

**II SERIA**

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
 Data: 2023-06-15  
 Miejsce: Koszalin  
 Dystans: 5 km  
 Klasyfikacja wg czasów brutto.


**II SERIA, OPEN**

| M-ce | Nazwisko i imię     | Nr | Klub                       | M-sco         | Kraj | Kat.      | M. kat | K/M  | Seria | 3km      | 3.4km    | 3.8km    | 4.2km    | 4.6km    | Netto       | Brutto      | min/km | km/h |
|------|---------------------|----|----------------------------|---------------|------|-----------|--------|------|-------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1    | PICK TOMASZ         | 14 | BIEGOLAS / KORONA          | KOSZALIN      | POL  | M-50      | 1      | M 1  | 2     | 00:11:15 | 00:12:46 | 00:14:18 | 00:15:48 | 00:17:18 | 00:18:33.48 | 00:18:33.48 | 3:42   | 16.2 |
| 2    | WITKIEWICZ ERYK     | 24 | KB DZIESIATKA BIAŁOGARD    | BIAŁOGARD     | POL  | M-40      | 1      | M 2  | 2     | 00:11:08 | 00:12:40 | 00:14:13 | 00:15:46 | 00:17:20 | 00:18:40.83 | 00:18:40.83 | 3:44   | 16.1 |
| 3    | GAJEWSKI ANDRZEJ    | 21 | STOPA SŁUPSK               | DAMNIC A      | POL  | M-40      | 2      | M 3  | 2     | 00:11:23 | 00:12:57 | 00:14:30 | 00:16:04 | 00:17:36 | 00:18:58.26 | 00:18:58.26 | 3:47   | 15.8 |
| 4    | CHOLEWIŃSKI ARTUR   | 18 | AML SŁUPSK                 | SŁUPSK        | POL  | SENIOR -M | 1      | M 4  | 2     | 00:11:39 | 00:13:15 | 00:14:51 | 00:16:26 | 00:17:57 | 00:19:22.24 | 00:19:22.24 | 3:52   | 15.5 |
| 5    | NOWICKI MICHAŁ      | 33 | KB WYGAN                   | KOŁOBRZEG     | POL  | SENIOR -M | 2      | M 5  | 2     | 00:11:34 | 00:13:10 | 00:14:42 | 00:16:17 | 00:17:55 | 00:19:26.75 | 00:19:26.75 | 3:53   | 15.4 |
| 6    | PIENIAWSKI MATEUSZ  | 22 |                            | KOSZALIN      | POL  | SENIOR -M | 3      | M 6  | 2     | 00:11:30 | 00:13:08 | 00:14:48 | 00:16:28 | 00:18:06 | 00:19:32.78 | 00:19:32.78 | 3:54   | 15.4 |
| 7    | WEBER PAWEŁ         | 15 | BIEGOLAS                   | KOSZALIN      | POL  | M-40      | 3      | M 7  | 2     | 00:11:32 | 00:13:09 | 00:14:48 | 00:16:26 | 00:18:04 | 00:19:33.66 | 00:19:33.66 | 3:54   | 15.3 |
| 8    | MAĆKOWIAK KRZYSZTOF | 16 | DOMINET                    | KOSZALIN      | POL  | M-40      | 4      | M 8  | 2     | 00:11:35 | 00:13:13 | 00:14:52 | 00:16:30 | 00:18:08 | 00:19:38.81 | 00:19:38.81 | 3:55   | 15.3 |
| 9    | SZCZUBLEWSKI MARTIN | 25 | KAMIEŃ RYMAŃSKI            | KOSZALIN      | POL  | SENIOR -M | 4      | M 9  | 2     | 00:11:53 | 00:13:30 | 00:15:10 | 00:16:52 | 00:18:31 | 00:20:04.55 | 00:20:04.55 | 4:00   | 15   |
| 10   | MARCINIAK MACIEJ    | 29 | PARKRUN                    | POŁCZYN ZDRÓJ | POL  | SENIOR -M | 5      | M 10 | 2     | 00:12:13 | 00:13:56 | 00:15:34 | 00:17:11 | 00:18:44 | 00:20:09.79 | 00:20:09.79 | 4:01   | 14.9 |
| 11   | KONKEL AGNIESZKA    | 19 |                            | KOSZALIN      | POL  | SENIOR -K | 1      | K 1  | 2     | 00:11:55 | 00:13:35 | 00:15:16 | 00:16:59 | 00:18:38 | 00:20:11.33 | 00:20:11.33 | 4:02   | 14.9 |
| 12   | MAZURSKI PAWEŁ      | 26 |                            | GRYFICE       | POL  | SENIOR -M | 6      | M 11 | 2     | 00:12:06 | 00:13:52 | 00:15:38 | 00:17:24 | 00:19:06 | 00:20:37.29 | 00:20:37.29 | 4:07   | 14.6 |
| 13   | NAGÓREK KRZYSZTOF   | 32 | TUPOT USTKA                | SŁUPSK        | POL  | M-60      | 1      | M 12 | 2     | 00:12:18 | 00:13:58 | 00:15:41 | 00:17:23 | 00:19:06 | 00:20:39.74 | 00:20:39.74 | 4:07   | 14.5 |
| 14   | BIERZANOWSKI RAFAŁ  | 23 |                            | SŁUPSK        | POL  | M-40      | 5      | M 13 | 2     | 00:12:18 | 00:13:59 | 00:15:41 | 00:17:24 | 00:19:07 | 00:20:42.27 | 00:20:42.27 | 4:08   | 14.5 |
| 15   | KRUK MARCIN         | 28 | TKKF MASTERS KOSZALIN      | KOSZALIN      | POL  | M-40      | 6      | M 14 | 2     | 00:12:20 | 00:14:03 | 00:15:47 | 00:17:31 | 00:19:18 | 00:20:58.77 | 00:20:58.77 | 4:11   | 14.3 |
| 16   | RUTKOWSKI ARTUR     | 30 | RUNKING / SPORTOWIEC.IN FO | KOSZALIN      | POL  | SENIOR -M | 7      | M 15 | 2     | 00:13:29 | 00:15:25 | 00:17:24 | 00:19:24 | 00:21:21 | 00:22:57.29 | 00:22:57.29 | 4:35   | 13.1 |
| 17   | ŻUCHELKOWSKI HENRYK | 44 | NEPTUN KOŁOBRZEG           | KOŁOBRZEG     | POL  | SENIOR -M | 8      | M 16 | 2     | 00:14:14 | 00:16:09 | 00:18:05 | 00:19:56 | 00:21:49 | 00:23:38.90 | 00:23:38.90 | 4:43   | 12.7 |
| 18   | WOJCIECHOWSKA BASIA | 27 |                            | MRZEŻY NO     | POL  | SENIOR -K | 2      | K 2  | 2     | 00:12:49 | 00:14:38 | 00:16:29 | 00:18:15 | 00:19:57 |             |             | 4:20   | 13.8 |