

XXI BIEG WENEDÓW - 10KM

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
 Data: 2023-06-25
 Miejsce: Koszalin
 Dystans: 10 km
 Klasyfikacja wg czasów netto.



XXI BIEG WENEDÓW - 10KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	4km	6km	8km	Netto	min/km	km/h
1	FRAN CZAK MARIUSZ	14	DTR BIEGA / MARIO TEAM	TRZEBNICA	POL	M-40	1	M 1	00:07:44	00:15:32	00:23:23	00:31:20	00:39:11.45	3:55	15.3
2	ZIELIŃSKI EMIL	69	TEAM TERMINATORUN	WAŁCZ	POL	M-18	1	M 2	00:07:29	00:15:18	00:23:30	00:31:48	00:40:00.55	4:00	15
3	WERS KRZYSZTOF	61	NADMORSZY BIEGACZE KOŁOBRZEG	SIEMYŚL	POL	M-30	1	M 3	00:08:04	00:16:16	00:24:30	00:32:47	00:40:56.95	4:05	14.7
4	LASAK KONRAD	35		SZCZECINEK	POL	M-18	2	M 4	00:07:46	00:16:01	00:24:35	00:33:17	00:41:46.90	4:10	14.4
5	MACKOJC KRZYSZTOF	38	EL-MACKOJC	KOŁOBRZEG	POL	M-50	1	M 5	00:08:10	00:16:28	00:25:03	00:33:35	00:41:52.80	4:11	14.3
6	WITKIEWICZ ERYK	65	KB DZIESIĄTKA BIAŁOGARD	BIAŁOGARD	POL	M-40	2	M 6	00:08:02	00:16:30	00:25:06	00:33:38	00:41:57.00	4:11	14.3
7	FEDORCZAK ŁUKASZ	13	BIEGOLAS KOSZALIN	KONIKOWO	POL	M-30	2	M 7	00:07:47	00:16:09	00:24:46	00:33:34	00:42:04.00	4:12	14.3
8	ŻMUDA TOMASZ	70	CW FANZA KOŁOBRZEG	KOŁOBRZEG	POL	M-40	3	M 8	00:08:27	00:16:58	00:25:35	00:34:14	00:43:01.50	4:18	13.9
9	WALEŃSKI MICHAŁ	60	TKKF KOSZALIN	KOSZALIN	POL	M-40	4	M 9	00:08:35	00:17:12	00:26:04	00:35:02	00:43:55.20	4:23	13.7
10	METLICKA WIKTORIA	42	ULKS TALEX BORZYTUCHOM	SOMINY	POL	K-18	1	K 1	00:08:38	00:17:24	00:26:14	00:35:12	00:44:07.90	4:24	13.6
11	BARTHA ADRIAN	3		KOŁOBRZEG	POL	M-30	3	M 10	00:08:30	00:17:23	00:26:33	00:35:54	00:45:04.35	4:30	13.3
12	DOMOWICZ EWELINA	10		KOSZALIN	POL	K-30	1	K 2	00:08:39	00:17:27	00:26:35	00:35:55	00:45:20.15	4:32	13.2
13	GRZESIK EUGENIUSZ	18	TKKF KOSZALIN	KOSZALIN	POL	M-50	2	M 11	00:08:39	00:17:46	00:27:05	00:36:29	00:45:33.00	4:33	13.2
14	HERUDZINSKI PIOTR	22	AMATOR	KLUKI	POL	M-60	1	M 12	00:08:44	00:17:47	00:27:04	00:36:29	00:45:39.50	4:33	13.1
15	KONKEL AGNIESZKA	29		KOSZALIN	POL	K-30	2	K 3	00:08:47	00:17:46	00:27:02	00:36:37	00:46:14.30	4:37	13
16	OLSZAK JAKUB	48		KOSZALIN	POL	M-18	3	M 13	00:08:53	00:18:13	00:27:41	00:37:09	00:46:21.15	4:38	12.9
17	STEFAŃSKA MAŁGORZATA	55	-	ORZESZE	POL	K-40	1	K 4	00:09:04	00:18:21	00:27:44	00:37:13	00:46:27.25	4:38	12.9
18	LIPIŃSKI SEBASTIAN	37		BIAŁOGARD	POL	M-30	4	M 14	00:09:04	00:18:38	00:28:13	00:37:59	00:47:16.90	4:43	12.7
19	KOCIOŁOWICZ ŁUKASZ	28		KOSZALIN	POL	M-40	5	M 15	00:09:14	00:18:41	00:28:17	00:38:03	00:47:21.75	4:44	12.7
20	KOWALCZYK MICHAŁ	30		KOSZALIN	POL	M-18	4	M 16	00:08:57	00:18:18	00:28:13	00:38:09	00:48:13.20	4:49	12.4
21	WNEK MACIEJ	66		KOSZALIN	POL	M-18	5	M 17	00:09:29	00:19:02	00:28:42	00:38:34	00:48:25.30	4:50	12.4
22	DRABKOWSKA AGNIESZKA	11		BIAŁOGARD	POL	K-40	2	K 5	00:09:29	00:19:17	00:29:22	00:39:30	00:49:32.65	4:57	12.1
23	MOSZYŃSKI JACEK	44	TKKF KOSZALIN	SIANÓW	POL	M-50	3	M 18	00:09:42	00:19:33	00:29:31	00:39:34	00:49:44.35	4:58	12.1
24	BARUTOWICZ GRZEGORZ	5		KOSZALIN	POL	M-40	6	M 19	00:09:34	00:19:13	00:29:04	00:39:21	00:49:56.90	4:59	12
25	ORLIKOWSKI ROBERT	49	POŁCZYŃ BIEGA	POŁCZYŃ ZDRÓJ	POL	M-30	5	M 20	00:09:29	00:19:17	00:29:22	00:39:43	00:50:03.60	5:00	12
26	DĄBROWSKA ALICJA	8	TKKF KOSZALIN	SIANÓW	POL	K-50	1	K 6	00:10:01	00:20:14	00:30:32	00:40:40	00:50:23.35	5:02	11.9
27	SKRODZKI PAWEŁ	52		BORNE SULINOWO	POL	M-30	6	M 21	00:09:00	00:18:37	00:29:01	00:39:38	00:50:29.95	5:02	11.9
28	BOSEK PAWEŁ	7	BOSKI TEAM	BIELSKO-BIALA	POL	M-40	7	M 22	00:09:58	00:20:03	00:30:23	00:40:48	00:50:48.15	5:04	11.8
29	SŁAWIŃSKI MAREK	53	BIEGAM POWOLI ALE DOKŁADNIE	KOSZALIN	POL	M-30	7	M 23	00:09:21	00:19:26	00:29:46	00:40:22	00:51:05.50	5:06	11.7
30	KRZEWIŃSKA MAŁGORZATA	31	TKKF KOSZALIN	KOSZALIN	POL	K-60	1	K 7	00:09:44	00:19:52	00:30:14	00:40:46	00:51:24.55	5:08	11.7
31	LESZCZEŁOWSKI PIOTR	36	SHELTIES RACE	ZŁOCIENIEC	POL	M-40	8	M 24	00:11:01	00:21:25	00:31:31	00:41:44	00:51:41.80	5:10	11.6
32	SZUTA KAROL	59		KOSZALIN	POL	M-30	8	M 25	00:09:46	00:20:01	00:30:51	00:41:50	00:52:38.65	5:15	11.4
33	GIEDROWICZ ALEKSANDRA	15		KOSZALIN	POL	K-30	3	K 8	00:09:52	00:20:23	00:31:17	00:42:08	00:52:47.85	5:16	11.4
34	SENGSTOCK DAWID	43		BIAŁOGARD	POL	M-30	9	M 26	00:10:02	00:20:30	00:31:21	00:42:27	00:53:01.00	5:18	11.3
35	KISIELIŃSKI IGOR	26		KOSZALIN	POL	M-50	4	M 27	00:09:59	00:20:06	00:30:49	00:41:58	00:53:16.75	5:19	11.3
36	BARTKOWIAK WOJCIECH	4		KOSZALIN	POL	M-50	5	M 28	00:09:48	00:20:19	00:31:15	00:42:24	00:53:20.95	5:20	11.3
37	HAMULAK DARIUSZ	20	BIAŁOGARD BIEGA	BIAŁOGARD	POL	M-50	6	M 29	00:10:27	00:21:12	00:32:09	00:43:09	00:54:04.25	5:24	11.1
38	SUDER-MAKSYMOWICZ GRZEGORZ	58		USTRONIE MORSKIE	POL	M-40	9	M 30	00:09:45	00:19:55	00:30:53	00:42:37	00:54:26.75	5:26	11
39	DRELISZAK MARIUSZ	12	17.WOG	KOSZALIN	POL	M-40	10	M 31	00:10:35	00:21:27	00:32:28	00:43:36	00:54:37.80	5:27	11
40	MANDZIAK PIOTR	40		KONIKOWO	POL	M-30	10	M 32	00:10:21	00:21:07	00:32:00	00:43:33	00:54:52.75	5:29	10.9
41	WIĘSEK NATALIA	62	ULTRA WAY TEAM	KOSZALIN	POL	K-30	4	K 9	00:10:14	00:21:15	00:32:22	00:43:45	00:54:56.40	5:29	10.9
42	KUBIAK KATARZYNA	32		GNIĘZNO	POL	K-40	3	K 10	00:09:53	00:20:27	00:31:41	00:43:22	00:55:02.55	5:30	10.9

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2km	4km	6km	8km	Netto	min/km	km/h
43	OLSZAK GRZEGORZ	47		KOSZALIN	POL	M-40	11	M 33	00:10:35	00:21:40	00:33:01	00:44:21	00:55:30.95	5:33	10.8
44	ALABA JERZY	2		BIAŁOGARD	POL	M-60	2	M 34	00:10:47	00:21:23	00:32:29	00:44:19	00:55:32.85	5:33	10.8
45	DĄBROWSKI GRZEGORZ	9	MNC NE	KOSZALIN	POL	M-50	7	M 35	00:10:34	00:21:41	00:33:02	00:44:22	00:55:40.05	5:34	10.8
46	SUCHODOLSKA ALEKSANDRA	56		ROSNOWO	POL	K-30	5	K 11	00:10:54	00:21:58	00:33:36	00:45:23	00:56:57.30	5:41	10.5
47	NIEWIŃSKA SĘK MONIKA	45		BIAŁOGARD	POL	K-40	4	K 12	00:10:28	00:21:35	00:33:08	00:45:00	00:56:58.00	5:41	10.5
48	WILK PIOTR	64	NIEZRZESZONY	MIELNO	POL	M-60	3	M 36	00:10:27	00:21:35	00:33:21	00:45:15	00:57:18.05	5:43	10.5
49	OSOBNIAK RYSZARD	50		KOSZALIN	POL	M-60	4	M 37	00:11:03	00:22:20	00:33:52	00:45:39	00:57:24.40	5:44	10.5
50	JANKOJĆ DOMINIK	23		CEWLINO	POL	M-40	12	M 38	00:11:14	00:22:45	00:34:14	00:45:52	00:57:32.80	5:45	10.4
51	KUROWSKI MARCIN	34		SŁUPSK	POL	M-50	8	M 39	00:12:56	00:25:05	00:36:35	00:47:55	00:58:13.25	5:49	10.3
52	BOGACKA LUCYNA	6	TKKF KOSZALIN	KOSZALIN	POL	K-60	2	K 13	00:11:13	00:22:44	00:34:36	00:46:42	00:58:48.50	5:52	10.2
53	KNEBLEWSKI ŁUKASZ	27		KOSZALIN	POL	M-40	13	M 40	00:12:00	00:24:07	00:36:13	00:48:23	01:00:00.60	6:00	10
54	KOZŁOWIECKI WALDEMAR	71	TKKF KOSZALIN	KOSZALIN	POL	M-70	1	M 41	00:11:16	00:22:50	00:35:00	00:47:31	01:00:08.15	6:00	10
55	RADZIMSKI MARCEL	51		ŚWIEMINO	POL	M-18	6	M 42	00:10:20	00:22:34	00:35:02	00:47:44	01:00:17.70	6:01	10
56	SŁUPECKA ANETA	54		KOSZALIN	POL	K-30	6	K 14	00:11:47	00:23:48	00:38:04	00:51:43	01:04:19.15	6:25	9.3
57	OLESKIEWICZ MAGDALENA	46		KOSZALIN	POL	K-18	2	K 15	00:11:47	00:23:49	00:38:04	00:51:43	01:04:19.45	6:25	9.3
58	HELLER ZDZISŁAW	21	HERBMARATONOW.PL	KOSZALIN	POL	M-60	5	M 43	00:12:46	00:26:01	00:39:02	00:52:02	01:05:09.15	6:30	9.2
59	SUDER-MAKSYMOWICZ MONIKA	57		USTRONIE MORSKIE	POL	K-40	5	K 16	00:12:46	00:25:53	00:39:33	00:53:45	01:07:31.85	6:45	8.9
60	MAKSYLEWICZ DANIELA	39		ŁOBEZ	POL	K-18	3	K 17	00:12:21	00:26:21	00:40:17	00:54:49	01:09:10.50	6:55	8.7
61	PEŁKA IWONA	72		KOSZALIN	POL	K-50	2	K 18	00:12:47	00:26:02	00:40:19	00:55:50	01:10:01.10	7:00	8.6