15.5
147	ZDEB PRZEMEK	1642	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40	43	M 147	ADIDAS RUNNERS WARSAW	00:09:03	00:19:18.90	00:19:33.55	3:51	15.5
148	SYGULA MATEUSZ	1372	KOLARSKI.EU TEAM	MICHAŁOWICE	POL	M 40	44	M 148		00:08:38	00:19:20.70	00:19:23.00	3:52	15.5
149	SZYMAŃSKI HUBERT	1415	BIEGOWY WARIAT RUNNING TEAM	ŁOMIANKI	POL	M 40	45	M 149	BIEGOWY WARIAT RUNNING TEAM	00:09:14	00:19:22.10	00:19:44.50	3:52	15.5
150	CZUB DANIEL	211		WARSZAWA	POL	M 30	59	M 150		00:08:59	00:19:22.55	00:20:05.75	3:52	15.5
151	BANASIUK MACIEJ	47		WARSZAWA	POL	M 50	13	M 151		00:08:55	00:19:23.15	00:19:35.95	3:52	15.5
152	CHEŁMIŃSKI GRZEGORZ	156	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 50	14	M 152	LIPIEC RUNNING TEAM	00:09:00	00:19:23.65	00:19:50.65	3:52	15.5

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
153	KARWACZ JAKUB	551		STARE LIPINY	POL	M 30	60	M 153		00:09:25	00:19:24.40	00:19:41.15	3:52	15.5
154	MIKULSKI JACEK	907	ADIDAS RUNNERS WARSAW	WARSAWA	POL	M 50	15	M 154	ADIDAS RUNNERS WARSAW	00:09:10	00:19:25.15	00:19:41.25	3:53	15.5
155	FAJKOWSKI PIOTR	293	ADIDAS RUNNERS WARSAW	WARSAWA	POL	M 30	61	M 155	ADIDAS RUNNERS WARSAW	00:08:56	00:19:25.50	00:19:39.85	3:53	15.5
156	SOFUL TOMASZ	1308		WARSAWA	POL	M 40	46	M 156		00:09:00	00:19:25.75	00:19:32.40	3:53	15.5
157	RYDZ-MOŚCICKI ROBERT	1221		WARSAWA	POL	M 40	47	M 157		00:09:08	00:19:25.80	00:19:29.75	3:53	15.5
158	KLIMEK JAKUB	2044		WARSAWA	POL	M 16	5	M 158		00:09:25	00:19:26.00	00:19:43.20	3:53	15.4
159	WRONOWSKI MARCIN	1590	JEDNOOSOBOWY KLUB MYSZKA MISIO MILUSIA	WARSAWA	POL	M 20	29	M 159		00:09:05	00:19:26.45	00:20:04.15	3:53	15.4
160	STAEVEN KRZYSZTOF	1326	TEAM ZABIEGANEDNI	WARSAWA	POL	M 40	48	M 160	TEAM ZABIEGANEDNI #2	00:09:10	00:19:27.00	00:20:05.45	3:53	15.4
161	KACPRZYK ALEX	511	RP RUNNERS	WARSAWA	POL	M 50	16	M 161		00:09:24	00:19:28.55	00:19:45.75	3:53	15.4
162	SŁAWIŃSKI PIOTR	1286		WARSAWA	POL	M 40	49	M 162		00:08:57	00:19:29.20	00:20:12.50	3:53	15.4
163	CIESIELSKI MARCIN	1760	WARSAW RUN CLUB	SKIERNIEWICE	POL	M 40	50	M 163	WARSAW RUN CLUB	00:09:23	00:19:30.15	00:19:47.65	3:54	15.4
164	MARCHEWKA JAN	1854	SZKOŁA FUNDACJA PRIMUS ZOLTANA BALO	WARSAWA	POL	M 60	1	M 164		00:09:14	00:19:30.35	00:19:47.65	3:54	15.4
165	KŁYS MATEUSZ	606		WARSAWA	POL	M 30	62	M 165		00:09:26	00:19:32.60	00:19:56.30	3:54	15.4
166	JASKÓLSKI BARTŁOMIEJ	478		OSTROŻEN PIERWSZY	POL	M 20	30	M 166		00:09:23	00:19:33.00	00:19:52.50	3:54	15.3
167	PLUTA PATRYK	1092		PRZEDBÓRZ	POL	M 20	31	M 167		00:08:57	00:19:33.05	00:19:47.00	3:54	15.3
168	MARON JACEK	860	ADIDAS RUNNERS WARSAW	WARSAWA	POL	M 50	17	M 168	ADIDAS RUNNERS WARSAW	00:08:52	00:19:33.40	00:19:48.80	3:54	15.3
169	OKHOTNIKOV MYKHAILO	984		WARSAWA	UKR	M 20	32	M 169		00:09:00	00:19:34.10	00:19:48.35	3:54	15.3
170	WOŁOSEWICZ KAMIL	1578	TEAM ZABIEGANEDNI	WARSAWA	POL	M 40	51	M 170	TEAM ZABIEGANEDNI	00:09:22	00:19:34.95	00:19:50.70	3:54	15.3
171	BOCZARSKI PAWEŁ	93		WARSAWA	POL	M 30	63	M 171		00:09:15	00:19:35.30	00:19:52.80	3:55	15.3
172	KOSIERADZKI TOMASZ	656	KS STASZEWSKY	WARSAWA	POL	M 30	64	M 172	KS STASZEWSKY	00:09:21	00:19:36.10	00:19:58.65	3:55	15.3
173	SZTYLKO MICHAŁ	1401		WARSAWA	POL	M 40	52	M 173		00:09:15	00:19:37.10	00:20:19.30	3:55	15.3
174	BARTOSZEK KONRAD	56		WARSAWA	POL	M 40	53	M 174	ADIDAS RUNNERS WARSAW	00:09:25	00:19:37.15	00:19:55.70	3:55	15.3
175	JASIŃSKI ŁUKASZ	476		ZŁOTOKŁOS	POL	M 40	54	M 175		00:09:29	00:19:37.15	00:19:55.15	3:55	15.3
176	SOBCZAK GRZEGORZ	1300		ŁOMIANKI	POL	M 40	55	M 176		00:09:25	00:19:37.40	00:19:55.50	3:55	15.3
177	CIERNIEWSKI MACIEJ	183	ARTUR KOZŁOWSKI TEAM (PLANBIEGANIE.PL)	STACHOWO	POL	M 30	65	M 177	ARTUR KOZŁOWSKI TEAM (PLANBIEGANIE.PL)	00:09:22	00:19:38.80	00:19:55.15	3:55	15.3
178	STĘPIEŃ ANDRZEJ	1078	EXOTEAM	WARSAWA	POL	M 40	56	M 178	EXOTEAM	00:08:56	00:19:39.05	00:20:11.05	3:55	15.3
179	MAZUR MAREK	888		BOBROWIEC	POL	M 50	18	M 179		00:09:14	00:19:39.20	00:19:52.45	3:55	15.3
180	MARZEC ZBIGNIEW	864	PIASECZYŃSKI BIEGACZ	PIASECZNO	POL	M 30	66	M 180		00:09:06	00:19:40.35	00:19:43.20	3:56	15.3
181	JURSKI SZYMON	505	KAZIKI	WARSAWA	POL	M 30	67	M 181	KAZIKI	00:09:28	00:19:40.55	00:19:54.40	3:56	15.3
182	RELUGA GRZEGORZ	1178	CZARNECKI RUN TEAM	WARSAWA	POL	M 50	19	M 182	CZARNECKI RUN TEAM	00:08:53	00:19:41.60	00:20:11.85	3:56	15.2
183	PRUCHNIAK ROBERT	1125	LIPIEC RUNNING TEAM	WARSAWA	POL	M 50	20	M 183	LIPIEC RUNNING TEAM	00:09:20	00:19:42.65	00:19:52.60	3:56	15.2
184	CZEREWACZ ANDRZEJ	1767		KRAKÓW	POL	M 20	33	M 184		00:09:24	00:19:44.30	00:20:02.30	3:56	15.2
185	GÓRSKI PATRYK	2028	UKS OSIR GÓRA KALWARIA	DOBIESZ	POL	M 16	6	M 185		00:08:37	00:19:44.35	00:20:14.10	3:56	15.2
186	MACIEJOWICZ MICHAŁ	817	VEGERUNNERS	WARSAWA	POL	M 30	68	M 186		00:08:39	00:19:44.60	00:19:53.15	3:56	15.2
187	KOŁODZIEJSKI MICHAŁ	621	LIPIEC RUNNING TEAM	WARSAWA	POL	M 40	57	M 187	LIPIEC RUNNING TEAM	00:09:21	00:19:44.95	00:19:54.60	3:56	15.2
188	WAŚNIEWSKI PAWEŁ	1981		WARSAWA	POL	M 20	34	M 188		00:09:01	00:19:45.20	00:19:59.55	3:57	15.2
189	ŻUREK KAZIMIERZ	1675	M.I.L.A.	NOWA IWICZNA	POL	M 30	69	M 189		00:09:24	00:19:45.20	00:20:03.30	3:57	15.2
190	WOLSKI KRZYSZTOF	1576		WARSAWA	POL	M 40	58	M 190		00:09:05	00:19:45.45	00:20:25.30	3:57	15.2
191	SOBOLEWSKI MATEUSZ	1303	ŻÓRAWSKI TEAM	WARSAWA	POL	M 20	35	M 191	ŻÓRAWSKI TEAM	00:09:05	00:19:45.50	00:19:57.65	3:57	15.2
192	WIERZCHOŁOWSKI MARCIN	1529		WARSAWA	POL	M 40	59	M 192		00:09:24	00:19:46.05	00:20:09.80	3:57	15.2
193	PISKAŁA DANIEL	1731	POWER TRAINING	WARSAWA	POL	M 40	60	M 193		00:09:17	00:19:46.40	00:20:06.35	3:57	15.2
194	ANDERS DANIEL	23		MYSIADŁO	POL	M 40	61	M 194		00:09:06	00:19:47.50	00:19:56.15	3:57	15.2
195	STROJKOWSKI BARTOSZ	1352	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 40	62	M 195	ŁÓDŹ KOCHA SPORT	00:08:51	00:19:47.60	00:20:21.80	3:57	15.2
196	MATEJEK RAFAŁ	874	STOMILEX	WARSAWA	POL	M 30	70	M 196		00:09:14	00:19:47.60	00:19:59.30	3:57	15.2
197	UMIASTOWSKI BARTOSZ	1492		NOWY DWÓR MAZOWIECKI	POL	M 20	36	M 197		00:09:24	00:19:48.85	00:20:12.55	3:57	15.2
198	ŁUKOMSKI JANUSZ	809	PKO BANK POLSKI	WARSAWA	POL	M 40	63	M 198		00:09:24	00:19:48.95	00:20:05.75	3:57	15.2
199	ŁOCZEWSKI PAWEŁ	801		WARSAWA	POL	M 60	2	M 199		00:09:07	00:19:51.10	00:20:24.70	3:58	15.1
200	SZYMAŃSKI ANDRZEJ	1417		WARSAWA	POL	M 40	64	M 200		00:09:24	00:19:51.10	00:20:10.75	3:58	15.1

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
201	NIEMIRA MICHAŁ	959	MPK WYBIEGANIE	WARSZAWA	POL	M 30	71	M 201		00:09:26	00:19:51.10	00:20:07.10	3:58	15.1
202	KAWAŁOWSKI MARCIN	564		PRUSZKÓW	POL	M 40	65	M 202		00:09:26	00:19:51.25	00:20:15.50	3:58	15.1
203	GAŁĄZKA TOMASZ	1787		BŁONIE	POL	M 40	66	M 203		00:09:12	00:19:51.45	00:20:15.20	3:58	15.1
204	ROSZKOWSKI WOJCIECH	1198		WARSZAWA	POL	M 60	3	M 204		00:09:19	00:19:51.75	00:20:16.90	3:58	15.1
205	PIOTROWSKI TOMASZ	1901		KONSTANCIN JEZIORNA	POL	M 50	21	M 205		00:08:57	00:19:52.10	00:20:23.90	3:58	15.1
206	FABISIAK MARCIN	291	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	67	M 206	TEAM ZABIEGANEDNI #4	00:09:24	00:19:53.40	00:20:10.80	3:58	15.1
207	DUDEK IGOR	269		JELEŃ GÓRA	POL	M 20	37	M 207		00:09:19	00:19:54.15	00:20:09.40	3:58	15.1
208	GREDA PIOTR	405		WARSZAWA	POL	M 30	72	M 208		00:09:23	00:19:55.00	00:20:15.35	3:59	15.1
209	KOZIOŁ KRZYSZTOF	683		WARSZAWA	POL	M 30	73	M 209		00:09:35	00:19:55.35	00:20:11.20	3:59	15.1
210	BISOWSKI MARIUSZ	87	MARUDY Z KOBYŁKI	KOBYŁKA	POL	M 40	68	M 210	MARUDY Z KOBYŁKI	00:09:29	00:19:55.95	00:20:13.90	3:59	15.1
211	SMOLIŃSKI MICHAŁ	1295		WARSZAWA	POL	M 40	69	M 211		00:09:20	00:19:57.55	00:20:16.35	3:59	15
212	SMOLEŃ PAWEŁ	1293		WARSZAWA	POL	M 30	74	M 212		00:09:23	00:19:58.70	00:20:18.75	3:59	15
213	MAŁEK ŁUKASZ	842	KARDIOLOGSPORTOWY.PL	WARSZAWA	POL	M 40	70	M 213		00:09:21	00:19:58.75	00:20:23.70	3:59	15
214	MIKA JAROSŁAW	1861	KONDYCJA PIASECZNO	PIASECZNO	POL	M 40	71	M 214		00:09:22	00:19:59.85	00:20:21.10	3:59	15
215	PEKAŁSKI MAREK	1054	TRIZARZA	WARSZAWA	POL	M 40	72	M 215		00:09:14	00:19:59.95	00:20:28.90	3:59	15
216	KONDRAT MIRON	2048		ZĄBKI	POL	M 16	7	M 216		00:09:26	00:20:00.95	00:20:23.05	4:00	15
217	MATVEYENKA DZIANIS	879		WARSZAWA	POL	M 30	75	M 217		00:09:25	00:20:01.05	00:20:20.80	4:00	15
218	PUSEK MIKOLAJ	1148	FPL TEAM	WARSZAWA	POL	M 20	38	M 218		00:09:21	00:20:01.55	00:20:22.15	4:00	15
219	MACIEJCZYK PIOTR	816	MCS P	WARSZAWA	POL	M 40	73	M 219		00:09:04	00:20:02.85	00:20:19.75	4:00	15
220	PIKUL PIOTR	1073		WARSZAWA	POL	M 40	74	M 220		00:09:26	00:20:04.95	00:20:22.00	4:00	15
221	CZARNECKI SŁAWOMIR	1765		WARSZAWA	POL	M 30	76	M 221		00:08:54	00:20:05.55	00:20:28.85	4:01	14.9
222	KORYCIŃSKI ANDRZEJ	650		WARSZAWA	POL	M 30	77	M 222		00:09:28	00:20:05.70	00:20:26.10	4:01	14.9
223	RYBAK ADAM	1923	KONDYCJA PIASECZNO	USTANÓW	POL	M 40	75	M 223		00:09:21	00:20:05.90	00:20:27.15	4:01	14.9
224	BIELECKI BARTOSZ	561	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 30	78	M 224		00:09:27	00:20:05.95	00:20:27.60	4:01	14.9
225	PRZEWOZNIK JAN	1136		WARSZAWA	POL	M 40	76	M 225		00:09:20	00:20:06.65	00:20:28.50	4:01	14.9
226	ULICZNY PAWEŁ	1487	REMBERTÓW TEAM	WARSZAWA	POL	M 40	77	M 226	REMBERTÓW TEAM	00:09:26	00:20:08.50	00:20:26.85	4:01	14.9
227	JAKUBIAK WOJCIECH	456		WARSZAWA	POL	M 20	39	M 227		00:09:21	00:20:08.55	00:20:27.65	4:01	14.9
228	ZYGOŃ KRZYSZTOF	1660		WARSZAWA	POL	M 30	79	M 228		00:09:03	00:20:10.80	00:20:49.60	4:02	14.9
229	PIOTROWSKI STANISŁAW	1900	AZS AWF WARSZAWA	KONSTANCIN-JEZIORNA	POL	M 14	3	M 229		00:09:16	00:20:11.30	00:20:24.65	4:02	14.9
230	KRAWCZYŃSKI PRZEMYSŁAW	808		WARSZAWA	POL	M 40	78	M 230		00:09:13	00:20:11.75	00:20:55.75	4:02	14.9
231	RATYŃSKI PAWEŁ	1165		MOGIELNICA	POL	M 30	80	M 231		00:09:21	00:20:13.60	00:20:19.50	4:02	14.8
232	MANCZENKO EUGENIUSZ	848	MARKOWI BIEGACZE	WARSZAWA	POL	M 40	79	M 232	MARKOWI BIEGACZE	00:09:25	00:20:13.60	00:20:30.80	4:02	14.8
233	ŚLIMKO DANIEL	1426		WARSZAWA	POL	M 30	81	M 233		00:09:21	00:20:15.50	00:20:51.55	4:03	14.8
234	JAMBOR MACIEJ	459		WARSZAWA	POL	M 30	82	M 234		00:09:30	00:20:15.80	00:20:35.15	4:03	14.8
235	LEWANDOWSKI MICHAŁ	1836	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 20	40	M 235	ADIDAS RUNNERS WARSAW	00:09:17	00:20:18.15	00:20:34.35	4:03	14.8
236	MACIOŁEK DAREK	818	BNP PARIBAS RUNNING TEAM	SEKOCIN STARY	POL	M 40	80	M 236	BNP PARIBAS RUNNING TEAM	00:09:12	00:20:18.65	00:20:56.20	4:03	14.8
237	ZUBRZYCKI JANUSZ	1658	OLDSKULL	LASKI	POL	M 40	81	M 237		00:09:23	00:20:18.75	00:20:38.10	4:03	14.8
238	MULAK MICHAŁ	936	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	82	M 238	TEAM ZABIEGANEDNI #3	00:09:34	00:20:20.50	00:21:08.30	4:04	14.8
239	MARCZUK ROBERT	857		ZIELONKA	POL	M 40	83	M 239		00:09:15	00:20:22.55	00:20:57.50	4:04	14.7
240	LETKOWSKI DARIUSZ	776	GAPMONT RUNNING TEAM	WARSZAWA	POL	M 40	84	M 240		00:09:25	00:20:23.05	00:20:37.10	4:04	14.7
241	NURZYŃSKI MARCIN	978	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	85	M 241	TEAM ZABIEGANEDNI #2	00:09:27	00:20:23.40	00:20:38.50	4:04	14.7
242	TRONIAK OSKAR	1467	T&T BRO	MICHAŁOWICE	POL	M 16	8	M 242		00:09:23	00:20:23.50	00:20:37.10	4:04	14.7
243	SMOLIŃSKI MATEUSZ	1296		WARSZAWA	POL	M 30	83	M 243		00:09:21	00:20:25.55	00:20:39.90	4:05	14.7
244	ŁACHOWSKI TOMASZ	757		WARSZAWA	POL	M 40	86	M 244		00:09:29	00:20:26.60	00:20:41.45	4:05	14.7
245	ŻURAWSKI MARCIN	1673	ADIDAS RUNNERS WARSAW/ DRUŻYNABLONDYNA	WARSZAWA	POL	M 40	87	M 245	ADIDAS RUNNERS WARSAW	00:09:21	00:20:27.10	00:21:08.00	4:05	14.7
246	GÓRSKI MACIEJ	392		WARSZAWA	POL	M 50	22	M 246		00:09:37	00:20:27.45	00:20:51.15	4:05	14.7
247	CZAPSKI KACPER	200	EMILKRÓLTEAM	GOLICE	POL	M 20	41	M 247		00:09:27	00:20:27.80	00:20:43.90	4:05	14.7
248	LENDZION MARCIN	774	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 16	9	M 248	GRUPA BIEGOWA UM W-WA	00:09:39	00:20:27.85	00:20:58.95	4:05	14.7
249	KUCHARSKI MACIEJ	721	KS STASZEWSKY	WARSZAWA	POL	M 30	84	M 249	KS STASZEWSKY	00:09:11	00:20:30.10	00:21:05.10	4:06	14.6
250	RUZIK RAFAŁ	1920	RURA TEAM	WARSZAWA	POL	M 40	88	M 250		00:09:48	00:20:31.05	00:21:01.80	4:06	14.6

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
251	CIEĆWIERZ MICHAŁ	181		WARSZAWA	POL	M 30	85	M 251		00:09:27	00:20:31.70	00:20:55.95	4:06	14.6
252	SKROBEK ŁUKASZ	1931		ZĄBKI	POL	M 30	86	M 252		00:09:33	00:20:32.10	00:20:50.95	4:06	14.6
253	ALFUT GRZEGORZ	20	VELO SIERPC	SIERPC	POL	M 60	4	M 253		00:09:36	00:20:32.20	00:21:17.90	4:06	14.6
254	OWCZAREK BARTŁOMIEJ	1018	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 30	87	M 254	ŁÓDŹ KOCHA SPORT	00:09:46	00:20:32.20	00:21:03.80	4:06	14.6
255	PROSTKO DARIUSZ	1123	KB PACE WARSZAWA	POŚWIĘTNE	POL	M 30	88	M 255	KB PACE WARSZAWA 2	00:09:27	00:20:32.45	00:20:57.00	4:06	14.6
256	GMURZYŃSKI TOMASZ	368		RADZYMIN	AFG	M 30	89	M 256		00:09:53	00:20:33.30	00:21:07.55	4:06	14.6
257	ZAROŃ BARTŁOMIEJ	2129	AMT...	WARSZAWA	POL	M 40	89	M 257		00:09:23	00:20:34.10	00:21:23.65	4:06	14.6
258	KURNICKI MICHAŁ	746		WARSZAWA	POL	M 20	42	M 258		00:09:37	00:20:34.85	00:21:21.25	4:06	14.6
259	KUZIEMSKI MARCIN	748		WARSZAWA	POL	M 40	90	M 259		00:09:26	00:20:36.60	00:20:58.25	4:07	14.6
260	KUCHARSKI PIOTR	720	12TRI.PL	LUBARTÓW	POL	M 50	23	M 260	12TRI.PL	00:09:28	00:20:36.95	00:20:57.85	4:07	14.6
261	KOSMAŁA ANTONI	2119		WARSZAWA	POL	M 16	10	M 261		00:09:41	00:20:37.50	00:21:03.90	4:07	14.6
262	CHŁAŚCIAK ADAM	159		WARSZAWA	POL	M 30	90	M 262		00:09:32	00:20:37.70	00:20:55.50	4:07	14.6
263	KULESZA DAMIAN	735	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	91	M 263	ADIDAS RUNNERS WARSAW	00:09:35	00:20:38.10	00:21:23.15	4:07	14.5
264	MALYSHKA ANDREI	841		WARSZAWA	BLR	M 30	92	M 264		00:09:54	00:20:38.45	00:21:08.60	4:07	14.5
265	BUDNICKI MICHAŁ	126		WARSZAWA	POL	M 40	91	M 265		00:09:26	00:20:38.50	00:20:56.50	4:07	14.5
266	SOKOŁOWSKI KONRAD	1312	WPRUNNING	NOWA WIEŚ	POL	M 40	92	M 266		00:09:48	00:20:38.95	00:21:15.60	4:07	14.5
267	ZYZAŃSKI MIKOŁAJ	1664		WARSZAWA	POL	M 20	43	M 267		00:09:36	00:20:41.35	00:21:36.90	4:08	14.5
268	RUZIK ANTONI	1921	RURA TEAM	WARSZAWA	POL	M 14	4	M 268		00:09:42	00:20:41.85	00:21:16.90	4:08	14.5
269	FONGANG PATRICK	316		WARSZAWA	POL	M 16	11	M 269		00:09:29	00:20:41.95	00:21:00.70	4:08	14.5
270	GRABOWSKI MICHAŁ	398	MORDERCZE OPONKI	SUCHEDNIÓW	POL	M 30	93	M 270	MORDERCZE OPONKI	00:09:21	00:20:42.10	00:21:06.65	4:08	14.5
271	SZYBAŁSKI MICHAŁ	1407		MARKI	POL	M 30	94	M 271		00:09:39	00:20:42.15	00:21:26.45	4:08	14.5
272	LEWIŃSKI BARTŁOMIEJ	780	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	93	M 272	TEAM ZABIEGANEDNI	00:09:26	00:20:43.00	00:20:59.80	4:08	14.5
273	DOMAGAŁA JAROSŁAW	1730	AKTYWNA WARSZAWA	WARSZAWA (OCHOTA)	POL	M 50	24	M 273	AKTYWNA WARSZAWA	00:09:47	00:20:43.70	00:21:15.15	4:08	14.5
274	STOBNICKI MATEUSZ	1944	GĄBIN BIEGA	BŁONIE	POL	M 30	95	M 274		00:09:49	00:20:43.80	00:21:12.85	4:08	14.5
275	KRZTOŃ KRZYSZTOF	710		WARSZAWA	POL	M 30	96	M 275		00:09:53	00:20:44.15	00:21:14.10	4:08	14.5
276	WITKOWSKI MIROŚLAW	1989	PKS MOCZYMORDY	WARSZAWA (MOKOTÓW)	POL	M 30	97	M 276			00:20:44.40	00:20:44.40	4:08	14.5
277	URBAŃSKI MIROŚLAW	1497		SIERADZ	POL	M 50	25	M 277		00:09:37	00:20:45.20	00:21:32.70	4:09	14.5
278	BODZIOCH ARTUR	96	ŚLĘZAK TEAM	WARSZAWA	POL	M 30	98	M 278		00:09:57	00:20:46.15	00:21:19.90	4:09	14.4
279	KURIATA KAMIL	745		WARSZAWA	POL	M 40	94	M 279		00:09:36	00:20:46.20	00:21:33.50	4:09	14.4
280	TROŃSKI JACEK	1463	BIKE SALON TEAM	WARSZAWA	POL	M 40	95	M 280		00:09:55	00:20:47.95	00:21:17.90	4:09	14.4
281	FREJ DAMIAN	1723		ZGORZAŁA	POL	M 30	99	M 281		00:09:57	00:20:48.35	00:21:16.40	4:09	14.4
282	THIEL ALEKSANDER	1965		REGUŁY	POL	M 14	5	M 282		00:09:23	00:20:48.70	00:21:15.70	4:09	14.4
283	AUGUSTYŃIAK MARIUSZ	39		MARKI	POL	M 50	26	M 283		00:09:43	00:20:48.70	00:21:36.40	4:09	14.4
284	BARAŃSKI PIOTR	50		JÓZEFOSŁAW	POL	M 40	96	M 284		00:09:40	00:20:50.20	00:21:10.55	4:10	14.4
285	FELIGA MARIUSZ	299		GRANICE	POL	M 40	97	M 285		00:09:31	00:20:50.70	00:21:33.20	4:10	14.4
286	PAZDAN MATEUSZ	1049		WARSZAWA	POL	M 40	98	M 286		00:09:43	00:20:50.80	00:21:06.00	4:10	14.4
287	NOWOCIEŃ JACEK	975	UKS RUSIEC	PODKOWA LEŚNA	POL	M 60	5	M 287		00:09:35	00:20:50.90	00:21:11.30	4:10	14.4
288	KOSESKI MACIEJ	654		WARSZAWA	POL	M 30	100	M 288		00:09:40	00:20:51.40	00:21:25.75	4:10	14.4
289	KAMIŃSKI TOMASZ	534		BYDGOSZCZ	POL	M 30	101	M 289		00:09:18	00:20:51.85	00:21:32.35	4:10	14.4
290	MAJ GRZEGORZ	826		WARSZAWA	POL	M 30	102	M 290		00:09:36	00:20:52.00	00:21:40.50	4:10	14.4
291	GONCHAROV MICHAEL	381	KS LEMIESZ TEAM	WARSZAWA	POL	M 30	103	M 291	KS LEMIESZ TEAM	00:09:54	00:20:53.40	00:21:17.25	4:10	14.4
292	PIECYK KACPER	1894		WARSZAWA	POL	M 16	12	M 292		00:09:34	00:20:53.65	00:21:25.30	4:10	14.4
293	GRYZ JACEK	417	SUNFIT STUDIO	NOWY DWÓR MAZOWIECKI	POL	M 40	99	M 293		00:09:54	00:20:55.25	00:21:28.35	4:11	14.3
294	GIEGIEL ŁUKASZ	354		WARSZAWA	POL	M 30	104	M 294		00:09:34	00:20:56.25	00:21:19.15	4:11	14.3
295	GOŁĘBIEWSKI ŁUKASZ	380		WARSZAWA	POL	M 40	100	M 295		00:09:37	00:20:56.50	00:21:11.70	4:11	14.3
296	GÓRCZYŃSKI MICHAŁ	387	KSSTASZEWSKY	WARSZAWA	POL	M 40	101	M 296	KS STASZEWSKY	00:09:36	00:20:56.80	00:21:19.80	4:11	14.3
297	DWORAK ŁUKASZ	273		WARSZAWA	POL	M 16	13	M 297		00:09:51	00:20:57.15	00:21:27.50	4:11	14.3
298	TRONIAZ MARCIN	1465		RASZYN	POL	M 40	102	M 298		00:09:57	00:20:58.60	00:21:37.05	4:11	14.3
299	GRUBKA MARCIN	2142		-	POL	M 40	103	M 299		00:10:08	00:20:58.60	00:21:32.75	4:11	14.3
300	URBANIAK ROBERT	1494	ORANGE POLSKA	WARSZAWA	POL	M 40	104	M 300		00:09:24	00:20:59.85	00:21:19.80	4:11	14.3
301	RĄBAŁSKI MARCIN	1167		WARSZAWA	POL	M 30	105	M 301	ADIDAS RUNNERS WARSAW	00:09:35	00:21:00.20	00:21:45.60	4:12	14.3
302	ŁATKOWSKI ŁUKASZ	797	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	M 40	105	M 302		00:10:01	00:21:01.10	00:22:08.20	4:12	14.3
303	ZAWODZIAN PIOTR	1638		WARSZAWA	POL	M 30	106	M 303		00:09:38	00:21:01.70	00:21:47.15	4:12	14.3
304	OLSZAK ZENON	998	KG OŻARÓW MAZOWIECKI BIEGA	WARSZAWA	POL	M 50	27	M 304	WARSAW RUN CLUB	00:09:20	00:21:03.15	00:21:38.90	4:12	14.3

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
305	KULIGOWSKI ADRIAN	1829		RADZYMIN	POL	M 20	44	M 305		00:09:48	00:21:03.45	00:21:54.40	4:12	14.3
306	SZORTYKA MARCIN	1396		WARSZAWA	POL	M 40	106	M 306		00:09:34	00:21:03.65	00:21:28.20	4:12	14.3
307	KNYCHAS DAREK	609	PZU SPORT TEAM	WARSZAWA	POL	M 50	28	M 307	PZU SPORT TEAM	00:09:59	00:21:03.80	00:21:36.60	4:12	14.3
308	KUNOWSKI MATEUSZ	743		WARSZAWA	POL	M 20	45	M 308		00:09:46	00:21:05.95	00:21:36.60	4:13	14.2
309	ADAMCZYK PRZEMYSŁAW	12	ADIDAS RUNNERS WARSAW / RYKOWISKO TEAM	WARSZAWA	POL	M 40	107	M 309	ADIDAS RUNNERS WARSAW	00:10:11	00:21:06.90	00:22:09.20	4:13	14.2
310	KLIBISZ SŁAWOMIR	594		WARSZAWA	POL	M 50	29	M 310		00:09:54	00:21:08.75	00:21:38.10	4:13	14.2
311	PRUCHNIEWSKI SŁAWOMIR	1128	WP	WARSZAWA	POL	M 40	108	M 311		00:09:55	00:21:08.80	00:21:33.75	4:13	14.2
312	TOLAK PIOTR	1449	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	107	M 312	ADIDAS RUNNERS WARSAW	00:09:32	00:21:09.00	00:21:51.00	4:13	14.2
313	KOWALSKI JAROSŁAW	680		PAPROTNIA	POL	M 40	109	M 313		00:09:49	00:21:09.05	00:21:33.20	4:13	14.2
314	ROMANOWSKI FILIP	2083		JÓZEFÓW	POL	M 16	14	M 314		00:10:11	00:21:09.05	00:22:12.75	4:13	14.2
315	KWIATKOWSKI MATEUSZ	1833	ROZBIEGANY PIASTÓW	PRUSZKÓW	POL	M 30	108	M 315	PAWKO RUNNER TEAM	00:09:59	00:21:09.90	00:21:42.75	4:13	14.2
316	DANIELAK ŁUKASZ	1719		HIPOLITÓW	POL	M 30	109	M 316		00:09:19	00:21:10.10	00:21:48.10	4:14	14.2
317	BIELIŃSKI ŁUKASZ	75		WARSZAWA	POL	M 40	110	M 317		00:09:33	00:21:10.60	00:22:04.35	4:14	14.2
318	BUDKOWSKI PATRYK	124		WARSZAWA	POL	M 30	110	M 318		00:09:30	00:21:11.30	00:21:30.25	4:14	14.2
319	KONDRAT OSKAR	2049		ZĄBKI	POL	M 16	15	M 319		00:09:09	00:21:11.70	00:21:51.25	4:14	14.2
320	MALESZKA PAWEŁ	835		JABŁONNA	POL	M 60	6	M 320		00:09:53	00:21:11.85	00:21:43.00	4:14	14.2
321	GOLI LESZEK	374	MOVADO RUNNERS	WARSZAWA	POL	M 40	111	M 321		00:10:02	00:21:11.95	00:22:17.95	4:14	14.2
322	DUDZIK BARTŁOMIEJ	270		IZABELIN	POL	M 20	46	M 322		00:09:48	00:21:12.00	00:21:49.70	4:14	14.2
323	SUŁKOWSKI TYMON	1949		WARSZAWA	POL	M 14	6	M 323		00:09:39	00:21:12.35	00:21:45.30	4:14	14.2
324	ROSINSKI KRZYSZTOF	1194		WARSZAWA	POL	M 50	30	M 324		00:09:47	00:21:13.05	00:21:52.10	4:14	14.1
325	KWAŚNIEWSKI KRZYSZTOF	753		WARSZAWA	POL	M 50	31	M 325		00:10:08	00:21:13.35	00:22:12.20	4:14	14.1
326	ROŻEJ DAMIAN	1199	SPACE CAR AUTOMOTIVE	ZGORZAŁA	POL	M 30	111	M 326		00:09:56	00:21:14.80	00:22:02.60	4:14	14.1
327	NIEMCZYK DAMIAN	1717	DREAM RUN	WARSZAWA	POL	M 40	112	M 327		00:09:33	00:21:16.35	00:21:41.05	4:15	14.1
328	ŚWISTAK RAFAŁ	1435	WARSZAWA ANIN	WARSZAWA	POL	M 50	32	M 328		00:09:53	00:21:16.55	00:21:47.95	4:15	14.1
329	JAKUBCZAK WOJCIECH	455		WARSZAWA	POL	M 30	112	M 329		00:10:03	00:21:16.85	00:22:16.90	4:15	14.1
330	MYŚLIŃSKI MATEUSZ	944		WARSZAWA	POL	M 20	47	M 330		00:09:45	00:21:16.90	00:21:41.95	4:15	14.1
331	OBUKOWICZ MICHAŁ	980	EMILIA ANKIEWICZ TEAM	WARSZAWA	POL	M 30	113	M 331		00:09:55	00:21:17.20	00:21:35.75	4:15	14.1
332	WOŹNICKI PAWEŁ	1994		WARSZAWA	POL	M 20	48	M 332		00:09:55	00:21:18.15	00:21:49.15	4:15	14.1
333	MIERZEJEWSKI RAFAŁ	901	BIEGAJ W MŁAWIE	GRUDUSK	POL	M 20	49	M 333		00:10:33	00:21:18.70	00:22:06.05	4:15	14.1
334	STAŃSKI SŁAWOMIR	2140		-	POL	M 60	7	M 334		00:10:11	00:21:20.35	00:21:54.80	4:16	14.1
335	TRUSZKOWSKI KAMIL	1469		BIAŁYSTOK	POL	M 30	114	M 335		00:09:56	00:21:20.45	00:21:42.25	4:16	14.1
336	OSIAŁ MARIUSZ	1010	KB IM. PIOTRA SĘKOWSKIEGO	PŁOŃSK	POL	M 40	113	M 336		00:09:51	00:21:20.50	00:21:52.10	4:16	14.1
337	KAMIŃSKI ŁUKASZ	539	PZU SPORT TEAM	ZĄBKI	POL	M 30	115	M 337		00:09:38	00:21:21.30	00:22:05.25	4:16	14.1
338	REMISZ ŁUKASZ	1181		WARSZAWA	POL	M 30	116	M 338		00:09:48	00:21:21.35	00:21:52.00	4:16	14.1
339	MOTYKA PIOTR	930	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	114	M 339	GÓRA BIEGA	00:10:12	00:21:21.85	00:21:54.80	4:16	14.1
340	DOŁĘGOWSKA JAKUB	2016	FUNDACJA MORSY WOŁOMIN KOBYLKA	KOBYŁKA	POL	M 16	16	M 340		00:10:29	00:21:21.95	00:22:07.00	4:16	14.1
341	FIRADZA MICHAŁ	311		KROŚNIEWICE	POL	M 40	115	M 341		00:09:55	00:21:22.20	00:21:51.35	4:16	14
342	MACHALSKI MATEUSZ	813	ASP HOOLIGANS	WARSZAWA	POL	M 30	117	M 342		00:10:10	00:21:22.20	00:21:39.55	4:16	14
343	STRYJEWSKI SEBASTIAN	1355		WARSZAWA	POL	M 30	118	M 343		00:10:01	00:21:22.55	00:22:19.25	4:16	14
344	SZAŁAŃSKI PRZEMYSŁAW	1383		WARSZAWA	POL	M 30	119	M 344		00:09:59	00:21:22.90	00:21:56.45	4:16	14
345	SKUBISZEWSKI PIOTR	1935		WARSZAWA	POL	M 40	116	M 345		00:10:01	00:21:22.90	00:22:22.65	4:16	14
346	NIKIEL SZYMON	1881		KRAKÓW	POL	M 30	120	M 346		00:09:48	00:21:23.35	00:21:49.15	4:16	14
347	NALEPA SZYMON	949		WARSZAWA	POL	M 30	121	M 347		00:10:06	00:21:24.60	00:22:26.40	4:16	14
348	FILOCHOWSKI DANIEL	310	BIEGOWY WARIAT RUNNING TEAM	PRUSZKÓW	POL	M 40	117	M 348	BIEGOWY WARIAT RUNNING TEAM	00:10:06	00:21:24.75	00:22:26.75	4:16	14
349	MARSZAŁEK MARCIN	861		WARSZAWA	POL	M 30	122	M 349		00:09:58	00:21:24.95	00:21:45.60	4:16	14
350	MILCZARCZYK DARIUSZ	1862	WKZ KOZIENICE BBL	KOZIENICE	POL	M 30	123	M 350	WKZ KOZIENICE BBL	00:10:07	00:21:26.00	00:21:59.80	4:17	14
351	WIŚNIEWSKI MACIEK	1550		WARSZAWA	POL	M 40	118	M 351		00:09:59	00:21:26.50	00:22:16.80	4:17	14
352	SYLWESTROWICZ WOJCIECH	1952	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 40	119	M 352	ŁÓDŹ KOCHA SPORT	00:10:00	00:21:26.85	00:21:58.80	4:17	14
353	SZAREK GUSTAW	1955		WARSZAWA	POL	M 30	124	M 353	VALENTINO ULTRAS	00:10:20	00:21:27.25	00:22:12.80	4:17	14
354	BAS MICHAŁ	57		WARSZAWA	POL	M 30	125	M 354		00:10:03	00:21:27.75	00:22:00.85	4:17	14
355	IWANIUK TOMASZ	443	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M 40	120	M 355		00:10:03	00:21:27.80	00:21:57.40	4:17	14
356	OKRASA MICHAŁ	985		WARSZAWA	POL	M 20	50	M 356		00:09:47	00:21:28.00	00:22:04.20	4:17	14
357	KOPEĆ TOMASZ	1821		WARSZAWA	POL	M 40	121	M 357		00:10:16	00:21:28.35	00:22:20.25	4:17	14

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
358	STRZELECKI PIOTR	1360		WARSZAWA	POL	M 40	122	M 358		00:09:59	00:21:28.45	00:21:57.90	4:17	14
359	KALBARCZYK WOJTEK	520	ADIDAS RUNNERS WARSZAW	WARSZAWA	POL	M 30	126	M 359	ADIDAS RUNNERS WARSZAW	00:09:56	00:21:28.85	00:21:56.75	4:17	14
360	GRYCNER PAWEŁ	414	CTS	WARSZAWA	POL	M 30	127	M 360		00:09:54	00:21:29.00	00:21:53.45	4:17	14
361	KOWALSKI ROBERT	676	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 60	8	M 361		00:09:58	00:21:29.85	00:22:21.00	4:17	14
362	PRZYWARA MICHAŁ	1141		WARSZAWA	POL	M 40	123	M 362		00:10:12	00:21:30.10	00:21:39.85	4:18	14
363	BAZYLUK ANDRZEJ	1743		WARSZAWA	POL	M 50	33	M 363		00:09:38	00:21:30.60	00:22:21.50	4:18	14
364	CHMIELEWSKI MACIEJ	162		WARSZAWA	POL	M 40	124	M 364		00:10:30	00:21:31.40	00:22:15.75	4:18	13.9
365	TELEŚNICKI GRZEGORZ	1963	BBL_GROTY	WARSZAWA	POL	M 50	34	M 365		00:10:14	00:21:32.00	00:22:17.95	4:18	13.9
366	FALBA ZBIGNIEW	296	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M 50	35	M 366	BIEGNIJ Z PROSERVICE	00:10:26	00:21:32.00	00:22:18.95	4:18	13.9
367	GWIAZDA MARCIN	423		WARSZAWA	POL	M 30	128	M 367		00:10:28	00:21:33.85	00:22:22.10	4:18	13.9
368	KUBICKI JAKUB	716	ESSA	WARSZAWA	POL	M 20	51	M 368	ESSA	00:10:14	00:21:35.10	00:22:37.40	4:19	13.9
369	POŁCZYŃSKI MACIEJ	1906		WARSZAWA	POL	M 20	52	M 369		00:10:29	00:21:35.55	00:23:25.75	4:19	13.9
370	MACHOŃ PAWEŁ	814	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	125	M 370	GRUPA BIEGOWA UM W-WA	00:10:26	00:21:35.95	00:22:12.00	4:19	13.9
371	RUDNIK MARCIN	1205		WARSZAWA	POL	M 40	126	M 371		00:10:11	00:21:38.20	00:22:06.00	4:19	13.9
372	PALUCH KAMIL	1029		WARSZAWA	POL	M 30	129	M 372		00:10:07	00:21:38.90	00:22:41.60	4:19	13.9
373	KORAL JAKUB	637		WARSZAWA	POL	M 30	130	M 373		00:09:59	00:21:39.95	00:22:06.35	4:19	13.9
374	ZENTARA ZBIGNIEW	1644		WARSZAWA	POL	M 40	127	M 374		00:09:27	00:21:40.00	00:22:00.30	4:20	13.8
375	RAKOMSIN YURY	1912		WARSZAWA	POL	M 40	128	M 375		00:09:55	00:21:40.20	00:22:09.15	4:20	13.8
376	ZENTARA MATEUSZ	1645		WARSZAWA	POL	M 16	17	M 376		00:09:28	00:21:40.50	00:22:00.60	4:20	13.8
377	JARZYŃSKI KAMIL	474		WARSZAWA	POL	M 30	131	M 377		00:10:28	00:21:41.15	00:22:28.85	4:20	13.8
378	WNUK TOMASZ	1563		WARSZAWA	POL	M 40	129	M 378		00:10:11	00:21:41.60	00:22:43.55	4:20	13.8
379	PROBOSZ STANISŁAW	2080		WARSZAWA	POL	M 16	18	M 379		00:10:23	00:21:45.30	00:22:03.45	4:21	13.8
380	SAJKOWSKI ANDRZEJ	1232	METRO WARSZAWSKIE	WARSZAWA	POL	M 70	1	M 380		00:09:55	00:21:45.50	00:22:08.50	4:21	13.8
381	POMASKI PAWEŁ	1104	WARSAW RUN CLUB	WARSZAWA	POL	M 50	36	M 381	WARSAW RUN CLUB	00:10:12	00:21:45.70	00:22:40.05	4:21	13.8
382	JEDNACHOWSKI MARCIN	485	PUCK	WARSZAWA	POL	M 30	132	M 382		00:10:29	00:21:46.75	00:22:33.00	4:21	13.8
383	MACKENTHUN TOMASZ	2056		WARSZAWA	POL	M 16	19	M 383		00:09:47	00:21:48.30	00:22:06.40	4:21	13.8
384	BOJARSKI MAREK	69		WARSZAWA	POL	M 30	133	M 384		00:09:51	00:21:49.15	00:22:03.50	4:21	13.8
385	TROJDAN SEBASTIAN	1464	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	130	M 385	TEAM ZABIEGANEDNI	00:10:19	00:21:49.20	00:22:24.75	4:21	13.8
386	BUKOWIŃSKI DAMIAN	135		WARSZAWA	POL	M 30	134	M 386		00:10:47	00:21:49.85	00:23:33.80	4:21	13.8
387	PIASECKI TOMASZ	1056		WARSZAWA	POL	M 40	131	M 387		00:10:08	00:21:51.60	00:22:41.40	4:22	13.7
388	DRAGAN RADOSŁAW	257		WARSZAWA	POL	M 40	132	M 388		00:10:15	00:21:51.90	00:22:17.20	4:22	13.7
389	BURZYKOWSKI JAKUB	141		ŁOWICZ	POL	M 20	53	M 389		00:10:32	00:21:53.20	00:23:09.15	4:22	13.7
390	GAŁECKI MICHAŁ	337	ADIDAS RUNNERS WARSZAW	WARSZAWA	POL	M 50	37	M 390	ADIDAS RUNNERS WARSZAW	00:09:51	00:21:53.40	00:22:25.30	4:22	13.7
391	KOŁOSOWSKI PIOTR	1818		WARSZAWA	POL	M 40	133	M 391		00:10:29	00:21:53.50	00:22:38.00	4:22	13.7
392	KLAMBOROWSKI ARTUR	590	KB PACE WARSZAWA	WARSZAWA	POL	M 30	135	M 392	KB PACE WARSZAWA	00:10:32	00:21:53.65	00:22:40.10	4:22	13.7
393	CIOK PRZEMEK	190	KS STASZEWSKY	WARSZAWA	POL	M 40	134	M 393	KS STASZEWSKY	00:10:00	00:21:54.45	00:22:06.30	4:22	13.7
394	DĄBROWSKI LEONARD	2014		WARSZAWA	POL	M 12	1	M 394		00:10:30	00:21:55.55	00:22:55.80	4:23	13.7
395	SAPIGÓRSKI RAFAŁ	1233		WARSZAWA	POL	M 40	135	M 395		00:10:40	00:21:55.85	00:22:59.10	4:23	13.7
396	PILNIAK MARIUSZ	1077	AKTYWNA WARSZAWA	WARSZAWA	POL	M 40	136	M 396	AKTYWNA WARSZAWA	00:10:29	00:21:56.00	00:22:40.85	4:23	13.7
397	GOLEC TOMASZ	373		WARSZAWA	POL	M 50	38	M 397		00:10:08	00:21:56.80	00:22:33.00	4:23	13.7
398	ŁANDWIJT MARCIN	794		KONSTANTYNÓW ŁÓDZKI	POL	M 50	39	M 398		00:10:34	00:21:56.80	00:22:41.25	4:23	13.7
399	STRZYŻEWSKI ARKADIUSZ	1361	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	137	M 399		00:10:12	00:21:56.85	00:23:04.85	4:23	13.7
400	GRZYWACZ MARCIN	421		WARSZAWA	POL	M 40	138	M 400		00:10:30	00:21:57.90	00:22:35.50	4:23	13.7
401	KUCIŃSKI HUBERT	728	ONSLOW - SEKCJA DZIADKÓW	WARSZAWA	POL	M 40	139	M 401		00:10:11	00:21:58.00	00:23:09.10	4:23	13.7
402	ZALASA WOJCIECH	1617		ŁÓDŹ	POL	M 50	40	M 402	ŁÓDŹ KOCHA SPORT	00:10:12	00:21:59.35	00:22:31.25	4:23	13.6
403	RUTKOWSKI MICHAŁ	1211		WARSZAWA	POL	M 40	140	M 403		00:10:15	00:21:59.40	00:23:03.45	4:23	13.6
404	CICHOCKI MARIUSZ	178	WARSAW RUN CLUB	WARSZAWA	POL	M 30	136	M 404	WARSAW RUN CLUB	00:10:18	00:21:59.90	00:22:32.10	4:23	13.6
405	BAK OSKAR	61	MADMAN TEAM	OTWOCK	POL	M 20	54	M 405		00:10:27	00:22:00.30	00:22:45.65	4:24	13.6
406	ZGODA MATEUSZ	1646		WARSZAWA	POL	M 30	137	M 406	NAPRZÓD MŁOCINY	00:10:31	00:22:00.40	00:22:43.70	4:24	13.6
407	NIEDŹWIADEK CZESŁAW	958	NIEDŹWIADKI RUNNING TEAM	WARSZAWA	POL	M 60	9	M 407		00:10:09	00:22:02.40	00:22:47.30	4:24	13.6
408	WITKOWSKI MICHAŁ	16		WARSZAWA	POL	M 40	141	M 408		00:10:06	00:22:02.50	00:22:33.55	4:24	13.6
409	BUCZKOWSKI PIOTR	121		WARSZAWA	POL	M 40	142	M 409		00:10:16	00:22:02.55	00:22:30.45	4:24	13.6
410	BIENKOWSKI DANIEL	79		WARSZAWA	POL	M 30	138	M 410		00:10:21	00:22:03.70	00:23:34.35	4:24	13.6
411	HUCAŁ GRZEGORZ	439	RCI WARSZAWA	WARSZAWA	POL	M 30	139	M 411		00:10:19	00:22:04.05	00:22:22.20	4:24	13.6

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
412	TURSKI KRYSZTOF	1973		WARSZAWA	POL	M 30	140	M 412		00:10:36	00:22:04.70	00:22:42.75	4:24	13.6
413	BOROVKOV SERGIJ	101	ADIDAS RANNERS WARSZAW	WARSZAWA	POL	M 40	143	M 413	ADIDAS RUNNERS WARSZAW	00:10:11	00:22:05.90	00:22:37.80	4:25	13.6
414	BUDZIK DARIUSZ	128		ZALESIE GÓRNE	POL	M 50	41	M 414		00:10:21	00:22:06.15	00:23:10.20	4:25	13.6
415	MASALSKI MACIEJ	866		WARSZAWA	POL	M 16	20	M 415		00:10:27	00:22:08.15	00:22:54.25	4:25	13.6
416	WRÓBLEWSKI JACEK	1592		JÓZEFÓW	POL	M 40	144	M 416		00:10:30	00:22:08.95	00:22:53.20	4:25	13.6
417	WITKOWSKI MICHAŁ	1554		JÓZEFÓW	POL	M 40	145	M 417		00:10:31	00:22:09.40	00:22:53.05	4:25	13.5
418	KLUJ BOGUSŁAW	602	BIEGAM DLA SANDRY I ROBERTA	ZAKRĘT	POL	M 60	10	M 418		00:10:31	00:22:10.85	00:22:57.75	4:26	13.5
419	WYRZYKOWSKI ANTONI	2110		KONSTANCIN	POL	M 16	21	M 419		00:10:31	00:22:11.15	00:23:26.70	4:26	13.5
420	PĄPROWICZ TYMON	2076		WARSZAWA	POL	M 14	7	M 420	CHŁOPAKI Z KEN	00:10:42	00:22:13.05	00:23:36.20	4:26	13.5
421	SOŁOWIOW MARCIN	1317	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	146	M 421	BIEGOWY WARIAT RUNNING TEAM	00:10:05	00:22:13.55	00:22:36.15	4:26	13.5
422	KASHIVSKYY OLEH	554	DUCLA ACADEMY	WARSZAWA	POL	M 50	42	M 422		00:10:20	00:22:14.00	00:22:43.65	4:26	13.5
423	PAŚ SZYMON	60		WARSZAWA	POL	M 30	141	M 423		00:10:32	00:22:14.00	00:23:02.90	4:26	13.5
424	WOJTAS JANUSZ	1571		WARSZAWA	POL	M 50	43	M 424		00:10:32	00:22:15.00	00:23:35.40	4:27	13.5
425	CHEŁCHOWSKI MICHAŁ	155	PAWKO RUNNER TEAM	WARSZAWA	POL	M 20	55	M 425	PAWKO RUNNER TEAM	00:10:31	00:22:15.15	00:22:47.95	4:27	13.5
426	SZOT FRANCISZEK	2098		WARSZAWA	POL	M 14	8	M 426		00:10:28	00:22:15.60	00:23:14.90	4:27	13.5
427	ORZESZEK PIOTR	1008	TRIWAWA	WARSZAWA	POL	M 30	142	M 427		00:09:58	00:22:17.10	00:22:56.70	4:27	13.5
428	KOWALSKI MARIUSZ	678		WARSZAWA	POL	M 40	147	M 428		00:10:46	00:22:18.95	00:24:00.35	4:27	13.5
429	SZAFRAN MARIUSZ	1378		BRWINÓW	POL	M 40	148	M 429		00:10:45	00:22:19.45	00:23:38.80	4:27	13.4
430	PASIŃSKI DANIEL	1038	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	149	M 430	GRUPA BIEGOWA UM W-WA	00:10:50	00:22:19.60	00:23:25.90	4:27	13.4
431	MNICH ZBIGNIEW	1865		LIPOWO	POL	M 40	150	M 431		00:10:05	00:22:20.00	00:22:50.35	4:28	13.4
432	MATOWICKI MICHAŁ	877		WARSZAWA	POL	M 30	143	M 432		00:10:49	00:22:21.45	00:23:18.45	4:28	13.4
433	KALINOWSKI PATRYK	523	PENDZONCY JELEŃ	WARSZAWA	POL	M 30	144	M 433		00:10:14	00:22:21.55	00:23:31.10	4:28	13.4
434	PUCHALSKI JAN	1142		ŁOWICZ	POL	M 20	56	M 434		00:10:50	00:22:23.45	00:23:19.90	4:28	13.4
435	STANKIEWICZ PIOTR	1333		MARKI	POL	M 30	145	M 435		00:10:17	00:22:24.00	00:23:26.10	4:28	13.4
436	PACEK GERARD	2073		WARSZAWA	POL	M 16	22	M 436		00:10:16	00:22:24.20	00:23:23.05	4:28	13.4
437	KOPCZEWSKI MICHAŁ	629	ROYAL GOLF CLUB WILANÓW	WARSZAWA	POL	M 50	44	M 437	ROYAL GOLF CLUB WILANÓW	00:10:33	00:22:24.25	00:23:15.10	4:28	13.4
438	DZIERŻANOWSKI KAJETAN	283	MORSY SHARK TEAM	WARSZAWA	POL	M 30	146	M 438		00:10:32	00:22:25.60	00:23:14.50	4:29	13.4
439	ŻEBROWSKI DARIUSZ	1665		WARSZAWA	POL	M 40	151	M 439		00:10:26	00:22:25.70	00:23:12.70	4:29	13.4
440	GRZĄDZIEL PAWEŁ	418	ADIDAS RUNNERS WARSZAW	WARSZAWA	POL	M 50	45	M 440	ADIDAS RUNNERS WARSZAW	00:10:31	00:22:26.35	00:23:18.80	4:29	13.4
441	MONASTYRSKI MIKOŁAJ	923		WARSZAWA	POL	M 30	147	M 441		00:10:39	00:22:26.60	00:23:41.45	4:29	13.4
442	RÓŻYCKI GRZEGORZ	1201		ŁÓDŹ	POL	M 60	11	M 442		00:10:12	00:22:26.90	00:22:56.20	4:29	13.4
443	DOBROCYŃSKI LECH	104			M 50		46	M 443		00:22:27.00	00:22:51.00		4:29	13.4
444	KOWALSKI MATEUSZ	675		KONSTANCIN-JEZIORNA	POL	M 40	152	M 444		00:10:36	00:22:27.15	00:23:14.35	4:29	13.4
445	WASILEWSKI ROBERT	1512	COP - DKP	WARSZAWA	POL	M 50	47	M 445		00:10:35	00:22:28.00	00:23:36.30	4:29	13.4
446	CISOŃ DOMINIK	192		JÓZEFOSŁAW	POL	M 40	153	M 446		00:10:23	00:22:29.10	00:23:27.40	4:29	13.3
447	OWOC TOMASZ	1022	ADIDAS RUNNERS WARSZAW / PKO BANK POLSKI	WARSZAWA	POL	M 50	48	M 447	ADIDAS RUNNERS WARSZAW	00:10:30	00:22:29.70	00:23:15.50	4:29	13.3
448	WIRKUS TYMOTEUSZ	1546		GDAŃSK	POL	M 30	148	M 448		00:11:01	00:22:29.80	00:23:23.75	4:29	13.3
449	WOJEWÓDZKI MARCIN	1570	WOJEWÓDZCY TEAM	WARSZAWA	POL	M 30	149	M 449		00:10:48	00:22:29.85	00:23:34.50	4:29	13.3
450	KUCHTA PAWEŁ	725		MACIEJOWICE	POL	M 40	154	M 450			00:22:30.10	00:23:16.05	4:30	13.3
451	LIPSZYC ALEKSANDER	1708		WARSZAWA	POL	M 20	57	M 451		00:09:46	00:22:30.60	00:22:57.80	4:30	13.3
452	PRZYDALSKI WOJTEK	1140		WARSZAWA	POL	M 30	150	M 452		00:10:33	00:22:30.95	00:23:18.15	4:30	13.3
453	RENKIEWICZ MAKSYMILIAN	1182		WARSZAWA	POL	M 30	151	M 453		00:10:41	00:22:31.05	00:23:59.00	4:30	13.3
454	TRACZEWSKI JAN	1458		WARSZAWA	POL	M 20	58	M 454		00:09:55	00:22:31.30	00:23:16.35	4:30	13.3
455	KASZA MARCIN	560	GALOPUJĄCY ŻÓŁW	BUSKO ZDRÓJ	POL	M 40	155	M 455		00:10:55	00:22:32.80	00:23:29.80	4:30	13.3
456	ZAWADA KONRAD	2130		WARSZAWA	POL	M 30	152	M 456		00:11:16	00:22:33.15	00:25:53.25	4:30	13.3
457	GRYGOWSKI KRYSPIŃ	2029		JABŁONNA	POL	M 14	9	M 457		00:10:51	00:22:33.55	00:23:40.70	4:30	13.3
458	WIĘCZKOWSKI WOJCIECH	1537		WARSZAWA	POL	M 40	156	M 458		00:10:43	00:22:33.90	00:23:52.75	4:30	13.3
459	ŚLEPOWRŃSKI JAKUB	1424	PZU SPORT TEAM	WARSZAWA	POL	M 30	153	M 459	PZU SPORT TEAM	00:10:57	00:22:34.05	00:23:32.00	4:30	13.3
460	WOJCIECHOWSKI ANDRZEJ	1568		KOLONIA LESZNOWOLA	POL	M 30	154	M 460		00:10:57	00:22:34.40	00:23:30.90	4:30	13.3
461	CZERNIEWSKI MAREK	1769		WARSZAWA	POL	M 40	157	M 461		00:10:39	00:22:36.00	00:23:50.30	4:31	13.3
462	S KONSTANTYN	1224		WARSZAWA	POL	M 30	155	M 462		00:10:15	00:22:36.35	00:22:42.75	4:31	13.3

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
463	SKRZYPEK MICHAŁ	1280	SASKŁACZ TEAM	WARSZAWA	POL	M 30	156	M 463		00:10:39	00:22:36.35	00:24:26.75	4:31	13.3
464	PIECHOTA PIOTR	1893		WARSZAWA	POL	M 16	23	M 464		00:10:11	00:22:37.05	00:22:49.80	4:31	13.3
465	SOKOŁOWSKI FRANEK	2090		WARSZAWA	POL	M 16	24	M 465		00:10:36	00:22:38.10	00:23:52.70	4:31	13.3
466	SZCZEPANIAK PAWEŁ	1386	SPORTOHOLIK	PIASECZNO	POL	M 40	158	M 466		00:10:12	00:22:39.20	00:23:46.50	4:31	13.2
467	WITON TOMASZ	1990	BIEGANIE POD SOKOLIM OKIEM	WARSZAWA	POL	M 40	159	M 467		00:10:35	00:22:40.45	00:23:31.10	4:32	13.2
468	MAGNUSKI PIOTR	825		WARSZAWA	POL	M 40	160	M 468		00:10:20	00:22:40.85	00:23:10.30	4:32	13.2
469	TRACZ JAKUB	1457	CSWP RUNNING TEAM	WARSZAWA	POL	M 30	157	M 469	CSWP RUNNING TEAM	00:10:43	00:22:41.35	00:23:39.05	4:32	13.2
470	ZAJĄC DAWID	1614		WARSZAWA	POL	M 20	59	M 470		00:10:54	00:22:41.90	00:24:05.70	4:32	13.2
471	MACANDER JAKUB	812		SKIERNIEWICE	POL	M 20	60	M 471		00:10:36	00:22:42.45	00:23:17.20	4:32	13.2
472	MATYSZCZAK KRZYSZTOF	883	KENKO	WARSZAWA	POL	M 40	161	M 472	KENKO	00:10:55	00:22:42.75	00:23:51.05	4:32	13.2
473	GWÓZDZ MACIEJ	2030		WARSZAWA	POL	M 14	10	M 473	SP NR 9 STO	00:10:58	00:22:42.90	00:23:37.95	4:32	13.2
474	ZIEMKOWSKI TOBIASZ	1651	KSSTASZEWSKY	WARSZAWA	POL	M 30	158	M 474	KS STASZEWSKY		00:22:42.90	00:23:37.80	4:32	13.2
475	SOCHA JAN	1305		WARSZAWA	POL	M 60	12	M 475			00:22:43.00	00:23:17.00	4:32	13.2
476	WALCZAK MATEUSZ	1505		WARSZAWA	POL	M 30	159	M 476		00:10:50	00:22:43.05	00:23:38.25	4:32	13.2
477	PIENIAŻEK LESZEK	1895	AKTYWNA WARSZAWA	WARSZAWA	POL	M 60	13	M 477	AKTYWNA WARSZAWA	00:11:00	00:22:43.50	00:24:01.90	4:32	13.2
478	KOLASZT WOJTEK	1817	RACEFIGTER JUNIOR	STARA NIEDZIAŁKA	POL	M 14	11	M 478		00:10:23	00:22:43.75	00:23:44.45	4:32	13.2
479	SOBIESZEK PIOTR	1301		WARSZAWA	POL	M 40	162	M 479		00:10:44	00:22:44.40	00:23:34.40	4:32	13.2
480	WOSZTYL TOMASZ	1580		WARSZAWA (ŚRÓDMIEŚCIE)	POL	M 30	160	M 480		00:09:51	00:22:44.60	00:23:32.90	4:32	13.2
481	ZBOROCH ROBERT	1640		WARSZAWA	POL	M 30	161	M 481		00:11:04	00:22:44.70	00:23:32.00	4:32	13.2
482	TASZYCKI WIESŁAW	1439		WOLA UHRUSKA	POL	M 50	49	M 482		00:10:36	00:22:44.80	00:24:17.85	4:32	13.2
483	MATEUSZ DUCH	876	GÓRA BIEGA	GÓRA KALWARIA	POL	M 30	162	M 483		00:10:22	00:22:45.75	00:23:36.75	4:33	13.2
484	SUŁKOWSKI RAFAŁ	1948		WARSZAWA	POL	M 50	50	M 484		00:10:26	00:22:45.95	00:23:39.65	4:33	13.2
485	PODKAŃSKI PAWEŁ	1097		WARSZAWA	POL	M 30	163	M 485		00:10:32	00:22:46.15	00:23:20.20	4:33	13.2
486	JAROSIŃSKI ŁUKASZ	472	TAŃCZĄCE MUCHOMORKI	KRZEWINA	POL	M 40	163	M 486		00:10:21	00:22:46.70	00:23:44.20	4:33	13.2
487	SKIERCZYŃSKI GRZEGORZ	1273		WARSZAWA	POL	M 40	164	M 487		00:11:00	00:22:47.00	00:23:42.50	4:33	13.2
488	SELWESIUK BARTOSZ	1239		WARSZAWA	POL	M 20	61	M 488		00:11:00	00:22:47.15	00:23:51.30	4:33	13.2
489	KOPER SEBASTIAN	634	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M 40	165	M 489		00:10:25	00:22:47.50	00:23:09.30	4:33	13.2
490	KOŁDRA ROBERT	618		PNIEWY	POL	M 40	166	M 490		00:10:33	00:22:50.70	00:24:02.80	4:34	13.1
491	MASTALERZ ANDRZEJ	870		WARSZAWA	POL	M 50	51	M 491		00:10:45	00:22:50.95	00:24:00.35	4:34	13.1
492	STOLARCZYK PIOTR	1349	ESSA	WARSZAWA	POL	M 20	62	M 492	ESSA	00:10:15	00:22:52.60	00:23:55.00	4:34	13.1
493	ZAWADKA JAKUB	2112		SIENNICA	POL	M 12	2	M 493		00:10:53	00:22:53.60	00:23:28.25	4:34	13.1
494	KOWALCZYK PIOTR	668		REPKI	POL	M 50	52	M 494		00:10:48	00:22:53.70	00:23:51.30	4:34	13.1
495	GRYSZPANOWICZ SEBASTIAN	416		WARSZAWA	POL	M 40	167	M 495		00:10:20	00:22:53.90	00:23:17.20	4:34	13.1
496	GAÅŁ DANIEL	323		WARSZAWA	POL	M 40	168	M 496		00:11:09	00:22:54.00	00:23:53.40	4:34	13.1
497	WIĘTCZAK MICHAŁ	1538		ŁÓDŹ	POL	M 30	164	M 497		00:10:24	00:22:54.05	00:23:20.75	4:34	13.1
498	CHRABAŁOWSKI JAROSŁAW	171	EXORIGO-UPOS S.A.	WARSZAWA	POL	M 30	165	M 498		00:10:37	00:22:54.20	00:23:46.90	4:34	13.1
499	MARTSENIUK WOŁODYMYR	862		WARSZAWA	POL	M 20	63	M 499	ITMRUN	00:10:52	00:22:55.00	00:23:51.75	4:35	13.1
500	PIOTROWSKI MATEUSZ	1083		WARSZAWA	POL	M 30	166	M 500		00:11:07	00:22:55.45	00:24:24.40	4:35	13.1
501	DĘBSKI ANDRZEJ	235		BIĄŁYSTOK	POL	M 40	169	M 501		00:10:38	00:22:56.20	00:24:04.80	4:35	13.1
502	KRASUCCI MICHAŁ	688		WARSZAWA	POL	M 20	64	M 502		00:10:58	00:22:56.25	00:24:33.80	4:35	13.1
503	ZAPOROWSKI MARCIN	1623		WARSZAWA	POL	M 40	170	M 503	ADIDAS RUNNERS WARSAW	00:10:49	00:22:56.85	00:23:26.60	4:35	13.1
504	STANISZEWSKI RAFAŁ	1332	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 40	171	M 504	BIEGAJ POD OKIEM TRENERA	00:10:51	00:22:57.10	00:23:27.85	4:35	13.1
505	SKWARCZ PAWEŁ	1284		WARSZAWA	POL	M 30	167	M 505		00:10:58	00:22:57.20	00:23:52.05	4:35	13.1
506	RUTKOWSKI PAWEŁ	1213	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	168	M 506	ADIDAS RUNNERS WARSAW	00:10:36	00:22:58.25	00:23:43.80	4:35	13.1
507	ROMANOWSKI NORBERT	1192	BRAK	JÓZEFÓW	POL	M 40	172	M 507		00:10:32	00:22:59.25	00:23:45.05	4:35	13.1
508	FORNALIK ADAM	1783	WITC	WARSZAWA	POL	M 40	173	M 508		00:10:22	00:22:59.85	00:24:07.30	4:35	13.1
509	MIERZEJEWSKI GRZEGORZ	902	TEAM SPIRIT	GRUDUSK	POL	M 20	65	M 509		00:10:04	00:23:00.60	00:23:25.30	4:36	13
510	BAL ŁUKASZ	1738	CWKS AUDYTY	WARSZAWA	POL	M 30	169	M 510		00:10:39	00:23:00.65	00:23:46.50	4:36	13
511	RÓŻYCKI KRZYSZTOF	1202	VEGE RUNNERS	WARSZAWA	POL	M 40	174	M 511	VEGE RUNNERS URSYNÓW	00:10:14	00:23:00.80	00:23:29.95	4:36	13
512	WITZKE ARTUR	1556		LEGIONOWO	POL	M 40	175	M 512		00:11:01	00:23:01.20	00:24:25.60	4:36	13
513	KALUŻNY JAN	2039		MICHAŁOWICE	POL	M 12	3	M 513		00:10:47	00:23:01.60	00:24:35.95	4:36	13
514	PAŃCZYK WOJTEK	1033	THE PAŃCZYX	WARSZAWA	POL	M 40	176	M 514		00:10:53	00:23:02.75	00:24:03.00	4:36	13
515	KOWALSKI PAWEŁ	677		WARSZAWA	GBR	M 40	177	M 515		00:10:46	00:23:03.20	00:23:31.55	4:36	13

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
516	RACZYŃSKI SEBASTIAN	1156	ORACLE RED BULL RACING	OPOCZNO	POL	M 30	170	M 516		00:10:20	00:23:03.50	00:24:02.30	4:36	13
517	ZALEWSKI RAFAŁ	1620	SEMP URSYNOW	WARSZAWA	POL	M 40	178	M 517	SEMP URSYNOW	00:10:41	00:23:05.95	00:24:37.40	4:37	13
518	TURZYŃSKI PIOTR	1706	DECATHLON PIASECZNO	PIASECZNO	POL	M 20	66	M 518	DECATHLON	00:10:54	00:23:06.80	00:24:30.60	4:37	13
519	JACKIEWICZ ADAM	449		WARSZAWA	POL	M 40	179	M 519		00:10:46	00:23:07.30	00:24:30.75	4:37	13
520	WRZESZCZ ŁUKASZ	1593	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 30	171	M 520		00:11:09	00:23:08.80	00:24:20.75	4:37	13
521	ŻYWIEN MAREK	1676	ONLY SPEEDWAY	WARSZAWA	POL	M 50	53	M 521		00:10:42	00:23:10.50	00:24:01.50	4:38	12.9
522	MAŚLANKA PIOTR	1727		WARSZAWA	POL	M 50	54	M 522			00:23:11.45	00:24:44.85	4:38	12.9
523	KALINOWSKI BARTŁOMIEJ	522	DSV	WARSZAWA	POL	M 30	172	M 523	DSV ISS	00:10:27	00:23:11.65	00:24:45.80	4:38	12.9
524	PAWLICKI TOMASZ	1046	VEGERUNNERS	WARSZAWA	POL	M 40	180	M 524	VEGE RUNNERS	00:11:02	00:23:12.05	00:24:24.50	4:38	12.9
525	ŚWIEŻAK PAWEŁ	1433		WARSZAWA	POL	M 40	181	M 525	RESZTA ŚWIATA	00:10:43	00:23:12.70	00:24:28.35	4:38	12.9
526	CABAJ MAREK	144		WARSZAWA	POL	M 40	182	M 526		00:11:12	00:23:13.35	00:24:18.60	4:38	12.9
527	SZCZYPA GRZEGORZ	1391		WARSZAWA	POL	M 40	183	M 527	ROYAL GOLF CLUB WILANÓW	00:11:28	00:23:13.45	00:24:58.45	4:38	12.9
528	MISIORNY MACIEJ	910		WARSZAWA	POL	M 50	55	M 528		00:10:44	00:23:14.15	00:25:13.85	4:38	12.9
529	GRUSZCZYŃSKI WOJCIECH	412		WARSZAWA	POL	M 30	173	M 529		00:11:25	00:23:14.50	00:24:35.45	4:38	12.9
530	PONIATOWSKI KRZYSZTOF	1105	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	184	M 530	TEAM ZABIEGANEDNI #3	00:10:50	00:23:14.60	00:24:04.00	4:38	12.9
531	TEJEDA HÉCTOR	1440		WARSAW	POL	M 40	185	M 531		00:11:09	00:23:15.50	00:24:24.15	4:39	12.9
532	KARCZEWSKI PRZEMYSŁAW	544	TRICLUB	WARSZAWA	POL	M 40	186	M 532		00:10:56	00:23:17.35	00:24:09.75	4:39	12.9
533	CZUJKOWSKI PIOTR	1772		BASZKOWKA	GBR	M 30	174	M 533		00:11:18	00:23:18.25	00:26:36.70	4:39	12.9
534	CHODNIEWICZ MICHAŁ	164		WARSZAWA	POL	M 40	187	M 534		00:10:52	00:23:18.75	00:24:18.75	4:39	12.9
535	MAŚLANKO PRZEMYSŁAW	871	M	BRZEZINY	POL	M 60	14	M 535		00:10:40	00:23:18.80	00:24:08.90	4:39	12.9
536	KĘPKA KRZYSZTOF	571	TRIWAWA	WARSZAWA	POL	M 40	188	M 536	TRIWAWA	00:11:20	00:23:19.30	00:24:39.30	4:39	12.9
537	KRYCZEK PIOTR	704		WARSZAWA	POL	M 60	15	M 537		00:11:11	00:23:19.45	00:24:38.45	4:39	12.9
538	JANOWSKI RAFAŁ	467		OTWOCK	POL	M 50	56	M 538		00:11:07	00:23:19.60	00:24:32.95	4:39	12.9
539	MÓRAWSKI MACIEJ	931		OSTRÓW MAZOWIECKA	POL	M 30	175	M 539		00:11:19	00:23:19.65	00:24:23.35	4:39	12.9
540	BURY OSKAR	140		WARSZAWA	POL	M 30	176	M 540		00:10:45	00:23:20.80	00:24:31.95	4:40	12.9
541	KRÓL ŁUKASZ	700	PZU SPORT TEAM	WARSZAWA	POL	M 30	177	M 541	PZU SPORT TEAM	00:10:55	00:23:21.60	00:24:22.25	4:40	12.8
542	RAFAŁKO GRZEGORZ	1161		WARSZAWA	POL	M 40	189	M 542		00:11:01	00:23:21.90	00:24:23.75	4:40	12.8
543	OLEJNICZAK LEON	2070		WARSZAWA	POL	M 16	25	M 543		00:11:02	00:23:22.35	00:24:17.80	4:40	12.8
544	KRAWCZYK ŁUKASZ	693		WARSZAWA	POL	M 30	178	M 544		00:10:59	00:23:23.00	00:24:36.20	4:40	12.8
545	PLUTA IRENEUSZ	1091		WARSZAWA	POL	M 60	16	M 545		00:10:54	00:23:23.50	00:23:59.40	4:40	12.8
546	KEMPA JAKUB	25		WARSZAWA	POL	M 20	67	M 546		00:10:26	00:23:23.65	00:24:13.90	4:40	12.8
547	TYLUS PAWEŁ	1482		WARSZAWA	POL	M 50	57	M 547		00:10:52	00:23:23.95	00:24:17.30	4:40	12.8
548	PAKUŁA BŁAŻEJ	1027		WARSZAWA	POL	M 30	179	M 548		00:10:19	00:23:24.15	00:24:30.00	4:40	12.8
549	CYWIŃSKI MARCIN	198	MARCYS_RUNNER	MARKI	POL	M 30	180	M 549		00:11:01	00:23:24.60	00:24:35.95	4:40	12.8
550	ADAMIEC KAROL	15		WARSZAWA	POL	M 20	68	M 550		00:11:18	00:23:24.95	00:24:15.50	4:40	12.8
551	SROKA SZYMON	2092	KS GROM	WARSZAWA	POL	M 12	4	M 551		00:11:53	00:23:24.95	00:25:19.20	4:40	12.8
552	BILEWICZ MATEUSZ	83	ACCENTURE	WARSZAWA	POL	M 30	181	M 552		00:10:48	00:23:26.95	00:24:48.50	4:41	12.8
553	MALISZEWSKI CEZARY	840		WARSZAWA	POL	M 60	17	M 553		00:10:52	00:23:27.55	00:23:52.50	4:41	12.8
554	POGOCKI MACIEJ	1101		WARSZAWA	POL	M 40	190	M 554		00:11:21	00:23:29.10	00:24:53.20	4:41	12.8
555	KIM MINJU	585		WARSZAWA		M 30	182	M 555		00:11:16	00:23:30.55	00:24:18.95	4:42	12.8
556	BRĄGOSZEWSKI PAWEŁ	109		OTWOCK	POL	M 40	191	M 556		00:11:20	00:23:30.60	00:24:48.40	4:42	12.8
557	WŁODARSKI JAKUB	1562		WARSZAWA	POL	M 30	183	M 557		00:11:04	00:23:31.60	00:24:24.50	4:42	12.8
558	KACZOR KONRAD	1809		WARSZAWA	POL	M 30	184	M 558		00:11:17	00:23:32.05	00:24:36.35	4:42	12.7
559	POLAK LECHOSŁAW	424	ADIDAS RUNNERS WARSAW	PEĆCICE MAŁE	POL	M 60	18	M 559	ADIDAS RUNNERS WARSAW	00:10:59	00:23:32.25	00:24:27.40	4:42	12.7
560	BEDNORZ LESZEK	64		WARSZAWA	POL	M 40	192	M 560		00:11:23	00:23:33.20	00:24:50.20	4:42	12.7
561	BOGUSZ SEBASTIAN	1748	PZU SPORT TEAM	WARSZAWA	POL	M 30	185	M 561		00:11:08	00:23:33.30	00:25:56.85	4:42	12.7
562	SKARZYŃSKI ADAM	1270	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	193	M 562		00:10:58	00:23:34.15	00:24:32.50	4:42	12.7
563	MAŁYSA PIOTR	846		KONSTANCIN-JEZIORNA	POL	M 30	186	M 563		00:11:00	00:23:34.55	00:24:31.40	4:42	12.7
564	BELKIEWICZ RAFAŁ	2137	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	194	M 564	TEAM ZABIEGANEDNI	00:11:15	00:23:34.80	00:24:37.70	4:42	12.7
565	DREWNIK ROBERT	259	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M 40	195	M 565	BIEGNIJ Z PROSERVICE	00:10:47	00:23:35.20	00:24:24.00	4:43	12.7
566	LOZOWIKOV PAVLO	789		WARSZAWA	POL	M 30	187	M 566		00:11:59	00:23:35.40	00:25:42.90	4:43	12.7
567	JAŃCZAK MARIUSZ	469		WARSZAWA	POL	M 40	196	M 567		00:11:00	00:23:35.50	00:24:29.90	4:43	12.7
568	FRANCZEK ALEKSY	2024		WARSZAWA	POL	M 14	12	M 568		00:11:05	00:23:36.00	00:23:40.45	4:43	12.7

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
569	SNOPEK STANISŁAW	1299	TVP SPORT	IZABELIN	POL	M 60	19	M 569		00:10:52	00:23:36.25	00:24:41.70	4:43	12.7
570	COUKNAS CONSTANTINE	1761		FORD CITY	USA	M 14	13	M 570		00:10:12	00:23:37.85	00:23:52.30	4:43	12.7
571	KUBRAK MICHAŁ	718		WARSZAWA	POL	M 30	188	M 571		00:11:21	00:23:38.60	00:24:57.90	4:43	12.7
572	BARGŁOWSKI KAMIL	51		BIAŁYSTOK	POL	M 16	26	M 572		00:11:17	00:23:38.85	00:24:35.65	4:43	12.7
573	RATYŃSKI MICHAŁ	1164	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	197	M 573	BIEGOWY WARIAT RUNNING TEAM	00:10:43	00:23:38.90	00:25:14.00	4:43	12.7
574	ARAŻNY ZBIGNIEW	34	KRAV MAGA WARSZAWA	WARSZAWA	POL	M 50	58	M 574		00:11:03	00:23:38.95	00:25:14.80	4:43	12.7
575	PRUS MARCIN	1129		WARSZAWA	POL	M 40	198	M 575		00:11:09	00:23:39.40	00:25:10.25	4:43	12.7
576	ZAKRZEWSKI MICHAŁ	1615	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	M 40	199	M 576		00:11:08	00:23:39.50	00:24:29.50	4:43	12.7
577	SOKÓŁ RYSZARD	2091		JÓZEFOSŁAW	POL	M 14	14	M 577		00:11:12	00:23:40.65	00:24:41.10	4:44	12.7
578	GORYSZEWSKI PIOTR	385		WARSZAWA	POL	M 30	189	M 578		00:11:26	00:23:41.70	00:24:33.05	4:44	12.7
579	KISZCZYC ARTUR	588		OTWOCK	POL	M 50	59	M 579		00:11:19	00:23:42.35	00:25:01.65	4:44	12.7
580	HRYNKIEWICZ MACIEJ	438		WARSZAWA	POL	M 50	60	M 580		00:11:16	00:23:42.65	00:24:59.60	4:44	12.7
581	RYŻYŃSKI MICHAŁ	1925	PAWKORUNNERTeam	KALISZ	POL	M 20	69	M 581	PAWKO RUNNER TEAM	00:10:39	00:23:42.85	00:24:18.20	4:44	12.7
582	CISZEWSKI GRZEGORZ	193		PIASECZNO	POL	M 40	200	M 582		00:11:36	00:23:42.90	00:25:06.80	4:44	12.7
583	KOZAK MIKOLAJ	682		WARSZAWA	POL	M 30	190	M 583		00:10:41	00:23:43.90	00:24:27.50	4:44	12.6
584	KUCIŃSKI ŁUKASZ	727	TI HEALTH CLUB	WARSZAWA	POL	M 30	191	M 584	TI HEALTH CLUB	00:11:55	00:23:45.35	00:25:29.50	4:45	12.6
585	SMOLIŃSKI KRZYSZTOF	1297		WARSZAWA	POL	M 40	201	M 585		00:10:40	00:23:45.90	00:24:34.65	4:45	12.6
586	WRÓBLEWSKI TOMASZ	2128		WARSZAWA	POL	M 20	70	M 586		00:11:08	00:23:46.20	00:25:29.45	4:45	12.6
587	KOPEĆ MARCIN	633		WARSZAWA	POL	M 30	192	M 587		00:12:32	00:23:46.30	00:25:35.95	4:45	12.6
588	DUDEK JAKUB	267		BANIOCHA	POL	M 20	71	M 588		00:10:36	00:23:46.50	00:25:04.90	4:45	12.6
589	OCHREMIAK JĘDRZEJ	983	OBOZYBIEGOWE.PL	WARSZAWA	POL	M 30	193	M 589		00:10:57	00:23:46.55	00:24:45.20	4:45	12.6
590	PODBIELSKI PAWEŁ	1903	AKL URSYNÓW WARSZAWA	WARSZAWA	POL	M 14	15	M 590		00:11:34	00:23:47.25	00:24:54.65	4:45	12.6
591	DYRLA MARIUSZ	1782		WARSZAWA	POL	M 40	202	M 591		00:11:23	00:23:47.90	00:24:36.30	4:45	12.6
592	MATEJEK BŁAŻEJ	875		WARSZAWA	POL	M 20	72	M 592		00:11:36	00:23:48.90	00:26:00.20	4:45	12.6
593	MAŁAŻEWSKI BARTOSZ	1	GARDA	WARSZAWA	POL	M 30	194	M 593		00:10:42	00:23:49.30	00:25:05.30	4:45	12.6
594	BUJNOWSKI RAFAŁ	132		WARSZAWA	POL	M 40	203	M 594		00:11:02	00:23:49.50	00:24:42.80	4:45	12.6
595	PATYK MATEUSZ	1042		WARSZAWA	POL	M 30	195	M 595		00:11:15	00:23:49.70	00:24:53.45	4:45	12.6
596	ANGEŁOW CHRISTIAN	24		WARSZAWA	POL	M 40	204	M 596		00:11:33	00:23:49.70	00:26:53.05	4:45	12.6
597	ZYŚK SŁAWOMIR	1661		WARSZAWA	POL	M 30	196	M 597		00:11:02	00:23:51.55	00:24:38.75	4:46	12.6
598	CZEKAŁSKI JACEK	206		ŁÓDŹ	POL	M 50	61	M 598		00:10:55	00:23:54.25	00:25:25.35	4:46	12.6
599	LE QUANG OSKAR	1840		JÓZEFOSŁAW	POL	M 16	27	M 599		00:10:32	00:23:54.35	00:24:06.35	4:46	12.6
600	BASIŃSKI JERZY	58		DEBLIN	POL	M 50	62	M 600		00:11:01	00:23:54.95	00:24:57.30	4:46	12.6
601	WEJMAN TOMASZ	1519	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30	197	M 601	TEAM ZABIEGANEDNI	00:11:29	00:23:55.00	00:25:06.75	4:47	12.5
602	KAŻMIERSKI ADRIAN	566		WOŁOMIN	POL	M 30	198	M 602		00:11:07	00:23:55.70	00:25:06.15	4:47	12.5
603	GROŃSKI JAN	410	BIEGACZ ŚWIĘTOKRZYSKI	KIELCE	POL	M 70	2	M 603		00:11:07	00:23:56.50	00:25:31.55	4:47	12.5
604	STĘPŃIEWSKI DOMINIK	1347		WARSZAWA	POL	M 20	73	M 604		00:11:14	00:23:56.80	00:25:00.65	4:47	12.5
605	JÓZWIK GRZEGORZ	496		JÓZEFOSŁAW	POL	M 50	63	M 605		00:11:11	00:23:57.00	00:24:33.65	4:47	12.5
606	WILK DANIEL	2105		WARSZAWA	POL	M 16	28	M 606		00:12:05	00:23:58.80	00:25:41.85	4:47	12.5
607	DĄBROWSKI ADAM	225	BRACHTWO BIEGOWE BGK	WARSZAWA	POL	M 30	199	M 607	BRACHTWO BIEGOWE BGK	00:11:08	00:24:01.55	00:24:52.40	4:48	12.5
608	KOŁODZIEJSKI RAFAŁ	622		WARSZAWA	POL	M 40	205	M 608		00:11:20	00:24:01.80	00:25:04.65	4:48	12.5
609	TRIGO ADRIAN	1462		WARSAW	POL	M 30	200	M 609		00:10:31	00:24:02.30	00:24:52.00	4:48	12.5
610	JURCZAK GRZEGORZ	500		WARSZAWA	POL	M 30	201	M 610		00:10:47	00:24:02.75	00:25:12.65	4:48	12.5
611	ŁOZIŃSKI PIOTR	803	BRACHTWO BIEGOWE BGK	WARSZAWA	POL	M 40	206	M 611	BRACHTWO BIEGOWE BGK	00:11:38	00:24:02.80	00:25:42.10	4:48	12.5
612	KAMIŃSKI ANDRZEJ	2040		WARSZAWA	POL	M 12	5	M 612		00:11:53	00:24:03.15	00:24:03.15	4:48	12.5
613	KATNER WIKTOR	2042		WARSZAWA	POL	M 12	6	M 613		00:11:40	00:24:04.05	00:25:34.15	4:48	12.5
614	BEŁOWSKI LESZEK	65	AD BLUE NOXY PUŁAWY	PUŁAWY	POL	M 70	3	M 614		00:11:14	00:24:04.55	00:25:23.30	4:48	12.5
615	DMUCHOWSKI JAKUB	241		ŁOMŻA	POL	M 20	74	M 615		00:11:19	00:24:04.60	00:25:11.15	4:48	12.5
616	TOMCZYŃSKI MICHAŁ	1455		WARSZAWA	POL	M 30	202	M 616		00:11:25	00:24:04.65	00:25:23.20	4:48	12.5
617	CHORAŻEWICZ BARTŁOMIEJ	169		MYSZYŃCIEC	POL	M 30	203	M 617		00:11:14	00:24:04.75	00:25:39.05	4:48	12.5
618	WĘGLIŃSKI JACEK	1984		WARSZAWA	POL	M 50	64	M 618		00:11:34	00:24:05.80	00:25:47.20	4:49	12.5
619	KULESZA MARCIN	736	QLESH RACING TEAM/WK_RW TEAM	WARSZAWA	POL	M 40	207	M 619		00:11:01	00:24:06.45	00:25:00.40	4:49	12.4
620	MUZYCHENKO DMYTRO	940	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 20	75	M 620		00:11:26	00:24:06.50	00:25:23.50	4:49	12.4
621	CIEŚLAR RAFAŁ	187		WARSZAWA	POL	M 30	204	M 621		00:11:29	00:24:07.05	00:25:19.00	4:49	12.4
622	PONOMARÓW TOMASZ	1908		WARSZAWA	POL	M 30	205	M 622		00:10:34	00:24:07.75	00:25:10.05	4:49	12.4

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
623	POPLAWSKI ADAM	1110		WARSZAWA	POL	M 30	206	M 623		00:11:03	00:24:08.45	00:27:05.70	4:49	12.4
624	DORS MAREK	253	KABEX PODKOWA JANÓW	WARSZAWA	POL	M 20	76	M 624		00:11:42	00:24:09.75	00:25:38.00	4:49	12.4
625	ATAMANOV MYKYTA	36	RUN FOR PEACE	DONIECK (UKRAINA)	POL	M 20	77	M 625		00:11:41	00:24:10.65	00:25:45.25	4:50	12.4
626	CZERWIŃSKI RADOŚLAW	209		WARSZAWA	POL	M 40	208	M 626		00:11:16	00:24:11.05	00:25:26.80	4:50	12.4
627	BUCZEK ROBERT	120		WARSZAWA	POL	M 50	65	M 627		00:11:43	00:24:11.80	00:25:46.25	4:50	12.4
628	WOJTAL TOMASZ	1992		WARSZAWA	POL	M 40	209	M 628		00:11:31	00:24:12.10	00:24:57.65	4:50	12.4
629	SZCZERBIŃSKI ARKADIUSZ	1389	KATAREK	WARSZAWA	POL	M 30	207	M 629		00:11:50	00:24:12.75	00:26:19.15	4:50	12.4
630	GOCH DOMINIK	370		WARSZAWA	POL	M 40	210	M 630		00:11:28	00:24:13.25	00:25:51.35	4:50	12.4
631	WOLSZCZAK RYSZARD	1993	WKZ KOZIENICE BBL	KOZIENICE	POL	M 60	20	M 631	WKZ KOZIENICE BBL	00:11:25	00:24:13.75	00:25:03.90	4:50	12.4
632	MATUSIAK MARCIN	2062		WARSZAWA	POL	M 14	16	M 632		00:11:19	00:24:13.85	00:25:13.80	4:50	12.4
633	ZAWADZKI WOJCIECH	1634	TATA BIEGA	WARSZAWA	POL	M 30	208	M 633		00:10:35	00:24:14.55	00:24:59.35	4:50	12.4
634	ZIĘDALSKI REMIGIUSZ	1653		ZĄBKI	POL	M 40	211	M 634		00:11:48	00:24:14.85	00:25:07.30	4:50	12.4
635	LIDAK KRZYSZTOF	1841	KS GROM PRO WARSZAWA	WARSZAWA	POL	M 12	7	M 635		00:11:09	00:24:15.15	00:24:37.70	4:51	12.4
636	PAPROWICZ WOJCIECH	1050	NOA	WARSZAWA	POL	M 40	212	M 636	CHŁOPAKI Z KEN	00:11:20	00:24:16.80	00:25:41.00	4:51	12.4
637	BANASIK MARCIN	46	MARATOŃCZYCY	WARSZAWA	POL	M 20	78	M 637	MARATOŃCZYCY	00:11:36	00:24:18.10	00:25:57.00	4:51	12.3
638	SMACHA ŁUKASZ	1291		WARSZAWA	POL	M 40	213	M 638		00:11:42	00:24:18.10	00:25:53.05	4:51	12.3
639	JUŚKO RAFAŁ	508	KTOŚ	OSTROWIEC ŚW	POL	M 40	214	M 639		00:11:38	00:24:19.45	00:25:18.25	4:51	12.3
640	MACIASZCZYK ADAM	815		WARSZAWA	POL	M 50	66	M 640		00:11:44	00:24:19.55	00:25:38.30	4:51	12.3
641	CHRAPEK JANUSZ	1700	ROSSMANN	WARSZAWA	POL	M 40	215	M 641		00:11:25	00:24:19.95	00:26:09.55	4:51	12.3
642	GROCHOWSKI PAWEŁ	409	PZU SPORT TEAM	WARSZAWA	POL	M 40	216	M 642	PZU SPORT TEAM	00:10:54	00:24:20.00	00:25:21.10	4:52	12.3
643	BARYŁA KRZYSZTOF	2		WARSZAWA	POL	M 40	217	M 643		00:11:46	00:24:20.20	00:25:43.65	4:52	12.3
644	LECH MACIEJ	1834		WARSZAWA	POL	M 30	209	M 644		00:10:59	00:24:21.30	00:25:32.15	4:52	12.3
645	WOJDALSKI MICHAŁ	1569		WARSZAWA	POL	M 30	210	M 645		00:12:04	00:24:21.70	00:26:08.10	4:52	12.3
646	ROGOWSKI MICHAŁ	1917		WARSZAWA	POL	M 40	218	M 646		00:11:26	00:24:21.90	00:26:01.10	4:52	12.3
647	BISOWSKI SZYMON	2004	MARUDY Z KOBYŁKI	KOBYŁKA	POL	M 14	17	M 647	MARUDY Z KOBYŁKI	00:11:57	00:24:22.05	00:25:46.10	4:52	12.3
648	CHEŁMIŃSKI MACIEJ	157		WARSZAWA	POL	M 40	219	M 648		00:10:25	00:24:22.40	00:25:13.55	4:52	12.3
649	BŁACHNIO ROBERT	90	PAWKO RUNNER TEAM	WARSZAWA	POL	M 30	211	M 649	PAWKO RUNNER TEAM	00:11:16	00:24:22.85	00:25:33.00	4:52	12.3
650	MARCZEWSKI MARCIN	855	RESILIA BEMOWO	WARSZAWA	POL	M 40	220	M 650		00:11:06	00:24:23.10	00:24:56.75	4:52	12.3
651	WIERNIK DANIEL	1986		WARSZAWA	POL	M 30	212	M 651		00:11:22	00:24:23.40	00:25:45.00	4:52	12.3
652	BĘTKOWSKI PIOTR	70		WARSZAWA	POL	M 20	79	M 652		00:11:01	00:24:23.75	00:26:03.25	4:52	12.3
653	IWONIN JUREK	447		WARSZAWA	POL	M 40	221	M 653		00:11:25	00:24:24.55	00:25:41.55	4:52	12.3
654	PODOBINSKI PIOTR	1099		WARSZAWA	POL	M 50	67	M 654		00:11:53	00:24:25.45	00:25:47.10	4:53	12.3
655	POKAROWSKI WOJCIECH	2079		WARSZAWA	POL	M 16	29	M 655		00:11:09	00:24:25.70	00:26:00.80	4:53	12.3
656	OLMA WŁADYSŁAW	997	FORMA BIEGANIA - JASTRZĘBIE	JASTRZĘBIE - ZDRÓJ	POL	M 50	68	M 656		00:11:36	00:24:27.85	00:25:01.15	4:53	12.3
657	BARSZCZ MICHAŁ	1741		WARSZAWA	POL	M 30	213	M 657		00:11:52	00:24:27.95	00:26:11.45	4:53	12.3
658	KOSTRUBIEC GRZEGORZ	661		WARSZAWA	POL	M 30	214	M 658		00:11:14	00:24:28.40	00:25:02.35	4:53	12.3
659	HORBATY JERZY	433	GIM92	WARSZAWA	POL	M 50	69	M 659		00:11:48	00:24:28.55	00:25:53.20	4:53	12.3
660	DYLEWSKI TOMASZ	277		WARSZAWA	POL	M 40	222	M 660		00:11:07	00:24:29.80	00:25:19.75	4:53	12.3
661	DABROWSKI LUKA	1773		WARSZAWA	POL	M 50	70	M 661		00:11:41	00:24:30.10	00:25:06.40	4:54	12.2
662	KSZYŃA BOGUSŁAW	712		KAMION MAŁY	POL	M 60	21	M 662		00:11:33	00:24:30.30	00:25:04.55	4:54	12.2
663	KUKLA MARCIN	733	RYSIK RUNNERS	WARSZAWA	POL	M 50	71	M 663		00:11:31	00:24:30.85	00:25:21.30	4:54	12.2
664	ROSTKOWSKI BARTOSZ	1197		WARSZAWA	POL	M 40	223	M 664		00:11:39	00:24:31.00	00:26:08.10	4:54	12.2
665	KRAUZ PAWEŁ	690	KS STASZEWSKY / KPP W PIASECZNIK	ZAGOŚCINIEC	POL	M 40	224	M 665	KS STASZEWSKY	00:11:18	00:24:32.25	00:26:00.45	4:54	12.2
666	SARNOWSKI WOJCIECH	1234		WARSZAWA	POL	M 40	225	M 666		00:10:58	00:24:34.00	00:26:27.35	4:54	12.2
667	SZCZERBICKI RAFAŁ	1388	WARSAW RUN CLUB	WARSZAWA	POL	M 40	226	M 667	WARSAW RUN CLUB	00:11:44	00:24:34.55	00:25:54.65	4:54	12.2
668	DĄBROWSKI TOBIASZ	2013		WARSZAWA	POL	M 16	30	M 668		00:10:30	00:24:34.90	00:25:35.00	4:54	12.2
669	CIERECH BOGUSŁAW	182		TERESIN	POL	M 70	4	M 669		00:11:10	00:24:35.15	00:25:54.30	4:55	12.2
670	IWKIEWICZ TOMASZ	446		WARSZAWA	POL	M 60	22	M 670		00:11:29	00:24:35.15	00:25:10.30	4:55	12.2
671	SMYL JACEK	1939		WARSZAWA	POL	M 30	215	M 671		00:11:00	00:24:35.75	00:24:52.65	4:55	12.2
672	BŁASZCZAK WOJCIECH	1747	CHWILAMOMENTTEAM	WARSZAWA	POL	M 40	227	M 672		00:12:00	00:24:35.80	00:25:53.35	4:55	12.2
673	STĘPIEŃ MIKOŁAJ	2095		JÓZEFOSŁAW	POL	M 14	18	M 673		00:11:53	00:24:36.40	00:25:57.95	4:55	12.2
674	KONDRYSZYN KACPER	1819		WARSZAWA	POL	M 20	80	M 674		00:11:51	00:24:36.70	00:26:15.30	4:55	12.2
675	JURKOWSKI ARTUR	504		SIENNICA	POL	M 30	216	M 675		00:11:43	00:24:37.40	00:26:10.55	4:55	12.2
676	DRABAREK ROMUALD	255		WARSZAWA	POL	M 60	23	M 676		00:11:27	00:24:39.80	00:25:58.50	4:55	12.2
677	WIETRZYCKI MARCIN	1596	REBELLION OF FREE RUNNERS	WARSZAWA	POL	M 40	228	M 677		00:11:00	00:24:39.85	00:25:38.55	4:55	12.2
678	RZEPECKI ŁUKASZ	1926		KONSTANCJA JEZIORNA	POL	M 40	229	M 678		00:11:47	00:24:41.45	00:26:10.60	4:56	12.2
679	WIKTOROWICZ TOMASZ	1987		WARSZAWA	POL	M 40	230	M 679		00:12:03	00:24:41.60	00:26:37.75	4:56	12.2

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
680	MIASTOWSKI RAFAŁ	18	SŁON B	WARSZAWA	POL	M 50	72	M 680		00:11:17	00:24:41.90	00:25:56.00	4:56	12.2
681	KORBA MICHAŁ	1822		WARSZAWA	POL	M 40	231	M 681		00:11:23	00:24:43.00	00:26:33.90	4:56	12.1
682	MYŚLIŃSKI ZDZISŁAW	945		WARSZAWA	POL	M 40	232	M 682		00:11:17	00:24:43.15	00:25:08.50	4:56	12.1
683	WAJS SŁAWOMIR	1977		WARSZAWA	POL	M 30	217	M 683		00:11:52	00:24:43.30	00:26:05.55	4:56	12.1
684	JÓZEFOWICZ MACIEJ	495	VEGE RUNNERS	WARSZAWA	POL	M 30	218	M 684	VEGE RUNNERS RESZTA ŚWIATA	00:11:32	00:24:43.50	00:26:13.10	4:56	12.1
685	MURANOWICZ MAREK	1869		WARSZAWA	POL	M 50	73	M 685		00:11:57	00:24:43.65	00:26:24.75	4:56	12.1
686	GÓRSKI ARKADIUSZ	394	GÓRA BIEGA	DOBIESZ	POL	M 40	233	M 686	GÓRA BIEGA	00:11:40	00:24:44.15	00:26:15.90	4:56	12.1
687	SŁOWIK PAWEŁ	1289	PARÓWY WWA	WARSZAWA	POL	M 30	219	M 687		00:11:43	00:24:44.20	00:25:41.05	4:56	12.1
688	FILIPOWICZ ARKADIUSZ	308		MARKI	POL	M 40	234	M 688		00:11:18	00:24:44.65	00:25:24.80	4:56	12.1
689	KOWALCZYK ROBERT	665		W-WA	POL	M 40	235	M 689		00:11:44	00:24:44.95	00:25:41.45	4:56	12.1
690	TOMALAK MACIEJ	1450		WARSZAWA	POL	M 40	236	M 690		00:11:20	00:24:45.15	00:26:21.40	4:57	12.1
691	JACNIACKI KRZYSZTOF	1801		JÓZEFOSŁAW	POL	M 14	19	M 691		00:11:27	00:24:45.35	00:26:02.90	4:57	12.1
692	ŻUŁAWSKI MACIEJ	2135		WARSZAWA	POL	M 40	237	M 692		00:11:35	00:24:45.65	00:26:05.15	4:57	12.1
693	WAWER HUBERT	1516		WARSZAWA	POL	M 30	220	M 693	CBRE	00:11:10	00:24:46.95	00:25:43.45	4:57	12.1
694	GAŁCZYŃSKI WOJCIECH	336		KRĘCZKI	POL	M 50	74	M 694		00:12:26	00:24:47.85	00:26:46.30	4:57	12.1
695	KOWALSKI TOMASZ	681	KB PACE WARSZAWA	WARSZAWA	POL	M 40	238	M 695	KB PACE WARSZAWA 2	00:12:17	00:24:48.85	00:26:29.40	4:57	12.1
696	TRZECIAKOWSKI PAWEŁ	1473		WARSZAWA	POL	M 40	239	M 696		00:11:48	00:24:49.35	00:26:18.45	4:57	12.1
697	BRODZIK JAKUB	1751		WARSZAWA	POL	M 20	81	M 697		00:11:49	00:24:49.35	00:26:18.45	4:57	12.1
698	RYBARCZYK ROBERT	1216	ORANGE POLSKA	WARSZAWA	POL	M 40	240	M 698		00:11:29	00:24:49.60	00:26:16.55	4:57	12.1
699	SZABŁOWSKI MARCIN	1953		WARSZAWA	POL	M 30	221	M 699		00:11:35	00:24:50.45	00:26:16.05	4:58	12.1
700	KALBARCZYK IGOR	519		WARSZAWA	POL	M 30	222	M 700		00:12:08	00:24:50.55	00:26:47.90	4:58	12.1
701	PIETRUSZEWSKI KRZYSZTOF	1069		WARSZAWA	POL	M 40	241	M 701		00:11:20	00:24:51.05	00:26:12.55	4:58	12.1
702	SZELWACHOWSKI DARIUSZ	1392		WARSZAWA	POL	M 50	75	M 702		00:11:15	00:24:52.05	00:25:54.40	4:58	12.1
703	LEWANDOWSKI WOJCIECH	1837		WARSZAWA	POL	M 30	223	M 703		00:11:29	00:24:52.25	00:26:06.75	4:58	12.1
704	DAMPC MARIUSZ	1735		WARSZAWA	POL	M 30	224	M 704		00:11:49	00:24:52.70	00:26:28.50	4:58	12.1
705	PIWOWAREK ROBERT	1088		WARSZAWA	POL	M 20	82	M 705		00:11:50	00:24:53.20	00:26:21.05	4:58	12.1
706	BŁACH PIOTR	89		WARSZAWA	POL	M 20	83	M 706		00:11:45	00:24:53.25	00:26:25.10	4:58	12.1
707	DERESZEWSKI PIOTR	231	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M 40	242	M 707		00:11:53	00:24:53.60	00:26:32.00	4:58	12.1
708	POPLAWSKI MICHAEL	1109		WARSZAWA	POL	M 30	225	M 708		00:12:10	00:24:54.20	00:26:42.05	4:58	12
709	OSTROWSKI SŁAWOMIR	1014		WARSZAWA	POL	M 40	243	M 709		00:12:04	00:24:56.20	00:26:44.25	4:59	12
710	ZABIELSKI GRZEGORZ	1602		WARSZAWA	POL	M 50	76	M 710		00:11:31	00:24:56.85	00:26:04.85	4:59	12
711	SAWICKI ADRIAN	1236		WARSZAWA	POL	M 30	226	M 711		00:11:54	00:24:57.15	00:26:33.60	4:59	12
712	WŁODARCZYK TOMASZ	1560	-	-	POL	M 30	227	M 712		00:11:30	00:24:57.25	00:26:14.60	4:59	12
713	GIEZ MARCIN	358		WARSZAWA	POL	M 40	244	M 713		00:12:20	00:24:57.50	00:26:54.75	4:59	12
714	DĘBSKI KAROL	236		ZAMIENTE	POL	M 30	228	M 714		00:11:34	00:24:58.55	00:26:40.40	4:59	12
715	PŁOCHOWSKI ARKADIUSZ	1095		KARCZEW	POL	M 40	245	M 715		00:11:28	00:24:59.00	00:26:01.05	4:59	12
716	SZADKOWSKI BŁAŻEJ	1377		WARSZAWA	POL	M 40	246	M 716		00:11:49	00:25:00.50	00:26:39.10	5:00	12
717	CIOSEK MARCIN	191		WARSZAWA	POL	M 40	247	M 717		00:11:54	00:25:01.55	00:26:25.45	5:00	12
718	KUCHER PAVLO	724		WARSZAWA	UKR	M 20	84	M 718		00:12:35	00:25:03.00	00:27:00.30	5:00	12
719	KUCHARSKI MICHAŁ	722		WARSZAWA	POL	M 20	85	M 719		00:10:59	00:25:03.30	00:26:14.05	5:00	12
720	WIECZOREK MIŁOSZ	2120		WARSZAWA	POL	M 16	31	M 720		00:12:13	00:25:05.20	00:26:18.10	5:01	12
721	ORŁOWSKI KACPER	1885		WARSZAWA	POL	M 30	229	M 721		00:11:35	00:25:05.55	00:26:16.50	5:01	12
722	WOŹNIAK PRZEMYSŁAW	1584		WARSZAWA	POL	M 30	230	M 722		00:11:39	00:25:05.60	00:27:01.80	5:01	12
723	KOPACZEL PAWEŁ	628	LEGIA RUN CLUB WARSZAWA	RYBNO	POL	M 40	248	M 723		00:11:47	00:25:05.75	00:25:50.20	5:01	12
724	CZUBASZEK KRZYSZTOF	212		WARSZAWA	POL	M 40	249	M 724		00:11:30	00:25:07.05	00:26:15.20	5:01	11.9
725	MALINOWSKI RADEK	838		WARSZAWA	POL	M 40	250	M 725		00:12:42	00:25:07.55	00:26:19.00	5:01	11.9
726	LISEWSKI DOMINIK	787		WARSZAWA	POL	M 30	231	M 726		00:12:23	00:25:08.55	00:27:52.70	5:01	11.9
727	LEWANDOWSKI PRZEMYSŁAW	778		WARSZAWA	POL	M 30	232	M 727		00:11:54	00:25:09.15	00:26:47.10	5:01	11.9
728	CHAZAN BERNARD	153		WARSZAWA	POL	M 50	77	M 728		00:11:47	00:25:09.25	00:26:31.45	5:01	11.9
729	MACUTKIEWICZ ADAM	820	MARATOŃCZYCY	WARSZAWA	POL	M 20	86	M 729	MARATOŃCZYCY	00:12:41	00:25:10.05	00:26:53.55	5:02	11.9
730	CIEŚLAK RADEK	186		ŁOZISKA	POL	M 30	233	M 730		00:11:44	00:25:10.10	00:25:57.60	5:02	11.9
731	DĄBROWSKI JAROSŁAW	227		WARSZAWA	POL	M 40	251	M 731		00:11:37	00:25:10.30	00:26:11.35	5:02	11.9
732	SIERY ARTUR	1252		WARSZAWA	POL	M 60	24	M 732		00:11:46	00:25:11.35	00:26:42.35	5:02	11.9
733	BUJAŁSKI KONRAD	130	ETV ULUBIONA WARSZAWA	WARSZAWA	POL	M 20	87	M 733		00:12:10	00:25:12.15	00:27:07.55	5:02	11.9
734	CHRZANOWSKI MICHAŁ	175		WARSZAWA	POL	M 40	252	M 734		00:12:46	00:25:12.25	00:26:51.75	5:02	11.9

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
735	GWÓDZDZ PAWEŁ	1799		WARSZAWA	POL	M 40	253	M 735		00:11:34	00:25:13.05	00:26:04.05	5:02	11.9
736	JUSZCZAK LESZEK	1806	GOCLAWSKIE KOTY Z NIEZALEZNYM CYRYLEM NA CZELE	WARSZAWA	POL	M 60	25	M 736		00:11:41	00:25:13.20	00:26:19.35	5:02	11.9
737	DĄBROWSKI PAWEŁ	1763	STADO PEDZĄCYCH IMADEŁ	-	POL	M 40	254	M 737	STADO PEDZĄCYCH IMADEŁ	00:11:43	00:25:13.65	00:26:19.90	5:02	11.9
738	KOŚLĄCZ IRENEUSZ	1732		WARSZAWA	POL	M 40	255	M 738		00:12:02	00:25:14.65	00:26:54.90	5:02	11.9
739	LENDZION JAROSŁAW	773	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	256	M 739	GRUPA BIEGOWA UM W-WA	00:12:33	00:25:14.65	00:26:36.85	5:02	11.9
740	TYC PIOTR	1479		WARSZAWA	POL	M 20	88	M 740		00:12:23	00:25:15.80	00:27:04.80	5:03	11.9
741	SZYMCZYK MICHAŁ	1422	NASTĘPNY KROK TEAM	WARSZAWA	POL	M 30	234	M 741		00:11:22	00:25:16.30	00:26:33.30	5:03	11.9
742	KEMPA PIOTR	568		WARSZAWA	POL	M 30	235	M 742		00:11:59	00:25:16.35	00:26:33.35	5:03	11.9
743	KORNOWICZ ARKADIUSZ	645		WARSZAWA	POL	M 40	257	M 743		00:11:46	00:25:17.70	00:26:47.30	5:03	11.9
744	KORDA SEBASTIAN	2144		-	POL	M 14	20	M 744		00:12:26	00:25:18.35	00:27:03.55	5:03	11.9
745	SAS SZYMON	1235		WARSZAWA	POL	M 30	236	M 745		00:12:05	00:25:19.60	00:27:01.15	5:03	11.8
746	SZYKUŁA KACPER	1957		WARSZAWA	POL	M 30	237	M 746		00:11:53	00:25:20.90	00:27:04.50	5:04	11.8
747	BODAK KAJETAN	95		WARSZAWA	POL	M 40	258	M 747		00:12:17	00:25:21.45	00:27:09.20	5:04	11.8
748	RUSIECKI PRZEMYSŁAW	1919		WARSZAWA	POL	M 40	259	M 748		00:11:49	00:25:22.00	00:26:48.65	5:04	11.8
749	GOZDZIAK KRZYSZTOF	189		MIELEC	POL	M 20	89	M 749		00:12:51	00:25:23.95	00:28:11.10	5:04	11.8
750	MŁYNARCZYK DAREK	916	***** ***	ZALESIE GÓRNE	POL	M 40	260	M 750		00:11:50	00:25:24.60	00:26:54.45	5:04	11.8
751	BOHDZIEWICZ PAWEŁ	99		DZIEKANÓW LEŚNY	POL	M 40	261	M 751		00:11:57	00:25:24.85	00:26:54.15	5:04	11.8
752	OSYRA TOMASZ	1016		WARSZAWA	POL	M 40	262	M 752		00:11:56	00:25:24.90	00:27:13.90	5:04	11.8
753	BIERNACKI MATEUSZ	1746		KONSTANCIN	POL	M 20	90	M 753		00:12:13	00:25:27.10	00:27:09.80	5:05	11.8
754	KACPROWSKI TADEUSZ	1808		WARSZAWA	POL	M 70	5	M 754		00:11:56	00:25:27.35	00:26:57.80	5:05	11.8
755	STĘPNIEWSKI JAKUB	1348		RASZYN	POL	M 20	91	M 755		00:11:31	00:25:27.60	00:26:43.90	5:05	11.8
756	SUŁKOWSKI MICHAŁ	1950		WARSZAWA	POL	M 30	238	M 756		00:12:13	00:25:27.75	00:27:03.30	5:05	11.8
757	MANART MATEUSZ	847		WARSZAWA	POL	M 30	239	M 757	ITMRUN	00:11:35	00:25:28.75	00:26:26.20	5:05	11.8
758	ŻAKOWICZ FRANEK	2113		JOZEFOSAW	POL	M 16	32	M 758		00:11:05	00:25:28.85	00:26:27.70	5:05	11.8
759	GARBIEC BOGDAN	338		WARSZAWA	POL	M 50	78	M 759		00:11:23	00:25:29.80	00:26:49.15	5:05	11.8
760	DYCHA MARCIN	275	NEW BALANCE RUN CLUB	WARSAW	POL	M 50	79	M 760		00:12:16	00:25:31.40	00:27:08.15	5:06	11.8
761	BUGAJ PRZEMYSŁAW	129		WARSZAWA	POL	M 30	240	M 761		00:12:10	00:25:31.95	00:27:12.45	5:06	11.8
762	DYBEK PAWEŁ	1780	PGE ENERGETIC RUNNING	WARSZAWA	POL	M 40	263	M 762			00:25:32.00	00:27:23.00	5:06	11.7
763	WILK ŁUKASZ	1540		WARSZAWA	POL	M 40	264	M 763		00:13:07	00:25:33.30	00:27:41.30	5:06	11.7
764	MICHALCZUK JAREK	899		WARSZAWA	POL	M 30	241	M 764		00:12:59	00:25:33.55	00:28:01.10	5:06	11.7
765	NAGIEL BARTOSZ	947		WARSZAWA	POL	M 30	242	M 765		00:12:31	00:25:34.40	00:27:29.05	5:06	11.7
766	STALICA WOJCIECH	1327		CZĘSTOCHOWA	POL	M 50	80	M 766		00:12:04	00:25:35.75	00:27:42.20	5:07	11.7
767	PISARSKI MICHAŁ	1085		WARSZAWA	POL	M 40	265	M 767		00:12:41	00:25:36.45	00:27:17.60	5:07	11.7
768	FIGAT KRZYSZTOF	304		WARSZAWA URSYNÓW	POL	M 40	266	M 768		00:12:29	00:25:37.35	00:27:28.50	5:07	11.7
769	SOSIŃSKI HUBERT	1319	RUNFORRESTRUN	WARSZAWA	POL	M 30	243	M 769		00:12:21	00:25:38.00	00:27:36.05	5:07	11.7
770	WELSZYNG PIOTR	1521		ROKIETNICA	POL	M 40	267	M 770		00:11:56	00:25:38.25	00:26:55.00	5:07	11.7
771	SĘDEK PIOTR	1240		WARSZAWA	POL	M 50	81	M 771		00:12:32	00:25:38.45	00:27:31.40	5:07	11.7
772	PYZARA TOMASZ	1154		CHOTOMÓW	POL	M 40	268	M 772		00:11:42	00:25:39.30	00:26:42.25	5:07	11.7
773	SHKURENKO MAKSYM	1929	PEREMOHA	WARSZAWA	UKR	M 40	269	M 773		00:11:13	00:25:41.15	00:27:13.10	5:08	11.7
774	ŻÓŁKOWSKI MAREK	1668	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 60	26	M 774	TEAM ZABIEGANEDNI	00:12:14	00:25:42.00	00:27:25.15	5:08	11.7
775	ZAWIŚLAK PAWEŁ	1637		MYSIADŁO	POL	M 16	33	M 775		00:12:41	00:25:42.90	00:27:08.85	5:08	11.7
776	JAŃCZYK WOJCIECH	1802		WARSZAWA	POL	M 40	270	M 776		00:12:27	00:25:43.10	00:27:39.85	5:08	11.7
777	SZYMAŃSKI ROBERT	1960	KREWKI URSYNÓW HDK	WARSZAWA	POL	M 40	271	M 777		00:12:21	00:25:44.05	00:27:33.05	5:08	11.7
778	KOSTECKI HUBERT	659		WARSZAWA	POL	M 30	244	M 778		00:12:20	00:25:44.60	00:27:31.45	5:08	11.7
779	DUDZIŃSKI WOJCIECH	600		GRÓJEC	POL	M 50	82	M 779		00:12:03	00:25:44.90	00:27:35.40	5:08	11.7
780	GRECKI MICHAŁ	403	PWPW SA	CHYLICZKI	POL	M 30	245	M 780		00:12:45	00:25:45.00	00:27:07.50	5:09	11.7
781	ŁADNY KACPER	1845		WARSZAWA	POL	M 12	8	M 781		00:12:23	00:25:46.15	00:27:24.20	5:09	11.6
782	CHWASTEK RYSZARD	177	RATUJMYRYSIE	WARSZAWA	POL	M 60	27	M 782		00:12:21	00:25:46.65	00:27:51.95	5:09	11.6
783	SZYDLIK MATEUSZ	1956		WARSZAWA	POL	M 30	246	M 783		00:11:48	00:25:46.95	00:27:23.60	5:09	11.6
784	ŚWINIARSKI ADAM	1951		WARSZAWA	POL	M 20	92	M 784		00:12:10	00:25:47.30	00:27:30.95	5:09	11.6
785	MASKIEWICZ ARKADIUSZ	867	ERA RUNNING TEAM	WARSZAWA	POL	M 50	83	M 785		00:12:21	00:25:47.55	00:27:29.60	5:09	11.6
786	GAȚOWSKI ARTUR	351		WARSZAWA	POL	M 30	247	M 786		00:11:55	00:25:47.85	00:27:11.30	5:09	11.6
787	GÓRSKI HUBERT	393		WARSZAWA	POL	M 30	248	M 787		00:12:08	00:25:49.20	00:27:19.95	5:09	11.6
788	MIKULSKI DAMIAN	906	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	272	M 788	TEAM ZABIEGANEDNI	00:12:32	00:25:49.75	00:27:38.85	5:09	11.6

#4

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
789	STRZELCZYK KAMIL	1357	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	273	M 789	TEAM ZABIEGANEDNI	00:12:23	00:25:49.80	00:27:37.40	5:09	11.6
790	NOWICKI PIOTR	974		WARSZAWA	POL	M 40	274	M 790		00:12:34	00:25:50.60	00:27:39.40	5:10	11.6
791	BOŻEK MARIUSZ	108	ORSOME RUNNERS	WARSZAWA	POL	M 30	249	M 791		00:12:21	00:25:51.45	00:27:41.50	5:10	11.6
792	GABRYSEWSKI RADOŚLAW	324		WARSZAWA	POL	M 30	250	M 792		00:12:26	00:25:52.50	00:27:00.20	5:10	11.6
793	KAMIŃSKI TOMASZ	535	MARATOŃCZYCY	WARSZAWA	POL	M 20	93	M 793	MARATOŃCZYCY	00:12:04	00:25:52.60	00:27:35.55	5:10	11.6
794	KALINOWSKI KAROL	525	KS LEMIESZ TEAM	WARSZAWA	POL	M 40	275	M 794		00:11:52	00:25:53.15	00:27:15.45	5:10	11.6
795	MOLSKI ANDRZEJ	922		WARSZAWA	POL	M 50	84	M 795		00:11:58	00:25:53.65	00:27:21.85	5:10	11.6
796	OWCZARCZYK MICHAŁ	1017		WARSZAWA	POL	M 40	276	M 796		00:11:34	00:25:53.95	00:27:30.70	5:10	11.6
797	UKRAINIEC BOGDAN	1975	SC ULTRA	LWOW	UKR	M 60	28	M 797		00:12:14	00:25:54.15	00:27:29.25	5:10	11.6
798	BOROWSKI MIKOŁAJ	103		WARSZAWA	POL	M 30	251	M 798		00:12:33	00:25:54.45	00:27:46.40	5:10	11.6
799	KALUZNY KAROL	531		MICHALOWICE	POL	M 40	277	M 799		00:12:42	00:25:55.55	00:27:31.70	5:11	11.6
800	BORUTA KAMIL	106		WARSZAWA	POL	M 30	252	M 800		00:12:23	00:25:56.35	00:27:49.10	5:11	11.6
801	PROCHWICZ JAKUB	1120	X FIGHT PIASECZNO	WARSZAWA	POL	M 30	253	M 801		00:12:33	00:25:56.40	00:27:46.45	5:11	11.6
802	WAŚOWSKI PIOTR	1518		PRUSZKÓW	POL	M 50	85	M 802		00:12:07	00:25:58.70	00:27:28.10	5:11	11.6
803	KRATOK DMITRY	689	RUN_WAWA_RUN	WARSZAWA	POL	M 30	254	M 803		00:12:30	00:25:58.85	00:27:34.40	5:11	11.6
804	ULICZNY MICHAŁ	1488		WARSZAWA	POL	M 20	94	M 804		00:12:40	00:25:59.70	00:27:39.40	5:11	11.5
805	ROJEWSKI MATEUSZ	1189		WARSZAWA	POL	M 20	95	M 805		00:11:47	00:26:00.50	00:27:31.15	5:12	11.5
806	KLUCZYK ANTONI	2045	KS GROM	WARSZAWA	POL	M 12	9	M 806		00:11:59	00:26:00.65	00:27:36.35	5:12	11.5
807	STĘPIEŃ RADOŚLAW	1345		JÓZEFOSŁAW	POL	M 40	278	M 807		00:11:53	00:26:01.00	00:27:22.90	5:12	11.5
808	WYBRANIEC MICHAŁ	1595		WARSZAWA	POL	M 40	279	M 808		00:12:12	00:26:01.35	00:27:42.05	5:12	11.5
809	SIRODZKI ZBIGNIEW	1260		WARSZAWA	POL	M 50	86	M 809		00:11:58	00:26:01.65	00:29:03.70	5:12	11.5
810	GNIADZIK RAFAL	369	DEAF RUNNING	WARSZAWA	POL	M 40	280	M 810	DEAF RUNNING	00:12:23	00:26:01.75	00:27:01.30	5:12	11.5
811	WOLKOWYCKI ADAM	1575	SERWIS POJAZDÓW ADAM WOLKOWYCKI	WARSZAWA	POL	M 40	281	M 811		00:12:26	00:26:02.20	00:28:03.50	5:12	11.5
812	LACHOWICZ TOMASZ	756	WITC	WARSZAWA	POL	M 20	96	M 812		00:11:37	00:26:03.30	00:26:22.05	5:12	11.5
813	KRÓL PATRYK	701		WARSZAWA	POL	M 30	255	M 813		00:11:57	00:26:03.35	00:28:21.20	5:12	11.5
814	ZAKRZEWSKI MATEUSZ	163		WARSZAWA	POL	M 20	97	M 814		00:11:47	00:26:04.55	00:28:54.15	5:12	11.5
815	NIEDZIÓŁKA JACEK	2141		-	POL	M 50	87	M 815		00:12:45	00:26:05.75	00:27:33.95	5:13	11.5
816	PATEJ MACIEJ	1720		BIĄŁYSTOK	POL	M 20	98	M 816		00:12:43	00:26:06.55	00:27:39.60	5:13	11.5
817	PRZYBYSZ MATEUSZ	1139		WARSZAWA	POL	M 20	99	M 817		00:12:32	00:26:06.70	00:27:48.05	5:13	11.5
818	LIAKH ALIAKSANDR	782		WARSAW	BEL	M 30	256	M 818		00:12:06	00:26:08.55	00:28:08.25	5:13	11.5
819	JAZNICKI TOMEK	483	KS ZNICZ - POWĄZKI	WARSZAWA	POL	M 50	88	M 819		00:12:28	00:26:08.95	00:28:05.90	5:13	11.5
820	BRZOZOWSKI ERNEST	118	KS STASZEWSKY	BŁONIE	POL	M 40	282	M 820	KS STASZEWSKY	00:12:03	00:26:09.05	00:27:22.70	5:13	11.5
821	MARCINKOWSKI DARIUSZ	853		SOCHACZEW	POL	M 60	29	M 821		00:12:32	00:26:09.40	00:28:07.15	5:13	11.5
822	LEŚNIAK KRZYSZTOF	775	LEŚNIAKTEAM	WARSZAWA	POL	M 40	283	M 822		00:12:04	00:26:11.05	00:27:15.05	5:14	11.5
823	KOSZUT WOJCIECH	1824		WARSZAWA	POL	M 40	284	M 823		00:12:37	00:26:11.20	00:28:07.35	5:14	11.5
824	GRUSZKA JAKUB	413	TN BIEGÓWKI WESOŁA	WARSZAWA	POL	M 30	257	M 824		00:11:29	00:26:12.05	00:27:29.85	5:14	11.5
825	BRAMSON PIOTR	1750		WARSZAWA	POL	M 40	285	M 825		00:11:46	00:26:13.05	00:26:40.25	5:14	11.4
826	JURDECZKA MIROŚLAW	501		WARSZAWA	POL	M 30	258	M 826		00:12:11	00:26:13.35	00:28:08.15	5:14	11.4
827	ZAJDLEWICZ MAREK	1612		WARSZAWA	POL	M 40	286	M 827		00:12:39	00:26:13.40	00:29:33.35	5:14	11.4
828	CYBULSKI DAWID	1762		ZAMOŚĆ	POL	M 20	100	M 828		00:12:44	00:26:13.40	00:28:50.10	5:14	11.4
829	GUTOWSKI PIOTR	422		SKARYSZEW	POL	M 20	101	M 829		00:12:34	00:26:16.65	00:28:01.35	5:15	11.4
830	GOLISZ ADAM	377		MYSIADŁO	POL	M 50	89	M 830		00:12:41	00:26:17.05	00:27:43.10	5:15	11.4
831	ZACHUTA PIOTR	1606		WARSZAWA	POL	M 30	259	M 831		00:12:22	00:26:18.00	00:28:14.90	5:15	11.4
832	OWCZARCZYK JANEK	2071		WARSZAWA	POL	M 14	21	M 832		00:11:59	00:26:18.05	00:27:30.50	5:15	11.4
833	PINDAKIEWICZ MICHAŁ	1079		WARSZAWA	POL	M 50	90	M 833		00:12:16	00:26:18.30	00:28:00.70	5:15	11.4
834	GIERSZEWSKI MARIUSZ	357		ŻDŻAR	POL	M 30	260	M 834		00:11:56	00:26:18.40	00:27:52.10	5:15	11.4
835	MAKOWSKI JULIUSZ	1852		WARSZAWA	POL	M 30	261	M 835		00:12:07	00:26:19.85	00:27:32.45	5:15	11.4
836	ŚWIDERSKI DARIUSZ	1431	POLYPHARM	WARSZAWA	POL	M 50	91	M 836		00:12:12	00:26:20.65	00:27:40.60	5:16	11.4
837	KIETLIŃSKI SZYMON	1814		WARSZAWA	POL	M 12	10	M 837		00:13:12	00:26:20.80	00:29:28.90	5:16	11.4
838	MARCINKOWSKI KRZYSZTOF	1856		WARSZAWA	POL	M 40	287	M 838		00:12:14	00:26:21.25	00:27:58.40	5:16	11.4
839	SKUP KACPER	1281		WARSZAWA	POL	M 30	262	M 839		00:11:18	00:26:21.30	00:27:07.55	5:16	11.4
840	ZABŁOCKI WOJCIECH	1603		WARSAW	POL	M 30	263	M 840		00:11:58	00:26:21.65	00:27:29.70	5:16	11.4
841	DĄBROWSKI DANIEL	1724		MYSZKÓW	POL	M 40	288	M 841		00:12:26	00:26:22.75	00:28:12.65	5:16	11.4
842	AUGUSTYN ŁUKASZ	38	CBRE	WARSZAWA	POL	M 30	264	M 842		00:12:10	00:26:22.90	00:26:30.60	5:16	11.4
843	GRABEK RADOŚLAW	1796		WARSZAWA	POL	M 40	289	M 843		00:12:35	00:26:24.05	00:27:56.65	5:16	11.4
844	KOZŁOWSKI PATRYK	685	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	290	M 844	GÓRA BIEGA	00:12:04	00:26:24.40	00:27:55.65	5:16	11.4

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
845	BIEDRON DARIUSZ	73	ALUNIO TEAM	WARSZAWA	POL	M 40	291	M 845		00:12:44	00:26:25.10	00:28:01.85	5:17	11.4
846	DZIUBIŃSKI PIOTR	288	KDPS	WARSZAWA	POL	M 30	265	M 846		00:12:27	00:26:25.95	00:28:21.70	5:17	11.4
847	KARNEY KRZYSZTOF	548		WARSZAWA	POL	M 40	292	M 847		00:12:45	00:26:26.40	00:29:15.00	5:17	11.3
848	MOS TOMASZ	1867		WARSZAWA	POL	M 40	293	M 848		00:12:42	00:26:27.35	00:28:19.70	5:17	11.3
849	OSTROWSKI MARCIN	1013		WARSZAWA	POL	M 40	294	M 849		00:12:51	00:26:27.35	00:28:05.10	5:17	11.3
850	KRZECZEWSKI PIOTR	709		WARSZAWA	POL	M 30	266	M 850		00:12:25	00:26:27.80	00:29:07.05	5:17	11.3
851	CIEŚLIK EMIL	2011	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 16	34	M 851	ŁÓDŹ KOCHA SPORT	00:13:17	00:26:27.95	00:29:19.30	5:17	11.3
852	BRODZKI JAN	112		WARSZAWA	POL	M 30	267	M 852		00:11:43	00:26:29.05	00:27:28.65	5:17	11.3
853	BOGUSZEWSKI PIOTR	98		WARSZAWA	POL	M 40	295	M 853		00:12:36	00:26:29.05	00:30:13.75	5:17	11.3
854	SUCHOCKI KONRAD	1364		SZEWNICA	POL	M 30	268	M 854		00:12:38	00:26:29.15	00:28:43.05	5:17	11.3
855	WÓJCIK ARTUR	1587		JÓZEFOSŁAW	POL	M 40	296	M 855		00:12:03	00:26:29.35	00:27:53.85	5:17	11.3
856	SOWIAK GRZEGORZ	1322		WARSZAWA	POL	M 30	269	M 856		00:12:16	00:26:29.40	00:27:50.55	5:17	11.3
857	FRENKEL MAREK	319		BLIZNE JASIŃSKIEGO	POL	M 50	92	M 857		00:12:14	00:26:30.20	00:29:59.25	5:18	11.3
858	JAGUŚ PIOTREK	453		WARSZAWA	POL	M 30	270	M 858		00:11:56	00:26:31.05	00:28:26.45	5:18	11.3
859	PIECZONKA MARCIN	1064		WARSZAWA	POL	M 30	271	M 859		00:11:46	00:26:31.30	00:29:17.80	5:18	11.3
860	JAKÓBCZAK MICHAŁ	454		ZĄBKI	POL	M 20	102	M 860		00:12:08	00:26:31.55	00:28:25.75	5:18	11.3
861	GAJOWNICZEK ARTUR	333		WARSZAWA	POL	M 40	297	M 861		00:12:30	00:26:32.05	00:27:37.80	5:18	11.3
862	ŁYSIAK KRZYSZTOF	811	KOTLET POWER TEAM	WARSZAWA	POL	M 40	298	M 862		00:12:14	00:26:34.40	00:28:48.15	5:18	11.3
863	KALINOWSKI PIOTR	524		NOWA IWICZNA	POL	M 40	299	M 863		00:13:00	00:26:34.75	00:28:15.35	5:18	11.3
864	KNAP MACIEJ	2046		WARSZAWA	POL	M 16	35	M 864		00:13:52	00:26:35.45	00:29:16.50	5:19	11.3
865	BANACH MATEUSZ	44		WARSZAWA	POL	M 30	272	M 865		00:12:31	00:26:35.55	00:27:25.70	5:19	11.3
866	CHUDECKI ŁUKASZ	176		WARSZAWA	POL	M 30	273	M 866		00:12:30	00:26:36.15	00:27:41.90	5:19	11.3
867	GIL WOJCIECH	359	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 50	93	M 867	TEAM ZABIEGANEDNI	00:12:50	00:26:36.30	00:27:24.25	5:19	11.3
868	RUKUSZEWICZ WAWRZYNIEC	1206	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	M 40	300	M 868		00:12:36	00:26:37.85	00:28:10.00	5:19	11.3
869	FRITZ TOMASZ	1786		BIELSKO BIAŁA	POL	M 40	301	M 869		00:12:24	00:26:38.10	00:28:17.90	5:19	11.3
870	BUDNICKI GRZEGORZ	127		WARSZAWA	POL	M 60	30	M 870		00:12:28	00:26:38.35	00:27:49.60	5:19	11.3
871	CHMIELEWSKI TOMASZ	160		PIASTÓW	POL	M 40	302	M 871		00:13:10	00:26:38.50	00:29:17.85	5:19	11.3
872	CYNKIER MIESZKO	197	TEAM ENVOL POLAND	SULJEÓWEK	POL	M 40	303	M 872		00:12:49	00:26:42.40	00:28:35.80	5:20	11.2
873	ANIOŁKOWSKI KRZYSZTOF	27	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	304	M 873	AKTYWNA WARSZAWA	00:13:15	00:26:42.60	00:29:23.40	5:20	11.2
874	REGUŁA FABIAN	1173		WARSZAWA	POL	M 16	36	M 874		00:12:27	00:26:43.20	00:29:10.30	5:20	11.2
875	CIEŚLIK MARIUSZ	188	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 40	305	M 875	ŁÓDŹ KOCHA SPORT	00:13:17	00:26:43.95	00:29:34.30	5:20	11.2
876	PRUSIK JAN	1131		STARA WIEŚ	POL	M 30	274	M 876		00:12:52	00:26:47.35	00:29:16.80	5:21	11.2
877	TEMPLER MAREK	1443	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	306	M 877		00:12:30	00:26:48.05	00:28:42.10	5:21	11.2
878	GERULA JAKUB	352		WARSZAWA	POL	M 20	103	M 878		00:12:26	00:26:48.45	00:27:00.00	5:21	11.2
879	PRASEK ŁUKASZ	1117		WARSZAWA	POL	M 40	307	M 879		00:12:49	00:26:48.65	00:28:52.10	5:21	11.2
880	STEMPEL TOMASZ	1343	MARYSIN WAWERSKI BIEGA	WARSZAWA-MARYSIN WAWERSKI	POL	M 40	308	M 880		00:12:26	00:26:49.20	00:28:38.50	5:21	11.2
881	KIETLIŃSKI MACIEJ	580		WARSZAWA	POL	M 50	94	M 881		00:13:37	00:26:49.30	00:29:32.10	5:21	11.2
882	TREVOR ARRON	1461		WARSZAWA	POL	M 50	95	M 882		00:12:54	00:26:49.40	00:28:29.90	5:21	11.2
883	WOZIŃSKI PATRYK	1581		WARSZAWA	POL	M 30	275	M 883		00:13:11	00:26:51.50	00:29:01.60	5:22	11.2
884	ŚWIDRAK BARTOSZ	1432		WARSZAWA	POL	M 30	276	M 884		00:12:03	00:26:51.85	00:28:21.90	5:22	11.2
885	SZYDŁOWSKI JERZY	1408		WARSZAWA	POL	M 60	31	M 885		00:12:17	00:26:51.85	00:28:07.70	5:22	11.2
886	GADZIŃSKI MARCIN	328		WARSZAWA	POL	M 20	104	M 886		00:12:38	00:26:52.95	00:29:34.30	5:22	11.2
887	OLSZEWSKI ANDRZEJ	1001	KS STASZEWSKY	WARSZAWA	POL	M 50	96	M 887	KS STASZEWSKY	00:11:56	00:26:54.20	00:28:22.45	5:22	11.2
888	KRAWCZYK JULIUSZ	692		WARSZAWA	POL	M 20	105	M 888		00:12:52	00:26:55.10	00:28:51.70	5:23	11.1
889	SKWIRA PIOTR	1936	CHWILAMOMENTTEAM	WARSZAWA	POL	M 40	309	M 889	CHWILAMOMENTTEAM	00:12:17	00:26:55.75	00:28:13.20	5:23	11.1
890	STOLARSKI JANUSZ	1351	PARKRUN SŁODOWO WŁOCLAWEK	WŁOCLAWEK	POL	M 60	32	M 890		00:13:06	00:26:56.10	00:29:07.75	5:23	11.1
891	MASTALEREK ARKADIUSZ	869		WARSZAWA	POL	M 40	310	M 891		00:13:26	00:26:57.20	00:29:30.40	5:23	11.1
892	PRZEPIÓRA JACEK	1133	ATOMOWE KRASNALE	WARSZAWA	POL	M 40	311	M 892		00:12:07	00:26:58.00	00:28:38.15	5:23	11.1
893	POMIERNY DOMINIK	1907	#KUCIAPSKI TEAM	WARSZAWA	POL	M 40	312	M 893	ADIDAS RUNNERS WARSZAWA	00:12:38	00:26:58.05	00:27:49.05	5:23	11.1
894	CHRABAŁOWSKI ŁUKASZ	172		WARSZAWA	POL	M 40	313	M 894		00:12:34	00:26:58.20	00:28:44.15	5:23	11.1
895	RYBCHUK IAROSLAV	1217		WARSZAWA	POL	M 20	106	M 895	CBRE	00:12:47	00:26:58.65	00:29:06.50	5:23	11.1
896	WIECZOREK WIKTOR	1985	BIEGOWY WARIAT RUNNING TEAM	BĘDZIN	POL	M 14	22	M 896	BIEGOWY WARIAT RUNNING TEAM	00:13:10	00:27:02.60	00:28:54.85	5:24	11.1
897	RYSZKA BOGUSŁAW	1924		LUBLINIEC	POL	M 50	97	M 897		00:12:37	00:27:03.85	00:28:41.10	5:24	11.1
898	ŻURAWSKI PAWEŁ	1674	LENIWCE TEAM	WARSZAWA	POL	M 40	314	M 898		00:12:56	00:27:05.20	00:28:57.85	5:25	11.1

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
899	WAWRZYNOWSKI MICHAŁ	1517		JÓZEFÓW	POL	M 30	277	M 899		00:12:28	00:27:05.80	00:28:51.25	5:25	11.1
900	SIARNIEWICZ ŁUKASZ	1244		PIASECZNO	POL	M 20	107	M 900		00:12:30	00:27:05.90	00:29:20.90	5:25	11.1
901	PRZYBYSZ KRZYSZTOF	82		WARSZAWA	POL	M 50	98	M 901		00:12:54	00:27:05.90	00:28:41.75	5:25	11.1
902	STEFANKOWSKI ROBERT	1340		WARSZAWA	POL	M 30	278	M 902		00:13:01	00:27:06.25	00:29:17.30	5:25	11.1
903	DWORAK MARCIN	1680		WARSZAWA	POL	M 50	99	M 903		00:13:02	00:27:08.65	00:29:27.60	5:25	11.1
904	ZABOJSZCZ TOMASZ	2123		WARSZAWA	POL	M 50	100	M 904		00:12:33	00:27:09.20	00:30:38.35	5:25	11
905	BOCZARSKI PIOTR	94		WARSZAWA	POL	M 30	279	M 905		00:12:52	00:27:10.80	00:29:17.70	5:26	11
906	SOKOŁOWSKI JAROSŁAW	1314		BŁĘDÓW	POL	M 40	315	M 906		00:12:24	00:27:11.75	00:27:37.60	5:26	11
907	NOWAKOWSKI RAFAŁ	971		WARSZAWA	POL	M 20	108	M 907		00:13:04	00:27:12.10	00:29:26.05	5:26	11
908	KONDRAT PIOTR	625		ZĄBKI	POL	M 60	33	M 908		00:12:23	00:27:12.85	00:29:01.10	5:26	11
909	MEKARSKI TOMASZ	2064		WARSZAWA	POL	M 16	37	M 909		00:13:14	00:27:13.20	00:29:18.20	5:26	11
910	SKALSKI MAREK	1697		DĄBROWA CHOTOMOWSKA	POL	M 50	101	M 910		00:12:34	00:27:14.00	00:28:56.55	5:26	11
911	PAWLISZ MARCIN	1047		WARSZAWA	POL	M 50	102	M 911		00:12:30	00:27:15.90	00:29:03.25	5:27	11
912	GOLIŃSKI RADOSŁAW	375		WARSZAWA	POL	M 30	280	M 912		00:13:15	00:27:16.35	00:29:23.20	5:27	11
913	REICH TOMASZ	1914		WARSZAWA	POL	M 40	316	M 913	NOWAWARSZAWA	00:12:46	00:27:19.10	00:29:16.65	5:27	11
914	PINKWART WIKTOR	1080		WARSZAWA	POL	M 20	109	M 914		00:13:12	00:27:19.20	00:29:29.90	5:27	11
915	GORAL PIOTR	383		JOZEFOSLAW	POL	M 60	34	M 915		00:12:30	00:27:19.60	00:29:09.05	5:27	11
916	SKROBEK PIOTR	1277		ŁOMIANKI	POL	M 30	281	M 916		00:13:37	00:27:19.60	00:30:17.75	5:27	11
917	KORNILUK PIOTR	644		WARSZAWA	POL	M 40	317	M 917		00:12:36	00:27:20.60	00:28:45.50	5:28	11
918	CZECHOWSKI TOMASZ	205		WARSZAWA	POL	M 20	110	M 918		00:15:03	00:27:20.75	00:30:20.65	5:28	11
919	KATNER TOMASZ	562		WARSZAWA	POL	M 40	318	M 919		00:12:27	00:27:21.45	00:28:51.75	5:28	11
920	WNUK PIOTR	1564	ROYAL GOLF CLUB WILANÓW	WARSZAWA	POL	M 50	103	M 920	ROYAL GOLF CLUB WILANÓW	00:12:45	00:27:21.50	00:29:06.50	5:28	11
921	BRZozowski ANDRZEJ	119	WKZ	ZAMOŚĆ	POL	M 60	35	M 921		00:13:12	00:27:22.10	00:29:36.75	5:28	11
922	TOMASZEWSKI MACIEJ	1451		WARSZAWA	POL	M 20	111	M 922		00:13:19	00:27:23.70	00:29:33.15	5:28	11
923	NOWOSIELSKI BARTŁOMIEJ	977	LAUBNITZ	WARSZAWA	POL	M 20	112	M 923		00:13:07	00:27:23.75	00:29:47.90	5:28	11
924	KASICA ROBERT	557		GRÓJEC	POL	M 40	319	M 924		00:12:33	00:27:24.40	00:29:01.90	5:28	10.9
925	GROTEK KAROL	411		PNIEWY	POL	M 20	113	M 925		00:11:41	00:27:24.65	00:28:42.75	5:28	10.9
926	KOPEĆ PIOTR	632		PIASECZNO	POL	M 40	320	M 926		00:13:12	00:27:25.15	00:30:08.60	5:29	10.9
927	ŻOŁCIŃSKI WALDEMAR	1667	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 60	36	M 927	GRUPA BIEGOWA UM W-WA	00:13:12	00:27:25.70	00:29:09.85	5:29	10.9
928	CZOPEK MATEUSZ	1771	BIEGAM, BO MUSZĘ	WARSZAWA	POL	M 30	282	M 928		00:12:55	00:27:25.90	00:29:36.10	5:29	10.9
929	WÓJTOWICZ MICHAŁ	1589		WARSZAWA	POL	M 20	114	M 929		00:13:26	00:27:26.40	00:29:28.30	5:29	10.9
930	PRYBYSH DMITRI	1132		WARSZAWA	BEL	M 30	283	M 930		00:13:31	00:27:26.75	00:29:47.05	5:29	10.9
931	KOSTRUBAŁA KACPER	660		WARSZAWA	POL	M 40	321	M 931		00:13:11	00:27:28.15	00:29:25.20	5:29	10.9
932	WIECZOREK MICHAŁ	1726	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	322	M 932	BIEGOWY WARIAT RUNNING TEAM	00:12:31	00:27:29.10	00:29:21.65	5:29	10.9
933	SIRY ROMAN	1262		WARSZAWA	POL	M 30	284	M 933		00:13:17	00:27:31.40	00:29:49.10	5:30	10.9
934	ZADROŻNY CYPRIAN	1610		WARSZAWA	POL	M 40	323	M 934		00:12:40	00:27:31.80	00:29:25.75	5:30	10.9
935	BRODECKI KRZYSIEK	110		WARSZAWA	POL	M 40	324	M 935		00:13:20	00:27:32.05	00:29:37.90	5:30	10.9
936	MALINOWSKI ŁUKASZ	837		WARSZAWA	POL	M 40	325	M 937		00:12:35	00:27:34.45	00:29:31.35	5:30	10.9
937	RACZYŃSKI DOMINIK	1157		WARSZAWA	POL	M 20	115	M 938		00:12:48	00:27:34.50	00:30:47.50	5:30	10.9
938	SZACKI WOJCIECH	1375		WARSZAWA	POL	M 40	326	M 939		00:12:24	00:27:35.05	00:28:42.10	5:31	10.9
939	PROUTY MATTHEW	1124		BIELAWA	POL	M 50	104	M 940		00:13:32	00:27:36.20	00:30:02.25	5:31	10.9
940	PRZEWODOWSKI SEBASTIAN	1135		WARSZAWA	POL	M 40	327	M 941		00:13:22	00:27:36.50	00:29:46.10	5:31	10.9
941	KIJJAŃSKI RADOSŁAW	583		WARSZAWA	POL	M 30	285	M 942		00:13:07	00:27:36.55	00:30:07.10	5:31	10.9
942	ŁASKA JAKUB	795		WARSZAWA	POL	M 20	116	M 943		00:13:10	00:27:36.90	00:29:49.20	5:31	10.9
943	REDA SŁAWOMIR	1170	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 60	37	M 944	TEAM ZABIEGANEDNI	00:13:17	00:27:37.00	00:29:52.90	5:31	10.9
944	OLKOWSKI ROBERT	996		IZABELIN-DZIEKANÓWEK	POL	M 50	105	M 945		00:12:20	00:27:38.20	00:28:57.25	5:31	10.9
945	DUDEK MIKOŁAJ	268		WARSZAWA	POL	M 20	117	M 946	CBRE	00:13:34	00:27:38.45	00:30:19.10	5:31	10.9
946	BATOR ZBIGNIEW	59		WARSZAWA	POL	M 60	38	M 947		00:12:57	00:27:38.55	00:29:15.60	5:31	10.9
947	REKUS ŁUKASZ	1176		WARSZAWA	POL	M 30	286	M 948		00:13:12	00:27:40.55	00:29:38.20	5:32	10.8
948	KŁOPOCKI RAFAŁ	605		STRZENIÓWKA	POL	M 50	106	M 949		00:13:26	00:27:42.20	00:30:26.30	5:32	10.8
949	RUTKOWSKI TOMASZ	1212		WARSZAWA	POL	M 40	328	M 950		00:12:55	00:27:43.75	00:30:24.40	5:32	10.8
950	ZACZYK JAKUB	1608		WARSZAWA	POL	M 40	329	M 951		00:13:30	00:27:44.65	00:30:31.85	5:32	10.8
951	WIERZCHOWIECKI MICHAŁ	1530		WARSZAWA	POL	M 50	107	M 952		00:13:00	00:27:44.70	00:29:40.15	5:32	10.8
952	RYBICKI MAREK	1218		NOWY DWÓR MAZOWIECKI	POL	M 50	108	M 953		00:13:16	00:27:45.20	00:29:50.70	5:33	10.8

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
953	HULANICKI ANDRZEJ	441	POLCARD FROM FISERV	WARSZAWA	POL	M 60	39	M 954		00:13:11	00:27:46.40	00:28:51.15	5:33	10.8
954	WACKO KRZYSZTOF	1502	WARSZAWA	WARSZAWA	POL	M 30	287	M 955		00:13:11	00:27:46.40	00:30:34.70	5:33	10.8
955	ZAMORSKI ALEKSANDER	2121		PIASECZNO	POL	M 14	23	M 956		00:11:54	00:27:46.95	00:30:27.60	5:33	10.8
956	PAWIŃSKI ŁUKASZ	1043		MAGNUSZEW	POL	M 30	288	M 957		00:13:14	00:27:48.80	00:29:28.65	5:33	10.8
957	SIRKO KRZYSZTOF	1259		WARSZAWA	POL	M 30	289	M 958		00:12:37	00:27:49.60	00:29:33.80	5:33	10.8
958	MISTAK JACEK	1863	REMBERTÓW TEAM	WARSZAWA	POL	M 40	330	M 959		00:13:12	00:27:49.85	00:30:00.30	5:33	10.8
959	FOK TOMASZ	314	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	290	M 960	ADIDAS RUNNERS WARSAW	00:13:42	00:27:50.05	00:30:46.90	5:34	10.8
960	ZAJĄC TOMASZ	1613		WARSZAWA	POL	M 30	291	M 961		00:13:54	00:27:50.10	00:30:41.90	5:34	10.8
961	WINIARCZYK ŁUKASZ	1542		WARSZAWA	POL	M 40	331	M 962		00:13:11	00:27:51.25	00:30:06.35	5:34	10.8
962	ADAMIAK DAWID	2000		WARSZAWA	POL	M 14	24	M 963		00:12:44	00:27:51.70	00:29:42.35	5:34	10.8
963	PAŁASIEWICZ GRZEGORZ	1031		WARSZAWA	POL	M 60	40	M 964		00:13:07	00:27:51.70	00:29:43.80	5:34	10.8
964	DESKA LESZEK	233		NOWA IWICZNA	POL	M 40	332	M 965		00:13:14	00:27:52.00	00:29:43.80	5:34	10.8
965	STAROMYŃSKI ŁUKASZ	1734		WARSZAWA	POL	M 40	333	M 966		00:13:37	00:27:53.25	00:30:11.50	5:34	10.8
966	WÓJCIK ROBERT	1586		WARSZAWA	POL	M 40	334	M 967		00:13:17	00:27:55.20	00:29:59.35	5:35	10.7
967	PAŁASIEWICZ KRZYSZTOF	1030		WARSZAWA	POL	M 40	335	M 968		00:13:17	00:27:55.50	00:30:01.65	5:35	10.7
968	RANKOWSKI BARTOSZ	1163		WARSAW	POL	M 40	336	M 969		00:13:07	00:27:55.95	00:30:04.50	5:35	10.7
969	ROGAŁA GRZEGORZ	1916		WARSZAWA	POL	M 50	109	M 970		00:13:03	00:27:56.05	00:29:42.15	5:35	10.7
970	CIESIELSKI MATEUSZ	184		MYSIADŁO	POL	M 30	292	M 971		00:13:19	00:27:57.05	00:30:01.50	5:35	10.7
971	JANISZEWSKI PIOTR	465		ŁADY	POL	M 40	337	M 972		00:13:06	00:27:58.40	00:30:04.20	5:35	10.7
972	BUKOWSKI JANUSZ	137		WARSZAWA	POL	M 60	41	M 973		00:12:56	00:27:59.80	00:28:25.15	5:35	10.7
973	WAJDA PAWEŁ	1976		WARSZAWA	POL	M 40	338	M 974		00:13:18	00:28:00.25	00:29:58.30	5:36	10.7
974	MASALSKI MICHAŁ	865		WARSZAWA	POL	M 40	339	M 975		00:13:21	00:28:00.90	00:30:06.45	5:36	10.7
975	NARTOWSKI JAN	950	MORT!	WARSZAWA	POL	M 60	42	M 976		00:13:10	00:28:03.20	00:30:46.40	5:36	10.7
976	IWANIUK MARCIN	444		WARSZAWA	POL	M 40	340	M 977		00:13:08	00:28:03.55	00:29:43.50	5:36	10.7
977	DABROWSKI KUBA	217		WARSZAWA	POL	M 30	293	M 978		00:13:51	00:28:03.95	00:30:40.10	5:36	10.7
978	SOWIŃSKI EDMUND	1942	TKKF PŁOCK	PŁOCK	POL	M 70	6	M 979		00:13:20	00:28:04.05	00:30:16.00	5:36	10.7
979	MALER WŁADYSŁAW	834	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 70	7	M 980		00:13:26	00:28:06.15	00:29:57.10	5:37	10.7
980	ŻÓŁKOWSKI RAFAŁ	2134	RUN % FUN	WARSZAWA	POL	M 30	294	M 981	RUN % FUN	00:13:09	00:28:07.35	00:31:09.80	5:37	10.7
981	MADEJ GRZEGORZ	823	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	341	M 982	DRAGONFLIES	00:12:58	00:28:08.25	00:31:18.35	5:37	10.7
982	MOSTOWSKI GRZEGORZ	927		WARSZAWA	POL	M 30	295	M 983			00:28:08.35	00:29:52.25	5:37	10.7
983	KLIŃSKI MARCIN	595		WARSZAWA	POL	M 50	110	M 984		00:12:54	00:28:12.20	00:30:07.45	5:38	10.6
984	TOMCZAK KAROL	1453		WARSZAWA	POL	M 20	118	M 985		00:13:36	00:28:14.20	00:31:00.60	5:38	10.6
985	GRZYBOWSKI BARTOSZ	1707	DECATHLON	WARSZAWA	POL	M 20	119	M 986	DECATHLON	00:13:15	00:28:14.55	00:30:28.30	5:38	10.6
986	NOWAKOWSKI KAMIL	972	CBRE	WARSZAWA	POL	M 30	296	M 987		00:13:23	00:28:14.80	00:30:57.90	5:38	10.6
987	MĘŻYŃSKI GRZEGORZ	896		PIASTÓW	POL	M 40	342	M 988		00:13:35	00:28:17.05	00:31:15.90	5:39	10.6
988	SKONIECZNY ANDRZEJ	1276		WARSZAWA	POL	M 50	111	M 989		00:12:48	00:28:17.55	00:29:15.15	5:39	10.6
989	WELTER SZYMON	1982		WARSZAWA	POL	M 20	120	M 990		00:12:31	00:28:20.15	00:31:20.85	5:40	10.6
990	DYMEL ANDRZEJ	278	MARKOWI BIEGACZE	WARSZAWA	POL	M 70	8	M 991		00:12:32	00:28:20.25	00:28:35.50	5:40	10.6
991	KLEMENSOWICZ PAWEŁ	593		WARSZAWA	POL	M 20	121	M 992		00:13:47	00:28:20.60	00:30:56.70	5:40	10.6
992	SOCHA PAWEŁ	1306	12TRI.PL	ZĄBKI	POL	M 30	297	M 993		00:13:34	00:28:21.95	00:31:18.95	5:40	10.6
993	ZDANOWICZ PAWEŁ	1641		WARSZAWA	POL	M 40	343	M 994		00:13:22	00:28:22.25	00:30:29.90	5:40	10.6
994	BANASZKIEWICZ JAKUB	49	YUMMY BANANA	WARSZAWA	POL	M 20	122	M 995	YUMMY BANANA	00:13:40	00:28:22.45	00:30:45.80	5:40	10.6
995	SKRZYPCZAK BŁAŻEJ	1934		WARSZAWA	POL	M 20	123	M 996		00:14:49	00:28:22.65	00:30:50.45	5:40	10.6
996	WUJEC PAWEŁ	1594		WARSZAWA	POL	M 50	112	M 997		00:13:40	00:28:22.95	00:30:38.85	5:40	10.6
997	DZIECIOŁ ARTUR	285		WARSZAWA	POL	M 20	124	M 998	CBRE	00:13:32	00:28:23.90	00:31:22.50	5:40	10.6
998	MAZUR PAWEŁ	885		WARSZAWA	POL	M 40	344	M 999		00:13:47	00:28:25.15	00:31:09.05	5:41	10.6
999	SIENKIEWICZ DOMINIK	1701		WARSZAWA	POL	M 12	11	M 1000		00:13:49	00:28:26.10	00:29:01.65	5:41	10.6
1000	SZAFRAN CZESŁAW	1379		OTWOCK	POL	M 70	9	M 1002		00:13:13	00:28:27.25	00:30:13.00	5:41	10.5
1001	PERLAN ROBERT	1052	LESZNO TEAM	LESZNO	POL	M 40	345	M 1003	LESZNO TEAM	00:13:53	00:28:29.25	00:31:07.35	5:41	10.5
1002	KHAMUTOU PAVEL	1807		WARSAW	POL	M 20	125	M 1004		00:13:03	00:28:30.55	00:30:02.20	5:42	10.5
1003	WIERZEJSKI PIOTR	145		WARSZAWA	POL	M 40	346	M 1005		00:12:16	00:28:31.05	00:30:09.15	5:42	10.5
1004	ŻURAWSKI DOMINIK	2136		ZĄBKI	POL	M 40	347	M 1006		00:13:32	00:28:31.35	00:31:09.90	5:42	10.5
1005	WASIULEWSKI WOJCIECH	1513		WARSZAWA	POL	M 30	298	M 1007		00:13:51	00:28:32.60	00:30:57.35	5:42	10.5
1006	CZUK PRZEMYSŁAW	213		MAGDALENKA	POL	M 40	348	M 1008		00:13:38	00:28:33.45	00:31:12.05	5:42	10.5
1007	CZUK MAKSYMILIAN	2012		MAGDALENKA	POL	M 12	12	M 1009		00:13:38	00:28:34.40	00:31:12.90	5:42	10.5
1008	OKULANIS MATEUSZ	988		WARSZAWA	POL	M 20	126	M 1010		00:13:56	00:28:34.50	00:31:08.45	5:42	10.5

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1009	SZANIAWSKI MICHAŁ	1384	#TEAMSZANIA	WARSZAWA	POL	M 40	349	M 1011		00:13:37	00:28:35.20	00:30:44.65	5:43	10.5
1010	XU YIWEI	1709		WARSZAWA	POL	M 30	299	M 1012		00:11:59	00:28:35.40	00:29:34.90	5:43	10.5
1011	KALITA JAKUB	527		NOWE GROCHOLICE	POL	M 20	127	M 1013		00:12:09	00:28:36.75	00:29:54.40	5:43	10.5
1012	MĘŻYŃSKI MATEUSZ	2065		PIASTÓW	POL	M 12	13	M 1014		00:13:59	00:28:36.90	00:31:11.75	5:43	10.5
1013	CZEKAJ TOMASZ	1766		WARSZAWA	POL	M 40	350	M 1015		00:13:17	00:28:37.10	00:30:50.30	5:43	10.5
1014	WASZKIEWICZ WOJTEK	1514		WARSZAWA	POL	M 30	300	M 1016		00:14:35	00:28:37.95	00:31:28.10	5:43	10.5
1015	MARCZEWSKI STANISŁAW	856	STEGNY POŁUDNIE	WARSZAWA	POL	M 40	351	M 1017		00:12:37	00:28:38.70	00:30:16.20	5:43	10.5
1016	DĄBROWSKI JACEK	224	BIEGOWY WARIAT RUNNING TEAM	MILANÓWEK	POL	M 50	113	M 1018		00:13:02	00:28:39.65	00:30:21.00	5:43	10.5
1017	SZULAWSKI ROBERT	1402	GSD.RUNNERS	WARSZAWA	POL	M 50	114	M 1019		00:12:15	00:28:40.80	00:29:32.60	5:44	10.5
1018	KNAP JAKUB	2047		WARSZAWA	POL	M 12	14	M 1020		00:13:59	00:28:41.10	00:31:21.85	5:44	10.5
1019	KNAP RADOŚLAW	608		WARSZAWA	POL	M 40	352	M 1021		00:13:59	00:28:41.50	00:31:21.60	5:44	10.5
1020	MĘDEL CEZARY	893		MARKI	POL	M 50	115	M 1022		00:13:43	00:28:41.60	00:31:00.05	5:44	10.5
1021	CHOJNOWSKI ANDRZEJ	166	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40	353	M 1023		00:13:05	00:28:41.65	00:30:33.20	5:44	10.5
1022	GŁÓDEK ADAM	365	AIOA	WARSZAWA	POL	M 30	301	M 1024		00:13:57	00:28:43.40	00:31:29.70	5:44	10.4
1023	ANKIEWICZ WOJTEK	28		WARSZAWA	POL	M 40	354	M 1025		00:12:40	00:28:45.00	00:32:11.10	5:45	10.4
1024	KLUCZYK PIOTR	601	KS GROM	WARSZAWA	POL	M 30	302	M 1026		00:13:25	00:28:46.20	00:30:22.55	5:45	10.4
1025	KĘDZIA-STĘPKOWSKI PIOTR	569		WARSZAWA	POL	M 50	116	M 1027		00:14:10	00:28:47.15	00:31:00.30	5:45	10.4
1026	DUBEK MICHAŁ	264		WARSZAWA	POL	M 40	355	M 1028		00:13:50	00:28:47.70	00:31:42.20	5:45	10.4
1027	MAREK MICHAŁ	858		WARSZAWA	AFG	M 30	303	M 1029		00:13:48	00:28:52.25	00:31:35.40	5:46	10.4
1028	JESIONOWSKI MARCIN	489		WARSZAWA	POL	M 40	356	M 1030		00:12:04	00:28:53.10	00:30:07.95	5:46	10.4
1029	STASZEWSKI JANUSZ	1339		WARSZAWA	POL	M 50	117	M 1031		00:13:35	00:28:54.70	00:32:08.05	5:46	10.4
1030	DOSTOJEWSKI PIOTR	254		WARSZAWA	POL	M 40	357	M 1032		00:12:53	00:28:54.85	00:30:51.80	5:46	10.4
1031	FROM KONRAD	320	WARSAW RUN CLUB	WARSZAWA	POL	M 40	358	M 1033		00:13:19	00:28:55.05	00:31:03.05	5:47	10.4
1032	MARCINKIEWICZ WOJCIECH	852	BIEGUSTATORZY	WARSZAWA	POL	M 30	304	M 1034		00:13:54	00:28:55.50	00:31:31.90	5:47	10.4
1033	NIKLIŃSKI DOMINIK	150		WARSZAWA	POL	M 40	359	M 1035		00:13:38	00:28:55.70	00:31:11.75	5:47	10.4
1034	JODŁOWSKI RAFAŁ	494	MYSZORY	WARSZAWA	POL	M 30	305	M 1036		00:13:45	00:28:56.80	00:30:38.95	5:47	10.4
1035	WITEK SZYMON	2107		WARSZAWA	POL	M 14	25	M 1037		00:14:08	00:28:56.90	00:31:08.95	5:47	10.4
1036	TLAK TOMASZ	1445		WARSZAWA	POL	M 40	360	M 1038		00:12:51	00:28:57.10	00:30:29.65	5:47	10.4
1037	KARCZMARCZYK PAWEŁ	545		WARSZAWA	POL	M 30	306	M 1039		00:13:17	00:28:57.85	00:30:44.10	5:47	10.4
1038	PODGRODZKI PAWEŁ	1096		WARSZAWA	POL	M 40	361	M 1040		00:13:14	00:29:00.05	00:30:37.20	5:48	10.3
1039	JAGODZIŃSKI KAMIL	452		WARSZAWA	POL	M 30	307	M 1041		00:13:02	00:29:00.90	00:30:44.35	5:48	10.3
1040	KNYZIAK JAKUB	2017	FUNDACJA MORSY WOŁOMIN KOBYŁKA	KOBYŁKA	POL	M 12	15	M 1042		00:12:59	00:29:01.60	00:30:04.90	5:48	10.3
1041	FONGANG SIMON	317		WARSZAWA	POL	M 20	128	M 1043		00:13:35	00:29:03.30	00:31:54.05	5:48	10.3
1042	HOLDENMAJER CEZARY	1800		WARSZAWA	POL	M 50	118	M 1044		00:14:12	00:29:03.60	00:31:33.70	5:48	10.3
1043	GAWRYSZEWSKI GRZEGORZ	345		WARSZAWA	POL	M 30	308	M 1045		00:13:46	00:29:04.75	00:31:25.40	5:48	10.3
1044	SEGIET RAFAŁ	1237		SEROCK	POL	M 30	309	M 1046		00:13:43	00:29:08.55	00:32:08.05	5:49	10.3
1045	ŚWINIARSKI EMIL	1729		WARSZAWA	POL	M 20	129	M 1047		00:13:07	00:29:08.70	00:31:14.80	5:49	10.3
1046	CZARKOWSKI DARIUSZ	201		OŻARÓW MAZOWIECKI	POL	M 40	362	M 1048	PRACUJĄCA TRÓJKA	00:13:09	00:29:09.15	00:30:29.55	5:49	10.3
1047	GÓRAL TADEUSZ	384	KKB	WARSZAWA	POL	M 50	119	M 1049		00:14:10	00:29:09.80	00:30:12.40	5:49	10.3
1048	LULA RADOŚLAW	1844	RUN VEGAN	WARSZAWA	POL	M 40	363	M 1050		00:15:10	00:29:10.95	00:32:43.70	5:50	10.3
1049	WIERZBICKI IRENEUSZ	1528		ŁUKÓW	POL	M 50	120	M 1051		00:13:56	00:29:11.15	00:31:37.75	5:50	10.3
1050	BIERNAT MICHAŁ	80		ŁÓDŹ	POL	M 60	43	M 1052		00:13:57	00:29:14.40	00:31:23.25	5:50	10.3
1051	ANTOS SŁAWOMIR	30		LEGIONOWO	POL	M 40	364	M 1053		00:14:02	00:29:15.30	00:31:43.85	5:51	10.3
1052	PALENIK PAWEŁ	1888		WARSZAWA	POL	M 12	16	M 1054		00:14:08	00:29:16.35	00:32:17.50	5:51	10.3
1053	NIEWIADOMSKI ZDZISŁAW	960		WARSZAWA	POL	M 70	10	M 1055		00:13:24	00:29:18.20	00:31:58.70	5:51	10.2
1054	SZOT PAWEŁ	1398		WARSZAWA	POL	M 40	365	M 1056		00:14:04	00:29:19.35	00:31:55.10	5:51	10.2
1055	PIWOWAREK GRZEGORZ	1087	PRZEPIÓRKI WIKTORA	WARSZAWA	POL	M 30	310	M 1057		00:14:11	00:29:19.60	00:31:53.85	5:51	10.2
1056	POŁCZYŃSKI PAWEŁ	1905		WARSZAWA	POL	M 30	311	M 1058		00:11:46	00:29:20.00	00:30:50.75	5:52	10.2
1057	SZYMANEK ŁUKASZ	1409		WARSZAWA	POL	M 40	366	M 1059		00:13:35	00:29:21.85	00:32:02.85	5:52	10.2
1058	REGUICKI ARTUR	1172		WARSZAWA	POL	M 50	121	M 1060		00:13:11	00:29:22.90	00:31:32.05	5:52	10.2
1059	DRZYŃNICKI DAMIAN	261	SEMP URSYNOW	WARSZAWA	POL	M 40	367	M 1061	SEMP URSYNOW	00:13:18	00:29:25.15	00:31:30.10	5:53	10.2
1060	GOŁĘBIEWSKI KAROL	379		WARSZAWA	POL	M 30	312	M 1062	DSV ISS	00:13:45	00:29:25.85	00:32:10.40	5:53	10.2
1061	BUDA ARKADIUSZ	122		WARSZAWA	POL	M 30	313	M 1063	DSV ISS	00:13:45	00:29:26.05	00:32:10.60	5:53	10.2
1062	PALENIK MARCIN	1887		WARSZAWA	POL	M 40	368	M 1064		00:14:09	00:29:26.25	00:32:27.15	5:53	10.2
1063	PAPROWICZ ADAM	2077		WARSZAWA	POL	M 12	17	M 1065	CHŁOPAKI Z KEN	00:13:22	00:29:27.40	00:30:51.60	5:53	10.2
1064	TYLMAN RADOŚLAW	1480		WARSZAWA	POL	M 30	314	M 1066		00:13:20	00:29:28.15	00:31:37.50	5:53	10.2

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1065	BALCERZAK TOMASZ	1722		LEGIONOWO	POL	M 40	369	M 1067		00:13:28	00:29:29.20	00:31:20.40	5:53	10.2
1066	KOSIOR KONRAD	658		WARSZAWA	POL	M 30	315	M 1068		00:15:03	00:29:29.35	00:32:29.65	5:53	10.2
1067	RYBAK MATEUSZ	1922		WARSZAWA	POL	M 20	130	M 1069		00:13:43	00:29:29.85	00:31:11.60	5:53	10.2
1068	MADEJ JAKUB	2059	GÓRA BIEGA	GÓRA KALWARIA	POL	M 14	26	M 1070	DRAGONFLIES	00:14:15	00:29:30.30	00:32:08.70	5:54	10.2
1069	KUBOWICZ MACIEJ	717		WARSZAWA	POL	M 40	370	M 1071		00:14:08	00:29:31.35	00:31:30.60	5:54	10.2
1070	WOŁCZAK BARTŁOMIEJ	1577		WARSZAWA	POL	M 20	131	M 1072		00:14:08	00:29:33.35	00:31:10.80	5:54	10.2
1071	NIKLEWICZ KONRAD	961		WARSZAWA	POL	M 40	371	M 1073		00:14:20	00:29:39.75	00:32:39.25	5:55	10.1
1072	PIETRZYK PAWEŁ	1070		WARSZAWA	POL	M 40	372	M 1074		00:12:50	00:29:39.80	00:31:18.20	5:55	10.1
1073	DOBRUCH ROBERT	244		WARSZAWA	POL	M 50	122	M 1075		00:13:24	00:29:44.20	00:30:54.40	5:56	10.1
1074	STRZABALA GRZEGORZ	1356		WARSZAWA	POL	M 40	373	M 1076		00:14:12	00:29:44.40	00:32:05.20	5:56	10.1
1075	KUNKA PIOTR	741	TEAM ZABIEGANEDNI	JAKUBÓW	POL	M 40	374	M 1077	TEAM ZABIEGANEDNI	00:13:34	00:29:45.30	00:32:43.50	5:57	10.1
1076	WIECZOREK PIOTR	1527		WARSZAWA	POL	M 40	375	M 1078		00:14:32	00:29:45.95	00:33:09.70	5:57	10.1
1077	DYMEL PIOTR	279		WARSZAWA	POL	M 70	11	M 1079		00:13:52	00:29:47.70	00:31:59.50	5:57	10.1
1078	RACZYŃSKI PATRYK	1155	RKS ZERZEŃ	WARSZAWA	POL	M 40	376	M 1080		00:14:06	00:29:47.70	00:33:01.75	5:57	10.1
1079	IWASZKO PAWEŁ	445		WARSZAWA	POL	M 40	377	M 1081		00:13:19	00:29:48.15	00:31:20.10	5:57	10.1
1080	TOLAK MARCIN	203	TEAM TOLAK	WARSZAWA	POL	M 40	378	M 1082	TEAM TOLAK	00:14:02	00:29:48.70	00:32:37.30	5:57	10.1
1081	NOWAK WIKTOR	966	SPARTANIE DZIECIOM	WARSZAWA	POL	M 60	44	M 1083		00:13:37	00:29:50.65	00:33:06.40	5:58	10.1
1082	NOGAL JÓZEF	963	ALBATROS	PODŁĘCZE	POL	M 60	45	M 1084		00:13:27	00:29:54.35	00:31:47.40	5:58	10
1083	MASTALERZ DAWID	1858		WARSZAWA	POL	M 20	132	M 1085		00:13:02	00:29:54.60	00:31:37.45	5:58	10
1084	ADAMIAK PAWEŁ	14		WARSZAWA	POL	M 50	123	M 1086		00:13:46	00:30:00.15	00:33:06.95	6:00	10
1085	GODLEWSKI PIOTR	371		WARSZAWA	POL	M 30	316	M 1087		00:13:49	00:30:05.20	00:32:48.05	6:01	10
1086	KRZECZEWSKI JACEK	708		WARSZAWA	POL	M 50	124	M 1088		00:13:50	00:30:06.55	00:32:19.70	6:01	10
1087	SZYMCZAK MIROSŁAW	1420	TRIWAWA	WARSZAWA	POL	M 70	12	M 1089		00:14:05	00:30:07.25	00:33:04.00	6:01	10
1088	WALOS JAN	1508		WARSZAWA	POL	M 60	46	M 1090		00:13:19	00:30:08.00	00:31:48.50	6:01	10
1089	SMAGIEŁ TOMASZ	1292	STS SMAGIEŁ	WARSZAWA	POL	M 50	125	M 1091		00:14:12	00:30:10.25	00:33:15.90	6:02	9.9
1090	RYŃSKI ANDRZEJ	1222		GDYNIA	POL	M 50	126	M 1093		00:13:41	00:30:15.00	00:31:37.35	6:03	9.9
1091	NIEDZIELA MICHAŁ	957		WARSZAWA	POL	M 40	379	M 1094		00:13:59	00:30:15.45	00:31:54.35	6:03	9.9
1092	LEWANDOWSKI PIOTR	1838		WARSZAWA	POL	M 50	127	M 1095		00:14:12	00:30:21.15	00:32:10.90	6:04	9.9
1093	FLASZCZYŃSKI MICHAŁ	312		PRUSZKÓW	POL	M 30	317	M 1096		00:14:25	00:30:25.90	00:33:23.10	6:05	9.9
1094	PROCHWICZ SZYMON	1121		WARSZAWA	POL	M 20	133	M 1097		00:14:04	00:30:29.05	00:33:12.35	6:05	9.8
1095	JÓZWIK ARTUR	497	BBB	WARSZAWA	POL	M 40	380	M 1098		00:14:12	00:30:30.40	00:33:08.65	6:06	9.8
1096	ROGUSKI MICHAŁ	1187		WARSZAWA	POL	M 30	318	M 1099		00:14:02	00:30:30.70	00:32:50.15	6:06	9.8
1097	TRYFON PAWEŁ	1970		WARSZAWA	POL	M 20	134	M 1100		00:14:09	00:30:31.55	00:33:22.50	6:06	9.8
1098	PROUTY ANTHONY	2081		BIELAWA	POL	M 16	38	M 1101		00:14:07	00:30:31.85	00:32:56.20	6:06	9.8
1099	BEDNAREK KRZYSZTOF	1744		CHYLICE	POL	M 20	135	M 1102		00:14:00	00:30:32.00	00:32:39.20	6:06	9.8
1100	KORONA MARCIN	648	TEAM KARAS	WARSZAWA	POL	M 20	136	M 1103	TEAM KARAŚ	00:14:25	00:30:35.95	00:33:12.95	6:07	9.8
1101	GAWIN MARIUSZ	344		WARSZAWA	POL	M 20	137	M 1104		00:14:07	00:30:43.40	00:32:56.45	6:08	9.8
1102	ZIETEK MARCIN	1652		WARSZAWA	POL	M 40	381	M 1105		00:14:47	00:30:46.90	00:34:04.15	6:09	9.8
1103	MARCINIAK RAFAL	851		WARSZAWA	POL	M 30	319	M 1106		00:13:45	00:30:47.60	00:32:46.25	6:09	9.7
1104	ORZECZOWSKI DANIEL	1006		PIASECZNO	POL	M 40	382	M 1107		00:14:16	00:30:47.95	00:34:09.35	6:09	9.7
1105	PETRYCKI MARCIN	1053	PUMPIŃ	MARKÓW-ŚWINICE	POL	M 40	383	M 1108		00:14:22	00:30:49.30	00:31:53.90	6:09	9.7
1106	TYSZKA RAFAŁ	2102		WARSZAWA	POL	M 16	39	M 1109		00:13:41	00:30:49.80	00:32:45.10	6:09	9.7
1107	LIGOWSKI KRZYSZTOF	784		WARSZAWA	POL	M 40	384	M 1110		00:13:11	00:30:53.25	00:33:15.45	6:10	9.7
1108	DĄBROWSKI ANDRZEJ	226		JÓZEFÓW	POL	M 60	47	M 1111		00:13:45	00:30:54.75	00:34:05.15	6:10	9.7
1109	JUNEVIČIUS ANDRIUS	498		WARSZAWA	POL	M 20	138	M 1112		00:15:07	00:30:54.90	00:33:11.60	6:10	9.7
1110	ŻURAWSKI FILIP	2115		WARSZAWA	POL	M 14	27	M 1113		00:13:43	00:30:55.35	00:33:46.10	6:11	9.7
1111	OKRASA MACIEJ	986	WARSZAWIAKY	WARSZAWA	POL	M 40	385	M 1114		00:13:52	00:30:55.40	00:33:17.00	6:11	9.7
1112	STASIAK MARCIN	1338		WARSZAWA	POL	M 50	128	M 1115		00:15:38	00:30:55.75	00:32:27.00	6:11	9.7
1113	KASIĄ JACEK	556	BIEGAM, BO BIEGAM :)	WARSZAWA	POL	M 40	386	M 1116		00:14:39	00:30:57.05	00:33:08.80	6:11	9.7
1114	KOWALCZYK BOGDAN	664	WARSZAWA-BRÓDNO	WARSZAWA	POL	M 60	48	M 1117		00:14:04	00:30:57.30	00:33:40.05	6:11	9.7
1115	BODALSKI JACEK	1689	AKTYWNA WARSZAWA	WARSZAWA	POL	M 50	129	M 1118	AKTYWNA WARSZAWA	00:13:59	00:30:57.45	00:33:33.65	6:11	9.7
1116	DŁUGOSZ PATRYK	238		WARSZAWA	POL	M 30	320	M 1119		00:14:12	00:30:58.80	00:33:54.00	6:11	9.7
1117	KUMÓR SEBASTIAN	740		WARSZAWA	POL	M 30	321	M 1120		00:13:55	00:31:00.40	00:32:09.35	6:12	9.7
1118	BITOWSKI HUBERT	88		JÓZEFOSŁAW	POL	M 40	387	M 1121		00:14:30	00:31:06.50	00:34:02.55	6:13	9.6
1119	MAKAVEYEU ANTON	831		WARSZAWA	POL	M 30	322	M 1122		00:14:31	00:31:07.15	00:34:30.40	6:13	9.6
1120	LENARCZYK PAWEŁ	4		-	POL	M 40	388	M 1123		00:13:51	00:31:12.80	00:33:51.05	6:14	9.6
1121	ŻÓLTOWSKI BARTŁOMIEJ	1670		WARSZAWA	POL	M 40	389	M 1124		00:13:48	00:31:17.50	00:34:01.60	6:15	9.6

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1122	ZAWADZKI KSAWERY	1635		WARSZAWA	POL	M 30	323	M 1125		00:15:03	00:31:21.50	00:34:06.65	6:16	9.6
1123	HOŁDAŚ MARIUSZ	429		WARSZAWA	POL	M 50	130	M 1126		00:12:43	00:31:24.45	00:32:55.75	6:16	9.6
1124	KĄDZIELAWA MAREK	567	CWCR	WARSZAWA	POL	M 50	131	M 1127		00:14:12	00:31:31.00	00:33:22.30	6:18	9.5
1125	ZALEWSKI PIOTR	2124		JULIANÓW	POL	M 50	132	M 1128		00:15:14	00:31:31.25	00:34:24.50	6:18	9.5
1126	GLASSER MAREK	360		WARSZAWA	POL	M 70	13	M 1129		00:14:53	00:31:33.30	00:33:58.70	6:18	9.5
1127	DĄBROWSKI PAWEŁ	223		WARSZAWA	POL	M 30	324	M 1130		00:13:59	00:31:34.50	00:31:49.25	6:18	9.5
1128	MAJEK JAKUB	1851		PIASECZNO	POL	M 20	139	M 1131		00:14:38	00:31:38.05	00:34:56.90	6:19	9.5
1129	KENIG WIKTOR	2116		WARSZAWA	POL	M 16	40	M 1132		00:14:37	00:31:41.05	00:34:58.50	6:20	9.5
1130	KENIG PAWEŁ	1682		WARSZAWA	POL	M 50	133	M 1133		00:14:36	00:31:41.90	00:34:59.05	6:20	9.5
1131	DOMŻAŁA JAN	2018		WARSZAWA	POL	M 12	18	M 1134		00:13:54	00:31:43.80	00:34:06.20	6:20	9.5
1132	MŁYNARCZYK MIKOŁAJ	917		ZALESIE GÓRNE	POL	M 20	140	M 1135		00:13:47	00:31:52.55	00:34:10.80	6:22	9.4
1133	BŁOŃSKI ROBERT	1693		WARSZAWA	POL	M 50	134	M 1136		00:14:37	00:31:56.65	00:33:48.70	6:23	9.4
1134	BANASIAK PIOTR	45		WARSZAWA	POL	M 30	325	M 1137		00:14:54	00:31:56.85	00:34:55.25	6:23	9.4
1135	FERLAS MICHAŁ	300		JÓZEFOSŁAW	POL	M 50	135	M 1138		00:15:21	00:31:57.75	00:34:53.30	6:23	9.4
1136	MICHALAK JERZY	898	KB IM. P.SĘKOWSKIEGO	PŁOŃSK	POL	M 70	14	M 1139		00:14:45	00:32:00.05	00:34:39.20	6:24	9.4
1137	SIRODZKI MICHAŁ	1261		WARSZAWA	POL	M 20	141	M 1140		00:14:08	00:32:00.45	00:34:37.80	6:24	9.4
1138	PYRZAK PIOTR	1151		WARSZAWA	POL	M 40	390	M 1141		00:14:21	00:32:01.00	00:34:29.95	6:24	9.4
1139	PUCHAŁA TOMASZ	1143	MYSZORY	WARSZAWA	POL	M 40	391	M 1142		00:14:53	00:32:01.35	00:33:43.40	6:24	9.4
1140	JANKOWSKI REMIGIUSZ	466		WARSZAWA	POL	M 50	136	M 1143		00:14:49	00:32:04.50	00:34:52.35	6:24	9.4
1141	GRABOWSKI JERZY	399	NIEZRZESZONY	WARSZAWA	POL	M 70	15	M 1144		00:15:07	00:32:04.70	00:34:47.20	6:24	9.4
1142	SOKOŁOWSKI MARIAN	1313	SAMOTNY WILK	WARSZAWA	POL	M 70	16	M 1145		00:14:33	00:32:05.15	00:33:48.30	6:25	9.4
1143	KUCHARSKI KRZYSZTOF	723		WARSZAWA	POL	M 60	49	M 1146		00:14:53	00:32:07.20	00:34:02.00	6:25	9.3
1144	PREKOWSKI GRZEGORZ	54		WARSZAWA	POL	M 50	137	M 1147		00:14:36	00:32:09.90	00:34:52.90	6:25	9.3
1145	WITEK ADAM	2108		WARSZAWA	POL	M 12	19	M 1148		00:14:12	00:32:14.55	00:34:36.55	6:26	9.3
1146	KRIEWS KONRAD	694		WARSZAWA	POL	M 40	392	M 1149		00:15:45	00:32:16.40	00:35:34.85	6:27	9.3
1147	BEDNARZAK TADEUSZ	1678	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M 60	50	M 1150		00:15:46	00:32:16.50	00:35:26.50	6:27	9.3
1148	ZABIELSKI JAROSŁAW	1601		WARSZAWA	POL	M 50	138	M 1151		00:15:11	00:32:22.15	00:34:42.40	6:28	9.3
1149	ULMA DAWID	1489		WARSZAWA	POL	M 30	326	M 1152		00:15:20	00:32:27.00	00:35:25.10	6:29	9.2
1150	SZYMAŃCZAK ZBIGNIEW	1958		NADARZYN	POL	M 60	51	M 1153		00:15:01	00:32:33.30	00:33:34.85	6:30	9.2
1151	SZANDECKI MARIUSZ	1954		ŁOMIANKI	POL	M 40	393	M 1154		00:16:38	00:32:33.60	00:32:33.60	6:30	9.2
1152	SYTY ADAM	1374		WARSZAWA	POL	M 40	394	M 1155		00:14:00	00:32:33.95	00:35:19.70	6:30	9.2
1153	SZMIGIELSKI MACIEJ	1394		JÓZEFOSŁAW	POL	M 40	395	M 1156		00:15:48	00:32:35.10	00:35:40.25	6:31	9.2
1154	KARPECHENKO ARTEM	549		WARSZAWA	POL	M 30	327	M 1157		00:17:57	00:32:42.75	00:35:38.30	6:32	9.2
1155	BUDA ARTUR	2007		WARSZAWA	POL	M 14	28	M 1158		00:14:36	00:32:43.10	00:35:00.25	6:32	9.2
1156	ŻOCHOWSKI GRZEGORZ	1666		WARSZAWA	POL	M 60	52	M 1159		00:15:13	00:32:46.00	00:36:11.70	6:33	9.2
1157	RADKOWSKI MICHAŁ	1160		WARSZAWA	POL	M 40	396	M 1160		00:15:03	00:32:57.65	00:34:29.70	6:35	9.1
1158	ZABIEGA ŁUKASZ	1600		WARSZAWA	POL	M 30	328	M 1161		00:15:20	00:33:01.10	00:35:58.75	6:36	9.1
1159	SKRZYPCZAK JAROSŁAW	1933		WARSZAWA	POL	M 50	139	M 1162		00:14:49	00:33:05.95	00:35:33.80	6:37	9.1
1160	PIWOWARCZYK SŁAWOMIR	1086		WARSZAWA	POL	M 50	140	M 1163		00:14:48	00:33:06.80	00:34:08.85	6:37	9.1
1161	WESOŁOWSKI PAWEŁ	1983		WARSZAWA	POL	M 40	397	M 1164		00:16:13	00:33:06.85	00:36:15.10	6:37	9.1
1162	ZAGRAJEK KRZYSIEK	1611		WARSZAWA	POL	M 30	329	M 1165		00:19:33	00:33:08.40	00:33:08.40	6:37	9.1
1163	CHMIELEWSKI ANTONI	161	MIĘDZYRZECKA GRUPA BIEGOWA	MJEDZYRZEC PODLASKI	POL	M 70	17	M 1166		00:15:34	00:33:08.80	00:36:18.20	6:37	9.1
1164	FALACIŃSKI KAROL	295		WARSZAWA	POL	M 40	398	M 1167		00:15:08	00:33:09.40	00:36:18.85	6:37	9
1165	MĘKARSKI PIOTR	1687		WARSZAWA	POL	M 40	399	M 1168		00:15:59	00:33:13.60	00:36:02.65	6:38	9
1166	FRANEK MARCIN	2118		WARSZAWA	POL	M 16	41	M 1169		00:14:31	00:33:14.45	00:36:01.25	6:38	9
1167	WALKIEWICZ MARIUSZ	1507		NOWA IWICZNA	POL	M 50	141	M 1170		00:14:17	00:33:19.85	00:35:43.30	6:39	9
1168	GOŁOS PIOTR	1704		WARSZAWA	POL	M 50	142	M 1171		00:14:18	00:33:20.05	00:35:43.50	6:40	9
1169	SPIEWAK MACIEJ	1324		WARSZAWA	POL	M 40	400	M 1172		00:15:45	00:33:20.10	00:36:16.10	6:40	9
1170	MAJEWSKI MACIEJ	830		MAGDALENKA	POL	M 30	330	M 1173		00:16:00	00:33:24.95	00:36:23.65	6:40	9
1171	PRUCHNIEWICZ MICHAŁ	1126		WARSZAWA	POL	M 30	331	M 1174		00:16:23	00:33:34.85	00:36:54.10	6:42	8.9
1172	KOSIATY JAROSŁAW	655		WARSZAWA	POL	M 50	143	M 1175		00:15:15	00:33:42.45	00:34:40.50	6:44	8.9
1173	RYCHLEWICZ RAFAŁ	1220		WARSZAWA	POL	M 40	401	M 1176		00:14:53	00:33:45.35	00:36:55.35	6:45	8.9
1174	GRYNCEWSKI JEREMI	1798		WARSZAWA	POL	M 12	20	M 1177		00:13:02	00:33:47.70	00:35:08.30	6:45	8.9
1175	WOŹNIAK JAKUB	1582		WARSZAWA	POL	M 16	42	M 1178		00:15:18	00:33:47.70	00:36:57.15	6:45	8.9
1176	SEITARIDIS CHRISTOS	1238		WARSZAWA	GRE	M 30	332	M 1179		00:16:04	00:33:50.85	00:37:13.85	6:46	8.9
1177	SŁOWIK JERZY	1290		WARSZAWA	POL	M 60	53	M 1180		00:13:03	00:33:52.10	00:35:12.70	6:46	8.9
1178	WILCZAK TOMASZ	1686		BASZKÓWKA	POL	M 30	333	M 1181		00:17:18	00:33:53.35	00:37:02.35	6:46	8.9

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1179	DEREK WOJCIECH	230		WARSZAWA	POL	M 30	334	M 1182		00:16:23	00:33:53.50	00:36:56.05	6:46	8.9
1180	JAŻWIŃSKI (TATA PATEREK ;-) PRZEMEK	484		WARSZAWA	POL	M 40	402	M 1183		00:16:19	00:33:55.90	00:37:01.85	6:47	8.8
1181	PLUTA ALEK	1094		SULEJÓWEK	POL	M 30	335	M 1184		00:16:16	00:34:02.00	00:37:08.10	6:48	8.8
1182	CZAJA PIOTR	1764		WARSZAWA	POL	M 40	403	M 1185		00:15:35	00:34:13.55	00:35:58.85	6:50	8.8
1183	NEJMAN ANDRZEJ	955		WARSZAWA	POL	M 40	404	M 1186		00:16:08	00:34:14.15	00:37:26.45	6:50	8.8
1184	KEMPA ROBERT	48		WARSZAWA	POL	M 40	405	M 1187		00:15:51	00:34:16.95	00:37:49.85	6:51	8.8
1185	TUREK PAWEŁ	1971	PRIN-S	NOWA IWICZNA	POL	M 50	144	M 1188		00:13:30	00:34:23.90	00:36:09.95	6:52	8.7
1186	DOMINIAK BARTOSZ	33	#BARTEKBIEGA	WARSZAWA	POL	M 40	406	M 1189	URZĄD DZIELNICY URSYNÓW	00:15:45	00:34:32.75	00:37:25.45	6:54	8.7
1187	DENKIEWICZ ADAM	2015		WARSZAWA	POL	M 12	21	M 1190		00:14:11	00:34:34.10	00:36:56.40	6:54	8.7
1188	MOSKAŁA BOGUSŁAW	925		WARSZAWA	POL	M 60	54	M 1191		00:16:19	00:34:39.00	00:37:44.85	6:55	8.7
1189	MASALSKI MIKOŁAJ	2061		WARSZAWA	POL	M 14	29	M 1192		00:15:58	00:34:45.75	00:37:41.60	6:57	8.6
1190	KOSIŃSKI RAFAŁ	657	BIEGNIJ Z PROSERVICE	OŻARÓW MAZOWIECKI	POL	M 40	407	M 1193	BIEGNIJ Z PROSERVICE	00:15:38	00:34:56.45	00:36:53.90	6:59	8.6
1191	SZOSTAKOWSKI JAROSŁAW	1397	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	M 50	145	M 1194		00:16:20	00:35:00.45	00:38:04.25	7:00	8.6
1192	BRONISZEWSKI JAKUB	113		KIJÓW	POL	M 40	408	M 1195		00:16:01	00:35:01.25	00:37:57.20	7:00	8.6
1193	KAMIŃSKI MACIEJ	538		ZIELONKA	POL	M 40	409	M 1196		00:16:27	00:35:04.30	00:38:17.25	7:00	8.6
1194	SKUPIŃSKI TOMASZ	1282		WOŁOMIN	POL	M 20	142	M 1197		00:16:27	00:35:04.80	00:38:17.55	7:00	8.6
1195	DĄBROWSKI TOMASZ	222		WARSZAWA	POL	M 40	410	M 1198		00:15:34	00:35:07.00	00:38:00.80	7:01	8.5
1196	BORKOWSKI ADRIAN	1532		WARSZAWA	POL	M 30	336	M 1199		00:15:53	00:35:08.30	00:38:05.65	7:01	8.5
1197	KIELBICKI MARCIN	574		WARSZAWA	POL	M 40	411	M 1200		00:16:15	00:35:08.35	00:38:19.10	7:01	8.5
1198	KĘDZIA-STĘPKOWSKI ANTONI	570		WARSZAWA	POL	M 20	143	M 1201		00:15:40	00:35:17.65	00:37:31.70	7:03	8.5
1199	KUC DANIEL	719		ZIELONKA	POL	M 40	412	M 1202		00:16:20	00:35:19.60	00:38:20.75	7:03	8.5
1200	OLCZAK WITOLD	991	UMCS BIEGA	WARSZAWA	POL	M 60	55	M 1203		00:16:21	00:35:29.90	00:38:36.35	7:05	8.5
1201	DYGA DOMINIK	1781		WARSZAWA	POL	M 16	43	M 1204		00:15:59	00:35:40.35	00:38:25.60	7:08	8.4
1202	SZUSTKIEWICZ ZBIGNIEW	1404		MSZCZONÓW	POL	M 50	146	M 1205		00:16:20	00:35:53.35	00:38:43.85	7:10	8.4
1203	TUROWSKI KRZYSZTOF	1477		WARSZAWA	POL	M 60	56	M 1206		00:16:16	00:36:09.90	00:37:35.85	7:13	8.3
1204	LAMPARSKI ROBERT	759		WARSZAWA	POL	M 40	413	M 1207		00:18:07	00:36:11.05	00:36:11.05	7:14	8.3
1205	GIERANOWSKI MARCIN	1715	ZALATANI	WARSZAWA	POL	M 40	414	M 1208		00:16:22	00:36:23.85	00:39:18.45	7:16	8.2
1206	HOŁOWACZ TOMASZ	431	KONDYCJA	WARSZAWA	POL	M 70	18	M 1209		00:17:30	00:36:26.00	00:39:28.50	7:17	8.2
1207	JĘDRAS JAKUB	492		WARSZAWA	POL	M 40	415	M 1210		00:16:14	00:36:33.35	00:39:30.30	7:18	8.2
1208	SMYDA PIOTR	1688		BUSKO-ZDRÓJ	POL	M 60	57	M 1211		00:17:06	00:36:38.70	00:39:48.60	7:19	8.2
1209	FABISZ JAN	2022		WARSZAWA	POL	M 12	22	M 1212		00:17:58	00:36:44.05	00:39:38.00	7:20	8.2
1210	MISTRZAK MARCIN	913		PIASECZNO	POL	M 40	416	M 1213		00:17:40	00:36:46.60	00:39:49.10	7:21	8.2
1211	BORUSZEWSKI MACIEJ	105		WARSZAWA	POL	M 50	147	M 1214		00:15:22	00:36:50.25	00:39:15.00	7:22	8.1
1212	GARWACKI JOZEF	341		PŁOCK	POL	M 70	19	M 1215		00:17:05	00:36:59.55	00:40:08.70	7:23	8.1
1213	UFA JAROSŁAW	1974		SOCHACZEW	POL	M 50	148	M 1216		00:17:36	00:37:08.55	00:40:15.90	7:25	8.1
1214	RADECKI MICHAŁ	1159		WARSZAWA	POL	M 40	417	M 1217		00:16:58	00:37:22.65	00:40:33.70	7:28	8
1215	NAKWASKI BARTŁOMIEJ	948		JÓZEFOSŁAW	POL	M 40	418	M 1218		00:15:21	00:37:35.15	00:39:06.60	7:31	8
1216	DZIURDZ JACEK	289	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	419	M 1219		00:16:42	00:37:40.55	00:39:41.15	7:32	8
1217	KOŁAKOWSKI ALEKSANDER	616		WARSZAWA	POL	M 30	337	M 1220		00:16:35	00:37:51.00	00:38:43.10	7:34	7.9
1218	BRZĄKAŁA MATEUSZ	1705		WARSZAWA	POL	M 20	144	M 1221		00:17:13	00:37:52.00	00:41:03.00	7:34	7.9
1219	SAMEL JANUSZ	3		-	POL	M 40	420	M 1222		00:16:42	00:37:52.45	00:40:14.20	7:34	7.9
1220	JANISZEWSKI STANISŁAW	1681	-	WARSZAWA	POL	M 70	20	M 1223		00:17:11	00:37:59.70	00:38:06.90	7:35	7.9
1221	ROWICKI JAKUB	1918		WARSZAWA	POL	M 20	145	M 1224		00:16:55	00:38:06.10	00:40:55.45	7:37	7.9
1222	PIECZENIUK DARIUSZ	1063		SIEDLCE	POL	M 50	149	M 1225		00:17:38	00:38:08.40	00:41:18.70	7:37	7.9
1223	TKACZ JACEK	1444	TEAM KOPEĆ	OLSZTYN	POL	M 40	421	M 1226	TEAM KOPEĆ	00:18:05	00:38:44.45	00:42:05.80	7:44	7.7
1224	PRZYBYSZ KRZYSZTOF	1138		OSIECK	POL	M 20	146	M 1227		00:18:31	00:40:00.10	00:42:48.55	8:00	7.5
1225	OLEKSIAK HUBERT	993		KOBYŁKA	POL	M 30	338	M 1228		00:18:07	00:40:03.80	00:43:10.45	8:00	7.5
1226	LECH PAWEŁ LECH	764		WARSZAWA	POL	M 50	150	M 1229	URZĄD DZIELNICY URSYNÓW	00:18:17	00:40:40.75	00:43:45.95	8:08	7.4
1227	MOSZKOWICZ EUGENIUSZ	928	KONDYCJA	WARSZAWA	POL	M 70	21	M 1230		00:18:07	00:41:02.40	00:44:04.05	8:12	7.3
1228	SIERPIŃSKI DOMINIK	636		WARSZAWA	POL	M 16	44	M 1231		00:17:32	00:42:18.45	00:42:54.35	8:27	7.1
1229	CZECHOWSKI JERZY	204	MZA - WARSZAWA	WARSZAWA	POL	M 70	22	M 1232		00:19:38	00:42:39.05	00:44:51.40	8:31	7
1230	BAK MIROSLAW	62		WARSZAWA	POL	M 70	23	M 1233		00:21:08	00:46:42.05	00:48:17.60	9:20	6.4
1231	TAN ROGER TAN	2101		WARSZAWA	POL	M 14	30	M 1234		00:27:30	00:47:21.85	00:47:21.85	9:28	6.3
1232	DOMAŃSKI JACEK EXPEDYT	249	WKB META LUBLINIEC	WARSZAWA	POL	M 70	24	M 1235		00:23:24	00:49:28.25	00:51:10.85	9:53	6.1
1233	OLEJNIK FRANCISZEK	1882	INŻYNIERIA BIEGANIA TEAM	KATOWICE	POL	M 20	147	M 1236		00:08:08			3:15	18.4

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1234	JASZCZYŃSKI ANDRZEJ	1804		WARSZAWA	POL	M 30	339	M 1237		00:09:23			3:45	16
1235	BUJWID KRZYSZTOF	133		WARSZAWA	POL	M 30	340	M 1238		00:09:54			3:57	15.2
1236	WIĘCEK ŁUKASZ	1534		WARSZAWA	POL	M 30	341	M 1239		00:12:27			4:58	12
1237	ZIMNY STEFFEN	1654		WARSZAWA	POL	M 40	422	M 1240		00:19:04			7:37	7.9

BIEG URSYNOWA, K 12

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	LEŚNIAK BARBARA	2055	LEŚNIAKTEAM	WARSZAWA	POL	K 12	1	K 47		00:11:02	00:22:42.05	00:23:45.90	4:32	13.2
2	RADECKA ZOFIA	2082		WARSZAWA	POL	K 12	2	K 236		00:13:16	00:28:12.75	00:31:51.90	5:38	10.6
3	KRULAK GABRYŚIA	2051	KRULACZKI TEAM	WARSZAWA	POL	K 12	3	K 274		00:12:53	00:28:53.45	00:30:23.60	5:46	10.4
4	DUBEK ALEKSANDRA	2021		WARSZAWA	POL	K 12	4	K 297		00:14:18	00:29:14.55	00:31:41.20	5:50	10.3
5	ROSZCZYK KAMILA	2084	UKS G8 BIELANY	WARSZAWA	POL	K 12	5	K 303		00:14:19	00:29:21.15	00:31:58.20	5:52	10.2
6	FERLAS HELENA	2023		JÓZEFOSŁAW	POL	K 12	6	K 424		00:15:20	00:31:56.65	00:34:52.70	6:23	9.4
7	MIERZWICKA KAROLINA	2066		WARSZAWA	POL	K 12	7	K 450		00:14:45	00:32:56.10	00:36:08.65	6:35	9.1
8	RYCHLEWICZ ZOFIA	2085		WARSZAWA	POL	K 12	8	K 496		00:15:18	00:34:11.65	00:36:55.80	6:50	8.8
9	SZAJKOWSKA MAJA	2096		WARSZAWA	POL	K 12	9	K 503		00:16:12	00:34:26.60	00:36:01.20	6:53	8.7
10	BISOWSKA HANNA	2003	MARUDY Z KOBYŁKI	KOBYŁKA	POL	K 12	10	K 545	MARUDY Z KOBYŁKI	00:16:22	00:36:39.35	00:39:44.90	7:19	8.2
11	SAMEL HELENA	5		-	POL	K 12	11	K 560		00:16:41	00:37:48.15	00:40:10.15	7:33	7.9
12	LASKUS KAMILA	2052	AKL URSYNÓW	WARSZAWA	POL	K 12	12	K 589		00:12:14			4:53	12.3

BIEG URSYNOWA, M 12

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	DĄBROWSKI LEONARD	2014		WARSZAWA	POL	M 12	1	M 394		00:10:30	00:21:55.55	00:22:55.80	4:23	13.7
2	ZAWADKA JAKUB	2112		SIENNICA	POL	M 12	2	M 493		00:10:53	00:22:53.60	00:23:28.25	4:34	13.1
3	KALUZNY JAN	2039		MICHAŁOWICE	POL	M 12	3	M 513		00:10:47	00:23:01.60	00:24:35.95	4:36	13
4	SROKA SZYMON	2092	KS GROM	WARSZAWA	POL	M 12	4	M 551		00:11:53	00:23:24.95	00:25:19.20	4:40	12.8
5	KAMIŃSKI ANDRZEJ	2040		WARSZAWA	POL	M 12	5	M 612		00:11:53	00:24:03.15	00:24:03.15	4:48	12.5
6	KATNER WIKTOR	2042		WARSZAWA	POL	M 12	6	M 613		00:11:40	00:24:04.05	00:25:34.15	4:48	12.5
7	LIDAK KRZYSZTOF	1841	KS GROM PRO WARSZAWA	WARSZAWA	POL	M 12	7	M 635		00:11:09	00:24:15.15	00:24:37.70	4:51	12.4
8	ŁADNY KACPER	1845		WARSZAWA	POL	M 12	8	M 781		00:12:23	00:25:46.15	00:27:24.20	5:09	11.6
9	KLUCZYK ANTONI	2045	KS GROM	WARSZAWA	POL	M 12	9	M 806		00:11:59	00:26:00.65	00:27:36.35	5:12	11.5
10	KIETLIŃSKI SZYMON	1814		WARSZAWA	POL	M 12	10	M 837		00:13:12	00:26:20.80	00:29:28.90	5:16	11.4
11	SIENKIEWICZ DOMINIK	1701		WARSZAWA	POL	M 12	11	M 1000		00:13:49	00:28:26.10	00:29:01.65	5:41	10.6
12	CZUK MAKSYMILIAN	2012		MAGDALENKA	POL	M 12	12	M 1009		00:13:38	00:28:34.40	00:31:12.90	5:42	10.5
13	MĘŻYŃSKI MATEUSZ	2065		PIASTOW	POL	M 12	13	M 1014		00:13:59	00:28:36.90	00:31:11.75	5:43	10.5
14	KNAP JAKUB	2047		WARSZAWA	POL	M 12	14	M 1020		00:13:59	00:28:41.10	00:31:21.85	5:44	10.5
15	KNYZIAK JAKUB	2017	FUNDACJA MORSY WOŁOMIN KOBYŁKA	KOBYŁKA	POL	M 12	15	M 1042		00:12:59	00:29:01.60	00:30:04.90	5:48	10.3
16	PALENIK PAWEŁ	1888		WARSZAWA	POL	M 12	16	M 1054		00:14:08	00:29:16.35	00:32:17.50	5:51	10.3
17	PAPROWICZ ADAM	2077		WARSZAWA	POL	M 12	17	M 1065	CHŁOPAKI Z KEN	00:13:22	00:29:27.40	00:30:51.60	5:53	10.2
18	DOMŻAŁA JAN	2018		WARSZAWA	POL	M 12	18	M 1134		00:13:54	00:31:43.80	00:34:06.20	6:20	9.5
19	WITEK ADAM	2108		WARSZAWA	POL	M 12	19	M 1148		00:14:12	00:32:14.55	00:34:36.55	6:26	9.3
20	GRYNCEWSKI JEREMI	1798		WARSZAWA	POL	M 12	20	M 1177		00:13:02	00:33:47.70	00:35:08.30	6:45	8.9
21	DENKIEWICZ ADAM	2015		WARSZAWA	POL	M 12	21	M 1190		00:14:11	00:34:34.10	00:36:56.40	6:54	8.7
22	FABISZ JAN	2022		WARSZAWA	POL	M 12	22	M 1212		00:17:58	00:36:44.05	00:39:38.00	7:20	8.2

BIEG URSYNOWA, K 14

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	JAREK ZUZANNA	2033	RACE FIGHTER JUNIOR	MIŃSK MAZOWIECKI	POL	K 14	1	K 60		00:10:37	00:23:30.45	00:24:30.85	4:42	12.8
2	MATYSIAK ALEKSANDRA	2148		WARSZAWA	POL	K 14	2	K 98		00:12:04	00:25:13.30	00:26:44.65	5:02	11.9
3	MOTYKA ALEKSANDRA	2068	GÓRA BIEGA	GÓRA KALWARIA	POL	K 14	3	K 140	DRAGONFLIES	00:12:04	00:26:23.25	00:27:54.70	5:16	11.4
4	DUBAN MAGDALENA	2020		JANKI	POL	K 14	4	K 146			00:26:33.15	00:28:01.95	5:18	11.3
5	KOSTRUBAŁA LIDIA	2050		WARSZAWA	POL	K 14	5	K 201		00:13:11	00:27:28.85	00:29:25.25	5:29	10.9
6	PATEREK LENA	2075		WARSZAWA	POL	K 14	6	K 216		00:13:18	00:27:51.55	00:29:55.80	5:34	10.8
7	KARCZEWSKA MARTA	1873	KS ATAK AGRYKOLA	WARSZAWA	POL	K 14	7	K 265		00:13:17	00:28:47.10	00:30:41.10	5:45	10.4
8	LULA IZABELA	1872	RUN VEGAN	WARSZAWA	POL	K 14	8	K 314		00:15:37	00:29:28.70	00:32:34.00	5:53	10.2
9	CHOŁUJ MICHALINA	2010	GÓRA BIEGA	TOMICIE	POL	K 14	9	K 336	GÓRA BIEGA	00:14:25	00:29:51.70	00:32:29.35	5:58	10.1
10	MATYSIAK KRYSIA	2063		WARSZAWA	POL	K 14	10	K 340		00:14:17	00:29:58.25	00:31:38.35	5:59	10
11	POGOCKA ALICJA	2078		WARSZAWA	POL	K 14	11	K 364		00:14:36	00:30:28.95	00:32:54.10	6:05	9.8
12	BORSZEWSKA MAJA	2005		WARSZAWA	POL	K 14	12	K 549		00:15:21	00:36:50.40	00:39:15.05	7:22	8.1

BIEG URSYNOWA, M 14

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	PIMPICKI IGNACY	1897	CZEMPION	WARSZAWA	POL	M 14	1	M 67		00:08:24	00:17:51.70	00:18:09.50	3:34	16.8
2	OWCZAREK KACPER	2072	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 14	2	M 126	ŁÓDŹ KOCHA SPORT	00:08:47	00:18:57.95	00:19:27.60	3:47	15.8
3	PIOTROWSKI STANISŁAW	1900	AZS AWF WARSZAWA	KONSTANCIN-JEZIORNA	POL	M 14	3	M 229		00:09:16	00:20:11.30	00:20:24.65	4:02	14.9
4	RUZIK ANTONI	1921	RURA TEAM	WARSZAWA	POL	M 14	4	M 268		00:09:42	00:20:41.85	00:21:16.90	4:08	14.5
5	THIEL ALEKSANDER	1965		REGUŁY	POL	M 14	5	M 282		00:09:23	00:20:48.70	00:21:15.70	4:09	14.4
6	SUŁKOWSKI TYMON	1949		WARSZAWA	POL	M 14	6	M 323		00:09:39	00:21:12.35	00:21:45.30	4:14	14.2
7	PĄPROWICZ TYMON	2076		WARSZAWA	POL	M 14	7	M 420	CHŁOPAKI Z KEN	00:10:42	00:22:13.05	00:23:36.20	4:26	13.5
8	SZOT FRANCISZEK	2098		WARSZAWA	POL	M 14	8	M 426		00:10:28	00:22:15.60	00:23:14.90	4:27	13.5
9	GRYGOWSKI KRYSPIŃ	2029		JABŁONNA	POL	M 14	9	M 457		00:10:51	00:22:33.55	00:23:40.70	4:30	13.3
10	GWÓDŹ MACIEJ	2030		WARSZAWA	POL	M 14	10	M 473	SP NR 9 STO	00:10:58	00:22:42.90	00:23:37.95	4:32	13.2
11	KOLASZT WOJTEK	1817	RACEFIGTER JUNIOR	STARA NIEDZIAŁKA	POL	M 14	11	M 478		00:10:23	00:22:43.75	00:23:44.45	4:32	13.2
12	FRANCZEK ALEKSY	2024		WARSZAWA	POL	M 14	12	M 568		00:11:05	00:23:36.00	00:23:40.45	4:43	12.7
13	COUKNAS CONSTANTINE	1761		FORD CITY	USA	M 14	13	M 570		00:10:12	00:23:37.85	00:23:52.30	4:43	12.7
14	SOKÓŁ RYSZARD	2091		JÓZEFOSŁAW	POL	M 14	14	M 577		00:11:12	00:23:40.65	00:24:41.10	4:44	12.7
15	PODBIELSKI PAWEŁ	1903	AKL URSYNÓW WARSZAWA	WARSZAWA	POL	M 14	15	M 590		00:11:34	00:23:47.25	00:24:54.65	4:45	12.6
16	MATUSIAK MARCIN	2062		WARSZAWA	POL	M 14	16	M 632		00:11:19	00:24:13.85	00:25:13.80	4:50	12.4
17	BISOWSKI SZYMON	2004	MARUDY Z KOBYŁKI	KOBYŁKA	POL	M 14	17	M 647	MARUDY Z KOBYŁKI	00:11:57	00:24:22.05	00:25:46.10	4:52	12.3
18	STĘPIEŃ MIKOŁAJ	2095		JÓZEFOSŁAW	POL	M 14	18	M 673		00:11:53	00:24:36.40	00:25:57.95	4:55	12.2
19	JACNIACKI KRZYSZTOF	1801		JÓZEFOSŁAW	POL	M 14	19	M 691		00:11:27	00:24:45.35	00:26:02.90	4:57	12.1
20	KORDA SEBASTIAN	2144		-	POL	M 14	20	M 744		00:12:26	00:25:18.35	00:27:03.55	5:03	11.9
21	OWCZARCZYK JANEK	2071		WARSZAWA	POL	M 14	21	M 832		00:11:59	00:26:18.05	00:27:30.50	5:15	11.4
22	WIECZOREK WIKTOR	1985	BIEGOWY WARIAT RUNNING TEAM	BĘDZIN	POL	M 14	22	M 896	BIEGOWY WARIAT RUNNING TEAM	00:13:10	00:27:02.60	00:28:54.85	5:24	11.1
23	ZAMORSKI ALEKSANDER	2121		PIASECZNO	POL	M 14	23	M 956		00:11:54	00:27:46.95	00:30:27.60	5:33	10.8
24	ADAMIAK DAWID	2000		WARSZAWA	POL	M 14	24	M 963		00:12:44	00:27:51.70	00:29:42.35	5:34	10.8
25	WITEK SZYMON	2107		WARSZAWA	POL	M 14	25	M 1037		00:14:08	00:28:56.90	00:31:08.95	5:47	10.4
26	MADEJ JAKUB	2059	GÓRA BIEGA	GÓRA KALWARIA	POL	M 14	26	M 1070	DRAGONFLIES	00:14:15	00:29:30.30	00:32:08.70	5:54	10.2
27	ŻURAWSKI FILIP	2115		WARSZAWA	POL	M 14	27	M 1113		00:13:43	00:30:55.35	00:33:46.10	6:11	9.7
28	BUDA ARTUR	2007		WARSZAWA	POL	M 14	28	M 1158		00:14:36	00:32:43.10	00:35:00.25	6:32	9.2
29	MASALSKI MIKOŁAJ	2061		WARSZAWA	POL	M 14	29	M 1192		00:15:58	00:34:45.75	00:37:41.60	6:57	8.6
30	TAN ROGER TAN	2101		WARSZAWA	POL	M 14	30	M 1234		00:27:30	00:47:21.85	00:47:21.85	9:28	6.3

BIEG URSYNOWA, K 16

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	MISSALA MAGDA	2143		-	POL	K 16	1	K 15		00:09:00	00:19:28.45	00:20:06.35	3:53	15.4
2	MAJEWSKA ZUZANNA	828	AZS SGGW	WARSZAWA	POL	K 16	2	K 52		00:10:47	00:22:52.50	00:23:50.70	4:34	13.1
3	BISOWSKA AMELIA	85	MARUDY Z KOBYŁKI	KOBYŁKA	POL	K 16	3	K 65	MARUDY Z KOBYŁKI	00:11:57	00:23:47.40	00:25:11.60	4:45	12.6

BIEG URSYNOWA, K 16 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
4	SZYMAŃSKA MAJA	1414		WARSZAWA	POL	K 16	4	K 153		00:12:24	00:26:44.00	00:28:32.35	5:20	11.2
5	JEMIENIAK MARTA	487		WARSZAWA	POL	K 16	5	K 168		00:13:07	00:26:55.25	00:29:07.75	5:23	11.1
6	WILK ASIA	1541		WARSZAWA	POL	K 16	6	K 173		00:13:12	00:27:02.65	00:29:10.70	5:24	11.1
7	SOKOŁOWSKA ALEKSANDRA	2089		BŁĘDÓW	POL	K 16	7	K 181		00:12:24	00:27:11.70	00:27:37.60	5:26	11
8	JEDRKIEWICZ KLARA	2035		WARSZAWA	POL	K 16	8	K 185			00:27:14.20	00:27:41.70	5:26	11
9	GŁOWACKA PATRYCJA	2026		WARSZAWA	POL	K 16	9	K 250		00:13:28	00:28:28.20	00:30:18.70	5:41	10.5
10	SZEWczyk ZUZANNA	2097		WARSZAWA	POL	K 16	10	K 251		00:13:28	00:28:28.30	00:30:18.65	5:41	10.5
11	ŚWISTAK ANIA	2100		WARSZAWA	POL	K 16	11	K 279		00:13:35	00:28:59.85	00:31:59.00	5:47	10.4
12	WITEK LENA	2106		STOKŁOSY	POL	K 16	12	K 291		00:13:49	00:29:10.40	00:31:21.60	5:50	10.3
13	KOLASZT ULA	614	RACEFIGHTER GOSIR DĘBE WIELKIE	STARA NIEDZIAŁKA	POL	K 16	13	K 315		00:13:54	00:29:28.95	00:31:29.55	5:53	10.2
14	MADEJ JOANNA	2057		WARSZAWA	POL	K 16	14	K 316		00:13:54	00:29:29.05	00:31:29.70	5:53	10.2
15	MADEJ WIKTORIA	2058	GÓRA BIEGA	GÓRA KALWARIA	POL	K 16	15	K 337	DRAGONFLIES	00:14:24	00:29:52.65	00:32:30.95	5:58	10
16	MAŁEK HANNA	2060		WARSZAWA	POL	K 16	16	K 338		00:14:26	00:29:54.10	00:32:45.95	5:58	10
17	FIL TETIANA	305		WARSZAWA	POL	K 16	17	K 346		00:13:12	00:30:09.40	00:30:20.40	6:01	10
18	BROZE OLIWIA	114		WARSZAWA	POL	K 16	18	K 356		00:13:41	00:30:16.60	00:32:56.10	6:03	9.9
19	HAWRYLUK EMILIA	2032		WARSZAWA	POL	K 16	19	K 421		00:15:02	00:31:52.05	00:35:13.80	6:22	9.4
20	STĘPNIAK JULIA	1878		ZIELONKA	POL	K 16	20	K 430		00:14:56	00:32:13.65	00:35:24.40	6:26	9.3
21	MUZYKA POLINA	941		WARSZAWA	UKR	K 16	21	K 440		00:14:27	00:32:38.55	00:34:16.80	6:31	9.2
22	KUBIAK JULIA	1874		WARSAW	POL	K 16	22	K 458		00:14:37	00:33:05.45	00:34:29.65	6:37	9.1
23	JARZĄBEK PAULINA	2034	MKS MECHANIK	WŁODAWA	POL	K 16	23	K 472		00:13:32	00:33:36.45	00:34:56.25	6:43	8.9
24	ŻUKOWSKA DOMINIKA	2114		WARSZAWA	POL	K 16	24	K 490		00:16:08	00:34:02.70	00:34:12.95	6:48	8.8
25	KASIANENKO VERONIKA	555		WARSZAWA	POL	K 16	25	K 493		00:15:17	00:34:09.55	00:34:38.25	6:49	8.8
26	ZIMNY ZUZANNA	1656		WARSZAWA	POL	K 16	26	K 494		00:15:35	00:34:09.55	00:34:30.50	6:49	8.8
27	WÓJCIKOWSKA JULIA	1871		WARSZAWA	POL	K 16	27	K 495		00:15:35	00:34:09.75	00:34:30.80	6:49	8.8
28	BRONISZEWSKA NATALIA	2006		KIJÓW	POL	K 16	28	K 509		00:15:33	00:34:34.30	00:37:57.25	6:54	8.7
29	LAZAREVA VLADISLAVA	1712		WARSZAWA	POL	K 16	29	K 524		00:15:22	00:35:16.35	00:38:06.35	7:03	8.5
30	KĘDZIA-STĘPKOWSKA ANIELA	2043		WARSZAWA	POL	K 16	30	K 528		00:15:40	00:35:22.70	00:37:36.65	7:04	8.5
31	RYBARKIEWICZ MELANIA	1875		WARSZAWA	POL	K 16	31	K 533		00:16:00	00:35:39.95	00:38:25.00	7:07	8.4
32	SOCHA JULIA	1877		SEROKOMLA	POL	K 16	32	K 538		00:16:14	00:36:10.80	00:36:48.05	7:14	8.3
33	MODZELEWSKA LENA	1876		JÓZEFOSŁAW	POL	K 16	33	K 539		00:16:14	00:36:11.20	00:36:48.20	7:14	8.3
34	ZALEWSKA ALICJA	2111		WARSZAWA	POL	K 16	34	K 543		00:16:08	00:36:34.75	00:36:44.80	7:18	8.2
35	KAMIŃSKA KASIA	533		ZIELONKA	POL	K 16	35	K 544		00:16:35	00:36:36.60	00:39:48.45	7:19	8.2
36	HAIDUCHYK DARYNA	2031		WARSZAWA	POL	K 16	36	K 556		00:16:23	00:37:19.35	00:37:22.90	7:27	8
37	LECH MICHALINA	2053		WARSZAWA	POL	K 16	37	K 575		00:17:51	00:40:10.25	00:43:42.05	8:02	7.5
38	STANIAK JULIA	2094		BOLIMÓW	POL	K 16	38	K 592		00:22:48			9:07	6.6

BIEG URSYNOWA, M 16

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	KLECZEWSKI PIOTR	592		WARSZAWA	POL	M 16	1	M 31		00:07:44	00:16:56.95	00:17:14.15	3:23	17.7
2	KASPRZYK KACPER	2041		WARSZAWA	POL	M 16	2	M 120		00:08:17	00:18:51.45	00:19:16.20	3:46	15.9
3	KALINOWSKI BARTOSZ	2038	KONDYCJA	NOWA IWICZNA	POL	M 16	3	M 133		00:08:57	00:19:07.90	00:19:17.05	3:49	15.7
4	WIELOGÓRSKI IGNACY	2103		WARSZAWA	POL	M 16	4	M 146		00:08:33	00:19:18.20	00:19:39.40	3:51	15.5
5	KLIMEK JAKUB	2044		WARSZAWA	POL	M 16	5	M 158		00:09:25	00:19:26.00	00:19:43.20	3:53	15.4
6	GÓRSKI PATRYK	2028	UKS OSIR GÓRA KALWARIA	DOBIESZ	POL	M 16	6	M 185		00:08:37	00:19:44.35	00:20:14.10	3:56	15.2
7	KONDRAT MIRON	2048		ZĄBKI	POL	M 16	7	M 216		00:09:26	00:20:00.95	00:20:23.05	4:00	15
8	TRONIARZ OSKAR	1467	T&T BRO	MICHAŁOWICE	POL	M 16	8	M 242		00:09:23	00:20:23.50	00:20:37.10	4:04	14.7
9	LENDZION MARCIN	774	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 16	9	M 248	GRUPA BIEGOWA UM W-WA	00:09:39	00:20:27.85	00:20:58.95	4:05	14.7
10	KOSMALA ANTONI	2119		WARSZAWA	POL	M 16	10	M 261		00:09:41	00:20:37.50	00:21:03.90	4:07	14.6
11	FONGANG PATRICK	316		WARSZAWA	POL	M 16	11	M 269		00:09:29	00:20:41.95	00:21:00.70	4:08	14.5
12	PIECZYK KACPER	1894		WARSZAWA	POL	M 16	12	M 292		00:09:34	00:20:53.65	00:21:25.30	4:10	14.4
13	DWORAK ŁUKASZ	273		WARSZAWA	POL	M 16	13	M 297		00:09:51	00:20:57.15	00:21:27.50	4:11	14.3
14	ROMANOWSKI FILIP	2083		JÓZEFÓW	POL	M 16	14	M 314		00:10:11	00:21:09.05	00:22:12.75	4:13	14.2
15	KONDRAT OSKAR	2049		ZĄBKI	POL	M 16	15	M 319		00:09:09	00:21:11.70	00:21:51.25	4:14	14.2
16	DOŁĘGOWSKA JAKUB	2016	FUNDACJA MORSY WOŁOMIN KOBYLKA	KOBYŁKA	POL	M 16	16	M 340		00:10:29	00:21:21.95	00:22:07.00	4:16	14.1

BIEG URSYNOWA, M 16 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
17	ZENTARA MATEUSZ	1645		WARSZAWA	POL	M 16	17	M 376		00:09:28	00:21:40.50	00:22:00.60	4:20	13.8
18	PROBOSZ STANISŁAW	2080		WARSZAWA	POL	M 16	18	M 379		00:10:23	00:21:45.30	00:22:03.45	4:21	13.8
19	MACKENTHUN TOMASZ	2056		WARSZAWA	POL	M 16	19	M 383		00:09:47	00:21:48.30	00:22:06.40	4:21	13.8
20	MASALSKI MACIEJ	866		WARSZAWA	POL	M 16	20	M 415		00:10:27	00:22:08.15	00:22:54.25	4:25	13.6
21	WYRZYKOWSKI ANTONI	2110		KONSTANCIN	POL	M 16	21	M 419		00:10:31	00:22:11.15	00:23:26.70	4:26	13.5
22	PACEK GERARD	2073		WARSZAWA	POL	M 16	22	M 436		00:10:16	00:22:24.20	00:23:23.05	4:28	13.4
23	PIECHOTA PIOTR	1893		WARSZAWA	POL	M 16	23	M 464		00:10:11	00:22:37.05	00:22:49.80	4:31	13.3
24	SOKOŁOWSKI FRANEK	2090		WARSZAWA	POL	M 16	24	M 465		00:10:36	00:22:38.10	00:23:52.70	4:31	13.3
25	OLEJNICZAK LEON	2070		WARSZAWA	POL	M 16	25	M 543		00:11:02	00:23:22.35	00:24:17.80	4:40	12.8
26	BARGŁOWSKI KAMIL	51		BIALYSTOK	POL	M 16	26	M 572		00:11:17	00:23:38.85	00:24:35.65	4:43	12.7
27	LE QUANG OSKAR	1840		JÓZEFOSŁAW	POL	M 16	27	M 599		00:10:32	00:23:54.35	00:24:06.35	4:46	12.6
28	WILK DANIEL	2105		WARSZAWA	POL	M 16	28	M 606		00:12:05	00:23:58.80	00:25:41.85	4:47	12.5
29	POKAROWSKI WOJCIECH	2079		WARSZAWA	POL	M 16	29	M 655		00:11:09	00:24:25.70	00:26:00.80	4:53	12.3
30	DĄBROWSKI TOBIASZ	2013		WARSZAWA	POL	M 16	30	M 668		00:10:30	00:24:34.90	00:25:35.00	4:54	12.2
31	WIECZOREK MIŁOSZ	2120		WARSZAWA	POL	M 16	31	M 720		00:12:13	00:25:05.20	00:26:18.10	5:01	12
32	ŻAKOWICZ FRANEK	2113		JÓZEFOSAW	POL	M 16	32	M 758		00:11:05	00:25:28.85	00:26:27.70	5:05	11.8
33	ZAWIŚLAK PAWEŁ	1637		MYSIADŁO	POL	M 16	33	M 775		00:12:41	00:25:42.90	00:27:08.85	5:08	11.7
34	CIEŚLIK EMIL	2011	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 16	34	M 851	ŁÓDŹ KOCHA SPORT	00:13:17	00:26:27.95	00:29:19.30	5:17	11.3
35	KNAP MACIEJ	2046		WARSZAWA	POL	M 16	35	M 864		00:13:52	00:26:35.45	00:29:16.50	5:19	11.3
36	REGUCCI FABIAN	1173		WARSZAWA	POL	M 16	36	M 874		00:12:27	00:26:43.20	00:29:10.30	5:20	11.2
37	MĘKARSKI TOMASZ	2064		WARSZAWA	POL	M 16	37	M 909		00:13:14	00:27:13.20	00:29:18.20	5:26	11
38	PROUTY ANTHONY	2081		BIELAWA	POL	M 16	38	M 1101		00:14:07	00:30:31.85	00:32:56.20	6:06	9.8
39	TYSZKA RAFAŁ	2102		WARSZAWA	POL	M 16	39	M 1109		00:13:41	00:30:49.80	00:32:45.10	6:09	9.7
40	KENIG WIKTOR	2116		WARSZAWA	POL	M 16	40	M 1132		00:14:37	00:31:41.05	00:34:58.50	6:20	9.5
41	FRANEK MARCIN	2118		WARSZAWA	POL	M 16	41	M 1169		00:14:31	00:33:14.45	00:36:01.25	6:38	9
42	WOŹNIAK JAKUB	1582		WARSZAWA	POL	M 16	42	M 1178		00:15:18	00:33:47.70	00:36:57.15	6:45	8.9
43	DYGA DOMINIK	1781		WARSZAWA	POL	M 16	43	M 1204		00:15:59	00:35:40.35	00:38:25.60	7:08	8.4
44	SIERPIŃSKI DOMINIK	636		WARSZAWA	POL	M 16	44	M 1231		00:17:32	00:42:18.45	00:42:54.35	8:27	7.1

BIEG URSYNOWA, K 20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	BAZUŁKA ALEKSANDRA	1742	HOKA GARMIN TEAM	KATOWICE	POL	K 20	1	K 6		00:08:18	00:17:46.40	00:17:49.60	3:33	16.9
2	DRAŹEK JUSTYNA	258	ICHEM-VITADIET	BUCZEK	POL	K 20	2	K 11		00:08:56	00:18:48.45	00:18:55.10	3:45	16
3	GASZEWSKA MAŁGORZATA	343	ZA LINIĄ METY	WARSZAWA	POL	K 20	3	K 12		00:08:56	00:19:13.20	00:19:24.45	3:50	15.6
4	MUSIAŁ ANNA	939		WARSZAWA	POL	K 20	4	K 18		00:09:24	00:20:03.05	00:20:26.60	4:00	15
5	WŁAZAŁEK NATALIA	1557	ADIDASRUNNERSWARSAW	PILAWA	POL	K 20	5	K 21	ADIDAS RUNNERS WARSAW	00:09:12	00:20:16.75	00:20:31.20	4:03	14.8
6	PYSZEL ZUZANNA	1153		WARSZAWA	POL	K 20	6	K 27		00:09:56	00:20:54.00	00:21:22.20	4:10	14.4
7	WOJTASZKO JUSTYNA	1572		WARTA	POL	K 20	7	K 37			00:21:50.00	00:22:51.65	4:22	13.7
8	SPRAWKA MAGDALENA	1325		SIEDLCE	POL	K 20	8	K 40		00:10:18	00:22:02.95	00:22:28.30	4:24	13.6
9	JERECZEK ADA	488	AKTYWNA WARSZAWA	WARSZAWA	POL	K 20	9	K 49	AKTYWNA WARSZAWA	00:10:55	00:22:44.90	00:23:43.10	4:32	13.2
10	MAZUR ANNA	887	G8 BIELANY	WARSZAWA	POL	K 20	10	K 50		00:09:39	00:22:48.15	00:23:32.60	4:33	13.2
11	DUCHNOWSKA NATALIA	265		ŁÓDŹ	POL	K 20	11	K 61		00:10:59	00:23:30.90	00:24:49.15	4:42	12.8
12	SYGUDA KATARZYNA	1371	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K 20	12	K 64		00:11:15	00:23:43.10	00:24:48.70	4:44	12.6
13	MAĆZEWSKA WERONIKA	889		WARSZAWA	POL	K 20	13	K 85		00:11:23	00:24:38.85	00:25:55.15	4:55	12.2
14	ORNOWSKA JOANNA	1004		WARSZAWA	POL	K 20	14	K 97		00:11:24	00:25:08.05	00:26:24.40	5:01	11.9
15	KOCIĘCKA EDYTA	612		OLSZTYN	POL	K 20	15	K 106		00:12:01	00:25:30.20	00:27:06.95	5:06	11.8
16	KOŚNIK ALICJA	662		WARSZAWA	POL	K 20	16	K 109		00:12:21	00:25:35.10	00:27:28.95	5:07	11.7
17	GAŚKA AGNIESZKA	348	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	K 20	17	K 120	TEAM ZABIEGANEDNI	00:12:26	00:25:50.45	00:27:35.75	5:10	11.6
18	SLASKA MARIA	1285		NOWA IWICZNA	POL	K 20	18	K 130		00:11:29	00:26:01.60	00:27:32.30	5:12	11.5
19	JĘDRZEJEWSKA LAURA	1805		PŁOŃSK	POL	K 20	19	K 137		00:12:19	00:26:15.60	00:28:00.50	5:15	11.4
20	ROJEWSKA PAULINA	1188		WARSZAWA	POL	K 20	20	K 138		00:11:59	00:26:22.10	00:27:29.85	5:16	11.4
21	GIEFERT SYLWIA	1788		WARSZAWA	POL	K 20	21	K 139		00:12:19	00:26:23.15	00:28:08.50	5:16	11.4
22	ANTKIEWICZ WERONIKA	29		WARSZAWA (URSYNÓW)	POL	K 20	22	K 141		00:12:02	00:26:23.40	00:27:43.80	5:16	11.4
23	PASZKIEWICZ ALICJA	1703		WARSZAWA	POL	K 20	23	K 152		00:12:33	00:26:43.85	00:28:23.65	5:20	11.2

BIEG URSYNOWA, K 20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
24	KRYSIUK KAROLINA	705		TORUŃ	POL	K 20	24	K 163		00:12:42	00:26:48.65	00:28:39.15	5:21	11.2
25	DĘBOWSKA KINGA	234	PAWKO RUNNER TEAM	WARSZAWA	POL	K 20	25	K 174	PAWKO RUNNER TEAM	00:12:46	00:27:02.85	00:28:37.75	5:24	11.1
26	PASZEWSKA KORNELIA	1889		BŁONIE	POL	K 20	26	K 192		00:12:54	00:27:20.25	00:29:55.65	5:28	11
27	ŁAPIŃSKA PATRYCJA	1846		WARSZAWA	POL	K 20	27	K 205		00:13:18	00:27:34.40	00:29:39.70	5:30	10.9
28	KORNAS AGATA	641	CSWP RUNNING TEAM	WARSZAWA	POL	K 20	28	K 206	CSWP RUNNING TEAM	00:12:46	00:27:34.50	00:28:58.15	5:30	10.9
29	OSTROWSKA PATRYCJA	1012		WARSZAWA	POL	K 20	29	K 208		00:12:03	00:27:39.05	00:29:03.75	5:31	10.8
30	KRYSZEWSKA KAJA	706		KOLUSZKI	POL	K 20	30	K 218		00:13:15	00:27:52.50	00:30:02.60	5:34	10.8
31	ZATORSKA AGNIESZKA	1630	KB PACE WARSZAWA	PRUSZKÓW	POL	K 20	31	K 223	KB PACE WARSZAWA	00:13:31	00:27:54.60	00:30:28.90	5:34	10.8
32	SADŁOWSKA ALEKSANDRA	1225		WARSZAWA	POL	K 20	32	K 227		00:13:04	00:27:57.00	00:31:01.15	5:35	10.7
33	CHRÓST PATRYCJA	1756		WARSZAWA	POL	K 20	33	K 232		00:12:31	00:28:10.35	00:30:17.40	5:38	10.7
34	MĘKARSKA MARTA	895		WARSZAWA	POL	K 20	34	K 233		00:13:15	00:28:10.85	00:30:15.85	5:38	10.7
35	BOROWIŃSKA ALEKSANDRA	102		WARSZAWA	POL	K 20	35	K 241		00:13:19	00:28:21.25	00:30:31.20	5:40	10.6
36	DOLATA EWA	1777		KONSTANCIN-JEIORNA	POL	K 20	36	K 263		00:12:54	00:28:43.45	00:31:20.90	5:44	10.4
37	URBAŃSKA-STĄNCZUK MARIA	1495		WARSZAWA	POL	K 20	37	K 266		00:13:16	00:28:48.10	00:31:35.80	5:45	10.4
38	DOMŻAŁA KATARZYNA	252	TEAM ZABIEGANEDNI	KARCZEW	POL	K 20	38	K 268		00:12:34	00:28:49.70	00:30:36.25	5:45	10.4
39	KORYCKA KLAUDIA	651		WARSZAWA	POL	K 20	39	K 273		00:12:48	00:28:51.85	00:30:34.55	5:46	10.4
40	BOGUSZ WERONIKA	97		WARSZAWA	POL	K 20	40	K 278		00:13:12	00:28:58.00	00:31:07.15	5:47	10.4
41	ADAMCZYK JULIA	13	RUNS IN THE FAMILY	WARSZAWA	POL	K 20	41	K 282		00:13:59	00:29:01.95	00:31:10.50	5:48	10.3
42	SOKHAN OLENA	1309		WARSZAWA	POL	K 20	42	K 284	ITMRUN	00:12:58	00:29:04.55	00:30:24.50	5:48	10.3
43	MICOREK MAJA	1859	PARASPORTOWI	WARSZAWA	POL	K 20	43	K 287	PARASPORTOWI	00:14:21	00:29:08.75	00:31:50.40	5:49	10.3
44	ULBIN KAROLINA	1486		WARSZAWA	POL	K 20	44	K 306		00:13:22	00:29:23.20	00:31:31.55	5:52	10.2
45	CHMIELEWSKA JOANNA	626		WARSZAWA	POL	K 20	45	K 321		00:14:03	00:29:36.00	00:32:23.60	5:55	10.1
46	WÓJCIK MAŁGORZATA	1736		GOŁDAP	POL	K 20	46	K 327		00:13:59	00:29:42.40	00:32:34.70	5:56	10.1
47	BALCERZAK KAROLINA	42		WARSZAWA	POL	K 20	47	K 351		00:13:57	00:30:11.10	00:31:44.95	6:02	9.9
48	KOZŁOWSKA SYLWIA	684		WARSZAWA	POL	K 20	48	K 357		00:14:05	00:30:17.60	00:33:06.10	6:03	9.9
49	KOWALIK MARTA	1826		NARUSZEWO	POL	K 20	49	K 365		00:13:31	00:30:31.45	00:31:08.75	6:06	9.8
50	TROJANOWSKA NINA	1968	ADIDAS RUNNERS	WARSZAWA	POL	K 20	50	K 367		00:14:10	00:30:32.40	00:33:22.60	6:06	9.8
51	GONTAREK EMANUELA	1793		WARSZAWA	POL	K 20	51	K 368		00:14:02	00:30:33.40	00:31:58.50	6:06	9.8
52	LIPIŃSKA ADRIANNA	786		WARSZAWA	POL	K 20	52	K 370		00:15:01	00:30:34.35	00:33:51.70	6:06	9.8
53	DUSIŃSKA DOMINIKA	271		WARSZAWA	POL	K 20	53	K 378		00:13:58	00:30:49.75	00:33:27.40	6:09	9.7
54	PURZYCKA DOMINIKA	1147		WARSZAWA	POL	K 20	54	K 382		00:15:07	00:30:56.00	00:33:11.65	6:11	9.7
55	KOBUS KARINA	610		PIASECZNO	POL	K 20	55	K 388		00:14:38	00:31:03.45	00:33:49.70	6:12	9.7
56	JACHEĆ KORNELA	448		WARSZAWA	POL	K 20	56	K 389		00:14:43	00:31:06.35	00:34:05.05	6:13	9.6
57	BUSZMAN ZUZANNA	142		WARSZAWA	POL	K 20	57	K 414		00:15:10	00:31:38.30	00:34:45.25	6:19	9.5
58	SZATKOWSKA MARTA	1385		WARSZAWA	POL	K 20	58	K 418		00:14:14	00:31:42.45	00:33:58.70	6:20	9.5
59	SURMACZ IZA	1370	POLINEZJA	WARSZAWA	POL	K 20	59	K 427		00:14:26	00:32:10.45	00:34:57.90	6:26	9.3
60	ULMA KLAUDIA	1490		WARSZAWA	POL	K 20	60	K 433		00:15:20	00:32:26.85	00:35:25.10	6:29	9.2
61	GRZYBEK MARTA	420		WARSZAWA	POL	K 20	61	K 456		00:14:43	00:32:59.65	00:35:14.30	6:35	9.1
62	KILJAŃSKA ANNA	582		WARSZAWA	POL	K 20	62	K 462		00:14:28	00:33:16.20	00:35:46.90	6:39	9
63	MORAWSKA IRMINA	924		WARSZAWA	POL	K 20	63	K 465		00:15:45	00:33:23.20	00:36:22.80	6:40	9
64	CHROMIŃSKA KLARA	173		WARSZAWA	POL	K 20	64	K 471		00:15:54	00:33:35.75	00:37:07.55	6:43	8.9
65	MIERZYŃSKA ROKSANA	903	CBRE	WARSZAWA	POL	K 20	65	K 473		00:15:53	00:33:38.25	00:36:46.45	6:43	8.9
66	KILJAN KAROLINA	581		PIASECZNO	POL	K 20	66	K 484		00:15:37	00:33:52.85	00:36:39.15	6:46	8.9
67	KONARSKA ANNA	623		WARSZAWA	POL	K 20	67	K 486		00:16:20	00:33:58.50	00:37:04.85	6:47	8.8
68	KUZNETSOVA KATERYNA	750		WARSZAWA	POL	K 20	68	K 487		00:14:46	00:34:00.05	00:36:13.95	6:48	8.8
69	SOBOLEWSKA ALEKSANDRA	1725		WARSZAWA	POL	K 20	69	K 502		00:15:49	00:34:20.15	00:35:46.50	6:52	8.7
70	ZYZAŃSKA JULIA	1663		WARSAW	POL	K 20	70	K 506		00:16:20	00:34:32.05	00:37:36.55	6:54	8.7
71	PILIS DARIA	1896		WARSAW	POL	K 20	71	K 507		00:15:34	00:34:34.15	00:36:33.40	6:54	8.7
72	BORYS KAROLINA	107		WARSZAWA	POL	K 20	72	K 515		00:16:17	00:34:43.45	00:38:00.50	6:56	8.6
73	MARCINIAK JULIA	1733		WARSZAWA	POL	K 20	73	K 520		00:15:20	00:35:04.20	00:37:41.35	7:00	8.6
74	RUDENKO DARIA	1204		WARSZAWA	POL	K 20	74	K 525		00:15:36	00:35:17.25	00:37:29.00	7:03	8.5
75	KORNACKA AGNIESZKA	640		NIEPORĘT	POL	K 20	75	K 529		00:16:18	00:35:25.15	00:35:45.10	7:05	8.5
76	LEHMANN KAROLINA	768		WARSZAWA	POL	K 20	76	K 535		00:16:24	00:35:52.40	00:39:09.25	7:10	8.4
77	SHADRYNA DARYA	1241		WARSZAWA	POL	K 20	77	K 569		00:17:36	00:39:18.30	00:42:26.30	7:51	7.6
78	ZAROSIŃSKA PAULINA	1626		WARSZAWA	POL	K 20	78	K 576		00:18:40	00:40:33.15	00:43:52.85	8:06	7.4
79	KOPKA MARCELINA	635	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 20	79	K 588	ADIDAS RUNNERS WARSAW	00:09:03			3:37	16.6

BIEG URSYNOWA, K 20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
80	SŁĘZAK KAROLINA	1425		WARSZAWA	POL	K 20	80	K 593						
81	ZAMARRIPA KAROLINA	2125	CTS	WARSZAWA	POL	K 20	81	K 594						

BIEG URSYNOWA, M 20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	ALEKSANDROVICH ROMAN	21	ACHILLES	LESZNO	POL	M 20	1	M 2		00:07:03	00:14:50.05	00:14:51.80	2:58	20.2
2	DAMENTKA KAMIL	218	CTS	WARSZAWA	POL	M 20	2	M 8		00:06:59	00:15:15.70	00:15:29.55	3:03	19.7
3	MISIEWICZ MICHAŁ	909	DATUMO.IO	OLSZTYN	POL	M 20	3	M 14		00:07:01	00:15:26.05	00:15:40.20	3:05	19.4
4	BISKUPSKI TOMASZ	1695	ZABIEGANI W KIELCACH	DALESZYCE	POL	M 20	4	M 7		00:07:03	00:15:26.30	00:15:27.90	3:05	19.4
5	TOKARSKI PIOTR	1448		KREPA	POL	M 20	5	M 10		00:07:22	00:15:30.30	00:15:32.25	3:06	19.4
6	WIĘCKOWSKI ŁUKASZ	1536		WARSZAWA	POL	M 20	6	M 12		00:07:20	00:15:31.05	00:15:32.85	3:06	19.3
7	ADRJANOWSKI KRZYSIEK	19		URSYNÓW	POL	M 20	7	M 18		00:07:22	00:16:07.10	00:16:08.80	3:13	18.6
8	PYSHNIAK KOSTIANTYN	1152	UKRAINE	UKRAINE	UKR	M 20	8	M 20		00:07:11	00:16:22.65	00:16:23.85	3:16	18.3
9	WRONOWSKI ALBERT	1999	WRONA RUN	BANIE MAZURSKIE	POL	M 20	9	M 25		00:07:49	00:16:50.55	00:17:07.50	3:22	17.8
10	DAUKSZO MACIEJ	219		WARSZAWA	POL	M 20	10	M 35		00:08:00	00:17:04.15	00:17:22.70	3:24	17.6
11	DZICZEK SZYMON	280	PASSION FIRST	WARSZAWA	POL	M 20	11	M 28	PASSION FIRST	00:07:37	00:17:09.10	00:17:12.25	3:25	17.5
12	OMIELAN WOJCIECH	1884		ELK	POL	M 20	12	M 30		00:07:53	00:17:11.55	00:17:13.90	3:26	17.5
13	NIEDZIAŁEK MICHAŁ	956	100 TWARZY GRZYBIARZY	WARSZAWA	POL	M 20	13	M 32		00:08:00	00:17:14.75	00:17:16.75	3:26	17.4
14	TKACZYK MATEUSZ	1967		PULAWY	POL	M 20	14	M 38		00:08:17	00:17:22.65	00:17:26.10	3:28	17.3
15	PIOTROWSKI FILIP	1899	BKS WATAHA WARSZAWA	WIELISZEW	POL	M 20	15	M 48		00:08:12	00:17:31.10	00:17:44.10	3:30	17.1
16	PODCZASI MARCIN	1904	WKZ KOZIENICE BBL	KOZIENICE	POL	M 20	16	M 55	WKZ KOZIENICE BBL	00:08:19	00:17:39.05	00:17:51.50	3:31	17
17	MARYNOWSKI WOJCIECH	863		WARSZAWA	POL	M 20	17	M 51		00:08:15	00:17:42.00	00:17:47.30	3:32	16.9
18	STRZELECKI PIOTR	1359	KB PACE WARSZAWA	WARSZAWA	POL	M 20	18	M 68	KB PACE WARSZAWA	00:08:37	00:18:05.20	00:18:10.80	3:37	16.6
19	KRYWCZUK TOMASZ	707	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 20	19	M 85	ADIDAS RUNNERS WARSAW	00:08:16	00:18:08.20	00:18:28.45	3:37	16.5
20	GOLONKA PRZEMYSŁAW	1791		CIECIERZYN	POL	M 20	20	M 83		00:08:28	00:18:11.95	00:18:26.95	3:38	16.5
21	PILIPCZUK JAKUB	1076		ZAMOŚĆ	POL	M 20	21	M 96		00:08:30	00:18:29.85	00:19:01.35	3:41	16.2
22	REGULSKI PAWEŁ	1174	GÓRA BIEGA	WARKA	POL	M 20	22	M 99	GÓRA BIEGA - DZIKI	00:08:39	00:18:33.15	00:19:01.05	3:42	16.2
23	POTKAJ PRZEMYSŁAW	1113	DĄBROWSKI TEAM	KADZIDŁO	POL	M 20	23	M 105	DĄBROWSKI TEAM	00:08:52	00:18:40.65	00:18:50.65	3:44	16.1
24	OLSZAŃSKI PAWEŁ	999	KB PACE WARSZAWA	OLSZTYN	POL	M 20	24	M 112	KB PACE WARSZAWA	00:08:13	00:18:44.45	00:18:47.60	3:44	16
25	KALIŃSKI FRANCISZEK	526		ŁOWICZ	POL	M 20	25	M 115		00:08:53	00:18:48.95	00:19:02.60	3:45	16
26	CZARNOCKI WOJCIECH	202	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 20	26	M 117	ADIDAS RUNNERS WARSAW	00:08:54	00:18:49.70	00:19:05.25	3:45	15.9
27	KUKLA-KUKLEWICZ MICHAŁ	734		WARSZAWA	POL	M 20	27	M 127		00:08:57	00:18:59.95	00:19:39.50	3:47	15.8
28	DOBROŁĘCKI JACEK	243	KONRAD NOSARZEWSKI BADANIA DIETA TRENING	STUPSK	POL	M 20	28	M 145		00:08:14	00:19:16.10	00:19:20.00	3:51	15.6
29	WRONOWSKI MARCIN	1590	JEDNOOSOBOWY KLUB MYSZKA MISIO MILUSIA	WARSZAWA	POL	M 20	29	M 159		00:09:05	00:19:26.45	00:20:04.15	3:53	15.4
30	JASKÓLSKI BARTŁOMIEJ	478		OSTROŻEŃ PIERWSZY	POL	M 20	30	M 166		00:09:23	00:19:33.00	00:19:52.50	3:54	15.3
31	PLUTA PATRYK	1092		PRZEDBÓRZ	POL	M 20	31	M 167		00:08:57	00:19:33.05	00:19:47.00	3:54	15.3
32	OKHOTNIKOV MYKHAILO	984		WARSZAWA	UKR	M 20	32	M 169		00:09:00	00:19:34.10	00:19:48.35	3:54	15.3
33	CZEREWACZ ANDRZEJ	1767		KRAKÓW	POL	M 20	33	M 184		00:09:24	00:19:44.30	00:20:02.30	3:56	15.2
34	WAŚNIEWSKI PAWEŁ	1981		WARSZAWA	POL	M 20	34	M 188		00:09:01	00:19:45.20	00:19:59.55	3:57	15.2
35	SOBOLEWSKI MATEUSZ	1303	ŻÓRAWSKI TEAM	WARSZAWA	POL	M 20	35	M 191	ŻÓRAWSKI TEAM	00:09:05	00:19:45.50	00:19:57.65	3:57	15.2
36	UMIASTOWSKI BARTOSZ	1492		NOWY DWÓR MAZOWIECKI	POL	M 20	36	M 197		00:09:24	00:19:48.85	00:20:12.55	3:57	15.2
37	DUDEK IGOR	269		JELENIA GÓRA	POL	M 20	37	M 207		00:09:19	00:19:54.15	00:20:09.40	3:58	15.1
38	PUSEK MIKOŁAJ	1148	FPL TEAM	WARSZAWA	POL	M 20	38	M 218		00:09:21	00:20:01.55	00:20:22.15	4:00	15
39	JAKUBIAK WOJCIECH	456		WARSZAWA	POL	M 20	39	M 227		00:09:21	00:20:08.55	00:20:27.65	4:01	14.9
40	LEWANDOWSKI MICHAŁ	1836	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 20	40	M 235	ADIDAS RUNNERS WARSAW	00:09:17	00:20:18.15	00:20:34.35	4:03	14.8
41	CZAPSKI KACPER	200	EMILKRÓLTEAM	GOLICE	POL	M 20	41	M 247		00:09:27	00:20:27.80	00:20:43.90	4:05	14.7
42	KURNICKI MICHAŁ	746		WARSZAWA	POL	M 20	42	M 258		00:09:37	00:20:34.85	00:21:21.25	4:06	14.6
43	ZYZAŃSKI MIKOŁAJ	1664		WARSZAWA	POL	M 20	43	M 267		00:09:36	00:20:41.35	00:21:36.90	4:08	14.5
44	KULIGOWSKI ADRIAN	1829		RADZYMIN	POL	M 20	44	M 305		00:09:48	00:21:03.45	00:21:54.40	4:12	14.3
45	KUNOWSKI MATEUSZ	743		WARSZAWA	POL	M 20	45	M 308		00:09:46	00:21:05.95	00:21:36.60	4:13	14.2

BIEG URSYNOWA, M 20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
46	DUDZIK BARTŁOMIEJ	270		IZABELIN	POL	M 20	46	M 322		00:09:48	00:21:12.00	00:21:49.70	4:14	14.2
47	MYŚLIŃSKI MATEUSZ	944		WARSZAWA	POL	M 20	47	M 330		00:09:45	00:21:16.90	00:21:41.95	4:15	14.1
48	WOŹNICKI PAWEŁ	1994		WARSZAWA	POL	M 20	48	M 332		00:09:55	00:21:18.15	00:21:49.15	4:15	14.1
49	MIERZEJEWSKI RAFAŁ	901	BIEGAJ W MŁAWIE	GRUDUSK	POL	M 20	49	M 333		00:10:33	00:21:18.70	00:22:06.05	4:15	14.1
50	OKRASA MICHAŁ	985		WARSZAWA	POL	M 20	50	M 356		00:09:47	00:21:28.00	00:22:04.20	4:17	14
51	KUBICKI JAKUB	716	ESSA	WARSZAWA	POL	M 20	51	M 368	ESSA	00:10:14	00:21:35.10	00:22:37.40	4:19	13.9
52	POŁCZYŃSKI MACIEJ	1906		WARSZAWA	POL	M 20	52	M 369		00:10:29	00:21:35.55	00:23:25.75	4:19	13.9
53	BURZYKOWSKI JAKUB	141		ŁOWICZ	POL	M 20	53	M 389		00:10:32	00:21:53.20	00:23:09.15	4:22	13.7
54	BAK OSKAR	61	MADMAN TEAM	OTWOCK	POL	M 20	54	M 405		00:10:27	00:22:00.30	00:22:45.65	4:24	13.6
55	CHEŁCHOWSKI MICHAŁ	155	PAWKO RUNNER TEAM	WARSZAWA	POL	M 20	55	M 425	PAWKO RUNNER TEAM		00:22:15.15	00:22:47.95	4:27	13.5
56	PUCHAŁSKI JAN	1142		ŁOWICZ	POL	M 20	56	M 434		00:10:50	00:22:23.45	00:23:19.90	4:28	13.4
57	LIPSZYC ALEKSANDER	1708		WARSZAWA	POL	M 20	57	M 451		00:09:46	00:22:30.60	00:22:57.80	4:30	13.3
58	TRACZEWSKI JAN	1458		WARSZAWA	POL	M 20	58	M 454		00:09:55	00:22:31.30	00:23:16.35	4:30	13.3
59	ZAJĄC DAWID	1614		WARSZAWA	POL	M 20	59	M 470		00:10:54	00:22:41.90	00:24:05.70	4:32	13.2
60	MACANDER JAKUB	812		SKIERNIEWICE	POL	M 20	60	M 471		00:10:36	00:22:42.45	00:23:17.20	4:32	13.2
61	SELWESIUK BARTOSZ	1239		WARSZAWA	POL	M 20	61	M 488		00:11:00	00:22:47.15	00:23:51.30	4:33	13.2
62	STOLARCZYK PIOTR	1349	ESSA	WARSZAWA	POL	M 20	62	M 492	ESSA	00:10:15	00:22:52.60	00:23:55.00	4:34	13.1
63	MARTSENIUK VOLODYMYR	862		WARSZAWA	POL	M 20	63	M 499	ITMRUN	00:10:52	00:22:55.00	00:23:51.75	4:35	13.1
64	KRASUCKI MICHAŁ	688		WARSZAWA	POL	M 20	64	M 502		00:10:58	00:22:56.25	00:24:33.80	4:35	13.1
65	MIERZEJEWSKI GRZEGORZ	902	TEAM SPIRIT	GRUDUSK	POL	M 20	65	M 509		00:10:04	00:23:00.60	00:23:25.30	4:36	13
66	TURZYŃSKI PIOTR	1706	DECATHLON PIASECZNO	PIASECZNO	POL	M 20	66	M 518	DECATHLON	00:10:54	00:23:06.80	00:24:30.60	4:37	13
67	KEMPA JAKUB	25		WARSZAWA	POL	M 20	67	M 546		00:10:26	00:23:23.65	00:24:13.90	4:40	12.8
68	ADAMIEC KAROL	15		WARSZAWA	POL	M 20	68	M 550		00:11:18	00:23:24.95	00:24:15.50	4:40	12.8
69	RZYŃSKI MICHAŁ	1925	PAWKORUNNERTEAM	KALISZ	POL	M 20	69	M 581	PAWKO RUNNER TEAM	00:10:39	00:23:42.85	00:24:18.20	4:44	12.7
70	WRÓBLEWSKI TOMASZ	2128		WARSZAWA	POL	M 20	70	M 586		00:11:08	00:23:46.20	00:25:29.45	4:45	12.6
71	DUDEK JAKUB	267		BANIOCHA	POL	M 20	71	M 588		00:10:36	00:23:46.50	00:25:04.90	4:45	12.6
72	MATEJEK BŁAŻEJ	875		WARSZAWA	POL	M 20	72	M 592		00:11:36	00:23:48.90	00:26:00.20	4:45	12.6
73	STĘPNIEWSKI DOMINIK	1347		WARSZAWA	POL	M 20	73	M 604		00:11:14	00:23:56.80	00:25:00.65	4:47	12.5
74	DMUCHOWSKI JAKUB	241		ŁOMŻA	POL	M 20	74	M 615		00:11:19	00:24:04.60	00:25:11.15	4:48	12.5
75	MUZYCHENKO DMYTRO	940	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 20	75	M 620		00:11:26	00:24:06.50	00:25:23.50	4:49	12.4
76	DORS MAREK	253	KABEX PODKOWA JANÓW	WARSZAWA	POL	M 20	76	M 624		00:11:42	00:24:09.75	00:25:38.00	4:49	12.4
77	ATAMANOV MYKYTA	36	RUN FOR PEACE	DONIECK (UKRAINA)	POL	M 20	77	M 625		00:11:41	00:24:10.65	00:25:45.25	4:50	12.4
78	BANASIK MARCIN	46	MARATOŃCZYCY	WARSZAWA	POL	M 20	78	M 637	MARATOŃCZYCY	00:11:36	00:24:18.10	00:25:57.00	4:51	12.3
79	BĘTKOWSKI PIOTR	70		WARSZAWA	POL	M 20	79	M 652		00:11:01	00:24:23.75	00:26:03.25	4:52	12.3
80	KONDRYSZYN KACPER	1819		WARSZAWA	POL	M 20	80	M 674		00:11:51	00:24:36.70	00:26:15.30	4:55	12.2
81	BRODZIK JAKUB	1751		WARSZAWA	POL	M 20	81	M 697		00:11:49	00:24:49.35	00:26:18.45	4:57	12.1
82	PIWOWAREK ROBERT	1088		WARSZAWA	POL	M 20	82	M 705		00:11:50	00:24:53.20	00:26:21.05	4:58	12.1
83	BŁACH PIOTR	89		WARSZAWA	POL	M 20	83	M 706		00:11:45	00:24:53.25	00:26:25.10	4:58	12.1
84	KUCHER PAVLO	724		WARSZAWA	UKR	M 20	84	M 718		00:12:35	00:25:03.00	00:27:00.30	5:00	12
85	KUCHARSKI MICHAŁ	722		WARSZAWA	POL	M 20	85	M 719		00:10:59	00:25:03.30	00:26:14.05	5:00	12
86	MACUTKIEWICZ ADAM	820	MARATOŃCZYCY	WARSZAWA	POL	M 20	86	M 729	MARATOŃCZYCY	00:12:41	00:25:10.05	00:26:53.55	5:02	11.9
87	BUJAŁSKI KONRAD	130	ETV ULUBIONA WARSZAWA	WARSZAWA	POL	M 20	87	M 733		00:12:10	00:25:12.15	00:27:07.55	5:02	11.9
88	TYC PIOTR	1479		WARSZAWA	POL	M 20	88	M 740		00:12:23	00:25:15.80	00:27:04.80	5:03	11.9
89	GOŹDZIAK KRZYSZTOF	189		MIELEC	POL	M 20	89	M 749		00:12:51	00:25:23.95	00:28:11.10	5:04	11.8
90	BIERNACKI MATEUSZ	1746		KONSTANCIN	POL	M 20	90	M 753		00:12:13	00:25:27.10	00:27:09.80	5:05	11.8
91	STĘPNIEWSKI JAKUB	1348		RASZYN	POL	M 20	91	M 755		00:11:31	00:25:27.60	00:26:43.90	5:05	11.8
92	ŚWINIARSKI ADAM	1951		WARSZAWA	POL	M 20	92	M 784		00:12:10	00:25:47.30	00:27:30.95	5:09	11.6
93	KAMIŃSKI TOMASZ	535	MARATOŃCZYCY	WARSZAWA	POL	M 20	93	M 793	MARATOŃCZYCY	00:12:04	00:25:52.60	00:27:35.55	5:10	11.6
94	ULICZNY MICHAŁ	1488		WARSZAWA	POL	M 20	94	M 804		00:12:40	00:25:59.70	00:27:39.40	5:11	11.5
95	ROJEWSKI MATEUSZ	1189		WARSZAWA	POL	M 20	95	M 805		00:11:47	00:26:00.50	00:27:31.15	5:12	11.5
96	LACHOWICZ TOMASZ	756	WITC	WARSZAWA	POL	M 20	96	M 812		00:11:37	00:26:03.30	00:26:22.05	5:12	11.5
97	ZAKRZEWSKI MATEUSZ	163		WARSZAWA	POL	M 20	97	M 814		00:11:47	00:26:04.55	00:28:54.15	5:12	11.5
98	PATEJ MACIEJ	1720		BIAŁYSTOK	POL	M 20	98	M 816		00:12:43	00:26:06.55	00:27:39.60	5:13	11.5
99	PRZYBYSZ MATEUSZ	1139		WARSZAWA	POL	M 20	99	M 817		00:12:32	00:26:06.70	00:27:48.05	5:13	11.5
100	CYBULSKI DAWID	1762		ZAMOŚĆ	POL	M 20	100	M 828		00:12:44	00:26:13.40	00:28:50.10	5:14	11.4
101	GUTOWSKI PIOTR	422		SKARYSZEW	POL	M 20	101	M 829		00:12:34	00:26:16.65	00:28:01.35	5:15	11.4
102	JAKÓBCZAK MICHAŁ	454		ZĄBKI	POL	M 20	102	M 860		00:12:08	00:26:31.55	00:28:25.75	5:18	11.3

BIEG URSYNOWA, M 20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
103	GERULA JAKUB	352		WARSZAWA	POL	M 20	103	M 878		00:12:26	00:26:48.45	00:27:00.00	5:21	11.2
104	GADZIŃSKI MARCIN	328		WARSZAWA	POL	M 20	104	M 886		00:12:38	00:26:52.95	00:29:34.30	5:22	11.2
105	KRAWCZYK JULIUSZ	692		WARSZAWA	POL	M 20	105	M 888		00:12:52	00:26:55.10	00:28:51.70	5:23	11.1
106	RYBCHUK IAROSLAV	1217		WARSZAWA	POL	M 20	106	M 895	CBRE	00:12:47	00:26:58.65	00:29:06.50	5:23	11.1
107	SIARNIEWICZ ŁUKASZ	1244		PIASECZNO	POL	M 20	107	M 900		00:12:30	00:27:05.90	00:29:20.90	5:25	11.1
108	NOWAKOWSKI RAFAŁ	971		WARSZAWA	POL	M 20	108	M 907		00:13:04	00:27:12.10	00:29:26.05	5:26	11
109	PINKWART WIKTOR	1080		WARSZAWA	POL	M 20	109	M 914		00:13:12	00:27:19.20	00:29:29.90	5:27	11
110	CZECHOWSKI TOMASZ	205		WARSZAWA	POL	M 20	110	M 918		00:15:03	00:27:20.75	00:30:20.65	5:28	11
111	TOMASZEWSKI MACIEJ	1451		WARSZAWA	POL	M 20	111	M 922		00:13:19	00:27:23.70	00:29:33.15	5:28	11
112	NOWOSIELSKI BARTŁOMIEJ	977	LAUBNITZ	WARSZAWA	POL	M 20	112	M 923		00:13:07	00:27:23.75	00:29:47.90	5:28	11
113	GROTEK KAROL	411		PNIEWY	POL	M 20	113	M 925		00:11:41	00:27:24.65	00:28:42.75	5:28	10.9
114	WÓJTOWICZ MICHAŁ	1589		WARSZAWA	POL	M 20	114	M 929		00:13:26	00:27:26.40	00:29:28.30	5:29	10.9
115	RACZYŃSKI DOMINIK	1157		WARSZAWA	POL	M 20	115	M 938		00:12:48	00:27:34.50	00:30:47.50	5:30	10.9
116	ŁASKA JAKUB	795		WARSZAWA	POL	M 20	116	M 943		00:13:10	00:27:36.90	00:29:49.20	5:31	10.9
117	DUDEK MIKOŁAJ	268		WARSZAWA	POL	M 20	117	M 946	CBRE	00:13:34	00:27:38.45	00:30:19.10	5:31	10.9
118	TOMCZAK KAROL	1453		WARSZAWA	POL	M 20	118	M 985		00:13:36	00:28:14.20	00:31:00.60	5:38	10.6
119	GRZYBOWSKI BARTOSZ	1707	DECATHLON	WARSZAWA	POL	M 20	119	M 986	DECATHLON	00:13:15	00:28:14.55	00:30:28.30	5:38	10.6
120	WELTER SZYMON	1982		WARSZAWA	POL	M 20	120	M 990		00:12:31	00:28:20.15	00:31:20.85	5:40	10.6
121	KLEMENSOWICZ PAWEŁ	593		WARSZAWA	POL	M 20	121	M 992		00:13:47	00:28:20.60	00:30:56.70	5:40	10.6
122	BANASZKIEWICZ JAKUB	49	YUMMY BANANA	WARSZAWA	POL	M 20	122	M 995	YUMMY BANANA	00:13:40	00:28:22.45	00:30:45.80	5:40	10.6
123	SKRZYPCZAK BŁAŻEJ	1934		WARSZAWA	POL	M 20	123	M 996		00:14:49	00:28:22.65	00:30:50.45	5:40	10.6
124	DZIĘCIOŁ ARTUR	285		WARSZAWA	POL	M 20	124	M 998	CBRE	00:13:32	00:28:23.90	00:31:22.50	5:40	10.6
125	KHAMUTOU PAVEL	1807		WARSAW	POL	M 20	125	M 1004		00:13:03	00:28:30.55	00:30:02.20	5:42	10.5
126	OKULANIS MATEUSZ	988		WARSZAWA	POL	M 20	126	M 1010		00:13:56	00:28:34.50	00:31:08.45	5:42	10.5
127	KALITA JAKUB	527		NOWE GROCHOLICE	POL	M 20	127	M 1013		00:12:09	00:28:36.75	00:29:54.40	5:43	10.5
128	FONGANG SIMON	317		WARSZAWA	POL	M 20	128	M 1043		00:13:35	00:29:03.30	00:31:54.05	5:48	10.3
129	ŚWINIARSKI EMIL	1729		WARSZAWA	POL	M 20	129	M 1047		00:13:07	00:29:08.70	00:31:14.80	5:49	10.3
130	RYBAK MATEUSZ	1922		WARSZAWA	POL	M 20	130	M 1069		00:13:43	00:29:29.85	00:31:11.60	5:53	10.2
131	WOŁCZAK BARTŁOMIEJ	1577		WARSZAWA	POL	M 20	131	M 1072		00:14:08	00:29:33.35	00:31:10.80	5:54	10.2
132	MASTALERZ DAWID	1858		WARSZAWA	POL	M 20	132	M 1085		00:13:02	00:29:54.60	00:31:37.45	5:58	10
133	PROCHWICZ SZYMON	1121		WARSZAWA	POL	M 20	133	M 1097		00:14:04	00:30:29.05	00:33:12.35	6:05	9.8
134	TRYFON PAWEŁ	1970		WARSZAWA	POL	M 20	134	M 1100		00:14:09	00:30:31.55	00:33:22.50	6:06	9.8
135	BEDNAREK KRZYSZTOF	1744		CHYLICE	POL	M 20	135	M 1102		00:14:00	00:30:32.00	00:32:39.20	6:06	9.8
136	KORONA MARCIN	648	TEAM KARAS	WARSZAWA	POL	M 20	136	M 1103	TEAM KARAS	00:14:25	00:30:35.95	00:33:12.95	6:07	9.8
137	GAWIN MARIUSZ	344		WARSZAWA	POL	M 20	137	M 1104		00:14:07	00:30:43.40	00:32:56.45	6:08	9.8
138	JUNEVIČIUS ANDRIUS	498		WARSZAWA	POL	M 20	138	M 1112		00:15:07	00:30:54.90	00:33:11.60	6:10	9.7
139	MAJEK JAKUB	1851		PIASECZNO	POL	M 20	139	M 1131		00:14:38	00:31:38.05	00:34:56.90	6:19	9.5
140	MŁYNARCZYK MIKOŁAJ	917		ZALESIE GÓRNE	POL	M 20	140	M 1135		00:13:47	00:31:52.55	00:34:10.80	6:22	9.4
141	SIRODZKI MICHAŁ	1261		WARSZAWA	POL	M 20	141	M 1140		00:14:08	00:32:00.45	00:34:37.80	6:24	9.4
142	SKUPIŃSKI TOMASZ	1282		WOŁOMIN	POL	M 20	142	M 1197		00:16:27	00:35:04.80	00:38:17.55	7:00	8.6
143	KĘDZIA-STĘPKOWSKI ANTONI	570		WARSZAWA	POL	M 20	143	M 1201		00:15:40	00:35:17.65	00:37:31.70	7:03	8.5
144	BRZAŁAŁA MATEUSZ	1705		WARSZAWA	POL	M 20	144	M 1221		00:17:13	00:37:52.00	00:41:03.00	7:34	7.9
145	ROWICKI JAKUB	1918		WARSZAWA	POL	M 20	145	M 1224		00:16:55	00:38:06.10	00:40:55.45	7:37	7.9
146	PRZYBYŚZ KRZYSZTOF	1138		OSIECK	POL	M 20	146	M 1227		00:18:31	00:40:00.10	00:42:48.55	8:00	7.5
147	OLEJNIK FRANCISZEK	1882	INŻYNIERIA BIEGANIA TEAM	KATOWICE	POL	M 20	147	M 1236		00:08:08			3:15	18.4

BIEG URSYNOWA, K 30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	MAZEK EMILIA	884	AZS AWF WARSZAWA	UNIN-KOLONIA	POL	K 30	1	K 1		00:07:59	00:16:55.35	00:16:57.40	3:23	17.7
2	JĘDRZEJSKA ALEKSANDRA	146	CTS	WROCŁAW	POL	K 30	2	K 3		00:08:05	00:17:26.15	00:17:29.05	3:29	17.2
3	KALBARCZYK ADRIANA	1713	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	K 30	3	K 4	DUKLANOWSKI TEAM	00:08:16	00:17:28.35	00:17:31.80	3:29	17.2
4	MIERZLIKIN NATALIA	1860		WARSZAWA	POL	K 30	4	K 5		00:08:12	00:17:34.70	00:17:37.30	3:30	17.1
5	GLINKA ELŻBIETA	1790	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30	5	K 8	ADIDAS RUNNERS WARSAW	00:08:36	00:18:15.30	00:18:46.10	3:39	16.4
6	KOWALCZYK ALICJA	667		WARSZAWA	POL	K 30	6	K 7		00:08:35	00:18:35.25	00:18:43.80	3:43	16.1

BIEG URSYNOWA, K 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
7	VEREMCHUK YULIA	1499	YULIANKA BIEGNIĘ BO LUBI	WARSZAWA	UKR	K 30	7	K 10		00:08:55	00:18:43.55	00:18:56.15	3:44	16
8	WOJTKOWIAK MARTA	1573	PAWKO RUNNER TEAM	WARSZAWA	POL	K 30	8	K 13	PAWKO RUNNER TEAM	00:08:58	00:19:16.90	00:19:45.45	3:51	15.6
9	WOROBIEW MAGDALENA	37	LIPIEC RUNNING TEAM	WARSZAWA	POL	K 30	9	K 14		00:09:18	00:19:26.65	00:19:36.70	3:53	15.4
10	TOMCZAK JOANNA	1452		WARSZAWA (URSYNÓW)	POL	K 30	10	K 16		00:09:08	00:19:39.20	00:19:53.25	3:55	15.3
11	PACIOREK EWA	250	KOBIETA BIEGA	MARKI	POL	K 30	11	K 17		00:09:21	00:20:01.60	00:20:17.00	4:00	15
12	ŚLIWOWSKA JUSTYNA	1962	#PLANBIEGANIE	ŁÓDŹ	POL	K 30	12	K 19	#PLANBIEGANIE	00:09:34	00:20:05.45	00:20:28.05	4:01	14.9
13	CHRUŚCIEL LUCYNA	174	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30	13	K 20	ADIDAS RUNNERS WARSAW	00:09:37	00:20:14.55	00:20:42.05	4:02	14.8
14	RĘKAWEK PAULINA	1915	TEAM ZABIEGANEDNI	LIPOWO	POL	K 30	14	K 22	TEAM ZABIEGANEDNI	00:09:32	00:20:24.65	00:20:54.80	4:04	14.7
15	JASKÓLSKA MAGDA	477	VEGE RUNNERS	WARSZAWA	POL	K 30	15	K 23	VEGE RUNNERS URSYNÓW	00:09:37	00:20:31.95	00:20:48.25	4:06	14.6
16	CHOŁUJ ANNA	1755	WKZ KOZIENICE BBL	KOZIENICE	POL	K 30	16	K 31	WKZ KOZIENICE BBL	00:09:47	00:21:07.95	00:22:00.05	4:13	14.2
17	KIBITLEWSKA EMILIA	572		SUWAŁKI	POL	K 30	17	K 33		00:09:49	00:21:15.00	00:21:39.45	4:15	14.1
18	BUKAŁA OKTAWIA	134	VEGE RUNNERS	WARSZAWA	POL	K 30	18	K 36	VEGE RUNNERS RESZTA ŚWIATA	00:10:14	00:21:44.10	00:22:50.35	4:20	13.8
19	SIESTRZYKOWSKA KATARZYNA	1254		WARSZAWA	POL	K 30	19	K 38		00:09:58	00:21:54.75	00:22:23.90	4:22	13.7
20	GŁODOWSKA MARTA	366	ŻÓRAWSKI TEAM	WARSZAWA	POL	K 30	20	K 43	ŻÓRAWSKI TEAM		00:22:09.00	00:22:45.00	4:25	13.5
21	SŁOMKA DOMINIKA	1288	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 30	21	K 46	TEAM ZABIEGANEDNI #1	00:10:29	00:22:37.00	00:23:22.10	4:31	13.3
22	WIEWIURA AGNIESZKA	1533	GÓRA BIEGA	KONSTANCIN JEZIORNA	POL	K 30	22	K 54	GÓRA BIEGA - DZIKI	00:10:57	00:23:09.40	00:24:06.80	4:37	13
23	KOSTACIŃSKA MARIA	1823	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30	23	K 58	ADIDAS RUNNERS WARSAW	00:11:14	00:23:22.75	00:24:26.45	4:40	12.8
24	CZYŻ MONIKA	214		WARSZAWA	POL	K 30	24	K 63		00:11:06	00:23:36.55	00:24:45.00	4:43	12.7
25	KROPIAK KATARZYNA	696	VEGE RUNNERS	WARSZAWA	POL	K 30	25	K 68	VEGE RUNNERS RESZTA ŚWIATA	00:11:00	00:23:55.75	00:24:50.10	4:47	12.5
26	HORDIENKO NATALIA	434	UKRAINE	WARSZAWA	POL	K 30	26	K 69		00:11:02	00:24:03.35	00:25:09.20	4:48	12.5
27	WYSOCKA MAGDA	1598		STOCZEK	POL	K 30	27	K 73		00:11:45	00:24:16.85	00:25:44.80	4:51	12.4
28	ROMANIK KLAUDIA	1190		WARSZAWA	POL	K 30	28	K 75		00:11:07	00:24:22.60	00:25:11.20	4:52	12.3
29	MRÓZ GABRIELA	934	PAWKO RUNNER TEAM	JEDLICZE	POL	K 30	29	K 78	PAWKO RUNNER TEAM	00:11:20	00:24:35.20	00:25:44.70	4:55	12.2
30	ORLIŃSKA EDYTA	1003	TEAM BALANS	PŁOŃSK	POL	K 30	30	K 80		00:11:31	00:24:37.05	00:25:47.40	4:55	12.2
31	SOKOŁOWSKA MAGDALENA	1310		WARSZAWA	POL	K 30	31	K 81		00:11:20	00:24:37.20	00:25:25.60	4:55	12.2
32	BUKOWSKA MARTYNA	136		WARSZAWA	POL	K 30	32	K 82		00:10:19	00:24:37.35	00:24:48.90	4:55	12.2
33	LIS-MAJER ANNA	788	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	K 30	33	K 84	BIEGOWY WARIAT RUNNING TEAM	00:11:30	00:24:38.55	00:25:58.90	4:55	12.2
34	FŁOREK MAŁGORZATA	313	LEBIODA TEAM	WARSZAWA	POL	K 30	34	K 87		00:11:59	00:24:46.10	00:24:46.10	4:57	12.1
35	DRACHAL AGATA	256		PIASTÓW	POL	K 30	35	K 96		00:12:06	00:25:08.00	00:26:34.35	5:01	11.9
36	WÓJCİK AGNIESZKA	1996		WARSZAWA	POL	K 30	36	K 100		00:11:38	00:25:17.50	00:26:20.80	5:03	11.9
37	SUŁKOWSKA MAGDALENA	1947		WARSZAWA	POL	K 30	37	K 105		00:12:14	00:25:29.20	00:27:03.25	5:05	11.8
38	CHARKO ELŻBIETA	151	GÓRA BIEGA	GÓRA KALWARIA	POL	K 30	38	K 110	GÓRA BIEGA	00:12:26	00:25:35.10	00:27:08.25	5:07	11.7
39	SIWCZAK AGNIESZKA	1264	MORDERCZE OPONKI	WARSZAWA	POL	K 30	39	K 111	MORDERCZE OPONKI	00:12:23	00:25:35.60	00:27:26.60	5:07	11.7
40	ZAWADKA MARTA	1631		WARSZAWA	POL	K 30	40	K 114		00:12:21	00:25:43.95	00:27:22.90	5:08	11.7
41	TROJANOWSKA KAROLINA	1969		WARSZAWA	POL	K 30	41	K 115		00:12:18	00:25:45.75	00:28:20.55	5:09	11.7
42	SZYMOR JOANNA	1423	SERWIS POJAZDÓW ADAM WOŁKOWYCKI	WARSZAWA	POL	K 30	42	K 119		00:12:23	00:25:50.30	00:27:38.35	5:10	11.6
43	ŁASZCZYCH MAŁGORZATA	796		WARSZAWA	POL	K 30	43	K 121		00:11:57	00:25:53.10	00:27:11.80	5:10	11.6
44	DĘGOSZ MARTA	240		WARSZAWA	POL	K 30	44	K 124		00:12:31	00:25:56.35	00:27:47.55	5:11	11.6
45	MYSTKOWSKA MARTA	1870		WARSZAWA	POL	K 30	45	K 129		00:11:59	00:25:59.80	00:28:25.25	5:11	11.5
46	FRANCZYK MONIKA	1785		WARSZAWA	POL	K 30	46	K 133		00:12:08	00:26:07.10	00:28:04.65	5:13	11.5
47	TRZASKO ANIA	1472	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30	47	K 142		00:12:29	00:26:24.85	00:28:02.60	5:16	11.4
48	MACUTKIEWICZ IZABELA	819		WARSZAWA	POL	K 30	48	K 144		00:12:23	00:26:28.05	00:27:58.40	5:17	11.3
49	CHARCHUŁA MARTA	148		IZABELIN	POL	K 30	49	K 145		00:12:50	00:26:29.95	00:28:47.40	5:17	11.3
50	PODGÓRSKA ALEKSANDRA	67		WARSZAWA	POL	K 30	50	K 148		00:12:01	00:26:34.70	00:28:10.10	5:18	11.3
51	MOKRZANOWSKA ANNA	919		WARSZAWA	POL	K 30	51	K 149		00:12:21	00:26:37.30	00:28:10.20	5:19	11.3
52	ROGALSKA JUSTYNA	1186		WARSZAWA	POL	K 30	52	K 151		00:12:41	00:26:39.80	00:28:58.15	5:19	11.3
53	KWIATKOWSKA IZABELA	754		KOMORNICA	POL	K 30	53	K 156		00:12:36	00:26:44.90	00:28:34.55	5:20	11.2
54	BIENIAK EWELINA	77		BIAŁE BŁOTA	POL	K 30	54	K 157		00:12:42	00:26:45.55	00:28:38.90	5:21	11.2
55	KIELISZEK-MĘDREK MONIKA	577		WARSZAWA	POL	K 30	55	K 166		00:13:51	00:26:51.30	00:29:46.55	5:22	11.2

BIEG URSYNOWA, K 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
56	BAK AGATA	63		WARSZAWA	POL	K 30	56	K 167		00:12:50	00:26:53.15	00:29:10.35	5:22	11.2
57	LECHAŃSKA ALEKSANDRA	1835		WARSZAWA	POL	K 30	57	K 171		00:27:00.25	00:28:20.90	00:28:20.90	5:24	11.1
58	CZERESNIOWSKA ANNA	207	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30	58	K 179	ADIDAS RUNNERS WARSAW	00:12:14	00:27:07.85	00:28:59.80	5:25	11.1
59	HARABIN KINGA	425	RUN CZARNÓW	CZARNÓW	POL	K 30	59	K 188		00:12:35	00:27:16.95	00:29:33.75	5:27	11
60	KLIMEK MARTA	596		WARSZAWA	POL	K 30	60	K 194		00:12:25	00:27:22.75	00:28:33.50	5:28	11
61	OSTRYSZ MAGDALENA	1015		WARSZAWA	POL	K 30	61	K 195		00:13:09	00:27:23.45	00:29:23.30	5:28	11
62	MULARZUK NATALIA	937		WARSZAWA	POL	K 30	62	K 196		00:13:11	00:27:23.75	00:29:33.65	5:28	11
63	ŁAKOMY KATARZYNA	793		WARSZAWA	POL	K 30	63	K 197		00:13:00	00:27:24.35	00:28:48.95	5:28	10.9
64	MALANOWSKA JULIA	833		WARSZAWA	POL	K 30	64	K 198		00:12:50	00:27:25.35	00:28:47.70	5:29	10.9
65	KOWALSKA KATARZYNA	1827		WARSZAWA	POL	K 30	65	K 199		00:12:40	00:27:25.75	00:28:48.20	5:29	10.9
66	THIEL MONIKA	1966		REGUŁY	POL	K 30	66	K 202		00:12:43	00:27:32.50	00:29:48.20	5:30	10.9
67	CZERWIŃSKA-BLOK IWONA	208		WARSZAWA	POL	K 30	67	K 203		00:13:08	00:27:33.60	00:29:44.15	5:30	10.9
68	HARABIN JUSTYNA	426		CZARNÓW	POL	K 30	68	K 221		00:13:07	00:27:53.90	00:30:11.05	5:34	10.8
69	KLAMBOROWSKA MAGDALENA	589	KB PACE WARSZAWA	WARSZAWA	POL	K 30	69	K 222	KB PACE WARSZAWA 2	00:12:44	00:27:54.30	00:29:34.70	5:34	10.8
70	ŻYWIŁOWSKA DOROTA	1677	BRAK	JÓZEFOSŁAW	POL	K 30	70	K 229		00:13:21	00:27:59.15	00:30:41.95	5:35	10.7
71	ROSENBAUM OLGA	1193		WARSZAWA	POL	K 30	71	K 230		00:13:09	00:27:59.60	00:30:10.75	5:35	10.7
72	DUDKIEWICZ KATARZYNA	1779	MAGO	GRODZISK MAZOWIECKI	POL	K 30	72	K 234		00:12:36	00:28:11.30	00:31:24.45	5:38	10.6
73	POTOCZNA EWA	1910		WARSZAWA	POL	K 30	73	K 235		00:12:36	00:28:11.30	00:31:24.45	5:38	10.6
74	LEGAN MARTYNA	766	CBRE	WARSZAWA	POL	K 30	74	K 238		00:13:26	00:28:16.75	00:31:04.95	5:39	10.6
75	WYSOCKA MAGDALENA	1597		WARSZAWA	POL	K 30	75	K 240		00:13:04	00:28:20.65	00:30:20.80	5:40	10.6
76	SULEJ ANNA	1367	PZU SPORT TEAM	SIEDLCE	POL	K 30	76	K 245		00:13:10	00:28:23.10	00:30:31.85	5:40	10.6
77	KUBASZCZYK AGNIESZKA	714		WARSZAWA	POL	K 30	77	K 252		00:12:52	00:28:30.25	00:31:06.10	5:42	10.5
78	BAGŁAJ MAGDALENA	40		WARSZAWA	POL	K 30	78	K 253		00:13:07	00:28:30.30	00:30:02.15	5:42	10.5
79	ŚWIDERSKA DOROTA	1430		WARSZAWA	POL	K 30	79	K 254		00:13:16	00:28:30.50	00:30:38.35	5:42	10.5
80	ORDAK MAŁGORZATA	1002		PRUSZKÓW	POL	K 30	80	K 255		00:13:34	00:28:31.00	00:31:17.35	5:42	10.5
81	PUDŁOWSKA IWONA	1145		WARSZAWA	POL	K 30	81	K 258		00:13:12	00:28:35.35	00:29:52.20	5:43	10.5
82	SIWEK AGNIESZKA	1266	BIEGAJĄCE ZĄBKI	ZĄBKI	POL	K 30	82	K 261		00:12:54	00:28:40.70	00:31:09.90	5:44	10.5
83	GRZESZAK WERONIKA	10	-	-	POL	K 30	83	K 264		00:13:01	00:28:44.65	00:30:33.95	5:44	10.4
84	OLKOWSKA ZOFIA	995		GLINIANKA	POL	K 30	84	K 271		00:13:55	00:28:51.25	00:31:27.35	5:46	10.4
85	SKRZYŃSKA EMILIA	1279		ŁÓDŹ	POL	K 30	85	K 272		00:13:31	00:28:51.50	00:30:54.45	5:46	10.4
86	SOBONSKA KATARZYNA	1304	CBRE	WARSZAWA	POL	K 30	86	K 275		00:13:44	00:28:55.20	00:31:38.70	5:47	10.4
87	GRECZEK ANNA	404		WARSZAWA	POL	K 30	87	K 276		00:13:27	00:28:55.70	00:31:41.85	5:47	10.4
88	SŁĄBA PAULINA	1287		WARSZAWA	POL	K 30	88	K 280		00:13:46	00:29:00.20	00:31:59.90	5:48	10.3
89	JANCZAK KATARZYNA	462		PRUSZKÓW	POL	K 30	89	K 281		00:13:14	00:29:00.30	00:30:37.05	5:48	10.3
90	WASILEWSKA-CICHOPEK KAROLINA	1510		WARSZAWA	POL	K 30	90	K 283		00:13:27	00:29:04.25	00:31:03.00	5:48	10.3
91	SAHAJDAK IWONA	1230		WARSZAWA	POL	K 30	91	K 285		00:13:46	00:29:05.30	00:31:25.25	5:49	10.3
92	GROCHOWSKA MAGDALENA	408		WARSZAWA	POL	K 30	92	K 292		00:14:22	00:29:10.90	00:31:32.35	5:50	10.3
93	KORNAUS JOANNA	643		WARSZAWA	POL	K 30	93	K 295		00:14:02	00:29:14.45	00:32:16.80	5:50	10.3
94	SZYMANEK ALEKSANDRA	1410		WARSZAWA	POL	K 30	94	K 307		00:13:36	00:29:23.25	00:32:02.90	5:52	10.2
95	MIKOSZA ANNA	1702		WARSZAWA	POL	K 30	95	K 313		00:13:33	00:29:28.60	00:30:59.10	5:53	10.2
96	KOŁAKOWSKA ANETA	617		WARSZAWA	POL	K 30	96	K 317		00:13:34	00:29:30.90	00:30:23.00	5:54	10.2
97	SZYMCZAK AGNIESZKA	1421		CELESTYNOW	POL	K 30	97	K 320		00:13:40	00:29:34.25	00:31:19.75	5:54	10.1
98	KALINOWSKA ALEKSANDRA	521		WARSZAWA	POL	K 30	98	K 323		00:14:04	00:29:36.45	00:32:23.60	5:55	10.1
99	WINIARSKA-CZARNOTA KATARZYNA	1543		WARSZAWA	POL	K 30	99	K 324		00:14:13	00:29:36.60	00:32:05.65	5:55	10.1
100	KINGA BER	586		WARSZAWA	POL	K 30	100	K 325		00:14:13	00:29:38.60	00:32:07.65	5:55	10.1
101	ZUBRZYCKA ALEKSANDRA	1657		FALENTY DUŻE	POL	K 30	101	K 332		00:13:52	00:29:45.50	00:32:26.55	5:57	10.1
102	LAMPARSKA PATRYCJA	758		WARSZAWA	POL	K 30	102	K 347		00:14:28	00:30:09.50	00:32:35.50	6:01	10
103	KUŚIŃSKA DOROTA	1683		WARSZAWA	POL	K 30	103	K 350		00:14:11	00:30:10.80	00:32:29.75	6:02	9.9
104	MOLSA NATALIA	921		WARSZAWA	POL	K 30	104	K 352		00:14:28	00:30:11.70	00:32:51.85	6:02	9.9
105	STOŁECKA PAULINA	1946		WARSZAWA	POL	K 30	105	K 358		00:13:21	00:30:18.10	00:32:50.15	6:03	9.9
106	GAŁADYK JOANNA	334	B&B	GDYNIA	POL	K 30	106	K 359		00:14:22	00:30:18.20	00:32:37.25	6:03	9.9
107	CHOROŚ SYLWIA	170		WARSZAWA	POL	K 30	107	K 363		00:14:17	00:30:28.00	00:32:38.20	6:05	9.8
108	MALICZOWSKA EWA	836		WARSZAWA	POL	K 30	108	K 366		00:13:34	00:30:31.80	00:33:05.60	6:06	9.8
109	WŁODARCZYK AGNIESZKA	1559		KONSTANCIN-JEZIORNA	POL	K 30	109	K 369		00:14:14	00:30:33.60	00:33:30.45	6:06	9.8
110	ARCHACKA IWONA	35		WARSZAWA	POL	K 30	110	K 371		00:14:03	00:30:35.40	00:33:38.40	6:07	9.8

BIEG URSYNOWA, K 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
111	WOLAK KATARZYNA	1574		OPACZ-KOLONIA	POL	K 30	111	K 372	CBRE	00:14:01	00:30:38.85	00:33:46.40	6:07	9.8
112	TRYBULEC JUSTYNA	1470		WARSZAWA	POL	K 30	112	K 373		00:14:10	00:30:39.10	00:31:28.95	6:07	9.8
113	CHOŁUJ MARTA	167		WARSZAWA	POL	K 30	113	K 374		00:14:15	00:30:41.85	00:33:12.10	6:08	9.8
114	GRECKA ANNA	402		CHYLICZKI	POL	K 30	114	K 375		00:13:59	00:30:44.10	00:32:05.55	6:08	9.8
115	MATUSIAK ANNA	878		CHOTOMÓW	POL	K 30	115	K 381		00:14:27	00:30:53.40	00:33:36.50	6:10	9.7
116	CIEŚLAK ADRIANA	185		GRÓJEC	POL	K 30	116	K 387		00:14:14	00:31:01.35	00:33:39.10	6:12	9.7
117	PLUTA MONIKA	1093		SULEJÓWEK	POL	K 30	117	K 392		00:13:54	00:31:15.05	00:34:04.15	6:15	9.6
118	ŚMIERCIAK KASIA	1429		WARSZAWA	POL	K 30	118	K 395		00:14:45	00:31:16.10	00:33:44.25	6:15	9.6
119	WINIARZ NATALIA	1544		WARSZAWA	POL	K 30	119	K 399		00:14:48	00:31:24.90	00:34:00.50	6:16	9.6
120	BIDZIŃSKA ALICJA	72		WARSZAWA	POL	K 30	120	K 403		00:14:39	00:31:27.20	00:34:11.35	6:17	9.5
121	KOŁPACZYŃSKA ANNA	1728		WARSZAWA	POL	K 30	121	K 404		00:14:10	00:31:27.25	00:33:33.55	6:17	9.5
122	KOWALCZYK KAMILA	1825		WARSZAWA	POL	K 30	122	K 405		00:14:16	00:31:27.70	00:32:51.00	6:17	9.5
123	JANEK KATARZYNA	464	KATAREK	WARSZAWA	AFG	K 30	123	K 407		00:14:32	00:31:29.65	00:33:35.60	6:17	9.5
124	HERNIK WERONIKA	428		GRÓJEC	POL	K 30	124	K 408		00:14:28	00:31:30.10	00:33:41.15	6:18	9.5
125	JAROSIŃSKA ANNA	471		GORA KALWARIA	POL	K 30	125	K 409		00:14:14	00:31:31.05	00:33:55.60	6:18	9.5
126	KARTOWICZ ALDONA	1149		WARSZAWA	POL	K 30	126	K 410		00:14:25	00:31:34.80	00:34:09.65	6:18	9.5
127	BEDNARSKA LIWIA	1745		WARSZAWA	POL	K 30	127	K 417		00:14:53	00:31:41.70	00:31:57.40	6:20	9.5
128	ORZOŁ SYLWIA	147		WARSZAWA	POL	K 30	128	K 420		00:14:22	00:31:51.95	00:34:07.55	6:22	9.4
129	FATLA KATARZYNA	298		WARSZAWA	POL	K 30	129	K 426	AKTYWNA WARSZAWA	00:14:52	00:32:02.70	00:34:17.70	6:24	9.4
130	ANGERHOFER MONIKA	26		WARSZAWA	POL	K 30	130	K 428		00:16:00	00:32:11.30	00:35:17.05	6:26	9.3
131	GLEŃSK ANNA	362	VEGE RUNNERS	WARSZAWA	POL	K 30	131	K 441	VEGE RUNNERS RESZTA ŚWIATA	00:14:34	00:32:38.80	00:35:27.45	6:31	9.2
132	ROBACZEWSKA MARTA	1184		WARSZAWA	POL	K 30	132	K 442		00:15:24	00:32:41.25	00:35:39.10	6:32	9.2
133	KRAWCZAK ANGELIKA	691		WARSZAWA	POL	K 30	133	K 444		00:15:20	00:32:44.95	00:35:47.50	6:32	9.2
134	NASIEROWSKA-SAS MARTYNA	951		WARSZAWA	POL	K 30	134	K 446		00:14:39	00:32:48.50	00:35:11.30	6:33	9.1
135	REGIMOWICZ TAMARA	1171	NEW BALANCE RUN CLUB	WARSZAWA	POL	K 30	135	K 448		00:14:25	00:32:49.70	00:34:53.80	6:33	9.1
136	KASPRZAK EWELINA	558		WARSZAWA	POL	K 30	136	K 449		00:14:30	00:32:55.70	00:35:47.20	6:35	9.1
137	WALAS ZUZANNA	1504		MAGDALENKA	POL	K 30	137	K 452		00:15:31	00:32:57.25	00:36:24.05	6:35	9.1
138	GAȚOWSKA AGNIESZKA	350		WARSZAWA	POL	K 30	138	K 453		00:14:22	00:32:57.50	00:35:33.90	6:35	9.1
139	PYLPENKO IRYNA	1150	CBRE	WARSZAWA	POL	K 30	139	K 454		00:15:10	00:32:58.95	00:35:55.95	6:35	9.1
140	PERKOŁUP PAULINA	1051		WARSZAWA	POL	K 30	140	K 455		00:15:20	00:32:59.50	00:35:57.30	6:35	9.1
141	BIBRZYCKA - DĘBSKA MAGDA	71		ZAMIENIE	POL	K 30	141	K 457		00:16:00	00:33:03.75	00:36:09.45	6:36	9.1
142	KORYCIŃSKA MARIOLA	649		WARSZAWA	POL	K 30	142	K 459		00:14:28	00:33:08.20	00:34:48.65	6:37	9.1
143	GAJDUK ILONA	331		WROCLAW	POL	K 30	143	K 468		00:16:26	00:33:34.30	00:36:53.80	6:42	8.9
144	CHRZANOWSKA AGNIESZKA	1759		WARSZAWA	POL	K 30	144	K 470		00:16:27	00:33:34.70	00:36:53.90	6:42	8.9
145	KOWALIK ALICJA	671	CBRE	WARSZAWA	POL	K 30	145	K 474	CBRE	00:15:47	00:33:38.70	00:37:17.90	6:43	8.9
146	WÓJCICKA AGNIESZKA	1995	GÓRA BIEGA	KĄTY	POL	K 30	146	K 475		00:14:58	00:33:38.85	00:35:51.05	6:43	8.9
147	SKROJNA ANNA	1932	RUN CZARNÓW	CZARNÓW	POL	K 30	147	K 476		00:15:13	00:33:40.40	00:35:58.10	6:44	8.9
148	JAKUBICKA JOANNA	457	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 30	148	K 479		00:15:08	00:33:44.55	00:36:56.15	6:44	8.9
149	KALOGEROPOULOU EVGENIA	529		WARSZAWA	GRE	K 30	149	K 481		00:16:04	00:33:49.20	00:37:11.85	6:45	8.9
150	ZYZANSKA AGA	1662		WARSAW	POL	K 30	150	K 483		00:16:20	00:33:50.70	00:36:55.25	6:46	8.9
151	DEREK EWA	229		WARSZAWA	POL	K 30	151	K 485		00:16:23	00:33:53.05	00:36:56.05	6:46	8.9
152	WIETRZYCKA MONIKA	1531		WARSZAWA	POL	K 30	152	K 489		00:15:59	00:34:01.55	00:37:08.65	6:48	8.8
153	KARKOS MAGDALENA	546		WARSZAWA	POL	K 30	153	K 492		00:16:19	00:34:08.15	00:37:11.90	6:49	8.8
154	SOWIŃSKA EWELINA	1323		PIASTÓW	POL	K 30	154	K 497		00:16:19	00:34:12.00	00:37:19.40	6:50	8.8
155	BAKALAROVA MICHAELA	41		WARZAWA	POL	K 30	155	K 510		00:15:00	00:34:34.95	00:36:41.85	6:54	8.7
156	KRZYŻEWSKA KAROLINA	711	PZU SPORT TEAM	WARSZAWA	POL	K 30	156	K 511	PZU SPORT TEAM	00:15:55	00:34:36.10	00:37:35.00	6:55	8.7
157	SKRUCHA IGA	1278		WARSZAWA	POL	K 30	157	K 512		00:16:15	00:34:39.15	00:37:27.25	6:55	8.7
158	GOŁASZEWSKA MAGDALENA	1792		WARSZAWA	POL	K 30	158	K 517		00:15:33	00:34:54.00	00:36:24.50	6:58	8.6
159	RUTKOWSKA MARIA	1210		WARSZAWA	POL	K 30	159	K 518		00:15:49	00:35:00.75	00:38:35.20	7:00	8.6
160	KOGOWSKA ALICJA	613		WARSZAWA	POL	K 30	160	K 522		00:16:46	00:35:10.75	00:37:27.30	7:02	8.5
161	MELSKA KAROLINA	890		WARSZAWA	POL	K 30	161	K 526		00:16:17	00:35:18.15	00:38:08.35	7:03	8.5
162	ZIELIŃSKA EWELINA	1648		NOWA WOLA	POL	K 30	162	K 547		00:17:04	00:36:42.85	00:40:01.50	7:20	8.2
163	GÓRSKA-MANCZENKO KATARZYNA	391	LEŚNE SZYCHY	WARSZAWA	POL	K 30	163	K 554	BIEGAM DOBRZE DLA FUNDACJI SYNOPSIS	00:19:24	00:37:18.05	00:37:18.05	7:27	8
164	DZIUBIŃSKA ANNA	287		WARSZAWA	POL	K 30	164	K 557		00:17:07	00:37:20.25	00:40:39.30	7:28	8
165	KIJANKA PATRYCJA	1691		WARSZAWA	POL	K 30	165	K 561		00:17:13	00:37:50.95	00:41:02.55	7:34	7.9

BIEG URSYNOWA, K 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
166	WILCZAK JOANNA	1539		BASZKÓWKA	POL	K 30	166	K 562		00:17:18	00:37:55.85	00:41:05.25	7:35	7.9
167	SMNK TANIA	1938		WARSAW	POL	K 30	167	K 566		00:17:57	00:38:37.40	00:41:32.45	7:43	7.8
168	PIĘTKA IWONA	1072		OSIECK	POL	K 30	168	K 574		00:18:33	00:40:00.15	00:42:48.45	8:00	7.5
169	WIECZOREK AGATA	1525		NOWE MIASTO NAD PILICĄ	POL	K 30	169	K 590		00:19:16			7:42	7.8

BIEG URSYNOWA, M 30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	JASTRZĘBSKI KAMIL	1803	DUCLA ACADEMY WARSAWA	WARSAWA	POL	M 30	1	M 1	DUKLANOWSKI TEAM	00:06:47	00:14:43.80	00:14:45.10	2:56	20.4
2	TELKOVSKY TARAS	2146		-	BLR	M 30	2	M 4		00:06:54	00:14:55.25	00:15:08.50	2:59	20.1
3	WASIEWICZ KRZYSZTOF	1978	SRS KONDYCJA PIASECZNO	PIASECZNO	POL	M 30	3	M 3	SRS KONDYCJA PIASECZNO	00:07:02	00:14:59.70	00:15:01.35	2:59	20
4	GONTARCZYK RAFAŁ	382	RLTL OPTIMA RADOM/TEAM NEVER GIVE UP	OSTROWIEC ŚWIETOKRZYSKI	POL	M 30	4	M 5		00:07:03	00:15:08.15	00:15:09.80	3:01	19.8
5	SŁUPIK TOMASZ	1937	ENDLESS PAIN	WARSAWA	POL	M 30	5	M 6		00:07:07	00:15:12.00	00:15:12.00	3:02	19.7
6	SKIBIŃSKI MIKOŁAJ	1271	DUCLA ACADEMY	POZNAŃ	POL	M 30	6	M 11	DUKLANOWSKI TEAM	00:07:19	00:15:31.70	00:15:32.85	3:06	19.3
7	WASILEWSKI ADAM	1980	TEAM 7:30	DOBRE	POL	M 30	7	M 15	TEAM 7:30	00:07:20	00:15:46.25	00:15:48.00	3:09	19
8	KROCHMAL PAWEŁ	695	PAWKO RUNNER TEAM	WARSAWA	POL	M 30	8	M 16	PAWKO RUNNER TEAM	00:07:19	00:15:57.25	00:15:58.90	3:11	18.8
9	KWARTA MACIEJ	752		WARSAWA	POL	M 30	9	M 17	ŻÓRAWSKI TEAM	00:07:35	00:16:03.75	00:16:05.55	3:12	18.7
10	WRONOWSKI RAFAŁ	1998	WRONA RUN	BANIE MAZURSKIE	POL	M 30	10	M 19		00:07:26	00:16:12.25	00:16:14.35	3:14	18.5
11	ŁABĘDZKI KONRAD	792	DUKLANOWSKI TEAM	WARSAWA	POL	M 30	11	M 22	DUKLANOWSKI TEAM	00:07:35	00:16:26.65	00:16:41.85	3:17	18.3
12	MLĄCKI ALAN	1864	TEAM KOPEĆ	KOŁBIEL	POL	M 30	12	M 23		00:08:08	00:16:52.30	00:16:55.15	3:22	17.8
13	KUR ADRIAN	1830	DUCLA ACADEMY WARSAWA	WARSAWA	POL	M 30	13	M 24	DUKLANOWSKI TEAM	00:07:58	00:16:54.40	00:16:57.05	3:22	17.8
14	ROBAK DOMINIK	1185	ADIDAS RUNNER WARSAW / PASSION FIRST / WE RUN CLAN	WARSAWA	POL	M 30	14	M 27	ADIDAS RUNNERS WARSAW	00:07:48	00:17:07.25	00:17:10.30	3:25	17.5
15	MAŚLANKO MACIEJ	872	GRA-LECH S.C	JEŻÓW	POL	M 30	15	M 39		00:08:04	00:17:07.95	00:17:29.55	3:25	17.5
16	PISAREWICZ KAROL	1084	MINISTRY OF SILLY WALKS	WARSAWA	POL	M 30	16	M 33		00:07:58	00:17:13.40	00:17:17.25	3:26	17.4
17	WAŚNIEWSKI ALBERT	1515	SKLEP BIEGACZA/ŻÓRAWSKI TEAM	WARSAWA	POL	M 30	17	M 34	ŻÓRAWSKI TEAM	00:08:15	00:17:13.65	00:17:17.70	3:26	17.4
18	MAJCHRZAK JULIAN	827	TEAM ZABIEGANEDNI / ASICS FRONTRUNNER POLAND	WARSAWA	POL	M 30	18	M 36	TEAM ZABIEGANEDNI #1	00:08:07	00:17:19.45	00:17:23.05	3:27	17.3
19	NIEDŹWIADK KAMIL	1880	NIEDŹWIADKI TEAM	WARSAWA	POL	M 30	19	M 46		00:07:58	00:17:21.15	00:17:38.65	3:28	17.3
20	JASZCZERSKI PAWEŁ	480		WARSAWA	POL	M 30	20	M 37		00:08:02	00:17:22.80	00:17:25.70	3:28	17.3
21	PARMEE ALEXANDER	1036	ŻÓRAWSKI TEAM	WARSAWA	POL	M 30	21	M 40	ŻÓRAWSKI TEAM	00:08:16	00:17:27.30	00:17:31.25	3:29	17.2
22	HOROSZKO MICHAŁ	435		WARSAWA	POL	M 30	22	M 43		00:08:24	00:17:28.80	00:17:34.80	3:29	17.2
23	ŚLIWA KRZYSZTOF	1427	KS LEMIESZ TEAM WARSAWA	WARSAWA	POL	M 30	23	M 57	KS LEMIESZ TEAM	00:08:13	00:17:34.10	00:17:57.25	3:30	17.1
24	JUSIŃSKI KRYSZTIAN	506	BRACTWO BIEGOWE BGK	WARSAWA	POL	M 30	24	M 61	ŻÓRAWSKI TEAM	00:08:09	00:17:40.55	00:18:00.80	3:32	17
25	GŁAŻEWSKI TOMASZ	364		WARSAWA	POL	M 30	25	M 53		00:08:28	00:17:41.05	00:17:48.85	3:32	17
26	KARWOWSKI DANIEL	552	KB PŁOŃSK	WARSAWA	POL	M 30	26	M 50		00:08:15	00:17:41.65	00:17:46.75	3:32	17
27	MAŁOLEPSZY RAFAŁ	845	ADAM DRACZYŃSKI RUNNING TEAM	WARSAWA	POL	M 30	27	M 49		00:08:11	00:17:42.40	00:17:44.90	3:32	16.9
28	SAJA MARCIN	1231		SIEDLCE	POL	M 30	28	M 54		00:08:24	00:17:47.25	00:17:50.45	3:33	16.9
29	SOLKA MACIEJ	1316	GÓRA BIEGA	GÓRA KALWARIA	POL	M 30	29	M 59	GÓRA BIEGA - DZIKI	00:08:31	00:17:47.50	00:17:58.90	3:33	16.9
30	FILIPOWICZ MICHAŁ	309		JELENIA GÓRA	POL	M 30	30	M 65		00:08:23	00:17:48.40	00:18:06.40	3:33	16.9
31	KOWAL AMADEUSZ	663	NAPRZÓD MŁOCINY	LUBACZÓW	POL	M 30	31	M 58	NAPRZÓD MŁOCINY	00:08:30	00:17:50.40	00:17:58.45	3:34	16.8
32	WOŹNIAK PRZEMYSŁAW	1583	WIELISZEW HERON TEAM	LEGIONOWO	POL	M 30	32	M 75	WIELISZEW HERON TEAM	00:08:16	00:17:54.40	00:18:20.85	3:34	16.8
33	SOBCZYK GRZEGORZ	1940	WKZ KOZIENICE BBL	KOZIENICE	POL	M 30	33	M 66	WKZ KOZIENICE BBL	00:08:25	00:17:56.85	00:18:09.30	3:35	16.7
34	KWIATKOWSKI MATEUSZ	755	WIELISZEW HERON TEAM	KOMORNICA	POL	M 30	34	M 80		00:08:16	00:17:59.05	00:18:25.80	3:35	16.7
35	MATCZAK MATEUSZ	873	SH RUNNING TEAM	WARSAWA	POL	M 30	35	M 69		00:08:24	00:18:05.15	00:18:10.95	3:37	16.6
36	ŁOJEWSKI MARCIN	1021	BIEGOWY WARIAT RUNNING TEAM	-	POL	M 30	36	M 74	BIEGOWY WARIAT RUNNING TEAM	00:08:46	00:18:09.75	00:18:20.10	3:37	16.5
37	DAWIDEK BARTEK	1696	REPREZENTACJA DZIENNIKARZY	WARSAWA	POL	M 30	37	M 73		00:08:33	00:18:14.95	00:18:19.80	3:38	16.5
38	MARCINISZYN GRZEGORZ	1855	DUKLANOWSKI TEAM	WARSAWA	POL	M 30	38	M 72	DUKLANOWSKI TEAM	00:08:17	00:18:16.20	00:18:19.15	3:39	16.4
39	RUPIŃSKI KRZYSZTOF	1685		WARSAWA	POL	M 30	39	M 84		00:08:33	00:18:17.65	00:18:27.40	3:39	16.4
40	ŚLIWIAK JAKUB	1428	BIEGOWY WARIAT RUNNING TEAM	WARSAWA	POL	M 30	40	M 94	BIEGOWY WARIAT RUNNING TEAM	00:08:42	00:18:18.75	00:18:44.70	3:39	16.4
41	KLIMEK MAREK	597	ADIDAS RUNNER WARSAW	WARSAWA	POL	M 30	41	M 86	ADIDAS RUNNERS WARSAW	00:08:35	00:18:20.90	00:18:29.55	3:40	16.4

BIEG URSYNOWA, M 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
42	STARKO KRZYSZTOF	1336	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30	42	M 97	TEAM ZABIEGANEDNI #2	00:08:23	00:18:30.95	00:18:55.70	3:42	16.2
43	POTENTAS PAWEŁ	1909		WARSZAWA	POL	M 30	43	M 100		00:08:56	00:18:37.10	00:18:47.10	3:43	16.1
44	OŻÓG PAWEŁ	1023	ZABIEGANI W KIELCACH	KIELCE	POL	M 30	44	M 102		00:08:21	00:18:38.40	00:19:02.10	3:43	16.1
45	LEJA MARCIN	769	TEAM ZABIEGANEDNI	ŻOŁYNIA	POL	M 30	45	M 106	TEAM ZABIEGANEDNI #1	00:08:39	00:18:41.60	00:19:09.10	3:44	16.1
46	MADEJEK KAMIL	824	VEGE RUNNERS	WARSZAWA	POL	M 30	46	M 108	VEGE RUNNERS URSYNÓW	00:08:51	00:18:42.50	00:18:51.95	3:44	16
47	KUPA BARTOSZ	276	KLUB BIEGACZY JYSK	SŁUPNO	POL	M 30	47	M 110		00:08:38	00:18:44.10	00:18:48.15	3:44	16
48	ŁUCKA DARIUSZ	1710		NOWA IWICZNA	POL	M 30	48	M 111		00:08:48	00:18:44.25	00:18:54.80	3:44	16
49	REBELLO FELIPE	1168		GRODZISK MOZOWIECKI	POL	M 30	49	M 114		00:09:02	00:18:46.65	00:18:58.35	3:45	16
50	FRAĆZYK PAWEŁ	318		WARSZAWA	POL	M 30	50	M 116		00:08:37	00:18:49.05	00:19:13.95	3:45	15.9
51	FILIPIAK ADAM	307	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 30	51	M 119	ŁÓDŹ KOCHA SPORT	00:08:48	00:18:51.05	00:19:02.50	3:46	15.9
52	BIELECKI JAKUB	74		WARSZAWA	POL	M 30	52	M 121		00:08:57	00:18:53.25	00:19:12.10	3:46	15.9
53	BELŹ DANIEL	66		PIASECZNO	POL	M 30	53	M 122		00:09:06	00:18:56.55	00:19:32.10	3:47	15.8
54	ZIELIŃSKI ŁUKASZ	1649	GÓRA BIEGA	GÓRA KALWARIA	POL	M 30	54	M 125	GÓRA BIEGA - DZIKI	00:08:54	00:18:57.25	00:19:09.70	3:47	15.8
55	PIATKA TOMASZ	1060	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	55	M 132	ADIDAS RUNNERS WARSAW	00:09:06	00:19:05.55	00:19:15.40	3:49	15.7
56	CYGLER SŁAWEK	195	WKS WAWEL	WARSZAWA	POL	M 30	56	M 137	WKS WAWEL KRAKÓW	00:09:06	00:19:10.95	00:19:46.95	3:50	15.7
57	WASILEWSKI KUBA	1511		WARSZAWA	POL	M 30	57	M 139		00:08:45	00:19:11.30	00:19:38.20	3:50	15.6
58	SZYMAŃCZYK IGOR	1412		WARSZAW	POL	M 30	58	M 140		00:09:07	00:19:11.60	00:19:50.00	3:50	15.6
59	CZUB DANIEL	211		WARSZAWA	POL	M 30	59	M 150		00:08:59	00:19:22.55	00:20:05.75	3:52	15.5
60	KARWACZ JAKUB	551		STARE LIPINY	POL	M 30	60	M 153		00:09:25	00:19:24.40	00:19:41.15	3:52	15.5
61	FAJKOWSKI PIOTR	293	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	61	M 155	ADIDAS RUNNERS WARSAW	00:08:56	00:19:25.50	00:19:39.85	3:53	15.5
62	KŁYS MATEUSZ	606		WARSZAWA	POL	M 30	62	M 165		00:09:26	00:19:32.60	00:19:56.30	3:54	15.4
63	BOCZARSKI PAWEŁ	93		WARSZAWA	POL	M 30	63	M 171		00:09:15	00:19:35.30	00:19:52.80	3:55	15.3
64	KOSIERADZKI TOMASZ	656	KS STASZEWCY	WARSZAWA	POL	M 30	64	M 172	KS STASZEWCY	00:09:21	00:19:36.10	00:19:58.65	3:55	15.3
65	CIERNIEWSKI MACIEJ	183	ARTUR KOZŁOWSKI TEAM (PLANBIEGANIE.PL)	STACHOWO	POL	M 30	65	M 177	ARTUR KOZŁOWSKI TEAM (PLANBIEGANIE.PL)	00:09:22	00:19:38.80	00:19:55.15	3:55	15.3
66	MARZEC ZBIGNIEW	864	PIASECZYŃSKI BIEGACZ	PIASECZNO	POL	M 30	66	M 180		00:09:06	00:19:40.35	00:19:43.20	3:56	15.3
67	JURSKI SZYMON	505	KAZIKI	WARSZAWA	POL	M 30	67	M 181	KAZIKI	00:09:28	00:19:40.55	00:19:54.40	3:56	15.3
68	MACIEJOWICZ MICHAŁ	817	VEGERUNNERS	WARSZAWA	POL	M 30	68	M 186		00:08:39	00:19:44.60	00:19:53.15	3:56	15.2
69	ŻUREK KAZIMIERZ	1675	M.I.L.A.	NOWA IWICZNA	POL	M 30	69	M 189		00:09:24	00:19:45.20	00:20:03.30	3:57	15.2
70	MATEJEK RAFAŁ	874	STOMILEX	WARSZAWA	POL	M 30	70	M 196		00:09:14	00:19:47.60	00:19:59.30	3:57	15.2
71	NIEMIRA MICHAŁ	959	MPK WYBIEGANIE	WARSZAWA	POL	M 30	71	M 201		00:09:26	00:19:51.10	00:20:07.10	3:58	15.1
72	GREDA PIOTR	405		WARSZAWA	POL	M 30	72	M 208		00:09:23	00:19:55.00	00:20:15.35	3:59	15.1
73	KOZIOŁ KRZYSZTOF	683		WARSZAWA	POL	M 30	73	M 209		00:09:35	00:19:55.35	00:20:11.20	3:59	15.1
74	SMOLEŃ PAWEŁ	1293		WARSZAWA	POL	M 30	74	M 212		00:09:23	00:19:58.70	00:20:18.75	3:59	15
75	MATVEYENKA DZIANIS	879		WARSZAWA	POL	M 30	75	M 217		00:09:25	00:20:01.05	00:20:20.80	4:00	15
76	CZARNECKI SŁAWOMIR	1765		WARSZAWA	POL	M 30	76	M 221		00:08:54	00:20:05.55	00:20:28.85	4:01	14.9
77	KORYCIŃSKI ANDRZEJ	650		WARSZAWA	POL	M 30	77	M 222		00:09:28	00:20:05.70	00:20:26.10	4:01	14.9
78	BIELECKI BARTOSZ	561	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 30	78	M 224		00:09:27	00:20:05.95	00:20:27.60	4:01	14.9
79	ZYGOŃ KRZYSZTOF	1660		WARSZAWA	POL	M 30	79	M 228		00:09:03	00:20:10.80	00:20:49.60	4:02	14.9
80	RATYŃSKI PAWEŁ	1165		MOGIELNICA	POL	M 30	80	M 231		00:09:21	00:20:13.60	00:20:19.50	4:02	14.8
81	ŚLIMKO DANIEL	1426		WARSZAWA	POL	M 30	81	M 233		00:09:21	00:20:15.50	00:20:51.55	4:03	14.8
82	JAMBOR MACIEJ	459		WARSZAWA	POL	M 30	82	M 234		00:09:30	00:20:15.80	00:20:35.15	4:03	14.8
83	SMOLIŃSKI MATEUSZ	1296		WARSZAWA	POL	M 30	83	M 243		00:09:21	00:20:25.55	00:20:39.90	4:05	14.7
84	KUCHARSKI MACIEJ	721	KS STASZEWCY	WARSZAWA	POL	M 30	84	M 249	KS STASZEWCY	00:09:11	00:20:30.10	00:21:05.10	4:06	14.6
85	CIECWIERZ MICHAŁ	181		WARSZAWA	POL	M 30	85	M 251		00:09:27	00:20:31.70	00:20:55.95	4:06	14.6
86	SKROBEK ŁUKASZ	1931		ZĄBKI	POL	M 30	86	M 252		00:09:33	00:20:32.10	00:20:50.95	4:06	14.6
87	OWCZAREK BARTŁOMIEJ	1018	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 30	87	M 254	ŁÓDŹ KOCHA SPORT	00:09:46	00:20:32.20	00:21:03.80	4:06	14.6
88	PROSTKO DARIUSZ	1123	KB PACE WARSZAWA	POŚWIĘTNE	POL	M 30	88	M 255	KB PACE WARSZAWA 2	00:09:27	00:20:32.45	00:20:57.00	4:06	14.6
89	GMURZYŃSKI TOMASZ	368		RADZYMIN	AFG	M 30	89	M 256		00:09:53	00:20:33.30	00:21:07.55	4:06	14.6
90	CHŁAŚCIAK ADAM	159		WARSZAWA	POL	M 30	90	M 262		00:09:32	00:20:37.70	00:20:55.50	4:07	14.6

BIEG URSYNOWA, M 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
91	KULESZA DAMIAN	735	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	91	M 263	ADIDAS RUNNERS WARSAW	00:09:35	00:20:38.10	00:21:23.15	4:07	14.5
92	MALYSHKA ANDREI	841		WARSZAWA	BLR	M 30	92	M 264		00:09:54	00:20:38.45	00:21:08.60	4:07	14.5
93	GRABOWSKI MICHAŁ	398	MORDERCZE OPONKI	SUCHEDNIÓW	POL	M 30	93	M 270	MORDERCZE OPONKI	00:09:21	00:20:42.10	00:21:06.65	4:08	14.5
94	SZYBALSKI MICHAŁ	1407	MARKI	WARSZAWA	POL	M 30	94	M 271		00:09:39	00:20:42.15	00:21:26.45	4:08	14.5
95	STOBNICKI MATEUSZ	1944	GABIN BIEGA	BŁONIE	POL	M 30	95	M 274		00:09:49	00:20:43.80	00:21:12.85	4:08	14.5
96	KRZTOŃ KRZYSZTOF	710		WARSZAWA	POL	M 30	96	M 275		00:09:53	00:20:44.15	00:21:14.10	4:08	14.5
97	WITKOWSKI MIROSLAW	1989	PKS MOCZYMORDY	WARSZAWA (MOKOTÓW)	POL	M 30	97	M 276			00:20:44.40	00:20:44.40	4:08	14.5
98	BODZIOCH ARTUR	96	SŁĘZAK TEAM	WARSZAWA	POL	M 30	98	M 278		00:09:57	00:20:46.15	00:21:19.90	4:09	14.4
99	FREJ DAMIAN	1723		ZGORZAŁA	POL	M 30	99	M 281		00:09:57	00:20:48.35	00:21:16.40	4:09	14.4
100	KOSESKI MACIEJ	654		WARSZAWA	POL	M 30	100	M 288		00:09:40	00:20:51.40	00:21:25.75	4:10	14.4
101	KAMIŃSKI TOMASZ	534		BYDGOSZCZ	POL	M 30	101	M 289		00:09:18	00:20:51.85	00:21:32.35	4:10	14.4
102	MAJ GRZEGORZ	826		WARSZAWA	POL	M 30	102	M 290		00:09:36	00:20:52.00	00:21:40.50	4:10	14.4
103	GONCHAROV MICHAEL	381	KS LEMIESZ TEAM	WARSZAWA	POL	M 30	103	M 291	KS LEMIESZ TEAM	00:09:54	00:20:53.40	00:21:17.25	4:10	14.4
104	GIEGIEL LUKASZ	354		WARSZAWA	POL	M 30	104	M 294		00:09:34	00:20:56.25	00:21:19.15	4:11	14.3
105	RĄBALSKI MARCIN	1167		WARSZAWA	POL	M 30	105	M 301	ADIDAS RUNNERS WARSAW	00:09:35	00:21:00.20	00:21:45.60	4:12	14.3
106	ZAWODZIAN PIOTR	1638		WARSZAWA	POL	M 30	106	M 303		00:09:38	00:21:01.70	00:21:47.15	4:12	14.3
107	TOLAK PIOTR	1449	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	107	M 312	ADIDAS RUNNERS WARSAW	00:09:32	00:21:09.00	00:21:51.00	4:13	14.2
108	KWIATKOWSKI MATEUSZ	1833	ROZBIEGANY PIASTÓW	PRUSZKÓW	POL	M 30	108	M 315	PAWKO RUNNER TEAM	00:09:59	00:21:09.90	00:21:42.75	4:13	14.2
109	DANIELAK ŁUKASZ	1719		HIPOLITOW	POL	M 30	109	M 316		00:09:19	00:21:10.10	00:21:48.10	4:14	14.2
110	BUDKOWSKI PATRYK	124		WARSZAWA	POL	M 30	110	M 318		00:09:30	00:21:11.30	00:21:30.25	4:14	14.2
111	ROŻEJ DAMIAN	1199	SPACE CAR AUTOMOTIVE	ZGORZAŁA	POL	M 30	111	M 326		00:09:56	00:21:14.80	00:22:02.60	4:14	14.1
112	JAKUBCZAK WOJCIECH	455		WARSZAWA	POL	M 30	112	M 329		00:10:03	00:21:16.85	00:22:16.90	4:15	14.1
113	OBUKOWICZ MICHAŁ	980	EMILIA ANKIEWICZ TEAM	WARSZAWA	POL	M 30	113	M 331		00:09:55	00:21:17.20	00:21:35.75	4:15	14.1
114	TRUSZKOWSKI KAMIL	1469		BIĄŁYSTOK	POL	M 30	114	M 335		00:09:56	00:21:20.45	00:21:42.25	4:16	14.1
115	KAMIŃSKI ŁUKASZ	539	PZU SPORT TEAM	ZĄBKI	POL	M 30	115	M 337		00:09:38	00:21:21.30	00:22:05.25	4:16	14.1
116	REMISZ ŁUKASZ	1181		WARSZAWA	POL	M 30	116	M 338		00:09:48	00:21:21.35	00:21:52.00	4:16	14.1
117	MACHALSKI MATEUSZ	813	ASP HOOLIGANS	WARSZAWA	POL	M 30	117	M 342		00:10:10	00:21:22.20	00:21:39.55	4:16	14
118	STRYJEWSKI SEBASTIAN	1355		WARSZAWA	POL	M 30	118	M 343		00:10:01	00:21:22.55	00:22:19.25	4:16	14
119	SZAŁAŃSKI PRZEMYSŁAW	1383		WARSZAWA	POL	M 30	119	M 344		00:09:59	00:21:22.90	00:21:56.45	4:16	14
120	NIKIEL SZYMON	1881		KRAKÓW	POL	M 30	120	M 346		00:09:48	00:21:23.35	00:21:49.15	4:16	14
121	NALEPA SZYMON	949		WARSZAWA	POL	M 30	121	M 347		00:10:06	00:21:24.60	00:22:26.40	4:16	14
122	MARSZAŁEK MARCIN	861		WARSZAWA	POL	M 30	122	M 349		00:09:58	00:21:24.95	00:21:45.60	4:16	14
123	MILCZARZYK DARIUSZ	1862	WKZ KOZIENICE BBL	KOZIENICE	POL	M 30	123	M 350	WKZ KOZIENICE BBL	00:10:07	00:21:26.00	00:21:59.80	4:17	14
124	SZAREK GUSTAW	1955		WARSZAWA	POL	M 30	124	M 353	VALENTINO ULTRAS	00:10:20	00:21:27.25	00:22:12.80	4:17	14
125	BAS MICHAŁ	57		WARSZAWA	POL	M 30	125	M 354		00:10:03	00:21:27.75	00:22:00.85	4:17	14
126	KALBARCZYK WOJTEK	520	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	126	M 359	ADIDAS RUNNERS WARSAW	00:09:56	00:21:28.85	00:21:56.75	4:17	14
127	GRYCNER PAWEŁ	414	CTS	WARSZAWA	POL	M 30	127	M 360		00:09:54	00:21:29.00	00:21:53.45	4:17	14
128	GWIAZDA MARCIN	423		WARSZAWA	POL	M 30	128	M 367		00:10:28	00:21:33.85	00:22:22.10	4:18	13.9
129	PALUCH KAMIL	1029		WARSZAWA	POL	M 30	129	M 372		00:10:07	00:21:38.90	00:22:41.60	4:19	13.9
130	KORAL JAKUB	637		WARSZAWA	POL	M 30	130	M 373		00:09:59	00:21:39.95	00:22:06.35	4:19	13.9
131	JARZYŃSKI KAMIL	474		WARSZAWA	POL	M 30	131	M 377		00:10:28	00:21:41.15	00:22:28.85	4:20	13.8
132	JEDNACHOWSKI MARCIN	485		PUCK	POL	M 30	132	M 382		00:10:29	00:21:46.75	00:22:33.00	4:21	13.8
133	BOJARSKI MAREK	69		WARSZAWA	POL	M 30	133	M 384		00:09:51	00:21:49.15	00:22:03.50	4:21	13.8
134	BUKOWIŃSKI DAMIAN	135		WARSZAWA	POL	M 30	134	M 386		00:10:47	00:21:49.85	00:23:33.80	4:21	13.8
135	KLAMBOROWSKI ARTUR	590	KB PACE WARSZAWA	WARSZAWA	POL	M 30	135	M 392	KB PACE WARSZAWA	00:10:32	00:21:53.65	00:22:40.10	4:22	13.7
136	CICHOCKI MARIUSZ	178	WARSAW RUN CLUB	WARSZAWA	POL	M 30	136	M 404	WARSAW RUN CLUB	00:10:18	00:21:59.90	00:22:32.10	4:23	13.6
137	ZGODA MATEUSZ	1646		WARSZAWA	POL	M 30	137	M 406	NAPRZÓD MŁOCINY	00:10:31	00:22:00.40	00:22:43.70	4:24	13.6
138	BIENKOWSKI DANIEL	79		WARSZAWA	POL	M 30	138	M 410		00:10:21	00:22:03.70	00:23:34.35	4:24	13.6
139	HUCAŁ GRZEGORZ	439	RCI WARSZAWA	WARSZAWA	POL	M 30	139	M 411		00:10:19	00:22:04.05	00:22:22.20	4:24	13.6
140	TURSKI KRYSZTIAN	1973		WARSZAWA	POL	M 30	140	M 412		00:10:36	00:22:04.70	00:22:42.75	4:24	13.6
141	PAŚ SZYMON	60		WARSZAWA	POL	M 30	141	M 423		00:10:32	00:22:14.00	00:23:02.90	4:26	13.5
142	ORZESZEK PIOTR	1008	TRIWAWA	WARSZAWA	POL	M 30	142	M 427		00:09:58	00:22:17.10	00:22:56.70	4:27	13.5
143	MATOWICKI MICHAŁ	877		WARSZAWA	POL	M 30	143	M 432		00:10:49	00:22:21.45	00:23:18.45	4:28	13.4

BIEG URSYNOWA, M 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
144	KALINOWSKI PATRYK	523	PENDZONCY JELEN	WARSZAWA	POL	M 30	144	M 433		00:10:14	00:22:21.55	00:23:31.10	4:28	13.4
145	STANKIEWICZ PIOTR	1333		MARKI	POL	M 30	145	M 435		00:10:17	00:22:24.00	00:23:26.10	4:28	13.4
146	DZIERŻANOWSKI KAJETAN	283	MORSY SHARK TEAM	WARSZAWA	POL	M 30	146	M 438		00:10:32	00:22:25.60	00:23:14.50	4:29	13.4
147	MONASTYRSKI MIKOŁAJ	923		WARSZAWA	POL	M 30	147	M 441		00:10:39	00:22:26.60	00:23:41.45	4:29	13.4
148	WIRKUS TYMOTEUZ	1546		GDAŃSK	POL	M 30	148	M 448		00:11:01	00:22:29.80	00:23:23.75	4:29	13.3
149	WOJEWÓDZKI MARCIN	1570	WOJEWÓDZCY TEAM	WARSZAWA	POL	M 30	149	M 449		00:10:48	00:22:29.85	00:23:34.50	4:29	13.3
150	PRZYDALSKI WOJTEK	1140		WARSZAWA	POL	M 30	150	M 452		00:10:33	00:22:30.95	00:23:18.15	4:30	13.3
151	RENKIEWICZ MAKSYMILIAN	1182		WARSZAWA	POL	M 30	151	M 453		00:10:41	00:22:31.05	00:23:59.00	4:30	13.3
152	ZAWADA KONRAD	2130		WARSZAWA	POL	M 30	152	M 456		00:11:16	00:22:33.15	00:25:53.25	4:30	13.3
153	SŁEPOWROŃSKI JAKUB	1424	PZU SPORT TEAM	WARSZAWA	POL	M 30	153	M 459	PZU SPORT TEAM	00:10:57	00:22:34.05	00:23:32.00	4:30	13.3
154	WOJCIECHOWSKI ANDRZEJ	1568		KOLONIA LESZNOWOLA	POL	M 30	154	M 460		00:10:57	00:22:34.40	00:23:30.90	4:30	13.3
155	S KONSTANTYN	1224		WARSZAWA	POL	M 30	155	M 462		00:10:15	00:22:36.35	00:22:42.75	4:31	13.3
156	SKRZYPEK MICHAŁ	1280	SASKŁACZ TEAM	WARSZAWA	POL	M 30	156	M 463		00:10:39	00:22:36.35	00:24:26.75	4:31	13.3
157	TRACZ JAKUB	1457	CSWP RUNNING TEAM	WARSZAWA	POL	M 30	157	M 469	CSWP RUNNING TEAM	00:10:43	00:22:41.35	00:23:39.05	4:32	13.2
158	ZIEMKOWSKI TOBIASZ	1651	KSSTASZEWCY	WARSZAWA	POL	M 30	158	M 474	KS STASZEWCY		00:22:42.90	00:23:37.80	4:32	13.2
159	WALCZAK MATEUSZ	1505		WARSZAWA	POL	M 30	159	M 476		00:10:50	00:22:43.05	00:23:38.25	4:32	13.2
160	WOSZTYL TOMASZ	1580		WARSZAWA (ŚRÓDMIEŚCIE)	POL	M 30	160	M 480		00:09:51	00:22:44.60	00:23:32.90	4:32	13.2
161	ZBOROCH ROBERT	1640		WARSZAWA	POL	M 30	161	M 481		00:11:04	00:22:44.70	00:23:32.00	4:32	13.2
162	MATEUSZ DUCH	876	GÓRA BIEGA	GÓRA KALWARIA	POL	M 30	162	M 483		00:10:22	00:22:45.75	00:23:36.75	4:33	13.2
163	PODKAŃSKI PAWEŁ	1097		WARSZAWA	POL	M 30	163	M 485		00:10:32	00:22:46.15	00:23:20.20	4:33	13.2
164	WIĘTCZAK MICHAŁ	1538		ŁÓDŹ	POL	M 30	164	M 497		00:10:24	00:22:54.05	00:23:20.75	4:34	13.1
165	CHRABAŁOWSKI JAROSŁAW	171	EXORIGO-UPOS S.A.	WARSZAWA	POL	M 30	165	M 498		00:10:37	00:22:54.20	00:23:46.90	4:34	13.1
166	PIOTROWSKI MATEUSZ	1083		WARSZAWA	POL	M 30	166	M 500		00:11:07	00:22:55.45	00:24:24.40	4:35	13.1
167	SKWARCZ PAWEŁ	1284		WARSZAWA	POL	M 30	167	M 505		00:10:58	00:22:57.20	00:23:52.05	4:35	13.1
168	RUTKOWSKI PAWEŁ	1213	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	168	M 506	ADIDAS RUNNERS WARSAW	00:10:36	00:22:58.25	00:23:43.80	4:35	13.1
169	BAL ŁUKASZ	1738	CWKS AUDYTY	WARSZAWA	POL	M 30	169	M 510		00:10:39	00:23:00.65	00:23:46.50	4:36	13
170	RACZYŃSKI SEBASTIAN	1156	ORACLE RED BULL RACING	OPOCZNO	POL	M 30	170	M 516		00:10:20	00:23:03.50	00:24:02.30	4:36	13
171	WRZESZCZ ŁUKASZ	1593	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 30	171	M 520		00:11:09	00:23:08.80	00:24:20.75	4:37	13
172	KALINOWSKI BARTŁOMIEJ	522	DSV	WARSZAWA	POL	M 30	172	M 523	DSV ISS	00:10:27	00:23:11.65	00:24:45.80	4:38	12.9
173	GRUSZCZYŃSKI WOJCIECH	412		WARSZAWA	POL	M 30	173	M 529		00:11:25	00:23:14.50	00:24:35.45	4:38	12.9
174	CZUJKOWSKI PIOTR	1772		BASZKOWKA	GBR	M 30	174	M 533		00:11:18	00:23:18.25	00:26:36.70	4:39	12.9
175	MÓRAWSKI MACIEJ	931		OSTRÓW MAZOWIECKA	POL	M 30	175	M 539		00:11:19	00:23:19.65	00:24:23.35	4:39	12.9
176	BURY OSKAR	140		WARSZAWA	POL	M 30	176	M 540		00:10:45	00:23:20.80	00:24:31.95	4:40	12.9
177	KRÓL ŁUKASZ	700	PZU SPORT TEAM	WARSZAWA	POL	M 30	177	M 541	PZU SPORT TEAM	00:10:55	00:23:21.60	00:24:22.25	4:40	12.8
178	KRAWCZYK ŁUKASZ	693		WARSZAWA	POL	M 30	178	M 544		00:10:59	00:23:23.00	00:24:36.20	4:40	12.8
179	PAKUŁA BŁAŻEJ	1027		WARSZAWA	POL	M 30	179	M 548		00:10:19	00:23:24.15	00:24:30.00	4:40	12.8
180	CYWIŃSKI MARCIN	198	MARCY\$ RUNNER	MARKI	POL	M 30	180	M 549		00:11:01	00:23:24.60	00:24:35.95	4:40	12.8
181	BILEWICZ MATEUSZ	83	ACCENTURE	WARSZAWA	POL	M 30	181	M 552		00:10:48	00:23:26.95	00:24:48.50	4:41	12.8
182	KIM MINJU	585		WARSZAWA		M 30	182	M 555		00:11:16	00:23:30.55	00:24:18.95	4:42	12.8
183	WŁODARSKI JAKUB	1562		WARSZAWA	POL	M 30	183	M 557		00:11:04	00:23:31.60	00:24:24.50	4:42	12.8
184	KACZOR KONRAD	1809		WARSZAWA	POL	M 30	184	M 558		00:11:17	00:23:32.05	00:24:36.35	4:42	12.7
185	BOGUSZ SEBASTIAN	1748	PZU SPORT TEAM	WARSZAWA	POL	M 30	185	M 561		00:11:08	00:23:33.30	00:25:56.85	4:42	12.7
186	MAŁYSA PIOTR	846		KONSTANCIN-JEZIORNA	POL	M 30	186	M 563		00:11:00	00:23:34.55	00:24:31.40	4:42	12.7
187	LOZOVIKOV PAVLO	789		WARSZAWA	POL	M 30	187	M 566		00:11:59	00:23:35.40	00:25:42.90	4:43	12.7
188	KUBRAK MICHAŁ	718		WARSZAWA	POL	M 30	188	M 571		00:11:21	00:23:38.60	00:24:57.90	4:43	12.7
189	GORYSZEWski PIOTR	385		WARSZAWA	POL	M 30	189	M 578		00:11:26	00:23:41.70	00:24:33.05	4:44	12.7
190	KOZAK MIKOŁAJ	682		WARSZAWA	POL	M 30	190	M 583		00:10:41	00:23:43.90	00:24:27.50	4:44	12.6
191	KUCIŃSKI ŁUKASZ	727	TI HEALTH CLUB	WARSZAWA	POL	M 30	191	M 584	TI HEALTH CLUB	00:11:55	00:23:45.35	00:25:29.50	4:45	12.6
192	KOPEĆ MARCIN	633		WARSZAWA	POL	M 30	192	M 587		00:12:32	00:23:46.30	00:25:35.95	4:45	12.6
193	OCHREMIĄK JĘDRZEJ	983	OBOZYBIEGOWE.PL	WARSZAWA	POL	M 30	193	M 589		00:10:57	00:23:46.55	00:24:45.20	4:45	12.6
194	MAŁAŻEWSKI BARTOSZ	1	GARDA	WARSZAWA	POL	M 30	194	M 593		00:10:42	00:23:49.30	00:25:05.30	4:45	12.6
195	PATYK MATEUSZ	1042		WARSZAWA	POL	M 30	195	M 595		00:11:15	00:23:49.70	00:24:53.45	4:45	12.6
196	ZYŚK SŁAWOMIR	1661		WARSZAWA	POL	M 30	196	M 597		00:11:02	00:23:51.55	00:24:38.75	4:46	12.6
197	WEJMAN TOMASZ	1519	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30	197	M 601	TEAM ZABIEGANEDNI	00:11:29	00:23:55.00	00:25:06.75	4:47	12.5
198	KAŻMIERSKI ADRIAN	566		WOŁOMIN	POL	M 30	198	M 602		00:11:07	00:23:55.70	00:25:06.15	4:47	12.5
199	DĄBROWSKI ADAM	225	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M 30	199	M 607	BRACTWO BIEGOWE BGK	00:11:08	00:24:01.55	00:24:52.40	4:48	12.5

BIEG URSYNOWA, M 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
200	TRIGO ADRIAN	1462		WARSAW	POL	M 30	200	M 609		00:10:31	00:24:02.30	00:24:52.00	4:48	12.5
201	JURCZAK GRZEGORZ	500		WARSZAWA	POL	M 30	201	M 610		00:10:47	00:24:02.75	00:25:12.65	4:48	12.5
202	TOMCZYŃSKI MICHAŁ	1455		WARSZAWA	POL	M 30	202	M 616		00:11:25	00:24:04.65	00:25:23.20	4:48	12.5
203	CHORAŻEWICZ BARTŁOJMEJ	169		MYSZYNIC	POL	M 30	203	M 617		00:11:14	00:24:04.75	00:25:39.05	4:48	12.5
204	CIEŚLAR RAFAŁ	187		WARSZAWA	POL	M 30	204	M 621		00:11:29	00:24:07.05	00:25:19.00	4:49	12.4
205	PONOMARÓW TOMASZ	1908		WARSZAWA	POL	M 30	205	M 622		00:10:34	00:24:07.75	00:25:10.05	4:49	12.4
206	POŁAWSKI ADAM	1110		WARSZAWA	POL	M 30	206	M 623		00:11:03	00:24:08.45	00:27:05.70	4:49	12.4
207	SZCZERBIŃSKI ARKADIUSZ	1389	KATAREK	WARSZAWA	POL	M 30	207	M 629		00:11:50	00:24:12.75	00:26:19.15	4:50	12.4
208	ZAWADZKI WOJCIECH	1634	TATA BIEGA	WARSZAWA	POL	M 30	208	M 633		00:10:35	00:24:14.55	00:24:59.35	4:50	12.4
209	LECH MACIEJ	1834		WARSZAWA	POL	M 30	209	M 644		00:10:59	00:24:21.30	00:25:32.15	4:52	12.3
210	WOJDALSKI MICHAŁ	1569		WARSZAWA	POL	M 30	210	M 645		00:12:04	00:24:21.70	00:26:08.10	4:52	12.3
211	BŁACHNIO ROBERT	90	PAWKO RUNNER TEAM	WARSZAWA	POL	M 30	211	M 649	PAWKO RUNNER TEAM	00:11:16	00:24:22.85	00:25:33.00	4:52	12.3
212	WIERNIK DANIEL	1986		WARSZAWA	POL	M 30	212	M 651		00:11:22	00:24:23.40	00:25:45.00	4:52	12.3
213	BARSZCZ MICHAŁ	1741		WARSZAWA	POL	M 30	213	M 657		00:11:52	00:24:27.95	00:26:11.45	4:53	12.3
214	KOSTRUBIEC GRZEGORZ	661		WARSZAWA	POL	M 30	214	M 658		00:11:14	00:24:28.40	00:25:02.35	4:53	12.3
215	SMYL JACEK	1939		WARSZAWA	POL	M 30	215	M 671		00:11:00	00:24:35.75	00:24:52.65	4:55	12.2
216	JURKOWSKI ARTUR	504		SIENNIC	POL	M 30	216	M 675		00:11:43	00:24:37.40	00:26:10.55	4:55	12.2
217	WAJS SŁAWOMIR	1977		WARSZAWA	POL	M 30	217	M 683		00:11:52	00:24:43.30	00:26:05.55	4:56	12.1
218	JÓZEFOWICZ MACIEJ	495	VEGE RUNNERS	WARSZAWA	POL	M 30	218	M 684	VEGE RUNNERS RESZTA ŚWIATA	00:11:32	00:24:43.50	00:26:13.10	4:56	12.1
219	SŁOWIK PAWEŁ	1289	PARÓWY WWA	WARSZAWA	POL	M 30	219	M 687		00:11:43	00:24:44.20	00:25:41.05	4:56	12.1
220	WAWER HUBERT	1516		WARSZAWA	POL	M 30	220	M 693	CBRE	00:11:10	00:24:46.95	00:25:43.45	4:57	12.1
221	SZABŁOWSKI MARCIN	1953		WARSZAWA	POL	M 30	221	M 699		00:11:35	00:24:50.45	00:26:16.05	4:58	12.1
222	KALBARCZYK IGOR	519		WARSZAWA	POL	M 30	222	M 700		00:12:08	00:24:50.55	00:26:47.90	4:58	12.1
223	LEWANDOWSKI WOJCIECH	1837		WARSZAWA	POL	M 30	223	M 703		00:11:29	00:24:52.25	00:26:06.75	4:58	12.1
224	DAMPC MARIUSZ	1735		WARSZAWA	POL	M 30	224	M 704		00:11:49	00:24:52.70	00:26:28.50	4:58	12.1
225	POŁAWSKI MICHAEL	1109		WARSZAWA	POL	M 30	225	M 708		00:12:10	00:24:54.20	00:26:42.05	4:58	12
226	SAWICKI ADRIAN	1236		WARSZAWA	POL	M 30	226	M 711		00:11:54	00:24:57.15	00:26:33.60	4:59	12
227	WŁODARCZYK TOMASZ	1560	-	-	POL	M 30	227	M 712		00:11:30	00:24:57.25	00:26:14.60	4:59	12
228	DĘBSKI KAROL	236		ZAMIENIE	POL	M 30	228	M 714		00:11:34	00:24:58.55	00:26:40.40	4:59	12
229	ORŁOWSKI KACPER	1885		WARSZAWA	POL	M 30	229	M 721		00:11:35	00:25:05.55	00:26:16.50	5:01	12
230	WOŹNIAK PRZEMYSŁAW	1584		WARSZAWA	POL	M 30	230	M 722		00:11:39	00:25:05.60	00:27:01.80	5:01	12
231	LISEWSKI DOMINIK	787		WARSZAWA	POL	M 30	231	M 726		00:12:23	00:25:08.55	00:27:52.70	5:01	11.9
232	LEWANDOWSKI PRZEMYSŁAW	778		WARSZAWA	POL	M 30	232	M 727		00:11:54	00:25:09.15	00:26:47.10	5:01	11.9
233	CIEŚLAK RADEK	186		ŁOZISKA	POL	M 30	233	M 730		00:11:44	00:25:10.10	00:25:57.60	5:02	11.9
234	SZYM CZYK MICHAŁ	1422	NASTĘPNY KROK TEAM	WARSZAWA	POL	M 30	234	M 741		00:11:22	00:25:16.30	00:26:33.30	5:03	11.9
235	KEMPA PIOTR	568		WARSZAWA	POL	M 30	235	M 742		00:11:59	00:25:16.35	00:26:33.35	5:03	11.9
236	SAS SZYMON	1235		WARSZAWA	POL	M 30	236	M 745		00:12:05	00:25:19.60	00:27:01.15	5:03	11.8
237	SZYKUŁA KACPER	1957		WARSZAWA	POL	M 30	237	M 746		00:11:53	00:25:20.90	00:27:04.50	5:04	11.8
238	SUŁKOWSKI MICHAŁ	1950		WARSZAWA	POL	M 30	238	M 756		00:12:13	00:25:27.75	00:27:03.30	5:05	11.8
239	MANART MATEUSZ	847		WARSZAWA	POL	M 30	239	M 757	ITMRUN	00:11:35	00:25:28.75	00:26:26.20	5:05	11.8
240	BUGAJ PRZEMYSŁAW	129		WARSZAWA	POL	M 30	240	M 761		00:12:10	00:25:31.95	00:27:12.45	5:06	11.8
241	MICHALCZUK JAREK	899		WARSZAWA	POL	M 30	241	M 764		00:12:59	00:25:33.55	00:28:01.10	5:06	11.7
242	NAGIEL BARTOSZ	947		WARSZAWA	POL	M 30	242	M 765		00:12:31	00:25:34.40	00:27:29.05	5:06	11.7
243	SOSIŃSKI HUBERT	1319	RUNFORRESTRUN	WARSZAWA	POL	M 30	243	M 769		00:12:21	00:25:38.00	00:27:36.05	5:07	11.7
244	KOSTECKI HUBERT	659		WARSZAWA	POL	M 30	244	M 778		00:12:20	00:25:44.60	00:27:31.45	5:08	11.7
245	GRECKI MICHAŁ	403	PWPW SA	CHYLICZKI	POL	M 30	245	M 780		00:12:45	00:25:45.00	00:27:07.50	5:09	11.7
246	SZYDLIK MATEUSZ	1956		WARSZAWA	POL	M 30	246	M 783		00:11:48	00:25:46.95	00:27:23.60	5:09	11.6
247	GĄTOWSKI ARTUR	351		WARSZAWA	POL	M 30	247	M 786		00:11:55	00:25:47.85	00:27:11.30	5:09	11.6
248	GÓRSKI HUBERT	393		WARSZAWA	POL	M 30	248	M 787		00:12:08	00:25:49.20	00:27:19.95	5:09	11.6
249	BOŹEK MARIUSZ	108	ORSOME RUNNERS	WARSZAWA	POL	M 30	249	M 791		00:12:21	00:25:51.45	00:27:41.50	5:10	11.6
250	GABRYSZEWski RADOSŁAW	324		WARSZAWA	POL	M 30	250	M 792		00:12:26	00:25:52.50	00:27:00.20	5:10	11.6
251	BOROWSKI MIKOŁAJ	103		WARSZAWA	POL	M 30	251	M 798		00:12:33	00:25:54.45	00:27:46.40	5:10	11.6
252	BORUTA KAMIL	106		WARSZAWA	POL	M 30	252	M 800		00:12:23	00:25:56.35	00:27:49.10	5:11	11.6
253	PROCHWICZ JAKUB	1120	X FIGHT PIASECZNO	WARSZAWA	POL	M 30	253	M 801		00:12:33	00:25:56.40	00:27:46.45	5:11	11.6
254	KRATOK DMITRY	689	RUN_WAWA_RUN	WARSZAWA	POL	M 30	254	M 803		00:12:30	00:25:58.85	00:27:34.40	5:11	11.6
255	KRÓL PATRYK	701		WARSZAWA	POL	M 30	255	M 813		00:11:57	00:26:03.35	00:28:21.20	5:12	11.5

BIEG URSYNOWA, M 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
256	LIACH ALIAKSANDR	782		WARSAW	BEL	M 30	256	M 818		00:12:06	00:26:08.55	00:28:08.25	5:13	11.5
257	GRUSZKA JAKUB	413	TN BIEGÓWKI WESOŁA	WARSZAWA	POL	M 30	257	M 824		00:11:29	00:26:12.05	00:27:29.85	5:14	11.5
258	JURDECZKA MIROSLAW	501		WARSZAWA	POL	M 30	258	M 826		00:12:11	00:26:13.35	00:28:08.15	5:14	11.4
259	ZACHUTA PIOTR	1606		WARSZAWA	POL	M 30	259	M 831		00:12:22	00:26:18.00	00:28:14.90	5:15	11.4
260	GIERSZEWSKI MARIUSZ	357		ŻDŻAR	POL	M 30	260	M 834		00:11:56	00:26:18.40	00:27:52.10	5:15	11.4
261	MAKOWSKI JULIUSZ	1852		WARSZAWA	POL	M 30	261	M 835		00:12:07	00:26:19.85	00:27:32.45	5:15	11.4
262	SKUP KACPER	1281		WARSZAWA	POL	M 30	262	M 839		00:11:18	00:26:21.30	00:27:07.55	5:16	11.4
263	ZABLOCKI WOJCIECH	1603		WARSAW	POL	M 30	263	M 840		00:11:58	00:26:21.65	00:27:29.70	5:16	11.4
264	AUGUSTYN ŁUKASZ	38	CBRE	WARSZAWA	POL	M 30	264	M 842		00:12:10	00:26:22.90	00:26:30.60	5:16	11.4
265	DZIUBIŃSKI PIOTR	288	KDPS	WARSZAWA	POL	M 30	265	M 846		00:12:27	00:26:25.95	00:28:21.70	5:17	11.4
266	KRZECZEWSKI PIOTR	709		WARSZAWA	POL	M 30	266	M 850		00:12:25	00:26:27.80	00:29:07.05	5:17	11.3
267	BRODZKI JAN	112		WARSZAWA	POL	M 30	267	M 852		00:11:43	00:26:29.05	00:27:28.65	5:17	11.3
268	SUCHOCKI KONRAD	1364		SZEWNICA	POL	M 30	268	M 854		00:12:38	00:26:29.15	00:28:43.05	5:17	11.3
269	SOWIAK GRZEGORZ	1322		WARSZAWA	POL	M 30	269	M 856		00:12:16	00:26:29.40	00:27:50.55	5:17	11.3
270	JAGUŚ PIOTREK	453		WARSZAWA	POL	M 30	270	M 858		00:11:56	00:26:31.05	00:28:26.45	5:18	11.3
271	PIECZONKA MARCIN	1064		WARSZAWA	POL	M 30	271	M 859		00:11:46	00:26:31.30	00:29:17.80	5:18	11.3
272	BANACH MATEUSZ	44		WARSZAWA	POL	M 30	272	M 865		00:12:31	00:26:35.55	00:27:25.70	5:19	11.3
273	CHUDECKI ŁUKASZ	176		WARSZAWA	POL	M 30	273	M 866		00:12:30	00:26:36.15	00:27:41.90	5:19	11.3
274	PRUSIK JAN	1131		STARA WIEŚ	POL	M 30	274	M 876		00:12:52	00:26:47.35	00:29:16.80	5:21	11.2
275	WOZIŃSKI PATRYK	1581		WARSZAWA	POL	M 30	275	M 883		00:13:11	00:26:51.50	00:29:01.60	5:22	11.2
276	ŚWIDRAK BARTOSZ	1432		WARSZAWA	POL	M 30	276	M 884		00:12:03	00:26:51.85	00:28:21.90	5:22	11.2
277	WAWRZYNOWSKI MICHAŁ	1517		JÓZEFÓW	POL	M 30	277	M 899		00:12:28	00:27:05.80	00:28:51.25	5:25	11.1
278	STEFANKOWSKI ROBERT	1340		WARSZAWA	POL	M 30	278	M 902		00:13:01	00:27:06.25	00:29:17.30	5:25	11.1
279	BOCZARSKI PIOTR	94		WARSZAWA	POL	M 30	279	M 905		00:12:52	00:27:10.80	00:29:17.70	5:26	11.1
280	GOLIŃSKI RADOSŁAW	375		WARSZAWA	POL	M 30	280	M 912		00:13:15	00:27:16.35	00:29:23.20	5:27	11.1
281	SKROBEK PIOTR	1277		ŁOMIANKI	POL	M 30	281	M 916		00:13:37	00:27:19.60	00:30:17.75	5:27	11.1
282	CZOPEK MATEUSZ	1771	BIEGAM, BO MUSZĘ	WARSZAWA	POL	M 30	282	M 928		00:12:55	00:27:25.90	00:29:36.10	5:29	10.9
283	PRYBYSH DMITRI	1132		WARSZAWA	BEL	M 30	283	M 930		00:13:31	00:27:26.75	00:29:47.05	5:29	10.9
284	SIRY ROMAN	1262		WARSZAWA	POL	M 30	284	M 933		00:13:17	00:27:31.40	00:29:49.10	5:30	10.9
285	KILJAŃSKI RADOSŁAW	583		WARSZAWA	POL	M 30	285	M 942		00:13:07	00:27:36.55	00:30:07.10	5:31	10.9
286	REKUS ŁUKASZ	1176		WARSZAWA	POL	M 30	286	M 948		00:13:12	00:27:40.55	00:29:38.20	5:32	10.8
287	WACKO KRZYSZTOF	1502		WARSZAWA	POL	M 30	287	M 955		00:13:11	00:27:46.40	00:30:34.70	5:33	10.8
288	PAWIŃSKI ŁUKASZ	1043		MAGNUSZEW	POL	M 30	288	M 957		00:13:14	00:27:48.80	00:29:28.65	5:33	10.8
289	SIRKO KRZYSZTOF	1259		WARSZAWA	POL	M 30	289	M 958		00:12:37	00:27:49.60	00:29:33.80	5:33	10.8
290	FOK TOMASZ	314	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	290	M 960	ADIDAS RUNNERS WARSAW	00:13:42	00:27:50.05	00:30:46.90	5:34	10.8
291	ZAJĄC TOMASZ	1613		WARSZAWA	POL	M 30	291	M 961		00:13:54	00:27:50.10	00:30:41.90	5:34	10.8
292	CIESIELSKI MATEUSZ	184		MYSIADŁO	POL	M 30	292	M 971		00:13:19	00:27:57.05	00:30:01.50	5:35	10.7
293	DABROWSKI KUBA	217		WARSZAWA	POL	M 30	293	M 978		00:13:51	00:28:03.95	00:30:40.10	5:36	10.7
294	ŻÓŁKOWSKI RAFAŁ	2134	RUN % FUN	WARSZAWA	POL	M 30	294	M 981	RUN % FUN	00:13:09	00:28:07.35	00:31:09.80	5:37	10.7
295	MOSTOWSKI GRZEGORZ	927		WARSZAWA	POL	M 30	295	M 983			00:28:08.35	00:29:52.25	5:37	10.7
296	NOWAKOWSKI KAMIL	972	CBRE	WARSZAWA	POL	M 30	296	M 987		00:13:23	00:28:14.80	00:30:57.90	5:38	10.6
297	SOCHA PAWEŁ	1306	12TRI.PL	ZĄBKI	POL	M 30	297	M 993		00:13:34	00:28:21.95	00:31:18.95	5:40	10.6
298	WASIULEWSKI WOJCIECH	1513		WARSZAWA	POL	M 30	298	M 1007		00:13:51	00:28:32.60	00:30:57.35	5:42	10.5
299	XU YIWEI	1709		WARSZAWA	POL	M 30	299	M 1012		00:11:59	00:28:35.40	00:29:34.90	5:43	10.5
300	WASZKIEWICZ WOJTEK	1514		WARSZAWA	POL	M 30	300	M 1016		00:14:35	00:28:37.95	00:31:28.10	5:43	10.5
301	GŁODEK ADAM	365	AIOA	WARSZAWA	POL	M 30	301	M 1024		00:13:57	00:28:43.40	00:31:29.70	5:44	10.4
302	KLUCZYK PIOTR	601	KS GROM	WARSZAWA	POL	M 30	302	M 1026		00:13:25	00:28:46.20	00:30:22.55	5:45	10.4
303	MAREK MICHAŁ	858		WARSZAWA	AFG	M 30	303	M 1029		00:13:48	00:28:52.25	00:31:35.40	5:46	10.4
304	MARCINKIEWICZ WOJCIECH	852	BIEGUSTATORZY	WARSZAWA	POL	M 30	304	M 1034		00:13:54	00:28:55.50	00:31:31.90	5:47	10.4
305	JODŁOWSKI RAFAŁ	494	MYSZORY	WARSZAWA	POL	M 30	305	M 1036		00:13:45	00:28:56.80	00:30:38.95	5:47	10.4
306	KARCZMARCZYK PAWEŁ	545		WARSZAWA	POL	M 30	306	M 1039		00:13:17	00:28:57.85	00:30:44.10	5:47	10.4
307	JAGODZIŃSKI KAMIL	452		WARSZAWA	POL	M 30	307	M 1041		00:13:02	00:29:00.90	00:30:44.35	5:48	10.3
308	GAWRYSZEWSKI GRZEGORZ	345		WARSZAWA	POL	M 30	308	M 1045		00:13:46	00:29:04.75	00:31:25.40	5:48	10.3
309	SEGIET RAFAŁ	1237		SEROCK	POL	M 30	309	M 1046		00:13:43	00:29:08.55	00:32:08.05	5:49	10.3
310	PIWOWAREK GRZEGORZ	1087	PRZEPIÓRKI WIKTORA	WARSZAWA	POL	M 30	310	M 1057		00:14:11	00:29:19.60	00:31:53.85	5:51	10.2
311	POŁCZYŃSKI PAWEŁ	1905		WARSZAWA	POL	M 30	311	M 1058		00:11:46	00:29:20.00	00:30:50.75	5:52	10.2

BIEG URSYNOWA, M 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
312	GOŁĘBIEWSKI KAROL	379		WARSZAWA	POL	M 30	312	M 1062	DSV ISS	00:13:45	00:29:25.85	00:32:10.40	5:53	10.2
313	BUDA ARKADIUSZ	122		WARSZAWA	POL	M 30	313	M 1063	DSV ISS	00:13:45	00:29:26.05	00:32:10.60	5:53	10.2
314	TYLMAN RADOŚLAW	1480		WARSZAWA	POL	M 30	314	M 1066		00:13:20	00:29:28.15	00:31:37.50	5:53	10.2
315	KOSIOR KONRAD	658		WARSZAWA	POL	M 30	315	M 1068		00:15:03	00:29:29.35	00:32:29.65	5:53	10.2
316	GODLEWSKI PIOTR	371		WARSZAWA	POL	M 30	316	M 1087		00:13:49	00:30:05.20	00:32:48.05	6:01	10
317	FLASZCZYŃSKI MICHAŁ	312		PRUSZKÓW	POL	M 30	317	M 1096		00:14:25	00:30:25.90	00:33:23.10	6:05	9.9
318	ROGUSKI MICHAŁ	1187		WARSZAWA	POL	M 30	318	M 1099		00:14:02	00:30:30.70	00:32:50.15	6:06	9.8
319	MARCINIAK RAFAL	851		WARSZAWA	POL	M 30	319	M 1106		00:13:45	00:30:47.60	00:32:46.25	6:09	9.7
320	DŁUGOSZ PATRYK	238		WARSZAWA	POL	M 30	320	M 1119		00:14:12	00:30:58.80	00:33:54.00	6:11	9.7
321	KUMÓR SEBASTIAN	740		WARSZAWA	POL	M 30	321	M 1120		00:13:55	00:31:00.40	00:32:09.35	6:12	9.7
322	MAKAVEYEU ANTON	831		WARSZAWA	POL	M 30	322	M 1122		00:14:31	00:31:07.15	00:34:30.40	6:13	9.6
323	ZAWADZKI KSAWERY	1635		WARSZAWA	POL	M 30	323	M 1125		00:15:03	00:31:21.50	00:34:06.65	6:16	9.6
324	DĄBROWSKI PAWEŁ	223		WARSZAWA	POL	M 30	324	M 1130		00:13:59	00:31:34.50	00:31:49.25	6:18	9.5
325	BANASIAK PIOTR	45		WARSZAWA	POL	M 30	325	M 1137		00:14:54	00:31:56.85	00:34:55.25	6:23	9.4
326	ULMA DAWID	1489		WARSZAWA	POL	M 30	326	M 1152		00:15:20	00:32:27.00	00:35:25.10	6:29	9.2
327	KARPECHENKO ARTEM	549		WARSZAWA	POL	M 30	327	M 1157		00:17:57	00:32:42.75	00:35:38.30	6:32	9.2
328	ZABIEGA ŁUKASZ	1600		WARSZAWA	POL	M 30	328	M 1161		00:15:20	00:33:01.10	00:35:58.75	6:36	9.1
329	ZAGRAJEK KRZYSIEK	1611		WARSZAWA	POL	M 30	329	M 1165		00:19:33	00:33:08.40	00:33:08.40	6:37	9.1
330	MAJEWSKI MACIEJ	830		MAGDALENKA	POL	M 30	330	M 1173		00:16:00	00:33:24.95	00:36:23.65	6:40	9
331	PRUCHNIEWICZ MICHAŁ	1126		WARSZAWA	POL	M 30	331	M 1174		00:16:23	00:33:34.85	00:36:54.10	6:42	8.9
332	SEITARIDIS CHRISTOS	1238		WARSZAWA	GRE	M 30	332	M 1179		00:16:04	00:33:50.85	00:37:13.85	6:46	8.9
333	WILCZAK TOMASZ	1686		BASZKÓWKA	POL	M 30	333	M 1181		00:17:18	00:33:53.35	00:37:02.35	6:46	8.9
334	DEREK WOJCIECH	230		WARSZAWA	POL	M 30	334	M 1182		00:16:23	00:33:53.50	00:36:56.05	6:46	8.9
335	PLUTA ALEK	1094		SULEJÓWEK	POL	M 30	335	M 1184		00:16:16	00:34:02.00	00:37:08.10	6:48	8.8
336	BORKOWSKI ADRIAN	1532		WARSZAWA	POL	M 30	336	M 1199		00:15:53	00:35:08.30	00:38:05.65	7:01	8.5
337	KOŁAKOWSKI ALEKSANDER	616		WARSZAWA	POL	M 30	337	M 1220		00:16:35	00:37:51.00	00:38:43.10	7:34	7.9
338	OLEKSIAK HUBERT	993		KOBYŁKA	POL	M 30	338	M 1228		00:18:07	00:40:03.80	00:43:10.45	8:00	7.5
339	JASZCZYŃSKI ANDRZEJ	1804		WARSZAWA	POL	M 30	339	M 1237		00:09:23			3:45	16
340	BUJWID KRZYSZTOF	133		WARSZAWA	POL	M 30	340	M 1238		00:09:54			3:57	15.2
341	WIĘCZEK ŁUKASZ	1534		WARSZAWA	POL	M 30	341	M 1239		00:12:27			4:58	12

BIEG URSYNOWA, K 40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	STELMACH DOMINIKA	1342	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 40	1	K 2	ADIDAS RUNNERS WARSAW	00:07:46	00:16:48.25	00:17:03.60	3:21	17.9
2	BUBEŁA MAGDA	1753	LIPIEC RUNNING TEAM	BLIZNE JASIŃSKIEGO	POL	K 40	2	K 9	LIPIEC RUNNING TEAM	00:08:47	00:18:43.50	00:18:59.50	3:44	16
3	MAJEWSKA EWA	829		WARSZAWA	POL	K 40	3	K 24		00:09:36	00:20:46.05	00:21:06.00	4:09	14.4
4	STRUZIK ANNA	1354	KRZYSIO TEAM	ZGORZAŁA	POL	K 40	4	K 25		00:09:40	00:20:51.10	00:21:13.10	4:10	14.4
5	GASIOROWSKA ALICJA	342		PIASECZNO	POL	K 40	5	K 26	ŻÓRAWSKI TEAM	00:09:39	00:20:51.35	00:21:20.00	4:10	14.4
6	SZYMAŃSKA AGNIESZKA	1413	BIEGOWY WARIAT RUNNING TEAM	ŁOMIANKI	POL	K 40	6	K 28	BIEGOWY WARIAT RUNNING TEAM	00:09:38	00:20:57.10	00:21:19.50	4:11	14.3
7	ZAWADZKA KATARZYNA	1633		WARSZAWA	POL	K 40	7	K 29		00:09:54	00:21:05.50	00:21:29.15	4:13	14.2
8	TYM JOANNA	1483	LIPIEC RUNNING TEAM	WARSZAWA	POL	K 40	8	K 30	LIPIEC RUNNING TEAM	00:09:46	00:21:06.50	00:21:16.55	4:13	14.2
9	SADOWSKA MONIKA	1228		WARSZAWA	POL	K 40	9	K 32		00:09:54	00:21:10.55	00:21:33.55	4:14	14.2
10	NOWAKOWSKA KATARZYNA	969	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 40	10	K 35	ADIDAS RUNNERS WARSAW	00:09:52	00:21:33.65	00:22:20.05	4:18	13.9
11	SZTARBAŁA EWA	1400	LIPIEC RUNNING TEAM	WARSZAWA	POL	K 40	11	K 41		00:10:14	00:22:05.95	00:22:38.15	4:25	13.6
12	GADOMSKA ANNA	326	PZU SPORT TEAM	WARSZAWA	POL	K 40	12	K 42	PZU SPORT TEAM	00:10:24	00:22:06.85	00:23:27.40	4:25	13.6
13	BUDNICKA JOANNA	125		WARSZAWA	POL	K 40	13	K 45		00:09:58	00:22:20.15	00:22:30.95	4:28	13.4
14	SZWEDA-LEWANDOWSKA ZOFIA	1406		WARSZAWA	POL	K 40	14	K 48		00:10:46	00:22:43.75	00:24:11.95	4:32	13.2
15	GOGACZ MAGDALENA	372	URZĄD DZIELNICY URSYNÓW	WARSZAWA	POL	K 40	15	K 56		00:10:46	00:23:15.55	00:24:09.90	4:39	12.9
16	KAPUŚCIAREK ELA	543		ŁOMIANKI	POL	K 40	16	K 57		00:10:33	00:23:19.35	00:24:25.10	4:39	12.9
17	NOWACZYŃSKA KATARZYNA	965	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	17	K 59	TEAM ZABIEGANEDNI	00:11:15	00:23:23.15	00:24:26.30	4:40	12.8
18	MACIEJEC DOROTA	1850		WARSZAWA	POL	K 40	18	K 62		00:10:33	00:23:36.45	00:24:11.70	4:43	12.7
19	JAWORSKA JOANNA	481	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	19	K 66	TEAM ZABIEGANEDNI	00:11:32	00:23:48.65	00:25:06.75	4:45	12.6

#3

BIEG URSYNOWA, K 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
20	BUJNOWSKA ELIZA	131	VEGE RUNNERS	WARSZAWA	POL	K 40	20	K 67	VEGE RUNNERS URSYNÓW	00:11:03	00:23:49.80	00:24:43.00	4:45	12.6
21	JAREK KATARZYNA	470		MIŃSK MAZOWIECKI	POL	K 40	21	K 71		00:11:01	00:24:12.75	00:25:14.40	4:50	12.4
22	KIERASIŃSKA DOROTA	578	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	22	K 72	TEAM ZABIEGANEDNI	00:11:48	00:24:13.70	00:25:41.55	4:50	12.4
23	NAWROCKA ROMA	953	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 40	23	K 76	GRUPA BIEGOWA UM W-WA	00:11:31	00:24:29.85	00:25:06.40	4:53	12.3
24	DOLIŃSKA AGNIESZKA	246	WARSAW RUN CLUB	WARSZAWA	POL	K 40	24	K 77	WARSAW RUN CLUB	00:11:43	00:24:34.45	00:25:55.10	4:54	12.2
25	PADEREWSKA OLGA	1886	PAWKO RUNNER TEAM	SIEDLCE	POL	K 40	25	K 79	PAWKO RUNNER TEAM	00:11:15	00:24:37.05	00:25:40.45	4:55	12.2
26	FABISIAK ANNA	290	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	26	K 83	TEAM ZABIEGANEDNI	00:11:41	00:24:37.35	00:25:55.45	4:55	12.2
27	PIOTROWSKA EDYTA	1081	BRACHTWO BIEGOWE BGK	WARSZAWA	POL	K 40	27	K 88	BRACHTWO BIEGOWE BGK	00:11:38	00:24:47.35	00:26:26.40	4:57	12.1
28	SIDORCZUK-KUMOSA DOROTA	1245	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	28	K 90	TEAM ZABIEGANEDNI	00:11:50	00:24:49.35	00:26:17.00	4:57	12.1
29	KOWALSKA KASJA	672	TEAM ZABIEGANEDNI	ZGORZAŁA	POL	K 40	29	K 91	TEAM ZABIEGANEDNI	00:11:53	00:24:55.70	00:26:40.55	4:59	12
30	WOSINSKA MAGDALENA	1579	ULTRA LASKI	WARSZAWA	POL	K 40	30	K 92		00:11:30	00:24:56.05	00:26:04.55	4:59	12
31	KLIMKIEWICZ BEATA	599		WARSZAWA	POL	K 40	31	K 93		00:11:24	00:24:59.85	00:25:22.65	4:59	12
32	KOŁODZIEJSKA IWONA	620		JABLONNA	POL	K 40	32	K 94		00:11:54	00:25:03.45	00:26:39.05	5:00	12
33	ZAMYŁKO LIDIA	1622		WARSZAWA	POL	K 40	33	K 99		00:12:04	00:25:16.25	00:28:35.90	5:03	11.9
34	BORETA MARZENA	1749	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	K 40	34	K 102		00:11:33	00:25:18.60	00:26:16.65	5:03	11.9
35	PUCZYŃSKA RENATA	1144		WARSZAWA	POL	K 40	35	K 103		00:11:16	00:25:18.85	00:26:08.50	5:03	11.9
36	PIASECZYŃSKA-JAMBOR AGATA	1058	ŻÓRAWSKI TEAM	WARSZAWA	POL	K 40	36	K 104	ŻÓRAWSKI TEAM	00:11:42	00:25:22.35	00:26:12.70	5:04	11.8
37	PRUSAK MARTA	1130	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	K 40	37	K 107	TEAM ZABIEGANEDNI	00:12:23	00:25:35.00	00:27:20.05	5:07	11.7
38	RÓŻAK-RUKUSZEWICZ MAGDALENA	1200	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	K 40	38	K 108		00:11:55	00:25:35.10	00:27:06.55	5:07	11.7
39	FIEDOROWICZ EWA	303		WARSZAWA	POL	K 40	39	K 112	PRACUJĄCA TRÓJKA	00:11:57	00:25:37.30	00:26:51.45	5:07	11.7
40	JÓŻWIĄK AGNIESZKA	2138		WARSZAWA	POL	K 40	40	K 116		00:11:52	00:25:47.65	00:26:47.40	5:09	11.6
41	MARKOWSKA OKTAWIA	859	BIEGAJ Z DYMKIEM	WARSZAWA	POL	K 40	41	K 117		00:12:07	00:25:48.00	00:27:16.20	5:09	11.6
42	KARPIŃSKA-GROMEK MONIKA	550	KS LEMIESZ TEAM	WARSZAWA	POL	K 40	42	K 122		00:11:52	00:25:53.55	00:27:16.35	5:10	11.6
43	KALUZNA JUSTYNA	530		MICHALOWICE	POL	K 40	43	K 123		00:12:42	00:25:55.95	00:27:31.85	5:11	11.6
44	FABROWICZ KATARZYNA	292		WARSZAWA	POL	K 40	44	K 126		00:11:50	00:25:58.20	00:27:27.35	5:11	11.6
45	PAŃCZYK JOANNA	1034	THE PAŃCZYKS	WARSZAWA	POL	K 40	45	K 128		00:12:15	00:25:59.55	00:27:21.30	5:11	11.5
46	ZARZYCKA OLA	1627		WARSZAWA	POL	K 40	46	K 131		00:12:00	00:26:04.40	00:26:36.70	5:12	11.5
47	SIWEK ANNA	1265		WARSZAWA	POL	K 40	47	K 135		00:11:48	00:26:10.65	00:27:37.90	5:14	11.5
48	WINNICKA-MACKENTHUN AGNIESZKA	1545		WARSZAWA	POL	K 40	48	K 154		00:12:54	00:26:44.30	00:28:16.75	5:20	11.2
49	CZERNIAWSKA JOANNA	1768		WARSZAWA	POL	K 40	49	K 155		00:12:22	00:26:44.35	00:28:26.60	5:20	11.2
50	PATER AGNIESZKA	1891	THE GREEN RUNNERS	WARSZAWA	POL	K 40	50	K 158		00:12:25	00:26:46.50	00:29:00.55	5:21	11.2
51	CHARMUSZKO MONIKA	152		WARSZAWA	POL	K 40	51	K 159		00:12:47	00:26:46.50	00:28:27.65	5:21	11.2
52	PRASEK AGATA	1118		WARSZAWA	POL	K 40	52	K 164		00:12:50	00:26:48.80	00:28:51.90	5:21	11.2
53	OLSZEWSKA DOROTA	1000	BRACHTWO BIEGOWE BGK	WARSZAWA	POL	K 40	53	K 165	BRACHTWO BIEGOWE BGK	00:12:26	00:26:50.70	00:28:29.60	5:22	11.2
54	DZIDA BARBARA	281	TEAM ZABIEGANE DNI	WARSZAWA	POL	K 40	54	K 169		00:12:25	00:26:57.70	00:28:42.25	5:23	11.1
55	GŁADECKA MARZENA	363	GÓRA BIEGA	BANIOCHA	POL	K 40	55	K 170	GÓRA BIEGA	00:12:51	00:26:59.45	00:29:10.35	5:23	11.1
56	BARTOSIAK BEATA	53		WARSZAWA	POL	K 40	56	K 172		00:12:36	00:27:01.00	00:28:45.60	5:24	11.1
57	FORNALIK IWONA	1784	WITC	WARSZAWA	POL	K 40	57	K 175		00:12:41	00:27:03.55	00:27:34.00	5:24	11.1
58	BZURA EMILIA	143		WARSZAWA	POL	K 40	58	K 176		00:12:29	00:27:03.75	00:28:53.65	5:24	11.1
59	GAŚOWSKA-ŚLIWIŃSKA RENATA	349	DREAM RUN	WARSZAWA	POL	K 40	59	K 177	DREAM RUN	00:12:52	00:27:05.75	00:30:16.95	5:25	11.1
60	GÓRSKA SYLWIA	390	GÓRA BIEGA	GÓRA KALWARIA	POL	K 40	60	K 178	GÓRA BIEGA	00:12:51	00:27:06.30	00:29:17.30	5:25	11.1
61	KŁĘK MAGDALENA	603	BEZLITOŚNI	JÓZEFOSŁAW	POL	K 40	61	K 180		00:12:44	00:27:10.65	00:29:30.10	5:26	11
62	WRONA MILENA	1997		JABLONNA	POL	K 40	62	K 182		00:12:43	00:27:12.15	00:29:04.50	5:26	11
63	PIECHOCKA KATARZYNA	1061	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	K 40	63	K 184	BIEGOWY WARIAT RUNNING TEAM	00:12:55	00:27:14.00	00:28:54.85	5:26	11
64	ZACZYK ALICJA	1607	MAMA W MARATONIE	WARSZAWA	POL	K 40	64	K 190		00:13:05	00:27:19.25	00:30:31.00	5:27	11
65	SIKORA ZUZANNA	1255	PZU SPORT TEAM	WARSZAWA	POL	K 40	65	K 191	PZU SPORT TEAM	00:12:42	00:27:19.95	00:29:15.55	5:27	11
66	TARNAWSKA DOROTA	1438		WARSZAWA	POL	K 40	66	K 193		00:12:29	00:27:22.05	00:28:26.80	5:28	11
67	KRÓL MONIKA	699	TEAM ZABIEGANEDNI	WARSZAWA	AFG	K 40	67	K 200	TEAM ZABIEGANEDNI	00:12:39	00:27:28.70	00:29:17.85	5:29	10.9

BIEG URSYNOWA, K 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
68	CZERWONKA-KITA MARTA	210		WARSZAWA	POL	K 40	68	K 204		00:13:08	00:27:34.25	00:29:46.85	5:30	10.9
69	PATALAS AGNIESZKA	1890		PIASECZNO	POL	K 40	69	K 207		00:12:49	00:27:35.30	00:30:04.70	5:31	10.9
70	WIECZOREK IZA	1526		KONSTANCIN JEZIORNA	POL	K 40	70	K 209		00:12:35	00:27:39.20	00:30:32.60	5:31	10.8
71	KOPEĆ PATRYCJA	631		JÓZEFOSŁAW	POL	K 40	71	K 211		00:13:10	00:27:45.25	00:30:11.55	5:33	10.8
72	GRABEK ANNA	1795	CLV LO	WARSZAWA	POL	K 40	72	K 212		00:13:21	00:27:49.15	00:29:41.55	5:33	10.8
73	MATYSIAK AGNIESZKA	881		WARSZAWA	POL	K 40	73	K 213		00:13:17	00:27:49.20	00:29:53.65	5:33	10.8
74	LECHOWICZ KATARZYNA	765		WARSZAWA	POL	K 40	74	K 215		00:13:21	00:27:50.40	00:29:51.30	5:34	10.8
75	PATEREK ADA	1041	12TRI.PL	WARSZAWA	POL	K 40	75	K 217		00:13:18	00:27:51.60	00:29:55.85	5:34	10.8
76	DESKA KAROLINA	232		NOWA IWICZNA	POL	K 40	76	K 219		00:13:15	00:27:53.15	00:29:44.65	5:34	10.8
77	BARNAS ILONA	52		WARSZAWIA	POL	K 40	77	K 220		00:13:12	00:27:53.85	00:30:46.50	5:34	10.8
78	SOKOŁOWSKA ANNA	1311		WARSZAWA	POL	K 40	78	K 224		00:13:06	00:27:54.95	00:30:00.75	5:34	10.8
79	WITKOWSKA MAGDA	1552		WARSZAWA	POL	K 40	79	K 225		00:13:19	00:27:55.20	00:31:14.25	5:35	10.7
80	APANOWICZ ANGELIKA	31		WARSZAWA	POL	K 40	80	K 226		00:13:17	00:27:56.55	00:30:00.30	5:35	10.7
81	PAŚNIK JOANNA	1040	JAĆWIEŻ	WARSZAWA	POL	K 40	81	K 228			00:27:57.10	00:30:02.95	5:35	10.7
82	REGUŁA MAJA	1175		WARSZAWA	POL	K 40	82	K 231		00:13:27	00:28:03.15	00:29:02.30	5:36	10.7
83	MĘDEL MARTA	894		MARKI	POL	K 40	83	K 237		00:13:16	00:28:14.30	00:31:00.05	5:38	10.6
84	GARGAS-MARUT MAŁGORZATA	339	PZU SPORT TEAM	JÓZEFOSŁAW	POL	K 40	84	K 242		00:13:10	00:28:22.35	00:30:30.70	5:40	10.6
85	GÓRZYŃSKA ANNA	395		WARSZAWA	POL	K 40	85	K 243		00:12:46	00:28:23.05	00:29:44.40	5:40	10.6
86	ADAMUS KATARZYNA	17	DECATHLON	PIASECZNO	POL	K 40	86	K 246	DECATHLON	00:13:16	00:28:24.30	00:30:36.90	5:40	10.6
87	LASZCZKA RENATA	762	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 40	87	K 248	ADIDAS RUNNERS WARSAW	00:13:21	00:28:27.45	00:30:42.80	5:41	10.5
88	MISIORNY MAGDALENA	911		WARSZAWA	POL	K 40	88	K 249		00:13:48	00:28:27.45	00:31:05.25	5:41	10.5
89	KONATOWICZ IWONA	624	ADIDAS RUNNERS WARSAW	JÓZEFOSŁAW	POL	K 40	89	K 256	ADIDAS RUNNERS WARSAW	00:13:08	00:28:31.50	00:30:41.40	5:42	10.5
90	TALAJKO DOROTA	1437		WARSZAWA	POL	K 40	90	K 259		00:13:18	00:28:36.90	00:29:12.80	5:43	10.5
91	LASKUS ANNA	761		WARSZAWA	POL	K 40	91	K 260		00:13:14	00:28:37.25	00:30:01.45	5:43	10.5
92	RUCYK JUSTYNA	1203		WARSZAWA	POL	K 40	92	K 262	BIEGAM DOBRZE DLA FUNDACJI SYNOPSIS	00:13:18	00:28:42.35	00:30:46.30	5:44	10.5
93	WASILEWSKA MAŁGORZATA	1979		KALISZKI	POL	K 40	93	K 267		00:13:17	00:28:49.50	00:31:50.15	5:45	10.4
94	WIŚNIEWSKA MAGDALENA	1548		WARSZAWA	POL	K 40	94	K 269		00:13:59	00:28:49.85	00:31:25.45	5:45	10.4
95	SZYMAŃCZAK MAGDALENA	1959		FORD CITY	USA	K 40	95	K 286		00:13:08	00:29:06.95	00:30:08.40	5:49	10.3
96	STAŃCZAK DOMINIKA	1335	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	96	K 288	TEAM ZABIEGANEDNI	00:14:22	00:29:08.95	00:31:50.65	5:49	10.3
97	KOWALSKA PAULINA	673		KONSTANCIN-JEZIORNA	POL	K 40	97	K 289		00:13:19	00:29:09.35	00:30:35.30	5:49	10.3
98	KRULAK MARZENA	703	KRULACZKI TEAM	WARSZAWA	POL	K 40	98	K 290		00:13:59	00:29:10.05	00:32:00.50	5:50	10.3
99	VIARBITSKAYA TATSIANA	1500		WARSZAWA	POL	K 40	99	K 293	ITMRUN	00:13:28	00:29:13.20	00:32:34.35	5:50	10.3
100	HRYMAK ANKA	437		WARSZAWA	POL	K 40	100	K 294		00:13:18	00:29:14.40	00:31:22.70	5:50	10.3
101	PRZEWODOWSKA AGNIESZKA	1134		WARSZAWA	POL	K 40	101	K 298		00:13:57	00:29:14.60	00:31:24.80	5:50	10.3
102	CHRZANOWSKA MAŁGORZATA	1758		WARSZAWA	POL	K 40	102	K 299		00:12:41	00:29:14.85	00:30:20.25	5:50	10.3
103	SZEJTUS BEATA	196		OTWOCK	POL	K 40	103	K 300		00:13:49	00:29:20.30	00:32:33.75	5:52	10.2
104	WITEK DAGMARA	1551		WARSZAWA	POL	K 40	104	K 301		00:13:48	00:29:20.75	00:31:32.25	5:52	10.2
105	STĘPIEŃ SYLWIA	1346		JÓZEFOSŁAW	POL	K 40	105	K 302		00:13:37	00:29:21.15	00:30:43.10	5:52	10.2
106	DUBEK KATARZYNA	263		WARSZAWA	POL	K 40	106	K 308		00:14:17	00:29:23.30	00:31:49.75	5:52	10.2
107	SOŁOWIOW MARZENA	1318		WARSZAWA	POL	K 40	107	K 309		00:14:02	00:29:23.85	00:32:03.40	5:52	10.2
108	GRYGOWSKA BEATA	415		JABŁONNA	POL	K 40	108	K 310		00:13:24	00:29:24.15	00:30:31.90	5:52	10.2
109	KOWALSKA KINGA	674	KB PACE WARSZAWA	WARSZAWA	POL	K 40	109	K 311	KB PACE WARSZAWA	00:13:59	00:29:25.85	00:31:51.40	5:53	10.2
110	KUZNETSOVA SVITLANA	749		WARSZAWA	POL	K 40	110	K 312		00:13:52	00:29:26.10	00:31:40.60	5:53	10.2
111	ŻURALSKA ALEKSANDRA	2139		WARSZAWA	POL	K 40	111	K 318		00:13:20	00:29:31.60	00:30:51.25	5:54	10.2
112	UŁANEK KAMILA	1491		WARSZAWA	POL	K 40	112	K 319		00:13:59	00:29:33.15	00:32:07.30	5:54	10.2
113	GÓRZECKA KATARZYNA	1794		LESZNO	POL	K 40	113	K 326		00:13:26	00:29:38.95	00:30:52.25	5:55	10.1
114	JANCZEWSKA EWA	463		WARSZAWA	POL	K 40	114	K 328		00:14:04	00:29:42.95	00:32:04.05	5:56	10.1
115	BINDER MARTA	84		KONSTANCIN-JEZIORNA	POL	K 40	115	K 329		00:14:12	00:29:43.20	00:32:40.80	5:56	10.1
116	PIEKARSKA GOSIA	1065		WARSZAWA	POL	K 40	116	K 331		00:13:40	00:29:45.05	00:30:17.10	5:57	10.1
117	SKALSKA KAROLINA	1267		WARSZAWA	POL	K 40	117	K 333		00:14:08	00:29:47.65	00:32:06.90	5:57	10.1
118	MAŁEK KAROLINA	843		WARSZAWA	POL	K 40	118	K 334		00:13:59	00:29:48.75	00:33:07.40	5:57	10.1
119	DI FOLCO VERONICA	237	TI HEALTH CLUB	WARSZAWA	POL	K 40	119	K 339	TI HEALTH CLUB	00:14:18	00:29:56.50	00:31:40.70	5:59	10
120	PIOTROWSKA EWA	1898		WARSZAWA	POL	K 40	120	K 341		00:13:28	00:29:58.85	00:30:03.90	5:59	10
121	JUŚKO ELWIRA	509	KWADRANS TEAM	OSTROWIEC ŚW	POL	K 40	121	K 343		00:13:54	00:30:01.70	00:32:12.45	6:00	10

BIEG URSYNOWA, K 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
122	BRZOWSKA MAGDALENA	117	BIEGUSTATORZY	WARSZAWA	POL	K 40	122	K 344		00:14:00	00:30:04.35	00:32:38.05	6:00	10
123	INCI MARTA	442		WARSZAWA	POL	K 40	123	K 345		00:13:47	00:30:05.85	00:32:57.60	6:01	10
124	LASZUK KATARZYNA	1699		WARSZAWA	POL	K 40	124	K 348		00:14:12	00:30:10.50	00:32:29.60	6:02	9.9
125	ZAWICKA ANGELINA	1636		MARKI	POL	K 40	125	K 349		00:14:47	00:30:10.75	00:32:32.35	6:02	9.9
126	SKOMOROWSKA MONIKA	1275		WARSZAWA	POL	K 40	126	K 353		00:13:40	00:30:14.60	00:31:37.35	6:02	9.9
127	SZAJEWSKA AGNIESZKA	1381	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40	127	K 354	TEAM ZABIEGANEDNI	00:14:04	00:30:15.35	00:32:38.15	6:03	9.9
128	TORZEWSKA AGNIESZKA	1456	BEMOWO BIEGA	WARSZAWA	POL	K 40	128	K 355		00:13:57	00:30:15.90	00:32:31.05	6:03	9.9
129	BUREK KASIA	139		WARSZAWA	POL	K 40	129	K 360		00:14:10	00:30:19.55	00:32:25.05	6:03	9.9
130	FALACIŃSKA MONIKA	294		WARSZAWA	POL	K 40	130	K 376		00:14:42	00:30:46.70	00:33:55.30	6:09	9.8
131	LISZEWSKA DOMINIKA	1843		WARSZAWA	POL	K 40	131	K 377		00:14:46	00:30:47.25	00:33:25.90	6:09	9.7
132	TYRANKIEWICZ KAMILA	1484		WARSZAWA	POL	K 40	132	K 379		00:14:19	00:30:50.65	00:32:14.85	6:10	9.7
133	DRÓDŹ RENATA	260		WARSZAWA	POL	K 40	133	K 380		00:14:22	00:30:51.10	00:32:47.80	6:10	9.7
134	STEFAŃSKA JOANNA	1341		WARSZAWA	POL	K 40	134	K 385		00:14:02	00:30:59.60	00:33:52.80	6:11	9.7
135	GIERKOWSKA AGNIESZKA	356		WARSZAWA	POL	K 40	135	K 386		00:13:41	00:31:00.10	00:33:51.55	6:12	9.7
136	SMOLEŃSKA MAŁGORZATA	1294		WARSZAWA	POL	K 40	136	K 390		00:13:50	00:31:11.25	00:33:57.85	6:14	9.6
137	ORZECHOWSKA KAROLINA	1005		PIASECZNO	POL	K 40	137	K 391		00:14:43	00:31:14.85	00:34:08.85	6:14	9.6
138	GIL ELŻBIETA	1789		WARSZAWA	POL	K 40	138	K 396		00:13:49	00:31:18.15	00:33:15.50	6:15	9.6
139	MIKULSKA SYLWIA	905		WARSZAWA	POL	K 40	139	K 397		00:13:43	00:31:22.85	00:33:51.65	6:16	9.6
140	JAGLIŃSKA ANNA	451		WARSZAWA	POL	K 40	140	K 402		00:14:00	00:31:26.95	00:34:03.50	6:17	9.5
141	LAZAREVA SVETLANA	1711		WARY	AFG	K 40	141	K 412		00:14:49	00:31:37.70	00:34:00.60	6:19	9.5
142	MITURA ANNA	915		WARSZAWA	POL	K 40	142	K 413		00:14:34	00:31:37.75	00:34:22.70	6:19	9.5
143	KACZMARSKA ALICJA	514	TI HEALTH CLUB	WARSZAWA	POL	K 40	143	K 415	TI HEALTH CLUB	00:14:47	00:31:38.90	00:33:46.05	6:19	9.5
144	OLSZEWSKA KATARZYNA BERNADETTA	2147		-	POL	K 40	144	K 416		00:15:26	00:31:40.75	00:34:43.75	6:20	9.5
145	ŻÓŁTOWSKA DOMINIKA	1669	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40	145	K 419		00:14:14	00:31:43.70	00:34:01.60	6:20	9.5
146	LIPIEC KAZIMIERA	785		WARSZAWA	POL	K 40	146	K 422		00:14:19	00:31:53.75	00:35:04.85	6:22	9.4
147	BALCERZAK MONIKA	43		WARSZAWA	POL	K 40	147	K 423		00:14:04	00:31:54.80	00:33:28.80	6:22	9.4
148	MICHAŁEK-PENDOWSKA BARBARA	900		WARSZAWA	POL	K 40	148	K 425		00:14:46	00:31:58.70	00:33:53.20	6:23	9.4
149	FONGANG ALEKSANDRA	315		WARSZAWA	POL	K 40	149	K 432		00:15:14	00:32:25.50	00:35:16.40	6:29	9.3
150	MATYSZCZAK MONIKA	882	KENKO	WARSZAWA	POL	K 40	150	K 434	KENKO	00:15:48	00:32:32.90	00:35:32.35	6:30	9.2
151	SKARZYŃSKA KATARZYNA	1269		WARSZAWA	POL	K 40	151	K 436		00:15:48	00:32:34.95	00:35:40.35	6:30	9.2
152	KALMAN ANITA	528		WARSZAWA	POL	K 40	152	K 438		00:15:27	00:32:36.10	00:35:30.70	6:31	9.2
153	SZAFRAN BEATA	1380	PUMP!T	MARKÓW ŚWINICE	POL	K 40	153	K 439		00:15:20	00:32:38.25	00:33:50.20	6:31	9.2
154	STRZELCZYK OLGA	1358		WARSZAWA	POL	K 40	154	K 443		00:14:53	00:32:43.15	00:35:08.55	6:32	9.2
155	MODRZEJEWSKA ANNA	1866		WARSZAWA	POL	K 40	155	K 445		00:13:51	00:32:45.55	00:34:50.45	6:33	9.2
156	KWAPISIEWICZ KATARZYNA	751		WARSZAWA	POL	K 40	156	K 447		00:15:21	00:32:49.60	00:35:52.05	6:33	9.1
157	MYŚLIBORSKA OLGA	943		WARSZAWA	POL	K 40	157	K 451		00:15:03	00:32:56.75	00:34:16.75	6:35	9.1
158	WŁODARCZYK EULALIA	1558		WARSZAWA	POL	K 40	158	K 460		00:15:58	00:33:08.85	00:36:28.70	6:37	9.1
159	BRODZIK MAŁGOSIA	111		WARSZAWA	POL	K 40	159	K 461		00:14:48	00:33:14.45	00:35:28.90	6:38	9
160	ŻELAZKO JOANNA	2133		WARSZAWA	POL	K 40	160	K 463		00:14:35	00:33:21.80	00:35:21.50	6:40	9
161	KAIM-MIERZWICKA KATARZYNA	517		WARSZAWA	POL	K 40	161	K 464		00:15:12	00:33:23.15	00:36:08.60	6:40	9
162	ZALEWSKA AGNIESZKA	1618		WARSZAWA	POL	K 40	162	K 466		00:15:01	00:33:31.80	00:33:42.90	6:42	9
163	BUDEK EWA	123		WARSZAWA	POL	K 40	163	K 467		00:14:54	00:33:32.40	00:36:11.40	6:42	8.9
164	FILIPCZYK HANNA	306		WARSZAWA	POL	K 40	164	K 469	PRACUJĄCA TRÓJKA	00:15:53	00:33:34.60	00:36:24.75	6:42	8.9
165	STASIAK JOANNA	1337		MYSIADŁO	POL	K 40	165	K 477		00:16:16	00:33:40.70	00:36:45.65	6:44	8.9
166	KILIAN MONIKA	1815		MYSIADŁO	POL	K 40	166	K 478		00:16:16	00:33:41.05	00:36:45.95	6:44	8.9
167	TYSZKA SYLWIA	1485		WARSZAWA	POL	K 40	167	K 480		00:15:33	00:33:48.20	00:35:44.50	6:45	8.9
168	KLIBER KATARZYNA	1816		WARSZAWA	POL	K 40	168	K 482		00:15:49	00:33:49.30	00:37:28.20	6:45	8.9
169	PODLECKA ANNA	1098		WARSZAWA (URSYNÓW)	POL	K 40	169	K 488		00:15:04	00:34:01.40	00:37:23.15	6:48	8.8
170	PROKOPCZYK ALEKSANDRA	1911		SOCHACZEW	POL	K 40	170	K 498		00:17:37	00:34:12.85	00:37:20.00	6:50	8.8
171	KOWALEWSKA KATARZYNA	669		WARSZAWA	POL	K 40	171	K 499		00:15:25	00:34:17.25	00:36:43.10	6:51	8.8
172	MASTALEREK JOANNA	868		WARSZAWA	POL	K 40	172	K 500		00:15:12	00:34:17.35	00:36:59.10	6:51	8.8
173	ZAMORSKA MONIKA	2126		PIASECZNO	POL	K 40	173	K 501		00:15:20	00:34:19.55	00:37:01.75	6:51	8.7
174	MYSZOR-CIECIELĄG MONIKA	942		PIASECZNO	POL	K 40	174	K 505		00:15:59	00:34:28.60	00:37:24.35	6:53	8.7
175	SZNAJDER BEATA	1395		WARSZAWA	POL	K 40	175	K 508		00:15:22	00:34:34.25	00:35:42.85	6:54	8.7
176	PLICHIŃSKA MAŁGORZATA	1089	EKONOMIK MOKOTÓW	WARSZAWA	POL	K 40	176	K 513		00:16:09	00:34:41.20	00:37:39.35	6:56	8.6
177	JKIMOW JOANNA	486		WARSZAWA	POL	K 40	177	K 514		00:15:35	00:34:42.95	00:37:00.05	6:56	8.6
178	FRYDRYCH KATARZYNA	322		WARSZAWA	POL	K 40	178	K 516		00:16:21	00:34:47.10	00:37:54.55	6:57	8.6

BIEG URSYNOWA, K 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
179	ŁAZARECKA MAGDA	799		WARSZAWA	POL	K 40	179	K 523		00:16:23	00:35:15.60	00:38:20.00	7:03	8.5
180	DWURZYŃSKA SYLWIA	274		WARSZAWA	POL	K 40	180	K 527		00:15:42	00:35:20.40	00:38:07.35	7:04	8.5
181	KOPCZYŃSKA JUDYTA	1820	MARKOWI BIEGACZE	MARKI	POL	K 40	181	K 532		00:15:43	00:35:39.80	00:37:34.90	7:07	8.4
182	SIEROCINSKA-RUDZIŃSKA ANNA	1250		WARSZAWA	POL	K 40	182	K 536		00:16:43	00:35:56.35	00:38:02.50	7:11	8.3
183	MISTRZAK MARTA	912		PIASECZNO	POL	K 40	183	K 541		00:17:05	00:36:12.20	00:39:49.30	7:14	8.3
184	BISOWSKA KATARZYNA	86	MARUDY Z KOBYŁKI	KOBYŁKA	POL	K 40	184	K 546	MARUDY Z KOBYŁKI	00:16:22	00:36:39.75	00:39:45.25	7:19	8.2
185	RANKOWSKA EWA	1913		WARSZAWA	POL	K 40	185	K 548		00:17:09	00:36:43.95	00:39:58.70	7:20	8.2
186	GAJDA AGNIESZKA	330	-	WARSZAWA	POL	K 40	186	K 550		00:16:31	00:36:51.10	00:39:45.40	7:22	8.1
187	NIKODEMSKA-FABISZ MAŁGORZATA	962	PZU SPORT TEAM	WARSZAWA	POL	K 40	187	K 551		00:17:58	00:36:54.15	00:39:47.70	7:22	8.1
188	KULETA MAŁGORZATA	737		WARSZAWA	POL	K 40	188	K 552		00:16:11	00:37:04.20	00:40:29.60	7:24	8.1
189	CHAMERSKA KATARZYNA	1754		WARSZAWA	POL	K 40	189	K 553		00:16:50	00:37:06.75	00:40:07.30	7:25	8.1
190	JURCZAK KAROLINA	499		WARSZAWA	POL	K 40	190	K 555		00:17:43	00:37:18.35	00:40:49.15	7:27	8
191	MAZUR KINGA	886		WARSZAWA	POL	K 40	191	K 558		00:16:47	00:37:22.40	00:40:26.60	7:28	8
192	SYPIAŃSKA KALINA	1373		SIEDLCE	POL	K 40	192	K 563		00:17:37	00:38:07.90	00:41:18.65	7:37	7.9
193	PIOTROWSKA-KRZAK ELA	1082		WARSZAWA	POL	K 40	193	K 564		00:17:30	00:38:15.65	00:40:23.80	7:39	7.8
194	SZCZEPLEK MARTA	1387	KOTLET POWER TEAM	WARSZAWA	POL	K 40	194	K 565		00:17:30	00:38:33.85	00:42:05.35	7:42	7.8
195	URBANIAK ELŻBIETA	1493		WARSZAWA	POL	K 40	195	K 567		00:17:37	00:38:38.90	00:41:45.55	7:43	7.8
196	ŁUCEWICZ-NAPAŁKOW MARYJA	1849		WARSZAWA	POL	K 40	196	K 570		00:17:45	00:39:24.25	00:42:41.60	7:52	7.6
197	ZIMNY MARIA	1655		WARSZAWA	POL	K 40	197	K 571		00:18:24	00:39:38.05	00:42:51.00	7:55	7.6
198	KARPIŃSKA NINA	844		WARSZAWA	POL	K 40	198	K 572		00:17:45	00:39:52.75	00:42:28.35	7:58	7.5
199	NOWAKOWSKA ANNA	968		WARSZAWA	POL	K 40	199	K 577		00:18:21	00:40:41.95	00:43:53.50	8:08	7.4
200	REMISIEWICZ MAŁGORZATA	1180		WARSZAWA	POL	K 40	200	K 578		00:17:40	00:41:03.95	00:43:03.50	8:12	7.3
201	JĘDRAS KATARZYNA	491		WARSZAWA	POL	K 40	201	K 579		00:18:55	00:41:28.35	00:44:39.10	8:17	7.2
202	SKOLIMOWSKA AGNIESZKA	1274		KAJETANY	POL	K 40	202	K 580		00:18:45	00:41:40.30	00:44:58.75	8:20	7.2
203	TRYLSKA ELIZA	1471		KAJETANY	POL	K 40	203	K 581		00:18:46	00:41:41.00	00:44:59.10	8:20	7.2
204	STANASZEK ANNA	1943		CHOJNÓW	POL	K 40	204	K 583		00:21:36	00:41:58.35	00:45:26.70	8:23	7.1
205	STANIAK KATARZYNA	1331		BOLIMÓW	POL	K 40	205	K 591		00:22:44			9:05	6.6

BIEG URSYNOWA, M 40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	NOŻYŃSKI DARIUSZ	76	SZYBKIEBIEGANIE.PL	WARSZAWA	POL	M 40	1	M 13		00:07:19	00:15:32.25	00:15:34.20	3:06	19.3
2	GOŁASZEWSKI MICHAŁ	378	TEAM KOPEĆ	LEGIONOWO	POL	M 40	2	M 21	TEAM KOPEĆ	00:07:37	00:16:23.15	00:16:39.30	3:16	18.3
3	STACHOWIAK MACIEJ	68		WARSZAWA	POL	M 40	3	M 26		00:16:49.95	00:17:09.90	00:17:09.90	3:21	17.8
4	KORZENIOWSKI DARIUSZ	652	ACCELERATING POLAND	WARSZAWA	POL	M 40	4	M 29	ACCELERATING POLAND	00:08:05	00:17:08.20	00:17:12.40	3:25	17.5
5	DŁUGOSZ JACEK	239		KIELCE	POL	M 40	5	M 41		00:07:59	00:17:30.25	00:17:32.90	3:30	17.1
6	WITUSOWSKI PIOTR	1555	VEGE RUNNERS	WARSZAWA	POL	M 40	6	M 44	VEGE RUNNERS URSYNÓW	00:08:15	00:17:30.55	00:17:35.35	3:30	17.1
7	ZYCH MARIUSZ	1659	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 40	7	M 45	BIEGAJ POD OKIEM TRENERA	00:07:58	00:17:32.95	00:17:37.40	3:30	17.1
8	STANKOWSKI RAFAŁ	1334	SZURAMSOBIE UNIA HRUBIECZÓW	OŻARÓW MAZOWIECKI	POL	M 40	8	M 52		00:08:15	00:17:43.00	00:17:48.00	3:32	16.9
9	TOMCZYK PIOTR	1454		WARSZAWA	POL	M 40	9	M 62		00:08:08	00:17:43.50	00:18:01.50	3:32	16.9
10	PRIMIK MAREK	1119	VEGE RUNNERS	WARSZAWA	POL	M 40	10	M 56	VEGE RUNNERS URSYNÓW	00:08:18	00:17:51.45	00:17:55.80	3:34	16.8
11	WOJCIECHOWSKI SEBASTIAN	6	VEGE RUNNERS	WARSZAWA	POL	M 40	11	M 60	VEGE RUNNERS URSYNÓW	00:08:27	00:17:55.40	00:17:59.75	3:35	16.7
12	ORZEŁ MICHAŁ	1007	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40	12	M 63	ADIDAS RUNNERS WARSAW	00:08:35	00:17:56.10	00:18:03.35	3:35	16.7
13	WASIEWICZ ADAM	1509	NIE MÓJ CYRK, MOJE MAŁPY	WARSZAWA	POL	M 40	13	M 82		00:08:22	00:18:04.30	00:18:26.60	3:36	16.6
14	MOKRZAŃSKI MICHAŁ	920	WARSZAWIAKY	WARSZAWA	POL	M 40	14	M 70		00:08:35	00:18:05.70	00:18:12.05	3:37	16.6
15	WYSOKIŃSKI KONRAD	2132	RUN INTO THE WILD / BARUNOWCE	PIASECZNO	POL	M 40	15	M 79	BARUNOWCE	00:08:24	00:18:06.15	00:18:25.15	3:37	16.6
16	SALAK MICHAŁ	1716	PKO BP	WARSZAWA	POL	M 40	16	M 71		00:08:34	00:18:07.25	00:18:14.70	3:37	16.6
17	WYSOCKI MICHAŁ	1599	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 40	17	M 77	ŁÓDŹ KOCHA SPORT	00:08:34	00:18:14.45	00:18:23.10	3:38	16.5
18	KAMIŃSKI PAWEŁ	541	PASSION FIRST	WARSZAWA	POL	M 40	18	M 78	ADIDAS RUNNERS WARSAW	00:08:37	00:18:15.30	00:18:23.35	3:39	16.4

BIEG URSYNOWA, M 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
19	BURDACH DARIUSZ	138	JACK TEAM/TEAM PARCZYŃSKICH	WARSZAWA	POL	M 40	19	M 76		00:08:40	00:18:16.20	00:18:22.40	3:39	16.4
20	TRONIARZ PAWEŁ	1466	T&T BRO	RASZYN	POL	M 40	20	M 81		00:08:34	00:18:17.40	00:18:26.05	3:39	16.4
21	ZASĘPA SEBASTIAN	1629	TEAM ZABIEGANEDNI	JOZEFOSLAW	POL	M 40	21	M 87	TEAM ZABIEGANEDNI #1	00:08:26	00:18:25.05	00:18:29.60	3:41	16.3
22	PAGACZ BARTOSZ	1026		WARSZAWA	POL	M 40	22	M 95		00:08:39	00:18:28.95	00:18:57.05	3:41	16.2
23	NOWAK MARCIN	973		WARSZAWA	POL	M 40	23	M 90		00:08:47	00:18:29.30	00:18:42.30	3:41	16.2
24	GAJEK IRENEUSZ	332	ASFALTOVE DZIKI	CIECHANÓW	POL	M 40	24	M 92		00:08:47	00:18:30.55	00:18:43.55	3:42	16.2
25	KOZŁOWSKI WŁODZIMIERZ	1721	KS START PUŁASKI	SUŁKOWICE	POL	M 40	25	M 98		00:08:47	00:18:33.00	00:18:45.20	3:42	16.2
26	WOJTASIAK TOMASZ	1694	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 40	26	M 101	LIPIEC RUNNING TEAM	00:08:35	00:18:37.55	00:19:01.20	3:43	16.1
27	SZEWczyk RAFAŁ	1393	CWCR/DEPARTAMENT BIEGÓW	OLSZTYN	POL	M 40	27	M 103	CWCR/DEPARTAMENT BIEGÓW	00:08:35	00:18:38.85	00:18:46.65	3:43	16.1
28	LACIAK MARCIN	1684	BARUNOWCE	WARSZAWA	POL	M 40	28	M 104		00:08:43	00:18:40.25	00:18:49.10	3:44	16.1
29	JAMBOR MICHAŁ	458	ŻÓRAWSKI TEAM	WARSZAWA	POL	M 40	29	M 107	ŻÓRAWSKI TEAM		00:18:42.15	00:18:58.65	3:44	16
30	ŻURAWSKI SŁAWOMIR	1672	BARUNOWCE	WARSZAWA	POL	M 40	30	M 109		00:08:53	00:18:44.05	00:18:57.90	3:44	16
31	MAKULEC MARCIN	832	SANTANDER RUNNING CLUB	WARSZAWA	POL	M 40	31	M 113		00:08:48	00:18:45.45	00:18:56.45	3:45	16
32	LEWDOROWICZ WOJCIECH	779	SAM SOBIE KLUBEM	KADY	POL	M 40	32	M 118		00:08:23	00:18:50.35	00:19:15.55	3:46	15.9
33	RUSZNIK PIOTR	1209	LIPIEC RUNNING TEAM	PIASECZNO	POL	M 40	33	M 123	LIPIEC RUNNING TEAM	00:08:59	00:18:56.60	00:19:03.45	3:47	15.8
34	GÓRECKI RAFAŁ	388		LESZNO	POL	M 40	34	M 124	ADIDAS RUNNERS WARSAW	00:08:43	00:18:56.90	00:19:07.40	3:47	15.8
35	OCHMAN MICHAŁ	981	BEC POLAND	WARSZAWA	POL	M 40	35	M 128		00:09:03	00:19:02.50	00:19:41.45	3:48	15.8
36	ZHENG HAISHAN	1647	TARCZYN	TARCZYN	POL	M 40	36	M 129		00:08:59	00:19:03.05	00:19:35.75	3:48	15.7
37	TELEON PIOTR	1441	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M 40	37	M 130	JACEKBIEGA RUNNING TEAM	00:08:46	00:19:03.75	00:19:17.65	3:48	15.7
38	DUDELA ADRIAN	1778	KAZIKI	WARSZAWA	POL	M 40	38	M 134	KAZIKI	00:08:42	00:19:08.05	00:19:34.85	3:49	15.7
39	ŚWIĘCICKI TOMASZ	1434	ACCELERATING POLAND	WARSZAWA	POL	M 40	39	M 136	ACCELERATING POLAND	00:08:27	00:19:10.30	00:19:29.20	3:50	15.7
40	KOBUSZEWSKI ARTUR	611	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	40	M 142	BIEGOWY WARIAT RUNNING TEAM	00:08:47	00:19:15.35	00:19:40.85	3:51	15.6
41	SZYMAŃSKI BARTŁOMIEJ	1419	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40	41	M 143	ADIDAS RUNNERS WARSAW	00:09:10	00:19:15.90	00:19:30.95	3:51	15.6
42	PIKUS PRZEMEK	1074	LIPIEC RUNNING TEAM	BABICE NOWE	POL	M 40	42	M 144	LIPIEC RUNNING TEAM	00:08:50	00:19:15.95	00:19:24.30	3:51	15.6
43	ZDEB PRZEMEK	1642	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40	43	M 147	ADIDAS RUNNERS WARSAW	00:09:03	00:19:18.90	00:19:33.55	3:51	15.5
44	SYGULA MATEUSZ	1372	KOLARSKI.EU TEAM	MICHAŁOWICE	POL	M 40	44	M 148		00:08:38	00:19:20.70	00:19:23.00	3:52	15.5
45	SZYMAŃSKI HUBERT	1415	BIEGOWY WARIAT RUNNING TEAM	ŁOMIANKI	POL	M 40	45	M 149	BIEGOWY WARIAT RUNNING TEAM	00:09:14	00:19:22.10	00:19:44.50	3:52	15.5
46	SOFUL TOMASZ	1308		WARSZAWA	POL	M 40	46	M 156		00:09:00	00:19:25.75	00:19:32.40	3:53	15.5
47	RYDZ-MOŚCICKI ROBERT	1221		WARSZAWA	POL	M 40	47	M 157		00:09:08	00:19:25.80	00:19:29.75	3:53	15.5
48	STAEVEN KRZYSZTOF	1326	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	48	M 160	TEAM ZABIEGANEDNI #2	00:09:10	00:19:27.00	00:20:05.45	3:53	15.4
49	SŁAWIŃSKI PIOTR	1286		WARSZAWA	POL	M 40	49	M 162		00:08:57	00:19:29.20	00:20:12.50	3:53	15.4
50	CIESIELSKI MARCIN	1760	WARSAW RUN CLUB	SKIERNIEWICE	POL	M 40	50	M 163	WARSAW RUN CLUB	00:09:23	00:19:30.15	00:19:47.65	3:54	15.4
51	WOŁOSEWICZ KAMIL	1578	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	51	M 170	TEAM ZABIEGANEDNI	00:09:22	00:19:34.95	00:19:50.70	3:54	15.3
52	SZTYLKO MICHAŁ	1401		WARSZAWA	POL	M 40	52	M 173		00:09:15	00:19:37.10	00:20:19.30	3:55	15.3
53	BARTOSZEK KONRAD	56		WARSZAWA	POL	M 40	53	M 174	ADIDAS RUNNERS WARSAW	00:09:25	00:19:37.15	00:19:55.70	3:55	15.3
54	JASIŃSKI ŁUKASZ	476		ZŁOTOKŁOS	POL	M 40	54	M 175		00:09:29	00:19:37.15	00:19:55.15	3:55	15.3
55	SOBCZAK GRZEGORZ	1300		ŁOMIANKI	POL	M 40	55	M 176		00:09:25	00:19:37.40	00:19:55.50	3:55	15.3
56	STĘPIEŃ ANDRZEJ	1078	EXOTEAM	WARSZAWA	POL	M 40	56	M 178	EXOTEAM	00:08:56	00:19:39.05	00:20:11.05	3:55	15.3
57	KOŁODZIEJSKI MICHAŁ	621	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 40	57	M 187	LIPIEC RUNNING TEAM	00:09:21	00:19:44.95	00:19:54.60	3:56	15.2
58	WOLSKI KRZYSZTOF	1576		WARSZAWA	POL	M 40	58	M 190		00:09:05	00:19:45.45	00:20:25.30	3:57	15.2
59	WIERZCHOŁOWSKI MARCIN	1529		WARSZAWA	POL	M 40	59	M 192		00:09:24	00:19:46.05	00:20:09.80	3:57	15.2
60	PISKAŁA DANIEL	1731	POWER TRAINING	WARSZAWA	POL	M 40	60	M 193		00:09:17	00:19:46.40	00:20:06.35	3:57	15.2
61	ANDERS DANIEL	23		MYSIADŁO	POL	M 40	61	M 194		00:09:06	00:19:47.50	00:19:56.15	3:57	15.2
62	STROJKOWSKI BARTOSZ	1352	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 40	62	M 195	ŁÓDŹ KOCHA SPORT	00:08:51	00:19:47.60	00:20:21.80	3:57	15.2
63	ŁUKOMSKI JANUSZ	809	PKO BANK POLSKI	WARSZAWA	POL	M 40	63	M 198		00:09:24	00:19:48.95	00:20:05.75	3:57	15.2
64	SZYMAŃSKI ANDRZEJ	1417		WARSZAWA	POL	M 40	64	M 200		00:09:24	00:19:51.10	00:20:10.75	3:58	15.1

BIEG URSYNOWA, M 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
65	KAWAŁOWSKI MARCIN	564		PRUSZKÓW	POL	M 40	65	M 202		00:09:26	00:19:51.25	00:20:15.50	3:58	15.1
66	GAŁĄŻKA TOMASZ	1787		BŁONIE	POL	M 40	66	M 203		00:09:12	00:19:51.45	00:20:15.20	3:58	15.1
67	FABISIAK MARCIN	291	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	67	M 206	TEAM ZABIEGANEDNI #4	00:09:24	00:19:53.40	00:20:10.80	3:58	15.1
68	BISOWSKI MARIUSZ	87	MARUDY Z KOBYŁKI	KOBYŁKA	POL	M 40	68	M 210	MARUDY Z KOBYŁKI	00:09:29	00:19:55.95	00:20:13.90	3:59	15.1
69	SMOLIŃSKI MICHAŁ	1295		WARSZAWA	POL	M 40	69	M 211		00:09:20	00:19:57.55	00:20:16.35	3:59	15
70	MAŁEK ŁUKASZ	842	KARDIOLOGSPORTOWY.PL	WARSZAWA	POL	M 40	70	M 213		00:09:21	00:19:58.75	00:20:23.70	3:59	15
71	MIKA JAROSŁAW	1861	KONDYCJA PIASECZNO	PIASECZNO	POL	M 40	71	M 214		00:09:22	00:19:59.85	00:20:21.10	3:59	15
72	PEKAŁSKI MAREK	1054	TRIZARZA	WARSZAWA	POL	M 40	72	M 215		00:09:14	00:19:59.95	00:20:28.90	3:59	15
73	MACIEJCZYK PIOTR	816	MCSP	WARSZAWA	POL	M 40	73	M 219		00:09:04	00:20:02.85	00:20:19.75	4:00	15
74	PIKUL PIOTR	1073		WARSZAWA	POL	M 40	74	M 220		00:09:26	00:20:04.95	00:20:22.00	4:00	15
75	RYBAK ADAM	1923	KONDYCJA PIASECZNO	USTANÓW	POL	M 40	75	M 223		00:09:21	00:20:05.90	00:20:27.15	4:01	14.9
76	PRZEWOZNIAK JAN	1136		WARSZAWA	POL	M 40	76	M 225		00:09:20	00:20:06.65	00:20:28.50	4:01	14.9
77	ULICZNY PAWEŁ	1487	REMBERTÓW TEAM	WARSZAWA	POL	M 40	77	M 226	REMBERTÓW TEAM	00:09:26	00:20:08.50	00:20:26.85	4:01	14.9
78	KRAWCZYŃSKI PRZEMYSŁAW	808		WARSZAWA	POL	M 40	78	M 230		00:09:13	00:20:11.75	00:20:55.75	4:02	14.9
79	MANCZENKO EUGENIUSZ	848	MARKOWI BIEGACZE	WARSZAWA	POL	M 40	79	M 232	MARKOWI BIEGACZE	00:09:25	00:20:13.60	00:20:30.80	4:02	14.8
80	MACIOŁEK DAREK	818	BNP PARIBAS RUNNING TEAM	SEKOCIN STARY	POL	M 40	80	M 236	BNP PARIBAS RUNNING TEAM	00:09:12	00:20:18.65	00:20:56.20	4:03	14.8
81	ZUBRZYCKI JANUSZ	1658	OLDSKULL	LASKI	POL	M 40	81	M 237		00:09:23	00:20:18.75	00:20:38.10	4:03	14.8
82	MULAK MICHAŁ	936	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	82	M 238	TEAM ZABIEGANEDNI #3	00:09:34	00:20:20.50	00:21:08.30	4:04	14.8
83	MARCZUK ROBERT	857		ZIELONKA	POL	M 40	83	M 239		00:09:15	00:20:22.55	00:20:57.50	4:04	14.7
84	LETKOWSKI DARIUSZ	776	GAPMONT RUNNING TEAM	WARSZAWA	POL	M 40	84	M 240		00:09:25	00:20:23.05	00:20:37.10	4:04	14.7
85	NURZYŃSKI MARCIN	978	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	85	M 241	TEAM ZABIEGANEDNI #2	00:09:27	00:20:23.40	00:20:38.50	4:04	14.7
86	LACHOWSKI TOMASZ	757		WARSZAWA	POL	M 40	86	M 244		00:09:29	00:20:26.60	00:20:41.45	4:05	14.7
87	ŻURAWSKI MARCIN	1673	ADIDAS RUNNERS WARSAW/ DRUŻYNABLONDYNA	WARSZAWA	POL	M 40	87	M 245	ADIDAS RUNNERS WARSAW	00:09:21	00:20:27.10	00:21:08.00	4:05	14.7
88	RUZIK RAFAŁ	1920	RURA TEAM	WARSZAWA	POL	M 40	88	M 250		00:09:48	00:20:31.05	00:21:01.80	4:06	14.6
89	ZAROŃ BARTŁOMIEJ	2129	AMT...	WARSZAWA	POL	M 40	89	M 257		00:09:23	00:20:34.10	00:21:23.65	4:06	14.6
90	KUZIEMSKI MARCIN	748		WARSZAWA	POL	M 40	90	M 259		00:09:26	00:20:36.60	00:20:58.25	4:07	14.6
91	BUDNICKI MICHAŁ	126		WARSZAWA	POL	M 40	91	M 265		00:09:26	00:20:38.50	00:20:56.50	4:07	14.5
92	SOKOŁOWSKI KONRAD	1312	WPRUNNING	NOWA WIEŚ	POL	M 40	92	M 266		00:09:48	00:20:38.95	00:21:15.60	4:07	14.5
93	LEWIŃSKI BARTŁOMIEJ	780	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	93	M 272	TEAM ZABIEGANEDNI	00:09:26	00:20:43.00	00:20:59.80	4:08	14.5
94	KURIATA KAMIL	745		WARSZAWA	POL	M 40	94	M 279		00:09:36	00:20:46.20	00:21:33.50	4:09	14.4
95	TROŃSKI JACEK	1463	BIKE SALON TEAM	WARSZAWA	POL	M 40	95	M 280		00:09:55	00:20:47.95	00:21:17.90	4:09	14.4
96	BARAŃSKI PIOTR	50		JÓZEFOSŁAW	POL	M 40	96	M 284		00:09:40	00:20:50.20	00:21:10.55	4:10	14.4
97	FELIGA MARIUSZ	299		GRANICE	POL	M 40	97	M 285		00:09:31	00:20:50.70	00:21:33.20	4:10	14.4
98	PAZDAN MATEUSZ	1049		WARSZAWA	POL	M 40	98	M 286		00:09:43	00:20:50.80	00:21:06.00	4:10	14.4
99	GRYZ JACEK	417	SUNFIT STUDIO	NOWY DWÓR MAZOWIECKI	POL	M 40	99	M 293		00:09:54	00:20:55.25	00:21:28.35	4:11	14.3
100	GOŁĘBIEWSKI ŁUKASZ	380		WARSZAWA	POL	M 40	100	M 295		00:09:37	00:20:56.50	00:21:11.70	4:11	14.3
101	GÓRCZYŃSKI MICHAŁ	387	KSSTASZEWSKY	WARSZAWA	POL	M 40	101	M 296	KS STASZEWSKY	00:09:36	00:20:56.80	00:21:19.80	4:11	14.3
102	TRONIAK MARCIN	1465		RASZYN	POL	M 40	102	M 298		00:09:57	00:20:58.60	00:21:37.05	4:11	14.3
103	GRUBKA MARCIN	2142		-	POL	M 40	103	M 299		00:10:08	00:20:58.60	00:21:32.75	4:11	14.3
104	URBANIAK ROBERT	1494	ORANGE POLSKA	WARSZAWA	POL	M 40	104	M 300		00:09:24	00:20:59.85	00:21:19.80	4:11	14.3
105	ŁATKOWSKI ŁUKASZ	797	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	M 40	105	M 302		00:10:01	00:21:01.10	00:22:08.20	4:12	14.3
106	SZORTYKA MARCIN	1396		WARSZAWA	POL	M 40	106	M 306		00:09:34	00:21:03.65	00:21:28.20	4:12	14.3
107	ADAMCZYK PRZEMYSŁAW	12	ADIDAS RUNNERS WARSAW / RYKOWISKO TEAM	WARSZAWA	POL	M 40	107	M 309	ADIDAS RUNNERS WARSAW	00:10:11	00:21:06.90	00:22:09.20	4:13	14.2
108	PRUCHNIEWSKI SŁAWOMIR	1128	WP	WARSZAWA	POL	M 40	108	M 311		00:09:55	00:21:08.80	00:21:33.75	4:13	14.2
109	KOWALSKI JAROSŁAW	680		PAPROTANIA	POL	M 40	109	M 313		00:09:49	00:21:09.05	00:21:33.20	4:13	14.2
110	BIELIŃSKI ŁUKASZ	75		WARSZAWA	POL	M 40	110	M 317		00:09:33	00:21:10.60	00:22:04.35	4:14	14.2
111	GOLI LESZEK	374	MOVADO RUNNERS	WARSZAWA	POL	M 40	111	M 321		00:10:02	00:21:11.95	00:22:17.95	4:14	14.2
112	NIEMCZYK DAMIAN	1717	DREAM RUN	WARSZAWA	POL	M 40	112	M 327		00:09:33	00:21:16.35	00:21:41.05	4:15	14.1
113	OSIAŁ MARIUSZ	1010	KB IM. PIOTRA SEKOWSKIEGO	PŁOŃSK	POL	M 40	113	M 336		00:09:51	00:21:20.50	00:21:52.10	4:16	14.1
114	MOTYKA PIOTR	930	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	114	M 339	GÓRA BIEGA	00:10:12	00:21:21.85	00:21:54.80	4:16	14.1
115	FIRAZDA MICHAŁ	311		KROŚNIEWICE	POL	M 40	115	M 341		00:09:55	00:21:22.20	00:21:51.35	4:16	14

BIEG URSYNOWA, M 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
116	SKUBISZEWSKI PIOTR	1935		WARSZAWA	POL	M 40	116	M 345		00:10:01	00:21:22.90	00:22:22.65	4:16	14
117	FILOCHOWSKI DANIEL	310	BIEGOWY WARIAT RUNNING TEAM	PRUSZKÓW	POL	M 40	117	M 348	BIEGOWY WARIAT RUNNING TEAM	00:10:06	00:21:24.75	00:22:26.75	4:16	14
118	WIŚNIEWSKI MACIEK	1550		WARSZAWA	POL	M 40	118	M 351		00:09:59	00:21:26.50	00:22:16.80	4:17	14
119	SYLWESTROWICZ WOJCIECH	1952	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M 40	119	M 352	ŁÓDŹ KOCHA SPORT	00:10:00	00:21:26.85	00:21:58.80	4:17	14
120	IWANIUK TOMASZ	443	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M 40	120	M 355		00:10:03	00:21:27.80	00:21:57.40	4:17	14
121	KOPEĆ TOMASZ	1821		WARSZAWA	POL	M 40	121	M 357		00:10:16	00:21:28.35	00:22:20.25	4:17	14
122	STRZELECKI PIOTR	1360		WARSZAWA	POL	M 40	122	M 358		00:09:59	00:21:28.45	00:21:57.90	4:17	14
123	PRZYWARA MICHAŁ	1141		WARSZAWA	POL	M 40	123	M 362		00:10:12	00:21:30.10	00:21:39.85	4:18	14
124	CHMIELEWSKI MACIEJ	162		WARSZAWA	POL	M 40	124	M 364		00:10:30	00:21:31.40	00:22:15.75	4:18	13.9
125	MACHOŃ PAWEŁ	814	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	125	M 370	GRUPA BIEGOWA UM W-WA	00:10:26	00:21:35.95	00:22:12.00	4:19	13.9
126	RUDNIK MARCIN	1205		WARSZAWA	POL	M 40	126	M 371		00:10:11	00:21:38.20	00:22:06.00	4:19	13.9
127	ZENTARA ZBIGNIEW	1644		WARSZAWA	POL	M 40	127	M 374		00:09:27	00:21:40.00	00:22:00.30	4:20	13.8
128	RAKOMSIN YURY	1912		WARSZAWA	POL	M 40	128	M 375		00:09:55	00:21:40.20	00:22:09.15	4:20	13.8
129	WNUK TOMASZ	1563		WARSZAWA	POL	M 40	129	M 378		00:10:11	00:21:41.60	00:22:43.55	4:20	13.8
130	TROJDAN SEBASTIAN	1464	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	130	M 385	TEAM ZABIEGANEDNI	00:10:19	00:21:49.20	00:22:24.75	4:21	13.8
131	PIASECKI TOMASZ	1056		WARSZAWA	POL	M 40	131	M 387		00:10:08	00:21:51.60	00:22:41.40	4:22	13.7
132	DRAGAN RADOSŁAW	257		WARSZAWA	POL	M 40	132	M 388		00:10:15	00:21:51.90	00:22:17.20	4:22	13.7
133	KOŁOSOWSKI PIOTR	1818		WARSZAWA	POL	M 40	133	M 391		00:10:29	00:21:53.50	00:22:38.00	4:22	13.7
134	CIOK PRZEMEK	190	KS STASZEWSKY	WARSZAWA	POL	M 40	134	M 393	KS STASZEWSKY	00:10:00	00:21:54.45	00:22:06.30	4:22	13.7
135	SAPIGÓRSKI RAFAŁ	1233		WARSZAWA	POL	M 40	135	M 395		00:10:40	00:21:55.85	00:22:59.10	4:23	13.7
136	PILNIAK MARIUSZ	1077	AKTYWNA WARSZAWA	WARSZAWA	POL	M 40	136	M 396	AKTYWNA WARSZAWA	00:10:29	00:21:56.00	00:22:40.85	4:23	13.7
137	STRZYŻEWSKI ARKADIUSZ	1361	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	137	M 399		00:10:12	00:21:56.85	00:23:04.85	4:23	13.7
138	GRZYWACZ MARCIN	421		WARSZAWA	POL	M 40	138	M 400		00:10:30	00:21:57.90	00:22:35.50	4:23	13.7
139	KUCIŃSKI HUBERT	728	ONSLOW - SEKCIJA DZIADKÓW	WARSZAWA	POL	M 40	139	M 401		00:10:11	00:21:58.00	00:23:09.10	4:23	13.7
140	RUTKOWSKI MICHAŁ	1211		WARSZAWA	POL	M 40	140	M 403		00:10:15	00:21:59.40	00:23:03.45	4:23	13.6
141	WITKOWSKI MICHAŁ	16		WARSZAWA	POL	M 40	141	M 408		00:10:06	00:22:02.50	00:22:33.55	4:24	13.6
142	BUCZKOWSKI PIOTR	121		WARSZAWA	POL	M 40	142	M 409		00:10:16	00:22:02.55	00:22:30.45	4:24	13.6
143	BOROVKOV SERGIJ	101	ADIDAS RANNERS WARSZAW	WARSZAWA	POL	M 40	143	M 413	ADIDAS RUNNERS WARSAW	00:10:11	00:22:05.90	00:22:37.80	4:25	13.6
144	WRÓBLEWSKI JACEK	1592		JÓZEFÓW	POL	M 40	144	M 416		00:10:30	00:22:08.95	00:22:53.20	4:25	13.6
145	WITKOWSKI MICHAŁ	1554		JÓZEFÓW	POL	M 40	145	M 417		00:10:31	00:22:09.40	00:22:53.05	4:25	13.5
146	SOŁOWIOW MARCIN	1317	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	146	M 421	BIEGOWY WARIAT RUNNING TEAM	00:10:05	00:22:13.55	00:22:36.15	4:26	13.5
147	KOWALSKI MARIUSZ	678		WARSZAWA	POL	M 40	147	M 428		00:10:46	00:22:18.95	00:24:00.35	4:27	13.5
148	SZAFRAN MARIUSZ	1378		BRWINÓW	POL	M 40	148	M 429		00:10:45	00:22:19.45	00:23:38.80	4:27	13.4
149	PASIŃSKI DANIEL	1038	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	149	M 430	GRUPA BIEGOWA UM W-WA	00:10:50	00:22:19.60	00:23:25.90	4:27	13.4
150	MNICH ZBIGNIEW	1865		LIPOWO	POL	M 40	150	M 431		00:10:05	00:22:20.00	00:22:50.35	4:28	13.4
151	ŻEBROWSKI DARIUSZ	1665		WARSZAWA	POL	M 40	151	M 439		00:10:26	00:22:25.70	00:23:12.70	4:29	13.4
152	KOWALSKI MATEUSZ	675		KONSTANCIN-JEZIORNA	POL	M 40	152	M 444		00:10:36	00:22:27.15	00:23:14.35	4:29	13.4
153	CISOŃ DOMINIK	192		JÓZEFOSŁAW	POL	M 40	153	M 446		00:10:23	00:22:29.10	00:23:27.40	4:29	13.3
154	KUCHTA PAWEŁ	725		MACIEJOWICE	POL	M 40	154	M 450		00:22:30.10	00:23:16.05	00:23:16.05	4:30	13.3
155	KASZA MARCIN	560	GALOPUJĄCY ŻÓŁW	BUSKO ZDRÓJ	POL	M 40	155	M 455		00:10:55	00:22:32.80	00:23:29.80	4:30	13.3
156	WIĘCZKOWSKI WOJCIECH	1537		WARSZAWA	POL	M 40	156	M 458		00:10:43	00:22:33.90	00:23:52.75	4:30	13.3
157	CZERNIEWSKI MAREK	1769		WARSZAWA	POL	M 40	157	M 461		00:10:39	00:22:36.00	00:23:50.30	4:31	13.3
158	SZCZEPANIAK PAWEŁ	1386	SPORTOHOLIK	PIASECZNO	POL	M 40	158	M 466		00:10:12	00:22:39.20	00:23:46.50	4:31	13.2
159	WITON TOMASZ	1990	BIEGANIE POD SOKOLIM OKIEM	WARSZAWA	POL	M 40	159	M 467		00:10:35	00:22:40.45	00:23:31.10	4:32	13.2
160	MAGNUSKI PIOTR	825		WARSZAWA	POL	M 40	160	M 468		00:10:20	00:22:40.85	00:23:10.30	4:32	13.2
161	MATYSZCZAK KRZYSZTOF	883	KENKO	WARSZAWA	POL	M 40	161	M 472	KENKO	00:10:55	00:22:42.75	00:23:51.05	4:32	13.2
162	SOBIESZEK PIOTR	1301		WARSZAWA	POL	M 40	162	M 479		00:10:44	00:22:44.40	00:23:34.40	4:32	13.2
163	JAROSIŃSKI ŁUKASZ	472	TAŃCZĄCE MUCHOMORKI	KRZEWINA	POL	M 40	163	M 486		00:10:21	00:22:46.70	00:23:44.20	4:33	13.2
164	SKIERCZYŃSKI GRZEGORZ	1273		WARSZAWA	POL	M 40	164	M 487		00:11:00	00:22:47.00	00:23:42.50	4:33	13.2
165	KOPER SEBASTIAN	634	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M 40	165	M 489		00:10:25	00:22:47.50	00:23:09.30	4:33	13.2
166	KOŁDRA ROBERT	618		PNIEWY	POL	M 40	166	M 490		00:10:33	00:22:50.70	00:24:02.80	4:34	13.1
167	GRYSZPANOWICZ SEBASTIAN	416		WARSZAWA	POL	M 40	167	M 495		00:10:20	00:22:53.90	00:23:17.20	4:34	13.1

BIEG URSYNOWA, M 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
168	GAÁL DANIEL	323		WARSZAWA	POL	M 40	168	M 496		00:11:09	00:22:54.00	00:23:53.40	4:34	13.1
169	DĘBSKI ANDRZEJ	235		BIĄŁYSTOK	POL	M 40	169	M 501		00:10:38	00:22:56.20	00:24:04.80	4:35	13.1
170	ZAPOROWSKI MARCIN	1623		WARSZAWA	POL	M 40	170	M 503	ADIDAS RUNNERS WARSAW	00:10:49	00:22:56.85	00:23:26.60	4:35	13.1
171	STANISZEWSKI RAFAŁ	1332	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 40	171	M 504	BIEGAJ POD OKIEM TRENERA	00:10:51	00:22:57.10	00:23:27.85	4:35	13.1
172	ROMANOWSKI NORBERT	1192	BRAK	JÓZEFÓW	POL	M 40	172	M 507		00:10:32	00:22:59.25	00:23:45.05	4:35	13.1
173	FORNALIK ADAM	1783	WITC	WARSZAWA	POL	M 40	173	M 508		00:10:22	00:22:59.85	00:24:07.30	4:35	13.1
174	RÓŻYCKI KRZYSZTOF	1202	VEGE RUNNERS	WARSZAWA	POL	M 40	174	M 511	VEGE RUNNERS URSYNÓW	00:10:14	00:23:00.80	00:23:29.95	4:36	13
175	WITZKE ARTUR	1556		LEGIONOWO	POL	M 40	175	M 512		00:11:01	00:23:01.20	00:24:25.60	4:36	13
176	PAŃCZYK WOJTEK	1033	THE PAŃCZYX	WARSZAWA	POL	M 40	176	M 514		00:10:53	00:23:02.75	00:24:03.00	4:36	13
177	KOWALSKI PAWEŁ	677		WARSZAWA	GBR	M 40	177	M 515		00:10:46	00:23:03.20	00:23:31.55	4:36	13
178	ZALEWSKI RAFAL	1620	SEMP URSYNOW	WARSZAWA	POL	M 40	178	M 517	SEMP URSYNOW	00:10:41	00:23:05.95	00:24:37.40	4:37	13
179	JACKIEWICZ ADAM	449		WARSZAWA	POL	M 40	179	M 519		00:10:46	00:23:07.30	00:24:30.75	4:37	13
180	PAWLICKI TOMASZ	1046	VEGERUNNERS	WARSZAWA	POL	M 40	180	M 524	VEGE RUNNERS RESZTA ŚWIATA	00:11:02	00:23:12.05	00:24:24.50	4:38	12.9
181	ŚWIEŻAK PAWEŁ	1433		WARSZAWA	POL	M 40	181	M 525		00:10:43	00:23:12.70	00:24:28.35	4:38	12.9
182	CABAJ MAREK	144		WARSZAWA	POL	M 40	182	M 526		00:11:12	00:23:13.35	00:24:18.60	4:38	12.9
183	SZCZYPA GRZEGORZ	1391		WARSZAWA	POL	M 40	183	M 527	ROYAL GOLF CLUB WILANÓW	00:11:28	00:23:13.45	00:24:58.45	4:38	12.9
184	PONIATOWSKI KRZYSZTOF	1105	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	184	M 530	TEAM ZABIEGANEDNI #3	00:10:50	00:23:14.60	00:24:04.00	4:38	12.9
185	TEJEDA HÉCTOR	1440		WARSAW	POL	M 40	185	M 531		00:11:09	00:23:15.50	00:24:24.15	4:39	12.9
186	KARCZEWSKI PRZEMYSŁAW	544	TRICLUB	WARSZAWA	POL	M 40	186	M 532		00:10:56	00:23:17.35	00:24:09.75	4:39	12.9
187	CHODNIEWICZ MICHAŁ	164		WARSZAWA	POL	M 40	187	M 534		00:10:52	00:23:18.75	00:24:18.75	4:39	12.9
188	KĘPKA KRZYSZTOF	571	TRIWAWA	WARSZAWA	POL	M 40	188	M 536	TRIWAWA	00:11:20	00:23:19.30	00:24:39.30	4:39	12.9
189	RAFAŁKO GRZEGORZ	1161		WARSZAWA	POL	M 40	189	M 542		00:11:01	00:23:21.90	00:24:23.75	4:40	12.8
190	POGOCKI MACIEJ	1101		WARSZAWA	POL	M 40	190	M 554		00:11:21	00:23:29.10	00:24:53.20	4:41	12.8
191	BRĄGOSZEWSKI PAWEŁ	109		OTWOCK	POL	M 40	191	M 556		00:11:20	00:23:30.60	00:24:48.40	4:42	12.8
192	BEDNORZ LESZEK	64		WARSZAWA	POL	M 40	192	M 560		00:11:23	00:23:33.20	00:24:50.20	4:42	12.7
193	SKARZYŃSKI ADAM	1270	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	193	M 562		00:10:58	00:23:34.15	00:24:32.50	4:42	12.7
194	BELKIEWICZ RAFAŁ	2137	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	194	M 564	TEAM ZABIEGANEDNI	00:11:15	00:23:34.80	00:24:37.70	4:42	12.7
195	DREWNIK ROBERT	259	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M 40	195	M 565	BIEGNIJ Z PROSERVICE	00:10:47	00:23:35.20	00:24:24.00	4:43	12.7
196	JAŃCZAK MARIUSZ	469		WARSZAWA	POL	M 40	196	M 567		00:11:00	00:23:35.50	00:24:29.90	4:43	12.7
197	RATYŃSKI MICHAŁ	1164	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	197	M 573	BIEGOWY WARIAT RUNNING TEAM	00:10:43	00:23:38.90	00:25:14.00	4:43	12.7
198	PRUS MARCIN	1129		WARSZAWA	POL	M 40	198	M 575		00:11:09	00:23:39.40	00:25:10.25	4:43	12.7
199	ZAKRZEWSKI MICHAŁ	1615	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	M 40	199	M 576		00:11:08	00:23:39.50	00:24:29.50	4:43	12.7
200	CISZEWSKI GRZEGORZ	193		PIASECZNO	POL	M 40	200	M 582		00:11:36	00:23:42.90	00:25:06.80	4:44	12.7
201	SMOLIŃSKI KRZYSZTOF	1297		WARSZAWA	POL	M 40	201	M 585		00:10:40	00:23:45.90	00:24:34.65	4:45	12.6
202	DYRLA MARIUSZ	1782		WARSZAWA	POL	M 40	202	M 591		00:11:23	00:23:47.90	00:24:36.30	4:45	12.6
203	BUJNOWSKI RAFAŁ	132		WARSZAWA	POL	M 40	203	M 594		00:11:02	00:23:49.50	00:24:42.80	4:45	12.6
204	ANGEŁOW CHRISTIAN	24		WARSZAWA	POL	M 40	204	M 596		00:11:33	00:23:49.70	00:26:53.05	4:45	12.6
205	KOŁODZIEJSKI RAFAŁ	622		WARSZAWA	POL	M 40	205	M 608		00:11:20	00:24:01.80	00:25:04.65	4:48	12.5
206	ŁOZIŃSKI PIOTR	803	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M 40	206	M 611	BRACTWO BIEGOWE BGK	00:11:38	00:24:02.80	00:25:42.10	4:48	12.5
207	KULESZA MARCIN	736	QLESH RACING TEAM/WK_RW TEAM	WARSZAWA	POL	M 40	207	M 619		00:11:01	00:24:06.45	00:25:00.40	4:49	12.4
208	CZERWIŃSKI RADOŚLAW	209		WARSZAWA	POL	M 40	208	M 626		00:11:16	00:24:11.05	00:25:26.80	4:50	12.4
209	WOJTAL TOMASZ	1992		WARSZAWA	POL	M 40	209	M 628		00:11:31	00:24:12.10	00:24:57.65	4:50	12.4
210	GOCH DOMINIK	370		WARSZAWA	POL	M 40	210	M 630		00:11:28	00:24:13.25	00:25:51.35	4:50	12.4
211	ZIĘDALSKI REMIGIUSZ	1653		ZĄBKI	POL	M 40	211	M 634		00:11:48	00:24:14.85	00:25:07.30	4:50	12.4
212	PAPROWICZ WOJCIECH	1050	NOA	WARSZAWA	POL	M 40	212	M 636	CHŁOPAKI Z KEN	00:11:20	00:24:16.80	00:25:41.00	4:51	12.4
213	SMACHA ŁUKASZ	1291		WARSZAWA	POL	M 40	213	M 638		00:11:42	00:24:18.10	00:25:53.05	4:51	12.3
214	JUŚKO RAFAŁ	508	KTOŚ	OSTROWIEC ŚW	POL	M 40	214	M 639		00:11:38	00:24:19.45	00:25:18.25	4:51	12.3
215	CHRAPEK JANUSZ	1700	ROSSMANN	WARSZAWA	POL	M 40	215	M 641		00:11:25	00:24:19.95	00:26:09.55	4:51	12.3
216	GROCHOWSKI PAWEŁ	409	PZU SPORT TEAM	WARSZAWA	POL	M 40	216	M 642	PZU SPORT TEAM	00:10:54	00:24:20.00	00:25:21.10	4:52	12.3

BIEG URSYNOWA, M 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
217	BARYŁA KRZYSZTOF	2		WARSZAWA	POL	M 40	217	M 643		00:11:46	00:24:20.20	00:25:43.65	4:52	12.3
218	ROGOWSKI MICHAŁ	1917		WARSZAWA	POL	M 40	218	M 646		00:11:26	00:24:21.90	00:26:01.10	4:52	12.3
219	CHEŁMIŃSKI MACIEJ	157		WARSZAWA	POL	M 40	219	M 648		00:10:25	00:24:22.40	00:25:13.55	4:52	12.3
220	MARCZEWSKI MARCIN	855	RESILIA BEMOWO	WARSZAWA	POL	M 40	220	M 650		00:11:06	00:24:23.10	00:24:56.75	4:52	12.3
221	IWONIN JUREK	447		WARSZAWA	POL	M 40	221	M 653		00:11:25	00:24:24.55	00:25:41.55	4:52	12.3
222	DYLEWSKI TOMASZ	277		WARSZAWA	POL	M 40	222	M 660		00:11:07	00:24:29.80	00:25:19.75	4:53	12.3
223	ROSTKOWSKI BARTOSZ	1197		WARSZAWA	POL	M 40	223	M 664		00:11:39	00:24:31.00	00:26:08.10	4:54	12.2
224	KRAUZ PAWEŁ	690	KS STASZEWSKY / KPP W PIASECZNIK	ZAGOŚCINIEC	POL	M 40	224	M 665	KS STASZEWSKY	00:11:18	00:24:32.25	00:26:00.45	4:54	12.2
225	SARNOWSKI WOJCIECH	1234		WARSZAWA	POL	M 40	225	M 666		00:10:58	00:24:34.00	00:26:27.35	4:54	12.2
226	SZCZERBICKI RAFAŁ	1388	WARSAW RUN CLUB	WARSZAWA	POL	M 40	226	M 667	WARSAW RUN CLUB	00:11:44	00:24:34.55	00:25:54.65	4:54	12.2
227	BŁASZCZAK WOJCIECH	1747	CHWILAMOMENTTEAM	WARSZAWA	POL	M 40	227	M 672		00:12:00	00:24:35.80	00:25:53.35	4:55	12.2
228	WIETRZYCKI MARCIN	1596	REBELLION OF FREE RUNNERS	WARSZAWA	POL	M 40	228	M 677		00:11:00	00:24:39.85	00:25:38.55	4:55	12.2
229	RZEPECKI ŁUKASZ	1926		KONSTANCIN JEZIORNA	POL	M 40	229	M 678		00:11:47	00:24:41.45	00:26:10.60	4:56	12.2
230	WIKTOROWICZ TOMASZ	1987		WARSZAWA	POL	M 40	230	M 679		00:12:03	00:24:41.60	00:26:37.75	4:56	12.2
231	KORBA MICHAŁ	1822		WARSZAWA	POL	M 40	231	M 681		00:11:23	00:24:43.00	00:26:33.90	4:56	12.1
232	MYŚLIŃSKI ZDZIŚŁAW	945		WARSZAWA	POL	M 40	232	M 682		00:11:17	00:24:43.15	00:25:08.50	4:56	12.1
233	GÓRSKI ARKADIUSZ	394	GÓRA BIEGA	DOBIESZ	POL	M 40	233	M 686	GÓRA BIEGA	00:11:40	00:24:44.15	00:26:15.90	4:56	12.1
234	FILIPOWICZ ARKADIUSZ	308		MARKI	POL	M 40	234	M 688		00:11:18	00:24:44.65	00:25:24.80	4:56	12.1
235	KOWALCZYK ROBERT	665		W-WA	POL	M 40	235	M 689		00:11:44	00:24:44.95	00:25:41.45	4:56	12.1
236	TOMALAK MACIEJ	1450		WARSZAWA	POL	M 40	236	M 690		00:11:20	00:24:45.15	00:26:21.40	4:57	12.1
237	ŻUŁAWSKI MACIEJ	2135		WARSZAWA	POL	M 40	237	M 692		00:11:35	00:24:45.65	00:26:05.15	4:57	12.1
238	KOWALSKI TOMASZ	681	KB PACE WARSZAWA	WARSZAWA	POL	M 40	238	M 695	KB PACE WARSZAWA 2	00:12:17	00:24:48.85	00:26:29.40	4:57	12.1
239	TRZECIAKOWSKI PAWEŁ	1473		WARSZAWA	POL	M 40	239	M 696		00:11:48	00:24:49.35	00:26:18.45	4:57	12.1
240	RYBARCZYK ROBERT	1216	ORANGE POLSKA	WARSZAWA	POL	M 40	240	M 698		00:11:29	00:24:49.60	00:26:16.55	4:57	12.1
241	PIETRUSZEWSKI KRZYSZTOF	1069		WARSZAWA	POL	M 40	241	M 701		00:11:20	00:24:51.05	00:26:12.55	4:58	12.1
242	DERESZEWSKI PIOTR	231	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M 40	242	M 707		00:11:53	00:24:53.60	00:26:32.00	4:58	12.1
243	OSTROWSKI SŁAWOMIR	1014		WARSZAWA	POL	M 40	243	M 709		00:12:04	00:24:56.20	00:26:44.25	4:59	12
244	GIEZ MARCIN	358		WARSZAWA	POL	M 40	244	M 713		00:12:20	00:24:57.00	00:26:54.75	4:59	12
245	PLOCHOWSKI ARKADIUSZ	1095		KARCZEW	POL	M 40	245	M 715		00:11:28	00:24:59.00	00:26:01.05	4:59	12
246	SZADKOWSKI BŁAŻEJ	1377		WARSZAWA	POL	M 40	246	M 716		00:11:49	00:25:00.50	00:26:39.10	5:00	12
247	CIOSEK MARCIN	191		WARSZAWA	POL	M 40	247	M 717		00:11:54	00:25:01.55	00:26:25.45	5:00	12
248	KOPACZEL PAWEŁ	628	LEGIA RUN CLUB WARSZAWA	RYBNO	POL	M 40	248	M 723		00:11:47	00:25:05.75	00:25:50.20	5:01	12
249	CZUBASZEK KRZYSZTOF	212		WARSZAWA	POL	M 40	249	M 724		00:11:30	00:25:07.05	00:26:15.20	5:01	11.9
250	MALINOWSKI RADEK	838		WARSZAWA	POL	M 40	250	M 725		00:12:42	00:25:07.55	00:26:19.00	5:01	11.9
251	DĄBROWSKI JAROSŁAW	227		WARSZAWA	POL	M 40	251	M 731		00:11:37	00:25:10.30	00:26:11.35	5:02	11.9
252	CHRZANOWSKI MICHAŁ	175		WARSZAWA	POL	M 40	252	M 734		00:12:46	00:25:12.25	00:26:51.75	5:02	11.9
253	GWÓZDŹ PAWEŁ	1799		WARSZAWA	POL	M 40	253	M 735		00:11:34	00:25:13.05	00:26:04.05	5:02	11.9
254	DĄBROWSKI PAWEŁ	1763	STADO PĘDZĄCYCH IMADEŁ	-	POL	M 40	254	M 737	STADO PĘDZĄCYCH IMADEŁ	00:11:43	00:25:13.65	00:26:19.90	5:02	11.9
255	KOŚLĄCZ IRENEUSZ	1732		WARSZAWA	POL	M 40	255	M 738		00:12:02	00:25:14.65	00:26:54.90	5:02	11.9
256	LENDZION JAROSŁAW	773	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	256	M 739	GRUPA BIEGOWA UM W-WA	00:12:33	00:25:14.65	00:26:36.85	5:02	11.9
257	KORNOWICZ ARKADIUSZ	645		WARSZAWA	POL	M 40	257	M 743		00:11:46	00:25:17.70	00:26:47.30	5:03	11.9
258	BODAK KAJETAN	95		WARSZAWA	POL	M 40	258	M 747		00:12:17	00:25:21.45	00:27:09.20	5:04	11.8
259	RUSIECKI PRZEMYSŁAW	1919		WARSZAWA	POL	M 40	259	M 748		00:11:49	00:25:22.00	00:26:48.65	5:04	11.8
260	MŁYNARCZYK DAREK	916	***** **	ZALESIE GÓRNE	POL	M 40	260	M 750		00:11:50	00:25:24.60	00:26:54.45	5:04	11.8
261	BOHDZIEWICZ PAWEŁ	99		DZIEKANÓW LEŚNY	POL	M 40	261	M 751		00:11:57	00:25:24.85	00:26:54.15	5:04	11.8
262	OSYRA TOMASZ	1016		WARSZAWA	POL	M 40	262	M 752		00:11:56	00:25:24.90	00:27:13.90	5:04	11.8
263	DYBEK PAWEŁ	1780	PGE ENERGETIC RUNNING	WARSZAWA	POL	M 40	263	M 762			00:25:32.00	00:27:23.00	5:06	11.7
264	WILK ŁUKASZ	1540		WARSZAWA	POL	M 40	264	M 763		00:13:07	00:25:33.30	00:27:41.30	5:06	11.7
265	PISARSKI MICHAŁ	1085		WARSZAWA	POL	M 40	265	M 767		00:12:41	00:25:36.45	00:27:17.60	5:07	11.7
266	FIGAT KRZYSZTOF	304		WARSZAWA URSYNÓW	POL	M 40	266	M 768		00:12:29	00:25:37.35	00:27:28.50	5:07	11.7
267	WELSZYNG PIOTR	1521		ROKIETNICA	POL	M 40	267	M 770		00:11:56	00:25:38.25	00:26:55.00	5:07	11.7
268	PYZARA TOMASZ	1154		CHOTOMÓW	POL	M 40	268	M 772		00:11:42	00:25:39.30	00:26:42.25	5:07	11.7
269	SHKURENKO MAKSYM	1929	PEREMOHA	WARSZAWA	UKR	M 40	269	M 773		00:11:13	00:25:41.15	00:27:13.10	5:08	11.7
270	JAŃCZYK WOJCIECH	1802		WARSZAWA	POL	M 40	270	M 776		00:12:27	00:25:43.10	00:27:39.85	5:08	11.7

BIEG URSYNOWA, M 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h	
271	SZYMAŃSKI ROBERT	1960	KREWKI URSYNÓW HDK	WARSZAWA	POL	M 40	271	M 777			00:12:21	00:25:44.05	00:27:33.05	5:08	11.7
272	MIKULSKI DAMIAN	906	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	272	M 788	TEAM ZABIEGANEDNI	00:12:32	00:25:49.75	00:27:38.85	5:09	11.6	
273	STRZELCZYK KAMIL	1357	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	273	M 789	TEAM ZABIEGANEDNI	00:12:23	00:25:49.80	00:27:37.40	5:09	11.6	
274	NOWICKI PIOTR	974		WARSZAWA	POL	M 40	274	M 790		00:12:34	00:25:50.60	00:27:39.40	5:10	11.6	
275	KALINOWSKI KAROL	525	KS LEMIESZ TEAM	WARSZAWA	POL	M 40	275	M 794		00:11:52	00:25:53.15	00:27:15.45	5:10	11.6	
276	OWCZARCZYK MICHAŁ	1017		WARSZAWA	POL	M 40	276	M 796		00:11:34	00:25:53.95	00:27:30.70	5:10	11.6	
277	KALUŻNY KAROL	531		MICHALOWICE	POL	M 40	277	M 799		00:12:42	00:25:55.55	00:27:31.70	5:11	11.6	
278	STĘPIEŃ RADOŚLAW	1345		JÓZEFOSŁAW	POL	M 40	278	M 807		00:11:53	00:26:01.00	00:27:22.90	5:12	11.5	
279	WYBRANIEC MICHAŁ	1595		WARSZAWA	POL	M 40	279	M 808		00:12:12	00:26:01.35	00:27:42.05	5:12	11.5	
280	GNIADZIK RAFAL	369	DEAF RUNNING	WARSZAWA	POL	M 40	280	M 810	DEAF RUNNING	00:12:23	00:26:01.75	00:27:01.30	5:12	11.5	
281	WOLKOWYCKI ADAM	1575	SERWIS POJAZDÓW ADAM WOLKOWYCKI	WARSZAWA	POL	M 40	281	M 811		00:12:26	00:26:02.20	00:28:03.50	5:12	11.5	
282	BRZozowski ERNEST	118	KS STASZEWSY	BŁONIE	POL	M 40	282	M 820	KS STASZEWSY	00:12:03	00:26:09.05	00:27:22.70	5:13	11.5	
283	LEŚNIAK KRZYSZTOF	775	LEŚNIAKTEAM	WARSZAWA	POL	M 40	283	M 822		00:12:04	00:26:11.05	00:27:15.05	5:14	11.5	
284	KOSZUT WOJCIECH	1824		WARSZAWA	POL	M 40	284	M 823		00:12:37	00:26:11.20	00:28:07.35	5:14	11.5	
285	BRAMSON PIOTR	1750		WARSZAWA	POL	M 40	285	M 825		00:11:46	00:26:13.05	00:26:40.25	5:14	11.4	
286	ZAIDLEWICZ MAREK	1612		WARSZAWA	POL	M 40	286	M 827		00:12:39	00:26:13.40	00:29:33.35	5:14	11.4	
287	MARCINKOWSKI KRZYSZTOF	1856		WARSZAWA	POL	M 40	287	M 838		00:12:14	00:26:21.25	00:27:58.40	5:16	11.4	
288	DĄBROWSKI DANIEL	1724		MYSZKÓW	POL	M 40	288	M 841		00:12:26	00:26:22.75	00:28:12.65	5:16	11.4	
289	GRABEK RADOŚLAW	1796		WARSZAWA	POL	M 40	289	M 843		00:12:35	00:26:24.05	00:27:56.65	5:16	11.4	
290	KOZŁOWSKI PATRYK	685	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	290	M 844	GÓRA BIEGA	00:12:04	00:26:24.40	00:27:55.65	5:16	11.4	
291	BIEDRON DARIUSZ	73	ALUNIO TEAM	WARSZAWA	POL	M 40	291	M 845		00:12:44	00:26:25.10	00:28:01.85	5:17	11.4	
292	KARNEY KRZYSZTOF	548		WARSZAWA	POL	M 40	292	M 847		00:12:45	00:26:26.40	00:29:15.00	5:17	11.3	
293	MOŚ TOMASZ	1867		WARSZAWA	POL	M 40	293	M 848		00:12:42	00:26:27.35	00:28:19.70	5:17	11.3	
294	OSTROWSKI MARCIN	1013		WARSZAWA	POL	M 40	294	M 849		00:12:51	00:26:27.35	00:28:05.10	5:17	11.3	
295	BOGUSZEWSKI PIOTR	98		WARSZAWA	POL	M 40	295	M 853		00:12:36	00:26:29.05	00:30:13.75	5:17	11.3	
296	WÓJCIK ARTUR	1587		JÓZEFOSŁAW	POL	M 40	296	M 855		00:12:03	00:26:29.35	00:27:53.85	5:17	11.3	
297	GAJOWNICZEK ARTUR	333		WARSZAWA	POL	M 40	297	M 861		00:12:30	00:26:32.05	00:27:37.80	5:18	11.3	
298	ŁYSIAK KRZYSZTOF	811	KOTLET POWER TEAM	WARSZAWA	POL	M 40	298	M 862		00:12:14	00:26:34.40	00:28:48.15	5:18	11.3	
299	KALINOWSKI PIOTR	524		NOWA IWICZNA	POL	M 40	299	M 863		00:13:00	00:26:34.75	00:28:15.35	5:18	11.3	
300	RUKUSZEWICZ WAWRZYNIEC	1206	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	M 40	300	M 868		00:12:36	00:26:37.85	00:28:10.00	5:19	11.3	
301	FRITZ TOMASZ	1786		BIELSKO BIAŁA	POL	M 40	301	M 869		00:12:24	00:26:38.10	00:28:17.90	5:19	11.3	
302	CHMIELEWSKI TOMASZ	160		PIASTÓW	POL	M 40	302	M 871		00:13:10	00:26:38.50	00:29:17.85	5:19	11.3	
303	CYNKIER MIESZKO	197	TEAM ENVOL POLAND	SULJEÓWEK	POL	M 40	303	M 872		00:12:49	00:26:42.40	00:28:35.80	5:20	11.2	
304	ANIOŁKOWSKI KRZYSZTOF	27	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	304	M 873	AKTYWNA WARSZAWA	00:13:15	00:26:42.60	00:29:23.40	5:20	11.2	
305	CIEŚLIK MARIUSZ	188		ŁÓDŹ KOCHA SPORT	POL	M 40	305	M 875	ŁÓDŹ KOCHA SPORT	00:13:17	00:26:43.95	00:29:34.30	5:20	11.2	
306	TEMPLER MAREK	1443	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	306	M 877		00:12:30	00:26:48.05	00:28:42.10	5:21	11.2	
307	PRASEK ŁUKASZ	1117		WARSZAWA	POL	M 40	307	M 879		00:12:49	00:26:48.65	00:28:52.10	5:21	11.2	
308	STEMPEL TOMASZ	1343	MARYSIN WAWERSKI BIEGA	WARSZAWA-MARYSIN WAWERSKI	POL	M 40	308	M 880		00:12:26	00:26:49.20	00:28:38.50	5:21	11.2	
309	SKWIRA PIOTR	1936	CHWILAMOMENTTEAM	WARSZAWA	POL	M 40	309	M 889	CHWILAMOMENTTEAM	00:12:17	00:26:55.75	00:28:13.20	5:23	11.1	
310	MASTALEREK ARKADIUSZ	869		WARSZAWA	POL	M 40	310	M 891		00:13:26	00:26:57.20	00:29:30.40	5:23	11.1	
311	PRZEPIÓRA JACEK	1133	ATOMOWE KRASNALE	WARSZAWA	POL	M 40	311	M 892		00:12:07	00:26:58.00	00:28:38.15	5:23	11.1	
312	POMIERNY DOMINIK	1907	#KUCIAPSKI TEAM	WARSZAWA	POL	M 40	312	M 893	ADIDAS RUNNERS WARSAW	00:12:38	00:26:58.05	00:27:49.05	5:23	11.1	
313	CHRABAŁOWSKI ŁUKASZ	172		WARSZAWA	POL	M 40	313	M 894		00:12:34	00:26:58.20	00:28:44.15	5:23	11.1	
314	ŻURAWSKI PAWEŁ	1674	LENIWCE TEAM	WARSZAWA	POL	M 40	314	M 898		00:12:56	00:27:05.20	00:28:57.85	5:25	11.1	
315	SOKOŁOWSKI JAROSŁAW	1314		BŁĘDÓW	POL	M 40	315	M 906		00:12:24	00:27:11.75	00:27:37.60	5:26	11	
316	REICH TOMASZ	1914		WARSZAWA	POL	M 40	316	M 913	NOWAWARSZAWA	00:12:46	00:27:19.10	00:29:16.65	5:27	11	
317	KORNILUK PIOTR	644		WARSZAWA	POL	M 40	317	M 917		00:12:36	00:27:20.60	00:28:45.50	5:28	11	
318	KATNER TOMASZ	562		WARSZAWA	POL	M 40	318	M 919		00:12:27	00:27:21.45	00:28:51.75	5:28	11	
319	KASICA ROBERT	557		GRÓJEC	POL	M 40	319	M 924		00:12:33	00:27:24.40	00:29:01.90	5:28	10.9	
320	KOPEĆ PIOTR	632		PIASECZNO	POL	M 40	320	M 926		00:13:12	00:27:25.15	00:30:08.60	5:29	10.9	
321	KOSTRUBAŁA KACPER	660		WARSZAWA	POL	M 40	321	M 931		00:13:11	00:27:28.15	00:29:25.20	5:29	10.9	
322	WIECZOREK MICHAŁ	1726	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	322	M 932	BIEGOWY WARIAT RUNNING TEAM	00:12:31	00:27:29.10	00:29:21.65	5:29	10.9	

BIEG URSYNOWA, M 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
323	ZADROŻNY CYPRIAN	1610		WARSZAWA	POL	M 40	323	M 934		00:12:40	00:27:31.80	00:29:25.75	5:30	10.9
324	BRODECKI KRZYSIEK	110		WARSZAWA	POL	M 40	324	M 935		00:13:20	00:27:32.05	00:29:37.90	5:30	10.9
325	MALINOWSKI ŁUKASZ	837		WARSZAWA	POL	M 40	325	M 937		00:12:35	00:27:34.45	00:29:31.35	5:30	10.9
326	SZACKI WOJCIECH	1375		WARSZAWA	POL	M 40	326	M 939		00:12:24	00:27:35.05	00:28:42.10	5:31	10.9
327	PRZEWODOWSKI SEBASTIAN	1135		WARSZAWA	POL	M 40	327	M 941		00:13:22	00:27:36.50	00:29:46.10	5:31	10.9
328	RUTKOWSKI TOMASZ	1212		WARSZAWA	POL	M 40	328	M 950		00:12:55	00:27:43.75	00:30:24.40	5:32	10.8
329	ZĄCZYK JAKUB	1608		WARSZAWA	POL	M 40	329	M 951		00:13:30	00:27:44.65	00:30:31.85	5:32	10.8
330	MISTAK JACEK	1863	REMBERTÓW TEAM	WARSZAWA	POL	M 40	330	M 959		00:13:12	00:27:49.85	00:30:00.30	5:33	10.8
331	WINIARCZYK ŁUKASZ	1542		WARSZAWA	POL	M 40	331	M 962		00:13:11	00:27:51.25	00:30:06.35	5:34	10.8
332	DESKA LESZEK	233		NOWA IWICZNA	POL	M 40	332	M 965		00:13:14	00:27:52.00	00:29:43.80	5:34	10.8
333	STAROMYŃSKI ŁUKASZ	1734		WARSZAWA	POL	M 40	333	M 966		00:13:37	00:27:53.25	00:30:11.50	5:34	10.8
334	WÓJCIK ROBERT	1586		WARSZAWA	POL	M 40	334	M 967		00:13:17	00:27:55.20	00:29:59.35	5:35	10.7
335	PAŁASIEWICZ KRZYSZTOF	1030		WARSZAWA	POL	M 40	335	M 968		00:13:17	00:27:55.50	00:30:01.65	5:35	10.7
336	RANKOWSKI BARTOSZ	1163		WARSZAWA	POL	M 40	336	M 969		00:13:07	00:27:55.95	00:30:04.50	5:35	10.7
337	JANISZEWSKI PIOTR	465		ŁADY	POL	M 40	337	M 972		00:13:06	00:27:58.40	00:30:04.20	5:35	10.7
338	WAJDA PAWEŁ	1976		WARSZAWA	POL	M 40	338	M 974		00:13:18	00:28:00.25	00:29:58.30	5:36	10.7
339	MASALSKI MICHAŁ	865		WARSZAWA	POL	M 40	339	M 975		00:13:21	00:28:00.90	00:30:06.45	5:36	10.7
340	IWANIUK MARCIN	444		WARSZAWA	POL	M 40	340	M 977		00:13:08	00:28:03.55	00:29:43.50	5:36	10.7
341	MADEJ GRZEGORZ	823	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	341	M 982	DRAGONFLIES	00:12:58	00:28:08.25	00:31:18.35	5:37	10.7
342	MĘŻYŃSKI GRZEGORZ	896		PIASTÓW	POL	M 40	342	M 988		00:13:35	00:28:17.05	00:31:15.90	5:39	10.6
343	ZDANOWICZ PAWEŁ	1641		WARSZAWA	POL	M 40	343	M 994		00:13:22	00:28:22.25	00:30:29.90	5:40	10.6
344	MAZUR PAWEŁ	885		WARSZAWA	POL	M 40	344	M 999		00:13:47	00:28:25.15	00:31:09.05	5:41	10.6
345	PERLAN ROBERT	1052	LESZNO TEAM	LESZNO	POL	M 40	345	M 1003	LESZNO TEAM	00:13:53	00:28:29.25	00:31:07.35	5:41	10.5
346	WIERZEJSKI PIOTR	145		WARSZAWA	POL	M 40	346	M 1005		00:12:16	00:28:31.05	00:30:09.15	5:42	10.5
347	ŻURAWSKI DOMINIK	2136		ZĄBKI	POL	M 40	347	M 1006		00:13:32	00:28:31.35	00:31:09.90	5:42	10.5
348	CZUK PRZEMYSŁAW	213		MAGDALENKA	POL	M 40	348	M 1008		00:13:38	00:28:33.45	00:31:12.05	5:42	10.5
349	SZANIAWSKI MICHAŁ	1384	#TEAMSZANIA	WARSZAWA	POL	M 40	349	M 1011		00:13:37	00:28:35.20	00:30:44.65	5:43	10.5
350	CZEKAJ TOMASZ	1766		WARSZAWA	POL	M 40	350	M 1015		00:13:17	00:28:37.10	00:30:50.30	5:43	10.5
351	MARCZEWSKI STANISŁAW	856	STEGNY POŁUDNIE	WARSZAWA	POL	M 40	351	M 1017		00:12:37	00:28:38.70	00:30:16.20	5:43	10.5
352	KNAP RADOŚLAW	608		WARSZAWA	POL	M 40	352	M 1021		00:13:59	00:28:41.50	00:31:21.60	5:44	10.5
353	CHOJNOWSKI ANDRZEJ	166	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40	353	M 1023		00:13:05	00:28:41.65	00:30:33.20	5:44	10.5
354	ANKIEWICZ WOJTEK	28		WARSZAWA	POL	M 40	354	M 1025		00:12:40	00:28:45.00	00:32:11.10	5:45	10.4
355	DUBEK MICHAŁ	264		WARSZAWA	POL	M 40	355	M 1028		00:13:50	00:28:47.70	00:31:42.20	5:45	10.4
356	JESIONOWSKI MARCIN	489		WARSZAWA	POL	M 40	356	M 1030		00:12:04	00:28:53.10	00:30:07.95	5:46	10.4
357	DOSTOJEWski PIOTR	254		WARSZAWA	POL	M 40	357	M 1032		00:12:53	00:28:54.85	00:30:51.80	5:46	10.4
358	FROM KONRAD	320	WARSAW RUN CLUB	WARSZAWA	POL	M 40	358	M 1033		00:13:19	00:28:55.05	00:31:03.05	5:47	10.4
359	NIKLIŃSKI DOMINIK	150		WARSZAWA	POL	M 40	359	M 1035		00:13:38	00:28:55.70	00:31:11.75	5:47	10.4
360	TLAK TOMASZ	1445		WARSZAWA	POL	M 40	360	M 1038		00:12:51	00:28:57.10	00:30:29.65	5:47	10.4
361	PODGRODZKI PAWEŁ	1096		WARSZAWA	POL	M 40	361	M 1040		00:13:14	00:29:00.05	00:30:37.20	5:48	10.3
362	CZARKOWSKI DARIUSZ	201		OŻARÓW MAZOWIECKI	POL	M 40	362	M 1048	PRACUJĄCA TRÓJKA	00:13:09	00:29:09.15	00:30:29.55	5:49	10.3
363	LULA RADOŚLAW	1844	RUN VEGAN	WARSZAWA	POL	M 40	363	M 1050		00:15:10	00:29:10.95	00:32:43.70	5:50	10.3
364	ANTOS SŁAWOMIR	30		LEGIONOWO	POL	M 40	364	M 1053		00:14:02	00:29:15.30	00:31:43.85	5:51	10.3
365	SZOT PAWEŁ	1398		WARSZAWA	POL	M 40	365	M 1056		00:14:04	00:29:19.35	00:31:55.10	5:51	10.2
366	SZYMANEK ŁUKASZ	1409		WARSZAWA	POL	M 40	366	M 1059		00:13:35	00:29:21.85	00:32:02.85	5:52	10.2
367	DRZYŃNICKI DAMIAN	261	SEMP URSYNOW	WARSZAWA	POL	M 40	367	M 1061	SEMP URSYNOW	00:13:18	00:29:25.15	00:31:30.10	5:53	10.2
368	PALENIK MARCIN	1887		WARSZAWA	POL	M 40	368	M 1064		00:14:09	00:29:26.25	00:32:27.15	5:53	10.2
369	BALCERZAK TOMASZ	1722		LEGIONOWO	POL	M 40	369	M 1067		00:13:28	00:29:29.20	00:31:20.40	5:53	10.2
370	KUBOWICZ MACIEJ	717		WARSZAWA	POL	M 40	370	M 1071		00:14:08	00:29:31.35	00:31:30.60	5:54	10.2
371	NIKLEWICZ KONRAD	961		WARSZAWA	POL	M 40	371	M 1073		00:14:20	00:29:39.75	00:32:39.25	5:55	10.1
372	PIETRZYK PAWEŁ	1070		WARSZAWA	POL	M 40	372	M 1074		00:12:50	00:29:39.80	00:31:18.20	5:55	10.1
373	STRZĄBALA GRZEGORZ	1356		WARSZAWA	POL	M 40	373	M 1076		00:14:12	00:29:44.40	00:32:05.20	5:56	10.1
374	KUNKA PIOTR	741	TEAM ZABIEGANEDNI	JAKUBÓW	POL	M 40	374	M 1077	TEAM ZABIEGANEDNI	00:13:34	00:29:45.30	00:32:43.50	5:57	10.1
375	WIECZOREK PIOTR	1527		WARSZAWA	POL	M 40	375	M 1078		00:14:32	00:29:45.95	00:33:09.70	5:57	10.1
376	RACZYŃSKI PATRYK	1155	RKS ZERZEŃ	WARSZAWA	POL	M 40	376	M 1080		00:14:06	00:29:47.70	00:33:01.75	5:57	10.1
377	IWASZKO PAWEŁ	445		WARSZAWA	POL	M 40	377	M 1081		00:13:19	00:29:48.15	00:31:20.10	5:57	10.1
378	TOLAK MARCIN	203	TEAM TOLAK	WARSZAWA	POL	M 40	378	M 1082	TEAM TOLAK	00:14:02	00:29:48.70	00:32:37.30	5:57	10.1
379	NIEDZIELA MICHAŁ	957		WARSZAWA	POL	M 40	379	M 1094		00:13:59	00:30:15.45	00:31:54.35	6:03	9.9

BIEG URSYNOWA, M 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
380	JÓZWIK ARTUR	497	BBB	WARSZAWA	POL	M 40	380	M 1098		00:14:12	00:30:30.40	00:33:08.65	6:06	9.8
381	ZIETEK MARCIN	1652		WARSZAWA	POL	M 40	381	M 1105		00:14:47	00:30:46.90	00:34:04.15	6:09	9.8
382	ORZECZOWSKI DANIEL	1006		PIASECZNO	POL	M 40	382	M 1107		00:14:16	00:30:47.95	00:34:09.35	6:09	9.7
383	PETRYCKI MARCIN	1053	PUMPIT	MARKÓW-ŚWINICE	POL	M 40	383	M 1108		00:14:22	00:30:49.30	00:31:53.90	6:09	9.7
384	LIGOWSKI KRZYSZTOF	784		WARSZAWA	POL	M 40	384	M 1110		00:13:11	00:30:53.25	00:33:15.45	6:10	9.7
385	OKRASA MACIEJ	986	WARSZAWIACY	WARSZAWA	POL	M 40	385	M 1114		00:13:52	00:30:55.40	00:33:17.00	6:11	9.7
386	KASICA JACEK	556	BIEGAM, BO BIEGAM :)	WARSZAWA	POL	M 40	386	M 1116		00:14:39	00:30:57.05	00:33:08.80	6:11	9.7
387	BITOWSKI HUBERT	88		JÓZEFOSŁAW	POL	M 40	387	M 1121		00:14:30	00:31:06.50	00:34:02.55	6:13	9.6
388	LENARCZYK PAWEŁ	4		-	POL	M 40	388	M 1123		00:13:51	00:31:12.80	00:33:51.05	6:14	9.6
389	ŻÓŁTOWSKI BARTŁOMIEJ	1670		WARSZAWA	POL	M 40	389	M 1124		00:13:48	00:31:17.50	00:34:01.60	6:15	9.6
390	PYRZAK PIOTR	1151		WARSZAWA	POL	M 40	390	M 1141		00:14:21	00:32:01.00	00:34:29.95	6:24	9.4
391	PUCHAŁA TOMASZ	1143	MYSZORY	WARSZAWA	POL	M 40	391	M 1142		00:14:53	00:32:01.35	00:33:43.40	6:24	9.4
392	KRIEWS KONRAD	694		WARSZAWA	POL	M 40	392	M 1149		00:15:45	00:32:16.40	00:35:34.85	6:27	9.3
393	SZANDECKI MARIUSZ	1954		ŁOMIANKI	POL	M 40	393	M 1154		00:16:38	00:32:33.60	00:32:33.60	6:30	9.2
394	SYTY ADAM	1374		WARSZAWA	POL	M 40	394	M 1155		00:14:00	00:32:33.95	00:35:19.70	6:30	9.2
395	SZMIGIELSKI MACIEJ	1394		JÓZEFOSŁAW	POL	M 40	395	M 1156		00:15:48	00:32:35.10	00:35:40.25	6:31	9.2
396	RADKOWSKI MICHAŁ	1160		WARSZAWA	POL	M 40	396	M 1160		00:15:03	00:32:57.65	00:34:29.70	6:35	9.1
397	WESOŁOWSKI PAWEŁ	1983		WARSZAWA	POL	M 40	397	M 1164		00:16:13	00:33:06.85	00:36:15.10	6:37	9.1
398	FALACIŃSKI KAROL	295		WARSZAWA	POL	M 40	398	M 1167		00:15:08	00:33:09.40	00:36:18.85	6:37	9
399	MĘKARSKI PIOTR	1687		WARSZAWA	POL	M 40	399	M 1168		00:15:59	00:33:13.60	00:36:02.65	6:38	9
400	SPIEWAK MACIEJ	1324		WARSZAWA	POL	M 40	400	M 1172		00:15:45	00:33:20.10	00:36:16.10	6:40	9
401	RYCHLEWICZ RAFAŁ	1220		WARSZAWA	POL	M 40	401	M 1176		00:14:53	00:33:45.35	00:36:55.35	6:45	8.9
402	JAŻWIŃSKI (TATA PATEREK ;-)) PRZEMEK	484		JÓZEFÓW	POL	M 40	402	M 1183		00:16:19	00:33:55.90	00:37:01.85	6:47	8.8
403	CZAJA PIOTR	1764		WARSZAWA	POL	M 40	403	M 1185		00:15:35	00:34:13.55	00:35:58.85	6:50	8.8
404	NEJMAN ANDRZEJ	955		WARSZAWA	POL	M 40	404	M 1186		00:16:08	00:34:14.15	00:37:26.45	6:50	8.8
405	KEMPA ROBERT	48		WARSZAWA	POL	M 40	405	M 1187		00:15:51	00:34:16.95	00:37:49.85	6:51	8.8
406	DOMINIAK BARTOSZ	33	#BARTEKBIEGA	WARSZAWA	POL	M 40	406	M 1189	URZĄD DZIELNICY URSYNÓW	00:15:45	00:34:32.75	00:37:25.45	6:54	8.7
407	KOSIŃSKI RAFAŁ	657	BIEGNIJ Z PROSERVICE	OŻARÓW MAZOWIECKI	POL	M 40	407	M 1193	BIEGNIJ Z PROSERVICE	00:15:38	00:34:56.45	00:36:53.90	6:59	8.6
408	BRONISZEWSKI JAKUB	113		KIJÓW	POL	M 40	408	M 1195		00:16:01	00:35:01.25	00:37:57.20	7:00	8.6
409	KAMIŃSKI MACIEJ	538		ZIELONKA	POL	M 40	409	M 1196		00:16:27	00:35:04.30	00:38:17.25	7:00	8.6
410	DĄBROWSKI TOMASZ	222		WARSZAWA	POL	M 40	410	M 1198		00:15:34	00:35:07.00	00:38:00.80	7:01	8.5
411	KIELBICKI MARCIN	574		WARSZAWA	POL	M 40	411	M 1200		00:16:15	00:35:08.35	00:38:19.10	7:01	8.5
412	KUC DANIEL	719		ZIELONKA	POL	M 40	412	M 1202		00:16:20	00:35:19.60	00:38:20.75	7:03	8.5
413	LAMPARSKI ROBERT	759		WARSZAWA	POL	M 40	413	M 1207		00:18:07	00:36:11.05	00:36:11.05	7:14	8.3
414	GIERANOWSKI MARCIN	1715	ZALATANI	WARSZAWA	POL	M 40	414	M 1208		00:16:22	00:36:23.85	00:39:18.45	7:16	8.2
415	JĘDRAS JAKUB	492		WARSZAWA	POL	M 40	415	M 1210		00:16:14	00:36:33.35	00:39:30.30	7:18	8.2
416	MISTRZAK MARCIN	913		PIASECZNO	POL	M 40	416	M 1213		00:17:40	00:36:46.60	00:39:49.10	7:21	8.2
417	RADECKI MICHAŁ	1159		WARSZAWA	POL	M 40	417	M 1217		00:16:58	00:37:22.65	00:40:33.70	7:28	8
418	NAKWASKI BARTŁOMIEJ	948		JÓZEFOSŁAW	POL	M 40	418	M 1218		00:15:21	00:37:35.15	00:39:06.60	7:31	8
419	DZIURDŹ JACEK	289	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	419	M 1219		00:16:42	00:37:40.55	00:39:41.15	7:32	8
420	SAMEL JANUSZ	3		-	POL	M 40	420	M 1222		00:16:42	00:37:52.45	00:40:14.20	7:34	7.9
421	TKACZ JACEK	1444	TEAM KOPEĆ	OLSZTYN	POL	M 40	421	M 1226	TEAM KOPEĆ	00:18:05	00:38:44.45	00:42:05.80	7:44	7.7
422	ZIMNY STEFFEN	1654		WARSZAWA	POL	M 40	422	M 1240		00:19:04			7:37	7.9

BIEG URSYNOWA, K 50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	REMBELSKA DOMINIKA	1179		JÓZEFOSŁAW	POL	K 50	1	K 34		00:09:53	00:21:25.35	00:21:34.60	4:17	14
2	RELUGA MAŁGORZATA	1177	CZARNECKI RUN TEAM	WARSZAWA	POL	K 50	2	K 39	CZARNECKI RUN TEAM	00:10:22	00:21:55.55	00:22:13.05	4:23	13.7
3	RZYMOWSKA KRYSZYNA	1223		WARSZAWA	POL	K 50	3	K 44		00:10:28	00:22:15.05	00:22:59.60	4:27	13.5
4	JASZCZERSKA GRAŻYNA	479	AKADEMIA BIEGANIA GRUDZIĄDZ	GRUDZIĄDZ	POL	K 50	4	K 51		00:10:44	00:22:52.50	00:23:37.30	4:34	13.1
5	JAGIELSKA MAGDALENA	450	POŁAWIACZKI PEREŁ, KS STASZEWSKY	WARSZAWA	POL	K 50	5	K 53	KS STASZEWSKY	00:10:35	00:22:59.75	00:23:52.45	4:35	13.1
6	FRUNZE-PROCHOREC KATARZYNA	321	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	ŁADY	POL	K 50	6	K 55		00:10:57	00:23:10.50	00:24:10.35	4:38	12.9

BIEG URSYNOWA, K 50 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
7	KRUPNIEWSKA JOANNA	1828	RUN OTWOCK	OTWOCK	POL	K 50	7	K 70		00:11:26	00:24:08.40	00:25:13.05	4:49	12.4
8	KASHIVSKA OKSANA	553		WARSZAWA	POL	K 50	8	K 74		00:11:13	00:24:19.25	00:25:26.65	4:51	12.3
9	WIRASZKA BARBARA	1988		WARSZAWA	POL	K 50	9	K 86		00:11:34	00:24:43.75	00:26:02.50	4:56	12.1
10	PARTYKA AGNIESZKA	1037	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 50	10	K 89	TEAM ZABIEGANEDNI	00:11:38	00:24:48.25	00:26:09.30	4:57	12.1
11	DUBAN ELŻBIETA	262		JANKI	POL	K 50	11	K 95		00:11:56	00:25:05.20	00:26:34.50	5:01	12
12	LEWANDOWSKA JOANNA	777		WARSZAWA	POL	K 50	12	K 113		00:12:08	00:25:41.30	00:27:31.25	5:08	11.7
13	DĄBROWSKA KATARZYNA	1774	WARSAW RUN CLUB	WARSZAWA	POL	K 50	13	K 118	AKTYWNA WARSZAWA	00:12:20	00:25:49.25	00:27:39.45	5:09	11.6
14	KROSZKA BEATA	697	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 50	14	K 132	TEAM ZABIEGANEDNI	00:12:26	00:26:04.40	00:27:54.00	5:12	11.5
15	SZULC KASIA	1403		ZĄBKI	POL	K 50	15	K 134		00:12:20	00:26:09.05	00:27:35.40	5:13	11.5
16	MURAWSKA MAŁGORZATA	938	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 50	16	K 136	TEAM ZABIEGANEDNI	00:12:28	00:26:15.55	00:27:59.75	5:15	11.4
17	GIECKO ANNA	353		LUBLIN	POL	K 50	17	K 143		00:12:12	00:26:27.75	00:26:47.10	5:17	11.3
18	GOLISZ EWA	376		WARSZAWA	POL	K 50	18	K 147		00:12:32	00:26:33.35	00:27:58.55	5:18	11.3
19	KUKLA ELŻBIETA	732	RYSIK RUNNERS	WARSZAWA	POL	K 50	19	K 150		00:12:26	00:26:38.65	00:28:20.00	5:19	11.3
20	CYGAN ANNA	194	PATRYCJA DETTLAFF I BLACK HAT ULTRA	WARSZAWA	POL	K 50	20	K 160		00:12:11	00:26:46.80	00:27:47.20	5:21	11.2
21	KURZACZ KATARZYNA	747	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 50	21	K 161	ADIDAS RUNNERS WARSAW	00:12:34	00:26:47.90	00:28:42.70	5:21	11.2
22	KWACZYŃSKA MARZENA	1832	PZU SPORT TEAM	WARSZAWA	POL	K 50	22	K 162	PZU SPORT TEAM	00:12:41	00:26:48.45	00:28:44.20	5:21	11.2
23	ZBOCH JOANNA	1639		WARSZAWA	POL	K 50	23	K 183		00:13:09	00:27:13.35	00:29:07.85	5:26	11
24	DOBROUCH HANNA	245		WARSZAWA	POL	K 50	24	K 186		00:12:31	00:27:14.35	00:28:24.20	5:26	11
25	TYLUS JOLANTA	1481		WARSZAWA	POL	K 50	25	K 187		00:12:43	00:27:15.30	00:28:24.80	5:27	11
26	THEODOULOU NICCI	1964		WARSAW	POL	K 50	26	K 210		00:12:48	00:27:41.35	00:29:33.80	5:32	10.8
27	SIERPINSKA MARTA	1251		WARSZAWA	POL	K 50	27	K 214		00:12:43	00:27:50.25	00:28:24.50	5:34	10.8
28	SMOLOKOWSKA IZA	1298		WARSZAWA	POL	K 50	28	K 239		00:13:18	00:28:20.45	00:31:13.50	5:40	10.6
29	KONKOWSKA JOANNA	627	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 50	29	K 257		00:13:27	00:28:33.90	00:30:24.75	5:42	10.5
30	KŁOPOCKA ANNA	604		STRZENIÓWKA	POL	K 50	30	K 270		00:13:26	00:28:50.70	00:31:35.10	5:46	10.4
31	JODŁOWSKA ANNA	493	MYSZORY	6	POL	K 50	31	K 277		00:13:45	00:28:57.40	00:30:39.15	5:47	10.4
32	KACZOR RENATA	515		WARSZAWA	POL	K 50	32	K 322		00:13:21	00:29:36.10	00:32:21.30	5:55	10.1
33	BRZĘCZEK IZABELA	115		JÓZEFOSŁAW	POL	K 50	33	K 330		00:13:42	00:29:44.15	00:31:49.05	5:56	10.1
34	KORONA TATIANA	647	TEAM KARAŚ	WARSZAWA	POL	K 50	34	K 342	TEAM KARAŚ	00:14:22	00:29:58.85	00:32:43.50	5:59	10
35	BARAŃSKA DANUTA	1739		WARSZAWA	POL	K 50	35	K 361		00:14:14	00:30:19.60	00:32:42.85	6:03	9.9
36	GOSIEWSKA RENATA	386		WARSZAWA	POL	K 50	36	K 362		00:13:39	00:30:27.25	00:32:35.70	6:05	9.9
37	WIĘCKOWSKA VIOLETTA	1535	KS START PUŁASKI	WARKA	POL	K 50	37	K 383		00:14:34	00:30:58.80	00:33:47.00	6:11	9.7
38	ZAWADKA AGNIESZKA	1632		STARE BABICE	POL	K 50	38	K 384		00:14:43	00:30:59.05	00:34:07.10	6:11	9.7
39	KUDŁAK MONIKA	730	GUTEK TEAM	RUDA	POL	K 50	39	K 393		00:14:08	00:31:15.60	00:34:03.10	6:15	9.6
40	DZIEDZIC EWA	282	TEAM ZABIEGANEDNI	DZIECHCINIEC	POL	K 50	40	K 394	TEAM ZABIEGANEDNI	00:14:16	00:31:15.70	00:33:13.65	6:15	9.6
41	LIPKA-ZALEWSKA GRAŻYNA	1842		JULIANÓW	POL	K 50	41	K 398		00:15:14	00:31:23.70	00:34:17.10	6:16	9.6
42	ZAMIELA EWA	1621		WARSZAWA	POL	K 50	42	K 411		00:14:56	00:31:36.65	00:32:46.60	6:19	9.5
43	WOŹNIAK KATARZYNA	1585		PIASECZNO	POL	K 50	43	K 429		00:14:19	00:32:12.45	00:34:49.65	6:26	9.3
44	GAŚNIOROWSKA DOROTA	347		WARSZAWA	POL	K 50	44	K 435		00:16:08	00:32:33.10	00:36:00.75	6:30	9.2
45	SHIPOVSKAYA LARISA	1242		WARSZAWA	POL	K 50	45	K 437		00:15:02	00:32:35.15	00:35:27.20	6:31	9.2
46	SZAJKOWSKA EWA	1382		WARSZAWA (MOKOTÓW)	POL	K 50	46	K 504		00:16:12	00:34:27.25	00:36:01.70	6:53	8.7
47	GROCHOWSKA JOANNA	407	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	K 50	47	K 519		00:16:21	00:35:01.60	00:38:04.60	7:00	8.6
48	OLCZAK URSZULA	990	UMCS BIEGA	WARSZAWA	POL	K 50	48	K 530		00:16:22	00:35:30.65	00:38:36.50	7:06	8.5
49	KILKOWSKA JOANNA	584		WARSZAWA	POL	K 50	49	K 531		00:16:19	00:35:36.15	00:38:43.40	7:07	8.4
50	GAJ BOGNA	329		WARSZAWA	POL	K 50	50	K 537		00:16:28	00:36:07.55	00:38:07.00	7:13	8.3
51	KACZOROWSKA MONIKA	516		ZĄBKI	POL	K 50	51	K 540		00:17:28	00:36:11.30	00:39:29.35	7:14	8.3
52	WIŚNIEWSKA KATARZYNA	1547	INDYWIDUALISTKA	WARSZAWA	POL	K 50	52	K 542		00:16:33	00:36:22.55	00:37:49.25	7:16	8.2
53	ROSÓŁ RENATA	1196		WARSZAWA	POL	K 50	53	K 559		00:17:31	00:37:25.35	00:40:37.95	7:29	8
54	PABIŚ EWA	1024		WARSZAWA	POL	K 50	54	K 568		00:17:39	00:39:08.40	00:42:21.35	7:49	7.7
55	BRZEZOWSKA BEATA	1752		WARSZAWA	POL	K 50	55	K 586		00:21:36	00:47:41.25	00:51:11.25	9:32	6.3

BIEG URSYNOWA, M 50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	KONIECZNY MARCIN	1972	K.S NIEMANIEMOGE	OLSZTYN	POL	M 50	1	M 9		00:07:20	00:15:29.45	00:15:31.45	3:05	19.4
2	BOCHENKO DANIEL	91		BRZozowa	POL	M 50	2	M 47		00:07:55	00:17:26.30	00:17:42.30	3:29	17.2
3	TRUSIAK ARTUR	1468	BIEGAJĄCE ZĄBKI	ZĄBKI	POL	M 50	3	M 42		00:08:11	00:17:30.75	00:17:33.05	3:30	17.1
4	PIASTA DARIUSZ	1059		Warszawa	POL	M 50	4	M 64		00:08:10	00:17:46.00	00:18:05.50	3:33	16.9
5	MARCINIAK GRZEGORZ	850	BIEGOWY WARIAT RUNNING TEAM	Warszawa	POL	M 50	5	M 88	BIEGOWY WARIAT RUNNING TEAM	00:08:20	00:18:11.20	00:18:35.75	3:38	16.5
6	GÓRZYŃSKI MACIEJ	396	WOODRUN	PIASECZNO	POL	M 50	6	M 93		00:08:46	00:18:33.25	00:18:43.75	3:42	16.2
7	GREWIŃSKI TOMASZ	406	LIPIEC RUNNING TEAM	Warszawa	POL	M 50	7	M 89	LIPIEC RUNNING TEAM	00:08:49	00:18:33.80	00:18:41.95	3:42	16.2
8	GARTKIEWICZ ADAM	340	DUKLANOWSKI TEAM	Warszawa	POL	M 50	8	M 91		00:08:55	00:18:36.95	00:18:42.60	3:43	16.1
9	OLCZAK JANUSZ	989	BIEGANIE 50+	Warszawa	POL	M 50	9	M 131		00:09:12	00:19:03.95	00:19:14.55	3:48	15.7
10	KNAP CZAREK	607	HOŻA TEAM SKYRUNNERS	SZCZECIN	POL	M 50	10	M 135		00:09:05	00:19:09.90	00:19:24.90	3:49	15.7
11	STOLARSKI KRZYSZTOF	1945	BIEGAJĄCE ZĄBKI	ZĄBKI	POL	M 50	11	M 138		00:08:58	00:19:11.15	00:19:24.90	3:50	15.6
12	DABROWA KAMIL	216	LIPIEC RUNNING TEAM	Warszawa	POL	M 50	12	M 141	LIPIEC RUNNING TEAM	00:08:58	00:19:12.15	00:19:20.50	3:50	15.6
13	BANASIUK MACIEJ	47		Warszawa	POL	M 50	13	M 151		00:08:55	00:19:23.15	00:19:35.95	3:52	15.5
14	CHEŁMIŃSKI GRZEGORZ	156	LIPIEC RUNNING TEAM	Warszawa	POL	M 50	14	M 152	LIPIEC RUNNING TEAM	00:09:00	00:19:23.65	00:19:50.65	3:52	15.5
15	MIKULSKI JACEK	907	ADIDAS RUNNERS WARSAW	Warszawa	POL	M 50	15	M 154	ADIDAS RUNNERS WARSAW	00:09:10	00:19:25.15	00:19:41.25	3:53	15.5
16	KACPRZYK ALEX	511	RP RUNNERS	Warszawa	POL	M 50	16	M 161		00:09:24	00:19:28.55	00:19:45.75	3:53	15.4
17	MARON JACEK	860	ADIDAS RUNNERS WARSAW	Warszawa	POL	M 50	17	M 168	ADIDAS RUNNERS WARSAW	00:08:52	00:19:33.40	00:19:48.80	3:54	15.3
18	MAZUR MAREK	888		BOBROWIEC	POL	M 50	18	M 179		00:09:14	00:19:39.20	00:19:52.45	3:55	15.3
19	RELUGA GRZEGORZ	1178	CZARNECKI RUN TEAM	Warszawa	POL	M 50	19	M 182	CZARNECKI RUN TEAM	00:08:53	00:19:41.60	00:20:11.85	3:56	15.2
20	PRUCHNIAK ROBERT	1125	LIPIEC RUNNING TEAM	Warszawa	POL	M 50	20	M 183	LIPIEC RUNNING TEAM	00:09:20	00:19:42.65	00:19:52.60	3:56	15.2
21	PIOTROWSKI TOMASZ	1901		KONSTANCIN JEZIORNA	POL	M 50	21	M 205		00:08:57	00:19:52.10	00:20:23.90	3:58	15.1
22	GÓRSKI MACIEJ	392		Warszawa	POL	M 50	22	M 246		00:09:37	00:20:27.45	00:20:51.15	4:05	14.7
23	KUCHARSKI PIOTR	720	12TRI.PL	LUBARTÓW	POL	M 50	23	M 260	12TRI.PL	00:09:28	00:20:36.95	00:20:57.85	4:07	14.6
24	DOMAGAŁA JAROSŁAW	1730	AKTYWNA WARSZAWA	Warszawa (OCHOTA)	POL	M 50	24	M 273	AKTYWNA WARSZAWA	00:09:47	00:20:43.70	00:21:15.15	4:08	14.5
25	URBAŃSKI MIROSŁAW	1497		SIERADZ	POL	M 50	25	M 277		00:09:37	00:20:45.20	00:21:32.70	4:09	14.5
26	AUGUSTYNIAK MARIUSZ	39		MARKI	POL	M 50	26	M 283		00:09:43	00:20:48.70	00:21:36.40	4:09	14.4
27	OLSZAK ZENON	998	KG OŻARÓW MAZOWIECKI BIEGA	Warszawa	POL	M 50	27	M 304	WARSAW RUN CLUB	00:09:20	00:21:03.15	00:21:38.90	4:12	14.3
28	KNYCHAS DAREK	609	PZU SPORT TEAM	Warszawa	POL	M 50	28	M 307	PZU SPORT TEAM	00:09:59	00:21:03.80	00:21:36.60	4:12	14.3
29	KLIBISZ SŁAWOMIR	594		Warszawa	POL	M 50	29	M 310		00:09:54	00:21:08.75	00:21:38.10	4:13	14.2
30	ROSINSKI KRZYSZTOF	1194		Warszawa	POL	M 50	30	M 324		00:09:47	00:21:13.05	00:21:52.10	4:14	14.1
31	KWAŚNIEWSKI KRZYSZTOF	753		Warszawa	POL	M 50	31	M 325		00:10:08	00:21:13.35	00:22:12.20	4:14	14.1
32	ŚWISTAK RAFAŁ	1435	Warszawa ANIN	Warszawa	POL	M 50	32	M 328		00:09:53	00:21:16.55	00:21:47.95	4:15	14.1
33	BAZYLUK ANDRZEJ	1743		Warszawa	POL	M 50	33	M 363		00:09:38	00:21:30.60	00:22:21.50	4:18	14
34	TELEŚNICKI GRZEGORZ	1963	BBL_GROTY	Warszawa	POL	M 50	34	M 365		00:10:14	00:21:32.00	00:22:17.95	4:18	13.9
35	FALBA ZBIGNIEW	296	BIEGNIJ Z PROSERVICE	Warszawa	POL	M 50	35	M 366	BIEGNIJ Z PROSERVICE	00:10:26	00:21:32.00	00:22:18.95	4:18	13.9
36	POMASKI PAWEŁ	1104	WARSAW RUN CLUB	Warszawa	POL	M 50	36	M 381	WARSAW RUN CLUB	00:10:12	00:21:45.70	00:22:40.05	4:21	13.8
37	GAŁECKI MICHAŁ	337	ADIDAS RUNNERS WARSAW	Warszawa	POL	M 50	37	M 390	ADIDAS RUNNERS WARSAW	00:09:51	00:21:53.40	00:22:25.30	4:22	13.7
38	GOLEC TOMASZ	373		Warszawa	POL	M 50	38	M 397		00:10:08	00:21:56.80	00:22:33.00	4:23	13.7
39	ŁANDWIJT MARCIN	794		KONSTANTYNÓW ŁÓDZKI	POL	M 50	39	M 398		00:10:34	00:21:56.80	00:22:41.25	4:23	13.7
40	ZALASA WOJCIECH	1617		ŁÓDŹ	POL	M 50	40	M 402	ŁÓDŹ KOCHA SPORT	00:10:12	00:21:59.35	00:22:31.25	4:23	13.6
41	BUDZIK DARIUSZ	128		ZALESIE GÓRNE	POL	M 50	41	M 414		00:10:21	00:22:06.15	00:23:10.20	4:25	13.6
42	KASHIVSKYY OLEH	554	DUCLA ACADEMY	Warszawa	POL	M 50	42	M 422		00:10:20	00:22:14.00	00:22:43.65	4:26	13.5
43	WOJTAS JANUSZ	1571		Warszawa	POL	M 50	43	M 424		00:10:32	00:22:15.00	00:23:35.40	4:27	13.5
44	KOPCZEWSKI MICHAŁ	629	ROYAL GOLF CLUB WILANÓW	Warszawa	POL	M 50	44	M 437	ROYAL GOLF CLUB WILANÓW	00:10:33	00:22:24.25	00:23:15.10	4:28	13.4
45	GRZĄDZIEL PAWEŁ	418	ADIDAS RUNNERS WARSAW	Warszawa	POL	M 50	45	M 440	ADIDAS RUNNERS WARSAW	00:10:31	00:22:26.35	00:23:18.80	4:29	13.4
46	DOBROCYŃSKI LECH	104				M 50	46	M 443			00:22:27.00	00:22:51.00	4:29	13.4
47	WASILEWSKI ROBERT	1512	COP - DKP	Warszawa	POL	M 50	47	M 445		00:10:35	00:22:28.00	00:23:36.30	4:29	13.4
48	OWOC TOMASZ	1022	ADIDAS RUNNERS WARSAW / PKO BANK POLSKI	Warszawa	POL	M 50	48	M 447	ADIDAS RUNNERS WARSAW	00:10:30	00:22:29.70	00:23:15.50	4:29	13.3
49	TASZYCKI WIESŁAW	1439		WOLA UHRUSKA	POL	M 50	49	M 482		00:10:36	00:22:44.80	00:24:17.85	4:32	13.2
50	SUŁKOWSKI RAFAŁ	1948		Warszawa	POL	M 50	50	M 484		00:10:26	00:22:45.95	00:23:39.65	4:33	13.2

BIEG URSYNOWA, M 50 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
51	MASTALERZ ANDRZEJ	870		WARSZAWA	POL	M 50	51	M 491		00:10:45	00:22:50.95	00:24:00.35	4:34	13.1
52	KOWALCZYK PIOTR	668		REPKI	POL	M 50	52	M 494		00:10:48	00:22:53.70	00:23:51.30	4:34	13.1
53	ŻYWIEN MAREK	1676	ONLY SPEEDWAY	WARSZAWA	POL	M 50	53	M 521		00:10:42	00:23:10.50	00:24:01.50	4:38	12.9
54	MASŁANKA PIOTR	1727		WARSZAWA	POL	M 50	54	M 522			00:23:11.45	00:24:44.85	4:38	12.9
55	MISIORNY MACIEJ	910		WARSZAWA	POL	M 50	55	M 528		00:10:44	00:23:14.15	00:25:13.85	4:38	12.9
56	JANOWSKI RAFAŁ	467		OTWOCK	POL	M 50	56	M 538		00:11:07	00:23:19.60	00:24:32.95	4:39	12.9
57	TYLUS PAWEŁ	1482		WARSZAWA	POL	M 50	57	M 547		00:10:52	00:23:23.95	00:24:17.30	4:40	12.8
58	ARAŻNY ZBIGNIEW	34	KRAV MAGA WARSZAWA	WARSZAWA	POL	M 50	58	M 574		00:11:03	00:23:38.95	00:25:14.80	4:43	12.7
59	KISZCZYC ARTUR	588		OTWOCK	POL	M 50	59	M 579		00:11:19	00:23:42.35	00:25:01.65	4:44	12.7
60	HRYNKIEWICZ MACIEJ	438		WARSZAWA	POL	M 50	60	M 580		00:11:16	00:23:42.65	00:24:59.60	4:44	12.7
61	CZEKAŁSKI JACEK	206		ŁÓDŹ	POL	M 50	61	M 598		00:10:55	00:23:54.25	00:25:25.35	4:46	12.6
62	BASIŃSKI JERZY	58		DEBLIN	POL	M 50	62	M 600		00:11:01	00:23:54.95	00:24:57.30	4:46	12.6
63	JÓZWIK GRZEGORZ	496		JÓZEFOSŁAW	POL	M 50	63	M 605		00:11:11	00:23:57.00	00:24:33.65	4:47	12.5
64	WĘGLIŃSKI JACEK	1984		WARSZAWA	POL	M 50	64	M 618		00:11:34	00:24:05.80	00:25:47.20	4:49	12.5
65	BUCZEK ROBERT	120		WARSZAWA	POL	M 50	65	M 627		00:11:43	00:24:11.80	00:25:46.25	4:50	12.4
66	MACIASZCZYK ADAM	815		WARSZAWA	POL	M 50	66	M 640		00:11:44	00:24:19.55	00:25:38.30	4:51	12.3
67	PODOBINSKI PIOTR	1099		WARSZAWA	POL	M 50	67	M 654		00:11:53	00:24:25.45	00:25:47.10	4:53	12.3
68	OLMA WŁADYSŁAW	997	FORMA BIEGANIA - JASTRZĘBIE	JASTRZĘBIE - ZDRÓJ	POL	M 50	68	M 656		00:11:36	00:24:27.85	00:25:01.15	4:53	12.3
69	HORBATY JERZY	433	GIM92	WARSZAWA	POL	M 50	69	M 659		00:11:48	00:24:28.55	00:25:53.20	4:53	12.3
70	DĄBROWSKI ŁUKA	1773		WARSZAWA	POL	M 50	70	M 661		00:11:41	00:24:30.10	00:25:06.40	4:54	12.2
71	KUKŁA MARCIN	733	RYSIK RUNNERS	WARSZAWA	POL	M 50	71	M 663		00:11:31	00:24:30.85	00:25:21.30	4:54	12.2
72	MIASTOWSKI RAFAŁ	18	SŁOŃ B	WARSZAWA	POL	M 50	72	M 680		00:11:17	00:24:41.90	00:25:56.00	4:56	12.2
73	MURANOWICZ MAREK	1869		WARSZAWA	POL	M 50	73	M 685		00:11:57	00:24:43.65	00:26:24.75	4:56	12.1
74	GAŁCZYŃSKI WOJCIECH	336		KRĘCZKI	POL	M 50	74	M 694		00:12:26	00:24:47.85	00:26:46.30	4:57	12.1
75	SZELWACHOWSKI DARIUSZ	1392		WARSZAWA	POL	M 50	75	M 702		00:11:15	00:24:52.05	00:25:54.40	4:58	12.1
76	ZABIELSKI GRZEGORZ	1602		WARSZAWA	POL	M 50	76	M 710		00:11:31	00:24:56.85	00:26:04.85	4:59	12
77	CHAZAN BERNARD	153		WARSZAWA	POL	M 50	77	M 728		00:11:47	00:25:09.25	00:26:31.45	5:01	11.9
78	GARBIEC BOGDAN	338		WARSZAWA	POL	M 50	78	M 759		00:11:23	00:25:29.80	00:26:49.15	5:05	11.8
79	DYCHA MARCIN	275	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 50	79	M 760		00:12:16	00:25:31.40	00:27:08.15	5:06	11.8
80	STALICA WOJCIECH	1327		CZĘSTOCHOWA	POL	M 50	80	M 766		00:12:04	00:25:35.75	00:27:42.20	5:07	11.7
81	SĘDEK PIOTR	1240		WARSZAWA	POL	M 50	81	M 771		00:12:32	00:25:38.45	00:27:31.40	5:07	11.7
82	DUDZIŃSKI WOJCIECH	600		GRÓJEC	POL	M 50	82	M 779		00:12:03	00:25:44.90	00:27:35.40	5:08	11.7
83	MASKIEWICZ ARKADIUSZ	867	ERA RUNNING TEAM	WARSZAWA	POL	M 50	83	M 785		00:12:21	00:25:47.55	00:27:29.60	5:09	11.6
84	MÓLSKI ANDRZEJ	922		WARSZAWA	POL	M 50	84	M 795		00:11:58	00:25:53.65	00:27:21.85	5:10	11.6
85	WĄSOWSKI PIOTR	1518		PRUSZKÓW	POL	M 50	85	M 802		00:12:07	00:25:58.70	00:27:28.10	5:11	11.6
86	SIRODZKI ZBIGNIEW	1260		WARSZAWA	POL	M 50	86	M 809		00:11:58	00:26:01.65	00:29:03.70	5:12	11.5
87	NIEDZIÓŁKA JACEK	2141		-	POL	M 50	87	M 815		00:12:45	00:26:05.75	00:27:33.95	5:13	11.5
88	JAZNICKI TOMEK	483	KS ZNICZ - POWĄZKI	WARSZAWA	POL	M 50	88	M 819		00:12:28	00:26:08.95	00:28:05.90	5:13	11.5
89	GOLISZ ADAM	377		MYSIADŁO	POL	M 50	89	M 830		00:12:41	00:26:17.05	00:27:43.10	5:15	11.4
90	PINDAKIEWICZ MICHAŁ	1079		WARSZAWA	POL	M 50	90	M 833		00:12:16	00:26:18.30	00:28:00.70	5:15	11.4
91	ŚWIDERSKI DARIUSZ	1431	POLYPHARM	WARSZAWA	POL	M 50	91	M 836		00:12:12	00:26:20.65	00:27:40.60	5:16	11.4
92	FRENKEL MAREK	319		BLIZNE JASIŃSKIEGO	POL	M 50	92	M 857		00:12:14	00:26:30.20	00:29:59.25	5:18	11.3
93	GIL WOJCIECH	359	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 50	93	M 867	TEAM ZABIEGANEDNI	00:12:50	00:26:36.30	00:27:24.25	5:19	11.3
94	KIETLIŃSKI MACIEJ	580		WARSZAWA	POL	M 50	94	M 881		00:13:37	00:26:49.30	00:29:32.10	5:21	11.2
95	TREVOR ARRON	1461		WARSZAWA	POL	M 50	95	M 882		00:12:54	00:26:49.40	00:28:29.90	5:21	11.2
96	OLSZEWSKI ANDRZEJ	1001	KS STASZEWSKY	WARSZAWA	POL	M 50	96	M 887	KS STASZEWSKY	00:11:56	00:26:54.20	00:28:22.45	5:22	11.2
97	RYSZKA BOGUSŁAW	1924		LUBLINIEC	POL	M 50	97	M 897		00:12:37	00:27:03.85	00:28:41.10	5:24	11.1
98	PRZYBYSZ KRZYSZTOF	82		WARSZAWA	POL	M 50	98	M 901		00:12:54	00:27:05.90	00:28:41.75	5:25	11.1
99	DWORAK MARCIN	1680		WARSZAWA	POL	M 50	99	M 903		00:13:02	00:27:08.65	00:29:27.60	5:25	11.1
100	ZABOJSZCZ TOMASZ	2123		WARSZAWA	POL	M 50	100	M 904		00:12:33	00:27:09.20	00:30:38.35	5:25	11
101	SKALSKI MAREK	1697		DĄBROWA CHOTOMOWSKA	POL	M 50	101	M 910		00:12:34	00:27:14.00	00:28:56.55	5:26	11
102	PAWLISZ MARCIN	1047		WARSZAWA	POL	M 50	102	M 911		00:12:30	00:27:15.90	00:29:03.25	5:27	11
103	WNUK PIOTR	1564	ROYAL GOLF CLUB WILANÓW	WARSZAWA	POL	M 50	103	M 920	ROYAL GOLF CLUB WILANÓW	00:12:45	00:27:21.50	00:29:06.50	5:28	11
104	PROUTY MATTHEW	1124		BIELAWA	POL	M 50	104	M 940		00:13:32	00:27:36.20	00:30:02.25	5:31	10.9
105	OLKOWSKI ROBERT	996		IZABELIN-DZIEKANÓWEK	POL	M 50	105	M 945		00:12:20	00:27:38.20	00:28:57.25	5:31	10.9
106	KŁOPOCKI RAFAŁ	605		STRZENIÓWKA	POL	M 50	106	M 949		00:13:26	00:27:42.20	00:30:26.30	5:32	10.8

BIEG URSYNOWA, M 50 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
107	WIERZCHOWIECKI MICHAŁ	1530		WARSZAWA	POL	M 50	107	M 952		00:13:00	00:27:44.70	00:29:40.15	5:32	10.8
108	RYBICKI MAREK	1218		NOWY DWÓR MAZOWIECKI	POL	M 50	108	M 953		00:13:16	00:27:45.20	00:29:50.70	5:33	10.8
109	ROGAŁA GRZEGORZ	1916		WARSZAWA	POL	M 50	109	M 970		00:13:03	00:27:56.05	00:29:42.15	5:35	10.7
110	KLIMAS MARCIN	595		WARSZAWA	POL	M 50	110	M 984		00:12:54	00:28:12.20	00:30:07.45	5:38	10.6
111	SKONIECZNY ANDRZEJ	1276		WARSZAWA	POL	M 50	111	M 989		00:12:48	00:28:17.55	00:29:15.15	5:39	10.6
112	WUJEC PAWEŁ	1594		WARSZAWA	POL	M 50	112	M 997		00:13:40	00:28:22.95	00:30:38.85	5:40	10.6
113	DĄBROWSKI JACEK	224	BIEGOWY WARIAT RUNNING TEAM	MILANÓWEK	POL	M 50	113	M 1018		00:13:02	00:28:39.65	00:30:21.00	5:43	10.5
114	SZULAWSKI ROBERT	1402	GSD.RUNNERS	WARSZAWA	POL	M 50	114	M 1019		00:12:15	00:28:40.80	00:29:32.60	5:44	10.5
115	MĘDEL CEZARY	893		MARKI	POL	M 50	115	M 1022		00:13:43	00:28:41.60	00:31:00.05	5:44	10.5
116	KĘDZIA-STĘPKOWSKI PIOTR	569		WARSZAWA	POL	M 50	116	M 1027		00:14:10	00:28:47.15	00:31:00.30	5:45	10.4
117	STASZEWSKI JANUSZ	1339		WARSZAWA	POL	M 50	117	M 1031		00:13:35	00:28:54.70	00:32:08.05	5:46	10.4
118	HOLDENMAJER CEZARY	1800		WARSZAWA	POL	M 50	118	M 1044		00:14:12	00:29:03.60	00:31:33.70	5:48	10.3
119	GÓRAL TADEUSZ	384	KKB	WARSZAWA	POL	M 50	119	M 1049		00:14:10	00:29:09.80	00:30:12.40	5:49	10.3
120	WIERZBICKI IRENEUSZ	1528		ŁUKÓW	POL	M 50	120	M 1051		00:13:56	00:29:11.15	00:31:37.75	5:50	10.3
121	REGUCKI ARTUR	1172		WARSZAWA	POL	M 50	121	M 1060		00:13:11	00:29:22.90	00:31:32.05	5:52	10.2
122	DOBROUCH ROBERT	244		WARSZAWA	POL	M 50	122	M 1075		00:13:24	00:29:44.20	00:30:54.40	5:56	10.1
123	ADAMIAK PAWEŁ	14		WARSZAWA	POL	M 50	123	M 1086		00:13:46	00:30:00.15	00:33:06.95	6:00	10
124	KRZECZEWSKI JACEK	708		WARSZAWA	POL	M 50	124	M 1088		00:13:50	00:30:06.55	00:32:19.70	6:01	10
125	SMAGIEŁ TOMASZ	1292	STS SMAGIEŁ	WARSZAWA	POL	M 50	125	M 1091		00:14:12	00:30:10.25	00:33:15.90	6:02	9.9
126	RYŃSKI ANDRZEJ	1222		GDYNIA	POL	M 50	126	M 1093		00:13:41	00:30:15.00	00:31:37.35	6:03	9.9
127	LEWANDOWSKI PIOTR	1838		WARSZAWA	POL	M 50	127	M 1095		00:14:12	00:30:21.15	00:32:10.90	6:04	9.9
128	STASIAK MARCIN	1338		WARSZAWA	POL	M 50	128	M 1115		00:15:38	00:30:55.75	00:32:27.00	6:11	9.7
129	BODALSKI JACEK	1689	AKTYWNA WARSZAWA	WARSZAWA	POL	M 50	129	M 1118	AKTYWNA WARSZAWA	00:13:59	00:30:57.45	00:33:33.65	6:11	9.7
130	HOŁDAŚ MARIUSZ	429		WARSZAWA	POL	M 50	130	M 1126		00:12:43	00:31:24.45	00:32:55.75	6:16	9.6
131	KĄDZIELAWA MAREK	567	CWCR	WARSZAWA	POL	M 50	131	M 1127		00:14:12	00:31:31.00	00:33:22.30	6:18	9.5
132	ZALEWSKI PIOTR	2124		JULIANÓW	POL	M 50	132	M 1128		00:15:14	00:31:31.25	00:34:24.50	6:18	9.5
133	KENIG PAWEŁ	1682		WARSZAWA	POL	M 50	133	M 1133		00:14:36	00:31:41.90	00:34:59.05	6:20	9.5
134	BŁOŃSKI ROBERT	1693		WARSZAWA	POL	M 50	134	M 1136		00:14:37	00:31:56.65	00:33:48.70	6:23	9.4
135	FERLAS MICHAŁ	300		JÓZEFOSŁAW	POL	M 50	135	M 1138		00:15:21	00:31:57.75	00:34:53.30	6:23	9.4
136	JANKOWSKI REMIGIUSZ	466		WARSZAWA	POL	M 50	136	M 1143		00:14:49	00:32:04.50	00:34:52.35	6:24	9.4
137	PREKOWSKI GRZEGORZ	54		WARSZAWA	POL	M 50	137	M 1147		00:14:36	00:32:09.90	00:34:52.90	6:25	9.3
138	ZABIELSKI JAROSŁAW	1601		WARSZAWA	POL	M 50	138	M 1151		00:15:11	00:32:22.15	00:34:42.40	6:28	9.3
139	SKRZYPCZAK JAROSŁAW	1933		WARSZAWA	POL	M 50	139	M 1162		00:14:49	00:33:05.95	00:35:33.80	6:37	9.1
140	PIWOWARCZYK SŁAWOMIR	1086		WARSZAWA	POL	M 50	140	M 1163		00:14:48	00:33:06.80	00:34:08.85	6:37	9.1
141	WALKIEWICZ MARIUSZ	1507		NOWA IWICZNA	POL	M 50	141	M 1170		00:14:17	00:33:19.85	00:35:43.30	6:39	9
142	GOŁOS PIOTR	1704		WARSZAWA	POL	M 50	142	M 1171		00:14:18	00:33:20.05	00:35:43.50	6:40	9
143	KOSIATY JAROSŁAW	655		WARSZAWA	POL	M 50	143	M 1175		00:15:15	00:33:42.45	00:34:40.50	6:44	8.9
144	TUREK PAWEŁ	1971	PRIN-S	NOWA IWICZNA	POL	M 50	144	M 1188		00:13:30	00:34:23.90	00:36:09.95	6:52	8.7
145	SZOSTAKOWSKI JAROSŁAW	1397	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	M 50	145	M 1194		00:16:20	00:35:00.45	00:38:04.25	7:00	8.6
146	SZUSTKIEWICZ ZBIGNIEW	1404		MSZCZONÓW	POL	M 50	146	M 1205		00:16:20	00:35:53.35	00:38:43.85	7:10	8.4
147	BORUSZEWSKI MACIEJ	105		WARSZAWA	POL	M 50	147	M 1214		00:15:22	00:36:50.25	00:39:31.00	7:22	8.1
148	UFA JAROSŁAW	1974		SOCHACZEW	POL	M 50	148	M 1216		00:17:36	00:37:08.55	00:40:15.90	7:25	8.1
149	PIECZENIUK DARIUSZ	1063		SIEDLCE	POL	M 50	149	M 1225		00:17:38	00:38:08.40	00:41:18.70	7:37	7.9
150	LECH PAWEŁ LECH	764		WARSZAWA	POL	M 50	150	M 1229	URZĄD DZIELNICY URSYNÓW	00:18:17	00:40:40.75	00:43:45.95	8:08	7.4

BIEG URSYNOWA, K 60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	HAWRYLUK-STASIAK EWA	427	BIEGUNI 2022	WARSZAWA	POL	K 60	1	K 127		00:12:18	00:25:58.60	00:27:47.05	5:11	11.6
2	TULEJ BOŻENA	1476	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	K 60	2	K 189		00:13:06	00:27:19.15	00:29:17.05	5:27	11
3	HULANICKA IRINA	440	POLCARD FROM FISERV	WARSZAWA	POL	K 60	3	K 247		00:13:16	00:28:26.50	00:29:31.50	5:41	10.6
4	BIERNAT DOROTA	81	DMMM TEAM ŁÓDŹ	ŁÓDŹ	POL	K 60	4	K 296		00:13:57	00:29:14.55	00:31:23.25	5:50	10.3
5	GŁOWACKA ELŻBIETA	367	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 60	5	K 305	TEAM ZABIEGANEDNI	00:10:24	00:29:22.60	00:30:00.00	5:52	10.2
6	LUKOWSKA HANNA	791	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 60	6	K 335		00:14:05	00:29:51.05	00:32:26.05	5:58	10.1
7	MODZELEWSKA-SOKOŁ BARBARA	918		WARSZAWA	POL	K 60	7	K 401		00:14:12	00:31:26.70	00:32:27.80	6:17	9.5

BIEG URSYNOWA, K 60 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
8	STOLARSKA DANUTA	1350	PARKRUN SŁODOWO WŁOCLAWEK	WŁOCLAWEK	POL	K 60	8	K 406		00:14:43	00:31:27.95	00:34:15.95	6:17	9.5
9	PAWLAK LUCYNA	1045		MARKI	POL	K 60	9	K 491		00:15:41	00:34:04.80	00:37:14.20	6:48	8.8
10	HOŁOPIAK EWA	430	NEW BALANCE RUN CLUB	WARSZAWA	POL	K 60	10	K 534		00:15:34	00:35:44.90	00:38:50.70	7:08	8.4
11	BARTOSIK KRYSZYNA	55		WARSZAWA	POL	K 60	11	K 573		00:18:49	00:39:59.25	00:43:16.90	7:59	7.5
12	WRÓBLEWSKA JOANNA	1591	LAS NA ZAWSZE	WARSZAWA	POL	K 60	12	K 582		00:19:13	00:41:43.05	00:45:11.30	8:20	7.2
13	REDA ALICJA	1169	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 60	13	K 584	TEAM ZABIEGANEDNI	00:19:31	00:42:03.15	00:42:29.85	8:24	7.1

BIEG URSYNOWA, M 60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	MARCHEWKA JAN	1854	SZKOŁA FUNDACJA PRIMUS ZOLTANA BALO	WARSZAWA	POL	M 60	1	M 164		00:09:14	00:19:30.35	00:19:47.65	3:54	15.4
2	ŁOCZEWSKI PAWEŁ	801		WARSZAWA	POL	M 60	2	M 199		00:09:07	00:19:51.10	00:20:24.70	3:58	15.1
3	ROSZKOWSKI WOJCIECH	1198		WARSZAWA	POL	M 60	3	M 204		00:09:19	00:19:51.75	00:20:16.90	3:58	15.1
4	ALFUT GRZEGORZ	20	VELO SIERPC	SIERPC	POL	M 60	4	M 253		00:09:36	00:20:32.20	00:21:17.90	4:06	14.6
5	NOWOCIEŃ JACEK	975	UKS RUSIEC	PODKOWA LEŚNA	POL	M 60	5	M 287		00:09:35	00:20:50.90	00:21:11.30	4:10	14.4
6	MALESZKA PAWEŁ	835		JABŁONNA	POL	M 60	6	M 320		00:09:53	00:21:11.85	00:21:43.00	4:14	14.2
7	STAŃSKI SŁAWOMIR	2140		-	POL	M 60	7	M 334		00:10:11	00:21:20.35	00:21:54.80	4:16	14.1
8	KOWALSKI ROBERT	676	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 60	8	M 361		00:09:58	00:21:29.85	00:22:21.00	4:17	14
9	NIEDŹWIADEK CZESŁAW	958	NIEDŹWIADKI RUNNING TEAM	WARSZAWA	POL	M 60	9	M 407		00:10:09	00:22:02.40	00:22:47.30	4:24	13.6
10	KLUJ BOGUSŁAW	602	BIEGAM DLA SANDRY I ROBERTA	ZAKRĘT	POL	M 60	10	M 418		00:10:31	00:22:10.85	00:22:57.75	4:26	13.5
11	RÓŻYCKI GRZEGORZ	1201		ŁÓDŹ	POL	M 60	11	M 442		00:10:12	00:22:26.90	00:22:56.20	4:29	13.4
12	SOCHA JAN	1305		WARSZAWA	POL	M 60	12	M 475		00:10:12	00:22:43.00	00:23:17.00	4:32	13.2
13	PIENIAŻEK LESZEK	1895	AKTYWNA WARSZAWA	WARSZAWA	POL	M 60	13	M 477	AKTYWNA WARSZAWA	00:11:00	00:22:43.50	00:24:01.90	4:32	13.2
14	MĄSLANKO PRZEMYSŁAW	871	M	BRZEZINY	POL	M 60	14	M 535		00:10:40	00:23:18.80	00:24:08.90	4:39	12.9
15	KRYCZEK PIOTR	704		WARSZAWA	POL	M 60	15	M 537		00:11:11	00:23:19.45	00:24:38.45	4:39	12.9
16	PLUTA IRENEUSZ	1091		WARSZAWA	POL	M 60	16	M 545		00:10:54	00:23:23.50	00:23:59.40	4:40	12.8
17	MALISZEWSKI CEZARY	840		WARSZAWA	POL	M 60	17	M 553		00:10:52	00:23:27.55	00:23:52.50	4:41	12.8
18	POLAK LECHOSŁAW	424	ADIDAS RUNNERS WARSAW	PĘCICE MAŁE	POL	M 60	18	M 559	ADIDAS RUNNERS WARSAW	00:10:59	00:23:32.25	00:24:27.40	4:42	12.7
19	SNOPEK STANISŁAW	1299	TVP SPORT	IZABELIN	POL	M 60	19	M 569		00:10:52	00:23:36.25	00:24:41.70	4:43	12.7
20	WOLSZCZAK RYSZARD	1993	WKZ KOZIENICE BBL	KOZIENICE	POL	M 60	20	M 631	WKZ KOZIENICE BBL	00:11:25	00:24:13.75	00:25:03.90	4:50	12.4
21	KSYNA BOGUSŁAW	712		KAMION MAŁY	POL	M 60	21	M 662		00:11:33	00:24:30.30	00:25:04.55	4:54	12.2
22	IWKIEWICZ TOMASZ	446		WARSZAWA	POL	M 60	22	M 670		00:11:29	00:24:35.15	00:25:10.30	4:55	12.2
23	DRABAREK ROMUALD	255		WARSZAWA	POL	M 60	23	M 676		00:11:27	00:24:39.80	00:25:58.50	4:55	12.2
24	SIERY ARTUR	1252		WARSZAWA	POL	M 60	24	M 732		00:11:46	00:25:11.35	00:26:42.35	5:02	11.9
25	JUSZCZAK LESZEK	1806	GOCLAWSKIE KOTY Z NIEZALEŻNYM CYRYLEM NA CZELE	WARSZAWA	POL	M 60	25	M 736		00:11:41	00:25:13.20	00:26:19.35	5:02	11.9
26	ŻÓŁKOWSKI MAREK	1668	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 60	26	M 774	TEAM ZABIEGANEDNI	00:12:14	00:25:42.00	00:27:25.15	5:08	11.7
27	CHWASTEK RYSZARD	177	RATUJMYRYSIE	WARSZAWA	POL	M 60	27	M 782		00:12:21	00:25:46.65	00:27:51.95	5:09	11.6
28	UKRAINIIEC BOGDAN	1975	SC ULTRA	LWOW	UKR	M 60	28	M 797		00:12:14	00:25:54.15	00:27:29.25	5:10	11.6
29	MARCINKOWSKI DARIUSZ	853		SOCHACZEW	POL	M 60	29	M 821		00:12:32	00:26:09.40	00:28:07.15	5:13	11.5
30	BUDNICKI GRZEGORZ	127		WARSZAWA	POL	M 60	30	M 870		00:12:28	00:26:38.35	00:27:49.60	5:19	11.3
31	SZYDŁOWSKI JERZY	1408		WARSZAWA	POL	M 60	31	M 885		00:12:17	00:26:51.85	00:28:07.70	5:22	11.2
32	STOLARSKI JANUSZ	1351	PARKRUN SŁODOWO WŁOCLAWEK	WŁOCLAWEK	POL	M 60	32	M 890		00:13:06	00:26:56.10	00:29:07.75	5:23	11.1
33	KONDRAT PIOTR	625		ZĄBKI	POL	M 60	33	M 908		00:12:23	00:27:12.85	00:29:01.10	5:26	11
34	GÓRAL PIOTR	383		JÓZEFOSŁAW	POL	M 60	34	M 915		00:12:30	00:27:19.60	00:29:09.05	5:27	11
35	BRZozowski ANDRZEJ	119	WKZ	ZAMOŚĆ	POL	M 60	35	M 921		00:13:12	00:27:22.10	00:29:36.75	5:28	11
36	ŻÓŁCIŃSKI WALDEMAR	1667	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 60	36	M 927	GRUPA BIEGOWA UM W-WA	00:13:12	00:27:25.70	00:29:09.85	5:29	10.9
37	REDA SŁAWOMIR	1170	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 60	37	M 944	TEAM ZABIEGANEDNI	00:13:17	00:27:37.00	00:29:52.90	5:31	10.9
38	BATOR ZBIGNIEW	59		WARSZAWA	POL	M 60	38	M 947		00:12:57	00:27:38.55	00:29:15.60	5:31	10.9
39	HULANICKI ANDRZEJ	441	POLCARD FROM FISERV	WARSZAWA	POL	M 60	39	M 954		00:13:11	00:27:46.40	00:28:51.15	5:33	10.8
40	PAŁASIEWICZ GRZEGORZ	1031		WARSZAWA	POL	M 60	40	M 964		00:13:07	00:27:51.70	00:29:43.80	5:34	10.8
41	BUKOWSKI JANUSZ	137		WARSZAWA	POL	M 60	41	M 973		00:12:56	00:27:59.80	00:28:25.15	5:35	10.7
42	NARTOWSKI JAN	950	MORT!	WARSZAWA	POL	M 60	42	M 976		00:13:10	00:28:03.20	00:30:46.40	5:36	10.7

BIEG URSYNOWA, M 60 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
43	BIERNAT MICHAŁ	80		ŁÓDŹ	POL	M 60	43	M 1052		00:13:57	00:29:14.40	00:31:23.25	5:50	10.3
44	NOWAK WIKTOR	966	SPARTANIE DZIECIOM	WARSZAWA	POL	M 60	44	M 1083		00:13:37	00:29:50.65	00:33:06.40	5:58	10.1
45	NOGAL JÓZEF	963	ALBATROS	PODŁĘCZE	POL	M 60	45	M 1084		00:13:27	00:29:54.35	00:31:47.40	5:58	10
46	WALOS JAN	1508		WARSZAWA	POL	M 60	46	M 1090		00:13:19	00:30:08.00	00:31:48.50	6:01	10
47	DĄBROWSKI ANDRZEJ	226		JÓZEFÓW	POL	M 60	47	M 1111		00:13:45	00:30:54.75	00:34:05.15	6:10	9.7
48	KOWALCZYK BOGDAN	664	WARSZAWA-BRÓDNO	WARSZAWA	POL	M 60	48	M 1117		00:14:04	00:30:57.30	00:33:40.05	6:11	9.7
49	KUCHARSKI KRZYSZTOF	723		WARSZAWA	POL	M 60	49	M 1146		00:14:53	00:32:07.20	00:34:02.00	6:25	9.3
50	BEDNARZAK TADEUSZ	1678	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M 60	50	M 1150		00:15:46	00:32:16.50	00:35:26.50	6:27	9.3
51	SZYMAŃCZAK ZBIGNIEW	1958		NADARZYN	POL	M 60	51	M 1153		00:15:01	00:32:33.30	00:33:34.85	6:30	9.2
52	ŻOCHOWSKI GRZEGORZ	1666		WARSZAWA	POL	M 60	52	M 1159		00:15:13	00:32:46.00	00:36:11.70	6:33	9.2
53	SŁOWIK JERZY	1290		WARSZAWA	POL	M 60	53	M 1180		00:13:03	00:33:52.10	00:35:12.70	6:46	8.9
54	MOSKAŁA BOGUSŁAW	925		WARSZAWA	POL	M 60	54	M 1191		00:16:19	00:34:39.00	00:37:44.85	6:55	8.7
55	OLCZAK WITOLD	991	UMCS BIEGA	WARSZAWA	POL	M 60	55	M 1203		00:16:21	00:35:29.90	00:38:36.35	7:05	8.5
56	TUROWSKI KRZYSZTOF	1477		WARSZAWA	POL	M 60	56	M 1206		00:16:16	00:36:09.90	00:37:35.85	7:13	8.3
57	SMYDA PIOTR	1688		BUSKO-ZDRÓJ	POL	M 60	57	M 1211		00:17:06	00:36:38.70	00:39:48.60	7:19	8.2

BIEG URSYNOWA, K 70

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	TULA RENATA	1475		WARSZAWA	POL	K 70	1	K 101		00:11:54	00:25:18.50	00:26:47.90	5:03	11.9
2	JASINOWSKA EMILIA	475		MIĘDZYCHÓD	POL	K 70	2	K 304		00:13:29	00:29:21.90	00:30:59.65	5:52	10.2
3	KARŁOWICZ ANNA	547	PARTIA WOLNYCH BIEGACZY	WARSZAWA	POL	K 70	3	K 400		00:14:27	00:31:25.45	00:34:16.50	6:17	9.5
4	GRZESZAK DANUTA	9		MOGILNO	POL	K 70	4	K 431		00:15:05	00:32:20.60	00:35:00.15	6:28	9.3
5	JURKOWSKA IRENA	502		WARSZAWA	POL	K 70	5	K 521		00:15:54	00:35:09.95	00:36:39.95	7:01	8.5
6	DZIKI MARZENNA	286	ALETEMPO	WARSZAWA	POL	K 70	6	K 585		00:20:43	00:45:19.15	00:48:37.30	9:03	6.6
7	TUKENDORF BARBARA	1474	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 70	7	K 587	TEAM ZABIEGANEDNI	00:24:00	00:50:02.50	00:51:10.30	10:00	6

BIEG URSYNOWA, M 70

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	SAJKOWSKI ANDRZEJ	1232	METRO WARSZAWSKIE	WARSZAWA	POL	M 70	1	M 380		00:09:55	00:21:45.50	00:22:08.50	4:21	13.8
2	GRÓŃSKI JAN	410	BIEGACZ ŚWIĘTOKRZYSKI	KIELCE	POL	M 70	2	M 603		00:11:07	00:23:56.50	00:25:31.55	4:47	12.5
3	BEŁOWSKI LESZEK	65	AD BLUE NOXY PUŁAWY	PUŁAWY	POL	M 70	3	M 614		00:11:14	00:24:04.55	00:25:23.30	4:48	12.5
4	CIERECH BOGUSŁAW	182		TERESIN	POL	M 70	4	M 669		00:11:10	00:24:35.15	00:25:54.30	4:55	12.2
5	KACPROWSKI TADEUSZ	1808		WARSZAWA	POL	M 70	5	M 754		00:11:56	00:25:27.35	00:26:57.80	5:05	11.8
6	SOWIŃSKI EDMUND	1942	TKKF PŁOCK	PŁOCK	POL	M 70	6	M 979		00:13:20	00:28:04.05	00:30:16.00	5:36	10.7
7	MALER WŁADYSŁAW	834	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 70	7	M 980		00:13:26	00:28:06.15	00:29:57.10	5:37	10.7
8	DYMEL ANDRZEJ	278	MARKOWI BIEGACZE	WARSZAWA	POL	M 70	8	M 991		00:12:32	00:28:20.25	00:28:35.50	5:40	10.6
9	SZAFRAN CZESŁAW	1379		OTWOCK	POL	M 70	9	M 1002		00:13:13	00:28:27.25	00:30:13.00	5:41	10.5
10	NIEWIADOMSKI ZDZISŁAW	960		WARSZAWA	POL	M 70	10	M 1055		00:13:24	00:29:18.20	00:31:58.70	5:51	10.2
11	DYMEL PIOTR	279		WARSZAWA	POL	M 70	11	M 1079		00:13:52	00:29:47.70	00:31:59.50	5:57	10.1
12	SZYMCZAK MIROŚŁAW	1420	TRIWAWA	WARSZAWA	POL	M 70	12	M 1089		00:14:05	00:30:07.25	00:33:04.00	6:01	10
13	GLASSER MAREK	360		WARSZAWA	POL	M 70	13	M 1129		00:14:53	00:31:33.30	00:33:58.70	6:18	9.5
14	MICHAŁAK JERZY	898	KB IM. P.SĘKOWSKIEGO	PŁOŃSK	POL	M 70	14	M 1139		00:14:45	00:32:00.05	00:34:39.20	6:24	9.4
15	GRABOWSKI JERZY	399	NIEZRZESZONY	WARSZAWA	POL	M 70	15	M 1144		00:15:07	00:32:04.70	00:34:47.20	6:24	9.4
16	SOKOŁOWSKI MARIAN	1313	SAMOTNY WILK	WARSZAWA	POL	M 70	16	M 1145		00:14:33	00:32:05.15	00:33:48.30	6:25	9.4
17	CHMIELEWSKI ANTONI	161	MIĘDZYRZECKA GRUPA BIEGOWA	MJEDZYRZEC PODLASKI	POL	M 70	17	M 1166		00:15:34	00:33:08.80	00:36:18.20	6:37	9.1
18	HOŁOWACZ TOMASZ	431	KONDYCJA	WARSZAWA	POL	M 70	18	M 1209		00:17:30	00:36:26.00	00:39:28.50	7:17	8.2
19	GARWACKI JOZEF	341		PŁOCK	POL	M 70	19	M 1215		00:17:05	00:36:59.55	00:40:08.70	7:23	8.1
20	JANISZEWSKI STANISŁAW	1681	-	WARSZAWA	POL	M 70	20	M 1223		00:17:11	00:37:59.70	00:38:06.90	7:35	7.9
21	MOSZKOWICZ EUGENIUSZ	928	KONDYCJA	WARSZAWA	POL	M 70	21	M 1230		00:18:07	00:41:02.40	00:44:04.05	8:12	7.3
22	CZECHOWSKI JERZY	204	MZA - WARSZAWA	WARSZAWA	POL	M 70	22	M 1232		00:19:38	00:42:39.05	00:44:51.40	8:17	7
23	BAK MIROŚŁAW	62		WARSZAWA	POL	M 70	23	M 1233		00:21:08	00:46:42.05	00:48:17.60	9:20	6.4
24	DOMANSKI JACEK EXPEDYT	249	WKB META LUBLINIEC	WARSZAWA	POL	M 70	24	M 1235		00:23:24	00:49:28.25	00:51:10.85	9:53	6.1

BIEG URSYNOWA,

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Drużyna 1	2.5km	Netto	Brutto	min/km	km/h
1	OCHNIK KAMILA	982		WARSZAWA	POL			K 125		00:12:22	00:25:57.05	00:27:49.60	5:11	11.6
2	FARRALES RONALDO	1698	PINOYSINPOLAND	WARSZAWA	POL			M 936		00:12:02	00:27:33.40	00:28:39.60	5:30	10.9
3	MILLER GABRIELA	908	YUMMY BANANA	WARSZAWA	POL			K 244	YUMMY BANANA	00:13:41	00:28:23.05	00:30:46.30	5:40	10.6
4	OLIWO KAMIL	994	ARENA	WARSZAWA	POL			M 1001		00:12:53	00:28:26.55	00:30:28.15	5:41	10.6
5	WEKA KRZYSZTOF	1520	BIALYSTOK BIEGA TEAM	BIALYSTOK	POL			M 1092	VEGE RUNNERS RESZTA ŚWIATA	00:13:29	00:30:15.00	00:31:14.75	6:03	9.9

BIEG URSYNOWA, Klasyfikacja Drużynowa

Miejsce	Drużyna	Zawodnicy klasyfikowani	Czas	Czas drużyny
1	DUKLANOWSKI TEAM	KAMIL JASTRZĘBSKIMIKOŁAJ SKIBIŃSKIKONRAD ŁABĘDZKIADRIANA KALBARCZYK	00:14:43.8000:15:31.7000:16:26.6500:17:28.35	01:04:00
2	ADIDAS RUNNERS WARSAW	DOMINIKA STELMACHDOMINIK ROBAKMICHAŁ ORZEŁPAWEŁ KAMIŃSKI	00:16:48.2500:17:07.2500:17:56.1000:18:15.30	01:10:00
3	ŻÓRAWSKI TEAM	MACIEJ KWARTAALBERT WAŚNIEWSKIALEXANDER PARMEEALICJA GASIOROWSKA	00:16:03.7500:17:13.6500:17:27.3000:20:51.35	01:11:30
4	VEGE RUNNERS URSYNÓW	PIOTR WITUSOWSKIMAREK PRIMIKSEBASTIAN WOJCIECHOWSKIMAGDA JASKÓLSKA	00:17:30.5500:17:51.4500:17:55.4000:20:31.95	01:13:40
5	LIPIEC RUNNING TEAM	TOMASZ GREWIŃSKITOMASZ WOJTASIAKMAGDA BUBELAPIOTR RUSZNIK	00:18:33.8000:18:37.5500:18:43.5000:18:56.60	01:14:40
6	BIEGOWY WARIAT RUNNING TEAM	MARCIN ŁOJEWSKIGRZEGORZ MARCINIAKJAKUB ŚLIWIAKAGNIESZKA SZYMAŃSKA	00:18:09.7500:18:11.2000:18:18.7500:20:57.10	01:15:30
7	TEAM ZABIEGANEDNI #1	JULIAN MAJCHRZAKSEBASTIAN ZASĘPAMARCIN LEJADOMINIKA SŁOMKA	00:17:19.4500:18:25.0500:18:41.6000:22:37.00	01:17:00
8	WKZ KOZHENICE BBL	MARCIN PODCZASIGRZEGORZ SOB CZYKANNA CHOŁUJDARIUSZ MILCZARCZYK	00:17:39.0500:17:56.8500:21:07.9500:21:26.00	01:18:00
9	GÓRA BIEGA - DZIKI	MACIEJ SOLKAPAWEŁ REGULSKIŁUKASZ ZIELIŃSKIAGNIESZKA WIEWIURA	00:17:47.5000:18:33.1500:18:57.2500:23:09.40	01:18:20
10	PAWKO RUNNER TEAM	PAWEŁ KROCHMALMARTA WOJTKOWIAKMATEUSZ KWIATKOWSKIMICHAŁ CHEŁCHOWSKI	00:15:57.2500:19:16.9000:21:09.9000:22:15.15	01:18:30
11	TEAM ZABIEGANEDNI	KAMIL WOŁOSEWICZPAULINA RĘKAWEBARTŁOMIEJ LEWIŃSKISEBASTIAN TROJDAN	00:19:34.9500:20:24.6500:20:43.0000:21:49.20	01:22:30
12	TEAM ZABIEGANEDNI #2	KRZYSZTOF STARKOKRZYSZTOF STAEVENMARCIN NURZYŃSKIMARTA PRUSAK	00:18:30.9500:19:27.0000:20:23.4000:25:35.00	01:23:50
13	KS STASZEWCY	TOMASZ KOSIERADZKIMACIEJ KUCHARSKIMICHAŁ GÓRCZYŃSKIMAGDALENA JAGIELSKA	00:19:36.1000:20:30.1000:20:56.8000:22:59.75	01:24:00
14	WARSAW RUN CLUB	MARCIN CIESIELSKIZENON OLSZAKPAWEŁ POMASKIAGNIESZKA DOLIŃSKA	00:19:30.1500:21:03.1500:21:45.7000:24:34.45	01:26:50
15	AKTYWNA WARSZAWA	JAROSŁAW DOMAGAŁAMARIUSZ PILNIAKLESZEK PIENIAŻEKADA JERECZEK	00:20:43.7000:21:56.0000:22:43.5000:22:44.90	01:28:00
16	KB PACE WARSZAWA	PIOTR STRZELECKIPAWEŁ OLSZAŃSKIARTUR KLAMBOROWSKIKINGA KOWALSKA	00:18:05.2000:18:44.4500:21:53.6500:29:25.85	01:28:00
17	GRUPA BIEGOWA UM W-WA	MARCIN LENDZIONPAWEŁ MACHOŃDANIEL PASIŃSKIROMA NAWROCKA	00:20:27.8500:21:35.9500:22:19.6000:24:29.85	01:28:50
18	PZU SPORT TEAM	DAREK KNYCHASANNA GADOMSKAJAKUB ŚLEPOWROŃSKIŁUKASZ KRÓL	00:21:03.8000:22:06.8500:22:34.0500:23:21.60	01:29:00
19	TEAM ZABIEGANEDNI #3	MICHAŁ MULAŁAKRZYSZTOF PONIATOWSKIOANNA JAWORSKAANNA FABISIAK	00:20:20.5000:23:14.6000:23:48.6500:24:37.35	01:31:50
20	VEGE RUNNERS RESZTA ŚWIATA	OKTAWIA BUKAŁATOMASZ PAWLICKIKATARZYNA KROPIAKMACIEJ JÓZEFOWICZ	00:21:44.1000:23:12.0500:23:55.7500:24:43.50	01:33:30
21	GÓRA BIEGA	PIOTR MOTYKAARKADIUSZ GÓRSKIELŻBIETA CHARKOPATRYK KOZŁOWSKI	00:21:21.8500:24:44.1500:25:35.1000:26:24.40	01:38:00
22	TEAM ZABIEGANEDNI #4	MARCIN FABISIAKKASIA KOWALSKADAMIAN MIKULSKIMONIKA KRÓL	00:19:53.4000:24:55.7000:25:49.7500:27:28.70	01:38:00
23	BRACHTWO BIEGOWE BGK	ADAM DĄBROWSKIPIOTR ŁOZIŃSKIEDYTA PIOTROWSKADOROTA OLSZEWSKA	00:24:01.5500:24:02.8000:24:47.3500:26:50.70	01:39:40
24	KB PACE WARSZAWA 2	DARIUSZ PROSTKOTOMASZ KOWALSKIMAGDALENA KLAMBOROWSKAAGNIESZKA ZATORSKA	00:20:32.4500:24:48.8500:27:54.3000:27:54.60	01:41:00
25	MARUDY Z KOBYŁKI	MARIUSZ BISOWSKIAMELIA BISOWSKASZYMON BISOWSKIHANNA BISOWSKA	00:19:55.9500:23:47.4000:24:22.0500:36:39.35	01:44:40
26	ITMRUN	VOLODYMIR MARTSENIUKMATEUSZ MANARTOLENA SOKHANTATSIANA VIARBITSKAYA	00:22:55.0000:25:28.7500:29:04.5500:29:13.20	01:46:40
27	CBRE	HUBERT WAWERJAROSLAW RYBCHUKMIKOŁAJ DUDEKKATARZYNA WOLAK	00:24:46.9500:26:58.6500:27:38.4500:30:38.85	01:50:00
28	DRAGONFLIES	ALEKSANDRA MOTYKAGRZEGORZ MADEJAKUB MADEJWIKTORIA MADEJ	00:26:23.2500:28:08.2500:29:30.3000:29:52.65	01:53:50