

SGS LIGHT 21KM

Organiser: Fundacja Maratony Górskie

Date: 2023-06-25

Place: Karlów

Distance: 21 km

Results for the split 14 km

Klasyfikacja wg czasów brutto.

**SGS LIGHT 21KM, OPEN**

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|--------------------------|------|---|---------------------|-----|------|----------|----------|
| 1 | BONIEC RADOŚLAW | 2255 | NADLEŚNICTWO LIPINKI/AW SZYBCIEJ TEAM | ŁAZ | POL | M-30 | 00:38:41 | 01:09:03 |
| 2 | BRÝDL PAVEL | 2257 | SALOMON CZ | TRUTNOV | CZE | M-40 | 00:38:45 | 01:09:04 |
| 3 | GLAPIAK DAMIAN | 2240 | | BUCZ | POL | M-40 | 00:38:46 | 01:10:24 |
| 4 | ZARZYCKI MACIEJ | 2120 | DOGOŃ GRODZISK MAZOWIECKI | ŻÓŁWIN | POL | M-30 | 00:39:03 | 01:11:52 |
| 5 | SZYMAŃCZUK JACEK | 2074 | #BIEGIEMWLAS/NARAMOWICE BIEGAJA | POZNAŃ | POL | M-30 | 00:39:55 | 01:12:36 |
| 6 | KUSAL TOMASZ | 2297 | ZAŁOGA GÓRSKA | WROCLAW | POL | M-20 | 00:41:16 | 01:15:54 |
| 7 | TESLUK KUBA | 2181 | | KATOWICE | POL | M-30 | 00:42:15 | 01:16:53 |
| 8 | GONCZAR SZYMON | 2141 | | RYBNIK | POL | M-30 | 00:41:35 | 01:17:07 |
| 9 | TABIŚ PRZEMYSŁAW | 2110 | PEGA RUNNERS | KRAKÓW | POL | M-30 | 00:43:15 | 01:18:14 |
| 10 | KAMIŃSKI ARTUR | 2032 | PRZEDWOJEWSKI TEAM / KS BODZANÓW-NOWY ŚWIĘTÓW | NOWY ŚWIĘTÓW | POL | M-40 | 00:43:15 | 01:18:24 |
| 11 | TOMASIAK NATALIA | 2242 | SALOMON TEAM | KRYNICA-ZDRÓJ | POL | K-30 | 00:44:14 | 01:19:24 |
| 12 | PYZIK KRZYSZTOF | 2229 | VEGE SLONIK TEAM | SZCZECIN | POL | M-30 | 00:44:28 | 01:20:26 |
| 13 | KOŁODZIEJ ROMAN | 2290 | PERFEKTA KARLOWICE | KARLOWICE | POL | M-40 | 00:44:39 | 01:20:27 |
| 14 | KULIK-GAWĘDA IWONA | 2238 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | K-30 | 00:45:48 | 01:22:41 |
| 15 | CICHOWSKI WOJCIECH | 2288 | AW - SZYBCIEJ - TEAM | WROCLAW | POL | M-30 | 00:45:53 | 01:23:38 |
| 16 | BIELECKI SŁAWOMIR | 2076 | NARAMOWICE BIEGAJA | POZNAŃ | POL | M-30 | 00:46:13 | 01:24:47 |
| 17 | SZCZUPAK DOMINIK | 2243 | DZG RUNNERS ZGORZELEC | ZGORZELEC | POL | M-40 | 00:48:08 | 01:26:07 |
| 18 | PLAZA RADOŚLAW | 2258 | BARUNOWCE | WARSZAWA | POL | M-40 | 00:47:50 | 01:26:25 |
| 19 | ŚWIĄTKOWSKI PAWEŁ | 2069 | | TRZEMESZNO | POL | M-40 | 00:48:09 | 01:26:55 |
| 20 | HÁJEK JAKUB | 2268 | | KROMÉŘIŽ | CZE | M-50 | 00:48:34 | 01:27:08 |
| 21 | CHAMALA KRZYSZTOF | 2102 | WEEGREE | LUBOSZYCE | POL | M-40 | 00:49:32 | 01:27:50 |
| 22 | BAŁYS KATARZYNA | 2311 | HERCOG RUNNING TEAM | STRONIE ŚLĄSKIE | POL | K-40 | 00:48:53 | 01:29:23 |
| 23 | PADEE PIOTR | 2291 | TRIGYM SZCZECIN | SZCZECIN | POL | M-30 | 00:48:56 | 01:29:27 |
| 24 | CIRKO ARKADIUSZ | 2289 | SMS ZAGŁĘBIE LUBIN | LUBIN | POL | M-40 | 00:49:47 | 01:30:09 |
| 25 | DONDAJEWSKI MIKOŁAJ | 2244 | | POZNAŃ | POL | M-20 | 00:50:15 | 01:32:06 |
| 26 | WYROŚLAK JÓZEF | 2180 | | WROCLAW | POL | M-40 | 00:51:47 | 01:32:30 |
| 27 | GAŁECKI ROBERT | 2274 | HFB | KIEŁCZÓW | POL | M-30 | 00:49:42 | 01:32:38 |
| 28 | GRZĄBA SZYMON | 2186 | | MIKOŁÓW | POL | M-40 | 00:52:13 | 01:32:55 |
| 29 | KUCZYŃSKA WIOLETTA | 2283 | WIERZBICKI RUNNING PROJEKT | MIĘDZYRZECZ | POL | K-30 | 00:51:45 | 01:33:17 |
| 30 | PIETEK JAKUB | 2231 | | ŁÓDŹ | POL | M-20 | 00:50:53 | 01:33:28 |
| 31 | BABIŃSKA-POPIŁKA EWELINA | 2001 | | RADKÓW | POL | K-30 | 00:50:24 | 01:33:31 |
| 32 | ŁUKASIEWICZ EWA | 2202 | AW-SZYBCIEJ-TEAM | ZŁOTORJA | POL | K-50 | 00:54:41 | 01:33:55 |
| 33 | KOTULA JOACHIM | 2089 | | OZIMEK | POL | M-50 | 00:53:18 | 01:33:57 |
| 34 | MAŚLANKA JAROSŁAW | 2153 | PEGA RUNNERS | KRZYWACZKA | POL | M-50 | 00:50:14 | 01:34:14 |
| 35 | IWANOWSKI PRZEMYSŁAW | 2239 | HANNA TEAM | CHOCIANÓW | POL | M-40 | 00:51:32 | 01:34:55 |
| 36 | KŁODNICKI KRZYSZTOF | 2150 | | WROCLAW | POL | M-40 | 00:53:58 | 01:35:07 |
| 37 | JARZĘBOWICZ BEATA | 2065 | ZADYSZKA OŚWIĘCIM | OŚWIĘCIM | POL | K-40 | 00:52:59 | 01:35:49 |
| 38 | PONIAŃSKI SEWERYN | 2159 | | WROCLAW | POL | M-40 | 00:52:41 | 01:37:22 |
| 39 | STRZECHOWSKI DARIUSZ | 2200 | RAJSPOK ACTIVE | BEDOŃ PRZYKOŚCIELNY | POL | M-40 | 00:55:40 | 01:38:02 |
| 40 | OLĘDZKI SZYMON | 2031 | | SZCZECIN | POL | M-30 | 00:54:44 | 01:38:09 |
| 41 | GÓRECKI KRZYSZTOF | 2171 | | GRYFÓW ŚLĄSK | POL | M-20 | 00:54:53 | 01:38:11 |
| 42 | TROCKI GRZEGORZ | 2219 | TROCCYBIEGAJA | POZNAŃ | POL | M-40 | 00:55:25 | 01:38:19 |
| 43 | CYBUL MAREK | 2002 | TEAM DALIDALI | STĘSZEW | POL | M-40 | 00:58:00 | 01:39:27 |
| 44 | KĄNDUŁA GRZEGORZ | 2184 | | POZNAŃ | POL | M-40 | 00:56:46 | 01:39:28 |
| 45 | KORZENIOWSKI OSKAR | 2235 | INFINITY-GYM ŁUKASZ SZAPORÓW | BRZEG DOLNY | POL | M-20 | 00:56:25 | 01:39:28 |

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| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|--|------|---|---------------------|-----|------|----------|----------|
| 46 | POLIWOZAK PATRYK | 2054 | | MROWINY | POL | M-30 | 00:55:27 | 01:39:48 |
| 47 | BOLISEGA WOJCIECH | 2260 | | WAKEFIELD | GBR | M-30 | 00:54:40 | 01:40:01 |
| 48 | FILUS ADAM | 2251 | | POZNAŃ | POL | M-20 | 01:01:15 | 01:40:19 |
| 49 | MŁYNARCZYK ARKADIUSZ | 2123 | PRZEDWOJEWSKI TEAM | WROCLAW | POL | M-30 | 00:55:30 | 01:40:34 |
| 50 | JAWORSKA MAGDALENA | 2017 | GB WIELKOPOLSKY BIEGACZE/TEAM HWBT | POZNAŃ | POL | K-40 | 00:56:18 | 01:40:35 |
| 51 | ŁUCZAK PAWEŁ | 2198 | | TARNÓW OPOLSKI | POL | M-30 | 00:56:47 | 01:40:38 |
| 52 | BAGSIK LUKASZ | 2236 | | KATOWICE | POL | M-30 | 00:56:21 | 01:40:50 |
| 53 | SZULC MARCIN | 2199 | | POLICE | POL | M-40 | 00:54:39 | 01:40:56 |
| 54 | JÓZEFIAK BEATA | 2253 | | PLEWISKA | POL | K-30 | 00:57:18 | 01:41:21 |
| 55 | PIOTROWIAK ANGELIKA | 2195 | GARMIN WROCLAW | WROCLAW | POL | K-20 | 00:57:13 | 01:41:45 |
| 56 | PAWLAK MACIEJ | 2286 | TRIGYM SZCZECIN | SZCZECIN | POL | M-40 | 00:53:51 | 01:41:49 |
| 57 | PILETSKI MAKSIM | 2205 | BIEGACZE STU MOSTÓW | WROCLAW | POL | M-30 | 00:56:26 | 01:41:51 |
| 58 | BLICHARZ JAROSŁAW | 2030 | MKJ POLICE | POLICE | POL | M-50 | 00:56:44 | 01:41:54 |
| 59 | BOROWCZAK MARCIN | 2262 | PARKRUN SŁODOWO, WŁOCLAWEK | POZNAŃ | POL | M-30 | 00:58:14 | 01:41:57 |
| 60 | ŁĄZEWSKI MARCIN | 2023 | | CHWAŁĘCICE | POL | M-50 | 00:58:18 | 01:42:14 |
| 61 | HACUŚ JACEK | 2246 | | DUSZNIKI ZDRÓJ | POL | M-30 | 00:55:37 | 01:42:27 |
| 62 | SZYMAŃSKI PAWEŁ | 2193 | | TARNÓW OPOLSKI | POL | M-30 | 00:58:21 | 01:42:58 |
| 63 | ALBINIAK DOMINIK | 2161 | PEGA RUNNERS | KRAKÓW | POL | M-20 | 00:58:44 | 01:43:08 |
| 64 | AUGUSTYNIAK MAŁGORZATA | 2018 | | ŁÓDŹ | POL | K-50 | 00:56:39 | 01:43:20 |
| 65 | KRUPIANIK TOMASZ | 2215 | | WROCLAW | POL | M-40 | 00:57:56 | 01:43:38 |
| 66 | OLEJNIK MARCIN | 2264 | | ŻERNIKI WROCLAWSKIE | POL | M-40 | 00:57:54 | 01:43:47 |
| 67 | MASARCZYK WOJCIECH | 2127 | | WARSZAWA | POL | M-20 | | 01:43:55 |
| 68 | ZDANOWICZ WOJCIECH | 2092 | CZARNA ŁĄKA | CZARNA ŁĄKA | GER | M-40 | 00:57:28 | 01:43:57 |
| 69 | KURZYNIC ŁUKASZ | 2041 | | WROCLAW | POL | M-30 | 00:57:48 | 01:44:04 |
| 70 | KUREK PAWEŁ | 2035 | #WALKINGDAD | PNIEWY | POL | M-40 | 00:57:19 | 01:44:18 |
| 71 | KOZŁOWSKI PRZEMEK | 2292 | PIECHOTĄ PO SCHODACH | ŁÓDŹ | POL | M-40 | 01:00:20 | 01:44:34 |
| 72 | SZPILSKI PIOTR | 2005 | | KASSEL | GER | M-30 | 00:58:17 | 01:45:02 |
| 73 | MARUSZAK DAREK | 2060 | DOGOŃ GRODZISK MAZOWIECKI/DŹAKARTA RUN TEAM | JAKTORÓW | POL | M-40 | 00:57:14 | 01:45:03 |
| 74 | PARDAŁA WOJCIECH | 2029 | | ŁÓDŹ | POL | M-40 | 00:59:00 | 01:45:04 |
| 75 | MAZIAREK ADELA | 2165 | | NIEMODLIN | POL | K-40 | 00:59:36 | 01:45:13 |
| 76 | LEŚNIEWSKA JUSTYNA | 2151 | AKTYWNA NOWA RUDA | RADKÓW | POL | K-40 | 00:56:47 | 01:45:15 |
| 77 | BANACH ARTUR | 2296 | NSZZ "SOLIDARNOŚĆ" W VWMP | POLKOWICE | POL | M-40 | 00:58:14 | 01:45:41 |
| 78 | KOSTRZEWA WOJCIECH | 2096 | ZADYSZKA OŚWIĘCIM | OŚWIĘCIM | POL | M-40 | 00:58:24 | 01:45:49 |
| 79 | RABIEJ-OLSZEWSKA HANNA | 2164 | | CHOJNÓW | POL | K-30 | 00:59:03 | 01:45:58 |
| 80 | GRZYBOWSKI ROBERT | 2062 | MKJ POLICE | POLICE | POL | M-40 | 00:57:50 | 01:46:14 |
| 81 | WALCZAK AGATA | 2249 | WIR | ŁÓDŹ | POL | K-50 | 01:01:22 | 01:46:48 |
| 82 | STANULA KRZYSZTOF | 2207 | DOLNY ŚLĄSK | WROCLAW | POL | M-40 | 01:00:46 | 01:46:50 |
| 83 | KAYSIEWICZ MACIEJ | 2139 | NATURAL BORN RUNNERS TEAM | POZNAŃ | POL | M-50 | 00:58:31 | 01:47:20 |
| 84 | CIEPŁY KAMIL | 2194 | AW - SZYBCIEJ - TEAM | WROCLAW | POL | M-30 | 00:58:49 | 01:47:23 |
| 85 | SOKOŁOWSKI TOMASZ | 2216 | KLINIKA TRIATHLONU | BYDGOSZCZ | POL | M-30 | 00:57:53 | 01:47:37 |
| 86 | BŁĄŻ TOMASZ | 2143 | LEPSZE ŻBIKI | KRAKÓW | POL | M-30 | 00:59:59 | 01:47:43 |
| 87 | BORYCKI ARTUR | 2278 | | DĄBROWA TARNOWSKA | POL | M-40 | 01:01:48 | 01:47:50 |
| 88 | OLEKSA ROBERT | 2221 | | KARWIANY | POL | M-50 | 00:57:03 | 01:48:01 |
| 89 | MORÁVEK DAVID | 2313 | | KOSTEELC NAD ORLICÍ | POL | M-40 | 01:02:39 | 01:48:10 |
| 90 | KALEMBA TOMASZ | 2224 | | KRAKOW | POL | M-30 | 00:59:59 | 01:48:18 |
| 91 | PAPRZYCKI ROMUALD | 2189 | ROMUALD PAPRZYCKI | WARSZAWA | POL | M-50 | 01:00:13 | 01:48:36 |
| 92 | KĄZMIERCZAK MARIUSZ | 2019 | | POPOWO KOŚCIELNE | POL | M-30 | 01:01:48 | 01:48:43 |
| 93 | NOVÁK MARTIN | 2275 | NOWIS TRAILRUNNER | VÁPNO U PŘELOUČE | CZE | M-30 | 00:59:44 | 01:48:52 |
| 94 | PAPROCKI KRZYSZTOF | 2058 | | POLKOWICE | POL | M-50 | 01:01:23 | 01:49:13 |
| 95 | SAMBORSKI BARTOSZ | 2304 | ZAŁOGA GÓRSKA | WARSZAWA | POL | M-40 | 01:01:31 | 01:49:31 |
| 96 | KRZYŻANOWSKA - KORZENIOWSKA ANNA MARIA | 2234 | INFINITY-GYM ŁUKASZ SZAPORÓW | BRZEG DOLNY | POL | K-30 | 01:01:46 | 01:49:59 |
| 97 | STANKIEWICZ ANNA | 2191 | DOGOŃ GRODZISK MAZOWIECKI | CZARNY LAS | POL | K-40 | 01:00:41 | 01:51:23 |
| 98 | KONIECZNY WOJCIECH | 2214 | SII RUNNING TEAM | WROCLAW | POL | M-30 | 01:05:53 | 01:51:25 |
| 99 | BURKOWSKI JAROSŁAW | 2254 | BIEGAJ LESZNO | LESZNO | POL | M-50 | 01:03:46 | 01:51:29 |
| 100 | GÓRECKI MARCIN | 2312 | ALETEAM | ŁÓDŹ | POL | M-40 | 01:02:15 | 01:51:30 |
| 101 | SZTYPKA KONRAD | 2081 | WKB MARATOŃCZYK WŁOCLAWEK | WŁOCLAWEK | POL | M-40 | 01:01:20 | 01:51:34 |
| 102 | OWCZAREK IZABELA | 2273 | SLEZAKTEAM | GŁOGÓW | POL | K-40 | 01:02:23 | 01:51:35 |

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|-----|-------------------------------|------|---|---------------------|-----|------|----------|----------|
| 103 | ZYGOŃ ARTUR | 2108 | | STARGARD | POL | M-30 | 00:59:26 | 01:52:08 |
| 104 | SMOTER ANIA | 2118 | SMOLECKA ZADYSZKA | SMOLEC | POL | K-40 | 01:03:47 | 01:52:26 |
| 105 | KRZESIMOWSKI DAMIAN | 2021 | | KIELCE | POL | M-40 | 01:00:48 | 01:52:38 |
| 106 | KOZŁOWSKI TOMASZ | 2237 | LESZNO LIMITS RUNNERS | LESZNO | POL | M-50 | 01:02:45 | 01:52:43 |
| 107 | ZWIERZYŃSKA AGNIESZKA | 2252 | | WARSZAWA | POL | K-40 | 01:02:37 | 01:53:07 |
| 108 | BUJAŁSKA AGATA | 2281 | | WARSZAWA | POL | K-30 | 01:04:02 | 01:53:16 |
| 109 | SZTYPKA JUSTYNA | 2082 | WKB MARATOŃCZYK WŁOCŁAWEK | WŁOCŁAWEK | POL | K-40 | 01:02:42 | 01:53:33 |
| 110 | WAWRZYŃIAK ROBERT | 2157 | #BIEGIEMWLAS | POZNAŃ | POL | M-40 | 01:06:33 | 01:53:40 |
| 111 | PODSIADŁO WIKTOR | 2232 | | KRAKÓW | POL | M-30 | 01:02:49 | 01:53:43 |
| 112 | DZIARKOWSKA EDYTA | 2098 | RUNCROSS ROZGARTY | CZARNE BŁOTO | POL | K-40 | 01:04:27 | 01:53:55 |
| 113 | FISZER JAKUB | 2097 | RUNCROSS ROZGARTY | CZARNE BŁOTO | POL | M-40 | 01:04:28 | 01:53:57 |
| 114 | MACKO MARIUSZ | 2259 | | BIAŁOBIEL | POL | M-40 | 01:06:08 | 01:54:11 |
| 115 | NUREK ŁUKASZ | 2009 | PIWNE BRZUSZKI RACE TEAM | SZCZECIN | POL | M-40 | 01:04:05 | 01:54:18 |
| 116 | GASIECKI ANDRZEJ | 2020 | PIASKOWY DZIADEK | SZCZECIN | POL | M-50 | 01:02:09 | 01:55:05 |
| 117 | GRUDZIEN-JURKOWSKA MALGORZATA | 2163 | | ZABKOWICE SLASKIE | POL | K-40 | 01:05:44 | 01:55:06 |
| 118 | STASZEWSKI DARIUSZ | 2167 | | TOMASZÓW MAZ. | POL | M-30 | 01:02:50 | 01:55:10 |
| 119 | KONDRACKA AGNIESZKA | 2128 | KUNA W AGREŚCIE | LUBLINIEC | POL | K-40 | 01:03:47 | 01:55:27 |
| 120 | WASZAK BARTOSZ | 2144 | | DACHOWA | POL | M-20 | 01:05:21 | 01:55:51 |
| 121 | KWIATKOWSKA ZUZANNA | 2155 | RNB TEAM POLANICA ZDRÓJ | SZCZYTNA | POL | K-50 | 01:04:36 | 01:56:52 |
| 122 | OCHOCKI MARCIN | 2250 | DZIK KOMANDO | ŁÓDŹ | POL | M-40 | 01:03:45 | 01:57:00 |
| 123 | HYŻY KRZYSZTOF | 2282 | PIWNE BRZUSZKI RACE TEAM | SZCZECIN | POL | M-40 | 01:06:28 | 01:57:06 |
| 124 | KUKOBNIKAVA VITALIYA | 2203 | BIEGACZE STU MOSTÓW | WROCLAW | POL | K-30 | 01:07:28 | 01:57:10 |
| 125 | WALISZEWSKI JAKUB | 2308 | ROWERY MAŁGOŚKA | POZNAŃ | POL | M-30 | 01:05:17 | 01:57:10 |
| 126 | KRZYSZTOFOWICZ ANDRZEJ | 2295 | ULTRAS | WARSZAWA | POL | M-40 | 01:07:28 | 01:57:12 |
| 127 | KUCZERA NATALIA | 2256 | | NOWA SÓL | POL | K-30 | 01:04:08 | 01:58:08 |
| 128 | BARANOWSKI ROBERT | 2227 | | WROCLAW | POL | M-50 | 01:05:19 | 01:58:27 |
| 129 | PTASZEK KATARZYNA | 2178 | TRENUJZAMI.PL | PIETRZYKOWICE | POL | K-50 | 01:06:26 | 01:58:48 |
| 130 | BEDNARCZYK BOGUSŁAW | 2222 | PRO - RUN WROCLAW | WROCLAW | POL | M-50 | 01:06:34 | 01:58:49 |
| 131 | PRZYBULEK TOMASZ | 2142 | | KRAKÓW | POL | M-30 | 01:06:22 | 01:59:27 |
| 132 | KOSTOWSKI ROMAN | 2172 | | ŚWIDNICA | POL | M-30 | 01:05:28 | 01:59:38 |
| 133 | CHEŁCHOWSKA KATARZYNA | 2168 | WAWRZYŃTEAM | RADKÓW KŁODZKI | POL | K-30 | 01:06:31 | 02:00:19 |
| 134 | RZEPKA REMIGIUSZ | 2298 | GREENBUD | MIKOŁÓW | POL | M-50 | 01:04:44 | 02:00:24 |
| 135 | WAWRZYŃIAK ILONA | 2265 | NORBULLO TEAM | WARSZAWA | POL | K-40 | 01:05:42 | 02:00:25 |
| 136 | KRAWIEC PIOTR | 2044 | | ŻŁOBIZNA | POL | M-40 | 01:06:24 | 02:01:04 |
| 137 | DZICZEK IRENEUSZ | 2132 | RAZ SZCZECIN | SZCZECIN | POL | M-50 | 01:04:46 | 02:01:16 |
| 138 | FRONCZKOWSKA BARBARA | 2309 | | ŁÓDŹ | POL | K-30 | 01:09:10 | 02:01:23 |
| 139 | KIEŁPIŃSKI WOJCIECH | 2101 | | BYDGOSZCZ | POL | M-30 | 01:09:45 | 02:01:24 |
| 140 | WÓJCIK PAULINA | 2111 | ZADYSZKA OŚWIĘCIM | GLIWICE | POL | K-20 | 01:09:43 | 02:01:28 |
| 141 | DROŹDZIEL MAGDALENA | 2112 | KB HERMES GRYPINO | GRYPINO | POL | K-30 | 01:07:30 | 02:01:55 |
| 142 | ŻEMOJDZIN MARCIN | 2008 | PIWNE BRZUSZKI RACE TEAM | SZCZECIN | POL | M-40 | 01:07:34 | 02:01:57 |
| 143 | MARKOWSKI MATEUSZ | 2024 | | SZCZECIN | POL | M-30 | 01:07:51 | 02:02:30 |
| 144 | GNATOWICZ-CZARNOŁĘSKA BEATA | 2197 | MACOPHARMA | WROCLAW | POL | K-50 | 01:09:08 | 02:02:36 |
| 145 | KOZDRÓJ WIOLETTA | 2104 | DOGOŃ GRODZISK MAZOWIECKI/DŹAKARTA RUN TEAM | GRODZISK MAZOWIECKI | POL | K-40 | 01:07:18 | 02:02:59 |
| 146 | BAGIŃSKA JOANNA | 2068 | LINCOLN ELECTRIC BESTER RUN BIELAWA | BIELAWA | POL | K-50 | 01:07:50 | 02:03:39 |
| 147 | PYĆ ANDRZEJ | 2175 | | ŚWIDNICA | POL | M-30 | 01:11:03 | 02:04:07 |
| 148 | KUBIAK PRZEMYSŁAW | 2085 | STRZEGOMSKA DWUNASTKA | STRZEGOM | POL | M-40 | 01:13:47 | 02:04:31 |
| 149 | WĘGRZYNEK MIRKA | 2162 | AR WARSAW | WARSZAWA | POL | K-40 | 01:09:36 | 02:04:33 |
| 150 | PAWIŃSKI ARTUR | 2280 | PAW-ART ARTUR PAWIŃSKI | WARSZAWA | POL | M-40 | 01:09:02 | 02:04:41 |
| 151 | PIÓRKOWSKI PAWEŁ | 2130 | | NOWA RUDA | POL | M-30 | 01:13:18 | 02:04:43 |
| 152 | KOSTRUBIEC MACIEJ | 2208 | | POZNAŃ | POL | M-20 | 01:09:56 | 02:04:54 |
| 153 | KWIATKOWSKA MARTA | 2134 | | WROCLAW | POL | K-40 | 01:08:55 | 02:04:57 |
| 154 | NOWAK MARTA | 2016 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | K-40 | 01:09:00 | 02:05:06 |
| 155 | CZEKAŁSKI TOMASZ | 2010 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | M-40 | 01:07:02 | 02:05:06 |
| 156 | HAIDA MARCIN | 2053 | | ŚWIETOCHŁOWICE | POL | M-40 | 01:12:44 | 02:05:09 |
| 157 | MIKLASZEWSKI RAD | 2263 | NORBULLO TEAM | WARSZAWA | POL | M-50 | 01:09:41 | 02:05:11 |
| 158 | JAKUBOWSKA AURELIA | 2133 | | MIĘJSKA GÓRKA | POL | K-30 | 01:09:49 | 02:05:18 |
| 159 | URBAŃSKA MAGDALENA | 2103 | HAPPY RUNNERS | PABIANICE | POL | K-40 | 01:06:31 | 02:05:18 |

SGS LIGHT 21KM, OPEN c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|---------------------------|------|-------------------------------------|---------------------|-----|------|----------|----------|
| 160 | MAREK PAWEŁ | 2105 | | CZELADŹ | POL | M-40 | 01:09:44 | 02:05:29 |
| 161 | GARCZAREK KRZYSZTOF | 2106 | | CZELADŹ | POL | M-60 | 01:09:50 | 02:06:05 |
| 162 | MARIN ALBERTO | 2261 | | POZNAN | ESP | M-30 | 01:07:51 | 02:06:18 |
| 163 | RYGULA MIKOŁAJ | 2267 | | ŁAZISKA GÓRNE | POL | M-20 | 01:10:08 | 02:06:29 |
| 164 | KULAK PAWEŁ | 2269 | | PRUSZKÓW | POL | M-40 | 01:08:33 | 02:06:51 |
| 165 | WALIŃSKA AGATA | 2279 | WWW.SPRAWDZAMY-NIERUCHOMOSCI.PL | KOMORNIKI | POL | K-30 | 01:09:56 | 02:07:27 |
| 166 | KOZŁOWSKI KRZYSZTOF | 2093 | RUNCROSS ROZGARTY | TORUŃ | POL | M-30 | 01:13:20 | 02:07:32 |
| 167 | DYKO JAKUB | 2223 | SPARTA ŚWIDNICA | SŁOTWINA | POL | M-20 | 01:06:37 | 02:07:44 |
| 168 | BADOWSKA KATARZYNA | 2146 | | POLSKA | POL | K-40 | 01:13:11 | 02:07:51 |
| 169 | BADOWSKI ARTUR | 2145 | | BURKATÓW | POL | M-40 | 01:13:17 | 02:07:51 |
| 170 | SIKORA MICHAŁ | 2025 | | PUŁAWY | POL | M-40 | 01:07:24 | 02:08:06 |
| 171 | KOZDRÓJ MARCIN | 2028 | | GRODZISK MAZOWIECKI | POL | M-40 | 01:09:18 | 02:08:14 |
| 172 | KUCZEWSKI MAREK | 2169 | | NADOLICE MAŁE | POL | M-30 | 01:09:47 | 02:08:21 |
| 173 | GACZOŁ KLAUDIA | 2147 | STRAIGHT OUTTA SCRANTON | WROCLAW | POL | K-30 | 01:09:14 | 02:09:04 |
| 174 | ORŁOWSKI DANIEL | 2026 | MILLSIDE DISTILLERY | DEBRZNO | POL | M-40 | 01:13:28 | 02:09:24 |
| 175 | RÓŻAŃSKA MAGDALENA | 2007 | | WROCLAW | POL | K-40 | 01:12:23 | 02:09:31 |
| 176 | SIKORSKI CEZARY | 2306 | BBL GUBIN | GUBIN | POL | M-50 | 01:11:49 | 02:09:36 |
| 177 | MODERACKA MAŁGORZATA | 2033 | | POZNAŃ | POL | K-30 | 01:14:21 | 02:09:40 |
| 178 | BRZEZIŃSKI ANDRZEJ | 2196 | LANRUNS | OLKUSZ | POL | M-60 | 01:10:22 | 02:09:40 |
| 179 | LING ROBERT | 2064 | | GOLEŃÓW | POL | M-40 | 01:16:11 | 02:09:41 |
| 180 | DUBIEL MONIKA | 2124 | KUNA W AGREŚCIE | TANINA | POL | K-40 | 01:13:07 | 02:09:50 |
| 181 | SKWAREK AGNIESZKA | 2299 | DZIKIE ŚWINIE | POZNAŃ | POL | K-30 | 01:13:21 | 02:10:42 |
| 182 | ŁĄŻEWSKA SYLWIA | 2011 | | CHWAŁĘCICE | POL | K-40 | 01:11:11 | 02:10:49 |
| 183 | CHOŁUJ MAŁGORZATA | 2212 | | SZCZODRE | POL | K-50 | 01:15:04 | 02:10:51 |
| 184 | SARNA BEATA | 2213 | | WROCLAW | POL | K-50 | 01:15:01 | 02:10:51 |
| 185 | LEDNICKA LIDIA | 2284 | | SKÓRZEWO | POL | K-40 | 01:15:45 | 02:10:53 |
| 186 | DENYSENKO LECH | 2000 | BDB TEAM | KATOWICE | POL | M-60 | 01:13:15 | 02:11:03 |
| 187 | PRAWDZIK RENATA | 2248 | SUPER DRUŻYNA EŁK | EŁK | POL | K-40 | 01:14:22 | 02:11:09 |
| 188 | BENEŠOVÁ JOLANA | 2307 | REDPOINT TEAM | BEZDĚKOV NAD METUJÍ | CZE | K-50 | 01:12:08 | 02:11:12 |
| 189 | KUBIAK ANNA | 2084 | STRZEGOMSKA DWUNASTKA | STRZEGOM | POL | K-40 | 01:17:55 | 02:11:30 |
| 190 | DERBICH MARIUSZ | 2217 | FAMOT TEAM | KOWALEW | POL | M-40 | 01:15:05 | 02:11:35 |
| 191 | POPEK MACIEJ | 2045 | PARKRUN SŁODOWO WŁOCŁAWEK | WŁOCŁAWEK | POL | M-40 | 01:16:38 | 02:11:50 |
| 192 | TYŃSKA - SITEK ALEKSANDRA | 2310 | | ŁÓDŹ | POL | K-40 | 01:15:56 | 02:11:57 |
| 193 | MACKIEWICZ PIOTR | 2047 | PARKRUN ŚWINOUJŚCIE | ŚWINOUJŚCIE | POL | M-60 | 01:15:02 | 02:12:06 |
| 194 | BORMANN MARGRIT | 2067 | ZADYSZKA OŚWIĘCIM/KS KANDAHAR | OŚWIĘCIM | POL | K-40 | 01:13:29 | 02:12:11 |
| 195 | BONIKOWSKI TOMASZ | 2300 | | GRODZISK MAZ | POL | M-50 | 01:16:09 | 02:12:23 |
| 196 | KACZOROWSKA DOROTA | 2059 | | KIEŁCZÓW | POL | K-40 | 01:16:01 | 02:12:27 |
| 197 | PIETRZAK RADOŚLAW | 2131 | MILLSIDE DISTILLERY | MROWINY | POL | M-40 | 01:13:00 | 02:14:01 |
| 198 | ZARĘBA ANETA | 2126 | ZAREBA MEISEIKAI | NOWY SĄCZ | POL | K-20 | 01:18:17 | 02:14:02 |
| 199 | GIDASZEWSKA JOLANTA | 2158 | GIDOLKI | LESZNO | POL | K-40 | 01:16:08 | 02:14:26 |
| 200 | KUNIGOWSKI PIOTR | 2066 | LINCOLN ELECTRIC BESTER RUN BIELAWA | BIELAWA | POL | M-50 | 01:14:29 | 02:14:35 |
| 201 | GRABOWSKI MARIUSZ | 2038 | PEGA RUNNERS | KRAKÓW | POL | M-40 | 01:15:16 | 02:14:36 |
| 202 | PATYRA ŁUKASZ | 2014 | | WROCLAW | POL | M-40 | 01:15:15 | 02:14:38 |
| 203 | PIOTROWSKA EDYTA | 2039 | BRACTWO BIEGOWE BGK | WARSZAWA | POL | K-40 | 01:13:41 | 02:15:08 |
| 204 | PAPROCKA NATALIA | 2057 | | POLKOWICE | POL | K-40 | 01:16:14 | 02:15:27 |
| 205 | POGÓRZELEC TOMASZ | 2188 | | POLKOWICE | POL | M-40 | 01:14:42 | 02:15:37 |
| 206 | CZUBALA BEATA | 2148 | LKS ZIĘBICE | ZIĘBICE | POL | K-40 | 01:17:30 | 02:15:46 |
| 207 | DOLECKA ELŻBIETA | 2204 | NKB CHYŻY NOWY TOMYŚL | NOWY TOMYŚL | POL | K-40 | 01:14:45 | 02:16:03 |
| 208 | KEGEL ZBIGNIEW | 2192 | PIĄTKOWO NA BIEGOWO | POZNAŃ | POL | M-60 | 01:15:28 | 02:16:23 |
| 209 | WIEWIÓRA AGATA | 2107 | | ŻNIN | POL | K-40 | 01:18:49 | 02:16:27 |
| 210 | MAJCHRZAK MAGDALENA | 2109 | | KCYNIA | POL | K-30 | 01:18:38 | 02:16:27 |
| 211 | OSTROWSKI ŁUKASZ | 2241 | | BRODOWO | POL | M-40 | 01:17:57 | 02:16:54 |
| 212 | PLESIŃSKA JOANNA | 2063 | | GOLEŃÓW | POL | K-30 | 01:20:46 | 02:17:00 |
| 213 | BORSKI DANIEL | 2226 | | MILIKOV | CZE | M-40 | 01:14:39 | 02:17:31 |
| 214 | PATYNOWSKI TOMASZ | 2149 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | M-50 | 01:13:24 | 02:17:37 |
| 215 | MORAWSKI MARCIN | 2152 | RANGER SURVIVAL CLUB | OBORNIKI ŚLĄSKIE | POL | M-50 | 01:15:02 | 02:18:05 |
| 216 | IVANOVA ALINA | 2154 | | PIASECZNO | POL | K-30 | 01:18:06 | 02:18:14 |

SGS LIGHT 21KM, OPEN c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|------------------------------|------|----------------------------|----------------------|-----|------|----------|----------|
| 217 | KĄNDUŁA KLAUDIA | 2185 | LION GROUP | POZNAŃ | POL | K-40 | 01:18:50 | 02:18:28 |
| 218 | GUZIŃSKA OLA | 2034 | | ZĄBKI | POL | K-40 | 01:18:02 | 02:18:35 |
| 219 | WAŚIK IZABELA | 2004 | BEMOWO BIEGA | WARSZAWA | POL | K-50 | 01:18:00 | 02:18:36 |
| 220 | JASNOWSKI PAWEŁ | 2173 | COFFEE AND GO | POZNAŃ | POL | M-40 | 01:19:31 | 02:18:37 |
| 221 | TRZASKO ANIA | 2176 | ADIDAS RUNNERS WARSAW | WARSZAWA | POL | K-30 | 01:18:51 | 02:18:56 |
| 222 | POŹNIAK-STYCZYŃSKA MAJA | 2012 | DDC | PULAWY | POL | K-30 | 01:16:26 | 02:19:36 |
| 223 | CEBULAK KATARZYNA | 2174 | COFFEE AND GO | POZNAŃ | POL | K-40 | 01:19:35 | 02:19:50 |
| 224 | JAKUBOWSKA MARTA | 2083 | NESSI TIME KALISZ | KALISZ | POL | K-40 | 01:20:18 | 02:19:51 |
| 225 | KSIEŻNIK ANNA | 2301 | | OŁAWA | POL | K-50 | 01:17:54 | 02:21:29 |
| 226 | OBSTARCZYK MIROSLAW | 2140 | ZADYSZKA OŚWIĘCIM | OŚWIĘCIM | POL | M-60 | 01:17:28 | 02:21:34 |
| 227 | KABZIŃSKA DAGMARA | 2086 | | WARSZAWA | POL | K-40 | 01:20:19 | 02:21:54 |
| 228 | KĄŁUSKI JAN | 2075 | AKTYWNI RAZEM | KOZIEGŁOWY | POL | M-40 | 01:19:20 | 02:22:11 |
| 229 | ZABOROWSKA HALINA | 2177 | MARATOŃCZYK DĘBICA | DĘBICA | POL | K-50 | 01:20:33 | 02:22:55 |
| 230 | HELMAN JAROSŁAW | 2247 | JAROSŁAW HELMAN | MIASTKO | POL | M-40 | 01:17:32 | 02:22:56 |
| 231 | SZYMANIK PAWEŁ | 2272 | | WARSZAWA | POL | M-50 | 01:18:56 | 02:23:13 |
| 232 | STAMM TOMASZ | 2116 | | POZNAŃ | POL | M-50 | 01:16:13 | 02:23:16 |
| 233 | MILKOWSKI MARCIN | 2179 | POLSKA | SOCHACZEW | POL | M-40 | 01:19:07 | 02:23:42 |
| 234 | KOZŁOWSKA MAGDALENA | 2187 | RUNNERS KONIN | KONIN | POL | K-40 | 01:18:04 | 02:23:43 |
| 235 | NOWAK - KASPRZAK ANNA | 2276 | | WROCLAW | POL | K-30 | 01:20:01 | 02:23:44 |
| 236 | KASPRZAK ŁUKASZ | 2277 | | WROCLAW | POL | M-30 | 01:20:34 | 02:23:45 |
| 237 | KRZESZOWSKA ADRIANNA | 2271 | ROWERY MAŁGOŚKA | DOPIEWIEC | POL | K-30 | 01:20:15 | 02:23:47 |
| 238 | SKARZEŃSKA-SOKOŁOWSKA JAGODA | 2303 | NIEZWYCIĘŻENI Z WRZOSOWEJ | KUDOWA-ZDRÓJ | POL | K-40 | 01:18:30 | 02:23:52 |
| 239 | KARPIŃSKI RAFAŁ | 2072 | | KIELCE | POL | M-40 | 01:20:28 | 02:23:59 |
| 240 | PTAK MONIKA | 2073 | | KRAKÓW | POL | K-40 | 01:20:26 | 02:23:59 |
| 241 | FIORENZA ROBERTO | 2119 | MUD FOXES | BYDGOSZCZ | ITA | M-30 | 01:18:45 | 02:25:20 |
| 242 | JANISZEWSKA EMILIA | 2114 | PIECHOTA PO SCHODACH | ŁÓDŹ | POL | K-30 | 01:17:17 | 02:26:36 |
| 243 | KRAWCZYK BEATA | 2113 | PIECHOTA PO SCHODACH | ŁÓDŹ | POL | K-30 | 01:17:21 | 02:26:36 |
| 244 | RADWAŃSKA ANETA | 2117 | PIECHOTA PO SCHODACH | ŁÓDŹ | POL | K-40 | 01:17:23 | 02:26:37 |
| 245 | JASIŃSKA MARZENA | 2077 | PIECHOTA PO SCHODACH | ŁÓDŹ | POL | K-30 | 01:17:19 | 02:26:37 |
| 246 | SZPLIT AGATA | 2056 | KORONA PABIANICE | PABIANICE | POL | K-30 | 01:22:20 | 02:27:55 |
| 247 | BOŻEK ALEKSANDRA | 2100 | TEAM ZABIEGANEDNI | WARSZAWA | POL | K-30 | 01:24:39 | 02:27:57 |
| 248 | STYPUŁA MICHAŁ | 2013 | | KRZYSZTOFORZYCE | POL | M-30 | 01:19:08 | 02:28:19 |
| 249 | KURASZ SZYMON | 2166 | NKB CHYŻY NOWY TOMYŚL | NOWY TOMYŚL | POL | M-40 | 01:19:12 | 02:28:28 |
| 250 | KACZMAREK MONIKA | 2201 | NKB CHYŻY NOWY TOMYŚL | NOWY TOMYŚL | POL | K-40 | 01:19:34 | 02:28:31 |
| 251 | STOLARSKI JANUSZ | 2080 | PARKRUN SŁODOWO, WŁOCLAWEK | WŁOCLAWEK | POL | M-60 | 01:22:42 | 02:29:15 |
| 252 | KRZYSZTOFOWICZ KAROLINA | 2294 | ULTRASY | WARSZAWA | POL | K-40 | 01:24:03 | 02:30:53 |
| 253 | SKOWROŃSKI BARTOSZ | 2138 | | WROCLAW | POL | M-30 | 01:24:40 | 02:31:26 |
| 254 | WIRA BARBARA | 2095 | | WROCLAW | POL | K-40 | 01:26:31 | 02:32:37 |
| 255 | JĘDRZEJEK KINGA | 2115 | HAPPY RUNNERS | JAWORZNO | POL | K-40 | 01:24:43 | 02:33:23 |
| 256 | TARNOWSKI PAWEŁ | 2122 | HAPPY RUNNERS | LUBLIN | POL | M-30 | 01:25:16 | 02:33:24 |
| 257 | PASZKIEL AGNIESZKA | 2182 | LUDZ | SZCZECINEK | POL | K-50 | 01:24:56 | 02:34:39 |
| 258 | KOWALCZYK ALEKSANDRA | 2121 | | SOSNOWIEC | POL | K-30 | 01:26:35 | 02:34:58 |
| 259 | FIRLIK MIROSLAW | 2052 | KB KAMIEŃ POMORSKI | WRZOSOWO | POL | M-50 | 01:25:15 | 02:36:06 |
| 260 | SZYMAŃSKI MAREK | 2051 | KB KAMIEŃ POMORSKI | KAMIEŃ POMORSKI | POL | M-30 | 01:26:46 | 02:37:59 |
| 261 | KOZIARSKA EWA | 2071 | | WROCLAW | POL | K-40 | 01:25:56 | 02:38:10 |
| 262 | SARNOWSKI MACIEJ | 2183 | TKKF MPK POZNAŃ | POZNAŃ | POL | M-40 | 01:29:36 | 02:38:46 |
| 263 | LANGIEWICZ JACEK | 2055 | MKJ POLICE | POLICE | POL | M-60 | 01:28:18 | 02:39:59 |
| 264 | WALENTYN KATARZYNA | 2078 | RUNCROSS ROZGARTY | TORUŃ | POL | K-40 | 01:33:02 | 02:44:23 |
| 265 | KOSTRUBIEC MARIUSZ | 2209 | | MROWINO | POL | M-50 | 01:31:08 | 02:46:15 |
| 266 | ADAMCZUK PIOTR | 2049 | | LEGNICA | POL | M-40 | 01:34:32 | 02:47:09 |
| 267 | WOŹNIAK MARCIN | 2233 | | GOSTYŃ | POL | M-30 | 01:33:03 | 02:48:59 |
| 268 | LEŚKIEWICZ MICHAŁ | 2090 | | WIŚNIOŹKA | POL | M-40 | 01:39:59 | 02:57:52 |
| 269 | ADAMIAK MARTA | 2270 | RUN4GOLD | ZŁOTY STOK | POL | K-40 | 01:38:45 | 03:05:43 |
| 270 | PAŁASZYŃSKA BEATA | 2245 | MUD FOXES | NOWY DWÓR MAZOWIECKI | POL | K-40 | 01:40:20 | 03:05:45 |
| 271 | STOLARSKA DANUTA | 2079 | PARKRUN SŁODOWO, WŁOCLAWEK | WŁOCLAWEK | POL | K-60 | 01:42:00 | 03:06:54 |
| 272 | LEŚNIEWSKI SŁAWOMIR | 2048 | PARKRUN SŁODOWO, WŁOCLAWEK | WŁOCLAWEK | POL | M-50 | 01:42:01 | 03:06:57 |
| 273 | DAWID KATARZYNA | 2218 | HAPPY RUNNERS | SIEMIANOWICE ŚLĄSKIE | POL | K-50 | 01:45:42 | 03:26:15 |

SGS LIGHT 21KM, OPEN c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|------------------------------|------|---|---------------------|-----|------|-----------------|-----------------|
| | ŁUKASZEWSKI SZYMON | 2266 | ANDRZEJ WITEK - SZYBCIEJ | STRZYŻEWICE | POL | M-30 | 00:43:14 DNF | 01:18:46 DNF |
| | JODŁOWSKA WIOLETTA | 2136 | | PRUSZCZ GDAŃSKI | POL | K-50 | 02:11:21 DNF | DNF |
| | PRZESPOLEWSKI RAFAŁ | 2094 | LUDZIE Z WIOCHY | STUDZIENIEC | POL | M-40 | 01:16:55 DNF | DNF |
| | MICHALIK-KWAŚNICKA KATARZYNA | 2022 | PRECEL RACING TEAM | WROCŁAW | POL | K-30 | 01:48:19 DNF | DNF |
| | CZARNIECKI DANIEL | 2160 | TIE | POLANICA-ZDRÓJ | POL | M-40 | 01:10:11 DNF | DNF |
| | MÓLL MATEUSZ | 2070 | #SOBASTEAM | WROCŁAW | POL | M-30 | 00:59:05 DNF | DNF |
| | ARCHACKA KASIA | 2137 | KRĘCONA | GRABINY ZAMECZEK | POL | K-50 | 02:11:31 DNF | DNF |
| 0 | BONIEC RADOSŁAW | 2255 | NADLEŚNICTWO LIPINKI/AW SZYBCIEJ TEAM | ŁAZ | POL | M-30 | 00:38:41 | 01:09:03 |
| 1 | BRÝDL PAVEL | 2257 | SALOMON CZ | TRUTNOV | CZE | M-40 | 00:38:45 | 01:09:04 |
| 2 | GLAPIAK DAMIAN | 2240 | | BUCZ | POL | M-40 | 00:38:46 | 01:10:24 |
| 3 | ZARZYCKI MACIEJ | 2120 | DOGOŃ GRODZISK MAZOWIECKI | ŻÓŁWIN | POL | M-30 | 00:39:03 | 01:11:52 |
| 4 | SZYMAŃCZUK JACEK | 2074 | #BIEGIEMWLAS/NARAMOWICE BIEGAJĄ | POZNAŃ | POL | M-30 | 00:39:55 | 01:12:36 |
| 5 | KUSAL TOMASZ | 2297 | ZALOGA GÓRSKA | WROCŁAW | POL | M-20 | 00:41:16 | 01:15:54 |
| 6 | TESLUK KUBA | 2181 | | KATOWICE | POL | M-30 | 00:42:15 | 01:16:53 |
| 7 | GONCZAR SZYMON | 2141 | | RYBNIK | POL | M-30 | 00:41:35 | 01:17:07 |
| 8 | TABIŚ PRZEMYSŁAW | 2110 | PEGA RUNNERS | KRAKÓW | POL | M-30 | 00:43:15 | 01:18:14 |
| 9 | KAMIŃSKI ARTUR | 2032 | PRZEDWOJEWSKI TEAM / KS BODZANÓW-NOWY ŚWIĘTÓW | NOWY ŚWIĘTÓW | POL | M-40 | 00:43:15 | 01:18:24 |
| 10 | TOMASIAK NATALIA | 2242 | SALOMON TEAM | KRYNICA-ZDRÓJ | POL | K-30 | 00:44:14 | 01:19:24 |
| 11 | PYZIK KRZYSZTOF | 2229 | VEGE SLONIK TEAM | SZCZECIN | POL | M-30 | 00:44:28 | 01:20:26 |
| 12 | KOŁODZIEJ ROMAN | 2290 | PERFEKTA KARLOWICE | KARLOWICE | POL | M-40 | 00:44:39 | 01:20:27 |
| 13 | KULIK-GAWĘDA IWONA | 2238 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | K-30 | 00:45:48 | 01:22:41 |
| 14 | CICHOWSKI WOJCIECH | 2288 | AW - SZYBCIEJ - TEAM | WROCŁAW | POL | M-30 | 00:45:53 | 01:23:38 |
| 15 | BIELECKI SŁAWOMIR | 2076 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | M-30 | 00:46:13 | 01:24:47 |
| 16 | SZCZUPAK DOMINIK | 2243 | DZG RUNNERS ZGORZELEC | ZGORZELEC | POL | M-40 | 00:48:08 | 01:26:07 |
| 17 | PLAZA RADOSŁAW | 2258 | BARUNOWCE | WARSZAWA | POL | M-40 | 00:47:50 | 01:26:25 |
| 18 | ŚWIĄTKOWSKI PAWEŁ | 2069 | | TRZEMESZNO | POL | M-40 | 00:48:09 | 01:26:55 |
| 19 | HÁJEK JAKUB | 2268 | | KROMĚŘIŽ | CZE | M-50 | 00:48:34 | 01:27:08 |
| 20 | CHAMALA KRZYSZTOF | 2102 | WEEGREE | LUBOSZYCE | POL | M-40 | 00:49:32 | 01:27:50 |
| 21 | BAŁYS KATARZYNA | 2311 | HERCOG RUNNING TEAM | STRONIE ŚLĄSKIE | POL | K-40 | 00:48:53 | 01:29:23 |
| 22 | PADEE PIOTR | 2291 | TRIGYM SZCZECIN | SZCZECIN | POL | M-30 | 00:48:56 | 01:29:27 |
| 23 | CIRKO ARKADIUSZ | 2289 | SMS ZAGŁĘBIE LUBIN | LUBIN | POL | M-40 | 00:49:47 | 01:30:09 |
| 24 | DONDAJEWSKI MIKOŁAJ | 2244 | | POZNAŃ | POL | M-20 | 00:50:15 | 01:32:06 |
| 25 | WYROŚLAK JÓZEF | 2180 | | WROCŁAW | POL | M-40 | 00:51:47 | 01:32:30 |
| 26 | GAŁECKI ROBERT | 2274 | HFB | KIEŁCZÓW | POL | M-30 | 00:49:42 | 01:32:38 |
| 27 | GRZĄBA SZYMON | 2186 | | MIKOŁÓW | POL | M-40 | 00:52:13 | 01:32:55 |
| 28 | KUCZYŃSKA WIOLETTA | 2283 | WIERZBICKI RUNNING PROJEKT | MIĘDZYRZECZ | POL | K-30 | 00:51:45 | 01:33:17 |
| 29 | PIETEK JAKUB | 2231 | | ŁÓDŹ | POL | M-20 | 00:50:53 | 01:33:28 |
| 30 | BABIŃSKA-POPIŁKA EWELINA | 2001 | | RADKÓW | POL | K-30 | 00:50:24 | 01:33:31 |
| 31 | ŁUKASIEWICZ EWA | 2202 | AW-SZYBCIEJ-TEAM | ZŁOTORYJA | POL | K-50 | 00:54:41 | 01:33:55 |
| 32 | KOTULA JOACHIM | 2089 | | OZIMEK | POL | M-50 | 00:53:18 | 01:33:57 |
| 33 | MAŚLANKA JAROSŁAW | 2153 | PEGA RUNNERS | KRZYWACZKA | POL | M-50 | 00:50:14 | 01:34:14 |
| 34 | IWANOWSKI PRZEMYSŁAW | 2239 | HANNA TEAM | CHOCIANÓW | POL | M-40 | 00:51:32 | 01:34:55 |
| 35 | KŁODNICKI KRZYSZTOF | 2150 | | WROCŁAW | POL | M-40 | 00:53:58 | 01:35:07 |
| 36 | JARZĘBOWICZ BEATA | 2065 | ZADYSZKA OŚWIĘCIM | OŚWIĘCIM | POL | K-40 | 00:52:59 | 01:35:49 |
| 37 | PONIATOWSKI SEWERYN | 2159 | | WROCŁAW | POL | M-40 | 00:52:41 | 01:37:22 |
| 38 | STRZECHOWSKI DARIUSZ | 2200 | RAJSPORT ACTIVE | BEDOŃ PRZYKOŚCIELNY | POL | M-40 | 00:55:40 | 01:38:02 |
| 39 | OLĘDZKI SZYMON | 2031 | | SZCZECIN | POL | M-30 | 00:54:44 | 01:38:09 |
| 40 | GÓRECKI KRZYSZTOF | 2171 | | GRYFÓW ŚLĄSK | POL | M-20 | 00:54:53 | 01:38:11 |
| 41 | TROCKI GRZEGORZ | 2219 | TROCCYBIEGAJA | POZNAŃ | POL | M-40 | 00:55:25 | 01:38:19 |
| 42 | CYBUL MAREK | 2002 | TEAM DALIDALI | STĘSZEW | POL | M-40 | 00:58:00 | 01:39:27 |

SGS LIGHT 21KM, OPEN c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|--|------|---|---------------------|-----|------|----------|----------|
| 43 | KĄNDUŁA GRZEGORZ | 2184 | | POZNAŃ | POL | M-40 | 00:56:46 | 01:39:28 |
| 44 | KORZENIOWSKI OSKAR | 2235 | INFINITY-GYM ŁUKASZ SZAPORÓW | BRZEG DOLNY | POL | M-20 | 00:56:25 | 01:39:28 |
| 45 | POLIWOZAK PATRYK | 2054 | | MROWINY | POL | M-30 | 00:55:27 | 01:39:48 |
| 46 | BOLISĘGA WOJCIECH | 2260 | | WAKEFIELD | GBR | M-30 | 00:54:40 | 01:40:01 |
| 47 | FILUŚ ADAM | 2251 | | POZNAŃ | POL | M-20 | 01:01:15 | 01:40:19 |
| 48 | MŁYNARCZYK ARKADIUSZ | 2123 | PRZEDWOJEWSKI TEAM | WROCLAW | POL | M-30 | 00:55:30 | 01:40:34 |
| 49 | JAWORSKA MAGDALENA | 2017 | GB WIELKOPOLSCY BIEGACZE/TEAM HWBT | POZNAŃ | POL | K-40 | 00:56:18 | 01:40:35 |
| 50 | ŁUCZAK PAWEŁ | 2198 | | TARNÓW OPOLSKI | POL | M-30 | 00:56:47 | 01:40:38 |
| 51 | BAGSIK LUKASZ | 2236 | | KATOWICE | POL | M-30 | 00:56:21 | 01:40:50 |
| 52 | SZULC MARCIN | 2199 | | POLICE | POL | M-40 | 00:54:39 | 01:40:56 |
| 53 | JÓZEFIAK BEATA | 2253 | | PLEWISKA | POL | K-30 | 00:57:18 | 01:41:21 |
| 54 | PIOTROWIAK ANGELIKA | 2195 | GARMIN WROCLAW | WROCLAW | POL | K-20 | 00:57:13 | 01:41:45 |
| 55 | PAWLAK MACIEJ | 2286 | TRIGYM SZCZECIN | SZCZECIN | POL | M-40 | 00:53:51 | 01:41:49 |
| 56 | PILETSKI MAKSYM | 2205 | BIEGACZE STU MOSTÓW | WROCLAW | POL | M-30 | 00:56:26 | 01:41:51 |
| 57 | Blicharz Jarosław | 2030 | MKJ POLICE | POLICE | POL | M-50 | 00:56:44 | 01:41:54 |
| 58 | BOROWCZAK MARCIN | 2262 | PARKRUN SŁODOWO, WŁOCLAWEK | POZNAŃ | POL | M-30 | 00:58:14 | 01:41:57 |
| 59 | ŁĄŻEWSKI MARCIN | 2023 | | CHWAŁĘCICE | POL | M-50 | 00:58:18 | 01:42:14 |
| 60 | HACUŚ JACEK | 2246 | | DUSZNIKI ZDRÓJ | POL | M-30 | 00:55:37 | 01:42:27 |
| 61 | SZYMAŃSKI PAWEŁ | 2193 | | TARNÓW OPOLSKI | POL | M-30 | 00:58:21 | 01:42:58 |
| 62 | ALBINIAK DOMINIK | 2161 | PEGA RUNNERS | KRAKÓW | POL | M-20 | 00:58:44 | 01:43:08 |
| 63 | AUGUSTYNIAK MAŁGORZATA | 2018 | | ŁÓDŹ | POL | K-50 | 00:56:39 | 01:43:20 |
| 64 | KRUPIANIK TOMASZ | 2215 | | WROCLAW | POL | M-40 | 00:57:56 | 01:43:38 |
| 65 | OLEJNIK MARCIN | 2264 | | ŻERNIKI WROCLAWSKIE | POL | M-40 | 00:57:54 | 01:43:47 |
| 66 | MASARCZYK WOJCIECH | 2127 | | WARSZAWA | POL | M-20 | | 01:43:55 |
| 67 | ZDANOWICZ WOJCIECH | 2092 | CZARNA ŁĄKA | CZARNA ŁĄKA | GER | M-40 | 00:57:28 | 01:43:57 |
| 68 | KURZYNIC ŁUKASZ | 2041 | | WROCLAW | POL | M-30 | 00:57:48 | 01:44:04 |
| 69 | KUREK PAWEŁ | 2035 | #WALKINGDAD | PNIEWY | POL | M-40 | 00:57:19 | 01:44:18 |
| 70 | KOZŁOWSKI PRZEMEK | 2292 | PIECHOTA PO SCHODACH | ŁÓDŹ | POL | M-40 | 01:00:20 | 01:44:34 |
| 71 | SZPILSKI PIOTR | 2005 | | KASSEL | GER | M-30 | 00:58:17 | 01:45:02 |
| 72 | MARUSZAK DAREK | 2060 | DOGOŃ GRODZISK MAZOWIECKI/DŻAKARTA RUN TEAM | JAKTORÓW | POL | M-40 | 00:57:14 | 01:45:03 |
| 73 | PARDAŁA WOJCIECH | 2029 | | ŁÓDŹ | POL | M-40 | 00:59:00 | 01:45:04 |
| 74 | MAZIAREK ADELA | 2165 | | NIEMODLIN | POL | K-40 | 00:59:36 | 01:45:13 |
| 75 | LEŚNIEWSKA JUSTYNA | 2151 | AKTYWNA NOWA RUDA | RADKÓW | POL | K-40 | 00:56:47 | 01:45:15 |
| 76 | BANACH ARTUR | 2296 | NSZZ "SOLIDARNOŚĆ" W VWMP | POLKOWICE | POL | M-40 | 00:58:14 | 01:45:41 |
| 77 | KOSTRZEWA WOJCIECH | 2096 | ZADYSZKA OŚWIĘCIM | OŚWIĘCIM | POL | M-40 | 00:58:24 | 01:45:49 |
| 78 | RABIEJ-OLSZEWSKA HANNA | 2164 | | CHOJNÓW | POL | K-30 | 00:59:03 | 01:45:58 |
| 79 | GRZYBOWSKI ROBERT | 2062 | MKJ POLICE | POLICE | POL | M-40 | 00:57:50 | 01:46:14 |
| 80 | WALCZAK AGATA | 2249 | WIR | ŁÓDŹ | POL | K-50 | 01:01:22 | 01:46:48 |
| 81 | STANUŁA KRZYSZTOF | 2207 | DOLNY ŚLĄSK | WROCLAW | POL | M-40 | 01:00:46 | 01:46:50 |
| 82 | KAYSIEWICZ MACIEJ | 2139 | NATURAL BORN RUNNERS TEAM | POZNAŃ | POL | M-50 | 00:58:31 | 01:47:20 |
| 83 | CIEPŁY KAMIL | 2194 | AW - SZYBCIEJ - TEAM | WROCLAW | POL | M-30 | 00:58:49 | 01:47:23 |
| 84 | SOKOŁOWSKI TOMASZ | 2216 | KLINIKA TRIATHLONU | BYDGOSZCZ | POL | M-30 | 00:57:53 | 01:47:37 |
| 85 | BŁĄŻ TOMASZ | 2143 | LEPSZE ŻBIKI | KRAKÓW | POL | M-30 | 00:59:59 | 01:47:43 |
| 86 | BORYCKI ARTUR | 2278 | | DĄBROWA TARNOWSKA | POL | M-40 | 01:01:48 | 01:47:50 |
| 87 | OLEKSA ROBERT | 2221 | | KARWIANY | POL | M-50 | 00:57:03 | 01:48:01 |
| 88 | MORÁVEK DAVID | 2313 | | KOSTEELC NAD ORLICÍ | POL | M-40 | 01:02:39 | 01:48:10 |
| 89 | KALEMBA TOMASZ | 2224 | | KRAKOW | POL | M-30 | 00:59:59 | 01:48:18 |
| 90 | PAPRZYCKI ROMUALD | 2189 | ROMUALD PAPRZYCKI | WARSZAWA | POL | M-50 | 01:00:13 | 01:48:36 |
| 91 | KĄŻMIERCZAK MARIUSZ | 2019 | | POPOWO KOŚCIELNE | POL | M-30 | 01:01:48 | 01:48:43 |
| 92 | NOVÁK MARTIN | 2275 | NOWIS TRAILRUNNER | VÁPNO U PŘELOUČE | CZE | M-30 | 00:59:44 | 01:48:52 |
| 93 | PAPROCKI KRZYSZTOF | 2058 | | POLKOWICE | POL | M-50 | 01:01:23 | 01:49:13 |
| 94 | SAMBORSKI BARTOSZ | 2304 | ZĄLOGA GÓRSKA | WARSZAWA | POL | M-40 | 01:01:31 | 01:49:31 |
| 95 | KRZYŻANOWSKA - KORZENIOWSKA ANNA MARIA | 2234 | INFINITY-GYM ŁUKASZ SZAPORÓW | BRZEG DOLNY | POL | K-30 | 01:01:46 | 01:49:59 |
| 96 | STANKIEWICZ ANNA | 2191 | DOGOŃ GRODZISK MAZOWIECKI | CZARNY LAS | POL | K-40 | 01:00:41 | 01:51:23 |
| 97 | KONIECZNY WOJCIECH | 2214 | SII RUNNING TEAM | WROCLAW | POL | M-30 | 01:05:53 | 01:51:25 |
| 98 | BURKOWSKI JAROSŁAW | 2254 | BIEGAJ LESZNO | LESZNO | POL | M-50 | 01:03:46 | 01:51:29 |
| 99 | GÓRECKI MARCIN | 2312 | ALETEAM | ŁÓDŹ | POL | M-40 | 01:02:15 | 01:51:30 |

SGS LIGHT 21KM, OPEN c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|-------------------------------|------|---|---------------------|-----|------|----------|----------|
| 100 | SZTYPKA KONRAD | 2081 | WKB MARATONCZYK WŁOCŁAWEK | WŁOCŁAWEK | POL | M-40 | 01:01:20 | 01:51:34 |
| 101 | OWCZAREK IZABELA | 2273 | SLEZAKTEAM | GŁOGÓW | POL | K-40 | 01:02:23 | 01:51:35 |
| 102 | ZYGOŃ ARTUR | 2108 | | STARGARD | POL | M-30 | 00:59:26 | 01:52:08 |
| 103 | SMOTER ANIA | 2118 | SMOLECKA ZADYSZKA | SMOLEC | POL | K-40 | 01:03:47 | 01:52:26 |
| 104 | KRZESIMOWSKI DAMIAN | 2021 | | KIELCE | POL | M-40 | 01:00:48 | 01:52:38 |
| 105 | KOZŁOWSKI TOMASZ | 2237 | LESZNO LIMITS RUNNERS | LESZNO | POL | M-50 | 01:02:45 | 01:52:43 |
| 106 | ZWIERZYŃSKA AGNIESZKA | 2252 | | WARSZAWA | POL | K-40 | 01:02:37 | 01:53:07 |
| 107 | BUJALSKA AGATA | 2281 | | WARSZAWA | POL | K-30 | 01:04:02 | 01:53:16 |
| 108 | SZTYPKA JUSTYNA | 2082 | WKB MARATONCZYK WŁOCŁAWEK | WŁOCŁAWEK | POL | K-40 | 01:02:42 | 01:53:33 |
| 109 | WAWRZYŃIAK ROBERT | 2157 | #BIEGIEMWLAS | POZNAŃ | POL | M-40 | 01:06:33 | 01:53:40 |
| 110 | PODSIADŁO WIKTOR | 2232 | | KRAKÓW | POL | M-30 | 01:02:49 | 01:53:43 |
| 111 | DZIARKOWSKA EDYTA | 2098 | RUNCROSS ROZGARTY | CZARNE BŁOTO | POL | K-40 | 01:04:27 | 01:53:55 |
| 112 | FISZER JAKUB | 2097 | RUNCROSS ROZGARTY | CZARNE BŁOTO | POL | M-40 | 01:04:28 | 01:53:57 |
| 113 | MACKO MARIUSZ | 2259 | | BIAŁOBIEL | POL | M-40 | 01:06:08 | 01:54:11 |
| 114 | NUREK ŁUKASZ | 2009 | PIWNE BRZUSZKI RACE TEAM | SZCZECIN | POL | M-40 | 01:04:05 | 01:54:18 |
| 115 | GASIECKI ANDRZEJ | 2020 | PIASKOWY DZIADEK | SZCZECIN | POL | M-50 | 01:02:09 | 01:55:05 |
| 116 | GRUDZIEN-JURKOWSKA MALGORZATA | 2163 | | ZABKOWICE ŚLASKIE | POL | K-40 | 01:05:44 | 01:55:06 |
| 117 | STASZEWSKI DARIUSZ | 2167 | | TOMASZÓW MAZ. | POL | M-30 | 01:02:50 | 01:55:10 |
| 118 | KONDRACKA AGNIESZKA | 2128 | KUNA W AGREŚCIE | LUBLINIEC | POL | K-40 | 01:03:47 | 01:55:27 |
| 119 | WASZAK BARTOSZ | 2144 | | DACHOWA | POL | M-20 | 01:05:21 | 01:55:51 |
| 120 | KWIATKOWSKA ZUZANNA | 2155 | RNB TEAM POLANICA ZDRÓJ | SZCZYTNA | POL | K-50 | 01:04:36 | 01:56:52 |
| 121 | OCHOCKI MARCIN | 2250 | DZIK KOMANDO | ŁÓDŹ | POL | M-40 | 01:03:45 | 01:57:00 |
| 122 | HYŻY KRZYSZTOF | 2282 | PIWNE BRZUSZKI RACE TEAM | SZCZECIN | POL | M-40 | 01:06:28 | 01:57:06 |
| 123 | KUKOBNIKAVA VITALIYA | 2203 | BIEGACZE STU MOSTÓW | WROCLAW | POL | K-30 | 01:07:28 | 01:57:10 |
| 124 | WALISZEWSKI JAKUB | 2308 | ROWERY MAŁGOŚKA | POZNAŃ | POL | M-30 | 01:05:17 | 01:57:10 |
| 125 | KRZYSZTOFOWICZ ANDRZEJ | 2295 | ULTRAS | WARSZAWA | POL | M-40 | 01:07:28 | 01:57:12 |
| 126 | KUCZERA NATALIA | 2256 | | NOWA SÓL | POL | K-30 | 01:04:08 | 01:58:08 |
| 127 | BARANOWSKI ROBERT | 2227 | | WROCLAW | POL | M-50 | 01:05:19 | 01:58:27 |
| 128 | PTASZEK KATARZYNA | 2178 | TRENUJZAMI.PL | PIETRZYKOWICE | POL | K-50 | 01:06:26 | 01:58:48 |
| 129 | BEDNARCZYK BOGUSŁAW | 2222 | PRO - RUN WROCLAW | WROCLAW | POL | M-50 | 01:06:34 | 01:58:49 |
| 130 | PRZYBULEK TOMASZ | 2142 | | KRAKÓW | POL | M-30 | 01:06:22 | 01:59:27 |
| 131 | KOSTOWSKI ROMAN | 2172 | | ŚWIDNICA | POL | M-30 | 01:05:28 | 01:59:38 |
| 132 | CHEŁCHOWSKA KATARZYNA | 2168 | WAWRZYTEAM | RADKÓW KŁODZKI | POL | K-30 | 01:06:31 | 02:00:19 |
| 133 | RZEPKA REMIGIUSZ | 2298 | GREENBUD | MIKOŁÓW | POL | M-50 | 01:04:44 | 02:00:24 |
| 134 | WAWRZYŃIAK ILONA | 2265 | NORBULLO TEAM | WARSZAWA | POL | K-40 | 01:05:42 | 02:00:25 |
| 135 | KRAWIEC PIOTR | 2044 | | ŻŁOBIŻNA | POL | M-40 | 01:06:24 | 02:01:04 |
| 136 | DZICZEK IRENEUSZ | 2132 | RAZ SZCZECIN | SZCZECIN | POL | M-50 | 01:04:46 | 02:01:16 |
| 137 | FRONCZKOWSKA BARBARA | 2309 | | ŁÓDŹ | POL | K-30 | 01:09:10 | 02:01:23 |
| 138 | KIEŁPIŃSKI WOJCIECH | 2101 | | BYDGOSZCZ | POL | M-30 | 01:09:45 | 02:01:24 |
| 139 | WÓJCIK PAULINA | 2111 | ZADYSZKA OŚWIĘCIM | GLIWICE | POL | K-20 | 01:09:43 | 02:01:28 |
| 140 | DROŹDZIEL MAGDALENA | 2112 | KB HERMES GRZYFINO | GRZYFINO | POL | K-30 | 01:07:30 | 02:01:55 |
| 141 | ŻEMOJDZIN MARCIN | 2008 | PIWNE BRZUSZKI RACE TEAM | SZCZECIN | POL | M-40 | 01:07:34 | 02:01:57 |
| 142 | MARKOWSKI MATEUSZ | 2024 | | SZCZECIN | POL | M-30 | 01:07:51 | 02:02:30 |
| 143 | GNATOWICZ-CZARNOŁĘSKA BEATA | 2197 | MACOPHARMA | WROCLAW | POL | K-50 | 01:09:08 | 02:02:36 |
| 144 | KOZDRÓJ WIOLETTA | 2104 | DOGOŃ GRODZISK MAZOWIECKI/DŹAKARTA RUN TEAM | GRODZISK MAZOWIECKI | POL | K-40 | 01:07:18 | 02:02:59 |
| 145 | BAGIŃSKA JOANNA | 2068 | LINCOLN ELECTRIC BESTER RUN BIELAWA | BIELAWA | POL | K-50 | 01:07:50 | 02:03:39 |
| 146 | PYĆ ANDRZEJ | 2175 | | ŚWIDNICA | POL | M-30 | 01:11:03 | 02:04:07 |
| 147 | KUBIAK PRZEMYSŁAW | 2085 | STRZEGOMSKA DWUNASTKA | STRZEGOM | POL | M-40 | 01:13:47 | 02:04:31 |
| 148 | WĘGRZYNEK MIRKA | 2162 | AR WARSAW | WARSZAWA | POL | K-40 | 01:09:36 | 02:04:33 |
| 149 | PAWIŃSKI ARTUR | 2280 | PAW-ART ARTUR PAWIŃSKI | WARSZAWA | POL | M-40 | 01:09:02 | 02:04:41 |
| 150 | PIÓRKOWSKI PAWEŁ | 2130 | | NOWA RUDA | POL | M-30 | 01:13:18 | 02:04:43 |
| 151 | KOSTRUBIEC MACIEJ | 2208 | | POZNAŃ | POL | M-20 | 01:09:56 | 02:04:54 |
| 152 | KWIATKOWSKA MARTA | 2134 | | WROCLAW | POL | K-40 | 01:08:55 | 02:04:57 |
| 153 | NOWAK MARTA | 2016 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | K-40 | 01:09:00 | 02:05:06 |
| 154 | CZEKAŁSKI TOMASZ | 2010 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | M-40 | 01:07:02 | 02:05:06 |
| 155 | HAIDA MARCIN | 2053 | | ŚWIETOCHŁOWICE | POL | M-40 | 01:12:44 | 02:05:09 |
| 156 | MIKLAZEWSKI RAD | 2263 | NORBULLO TEAM | WARSZAWA | POL | M-50 | 01:09:41 | 02:05:11 |

SGS LIGHT 21KM, OPEN c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|---------------------------|------|-------------------------------------|---------------------|-----|------|----------|----------|
| 157 | JAKUBOWSKA AURELIA | 2133 | | MIEJSKA GÓRKA | POL | K-30 | 01:09:49 | 02:05:18 |
| 158 | URBAŃSKA MAGDALENA | 2103 | HAPPY RUNNERS | PABIANICE | POL | K-40 | 01:06:31 | 02:05:18 |
| 159 | MAREK PAWEŁ | 2105 | | CZELADŹ | POL | M-40 | 01:09:44 | 02:05:29 |
| 160 | GARCZAREK KRZYSZTOF | 2106 | | CZELADŹ | POL | M-60 | 01:09:50 | 02:06:05 |
| 161 | MARIN ALBERTO | 2261 | | POZNAN | ESP | M-30 | 01:07:51 | 02:06:18 |
| 162 | RYGUEŁA MIKOŁAJ | 2267 | | ŁAZISKA GÓRNE | POL | M-20 | 01:10:08 | 02:06:29 |
| 163 | KULAK PAWEŁ | 2269 | | PRUSZKÓW | POL | M-40 | 01:08:33 | 02:06:51 |
| 164 | WALIŃSKA AGATA | 2279 | WWW.SPRAWDZAMY-NIERUCHOMOSCI.PL | KOMORNIKI | POL | K-30 | 01:09:56 | 02:07:27 |
| 165 | KOZŁOWSKI KRZYSZTOF | 2093 | RUNCROSS ROZGARTY | TORUŃ | POL | M-30 | 01:13:20 | 02:07:32 |
| 166 | DYKO JAKUB | 2223 | SPARTA ŚWIDNICA | ŚLOTWINA | POL | M-20 | 01:06:37 | 02:07:44 |
| 167 | BADOWSKA KATARZYNA | 2146 | | POLSKA | POL | K-40 | 01:13:11 | 02:07:51 |
| 168 | BADOWSKI ARTUR | 2145 | | BURKATÓW | POL | M-40 | 01:13:17 | 02:07:51 |
| 169 | SIKORA MICHAŁ | 2025 | | PULAWY | POL | M-40 | 01:07:24 | 02:08:06 |
| 170 | KOZDRÓJ MARCIN | 2028 | | GRODZISK MAZOWIECKI | POL | M-40 | 01:09:18 | 02:08:14 |
| 171 | KUCZEWSKI MAREK | 2169 | | NADOLICE MAŁE | POL | M-30 | 01:09:47 | 02:08:21 |
| 172 | GACZOŁ KLAUDIA | 2147 | STRAIGHT OUTTA SCRANTON | WROCLAW | POL | K-30 | 01:09:14 | 02:09:04 |
| 173 | ORŁOWSKI DANIEL | 2026 | MILLSIDE DISTILLERY | DEBRZNO | POL | M-40 | 01:13:28 | 02:09:24 |
| 174 | RÓŻAŃSKA MAGDALENA | 2007 | | WROCLAW | POL | K-40 | 01:12:23 | 02:09:31 |
| 175 | SIKORSKI CEZARY | 2306 | BBL GUBIN | GUBIN | POL | M-50 | 01:11:49 | 02:09:36 |
| 176 | MODERACKA MAŁGORZATA | 2033 | | POZNAŃ | POL | K-30 | 01:14:21 | 02:09:40 |
| 177 | BRZEZIŃSKI ANDRZEJ | 2196 | LANRUNS | OLKUSZ | POL | M-60 | 01:10:22 | 02:09:40 |
| 178 | LING ROBERT | 2064 | | GOLENIÓW | POL | M-40 | 01:16:11 | 02:09:41 |
| 179 | DUBIEL MONIKA | 2124 | KUNA W AGREŚCIE | TANINA | POL | K-40 | 01:13:07 | 02:09:50 |
| 180 | SKWAREK AGNIESZKA | 2299 | DZIKIE ŚWINIE | POZNAŃ | POL | K-30 | 01:13:21 | 02:10:42 |
| 181 | ŁAŻEWSKA SYLWIA | 2011 | | CHWAŁĘCICE | POL | K-40 | 01:11:11 | 02:10:49 |
| 182 | CHOŁUJ MAŁGORZATA | 2212 | | SZCZODRE | POL | K-50 | 01:15:04 | 02:10:51 |
| 183 | SARNA BEATA | 2213 | | WROCLAW | POL | K-50 | 01:15:01 | 02:10:51 |
| 184 | LEDNICKA LIDIA | 2284 | | SKÓRZEWO | POL | K-40 | 01:15:45 | 02:10:53 |
| 185 | DENYSENKO LECH | 2000 | BDB TEAM | KATOWICE | POL | M-60 | 01:13:15 | 02:11:03 |
| 186 | PRAWDZIK RENATA | 2248 | SUPER DRUŻYNA ELK | ELK | POL | K-40 | 01:14:22 | 02:11:09 |
| 187 | BENEŠOVÁ JOLANA | 2307 | REDPOINT TEAM | BEZDĚKOV NAD METUJÍ | CZE | K-50 | 01:12:08 | 02:11:12 |
| 188 | KUBIAK ANNA | 2084 | STRZEGOMSKA DWUNASTKA | STRZEGOM | POL | K-40 | 01:17:55 | 02:11:30 |
| 189 | DERBICH MARIUSZ | 2217 | FAMOT TEAM | KOWALEW | POL | M-40 | 01:15:05 | 02:11:35 |
| 190 | POPEK MACIEJ | 2045 | PARKRUN SŁODOWO WŁOCŁAWEK | WŁOCŁAWEK | POL | M-40 | 01:16:38 | 02:11:50 |
| 191 | TYŃSKA - SITEK ALEKSANDRA | 2310 | | ŁÓDŹ | POL | K-40 | 01:15:56 | 02:11:57 |
| 192 | MAĆKIEWICZ PIOTR | 2047 | PARKRUN ŚWINOUJSCIE | ŚWINOUJSCIE | POL | M-60 | 01:15:02 | 02:12:06 |
| 193 | BORMANN MARGRIT | 2067 | ZADYSZKA OŚWIĘCIM/KS KANDAHAR | OŚWIĘCIM | POL | K-40 | 01:13:29 | 02:12:11 |
| 194 | BONIKOWSKI TOMASZ | 2300 | | GRODZISK MAZ | POL | M-50 | 01:16:09 | 02:12:23 |
| 195 | KACZOROWSKA DOROTA | 2059 | | KIEŁCZÓW | POL | K-40 | 01:16:01 | 02:12:27 |
| 196 | PIETRZAK RADOŚŁAW | 2131 | MILLSIDE DISTILLERY | MROWINY | POL | M-40 | 01:13:00 | 02:14:01 |
| 197 | ZARĘBA ANETA | 2126 | ZAREBA MEISEIKAI | NOWY SĄCZ | POL | K-20 | 01:18:17 | 02:14:02 |
| 198 | GIDASZEWSKA JOLANTA | 2158 | GIDOLKI | LESZNO | POL | K-40 | 01:16:08 | 02:14:26 |
| 199 | KUNIGOWSKI PIOTR | 2066 | LINCOLN ELECTRIC BESTER RUN BIELAWA | BIELAWA | POL | M-50 | 01:14:29 | 02:14:35 |
| 200 | GRABOWSKI MARIUSZ | 2038 | PEGA RUNNERS | KRAKÓW | POL | M-40 | 01:15:16 | 02:14:36 |
| 201 | PATYRA ŁUKASZ | 2014 | | WROCLAW | POL | M-40 | 01:15:15 | 02:14:38 |
| 202 | PIOTROWSKA EDYTA | 2039 | BRACTWO BIEGOWE BGK | WARSZAWA | POL | K-40 | 01:13:41 | 02:15:08 |
| 203 | PAPROCKA NATALIA | 2057 | | POLKOWICE | POL | K-40 | 01:16:14 | 02:15:27 |
| 204 | POGORZELEC TOMASZ | 2188 | | POLKOWICE | POL | M-40 | 01:14:42 | 02:15:37 |
| 205 | CZUBALA BEATA | 2148 | LKS ZIĘBICE | ZIĘBICE | POL | K-40 | 01:17:30 | 02:15:46 |
| 206 | DOLECKA ELŻBIETA | 2204 | NKB CHYŻY NOWY TOMYŚL | NOWY TOMYŚL | POL | K-40 | 01:14:45 | 02:16:03 |
| 207 | KEGEL ZBIGNIEW | 2192 | PIĄTKOWO NA BIEGOWO | POZNAŃ | POL | M-60 | 01:15:28 | 02:16:23 |
| 208 | WIEWIÓRA AGATA | 2107 | | ŻNIN | POL | K-40 | 01:18:49 | 02:16:27 |
| 209 | MAJCHRZAK MAGDALENA | 2109 | | KCYNIA | POL | K-30 | 01:18:38 | 02:16:27 |
| 210 | OSTROWSKI ŁUKASZ | 2241 | | BRODOWO | POL | M-40 | 01:17:57 | 02:16:54 |
| 211 | PLESIŃSKA JOANNA | 2063 | | GOLENIÓW | POL | K-30 | 01:20:46 | 02:17:00 |
| 212 | BORSKI DANIEL | 2226 | | MILIKOV | CZE | M-40 | 01:14:39 | 02:17:31 |
| 213 | PATYNOWSKI TOMASZ | 2149 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | M-50 | 01:13:24 | 02:17:37 |

SGS LIGHT 21KM, OPEN c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|------------------------------|------|----------------------------|----------------------|-----|------|----------|----------|
| 214 | MORAWSKI MARCIN | 2152 | RANGER SURVIVAL CLUB | OBORNIKI ŚLĄSKIE | POL | M-50 | 01:15:02 | 02:18:05 |
| 215 | IVANOVA ALINA | 2154 | | PIASECZNO | POL | K-30 | 01:18:06 | 02:18:14 |
| 216 | KĄNDUŁA KLAUDIA | 2185 | LION GROUP | POZNAŃ | POL | K-40 | 01:18:50 | 02:18:28 |
| 217 | GUZIŃSKA OLA | 2034 | | ZĄBKI | POL | K-40 | 01:18:02 | 02:18:35 |
| 218 | WAŚNIK IZABELA | 2004 | BEMOWO BIEGA | WARSZAWA | POL | K-50 | 01:18:00 | 02:18:36 |
| 219 | JASNOWSKI PAWEŁ | 2173 | COFFEE AND GO | POZNAŃ | POL | M-40 | 01:19:31 | 02:18:37 |
| 220 | TRZASKO ANIA | 2176 | ADIDAS RUNNERS WARSAW | WARSZAWA | POL | K-30 | 01:18:51 | 02:18:56 |
| 221 | POŹNIAK-STYCZYŃSKA MAJA | 2012 | DDC | PULAWY | POL | K-30 | 01:16:26 | 02:19:36 |
| 222 | CEBULAK KATARZYNA | 2174 | COFFEE AND GO | POZNAŃ | POL | K-40 | 01:19:35 | 02:19:50 |
| 223 | JAKUBOWSKA MARTA | 2083 | NESSI TIME KALISZ | KALISZ | POL | K-40 | 01:20:18 | 02:19:51 |
| 224 | KSIĘŻNIK ANNA | 2301 | | OLAWA | POL | K-50 | 01:17:54 | 02:21:29 |
| 225 | OBSTARCZYK MIROŚLAW | 2140 | ZADYSZKA OŚWIĘCIM | OŚWIĘCIM | POL | M-60 | 01:17:28 | 02:21:34 |
| 226 | KABZIŃSKA DAGMARA | 2086 | | WARSZAWA | POL | K-40 | 01:20:19 | 02:21:54 |
| 227 | KĄŁUSKI JAN | 2075 | AKTYWNI RAZEM | KOZIEGŁOWY | POL | M-40 | 01:19:20 | 02:22:11 |
| 228 | ZABOROWSKA HALINA | 2177 | MARATOŃCZYK DĘBICA | DĘBICA | POL | K-50 | 01:20:33 | 02:22:55 |
| 229 | HELMAN JAROSŁAW | 2247 | JAROSŁAW HELMAN | MIASTKO | POL | M-40 | 01:17:32 | 02:22:56 |
| 230 | SZYMANIK PAWEŁ | 2272 | | WARSZAWA | POL | M-50 | 01:18:56 | 02:23:13 |
| 231 | STAMM TOMASZ | 2116 | | POZNAŃ | POL | M-50 | 01:16:13 | 02:23:16 |
| 232 | MIŁKOWSKI MARCIN | 2179 | POLSKA | SOCHACZEW | POL | M-40 | 01:19:07 | 02:23:42 |
| 233 | KOZŁOWSKA MAGDALENA | 2187 | RUNNERS KONIN | KONIN | POL | K-40 | 01:18:04 | 02:23:43 |
| 234 | NOWAK - KASPRZAK ANNA | 2276 | | WROCŁAW | POL | K-30 | 01:20:01 | 02:23:44 |
| 235 | KASPRZAK ŁUKASZ | 2277 | | WROCŁAW | POL | M-30 | 01:20:34 | 02:23:45 |
| 236 | KRZESZOWSKA ADRIANNA | 2271 | ROWERY MAŁGOŚKA | DOPIEWIEC | POL | K-30 | 01:20:15 | 02:23:47 |
| 237 | SKARŻEŃSKA-SOKOŁOWSKA JAGODA | 2303 | NIEZWYCIĘŻENI Z WRZOSOWEJ | KUDOWA-ZDRÓJ | POL | K-40 | 01:18:30 | 02:23:52 |
| 238 | KARPIŃSKI RAFAŁ | 2072 | | KIELCE | POL | M-40 | 01:20:28 | 02:23:59 |
| 239 | PTAK MONIKA | 2073 | | KRAKÓW | POL | K-40 | 01:20:26 | 02:23:59 |
| 240 | FIORENZA ROBERTO | 2119 | MUD FOXES | BYDGOSZCZ | ITA | M-30 | 01:18:45 | 02:25:20 |
| 241 | JANISZEWSKA EMILIA | 2114 | PIECHOTĄ PO SCHODACH | ŁÓDŹ | POL | K-30 | 01:17:17 | 02:26:36 |
| 242 | KRAWCZYK BEATA | 2113 | PIECHOTĄ PO SCHODACH | ŁÓDŹ | POL | K-30 | 01:17:21 | 02:26:36 |
| 243 | RADWAŃSKA ANETA | 2117 | PIECHOTĄ PO SCHODACH | ŁÓDŹ | POL | K-40 | 01:17:23 | 02:26:37 |
| 244 | JASIŃSKA MARZENA | 2077 | PIECHOTĄ PO SCHODACH | ŁÓDŹ | POL | K-30 | 01:17:19 | 02:26:37 |
| 245 | SZPLIT AGATA | 2056 | KORONA PABIANICE | PABIANICE | POL | K-30 | 01:22:20 | 02:27:55 |
| 246 | BOŻEK ALEKSANDRA | 2100 | TEAM ZABIEGANEDNI | WARSZAWA | POL | K-30 | 01:24:39 | 02:27:57 |
| 247 | STYPUŁA MICHAŁ | 2013 | | KRZYSZTOFORZYCE | POL | M-30 | 01:19:08 | 02:28:19 |
| 248 | KURASZ SZYMON | 2166 | NKB CHYŻY NOWY TOMYŚL | NOWY TOMYŚL | POL | M-40 | 01:19:12 | 02:28:28 |
| 249 | KACZMAREK MONIKA | 2201 | NKB CHYŻY NOWY TOMYŚL | NOWY TOMYŚL | POL | K-40 | 01:19:34 | 02:28:31 |
| 250 | STOLARSKI JANUSZ | 2080 | PARKRUN SŁODOWO, WŁOCŁAWEK | WŁOCŁAWEK | POL | M-60 | 01:22:42 | 02:29:15 |
| 251 | KRZYSZTOFOWICZ KAROLINA | 2294 | ULTRASY | WARSZAWA | POL | K-40 | 01:24:03 | 02:30:53 |
| 252 | SKOWROŃSKI BARTOSZ | 2138 | | WROCŁAW | POL | M-30 | 01:24:40 | 02:31:26 |
| 253 | WIRA BARBARA | 2095 | | WROCŁAW | POL | K-40 | 01:26:31 | 02:32:37 |
| 254 | JĘDRZEJEK KINGA | 2115 | HAPPY RUNNERS | JAWORZNO | POL | K-40 | 01:24:43 | 02:33:23 |
| 255 | TARNOWSKI PAWEŁ | 2122 | HAPPY RUNNERS | LUBLIN | POL | M-30 | 01:25:16 | 02:33:24 |
| 256 | PASZKIEL AGNIESZKA | 2182 | LUDZ | SZCZECINEK | POL | K-50 | 01:24:56 | 02:34:39 |
| 257 | KOWALCZYK ALEKSANDRA | 2121 | | SOSNOWIEC | POL | K-30 | 01:26:35 | 02:34:58 |
| 258 | FIRLIK MIROŚLAW | 2052 | KB KAMIEŃ POMORSKI | WRZOSOWO | POL | M-50 | 01:25:15 | 02:36:06 |
| 259 | SZYMAŃSKI MAREK | 2051 | KB KAMIEŃ POMORSKI | KAMIEŃ POMORSKI | POL | M-30 | 01:26:46 | 02:37:59 |
| 260 | KOZIARSKA EWA | 2071 | | WROCŁAW | POL | K-40 | 01:25:56 | 02:38:10 |
| 261 | SARNOWSKI MACIEJ | 2183 | TKKF MPK POZNAŃ | POZNAŃ | POL | M-40 | 01:29:36 | 02:38:46 |
| 262 | LANGIEWICZ JACEK | 2055 | MKJ POLICE | POLICE | POL | M-60 | 01:28:18 | 02:39:59 |
| 263 | WALENTYN KATARZYNA | 2078 | RUNCROSS ROZGARTY | TORUŃ | POL | K-40 | 01:33:02 | 02:44:23 |
| 264 | KOSTRUBIEC MARIUSZ | 2209 | | MROWINO | POL | M-50 | 01:31:08 | 02:46:15 |
| 265 | ADAMCZUK PIOTR | 2049 | | LEGNICA | POL | M-40 | 01:34:32 | 02:47:09 |
| 266 | WOŹNIAK MARCIN | 2233 | | GOSTYŃ | POL | M-30 | 01:33:03 | 02:48:59 |
| 267 | LEŚKIEWICZ MICHAŁ | 2090 | | WIŚNIOŪKA | POL | M-40 | 01:39:59 | 02:57:52 |
| 268 | ADAMIAK MARTA | 2270 | RUN4GOLD | ŻŁOTY STOK | POL | K-40 | 01:38:45 | 03:05:43 |
| 269 | PAŁASZYŃSKA BEATA | 2245 | MUD FOXES | NOWY DWÓR MAZOWIECKI | POL | K-40 | 01:40:20 | 03:05:45 |
| 270 | STOLARSKA DANUTA | 2079 | PARKRUN SŁODOWO, WŁOCŁAWEK | WŁOCŁAWEK | POL | K-60 | 01:42:00 | 03:06:54 |

SGS LIGHT 21KM, OPEN c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|------------------------------|------|----------------------------|----------------------|-----|------|-----------------|-----------------|
| 271 | LEŚNIEWSKI SŁAWOMIR | 2048 | PARKRUN SŁODOWO, WŁOCLAWEK | WŁOCLAWEK | POL | M-50 | 01:42:01 | 03:06:57 |
| 272 | DAWID KATARZYNA | 2218 | HAPPY RUNNERS | SIEMIANOWICE ŚLĄSKIE | POL | K-50 | 01:45:42 | 03:26:15 |
| | ŁUKASZEWSKI SZYMON | 2266 | ANDRZEJ WITEK - SZYBCIEJ | STRZYŻEWICE | POL | M-30 | 00:43:14 DNF | 01:18:46 DNF |
| | MICHAŁIK-KWAŚNICKA KATARZYNA | 2022 | PRECEL RACING TEAM | WROCLAW | POL | K-30 | 01:48:19 DNF | DNF |
| | MÓLL MATEUSZ | 2070 | #SOBASTEAM | WROCLAW | POL | M-30 | 00:59:05 DNF | DNF |
| | PRZESPOLEWSKI RAFAŁ | 2094 | LUDZIE Z WIOCHY | STUDZIENIEC | POL | M-40 | 01:16:55 DNF | DNF |
| | CZARNIECKI DANIEL | 2160 | TIE | POLANICA-ZDRÓJ | POL | M-40 | 01:10:11 DNF | DNF |
| | JODŁOWSKA WIOLETTA | 2136 | | PRUSZCZ GDAŃSKI | POL | K-50 | 02:11:21 DNF | DNF |
| | ARCHACKA KASIA | 2137 | KRĘCONA | GRABINY ZAMECZEK | POL | K-50 | 02:11:31 DNF | DNF |

SGS LIGHT 21KM, OPEN KOBIEC

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|--|------|---|---------------------|-----|------|----------|----------|
| 1 | TOMASIAK NATALIA | 2242 | SALOMON TEAM | KRYNICA-ZDRÓJ | POL | K-30 | 00:44:14 | 01:19:24 |
| 2 | KULIK-GAWĘDA IWONA | 2238 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | K-30 | 00:45:48 | 01:22:41 |
| 3 | BALYS KATARZYNA | 2311 | HERCOG RUNNING TEAM | STRONIE ŚLĄSKIE | POL | K-40 | 00:48:53 | 01:29:23 |
| 4 | KUCZYŃSKA WIOLETTA | 2283 | WIERZBIKI RUNNING PROJEKT | MIĘDZYRZECZ | POL | K-30 | 00:51:45 | 01:33:17 |
| 5 | BABIŃSKA-POPIŁKA EWELINA | 2001 | | RADKÓW | POL | K-30 | 00:50:24 | 01:33:31 |
| 6 | ŁUKASIEWICZ EWA | 2202 | AW-SZYBCIEJ-TEAM | ZŁOTORYJA | POL | K-50 | 00:54:41 | 01:33:55 |
| 7 | JARZĘBOWICZ BEATA | 2065 | ZADYSZKA OŚWIĘCIM | OŚWIĘCIM | POL | K-40 | 00:52:59 | 01:35:49 |
| 8 | JAWORSKA MAGDALENA | 2017 | GB WIELKOPOLSCY BIEGACZE/TEAM HWBT | POZNAŃ | POL | K-40 | 00:56:18 | 01:40:35 |
| 9 | JÓZEFIAK BEATA | 2253 | | PLEWISKA | POL | K-30 | 00:57:18 | 01:41:21 |
| 10 | PIOTROWIAK ANGELIKA | 2195 | GARMIN WROCLAW | WROCLAW | POL | K-20 | 00:57:13 | 01:41:45 |
| 11 | AUGUSTYNIAK MAŁGORZATA | 2018 | | ŁÓDŹ | POL | K-50 | 00:56:39 | 01:43:20 |
| 12 | MAZIAREK ADELA | 2165 | | NIEMODLIN | POL | K-40 | 00:59:36 | 01:45:13 |
| 13 | LEŚNIEWSKA JUSTYNA | 2151 | AKTYWNA NOWA RUDA | RADKÓW | POL | K-40 | 00:56:47 | 01:45:15 |
| 14 | RABIEJ-OLSZEWSKA HANNA | 2164 | | CHOJNÓW | POL | K-30 | 00:59:03 | 01:45:58 |
| 15 | WALCZAK AGATA | 2249 | WIR | ŁÓDŹ | POL | K-50 | 01:01:22 | 01:46:48 |
| 16 | KRZYŻANOWSKA - KORZENIOWSKA ANNA MARIA | 2234 | INFINITY-GYM ŁUKASZ SZAPORÓW | BRZEG DOLNY | POL | K-30 | 01:01:46 | 01:49:59 |
| 17 | STANKIEWICZ ANNA | 2191 | DOGOŃ GRODZISK MAZOWIECKI | CZARNY LAS | POL | K-40 | 01:00:41 | 01:51:23 |
| 18 | OWCZAREK IZABELA | 2273 | SLEZAKTEAM | GLOGÓW | POL | K-40 | 01:02:23 | 01:51:35 |
| 19 | SMOTER ANIA | 2118 | SMOLECKA ZADYSZKA | SMOLEC | POL | K-40 | 01:03:47 | 01:52:26 |
| 20 | ZWIERZYŃSKA AGNIESZKA | 2252 | | WARSZAWA | POL | K-40 | 01:02:37 | 01:53:07 |
| 21 | BUJALSKA AGATA | 2281 | | WARSZAWA | POL | K-30 | 01:04:02 | 01:53:16 |
| 22 | SZTYPKA JUSTYNA | 2082 | WKB MARATOŃCZYK WŁOCLAWEK | WŁOCLAWEK | POL | K-40 | 01:02:42 | 01:53:33 |
| 23 | DZIARKOWSKA EDYTA | 2098 | RUNCROSS ROZGARTY | CZARNE BŁOTO | POL | K-40 | 01:04:27 | 01:53:55 |
| 24 | GRUDZIEN-JURKOWSKA MALGORZATA | 2163 | | ZABKOWICE SLASKIE | POL | K-40 | 01:05:44 | 01:55:06 |
| 25 | KONDRACKA AGNIESZKA | 2128 | KUNA W AGREŚCIE | LUBLINIEC | POL | K-40 | 01:03:47 | 01:55:27 |
| 26 | KWIATKOWSKA ZUZANNA | 2155 | RNB TEAM POLANICA ZDRÓJ | SZCZYTNA | POL | K-50 | 01:04:36 | 01:56:52 |
| 27 | KUKOBNIKAWA VITALIYA | 2203 | BIEGACZE STU MOSTÓW | WROCLAW | POL | K-30 | 01:07:28 | 01:57:10 |
| 28 | KUCZERA NATALIA | 2256 | | NOWA SÓL | POL | K-30 | 01:04:08 | 01:58:08 |
| 29 | PTASZEK KATARZYNA | 2178 | TRENUJZNAMI.PL | PIETRZYKOWICE | POL | K-50 | 01:06:26 | 01:58:48 |
| 30 | CHEŁCHOWSKA KATARZYNA | 2168 | WAWRZYNTTEAM | RADKÓW KŁODZKI | POL | K-30 | 01:06:31 | 02:00:19 |
| 31 | WAWRZYNIAK ILONA | 2265 | NORBULLO TEAM | WARSZAWA | POL | K-40 | 01:05:42 | 02:00:25 |
| 32 | FRONCZKOWSKA BARBARA | 2309 | | ŁÓDŹ | POL | K-30 | 01:09:10 | 02:01:23 |
| 33 | WÓJCIK PAULINA | 2111 | ZADYSZKA OŚWIĘCIM | GLIWICE | POL | K-20 | 01:09:43 | 02:01:28 |
| 34 | DROŹDZIEL MAGDALENA | 2112 | KB HERMES GRZYFINO | GRZYFINO | POL | K-30 | 01:07:30 | 02:01:55 |
| 35 | GNATOWICZ-CZARNOŁĘSKA BEATA | 2197 | MACOPHARMA | WROCLAW | POL | K-50 | 01:09:08 | 02:02:36 |
| 36 | KOZDRÓJ WIOLETTA | 2104 | DOGOŃ GRODZISK MAZOWIECKI/DŹAKARTA RUN TEAM | GRODZISK MAZOWIECKI | POL | K-40 | 01:07:18 | 02:02:59 |

SGS LIGHT 21KM, OPEN KOBIEC c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|------------------------------|------|-------------------------------------|---------------------|-----|------|----------|----------|
| 37 | BAGIŃSKA JOANNA | 2068 | LINCOLN ELECTRIC BESTER RUN BIELAWA | BIELAWA | POL | K-50 | 01:07:50 | 02:03:39 |
| 38 | WĘGRZYNEK MIRKA | 2162 | AR WARSAW | WARSZAWA | POL | K-40 | 01:09:36 | 02:04:33 |
| 39 | KWIATKOWSKA MARTA | 2134 | | WROCLAW | POL | K-40 | 01:08:55 | 02:04:57 |
| 40 | NOWAK MARTA | 2016 | NARAMOWICE BIEGAJA | POZNAŃ | POL | K-40 | 01:09:00 | 02:05:06 |
| 41 | JAKUBOWSKA AURELIA | 2133 | | MIEJSKA GÓRKA | POL | K-30 | 01:09:49 | 02:05:18 |
| 42 | URBAŃSKA MAGDALENA | 2103 | HAPPY RUNNERS | PABIANICE | POL | K-40 | 01:06:31 | 02:05:18 |
| 43 | WALIŃSKA AGATA | 2279 | WWW.SPRAWDZAMY-NIERUCHOMOSCI.PL | KOMORNIKI | POL | K-30 | 01:09:56 | 02:07:27 |
| 44 | BADOWSKA KATARZYNA | 2146 | | POLSKA | POL | K-40 | 01:13:11 | 02:07:51 |
| 45 | GACZOŁ KLAUDIA | 2147 | STRAIGHT OUTTA SCRANTON | WROCLAW | POL | K-30 | 01:09:14 | 02:09:04 |
| 46 | RÓŻAŃSKA MAGDALENA | 2007 | | WROCLAW | POL | K-40 | 01:12:23 | 02:09:31 |
| 47 | MODERACKA MAŁGORZATA | 2033 | | POZNAŃ | POL | K-30 | 01:14:21 | 02:09:40 |
| 48 | DUBIEL MONIKA | 2124 | KUNA W AGREŚCIE | TANINA | POL | K-40 | 01:13:07 | 02:09:50 |
| 49 | SKWAREK AGNIESZKA | 2299 | DZIKIE ŚWINIE | POZNAŃ | POL | K-30 | 01:13:21 | 02:10:42 |
| 50 | ŁĄŻEWSKA SYLWIA | 2011 | | CHWAŁĘCICE | POL | K-40 | 01:11:11 | 02:10:49 |
| 51 | CHOŁUJ MAŁGORZATA | 2212 | | SZCZODRE | POL | K-50 | 01:15:04 | 02:10:51 |
| 52 | SARNA BEATA | 2213 | | WROCLAW | POL | K-50 | 01:15:01 | 02:10:51 |
| 53 | LEDNICKA LIDIA | 2284 | | SKÓRZEWO | POL | K-40 | 01:15:45 | 02:10:53 |
| 54 | PRAWDZIK RENATA | 2248 | SUPER DRUŻYNA ELK | EŁK | POL | K-40 | 01:14:22 | 02:11:09 |
| 55 | BENEŠOVÁ JOLANA | 2307 | REDPOINT TEAM | BEZDĚKOV NAD METUJÍ | CZE | K-50 | 01:12:08 | 02:11:12 |
| 56 | KUBIAK ANNA | 2084 | STRZEGOMSKA DWUNASTKA | STRZEGOM | POL | K-40 | 01:17:55 | 02:11:30 |
| 57 | TYŃSKA - SITEK ALEKSANDRA | 2310 | | ŁÓDŹ | POL | K-40 | 01:15:56 | 02:11:57 |
| 58 | BORMANN MARGRIT | 2067 | ZADYSZKA OŚWIĘCIM/KS KANDAHAR | OŚWIĘCIM | POL | K-40 | 01:13:29 | 02:12:11 |
| 59 | KACZOROWSKA DOROTA | 2059 | | KIEŁCZÓW | POL | K-40 | 01:16:01 | 02:12:27 |
| 60 | ZARĘBA ANETA | 2126 | ZAREBA MEISEIKAI | NOWY SĄCZ | POL | K-20 | 01:18:17 | 02:14:02 |
| 61 | GIDASZEWSKA JOLANTA | 2158 | GIDOLKI | LESZNO | POL | K-40 | 01:16:08 | 02:14:26 |
| 62 | PIOTROWSKA EDYTA | 2039 | BRACTWO BIEGOWE BGK | WARSZAWA | POL | K-40 | 01:13:41 | 02:15:08 |
| 63 | PAPROCKA NATALIA | 2057 | | POLKOWICE | POL | K-40 | 01:16:14 | 02:15:27 |
| 64 | CZUBALA BEATA | 2148 | LKS ZIĘBICE | ZIĘBICE | POL | K-40 | 01:17:30 | 02:15:46 |
| 65 | DOLECKA ELŻBIETA | 2204 | NKB CHYŻY NOWY TOMYŚL | NOWY TOMYŚL | POL | K-40 | 01:14:45 | 02:16:03 |
| 66 | WIEWIÓRA AGATA | 2107 | | ŻNIN | POL | K-40 | 01:18:49 | 02:16:27 |
| 67 | MAJCHRZAK MAGDALENA | 2109 | | KCYNIA | POL | K-30 | 01:18:38 | 02:16:27 |
| 68 | PLESIŃSKA JOANNA | 2063 | | GOLENIÓW | POL | K-30 | 01:20:46 | 02:17:00 |
| 69 | IVANOVA ALINA | 2154 | | PIASECZNO | POL | K-30 | 01:18:06 | 02:18:14 |
| 70 | KĄNDUŁA KLAUDIA | 2185 | LION GROUP | POZNAŃ | POL | K-40 | 01:18:50 | 02:18:28 |
| 71 | GUZIŃSKA OLA | 2034 | | ZĄBKI | POL | K-40 | 01:18:02 | 02:18:35 |
| 72 | WĄSIK IZABELA | 2004 | BEMOWO BIEGA | WARSZAWA | POL | K-50 | 01:18:00 | 02:18:36 |
| 73 | TRZASKO ANIA | 2176 | ADIDAS RUNNERS WARSAW | WARSZAWA | POL | K-30 | 01:18:51 | 02:18:56 |
| 74 | POŹNIAK-STYCZYŃSKA MAJA | 2012 | DDC | PULAWY | POL | K-30 | 01:16:26 | 02:19:36 |
| 75 | CEBULAK KATARZYNA | 2174 | COFFEE AND GO | POZNAŃ | POL | K-40 | 01:19:35 | 02:19:50 |
| 76 | JAKUBOWSKA MARTA | 2083 | NESSI TIME KALISZ | KALISZ | POL | K-40 | 01:20:18 | 02:19:51 |
| 77 | KSIĘŻNIK ANNA | 2301 | | OLAWA | POL | K-50 | 01:17:54 | 02:21:29 |
| 78 | KABZIŃSKA DAGMARA | 2086 | | WARSZAWA | POL | K-40 | 01:20:19 | 02:21:54 |
| 79 | ZABOROWSKA HALINA | 2177 | MARATOŃCZYK DĘBICA | DĘBICA | POL | K-50 | 01:20:33 | 02:22:55 |
| 80 | KOZŁOWSKA MAGDALENA | 2187 | RUNNERS KONIN | KONIN | POL | K-40 | 01:18:04 | 02:23:43 |
| 81 | NOWAK - KASPRZAK ANNA | 2276 | | WROCLAW | POL | K-30 | 01:20:01 | 02:23:44 |
| 82 | KRZESZOWSKA ADRIANNA | 2271 | ROWERY MAŁGOŚKA | DOPIEWIEC | POL | K-30 | 01:20:15 | 02:23:47 |
| 83 | SKARŻEŃSKA-SOKOŁOWSKA JAGODA | 2303 | NIEZWYCIĘZENI Z WRZOSOWEJ | KUDOWA-ZDRÓJ | POL | K-40 | 01:18:30 | 02:23:52 |
| 84 | PTAK MONIKA | 2073 | | KRAKÓW | POL | K-40 | 01:20:26 | 02:23:59 |
| 85 | JANISZEWSKA EMILIA | 2114 | PIECHOTĄ PO SCHODACH | ŁÓDŹ | POL | K-30 | 01:17:17 | 02:26:36 |
| 86 | KRAWCZYK BEATA | 2113 | PIECHOTĄ PO SCHODACH | ŁÓDŹ | POL | K-30 | 01:17:21 | 02:26:36 |
| 87 | RADWAŃSKA ANETA | 2117 | PIECHOTĄ PO SCHODACH | ŁÓDŹ | POL | K-40 | 01:17:23 | 02:26:37 |
| 88 | JASIŃSKA MARZENA | 2077 | PIECHOTĄ PO SCHODACH | ŁÓDŹ | POL | K-30 | 01:17:19 | 02:26:37 |
| 89 | SZPLIT AGATA | 2056 | KORONA PABIANICE | PABIANICE | POL | K-30 | 01:22:20 | 02:27:55 |
| 90 | BOŻEK ALEKSANDRA | 2100 | TEAM ZABIEGANEDNI | WARSZAWA | POL | K-30 | 01:24:39 | 02:27:57 |
| 91 | KACZMAREK MONIKA | 2201 | NKB CHYŻY NOWY TOMYŚL | NOWY TOMYŚL | POL | K-40 | 01:19:34 | 02:28:31 |
| 92 | KRZYSZTOFOWICZ KAROLINA | 2294 | ULTRASYS | WARSZAWA | POL | K-40 | 01:24:03 | 02:30:53 |
| 93 | WIRA BARBARA | 2095 | | WROCLAW | POL | K-40 | 01:26:31 | 02:32:37 |

SGS LIGHT 21KM, OPEN KOBIET c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|------------------------------|------|----------------------------|----------------------|-----|------|----------|----------|
| 94 | JĘDRZEJEK KINGA | 2115 | HAPPY RUNNERS | JAWORZNO | POL | K-40 | 01:24:43 | 02:33:23 |
| 95 | PASZKIEL AGNIESZKA | 2182 | LUDZ | SZCZECINEK | POL | K-50 | 01:24:56 | 02:34:39 |
| 96 | KOWALCZYK ALEKSANDRA | 2121 | | SOSNOWIEC | POL | K-30 | 01:26:35 | 02:34:58 |
| 97 | KOZIARSKA EWA | 2071 | | WROCLAW | POL | K-40 | 01:25:56 | 02:38:10 |
| 98 | WALENTYN KATARZYNA | 2078 | RUNCROSS ROZGARTY | TORUŃ | POL | K-40 | 01:33:02 | 02:44:23 |
| 99 | ADAMIAK MARTA | 2270 | RUN4GOLD | ZŁOTY STOK | POL | K-40 | 01:38:45 | 03:05:43 |
| 100 | PAŁASZYŃSKA BEATA | 2245 | MUD FOXES | NOWY DWÓR MAZOWIECKI | POL | K-40 | 01:40:20 | 03:05:45 |
| 101 | STOLARSKA DANUTA | 2079 | PARKRUN SŁODOWO, WŁOCLAWEK | WŁOCLAWEK | POL | K-60 | 01:42:00 | 03:06:54 |
| 102 | DAWID KATARZYNA | 2218 | HAPPY RUNNERS | SIEMIANOWICE ŚLĄSKIE | POL | K-50 | 01:45:42 | 03:26:15 |
| | MICHAŁIK-KWAŚNICKA KATARZYNA | 2022 | PRECEL RACING TEAM | WROCLAW | POL | K-30 | 01:48:19 | DNF |
| | JODŁOWSKA WIOLETTA | 2136 | | PRUSZCZ GDAŃSKI | POL | K-50 | 02:11:21 | DNF |
| | ARCHACKA KASIA | 2137 | KRĘCONA | GRABINY ZAMECZEK | POL | K-50 | 02:11:31 | DNF |

SGS LIGHT 21KM, K-20

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|---------------------|------|-------------------|-----------|-----|------|----------|----------|
| 1 | PIOTROWIAK ANGELIKA | 2195 | GARMIN WROCLAW | WROCLAW | POL | K-20 | 00:57:13 | 01:41:45 |
| 2 | WÓJCIK PAULINA | 2111 | ZADYSZKA OŚWIĘCIM | GLIWICE | POL | K-20 | 01:09:43 | 02:01:28 |
| 3 | ZARĘBA ANETA | 2126 | ZAREBA MEISEIKAI | NOWY SĄCZ | POL | K-20 | 01:18:17 | 02:14:02 |

SGS LIGHT 21KM, M-20

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|---------------------|------|------------------------------|---------------|-----|------|----------|----------|
| 1 | KUSAL TOMASZ | 2297 | ZĄLOGA GÓRSKA | WROCLAW | POL | M-20 | 00:41:16 | 01:15:54 |
| 2 | DONDAJEWSKI MIKOŁAJ | 2244 | | POZNAŃ | POL | M-20 | 00:50:15 | 01:32:06 |
| 3 | PIETEK JAKUB | 2231 | | ŁÓDŹ | POL | M-20 | 00:50:53 | 01:33:28 |
| 4 | GÓRECKI KRZYSZTOF | 2171 | | GRYFÓW ŚLĄSK | POL | M-20 | 00:54:53 | 01:38:11 |
| 5 | KORZENIOWSKI OSKAR | 2235 | INFINITY-GYM ŁUKASZ SZAPORÓW | BRZEG DOLNY | POL | M-20 | 00:56:25 | 01:39:28 |
| 6 | FILUŚ ADAM | 2251 | | POZNAŃ | POL | M-20 | 01:01:15 | 01:40:19 |
| 7 | ALBINIAK DOMINIK | 2161 | PEGA RUNNERS | KRAKÓW | POL | M-20 | 00:58:44 | 01:43:08 |
| 8 | MASARCZYK WOJCIECH | 2127 | | WARSZAWA | POL | M-20 | | 01:43:55 |
| 9 | WASZAK BARTOSZ | 2144 | | DACHOWA | POL | M-20 | 01:05:21 | 01:55:51 |
| 10 | KOSTRUBIEC MACIEJ | 2208 | | POZNAŃ | POL | M-20 | 01:09:56 | 02:04:54 |
| 11 | RYGUŁA MIKOŁAJ | 2267 | | ŁAZISKA GÓRNE | POL | M-20 | 01:10:08 | 02:06:29 |
| 12 | DYKO JAKUB | 2223 | SPARTA ŚWIDNICA | SŁOTWINA | POL | M-20 | 01:06:37 | 02:07:44 |

SGS LIGHT 21KM, K-30

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|--|------|------------------------------|---------------|-----|------|----------|----------|
| 1 | TOMASIAK NATALIA | 2242 | SALOMON TEAM | KRYNICA-ZDRÓJ | POL | K-30 | 00:44:14 | 01:19:24 |
| 2 | KULIK-GAWĘDA IWONA | 2238 | KUDOWIANKA RUN | KUDOWA-ZDRÓJ | POL | K-30 | 00:45:48 | 01:22:41 |
| 3 | KUCZYŃSKA WIOLETTA | 2283 | WIERZBICKI RUNNING PROJEKT | MIĘDZYRZECZ | POL | K-30 | 00:51:45 | 01:33:17 |
| 4 | BABIŃSKA-POPIŁKA EWELINA | 2001 | | RADKÓW | POL | K-30 | 00:50:24 | 01:33:31 |
| 5 | JÓZEFIAK BEATA | 2253 | | PLEWISKA | POL | K-30 | 00:57:18 | 01:41:21 |
| 6 | RABIEJ-OLSZEWSKA HANNA | 2164 | | CHOJNÓW | POL | K-30 | 00:59:03 | 01:45:58 |
| 7 | KRZYŻANOWSKA - KORZENIOWSKA ANNA MARIA | 2234 | INFINITY-GYM ŁUKASZ SZAPORÓW | BRZEG DOLNY | POL | K-30 | 01:01:46 | 01:49:59 |
| 8 | BUJAŁSKA AGATA | 2281 | | WARSZAWA | POL | K-30 | 01:04:02 | 01:53:16 |
| 9 | KUKOBNIKAVA VITALIYA | 2203 | BIEGACZE STU MOSTÓW | WROCLAW | POL | K-30 | 01:07:28 | 01:57:10 |
| 10 | KUCZERA NATALIA | 2256 | | NOWA SÓL | POL | K-30 | 01:04:08 | 01:58:08 |

SGS LIGHT 21KM, K-30 c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|------------------------------|------|---------------------------------|----------------|-----|------|----------|----------|
| 11 | CHEŁCHOWSKA KATARZYNA | 2168 | WAWRZYTEAM | RADKÓW KŁODZKI | POL | K-30 | 01:06:31 | 02:00:19 |
| 12 | FRONCZKOWSKA BARBARA | 2309 | | ŁÓDŹ | POL | K-30 | 01:09:10 | 02:01:23 |
| 13 | DROŹDZIEL MAGDALENA | 2112 | KB HERMES GRYFINO | GRYFINO | POL | K-30 | 01:07:30 | 02:01:55 |
| 14 | JAKUBOWSKA AURELIA | 2133 | | MIEJSKA GÓRKA | POL | K-30 | 01:09:49 | 02:05:18 |
| 15 | WALIŃSKA AGATA | 2279 | WWW.SPRAWDZAMY-NIERUCHOMOSCI.PL | KOMORNIKI | POL | K-30 | 01:09:56 | 02:07:27 |
| 16 | GACZOŁ KLAUDIA | 2147 | STRAIGHT OUTTA SCRANTON | WROCLAW | POL | K-30 | 01:09:14 | 02:09:04 |
| 17 | MODERACKA MAŁGORZATA | 2033 | | POZNAŃ | POL | K-30 | 01:14:21 | 02:09:40 |
| 18 | SKWAREK AGNIESZKA | 2299 | DZIKIE ŚWINIE | POZNAŃ | POL | K-30 | 01:13:21 | 02:10:42 |
| 19 | MAJCHRZAK MAGDALENA | 2109 | | KCYNIA | POL | K-30 | 01:18:38 | 02:16:27 |
| 20 | PLESIŃSKA JOANNA | 2063 | | GOLENIÓW | POL | K-30 | 01:20:46 | 02:17:00 |
| 21 | IVANOVA ALINA | 2154 | | PIASECZNO | POL | K-30 | 01:18:06 | 02:18:14 |
| 22 | TRZASKO ANIA | 2176 | ADIDAS RUNNERS WARSAW | WARSZAWA | POL | K-30 | 01:18:51 | 02:18:56 |
| 23 | POŹNIAK-STYCZYŃSKA MAJA | 2012 | DDC | PULAWY | POL | K-30 | 01:16:26 | 02:19:36 |
| 24 | NOWAK - KASPRZAK ANNA | 2276 | | WROCLAW | POL | K-30 | 01:20:01 | 02:23:44 |
| 25 | KRZESZOWSKA ADRIANNA | 2271 | ROWERY MAŁGOŚKA | DOPIEWIEC | POL | K-30 | 01:20:15 | 02:23:47 |
| 26 | JANISZEWSKA EMILIA | 2114 | PIECHOTĄ PO SCHODACH | ŁÓDŹ | POL | K-30 | 01:17:17 | 02:26:36 |
| 27 | KRAWCZYK BEATA | 2113 | PIECHOTĄ PO SCHODACH | ŁÓDŹ | POL | K-30 | 01:17:21 | 02:26:36 |
| 28 | JASIŃSKA MARZENA | 2077 | PIECHOTĄ PO SCHODACH | ŁÓDŹ | POL | K-30 | 01:17:19 | 02:26:37 |
| 29 | SZPLIT AGATA | 2056 | KORONA PABIANICE | PABIANICE | POL | K-30 | 01:22:20 | 02:27:55 |
| 30 | BOŹEK ALEKSANDRA | 2100 | TEAM ZABIEGANEDNI | WARSZAWA | POL | K-30 | 01:24:39 | 02:27:57 |
| 31 | KOWALCZYK ALEKSANDRA | 2121 | | SOSNOWIEC | POL | K-30 | 01:26:35 | 02:34:58 |
| | MICHAŁIK-KWAŚNICKA KATARZYNA | 2022 | PRECEL RACING TEAM | WROCLAW | POL | K-30 | 01:48:19 | DNF |

SGS LIGHT 21KM, M-30

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|----------------------|------|---------------------------------------|------------------|-----|------|----------|----------|
| 1 | BONIEC RADOSŁAW | 2255 | NADLEŚNICTWO LIPINKI/AW SZYBCIEJ TEAM | ŁAZ | POL | M-30 | 00:38:41 | 01:09:03 |
| 2 | ZARZYCKI MACIEJ | 2120 | DOGOŃ GRODZISK MAZOWIECKI | ŻÓŁWIN | POL | M-30 | 00:39:03 | 01:11:52 |
| 3 | SZYMAŃCZUK JACEK | 2074 | #BIEGIEMWLAS/NARAMOWICE BIEGAJĄ | POZNAŃ | POL | M-30 | 00:39:55 | 01:12:36 |
| 4 | TESLUK KUBA | 2181 | | KATOWICE | POL | M-30 | 00:42:15 | 01:16:53 |
| 5 | GONCZAR SZYMON | 2141 | | RYBNIK | POL | M-30 | 00:41:35 | 01:17:07 |
| 6 | TABIŚ PRZEMYSŁAW | 2110 | PEGA RUNNERS | KRAKÓW | POL | M-30 | 00:43:15 | 01:18:14 |
| 7 | PYZIK KRZYSZTOF | 2229 | VEGE SŁONIK TEAM | SZCZECIN | POL | M-30 | 00:44:28 | 01:20:26 |
| 8 | CICHOWSKI WOJCIECH | 2288 | AW - SZYBCIEJ - TEAM | WROCLAW | POL | M-30 | 00:45:53 | 01:23:38 |
| 9 | BIELECKI SŁAWOMIR | 2076 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | M-30 | 00:46:13 | 01:24:47 |
| 10 | PADEE PIOTR | 2291 | TRIGYM SZCZECIN | SZCZECIN | POL | M-30 | 00:48:56 | 01:29:27 |
| 11 | GAŁECKI ROBERT | 2274 | HFB | KIEŁCZÓW | POL | M-30 | 00:49:42 | 01:32:38 |
| 12 | OLĘDZKI SZYMON | 2031 | | SZCZECIN | POL | M-30 | 00:54:44 | 01:38:09 |
| 13 | POLIWOZAK PATRYK | 2054 | | MROWINY | POL | M-30 | 00:55:27 | 01:39:48 |
| 14 | BOLISEGA WOJCIECH | 2260 | | WAKEFIELD | GBR | M-30 | 00:54:40 | 01:40:01 |
| 15 | MŁYNARCZYK ARKADIUSZ | 2123 | PRZEDWOJEWSKI TEAM | WROCLAW | POL | M-30 | 00:55:30 | 01:40:34 |
| 16 | ŁUCZAK PAWEŁ | 2198 | | TARNÓW OPOLSKI | POL | M-30 | 00:56:47 | 01:40:38 |
| 17 | BAGSIK LUKASZ | 2236 | | KATOWICE | POL | M-30 | 00:56:21 | 01:40:50 |
| 18 | PILETSKI MAKSYM | 2205 | BIEGACZE STU MOSTÓW | WROCLAW | POL | M-30 | 00:56:26 | 01:41:51 |
| 19 | BOROWCZAK MARCIN | 2262 | PARKRUN SŁODOWO, WŁOCLAWEK | POZNAŃ | POL | M-30 | 00:58:14 | 01:41:57 |
| 20 | HACUŚ JACEK | 2246 | | DUSZNIKI ZDRÓJ | POL | M-30 | 00:55:37 | 01:42:27 |
| 21 | SZYMAŃSKI PAWEŁ | 2193 | | TARNÓW OPOLSKI | POL | M-30 | 00:58:21 | 01:42:58 |
| 22 | KURZYNIAC ŁUKASZ | 2041 | | WROCLAW | POL | M-30 | 00:57:48 | 01:44:04 |
| 23 | SZPILSKI PIOTR | 2005 | | KASSEL | GER | M-30 | 00:58:17 | 01:45:02 |
| 24 | CIEPŁY KAMIL | 2194 | AW - SZYBCIEJ - TEAM | WROCLAW | POL | M-30 | 00:58:49 | 01:47:23 |
| 25 | SOKOŁOWSKI TOMASZ | 2216 | KLINIKA TRIATHLONU | BYDGOSZCZ | POL | M-30 | 00:57:53 | 01:47:37 |
| 26 | BŁAŻ TOMASZ | 2143 | LEPSZE ŻBIKI | KRAKÓW | POL | M-30 | 00:59:59 | 01:47:43 |
| 27 | KALEMBA TOMASZ | 2224 | | KRAKOW | POL | M-30 | 00:59:59 | 01:48:18 |
| 28 | KĄŻMIERCZAK MARIUSZ | 2019 | | POPOWO KOŚCIELNE | POL | M-30 | 01:01:48 | 01:48:43 |
| 29 | NOVÁK MARTIN | 2275 | NOWIS TRAILRUNNER | VÁPNO U PŘELOUČE | CZE | M-30 | 00:59:44 | 01:48:52 |

SGS LIGHT 21KM, M-30 c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|---------------------|------|--------------------------|-----------------|-----|------|----------|----------|
| 30 | KONIECZNY WOJCIECH | 2214 | SII RUNNING TEAM | WROCLAW | POL | M-30 | 01:05:53 | 01:51:25 |
| 31 | ZYGOŃ ARTUR | 2108 | | STARGARD | POL | M-30 | 00:59:26 | 01:52:08 |
| 32 | PODSIADŁO WIKTOR | 2232 | | KRAKÓW | POL | M-30 | 01:02:49 | 01:53:43 |
| 33 | STASZEWSKI DARIUSZ | 2167 | | TOMASZÓW MAZ. | POL | M-30 | 01:02:50 | 01:55:10 |
| 34 | WALISZEWSKI JAKUB | 2308 | ROWERY MAŁGOŚKA | POZNAŃ | POL | M-30 | 01:05:17 | 01:57:10 |
| 35 | PRZYBULEK TOMASZ | 2142 | | KRAKÓW | POL | M-30 | 01:06:22 | 01:59:27 |
| 36 | KOSTOWSKI ROMAN | 2172 | | ŚWIDNICA | POL | M-30 | 01:05:28 | 01:59:38 |
| 37 | KIEŁPIŃSKI WOJCIECH | 2101 | | BYDGOSZCZ | POL | M-30 | 01:09:45 | 02:01:24 |
| 38 | MARKOWSKI MATEUSZ | 2024 | | SZCZECIN | POL | M-30 | 01:07:51 | 02:02:30 |
| 39 | PYĆ ANDRZEJ | 2175 | | ŚWIDNICA | POL | M-30 | 01:11:03 | 02:04:07 |
| 40 | PIÓRKOWSKI PAWEŁ | 2130 | | NOWA RUDA | POL | M-30 | 01:13:18 | 02:04:43 |
| 41 | MARIN ALBERTO | 2261 | | POZNAN | ESP | M-30 | 01:07:51 | 02:06:18 |
| 42 | KOZŁOWSKI KRZYSZTOF | 2093 | RUNCROSS ROZGARTY | TORUŃ | POL | M-30 | 01:13:20 | 02:07:32 |
| 43 | KUCZEWSKI MAREK | 2169 | | NADOLICE MAŁE | POL | M-30 | 01:09:47 | 02:08:21 |
| 44 | KASPRZAK ŁUKASZ | 2277 | | WROCLAW | POL | M-30 | 01:20:34 | 02:23:45 |
| 45 | FIORENZA ROBERTO | 2119 | MUD FOXES | BYDGOSZCZ | ITA | M-30 | 01:18:45 | 02:25:20 |
| 46 | STYPUŁA MICHAŁ | 2013 | | KRZYSZTOFORZYCE | POL | M-30 | 01:19:08 | 02:28:19 |
| 47 | SKOWROŃSKI BARTOSZ | 2138 | | WROCLAW | POL | M-30 | 01:24:40 | 02:31:26 |
| 48 | TARNOWSKI PAWEŁ | 2122 | HAPPY RUNNERS | LUBLIN | POL | M-30 | 01:25:16 | 02:33:24 |
| 49 | SZYMAŃSKI MAREK | 2051 | KB KAMIEŃ POMORSKI | KAMIEŃ POMORSKI | POL | M-30 | 01:26:46 | 02:37:59 |
| 50 | WOŹNIAK MARCIN | 2233 | | GOSTYŃ | POL | M-30 | 01:33:03 | 02:48:59 |
| | ŁUKASZEWSKI SZYMON | 2266 | ANDRZEJ WITEK - SZYBCIEJ | STRZYŻEWICE | POL | M-30 | 00:43:14 | 01:18:46 |
| | | | | | | | DNF | DNF |
| | MÖLL MATEUSZ | 2070 | #SOBASTEAM | WROCLAW | POL | M-30 | 00:59:05 | DNF |
| | | | | | | | DNF | DNF |

SGS LIGHT 21KM, K-40

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|-------------------------------|------|---|---------------------|-----|------|----------|----------|
| 1 | BALYS KATARZYNA | 2311 | HERCOG RUNNING TEAM | STRONIE ŚLĄSKIE | POL | K-40 | 00:48:53 | 01:29:23 |
| 2 | JARZĘBOWICZ BEATA | 2065 | ZADYSZKA OŚWIĘCIM | OŚWIĘCIM | POL | K-40 | 00:52:59 | 01:35:49 |
| 3 | JAWORSKA MAGDALENA | 2017 | GB WIELKOPOLSCY BIEGACZE/TEAM HWBT | POZNAŃ | POL | K-40 | 00:56:18 | 01:40:35 |
| 4 | MAZIAREK ADELA | 2165 | | NIEMODLIN | POL | K-40 | 00:59:36 | 01:45:13 |
| 5 | LEŚNIEWSKA JUSTYNA | 2151 | AKTYWNA NOWA RUDA | RADKÓW | POL | K-40 | 00:56:47 | 01:45:15 |
| 6 | STANKIEWICZ ANNA | 2191 | DOGOŃ GRODZISK MAZOWIECKI | CZARNY LAS | POL | K-40 | 01:00:41 | 01:51:23 |
| 7 | OWCZAREK IZABELA | 2273 | SLEZAKTEAM | GŁOGÓW | POL | K-40 | 01:02:23 | 01:51:35 |
| 8 | SMOTER ANIA | 2118 | SMOLECKA ZADYSZKA | SMOLEC | POL | K-40 | 01:03:47 | 01:52:26 |
| 9 | ZWIERYŃSKA AGNIESZKA | 2252 | | WARSZAWA | POL | K-40 | 01:02:37 | 01:53:07 |
| 10 | SZTYPKA JUSTYNA | 2082 | WKB MARATOŃCZYK WŁOCŁAWEK | WŁOCŁAWEK | POL | K-40 | 01:02:42 | 01:53:33 |
| 11 | DZIARKOWSKA EDYTA | 2098 | RUNCROSS ROZGARTY | CZARNE BŁOTO | POL | K-40 | 01:04:27 | 01:53:55 |
| 12 | GRUDZIEN-JURKOWSKA MALGORZATA | 2163 | | ZABKOWICE SLASKIE | POL | K-40 | 01:05:44 | 01:55:06 |
| 13 | KONDRACKA AGNIESZKA | 2128 | KUNA W AGREŚCIE | LUBLINIEC | POL | K-40 | 01:03:47 | 01:55:27 |
| 14 | WAWRZYŃSKI IŁONA | 2265 | NORBULLO TEAM | WARSZAWA | POL | K-40 | 01:05:42 | 02:00:25 |
| 15 | KOZDRÓJ WIOLETTA | 2104 | DOGOŃ GRODZISK MAZOWIECKI/DŻAKARTA RUN TEAM | GRODZISK MAZOWIECKI | POL | K-40 | 01:07:18 | 02:02:59 |
| 16 | WĘGRZYŃNEK MIRKA | 2162 | AR WARSAW | WARSZAWA | POL | K-40 | 01:09:36 | 02:04:33 |
| 17 | KWIATKOWSKA MARTA | 2134 | | WROCLAW | POL | K-40 | 01:08:55 | 02:04:57 |
| 18 | NOWAK MARTA | 2016 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | K-40 | 01:09:00 | 02:05:06 |
| 19 | URBAŃSKA MAGDALENA | 2103 | HAPPY RUNNERS | PABIANICE | POL | K-40 | 01:06:31 | 02:05:18 |
| 20 | BADOWSKA KATARZYNA | 2146 | | POLSKA | POL | K-40 | 01:13:11 | 02:07:51 |
| 21 | RÓŻAŃSKA MAGDALENA | 2007 | | WROCLAW | POL | K-40 | 01:12:23 | 02:09:31 |
| 22 | DUBIEL MONIKA | 2124 | KUNA W AGREŚCIE | TANINA | POL | K-40 | 01:13:07 | 02:09:50 |
| 23 | ŁĄŻEWSKA SYLWIA | 2011 | | CHWAŁĘCICE | POL | K-40 | 01:11:11 | 02:10:49 |
| 24 | LEDNICKA LIDIA | 2284 | | SKÓRZEWO | POL | K-40 | 01:15:45 | 02:10:53 |
| 25 | PRAWDZIK RENATA | 2248 | SUPER DRUŻYNA EŁK | EŁK | POL | K-40 | 01:14:22 | 02:11:09 |
| 26 | KUBIAK ANNA | 2084 | STRZEGOMSKA DWUNASTKA | STRZEGOM | POL | K-40 | 01:17:55 | 02:11:30 |
| 27 | TYŃSKA - SITEK ALEKSANDRA | 2310 | | ŁÓDŹ | POL | K-40 | 01:15:56 | 02:11:57 |

SGS LIGHT 21KM, K-40 c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|------------------------------|------|-------------------------------|----------------------|-----|------|----------|----------|
| 28 | BORMANN MARGRIT | 2067 | ZADYSZKA OŚWIĘCIM/KS KANDAHAR | OŚWIĘCIM | POL | K-40 | 01:13:29 | 02:12:11 |
| 29 | KACZOROWSKA DOROTA | 2059 | | KIEŁCZÓW | POL | K-40 | 01:16:01 | 02:12:27 |
| 30 | GIDASZEWSKA JOLANTA | 2158 | GIDOLKI | LESZNO | POL | K-40 | 01:16:08 | 02:14:26 |
| 31 | PIOTROWSKA EDYTA | 2039 | BRACTWO BIEGOWE BGK | WARSZAWA | POL | K-40 | 01:13:41 | 02:15:08 |
| 32 | PAPROCKA NATALIA | 2057 | | POLKOWICE | POL | K-40 | 01:16:14 | 02:15:27 |
| 33 | CZUBALA BEATA | 2148 | LKS ZIĘBICE | ZIĘBICE | POL | K-40 | 01:17:30 | 02:15:46 |
| 34 | DOLECKA ELŻBIETA | 2204 | NKB CHYŻY NOWY TOMYŚL | NOWY TOMYŚL | POL | K-40 | 01:14:45 | 02:16:03 |
| 35 | WIEWIÓRA AGATA | 2107 | | ŻNIN | POL | K-40 | 01:18:49 | 02:16:27 |
| 36 | KĄNDUŁA KLAUDIA | 2185 | LION GROUP | POZNAŃ | POL | K-40 | 01:18:50 | 02:18:28 |
| 37 | GUZIŃSKA OLA | 2034 | | ZĄBKI | POL | K-40 | 01:18:02 | 02:18:35 |
| 38 | CEBULAK KATARZYNA | 2174 | COFFEE AND GO | POZNAŃ | POL | K-40 | 01:19:35 | 02:19:50 |
| 39 | JAKUBOWSKA MARTA | 2083 | NESSI TIME KALISZ | KALISZ | POL | K-40 | 01:20:18 | 02:19:51 |
| 40 | KABZIŃSKA DAGMARA | 2086 | | WARSZAWA | POL | K-40 | 01:20:19 | 02:21:54 |
| 41 | KOZŁOWSKA MAGDALENA | 2187 | RUNNERS KONIN | KONIN | POL | K-40 | 01:18:04 | 02:23:43 |
| 42 | SKARŻEŃSKA-SOKOŁOWSKA JAGODA | 2303 | NIEZWYCIĘŻENI Z WRZOSOWEJ | KUDOWA-ZDRÓJ | POL | K-40 | 01:18:30 | 02:23:52 |
| 43 | PTAK MONIKA | 2073 | | KRAKÓW | POL | K-40 | 01:20:26 | 02:23:59 |
| 44 | RADWAŃSKA ANETA | 2117 | PIECHOTĄ PO SCHODACH | ŁÓDŹ | POL | K-40 | 01:17:23 | 02:26:37 |
| 45 | KACZMAREK MONIKA | 2201 | NKB CHYŻY NOWY TOMYŚL | NOWY TOMYŚL | POL | K-40 | 01:19:34 | 02:28:31 |
| 46 | KRZYSZTOFOWICZ KAROLINA | 2294 | ULTRASZY | WARSZAWA | POL | K-40 | 01:24:03 | 02:30:53 |
| 47 | WIRA BARBARA | 2095 | | WROCLAW | POL | K-40 | 01:26:31 | 02:32:37 |
| 48 | JĘDRZEJEK KINGA | 2115 | HAPPY RUNNERS | JAWORZNO | POL | K-40 | 01:24:43 | 02:33:23 |
| 49 | KOZIARSKA EWA | 2071 | | WROCLAW | POL | K-40 | 01:25:56 | 02:38:10 |
| 50 | WALENTYN KATARZYNA | 2078 | RUNCROSS ROZGARTY | TORUŃ | POL | K-40 | 01:33:02 | 02:44:23 |
| 51 | ADAMIAK MARTA | 2270 | RUN4GOLD | ZŁOTY STOK | POL | K-40 | 01:38:45 | 03:05:43 |
| 52 | PAŁASZYŃSKA BEATA | 2245 | MUD FOXES | NOWY DWÓR MAZOWIECKI | POL | K-40 | 01:40:20 | 03:05:45 |

SGS LIGHT 21KM, M-40

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|----------------------|------|---|---------------------|-----|------|----------|----------|
| 1 | BRÝDL PAVEL | 2257 | SALOMON CZ | TRUTNOV | CZE | M-40 | 00:38:45 | 01:09:04 |
| 2 | GLAPIAK DAMIAN | 2240 | | BUCZ | POL | M-40 | 00:38:46 | 01:10:24 |
| 3 | KAMIŃSKI ARTUR | 2032 | PRZEDWOJEWSKI TEAM / KS BODZANÓW-NOWY ŚWIĘTÓW | NOWY ŚWIĘTÓW | POL | M-40 | 00:43:15 | 01:18:24 |
| 4 | KOŁODZIEJ ROMAN | 2290 | PERFEKTA KARŁOWICE | KARŁOWICE | POL | M-40 | 00:44:39 | 01:20:27 |
| 5 | SZCZUPAK DOMINIK | 2243 | DZG RUNNERS ZGORZELEC | ZGORZELEC | POL | M-40 | 00:48:08 | 01:26:07 |
| 6 | PLAZA RADOSŁAW | 2258 | BARUNOWCE | WARSZAWA | POL | M-40 | 00:47:50 | 01:26:25 |
| 7 | ŚWIAŃKOWSKI PAWEŁ | 2069 | | TRZEMESZNO | POL | M-40 | 00:48:09 | 01:26:55 |
| 8 | CHAMALA KRZYSZTOF | 2102 | WEEGREE | LUBOSZYCE | POL | M-40 | 00:49:32 | 01:27:50 |
| 9 | CIRKO ARKADIUSZ | 2289 | SMS ZAGŁĘBIE LUBIN | LUBIN | POL | M-40 | 00:49:47 | 01:30:09 |
| 10 | WYROŚLAK JÓZEF | 2180 | | WROCLAW | POL | M-40 | 00:51:47 | 01:32:30 |
| 11 | GRZĄBA SZYMON | 2186 | | MIKOŁÓW | POL | M-40 | 00:52:13 | 01:32:55 |
| 12 | IWANOWSKI PRZEMYSŁAW | 2239 | HANNA TEAM | CHOCIANÓW | POL | M-40 | 00:51:32 | 01:34:55 |
| 13 | KŁODNICKI KRZYSZTOF | 2150 | | WROCLAW | POL | M-40 | 00:53:58 | 01:35:07 |
| 14 | PONIATOWSKI SEWERYN | 2159 | | WROCLAW | POL | M-40 | 00:52:41 | 01:37:22 |
| 15 | STRZECHOWSKI DARIUSZ | 2200 | RAJSPOORT ACTIVE | BEDOŃ PRZYKOŚCIELNY | POL | M-40 | 00:55:40 | 01:38:02 |
| 16 | TROCKI GRZEGORZ | 2219 | TROCCYBIEGAJA | POZNAŃ | POL | M-40 | 00:55:25 | 01:38:19 |
| 17 | CYBUL MAREK | 2002 | TEAM DALIDALI | STĘSZEW | POL | M-40 | 00:58:00 | 01:39:27 |
| 18 | KĄNDUŁA GRZEGORZ | 2184 | | POZNAŃ | POL | M-40 | 00:56:46 | 01:39:28 |
| 19 | SZULC MARCIN | 2199 | | POLICE | POL | M-40 | 00:54:39 | 01:40:56 |
| 20 | PAWLAK MACIEJ | 2286 | TRIGYM SZCZECIN | SZCZECIN | POL | M-40 | 00:53:51 | 01:41:49 |
| 21 | KRUPIANIK TOMASZ | 2215 | | WROCLAW | POL | M-40 | 00:57:56 | 01:43:38 |
| 22 | OLEJNIK MARCIN | 2264 | | ŻERNIKI WROCLAWSKIE | POL | M-40 | 00:57:54 | 01:43:47 |
| 23 | ZDANOWICZ WOJCIECH | 2092 | CZARNA ŁĄKA | CZARNA ŁĄKA | GER | M-40 | 00:57:28 | 01:43:57 |
| 24 | KUREK PAWEŁ | 2035 | #WALKINGDAD | PNIEWY | POL | M-40 | 00:57:19 | 01:44:18 |
| 25 | KOZŁOWSKI PRZEMEK | 2292 | PIECHOTĄ PO SCHODACH | ŁÓDŹ | POL | M-40 | 01:00:20 | 01:44:34 |
| 26 | MARUSZAK DAREK | 2060 | DOGOŃ GRODZISK MAZOWIECKI/DŹAKARTA RUN TEAM | JAKTORÓW | POL | M-40 | 00:57:14 | 01:45:03 |
| 27 | PARDAŁA WOJCIECH | 2029 | | ŁÓDŹ | POL | M-40 | 00:59:00 | 01:45:04 |

SGS LIGHT 21KM, M-40 c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|------------------------|------|---------------------------|---------------------|-----|------|----------|----------|
| 28 | BANACH ARTUR | 2296 | NSZZ "SOLIDARNOŚĆ" W VWMP | POLKOWICE | POL | M-40 | 00:58:14 | 01:45:41 |
| 29 | KOSTRZEWA WOJCIECH | 2096 | ZADYSZKA OŚWIĘCIM | OŚWIĘCIM | POL | M-40 | 00:58:24 | 01:45:49 |
| 30 | GRZYBOWSKI ROBERT | 2062 | MKJ POLICE | POLICE | POL | M-40 | 00:57:50 | 01:46:14 |
| 31 | STANULA KRZYSZTOF | 2207 | DOLNY ŚLĄSK | WROCLAW | POL | M-40 | 01:00:46 | 01:46:50 |
| 32 | BORYCKI ARTUR | 2278 | | DABROWA TARNOWSKA | POL | M-40 | 01:01:48 | 01:47:50 |
| 33 | MORÁVEK DAVID | 2313 | | KOSTEELC NAD ORLICÍ | POL | M-40 | 01:02:39 | 01:48:10 |
| 34 | SAMBORSKI BARTOSZ | 2304 | ZĄŁOGA GÓRSKA | WARSZAWA | POL | M-40 | 01:01:31 | 01:49:31 |
| 35 | GÓRECKI MARCIN | 2312 | ALETEAM | ŁÓDŹ | POL | M-40 | 01:02:15 | 01:51:30 |
| 36 | SZTYPKA KONRAD | 2081 | WKB MARATOŃCZYK WŁOCŁAWEK | WŁOCŁAWEK | POL | M-40 | 01:01:20 | 01:51:34 |
| 37 | KRZESIMOWSKI DAMIAN | 2021 | | KIELCE | POL | M-40 | 01:00:48 | 01:52:38 |
| 38 | WAWRZYŃIAK ROBERT | 2157 | #BIEGIEMWLAS | POZNAŃ | POL | M-40 | 01:06:33 | 01:53:40 |
| 39 | FISZER JAKUB | 2097 | RUNCROSS ROZGARTY | CZARNE BŁOTO | POL | M-40 | 01:04:28 | 01:53:57 |
| 40 | MACKO MARIUSZ | 2259 | | BIAŁOBIEL | POL | M-40 | 01:06:08 | 01:54:11 |
| 41 | NUREK ŁUKASZ | 2009 | PIWNE BRZUSZKI RACE TEAM | SZCZECIN | POL | M-40 | 01:04:05 | 01:54:18 |
| 42 | OCHOCKI MARCIN | 2250 | DZIK KOMANDO | ŁÓDŹ | POL | M-40 | 01:03:45 | 01:57:00 |
| 43 | HYŻY KRZYSZTOF | 2282 | PIWNE BRZUSZKI RACE TEAM | SZCZECIN | POL | M-40 | 01:06:28 | 01:57:06 |
| 44 | KRZYSZTOFOWICZ ANDRZEJ | 2295 | ULTRAS1 | WARSZAWA | POL | M-40 | 01:07:28 | 01:57:12 |
| 45 | KRAWIEC PIOTR | 2044 | | ŻŁOBIZNA | POL | M-40 | 01:06:24 | 02:01:04 |
| 46 | ŻEMOJDZIN MARCIN | 2008 | PIWNE BRZUSZKI RACE TEAM | SZCZECIN | POL | M-40 | 01:07:34 | 02:01:57 |
| 47 | KUBIAK PRZEMYSŁAW | 2085 | STRZEGOMSKA DWUNASTKA | STRZEGOM | POL | M-40 | 01:13:47 | 02:04:31 |
| 48 | PAWIŃSKI ARTUR | 2280 | PAW-ART ARTUR PAWIŃSKI | WARSZAWA | POL | M-40 | 01:09:02 | 02:04:41 |
| 49 | CZEKAŁSKI TOMASZ | 2010 | NARAMOWICE BIEGAJĄ | POZNAŃ | POL | M-40 | 01:07:02 | 02:05:06 |
| 50 | HAIDA MARCIN | 2053 | | ŚWIETOCHŁOWICE | POL | M-40 | 01:12:44 | 02:05:09 |
| 51 | MAREK PAWEŁ | 2105 | | CZELADŹ | POL | M-40 | 01:09:44 | 02:05:29 |
| 52 | KULAK PAWEŁ | 2269 | | PRUSZKÓW | POL | M-40 | 01:08:33 | 02:06:51 |
| 53 | BADOWSKI ARTUR | 2145 | | BURKATÓW | POL | M-40 | 01:13:17 | 02:07:51 |
| 54 | SIKORA MICHAŁ | 2025 | | PUŁAWY | POL | M-40 | 01:07:24 | 02:08:06 |
| 55 | KOZDRÓJ MARCIN | 2028 | | GRODZISK MAZOWIECKI | POL | M-40 | 01:09:18 | 02:08:14 |
| 56 | ORŁOWSKI DANIEL | 2026 | MILLSIDE DISTILLERY | DEBRZNO | POL | M-40 | 01:13:28 | 02:09:24 |
| 57 | LING ROBERT | 2064 | | GOLEŃIÓW | POL | M-40 | 01:16:11 | 02:09:41 |
| 58 | DERBICH MARIUSZ | 2217 | FAMOT TEAM | KOWALEW | POL | M-40 | 01:15:05 | 02:11:35 |
| 59 | POPEK MACIEJ | 2045 | PARKRUN SŁODOWO WŁOCŁAWEK | WŁOCŁAWEK | POL | M-40 | 01:16:38 | 02:11:50 |
| 60 | PIETRZAK RADOŚLAW | 2131 | MILLSIDE DISTILLERY | MROWINY | POL | M-40 | 01:13:00 | 02:14:01 |
| 61 | GRABOWSKI MARIUSZ | 2038 | PEGA RUNNERS | KRAKÓW | POL | M-40 | 01:15:16 | 02:14:36 |
| 62 | PATYRA ŁUKASZ | 2014 | | WROCLAW | POL | M-40 | 01:15:15 | 02:14:38 |
| 63 | POGORZELEC TOMASZ | 2188 | | POLKOWICE | POL | M-40 | 01:14:42 | 02:15:37 |
| 64 | OSTROWSKI ŁUKASZ | 2241 | | BRODOWO | POL | M-40 | 01:17:57 | 02:16:54 |
| 65 | BORSKI DANIEL | 2226 | | MILIKOV | CZE | M-40 | 01:14:39 | 02:17:31 |
| 66 | JASNOWSKI PAWEŁ | 2173 | COFFEE AND GO | POZNAŃ | POL | M-40 | 01:19:31 | 02:18:37 |
| 67 | KĄŁUSKI JAN | 2075 | AKTYWNI RAZEM | KOZIEGŁOWY | POL | M-40 | 01:19:20 | 02:22:11 |
| 68 | HELMAN JAROSŁAW | 2247 | JAROSŁAW HELMAN | MIASTKO | POL | M-40 | 01:17:32 | 02:22:56 |
| 69 | MIŁKOWSKI MARCIN | 2179 | POLSKA | SOCHACZEW | POL | M-40 | 01:19:07 | 02:23:42 |
| 70 | KARPIŃSKI RAFAŁ | 2072 | | KIELCE | POL | M-40 | 01:20:28 | 02:23:59 |
| 71 | KURAS SZYMON | 2166 | NKB CHYŻY NOWY TOMYŚL | NOWY TOMYŚL | POL | M-40 | 01:19:12 | 02:28:28 |
| 72 | SARNOWSKI MACIEJ | 2183 | TKKF MPK POZNAŃ | POZNAŃ | POL | M-40 | 01:29:36 | 02:38:46 |
| 73 | ADAMCZUK PIOTR | 2049 | | LEGNICA | POL | M-40 | 01:34:32 | 02:47:09 |
| 74 | LEŚKIEWICZ MICHAŁ | 2090 | | WIŚNIOŪKA | POL | M-40 | 01:39:59 | 02:57:52 |
| | PRZESPOLEWSKI RAFAŁ | 2094 | LUDZIE Z WIOCHY | STUDZIENIEC | POL | M-40 | 01:16:55 | DNF |
| | | | | | | | DNF | DNF |
| | CZARNIECKI DANIEL | 2160 | TIE | POLANICA-ZDRÓJ | POL | M-40 | 01:10:11 | DNF |
| | | | | | | | DNF | DNF |

SGS LIGHT 21KM, K-50

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|-----------------------------|------|-------------------------------------|----------------------|-----|------|----------|----------|
| 1 | ŁUKASIEWICZ EWA | 2202 | AW-SZYBCEJ-TEAM | ZŁOTORYJA | POL | K-50 | 00:54:41 | 01:33:55 |
| 2 | AUGUSTYNIAK MAŁGORZATA | 2018 | | ŁÓDŹ | POL | K-50 | 00:56:39 | 01:43:20 |
| 3 | WALCZAK AGATA | 2249 | WIR | ŁÓDŹ | POL | K-50 | 01:01:22 | 01:46:48 |
| 4 | KWIATKOWSKA ZUZANNA | 2155 | RNB TEAM POLANICA ZDRÓJ | SZCZYTNA | POL | K-50 | 01:04:36 | 01:56:52 |
| 5 | PTASZEK KATARZYNA | 2178 | TRENUJZNA.MI.PL | PIETRZYKOWICE | POL | K-50 | 01:06:26 | 01:58:48 |
| 6 | GNATOWICZ-CZARNOŁĘSKA BEATA | 2197 | MACOPHARMA | WROCLAW | POL | K-50 | 01:09:08 | 02:02:36 |
| 7 | BAGIŃSKA JOANNA | 2068 | LINCOLN ELECTRIC BESTER RUN BIELAWA | BIELAWA | POL | K-50 | 01:07:50 | 02:03:39 |
| 8 | CHOŁUJ MAŁGORZATA | 2212 | | SZCZODRE | POL | K-50 | 01:15:04 | 02:10:51 |
| 9 | SARNA BEATA | 2213 | | WROCLAW | POL | K-50 | 01:15:01 | 02:10:51 |
| 10 | BENEŠOVÁ JOLANA | 2307 | REDPOINT TEAM | BEZDĚKOV NAD METUJÍ | CZE | K-50 | 01:12:08 | 02:11:12 |
| 11 | WAŚIK IZABELA | 2004 | BEMOWO BIEGA | WARSZAWA | POL | K-50 | 01:18:00 | 02:18:36 |
| 12 | KSIĘŻNIK ANNA | 2301 | | OŁAWA | POL | K-50 | 01:17:54 | 02:21:29 |
| 13 | ZABOROWSKA HALINA | 2177 | MARATOŃCZYK DĘBICA | DĘBICA | POL | K-50 | 01:20:33 | 02:22:55 |
| 14 | PASZKIEL AGNIESZKA | 2182 | LUDZ | SZCZECINEK | POL | K-50 | 01:24:56 | 02:34:39 |
| 15 | DAWID KATARZYNA | 2218 | HAPPY RUNNERS | SIEMIANOWICE ŚLĄSKIE | POL | K-50 | 01:45:42 | 03:26:15 |
| | JODŁOWSKA WIOLETTA | 2136 | | PRUSZCZ GDAŃSKI | POL | K-50 | 02:11:21 | DNF |
| | | | | | | | DNF | DNF |
| | ARCHACKA KASIA | 2137 | KRĘCONA | GRABINY ZAMECZEK | POL | K-50 | 02:11:31 | DNF |
| | | | | | | | DNF | DNF |

SGS LIGHT 21KM, M-50

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|---------------------|------|-------------------------------------|---------------------|-----|------|----------|----------|
| 1 | HÁJEK JAKUB | 2268 | | KROMĚŘIŽ | CZE | M-50 | 00:48:34 | 01:27:08 |
| 2 | KOTULA JOACHIM | 2089 | | OZIMEK | POL | M-50 | 00:53:18 | 01:33:57 |
| 3 | MAŚLANKA JAROSŁAW | 2153 | PEGA RUNNERS | KRZYWACZKA | POL | M-50 | 00:50:14 | 01:34:14 |
| 4 | BLICHAZ JAROSŁAW | 2030 | MKJ POLICE | POLICE | POL | M-50 | 00:56:44 | 01:41:54 |
| 5 | ŁĄŻEWSKI MARCIN | 2023 | | CHWAŁĘCICE | POL | M-50 | 00:58:18 | 01:42:14 |
| 6 | KAYSIEWICZ MACIEJ | 2139 | NATURAL BORN RUNNERS TEAM | POZNAŃ | POL | M-50 | 00:58:31 | 01:47:20 |
| 7 | OLEKSA ROBERT | 2221 | | KARWIANY | POL | M-50 | 00:57:03 | 01:48:01 |
| 8 | PAPRZYCKI ROMUALD | 2189 | ROMUALD PAPRZYCKI | WARSZAWA | POL | M-50 | 01:00:13 | 01:48:36 |
| 9 | PAPROCKI KRZYSZTOF | 2058 | | POLKOWICE | POL | M-50 | 01:01:23 | 01:49:13 |
| 10 | BURKOWSKI JAROSŁAW | 2254 | BIEGAJ LESZNO | LESZNO | POL | M-50 | 01:03:46 | 01:51:29 |
| 11 | KOZŁOWSKI TOMASZ | 2237 | LESZNO LIMITS RUNNERS | LESZNO | POL | M-50 | 01:02:45 | 01:52:43 |
| 12 | GASIECKI ANDRZEJ | 2020 | PIASKOWY DZIADEK | SZCZECIN | POL | M-50 | 01:02:09 | 01:55:05 |
| 13 | BARANOWSKI ROBERT | 2227 | | WROCLAW | POL | M-50 | 01:05:19 | 01:58:27 |
| 14 | BEDNARCZYK BOGUSŁAW | 2222 | PRO - RUN WROCLAW | WROCLAW | POL | M-50 | 01:06:34 | 01:58:49 |
| 15 | RZEPKA REMIGIUSZ | 2298 | GREENBUD | MIKOŁÓW | POL | M-50 | 01:04:44 | 02:00:24 |
| 16 | DZICZEK IRENEUSZ | 2132 | RAZ SZCZECIN | SZCZECIN | POL | M-50 | 01:04:46 | 02:01:16 |
| 17 | MIKLASZEWSKI RAD | 2263 | NORBULLO TEAM | WARSZAWA | POL | M-50 | 01:09:41 | 02:05:11 |
| 18 | SIKORSKI CEZARY | 2306 | BBL GUBIN | GUBIN | POL | M-50 | 01:11:49 | 02:09:36 |
| 19 | BONIKOWSKI TOMASZ | 2300 | | GRODZISK MAZ | POL | M-50 | 01:16:09 | 02:12:23 |
| 20 | KUNIGOWSKI PIOTR | 2066 | LINCOLN ELECTRIC BESTER RUN BIELAWA | BIELAWA | POL | M-50 | 01:14:29 | 02:14:35 |
| 21 | PATYNOWSKI TOMASZ | 2149 | DOGOŃ GRODZISK MAZOWIECKI | GRODZISK MAZOWIECKI | POL | M-50 | 01:13:24 | 02:17:37 |
| 22 | MORAWSKI MARCIN | 2152 | RANGER SURVIVAL CLUB | OBORNIKI ŚLĄSKIE | POL | M-50 | 01:15:02 | 02:18:05 |
| 23 | SZYMANIK PAWEŁ | 2272 | | WARSZAWA | POL | M-50 | 01:18:56 | 02:23:13 |
| 24 | STAMM TOMASZ | 2116 | | POZNAŃ | POL | M-50 | 01:16:13 | 02:23:16 |
| 25 | FIRLIK MIROSŁAW | 2052 | KB KAMIEŃ POMORSKI | WRZOSOWO | POL | M-50 | 01:25:15 | 02:36:06 |
| 26 | KOSTRUBIEC MARIUSZ | 2209 | | MROWINO | POL | M-50 | 01:31:08 | 02:46:15 |
| 27 | LEŚNIEWSKI SŁAWOMIR | 2048 | PARKRUN SŁODOWO, WŁOCLAWEK | WŁOCLAWEK | POL | M-50 | 01:42:01 | 03:06:57 |

SGS LIGHT 21KM, K-60

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|------------------|------|----------------------------|-----------|-----|------|----------|----------|
| 1 | STOLARSKA DANUTA | 2079 | PARKRUN SŁODOWO, WŁOCŁAWEK | WŁOCŁAWEK | POL | K-60 | 01:42:00 | 03:06:54 |

SGS LIGHT 21KM, M-60

| POS | Name and surname | No. | Club | City | NAT | Cat. | 7km | 14km |
|-----|---------------------|------|----------------------------|-------------|-----|------|----------|----------|
| 1 | GARCZAREK KRZYSZTOF | 2106 | | CZELADŹ | POL | M-60 | 01:09:50 | 02:06:05 |
| 2 | BRZEZIŃSKI ANDRZEJ | 2196 | LANRUNS | OLKUSZ | POL | M-60 | 01:10:22 | 02:09:40 |
| 3 | DENYSSENKO LECH | 2000 | BDB TEAM | KATOWICE | POL | M-60 | 01:13:15 | 02:11:03 |
| 4 | MAĆKIEWICZ PIOTR | 2047 | PARKRUN ŚWINOUJŚCIE | ŚWINOUJŚCIE | POL | M-60 | 01:15:02 | 02:12:06 |
| 5 | KEGEL ZBIGNIEW | 2192 | PIĄTKOWO NA BIEGOWO | POZNAŃ | POL | M-60 | 01:15:28 | 02:16:23 |
| 6 | OBSTARCZYK MIROSŁAW | 2140 | ZADYSZKA OŚWIĘCIM | OŚWIĘCIM | POL | M-60 | 01:17:28 | 02:21:34 |
| 7 | STOLARSKI JANUSZ | 2080 | PARKRUN SŁODOWO, WŁOCŁAWEK | WŁOCŁAWEK | POL | M-60 | 01:22:42 | 02:29:15 |
| 8 | LANGIEWICZ JACEK | 2055 | MKJ POLICE | POLICE | POL | M-60 | 01:28:18 | 02:39:59 |