

**III SERIA**

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
 Data: 2023-06-15  
 Miejsce: Koszalin  
 Dystans: 5 km  
 Klasyfikacja wg czasów brutto.


**III SERIA, OPEN**

| M-ce | Nazwisko i imię    | Nr | Klub                                     | M-sco           | Kraj | Kat.      | M. kat | K/M  | Seria | 3km      | 3.4km    | 3.8km    | 4.2km    | 4.6km    | Netto       | Brutto      | min/km | km/h |
|------|--------------------|----|--|-----------------|------|-----------|--------|------|-------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1    | WITKOWSKI MATEUSZ  | 1  |  | NOWE BIELICE    | POL  | SENIOR -M | 1      | M 1  | 3     | 00:09:42 | 00:11:00 | 00:12:19 | 00:13:40 | 00:15:01 | 00:16:21.49 | 00:16:21.49 | 3:16   | 18.3 |
| 2    | PROWANCKI PATRYK   | 3  | WILKI POMORSKIE                          | KOSZALIN        | POL  | SENIOR -M | 2      | M 2  | 3     | 00:09:43 | 00:11:04 | 00:12:30 | 00:13:54 | 00:15:14 | 00:16:26.47 | 00:16:26.47 | 3:17   | 18.3 |
| 3    | PIOTRASCHKE PAWEŁ  | 52 | AML SŁUPSK                               | SŁUPSK          | POL  | M-40      | 1      | M 3  | 3     | 00:10:01 | 00:11:20 | 00:12:41 | 00:14:02 | 00:15:22 | 00:16:36.19 | 00:16:36.19 | 3:19   | 18.1 |
| 4    | KARCZ ARTUR        | 5  | OSP MRZEŻYNO                             | MRZEŻYNO        | POL  | M-40      | 2      | M 4  | 3     | 00:10:27 | 00:11:53 | 00:13:17 | 00:14:42 | 00:16:07 | 00:17:16.10 | 00:17:16.10 | 3:27   | 17.4 |
| 5    | KOZAK ARKADIUSZ    | 8  | TKKF KOSZALIN                            | BONIN           | POL  | M-50      | 1      | M 5  | 3     | 00:10:27 | 00:11:53 | 00:13:17 | 00:14:41 | 00:16:06 | 00:17:16.79 | 00:17:16.79 | 3:27   | 17.4 |
| 6    | KOŁOMAŃSKI MICHAŁ  | 4  | CZARNECKI RUN TEAM                       | WILKÓW          | POL  | SENIOR -M | 3      | M 6  | 3     | 00:10:26 | 00:11:52 | 00:13:17 | 00:14:42 | 00:16:07 | 00:17:22.61 | 00:17:22.61 | 3:28   | 17.3 |
| 7    | WASZCZUK TOMASZ    | 2  | WASZCZUK TEAM                            | SZCZECIN        | POL  | M-40      | 3      | M 7  | 3     | 00:10:27 | 00:11:52 | 00:13:16 | 00:14:41 | 00:16:06 | 00:17:29.70 | 00:17:29.70 | 3:29   | 17.2 |
| 8    | FEDORCZAK ŁUKASZ   | 11 | BIEGOLAS KOSZALIN                        | KONIKOWO        | POL  | SENIOR -M | 4      | M 8  | 3     | 00:10:47 | 00:12:15 | 00:13:41 | 00:15:11 | 00:16:40 | 00:17:58.54 | 00:17:58.54 | 3:35   | 16.7 |
| 9    | RUDNIKOWSKI MACIEJ | 10 | BIEGUZDROWIS KOWY.PL / DARŁOWSKIE CHARTY | DARŁOWO         | POL  | M-40      | 4      | M 9  | 3     | 00:10:52 | 00:12:21 | 00:13:50 | 00:15:19 | 00:16:48 | 00:18:09.72 | 00:18:09.72 | 3:37   | 16.5 |
| 10   | HOŁUB KAMIL        | 7  | MLUKS TRZEBIATÓW                         | TRZEBIATÓW      | POL  | M-40      | 5      | M 10 | 3     | 00:10:54 | 00:12:23 | 00:13:53 | 00:15:24 | 00:16:54 | 00:18:17.59 | 00:18:17.59 | 3:39   | 16.4 |
| 11   | SMAGOWSKI WOJTEK   | 12 | OSP RĄBINO                               | RĄBINO/ ŚWIDWIN | POL  | M-40      | 6      | M 11 | 3     | 00:10:52 | 00:12:21 | 00:13:51 | 00:15:22 | 00:16:52 | 00:18:19.39 | 00:18:19.39 | 3:39   | 16.4 |
| 12   | WALEŃSKI MICHAŁ    | 17 |  | SIANÓW          | POL  | M-40      | 7      | M 12 | 3     | 00:11:10 | 00:12:42 | 00:14:11 | 00:15:38 | 00:17:06 | 00:18:31.40 | 00:18:31.40 | 3:42   | 16.2 |
| 13   | BLOCH RADOSŁAW     | 13 | WITKOWSKI RUNNING TEAM                   | DOBROWO         | POL  | SENIOR -M | 5      | M 13 | 3     | 00:11:18 | 00:12:50 | 00:14:21 | 00:15:51 | 00:17:19 | 00:18:38.95 | 00:18:38.95 | 3:43   | 16.1 |
| 14   | KLIMOWICZ MICHAŁ   | 9  |  | KOSZALIN        | POL  | SENIOR -M | 6      | M 14 | 3     | 00:11:10 | 00:12:41 | 00:14:14 | 00:15:48 | 00:17:22 | 00:18:48.00 | 00:18:48.00 | 3:45   | 16   |