

**BIEG K-B-L - 110 KM**

Organizator: Fundacja MARATONY GÓRSKIE  
 Data: 2023-07-13  
 Miejsce: Łądek-Zdrój  
 Dystans: 110 km  
 Klasyfikacja wg czasów brutto.

**BIEG K-B-L - 110 KM, OPEN**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
1	WILK MACIEJ	3187	RAMBO 3	BYTOM	POL	MASTERS M - 40	1	M 1	03:34:42	05:44:07	06:56:36	08:37:01	09:52:12	10:59:13.25	10:59:17.30	5:59	10
2	WENTA MARTA	3235	KASZUBSKA PONIEWIERKA	CHMIELNO	POL	SENIOR II K - 30	1	K 1	03:58:50	06:11:01	07:22:59	08:57:58	10:17:02	11:25:35.55	11:25:40.10	6:13	9.6
3	KACZMARCZYK ŁUKASZ	3198	ELITE RUNNERS	SMOLEC	POL	SENIOR II M - 30	1	M 2	04:02:49	06:19:18	07:36:54	09:18:11	10:51:19	12:06:24.30	12:06:26.60	6:36	9.1
4	GRZESIEK GÓRAL	3071	HEJ HEJ GUURALU!	SWOSZOWICE	POL	SENIOR II M - 30	2	M 3	04:07:55	06:29:52	07:50:34	09:38:07	11:17:11	12:37:48.25	12:37:55.85	6:53	8.7
5	GRYCZKA MATEUSZ	3384	AMBIT RACING TEAM	RYDZYNA	POL	MASTERS M - 40	2	M 4	03:59:54	06:30:10	07:51:32	09:46:55	11:31:35	12:49:23.25	12:49:27.40	6:59	8.6
6	TATAREK-KONIK AGNIESZKA	3132	ALPIN SPORT TEAM	CZELADŹ	POL	SENIOR II K - 30	2	K 2	04:16:54	06:52:22	08:11:48	09:57:15	11:34:54	12:52:52.15	12:52:55.75	7:01	8.5
7	KAMERDUŁA ŁUKASZ	3379		STRUŻKA	POL	MASTERS M - 40	3	M 5	04:19:12	06:55:05	08:12:24	09:55:43	11:39:08	12:53:49.10	12:53:55.15	7:02	8.5
8	MÜLLER CHRISTOPH	3302	ŁĄDEK-ZDRÓJ RUNNERS	ZEULENRODA-TRI EBES	GER	SENIOR II M - 30	3	M 6	04:05:26	06:34:54	08:07:21	09:55:16	11:42:51	12:54:21.30	12:54:26.05	7:02	8.5
9	KRUPICKA KATARZYNA	3305	GÓRAL Z MAZUR RUNNING TEAM	WROCŁAW	POL	SENIOR II K - 30	3	K 3	04:16:52	06:47:50	08:07:23	10:07:57	11:51:24	13:10:02.05	13:10:05.80	7:10	8.4
10	KOMISARCZYK ANNA	3477		SZCZECIN	POL	SENIOR II K - 30	4	K 4	04:27:31	06:53:27	08:17:11	10:08:15	11:54:18	13:16:03.15	13:16:08.95	7:14	8.3
11	BOTKIEWICZ JAROSŁAW	3502	STOKOWCZYKI / WKURW_TEAM	PIASECZNA GÓRKA	POL	MASTERS M - 40	4	M 7	04:17:51	06:55:45	08:28:56	10:23:55	12:01:05	13:21:40.15	13:21:45.30	7:17	8.2
12	KABAJA JIŘÍ	3145	LOS KRŮPOS	OPAVA	CZE	MASTERS M - 40	5	M 8	04:36:21	07:13:43	08:40:58	10:33:45	12:12:55	13:26:46.20	13:26:55.30	7:20	8.2
13	KAŚIEL PAWEŁ	3522	MATNER RUNNING TEAM	WROCŁAW	POL	MASTERS M - 40	6	M 9	04:17:54	06:56:19	08:35:30	10:38:02	12:15:55	13:29:16.05	13:29:19.60	7:21	8.2
14	NARWOJSZ ARKADIUSZ	3397	INŻYNIERIA BIEGANIA	RYBNIK	POL	MASTERS M - 40	7	M 10	04:35:46	07:23:56	08:42:51	10:33:02	12:18:08	13:37:31.15	13:37:47.65	7:25	8.1
15	JAKOWSKI MATEUSZ	3174		BARDO	POL	SENIOR II M - 30	4	M 11	04:19:23	07:01:30	08:23:47	10:19:19	12:06:15	13:37:51.30	13:37:54.50	7:26	8.1
16	DZIESZUK GRZEGORZ	3521	PODZAMCZE WAŁBRZYCH	WAŁBRZYCH	POL	MASTERS M - 40	8	M 12	04:39:25	07:24:38	08:54:22	10:44:00	12:22:54	13:38:49.45	13:38:55.10	7:26	8.1
17	LEKI KRZYSZTOF	3485		GARBY	POL	MASTERS M - 40	9	M 13	04:24:42	06:59:44	08:28:56	10:27:29	12:15:45	13:39:35.20	13:39:44.85	7:27	8.1
18	ŁUKOMSKI KRZYSZTOF	3506	MISTRZOWSKI TRENING	POZNAŃ	POL	SENIOR II M - 30	5	M 14	04:31:01	07:13:08	08:43:36	10:40:42	12:21:10	13:42:39.20	13:42:42.65	7:28	8
19	KOCOUREK MARTIN	3337	RUNCAT	PRAHA	CZE	MASTERS M - 40	10	M 15	04:05:19	06:41:28	08:07:28	10:08:51	12:08:16	13:43:57.25	13:44:03.75	7:29	8
20	WACHAŁA DAMIAN	3422		KROSNO ODRZAŃSKIE	POL	SENIOR II M - 30	6	M 16	04:24:28	07:15:46	08:41:02	10:39:29	12:21:20	13:44:36.90	13:44:42.55	7:29	8
21	GUZERA JUSTYNA	3289	MATNER RUNNING TEAM	WROCŁAW	POL	SENIOR II K - 30	5	K 5	04:32:01	07:07:45	08:38:07	10:41:18	12:23:28	13:45:03.15	13:45:10.15	7:30	8
22	MARVAN ROSTISLAV	3119		VŘESINA	CZE	WETERAN I M - 50	1	M 17	04:40:16	07:14:32	08:41:44	10:40:17	12:22:04	13:45:48.90	13:45:58.85	7:30	8
23	FILIP PAWEŁ	3386	MOCNA GRUPA CEZARA	WROCŁAW	POL	SENIOR II M - 30	7	M 18	04:30:54	07:16:54	08:47:32	10:40:58	12:31:33	13:51:06.45	13:51:11.90	7:33	7.9
24	SKUPIN GRZEGORZ	3165		GDAŃSK	POL	SENIOR II M - 30	8	M 19	04:18:22	07:07:48	08:33:59	10:35:22	12:27:35	13:59:28.45	13:59:36.50	7:37	7.9
25	KOSECKI KRZYSZTOF	3144	NSZZFSG	ŁOSOSINA DOLNA	POL	SENIOR II M - 30	9	M 20	04:31:05	07:09:07	08:41:10	10:44:36	12:34:38	14:01:32.15	14:01:40.20	7:39	7.8
26	JĘDRZEJKO DOMINIK	3128	BIEGAM SOBIE	JASIN	POL	SENIOR II M - 30	10	M 21	04:21:53	07:07:48	08:37:55	10:44:17	12:33:14	14:02:26.15	14:02:26.15	7:39	7.8
27	KSIĄŻEK SEBASTIAN	3205	RUNNER SAM PO LESIE	SULECHÓW	POL	MASTERS M - 40	11	M 22	04:34:09	07:19:15	08:50:05	10:54:04	12:52:37	14:12:18.85	14:12:25.20	7:44	7.7
28	MELON KRZYSZTOF	3504		KIELCE	POL	SENIOR II M - 30	11	M 23	04:34:19	07:20:52	08:48:15	10:45:22	12:40:23	14:12:59.25	14:13:12.50	7:45	7.7
29	DĄBROWICZ JAKUB	3442		KOMORNIKI	POL	MASTERS M - 40	12	M 24	04:40:02	07:27:18	09:04:16	11:02:07	12:52:33	14:17:37.90	14:17:48.85	7:47	7.7
30	GRABOŚ NINA	3401		WARSZAWA	POL	MASTERS K - 40	1	K 6	04:33:44	07:15:43	08:50:40	10:55:39	12:56:43	14:21:22.35	14:21:43.35	7:49	7.7
31	STASZCZAK ŁUKASZ	3161	TRI TEAM LUBAŃ / SPORT GENERATION	LUBAŃ	POL	MASTERS M - 40	13	M 25	04:23:03	06:55:33	08:28:41	10:42:53	12:46:39	14:25:22.20	14:25:44.75	7:52	7.6
32	PRYZYSTARZ GRZEGORZ	3163	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	WETERAN I M - 50	2	M 26	05:01:54	07:55:13	09:22:48	11:19:02	13:06:49	14:28:01.40	14:28:11.05	7:53	7.6
33	WOLBACH TOMASZ	3455	WOLNE ŚLIMAKI	POZNAŃ	POL	MASTERS M - 40	14	M 27	04:32:12	07:40:34	09:22:47	11:13:49	12:56:56	14:28:53.50	14:29:03.45	7:53	7.6
34	RZEŹNICZEK ANNA	3320	STOWARZYSZENIE DZIAŁAMY RAZEM	KOWALEWO POMORSKIE	POL	SENIOR II K - 30	6	K 7	04:47:39	07:29:16	09:00:47	11:04:16	13:01:18	14:30:47.50	14:31:02.25	7:54	7.6

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
35	GAWROŃSKI PAWEŁ	3417		OSTRÓW WIELKOPOLSKI	POL	MASTERS M - 40	15	M 28	04:40:05	07:23:33	09:00:55	11:03:30	13:01:30	14:30:56.00	14:31:02.35	7:55	7.6
36	DYSARZ PRZEMYSŁAW	3025		POZNAŃ	POL	MASTERS M - 40	16	M 29	05:09:25	07:50:09	09:17:02	11:12:05	13:05:46	14:36:11.05	14:36:23.85	7:57	7.5
37	BOGUĆKA EMILIA	3486	WLKP MOUNTAINS ULTRA	MOSINA	POL	MASTERS K - 40	2	K 8	04:50:02	07:33:15	09:04:24	11:11:24	13:06:19	14:36:19.95	14:36:30.25	7:57	7.5
38	TRĄBCZYŃSKI MICHAŁ	3393	KB SZAMOTUŁY	SZAMOTUŁY	POL	MASTERS M - 40	17	M 30	04:27:39	07:19:02	08:54:29	11:03:13	13:07:54	14:36:54.45	14:37:02.15	7:58	7.5
39	WITKE-ORLIKOWSKA MARTA	3315		KARPACZ	POL	SENIOR II K - 30	7	K 9	04:54:54	07:47:54	09:19:47	11:17:36	13:10:48	14:37:10.70	14:37:16.15	7:58	7.5
40	GRUSZKA JANUSZ	3346	KITA TEAM BRZEZINKI	BRZEZINKI 5	POL	SENIOR II M - 30	12	M 31	04:43:47	07:42:58	09:12:13	11:13:43	13:15:16	14:41:16.40	14:41:25.55	8:00	7.5
41	ŻEBROWSKI JULIUSZ	3343		POZNAŃ	POL	SENIOR II M - 30	13	M 32	04:32:05	07:13:22	08:44:13	10:51:51	12:58:59	14:42:55.55	14:42:58.60	8:01	7.5
42	MIKOŁAJCZYK RAFAŁ	3288	DZG RUNNERS ZGORZELEC	ZGORZELEC	POL	MASTERS M - 40	18	M 33	05:01:24	08:07:58	09:39:10	11:39:10	13:25:45	14:44:00.20	14:44:08.85	8:02	7.5
43	TRZASKA WOJCIECH	3321	FUCHS OIL TEAM	SIEMIANOWICE ŚLĄSKIE	POL	SENIOR I M - 20	1	M 34	04:49:23	07:55:01	09:22:50	11:29:13	13:18:49	14:44:22.50	14:44:29.75	8:02	7.5
44	DOMAGAŁA GRZEGORZ	3419		JAWOR	POL	MASTERS M - 40	19	M 34	04:30:15	07:30:41	09:26:24	11:29:20	13:19:20	14:44:24.00	14:44:29.75	8:02	7.5
45	GRYCMAN MAREK	3517	SILESIA TRIATHLON TEAM	TURZA ŚLĄSKA	POL	MASTERS M - 40	20	M 36	04:19:35	06:58:42	08:35:26	10:47:56	13:01:42	14:45:03.10	14:45:18.25	8:02	7.5
46	KARCZMARCZYK MATEUSZ	3333		BYDGOSZCZ	POL	SENIOR II M - 30	14	M 37	04:47:23	07:36:52	09:03:31	11:14:25	13:09:58	14:45:42.85	14:46:16.45	8:03	7.5
47	MAŁOLEPSZY WALDEMAR	3509	SPARTA ULTRA TEAM	BARANÓW	POL	SENIOR II M - 30	15	M 38	04:55:47	08:07:13	09:41:03	11:38:17	13:23:19	14:47:00.55	14:47:09.20	8:03	7.4
48	OBERLAN-MARON JOANNA	3042	PODGÓRZ TORUŃ	TORUŃ	POL	MASTERS K - 40	3	K 10	04:52:11	07:50:10	09:35:37	11:38:25	13:25:45	14:49:09.25	14:49:23.70	8:04	7.4
49	MIELEWCZYK TOMASZ	3197	VERGE RUNNING TEAM	JELEŃ GÓRA	POL	MASTERS M - 40	21	M 39	04:42:55	07:32:57	09:06:21	11:20:35	13:17:37	14:52:35.50	14:53:07.60	8:06	7.4
50	KONIECZNA PAULINA	3383		CHOSZCZNO	POL	SENIOR II K - 30	8	K 11	04:43:26	07:31:18	09:07:59	11:22:43	13:23:09	14:57:39.30	14:57:52.00	8:09	7.4
51	ŚNIERZYŃSKI ROBERT	3284		SADKÓW	POL	SENIOR II M - 30	16	M 40	04:49:13	07:43:01	09:19:20	11:31:23	13:26:31	14:57:45.55	14:57:57.90	8:09	7.4
52	BONECKI SYLWESTER	3122	K. S. META	RYBNIK	POL	MASTERS M - 40	22	M 41	05:13:48	08:09:47	09:37:56	11:48:39	13:39:17	15:01:05.60	15:01:12.10	8:11	7.3
53	CHWIŁKA DANIEL	3292	ASSECO ACTIVE TEAM	ŁOCHOWO	POL	MASTERS M - 40	23	M 42	04:54:54	07:44:47	09:22:28	11:31:26	13:33:24	15:05:31.75	15:05:35.40	8:13	7.3
54	WATROS ERYK	3107	31 BAZA LOTNICTWA TAKTYCZNEGO	LUBOŃ	POL	SENIOR II M - 30	17	M 43	04:39:46	07:42:53	09:22:25	11:38:16	13:43:31	15:10:28.90	15:10:34.05	8:16	7.2
55	JANKOWSKI MARCIN	3311	FU FU FU TEAM	GŁOGÓW	POL	MASTERS M - 40	24	M 44	05:01:24	08:08:00	09:39:09	11:49:07	13:46:20	15:13:44.35	15:13:53.40	8:18	7.2
56	ŚLOMIAN MIKOŁAJ	3476		POZNAŃ	POL	SENIOR I M - 20	2	M 45	05:05:47	07:59:09	09:41:59	11:50:01	13:50:44	15:19:01.00	15:19:28.00	8:21	7.2
57	WESOŁEK MAREK	3210	SENTE	WROCŁAW	POL	MASTERS M - 40	25	M 46	04:50:42	07:40:18	09:15:00	11:27:15	13:35:50	15:19:33.45	15:19:50.40	8:21	7.2
58	KLIMA DARIUSZ	3294	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	SENIOR II M - 30	18	M 47	04:38:48	07:54:58	09:37:35	12:07:35	14:01:13	15:22:20.30	15:22:48.00	8:23	7.2
59	KANIA MARIAN	3543	LEDWOZIPIA	RYBNIK	POL	WETERAN I M - 50	3	M 48	05:01:16	08:07:56	09:40:29	11:53:38	13:51:45	15:24:09.15	15:24:26.75	8:24	7.1
60	MIKOŁAJCZYK KRZYSZTOF	3275		KOMORNIKI	POL	MASTERS M - 40	26	M 49	04:40:00	07:33:26	09:12:12	11:40:20	13:51:03	15:30:45.80	15:30:56.05	8:27	7.1
61	JUSZKO KRZYSZTOF	3127		WARSZAWA	POL	WETERAN I M - 50	4	M 50	05:03:51	07:55:32	09:31:24	11:40:43	13:48:45	15:30:48.55	15:31:02.85	8:27	7.1
62	PALUCH DANIEL	3149	STAJNIA BALONA	DĄBROWA GÓRNICZA	POL	MASTERS M - 40	27	M 51	05:13:52	08:02:53	09:35:16		13:58:02	15:30:52.65	15:31:16.60	8:27	7.1
63	RYSKALOK PIOTR	3362	OKIEM WILKA TEAM	JAWORZNO	POL	SENIOR II M - 30	19	M 52	05:20:23	08:12:10	09:46:48	12:10:00	14:06:22	15:39:02.25	15:39:06.30	8:32	7
64	WOŹNIAK JERZY	3182	#ZALINIAMIETEAM	POZNAŃ	POL	SENIOR II M - 30	20	M 53	05:03:20	07:54:51	09:38:23	11:54:46	13:59:57	15:39:02.05	15:39:28.45	8:32	7
65	GUMIENNY GRZEGORZ	3308		KOBYLNICZA	POL	MASTERS M - 40	28	M 54	04:34:30	07:27:11	09:12:40	11:48:55	14:09:02	15:39:40.25	15:39:49.40	8:32	7
66	SKOTNICZNY JAKUB	3360	WINE&MORE	KRAKÓW	POL	SENIOR II M - 30	21	M 55	04:29:29	07:30:57	09:16:27	11:47:01	14:05:16	15:44:14.35	15:44:16.65	8:35	7
67	ŚLIWA GRZEGORZ	3370	AZS AWF KRAKÓW MASTERS	KRAKÓW	POL	SENIOR II M - 30	21	M 55	04:29:30	07:31:01	09:16:27	11:47:13	14:05:13	15:44:14.10	15:44:16.65	8:35	7
68	KICH MAREK	3251		WROCŁAW	POL	SENIOR II M - 30	23	M 57	04:52:05	07:44:20	09:28:42	11:53:42	14:05:38	15:44:16.00	15:44:33.20	8:35	7
69	KOWALCZYK MAREK	3445		ZŁOTY STOK	POL	MASTERS M - 40	29	M 58	05:00:04	08:00:39	09:39:31	12:01:23	14:16:27	15:43:06.65	15:44:36.35	8:34	7
70	SZOTA MACIEJ	3351		KŁODZKO	POL	MASTERS M - 40	30	M 59	04:40:56	07:42:59	09:22:37	11:48:09	14:10:06	15:44:45.60	15:44:51.50	8:35	7
71	ŁĘCKI PIOTRUŚ	3306	JEVO	GLIWICE	POL	MASTERS M - 40	31	M 60	05:08:01	08:06:47	09:43:12	12:09:18	14:09:08	15:46:19.15	15:46:33.90	8:36	7
72	WYSOCZAŃSKI ADRIAN	3505		PIETRZYKOWICE	POL	MASTERS M - 40	32	M 61	05:14:48	08:39:39	10:05:17	12:07:23	14:14:28	15:49:18.35	15:49:29.45	8:37	7
73	DOBROŚ TOMASZ	3003		WIERUSZÓW	POL	MASTERS M - 40	33	M 62	05:19:40	08:18:17	09:59:24	12:18:23	14:25:04	15:57:17.50	15:57:38.15	8:42	6.9
74	RATAJCZAK DOROTA	3094	RATAJCZAK RUN	ZIELONA GÓRA	POL	MASTERS K - 40	4	K 12	05:35:17	08:47:05	10:27:27	12:45:31	14:35:38	16:09:31.25	16:09:44.90	8:48	6.8
75	SOBCZAK WITOLD	3392	KB SZAMOTUŁY/ VEGE RUNNERS	POZNAŃ	POL	MASTERS M - 40	34	M 63	05:20:28	08:47:29	10:07:10	12:25:26	14:33:08	16:10:15.40	16:10:32.00	8:49	6.8
76	BIENIEK PATRYK	3323	TREC TEAM	POZNAŃ	POL	MASTERS M - 40	35	M 64	05:01:03	08:13:51	10:01:23	12:20:51	14:27:58	16:10:25.45	16:10:41.15	8:49	6.8
77	KUJAWSKA-FREJLICH JOANNA	3528		GDYNIA	POL	SENIOR II K - 30	9	K 13	05:21:54	08:31:27	10:13:47	12:41:09	14:42:54	16:10:49.05	16:10:58.90	8:49	6.8
78	PINIARSKI PAWEŁ	3236	DPKJIP / STR POZNAŃ	POZNAŃ	POL	SENIOR II M - 30	24	M 65	05:12:15	08:06:12	09:40:00	12:02:25	14:17:03	16:11:00.95	16:11:38.65	8:49	6.8
79	LEŚNIAK TOMASZ	3526		ŁÓDŹ	POL	MASTERS M - 40	36	M 66	05:00:54	08:04:14	09:40:28	12:02:34	14:23:29	16:12:12.10	16:12:46.75	8:50	6.8
80	ROSZAK PIOTR	3120	SZUKAM KLUBU	WIELICZKA	POL	MASTERS M - 40	37	M 67	05:10:39	08:16:05	09:49:55	12:25:45	14:42:31	16:12:50.95	16:12:55.30	8:50	6.8

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
81	PIWOWOŃSKI PAWEŁ	3507		ZAGRODNO	POL	MASTERS M - 40	38	M 68	04:52:00	07:47:38	09:23:05	11:50:43	14:19:00	16:12:56.85	16:13:25.15	8:50	6.8
82	SZYMANOWSKI KAROL	3233		ŚMIGIEL	POL	SENIOR II M - 30	25	M 69	04:40:20	08:01:55	09:40:59	12:02:50	14:29:31	16:15:32.00	16:15:37.00	8:52	6.8
83	MARKOWSKI ŁUKASZ	3108		PRZYSIEKA POLSKA	POL	MASTERS M - 40	39	M 70	04:43:33	08:05:37	09:38:03	12:04:20	14:29:41	16:15:35.05	16:15:40.05	8:52	6.8
84	JAKUBOWSKI PRZEMYSŁAW	3118		WIDZISZEWO	POL	MASTERS M - 40	40	M 71	04:40:19	08:02:00	09:41:00	12:02:42	14:29:13	16:15:36.80	16:15:41.60	8:52	6.8
85	STRUK AGNIESZKA	3290	W POGONI ZA DUCHEM	BĘDZIN	POL	SENIOR II K - 30	10	K 14	05:13:02	08:25:18	10:21:49	12:53:15	14:49:51	16:15:41.65	16:15:51.10	8:52	6.8
86	RATAJCZAK PAWEŁ	3096	RATAJCZAK RUN	ZIELONA GÓRA	POL	MASTERS M - 40	41	M 72	05:35:16	08:46:48	10:27:16	12:47:50	14:41:58	16:17:03.25	16:17:18.50	8:52	6.8
87	BIEGANOWSKI KRZYSZTOF	3221		SMARDZEWICE	POL	MASTERS M - 40	42	M 73	05:35:58	08:35:35	10:11:43	12:30:30	14:42:00	16:16:45.85	16:17:24.45	8:52	6.8
88	KARLIK ŁUKASZ	3035	ES TEAM	MYSŁOWICE	POL	MASTERS M - 40	43	M 74	05:28:12	08:36:23	10:15:44	12:32:08	14:40:27	16:18:09.00	16:18:29.25	8:53	6.7
89	GIBAŁA MARCIN	3191	BIEGAM I POMAGAM ALI I HANI ŁAZARZ	MIELEC	POL	WETERAN I M - 50	5	M 75	05:16:50	08:19:47	10:08:08	12:31:51	14:47:32	16:20:25.80	16:20:47.65	8:54	6.7
90	STANKIEWICZ PAWEŁ	3125	AKTYWNI RAZEM	POTASZE	POL	MASTERS M - 40	44	M 76	05:24:57	08:52:04	10:34:57	12:54:41	14:51:12	16:23:24.45	16:23:42.40	8:56	6.7
91	WALCZAK WITOLD	3080	ULTRA KUTNO	KUTNO	POL	SENIOR II M - 30	26	M 77	05:20:48	08:14:26	09:58:15	12:13:37	14:35:41	16:23:26.80	16:25:14.25	8:56	6.7
92	KURASZKIEWICZ BŁAŻEJ	3057		POZNAŃ	POL	MASTERS M - 40	45	M 78	05:11:43	08:22:23	10:10:22	12:34:32	14:51:15	16:27:46.65	16:28:29.55	8:58	6.7
93	LANGE PAWEŁ	3263	INŻYNIERIA BIEGANIA	KATOWICE	POL	SENIOR II M - 30	27	M 79	05:14:29	08:19:24	10:07:32	12:39:50	14:59:22	16:29:02.50	16:29:21.75	8:59	6.7
94	BŁAŻUK JAROSŁAW	3176	PIWNICA ŚWIDNICKA WROCŁAW	GDYNIA	POL	MASTERS M - 40	46	M 80	05:15:04	08:25:10	10:05:40	12:50:35	14:49:55	16:29:31.55	16:29:57.95	8:59	6.7
95	RUSOŁ TOMASZ	3277		WROCŁAW	POL	MASTERS M - 40	47	M 81	05:20:34	08:46:17	10:23:45	12:30:36	14:46:38	16:30:16.05	16:31:08.75	9:00	6.7
96	CHORAZKIEWICZ DAMIAN	3365		OLEŚNICA	POL	SENIOR II M - 30	28	M 82	05:10:31	08:16:12	09:59:47	12:25:51	14:44:28	16:31:07.30	16:31:19.95	9:00	6.7
97	WERNO BARTŁOMIEJ	3267		RAWICZ	POL	MASTERS M - 40	48	M 83	05:01:36	08:05:10	09:49:00	12:38:21	14:58:30	16:33:03.40	16:33:07.25	9:01	6.6
98	KWIATEK AGNIESZKA	3349		ORZESZE	POL	SENIOR II K - 30	11	K 15	05:14:00	08:20:56	10:07:48	12:34:02	14:53:49	16:38:13.10	16:38:40.80	9:04	6.6
99	KACZMARCZYK PIOTR	3287	SOLPARK KLESZCZÓW	ŁĘKĄNSKO	POL	MASTERS M - 40	49	M 84	05:34:40	08:48:11	10:25:15	12:47:14	15:02:40	16:38:07.05	16:38:48.45	9:04	6.6
100	KARCZYŃSKA ELIZA	3418	MARATOŃCZYK POZNAŃ	POZNAŃ	POL	MASTERS K - 40	5	K 16	05:29:47	08:41:52	10:34:15	12:57:51	15:00:48	16:39:31.25	16:39:44.90	9:05	6.6
101	MATUSIAK MICHAŁ	3514	ROWERY MALGOSKA	CERADZ KOSCIELNY	POL	MASTERS M - 40	50	M 85	05:36:48	08:34:38	10:12:26	12:45:27	15:03:02	16:39:02.75	16:39:52.35	9:04	6.6
102	MISTYGACZ JAKUB	3427	ANTONTEAM ACTIVDIAB	KRAPKOWICE	POL	MASTERS M - 40	51	M 86	05:51:23	08:51:23	10:25:40	12:53:28	14:59:43	16:38:38.60	16:40:04.50	9:04	6.6
103	GIBALSKI TOMASZ	3424	OBORYGENI	ROŚCISŁAWICE	POL	WETERAN I M - 50	6	M 87	05:26:37	08:31:23	10:13:47	12:34:00	15:01:51	16:40:56.75	16:41:07.25	9:05	6.6
104	KUBIK JAROSŁAW	3322	KOŁO BIEGA	KOŁO	POL	MASTERS M - 40	52	M 88	05:37:55	08:48:50	10:17:47	12:31:00	14:35:29	16:41:44.65	16:41:49.45	9:06	6.6
105	DUBINSKAS ARUNAS	3494		WILNO	LTU	MASTERS M - 40	53	M 89	05:26:03	09:07:03	10:45:59	13:04:46	15:12:22	16:43:45.70	16:44:02.60	9:07	6.6
106	MAZUR ANNA	3232	ULTRANQA	GORZÓW WIELKOPOLSKI	POL	MASTERS K - 40	6	K 17	05:32:08	08:53:11	10:27:04	12:52:28	15:02:54	16:44:02.20	16:44:18.35	9:07	6.6
107	WOŹNIAK PAWEŁ	3299	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	MASTERS M - 40	54	M 90	05:08:13	08:17:52	10:06:46	12:49:28	15:02:57	16:45:46.10	16:45:56.30	9:08	6.6
108	GILEWICZ-RACHOWSKA JAGODA	3449	MAKSFLY	POZNAŃ	POL	SENIOR II K - 30	12	K 18	05:52:23	08:58:04	10:36:34	12:59:37	15:13:17	16:46:39.75	16:46:56.05	9:09	6.6
109	KUCIA ŁUKASZ	3324	KB MARATON TUREK	TUREK	POL	SENIOR II M - 30	29	M 91	06:04:19	09:09:18	10:47:29	13:04:30	15:08:26	16:48:33.85	16:49:02.75	9:10	6.5
110	SOBCZAK MARCIN	3298	SMASHING PĄPKINS	BORKOWO	POL	MASTERS M - 40	55	M 92	05:42:11	08:53:32	10:38:11	12:52:19	15:07:56	16:48:59.55	16:49:21.50	9:10	6.5
111	WAJDZIK ADAM	3104	IG: POSPIESZNY_DO_METY	KRZESZÓW	POL	SENIOR II M - 30	30	M 93	05:40:47	08:57:00	10:40:43	13:04:09	15:12:23	16:49:08.95	16:49:30.95	9:10	6.5
112	JARZĄBEK GRZEGORZ	3300	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	31	M 94	05:08:24	08:17:58	10:06:42	12:49:23	15:00:49	16:54:45.25	16:54:54.00	9:13	6.5
113	ŚWITAŁA MARCIN	3547		KATOWICE	POL	WETERAN I M - 50	7	M 95	05:24:04	08:34:15	10:16:27	12:40:49	15:01:34	16:54:50.50	16:55:12.90	9:13	6.5
114	CHRZAN DANIEL	3487	AA TARNÓW	TARNÓW	POL	SENIOR II M - 30	32	M 96	05:03:09	08:16:23	10:11:12	13:01:37	15:11:58	16:54:51.20	16:56:50.40	9:13	6.5
115	ZIĘTEK KATARZYNA	3032		JAWORZNO	POL	SENIOR II K - 30	13	K 19	05:53:39	09:07:44	10:45:56	13:04:42	15:18:19	16:57:28.60	16:58:00.20	9:14	6.5
116	JADRYCH ZBIGNIEW	3223		STARGARD	POL	MASTERS M - 40	56	M 97	05:30:15	08:37:03	10:22:55	12:52:20	15:12:32	16:58:23.15	16:58:40.85	9:15	6.5
117	HEJZNER ARKADIUSZ	3190		GDAŃSK	POL	SENIOR II M - 30	33	M 98	05:12:03	08:17:14	10:01:04	12:40:05	15:19:09	16:59:25.65	16:59:44.60	9:16	6.5
118	ORŁOWSKI KACPER	3326	SEKCJA BOKSU WKS ŚLĄSK	WROCŁAW	POL	SENIOR II M - 30	34	M 99	05:07:39	08:22:44	10:10:31	12:47:42	15:28:25	17:05:22.60	17:05:27.35	9:19	6.4
119	TELEON PIOTR	3216	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	MASTERS M - 40	57	M 100	04:49:20	08:07:26	09:56:09		15:11:15	17:07:31.35	17:08:02.35	9:20	6.4
120	GRUSZCZYŃSKI PRZEMYSŁAW	3093	WLKP MOUNTAINS ULTRA	POZNAŃ	POL	MASTERS M - 40	58	M 101	05:42:58	08:52:29	10:27:50	13:04:04	15:18:22	17:08:16.45	17:08:28.05	9:20	6.4
121	BABIŃSKA-POPIŁKA EWELINA	3007		RADKÓW	POL	SENIOR II K - 30	14	K 20	05:17:39	08:49:36	10:52:48	12:58:22	15:13:20	17:07:33.95	17:09:10.05	9:20	6.4
122	BUCZYŃSKI RADOSŁAW	3457	COMPANEROS ASFALT TEAM	GLIWICE	POL	SENIOR II M - 30	35	M 102	05:25:29	08:45:10	10:30:06	13:00:56	15:27:34	17:12:13.50	17:13:00.20	9:23	6.4

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
123	PIELATOWSKI ADAM	3465	DIRTY SPARROWS	POZNAŃ	POL	SENIOR II M - 30	36	M 103	05:25:17	08:47:50	10:33:14	12:43:48	15:02:34	17:12:30.90	17:13:07.85	9:23	6.4
124	ŚLUSARZ TOMASZ	3062	DIEHL RUNNING TEAM	NAMYŚLÓW	POL	SENIOR II M - 30	37	M 104	05:01:37	08:14:21	10:02:38		15:19:15	17:12:32.00	17:13:26.05	9:23	6.4
125	WYLOTEK MARIUSZ	3211	BIEGOWA KUŹNIA	BĘDZIN	POL	MASTERS M - 40	59	M 105	05:15:18	08:25:21	10:02:58	12:40:28	15:03:37	17:14:30.40	17:14:40.25	9:24	6.4
126	DYMARSKI MARIUSZ	3101	AKTYWNI RAZEM	CZERWONAK	POL	WETERAN I M - 50	8	M 106	05:25:00	08:51:54	10:34:52	13:01:30	15:27:33	17:14:29.00	17:14:47.20	9:24	6.4
127	KOTOWSKI PAWEŁ	3488	CAT TEAM		POL	SENIOR II M - 30	38	M 107	05:18:17	08:36:00	10:23:04	13:07:20	15:17:42	17:17:15.30	17:17:21.35	9:25	6.4
128	ŻURKOWSKI DANIEL	3500	GT RAT	WROCŁAW	POL	SENIOR II M - 30	39	M 108	05:18:16	08:36:03	10:23:04	13:07:24	15:25:35	17:17:15.20	17:17:21.40	9:25	6.4
129	MATUSZEWSKI ŁUKASZ	3014	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	SENIOR II M - 30	40	M 109	05:29:47	08:48:35	10:36:47	13:17:20	15:41:13	17:20:49.60	17:21:14.45	9:27	6.3
130	ABRAMOWICZ AGATA	3264		KRZEP TÓW	POL	SENIOR I K - 20	1	K 21	05:39:31	08:52:25	10:37:42	13:17:10	15:42:18	17:21:40.05	17:21:45.95	9:28	6.3
131	PŁONOWSKI MACIEJ	3408	PSZCZÓŁKOWSKI TEAM	WROCŁAW	POL	SENIOR II M - 30	41	M 110	04:43:53	08:02:46	09:46:35	12:51:21	15:25:13	17:23:41.95	17:23:59.65	9:29	6.3
132	SAJAK KAMIL	3446	ROZBIEGANE DOBCZYCE	DOBCZYCE	POL	SENIOR II M - 30	42	M 111	04:48:33	08:07:48	09:51:04	12:32:20	15:12:09	17:25:20.70	17:25:23.45	9:30	6.3
133	GRUBICH DAMIAN	3050	PARKRUN GRUDZIĄDZ	GRUDZIĄDZ	POL	MASTERS M - 40	60	M 112	05:35:40	08:59:55	10:51:54	13:19:58	15:39:53	17:25:22.75	17:25:34.65	9:30	6.3
134	KUIK BARTOSZ	3421		ŚREM	POL	SENIOR II M - 30	43	M 113	05:34:56	08:53:24	10:40:02	13:09:21	15:35:41	17:27:45.95	17:27:57.20	9:31	6.3
135	BOGUMIŁOW MARCIN	3075	DZIK ZE SŁUPSKA	SŁUPSK	POL	SENIOR II M - 30	44	M 114	05:32:11	08:59:30	10:46:40	13:22:17	15:39:05	17:28:57.30	17:29:00.15	9:32	6.3
136	HACUŚ JACEK	3005		DUSZNIKI ZDRÓJ	POL	SENIOR II M - 30	45	M 115	05:46:11	09:00:58	10:47:51	13:18:54	15:30:23	17:28:59.50	17:29:04.55	9:32	6.3
137	WIECZOREK MAKSYMILIAN	3389		ZIELONA GÓRA	POL	SENIOR II M - 30	46	M 116	05:19:34	08:45:40	10:34:11	13:01:25	15:27:06	17:28:55.90	17:29:08.85	9:32	6.3
138	WASILEWSKI MARCIN	3186		ZIELONA GÓRA	POL	SENIOR II M - 30	47	M 117	05:03:02	08:10:09	10:13:09	12:40:04	15:08:22	17:29:16.55	17:29:29.90	9:32	6.3
139	KALEMBA KAMIL	3318		BRZEG DOLNY	POL	SENIOR II M - 30	48	M 118	05:29:18	09:00:57	10:38:52	13:15:54	15:48:27	17:28:52.60	17:29:31.95	9:32	6.3
140	SZEIB ROBERT	3146		BYDGOSZCZ	POL	MASTERS M - 40	61	M 119	05:55:50	09:10:49	11:00:20	11:50:48	15:44:09	17:32:05.55	17:32:22.50	9:33	6.3
141	SKORUPIŃSKA KATARZYNA	3133	SKORUPKI TEAM	BOLESŁAWIEC	POL	MASTERS K - 40	7	K 22	05:31:54	08:53:30	10:43:25	13:24:47	15:53:52	17:32:27.70	17:32:45.85	9:34	6.3
142	GRABEK MACIEJ	3276	SPORTOWA BANDA	GORZÓW WIELKOPOLSKI	POL	SENIOR II M - 30	49	M 120	05:07:37	08:12:02	09:56:39	12:27:35	15:25:04	17:33:02.90	17:33:18.70	9:34	6.3
143	GMYREK JACEK	3269		PAMIĄTKOWO	POL	MASTERS M - 40	62	M 121	05:55:08	09:24:36	11:23:22	13:56:34	16:01:18	17:32:56.35	17:33:20.20	9:34	6.3
144	MAZANKA JAKUB	3361		BORÓWIEC	POL	MASTERS M - 40	63	M 122	05:27:08	08:53:33	10:43:28	13:29:37	15:49:41	17:37:39.65	17:37:54.85	9:36	6.2
145	KORNALSKI GRZEGORZ	3492	POLACY BIEGAJĄ W UK	BRADFORD	GBR	MASTERS M - 40	64	M 123	05:39:09	08:48:50	10:36:18		15:53:57	17:37:34.25	17:37:55.15	9:36	6.2
146	WÓJCIO HUBERT	3105	ULTRASZSZZAWNICY	SZCZAWNICA	POL	MASTERS M - 40	65	M 124	05:35:00	08:58:36	10:49:13	13:25:33	15:53:01	17:39:58.85	17:40:20.40	9:38	6.2
147	ŁĄBĘCKA AGATA	3070	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	MASTERS K - 40	8	K 23	06:02:23	09:24:33	11:04:33	13:45:48	16:03:55	17:40:24.35	17:40:59.60	9:38	6.2
148	CZYŻ TOMASZ	3538	LAS PAPAS	KRAKÓW	POL	SENIOR II M - 30	50	M 125	06:01:20	09:18:56	11:06:19	13:15:09	15:28:24	17:39:12.05	17:41:11.20	9:37	6.2
149	OLEKSIUK JAKUB	3363	CARPE DIEM	POZNAŃ	POL	SENIOR II M - 30	51	M 126	05:40:24	09:09:58	10:51:43	13:24:36	15:51:01	17:42:29.20	17:43:04.15	9:39	6.2
150	KŁODA DARIUSZ	3154	DRUŻYNA SZPIKU/SPORT GENERATION	RADZEWO	POL	MASTERS M - 40	66	M 127	05:34:42	08:55:54	10:51:12	13:30:04	15:53:26	17:42:43.40	17:43:05.70	9:39	6.2
151	WOJCIECHOWSKI ARKADIUSZ	3327	KTÓRĘDYNADMORSKIE OKO	KONIN	POL	MASTERS M - 40	67	M 128	05:31:50	08:45:58	10:36:13	13:10:32	15:38:07	17:43:07.10	17:43:28.45	9:39	6.2
152	MAKARENKOV SERGIJ	3044	DOGOŃ GRODZISK MAZOWIECKI	MILANÓWEK	POL	SENIOR II M - 30	52	M 129	06:22:48	10:05:22	11:39:29	14:06:18	16:12:03	17:43:40.55	17:44:06.35	9:40	6.2
153	LIC JANUSZ	3339		ZABRZE	POL	WETERAN I M - 50	9	M 130	05:55:05	09:22:17	11:06:07	13:42:24	15:55:57	17:46:43.50	17:47:00.45	9:41	6.2
154	SOBCZAK GRZEGORZ	3091		OBORNIKI ŚLĄSKIE	POL	WETERAN I M - 50	10	M 131	05:23:17	08:46:05	10:37:37	13:09:03	15:42:12	17:46:50.55	17:47:01.05	9:41	6.2
155	SZMIGIEL MARIUSZ	3109	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE	POL	SENIOR II M - 30	53	M 132	05:34:26	08:49:12	10:42:34	13:18:56	15:39:14	17:48:34.10	17:49:18.30	9:42	6.2
156	CHODKIEWICZ TOMASZ	3255	GARDENFLORA MTB TEAM	BYDGOSZCZ	POL	MASTERS M - 40	68	M 133	05:58:21	09:32:52	11:27:28	13:39:25	15:58:04	17:51:03.45	17:51:31.85	9:44	6.2
157	MAZUREK ŁUKASZ	3073	DZG RUNNERS ZGORZELEC	ZGORZELEC	POL	MASTERS M - 40	69	M 134	05:25:00	08:49:16	10:32:03	13:39:25	16:01:40	17:51:35.85	17:51:43.95	9:44	6.2
158	KONDYCKI ADAM	3312	DZG RUNNERS ZGORZELEC	ZGORZELEC	POL	WETERAN I M - 50	11	M 135	05:24:56	08:49:07	10:32:03	13:39:32	16:01:20	17:51:35.75	17:51:44.15	9:44	6.2
159	GARCZYŃSKI DAREK	3129		KATOWICE	POL	WETERAN I M - 50	12	M 136	06:02:55	09:17:50	11:05:34	13:47:17	16:14:06	17:50:40.35	17:52:15.70	9:44	6.2
160	GARCZYŃSKA ANIA	3131		KATOWICE	POL	WETERAN K - 50	1	K 24	06:02:54	09:17:47	11:05:34	13:47:32	16:14:00	17:50:40.55	17:52:15.75	9:44	6.2
161	JAROCKA AGATA	3364		LEGIONOWO	POL	MASTERS K - 40	9	K 25	06:03:43	09:18:06	11:00:58	13:36:13	16:00:35	17:51:20.50	17:52:17.90	9:44	6.2
162	SZAŁAŃNY PIOTR	3055	TESTYOUTDOOROWE. PL	KOBIÓR	POL	SENIOR II M - 30	54	M 137	05:52:30	09:08:13	10:55:17	13:30:58	16:09:39	17:52:43.35	17:52:53.55	9:45	6.2
163	LEPIARZ SZYMON	3270	NEVER GIVE UP	KRAKÓW	POL	WETERAN I M - 50	13	M 138	06:00:22	09:16:29	11:07:07	13:34:42	16:01:06	17:53:13.20	17:53:24.05	9:45	6.1
164	DYSZKIEWICZ TOMASZ	3166	ULTRA KUTNO	KUTNO	POL	SENIOR II M - 30	55	M 139	05:36:27	08:52:59	10:43:51	13:34:27	16:04:37	17:52:43.20	17:54:31.00	9:45	6.2
165	PLUTA KINGA	3227		DĄBROWA GÓRNICZA	POL	SENIOR I K - 20	2	K 26	05:49:07	08:59:45	10:45:45	13:39:48	16:05:47	17:55:07.05	17:55:33.95	9:46	6.1

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
166	CHEŁCHOWSKI NORBERT	3260	GÓRAL Z MAZUR RUNNING TEAM	SOCHACZEW	POL	SENIOR II M - 30	56	M 140	06:00:16	09:26:21	11:10:02	13:48:14	16:08:52	17:55:15.00	17:56:32.75	9:46	6.1
167	NOWAK KRZYSZTOF	3398		WARSZAWA	POL	WETERAN I M - 50	14	M 141	05:41:46	09:12:18	10:50:54	13:31:41	16:11:47	17:57:49.30	17:58:12.60	9:47	6.1
168	SOBCZAK ALEKSANDRA	3410		WARSZAWA	POL	SENIOR II K - 30	15	K 27	05:49:10	09:32:55	11:19:22	13:48:17	16:11:47	17:57:50.75	17:58:13.25	9:47	6.1
169	WALENDA MATEUSZ	3371	KS KANAŁEK	GARWOLIN	POL	SENIOR II M - 30	57	M 142	05:35:37	08:45:52	10:26:17	13:09:55	15:52:32	18:00:43.80	18:00:59.65	9:49	6.1
170	KOCIOŁEK ZBIGNIEW	3280		WOŁÓW	POL	WETERAN I M - 50	15	M 143	06:02:19	09:22:54	11:00:12	13:33:40	16:00:26	18:02:38.35	18:02:45.60	9:50	6.1
171	WALKOWIAK JACEK	3010	TEAM KOTLAREK RUNNERS	ZIELONA GÓRA	POL	WETERAN I M - 50	16	M 144	05:43:45	08:56:30	10:45:47	13:20:43	16:03:01	18:03:36.10	18:03:50.95	9:51	6.1
172	WYKA MARIUSZ	3463	LEGIA	JAWORZNO	POL	MASTERS M - 40	70	M 145	05:50:30	08:59:58	10:44:07	13:25:03	16:03:27	18:03:33.75	18:03:52.60	9:51	6.1
173	CIEŚLIK PAWEŁ	3367	CHÂTEAU CHALIN	POZNAŃ	POL	MASTERS M - 40	71	M 146	05:43:05	09:14:46	11:04:58	13:46:33	16:21:28	18:06:48.80	18:07:01.15	9:52	6.1
174	BARAN DARIUSZ	3201		DĄBROWA GÓRNICZA	POL	MASTERS M - 40	72	M 147	05:40:24	09:09:00	10:56:35	13:40:05	16:06:10	18:07:45.30	18:08:10.45	9:53	6.1
175	HALMAN KRZYSZTOF	3490	LEJ MI PÓŁ	GDYNIA	POL	MASTERS M - 40	73	M 148	05:10:28	08:14:54	10:04:19	12:33:38	15:28:57	18:09:27.15	18:09:54.75	9:54	6.1
176	ŚWIĄTEK EWELINA	3301	SPARTANIE DZIECIOM	WROCŁAW	POL	MASTERS K - 40	10	K 28	05:52:09	09:07:39	10:54:01	13:33:23	16:15:13	18:09:55.05	18:10:02.30	9:54	6.1
177	GAWOT PIOTR	3243		WROCŁAW	POL	MASTERS M - 40	74	M 149	05:27:15	08:50:36	10:35:31	13:40:04	16:12:34	18:09:46.50	18:10:04.15	9:54	6.1
178	WITEK BOGUSŁAW	3540	AA TARNÓW	TARNÓW	POL	WETERAN I M - 50	17	M 150	05:47:38	09:17:09	11:03:05	13:39:21	16:02:40	18:09:18.15	18:10:57.60	9:54	6.1
179	OTTO MARCIN	3136	FUNDACJA PIASTUN	SIEMIANOWICE	POL	SENIOR II M - 30	58	M 151	05:34:58	08:50:43	10:44:04	13:41:48	16:05:43	18:10:38.65	18:11:27.95	9:54	6.1
180	GÓRSKI TOMASZ	3167		WARSZAWA	POL	SENIOR II M - 30	59	M 152	04:55:52	08:45:43	10:45:57	13:36:48	16:18:57	18:12:21.65	18:12:38.00	9:55	6
181	WOJCIECHOWSKI MICHAŁ	3382		OPATÓWEK	POL	WETERAN I M - 50	18	M 153	05:59:33	09:18:30	11:05:37	13:47:09	16:25:27	18:14:52.05	18:15:31.80	9:57	6
182	KATRYCZ KRZYSZTOF	3038		WROCŁAW	POL	SENIOR I M - 20	3	M 154	05:37:15	09:00:07	10:53:09	13:46:03	16:25:50	18:15:48.75	18:16:49.20	9:57	6
183	KĄKOL KACPER	3047	ASICS FRONTRUNNER POLAND	GDYNIA	POL	SENIOR II M - 30	60	M 155	05:37:08	08:56:26	10:53:21		15:59:28	18:16:10.00	18:16:50.05	9:57	6
184	WESOŁOWSKA KINGA	3046	ASICSFRONTRUNNERP OLAND	WROCŁAW	POL	SENIOR I K - 20	3	K 29	05:37:15	08:56:24	10:53:22	13:31:01	15:59:21	18:16:11.95	18:16:51.70	9:57	6
185	SROKA MARCIN	3173	WLKP MOUNTAINS ULTRA	PLEWISKA	POL	MASTERS M - 40	75	M 156	05:34:33	08:53:22	10:47:05	13:44:26	16:21:31	18:18:16.70	18:18:28.80	9:59	6
186	SKŁADANOWSKA BEATA	3403	ARW/EUROCASH TEAM/DZIKI TEAM	WARSZAWA	POL	SENIOR II K - 30	16	K 30	06:12:10	09:29:16	11:10:27	13:43:32	16:21:26	18:18:10.15	18:18:46.70	9:59	6
187	KONDRATOWICZ SEBASTIAN	3475		WARSZAWA	POL	MASTERS M - 40	76	M 157	06:12:11	09:29:23	11:10:27	13:43:42	16:21:40	18:18:10.15	18:18:46.95	9:59	6
188	TKACZ ŁUKASZ	3520		LUBIN	POL	SENIOR II M - 30	61	M 158	05:39:00	09:10:31	11:07:21	13:56:48	16:46:24	18:18:10.35	18:19:38.30	9:59	6
189	BARDAN MICHAŁ	3489		WARSZAWA	POL	MASTERS M - 40	77	M 159	05:58:31	09:34:14	11:21:19	14:03:45	16:32:18	18:19:35.00	18:19:59.65	9:59	6
190	KOS PAWEŁ	3406	EAZYMUT.PL	WARSZAWA	POL	WETERAN I M - 50	19	M 160	06:03:39	09:27:14	11:15:49	13:46:40	16:18:43	18:20:27.40	18:20:43.10	10:00	6
191	JAZUKIEWICZ EWA	3405	EAZYMUT.PL	WARSZAWA	POL	WETERAN K - 50	2	K 31	06:03:37	09:27:08	11:15:54	13:46:36	16:18:42	18:20:28.40	18:20:43.25	10:00	6
192	POPCZYK EWELINA	3045	HEALTHY BODY ŻELAZNY&ŻELAZNY	SOSNOWIEC	POL	MASTERS K - 40	11	K 32	05:58:38	09:34:15	11:21:25	14:03:55	16:32:24	18:20:59.60	18:21:18.55	10:00	6
193	RATYMIŃSKI WOJTEK	3181		WROCŁAW	POL	MASTERS M - 40	78	M 161	05:46:37	09:16:57	11:07:31	13:43:46	16:12:31	18:21:00.55	18:21:40.90	10:00	6
194	POMIANOWSKI SZYMON	3330	KURACJUSZE	WROCŁAW	POL	SENIOR II M - 30	62	M 162	05:39:11	09:09:01	11:25:57	13:46:07	16:31:39	18:22:23.15	18:22:52.35	10:01	6
195	FELIŃSKI JAROSŁAW	3529		ŁÓDŹ	POL	WETERAN II M - 60	1	M 163	06:13:03	09:49:56	11:44:15	14:26:06	16:40:08	18:22:45.05	18:22:58.65	10:01	6
196	KOPACZ KATARZYNA	3304		KATOWICE	POL	SENIOR II K - 30	17	K 33	05:42:46	09:07:42	11:04:51	13:52:47	16:36:45	18:22:45.55	18:22:58.80	10:01	6
197	JĘDZURA DANIEL	3303	BPRT GLIWICE	GLIWICE	POL	MASTERS M - 40	79	M 164	05:42:47	09:07:37	11:04:52	13:52:51	16:36:47	18:22:48.15	18:23:01.90	10:01	6
198	STODOLNY KRZYSZTOF	3355		WORZYTY	POL	WETERAN II M - 60	2	M 165	05:58:09	09:19:15	11:06:22	13:48:30	16:26:41	18:24:51.45	18:25:05.50	10:02	6
199	POKORSKI PIOTR	3456	NO NAME PRASZKA	GORZÓW ŚLĄSKI	POL	WETERAN I M - 50	20	M 166	05:48:00	09:37:42	11:19:24	13:49:23	16:25:25	18:25:07.10	18:25:27.50	10:02	6
200	WOJCIECHOWSKA DOROTA	3381	CAŁA OLEŚNICA BIEGA	OLEŚNICA	POL	MASTERS K - 40	12	K 34	05:36:43	08:48:40	10:45:34	13:36:03	16:17:21	18:26:29.85	18:27:10.60	10:03	6
201	SZCZEPAŃSKI MARCIN	3344	STRZELIŃSKI KLUB BIEGACZA GRANIT	STRZELIN	POL	SENIOR II M - 30	63	M 167	06:19:06	09:45:37	11:33:23	14:16:29	16:48:15	18:26:54.00	18:28:08.90	10:03	6
202	WISNIEWSKI BARTŁOMIEJ	3204		WARSZAWA	POL	MASTERS M - 40	80	M 168	05:36:03	08:46:03	10:36:07	13:10:37	15:54:09	18:28:39.75	18:28:59.55	10:04	6
203	MASŁOWSKI ROBERT	3230	ANTON TEAM	ŚWIDNICA	POL	MASTERS M - 40	81	M 169	05:51:23	09:08:29	11:02:17	13:46:07	16:20:37	18:29:24.10	18:30:51.05	10:05	5.9
204	PAPIERSKI TOMASZ	3175		KARWIANY	POL	MASTERS M - 40	82	M 170	05:36:28	08:52:30	10:46:45	13:24:49	16:20:43	18:29:51.90	18:31:04.05	10:05	5.9
205	RACIBORSKI GRZEGORZ	3282	TKKF KOLEJARZ BYDGOSZCZ	BYDGOSZCZ	POL	MASTERS M - 40	83	M 171	06:28:24	09:47:49	11:33:29	14:07:04	16:49:27	18:30:27.45	18:31:29.00	10:05	5.9
206	PAWŁAK MACIEJ	3498	3 TEAM KONIN MPEC KONIN	KONIN	POL	WETERAN I M - 50	21	M 172	06:05:28	09:55:44	11:36:11	14:13:03	16:55:25	18:32:13.30	18:32:34.50	10:06	5.9
207	WŁODARCZYK KRZYSZTOF	3499	3TEAM CIEPEŁKO	RUDZICA	POL	MASTERS M - 40	84	M 173	06:05:29	09:55:52	11:36:13	14:13:09	16:55:04	18:32:14.15	18:32:34.80	10:06	5.9
208	NECKAR MICHAŁ	3139	HWBC	WROCŁAW	POL	MASTERS M - 40	85	M 174	05:23:23	08:46:00	10:43:13	13:24:47	16:15:57	18:32:07.55	18:32:56.10	10:06	5.9
209	RUTKOWSKA AGNIESZKA	3400	NAKRĘCONA NA BIEGANIE	WŁOŚCIN	POL	SENIOR II K - 30	18	K 35	06:33:15	09:57:21	11:53:53	14:19:46	16:43:26	18:33:45.45	18:34:05.50	10:07	5.9
210	WILGAT ADAM	3048	NBRC	ZĄBKI	POL	WETERAN I M - 50	22	M 175	05:55:03	09:24:24	11:15:07	13:57:26	16:34:01	18:34:22.80	18:34:35.25	10:07	5.9

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
211	SZYMKOWIAK MARIUSZ	3467		WRONKI	POL	WETERAN I M - 50	23	M 176	06:15:18	09:37:44	11:27:40	14:03:52	16:47:57	18:35:02.65	18:35:33.00	10:08	5.9
212	MATUSZCZAK-SZULC IWONA	3541		POZNAŃ	POL	WETERAN K - 50	3	K 36	06:02:38	09:30:31	11:25:52	14:11:08	16:43:23	18:36:47.80	18:37:28.65	10:09	5.9
213	TYCZYŃSKI KRZYSZTOF	3332	AKTYWNI RAZEM	CZERWONAK	POL	MASTERS M - 40	86	M 177	05:45:57	09:21:12	11:14:31	14:03:57	16:48:54	18:38:10.60	18:38:30.65	10:09	5.9
214	WEYNA RAFAŁ	3148	AKTYWNI RAZEM	KICIN	POL	WETERAN I M - 50	24	M 178	05:45:58	09:21:11	11:14:36	14:04:08	16:48:55	18:38:11.45	18:38:31.10	10:09	5.9
215	KOPPLINGER GRZEGORZ	3250	ASSECO ACTIVE TEAM	RZESZÓW	POL	WETERAN I M - 50	25	M 179	05:10:57	08:37:05	10:23:06	13:08:31	16:12:17	18:38:25.80	18:38:34.05	10:10	5.9
216	WALCZAK KRYSZTIAN	3329	BIEGAJĄCE WALCZAKI	PIŁA	POL	MASTERS M - 40	87	M 180	05:16:33	08:56:47	10:48:39	13:43:14	16:35:13	18:41:46.90	18:41:56.15	10:11	5.9
217	BRODA DOMINIK	3354		WROCŁAW	POL	SENIOR II M - 30	64	M 181	05:23:27	08:51:54	10:44:32	13:18:39	16:19:47	18:42:31.10	18:42:37.75	10:12	5.9
218	JANKOWSKA PAULINA	3313	EY RUN4FUN	WROCŁAW	POL	SENIOR II K - 30	19	K 37	06:29:51	09:50:16	11:36:59	14:14:09	16:47:22	18:42:19.80	18:42:58.25	10:12	5.9
219	JEZIORSKI ZBIGNIEW	3441		KRAKÓW	POL	MASTERS M - 40	88	M 182	05:36:48	08:58:48	10:46:39	13:44:28	16:37:26	18:43:41.30	18:43:45.75	10:12	5.9
220	SKWIERCZYŃSKI SYLWESTER	3341		WARSZAWA	POL	SENIOR I M - 20	4	M 183	05:50:29	09:22:26	11:14:59	13:49:39	16:49:29	18:45:19.70	18:45:34.05	10:13	5.9
221	MADEJSKI PIOTR	3185		GRODZIEC	POL	SENIOR II M - 30	65	M 184	06:22:19	09:58:21	11:46:22	14:14:00	16:48:08	18:45:45.10	18:46:41.25	10:14	5.9
222	ROZNEYSKI ŁUKASZ	3262	KB SOBÓTKA	REKÓW	POL	SENIOR II M - 30	66	M 185	06:09:52	10:02:56	12:02:35	14:35:09	17:23:11	18:48:26.80	18:48:58.90	10:15	5.8
223	URBAŃSKI BARTEK	3429	KARUSIN RUNNING TEAM	TRUSKAW	POL	SENIOR II M - 30	67	M 186	06:01:44	09:23:46	11:13:41	13:52:30	16:47:09	18:47:53.90	18:49:12.45	10:15	5.9
224	BUDNICKI ANDRZEJ	3501		BIALYSTOK	POL	MASTERS M - 40	89	M 187	06:10:39	09:42:52	11:37:02	14:24:57	16:55:44	18:52:02.20	18:52:24.70	10:17	5.8
225	KULCZYŃSKI MICHAŁ	3209		GDAŃSK	POL	MASTERS M - 40	90	M 188	06:01:43	09:32:25	11:26:53	14:23:48	16:55:45	18:52:30.70	18:53:47.45	10:17	5.8
226	ŁATWIŃSKI ŁUKASZ	3097	MOCNA GRUPA CEZARA	WROCŁAW	POL	SENIOR II M - 30	68	M 189	05:53:07	09:16:45	11:10:19	13:56:32	16:49:37	18:53:56.10	18:54:02.35	10:18	5.8
227	SZYMANKIEWICZ KALINA	3059	PROJEKT 1000UP	GDYNIA	POL	WETERAN K - 50	4	K 38	06:15:50	09:55:45	11:52:19	14:48:55	17:07:11	18:55:47.20	18:56:19.25	10:19	5.8
228	KONSTANCIUK DARIUSZ	3404	JAZDAAAAA	ŁĄDEK-ZDRÓJ	POL	MASTERS M - 40	91	M 190	06:15:43	09:55:40	11:52:11	14:48:51	17:07:04	18:55:38.70	18:56:19.45	10:19	5.8
229	MATYSZKOWICZ JANUSZ	3525	GONIMY	KĘTY	POL	WETERAN II M - 60	3	M 191	06:18:07	09:38:00	11:34:30	14:22:08	16:58:25	18:56:03.30	18:56:30.60	10:19	5.8
230	MALOTTA KONRAD	3215	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	MASTERS M - 40	92	M 192	06:28:46	09:57:37	11:39:17	14:30:44	16:56:00	18:55:41.95	18:56:32.20	10:19	5.8
231	MIAZEK ŁUKASZ	3278		SOCHACZEW	POL	MASTERS M - 40	93	M 193	06:10:44	09:42:57	11:55:01	14:29:19	17:01:50	18:56:45.95	18:57:12.85	10:20	5.8
232	KOZŁOWSKI RAFAŁ	3137		KONIN	POL	MASTERS M - 40	94	M 194	06:05:15	09:38:24			16:37:33	18:58:09.80	18:58:45.75	10:12	5.9
233	KACZMAREK JAROSŁAW	3082	PARTYZANCI KONIN/K82	KONIN	POL	MASTERS M - 40	95	M 195	06:14:20	09:46:04	11:39:43	14:23:35	17:00:07	19:02:35.75	19:03:44.80	10:23	5.8
234	KANIEWSKI MICHAŁ	3345	ORANGE POLSKA	POZNAŃ	POL	MASTERS M - 40	96	M 196	06:26:47	09:54:19	11:50:19	14:40:17	17:08:30	19:02:47.40	19:03:51.30	10:23	5.8
235	ADACH DARIUSZ	3076	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	ZĄBKOWICE ŚLĄSKIE	POL	MASTERS M - 40	97	M 197	05:43:27	09:20:50	11:29:43	14:28:59	17:07:08	19:03:39.60	19:04:15.80	10:23	5.8
236	LUBELCZYK GRZEGORZ	3130	SPELEOCLUB WROCŁAW	MIĘKINIA	POL	WETERAN I M - 50	26	M 198	06:18:45	09:44:28	11:35:53	14:29:49	17:09:57	19:05:38.35	19:07:34.15	10:24	5.8
237	PIGUŁA DARIA	3438	CARBON SILESIA SPORT	CZELADŹ	POL	MASTERS K - 40	13	K 39	05:57:08	09:27:48	11:21:31	14:14:27	17:05:55	19:08:24.10	19:08:38.25	10:26	5.7
238	JAROSIŃSKA KATARZYNA	3279	STAJNIAK TEAM	PRABUTY	POL	SENIOR I K - 20	4	K 40	05:50:38	09:27:36	11:21:08		17:05:57	19:08:21.35	19:08:39.45	10:26	5.7
239	KOZDRÓJ WIOLETTA	3162	DOGOŃ GRODZISK MAZOWIECKI/DŹAKAR TA RUN TEAM	GRODZISK MAZOWIECKI	POL	MASTERS K - 40	14	K 41	06:30:27	10:05:05	11:59:19	14:50:08	17:17:44	19:09:18.60	19:09:44.70	10:26	5.7
240	SZPONDER ARTUR	3142	KBKS RADOMSKO	RADOMSKO	POL	SENIOR II M - 30	69	M 199	06:31:43	09:57:12	11:45:48	14:42:30	17:13:32	19:09:31.15	19:09:55.40	10:27	5.7
241	MIROWSKI PRZEMYSŁAW	3358		LAUDA-KOENIGSH OFEN	GER	WETERAN I M - 50	27	M 200	06:15:59	09:43:50	11:30:54	14:52:53	17:13:23	19:09:28.65	19:11:18.50	10:26	5.7
242	CIECHAROWSKA JUSTYNA	3234	RUN DE GIRARD	ŻYRARDÓW	POL	SENIOR II K - 30	20	K 42	06:19:43	09:49:54	11:29:40	14:42:47	17:10:36	19:11:09.25	19:11:47.75	10:27	5.7
243	WAŚKO RAFAŁ	3254		KRAKÓW	POL	SENIOR II M - 30	70	M 201	06:38:58	10:02:07	11:52:18	14:36:59	17:04:06	19:10:54.75	19:12:27.15	10:27	5.7
244	CHUDY TOBIASZ	3114	RUN TEAM RYDZYNA	LESZNO	POL	SENIOR II M - 30	71	M 202	05:52:21	09:27:28	11:06:55	13:55:37	17:08:21	19:13:08.20	19:13:37.95	10:28	5.7
245	DUCHOŃ MARCIN	3172		ZIELONA GÓRA	POL	MASTERS M - 40	98	M 203	06:00:04	09:26:38	11:20:31	14:13:49	17:16:05	19:14:09.25	19:14:18.40	10:29	5.7
246	BAUER BARTOSZ	3199	SWORDSATHLETICS	JÓZEFOSŁAW	POL	MASTERS M - 40	99	M 204	05:26:05	09:08:26	11:14:58	14:22:38	17:37:31	19:18:37.15	19:19:02.15	10:31	5.7
247	CHYLIŃSKI ŁUKASZ	3116		GRUDZIĄDZ	POL	SENIOR II M - 30	72	M 205	06:23:34	09:55:42	11:59:20	14:41:08	17:29:04	19:17:40.40	19:19:21.40	10:31	5.7
248	PODLEWSKI WOJCIECH	3016	KS SPORTIVA	TARNÓW	POL	WETERAN I M - 50	28	M 206	06:32:29	10:10:09	11:54:31	14:51:31	17:30:10	19:19:10.95	19:19:37.95	10:32	5.7
249	HULBÓJ SEBASTIAN	3532	WKS TEAM	BIELSKO BIAŁA	POL	MASTERS M - 40	100	M 207	05:40:21	09:11:56	11:08:41	13:58:51	16:48:26	19:21:12.05	19:21:20.30	10:33	5.7
250	BUSS JAKUB	3121	KUDOWIANKA RUN	KUDOWIANKA-ZDRÓJ	POL	WETERAN I M - 50	29	M 208	06:25:30	09:55:56	11:40:59	14:24:37	17:19:17	19:22:47.85	19:23:21.00	10:34	5.7
251	SOWIŃSKA-JANEK JOANNA	3019	KB MARATON TUREK	TUREK	POL	SENIOR II K - 30	21	K 43	06:20:25	09:57:17	11:46:23	14:40:27	17:22:28	19:24:47.45	19:25:15.65	10:35	5.7
252	TUREK MARCIN	3039	KĘSY TEAM	OBORNIKI	POL	SENIOR II M - 30	73	M 209	05:40:26	09:10:04	10:51:46	13:53:50	16:56:43	19:24:48.55	19:25:23.20	10:35	5.7
253	SAMUŚ DARIUSZ	3179	BIESZCZADZKIE MORSY	RZESZÓW	POL	MASTERS M - 40	101	M 210	06:20:35	09:57:27	11:46:29	14:40:40	17:22:57	19:25:08.80	19:25:30.35	10:35	5.7
254	DAWIDOWICZ WOJCIECH	3283	ŚLĘZAKTEAM	DOBROSZYCE	POL	SENIOR II M - 30	74	M 211	05:53:59	09:19:58	11:14:36	14:07:37	17:06:08	19:27:41.55	19:27:54.35	10:36	5.7
255	STOLARSKA MONIKA	3081	KBKS RADOMSKO	RADOMSKO	POL	SENIOR II K - 30	22	K 44	06:12:41	09:53:44	11:43:38	14:41:16	17:31:52	19:28:13.25	19:28:37.60	10:37	5.6

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
256	DUDA DARIUSZ	3037		PYSKOWICE	POL	SENIOR II M - 30	75	M 212	06:22:41	09:52:56	11:45:50	14:43:31	17:19:38	19:29:11.80	19:29:35.45	10:37	5.6
257	WARACHOWSKI STEFAN	3249		GRODZISK MAZOWIECKI	POL	MASTERS M - 40	102	M 213	06:28:13	10:04:59	11:52:24	14:43:23	17:17:33	19:29:42.25	19:30:08.70	10:38	5.6
258	GRABKOWSKI RAFAŁ	3399	DOGOŃ GRODZISK MAZOWIECKI	ODRANO-WOLA	POL	MASTERS M - 40	102	M 213	06:28:14	10:05:26	11:52:22	14:43:16	17:17:32	19:29:41.65	19:30:08.70	10:38	5.6
259	OLIŃSKI PAWEŁ	3177		POZNAŃ	POL	SENIOR II M - 30	76	M 215	06:11:08	09:45:00	11:46:30	14:44:37	17:26:02	19:30:13.90	19:31:23.70	10:38	5.6
260	SIKORSKI DARIUSZ	3523	INSERT TEAM	DZIERŻONIÓW	POL	MASTERS M - 40	104	M 216	05:40:13	08:59:38	10:56:00	13:48:23	17:01:41	19:31:55.25	19:32:34.05	10:39	5.6
261	HERDZINA WOJCIECH	3049	RUN AWAY TEAM	CHYBIE	POL	MASTERS M - 40	105	M 217	06:27:32	10:02:50	11:59:58	14:50:40	17:45:20	19:32:32.05	19:32:56.30	10:39	5.6
262	STĘPNOWSKI JAKUB	3281	ORTHOS TEAM	LEGIONOWO	POL	SENIOR II M - 30	77	M 218	06:18:44	10:02:19	12:02:27	14:49:52	17:46:19	19:37:26.45	19:39:13.40	10:42	5.6
263	SEKMAN TOMASZ	3077		KRAKÓW	POL	MASTERS M - 40	106	M 219	05:34:24	09:12:55	11:23:00	14:30:10	17:20:35	19:40:01.80	19:40:08.95	10:43	5.6
264	SZKODA MARIUSZ	3164	3:33 TEAM	TRZCIANKA	POL	WETERAN I M - 50	30	M 220	06:30:56	10:08:41	12:09:23	14:49:14	17:27:59	19:40:29.75	19:42:01.00	10:43	5.6
265	GAŁACKA JOANNA	3471		WARSZAWA	POL	MASTERS K - 40	15	K 45	06:10:58	09:43:06	11:55:15	14:38:38	17:13:47	19:42:23.40	19:42:36.35	10:44	5.6
266	PUCHAŁSKI ZBIGNIEW	3253		KWIDZYN	POL	SENIOR II M - 30	78	M 221	05:56:35	09:26:38	11:19:51	14:32:33	17:39:58	19:43:52.35	19:44:57.15	10:45	5.6
267	MICHAŁAK MATEUSZ	3240		WARLUBIE	POL	SENIOR II M - 30	79	M 222	05:59:34	09:31:55	11:27:07	14:30:37	17:37:07	19:43:01.15	19:44:57.25	10:45	5.6
268	MICHAŁOWSKI MACIEJ	3241	KLUB PRZYJACIÓŁ MYSZKI MIKI	WARLUBIE	POL	SENIOR II M - 30	80	M 223	05:59:33	09:31:50	11:26:55	14:31:36	17:37:05	19:43:01.90	19:44:57.55	10:45	5.6
269	CIERCZEK RAFAŁ	3482		ROGÓW SOBÓCKI	POL	SENIOR II M - 30	81	M 224	05:48:38	09:21:11	11:20:13	14:21:50	17:24:37	19:50:53.35	19:51:34.20	10:49	5.5
270	HORZELA ADAM	3207	HURAGAN LIGOTA	KATOWICE	POL	SENIOR II M - 30	82	M 225	06:20:04	09:52:18	12:08:08	15:05:51	17:55:13	19:51:23.75	19:51:38.50	10:49	5.5
271	BRZozowski RAFAŁ	3537		WŁODZKO	POL	WETERAN I M - 50	31	M 226	06:16:47	09:51:15	11:58:11	15:00:03	17:50:44	19:53:36.15	19:54:04.25	10:51	5.5
272	WRZESIŃSKI ŁUKASZ	3374	POWER&PAKER	WROCLAW	POL	MASTERS M - 40	107	M 227	06:20:31	09:53:02	11:50:26	14:56:40	17:48:02	19:55:13.90	19:55:16.85	10:51	5.5
273	MIS PIOTR	3002	DIEHL RUNNING TEAM	NAMYSŁÓW	POL	SENIOR II M - 30	83	M 228	06:21:48	10:04:18	12:03:32	14:47:57	17:35:34	19:55:11.70	19:56:06.20	10:51	5.5
274	CIEŚLAK KRZYSZTOF	3423	ULTRAFAZA.PL	ZIELONA GÓRA	POL	SENIOR II M - 30	84	M 229	06:21:42	10:07:45	12:08:00	14:58:49	18:04:43	19:56:10.25	19:57:11.70	10:52	5.5
275	CIEŚLAK JAKUB	3420		RZEPIN	POL	MASTERS M - 40	108	M 230	06:21:40	10:07:43	12:08:00	14:58:47	18:04:42	19:56:26.00	19:57:27.00	10:52	5.5
276	BŁASZCZYK LUIZA	3152		MECHLIN	POL	SENIOR II K - 30	23	K 46	06:31:32	10:11:02	12:03:47	15:07:07	18:05:13	19:56:49.05	19:57:34.55	10:52	5.5
277	JARZĘBSKI MATEUSZ	3153		MECHLIN	POL	SENIOR II M - 30	85	M 231	06:31:32	10:11:04	12:03:49	15:07:17	18:05:24	19:56:50.10	19:57:35.65	10:52	5.5
278	GRAD ŁUKASZ	3052	FITNESS PIEKARY LEGNICA	LEGNICA	POL	MASTERS M - 40	109	M 232	06:39:51	10:46:48	12:41:02	15:26:12	17:58:21	19:57:35.05	19:58:03.90	10:53	5.5
279	DOBEK MATEUSZ	3246	JAWOR RIVER GYM	JAWOR	POL	MASTERS M - 40	110	M 233	06:39:51	10:46:42	12:41:01	15:26:04	17:58:44	19:57:34.65	19:58:04.40	10:53	5.5
280	WOŹNIAK ANDRZEJ	3099		BRZEG DOLNY	POL	WETERAN I M - 50	32	M 234	05:31:08	09:02:11	11:03:31	14:13:32	17:26:50	20:04:12.00	20:04:18.90	10:56	5.5
281	OZIMINA HUBERT	3194	OBORYGENI	OBORNIKI SLASKIE	POL	MASTERS M - 40	111	M 235	06:20:27	10:06:49	12:12:04	15:11:42	17:59:59	20:04:28.90	20:04:39.55	10:56	5.5
282	LIS SŁAWOMIR	3018		OSTROLEKA	POL	WETERAN II M - 60	4	M 236	06:11:02	09:53:47	11:38:48	15:01:24	17:53:54	20:03:39.75	20:05:27.55	10:56	5.5
283	DOMAGAŁA GRAZYNA	3372		WROCLAW	POL	SENIOR II K - 30	24	K 47	05:29:35	09:01:15	10:51:40	14:07:24	17:58:34	20:05:43.15	20:06:04.35	10:57	5.5
284	ROSZYK TOMASZ	3317	TKKF MPK POZNAŃ	POZNAŃ	POL	MASTERS M - 40	112	M 237	06:49:28	10:30:10	12:30:46	15:25:16	18:15:57	20:07:51.50	20:08:23.10	10:58	5.5
285	ROSZYK MAGDALENA	3454	TKKF MPK POZNAŃ/BIEGAJĄCE KREJZOLE	POZNAŃ	POL	MASTERS K - 40	16	K 48	06:49:30	10:30:03	12:30:46	15:25:40	18:16:03	20:07:59.90	20:08:30.95	10:58	5.5
286	TYLMAN MAŁGORZATA	3237		ŁÓDŹ	POL	MASTERS K - 40	17	K 49	06:12:11	10:06:15	12:17:15		18:06:54	20:08:21.30	20:08:39.95	10:59	5.5
287	OLEJNIK MARCIN	3530		ŻERNIKI WROCLAWSKIE	POL	MASTERS M - 40	113	M 238	06:26:07	10:09:48	12:02:27	15:08:32	18:04:13	20:08:03.60	20:09:32.25	10:58	5.5
288	GRYCMAN MAGDA	3426	SPARTA ULTRA TEAM	TRZCINICA	POL	MASTERS K - 40	18	K 50	06:15:31	09:42:08	11:42:11	14:55:43	17:52:08	20:09:21.90	20:09:36.80	10:59	5.5
289	KUPCZAK EWA	3453	SPARTA ULTRA TEAM	MROCZEŃ	POL	WETERAN K - 50	5	K 51	06:15:32	09:42:04	11:42:11	14:55:45	17:52:21	20:09:22.10	20:09:37.15	10:59	5.5
290	JÓZEF MATEUSZ	3069	ULTRAJÓZKI	MYŚLOWICE	POL	SENIOR II M - 30	86	M 239	06:19:36	10:10:01	12:15:02	15:18:32	18:19:57	20:10:55.15	20:11:41.25	11:00	5.5
291	SZCZERBAKOWICZ KAMIL	3402		NADOLICE WIELKIE	POL	SENIOR II M - 30	87	M 240	05:56:56	09:32:54	11:51:36	15:06:17	18:17:18	20:12:05.50	20:12:37.10	11:01	5.4
292	FILIPEK MAŁGORZATA	3017		BYDGOSZCZ	POL	SENIOR II K - 30	25	K 52	06:11:53	09:49:56	11:50:06	14:43:41	17:37:33	20:13:07.05	20:13:25.55	11:01	5.4
293	SKORUPA ADAM	3126		KATOWICE	POL	SENIOR II M - 30	88	M 241	05:16:29	08:37:40	10:26:52	13:12:39	18:14:09	20:17:42.70	20:17:51.40	11:04	5.4
294	HOLIK IWONA	3437	GORLICKA GRUPA BIEGOWA	BIECZ	POL	MASTERS K - 40	19	K 53	06:28:53	10:18:54	12:23:53		18:18:55	20:16:57.60	20:18:17.00	11:03	5.4
295	DYLAĞ KATARZYNA	3466	GGB	BIECZ	POL	MASTERS K - 40	20	K 54	06:28:52	10:18:55	12:23:51	15:30:42	18:14:38	20:16:55.70	20:18:17.30	11:03	5.4
296	MARZEC DOMINIK	3259		WROCLAW	POL	SENIOR II M - 30	89	M 242	06:12:56	09:50:29	11:57:57	15:16:49	18:13:48	20:18:00.40	20:18:29.55	11:04	5.4
297	BALUTA PAWEŁ	3519	BARUNOWCE	WARSZAWA	POL	MASTERS M - 40	114	M 243	06:26:52	10:13:31	12:14:24	15:10:42	18:28:17	20:22:15.50	20:22:38.20	11:06	5.4
298	JURCZAK ROBERT	3195		MIŃSK MAZOWIECKI	POL	WETERAN I M - 50	33	M 244	06:20:50	10:08:54	12:14:05	15:31:48	18:11:18	20:28:12.95	20:28:41.90	11:09	5.4
299	RYCHEL-MANTUR DOMINIKA	3079		KATOWICE	POL	SENIOR II K - 30	26	K 55	05:56:50	09:14:47	11:21:48	14:51:56	18:02:09	20:31:48.80	20:32:29.40	11:11	5.4
300	ZYCH MICHAŁ	3432		WARSZAWA	AFG	MASTERS M - 40	115	M 245	06:57:16	10:49:43	12:51:18	15:40:30	18:16:29	20:33:04.80	20:33:39.85	11:12	5.4
301	PODBIELSKA MAŁGORZATA	3434		WARSZAWA	POL	SENIOR II K - 30	27	K 56	06:57:20	10:49:48	12:51:24	15:40:38	18:16:57	20:33:05.90	20:33:40.15	11:12	5.4
302	DOLSKI MARCIN	3376		POZNAŃ	POL	SENIOR II M - 30	90	M 246	06:30:32	10:11:15	12:12:29	15:30:19	18:18:55	20:32:13.20	20:34:04.30	11:12	5.4

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
303	GLĄZ MAREK	3141	FORFITERY	STALOWA WOLA	POL	SENIOR II M - 30	91	M 247	06:37:23	10:16:50	12:15:28	15:30:52	18:20:23	20:35:06.20	20:35:40.45	11:13	5.3
304	KAMIŃSKI KRYSZTIAN	3219	DARKO NIESTĘPOWO	NIESTĘPOWO	POL	MASTERS M - 40	116	M 248	07:12:18	11:02:28	13:04:26		18:58:48	20:44:55.00	20:46:00.95	11:19	5.3
305	SYREK RAFAŁ	3244		DUSZNIKI ZDRÓJ	POL	WETERAN I M - 50	34	M 249	06:28:55	10:19:47	12:24:35		18:32:33	20:46:23.05	20:46:57.10	11:19	5.3
306	MATECKI ADRIAN	3291	YOGAHOME.PL	WARSZAWA	POL	SENIOR I M - 20	5	M 250	05:41:56	09:23:06	11:36:40	14:54:12	18:20:16	20:48:06.15	20:49:05.90	11:20	5.3
307	LEWANDOWSKI ADRIAN	3286		SIEDLCE	POL	SENIOR II M - 30	92	M 251	05:41:57	09:23:10	11:36:40	14:54:17	18:20:25	20:48:07.90	20:49:07.05	11:20	5.3
308	GRUNDKOWSKI OSKAR	3030		SOLEC KUJAWSKI	POL	SENIOR I M - 20	6	M 252	06:15:20	10:09:16	12:17:25	15:07:49	18:14:48	20:49:22.25	20:49:40.25	11:21	5.3
309	KALISZEWICZ PIOTR	3159		CHWARSZCZANY	POL	MASTERS M - 40	117	M 253	06:55:05	10:52:04	12:59:43	15:57:31	19:01:16	20:49:56.65	20:50:33.75	11:21	5.3
310	KOŁODZIEJ MIROSŁAW	3331	WOLNY KRAFT	WARSZAWA	POL	SENIOR II M - 30	93	M 254	05:55:02	10:10:17	12:17:05	15:53:18	19:19:22	20:50:25.85	20:50:52.25	11:22	5.3
311	POŁCZYŃSKI PAWEŁ	3009	STALOWA ŁYDA	CEREKWICA	POL	SENIOR II M - 30	94	M 255	05:58:26	09:41:46	11:59:55	15:17:09	18:15:34	20:51:43.75	20:51:59.20	11:22	5.3
312	KRAWCZYK MIROSŁAW	3140		OŚWIECIM	POL	WETERAN II M - 60	5	M 256	06:45:54	10:32:17	12:37:41	15:54:04	18:43:38	20:52:36.65	20:53:02.10	11:23	5.3
313	ŁOWICKA MAJA	3111	AKTYWNI RAZEM	KOZIEGŁOWY	POL	SENIOR II K - 30	28	K 57	07:00:23	11:40:33	13:45:26	16:32:18	19:07:53	20:55:10.60	20:55:29.40	11:24	5.3
314	KALISZEWICZ EWA	3156		CHWARSZCZANY	POL	MASTERS K - 40	21	K 58	06:55:47	10:52:32	13:04:26	16:07:55	19:01:27	20:55:27.85	20:56:05.25	11:24	5.3
315	NOSEK MACIEJ	3061	STALOWA ŁYDA	KIEKRZ	POL	SENIOR II M - 30	95	M 257	05:55:48	09:33:19	11:43:33	15:25:20	18:43:08	20:57:04.45	20:57:19.00	11:25	5.3
316	JABKOWSKI ŁUKASZ	3015	KHG GROUP	WROCŁAW	POL	SENIOR I M - 20	7	M 258	06:43:18	10:06:19	12:11:55	15:36:33	18:41:42	20:55:51.55	20:57:37.85	11:25	5.3
317	FRANKOWSKI DARIUSZ	3491	SZAMANI W TRANSIE	BYTOM	POL	WETERAN I M - 50	35	M 259	06:43:38	10:29:39	12:33:01	15:52:54	18:47:43	21:02:11.45	21:02:44.55	11:28	5.2
318	GÓRNY PRZEMYSŁAW	3072	KLUB BIEGACZA SUPERMARATOŃCZYK	KOLONIA SKARSZEWEK	POL	MASTERS M - 40	118	M 260	06:39:05	10:33:47	12:37:33	15:37:40	18:53:30	21:12:24.10	21:13:28.45	11:34	5.2
319	GÓRNY MAGDALENA	3074	KLUB BIEGACZA SUPERMARATOŃCZYK	KOLONIA SKARSZEWEK	POL	MASTERS K - 40	22	K 59	06:39:05	10:33:45	12:37:34	15:37:37	18:53:35	21:12:25.70	21:13:28.60	11:34	5.2
320	BOCIEJ ARKADIUSZ	3378		SZCZECIN	POL	SENIOR I M - 20	8	M 261	05:35:48	09:27:48	11:35:17	14:56:59	18:01:40	21:14:12.10	21:14:30.85	11:35	5.2
321	STAJNIAK-STELIGA IZABELA	3451	OBORYGENI	WILCZYN	POL	MASTERS K - 40	23	K 60	06:58:00	11:02:29	13:01:43	15:53:23	18:57:38	21:15:35.75	21:15:47.15	11:35	5.2
322	PARYSZ ANNA	3450	STARE BABICE BIEGAJA	BLIZNE JASIŃSKIEGO	POL	WETERAN II K - 60	1	K 61	06:57:20	10:43:14	12:59:13	15:53:58	19:05:28	21:16:10.00	21:16:29.65	11:36	5.2
323	PIERZCHALSKI SEBASTIAN	3063	KBKS RADOMSKO	RADOMSKO	POL	SENIOR II M - 30	96	M 262	06:12:42	10:05:17	12:09:07	15:31:58	19:00:00	21:16:29.95	21:16:54.95	11:36	5.2
324	WALCZAK MICHAŁ	3258		LISOWICE	POL	MASTERS M - 40	119	M 263	06:31:21	10:46:07	12:55:28	15:55:30	18:56:11	21:17:17.45	21:17:55.45	11:36	5.2
325	MATUSZEWSKA MAŁGORZATA	3481	RUNNER'S POWER - POWIAT ŚREMSKI	ŚREM	POL	MASTERS K - 40	24	K 62	06:57:50	10:46:22	12:55:48	15:55:45	18:55:55	21:17:38.15	21:17:55.65	11:36	5.2
326	KACZMAREK MIROSŁAW	3480	RUNNER'S POWER	ŚREM	POL	SENIOR II M - 30	97	M 264	06:57:49	10:46:32	12:55:51	15:56:33	18:55:55	21:17:37.85	21:17:55.85	11:36	5.2
327	DOMINIAK BARTOSZ	3027	#BARTEKBIEGA	WARSZAWA	POL	MASTERS M - 40	120	M 265	06:29:58	10:28:43	12:40:58	16:08:57	19:20:39	21:17:29.70	21:17:57.15	11:36	5.2
328	RUTKOWSKA MAŁGORZATA	3188	GOLUB-DOBRYŃ	POL	WETERAN K - 50	6	K 63	08:43:37	13:22:27	15:28:07		19:50:37	21:18:34.00	21:19:34.00	11:37	5.2	
329	KUTYŁA AGNIESZKA	3411	NIEPOŁOMICE BIEGAJA	NIEPOŁOMICE	POL	WETERAN K - 50	7	K 64	06:33:03	10:14:21	12:29:56	15:58:56	19:07:34	21:18:49.75	21:19:43.35	11:37	5.2
330	KUTYŁA STANISŁAW	3412	ORANGE POLSKA	NIEPOŁOMICE	POL	WETERAN I M - 50	36	M 266	06:33:02	10:14:18	12:29:55	15:58:51	19:07:31	21:18:49.60	21:19:43.35	11:37	5.2
331	POŹNIAK MARCIN	3036	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	SENIOR II M - 30	98	M 267	07:07:54	10:56:12	12:50:31	16:12:06	19:29:04	21:19:19.35	21:20:44.45	11:37	5.2
332	KOCJAŃ MARCIN	3516		KLUCZE	POL	SENIOR II M - 30	99	M 268	06:19:34	10:19:04	12:17:22	15:27:45	18:39:22	21:19:59.60	21:20:46.30	11:38	5.2
333	SZUMSKI WALDEMAR	3271	4RUN BROOKS TEAM GDAŃSK	GDAŃSK	POL	MASTERS M - 40	121	M 269	06:50:39		12:50:22	14:13:28	18:57:34	21:22:26.95	21:23:42.45	11:39	5.1
334	SAMBORSKI PIOTR	3041	WKURW_TEAM	TORUŃ	POL	SENIOR II M - 30	100	M 270	05:54:56	09:34:15	11:51:59	15:20:37	19:03:04	21:23:26.50	21:24:55.10	11:40	5.1
335	MATYJA RAFAŁ	3531		LIPNO	POL	SENIOR II M - 30	101	M 271	07:28:46	11:00:44	13:05:44	16:27:58	19:30:43	21:26:29.90	21:26:41.65	11:41	5.1
336	ŁUCZAK MARCIN	3325		TUREK	POL	MASTERS M - 40	122	M 272	06:40:11	10:10:27	12:18:15	15:38:24	18:56:16	21:29:09.00	21:29:39.15	11:43	5.1
337	NORAS ALINA	3224	ENDURANCE TEAM	IMIELIN	POL	SENIOR II K - 30	29	K 65	06:39:37	10:09:21	12:17:02	15:35:23	18:42:25	21:28:03.25	21:29:47.90	11:42	5.1
338	KAROLEWSKI MACIEJ	3319	KROTOSZYŃSKA GRUPA BIEGOWA	KROTOSZYN	POL	MASTERS M - 40	123	M 273	05:48:08	09:43:30	11:52:54	15:22:28	18:56:52	21:29:32.00	21:30:47.50	11:43	5.1
339	BIES ANDŻEJU JAKCINAIMIĘ	3460	ZDRAJCY METALU	OSIEK	POL	MASTERS M - 40	124	M 274	06:31:00	10:34:46	12:51:09	16:23:37	19:18:17	21:35:54.85	21:37:34.75	11:46	5.1
340	SOCHAJ ANNA	3113	FUKUNDA	KRAKÓW	POL	SENIOR II K - 30	30	K 66	06:29:14	10:20:26	12:55:38	16:19:19	19:16:23	21:35:56.25	21:37:35.10	11:46	5.1
341	PAPIEROWSKA DAGMARA	3023		POZNAŃ	POL	SENIOR II K - 30	31	K 67	07:11:39	11:07:26	13:03:49	16:19:45	19:21:05	21:37:32.15	21:38:00.90	11:47	5.1
342	TERETYKA DOROTA	3024	BIEGAJĄCE KREJZOLE	KAMIONKI	POL	MASTERS K - 40	25	K 68	07:11:44	11:07:25	13:03:50	16:19:25	19:23:10	21:37:33.70	21:38:01.05	11:47	5.1
343	LIS SEBASTIAN	3064	KB DĘBIEC	POZNAŃ	POL	SENIOR II M - 30	102	M 275	07:11:41	11:07:31	13:03:53	16:19:49	19:23:10	21:37:32.65	21:38:01.80	11:47	5.1
344	DATA DARIUSZ	3252	KUGUAR XTREME RUNNERS	KLETNO	POL	WETERAN I M - 50	37	M 276	07:16:39	11:07:11	13:05:00	16:18:50	19:21:43	21:36:49.65	21:38:28.50	11:47	5.1
345	KUBICA ANNA	3387		POZNAŃ	POL	MASTERS K - 40	26	K 69	07:17:17	11:04:29	12:53:31	16:02:54	19:22:47	21:37:20.00	21:38:34.20	11:47	5.1
346	LORYŚ ADAM	3150	FORFITERY / PLANETA NISKO	NISKO	POL	SENIOR II M - 30	103	M 277	06:31:46	11:01:54	13:25:55	16:26:53	19:32:02	21:38:11.25	21:38:45.10	11:48	5.1
347	KOSZAŁKA MARCIN	3051	FORFITERY	KRAKÓW	POL	SENIOR II M - 30	104	M 278	06:37:22	11:01:56		16:27:05	19:31:58	21:38:12.05	21:38:46.15	11:48	5.1
348	MICHAŁSKA JOANNA	3222	VELUX	GNIEZNO	POL	MASTERS K - 40	27	K 70	06:30:03	10:34:45	12:59:59	16:20:20	19:34:13	21:42:17.25	21:42:34.80	11:50	5.1
349	STRZELEC TOMASZ	3135		GRYFINO	POL	MASTERS M - 40	125	M 279	07:01:59	11:02:19	13:34:13	16:48:40	19:43:04	21:41:48.90	21:42:59.20	11:50	5.1
350	LUBAŃSKI MATEUSZ	3472	KS DŁUGOŁĘKA 2000	DŁUGOŁĘKA	POL	SENIOR II M - 30	105	M 280	06:30:56	10:19:03	12:29:39	16:06:08	19:37:49	21:42:36.75	21:43:19.35	11:50	5.1



**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
351	WĘCLEWSKI MARCIN	3178		WARSZAWA	POL	MASTERS M - 40	126	M 281	06:40:39	11:03:07	13:39:03	17:02:55	19:49:47	21:49:59.15	21:50:18.40	11:54	5
352	PASTWA GRZEGORZ	3524		CHMIELNIK	POL	SENIOR II M - 30	106	M 282	06:48:32	11:18:41	13:41:38	16:28:38	19:29:39	21:53:50.50	21:53:52.10	11:56	5
353	SUŁEK ALDONA	3428	ZOELLER TECH	WEJHEROWO	POL	MASTERS K - 40	28	K 71	07:20:01	11:14:44	13:28:33	16:46:34	19:43:26	21:54:13.85	21:54:43.70	11:56	5
354	LAJTER JERZY	3214	4 RUN TEAM PIŁA	PIŁA	POL	WETERAN II M - 60	6	M 283	07:32:21	11:39:34	13:54:02	17:13:25	19:54:17	21:53:30.60	21:55:02.10	11:56	5
355	MAJCHRZYCKI SŁAWOMIR	3515	TKKF MPK POZNAŃ	KIJEWÓ/ŚRODA WŁKP.	POL	MASTERS M - 40	127	M 284	06:29:57	10:35:37	12:59:54	16:20:47	19:34:23	21:56:57.20	21:57:20.20	11:58	5
356	FARBISZEWSKI MAREK	3510	ORANGE POLSKA	WARSZAWA	POL	MASTERS M - 40	128	M 285	06:26:47	10:12:25	12:30:33	15:43:32	19:11:21	22:03:52.50	22:04:56.20	12:02	5
357	SOBKOWIAK SŁAWOMIR LOCCO	3385	WRONIECKI KLUB BIEGACZA	WRONKI	POL	WETERAN I M - 50	38	M 286	06:47:42	11:01:45	13:29:11	16:55:25	19:55:17	22:06:04.80	22:06:35.55	12:03	5
358	STOŁOWSKI ROBERT	3012		WIELEŃ	POL	MASTERS M - 40	129	M 287	06:54:52	11:01:40	13:29:23	16:56:03	19:55:03	22:06:05.70	22:06:35.75	12:03	5
359	PIETRUCHA ADAM	3425	DRUŻYNA SZPIKU	POZNAŃ	POL	SENIOR II M - 30	107	M 288	06:45:17	10:41:47	13:00:09		19:46:36	22:08:44.35	22:10:26.75	12:04	5
360	MUCHA KATARZYNA	3208	NOA	WROCLAW	POL	WETERAN K - 50	8	K 72	06:49:36	10:19:18	12:25:19		19:26:44	22:13:23.35	22:14:08.10	12:07	4.9
361	ŻEBROWSKI PIOTR	3464		DOPIEWIEC	POL	SENIOR II M - 30	108	M 289	06:35:22	10:19:26	12:25:25	15:50:12	19:18:18	22:16:10.80	22:16:52.95	12:08	4.9
362	FRĄCZKOWIAK DOMINIK	3068		ŚMIGIEL	POL	SENIOR II M - 30	109	M 290	06:22:21	10:19:32	12:34:42	15:59:39	19:52:53	22:16:29.95	22:16:53.15	12:08	4.9
363	JANKOWSKI SZYMON	3353		NOWY DWÓR MAZOWIECKI	POL	MASTERS M - 40	130	M 291	06:51:04	10:47:35	13:17:29		19:52:25	22:16:51.50	22:18:45.10	12:09	4.9
364	BIEDA BERNARD	3407		CZĘSTOCHOWA	POL	SENIOR II M - 30	110	M 292	06:40:41	11:04:17	13:39:04	17:03:08	20:05:02	22:21:26.70	22:21:45.45	12:11	4.9
365	NOWAK IWONA	3157	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	MASTERS K - 40	29	K 73	07:49:14	11:40:59	13:45:16	17:00:25	20:04:20	22:23:28.25	22:24:17.35	12:12	4.9
366	KRAJEWSKA-KŁODA KATARZYNA	3155	DRUŻYNA SZPIKU	RADZEWÓ	POL	MASTERS K - 40	30	K 74	07:19:45	11:27:05	13:58:55	17:17:45	20:19:12	22:25:54.55	22:27:35.25	12:14	4.9
367	BARANIAK BEATA	3160	DRUŻYNA SZPIKU	DASZEWICE	POL	WETERAN K - 50	9	K 75	07:19:42	11:26:57	13:58:55	17:17:52	20:19:27	22:25:55.20	22:27:36.35	12:14	4.9
368	DARSKI RAFAŁ	3124	RECAMIERE	WARSZAWA	POL	WETERAN II M - 60	7	M 293	07:09:00	11:13:45	13:31:50	16:47:55	20:13:19	22:28:52.90	22:29:17.55	12:15	4.9
369	SKIBA ANNA	3335	KB HARCOWNIK	MŁOSZYCE	POL	MASTERS K - 40	31	K 76	06:48:38	10:50:23	13:05:01	16:44:59	20:00:22	22:31:05.95	22:31:51.00	12:16	4.9
370	SOSZYŃSKA KATARZYNA	3533	ULTRA WAY TEAM	GDYNIA	POL	MASTERS K - 40	32	K 77	06:47:41	10:26:39	12:34:41	16:04:40	19:26:47	22:31:24.80	22:31:54.95	12:17	4.9
371	SZUMLAS MARCIN	3008	ULTRA WAY TEAM	POŁCHOWO	POL	MASTERS M - 40	131	M 294	06:46:56	10:26:04	12:33:47	16:04:02	19:25:47	22:30:39.40	22:31:55.50	12:16	4.9
372	SZANDAŁA JACEK	3225	CAŁA OLEŚNICA BIEGA	OLEŚNICA	POL	MASTERS M - 40	132	M 295	05:58:23	09:29:06	11:26:07	14:44:59	18:05:04	22:32:06.10	22:32:47.55	12:17	4.9
373	KONIECZKO RAFAŁ	3031		PORAJ	POL	WETERAN I M - 50	39	M 296	06:58:18	11:03:24	13:06:40	16:43:26	20:15:26	22:32:57.90	22:33:18.95	12:17	4.9
374	KĄŻMIERCZAK ALEKSANDRA	3100	SKORUPA SPORT	WOLA	POL	MASTERS K - 40	33	K 78	07:27:02	11:42:20	13:46:00	17:16:04	20:09:22	22:32:47.70	22:33:19.00	12:17	4.9
375	CHOŁOTA MAREK	3033		PIŁA	POL	MASTERS M - 40	133	M 297	06:58:21	11:03:35	13:08:36	16:50:15	20:06:47	22:33:21.60	22:33:41.65	12:18	4.9
376	JĄSTRZĄB-STANDERSKA JOANNA	3013		CZĘSTOCHOWA	POL	MASTERS K - 40	34	K 79	06:58:19	11:03:31	13:07:37	16:49:11	20:13:35	22:33:20.80	22:33:41.75	12:18	4.9
377	OBŁUDKA ADAM	3297	BEERSPIRIT	ZĄBKI	POL	MASTERS M - 40	134	M 298	07:25:58	11:24:01	13:32:45	17:27:50	20:22:38	22:32:03.50	22:33:47.75	12:17	4.9
378	WIECZOREK SŁAWOMIR	3388		WRONKI	POL	MASTERS M - 40	135	M 299	06:54:54	11:01:54	13:30:17	17:11:32	20:07:53	22:34:13.70	22:34:44.55	12:18	4.9
379	ŚCIEGOSZ DANIEL	3518	STANWEX II	JÓZEFÓW	POL	SENIOR II M - 30	111	M 300	06:37:11	11:16:14	13:48:12	18:03:43	20:43:35	22:38:08.65	22:38:34.80	12:20	4.9
380	CISZEWSKI KRZYSZTOF	3134		SOŚNICOWICE	POL	MASTERS M - 40	136	M 301	06:39:22	10:45:29	12:54:31	16:35:24	20:12:53	22:38:54.90	22:38:34.50	12:21	4.9
381	LEPIARZ BEATA	3347	W KOBIECIE SIŁA	KRAKÓW	POL	WETERAN K - 50	10	K 80	06:43:04	10:49:08	13:27:36	16:49:41	20:09:20	22:44:21.70	22:44:53.05	12:24	4.8
382	SOBZACKI GRZESIU	3310	WIELUŃ BIEGA	WIELUŃ	POL	MASTERS M - 40	137	M 302	06:05:09	09:44:42	11:44:41	15:08:18		22:52:14.00	22:52:14.00	12:28	4.8
383	SURDACKI JERZY	3143	DRUŻYNA SZPIKU	GRYFINO	POL	WETERAN I M - 50	40	M 303	07:39:33	11:53:03	14:34:14		20:58:33	22:52:26.60	22:53:33.10	12:28	4.8
384	BOTTCHER ANDRZEJ	3247		STRZELIN	POL	MASTERS M - 40	138	M 304	06:54:34	11:04:34	13:32:18	17:32:43	20:35:55	22:54:35.45	22:55:51.45	12:29	4.8
385	MUSZYŃSKI JAKUB	3248		STRZELIN	POL	SENIOR II M - 30	112	M 305	06:54:37	11:04:39	13:32:20		20:35:55	22:54:38.80	22:55:53.85	12:29	4.8
386	PROCHNO PIOTR	3001	TRAIL IS OUR WAY	WŁOCŁAWEK	POL	SENIOR II M - 30	113	M 306	06:20:22	09:57:37	12:06:59	16:09:29	20:03:33	22:56:14.25	22:56:46.95	12:30	4.8
387	CZYŻ ŁUKASZ	3034	ES TEAM	SOSNOWIEC	POL	MASTERS M - 40	139	M 307	06:32:27	10:36:10	13:02:21	16:41:21	20:16:21	22:57:10.20	22:57:30.15	12:31	4.8
388	WĘGIERSKA MAŁGORZATA	3496		WARSZAWA	POL	SENIOR II K - 30	32	K 81	05:55:04	10:21:46	12:55:26	16:31:37	19:54:46	22:57:32.85	22:57:59.25	12:31	4.8
389	WITKOWSKA MARIA	3095	TEAM DFBG	KATOWICE	POL	WETERAN II K - 60	2	K 82	07:22:40	11:15:21	13:42:10	17:13:42	20:26:30	23:02:18.10	23:03:09.55	12:33	4.8
390	STROMIDŁO ANNA	3078	BROWAR DOMOWY HATAK	PIŁA	POL	MASTERS K - 40	35	K 83	07:40:42	11:41:33	14:04:55	17:30:02	20:37:24	23:04:21.65	23:04:31.05	12:35	4.8
391	STROMIDŁO SEBASTIAN	3065	BR - W STRONĘ ULTRA (PODCAST)	PIŁA	POL	MASTERS M - 40	140	M 308	07:40:41	11:41:30	14:04:52	17:30:09	20:37:22	23:04:22.15	23:04:31.30	12:35	4.8
392	DEMCHAR JACEK	3092		TRZCIANKA	POL	WETERAN I M - 50	41	M 309	07:22:57	11:15:53	13:40:12	17:03:38	20:36:02	23:03:35.95	23:05:06.30	12:34	4.8
393	GINTER GRZEGORZ	3196	AZS COLLEGIUM MEDICUM UJ	KRAKÓW	POL	SENIOR II M - 30	114	M 310	07:32:55	12:40:13	14:47:44	18:04:41	21:10:53	23:04:49.05	23:05:17.30	12:35	4.8
394	WARSZYCKI ARTUR	3314	BIEGAJĄCE KREJZOLE	POZNAŃ	POL	SENIOR II M - 30	115	M 311	07:00:06	11:08:06	13:33:19	18:11:04	21:02:43	23:06:04.30	23:06:39.10	12:36	4.8
395	KROLS HILDE	3440	VOS SCHAFFEN	MOL	BEL	WETERAN II K - 60	3	K 84	07:31:42	11:52:19	14:14:29	17:56:14	21:09:57	23:05:44.05	23:07:21.65	12:35	4.8
396	WITLICKI KACPER	3193		KROSNO ODRZAŃSKIE	POL	SENIOR I M - 20	9	M 312	05:48:27	09:24:34	11:21:55	14:41:12	20:40:24	23:07:10.10	23:07:30.85	12:36	4.8
397	SERAFIN MICHAŁ	3151	HWBC	WROCLAW	POL	MASTERS M - 40	141	M 313	06:51:57	11:07:27	13:38:14	17:03:28	20:57:01	23:12:23.05	23:13:11.90	12:39	4.7
398	SZEMIK KAMILA	3462		WROCLAW	POL	MASTERS K - 40	36	K 85	07:35:50	11:39:37	14:07:03	17:23:46	20:34:57	23:11:34.40	23:13:23.65	12:39	4.7
399	MARUT KAŚKA	3350		GLIWICE	POL	MASTERS K - 40	37	K 86	07:07:49	11:14:55	13:31:01	17:22:17	20:40:24	23:11:59.25	23:13:26.20	12:39	4.7

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
400	BURLIGA MARZENA	3368		KNURÓW	POL	MASTERS K - 40	38	K 87	07:16:07	11:16:25	13:34:07	17:32:56	20:40:21	23:12:06.15	23:13:26.95	12:39	4.7
401	MAJEWSKA GIZELA	3366	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	WETERAN K - 50	11	K 87	07:15:47	11:15:31	13:34:05	17:32:47	20:40:32	23:12:02.45	23:13:26.95	12:39	4.7
402	GORCZYCA ŁUKASZ	3340		NOWE MIASTECZKO	POL	MASTERS M - 40	142	M 314	07:19:23	11:42:02	13:45:49	17:27:50	20:46:36	23:16:40.65	23:17:24.35	12:41	4.7
403	CHOMICZ ANDRZEJ	3226	NADAKTYWNI NOWE MIASTECZKO	NOWE MIASTECZKO	POL	SENIOR II M - 30	116	M 315	07:19:27	11:42:06	13:45:50	17:25:59	20:47:50	23:16:43.65	23:17:24.75	12:41	4.7
404	SUCHOCKI GRZEGORZ	3228	NADAKTYWNI NOWE MIASTECZKO	NOWE MIASTECZKO	POL	WETERAN I M - 50	42	M 316	07:19:23	11:41:56	13:45:50	17:18:10	20:46:43	23:16:42.90	23:17:25.20	12:41	4.7
405	JONCZYK JERZY	3285	TUPTUP	ŁĄDEK-ZDRÓJ	POL	WETERAN I M - 50	43	M 317	07:29:21	11:40:09	14:03:19	17:36:28	20:52:14	23:17:17.65	23:17:31.20	12:42	4.7
406	SZWEDLER-NOWACKA JOLANTA	3394		JULIANÓW	POL	MASTERS K - 40	39	K 89	07:35:53	11:39:42	14:07:10	17:24:12	20:35:03	23:15:47.95	23:17:37.10	12:41	4.7
407	GOGOŁIŃSKI PRZEMYSŁAW	3458		OTRĘBUSY	POL	MASTERS M - 40	143	M 318	07:34:07	11:39:43	14:07:10	17:23:40	20:34:59	23:15:50.45	23:17:41.10	12:41	4.7
408	ZEMANEK ARKADIUSZ	3459		KRAKÓW	POL	MASTERS M - 40	144	M 319	07:34:17	11:39:46	14:07:12	17:24:00	20:34:54	23:15:53.30	23:17:43.75	12:41	4.7
409	OSTASZEWSKI MARIUSZ	3256		WARSZAWA	POL	MASTERS M - 40	145	M 320	07:20:49	12:07:26	14:26:35	18:04:57	21:18:12	23:19:27.15	23:20:06.90	12:43	4.7
410	KĄŁUZIŃSKI DOMINIK	3067		WOŁOMIN	POL	SENIOR II M - 30	117	M 321	07:34:53	12:04:02	14:25:42	18:05:01	20:56:01	23:20:59.65	23:21:20.00	12:44	4.7
411	PIETRZYK SYLWESTER	3115	BIEGOWA KUŹNIA	BĘDZIN	POL	WETERAN I M - 50	44	M 322	07:01:30	11:21:01	13:34:52	17:16:03	20:46:07	23:23:13.70	23:23:36.55	12:45	4.7
412	JASKÓLSKA-PIETRZYK KINGA	3415	BIEGOWA KUŹNIA	BĘDZIN	POL	MASTERS K - 40	40	K 90	07:01:33	11:21:04	13:34:54	17:17:09	20:46:12	23:23:13.00	23:23:36.65	12:45	4.7
413	PUCZYŁOWSKI PATRYK	3546		WARSZASA	POL	SENIOR II M - 30	118	M 323	07:14:25	11:23:15	13:43:57	17:12:31	20:51:02	23:22:39.15	23:23:50.80	12:45	4.7
414	BALNER SEBASTIAN	3087	CZARNA TĘCZA	JAWORZNO	POL	WETERAN I M - 50	45	M 324	06:53:21	11:21:06	14:14:51	17:28:20	20:48:54	23:24:15.70	23:24:22.85	12:45	4.7
415	KOWAL SEBASTIAN	3479		RADOM	POL	SENIOR I M - 20	10	M 325	05:34:11	09:32:28	11:27:41	14:51:02	19:31:17	23:24:32.65	23:24:59.05	12:46	4.7
416	ZARZECZNY RADOSŁAW	3085	JUNIOR AMATOR SUPERSTAR	KRAKÓW	POL	SENIOR II M - 30	119	M 326	07:16:22	11:15:58	13:41:51	17:13:00	20:36:43	23:29:47.20	23:30:35.05	12:48	4.7
417	STEC IWONA	3029		BIELSKO-BIAŁA	POL	SENIOR II K - 30	33	K 91	06:57:41	11:13:58	13:41:11	17:28:09	20:46:18	23:30:21.25	23:31:59.50	12:49	4.7
418	ŁYSIAK KASIA	3273		DĄBRÓWKA	POL	SENIOR II K - 30	34	K 92	06:57:38	11:13:54	13:41:11	17:28:13	20:46:21	23:30:21.35	23:31:59.60	12:49	4.7
419	KICZINSKA IZABELA	3443	4 PUŁK CHEMICZNY	BRODNICA	POL	MASTERS K - 40	41	K 93	06:48:22	10:59:35	13:25:09	16:48:18	20:34:56	23:43:41.50	23:43:49.95	12:56	4.6
420	PAŁYSA ROBERT	3527	STANWEX II	JÓZEFÓW	POL	SENIOR I M - 20	11	M 327	06:37:57	11:16:24	13:46:19	18:19:17	21:11:14	23:44:01.75	23:44:27.55	12:56	4.6
421	FUNKA ANDRZEJ	3430	NKB CHYŻY	NOWY TOMYŚL	POL	WETERAN II M - 60	8	M 328	07:51:37	12:15:29	14:50:17	18:17:36	21:31:27	23:50:46.25	23:52:03.40	13:00	4.6
422	ZALEWSKI MARCIN	3391	ULTRA WAY TEAM	GDAŃSK	POL	MASTERS M - 40	146	M 329	07:27:12	11:15:30	13:35:59	17:12:31	20:51:02	23:53:05.00	23:53:05.00	13:01	4.6
423	HOJDA MARIUSZ	3542	COOL GUYS	WARSZAWA	POL	MASTERS M - 40	147	M 330	06:58:37	11:56:27	15:07:45	18:51:33	21:59:31	23:58:09.10	23:58:43.75	13:04	4.6
424	ALLEN STEPHEN	3369	BARNET & DISTRICT AC	ST ALBANS	GBR	WETERAN II M - 60	9	M 331	07:42:00	12:02:05	14:28:15	18:27:32	21:40:21	24:02:38.55	24:03:51.25	13:06	4.6
425	SYPIEWSKA HANNA	3512	ULTRAWAY TEAM	GDYNIA	POL	WETERAN II K - 60	4	K 94	08:03:59	12:17:26	14:44:25	18:08:38	21:42:04	24:13:16.15	24:14:08.65	13:12	4.5
426	OSSOWSKI ARKADIUSZ	3342	PROJEKT1000UP/RUNE DA	RUMIA	POL	MASTERS M - 40	148	M 332	07:27:35	11:45:06	14:05:39	18:10:00	21:42:27	24:13:36.50	24:14:08.85	13:12	4.5
427	MROZIK MARIUSZ	3356	DZIKIE DZIKI GORZÓW	SZCZECINEK	POL	MASTERS M - 40	149	M 333	07:13:59	11:34:09	14:16:53	18:12:25	21:47:19	24:20:48.95	24:21:08.90	13:16	4.5
428	KOLEJ MONIKA	3348	DZIKIE DZIKI GORZÓW	GORZÓW WLKP .	POL	MASTERS K - 40	42	K 95	07:14:00	11:34:01	14:16:51	18:12:19	21:47:17	24:20:49.75	24:21:09.10	13:16	4.5
429	SOBASZKIEWICZ RAFAŁ	3206	RUNCROSS ROZGARTY	TORUŃ	POL	WETERAN I M - 50	46	M 334	07:28:02	11:41:29	14:20:40	18:03:04	21:29:07	24:20:17.20	24:21:16.50	13:16	4.5
430	RUTKOWSKI KAZIMIERZ	3272	KUSY I SPÓŁKA	ŚLIWNO	POL	WETERAN II M - 60	10	M 335	08:33:00	12:34:40	14:54:45	18:49:30	22:10:37	24:25:59.05	24:27:33.00	13:19	4.5
431	ZYGMUNT MONIKA	3336		GIEDLAROWA	POL	WETERAN K - 50	12	K 96	07:19:01	11:35:22	14:14:10	18:05:55	21:26:04	24:28:05.40	24:29:30.95	13:20	4.5
432	ICIEK MARIUSZ	3469	AKTYWNI KAMIENSK	GOMUNICE	POL	MASTERS M - 40	150	M 336	08:03:06	12:28:45	15:12:51	18:32:49	22:09:09	24:27:53.25	24:29:46.25	13:20	4.5
433	POKOJSKA EWA	3416	WYBIEGAJ SIEBIE	LEGIONOWO	POL	MASTERS K - 40	43	K 97	07:32:13	11:56:11	14:41:02	18:16:01	22:00:11	24:29:54.35	24:30:52.90	13:21	4.5
434	MYRCIK PAWEŁ	3218		BORONÓW	POL	SENIOR II M - 30	120	M 337	08:17:01	13:16:29	15:51:19	19:07:52	22:07:28	24:29:50.50	24:31:12.85	13:21	4.5
435	KĄŁAUR KRZYSZTOF	3098		WARSZAWA	POL	SENIOR II M - 30	121	M 338	07:16:50	11:54:51	14:32:25	18:36:41	22:21:59	24:34:37.75	24:35:19.75	13:24	4.5
436	JĘDRZEJEWSKA BEATA	3316	MIRAZ RACE TEAM	BYTOM	POL	MASTERS K - 40	44	K 98	08:43:50	13:03:30	15:45:18	19:16:12	22:26:58	24:47:09.10	24:47:27.85	13:31	4.4
437	ŚWIĘTONIOWSKA JUSTYNA	3056	SAINT TEAM	RZESZÓW	POL	MASTERS K - 40	45	K 99	07:39:43	11:55:14	14:31:05	18:43:08	22:27:01	24:47:18.95	24:48:44.25	13:31	4.4
438	WOJCIESZAK KLAUDIA	3192	TEAM ZABIEGANEDNI	LEGIONOWO	POL	MASTERS K - 40	46	K 100	07:13:13	11:37:09	14:34:09	18:14:58	21:46:01	24:47:46.80	24:48:47.55	13:31	4.4
439	BIEŃ MAŁGORZATA	3011		LEGIONOWO	POL	MASTERS K - 40	47	K 101	07:13:16	11:37:06	14:34:14	18:14:49	21:46:08	24:47:50.35	24:48:47.70	13:31	4.4
440	RENKOSIEWICZ-TOKARZ MONIKA	3395	ZAWADZKA TEAM/NOCNY BÓR	GŁOGÓW MAŁOPOLSKI	POL	MASTERS K - 40	48	K 102	07:39:43	11:55:32	14:31:12	18:43:50	22:26:36	24:47:33.70	24:48:57.95	13:31	4.4
441	FURYK KAROL	3021	PAKOŚĆ BIEGA	PAKOŚĆ	POL	SENIOR II M - 30	122	M 339	07:56:17	12:15:17	14:39:35	18:35:21	22:00:38	24:50:32.60	24:51:15.80	13:33	4.4
442	SCHUMACHER MAŁGORZATA	3022	PAKOŚĆ BIEGA	PAKOŚĆ	POL	SENIOR II K - 30	35	K 103	07:56:17	12:15:20	14:39:37	18:35:17	22:00:41	24:50:33.05	24:51:16.30	13:33	4.4
443	JAGODZIŃSKA PAULINA	3043	GANGBIESIA/ LOVE'LAS	MIELEC	POL	MASTERS K - 40	49	K 104	07:22:08	12:02:23	14:33:04	17:53:06	22:27:15	24:52:29.55	24:53:56.05	13:34	4.4
444	POSYŃIAK ANNA	3171		BRZEG	POL	MASTERS K - 40	50	K 105	07:22:07	12:02:29	14:32:50	18:38:46	22:27:51	24:52:29.90	24:53:56.30	13:34	4.4
445	KOCHAN GRZEGORZ	3539	KTO DOGONI PSA	KRAKÓW	POL	MASTERS M - 40	151	M 340	07:34:03	12:11:29	14:41:19	18:29:21	21:56:35	24:54:53.95	24:55:26.15	13:35	4.4
446	PRZYBYSCZEWSKA DOMINIKA	3054	ŚWIERCZEWO RUN	POZNAŃ	POL	SENIOR II K - 30	36	K 106	07:11:40	11:15:13	13:44:41	18:04:14	22:12:07	24:56:14.15	24:56:42.45	13:36	4.4
447	PYZIO MAGDALENA	3203		KOMORNIKI	POL	SENIOR II K - 30	37	K 107	07:14:10	12:27:30	14:52:46	19:34:04	22:31:29	24:56:05.10	24:57:50.70	13:36	4.4
448	WALIŃSKA AGATA	3202	WWW.SPRAWDZAMY- NIERUCHOMOSCI.COM	KOMORNIKI	POL	SENIOR II K - 30	38	K 108	07:14:13	12:27:27	14:53:02	19:34:00	22:30:52	24:56:07.35	24:57:53.05	13:36	4.4

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
449	HEJNA ŁUKASZ	3380		WROCŁAW	POL	MASTERS M - 40	152	M 341	07:23:14	12:05:18	14:41:23	18:43:05	22:30:34	24:59:10.50	25:01:04.50	13:37	4.4
450	HOFFMANN GRZEGORZ	3461	KOŚCIAN TEAM	CZEMPIŃ	POL	MASTERS M - 40	153	M 342	07:57:59	12:20:42	15:11:00	19:02:16	22:28:37	25:04:40.60	25:05:47.25	13:40	4.4
451	HELWICH AGNES	3448	HELTEAM	HERLEV	DEN	MASTERS K - 40	51	K 109	06:57:28	12:05:35	15:24:46	19:33:24	22:37:47	25:05:16.30	25:06:00.65	13:41	4.4
452	PAWĘZOWSKA ANNA	3086	BIEGOWA KUŹNIA	BĘDZIN	POL	MASTERS K - 40	52	K 110	07:46:31	12:19:04	15:05:30	19:11:40	22:27:02	25:15:33.00	25:16:09.95	13:46	4.4
453	MORDZIOŁEK KATARZYNA	3053	BIEGOWA KUŹNIA	SOSNOWIEC	POL	MASTERS K - 40	53	K 111	07:46:27	12:18:45	15:05:27	19:08:26	22:27:01	25:15:33.80	25:16:10.15	13:46	4.4
454	POŚPIECH ANNA	3439	BIEGOWA KUŹNIA	RUDA ŚLĄSKA	POL	SENIOR II K - 30	39	K 111	07:46:31	12:18:55	15:05:29	19:08:32	22:15:32	25:15:34.20	25:16:10.15	13:46	4.4
455	POPCZYK MAGDALENA	3089	BIEGOWA KUŹNIA	BĘDZIN	POL	SENIOR II K - 30	40	K 113	07:46:28	12:18:48	15:05:29	19:07:40	22:28:00	25:15:35.95	25:16:12.45	13:46	4.4
456	GÓRNY ROBERT	3168	THE-SKY-IS-THE-LIMIT	ZIELONA GÓRA	POL	SENIOR II M - 30	123	M 343	06:38:55	11:43:00	14:43:39	19:24:55	22:30:22	25:20:02.75	25:20:18.75	13:49	4.3
457	BUBEL SEBASTIAN	3183		TWARDOWICE	POL	MASTERS M - 40	154	M 344	08:17:03	13:16:24	15:51:28	19:33:10		25:20:07.25	25:21:29.35	13:49	4.3
458	WALCZAK-WOJTKOWSKA IWONA	3309		WARSZAWA	POL	WETERAN II K - 60	5	K 114	08:43:01	13:02:44	15:45:18	19:16:38	22:46:33	25:21:16.55	25:22:27.45	13:49	4.3
459	GNIELKA DAWID	3433	CHATKA SKALANKA	PYSKOWICE	POL	SENIOR II M - 30	124	M 345	07:37:46	12:53:30	15:50:19	19:51:23		25:21:19.75	25:23:13.75	13:49	4.3
460	WINCZURA LESZEK	3213		GDAŃSK	POL	WETERAN I M - 50	47	M 346	08:19:17	13:09:46	15:38:44	19:10:53	22:26:20	25:26:39.95	25:27:46.40	13:52	4.3
461	SZULC ADAM	3217	A ŻĄDŁEM CHCESZ?	WŁADYSŁAWOWO	POL	MASTERS M - 40	155	M 347	08:19:11	13:09:37	15:37:56	19:10:38	22:26:21	25:26:40.80	25:27:51.60	13:52	4.3
462	TEREBECKI KAMIL	3478	BIESZCZADZKIE WILKI	BRZOZÓW	POL	SENIOR II M - 30	125	M 348	08:36:14		16:45:57	20:27:55		25:27:44.90	25:28:17.60	13:53	4.3
463	TOPOREK EWA	3106	WYLOTANE	SIEMIENOWICE ŚLĄSKIE	POL	SENIOR II K - 30	41	K 115	08:55:23	13:34:04	16:16:42	20:27:22		25:34:03.25	25:34:41.35	13:56	4.3
464	TOPOREK KRZYSZTOF	3103	WYLOTANE	SIEMIENOWICE ŚLĄSKIE	POL	SENIOR II M - 30	126	M 349	08:55:24	13:34:02	16:16:46	20:27:18		25:34:03.20	25:34:41.50	13:56	4.3
465	CZARNECKI ROBERT	3265		RADOM	POL	WETERAN I M - 50	48	M 350	07:39:33	11:52:30	14:27:26	18:43:55		25:36:39.50	25:37:53.00	13:58	4.3
466	THEUER-CZARNECKA MAŁGORZATA	3266		RADOM	POL	WETERAN K - 50	13	K 116	07:39:32	11:52:52	14:27:28			25:36:39.55	25:37:53.45	13:58	4.3
	ŻUREK JAKUB	3508	BEZ ZBĘDNYCH PYTAŃ	SZCZECIN	POL	SENIOR I M - 20			04:34:27	07:13:15	08:47:38	11:14:18	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GAWŁAS PRZEMYSŁAW	3535		KŁODZKO	POL	WETERAN I M - 50			05:56:09	09:37:38	11:41:49	14:57:15	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KOSZAREK MACIEJ	3503		POZNAŃ	POL	WETERAN I M - 50			06:28:31	10:18:29	12:24:43	16:15:19	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	STASZYŃSKA KAROLINA	3468	BIEGAJĄCE KREJZOLE	TULCE	POL	MASTERS K - 40			06:28:30	10:18:25	12:24:42	16:19:53	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	DRABIŃSKI ADRIAN	3296	BEERSPIRIT	WARSZAWA	POL	MASTERS M - 40			07:25:53	11:23:49	13:32:46	17:27:36	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WACHNIENKO BŁAŻEJ	3338	ZG RUN #ŚLEZAKTEAM	LUBIN	POL	SENIOR II M - 30			06:36:14	11:00:55	13:32:01	17:55:42	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KOWACZEK MAREK	3239		RYBNIK	POL	MASTERS M - 40			06:11:11	10:41:08	13:45:14	18:05:23	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	OBARSKI NORBERT	3169		KIELCE	POL	WETERAN II M - 60			08:59:48	13:31:41	16:22:09	20:35:22	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PILARSKI TOMASZ	3473	MARCIN ŚWIERC TEAM	BOGATYNIA	POL	MASTERS M - 40			03:46:13	06:19:09	07:39:30	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SARNOWSKI PAWEŁ	3544	BUDIO.PL / AKTYWNY OSTRZESZÓW	OSTRZESZÓW	POL	SENIOR II M - 30			03:59:14	06:30:18	07:49:37	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	DURAJCZYK MICHAŁ	3307		WROCŁAW	POL	SENIOR II M - 30			06:30:57	10:10:22	12:12:39	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SUCHODOLA PIOTR	3447		KRUPNIKI	POL	MASTERS M - 40			06:23:55	10:27:06	12:54:03	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KOWALIŃSKI MAREK	3452	SPARTA ULTRA TEAM	LASKI	POL	WETERAN I M - 50			06:35:42	11:05:26	13:25:13	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PRZYBYLSKI TOMASZ	3189	TRI TOMAJ	BORÓWIEC	POL	MASTERS M - 40			06:27:51	10:50:38	13:35:49	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	POPIELSKI GRZEGORZ	3040	ROZBIEGANI CHOJNÓW	CHOJNÓW	POL	MASTERS M - 40			07:23:49	11:39:17	14:15:25	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MATERA KINGA	3220	GRUPA JURA PL	WYSOKA	POL	MASTERS K - 40			08:32:28	13:48:09	17:04:56	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MOROŃ KRZYSZTOF	3495		KATOWICE	POL	SENIOR II M - 30			08:32:01	13:23:06	17:18:56	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SKORUPA JACEK	3484	EUFORIA BIEGACZA	ŚCINAWA	POL	MASTERS M - 40			04:08:01	07:14:10	DNF	DNF	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
	ŁOPATYŃSKI IRENEUSZ	3513	REMA SPORT TEAM	ŁĄDEK ZDRÓJ	POL	WETERAN I M - 50			04:29:39 DNF	07:17:52 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	STEFANIAK ŁUKASZ	3180		SZCZECIN	POL	MASTERS M - 40			04:43:19 DNF	07:41:05 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	RŮŻIĆKA LUKÁŠ	3474	RUNSPORT TEAM	JAVORNICE	CZE	SENIOR II M - 30			04:56:51 DNF	08:12:51 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SŁOMKOWSKI MATEUSZ	3295		GDANSK	POL	SENIOR II M - 30			05:35:23 DNF	09:08:03 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	JÓZEFIAK BEATA	3112		PLEWISKA	POL	SENIOR II K - 30			05:36:54 DNF	10:57:44 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PAWŁOWSKI MARCIN	3493		ZŁOTORYJA	POL	MASTERS M - 40			04:14:54 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	TOCHA ANDRZEJ	3200	BIEGAJĄCY TCZEW	DAMASZKA	POL	SENIOR II M - 30			04:18:21 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KRYGIER TOMASZ	3117	EUROCASH	POZNAŃ	POL	SENIOR II M - 30			04:49:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	RATYŃSKI MAREK	3373	OTWOCKI TUPTACZ	OTWOCK	POL	MASTERS M - 40			05:05:05 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MAŃSKI ROBERT	3245	RUN-PASSION.PL	BOJANO	POL	MASTERS M - 40			05:08:49 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KACZMAREK JĘDRZEJ	3396	KP PSP MILICZ	PLESZEW	POL	SENIOR I M - 20			05:36:23 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	CIELOCH TOMASZ	3090	KLUB BIEGACZA SUPERMARATOŃCZYK	PLESZEW	POL	SENIOR I M - 20			05:49:50 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GĄLKOWSKI KRZYSZTOF	3084	KLUB BIEGACZA SUPERMARATOŃCZYK	KALISZ	POL	SENIOR II M - 30			05:49:58 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MAKOWSKA MAJA	3497	EAZYMUT.PL/ ON RUNNING	WARSZAWA	POL	SENIOR II K - 30			06:05:53 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PISAREK MICHAŁ	3444		TRZCIANKI	POL	SENIOR II M - 30			06:18:49 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BODZIOCH GRZEGORZ	3102	GORLICKA GRUPA BIEGOWA	GORLICE	POL	WETERAN I M - 50			06:34:54 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KOĆWIN MICHAŁ	3483	ROZBBIEGANI	BIELSKO BIAŁA	POL	SENIOR II M - 30			06:39:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	STOKŁOSA MICHAŁ	3470		ŻYWIEC	POL	SENIOR II M - 30			06:40:00 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	JUNIK ŁUKASZ	3083	MOCNA GRUPA CEZARA	MARCINKOWICE	POL	SENIOR II M - 30			06:57:19 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	REGINIA PIOTR	3257	4RUN BROOKS TEAM GDAŃSK	GDAŃSK	POL	MASTERS M - 40			06:59:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	HAMPEL PATRYK	3184	BODY POWER	LESZNO	POL	SENIOR II M - 30			07:28:48 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WIELICZKO RAFAŁ	3004		WROCŁAW	POL	SENIOR II M - 30			07:37:38 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WIELICZKO DAGMARA	3020		WROCŁAW	POL	SENIOR II K - 30			07:37:40 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KSIĄDZ KAROL	3534		KRYRY	POL	SENIOR II M - 30			07:46:54 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KURBIEL SYLWIA	3110	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	MASTERS K - 40			07:49:14 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MALINOWSKI KAMIL	3390		ZIELONA GÓRA	POL	SENIOR I M - 20			08:21:42 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	OBARSKA MAŁGORZATA	3170		STARACHOWICE	POL	WETERAN II K - 60			08:59:47 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MAŁECKI MARIUSZ	3328	OWOCOWE ŻYCIE	ŁÓDŹ	POL	MASTERS M - 40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KOZIŃSKI WOJCIECH	3261		POZNAŃ	POL	SENIOR II M - 30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	TRZCIŃSKI PAWEŁ	3414		LUBAŃ	POL	MASTERS M - 40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
	MATYSIAK AGNIESZKA	3413		LUBAŃ	POL	MASTERS K - 40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KĘDZIORA MARTA	3357	ŻUBRY RACE TEAM	WOLA BATORSKA	POL	SENIOR II K - 30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ŁUKASIK MARCIN	3431	BIEGNIJ OLAWO	OŁAWA	POL	MASTERS M - 40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-