

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT

Organizator: Towarzystwo Sportowe TRI-SPORT
Data: 2023-08-20
Miejsce: Bydgoszcz
Dystans: 25.75 km



Wyniki dla punktu pomiaru: 21 km

Klasyfikacja wg czasów netto.

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
1	MIELOCH ARTUR	215	DAWAJ KALACH TEAM	CHODZIEŻ	POL	M40-49		00:11:00 (1)	00:02:07	00:28:38 (10)	00:00:36	00:20:52 (17)
2	RYMER JAKUB	235	ERPLAST/BOGMAR	BYDGOSZCZ	POL	M30-39		00:12:17 (8)	00:02:11	00:28:06 (6)	00:00:53	00:21:41 (36)
3	ŁOPUSZYŃSKI KRZYSZTOF	150	TRISPACE/TREK	BYDGOSZCZ	POL	M40-49		00:13:15 (17)	00:02:10	00:27:32 (2)	00:00:36	00:20:44 (13)
4	MISZTELA JAKUB	74	PTT DELTA	SŁUPNO	POL	M18-29		00:11:22 (2)	00:01:38	00:30:17 (30)	00:00:30	00:19:07 (4)
5	PRZYBYLSKI JAKUB	138	KOMPUTRONIK	POZNAŃ	POL	M40-49		00:13:40 (21)	00:02:15	00:27:28 (1)	00:00:59	00:19:18 (7)
6	FÓRMANIAK PIOTR	212	TM IRON TEAM	BYDGOSZCZ	POL	M40-49		00:12:56 (13)	00:02:11	00:28:30 (9)	00:00:46	00:21:05 (24)
7	PARTYKA RAFAŁ	29	RAFAL AGAINST THE MACHINE	BYDGOSZCZ	POL	M40-49		00:13:09 (16)	00:02:21	00:28:19 (8)	00:01:09	00:19:37 (8)
8	WASZTYL MICHAŁ	95	WITKOWO BIEGA / SPORTMANIA SŁUPCA	POWIDZ	POL	M30-39		00:11:42 (4)	00:01:53	00:30:26 (32)	00:00:56	00:20:53 (18)
9	BASIŃSKI ŁUKASZ	4	ELENSPORT.PL SKLEPY SPORTOWE	BYDGOSZCZ	POL	M30-39		00:14:20 (40)	00:01:50	00:27:57 (4)	00:00:45	00:19:10 (5)
10	DROBINSKI DANIEL	193	ŁAPATRIRUN	BYDGOSZCZ	POL	M30-39		00:13:56 (25)	00:02:39	00:28:00 (5)	00:00:53	00:21:04 (23)
11	WIERZYŃSKI DAMIAN	144	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39		00:14:34 (45)	00:01:58	00:28:08 (7)	00:00:57	00:20:45 (15)
12	SZEWCZYK PATRYK	71	SPORT ZDROWIE KONDYCCJA ŚWIECIE	ŚWIECIE	POL	M30-39		00:13:42 (23)	00:02:05	00:28:58 (11)	00:00:58	00:21:43 (38)
13	TWAROWSKI KAROL	231		TORUŃ	POL	M40-49		00:11:50 (5)	00:01:57	00:31:09 (57)	00:01:11	00:20:56 (19)
14	KRÓL HUBERT	246	WWW.TRENERTRIATHLONU.PL	POZNAŃ	POL	M30-39		00:12:12 (6)	00:02:15	00:30:39 (39)	00:00:47	00:23:36 (69)
15	KOTŁOWSKI BARTOSZ	256	LKS OSTROMECKO	BYDGOSZCZ	POL	M30-39		00:14:17 (36)	00:01:42	00:29:10 (13)	00:01:11	00:16:58 (1)
16	ZIENKIEWICZ JANUSZ	201	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59		00:13:59 (30)	00:02:08	00:29:06 (12)	00:00:47	00:19:13 (6)
17	SUDZIŃSKI HUBERT	239	TEAMOCHAL	SĘPÓLNO KRAJEŃSKIE	POL	M18-29		00:14:03 (32)	00:01:52	00:29:24 (16)	00:00:57	00:18:54 (3)
18	GIERACH WOJCIECH	247	TRISPACE/TREK	NIEMCZ	POL	M18-29		00:14:20 (39)	00:01:50	00:29:15 (14)	00:00:43	00:24:38 (87)
19	KUBANEK ŁUKASZ	79	Ł_T_R	NIEMCZ	POL	M40-49		00:14:59 (52)	00:03:02	00:27:42 (3)	00:01:42	00:21:19 (27)
20	URBANOWSKI WŁODZIMIERZ	202	RÉTRO STORK TEAM	TORUŃ	POL	M40-49		00:12:21 (9)	00:03:19	00:30:04 (27)	00:00:51	00:27:04 (140)
21	KOWALIKOWSKI DANIEL	221	TM IRON TEAM	BYDGOSZCZ	POL	M30-39		00:12:56 (14)	00:02:19	00:30:36 (37)	00:01:05	00:24:00 (74)
22	MAJEWSKI ROBERT	208	#TEAMOCHAL	BYDGOSZCZ	POL	M40-49		00:13:56 (26)	00:02:32	00:29:25 (18)	00:01:07	00:20:32 (11)
23	CYBULSKI JACEK	62	SWIM2TRI	SZCZECIN	POL	M40-49		00:13:58 (29)	00:02:17	00:29:47 (24)	00:01:09	00:20:10 (9)
24	ZIELIŃSKI NICOLAS	191	SKLEP ELENSPORT.PL	OSIELSKO	POL	M30-39		00:13:47 (24)	00:02:13	00:30:08 (28)	00:00:47	00:21:28 (31)
25	WITKOWSKI MATEUSZ	218	WITKOWSKI PLANY TRENINGOWE	NOWE BIELICE	POL	M30-39		00:14:21 (41)	00:01:56	00:30:14 (29)	00:00:59	00:18:18 (2)
26	DAWIDOWICZ MACIEJ	28		BRZOZA	POL	M40-49		00:14:28 (42)	00:02:34	00:29:37 (21)	00:00:51	00:24:52 (97)
27	GOŁATA WOJCIECH	222	BOGMAR LKS OSTROMECKO	DABROWA CHEŁMIŃSKA	POL	M40-49		00:14:16 (35)	00:02:10	00:30:25 (31)	00:00:54	00:21:11 (25)
28	LICZNIERSKI MAREK	25		PLEWISKA	POL	M30-39		00:14:12 (33)	00:02:18	00:30:28 (34)	00:01:08	00:22:49 (56)
29	BYCH MACIEJ	206	GRAJAN TRIATHLON TEAM	OŁAWA	POL	M40-49		00:12:40 (10)	00:02:35	00:31:49 (73)	00:01:07	00:23:06 (61)
30	NOWAK ARTUR	8		JOZEFÓW	POL	M50-59		00:14:02 (31)	00:02:14	00:30:57 (49)	00:00:49	00:22:09 (42)
31	ROHDE PIOTR	190	TM IRONTEAM	BYDGOSZCZ	POL	M18-29		00:13:22 (18)	00:02:26	00:31:35 (68)	00:00:55	00:21:35 (35)
32	GACKA RAFAŁ	216	LUPUS TEAM	SICIENKO	POL	M40-49		00:14:51 (48)	00:02:39	00:30:01 (26)	00:01:02	00:20:44 (14)
33	SKORECKI ALEKSANDER	252	BYDGOSZCZ TRIATHLON TEAM	BYDGOSZCZ	POL	M30-39		00:13:57 (28)	00:02:31	00:31:07 (56)	00:00:49	00:22:40 (52)
34	GIERACH JAKUB	248	TRISPACE/TREK	NIEMCZ	POL	M18-29		00:13:34 (20)	00:02:03	00:32:04 (77)	00:00:54	00:22:24 (46)
35	KRÓL MACIEJ	210	#CHMURACOACHING	BYDGOSZCZ	POL	M50-59		00:15:21 (62)	00:02:41	00:29:45 (23)	00:01:18	00:23:07 (62)
36	ROHDE ŁUKASZ	196	TM IRONTEAM	BYDGOSZCZ	POL	M18-29		00:14:19 (38)	00:02:24	00:31:04 (53)	00:00:57	00:23:15 (64)
37	ŻMICH-FÓRMANIAK JOANNA	213	TM IRONTEAM	BYDGOSZCZ	POL	K40-49		00:14:53 (50)	00:02:13	00:30:53 (46)	00:00:50	00:23:57 (73)
38	BERNACKI MATEUSZ	153	WANIEWSKI COACHING	NOWY DWÓR GDAŃSKI	POL	M18-29		00:12:44 (12)	00:02:41	00:32:45 (91)	00:01:00	00:21:23 (28)
39	PIEKUT ALEKSANDRA	237	BRZEZIŃSKI RUN CLUB	NIEMCZ	POL	K30-39		00:16:15 (86)	00:02:27	00:29:33 (20)	00:01:20	00:20:36 (12)
40	JANUSZKIEW PIOTR	39	REBELIA UNDERGROUND TRIATHLON	ŁOCHOWO	POL	M40-49		00:14:34 (44)	00:02:39	00:31:11 (58)	00:00:54	00:21:43 (37)
41	BUGAŁSKI WOJCIECH	33	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M40-49		00:15:13 (57)	00:03:31	00:29:40 (22)	00:01:09	00:22:44 (55)
42	KROPLEWSKI MACIEJ	251	CTS	GDAŃSK	POL	M40-49		00:14:51 (49)	00:02:54	00:30:40 (40)	00:00:48	00:23:12 (63)
43	MALICKI PATRYK	122		DĘBOGÓRZE	POL	M30-39		00:11:31 (3)	00:03:30	00:33:36 (114)	00:00:47	00:27:21 (145)
44	KRÓL PATRYK	119	TRIATHLON KONSULTING	TORUŃ	POL	M30-39		00:13:06 (15)	00:02:44	00:32:53 (100)	00:01:00	00:24:17 (80)

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
45	KNAPIK KAROL	125	DAWAJ KALACH TEAM	OSIELSKO	POL	M30-39		00:15:08 (54)	00:02:45	00:30:54 (48)	00:00:47	00:23:21 (65)
46	CIEPŁOWSKI ROBERT	107		BYDGOSZCZ	POL	M40-49		00:12:40 (11)	00:02:59	00:33:28 (112)	00:01:26	00:27:10 (143)
47	LIPŃSKI MICHAŁ	137	LIPA#76	ZIELONKA	POL	M40-49		00:14:19 (37)	00:03:19	00:31:45 (72)	00:01:15	00:25:06 (103)
48	NAPIERAŁA MIKOŁAJ	58	TEAMOCHAL	BYDGOSZCZ	POL	M30-39		00:15:32 (68)	00:03:07	00:30:47 (43)	00:01:22	00:21:29 (32)
49	KWAPIŃSKI DAMIAN	49	TEAMOCHAL	BYDGOSZCZ	POL	M40-49		00:17:08 (113)	00:02:54	00:29:25 (17)	00:00:53	00:21:26 (29)
50	PALETA ELŻBIETA	187	TM IRON TEAM	KATOWICE	POL	K18-29		00:15:32 (67)	00:02:42	00:31:21 (63)	00:01:00	00:22:31 (47)
51	BOROWSKI RADOSŁAW	89	MLKS KRAJNA SEPÓLNO	BYDGOSZCZ	POL	M30-39		00:16:00 (79)	00:02:49	00:30:50 (44)	00:01:00	00:22:07 (41)
52	DADEJ RAFAL	184	PIASKIEM W RAKA	GDYNIA	POL	M40-49		00:15:51 (76)	00:02:40	00:31:20 (62)	00:01:58	00:21:32 (33)
53	GRZEŚIAK PATRYK	102	ARTURKUREK.PRO	ŻYRARDÓW	POL	M40-49		00:15:17 (60)	00:03:10	00:31:25 (65)	00:01:05	00:25:49 (123)
54	GŁĄB ANDRZEJ	197	WANIEWSKI COACHING	MALBORK	POL	M50-59		00:15:16 (59)	00:02:40	00:31:59 (76)	00:01:17	00:25:08 (104)
55	NOWOTNIK MARIUSZ	97		BYDGOSZCZ	POL	M40-49		00:16:00 (80)	00:02:57	00:31:03 (52)	00:01:12	00:22:43 (54)
56	TRZOPEK GRZEGORZ	192		ŚWIECIE	POL	M40-49		00:16:51 (102)	00:03:58	00:29:18 (15)		
57	KNYPIŃSKI WOJCIECH	34		BYDGOSZCZ	POL	M30-39		00:14:28 (43)	00:03:19	00:32:22 (83)	00:01:30	00:24:13 (79)
58	KUNDE TOMASZ	253	BYDGOSZ TRIATHLON	BYDGOSZCZ	POL	M30-39		00:13:40 (22)	00:02:32	00:34:01 (127)	00:01:05	00:29:24 (168)
59	PRZYBYTKOWSKI MAREK	52	ELENSPORT.PL SKLEPY SPORTOWE	BYDGOSZCZ	POL	M30-39		00:17:20 (121)	00:02:30	00:30:31 (35)	00:01:20	00:20:57 (20)
60	CHODKIEWICZ TOMASZ	31	GARDEN FLORA MTB TEAM	BYDGOSZCZ	POL	M40-49		00:16:43 (98)	00:03:15	00:30:36 (38)	00:01:39	00:23:44 (70)
61	DUDKOWIAK MICHAŁ	240	DUDKOWIAK KOPEC PUTYRA - BUSINESS LAWYERS	POZNAN	POL	M30-39		00:14:55 (51)	00:03:32	00:32:09 (80)	00:01:25	00:27:29 (148)
62	KOTOŃSKI DAMIAN	175		GDAŃSK	POL	M30-39		00:17:01 (110)	00:03:08	00:30:28 (33)	00:01:17	00:24:59 (99)
63	BUDZIK IRENEUSZ	226		BYDGOSZCZ	POL	M50-59		00:16:45 (100)	00:02:49	00:31:04 (54)	00:01:07	00:23:24 (67)
64	ANDRZEJEWSKA SYLWIA	238	TEAMOCHAL	BYDGOSZCZ	POL	K30-39		00:18:19 (147)	00:02:49	00:29:32 (19)	00:01:36	00:22:20 (44)
65	STĘPIEŃ TOMAS	54		JARUŻYN	POL	M40-49		00:16:19 (88)	00:03:42	00:30:51 (45)	00:01:17	00:25:44 (117)
66	BOIŃSKI BARTOSZ	234	TM IRON TEAM	BYDGOSZCZ	POL	M30-39		00:15:49 (74)	00:02:34	00:32:35 (87)	00:00:51	00:22:32 (48)
67	BRYLL ŁUKASZ	45	FORTIS SAGITTA TEAM	KRUSZYN KRAJEŃSKI	POL	M40-49		00:16:23 (89)	00:03:03	00:31:34 (67)	00:01:19	00:25:55 (126)
68	SOBCZAK MARCIN	104	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M40-49		00:15:36 (69)	00:02:41	00:32:47 (93)	00:01:02	00:26:15 (132)
69	WOŹNIAK ANNA	205	TM IRON TEAM	BYDGOSZCZ	POL	K40-49		00:17:22 (123)	00:03:10	00:30:33 (36)	00:01:15	00:24:52 (96)
70	HUZARSKI AMADEUSZ	130	AKADEMIA MISTRZÓW SPORTU	POTULICE	POL	M18-29		00:16:04 (83)	00:02:06	00:32:56 (101)	00:01:05	00:21:28 (30)
71	PALUCH JAN	203	TRIATHLON KONSULTING	TORUŃ	POL	M18-29		00:17:01 (109)	00:03:13	00:30:53 (47)	00:01:16	00:20:45 (16)
72	KASPEROWICZ MARCIN	55	PREDATORS 3TEAM	BYDGOSZCZ	POL	M40-49		00:15:11 (56)	00:02:35	00:33:23 (109)	00:01:09	00:24:20 (82)
73	RYMARKIEWICZ MAŁGORZATA	230	TM IRONTEAM	BYDGOSZCZ	POL	K40-49		00:16:55 (105)	00:02:41	00:31:35 (69)	00:01:19	00:23:26 (68)
74	BRZEZIŃSKI ŁUKASZ	105	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M30-39		00:17:00 (108)	00:02:56	00:31:21 (64)	00:01:10	00:22:59 (59)
75	TYMIŃSKI DARIUSZ	172	PTT DELTA	BRWILNO	POL	M50-59		00:17:51 (136)	00:02:11	00:31:17 (61)	00:00:54	00:21:02 (22)
76	ZALEWSKI MARCIN	41		ŻYRARDÓW	POL	M30-39		00:15:26 (64)	00:02:47	00:33:15 (107)	00:00:59	00:24:23 (83)
77	GILL DANIEL	249	LKS OSTROMECKO	BYDGOSZCZ	POL	M40-49		00:18:28 (153)	00:03:07	00:29:55 (25)	00:00:45	00:22:18 (43)
78	DOMBROWSKI PATRYK	113		BYDGOSZCZ	POL	M30-39		00:16:24 (92)	00:02:46	00:32:21 (82)	00:01:13	00:21:33 (34)
79	GUMIŃSKI SZYMON	164		NIWY	POL	M30-39		00:14:46 (47)	00:03:34	00:33:23 (110)	00:01:22	00:25:38 (116)
80	WNUK MATEUSZ	217		BYDGOSZCZ	POL	M18-29		00:14:41 (46)	00:03:06	00:33:58 (125)	00:00:39	00:25:47 (121)
81	GIEDRYS ROMAN	73		TUCHOLA	POL	M50-59		00:17:23 (124)	00:03:22	00:31:01 (51)	00:01:26	00:25:06 (102)
82	CICHOWICZ MARTYNA	69	PTT DELTA	PŁOCK	POL	K30-39		00:13:29 (19)	00:03:04	00:35:14 (145)	00:01:23	00:25:58 (127)
83	ZAJĄKAŁA WOJCIECH	188		BYDGOSZCZ	POL	M18-29		00:15:58 (77)	00:03:11	00:32:45 (92)	00:01:27	00:22:58 (57)
84	TURZYŃSKI JAROSŁAW	94	HOLY TRIATHLON TEAM	MALBORK	POL	M30-39		00:15:26 (63)	00:03:28	00:33:06 (105)	00:00:56	00:22:59 (58)
85	CHROMIŃSKI FABIAN	32		BYDGOSZCZ	POL	M30-39		00:16:53 (104)	00:03:30	00:31:37 (70)	00:01:22	00:24:30 (85)
86	GRUBICH ARKADIUSZ	244		BYDGOSZCZ	POL	M40-49		00:17:51 (138)	00:03:09	00:31:01 (50)	00:01:28	00:23:22 (66)
87	CYBULSKI PAWEŁ	160		ŚWIECIE	POL	M30-39		00:17:18 (119)	00:03:11	00:31:32 (66)	00:01:09	00:22:07 (40)
88	ŁABĘDZKI MACIEJ	38	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	TRISPACE/TREK	00:15:50 (75)	00:03:12	00:33:01 (104)	00:01:11	00:25:45 (119)
89	KOPIŃSKA - KRÓL MAGDALENA	211	#CHMURACOACHING	BYDGOSZCZ	POL	K40-49		00:17:12 (115)	00:02:55	00:32:08 (79)	00:01:10	00:27:30 (149)
90	KARCZEWSKI FILIP	18		BYDGOSZCZ	POL	M40-49		00:18:03 (144)	00:03:04	00:31:14 (60)	00:00:48	00:25:00 (101)
91	WAŁĘZA HUBERT	17		DRZEWCIE	POL	M30-39		00:16:59 (106)	00:03:14	00:32:11 (81)	00:00:57	00:24:47 (92)
92	SIUDA MAREK	43		BYDGOSZCZ	POL	M50-59		00:15:40 (71)	00:03:51	00:32:56 (102)	00:01:58	00:25:15 (106)
93	MICHAŁIK JOANNA	147		BYDGOSZCZ	POL	K40-49		00:16:23 (90)	00:03:23	00:32:48 (94)	00:01:42	00:24:41 (90)
94	MIŚ FILIP	162	MAM W PŁYWIANIU TYLE DOŚWIADCZENIA, CO CZESKA ŻEGLUGA MORSKA	PUSZCZYKOWO	POL	M18-29		00:16:42 (97)	00:03:30	00:32:24 (84)	00:00:51	00:21:00 (21)
95	DULAT ROLAND	254	LKS OSTROMECKO	BYDGOSZCZ	POL	M30-39		00:15:58 (78)	00:03:57	00:32:51 (96)	00:00:38	00:22:32 (49)
96	OZOROWSKI ŁUKASZ	204		SZEMBEKOWO	POL	M40-49		00:17:38 (129)	00:03:38	00:31:37 (71)	00:01:14	00:22:32 (50)
97	GÓRNY BARTŁOMIEJ	63		KOŚCIELECZKI	POL	M40-49		00:17:48 (134)	00:02:34	00:32:31 (85)	00:01:41	00:25:00 (100)
98	CYNOWSKI KRZYSZTOF	10	CYNA	SZCZECIN	POL	M40-49		00:17:18 (120)	00:02:57	00:32:42 (89)	00:01:17	00:25:47 (120)

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99	ANTOSIK PATRYK	66	CSWŁĄD POZNAŃ	KCYNIA	POL	M30-39		00:18:36 (157)	00:03:39	00:31:11 (59)	00:01:32	00:24:55 (98)
100	SOŁDYGA PAWEŁ	257	SKOWRONEKBIEGA	BYDGOSZCZ	POL	M40-49		00:18:26 (152)	00:02:53	00:32:08 (78)	00:01:59	00:24:08 (78)
101	LOOSE ANNA	139		BYDGOSZCZ	POL	K30-39		00:13:57 (27)	00:03:35	00:35:58 (157)	00:01:10	00:25:10 (105)
102	KOWALSKI PIOTR	76		BYDGOSZCZ	POL	M50-59		00:17:22 (122)	00:03:43	00:32:33 (86)	00:02:50	00:24:35 (86)
103	CHOLEWCZYŃSKI DAMIAN	232	TM IRON TEAM	NOWE DĄBIE	POL	M30-39		00:17:14 (117)	00:03:01	00:33:25 (111)	00:01:06	00:24:40 (88)
104	SZCZEŚNIAK SZYMON	180	SUCHOLESKIE NIEDŹWIEDZIE	SUCHY LAS	POL	M30-39		00:16:09 (85)	00:03:13	00:34:19 (131)	00:01:06	00:22:34 (51)
105	SIEG TYMOTEUSZ	219		GDYNIA	POL	M18-29		00:15:14 (58)	00:04:50	00:33:37 (115)	00:01:56	00:28:25 (158)
106	MOJSIEWICZ NATALIA	227		WARSZAWA	POL	K18-29		00:16:59 (107)	00:03:03	00:33:40 (117)	00:01:15	00:26:06 (130)
107	SOBCZYŃSKI MICHAŁ	200		TRYSZCZYN	POL	M30-39		00:15:28 (65)	00:03:44	00:34:46 (138)	00:01:25	00:28:50 (163)
108	LUKOWSKI GRZEGORZ	72	RODZINNY TEAM ŚRODKOWA	PŁOCK	POL	M40-49		00:17:06 (112)	00:03:59	00:32:57 (103)	00:01:48	00:30:18 (177)
109	DOLIŃSKI DAWID	81		GOSTYŃ	POL	M40-49		00:16:01 (81)	00:04:41	00:33:28 (113)	00:02:29	00:26:25 (133)
110	MOLTZAN LILIANA	174		TORUŃ	POL	K18-29		00:14:14 (34)	00:03:19	00:36:38 (172)	00:01:49	00:26:09 (131)
111	SANKOWSKA EWELINA	159		GDYNIA	POL	K40-49		00:15:08 (53)	00:02:58	00:36:10 (162)	00:01:43	00:27:35 (151)
112	GABRYCH MACIEJ	24	CZARNE STOPY	BYDGOSZCZ	POL	M40-49		00:17:31 (125)	00:03:07	00:33:40 (118)	00:01:03	00:23:52 (71)
113	RUCIŃSKI RAFAŁ	22	SELEKCJA NATURALNA	MAŁE RUDY (WOJ. KUJAWSKO-POMORSKIE)	POL	M30-39		00:18:30 (154)	00:02:38	00:33:17 (108)	00:01:12	00:25:37 (115)
114	CICHOŃSKA-BAZAK MARZENA	163		ŻOŁĘDOWO	POL	K50-59		00:18:25 (151)	00:03:14	00:32:51 (95)	00:01:44	00:24:19 (81)
115	REPKA MAREK	166	LUPUS TEAM	BYDGOSZCZ	POL	M50-59		00:21:06 (202)	00:02:49	00:30:42 (41)	00:01:17	00:26:27 (134)
116	GMOSIŃSKI TOMASZ	199	CSU RACING TEAM BYDGOSZCZ	BYDGOSZCZ	POL	M40-49		00:16:33 (94)	00:04:10	00:33:59 (126)	00:02:41	00:25:30 (112)
117	STRYCZYŃSKI MAREK	26	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	TRISPACE/TREK	00:18:37 (159)	00:03:22	00:32:44 (90)	00:01:45	00:24:50 (94)
118	MAJDA ADRIAN	121		LIPNIKI	POL	M30-39		00:17:43 (130)	00:03:06	00:33:55 (123)	00:01:27	00:26:31 (136)
119	LUDWINIAK BOGDAN	111		BYDGOSZCZ	POL	M50-59		00:17:59 (142)	00:02:57	00:33:54 (122)	00:01:43	00:30:01 (174)
120	ZIELIŃSKI RADOSŁAW	2		BYDGOSZCZ	POL	M30-39		00:17:33 (127)	00:03:30	00:33:51 (121)	00:01:34	00:29:54 (172)
121	PODLASIŃSKI TOMASZ	140	BAYERLIFETEAM	NIEMCZ	POL	M50-59		00:16:15 (87)	00:03:42	00:35:02 (143)	00:01:24	00:26:03 (129)
122	YAFIMCHYK ANDREI	142	ORCA	POZNAN	POL	M40-49		00:15:09 (55)	00:02:47	00:37:05 (180)	00:01:49	00:24:02 (75)
123	ŁATKA MARCIN	5		MYŚLECINEK	POL	M40-49		00:15:18 (61)	00:02:57	00:36:46 (173)	00:00:49	00:28:20 (157)
124	SADKIEWICZ JACEK	225	RACING TEAM	OSIELSKO	POL	M50-59		00:17:14 (118)	00:03:50	00:33:57 (124)	00:01:40	00:34:08 (208)
125	GRĄBCZEWSKI SŁAWOMIR	185		KOBYLARNIA	POL	M30-39		00:15:31 (66)	00:04:07	00:35:25 (150)	00:01:42	00:22:41 (53)
126	KUŹMA WOJTEK	6		BYDGOSZCZ	POL	M50-59		00:19:11 (171)	00:03:00	00:32:52 (98)	00:00:58	00:27:30 (150)
127	BABIAK JAKUB	228	ENDURE TEAM	BYDGOSZCZ	POL	M40-49		00:20:05 (187)	00:04:22	00:30:45 (42)	00:01:36	00:33:35 (202)
128	ROMAN KRZYSZTOF	93		BOLSZEWO	POL	M40-49		00:18:23 (149)	00:03:59	00:32:52 (99)	00:01:53	00:23:52 (72)
129	MOSKAŁ PRZEMYSŁAW	145		BORÓWNO	POL	M18-29		00:17:01 (111)	00:03:32	00:34:42 (136)	00:00:34	00:24:29 (84)
130	TUROWSKI MACIEJ	133		ZIELONKA	POL	M30-39		00:15:37 (70)	00:03:48	00:35:53 (154)	00:01:05	00:28:53 (164)
131	CHMURA MACIEJ	101	TRIATHLON KONSULTING	STRZELCE GÓRNE	POL	M40-49		00:17:46 (131)	00:03:35	00:34:06 (128)	00:01:46	00:27:24 (147)
132	GRZEGOROWSKI JAN	134	JKG	DABROWA CHELMINSKA	POL	M30-39		00:19:49 (184)	00:04:03	00:31:51 (74)	00:01:08	00:36:59 (215)
133	STAŃCZYK KAMIL	181	8. K-PBOT	BAŁTÓW	POL	M30-39		00:17:47 (133)	00:03:49	00:34:10 (129)	00:01:13	00:21:15 (26)
134	URBAŃSKI DAWID	110		BYDGOSZCZ	POL	M40-49		00:17:56 (140)	00:04:03	00:33:48 (120)	00:02:26	00:27:00 (139)
135	LICZNIERSKA ALINA	56	OWOCBIEGA TEAM	PLEWISKA	POL	K40-49		00:20:46 (195)	00:02:31	00:32:37 (88)	00:00:48	00:22:06 (39)
136	KRYGER WOJCIECH	220	AJM TEAM	BYDGOSZCZ	POL	M40-49		00:17:12 (114)	00:04:08	00:34:37 (133)	00:01:46	00:26:28 (135)
137	MORDAKA MACIEJ	3		BYDGOSZCZ	POL	M40-49		00:16:39 (96)	00:03:32	00:35:50 (153)	00:01:48	00:35:34 (213)
138	JASIECKI MILAN	173	ENDURE TEAM	PRĄDKI	POL	M18-29		00:19:26 (172)	00:04:57	00:31:59 (75)	00:01:30	00:20:15 (10)
139	SZYMCAK ELWIRA	151		INOWROCŁAW	POL	K18-29		00:16:24 (91)	00:03:43	00:36:21 (165)	00:00:49	00:25:24 (109)
140	LISEWSKI PIOTR	100		BYDGOSZCZ	POL	M60-69		00:18:51 (166)	00:03:26	00:34:11 (130)	00:01:28	00:25:50 (124)
141	JARLACZYŃSKA HANNA	242		TYCHY	POL	K18-29		00:17:32 (126)	00:03:02	00:35:54 (155)	00:01:30	00:25:23 (108)
142	RUSZKOWSKI WIKTOR	128		WARSZAWA	POL	M30-39		00:15:42 (72)	00:04:14	00:36:33 (171)	00:01:02	00:27:41 (152)
143	ŻELAZNY MARCIN	27		BYDGOSZCZ	POL	M50-59		00:15:48 (73)	00:03:52	00:36:59 (176)	00:02:38	00:32:14 (193)
144	SZEWS MAREK	136	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M50-59		00:18:52 (167)	00:02:52	00:34:55 (140)	00:01:37	00:28:07 (154)
145	MIKOŁAJCZAK ARTUR	178		NIWY	POL	M40-49		00:18:34 (155)	00:03:32	00:34:37 (134)	00:01:33	00:29:12 (165)
146	PAPIEROWSKI PIOTR	40	ATOS	OSIELSKO	POL	M30-39		00:18:15 (146)	00:04:03	00:34:31 (132)	00:01:19	00:32:22 (194)
147	SZYMCAK KRZYSZTOF	88	SYSTEM 11	WAŁCZ DRUGI	POL	M50-59		00:20:25 (190)	00:03:32	00:32:52 (97)	00:01:29	00:24:51 (95)
148	MROTEK KATARZYNA	112	AKADEMIA MISTRZÓW SPORTU	KRUSZYN KRAJEŃSKI	POL	K40-49		00:18:19 (148)	00:03:37	00:35:50 (142)	00:01:52	00:24:45 (91)
149	WRÓBEL SEBASTIAN	243	CYKLO BYDGOSZCZ	BYDGOSZCZ	POL	M40-49		00:22:45 (213)	00:03:09	00:31:05 (55)	00:01:30	00:25:36 (114)
150	KWIATKOWSKI PIOTR	165		BYDGOSZCZ	POL	M30-39		00:17:38 (128)	00:04:35	00:34:48 (139)	00:01:59	00:28:14 (156)
151	HĄJŁASZ MARCIN	129		WROCŁAW	POL	M30-39		00:17:53 (139)	00:04:28	00:34:42 (137)	00:01:49	00:30:38 (182)
152	STĘPSKA MAŁGOSIA	61	ŻELKI Z KRAKOWA	KRAKÓW	POL	K50-59		00:20:09 (188)	00:03:19	00:33:39 (116)	00:01:14	00:28:33 (159)
153	DOŁKOWSKA MONIKA	106	TM IRON TEAM	BYDGOSZCZ	POL	K30-39		00:20:14 (189)	00:03:22	00:33:44 (119)	00:01:29	00:27:09 (142)

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
154	BEM WOJCIECH	194		TORUŃ	POL	M30-39		00:17:46 (132)	00:03:37	00:36:02 (158)	00:01:23	00:30:28 (180)
155	SKORUPSKA EWA	189	OWOCBIEGA	ZALASEWO	POL	K30-39		00:18:39 (160)	00:03:12	00:35:37 (151)	00:01:12	00:25:28 (111)
156	SKOŁOZDRZYCH IWONA	1		ZALASEWO	POL	K30-39		00:16:03 (82)	00:03:48	00:37:40 (191)	00:01:08	00:26:02 (128)
157	OSAK PAWEŁ	19		BYDGOSZCZ	POL	M30-39		00:18:36 (156)	00:03:48	00:35:14 (144)	00:01:05	00:28:46 (162)
158	STYPCZYŃSKI JAN	154		BYDGOSZCZ	POL	M18-29		00:18:37 (158)	00:02:54	00:36:29 (169)	00:00:40	00:29:13 (166)
159	NIEDŹWIEDZKI ARKADIUSZ	148	SMARUJ NA TRENING	BORCZ	POL	M40-49		00:19:39 (175)	00:03:25	00:34:57 (141)	00:01:38	00:25:25 (110)
160	STĘPIEŃ MICHAŁ	116		BYDGOSZCZ	POL	M30-39		00:17:51 (137)	00:03:55	00:36:23 (166)	00:01:25	00:29:13 (167)
161	WEGNER PATRYCJA	186	SZOGUN TEAM	POZNAŃ	POL	K30-39		00:18:12 (145)	00:03:06	00:36:51 (174)	00:02:06	00:26:50 (138)
162	KOCZOROWSKA KAMILA	11		BYDGOSZCZ	POL	K30-39		00:16:37 (95)	00:03:53	00:37:39 (190)	00:00:48	00:34:07 (207)
163	MICHALAK AGATA	177		BYDGOSZCZ	POL	K18-29		00:18:55 (168)	00:03:16	00:36:02 (159)	00:02:09	00:28:10 (155)
164	ROBACZEK ANDRZEJ	170		NOWA WIEŚ MALBORSKA	POL	M40-49		00:18:50 (164)	00:04:07	00:35:22 (146)	00:01:36	00:28:41 (160)
165	CEGLARSKA INGA	258	N-BIKE	BYDGOSZCZ	POL	K40-49		00:19:03 (170)	00:03:56	00:35:23 (149)	00:01:47	00:31:45 (190)
166	RUSZKOWSKA AGNIESZKA	126		WARSZAWA	POL	K30-39		00:17:50 (135)	00:03:18	00:37:18 (183)	00:00:36	00:30:47 (184)
167	LIPCZYŃSKI TOMASZ	64	AKTYWNIIE UZALEŻNIAMY PŁOCK	PŁOCK	POL	M30-39		00:16:47 (101)	00:04:35	00:37:19 (184)	00:00:29	00:27:18 (144)
168	BAUMGART JACEK	195	BIEGAJ Z DĘBAMI	OSIELSKO	POL	M60-69		00:18:02 (143)	00:04:33	00:36:31 (170)	00:01:00	00:25:52 (125)
169	GUZIK KRZYSZTOF	141		BYDGOSZCZ	POL	M30-39		00:20:42 (194)	00:03:06	00:35:23 (147)	00:01:26	00:27:49 (153)
170	MICHALEWSKI BARTOSZ	207	SOLANO	BYDGOSZCZ	POL	M40-49		00:18:50 (165)	00:05:01	00:35:23 (148)	00:00:37	00:25:45 (118)
171	STELMACH PATRYCJA	233	TEAMOCHAL	BYDGOSZCZ	POL	K30-39		00:20:53 (197)	00:03:41	00:34:41 (135)	00:01:14	00:22:22 (45)
172	WAWRZYŃIAK DOMINIK	53	TAVERNA NAKŁO	WYSTĘP	POL	M18-29		00:20:02 (186)	00:03:24	00:35:56 (156)	00:01:46	00:24:03 (77)
173	WOŹNIAK RADEK	123		BYDGOSZCZ	POL	M40-49		00:19:39 (176)	00:04:06	00:35:38 (152)	00:01:40	00:33:37 (203)
174	KOLASSA ROBERT	42		MUROWANIEC	POL	M30-39		00:18:49 (163)	00:03:42	00:37:01 (178)	00:00:42	00:24:41 (89)
175	KUBALEWSKI KRZYSZTOF	127		BYDGOSZCZ	POL	M30-39		00:16:26 (93)	00:05:07	00:38:12 (194)	00:02:11	00:36:29 (214)
176	WINIECKA MARTYNA	59	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	K18-29		00:19:33 (173)	00:03:14	00:37:17 (182)	00:00:39	00:30:56 (185)
177	ŚWIERCZYŃSKI MARCIN	36	ATHLETICOMED.PL BYDGOSZCZ	NEKLA	POL	M30-39		00:16:53 (103)	00:02:08	00:41:23 (213)	00:01:09	00:23:04 (60)
178	MALKIŃSKI JÓZEF	84		BYDGOSZCZ	POL	M60-69		00:19:46 (180)	00:03:36	00:37:02 (179)	00:00:54	00:30:24 (179)
179	KUKLIŠOVA GABRIELA	15		BYDGOSZCZ	SVK	K40-49		00:18:44 (162)	00:04:12	00:37:37 (189)	00:01:13	00:34:27 (210)
180	DWOJACZNA-CHRAPKOWSKA ANNA	13	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	K40-49		00:19:49 (183)	00:03:34	00:37:23 (186)	00:01:36	00:27:08 (141)
181	OSTROWSKI RAFAŁ	68	AKTYWNIIE UZALEŻNIAMY PŁOCK	PŁOCK	POL	M40-49		00:18:41 (161)	00:06:14	00:36:03 (160)	00:01:04	00:25:32 (113)
182	STYPCZYŃSKA NATALIA	198	TRISPACE	LIPNIKI	POL	K30-39		00:18:59 (169)	00:03:14	00:38:50 (200)	00:01:31	00:30:29 (181)
183	OLSZEWSKI DANIEL	169		MALBORK	POL	M30-39		00:19:42 (177)	00:04:08	00:37:20 (185)	00:01:17	00:31:25 (187)
184	DUDKOWIAK MARTYNA	241	DUDKOWIAK FAMILY LAWYERS	POZNAŃ	POL	K30-39		00:20:58 (199)	00:04:25	00:36:05 (161)	00:01:34	00:30:40 (183)
185	MOSUR-GALICKA ANGELINA	9	AKADEMIA MISTRZÓW SPORTU	KOBYLARNIA	POL	K50-59		00:16:43 (99)	00:04:38	00:40:08 (203)	00:02:38	00:37:50 (218)
186	DOMEK KATARZYNA	46		BYDGOSZCZ	POL	K30-39		00:19:43 (178)	00:03:41	00:38:16 (196)	00:00:57	00:29:59 (173)
187	TIETZ NATALIA	70	STAJNIA PEGAZA STAWY	STAWY	POL	K30-39		00:17:56 (141)	00:03:42	00:40:18 (204)	00:00:42	00:32:26 (196)
188	NOWAK BARTŁOMIEJ	214	FORGE YOUR FUTURE	KOMOROWICE	POL	M40-49		00:20:31 (191)	00:05:14	00:36:20 (164)	00:03:56	00:38:21 (219)
189	TOPOLSKI KAMIL	146		BYDGOSZCZ	POL	M18-29		00:19:44 (179)	00:04:40	00:37:51 (192)	00:01:05	00:24:48 (93)
190	DOBRZYŃSKA EWA	47		BYDGOSZCZ	POL	K30-39		00:22:10 (206)	00:03:26	00:36:58 (175)	00:01:19	00:25:18 (107)
191	BINKOWSKI CZAREK	255	LKS OSTROMECKO	OSTROMECKO	POL	M50-59		00:21:03 (201)	00:05:14	00:36:25 (167)	00:02:11	00:32:12 (192)
192	BAGNIEWSKA SANDRA	48		BYDGOSZCZ	POL	K30-39		00:21:42 (203)	00:03:44	00:37:27 (188)	00:01:15	00:27:24 (146)
193	DOLATA ŁUKASZ	135		STRZELCE GÓRNE	POL	M40-49		00:19:48 (181)	00:04:45	00:38:29 (197)	00:01:34	00:25:49 (122)
194	MIECZKOWSKA-LAPKE WERONIKA	118		ŁOCHOWO	POL	K30-39		00:22:14 (208)	00:04:31	00:36:18 (163)	00:01:39	00:31:43 (189)
195	PEC ANNA	90	SKS OBORNIKI	OBORNIKI	POL	K50-59		00:20:53 (196)	00:04:31	00:38:08 (193)	00:01:38	00:35:09 (212)
196	SKÓRCZEWSKI JACEK	124		NIEMCZ	POL	M60-69		00:22:02 (205)	00:05:09	00:36:25 (168)	00:01:56	00:29:29 (169)
197	BŁAŹEJEWSKA AGNIESZKA	60	TM IRON TEAM	ŁOCHOWO	POL	K30-39		00:20:31 (192)	00:04:01	00:39:08 (201)	00:01:02	00:29:47 (170)
198	PACZKOWSKA-PAPCZYŃSKA JOANNA	30	TRISPACE/TREK	BYDGOSZCZ	POL	K30-39		00:22:43 (212)	00:03:58	00:37:00 (177)	00:01:28	00:32:23 (195)
199	HRYNIEWICZ AGNIESZKA	50		ŁÓDŹ	POL	K40-49		00:18:24 (150)	00:05:03	00:40:40 (208)	00:00:49	00:30:08 (175)
200	PANTKOWSKI ADAM	143		KORONOWO	POL	M40-49		00:26:21 (223)	00:04:41	00:33:15 (106)	00:02:40	00:30:12 (176)
201	NIEDŹWIEDZKA AGATA	149	SMARUJ NA TRENING	BORCZ	POL	K30-39		00:22:15 (209)	00:03:53	00:38:13 (195)	00:01:22	00:34:52 (211)
202	BOGALECKI MAREK	209	KS SOKÓŁ ZBLEWO	STAROGARD GDAŃSKI	POL	M60-69		00:20:55 (198)	00:06:17	00:37:27 (187)	00:03:07	00:30:18 (178)
203	SZUKALSKI MICHAŁ	14		BYDGOSZCZ	POL	M40-49		00:20:38 (193)	00:03:52	00:40:19 (205)	00:01:48	00:26:34 (137)
204	BUCZKO MICHAŁ	109		NAMYSŁÓW	POL	M40-49		00:21:47 (204)	00:04:08	00:39:11 (202)	00:02:13	00:32:48 (199)
205	MONTOWSKI JAN	132	KLUB OPLAWIEC	BYDGOSZCZ	POL	M60-69		00:23:15 (217)	00:04:54	00:37:11 (181)	00:01:05	00:34:05 (206)
206	POBOC PRZEMYSŁAW	155		KRUSZYN	POL	M50-59		00:22:40 (211)	00:04:10	00:38:37 (198)	00:01:45	00:32:04 (191)
207	SERWACKI DAWID	99		BYDGOSZCZ	POL	M30-39		00:19:49 (182)	00:04:51	00:40:56 (211)	00:01:19	00:31:01 (186)
208	RĄCZKOWSKI DANIEL	117	AKTYWNIIE UZALEŻNIAMY PŁOCK	PŁOCK	POL	M30-39		00:19:36 (174)	00:04:46	00:41:25 (214)	00:00:54	00:28:42 (161)
209	CZYŻEWSKI PIOTR	20		BRZOZA	POL	M40-49		00:22:57 (215)	00:05:24	00:38:47 (199)	00:02:22	00:40:07 (221)

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
210	WUJEK MAGDALENA	77		BYDGOSZCZ	POL	K40-49		00:22:25 (210)	00:04:05	00:40:54 (210)	00:00:59	00:24:03 (76)
211	URBAŃSKI DANIEL	91		BYDGOSZCZ	POL	M40-49		00:19:54 (185)	00:06:22	00:42:12 (216)	00:02:05	00:32:26 (197)
212	WIŚNIEWSKA LUCYNA	16	TRISPACE/TREK	BYDGOSZCZ	POL	K50-59		00:23:12 (216)	00:04:18	00:41:15 (212)	00:01:50	00:38:24 (220)
213	NOSIADEK MARTA	78	CROSS-SPORT	WODZISŁAW ŚLĄSKI	POL	K30-39		00:22:47 (214)	00:05:47	00:40:39 (206)	00:02:41	00:34:21 (209)
214	MAKSYMOWICZ AGATA	85		LEGIONOWO	POL	K40-49		00:17:12 (116)	00:06:10	00:45:54 (222)	00:02:29	00:33:04 (200)
215	ŚWIADEK HUBERT	67		BYDGOSZCZ	POL	M30-39		00:24:14 (219)	00:04:39	00:40:42 (209)	00:01:51	00:29:49 (171)
216	SZABO-MOSKAL JADWIGA	168		BORÓWNO	POL	K50-59		00:21:00 (200)	00:04:05	00:45:17 (220)	00:00:39	00:31:40 (188)
217	MAŃCZAK WAWRZYNIEC	152	ENDURE TEAM	BYDGOSZCZ	POL	M70-79		00:16:08 (84)	00:08:34	00:46:15 (224)	00:01:37	00:45:45 (225)
218	LEWANDOWSKA LARYSA	229	SZKOŁA TRIATHLONU IMIENIA RAMZESA MAZURA	BYDGOSZCZ	POL	K18-29		00:24:18 (220)	00:04:28	00:42:52 (217)	00:00:38	00:33:48 (204)
219	CIESIELSKI PIOTR	183		MAKSYMILIANOWO	POL	M50-59		00:22:12 (207)	00:05:21	00:44:11 (219)	00:02:21	00:32:27 (198)
220	KWIATKOWSKI ROMAN	115		STRZELCE GÓRNE	POL	M60-69		00:26:40 (224)	00:07:19	00:41:27 (215)	00:02:02	00:41:39 (223)
221	WIŚNIEWSKI KRZYSZTOF	7	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59		00:30:28 (226)	00:05:26	00:40:39 (207)	00:02:22	00:37:14 (217)
222	SAWICKI WALDEMAR	83		BYDGOSZCZ	POL	M80+		00:25:33 (221)	00:05:44	00:45:17 (221)	00:01:28	00:47:58 (226)
223	SŁOWIŃSKI SŁAWEK	157		BYDGOSZCZ	POL	M40-49		00:28:40 (225)	00:05:19	00:45:55 (223)	00:01:27	00:36:59 (216)
224	IGNASIAK BERNADETA	158		BYDGOSZCZ	POL	K40-49		00:33:55 (227)	00:03:55	00:43:56 (218)	00:01:06	00:33:33 (201)
225	MIKA ALDONA	82		BYDGOSZCZ	POL	K50-59		00:25:53 (222)	00:07:55	00:48:05 (226)	00:01:17	00:42:47 (224)
226	WOROSZYŁO MONIKA	114	RYKOWISKO	PŁOCK	POL	K40-49		00:23:31 (218)	00:09:28	00:52:42 (227)	00:02:20	00:33:49 (205)
227	KOZIK ANNA	156		PRUSZCZ	POL	K50-59		00:34:33 (228)	00:05:37	00:48:01 (225)	00:03:31	00:40:23 (222)
	MAAS OLIVER	161	SOPREMA TEAM TSV MANNHEIM	MANNHEIM	GER	M18-29		00:12:14 DNF	00:02:50		00:00:00	00:00:00 ()

(7)

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Kobiety

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
1	ŻMICH-FÓRMANIAK JOANNA	213	TM IRONTEAM	BYDGOSZCZ	POL	K40-49		00:14:53	00:02:13	00:30:53	00:00:50	00:23:57
2	PIEKUT ALEKSANDRA	237	BRZEZIŃSKI RUN CLUB	NIEMCZ	POL	K30-39		00:16:15	00:02:27	00:29:33	00:01:20	00:20:36
3	PALETA ELŻBIETA	187	TM IRON TEAM	KATOWICE	POL	K18-29		00:15:32	00:02:42	00:31:21	00:01:00	00:22:31
4	ANDRZEJEWSKA SYLWIA	238	TEAMOCHAL	BYDGOSZCZ	POL	K30-39		00:18:19	00:02:49	00:29:32	00:01:36	00:22:20
5	WOŹNIAK ANNA	205	TM IRON TEAM	BYDGOSZCZ	POL	K40-49		00:17:22	00:03:10	00:30:33	00:01:15	00:24:52
6	RYMARKIEWICZ MAŁGORZATA	230	TM IRONTEAM	BYDGOSZCZ	POL	K40-49		00:16:55	00:02:41	00:31:35	00:01:19	00:23:26
7	CICHOWICZ MARTYNA	69	PTT DELTA	PŁOCK	POL	K30-39		00:13:29	00:03:04	00:35:14	00:01:23	00:25:58
8	KOPIŃSKA - KRÓL MAGDALENA	211	#CHMURACOACHING	BYDGOSZCZ	POL	K40-49		00:17:12	00:02:55	00:32:08	00:01:10	00:27:30
9	MICHAŁIK JOANNA	147		BYDGOSZCZ	POL	K40-49		00:16:23	00:03:23	00:32:48	00:01:42	00:24:41
10	LOOSE ANNA	139		BYDGOSZCZ	POL	K30-39		00:13:57	00:03:35	00:35:58	00:01:10	00:25:10
11	MOJSIEWICZ NATALIA	227		WARSZAWA	POL	K18-29		00:16:59	00:03:03	00:33:40	00:01:15	00:26:06
12	MOLTZAN LILIANA	174		TORUŃ	POL	K18-29		00:14:14	00:03:19	00:36:38	00:01:49	00:26:09
13	SANKOWSKA EWELINA	159		GDYNIA	POL	K40-49		00:15:08	00:02:58	00:36:10	00:01:43	00:27:35
14	CICHOŃSKA-BAZAK MARZENA	163		ŻOŁĘDOWO	POL	K50-59		00:18:25	00:03:14	00:32:51	00:01:44	00:24:19
15	LICZNIERSKA ALINA	56	OWOCBIEGA TEAM	PLEWISKA	POL	K40-49		00:20:46	00:02:31	00:32:37	00:00:48	00:22:06
16	JARLACZYŃSKA HANNA	242		TYCHY	POL	K18-29		00:17:32	00:03:02	00:35:54	00:01:30	00:25:23
17	SZYMCAK ELWIRA	151		INOWROCŁAW	POL	K18-29		00:16:24	00:03:43	00:36:21	00:00:49	00:25:24
18	MROTEK KATARZYNA	112	AKADEMIA MISTRZÓW SPORTU	KRUSZYN KRAJEŃSKI	POL	K40-49		00:18:19	00:03:37	00:35:00	00:01:52	00:24:45
19	STĘPSKA MAŁGOSJA	61	ŻELKI Z KRAKOWA	KRAKÓW	POL	K50-59		00:20:09	00:03:19	00:33:39	00:01:14	00:28:33
20	DOŁKOWSKA MONIKA	106	TM IRON TEAM	BYDGOSZCZ	POL	K30-39		00:20:14	00:03:22	00:33:44	00:01:29	00:27:09
21	SKORUPSKA EWA	189	OWOCBIEGA	ZALASEWO	POL	K30-39		00:18:39	00:03:12	00:35:37	00:01:12	00:25:28
22	SKOŁOZDRZYCH IWONA	1		ZALASEWO	POL	K30-39		00:16:03	00:03:48	00:37:40	00:01:08	00:26:02
23	KOCZOROWSKA KAMILA	11		BYDGOSZCZ	POL	K30-39		00:16:37	00:03:53	00:37:39	00:00:48	00:34:07
24	WEGNER PATRYCJA	186	SZOGUN TEAM	POZNAŃ	POL	K30-39		00:18:12	00:03:06	00:36:51	00:02:06	00:26:50
25	MICHAŁAK AGATA	177		BYDGOSZCZ	POL	K18-29		00:18:55	00:03:16	00:36:02	00:02:09	00:28:10
26	CEGLARSKA INGA	258	N-BIKE	BYDGOSZCZ	POL	K40-49		00:19:03	00:03:56	00:35:23	00:01:47	00:31:45
27	RUSZKOWSKA AGNIESZKA	126		WARSZAWA	POL	K30-39		00:17:50	00:03:18	00:37:18	00:00:36	00:30:47
28	STELMACH PATRYCJA	233	TEAMOCHAL	BYDGOSZCZ	POL	K30-39		00:20:53	00:03:41	00:34:41	00:01:14	00:22:22

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Kobiety c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie		T1	Rower		T2	Bieg 5km
								0.75km	20km		20km	5km		
29	WINIECKA MARTYNA	59	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	K18-29		00:19:33	00:03:14	00:37:17	00:00:39	00:30:56		
30	KUKLIŠOVA GABRIELA	15		BYDGOSZCZ	SVK	K40-49		00:18:44	00:04:12	00:37:37	00:01:13	00:34:27		
31	DWOJACZNA-CHRAPKOWSKA ANNA	13	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	K40-49		00:19:49	00:03:34	00:37:23	00:01:36	00:27:08		
32	STYPCZYŃSKA NATALIA	198	TRISPACE	LIPNIKI	POL	K30-39		00:18:59	00:03:14	00:38:50	00:01:31	00:30:29		
33	DUDKOWIAK MARTYNA	241	DUDKOWIAK FAMILY LAWYERS	POZNAN	POL	K30-39		00:20:58	00:04:25	00:36:05	00:01:34	00:30:40		
34	MOSUR-GALICKA ANGELINA	9	AKADEMIA MISTRZÓW SPORTU	KOBYLARNIA	POL	K50-59		00:16:43	00:04:38	00:40:08	00:02:38	00:37:50		
35	DOMEK KATARZYNA	46		BYDGOSZCZ	POL	K30-39		00:19:43	00:03:41	00:38:16	00:00:57	00:29:59		
36	TIETZ NATALIA	70	STAJNIA PEGAZA STAWY	STAWY	POL	K30-39		00:17:56	00:03:42	00:40:18	00:00:42	00:32:26		
37	DOBRZYŃSKA EWA	47		BYDGOSZCZ	POL	K30-39		00:22:10	00:03:26	00:36:58	00:01:19	00:25:18		
38	BAGNIEWSKA SANDRA	48		BYDGOSZCZ	POL	K30-39		00:21:42	00:03:44	00:37:27	00:01:15	00:27:24		
39	MIECZKOWSKA-LAPKE WERONIKA	118		ŁOCHOWO	POL	K30-39		00:22:14	00:04:31	00:36:18	00:01:39	00:31:43		
40	PEC ANNA	90	SKS OBORNIKI	OBORNIKI	POL	K50-59		00:20:53	00:04:31	00:38:08	00:01:38	00:35:09		
41	BŁAŻEJEWSKA AGNIESZKA	60	TM IRON TEAM	ŁOCHOWO	POL	K30-39		00:20:31	00:04:01	00:39:08	00:01:02	00:29:47		
42	PACZKOWSKA-PAPCZYŃSKA JOANNA	30	TRISPACE/TREK	BYDGOSZCZ	POL	K30-39		00:22:43	00:03:58	00:37:00	00:01:28	00:32:23		
43	HRYNIEWICZ AGNIESZKA	50		ŁÓDŹ	POL	K40-49		00:18:24	00:05:03	00:40:40	00:00:49	00:30:08		
44	NIEDŹWIEDZKA AGATA	149	SMARUJ NA TRENING	BORCZ	POL	K30-39		00:22:15	00:03:53	00:38:13	00:01:22	00:34:52		
45	WUJEK MAGDALENA	77		BYDGOSZCZ	POL	K40-49		00:22:25	00:04:05	00:40:54	00:00:59	00:24:03		
46	WIŚNIEWSKA LUCYNA	16	TRISPACE/TREK	BYDGOSZCZ	POL	K50-59		00:23:12	00:04:18	00:41:15	00:01:50	00:38:24		
47	NOSIADEK MARTA	78	CROSS-SPORT	WODZISŁAW ŚLĄSKI	POL	K30-39		00:22:47	00:05:47	00:40:39	00:02:41	00:34:21		
48	MAKSYMOWICZ AGATA	85		LEGIONOWO	POL	K40-49		00:17:12	00:06:10	00:45:54	00:02:29	00:33:04		
49	SZABO-MOSKAL JADWIGA	168		BORÓWNO	POL	K50-59		00:21:00	00:04:05	00:45:17	00:00:39	00:31:40		
50	LEWANDOWSKA LARYSA	229	SZKOŁA TRIATHLONU IMIENIA RAMZESA MAZURA	BYDGOSZCZ	POL	K18-29		00:24:18	00:04:28	00:42:52	00:00:38	00:33:48		
51	IGNASIAK BERNADETA	158		BYDGOSZCZ	POL	K40-49		00:33:55	00:03:55	00:43:56	00:01:06	00:33:33		
52	MIKA ALDONA	82		BYDGOSZCZ	POL	K50-59		00:25:53	00:07:55	00:48:05	00:01:17	00:42:47		
53	WOROSZYŁO MONIKA	114	RYKOWISKO	PŁOCK	POL	K40-49		00:23:31	00:09:28	00:52:42	00:02:20	00:33:49		
54	KOZIK ANNA	156		PRUSZCZ	POL	K50-59		00:34:33	00:05:37	00:48:01	00:03:31	00:40:23		

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie		T1	Rower		T2	Bieg 5km
								0.75km	20km		20km	5km		
1	MIELOCH ARTUR	215	DAWAJ KALACH TEAM	CHODZIEŹ	POL	M40-49		00:11:00	00:02:07	00:28:38	00:00:36	00:20:52		
2	RYMER JAKUB	235	ERPLAST/BOGMAR	BYDGOSZCZ	POL	M30-39		00:12:17	00:02:11	00:28:06	00:00:53	00:21:41		
3	ŁOPUSZYŃSKI KRZYSZTOF	150	TRISPACE/TREK	BYDGOSZCZ	POL	M40-49		00:13:15	00:02:10	00:27:32	00:00:36	00:20:44		
4	MISZTELA JAKUB	74	PTT DELTA	SŁUPNO	POL	M18-29		00:11:22	00:01:38	00:30:17	00:00:30	00:19:07		
5	PRZYBYLSKI JAKUB	138	KOMPUTRONIK	POZNAŃ	POL	M40-49		00:13:40	00:02:15	00:27:28	00:00:59	00:19:18		
6	FÓRMANIAK PIOTR	212	TM IRON TEAM	BYDGOSZCZ	POL	M40-49		00:12:56	00:02:11	00:28:30	00:00:46	00:21:05		
7	PARTYKA RAFAŁ	29	RAFAL AGAINST THE MACHINE	BYDGOSZCZ	POL	M40-49		00:13:09	00:02:21	00:28:19	00:01:09	00:19:37		
8	WASZTYL MICHAŁ	95	WITKOWO BIEGA / SPORTMANIA SŁUPCA	POWIDZ	POL	M30-39		00:11:42	00:01:53	00:30:26	00:00:56	00:20:53		
9	BASIŃSKI ŁUKASZ	4	ELENSPORT.PL SKLEPY SPORTOWE	BYDGOSZCZ	POL	M30-39		00:14:20	00:01:50	00:27:57	00:00:45	00:19:10		
10	DROBINSKI DANIEL	193	ŁAPATRIRUN	BYDGOSZCZ	POL	M30-39		00:13:56	00:02:39	00:28:00	00:00:53	00:21:04		
11	WIERZYŃSKI DAMIAN	144	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39		00:14:34	00:01:58	00:28:08	00:00:57	00:20:45		
12	SZEWCIUK PATRYK	71	SPORT ZDROWIE KONDYCJA ŚWIECIE	ŚWIECIE	POL	M30-39		00:13:42	00:02:05	00:28:58	00:00:58	00:21:43		
13	TWAROWSKI KAROL	231		TORUŃ	POL	M40-49		00:11:50	00:01:57	00:31:09	00:01:11	00:20:56		
14	KRÓL HUBERT	246	WWW.TRENERTRIATHLONU.PL	POZNAŃ	POL	M30-39		00:12:12	00:02:15	00:30:39	00:00:47	00:23:36		
15	KOTŁOWSKI BARTOSZ	256	LKS OSTROMECKO	BYDGOSZCZ	POL	M30-39		00:14:17	00:01:42	00:29:10	00:01:11	00:16:58		
16	ZIENKIEWICZ JANUSZ	201	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59		00:13:59	00:02:08	00:29:06	00:00:47	00:19:13		
17	SUDZIŃSKI HUBERT	239	TEAMOCHAL	SĘPÓLNO KRAJEŃSKIE	POL	M18-29		00:14:03	00:01:52	00:29:24	00:00:57	00:18:54		
18	GIERACH WOJCIECH	247	TRISPACE/TREK	NIEMCZ	POL	M18-29		00:14:20	00:01:50	00:29:15	00:00:43	00:24:38		
19	KUBANEK ŁUKASZ	79	Ł_T_R	NIEMCZ	POL	M40-49		00:14:59	00:03:02	00:27:42	00:01:42	00:21:19		
20	URBANOWSKI WŁODZIMIERZ	202	RETRO STORK TEAM	TORUŃ	POL	M40-49		00:12:21	00:03:19	00:30:04	00:00:51	00:27:04		
21	KOWALIKOWSKI DANIEL	221	TM IRON TEAM	BYDGOSZCZ	POL	M30-39		00:12:56	00:02:19	00:30:36	00:01:05	00:24:00		
22	MAJEWSKI ROBERT	208	#TEAMOCHAL	BYDGOSZCZ	POL	M40-49		00:13:56	00:02:32	00:29:25	00:01:07	00:20:32		

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie		T1	Rower		T2	Bieg 5km
								0.75km			20km			
23	CYBULSKI JACEK	62	SWIM2TRI	SZCZECIN	POL	M40-49		00:13:58		00:02:17	00:29:47		00:01:09	00:20:10
24	ZIELINSKI NICOLAS	191	SKLEP ELENSPORT.PL	OSIELSKO	POL	M30-39		00:13:47		00:02:13	00:30:08		00:00:47	00:21:28
25	WITKOWSKI MATEUSZ	218	WITKOWSKI PLANY TRENINGOWE	NOWE BIELICE	POL	M30-39		00:14:21		00:01:56	00:30:14		00:00:59	00:18:18
26	DAWIDOWICZ MACIEJ	28		BRZOZA	POL	M40-49		00:14:28		00:02:34	00:29:37		00:00:51	00:24:52
27	GOŁATA WOJCIECH	222	BOGMAR LKS OSTROMECKO	DĄBROWA CHEŁMIŃSKA	POL	M40-49		00:14:16		00:02:10	00:30:25		00:00:54	00:21:11
28	LICZNIERSKI MAREK	25		PLEWISKA	POL	M30-39		00:14:12		00:02:18	00:30:28		00:01:08	00:22:49
29	BYCH MACIEJ	206	GRAJAN TRIATHLON TEAM	OŁAWA	POL	M40-49		00:12:40		00:02:35	00:31:49		00:01:07	00:23:06
30	NOWAK ARTUR	8		JOZEFÓW	POL	M50-59		00:14:02		00:02:14	00:30:57		00:00:49	00:22:09
31	ROHDE PIOTR	190	TM IRONTEAM	BYDGOSZCZ	POL	M18-29		00:13:22		00:02:26	00:31:35		00:00:55	00:21:35
32	GACKA RAFAŁ	216	LUPUS TEAM	SICIENKO	POL	M40-49		00:14:51		00:02:39	00:30:01		00:01:02	00:20:44
33	SKORECKI ALEKSANDER	252	BYDGOSZCZ TRIATHLON TEAM	BYDGOSZCZ	POL	M30-39		00:13:57		00:02:31	00:31:07		00:00:49	00:22:40
34	GIERACH JAKUB	248	TRISPACE/TREK	NIEMCZ	POL	M18-29		00:13:34		00:02:03	00:32:04		00:00:54	00:22:24
35	ROHDE ŁUKASZ	196	TM IRONTEAM	BYDGOSZCZ	POL	M18-29		00:14:19		00:02:24	00:31:04		00:00:57	00:23:15
36	KRÓL MACIEJ	210	#CHMURACOACHING	BYDGOSZCZ	POL	M50-59		00:15:21		00:02:41	00:29:45		00:01:18	00:23:07
37	BERNACKI MATEUSZ	153	WANIEWSKI COACHING	NOWY DWÓR GDAŃSKI	POL	M18-29		00:12:44		00:02:41	00:32:45		00:01:00	00:21:23
38	BUGALSKI WOJCIECH	33	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M40-49		00:15:13		00:03:31	00:29:40		00:01:09	00:22:44
39	JANUSZKIEW PIOTR	39	REBELIA UNDERGROUND TRIATHLON	ŁOCHOWO	POL	M40-49		00:14:34		00:02:39	00:31:11		00:00:54	00:21:43
40	KROPLEWSKI MACIEJ	251	CTS	GDAŃSK	POL	M40-49		00:14:51		00:02:54	00:30:40		00:00:48	00:23:12
41	MALICKI PATRYK	122		DĘBOGÓRZE	POL	M30-39		00:11:31		00:03:30	00:33:36		00:00:47	00:27:21
42	KRÓL PATRYK	119	TRIATHLON KONSULTING	TORUŃ	POL	M30-39		00:13:06		00:02:44	00:32:53		00:01:00	00:24:17
43	KNAPIK KAROL	125	DAWAJ KALACH TEAM	OSIELSKO	POL	M30-39		00:15:08		00:02:45	00:30:54		00:00:47	00:23:21
44	CIEPŁOWSKI ROBERT	107		BYDGOSZCZ	POL	M40-49		00:12:40		00:02:59	00:33:28		00:01:26	00:27:10
45	LIPIŃSKI MICHAŁ	137	LIPA#76	ZIELONKA	POL	M40-49		00:14:19		00:03:19	00:31:45		00:01:15	00:25:06
46	NAPIERAŁA MIKOŁAJ	58	TEAMOCHAL	BYDGOSZCZ	POL	M30-39		00:15:32		00:03:07	00:30:47		00:01:22	00:21:29
47	KWAPIŃSKI DAMIAN	49	TEAMOCHAL	BYDGOSZCZ	POL	M40-49		00:17:08		00:02:54	00:29:25		00:00:53	00:21:26
48	BOROWSKI RADOŚLAW	89	MLKS KRAJNA SEPÓLNO	BYDGOSZCZ	POL	M30-39		00:16:00		00:02:49	00:30:50		00:01:00	00:22:07
49	DADEJ RAFAŁ	184	PIASKIEM W RAKA	GDYNIA	POL	M40-49		00:15:51		00:02:40	00:31:20		00:01:58	00:21:32
50	GRZESIAK PATRYK	102	ARTURKUREK.PRO	ŻYRARDÓW	POL	M40-49		00:15:17		00:03:10	00:31:25		00:01:05	00:25:49
51	GŁĄB ANDRZEJ	197	WANIEWSKI COACHING	MALBORK	POL	M50-59		00:15:16		00:02:40	00:31:59		00:01:17	00:25:08
52	NOWOTNIK MARIUSZ	97		BYDGOSZCZ	POL	M40-49		00:16:00		00:02:57	00:31:03		00:01:12	00:22:43
53	TRZOPEK GRZEGORZ	192		ŚWIECIE	POL	M40-49		00:16:51		00:03:58	00:29:18			
54	KNYPIŃSKI WOJCIECH	34		BYDGOSZCZ	POL	M30-39		00:14:28		00:03:19	00:32:22		00:01:30	00:24:13
55	KUNDE TOMASZ	253	BYDGOSZ TRIATHLON	BYDGOSZCZ	POL	M30-39		00:13:40		00:02:32	00:34:01		00:01:05	00:29:24
56	PRZYBYTKOWSKI MAREK	52	ELENSPORT.PL SKLEPY SPORTOWE	BYDGOSZCZ	POL	M30-39		00:17:20		00:02:30	00:30:31		00:01:20	00:20:57
57	CHODKIEWICZ TOMASZ	31	GARDEN FLORA MTB TEAM	BYDGOSZCZ	POL	M40-49		00:16:43		00:03:15	00:30:36		00:01:39	00:23:44
58	DUDKOWIAK MICHAŁ	240	DUDKOWIAK KOPEC PUTYRA - BUSINESS LAWYERS	POZNAN	POL	M30-39		00:14:55		00:03:32	00:32:09		00:01:25	00:27:29
59	KOTOŃSKI DAMIAN	175		GDAŃSK	POL	M30-39		00:17:01		00:03:08	00:30:28		00:01:17	00:24:59
60	BUDZIK IRENEUSZ	226		BYDGOSZCZ	POL	M50-59		00:16:45		00:02:49	00:31:04		00:01:07	00:23:24
61	STĘPIEŃ TOMASZ	54		JARUŻYN	POL	M40-49		00:16:19		00:03:42	00:30:51		00:01:17	00:25:44
62	BOIŃSKI BARTOSZ	234	TM IRON TEAM	BYDGOSZCZ	POL	M30-39		00:15:49		00:02:34	00:32:35		00:00:51	00:22:32
63	BRYLL ŁUKASZ	45	FORTIS SAGITTA TEAM	KRUSZYN KRAJEŃSKI	POL	M40-49		00:16:23		00:03:03	00:31:34		00:01:19	00:25:55
64	SOBCZAK MARCIN	104	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M40-49		00:15:36		00:02:41	00:32:47		00:01:02	00:26:15
65	HUZARSKI AMADEUSZ	130	AKADEMIA MISTRZÓW SPORTU	POTULICE	POL	M18-29		00:16:04		00:02:06	00:32:56		00:01:05	00:21:28
66	PALUCH JAN	203	TRIATHLON KONSULTING	TORUŃ	POL	M18-29		00:17:01		00:03:13	00:30:53		00:01:16	00:20:45
67	KASPEROWICZ MARCIN	55	PREDATORS 3TEAM	BYDGOSZCZ	POL	M40-49		00:15:11		00:02:35	00:33:23		00:01:09	00:24:20
68	BRZEZIŃSKI ŁUKASZ	105	ASSECO ACTIVE TEAM	BYGOSZCZ	POL	M30-39		00:17:00		00:02:56	00:31:21		00:01:10	00:22:59
69	TYMIŃSKI DARIUSZ	172	PTT DELTA	BRWILNO	POL	M50-59		00:17:51		00:02:11	00:31:17		00:00:54	00:21:02
70	ZALEWSKI MARCIN	41		ŻYRARDÓW	POL	M30-39		00:15:26		00:02:47	00:33:15		00:00:59	00:24:23
71	GILL DANIEL	249	LKS OSTROMECKO	BYDGOSZCZ	POL	M40-49		00:18:28		00:03:07	00:29:55		00:00:45	00:22:18
72	DOMBROWSKI PATRYK	113		BYDGOSZCZ	POL	M30-39		00:16:24		00:02:46	00:32:21		00:01:13	00:21:33
73	GUMIŃSKI SZYMON	164		NIWY	POL	M30-39		00:14:46		00:03:34	00:33:23		00:01:22	00:25:38
74	WNUK MATEUSZ	217		BYDGOSZCZ	POL	M18-29		00:14:41		00:03:06	00:33:58		00:00:39	00:25:47
75	GIEDRYS ROMAN	73		TUCHOLA	POL	M50-59		00:17:23		00:03:22	00:31:01		00:01:26	00:25:06
76	ZAJĄKAŁA WOJCIECH	188		BYDGOSZCZ	POL	M18-29		00:15:58		00:03:11	00:32:45		00:01:27	00:22:58
77	TURZYŃSKI JAROSŁAW	94	HOLY TRIATHLON TEAM	MALBORK	POL	M30-39		00:15:26		00:03:28	00:33:06		00:00:56	00:22:59

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
78	CHROMIŃSKI FABIAN	32		BYDGOSZCZ	POL	M30-39		00:16:53	00:03:30	00:31:37	00:01:22	00:24:30
79	GRUBICH ARKADIUSZ	244		BYDGOSZCZ	POL	M40-49		00:17:51	00:03:09	00:31:01	00:01:28	00:23:22
80	CYBULSKI PAWEŁ	160		ŚWIECIE	POL	M30-39		00:17:18	00:03:11	00:31:32	00:01:09	00:22:07
81	ŁABĘDZKI MACIEJ	38	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	TRISPACE/TREK	00:15:50	00:03:12	00:33:01	00:01:11	00:25:45
82	KARCZEWSKI FILIP	18		BYDGOSZCZ	POL	M40-49		00:18:03	00:03:04	00:31:14	00:00:48	00:25:00
83	WAŁĘZA HUBERT	17		DRZEWCZE	POL	M30-39		00:16:59	00:03:14	00:32:11	00:00:57	00:24:47
84	SIUDA MAREK	43		BYDGOSZCZ	POL	M50-59		00:15:40	00:03:51	00:32:56	00:01:58	00:25:15
85	MIŚ FILIP	162	MAM W PŁYWANIU TYLE DOŚWIADCZENIA, CO CZEKA ŻEGLUGA MORSKA	PUSZCZYKOWO	POL	M18-29		00:16:42	00:03:30	00:32:24	00:00:51	00:21:00
86	DULAT ROLAND	254	LKS OSTROMECKO	BYDGOSZCZ	POL	M30-39		00:15:58	00:03:57	00:32:51	00:00:38	00:22:32
87	GÓRNY BARTŁOMIEJ	63		KOŚCIELECZKI	POL	M40-49		00:17:48	00:02:34	00:32:31	00:01:41	00:25:00
88	OZOROWSKI LUKASZ	204		SZEMBEKOWO	POL	M40-49		00:17:38	00:03:38	00:31:37	00:01:14	00:22:32
89	CYNOWSKI KRZYSZTOF	10	CYNA	SZCZECIN	POL	M40-49		00:17:18	00:02:57	00:32:42	00:01:17	00:25:47
90	ANTOSIK PATRYK	66	CSWŁAD POZNAŃ	KCYNIA	POL	M30-39		00:18:36	00:03:39	00:31:11	00:01:32	00:24:55
91	SOŁDYGA PAWEŁ	257	SKOWRONEKBIEGA	BYDGOSZCZ	POL	M40-49		00:18:26	00:02:53	00:32:08	00:01:59	00:24:08
92	KOWALSKI PIOTR	76		BYDGOSZCZ	POL	M50-59		00:17:22	00:03:43	00:32:33	00:02:50	00:24:35
93	CHOLEWCZYŃSKI DAMIAN	232	TM IRON TEAM	NOWE DĄBIE	POL	M30-39		00:17:14	00:03:01	00:33:25	00:01:06	00:24:40
94	SZCZEŚNIAK SZYMON	180	SUCHOLESKIE NIEDŹWIEDZIE	SUCHY LAS	POL	M30-39		00:16:09	00:03:13	00:34:19	00:01:06	00:22:34
95	SIEG TYMOTEUSZ	219		GDYNIA	POL	M18-29		00:15:14	00:04:50	00:33:37	00:01:56	00:28:25
96	SOBCZYŃSKI MICHAŁ	200		TRYSZCZYN	POL	M30-39		00:15:28	00:03:44	00:34:46	00:01:25	00:28:50
97	LUKOWSKI GRZEGORZ	72	RODZINNY TEAM ŚRODKOWA	PŁOCK	POL	M40-49		00:17:06	00:03:59	00:32:57	00:01:48	00:30:18
98	DOLIŃSKI DAWID	81		GOSTYŃ	POL	M40-49		00:16:01	00:04:41	00:33:28	00:02:29	00:26:25
99	GABRYCH MACIEJ	24	CZARNE STOPY	BYDGOSZCZ	POL	M40-49		00:17:31	00:03:07	00:33:40	00:01:03	00:23:52
100	RUCIŃSKI RAFAŁ	22	SELEKCJA NATURALNA	MAŁE RUDY (WOJ. KUJAWSKO-POMORSKIE)	POL	M30-39		00:18:30	00:02:38	00:33:17	00:01:12	00:25:37
101	REPKA MAREK	166	LUPUS TEAM	BYDGOSZCZ	POL	M50-59		00:21:06	00:02:49	00:30:42	00:01:17	00:26:27
102	GMOŚIŃSKI TOMASZ	199	CSU RACING TEAM BYDGOSZCZ	BYDGOSZCZ	POL	M40-49		00:16:33	00:04:10	00:33:59	00:02:41	00:25:30
103	STRYCZYŃSKI MAREK	26	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	TRISPACE/TREK	00:18:37	00:03:22	00:32:44	00:01:45	00:24:50
104	MAJDA ADRIAN	121		LIPNIKI	POL	M30-39		00:17:43	00:03:06	00:33:55	00:01:27	00:26:31
105	LUDWINIAK BOGDAN	111		BYDGOSZCZ	POL	M50-59		00:17:59	00:02:57	00:33:54	00:01:43	00:30:01
106	ZIELIŃSKI RADOŚLAW	2		BYDGOSZCZ	POL	M30-39		00:17:33	00:03:30	00:33:51	00:01:34	00:29:54
107	PODLASIŃSKI TOMASZ	140	BAYERLIFETEAM	NIEMCZ	POL	M50-59		00:16:15	00:03:42	00:35:02	00:01:24	00:26:03
108	YAFIMCHYK ANDREI	142	ORCA	POZNAŃ	POL	M40-49		00:15:09	00:02:47	00:37:05	00:01:49	00:24:02
109	ŁATKA MARCIN	5		MYŚLECINEK	POL	M40-49		00:15:18	00:02:57	00:36:46	00:00:49	00:28:20
110	SADKIEWICZ JACEK	225	RACING TEAM	OSIELSKO	POL	M50-59		00:17:14	00:03:50	00:33:57	00:01:40	00:34:08
111	GRĄBCZEWSKI SŁAWOMIR	185		KOBYLARNIA	POL	M30-39		00:15:31	00:04:07	00:35:25	00:01:42	00:22:41
112	KUŹMA WOJTEK	6		BYDGOSZCZ	POL	M50-59		00:19:11	00:03:00	00:32:52	00:00:58	00:27:30
113	BABIAK JAKUB	228	ENDURE TEAM	BYDGOSZCZ	POL	M40-49		00:20:05	00:04:22	00:30:45	00:01:36	00:33:35
114	ROMAN KRZYSZTOF	93		BOLSZEWO	POL	M40-49		00:18:23	00:03:59	00:32:52	00:01:53	00:23:52
115	MOSKAŁ PRZEMYSŁAW	145		BORÓWNO	POL	M18-29		00:17:01	00:03:32	00:34:42	00:00:34	00:24:29
116	TUROWSKI MACIEJ	133		ZIELONKA	POL	M30-39		00:15:37	00:03:48	00:35:53	00:01:05	00:28:53
117	CHMURA MACIEJ	101	TRIATHLON KONSULTING	STRZELCE GÓRNE	POL	M40-49		00:17:46	00:03:35	00:34:06	00:01:46	00:27:24
118	GRZEGOROWSKI JAN	134	JKG	DABROWA CHELMINSKA	POL	M30-39		00:19:49	00:04:03	00:31:51	00:01:08	00:36:59
119	STAŃCZYK KAMIL	181	8. K-PBOT	BAŁTÓW	POL	M30-39		00:17:47	00:03:49	00:34:10	00:01:13	00:21:15
120	URBAŃSKI DAWID	110		BYDGOSZCZ	POL	M40-49		00:17:56	00:04:03	00:33:48	00:02:26	00:27:00
121	KRYGER WOJCIECH	220	AJM TEAM	BYDGOSZCZ	POL	M40-49		00:17:12	00:04:08	00:34:37	00:01:46	00:26:28
122	MORDAKA MACIEJ	3		BYDGOSZCZ	POL	M40-49		00:16:39	00:03:32	00:35:50	00:01:48	00:35:34
123	JASIECKI MILAN	173	ENDURE TEAM	PRĄDKI	POL	M18-29		00:19:26	00:04:57	00:31:59	00:01:30	00:20:15
124	LISEWSKI PIOTR	100		BYDGOSZCZ	POL	M60-69		00:18:51	00:03:26	00:34:11	00:01:28	00:25:50
125	RUSZKOWSKI WIKTOR	128		WARSZAWA	POL	M30-39		00:15:42	00:04:14	00:36:33	00:01:02	00:27:41
126	ŻELAZNY MARCIN	27		BYDGOSZCZ	POL	M50-59		00:15:48	00:03:52	00:36:59	00:02:38	00:32:14
127	SZEWS MAREK	136	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M50-59		00:18:52	00:02:52	00:34:55	00:01:37	00:28:07
128	MIKOŁAJCZAK ARTUR	178		NIWY	POL	M40-49		00:18:34	00:03:32	00:34:37	00:01:33	00:29:12
129	SZYMCZAK KRZYSZTOF	88	SYSTEM 11	WAŁCZ DRUGI	POL	M50-59		00:20:25	00:03:32	00:32:52	00:01:29	00:24:51
130	PAPIEROWSKI PIOTR	40	ATOS	OSIELSKO	POL	M30-39		00:18:15	00:04:03	00:34:31	00:01:19	00:32:22
131	WRÓBEL SEBASTIAN	243	CYKLO BYDGOSZCZ	BYDGOSZCZ	POL	M40-49		00:22:45	00:03:09	00:31:05	00:01:30	00:25:36

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, Mężczyźni c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie		T1	Rower		T2	Bieg 5km
								0.75km			20km			
132	KWIATKOWSKI PIOTR	165		BYDGOSZCZ	POL	M30-39		00:17:38		00:04:35	00:34:48		00:01:59	00:28:14
133	HAJŁASZ MARCIN	129		WROCLAW	POL	M30-39		00:17:53		00:04:28	00:34:42		00:01:49	00:30:38
134	BEM WOJCIECH	194		TORUŃ	POL	M30-39		00:17:46		00:03:37	00:36:02		00:01:23	00:30:28
135	OSAK PAWEŁ	19		BYDGOSZCZ	POL	M30-39		00:18:36		00:03:48	00:35:14		00:01:05	00:28:46
136	STYPCZYŃSKI JAN	154		BYDGOSZCZ	POL	M18-29		00:18:37		00:02:54	00:36:29		00:00:40	00:29:13
137	NIEDŹWIEDZKI ARKADIUSZ	148	SMARUJ NA TRENING	BORCZ	POL	M40-49		00:19:39		00:03:25	00:34:57		00:01:38	00:25:25
138	STĘPIEŃ MICHAŁ	116		BYDGOSZCZ	POL	M30-39		00:17:51		00:03:55	00:36:23		00:01:25	00:29:13
139	ROBACZEK ANDRZEJ	170		NOWA WIEŚ MALBORSKA	POL	M40-49		00:18:50		00:04:07	00:35:22		00:01:36	00:28:41
140	LIPCZYŃSKI TOMASZ	64	AKTYWNIIE UZALEŻNIAMY PŁOCK	PŁOCK	POL	M30-39		00:16:47		00:04:35	00:37:19		00:00:29	00:27:18
141	BAUMGART JACEK	195	BIEGAJ Z DĘBAMI	OSIELSKO	POL	M60-69		00:18:02		00:04:33	00:36:31		00:01:00	00:25:52
142	GUZIK KRZYSZTOF	141		BYDGOSZCZ	POL	M30-39		00:20:42		00:03:06	00:35:23		00:01:26	00:27:49
143	MICHALEWSKI BARTOSZ	207	SOLANO	BYDGOSZCZ	POL	M40-49		00:18:50		00:05:01	00:35:23		00:00:37	00:25:45
144	WAWRZYŃIAK DOMINIK	53	TAVERNA NAKŁO	WYSTĘP	POL	M18-29		00:20:02		00:03:24	00:35:56		00:01:46	00:24:03
145	WOŹNIAK RADEK	123		BYDGOSZCZ	POL	M40-49		00:19:39		00:04:06	00:35:38		00:01:40	00:33:37
146	KOLASSA ROBERT	42		MUROWANIEC	POL	M30-39		00:18:49		00:03:42	00:37:01		00:00:42	00:24:41
147	KUBALEWSKI KRZYSZTOF	127		BYDGOSZCZ	POL	M30-39		00:16:26		00:05:07	00:38:12		00:02:11	00:36:29
148	ŚWIERCZYŃSKI MARCIN	36	ATHLETICOMED.PL BYDGOSZCZ	NEKLA	POL	M30-39		00:16:53		00:02:08	00:41:23		00:01:09	00:23:04
149	MAŁKIŃSKI JÓZEF	84		BYDGOSZCZ	POL	M60-69		00:19:46		00:03:36	00:37:02		00:00:54	00:30:24
150	OSTROWSKI RAFAŁ	68	AKTYWNIIE UZALEŻNIAMY PŁOCK	PŁOCK	POL	M40-49		00:18:41		00:06:14	00:36:03		00:01:04	00:25:32
151	OLSZEWSKI DANIEL	169		MALBORK	POL	M30-39		00:19:42		00:04:08	00:37:20		00:01:17	00:31:25
152	NOWAK BARTŁOMIEJ	214	FORGE YOUR FUTURE	KOMOROWICE	POL	M40-49		00:20:31		00:05:14	00:36:20		00:03:56	00:38:21
153	TOPOLSKI KAMIL	146		BYDGOSZCZ	POL	M18-29		00:19:44		00:04:40	00:37:51		00:01:05	00:24:48
154	BINKOWSKI CZAREK	255	LKS OSTROMECKO	OSTROMECKO	POL	M50-59		00:21:03		00:05:14	00:36:25		00:02:11	00:32:12
155	DOLATA ŁUKASZ	135		STRZELCE GÓRNE	POL	M40-49		00:19:48		00:04:45	00:38:29		00:01:34	00:25:49
156	SKÓRCZEWSKI JACEK	124		NIEMCZ	POL	M60-69		00:22:02		00:05:09	00:36:25		00:01:56	00:29:29
157	PANTKOWSKI ADAM	143		KORONOWO	POL	M40-49		00:26:21		00:04:41	00:33:15		00:02:40	00:30:12
158	BOGALECKI MAREK	209	KS SOKÓŁ ZBLEWO	STAROGARD GDAŃSKI	POL	M60-69		00:20:55		00:06:17	00:37:27		00:03:07	00:30:18
159	SZUKALSKI MICHAŁ	14		BYDGOSZCZ	POL	M40-49		00:20:38		00:03:52	00:40:19		00:01:48	00:26:34
160	BUCZKO MICHAŁ	109		NAMYSŁÓW	POL	M40-49		00:21:47		00:04:08	00:39:11		00:02:13	00:32:48
161	MONTOWSKI JAN	132	KLUB OPŁAWIEC	BYDGOSZCZ	POL	M60-69		00:23:15		00:04:54	00:37:11		00:01:05	00:34:05
162	POBOC PRZEMYSŁAW	155		KRUSZYN	POL	M50-59		00:22:40		00:04:10	00:38:37		00:01:45	00:32:04
163	SERWACKI DAWID	99		BYDGOSZCZ	POL	M30-39		00:19:49		00:04:51	00:40:56		00:01:19	00:31:01
164	RAŃCZKOWSKI DANIEL	117	AKTYWNIIE UZALEŻNIAMY PŁOCK	PŁOCK	POL	M30-39		00:19:36		00:04:46	00:41:25		00:00:54	00:28:42
165	CZYŻEWSKI PIOTR	20		BRZOZA	POL	M40-49		00:22:57		00:05:24	00:38:47		00:02:22	00:40:07
166	URBAŃSKI DANIEL	91		BYDGOSZCZ	POL	M40-49		00:19:54		00:06:22	00:42:12		00:02:05	00:32:26
167	ŚWIADEK HUBERT	67		BYDGOSZCZ	POL	M30-39		00:24:14		00:04:39	00:40:42		00:01:51	00:29:49
168	MAŃCZAK WAWRZYNIEC	152	ENDURE TEAM	BYDGOSZCZ	POL	M70-79		00:16:08		00:08:34	00:46:15		00:01:37	00:45:45
169	CIESIELSKI PIOTR	183		MAKSYMILIANOWO	POL	M50-59		00:22:12		00:05:21	00:44:11		00:02:21	00:32:27
170	KWIATKOWSKI ROMAN	115		STRZELCE GÓRNE	POL	M60-69		00:26:40		00:07:19	00:41:27		00:02:02	00:41:39
171	WIŚNIEWSKI KRZYSZTOF	7	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59		00:30:28		00:05:26	00:40:39		00:02:22	00:37:14
172	SAWICKI WALDEMAR	83		BYDGOSZCZ	POL	M80+		00:25:33		00:05:44	00:45:17		00:01:28	00:47:58
173	SŁOWIŃSKI SŁAWEK	157		BYDGOSZCZ	POL	M40-49		00:28:40		00:05:19	00:45:55		00:01:27	00:36:59
	MAAS OLIVER	161	SOPREMA TEAM TSV MANNHEIM	MANNHEIM	GER	M18-29		00:12:14	DNF	00:02:50			00:00:00	00:00:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie		T1	Rower		T2	Bieg 5km
								0.75km			20km			
1	MIELOCH ARTUR	215	DAWAJ KALACH TEAM	CHODZIEŻ	POL	M40-49		00:11:00		00:02:07	00:28:38		00:00:36	00:20:52
2	RYMER JAKUB	235	ERPLAST/BOGMAR	BYDGOSZCZ	POL	M30-39		00:12:17		00:02:11	00:28:06		00:00:53	00:21:41
3	ŁOPUSZYŃSKI KRZYSZTOF	150	TRISPACE/TREK	BYDGOSZCZ	POL	M40-49		00:13:15		00:02:10	00:27:32		00:00:36	00:20:44
4	MISZTELA JAKUB	74	PTT DELTA	SŁUPNO	POL	M18-29		00:11:22		00:01:38	00:30:17		00:00:30	00:19:07
5	PRZYBYLSKI JAKUB	138	KOMPUTRONIK	POZNAŃ	POL	M40-49		00:13:40		00:02:15	00:27:28		00:00:59	00:19:18
6	FÓRMANIAK PIOTR	212	TM IRON TEAM	BYDGOSZCZ	POL	M40-49		00:12:56		00:02:11	00:28:30		00:00:46	00:21:05

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie	T1	Rower	T2	Bieg
								0.75km		20km		5km
7	PARTYKA RAFAŁ	29	RAFAL AGAINST THE MACHINE	BYDGOSZCZ	POL	M40-49		00:13:09	00:02:21	00:28:19	00:01:09	00:19:37
8	WASZYŁ MICHAŁ	95	WITKOWO BIEGA / SPORTMANIA SŁUPCA	POWIDZ	POL	M30-39		00:11:42	00:01:53	00:30:26	00:00:56	00:20:53
9	BASIŃSKI ŁUKASZ	4	ELENSPORT.PL SKLEPY SPORTOWE	BYDGOSZCZ	POL	M30-39		00:14:20	00:01:50	00:27:57	00:00:45	00:19:10
10	DROBINSKI DANIEL	193	ŁAPATRIRUN	BYDGOSZCZ	POL	M30-39		00:13:56	00:02:39	00:28:00	00:00:53	00:21:04
11	WIERZYŃSKI DAMIAN	144	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39		00:14:34	00:01:58	00:28:08	00:00:57	00:20:45
12	SZEWCUK PATRYK	71	SPORT ZDROWIE KONDYJCJA ŚWIECIE	ŚWIECIE	POL	M30-39		00:13:42	00:02:05	00:28:58	00:00:58	00:21:43
13	TWAROWSKI KAROL	231		TORUŃ	POL	M40-49		00:11:50	00:01:57	00:31:09	00:01:11	00:20:56
14	KRÓL HUBERT	246	WWW.TRENERTRIATHLONU.PL	POZNAŃ	POL	M30-39		00:12:12	00:02:15	00:30:39	00:00:47	00:23:36
15	KOTŁOWSKI BARTOSZ	256	LKS OSTROMECKO	BYDGOSZCZ	POL	M30-39		00:14:17	00:01:42	00:29:10	00:01:11	00:16:58
16	ZIENKIEWICZ JANUSZ	201	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59		00:13:59	00:02:08	00:29:06	00:00:47	00:19:13
17	SUDZIŃSKI HUBERT	239	TEAMOCHAL	SĘPÓLNO KRAJEŃSKIE	POL	M18-29		00:14:03	00:01:52	00:29:24	00:00:57	00:18:54
18	GIERACH WOJCIECH	247	TRISPACE/TREK	NIEMCZ	POL	M18-29		00:14:20	00:01:50	00:29:15	00:00:43	00:24:38
19	KUBANEK ŁUKASZ	79	Ł_T_R	NIEMCZ	POL	M40-49		00:14:59	00:03:02	00:27:42	00:01:42	00:21:19
20	URBANOWSKI WŁODZIMIERZ	202	RETRO STORK TEAM	TORUŃ	POL	M40-49		00:12:21	00:03:19	00:30:04	00:00:51	00:27:04
21	KOWALIKOWSKI DANIEL	221	TM IRON TEAM	BYDGOSZCZ	POL	M30-39		00:12:56	00:02:19	00:30:36	00:01:05	00:24:00
22	MAJEWSKI ROBERT	208	#TEAMOCHAL	BYDGOSZCZ	POL	M40-49		00:13:56	00:02:32	00:29:25	00:01:07	00:20:32
23	CYBULSKI JACEK	62	SWIM2TRI	SZCZECIN	POL	M40-49		00:13:58	00:02:17	00:29:47	00:01:09	00:20:10
24	ZIELIŃSKI NICOLAS	191	SKLEP ELENSPORT.PL	OSIELSKO	POL	M30-39		00:13:47	00:02:13	00:30:08	00:00:47	00:21:28
25	WITKOWSKI MATEUSZ	218	WITKOWSKI PLANY TRENINGOWE	NOWE BIELICE	POL	M30-39		00:14:21	00:01:56	00:30:14	00:00:59	00:18:18
26	DAWIDOWICZ MACIEJ	28		BRZOZA	POL	M40-49		00:14:28	00:02:34	00:29:37	00:00:51	00:24:52
27	GOŁATA WOJCIECH	222	BOGMAR LKS OSTROMECKO	DĄBROWA CHEŁMIŃSKA	POL	M40-49		00:14:16	00:02:10	00:30:25	00:00:54	00:21:11
28	LICZNIERSKI MAREK	25		PLEWISKA	POL	M30-39		00:14:12	00:02:18	00:30:28	00:01:08	00:22:49
29	BYCH MACIEJ	206	GRAJAN TRIATHLON TEAM	OŁAWA	POL	M40-49		00:12:40	00:02:35	00:31:49	00:01:07	00:23:06
30	NOWAK ARTUR	8		JOZEFÓW	POL	M50-59		00:14:02	00:02:14	00:30:57	00:00:49	00:22:09
31	ROHDE PIOTR	190	TM IRONTEAM	BYDGOSZCZ	POL	M18-29		00:13:22	00:02:26	00:31:35	00:00:55	00:21:35
32	GACKA RAFAŁ	216	LUPUS TEAM	SICIENKO	POL	M40-49		00:14:51	00:02:39	00:30:01	00:01:02	00:20:44
33	SKORECKI ALEKSANDER	252	BYDGOSZCZ TRIATHLON TEAM	BYDGOSZCZ	POL	M30-39		00:13:57	00:02:31	00:31:07	00:00:49	00:22:40
34	GIERACH JAKUB	248	TRISPACE/TREK	NIEMCZ	POL	M18-29		00:13:34	00:02:03	00:32:04	00:00:54	00:22:24
35	ROHDE ŁUKASZ	196	TM IRONTEAM	BYDGOSZCZ	POL	M18-29		00:14:19	00:02:24	00:31:04	00:00:57	00:23:15
36	KRÓL MACIEJ	210	#CHMURACOACHING	BYDGOSZCZ	POL	M50-59		00:15:21	00:02:41	00:29:45	00:01:18	00:23:07
37	ŻMICH-FÓRMANIAK JOANNA	213	TM IRONTEAM	BYDGOSZCZ	POL	K40-49		00:14:53	00:02:13	00:30:53	00:00:50	00:23:57
38	BERNACKI MATEUSZ	153	WANIEWSKI COACHING	NOWY DWÓR GDAŃSKI	POL	M18-29		00:12:44	00:02:41	00:32:45	00:01:00	00:21:23
39	PIEKUT ALEKSANDRA	237	BRZEZIŃSKI RUN CLUB	NIEMCZ	POL	K30-39		00:16:15	00:02:27	00:29:33	00:01:20	00:20:36
40	BUGALSKI WOJCIECH	33	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M40-49		00:15:13	00:03:31	00:29:40	00:01:09	00:22:44
41	JANUSZKIEW PIOTR	39	REBELIA UNDERGROUND TRIATHLON	ŁOCHOWO	POL	M40-49		00:14:34	00:02:39	00:31:11	00:00:54	00:21:43
42	KROPLEWSKI MACIEJ	251	CTS	GDAŃSK	POL	M40-49		00:14:51	00:02:54	00:30:40	00:00:48	00:23:12
43	MALICKI PATRYK	122		DĘBOGÓRZE	POL	M30-39		00:11:31	00:03:30	00:33:36	00:00:47	00:27:21
44	KRÓL PATRYK	119	TRIATHLON KONSULTING	TORUŃ	POL	M30-39		00:13:06	00:02:44	00:32:53	00:01:00	00:24:17
45	KNAPIK KAROL	125	DAWAJ KALACH TEAM	OSIELSKO	POL	M30-39		00:15:08	00:02:45	00:30:54	00:00:47	00:23:21
46	CIEPŁOWSKI ROBERT	107		BYDGOSZCZ	POL	M40-49		00:12:40	00:02:59	00:33:28	00:01:26	00:27:10
47	LPIŃSKI MICHAŁ	137	LIPA#76	ZIELONKA	POL	M40-49		00:14:19	00:03:19	00:31:45	00:01:15	00:25:06
48	NAPIERAŁA MIKOŁAJ	58	TEAMOCHAL	BYDGOSZCZ	POL	M30-39		00:15:32	00:03:07	00:30:47	00:01:22	00:21:29
49	KWAPIŃSKI DAMIAN	49	TEAMOCHAL	BYDGOSZCZ	POL	M40-49		00:17:08	00:02:54	00:29:25	00:00:53	00:21:26
50	PALETA ELŻBIETA	187	TM IRON TEAM	KATOWICE	POL	K18-29		00:15:32	00:02:42	00:31:21	00:01:00	00:22:31
51	BOROWSKI RADOSŁAW	89	MILKS KRAJNA SĘPÓLNO	BYDGOSZCZ	POL	M30-39		00:16:00	00:02:49	00:30:50	00:01:00	00:22:07
52	DADEJ RAFAŁ	184	PIASKIEM W RAKA	GDYŃIA	POL	M40-49		00:15:51	00:02:40	00:31:20	00:01:58	00:21:32
53	GRZEŚIAK PATRYK	102	ARTURKUREK.PRO	ŻYRARDÓW	POL	M40-49		00:15:17	00:03:10	00:31:25	00:01:05	00:25:49
54	GŁĄB ANDRZEJ	197	WANIEWSKI COACHING	MALBORK	POL	M50-59		00:15:16	00:02:40	00:31:59	00:01:17	00:25:08
55	NOWOTNIK MARIUSZ	97		BYDGOSZCZ	POL	M40-49		00:16:00	00:02:57	00:31:03	00:01:12	00:22:43
56	TRZOPEK GRZEGORZ	192		ŚWIECIE	POL	M40-49		00:16:51	00:03:58	00:29:18		
57	KNYPIŃSKI WOJCIECH	34		BYDGOSZCZ	POL	M30-39		00:14:28	00:03:19	00:32:22	00:01:30	00:24:13
58	KUNDE TOMASZ	253	BYDGOSZ TRIATHLON	BYDGOSZCZ	POL	M30-39		00:13:40	00:02:32	00:34:01	00:01:05	00:29:24
59	PRZYBYTKOWSKI MAREK	52	ELENSPORT.PL SKLEPY SPORTOWE	BYDGOSZCZ	POL	M30-39		00:17:20	00:02:30	00:30:31	00:01:20	00:20:57
60	CHODKIEWICZ TOMASZ	31	GARDEN FLORA MTB TEAM	BYDGOSZCZ	POL	M40-49		00:16:43	00:03:15	00:30:36	00:01:39	00:23:44
61	DUDKOWIAK MICHAŁ	240	DUDKOWIAK KOPEC PUTYRA - BUSINESS LAWYERS	POZNAŃ	POL	M30-39		00:14:55	00:03:32	00:32:09	00:01:25	00:27:29

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
62	KOTOŃSKI DAMIAN	175		GDAŃSK	POL	M30-39		00:17:01	00:03:08	00:30:28	00:01:17	00:24:59
63	BUDZIK IRENEUSZ	226		BYDGOSZCZ	POL	M50-59		00:16:45	00:02:49	00:31:04	00:01:07	00:23:24
64	ANDRZEJEWSKA SYLWIA	238	TEAMOCHAL	BYDGOSZCZ	POL	K30-39		00:18:19	00:02:49	00:29:32	00:01:36	00:22:20
65	STĘPIEŃ TOMAS	54		JARUŻYN	POL	M40-49		00:16:19	00:03:42	00:30:51	00:01:17	00:25:44
66	BOIŃSKI BARTOSZ	234	TM IRON TEAM	BYDGOSZCZ	POL	M30-39		00:15:49	00:02:34	00:32:35	00:00:51	00:22:32
67	BRYLL ŁUKASZ	45	FORTIS SAGITTA TEAM	KRUSZYN KRAJEŃSKI	POL	M40-49		00:16:23	00:03:03	00:31:34	00:01:19	00:25:55
68	SOBCZAK MARCIN	104	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M40-49		00:15:36	00:02:41	00:32:47	00:01:02	00:26:15
69	WOŹNIAK ANNA	205	TM IRON TEAM	BYDGOSZCZ	POL	K40-49		00:17:22	00:03:10	00:30:33	00:01:15	00:24:52
70	HUZARSKI AMADEUSZ	130	AKADEMIA MISTRZÓW SPORTU	POTULICE	POL	M18-29		00:16:04	00:02:06	00:32:56	00:01:05	00:21:28
71	PALUCH JAN	203	TRIATHLON KONSULTING	TORUŃ	POL	M18-29		00:17:01	00:03:13	00:30:53	00:01:16	00:20:45
72	KASPEROWICZ MARCIN	55	PREDATORS 3TEAM	BYDGOSZCZ	POL	M40-49		00:15:11	00:02:35	00:33:23	00:01:09	00:24:20
73	RYMARKIEWICZ MAŁGORZATA	230	TM IRONTEAM	BYDGOSZCZ	POL	K40-49		00:16:55	00:02:41	00:31:35	00:01:19	00:23:26
74	BRZEZIŃSKI ŁUKASZ	105	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M30-39		00:17:00	00:02:56	00:31:21	00:01:10	00:22:59
75	TYMIŃSKI DARIUSZ	172	PTT DELTA	BRWILNO	POL	M50-59		00:17:51	00:02:11	00:31:17	00:00:54	00:21:02
76	ZALEWSKI MARCIN	41		ŻYRARDÓW	POL	M30-39		00:15:26	00:02:47	00:33:15	00:00:59	00:24:23
77	GILL DANIEL	249	LKS OSTROMECKO	BYDGOSZCZ	POL	M40-49		00:18:28	00:03:07	00:29:55	00:00:45	00:22:18
78	DOMBROWSKI PATRYK	113		BYDGOSZCZ	POL	M30-39		00:16:24	00:02:46	00:32:21	00:01:13	00:21:33
79	GUMIŃSKI SZYMON	164		NIWY	POL	M30-39		00:14:46	00:03:34	00:33:23	00:01:22	00:25:38
80	WNUK MATEUSZ	217		BYDGOSZCZ	POL	M18-29		00:14:41	00:03:06	00:33:58	00:00:39	00:25:47
81	GIEDRYS ROMAN	73		TUCHOLA	POL	M50-59		00:17:23	00:03:22	00:31:01	00:01:26	00:25:06
82	CICHOWICZ MARTYNA	69	PTT DELTA	PŁOCK	POL	K30-39		00:13:29	00:03:04	00:35:14	00:01:23	00:25:58
83	ZAJĄKAŁA WOJCIECH	188		BYDGOSZCZ	POL	M18-29		00:15:58	00:03:11	00:32:45	00:01:27	00:22:58
84	TURZYŃSKI JAROSŁAW	94	HOLY TRIATHLON TEAM	MALBORK	POL	M30-39		00:15:26	00:03:28	00:33:06	00:00:56	00:22:59
85	CHROMIŃSKI FABIAN	32		BYDGOSZCZ	POL	M30-39		00:16:53	00:03:30	00:31:37	00:01:22	00:24:30
86	GRUBICH ARKADIUSZ	244		BYDGOSZCZ	POL	M40-49		00:17:51	00:03:09	00:31:01	00:01:28	00:23:22
87	CYBULSKI PAWEŁ	160		ŚWIECIE	POL	M30-39		00:17:18	00:03:11	00:31:32	00:01:09	00:22:07
88	ŁABĘDZKI MACIEJ	38	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	TRISPACE/TREK	00:15:50	00:03:12	00:33:01	00:01:11	00:25:45
89	KOPIŃSKA - KRÓL MAGDALENA	211	#CHMURACOACHING	BYDGOSZCZ	POL	K40-49		00:17:12	00:02:55	00:32:08	00:01:10	00:27:30
90	KARCZEWSKI FILIP	18		BYDGOSZCZ	POL	M40-49		00:18:03	00:03:04	00:31:14	00:00:48	00:25:00
91	WAŁĘZA HUBERT	17		DRZEWCZE	POL	M30-39		00:16:59	00:03:14	00:32:11	00:00:57	00:24:47
92	SIUDA MAREK	43		BYDGOSZCZ	POL	M50-59		00:15:40	00:03:51	00:32:56	00:01:58	00:25:15
93	MICHAŁIK JOANNA	147		BYDGOSZCZ	POL	K40-49		00:16:23	00:03:23	00:32:48	00:01:42	00:24:41
94	MIŚ FILIP	162	MAM W PŁYWANIU TYLE DOŚWIADCZENIA, CO CZESKA ŻEGLUGA MORSKA	PUSZCZYKOWO	POL	M18-29		00:16:42	00:03:30	00:32:24	00:00:51	00:21:00
95	DULAT ROLAND	254	LKS OSTROMECKO	BYDGOSZCZ	POL	M30-39		00:15:58	00:03:57	00:32:51	00:00:38	00:22:32
96	GÓRNY BARTŁOMIEJ	63		KOŚCIELECZKI	POL	M40-49		00:17:48	00:02:34	00:32:31	00:01:41	00:25:00
97	OZOROWSKI ŁUKASZ	204		SZEMBEKOWO	POL	M40-49		00:17:38	00:03:38	00:31:37	00:01:14	00:22:32
98	CYNOWSKI KRZYSZTOF	10	CYNA	SZCZECIN	POL	M40-49		00:17:18	00:02:57	00:32:42	00:01:17	00:25:47
99	ANTOSIK PATRYK	66	CSWŁAD POZNAŃ	KCYNIA	POL	M30-39		00:18:36	00:03:39	00:31:11	00:01:32	00:24:55
100	SOŁDYGA PAWEŁ	257	SKOWRONEKBIEGA	BYDGOSZCZ	POL	M40-49		00:18:26	00:02:53	00:32:08	00:01:59	00:24:08
101	LOOSE ANNA	139		BYDGOSZCZ	POL	K30-39		00:13:57	00:03:35	00:35:58	00:01:10	00:25:10
102	KOWALSKI PIOTR	76		BYDGOSZCZ	POL	M50-59		00:17:22	00:03:43	00:32:33	00:02:50	00:24:35
103	CHOLEWCZYŃSKI DAMIAN	232	TM IRON TEAM	NOWE DĄBIE	POL	M30-39		00:17:14	00:03:01	00:33:25	00:01:06	00:24:40
104	SZCZEŚNIAK SZYMON	180	SUCHOLESKIE NIEDŹWIEDZIE	SUCHY LAS	POL	M30-39		00:16:09	00:03:13	00:34:19	00:01:06	00:22:34
105	SIEG TYMOTEUSZ	219		GDYNIA	POL	M18-29		00:15:14	00:04:50	00:33:37	00:01:56	00:28:25
106	MOJSIEWICZ NATALIA	227		WARSZAWA	POL	K18-29		00:16:59	00:03:03	00:33:40	00:01:15	00:26:06
107	SOBCZYŃSKI MICHAŁ	200		TRYSZCZYN	POL	M30-39		00:15:28	00:03:44	00:34:46	00:01:25	00:28:50
108	ŁUKOWSKI GRZEGORZ	72	RODZINNY TEAM ŚRODKOWA	PŁOCK	POL	M40-49		00:17:06	00:03:59	00:32:57	00:01:48	00:30:18
109	DOLIŃSKI DAWID	81		GOSTYŃ	POL	M40-49		00:16:01	00:04:41	00:33:28	00:02:29	00:26:25
110	MOLTZAN LILIANA	174		TORUŃ	POL	K18-29		00:14:14	00:03:19	00:36:38	00:01:49	00:26:09
111	SANKOWSKA EWELINA	159		GDYNIA	POL	K40-49		00:15:08	00:02:58	00:36:10	00:01:43	00:27:35
112	GABRYCH MACIEJ	24	CZARNE STOPY	BYDGOSZCZ	POL	M40-49		00:17:31	00:03:07	00:33:40	00:01:03	00:23:52
113	RUCIŃSKI RAFAŁ	22	SELEKCJA NATURALNA	MAŁE RUDY (WOJ. KUJAWSKO-POMORSKIE)	POL	M30-39		00:18:30	00:02:38	00:33:17	00:01:12	00:25:37
114	CICHOŃSKA-BAZAK MARZENA	163		ŻOŁĘDOWO	POL	K50-59		00:18:25	00:03:14	00:32:51	00:01:44	00:24:19
115	REPKA MAREK	166	LUPUS TEAM	BYDGOSZCZ	POL	M50-59		00:21:06	00:02:49	00:30:42	00:01:17	00:26:27

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie		T1	Rower		T2	Bieg 5km
								0.75km			20km			
116	GMOSIŃSKI TOMASZ	199	CSU RACING TEAM BYDGOSZCZ	BYDGOSZCZ	POL	M40-49		00:16:33	00:04:10	00:33:59	00:02:41	00:25:30		
117	STRYCYŃSKI MAREK	26	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	TRISPACE/TREK	00:18:37	00:03:22	00:32:44	00:01:45	00:24:50		
118	MAJDA ADRIAN	121		LIPNIKI	POL	M30-39		00:17:43	00:03:06	00:33:55	00:01:27	00:26:31		
119	LUDWINIAK BOGDAN	111		BYDGOSZCZ	POL	M50-59		00:17:59	00:02:57	00:33:54	00:01:43	00:30:01		
120	ZIELIŃSKI RADOSŁAW	2		BYDGOSZCZ	POL	M30-39		00:17:33	00:03:30	00:33:51	00:01:34	00:29:54		
121	PODLASIŃSKI TOMASZ	140	BAYERLIFETEAM	NIEMCZ	POL	M50-59		00:16:15	00:03:42	00:35:02	00:01:24	00:26:03		
122	YAFIMCHYK ANDREI	142	ORCA	POZNAN	POL	M40-49		00:15:09	00:02:47	00:37:05	00:01:49	00:24:02		
123	ŁATKA MARCIN	5		MYŚLECINEK	POL	M40-49		00:15:18	00:02:57	00:36:46	00:00:49	00:28:20		
124	SADKIEWICZ JACEK	225	RACING TEAM	OSIELSKO	POL	M50-59		00:17:14	00:03:50	00:33:57	00:01:40	00:34:08		
125	GRĄBCZEWSKI SŁAWOMIR	185		KOBYLARNIA	POL	M30-39		00:15:31	00:04:07	00:35:25	00:01:42	00:22:41		
126	KUŹMA WOJTEK	6		BYDGOSZCZ	POL	M50-59		00:19:11	00:03:00	00:32:52	00:00:58	00:27:30		
127	BABIAK JAKUB	228	ENDURE TEAM	BYDGOSZCZ	POL	M40-49		00:20:05	00:04:22	00:30:45	00:01:36	00:33:35		
128	ROMAN KRZYSZTOF	93		BOLSZEWO	POL	M40-49		00:18:23	00:03:59	00:32:52	00:01:53	00:23:52		
129	MOSKAL PRZEMYSŁAW	145		BORÓWNO	POL	M18-29		00:17:01	00:03:32	00:34:42	00:00:34	00:24:29		
130	TUROWSKI MACIEJ	133		ZIELONKA	POL	M30-39		00:15:37	00:03:48	00:35:53	00:01:05	00:28:53		
131	CHMURA MACIEJ	101	TRIATHLON KONSULTING	STRZELCE GÓRNE	POL	M40-49		00:17:46	00:03:35	00:34:06	00:01:46	00:27:24		
132	GRZEGOROWSKI JAN	134	JKG	DABROWA CHELMINSKA	POL	M30-39		00:19:49	00:04:03	00:31:51	00:01:08	00:36:59		
133	STAŃCZYK KAMIL	181	8. K-PBOT	BAŁTÓW	POL	M30-39		00:17:47	00:03:49	00:34:10	00:01:13	00:21:15		
134	URBAŃSKI DAWID	110		BYDGOSZCZ	POL	M40-49		00:17:56	00:04:03	00:33:48	00:02:26	00:27:00		
135	LICZNIERSKA ALINA	56	OWOCBIEGA TEAM	PLEWISKA	POL	K40-49		00:20:46	00:02:31	00:32:37	00:00:48	00:22:06		
136	KRYGER WOJCIECH	220	AJM TEAM	BYDGOSZCZ	POL	M40-49		00:17:12	00:04:08	00:34:37	00:01:46	00:26:28		
137	MORDAKA MACIEJ	3		BYDGOSZCZ	POL	M40-49		00:16:39	00:03:32	00:35:50	00:01:48	00:35:34		
138	JASIECKI MILAN	173	ENDURE TEAM	PRĄDKI	POL	M18-29		00:19:26	00:04:57	00:31:59	00:01:30	00:20:15		
139	JARLACZYŃSKA HANNA	242		TYCHY	POL	K18-29		00:17:32	00:03:02	00:35:54	00:01:30	00:25:23		
140	LISEWSKI PIOTR	100		BYDGOSZCZ	POL	M60-69		00:18:51	00:03:26	00:34:11	00:01:28	00:25:50		
141	SZYMCZAK ELWIRA	151		INOWROCŁAW	POL	K18-29		00:16:24	00:03:43	00:36:21	00:00:49	00:25:24		
142	RUSZKOWSKI WIKTOR	128		WARSZAWA	POL	M30-39		00:15:42	00:04:14	00:36:33	00:01:02	00:27:41		
143	ŻELAZNY MARCIN	27		BYDGOSZCZ	POL	M50-59		00:15:48	00:03:52	00:36:59	00:02:38	00:32:14		
144	SZEWS MAREK	136	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M50-59		00:18:52	00:02:52	00:34:55	00:01:37	00:28:07		
145	MIKOŁAJCZAK ARTUR	178		NIWY	POL	M40-49		00:18:34	00:03:32	00:34:37	00:01:33	00:29:12		
146	SZYMCZAK KRZYSZTOF	88	SYSTEM 11	WAŁCZ DRUGI	POL	M50-59		00:20:25	00:03:32	00:32:52	00:01:29	00:24:51		
147	PAPIEROWSKI PIOTR	40	ATOS	OSIELSKO	POL	M30-39		00:18:15	00:04:03	00:34:31	00:01:19	00:32:22		
148	MROTEK KATARZYNA	112	AKADEMIA MISTRZÓW SPORTU	KRUSZYN KRAJEŃSKI	POL	K40-49		00:18:19	00:03:37	00:35:00	00:01:52	00:24:45		
149	WRÓBEL SEBASTIAN	243	CYKLO BYDGOSZCZ	BYDGOSZCZ	POL	M40-49		00:22:45	00:03:09	00:31:05	00:01:30	00:25:36		
150	KWIATKOWSKI PIOTR	165		BYDGOSZCZ	POL	M30-39		00:17:38	00:04:35	00:34:48	00:01:59	00:28:14		
151	HAJŁASZ MARCIN	129		WROCŁAW	POL	M30-39		00:17:53	00:04:28	00:34:42	00:01:49	00:30:38		
152	STĘPSKA MAŁGOSIA	61	ŻELKI Z KRAKOWA	KRAKÓW	POL	K50-59		00:20:09	00:03:19	00:33:39	00:01:14	00:28:33		
153	DOŁKOWSKA MONIKA	106	TM IRON TEAM	BYDGOSZCZ	POL	K30-39		00:20:14	00:03:22	00:33:44	00:01:29	00:27:09		
154	BEM WOJCIECH	194		TORUŃ	POL	M30-39		00:17:46	00:03:37	00:36:02	00:01:23	00:30:28		
155	SKORUPSKA EWA	189	OWOCBIEGA	ZALASEWO	POL	K30-39		00:18:39	00:03:12	00:35:37	00:01:12	00:25:28		
156	SKOŁOZDRZYCH IWONA	1		ZALASEWO	POL	K30-39		00:16:03	00:03:48	00:37:40	00:01:08	00:26:02		
157	OSAK PAWEŁ	19		BYDGOSZCZ	POL	M30-39		00:18:36	00:03:48	00:35:14	00:01:05	00:28:46		
158	STYPCZYŃSKI JAN	154		BYDGOSZCZ	POL	M18-29		00:18:37	00:02:54	00:36:29	00:00:40	00:29:13		
159	NIEDŹWIEDZKI ARKADIUSZ	148	SMARUJ NA TRENING	BORCZ	POL	M40-49		00:19:39	00:03:25	00:34:57	00:01:38	00:25:25		
160	KOCZOROWSKA KAMILA	11		BYDGOSZCZ	POL	K30-39		00:16:37	00:03:53	00:37:39	00:00:48	00:34:07		
161	STĘPIEŃ MICHAŁ	116		BYDGOSZCZ	POL	M30-39		00:17:51	00:03:55	00:36:23	00:01:25	00:29:13		
162	WEGNER PATRYCJA	186	SZOGUN TEAM	POZNAŃ	POL	K30-39		00:18:12	00:03:06	00:36:51	00:02:06	00:26:50		
163	MICHAŁAK AGATA	177		BYDGOSZCZ	POL	K18-29		00:18:55	00:03:16	00:36:02	00:02:09	00:28:10		
164	ROBACZEK ANDRZEJ	170		NOWA WIEŚ MALBORSKA	POL	M40-49		00:18:50	00:04:07	00:35:22	00:01:36	00:28:41		
165	CEGLARSKA INGA	258	N-BIKE	BYDGOSZCZ	POL	K40-49		00:19:03	00:03:56	00:35:23	00:01:47	00:31:45		
166	RUSZKOWSKA AGNIESZKA	126		WARSZAWA	POL	K30-39		00:17:50	00:03:18	00:37:18	00:00:36	00:30:47		
167	LIPCZYŃSKI TOMASZ	64	AKTYWNI UZALEŻNIAMY PŁOCK	PŁOCK	POL	M30-39		00:16:47	00:04:35	00:37:19	00:00:29	00:27:18		
168	BAUMGART JACEK	195	BIEGAJ Z DĘBAMI	OSIELSKO	POL	M60-69		00:18:02	00:04:33	00:36:31	00:01:00	00:25:52		
169	GUZIK KRZYSZTOF	141		BYDGOSZCZ	POL	M30-39		00:20:42	00:03:06	00:35:23	00:01:26	00:27:49		
170	MICHALEWSKI BARTOSZ	207	SOLANO	BYDGOSZCZ	POL	M40-49		00:18:50	00:05:01	00:35:23	00:00:37	00:25:45		
171	STELMACH PATRYCJA	233	TEAMOCHAL	BYDGOSZCZ	POL	K30-39		00:20:53	00:03:41	00:34:41	00:01:14	00:22:22		

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
172	WAWRZYŃIAK DOMINIK	53	TAVERNA NAKŁO	WYSTĘP	POL	M18-29		00:20:02	00:03:24	00:35:56	00:01:46	00:24:03
173	WOŹNIAK RADEK	123		BYDGOSZCZ	POL	M40-49		00:19:39	00:04:06	00:35:38	00:01:40	00:33:37
174	KOLASSA ROBERT	42		MUROWANIEC	POL	M30-39		00:18:49	00:03:42	00:37:01	00:00:42	00:24:41
175	KUBALEWSKI KRZYSZTOF	127		BYDGOSZCZ	POL	M30-39		00:16:26	00:05:07	00:38:12	00:02:11	00:36:29
176	WINIECKA MARTYNA	59	IRON HOUSE TRIATHLON WŁOCLAWEK	WŁOCLAWEK	POL	K18-29		00:19:33	00:03:14	00:37:17	00:00:39	00:30:56
177	ŚWIERCZYŃSKI MARCIN	36	ATHLETICOMED.PL BYDGOSZCZ	NEKLA	POL	M30-39		00:16:53	00:02:08	00:41:23	00:01:09	00:23:04
178	MAŁKIŃSKI JÓZEF	84		BYDGOSZCZ	POL	M60-69		00:19:46	00:03:36	00:37:02	00:00:54	00:30:24
179	KUKLISOVA GABRIELA	15		BYDGOSZCZ	SVK	K40-49		00:18:44	00:04:12	00:37:37	00:01:13	00:34:27
180	DWOJACZNA-CHRAPKOWSKA ANNA	13	IRON HOUSE TRIATHLON WŁOCLAWEK	WŁOCLAWEK	POL	K40-49		00:19:49	00:03:34	00:37:23	00:01:36	00:27:08
181	OSTROWSKI RAFAŁ	68	AKTYWNIE UZALEŻNIAMY PŁOCK	PŁOCK	POL	M40-49		00:18:41	00:06:14	00:36:03	00:01:04	00:25:32
182	STYPCZYŃSKA NATALIA	198	TRISPACE	LIPNIKI	POL	K30-39		00:18:59	00:03:14	00:38:50	00:01:31	00:30:29
183	OLSZEWSKI DANIEL	169		MALBORK	POL	M30-39		00:19:42	00:04:08	00:37:20	00:01:17	00:31:25
184	DUDKOWIAK MARTYNA	241	DUDKOWIAK FAMILY LAWYERS	POZNAN	POL	K30-39		00:20:58	00:04:25	00:36:05	00:01:34	00:30:40
185	MOSUR-GALICKA ANGELINA	9	AKADEMIA MISTRZÓW SPORTU	KOBYLARNIA	POL	K50-59		00:16:43	00:04:38	00:40:08	00:02:38	00:37:50
186	DOMEK KATARZYNA	46		BYDGOSZCZ	POL	K30-39		00:19:43	00:03:41	00:38:16	00:00:57	00:29:59
187	TIETZ NATALIA	70	STAJNIA PEGAZA STAWY	STAWY	POL	K30-39		00:17:56	00:03:42	00:40:18	00:00:42	00:32:26
188	NOWAK BARTŁOMIJ	214	FORGE YOUR FUTURE	KOMOROWICE	POL	M40-49		00:20:31	00:05:14	00:36:20	00:03:56	00:38:21
189	TOPOLSKI KAMIL	146		BYDGOSZCZ	POL	M18-29		00:19:44	00:04:40	00:37:51	00:01:05	00:24:48
190	DOBRZYŃSKA EWA	47		BYDGOSZCZ	POL	K30-39		00:22:10	00:03:26	00:36:58	00:01:19	00:25:18
191	BINKOWSKI CZAREK	255	LKS OSTROMECKO	OSTROMECKO	POL	M50-59		00:21:03	00:05:14	00:36:25	00:02:11	00:32:12
192	BAGNIEWSKA SANDRA	48		BYDGOSZCZ	POL	K30-39		00:21:42	00:03:44	00:37:27	00:01:15	00:27:24
193	DOLATA ŁUKASZ	135		STRZELCE GÓRNE	POL	M40-49		00:19:48	00:04:45	00:38:29	00:01:34	00:25:49
194	MIECZKOWSKA-LAPKE WERONIKA	118		ŁOCHOWO	POL	K30-39		00:22:14	00:04:31	00:36:18	00:01:39	00:31:43
195	PEC ANNA	90	SKS OBORNIKI	OBORNIKI	POL	K50-59		00:20:53	00:04:31	00:38:08	00:01:38	00:35:09
196	SKÓRCZEWSKI JACEK	124		NIEMCZ	POL	M60-69		00:22:02	00:05:09	00:36:25	00:01:56	00:29:29
197	BŁAŻEJEWSKA AGNIESZKA	60	TM IRON TEAM	ŁOCHOWO	POL	K30-39		00:20:31	00:04:01	00:39:08	00:01:02	00:29:47
198	PACZKOWSKA-PAPCZYŃSKA JOANNA	30	TRISPACE/TREK	BYDGOSZCZ	POL	K30-39		00:22:43	00:03:58	00:37:00	00:01:28	00:32:23
199	HRYNIEWICZ AGNIESZKA	50		ŁÓDŹ	POL	K40-49		00:18:24	00:05:03	00:40:40	00:00:49	00:30:08
200	PANTKOWSKI ADAM	143		KORONOWO	POL	M40-49		00:26:21	00:04:41	00:33:15	00:02:40	00:30:12
201	NIEDŹWIEDZKA AGATA	149	SMARUJ NA TRENING	BORCZ	POL	K30-39		00:22:15	00:03:53	00:38:13	00:01:22	00:34:52
202	BOGALECKI MAREK	209	KS SOKÓŁ ZBLEWO	STAROGARD GDAŃSKI	POL	M60-69		00:20:55	00:06:17	00:37:27	00:03:07	00:30:18
203	SZUKALSKI MICHAŁ	14		BYDGOSZCZ	POL	M40-49		00:20:38	00:03:52	00:40:19	00:01:48	00:26:34
204	BUCZKO MICHAŁ	109		NAMYSŁÓW	POL	M40-49		00:21:47	00:04:08	00:39:11	00:02:13	00:32:48
205	MONTOWSKI JAN	132	KLUB OPŁAWIEC	BYDGOSZCZ	POL	M60-69		00:23:15	00:04:54	00:37:11	00:01:05	00:34:05
206	POBOC PRZEMYSŁAW	155		KRUSZYN	POL	M50-59		00:22:40	00:04:10	00:38:37	00:01:45	00:32:04
207	SERWACKI DAWID	99		BYDGOSZCZ	POL	M30-39		00:19:49	00:04:51	00:40:56	00:01:19	00:31:01
208	RĄCZKOWSKI DANIEL	117	AKTYWNIE UZALEŻNIAMY PŁOCK	PŁOCK	POL	M30-39		00:19:36	00:04:46	00:41:25	00:00:54	00:28:42
209	CZYŻEWSKI PIOTR	20		BRZOZA	POL	M40-49		00:22:57	00:05:24	00:38:47	00:02:22	00:40:07
210	WUJEK MAGDALENA	77		BYDGOSZCZ	POL	K40-49		00:22:25	00:04:05	00:40:54	00:00:59	00:24:03
211	URBAŃSKI DANIEL	91		BYDGOSZCZ	POL	M40-49		00:19:54	00:06:22	00:42:12	00:02:05	00:32:26
212	WIŚNIEWSKA LUCYNA	16	TRISPACE/TREK	BYDGOSZCZ	POL	K50-59		00:23:12	00:04:18	00:41:15	00:01:50	00:38:24
213	NOSIADEK MARTA	78	CROSS-SPORT	WODZISŁAW ŚLĄSKI	POL	K30-39		00:22:47	00:05:47	00:40:39	00:02:41	00:34:21
214	MAKSYMOWICZ AGATA	85		LEGIONOWO	POL	K40-49		00:17:12	00:06:10	00:45:54	00:02:29	00:33:04
215	ŚWIADEK HUBERT	67		BYDGOSZCZ	POL	M30-39		00:24:14	00:04:39	00:40:42	00:01:51	00:29:49
216	SZABO-MOSKAL JADWIGA	168		BORÓWNO	POL	K50-59		00:21:00	00:04:05	00:45:17	00:00:39	00:31:40
217	MAŃCZAK WAWRZYŃCIEC	152	ENDURE TEAM	BYDGOSZCZ	POL	M70-79		00:16:08	00:08:34	00:46:15	00:01:37	00:45:45
218	LEWANDOWSKA LARYSA	229	SZKOŁA TRIATHLONU IMIENIA RAMZESA MAZURA	BYDGOSZCZ	POL	K18-29		00:24:18	00:04:28	00:42:52	00:00:38	00:33:48
219	CIESIELSKI PIOTR	183		MAKSYMILIANOWO	POL	M50-59		00:22:12	00:05:21	00:44:11	00:02:21	00:32:27
220	KWIATKOWSKI ROMAN	115		STRZELCE GÓRNE	POL	M60-69		00:26:40	00:07:19	00:41:27	00:02:02	00:41:39
221	WIŚNIEWSKI KRZYSZTOF	7	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59		00:30:28	00:05:26	00:40:39	00:02:22	00:37:14
222	SAWICKI WALDEMAR	83		BYDGOSZCZ	POL	M80+		00:25:33	00:05:44	00:45:17	00:01:28	00:47:58
223	SŁOWIŃSKI SŁAWEK	157		BYDGOSZCZ	POL	M40-49		00:28:40	00:05:19	00:45:55	00:01:27	00:36:59
224	IGNASIAK BERNADETA	158		BYDGOSZCZ	POL	K40-49		00:33:55	00:03:55	00:43:56	00:01:06	00:33:33
225	MIKA ALDONA	82		BYDGOSZCZ	POL	K50-59		00:25:53	00:07:55	00:48:05	00:01:17	00:42:47
226	WOROSZYŁO MONIKA	114	RYKOWISKO	PŁOCK	POL	K40-49		00:23:31	00:09:28	00:52:42	00:02:20	00:33:49

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, 1 Fala c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
227	KOZIK ANNA	156		PRUSZCZ	POL	K50-59		00:34:33	00:05:37	00:48:01	00:03:31	00:40:23
	MAAS OLIVER	161	SOPREMA TEAM TSV MANNHEIM	MANNHEIM	GER	M18-29		00:12:14 DNF	00:02:50		00:00:00	00:00:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, K18-29

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
1	PALETA ELŻBIETA	187	TM IRON TEAM	KATOWICE	POL	K18-29		00:15:32	00:02:42	00:31:21	00:01:00	00:22:31
2	MOJSIEWICZ NATALIA	227		WARSZAWA	POL	K18-29		00:16:59	00:03:03	00:33:40	00:01:15	00:26:06
3	MOLTZAN LILIANA	174		TORUŃ	POL	K18-29		00:14:14	00:03:19	00:36:38	00:01:49	00:26:09
4	JARLACZYŃSKA HANNA	242		TYCHY	POL	K18-29		00:17:32	00:03:02	00:35:54	00:01:30	00:25:23
5	SZYMCZAK ELWIRA	151		INOWROCŁAW	POL	K18-29		00:16:24	00:03:43	00:36:21	00:00:49	00:25:24
6	MICHALAK AGATA	177		BYDGOSZCZ	POL	K18-29		00:18:55	00:03:16	00:36:02	00:02:09	00:28:10
7	WINIECKA MARTYNA	59	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	K18-29		00:19:33	00:03:14	00:37:17	00:00:39	00:30:56
8	LEWANDOWSKA LARYSA	229	SZKOŁA TRIATHLONU IMIENIA RAMZESA MAZURA	BYDGOSZCZ	POL	K18-29		00:24:18	00:04:28	00:42:52	00:00:38	00:33:48

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M18-29

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
1	MISZTELA JAKUB	74	PTT DELTA	SŁUPNO	POL	M18-29		00:11:22	00:01:38	00:30:17	00:00:30	00:19:07
2	SUDZIŃSKI HUBERT	239	TEAMOCHAL	SĘPÓLNO KRAJEŃSKIE	POL	M18-29		00:14:03	00:01:52	00:29:24	00:00:57	00:18:54
3	GIERACH WOJCIECH	247	TRISPACE/TREK	NIEMCZ	POL	M18-29		00:14:20	00:01:50	00:29:15	00:00:43	00:24:38
4	ROHDE PIOTR	190	TM IRONTEAM	BYDGOSZCZ	POL	M18-29		00:13:22	00:02:26	00:31:35	00:00:55	00:21:35
5	GIERACH JAKUB	248	TRISPACE/TREK	NIEMCZ	POL	M18-29		00:13:34	00:02:03	00:32:04	00:00:54	00:22:24
6	ROHDE ŁUKASZ	196	TM IRONTEAM	BYDGOSZCZ	POL	M18-29		00:14:19	00:02:24	00:31:04	00:00:57	00:23:15
7	BERNACKI MATEUSZ	153	WANIEWSKI COACHING	NOWY DWÓR GDAŃSKI	POL	M18-29		00:12:44	00:02:41	00:32:45	00:01:00	00:21:23
8	HUZARSKI AMADEUSZ	130	AKADEMIA MISTRZÓW SPORTU	POTULICE	POL	M18-29		00:16:04	00:02:06	00:32:56	00:01:05	00:21:28
9	PALUCH JAN	203	TRIATHLON KONSULTING	TORUŃ	POL	M18-29		00:17:01	00:03:13	00:30:53	00:01:16	00:20:45
10	WNUK MATEUSZ	217		BYDGOSZCZ	POL	M18-29		00:14:41	00:03:06	00:33:58	00:00:39	00:25:47
11	ZAJĄKAŁA WOJCIECH	188		BYDGOSZCZ	POL	M18-29		00:15:58	00:03:11	00:32:45	00:01:27	00:22:58
12	MIS FILIP	162	MAM W PŁYWIANIU TYLE DOŚWIADCZENIA, CO CZESKA ŻEGLUGA MORSKA	PUSZCZYKOWO	POL	M18-29		00:16:42	00:03:30	00:32:24	00:00:51	00:21:00
13	SIEG TYMOTEUSZ	219		GDYNIA	POL	M18-29		00:15:14	00:04:50	00:33:37	00:01:56	00:28:25
14	MOSKAŁ PRZEMYSŁAW	145		BORÓWNO	POL	M18-29		00:17:01	00:03:32	00:34:42	00:00:34	00:24:29
15	JASIECKI MILAN	173	ENDURE TEAM	PRĄDKI	POL	M18-29		00:19:26	00:04:57	00:31:59	00:01:30	00:20:15
16	STYPCZYŃSKI JAN	154		BYDGOSZCZ	POL	M18-29		00:18:37	00:02:54	00:36:29	00:00:40	00:29:13
17	WAWRZYŃIAK DOMINIK	53	TAVERNA NAKŁO	WYSTĘP	POL	M18-29		00:20:02	00:03:24	00:35:56	00:01:46	00:24:03
18	TOPOLSKI KAMIL	146		BYDGOSZCZ	POL	M18-29		00:19:44	00:04:40	00:37:51	00:01:05	00:24:48
	MAAS OLIVER	161	SOPREMA TEAM TSV MANNHEIM	MANNHEIM	GER	M18-29		00:12:14 DNF	00:02:50		00:00:00	00:00:00

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, K30-39

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
1	PIEKUT ALEKSANDRA	237	BRZEZIŃSKI RUN CLUB	NIEMCZ	POL	K30-39		00:16:15	00:02:27	00:29:33	00:01:20	00:20:36
2	ANDRZEJEWSKA SYLWIA	238	TEAMOCHAL	BYDGOSZCZ	POL	K30-39		00:18:19	00:02:49	00:29:32	00:01:36	00:22:20
3	CICHOWICZ MARTYNA	69	PTT DELTA	PŁOCK	POL	K30-39		00:13:29	00:03:04	00:35:14	00:01:23	00:25:58
4	LOOSE ANNA	139		BYDGOSZCZ	POL	K30-39		00:13:57	00:03:35	00:35:58	00:01:10	00:25:10

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, K30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
5	DOŁKOWSKA MONIKA	106	TM IRON TEAM	BYDGOSZCZ	POL	K30-39		00:20:14	00:03:22	00:33:44	00:01:29	00:27:09
6	SKORUPSKA EWA	189	OWOCBIEGA	ZALASEWO	POL	K30-39		00:18:39	00:03:12	00:35:37	00:01:12	00:25:28
7	SKOŁOZDRZYCH IWONA	1		ZALASEWO	POL	K30-39		00:16:03	00:03:48	00:37:40	00:01:08	00:26:02
8	KOCZOROWSKA KAMILA	11		BYDGOSZCZ	POL	K30-39		00:16:37	00:03:53	00:37:39	00:00:48	00:34:07
9	WEGNER PATRYCJA	186	SZOGUN TEAM	POZNAŃ	POL	K30-39		00:18:12	00:03:06	00:36:51	00:02:06	00:26:50
10	RUSZKOWSKA AGNIESZKA	126		WARSZAWA	POL	K30-39		00:17:50	00:03:18	00:37:18	00:00:36	00:30:47
11	STELMACH PATRYCJA	233	TEAMOCHAL	BYDGOSZCZ	POL	K30-39		00:20:53	00:03:41	00:34:41	00:01:14	00:22:22
12	STYPCZYŃSKA NATALIA	198	TRISPACE	LIPNIKI	POL	K30-39		00:18:59	00:03:14	00:38:50	00:01:31	00:30:29
13	DUDKOWIAK MARTYNA	241	DUDKOWIAK FAMILY LAWYERS	POZNAŃ	POL	K30-39		00:20:58	00:04:25	00:36:05	00:01:34	00:30:40
14	DOMEK KATARZYNA	46		BYDGOSZCZ	POL	K30-39		00:19:43	00:03:41	00:38:16	00:00:57	00:29:59
15	TIETZ NATALIA	70	STAJNIA PEGAZA STAWY	STAWY	POL	K30-39		00:17:56	00:03:42	00:40:18	00:00:42	00:32:26
16	DOBRZYŃSKA EWA	47		BYDGOSZCZ	POL	K30-39		00:22:10	00:03:26	00:36:58	00:01:19	00:25:18
17	BAGNIEWSKA SANDRA	48		BYDGOSZCZ	POL	K30-39		00:21:42	00:03:44	00:37:27	00:01:15	00:27:24
18	MIECZKOWSKA-LAPKE WERONIKA	118		ŁOCHOWO	POL	K30-39		00:22:14	00:04:31	00:36:18	00:01:39	00:31:43
19	BŁĄŻEJEWSKA AGNIESZKA	60	TM IRON TEAM	ŁOCHOWO	POL	K30-39		00:20:31	00:04:01	00:39:08	00:01:02	00:29:47
20	PACZKOWSKA-PAPCZYŃSKA JOANNA	30	TRISPACE/TREK	BYDGOSZCZ	POL	K30-39		00:22:43	00:03:58	00:37:00	00:01:28	00:32:23
21	NIEDŹWIEDZKA AGATA	149	SMARUJ NA TRENING	BORCZ	POL	K30-39		00:22:15	00:03:53	00:38:13	00:01:22	00:34:52
22	NOSIADEK MARTA	78	CROSS-SPORT	WODZISŁAW ŚLĄSKI	POL	K30-39		00:22:47	00:05:47	00:40:39	00:02:41	00:34:21

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M30-39

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
1	RYMER JAKUB	235	ERPLAST/BOGMAR	BYDGOSZCZ	POL	M30-39		00:12:17	00:02:11	00:28:06	00:00:53	00:21:41
2	WASZTYL MICHAŁ	95	WITKOWO BIEGA / SPORTMANIA SŁUPCA	POWIDZ	POL	M30-39		00:11:42	00:01:53	00:30:26	00:00:56	00:20:53
3	BASIŃSKI ŁUKASZ	4	ELENSPORT.PL SKLEPY SPORTOWE	BYDGOSZCZ	POL	M30-39		00:14:20	00:01:50	00:27:57	00:00:45	00:19:10
4	DROBINSKI DANIEL	193	ŁAPATRIRUN	BYDGOSZCZ	POL	M30-39		00:13:56	00:02:39	00:28:00	00:00:53	00:21:04
5	WIERZYŃSKI DAMIAN	144	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39		00:14:34	00:01:58	00:28:08	00:00:57	00:20:45
6	SZEWCUK PATRYK	71	SPORT ZDROWIE KONDYCJA ŚWIECIE	ŚWIECIE	POL	M30-39		00:13:42	00:02:05	00:28:58	00:00:58	00:21:43
7	KRÓL HUBERT	246	WWW.TRENERTRIATHLONU.PL	POZNAŃ	POL	M30-39		00:12:12	00:02:15	00:30:39	00:00:47	00:23:36
8	KOTŁOWSKI BARTOSZ	256	LKS OSTROMECKO	BYDGOSZCZ	POL	M30-39		00:14:17	00:01:42	00:29:10	00:01:11	00:16:58
9	KOWALIKOWSKI DANIEL	221	TM IRON TEAM	BYDGOSZCZ	POL	M30-39		00:12:56	00:02:19	00:30:36	00:01:05	00:24:00
10	ZIELINSKI NICOLAS	191	SKLEP ELENSPORT.PL	OSIELSKO	POL	M30-39		00:13:47	00:02:13	00:30:08	00:00:47	00:21:28
11	WITKOWSKI MATEUSZ	218	WITKOWSKI PLANY TRENINGOWE	NOWE BIELICE	POL	M30-39		00:14:21	00:01:56	00:30:14	00:00:59	00:18:18
12	LICZNIERSKI MAREK	25		PLEWISKA	POL	M30-39		00:14:12	00:02:18	00:30:28	00:01:08	00:22:49
13	SKORECKI ALEKSANDER	252	BYDGOSZCZ TRIATHLON TEAM	BYDGOSZCZ	POL	M30-39		00:13:57	00:02:31	00:31:07	00:00:49	00:22:40
14	MALICKI PATRYK	122		DĘBOGÓRZE	POL	M30-39		00:11:31	00:03:30	00:33:36	00:00:47	00:27:21
15	KRÓL PATRYK	119	TRIATHLON KONSULTING	TORUŃ	POL	M30-39		00:13:06	00:02:44	00:32:53	00:01:00	00:24:17
16	KNAPIK KAROL	125	DAWAJ KALACH TEAM	OSIELSKO	POL	M30-39		00:15:08	00:02:45	00:30:54	00:00:47	00:23:21
17	NAPIERAŁA MIKOŁAJ	58	TEAMOCHAL	BYDGOSZCZ	POL	M30-39		00:15:32	00:03:07	00:30:47	00:01:22	00:21:29
18	BOROWSKI RADOSŁAW	89	MLKS KRAJNA SEPÓLNO	BYDGOSZCZ	POL	M30-39		00:16:00	00:02:49	00:30:50	00:01:00	00:22:07
19	KNYPIŃSKI WOJCIECH	34		BYDGOSZCZ	POL	M30-39		00:14:28	00:03:19	00:32:22	00:01:30	00:24:13
20	KUNDE TOMASZ	253	BYDGOSZ TRIATHLON	BYDGOSZCZ	POL	M30-39		00:13:40	00:02:32	00:34:01	00:01:05	00:29:24
21	PRZYBYTKOWSKI MAREK	52	ELENSPORT.PL SKLEPY SPORTOWE	BYDGOSZCZ	POL	M30-39		00:17:20	00:02:30	00:30:31	00:01:20	00:20:57
22	DUDKOWIAK MICHAŁ	240	DUDKOWIAK KOPEC PUTYRA - BUSINESS LAWYERS	POZNAŃ	POL	M30-39		00:14:55	00:03:32	00:32:09	00:01:25	00:27:29
23	KOTOŃSKI DAMIAN	175		GDAŃSK	POL	M30-39		00:17:01	00:03:08	00:30:28	00:01:17	00:24:59
24	BOIŃSKI BARTOSZ	234	TM IRON TEAM	BYDGOSZCZ	POL	M30-39		00:15:49	00:02:34	00:32:35	00:00:51	00:22:32
25	BRZEZIŃSKI ŁUKASZ	105	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M30-39		00:17:00	00:02:56	00:31:21	00:01:10	00:22:59
26	ZALEWSKI MARCIN	41		ŻYRARDÓW	POL	M30-39		00:15:26	00:02:47	00:33:15	00:00:59	00:24:23
27	DOMBROWSKI PATRYK	113		BYDGOSZCZ	POL	M30-39		00:16:24	00:02:46	00:32:21	00:01:13	00:21:33
28	GUMIŃSKI SZYMON	164		NIWY	POL	M30-39		00:14:46	00:03:34	00:33:23	00:01:22	00:25:38
29	TURZYŃSKI JAROSŁAW	94	HOLY TRIATHLON TEAM	MALBORK	POL	M30-39		00:15:26	00:03:28	00:33:06	00:00:56	00:22:59
30	CHROMIŃSKI FABIAN	32		BYDGOSZCZ	POL	M30-39		00:16:53	00:03:30	00:31:37	00:01:22	00:24:30

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie		T1	Rower		T2	Bieg 5km
								0.75km			20km			
31	CYBULSKI PAWEŁ	160		ŚWIECIE	POL	M30-39		00:17:18		00:03:11	00:31:32		00:01:09	00:22:07
32	ŁABĘDZKI MACIEJ	38	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	TRISPACE/TREK	00:15:50		00:03:12	00:33:01		00:01:11	00:25:45
33	WAŁĘZA HUBERT	17		DRZEWCE	POL	M30-39		00:16:59		00:03:14	00:32:11		00:00:57	00:24:47
34	DULAT ROLAND	254	LKS OSTROMECKO	BYDGOSZCZ	POL	M30-39		00:15:58		00:03:57	00:32:51		00:00:38	00:22:32
35	ANTOSIK PATRYK	66	CSWŁĄD POZNAŃ	KCYNIA	POL	M30-39		00:18:36		00:03:39	00:31:11		00:01:32	00:24:55
36	CHOLEWCZYŃSKI DAMIAN	232	TM IRON TEAM	NOWE DĄBIE	POL	M30-39		00:17:14		00:03:01	00:33:25		00:01:06	00:24:40
37	SZCZEŚNIAK SZYMON	180	SUCHOLESKIE NIEDŹWIEDZIE	SUCHY LAS	POL	M30-39		00:16:09		00:03:13	00:34:19		00:01:06	00:22:34
38	SOBCZYŃSKI MICHAŁ	200		TRYSZCZYN	POL	M30-39		00:15:28		00:03:44	00:34:46		00:01:25	00:28:50
39	RUCIŃSKI RAFAŁ	22	SELEKCJA NATURALNA	MAŁE RUDY (WOJ. KUJAWSKO-POMORSKIE)	POL	M30-39		00:18:30		00:02:38	00:33:17		00:01:12	00:25:37
40	STRYCZYŃSKI MAREK	26	TRISPACE/TREK	BYDGOSZCZ	POL	M30-39	TRISPACE/TREK	00:18:37		00:03:22	00:32:44		00:01:45	00:24:50
41	MAJDA ADRIAN	121		LIPNIKI	POL	M30-39		00:17:43		00:03:06	00:33:55		00:01:27	00:26:31
42	ZIELIŃSKI RADOŚLAW	2		BYDGOSZCZ	POL	M30-39		00:17:33		00:03:30	00:33:51		00:01:34	00:29:54
43	GRĄBCZEWSKI SŁAWOMIR	185		KOBYLARNIA	POL	M30-39		00:15:31		00:04:07	00:35:25		00:01:42	00:22:41
44	TUROWSKI MACIEJ	133		ZIELONKA	POL	M30-39		00:15:37		00:03:48	00:35:53		00:01:05	00:28:53
45	GRZEGOROWSKI JAN	134	JKG	DABROWA CHELMINSKA	POL	M30-39		00:19:49		00:04:03	00:31:51		00:01:08	00:36:59
46	STAŃCZYK KAMIL	181	8. K-PBOT	BAŁTÓW	POL	M30-39		00:17:47		00:03:49	00:34:10		00:01:13	00:21:15
47	RUSZKOWSKI WIKTOR	128		WARSZAWA	POL	M30-39		00:15:42		00:04:14	00:36:33		00:01:02	00:27:41
48	PAPIEROWSKI PIOTR	40	ATOS	OSIELSKO	POL	M30-39		00:18:15		00:04:03	00:34:31		00:01:19	00:32:22
49	KWIATKOWSKI PIOTR	165		BYDGOSZCZ	POL	M30-39		00:17:38		00:04:35	00:34:48		00:01:59	00:28:14
50	HAJŁASZ MARCIN	129		WROCŁAW	POL	M30-39		00:17:53		00:04:28	00:34:42		00:01:49	00:30:38
51	BEM WOJCIECH	194		TORUŃ	POL	M30-39		00:17:46		00:03:37	00:36:02		00:01:23	00:30:28
52	OSAK PAWEŁ	19		BYDGOSZCZ	POL	M30-39		00:18:36		00:03:48	00:35:14		00:01:05	00:28:46
53	STĘPIEŃ MICHAŁ	116		BYDGOSZCZ	POL	M30-39		00:17:51		00:03:55	00:36:23		00:01:25	00:29:13
54	LIPCZYŃSKI TOMASZ	64	AKTYWNIE UZALEŻNIAMY PŁOCK	PŁOCK	POL	M30-39		00:16:47		00:04:35	00:37:19		00:00:29	00:27:18
55	GUZIK KRZYSZTOF	141		BYDGOSZCZ	POL	M30-39		00:20:42		00:03:06	00:35:23		00:01:26	00:27:49
56	KOLASSA ROBERT	42		MUROWANIEC	POL	M30-39		00:18:49		00:03:42	00:37:01		00:00:42	00:24:41
57	KUBALEWSKI KRZYSZTOF	127		BYDGOSZCZ	POL	M30-39		00:16:26		00:05:07	00:38:12		00:02:11	00:36:29
58	ŚWIERCZYŃSKI MARCIN	36	ATHLETICOMED.PL BYDGOSZCZ	NEKLA	POL	M30-39		00:16:53		00:02:08	00:41:23		00:01:09	00:23:04
59	OLSZEWSKI DANIEL	169		MALBORK	POL	M30-39		00:19:42		00:04:08	00:37:20		00:01:17	00:31:25
60	SERWACKI DAWID	99		BYDGOSZCZ	POL	M30-39		00:19:49		00:04:51	00:40:56		00:01:19	00:31:01
61	RĄCZKOWSKI DANIEL	117	AKTYWNIE UZALEŻNIAMY PŁOCK	PŁOCK	POL	M30-39		00:19:36		00:04:46	00:41:25		00:00:54	00:28:42
62	ŚWIADEK HUBERT	67		BYDGOSZCZ	POL	M30-39		00:24:14		00:04:39	00:40:42		00:01:51	00:29:49

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, K40-49

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie		T1	Rower		T2	Bieg 5km
								0.75km			20km			
1	ŻMICH-FÓRMANIAK JOANNA	213	TM IRONTEAM	BYDGOSZCZ	POL	K40-49		00:14:53		00:02:13	00:30:53		00:00:50	00:23:57
2	WOŹNIAK ANNA	205	TM IRON TEAM	BYDGOSZCZ	POL	K40-49		00:17:22		00:03:10	00:30:33		00:01:15	00:24:52
3	RYMARKIEWICZ MAŁGORZATA	230	TM IRONTEAM	BYDGOSZCZ	POL	K40-49		00:16:55		00:02:41	00:31:35		00:01:19	00:23:26
4	KOPIŃSKA - KRÓL MAGDALENA	211	#CHMURACOACHING	BYDGOSZCZ	POL	K40-49		00:17:12		00:02:55	00:32:08		00:01:10	00:27:30
5	MICHALIK JOANNA	147		BYDGOSZCZ	POL	K40-49		00:16:23		00:03:23	00:32:48		00:01:42	00:24:41
6	SANKOWSKA EWELINA	159		GDYNIA	POL	K40-49		00:15:08		00:02:58	00:36:10		00:01:43	00:27:35
7	LICZNIERSKA ALINA	56	OWOCBIEGA TEAM	PLEWISKA	POL	K40-49		00:20:46		00:02:31	00:32:37		00:00:48	00:22:06
8	MROTEK KATARZYNA	112	AKADEMIA MISTRZÓW SPORTU	KRUSZYN KRAJEŃSKI	POL	K40-49		00:18:19		00:03:37	00:35:00		00:01:52	00:24:45
9	CEGLARSKA INGA	258	N-BIKE	BYDGOSZCZ	POL	K40-49		00:19:03		00:03:56	00:35:23		00:01:47	00:31:45
10	KUKLISOVA GABRIELA	15		BYDGOSZCZ	SVK	K40-49		00:18:44		00:04:12	00:37:37		00:01:13	00:34:27
11	DWOJACZNA-CHRAPKOWSKA ANNA	13	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	K40-49		00:19:49		00:03:34	00:37:23		00:01:36	00:27:08
12	HRYNIEWICZ AGNIESZKA	50		ŁÓDŹ	POL	K40-49		00:18:24		00:05:03	00:40:40		00:00:49	00:30:08
13	WUJEK MAGDALENA	77		BYDGOSZCZ	POL	K40-49		00:22:25		00:04:05	00:40:54		00:00:59	00:24:03
14	MAKSYMOWICZ AGATA	85		LEGIONOWO	POL	K40-49		00:17:12		00:06:10	00:45:54		00:02:29	00:33:04
15	IGNASIAK BERNADETA	158		BYDGOSZCZ	POL	K40-49		00:33:55		00:03:55	00:43:56		00:01:06	00:33:33
16	WOROSZYŁO MONIKA	114	RYKOWISKO	PŁOCK	POL	K40-49		00:23:31		00:09:28	00:52:42		00:02:20	00:33:49

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M40-49

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
1	MIELOCH ARTUR	215	DAWAJ KALACH TEAM	CHODZIEŻ	POL	M40-49		00:11:00	00:02:07	00:28:38	00:00:36	00:20:52
2	ŁOPUSZYŃSKI KRZYSZTOF	150	TRISPACE/TREK	BYDGOSZCZ	POL	M40-49		00:13:15	00:02:10	00:27:32	00:00:36	00:20:44
3	PRZYBYLSKI JAKUB	138	KOMPUTRONIK	POZNAŃ	POL	M40-49		00:13:40	00:02:15	00:27:28	00:00:59	00:19:18
4	FÓRMANIAK PIOTR	212	TM IRON TEAM	BYDGOSZCZ	POL	M40-49		00:12:56	00:02:11	00:28:30	00:00:46	00:21:05
5	PARTYKA RAFAŁ	29	RAFAL AGAINST THE MACHINE	BYDGOSZCZ	POL	M40-49		00:13:09	00:02:21	00:28:19	00:01:09	00:19:37
6	TWAROWSKI KAROL	231		TORUŃ	POL	M40-49		00:11:50	00:01:57	00:31:09	00:01:11	00:20:56
7	KUBANEK ŁUKASZ	79	Ł_T_R	NIEMCZ	POL	M40-49		00:14:59	00:03:02	00:27:42	00:01:42	00:21:19
8	URBANOWSKI WŁODZIMIERZ	202	RETRO STORK TEAM	TORUŃ	POL	M40-49		00:12:21	00:03:19	00:30:04	00:00:51	00:27:04
9	MAJEWSKI ROBERT	208	#TEAMOCHAL	BYDGOSZCZ	POL	M40-49		00:13:56	00:02:32	00:29:25	00:01:07	00:20:32
10	CYBULSKI JACEK	62	SWIM2TRI	SZCZECIN	POL	M40-49		00:13:58	00:02:17	00:29:47	00:01:09	00:20:10
11	DAWIDOWICZ MACIEJ	28		BRZOZA	POL	M40-49		00:14:28	00:02:34	00:29:37	00:00:51	00:24:52
12	GOŁATA WOJCIECH	222	BOGMAR LKS OSTROMECKO	DABROWA CHEŁMIŃSKA	POL	M40-49		00:14:16	00:02:10	00:30:25	00:00:54	00:21:11
13	BYCH MACIEJ	206	GRAJAN TRIATHLON TEAM	OŁAWA	POL	M40-49		00:12:40	00:02:35	00:31:49	00:01:07	00:23:06
14	GACKA RAFAŁ	216	LUPUS TEAM	SICIENKO	POL	M40-49		00:14:51	00:02:39	00:30:01	00:01:02	00:20:44
15	BUGALSKI WOJCIECH	33	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M40-49		00:15:13	00:03:31	00:29:40	00:01:09	00:22:44
16	JANUSZKIEW PIOTR	39	REBELIA UNDERGROUND TRIATHLON	ŁOCHOWO	POL	M40-49		00:14:34	00:02:39	00:31:11	00:00:54	00:21:43
17	KROPLEWSKI MACIEJ	251	CTS	GDAŃSK	POL	M40-49		00:14:51	00:02:54	00:30:40	00:00:48	00:23:12
18	CIEPŁOWSKI ROBERT	107		BYDGOSZCZ	POL	M40-49		00:12:40	00:02:59	00:33:28	00:01:26	00:27:10
19	LIPIŃSKI MICHAŁ	137	LIPA#76	ZIELONKA	POL	M40-49		00:14:19	00:03:19	00:31:45	00:01:15	00:25:06
20	KWAPIŃSKI DAMIAN	49	TEAMOCHAL	BYDGOSZCZ	POL	M40-49		00:17:08	00:02:54	00:29:25	00:00:53	00:21:26
21	DADEJ RAFAŁ	184	PIASKIEM W RAKA	GDYNIA	POL	M40-49		00:15:51	00:02:40	00:31:20	00:01:58	00:21:32
22	GRZESIAK PATRYK	102	ARTURKUREK.PRO	ŻYRARDÓW	POL	M40-49		00:15:17	00:03:10	00:31:25	00:01:05	00:25:49
23	NOWOTNIK MARIUSZ	97		BYDGOSZCZ	POL	M40-49		00:16:00	00:02:57	00:31:03	00:01:12	00:22:43
24	TRZOPEK GRZEGORZ	192		ŚWIECIE	POL	M40-49		00:16:51	00:03:58	00:29:18		
25	CHODKIEWICZ TOMASZ	31	GARDEN FLORA MTB TEAM	BYDGOSZCZ	POL	M40-49		00:16:43	00:03:15	00:30:36	00:01:39	00:23:44
26	STĘPIEŃ TOMAS	54		JARUŻYN	POL	M40-49		00:16:19	00:03:42	00:30:51	00:01:17	00:25:44
27	BRYLL ŁUKASZ	45	FORTIS SAGITTA TEAM	KRUSZYN KRAJEŃSKI	POL	M40-49		00:16:23	00:03:03	00:31:34	00:01:19	00:25:55
28	SOBCZAK MARCIN	104	ASSECO ACTIVE TEAM	BYDGOSZCZ	POL	M40-49		00:15:36	00:02:41	00:32:47	00:01:02	00:26:15
29	KASPEROWICZ MARCIN	55	PREDATORS 3TEAM	BYDGOSZCZ	POL	M40-49		00:15:11	00:02:35	00:33:23	00:01:09	00:24:20
30	GILL DANIEL	249	LKS OSTROMECKO	BYDGOSZCZ	POL	M40-49		00:18:28	00:03:07	00:29:55	00:00:45	00:22:18
31	GRUBICH ARKADIUSZ	244		BYDGOSZCZ	POL	M40-49		00:17:51	00:03:09	00:31:01	00:01:28	00:23:22
32	KARCZEWSKI FILIP	18		BYDGOSZCZ	POL	M40-49		00:18:03	00:03:04	00:31:14	00:00:48	00:25:00
33	GÓRNY BARTŁOMIEJ	63		KOŚCIELECZKI	POL	M40-49		00:17:48	00:02:34	00:32:31	00:01:41	00:25:00
34	OZOROWSKI ŁUKASZ	204		SZEMBEKOWO	POL	M40-49		00:17:38	00:03:38	00:31:37	00:01:14	00:22:32
35	CYNOWSKI KRZYSZTOF	10	CYNA	SZCZECIN	POL	M40-49		00:17:18	00:02:57	00:32:42	00:01:17	00:25:47
36	SOŁDYGA PAWEŁ	257	SKOWRONEKBIEGA	BYDGOSZCZ	POL	M40-49		00:18:26	00:02:53	00:32:08	00:01:59	00:24:08
37	LUKOWSKI GRZEGORZ	72	RODZINNY TEAM ŚRODKOWA	PŁOCK	POL	M40-49		00:17:06	00:03:59	00:32:57	00:01:48	00:30:18
38	DOLIŃSKI DAWID	81		GOSTYŃ	POL	M40-49		00:16:01	00:04:41	00:33:28	00:02:29	00:26:25
39	GABRYCH MACIEJ	24	CZARNE STOPY	BYDGOSZCZ	POL	M40-49		00:17:31	00:03:07	00:33:40	00:01:03	00:23:52
40	GMOŚIŃSKI TOMASZ	199	CSU RACING TEAM BYDGOSZCZ	BYDGOSZCZ	POL	M40-49		00:16:33	00:04:10	00:33:59	00:02:41	00:25:30
41	YAFIMCHYK ANDREI	142	ORCA	POZNAN	POL	M40-49		00:15:09	00:02:47	00:37:05	00:01:49	00:24:02
42	ŁATKA MARCIN	5		MYŚLEĆCINEK	POL	M40-49		00:15:18	00:02:57	00:36:46	00:00:49	00:28:20
43	BABIAK JAKUB	228	ENDURE TEAM	BYDGOSZCZ	POL	M40-49		00:20:05	00:04:22	00:30:45	00:01:36	00:33:35
44	ROMAN KRZYSZTOF	93		BOLSZEWO	POL	M40-49		00:18:23	00:03:59	00:32:52	00:01:53	00:23:52
45	CHMURA MACIEJ	101	TRIATHLON KONSULTING	STRZELCE GÓRNE	POL	M40-49		00:17:46	00:03:35	00:34:06	00:01:46	00:27:24
46	URBAŃSKI DAWID	110		BYDGOSZCZ	POL	M40-49		00:17:56	00:04:03	00:33:48	00:02:26	00:27:00
47	KRYGER WOJCIECH	220	AJM TEAM	BYDGOSZCZ	POL	M40-49		00:17:12	00:04:08	00:34:37	00:01:46	00:26:28
48	MORDAKA MACIEJ	3		BYDGOSZCZ	POL	M40-49		00:16:39	00:03:32	00:35:50	00:01:48	00:35:34
49	MIKOŁAJCZAK ARTUR	178		NIWY	POL	M40-49		00:18:34	00:03:32	00:34:37	00:01:33	00:29:12
50	WRÓBEL SEBASTIAN	243	CYKLO BYDGOSZCZ	BYDGOSZCZ	POL	M40-49		00:22:45	00:03:09	00:31:05	00:01:30	00:25:36
51	NIEDŹWIEDZKI ARKADIUSZ	148	SMARUJ NA TRENING	BORCZ	POL	M40-49		00:19:39	00:03:25	00:34:57	00:01:38	00:25:25
52	ROBACZEK ANDRZEJ	170		NOWA WIEŚ MALBORSKA	POL	M40-49		00:18:50	00:04:07	00:35:22	00:01:36	00:28:41
53	MICHALEWSKI BARTOSZ	207	SOLANO	BYDGOSZCZ	POL	M40-49		00:18:50	00:05:01	00:35:23	00:00:37	00:25:45
54	WOŹNIAK RADEK	123		BYDGOSZCZ	POL	M40-49		00:19:39	00:04:06	00:35:38	00:01:40	00:33:37
55	OSTROWSKI RAFAŁ	68	AKTYWNIEM UZALEŻNIAMY PŁOCK	PŁOCK	POL	M40-49		00:18:41	00:06:14	00:36:03	00:01:04	00:25:32
56	NOWAK BARTŁOMIEJ	214	FORGE YOUR FUTURE	KOMOROWICE	POL	M40-49		00:20:31	00:05:14	00:36:20	00:03:56	00:38:21

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M40-49 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
57	DOLATA ŁUKASZ	135		STRZELCE GÓRNE	POL	M40-49		00:19:48	00:04:45	00:38:29	00:01:34	00:25:49
58	PANTKOWSKI ADAM	143		KORONOWO	POL	M40-49		00:26:21	00:04:41	00:33:15	00:02:40	00:30:12
59	SZUKALSKI MICHAŁ	14		BYDGOSZCZ	POL	M40-49		00:20:38	00:03:52	00:40:19	00:01:48	00:26:34
60	BUCZKO MICHAŁ	109		NAMYSŁÓW	POL	M40-49		00:21:47	00:04:08	00:39:11	00:02:13	00:32:48
61	CZYŻEWSKI PIOTR	20		BRZOZA	POL	M40-49		00:22:57	00:05:24	00:38:47	00:02:22	00:40:07
62	URBAŃSKI DANIEL	91		BYDGOSZCZ	POL	M40-49		00:19:54	00:06:22	00:42:12	00:02:05	00:32:26
63	SŁOWIŃSKI SŁAWEK	157		BYDGOSZCZ	POL	M40-49		00:28:40	00:05:19	00:45:55	00:01:27	00:36:59

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, K50-59

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
1	CICHOŃSKA-BAZAK MARZENA	163		ŻOŁĘDOWO	POL	K50-59		00:18:25	00:03:14	00:32:51	00:01:44	00:24:19
2	STĘPSKA MAŁGOSIA	61	ŻELKI Z KRAKOWA	KRAKÓW	POL	K50-59		00:20:09	00:03:19	00:33:39	00:01:14	00:28:33
3	MOSUR-GALICKA ANGELINA	9	AKADEMIA MISTRZÓW SPORTU	KOBYLARNIA	POL	K50-59		00:16:43	00:04:38	00:40:08	00:02:38	00:37:50
4	PEC ANNA	90	SKS OBORNIKI	OBORNIKI	POL	K50-59		00:20:53	00:04:31	00:38:08	00:01:38	00:35:09
5	WIŚNIEWSKA LUCYNA	16	TRISPACE/TREK	BYDGOSZCZ	POL	K50-59		00:23:12	00:04:18	00:41:15	00:01:50	00:38:24
6	SZABO-MOSKAL JADWIGA	168		BORÓWNO	POL	K50-59		00:21:00	00:04:05	00:45:17	00:00:39	00:31:40
7	MIKA ALDONA	82		BYDGOSZCZ	POL	K50-59		00:25:53	00:07:55	00:48:05	00:01:17	00:42:47
8	KOZIK ANNA	156		PRUSZCZ	POL	K50-59		00:34:33	00:05:37	00:48:01	00:03:31	00:40:23

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M50-59

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
1	ZIENKIEWICZ JANUSZ	201	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59		00:13:59	00:02:08	00:29:06	00:00:47	00:19:13
2	NOWAK ARTUR	8		JOZEFÓW	POL	M50-59		00:14:02	00:02:14	00:30:57	00:00:49	00:22:09
3	KRÓL MACIEJ	210	#CHMURACOACHING	BYDGOSZCZ	POL	M50-59		00:15:21	00:02:41	00:29:45	00:01:18	00:23:07
4	GŁĄB ANDRZEJ	197	WANIEWSKI COACHING	MALBORK	POL	M50-59		00:15:16	00:02:40	00:31:59	00:01:17	00:25:08
5	BUDZIK IRENEUSZ	226		BYDGOSZCZ	POL	M50-59		00:16:45	00:02:49	00:31:04	00:01:07	00:23:24
6	TYMIŃSKI DARIUSZ	172	PTT DELTA	BRWILNO	POL	M50-59		00:17:51	00:02:11	00:31:17	00:00:54	00:21:02
7	GIEDRYS ROMAN	73		TUCHOLA	POL	M50-59		00:17:23	00:03:22	00:31:01	00:01:26	00:25:06
8	SIUDA MAREK	43		BYDGOSZCZ	POL	M50-59		00:15:40	00:03:51	00:32:56	00:01:58	00:25:15
9	KOWALSKI PIOTR	76		BYDGOSZCZ	POL	M50-59		00:17:22	00:03:43	00:32:33	00:02:50	00:24:35
10	REPKA MAREK	166	LUPUS TEAM	BYDGOSZCZ	POL	M50-59		00:21:06	00:02:49	00:30:42	00:01:17	00:26:27
11	LUDWINIAK BOGDAN	111		BYDGOSZCZ	POL	M50-59		00:17:59	00:02:57	00:33:54	00:01:43	00:30:01
12	PODLASIŃSKI TOMASZ	140	BAYERLIFETEAM	NIEMCZ	POL	M50-59		00:16:15	00:03:42	00:35:02	00:01:24	00:26:03
13	SADKIEWICZ JACEK	225	RACING TEAM	OSIELSKO	POL	M50-59		00:17:14	00:03:50	00:33:57	00:01:40	00:34:08
14	KUŹMA WOJTEK	6		BYDGOSZCZ	POL	M50-59		00:19:11	00:03:00	00:32:52	00:00:58	00:27:30
15	ŻELAZNY MARCIN	27		BYDGOSZCZ	POL	M50-59		00:15:48	00:03:52	00:36:59	00:02:38	00:32:14
16	SZEWS MAREK	136	AKADEMIA MISTRZÓW SPORTU	BYDGOSZCZ	POL	M50-59		00:18:52	00:02:52	00:34:55	00:01:37	00:28:07
17	SZYMCZAK KRZYSZTOF	88	SYSTEM 11	WAŁCZ DRUGI	POL	M50-59		00:20:25	00:03:32	00:32:52	00:01:29	00:24:51
18	BINKOWSKI CZAREK	255	LKS OSTROMECKO	OSTROMECKO	POL	M50-59		00:21:03	00:05:14	00:36:25	00:02:11	00:32:12
19	POBOC PRZEMYSŁAW	155		KRUSZYN	POL	M50-59		00:22:40	00:04:10	00:38:37	00:01:45	00:32:04
20	CIESIELSKI PIOTR	183		MAKSYMILIANOWO	POL	M50-59		00:22:12	00:05:21	00:44:11	00:02:21	00:32:27
21	WIŚNIEWSKI KRZYSZTOF	7	TRISPACE/TREK	BYDGOSZCZ	POL	M50-59		00:30:28	00:05:26	00:40:39	00:02:22	00:37:14

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M60-69

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
1	LISEWSKI PIOTR	100		BYDGOSZCZ	POL	M60-69		00:18:51	00:03:26	00:34:11	00:01:28	00:25:50
2	BAUMGART JACEK	195	BIEGAJ Z DĘBAMI	OSIELSKO	POL	M60-69		00:18:02	00:04:33	00:36:31	00:01:00	00:25:52
3	MAŁKIŃSKI JÓZEF	84		BYDGOSZCZ	POL	M60-69		00:19:46	00:03:36	00:37:02	00:00:54	00:30:24
4	SKÓRCZEWSKI JACEK	124		NIEMCZ	POL	M60-69		00:22:02	00:05:09	00:36:25	00:01:56	00:29:29
5	BOGALECKI MAREK	209	KS SOKÓŁ ZBLEWO	STAROGARD GDAŃSKI	POL	M60-69		00:20:55	00:06:17	00:37:27	00:03:07	00:30:18
6	MONTOWSKI JAN	132	KLUB OPŁAWIEC	BYDGOSZCZ	POL	M60-69		00:23:15	00:04:54	00:37:11	00:01:05	00:34:05
7	KWIATKOWSKI ROMAN	115		STRZELCE GÓRNE	POL	M60-69		00:26:40	00:07:19	00:41:27	00:02:02	00:41:39

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M70-79

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
1	MAŃCZAK WAWRZYNIEC	152	ENDURE TEAM	BYDGOSZCZ	POL	M70-79		00:16:08	00:08:34	00:46:15	00:01:37	00:45:45

METALKAS OCEAN LAVA TRIATHLON POLSKA - SPRINT, M80+

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	Drużyna 1	Pływanie 0.75km	T1	Rower 20km	T2	Bieg 5km
1	SAWICKI WALDEMAR	83		BYDGOSZCZ	POL	M80+		00:25:33	00:05:44	00:45:17	00:01:28	00:47:58