

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6

Organizator: Polskie Zrzeszenie Nordic Walking
Data: 2023-07-16
Miejsce: Wągrowiec
Dystans: 10 km
Klasyfikacja wg czasów netto.



ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|------------------------|-----|---------------------------------|----------------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | WOJTOWICZ TOMASZ | 244 | K.S. VICTORIA POTĘGOWO | WIDACZ | POL | M30-39 | 1 | M 1 | | | 00:14:46 | 00:30:07 | 00:45:35 | 01:01:37.35 | 6:09 | 9.7 |
| 2 | MARCZAK TOMASZ | 222 | K.S. VICTORIA POTĘGOWO | ALEKSANDRIA I | POL | M18-29 | 1 | M 2 | | | 00:15:09 | 00:30:32 | 00:46:51 | 01:03:36.95 | 6:21 | 9.4 |
| 3 | DZIEDZIEWICZ ANDRZEJ | 209 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | M40-49 | 1 | M 3 | | | 00:14:51 | 00:30:54 | 00:47:14 | 01:04:11.35 | 6:25 | 9.3 |
| 4 | HAŁAS MARCIN | 212 | PRUSZYŃSKI SPORT TEAM | CZECHOWICE-DZIEDZICE | POL | M30-39 | 2 | M 4 | | | 00:16:11 | 00:33:06 | 00:50:09 | 01:07:00.05 | 6:42 | 9 |
| 5 | BIELECKA ZUZANNA | 203 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | K40-49 | 1 | K 1 | | | 00:16:23 | 00:33:13 | 00:50:16 | 01:07:30.35 | 6:45 | 8.9 |
| 6 | JUREK ADAM | 217 | KGHM METRACO POLKOWICE | LUBIN | POL | M60-69 | 1 | M 5 | 2 | | 00:16:09 | 00:33:04 | 00:50:09 | 01:07:30.40 | 6:45 | 8.9 |
| 7 | MISZTAŁ GRZEGORZ | 225 | PRUSZYŃSKI SPORT TEAM | SUŁKOWICE | POL | M30-39 | 3 | M 6 | | | 00:16:16 | 00:33:13 | 00:50:38 | 01:07:42.90 | 6:46 | 8.9 |
| 8 | HELWICH STEFAN | 213 | KGHM METRACO POLKOWICE | WIELEN | POL | M60-69 | 2 | M 7 | | | 00:16:10 | 00:33:06 | 00:50:18 | 01:07:55.45 | 6:47 | 8.8 |
| 9 | RYCĄBEL BOGDAN | 234 | | LICZE | POL | M50-59 | 1 | M 8 | | | 00:16:41 | 00:33:56 | 00:51:00 | 01:08:02.55 | 6:48 | 8.8 |
| 10 | SIWAK PIOTR | 235 | KGHM METRACO POLKOWICE | RUDNA | POL | M60-69 | 3 | M 9 | 2 | | 00:16:55 | 00:34:12 | 00:51:31 | 01:09:21.40 | 6:56 | 8.7 |
| 11 | JĘDRASIAK RENATA | 215 | KGHM METRACO POLKOWICE | LUBIN | POL | K60-69 | 1 | K 2 | | | 00:16:46 | 00:33:59 | 00:51:36 | 01:09:40.40 | 6:58 | 8.6 |
| 12 | LUDWICZAK DARIUSZ | 220 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SZCZECIN | POL | M50-59 | 2 | M 10 | | | 00:16:26 | 00:33:57 | 00:51:55 | 01:09:49.55 | 6:58 | 8.6 |
| 13 | MĄDRY GRZEGORZ | 224 | NORDIC SPORT 2021 | TRZEMESZNO | POL | M60-69 | 4 | M 11 | | | 00:16:56 | 00:34:13 | 00:51:48 | 01:09:59.25 | 6:59 | 8.6 |
| 14 | PIETRAKOWSKI MARCIN | 229 | PITSTOP GORZÓW WLKP. | JENIN | POL | M40-49 | 2 | M 12 | 1 | | 00:17:24 | 00:35:01 | 00:52:59 | 01:11:00.55 | 7:06 | 8.5 |
| 15 | CHYRA JANUSZ | 205 | NORDIC SPORT 2021 | LUBLINIEC | POL | M40-49 | 3 | M 13 | 1 | | 00:17:24 | 00:35:02 | 00:52:59 | 01:11:01.45 | 7:06 | 8.4 |
| 16 | FILIPOWICZ BARBARA | 210 | K.S. VICTORIA POTĘGOWO | KRZESZYCE | POL | K40-49 | 2 | K 3 | | | 00:17:13 | 00:35:09 | 00:53:10 | 01:11:17.90 | 7:07 | 8.4 |
| 17 | OLSZAŃSKI KAROL | 226 | PRUSZYŃSKI SPORT TEAM | KRAKÓW | POL | M40-49 | 4 | M 14 | | | 00:16:26 | 00:34:57 | 00:53:28 | 01:11:20.25 | 7:08 | 8.4 |
| 18 | PARZYBUT JAN | 228 | NORDIC SPORT 2021 | PNIEWY | POL | M50-59 | 3 | M 15 | | | 00:17:41 | 00:35:44 | 00:53:49 | 01:12:00.50 | 7:12 | 8.3 |
| 19 | RUNOWSKI JAROSŁAW | 233 | TEAM JANINA | DREZDENKO | POL | M50-59 | 4 | M 16 | | | 00:17:35 | 00:35:39 | 00:53:58 | 01:12:38.50 | 7:15 | 8.3 |
| 20 | PUKSZTA KRZYSIEK | 230 | WESOLY BORSUK TEAM | PRUDNIK | POL | M40-49 | 5 | M 17 | 2 | | 00:17:32 | 00:35:51 | 00:54:32 | 01:14:01.10 | 7:24 | 8.1 |
| 21 | ZDRZĄLEK ALICJA | 246 | NORDIC SPORT 2021 | TARNOWSKIE GÓRY | POL | K40-49 | 3 | K 4 | | | 00:17:36 | 00:36:10 | 00:55:14 | 01:14:25.25 | 7:26 | 8.1 |
| 22 | GOŁĘBIEWSKI EDWARD | 211 | MARSZ PO ZDROWIE | POBIEDZISKA | POL | M70+ | 1 | M 18 | 1 | | 00:18:11 | 00:36:28 | 00:55:27 | 01:14:43.60 | 7:28 | 8 |
| 23 | SZCZUDLIK MAŁGORZATA | 240 | NORDIC SPORT 2021 | TRZEMESZNO | POL | K40-49 | 4 | K 5 | | | 00:18:03 | 00:36:45 | 00:55:45 | 01:14:47.70 | 7:28 | 8 |
| 24 | LACHNIK HUBERT | 218 | | ARNSDORF | GER | M70+ | 2 | M 19 | 1 | | 00:18:11 | 00:36:46 | 00:55:54 | 01:14:56.00 | 7:29 | 8 |
| 25 | LEWANDOWSKI BARTŁOMIEJ | 219 | TSK ORZEŁ OSIEK | WYRZYSK | POL | M18-29 | 2 | M 20 | 2 | | 00:19:01 | 00:38:03 | 00:56:59 | 01:16:36.20 | 7:39 | 7.8 |
| 26 | PANKIEWICZ EWELINA | 198 | | ZAWADZKIE | POL | K30-39 | 1 | K 6 | | | 00:18:31 | 00:37:49 | 00:57:17 | 01:16:54.15 | 7:41 | 7.8 |
| 27 | ŁASZCZ WOJCIECH | 221 | FABRYKA NORWIKA TRZCIANKA | PIŁA | POL | M60-69 | 5 | M 21 | 1 | | 00:18:39 | 00:37:51 | 00:57:19 | 01:16:54.85 | 7:41 | 7.8 |
| 28 | LUKOSZEK KATARZYNA | 249 | PRUSZYŃSKI SPORT TEAM | RUDA ŚLĄSKA | POL | K50-59 | 1 | K 7 | 2 | | 00:18:44 | 00:37:54 | 00:57:34 | 01:17:49.40 | 7:46 | 7.7 |
| 29 | CZMOCH MARIAN | 207 | NORDIC SPORT 2021 | ŁOSICE | POL | M70+ | 3 | M 22 | 2 | | 00:18:42 | 00:37:46 | 00:57:26 | 01:18:05.90 | 7:48 | 7.7 |
| 30 | SKRZĄTEK LUCYNA | 236 | NORDIC SPORT 2021 | TARNOWSKIE GÓRY | POL | K50-59 | 2 | K 8 | | | 00:18:46 | 00:38:09 | 00:58:04 | 01:18:16.05 | 7:49 | 7.7 |
| 31 | CZAJKA URSZULA | 206 | KGHM METRACO POLKOWICE | RUMIA | POL | K60-69 | 2 | K 9 | 1 | | 00:18:32 | 00:37:51 | 00:57:37 | 01:18:19.45 | 7:49 | 7.7 |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|--------------------------|-----|------------------------|-----------------|------|--------|--------|------|-------------|--------------|----------------|----------------|----------------|-------------|--------|------|
| 32 | ŚLUSARCZYK ANDRZEJ | 241 | WESOŁY BORSUK TEAM | PRUDNIK | POL | M70+ | 4 | M 23 | 1 | | 00:19:00 | 00:38:32 | 00:58:24 | 01:18:36.95 | 7:51 | 7.6 |
| 33 | KUREK KRZYSZTOF | 248 | NW CZŁAPSKI TEAM | PŁOCK | POL | M40-49 | 6 | M 24 | | | 00:19:39 | 00:39:21 | 00:59:34 | 01:19:54.05 | 7:59 | 7.5 |
| 34 | JUREK KAMILA | 216 | WŁÓCZYKIJE | BIAŁOŚLIWIE | POL | K40-49 | 5 | K 10 | | | 00:19:44 | 00:39:48 | 01:00:31 | 01:21:07.50 | 8:06 | 7.4 |
| 35 | PAŁUBICKA MAŁGORZATA | 227 | NORDIC WALKING LUBASZ | LUBASZ | POL | K60-69 | 3 | K 11 | 1 | | 00:20:36 | 00:41:45 | 01:03:07 | 01:24:37.85 | 8:27 | 7.1 |
| 36 | BERESKA IRENA | 202 | NORDIC SPORT 2021 | NAKŁO ŚLĄSKIE | POL | K30-39 | 2 | K 12 | | | 00:20:42 | 00:42:24 | 01:04:06 | 01:25:59.95 | 8:35 | 7 |
| 37 | NOWICKI RYSZARD | 197 | | WĄGROWIEC | POL | M60-69 | 6 | M 25 | 2 | | 00:23:18 | 00:43:54 | 01:05:08 | 01:26:30.45 | 8:39 | 6.9 |
| 38 | WALA JAN | 243 | NORDIC WALKING LUBASZ | LUBASZ | POL | M60-69 | 7 | M 26 | 1 | | 00:21:16 | 00:43:18 | 01:05:13 | 01:26:56.25 | 8:41 | 6.9 |
| 39 | CICHOŃ ANETA | 250 | PRUSZYŃSKI SPORT TEAM | RUDA ŚLĄSKA | POL | K40-49 | 6 | K 13 | | | 00:20:56 | 00:42:44 | 01:05:05 | 01:27:36.30 | 8:45 | 6.8 |
| 40 | ZAWADZKA MARIA | 245 | KGHM METRACO POLKOWICE | LUBIN | POL | K70+ | 1 | K 14 | | | 00:21:43 | 00:43:52 | 01:06:00 | 01:28:29.85 | 8:50 | 6.8 |
| 41 | DUDEK LESZEK | 208 | KGHM METRACO POLKOWICE | GŁOGÓW | POL | M70+ | 5 | M 27 | | | 00:21:35 | 00:44:21 | 01:07:21 | 01:29:36.35 | 8:57 | 6.7 |
| 42 | JAŚKOWSKI PATRYK | 214 | | KOŚCIAN | POL | M30-39 | 4 | M 28 | 2 | | 00:21:36 | 00:44:15 | 01:06:55 | 01:29:45.30 | 8:58 | 6.7 |
| 43 | CHOLEWKA JOLANTA | 204 | WALKA KOSTRZYŃ | KOSTRZYŃ WLKP | POL | K60-69 | 4 | K 15 | | | 00:21:41 | 00:44:13 | 01:07:14 | 01:30:39.60 | 9:03 | 6.6 |
| 44 | DALKA HANNA | 199 | | POZNAŃ | POL | K30-39 | 3 | K 16 | 2 | | 00:21:14 | 00:43:31 | 01:06:35 | 01:30:41.00 | 9:04 | 6.6 |
| 45 | STATNIK TOMASZ | 237 | SUCHY LAS | BIEDRUSKO | POL | M70+ | 6 | M 29 | 2 | | 00:21:36 | 00:44:21 | 01:07:22 | 01:30:43.15 | 9:04 | 6.6 |
| 46 | STATNIK GENOWEFA | 238 | SUCHY LAS | BIEDRUSKO | POL | K70+ | 2 | K 17 | 2 | | 00:21:44 | 00:44:13 | 01:07:10 | 01:30:46.45 | 9:04 | 6.6 |
| 47 | NOWACZYK ROMUALD | 200 | | POZNAŃ | POL | M50-59 | 5 | M 30 | 2 | | 00:22:27 | 00:45:43 | 01:09:02 | 01:33:37.70 | 9:21 | 6.4 |
| 48 | TOBYS RYSZARD | 242 | | PIOTROWO DRUGIE | POL | M70+ | 7 | M 31 | 2 | | 00:23:39 | 00:47:40 | 01:12:56 | 01:38:57.80 | 9:53 | 6.1 |
| DQ | MATUKIN-PAKUSZYŃSKA ANNA | 223 | | OPOLE | POL | K50-59 | DQ | DQ | 1 | 1 | 00:22:00 DQ | 00:44:51 DQ | 01:07:53 DQ | DQ | | |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, OPEN -K

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|--------------------------|-----|------------------------|-----------------|------|--------|--------|------|-------------|--------------|----------------|----------------|----------------|-------------|--------|------|
| 1 | BIELECKA ZUZANNA | 203 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | K40-49 | 1 | K 1 | | | 00:16:23 | 00:33:13 | 00:50:16 | 01:07:30.35 | 6:45 | 8.9 |
| 2 | JĘDRASIAK RENATA | 215 | KGHM METRACO POLKOWICE | LUBIN | POL | K60-69 | 1 | K 2 | | | 00:16:46 | 00:33:59 | 00:51:36 | 01:09:40.40 | 6:58 | 8.6 |
| 3 | FILIPOWICZ BARBARA | 210 | K.S. VICTORIA POTĘGOWO | KRZESZYCE | POL | K40-49 | 2 | K 3 | | | 00:17:13 | 00:35:09 | 00:53:10 | 01:11:17.90 | 7:07 | 8.4 |
| 4 | ZDRZĄTEK ALICJA | 246 | NORDIC SPORT 2021 | TARNOWSKIE GÓRY | POL | K40-49 | 3 | K 4 | | | 00:17:36 | 00:36:10 | 00:55:14 | 01:14:25.25 | 7:26 | 8.1 |
| 5 | SZCZUDLIK MAŁGORZATA | 240 | NORDIC SPORT 2021 | TRZEMESZNO | POL | K40-49 | 4 | K 5 | | | 00:18:03 | 00:36:45 | 00:55:45 | 01:14:47.70 | 7:28 | 8 |
| 6 | PANKIEWICZ EWELINA | 198 | | ZAWADZKIE | POL | K30-39 | 1 | K 6 | | | 00:18:31 | 00:37:49 | 00:57:17 | 01:16:54.15 | 7:41 | 7.8 |
| 7 | LUKOSZEK KATARZYNA | 249 | PRUSZYŃSKI SPORT TEAM | RUDA ŚLĄSKA | POL | K50-59 | 1 | K 7 | 2 | | 00:18:44 | 00:37:54 | 00:57:34 | 01:17:49.40 | 7:46 | 7.7 |
| 8 | SKRZĄTEK LUCYNA | 236 | NORDIC SPORT 2021 | TARNOWSKIE GÓRY | POL | K50-59 | 2 | K 8 | | | 00:18:46 | 00:38:09 | 00:58:04 | 01:18:16.05 | 7:49 | 7.7 |
| 9 | CZAJKA URSZULA | 206 | KGHM METRACO POLKOWICE | RUMIA | POL | K60-69 | 2 | K 9 | 1 | | 00:18:32 | 00:37:51 | 00:57:37 | 01:18:19.45 | 7:49 | 7.7 |
| 10 | JUREK KAMILA | 216 | WŁÓCZYKIJE | BIAŁOŚLIWIE | POL | K40-49 | 5 | K 10 | | | 00:19:44 | 00:39:48 | 01:00:31 | 01:21:07.50 | 8:06 | 7.4 |
| 11 | PAŁUBICKA MAŁGORZATA | 227 | NORDIC WALKING LUBASZ | LUBASZ | POL | K60-69 | 3 | K 11 | 1 | | 00:20:36 | 00:41:45 | 01:03:07 | 01:24:37.85 | 8:27 | 7.1 |
| 12 | BERESKA IRENA | 202 | NORDIC SPORT 2021 | NAKŁO ŚLĄSKIE | POL | K30-39 | 2 | K 12 | | | 00:20:42 | 00:42:24 | 01:04:06 | 01:25:59.95 | 8:35 | 7 |
| 13 | CICHOŃ ANETA | 250 | PRUSZYŃSKI SPORT TEAM | RUDA ŚLĄSKA | POL | K40-49 | 6 | K 13 | | | 00:20:56 | 00:42:44 | 01:05:05 | 01:27:36.30 | 8:45 | 6.8 |
| 14 | ZAWADZKA MARIA | 245 | KGHM METRACO POLKOWICE | LUBIN | POL | K70+ | 1 | K 14 | | | 00:21:43 | 00:43:52 | 01:06:00 | 01:28:29.85 | 8:50 | 6.8 |
| 15 | CHOLEWKA JOLANTA | 204 | WALKA KOSTRZYŃ | KOSTRZYŃ WLKP | POL | K60-69 | 4 | K 15 | | | 00:21:41 | 00:44:13 | 01:07:14 | 01:30:39.60 | 9:03 | 6.6 |
| 16 | DALKA HANNA | 199 | | POZNAŃ | POL | K30-39 | 3 | K 16 | 2 | | 00:21:14 | 00:43:31 | 01:06:35 | 01:30:41.00 | 9:04 | 6.6 |
| 17 | STATNIK GENOWEFA | 238 | SUCHY LAS | BIEDRUSKO | POL | K70+ | 2 | K 17 | 2 | | 00:21:44 | 00:44:13 | 01:07:10 | 01:30:46.45 | 9:04 | 6.6 |
| DQ | MATUKIN-PAKUSZYŃSKA ANNA | 223 | | OPOLE | POL | K50-59 | DQ | DQ | 1 | 1 | 00:22:00 DQ | 00:44:51 DQ | 01:07:53 DQ | DQ | | |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, OPEN -M

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|-----------------------|-----|---------------------------------|----------------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | WOJTOWICZ TOMASZ | 244 | K.S. VICTORIA POTĘGOWO | WIDACZ | POL | M30-39 | 1 | M 1 | | | 00:14:46 | 00:30:07 | 00:45:35 | 01:01:37.35 | 6:09 | 9.7 |
| 2 | MARCZAK TOMASZ | 222 | K.S. VICTORIA POTĘGOWO | ALEKSANDRIA I | POL | M18-29 | 1 | M 2 | | | 00:15:09 | 00:30:32 | 00:46:51 | 01:03:36.95 | 6:21 | 9.4 |
| 3 | DZIEDZIEWICZ ANDRZEJ | 209 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | M40-49 | 1 | M 3 | | | 00:14:51 | 00:30:54 | 00:47:14 | 01:04:11.35 | 6:25 | 9.3 |
| 4 | HAŁAS MARCIN | 212 | PRUSZYŃSKI SPORT TEAM | CZECHOWICE-DZIEDZICE | POL | M30-39 | 2 | M 4 | | | 00:16:11 | 00:33:06 | 00:50:09 | 01:07:00.05 | 6:42 | 9 |
| 5 | JUREK ADAM | 217 | KGHM METRACO POLKOWICE | LUBIN | POL | M60-69 | 1 | M 5 | 2 | | 00:16:09 | 00:33:04 | 00:50:09 | 01:07:30.40 | 6:45 | 8.9 |
| 6 | MISZTAŁ GRZEGORZ | 225 | PRUSZYŃSKI SPORT TEAM | SUŁKOWICE | POL | M30-39 | 3 | M 6 | | | 00:16:16 | 00:33:13 | 00:50:38 | 01:07:42.90 | 6:46 | 8.9 |
| 7 | HELWICH STEFAN | 213 | KGHM METRACO POLKOWICE | WIELEN | POL | M60-69 | 2 | M 7 | | | 00:16:10 | 00:33:06 | 00:50:18 | 01:07:55.45 | 6:47 | 8.8 |
| 8 | RYCĄBEL BOGDAN | 234 | | LICZE | POL | M50-59 | 1 | M 8 | | | 00:16:41 | 00:33:56 | 00:51:00 | 01:08:02.55 | 6:48 | 8.8 |
| 9 | SIWAK PIOTR | 235 | KGHM METRACO POLKOWICE | RUDNA | POL | M60-69 | 3 | M 9 | 2 | | 00:16:55 | 00:34:12 | 00:51:31 | 01:09:21.40 | 6:56 | 8.7 |
| 10 | LUDWICZAK DARIUSZ | 220 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SZCZECIN | POL | M50-59 | 2 | M 10 | | | 00:16:26 | 00:33:57 | 00:51:55 | 01:09:49.55 | 6:58 | 8.6 |
| 11 | MĄDRY GRZEGORZ | 224 | NORDIC SPORT 2021 | TRZEMESZNO | POL | M60-69 | 4 | M 11 | | | 00:16:56 | 00:34:13 | 00:51:48 | 01:09:59.25 | 6:59 | 8.6 |
| 12 | PIETRAKOWSKI MARCIN | 229 | PITSTOP GORZÓW WLKP. | JENIN | POL | M40-49 | 2 | M 12 | 1 | | 00:17:24 | 00:35:01 | 00:52:59 | 01:11:00.55 | 7:06 | 8.5 |
| 13 | CHYRA JANUSZ | 205 | NORDIC SPORT 2021 | LUBLINIEC | POL | M40-49 | 3 | M 13 | 1 | | 00:17:24 | 00:35:02 | 00:52:59 | 01:11:01.45 | 7:06 | 8.4 |
| 14 | OLSZAŃSKI KAROL | 226 | PRUSZYŃSKI SPORT TEAM | KRAKÓW | POL | M40-49 | 4 | M 14 | | | 00:16:26 | 00:34:57 | 00:53:28 | 01:11:20.25 | 7:08 | 8.4 |
| 15 | PARZYBUT JAN | 228 | NORDIC SPORT 2021 | PNIEWY | POL | M50-59 | 3 | M 15 | | | 00:17:41 | 00:35:44 | 00:53:49 | 01:12:00.50 | 7:12 | 8.3 |
| 16 | RUNOWSKI JAROSŁAW | 233 | TEAM JANINA | DREZDENKO | POL | M50-59 | 4 | M 16 | | | 00:17:35 | 00:35:39 | 00:53:58 | 01:12:38.50 | 7:15 | 8.3 |
| 17 | PUKSZTA KRZYSIEK | 230 | WESOLY BORSUK TEAM | PRUDNIK | POL | M40-49 | 5 | M 17 | 2 | | 00:17:32 | 00:35:51 | 00:54:32 | 01:14:01.10 | 7:24 | 8.1 |
| 18 | GOŁĘBIEWSKI EDWARD | 211 | MARSZ PO ZDROWIE | POBIEDZISKA | POL | M70+ | 1 | M 18 | 1 | | 00:18:11 | 00:36:28 | 00:55:27 | 01:14:43.60 | 7:28 | 8 |
| 19 | LACHNIK HUBERT | 218 | | ARNSDORF | GER | M70+ | 2 | M 19 | 1 | | 00:18:11 | 00:36:46 | 00:55:54 | 01:14:56.00 | 7:29 | 8 |
| 20 | LEWANDOWSKI BARTŁOMIJ | 219 | TSK ORZEŁ OSIEK | WYRZYSK | POL | M18-29 | 2 | M 20 | 2 | | 00:19:01 | 00:38:03 | 00:56:59 | 01:16:36.20 | 7:39 | 7.8 |
| 21 | ŁASZCZ WOJCIECH | 221 | FABRYKA NORWIKA TRZCIANKA | PIŁA | POL | M60-69 | 5 | M 21 | 1 | | 00:18:39 | 00:37:51 | 00:57:19 | 01:16:54.85 | 7:41 | 7.8 |
| 22 | CZMOCH MARIAN | 207 | NORDIC SPORT 2021 | ŁOSICE | POL | M70+ | 3 | M 22 | 2 | | 00:18:42 | 00:37:46 | 00:57:26 | 01:18:05.90 | 7:48 | 7.7 |
| 23 | ŚLUSARCZYK ANDRZEJ | 241 | WESOŁY BORSUK TEAM | PRUDNIK | POL | M70+ | 4 | M 23 | 1 | | 00:19:00 | 00:38:32 | 00:58:24 | 01:18:36.95 | 7:51 | 7.6 |
| 24 | KUREK KRZYSZTOF | 248 | NW CZŁAPSKI TEAM | PŁOCK | POL | M40-49 | 6 | M 24 | | | 00:19:39 | 00:39:21 | 00:59:34 | 01:19:54.05 | 7:59 | 7.5 |
| 25 | NOWICKI RYSZARD | 197 | | WĄGROWIEC | POL | M60-69 | 6 | M 25 | 2 | | 00:23:18 | 00:43:54 | 01:05:08 | 01:26:30.45 | 8:39 | 6.9 |
| 26 | WALA JAN | 243 | NORDIC WALKING LUBASZ | LUBASZ | POL | M60-69 | 7 | M 26 | 1 | | 00:21:16 | 00:43:18 | 01:05:13 | 01:26:56.25 | 8:41 | 6.9 |
| 27 | DUDEK LESZEK | 208 | KGHM METRACO POLKOWICE | GŁOGÓW | POL | M70+ | 5 | M 27 | | | 00:21:35 | 00:44:21 | 01:07:21 | 01:29:36.35 | 8:57 | 6.7 |
| 28 | JAŚKOWSKI PATRYK | 214 | | KOŚCIAN | POL | M30-39 | 4 | M 28 | 2 | | 00:21:36 | 00:44:15 | 01:06:55 | 01:29:45.30 | 8:58 | 6.7 |
| 29 | STATNIK TOMASZ | 237 | SUCHY LAS | BIEDRUSKO | POL | M70+ | 6 | M 29 | 2 | | 00:21:36 | 00:44:21 | 01:07:22 | 01:30:43.15 | 9:04 | 6.6 |
| 30 | NOWACZYK ROMUALD | 200 | | POZNAŃ | POL | M50-59 | 5 | M 30 | 2 | | 00:22:27 | 00:45:43 | 01:09:02 | 01:33:37.70 | 9:21 | 6.4 |
| 31 | TOBYS RYSZARD | 242 | | PIOTROWO DRUGIE | POL | M70+ | 7 | M 31 | 2 | | 00:23:39 | 00:47:40 | 01:12:56 | 01:38:57.80 | 9:53 | 6.1 |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, M18-29

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|-----------------------|-----|------------------------|---------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | MARCZAK TOMASZ | 222 | K.S. VICTORIA POTĘGOWO | ALEKSANDRIA I | POL | M18-29 | 1 | M 2 | | | 00:15:09 | 00:30:32 | 00:46:51 | 01:03:36.95 | 6:21 | 9.4 |
| 2 | LEWANDOWSKI BARTŁOMIJ | 219 | TSK ORZEŁ OSIEK | WYRZYSK | POL | M18-29 | 2 | M 20 | 2 | | 00:19:01 | 00:38:03 | 00:56:59 | 01:16:36.20 | 7:39 | 7.8 |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, K30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|--------------------|-----|-------------------|---------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | PANKIEWICZ EWELINA | 198 | | ZAWADZKIE | POL | K30-39 | 1 | K 6 | | | 00:18:31 | 00:37:49 | 00:57:17 | 01:16:54.15 | 7:41 | 7.8 |
| 2 | BERESKA IRENA | 202 | NORDIC SPORT 2021 | NAKŁO ŚLĄSKIE | POL | K30-39 | 2 | K 12 | | | 00:20:42 | 00:42:24 | 01:04:06 | 01:25:59.95 | 8:35 | 7 |
| 3 | DALKA HANNA | 199 | | POZNAŃ | POL | K30-39 | 3 | K 16 | 2 | | 00:21:14 | 00:43:31 | 01:06:35 | 01:30:41.00 | 9:04 | 6.6 |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, M30-39

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|------------------|-----|------------------------|----------------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | WOJTOWICZ TOMASZ | 244 | K.S. VICTORIA POTĘGOWO | WIDACZ | POL | M30-39 | 1 | M 1 | | | 00:14:46 | 00:30:07 | 00:45:35 | 01:01:37.35 | 6:09 | 9.7 |
| 2 | HAŁAS MARCIN | 212 | PRUSZYŃSKI SPORT TEAM | CZECHOWICE-DZIEDZICE | POL | M30-39 | 2 | M 4 | | | 00:16:11 | 00:33:06 | 00:50:09 | 01:07:00.05 | 6:42 | 9 |
| 3 | MISZTAŁ GRZEGORZ | 225 | PRUSZYŃSKI SPORT TEAM | SUKKOWICE | POL | M30-39 | 3 | M 6 | | | 00:16:16 | 00:33:13 | 00:50:38 | 01:07:42.90 | 6:46 | 8.9 |
| 4 | JAŚKOWSKI PATRYK | 214 | | KOŚCIAN | POL | M30-39 | 4 | M 28 | 2 | | 00:21:36 | 00:44:15 | 01:06:55 | 01:29:45.30 | 8:58 | 6.7 |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, K40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|----------------------|-----|------------------------|-----------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | BIELECKA ZUZANNA | 203 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | K40-49 | 1 | K 1 | | | 00:16:23 | 00:33:13 | 00:50:16 | 01:07:30.35 | 6:45 | 8.9 |
| 2 | FILIPOWICZ BARBARA | 210 | K.S. VICTORIA POTĘGOWO | KRZESZYCE | POL | K40-49 | 2 | K 3 | | | 00:17:13 | 00:35:09 | 00:53:10 | 01:11:17.90 | 7:07 | 8.4 |
| 3 | ZDRZĄLEK ALICJA | 246 | NORDIC SPORT 2021 | TARNOWSKIE GÓRY | POL | K40-49 | 3 | K 4 | | | 00:17:36 | 00:36:10 | 00:55:14 | 01:14:25.25 | 7:26 | 8.1 |
| 4 | SZCZUDLIK MAŁGORZATA | 240 | NORDIC SPORT 2021 | TRZEMESZNO | POL | K40-49 | 4 | K 5 | | | 00:18:03 | 00:36:45 | 00:55:45 | 01:14:47.70 | 7:28 | 8 |
| 5 | JUREK KAMILA | 216 | WŁÓCZYKIJE | BIAŁOŚLIWIE | POL | K40-49 | 5 | K 10 | | | 00:19:44 | 00:39:48 | 01:00:31 | 01:21:07.50 | 8:06 | 7.4 |
| 6 | CICHOŃ ANETA | 250 | PRUSZYŃSKI SPORT TEAM | RUDA ŚLĄSKA | POL | K40-49 | 6 | K 13 | | | 00:20:56 | 00:42:44 | 01:05:05 | 01:27:36.30 | 8:45 | 6.8 |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, M40-49

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|----------------------|-----|------------------------|-----------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | DZIEDZIEWICZ ANDRZEJ | 209 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | M40-49 | 1 | M 3 | | | 00:14:51 | 00:30:54 | 00:47:14 | 01:04:11.35 | 6:25 | 9.3 |
| 2 | PIETRAKOWSKI MARCIN | 229 | PITSTOP GORZÓW WLKP. | JENIN | POL | M40-49 | 2 | M 12 | 1 | | 00:17:24 | 00:35:01 | 00:52:59 | 01:11:00.55 | 7:06 | 8.5 |
| 3 | CHYRA JANUSZ | 205 | NORDIC SPORT 2021 | LUBLINIEC | POL | M40-49 | 3 | M 13 | 1 | | 00:17:24 | 00:35:02 | 00:52:59 | 01:11:01.45 | 7:06 | 8.4 |
| 4 | OLSZAŃSKI KAROL | 226 | PRUSZYŃSKI SPORT TEAM | KRAKÓW | POL | M40-49 | 4 | M 14 | | | 00:16:26 | 00:34:57 | 00:53:28 | 01:11:20.25 | 7:08 | 8.4 |
| 5 | PUKSZTA KRZYSIEK | 230 | WESOLY BORSUK TEAM | PRUDNIK | POL | M40-49 | 5 | M 17 | 2 | | 00:17:32 | 00:35:51 | 00:54:32 | 01:14:01.10 | 7:24 | 8.1 |
| 6 | KUREK KRZYSZTOF | 248 | NW CZŁAPSKI TEAM | PŁOCK | POL | M40-49 | 6 | M 24 | | | 00:19:39 | 00:39:21 | 00:59:34 | 01:19:54.05 | 7:59 | 7.5 |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, K50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|--------------------------|-----|-----------------------|-----------------|------|--------|--------|-----|-------------|--------------|----------------|----------------|----------------|-------------|--------|------|
| 1 | LUKOSZEK KATARZYNA | 249 | PRUSZYŃSKI SPORT TEAM | RUDA ŚLĄSKA | POL | K50-59 | 1 | K 7 | 2 | | 00:18:44 | 00:37:54 | 00:57:34 | 01:17:49.40 | 7:46 | 7.7 |
| 2 | SKRZĄTEK LUCYNA | 236 | NORDIC SPORT 2021 | TARNOWSKIE GÓRY | POL | K50-59 | 2 | K 8 | | | 00:18:46 | 00:38:09 | 00:58:04 | 01:18:16.05 | 7:49 | 7.7 |
| DQ | MATUKIN-PAKUSZYŃSKA ANNA | 223 | | OPOLE | POL | K50-59 | DQ | DQ | 1 | 1 | 00:22:00 DQ | 00:44:51 DQ | 01:07:53 DQ | DQ | | |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, M50-59

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|-------------------|-----|---------------------------------|-----------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | RYCABEL BOGDAN | 234 | | LICZE | POL | M50-59 | 1 | M 8 | | | 00:16:41 | 00:33:56 | 00:51:00 | 01:08:02.55 | 6:48 | 8.8 |
| 2 | LUDWICZAK DARIUSZ | 220 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SZCZECIN | POL | M50-59 | 2 | M 10 | | | 00:16:26 | 00:33:57 | 00:51:55 | 01:09:49.55 | 6:58 | 8.6 |
| 3 | PARZYBUT JAN | 228 | NORDIC SPORT 2021 | PNIEWY | POL | M50-59 | 3 | M 15 | | | 00:17:41 | 00:35:44 | 00:53:49 | 01:12:00.50 | 7:12 | 8.3 |
| 4 | RUNOWSKI JAROSŁAW | 233 | TEAM JANINA | DREZDENKO | POL | M50-59 | 4 | M 16 | | | 00:17:35 | 00:35:39 | 00:53:58 | 01:12:38.50 | 7:15 | 8.3 |
| 5 | NOWACZYK ROMUALD | 200 | | POZNAŃ | POL | M50-59 | 5 | M 30 | 2 | | 00:22:27 | 00:45:43 | 01:09:02 | 01:33:37.70 | 9:21 | 6.4 |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, K60-69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|----------------------|-----|------------------------|---------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | JĘDRASIAK RENATA | 215 | KGHM METRACO POLKOWICE | LUBIN | POL | K60-69 | 1 | K 2 | | | 00:16:46 | 00:33:59 | 00:51:36 | 01:09:40.40 | 6:58 | 8.6 |
| 2 | CZAJKA URSZULA | 206 | KGHM METRACO POLKOWICE | RUMIA | POL | K60-69 | 2 | K 9 | 1 | | 00:18:32 | 00:37:51 | 00:57:37 | 01:18:19.45 | 7:49 | 7.7 |
| 3 | PAŁUBICKA MAŁGORZATA | 227 | NORDIC WALKING LUBASZ | LUBASZ | POL | K60-69 | 3 | K 11 | 1 | | 00:20:36 | 00:41:45 | 01:03:07 | 01:24:37.85 | 8:27 | 7.1 |
| 4 | CHOLEWKA JOLANTA | 204 | WALKA KOSTRZYŃ | KOSTRZYŃ WLKP | POL | K60-69 | 4 | K 15 | | | 00:21:41 | 00:44:13 | 01:07:14 | 01:30:39.60 | 9:03 | 6.6 |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, M60-69

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|-----------------|-----|---------------------------|------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | JUREK ADAM | 217 | KGHM METRACO POLKOWICE | LUBIN | POL | M60-69 | 1 | M 5 | 2 | | 00:16:09 | 00:33:04 | 00:50:09 | 01:07:30.40 | 6:45 | 8.9 |
| 2 | HELWICH STEFAN | 213 | KGHM METRACO POLKOWICE | WIELEN | POL | M60-69 | 2 | M 7 | | | 00:16:10 | 00:33:06 | 00:50:18 | 01:07:55.45 | 6:47 | 8.8 |
| 3 | SIWAK PIOTR | 235 | KGHM METRACO POLKOWICE | RUDNA | POL | M60-69 | 3 | M 9 | 2 | | 00:16:55 | 00:34:12 | 00:51:31 | 01:09:21.40 | 6:56 | 8.7 |
| 4 | MĄDRY GRZEGORZ | 224 | NORDIC SPORT 2021 | TRZEMESZNO | POL | M60-69 | 4 | M 11 | | | 00:16:56 | 00:34:13 | 00:51:48 | 01:09:59.25 | 6:59 | 8.6 |
| 5 | ŁASZCZ WOJCIECH | 221 | FABRYKA NORWIKA TRZCIANKA | PIŁA | POL | M60-69 | 5 | M 21 | 1 | | 00:18:39 | 00:37:51 | 00:57:19 | 01:16:54.85 | 7:41 | 7.8 |
| 6 | NOWICKI RYSZARD | 197 | | WĄGROWIEC | POL | M60-69 | 6 | M 25 | 2 | | 00:23:18 | 00:43:54 | 01:05:08 | 01:26:30.45 | 8:39 | 6.9 |
| 7 | WALA JAN | 243 | NORDIC WALKING LUBASZ | LUBASZ | POL | M60-69 | 7 | M 26 | 1 | | 00:21:16 | 00:43:18 | 01:05:13 | 01:26:56.25 | 8:41 | 6.9 |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, K70+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|------------------|-----|------------------------|-----------|------|------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | ZAWADZKA MARIA | 245 | KGHM METRACO POLKOWICE | LUBIN | POL | K70+ | 1 | K 14 | | | 00:21:43 | 00:43:52 | 01:06:00 | 01:28:29.85 | 8:50 | 6.8 |
| 2 | STATNIK GENOWEFA | 238 | SUCHY LAS | BIEDRUSKO | POL | K70+ | 2 | K 17 | 2 | | 00:21:44 | 00:44:13 | 01:07:10 | 01:30:46.45 | 9:04 | 6.6 |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, M70+

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|--------------------|-----|------------------------|-------------|------|------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1 | GOŁĘBIEWSKI EDWARD | 211 | MARSZ PO ZDROWIE | POBIEDZISKA | POL | M70+ | 1 | M 18 | 1 | | 00:18:11 | 00:36:28 | 00:55:27 | 01:14:43.60 | 7:28 | 8 |
| 2 | LACHNIK HUBERT | 218 | | ARNSDORF | GER | M70+ | 2 | M 19 | 1 | | 00:18:11 | 00:36:46 | 00:55:54 | 01:14:56.00 | 7:29 | 8 |
| 3 | CZMOCH MARIAN | 207 | NORDIC SPORT 2021 | ŁOSICE | POL | M70+ | 3 | M 22 | 2 | | 00:18:42 | 00:37:46 | 00:57:26 | 01:18:05.90 | 7:48 | 7.7 |
| 4 | ŚLUSARCZYK ANDRZEJ | 241 | WESOŁY BORSUK TEAM | PRUDNIK | POL | M70+ | 4 | M 23 | 1 | | 00:19:00 | 00:38:32 | 00:58:24 | 01:18:36.95 | 7:51 | 7.6 |
| 5 | DUDEK LESZEK | 208 | KGHM METRACO POLKOWICE | GŁOGÓW | POL | M70+ | 5 | M 27 | | | 00:21:35 | 00:44:21 | 01:07:21 | 01:29:36.35 | 8:57 | 6.7 |
| 6 | STATNIK TOMASZ | 237 | SUCHY LAS | BIEDRUSKO | POL | M70+ | 6 | M 29 | 2 | | 00:21:36 | 00:44:21 | 01:07:22 | 01:30:43.15 | 9:04 | 6.6 |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, M70+ c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | 5km | 7.5km | Netto | min/km | km/h |
|------|-----------------|-----|------|--------------------|------|------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 7 | TOBYS RYSZARD | 242 | | PIOTROWO DRUGIE | POL | M70+ | 7 | M 31 | | 2 | 00:23:39 | 00:47:40 | 01:12:56 | 01:38:57.80 | 9:53 | 6.1 |

ENEA POLISH NW CUP - WĄGROWIEC - 10KM - 3/6, Drużynowa

| Miejsce | Drużyna | Zawodnicy klasyfikowani | Czas | Czas drużyny |
|---------|------------------------|---|--|--------------|
| 1 | K.S. VICTORIA POTĘGOWO | TOMASZ WOJTOWICZ TOMASZ MARCZAK UZANNA BIELECKA BARBARA FILIPOWICZ | 01:01:37.35 01:03:36.95 01:07:30.35 01:11:17.90 | 04:24:00 |
| 2 | KGHM METRACO POLKOWICE | ADAM JUREK STEFAN HELWICH RENATA JĘDRASIAK KURSZAŁA CZAJKA | 01:07:30.40 01:07:55.45 01:09:40.40 01:18:19.45 | 04:43:20 |
| 3 | NORDIC SPORT 2021 | GRZEGORZ MĄDRYJANUSZ CHYRAALICJA ZDRZAŁEK MAŁGORZATA SZCZUDLIK | 01:09:59.25 01:11:01.45 01:14:25.25 01:14:47.70 | 04:50:10 |
| 4 | PRUSZYŃSKI SPORT TEAM | MARCIN HAŁAS GRZEGORZ MISZTAL KATARZYNA LUKOSZEK ANETA CICHÓŃ | 01:07:00.05 01:07:42.90 01:17:49.40 01:27:36.30 | 05:00:00 |