

SIEDEMDZIESIĄT Z HAKIEM

Organizator: FUNDACJA PROFIT MARATON
 Data: 2023-09-02
 Miejsce: Sobieszów
 Dystans: 71 km
 Klasyfikacja wg czasów brutto.



SIEDEMDZIESIĄT Z HAKIEM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
1	BARTYZEL MAREK	1004		ZAWOJA	POL	M40	1	M 1	00:35:59	01:01:39	02:51:49	04:31:30	06:35:25	08:33:46	09:27:00.15	09:27:00.15	7:59	7.5
2	MIKEŠOVÁ JANA	1061	SALMING CZ	NOVÁ PAKA	CZE	K30	1	K 1	00:36:24	01:38:50	03:26:57	05:00:29	06:50:55	08:40:30	09:27:13.20	09:27:13.20	7:59	7.5
3	MUCHACZOW JACEK	1064	TS REGLE SZKLARSKA POREBA	JEZÓW SUDECKI	POL	M40	2	M 2	00:36:45	01:38:06	03:24:40	04:57:53	06:53:05	08:48:31	09:30:51.05	09:30:51.05	8:02	7.5
4	KOSAL MACIEJ	1042		JELENIA GÓRA	POL	M40	3	M 3	00:36:45	01:38:06	03:24:34	04:57:48	06:52:53	08:48:31	09:30:51.30	09:30:51.30	8:02	7.5
5	OTREBA MACIEJ	1070		WROCLAW	POL	M30	1	M 4	00:34:02	02:02:45	03:53:34	05:23:14	07:13:50	08:50:48	09:35:41.95	09:35:41.95	8:06	7.4
6	BIELIŃSKI MACIEK	1006		WARSZAWA	POL	M30	2	M 5	00:35:43		03:48:33	05:17:52	07:09:28	08:54:13	09:39:59.00	09:39:59.00	8:10	7.3
7	DAJEK ŁUKASZ	1015		ŻYRARDÓW	POL	M40	4	M 6	00:38:28	01:37:48	03:32:26	05:11:42	07:13:40	09:14:35	10:08:00.35	10:08:00.35	8:33	7
8	ADLER ŁUKASZ	1001	LESZNO LIMITS RUNNERS	WILKOWICE	POL	M30	3	M 7	00:37:36	02:02:13	03:51:02		07:24:21	09:21:40	10:09:51.05	10:09:51.05	8:35	7
9	SZONDA ISTVAN	1094	ADVENTNI BEHANI	VELKE HAMRY	CZE	M40	5	M 8	00:38:07	01:17:49	03:18:09	05:00:42			10:20:41.95	10:20:41.95	8:44	6.9
10	KOPCEWICZ TOMASZ	1041		STAWIGUDA	POL	M30	4	M 9	00:34:33	02:01:41	03:58:05	05:35:59	07:35:00	09:35:12	10:22:48.00	10:22:48.00	8:46	6.8
11	SAJDUDA ADAM	1080	AW - SZYBCIEJ - TEAM	WROCLAW	POL	M30	5	M 10	00:36:28	01:38:12	03:27:04	05:03:38	07:24:29	09:37:31	10:26:50.00	10:26:50.00	8:49	6.8
12	RINK JAN	1078		BOLKÓW	POL	M40	6	M 11	00:36:48	01:36:47	03:41:07	05:35:12	07:50:34	09:49:57	10:40:27.05	10:40:27.05	9:01	6.7
13	SKUDLARSKI JAKUB	1086	PRO-RUN WROCLAW	WROCLAW	POL	M30	6	M 12	00:47:47	01:19:44	03:36:04	05:27:34	07:39:19	09:47:47	10:45:37.25	10:45:37.25	9:05	6.6
14	BŁACHOWIAK MARIUSZ	1007	AMBIT RACING TEAM/MARATON LESZNO	LESZNO	POL	M50	1	M 13	00:42:33	01:13:04	03:20:18	05:10:00	07:26:10	09:50:23	10:49:12.70	10:49:12.70	9:08	6.6
15	MIKOŁAJCZYK TOMASZ	1062	EXPLORADOR TEAM	DOPIEWIEC	POL	M40	7	M 14	00:44:17	01:12:34	03:26:24	05:19:06	07:40:09	09:53:38	10:51:34.10	10:51:34.10	9:10	6.5
16	PIWOWOŃSKI PAWEŁ	1074		ZAGRODNO	POL	M40	8	M 15	00:38:10	01:36:46	03:43:18	05:32:51	07:45:36	09:58:30	10:51:49.60	10:51:49.60	9:10	6.5
17	ŁUKAWSKI KRZYSZTOF	1058		ŚWIEBODZICE	POL	M40	9	M 16	00:40:53	01:20:03	03:35:20	05:21:43	07:47:01	09:57:21	10:53:22.15	10:53:22.15	9:12	6.5
18	URBANIAK PIOTR	1097	CROCODIGY	DĄBRÓWKA	POL	M30	7	M 17	00:46:09	01:18:34	03:35:16	05:25:23	07:40:05	09:58:36	10:55:20.30	10:55:20.30	9:13	6.5
19	KUJAWSKA AGNIESZKA	1050		SUCHEDNIÓW	POL	K40	1	K 2	00:41:34	01:43:35	03:59:18	05:52:28	08:07:14	10:16:05	11:11:45.00	11:11:45.00	9:27	6.3
20	LUSZTAK MICHAŁ	1055	ROGIEWICZ RUNNING TEAM	ŻYRARDÓW	POL	M18	1	M 18	00:44:18	01:13:48	03:31:47	05:21:07	07:34:53	10:05:45	11:14:06.35	11:14:06.35	9:29	6.3
21	DRZEWIECKA SYLWIA	1019	RUN WITH TRENER DRZEWIECKA	MIEDNIEWICE	POL	K18	1	K 3	00:44:18	01:13:48	03:31:39	05:21:02	07:35:09	10:05:44	11:14:06.90	11:14:06.90	9:29	6.3
22	KOZŁOWSKA IWONA	1044	LESZ NO LIMITS RUNNERS	LESZNO	POL	K50	1	K 4	00:45:36	01:17:41	03:39:27	05:43:20	08:03:31	10:16:05	11:14:24.55	11:14:24.55	9:29	6.3
23	DUK-SYPOSZ AURELIUSZ	1020		WIELICZKA	POL	M40	10	M 19	00:41:25	01:46:33	03:53:57	05:42:32	08:02:08	10:18:53	11:16:42.00	11:16:42.00	9:31	6.3
24	NIEZGÓDKA TOMASZ	1105	TEAM DFBG	WROCLAW	POL	M50	2	M 20	00:40:01	02:06:56	04:21:20	06:10:01	08:15:25	10:25:25	11:18:43.05	11:18:43.05	9:33	6.3
25	SCHWARZ MAREK	1082	PRO366	GARBY	POL	M30	8	M 21	00:41:52	01:11:12	03:26:20	05:24:44	07:51:56	10:17:29	11:19:23.95	11:19:23.95	9:34	6.3
26	BARSCZYK DAWID	1003		PORAJÓW	POL	M30	9	M 22	00:36:50	01:36:52	03:42:52	05:36:48	08:02:14		11:20:32.35	11:20:32.35	9:35	6.3
27	LASEK MIKOŁAJ	1053	PAN WUEFISTA	CZMÓŃ	AFG	M30	10	M 23	00:44:03	01:14:13	03:26:16	05:24:52	07:49:36	10:17:34	11:22:54.85	11:22:54.85	9:37	6.2
28	SZYMAŃSKI PAWEŁ	1096	FIZJOBIEGACZE SZCZECIN	SZCZECIN	POL	M30	11	M 24	00:34:35	02:01:08	04:04:24	05:51:52	08:11:13	10:32:45	11:23:13.50	11:23:13.50	9:37	6.2

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
29	KACZMAREK JĘDRZEJ	1034	KP PSP MILICZ	PLESZEW	POL	M18	2	M 25	00:43:55		03:33:30	05:26:08	08:02:11	10:32:49	11:24:47.05	11:24:47.05	9:38	6.2
30	POCHROŃ MARCIN	1075		WROCŁAW	POL	M30	12	M 26	00:41:39	01:39:50	03:50:30	05:48:22	08:06:47	10:32:18	11:26:54.90	11:26:54.90	9:40	6.2
31	MURZYN KRYSIA	1065	TO JA	LIPNIK	POL	K40	2	K 5	00:41:19	01:39:09	03:50:48	05:49:53	08:06:44	10:23:23	11:29:57.40	11:29:57.40	9:43	6.2
32	ANKIEWICZ STEFAN	1002	CZYSTA AMATORKA	WARSZAWA	POL	M40	11	M 27	00:43:48	01:13:23	03:20:27	05:17:01	07:48:04	10:23:07	11:29:57.50	11:29:57.50	9:43	6.2
33	JEZIERSKI TOMASZ	1032		SKARŻYSKO-KAMIENNA	POL	M40	12	M 28	00:38:02	02:06:23	04:21:23	06:16:17	08:23:39	10:35:46	11:31:09.15	11:31:09.15	9:44	6.2
34	GILEWICZ-RACHOWSKA JAGODA	1022	MAXFLY	POZNAŃ	POL	K30	2	K 6	00:45:52	01:18:07	03:41:13	05:46:11	08:08:24	10:39:19	11:37:59.90	11:37:59.90	9:49	6.1
35	SZYMAŃSKA AGATA	1095		GDAŃSK	POL	K30	3	K 7	00:43:51	01:15:23	03:36:16	05:38:48	08:09:03	10:38:33	11:40:09.00	11:40:09.00	9:51	6.1
36	PERKOWSKI PIOTR	1072	MONK SANDALS TEAM	KAMPINOS	POL	M40	13	M 29	00:37:35	02:06:56	04:21:29	06:10:36	08:23:10	10:47:27	11:41:33.70	11:41:33.70	9:52	6.1
37	SĘK MICHAŁ	1083		TOMASZÓW MAZOWIECKI	POL	M30	13	M 30	00:49:53	01:23:17	03:42:06	05:37:22	08:08:27	10:44:19	11:44:46.75	11:44:46.75	9:55	6
38	BRONOWSKA JUSTYNA	1008		BYSTRA	POL	K40	3	K 8	00:46:00	01:19:42	03:36:24	05:38:37	08:07:20	10:39:41	11:47:55.80	11:47:55.80	9:58	6
39	JANKOWSKI MARCIN	1031	FU FU FU TEAM	GŁOGÓW	POL	M40	14	M 31	00:37:20	02:04:59	04:25:05	06:20:27	08:37:31	10:59:52	11:49:31.25	11:49:31.25	9:59	6
40	IWANEK PRZEMYSŁAW	1027	PLANYBIEGOWE.PL / BLACK HAT ULTRA	BISKUPICE	POL	M30	14	M 32	00:41:39	01:39:58	03:51:45	05:50:52	08:22:02	10:48:08	11:49:35.20	11:49:35.20	9:59	6
41	SKRZYPIŃSKA OLGA	1085	HELIKON-TEX	WROCŁAW	POL	K30	4	K 9	10:50:03						11:52:59.65	11:52:59.65	10:02	6
42	ŁABĘDZKI MARIUSZ	1056		ŻAROWO	POL	M40	15	M 33	00:47:31	01:22:29	03:43:21	05:44:28	08:13:13	10:51:03	11:55:09.85	11:55:09.85	10:04	6
43	GOLCZ PIOTR	1023		GDYNIA	POL	M50	3	M 34	00:37:26	02:02:35	04:07:38	06:02:43	08:33:39	10:59:14	11:57:33.00	11:57:33.00	10:06	5.9
44	KOZŁOWSKI LESZEK	1046	LESZ NO LIMITS RUNNERS	LESZNO	POL	M50	4	M 35	00:41:38	01:44:17	04:01:32	06:02:04	08:31:02	10:59:51	11:57:33.25	11:57:33.25	10:06	5.9
45	SZARADOWSKI MARCIN	1093		ŚWIDNICA	POL	M40	16	M 36	00:49:55	01:25:31	03:53:46	05:53:06	08:31:08	11:02:00	12:09:42.35	12:09:42.35	10:16	5.8
46	SOCHA MARCIN	1087		KROSNO	POL	M40	17	M 37	00:44:04	01:16:36	03:39:07	05:44:32	08:25:56	11:02:00	12:09:44.95	12:09:44.95	10:16	5.8
47	DOMARADZKA-KASZUBOWICZ WIKTORIA	1018		SANOK	POL	K40	4	K 10	00:47:49	01:21:06	03:51:06	05:52:42	08:26:42	11:02:27	12:13:17.75	12:13:17.75	10:19	5.8
48	PODGRUSZECKI MICHAŁ	1076		WROCŁAW	POL	M30	15	M 38	00:48:01	01:21:07	03:48:59	05:59:40	08:31:14	11:11:00	12:15:44.30	12:15:44.30	10:21	5.8
49	NOWAK KRZYSZTOF	1066		WARSZAWA	POL	M50	5	M 39	00:43:48	01:15:40	03:42:17	05:57:42	08:32:30	11:13:34	12:18:15.65	12:18:15.65	10:23	5.8
50	MROWCA PAWEŁ	1063	KOLKA TEAM LUBAŃ	LUBAŃ	POL	M30	16	M 40	00:45:35	01:18:26	03:33:15	05:44:44	08:29:31	11:10:26	12:20:12.20	12:20:12.20	10:25	5.8
51	SZAJEK ARKADIUSZ	1092	ARVATO S.C. REP	KAMIONKI PIŁA	POL	M30	17	M 41	00:45:32	01:19:33	03:40:39	05:56:26	08:37:38	11:20:10	12:24:55.25	12:24:55.25	10:29	5.7
52	KRZESZEWSKA DOROTA	1048		PIŁA	POL	K40	5	K 11	11:18:22						12:27:16.00	12:27:16.00	10:31	5.7
53	KLIMEK ARKADIUSZ	1039		WARSZAWA	POL	M50	6	M 42	00:48:22	01:22:59	03:49:39	05:50:23	08:35:14	11:24:09	12:35:32.70	12:35:32.70	10:38	5.6
54	SURDACKI PIOTR	1091		SZCZECIN	POL	M40	18	M 43	00:49:52	01:25:24	03:59:13	06:07:16	08:56:58	11:34:43	12:46:18.40	12:46:18.40	10:47	5.6
55	JANAS KACPER	1028		BEZRZECZE	POL	M30	18	M 43	00:49:52	01:25:25	03:59:10	06:07:04	08:56:46	11:34:43	12:46:18.40	12:46:18.40	10:47	5.6
56	GÓRA GRZEGORZ	1024		WROCŁAW	POL	M30	19	M 45	00:38:24	02:07:45	04:37:38	06:57:27	09:56:27	11:44:09	12:46:32.55	12:46:32.55	10:47	5.6
57	WOJCIECZYŃSKI TOMASZ	1106		BACZYNA	POL	M40	19	M 46	00:45:15	01:17:34	03:39:41	05:41:52	08:43:21	11:40:52	12:47:06.75	12:47:06.75	10:48	5.6
58	PYREK KRZYSZTOF	1077	1 RBLOG	WAŁCZ	POL	M40	20	M 47	00:39:38	02:08:11	04:30:34	06:36:56	09:04:37	11:48:19	12:52:09.75	12:52:09.75	10:52	5.5
59	OŻMINKOWSKA ALEKSANDRA	1071	DIRTY SPARROWS	POZNAŃ	POL	K30	5	K 12	00:45:15	01:18:09	03:51:20	06:07:55	08:56:08	11:57:11	12:56:30.80	12:56:30.80	10:56	5.5
60	ŁÓJ-KONIECZNA EDYTA	1057	INFINITY GYM	PROSZOWICE	POL	K40	6	K 13	00:49:31	01:23:19	04:08:54	06:22:39	09:10:42	11:50:05	12:58:09.65	12:58:09.65	10:57	5.5
61	CEBRAT EWA	1009		SOSNOWIEC	POL	K40	7	K 14	00:47:49	01:21:06	03:58:49	06:21:23	09:11:52	11:55:08	12:58:20.10	12:58:20.10	10:57	5.5
62	FARION MARZENA	1021	THE FARIONS	STRZEGOM	POL	K40	8	K 15	00:49:30	01:24:28	03:55:48	06:16:10	09:12:18	11:56:17	12:58:33.20	12:58:33.20	10:57	5.5
63	STASZEWSKI PIOTR	1089		GORZÓW WLKP	POL	M40	21	M 48	00:40:17	02:06:21	04:22:36	06:24:52	09:07:43	11:59:17	13:05:09.80	13:05:09.80	11:03	5.4
64	KURASZKIEWICZ BŁAŻEJ	1051		POZNAŃ	POL	M40	22	M 49	00:37:14	02:05:04	04:16:45	06:25:08	08:52:13	11:47:40	13:08:11.30	13:08:11.30	11:06	5.4
65	PIEKARZ RADOŚLAW	1073		WARSZAWA	POL	M40	23	M 50	00:48:10	01:22:21	03:55:43	06:10:10	09:01:02	11:51:43	13:09:53.95	13:09:53.95	11:07	5.4
66	HRSZOWIEC PAWEŁ	1102	PAN COGITO S.C.	WOŁÓW	POL	M50	7	M 51	00:49:50	01:21:07	03:51:41	06:05:59	08:46:07	11:41:24	13:12:22.85	13:12:22.85	11:09	5.4
67	KLIMECKI ŁUKASZ	1038	KB INTREX POZNAŃ	POZNAŃ	POL	M30	20	M 52	00:47:56	01:22:25	03:45:30	05:50:37	08:40:34	11:53:03	13:12:58.45	13:12:58.45	11:10	5.4
68	ZAWADKA ANDRZEJ	1100		KOŁBASKOWO	POL	M50	8	M 53	12:03:05						13:13:11.10	13:13:11.10	11:10	5.4
69	SOSZYŃSKA-PSTROKOŃSKA JOANNA	1104	PSTROLMOWSKIE	WARSZAWA	POL	K40	9	K 16	00:50:25	01:26:42	04:00:08	06:17:34	09:08:42	12:06:05	13:13:34.25	13:13:34.25	11:10	5.4

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70	DECHNIK ŁUKASZ	1017	I W GÓRĘ I W DÓŁ	WROCŁAW	POL	M40	24	M 54	12:04:14						13:15:49.75	13:15:49.75	11:12	5.4
71	GOŁOWICZ ANIA	1103		TORUŃ	POL	K30	6	K 17	00:47:09	01:20:22	03:43:08	06:07:40	08:52:02	11:55:49	13:16:30.60	13:16:30.60	11:13	5.3
72	KOWALEWSKI JAROSŁAW	1043	PROJEKT1000UP	GDYNIA	POL	M50	9	M 55	00:46:14	01:19:06	03:47:18	06:07:45	09:09:44	12:15:53	13:24:03.45	13:24:03.45	11:19	5.3
73	OLCZYK ANDRZEJ	1067		PRZEDBÓRZ	POL	M50	10	M 56	12:23:58						13:33:14.90	13:33:14.90	11:27	5.2
74	BIAŁA MARTA	1005	ULTRASY!	LUBARTÓW	POL	K40	10	K 18	00:45:51	01:20:40	03:53:19	06:15:40	09:09:10	12:23:36	13:36:43.85	13:36:43.85	11:30	5.2
75	KROK JACEK	1047	ULTRASY!	LUBARTÓW	POL	M40	25	M 57	00:45:51	01:20:41	03:53:21	06:15:33	09:09:41	12:23:36	13:36:44.00	13:36:44.00	11:30	5.2
76	STRONIKOWSKI KAMIL	1090	DRUŻYNA STASIA	SZCZECIN	POL	M40	26	M 58	00:52:50	01:29:53	03:59:43	06:15:18	09:08:35	12:19:27	13:37:20.20	13:37:20.20	11:30	5.2
77	CZABAN KATARZYNA	1013	KULAM SIĘ JAK GUMIKLYJZY	KATOWICE	POL	K30	7	K 19	00:47:14	01:20:48	03:55:13	06:14:06	09:13:34	12:32:31	13:51:13.05	13:51:13.05	11:42	5.1
78	CHLUDZIŃSKI PATRYK	1010	ARVATO S.C.REP	ŚRODA WIELKOPOLSKA	POL	M40	27	M 59	00:45:33	01:19:34	03:51:09	06:16:14	09:35:28	12:40:26	13:54:58.85	13:54:58.85	11:45	5.1
79	CIECHAŃSKI MICHAŁ	1011	ZDARTE PODESZWY	ZAJĄCZKOWO	POL	M40	28	M 60	00:48:13	01:22:21	04:03:51	06:34:52	09:40:17	12:49:17	14:07:51.55	14:07:51.55	11:56	5
80	JANIK MATEUSZ	1029		LUBRZA	POL	M30	21	M 61	00:48:28	01:23:52	03:59:03	06:24:34	09:37:32	12:52:57	14:09:57.80	14:09:57.80	11:58	5
81	JURKIEWICZ DOMINIK	1033		WROCŁAW	POL	M30	22	M 62	00:48:27	01:23:54	03:58:52	06:24:39	09:37:25	12:52:59	14:09:57.85	14:09:57.85	11:58	5
82	ZALEWSKI DANIEL	1099	BIEGAMY RAZEM WŁADYSŁAWOWO	SUSZ	POL	M18	3	M 63	00:37:29	02:08:13	04:51:15	07:07:52	10:12:18	13:19:50	14:30:16.90	14:30:16.90	12:15	4.9
83	LECHKI TOMASZ	1054	WOŁÓW BIEGA	WOŁÓW	POL	M50	11	M 64	00:49:50	01:25:25	04:04:21	06:31:18	10:01:15	13:20:59	14:43:50.50	14:43:50.50	12:26	4.8
84	OSTROWSKI WIESŁAW	1069		WOŁÓW	POL	M50	12	M 65	00:49:52	01:25:26	04:04:28	06:31:27	10:01:19	13:20:59	14:43:50.85	14:43:50.85	12:26	4.8
85	MICHAŁOWSKI TOMASZ	1060		SZCZECIN	POL	M40	29	M 66	00:51:06	01:27:39	04:05:53	06:29:52	09:52:28	13:28:28	14:46:37.35	14:46:37.35	12:29	4.8
86	KIERZEK EWA	1036	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K40	11	K 20	00:52:51	01:33:41	04:33:17	07:06:20	10:12:48	13:23:57	14:50:29.25	14:50:29.25	12:32	4.8
87	KIERZEK ARTUR	1035	BIEGACZE KOSMOSU	ŁÓDŹ	POL	M40	30	M 67	00:52:51	01:33:39	04:33:13	07:06:07	10:12:25	13:23:58	14:50:29.65	14:50:29.65	12:32	4.8
88	KITLAS DARIUSZ	1037	BSB	WASILKÓW	POL	M50	13	M 68	00:51:18	01:28:10	04:21:34	07:03:29	10:04:11	13:38:30	15:07:20.05	15:07:20.05	12:46	4.7
89	ZIELIŃSKI TOMASZ	1101	ULTRAPIOTRKÓW	KARLIN	POL	M40	31	M 69	01:04:22	01:47:50	04:48:09	07:31:52	10:35:55	13:46:19	15:15:05.95	15:15:05.95	12:53	4.7
90	SĄDEL KRZYSZTOF	1081		SZCZECIN	POL	M50	14	M 70	00:57:13	01:36:22	04:37:18	07:16:29	10:32:28	13:58:07	15:26:07.00	15:26:07.00	13:02	4.6
91	GÓRCZYŃSKI RAFAŁ	1025		NOWY TOMYŚL	POL	M40	32	M 71	00:50:07	01:27:20	04:16:38	06:57:30	10:41:26	14:15:30	15:37:28.25	15:37:28.25	13:12	4.5
92	JANIK PRZEMYSŁAW	1030		KLUCZBORK	POL	M30	23	M 72	00:55:23	01:39:43	11:29:44			14:51:24	16:19:29.35	16:19:29.35	13:47	4.3
93	HOFFMANN GRZEGORZ	1026		CZEMPIŃ	POL	M40	33	M 73	00:54:56	01:37:30	04:52:03	07:54:55	11:30:50	15:02:45	16:38:15.25	16:38:15.25	14:03	4.3
94	KLÓSKA KATARZYNA	1040		PIECHOWICE	POL	K40	12	K 21	00:55:18	01:36:56	05:06:57	08:01:40	11:46:02	15:41:04	17:27:55.00	17:27:55.00	14:45	4.1
95	KOZŁOWSKI WOJCIECH	1045		LISOWICE	POL	M50	15	M 74	00:45:16	01:18:07	03:48:26						9:31	6.3
96	CISZEWSKI SEBASTIAN	1012		WARSZAWA	POL	M30	24	M 75	00:33:08								5:31	10.9
	KRZYKANOWSKI MARCIN	1049	CENTRUM SPORTU GRABAREK	BYDGOSZCZ	POL	M40			DNF	01:23:51	03:51:53	06:17:44	DNF	DNF	DNF	DNF	-	-
	MATUSIAK DANIEL	1059	PUPPY CHARMS	KRZYWIEC	POL	M30			DNF	01:37:29	02:01:07	12:31:42	DNF	DNF	DNF	DNF	-	-
	STACHOWIAK ADAM	1088	LESZNOLIMITSRUNNERS	DĄBCZE	POL	M30			DNF	00:34:29	02:01:05	DNF	DNF	DNF	DNF	DNF	-	-
	SADOWSKI PAWEŁ	1079	DZIKIE CHORĄGWIE HUSARSKIE KORONY RUDAWSKIEJ	JANOWICE WIELKIE	POL	M30			DNF	00:34:03	02:05:07	DNF	DNF	DNF	DNF	DNF	-	-

SIEDEMDZIESIĄT Z HAKIEM, K-Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
1	MIKEŠOVÁ JANA	1061	SALMING CZ	NOVÁ PAKA	CZE	K30	1	K 1	00:36:24	01:38:50	03:26:57	05:00:29	06:50:55	08:40:30	09:27:13.20	09:27:13.20	7:59	7.5
2	KUJAWSKA AGNIESZKA	1050		SUCHEDNIO W	POL	K40	1	K 2	00:41:34	01:43:35	03:59:18	05:52:28	08:07:14	10:16:05	11:11:45.00	11:11:45.00	9:27	6.3
3	DRZEWIECKA SYLWIA	1019	RUN WITH TRENER DRZEWIECKA	MIEDNIEWIC E	POL	K18	1	K 3	00:44:18	01:13:48	03:31:39	05:21:02	07:35:09	10:05:44	11:14:06.90	11:14:06.90	9:29	6.3
4	KOZŁOWSKA IWONA	1044	LESZ NO LIMITS RUNNERS	LESZNO	POL	K50	1	K 4	00:45:36	01:17:41	03:39:27	05:43:20	08:03:31	10:16:05	11:14:24.55	11:14:24.55	9:29	6.3
5	MURZYN KRYSIA	1065	TO JA	LIPNIK	POL	K40	2	K 5	00:41:19	01:39:09	03:50:48	05:49:53	08:06:44	10:23:23	11:29:57.40	11:29:57.40	9:43	6.2
6	GILEWICZ-RACHOWSKA JAGODA	1022	MAXFLY	POZNAŃ	POL	K30	2	K 6	00:45:52	01:18:07	03:41:13	05:46:11	08:08:24	10:39:19	11:37:59.90	11:37:59.90	9:49	6.1
7	SZYMAŃSKA AGATA	1095		GDAŃSK	POL	K30	3	K 7	00:43:51	01:15:23	03:36:16	05:38:48	08:09:03	10:38:33	11:40:09.00	11:40:09.00	9:51	6.1
8	BRONOWSKA JUSTYNA	1008		BYSTRA	POL	K40	3	K 8	00:46:00	01:19:42	03:36:24	05:38:37	08:07:20	10:39:41	11:47:55.80	11:47:55.80	9:58	6
9	SKRZYPIŃSKA OLGA	1085	HELIKON-TEX	WROCŁAW	POL	K30	4	K 9	10:50:03						11:52:59.65	11:52:59.65	10:02	6
10	DOMARADZKA- KASZUBOWICZ WIKTORIA	1018		SANOK	POL	K40	4	K 10	00:47:49	01:21:06	03:51:06	05:52:42	08:26:42	11:02:27	12:13:17.75	12:13:17.75	10:19	5.8
11	KRZESZEWSKA DOROTA	1048		PIŁA	POL	K40	5	K 11	11:18:22						12:27:16.00	12:27:16.00	10:31	5.7
12	OZMINKOWSKA ALEKSANDRA	1071	DIRTY SPARROWS	POZNAŃ	POL	K30	5	K 12	00:45:15	01:18:09	03:51:20	06:07:55	08:56:08	11:57:11	12:56:30.80	12:56:30.80	10:56	5.5
13	ŁÓJ-KONIECZNA EDYTA	1057	INFINITY GYM	PROSZOWICE	POL	K40	6	K 13	00:49:31	01:23:19	04:08:54	06:22:39	09:10:42	11:50:05	12:58:09.65	12:58:09.65	10:57	5.5
14	CEBRAT EWA	1009		SOSNOWIEC	POL	K40	7	K 14	00:47:49	01:21:06	03:58:49	06:21:23	09:11:52	11:55:08	12:58:20.10	12:58:20.10	10:57	5.5
15	FARION MARZENA	1021	THE FARIONS	STRZEGOM	POL	K40	8	K 15	00:49:30	01:24:28	03:55:48	06:16:10	09:12:18	11:56:17	12:58:33.20	12:58:33.20	10:57	5.5
16	SOSZYŃSKA-PSTROKOŃSKA JOANNA	1104	PSTROLMOWSKIE	WARSZAWA	POL	K40	9	K 16	00:50:25	01:26:42	04:00:08	06:17:34	09:08:42	12:06:05	13:13:34.25	13:13:34.25	11:10	5.4
17	GOŁOWICZ ANIA	1103		TORUŃ	POL	K30	6	K 17	00:47:09	01:20:22	03:43:08	06:07:40	08:52:02	11:55:49	13:16:30.60	13:16:30.60	11:13	5.3
18	BIALA MARTA	1005	ULTRASY!	LUBARTÓW	POL	K40	10	K 18	00:45:51	01:20:40	03:53:19	06:15:40	09:09:10	12:23:36	13:36:43.85	13:36:43.85	11:30	5.2
19	CZABAN KATARZYNA	1013	KULAM SIĘ JAK GUMIKLYZY	KATOWICE	POL	K30	7	K 19	00:47:14	01:20:48	03:55:13	06:14:06	09:13:34	12:32:31	13:51:13.05	13:51:13.05	11:42	5.1
20	KIERZEK EWA	1036	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K40	11	K 20	00:52:51	01:33:41	04:33:17	07:06:20	10:12:48	13:23:57	14:50:29.25	14:50:29.25	12:32	4.8
21	KŁÓSKA KATARZYNA	1040		PIECHOWICE	POL	K40	12	K 21	00:55:18	01:36:56	05:06:57	08:01:40	11:46:02	15:41:04	17:27:55.00	17:27:55.00	14:45	4.1

SIEDEMDZIESIĄT Z HAKIEM, M-Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
1	BARTYZEL MAREK	1004		ZAWOJA	POL	M40	1	M 1	00:35:59	01:01:39	02:51:49	04:31:30	06:35:25	08:33:46	09:27:00.15	09:27:00.15	7:59	7.5
2	MUCHACZOW JACEK	1064	TS REGLE SZKŁARSKA POREBA	JEZÓW SUDECKI	POL	M40	2	M 2	00:36:45	01:38:06	03:24:40	04:57:53	06:53:05	08:48:31	09:30:51.05	09:30:51.05	8:02	7.5
3	KOSAL MACIEJ	1042		JELENIA GÓRA	POL	M40	3	M 3	00:36:45	01:38:06	03:24:34	04:57:48	06:52:53	08:48:31	09:30:51.30	09:30:51.30	8:02	7.5
4	OTREBA MACIEJ	1070		WROCŁAW	POL	M30	1	M 4	00:34:02	02:02:45	03:53:34	05:23:14	07:13:50	08:50:48	09:35:41.95	09:35:41.95	8:06	7.4
5	BIELIŃSKI MACIEK	1006		WARSZAWA	POL	M30	2	M 5	00:35:43		03:48:33	05:17:52	07:09:28	08:54:13	09:39:59.00	09:39:59.00	8:10	7.3
6	DAJEK ŁUKASZ	1015		ŻYRARDÓW	POL	M40	4	M 6	00:38:28	01:37:48	03:32:26	05:11:42	07:13:40	09:14:35	10:08:00.35	10:08:00.35	8:33	7
7	ADLER ŁUKASZ	1001	LESZNO LIMITS RUNNERS	WILKOWICE	POL	M30	3	M 7	00:37:36	02:02:13	03:51:02		07:24:21	09:21:40	10:09:51.05	10:09:51.05	8:35	7
8	SZONDA ISTVAN	1094	ADVENTNI BEHANI	VELKE HAMRY	CZE	M40	5	M 8	00:38:07	01:17:49	03:18:09	05:00:42			10:20:41.95	10:20:41.95	8:44	6.9
9	KOPCEWICZ TOMASZ	1041		STAWIGUDA	POL	M30	4	M 9	00:34:33	02:01:41	03:58:05	05:35:59	07:35:00	09:35:12	10:22:48.00	10:22:48.00	8:46	6.8
10	SĄJDUDA ADAM	1080	AW - SZYBCIEJ - TEAM	WROCŁAW	POL	M30	5	M 10	00:36:28	01:38:12	03:27:04	05:03:38	07:24:29	09:37:31	10:26:50.00	10:26:50.00	8:49	6.8
11	RINK JAN	1078		BOLKÓW	POL	M40	6	M 11	00:36:48	01:36:47	03:41:07	05:35:12	07:50:34	09:49:57	10:40:27.05	10:40:27.05	9:01	6.7
12	SKUDLARSKI JAKUB	1086	PRO-RUN WROCŁAW	WROCŁAW	POL	M30	6	M 12	00:47:47	01:19:44	03:36:04	05:27:34	07:39:19	09:47:47	10:45:37.25	10:45:37.25	9:05	6.6
13	BŁACHOWIAK MARIUSZ	1007	AMBIT RACING TEAM/MARATON LESZNO	LESZNO	POL	M50	1	M 13	00:42:33	01:13:04	03:20:18	05:10:00	07:26:10	09:50:23	10:49:12.70	10:49:12.70	9:08	6.6

SIEDEMDZIESIĄT Z HAKIEM, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
14	MIKOŁAJCZYK TOMASZ	1062	EXPLORADOR TEAM	DOPIEWIEC	POL	M40	7	M 14	00:44:17	01:12:34	03:26:24	05:19:06	07:40:09	09:53:38	10:51:34.10	10:51:34.10	9:10	6.5
15	PIWOWOŃSKI PAWEŁ	1074		ZAGRODNO	POL	M40	8	M 15	00:38:10	01:36:46	03:43:18	05:32:51	07:45:36	09:58:30	10:51:49.60	10:51:49.60	9:10	6.5
16	ŁUKAWSKI KRZYSZTOF	1058		ŚWIEBODZICE	POL	M40	9	M 16	00:40:53	01:20:03	03:35:20	05:21:43	07:47:01	09:57:21	10:53:22.15	10:53:22.15	9:12	6.5
17	URBANIAK PIOTR	1097	CROCODIGY	DĄBRÓWKA	POL	M30	7	M 17	00:46:09	01:18:34	03:35:16	05:25:23	07:40:05	09:58:36	10:55:20.30	10:55:20.30	9:13	6.5
18	LUSZTAK MICHAŁ	1055	ROGIEWICZ RUNNING TEAM	ŻYRARDÓW	POL	M18	1	M 18	00:44:18	01:13:48	03:31:47	05:21:07	07:34:53	10:05:45	11:14:06.35	11:14:06.35	9:29	6.3
19	DUC-SYPOSZ AURELIUSZ	1020		WIELICZKA	POL	M40	10	M 19	00:41:25	01:46:33	03:53:57	05:42:32	08:02:08	10:18:53	11:16:42.00	11:16:42.00	9:31	6.3
20	NIEZGÓDKA TOMASZ	1105	TEAM DFBG	WROCŁAW	POL	M50	2	M 20	00:40:01	02:06:56	04:21:20	06:10:01	08:15:25	10:25:25	11:18:43.05	11:18:43.05	9:33	6.3
21	SCHWARZ MAREK	1082	PRO366	GARBY	POL	M30	8	M 21	00:41:52	01:11:12	03:26:20	05:24:44	07:51:56	10:17:29	11:19:23.95	11:19:23.95	9:34	6.3
22	BARSCZYK DAWID	1003		PORAJÓW	POL	M30	9	M 22	00:36:50	01:36:52	03:42:52	05:36:48	08:02:14		11:20:32.35	11:20:32.35	9:35	6.3
23	LASEK MIKOŁAJ	1053	PAN WUEFISTA	CZMOŃ	AFG	M30	10	M 23	00:44:03	01:14:13	03:26:16	05:24:52	07:49:36	10:17:34	11:22:54.85	11:22:54.85	9:37	6.2
24	SZYMAŃSKI PAWEŁ	1096	FIZJOBIEGACZE SZCZECIN	SZCZECIN	POL	M30	11	M 24	00:34:35	02:01:08	04:04:24	05:51:52	08:11:13	10:32:45	11:23:13.50	11:23:13.50	9:37	6.2
25	KACZMAREK JĘDRZEJ	1034	KP PSP MILICZ	PLESZEW	POL	M18	2	M 25	00:43:55		03:33:30	05:26:08	08:02:11	10:32:49	11:24:47.05	11:24:47.05	9:38	6.2
26	POCHROŃ MARCIN	1075		WROCŁAW	POL	M30	12	M 26	00:41:39	01:39:50	03:50:30	05:48:22	08:06:47	10:32:18	11:26:54.90	11:26:54.90	9:40	6.2
27	ANKIEWICZ STEFAN	1002	CZYSTA AMATORKA	WARSZAWA	POL	M40	11	M 27	00:43:48	01:13:23	03:20:27	05:17:01	07:48:04	10:23:07	11:29:57.50	11:29:57.50	9:43	6.2
28	JEZIERSKI TOMASZ	1032		SKARŻYSKO-KAMIENNA	POL	M40	12	M 28	00:38:02	02:06:23	04:21:23	06:16:17	08:23:39	10:35:46	11:31:09.15	11:31:09.15	9:44	6.2
29	PERKOWSKI PIOTR	1072	MONK SANDALS TEAM	KAMPINOS	POL	M40	13	M 29	00:37:35	02:06:56	04:21:29	06:10:36	08:23:10	10:47:27	11:41:33.70	11:41:33.70	9:52	6.1
30	SĘK MICHAŁ	1083		TOMASZÓW MAZOWIECKI	POL	M30	13	M 30	00:49:53	01:23:17	03:42:06	05:37:22	08:08:27	10:44:19	11:44:46.75	11:44:46.75	9:55	6
31	JANKOWSKI MARCIN	1031	FU FU FU TEAM	GŁOGÓW	POL	M40	14	M 31	00:37:20	02:04:59	04:25:05	06:20:27	08:37:31	10:59:52	11:49:31.25	11:49:31.25	9:59	6
32	IWANEK PRZEMYSŁAW	1027	PLANYBIEGOWE.PL / BLACK HAT ULTRA	BISKUPICE	POL	M30	14	M 32	00:41:39	01:39:58	03:51:45	05:50:52	08:22:02	10:48:08	11:49:35.20	11:49:35.20	9:59	6
33	ŁABĘDZKI MARIUSZ	1056		ŻAROWO	POL	M40	15	M 33	00:47:31	01:22:29	03:43:21	05:44:28	08:13:13	10:51:03	11:55:09.85	11:55:09.85	10:04	6
34	GOLCZ PIOTR	1023		GDYNIA	POL	M50	3	M 34	00:37:26	02:02:35	04:07:38	06:02:43	08:33:39	10:59:14	11:57:33.00	11:57:33.00	10:06	5.9
35	KOZŁOWSKI LESZEK	1046	LESZ NO LIMITS RUNNERS	LESZNO	POL	M50	4	M 35	00:41:38	01:44:17	04:01:32	06:02:04	08:31:02	10:59:51	11:57:33.25	11:57:33.25	10:06	5.9
36	SZARADOWSKI MARCIN	1093		ŚWIDNICA	POL	M40	16	M 36	00:49:55	01:25:31	03:53:46	05:53:06	08:31:08	11:02:00	12:09:42.35	12:09:42.35	10:16	5.8
37	SOCHA MARCIN	1087		KROSNO	POL	M40	17	M 37	00:44:04	01:16:36	03:39:07	05:44:32	08:25:56	11:02:00	12:09:44.95	12:09:44.95	10:16	5.8
38	PODGRUSZECKI MICHAŁ	1076		WROCŁAW	POL	M30	15	M 38	00:48:01	01:21:07	03:48:59	05:59:40	08:31:14	11:11:00	12:15:44.30	12:15:44.30	10:21	5.8
39	NOWAK KRZYSZTOF	1066		WARSZAWA	POL	M50	5	M 39	00:43:48	01:15:40	03:42:17	05:57:42	08:32:30	11:13:34	12:18:15.65	12:18:15.65	10:23	5.8
40	MROWCA PAWEŁ	1063	KOLKA TEAM LUBAŃ	LUBAŃ	POL	M30	16	M 40	00:45:35	01:18:26	03:33:15	05:44:44	08:29:31	11:10:26	12:20:12.20	12:20:12.20	10:25	5.8
41	SZAJEK ARKADIUSZ	1092	ARVATO S.C. REP	KAMIONKI	POL	M30	17	M 41	00:45:32	01:19:33	03:40:39	05:56:26	08:37:38	11:20:10	12:24:55.25	12:24:55.25	10:29	5.7
42	KLIMEK ARKADIUSZ	1039		WARSZAWA	POL	M50	6	M 42	00:48:22	01:22:59	03:49:39	05:50:23	08:35:14	11:24:09	12:35:32.70	12:35:32.70	10:38	5.6
43	JANAS KACPER	1028		BEZRZECZE	POL	M30	18	M 43	00:49:52	01:25:25	03:59:10	06:07:04	08:56:46	11:34:43	12:46:18.40	12:46:18.40	10:47	5.6
44	SURDAKCI PIOTR	1091		SZCZECIN	POL	M40	18	M 43	00:49:52	01:25:24	03:59:13	06:07:16	08:56:58	11:34:43	12:46:18.40	12:46:18.40	10:47	5.6
45	GÓRA GRZEGORZ	1024		WROCŁAW	POL	M30	19	M 45	00:38:24	02:07:45	04:37:38	06:57:27	09:56:27	11:44:09	12:46:32.55	12:46:32.55	10:47	5.6
46	WOJCIESZYŃSKI TOMASZ	1106		BACZYNA		M40	19	M 46	00:45:15	01:17:34	03:39:41	05:41:52	08:43:21	11:40:52	12:47:06.75	12:47:06.75	10:48	5.6
47	PYREK KRZYSZTOF	1077	1 RBLOG	WAŁCZ	POL	M40	20	M 47	00:39:38	02:08:11	04:30:34	06:36:56	09:04:37	11:48:19	12:52:09.75	12:52:09.75	10:52	5.5
48	STASZEWSKI PIOTR	1089		GORZÓW WLKP	POL	M40	21	M 48	00:40:17	02:06:21	04:22:36	06:24:52	09:07:43	11:59:17	13:05:09.80	13:05:09.80	11:03	5.4
49	KURASZKIEWICZ BŁAŻEJ	1051		POZNAŃ	POL	M40	22	M 49	00:37:14	02:05:04	04:16:45	06:25:08	08:52:13	11:47:40	13:08:11.30	13:08:11.30	11:06	5.4
50	PIEKARZ RADOSŁAW	1073		WARSZAWA	POL	M40	23	M 50	00:48:10	01:22:21	03:55:43	06:10:10	09:01:02	11:51:43	13:09:53.95	13:09:53.95	11:07	5.4
51	HRUSZOWIEC PAWEŁ	1102	PAN COGITO S.C.	WOŁÓW	POL	M50	7	M 51	00:49:50	01:21:07	03:51:41	06:05:59	08:46:07	11:41:24	13:12:22.85	13:12:22.85	11:09	5.4
52	KLIMECKI ŁUKASZ	1038	KB INTREX POZNAŃ	POZNAŃ	POL	M30	20	M 52	00:47:56	01:22:25	03:45:30	05:50:37	08:40:34	11:53:03	13:12:58.45	13:12:58.45	11:10	5.4
53	ZAWADKA ANDRZEJ	1100		KOŁBASKOWO	POL	M50	8	M 53	12:03:05						13:13:11.10	13:13:11.10	11:10	5.4
54	DECHNIK ŁUKASZ	1017	I W GÓRĘ I W DÓŁ	WROCŁAW	POL	M40	24	M 54	12:04:14						13:15:49.75	13:15:49.75	11:12	5.4

SIEDEMDZIESIĄT Z HAKIEM, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
55	KOWALEWSKI JAROSŁAW	1043	PROJEKT1000UP	GDYNIA	POL	M50	9	M 55	00:46:14	01:19:06	03:47:18	06:07:45	09:09:44	12:15:53	13:24:03.45	13:24:03.45	11:19	5.3
56	OLCZYK ANDRZEJ	1067		PRZEDBÓRZ	POL	M50	10	M 56	12:23:58					13:33:14.90	13:33:14.90	11:27	5.2	
57	KROK JACEK	1047	ULTRASY!	LUBARTÓW	POL	M40	25	M 57	00:45:51	01:20:41	03:53:21	06:15:33	09:09:41	12:23:36	13:36:44.00	13:36:44.00	11:30	5.2
58	STRONIKOWSKI KAMIL	1090	DRUŻYNA STASIA	SZCZECIN	POL	M40	26	M 58	00:52:50	01:29:53	03:59:43	06:15:18	09:08:35	12:19:27	13:37:20.20	13:37:20.20	11:30	5.2
59	CHLUDZIŃSKI PATRYK	1010	ARVATO S.C.REP	ŚRODA WIELKOPOLSKA	POL	M40	27	M 59	00:45:33	01:19:34	03:51:09	06:16:14	09:35:28	12:40:26	13:54:58.85	13:54:58.85	11:45	5.1
60	CIECHAŃSKI MICHAŁ	1011	ZDARTE PODESZWY	ZAJĄCZKOWO	POL	M40	28	M 60	00:48:13	01:22:21	04:03:51	06:34:52	09:40:17	12:49:17	14:07:51.55	14:07:51.55	11:56	5
61	JANIK MATEUSZ	1029		LUBRZA	POL	M30	21	M 61	00:48:28	01:23:52	03:59:03	06:24:34	09:37:32	12:52:57	14:09:57.80	14:09:57.80	11:58	5
62	JURKIEWICZ DOMINIK	1033		WROCŁAW	POL	M30	22	M 62	00:48:27	01:23:54	03:58:52	06:24:39	09:37:25	12:52:59	14:09:57.85	14:09:57.85	11:58	5
63	ZALEWSKI DANIEL	1099	BIEGAMY RAZEM WŁADYSŁAWOWO	SUSZ	POL	M18	3	M 63	00:37:29	02:08:13	04:51:15	07:07:52	10:12:18	13:19:50	14:30:16.90	14:30:16.90	12:15	4.9
64	LECHKI TOMASZ	1054	WOŁÓW BIEGA	WOŁÓW	POL	M50	11	M 64	00:49:50	01:25:25	04:04:21	06:31:18	10:01:15	13:20:59	14:43:50.50	14:43:50.50	12:26	4.8
65	OSTROWSKI WIESŁAW	1069		WOŁÓW	POL	M50	12	M 65	00:49:52	01:25:26	04:04:28	06:31:27	10:01:19	13:20:59	14:43:50.85	14:43:50.85	12:26	4.8
66	MICHAŁOWSKI TOMASZ	1060		SZCZECIN	POL	M40	29	M 66	00:51:06	01:27:39	04:05:53	06:29:52	09:52:28	13:28:28	14:46:37.35	14:46:37.35	12:29	4.8
67	KIERZEK ARTUR	1035	BIEGACZE KOSMOSU	ŁÓDŹ	POL	M40	30	M 67	00:52:51	01:33:39	04:33:13	07:06:07	10:12:25	13:23:58	14:50:29.65	14:50:29.65	12:32	4.8
68	KITLAS DARIUSZ	1037	BSB	WASILKÓW	POL	M50	13	M 68	00:51:18	01:28:10	04:21:34	07:03:29	10:04:11	13:38:30	15:07:20.05	15:07:20.05	12:46	4.7
69	ZIELIŃSKI TOMASZ	1101	ULTRAPIOTRKÓW	KARLIN	POL	M40	31	M 69	01:04:22	01:47:50	04:48:09	07:31:52	10:35:55	13:46:19	15:15:05.95	15:15:05.95	12:53	4.7
70	SADEL KRZYSZTOF	1081		SZCZECIN	POL	M50	14	M 70	00:57:13	01:36:22	04:37:18	07:16:29	10:32:28	13:58:07	15:26:07.00	15:26:07.00	13:02	4.6
71	GÓRCZYŃSKI RAFAŁ	1025		NOWY TOMYŚL	POL	M40	32	M 71	00:50:07	01:27:20	04:16:38	06:57:30	10:41:26	14:15:30	15:37:28.25	15:37:28.25	13:12	4.5
72	JANIK PRZEMYSŁAW	1030		KLUCZBÓRK	POL	M30	23	M 72	00:55:23	01:39:43	11:29:44			14:51:24	16:19:29.35	16:19:29.35	13:47	4.3
73	HOFFMANN GRZEGORZ	1026		CZEMPIŃ	POL	M40	33	M 73	00:54:56	01:37:30	04:52:03	07:54:55	11:30:50	15:02:45	16:38:15.25	16:38:15.25	14:03	4.3
74	KOZŁOWSKI WOJCIECH	1045		LISOWICE	POL	M50	15	M 74	00:45:16	01:18:07	03:48:26						9:31	6.3
75	CISZEWSKI SEBASTIAN	1012		WARSZAWA	POL	M30	24	M 75	00:33:08								5:31	10.9
	KRZYKANOWSKI MARCIN	1049	CENTRUM SPORTU GRABAREK	BYDGOSZCZ	POL	M40			DNF	01:23:51 DNF	03:51:53 DNF	06:17:44 DNF	DNF	DNF	DNF	DNF	-	-
	MATUSIAK DANIEL	1059	PUPPY CHARMS	KRZYWIEC	POL	M30			01:37:29 DNF	02:01:07 DNF	12:31:42 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	STACHOWIAK ADAM	1088	LESZNOLIMITSRUNNERS	DĄBCZE	POL	M30			00:34:29 DNF	02:01:05 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SADOWSKI PAWEŁ	1079	DZIKIE CHORAĞWIE HUSARSKIE KORONY RUDAWSKIEJ	JANOWICE WIELKIE	POL	M30			00:34:03 DNF	02:05:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

SIEDEMDZIESIĄT Z HAKIEM, K18

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
1	DRZEWIECKA SYLWIA	1019	RUN WITH TRAINER DRZEWIECKA	MIEDNIEWICE	POL	K18	1	K 3	00:44:18	01:13:48	03:31:39	05:21:02	07:35:09	10:05:44	11:14:06.90	11:14:06.90	9:29	6.3

SIEDEMDZIESIĄT Z HAKIEM, M18

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
1	LUSZTAK MICHAŁ	1055	ROGIEWICZ RUNNING TEAM	ŻYRARDÓW	POL	M18	1	M 18	00:44:18	01:13:48	03:31:47	05:21:07	07:34:53	10:05:45	11:14:06.35	11:14:06.35	9:29	6.3
2	KACZMAREK JĘDRZEJ	1034	KP PSP MILICZ	PLESZEW	POL	M18	2	M 25	00:43:55		03:33:30	05:26:08	08:02:11	10:32:49	11:24:47.05	11:24:47.05	9:38	6.2

SIEDEMDZIESIĄT Z HAKIEM, M18 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
3	ZALEWSKI DANIEL	1099	BIEGAMY RAZEM WLADYSLAWOW O	SUSZ	POL	M18	3	M 63	00:37:29	02:08:13	04:51:15	07:07:52	10:12:18	13:19:50	14:30:16.90	14:30:16.90	12:15	4.9

SIEDEMDZIESIĄT Z HAKIEM, K30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
1	MIKEŠOVÁ JANA	1061	SALMING CZ	NOVÁ PAKA	CZE	K30	1	K 1	00:36:24	01:38:50	03:26:57	05:00:29	06:50:55	08:40:30	09:27:13.20	09:27:13.20	7:59	7.5
2	GILEWICZ-RACHOWSKA JAGODA	1022	MAXFLY	POZNAŃ	POL	K30	2	K 6	00:45:52	01:18:07	03:41:13	05:46:11	08:08:24	10:39:19	11:37:59.90	11:37:59.90	9:49	6.1
3	SZYMAŃSKA AGATA	1095		GDAŃSK	POL	K30	3	K 7	00:43:51	01:15:23	03:36:16	05:38:48	08:09:03	10:38:33	11:40:09.00	11:40:09.00	9:51	6.1
4	SKRZYPIŃSKA OLGA	1085	HELIKON-TEX	WROCŁAW	POL	K30	4	K 9	10:50:03						11:52:59.65	11:52:59.65	10:02	6
5	OŻMINKOWSKA ALEKSANDRA	1071	DIRTY SPARROWS	POZNAŃ	POL	K30	5	K 12	00:45:15	01:18:09	03:51:20	06:07:55	08:56:08	11:57:11	12:56:30.80	12:56:30.80	10:56	5.5
6	GOŁOWICZ ANIA	1103		TORUŃ	POL	K30	6	K 17	00:47:09	01:20:22	03:43:08	06:07:40	08:52:02	11:55:49	13:16:30.60	13:16:30.60	11:13	5.3
7	CZABAN KATARZYNA	1013	KULAM SIĘ JAK GUMIKLYJZY	KATOWICE	POL	K30	7	K 19	00:47:14	01:20:48	03:55:13	06:14:06	09:13:34	12:32:31	13:51:13.05	13:51:13.05	11:42	5.1

SIEDEMDZIESIĄT Z HAKIEM, M30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
1	OTREBA MACIEJ	1070		WROCŁAW	POL	M30	1	M 4	00:34:02	02:02:45	03:53:34	05:23:14	07:13:50	08:50:48	09:35:41.95	09:35:41.95	8:06	7.4
2	BIELIŃSKI MACIEK	1006		WARSZAWA	POL	M30	2	M 5	00:35:43		03:48:33	05:17:52	07:09:28	08:54:13	09:39:59.00	09:39:59.00	8:10	7.3
3	ADLER ŁUKASZ	1001	LESZNO LIMITS RUNNERS	WILKOWICE	POL	M30	3	M 7	00:37:36	02:02:13	03:51:02		07:24:21	09:21:40	10:09:51.05	10:09:51.05	8:35	7
4	KOPCEWICZ TOMASZ	1041		STAWIGUDA	POL	M30	4	M 9	00:34:33	02:01:41	03:58:05	05:35:59	07:35:00	09:35:12	10:22:48.00	10:22:48.00	8:46	6.8
5	SAJDUDA ADAM	1080	AW - SZYBCIEJ - TEAM	WROCŁAW	POL	M30	5	M 10	00:36:28	01:38:12	03:27:04	05:03:38	07:24:29	09:37:31	10:26:50.00	10:26:50.00	8:49	6.8
6	SKUDLARSKI JAKUB	1086	PRO-RUN WROCŁAW	WROCŁAW	POL	M30	6	M 12	00:47:47	01:19:44	03:36:04	05:27:34	07:39:19	09:47:47	10:45:37.25	10:45:37.25	9:05	6.6
7	URBANIĄK PIOTR	1097	CROCODIGY	DĄBRÓWKA	POL	M30	7	M 17	00:46:09	01:18:34	03:35:16	05:25:23	07:40:05	09:58:36	10:55:20.30	10:55:20.30	9:13	6.5
8	SCHWARZ MAREK	1082	PRO366	GARBY	POL	M30	8	M 21	00:41:52	01:11:12	03:26:20	05:24:44	07:51:56	10:17:29	11:19:23.95	11:19:23.95	9:34	6.3
9	BARSZCZYK DAWID	1003		PORAJÓW	POL	M30	9	M 22	00:36:50	01:36:52	03:42:52	05:36:48	08:02:14		11:20:32.35	11:20:32.35	9:35	6.3
10	LASEK MIKOŁAJ	1053	PAN WUEFISTA	CZMOŃ	AFG	M30	10	M 23	00:44:03	01:14:13	03:26:16	05:24:52	07:49:36	10:17:34	11:22:54.85	11:22:54.85	9:37	6.2
11	SZYMAŃSKI PAWEŁ	1096	FIZJOBIEGACZE SZCZECIN	SZCZECIN	POL	M30	11	M 24	00:34:35	02:01:08	04:04:24	05:51:52	08:11:13	10:32:45	11:23:13.50	11:23:13.50	9:37	6.2
12	POCHROŃ MARCIN	1075		WROCŁAW	POL	M30	12	M 26	00:41:39	01:39:50	03:50:30	05:48:22	08:06:47	10:32:18	11:26:54.90	11:26:54.90	9:40	6.2
13	SĘK MICHAŁ	1083		TOMASZÓW MAZOWIECKI	POL	M30	13	M 30	00:49:53	01:23:17	03:42:06	05:37:22	08:08:27	10:44:19	11:44:46.75	11:44:46.75	9:55	6
14	IWANEK PRZEMYSŁAW	1027	PLANYBIEGOWE.P L / BLACK HAT ULTRA	BISKUPICE	POL	M30	14	M 32	00:41:39	01:39:58	03:51:45	05:50:52	08:22:02	10:48:08	11:49:35.20	11:49:35.20	9:59	6
15	PODGRUSZECKI MICHAŁ	1076		WROCŁAW	POL	M30	15	M 38	00:48:01	01:21:07	03:48:59	05:59:40	08:31:14	11:11:00	12:15:44.30	12:15:44.30	10:21	5.8
16	MROWCA PAWEŁ	1063	KOLKA TEAM LUBAŃ	LUBAŃ	POL	M30	16	M 40	00:45:35	01:18:26	03:33:15	05:44:44	08:29:31	11:10:26	12:20:12.20	12:20:12.20	10:25	5.8
17	SZAJEK ARKADIUSZ	1092	ARVATO S.C. REP	KAMIONKI	POL	M30	17	M 41	00:45:32	01:19:33	03:40:39	05:56:26	08:37:38	11:20:10	12:24:55.25	12:24:55.25	10:29	5.7
18	JANAS KACPER	1028		BEZRZECZE	POL	M30	18	M 43	00:49:52	01:25:25	03:59:10	06:07:04	08:56:46	11:34:43	12:46:18.40	12:46:18.40	10:47	5.6
19	GÓRA GRZEGORZ	1024		WROCŁAW	POL	M30	19	M 45	00:38:24	02:07:45	04:37:38	06:57:27	09:56:27	11:44:09	12:46:32.55	12:46:32.55	10:47	5.6
20	KLIMECKI ŁUKASZ	1038	KB INTREX POZNAŃ	POZNAŃ	POL	M30	20	M 52	00:47:56	01:22:25	03:45:30	05:50:37	08:40:34	11:53:03	13:12:58.45	13:12:58.45	11:10	5.4
21	JANIK MATEUSZ	1029		LUBRZA	POL	M30	21	M 61	00:48:28	01:23:52	03:59:03	06:24:34	09:37:32	12:52:57	14:09:57.80	14:09:57.80	11:58	5
22	JURKIEWICZ DOMINIK	1033		WROCŁAW	POL	M30	22	M 62	00:48:27	01:23:54	03:58:52	06:24:39	09:37:25	12:52:59	14:09:57.85	14:09:57.85	11:58	5
23	JANIK PRZEMYSŁAW	1030		KLUCZBORK	POL	M30	23	M 72	00:55:23	01:39:43	11:29:44			14:51:24	16:19:29.35	16:19:29.35	13:47	4.3
24	CISZEWSKI SEBASTIAN	1012		WARSZAWA	POL	M30	24	M 75	00:33:08								5:31	10.9

SIEDEMDZIESIĄT Z HAKIEM, M30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
	MATUSIAK DANIEL	1059	PUPPY CHARMS	KRZYWIEC	POL	M30			01:37:29 DNF	02:01:07 DNF	12:31:42 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	STACHOWIAK ADAM	1088	LESZNOLIMITSRU NNERS	DĄBCZE	POL	M30			00:34:29 DNF	02:01:05 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SADOWSKI PAWEŁ	1079	DZIKIE CHORĄGWIE HUSARSKIE KORONY RUDAWSKIEJ	JANOWICE WIELKIE	POL	M30			00:34:03 DNF	02:05:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

SIEDEMDZIESIĄT Z HAKIEM, K40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
1	KUJAWSKA AGNIESZKA	1050		SUCHEDNIÓ W	POL	K40	1	K 2	00:41:34	01:43:35	03:59:18	05:52:28	08:07:14	10:16:05	11:11:45.00	11:11:45.00	9:27	6.3
2	MURZYN KRYSIA	1065	TO JA	LIPNIK	POL	K40	2	K 5	00:41:19	01:39:09	03:50:48	05:49:53	08:06:44	10:23:23	11:29:57.40	11:29:57.40	9:43	6.2
3	BRONOWSKA JUSTYNA	1008		BYSTRA	POL	K40	3	K 8	00:46:00	01:19:42	03:36:24	05:38:37	08:07:20	10:39:41	11:47:55.80	11:47:55.80	9:58	6
4	DOMARADZKA- KASZUBOWICZ WIKTORIA	1018		SANOK	POL	K40	4	K 10	00:47:49	01:21:06	03:51:06	05:52:42	08:26:42	11:02:27	12:13:17.75	12:13:17.75	10:19	5.8
5	KRZESZEWSKA DOROTA	1048		PIŁA	POL	K40	5	K 11	11:18:22						12:27:16.00	12:27:16.00	10:31	5.7
6	ŁÓJ-KONIECZNA EDYTA	1057	INFINITY GYM	PROSZOWICE	POL	K40	6	K 13	00:49:31	01:23:19	04:08:54	06:22:39	09:10:42	11:50:05	12:58:09.65	12:58:09.65	10:57	5.5
7	CEBRAT EWA	1009		SOSNOWIEC	POL	K40	7	K 14	00:47:49	01:21:06	03:58:49	06:21:23	09:11:52	11:55:08	12:58:20.10	12:58:20.10	10:57	5.5
8	FARION MARZENA	1021	THE FARIONS	STRZEGOM	POL	K40	8	K 15	00:49:30	01:24:28	03:55:48	06:16:10	09:12:18	11:56:17	12:58:33.20	12:58:33.20	10:57	5.5
9	SOSZYŃSKA-PSTROKOŃSKA JOANNA	1104	PSTROLMOWSKIE	WARSZAWA	POL	K40	9	K 16	00:50:25	01:26:42	04:00:08	06:17:34	09:08:42	12:06:05	13:13:34.25	13:13:34.25	11:10	5.4
10	BIAŁA MARTA	1005	ULTRASY!	LUBARTÓW	POL	K40	10	K 18	00:45:51	01:20:40	03:53:19	06:15:40	09:09:10	12:23:36	13:36:43.85	13:36:43.85	11:30	5.2
11	KIERZEK EWA	1036	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	K40	11	K 20	00:52:51	01:33:41	04:33:17	07:06:20	10:12:48	13:23:57	14:50:29.25	14:50:29.25	12:32	4.8
12	KŁÓSKA KATARZYNA	1040		PIECHOWICE	POL	K40	12	K 21	00:55:18	01:36:56	05:06:57	08:01:40	11:46:02	15:41:04	17:27:55.00	17:27:55.00	14:45	4.1

SIEDEMDZIESIĄT Z HAKIEM, M40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
1	BARTYZEL MAREK	1004		ZAWOJA	POL	M40	1	M 1	00:35:59	01:01:39	02:51:49	04:31:30	06:35:25	08:33:46	09:27:00.15	09:27:00.15	7:59	7.5
2	MUCHACZOW JACEK	1064	TS REGLE SZKLARSKA PORĘBA	JEZÓW SUDECKI	POL	M40	2	M 2	00:36:45	01:38:06	03:24:40	04:57:53	06:53:05	08:48:31	09:30:51.05	09:30:51.05	8:02	7.5
3	KOSAL MACIEJ	1042		JELENIA GÓRA	POL	M40	3	M 3	00:36:45	01:38:06	03:24:34	04:57:48	06:52:53	08:48:31	09:30:51.30	09:30:51.30	8:02	7.5
4	DAJEK ŁUKASZ	1015		ŻYRARDÓW	POL	M40	4	M 6	00:38:28	01:37:48	03:32:26	05:11:42	07:13:40	09:14:35	10:08:00.35	10:08:00.35	8:33	7
5	SZONDA ISTVAN	1094	ADVENTNI BEHANI	VELKE HAMRY	CZE	M40	5	M 8	00:38:07	01:17:49	03:18:09	05:00:42		10:20:41.95	10:20:41.95	8:44	6.9	
6	RINK JAN	1078		BOLKÓW	POL	M40	6	M 11	00:36:48	01:36:47	03:41:07	05:35:12	07:50:34	09:49:57	10:40:27.05	10:40:27.05	9:01	6.7
7	MIKOŁAJCZYK TOMASZ	1062	EXPLORADOR TEAM	DOPIEWIEC	POL	M40	7	M 14	00:44:17	01:12:34	03:26:24	05:19:06	07:40:09	09:53:38	10:51:34.10	10:51:34.10	9:10	6.5
8	PIWOWOŃSKI PAWEŁ	1074		ZAGRODNO	POL	M40	8	M 15	00:38:10	01:36:46	03:43:18	05:32:51	07:45:36	09:58:30	10:51:49.60	10:51:49.60	9:10	6.5
9	ŁUKAWSKI KRZYSZTOF	1058		ŚWIEBODZIC E	POL	M40	9	M 16	00:40:53	01:20:03	03:35:20	05:21:43	07:47:01	09:57:21	10:53:22.15	10:53:22.15	9:12	6.5
10	DUC-SYPOSZ AURELIUSZ	1020		WIELICZKA	POL	M40	10	M 19	00:41:25	01:46:33	03:53:57	05:42:32	08:02:08	10:18:53	11:16:42.00	11:16:42.00	9:31	6.3
11	ANKIEWICZ STEFAN	1002	CZYSTA AMATORKA	WARSZAWA	POL	M40	11	M 27	00:43:48	01:13:23	03:20:27	05:17:01	07:48:04	10:23:07	11:29:57.50	11:29:57.50	9:43	6.2
12	JEZERSKI TOMASZ	1032		SKARŻYSKO- KAMIENNA	POL	M40	12	M 28	00:38:02	02:06:23	04:21:23	06:16:17	08:23:39	10:35:46	11:31:09.15	11:31:09.15	9:44	6.2
13	PERKOWSKI PIOTR	1072	MONK SANDALS TEAM	KAMPINOS	POL	M40	13	M 29	00:37:35	02:06:56	04:21:29	06:10:36	08:23:10	10:47:27	11:41:33.70	11:41:33.70	9:52	6.1

SIEDEMDZIESIĄT Z HAKIEM, M40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
14	JANKOWSKI MARCIN	1031	FU FU FU TEAM	GŁOGÓW	POL	M40	14	M 31	00:37:20	02:04:59	04:25:05	06:20:27	08:37:31	10:59:52	11:49:31.25	11:49:31.25	9:59	6
15	ŁABĘDZKI MARIUSZ	1056		ŻAROWO	POL	M40	15	M 33	00:47:31	01:22:29	03:43:21	05:44:28	08:13:13	10:51:03	11:55:09.85	11:55:09.85	10:04	6
16	SZARADOWSKI MARCIN	1093		ŚWIDNICA	POL	M40	16	M 36	00:49:55	01:25:31	03:53:46	05:53:06	08:31:08	11:02:00	12:09:42.35	12:09:42.35	10:16	5.8
17	SOCHA MARCIN	1087		KROSNO	POL	M40	17	M 37	00:44:04	01:16:36	03:39:07	05:44:32	08:25:56	11:02:00	12:09:44.95	12:09:44.95	10:16	5.8
18	SURDACKI PIOTR	1091		SZCZECIN	POL	M40	18	M 43	00:49:52	01:25:24	03:59:13	06:07:16	08:56:58	11:34:43	12:46:18.40	12:46:18.40	10:47	5.6
19	WOJCIESZYŃSKI TOMASZ	1106		BACZYNA	M40		19	M 46	00:45:15	01:17:34	03:39:41	05:41:52	08:43:21	11:40:52	12:47:06.75	12:47:06.75	10:48	5.6
20	PYREK KRZYSZTOF	1077	1 RBLOG	WAŁCZ	POL	M40	20	M 47	00:39:38	02:08:11	04:30:34	06:36:56	09:04:37	11:48:19	12:52:09.75	12:52:09.75	10:52	5.5
21	STASZEWSKI PIOTR	1089		GORZÓW WLKP	POL	M40	21	M 48	00:40:17	02:06:21	04:22:36	06:24:52	09:07:43	11:59:17	13:05:09.80	13:05:09.80	11:03	5.4
22	KURASZKIEWICZ BŁAŻEJ	1051		POZNAŃ	POL	M40	22	M 49	00:37:14	02:05:04	04:16:45	06:25:08	08:52:13	11:47:40	13:08:11.30	13:08:11.30	11:06	5.4
23	PIEKARZ RADOSŁAW	1073		WARSZAWA	POL	M40	23	M 50	00:48:10	01:22:21	03:55:43	06:10:10	09:01:02	11:51:43	13:09:53.95	13:09:53.95	11:07	5.4
24	DECHNIK ŁUKASZ	1017	I W GÓRĘ I W DÓŁ	WROCŁAW	POL	M40	24	M 54	12:04:14						13:15:49.75	13:15:49.75	11:12	5.4
25	KROK JACEK	1047	ULTRASY!	LUBARTÓW	POL	M40	25	M 57	00:45:51	01:20:41	03:53:21	06:15:33	09:09:41	12:23:36	13:36:44.00	13:36:44.00	11:30	5.2
26	STRONIKOWSKI KAMIL	1090	DRUŻYNA STASIA	SZCZECIN	POL	M40	26	M 58	00:52:50	01:29:53	03:59:43	06:15:18	09:08:35	12:19:27	13:37:20.20	13:37:20.20	11:30	5.2
27	CHLUDZIŃSKI PATRYK	1010	ARVATO S.C.REP	ŚRODA WIELKOPOLS KA	POL	M40	27	M 59	00:45:33	01:19:34	03:51:09	06:16:14	09:35:28	12:40:26	13:54:58.85	13:54:58.85	11:45	5.1
28	CIECHAŃSKI MICHAŁ	1011	ZDARTE PODESZWY	ZAJĄCZKOW O	POL	M40	28	M 60	00:48:13	01:22:21	04:03:51	06:34:52	09:40:17	12:49:17	14:07:51.55	14:07:51.55	11:56	5
29	MICHAŁOWSKI TOMASZ	1060		SZCZECIN	POL	M40	29	M 66	00:51:06	01:27:39	04:05:53	06:29:52	09:52:28	13:28:28	14:46:37.35	14:46:37.35	12:29	4.8
30	KIERZEK ARTUR	1035	BIEGACZE KOSMOSU	ŁÓDŹ	POL	M40	30	M 67	00:52:51	01:33:39	04:33:13	07:06:07	10:12:25	13:23:58	14:50:29.65	14:50:29.65	12:32	4.8
31	ZIELIŃSKI TOMASZ	1101	ULTRAPIOTRKÓW	KARLIN	POL	M40	31	M 69	01:04:22	01:47:50	04:48:09	07:31:52	10:35:55	13:46:19	15:15:05.95	15:15:05.95	12:53	4.7
32	GÓRCZYŃSKI RAFAŁ	1025		NOWY TOMYŚL	POL	M40	32	M 71	00:50:07	01:27:20	04:16:38	06:57:30	10:41:26	14:15:30	15:37:28.25	15:37:28.25	13:12	4.5
33	HOFFMANN GRZEGORZ	1026		CZEMPIN	POL	M40	33	M 73	00:54:56	01:37:30	04:52:03	07:54:55	11:30:50	15:02:45	16:38:15.25	16:38:15.25	14:03	4.3
	KRZYKANOWSKI MARCIN	1049	CENTRUM SPORTU GRABAREK	BYDGOSZCZ	POL	M40			DNF	01:23:51 DNF	03:51:53 DNF	06:17:44 DNF	DNF	DNF	DNF	DNF	-	-

SIEDEMDZIESIĄT Z HAKIEM, K50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
1	KOZŁOWSKA IWONA	1044	LESZ NO LIMITS RUNNERS	LESZNO	POL	K50	1	K 4	00:45:36	01:17:41	03:39:27	05:43:20	08:03:31	10:16:05	11:14:24.55	11:14:24.55	9:29	6.3

SIEDEMDZIESIĄT Z HAKIEM, M50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
1	BŁACHOWIAK MARIUSZ	1007	AMBIT RACING TEAM/MARATON LESZNO	LESZNO	POL	M50	1	M 13	00:42:33	01:13:04	03:20:18	05:10:00	07:26:10	09:50:23	10:49:12.70	10:49:12.70	9:08	6.6
2	NIEZGÓDKA TOMASZ	1105	TEAM DFBG	WROCŁAW	POL	M50	2	M 20	00:40:01	02:06:56	04:21:20	06:10:01	08:15:25	10:25:25	11:18:43.05	11:18:43.05	9:33	6.3
3	GOLCZ PIOTR	1023		GDYNIA	POL	M50	3	M 34	00:37:26	02:02:35	04:07:38	06:02:43	08:33:39	10:59:14	11:57:33.00	11:57:33.00	10:06	5.9
4	KOZŁOWSKI LESZEK	1046	LESZ NO LIMITS RUNNERS	LESZNO	POL	M50	4	M 35	00:41:38	01:44:17	04:01:32	06:02:04	08:31:02	10:59:51	11:57:33.25	11:57:33.25	10:06	5.9
5	NOWAK KRZYSZTOF	1066		WARSZAWA	POL	M50	5	M 39	00:43:48	01:15:40	03:42:17	05:57:42	08:32:30	11:13:34	12:18:15.65	12:18:15.65	10:23	5.8
6	KLIMEK ARKADIUSZ	1039		WARSZAWA	POL	M50	6	M 42	00:48:22	01:22:59	03:49:39	05:50:23	08:35:14	11:24:09	12:35:32.70	12:35:32.70	10:38	5.6
7	HRUSZOWIEC PAWEŁ	1102	PAN COGITO S.C.	WOŁÓW	POL	M50	7	M 51	00:49:50	01:21:07	03:51:41	06:05:59	08:46:07	11:41:24	13:12:22.85	13:12:22.85	11:09	5.4
8	ZAWADKA ANDRZEJ	1100		KOŁBASKOW O	POL	M50	8	M 53	12:03:05						13:13:11.10	13:13:11.10	11:10	5.4
9	KOWALEWSKI JAROSŁAW	1043	PROJEKT1000UP	GDYNIA	POL	M50	9	M 55	00:46:14	01:19:06	03:47:18	06:07:45	09:09:44	12:15:53	13:24:03.45	13:24:03.45	11:19	5.3
10	OLCZYK ANDRZEJ	1067		PRZEDBÓRZ	POL	M50	10	M 56	12:23:58						13:33:14.90	13:33:14.90	11:27	5.2

SIEDEMDZIESIĄT Z HAKIEM, M50 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	24km	37km	51km	65km	Netto	Brutto	min/km	km/h
11	LECHKI TOMASZ	1054	WOŁÓW BIEGA	WOŁÓW	POL	M50	11	M 64	00:49:50	01:25:25	04:04:21	06:31:18	10:01:15	13:20:59	14:43:50.50	14:43:50.50	12:26	4.8
12	OSTROWSKI WIESŁAW	1069		WOŁÓW	POL	M50	12	M 65	00:49:52	01:25:26	04:04:28	06:31:27	10:01:19	13:20:59	14:43:50.85	14:43:50.85	12:26	4.8
13	KITLAS DARIUSZ	1037	BSB	WASILKÓW	POL	M50	13	M 68	00:51:18	01:28:10	04:21:34	07:03:29	10:04:11	13:38:30	15:07:20.05	15:07:20.05	12:46	4.7
14	SADEL KRZYSZTOF	1081		SZCZECIN	POL	M50	14	M 70	00:57:13	01:36:22	04:37:18	07:16:29	10:32:28	13:58:07	15:26:07.00	15:26:07.00	13:02	4.6
15	KOZŁOWSKI WOJCIECH	1045		LISOWICE	POL	M50	15	M 74	00:45:16	01:18:07	03:48:26						9:31	6.3