

# PÓLMARATON Z GÓRKĄ

Organizator: FUNDACJA PROFIT MARATON  
Data: 2023-09-02  
Miejsce: Sobieszów  
Dystans: 29 km  
Klasyfikacja wg czasów brutto.



## PÓLMARATON Z GÓRKĄ, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
1	SZCZEŚNIEWSKI MIŁO SZ	854	HOKA GARMIN TEAM	DĄBCZE	POL	M30	1	M 1	00:27:26	00:46:27	01:56:16	02:27:50.45	02:27:50.45	5:05	11.8
2	BRÝDL PAVEL	672	SALOMON CZ	TRUTNOV	CZE	M40	1	M 2	00:27:27	00:47:12	02:01:12	02:36:47.50	02:36:47.50	5:24	11.1
3	SZKOLUDA MIŁO SZ	856	PRZEDWOJEWSKI TEAM	KOSZALIN	POL	M18	1	M 3	00:27:27	00:47:11	02:03:10	02:37:01.50	02:37:01.50	5:24	11.1
4	BROJ MARCEL	669		ŻLINCZE	POL	M18	2	M 4	00:29:19	00:51:03	02:03:07	02:39:01.45	02:39:01.45	5:29	10.9
5	KLIMCZAK MIKOŁAJ	729	PRZEDWOJEWSKI TEAM	WROCLAW	POL	M30	2	M 5	00:28:34	00:49:49	02:09:08	02:49:25.20	02:49:25.20	5:50	10.3
6	WANIOWSKI JAN JAKUB	879	AW-SZYBCIEJ TEAM	KRAPKOWICE	POL	M30	3	M 6	00:29:55	00:51:23	02:15:52	02:55:00.75	02:55:00.75	6:02	9.9
7	POLACZEK DANIEL	816	IZBICKO W BIEGU	OTMICE	POL	M30	4	M 7	00:31:47	00:55:03	02:21:00	02:59:14.05	02:59:14.05	6:10	9.7
8	ŚMICHURSKI KRZYSZTOF	865	WLKP MOUNTAINS ULTRA	CEREKWICA	POL	M30	5	M 8	00:31:50	00:54:39	02:20:36	02:59:19.25	02:59:19.25	6:11	9.7
9	BOSAKIEWICZ TOMASZ	667	AW-SZYBCIEJ	ZŁOTORYJA	POL	M40	2	M 9	00:33:01	00:56:29	02:22:42	03:01:22.30	03:01:22.30	6:15	9.6
10	PIETRUCHA MACIEJ	806		JELEŃ GÓRA	POL	M40	3	M 10	00:30:53	00:53:07	02:20:48	03:01:45.35	03:01:45.35	6:16	9.6
11	KOTLAREK DAWID	741	SOBAS TEAM	ZIELONA GÓRA	POL	M40	4	M 11	00:30:13	00:52:14	02:21:50	03:03:53.20	03:03:53.20	6:20	9.5
12	BEDNARCZYK MAGDALENA	918		K30			1	K 1	00:33:00	00:56:15	02:24:36	03:04:18.15	03:04:18.15	6:21	9.4
13	GRZEGORZEWSKI WOJCIECH	703		KARPACZ	POL	M30	6	M 12	00:34:33	00:58:02	02:25:21	03:06:08.55	03:06:08.55	6:25	9.3
14	PAWLIK FILIP	804		POZNAŃ	POL	M30	7	M 13	00:32:19	00:55:01	02:24:07	03:07:51.80	03:07:51.80	6:28	9.3
15	KASPRZAK PIOTR	905	ŚNIEŻNA PANTERA	LUBLIN	POL	M18	3	M 14	00:33:39	00:58:00	02:25:44	03:08:15.20	03:08:15.20	6:29	9.2
16	SKOLINIEC BARTŁO MIEJ	839	GRUNNERS	POZNAŃ	POL	M30	8	M 15	00:32:34	00:56:03	02:24:35	03:09:19.85	03:09:19.85	6:31	9.2
17	POCHYLSKI RADO ŚLAW	814	GRUNNERS	POZNAŃ	POL	M30	9	M 16	00:32:25	00:55:48	02:26:09	03:11:10.80	03:11:10.80	6:35	9.1
18	PIWOWARCZYK WOJCIECH	813	WLKP MOUNTAINS ULTRA	ROKIETNICA	POL	M30	10	M 17	00:35:57	01:00:12	02:32:26	03:17:02.20	03:17:02.20	6:47	8.8
19	PREISNER MARCIN	819	UNIWERSYTET WROCLAWSKI	WROCLAW	POL	M30	11	M 18	00:35:43	01:01:17	02:33:52	03:17:20.30	03:17:20.30	6:48	8.8
20	KOLMAN PIOTR	737	ENDORFINA WSCHOWA	WSCHOWA	POL	M40	5	M 19	00:35:03	00:58:45	02:32:48	03:19:43.65	03:19:43.65	6:53	8.7
21	SZCZESZCZ LUKASZ	853		POZNAŃ	POL	M40	6	M 20	00:35:12	00:59:46	02:35:31	03:20:13.90	03:20:13.90	6:54	8.7
22	KLYSZCZ MICHAŁ	731	IZBICKO W BIEGU	OTMICE	POL	M18	4	M 21	00:35:41	00:59:49	02:36:12	03:20:52.70	03:20:52.70	6:55	8.7
23	DONDAJEWSKI MIKOŁAJ	680		POZNAŃ	POL	M18	5	M 22	00:36:39	01:01:43	02:36:00	03:20:53.15	03:20:53.15	6:55	8.7
24	OBSTOJ KAROLINA	921		K30			2	K 2	00:35:24	01:01:12	02:37:29	03:21:53.30	03:21:53.30	6:57	8.6
25	FERET KAMILA	685		JELEŃ GÓRA	POL	K18	1	K 3	00:36:33	01:02:11	02:40:05	03:22:45.40	03:22:45.40	6:59	8.6
26	MAJEWSKA AGATA	764		WROCLAW	POL	K40	1	K 4	00:34:13	00:59:38	02:41:27	03:22:57.45	03:22:57.45	6:59	8.6
27	STĘSIK TOMASZ	850		WOLSZTY	POL	M30	12	M 23	00:38:07	01:05:18	02:41:55	03:25:31.75	03:25:31.75	7:05	8.5
28	KACZMAREK MACIEJ	723	WLKP MOUNTAINS ULTRA	BARANOWO	POL	M30	13	M 24	00:33:55	00:58:14	02:34:32	03:26:03.30	03:26:03.30	7:06	8.4
29	CIRKO ARKADIUSZ	677	SMS ZAGŁĘBIE LUBIN	LUBIN	POL	M40	7	M 25	00:35:05	01:00:53	02:40:04	03:27:38.10	03:27:38.10	7:09	8.4
30	TKO CZ ADAM	922		M30			14	M 26	00:36:38	01:02:58	02:39:58	03:28:04.30	03:28:04.30	7:10	8.4
31	MAJORCZYK GERARD	765		ZIELONA GÓRA	POL	M40	8	M 27	00:39:16	01:05:14	02:42:29	03:28:31.90	03:28:31.90	7:11	8.3
32	MICHAŁOWSKA AGATA	781		SOPOT	POL	K18	2	K 5	00:37:10	01:03:15	02:41:28	03:28:52.45	03:28:52.45	7:12	8.3
33	FILU Ś ADAM	687		POZNAŃ	POL	M18	6	M 28	00:36:39	01:01:59	02:37:30	03:29:01.90	03:29:01.90	7:12	8.3
34	HAŃCZYK JACEK	705	WIECZNA LUFA	ŚRODA WIELKOPOLSKA	POL	M50	1	M 29	00:36:26	01:03:15	02:43:24	03:29:06.75	03:29:06.75	7:12	8.3
35	BARANOW TOMASZ	923		M40			9	M 30	00:36:35		02:41:10	03:29:55.80	03:29:55.80	7:14	8.3
36	SZTURO JAN	857	PODGÓRZYN-GMINA PRZYJAZNA Z NATURY	PODGÓRZYN	POL	M50	2	M 31	00:36:59	01:02:46	02:45:29	03:30:36.80	03:30:36.80	7:15	8.3
37	TERLIKOWSKI MARCEL	917		M30			15	M 32	00:36:14	01:02:00	02:42:12	03:31:41.60	03:31:41.60	7:17	8.2
38	GAWRON PAWEŁ	692	WEPA PIECHOWICE	DZIWISZÓW	POL	M30	16	M 33	00:37:21	01:03:44	02:42:48	03:31:53.70	03:31:53.70	7:18	8.2
39	URBAŃSKI MICHAŁ	874	ŁĄDEK-ZDRÓJ RUNNERS	WROCLAW	POL	M30	17	M 34	00:36:47	01:03:01	02:45:18	03:32:26.10	03:32:26.10	7:19	8.2
40	KOKOTT AGNIESZKA	912	AW - SZYBCIEJ - TEAM	SMOLEC	POL	K40	2	K 6	00:36:58	01:03:19	02:45:53	03:33:06.35	03:33:06.35	7:20	8.2
41	ŁAŻEWSKI MARCIN	758		KHWALĘCICE	POL	M50	3	M 35	00:38:15	01:04:29	02:44:55	03:33:34.10	03:33:34.10	7:21	8.1
42	ZIĘTEK KRZYSZTOF	896	NATURALEPO TEAM	KĄTY WROCLAWSKIE	POL	M40	10	M 36	00:38:43	01:05:11	02:45:14	03:34:17.10	03:34:17.10	7:23	8.1
43	FERET HUBERT	686	TRAIL IS OUR WAY	PIECHOWICE	POL	M30	18	M 37	00:38:52	01:05:55	02:44:34	03:34:52.05	03:34:52.05	7:24	8.1
44	ŚWIERK PRZEMEK	867	ULTRA DIABLY	ŚWIEBODZIN	POL	M40	11	M 38	00:35:17	01:00:21	02:42:02	03:35:21.05	03:35:21.05	7:25	8.1
45	HENDEL MIRELA	708	IZBICKO W BIEGU	KROŚNICA	POL	K18	3	K 7	00:36:25	01:03:09	02:48:13	03:36:14.65	03:36:14.65	7:27	8

**PÓŁMARATON Z GÓRKĄ, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
46	BROJ ADRIAN	670	BROJ TEAM ŻLINICE	ŻLINICE	POL	M50	4	M 39	00:36:41	01:02:43	02:45:25	03:36:40.80	03:36:40.80	7:28	8
47	KLAMUT NATALIA	728		KARPACZ	POL	K30	3	K 8	00:37:29	01:06:31	02:48:27	03:36:48.45	03:36:48.45	7:28	8
48	WALCZAK ADELA	875	TRAIL IS OUR WAY TEAM	ŁÓDŹ	POL	K30	4	K 9	00:38:51	01:05:54	02:50:02	03:38:21.80	03:38:21.80	7:31	8
49	JURCZAK SZYMON	722		WROCŁAW	POL	M30	19	M 40	00:37:27	01:03:55	02:48:32	03:40:15.10	03:40:15.10	7:35	7.9
50	WOJTASZEK JACEK	885	STREFA WALKI JELENIA GÓRA	PIECHOWICE	POL	M40	12	M 41	00:36:18	01:04:01	02:49:01	03:41:02.20	03:41:02.20	7:37	7.9
51	DRAGANEK EWELINA	681		WROCŁAW	POL	K40	3	K 10	00:39:02	01:05:50	02:53:53	03:41:40.45	03:41:40.45	7:38	7.8
52	WOJTYSIAK OLA	887		GORZÓW WIELKOPOLSKI	POL	K30	5	K 11	00:38:40	01:05:05	02:53:28	03:43:17.10	03:43:17.10	7:41	7.8
53	SERAFIN-GORSZKOWSKA PAULINA	837	AW-SZYBICIEJ- TEAM	WROCŁAW	POL	K40	4	K 12	00:37:28	01:04:22	02:57:45	03:44:06.05	03:44:06.05	7:43	7.8
54	BOROWSKI PRZEMYSŁAW	665	GRUNNERS	POZNAŃ	POL	M30	20	M 42	00:38:05	01:04:13	02:49:02	03:44:32.35	03:44:32.35	7:44	7.7
55	LEJA WOJCIECH	753	ŚLĘZAKTEAM	ŚLĘZA	POL	M30	21	M 43	00:37:38	01:04:36	02:54:11	03:46:24.45	03:46:24.45	7:48	7.7
56	RYDLEWSKI MAREK	833		POZNAŃ	POL	M18	7	M 44	00:40:47	01:07:58	02:56:36	03:46:27.55	03:46:27.55	7:48	7.7
57	BRODA DOMINIK	668		WROCŁAW	POL	M30	22	M 45	00:39:12	01:06:56	02:58:45	03:46:49.35	03:46:49.35	7:49	7.7
58	GAŁECKI ROBERT	909	HFB	KIELCZÓW	POL	M30	23	M 46	00:37:26	01:04:26	02:56:36	03:48:27.80	03:48:27.80	7:52	7.6
59	ŻMIJA LILIANA	899	FSD RUN DREZDENKO	ZWIERZYN	POL	K30	6	K 13	00:39:26	01:08:26	02:57:33	03:48:59.10	03:48:59.10	7:53	7.6
60	WOŹNIAK KAROLINA	889	INKA TEAM	POZNAŃ	POL	K30	7	K 14	00:39:19	01:07:34	02:57:57	03:49:09.05	03:49:09.05	7:54	7.6
61	KOŚCIANSKI ADAM	740	TGV CLUB KOŚCIAN	KOŚCIAN	POL	M40	13	M 47	00:38:17	01:05:19	02:55:08	03:49:48.05	03:49:48.05	7:55	7.6
62	MIGASIEWICZ MARCIN	782		MILICZ	POL	M30	24	M 48	00:41:59	01:10:45	03:00:52	03:50:18.50	03:50:18.50	7:56	7.6
63	BORSKOWICZ PAWEŁ	666	BADGERUN	SZCZECIN	POL	M40	14	M 49	00:38:06	01:05:07	02:57:16	03:50:39.85	03:50:39.85	7:57	7.5
64	JANIAK KAMIL	713	TURBO COLA TEAM	POZNAŃ	POL	M30	25	M 50	00:37:43	01:03:03	02:58:44	03:51:14.10	03:51:14.10	7:58	7.5
65	MANSFELD KRZYSZTOF	767		ŚREM	POL	M30	26	M 51	00:39:28	01:07:19	02:58:41	03:52:28.25	03:52:28.25	8:00	7.5
66	KOŹBIELSKI SZYMON	743	BŁK	WROCŁAW	POL	M30	27	M 52	00:39:11	01:05:53	02:58:38	03:52:44.15	03:52:44.15	8:01	7.5
67	GOŁĘBIEWSKI TYTUS	698	ULTRA FALUBAZ / NGB	ZIELONA GÓRA	POL	M30	28	M 53	00:32:57	00:57:19	02:54:36	03:52:53.10	03:52:53.10	8:01	7.5
68	BRYCKA ANNA	671	SPORTOWY UMYŚL	SADKÓW	POL	K30	8	K 15	00:40:28	01:10:15	03:02:57	03:52:59.65	03:52:59.65	8:02	7.5
69	SZWARC GRZEGORZ	858	ARVATO S.C. REP	POZNAŃ	POL	M30	29	M 54	00:42:01	01:11:23	03:03:30	03:53:13.50	03:53:13.50	8:02	7.5
70	NOWIK KAMIL	794	SECO RUN	ŚWIEBODZIN	POL	M40	15	M 55	00:38:16	01:06:27	03:00:22	03:53:29.40	03:53:29.40	8:03	7.5
71	ZDUŃCZYK PAULINA	894	AKADEMIABIEGACZA.PL	ŁÓDŹ	POL	K30	9	K 16	00:39:09	01:07:44	03:02:12	03:53:43.35	03:53:43.35	8:03	7.4
72	BINAŚ KRZYSZTOF	661	KB INTREX POZNAŃ	OPALENICA	POL	M30	30	M 56	00:37:39	01:04:36	03:04:04	03:54:16.35	03:54:16.35	8:04	7.4
73	WORONOWICZ PIOTR	888		WROCŁAW	POL	M30	31	M 57	00:39:47	01:06:33	02:56:37	03:55:58.75	03:55:58.75	8:08	7.4
74	MIŁUCH TOMASZ	906		WAŁBRZYCH	POL	M40	16	M 58	00:41:46	01:09:25	03:01:44	03:56:53.35	03:56:53.35	8:10	7.3
75	NAKONIECZNY RAFAŁ	788	BIEGOLAS KOSZALIN	KOSZALIN	POL	M30	32	M 59	00:38:17	01:05:19	03:05:43	03:58:13.55	03:58:13.55	8:12	7.3
76	JAROSZ DAWID	717		ŁÓDŹ	POL	M30	33	M 60	00:44:40	01:12:36	03:07:52	03:59:04.85	03:59:04.85	8:14	7.3
77	BOHAREWICZ PAWEŁ	662	BOHAR PALETY TRANSPORT	ZIELONA GÓRA	POL	M40	17	M 61	00:38:20	01:05:49	03:05:37	03:59:07.50	03:59:07.50	8:14	7.3
78	MANSFELD ANITA	766		ŚREM	POL	K30	10	K 17	00:41:40	01:11:30	03:06:08	04:00:05.30	04:00:05.30	8:16	7.2
79	KLIMEK WOJCIECH	730	ORTHOS TEAM / PRZEDWOJEWSKI TEAM	BIELANY WROCŁAWSKIE	POL	M30	34	M 62	00:41:14	01:10:17	03:07:40	04:00:23.45	04:00:23.45	8:17	7.2
80	MACYSZYN ŁUKASZ	763		ZAGRODNO	POL	M40	18	M 63	00:40:28		03:05:53	04:02:00.15	04:02:00.15	8:20	7.2
81	MURAWSKA NIKOLA	903	ADIDAS RUNNERS TRICITY	SZCZECIN	POL	K18	4	K 18	00:38:07	01:06:20	03:08:20	04:02:00.70	04:02:00.70	8:20	7.2
82	WUJDA KAROLINA	890		ZIELONA GÓRA	POL	K30	11	K 19	00:40:17	01:08:09	03:09:03	04:02:22.60	04:02:22.60	8:21	7.2
83	HAMKALO DAWID	913	HOST	WROCŁAW	POL	M40	19	M 64	00:39:32	01:07:50	03:05:34	04:02:26.45	04:02:26.45	8:21	7.2
84	MIKA TOMEK	783	KRONOSPAN OSB	IZBICKO	POL	M30	35	M 65	00:37:28	01:05:16	03:08:38	04:04:42.75	04:04:42.75	8:26	7.1
85	POMIANOWSKI SZYMON	818	KURACJUSZE	WROCŁAW	POL	M30	36	M 66	00:40:14	01:09:27	03:11:52	04:04:59.65	04:04:59.65	8:26	7.1
86	ROSTKOWSKA-BIAŁAS KAROLINA	831		WROCŁAW	POL	K30	12	K 20	00:44:23	01:14:40	03:12:39	04:05:17.05	04:05:17.05	8:27	7.1
87	WIĘCEK MARIA	880		WROCŁAW	POL	K30	13	K 21	00:44:20	01:16:14	03:16:50	04:06:05.15	04:06:05.15	8:29	7.1
88	BOROWSKA-SONMEZ ANNA	664	LONDON HEATHSIDE	LONDON	GBR	K30	14	K 22	00:42:19	01:13:56	03:14:21	04:06:10.20	04:06:10.20	8:29	7.1
89	STASIAK ŁUKASZ	848		LUBIN	POL	M40	20	M 67	00:42:37	01:14:42	03:13:18	04:06:17.45	04:06:17.45	8:29	7.1
90	JAROWICZ KONRAD	718		ZIELONA GÓRA	POL	M60	1	M 68	00:41:30	01:11:05	03:11:17	04:06:26.25	04:06:26.25	8:29	7.1
91	CHMIEL PAWEŁ	674		LEGNICA	POL	M30	37	M 69	00:40:47	01:07:43	03:11:33	04:06:32.55	04:06:32.55	8:30	7.1
92	OREŹNIAK MACIEJ	800		STALOWA WOLA	POL	M40	21	M 70	00:40:45	01:10:01	03:16:04	04:07:15.10	04:07:15.10	8:31	7
93	SZCZĘSNY MACIEJ	855		ŚWIEBODZIN	POL	M60	2	M 71	00:40:46	01:10:03	03:11:49	04:07:35.40	04:07:35.40	8:32	7
94	SZYMAŃSKI ŁUKASZ	862		JELENIA GÓRA	POL	M30	38	M 72	00:43:15	01:13:14	03:12:38	04:08:01.45	04:08:01.45	8:33	7
95	KĘPA KAMIL	726		WROCŁAW	POL	M30	39	M 73	00:42:30	01:10:52	03:10:29	04:08:30.25	04:08:30.25	8:34	7
96	SKIBISZEWSKI GRZEGORZ	902		WROCŁAW	POL	M40	22	M 74	03:13:17			04:09:03.95	04:09:03.95	8:35	7
97	ROMANIUK BARTOSZ	828		WROCŁAW	POL	M30	40	M 75	00:41:56	01:11:27	03:11:47	04:09:17.85	04:09:17.85	8:35	7
98	BEDNAREK KAROLINA	655	WIDUN KETTLEBELL CLUB	WROCŁAW	POL	K30	15	K 23	00:43:00	01:10:53	03:10:41	04:09:36.25	04:09:36.25	8:36	7
99	WOJTCZAK JAN	886		OTWOCK	POL	M30	41	M 76	00:43:48	01:13:38	03:16:44	04:10:41.35	04:10:41.35	8:38	6.9
100	DORNIAN RADEK	915		ZGORZELEC	POL	M40	23	M 77	00:44:29	01:15:08	03:15:16	04:10:54.25	04:10:54.25	8:39	6.9
101	OKRUTNIK SZYMON	796		KROTOSZYŃ	POL	M30	42	M 78	00:41:33	01:09:50	03:17:31	04:10:56.85	04:10:56.85	8:39	6.9

**PÓŁMARATON Z GÓRKĄ, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
102	GORAĆZNIK ANNA	699	NBRTEAM	POZNAŃ	POL	K30	16	K 24	00:41:28	01:09:22	03:16:31	04:13:31.05	04:13:31.05	8:44	6.9
103	HULALKA ANNA	709	SQOORA TRAINING	GRODZISK WIELKOPOLSKI	POL	K18	5	K 25	00:42:30	01:10:59	03:17:39	04:13:43.50	04:13:43.50	8:44	6.9
104	GORAĆZNIK MACIEJ	700		POZNAŃ	POL	M40	24	M 79	00:45:00	01:18:11	03:21:26	04:14:45.65	04:14:45.65	8:47	6.8
105	NIKOLIN PRZEMYSŁAW	789		WSCHOWA	POL	M40	25	M 80	00:39:29	01:08:51	03:17:47	04:16:11.20	04:16:11.20	8:50	6.8
106	ŚWIERZOWSKA MAGDALENA	910	JESTEM OD ROMKA/FIZJOTERAPIA BIEGACZA	POZNAŃ	POL	K40	5	K 26	00:41:52	01:14:48	03:20:19	04:16:30.75	04:16:30.75	8:50	6.8
107	OLEŚ DANIEL	798		JEŻÓW SUDECKI	POL	M30	43	M 81	00:43:50	01:14:14	03:21:03	04:16:46.95	04:16:46.95	8:51	6.8
108	DRZAZGA DANIEL	682		WROCLAW	POL	M40	26	M 82	00:42:31	01:10:49	03:17:30	04:16:53.40	04:16:53.40	8:51	6.8
109	WINIARSKI MIROSLAW	882	MERCEDES-BENZ GRUPA WRÓBEL	JELENIA GÓRA	POL	M30	44	M 83	00:44:53	01:16:20	03:19:05	04:17:00.00	04:17:00.00	8:51	6.8
110	PANKAŁA RAFAŁ	802		WROCLAW	POL	K40	6	K 27	00:40:02	01:08:20	03:05:00	04:17:05.75	04:17:05.75	8:51	6.8
111	SZYMANIAK SEBASTIAN	860		KÖRNIK	POL	M18	8	M 84	00:40:29	01:10:06	03:19:51	04:18:24.65	04:18:24.65	8:54	6.7
112	ŁAWICKI MARCIN	757	WKURW_TEAM	SZKLARSKA PORĘBA	POL	M30	45	M 85	00:40:12	01:09:19	03:23:47	04:18:40.30	04:18:40.30	8:55	6.7
113	BEDNARCZYK PAWEŁ	654	PZU SPORT TEAM	BABKI	POL	M40	27	M 86	00:42:16	01:12:11	03:18:14	04:19:20.95	04:19:20.95	8:56	6.7
114	DZICZEK IRENEUSZ	683	RAZ SZCZECIN	SZCZECIN	POL	M50	5	M 87	00:44:08	01:14:52	03:22:20	04:19:57.25	04:19:57.25	8:57	6.7
115	SUCHY ARON	852	POGOŃ BYDŁO	STEBLÓW	POL	M30	46	M 88	00:43:13	01:14:12	03:18:05	04:20:37.50	04:20:37.50	8:59	6.7
116	WAŁCZYK MATEUSZ	878		JELENIA GÓRA	POL	M30	47	M 89	00:40:19	01:11:57	03:17:48	04:21:09.10	04:21:09.10	9:00	6.7
117	WILMAŃSKI ARKADIUSZ	881		POLSKA	POL	M50	6	M 90	00:44:31	01:17:02	03:25:25	04:21:18.95	04:21:18.95	9:00	6.7
118	KRZEWIAK KRYSZTIAN	748	CIACHO TEAM TRIATHLON	DACHOWA	POL	M18	9	M 91	00:44:41	01:16:46	03:23:45	04:21:27.00	04:21:27.00	9:00	6.7
119	POŁAWSKA EWA	817		OTWOCK	POL	K30	17	K 28	00:46:37	01:19:21	03:25:53	04:22:14.75	04:22:14.75	9:02	6.6
120	MORAWSKI WOJCIECH	786		WROCLAW	POL	M30	48	M 92	00:46:22	01:17:54	03:23:37	04:22:24.80	04:22:24.80	9:02	6.6
121	ISHCHUK ALIAKSANDR	914		ŚWIEBODZICE	POL	M30	49	M 93	00:37:15	01:03:30	03:04:16	04:23:03.40	04:23:03.40	9:04	6.6
122	HARETSKI ALEKSANDER	911		ŚWIEBODZICE	POL	M30	50	M 94	00:37:15	01:03:31	03:04:16	04:23:03.50	04:23:03.50	9:04	6.6
123	SZYMANEK-PASTERNAK ANNA	859		WROCLAW	POL	K40	7	K 29	00:39:35	01:06:31	03:04:54	04:23:08.35	04:23:08.35	9:04	6.6
124	PIETRZAK MAREK	808		ZALASEWO	POL	M40	28	M 95	00:42:34	01:14:18	03:22:12	04:23:28.75	04:23:28.75	9:05	6.6
125	KOLAŃSKI ŁUKASZ	736		KALISZ	POL	M30	51	M 96	00:44:52	01:16:50	03:26:25	04:24:02.75	04:24:02.75	9:06	6.6
126	MATYJASZCZUK MATEUSZ	777		WROCLAW	POL	M30	52	M 97	00:45:39	01:18:46	03:19:01	04:24:48.35	04:24:48.35	9:07	6.6
127	MATYJASZCZUK ELA	776	SZTUKA BIEGANIA TEAM	WROCLAW	POL	K30	18	K 30	00:45:59	01:18:45	03:24:31	04:24:48.70	04:24:48.70	9:07	6.6
128	MARKOWSKA LIDIA	772		WROCLAW	POL	K40	8	K 31	00:43:06	01:14:55	03:24:36	04:26:23.65	04:26:23.65	9:11	6.5
129	NOWAK MIROSLAW	792		MARCINOWICE	POL	M40	29	M 98	00:40:44	01:08:55	03:23:13	04:27:22.25	04:27:22.25	9:13	6.5
130	TONDESKI MACIEJ	872		BESTWINA	POL	M18	10	M 99	00:45:02	01:18:18	03:32:13	04:28:41.90	04:28:41.90	9:15	6.5
131	MYŚLEWSKI JANUSZ	787	NIEBKO TERROR/NOCNY POYEB	SZCZECIN	POL	M40	30	M 100	00:41:36	01:11:36	03:28:38	04:28:52.15	04:28:52.15	9:16	6.5
132	JANKOWSKI JAKUB	916	CHOJNIK TEAM	ŁÓDŹ	POL	M30	53	M 101	00:48:04	01:21:49	03:32:24	04:28:57.05	04:28:57.05	9:16	6.5
133	PASZKIEWICZ KAMIL	803		SIECHNICE	POL	M50	7	M 102	00:40:14	01:10:06	03:28:24	04:29:28.65	04:29:28.65	9:17	6.5
134	BONDAREWICZ AGATA	663	BONDZIKI	WROCLAW	POL	K40	9	K 32	00:44:58	01:17:09	03:26:05	04:29:40.95	04:29:40.95	9:17	6.5
135	IGNASZEWSKI ŁUKASZ	711		ZIELONA GÓRA	POL	M40	31	M 103	00:42:57	01:13:51	03:28:33	04:30:53.25	04:30:53.25	9:20	6.4
136	PURCZYŃSKI GRZEGORZ	821		ZIELONA GÓRA	POL	M40	32	M 104	00:42:28	01:13:30	03:28:33	04:30:54.45	04:30:54.45	9:20	6.4
137	GRZYMAŁA KRZYSZTOF	704	EWA FAN!	WROCLAW	POL	M40	33	M 105	00:41:57	01:10:12	03:04:09	04:30:58.95	04:30:58.95	9:20	6.4
138	PRZYBYLSKA ALEKSANDRA	820		KROSNO K.MOSINY	POL	K30	19	K 33	00:46:00	01:17:36	03:35:31	04:31:09.75	04:31:09.75	9:21	6.4
139	PUSZCZYKOWSKI GRZEGORZ	824		INOWŁÓDZ	POL	M50	8	M 106	00:45:43	01:17:48	03:32:10	04:32:34.75	04:32:34.75	9:23	6.4
140	ROMANIUK JACEK	829		TRZĘSOWICE	POL	M50	9	M 107	00:44:28	01:17:01	03:36:31	04:32:56.60	04:32:56.60	9:24	6.4
141	CYBULSKI DARIUSZ	678	KB INTREX POZNAŃ	POZNAŃ	POL	M40	34	M 108	00:43:22	01:15:14	03:32:19	04:33:11.95	04:33:11.95	9:25	6.4
142	DALECKA DOROTA	901	TRI LADIES	GDYNIA	POL	K40	10	K 34	00:43:07	01:15:55	03:36:14	04:33:20.40	04:33:20.40	9:25	6.4
143	GAJEK ŁUKASZ	690		POZNAŃ	POL	M40	35	M 109	00:44:28	01:15:24	03:36:29	04:33:51.85	04:33:51.85	9:26	6.4
144	SAJEWICZ PIOTR	835		WROCLAW	POL	M30	54	M 110	00:42:34	01:11:01	03:34:29	04:34:23.50	04:34:23.50	9:27	6.3
145	KOCHANOWSKI MAREK	733		WROCLAW	POL	M50	10	M 111	00:38:42	01:06:42	03:33:27	04:34:46.35	04:34:46.35	9:28	6.3
146	BANDUROWSKA AGNIESZKA	653	KB WIKON NOWA SÓL	NOWA SÓL	POL	K40	11	K 35	00:44:49	01:19:06	03:35:28	04:35:20.90	04:35:20.90	9:29	6.3
147	FLORCZAK MONIKA	688		WROCLAW	POL	K30	20	K 36	00:43:52	01:17:57	03:36:58	04:35:26.00	04:35:26.00	9:29	6.3
148	KUROWSKI ARTUR	752	PURAVIDATEAM	WROCLAW	POL	M30	55	M 112	00:45:35	01:16:15	03:36:20	04:35:35.60	04:35:35.60	9:30	6.3
149	TROJANOWSKA MAŁGORZATA	873	TRAIL IS OUR WAY	ŁÓDŹ	POL	K18	6	K 37	00:50:57	01:28:50	03:35:58	04:35:38.55	04:35:38.55	9:30	6.3
150	SKÓRA LESZEK	904	IZBICKO W BIEGU	IZBICKO	POL	M40	36	M 113	00:45:19	01:17:51	03:32:43	04:36:07.45	04:36:07.45	9:31	6.3
151	LEWANDOWSKI ŁUKASZ	755		PLEWISKA	POL	M40	37	M 114	00:42:27	01:12:15	03:36:15	04:36:13.25	04:36:13.25	9:31	6.3
152	KULICKI KACPER	751	RUN YOUR TRAIL	WIĄZÓW	POL	M18	11	M 115	00:56:25	01:33:07	03:36:55	04:36:35.10	04:36:35.10	9:32	6.3
153	PIOTROWICZ MARTA	811		POZNAŃ	POL	K18	7	K 38	00:46:36	01:19:09	03:37:33	04:37:54.40	04:37:54.40	9:34	6.3
154	KUBIŚ ANDRZEJ	750	RUN TEAM RYDZYNA	RYDZYNA	POL	M60	3	M 116	00:41:06	01:11:35	03:35:58	04:39:31.35	04:39:31.35	9:38	6.2
155	MATYSIAK KAROL	778	WLKP MOUNTAINS ULTRA STYLE	POZNAŃ	POL	M40	38	M 117	00:46:44	01:19:13	03:38:42	04:40:46.00	04:40:46.00	9:40	6.2
156	SZYMAŃSKI PAWEŁ	861		WARSZAWA	POL	M50	11	M 118	00:43:52	01:17:49	03:42:49	04:41:26.05	04:41:26.05	9:42	6.2

**PÓŁMARATON Z GÓRKĄ, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
157	MIKRUT PAWEŁ	784		WROCŁAW	POL	M40	39	M 119	00:44:14	01:18:13	03:39:21	04:42:00.90	04:42:00.90	9:43	6.2
158	KRECHOWIEC MARCIN	744	BIEGACZE Z PRZYLESIA	BLĄŻEJEWÓ	POL	M40	40	M 120	00:45:52	01:19:17	03:40:10	04:42:53.05	04:42:53.05	9:45	6.2
159	JANOWSKA AGNIESZKA	715		POZNAŃ	POL	K30	21	K 39	00:46:19	01:21:11	03:43:09	04:43:48.55	04:43:48.55	9:47	6.1
160	MARCINKIEWICZ MAREK	769		PIECHOWICE	POL	M40	41	M 121	00:46:15	01:19:38	03:36:45	04:43:50.25	04:43:50.25	9:47	6.1
161	PIETRZAK PAWEŁ	807		LUBAŃ	POL	M30	56	M 122	00:41:06	01:12:51	03:40:26	04:46:01.75	04:46:01.75	9:51	6.1
162	JÓŻWIAK DAMIAN	721		NAMYŚLÓW	POL	M30	57	M 123	00:44:30	01:17:03	03:42:17	04:46:20.35	04:46:20.35	9:52	6.1
163	NOWICKA ANNA	793		WROCŁAW	POL	K30	22	K 40	00:48:45	01:23:58	03:40:48	04:46:38.15	04:46:38.15	9:53	6.1
164	MARCZAK AGNIESZKA	770	PRO366	POZNAŃ	POL	K40	12	K 41	00:49:24	01:26:18	03:45:37	04:46:57.30	04:46:57.30	9:53	6.1
165	KACZOROWSKA DOROTA	724		KIELCZÓW	POL	K40	13	K 42	00:46:58	01:21:51	03:43:56	04:47:04.40	04:47:04.40	9:53	6.1
166	WIŚNIEWSKI EWA	900		WAŚY KOLONIA	POL	K50	1	K 43	00:41:39	01:13:42	03:46:11	04:48:33.15	04:48:33.15	9:57	6
167	MATWIEJCZYK TOMASZ	775		SZCZECIN	POL	M40	42	M 124	00:41:58	01:12:49	03:42:19	04:49:44.75	04:49:44.75	9:59	6
168	JANCZAK SEBASTIAN	712		WROCŁAW	AFG	M40	43	M 125	00:44:40	01:15:11	03:43:53	04:50:16.55	04:50:16.55	10:00	6
169	ŚWIERCZ MARCIN	866		GDAŃSK	POL	M30	58	M 126	00:44:51	01:17:18	03:44:21	04:50:55.00	04:50:55.00	10:01	6
170	PIETKUN NORBERT	805	HERNIK TEAM	CZŁOPA	POL	M18	12	M 127	00:45:54	01:17:53		04:51:21.15	04:51:21.15	10:02	6
171	KONIECZNA ALEKSANDRA	738		OPALENICA	POL	K30	23	K 44	00:47:55	01:23:08	03:51:29	04:53:52.90	04:53:52.90	10:08	5.9
172	ZIOMBKA KUBA	898	WAWRZYNTTEAM	SIECHNICE	POL	M40	44	M 128	00:42:58	01:14:49	03:52:29	04:55:30.35	04:55:30.35	10:11	5.9
173	MATUSZEK MAŁGORZATA	774		POZNAŃ	POL	K30	24	K 45	00:47:04	01:21:41	03:54:22	04:56:35.95	04:56:35.95	10:13	5.9
174	WALIGÓRA JUDYTA	876	SOKÓŁ WŁOSZAKOWICE	WŁOSZAKOWICE	POL	K30	25	K 46	00:48:24	01:24:23	03:54:54	04:57:02.70	04:57:02.70	10:14	5.9
175	NOWACZYŃSKA KATARZYNA	791	TEAM ZABIEGANEDNI	WARSZAWA	POL	K40	14	K 47	00:48:10	01:21:45	03:55:33	04:57:14.15	04:57:14.15	10:14	5.9
176	RZEPNIEWSKI ŁUKASZ	834		WARSZAWA	POL	M40	45	M 129	00:50:13	01:26:10	03:55:54	04:57:21.30	04:57:21.30	10:15	5.9
177	ŚLUSAREK GRZEGORZ	864	PONADWSZYSTKO	GOŁUSKI	POL	M40	46	M 130	00:50:31	01:28:46	03:55:20	04:58:07.35	04:58:07.35	10:16	5.8
178	KORSAK AGATA	739		BEZRZECZE	POL	K30	26	K 48	00:49:43	01:26:44	03:58:21	04:58:07.80	04:58:07.80	10:16	5.8
179	JANKOWSKI ADAM	714		ZALASEWO	POL	M30	59	M 131	00:50:30	01:28:47	03:55:20	04:58:07.80	04:58:07.80	10:16	5.8
180	GORSKI SŁAWOMIR	701		BYDGOSZCZ	POL	M40	47	M 132	00:49:32	01:25:54	03:50:11	04:59:02.20	04:59:02.20	10:18	5.8
181	ZAMIATOWSKA KINGA	892		BYDGOSZCZ	POL	K40	15	K 49	00:50:26	01:28:45	03:54:25	05:02:37.20	05:02:37.20	10:26	5.7
182	MACKIEWICZ DOROTA	762		WARSZAWA	POL	K40	16	K 50	00:51:16	01:27:06	03:58:34	05:02:49.35	05:02:49.35	10:26	5.7
183	GÓRSKI MIKOŁAJ	702		JELEŃSKA GÓRA	POL	M40	48	M 133	00:45:39	01:19:33	03:53:00	05:02:53.25	05:02:53.25	10:26	5.7
184	MARTYNA TRYBALSKA-LIPSKA MARTYNA	773	GO APTIV!	KRAKÓW	POL	K18	8	K 51	00:50:07	01:24:14	03:52:55	05:04:54.60	05:04:54.60	10:30	5.7
185	LIPSKI DAWID	756		KRAKÓW	POL	M18	13	M 134	00:50:07	01:24:14	03:52:53	05:04:54.75	05:04:54.75	10:30	5.7
186	ADAMSKA BEATA	651	IZBICKO W BIEGU	OTMICE	POL	K18	9	K 52	00:52:29	01:27:31	04:04:21	05:05:45.65	05:05:45.65	10:32	5.7
187	MANU-ART_BY JUSTI JUSTYNA	768	OPALENICKI KLUB BIEGACZA/ JESTEMODROMKA	OPALENICA	POL	K40	17	K 53	00:49:32	01:27:46	04:01:43	05:07:21.20	05:07:21.20	10:35	5.7
188	BUKA PAULINA	673		POZNAŃ	POL	K30	27	K 54	00:48:07	01:25:57	04:00:35	05:07:51.50	05:07:51.50	10:36	5.7
189	MARCZEWSKI TOMASZ	771		GORZÓW WLKP.	POL	M50	12	M 135	00:45:07	01:18:52	03:59:30	05:10:12.90	05:10:12.90	10:41	5.6
190	BERESIŃSKA DOROTA	656		SIEDLEĆIN	POL	K18	10	K 55	00:49:05	01:25:05	03:58:31	05:11:52.20	05:11:52.20	10:45	5.6
191	ŁOGIN MARTA	760		SZCZECIN	POL	K30	28	K 56	00:50:23	01:26:43	04:10:08	05:14:03.70	05:14:03.70	10:49	5.5
192	HARASZCZUK JOANNA	707		SZCZECIN	POL	K30	29	K 57	00:50:58	01:26:59	04:09:55	05:14:11.10	05:14:11.10	10:50	5.5
193	ŁĘSZCZAK ROBERT	759	KLUB KOLARSKI FALA PARK	GRODZISK WLKP.	POL	M30	60	M 136	00:50:24	01:28:30	04:01:44	05:15:57.95	05:15:57.95	10:53	5.5
194	BERNACKA KINGA	657		TOMICE	POL	K30	30	K 58	00:47:54	01:23:10	04:11:26	05:17:19.95	05:17:19.95	10:56	5.5
195	KNAJBER PIOTR	732		WARSZAWA	POL	M30	61	M 137	00:49:48	01:23:36	04:03:47	05:17:31.15	05:17:31.15	10:56	5.5
196	TASZAREK EWA	868		MROWINO	POL	K40	18	K 59	00:48:55	01:24:54	04:09:26	05:17:39.40	05:17:39.40	10:57	5.5
197	CZAPIK MARTA	679	LEGALNA MARTA	ŚREM	POL	K18	11	K 60	00:47:14	01:24:22	04:07:59	05:18:32.60	05:18:32.60	10:59	5.5
198	DYBKA ŁUKASZ	907	GT RAT	RADWANICE	POL	M30	62	M 138	00:51:15	01:28:46	04:04:06	05:18:47.55	05:18:47.55	10:59	5.5
199	PUSZCZYKOWSKA MAŁGORZATA	823		INOWŁÓDZ	POL	K50	2	K 61	00:51:58	01:30:30	04:10:51	05:23:38.00	05:23:38.00	11:09	5.4
200	KOCIUBA KAROLINA	734		SZCZECIN	POL	K30	31	K 62	00:54:09	01:31:55	04:15:10	05:23:51.95	05:23:51.95	11:10	5.4
201	GIŻEWSKI GRZEGORZ	694		GŁOWNO	POL	M40	49	M 139	00:52:47	01:28:50	04:10:37	05:24:47.50	05:24:47.50	11:11	5.4
202	KODYM ANNA	735		POZNAŃ	POL	K40	19	K 63	00:48:43	01:28:39	04:06:36	05:24:55.15	05:24:55.15	11:12	5.4
203	PALIWODA ANNA	801	#HAPPYRUNNERS	ŁÓDŹ	POL	K30	32	K 64	00:54:49	01:32:12	04:23:39	05:26:04.90	05:26:04.90	11:14	5.3
204	OKONIEWSKA AGNIESZKA	795		ŚMIGIEL	POL	K40	20	K 65	00:48:25	01:24:24	04:07:39	05:26:15.05	05:26:15.05	11:15	5.3
205	STARCZEWSKA IZABELA	847	ULTRA DIABLY TEAM LUBRZA	SWIEBODZIN	POL	K50	3	K 66	00:47:49	01:25:03	04:17:17	05:28:11.25	05:28:11.25	11:19	5.3
206	PILAWSKA SANDRA	810		KRAKÓW	POL	K18	12	K 67	00:49:08	01:25:23	04:04:48	05:28:59.35	05:28:59.35	11:20	5.3
207	KRZYŻEWSKI ROGER	749		KRAKÓW	POL	M30	63	M 140	00:49:08	01:25:26	04:04:46	05:29:00.15	05:29:00.15	11:20	5.3
208	OLEKSIEWICZ BEATA	797	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K40	21	K 68	00:51:18	01:31:18	04:14:14	05:29:24.00	05:29:24.00	11:21	5.3
209	SEKUT MAGDALENA	836		KRĘPICE	POL	K30	33	K 69	00:49:20	01:25:56	04:09:24	05:29:36.95	05:29:36.95	11:21	5.3
210	HARASZCZUK JERZY	706	MORŚWIRY	ZAŁOM	POL	M50	13	M 141	00:50:58	01:27:08	04:11:40	05:30:22.00	05:30:22.00	11:23	5.3
211	FERENC STANISŁAW	684	ZRYW	SWIETA KATARZYNA	POL	M30	64	M 142	00:48:50	01:22:58	04:04:11	05:31:09.30	05:31:09.30	11:25	5.3
212	BESZTOCHA JADWIGA	658	ZEN RUNNING TEAM	ŁĘDZINY	POL	K30	34	K 70	00:49:00	01:24:23	04:25:09	05:34:01.80	05:34:01.80	11:31	5.2

**PÓŁMARATON Z GÓRKĄ, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
213	ROSIŃSKA AGNIESZKA	830	ŚWIERCZEWO RUN / SZALONA PIĄTKA	POZNAŃ	POL	K40	22	K 71	00:49:40	01:28:18	04:23:29	05:37:30.15	05:37:30.15	11:38	5.2
214	PIÓRKOWSKI PAWEŁ	812		NOWA RUDA	POL	M30	65	M 143	00:50:35	01:25:25	04:25:30	05:42:15.80	05:42:15.80	11:48	5.1
215	STAMM TOMASZ	846		POZNAŃ	POL	M50	14	M 144	00:48:34	01:29:11	04:33:59	05:48:33.50	05:48:33.50	12:01	5
216	SIERANT MARIAN	838		BYDGOSZCZ	POL	M60	4	M 145	00:57:11	01:37:41	04:36:11	05:50:53.50	05:50:53.50	12:05	5
217	RUTKOWSKA EWELINA	832	DZIKI Z CYTADELI	PLEWISKA	POL	K40	23	K 72	00:52:34	01:32:16	04:36:22	05:51:32.65	05:51:32.65	12:07	4.9
218	MINKISIEWICZ AGNIESZKA	785	NIGHT RUNNERS	POZNAŃ	POL	K30	35	K 73	00:52:04	01:29:15	04:41:13	05:58:40.25	05:58:40.25	12:22	4.9
219	MENZEL ZOFIA	779	ULTRA DIABLY TEAM LUBRZA	LUBRZA	POL	K60	1	K 74	00:52:02	01:30:57	04:45:16	05:59:19.10	05:59:19.10	12:23	4.8
220	SREBRO MICHAŁ	844	DZIKI Z CYTADELI	POZNAŃ	POL	M50	15	M 146	00:54:04	01:34:56	04:36:21	06:08:03.40	06:08:03.40	12:41	4.7
221	CHORAŻY KAROLINA	675	BIEGOLAS KOSZALIN	KOSZALIN	POL	K30	36	K 75	00:36:21	01:02:32	05:09:45	06:09:20.15	06:09:20.15	12:44	4.7
222	FURTACZ ANNA	689		PIŁA	POL	K50	4	K 76	00:55:42	01:38:08	04:51:51	06:09:58.10	06:09:58.10	12:45	4.7
223	JANOWSKI JERZY	716	RONIN	POZNAŃ	POL	M60	5	M 147	00:52:53	01:32:06	04:56:28	06:11:25.30	06:11:25.30	12:48	4.7
224	PIETRZAK MACIEJ	809		OSIECZNA	POL	M50	16	M 148	00:50:33	01:29:40	04:42:42	06:13:51.65	06:13:51.65	12:53	4.7
225	STASZEWSKI MAREK	849		PRUSZOWICE	POL	M30	66	M 149	00:59:36	01:36:43	04:54:10	06:19:06.70	06:19:06.70	13:04	4.6
226	CHRAPOWICZ PAWEŁ	676		KIELCZÓW	POL	M30	67	M 150	01:07:05	01:57:21	04:58:04	06:20:05.90	06:20:05.90	13:06	4.6
227	JĘDROSZKOWIAK ANNA	720		LONIEWO	POL	K30	37	K 77	00:52:50	01:34:24	05:15:08	06:30:45.25	06:30:45.25	13:28	4.5
228	KOWNACKI ARKADIUSZ	742	WY - BIEGANI SZCZECIN	WITKOWO	POL	M50	17	M 151	01:05:59	01:49:15	05:17:28	06:34:09.90	06:34:09.90	13:35	4.4
229	MERKLINGHAUS-KOBER MONIKA	780	SPEED FEET '16	KOŚCIAN	POL	K40	24	K 78	00:57:50	01:39:24	05:17:27	06:34:20.90	06:34:20.90	13:35	4.4
230	GŁADKI MICHAŁ	695		GORZÓW WIELKOPOLSKI	POL	M30	68	M 152	01:04:17	01:48:46	05:12:06	06:36:27.35	06:36:27.35	13:40	4.4
231	SOBCZAK MACIEJ	840	RAZEM TRENUJEMY SPORT	FLORENTYNÓW	POL	M40	50	M 153	00:56:54	01:38:49	05:03:51	06:36:57.70	06:36:57.70	13:41	4.4
232	GODLEWSKA IZABELLA	696	GANG ŚWIETLIKÓW	WARSZAWA	POL	K18	13	K 79	01:03:07	01:44:26	04:48:37	06:43:57.30	06:43:57.30	13:55	4.3
233	GODLEWSKA ANNA	697	GANG ŚWIETLIKÓW	ŁOMIANKI	POL	K30	38	K 80	01:03:08	01:44:27	04:48:37	06:43:58.25	06:43:58.25	13:55	4.3
234	STRYCZEK EWA	851	AKTYWNYWEEKEND	BIELSKO-BIAŁA	POL	K40	25	K 81	00:55:51	01:38:59	05:15:29	06:44:52.15	06:44:52.15	13:57	4.3
235	RADECKI WOJCIECH	826	DZIKI Z CYTADELI	POBIEDZISKA	POL	M40	51	M 154	00:58:02	01:40:26	05:16:49	06:45:12.75	06:45:12.75	13:58	4.3
236	PYTEL ANNA	825	IZBICKO W BIEGU	OTMICE	POL	K40	26	K 82	01:00:37	01:45:55	05:35:07	06:47:26.15	06:47:26.15	14:02	4.3
237	SREBRO KACPER	845		POZNAŃ	POL	M18	14	M 155	01:03:24	01:48:42	05:20:08	06:54:51.35	06:54:51.35	14:18	4.2
238	LEMAŃSKA SYLWIA	754		GRUDZIĄDZ	POL	K40	27	K 83	01:13:16	02:10:00	05:42:45	07:00:54.50	07:00:54.50	14:30	4.1
239	ANIÓŁ LAURA	652	NIGHT RUNNERS WROCŁAW	WROCŁAW	POL	K30	39	K 84	01:03:04	01:48:45	05:29:12	07:01:38.75	07:01:38.75	14:32	4.1
240	SZYPULSKA KATARZYNA	863	SKS CHMIELOWICE	OPOLE	POL	K40	28	K 85	01:00:36	01:45:55	05:35:07	07:02:35.30	07:02:35.30	14:34	4.1
241	ZIOBRO AŚKA	897		GRUDZIĄDZ	POL	K40	29	K 86	01:13:19	02:10:09	05:42:27	07:09:37.95	07:09:37.95	14:48	4.1
242	IDCZAK AGNIESZKA	710	FITNESS PIEKARY	LEGNICA	POL	K30	40	K 87	00:36:46	01:02:00	02:44:28			7:28	8
243	KNAP MATEUSZ	920				M18	15	M 156	00:29:46	00:51:01				5:06	11.8
244	NAKIELSKI JAKUB	908		JELEŃ GÓRA	POL	M30	69	M 157	02:53:57					28:59	2.1
	ZIAJA ALEKSANDRA	895		KRAKÓW	POL	K30			DNF	DNF	DNF	DNF	DNF	-	-
	ŁOWIGUS MICHAŁ	761	SWORDS ATHLETICS	WARSZAWA	POL	M30			DNF	DNF	DNF	DNF	DNF	-	-

**PÓŁMARATON Z GÓRKĄ, K-Open**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
1	BEDNARCZYK MAGDALENA	918				K30	1	K 1	00:33:00	00:56:15	02:24:36	03:04:18.15	03:04:18.15	6:21	9.4
2	OBSTOJ KAROLINA	921				K30	2	K 2	00:35:24	01:01:12	02:37:29	03:21:53.30	03:21:53.30	6:57	8.6
3	FERET KAMILA	685		JELEŃ GÓRA	POL	K18	1	K 3	00:36:33	01:02:11	02:40:05	03:22:45.40	03:22:45.40	6:59	8.6
4	MAJEWSKA AGATA	764		WROCŁAW	POL	K40	1	K 4	00:34:13	00:59:38	02:41:27	03:22:57.45	03:22:57.45	6:59	8.6
5	MICHAŁOWSKA AGATA	781		SOPOT	POL	K18	2	K 5	00:37:10	01:03:15	02:41:28	03:28:52.45	03:28:52.45	7:12	8.3
6	KOKOTT AGNIESZKA	912	AW - SZYBCIEJ - TEAM	SMOLEC	POL	K40	2	K 6	00:36:58	01:03:19	02:45:53	03:33:06.35	03:33:06.35	7:20	8.2
7	HENDEL MIRELA	708	IZBICKO W BIEGU	KROŚNICA	POL	K18	3	K 7	00:36:25	01:03:09	02:48:13	03:36:14.65	03:36:14.65	7:27	8
8	KLAMUT NATALIA	728		KARPACZ	POL	K30	3	K 8	00:37:29	01:06:31	02:48:27	03:36:48.45	03:36:48.45	7:28	8
9	WALCZAK ADELA	875	TRAIL IS OUR WAY TEAM	ŁÓDŹ	POL	K30	4	K 9	00:38:51	01:05:54	02:50:02	03:38:21.80	03:38:21.80	7:31	8
10	DRAGANEK EWELINA	681		WROCŁAW	POL	K40	3	K 10	00:39:02	01:05:50	02:53:53	03:41:40.45	03:41:40.45	7:38	7.8
11	WOJTYSIAK OLA	887		GORZÓW WIELKOPOLSKI	POL	K30	5	K 11	00:38:40	01:05:05	02:53:28	03:43:17.10	03:43:17.10	7:41	7.8
12	SERAFIN-GORSZKOWSKA PAULINA	837	AW-SZYBCIEJ- TEAM	WROCŁAW	POL	K40	4	K 12	00:37:28	01:04:22	02:57:45	03:44:06.05	03:44:06.05	7:43	7.8
13	ŻMIJA LILIANA	899	FSD RUN DREZDENKO	ZWIERZYŃ	POL	K30	6	K 13	00:39:26	01:08:26	02:57:33	03:48:59.10	03:48:59.10	7:53	7.6
14	WOŹNIAK KAROLINA	889	INKA TEAM	POZNAŃ	POL	K30	7	K 14	00:39:19	01:07:34	02:57:57	03:49:09.05	03:49:09.05	7:54	7.6
15	BRYCKA ANNA	671	SPORTOWY UMYSŁ	SADKÓW	POL	K30	8	K 15	00:40:28	01:10:15	03:02:57	03:52:59.65	03:52:59.65	8:02	7.5
16	ZDUŃCZYK PAULINA	894	AKADEMIABIEGACZA.PL	ŁÓDŹ	POL	K30	9	K 16	00:39:09	01:07:44	03:02:12	03:53:43.35	03:53:43.35	8:03	7.4
17	MANSFELD ANITA	766		ŚREM	POL	K30	10	K 17	00:41:40	01:11:30	03:06:08	04:00:05.30	04:00:05.30	8:16	7.2

**PÓŁMARATON Z GÓRKĄ, K-Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
18	MURAWSKA NIKOLA	903	ADIDAS RUNNERS TRICITY	SZCZECIN	POL	K18	4	K 18	00:38:07	01:06:20	03:08:20	04:02:00.70	04:02:00.70	8:20	7.2
19	WUJDA KAROLINA	890		ZIELONA GÓRA	POL	K30	11	K 19	00:40:17	01:08:09	03:09:03	04:02:22.60	04:02:22.60	8:21	7.2
20	ROSTKOWSKA-BIAŁAS KAROLINA	831		WROCŁAW	POL	K30	12	K 20	00:44:23	01:14:40	03:12:39	04:05:17.05	04:05:17.05	8:27	7.1
21	WIĘCEK MARIA	880		WROCŁAW	POL	K30	13	K 21	00:44:20	01:16:14	03:16:50	04:06:05.15	04:06:05.15	8:29	7.1
22	BOROWSKA-SONMEZ ANNA	664	LONDON HEATHSIDE	LONDON	GBR	K30	14	K 22	00:42:19	01:13:56	03:14:21	04:06:10.20	04:06:10.20	8:29	7.1
23	BEDNAREK KAROLINA	655	WIDUN KETTLEBELL CLUB	WROCŁAW	POL	K30	15	K 23	00:43:00	01:10:53	03:10:41	04:09:36.25	04:09:36.25	8:36	7
24	HULALKA ANNA	709	SQOORA TRAINING	GRODZISK WIELKOPOLSKI	POL	K18	5	K 25	00:42:30	01:10:59	03:17:39	04:13:43.50	04:13:43.50	8:44	6.9
25	ŚWIERZOWSKA MAGDALENA	910	JESTEM OD ROMKA/FIZJOTERAPIA BIEGACZA	POZNAŃ	POL	K40	5	K 26	00:41:52	01:14:48	03:20:19	04:16:30.75	04:16:30.75	8:50	6.8
26	PANKAŁA RAFAŁ	802		WROCŁAW	POL	K40	6	K 27	00:40:02	01:08:20	03:05:00	04:17:05.75	04:17:05.75	8:51	6.8
27	POŁAWSKA EWA	817		OTWOCK	POL	K30	17	K 28	00:46:37	01:19:21	03:25:53	04:22:14.75	04:22:14.75	9:02	6.6
28	SZYMANEK-PASTERNAK ANNA	859		WROCŁAW	POL	K40	7	K 29	00:39:35	01:06:31	03:04:54	04:23:08.35	04:23:08.35	9:04	6.6
29	MARKOWSKA LIDIA	772		WROCŁAW	POL	K40	8	K 31	00:43:06	01:14:55	03:24:36	04:26:23.65	04:26:23.65	9:11	6.5
30	BONDAREWICZ AGATA	663	BONDZIKI	WROCŁAW	POL	K40	9	K 32	00:44:58	01:17:09	03:26:05	04:29:40.95	04:29:40.95	9:17	6.5
31	PRZYBYLSKA ALEKSANDRA	820		KROSNO K.MOSINY	POL	K30	19	K 33	00:46:00	01:17:36	03:35:31	04:31:09.75	04:31:09.75	9:21	6.4
32	DALECKA DOROTA	901	TRI LADIES	GDYNIA	POL	K40	10	K 34	00:43:07	01:15:55	03:36:14	04:33:20.40	04:33:20.40	9:25	6.4
33	BANDUROWSKA AGNIESZKA	653	KB WIKON NOWA SÓL	NOWA SÓL	POL	K40	11	K 35	00:44:49	01:19:06	03:35:28	04:35:20.90	04:35:20.90	9:29	6.3
34	FLORCZAK MONIKA	688		WROCŁAW	POL	K30	20	K 36	00:43:52	01:17:57	03:36:58	04:35:26.00	04:35:26.00	9:29	6.3
35	TROJANOWSKA MAŁGORZATA	873	TRAIL IS OUR WAY	ŁÓDŹ	POL	K18	6	K 37	00:50:57	01:28:50	03:35:58	04:35:38.55	04:35:38.55	9:30	6.3
36	PIOTROWICZ MARTA	811		POZNAŃ	POL	K18	7	K 38	00:46:36	01:19:09	03:37:33	04:37:54.40	04:37:54.40	9:34	6.3
37	JANOWSKA AGNIESZKA	715		POZNAŃ	POL	K30	21	K 39	00:46:19	01:21:11	03:43:09	04:43:48.55	04:43:48.55	9:47	6.1
38	NOWICKA ANNA	793		WROCŁAW	POL	K30	22	K 40	00:48:45	01:23:58	03:40:48	04:46:38.15	04:46:38.15	9:53	6.1
39	MARCZAK AGNIESZKA	770	PRO366	POZNAŃ	POL	K40	12	K 41	00:49:24	01:26:18	03:45:37	04:46:57.30	04:46:57.30	9:53	6.1
40	KACZOROWSKA DOROTA	724		KIELCZÓW	POL	K40	13	K 42	00:46:58	01:21:51	03:43:56	04:47:04.40	04:47:04.40	9:53	6.1
41	WIŚNIEWSKI EWA	900		WAŚY KOLONIA	POL	K50	1	K 43	00:41:39	01:13:42	03:46:11	04:48:33.15	04:48:33.15	9:57	6
42	KONIECZNA ALEKSANDRA	738		OPALENICA	POL	K30	23	K 44	00:47:55	01:23:08	03:51:29	04:53:52.90	04:53:52.90	10:08	5.9
43	MATUSZEK MAŁGORZATA	774		POZNAŃ	POL	K30	24	K 45	00:47:04	01:21:41	03:54:22	04:56:35.95	04:56:35.95	10:13	5.9
44	WALIGÓRA JUDYTA	876	SOKÓŁ WŁOSZAKOWICE	WŁOSZAKOWICE	POL	K30	25	K 46	00:48:24	01:24:23	03:54:54	04:57:02.70	04:57:02.70	10:14	5.9
45	NOWACZYŃSKA KATARZYNA	791	TEAM ZABIEGANEDNI	WARSZAWA	POL	K40	14	K 47	00:48:10	01:21:45	03:55:33	04:57:14.15	04:57:14.15	10:14	5.9
46	KORSAK AGATA	739		BEZRZECZE	POL	K30	26	K 48	00:49:43	01:26:44	03:58:21	04:58:07.80	04:58:07.80	10:16	5.8
47	ZAMIATOWSKA KINGA	892		BYDGOSZCZ	POL	K40	15	K 49	00:50:26	01:28:45	03:54:25	05:02:37.20	05:02:37.20	10:26	5.7
48	MACKIEWICZ DOROTA	762		WARSZAWA	POL	K40	16	K 50	00:51:16	01:27:06	03:58:34	05:02:49.35	05:02:49.35	10:26	5.7
49	MARTYNA TRYBALSKA-LIPSKA MARTYNA	773	GO APTIV!	KRAKÓW	POL	K18	8	K 51	00:50:07	01:24:14	03:52:55	05:04:54.60	05:04:54.60	10:30	5.7
50	ADAMSKA BEATA	651	IZBICKO W BIEGU	OTMICE	POL	K18	9	K 52	00:52:29	01:27:31	04:04:21	05:05:45.65	05:05:45.65	10:32	5.7
51	MANU-ART_BY JUSTI JUSTYNA	768	OPALENICKI KLUB BIEGACZA/JESTEMODROMKA	OPALENICA	POL	K40	17	K 53	00:49:32	01:27:46	04:01:43	05:07:21.20	05:07:21.20	10:35	5.7
52	BUKA PAULINA	673		POZNAŃ	POL	K30	27	K 54	00:48:07	01:25:57	04:00:35	05:07:51.50	05:07:51.50	10:36	5.7
53	BERESIŃSKA DOROTA	656		SIEDLEĆCIN	POL	K18	10	K 55	00:49:05	01:25:05	03:58:31	05:11:52.20	05:11:52.20	10:45	5.6
54	ŁOGIN MARTA	760		SZCZECIN	POL	K30	28	K 56	00:50:23	01:26:43	04:10:08	05:14:03.70	05:14:03.70	10:49	5.5
55	HARASZCZUK JOANNA	707		SZCZECIN	POL	K30	29	K 57	00:50:58	01:26:59	04:09:55	05:14:11.10	05:14:11.10	10:50	5.5
56	BERNACKA KINGA	657		TOMICZE	POL	K30	30	K 58	00:47:54	01:23:10	04:11:26	05:17:19.95	05:17:19.95	10:56	5.5
57	TASZAREK EWA	868		MROWINO	POL	K40	18	K 59	00:48:55	01:24:54	04:09:26	05:17:39.40	05:17:39.40	10:57	5.5
58	CZAPIK MARTA	679	LEGALNA MARTA	SREM	POL	K18	11	K 60	00:47:14	01:24:22	04:07:59	05:18:32.60	05:18:32.60	10:59	5.5
59	PUSZCZYKOWSKA MAŁGORZATA	823		INOWŁÓDZ	POL	K50	2	K 61	00:51:58	01:30:30	04:10:51	05:23:38.00	05:23:38.00	11:09	5.4
60	KOCIUBA KAROLINA	734		SZCZECIN	POL	K30	31	K 62	00:54:09	01:31:55	04:15:10	05:23:51.95	05:23:51.95	11:10	5.4
61	KODYM ANNA	735		POZNAŃ	POL	K40	19	K 63	00:48:43	01:28:39	04:06:36	05:24:55.15	05:24:55.15	11:12	5.4
62	PALIWODA ANNA	801	#HAPPYRUNNERS	ŁÓDŹ	POL	K30	32	K 64	00:54:49	01:32:12	04:23:39	05:26:04.90	05:26:04.90	11:14	5.3
63	OKONIEWSKA AGNIESZKA	795		ŚMIGIEL	POL	K40	20	K 65	00:48:25	01:24:24	04:07:39	05:26:15.05	05:26:15.05	11:15	5.3
64	STARCZEWSKA IZABELA	847	ULTRA DIABŁY TEAM LUBRZA	SWIEBODZIN	POL	K50	3	K 66	00:47:49	01:25:03	04:17:17	05:28:11.25	05:28:11.25	11:19	5.3
65	PILAWSKA SANDRA	810		KRAKÓW	POL	K18	12	K 67	00:49:08	01:25:23	04:04:48	05:28:59.35	05:28:59.35	11:20	5.3
66	OLEKSIEWICZ BEATA	797	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K40	21	K 68	00:51:18	01:31:18	04:14:14	05:29:24.00	05:29:24.00	11:21	5.3
67	SEKUT MAGDALENA	836		KRĘPICE	POL	K30	33	K 69	00:49:20	01:25:56	04:09:24	05:29:36.95	05:29:36.95	11:21	5.3
68	BESZTOCHA JADWIGA	658	ZEN RUNNING TEAM	LEDZINY	POL	K30	34	K 70	00:49:00	01:24:23	04:25:09	05:34:01.80	05:34:01.80	11:31	5.2
69	ROSIŃSKA AGNIESZKA	830	ŚWIERCZEWO RUN / SZALONA PIĄTKA	POZNAŃ	POL	K40	22	K 71	00:49:40	01:28:18	04:23:29	05:37:30.15	05:37:30.15	11:38	5.2
70	RUTKOWSKA EWELINA	832	DZIKI Z CYTADELI	PLEWISKA	POL	K40	23	K 72	00:52:34	01:32:16	04:36:22	05:51:32.65	05:51:32.65	12:07	4.9
71	MINKSIEWICZ AGNIESZKA	785	NIGHT RUNNERS	POZNAŃ	POL	K30	35	K 73	00:52:04	01:29:15	04:41:13	05:58:40.25	05:58:40.25	12:22	4.9

**PÓŁMARATON Z GÓRKĄ, K-Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
72	MENZEL ZOFIA	779	ULTRA DIABLY TEAM LUBRZA	LUBRZA	POL	K60	1	K 74	00:52:02	01:30:57	04:45:16	05:59:19.10	05:59:19.10	12:23	4.8
73	CHORAŻY KAROLINA	675	BIEGOLAS KOSZALIN	KOSZALIN	POL	K30	36	K 75	00:36:21	01:02:32	05:09:45	06:09:20.15	06:09:20.15	12:44	4.7
74	FURTACZ ANNA	689		PIŁA	POL	K50	4	K 76	00:55:42	01:38:08	04:51:51	06:09:58.10	06:09:58.10	12:45	4.7
75	JĘDROSZKOWIAK ANNA	720		ŁONIEWO	POL	K30	37	K 77	00:52:50	01:34:24	05:15:08	06:30:45.25	06:30:45.25	13:28	4.5
76	MERKLINGHAUS-KOBER MONIKA	780	SPEED FEET '16	KOŚCIAN	POL	K40	24	K 78	00:57:50	01:39:24	05:17:27	06:34:20.90	06:34:20.90	13:35	4.4
77	GODLEWSKA IZABELLA	696	GANG ŚWIETLIKÓW	WARSZAWA	POL	K18	13	K 79	01:03:07	01:44:26	04:48:37	06:43:57.30	06:43:57.30	13:55	4.3
78	GODLEWSKA ANNA	697	GANG ŚWIETLIKÓW	ŁOMIANKI	POL	K30	38	K 80	01:03:08	01:44:27	04:48:37	06:43:58.25	06:43:58.25	13:55	4.3
79	STRYCZEK EWA	851	AKTYWNYWEEKEND	BIELSKO-BIAŁA	POL	K40	25	K 81	00:55:51	01:38:59	05:15:29	06:44:52.15	06:44:52.15	13:57	4.3
80	PYTEL ANNA	825	IZBICKO W BIEGU	OTMICE	POL	K40	26	K 82	01:00:37	01:45:55	05:35:07	06:47:26.15	06:47:26.15	14:02	4.3
81	LEMAŃSKA SYLWIA	754		GRUDZIĄDZ	POL	K40	27	K 83	01:13:16	02:10:00	05:42:45	07:00:54.50	07:00:54.50	14:30	4.1
82	ANIOL LAURA	652	NIGHT RUNNERS WROCŁAW	WROCŁAW	POL	K30	39	K 84	01:03:04	01:48:45	05:29:12	07:01:38.75	07:01:38.75	14:32	4.1
83	SZYPULSKA KATARZYNA	863	SKS CHMIELOWICE	OPOLE	POL	K40	28	K 85	01:00:36	01:45:55	05:35:07	07:02:35.30	07:02:35.30	14:34	4.1
84	ZIOBRO AŚKA	897		GRUDZIĄDZ	POL	K40	29	K 86	01:13:19	02:10:09	05:42:27	07:09:37.95	07:09:37.95	14:48	4.1
85	IDCZAK AGNIESZKA	710	FITNESS PIEKARY	LEGNICA	POL	K30	40	K 87	00:36:46	01:02:00	02:44:28			7:28	8
	ZIAJA ALEKSANDRA	895		KRAKÓW	POL	K30			DNF	DNF	DNF	DNF	DNF	-	-

**PÓŁMARATON Z GÓRKĄ, M-Open**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
1	SZCZEŚNIEWSKI MIŁOSZ	854	HOKA GARMIN TEAM	DĄBCZE	POL	M30	1	M 1	00:27:26	00:46:27	01:56:16	02:27:50.45	02:27:50.45	5:05	11.8
2	BRÝDL PAVEL	672	SALOMON CZ	TRUTNOV	CZE	M40	1	M 2	00:27:27	00:47:12	02:01:12	02:36:47.50	02:36:47.50	5:24	11.1
3	SZKOLUDA MIŁOSZ	856	PRZEDWOJEWSKI TEAM	KOSZALIN	POL	M18	1	M 3	00:27:27	00:47:11	02:03:10	02:37:01.50	02:37:01.50	5:24	11.1
4	BROJ MARCEL	669		ŻLINICE	POL	M18	2	M 4	00:29:19	00:51:03	02:03:07	02:39:01.45	02:39:01.45	5:29	10.9
5	KLIMCZAK MIKOŁAJ	729	PRZEDWOJEWSKI TEAM	WROCŁAW	POL	M30	2	M 5	00:28:34	00:49:49	02:09:08	02:49:25.20	02:49:25.20	5:50	10.3
6	WANIOWSKI JAN JAKUB	879	AW-SZYBCIEJ TEAM	KRAPKOWICE	POL	M30	3	M 6	00:29:55	00:51:23	02:15:52	02:55:00.75	02:55:00.75	6:02	9.9
7	POŁACZEK DANIEL	816	IZBICKO W BIEGU	OTMICE	POL	M30	4	M 7	00:31:47	00:55:03	02:21:00	02:59:14.05	02:59:14.05	6:10	9.7
8	ŚMICHURSKI KRZYSZTOF	865	WLKP MOUNTAINS ULTRA	CEREKWICA	POL	M30	5	M 8	00:31:50	00:54:39	02:20:36	02:59:19.25	02:59:19.25	6:11	9.7
9	BOSAKIEWICZ TOMASZ	667	AW-SZYBCIEJ	ZŁOTORYJA	POL	M40	2	M 9	00:33:01	00:56:29	02:22:42	03:01:22.30	03:01:22.30	6:15	9.6
10	PIETRUCHA MACIEJ	806		JELEŃ GÓRA	POL	M40	3	M 10	00:30:53	00:53:07	02:20:48	03:01:45.35	03:01:45.35	6:16	9.6
11	KOTLAREK DAWID	741	SOBAS TEAM	ZIELONA GÓRA	POL	M40	4	M 11	00:30:13	00:52:14	02:21:50	03:03:53.20	03:03:53.20	6:20	9.5
12	GRZEGORZEWSKI WOJCIECH	703		KARPACZ	POL	M30	6	M 12	00:34:33	00:58:02	02:25:21	03:06:08.55	03:06:08.55	6:25	9.3
13	PAWLIK FILIP	804		POZNAŃ	POL	M30	7	M 13	00:32:19	00:55:01	02:24:07	03:07:51.80	03:07:51.80	6:28	9.3
14	KASPRZAK PIOTR	905	ŚNIEŻNA PANTERA	LUBLIN	POL	M18	3	M 14	00:33:39	00:58:00	02:25:44	03:08:15.20	03:08:15.20	6:29	9.2
15	SKOLINIĘC BARTŁOMIEJ	839	GRUNNERS	POZNAŃ	POL	M30	8	M 15	00:32:34	00:56:03	02:24:35	03:09:19.85	03:09:19.85	6:31	9.2
16	POCHYLSKI RADOSŁAW	814	GRUNNERS	POZNAŃ	POL	M30	9	M 16	00:32:25	00:55:48	02:26:09	03:11:10.80	03:11:10.80	6:35	9.1
17	PIWOWARZYK WOJCIECH	813	WLKP MOUNTAINS ULTRA	ROKIETNICA	POL	M30	10	M 17	00:35:57	01:00:12	02:32:26	03:17:02.20	03:17:02.20	6:47	8.8
18	PREISNER MARCIN	819	UNIwersytet Wrocławski	WROCŁAW	POL	M30	11	M 18	00:35:43	01:01:17	02:33:52	03:17:20.30	03:17:20.30	6:48	8.8
19	KOLMAN PIOTR	737	ENDORFINA WSCHOWA	WSCHOWA	POL	M40	5	M 19	00:35:03	00:58:45	02:32:48	03:19:43.65	03:19:43.65	6:53	8.7
20	SZCZESZEK LUKASZ	853		POZNAŃ	POL	M40	6	M 20	00:35:12	00:59:46	02:35:31	03:20:13.90	03:20:13.90	6:54	8.7
21	KŁYSZCZ MICHAŁ	731	IZBICKO W BIEGU	OTMICE	POL	M18	4	M 21	00:35:41	00:59:49	02:36:12	03:20:52.70	03:20:52.70	6:55	8.7
22	DONDAJEWSKI MIKOŁAJ	680		POZNAŃ	POL	M18	5	M 22	00:36:39	01:01:43	02:36:00	03:20:53.15	03:20:53.15	6:55	8.7
23	STĘSIK TOMASZ	850		WOLSZTY	POL	M30	12	M 23	00:38:07	01:05:18	02:41:55	03:25:31.75	03:25:31.75	7:05	8.5
24	KACZMAREK MACIEJ	723	WLKP MOUNTAINS ULTRA	BARANOWO	POL	M30	13	M 24	00:33:55	00:58:14	02:34:32	03:26:03.30	03:26:03.30	7:06	8.4
25	CIRKO ARKADIUSZ	677	SMS ZAGŁĘBIE LUBIN	LUBIN	POL	M40	7	M 25	00:35:05	01:00:53	02:40:04	03:27:38.10	03:27:38.10	7:09	8.4
26	TKOCZ ADAM	922			POL	M30	14	M 26	00:36:38	01:02:58	02:39:58	03:28:04.30	03:28:04.30	7:10	8.4
27	FILUŚ ADAM	687		POZNAŃ	POL	M18	6	M 28	00:36:39	01:01:59	02:37:30	03:29:01.90	03:29:01.90	7:12	8.3
28	HAŃCZYK JACEK	705	WIECZNA LUFA	ŚRODA WIELKOPOLSKA	POL	M50	1	M 29	00:36:26	01:03:15	02:43:24	03:29:06.75	03:29:06.75	7:12	8.3
29	BARANOW TOMASZ	923			POL	M40	9	M 30	00:36:35		02:41:10	03:29:55.80	03:29:55.80	7:14	8.3
30	TERLIKOWSKI MARCEL	917			POL	M30	15	M 32	00:36:14	01:02:00	02:42:12	03:31:41.60	03:31:41.60	7:17	8.2
31	GAWRON PAWEŁ	692	WEPA PIECHOWICE	DZIWIŚZÓW	POL	M30	16	M 33	00:37:21	01:03:44	02:42:48	03:31:53.70	03:31:53.70	7:18	8.2
32	URBAŃSKI MICHAŁ	874	ŁĄDEK-ZDRÓJ RUNNERS	WROCŁAW	POL	M30	17	M 34	00:36:47	01:03:01	02:45:18	03:32:26.10	03:32:26.10	7:19	8.2
33	ŁĄŻEWSKI MARCIN	758		CHWAŁĘCICE	POL	M50	3	M 35	00:38:15	01:04:29	02:44:55	03:33:34.10	03:33:34.10	7:21	8.1
34	ZIĘTEK KRZYSZTOF	896	NATURALEPO TEAM	KĄTY WROCŁAWSKIE	POL	M40	10	M 36	00:38:43	01:05:11	02:45:14	03:34:17.10	03:34:17.10	7:23	8.1
35	FERET HUBERT	686	TRAIL IS OUR WAY	PIECHOWICE	POL	M30	18	M 37	00:38:52	01:05:55	02:44:34	03:34:52.05	03:34:52.05	7:24	8.1
36	ŚWIERK PRZEMEK	867	ULTRA DIABLY	ŚWIEBODZIN	POL	M40	11	M 38	00:35:17	01:00:21	02:42:02	03:35:21.05	03:35:21.05	7:25	8.1
37	BROJ ADRIAN	670	BROJ TEAM ŻLINICE	ŻLINICE	POL	M50	4	M 39	00:36:41	01:02:43	02:45:25	03:36:40.80	03:36:40.80	7:28	8

**PÓŁMARATON Z GÓRKĄ, M-Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
38	JURCZAK SZYMON	722		WROCLAW	POL	M30	19	M 40	00:37:27	01:03:55	02:48:32	03:40:15.10	03:40:15.10	7:35	7.9
39	WOJTASZEK JACEK	885	STREFA WALKI JELENIA GÓRA	PIECHOWICE	POL	M40	12	M 41	00:36:18	01:04:01	02:49:01	03:41:02.20	03:41:02.20	7:37	7.9
40	BOROWSKI PRZEMYSŁAW	665	GRUNNERS	POZNAŃ	POL	M30	20	M 42	00:38:05	01:04:13	02:49:02	03:44:32.35	03:44:32.35	7:44	7.7
41	LEJA WOJCIECH	753	ŚLĘZAKTEAM	ŚLĘZA	POL	M30	21	M 43	00:37:38	01:04:36	02:54:11	03:46:24.45	03:46:24.45	7:48	7.7
42	RYDLEWSKI MAREK	833		POZNAŃ	POL	M18	7	M 44	00:40:47	01:07:58	02:56:36	03:46:27.55	03:46:27.55	7:48	7.7
43	BRODA DOMINIK	668		WROCLAW	POL	M30	22	M 45	00:39:12	01:06:56	02:58:45	03:46:49.35	03:46:49.35	7:49	7.7
44	GAŁECKI ROBERT	909	HFB	KIELCZÓW	POL	M30	23	M 46	00:37:26	01:04:26	02:56:36	03:48:27.80	03:48:27.80	7:52	7.6
45	KOŚCIAŃSKI ADAM	740	TGV CLUB KOŚCIAN	KOŚCIAN	POL	M40	13	M 47	00:38:17	01:05:19	02:55:08	03:49:48.05	03:49:48.05	7:55	7.6
46	MIGASIEWICZ MARCIN	782		MILICZ	POL	M30	24	M 48	00:41:59	01:10:45	03:00:52	03:50:18.50	03:50:18.50	7:56	7.6
47	BORSKOWICZ PAWEŁ	666	BADGERUN	SZCZECIN	POL	M40	14	M 49	00:38:06	01:05:07	02:57:16	03:50:39.85	03:50:39.85	7:57	7.5
48	JANIĄK KAMIL	713	TURBO COLA TEAM	POZNAŃ	POL	M30	25	M 50	00:37:43	01:03:03	02:58:44	03:51:14.10	03:51:14.10	7:58	7.5
49	MANSFELD KRZYSZTOF	767		SREM	POL	M30	26	M 51	00:39:28	01:07:19	02:58:41	03:52:28.25	03:52:28.25	8:00	7.5
50	KOŻBIELSKI SZYMON	743	BLK	WROCLAW	POL	M30	27	M 52	00:39:11	01:05:53	02:58:38	03:52:44.15	03:52:44.15	8:01	7.5
51	GOŁĘBIOWSKI TYTUS	698	ULTRA FALUBAZ / NGB	ZIELONA GÓRA	POL	M30	28	M 53	00:32:57	00:57:19	02:54:36	03:52:53.10	03:52:53.10	8:01	7.5
52	SZWARC GRZEGORZ	858	ARVATO S.C. REP	POZNAŃ	POL	M30	29	M 54	00:42:01	01:11:23	03:03:30	03:53:13.50	03:53:13.50	8:02	7.5
53	NOWIK KAMIL	794	SECO RUN	ŚWIEBODZIN	POL	M40	15	M 55	00:38:16	01:06:27	03:00:22	03:53:29.40	03:53:29.40	8:03	7.5
54	BINAŚ KRZYSZTOF	661	KB INTREX POZNAŃ	OPALENICA	POL	M30	30	M 56	00:37:39	01:04:36	03:04:04	03:54:16.35	03:54:16.35	8:04	7.4
55	WORONOWICZ PIOTR	888		WROCLAW	POL	M30	31	M 57	00:39:47	01:06:33	02:56:37	03:55:58.75	03:55:58.75	8:08	7.4
56	MILUCH TOMASZ	906		WAŁBRZYCH	POL	M40	16	M 58	00:41:46	01:09:25	03:01:44	03:56:53.35	03:56:53.35	8:10	7.3
57	NAKONIECZNY RAFAŁ	788	BIEGOLAS KOSZALIN	KOSZALIN	POL	M30	32	M 59	00:38:17	01:05:19	03:05:43	03:58:13.55	03:58:13.55	8:12	7.3
58	JAROSZ DAWID	717		ŁÓDŹ	POL	M30	33	M 60	00:44:40	01:12:36	03:07:52	03:59:04.85	03:59:04.85	8:14	7.3
59	BOHAREWICZ PAWEŁ	662	BOHAR PALETY TRANSPORT	ZIELONA GÓRA	POL	M40	17	M 61	00:38:20	01:05:49	03:05:37	03:59:07.50	03:59:07.50	8:14	7.3
60	KLIMEK WOJCIECH	730	ORTHOS TEAM / PRZEDWOJEWSKI TEAM	BIELANY WROCLAWSKIE	POL	M30	34	M 62	00:41:14	01:10:17	03:07:40	04:00:23.45	04:00:23.45	8:17	7.2
61	MACYSZYN ŁUKASZ	763		ZAGRODNO	POL	M40	18	M 63	00:40:28		03:05:53	04:02:00.15	04:02:00.15	8:20	7.2
62	HAMKALO DAWID	913	HOST	WROCLAW	POL	M40	19	M 64	00:39:32	01:07:50	03:05:34	04:02:26.45	04:02:26.45	8:21	7.2
63	MIKA TOMEK	783	KRONOSPAN OSB	IZBICKO	POL	M30	35	M 65	00:37:28	01:05:16	03:08:38	04:04:42.75	04:04:42.75	8:26	7.1
64	POMIANOWSKI SZYMON	818	KURACJUSZE	WROCLAW	POL	M30	36	M 66	00:40:14	01:09:27	03:11:52	04:04:59.65	04:04:59.65	8:26	7.1
65	STASIAK ŁUKASZ	848		LUBIN	POL	M40	20	M 67	00:42:37	01:14:42	03:13:18	04:06:17.45	04:06:17.45	8:29	7.1
66	JAROWICZ KONRAD	718		ZIELONA GÓRA	POL	M60	1	M 68	00:41:30	01:11:05	03:11:17	04:06:26.25	04:06:26.25	8:29	7.1
67	CHMIEL PAWEŁ	674		LEGNICA	POL	M30	37	M 69	00:40:47	01:07:43	03:11:33	04:06:32.55	04:06:32.55	8:30	7.1
68	ORĘZIAK MACIEJ	800		STALOWA WOLA	POL	M40	21	M 70	00:40:45	01:10:01	03:16:04	04:07:15.10	04:07:15.10	8:31	7
69	SZCZĘSNY MACIEJ	855		ŚWIEBODZIN	POL	M60	2	M 71	00:40:46	01:10:03	03:11:49	04:07:35.40	04:07:35.40	8:32	7
70	SZYMAŃSKI ŁUKASZ	862		JELENIA GÓRA	POL	M30	38	M 72	00:43:15	01:13:14	03:12:38	04:08:01.45	04:08:01.45	8:33	7
71	KĘPA KAMIL	726		WROCLAW	POL	M30	39	M 73	00:42:30	01:10:52	03:10:29	04:08:30.25	04:08:30.25	8:34	7
72	SKIBISZEWSKI GRZEGORZ	902		WROCLAW	POL	M40	22	M 74	03:13:17			04:09:03.95	04:09:03.95	8:35	7
73	ROMANIUK BARTOSZ	828		WROCLAW	POL	M30	40	M 75	00:41:56	01:11:27	03:11:47	04:09:17.85	04:09:17.85	8:35	7
74	WOJTCZAK JAN	886		OTWOCK	POL	M30	41	M 76	00:43:48	01:13:38	03:16:44	04:10:41.35	04:10:41.35	8:38	6.9
75	DORNIĄK RADEK	915		ZGORZELEC	POL	M40	23	M 77	00:44:29	01:15:08	03:15:16	04:10:54.25	04:10:54.25	8:39	6.9
76	OKRUTNIK SZYMON	796		KROTOSZYN	POL	M30	42	M 78	00:41:33	01:09:50	03:17:31	04:10:56.85	04:10:56.85	8:39	6.9
77	GORAĆZNIK MACIEJ	700		POZNAŃ	POL	M40	24	M 79	00:45:00	01:18:11	03:21:26	04:14:45.65	04:14:45.65	8:47	6.8
78	NIKOLIN PRZEMYSŁAW	789		WSCHOWA	POL	M40	25	M 80	00:39:29	01:08:51	03:17:47	04:16:11.20	04:16:11.20	8:50	6.8
79	OLEŚ DANIEL	798		JEŻÓW SUDECKI	POL	M30	43	M 81	00:43:50	01:14:14	03:21:03	04:16:46.95	04:16:46.95	8:51	6.8
80	DRZĄGA DANIEL	682		WROCLAW	POL	M40	26	M 82	00:42:31	01:10:49	03:17:30	04:16:53.40	04:16:53.40	8:51	6.8
81	WINIARSKI MIROSLAW	882	MERCEDES-BENZ GRUPA WRÓBEL	JELENIA GÓRA	POL	M30	44	M 83	00:44:53	01:16:20	03:19:05	04:17:00.00	04:17:00.00	8:51	6.8
82	SZYMANIAK SEBASTIAN	860		KÓRNIK	POL	M18	8	M 84	00:40:29	01:10:06	03:19:51	04:18:24.65	04:18:24.65	8:54	6.7
83	ŁAWICKI MARCIN	757	WKURW_TEAM	SZKLARSKA PORĘBA	POL	M30	45	M 85	00:40:12	01:09:19	03:23:47	04:18:40.30	04:18:40.30	8:55	6.7
84	BEDNARCZYK PAWEŁ	654	PZU SPORT TEAM	BABKI	POL	M40	27	M 86	00:42:16	01:12:11	03:18:14	04:19:20.95	04:19:20.95	8:56	6.7
85	DZICZEK IRENEUSZ	683	RAZ SZCZECIN	SZCZECIN	POL	M50	5	M 87	00:44:08	01:14:52	03:22:20	04:19:57.25	04:19:57.25	8:57	6.7
86	SUCHY ARON	852	POGOŃ BYDŁO	STEBLÓW	POL	M30	46	M 88	00:43:13	01:14:12	03:18:05	04:20:37.50	04:20:37.50	8:59	6.7
87	WAŁCZYK MATEUSZ	878		JELENIA GÓRA	POL	M30	47	M 89	00:40:19	01:11:57	03:17:48	04:21:09.10	04:21:09.10	9:00	6.7
88	WILMAŃSKI ARKADIUSZ	881		POLSKA	POL	M50	6	M 90	00:44:31	01:17:02	03:25:25	04:21:18.95	04:21:18.95	9:00	6.7
89	KRZEWIĄK KRYSZTOF	748	CIACHO TEAM TRIATHLON	DACHOWA	POL	M18	9	M 91	00:44:41	01:16:46	03:23:45	04:21:27.00	04:21:27.00	9:00	6.7
90	MORAWSKI WOJCIECH	786		WROCLAW	POL	M30	48	M 92	00:46:22	01:17:54	03:23:37	04:22:24.80	04:22:24.80	9:02	6.6
91	ISHCHUK ALIAKSANDR	914		ŚWIEBODZICE	POL	M30	49	M 93	00:37:15	01:03:30	03:04:16	04:23:03.40	04:23:03.40	9:04	6.6
92	HARETSKI ALEKSANDER	911		ŚWIEBODZICE	POL	M30	50	M 94	00:37:15	01:03:31	03:04:16	04:23:03.50	04:23:03.50	9:04	6.6



**PÓLMARATON Z GÓRKĄ, M-Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
93	PIETRZAK MAREK	808		ZALASEWO	POL	M40	28	M 95	00:42:34	01:14:18	03:22:12	04:23:28.75	04:23:28.75	9:05	6.6
94	KOLAŃSKI ŁUKASZ	736		KALISZ	POL	M30	51	M 96	00:44:52	01:16:50	03:26:25	04:24:02.75	04:24:02.75	9:06	6.6
95	NOWAK MIROSŁAW	792		MARCINOWICE	POL	M40	29	M 98	00:40:44	01:08:55	03:23:13	04:27:22.25	04:27:22.25	9:13	6.5
96	TONDERSKI MACIEJ	872		BESTWINA	POL	M18	10	M 99	00:45:02	01:18:18	03:32:13	04:28:41.90	04:28:41.90	9:15	6.5
97	MYSLEWSKI JANUSZ	787	NIEBKO TERROR/NOCYN POYEB	SZCZECIN	POL	M40	30	M 100	00:41:36	01:11:36	03:28:38	04:28:52.15	04:28:52.15	9:16	6.5
98	JANKOWSKI JAKUB	916	CHOJNIK TEAM	ŁÓDŹ	POL	M30	53	M 101	00:48:04	01:21:49	03:32:24	04:28:57.05	04:28:57.05	9:16	6.5
99	IGNASZEWSKI ŁUKASZ	711		ZIELONA GÓRA	POL	M40	31	M 103	00:42:57	01:13:51	03:28:33	04:30:53.25	04:30:53.25	9:20	6.4
100	PURCZYŃSKI GRZEGORZ	821		ZIELONA GÓRA	POL	M40	32	M 104	00:42:28	01:13:30	03:28:33	04:30:54.45	04:30:54.45	9:20	6.4
101	GRZYMAŁA KRZYSZTOF	704	EWA FAN!	WROCŁAW	POL	M40	33	M 105	00:41:57	01:10:12	03:04:09	04:30:58.95	04:30:58.95	9:20	6.4
102	PUSZCZYKOWSKI GRZEGORZ	824		INOWŁÓDZ	POL	M50	8	M 106	00:45:43	01:17:48	03:32:10	04:32:34.75	04:32:34.75	9:23	6.4
103	ROMANIUK JACEK	829		TRZĘSOWICE	POL	M50	9	M 107	00:44:28	01:17:01	03:36:31	04:32:56.60	04:32:56.60	9:24	6.4
104	CYBULSKI DARIUSZ	678	KB INTREX POZNAŃ	POZNAŃ	POL	M40	34	M 108	00:43:22	01:15:14	03:32:19	04:33:11.95	04:33:11.95	9:25	6.4
105	GAJEK ŁUKASZ	690		POZNAŃ	POL	M40	35	M 109	00:44:28	01:15:24	03:36:29	04:33:51.85	04:33:51.85	9:26	6.4
106	SAJEWICZ PIOTR	835		WROCŁAW	POL	M30	54	M 110	00:42:34	01:11:01	03:34:29	04:34:23.50	04:34:23.50	9:27	6.3
107	KOCHANOWSKI MAREK	733		WROCŁAW	POL	M50	10	M 111	00:38:42	01:06:42	03:33:27	04:34:46.35	04:34:46.35	9:28	6.3
108	KUROWSKI ARTUR	752	PURAVIDATEAM	WROCŁAW	POL	M30	55	M 112	00:45:35	01:16:15	03:36:20	04:35:35.60	04:35:35.60	9:30	6.3
109	SKÓRA LESZEK	904	IZBICKO W BIEGU	IZBICKO	POL	M40	36	M 113	00:45:19	01:17:51	03:32:43	04:36:07.45	04:36:07.45	9:31	6.3
110	LEWANDOWSKI ŁUKASZ	755		PLEWISKA	POL	M40	37	M 114	00:42:27	01:12:15	03:36:15	04:36:13.25	04:36:13.25	9:31	6.3
111	KULICKI KACPER	751	RUN YOUR TRAIL	WIĄZÓW	POL	M18	11	M 115	00:56:25	01:33:07	03:56:55	04:36:35.10	04:36:35.10	9:32	6.3
112	KUBIŚ ANDRZEJ	750	RUN TEAM RYDZYNA	RYDZYNA	POL	M60	3	M 116	00:41:06	01:11:35	03:35:58	04:39:31.35	04:39:31.35	9:38	6.2
113	MATYSIAK KAROL	778	WLKP MOUNTAINS ULTRA STYLE	POZNAŃ	POL	M40	38	M 117	00:46:44	01:19:13	03:38:42	04:40:46.00	04:40:46.00	9:40	6.2
114	SZYMAŃSKI PAWEŁ	861		WARSZAWA	POL	M50	11	M 118	00:43:52	01:17:49	03:42:49	04:41:26.05	04:41:26.05	9:42	6.2
115	MIKRUT PAWEŁ	784		WROCŁAW	POL	M40	39	M 119	00:44:14	01:18:13	03:39:21	04:42:00.90	04:42:00.90	9:43	6.2
116	KRECHOWIEC MARCIN	744	BIEGACZE Z PRZYLESIA	BŁĄŻEJEWÓ	POL	M40	40	M 120	00:45:52	01:19:17	03:40:10	04:42:53.05	04:42:53.05	9:45	6.2
117	MARCINKIEWICZ MAREK	769		PIECHOWICE	POL	M40	41	M 121	00:46:15	01:19:38	03:36:45	04:43:50.25	04:43:50.25	9:47	6.1
118	PIETRZAK PAWEŁ	807		LUBAŃ	POL	M30	56	M 122	00:41:06	01:12:51	03:40:26	04:46:01.75	04:46:01.75	9:51	6.1
119	JÓŻWIAK DAMIAN	721		NAMYŚLÓW	POL	M30	57	M 123	00:44:30	01:17:03	03:42:17	04:46:20.35	04:46:20.35	9:52	6.1
120	MATWIEJCZYK TOMASZ	775		SZCZECIN	POL	M40	42	M 124	00:41:58	01:12:49	03:42:19	04:49:44.75	04:49:44.75	9:59	6
121	JANCAK SEBASTIAN	712		WROCŁAW	AFG	M40	43	M 125	00:44:40	01:15:11	03:43:53	04:50:16.55	04:50:16.55	10:00	6
122	ŚWIERCZ MARCIN	866		GDAŃSK	POL	M30	58	M 126	00:44:51	01:17:18	03:44:21	04:50:55.00	04:50:55.00	10:01	6
123	PIETKUN NORBERT	805	HERNIK TEAM	CZŁOPA	POL	M18	12	M 127	00:45:54	01:17:53		04:51:21.15	04:51:21.15	10:02	6
124	ZIOMBKA KUBA	898	WAWRZYNTTEAM	SIECHNICE	POL	M40	44	M 128	00:42:58	01:14:49	03:52:29	04:55:30.35	04:55:30.35	10:11	5.9
125	RZEPNIEWSKI ŁUKASZ	834		WARSZAWA	POL	M40	45	M 129	00:50:13	01:26:10	03:55:54	04:57:21.30	04:57:21.30	10:15	5.9
126	ŚLUSAREK GRZEGORZ	864	PONADWSZYSTKO	GOŁUSKI	POL	M40	46	M 130	00:50:31	01:28:46	03:55:20	04:58:07.35	04:58:07.35	10:16	5.8
127	JANKOWSKI ADAM	714		ZALASEWO	POL	M30	59	M 131	00:50:30	01:28:47	03:55:20	04:58:07.80	04:58:07.80	10:16	5.8
128	GORSKI SŁAWOMIR	701		BYDGOSZCZ	POL	M40	47	M 132	00:49:32	01:25:54	03:50:11	04:59:02.20	04:59:02.20	10:18	5.8
129	GÓRSKI MIKOŁAJ	702		JELEŃ GÓRA	POL	M40	48	M 133	00:45:39	01:19:33	03:53:00	05:02:53.25	05:02:53.25	10:26	5.7
130	LIPSKI DAWID	756		KRAKÓW	POL	M18	13	M 134	00:50:07	01:24:14	03:52:53	05:04:54.75	05:04:54.75	10:30	5.7
131	MARCZEWSKI TOMASZ	771		GORZÓW WLKP.	POL	M50	12	M 135	00:45:07	01:18:52	03:59:30	05:10:12.90	05:10:12.90	10:41	5.6
132	ŁĘSZCZAK ROBERT	759	KLUB KOLARSKI FALA PARK	GRODZISK WLKP.	POL	M30	60	M 136	00:50:24	01:28:30	04:01:44	05:15:57.95	05:15:57.95	10:53	5.5
133	KNĄBER PIOTR	732		WARSZAWA	POL	M30	61	M 137	00:49:48	01:23:36	04:03:47	05:17:31.15	05:17:31.15	10:56	5.5
134	DYBKA ŁUKASZ	907	GT RAT	RADWANICE	POL	M30	62	M 138	00:51:15	01:28:46	04:04:06	05:18:47.55	05:18:47.55	10:59	5.5
135	GIŻEWSKI GRZEGORZ	694		GŁOWNO	POL	M40	49	M 139	00:52:47	01:28:50	04:10:37	05:24:47.50	05:24:47.50	11:11	5.4
136	KRZYŻEWSKI ROGER	749		KRAKÓW	POL	M30	63	M 140	00:49:08	01:25:26	04:04:46	05:29:00.15	05:29:00.15	11:20	5.3
137	HARASZCZUK JERZY	706	MORŚWIRY	ZĄŁOM	POL	M50	13	M 141	00:50:58	01:27:08	04:11:40	05:30:22.00	05:30:22.00	11:23	5.3
138	FERENC STANISŁAW	684	ZRYW	ŚWIĘTA KATARZYNA	POL	M30	64	M 142	00:48:50	01:22:58	04:04:11	05:31:09.30	05:31:09.30	11:25	5.3
139	PIÓRKOWSKI PAWEŁ	812		NOWA RUDA	POL	M30	65	M 143	00:50:35	01:25:25	04:25:30	05:42:15.80	05:42:15.80	11:48	5.1
140	STAMM TOMASZ	846		POZNAŃ	POL	M50	14	M 144	00:48:34	01:29:11	04:33:59	05:48:33.50	05:48:33.50	12:01	5
141	SIERANT MARIAN	838		BYDGOSZCZ	POL	M60	4	M 145	00:57:11	01:37:41	04:36:11	05:50:53.50	05:50:53.50	12:05	5
142	SREBRO MICHAŁ	844	DZIKI Z CYTADELI	POZNAŃ	POL	M50	15	M 146	00:54:04	01:34:56	04:36:21	06:08:03.40	06:08:03.40	12:41	4.7
143	JANOWSKI JERZY	716	RONIN	POZNAŃ	POL	M60	5	M 147	00:52:53	01:32:06	04:56:28	06:11:25.30	06:11:25.30	12:48	4.7
144	PIETRZAK MACIEJ	809		OSIECZNA	POL	M50	16	M 148	00:50:33	01:29:40	04:42:42	06:13:51.65	06:13:51.65	12:53	4.7
145	STASZEWSKI MAREK	849		PRUSZOWICE	POL	M30	66	M 149	00:59:36	01:36:43	04:54:10	06:19:06.70	06:19:06.70	13:04	4.6
146	CHRAPOWICZ PAWEŁ	676		KIELCZÓW	POL	M30	67	M 150	01:07:05	01:57:21	04:58:04	06:20:05.90	06:20:05.90	13:06	4.6
147	KOWNACKI ARKADIUSZ	742	WY - BIEGANI SZCZECIN	WITKOWO	POL	M50	17	M 151	01:05:59	01:49:15	05:17:28	06:34:09.90	06:34:09.90	13:35	4.4
148	GŁADKI MICHAŁ	695		GORZÓW WIELKOPOLSKI	POL	M30	68	M 152	01:04:17	01:48:46	05:12:06	06:36:27.35	06:36:27.35	13:40	4.4
149	SOBCZAK MACIEJ	840	RAZEM TRENUJEMY SPORT	FLORENTYNÓW	POL	M40	50	M 153	00:56:54	01:38:49	05:03:51	06:36:57.70	06:36:57.70	13:41	4.4

**PÓŁMARATON Z GÓRKĄ, M-Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
150	RADECKI WOJCIECH	826	DZIKI Z CYTADELI	POBIEDZISKA	POL	M40	51	M 154	00:58:02	01:40:26	05:16:49	06:45:12.75	06:45:12.75	13:58	4.3
151	SREBRO KACPER	845		POZNAŃ	POL	M18	14	M 155	01:03:24	01:48:42	05:20:08	06:54:51.35	06:54:51.35	14:18	4.2
152	KNAP MATEUSZ	920				M18	15	M 156	00:29:46	00:51:01				5:06	11.8
153	NAKIELSKI JAKUB	908		JELEŃ GÓRA	POL	M30	69	M 157	02:53:57					28:59	2.1
	ŁOWIGUS MICHAŁ	761	SWORDS ATHLETICS	WARSZAWA	POL	M30			DNF	DNF	DNF	DNF	DNF	-	-

**PÓŁMARATON Z GÓRKĄ, K18**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
1	FERET KAMILA	685		JELEŃ GÓRA	POL	K18	1	K 3	00:36:33	01:02:11	02:40:05	03:22:45.40	03:22:45.40	6:59	8.6
2	MICHAŁOWSKA AGATA	781		SOPOT	POL	K18	2	K 5	00:37:10	01:03:15	02:41:28	03:28:52.45	03:28:52.45	7:12	8.3
3	HENDEL MIRELA	708	IZBICKO W BIEGU	KROŚNICA	POL	K18	3	K 7	00:36:25	01:03:09	02:48:13	03:36:14.65	03:36:14.65	7:27	8
4	MURAWSKA NIKOLA	903	ADIDAS RUNNERS TRICITY	SZCZECIN	POL	K18	4	K 18	00:38:07	01:06:20	03:08:20	04:02:00.70	04:02:00.70	8:20	7.2
5	HULALKA ANNA	709	SQOORA TRAINING	GRODZISK WIELKOPOLSKI	POL	K18	5	K 25	00:42:30	01:10:59	03:17:39	04:13:43.50	04:13:43.50	8:44	6.9
6	TROJANOWSKA MAŁGORZATA	873	TRAIL IS OUR WAY	ŁÓDŹ	POL	K18	6	K 37	00:50:57	01:28:50	03:35:58	04:35:38.55	04:35:38.55	9:30	6.3
7	PIOTROWICZ MARTA	811		POZNAŃ	POL	K18	7	K 38	00:46:36	01:19:09	03:37:33	04:37:54.40	04:37:54.40	9:34	6.3
8	MARTYNA TRYBALSKA-LIPSKA MARTYNA	773	GO APTIV!	KRAKÓW	POL	K18	8	K 51	00:50:07	01:24:14	03:52:55	05:04:54.60	05:04:54.60	10:30	5.7
9	ADAMSKA BEATA	651	IZBICKO W BIEGU	OTMICE	POL	K18	9	K 52	00:52:29	01:27:31	04:04:21	05:05:45.65	05:05:45.65	10:32	5.7
10	BERESIŃSKA DOROTA	656		SIEDLEĆCIN	POL	K18	10	K 55	00:49:05	01:25:05	03:58:31	05:11:52.20	05:11:52.20	10:45	5.6
11	CZAPIK MARTA	679	LEGALNA MARTA	ŚREM	POL	K18	11	K 60	00:47:14	01:24:22	04:07:59	05:18:32.60	05:18:32.60	10:59	5.5
12	PILAWSKA SANDRA	810		KRAKÓW	POL	K18	12	K 67	00:49:08	01:25:23	04:04:48	05:28:59.35	05:28:59.35	11:20	5.3
13	GODLEWSKA IZABELLA	696	GANG ŚWIETLIKÓW	WARSZAWA	POL	K18	13	K 79	01:03:07	01:44:26	04:48:37	06:43:57.30	06:43:57.30	13:55	4.3

**PÓŁMARATON Z GÓRKĄ, M18**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
1	SZKOLUDA MIŁOŚZ	856	PRZEDWOJEWSKI TEAM	KOSZALIN	POL	M18	1	M 3	00:27:27	00:47:11	02:03:10	02:37:01.50	02:37:01.50	5:24	11.1
2	BROJ MARCEL	669		ŻLINICE	POL	M18	2	M 4	00:29:19	00:51:03	02:03:07	02:39:01.45	02:39:01.45	5:29	10.9
3	KASPRZAK PIOTR	905	ŚNIEŻNA PANTERA	LUBLIN	POL	M18	3	M 14	00:33:39	00:58:00	02:25:44	03:08:15.20	03:08:15.20	6:29	9.2
4	KLYSZCZ MICHAŁ	731	IZBICKO W BIEGU	OTMICE	POL	M18	4	M 21	00:35:41	00:59:49	02:36:12	03:20:52.70	03:20:52.70	6:55	8.7
5	DONDĄJEWSKI MIKOŁAJ	680		POZNAŃ	POL	M18	5	M 22	00:36:39	01:01:43	02:36:00	03:20:53.15	03:20:53.15	6:55	8.7
6	FILUŚ ADAM	687		POZNAŃ	POL	M18	6	M 28	00:36:39	01:01:59	02:37:30	03:29:01.90	03:29:01.90	7:12	8.3
7	RYDLEWSKI MAREK	833		POZNAŃ	POL	M18	7	M 44	00:40:47	01:07:58	02:56:36	03:46:27.55	03:46:27.55	7:48	7.7
8	SZYMANIAK SEBASTIAN	860		KÓRNIK	POL	M18	8	M 84	00:40:29	01:10:06	03:19:51	04:18:24.65	04:18:24.65	8:54	6.7
9	KRZEWIAK KRYSZTIAN	748	CIACHO TEAM TRIATHLON	DACHOWA	POL	M18	9	M 91	00:44:41	01:16:46	03:23:45	04:21:27.00	04:21:27.00	9:00	6.7
10	TONDESKI MACIEJ	872		BESTWINA	POL	M18	10	M 99	00:45:02	01:18:18	03:32:13	04:28:41.90	04:28:41.90	9:15	6.5
11	KULICKI KACPER	751	RUN YOUR TRAIL	WIĄZÓW	POL	M18	11	M 115	00:56:25	01:33:07	03:36:55	04:36:35.10	04:36:35.10	9:32	6.3
12	PIETKUN NORBERT	805	HERNIK TEAM	CZŁOPA	POL	M18	12	M 127	00:45:54	01:17:53	03:23:45	04:51:21.15	04:51:21.15	10:02	6
13	LIPSKI DAWID	756		KRAKÓW	POL	M18	13	M 134	00:50:07	01:24:14	03:52:53	05:04:54.75	05:04:54.75	10:30	5.7
14	SREBRO KACPER	845		POZNAŃ	POL	M18	14	M 155	01:03:24	01:48:42	05:20:08	06:54:51.35	06:54:51.35	14:18	4.2
15	KNAP MATEUSZ	920				M18	15	M 156	00:29:46	00:51:01				5:06	11.8

**PÓŁMARATON Z GÓRKĄ, K30**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
1	BEDNARCZYK MAGDALENA	918				K30	1	K 1	00:33:00	00:56:15	02:24:36	03:04:18.15	03:04:18.15	6:21	9.4
2	OBSTOJ KAROLINA	921				K30	2	K 2	00:35:24	01:01:12	02:37:29	03:21:53.30	03:21:53.30	6:57	8.6
3	KLAMUT NATALIA	728		KARPACZ	POL	K30	3	K 8	00:37:29	01:06:31	02:48:27	03:36:48.45	03:36:48.45	7:28	8
4	WALCZAK ADELA	875	TRAIL IS OUR WAY TEAM	ŁÓDŹ	POL	K30	4	K 9	00:38:51	01:05:54	02:50:02	03:38:21.80	03:38:21.80	7:31	8
5	WOJTYŚIAK OLA	887		GORZÓW WIELKOPOLSKI	POL	K30	5	K 11	00:38:40	01:05:05	02:53:28	03:43:17.10	03:43:17.10	7:41	7.8
6	ŻMIJA LILIANA	899	FSD RUN DREZDENKO	ZWIERZYN	POL	K30	6	K 13	00:39:26	01:08:26	02:57:33	03:48:59.10	03:48:59.10	7:53	7.6
7	WOŹNIAK KAROLINA	889	INKA TEAM	POZNAŃ	POL	K30	7	K 14	00:39:19	01:07:34	02:57:57	03:49:09.05	03:49:09.05	7:54	7.6

## PÓŁMARATON Z GÓRKĄ, K30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
8	BRYCKA ANNA	671	SPORTOWY UMYSŁ	SADKÓW	POL	K30	8	K 15	00:40:28	01:10:15	03:02:57	03:52:59.65	03:52:59.65	8:02	7.5
9	ZDUŃCZYK PAULINA	894	AKADEMIABIEGACZA.PL	ŁÓDŹ	POL	K30	9	K 16	00:39:09	01:07:44	03:02:12	03:53:43.35	03:53:43.35	8:03	7.4
10	MANSFELD ANITA	766		ŚREM	POL	K30	10	K 17	00:41:40	01:11:30	03:06:08	04:00:05.30	04:00:05.30	8:16	7.2
11	WUJDA KAROLINA	890		ZIELONA GÓRA	POL	K30	11	K 19	00:40:17	01:08:09	03:09:03	04:02:22.60	04:02:22.60	8:21	7.2
12	ROSTKOWSKA-BIAŁAS KAROLINA	831		WROCŁAW	POL	K30	12	K 20	00:44:23	01:14:40	03:12:39	04:05:17.05	04:05:17.05	8:27	7.1
13	WIĘCEK MARIA	880		WROCŁAW	POL	K30	13	K 21	00:44:20	01:16:14	03:16:50	04:06:05.15	04:06:05.15	8:29	7.1
14	BOROWSKA-SONMEZ ANNA	664	LONDON HEATHSIDE	LONDON	GBR	K30	14	K 22	00:42:19	01:13:56	03:14:21	04:06:10.20	04:06:10.20	8:29	7.1
15	BEDNAREK KAROLINA	655	WIDUN KETTLEBELL CLUB	WROCŁAW	POL	K30	15	K 23	00:43:00	01:10:53	03:10:41	04:09:36.25	04:09:36.25	8:36	7
16	GORAĆZNIK ANNA	699	NBRTEAM	POZNAŃ	POL	K30	16	K 24	00:41:28	01:09:22	03:16:31	04:13:31.05	04:13:31.05	8:44	6.9
17	POŁAWSKA EWA	817		OTWOCK	POL	K30	17	K 28	00:46:37	01:19:21	03:25:53	04:22:14.75	04:22:14.75	9:02	6.6
18	MATYJASZCZUK ELA	776	SZTUKA BIEGANIA TEAM	WROCŁAW	POL	K30	18	K 30	00:45:59	01:18:45	03:24:31	04:24:48.70	04:24:48.70	9:07	6.6
19	PRZYBYLSKA ALEKSANDRA	820		KROSNO K.MOSINY	POL	K30	19	K 33	00:46:00	01:17:36	03:35:31	04:31:09.75	04:31:09.75	9:21	6.4
20	FLORCZAK MONIKA	688		WROCŁAW	POL	K30	20	K 36	00:43:52	01:17:57	03:36:58	04:35:26.00	04:35:26.00	9:29	6.3
21	JANOWSKA AGNIESZKA	715		POZNAŃ	POL	K30	21	K 39	00:46:19	01:21:11	03:43:09	04:43:48.55	04:43:48.55	9:47	6.1
22	NOWICKA ANNA	793		WROCŁAW	POL	K30	22	K 40	00:48:45	01:23:58	03:40:48	04:46:38.15	04:46:38.15	9:53	6.1
23	KONIECZNA ALEKSANDRA	738		OPALENICA	POL	K30	23	K 44	00:47:55	01:23:08	03:51:29	04:53:52.90	04:53:52.90	10:08	5.9
24	MATUSZEK MAŁGORZATA	774		POZNAŃ	POL	K30	24	K 45	00:47:04	01:21:41	03:54:22	04:56:35.95	04:56:35.95	10:13	5.9
25	WALIGÓRA JUDYTA	876	SOKÓŁ WŁOSZAKOWICE	WŁOSZAKOWICE	POL	K30	25	K 46	00:48:24	01:24:23	03:54:54	04:57:02.70	04:57:02.70	10:14	5.9
26	KORSAK AGATA	739		BEZRZECZE	POL	K30	26	K 48	00:49:43	01:26:44	03:58:21	04:58:07.80	04:58:07.80	10:16	5.8
27	BUKA PAULINA	673		POZNAŃ	POL	K30	27	K 54	00:48:07	01:25:57	04:00:35	05:07:51.50	05:07:51.50	10:36	5.7
28	ŁOGIN MARTA	760		SZCZECIN	POL	K30	28	K 56	00:50:23	01:26:43	04:10:08	05:14:03.70	05:14:03.70	10:49	5.5
29	HARASZCZUK JOANNA	707		SZCZECIN	POL	K30	29	K 57	00:50:58	01:26:59	04:09:55	05:14:11.10	05:14:11.10	10:50	5.5
30	BERNACKA KINGA	657		TOMICE	POL	K30	30	K 58	00:47:54	01:23:10	04:11:26	05:17:19.95	05:17:19.95	10:56	5.5
31	KOCIUBA KAROLINA	734		SZCZECIN	POL	K30	31	K 62	00:54:09	01:31:55	04:15:10	05:23:51.95	05:23:51.95	11:10	5.4
32	PALIWODA ANNA	801	#HAPPYRUNNERS	ŁÓDŹ	POL	K30	32	K 64	00:54:49	01:32:12	04:23:39	05:26:04.90	05:26:04.90	11:14	5.3
33	SEKUT MAGDALENA	836		KRĘPICE	POL	K30	33	K 69	00:49:20	01:25:56	04:09:24	05:29:36.95	05:29:36.95	11:21	5.3
34	BESZTOCHA JADWIGA	658	ZEN RUNNING TEAM	ŁĘDZINY	POL	K30	34	K 70	00:49:00	01:24:23	04:25:09	05:34:01.80	05:34:01.80	11:31	5.2
35	MINKISIEWICZ AGNIESZKA	785	NIGHT RUNNERS	POZNAŃ	POL	K30	35	K 73	00:52:04	01:29:15	04:41:13	05:58:40.25	05:58:40.25	12:22	4.9
36	CHORAŻY KAROLINA	675	BIEGOLAS KOSZALIN	KOSZALIN	POL	K30	36	K 75	00:36:21	01:02:32	05:09:45	06:09:20.15	06:09:20.15	12:44	4.7
37	JĘDROSZKOWIAK ANNA	720		ŁONIEWO	POL	K30	37	K 77	00:52:50	01:34:24	05:15:08	06:30:45.25	06:30:45.25	13:28	4.5
38	GODLEWSKA ANNA	697	GANG ŚWIETLIKÓW	ŁOMIANKI	POL	K30	38	K 80	01:03:08	01:44:27	04:48:37	06:43:58.25	06:43:58.25	13:55	4.3
39	ANIOL LAURA	652	NIGHT RUNNERS WROCŁAW	WROCŁAW	POL	K30	39	K 84	01:03:04	01:48:45	05:29:12	07:01:38.75	07:01:38.75	14:32	4.1
40	IDCZAK AGNIESZKA	710	FITNESS PIEKARY	LEGNICA	POL	K30	40	K 87	00:36:46	01:02:00	02:44:28			7:28	8
	ZIAJA ALEKSANDRA	895		KRAKÓW	POL	K30			DNF	DNF	DNF	DNF	DNF	-	-

## PÓŁMARATON Z GÓRKĄ, M30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
1	SZCZEŚNIEWSKI MIŁOŚZ	854	HOKA GARMIN TEAM	DĄBCZE	POL	M30	1	M 1	00:27:26	00:46:27	01:56:16	02:27:50.45	02:27:50.45	5:05	11.8
2	KLIMCZAK MIKOŁAJ	729	PRZEDWOJEWSKI TEAM	WROCŁAW	POL	M30	2	M 5	00:28:34	00:49:49	02:09:08	02:49:25.20	02:49:25.20	5:50	10.3
3	WANIOWSKI JAN JAKUB	879	AW-SZYBCIEJ TEAM	KRAPKOWICE	POL	M30	3	M 6	00:29:55	00:51:23	02:15:52	02:55:00.75	02:55:00.75	6:02	9.9
4	POLACZEK DANIEL	816	IZBICKO W BIEGU	OTMICE	POL	M30	4	M 7	00:31:47	00:55:03	02:21:00	02:59:14.05	02:59:14.05	6:10	9.7
5	ŚMICHURSKI KRZYSZTOF	865	WLKP MOUNTAINS ULTRA	CEREKWICA	POL	M30	5	M 8	00:31:50	00:54:39	02:20:36	02:59:19.25	02:59:19.25	6:11	9.7
6	GRZEGORZEWSKI WOJCIECH	703		KARPACZ	POL	M30	6	M 12	00:34:33	00:58:02	02:25:21	03:06:08.55	03:06:08.55	6:25	9.3
7	PAWLIK FILIP	804		POZNAŃ	POL	M30	7	M 13	00:32:19	00:55:01	02:24:07	03:07:51.80	03:07:51.80	6:28	9.3
8	SKOLINIEC BARTŁOMEJ	839	GRUNNERS	POZNAŃ	POL	M30	8	M 15	00:32:34	00:56:03	02:24:35	03:09:19.85	03:09:19.85	6:31	9.2
9	POCHYLSKI RADOSŁAW	814	GRUNNERS	POZNAŃ	POL	M30	9	M 16	00:32:25	00:55:48	02:26:09	03:11:10.80	03:11:10.80	6:35	9.1
10	PIWOWARCZYK WOJCIECH	813	WLKP MOUNTAINS ULTRA	ROKIETNICA	POL	M30	10	M 17	00:35:57	01:00:12	02:32:26	03:17:02.20	03:17:02.20	6:47	8.8
11	PREISNER MARCIN	819	UNIwersytet Wrocławski	WROCŁAW	POL	M30	11	M 18	00:35:43	01:01:17	02:33:52	03:17:20.30	03:17:20.30	6:48	8.8
12	STĘSIK TOMASZ	850		WOLSZTY	POL	M30	12	M 23	00:38:07	01:05:18	02:41:55	03:25:31.75	03:25:31.75	7:05	8.5
13	KACZMAREK MACIEJ	723	WLKP MOUNTAINS ULTRA	BARANOWO	POL	M30	13	M 24	00:33:55	00:58:14	02:34:32	03:26:03.30	03:26:03.30	7:06	8.4
14	TKOCZ ADAM	922		M30			14	M 26	00:36:38	01:02:58	02:39:58	03:28:04.30	03:28:04.30	7:10	8.4
15	TERLIKOWSKI MARCEL	917		M30			15	M 32	00:36:14	01:02:00	02:42:12	03:31:41.60	03:31:41.60	7:17	8.2
16	GAWRON PAWEŁ	692	WEPA PIECHOWICE	DZIWISZÓW	POL	M30	16	M 33	00:37:21	01:03:44	02:42:48	03:31:53.70	03:31:53.70	7:18	8.2
17	URBAŃSKI MICHAŁ	874	ŁĄDEK-ZDRÓJ RUNNERS	WROCŁAW	POL	M30	17	M 34	00:36:47	01:03:01	02:45:18	03:32:26.10	03:32:26.10	7:19	8.2
18	FERET HUBERT	686	TRAIL IS OUR WAY	PIECHOWICE	POL	M30	18	M 37	00:38:52	01:05:55	02:44:34	03:34:52.05	03:34:52.05	7:24	8.1

**PÓŁMARATON Z GÓRKĄ, M30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
19	JURCZAK SZYMON	722		WROCLAW	POL	M30	19	M 40	00:37:27	01:03:55	02:48:32	03:40:15.10	03:40:15.10	7:35	7.9
20	BOROWSKI PRZEMYSŁAW	665	GRUNNERS	POZNAŃ	POL	M30	20	M 42	00:38:05	01:04:13	02:49:02	03:44:32.35	03:44:32.35	7:44	7.7
21	LEJA WOJCIECH	753	ŚLEZAKTEAM	ŚLEZA	POL	M30	21	M 43	00:37:38	01:04:36	02:54:11	03:46:24.45	03:46:24.45	7:48	7.7
22	BRODA DOMINIK	668		WROCLAW	POL	M30	22	M 45	00:39:12	01:06:56	02:58:45	03:46:49.35	03:46:49.35	7:49	7.7
23	GALECKI ROBERT	909	HFB	KIELCZÓW	POL	M30	23	M 46	00:37:26	01:04:26	02:56:36	03:48:27.80	03:48:27.80	7:52	7.6
24	MIGASIEWICZ MARCIN	782		MILICZ	POL	M30	24	M 48	00:41:59	01:10:45	03:00:52	03:50:18.50	03:50:18.50	7:56	7.6
25	JANIAK KAMIL	713	TURBO COLA TEAM	POZNAŃ	POL	M30	25	M 50	00:37:43	01:03:03	02:58:44	03:51:14.10	03:51:14.10	7:58	7.5
26	MANSFELD KRZYSZTOF	767		SREM	POL	M30	26	M 51	00:39:28	01:07:19	02:58:41	03:52:28.25	03:52:28.25	8:00	7.5
27	KOZBIELSKI SZYMON	743	BŁK	WROCLAW	POL	M30	27	M 52	00:39:11	01:05:53	02:58:38	03:52:44.15	03:52:44.15	8:01	7.5
28	GOŁĘBIOWSKI TYTUS	698	ULTRA FALUBAZ / NGB	ZIELONA GÓRA	POL	M30	28	M 53	00:32:57	00:57:19	02:54:36	03:52:53.10	03:52:53.10	8:01	7.5
29	SZWARC GRZEGORZ	858	ARVATO S.C. REP	POZNAŃ	POL	M30	29	M 54	00:42:01	01:11:23	03:03:30	03:53:13.50	03:53:13.50	8:02	7.5
30	BINAŚ KRZYSZTOF	661	KB INTREX POZNAŃ	OPALENICA	POL	M30	30	M 56	00:37:39	01:04:36	03:04:04	03:54:16.35	03:54:16.35	8:04	7.4
31	WORONOWICZ PIOTR	888		WROCLAW	POL	M30	31	M 57	00:39:47	01:06:33	02:56:37	03:55:58.75	03:55:58.75	8:08	7.4
32	NAKONIECZNY RAFAŁ	788	BIEGOLAS KOSZALIN	KOSZALIN	POL	M30	32	M 59	00:38:17	01:05:19	03:05:43	03:58:13.55	03:58:13.55	8:12	7.3
33	JAROSZ DAWID	717		ŁÓDŹ	POL	M30	33	M 60	00:44:40	01:12:36	03:07:52	03:59:04.85	03:59:04.85	8:14	7.3
34	KLIMEK WOJCIECH	730	ORTHOS TEAM / PRZEDWOJEWSKI TEAM	BIELANY WROCLAWSKIE	POL	M30	34	M 62	00:41:14	01:10:17	03:07:40	04:00:23.45	04:00:23.45	8:17	7.2
35	MIKA TOMEK	783	KRONOSPAN OSB	IZBICKO	POL	M30	35	M 65	00:37:28	01:05:16	03:08:38	04:04:42.75	04:04:42.75	8:26	7.1
36	POMIANOWSKI SZYMON	818	KURACJUSZE	WROCLAW	POL	M30	36	M 66	00:40:14	01:09:27	03:11:52	04:04:59.65	04:04:59.65	8:26	7.1
37	CHMIEL PAWEŁ	674		LEGNICA	POL	M30	37	M 69	00:40:47	01:07:43	03:11:33	04:06:32.55	04:06:32.55	8:30	7.1
38	SZYMAŃSKI ŁUKASZ	862		JELEŃ GÓRA	POL	M30	38	M 72	00:43:15	01:13:14	03:12:38	04:08:01.45	04:08:01.45	8:33	7
39	KĘPA KAMIL	726		WROCLAW	POL	M30	39	M 73	00:42:30	01:10:52	03:10:29	04:08:30.25	04:08:30.25	8:34	7
40	ROMANIUK BARTOSZ	828		WROCLAW	POL	M30	40	M 75	00:41:56	01:11:27	03:11:47	04:09:17.85	04:09:17.85	8:35	7
41	WOJTCZAK JAN	886		OTWOCK	POL	M30	41	M 76	00:43:48	01:13:38	03:16:44	04:10:41.35	04:10:41.35	8:38	6.9
42	OKRUTNIK SZYMON	796		KROTOSZYŃ	POL	M30	42	M 78	00:41:33	01:09:50	03:17:31	04:10:56.85	04:10:56.85	8:39	6.9
43	OLEŚ DANIEL	798		JEŻÓW SUDECKI	POL	M30	43	M 81	00:43:50	01:14:14	03:21:03	04:16:46.95	04:16:46.95	8:51	6.8
44	WINIARSKI MIROSŁAW	882	MERCEDES-BENZ GRUPA WRÓBEL	JELEŃ GÓRA	POL	M30	44	M 83	00:44:53	01:16:20	03:19:05	04:17:00.00	04:17:00.00	8:51	6.8
45	ŁAWICKI MARCIN	757	WKURW_TEAM	SZKLARSKA PORĘBA	POL	M30	45	M 85	00:40:12	01:09:19	03:23:47	04:18:40.30	04:18:40.30	8:55	6.7
46	SUCHY ARON	852	POGOŃ BYDŁO	STEBŁÓW	POL	M30	46	M 88	00:43:13	01:14:12	03:18:05	04:20:37.50	04:20:37.50	8:59	6.7
47	WAŁCZYK MATEUSZ	878		JELEŃ GÓRA	POL	M30	47	M 89	00:40:19	01:11:57	03:17:48	04:21:09.10	04:21:09.10	9:00	6.7
48	MORAWSKI WOJCIECH	786		WROCLAW	POL	M30	48	M 92	00:46:22	01:17:54	03:23:37	04:22:24.80	04:22:24.80	9:02	6.6
49	ISHCHUK ALIKSANDR	914		ŚWIEBODZICE	POL	M30	49	M 93	00:37:15	01:03:30	03:04:16	04:23:03.40	04:23:03.40	9:04	6.6
50	HARETSKI ALEKSANDER	911		ŚWIEBODZICE	POL	M30	50	M 94	00:37:15	01:03:31	03:04:16	04:23:03.50	04:23:03.50	9:04	6.6
51	KOLAŃSKI ŁUKASZ	736		KALISZ	POL	M30	51	M 96	00:44:52	01:16:50	03:26:25	04:24:02.75	04:24:02.75	9:06	6.6
52	MATYJASZCZUK MATEUSZ	777		WROCLAW	POL	M30	52	M 97	00:45:39	01:18:46	03:19:01	04:24:48.35	04:24:48.35	9:07	6.6
53	JANKOWSKI JAKUB	916	CHOJNIK TEAM	ŁÓDŹ	POL	M30	53	M 101	00:48:04	01:21:49	03:32:24	04:28:57.05	04:28:57.05	9:16	6.5
54	SAJEWICZ PIOTR	835		WROCLAW	POL	M30	54	M 110	00:42:34	01:11:01	03:34:29	04:34:23.50	04:34:23.50	9:27	6.3
55	KUROWSKI ARTUR	752	PURAVIDATEAM	WROCLAW	POL	M30	55	M 112	00:45:35	01:16:15	03:36:20	04:35:35.60	04:35:35.60	9:30	6.3
56	PIETRZAK PAWEŁ	807		LUBAŃ	POL	M30	56	M 122	00:41:06	01:12:51	03:40:26	04:46:01.75	04:46:01.75	9:51	6.1
57	JÓZWIAK DAMIAN	721		NAMYŚLÓW	POL	M30	57	M 123	00:44:30	01:17:03	03:42:17	04:46:20.35	04:46:20.35	9:52	6.1
58	ŚWIERCZ MARCIN	866		GDAŃSK	POL	M30	58	M 126	00:44:51	01:17:18	03:44:21	04:50:55.00	04:50:55.00	10:01	6
59	JANKOWSKI ADAM	714		ZALASEWO	POL	M30	59	M 131	00:50:30	01:28:47	03:55:20	04:58:07.80	04:58:07.80	10:16	5.8
60	ŁĘSZCZAK ROBERT	759	KLUB KOLARSKI FALA PARK	GRODZISK WLKP.	POL	M30	60	M 136	00:50:24	01:28:30	04:01:44	05:15:57.95	05:15:57.95	10:53	5.5
61	KNĄBER PIOTR	732		WARSZAWA	POL	M30	61	M 137	00:49:48	01:23:36	04:03:47	05:17:31.15	05:17:31.15	10:56	5.5
62	DYBKA ŁUKASZ	907	GT RAT	RADWANICE	POL	M30	62	M 138	00:51:15	01:28:46	04:04:06	05:18:47.55	05:18:47.55	10:59	5.5
63	KRZYŻEWSKI ROGER	749		KRAKÓW	POL	M30	63	M 140	00:49:08	01:25:26	04:04:46	05:29:00.15	05:29:00.15	11:20	5.3
64	FERENC STANISŁAW	684	ZRYW	ŚWIĘTA KATARZYNA	POL	M30	64	M 142	00:48:50	01:22:58	04:04:11	05:31:09.30	05:31:09.30	11:25	5.3
65	PIÓRKOWSKI PAWEŁ	812		NOWA RUDA	POL	M30	65	M 143	00:50:35	01:25:25	04:25:30	05:42:15.80	05:42:15.80	11:48	5.1
66	STASZEWSKI MAREK	849		PRUSZOWICE	POL	M30	66	M 149	00:59:36	01:36:43	04:54:10	06:19:06.70	06:19:06.70	13:04	4.6
67	CHRAPOWICZ PAWEŁ	676		KIELCZÓW	POL	M30	67	M 150	01:07:05	01:57:21	04:58:04	06:20:05.90	06:20:05.90	13:06	4.6
68	GŁADKI MICHAŁ	695		GORZÓW WIELKOPOLSKI	POL	M30	68	M 152	01:04:17	01:48:46	05:12:06	06:36:27.35	06:36:27.35	13:40	4.4
69	NAKIELSKI JAKUB	908		JELEŃ GÓRA	POL	M30	69	M 157	02:53:57					28:59	2.1
	ŁOWIGUS MICHAŁ	761	SWORDS ATHLETICS	WARSZAWA	POL	M30			DNF	DNF	DNF	DNF	DNF	-	-

## PÓŁMARATON Z GÓRKĄ, K40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
1	MAJEWSKA AGATA	764		WROCŁAW	POL	K40	1	K 4	00:34:13	00:59:38	02:41:27	03:22:57.45	03:22:57.45	6:59	8.6
2	KOKOTT AGNIESZKA	912	AW - SZYBCIEJ - TEAM	SMOLEC	POL	K40	2	K 6	00:36:58	01:03:19	02:45:53	03:33:06.35	03:33:06.35	7:20	8.2
3	DRAGANEK EWELINA	681		WROCŁAW	POL	K40	3	K 10	00:39:02	01:05:50	02:53:53	03:41:40.45	03:41:40.45	7:38	7.8
4	SERAFIN-GORSZKOWSKA PAULINA	837	AW-SZYBCIEJ- TEAM	WROCŁAW	POL	K40	4	K 12	00:37:28	01:04:22	02:57:45	03:44:06.05	03:44:06.05	7:43	7.8
5	ŚWIERZOWSKA MAGDALENA	910	JESTEM OD ROMKA/FIZJOTERAPIA BIEGACZA	POZNAŃ	POL	K40	5	K 26	00:41:52	01:14:48	03:20:19	04:16:30.75	04:16:30.75	8:50	6.8
6	PANKAŁA RAFAŁ	802		WROCŁAW	POL	K40	6	K 27	00:40:02	01:08:20	03:05:00	04:17:05.75	04:17:05.75	8:51	6.8
7	SZYMANEK-PASTERNAK ANNA	859		WROCŁAW	POL	K40	7	K 29	00:39:35	01:06:31	03:04:54	04:23:08.35	04:23:08.35	9:04	6.6
8	MARKOWSKA LIDIA	772		WROCŁAW	POL	K40	8	K 31	00:43:06	01:14:55	03:24:36	04:26:23.65	04:26:23.65	9:11	6.5
9	BONDAREWICZ AGATA	663	BONDZIKI	WROCŁAW	POL	K40	9	K 32	00:44:58	01:17:09	03:26:05	04:29:40.95	04:29:40.95	9:17	6.5
10	DALECKA DOROTA	901	TRI LADIES	GDYNIA	POL	K40	10	K 34	00:43:07	01:15:55	03:36:14	04:33:20.40	04:33:20.40	9:25	6.4
11	BANDUROWSKA AGNIESZKA	653	KB WIKON NOWA SÓL	NOWA SÓL	POL	K40	11	K 35	00:44:49	01:19:06	03:35:28	04:35:20.90	04:35:20.90	9:29	6.3
12	MARCZAK AGNIESZKA	770	PRO366	POZNAŃ	POL	K40	12	K 41	00:49:24	01:26:18	03:45:37	04:46:57.30	04:46:57.30	9:53	6.1
13	KACZOROWSKA DOROTA	724		KIELCZÓW	POL	K40	13	K 42	00:46:58	01:21:51	03:43:56	04:47:04.40	04:47:04.40	9:53	6.1
14	NOWACZYŃSKA KATARZYNA	791	TEAM ZABIEGANEDNI	WARSZAWA	POL	K40	14	K 47	00:48:10	01:21:45	03:55:33	04:57:14.15	04:57:14.15	10:14	5.9
15	ZAMIATOWSKA KINGA	892		BYDGOSZCZ	POL	K40	15	K 49	00:50:26	01:28:45	03:54:25	05:02:37.20	05:02:37.20	10:26	5.7
16	MACKIEWICZ DOROTA	762		WARSZAWA	POL	K40	16	K 50	00:51:16	01:27:06	03:58:34	05:02:49.35	05:02:49.35	10:26	5.7
17	MANU-ART_BY JUSTI JUSTYNA	768	OPALENICKI KLUB BIEGACZA/ JESTEMODROMKA	OPALENICA	POL	K40	17	K 53	00:49:32	01:27:46	04:01:43	05:07:21.20	05:07:21.20	10:35	5.7
18	TASZAREK EWA	868		MROWINO	POL	K40	18	K 59	00:48:55	01:24:54	04:09:26	05:17:39.40	05:17:39.40	10:57	5.5
19	KODYM ANNA	735		POZNAŃ	POL	K40	19	K 63	00:48:43	01:28:39	04:06:36	05:24:55.15	05:24:55.15	11:12	5.4
20	OKONIEWSKA AGNIESZKA	795		ŚMIGIEL	POL	K40	20	K 65	00:48:25	01:24:24	04:07:39	05:26:15.05	05:26:15.05	11:15	5.3
21	OLEKSIEWICZ BEATA	797	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K40	21	K 68	00:51:18	01:31:18	04:14:14	05:29:24.00	05:29:24.00	11:21	5.3
22	ROSIŃSKA AGNIESZKA	830	ŚWIERCZEWO RUN / SZALONA PIĄTKA	POZNAŃ	POL	K40	22	K 71	00:49:40	01:28:18	04:23:29	05:37:30.15	05:37:30.15	11:38	5.2
23	RUTKOWSKA EWELINA	832	DZIKI Z CYTADELI	PLEWISKA	POL	K40	23	K 72	00:52:34	01:32:16	04:36:22	05:51:32.65	05:51:32.65	12:07	4.9
24	MERKLINGHAUS-KOBER MONIKA	780	SPEED FEET '16	KOŚCIAN	POL	K40	24	K 78	00:57:50	01:39:24	05:17:27	06:34:20.90	06:34:20.90	13:35	4.4
25	STRYCZEK EWA	851	AKTYWNYWEEKEND	BIELSKO-BIAŁA	POL	K40	25	K 81	00:55:51	01:38:59	05:15:29	06:44:52.15	06:44:52.15	13:57	4.3
26	PYTEL ANNA	825	IZBICKO W BIEGU	OTMICE	POL	K40	26	K 82	01:00:37	01:45:55	05:35:07	06:47:26.15	06:47:26.15	14:02	4.3
27	LEMAŃSKA SYLWIA	754		GRUDZIĄDZ	POL	K40	27	K 83	01:13:16	02:10:00	05:42:45	07:00:54.50	07:00:54.50	14:30	4.1
28	SZYPULSKA KATARZYNA	863	SKS CHMIELOWICE	OPOLE	POL	K40	28	K 85	01:00:36	01:45:55	05:35:07	07:02:35.30	07:02:35.30	14:34	4.1
29	ZIOBRO AŚKA	897		GRUDZIĄDZ	POL	K40	29	K 86	01:13:19	02:10:09	05:42:27	07:09:37.95	07:09:37.95	14:48	4.1

## PÓŁMARATON Z GÓRKĄ, M40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
1	BRÝDL PAVEL	672	SALOMON CZ	TRUTNOV	CZE	M40	1	M 2	00:27:27	00:47:12	02:01:12	02:36:47.50	02:36:47.50	5:24	11.1
2	BOSAKIEWICZ TOMASZ	667	AW SZYBCIEJ	ZŁOTORYJA	POL	M40	2	M 9	00:33:01	00:56:29	02:22:42	03:01:22.30	03:01:22.30	6:15	9.6
3	PIETRUCHA MACIEJ	806		JELEŃSKA GÓRA	POL	M40	3	M 10	00:30:53	00:53:07	02:20:48	03:01:45.35	03:01:45.35	6:16	9.6
4	KOTLAREK DAWID	741	SOBAS TEAM	ZIELONA GÓRA	POL	M40	4	M 11	00:30:13	00:52:14	02:21:50	03:03:53.20	03:03:53.20	6:20	9.5
5	KOLMAN PIOTR	737	ENDORFINA WSCHOWA	WSCHOWA	POL	M40	5	M 19	00:35:03	00:58:45	02:32:48	03:19:43.65	03:19:43.65	6:53	8.7
6	SZCZESZEK LUKASZ	853		POZNAŃ	POL	M40	6	M 20	00:35:12	00:59:46	02:35:31	03:20:13.90	03:20:13.90	6:54	8.7
7	CIRKO ARKADIUSZ	677	SMS ZAGŁĘBIE LUBIN	LUBIN	POL	M40	7	M 25	00:35:05	01:00:53	02:40:04	03:27:38.10	03:27:38.10	7:09	8.4
8	MAJORCZYK GERARD	765		ZIELONA GÓRA	POL	M40	8	M 27	00:39:16	01:05:14	02:42:29	03:28:31.90	03:28:31.90	7:11	8.3
9	BARANOW TOMASZ	923		M40			9	M 30	00:36:35		02:41:10	03:29:55.80	03:29:55.80	7:14	8.3
10	ZIĘTEK KRZYSZTOF	896	NATURALEPO TEAM	KĄTY WROCŁAWSKIE	POL	M40	10	M 36	00:38:43	01:05:11	02:45:14	03:34:17.10	03:34:17.10	7:23	8.1
11	ŚWIERK PRZEMEK	867	ULTRA DIABLY	ŚWIEBODZIN	POL	M40	11	M 38	00:35:17	01:00:21	02:42:02	03:35:21.05	03:35:21.05	7:25	8.1
12	WOJTASZEK JACEK	885	STREFA WALKI JELEŃSKA GÓRA	PIECHOWICE	POL	M40	12	M 41	00:36:18	01:04:01	02:49:01	03:41:02.20	03:41:02.20	7:37	7.9
13	KOŚCIAŃSKI ADAM	740	TGV CLUB KOŚCIAN	KOŚCIAN	POL	M40	13	M 47	00:38:17	01:05:19	02:55:08	03:49:48.05	03:49:48.05	7:55	7.6
14	BORSKOWICZ PAWEŁ	666	BADGERUN	SZCZECIN	POL	M40	14	M 49	00:38:06	01:05:07	02:57:16	03:50:39.85	03:50:39.85	7:57	7.5
15	NOWIK KAMIL	794	SECO RUN	ŚWIEBODZIN	POL	M40	15	M 55	00:38:16	01:06:27	03:00:22	03:53:29.40	03:53:29.40	8:03	7.5
16	MIEŁUCH TOMASZ	906		WAŁBRZYCH	POL	M40	16	M 58	00:41:46	01:09:25	03:01:44	03:56:53.35	03:56:53.35	8:10	7.3
17	BOHAREWICZ PAWEŁ	662	BOHAR PALETY TRANSPORT	ZIELONA GÓRA	POL	M40	17	M 61	00:38:20	01:05:49	03:05:37	03:59:07.50	03:59:07.50	8:14	7.3
18	MACYSZYN ŁUKASZ	763		ZAGRODNO	POL	M40	18	M 63	00:40:28		03:05:53	04:02:00.15	04:02:00.15	8:20	7.2
19	HAMKALO DAWID	913	HOST	WROCŁAW	POL	M40	19	M 64	00:39:32	01:07:50	03:05:34	04:02:26.45	04:02:26.45	8:21	7.2
20	STASIAK ŁUKASZ	848		LUBIN	POL	M40	20	M 67	00:42:37	01:14:42	03:13:18	04:06:17.45	04:06:17.45	8:29	7.1

## PÓŁMARATON Z GÓRKĄ, M40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
21	OREZIAK MACIEJ	800		STALOWA WOLA	POL	M40	21	M 70	00:40:45	01:10:01	03:16:04	04:07:15.10	04:07:15.10	8:31	7
22	SKIBISZEWSKI GRZEGORZ	902		WROCLAW	POL	M40	22	M 74	03:13:17			04:09:03.95	04:09:03.95	8:35	7
23	DORNIK RADEK	915		ZGORZELEC	POL	M40	23	M 77	00:44:29	01:15:08	03:15:16	04:10:54.25	04:10:54.25	8:39	6.9
24	GORAČZNIK MACIEJ	700		POZNAŃ	POL	M40	24	M 79	00:45:00	01:18:11	03:21:26	04:14:45.65	04:14:45.65	8:47	6.8
25	NIKOLIN PRZEMYSŁAW	789		WSCHOWA	POL	M40	25	M 80	00:39:29	01:08:51	03:17:47	04:16:11.20	04:16:11.20	8:50	6.8
26	DRZAZGA DANIEL	682		WROCLAW	POL	M40	26	M 82	00:42:31	01:10:49	03:17:30	04:16:53.40	04:16:53.40	8:51	6.8
27	BEDNARCZYK PAWEŁ	654	PZU SPORT TEAM	BABKI	POL	M40	27	M 86	00:42:16	01:12:11	03:18:14	04:19:20.95	04:19:20.95	8:56	6.7
28	PIETRZAK MAREK	808		ZALASEWO	POL	M40	28	M 95	00:42:34	01:14:18	03:22:12	04:23:28.75	04:23:28.75	9:05	6.6
29	NOWAK MIROSŁAW	792		MARCINOWICE	POL	M40	29	M 98	00:40:44	01:08:55	03:23:13	04:27:22.25	04:27:22.25	9:13	6.5
30	MYSLEWSKI JANUSZ	787	NIEBKO TERROR/NOCNY POYEB	SZCZECIN	POL	M40	30	M 100	00:41:36	01:11:36	03:28:38	04:28:52.15	04:28:52.15	9:16	6.5
31	IGNASZEWSKI ŁUKASZ	711		ZIELONA GÓRA	POL	M40	31	M 103	00:42:57	01:13:51	03:28:33	04:30:53.25	04:30:53.25	9:20	6.4
32	PURCZYŃSKI GRZEGORZ	821		ZIELONA GÓRA	POL	M40	32	M 104	00:42:28	01:13:30	03:28:33	04:30:54.45	04:30:54.45	9:20	6.4
33	GRZYMAŁA KRZYSZTOF	704	EWA FAN!	WROCLAW	POL	M40	33	M 105	00:41:57	01:10:12	03:04:09	04:30:58.95	04:30:58.95	9:20	6.4
34	CYBULSKI DARIUSZ	678	KB INTREX POZNAŃ	POZNAŃ	POL	M40	34	M 108	00:43:22	01:15:14	03:32:19	04:33:11.95	04:33:11.95	9:25	6.4
35	GAJEK ŁUKASZ	690		POZNAŃ	POL	M40	35	M 109	00:44:28	01:15:24	03:36:29	04:33:51.85	04:33:51.85	9:26	6.4
36	SKÓRA LESZEK	904	IZBICKO W BIEGU	IZBICKO	POL	M40	36	M 113	00:45:19	01:17:51	03:32:43	04:36:07.45	04:36:07.45	9:31	6.3
37	LEWANDOWSKI ŁUKASZ	755		PLEWISKA	POL	M40	37	M 114	00:42:27	01:12:15	03:36:15	04:36:13.25	04:36:13.25	9:31	6.3
38	MATYSIAK KAROL	778	WLKP MOUNTAINS ULTRA STYLE	POZNAŃ	POL	M40	38	M 117	00:46:44	01:19:13	03:38:42	04:40:46.00	04:40:46.00	9:40	6.2
39	MIKRUT PAWEŁ	784		WROCLAW	POL	M40	39	M 119	00:44:14	01:18:13	03:39:21	04:42:00.90	04:42:00.90	9:43	6.2
40	KRECHOWIEC MARCIN	744	BIEGACZE Z PRZYLESIA	BŁĄŻEJEWÓ	POL	M40	40	M 120	00:45:52	01:19:17	03:40:10	04:42:53.05	04:42:53.05	9:45	6.2
41	MARCINKIEWICZ MAREK	769		PIECHOWICE	POL	M40	41	M 121	00:46:15	01:19:38	03:36:45	04:43:50.25	04:43:50.25	9:47	6.1
42	MATWIEJCZYK TOMASZ	775		SZCZECIN	POL	M40	42	M 124	00:41:58	01:12:49	03:42:19	04:49:44.75	04:49:44.75	9:59	6
43	JANCZAK SEBASTIAN	712		WROCLAW	AFG	M40	43	M 125	00:44:40	01:15:11	03:43:53	04:50:16.55	04:50:16.55	10:00	6
44	ZIOMBKA KUBA	898	WAWRZYNTTEAM	SIECHNICE	POL	M40	44	M 128	00:42:58	01:14:49	03:52:29	04:55:30.35	04:55:30.35	10:11	5.9
45	RZEPNIEWSKI ŁUKASZ	834		WARSZAWA	POL	M40	45	M 129	00:50:13	01:26:10	03:55:54	04:57:21.30	04:57:21.30	10:15	5.9
46	ŚLUSAREK GRZEGORZ	864	PONADWSZYSTKO	GOŁUSKI	POL	M40	46	M 130	00:50:31	01:28:46	03:55:20	04:58:07.35	04:58:07.35	10:16	5.8
47	GORSKI SŁAWOMIR	701		BYDGOSZCZ	POL	M40	47	M 132	00:49:32	01:25:54	03:50:11	04:59:02.20	04:59:02.20	10:18	5.8
48	GÓRSKI MIKOŁAJ	702		JELEŃ GÓRA	POL	M40	48	M 133	00:45:39	01:19:33	03:53:00	05:02:53.25	05:02:53.25	10:26	5.7
49	GIŻEWSKI GRZEGORZ	694		GŁOWNO	POL	M40	49	M 139	00:52:47	01:28:50	04:10:37	05:24:47.50	05:24:47.50	11:11	5.4
50	SOBCZAK MACIEJ	840	RAZEM TRENUJEMY SPORT	FLORENTYNÓW	POL	M40	50	M 153	00:56:54	01:38:49	05:03:51	06:36:57.70	06:36:57.70	13:41	4.4
51	RADECKI WOJCIECH	826	DZIKI Z CYTADELI	POBIEDZISKA	POL	M40	51	M 154	00:58:02	01:40:26	05:16:49	06:45:12.75	06:45:12.75	13:58	4.3

## PÓŁMARATON Z GÓRKĄ, K50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
1	WIŚNIEWSKI EWA	900		WĄSY KOLONIA	POL	K50	1	K 43	00:41:39	01:13:42	03:46:11	04:48:33.15	04:48:33.15	9:57	6
2	PUSZCZYKOWSKA MAŁGORZATA	823		INOWŁÓDZ	POL	K50	2	K 61	00:51:58	01:30:30	04:10:51	05:23:38.00	05:23:38.00	11:09	5.4
3	STARCZEWSKA IZABELA	847	ULTRA DIABŁY TEAM LUBRZA	SWIEBODZIN	POL	K50	3	K 66	00:47:49	01:25:03	04:17:17	05:28:11.25	05:28:11.25	11:19	5.3
4	FURTACZ ANNA	689		PIŁA	POL	K50	4	K 76	00:55:42	01:38:08	04:51:51	06:09:58.10	06:09:58.10	12:45	4.7

## PÓŁMARATON Z GÓRKĄ, M50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
1	HAŃCZYK JACEK	705	WIECZNA LUFKA	ŚRODA WIELKOPOLSKA	POL	M50	1	M 29	00:36:26	01:03:15	02:43:24	03:29:06.75	03:29:06.75	7:12	8.3
2	SZTURO JAN	857	PODGÓRZYN-GMINA PRZYJAZNA Z NATURY	PODGÓRZYN	POL	M50	2	M 31	00:36:59	01:02:46	02:45:29	03:30:36.80	03:30:36.80	7:15	8.3
3	ŁAŻEWSKI MARCIN	758		CHWAŁĘCICE	POL	M50	3	M 35	00:38:15	01:04:29	02:44:55	03:33:34.10	03:33:34.10	7:21	8.1
4	BROJ ADRIAN	670	BROJ TEAM ŻLINCIE	ŻLINCIE	POL	M50	4	M 39	00:36:41	01:02:43	02:45:25	03:36:40.80	03:36:40.80	7:28	8
5	DZICZEK IRENEUSZ	683	RAZ SZCZECIN	SZCZECIN	POL	M50	5	M 87	00:44:08	01:14:52	03:22:20	04:19:57.25	04:19:57.25	8:57	6.7
6	WILMAŃSKI ARKADIUSZ	881		POLSKA	POL	M50	6	M 90	00:44:31	01:17:02	03:25:25	04:21:18.95	04:21:18.95	9:00	6.7
7	PASZKIEWICZ KAMIL	803		SIECHNICE	POL	M50	7	M 102	00:40:14	01:10:06	03:28:24	04:29:28.65	04:29:28.65	9:17	6.5
8	PUSZCZYKOWSKI GRZEGORZ	824		INOWŁÓDZ	POL	M50	8	M 106	00:45:43	01:17:48	03:32:10	04:32:34.75	04:32:34.75	9:23	6.4
9	ROMANIUK JACEK	829		TRZĘSOWICE	POL	M50	9	M 107	00:44:28	01:17:01	03:36:31	04:32:56.60	04:32:56.60	9:24	6.4
10	KOCHANOWSKI MAREK	733		WROCLAW	POL	M50	10	M 111	00:38:42	01:06:42	03:33:27	04:34:46.35	04:34:46.35	9:28	6.3

**PÓŁMARATON Z GÓRKĄ, M50 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
11	SZYMAŃSKI PAWEŁ	861		WARSZAWA	POL	M50	11	M 118	00:43:52	01:17:49	03:42:49	04:41:26.05	04:41:26.05	9:42	6.2
12	MARCZEWSKI TOMASZ	771		GORZÓW WLKP.	POL	M50	12	M 135	00:45:07	01:18:52	03:59:30	05:10:12.90	05:10:12.90	10:41	5.6
13	HARASZCZUK JERZY	706	MORŚWIRY	ZAŁOM	POL	M50	13	M 141	00:50:58	01:27:08	04:11:40	05:30:22.00	05:30:22.00	11:23	5.3
14	STAMM TOMASZ	846		POZNAŃ	POL	M50	14	M 144	00:48:34	01:29:11	04:33:59	05:48:33.50	05:48:33.50	12:01	5
15	SREBRO MICHAŁ	844	DZIKI Z CYTADELI	POZNAŃ	POL	M50	15	M 146	00:54:04	01:34:56	04:36:21	06:08:03.40	06:08:03.40	12:41	4.7
16	PIETRZAK MACIEJ	809		OSIECZNA	POL	M50	16	M 148	00:50:33	01:29:40	04:42:42	06:13:51.65	06:13:51.65	12:53	4.7
17	KOWNACKI ARKADIUSZ	742	WY - BIEGANI SZCZECIN	WITKOWO	POL	M50	17	M 151	01:05:59	01:49:15	05:17:28	06:34:09.90	06:34:09.90	13:35	4.4

**PÓŁMARATON Z GÓRKĄ, K60**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
1	MENZEL ZOFIA	779	ULTRA DIABŁY TEAM LUBRZA	LUBRZA	POL	K60	1	K 74	00:52:02	01:30:57	04:45:16	05:59:19.10	05:59:19.10	12:23	4.8

**PÓŁMARATON Z GÓRKĄ, M60**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	22km	Netto	Brutto	min/km	km/h
1	JAROWICZ KONRAD	718		ZIELONA GÓRA	POL	M60	1	M 68	00:41:30	01:11:05	03:11:17	04:06:26.25	04:06:26.25	8:29	7.1
2	SZCZĘSNY MACIEJ	855		ŚWIEBODZIN	POL	M60	2	M 71	00:40:46	01:10:03	03:11:49	04:07:35.40	04:07:35.40	8:32	7
3	KUBIŚ ANDRZEJ	750	RUN TEAM RYDZYNA	RYDZYNA	POL	M60	3	M 116	00:41:06	01:11:35	03:35:58	04:39:31.35	04:39:31.35	9:38	6.2
4	SIERANT MARIAN	838		BYDGOSZCZ	POL	M60	4	M 145	00:57:11	01:37:41	04:36:11	05:50:53.50	05:50:53.50	12:05	5
5	JANOWSKI JERZY	716	RONIN	POZNAŃ	POL	M60	5	M 147	00:52:53	01:32:06	04:56:28	06:11:25.30	06:11:25.30	12:48	4.7