

## BIEG PRZEZ MOST

Organiser: Urząd Dzielnicy Warszawa - Białołęka

Date: 2023-09-10

Place: Warszawa

Distance: 10 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 100 miejsc wg czasu brutto

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE



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INTELIĞENTNE ZAWODY SPORTOWE

### BIEG PRZEZ MOST , OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	CHRUŚCIEL JACEK	975		MIĘDZYRZECE PODLASKI	POL	M 40-49	1	M 1				00:21:44	00:30:55	00:34:44.70	00:34:46.95	3:28	17.3
2	FALANDYSZ DAMIAN	137	WPRRRUNNING PRUSZKÓW	PRUSZKÓW	POL	M 30-39	1	M 2				00:22:07	00:31:20	00:35:07.00	00:35:09.55	3:30	17.1
3	PYRZAK PAWEŁ	547	BIEGANIEPO40.PL	WARSZAWA	POL	M 30-39	2	M 3	TAK		BIEGANIE PO 40	00:22:05	00:31:24	00:35:19.70	00:35:21.70	3:31	17
4	KRZESZEWSKI RAFAŁ	346	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 30-39	3	M 4	TAK		BIEGAJ POD OKIEM TRENERA	00:22:50	00:32:12	00:35:58.30	00:36:01.30	3:35	16.7
5	ŁOZOWSKI OLAF	395	#ZALINIAMETYTEAM	GRODZISK MAZOWIECKI	POL	M 30-39	4	M 5				00:22:51	00:32:25	00:36:14.35	00:36:17.05	3:37	16.6
6	ZYCH MARIUSZ	777	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 40-49	2	M 6			BIEGAJ POD OKIEM TRENERA	00:22:50	00:32:22	00:36:19.40	00:36:23.75	3:37	16.5
7	URMANOWSKI DANIEL	694	DREAM RUN	WARSZAWA	POL	M 30-39	5	M 7	TAK			00:22:36	00:32:22	00:36:23.55	00:36:26.05	3:38	16.5
8	KUREK JAROSŁAW	357	WAT	WARSZAWA	POL	M 30-39	6	M 8	TAK			00:23:00	00:32:36	00:36:32.20	00:36:34.75	3:39	16.4
9	KOBYŁECKI MATEUSZ	293	BIEGNĘ PO PIWO	WARSZAWA	POL	M 1-29	1	M 9	TAK			00:22:59	00:32:41	00:36:37.45	00:36:40.25	3:39	16.4
10	STELMACH DOMINIKA	624	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 40-49	1	K 1			ADIDAS RUNNERS WARSAW	00:23:00	00:32:43	00:36:46.65	00:36:49.45	3:40	16.3
11	HILDEBRAND MARCIN	203	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	7	M 10	TAK		BIEGAM NA TARCHOMINIE	00:22:59	00:32:43	00:36:51.95	00:36:55.05	3:41	16.3
12	WOŹNIAK PRZEMYSŁAW	745	WIELISZEW HERON TEAM	LEGIONÓWO	POL	M 30-39	8	M 11			WIELISZEW HERON TEAM	00:23:23	00:33:14	00:37:13.90	00:37:18.25	3:43	16.1
13	JASZCZERSKI PAWEŁ	234		WARSZAWA	POL	M 30-39	9	M 12	TAK			00:23:31	00:33:24	00:37:25.25	00:37:29.35	3:44	16
14	MIOTK MARCIN	443	MIOTK.PL EVEREST MOTYWACJI	WARSZAWA	POL	M 50-59	1	M 13	TAK		BIEGANIE PO 40	00:23:29	00:33:27	00:37:32.90	00:37:35.85	3:45	16
15	WITKOWSKI PAWEŁ	730	WIELISZEW HERON TEAM	ŁĄSKI	POL	M 40-49	3	M 14			WIELISZEW HERON TEAM	00:23:37	00:33:33	00:37:40.70	00:37:44.60	3:46	15.9
16	JUSIŃSKI KRYSZTIAN	247	BRACHTWO BIEGOWE BGK	WARSZAWA	POL	M 30-39	10	M 15			BRACHTWO BIEGOWE BGK	00:23:29	00:33:33	00:37:41.90	00:37:45.65	3:46	15.9
17	KRZEMPEK ALEKSANDER	345	BIEGANIE PO 40	WARSZAWA	POL	M 50-59	2	M 16			BIEGANIE PO 40	00:23:27	00:33:43	00:37:48.35	00:37:50.55	3:46	15.9
18	SOBCZYK GRZEGORZ	607	KOZIENICKI BIEGACZ	KOZIENICE	POL	M 30-39	11	M 17		TAK	KOZIENICKI BIEGACZ	00:23:31	00:33:41	00:37:53.60	00:38:00.20	3:47	15.8
19	PLUTA DANIEL	521	TEAM PLUTTÓW	PIASTÓW	POL	M 30-39	12	M 18				00:23:34	00:33:29	00:38:01.45	00:38:04.30	3:48	15.8

**BIEG PRZEZ MOST , OPEN c.d.**

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20	DZIĘGIELEWSKI RAFAŁ	849	KB WYSZKÓW	WYSZKÓW	POL	M 40-49	4	M 19				00:23:36	00:33:55	00:38:04.10	00:38:07.50	3:48	15.8
21	MARCINISZYN GRZEGORZ	813	DUCLA ACADEMY	WARSZAWA	POL	M 30-39	13	M 20				00:23:59	00:33:58	00:38:02.80	00:38:08.35	3:48	15.8
22	VEREMCHUK YULIA	696	TEAMOCHAL#BIGA M BO LUBIĘ	WARSZAWA	UKR	K 30-39	1	K 2				00:23:58	00:34:09	00:38:08.35	00:38:11.65	3:48	15.7
23	BAK JAREK	28	WIELISZEW HERON TEAM	STAROŁIPINY	POL	M 40-49	5	M 21			WIELISZEW HERON TEAM	00:24:02	00:34:02	00:38:06.00	00:38:13.75	3:48	15.7
24	GRACZYK KAROLINA	183	DĄBROWSKI TEAM	KUTNO	POL	K 30-39	2	K 3				00:23:58	00:34:02	00:38:14.25	00:38:18.65	3:49	15.7
25	KLAŚ ŁUKASZ	279	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 40-49	6	M 22	TAK			00:23:47	00:34:09	00:38:22.50	00:38:25.15	3:50	15.6
26	KUPA BARTOSZ	356	KLUB BIEGACZY JYSK	SŁUPNO	POL	M 30-39	14	M 23				00:23:59	00:34:15	00:38:29.50	00:38:32.75	3:50	15.6
27	GOLONKA PRZEMYSŁAW	172	#KRZYSIOTEAM	CIECIERZYN	POL	M 1-29	2	M 24				00:24:17	00:34:39	00:38:49.00	00:38:53.95	3:52	15.5
28	ŁUKASZUK MICHAŁ	968	LEMIESZ TEAM	WARSZAWA	POL	M 40-49	7	M 25				00:24:16	00:34:39	00:38:52.25	00:38:56.55	3:53	15.4
29	GOZDEK RADEK	177	BIEGANIEPO40.PL	WARSZAWA	POL	M 50-59	3	M 26	TAK		BIEGANIE PO 40	00:24:25	00:34:53	00:39:14.65	00:39:18.10	3:55	15.3
30	ZAWOJSKI MACIEJ	290	AKADEMIA WIOŚLARSKA ZAWOJSKICH	WARSZAWA	POL	M 30-39	15	M 27				00:25:06	00:35:20	00:39:26.40	00:39:31.85	3:56	15.2
31	BIELECKI JAKUB	45	JAKUB BIELECKI	WARSZAWA	POL	M 30-39	16	M 28				00:24:56	00:35:21	00:39:34.10	00:39:38.95	3:57	15.2
32	LEWDOROWICZ WOJCIECH	380	SAM SOBIE KLUBEM	KADY	POL	M 40-49	8	M 29				00:24:41	00:35:19	00:39:37.55	00:39:43.15	3:57	15.1
33	KARPIŃSKI MARCIN	263		WARSZAWA	POL	M 40-49	9	M 30	TAK			00:25:10	00:35:34	00:39:50.05	00:39:56.05	3:59	15.1
34	POTOROKA VITALII	535	ROZBIEGANY PIASTÓW	PRUSZKÓW	UKR	M 1-29	3	M 31			ROZBIEGANY PIASTÓW	00:24:54	00:35:33	00:40:05.05	00:40:10.35	4:00	15
35	LEWANDOWSKI MATEUSZ	379	BKS	NOWY DWÓR MAZO WIECKI	POL	M 1-29	4	M 32			LEWANDOWSCY	00:25:11	00:35:39	00:40:08.90	00:40:14.50	4:00	15
36	GŁOWACKI PAWEŁ	167	WENET RUNNERS TEAM	SEROCK	POL	M 40-49	10	M 33				00:25:30	00:36:03	00:40:13.20	00:40:22.45	4:01	14.9
37	KOŚCIK JAKUB	316	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30-39	18	M 34			ADIDAS RUNNERS WARSAW	00:25:18	00:35:56	00:40:15.65	00:40:22.55	4:01	14.9
38	SIEMIENIAKA MAREK	585	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	17	M 35			BIEGAM NA TARCHOMINIE	00:24:39	00:35:49	00:40:10.55	00:40:48.95	4:01	14.9
39	KUBIAK SŁAWOMIR	349		WARSZAWA	POL	M 40-49	11	M 36	TAK			00:25:30	00:36:24	00:40:54.35	00:41:00.65	4:05	14.7
40	KRASZPULSKA MAGDALENA	809	ŻÓRAWSKI TEAM	WARSZAWA	POL	K 30-39	3	K 4			ŻÓRAWSKI TEAM	00:25:18	00:36:32	00:41:04.25	00:41:07.70	4:06	14.6
41	OLCZAK JANUSZ	474	WARSAW SENIOR RUNNERS TEAM	WARSZAWA	POL	M 50-59	4	M 37				00:25:52	00:36:45	00:41:05.95	00:41:10.80	4:06	14.6
42	TKACZYK ADAM	672		WARSZAWA	POL	M 30-39	19	M 38				00:25:26	00:36:57	00:41:09.65	00:41:13.20	4:06	14.6
43	PAWLAK ANDRZEJ	503		KOMORNICA	POL	M 30-39	20	M 39			WIELISZEW HERON TEAM	00:25:30	00:36:40	00:41:18.05	00:41:23.35	4:07	14.5
44	SZYMAŃSKI ANDRZEJ	657		WARSZAWA	POL	M 40-49	12	M 40	TAK			00:25:36	00:36:43	00:41:19.80	00:41:24.20	4:07	14.5

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45	TROJAN PRZEMYSŁAW	999	ZABIEGANIDOBRO WOLSCY.PL	SKRZ ESZE W	POL	M 30-39	21	M 41				00:25:32	00:36:54	00:41:23.60	00:41:29.75	4:08	14.5
46	CZERWIŃSKA KATARZYNA	106		WARS ZAWA	POL	K 30-39	4	K 5				00:25:38	00:36:45	00:41:26.80	00:41:30.60	4:08	14.5
47	KAROLCZAK ALEKSANDER	262	DECATHLON TARGÓWEK	WARS ZAWA	POL	M 1-29	5	M 42			DECATHLON TARGÓWEK	00:25:31	00:36:41	00:41:26.70	00:41:33.05	4:08	14.5
48	GAWEŁ PIOTR	158		ŁOMI ANKI	POL	M 40-49	13	M 43				00:25:09	00:36:54	00:41:31.70	00:41:38.05	4:09	14.5
49	STYRNIK KRYSZTIAN	633		NAŁĘ CZÓ W	POL	M 1-29	6	M 44				00:27:24	00:37:05	00:41:35.75	00:41:43.15	4:09	14.4
50	LENDZION MARCIN	372	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 1-29	7	M 45		TAK	GRUPA BIEGOWA UM W-WA	00:26:04	00:37:11	00:41:42.80	00:41:50.85	4:10	14.4
51	STASZEWSKI WOJCIECH	622	KS STASZEWSKY	WARS ZAWA	POL	M 50-59	5	M 46		TAK	KS STASZEWSKY	00:26:14	00:37:22	00:41:52.55	00:41:59.65	4:11	14.3
52	HOFFMAN SEBASTIAN	204		ŁOMI ANKI	POL	M 40-49	14	M 47				00:26:23	00:37:28	00:42:00.35	00:42:06.80	4:12	14.3
53	KLOC MACIEJ	283	FALA NIEPORĘT	ARCIE CHÓ W	POL	M 1-29	8	M 48		TAK		00:25:50	00:37:36	00:42:08.60	00:42:17.20	4:12	14.2
54	GALĄŻKA ŁUKASZ	156		CHOT OMÓ W	POL	M 40-49	15	M 49				00:25:40	00:37:19	00:42:13.05	00:42:18.00	4:13	14.2
55	BEREZNOWSKA PATRYCJA	35	WIELISZEW HERON TEAM HOKA POLAND TEAM	WIELI SZEW	POL	K 40-49	2	K 6			WIELISZEW HERON TEAM	00:26:51	00:37:48	00:42:11.85	00:42:19.55	4:13	14.2
56	SĄŁATKA KRZYSZTOF	577		ŁOMI ANKI	POL	M 50-59	6	M 50				00:26:34	00:37:55	00:42:20.90	00:42:27.85	4:14	14.2
57	KACPRZYK ALEX	251	RP RUNNERS	WARS ZAWA	POL	M 50-59	7	M 51				00:26:50	00:37:51	00:42:21.65	00:42:29.35	4:14	14.2
58	MILCZARCZYK DARIUSZ	439	KOZIENICKI BIEGACZ	KOZIE NICE	POL	M 30-39	22	M 52			KOZIENICKI BIEGACZ	00:26:21	00:37:45	00:42:20.95	00:42:29.45	4:14	14.2
59	PASZKOWSKA MARCELINA	501	ZDROWA MICHA	WARS ZAWA	POL	K 30-39	5	K 7			BIEGANIE PO 40	00:26:33	00:37:50	00:42:22.60	00:42:30.05	4:14	14.2
60	MACIEJEWSKI MICHAŁ	956	#ZALINIAMIETYTEAM	PRUS ZKÓW	POL	M 40-49	16	M 53						00:42:33.00	00:42:33.00	4:15	14.1
61	SKUZA MACIEJ	602		WARS ZAWA	POL	M 40-49	17	M 54				00:26:22	00:37:55	00:42:33.90	00:42:39.75	4:15	14.1
62	WASIELEWSKI MAREK	708		WARS ZAWA	POL	M 30-39	23	M 55		TAK		00:26:15	00:37:49	00:42:35.50	00:42:42.75	4:15	14.1
63	FALANDYSZ JANUSZ	138	WPRRUNNING PRUSZKÓW	PRUS ZKÓW	POL	M 60+	1	M 56				00:26:31	00:38:17	00:42:34.70	00:42:44.60	4:15	14.1
64	KOWAL TOMASZ	319	ROZBIEGANY PIASTÓW	PRUS ZKÓW	POL	M 40-49	19	M 57			ROZBIEGANY PIASTÓW	00:26:48	00:38:25	00:43:06.75	00:43:11.80	4:18	13.9
65	MIECZKOWSKI ROBERT	433	ROZBIEGANY PIASTÓW	PRUS ZKÓW	POL	M 40-49	18	M 58			ROZBIEGANY PIASTÓW	00:26:59	00:38:30	00:43:03.75	00:43:11.80	4:18	13.9
66	ZGODA MATEUSZ	773	NAPRZÓD MŁOCINY	WARS ZAWA	POL	M 30-39	24	M 59		TAK		00:27:20	00:38:32	00:43:06.25	00:43:15.75	4:18	13.9
67	KRÓL MACIEJ	338	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	20	M 60			BIEGAM NA TARCHOMINIE	00:26:23	00:38:27	00:43:09.15	00:43:16.05	4:18	13.9
68	CZARNECKI PIOTR	101	TARCHOŚFIRY	WARS ZAWA	POL	M 40-49	21	M 61		TAK	TARCHOŚFIRY	00:26:51	00:38:33	00:43:12.35	00:43:20.65	4:19	13.9
69	FLAGA BARTŁOMIEJ	796		WARS ZAWA	POL	M 30-39	27	M 62				00:26:08	00:38:27	00:43:16.80	00:43:21.55	4:19	13.9
70	DENERT MARIUSZ	113	WAT	WARS ZAWA	POL	M 30-39	26	M 63				00:27:03	00:38:31	00:43:16.15	00:43:26.05	4:19	13.9

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71	ZALEWSKI PAWEŁ	985	ROPUCH	SKRZESZE W	POL	M 40-49	22	M 64				00:26:47	00:38:31	00:43:12.95	00:43:36.85	4:19	13.9
72	ŚCIBIOREK BARTOSZ	663		WARSZAWA	POL	M 30-39	25	M 65				00:26:19	00:38:35	00:43:11.70	00:43:48.15	4:19	13.9
73	UMIASTOWSKI BARTOSZ	691		NOWY DWÓR MAZO WIEC KI	POL	M 1-29	9	M 66				00:27:18	00:38:52	00:43:36.25	00:43:48.95	4:21	13.8
74	MAJEWSKA EWA	407		WARSZAWA	POL	K 40-49	3	K 8			BIEGANIE PO 40	00:27:05	00:38:54	00:43:50.50	00:43:59.80	4:23	13.7
75	CZERWIEC ANDRZEJ	965	MARKOWI BIEGACZE	MARKI	POL	M 40-49	23	M 67	TAK		MARKOWI BIEGACZE	00:27:12	00:39:03	00:44:00.60	00:44:10.00	4:24	13.6
76	GALIŃSKI SEBASTIAN	155		CHOTOMÓW	POL	M 30-39	28	M 68				00:26:58	00:39:25	00:44:25.40	00:44:33.10	4:26	13.5
77	SIEDLECKI ŁUKASZ	583	BIEGANIE PO 40	WARSZAWA	POL	M 30-39	29	M 69			BIEGANIE PO 40	00:27:16	00:39:23	00:44:31.10	00:44:39.55	4:27	13.5
78	ŁUKASZEWSKI KAMIL	399		RADOMSKO	POL	M 1-29	10	M 70				00:27:43	00:39:49	00:44:30.05	00:44:40.95	4:27	13.5
79	JASKÓŁOWSKI WALDEMAR	232	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 50-59	8	M 71	TAK		BIEGAJ POD OKIEM TRENERA	00:27:41	00:39:41	00:44:32.55	00:44:42.25	4:27	13.5
80	BERNACKI WIKTOR	37	DOCHODOWYMARKETING.PL	ZAWIERCIE	POL	M 1-29	11	M 72				00:27:50	00:39:52	00:44:34.40	00:44:43.30	4:27	13.5
81	GRULA DOMINIKA	187	KUŹNIA TRIATHLONU	WARSZAWA	POL	K 30-39	6	K 9				00:27:36	00:39:32	00:44:34.85	00:44:45.30	4:27	13.5
82	KLAPENDA MARIUSZ	278	MARIO TEAM	ŁĘCZYCA	POL	M 40-49	24	M 73				00:27:53	00:39:54	00:44:40.60	00:44:48.15	4:28	13.4
83	TOMCZAK JOANNA	678		WARSZAWA	POL	K 30-39	7	K 10				00:28:21	00:40:00	00:44:50.35	00:45:02.75	4:29	13.4
84	TOBOŁA PAWEŁ	673	AKS POLONIA WARSZAWA	WARSZAWA	POL	M 40-49	28	M 74				00:27:32	00:40:07	00:45:00.00	00:45:06.25	4:30	13.3
85	FABISIAK MARCIN	135	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40-49	26	M 75				00:28:15	00:40:14	00:44:56.30	00:45:07.65	4:29	13.4
86	BONAREK PAWEŁ	59		PIOTRKÓW TRYBUNALSKI	POL	M 40-49	27	M 76				00:27:38	00:40:02	00:44:58.20	00:45:09.45	4:29	13.3
87	SUŁKOWSKI TOMASZ	639		WARSZAWA	POL	M 40-49	25	M 77				00:28:20	00:40:05	00:44:53.70	00:45:10.55	4:29	13.4
88	MANCZENKO EUGENIUSZ	812	LEŚNE SZYCHY	WARSZAWA	POL	M 40-49	29	M 78				00:28:18	00:39:59	00:45:00.25	00:45:15.30	4:30	13.3
89	TYMOLEWSKI GRZEGORZ	689		WARSZAWA	POL	M 1-29	12	M 79	TAK			00:28:27	00:40:39	00:45:11.25	00:45:17.80	4:31	13.3
90	WICENTY PAWEŁ	715	DECATHLON TARGÓWEK	WARSZAWA	POL	M 30-39	30	M 80	TAK		DECATHLON TARGÓWEK	00:28:19	00:40:23	00:45:01.35	00:45:18.10	4:30	13.3
91	HALAT ANDRZEJ	198	POSMAKUJ RUN TEAM	WARSZAWA	POL	M 40-49	31	M 81				00:28:32	00:40:23	00:45:05.70	00:45:18.65	4:30	13.3
92	WNUK TOMASZ	735	NAPRZÓD MŁOCINY	WARSZAWA	POL	M 40-49	30	M 82				00:28:18	00:40:01	00:45:05.60	00:45:20.35	4:30	13.3
93	WYGONOWSKI JACEK	755	DZIKUR CREW	WARSZAWA	POL	M 50-59	9	M 83	TAK			00:28:24	00:40:00	00:44:47.25	00:45:24.20	4:28	13.4
94	GIEGIEL ŁUKASZ	163		WARSZAWA	POL	M 30-39	31	M 84				00:28:15	00:40:13	00:45:15.05	00:45:30.40	4:31	13.3

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
95	MACHALSKI MATEUSZ	402	ASP HOOLIGANS	WARS ZAWA	POL	M 30-39	33	M 85				00:28:46	00:40:42	00:45:22.65	00:45:33.60	4:32	13.2
96	SKAWSKI JAN	599	VEGAS WĘGORZEWO RUNNING	WARS ZAWA	POL	M 40-49	33	M 86				00:28:14	00:40:43	00:45:28.85	00:45:37.00	4:32	13.2
97	MICHNOWSKI SEBASTIAN	432	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	32	M 87	TAK		BIEGAM NA TARCHOMINIE	00:28:01	00:40:23	00:45:24.60	00:45:38.40	4:32	13.2
98	GUMUŁA JAKUB	193		WARS ZAWA	POL	M 30-39	32	M 88				00:28:18	00:40:31	00:45:17.70	00:45:40.70	4:31	13.2
99	RĘDZIŃSKA GOSIA	559	ROZBIEGANY PIASTÓW	PIAST ÓW	POL	K 40-49	4	K 11			ROZBIEGANY PIASTÓW	00:28:11	00:40:40	00:45:43.45	00:45:53.95	4:34	13.1
100	BEKKER PIOTR	32		WARS ZAWA	POL	M 40-49	34	M 89				00:28:26	00:40:40	00:45:32.90	00:45:56.05	4:33	13.2
101	ZIELINSKI KRZYSZTOF	775		WARS ZAWA	POL	M 40-49	35	M 90				00:28:18	00:40:47	00:45:46.85	00:46:04.05	4:34	13.1
102	CHOŁUJ ANNA	85	KOZIENICKI BIEGACZ	KOZIE NICE	POL	K 30-39	8	K 12			KOZIENICKI BIEGACZ	00:28:20	00:40:26	00:45:49.45	00:46:02.80	4:34	13.1
103	KOŁODZIEJ MIROSŁAW	297	WOLNY KRAFT - WYBIEGAJ BROWARKA	WARS ZAWA	POL	M 30-39	34	M 91				00:28:16	00:40:48	00:45:54.95	00:45:59.60	4:35	13.1
104	KOSTRZEWA MICHAŁ	315	GRUPA BIEGOWA UM WARSZAWA	WARS ZAWA	POL	M 30-39	35	M 92		TAK	GRUPA BIEGOWA UM W-WA	00:28:30	00:41:16	00:46:00.85	00:46:07.95	4:36	13
105	BAZHKO VIACHASLAU	26		WARS ZAWA	BLR	M 30-39	36	M 93	ДА			00:28:13	00:41:02	00:46:01.30	00:46:45.45	4:36	13
106	JANISZEWSKI RAFAŁ	220	BRAVEHEARTS LEGIONOWO	LEGIO NOW O	POL	M 30-39	37	M 94			BRAVEHEARTS LEGIONOWO	00:28:31	00:41:04	00:46:09.15	00:46:21.90	4:36	13
107	KORYCKI SZYMON	308		WARS AW	POL	M 30-39	38	M 95				00:28:19	00:41:02	00:46:10.25	00:46:27.10	4:37	13
108	GŁĘBOCKI MACIEJ	166	FIZJOTERAPIA MACIEJ GŁĘBOCKI	WARS ZAWA	POL	M 30-39	39	M 96			BIEGAJ POD OKIEM TRENERA	00:28:20	00:41:16	00:46:14.40	00:46:28.05	4:37	13
109	KOBYLEC ARTUR	292		WARS ZAWA	POL	M 40-49	36	M 97	TAK			00:28:18	00:41:06	00:46:15.25	00:46:27.25	4:37	13
110	WUDARCZYK TOMASZ	754	MAZOVIA PROACTIV CIECHANÓW	WŁAD YŚŁA WOW O	POL	M 60+	2	M 98				00:28:35	00:41:17	00:46:16.35	00:46:27.70	4:37	13
111	ŚMIETAŁO DAWID	994		WARS ZAWA	POL	M 30-39	40	M 99	TAK			00:28:36	00:41:32	00:46:19.15	00:46:35.25	4:37	13
112	SIEGIEDA MICHAŁ	584	ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	M 30-39	41	M 100	TAK		ADIDAS RUNNERS WARSAW	00:28:12	00:41:02	00:46:21.90	00:46:28.75	4:38	12.9
113	STRZELECKI PIOTR	632		WARS ZAWA	POL	M 40-49	37	M 101			MARKOWI BIEGACZE	00:28:46	00:41:17	00:46:21.90	00:46:31.75	4:38	12.9
114	ZALEWSKA ANNA	763	GRUPA BIEGOWA CHTMO	SKRZ ESZE W	POL	K 30-39	9	K 13			GRUPA BIEGOWA CHTMO	00:28:45	00:41:21	00:46:23.00	00:46:32.05	4:38	12.9
115	SOBOCIŃSKI MICHAŁ	609	PLAY	WARS ZAWA	POL	M 40-49	38	M 102	TAK			00:29:45	00:41:38	00:46:25.20	00:47:33.75	4:38	12.9
116	JAKUBOWSKI DARIUSZ	218		WARS ZAWA	POL	M 50-59	10	M 103				00:28:58	00:41:51	00:46:25.55	00:47:13.95	4:38	12.9
117	ZACHOSZCZ MACIEJ	757	DECATHLON TARGÓWEK	WARS ZAWA	POL	M 30-39	42	M 104			DECATHLON TARGÓWEK	00:28:37	00:41:10	00:46:29.50	00:46:47.60	4:38	12.9
118	GRYSZPANOWICZ PIOTR	190		WARS ZAWA	POL	M 40-49	39	M 105	TAK			00:29:00	00:41:25	00:46:36.35	00:46:54.65	4:39	12.9
119	CHRUŚCIEL BEATA	976		MIĘD ZYRZ EC PODL ASKI	POL	K 30-39	10	K 14				00:29:01	00:41:36	00:46:39.50	00:46:55.75	4:39	12.9

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
120	DYBA MATEUSZ	794		TENCZYNEK	POL	M 1-29	13	M 106				00:28:28	00:41:32	00:46:42.10	00:46:56.60	4:40	12.8
121	KURZEP SZYMON	359		STĘŻYCA	POL	M 30-39	43	M 107				00:29:18	00:41:46	00:46:42.85	00:47:39.70	4:40	12.8
122	DRZYMAŁA KRZYSZTOF	127		WARSZAWA	POL	M 30-39	44	M 108				00:28:56	00:41:40	00:46:43.25	00:46:55.35	4:40	12.8
123	KĘDZIOREK RAFAŁ	274	TEAM ZABIEGANEDNI / STRAŻ	WIĄZOWNA	POL	M 30-39	45	M 109				00:28:44	00:41:33	00:46:50.75	00:47:04.85	4:41	12.8
124	NOWOCIEŃ JACEK	467	UCZNIOWSKI KLUB SPORTOWY RUSIEC	PODKOŚCIE	POL	M 60+	3	M 110				00:29:37	00:42:00	00:46:56.45	00:47:06.35	4:41	12.8
125	CZERNECKI WOJCIECH	105		WROCŁAW	POL	M 40-49	40	M 111				00:28:25	00:41:29	00:47:01.75	00:47:05.60	4:42	12.8
126	PLECHA GRZEGORZ	524	TZF	STRZEŚKOWICE	POL	M 50-59	11	M 112				00:28:22	00:41:51	00:47:07.80	00:47:17.85	4:42	12.7
127	JASZCZERSKA GRAŻYNA	233		WARSZAWA	POL	K 50-59	1	K 15	TAK			00:29:32	00:42:04	00:47:09.40	00:47:24.95	4:42	12.7
128	KRUKOWSKI DAWID	341	22. OŚRODEK DOWODZENIA I NAPROWADZANIA	ŁOCHOWO	POL	M 30-39	46	M 113				00:28:32	00:41:53	00:47:10.50	00:47:19.20	4:43	12.7
129	SELMOWICZ-ŻUK EMILIA	580	PASSION FIRST	WARSZAWA	POL	K 30-39	11	K 16		TAK		00:29:41	00:42:11	00:47:10.95	00:47:28.85	4:43	12.7
130	TOMASEK ROBERT	979		WARSZAWA	POL	M 40-49	41	M 114				00:28:55	00:42:05	00:47:14.15	00:47:18.60	4:43	12.7
131	DANIEL KRZYSZTOF	848	KAZIKI	WARSZAWA	POL	M 40-49	42	M 115				00:28:52	00:41:58	00:47:14.75	00:47:27.65	4:43	12.7
132	TELATYŃSKI MICHAŁ	670		WARSZAWA	POL	M 30-39	47	M 116				00:29:45	00:42:20	00:47:24.10	00:48:01.75	4:44	12.7
133	STREMPLEWSKI PIOTR	627	RCI WARSZAWA	LEGIONOWO	POL	M 40-49	43	M 117				00:30:38	00:42:40	00:47:25.70	00:48:44.65	4:44	12.7
134	BIENIAK KRZYSZTOF	47	TARCHOMIN TRIATHLON TEAM	WARSZAWA	POL	M 50-59	12	M 118			TRIATHLON TARCHOMIN TEAM	00:30:32	00:42:38	00:47:27.50	00:47:55.55	4:44	12.6
135	TULIK PRZEMYSŁAW	688		WARSZAWA	POL	M 50-59	13	M 119				00:29:59	00:42:21	00:47:28.10	00:48:09.35	4:44	12.6
136	DOMŻAŁSKI ARTUR	122		WARSZAWA	POL	M 40-49	44	M 120	TAK			00:30:10	00:42:31	00:47:31.75	00:47:53.20	4:45	12.6
137	ZAJĄC DARIA	761		WARSZAWA	POL	K 30-39	12	K 17				00:29:19	00:42:20	00:47:32.55	00:47:41.85	4:45	12.6
138	PASTUKHOV VASYL	500		WARSZAWA	UKR	M 30-39	48	M 121						00:47:38.65	00:47:38.65	4:45	12.6
139	OWOC TOMASZ	493	PKO BANK POLSKI / ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 50-59	14	M 122			ADIDAS RUNNERS WARSAW	00:29:48	00:42:38	00:47:38.70	00:48:00.55	4:45	12.6
140	CHOTOMSKI MARCIN	87		LEGIONOWO	POL	M 30-39	49	M 123				00:30:05		00:47:38.70	00:47:43.95	4:45	12.6
141	SKWARCZ PAWEŁ	603		WARSZAWA	POL	M 30-39	50	M 124	TAK			00:32:35	00:41:47	00:47:42.35	00:47:51.25	4:46	12.6
142	PRĘDOTA KRZYSZTOF	537	TARCHOMIN TRIATHLON TEAM	WARSZAWA	POL	M 50-59	15	M 125	TAK		TRIATHLON TARCHOMIN TEAM	00:29:38	00:42:28	00:47:42.75	00:47:54.85	4:46	12.6

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
143	KACPRZYK PAWEŁ	250	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	45	M 126	TAK		BIEGAM NA TARCHOMINIE	00:30:08	00:42:42	00:47:52.95	00:48:15.00	4:47	12.5
144	TOMASZEWSKI MAREK	677	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	46	M 127	TAK		BIEGAM NA TARCHOMINIE	00:29:34	00:42:30	00:47:53.35	00:48:10.90	4:47	12.5
145	ŻEGOCCI EMILIAN	782		POMI ECHÓ WEK	POL	M 1-29	14	M 128				00:30:00	00:42:38	00:47:54.30	00:49:09.90	4:47	12.5
146	PRUSZYŃSKI EDWARD	540	KB OŻARÓW MAZOWIECKI BIEGA	OŻARÓW MAZOWIECKI	POL	M 50-59	16	M 129			KB OŻARÓW MAZOWIECKI BIEGA	00:29:21	00:42:36	00:47:56.00	00:48:11.95	4:47	12.5
147	STRAWSKI MARCIN	626	OBIEGUWKA	WARS ZAWA	POL	M 40-49	47	M 130	TAK			00:31:30	00:43:01	00:48:01.05	00:48:42.90	4:48	12.5
148	PLUTA IRENEUSZ	520		WARS ZAWA	POL	M 60+	4	M 131				00:29:56	00:42:40	00:48:01.45	00:48:18.70	4:48	12.5
149	PACZKOWSKI OSKAR	496	BIEGIEM DO AGD SEROCK	JADWISIN	POL	M 30-39	51	M 132				00:29:53	00:42:43	00:48:01.85	00:48:41.65	4:48	12.5
150	WIKTOROWICZ BARTŁOMIEJ	722	PAŃSTWOWA STRAŻ POŻARNA LEGIONOWO	BENIAMINÓW	POL	M 30-39	52	M 133				00:30:10	00:43:14	00:48:04.25	00:48:06.75	4:48	12.5
151	CHĘC TOMASZ	78		WARS ZAWA	POL	M 30-39	53	M 134				00:29:51	00:42:55	00:48:06.15	00:48:26.80	4:48	12.5
152	BAK ŁUKASZ	27	BIEGIEM DO AGD SEROCK	WARS ZAWA	POL	M 40-49	48	M 135	YES			00:30:04	00:42:50	00:48:07.00	00:48:45.90	4:48	12.5
153	WALCZAK ARTUR	700	PGNIG TERMIKA SA	WARS ZAWA	POL	M 30-39	54	M 136			PGNIG TERMIKA SA	00:30:16	00:43:08	00:48:07.75	00:48:07.75	4:48	12.5
154	NIECKARZ JUSTYNA	988		WARS ZAWA	POL	K 30-39	13	K 18	TAK			00:29:45	00:43:04	00:48:12.65	00:48:52.30	4:49	12.4
155	KOWALSKI ROBERT	327	NBRC	WARS ZAWA	POL	M 60+	5	M 137				00:28:46	00:41:59	00:48:14.30	00:48:31.50	4:49	12.4
156	RADZISZEWSKI GRZEGORZ	555		WARS ZAWA	POL	M 40-49	49	M 138				00:29:57	00:43:07	00:48:16.75	00:48:32.50	4:49	12.4
157	WEREDA PAWEŁ	711		WARS ZAWA	POL	M 50-59	17	M 139				00:29:26	00:42:44	00:48:17.00	00:48:35.30	4:49	12.4
158	ZAWROTNY MARIUSZ	771		WARS ZAWA	POL	M 30-39	55	M 140	TAK			00:29:55	00:42:57	00:48:17.10	00:48:22.35	4:49	12.4
159	SOBOTA ARTUR	611	DECOARTY.PL	WARS ZAWA	POL	M 40-49	50	M 141				00:30:05	00:42:58	00:48:18.65	00:48:41.50	4:49	12.4
160	DĄBROWSKA MAGDALENA	110		WARS ZAWA	POL	K 1-29	1	K 19				00:30:51	00:43:21	00:48:22.00	00:48:36.25	4:50	12.4
161	PIETRASZEK JACEK	509		SULÓW	POL	M 1-29	15	M 142	TAK			00:30:41	00:43:24	00:48:23.35	00:48:46.05	4:50	12.4
162	KLUJ BOGUSŁAW	285	BIEGAM DLA SANDRY I ROBERTA	ZAKRĘT	POL	M 60+	6	M 143				00:30:21	00:43:12	00:48:26.85	00:49:11.45	4:50	12.4
163	SZEWCIK JACEK	649		WARS ZAWA	POL	M 40-49	51	M 144	TAK			00:29:51	00:42:51	00:48:30.50	00:48:51.15	4:51	12.4
164	JASKÓLSKI MARCIN	231	GRUPA BIEGOWA CHTMO	JABŁONNA	POL	M 40-49	52	M 145			GRUPA BIEGOWA CHTMO	00:30:03	00:43:22	00:48:35.55	00:48:56.40	4:51	12.3
165	MAĆKOWIAK MATEUSZ	405		WARS ZAWA	POL	M 1-29	16	M 146		TAK		00:29:26	00:43:05	00:48:36.25	00:48:39.05	4:51	12.3
166	PODSADNI-KRYSIK PAULINA	528	EKOBIEGI	WARS ZAWA	POL	K 30-39	14	K 20	TAK			00:30:19	00:43:25	00:48:38.35	00:48:54.10	4:51	12.3
167	KONIECKI TOMASZ	301		WARS ZAWA	POL	M 50-59	18	M 147	TAK			00:30:12	00:43:14	00:48:38.45	00:48:58.70	4:51	12.3
168	NOWOMIEJSKI MARCIN	468	PROGRES	WARS ZAWA	POL	M 40-49	53	M 148				00:30:54	00:43:32	00:48:42.65	00:49:13.90	4:52	12.3

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
169	KOWALIKOWSKA RENATA	324	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	5	K 21	TAK		BIEGAM NA TARCHOMINIE	00:30:07	00:43:16	00:48:42.90	00:48:59.15	4:52	12.3
170	KASKA DAMIAN	265	ZGLECHÓW RUNNERS	SIENN ICA	POL	M 1-29	17	M 149			ZGLECHÓW RUNNERS	00:30:46	00:43:34	00:48:44.35	00:50:02.15	4:52	12.3
171	JEŻEWSKI TOMASZ	240		WARS ZAWA	POL	M 30-39	56	M 150				00:30:22	00:43:31	00:48:46.30	00:49:27.45	4:52	12.3
172	WOLSKI PAWEŁ	841		WARS ZAWA	POL	M 1-29	18	M 151	TAK			00:30:39	00:43:27	00:48:46.50	00:49:17.75	4:52	12.3
173	KULIGOWSKI ADRIAN	353		RADZ YMIN	POL	M 1-29	19	M 152				00:30:40	00:43:37	00:48:46.95	00:50:36.30	4:52	12.3
174	CLAJOT FABIAN	98		OLSZ TYN	POL	M 30-39	57	M 153				00:31:00	00:43:54	00:48:53.20	00:49:22.65	4:53	12.3
175	ŁASZEK RAFAŁ	1000	LZL	WARS ZAWA	POL	M 50-59	19	M 154				00:30:31		00:48:53.60	00:49:12.35	4:53	12.3
176	WITZKE ARTUR	732		LEGIO NOWO	POL	M 40-49	54	M 155				00:30:39	00:43:43	00:48:54.95	00:49:37.90	4:53	12.3
177	RADECKI MICHAŁ	553		WARS ZAWA	POL	M 30-39	58	M 156				00:30:32	00:43:39	00:48:58.30	00:50:01.45	4:53	12.3
178	BĘBAS PAWEŁ	39		WARS ZAWA	POL	M 1-29	20	M 157	TAK			00:31:03	00:43:54	00:49:00.90	00:49:31.75	4:54	12.2
179	MORAWSKI MARIUSZ	445	BIEGAJ POD OKIEM TRENERA	NOWY DWÓR MAZO WIEC KI	POL	M 1-29	21	M 158			BIEGAJ POD OKIEM TRENERA	00:29:51	00:43:16	00:49:01.60	00:49:21.65	4:54	12.2
180	KONIECZKA KAMIL	302	EBE EBE	WARS ZAWA	POL	M 1-29	22	M 159	TAK			00:31:24	00:44:21	00:49:04.95	00:49:34.05	4:54	12.2
181	KALINOWSKI KAMIL	256		WARS ZAWA	POL	M 30-39	59	M 160	TAK			00:31:03	00:43:57	00:49:06.25	00:49:33.10	4:54	12.2
182	WELO EWELINA	710	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	K 30-39	15	K 22	TAK		BIEGAJ POD OKIEM TRENERA	00:30:10	00:43:35	00:49:07.60	00:49:16.95	4:54	12.2
183	CHODNIEWICZ MICHAŁ	81		WARS ZAWA	POL	M 40-49	55	M 161	TAK			00:30:38	00:43:31	00:49:07.75	00:49:28.50	4:54	12.2
184	KACPRZAK RAFAŁ	249		WARS ZAWA	POL	M 40-49	56	M 162				00:30:09	00:43:32	00:49:09.60	00:49:30.20	4:54	12.2
185	KRAJEWSKI KONRAD	331	MARKOWI BIEGACZE	WARS ZAWA	POL	M 40-49	57	M 163				00:30:38	00:44:06	00:49:10.25	00:49:25.65	4:55	12.2
186	SENATOR ARTUR	774		WARS ZAWA	POL	M 30-39	60	M 164				00:30:17	00:43:38	00:49:10.50	00:49:31.15	4:55	12.2
187	JAKUBISIAK RENATA	216	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	6	K 23	TAK		BIEGAM NA TARCHOMINIE	00:30:29	00:43:37	00:49:13.15	00:49:57.15	4:55	12.2
188	KULCZYCKI PAWEŁ	352		WARS ZAWA	POL	M 1-29	23	M 165	TAK			00:29:50	00:43:43	00:49:13.70	00:49:29.75	4:55	12.2
189	SUWAŁA KATARZYNA	847		WARS ZAWA	POL	K 30-39	16	K 24			ADIDAS RUNNERS WARSAW	00:30:51	00:43:59	00:49:13.70	00:49:37.00	4:55	12.2
190	CICHOCKI ZBIGNIEW	92		WARS ZAWA	POL	M 50-59	20	M 166	TAK			00:30:12	00:43:48	00:49:17.20	00:49:54.85	4:55	12.2
191	RZYMOWSKA KRYSZYNA	575		WARS ZAWA	POL	K 50-59	2	K 25				00:30:40	00:44:01	00:49:17.50	00:49:38.55	4:55	12.2
192	OSTAŁOWSKI PAWEŁ	817		WARS ZAWA	POL	M 30-39	61	M 167	TAK			00:31:24	00:44:18	00:49:21.40	00:49:51.40	4:56	12.2
193	ŻEBROWSKI WIKTOR	781		MARK I	POL	M 1-29	24	M 168		TAK		00:30:20	00:44:09	00:49:24.35	00:49:38.45	4:56	12.1
194	SILCZAK BARTOSZ	594	BRACTWO BIEGOWE BGK	WARS ZAWA	POL	M 30-39	62	M 169			BRACTWO BIEGOWE BGK	00:30:09	00:43:14	00:49:26.80	00:50:26.80	4:56	12.1



**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
195	JAGODA GRZEGORZ	213	GRUPA BIEGOWA CHTMO	LEGIO NOWO	POL	M 40-49	58	M 170			GRUPA BIEGOWA CHTMO	00:31:01	00:44:16	00:49:26.90	00:49:59.85	4:56	12.1
196	NAZIMEK MARIUSZ	457	PRZYBYSZE Z MATPLANETY	WARSZAWA	POL	M 40-49	59	M 171				00:31:04	00:44:13	00:49:26.95	00:50:10.60	4:56	12.1
197	LEŚ TOMASZ	374	TARCHOMIN TRIATHLON TEAM	WARSZAWA	POL	M 30-39	63	M 172	TAK		TRIATHLON TARCHOMIN TEAM	00:31:09	00:44:18	00:49:28.80	00:49:53.15	4:56	12.1
198	PYTEL PIOTR	990		WARSZAWA	POL	M 1-29	25	M 173				00:30:15	00:44:16	00:49:29.45	00:49:51.10	4:56	12.1
199	MISIAK ANNA	814	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 30-39	17	K 26				00:31:01	00:44:07	00:49:30.10	00:49:59.85	4:57	12.1
200	KOSIERADZKI MICHAŁ	961	MASTERS DOJO	WARSZAWA	POL	M 1-29	26	M 174	TAK			00:31:23	00:44:18	00:49:34.70	00:50:07.05	4:57	12.1
201	PROCHOWICZ KAROL	539		WARSZAWA	POL	M 30-39	64	M 175				00:31:06	00:44:17	00:49:34.95	00:49:54.35	4:57	12.1
202	ŁACIŃSKI PRZEMYSŁAW	389	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 30-39	65	M 176			BIEGAJ POD OKIEM TRENERA	00:31:32	00:44:24	00:49:39.85	00:50:13.45	4:57	12.1
203	LENDZION JAROSŁAW	371	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40-49	60	M 177	TAK		GRUPA BIEGOWA UM W-WA	00:31:36	00:44:29	00:49:40.00	00:50:06.35	4:58	12.1
204	MAZUR EMILIA	425		KOCZ ARGISTAR E	POL	K 30-39	18	K 27				00:29:55	00:44:02	00:49:41.15	00:49:51.30	4:58	12.1
205	SPRENGEL PIOTR	833	WSEWS/UKS MTE	MILAN ÓWEK	POL	M 30-39	66	M 178				00:30:08	00:44:03	00:49:45.70	00:50:01.05	4:58	12.1
206	FLONT AGNIESZKA	144	DECATHLON TARGÓWEK	GARWOLIN	POL	K 30-39	19	K 28			DECATHLON TARGÓWEK	00:30:20	00:44:11	00:49:46.05	00:50:03.70	4:58	12.1
207	PLAWIAK WOJCIECH	522		WARSZAWA	POL	M 30-39	67	M 179				00:30:59	00:44:31	00:49:46.55	00:50:04.10	4:58	12.1
208	ŚCIBIOR GRZEGORZ	662		WARSZAWA	POL	M 30-39	68	M 180	TAK			00:30:36	00:43:50	00:49:46.95	00:51:02.55	4:58	12.1
209	MŁYNARCZYK PIOTR	444	EZA	WARSZAWA	POL	M 50-59	21	M 181				00:31:36	00:44:40	00:49:47.25	00:50:19.40	4:58	12.1
210	ARAŻNY ZBIGNIEW	19	TRIATHLON TARCHOMIN TEAM	WARSZAWA	POL	M 50-59	22	M 182	TAK		TRIATHLON TARCHOMIN TEAM	00:31:00	00:44:01	00:49:48.50	00:50:16.85	4:58	12
211	KERNER MARCIN	272		WARSZAWA	POL	M 40-49	61	M 183	TAK			00:31:35	00:44:22	00:49:48.80	00:50:29.05	4:58	12
212	RUTKOWSKI MICHAŁ	571	AKTYWNA WARSZAWA	WARSZAWA	POL	M 40-49	62	M 184				00:31:15	00:44:27	00:49:48.85	00:50:13.05	4:58	12
213	GIERAK KRIS	164		WARSZAWA	POL	M 40-49	63	M 185	TAK			00:31:26	00:44:20	00:49:49.70	00:50:17.90	4:58	12
214	SUCHECKI PRZEMYSŁAW	635	KS POMORSKA	LEGIO NOWO	POL	M 40-49	64	M 186				00:31:38	00:44:44	00:49:52.85	00:51:01.70	4:59	12
215	DE STEFANO JAKUB	793	SPORTOWA WARSZAWA	WARSZAWA	POL	M 1-29	27	M 187				00:30:04	00:44:13	00:49:54.35	00:50:15.25	4:59	12
216	CICHOŃSKA ELŻBIETA	93		WARSZAWA	POL	K 50-59	3	K 29	TAK			00:31:29	00:44:30	00:49:55.10	00:50:27.95	4:59	12
217	MIODUSZEWSKI MARCIN	442	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40-49	65	M 188		TAK	GRUPA BIEGOWA UM W-WA	00:31:38	00:44:27	00:49:55.55	00:51:33.20	4:59	12
218	KWIATKOWSKI TOMASZ	364	AKTYWNA WARSZAWA	WARSZAWA	POL	M 40-49	66	M 189				00:31:11	00:44:36	00:49:56.45	00:50:18.85	4:59	12
219	AHEICHYK VOLHA	15		WARSZAWA	POL	K 30-39	20	K 30	TAK			00:30:48	00:44:30	00:49:56.80	00:50:35.15	4:59	12
220	KAKOLECKI MICHAŁ	255	THE LUZERS	WARSZAWA	POL	M 50-59	23	M 190	TAK			00:30:14	00:44:15	00:50:01.60	00:50:22.05	5:00	12

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
221	GÓRZYŃSKA PATRYCJA	181	BIEGAM NA BIAŁOLEĘCE	WARS ZAWA	POL	K 40-49	7	K 31	TAK			00:31:05	00:44:34	00:50:02.10	00:50:26.75	5:00	12
222	RUDNIK KATARZYNA	958	KB PACE WARSZAWA	WARS ZAWA	POL	K 40-49	8	K 32				00:31:12	00:44:37	00:50:02.65	00:50:24.90	5:00	12
223	MIODUSZEWSKI ADRIAN	441		WARS ZAWA	POL	M 30-39	69	M 191	TAK			00:31:03	00:44:29	00:50:10.95	00:50:39.90	5:01	12
224	WCISŁO MARCIN	709		WARS ZAWA	POL	M 40-49	67	M 192				00:31:21	00:44:44	00:50:16.30	00:50:27.35	5:01	11.9
225	WIERNIK DANIEL	718		WARS ZAWA	POL	M 30-39	70	M 193	TAK			00:31:12	00:44:59	00:50:22.30	00:50:38.65	5:02	11.9
226	RODAK ZBIGNIEW	560		WARS ZAWA	POL	M 50-59	24	M 194				00:32:01	00:44:58	00:50:22.65	00:51:53.85	5:02	11.9
227	PAKUŁA DARIUSZ	498	KENKO	WARS ZAWA	POL	M 50-59	25	M 195	TAK		KENKO	00:31:29	00:44:57	00:50:24.55	00:50:28.60	5:02	11.9
228	MILEWSKI PATRYK	440	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 30-39	71	M 196		TAK	GRUPA BIEGOWA UM W-WA	00:30:58	00:44:50	00:50:26.85	00:51:04.05	5:02	11.9
229	ZYGMUNT SZYMON	780		WARS ZAWA	POL	M 1-29	28	M 197	TAK			00:31:57	00:45:50	00:50:30.30	00:51:26.65	5:03	11.9
230	GORSIAK MATEUSZ	799		WARS ZAWA	POL	M 30-39	72	M 198	TAK			00:31:58	00:45:12	00:50:31.15	00:51:23.90	5:03	11.9
231	PYSZAK SYLWESTER	549	DEBEDEŁKI	WARS ZAWA	POL	M 40-49	68	M 199	TAK			00:32:37	00:45:24	00:50:35.50	00:51:26.05	5:03	11.9
232	SKACZKOWSKA BARBARA	598		WARS ZAWA	POL	K 40-49	9	K 33				00:31:26	00:44:46	00:50:35.95	00:51:05.85	5:03	11.9
233	SOWIŃSKI DANIEL	616		WARS ZAWA	POL	M 30-39	73	M 200	TAK			00:31:30	00:45:20	00:50:39.85	00:51:06.35	5:03	11.8
234	DOBOSZ PIOTR	117	WŚCIEKLE PIĘŚCI WĘŻA	WARS ZAWA	POL	M 30-39	74	M 201	TAK			00:31:58	00:45:23	00:50:44.05	00:51:40.70	5:04	11.8
235	FILIPOWICZ NATALIA	142	NEW BALANCE RUN CLUB	WARS ZAWA	POL	K 30-39	21	K 34				00:31:26	00:45:11	00:50:48.05	00:51:08.00	5:04	11.8
236	SZAFRAŃSKI KAROL	641	PODESZWA TEAM	KOBY ŁKA	POL	M 40-49	69	M 202				00:31:21	00:44:25	00:50:48.55	00:51:27.65	5:04	11.8
237	BEBELSKI RAFAŁ	29	PZU SPORT TEAM	WARS ZAWA	POL	M 40-49	70	M 203	TAK			00:30:27	00:44:50	00:50:49.85	00:51:09.05	5:04	11.8
238	KOŁODZIEJCZYK ALEKSANDER	298		WARS ZAWA	POL	M 1-29	29	M 204	TAK			00:32:58	00:45:50	00:50:50.40	00:51:21.95	5:05	11.8
239	KRASZEWSKI GRZEGORZ	334	GRUPA BIEGOWA CHTMO	JABLO NNA	POL	M 40-49	71	M 205			GRUPA BIEGOWA CHTMO	00:31:00	00:44:26	00:50:55.15	00:51:27.45	5:05	11.8
240	OKUNIEWSKI GRZEGORZ	473	ALIOR RUNNING TEAM	MIŃS K MAZO WIEC KI	POL	M 40-49	72	M 206				00:31:06	00:45:04	00:50:58.95	00:51:24.40	5:05	11.8
241	WIELOWSKA KINGA	717		GÓRA	POL	K 1-29	2	K 35			LEWANDOWSCY	00:31:17	00:45:20	00:51:01.20	00:51:32.45	5:06	11.8
242	CHRZANOWSKI MICHAŁ	88		WARS ZAWA	POL	M 40-49	73	M 207				00:32:32	00:45:43	00:51:01.45	00:51:38.40	5:06	11.8
243	KRAWCZYK WOJCIECH	337	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	26	M 208	TAK		BIEGAM NA TARCHOMINIE	00:31:08	00:44:41	00:51:05.05	00:51:27.55	5:06	11.7
244	ROMANIAK JAROSŁAW	993		WARS ZAWA	POL	M 40-49	74	M 209				00:31:21	00:45:18	00:51:08.00	00:51:30.05	5:06	11.7
245	URBAŃSKI PAWEŁ	693	PALM TEAM	WARS ZAWA	POL	M 50-59	27	M 210	TAK			00:31:59	00:45:35	00:51:14.80	00:51:44.25	5:07	11.7
246	JEZIERSKI ŁUKASZ	239		WARS ZAWA	POL	M 40-49	75	M 211	TAK		GRUPA BIEGOWA CHTMO	00:31:41	00:45:35	00:51:15.75	00:51:47.45	5:07	11.7
247	ŻYDEK-RÓG RENATA	787		WARS ZAWA	POL	K 40-49	10	K 36				00:31:52	00:45:37	00:51:16.30	00:51:32.85	5:07	11.7

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
248	KOWALSKA ANDRZEJ	806	JUDO LEMUR	WARS ZAWA	POL	M 40-49	76	M 212	TAK			00:32:52	00:46:14	00:51:17.25	00:52:13.75	5:07	11.7
249	RYMUSZKA MACIEJ	572		WARS ZAWA	POL	M 1-29	30	M 213	TAK			00:31:26	00:45:33	00:51:25.05	00:52:00.40	5:08	11.7
250	TOMSZYS PIOTR	846		WARS ZAWA	POL	M 50-59	28	M 214				00:32:29	00:45:53	00:51:27.05	00:52:34.90	5:08	11.7
251	CHOTOMSKA DOROTA	86		LEGIO NOWO	POL	K 30-39	22	K 37				00:31:44	00:45:45	00:51:27.60	00:51:33.55	5:08	11.7
252	KODA EUGENIUSZ	295	TEAM ZABIEGANEDNI	WARS ZAWA	POL	M 60+	7	M 215				00:30:56	00:45:39	00:51:28.60	00:51:45.30	5:08	11.7
253	CABAŃSKA DOROTA	74	GUNS&ROSES RUN TEAM	ŁOMI ANKI	POL	K 40-49	11	K 38	TAK		GUNS&ROSES RUN TEAM	00:32:25	00:45:50	00:51:29.45	00:52:02.55	5:08	11.7
254	JURKOWSKI ARTUR	246	ZGLECHÓW RUNNERS	SIENNICA	POL	M 30-39	75	M 216			ZGLECHÓW RUNNERS	00:32:02	00:45:58	00:51:34.30	00:52:52.15	5:09	11.6
255	BUDZIK JACEK	70	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	77	M 217	TAK		BIEGAM NA TARCHOMINIE	00:34:10	00:45:47	00:51:35.65	00:52:17.90	5:09	11.6
256	WOLAŃCZYK ADAM	740		WARS ZAWA	POL	M 1-29	31	M 218	TAK			00:32:36	00:46:20	00:51:36.20	00:52:37.90	5:09	11.6
257	HRYNKIEWICZ MACIEJ	207		WARS ZAWA	POL	M 50-59	29	M 219				00:31:31	00:45:46	00:51:36.45	00:51:59.45	5:09	11.6
258	MAKOWSKI MARCIN	409		WARS ZAWA	POL	M 40-49	78	M 220	TAK			00:33:00	00:46:21	00:51:37.40	00:52:08.25	5:09	11.6
259	MAMLA ZBIGNIEW	413	BIEGOWE WTORKI NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	30	M 221	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:32:30	00:46:02	00:51:37.65	00:53:33.50	5:09	11.6
260	WANAT KATARZYNA	706	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	K 30-39	23	K 39			BIEGAJ POD OKIEM TRENERA	00:31:31	00:45:57	00:51:38.50	00:51:58.45	5:09	11.6
261	PIERZCHAŁA PIOTR	970		WARS ZAWA	POL	M 1-29	32	M 222	TAK			00:32:58	00:46:27	00:51:40.30	00:52:14.00	5:10	11.6
262	ŁATKOWSKA MONIKA	390	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	K 40-49	12	K 40			GRUPA BIEGOWA CHTMO	00:31:54	00:46:00	00:51:40.65	00:52:11.90	5:10	11.6
263	PODSTAWKA JULIA	529		WARS ZAWA	POL	K 1-29	3	K 41	TAK			00:31:57	00:46:06	00:51:42.55	00:51:55.20	5:10	11.6
264	MOCZYDŁOWSKI ŁUKASZ	816	MASTERS DOJO	WARS ZAWA	POL	M 40-49	79	M 223	TAK			00:33:03	00:46:22	00:51:43.40	00:52:33.60	5:10	11.6
265	WAGNER ŁUKASZ	698		WARS ZAWA	POL	M 1-29	33	M 224	TAK			00:32:49	00:46:13	00:51:43.50	00:52:23.80	5:10	11.6
266	WALENDZIK WIESIA	704		WARS ZAWA	POL	K 40-49	13	K 42	TAK			00:32:13	00:46:00	00:51:46.40	00:52:41.65	5:10	11.6
267	GAWLIK ARKADIUSZ	160	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	80	M 225	TAK		BIEGAM NA TARCHOMINIE	00:31:55	00:45:53	00:51:48.60	00:52:31.05	5:10	11.6
268	PRĘDKI MARCIN	536		WARS ZAWA	POL	M 40-49	81	M 226	TAK			00:31:32	00:45:43	00:51:50.55	00:52:21.50	5:11	11.6
269	MACIEJAK ROBERT	963		WARS ZAWA	POL	M 40-49	82	M 227				00:32:04	00:46:01	00:51:56.20	00:53:09.75	5:11	11.6
270	JAWORSKI PIOTR	523		WARS ZAWA	POL	M 40-49	83	M 228	TAK	TAK		00:32:55	00:46:13	00:51:58.50	00:52:32.25	5:11	11.5
271	KOT MIKOŁAJ	317		WARS ZAWA	POL	M 1-29	34	M 229	TAK			00:31:26	00:46:08	00:52:01.60	00:52:20.75	5:12	11.5
272	WIAZOWSKI JAROSŁAW	714		WARS ZAWA	POL	M 50-59	31	M 230	TAK			00:30:37	00:45:50	00:52:03.35	00:52:19.30	5:12	11.5
273	ZABIELSKI ANDRZEJ	756	OZ GST	WARS ZAWA	POL	M 50-59	32	M 231	TAK			00:32:20	00:46:27	00:52:06.85	00:52:35.80	5:12	11.5
274	PROKOPIUK GRZEGORZ	824	SZWAGRY DWA	WARS ZAWA	POL	M 40-49	84	M 232	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:32:59	00:46:40	00:52:14.25	00:52:33.15	5:13	11.5

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
275	SZATKOWSKI PIOTR	643	PKP PLK S.A.	WARS ZAWA	POL	M 30-39	76	M 233				00:32:22	00:46:35	00:52:22.60	00:53:07.30	5:14	11.5
276	WÓJCIK MONIKA	749	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	14	K 43	TAK		BIEGAM NA TARCHOMINIE	00:46:47		00:52:23.80	00:52:54.45	5:14	11.5
277	KRATOK DMITRY	336	RUN_WAWA_RUN	WARS ZAWA	POL	M 30-39	77	M 234	TAK			00:32:49	00:46:46	00:52:28.80	00:53:09.85	5:14	11.4
278	BŁASZCZYŃSKI WITOLD	788		WARS ZAWA	POL	M 40-49	85	M 235	TAK			00:32:36	00:46:46	00:52:32.30	00:53:10.90	5:15	11.4
279	CHATAŁA MAREK	76	SZEROKIE BIEGA	LUBLI N	POL	M 50-59	33	M 236				00:32:05	00:46:25	00:52:32.95	00:52:54.10	5:15	11.4
280	DUDA JACEK	128		PRUS ZKÓW	POL	M 40-49	86	M 237				00:32:34	00:46:35	00:52:34.65	00:53:05.40	5:15	11.4
281	PAWIŃSKI ARTUR	502	ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	M 40-49	87	M 238				00:32:25	00:46:47	00:52:37.75	00:53:10.60	5:15	11.4
282	CHUPRINA NIKITA	89		WARS ZAWA		M 1-29	35	M 239				00:33:37	00:47:13	00:52:41.75	00:53:57.05	5:16	11.4
283	SIWIAK MARCIN	597	PKP INTERCITY RUNNING TEAM	WARS ZAWA	POL	M 40-49	88	M 240				00:31:08	00:46:30	00:52:42.50	00:53:00.30	5:16	11.4
284	STRZAŁKOWSKI MARCIN	631	WKURW_TEAM	WARS ZAWA	POL	M 30-39	78	M 241	TAK			00:31:59	00:46:34	00:52:44.05	00:53:02.75	5:16	11.4
285	BUDZIK SYLWESTER	71		NOWE GROCE	POL	M 30-39	79	M 242				00:34:13	00:47:23	00:52:44.30	00:53:25.95	5:16	11.4
286	FIEJTEK PIOTR	141		WARS ZAWA	POL	M 30-39	80	M 243	TAK			00:32:24	00:47:12	00:52:45.30	00:53:08.80	5:16	11.4
287	MIKINA ARTUR	436	GUNS&ROSES RUN TEAM	WARS ZAWA	POL	M 60+	8	M 244			GUNS&ROSES RUN TEAM	00:33:14	00:47:00	00:52:46.25	00:53:19.75	5:16	11.4
288	CZERNIGOWSKI SZYMON	792		WARS ZAWA	POL	M 30-39	81	M 245				00:32:42	00:46:57	00:52:48.65	00:53:44.25	5:16	11.4
289	KRUK WALDEMAR	340		WARS ZAWA	POL	M 50-59	34	M 246				00:32:47	00:46:49	00:52:50.65	00:53:44.05	5:17	11.4
290	ROGALSKI TOMASZ	561		WARS ZAWA	POL	M 40-49	89	M 247	TAK			00:32:23	00:46:54	00:52:51.25	00:53:25.45	5:17	11.4
291	FRAĆKOWSKI SŁAWOMIR	148	MAKOWARSKO	WARS ZAWA	POL	M 50-59	35	M 248	TAK			00:32:21	00:46:44	00:52:51.40	00:53:43.35	5:17	11.4
292	ORZEL DANIEL	488		WARS ZAWA	POL	M 40-49	90	M 249				00:34:33	00:47:52	00:52:53.25	00:53:43.30	5:17	11.3
293	SŁOWIAK KLAUDIA	604		WARS ZAWA	POL	K 30-39	24	K 44				00:33:09	00:47:16	00:52:56.55	00:53:30.90	5:17	11.3
294	DRYNKO KAROL	125	FIZJOTERAPIAHD	WARS ZAWA	POL	M 30-39	82	M 250	TAK			00:32:11	00:47:09	00:52:56.70	00:53:21.40	5:17	11.3
295	KŁOS ŁUKASZ	286	ASICS FRONTRUNNER POLAND	WARS ZAWA	POL	M 30-39	83	M 251				00:31:50	00:46:48	00:52:57.05	00:53:22.25	5:17	11.3
296	POPŁAWSKI MICHAEL	822		WARS ZAWA	POL	M 30-39	84	M 252				00:33:13	00:47:13	00:52:57.40	00:53:39.80	5:17	11.3
297	LEWANDOWSKA ANNA	377	GRUPA BIEGACZY SKÓRZEC BIEGA	MROZY	POL	K 40-49	15	K 45			GRUPA BIEGACZY SKÓRZEC BIEGA	00:32:50	00:46:58	00:52:59.70	00:53:26.15	5:17	11.3
298	PISANIEC KRZYSZTOF	517		WARS ZAWA	POL	M 40-49	91	M 253				00:33:36	00:47:15	00:53:08.25	00:53:58.15	5:18	11.3
299	DERESZEWSKI PIOTR	114	ZABIEGANY WOŁOMIN	WARS ZAWA	POL	M 40-49	92	M 254				00:33:44	00:47:25	00:53:09.50	00:54:13.15	5:18	11.3
300	SOCHA ROBERT	612	AWSB RUNNING TEAM	BIELSKO-BIAŁA	POL	M 40-49	93	M 255				00:32:49	00:47:07	00:53:15.70	00:53:52.15	5:19	11.3

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
301	PIOTRAK MARCIN	513		WARS ZAWA	POL	M 40-49	94	M 256				00:32:49	00:47:08	00:53:16.10	00:53:52.15	5:19	11.3
302	TULA RENATA	687		WARS ZAWA	POL	K 60+	1	K 46				00:32:46	00:47:09	00:53:16.20	00:53:45.00	5:19	11.3
303	WIERZBICKI ŁUKASZ	719	KUŹNIA TRIATHLONU	WARS ZAWA	POL	M 40-49	95	M 257	TAK			00:32:45	00:47:19	00:53:17.60	00:53:46.25	5:19	11.3
304	BUDOWSKI ŁUKASZ	68		WARS ZAWA	POL	M 30-39	85	M 258				00:32:42	00:47:19	00:53:18.55	00:53:29.40	5:19	11.3
305	MIELCZARCYK JOANNA	434		WARS ZAWA	POL	K 30-39	25	K 47				00:33:50	00:47:39	00:53:18.60	00:54:14.75	5:19	11.3
306	TRUSZKOWSKA MARTA	836	BESTIE OCR LEGIONOWO	LEGIO NOWO	POL	K 30-39	26	K 48			BESTIE OCR LEGIONOWO	00:34:03	00:47:43	00:53:18.90	00:54:32.35	5:19	11.3
307	NIZIO DOMINIK	461		WARS ZAWA	POL	M 40-49	96	M 259	TAK			00:33:04	00:47:39	00:53:19.70	00:54:02.65	5:19	11.3
308	GODLEWSKI ARTUR	170	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 30-39	86	M 260	TAK		BIEGAM NA TARCHOMINIE	00:33:03	00:47:26	00:53:23.90	00:53:53.75	5:20	11.2
309	ROWICKI MARIUSZ	38		WARS ZAWA	POL	M 30-39	87	M 261				00:33:12	00:47:42	00:53:24.90	00:54:22.15	5:20	11.2
310	HUSZCZA AGATA	208		WARS ZAWA	POL	K 40-49	16	K 49	TAK			00:33:06	00:47:43	00:53:27.15	00:53:57.05	5:20	11.2
311	FRYCZ MICHAŁ	149		WARS ZAWA	POL	M 50-59	36	M 262				00:33:07	00:47:32	00:53:27.60	00:54:23.95	5:20	11.2
312	POGOCKI MACIEJ	969		WARS ZAWA	POL	M 40-49	97	M 263				00:34:04	00:47:51	00:53:27.60	00:54:12.50	5:20	11.2
313	HEBA GRZEGORZ	202		KOBY ŁKA	POL	M 50-59	37	M 264				00:33:03	00:47:44	00:53:28.65	00:54:08.75	5:20	11.2
314	CIMOCHOWSKA-S WITALSKA MAGDALENA	97	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	17	K 50	TAK		BIEGAM NA TARCHOMINIE	00:33:24	00:47:37	00:53:28.80	00:53:59.30	5:20	11.2
315	GWIZDAŁA TOMASZ	195		WARS ZAWA	POL	M 40-49	98	M 265				00:34:08	00:48:05	00:53:37.60	00:54:37.50	5:21	11.2
316	ORŁOWSKI TOMASZ	484		WARS ZAWA	POL	M 30-39	88	M 266				00:32:59	00:47:58	00:53:38.30	00:54:13.05	5:21	11.2
317	GWIZDAŁA PIOTR	196		WARS ZAWA	POL	M 1-29	36	M 267				00:34:09	00:48:06	00:53:38.50	00:54:36.95	5:21	11.2
318	KOŁODZIEJSKA IWONA	299		JABŁO NNA	POL	K 40-49	18	K 51				00:33:10	00:47:47	00:53:40.20	00:54:21.95	5:22	11.2
319	CABAJ MAREK	73	LUX MED SPORTS TEAM	WARS ZAWA	POL	M 40-49	99	M 268				00:33:20	00:47:51	00:53:44.70	00:54:27.05	5:22	11.2
320	WOJTAL TOMASZ	737		WARS ZAWA	POL	M 40-49	100	M 269	TAK			00:33:22	00:47:59	00:53:45.20	00:54:10.95	5:22	11.2
321	SIESS JAROSŁAW	589		PABIA NICE	POL	M 60+	9	M 270				00:33:02	00:47:44	00:53:46.70	00:54:20.10	5:22	11.2
322	BORUSZEWSKI MACIEJ	61		WARS ZAWA	POL	M 50-59	38	M 271				00:34:11	00:48:15	00:53:48.30	00:54:33.45	5:22	11.2
323	WŁODARCZYK MACIEJ	734	MARKOWI BIEGACZE	MARK I	POL	M 40-49	101	M 272			MARKOWI BIEGACZE	00:33:12	00:48:07	00:53:55.55	00:54:34.45	5:23	11.1
324	KACPURA PIOTR	252		STOC ZEK	POL	M 40-49	102	M 273				00:33:40	00:48:09	00:54:00.60	00:54:43.35	5:24	11.1
325	JONKO MARCIN	242		MICH AŁÓW -GRA BINA	POL	M 40-49	103	M 274				00:33:31	00:47:57	00:54:03.90	00:55:33.75	5:24	11.1
326	JÓŹWIK GRZEGORZ	245		JÓZEFOŚLA W	POL	M 50-59	39	M 275				00:33:20	00:47:54	00:54:05.15	00:54:27.30	5:24	11.1

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
327	ŁOZIŃSKI PIOTR	393		WARS ZAWA	POL	M 40-49	104	M 276	TAK		BRACTWO BIEGOWE BGK	00:33:11	00:48:08	00:54:08.25	00:55:07.80	5:24	11.1
328	WOŁOWIK TYMON	744	CHOSZCZÓWKA RUNNING CLUB	WARS ZAWA	POL	M 1-29	37	M 277	TAK		CHOSZCZÓWKA RUNNING CLUB	00:33:20	00:48:29	00:54:11.80	00:54:48.25	5:25	11.1
329	JAKUBOWSKA ANNA	217		WARS ZAWA	POL	K 30-39	27	K 52	TAK			00:33:16	00:48:19	00:54:13.00	00:54:55.10	5:25	11.1
330	KARWECKI PATRYK	264		WARS ZAWA	POL	M 30-39	89	M 278	TAK			00:34:45	00:48:40	00:54:14.25	00:55:00.00	5:25	11.1
331	CIEŚLAR RAFAŁ	95		WARS ZAWA	POL	M 30-39	90	M 279				00:34:12	00:48:31	00:54:15.00	00:55:04.00	5:25	11.1
332	JEGOROW PIOTR	237		DĄBR OWA CHOT OMO WSKA	POL	M 40-49	105	M 280				00:33:21	00:48:16	00:54:15.25	00:55:02.15	5:25	11.1
333	ZAWIŚLAK JOLA	770	TEAM ZABIEGANEDNI	WARS ZAWA	POL	K 50-59	4	K 53				00:32:53	00:48:05	00:54:17.25	00:54:48.25	5:25	11.1
334	TOMCZUK-KUZKA KATARZYNA	679		WARS ZAWA	POL	K 40-49	19	K 54		TAK		00:33:15	00:48:03	00:54:17.40	00:54:51.25	5:25	11.1
335	ROZBICKI TOMASZ	566		WARS ZAWA	POL	M 40-49	106	M 281	TAK			00:33:37	00:48:45	00:54:17.55	00:54:31.05	5:25	11.1
336	WÓJCIK EWA	750		WARS ZAWA	POL	K 40-49	20	K 55	TAK			00:33:38	00:48:44	00:54:17.70	00:54:31.05	5:25	11.1
337	KLIMKIEWICZ-SIKORA BEATA	280	GRUPA BIEGOWA CHTMO	LEGIO NOW O	POL	K 40-49	21	K 56			GRUPA BIEGOWA CHTMO	00:33:18	00:48:12	00:54:18.35	00:54:50.05	5:25	11
338	GÓRALCZUK MAKSYMILIAN	179		WARS ZAWA	POL	M 1-29	38	M 282	TAK			00:32:23	00:48:26	00:54:18.70	00:54:34.05	5:25	11
339	GAĞALA PRZEMYSŁAW	162		WARS ZAWA	POL	M 50-59	40	M 283				00:33:19	00:48:07	00:54:19.20	00:54:55.10	5:25	11
340	BARANOWSKI ŁUKASZ	22		BIAŁA CZÓ W	POL	M 30-39	91	M 284				00:34:11	00:48:15	00:54:19.65	00:55:11.20	5:25	11
341	JABŁONKA RADEK	211	DZIADY OCR	NOWY DWÓ R MAZO WIEC KI	POL	M 40-49	107	M 285				00:34:12	00:48:36	00:54:20.50	00:55:11.40	5:26	11
342	HAWRYLUK-STASIAK EWA	201	BIEGUNI 2022/AKTYWNA WARSZAWA	WARS ZAWA	POL	K 60+	2	K 57			AKTYWNA WARSZAWA	00:34:14	00:48:28	00:54:22.75	00:55:05.65	5:26	11
343	SZAFRAN MARIUSZ	640		BRWI NÓW	POL	M 40-49	108	M 286				00:34:57	00:48:53	00:54:23.20	00:55:17.75	5:26	11
344	SOBIELARSKA JOANNA	608		WARS ZAWA	POL	K 30-39	28	K 58	TAK			00:34:24	00:48:43	00:54:28.45	00:55:18.25	5:26	11
345	KIETLIŃSKI MACIEJ	276		WARS ZAWA	POL	M 50-59	41	M 287				00:34:43	00:48:50	00:54:29.25	00:55:27.80	5:26	11
346	SENKO MATEUSZ	1	STOWARZYSZENIE RAZEM DLA BIAŁOLEKI	WARS ZAWA	POL	M 30-39	92	M 288	TAK			00:34:24	00:48:45	00:54:29.80	00:55:19.70	5:26	11
347	GRUCHAŁA DARIUSZ	800	MASTERS DOJO	WARS ZAWA	POL	M 40-49	109	M 289	TAK			00:33:44	00:48:04	00:54:32.25	00:55:20.30	5:27	11

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
348	OWSIANKA JAKUB	494		ŁOCHÓW	POL	M 1-29	39	M 290				00:34:15	00:48:46	00:54:34.85	00:55:23.25	5:27	11
349	STRULAK JAKUB	630		WARSZAWA	POL	M 1-29	40	M 291	TAK			00:34:34	00:48:54	00:54:37.60	00:55:29.95	5:27	11
350	RZEPECKI MACIEK	574		WARSZAWA	POL	M 30-39	93	M 292	TAK			00:33:37	00:49:16	00:54:41.15	00:56:00.40	5:28	11
351	BANASIAK MIROSLAW	21		WARSZAWA	POL	M 40-49	110	M 293	TAK			00:34:10	00:48:37	00:54:41.90	00:56:08.50	5:28	11
352	SIDORCZUK-KUMOSA DOROTA	581	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 40-49	22	K 59				00:34:28	00:48:45	00:54:43.10	00:55:47.40	5:28	11
353	FREITES LUIS	888			VEN	M 60+	10	M 294				00:33:29	00:48:29	00:54:43.60	00:55:19.45	5:28	11
354	CIOŁEK ROBERT	791	MASTERS DOJO	WARSZAWA	POL	M 40-49	111	M 295	TAK			00:34:15	00:48:56	00:54:44.95	00:55:34.55	5:28	11
355	WALCZUK MAGDA	701		WARSZAWA	POL	K 40-49	23	K 60	TAK			00:34:49	00:49:12	00:54:45.95	00:55:47.55	5:28	11
356	TRZCIŃSKI MICHAŁ	685		WARSZAWA	POL	M 1-29	41	M 296				00:34:55	00:49:02	00:54:48.85	00:55:41.60	5:28	10.9
357	CHYLIŃSKI ADAM	90		WARSZAWA	POL	M 30-39	94	M 297				00:33:11	00:48:34	00:54:49.65	00:55:33.95	5:28	10.9
358	YURKEVICH YAUHENI	959		WARSZAWA	POL	M 40-49	112	M 298				00:34:58	00:49:12	00:54:50.45	00:55:50.75	5:29	10.9
359	NOSARZEWSKI MARIUSZ	462	GB PRESS TEAM	TRZCIANY	POL	M 40-49	113	M 299				00:34:04	00:48:48	00:54:52.15	00:55:21.25	5:29	10.9
360	STRUKOWICZ MICHAŁ	629		WARSZAWA	POL	M 1-29	42	M 300	TAK			00:35:32	00:49:27	00:54:53.60	00:56:29.55	5:29	10.9
361	WÓJCIK ROBERT	748		WARSZAWA	POL	M 40-49	114	M 301				00:34:42	00:48:53	00:54:55.35	00:55:35.95	5:29	10.9
362	MAJKOWSKI PIOTR	408		WARSZAWA	POL	M 30-39	95	M 302				00:34:46	00:49:15	00:54:59.05	00:55:54.45	5:29	10.9
363	KOŚCIELNIAK PATRYK	911	ORUSH	WARSZAWA	POL	M 40-49	115	M 303				00:35:31	00:49:37	00:55:02.75	00:56:16.50	5:30	10.9
364	WRONIEWSKI GRZEGORZ	751		WARSZAWA	POL	M 30-39	96	M 304				00:33:42	00:49:09	00:55:03.60	00:55:56.55	5:30	10.9
365	WOJNARSKI JANUSZ	736		WARSZAWA	POL	M 60+	11	M 305	TAK			00:34:06	00:48:49	00:55:04.95	00:55:53.20	5:30	10.9
366	WILGOS JANUSZ	723		WARSZAWA	POL	M 40-49	116	M 306				00:35:14	00:49:27	00:55:06.55	00:56:30.85	5:30	10.9
367	KOT TOMASZ	318		WARSZAWA	POL	M 40-49	117	M 307	TAK			00:33:26	00:48:57	00:55:07.30	00:55:26.00	5:30	10.9
368	SAWICKI ADRIAN	579		WARSZAWA	POL	M 30-39	97	M 308				00:33:53	00:49:22	00:55:07.90	00:55:30.15	5:30	10.9
369	KOSMAN MAŁGORZATA	311	SPORT GENERATION	WARSZAWA	POL	K 60+	3	K 61				00:33:31	00:49:01	00:55:10.45	00:55:45.55	5:31	10.9
370	ŚWIDERSKA JOANNA	666	WSPARCIENTRENING OWE.PL	WARSZAWA	POL	K 30-39	29	K 62	TAK			00:34:24	00:49:03	00:55:11.75	00:55:46.35	5:31	10.9
371	MADEJ MARCIN	406		WARSZAWA	POL	M 40-49	118	M 309	TAK			00:34:45	00:49:21	00:55:13.50	00:56:00.95	5:31	10.9
372	WIKTOROWICZ MARCIN	721		WARSZAWA	POL	M 40-49	119	M 310	TAK			00:35:23	00:49:33	00:55:14.35	00:56:29.65	5:31	10.9
373	HRYCIUK KATARZYNA	206	EKOBIEGI	WARSZAWA	POL	K 40-49	24	K 63				00:34:33	00:49:05	00:55:16.45	00:56:14.30	5:31	10.9
374	PADZIŃSKI MARIUSZ	497	BIEGOWE WTORKI NA TARCHOMINIE	WARSZAWA	POL	M 50-59	42	M 311	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:34:55	00:49:21	00:55:17.05	00:56:02.05	5:31	10.9
375	WIONCEK PAWEŁ	725		WARSZAWA	POL	M 1-29	43	M 312	TAK			00:34:33	00:49:08	00:55:17.70	00:56:04.85	5:31	10.9
376	ROKICKI ALEKSANDER	562		WARSZAWA	POL	M 40-49	120	M 313	TAK			00:34:24	00:48:58	00:55:18.10	00:56:28.65	5:31	10.8

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
377	SĄGOL SYLWESTER	995		WARS ZAWA	POL	M 50-59	43	M 314	TAK			00:34:46	00:49:17	00:55:20.95	00:57:03.50	5:32	10.8
378	PRZYGODZKI MATEUSZ	543		WARS ZAWA	POL	M 40-49	121	M 315				00:35:13	00:49:26	00:55:24.50	00:56:04.20	5:32	10.8
379	APANOWICZ ANGELIKA	17		WARS ZAWA	POL	K 40-49	25	K 64				00:35:13	00:49:31	00:55:24.65	00:56:04.20	5:32	10.8
380	STANIEWSKI MICHAŁ	618		WARS ZAWA	POL	M 30-39	98	M 316	YES			00:34:50	00:49:36	00:55:24.95	00:56:46.50	5:32	10.8
381	OCHAB JANUSZ	471		WARS ZAWA	POL	M 50-59	44	M 317				00:35:12	00:49:43	00:55:28.30	00:56:22.20	5:32	10.8
382	UŚCIŁOWSKA SYLWIA	695	PGNIG TERMIKA SA	ŁOMI ANKI	POL	K 40-49	26	K 65			PGNIG TERMIKA SA	00:34:33	00:49:23	00:55:30.75	00:56:37.80	5:33	10.8
383	PNIEWSKI RAFAŁ	526	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	122	M 318	TAK		BIEGAM NA TARCHOMINIE	00:33:34	00:49:07	00:55:30.90	00:55:56.05	5:33	10.8
384	ZARĘBA-TREMELE T KATARZYNA	765		WARS ZAWA	POL	K 40-49	27	K 66	TAK			00:33:55	00:49:11	00:55:31.45	00:55:56.55	5:33	10.8
385	KUSY JACEK	360		WARS ZAWA	POL	M 30-39	99	M 319	TAK			00:35:16	00:49:51	00:55:39.75	00:56:47.45	5:33	10.8
386	SZYMAŃSKI JACEK	659		WARS ZAWA	POL	M 40-49	123	M 320	TAK			00:32:59	00:48:44	00:55:41.95	00:57:16.30	5:34	10.8
387	GAWEŁ DOROTA	159		ŁOMI ANKI	POL	K 40-49	28	K 67				00:34:52	00:49:37	00:55:42.70	00:56:26.80	5:34	10.8
388	ORŁOWSKI MAREK	483		WARS ZAWA	POL	M 50-59	45	M 321	TAK			00:34:28	00:49:50	00:55:43.15	00:56:21.45	5:34	10.8
389	STANISLAVCHUK MYKOLA	973		WARS ZAWA	POL	M 1-29	44	M 322	TAK			00:34:40	00:49:32	00:55:43.60	00:56:43.65	5:34	10.8
390	KILIAŃSKI RAFAŁ	801	TARCHOMIN TRIATLON TEAM	WARS ZAWA	POL	M 50-59	46	M 323	TAK		TRIATLON TARCHOMIN TEAM	00:34:45	00:49:29	00:55:46.05	00:56:36.60	5:34	10.8
391	KOCIK ELŻBIETA	44		WARS ZAWA	POL	K 40-49	29	K 68	TAK	TAK		00:35:36	00:49:54	00:55:49.45	00:57:27.70	5:34	10.7
392	FLOREK MAŁGORZATA	145		WARS ZAWA	POL	K 30-39	30	K 69	TAK			00:34:18	00:49:55	00:55:53.35	00:56:44.85	5:35	10.7
393	ADAMIAK ROBERT	11	CURTIS	CIECH ANO W	POL	M 50-59	47	M 324				00:33:50	00:49:27	00:55:55.55	00:56:33.85	5:35	10.7
394	GROCHOWSKI PAWEŁ	185	PZU SPORT TEAM	WARS ZAWA	POL	M 40-49	124	M 325				00:34:25	00:49:40	00:55:55.55	00:56:35.80	5:35	10.7
395	FOLMAN AGATA	147		TLUS ZCZ	POL	K 30-39	31	K 70				00:35:25	00:50:05	00:55:57.15	00:56:41.55	5:35	10.7
396	DOBROWOLSKI DAMIAN	119		WARS ZAWA	POL	M 1-29	45	M 326	TAK			00:33:57	00:49:42	00:55:58.15	00:56:47.15	5:35	10.7
397	WŁOSZCZOWSKI ROBERT	987		WARS ZAWA	POL	M 40-49	125	M 327	TAK			00:34:57	00:49:52	00:55:59.30	00:56:40.70	5:35	10.7
398	PODWÓJCI KAMIL	821		WARS ZAWA	POL	M 30-39	100	M 328	TAK			00:33:12	00:49:44	00:56:00.25	00:56:17.10	5:36	10.7
399	MASŁOWSKI MICHAŁ	420		WARS ZAWA	POL	M 40-49	126	M 329				00:32:46	00:49:12	00:56:01.25	00:56:29.95	5:36	10.7
400	GNIAŁA MACIEJ	169	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	127	M 330	TAK		BIEGAM NA TARCHOMINIE	00:34:57	00:50:07	00:56:06.80	00:56:54.45	5:36	10.7
401	ŚLIMKO DANIEL	664		WARS ZAWA	POL	M 30-39	101	M 331	TAK			00:34:40	00:49:44	00:56:07.55	00:57:03.25	5:36	10.7
402	G ARTUR	150		WARS ZAWA	POL	M 40-49	128	M 332	TAK			00:33:42	00:49:43	00:56:08.60	00:56:45.85	5:36	10.7
403	KOPEĆ ANTONI	305		BIAŁA	POL	M 1-29	46	M 333			AKTYWNA WARSZAWA	00:35:27	00:50:30	00:56:09.75	00:56:32.50	5:36	10.7
404	JAROSZEWSKI KONRAD	229		WARS ZAWA	POL	M 30-39	102	M 334	TAK			00:34:07	00:49:50	00:56:11.75	00:56:31.40	5:37	10.7



**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
405	FLAGA ANIA	795		WARS ZAWA	POL	K 30-39	32	K 71				00:34:53	00:50:14	00:56:11.75	00:56:43.90	5:37	10.7
406	BYTNIIEWSKI ZDZISŁAW	72	PGNIG TERMIKA SA	WARS ZAWA	POL	M 60+	12	M 335			PGNIG TERMIKA SA	00:35:34	00:50:14	00:56:15.85	00:56:35.20	5:37	10.7
407	KRASZEWSKA SYLWIA	332	SKLEPINDIE.PL WYSZKÓW	WARS ZAWA	POL	K 40-49	30	K 72				00:35:05	00:50:15	00:56:20.10	00:57:12.65	5:38	10.7
408	MRÓWCZYŃSKI WOJCIECH	997		WARS ZAWA	POL	M 50-59	48	M 336				00:34:45	00:49:53	00:56:21.50	00:57:38.05	5:38	10.6
409	SARNACKA JOANNA	578	PODESZWA TEAM	MARK I	POL	K 30-39	33	K 73				00:34:42	00:50:10	00:56:21.65	00:57:00.85	5:38	10.6
410	ORŁOWSKI KACPER	485		WARS ZAWA	POL	M 30-39	103	M 337				00:35:04	00:50:07	00:56:25.65	00:57:09.20	5:38	10.6
411	NAWROCKA ROMA	455	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	K 40-49	31	K 74		TAK	GRUPA BIEGOWA UM W-WA	00:34:38	00:50:05	00:56:32.25	00:57:07.30	5:39	10.6
412	MACHOŃ PAWEŁ	403	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	129	M 338		TAK	GRUPA BIEGOWA UM W-WA	00:34:37	00:50:05	00:56:32.50	00:57:07.85	5:39	10.6
413	WACH MICHAŁ	697	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	130	M 339	TAK		BIEGAM NA TARCHOMINIE	00:35:19	00:50:25	00:56:33.85	00:57:15.70	5:39	10.6
414	WOLKOWYCKI ADAM	741	SERWIS POJAZDÓW ADAM WOLKOWYCKI	WARS ZAWA	POL	M 40-49	131	M 340				00:34:29	00:50:04	00:56:35.65	00:56:59.70	5:39	10.6
415	PAZIEWSKI ANDRZEJ	505	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	49	M 341	TAK		BIEGAM NA TARCHOMINIE	00:35:19	00:50:27	00:56:36.70	00:57:18.95	5:39	10.6
416	ROMANOWSKI PIOTR	563		WARS ZAWA	POL	M 1-29	47	M 342				00:35:15	00:50:42	00:56:40.50	00:57:28.25	5:40	10.6
417	BEDNARSKI TOMASZ	31		WARS ZAWA	POL	M 50-59	50	M 343				00:35:47	00:50:46	00:56:42.15	00:58:07.85	5:40	10.6
418	BITOWSKI HUBERT	51		JÓZEF OSŁA W	POL	M 40-49	132	M 344				00:35:28	00:50:42	00:56:42.25	00:57:29.30	5:40	10.6
419	STĘPCZAK PAWEŁ	625	ZABIEGANY WOŁOMIN	WARS ZAWA	POL	M 30-39	104	M 345				00:34:40	00:50:36	00:56:42.95	00:57:12.95	5:40	10.6
420	JÓZEFOWICZ MACIEJ	243	VEGE RUNNERS	WARS ZAWA	POL	M 30-39	105	M 346			VEGE RUNNERS	00:34:41	00:50:11	00:56:43.40	00:57:20.75	5:40	10.6
421	KAMIŃSKI MICHAŁ	258		WARS ZAWA	POL	M 30-39	106	M 347				00:35:00	00:50:37	00:56:44.05	00:57:26.40	5:40	10.6
422	ADAO FILIPE	14		WARS ZAWA	POL	M 1-29	48	M 348	TAK			00:34:37	00:50:35	00:56:45.95	00:57:44.85	5:40	10.6
423	SULICH MATEUSZ	638		LEGIO NOWO	POL	M 30-39	107	M 349				00:36:01	00:50:54	00:56:46.35	00:57:50.95	5:40	10.6
424	ADAO MIGUEL	12		WARS ZAWA	POR	M 40-49	133	M 350	TAK			00:34:37	00:50:37	00:56:47.05	00:57:44.90	5:40	10.6
425	JAGODA TERESA	214	GRUPA BIEGOWA CHTMO	LEGIO NOWO	POL	K 40-49	32	K 75			GRUPA BIEGOWA CHTMO	00:35:15	00:50:35	00:56:48.05	00:57:20.20	5:40	10.6
426	DYJAS ARKADIUSZ	130	BRACTWO BIEGOWE BGK	CHOT OMÓ W	POL	M 30-39	108	M 351			BRACTWO BIEGOWE BGK	00:35:09	00:50:48	00:56:49.45	00:57:48.60	5:40	10.6
427	DOBOSZ ANETA	118	WŚCIEKLE PIĘŚCI WĘŻA	WARS ZAWA	POL	K 30-39	34	K 76	TAK			00:35:20	00:50:42	00:56:51.05	00:57:48.00	5:41	10.6
428	FLORYSIAK ARTUR	146		WARS ZAWA	POL	M 40-49	134	M 352	TAK			00:35:57	00:50:53	00:56:51.90	00:57:49.45	5:41	10.6
429	MUCHA GRZEGORZ	448		WARS ZAWA	POL	M 60+	13	M 353	TAK			00:35:45	00:50:38	00:56:54.80	00:57:50.90	5:41	10.5

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
430	MATEJAK KATARZYNA	421		WARS ZAWA	POL	K 40-49	33	K 77				00:36:22	00:50:57	00:56:58.05	00:58:06.60	5:41	10.5
431	GŁOGOWSKI GERARD	974		WARS ZAWA	POL	M 30-39	109	M 354	TAK			00:34:30	00:50:35	00:56:59.05	00:57:36.50	5:41	10.5
432	KUŚMIREK-KOWAL JOANNA	361	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	34	K 78	TAK		BIEGAM NA TARCHOMINIE	00:36:11	00:51:07	00:57:01.20	00:57:50.55	5:42	10.5
433	RYTKOWSKI PIOTR	573		WARS ZAWA	POL	M 30-39	110	M 355				00:35:15	00:50:52	00:57:02.45	00:57:41.40	5:42	10.5
434	KLIMCZAK JUSTYNA	802		BYDG OSZC Z	POL	K 40-49	35	K 79				00:35:21	00:51:13	00:57:11.65	00:57:40.90	5:43	10.5
435	ORZECHOWSKI PIOTR	487		WARS ZAWA	POL	M 1-29	49	M 356	TAK			00:37:51	00:51:27	00:57:13.75	00:57:57.05	5:43	10.5
436	SUCHODOLSKI MARIUSZ	636	DZIKI BIEG	WARS ZAWA	POL	M 50-59	51	M 357	TAK			00:35:47	00:50:22	00:57:15.00	00:58:07.55	5:43	10.5
437	KLOC PIOTR	282	FALA NIEPORĘT	ARCIE CHÓ W	POL	M 40-49	135	M 358				00:33:58	00:50:23	00:57:19.00	00:58:51.55	5:43	10.5
438	NOWAK JERZY	465	PWPW	WA-W A	POL	M 40-49	136	M 359	TAK			00:34:43	00:51:05	00:57:19.90	00:57:57.90	5:43	10.5
439	PYTKA ANDRZEJ	550	AKTYWNA WARSZAWA	WARS ZAWA	POL	M 50-59	52	M 360	TAK			00:34:48	00:50:16	00:57:24.50	00:58:08.50	5:44	10.5
440	MARCINKOWSKI KRZYSZTOF	414		WARS ZAWA	POL	M 40-49	137	M 361				00:35:52	00:51:15	00:57:26.55	00:58:29.70	5:44	10.4
441	MUSIAŁ SŁAWOMIR	450		JABŁO NNA	POL	M 50-59	53	M 362				00:36:31	00:51:27	00:57:27.15	00:58:58.95	5:44	10.4
442	LEWANDOWSKA JOLANTA	986		NOWY DWÓ R MAZO WIEC KI	POL	K 40-49	36	K 80			LEWANDOWSCY	00:35:30	00:50:54	00:57:27.75	00:58:04.30	5:44	10.4
443	ŚWIĘCICKI WOJCIECH	667		WARS ZAWA	POL	M 60+	14	M 363	TAK			00:35:19	00:50:37	00:57:30.80	00:58:22.55	5:45	10.4
444	WOŹNY BARBARA	747		WARS ZAWA	POL	K 60+	4	K 81	TAK			00:36:00	00:51:23	00:57:34.70	00:58:48.25	5:45	10.4
445	MYŚLIŃSKA ANNA	123	EKOBIEGI	WARS ZAWA	POL	K 40-49	37	K 82	TAK	TAK	EKOBIEGI	00:36:00	00:51:13	00:57:35.50	00:58:32.95	5:45	10.4
446	GRZELAK MIKOŁAJ	191		WARS ZAWA	POL	M 1-29	50	M 364				00:34:57	00:50:39	00:57:37.55	00:58:29.70	5:45	10.4
447	KEMPA PIOTR	271		WARS ZAWA	POL	M 30-39	111	M 365	TAK			00:35:17	00:50:52	00:57:37.60	00:58:15.10	5:45	10.4
448	OSYRA TOMASZ	491		WARS ZAWA	POL	M 40-49	138	M 366				00:36:28	00:51:31	00:57:42.20	00:59:21.05	5:46	10.4
449	KARNOWSKI MICHAŁ	261		WARS ZAWA	POL	M 40-49	139	M 367				00:35:06	00:51:32	00:57:44.30	00:58:24.50	5:46	10.4
450	WALENDZIK DAWID	703			POL	M 1-29	51	M 368				00:34:40	00:50:55	00:57:44.70	00:58:19.30	5:46	10.4
451	PAWELCZYK JAROSŁAW	820	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	140	M 369	TAK			00:35:35	00:51:22	00:57:50.75	00:58:34.05	5:47	10.4
452	FEDORUK NATALIA	139		WARS ZAWA	POL	K 30-39	35	K 83		TAK		00:35:36	00:51:24	00:57:51.35	00:59:15.95	5:47	10.4
453	YURKEVICH NADESHDA	960		WARS ZAWA	POL	K 30-39	36	K 84				00:34:58	00:51:21	00:57:54.25	00:58:54.55	5:47	10.4
454	OLSZEWSKA DOROTA	478	BRACTWO BIEGOWE BGK	WARS ZAWA	POL	K 40-49	38	K 85			BRACTWO BIEGOWE BGK	00:35:37	00:51:26	00:57:57.20	00:58:53.85	5:47	10.4

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POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
455	BRZEZIK PIOTR	63		WARS ZAWA	POL	M 30-39	112	M 370				00:35:55	00:51:49	00:57:57.85	00:58:52.95	5:47	10.4
456	KĘPKA MARCIN	275		WARS ZAWA	POL	M 40-49	141	M 371	TAK			00:35:53	00:51:32	00:57:58.05	00:58:53.75	5:47	10.4
457	SIWERSKI PAWEŁ	596		BORZ ĘCIN MAŁY	POL	M 40-49	142	M 372				00:35:44	00:51:35	00:57:58.10	00:59:10.35	5:47	10.4
458	KAMIEŃ MONIKA	257		WARS ZAWA	POL	K 1-29	4	K 86				00:35:35	00:51:40	00:57:59.35	00:58:30.90	5:47	10.3
459	SZAREWICZ PAWEŁ	642		WARS ZAWA	POL	M 40-49	143	M 373	TAK			00:36:19	00:52:03	00:58:02.80	00:58:48.55	5:48	10.3
460	KOPYŚ JAKUB	307		WARS ZAWA	POL	M 30-39	113	M 374	TAK			00:36:20	00:51:39	00:58:08.65	00:58:59.65	5:48	10.3
461	SROCZYŃSKA EMILIA	617		WARS ZAWA	POL	K 40-49	39	K 87	TAK			00:36:07	00:51:55	00:58:09.70	00:58:46.25	5:48	10.3
462	MAZUR MICHAŁ	426		WARS ZAWA	POL	M 30-39	114	M 375	TAK			00:36:30	00:51:41	00:58:11.20	00:59:46.75	5:49	10.3
463	MIKOŁAJEWICZ PAWEŁ	438		WARS ZAWA	POL	M 30-39	115	M 376	TAK			00:34:03	00:50:55	00:58:12.70	00:59:58.65	5:49	10.3
464	LORENS KRZYSZTOF	388		WOŁO MIN	POL	M 40-49	144	M 377				00:35:37	00:51:29	00:58:14.30	00:59:15.65	5:49	10.3
465	BUDKOWSKA DOROTA	67		CZER WIŃS K NAD WISŁ A	POL	K 30-39	37	K 88				00:36:26	00:52:06	00:58:19.00	00:59:24.55	5:49	10.3
466	JAROSZ GRZEGORZ	228		WARS ZAWA	POL	M 50-59	54	M 378	TAK			00:37:25	00:52:22	00:58:19.00	00:59:27.65	5:49	10.3
467	SOSIŃSKI MATEUSZ	615		CZER WIŃS K NAD WISŁ A	POL	M 30-39	116	M 379				00:36:20	00:52:05	00:58:19.10	00:59:25.10	5:49	10.3
468	LIBERADZKA MAGDALENA	962		WARS ZAWA	POL	K 40-49	40	K 89				00:35:02	00:51:42	00:58:19.20	00:59:16.45	5:49	10.3
469	RACZYŃSKI TOMASZ	552		WARS ZAWA	POL	M 40-49	145	M 380	TAK			00:37:21	00:52:14	00:58:19.20	00:59:22.70	5:49	10.3
470	PIOTROWSKA EDYTA	514	BRAC TWO BIEGOWE BGK	WARS ZAWA	POL	K 40-49	41	K 90			BRAC TWO BIEGOWE BGK	00:35:27	00:51:44	00:58:19.60	00:59:16.60	5:49	10.3
471	SKOROPADYK YULIAN	600	SKOLIAN	WARS ZAWA	POL	M 1-29	52	M 381	TAK			00:36:21	00:52:14	00:58:19.60	00:59:29.20	5:49	10.3
472	GOZDZIKIEWICZ BŁAŻEJ	178	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	146	M 382	YES		BIEGAM NA TARCHOMINIE	00:35:56	00:51:45	00:58:20.25	00:59:35.60	5:50	10.3
473	ZUBOWICZ MARCIN	989		WARS ZAWA	POL	M 30-39	117	M 383	TAK			00:36:03	00:52:21	00:58:21.35	01:00:00.55	5:50	10.3
474	BOGŁOWSKA ULA	56		WARS ZAWA	POL	K 30-39	38	K 91	TAK			00:36:07	00:52:09	00:58:23.00	00:59:44.10	5:50	10.3
475	AMBROZIAK ROBERT	16		WARS ZAWA	POL	M 1-29	53	M 384				00:36:18	00:52:05	00:58:24.20	00:59:10.35	5:50	10.3
476	MISZEWSKI BARTOSZ	815	73	WARS ZAWA	POL	M 30-39	118	M 385	TAK			00:37:19	00:52:34	00:58:24.40	00:59:27.15	5:50	10.3
477	MUSZYŃSKI MARCELI	451		WARS ZAWA	POL	M 1-29	54	M 386				00:35:36	00:51:48	00:58:25.30	00:59:23.25	5:50	10.3
478	NAZARENKO VOVA	456		WARS ZAWA	POL	M 1-29	55	M 387	TAK			00:36:02	00:52:02	00:58:27.15	01:00:02.50	5:50	10.3

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
479	KUNA MICHAŁ	354		LEGIO NOWO	POL	M 40-49	147	M 388				00:36:02	00:51:57	00:58:28.05	00:58:47.45	5:50	10.3
480	JAROCKI JĘDRZEJ	227		WARSZAWA	POL	M 1-29	56	M 389	TAK			00:36:19	00:52:43	00:58:32.10	00:59:16.25	5:51	10.3
481	TKACHOVA YULIYA	671		WARSZAWA	BLR	K 30-39	39	K 92		DA		00:36:36	00:52:07	00:58:35.55	00:59:54.20	5:51	10.2
482	FILIPOWICZ ARKADIUSZ	143		MARKI	POL	M 40-49	148	M 390				00:35:58	00:52:19	00:58:37.10	00:58:58.25	5:51	10.2
483	ŁUCZAK PIOTR	398	PKO BANK POLSKI SA	WARSZAWA	POL	M 40-49	149	M 391	TAK			00:36:08	00:51:57	00:58:38.45	00:59:20.20	5:51	10.2
484	ŁUCZAK MAŁGORZATA	397	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K 40-49	42	K 93	TAK			00:36:08	00:52:07	00:58:39.05	00:59:20.30	5:51	10.2
485	STROMECKI MARCIN	628	BFM	WARSZAWA	POL	M 30-39	119	M 392	TAK			00:34:46	00:53:25	00:58:47.95	01:00:56.30	5:52	10.2
486	TOKARZEWSKI ROBERT	674		WARSZAWA	POL	M 50-59	55	M 393	TAK			00:36:31	00:52:13	00:58:48.00	01:00:31.80	5:52	10.2
487	GORCZYCA-KUŹNICKA ILONA	176		LUBLIN	POL	K 40-49	43	K 94				00:36:58	00:52:40	00:58:49.30	00:59:37.75	5:52	10.2
488	TRZASKO ANIA	683		WARSZAWA	POL	K 30-39	40	K 95				00:35:56	00:52:17	00:58:50.75	00:59:35.80	5:53	10.2
489	SIERZYCKA KATARZYNA	587		WARSZAWA	POL	K 30-39	41	K 96				00:36:57	00:52:33	00:58:52.15	01:00:04.45	5:53	10.2
490	RUDNICKA EMILIA	568	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	44	K 97	TAK			00:35:32	00:52:10	00:58:54.00	00:59:58.65	5:53	10.2
491	SZYMAŃSKA MAŁGORZATA	724		WARSZAWA	POL	K 40-49	45	K 98	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:36:00	00:52:29	00:58:55.20	00:59:30.50	5:53	10.2
492	WALECKI ROMUALD	839	TRIATHLON TARCHOMIN TEAM	WARSZAWA	POL	M 50-59	56	M 394	TAK		TRIATHLON TARCHOMIN TEAM	00:35:54	00:52:26	00:58:55.75	00:59:04.35	5:53	10.2
493	PLUCIŚ MAŁGORZATA	525		JABŁONNA	POL	K 30-39	42	K 99				00:37:15	00:52:47	00:58:56.90	01:00:05.15	5:53	10.2
494	STANKIEWICZ MACIEJ	619		WARSZAWA	POL	M 40-49	150	M 395	TAK			00:37:15	00:52:39	00:58:59.80	01:00:22.00	5:53	10.2
495	WACHOWSKA EMILIA	837	USŁUGI WETERYNARYJNE EMILIA WACHOWSKA	WROCŁAW	POL	K 30-39	43	K 100				00:36:11	00:52:55	00:59:01.80	01:00:02.75	5:54	10.2
496	DORS MAREK	124	LKS KABEX PODKOWA JANÓW	WARSZAWA	POL	M 1-29	57	M 396	TAK			00:36:04	00:52:31	00:59:03.35	00:59:50.20	5:54	10.2
497	ZAKRZEWSKI ŁUKASZ	762		WARSZAWA	POL	M 30-39	120	M 397				00:35:50	00:52:50	00:59:03.65	00:59:58.75	5:54	10.2
498	POLAK RAFAŁ	531		JARZĘBIA ŁĄKA	POL	M 40-49	151	M 398				00:36:11	00:52:52	00:59:07.50	00:59:40.30	5:54	10.1
499	KOZAKIEWICZ TOMASZ	329		BOŻA WOLA	POL	M 30-39	121	M 399		TAK		00:37:41	00:53:09	00:59:08.60	01:00:28.00	5:54	10.1
500	LIBOLD MACIEJ	383		WARSZAWA	POL	M 40-49	152	M 400	TAK			00:35:51	00:52:22	00:59:11.25	00:59:43.20	5:55	10.1
501	GORAL PIOTR	175		JOZEF OSŁAW	POL	M 60+	15	M 401				00:37:18	00:52:55	00:59:14.00	01:00:24.70	5:55	10.1
502	KRASZEWSKI PAWEŁ	335		DROGOSZEWO	POL	M 40-49	153	M 402				00:36:46	00:52:50	00:59:14.45	01:00:06.95	5:55	10.1
503	KAZAŁA PIOTR	270	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 50-59	57	M 403	TAK			00:37:00	00:52:50	00:59:22.00	01:00:27.20	5:56	10.1

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
504	KOPROWSKI JACEK	306	PARKRUN PRUSZKÓW	PRUSZKÓW	POL	M 30-39	122	M 404				00:37:28	00:52:48	00:59:22.80	01:00:30.75	5:56	10.1
505	JEZERSKI JAN	238	GRUPA BIEGOWA CHTMO	WARSZAWA	POL	M 60+	16	M 405	TAK		GRUPA BIEGOWA CHTMO	00:35:29	00:52:07	00:59:23.15	01:00:15.30	5:56	10.1
506	PONICHTERA KAROLINA	533		WOŁÓMIN	POL	K 30-39	44	K 101				00:36:53	00:53:00	00:59:25.25	01:00:29.85	5:56	10.1
507	ZYGADŁO PIOTR	779		WARSZAWA	POL	M 40-49	154	M 406		TAK		00:37:28	00:53:01	00:59:33.00	01:00:27.50	5:57	10.1
508	SZKUDLAREK EWA	651		OSTRÓW WIELKI	POL	K 30-39	45	K 102				00:37:22	00:53:23	00:59:35.40	01:00:45.00	5:57	10.1
509	SIERZYCKI HUBERT	588		WARSZAWA	POL	M 30-39	123	M 407				00:36:33	00:53:14	00:59:37.25	01:00:49.80	5:57	10.1
510	GODZISZ EWA	171	VEGERUNNERS	WARSZAWA	POL	K 40-49	46	K 103			VEGE RUNNERS	00:37:36	00:53:29	00:59:37.90	01:00:44.00	5:57	10.1
511	KRZYŻANOWSKI MACIEJ	348		WARSZAWA	POL	M 30-39	124	M 408	TAK		BIEGAM NA BIAŁOLECIE	00:37:27	00:53:16	00:59:39.65	01:00:50.05	5:57	10.1
512	KNAPIK PAWEŁ	803		WARSZAWA	POL	M 40-49	155	M 409				00:36:50	00:53:07	00:59:41.15	01:00:43.35	5:58	10.1
513	LEWANDOWSKA JOANNA	376	WARSAW RUN CLUB	WARSZAWA	POL	K 50-59	5	K 104				00:36:20	00:53:10	00:59:44.30	01:00:27.25	5:58	10
514	BRZozowska MAGDALENA	64	BIEGUSTATORZY	WARSZAWA	POL	K 40-49	47	K 105				00:37:30	00:52:54	00:59:45.85	01:00:51.35	5:58	10
515	LIS-MAJER ANNA	385		WARSZAWA	POL	K 30-39	46	K 106		TAK		00:35:31	00:53:03	00:59:46.15	01:00:35.15	5:58	10
516	TALAROWSKI JACEK	669		WARSZAWA	POL	M 40-49	156	M 410	TAK			00:37:04	00:53:24	00:59:48.35	01:00:58.45	5:58	10
517	GONTAREK OLGA	174		JÓZEFÓW	POL	K 30-39	47	K 107		TAK		00:36:42	00:53:11	00:59:48.40	00:59:58.25	5:58	10
518	WALLIS PATRICK	830	FUNDACJA INTER PARES	RADO MIN	POL	M 50-59	58	M 411				00:33:45	00:53:01	00:59:51.60	00:59:59.05	5:59	10
519	TRZESIŃSKI MICHAŁ	686		WARSZAWA	POL	M 30-39	125	M 412	TAK			00:36:13	00:53:29	00:59:54.75	01:01:24.00	5:59	10
520	KOSTRUBIEC GRZEGORZ	314		WARSZAWA	POL	M 30-39	126	M 413	TAK			00:35:50	00:53:00	00:59:55.30	01:00:36.75	5:59	10
521	RABI JOANNA	551		WARSZAWA	POL	K 30-39	48	K 108	TAK			00:38:03	00:53:48	00:59:56.00	01:00:32.25	5:59	10
522	PIÓRO DAMIAN	516		WARSZAWA	POL	M 30-39	127	M 414	TAK			00:37:24	00:52:58	00:59:56.70	01:01:06.80	5:59	10
523	SKROBEK PIOTR	831		ŁÓMIANKI	POL	M 30-39	128	M 415				00:39:39	00:54:00	00:59:57.45	01:01:28.20	5:59	10
524	ZASŁONKA PAWEŁ	766		WARSZAWA	POL	M 30-39	129	M 416	TAK			00:37:49	00:53:48	01:00:00.70	01:00:15.15	6:00	10
525	SZYMOR JOANNA	660	SERWIS POJAZDÓW	WARSZAWA	POL	K 30-39	49	K 109				00:36:21	00:52:57	01:00:01.65	01:00:50.95	6:00	10
526	JANKOWSKA WIOLETTA	222		WARSZAWA	POL	K 40-49	48	K 110	TAK			00:36:31	00:53:35	01:00:02.45	01:01:04.05	6:00	10
527	BROŻEK ALEKSANDRA	62		WARSZAWA	POL	K 30-39	50	K 111				00:36:25	00:53:23	01:00:04.10	01:00:57.75	6:00	10
528	SIKORA MATEUSZ	590		BEŁCHATÓW	POL	M 30-39	130	M 417				00:36:03	00:53:02	01:00:15.05	01:01:10.65	6:01	10
529	WOŻNY ANDRZEJ	746		WARSZAWA	POL	M 50-59	59	M 418	TAK			00:37:00	00:53:34	01:00:16.80	01:01:29.85	6:01	10

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
530	MORAWSKI KRZYSZTOF	446		NOWY DWÓR MAZO WIEC KI	POL	M 50-59	60	M 419				00:37:53	00:53:40	01:00:23.80	01:01:38.00	6:02	9.9
531	MOSTOWSKA MAŁGOSIA	447		WARS ZAWA	POL	K 30-39	51	K 112	TAK			00:37:38	00:53:40	01:00:24.35	01:01:33.55	6:02	9.9
532	KOSIERADZKI PAWEŁ	982	MASTERS DOJO	WARS ZAWA	POL	M 50-59	61	M 420	TAK			00:36:12	00:53:41	01:00:26.10	01:01:15.85	6:02	9.9
533	GAWROŃSKA AGATA	797	WYBIEGAJ SIEBIE	JABLO NNA	POL	K 40-49	49	K 113				00:37:33	00:54:07	01:00:28.45	01:01:59.40	6:02	9.9
534	MARSZAŁEK KAROLINA	418		WARS ZAWA	POL	K 50-59	6	K 114	TAK			00:38:01	00:53:54	01:00:28.95	01:01:39.80	6:02	9.9
535	MARSZAŁEK MARIUSZ	419		WARS ZAWA	POL	M 50-59	62	M 421	TAK			00:37:58	00:53:53	01:00:29.45	01:01:41.05	6:02	9.9
536	PUCHALSKA WIOLETTA	545		DŁUG OSIO DŁO	POL	K 30-39	52	K 115				00:36:36	00:53:34	01:00:30.05	01:01:17.40	6:03	9.9
537	JAKUBICKA JOANNA	215		WARS ZAWA	POL	K 30-39	53	K 116				00:38:00	00:53:47	01:00:33.00	01:01:31.95	6:03	9.9
538	TOMASZEWSKI JACEK	676		WARS ZAWA	POL	M 30-39	131	M 422	TAK			00:37:04	00:54:09	01:00:37.80	01:01:32.05	6:03	9.9
539	MALANOWSKA JULIA	410		WARS ZAWA	POL	K 30-39	54	K 117				00:37:32	00:54:05	01:00:38.00	01:01:18.70	6:03	9.9
540	PIATKA TOMASZ	507	ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	M 30-39	132	M 423			ADIDAS RUNNERS WARSAW	00:36:30	00:54:30	01:00:44.30	01:01:41.55	6:04	9.9
541	ILIN VADYM	209		WARS ZAWA	POL	M 30-39	133	M 424				00:35:15	00:53:29	01:00:46.00	01:01:05.90	6:04	9.9
542	MARCZAK GRAŻYNA	415	LECZO TEAM	WARS ZAWA	POL	K 60+	5	K 118				00:37:19	00:53:55	01:00:49.60	01:01:47.45	6:04	9.9
543	GAJEWSKI PAWEŁ	154		WARS ZAWA	POL	M 40-49	157	M 425				00:37:45	00:54:11	01:00:50.10	01:01:40.45	6:05	9.9
544	KĘDZIOREK ELA	273	TEAM ZABIEGANEDNI	WIAZ OWN A	POL	K 30-39	55	K 119				00:36:27	00:53:43	01:00:54.00	01:01:50.10	6:05	9.9
545	BIENIEK WOJCIECH	48		WARS ZAWA	POL	M 30-39	134	M 426				00:37:39	00:54:21	01:00:54.95	01:01:49.15	6:05	9.9
546	PĘSIEK ADAM	506		WARS ZAWA	POL	M 40-49	158	M 427		TAK		00:38:03	00:54:17	01:00:55.00	01:02:22.95	6:05	9.8
547	ORŁOWSKA ANNA	482		SKRZ ESZE W	POL	K 30-39	56	K 120				00:37:40	00:54:26	01:01:00.00	01:02:09.90	6:06	9.8
548	GAWROŃSKI BARTOSZ	798		JABLO NNA	POL	M 40-49	159	M 428				00:37:16	00:54:25	01:01:00.05	01:02:30.95	6:06	9.8
549	CIEŚLA GRZEGORZ	96		WARS ZAWA	POL	M 40-49	160	M 429	TAK			00:37:40	00:54:27	01:01:00.20	01:02:10.50	6:06	9.8
550	KOSTRZEWSKI PIOTR	998		MILAN ÓWEK	POL	M 50-59	63	M 430				00:38:01	00:54:36	01:01:07.30	01:02:46.95	6:06	9.8
551	ROSTEK ANDRZEJ	564		MARK I	POL	M 50-59	64	M 431		TAK		00:37:47	00:54:21	01:01:08.60	01:02:16.25	6:06	9.8
552	WĘGLIŃSKI JAKUB	713		WARS ZAWA	POL	M 1-29	58	M 432	TAK			00:38:02	00:54:47	01:01:13.55	01:02:26.70	6:07	9.8
553	KOWALSKA KATARZYNA	805	JUDO LEMUR	WARS ZAWA	POL	K 40-49	50	K 121	TAK			00:37:40	00:54:50	01:01:20.45	01:02:16.50	6:08	9.8
554	HARABIN JUSTYNA	200		CZAR NÓW	POL	K 30-39	57	K 122				00:37:41	00:54:21	01:01:20.50	01:02:21.70	6:08	9.8

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
555	DZIERZANOWSKA JULIA	134	ZABIEGANY WOŁOMIN	KOBYŁKA	POL	K 1-29	5	K 123			ZABIEGANY WOŁOMIN	00:38:01	00:54:27	01:01:23.85	01:02:13.15	6:08	9.8
556	WOŁOSZKA DARIUSZ	743		WARSZAWA	POL	M 40-49	161	M 433				00:37:55	00:54:41	01:01:25.15	01:01:49.10	6:08	9.8
557	OSTRYSZ MAGDALENA	490		WARSZAWA	POL	K 30-39	58	K 124				00:37:24	00:54:19	01:01:26.10	01:02:14.25	6:08	9.8
558	SZYPROWSKA MARIA	661		WARSZAWA	POL	K 1-29	6	K 125	TAK			00:37:43	00:55:00	01:01:29.05	01:02:41.65	6:08	9.8
559	OBROŚLAK GRZEGORZ	470		WARSZAWA	POL	M 1-29	59	M 434	TAK			00:35:51	00:54:44	01:01:30.65	01:02:16.95	6:09	9.8
560	NIEWIADOMSKA KAROLINA	459		MARKI	POL	K 30-39	59	K 126				00:37:45	00:54:47	01:01:38.00	01:02:45.70	6:09	9.7
561	MARINA DIANA	416		WARSZAWA	POL	K 1-29	7	K 127		TAK		00:38:38	00:55:16	01:01:38.05	01:02:58.25	6:09	9.7
562	SIKORSKI PAWEŁ	592	GAMMA	WARSZAWA	POL	M 40-49	162	M 435	TAK			00:37:53	00:55:00	01:01:38.60	01:02:39.55	6:09	9.7
563	WĘGRZYN WOJCIECH	978		WARSZAWA	POL	M 30-39	135	M 436				00:38:28	00:54:32	01:01:39.40	01:02:59.60	6:09	9.7
564	ŻOŁCIŃSKI WALDEMAR	784	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 60+	17	M 437		TAK	GRUPA BIEGOWA UM W-WA	00:38:47	00:55:07	01:01:41.35	01:03:23.55	6:10	9.7
565	RADOMSKA-ZUBCZYŃSKA MARIA	554		WARSZAWA	POL	K 30-39	60	K 128	TAK			00:36:24	00:54:34	01:01:42.20	01:02:34.00	6:10	9.7
566	PYSKUN ANNA	548		WARSZAWA	UKR	K 1-29	8	K 129	YES			00:38:33	00:55:14	01:01:43.70	01:02:09.35	6:10	9.7
567	BARTNIK RAFAŁ	25	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M 40-49	163	M 438				00:38:48	00:54:53	01:01:44.50	01:02:47.85	6:10	9.7
568	WISZOWATY DANIEL	726		WARSZAWA	POL	M 30-39	136	M 439	TAK			00:38:34	00:55:22	01:01:45.90	01:03:14.40	6:10	9.7
569	KACZOREK ROBERT	253		WARSZAWA	POL	M 60+	18	M 440				00:38:36	00:54:57	01:01:48.90	01:02:37.35	6:10	9.7
570	SZOSTAK GRZEGORZ	654		WARSZAWA	POL	M 40-49	164	M 441	TAK			00:38:02	00:55:24	01:01:54.35	01:02:56.00	6:11	9.7
571	LELITO DARIA	369		WARSZAWA	POL	K 30-39	61	K 130				00:38:04	00:55:05	01:01:55.00	01:03:15.20	6:11	9.7
572	ZACŁONA PAWEŁ	758		ZIEŁONA	POL	M 30-39	137	M 442				00:37:04	00:54:26	01:01:59.30	01:02:44.90	6:11	9.7
573	KOZICKI DAWID	330		WARSZAWA	POL	M 1-29	60	M 443				00:38:12	00:55:25	01:01:59.35	01:03:09.35	6:11	9.7
574	ZAJDLEWICZ MAREK	842		WARSZAWA	POL	M 40-49	165	M 444				00:37:37	00:55:26	01:02:13.60	01:03:29.35	6:13	9.6
575	KLOC HANNA	284	FALA NIEPORĘT	ARCIEWO	POL	K 1-29	9	K 131				00:35:31	00:54:42	01:02:14.60	01:03:45.85	6:13	9.6
576	NIEWIADOMSKI ZDZISŁAW	460		WARSZAWA	POL	M 60+	19	M 445				00:37:57	00:55:06	01:02:15.70	01:03:21.80	6:13	9.6
577	KUNKA PIOTR	355	TEAM ZABIEGANEDNI	JAKUBÓW	POL	M 40-49	166	M 446			TEAM ZABIEGANEDNI	00:37:50	00:54:35	01:02:16.45	01:03:21.95	6:13	9.6
578	NOWAK EDYTA	464		WARSZAWA	POL	K 40-49	51	K 132	TAK			00:37:49	00:55:07	01:02:17.00	01:03:32.90	6:13	9.6
579	KOPCZYŃSKI ARKADIUSZ	303		WARSZAWA	POL	M 50-59	65	M 447				00:36:32	00:55:37	01:02:19.45	01:03:23.30	6:13	9.6
580	SZCZEPANIAK MARIUSZ	644		WARSZAWA	POL	M 50-59	66	M 448	TAK			00:37:14	00:54:54	01:02:20.55	01:04:03.55	6:14	9.6
581	KOSEWSKA DOROTA	310	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 50-59	7	K 133	TAK		BIEGAM NA TARCHOMINIE	00:39:09	00:55:52	01:02:20.55	01:03:43.30	6:14	9.6
582	PIETRZYKOWSKI JAKUB	510		WARSZAWA	POL	M 1-29	61	M 449	TAK			00:33:03	00:55:04	01:02:22.45	01:02:52.75	6:14	9.6

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
583	DOBRUCH ROBERT	120		WARS ZAWA	POL	M 50-59	67	M 450				00:39:00	00:55:42	01:02:23.30	01:03:17.35	6:14	9.6
584	ZADROŻNY ANDRZEJ	759		WARS ZAWA	POL	M 40-49	167	M 451	TAK			00:38:34	00:55:32	01:02:23.70	01:03:39.05	6:14	9.6
585	ORZECHOWSKA EWA	486		WARS ZAWA	POL	K 1-29	10	K 134	TAK			00:37:52	00:54:59	01:02:26.35	01:03:09.85	6:14	9.6
586	OSTROWIŃSKA JOANNA	489		WARS ZAWA	POL	K 40-49	52	K 135	TAK			00:39:31	00:55:37	01:02:28.80	01:04:11.30	6:14	9.6
587	LESNIEWSKI PAWEŁ	373		WARS ZAWA	POL	M 40-49	168	M 452	TAK			00:38:45	00:55:50	01:02:41.45	01:04:01.95	6:16	9.6
588	CZARTORYSKA ANNA	103		WARS ZAWA	POL	K 40-49	53	K 136	TAK			00:38:27	00:55:51	01:02:54.95	01:03:28.35	6:17	9.5
589	BOBOWSKI SEBASTIAN	55		WARS ZAWA	POL	M 40-49	169	M 453	TAK			00:37:00	00:55:55	01:02:57.65	01:03:54.30	6:17	9.5
590	BIENKOWSKA - GACKA KATARZYNA	49		ŁÓMI ANKI	POL	K 30-39	62	K 137				00:38:45	00:56:02	01:03:03.35	01:04:02.75	6:18	9.5
591	WITEK MAŁGORZATA	729		WARS ZAWA	POL	K 40-49	54	K 138	TAK			00:38:36	00:56:17	01:03:13.20	01:03:49.85	6:19	9.5
592	OPONSKA EMILIA	481	BIEGAM NA TARCHOMINIE	JABŁO NNA	POL	K 30-39	63	K 139			BIEGAM NA TARCHOMINIE	00:39:17	00:56:44	01:03:17.45	01:04:34.45	6:19	9.5
593	PTASIEWICZ ALICJA	544		WIELI SZEW	POL	K 1-29	11	K 140				00:39:40	00:56:53	01:03:23.70	01:04:43.40	6:20	9.5
594	GADAWSKI EDWARD	153		WARS ZAWA	POL	M 1-29	62	M 454				00:38:42	00:57:06	01:03:25.60	01:04:34.65	6:20	9.5
595	DOBRUCH HANNA	121		WARS ZAWA	POL	K 50-59	8	K 141				00:39:02	00:56:08	01:03:26.05	01:04:20.05	6:20	9.5
596	SUBALSKA MARIOLA	634		KEPN O	POL	K 40-49	55	K 142				00:38:56	00:56:10	01:03:26.05	01:04:28.85	6:20	9.5
597	JUSZCZAK-SADOWSKA ANGELINA	248	POLF A TARCHOMIN	RĄBIE Ń	POL	K 40-49	56	K 143				00:41:25	00:55:32	01:03:30.50	01:04:21.50	6:21	9.4
598	CHODUN PAWEŁ	82		WARS ZAWA	POL	M 30-39	138	M 455				00:40:12	00:57:08	01:03:34.10	01:05:13.45	6:21	9.4
599	CHODUN AGNIESZKA	83		WARS ZAWA	POL	K 30-39	64	K 144				00:40:12	00:57:08	01:03:34.25	01:05:13.45	6:21	9.4
600	TORZEWSKI JANUSZ	681	WAT	WARS ZAWA	POL	M 50-59	68	M 456				00:39:20	00:56:18	01:03:36.10	01:05:03.05	6:21	9.4
601	TORZEWSKA AGNIESZKA	680		WARS ZAWA	POL	K 40-49	57	K 145				00:39:19	00:56:17	01:03:36.25	01:05:02.85	6:21	9.4
602	SKRZYPECKI JAKUB	601	ANPHARM RUN TEAM	WARS ZAWA	POL	M 30-39	139	M 457				00:39:32	00:56:46	01:03:38.00	01:04:24.55	6:21	9.4
603	BIAŁEK TOMASZ	41		ŁÓDŹ	POL	M 30-39	140	M 458				00:38:35	00:56:56	01:03:38.75	01:04:09.15	6:21	9.4
604	MIKOŁAJCZYK KAROLINA	437	MARIO TEAM	PODD ĘBICE	POL	K 40-49	58	K 146				00:40:52	00:57:02	01:03:46.70	01:05:01.10	6:22	9.4
605	DĄBROWSKI ANDRZEJ	112	TARCZYŃSKI KLUB BIEGOWY	JÓZEF ÓW	POL	M 60+	20	M 459				00:39:21	00:57:07	01:03:47.30	01:04:42.30	6:22	9.4
606	UFNAL MACIEJ	690		GROC HÓW SZLA CHEC KI	POL	M 30-39	141	M 460				00:38:06	00:55:57	01:03:47.65	01:05:01.40	6:22	9.4
607	TALATAI SVIATLANA	835		WARS ZAWA	POL	K 30-39	65	K 147	TAK			00:37:28	00:56:28	01:03:48.55	01:04:50.25	6:22	9.4
608	PIKIEWICZ JULITA	511		OLSZ EWNICA STARA	POL	K 40-49	59	K 148				00:39:19	00:56:40	01:03:48.90	01:04:50.85	6:22	9.4



**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
609	JANY ELŻBIETA	226	RUNNERS TEAM KEPNO	KEPNO	POL	K 40-49	60	K 149				00:39:02	00:56:29	01:03:49.15	01:04:52.35	6:22	9.4
610	RAJCHEMBACH ADAM	556		WARSZAWA	POL	M 30-39	142	M 461	TAK			00:36:58	00:55:43	01:03:49.30	01:05:10.40	6:22	9.4
611	MĘDEL CEZARY	429		MARKI	POL	M 50-59	69	M 462				00:37:56	00:57:14	01:03:50.70	01:04:57.45	6:23	9.4
612	KRUKOWSKI SEBASTIAN	342		NIEBORÓW	POL	M 30-39	143	M 463				00:39:17	00:57:07	01:03:51.55	01:05:02.75	6:23	9.4
613	KRÓL PATRYK	339		WARSZAWA	POL	M 30-39	144	M 464				00:37:07	00:56:35	01:03:57.10	01:04:50.25	6:23	9.4
614	URBANIAK PAWEŁ	692		WARSZAWA	POL	M 40-49	170	M 465	TAK			00:40:16	00:57:22	01:04:00.25	01:04:07.05	6:24	9.4
615	GARWOŁA PAWEŁ	157		LEGIONÓW	POL	M 40-49	171	M 466				00:39:35	00:57:08	01:04:04.30	01:05:21.75	6:24	9.4
616	GAWRACZYŃSKA ANNA	161	WTŁ STEGNY WARSZAWA	WARSZAWA	POL	K 60+	6	K 150				00:40:22	00:57:16	01:04:05.10	01:04:53.05	6:24	9.4
617	ŁOZOWSKI ROBERT	396	DOMELO ROBERT ŁOZOWSKI	WARSZAWA	POL	M 40-49	172	M 467	TAK			00:39:06	00:57:02	01:04:10.25	01:05:16.95	6:25	9.4
618	POKRZYWNICKA-JA KUBOWSKA ANNA	530		WARSZAWA	POL	K 40-49	61	K 151				00:39:01	00:57:12	01:04:10.90	01:05:38.10	6:25	9.4
619	CZAJKOWSKI RAFAŁ	100	EKOBIEGI	WARSZAWA	POL	M 40-49	173	M 468	TAK			00:40:48	00:57:00	01:04:12.40	01:05:31.20	6:25	9.3
620	MALER WŁADYSŁAW	411	REEBOK RUN CREW	WARSZAWA	POL	M 60+	21	M 469				00:39:13	00:56:59	01:04:16.35	01:05:30.75	6:25	9.3
621	KOWALCZYK RYSZARD	321	APOSTOŁOWIE TRX	WARSZAWA	POL	M 60+	22	M 470				00:38:45	00:56:42	01:04:22.25	01:05:58.80	6:26	9.3
622	SIERZPUTOWSKA EWA	586	GUNS&ROSES RUN TEAM	WARSZAWA PRAGA PÓŁNOC	POL	K 50-59	9	K 152				00:39:11	00:56:58	01:04:31.75	01:05:55.70	6:27	9.3
623	JANISZEWSKI JAN	221		NIDZICA	POL	M 60+	23	M 471				00:40:13	00:57:24	01:04:32.50	01:05:35.05	6:27	9.3
624	KOZAK PAWEŁ	328		MARKI	POL	M 30-39	145	M 472		TAK		00:41:21	00:57:59	01:04:36.50	01:06:05.25	6:27	9.3
625	PAC BARTOSZ	495		WARSZAWA	POL	M 40-49	174	M 473				00:39:28	00:57:14	01:04:37.85	01:05:52.70	6:27	9.3
626	MĘDEL MARTA	430		MARKI	POL	K 40-49	62	K 153				00:38:26	00:57:16	01:04:37.95	01:05:44.45	6:27	9.3
627	BORKOWSKA MONIKA	60		WARSZAWA	POL	K 30-39	66	K 154	TAK			00:39:42	00:57:27	01:04:41.80	01:05:53.55	6:28	9.3
628	DŁUGOKĘCKA KATARZYNA	116		WARSZAWA	POL	K 30-39	67	K 155	TAK			00:40:56	00:58:03	01:04:41.80	01:05:53.30	6:28	9.3
629	JEŻMAŃSKI SŁAWEK	241	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	175	M 474	TAK		BIEGAM NA TARCHOMINIE	00:39:29	00:57:10	01:04:45.20	01:05:52.25	6:28	9.3
630	CHOJNOWSKI ANDRZEJ	84	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	176	M 475	TAK		BIEGAM NA TARCHOMINIE	00:38:54	00:57:14	01:04:47.15	01:06:17.20	6:28	9.3
631	POŚNIK MICHAŁ	823		WARSZAWA	POL	M 30-39	146	M 476	TAK			00:39:57	00:57:34	01:04:48.70	01:06:07.35	6:28	9.3
632	REŚLIŃSKI PIOTR	558		TARCHOMIN	POL	M 1-29	63	M 477	TAK			00:38:06	00:57:34	01:04:49.40	01:05:56.95	6:28	9.3
633	OPALIŃSKA KATARZYNA	480		WARSZAWA	POL	K 30-39	68	K 156	TAK			00:40:14	00:58:11	01:04:53.45	01:05:57.85	6:29	9.2

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
634	KWAŚNIEWSKI TOMASZ	363		PIAST ÓW	POL	M 40-49	177	M 478				00:39:42	00:57:37	01:04:53.90	01:05:39.00	6:29	9.2
635	ZAKHARKEVICH ALEXANDER	992		WARS ZAWA	POL	M 40-49	178	M 479	TAK			00:39:43	00:57:59	01:05:03.40	01:06:37.95	6:30	9.2
636	WALECKA WIKTORIA	838	TRIATHLON TARCHOMIN TEAM	WARS ZAWA	POL	K 30-39	69	K 157	TAK	TAK	TRIATHLON TARCHOMIN TEAM	00:40:53	00:58:11	01:05:03.75	01:06:27.60	6:30	9.2
637	ZIARKO JOANNA	844		WARS ZAWA	POL	K 40-49	63	K 158				00:39:24	00:57:26	01:05:04.85	01:06:08.35	6:30	9.2
638	KOWALCZYK ZDZISŁAW	322	JW 2189	WARS ZAWA	POL	M 40-49	179	M 480	TAK			00:39:03	00:57:23	01:05:06.00	01:06:02.15	6:30	9.2
639	KRZYWIEC PRZEMYSŁAW	347		FALE NTY	POL	M 30-39	147	M 481				00:41:29	00:58:59	01:05:35.65	01:05:47.40	6:33	9.1
640	TYBURC PAWEŁ	69	RADA DZIELNICY BIAŁOLEKA	WARS ZAWA	POL	M 50-59	70	M 482	TAK	TAK		00:40:43	00:58:35	01:05:38.10	01:07:14.20	6:33	9.1
641	RUCYK JUSTYNA	567		WARS ZAWA	POL	K 40-49	64	K 159		TAK		00:40:52	00:58:38	01:05:40.35	01:07:12.85	6:34	9.1
642	NOWAK KATARZYNA	463		WARS ZAWA	POL	K 40-49	65	K 160				00:39:50	00:58:04	01:05:43.65	01:06:52.00	6:34	9.1
643	SZCZEPAŃSKI MATEUSZ	645		NOWY DWÓR MAZO WIEC KI	POL	M 1-29	64	M 483			LEWANDOWSCY	00:40:28	00:58:15	01:05:47.55	01:06:51.55	6:34	9.1
644	GROCHOWSKA JOANNA	4	BIEGAM DOBRZE DLA FUNDACJI SYNOPSIS	WARS ZAWA	POL	K 50-59	10	K 161				00:40:11	00:58:39	01:05:49.65	01:07:25.20	6:34	9.1
645	PARK JONG GYU	818	NONE	WRO CLAW	POL	M 40-49	180	M 484				00:38:59	00:58:13	01:05:54.35	01:06:16.10	6:35	9.1
646	WIŚNIEWSKA ANETA	840		WARS ZAWA	POL	K 40-49	66	K 162	TAK			00:40:11	00:58:28	01:05:54.90	01:06:05.40	6:35	9.1
647	ZAWADKA AGNIESZKA	964			POL	K 50-59	11	K 163				00:40:17	00:58:29	01:06:08.75	01:07:36.25	6:36	9.1
648	MEJOR JAN	428		WARS ZAWA	POL	M 30-39	148	M 485	TAK			00:39:30	00:58:15	01:06:08.85	01:07:11.30	6:36	9.1
649	KASPRZAK MARCIN	267		WARS ZAWA	POL	M 50-59	71	M 486	TAK			00:40:45	00:58:57	01:06:16.55	01:07:44.20	6:37	9.1
650	PIOTROWSKA-KLO C MAGDA	515	FALA NIEPORĘT	ARCIE CHÓ W	POL	K 40-49	67	K 164				00:39:55	00:58:30	01:06:19.55	01:07:51.35	6:37	9
651	KOMINEK GRAŻYNA	300		POŚW IĘTNE	POL	K 30-39	70	K 165				00:40:37	00:58:56	01:06:21.60	01:07:59.25	6:38	9
652	LECHÓW MARCIN	368		MARK I	POL	M 40-49	181	M 487				00:39:52	00:58:15	01:06:23.75	01:07:31.45	6:38	9
653	KOWALSKI TOMASZ	326	KB PACE	WARS ZAWA	POL	M 40-49	182	M 488				00:42:04	00:59:44	01:06:25.55	01:07:31.35	6:38	9
654	KOWALSKA KINGA	325	KB PACE	WARS ZAWA	POL	K 40-49	68	K 166				00:42:04	00:59:45	01:06:27.05	01:07:33.20	6:38	9
655	KATNER TOMASZ	268		WARS ZAWA	POL	M 40-49	183	M 489				00:40:49	00:59:18	01:06:31.20	01:08:06.15	6:39	9
656	WOJTCAK ADRIAN	738		EŁK	POL	M 40-49	184	M 490				00:40:06	00:58:36	01:06:36.05	01:07:18.75	6:39	9
657	MEDVETSKYI ILLIA	427		WARS ZAWA	POL	M 1-29	65	M 491	YES			00:39:31	00:58:06	01:06:38.95	01:06:57.35	6:39	9
658	KUŹMICKI JAKUB	362	PGNIG TERMIKA SA	WARS ZAWA	POL	M 1-29	66	M 492			PGNIG TERMIKA SA	00:40:49	00:59:28	01:06:47.25	01:08:03.90	6:40	9

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
659	GÓRKA RAFAŁ	180	T-MOBILE SPORT TEAM	WARS ZAWA	POL	M 50-59	72	M 493	TAK			00:40:40	00:59:24	01:06:54.90	01:08:05.50	6:41	9
660	MAJCHRZAK ANNA	333	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 30-39	71	K 167	TAK	TAK		00:41:04	00:59:28	01:06:57.15	01:08:31.55	6:41	9
661	STEFANIAK MONIKA	623		WARS ZAWA	POL	K 1-29	12	K 168				00:43:07	01:00:21	01:07:02.40	01:08:33.95	6:42	9
662	NIEPORECKA SYLWIA	458		WARS ZAWA	POL	K 40-49	69	K 169				00:41:10	00:59:33	01:07:07.00	01:08:21.20	6:42	8.9
663	JEDYNAK PAWEŁ	236		WARS ZAWA	POL	M 40-49	185	M 494	TAK			00:42:12	01:00:16	01:07:08.85	01:08:41.90	6:42	8.9
664	LAZAREVA SVETLANA	367		WARS ZAWA	POL	K 40-49	70	K 170		TAK		00:40:07	00:59:13	01:07:09.75	01:07:48.15	6:42	8.9
665	WŁODARCZYK PAWEŁ	733		WARS ZAWA	POL	M 40-49	186	M 495				00:40:33	00:59:43	01:07:12.45	01:08:19.00	6:43	8.9
666	ZYCH KASIA	778	NEW BALANS	WARS ZAWA	POL	K 30-39	72	K 171				00:41:46	00:59:50	01:07:23.30	01:08:04.35	6:44	8.9
667	KOWALSKI KONRAD	807		WARS ZAWA	POL	M 1-29	67	M 496				00:41:07	01:00:13	01:07:26.70	01:08:27.75	6:44	8.9
668	ZAJĄC PIOTR	760		WARS ZAWA	POL	M 40-49	187	M 497	TAK			00:42:38	01:00:22	01:07:27.10	01:09:07.45	6:44	8.9
669	PRĘGOWSKI GRZEGORZ	538	EKOBIEGI	WARS ZAWA	POL	M 50-59	73	M 498				00:41:58	01:00:06	01:07:32.90	01:08:52.60	6:45	8.9
670	OGOŃCZYK DONATA	472		SERO CK	POL	K 30-39	73	K 172				00:40:12	01:00:05	01:07:37.45	01:09:02.85	6:45	8.9
671	WRÓBLEWSKI TOMASZ	996		WARS ZAWA	POL	M 30-39	149	M 499	TAK			00:42:11	01:00:33	01:07:42.20	01:09:19.50	6:46	8.9
672	MAJ PATRYCJA	810		WARS ZAWA	POL	K 1-29	13	K 173	TAK			00:40:52	00:59:45	01:07:48.10	01:08:58.85	6:46	8.8
673	MYŚLIWIEC PIOTR	452	AKTYWNI PO ZAWALE	WARS ZAWA	POL	M 40-49	188	M 500				00:41:33	01:00:19	01:07:50.45	01:08:40.75	6:47	8.8
674	KOSECKI JAKUB	309		ŁOMI ANKI	POL	M 40-49	189	M 501				00:39:43	00:57:38	01:08:00.15	01:09:51.35	6:48	8.8
675	FIEDOSIUK MICHAŁ	140	DZIKUNY	WARS ZAWA	POL	M 40-49	190	M 502	TAK			00:41:51	01:00:26	01:08:02.45	01:08:48.45	6:48	8.8
676	KATNER-PRUSZYN SKA JOANNA	269	KB OŻARÓW MAZOWIECKI BIEGA	OŻAR ÓW MAZO WIEC KI	POL	K 40-49	71	K 174			KB OŻARÓW MAZOWIECKI BIEGA	00:41:53	01:00:10	01:08:03.15	01:09:22.00	6:48	8.8
677	SZWARC ANNA	655	BIEGAM NA BIAŁOLEŃCE	WARS ZAWA	POL	K 40-49	72	K 175	TAK		BIEGAM NA BIAŁOLEŃCE	00:42:48	01:01:17	01:08:13.15	01:08:25.30	6:49	8.8
678	GRUDZIŃSKI ŁUKASZ	186		WARS ZAWA	POL	M 40-49	191	M 503		TAK		00:42:25	01:01:00	01:08:13.65	01:09:43.10	6:49	8.8
679	TABOR ANITA	834		WARS ZAWA	POL	K 40-49	73	K 176	TAK			00:42:14	01:00:31	01:08:15.40	01:09:16.45	6:49	8.8
680	MACIĄG PATRYK	400		WARS ZAWA	POL	M 30-39	150	M 504				00:41:24	01:00:56	01:08:27.40	01:09:32.15	6:50	8.8
681	GWIZDAŁA WIOLETTA	197		WARS ZAWA	POL	K 30-39	74	K 177				00:40:19	01:00:29	01:08:29.55	01:09:23.45	6:50	8.8
682	KLINOWSKA AGNIESZKA	281		WARS ZAWA	POL	K 30-39	75	K 178	TAK		BIEGAM NA BIAŁOLEŃCE	00:42:49	01:01:15	01:08:29.55	01:08:41.35	6:50	8.8
683	WIĘCH WIKTORIA	720		ŁAJSKI	POL	K 1-29	14	K 179				00:42:08	01:01:11	01:08:32.80	01:08:52.15	6:51	8.8
684	ZAWADZKA-NAZI MEK JOANNA	769	PRZYBYSZE Z MATPLANETY	WARS ZAWA	POL	K 40-49	74	K 180				00:42:29	01:01:23	01:08:35.30	01:09:59.25	6:51	8.7
685	LEWANDOWSKA MONIKA	375	BIEGAM NA BIAŁOLEŃCE	WARS ZAWA	POL	K 40-49	75	K 181	TAK		BIEGAM NA BIAŁOLEŃCE	00:42:54	01:01:20	01:08:40.50	01:08:52.65	6:52	8.7

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
686	TRZCIŃSKA IWONA	684		WARS ZAWA	POL	K 50-59	12	K 182				00:40:22	01:00:09	01:08:42.10	01:09:36.90	6:52	8.7
687	PRZYBYŚLAWSKA-PRASKA ILONA	542		ŁOMI ANKI DOLNE	POL	K 30-39	76	K 183				00:41:29	01:00:38	01:08:52.40	01:10:04.30	6:53	8.7
688	CZARNOTA ANDRZEJ	102		WARS ZAWA	POL	M 50-59	74	M 505				00:42:54	01:00:53	01:09:03.80	01:10:33.25	6:54	8.7
689	ZIĘBA TOMASZ	776		WARS ZAWA	POL	M 40-49	192	M 506				00:42:18	01:01:14	01:09:04.15	01:10:28.70	6:54	8.7
690	BARNAS ILONA	24		WARS ZAWA	POL	K 40-49	76	K 184				00:42:08	01:00:46	01:09:05.05	01:10:12.45	6:54	8.7
691	KRZECZEWSKI JACEK	344		WARS ZAWA	POL	M 50-59	75	M 507				00:42:08	01:01:13	01:09:09.40	01:10:11.85	6:54	8.7
692	KARŁOWICZ ANNA	260	PARTIA WOLNYCH BIEGACZY	WARS ZAWA	POL	K 60+	7	K 185				00:42:53	01:01:16	01:09:10.75	01:10:45.50	6:55	8.7
693	KULBACKI KAMIL	351		WARS ZAWA	POL	M 30-39	151	M 508	TAK			00:42:25	01:01:19	01:09:15.30	01:10:37.00	6:55	8.7
694	DĄBROWA BARTOSZ	30		WARS ZAWA	POL	M 1-29	68	M 509	TAK	TAK		00:43:35	01:02:01	01:09:20.10	01:10:53.85	6:56	8.7
695	GOŁACKA-PIOTOWSKA BEATA	173			POL	K 50-59	13	K 186				00:41:43	01:01:21	01:09:24.40	01:10:27.65	6:56	8.6
696	PRYBYSH DMITRI	541		WARS ZAWA	BEL	M 30-39	152	M 510				00:43:18	01:02:11	01:09:25.05	01:10:57.30	6:56	8.6
697	SOCHOCKI DAREK	613		LEGIO NOWO	POL	M 50-59	76	M 511				00:41:31	01:00:49	01:09:27.20	01:10:52.40	6:56	8.6
698	MIRKOWSKA MONIKA	981		WARS ZAWA	POL	K 30-39	77	K 187				00:41:25	01:01:01	01:09:29.85	01:10:29.00	6:56	8.6
699	ĆWIKŁA JOANNA	108	REBEL RUN	WARS ZAWA	POL	K 40-49	77	K 188				00:42:42	01:01:33	01:09:31.60	01:09:54.95	6:57	8.6
700	KUCOWSKI ROBERT	971		WARS ZAWA	POL	M 40-49	193	M 512	TAK			00:43:31	01:01:55	01:09:32.15	01:10:50.65	6:57	8.6
701	CIEPLAK KATARZYNA	94	BIEGOWE WTORKI NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	78	K 189	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:42:43	01:01:32	01:09:32.35	01:09:54.75	6:57	8.6
702	WALKIEWICZ TOMASZ	705		WARS ZAWA	POL	M 1-29	69	M 513				00:43:54	01:02:31	01:09:33.75	01:10:43.35	6:57	8.6
703	SIEDLECKA MARTYNA	582	PANI	MARK I	POL	K 30-39	78	K 190				00:43:11	01:01:39	01:09:36.80	01:10:28.25	6:57	8.6
704	CICHECKA ANETA	91		WARS ZAWA	POL	K 40-49	79	K 191				00:43:30	01:02:09	01:09:41.45	01:11:01.05	6:58	8.6
705	MATYSIAK AGNIESZKA	422		WARS ZAWA	POL	K 40-49	80	K 192				00:43:41	01:01:52	01:09:49.15	01:10:44.55	6:58	8.6
706	GLASSER MAREK	165		WARS ZAWA	POL	M 60+	24	M 514				00:41:43	01:01:39	01:09:50.45	01:11:05.45	6:59	8.6
707	PASZKOWSKI CEZARY	819	LEŚNE SZYCHY	WARS ZAWA	POL	M 40-49	194	M 515				00:43:54	01:01:31	01:09:50.70	01:11:21.35	6:59	8.6
708	NAULEWICZ MONIKA	454		WARS ZAWA	POL	K 30-39	79	K 193	TAK			00:43:32	01:02:15	01:09:52.75	01:10:10.60	6:59	8.6
709	BOJARSKA MAGDALENA	58		WARS ZAWA	POL	K 30-39	80	K 194	TAK			00:43:32	01:02:17	01:09:52.85	01:10:10.75	6:59	8.6
710	BIELECKI JACEK	46	RUN CZARNÓW	CZARNÓW	POL	M 50-59	77	M 516	TAK			00:42:34	01:01:49	01:10:05.90	01:11:19.05	7:00	8.6
711	JANUCHTA TOMASZ	225		WARS ZAWA	POL	M 50-59	78	M 517				00:43:55	01:02:29	01:10:06.30	01:11:22.50	7:00	8.6

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712	KACZYŃSKA PAULA	254		WARS ZAWA	POL	K 1-29	15	K 195	TAK			00:43:55	01:02:28	01:10:06.45	01:11:22.65	7:00	8.6
713	BALCERZAK TOMASZ	20		LEGIO NOWO	POL	M 40-49	195	M 518				00:41:57	01:02:29	01:10:16.20	01:11:08.95	7:01	8.5
714	CHYSTIKOV ARTEM	790		WARS ZAWA	UKR	M 30-39	153	M 519	TAK			00:41:45	01:02:25	01:10:18.80	01:11:40.10	7:01	8.5
715	SZYMAŃSKA-PAWLAK MAGDALENA	656		WARS ZAWA	POL	K 40-49	81	K 196				00:44:33	01:03:14	01:10:33.95	01:11:46.40	7:03	8.5
716	BERLIŃSKI KAMIL	36		WARS ZAWA	POL	M 30-39	154	M 520	TAK			00:43:24	01:02:46	01:10:48.75	01:12:29.60	7:04	8.5
717	ŁOTOWSKA MAŁGORZATA	391		LEGIO NOWO	POL	K 30-39	81	K 197				00:43:17	01:02:58	01:10:52.15	01:12:18.30	7:05	8.5
718	ŁOTOWSKI EMIL	392		LEGIO NOWO	POL	M 30-39	155	M 521				00:43:10	01:00:07	01:10:52.75	01:12:19.10	7:05	8.5
719	MICHNOWSKA ADRIANA	431	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	82	K 198	TAK		BIEGAM NA TARCHOMINIE	00:42:26	01:02:52	01:11:00.55	01:12:23.50	7:06	8.5
720	GRABOWSKI LESZEK	182	STARE BABICE BIEGAJĄ	LATC HORZEW	POL	M 50-59	79	M 522		TAK		00:43:55	01:03:12	01:11:07.00	01:12:31.80	7:06	8.4
721	SMAGIEL TOMASZ	605		WARS ZAWA	POL	M 50-59	80	M 523	TAK			00:42:32	01:03:14	01:11:08.30	01:12:17.80	7:06	8.4
722	GRYGOWSKA BEATA	189		JABLO NNA	POL	K 40-49	83	K 199				00:42:41	01:02:40	01:11:08.70	01:12:23.55	7:06	8.4
723	LISOWSKA ALICJA	386	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 30-39	82	K 200	TAK		BIEGAM NA TARCHOMINIE	00:43:13	01:03:35	01:11:10.25	01:12:34.70	7:07	8.4
724	LECH PAWEŁ	23		WARS ZAWA	POL	M 50-59	81	M 524		TAK		00:43:06	01:02:57	01:11:11.50	01:12:50.70	7:07	8.4
725	KWIECIEŃ AGATA	366		WARS ZAWA	POL	K 50-59	14	K 201	YES			00:42:37	01:02:53	01:11:21.15	01:12:30.70	7:08	8.4
726	VARGHEO JITHIN	972		WARS ZAWA	POL	M 50-59	82	M 525				00:44:17	01:03:44	01:11:28.55	01:12:49.25	7:08	8.4
727	KOSMOWSK MAGDALENA	312	SULEK TEAM :)	ZĄBKI	POL	K 30-39	83	K 202				00:44:54	01:03:47	01:11:29.85	01:13:07.80	7:08	8.4
728	BLOCH KATARZYNA	52		RAJSZ EW	POL	K 40-49	84	K 203				00:44:01	01:03:44	01:11:31.55	01:12:04.35	7:09	8.4
729	ZAKHARKEVICH HALINA	991		WARS ZAWA	POL	K 30-39	84	K 204	TAK			00:43:59	01:03:28	01:11:39.65	01:13:10.25	7:09	8.4
730	BRZÓZKA KAMIL	65	TARCHO ZIOMY	WARS ZAWA	POL	M 40-49	196	M 526	TAK			00:43:50	01:04:05	01:11:48.30	01:13:28.95	7:10	8.4
731	DZIEDZIC ŁUKASZ	132		WARS ZAWA	POL	M 40-49	197	M 527	TAK			00:44:37	01:03:45	01:11:55.55	01:13:09.95	7:11	8.3
732	TOMASZEWSKA MARIOLA	675	BIEGAM DLA SIEBIE	WARS ZAWA	POL	K 50-59	15	K 205				00:43:21	01:03:51	01:12:10.95	01:13:37.30	7:13	8.3
733	KASPRZAK OLGA	266		WARS ZAWA	POL	K 50-59	16	K 206	TAK			00:44:07	01:04:05	01:12:19.75	01:13:49.25	7:13	8.3
734	SIKORSKI PAWEŁ	593	KIP RUNNING	MAGD ALENKA	POL	M 40-49	198	M 528				00:44:43	01:04:11	01:12:23.20	01:13:57.15	7:14	8.3
735	SIKORSKA KAROLINA	591	KIP RUNNING	MAGD ALENKA	POL	K 40-49	85	K 207				00:44:44	01:04:09	01:12:23.40	01:13:57.35	7:14	8.3
736	KOSOWSKI WIESŁAW	313	-	OTWOCK	POL	M 60+	25	M 529				00:44:34	01:04:29	01:13:02.65	01:14:30.55	7:18	8.2

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737	DANIELSKI JACEK	109	PZU SPORT TEAM	WARS ZAWA	POL	M 40-49	199	M 530	TAK			00:43:46	01:04:57	01:13:11.10	01:14:19.65	7:19	8.2
738	BIERNACKA AGNIESZKA	50		LEGIO NOWO	POL	K 50-59	17	K 208				00:43:53	01:04:28	01:13:32.70	01:14:32.25	7:21	8.2
739	SZŁĄŻAK POLA	957		WARS ZAWA	POL	K 30-39	85	K 209				00:44:25	01:05:01	01:13:34.10	01:14:32.55	7:21	8.2
740	NOWICKI DARIUSZ	466	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	200	M 531	TAK		BIEGAM NA TARCHOMINIE	00:45:17	01:05:33	01:13:55.40	01:15:19.55	7:23	8.1
741	GABRYLEWICZ KATARZYNA	151	DZIKUNY	WARS ZAWA	POL	K 40-49	86	K 210	TAK			00:45:33	01:05:10	01:14:04.95	01:15:17.10	7:24	8.1
742	POPEŁŃSKA KATARZYNA	534		WARS ZAWA	POL	K 40-49	87	K 211		TAK		00:44:56	01:05:44	01:14:34.35	01:16:04.20	7:27	8
743	LIBERA PAWEŁ	382	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	201	M 532	TAK	TAK	GRUPA BIEGOWA UM W-WA	00:44:34	01:06:11	01:14:42.85	01:16:23.10	7:28	8
744	NASKRĘT MARIUSZ	453		RACO T	POL	M 40-49	202	M 533				00:46:27	01:06:56	01:14:48.35	01:16:14.35	7:28	8
745	BIELEC BARTŁOMIEJ	43		WARS ZAWA	POL	M 40-49	203	M 534				00:46:05	01:06:30	01:14:50.10	01:16:30.15	7:29	8
746	DYMEL ANDRZEJ	131	MARKOWI BIEGACZE	WARS ZAWA	POL	M 60+	26	M 535	TAK			00:46:56	01:07:01	01:15:11.90	01:16:16.85	7:31	8
747	RUSIN MICHAŁ	829		JABŁO NNA	POL	M 1-29	70	M 536				00:45:20	01:05:45	01:15:14.25	01:16:37.80	7:31	8
748	RUSIN ANNA	828		JABŁO NNA	POL	K 1-29	16	K 212				00:45:05	01:06:44	01:15:14.75	01:16:38.00	7:31	8
749	RUSIN BARTOSZ	827		JABŁO NNA	POL	M 50-59	83	M 537				00:45:04	01:06:44	01:15:20.45	01:16:43.60	7:32	8
750	PANASIUK AGA	499		ZĄBKI	POL	K 40-49	88	K 213	TAK			00:45:58	01:06:52	01:15:31.15	01:16:51.05	7:33	7.9
751	WIŚNIEWSKA-DUDA ANNA	727		WARS ZAWA	POL	K 30-39	86	K 214	TAK			00:46:15	01:06:44	01:15:32.10	01:17:04.90	7:33	7.9
752	SULEJCZYK PIOTR	637	ZALATANI 1.BLTR	BUDY BARC ZAÇKI E	POL	M 50-59	84	M 538				00:46:47	01:06:57	01:15:39.55	01:16:57.65	7:33	7.9
753	KNAP DOROTA	289	ZALATANI 1BLTR	WARS ZAWA	POL	K 30-39	87	K 215				00:46:47	01:06:59	01:15:40.35	01:16:57.80	7:34	7.9
754	DZIEPAK PIOTR	133	ZALATANI 1 BLTR	WOLA MROK OWSKA	POL	M 40-49	204	M 539			ZALATANI 1 BLTR	00:46:48	01:06:58	01:15:40.45	01:16:57.95	7:34	7.9
755	SZCZĘSNY ADRIAN	646		WARS ZAWA	POL	M 1-29	71	M 540				00:47:13	01:07:51	01:16:02.95	01:17:46.25	7:36	7.9
756	ŁAÇKA ILONA	7	BIAŁOLEKA JEST KOBIETĄ	WARS ZAWA	POL	K 50-59	18	K 216	TAK	TAK		00:47:06	01:07:30	01:16:16.90	01:17:35.55	7:37	7.9
757	JANKOWSKA ŻANETA	223		LEGIO NOWO	POL	K 30-39	88	K 217				00:46:19	01:08:51	01:16:24.90	01:18:01.35	7:38	7.9
758	KERNER AGNIESZKA	980		WARS ZAWA	POL	K 50-59	19	K 218			GRUPA BIEGOWA UM W-WA	00:47:22	01:08:00	01:16:27.60	01:18:10.10	7:38	7.8
759	ŁOZOWSKA DOROTA	394		WARS ZAWA	POL	K 40-49	89	K 219	TAK			00:47:13	01:08:46	01:16:32.95	01:17:39.65	7:39	7.8
760	BUDEK EWA	66		WARS ZAWA	POL	K 40-49	90	K 220				00:45:52	01:07:56	01:16:42.80	01:17:50.15	7:40	7.8
761	KŁYK ZOFIA	287		KIELPIN	POL	K 30-39	89	K 221		TAK		00:47:30	01:08:04	01:17:06.10	01:18:36.40	7:42	7.8
762	KŁYK PIOTR	288		KIELPIN	POL	M 30-39	156	M 541		TAK		00:47:34	01:08:01	01:17:07.95	01:18:36.40	7:42	7.8

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763	SOKOŁOWSKI MARIAN	614	SAMOTNY WILK	WARS ZAWA	POL	M 60+	27	M 542				00:44:39	01:07:40	01:17:14.65	01:18:31.80	7:43	7.8
764	ZBIŃKOWSKA DOROTA	772		MILAN ÓWEK	POL	K 50-59	20	K 222		TAK		00:48:50	01:09:05	01:17:18.35	01:18:57.80	7:43	7.8
765	SOBOLEWSKI MATEUSZ	610	ŻÓRAWSKI TEAM	WARS ZAWA	POL	M 1-29	72	M 543	TAK		ŻÓRAWSKI TEAM	00:50:01	00:59:07	01:17:23.00	01:17:23.00	7:44	7.8
766	PLICHCIŃSKA MAŁGORZATA	519	EKONOMIK MOKOTÓW	WARS ZAWA	POL	K 40-49	91	K 223	TAK			00:47:49	01:08:17	01:17:29.30	01:19:09.25	7:44	7.7
767	STELMASZCZYK MICHALINA	966		WARS ZAWA	POL	K 1-29	17	K 224				00:47:05	01:08:09	01:17:33.90	01:19:04.55	7:45	7.7
768	SZOSTAKOWSKI JAROSŁAW	2	BIEGAM DOBRZE DLA FUNDACJI SYNOPSIS	WARS ZAWA	POL	M 50-59	85	M 544				00:46:54	01:08:16	01:17:44.10	01:19:19.60	7:46	7.7
769	ROGUSKA MAGDALENA	40	MAGDALENA ROGUSKA	WARS ZAWA	POL	K 40-49	92	K 225	TAK	TAK		00:46:56	01:08:17	01:17:46.55	01:19:19.55	7:46	7.7
770	LIPIEC TOMASZ	384		PIASE CZNO	POL	M 50-59	86	M 545				00:48:56	01:09:20	01:17:57.45	01:19:09.40	7:47	7.7
771	ZATYLNA JOANNA	767		WARS ZAWA	POL	K 40-49	93	K 226	TAK			00:46:21	01:08:39	01:18:23.50	01:19:59.65	7:50	7.7
772	ZATYLNÝ TOMASZ	768		WARS ZAWA	POL	M 40-49	205	M 546	TAK			00:46:22	01:08:41	01:18:23.55	01:19:59.65	7:50	7.7
773	GRZEŚLAK KRZYSZTOF	192	DZIKUNY	WARS ZAWA	POL	M 30-39	157	M 547	TAK			00:48:42	01:09:26	01:18:25.60	01:19:52.85	7:50	7.7
774	ROSZCZYK MARTYNA	565	NAPRZÓD MŁOCINY	WARS ZAWA	POL	K 1-29	18	K 227				00:49:39	01:10:37	01:18:35.80	01:20:17.40	7:51	7.6
775	SMOK TOMASZ	606		WARS ZAWA	POL	M 40-49	206	M 548	TAK			00:45:03	01:08:05	01:18:37.30	01:19:58.30	7:51	7.6
776	KUREK GUSTAW	358		WARS ZAWA	POL	M 50-59	87	M 549	TAK			00:47:38	01:10:09	01:19:00.80	01:20:23.25	7:54	7.6
777	REMBERK DANUTA	557		WARS ZAWA	POL	K 60+	8	K 228				00:49:35	01:09:50	01:19:06.40	01:20:35.60	7:54	7.6
778	SZCZYPIŃSKA BEATA	647		WARS ZAWS	POL	K 40-49	94	K 229	TAK			00:50:02	01:10:42	01:19:10.95	01:20:15.00	7:55	7.6
779	OLCZAK WITOLD	476	UMCS BIEGA	WARS ZAWA	POL	M 60+	28	M 550				00:49:03	01:10:07	01:19:15.15	01:20:56.75	7:55	7.6
780	OLCZAK URSZULA	475	UMCS BIEGA	WARS ZAWA	POL	K 50-59	21	K 230				00:49:04	01:10:06	01:19:15.75	01:20:57.45	7:55	7.6
781	KOWALSKI WISŁAW	808		WARS ZAWA	POL	M 50-59	88	M 551	TAK			00:49:17	01:11:29	01:20:19.70	01:21:20.05	8:01	7.5
782	DRZEWICZ TOMASZ	126	PROMENADA SZKOŁA TAŃCA R'N'ROLLA AKROBATICZNEGO	WARS ZAWA	POL	M 50-59	89	M 552				00:49:59	01:11:54	01:20:24.65	01:20:24.65	8:02	7.5
783	WICHTOWSKA KAROLINA	716		WARS ZAWA	POL	K 30-39	90	K 231	TAK			00:49:41	01:12:00	01:21:12.05	01:22:12.95	8:07	7.4
784	SIUDZIŃSKI REMIGIUSZ	595	RIGHT SOLUTIONS REMIGIUSZ SIUDZIŃSKI	WARS ZAWA	POL	M 40-49	207	M 553				00:50:57	01:12:59	01:22:09.95	01:23:48.55	8:12	7.3
785	ŻELAZKO MICHAŁ	783	STARYDZIAD AMORZE	WARS ZAWA	POL	M 50-59	90	M 554				00:50:53	01:14:16	01:23:56.15	01:25:18.05	8:23	7.1
786	WRÓBEL MAGDA	752	NIE MAM KLUBU	WARS ZAWA	POL	K 40-49	95	K 232				00:50:53	01:14:17	01:23:56.45	01:25:18.30	8:23	7.1
787	CZYŻ MICHAŁ	107		WARS ZAWA	POL	M 30-39	158	M 555	TAK			00:51:23	01:14:41	01:24:42.25	01:25:42.60	8:28	7.1
788	STAŃKOWSKA KATARZYNA	620	TEAM WARIAT	WARS ZAWA	POL	K 50-59	22	K 233	TAK			00:53:26	01:15:59	01:25:42.00	01:27:04.40	8:34	7

**BIEG PRZEZ MOST , OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
789	STAŃKOWSKI HUBERT	621	TEAM WARIAT	WARS ZAWA	POL	M 1-29	73	M 556	TAK			00:53:26	01:16:00	01:25:42.20	01:27:04.85	8:34	7
790	CZECHOWSKI JERZY	104	MZA - WARSZAWA	WARS ZAWA	POL	M 60+	29	M 557		TAK		00:55:36	01:18:41	01:28:27.65	01:30:05.90	8:50	6.8
791	OBWIŚŁO JOANNA	983			POL	K 40-49	96	K 234				00:55:03	01:18:56	01:28:35.85	01:30:20.50	8:51	6.8
792	BRZEZOWSKA BEATA	789		WARS ZAWA	POL	K 50-59	23	K 235				00:55:02	01:18:54	01:28:36.65	01:30:21.05	8:51	6.8
793	CHMIST AGNIESZKA	80		WARS ZAWA	POL	K 40-49	97	K 236	TAK			00:54:26	01:19:30	01:30:29.70	01:32:07.90	9:02	6.6
794	FACON JANUSZ	136		WARS ZAWA	POL	M 50-59	91	M 558	TAK			00:28:37	00:40:26			4:29	13.4
795	HARABIN KINGA	199		CZAR NÓW	POL	K 30-39	91	K 237	TAK			00:57:30				8:42	6.9
796	KĄŻMIERCZAK MARTA	984		WARS ZAWA	POL	K 40-49	98	K 238			DREAM RUN						
797	MARSZAL MARIUSZ	417	WETELECOM	WARS ZAWA	POL	M 40-49	208	M 559									
798	CHMIELEWSKI MACIEJ	79		WARS ZAWA	POL	M 40-49	209	M 560		TAK							
799	KWIECIEŃ JAROSŁAW	365		WARS ZAWA	POL	M 50-59	92	M 561	TAK								
800	WRÓBLEWSKA JOANNA	753	LAS NA ZAWSZE	WARS ZAWA	POL	K 60+	9	K 239									

**BIEG PRZEZ MOST , K Open**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	STELMACH DOMINIKA	624	ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	K 40-49	1	K 1			ADIDAS RUNNERS WARSAW	00:23:00	00:32:43	00:36:46.65	00:36:49.45	3:40	16.3
2	VEREMCHUK YULIIA	696	TEAMOCHAL#BIGA M BO LUBIĘ	WARS ZAWA	UKR	K 30-39	1	K 2				00:23:58	00:34:09	00:38:08.35	00:38:11.65	3:48	15.7
3	GRACZYK KAROLINA	183	DĄBROWSKI TEAM O	KUTN O	POL	K 30-39	2	K 3				00:23:58	00:34:02	00:38:14.25	00:38:18.65	3:49	15.7
4	KRASZPULSKA MAGDALENA	809	ŻÓRAWSKI TEAM	WARS ZAWA	POL	K 30-39	3	K 4			ŻÓRAWSKI TEAM	00:25:18	00:36:32	00:41:04.25	00:41:07.70	4:06	14.6
5	CZERWIŃSKA KATARZYNA	106		WARS ZAWA	POL	K 30-39	4	K 5				00:25:38	00:36:45	00:41:26.80	00:41:30.60	4:08	14.5
6	BEREZNOWSKA PATRYCJA	35	WIELISZEW HERON TEAM HOKA POLAND TEAM	WIELI SZEW	POL	K 40-49	2	K 6			WIELISZEW HERON TEAM	00:26:51	00:37:48	00:42:11.85	00:42:19.55	4:13	14.2
7	PASZKOWSKA MARCELINA	501	ZDROWA MICHA	WARS ZAWA	POL	K 30-39	5	K 7			BIEGANIE PO 40	00:26:33	00:37:50	00:42:22.60	00:42:30.05	4:14	14.2
8	MAJEWSKA EWA	407		WARS ZAWA	POL	K 40-49	3	K 8			BIEGANIE PO 40	00:27:05	00:38:54	00:43:50.50	00:43:59.80	4:23	13.7
9	GRULA DOMINIKA	187	KUŹNIA TRIATHLONU	WARS ZAWA	POL	K 30-39	6	K 9				00:27:36	00:39:32	00:44:34.85	00:44:45.30	4:27	13.5
10	TOMCZAK JOANNA	678		WARS ZAWA	POL	K 30-39	7	K 10				00:28:21	00:40:00	00:44:50.35	00:45:02.75	4:29	13.4
11	RĘDZIŃSKA GOSIA	559	ROZBIEGANY PIASTÓW	PIAST ÓW	POL	K 40-49	4	K 11			ROZBIEGANY PIASTÓW	00:28:11	00:40:40	00:45:43.45	00:45:53.95	4:34	13.1
12	CHOŁUJ ANNA	85	KOZIENICKI BIEGACZ	KOZIE NICE	POL	K 30-39	8	K 12			KOZIENICKI BIEGACZ	00:28:20	00:40:26	00:45:49.45	00:46:02.80	4:34	13.1
13	ZALEWSKA ANNA	763	GRUPA BIEGOWA CHTMO	SKRZ ESZE W	POL	K 30-39	9	K 13			GRUPA BIEGOWA CHTMO	00:28:45	00:41:21	00:46:23.00	00:46:32.05	4:38	12.9



**BIEG PRZEZ MOST , K Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
14	CHRUŚCIEL BEATA	976		MIĘDZYRZE EC PODLASKI	POL	K 30-39	10	K 14				00:29:01	00:41:36	00:46:39.50	00:46:55.75	4:39	12.9
15	JASZCZERSKA GRAŻYNA	233		WARSZAWA	POL	K 50-59	1	K 15	TAK			00:29:32	00:42:04	00:47:09.40	00:47:24.95	4:42	12.7
16	SELMOWICZ-ŻUK EMILIA	580	PASSION FIRST	WARSZAWA	POL	K 30-39	11	K 16		TAK		00:29:41	00:42:11	00:47:10.95	00:47:28.85	4:43	12.7
17	ZAJĄC DARIA	761		WARSZAWA	POL	K 30-39	12	K 17				00:29:19	00:42:20	00:47:32.55	00:47:41.85	4:45	12.6
18	NIECKARZ JUSTYNA	988		WARSZAWA	POL	K 30-39	13	K 18	TAK			00:29:45	00:43:04	00:48:12.65	00:48:52.30	4:49	12.4
19	DĄBROWSKA MAGDALENA	110		WARSZAWA	POL	K 1-29	1	K 19				00:30:51	00:43:21	00:48:22.00	00:48:36.25	4:50	12.4
20	PODSADNI-KRYSIK PAULINA	528	EKOBIEGI	WARSZAWA	POL	K 30-39	14	K 20	TAK			00:30:19	00:43:25	00:48:38.35	00:48:54.10	4:51	12.3
21	KOWALIKOWSKA RENATA	324	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	5	K 21	TAK		BIEGAM NA TARCHOMINIE	00:30:07	00:43:16	00:48:42.90	00:48:59.15	4:52	12.3
22	WEŁO EWELINA	710	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	K 30-39	15	K 22	TAK		BIEGAJ POD OKIEM TRENERA	00:30:10	00:43:35	00:49:07.60	00:49:16.95	4:54	12.2
23	JAKUBISIAK RENATA	216	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	6	K 23	TAK		BIEGAM NA TARCHOMINIE	00:30:29	00:43:37	00:49:13.15	00:49:57.15	4:55	12.2
24	SUWAŁA KATARZYNA	847		WARSZAWA	POL	K 30-39	16	K 24			ADIDAS RUNNERS WARSAW	00:30:51	00:43:59	00:49:13.70	00:49:37.00	4:55	12.2
25	RZYMOWSKA KRYSZYNA	575		WARSZAWA	POL	K 50-59	2	K 25				00:30:40	00:44:01	00:49:17.50	00:49:38.55	4:55	12.2
26	MISIAK ANNA	814	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 30-39	17	K 26				00:31:01	00:44:07	00:49:30.10	00:49:59.85	4:57	12.1
27	MAZUR EMILIA	425		KOCZYSTAR ARGENTINA	POL	K 30-39	18	K 27				00:29:55	00:44:02	00:49:41.15	00:49:51.30	4:58	12.1
28	FŁONT AGNIESZKA	144	DECATHLON TARGÓWEK	GARWOLIN	POL	K 30-39	19	K 28			DECATHLON TARGÓWEK	00:30:20	00:44:11	00:49:46.05	00:50:03.70	4:58	12.1
29	CICHOŃSKA ELŻBIETA	93		WARSZAWA	POL	K 50-59	3	K 29	TAK			00:31:29	00:44:30	00:49:55.10	00:50:27.95	4:59	12
30	AHEICHYK VOLHA	15		WARSZAWA	POL	K 30-39	20	K 30	TAK			00:30:48	00:44:30	00:49:56.80	00:50:35.15	4:59	12
31	GÓRZYŃSKA PATRYCJA	181	BIEGAM NA BIAŁOLECIE	WARSZAWA	POL	K 40-49	7	K 31	TAK			00:31:05	00:44:34	00:50:02.10	00:50:26.75	5:00	12
32	RUDNIK KATARZYNA	958	KB PACE WARSZAWA	WARSZAWA	POL	K 40-49	8	K 32				00:31:12	00:44:37	00:50:02.65	00:50:24.90	5:00	12
33	SKACZKOWSKA BARBARA	598		WARSZAWA	POL	K 40-49	9	K 33				00:31:26	00:44:46	00:50:35.95	00:51:05.85	5:03	11.9
34	FILIPOWICZ NATALIA	142	NEW BALANCE RUN CLUB	WARSZAWA	POL	K 30-39	21	K 34				00:31:26	00:45:11	00:50:48.05	00:51:08.00	5:04	11.8
35	WIEŁOWSKA KINGA	717		GÓRA	POL	K 1-29	2	K 35			LEWANDOWSCY	00:31:17	00:45:20	00:51:01.20	00:51:32.45	5:06	11.8
36	ŻYDEK-RÓG RENATA	787		WARSZAWA	POL	K 40-49	10	K 36				00:31:52	00:45:37	00:51:16.30	00:51:32.85	5:07	11.7
37	CHOTOMSKA DOROTA	86		LEGIONOWO	POL	K 30-39	22	K 37				00:31:44	00:45:45	00:51:27.60	00:51:33.55	5:08	11.7
38	CABAŃSKA DOROTA	74	GUNS&ROSES RUN TEAM	ŁÓDŹ ANKI	POL	K 40-49	11	K 38	TAK		GUNS&ROSES RUN TEAM	00:32:25	00:45:50	00:51:29.45	00:52:02.55	5:08	11.7

**BIEG PRZEZ MOST , K Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
39	WANAT KATARZYNA	706	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	K 30-39	23	K 39			BIEGAJ POD OKIEM TRENERA	00:31:31	00:45:57	00:51:38.50	00:51:58.45	5:09	11.6
40	ŁATKOWSKA MONIKA	390	GRUPA BIEGOWA CHTMO	CHOT OMÓ W	POL	K 40-49	12	K 40			GRUPA BIEGOWA CHTMO	00:31:54	00:46:00	00:51:40.65	00:52:11.90	5:10	11.6
41	PODSTAWKA JULIA	529		WARS ZAWA	POL	K 1-29	3	K 41	TAK			00:31:57	00:46:06	00:51:42.55	00:51:55.20	5:10	11.6
42	WALENDZIK WIESIA	704		WARS ZAWA	POL	K 40-49	13	K 42	TAK			00:32:13	00:46:00	00:51:46.40	00:52:41.65	5:10	11.6
43	WÓJCIK MONIKA	749	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	14	K 43	TAK		BIEGAM NA TARCHOMINIE	00:46:47		00:52:23.80	00:52:54.45	5:14	11.5
44	SŁOWIAK KLAUDIA	604		WARS ZAWA	POL	K 30-39	24	K 44				00:33:09	00:47:16	00:52:56.55	00:53:30.90	5:17	11.3
45	LEWANDOWSKA ANNA	377	GRUPA BIEGACZY SKÓRZEC BIEGA	MROZ Y	POL	K 40-49	15	K 45			GRUPA BIEGACZY SKÓRZEC BIEGA	00:32:50	00:46:58	00:52:59.70	00:53:26.15	5:17	11.3
46	TULA RENATA	687		WARS ZAWA	POL	K 60+	1	K 46				00:32:46	00:47:09	00:53:16.20	00:53:45.00	5:19	11.3
47	MIELCZARZYK JOANNA	434		WARS ZAWA	POL	K 30-39	25	K 47				00:33:50	00:47:39	00:53:18.60	00:54:14.75	5:19	11.3
48	TRUSZKOWSKA MARTA	836	BESTIE OCR LEGIONOWO	LEGIO NOW O	POL	K 30-39	26	K 48			BESTIE OCR LEGIONOWO	00:34:03	00:47:43	00:53:18.90	00:54:32.35	5:19	11.3
49	HUSZCZA AGATA	208		WARS ZAWA	POL	K 40-49	16	K 49	TAK			00:33:06	00:47:43	00:53:27.15	00:53:57.05	5:20	11.2
50	CIMOCHOWSKA-Ś WITALSKA MAGDALENA	97	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	17	K 50	TAK		BIEGAM NA TARCHOMINIE	00:33:24	00:47:37	00:53:28.80	00:53:59.30	5:20	11.2
51	KOŁODZIEJSKA IWONA	299		JABŁO NNA	POL	K 40-49	18	K 51				00:33:10	00:47:47	00:53:40.20	00:54:21.95	5:22	11.2
52	JAKUBOWSKA ANNA	217		WARS ZAWA	POL	K 30-39	27	K 52	TAK			00:33:16	00:48:19	00:54:13.00	00:54:55.10	5:25	11.1
53	ZAWIŚLAK JOLA	770	TEAM ZABIEGANEDNI	WARS ZAWA	POL	K 50-59	4	K 53				00:32:53	00:48:05	00:54:17.25	00:54:48.25	5:25	11.1
54	TOMCZUK-KUZKA KATARZYNA	679		WARS ZAWA	POL	K 40-49	19	K 54		TAK		00:33:15	00:48:03	00:54:17.40	00:54:51.25	5:25	11.1
55	WÓJCIK EWA	750		WARS ZAWA	POL	K 40-49	20	K 55	TAK			00:33:38	00:48:44	00:54:17.70	00:54:31.05	5:25	11.1
56	KLIMKIEWICZ-SIKORA BEATA	280	GRUPA BIEGOWA CHTMO	LEGIO NOW O	POL	K 40-49	21	K 56			GRUPA BIEGOWA CHTMO	00:33:18	00:48:12	00:54:18.35	00:54:50.05	5:25	11
57	HAWRYLUK-STASIAK EWA	201	BIEGUNI 2022/AKTYWNA WARSZAWA	WARS ZAWA	POL	K 60+	2	K 57			AKTYWNA WARSZAWA	00:34:14	00:48:28	00:54:22.75	00:55:05.65	5:26	11
58	SOBIELARSKA JOANNA	608		WARS ZAWA	POL	K 30-39	28	K 58	TAK			00:34:24	00:48:43	00:54:28.45	00:55:18.25	5:26	11
59	SIDORCZUK-KUMOSA DOROTA	581	TEAM ZABIEGANEDNI	WARS ZAWA	POL	K 40-49	22	K 59				00:34:28	00:48:45	00:54:43.10	00:55:47.40	5:28	11
60	WALCZUK MAGDA	701		WARS ZAWA	POL	K 40-49	23	K 60	TAK			00:34:49	00:49:12	00:54:45.95	00:55:47.55	5:28	11
61	KOSMAN MAŁGORZATA	311	SPORT GENERATION	WARS ZAWA	POL	K 60+	3	K 61				00:33:31	00:49:01	00:55:10.45	00:55:45.55	5:31	10.9
62	ŚWIDERSKA JOANNA	666	WSPARCIE TRENING OWE.PL	WARS ZAWA	POL	K 30-39	29	K 62	TAK			00:34:24	00:49:03	00:55:11.75	00:55:46.35	5:31	10.9
63	HRYCIUK KATARZYNA	206	EKOBIEGI	WARS ZAWA	POL	K 40-49	24	K 63				00:34:33	00:49:05	00:55:16.45	00:56:14.30	5:31	10.9
64	APANOWICZ ANGELIKA	17		WARS ZAWA	POL	K 40-49	25	K 64				00:35:13	00:49:31	00:55:24.65	00:56:04.20	5:32	10.8

**BIEG PRZEZ MOST , K Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
65	UŚCIŁOWSKA SYLWIA	695	PGNIG TERMIKA SA	ŁOMI ANKI	POL	K 40-49	26	K 65			PGNIG TERMIKA SA	00:34:33	00:49:23	00:55:30.75	00:56:37.80	5:33	10.8
66	ZARĘBA-TREMELE T KATARZYNA	765		WARS ZAWA	POL	K 40-49	27	K 66	TAK			00:33:55	00:49:11	00:55:31.45	00:55:56.55	5:33	10.8
67	GAWEŁ DOROTA	159		ŁOMI ANKI	POL	K 40-49	28	K 67				00:34:52	00:49:37	00:55:42.70	00:56:26.80	5:34	10.8
68	KOCIK ELŻBIETA	44		WARS ZAWA	POL	K 40-49	29	K 68	TAK	TAK		00:35:36	00:49:54	00:55:49.45	00:57:27.70	5:34	10.7
69	FLOREK MAŁGORZATA	145		WARS ZAWA	POL	K 30-39	30	K 69	TAK			00:34:18	00:49:55	00:55:53.35	00:56:44.85	5:35	10.7
70	FOLMAN AGATA	147		TEŁUS ZCZ	POL	K 30-39	31	K 70				00:35:25	00:50:05	00:55:57.15	00:56:41.55	5:35	10.7
71	FLAGA ANIA	795		WARS ZAWA	POL	K 30-39	32	K 71				00:34:53	00:50:14	00:56:11.75	00:56:43.90	5:37	10.7
72	KRASZEWSKA SYLWIA	332	SKLEPINDIE.PL WYSZKÓW	DROG OSZE WO	POL	K 40-49	30	K 72				00:35:05	00:50:15	00:56:20.10	00:57:12.65	5:38	10.7
73	SARNACKA JOANNA	578	PODESZWA TEAM	MARK I	POL	K 30-39	33	K 73				00:34:42	00:50:10	00:56:21.65	00:57:00.85	5:38	10.6
74	NAWROCKA ROMA	455	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	K 40-49	31	K 74		TAK	GRUPA BIEGOWA UM W-WA	00:34:38	00:50:05	00:56:32.25	00:57:07.30	5:39	10.6
75	JAGODA TERESA	214	GRUPA BIEGOWA CHTMO	LEGIO NOWO	POL	K 40-49	32	K 75			GRUPA BIEGOWA CHTMO	00:35:15	00:50:35	00:56:48.05	00:57:20.20	5:40	10.6
76	DOBOSZ ANETA	118	WŚCIEKLE PIĘŚCI WĘŻA	WARS ZAWA	POL	K 30-39	34	K 76	TAK			00:35:20	00:50:42	00:56:51.05	00:57:48.00	5:41	10.6
77	MATEJAK KATARZYNA	421		WARS ZAWA	POL	K 40-49	33	K 77				00:36:22	00:50:57	00:56:58.05	00:58:06.60	5:41	10.5
78	KUŚMIREK-KOWAL JOANNA	361	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	34	K 78	TAK		BIEGAM NA TARCHOMINIE	00:36:11	00:51:07	00:57:01.20	00:57:50.55	5:42	10.5
79	KLIMCZAK JUSTYNA	802		BYDG OSZCZ	POL	K 40-49	35	K 79				00:35:21	00:51:13	00:57:11.65	00:57:40.90	5:43	10.5
80	LEWANDOWSKA JOLANTA	986		NOWY DWÓR MAZO WIEC KI	POL	K 40-49	36	K 80			LEWANDOWSCY	00:35:30	00:50:54	00:57:27.75	00:58:04.30	5:44	10.4
81	WOŻNY BARBARA	747		WARS ZAWA	POL	K 60+	4	K 81	TAK			00:36:00	00:51:23	00:57:34.70	00:58:48.25	5:45	10.4
82	MYŚLIŃSKA ANNA	123	EKOBIEGI	WARS ZAWA	POL	K 40-49	37	K 82	TAK	TAK	EKOBIEGI	00:36:00	00:51:13	00:57:35.50	00:58:32.95	5:45	10.4
83	FEDORUK NATALIA	139		WARS ZAWA	POL	K 30-39	35	K 83		TAK		00:35:36	00:51:24	00:57:51.35	00:59:15.95	5:47	10.4
84	YURKEVICH NADESHDA	960		WARS ZAWA	POL	K 30-39	36	K 84				00:34:58	00:51:21	00:57:54.25	00:58:54.55	5:47	10.4
85	OLSZEWSKA DOROTA	478	BRACTWO BIEGOWE BGK	WARS ZAWA	POL	K 40-49	38	K 85			BRACTWO BIEGOWE BGK	00:35:37	00:51:26	00:57:57.20	00:58:53.85	5:47	10.4
86	KAMIEŃ MONIKA	257		WARS ZAWA	POL	K 1-29	4	K 86				00:35:35	00:51:40	00:57:59.35	00:58:30.90	5:47	10.3
87	SROCZYŃSKA EMILIA	617		WARS ZAWA	POL	K 40-49	39	K 87	TAK			00:36:07	00:51:55	00:58:09.70	00:58:46.25	5:48	10.3
88	BUDKOWSKA DOROTA	67		CZERWIŃSK NAD WISŁĄ	POL	K 30-39	37	K 88				00:36:26	00:52:06	00:58:19.00	00:59:24.55	5:49	10.3

**BIEG PRZEZ MOST , K Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
89	LIBERADZKA MAGDALENA	962		WARS ZAWA	POL	K 40-49	40	K 89				00:35:02	00:51:42	00:58:19.20	00:59:16.45	5:49	10.3
90	PIOTROWSKA EDYTA	514	BRACTWO BIEGOWE BGK	WARS ZAWA	POL	K 40-49	41	K 90			BRACTWO BIEGOWE BGK	00:35:27	00:51:44	00:58:19.60	00:59:16.60	5:49	10.3
91	BOGŁOWSKA ULA	56		WARS ZAWA	POL	K 30-39	38	K 91	TAK			00:36:07	00:52:09	00:58:23.00	00:59:44.10	5:50	10.3
92	TKACHOVA YULIYA	671		WARS ZAWA	BLR	K 30-39	39	K 92		DA		00:36:36	00:52:07	00:58:35.55	00:59:54.20	5:51	10.2
93	ŁUCZAK MAŁGORZATA	397	RUNNERSI ZE SKARBKA	WARS ZAWA	POL	K 40-49	42	K 93	TAK			00:36:08	00:52:07	00:58:39.05	00:59:20.30	5:51	10.2
94	GORCZYCA-KUŻNI CKA ILONA	176		LUBLI N	POL	K 40-49	43	K 94				00:36:58	00:52:40	00:58:49.30	00:59:37.75	5:52	10.2
95	TRZASKO ANIA	683		WARS ZAWA	POL	K 30-39	40	K 95				00:35:56	00:52:17	00:58:50.75	00:59:35.80	5:53	10.2
96	SIERZYCKA KATARZYNA	587		WARS ZAWA	POL	K 30-39	41	K 96				00:36:57	00:52:33	00:58:52.15	01:00:04.45	5:53	10.2
97	RUDNICKA EMILIA	568	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	44	K 97	TAK			00:35:32	00:52:10	00:58:54.00	00:59:58.65	5:53	10.2
98	SZYMAŃSKA MAŁGORZATA	724		WARS ZAWA	POL	K 40-49	45	K 98	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:36:00	00:52:29	00:58:55.20	00:59:30.50	5:53	10.2
99	PŁUCIŚ MAŁGORZATA	525		JABŁO NNA	POL	K 30-39	42	K 99				00:37:15	00:52:47	00:58:56.90	01:00:05.15	5:53	10.2
100	WACHOWSKA EMILIA	837	USŁUGI WETERYNARYJNE EMILIA WACHOWSKA	WRO CŁAW	POL	K 30-39	43	K 100				00:36:11	00:52:55	00:59:01.80	01:00:02.75	5:54	10.2
101	PONICHTERA KAROLINA	533		WOŁO MIN	POL	K 30-39	44	K 101				00:36:53	00:53:00	00:59:25.25	01:00:29.85	5:56	10.1
102	SZKUDLAREK EWA	651		OSTR ÓW WIELK OPOL SKI	POL	K 30-39	45	K 102				00:37:22	00:53:23	00:59:35.40	01:00:45.00	5:57	10.1
103	GODZISZ EWA	171	VEGERUNNERS	WARS ZAWA	POL	K 40-49	46	K 103			VEGE RUNNERS	00:37:36	00:53:29	00:59:37.90	01:00:44.00	5:57	10.1
104	LEWANDOWSKA JOANNA	376	WARSAW RUN CLUB	WARS ZAWA	POL	K 50-59	5	K 104				00:36:20	00:53:10	00:59:44.30	01:00:27.25	5:58	10
105	BRZozowska MAGDALENA	64	BIEGUSTATORZY	WARS ZAWA	POL	K 40-49	47	K 105				00:37:30	00:52:54	00:59:45.85	01:00:51.35	5:58	10
106	LIS-MAJER ANNA	385		WARS ZAWA	POL	K 30-39	46	K 106		TAK		00:35:31	00:53:03	00:59:46.15	01:00:35.15	5:58	10
107	GONTAREK OLGA	174		JÓZEF ÓW	POL	K 30-39	47	K 107		TAK		00:36:42	00:53:11	00:59:48.40	00:59:58.25	5:58	10
108	RABI JOANNA	551		WARS ZAWA	POL	K 30-39	48	K 108	TAK			00:38:03	00:53:48	00:59:56.00	01:00:32.25	5:59	10
109	SZYMOR JOANNA	660	SERWIS POJAZDÓW	WARS ZAWA	POL	K 30-39	49	K 109				00:36:21	00:52:57	01:00:01.65	01:00:50.95	6:00	10
110	JANKOWSKA WIOLETTA	222		WARS ZAWA	POL	K 40-49	48	K 110	TAK			00:36:31	00:53:35	01:00:02.45	01:01:04.05	6:00	10
111	BROŻEK ALEKSANDRA	62		WARS ZAWA	POL	K 30-39	50	K 111				00:36:25	00:53:23	01:00:04.10	01:00:57.75	6:00	10
112	MOSTOWSKA MAŁGOSIA	447		WARS ZAWA	POL	K 30-39	51	K 112	TAK			00:37:38	00:53:40	01:00:24.35	01:01:33.55	6:02	9.9
113	GAWROŃSKA AGATA	797	WYBIEGAJ SIEBIE	JABŁO NNA	POL	K 40-49	49	K 113				00:37:33	00:54:07	01:00:28.45	01:01:59.40	6:02	9.9
114	MARSZAŁEK KAROLINA	418		WARS ZAWA	POL	K 50-59	6	K 114	TAK			00:38:01	00:53:54	01:00:28.95	01:01:39.80	6:02	9.9

**BIEG PRZEZ MOST , K Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
115	PUCHALSKA WIOLETTA	545		DŁUG OSIO DŁO	POL	K 30-39	52	K 115				00:36:36	00:53:34	01:00:30.05	01:01:17.40	6:03	9.9
116	JAKUBICKA JOANNA	215		WARS ZAWA	POL	K 30-39	53	K 116				00:38:00	00:53:47	01:00:33.00	01:01:31.95	6:03	9.9
117	MALANOWSKA JULIA	410		WARS ZAWA	POL	K 30-39	54	K 117				00:37:32	00:54:05	01:00:38.00	01:01:18.70	6:03	9.9
118	MARCZAK GRAŻYNA	415	LECZO TEAM	WARS ZAWA	POL	K 60+	5	K 118				00:37:19	00:53:55	01:00:49.60	01:01:47.45	6:04	9.9
119	KĘDZIOREK ELA	273	TEAM ZABIEGANEDNI	WIĄZ OWN A	POL	K 30-39	55	K 119				00:36:27	00:53:43	01:00:54.00	01:01:50.10	6:05	9.9
120	ORŁOWSKA ANNA	482		SKRZ ESZE W	POL	K 30-39	56	K 120				00:37:40	00:54:26	01:01:00.00	01:02:09.90	6:06	9.8
121	KOWALSKA KATARZYNA	805	JUDO LEMUR	WARS ZAWA	POL	K 40-49	50	K 121	TAK			00:37:40	00:54:50	01:01:20.45	01:02:16.50	6:08	9.8
122	HARABIN JUSTYNA	200		CZAR NÓW	POL	K 30-39	57	K 122				00:37:41	00:54:21	01:01:20.50	01:02:21.70	6:08	9.8
123	DZIERZANOWSKA JULIA	134	ZABIEGANY WOŁOMIN	KOBY ŁKA	POL	K 1-29	5	K 123			ZABIEGANY WOŁOMIN	00:38:01	00:54:27	01:01:23.85	01:02:13.15	6:08	9.8
124	OSTRYSZ MAGDALENA	490		WARS ZAWA	POL	K 30-39	58	K 124				00:37:24	00:54:19	01:01:26.10	01:02:14.25	6:08	9.8
125	SZYPROWSKA MARIA	661		WARS ZAWA	POL	K 1-29	6	K 125	TAK			00:37:43	00:55:00	01:01:29.05	01:02:41.65	6:08	9.8
126	NIEWIADOMSKA KAROLINA	459		MARK I	POL	K 30-39	59	K 126				00:37:45	00:54:47	01:01:38.00	01:02:45.70	6:09	9.7
127	MARINA DIANA	416		WARS ZAWA	POL	K 1-29	7	K 127		TAK		00:38:38	00:55:16	01:01:38.05	01:02:58.25	6:09	9.7
128	RADOMSKA-ZUBC ZYŃSKA MARIA	554		WARS ZAWA	POL	K 30-39	60	K 128	TAK			00:36:24	00:54:34	01:01:42.20	01:02:34.00	6:10	9.7
129	PYSKUN ANNA	548		WARS ZAWA	UKR	K 1-29	8	K 129	YES			00:38:33	00:55:14	01:01:43.70	01:02:09.35	6:10	9.7
130	LELITO DARIA	369		WARS ZAWA	POL	K 30-39	61	K 130				00:38:04	00:55:05	01:01:55.00	01:03:15.20	6:11	9.7
131	KLOC HANNA	284	FALA NIEPORĘT	ARCIE CHO W	POL	K 1-29	9	K 131				00:35:31	00:54:42	01:02:14.60	01:03:45.85	6:13	9.6
132	NOWAK EDYTA	464		WARS ZAWA	POL	K 40-49	51	K 132	TAK			00:37:49	00:55:07	01:02:17.00	01:03:32.90	6:13	9.6
133	KOSEWSKA DOROTA	310	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 50-59	7	K 133	TAK		BIEGAM NA TARCHOMINIE	00:39:09	00:55:52	01:02:20.55	01:03:43.30	6:14	9.6
134	ORZECZOWSKA EWA	486		WARS ZAWA	POL	K 1-29	10	K 134	TAK			00:37:52	00:54:59	01:02:26.35	01:03:09.85	6:14	9.6
135	OSTROWIŃSKA JOANNA	489		WARS ZAWA	POL	K 40-49	52	K 135	TAK			00:39:31	00:55:37	01:02:28.80	01:04:11.30	6:14	9.6
136	CZARTORYSKA ANNA	103		WARS ZAWA	POL	K 40-49	53	K 136	TAK			00:38:27	00:55:51	01:02:54.95	01:03:28.35	6:17	9.5
137	BIENKOWSKA - GACKA KATARZYNA	49		ŁOMI ANKI	POL	K 30-39	62	K 137				00:38:45	00:56:02	01:03:03.35	01:04:02.75	6:18	9.5
138	WITEK MAŁGORZATA	729		WARS ZAWA	POL	K 40-49	54	K 138	TAK			00:38:36	00:56:17	01:03:13.20	01:03:49.85	6:19	9.5
139	OPOŃSKA EMILIA	481	BIEGAM NA TARCHOMINIE	JABŁO NNA	POL	K 30-39	63	K 139			BIEGAM NA TARCHOMINIE	00:39:17	00:56:44	01:03:17.45	01:04:34.45	6:19	9.5
140	PTASIEWICZ ALICJA	544		WIELI SZEW	POL	K 1-29	11	K 140				00:39:40	00:56:53	01:03:23.70	01:04:43.40	6:20	9.5

**BIEG PRZEZ MOST , K Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
141	DOBRUCH HANNA	121		WARS ZAWA	POL	K 50-59	8	K 141				00:39:02	00:56:08	01:03:26.05	01:04:20.05	6:20	9.5
142	SUBALSKA MARIOLA	634		KEPN O	POL	K 40-49	55	K 142				00:38:56	00:56:10	01:03:26.05	01:04:28.85	6:20	9.5
143	JUSZCZAK-SADOW SKA ANGELINA	248	POLFA TARCHOMIN	RAĘBIE Ń	POL	K 40-49	56	K 143				00:41:25	00:55:32	01:03:30.50	01:04:21.50	6:21	9.4
144	CHODUN AGNIESZKA	83		WARS ZAWA	POL	K 30-39	64	K 144				00:40:12	00:57:08	01:03:34.25	01:05:13.45	6:21	9.4
145	TORZEWSKA AGNIESZKA	680		WARS ZAWA	POL	K 40-49	57	K 145				00:39:19	00:56:17	01:03:36.25	01:05:02.85	6:21	9.4
146	MIKOŁAJCZYK KAROLINA	437	MARIO TEAM	PODD ĘBICE	POL	K 40-49	58	K 146				00:40:52	00:57:02	01:03:46.70	01:05:01.10	6:22	9.4
147	TALATAI SVIATLANA	835		WARS ZAWA	POL	K 30-39	65	K 147	TAK			00:37:28	00:56:28	01:03:48.55	01:04:50.25	6:22	9.4
148	PIKIEWICZ JULITA	511		OLSZ EWNI CA STAR A	POL	K 40-49	59	K 148				00:39:19	00:56:40	01:03:48.90	01:04:50.85	6:22	9.4
149	JANY ELŻBIETA	226	RUNNERS TEAM KEPNO	KEPN O	POL	K 40-49	60	K 149				00:39:02	00:56:29	01:03:49.15	01:04:52.35	6:22	9.4
150	GAWRACZYŃSKA ANNA	161	WTŁ STEGNY WARSZAWA	WARS ZAWA	POL	K 60+	6	K 150				00:40:22	00:57:16	01:04:05.10	01:04:53.05	6:24	9.4
151	POKRZYWNICKA-JA KUBOWSKA ANNA	530		WARS ZAWA	POL	K 40-49	61	K 151				00:39:01	00:57:12	01:04:10.90	01:05:38.10	6:25	9.4
152	SIERZPUTOWSKA EWA	586	GUNS&ROSES RUN TEAM	WARS ZAWA PRAG A PÓŁN OC	POL	K 50-59	9	K 152				00:39:11	00:56:58	01:04:31.75	01:05:55.70	6:27	9.3
153	MĘDEL MARTA	430		MARK I	POL	K 40-49	62	K 153				00:38:26	00:57:16	01:04:37.95	01:05:44.45	6:27	9.3
154	BORKOWSKA MONIKA	60		WARS ZAWA	POL	K 30-39	66	K 154	TAK			00:39:42	00:57:27	01:04:41.80	01:05:53.55	6:28	9.3
155	DŁUGOKĘCKA KATARZYNA	116		WARS ZAWA	POL	K 30-39	67	K 155	TAK			00:40:56	00:58:03	01:04:41.80	01:05:53.30	6:28	9.3
156	OPALIŃSKA KATARZYNA	480		WARS ZAWA	POL	K 30-39	68	K 156	TAK			00:40:14	00:58:11	01:04:53.45	01:05:57.85	6:29	9.2
157	WALECKA WIKTORIA	838	TRIATHLON TARCHOMIN TEAM	WARS ZAWA	POL	K 30-39	69	K 157	TAK	TAK	TRIATHLON TARCHOMIN TEAM	00:40:53	00:58:11	01:05:03.75	01:06:27.60	6:30	9.2
158	ZIARKO JOANNA	844		WARS ZAWA	POL	K 40-49	63	K 158				00:39:24	00:57:26	01:05:04.85	01:06:08.35	6:30	9.2
159	RUCYK JUSTYNA	567		WARS ZAWA	POL	K 40-49	64	K 159		TAK		00:40:52	00:58:38	01:05:40.35	01:07:12.85	6:34	9.1
160	NOWAK KATARZYNA	463		WARS ZAWA	POL	K 40-49	65	K 160				00:39:50	00:58:04	01:05:43.65	01:06:52.00	6:34	9.1
161	GROCHOWSKA JOANNA	4	BIEGAM DOBRZE DLA FUNDACJI SYNOPSIS	WARS ZAWA	POL	K 50-59	10	K 161				00:40:11	00:58:39	01:05:49.65	01:07:25.20	6:34	9.1
162	WIŚNIEWSKA ANETA	840		WARS ZAWA	POL	K 40-49	66	K 162	TAK			00:40:11	00:58:28	01:05:54.90	01:06:05.40	6:35	9.1
163	ZAWADKA AGNIESZKA	964			POL	K 50-59	11	K 163				00:40:17	00:58:29	01:06:08.75	01:07:36.25	6:36	9.1
164	PIOTROWSKA-KLO C MAGDA	515	FALA NIEPORĘT	ARCIE CHO W	POL	K 40-49	67	K 164				00:39:55	00:58:30	01:06:19.55	01:07:51.35	6:37	9

**BIEG PRZEZ MOST , K Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
165	KOMINEK GRAŻYNA	300		POŚW IĘTNE	POL	K 30-39	70	K 165				00:40:37	00:58:56	01:06:21.60	01:07:59.25	6:38	9
166	KOWALSKA KINGA	325	KB PACE	WARS ZAWA	POL	K 40-49	68	K 166				00:42:04	00:59:45	01:06:27.05	01:07:33.20	6:38	9
167	MAJCHRZAK ANNA	333	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 30-39	71	K 167	TAK	TAK		00:41:04	00:59:28	01:06:57.15	01:08:31.55	6:41	9
168	STEFANIAK MONIKA	623		WARS ZAWA	POL	K 1-29	12	K 168				00:43:07	01:00:21	01:07:02.40	01:08:33.95	6:42	9
169	NIEPORECKA SYLWIA	458		WARS ZAWA	POL	K 40-49	69	K 169				00:41:10	00:59:33	01:07:07.00	01:08:21.20	6:42	8.9
170	LAZAREVA SVETLANA	367		WARS ZAWA	POL	K 40-49	70	K 170		TAK		00:40:07	00:59:13	01:07:09.75	01:07:48.15	6:42	8.9
171	ZYCH KASIA	778	NEW BALANS	WARS ZAWA	POL	K 30-39	72	K 171				00:41:46	00:59:50	01:07:23.30	01:08:04.35	6:44	8.9
172	OGOŃCZYK DONATA	472		SERO CK	POL	K 30-39	73	K 172				00:40:12	01:00:05	01:07:37.45	01:09:02.85	6:45	8.9
173	MAJ PATRYCJA	810		WARS ZAWA	POL	K 1-29	13	K 173	TAK			00:40:52	00:59:45	01:07:48.10	01:08:58.85	6:46	8.8
174	KATNER-PRUSZYNSKA JOANNA	269	KB OŻARÓW MAZOWIECKI BIEGA	OŻARÓW MAZOWIECKI	POL	K 40-49	71	K 174			KB OŻARÓW MAZOWIECKI BIEGA	00:41:53	01:00:10	01:08:03.15	01:09:22.00	6:48	8.8
175	SZWARC ANNA	655	BIEGAM NA BIAŁOLECIE	WARS ZAWA	POL	K 40-49	72	K 175	TAK		BIEGAM NA BIAŁOLECIE	00:42:48	01:01:17	01:08:13.15	01:08:25.30	6:49	8.8
176	TABOR ANITA	834		WARS ZAWA	POL	K 40-49	73	K 176	TAK			00:42:14	01:00:31	01:08:15.40	01:09:16.45	6:49	8.8
177	GWIZDAŁA WIOLETTA	197		WARS ZAWA	POL	K 30-39	74	K 177				00:40:19	01:00:29	01:08:29.55	01:09:23.45	6:50	8.8
178	KLINOWSKA AGNIESZKA	281		WARS ZAWA	POL	K 30-39	75	K 178	TAK		BIEGAM NA BIAŁOLECIE	00:42:49	01:01:15	01:08:29.55	01:08:41.35	6:50	8.8
179	WIĘCH WIKTORIA	720		ŁAJSKI	POL	K 1-29	14	K 179				00:42:08	01:01:11	01:08:32.80	01:08:52.15	6:51	8.8
180	ZAWADZKA-NAZI MEK JOANNA	769	PRZYBYSZE Z MATPLANETY	WARS ZAWA	POL	K 40-49	74	K 180				00:42:29	01:01:23	01:08:35.30	01:09:59.25	6:51	8.7
181	LEWANDOWSKA MONIKA	375	BIEGAM NA BIAŁOLECIE	WARS ZAWA	POL	K 40-49	75	K 181	TAK		BIEGAM NA BIAŁOLECIE	00:42:54	01:01:20	01:08:40.50	01:08:52.65	6:52	8.7
182	TRZCIŃSKA IWONA	684		WARS ZAWA	POL	K 50-59	12	K 182				00:40:22	01:00:09	01:08:42.10	01:09:36.90	6:52	8.7
183	PRZYBYSŁAWSKA-PRASKA ILONA	542		ŁOMI ANKI DOLNE	POL	K 30-39	76	K 183				00:41:29	01:00:38	01:08:52.40	01:10:04.30	6:53	8.7
184	BARNAS ILONA	24		WARS ZAWA	POL	K 40-49	76	K 184				00:42:08	01:00:46	01:09:05.05	01:10:12.45	6:54	8.7
185	KARŁOWICZ ANNA	260	PARTIA WOLNYCH BIEGACZY	WARS ZAWA	POL	K 60+	7	K 185				00:42:53	01:01:16	01:09:10.75	01:10:45.50	6:55	8.7
186	GOŁACKA-PIOTOWSKA BEATA	173		WARS ZAWA	POL	K 50-59	13	K 186				00:41:43	01:01:21	01:09:24.40	01:10:27.65	6:56	8.6
187	MIRKOWSKA MONIKA	981		WARS ZAWA	POL	K 30-39	77	K 187				00:41:25	01:01:01	01:09:29.85	01:10:29.00	6:56	8.6
188	ĆWIKŁA JOANNA	108	REBEL RUN	WARS ZAWA	POL	K 40-49	77	K 188				00:42:42	01:01:33	01:09:31.60	01:09:54.95	6:57	8.6
189	CIEPLAK KATARZYNA	94	BIEGOWE WTORKI NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	78	K 189	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:42:43	01:01:32	01:09:32.35	01:09:54.75	6:57	8.6
190	SIEDLECKA MARTYNA	582	PANI	MARK I	POL	K 30-39	78	K 190				00:43:11	01:01:39	01:09:36.80	01:10:28.25	6:57	8.6

**BIEG PRZEZ MOST , K Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
191	CICHECKA ANETA	91		WARS ZAWA	POL	K 40-49	79	K 191				00:43:30	01:02:09	01:09:41.45	01:11:01.05	6:58	8.6
192	MATYSIAK AGNIESZKA	422		WARS ZAWA	POL	K 40-49	80	K 192				00:43:41	01:01:52	01:09:49.15	01:10:44.55	6:58	8.6
193	NAULEWICZ MONIKA	454		WARS ZAWA	POL	K 30-39	79	K 193	TAK			00:43:32	01:02:15	01:09:52.75	01:10:10.60	6:59	8.6
194	BOJARSKA MAGDALENA	58		WARS ZAWA	POL	K 30-39	80	K 194	TAK			00:43:32	01:02:17	01:09:52.85	01:10:10.75	6:59	8.6
195	KACZYŃSKA PAULA	254		WARS ZAWA	POL	K 1-29	15	K 195	TAK			00:43:55	01:02:28	01:10:06.45	01:11:22.65	7:00	8.6
196	SZYMAŃSKA-PAWL AK MAGDALENA	656		WARS ZAWA	POL	K 40-49	81	K 196				00:44:33	01:03:14	01:10:33.95	01:11:46.40	7:03	8.5
197	ŁOTOWSKA MAŁGORZATA	391		LEGIO NOW O	POL	K 30-39	81	K 197				00:43:17	01:02:58	01:10:52.15	01:12:18.30	7:05	8.5
198	MICHNOWSKA ADRIANA	431	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	82	K 198	TAK		BIEGAM NA TARCHOMINIE	00:42:26	01:02:52	01:11:00.55	01:12:23.50	7:06	8.5
199	GRYGOWSKA BEATA	189		JABŁO NNA	POL	K 40-49	83	K 199				00:42:41	01:02:40	01:11:08.70	01:12:23.55	7:06	8.4
200	LISOWSKA ALICJA	386	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 30-39	82	K 200	TAK		BIEGAM NA TARCHOMINIE	00:43:13	01:03:35	01:11:10.25	01:12:34.70	7:07	8.4
201	KWIECIEŃ AGATA	366		WARS ZAWA	POL	K 50-59	14	K 201	YES			00:42:37	01:02:53	01:11:21.15	01:12:30.70	7:08	8.4
202	KOSMOWSK MAGDALENA	312	SULEK TEAM :)	ZĄBKI	POL	K 30-39	83	K 202				00:44:54	01:03:47	01:11:29.85	01:13:07.80	7:08	8.4
203	BLOCH KATARZYNA	52		RAJSZ EW	POL	K 40-49	84	K 203				00:44:01	01:03:44	01:11:31.55	01:12:04.35	7:09	8.4
204	ZAKHARKEVICH HALINA	991		WARS ZAWA	POL	K 30-39	84	K 204	TAK			00:43:59	01:03:28	01:11:39.65	01:13:10.25	7:09	8.4
205	TOMASZEWSKA MARIOLA	675	BIEGAM DLA SIEBIE	WARS ZAWA	POL	K 50-59	15	K 205				00:43:21	01:03:51	01:12:10.95	01:13:37.30	7:13	8.3
206	KASPRZAK OLGA	266		WARS ZAWA	POL	K 50-59	16	K 206	TAK			00:44:07	01:04:05	01:12:19.75	01:13:49.25	7:13	8.3
207	SIKORSKA KAROLINA	591	KIP RUNNING	MAGD ALEN KA	POL	K 40-49	85	K 207				00:44:44	01:04:09	01:12:23.40	01:13:57.35	7:14	8.3
208	BIERNACKA AGNIESZKA	50		LEGIO NOW O	POL	K 50-59	17	K 208				00:43:53	01:04:28	01:13:32.70	01:14:32.25	7:21	8.2
209	SZŁĄŻAK POLA	957		WARS ZAWA	POL	K 30-39	85	K 209				00:44:25	01:05:01	01:13:34.10	01:14:32.55	7:21	8.2
210	GABRYLEWICZ KATARZYNA	151	DZIKUNY	WARS ZAWA	POL	K 40-49	86	K 210	TAK			00:45:33	01:05:10	01:14:04.95	01:15:17.10	7:24	8.1
211	POPŁOŃSKA KATARZYNA	534		WARS ZAWA	POL	K 40-49	87	K 211		TAK		00:44:56	01:05:44	01:14:34.35	01:16:04.20	7:27	8
212	RUSIN ANNA	828		JABŁO NNA	POL	K 1-29	16	K 212				00:45:05	01:06:44	01:15:14.75	01:16:38.00	7:31	8
213	PANASIUK AGA	499		ZĄBKI	POL	K 40-49	88	K 213	TAK			00:45:58	01:06:52	01:15:31.15	01:16:51.05	7:33	7.9
214	WIŚNIEWSKA-DUD A ANNA	727		WARS ZAWA	POL	K 30-39	86	K 214	TAK			00:46:15	01:06:44	01:15:32.10	01:17:04.90	7:33	7.9
215	KNAP DOROTA	289	ZALATANI 1BLTR	WARS ZAWA	POL	K 30-39	87	K 215				00:46:47	01:06:59	01:15:40.35	01:16:57.80	7:34	7.9
216	ŁĄCKA ILONA	7	BIAŁOLEKA JEST KOBIEȚĄ	WARS ZAWA	POL	K 50-59	18	K 216	TAK	TAK		00:47:06	01:07:30	01:16:16.90	01:17:35.55	7:37	7.9
217	JANKOWSKA ŻANETA	223		LEGIO NOW O	POL	K 30-39	88	K 217				00:46:19	01:08:51	01:16:24.90	01:18:01.35	7:38	7.9



**BIEG PRZEZ MOST , K Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
218	KERNER AGNIESZKA	980		WARS ZAWA	POL	K 50-59	19	K 218			GRUPA BIEGOWA UM W-WA	00:47:22	01:08:00	01:16:27.60	01:18:10.10	7:38	7.8
219	ŁOZOWSKA DOROTA	394		WARS ZAWA	POL	K 40-49	89	K 219	TAK			00:47:13	01:08:46	01:16:32.95	01:17:39.65	7:39	7.8
220	BUDEK EWA	66		WARS ZAWA	POL	K 40-49	90	K 220				00:45:52	01:07:56	01:16:42.80	01:17:50.15	7:40	7.8
221	KŁYK ZOFIA	287		KIELPI N	POL	K 30-39	89	K 221		TAK		00:47:30	01:08:04	01:17:06.10	01:18:36.40	7:42	7.8
222	ZBIŃKOWSKA DOROTA	772		MILAN ÓWEK	POL	K 50-59	20	K 222		TAK		00:48:50	01:09:05	01:17:18.35	01:18:57.80	7:43	7.8
223	PLICHCIŃSKA MAŁGORZATA	519	EKONOMIK MOKOTÓW	WARS ZAWA	POL	K 40-49	91	K 223	TAK			00:47:49	01:08:17	01:17:29.30	01:19:09.25	7:44	7.7
224	STELMASZCZYK MICHALINA	966		WARS ZAWA	POL	K 1-29	17	K 224				00:47:05	01:08:09	01:17:33.90	01:19:04.55	7:45	7.7
225	ROGUSKA MAGDALENA	40	MAGDALENA ROGUSKA	WARS ZAWA	POL	K 40-49	92	K 225	TAK	TAK		00:46:56	01:08:17	01:17:46.55	01:19:19.55	7:46	7.7
226	ZATYLNIA JOANNA	767		WARS ZAWA	POL	K 40-49	93	K 226	TAK			00:46:21	01:08:39	01:18:23.50	01:19:59.65	7:50	7.7
227	ROSZCZYK MARTYNA	565	NAPRZÓD MŁOCINY	WARS ZAWA	POL	K 1-29	18	K 227				00:49:39	01:10:37	01:18:35.80	01:20:17.40	7:51	7.6
228	REMBERK DANUTA	557		WARS ZAWA	POL	K 60+	8	K 228				00:49:35	01:09:50	01:19:06.40	01:20:35.60	7:54	7.6
229	SZCZYPIŃSKA BEATA	647		WARS ZAWS	POL	K 40-49	94	K 229		TAK		00:50:02	01:10:42	01:19:10.95	01:20:15.00	7:55	7.6
230	OLCZAK URSZULA	475	UMCS BIEGA	WARS ZAWA	POL	K 50-59	21	K 230				00:49:04	01:10:06	01:19:15.75	01:20:57.45	7:55	7.6
231	WICHTOWSKA KAROLINA	716		WARS ZAWA	POL	K 30-39	90	K 231		TAK		00:49:41	01:12:00	01:21:12.05	01:22:12.95	8:07	7.4
232	WRÓBEL MAGDA	752	NIE MAM KLUBU	WARS ZAWA	POL	K 40-49	95	K 232				00:50:53	01:14:17	01:23:56.45	01:25:18.30	8:23	7.1
233	STAŃKOWSKA KATARZYNA	620	TEAM WARIAT	WARS ZAWA	POL	K 50-59	22	K 233		TAK		00:53:26	01:15:59	01:25:42.00	01:27:04.40	8:34	7
234	OBWISŁO JOANNA	983			POL	K 40-49	96	K 234				00:55:03	01:18:56	01:28:35.85	01:30:20.50	8:51	6.8
235	BRZEZOWSKA BEATA	789		WARS ZAWA	POL	K 50-59	23	K 235				00:55:02	01:18:54	01:28:36.65	01:30:21.05	8:51	6.8
236	CHMIST AGNIESZKA	80		WARS ZAWA	POL	K 40-49	97	K 236		TAK		00:54:26	01:19:30	01:30:29.70	01:32:07.90	9:02	6.6
237	HARABIN KINGA	199		CZAR NÓW	POL	K 30-39	91	K 237		TAK		00:57:30				8:42	6.9
238	KĄZMIERCZAK MARTA	984		WARS ZAWA	POL	K 40-49	98	K 238			DREAM RUN						
239	WRÓBLEWSKA JOANNA	753	LAS NA ZAWSZE	WARS ZAWA	POL	K 60+	9	K 239									

**BIEG PRZEZ MOST , M Open**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	CHRUŚCIEL JACEK	975		MIĘD ZYRZ EC PODL ASKI	POL	M 40-49	1	M 1				00:21:44	00:30:55	00:34:44.70	00:34:46.95	3:28	17.3
2	FALANDYSZ DAMIAN	137	WPRRUNNING PRUSZKÓW	PRUS ZKÓW	POL	M 30-39	1	M 2				00:22:07	00:31:20	00:35:07.00	00:35:09.55	3:30	17.1

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
3	PYRZAK PAWEŁ	547	BIEGANIEPO40.PL	WARS ZAWA	POL	M 30-39	2	M 3	TAK		BIEGANIE PO 40	00:22:05	00:31:24	00:35:19.70	00:35:21.70	3:31	17
4	KRZESZEWSKI RAFAŁ	346	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	M 30-39	3	M 4	TAK		BIEGAJ POD OKIEM TRENERA	00:22:50	00:32:12	00:35:58.30	00:36:01.30	3:35	16.7
5	ŁOZOWSKI OLAF	395	#ZALINIAMETYTEAM	GROD ZISK MAZO WIEC KI	POL	M 30-39	4	M 5				00:22:51	00:32:25	00:36:14.35	00:36:17.05	3:37	16.6
6	ZYCH MARIUSZ	777	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	M 40-49	2	M 6			BIEGAJ POD OKIEM TRENERA	00:22:50	00:32:22	00:36:19.40	00:36:23.75	3:37	16.5
7	URMANOWSKI DANIEL	694	DREAM RUN	WARS ZAWA	POL	M 30-39	5	M 7	TAK			00:22:36	00:32:22	00:36:23.55	00:36:26.05	3:38	16.5
8	KUREK JAROSŁAW	357	WAT	WARS ZAWA	POL	M 30-39	6	M 8	TAK			00:23:00	00:32:36	00:36:32.20	00:36:34.75	3:39	16.4
9	KOBYLECKI MATEUSZ	293	BIEGNĘ PO PIWO	WARS ZAWA	POL	M 1-29	1	M 9	TAK			00:22:59	00:32:41	00:36:37.45	00:36:40.25	3:39	16.4
10	HILDEBRAND MARCIN	203	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 30-39	7	M 10	TAK		BIEGAM NA TARCHOMINIE	00:22:59	00:32:43	00:36:51.95	00:36:55.05	3:41	16.3
11	WOŹNIAK PRZEMYSŁAW	745	WIELISZEW HERON TEAM	LEGIO NOW O	POL	M 30-39	8	M 11			WIELISZEW HERON TEAM	00:23:23	00:33:14	00:37:13.90	00:37:18.25	3:43	16.1
12	JASZCZERSKI PAWEŁ	234		WARS ZAWA	POL	M 30-39	9	M 12	TAK			00:23:31	00:33:24	00:37:25.25	00:37:29.35	3:44	16
13	MIOTK MARCIN	443	MIOTK.PL EVEREST MOTYWACJI	WARS ZAWA	POL	M 50-59	1	M 13	TAK		BIEGANIE PO 40	00:23:29	00:33:27	00:37:32.90	00:37:35.85	3:45	16
14	WITKOWSKI PAWEŁ	730	WIELISZEW HERON TEAM	ŁAJSKI	POL	M 40-49	3	M 14			WIELISZEW HERON TEAM	00:23:37	00:33:33	00:37:40.70	00:37:44.60	3:46	15.9
15	JUSIŃSKI KRYSZTOF	247	BRACTWO BIEGOWE BGK	WARS ZAWA	POL	M 30-39	10	M 15			BRACTWO BIEGOWE BGK	00:23:29	00:33:33	00:37:41.90	00:37:45.65	3:46	15.9
16	KRZEMPEK ALEKSANDER	345	BIEGANIE PO 40	WARS ZAWA	POL	M 50-59	2	M 16			BIEGANIE PO 40	00:23:27	00:33:43	00:37:48.35	00:37:50.55	3:46	15.9
17	SOBCZYK GRZEGORZ	607	KOZIENICKI BIEGACZ	KOZIE NICE	POL	M 30-39	11	M 17		TAK	KOZIENICKI BIEGACZ	00:23:31	00:33:41	00:37:53.60	00:38:00.20	3:47	15.8
18	PLUTA DANIEL	521	TEAM PLUTT	PIAST ÓW	POL	M 30-39	12	M 18				00:23:34	00:33:29	00:38:01.45	00:38:04.30	3:48	15.8
19	DZIEGIELEWSKI RAFAŁ	849	KB WYSZKÓW	WYSZ KÓW	POL	M 40-49	4	M 19				00:23:36	00:33:55	00:38:04.10	00:38:07.50	3:48	15.8
20	MARCINISZYN GRZEGORZ	813	DUCLA ACADEMY	WARS ZAWA	POL	M 30-39	13	M 20				00:23:59	00:33:58	00:38:02.80	00:38:08.35	3:48	15.8
21	BAK JAREK	28	WIELISZEW HERON TEAM	STAR E LIPINY	POL	M 40-49	5	M 21			WIELISZEW HERON TEAM	00:24:02	00:34:02	00:38:06.00	00:38:13.75	3:48	15.7
22	KLAŚ ŁUKASZ	279	TEAM PARSZCZYŃSKIXH	WARS ZAWA	POL	M 40-49	6	M 22	TAK			00:23:47	00:34:09	00:38:22.50	00:38:25.15	3:50	15.6
23	KUPA BARTOSZ	356	KLUB BIEGACZY JYSK	SŁUP NO	POL	M 30-39	14	M 23				00:23:59	00:34:15	00:38:29.50	00:38:32.75	3:50	15.6
24	GOLONKA PRZEMYSŁAW	172	#KRZYSIOTEAM	CIECI ERZY N	POL	M 1-29	2	M 24				00:24:17	00:34:39	00:38:49.00	00:38:53.95	3:52	15.5
25	ŁUKASZUK MICHAŁ	968	LEMIESZ TEAM	WARS ZAWA	POL	M 40-49	7	M 25				00:24:16	00:34:39	00:38:52.25	00:38:56.55	3:53	15.4
26	GOZDEK RADEK	177	BIEGANIEPO40.PL	WARS ZAWA	POL	M 50-59	3	M 26	TAK		BIEGANIE PO 40	00:24:25	00:34:53	00:39:14.65	00:39:18.10	3:55	15.3
27	ZAWOJSKI MACIEJ	290	AKADEMIA WIOŚLARSKA ZAWOJSKICH	WARS ZAWA	POL	M 30-39	15	M 27				00:25:06	00:35:20	00:39:26.40	00:39:31.85	3:56	15.2

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
28	BIELECKI JAKUB	45	JAKUB BIELECKI	WARS ZAWA	POL	M 30-39	16	M 28				00:24:56	00:35:21	00:39:34.10	00:39:38.95	3:57	15.2
29	LEWDOROWICZ WOJCIECH	380	SAM SOBIE KLUBEM	KADY	POL	M 40-49	8	M 29				00:24:41	00:35:19	00:39:37.55	00:39:43.15	3:57	15.1
30	KARPIŃSKI MARCIN	263		WARS ZASA	POL	M 40-49	9	M 30	TAK			00:25:10	00:35:34	00:39:50.05	00:39:56.05	3:59	15.1
31	POTOROKA VITALII	535	ROZBIEGANY PIASTÓW	PRUS ZKÓW	UKR	M 1-29	3	M 31			ROZBIEGANY PIASTÓW	00:24:54	00:35:33	00:40:05.05	00:40:10.35	4:00	15
32	LEWANDOWSKI MATEUSZ	379	BKS	NOWY DWÓR MAZO WIECKI	POL	M 1-29	4	M 32			LEWANDOWSCY	00:25:11	00:35:39	00:40:08.90	00:40:14.50	4:00	15
33	GŁOWACKI PAWEŁ	167	WENET RUNNERS TEAM	SEROCK	POL	M 40-49	10	M 33				00:25:30	00:36:03	00:40:13.20	00:40:22.45	4:01	14.9
34	KOŚCIK JAKUB	316	ADIDAS RUNNERS WARSAW	WARS AW	POL	M 30-39	18	M 34			ADIDAS RUNNERS WARSAW	00:25:18	00:35:56	00:40:15.65	00:40:22.55	4:01	14.9
35	SIEMIENIAKA MAREK	585	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 30-39	17	M 35			BIEGAM NA TARCHOMINIE	00:24:39	00:35:49	00:40:10.55	00:40:48.95	4:01	14.9
36	KUBIAK SŁAWOMIR	349		WARS ZAWA	POL	M 40-49	11	M 36	TAK			00:25:30	00:36:24	00:40:54.35	00:41:00.65	4:05	14.7
37	OLCZAK JANUSZ	474	WARSAW SENIOR RUNNERS TEAM	WARS ZAWA	POL	M 50-59	4	M 37				00:25:52	00:36:45	00:41:05.95	00:41:10.80	4:06	14.6
38	TKACZYK ADAM	672		WARS ZAWA	POL	M 30-39	19	M 38				00:25:26	00:36:57	00:41:09.65	00:41:13.20	4:06	14.6
39	PAWLAK ANDRZEJ	503		KOMORNICA	POL	M 30-39	20	M 39			WIELISZEW HERON TEAM	00:25:30	00:36:40	00:41:18.05	00:41:23.35	4:07	14.5
40	SZYMAŃSKI ANDRZEJ	657		WARS ZAWA	POL	M 40-49	12	M 40	TAK			00:25:36	00:36:43	00:41:19.80	00:41:24.20	4:07	14.5
41	TROJAN PRZEMYSŁAW	999	ZABIEGANIDOBROWOLSCY.PL	SKRZESZE W	POL	M 30-39	21	M 41				00:25:32	00:36:54	00:41:23.60	00:41:29.75	4:08	14.5
42	KAROLCZAK ALEKSANDER	262	DECATHLON TARGÓWEK	WARS ZAWA	POL	M 1-29	5	M 42			DECATHLON TARGÓWEK	00:25:31	00:36:41	00:41:26.70	00:41:33.05	4:08	14.5
43	GAWĘŁ PIOTR	158		ŁOMIANKI	POL	M 40-49	13	M 43				00:25:09	00:36:54	00:41:31.70	00:41:38.05	4:09	14.5
44	STYRNIK KRYSZTOF	633		NAŁĘCZÓW	POL	M 1-29	6	M 44				00:27:24	00:37:05	00:41:35.75	00:41:43.15	4:09	14.4
45	LENDZION MARCIN	372	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 1-29	7	M 45		TAK	GRUPA BIEGOWA UM W-WA	00:26:04	00:37:11	00:41:42.80	00:41:50.85	4:10	14.4
46	STASZEWSKI WOJCIECH	622	KS STASZEWSKY	WARS ZAWA	POL	M 50-59	5	M 46		TAK	KS STASZEWSKY	00:26:14	00:37:22	00:41:52.55	00:41:59.65	4:11	14.3
47	HOFFMAN SEBASTIAN	204		ŁOMIANKI	POL	M 40-49	14	M 47				00:26:23	00:37:28	00:42:00.35	00:42:06.80	4:12	14.3
48	KLOC MACIEJ	283	FALA NIEPORĘT	ARCIECHÓW	POL	M 1-29	8	M 48		TAK		00:25:50	00:37:36	00:42:08.60	00:42:17.20	4:12	14.2
49	GAŁĄZKA ŁUKASZ	156		CHOTOMÓW	POL	M 40-49	15	M 49				00:25:40	00:37:19	00:42:13.05	00:42:18.00	4:13	14.2
50	SALATKA KRZYSZTOF	577		ŁOMIANKI	POL	M 50-59	6	M 50				00:26:34	00:37:55	00:42:20.90	00:42:27.85	4:14	14.2
51	KACPRZYK ALEX	251	RP RUNNERS	WARS ZAWA	POL	M 50-59	7	M 51				00:26:50	00:37:51	00:42:21.65	00:42:29.35	4:14	14.2

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
52	MILCZARZYK DARIUSZ	439	KOZIENICKI BIEGACZ	KOZIE NICE	POL	M 30-39	22	M 52			KOZIENICKI BIEGACZ	00:26:21	00:37:45	00:42:20.95	00:42:29.45	4:14	14.2
53	MACIEJEWSKI MICHAŁ	956	#ZALINIAMETYTEAM	PRUS ZKÓW	POL	M 40-49	16	M 53						00:42:33.00	00:42:33.00	4:15	14.1
54	SKUZA MACIEJ	602		WARS ZAWA	POL	M 40-49	17	M 54				00:26:22	00:37:55	00:42:33.90	00:42:39.75	4:15	14.1
55	WASIELEWSKI MAREK	708		WARS ZAWA	POL	M 30-39	23	M 55	TAK			00:26:15	00:37:49	00:42:35.50	00:42:42.75	4:15	14.1
56	FALANDYSZ JANUSZ	138	WPRRUNNING PRUSZKÓW	PRUS ZKÓW	POL	M 60+	1	M 56				00:26:31	00:38:17	00:42:34.70	00:42:44.60	4:15	14.1
57	KOWAL TOMASZ	319	ROZBIEGANY PIASTÓW	PRUS ZKÓW	POL	M 40-49	19	M 57			ROZBIEGANY PIASTÓW	00:26:48	00:38:25	00:43:06.75	00:43:11.80	4:18	13.9
58	MIECZKOWSKI ROBERT	433	ROZBIEGANY PIASTÓW	PRUS ZKÓW	POL	M 40-49	18	M 58			ROZBIEGANY PIASTÓW	00:26:59	00:38:30	00:43:03.75	00:43:11.80	4:18	13.9
59	ZGODA MATEUSZ	773	NAPRZÓD MŁOCINY	WARS ZAWA	POL	M 30-39	24	M 59	TAK			00:27:20	00:38:32	00:43:06.25	00:43:15.75	4:18	13.9
60	KRÓL MACIEJ	338	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	20	M 60			BIEGAM NA TARCHOMINIE	00:26:23	00:38:27	00:43:09.15	00:43:16.05	4:18	13.9
61	CZARNECKI PIOTR	101	TARCHOŚFIRY	WARS ZAWA	POL	M 40-49	21	M 61	TAK		TARCHOŚFIRY	00:26:51	00:38:33	00:43:12.35	00:43:20.65	4:19	13.9
62	FLAGA BARTŁOMIEJ	796		WARS ZAWA	POL	M 30-39	27	M 62				00:26:08	00:38:27	00:43:16.80	00:43:21.55	4:19	13.9
63	DENERT MARIUSZ	113	WAT	WARS ZAWA	POL	M 30-39	26	M 63				00:27:03	00:38:31	00:43:16.15	00:43:26.05	4:19	13.9
64	ZALEWSKI PAWEŁ	985	ROPUCH	SKRZ ESZE W	POL	M 40-49	22	M 64				00:26:47	00:38:31	00:43:12.95	00:43:36.85	4:19	13.9
65	ŚCIBIOREK BARTOSZ	663		WARS ZAWA	POL	M 30-39	25	M 65				00:26:19	00:38:35	00:43:11.70	00:43:48.15	4:19	13.9
66	UMIASTOWSKI BARTOSZ	691		NOWY DWÓR MAZO WIEC KI	POL	M 1-29	9	M 66				00:27:18	00:38:52	00:43:36.25	00:43:48.95	4:21	13.8
67	CZERWIEC ANDRZEJ	965	MARKOWI BIEGACZE	MARK I	POL	M 40-49	23	M 67	TAK		MARKOWI BIEGACZE	00:27:12	00:39:03	00:44:00.60	00:44:10.00	4:24	13.6
68	GALIŃSKI SEBASTIAN	155		CHOT OMÓ W	POL	M 30-39	28	M 68				00:26:58	00:39:25	00:44:25.40	00:44:33.10	4:26	13.5
69	SIEDLECKI ŁUKASZ	583	BIEGANIE PO 40	WARS ZAWA	POL	M 30-39	29	M 69			BIEGANIE PO 40	00:27:16	00:39:23	00:44:31.10	00:44:39.55	4:27	13.5
70	ŁUKASZEWSKI KAMIL	399		RADO MSKO	POL	M 1-29	10	M 70				00:27:43	00:39:49	00:44:30.05	00:44:40.95	4:27	13.5
71	JASKÓŁOWSKI WALDEMAR	232	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	M 50-59	8	M 71	TAK		BIEGAJ POD OKIEM TRENERA	00:27:41	00:39:41	00:44:32.55	00:44:42.25	4:27	13.5
72	BERNACKI WIKTOR	37	DOCHODOWYMARKETING.PL	ZAWI ERCIE	POL	M 1-29	11	M 72				00:27:50	00:39:52	00:44:34.40	00:44:43.30	4:27	13.5
73	KLAPENDA MARIUSZ	278	MARIO TEAM	ŁĘCZ YCA	POL	M 40-49	24	M 73				00:27:53	00:39:54	00:44:40.60	00:44:48.15	4:28	13.4
74	TOBOŁA PAWEŁ	673	AKS POLONIA WARSZAWA	WARS ZAWA	POL	M 40-49	28	M 74				00:27:32	00:40:07	00:45:00.00	00:45:06.25	4:30	13.3
75	FABISIAK MARCIN	135	TEAM ZABIEGANEDNI	WARS ZAWA	POL	M 40-49	26	M 75				00:28:15	00:40:14	00:44:56.30	00:45:07.65	4:29	13.4
76	BONAREK PAWEŁ	59		PIOTR KÓW TRYB UNAL SKI	POL	M 40-49	27	M 76				00:27:38	00:40:02	00:44:58.20	00:45:09.45	4:29	13.3

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
77	SUŁKOWSKI TOMASZ	639		WARS ZAWA	POL	M 40-49	25	M 77				00:28:20	00:40:05	00:44:53.70	00:45:10.55	4:29	13.4
78	MANCZENKO EUGENIUSZ	812	LEŚNE SZYCHY	WARS ZAWA	POL	M 40-49	29	M 78				00:28:18	00:39:59	00:45:00.25	00:45:15.30	4:30	13.3
79	TYMOLEWSKI GRZEGORZ	689		WARS ZAWA	POL	M 1-29	12	M 79	TAK			00:28:27	00:40:39	00:45:11.25	00:45:17.80	4:31	13.3
80	WICENTY PAWEŁ	715	DECATHLON TARGÓWEK	WARS ZAWA	POL	M 30-39	30	M 80	TAK		DECATHLON TARGÓWEK	00:28:19	00:40:23	00:45:01.35	00:45:18.10	4:30	13.3
81	HALAT ANDRZEJ	198	POSMAKUJ RUN TEAM	WARS ZAWA	POL	M 40-49	31	M 81				00:28:32	00:40:23	00:45:05.70	00:45:18.65	4:30	13.3
82	WNUK TOMASZ	735	NAPRZÓD MŁOCINY	WARS ZAWA	POL	M 40-49	30	M 82				00:28:18	00:40:01	00:45:05.60	00:45:20.35	4:30	13.3
83	WYGONOWSKI JACEK	755	DZIKUR CREW	WARS ZAWA	POL	M 50-59	9	M 83	TAK			00:28:24	00:40:00	00:44:47.25	00:45:24.20	4:28	13.4
84	GIEGIEL LUKASZ	163		WARS ZAWA	POL	M 30-39	31	M 84				00:28:15	00:40:13	00:45:15.05	00:45:30.40	4:31	13.3
85	MACHALSKI MATEUSZ	402	ASP HOOLIGANS	WARS ZAWA	POL	M 30-39	33	M 85				00:28:46	00:40:42	00:45:22.65	00:45:33.60	4:32	13.2
86	SKAWSKI JAN	599	VEGAS WĘGORZEWO RUNNING	WARS ZAWA	POL	M 40-49	33	M 86				00:28:14	00:40:43	00:45:28.85	00:45:37.00	4:32	13.2
87	MICHNOWSKI SEBASTIAN	432	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	32	M 87	TAK		BIEGAM NA TARCHOMINIE	00:28:01	00:40:23	00:45:24.60	00:45:38.40	4:32	13.2
88	GUMUŁA JAKUB	193		WARS ZAWA	POL	M 30-39	32	M 88				00:28:18	00:40:31	00:45:17.70	00:45:40.70	4:31	13.2
89	BEKKER PIOTR	32		WARS ZAWA	POL	M 40-49	34	M 89				00:28:26	00:40:40	00:45:32.90	00:45:56.05	4:33	13.2
90	ZIELINSKI KRZYSZTOF	775		WARS ZAWA	POL	M 40-49	35	M 90				00:28:18	00:40:47	00:45:46.85	00:46:04.05	4:34	13.1
91	KOŁODZIEJ MIROSŁAW	297	WOLNY KRAFT - WYBIEGAJ BROWARKA	WARS ZAWA	POL	M 30-39	34	M 91				00:28:16	00:40:48	00:45:54.95	00:45:59.60	4:35	13.1
92	KOSTRZEWA MICHAŁ	315	GRUPA BIEGOWA UM WARSZAWA	WARS ZAWA	POL	M 30-39	35	M 92		TAK	GRUPA BIEGOWA UM W-WA	00:28:30	00:41:16	00:46:00.85	00:46:07.95	4:36	13
93	BAZHKO VIACHASLAU	26		WARS ZAWA	BLR	M 30-39	36	M 93	DA			00:28:13	00:41:02	00:46:01.30	00:46:45.45	4:36	13
94	JANISZEWSKI RAFAŁ	220	BRAVEHEARTS LEGIONOWO	LEGIO NOWO	POL	M 30-39	37	M 94			BRAVEHEARTS LEGIONOWO	00:28:31	00:41:04	00:46:09.15	00:46:21.90	4:36	13
95	KORYCKI SZYMON	308		WARS AW	POL	M 30-39	38	M 95				00:28:19	00:41:02	00:46:10.25	00:46:27.10	4:37	13
96	GŁĘBOCKI MACIEJ	166	FIZJOTERAPIA MACIEJ GŁĘBOCKI	WARS ZAWA	POL	M 30-39	39	M 96			BIEGAJ POD OKIEM TRENERA	00:28:20	00:41:16	00:46:14.40	00:46:28.05	4:37	13
97	KOBYLEC ARTUR	292		WARS ZAWA	POL	M 40-49	36	M 97	TAK			00:28:18	00:41:06	00:46:15.25	00:46:27.25	4:37	13
98	WUDARCZYK TOMASZ	754	MAZOVIA PROACTIV CIECHANÓW	WŁAD YŚŁA WOWO	POL	M 60+	2	M 98				00:28:35	00:41:17	00:46:16.35	00:46:27.70	4:37	13
99	ŚMIETAŁO DAWID	994		WARS ZAWA	POL	M 30-39	40	M 99	TAK			00:28:36	00:41:32	00:46:19.15	00:46:35.25	4:37	13
100	SIEGIEDA MICHAŁ	584	ADIDAS RUNNERS WARSZAW	WARS ZAWA	POL	M 30-39	41	M 100	TAK		ADIDAS RUNNERS WARSZAW	00:28:12	00:41:02	00:46:21.90	00:46:28.75	4:38	12.9
101	STRZELECKI PIOTR	632		WARS ZAWA	POL	M 40-49	37	M 101			MARKOWI BIEGACZE	00:28:46	00:41:17	00:46:21.90	00:46:31.75	4:38	12.9
102	SOBOCIŃSKI MICHAŁ	609	PLAY	WARS ZAWA	POL	M 40-49	38	M 102	TAK			00:29:45	00:41:38	00:46:25.20	00:47:33.75	4:38	12.9

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
103	JAKUBOWSKI DARIUSZ	218		WARS ZAWA	POL	M 50-59	10	M 103				00:28:58	00:41:51	00:46:25.55	00:47:13.95	4:38	12.9
104	ZACHOSZCZ MACIEJ	757	DECATHLON TARGÓWEK	WARS ZAWA	POL	M 30-39	42	M 104			DECATHLON TARGÓWEK	00:28:37	00:41:10	00:46:29.50	00:46:47.60	4:38	12.9
105	GRYSZPANOWICZ PIOTR	190		WARS ZAWA	POL	M 40-49	39	M 105	TAK			00:29:00	00:41:25	00:46:36.35	00:46:54.65	4:39	12.9
106	DYBA MATEUSZ	794		TENC ZYNE K	POL	M 1-29	13	M 106				00:28:28	00:41:32	00:46:42.10	00:46:56.60	4:40	12.8
107	KURZEP SZYMON	359		STĘŻ YCA	POL	M 30-39	43	M 107				00:29:18	00:41:46	00:46:42.85	00:47:39.70	4:40	12.8
108	DRZYMAŁA KRZYSZTOF	127		WARS ZAWA	POL	M 30-39	44	M 108				00:28:56	00:41:40	00:46:43.25	00:46:55.35	4:40	12.8
109	KĘDZIOREK RAFAŁ	274	TEAM ZABIEGANEDNI / STRAŻ	WIĄZ OWNA	POL	M 30-39	45	M 109				00:28:44	00:41:33	00:46:50.75	00:47:04.85	4:41	12.8
110	NOWOCIEŃ JACEK	467	UCZNIOWSKI KLUB SPORTOWY RUSIEC	PODK OWA LEŚN A	POL	M 60+	3	M 110				00:29:37	00:42:00	00:46:56.45	00:47:06.35	4:41	12.8
111	CZERNECKI WOJCIECH	105		WRO CŁAW	POL	M 40-49	40	M 111				00:28:25	00:41:29	00:47:01.75	00:47:05.60	4:42	12.8
112	PLECHA GRZEGORZ	524	TZF	STRZ ESZK OWIC E DUŻE	POL	M 50-59	11	M 112				00:28:22	00:41:51	00:47:07.80	00:47:17.85	4:42	12.7
113	KRUKOWSKI DAWID	341	22. OŚRODEK DOWODZENIA I NAPROWADZANIA	ŁOCH OWO	POL	M 30-39	46	M 113				00:28:32	00:41:53	00:47:10.50	00:47:19.20	4:43	12.7
114	TOMASEK ROBERT	979		WARS ZAWA	POL	M 40-49	41	M 114				00:28:55	00:42:05	00:47:14.15	00:47:18.60	4:43	12.7
115	DANIEL KRZYSZTOF	848	KAZIKI	WARS ZAWA	POL	M 40-49	42	M 115				00:28:52	00:41:58	00:47:14.75	00:47:27.65	4:43	12.7
116	TELATYŃSKI MICHAŁ	670		WARS ZAWA	POL	M 30-39	47	M 116				00:29:45	00:42:20	00:47:24.10	00:48:01.75	4:44	12.7
117	STREMPLEWSKI PIOTR	627	RCI WARSZAWA	LEGIO NOW O	POL	M 40-49	43	M 117				00:30:38	00:42:40	00:47:25.70	00:48:44.65	4:44	12.7
118	BIENIAK KRZYSZTOF	47	TARCHOMIN TRIATHLON TEAM	WARS ZAWA	POL	M 50-59	12	M 118			TRIATHLON TARCHOMIN TEAM	00:30:32	00:42:38	00:47:27.50	00:47:55.55	4:44	12.6
119	TULIK PRZEMYSŁAW	688		WARS ZAWA	POL	M 50-59	13	M 119				00:29:59	00:42:21	00:47:28.10	00:48:09.35	4:44	12.6
120	DOMŻAŁSKI ARTUR	122		WARS ZAWA	POL	M 40-49	44	M 120	TAK			00:30:10	00:42:31	00:47:31.75	00:47:53.20	4:45	12.6
121	PASTUKHOV VASYL	500		WARS ZAWA	UKR	M 30-39	48	M 121						00:47:38.65	00:47:38.65	4:45	12.6
122	OWOC TOMASZ	493	PKO BANK POLSKI / ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	M 50-59	14	M 122			ADIDAS RUNNERS WARSAW	00:29:48	00:42:38	00:47:38.70	00:48:00.55	4:45	12.6
123	CHOTOMSKI MARCIN	87		LEGIO NOW O	POL	M 30-39	49	M 123				00:30:05		00:47:38.70	00:47:43.95	4:45	12.6
124	SKWARCZ PAWEŁ	603		WARS ZAWA	POL	M 30-39	50	M 124	TAK			00:32:35	00:41:47	00:47:42.35	00:47:51.25	4:46	12.6
125	PRĘDOTA KRZYSZTOF	537	TARCHOMIN TRIATHLON TEAM	WARS ZAWA	POL	M 50-59	15	M 125	TAK		TRIATHLON TARCHOMIN TEAM	00:29:38	00:42:28	00:47:42.75	00:47:54.85	4:46	12.6

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
126	KACPRZYK PAWEŁ	250	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	45	M 126	TAK		BIEGAM NA TARCHOMINIE	00:30:08	00:42:42	00:47:52.95	00:48:15.00	4:47	12.5
127	TOMASZEWSKI MAREK	677	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	46	M 127	TAK		BIEGAM NA TARCHOMINIE	00:29:34	00:42:30	00:47:53.35	00:48:10.90	4:47	12.5
128	ŻEGOCCI EMILIAN	782		POMI ECHÓ WEK	POL	M 1-29	14	M 128				00:30:00	00:42:38	00:47:54.30	00:49:09.90	4:47	12.5
129	PRUSZYŃSKI EDWARD	540	KB OŻARÓW MAZOWIECKI BIEGA	OŻARÓW MAZOWIECKI	POL	M 50-59	16	M 129			KB OŻARÓW MAZOWIECKI BIEGA	00:29:21	00:42:36	00:47:56.00	00:48:11.95	4:47	12.5
130	STRAWSKI MARCIN	626	OBIEGUWKA	WARS ZAWA	POL	M 40-49	47	M 130	TAK			00:31:30	00:43:01	00:48:01.05	00:48:42.90	4:48	12.5
131	PLUTA IRENEUSZ	520		WARS ZAWA	POL	M 60+	4	M 131				00:29:56	00:42:40	00:48:01.45	00:48:18.70	4:48	12.5
132	PACZKOWSKI OSKAR	496	BIEGIEM DO AGD SEROCK	JADWISIN	POL	M 30-39	51	M 132				00:29:53	00:42:43	00:48:01.85	00:48:41.65	4:48	12.5
133	WIKTOROWICZ BARTŁOMIEJ	722	PAŃSTWOWA STRAŻ POŻARNA LEGIONOWO	BENIAMINÓW	POL	M 30-39	52	M 133				00:30:10	00:43:14	00:48:04.25	00:48:06.75	4:48	12.5
134	CHĘC TOMASZ	78		WARS ZAWA	POL	M 30-39	53	M 134				00:29:51	00:42:55	00:48:06.15	00:48:26.80	4:48	12.5
135	BAK ŁUKASZ	27	BIEGIEM DO AGD SEROCK	WARS ZAWA	POL	M 40-49	48	M 135	YES			00:30:04	00:42:50	00:48:07.00	00:48:45.90	4:48	12.5
136	WALCZAK ARTUR	700	PGNIG TERMIKA SA	WARS ZAWA	POL	M 30-39	54	M 136			PGNIG TERMIKA SA	00:30:16	00:43:08	00:48:07.75	00:48:07.75	4:48	12.5
137	KOWALSKI ROBERT	327	NBRC	WARS ZAWA	POL	M 60+	5	M 137				00:28:46	00:41:59	00:48:14.30	00:48:31.50	4:49	12.4
138	RADZISZEWSKI GRZEGORZ	555		WARS ZAWA	POL	M 40-49	49	M 138				00:29:57	00:43:07	00:48:16.75	00:48:32.50	4:49	12.4
139	WEREDA PAWEŁ	711		WARS ZAWA	POL	M 50-59	17	M 139				00:29:26	00:42:44	00:48:17.00	00:48:35.30	4:49	12.4
140	ZAWROTNY MARIUSZ	771		WARS ZAWA	POL	M 30-39	55	M 140	TAK			00:29:55	00:42:57	00:48:17.10	00:48:22.35	4:49	12.4
141	SOBOTA ARTUR	611	DECOARTY.PL	WARS ZAWA	POL	M 40-49	50	M 141				00:30:05	00:42:58	00:48:18.65	00:48:41.50	4:49	12.4
142	PIETRASZEK JACEK	509		SULÓW	POL	M 1-29	15	M 142	TAK			00:30:41	00:43:24	00:48:23.35	00:48:46.05	4:50	12.4
143	KLUJ BOGUSŁAW	285	BIEGAM DLA SANDRY I ROBERTA	ZAKRĘT	POL	M 60+	6	M 143				00:30:21	00:43:12	00:48:26.85	00:49:11.45	4:50	12.4
144	SZEWCIK JACEK	649		WARS ZAWA	POL	M 40-49	51	M 144	TAK			00:29:51	00:42:51	00:48:30.50	00:48:51.15	4:51	12.4
145	JASKÓLSKI MARCIN	231	GRUPA BIEGOWA CHTMO	JABŁONNA	POL	M 40-49	52	M 145			GRUPA BIEGOWA CHTMO	00:30:03	00:43:22	00:48:35.55	00:48:56.40	4:51	12.3
146	MACKOWIAK MATEUSZ	405		WARS ZAWA	POL	M 1-29	16	M 146		TAK		00:29:26	00:43:05	00:48:36.25	00:48:39.05	4:51	12.3
147	KONIECKI TOMASZ	301		WARS ZAWA	POL	M 50-59	18	M 147	TAK			00:30:12	00:43:14	00:48:38.45	00:48:58.70	4:51	12.3
148	NOWOMIEJSKI MARCIN	468	PROGRES	WARS ZAWA	POL	M 40-49	53	M 148				00:30:54	00:43:32	00:48:42.65	00:49:13.90	4:52	12.3
149	KASKA DAMIAN	265	ZGLECHÓW RUNNERS	SIENICA	POL	M 1-29	17	M 149			ZGLECHÓW RUNNERS	00:30:46	00:43:34	00:48:44.35	00:50:02.15	4:52	12.3
150	JĘZEWSKI TOMASZ	240		WARS ZAWA	POL	M 30-39	56	M 150				00:30:22	00:43:31	00:48:46.30	00:49:27.45	4:52	12.3
151	WOLSKI PAWEŁ	841		WARS ZAWA	POL	M 1-29	18	M 151	TAK			00:30:39	00:43:27	00:48:46.50	00:49:17.75	4:52	12.3

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
152	KULIGOWSKI ADRIAN	353		RADZ YMIN	POL	M 1-29	19	M 152				00:30:40	00:43:37	00:48:46.95	00:50:36.30	4:52	12.3
153	CLAJOT FABIAN	98		OLSZ TYN	POL	M 30-39	57	M 153				00:31:00	00:43:54	00:48:53.20	00:49:22.65	4:53	12.3
154	ŁASZEK RAFAŁ	1000	LZL	WARS ZAWA	POL	M 50-59	19	M 154				00:30:31		00:48:53.60	00:49:12.35	4:53	12.3
155	WITZKE ARTUR	732		LEGIO NOWO	POL	M 40-49	54	M 155				00:30:39	00:43:43	00:48:54.95	00:49:37.90	4:53	12.3
156	RADECKI MICHAŁ	553		WARS ZAWA	POL	M 30-39	58	M 156				00:30:32	00:43:39	00:48:58.30	00:50:01.45	4:53	12.3
157	BĘBAS PAWEŁ	39		WARS ZAWA	POL	M 1-29	20	M 157	TAK			00:31:03	00:43:54	00:49:00.90	00:49:31.75	4:54	12.2
158	MORAWSKI MARIUSZ	445	BIEGAJ POD OKIEM TRENERA	NOWY DWÓR MAZO WIEC KI	POL	M 1-29	21	M 158			BIEGAJ POD OKIEM TRENERA	00:29:51	00:43:16	00:49:01.60	00:49:21.65	4:54	12.2
159	KONIECZKA KAMIL	302	EBE EBE	WARS ZAWA	POL	M 1-29	22	M 159	TAK			00:31:24	00:44:21	00:49:04.95	00:49:34.05	4:54	12.2
160	KALINOWSKI KAMIL	256		WARS ZAWA	POL	M 30-39	59	M 160	TAK			00:31:03	00:43:57	00:49:06.25	00:49:33.10	4:54	12.2
161	CHODNIEWICZ MICHAŁ	81		WARS ZAWA	POL	M 40-49	55	M 161	TAK			00:30:38	00:43:31	00:49:07.75	00:49:28.50	4:54	12.2
162	KACPRZAK RAFAŁ	249		WARS ZAWA	POL	M 40-49	56	M 162				00:30:09	00:43:32	00:49:09.60	00:49:30.20	4:54	12.2
163	KRAJEWSKI KONRAD	331	MARKOWI BIEGACZE	WARS ZAWA	POL	M 40-49	57	M 163				00:30:38	00:44:06	00:49:10.25	00:49:25.65	4:55	12.2
164	SENATOR ARTUR	774		WARS ZAWA	POL	M 30-39	60	M 164				00:30:17	00:43:38	00:49:10.50	00:49:31.15	4:55	12.2
165	KULCZYCKI PAWEŁ	352		WARS ZAWA	POL	M 1-29	23	M 165	TAK			00:29:50	00:43:43	00:49:13.70	00:49:29.75	4:55	12.2
166	CICHOCKI ZBIGNIEW	92		WARS ZAWA	POL	M 50-59	20	M 166	TAK			00:30:12	00:43:48	00:49:17.20	00:49:54.85	4:55	12.2
167	OSTAŁOWSKI PAWEŁ	817		WARS ZAWA	POL	M 30-39	61	M 167	TAK			00:31:24	00:44:18	00:49:21.40	00:49:51.40	4:56	12.2
168	ŻEBROWSKI WIKTOR	781		MARK I	POL	M 1-29	24	M 168		TAK		00:30:20	00:44:09	00:49:24.35	00:49:38.45	4:56	12.1
169	SILCZAK BARTOSZ	594	BRACHTWO BIEGOWE BGK	WARS ZAWA	POL	M 30-39	62	M 169			BRACHTWO BIEGOWE BGK	00:30:09	00:43:14	00:49:26.80	00:50:26.80	4:56	12.1
170	JĄGODA GRZEGORZ	213	GRUPA BIEGOWA CHTMO	LEGIO NOWO	POL	M 40-49	58	M 170			GRUPA BIEGOWA CHTMO	00:31:01	00:44:16	00:49:26.90	00:49:59.85	4:56	12.1
171	NAZIMEK MARIUSZ	457	PRZYBYSZE Z MATPLANETY	WARS ZAWA	POL	M 40-49	59	M 171				00:31:04	00:44:13	00:49:26.95	00:50:10.60	4:56	12.1
172	LEŚ TOMASZ	374	TARCHOMIN TRIATHLON TEAM	WARS ZAWA	POL	M 30-39	63	M 172	TAK		TRIATHLON TARCHOMIN TEAM	00:31:09	00:44:18	00:49:28.80	00:49:53.15	4:56	12.1
173	PYTEL PIOTR	990		WARS ZAWA	POL	M 1-29	25	M 173				00:30:15	00:44:16	00:49:29.45	00:49:51.10	4:56	12.1
174	KOSIERADZKI MICHAŁ	961	MASTERS DOJO	WARS ZAWA	POL	M 1-29	26	M 174	TAK			00:31:23	00:44:18	00:49:34.70	00:50:07.05	4:57	12.1
175	PROCHOWICZ KAROL	539		WARS ZAWA	POL	M 30-39	64	M 175				00:31:06	00:44:17	00:49:34.95	00:49:54.35	4:57	12.1
176	ŁACIŃSKI PRZEMYSŁAW	389	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	M 30-39	65	M 176			BIEGAJ POD OKIEM TRENERA	00:31:32	00:44:24	00:49:39.85	00:50:13.45	4:57	12.1



**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
177	LENDZION JAROSŁAW	371	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	60	M 177		TAK	GRUPA BIEGOWA UM W-WA	00:31:36	00:44:29	00:49:40.00	00:50:06.35	4:58	12.1
178	SPRENGEL PIOTR	833	WSEWS/UKS MTE	MILAN ÓWEK	POL	M 30-39	66	M 178				00:30:08	00:44:03	00:49:45.70	00:50:01.05	4:58	12.1
179	PLAWIAK WOJCIECH	522		WARS ZAWA	POL	M 30-39	67	M 179				00:30:59	00:44:31	00:49:46.55	00:50:04.10	4:58	12.1
180	ŚCIBIOR GRZEGORZ	662		WARS ZAWA	POL	M 30-39	68	M 180	TAK			00:30:36	00:43:50	00:49:46.95	00:51:02.55	4:58	12.1
181	MŁYNARCZYK PIOTR	444	EZA	WARS ZAWA	POL	M 50-59	21	M 181				00:31:36	00:44:40	00:49:47.25	00:50:19.40	4:58	12.1
182	ARAZNY ZBIGNIEW	19	TRIATHLON TARCHOMIN TEAM	WARS ZAWA	POL	M 50-59	22	M 182	TAK		TRIATHLON TARCHOMIN TEAM	00:31:00	00:44:01	00:49:48.50	00:50:16.85	4:58	12
183	KERNER MARCIN	272		WARS ZAWA	POL	M 40-49	61	M 183	TAK			00:31:35	00:44:22	00:49:48.80	00:50:29.05	4:58	12
184	RUTKOWSKI MICHAŁ	571	AKTYWNA WARSZAWA	WARS ZAWA	POL	M 40-49	62	M 184				00:31:15	00:44:27	00:49:48.85	00:50:13.05	4:58	12
185	GIERAK KRIS	164		WARS ZAWA	POL	M 40-49	63	M 185	TAK			00:31:26	00:44:20	00:49:49.70	00:50:17.90	4:58	12
186	SUCHECKI PRZEMYSŁAW	635	KS POMORSKA	LEGIO NOWO	POL	M 40-49	64	M 186				00:31:38	00:44:44	00:49:52.85	00:51:01.70	4:59	12
187	DE STEFANO JAKUB	793	SPORTOWA WARSZAWA	WARS ZAWA	POL	M 1-29	27	M 187				00:30:04	00:44:13	00:49:54.35	00:50:15.25	4:59	12
188	MIODUSZEWSKI MARCIN	442	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	65	M 188		TAK	GRUPA BIEGOWA UM W-WA	00:31:38	00:44:27	00:49:55.55	00:51:33.20	4:59	12
189	KWIATKOWSKI TOMASZ	364	AKTYWNA WARSZAWA	WARS ZAWA	POL	M 40-49	66	M 189				00:31:11	00:44:36	00:49:56.45	00:50:18.85	4:59	12
190	KAKOLECKI MICHAŁ	255	THE LUZERS	WARS ZAWA	POL	M 50-59	23	M 190	TAK			00:30:14	00:44:15	00:50:01.60	00:50:22.05	5:00	12
191	MIODUSZEWSKI ADRIAN	441		WARS ZAWA	POL	M 30-39	69	M 191		TAK		00:31:03	00:44:29	00:50:10.95	00:50:39.90	5:01	12
192	WCISŁO MARCIN	709		WARS ZAWA	POL	M 40-49	67	M 192				00:31:21	00:44:44	00:50:16.30	00:50:27.35	5:01	11.9
193	WIERNIK DANIEL	718		WARS ZAWA	POL	M 30-39	70	M 193		TAK		00:31:12	00:44:59	00:50:22.30	00:50:38.65	5:02	11.9
194	RODAK ZBIGNIEW	560		WARS ZAWA	POL	M 50-59	24	M 194				00:32:01	00:44:58	00:50:22.65	00:51:53.85	5:02	11.9
195	PAKUŁA DARIUSZ	498	KENKO	WARS ZAWA	POL	M 50-59	25	M 195			KENKO	00:31:29	00:44:57	00:50:24.55	00:50:28.60	5:02	11.9
196	MILEWSKI PATRYK	440	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 30-39	71	M 196		TAK	GRUPA BIEGOWA UM W-WA	00:30:58	00:44:50	00:50:26.85	00:51:04.05	5:02	11.9
197	ZYGMUNT SZYMON	780		WARS ZAWA	POL	M 1-29	28	M 197		TAK		00:31:57	00:45:50	00:50:30.30	00:51:26.65	5:03	11.9
198	GORSIAK MATEUSZ	799		WARS ZAWA	POL	M 30-39	72	M 198		TAK		00:31:58	00:45:12	00:50:31.15	00:51:23.90	5:03	11.9
199	PYSZAK SYLWESTER	549	DEBEDEŁKI	WARS ZAWA	POL	M 40-49	68	M 199		TAK		00:32:37	00:45:24	00:50:35.50	00:51:26.05	5:03	11.9
200	SOWIŃSKI DANIEL	616		WARS ZAWA	POL	M 30-39	73	M 200		TAK		00:31:30	00:45:20	00:50:39.85	00:51:06.35	5:03	11.8
201	DOBOSZ PIOTR	117	WŚCIEKŁE PIĘŚCI WĘŻA	WARS ZAWA	POL	M 30-39	74	M 201		TAK		00:31:58	00:45:23	00:50:44.05	00:51:40.70	5:04	11.8
202	SZAFRANSKI KAROL	641	PODESZWA TEAM	KOBYŁKA	POL	M 40-49	69	M 202				00:31:21	00:44:25	00:50:48.55	00:51:27.65	5:04	11.8
203	BEBELSKI RAFAŁ	29	PZU SPORT TEAM	WARS ZAWA	POL	M 40-49	70	M 203		TAK		00:30:27	00:44:50	00:50:49.85	00:51:09.05	5:04	11.8
204	KOŁODZIEJCZYK ALEKSANDER	298		WARS ZAWA	POL	M 1-29	29	M 204		TAK		00:32:58	00:45:50	00:50:50.40	00:51:21.95	5:05	11.8

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
205	KRASZEWSKI GRZEGORZ	334	GRUPA BIEGOWA CHTMO	JABŁO NNA	POL	M 40-49	71	M 205			GRUPA BIEGOWA CHTMO	00:31:00	00:44:26	00:50:55.15	00:51:27.45	5:05	11.8
206	OKUNIEWSKI GRZEGORZ	473	ALIOR RUNNING TEAM	MIŃSK MAZO WIEC KI	POL	M 40-49	72	M 206				00:31:06	00:45:04	00:50:58.95	00:51:24.40	5:05	11.8
207	CHRZANOWSKI MICHAŁ	88		WARS ZAWA	POL	M 40-49	73	M 207				00:32:32	00:45:43	00:51:01.45	00:51:38.40	5:06	11.8
208	KRAWCZYK WOJCIECH	337	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	26	M 208	TAK		BIEGAM NA TARCHOMINIE	00:31:08	00:44:41	00:51:05.05	00:51:27.55	5:06	11.7
209	ROMANIAK JAROSŁAW	993		WARS ZAWA	POL	M 40-49	74	M 209				00:31:21	00:45:18	00:51:08.00	00:51:30.05	5:06	11.7
210	URBAŃSKI PAWEŁ	693	PALM TEAM	WARS ZAWA	POL	M 50-59	27	M 210	TAK			00:31:59	00:45:35	00:51:14.80	00:51:44.25	5:07	11.7
211	JEZERSKI ŁUKASZ	239		WARS ZAWA	POL	M 40-49	75	M 211	TAK		GRUPA BIEGOWA CHTMO	00:31:41	00:45:35	00:51:15.75	00:51:47.45	5:07	11.7
212	KOWALSKA ANDRZEJ	806	JUDO LEMUR	WARS ZAWA	POL	M 40-49	76	M 212	TAK			00:32:52	00:46:14	00:51:17.25	00:52:13.75	5:07	11.7
213	RYMUSZKA MACIEJ	572		WARS ZAWA	POL	M 1-29	30	M 213	TAK			00:31:26	00:45:33	00:51:25.05	00:52:00.40	5:08	11.7
214	TOMSZYS PIOTR	846		WARS ZAWA	POL	M 50-59	28	M 214				00:32:29	00:45:53	00:51:27.05	00:52:34.90	5:08	11.7
215	KODA EUGENIUSZ	295	TEAM ZABIEGANEDNI	WARS ZAWA	POL	M 60+	7	M 215				00:30:56	00:45:39	00:51:28.60	00:51:45.30	5:08	11.7
216	JURKOWSKI ARTUR	246	ZGLECHÓW RUNNERS	SIENN ICA	POL	M 30-39	75	M 216			ZGLECHÓW RUNNERS	00:32:02	00:45:58	00:51:34.30	00:52:52.15	5:09	11.6
217	BUDZIK JACEK	70	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	77	M 217	TAK		BIEGAM NA TARCHOMINIE	00:34:10	00:45:47	00:51:35.65	00:52:17.90	5:09	11.6
218	WOLAŃCZYK ADAM	740		WARS ZAWA	POL	M 1-29	31	M 218	TAK			00:32:36	00:46:20	00:51:36.20	00:52:37.90	5:09	11.6
219	HRYNKIEWICZ MACIEJ	207		WARS ZAWA	POL	M 50-59	29	M 219				00:31:31	00:45:46	00:51:36.45	00:51:59.45	5:09	11.6
220	MAKOWSKI MARCIN	409		WARS ZAWA	POL	M 40-49	78	M 220	TAK			00:33:00	00:46:21	00:51:37.40	00:52:08.25	5:09	11.6
221	MAMLA ZBIGNIEW	413	BIEGOWE WTORKI NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	30	M 221	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:32:30	00:46:02	00:51:37.65	00:53:33.50	5:09	11.6
222	PIERZCHAŁA PIOTR	970		WARS ZAWA	POL	M 1-29	32	M 222	TAK			00:32:58	00:46:27	00:51:40.30	00:52:14.00	5:10	11.6
223	MOCZYDŁOWSKI ŁUKASZ	816	MASTERS DOJO	WARS ZAWA	POL	M 40-49	79	M 223	TAK			00:33:03	00:46:22	00:51:43.40	00:52:33.60	5:10	11.6
224	WAGNER ŁUKASZ	698		WARS ZAWA	POL	M 1-29	33	M 224	TAK			00:32:49	00:46:13	00:51:43.50	00:52:23.80	5:10	11.6
225	GAWLIK ARKADIUSZ	160	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	80	M 225	TAK		BIEGAM NA TARCHOMINIE	00:31:55	00:45:53	00:51:48.60	00:52:31.05	5:10	11.6
226	PRĘDKI MARCIN	536		WARS ZAWA	POL	M 40-49	81	M 226	TAK			00:31:32	00:45:43	00:51:50.55	00:52:21.50	5:11	11.6
227	MACIEJAK ROBERT	963		WARS ZAWA	POL	M 40-49	82	M 227				00:32:04	00:46:01	00:51:56.20	00:53:09.75	5:11	11.6
228	JAWORSKI PIOTR	523		WARS ZAWA	POL	M 40-49	83	M 228	TAK	TAK		00:32:55	00:46:13	00:51:58.50	00:52:32.25	5:11	11.5
229	KOT MIKOŁAJ	317		WARS ZAWA	POL	M 1-29	34	M 229	TAK			00:31:26	00:46:08	00:52:01.60	00:52:20.75	5:12	11.5
230	WIAZOWSKI JAROSŁAW	714		WARS ZAWA	POL	M 50-59	31	M 230	TAK			00:30:37	00:45:50	00:52:03.35	00:52:19.30	5:12	11.5
231	ZABIELSKI ANDRZEJ	756	OZ GST	WARS ZAWA	POL	M 50-59	32	M 231	TAK			00:32:20	00:46:27	00:52:06.85	00:52:35.80	5:12	11.5

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
232	PROKOPIUK GRZEGORZ	824	SZWAGRY DWA	WARS ZAWA	POL	M 40-49	84	M 232	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:32:59	00:46:40	00:52:14.25	00:52:33.15	5:13	11.5
233	SZATKOWSKI PIOTR	643	PKP PLK S.A.	WARS ZAWA	POL	M 30-39	76	M 233				00:32:22	00:46:35	00:52:22.60	00:53:07.30	5:14	11.5
234	KRATOK DMITRY	336	RUN_WAWA_RUN	WARS ZAWA	POL	M 30-39	77	M 234	TAK			00:32:49	00:46:46	00:52:28.80	00:53:09.85	5:14	11.4
235	BŁASZCZYŃSKI WITOLD	788		WARS ZAWA	POL	M 40-49	85	M 235	TAK			00:32:36	00:46:46	00:52:32.30	00:53:10.90	5:15	11.4
236	CHATAŁA MAREK	76	SZEROKIE BIEGA	LUBLI N	POL	M 50-59	33	M 236				00:32:05	00:46:25	00:52:32.95	00:52:54.10	5:15	11.4
237	DUDA JACEK	128		PRUS ZKÓW	POL	M 40-49	86	M 237				00:32:34	00:46:35	00:52:34.65	00:53:05.40	5:15	11.4
238	PAWIŃSKI ARTUR	502	ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	M 40-49	87	M 238				00:32:25	00:46:47	00:52:37.75	00:53:10.60	5:15	11.4
239	CHUPRINA NIKITA	89		WARS ZAWA		M 1-29	35	M 239				00:33:37	00:47:13	00:52:41.75	00:53:57.05	5:16	11.4
240	SIWIAK MARCIN	597	PKP INTERCITY RUNNING TEAM	WARS ZAWA	POL	M 40-49	88	M 240				00:31:08	00:46:30	00:52:42.50	00:53:00.30	5:16	11.4
241	STRZAŁKOWSKI MARCIN	631	WKURW_TEAM	WARS ZAWA	POL	M 30-39	78	M 241	TAK			00:31:59	00:46:34	00:52:44.05	00:53:02.75	5:16	11.4
242	BUDZIK SYLWESTER	71		NOWE GROCE HALE	POL	M 30-39	79	M 242				00:34:13	00:47:23	00:52:44.30	00:53:25.95	5:16	11.4
243	FIEJTEK PIOTR	141		WARS ZAWA	POL	M 30-39	80	M 243	TAK			00:32:24	00:47:12	00:52:45.30	00:53:08.80	5:16	11.4
244	MIKINA ARTUR	436	GUNS&ROSES RUN TEAM	WARS ZAWA	POL	M 60+	8	M 244			GUNS&ROSES RUN TEAM	00:33:14	00:47:00	00:52:46.25	00:53:19.75	5:16	11.4
245	CZERNIGOWSKI SZYMON	792		WARS ZAWA	POL	M 30-39	81	M 245				00:32:42	00:46:57	00:52:48.65	00:53:44.25	5:16	11.4
246	KRUK WALDEMAR	340		WARS ZAWA	POL	M 50-59	34	M 246				00:32:47	00:46:49	00:52:50.65	00:53:44.05	5:17	11.4
247	ROGALSKI TOMASZ	561		WARS ZAWA	POL	M 40-49	89	M 247	TAK			00:32:23	00:46:54	00:52:51.25	00:53:25.45	5:17	11.4
248	FRAĆKOWSKI SŁAWOMIR	148	MAKOWARSKO	WARS ZAWA	POL	M 50-59	35	M 248	TAK			00:32:21	00:46:44	00:52:51.40	00:53:43.35	5:17	11.4
249	ORZEL DANIEL	488		WARS ZAWA	POL	M 40-49	90	M 249				00:34:33	00:47:52	00:52:53.25	00:53:43.30	5:17	11.3
250	DRYNKO KAROL	125	FIZJOTERAPIAHD	WARS ZAWA	POL	M 30-39	82	M 250	TAK			00:32:11	00:47:09	00:52:56.70	00:53:21.40	5:17	11.3
251	KŁOS ŁUKASZ	286	ASICS FRONTRUNNER POLAND	WARS ZAWA	POL	M 30-39	83	M 251				00:31:50	00:46:48	00:52:57.05	00:53:22.25	5:17	11.3
252	POPŁAWSKI MICHAEL	822		WARS ZAWA	POL	M 30-39	84	M 252				00:33:13	00:47:13	00:52:57.40	00:53:39.80	5:17	11.3
253	PISANIEC KRZYSZTOF	517		WARS ZAWA	POL	M 40-49	91	M 253				00:33:36	00:47:15	00:53:08.25	00:53:58.15	5:18	11.3
254	DERESZEWSKI PIOTR	114	ZABIEGANY WOŁOMIN	WARS ZAWA	POL	M 40-49	92	M 254				00:33:44	00:47:25	00:53:09.50	00:54:13.15	5:18	11.3
255	SOCHA ROBERT	612	AWSB RUNNING TEAM	BIELSKO-BIAŁA	POL	M 40-49	93	M 255				00:32:49	00:47:07	00:53:15.70	00:53:52.15	5:19	11.3
256	PIOTRAK MARCIN	513		WARS ZAWA	POL	M 40-49	94	M 256				00:32:49	00:47:08	00:53:16.10	00:53:52.15	5:19	11.3
257	WIERZBICKI ŁUKASZ	719	KUŹNIA TRIATHLONU	WARS ZAWA	POL	M 40-49	95	M 257	TAK			00:32:45	00:47:19	00:53:17.60	00:53:46.25	5:19	11.3

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
258	BUDOWSKI ŁUKASZ	68		WARS ZAWA	POL	M 30-39	85	M 258				00:32:42	00:47:19	00:53:18.55	00:53:29.40	5:19	11.3
259	NIZIO DOMINIK	461		WARS ZAWA	POL	M 40-49	96	M 259	TAK			00:33:04	00:47:39	00:53:19.70	00:54:02.65	5:19	11.3
260	GODLEWSKI ARTUR	170	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 30-39	86	M 260	TAK		BIEGAM NA TARCHOMINIE	00:33:03	00:47:26	00:53:23.90	00:53:53.75	5:20	11.2
261	ROWICKI MARIUSZ	38		WARS ZAWA	POL	M 30-39	87	M 261				00:33:12	00:47:42	00:53:24.90	00:54:22.15	5:20	11.2
262	FRYDZ MICHAŁ	149		WARS ZAWA	POL	M 50-59	36	M 262				00:33:07	00:47:32	00:53:27.60	00:54:23.95	5:20	11.2
263	POGOCKI MACIEJ	969		WARS ZAWA	POL	M 40-49	97	M 263				00:34:04	00:47:51	00:53:27.60	00:54:12.50	5:20	11.2
264	HEBA GRZEGORZ	202		KOBY ŁKA	POL	M 50-59	37	M 264				00:33:03	00:47:44	00:53:28.65	00:54:08.75	5:20	11.2
265	GWIZDAŁA TOMASZ	195		WARS ZAWA	POL	M 40-49	98	M 265				00:34:08	00:48:05	00:53:37.60	00:54:37.50	5:21	11.2
266	ORŁOWSKI TOMASZ	484		WARS ZAWA	POL	M 30-39	88	M 266				00:32:59	00:47:58	00:53:38.30	00:54:13.05	5:21	11.2
267	GWIZDAŁA PIOTR	196		WARS ZAWA	POL	M 1-29	36	M 267				00:34:09	00:48:06	00:53:38.50	00:54:36.95	5:21	11.2
268	CABAJ MAREK	73	LUX MED SPORTS TEAM	WARS ZAWA	POL	M 40-49	99	M 268				00:33:20	00:47:51	00:53:44.70	00:54:27.05	5:22	11.2
269	WOJTAL TOMASZ	737		WARS ZAWA	POL	M 40-49	100	M 269	TAK			00:33:22	00:47:59	00:53:45.20	00:54:10.95	5:22	11.2
270	SIESS JAROSŁAW	589		PABIA NICE	POL	M 60+	9	M 270				00:33:02	00:47:44	00:53:46.70	00:54:20.10	5:22	11.2
271	BORUSZEWSKI MACIEJ	61		WARS ZAWA	POL	M 50-59	38	M 271				00:34:11	00:48:15	00:53:48.30	00:54:33.45	5:22	11.2
272	WŁODARCZYK MACIEJ	734	MARKOWI BIEGACZE	MARK I	POL	M 40-49	101	M 272			MARKOWI BIEGACZE	00:33:12	00:48:07	00:53:55.55	00:54:34.45	5:23	11.1
273	KACPIURA PIOTR	252		STOCZEK	POL	M 40-49	102	M 273				00:33:40	00:48:09	00:54:00.60	00:54:43.35	5:24	11.1
274	JONKO MARCIN	242		MICH AŁÓW -GRA BINA	POL	M 40-49	103	M 274				00:33:31	00:47:57	00:54:03.90	00:55:33.75	5:24	11.1
275	JÓZWIK GRZEGORZ	245		JÓZEF OSŁA W	POL	M 50-59	39	M 275				00:33:20	00:47:54	00:54:05.15	00:54:27.30	5:24	11.1
276	ŁOZIŃSKI PIOTR	393		WARS ZAWA	POL	M 40-49	104	M 276	TAK		BRACTWO BIEGOWE BGK	00:33:11	00:48:08	00:54:08.25	00:55:07.80	5:24	11.1
277	WOŁOWIK TYMON	744	CHOSZCZÓWKA RUNNING CLUB	WARS ZAWA	POL	M 1-29	37	M 277	TAK		CHOSZCZÓWKA RUNNING CLUB	00:33:20	00:48:29	00:54:11.80	00:54:48.25	5:25	11.1
278	KARWECKI PATRYK	264		WARS ZAWA	POL	M 30-39	89	M 278	TAK			00:34:45	00:48:40	00:54:14.25	00:55:00.00	5:25	11.1
279	CIEŚLAR RAFAŁ	95		POW. WARS ZAWA	POL	M 30-39	90	M 279				00:34:12	00:48:31	00:54:15.00	00:55:04.00	5:25	11.1
280	JEGOROW PIOTR	237		DĄBROWA CHOTOMOWSKA	POL	M 40-49	105	M 280				00:33:21	00:48:16	00:54:15.25	00:55:02.15	5:25	11.1

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
281	ROZBICKI TOMASZ	566		WARS ZAWA	POL	M 40-49	106	M 281	TAK			00:33:37	00:48:45	00:54:17.55	00:54:31.05	5:25	11.1
282	GÓRALCZUK MAKSYMILIAN	179		WARS ZAWA	POL	M 1-29	38	M 282	TAK			00:32:23	00:48:26	00:54:18.70	00:54:34.05	5:25	11
283	GAĞALA PRZEMYSŁAW	162		WARS ZAWA	POL	M 50-59	40	M 283				00:33:19	00:48:07	00:54:19.20	00:54:55.10	5:25	11
284	BARANOWSKI ŁUKASZ	22		BIAŁA CZÓ W	POL	M 30-39	91	M 284				00:34:11	00:48:15	00:54:19.65	00:55:11.20	5:25	11
285	JABŁONKA RADEK	211	DZIADY OCR	NOWY DWÓ R MAZO WIEC KI	POL	M 40-49	107	M 285				00:34:12	00:48:36	00:54:20.50	00:55:11.40	5:26	11
286	SZAFRAN MARIUSZ	640		BRWI NÓW	POL	M 40-49	108	M 286				00:34:57	00:48:53	00:54:23.20	00:55:17.75	5:26	11
287	KIETLIŃSKI MACIEJ	276		WARS ZAWA	POL	M 50-59	41	M 287				00:34:43	00:48:50	00:54:29.25	00:55:27.80	5:26	11
288	SENKO MATEUSZ	1	STOWARZYSZENIE RAZEM DLA BIAŁOLEKI	WARS ZAWA	POL	M 30-39	92	M 288	TAK			00:34:24	00:48:45	00:54:29.80	00:55:19.70	5:26	11
289	GRUCHAŁA DARIUSZ	800	MASTERS DOJO	WARS ZAWA	POL	M 40-49	109	M 289	TAK			00:33:44	00:48:04	00:54:32.25	00:55:20.30	5:27	11
290	OWSIANKA JAKUB	494		ŁOCH ÓW	POL	M 1-29	39	M 290				00:34:15	00:48:46	00:54:34.85	00:55:23.25	5:27	11
291	STRULAK JAKUB	630		WARS ZAWA	POL	M 1-29	40	M 291	TAK			00:34:34	00:48:54	00:54:37.60	00:55:29.95	5:27	11
292	RZEPECKI MACIEK	574		WARS ZAWA	POL	M 30-39	93	M 292	TAK			00:33:37	00:49:16	00:54:41.15	00:56:00.40	5:28	11
293	BANASIAK MIROSLAW	21		WARS ZAWA	POL	M 40-49	110	M 293	TAK			00:34:10	00:48:37	00:54:41.90	00:56:08.50	5:28	11
294	FREITES LUIS	888			VEN	M 60+	10	M 294				00:33:29	00:48:29	00:54:43.60	00:55:19.45	5:28	11
295	CIOŁEK ROBERT	791	MASTERS DOJO	WARS ZAWA	POL	M 40-49	111	M 295	TAK			00:34:15	00:48:56	00:54:44.95	00:55:34.55	5:28	11
296	TRZCIŃSKI MICHAŁ	685		WARS ZAWA	POL	M 1-29	41	M 296				00:34:55	00:49:02	00:54:48.85	00:55:41.60	5:28	10.9
297	CHYLIŃSKI ADAM	90		WARS ZAWA	POL	M 30-39	94	M 297				00:33:11	00:48:34	00:54:49.65	00:55:33.95	5:28	10.9
298	YURKEVICH YAUHENI	959		WARS ZAWA	POL	M 40-49	112	M 298				00:34:58	00:49:12	00:54:50.45	00:55:50.75	5:29	10.9
299	NOSARZEWSKI MARIUSZ	462	GB PRESS TEAM	TRZCI ANY	POL	M 40-49	113	M 299				00:34:04	00:48:48	00:54:52.15	00:55:21.25	5:29	10.9
300	STRUKOWICZ MICHAŁ	629		WARS ZAWA	POL	M 1-29	42	M 300	TAK			00:35:32	00:49:27	00:54:53.60	00:56:29.55	5:29	10.9
301	WÓJCIK ROBERT	748		WARS ZAWA	POL	M 40-49	114	M 301				00:34:42	00:48:53	00:54:55.35	00:55:35.95	5:29	10.9
302	MAJKOWSKI PIOTR	408		WARS ZAWA	POL	M 30-39	95	M 302				00:34:46	00:49:15	00:54:59.05	00:55:54.45	5:29	10.9
303	KOŚCIELNIAK PATRYK	911	ORUSH	WARS ZAWA	POL	M 40-49	115	M 303				00:35:31	00:49:37	00:55:02.75	00:56:16.50	5:30	10.9
304	WRONIEWSKI GRZEGORZ	751		WARS ZAWA	POL	M 30-39	96	M 304				00:33:42	00:49:09	00:55:03.60	00:55:56.55	5:30	10.9
305	WOJNARSKI JANUSZ	736		WARS ZAWA	POL	M 60+	11	M 305	TAK			00:34:06	00:48:49	00:55:04.95	00:55:53.20	5:30	10.9
306	WILGOS JANUSZ	723		WARS ZAWA	POL	M 40-49	116	M 306				00:35:14	00:49:27	00:55:06.55	00:56:30.85	5:30	10.9

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
307	KOT TOMASZ	318		WARS ZAWA	POL	M 40-49	117	M 307	TAK			00:33:26	00:48:57	00:55:07.30	00:55:26.00	5:30	10.9
308	SAWICKI ADRIAN	579		WARS ZAWA	POL	M 30-39	97	M 308				00:33:53	00:49:22	00:55:07.90	00:55:30.15	5:30	10.9
309	MADEJ MARCIN	406		WARS ZAWA	POL	M 40-49	118	M 309	TAK			00:34:45	00:49:21	00:55:13.50	00:56:00.95	5:31	10.9
310	WIKTOROWICZ MARCIN	721		WARS ZAWA	POL	M 40-49	119	M 310	TAK			00:35:23	00:49:33	00:55:14.35	00:56:29.65	5:31	10.9
311	PADZIŃSKI MARIUSZ	497	BIEGOWE WTORKI NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	42	M 311	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:34:55	00:49:21	00:55:17.05	00:56:02.05	5:31	10.9
312	WIONCEK PAWEŁ	725		WARS ZAWA	POL	M 1-29	43	M 312	TAK			00:34:33	00:49:08	00:55:17.70	00:56:04.85	5:31	10.9
313	ROKICKI ALEKSANDER	562		WARS ZAWA	POL	M 40-49	120	M 313	TAK			00:34:24	00:48:58	00:55:18.10	00:56:28.65	5:31	10.8
314	SĄGOL SYLWESTER	995		WARS ZAWA	POL	M 50-59	43	M 314	TAK			00:34:46	00:49:17	00:55:20.95	00:57:03.50	5:32	10.8
315	PRZYGODZKI MATEUSZ	543		WARS ZAWA	POL	M 40-49	121	M 315				00:35:13	00:49:26	00:55:24.50	00:56:04.20	5:32	10.8
316	STANIEWSKI MICHAŁ	618		WARS ZAWA	POL	M 30-39	98	M 316	YES			00:34:50	00:49:36	00:55:24.95	00:56:46.50	5:32	10.8
317	OCHAB JANUSZ	471		WARS ZAWA	POL	M 50-59	44	M 317				00:35:12	00:49:43	00:55:28.30	00:56:22.20	5:32	10.8
318	PNIEWSKI RAFAŁ	526	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	122	M 318	TAK		BIEGAM NA TARCHOMINIE	00:33:34	00:49:07	00:55:30.90	00:55:56.05	5:33	10.8
319	KUSY JACEK	360		WARS ZAWA	POL	M 30-39	99	M 319	TAK			00:35:16	00:49:51	00:55:39.75	00:56:47.45	5:33	10.8
320	SZYMAŃSKI JACEK	659		WARS ZAWA	POL	M 40-49	123	M 320	TAK			00:32:59	00:48:44	00:55:41.95	00:57:16.30	5:34	10.8
321	ORŁOWSKI MAREK	483		WARS ZAWA	POL	M 50-59	45	M 321	TAK			00:34:28	00:49:50	00:55:43.15	00:56:21.45	5:34	10.8
322	STANISLAVCHUK MYKOLA	973		WARS ZAWA	POL	M 1-29	44	M 322	TAK			00:34:40	00:49:32	00:55:43.60	00:56:43.65	5:34	10.8
323	KILIAŃSKI RAFAŁ	801	TARCHOMIN TRIATLON TEAM	WARS ZAWA	POL	M 50-59	46	M 323	TAK		TRIATLON TARCHOMIN TEAM	00:34:45	00:49:29	00:55:46.05	00:56:36.60	5:34	10.8
324	ADAMIAK ROBERT	11	CURTIS	CIECH ANÓ W	POL	M 50-59	47	M 324				00:33:50	00:49:27	00:55:55.55	00:56:33.85	5:35	10.7
325	GROCHOWSKI PAWEŁ	185	PZU SPORT TEAM	WARS ZAWA	POL	M 40-49	124	M 325				00:34:25	00:49:40	00:55:55.55	00:56:35.80	5:35	10.7
326	DOBROWOLSKI DAMIAN	119		WARS ZAWA	POL	M 1-29	45	M 326	TAK			00:33:57	00:49:42	00:55:58.15	00:56:47.15	5:35	10.7
327	WŁOSZCZOWSKI ROBERT	987		WARS ZAWA	POL	M 40-49	125	M 327	TAK			00:34:57	00:49:52	00:55:59.30	00:56:40.70	5:35	10.7
328	PODWÓJCI KAMIL	821		WARS ZAWA	POL	M 30-39	100	M 328	TAK			00:33:12	00:49:44	00:56:00.25	00:56:17.10	5:36	10.7
329	MASŁOWSKI MICHAŁ	420		WARS ZAWA	POL	M 40-49	126	M 329				00:32:46	00:49:12	00:56:01.25	00:56:29.95	5:36	10.7
330	GNIAŁA MACIEJ	169	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	127	M 330	TAK		BIEGAM NA TARCHOMINIE	00:34:57	00:50:07	00:56:06.80	00:56:54.45	5:36	10.7
331	ŚLIMKO DANIEL	664		WARS ZAWA	POL	M 30-39	101	M 331	TAK			00:34:40	00:49:44	00:56:07.55	00:57:03.25	5:36	10.7
332	G ARTUR	150		WARS ZAWA	POL	M 40-49	128	M 332	TAK			00:33:42	00:49:43	00:56:08.60	00:56:45.85	5:36	10.7
333	KOPEĆ ANTONI	305		BIAŁA	POL	M 1-29	46	M 333			AKTYWNA WARSZAWA	00:35:27	00:50:30	00:56:09.75	00:56:32.50	5:36	10.7
334	JAROSZEWSKI KONRAD	229		WARS ZAWA	POL	M 30-39	102	M 334	TAK			00:34:07	00:49:50	00:56:11.75	00:56:31.40	5:37	10.7

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
335	BYTNIIEWSKI ZDZISŁAW	72	PGNIG TERMIKA SA	WARS ZAWA	POL	M 60+	12	M 335			PGNIG TERMIKA SA	00:35:34	00:50:14	00:56:15.85	00:56:35.20	5:37	10.7
336	MRÓWCZYŃSKI WOJCIECH	997		WARS ZAWA	POL	M 50-59	48	M 336				00:34:45	00:49:53	00:56:21.50	00:57:38.05	5:38	10.6
337	ORŁOWSKI KACPER	485		WARS ZAWA	POL	M 30-39	103	M 337				00:35:04	00:50:07	00:56:25.65	00:57:09.20	5:38	10.6
338	MACHOŃ PAWEŁ	403	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	129	M 338		TAK	GRUPA BIEGOWA UM W-WA	00:34:37	00:50:05	00:56:32.50	00:57:07.85	5:39	10.6
339	WACH MICHAŁ	697	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	130	M 339	TAK		BIEGAM NA TARCHOMINIE	00:35:19	00:50:25	00:56:33.85	00:57:15.70	5:39	10.6
340	WOLKOWYCKI ADAM	741	SERWIS POJAZDÓW ADAM WOLKOWYCKI	WARS ZAWA	POL	M 40-49	131	M 340				00:34:29	00:50:04	00:56:35.65	00:56:59.70	5:39	10.6
341	PAZIEWSKI ANDRZEJ	505	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	49	M 341	TAK		BIEGAM NA TARCHOMINIE	00:35:19	00:50:27	00:56:36.70	00:57:18.95	5:39	10.6
342	ROMANOWSKI PIOTR	563		WARS ZAWA	POL	M 1-29	47	M 342				00:35:15	00:50:42	00:56:40.50	00:57:28.25	5:40	10.6
343	BEDNARSKI TOMASZ	31		WARS ZAWA	POL	M 50-59	50	M 343				00:35:47	00:50:46	00:56:42.15	00:58:07.85	5:40	10.6
344	BITOWSKI HUBERT	51		JÓZEF OSŁA W	POL	M 40-49	132	M 344				00:35:28	00:50:42	00:56:42.25	00:57:29.30	5:40	10.6
345	STĘPCZAK PAWEŁ	625	ZABIEGANY WOŁOMIN	WARS ZAWA	POL	M 30-39	104	M 345				00:34:40	00:50:36	00:56:42.95	00:57:12.95	5:40	10.6
346	JÓZEFOWICZ MACIEJ	243	VEGE RUNNERS	WARS ZAWA	POL	M 30-39	105	M 346			VEGE RUNNERS	00:34:41	00:50:11	00:56:43.40	00:57:20.75	5:40	10.6
347	KAMIŃSKI MICHAŁ	258		WARS ZAWA	POL	M 30-39	106	M 347				00:35:00	00:50:37	00:56:44.05	00:57:26.40	5:40	10.6
348	ADAO FILIPE	14		WARS ZAWA	POL	M 1-29	48	M 348	TAK			00:34:37	00:50:35	00:56:45.95	00:57:44.85	5:40	10.6
349	SULICH MATEUSZ	638		LEGIO NOW O	POL	M 30-39	107	M 349				00:36:01	00:50:54	00:56:46.35	00:57:50.95	5:40	10.6
350	ADAO MIGUEL	12		WARS ZAWA	POR	M 40-49	133	M 350	TAK			00:34:37	00:50:37	00:56:47.05	00:57:44.90	5:40	10.6
351	DYJAS ARKADIUSZ	130	BRACHTWO BIEGOWE BGK	CHOT OMÓ W	POL	M 30-39	108	M 351			BRACHTWO BIEGOWE BGK	00:35:09	00:50:48	00:56:49.45	00:57:48.60	5:40	10.6
352	FLORYSIAK ARTUR	146		WARS ZAWA	POL	M 40-49	134	M 352	TAK			00:35:57	00:50:53	00:56:51.90	00:57:49.45	5:41	10.6
353	MUCHA GRZEGORZ	448		WARS ZAWA	POL	M 60+	13	M 353	TAK			00:35:45	00:50:38	00:56:54.80	00:57:50.90	5:41	10.5
354	GŁOGOWSKI GERARD	974		WARS ZAWA	POL	M 30-39	109	M 354	TAK			00:34:30	00:50:35	00:56:59.05	00:57:36.50	5:41	10.5
355	RYTKOWSKI PIOTR	573		WARS ZAWA	POL	M 30-39	110	M 355				00:35:15	00:50:52	00:57:02.45	00:57:41.40	5:42	10.5
356	ORZECHOWSKI PIOTR	487		WARS ZAWA	POL	M 1-29	49	M 356	TAK			00:37:51	00:51:27	00:57:13.75	00:57:57.05	5:43	10.5
357	SUCHODOLSKI MARIUSZ	636	DZIKI BIEG	WARS ZAWA	POL	M 50-59	51	M 357	TAK			00:35:47	00:50:22	00:57:15.00	00:58:07.55	5:43	10.5
358	KLOC PIOTR	282	FALA NIEPORĘT	ARCIE CHÓ W	POL	M 40-49	135	M 358				00:33:58	00:50:23	00:57:19.00	00:58:51.55	5:43	10.5
359	NOWAK JERZY	465	PWPW	WA-W A	POL	M 40-49	136	M 359	TAK			00:34:43	00:51:05	00:57:19.90	00:57:57.90	5:43	10.5
360	PYTKA ANDRZEJ	550	AKTYWNA WARSZAWA	WARS ZAWA	POL	M 50-59	52	M 360	TAK			00:34:48	00:50:16	00:57:24.50	00:58:08.50	5:44	10.5

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
361	MARCINKOWSKI KRZYSZTOF	414		WARS ZAWA	POL	M 40-49	137	M 361				00:35:52	00:51:15	00:57:26.55	00:58:29.70	5:44	10.4
362	MUSIAŁ SŁAWOMIR	450		JABŁO NNA	POL	M 50-59	53	M 362				00:36:31	00:51:27	00:57:27.15	00:58:58.95	5:44	10.4
363	ŚWIĘCICKI WOJCIECH	667		WARS ZAWA	POL	M 60+	14	M 363	TAK			00:35:19	00:50:37	00:57:30.80	00:58:22.55	5:45	10.4
364	GRZELAK MIKOŁAJ	191		WARS ZAWA	POL	M 1-29	50	M 364				00:34:57	00:50:39	00:57:37.55	00:58:29.70	5:45	10.4
365	KEMPA PIOTR	271		WARS ZAWA	POL	M 30-39	111	M 365	TAK			00:35:17	00:50:52	00:57:37.60	00:58:15.10	5:45	10.4
366	OSYRA TOMASZ	491		WARS ZAWA	POL	M 40-49	138	M 366				00:36:28	00:51:31	00:57:42.20	00:59:21.05	5:46	10.4
367	KARNOWSKI MICHAŁ	261		WARS ZAWA	POL	M 40-49	139	M 367				00:35:06	00:51:32	00:57:44.30	00:58:24.50	5:46	10.4
368	WALENDZIK DAWID	703			POL	M 1-29	51	M 368				00:34:40	00:50:55	00:57:44.70	00:58:19.30	5:46	10.4
369	PAWELCZYK JAROSŁAW	820	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	140	M 369	TAK			00:35:35	00:51:22	00:57:50.75	00:58:34.05	5:47	10.4
370	BRZEZIK PIOTR	63		WARS ZAWA	POL	M 30-39	112	M 370				00:35:55	00:51:49	00:57:57.85	00:58:52.95	5:47	10.4
371	KĘPKA MARCIN	275		WARS ZAWA	POL	M 40-49	141	M 371	TAK			00:35:53	00:51:32	00:57:58.05	00:58:53.75	5:47	10.4
372	SIWERSKI PAWEŁ	596		BORZ ĘCIN MAŁY	POL	M 40-49	142	M 372				00:35:44	00:51:35	00:57:58.10	00:59:10.35	5:47	10.4
373	SZAREWICZ PAWEŁ	642		WARS ZAWA	POL	M 40-49	143	M 373	TAK			00:36:19	00:52:03	00:58:02.80	00:58:48.55	5:48	10.3
374	KOPYŚ JAKUB	307		WARS ZAWA	POL	M 30-39	113	M 374	TAK			00:36:20	00:51:39	00:58:08.65	00:58:59.65	5:48	10.3
375	MAZUR MICHAŁ	426		WARS ZAWA	POL	M 30-39	114	M 375	TAK			00:36:30	00:51:41	00:58:11.20	00:59:46.75	5:49	10.3
376	MIKOŁAJEWICZ PAWEŁ	438		WARS ZAWA	POL	M 30-39	115	M 376	TAK			00:34:03	00:50:55	00:58:12.70	00:59:58.65	5:49	10.3
377	LORENS KRZYSZTOF	388		WOŁO MIN	POL	M 40-49	144	M 377				00:35:37	00:51:29	00:58:14.30	00:59:15.65	5:49	10.3
378	JAROSZ GRZEGORZ	228		WARS ZAWA	POL	M 50-59	54	M 378	TAK			00:37:25	00:52:22	00:58:19.00	00:59:27.65	5:49	10.3
379	SOSIŃSKI MATEUSZ	615		CZER WIŃS K NAD WISŁ A	POL	M 30-39	116	M 379				00:36:20	00:52:05	00:58:19.10	00:59:25.10	5:49	10.3
380	RACZYŃSKI TOMASZ	552		WARS ZAWA	POL	M 40-49	145	M 380	TAK			00:37:21	00:52:14	00:58:19.20	00:59:22.70	5:49	10.3
381	SKOROPADYK YULIAN	600	SKOLIAN	WARS ZAWA	POL	M 1-29	52	M 381	TAK			00:36:21	00:52:14	00:58:19.60	00:59:29.20	5:49	10.3
382	GOZDZIKIEWICZ BŁAŻEJ	178	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	146	M 382	YES		BIEGAM NA TARCHOMINIE	00:35:56	00:51:45	00:58:20.25	00:59:35.60	5:50	10.3
383	ZUBOWICZ MARCIN	989		WARS ZAWA	POL	M 30-39	117	M 383	TAK			00:36:03	00:52:21	00:58:21.35	01:00:00.55	5:50	10.3
384	AMBROZIAK ROBERT	16		WARS ZAWA	POL	M 1-29	53	M 384				00:36:18	00:52:05	00:58:24.20	00:59:10.35	5:50	10.3
385	MISZEWSKI BARTOSZ	815	73	WARS ZAWA	POL	M 30-39	118	M 385	TAK			00:37:19	00:52:34	00:58:24.40	00:59:27.15	5:50	10.3
386	MUSZYŃSKI MARCELI	451		WARS ZAWA	POL	M 1-29	54	M 386				00:35:36	00:51:48	00:58:25.30	00:59:23.25	5:50	10.3



**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h		
387	NAZARENKO VOVA	456		WARS ZAWA	POL	M 1-29	55	M 387			Białoleki	TAK		00:36:02	00:52:02	00:58:27.15	01:00:02.50	5:50	10.3
388	KUNA MICHAŁ	354		LEGIO NOW O	POL	M 40-49	147	M 388					00:36:02	00:51:57	00:58:28.05	00:58:47.45	5:50	10.3	
389	JAROCKI JĘDRZEJ	227		WARS ZAWA	POL	M 1-29	56	M 389				TAK		00:36:19	00:52:43	00:58:32.10	00:59:16.25	5:51	10.3
390	FILIPOWICZ ARKADIUSZ	143		MARK I	POL	M 40-49	148	M 390					00:35:58	00:52:19	00:58:37.10	00:58:58.25	5:51	10.2	
391	ŁUCZAK PIOTR	398	PKO BANK POLSKI SA	WARS ZAWA	POL	M 40-49	149	M 391				TAK		00:36:08	00:51:57	00:58:38.45	00:59:20.20	5:51	10.2
392	STROMECKI MARCIN	628	BFM	WARS ZAWA	POL	M 30-39	119	M 392				TAK		00:34:46	00:53:25	00:58:47.95	01:00:56.30	5:52	10.2
393	TOKARZEWSKI ROBERT	674		WARS ZAWA	POL	M 50-59	55	M 393				TAK		00:36:31	00:52:13	00:58:48.00	01:00:31.80	5:52	10.2
394	WALECKI ROMUALD	839	TRIATHLON TARCHOMIN TEAM	WARS ZAWA	POL	M 50-59	56	M 394			TRIATHLON TARCHOMIN TEAM		00:35:54	00:52:26	00:58:55.75	00:59:04.35	5:53	10.2	
395	STANKIEWICZ MACIEJ	619		WARS ZAWA	POL	M 40-49	150	M 395				TAK		00:37:15	00:52:39	00:58:59.80	01:00:22.00	5:53	10.2
396	DORS MAREK	124	LKS KABEX PODKOWA JANÓW	WARS ZAWA	POL	M 1-29	57	M 396				TAK		00:36:04	00:52:31	00:59:03.35	00:59:50.20	5:54	10.2
397	ZAKRZEWSKI ŁUKASZ	762		WARS ZAWA	POL	M 30-39	120	M 397					00:35:50	00:52:50	00:59:03.65	00:59:58.75	5:54	10.2	
398	POLAK RAFAŁ	531		JARZĘ BIA ŁAQA	POL	M 40-49	151	M 398					00:36:11	00:52:52	00:59:07.50	00:59:40.30	5:54	10.1	
399	KOZAKIEWICZ TOMASZ	329		BOZA WOLA	POL	M 30-39	121	M 399				TAK		00:37:41	00:53:09	00:59:08.60	01:00:28.00	5:54	10.1
400	LIBOLD MACIEJ	383		WARS ZAWA	POL	M 40-49	152	M 400				TAK		00:35:51	00:52:22	00:59:11.25	00:59:43.20	5:55	10.1
401	GORAL PIOTR	175		JOZEF OSLA W	POL	M 60+	15	M 401					00:37:18	00:52:55	00:59:14.00	01:00:24.70	5:55	10.1	
402	KRASZEWSKI PAWEŁ	335		DROG OSZE WO	POL	M 40-49	153	M 402					00:36:46	00:52:50	00:59:14.45	01:00:06.95	5:55	10.1	
403	KAZAŁA PIOTR	270	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	57	M 403				TAK		00:37:00	00:52:50	00:59:22.00	01:00:27.20	5:56	10.1
404	KOPROWSKI JACEK	306	PARKRUN PRUSZKÓW	PRUS ZKÓW	POL	M 30-39	122	M 404					00:37:28	00:52:48	00:59:22.80	01:00:30.75	5:56	10.1	
405	JEZERSKI JAN	238	GRUPA BIEGOWA CHTMO	WARS ZAWA	POL	M 60+	16	M 405			GRUPA BIEGOWA CHTMO		00:35:29	00:52:07	00:59:23.15	01:00:15.30	5:56	10.1	
406	ZYGADŁO PIOTR	779		WARS ZAWA	POL	M 40-49	154	M 406				TAK		00:37:28	00:53:01	00:59:33.00	01:00:27.50	5:57	10.1
407	SIERZYCKI HUBERT	588		WARS ZAWA	POL	M 30-39	123	M 407					00:36:33	00:53:14	00:59:37.25	01:00:49.80	5:57	10.1	
408	KRZYŻANOWSKI MACIEJ	348		WARS ZAWA	POL	M 30-39	124	M 408			BIEGAM NA BIAŁOLECIE		00:37:27	00:53:16	00:59:39.65	01:00:50.05	5:57	10.1	
409	KNAPIK PAWEŁ	803		WARS ZAWA	POL	M 40-49	155	M 409					00:36:50	00:53:07	00:59:41.15	01:00:43.35	5:58	10.1	
410	TALAROWSKI JACEK	669		WARS ZAWA	POL	M 40-49	156	M 410				TAK		00:37:04	00:53:24	00:59:48.35	01:00:58.45	5:58	10
411	WALLIS PATRICK	830	FUNDACJA INTER PARES	RADO MIN	POL	M 50-59	58	M 411					00:33:45	00:53:01	00:59:51.60	00:59:59.05	5:59	10	
412	TRZESIŃSKI MICHAŁ	686		WARS ZAWA	POL	M 30-39	125	M 412				TAK		00:36:13	00:53:29	00:59:54.75	01:01:24.00	5:59	10

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
413	KOSTRUBIEC GRZEGORZ	314		WARS ZAWA	POL	M 30-39	126	M 413	TAK			00:35:50	00:53:00	00:59:55.30	01:00:36.75	5:59	10
414	PIÓRO DAMIAN	516		WARS ZAWA	POL	M 30-39	127	M 414	TAK			00:37:24	00:52:58	00:59:56.70	01:01:06.80	5:59	10
415	SKROBEK PIOTR	831		ŁOMI ANKI	POL	M 30-39	128	M 415				00:39:39	00:54:00	00:59:57.45	01:01:28.20	5:59	10
416	ZASŁONKA PAWEŁ	766		WARS ZAWA	POL	M 30-39	129	M 416	TAK			00:37:49	00:53:48	01:00:00.70	01:00:15.15	6:00	10
417	SIKORA MATEUSZ	590		BEŁC HATÓ W	POL	M 30-39	130	M 417				00:36:03	00:53:02	01:00:15.05	01:01:10.65	6:01	10
418	WOŹNY ANDRZEJ	746		WARS ZAWA	POL	M 50-59	59	M 418	TAK			00:37:00	00:53:34	01:00:16.80	01:01:29.85	6:01	10
419	MORAWSKI KRZYSZTOF	446		NOWY DWÓ R MAZO WIEC KI	POL	M 50-59	60	M 419				00:37:53	00:53:40	01:00:23.80	01:01:38.00	6:02	9.9
420	KOSIERADZKI PAWEŁ	982	MASTERS DOJO	WARS ZAWA	POL	M 50-59	61	M 420	TAK			00:36:12	00:53:41	01:00:26.10	01:01:15.85	6:02	9.9
421	MARSZAŁEK MARIUSZ	419		WARS ZAWA	POL	M 50-59	62	M 421	TAK			00:37:58	00:53:53	01:00:29.45	01:01:41.05	6:02	9.9
422	TOMASZEWSKI JACEK	676		WARS ZAWA	POL	M 30-39	131	M 422	TAK			00:37:04	00:54:09	01:00:37.80	01:01:32.05	6:03	9.9
423	PIATKA TOMASZ	507	ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	M 30-39	132	M 423			ADIDAS RUNNERS WARSAW	00:36:30	00:54:30	01:00:44.30	01:01:41.55	6:04	9.9
424	ILIN VADYM	209		WARS ZAWA	POL	M 30-39	133	M 424				00:35:15	00:53:29	01:00:46.00	01:01:05.90	6:04	9.9
425	GAJEWSKI PAWEŁ	154		WARS ZAWA	POL	M 40-49	157	M 425				00:37:45	00:54:11	01:00:50.10	01:01:40.45	6:05	9.9
426	BIENIEK WOJCIECH	48		WARS ZAWA	POL	M 30-39	134	M 426				00:37:39	00:54:21	01:00:54.95	01:01:49.15	6:05	9.9
427	PĘSIEK ADAM	506		WARS ZAWA	POL	M 40-49	158	M 427		TAK		00:38:03	00:54:17	01:00:55.00	01:02:22.95	6:05	9.8
428	GAWROŃSKI BARTOSZ	798		JABŁO NNA	POL	M 40-49	159	M 428				00:37:16	00:54:25	01:01:00.05	01:02:30.95	6:06	9.8
429	CIEŚLA GRZEGORZ	96		WARS ZAWA	POL	M 40-49	160	M 429	TAK			00:37:40	00:54:27	01:01:00.20	01:02:10.50	6:06	9.8
430	KOSTRZEWSKI PIOTR	998		MILAN ÓWEK	POL	M 50-59	63	M 430				00:38:01	00:54:36	01:01:07.30	01:02:46.95	6:06	9.8
431	ROSTEK ANDRZEJ	564		MARK I	POL	M 50-59	64	M 431		TAK		00:37:47	00:54:21	01:01:08.60	01:02:16.25	6:06	9.8
432	WĘGLIŃSKI JAKUB	713		WARS ZAWA	POL	M 1-29	58	M 432	TAK			00:38:02	00:54:47	01:01:13.55	01:02:26.70	6:07	9.8
433	WOŁOSZKA DARIUSZ	743		WARS ZAWA	POL	M 40-49	161	M 433				00:37:55	00:54:41	01:01:25.15	01:01:49.10	6:08	9.8
434	OBROŚLAK GRZEGORZ	470		WARS ZAWA	POL	M 1-29	59	M 434	TAK			00:35:51	00:54:44	01:01:30.65	01:02:16.95	6:09	9.8
435	SIKORSKI PAWEŁ	592	GAMMA	WARS ZAWA	POL	M 40-49	162	M 435	TAK			00:37:53	00:55:00	01:01:38.60	01:02:39.55	6:09	9.7
436	WĘGRZYN WOJCIECH	978		WARS ZAWA	POL	M 30-39	135	M 436				00:38:28	00:54:32	01:01:39.40	01:02:59.60	6:09	9.7
437	ŻÓŁCIŃSKI WALDEMAR	784	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 60+	17	M 437		TAK	GRUPA BIEGOWA UM W-WA	00:38:47	00:55:07	01:01:41.35	01:03:23.55	6:10	9.7
438	BARTNIK RAFAŁ	25	ZABIEGANY WOŁOMIN	WARS ZAWA	POL	M 40-49	163	M 438				00:38:48	00:54:53	01:01:44.50	01:02:47.85	6:10	9.7

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
439	WISZOWATY DANIEL	726		WARS ZAWA	POL	M 30-39	136	M 439	TAK			00:38:34	00:55:22	01:01:45.90	01:03:14.40	6:10	9.7
440	KACZOREK ROBERT	253		WARS ZAWA	POL	M 60+	18	M 440				00:38:36	00:54:57	01:01:48.90	01:02:37.35	6:10	9.7
441	SZOSTAK GRZEGORZ	654		WARS ZAWA	POL	M 40-49	164	M 441	TAK			00:38:02	00:55:24	01:01:54.35	01:02:56.00	6:11	9.7
442	ZACŁONA PAWEŁ	758		ZIELO NKA	POL	M 30-39	137	M 442				00:37:04	00:54:26	01:01:59.30	01:02:44.90	6:11	9.7
443	KOZICKI DAWID	330		WARS ZAWA	POL	M 1-29	60	M 443				00:38:12	00:55:25	01:01:59.35	01:03:09.35	6:11	9.7
444	ZAIDLEWICZ MAREK	842		WARS ZAWA	POL	M 40-49	165	M 444				00:37:37	00:55:26	01:02:13.60	01:03:29.35	6:13	9.6
445	NIEWIADOMSKI ZDZISŁAW	460		WARS ZAWA	POL	M 60+	19	M 445				00:37:57	00:55:06	01:02:15.70	01:03:21.80	6:13	9.6
446	KUNKA PIOTR	355	TEAM ZABIEGANEDNI	JAKUB ÓW	POL	M 40-49	166	M 446			TEAM ZABIEGANEDNI	00:37:50	00:54:35	01:02:16.45	01:03:21.95	6:13	9.6
447	KOPCZYŃSKI ARKADIUSZ	303		WARS ZAWA	POL	M 50-59	65	M 447				00:36:32	00:55:37	01:02:19.45	01:03:23.30	6:13	9.6
448	SZCZEPANIAK MARIUSZ	644		WARS ZAWA	POL	M 50-59	66	M 448	TAK			00:37:14	00:54:54	01:02:20.55	01:04:03.55	6:14	9.6
449	PIETRZYKOWSKI JAKUB	510		WARS ZAWA	POL	M 1-29	61	M 449	TAK			00:33:03	00:55:04	01:02:22.45	01:02:52.75	6:14	9.6
450	DOBRUCH ROBERT	120		WARS ZAWA	POL	M 50-59	67	M 450				00:39:00	00:55:42	01:02:23.30	01:03:17.35	6:14	9.6
451	ZADROŻNY ANDRZEJ	759		WARS ZAWA	POL	M 40-49	167	M 451	TAK			00:38:34	00:55:32	01:02:23.70	01:03:39.05	6:14	9.6
452	LESNIEWSKI PAWEŁ	373		WARS ZAWA	POL	M 40-49	168	M 452	TAK			00:38:45	00:55:50	01:02:41.45	01:04:01.95	6:16	9.6
453	BOBOWSKI SEBASTIAN	55		WARS ZAWA	POL	M 40-49	169	M 453	TAK			00:37:00	00:55:55	01:02:57.65	01:03:54.30	6:17	9.5
454	GADAWSKI EDWARD	153		WARS ZAWA	POL	M 1-29	62	M 454				00:38:42	00:57:06	01:03:25.60	01:04:34.65	6:20	9.5
455	CHODUN PAWEŁ	82		WARS ZAWA	POL	M 30-39	138	M 455				00:40:12	00:57:08	01:03:34.10	01:05:13.45	6:21	9.4
456	TORZEWSKI JANUSZ	681	WAT	WARS ZAWA	POL	M 50-59	68	M 456				00:39:20	00:56:18	01:03:36.10	01:05:03.05	6:21	9.4
457	SKRZYPECKI JAKUB	601	ANPHARM RUN TEAM	WARS ZAWA	POL	M 30-39	139	M 457				00:39:32	00:56:46	01:03:38.00	01:04:24.55	6:21	9.4
458	BIAŁEK TOMASZ	41		ŁÓDŹ	POL	M 30-39	140	M 458				00:38:35	00:56:56	01:03:38.75	01:04:09.15	6:21	9.4
459	DAŃBROWSKI ANDRZEJ	112	TARCZYŃSKI KLUB BIEGOWY	JÓZEF ÓW	POL	M 60+	20	M 459				00:39:21	00:57:07	01:03:47.30	01:04:42.30	6:22	9.4
460	UFNAL MACIEJ	690		GROC HÓW SZLA CHEC KI	POL	M 30-39	141	M 460				00:38:06	00:55:57	01:03:47.65	01:05:01.40	6:22	9.4
461	RAJCHEMBACH ADAM	556		WARS ZAWA	POL	M 30-39	142	M 461	TAK			00:36:58	00:55:43	01:03:49.30	01:05:10.40	6:22	9.4
462	MĘDEL CEZARY	429		MARK I	POL	M 50-59	69	M 462				00:37:56	00:57:14	01:03:50.70	01:04:57.45	6:23	9.4
463	KRUKOWSKI SEBASTIAN	342		NIEBO RÓW	POL	M 30-39	143	M 463				00:39:17	00:57:07	01:03:51.55	01:05:02.75	6:23	9.4
464	KRÓL PATRYK	339		WARS ZAWA	POL	M 30-39	144	M 464				00:37:07	00:56:35	01:03:57.10	01:04:50.25	6:23	9.4
465	URBANIAK PAWEŁ	692		WARS ZAWA	POL	M 40-49	170	M 465	TAK			00:40:16	00:57:22	01:04:00.25	01:04:07.05	6:24	9.4

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
466	GARWOŁA PAWEŁ	157		LEGIO NOWO	POL	M 40-49	171	M 466				00:39:35	00:57:08	01:04:04.30	01:05:21.75	6:24	9.4
467	ŁOZOWSKI ROBERT	396	DOMELO ROBERT ŁOZOWSKI	WARS ZAWA	POL	M 40-49	172	M 467	TAK			00:39:06	00:57:02	01:04:10.25	01:05:16.95	6:25	9.4
468	CZAJKOWSKI RAFAŁ	100	EKOBIEGI	WARS ZAWA	POL	M 40-49	173	M 468	TAK			00:40:48	00:57:00	01:04:12.40	01:05:31.20	6:25	9.3
469	MALER WŁADYSŁAW	411	REEBOK RUN CREW	WARS ZAWA	POL	M 60+	21	M 469				00:39:13	00:56:59	01:04:16.35	01:05:30.75	6:25	9.3
470	KOWALCZYK RYSZARD	321	APOSTOŁOWIE TRX	WARS ZAWA	POL	M 60+	22	M 470				00:38:45	00:56:42	01:04:22.25	01:05:58.80	6:26	9.3
471	JANISZEWSKI JAN	221		NIDZI CA	POL	M 60+	23	M 471				00:40:13	00:57:24	01:04:32.50	01:05:35.05	6:27	9.3
472	KOZAK PAWEŁ	328		MARK I	POL	M 30-39	145	M 472		TAK		00:41:21	00:57:59	01:04:36.50	01:06:05.25	6:27	9.3
473	PAC BARTOSZ	495		WARS ZAWA	POL	M 40-49	174	M 473				00:39:28	00:57:14	01:04:37.85	01:05:52.70	6:27	9.3
474	JEŻMAŃSKI SŁAWEK	241	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	175	M 474	TAK		BIEGAM NA TARCHOMINIE	00:39:29	00:57:10	01:04:45.20	01:05:52.25	6:28	9.3
475	CHOJNOWSKI ANDRZEJ	84	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	176	M 475	TAK		BIEGAM NA TARCHOMINIE	00:38:54	00:57:14	01:04:47.15	01:06:17.20	6:28	9.3
476	POŚNIK MICHAŁ	823		WARS ZAWA	POL	M 30-39	146	M 476	TAK			00:39:57	00:57:34	01:04:48.70	01:06:07.35	6:28	9.3
477	REŚLIŃSKI PIOTR	558		TARC HOMIN	POL	M 1-29	63	M 477	TAK			00:38:06	00:57:34	01:04:49.40	01:05:56.95	6:28	9.3
478	KWAŚNIEWSKI TOMASZ	363		PIAST ÓW	POL	M 40-49	177	M 478				00:39:42	00:57:37	01:04:53.90	01:05:39.00	6:29	9.2
479	ZAKHARKEVICH ALEXANDER	992		WARS ZAWA	POL	M 40-49	178	M 479	TAK			00:39:43	00:57:59	01:05:03.40	01:06:37.95	6:30	9.2
480	KOWALCZYK ZDZISŁAW	322	JW 2189	WARS ZAWA	POL	M 40-49	179	M 480	TAK			00:39:03	00:57:23	01:05:06.00	01:06:02.15	6:30	9.2
481	KRZYWIEC PRZEMYSŁAW	347		FALE NTY	POL	M 30-39	147	M 481				00:41:29	00:58:59	01:05:35.65	01:05:47.40	6:33	9.1
482	TYBURC PAWEŁ	69	RADA DZIELNICY BIAŁOLEKA	WARS ZAWA	POL	M 50-59	70	M 482	TAK	TAK		00:40:43	00:58:35	01:05:38.10	01:07:14.20	6:33	9.1
483	SZCZEPAŃSKI MATEUSZ	645		NOWY DWÓR MAZO WIEC KI	POL	M 1-29	64	M 483			LEWANDOWSCY	00:40:28	00:58:15	01:05:47.55	01:06:51.55	6:34	9.1
484	PARK JONG GYU	818	NONE	WRO CLAW	POL	M 40-49	180	M 484				00:38:59	00:58:13	01:05:54.35	01:06:16.10	6:35	9.1
485	MEJOR JAN	428		WARS ZAWA	POL	M 30-39	148	M 485	TAK			00:39:30	00:58:15	01:06:08.85	01:07:11.30	6:36	9.1
486	KASPRZAK MARCIN	267		WARS ZAWA	POL	M 50-59	71	M 486	TAK			00:40:45	00:58:57	01:06:16.55	01:07:44.20	6:37	9.1
487	LECHÓW MARCIN	368		MARK I	POL	M 40-49	181	M 487				00:39:52	00:58:15	01:06:23.75	01:07:31.45	6:38	9
488	KOWALSKI TOMASZ	326	KB PACE	WARS ZAWA	POL	M 40-49	182	M 488				00:42:04	00:59:44	01:06:25.55	01:07:31.35	6:38	9
489	KATNER TOMASZ	268		WARS ZAWA	POL	M 40-49	183	M 489				00:40:49	00:59:18	01:06:31.20	01:08:06.15	6:39	9
490	WOJTCZAK ADRIAN	738		ELK	POL	M 40-49	184	M 490				00:40:06	00:58:36	01:06:36.05	01:07:18.75	6:39	9

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
491	MEDVETSKYI ILLIA	427		WARS ZAWA	POL	M 1-29	65	M 491	YES			00:39:31	00:58:06	01:06:38.95	01:06:57.35	6:39	9
492	KUŹMICKI JAKUB	362	PGNIG TERMIKA SA	WARS ZAWA	POL	M 1-29	66	M 492			PGNIG TERMIKA SA	00:40:49	00:59:28	01:06:47.25	01:08:03.90	6:40	9
493	GÓRKA RAFAŁ	180	T-MOBILE SPORT TEAM	WARS ZAWA	POL	M 50-59	72	M 493	TAK			00:40:40	00:59:24	01:06:54.90	01:08:05.50	6:41	9
494	JEDYNAK PAWEŁ	236		WARS ZAWA	POL	M 40-49	185	M 494	TAK			00:42:12	01:00:16	01:07:08.85	01:08:41.90	6:42	8.9
495	WŁODARCZYK PAWEŁ	733		WARS ZAWA	POL	M 40-49	186	M 495				00:40:33	00:59:43	01:07:12.45	01:08:19.00	6:43	8.9
496	KOWALSKI KONRAD	807		WARS ZAWA	POL	M 1-29	67	M 496				00:41:07	01:00:13	01:07:26.70	01:08:27.75	6:44	8.9
497	ZAJĄC PIOTR	760		WARS ZAWA	POL	M 40-49	187	M 497	TAK			00:42:38	01:00:22	01:07:27.10	01:09:07.45	6:44	8.9
498	PRĘGOWSKI GRZEGORZ	538	EKOBIEGI	WARS ZAWA	POL	M 50-59	73	M 498				00:41:58	01:00:06	01:07:32.90	01:08:52.60	6:45	8.9
499	WRÓBLEWSKI TOMASZ	996		WARS ZAWA	POL	M 30-39	149	M 499	TAK			00:42:11	01:00:33	01:07:42.20	01:09:19.50	6:46	8.9
500	MYŚLIWIEC PIOTR	452	AKTYWNI PO ZAWALE	WARS ZAWA	POL	M 40-49	188	M 500				00:41:33	01:00:19	01:07:50.45	01:08:40.75	6:47	8.8
501	KOSECKI JAKUB	309		ŁOMI ANKI	POL	M 40-49	189	M 501				00:39:43	00:57:38	01:08:00.15	01:09:51.35	6:48	8.8
502	FIEDOSIUK MICHAŁ	140	DZIKUNY	WARS ZAWA	POL	M 40-49	190	M 502	TAK			00:41:51	01:00:26	01:08:02.45	01:08:48.45	6:48	8.8
503	GRUDZIŃSKI ŁUKASZ	186		WARS ZAWA	POL	M 40-49	191	M 503		TAK		00:42:25	01:01:00	01:08:13.65	01:09:43.10	6:49	8.8
504	MACIĄG PATRYK	400		WARS ZAWA	POL	M 30-39	150	M 504				00:41:24	01:00:56	01:08:27.40	01:09:32.15	6:50	8.8
505	CZARNOTA ANDRZEJ	102		WARS ZAWA	POL	M 50-59	74	M 505				00:42:54	01:00:53	01:09:03.80	01:10:33.25	6:54	8.7
506	ZIĘBA TOMASZ	776		WARS ZAWA	POL	M 40-49	192	M 506				00:42:18	01:01:14	01:09:04.15	01:10:28.70	6:54	8.7
507	KRZECZEWSKI JACEK	344		WARS ZAWA	POL	M 50-59	75	M 507				00:42:08	01:01:13	01:09:09.40	01:10:11.85	6:54	8.7
508	KULBACKI KAMIL	351		WARS ZAWA	POL	M 30-39	151	M 508	TAK			00:42:25	01:01:19	01:09:15.30	01:10:37.00	6:55	8.7
509	DĄBROWA BARTOSZ	30		WARS ZAWA	POL	M 1-29	68	M 509	TAK	TAK		00:43:35	01:02:01	01:09:20.10	01:10:53.85	6:56	8.7
510	PRYBYSH DMITRI	541		WARS ZAWA	BEL	M 30-39	152	M 510				00:43:18	01:02:11	01:09:25.05	01:10:57.30	6:56	8.6
511	SOCHOCKI DAREK	613		LEGIO NOW O	POL	M 50-59	76	M 511				00:41:31	01:00:49	01:09:27.20	01:10:52.40	6:56	8.6
512	KUCOWSKI ROBERT	971		WARS ZAWA	POL	M 40-49	193	M 512	TAK			00:43:31	01:01:55	01:09:32.15	01:10:50.65	6:57	8.6
513	WALKIEWICZ TOMASZ	705		WARS ZAWA	POL	M 1-29	69	M 513				00:43:54	01:02:31	01:09:33.75	01:10:43.35	6:57	8.6
514	GLASSER MAREK	165		WARS ZAWA	POL	M 60+	24	M 514				00:41:43	01:01:39	01:09:50.45	01:11:05.45	6:59	8.6
515	PASZKOWSKI CEZARY	819	LEŚNE SZYCHY	WARS ZAWA	POL	M 40-49	194	M 515				00:43:54	01:01:31	01:09:50.70	01:11:21.35	6:59	8.6
516	BIELECKI JACEK	46	RUN CZARNÓW	CZAR NÓW	POL	M 50-59	77	M 516	TAK			00:42:34	01:01:49	01:10:05.90	01:11:19.05	7:00	8.6
517	JANUCHTA TOMASZ	225		WARS ZAWA	POL	M 50-59	78	M 517				00:43:55	01:02:29	01:10:06.30	01:11:22.50	7:00	8.6
518	BALCERZAK TOMASZ	20		LEGIO NOW O	POL	M 40-49	195	M 518				00:41:57	01:02:29	01:10:16.20	01:11:08.95	7:01	8.5

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
519	CHYSTIKOV ARTEM	790		WARS ZAWA	UKR	M 30-39	153	M 519	TAK			00:41:45	01:02:25	01:10:18.80	01:11:40.10	7:01	8.5
520	BERLIŃSKI KAMIL	36		WARS ZAWA	POL	M 30-39	154	M 520	TAK			00:43:24	01:02:46	01:10:48.75	01:12:29.60	7:04	8.5
521	ŁOTOWSKI EMIL	392		LEGIO NOWO	POL	M 30-39	155	M 521				00:43:10	01:00:07	01:10:52.75	01:12:19.10	7:05	8.5
522	GRABOWSKI LESZEK	182	STARE BABICE BIEGAJA	LATC HORZ EW	POL	M 50-59	79	M 522		TAK		00:43:55	01:03:12	01:11:07.00	01:12:31.80	7:06	8.4
523	SMAGIEL TOMASZ	605		WARS ZAWA	POL	M 50-59	80	M 523	TAK			00:42:32	01:03:14	01:11:08.30	01:12:17.80	7:06	8.4
524	LECH PAWEL	23		WARS ZAWA	POL	M 50-59	81	M 524		TAK		00:43:06	01:02:57	01:11:11.50	01:12:50.70	7:07	8.4
525	VARGHEO JITHIN	972		WARS ZAWA	POL	M 50-59	82	M 525				00:44:17	01:03:44	01:11:28.55	01:12:49.25	7:08	8.4
526	BRZÓZKA KAMIL	65	TARCHO ZIOMY	WARS ZAWA	POL	M 40-49	196	M 526	TAK			00:43:50	01:04:05	01:11:48.30	01:13:28.95	7:10	8.4
527	DZIEDZIC ŁUKASZ	132		WARS ZAWA	POL	M 40-49	197	M 527	TAK			00:44:37	01:03:45	01:11:55.55	01:13:09.95	7:11	8.3
528	SIKORSKI PAWEŁ	593	KIP RUNNING	MAGD ALEN KA	POL	M 40-49	198	M 528				00:44:43	01:04:11	01:12:23.20	01:13:57.15	7:14	8.3
529	KOSOWSKI WIESŁAW	313	-	OTW OCK	POL	M 60+	25	M 529				00:44:34	01:04:29	01:13:02.65	01:14:30.55	7:18	8.2
530	DANIELSKI JACEK	109	PZU SPORT TEAM	WARS ZAWA	POL	M 40-49	199	M 530	TAK			00:43:46	01:04:57	01:13:11.10	01:14:19.65	7:19	8.2
531	NOWICKI DARIUSZ	466	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	200	M 531	TAK		BIEGAM NA TARCHOMINIE	00:45:17	01:05:33	01:13:55.40	01:15:19.55	7:23	8.1
532	LIBERA PAWEŁ	382	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	201	M 532	TAK	TAK	GRUPA BIEGOWA UM W-WA	00:44:34	01:06:11	01:14:42.85	01:16:23.10	7:28	8
533	NASKRĘT MARIUSZ	453		RACO T	POL	M 40-49	202	M 533				00:46:27	01:06:56	01:14:48.35	01:16:14.35	7:28	8
534	BIELEC BARTŁOMIEJ	43		WARS ZAWA	POL	M 40-49	203	M 534				00:46:05	01:06:30	01:14:50.10	01:16:30.15	7:29	8
535	DYMEL ANDRZEJ	131	MARKOWI BIEGACZE	WARS ZAWA	POL	M 60+	26	M 535	TAK			00:46:56	01:07:01	01:15:11.90	01:16:16.85	7:31	8
536	RUSIN MICHAŁ	829		JABŁO NNA	POL	M 1-29	70	M 536				00:45:20	01:05:45	01:15:14.25	01:16:37.80	7:31	8
537	RUSIN BARTOSZ	827		JABŁO NNA	POL	M 50-59	83	M 537				00:45:04	01:06:44	01:15:20.45	01:16:43.60	7:32	8
538	SULEJCZYK PIOTR	637	ZALATANI 1.BLTR	BUDY BARC ZAÇKI E	POL	M 50-59	84	M 538				00:46:47	01:06:57	01:15:39.55	01:16:57.65	7:33	7.9
539	DZIEPAK PIOTR	133	ZALATANI 1 BLTR	WOLA MROK OWSK A	POL	M 40-49	204	M 539			ZALATANI 1 BLTR	00:46:48	01:06:58	01:15:40.45	01:16:57.95	7:34	7.9
540	SZCZĘSNY ADRIAN	646		WARS ZAWA	POL	M 1-29	71	M 540				00:47:13	01:07:51	01:16:02.95	01:17:46.25	7:36	7.9
541	KŁYK PIOTR	288		KIELPI N	POL	M 30-39	156	M 541		TAK		00:47:34	01:08:01	01:17:07.95	01:18:36.40	7:42	7.8
542	SOKOŁOWSKI MARIAN	614	SAMOTNY WILK	WARS ZAWA	POL	M 60+	27	M 542				00:44:39	01:07:40	01:17:14.65	01:18:31.80	7:43	7.8
543	SOBOLEWSKI MATEUSZ	610	ŻÓRAWSKI TEAM	WARS ZAWA	POL	M 1-29	72	M 543	TAK		ŻÓRAWSKI TEAM	00:50:01	00:59:07	01:17:23.00	01:17:23.00	7:44	7.8

**BIEG PRZEZ MOST , M Open c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
544	SZOSTAKOWSKI JAROSŁAW	2	BIEGAM DOBRZE DLA FUNDACJI SYNOPSIS	WARS ZAWA	POL	M 50-59	85	M 544				00:46:54	01:08:16	01:17:44.10	01:19:19.60	7:46	7.7
545	LIPIEC TOMASZ	384		PIASE CZNO	POL	M 50-59	86	M 545				00:48:56	01:09:20	01:17:57.45	01:19:09.40	7:47	7.7
546	ZATYLNÝ TOMASZ	768		WARS ZAWA	POL	M 40-49	205	M 546	TAK			00:46:22	01:08:41	01:18:23.55	01:19:59.65	7:50	7.7
547	GRZEŚLAK KRZYSZTOF	192	DZIKUNY	WARS ZAWA	POL	M 30-39	157	M 547	TAK			00:48:42	01:09:26	01:18:25.60	01:19:52.85	7:50	7.7
548	SMOK TOMASZ	606		WARS ZAWA	POL	M 40-49	206	M 548	TAK			00:45:03	01:08:05	01:18:37.30	01:19:58.30	7:51	7.6
549	KUREK GUSTAW	358		WARS ZAWA	POL	M 50-59	87	M 549	TAK			00:47:38	01:10:09	01:19:00.80	01:20:23.25	7:54	7.6
550	OLCZAK WITOLD	476	UMCS BIEGA	WARS ZAWA	POL	M 60+	28	M 550				00:49:03	01:10:07	01:19:15.15	01:20:56.75	7:55	7.6
551	KOWALSKI WISŁAW	808		WARS ZAWA	POL	M 50-59	88	M 551	TAK			00:49:17	01:11:29	01:20:19.70	01:21:20.05	8:01	7.5
552	DRZEWICZ TOMASZ	126	PROMENADA SZKOŁA TAŃCA R'N'ROLLA AKROBATICZNEGO	WARS ZAWA	POL	M 50-59	89	M 552				00:49:59	01:11:54	01:20:24.65	01:20:24.65	8:02	7.5
553	SIUDZIŃSKI REMIGIUSZ	595	RIGHT SOLUTIONS REMIGIUSZ SIUDZIŃSKI	WARS ZAWA	POL	M 40-49	207	M 553				00:50:57	01:12:59	01:22:09.95	01:23:48.55	8:12	7.3
554	ŻELAZKO MICHAŁ	783	STARYDZIAD AMORZE	WARS ZAWA	POL	M 50-59	90	M 554				00:50:53	01:14:16	01:23:56.15	01:25:18.05	8:23	7.1
555	CZYŻ MICHAŁ	107		WARS ZAWA	POL	M 30-39	158	M 555	TAK			00:51:23	01:14:41	01:24:42.25	01:25:42.60	8:28	7.1
556	STAŃKOWSKI HUBERT	621	TEAM WARIAT	WARS ZAWA	POL	M 1-29	73	M 556	TAK			00:53:26	01:16:00	01:25:42.20	01:27:04.85	8:34	7
557	CZECHOWSKI JERZY	104	MZA - WARSZAWA	WARS ZAWA	POL	M 60+	29	M 557		TAK		00:55:36	01:18:41	01:28:27.65	01:30:05.90	8:50	6.8
558	FACON JANUSZ	136		WARS ZAWA	POL	M 50-59	91	M 558	TAK			00:28:37	00:40:26			4:29	13.4
559	MARSZAL MARIUSZ	417	WETELECOM	WARS ZAWA	POL	M 40-49	208	M 559									
560	CHMIELEWSKI MACIEJ	79		WARS ZAWA	POL	M 40-49	209	M 560		TAK							
561	KWIECIEŃ JAROSŁAW	365		WARS ZAWA	POL	M 50-59	92	M 561	TAK								

**BIEG PRZEZ MOST , K Odcinek specjalny**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	STELMACH DOMINIKA	624	ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	K 40-49	1	K 1			ADIDAS RUNNERS WARSAW	00:23:00	00:32:43	00:36:46.65	00:36:49.45	3:40	16.3
2	VEREMCHUK YULIIA	696	TEAMOCHAL#BIGA M BO LUBIĘ	WARS ZAWA	UKR	K 30-39	1	K 2				00:23:58	00:34:09	00:38:08.35	00:38:11.65	3:48	15.7
3	GRACZYK KAROLINA	183	DĄBROWSKI TEAM	KUTN O	POL	K 30-39	2	K 3				00:23:58	00:34:02	00:38:14.25	00:38:18.65	3:49	15.7
4	KRASZPULSKA MAGDALENA	809	ŻÓRAWSKI TEAM	WARS ZAWA	POL	K 30-39	3	K 4			ŻÓRAWSKI TEAM	00:25:18	00:36:32	00:41:04.25	00:41:07.70	4:06	14.6
5	CZERWIŃSKA KATARZYNA	106		WARS ZAWA	POL	K 30-39	4	K 5				00:25:38	00:36:45	00:41:26.80	00:41:30.60	4:08	14.5

**BIEG PRZEZ MOST , K Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
6	BEREZNOWSKA PATRYCJA	35	WIELISZEW HERON TEAM HOKA POLAND TEAM	WIELI SZEW	POL	K 40-49	2	K 6			WIELISZEW HERON TEAM	00:26:51	00:37:48	00:42:11.85	00:42:19.55	4:13	14.2
7	PASZKOWSKA MARCELINA	501	ZDROWA MICHA	WARS ZAWA	POL	K 30-39	5	K 7			BIEGANIE PO 40	00:26:33	00:37:50	00:42:22.60	00:42:30.05	4:14	14.2
8	MAJEWSKA EWA	407		WARS ZAWA	POL	K 40-49	3	K 8			BIEGANIE PO 40	00:27:05	00:38:54	00:43:50.50	00:43:59.80	4:23	13.7
9	GRULA DOMINIKA	187	KUŹNIA TRIATHLONU	WARS ZAWA	POL	K 30-39	6	K 9				00:27:36	00:39:32	00:44:34.85	00:44:45.30	4:27	13.5
10	TOMCZAK JOANNA	678		WARS ZAWA	POL	K 30-39	7	K 10				00:28:21	00:40:00	00:44:50.35	00:45:02.75	4:29	13.4
11	RĘDZIŃSKA GOSIA	559	ROZBIEGANY PIASTÓW	PIAST ÓW	POL	K 40-49	4	K 11			ROZBIEGANY PIASTÓW	00:28:11	00:40:40	00:45:43.45	00:45:53.95	4:34	13.1
12	CHOŁUJ ANNA	85	KOZIENICKI BIEGACZ	KOZIE NICE	POL	K 30-39	8	K 12			KOZIENICKI BIEGACZ	00:28:20	00:40:26	00:45:49.45	00:46:02.80	4:34	13.1
13	ZALEWSKA ANNA	763	GRUPA BIEGOWA CHTMO	SKRZ ESZE W	POL	K 30-39	9	K 13			GRUPA BIEGOWA CHTMO	00:28:45	00:41:21	00:46:23.00	00:46:32.05	4:38	12.9
14	CHRUŚCIEL BEATA	976		MIĘD ZYRZ EC PODL ASKI	POL	K 30-39	10	K 14				00:29:01	00:41:36	00:46:39.50	00:46:55.75	4:39	12.9
15	JASZCZERSKA GRAŻYNA	233		WARS ZAWA	POL	K 50-59	1	K 15	TAK			00:29:32	00:42:04	00:47:09.40	00:47:24.95	4:42	12.7
16	SELMOWICZ-ŻUK EMILIA	580	PASSION FIRST	WARS ZAWA	POL	K 30-39	11	K 16		TAK		00:29:41	00:42:11	00:47:10.95	00:47:28.85	4:43	12.7
17	ZAJĄC DARIA	761		WARS ZAWA	POL	K 30-39	12	K 17				00:29:19	00:42:20	00:47:32.55	00:47:41.85	4:45	12.6
18	NIECKARZ JUSTYNA	988		WARS ZAWA	POL	K 30-39	13	K 18		TAK		00:29:45	00:43:04	00:48:12.65	00:48:52.30	4:49	12.4
19	DĄBROWSKA MAGDALENA	110		WARS ZAWA	POL	K 1-29	1	K 19				00:30:51	00:43:21	00:48:22.00	00:48:36.25	4:50	12.4
20	PODSADNI-KRYSIK PAULINA	528	EKOBIEGI	WARS ZAWA	POL	K 30-39	14	K 20			TAK	00:30:19	00:43:25	00:48:38.35	00:48:54.10	4:51	12.3
21	KOWALIKOWSKA RENATA	324	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	5	K 21		TAK	BIEGAM NA TARCHOMINIE	00:30:07	00:43:16	00:48:42.90	00:48:59.15	4:52	12.3
22	WELO EWELINA	710	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	K 30-39	15	K 22		TAK	BIEGAJ POD OKIEM TRENERA	00:30:10	00:43:35	00:49:07.60	00:49:16.95	4:54	12.2
23	JAKUBISIAK RENATA	216	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	6	K 23		TAK	BIEGAM NA TARCHOMINIE	00:30:29	00:43:37	00:49:13.15	00:49:57.15	4:55	12.2
24	SUWAŁA KATARZYNA	847		WARS ZAWA	POL	K 30-39	16	K 24			ADIDAS RUNNERS WARSAW	00:30:51	00:43:59	00:49:13.70	00:49:37.00	4:55	12.2
25	RZYMOWSKA KRYSZYNA	575		WARS ZAWA	POL	K 50-59	2	K 25				00:30:40	00:44:01	00:49:17.50	00:49:38.55	4:55	12.2
26	MISIAK ANNA	814	TEAM ZABIEGANEDNI	WARS ZAWA	POL	K 30-39	17	K 26				00:31:01	00:44:07	00:49:30.10	00:49:59.85	4:57	12.1
27	MAZUR EMILIA	425		KOCZ ARG STAR E	POL	K 30-39	18	K 27				00:29:55	00:44:02	00:49:41.15	00:49:51.30	4:58	12.1
28	FLONT AGNIESZKA	144	DECATHLON TARGÓWEK	GARW OLIN	POL	K 30-39	19	K 28			DECATHLON TARGÓWEK	00:30:20	00:44:11	00:49:46.05	00:50:03.70	4:58	12.1
29	CICHOŃSKA ELŻBIETA	93		WARS ZAWA	POL	K 50-59	3	K 29		TAK		00:31:29	00:44:30	00:49:55.10	00:50:27.95	4:59	12
30	AHEICHYK VOLHA	15		WARS ZAWA	POL	K 30-39	20	K 30		TAK		00:30:48	00:44:30	00:49:56.80	00:50:35.15	4:59	12



**BIEG PRZEZ MOST , K Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
31	GÓRZYŃSKA PATRYCJA	181	BIEGAM NA BIAŁOLECIE	WARS ZAWA	POL	K 40-49	7	K 31	TAK			00:31:05	00:44:34	00:50:02.10	00:50:26.75	5:00	12
32	RUDNIK KATARZYNA	958	KB PACE WARSZAWA	WARS ZAWA	POL	K 40-49	8	K 32				00:31:12	00:44:37	00:50:02.65	00:50:24.90	5:00	12
33	SKACZKOWSKA BARBARA	598		WARS ZAWA	POL	K 40-49	9	K 33				00:31:26	00:44:46	00:50:35.95	00:51:05.85	5:03	11.9
34	FILIPOWICZ NATALIA	142	NEW BALANCE RUN CLUB	WARS ZAWA	POL	K 30-39	21	K 34				00:31:26	00:45:11	00:50:48.05	00:51:08.00	5:04	11.8
35	WIELOWSKA KINGA	717		GÓRA	POL	K 1-29	2	K 35			LEWANDOWSCY	00:31:17	00:45:20	00:51:01.20	00:51:32.45	5:06	11.8
36	ŻYDEK-RÓG RENATA	787		WARS ZAWA	POL	K 40-49	10	K 36				00:31:52	00:45:37	00:51:16.30	00:51:32.85	5:07	11.7
37	CHOTOMSKA DOROTA	86		LEGIO NOW O	POL	K 30-39	22	K 37				00:31:44	00:45:45	00:51:27.60	00:51:33.55	5:08	11.7
38	CABAŃSKA DOROTA	74	GUNS&ROSES RUN TEAM	ŁOMI ANKI	POL	K 40-49	11	K 38	TAK		GUNS&ROSES RUN TEAM	00:32:25	00:45:50	00:51:29.45	00:52:02.55	5:08	11.7
39	WANAT KATARZYNA	706	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	K 30-39	23	K 39			BIEGAJ POD OKIEM TRENERA	00:31:31	00:45:57	00:51:38.50	00:51:58.45	5:09	11.6
40	ŁATKOWSKA MONIKA	390	GRUPA BIEGOWA CHTMO	CHOT OMÓ W	POL	K 40-49	12	K 40			GRUPA BIEGOWA CHTMO	00:31:54	00:46:00	00:51:40.65	00:52:11.90	5:10	11.6
41	PODSTAWKA JULIA	529		WARS ZAWA	POL	K 1-29	3	K 41	TAK			00:31:57	00:46:06	00:51:42.55	00:51:55.20	5:10	11.6
42	WALENDZIK WIESIA	704		WARS ZAWA	POL	K 40-49	13	K 42	TAK			00:32:13	00:46:00	00:51:46.40	00:52:41.65	5:10	11.6
43	WÓJCIK MONIKA	749	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	14	K 43	TAK		BIEGAM NA TARCHOMINIE	00:46:47		00:52:23.80	00:52:54.45	5:14	11.5
44	SŁOWIAK KLAUDIA	604		WARS ZAWA	POL	K 30-39	24	K 44				00:33:09	00:47:16	00:52:56.55	00:53:30.90	5:17	11.3
45	LEWANDOWSKA ANNA	377	GRUPA BIEGACZY SKÓRZEC BIEGA	MROZ Y	POL	K 40-49	15	K 45			GRUPA BIEGACZY SKÓRZEC BIEGA	00:32:50	00:46:58	00:52:59.70	00:53:26.15	5:17	11.3
46	TULA RENATA	687		WARS ZAWA	POL	K 60+	1	K 46				00:32:46	00:47:09	00:53:16.20	00:53:45.00	5:19	11.3
47	MIELCZARZYK JOANNA	434		WARS ZAWA	POL	K 30-39	25	K 47				00:33:50	00:47:39	00:53:18.60	00:54:14.75	5:19	11.3
48	TRUSZKOWSKA MARTA	836	BESTIE OCR LEGIONOWO	LEGIO NOW O	POL	K 30-39	26	K 48			BESTIE OCR LEGIONOWO	00:34:03	00:47:43	00:53:18.90	00:54:32.35	5:19	11.3
49	HUSZCZA AGATA	208		WARS ZAWA	POL	K 40-49	16	K 49	TAK			00:33:06	00:47:43	00:53:27.15	00:53:57.05	5:20	11.2
50	CIMOCHOWSKA-S WITALSKA MAGDALENA	97	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	17	K 50	TAK		BIEGAM NA TARCHOMINIE	00:33:24	00:47:37	00:53:28.80	00:53:59.30	5:20	11.2
51	KOŁODZIEJSKA IWONA	299		JABŁO NNA	POL	K 40-49	18	K 51				00:33:10	00:47:47	00:53:40.20	00:54:21.95	5:22	11.2
52	JAKUBOWSKA ANNA	217		WARS ZAWA	POL	K 30-39	27	K 52	TAK			00:33:16	00:48:19	00:54:13.00	00:54:55.10	5:25	11.1
53	ZAWIŚLAK JOLA	770	TEAM ZABIEGANEDNI	WARS ZAWA	POL	K 50-59	4	K 53				00:32:53	00:48:05	00:54:17.25	00:54:48.25	5:25	11.1
54	TOMCZUK-KUZKA KATARZYNA	679		WARS ZAWA	POL	K 40-49	19	K 54		TAK		00:33:15	00:48:03	00:54:17.40	00:54:51.25	5:25	11.1
55	WÓJCIK EWA	750		WARS ZAWA	POL	K 40-49	20	K 55	TAK			00:33:38	00:48:44	00:54:17.70	00:54:31.05	5:25	11.1
56	KLIMKIEWICZ-SIKO RA BEATA	280	GRUPA BIEGOWA CHTMO	LEGIO NOW O	POL	K 40-49	21	K 56			GRUPA BIEGOWA CHTMO	00:33:18	00:48:12	00:54:18.35	00:54:50.05	5:25	11

**BIEG PRZEZ MOST , K Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
57	HAWRYLUK-STASI AK EWA	201	BIEGUNI 2022/AKTYWNA WARSZAWA	WARS ZAWA	POL	K 60+	2	K 57			AKTYWNA WARSZAWA	00:34:14	00:48:28	00:54:22.75	00:55:05.65	5:26	11
58	SOBIELARSKA JOANNA	608		WARS ZAWA	POL	K 30-39	28	K 58	TAK			00:34:24	00:48:43	00:54:28.45	00:55:18.25	5:26	11
59	SIDORCZUK-KUMO SA DOROTA	581	TEAM ZABIEGANEDNI	WARS ZAWA	POL	K 40-49	22	K 59				00:34:28	00:48:45	00:54:43.10	00:55:47.40	5:28	11
60	WALCZUK MAGDA	701		WARS ZAWA	POL	K 40-49	23	K 60	TAK			00:34:49	00:49:12	00:54:45.95	00:55:47.55	5:28	11
61	KOSMAN MAŁGORZATA	311	SPORT GENERATION	WARS ZAWA	POL	K 60+	3	K 61				00:33:31	00:49:01	00:55:10.45	00:55:45.55	5:31	10.9
62	ŚWIDERSKA JOANNA	666	WSPARCITRENING OWE.PL	WARS ZAWA	POL	K 30-39	29	K 62	TAK			00:34:24	00:49:03	00:55:11.75	00:55:46.35	5:31	10.9
63	HRYCIUK KATARZYNA	206	EKOBIEGI	WARS ZAWA	POL	K 40-49	24	K 63				00:34:33	00:49:05	00:55:16.45	00:56:14.30	5:31	10.9
64	APANOWICZ ANGELIKA	17		WARS ZAWA	POL	K 40-49	25	K 64				00:35:13	00:49:31	00:55:24.65	00:56:04.20	5:32	10.8
65	UŚCIŁOWSKA SYLWIA	695	PGNIG TERMIKA SA	ŁOMI ANKI	POL	K 40-49	26	K 65			PGNIG TERMIKA SA	00:34:33	00:49:23	00:55:30.75	00:56:37.80	5:33	10.8
66	ZARĘBA-TREMELE T KATARZYNA	765		WARS ZAWA	POL	K 40-49	27	K 66	TAK			00:33:55	00:49:11	00:55:31.45	00:55:56.55	5:33	10.8
67	GAWEŁ DOROTA	159		ŁOMI ANKI	POL	K 40-49	28	K 67				00:34:52	00:49:37	00:55:42.70	00:56:26.80	5:34	10.8
68	KOCIK ELŻBIETA	44		WARS ZAWA	POL	K 40-49	29	K 68	TAK	TAK		00:35:36	00:49:54	00:55:49.45	00:57:27.70	5:34	10.7
69	FLOREK MAŁGORZATA	145		WARS ZAWA	POL	K 30-39	30	K 69	TAK			00:34:18	00:49:55	00:55:53.35	00:56:44.85	5:35	10.7
70	FOLMAN AGATA	147		TELUS ZCZ	POL	K 30-39	31	K 70				00:35:25	00:50:05	00:55:57.15	00:56:41.55	5:35	10.7
71	FLAGA ANIA	795		WARS ZAWA	POL	K 30-39	32	K 71				00:34:53	00:50:14	00:56:11.75	00:56:43.90	5:37	10.7
72	KRASZEWSKA SYLWIA	332	SKLEPINDIE.PL WYSZKÓW	DROG OSZE WO	POL	K 40-49	30	K 72				00:35:05	00:50:15	00:56:20.10	00:57:12.65	5:38	10.7
73	SARNACKA JOANNA	578	PODESZWA TEAM	MARK I	POL	K 30-39	33	K 73				00:34:42	00:50:10	00:56:21.65	00:57:00.85	5:38	10.6
74	NAWROCKA ROMA	455	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	K 40-49	31	K 74		TAK	GRUPA BIEGOWA UM W-WA	00:34:38	00:50:05	00:56:32.25	00:57:07.30	5:39	10.6
75	JAGODA TERESA	214	GRUPA BIEGOWA CHTMO	LEGIO NOW O	POL	K 40-49	32	K 75			GRUPA BIEGOWA CHTMO	00:35:15	00:50:35	00:56:48.05	00:57:20.20	5:40	10.6
76	DOBOSZ ANETA	118	WŚCIEKLE PIĘŚCI WEŻA	WARS ZAWA	POL	K 30-39	34	K 76	TAK			00:35:20	00:50:42	00:56:51.05	00:57:48.00	5:41	10.6
77	MATEJAK KATARZYNA	421		WARS ZAWA	POL	K 40-49	33	K 77				00:36:22	00:50:57	00:56:58.05	00:58:06.60	5:41	10.5
78	KUŚMIREK-KOWAL JOANNA	361	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	34	K 78	TAK		BIEGAM NA TARCHOMINIE	00:36:11	00:51:07	00:57:01.20	00:57:50.55	5:42	10.5
79	KLIMCZAK JUSTYNA	802		BYDG OSZC Z	POL	K 40-49	35	K 79				00:35:21	00:51:13	00:57:11.65	00:57:40.90	5:43	10.5
80	LEWANDOWSKA JOLANTA	986		NOWY DWÓ R MAZO WIEC KI	POL	K 40-49	36	K 80			LEWANDOWSCY	00:35:30	00:50:54	00:57:27.75	00:58:04.30	5:44	10.4

**BIEG PRZEZ MOST , K Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
81	WOŻNY BARBARA	747		WARS ZAWA	POL	K 60+	4	K 81	TAK			00:36:00	00:51:23	00:57:34.70	00:58:48.25	5:45	10.4
82	MYŚLIŃSKA ANNA	123	EKOBIEGI	WARS ZAWA	POL	K 40-49	37	K 82	TAK	TAK	EKOBIEGI	00:36:00	00:51:13	00:57:35.50	00:58:32.95	5:45	10.4
83	FEDORUK NATALIA	139		WARS ZAWA	POL	K 30-39	35	K 83		TAK		00:35:36	00:51:24	00:57:51.35	00:59:15.95	5:47	10.4
84	YURKEVICH NADESHDA	960		WARS ZAWA	POL	K 30-39	36	K 84				00:34:58	00:51:21	00:57:54.25	00:58:54.55	5:47	10.4
85	OLSZEWSKA DOROTA	478	BRACTWO BIEGOWE BGK	WARS ZAWA	POL	K 40-49	38	K 85			BRACTWO BIEGOWE BGK	00:35:37	00:51:26	00:57:57.20	00:58:53.85	5:47	10.4
86	KAMIEN MONIKA	257		WARS ZAWA	POL	K 1-29	4	K 86				00:35:35	00:51:40	00:57:59.35	00:58:30.90	5:47	10.3
87	SROCZYŃSKA EMILIA	617		WARS ZAWA	POL	K 40-49	39	K 87	TAK			00:36:07	00:51:55	00:58:09.70	00:58:46.25	5:48	10.3
88	BUDKOWSKA DOROTA	67		WARS ZAWA	POL	K 30-39	37	K 88				00:36:26	00:52:06	00:58:19.00	00:59:24.55	5:49	10.3
89	LIBERADZKA MAGDALENA	962		WARS ZAWA	POL	K 40-49	40	K 89				00:35:02	00:51:42	00:58:19.20	00:59:16.45	5:49	10.3
90	PIOTROWSKA EDYTA	514	BRACTWO BIEGOWE BGK	WARS ZAWA	POL	K 40-49	41	K 90			BRACTWO BIEGOWE BGK	00:35:27	00:51:44	00:58:19.60	00:59:16.60	5:49	10.3
91	BOGŁOWSKA ULA	56		WARS ZAWA	POL	K 30-39	38	K 91	TAK			00:36:07	00:52:09	00:58:23.00	00:59:44.10	5:50	10.3
92	TKACHOVA YULIYA	671		WARS ZAWA	BLR	K 30-39	39	K 92	ДА			00:36:36	00:52:07	00:58:35.55	00:59:54.20	5:51	10.2
93	ŁUCZAK MAŁGORZATA	397	RUNNERSI ZE SKARBKA	WARS ZAWA	POL	K 40-49	42	K 93	TAK			00:36:08	00:52:07	00:58:39.05	00:59:20.30	5:51	10.2
94	GORCZYCA-KUŹNICKA ILONA	176		LUBLIN	POL	K 40-49	43	K 94				00:36:58	00:52:40	00:58:49.30	00:59:37.75	5:52	10.2
95	TRZASKO ANIA	683		WARS ZAWA	POL	K 30-39	40	K 95				00:35:56	00:52:17	00:58:50.75	00:59:35.80	5:53	10.2
96	SIERZYCKA KATARZYNA	587		WARS ZAWA	POL	K 30-39	41	K 96				00:36:57	00:52:33	00:58:52.15	01:00:04.45	5:53	10.2
97	RUDNICKA EMILIA	568	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	44	K 97	TAK			00:35:32	00:52:10	00:58:54.00	00:59:58.65	5:53	10.2
98	SZYMAŃSKA MAŁGORZATA	724		WARS ZAWA	POL	K 40-49	45	K 98	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:36:00	00:52:29	00:58:55.20	00:59:30.50	5:53	10.2
99	PLUĆSIĆ MAŁGORZATA	525		JABŁONNA	POL	K 30-39	42	K 99				00:37:15	00:52:47	00:58:56.90	01:00:05.15	5:53	10.2
100	WACHOWSKA EMILIA	837	USŁUGI WETERYNARYJNE EMILIA WACHOWSKA	WROCLAW	POL	K 30-39	43	K 100				00:36:11	00:52:55	00:59:01.80	01:00:02.75	5:54	10.2
101	PONICHTERA KAROLINA	533		WOŁOMIN	POL	K 30-39	44	K 101				00:36:53	00:53:00	00:59:25.25	01:00:29.85	5:56	10.1
102	SZKUDLAREK EWA	651		OSTROWIEC WIELKI	POL	K 30-39	45	K 102				00:37:22	00:53:23	00:59:35.40	01:00:45.00	5:57	10.1
103	GODZISZ EWA	171	VEGERUNNERS	WARS ZAWA	POL	K 40-49	46	K 103			VEGE RUNNERS	00:37:36	00:53:29	00:59:37.90	01:00:44.00	5:57	10.1
104	LEWANDOWSKA JOANNA	376	WARSAW RUN CLUB	WARS ZAWA	POL	K 50-59	5	K 104				00:36:20	00:53:10	00:59:44.30	01:00:27.25	5:58	10

**BIEG PRZEZ MOST , K Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
105	BRZozowska MAGDALENA	64	BIEGUSTATORZY	WARS ZAWA	POL	K 40-49	47	K 105				00:37:30	00:52:54	00:59:45.85	01:00:51.35	5:58	10
106	LIS-MAJER ANNA	385		WARS ZAWA	POL	K 30-39	46	K 106		TAK		00:35:31	00:53:03	00:59:46.15	01:00:35.15	5:58	10
107	GONTAREK OLGA	174		JÓZEF ÓW	POL	K 30-39	47	K 107		TAK		00:36:42	00:53:11	00:59:48.40	00:59:58.25	5:58	10
108	RABI JOANNA	551		WARS ZAWA	POL	K 30-39	48	K 108	TAK			00:38:03	00:53:48	00:59:56.00	01:00:32.25	5:59	10
109	SZYMOR JOANNA	660	SERWIS POJAZDÓW	WARS ZAWA	POL	K 30-39	49	K 109				00:36:21	00:52:57	01:00:01.65	01:00:50.95	6:00	10
110	JANKOWSKA WIOLETTA	222		WARS ZAWA	POL	K 40-49	48	K 110	TAK			00:36:31	00:53:35	01:00:02.45	01:01:04.05	6:00	10
111	BROŻEK ALEKSANDRA	62		WARS ZAWA	POL	K 30-39	50	K 111				00:36:25	00:53:23	01:00:04.10	01:00:57.75	6:00	10
112	MOSTOWSKA MAŁGOSIA	447		WARS ZAWA	POL	K 30-39	51	K 112	TAK			00:37:38	00:53:40	01:00:24.35	01:01:33.55	6:02	9.9
113	GAWRONSKA AGATA	797	WYBIEGAJ SIEBIE	JABŁO NNA	POL	K 40-49	49	K 113				00:37:33	00:54:07	01:00:28.45	01:01:59.40	6:02	9.9
114	MARSZAŁEK KAROLINA	418		WARS ZAWA	POL	K 50-59	6	K 114	TAK			00:38:01	00:53:54	01:00:28.95	01:01:39.80	6:02	9.9
115	PUCHALSKA WIOLETTA	545		DŁUG OSIO DŁO	POL	K 30-39	52	K 115				00:36:36	00:53:34	01:00:30.05	01:01:17.40	6:03	9.9
116	JAKUBICKA JOANNA	215		WARS ZAWA	POL	K 30-39	53	K 116				00:38:00	00:53:47	01:00:33.00	01:01:31.95	6:03	9.9
117	MALANOWSKA JULIA	410		WARS ZAWA	POL	K 30-39	54	K 117				00:37:32	00:54:05	01:00:38.00	01:01:18.70	6:03	9.9
118	MARCZAK GRAŻYNA	415	LECZO TEAM	WARS ZAWA	POL	K 60+	5	K 118				00:37:19	00:53:55	01:00:49.60	01:01:47.45	6:04	9.9
119	KĘDZIOREK ELA	273	TEAM ZABIEGANEDNI	WIĄZ OWN A	POL	K 30-39	55	K 119				00:36:27	00:53:43	01:00:54.00	01:01:50.10	6:05	9.9
120	ORŁOWSKA ANNA	482		SKRZ ESZE W	POL	K 30-39	56	K 120				00:37:40	00:54:26	01:01:00.00	01:02:09.90	6:06	9.8
121	KOWALSKA KATARZYNA	805	JUDO LEMUR	WARS ZAWA	POL	K 40-49	50	K 121	TAK			00:37:40	00:54:50	01:01:20.45	01:02:16.50	6:08	9.8
122	HARABIN JUSTYNA	200		CZAR NÓW	POL	K 30-39	57	K 122				00:37:41	00:54:21	01:01:20.50	01:02:21.70	6:08	9.8
123	DZIERZANOWSKA JULIA	134	ZABIEGANY WOŁOMIN	KOBY ŁKA	POL	K 1-29	5	K 123			ZABIEGANY WOŁOMIN	00:38:01	00:54:27	01:01:23.85	01:02:13.15	6:08	9.8
124	OSTRYSZ MAGDALENA	490		WARS ZAWA	POL	K 30-39	58	K 124				00:37:24	00:54:19	01:01:26.10	01:02:14.25	6:08	9.8
125	SZYPROWSKA MARIA	661		WARS ZAWA	POL	K 1-29	6	K 125	TAK			00:37:43	00:55:00	01:01:29.05	01:02:41.65	6:08	9.8
126	NIEWIADOMSKA KAROLINA	459		MARK I	POL	K 30-39	59	K 126				00:37:45	00:54:47	01:01:38.00	01:02:45.70	6:09	9.7
127	MARINA DIANA	416		WARS ZAWA	POL	K 1-29	7	K 127		TAK		00:38:38	00:55:16	01:01:38.05	01:02:58.25	6:09	9.7
128	RADOMSKA-ZUBC ZYŃSKA MARIA	554		WARS ZAWA	POL	K 30-39	60	K 128	TAK			00:36:24	00:54:34	01:01:42.20	01:02:34.00	6:10	9.7
129	PYSKUN ANNA	548		WARS ZAWA	UKR	K 1-29	8	K 129	YES			00:38:33	00:55:14	01:01:43.70	01:02:09.35	6:10	9.7
130	LELITO DARIA	369		WARS ZAWA	POL	K 30-39	61	K 130				00:38:04	00:55:05	01:01:55.00	01:03:15.20	6:11	9.7
131	KLOC HANNA	284	FALA NIEPORĘT	ARCIE CHÓ W	POL	K 1-29	9	K 131				00:35:31	00:54:42	01:02:14.60	01:03:45.85	6:13	9.6

**BIEG PRZEZ MOST , K Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
132	NOWAK EDYTA	464		WARS ZAWA	POL	K 40-49	51	K 132	TAK			00:37:49	00:55:07	01:02:17.00	01:03:32.90	6:13	9.6
133	KOSEWSKA DOROTA	310	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 50-59	7	K 133	TAK		BIEGAM NA TARCHOMINIE	00:39:09	00:55:52	01:02:20.55	01:03:43.30	6:14	9.6
134	ORZECHOWSKA EWA	486		WARS ZAWA	POL	K 1-29	10	K 134	TAK			00:37:52	00:54:59	01:02:26.35	01:03:09.85	6:14	9.6
135	OSTROWIŃSKA JOANNA	489		WARS ZAWA	POL	K 40-49	52	K 135	TAK			00:39:31	00:55:37	01:02:28.80	01:04:11.30	6:14	9.6
136	CZARTORYSKA ANNA	103		WARS ZAWA	POL	K 40-49	53	K 136	TAK			00:38:27	00:55:51	01:02:54.95	01:03:28.35	6:17	9.5
137	BIENKOWSKA - GACKA KATARZYNA	49		ŁOMI ANKI	POL	K 30-39	62	K 137				00:38:45	00:56:02	01:03:03.35	01:04:02.75	6:18	9.5
138	WITEK MAŁGORZATA	729		WARS ZAWA	POL	K 40-49	54	K 138	TAK			00:38:36	00:56:17	01:03:13.20	01:03:49.85	6:19	9.5
139	OPONSKA EMILIA	481	BIEGAM NA TARCHOMINIE	JABLO NNA	POL	K 30-39	63	K 139			BIEGAM NA TARCHOMINIE	00:39:17	00:56:44	01:03:17.45	01:04:34.45	6:19	9.5
140	PTASIEWICZ ALICJA	544		WIELI SZEW	POL	K 1-29	11	K 140				00:39:40	00:56:53	01:03:23.70	01:04:43.40	6:20	9.5
141	DOBRUCH HANNA	121		WARS ZAWA	POL	K 50-59	8	K 141				00:39:02	00:56:08	01:03:26.05	01:04:20.05	6:20	9.5
142	SUBALSKA MARIOLA	634		KEPN O	POL	K 40-49	55	K 142				00:38:56	00:56:10	01:03:26.05	01:04:28.85	6:20	9.5
143	JUSZCZAK-SADOW SKA ANGELINA	248	POLFA TARCHOMIN	RĄBIE Ń	POL	K 40-49	56	K 143				00:41:25	00:55:32	01:03:30.50	01:04:21.50	6:21	9.4
144	CHODUN AGNIESZKA	83		WARS ZAWA	POL	K 30-39	64	K 144				00:40:12	00:57:08	01:03:34.25	01:05:13.45	6:21	9.4
145	TORZEWSKA AGNIESZKA	680		WARS ZAWA	POL	K 40-49	57	K 145				00:39:19	00:56:17	01:03:36.25	01:05:02.85	6:21	9.4
146	MIKOŁAJCZYK KAROLINA	437	MARIO TEAM	PODD ĘBICE	POL	K 40-49	58	K 146				00:40:52	00:57:02	01:03:46.70	01:05:01.10	6:22	9.4
147	TALATAI SVIATLANA	835		WARS ZAWA	POL	K 30-39	65	K 147	TAK			00:37:28	00:56:28	01:03:48.55	01:04:50.25	6:22	9.4
148	PIKIEWICZ JULITA	511		OLSZ EWNI CA STAR A	POL	K 40-49	59	K 148				00:39:19	00:56:40	01:03:48.90	01:04:50.85	6:22	9.4
149	JANY ELŻBIETA	226	RUNNERS TEAM KEPNO	KEPN O	POL	K 40-49	60	K 149				00:39:02	00:56:29	01:03:49.15	01:04:52.35	6:22	9.4
150	GAWRACZYŃSKA ANNA	161	WTŁ STEGNY WARSZAWA	WARS ZAWA	POL	K 60+	6	K 150				00:40:22	00:57:16	01:04:05.10	01:04:53.05	6:24	9.4
151	POKRZYWNICKA-JA KUBOWSKA ANNA	530		WARS ZAWA	POL	K 40-49	61	K 151				00:39:01	00:57:12	01:04:10.90	01:05:38.10	6:25	9.4
152	SIERZPUTOWSKA EWA	586	GUNS&ROSES RUN TEAM	WARS ZAWA PRAG A PÓŁN OC	POL	K 50-59	9	K 152				00:39:11	00:56:58	01:04:31.75	01:05:55.70	6:27	9.3
153	MĘDEL MARTA	430		MARK I	POL	K 40-49	62	K 153				00:38:26	00:57:16	01:04:37.95	01:05:44.45	6:27	9.3
154	BORKOWSKA MONIKA	60		WARS ZAWA	POL	K 30-39	66	K 154	TAK			00:39:42	00:57:27	01:04:41.80	01:05:53.55	6:28	9.3
155	DŁUGOKEĆKA KATARZYNA	116		WARS ZAWA	POL	K 30-39	67	K 155	TAK			00:40:56	00:58:03	01:04:41.80	01:05:53.30	6:28	9.3

**BIEG PRZEZ MOST , K Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
156	OPALIŃSKA KATARZYNA	480		WARS ZAWA	POL	K 30-39	68	K 156	TAK			00:40:14	00:58:11	01:04:53.45	01:05:57.85	6:29	9.2
157	WALECKA WIKTORIA	838	TRIATHLON TARCHOMIN TEAM	WARS ZAWA	POL	K 30-39	69	K 157	TAK	TAK	TRIATHLON TARCHOMIN TEAM	00:40:53	00:58:11	01:05:03.75	01:06:27.60	6:30	9.2
158	ZIARKO JOANNA	844		WARS ZAWA	POL	K 40-49	63	K 158				00:39:24	00:57:26	01:05:04.85	01:06:08.35	6:30	9.2
159	RUCYK JUSTYNA	567		WARS ZAWA	POL	K 40-49	64	K 159		TAK		00:40:52	00:58:38	01:05:40.35	01:07:12.85	6:34	9.1
160	NOWAK KATARZYNA	463		WARS ZAWA	POL	K 40-49	65	K 160				00:39:50	00:58:04	01:05:43.65	01:06:52.00	6:34	9.1
161	GROCHOWSKA JOANNA	4	BIEGAM DOBRZE DLA FUNDACJI SYNOPSIS	WARS ZAWA	POL	K 50-59	10	K 161				00:40:11	00:58:39	01:05:49.65	01:07:25.20	6:34	9.1
162	WIŚNIEWSKA ANETA	840		WARS ZAWA	POL	K 40-49	66	K 162	TAK			00:40:11	00:58:28	01:05:54.90	01:06:05.40	6:35	9.1
163	ZAWADKA AGNIESZKA	964			POL	K 50-59	11	K 163				00:40:17	00:58:29	01:06:08.75	01:07:36.25	6:36	9.1
164	PIOTROWSKA-KLO C MAGDA	515	FALA NIEPORĘT	ARCIE CHÓ W	POL	K 40-49	67	K 164				00:39:55	00:58:30	01:06:19.55	01:07:51.35	6:37	9
165	KOMINEK GRAŻYNA	300		POŚW IĘTNE	POL	K 30-39	70	K 165				00:40:37	00:58:56	01:06:21.60	01:07:59.25	6:38	9
166	KOWALSKA KINGA	325	KB PACE	WARS ZAWA	POL	K 40-49	68	K 166				00:42:04	00:59:45	01:06:27.05	01:07:33.20	6:38	9
167	MAJCHRZAK ANNA	333	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 30-39	71	K 167	TAK	TAK		00:41:04	00:59:28	01:06:57.15	01:08:31.55	6:41	9
168	STEFANIAK MONIKA	623		WARS ZAWA	POL	K 1-29	12	K 168				00:43:07	01:00:21	01:07:02.40	01:08:33.95	6:42	9
169	NIEPORĘCKA SYLWIA	458		WARS ZAWA	POL	K 40-49	69	K 169				00:41:10	00:59:33	01:07:07.00	01:08:21.20	6:42	8.9
170	LAZAREVA SVETLANA	367		WARS ZAWA	POL	K 40-49	70	K 170		TAK		00:40:07	00:59:13	01:07:09.75	01:07:48.15	6:42	8.9
171	ZYCH KASIA	778	NEW BALANS	WARS ZAWA	POL	K 30-39	72	K 171				00:41:46	00:59:50	01:07:23.30	01:08:04.35	6:44	8.9
172	OGOŃCZYK DONATA	472		SERO CK	POL	K 30-39	73	K 172				00:40:12	01:00:05	01:07:37.45	01:09:02.85	6:45	8.9
173	MAJ PATRYCJA	810		WARS ZAWA	POL	K 1-29	13	K 173	TAK			00:40:52	00:59:45	01:07:48.10	01:08:58.85	6:46	8.8
174	KATNER-PRUSZYNSKA JOANNA	269	KB OŻARÓW MAZOWIECKI BIEGA	OŻARÓW MAZOWIECKI	POL	K 40-49	71	K 174			KB OŻARÓW MAZOWIECKI BIEGA	00:41:53	01:00:10	01:08:03.15	01:09:22.00	6:48	8.8
175	SZWARC ANNA	655	BIEGAM NA BIAŁOŁĘCE	WARS ZAWA	POL	K 40-49	72	K 175	TAK		BIEGAM NA BIAŁOŁĘCE	00:42:48	01:01:17	01:08:13.15	01:08:25.30	6:49	8.8
176	TABOR ANITA	834		WARS ZAWA	POL	K 40-49	73	K 176	TAK			00:42:14	01:00:31	01:08:15.40	01:09:16.45	6:49	8.8
177	GWIZDAŁA WIOLETTA	197		WARS ZAWA	POL	K 30-39	74	K 177				00:40:19	01:00:29	01:08:29.55	01:09:23.45	6:50	8.8
178	KLINOWSKA AGNIESZKA	281		WARS ZAWA	POL	K 30-39	75	K 178	TAK		BIEGAM NA BIAŁOŁĘCE	00:42:49	01:01:15	01:08:29.55	01:08:41.35	6:50	8.8
179	WIĘCH WIKTORIA	720		ŁĄJSKI	POL	K 1-29	14	K 179				00:42:08	01:01:11	01:08:32.80	01:08:52.15	6:51	8.8
180	ZAWADZKA-NAZI MEK JOANNA	769	PRZYBYSZE Z MATPLANETY	WARS ZAWA	POL	K 40-49	74	K 180				00:42:29	01:01:23	01:08:35.30	01:09:59.25	6:51	8.7
181	LEWANDOWSKA MONIKA	375	BIEGAM NA BIAŁOŁĘCE	WARS ZAWA	POL	K 40-49	75	K 181	TAK		BIEGAM NA BIAŁOŁĘCE	00:42:54	01:01:20	01:08:40.50	01:08:52.65	6:52	8.7

**BIEG PRZEZ MOST , K Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
182	TRZCIŃSKA IWONA	684		WARS ZAWA	POL	K 50-59	12	K 182				00:40:22	01:00:09	01:08:42.10	01:09:36.90	6:52	8.7
183	PRZYBYŚLAWSKA-PRASKA ILONA	542		ŁOMI ANKI DOLNE	POL	K 30-39	76	K 183				00:41:29	01:00:38	01:08:52.40	01:10:04.30	6:53	8.7
184	BARNAS ILONA	24		WARS ZAWA	POL	K 40-49	76	K 184				00:42:08	01:00:46	01:09:05.05	01:10:12.45	6:54	8.7
185	KARŁOWICZ ANNA	260	PARTIA WOLNYCH BIEGACZY	WARS ZAWA	POL	K 60+	7	K 185				00:42:53	01:01:16	01:09:10.75	01:10:45.50	6:55	8.7
186	GOŁACKA-PIOTOWSKA BEATA	173			POL	K 50-59	13	K 186				00:41:43	01:01:21	01:09:24.40	01:10:27.65	6:56	8.6
187	MIRKOWSKA MONIKA	981		WARS ZAWA	POL	K 30-39	77	K 187				00:41:25	01:01:01	01:09:29.85	01:10:29.00	6:56	8.6
188	ĆWIKŁA JOANNA	108	REBEL RUN	WARS ZAWA	POL	K 40-49	77	K 188				00:42:42	01:01:33	01:09:31.60	01:09:54.95	6:57	8.6
189	CIEPLAK KATARZYNA	94	BIEGOWE WTORKI NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	78	K 189	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:42:43	01:01:32	01:09:32.35	01:09:54.75	6:57	8.6
190	SIEDLECKA MARTYNA	582	PANI	MARK I	POL	K 30-39	78	K 190				00:43:11	01:01:39	01:09:36.80	01:10:28.25	6:57	8.6
191	CICHECKA ANETA	91		WARS ZAWA	POL	K 40-49	79	K 191				00:43:30	01:02:09	01:09:41.45	01:11:01.05	6:58	8.6
192	MATYSIAK AGNIESZKA	422		WARS ZAWA	POL	K 40-49	80	K 192				00:43:41	01:01:52	01:09:49.15	01:10:44.55	6:58	8.6
193	NAULEWICZ MONIKA	454		WARS ZAWA	POL	K 30-39	79	K 193	TAK			00:43:32	01:02:15	01:09:52.75	01:10:10.60	6:59	8.6
194	BOJARSKA MAGDALENA	58		WARS ZAWA	POL	K 30-39	80	K 194	TAK			00:43:32	01:02:17	01:09:52.85	01:10:10.75	6:59	8.6
195	KACZYŃSKA PAULA	254		WARS ZAWA	POL	K 1-29	15	K 195	TAK			00:43:55	01:02:28	01:10:06.45	01:11:22.65	7:00	8.6
196	SZYMAŃSKA-PAWLAK MAGDALENA	656		WARS ZAWA	POL	K 40-49	81	K 196				00:44:33	01:03:14	01:10:33.95	01:11:46.40	7:03	8.5
197	ŁOTOWSKA MAŁGORZATA	391		LEGIO NOWO	POL	K 30-39	81	K 197				00:43:17	01:02:58	01:10:52.15	01:12:18.30	7:05	8.5
198	MICHNOWSKA ADRIANA	431	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	82	K 198	TAK		BIEGAM NA TARCHOMINIE	00:42:26	01:02:52	01:11:00.55	01:12:23.50	7:06	8.5
199	GRYGOWSKA BEATA	189		JABŁONNA	POL	K 40-49	83	K 199				00:42:41	01:02:40	01:11:08.70	01:12:23.55	7:06	8.4
200	LISOWSKA ALICJA	386	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 30-39	82	K 200	TAK		BIEGAM NA TARCHOMINIE	00:43:13	01:03:35	01:11:10.25	01:12:34.70	7:07	8.4
201	KWIECIEŃ AGATA	366		WARS ZAWA	POL	K 50-59	14	K 201	YES			00:42:37	01:02:53	01:11:21.15	01:12:30.70	7:08	8.4
202	KOSMOWSKA MAGDALENA	312	SULEK TEAM :)	ZĄBKI	POL	K 30-39	83	K 202				00:44:54	01:03:47	01:11:29.85	01:13:07.80	7:08	8.4
203	BLOCH KATARZYNA	52		RAJSZEW	POL	K 40-49	84	K 203				00:44:01	01:03:44	01:11:31.55	01:12:04.35	7:09	8.4
204	ZAKHARKEVICH HALINA	991		WARS ZAWA	POL	K 30-39	84	K 204	TAK			00:43:59	01:03:28	01:11:39.65	01:13:10.25	7:09	8.4
205	TOMASZEWSKA MARIOLA	675	BIEGAM DLA SIEBIE	WARS ZAWA	POL	K 50-59	15	K 205				00:43:21	01:03:51	01:12:10.95	01:13:37.30	7:13	8.3
206	KASPRZAK OLGA	266		WARS ZAWA	POL	K 50-59	16	K 206	TAK			00:44:07	01:04:05	01:12:19.75	01:13:49.25	7:13	8.3
207	SIKORSKA KAROLINA	591	KIP RUNNING	MAGDALENA	POL	K 40-49	85	K 207				00:44:44	01:04:09	01:12:23.40	01:13:57.35	7:14	8.3

**BIEG PRZEZ MOST , K Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
208	BIERNACKA AGNIESZKA	50		LEGIO NOW O	POL	K 50-59	17	K 208				00:43:53	01:04:28	01:13:32.70	01:14:32.25	7:21	8.2
209	SZŁĄZAK POLA	957		WARS ZAWA	POL	K 30-39	85	K 209				00:44:25	01:05:01	01:13:34.10	01:14:32.55	7:21	8.2
210	GABRYLEWICZ KATARZYNA	151	DZIKUNY	WARS ZAWA	POL	K 40-49	86	K 210	TAK			00:45:33	01:05:10	01:14:04.95	01:15:17.10	7:24	8.1
211	POPŁOŃSKA KATARZYNA	534		WARS ZAWA	POL	K 40-49	87	K 211		TAK		00:44:56	01:05:44	01:14:34.35	01:16:04.20	7:27	8
212	RUSIN ANNA	828		JABŁO NNA	POL	K 1-29	16	K 212				00:45:05	01:06:44	01:15:14.75	01:16:38.00	7:31	8
213	PANASIUK AGA	499		ZĄBKI	POL	K 40-49	88	K 213	TAK			00:45:58	01:06:52	01:15:31.15	01:16:51.05	7:33	7.9
214	WIŚNIEWSKA-DUD A ANNA	727		WARS ZAWA	POL	K 30-39	86	K 214	TAK			00:46:15	01:06:44	01:15:32.10	01:17:04.90	7:33	7.9
215	KNAP DOROTA	289	ZALATANI 1BLTR	WARS ZAWA	POL	K 30-39	87	K 215				00:46:47	01:06:59	01:15:40.35	01:16:57.80	7:34	7.9
216	ŁĄCKA ILONA	7	BIĄŁOLEKA JEST KOBIECĄ	WARS ZAWA	POL	K 50-59	18	K 216	TAK	TAK		00:47:06	01:07:30	01:16:16.90	01:17:35.55	7:37	7.9
217	JANKOWSKA ŻANETA	223		LEGIO NOW O	POL	K 30-39	88	K 217				00:46:19	01:08:51	01:16:24.90	01:18:01.35	7:38	7.9
218	KERNER AGNIESZKA	980		WARS ZAWA	POL	K 50-59	19	K 218			GRUPA BIEGOWA UM W-WA	00:47:22	01:08:00	01:16:27.60	01:18:10.10	7:38	7.8
219	ŁOZOWSKA DOROTA	394		WARS ZAWA	POL	K 40-49	89	K 219	TAK			00:47:13	01:08:46	01:16:32.95	01:17:39.65	7:39	7.8
220	BUDEK EWA	66		WARS ZAWA	POL	K 40-49	90	K 220				00:45:52	01:07:56	01:16:42.80	01:17:50.15	7:40	7.8
221	KŁYK ZOFIA	287		KIELPI N	POL	K 30-39	89	K 221		TAK		00:47:30	01:08:04	01:17:06.10	01:18:36.40	7:42	7.8
222	ZBIŃKOWSKA DOROTA	772		MILAN ÓWEK	POL	K 50-59	20	K 222		TAK		00:48:50	01:09:05	01:17:18.35	01:18:57.80	7:43	7.8
223	PLICHCIŃSKA MAŁGORZATA	519	EKONOMIK MOKOTÓW	WARS ZAWA	POL	K 40-49	91	K 223	TAK			00:47:49	01:08:17	01:17:29.30	01:19:09.25	7:44	7.7
224	STELMASZCZYK MICHALINA	966		WARS ZAWA	POL	K 1-29	17	K 224				00:47:05	01:08:09	01:17:33.90	01:19:04.55	7:45	7.7
225	ROGUSKA MAGDALENA	40	MAGDALENA ROGUSKA	WARS ZAWA	POL	K 40-49	92	K 225	TAK	TAK		00:46:56	01:08:17	01:17:46.55	01:19:19.55	7:46	7.7
226	ZATYLNIA JOANNA	767		WARS ZAWA	POL	K 40-49	93	K 226	TAK			00:46:21	01:08:39	01:18:23.50	01:19:59.65	7:50	7.7
227	ROSZCZYK MARTYNA	565	NAPRZÓD MŁOCINY	WARS ZAWA	POL	K 1-29	18	K 227				00:49:39	01:10:37	01:18:35.80	01:20:17.40	7:51	7.6
228	REMBERK DANUTA	557		WARS ZAWA	POL	K 60+	8	K 228				00:49:35	01:09:50	01:19:06.40	01:20:35.60	7:54	7.6
229	SZCZYPIŃSKA BEATA	647		WARS ZAWS	POL	K 40-49	94	K 229	TAK			00:50:02	01:10:42	01:19:10.95	01:20:15.00	7:55	7.6
230	OLCZAK URSZULA	475	UMCS BIEGA	WARS ZAWA	POL	K 50-59	21	K 230				00:49:04	01:10:06	01:19:15.75	01:20:57.45	7:55	7.6
231	WICHTOWSKA KAROLINA	716		WARS ZAWA	POL	K 30-39	90	K 231	TAK			00:49:41	01:12:00	01:21:12.05	01:22:12.95	8:07	7.4
232	WRÓBEL MAGDA	752	NIE MAM KLUBU	WARS ZAWA	POL	K 40-49	95	K 232				00:50:53	01:14:17	01:23:56.45	01:25:18.30	8:23	7.1
233	STAŃKOWSKA KATARZYNA	620	TEAM WARIAT	WARS ZAWA	POL	K 50-59	22	K 233	TAK			00:53:26	01:15:59	01:25:42.00	01:27:04.40	8:34	7
234	OBWIŚŁO JOANNA	983			POL	K 40-49	96	K 234				00:55:03	01:18:56	01:28:35.85	01:30:20.50	8:51	6.8
235	BRZEZOWSKA BEATA	789		WARS ZAWA	POL	K 50-59	23	K 235				00:55:02	01:18:54	01:28:36.65	01:30:21.05	8:51	6.8



**BIEG PRZEZ MOST , K Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
236	CHMIST AGNIESZKA	80		WARS ZAWA	POL	K 40-49	97	K 236		TAK		00:54:26	01:19:30	01:30:29.70	01:32:07.90	9:02	6.6
237	HARABIN KINGA	199		CZAR NÓW	POL	K 30-39	91	K 237		TAK		00:57:30				8:42	6.9
238	KĄZMIERCZAK MARTA	984		WARS ZAWA	POL	K 40-49	98	K 238			DREAM RUN						
239	WRÓBLEWSKA JOANNA	753	LAS NA ZAWSZE	WARS ZAWA	POL	K 60+	9	K 239									

**BIEG PRZEZ MOST , K Samorządowcy**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	SELMOWICZ-ŻUK EMILIA	580	PASSION FIRST	WARS ZAWA	POL	K 30-39	11	K 16		TAK		00:29:41	00:42:11	00:47:10.95	00:47:28.85	4:43	12.7
2	TOMCZUK-KUZKA KATARZYNA	679		WARS ZAWA	POL	K 40-49	19	K 54		TAK		00:33:15	00:48:03	00:54:17.40	00:54:51.25	5:25	11.1
3	KOCIK ELŻBIETA	44		WARS ZAWA	POL	K 40-49	29	K 68	TAK	TAK		00:35:36	00:49:54	00:55:49.45	00:57:27.70	5:34	10.7
4	NAWROCKA ROMA	455	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	K 40-49	31	K 74		TAK	GRUPA BIEGOWA UM W-WA	00:34:38	00:50:05	00:56:32.25	00:57:07.30	5:39	10.6
5	MYŚLIŃSKA ANNA	123	EKOBIEGI	WARS ZAWA	POL	K 40-49	37	K 82	TAK	TAK	EKOBIEGI	00:36:00	00:51:13	00:57:35.50	00:58:32.95	5:45	10.4
6	FEDORUK NATALIA	139		WARS ZAWA	POL	K 30-39	35	K 83		TAK		00:35:36	00:51:24	00:57:51.35	00:59:15.95	5:47	10.4
7	LIS-MAJER ANNA	385		WARS ZAWA	POL	K 30-39	46	K 106		TAK		00:35:31	00:53:03	00:59:46.15	01:00:35.15	5:58	10
8	GONTAREK OLGA	174		JÓZEF ÓW	POL	K 30-39	47	K 107		TAK		00:36:42	00:53:11	00:59:48.40	00:59:58.25	5:58	10
9	MARINA DIANA	416		WARS ZAWA	POL	K 1-29	7	K 127		TAK		00:38:38	00:55:16	01:01:38.05	01:02:58.25	6:09	9.7
10	WALECKA WIKTORIA	838	TRIATHLON TARCHOMIN TEAM	WARS ZAWA	POL	K 30-39	69	K 157	TAK	TAK	TRIATHLON TARCHOMIN TEAM	00:40:53	00:58:11	01:05:03.75	01:06:27.60	6:30	9.2
11	RUCYK JUSTYNA	567		WARS ZAWA	POL	K 40-49	64	K 159		TAK		00:40:52	00:58:38	01:05:40.35	01:07:12.85	6:34	9.1
12	MAJCHRZAK ANNA	333	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 30-39	71	K 167	TAK	TAK		00:41:04	00:59:28	01:06:57.15	01:08:31.55	6:41	9
13	LAZAREVA SVETLANA	367		WARS ZAWA	POL	K 40-49	70	K 170		TAK		00:40:07	00:59:13	01:07:09.75	01:07:48.15	6:42	8.9
14	POPŁOŃSKA KATARZYNA	534		WARS ZAWA	POL	K 40-49	87	K 211		TAK		00:44:56	01:05:44	01:14:34.35	01:16:04.20	7:27	8
15	ŁĄCKA ILONA	7	BIAŁOŁĘKA JEST KOBIECĄ	WARS ZAWA	POL	K 50-59	18	K 216	TAK	TAK		00:47:06	01:07:30	01:16:16.90	01:17:35.55	7:37	7.9
16	KŁYK ZOFIA	287		KIEPI N	POL	K 30-39	89	K 221		TAK		00:47:30	01:08:04	01:17:06.10	01:18:36.40	7:42	7.8
17	ZBIŃKOWSKA DOROTA	772		MILAN ÓWEK	POL	K 50-59	20	K 222		TAK		00:48:50	01:09:05	01:17:18.35	01:18:57.80	7:43	7.8
18	ROGUSKA MAGDALENA	40	MAGDALENA ROGUSKA	WARS ZAWA	POL	K 40-49	92	K 225	TAK	TAK		00:46:56	01:08:17	01:17:46.55	01:19:19.55	7:46	7.7

**BIEG PRZEZ MOST , Mieszkancka Białołęki**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	JASZCZERSKA GRAZYNA	233		WARS ZAWA	POL	K 50-59	1	K 15	TAK			00:29:32	00:42:04	00:47:09.40	00:47:24.95	4:42	12.7
2	NIECKARZ JUSTYNA	988		WARS ZAWA	POL	K 30-39	13	K 18	TAK			00:29:45	00:43:04	00:48:12.65	00:48:52.30	4:49	12.4
3	PODSADNI-KRYSIK PAULINA	528	EKOBIEGI	WARS ZAWA	POL	K 30-39	14	K 20	TAK			00:30:19	00:43:25	00:48:38.35	00:48:54.10	4:51	12.3
4	KOWALIKOWSKA RENATA	324	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	5	K 21	TAK		BIEGAM NA TARCHOMINIE	00:30:07	00:43:16	00:48:42.90	00:48:59.15	4:52	12.3
5	WELO EWELINA	710	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	K 30-39	15	K 22	TAK		BIEGAJ POD OKIEM TRENERA	00:30:10	00:43:35	00:49:07.60	00:49:16.95	4:54	12.2
6	JAKUBISIAK RENATA	216	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	6	K 23	TAK		BIEGAM NA TARCHOMINIE	00:30:29	00:43:37	00:49:13.15	00:49:57.15	4:55	12.2
7	CICHOŃSKA ELŻBIETA	93		WARS ZAWA	POL	K 50-59	3	K 29	TAK			00:31:29	00:44:30	00:49:55.10	00:50:27.95	4:59	12
8	AHEICHYK VOLHA	15		WARS ZAWA	POL	K 30-39	20	K 30	TAK			00:30:48	00:44:30	00:49:56.80	00:50:35.15	4:59	12
9	GÓRZYŃSKA PATRYCJA	181	BIEGAM NA BIAŁOŁĘCE	WARS ZAWA	POL	K 40-49	7	K 31	TAK			00:31:05	00:44:34	00:50:02.10	00:50:26.75	5:00	12
10	CABAŃSKA DOROTA	74	GUNS&ROSES RUN TEAM	ŁOMI ANKI	POL	K 40-49	11	K 38	TAK		GUNS&ROSES RUN TEAM	00:32:25	00:45:50	00:51:29.45	00:52:02.55	5:08	11.7
11	PODSTAWKA JULIA	529		WARS ZAWA	POL	K 1-29	3	K 41	TAK			00:31:57	00:46:06	00:51:42.55	00:51:55.20	5:10	11.6
12	WALENDZIK WIESIA	704		WARS ZAWA	POL	K 40-49	13	K 42	TAK			00:32:13	00:46:00	00:51:46.40	00:52:41.65	5:10	11.6
13	WÓJCIK MONIKA	749	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	14	K 43	TAK		BIEGAM NA TARCHOMINIE	00:46:47		00:52:23.80	00:52:54.45	5:14	11.5
14	HUSZCZA AGATA	208		WARS ZAWA	POL	K 40-49	16	K 49	TAK			00:33:06	00:47:43	00:53:27.15	00:53:57.05	5:20	11.2
15	CIMOCHOWSKA-Ś WITALSKA MAGDALENA	97	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	17	K 50	TAK		BIEGAM NA TARCHOMINIE	00:33:24	00:47:37	00:53:28.80	00:53:59.30	5:20	11.2
16	JAKUBOWSKA ANNA	217		WARS ZAWA	POL	K 30-39	27	K 52	TAK			00:33:16	00:48:19	00:54:13.00	00:54:55.10	5:25	11.1
17	WÓJCIK EWA	750		WARS ZAWA	POL	K 40-49	20	K 55	TAK			00:33:38	00:48:44	00:54:17.70	00:54:31.05	5:25	11.1
18	SOBIELARSKA JOANNA	608		WARS ZAWA	POL	K 30-39	28	K 58	TAK			00:34:24	00:48:43	00:54:28.45	00:55:18.25	5:26	11
19	WALCZUK MAGDA	701		WARS ZAWA	POL	K 40-49	23	K 60	TAK			00:34:49	00:49:12	00:54:45.95	00:55:47.55	5:28	11
20	ŚWIDERSKA JOANNA	666	WSPARCIETRENING OWE.PL	WARS ZAWA	POL	K 30-39	29	K 62	TAK			00:34:24	00:49:03	00:55:11.75	00:55:46.35	5:31	10.9
21	ZARĘBA-TREMELE T KATARZYNA	765		WARS ZAWA	POL	K 40-49	27	K 66	TAK			00:33:55	00:49:11	00:55:31.45	00:55:56.55	5:33	10.8
22	KOCIK ELŻBIETA	44		WARS ZAWA	POL	K 40-49	29	K 68	TAK	TAK		00:35:36	00:49:54	00:55:49.45	00:57:27.70	5:34	10.7
23	FLOREK MAŁGORZATA	145		WARS ZAWA	POL	K 30-39	30	K 69	TAK			00:34:18	00:49:55	00:55:53.35	00:56:44.85	5:35	10.7
24	DOBOSZ ANETA	118	WŚCIEKŁE PIĘŚCI WEŻA	WARS ZAWA	POL	K 30-39	34	K 76	TAK			00:35:20	00:50:42	00:56:51.05	00:57:48.00	5:41	10.6
25	KUŚMIREK-KOWAL JOANNA	361	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	34	K 78	TAK		BIEGAM NA TARCHOMINIE	00:36:11	00:51:07	00:57:01.20	00:57:50.55	5:42	10.5
26	WOŻNY BARBARA	747		WARS ZAWA	POL	K 60+	4	K 81	TAK			00:36:00	00:51:23	00:57:34.70	00:58:48.25	5:45	10.4
27	MYŚLIŃSKA ANNA	123	EKOBIEGI	WARS ZAWA	POL	K 40-49	37	K 82	TAK	TAK	EKOBIEGI	00:36:00	00:51:13	00:57:35.50	00:58:32.95	5:45	10.4
28	SROCZYŃSKA EMILIA	617		WARS ZAWA	POL	K 40-49	39	K 87	TAK			00:36:07	00:51:55	00:58:09.70	00:58:46.25	5:48	10.3

**BIEG PRZEZ MOST , Mieszkanca Białołęki c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
29	BOGŁOWSKA ULA	56		WARS ZAWA	POL	K 30-39	38	K 91	TAK			00:36:07	00:52:09	00:58:23.00	00:59:44.10	5:50	10.3
30	TKACHOVA YULIYA	671		WARS ZAWA	BLR	K 30-39	39	K 92	ДА			00:36:36	00:52:07	00:58:35.55	00:59:54.20	5:51	10.2
31	ŁUCZAK MAŁGORZATA	397	RUNNERSI ZE SKARBKA	WARS ZAWA	POL	K 40-49	42	K 93	TAK			00:36:08	00:52:07	00:58:39.05	00:59:20.30	5:51	10.2
32	RUDNICKA EMILIA	568	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	44	K 97	TAK			00:35:32	00:52:10	00:58:54.00	00:59:58.65	5:53	10.2
33	SZYMAŃSKA MAŁGORZATA	724		WARS ZAWA	POL	K 40-49	45	K 98	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:36:00	00:52:29	00:58:55.20	00:59:30.50	5:53	10.2
34	RABI JOANNA	551		WARS ZAWA	POL	K 30-39	48	K 108	TAK			00:38:03	00:53:48	00:59:56.00	01:00:32.25	5:59	10
35	JANKOWSKA WIOLETTA	222		WARS ZAWA	POL	K 40-49	48	K 110	TAK			00:36:31	00:53:35	01:00:02.45	01:01:04.05	6:00	10
36	MOSTOWSKA MAŁGOSIA	447		WARS ZAWA	POL	K 30-39	51	K 112	TAK			00:37:38	00:53:40	01:00:24.35	01:01:33.55	6:02	9.9
37	MARSZAŁEK KAROLINA	418		WARS ZAWA	POL	K 50-59	6	K 114	TAK			00:38:01	00:53:54	01:00:28.95	01:01:39.80	6:02	9.9
38	KOWAŁSKA KATARZYNA	805	JUDO LEMUR	WARS ZAWA	POL	K 40-49	50	K 121	TAK			00:37:40	00:54:50	01:01:20.45	01:02:16.50	6:08	9.8
39	SZYPROWSKA MARIA	661		WARS ZAWA	POL	K 1-29	6	K 125	TAK			00:37:43	00:55:00	01:01:29.05	01:02:41.65	6:08	9.8
40	RADOMSKA-ZUBC ZYŃSKA MARIA	554		WARS ZAWA	POL	K 30-39	60	K 128	TAK			00:36:24	00:54:34	01:01:42.20	01:02:34.00	6:10	9.7
41	PYSKUN ANNA	548		WARS ZAWA	UKR	K 1-29	8	K 129	YES			00:38:33	00:55:14	01:01:43.70	01:02:09.35	6:10	9.7
42	NOWAK EDYTA	464		WARS ZAWA	POL	K 40-49	51	K 132	TAK			00:37:49	00:55:07	01:02:17.00	01:03:32.90	6:13	9.6
43	KOSEWSKA DOROTA	310	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 50-59	7	K 133	TAK		BIEGAM NA TARCHOMINIE	00:39:09	00:55:52	01:02:20.55	01:03:43.30	6:14	9.6
44	ORZECHOWSKA EWA	486		WARS ZAWA	POL	K 1-29	10	K 134	TAK			00:37:52	00:54:59	01:02:26.35	01:03:09.85	6:14	9.6
45	OSTROWIŃSKA JOANNA	489		WARS ZAWA	POL	K 40-49	52	K 135	TAK			00:39:31	00:55:37	01:02:28.80	01:04:11.30	6:14	9.6
46	CZARTORYSKA ANNA	103		WARS ZAWA	POL	K 40-49	53	K 136	TAK			00:38:27	00:55:51	01:02:54.95	01:03:28.35	6:17	9.5
47	WITEK MAŁGORZATA	729		WARS ZAWA	POL	K 40-49	54	K 138	TAK			00:38:36	00:56:17	01:03:13.20	01:03:49.85	6:19	9.5
48	TALATAI SVIATLANA	835		WARS ZAWA	POL	K 30-39	65	K 147	TAK			00:37:28	00:56:28	01:03:48.55	01:04:50.25	6:22	9.4
49	BORKOWSKA MONIKA	60		WARS ZAWA	POL	K 30-39	66	K 154	TAK			00:39:42	00:57:27	01:04:41.80	01:05:53.55	6:28	9.3
50	DŁUGOKĘCKA KATARZYNA	116		WARS ZAWA	POL	K 30-39	67	K 155	TAK			00:40:56	00:58:03	01:04:41.80	01:05:53.30	6:28	9.3
51	OPALIŃSKA KATARZYNA	480		WARS ZAWA	POL	K 30-39	68	K 156	TAK			00:40:14	00:58:11	01:04:53.45	01:05:57.85	6:29	9.2
52	WALECKA WIKTORIA	838	TRIATHLON TARCHOMIN TEAM	WARS ZAWA	POL	K 30-39	69	K 157	TAK	TAK	TRIATHLON TARCHOMIN TEAM	00:40:53	00:58:11	01:05:03.75	01:06:27.60	6:30	9.2
53	WIŚNIEWSKA ANETA	840		WARS ZAWA	POL	K 40-49	66	K 162	TAK			00:40:11	00:58:28	01:05:54.90	01:06:05.40	6:35	9.1
54	MAJCHRZAK ANNA	333	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 30-39	71	K 167	TAK	TAK		00:41:04	00:59:28	01:06:57.15	01:08:31.55	6:41	9
55	MAJ PATRYCJA	810		WARS ZAWA	POL	K 1-29	13	K 173	TAK			00:40:52	00:59:45	01:07:48.10	01:08:58.85	6:46	8.8
56	SZWARC ANNA	655	BIEGAM NA BIAŁOŁĘCIE	WARS ZAWA	POL	K 40-49	72	K 175	TAK		BIEGAM NA BIAŁOŁĘCIE	00:42:48	01:01:17	01:08:13.15	01:08:25.30	6:49	8.8

**BIEG PRZEZ MOST , Mieszkanka Białoteki c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
57	TABOR ANITA	834		WARS ZAWA	POL	K 40-49	73	K 176	TAK			00:42:14	01:00:31	01:08:15.40	01:09:16.45	6:49	8.8
58	KLINOWSKA AGNIESZKA	281		WARS ZAWA	POL	K 30-39	75	K 178	TAK		BIEGAM NA BIAŁOLEŃCE	00:42:49	01:01:15	01:08:29.55	01:08:41.35	6:50	8.8
59	LEWANDOWSKA MONIKA	375	BIEGAM NA BIAŁOLEŃCE	WARS ZAWA	POL	K 40-49	75	K 181	TAK		BIEGAM NA BIAŁOLEŃCE	00:42:54	01:01:20	01:08:40.50	01:08:52.65	6:52	8.7
60	CIEPLAK KATARZYNA	94	BIEGOWE WTORKI NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	78	K 189	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:42:43	01:01:32	01:09:32.35	01:09:54.75	6:57	8.6
61	NAULEWICZ MONIKA	454		WARS ZAWA	POL	K 30-39	79	K 193	TAK			00:43:32	01:02:15	01:09:52.75	01:10:10.60	6:59	8.6
62	BOJARSKA MAGDALENA	58		WARS ZAWA	POL	K 30-39	80	K 194	TAK			00:43:32	01:02:17	01:09:52.85	01:10:10.75	6:59	8.6
63	KACZYŃSKA PAULA	254		WARS ZAWA	POL	K 1-29	15	K 195	TAK			00:43:55	01:02:28	01:10:06.45	01:11:22.65	7:00	8.6
64	MICHNOWSKA ADRIANA	431	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	82	K 198	TAK		BIEGAM NA TARCHOMINIE	00:42:26	01:02:52	01:11:00.55	01:12:23.50	7:06	8.5
65	LISOWSKA ALICJA	386	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 30-39	82	K 200	TAK		BIEGAM NA TARCHOMINIE	00:43:13	01:03:35	01:11:10.25	01:12:34.70	7:07	8.4
66	KWIECIEŃ AGATA	366		WARS ZAWA	POL	K 50-59	14	K 201	YES			00:42:37	01:02:53	01:11:21.15	01:12:30.70	7:08	8.4
67	ZAKHARKEVICH HALINA	991		WARS ZAWA	POL	K 30-39	84	K 204	TAK			00:43:59	01:03:28	01:11:39.65	01:13:10.25	7:09	8.4
68	KASPRZAK OLGA	266		WARS ZAWA	POL	K 50-59	16	K 206	TAK			00:44:07	01:04:05	01:12:19.75	01:13:49.25	7:13	8.3
69	GABRYLEWICZ KATARZYNA	151	DZIKUNY	WARS ZAWA	POL	K 40-49	86	K 210	TAK			00:45:33	01:05:10	01:14:04.95	01:15:17.10	7:24	8.1
70	PANASIUK AGA	499		ZĄBKI	POL	K 40-49	88	K 213	TAK			00:45:58	01:06:52	01:15:31.15	01:16:51.05	7:33	7.9
71	WIŚNIEWSKA-DUD A ANNA	727		WARS ZAWA	POL	K 30-39	86	K 214	TAK			00:46:15	01:06:44	01:15:32.10	01:17:04.90	7:33	7.9
72	ŁĄCKA ILONA	7	BIAŁOLEŃKA JEST KOBIEȚĄ	WARS ZAWA	POL	K 50-59	18	K 216	TAK	TAK		00:47:06	01:07:30	01:16:16.90	01:17:35.55	7:37	7.9
73	ŁOZOWSKA DOROTA	394		WARS ZAWA	POL	K 40-49	89	K 219	TAK			00:47:13	01:08:46	01:16:32.95	01:17:39.65	7:39	7.8
74	PLICHCIŃSKA MAŁGORZATA	519	EKONOMIK MOKOTÓW	WARS ZAWA	POL	K 40-49	91	K 223	TAK			00:47:49	01:08:17	01:17:29.30	01:19:09.25	7:44	7.7
75	ROGUSKA MAGDALENA	40	MAGDALENA ROGUSKA	WARS ZAWA	POL	K 40-49	92	K 225	TAK	TAK		00:46:56	01:08:17	01:17:46.55	01:19:19.55	7:46	7.7
76	ZATYLNĄ JOANNA	767		WARS ZAWA	POL	K 40-49	93	K 226	TAK			00:46:21	01:08:39	01:18:23.50	01:19:59.65	7:50	7.7
77	SZCZYPIŃSKA BEATA	647		WARS ZAWS	POL	K 40-49	94	K 229	TAK			00:50:02	01:10:42	01:19:10.95	01:20:15.00	7:55	7.6
78	WICHTOWSKA KAROLINA	716		WARS ZAWA	POL	K 30-39	90	K 231	TAK			00:49:41	01:12:00	01:21:12.05	01:22:12.95	8:07	7.4
79	STAŃKOWSKA KATARZYNA	620	TEAM WARIAT	WARS ZAWA	POL	K 50-59	22	K 233	TAK			00:53:26	01:15:59	01:25:42.00	01:27:04.40	8:34	7
80	CHMIST AGNIESZKA	80		WARS ZAWA	POL	K 40-49	97	K 236	TAK			00:54:26	01:19:30	01:30:29.70	01:32:07.90	9:02	6.6
81	HARABIN KINGA	199		CZAR NÓW	POL	K 30-39	91	K 237	TAK			00:57:30				8:42	6.9

**BIEG PRZEZ MOST , M Odcinek specjalny**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	CHRUŚCIEL JACEK	975		MIĘDZYRZEC PODLASKI	POL	M 40-49	1	M 1				00:21:44	00:30:55	00:34:44.70	00:34:46.95	3:28	17.3
2	FALANDYSZ DAMIAN	137	WPRRUNNING PRUSZKÓW	PRUSZKÓW	POL	M 30-39	1	M 2				00:22:07	00:31:20	00:35:07.00	00:35:09.55	3:30	17.1
3	PYRZAK PAWEŁ	547	BIEGANIEPO40.PL	WARSZAWA	POL	M 30-39	2	M 3	TAK		BIEGANIE PO 40	00:22:05	00:31:24	00:35:19.70	00:35:21.70	3:31	17
4	KRZESZEWSKI RAFAŁ	346	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 30-39	3	M 4	TAK		BIEGAJ POD OKIEM TRENERA	00:22:50	00:32:12	00:35:58.30	00:36:01.30	3:35	16.7
5	ŁOZOWSKI OLAF	395	#ZALINIAMIETYTEAM	GRODZISK MAZOWIECKI	POL	M 30-39	4	M 5				00:22:51	00:32:25	00:36:14.35	00:36:17.05	3:37	16.6
6	ZYCH MARIUSZ	777	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 40-49	2	M 6			BIEGAJ POD OKIEM TRENERA	00:22:50	00:32:22	00:36:19.40	00:36:23.75	3:37	16.5
7	URMANOWSKI DANIEL	694	DREAM RUN	WARSZAWA	POL	M 30-39	5	M 7	TAK			00:22:36	00:32:22	00:36:23.55	00:36:26.05	3:38	16.5
8	KUREK JAROSŁAW	357	WAT	WARSZAWA	POL	M 30-39	6	M 8	TAK			00:23:00	00:32:36	00:36:32.20	00:36:34.75	3:39	16.4
9	KOBYŁECKI MATEUSZ	293	BIEGNĘ PO PIWO	WARSZAWA	POL	M 1-29	1	M 9	TAK			00:22:59	00:32:41	00:36:37.45	00:36:40.25	3:39	16.4
10	HILDEBRAND MARCIN	203	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	7	M 10	TAK		BIEGAM NA TARCHOMINIE	00:22:59	00:32:43	00:36:51.95	00:36:55.05	3:41	16.3
11	WOŹNIAK PRZEMYSŁAW	745	WIELISZEW HERON TEAM	LEGIONÓWO	POL	M 30-39	8	M 11			WIELISZEW HERON TEAM	00:23:23	00:33:14	00:37:13.90	00:37:18.25	3:43	16.1
12	JASZCZERSKI PAWEŁ	234		WARSZAWA	POL	M 30-39	9	M 12	TAK			00:23:31	00:33:24	00:37:25.25	00:37:29.35	3:44	16
13	MIOTK MARCIN	443	MIOTK.PL EVEREST MOTYWACJI	WARSZAWA	POL	M 50-59	1	M 13	TAK		BIEGANIE PO 40	00:23:29	00:33:27	00:37:32.90	00:37:35.85	3:45	16
14	WITKOWSKI PAWEŁ	730	WIELISZEW HERON TEAM	ŁĄSKI	POL	M 40-49	3	M 14			WIELISZEW HERON TEAM	00:23:37	00:33:33	00:37:40.70	00:37:44.60	3:46	15.9
15	JUSIŃSKI KRYSZTOF	247	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M 30-39	10	M 15			BRACTWO BIEGOWE BGK	00:23:29	00:33:33	00:37:41.90	00:37:45.65	3:46	15.9
16	KRZEMPEK ALEKSANDER	345	BIEGANIE PO 40	WARSZAWA	POL	M 50-59	2	M 16			BIEGANIE PO 40	00:23:27	00:33:43	00:37:48.35	00:37:50.55	3:46	15.9
17	SOBCZYK GRZEGORZ	607	KOZIENICKI BIEGACZ	KOZIENICE	POL	M 30-39	11	M 17		TAK	KOZIENICKI BIEGACZ	00:23:31	00:33:41	00:37:53.60	00:38:00.20	3:47	15.8
18	PLUTA DANIEL	521	TEAM PLUTT	PIASTÓW	POL	M 30-39	12	M 18				00:23:34	00:33:29	00:38:01.45	00:38:04.30	3:48	15.8
19	MARCINISZYN GRZEGORZ	813	DUCLA ACADEMY	WARSZAWA	POL	M 30-39	13	M 20				00:23:59	00:33:58	00:38:02.80	00:38:08.35	3:48	15.8
20	DZIĘGIELEWSKI RAFAŁ	849	KB WYSZKÓW	WYSZKÓW	POL	M 40-49	4	M 19				00:23:36	00:33:55	00:38:04.10	00:38:07.50	3:48	15.8
21	BAK JAREK	28	WIELISZEW HERON TEAM	STAROLIPINY	POL	M 40-49	5	M 21			WIELISZEW HERON TEAM	00:24:02	00:34:02	00:38:06.00	00:38:13.75	3:48	15.7
22	KLAŚ ŁUKASZ	279	TEAM PARSZCZYŃSKIXH	WARSZAWA	POL	M 40-49	6	M 22	TAK			00:23:47	00:34:09	00:38:22.50	00:38:25.15	3:50	15.6
23	KUPA BARTOSZ	356	KLUB BIEGACZY JYSK	SŁUPNO	POL	M 30-39	14	M 23				00:23:59	00:34:15	00:38:29.50	00:38:32.75	3:50	15.6
24	GOLONKA PRZEMYSŁAW	172	#KRZYSIOTEAM	CIECIERZYN	POL	M 1-29	2	M 24				00:24:17	00:34:39	00:38:49.00	00:38:53.95	3:52	15.5

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
25	ŁUKASZUK MICHAŁ	968	LEMIESZ TEAM	WARS ZAWA	POL	M 40-49	7	M 25				00:24:16	00:34:39	00:38:52.25	00:38:56.55	3:53	15.4
26	GOZDEK RADEK	177	BIEGANIEPO40.PL	WARS ZAWA	POL	M 50-59	3	M 26	TAK		BIEGANIE PO 40	00:24:25	00:34:53	00:39:14.65	00:39:18.10	3:55	15.3
27	ZAWOJSKI MACIEJ	290	AKADEMIA WIOŚLARSKA ZAWOJSKICH	WARS ZAWA	POL	M 30-39	15	M 27				00:25:06	00:35:20	00:39:26.40	00:39:31.85	3:56	15.2
28	BIELECKI JAKUB	45	JAKUB BIELECKI	WARS ZAWA	POL	M 30-39	16	M 28				00:24:56	00:35:21	00:39:34.10	00:39:38.95	3:57	15.2
29	LEWDOROWICZ WOJCIECH	380	SAM SOBIE KLUBEM	KADY	POL	M 40-49	8	M 29				00:24:41	00:35:19	00:39:37.55	00:39:43.15	3:57	15.1
30	KARPIŃSKI MARCIN	263		WARS ZASA	POL	M 40-49	9	M 30	TAK			00:25:10	00:35:34	00:39:50.05	00:39:56.05	3:59	15.1
31	POTOROKA VITALII	535	ROZBIEGANY PIASTÓW	PRUS ZKÓW	UKR	M 1-29	3	M 31			ROZBIEGANY PIASTÓW	00:24:54	00:35:33	00:40:05.05	00:40:10.35	4:00	15
32	LEWANDOWSKI MATEUSZ	379	BKS	NOWY DWÓR MAZO WIEC KI	POL	M 1-29	4	M 32			LEWANDOWSCY	00:25:11	00:35:39	00:40:08.90	00:40:14.50	4:00	15
33	SIEMIENIAKA MAREK	585	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 30-39	17	M 35			BIEGAM NA TARCHOMINIE	00:24:39	00:35:49	00:40:10.55	00:40:48.95	4:01	14.9
34	GŁOWACKI PAWEŁ	167	WENET RUNNERS TEAM	SERO CK	POL	M 40-49	10	M 33				00:25:30	00:36:03	00:40:13.20	00:40:22.45	4:01	14.9
35	KOŚCIK JAKUB	316	ADIDAS RUNNERS WARSAW	WARS AW	POL	M 30-39	18	M 34			ADIDAS RUNNERS WARSAW	00:25:18	00:35:56	00:40:15.65	00:40:22.55	4:01	14.9
36	KUBIAK SŁAWOMIR	349		WARS ZAWA	POL	M 40-49	11	M 36	TAK			00:25:30	00:36:24	00:40:54.35	00:41:00.65	4:05	14.7
37	OLCZAK JANUSZ	474	WARSAW SENIOR RUNNERS TEAM	WARS ZAWA	POL	M 50-59	4	M 37				00:25:52	00:36:45	00:41:05.95	00:41:10.80	4:06	14.6
38	TKACZYK ADAM	672		WARS ZAWA	POL	M 30-39	19	M 38				00:25:26	00:36:57	00:41:09.65	00:41:13.20	4:06	14.6
39	PAWŁAK ANDRZEJ	503		KOMO RNICA	POL	M 30-39	20	M 39			WIELISZEW HERON TEAM	00:25:30	00:36:40	00:41:18.05	00:41:23.35	4:07	14.5
40	SZYMAŃSKI ANDRZEJ	657		WARS ZAWA	POL	M 40-49	12	M 40	TAK			00:25:36	00:36:43	00:41:19.80	00:41:24.20	4:07	14.5
41	TROJAN PRZEMYSŁAW	999	ZABIEGANIDOBRO WOLSCY.PL	SKRZ ESZE W	POL	M 30-39	21	M 41				00:25:32	00:36:54	00:41:23.60	00:41:29.75	4:08	14.5
42	KAROLCZAK ALEKSANDER	262	DECATHLON TARGÓWEK	WARS ZAWA	POL	M 1-29	5	M 42			DECATHLON TARGÓWEK	00:25:31	00:36:41	00:41:26.70	00:41:33.05	4:08	14.5
43	GAWEŁ PIOTR	158		ŁOMI ANKI	POL	M 40-49	13	M 43				00:25:09	00:36:54	00:41:31.70	00:41:38.05	4:09	14.5
44	STYRNIK KRYSZTIAN	633		NAŁĘ CZÓ W	POL	M 1-29	6	M 44				00:27:24	00:37:05	00:41:35.75	00:41:43.15	4:09	14.4
45	LENDZION MARCIN	372	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 1-29	7	M 45		TAK	GRUPA BIEGOWA UM W-WA	00:26:04	00:37:11	00:41:42.80	00:41:50.85	4:10	14.4
46	STASZEWSKI WOJCIECH	622	KS STASZEWSKY	WARS ZAWA	POL	M 50-59	5	M 46		TAK	KS STASZEWSKY	00:26:14	00:37:22	00:41:52.55	00:41:59.65	4:11	14.3
47	HOFFMAN SEBASTIAN	204		ŁOMI ANKI	POL	M 40-49	14	M 47				00:26:23	00:37:28	00:42:00.35	00:42:06.80	4:12	14.3
48	KLOC MACIEJ	283	FALA NIEPORĘT	ARCIE CHÓ W	POL	M 1-29	8	M 48		TAK		00:25:50	00:37:36	00:42:08.60	00:42:17.20	4:12	14.2

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
49	GAŁĄŻKA ŁUKASZ	156		CHOTOMÓW	POL	M 40-49	15	M 49				00:25:40	00:37:19	00:42:13.05	00:42:18.00	4:13	14.2
50	SALATKA KRZYSZTOF	577		ŁOMIANKI	POL	M 50-59	6	M 50				00:26:34	00:37:55	00:42:20.90	00:42:27.85	4:14	14.2
51	MILCZARCZYK DARIUSZ	439	KOZIENICKI BIEGACZ	KOZIENICE	POL	M 30-39	22	M 52			KOZIENICKI BIEGACZ	00:26:21	00:37:45	00:42:20.95	00:42:29.45	4:14	14.2
52	KACPRZYK ALEX	251	RP RUNNERS	WARSZAWA	POL	M 50-59	7	M 51				00:26:50	00:37:51	00:42:21.65	00:42:29.35	4:14	14.2
53	MACIEJEWSKI MICHAŁ	956	#ZALINIAMYTEAM	PRUSZKÓW	POL	M 40-49	16	M 53						00:42:33.00	00:42:33.00	4:15	14.1
54	SKUZA MACIEJ	602		WARSZAWA	POL	M 40-49	17	M 54				00:26:22	00:37:55	00:42:33.90	00:42:39.75	4:15	14.1
55	FALANDYSZ JANUSZ	138	WPRRUNNING PRUSZKÓW	PRUSZKÓW	POL	M 60+	1	M 56				00:26:31	00:38:17	00:42:34.70	00:42:44.60	4:15	14.1
56	WASIELEWSKI MAREK	708		WARSZAWA	POL	M 30-39	23	M 55	TAK			00:26:15	00:37:49	00:42:35.50	00:42:42.75	4:15	14.1
57	MIECZKOWSKI ROBERT	433	ROZBIEGANY PIASTÓW	PRUSZKÓW	POL	M 40-49	18	M 58			ROZBIEGANY PIASTÓW	00:26:59	00:38:30	00:43:03.75	00:43:11.80	4:18	13.9
58	ZGODA MATEUSZ	773	NAPRZÓD MŁOCINY	WARSZAWA	POL	M 30-39	24	M 59	TAK			00:27:20	00:38:32	00:43:06.25	00:43:15.75	4:18	13.9
59	KOWAL TOMASZ	319	ROZBIEGANY PIASTÓW	PRUSZKÓW	POL	M 40-49	19	M 57			ROZBIEGANY PIASTÓW	00:26:48	00:38:25	00:43:06.75	00:43:11.80	4:18	13.9
60	KRÓL MACIEJ	338	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	20	M 60			BIEGAM NA TARCHOMINIE	00:26:23	00:38:27	00:43:09.15	00:43:16.05	4:18	13.9
61	ŚCIBIOREK BARTOSZ	663		WARSZAWA	POL	M 30-39	25	M 65				00:26:19	00:38:35	00:43:11.70	00:43:48.15	4:19	13.9
62	CZARNECKI PIOTR	101	TARCHOŚFIRY	WARSZAWA	POL	M 40-49	21	M 61	TAK		TARCHOŚFIRY	00:26:51	00:38:33	00:43:12.35	00:43:20.65	4:19	13.9
63	ZALEWSKI PAWEŁ	985	ROPUCH	SKRZESZEW	POL	M 40-49	22	M 64				00:26:47	00:38:31	00:43:12.95	00:43:36.85	4:19	13.9
64	DENERT MARIUSZ	113	WAT	WARSZAWA	POL	M 30-39	26	M 63				00:27:03	00:38:31	00:43:16.15	00:43:26.05	4:19	13.9
65	FLAGA BARTŁOMIEJ	796		WARSZAWA	POL	M 30-39	27	M 62				00:26:08	00:38:27	00:43:16.80	00:43:21.55	4:19	13.9
66	UMIASTOWSKI BARTOSZ	691		NOWY DWÓR MAZO WIECKI	POL	M 1-29	9	M 66				00:27:18	00:38:52	00:43:36.25	00:43:48.95	4:21	13.8
67	CZERWIEC ANDRZEJ	965	MARKOWI BIEGACZE	MARKI	POL	M 40-49	23	M 67	TAK		MARKOWI BIEGACZE	00:27:12	00:39:03	00:44:00.60	00:44:10.00	4:24	13.6
68	GALIŃSKI SEBASTIAN	155		CHOTOMÓW	POL	M 30-39	28	M 68				00:26:58	00:39:25	00:44:25.40	00:44:33.10	4:26	13.5
69	ŁUKASZEWSKI KAMIL	399		RADOŃSKO	POL	M 1-29	10	M 70				00:27:43	00:39:49	00:44:30.05	00:44:40.95	4:27	13.5
70	SIEDLECKI ŁUKASZ	583	BIEGANIE PO 40	WARSZAWA	POL	M 30-39	29	M 69			BIEGANIE PO 40	00:27:16	00:39:23	00:44:31.10	00:44:39.55	4:27	13.5
71	JASKÓŁOWSKI WALDEMAR	232	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 50-59	8	M 71	TAK		BIEGAJ POD OKIEM TRENERA	00:27:41	00:39:41	00:44:32.55	00:44:42.25	4:27	13.5
72	BERNACKI WIKTOR	37	DOCHODOWYMARKETING.PL	ZAWIERCIE	POL	M 1-29	11	M 72				00:27:50	00:39:52	00:44:34.40	00:44:43.30	4:27	13.5
73	KLAPENDA MARIUSZ	278	MARIO TEAM	ŁĘCZYCA	POL	M 40-49	24	M 73				00:27:53	00:39:54	00:44:40.60	00:44:48.15	4:28	13.4

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
74	WYGONOWSKI JACEK	755	DZIKUR CREW	WARS ZAWA	POL	M 50-59	9	M 83	TAK			00:28:24	00:40:00	00:44:47.25	00:45:24.20	4:28	13.4
75	SULKOWSKI TOMASZ	639		WARS ZAWA	POL	M 40-49	25	M 77				00:28:20	00:40:05	00:44:53.70	00:45:10.55	4:29	13.4
76	FABISIAK MARCIN	135	TEAM ZABIEGANEDNI	WARS ZAWA	POL	M 40-49	26	M 75				00:28:15	00:40:14	00:44:56.30	00:45:07.65	4:29	13.4
77	BONAREK PAWEŁ	59		PIOTR KÓW TRYB UNAL SKI	POL	M 40-49	27	M 76				00:27:38	00:40:02	00:44:58.20	00:45:09.45	4:29	13.3
78	TOBOŁA PAWEŁ	673	AKS POLONIA WARSZAWA	WARS ZAWA	POL	M 40-49	28	M 74				00:27:32	00:40:07	00:45:00.00	00:45:06.25	4:30	13.3
79	MANCZENKO EUGENIUSZ	812	LEŚNE SZYCHY	WARS ZAWA	POL	M 40-49	29	M 78				00:28:18	00:39:59	00:45:00.25	00:45:15.30	4:30	13.3
80	WICENTY PAWEŁ	715	DECATHLON TARGÓWEK	WARS ZAWA	POL	M 30-39	30	M 80	TAK		DECATHLON TARGÓWEK	00:28:19	00:40:23	00:45:01.35	00:45:18.10	4:30	13.3
81	WNUK TOMASZ	735	NAPRZÓD MŁOCINY	WARS ZAWA	POL	M 40-49	30	M 82				00:28:18	00:40:01	00:45:05.60	00:45:20.35	4:30	13.3
82	HALAT ANDRZEJ	198	POSMAKUJ RUN TEAM	WARS ZAWA	POL	M 40-49	31	M 81				00:28:32	00:40:23	00:45:05.70	00:45:18.65	4:30	13.3
83	TYMOLEWSKI GRZEGORZ	689		WARS ZAWA	POL	M 1-29	12	M 79	TAK			00:28:27	00:40:39	00:45:11.25	00:45:17.80	4:31	13.3
84	GIEGIEL LUKASZ	163		WARS ZAWA	POL	M 30-39	31	M 84				00:28:15	00:40:13	00:45:15.05	00:45:30.40	4:31	13.3
85	GUMUŁA JAKUB	193		WARS ZAWA	POL	M 30-39	32	M 88				00:28:18	00:40:31	00:45:17.70	00:45:40.70	4:31	13.2
86	MACHALSKI MATEUSZ	402	ASP HOOLIGANS	WARS ZAWA	POL	M 30-39	33	M 85				00:28:46	00:40:42	00:45:22.65	00:45:33.60	4:32	13.2
87	MICHNOWSKI SEBASTIAN	432	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	32	M 87	TAK		BIEGAM NA TARCHOMINIE	00:28:01	00:40:23	00:45:24.60	00:45:38.40	4:32	13.2
88	SKAWSKI JAN	599	VEGAS WEGORZEWO RUNNING	WARS ZAWA	POL	M 40-49	33	M 86				00:28:14	00:40:43	00:45:28.85	00:45:37.00	4:32	13.2
89	BEKKER PIOTR	32		WARS ZAWA	POL	M 40-49	34	M 89				00:28:26	00:40:40	00:45:32.90	00:45:56.05	4:33	13.2
90	ZIELINSKI KRZYSZTOF	775		WARS ZAWA	POL	M 40-49	35	M 90				00:28:18	00:40:47	00:45:46.85	00:46:04.05	4:34	13.1
91	KOŁODZIEJ MIROSŁAW	297	WOLNY KRAFT - WYBIEGAJ BROWARKA	WARS ZAWA	POL	M 30-39	34	M 91				00:28:16	00:40:48	00:45:54.95	00:45:59.60	4:35	13.1
92	KOSTRZEWA MICHAŁ	315	GRUPA BIEGOWA UM WARSZAWA	WARS ZAWA	POL	M 30-39	35	M 92		TAK	GRUPA BIEGOWA UM W-WA	00:28:30	00:41:16	00:46:00.85	00:46:07.95	4:36	13
93	BAZHKO VIACHASLAU	26		WARS ZAWA	BLR	M 30-39	36	M 93	DA			00:28:13	00:41:02	00:46:01.30	00:46:45.45	4:36	13
94	JANISZEWSKI RAFAŁ	220	BRAVEHEARTS LEGIONOWO	LEGIO NOWO	POL	M 30-39	37	M 94			BRAVEHEARTS LEGIONOWO	00:28:31	00:41:04	00:46:09.15	00:46:21.90	4:36	13
95	KORYCKI SZYMON	308		WARS AW	POL	M 30-39	38	M 95				00:28:19	00:41:02	00:46:10.25	00:46:27.10	4:37	13
96	GŁĘBOCKI MACIEJ	166	FIZJOTERAPIA MACIEJ GŁĘBOCKI	WARS ZAWA	POL	M 30-39	39	M 96			BIEGAJ POD OKIEM TRENERA	00:28:20	00:41:16	00:46:14.40	00:46:28.05	4:37	13
97	KOBYLEC ARTUR	292		WARS ZAWA	POL	M 40-49	36	M 97	TAK			00:28:18	00:41:06	00:46:15.25	00:46:27.25	4:37	13
98	WUDARCZYK TOMASZ	754	MAZOVIA PROACTIV CIECHANÓW	WŁAD YŚŁA WOWO	POL	M 60+	2	M 98				00:28:35	00:41:17	00:46:16.35	00:46:27.70	4:37	13



**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
99	ŚMIETAŁO DAWID	994		WARS ZAWA	POL	M 30-39	40	M 99	TAK			00:28:36	00:41:32	00:46:19.15	00:46:35.25	4:37	13
100	SIEGIEDA MICHAŁ	584	ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	M 30-39	41	M 100	TAK		ADIDAS RUNNERS WARSAW	00:28:12	00:41:02	00:46:21.90	00:46:28.75	4:38	12.9
101	STRZELECKI PIOTR	632		WARS ZAWA	POL	M 40-49	37	M 101			MARKOWI BIEGACZE	00:28:46	00:41:17	00:46:21.90	00:46:31.75	4:38	12.9
102	SOBOCIŃSKI MICHAŁ	609	PLAY	WARS ZAWA	POL	M 40-49	38	M 102	TAK			00:29:45	00:41:38	00:46:25.20	00:47:33.75	4:38	12.9
103	JAKUBOWSKI DARIUSZ	218		WARS ZAWA	POL	M 50-59	10	M 103				00:28:58	00:41:51	00:46:25.55	00:47:13.95	4:38	12.9
104	ZACHOSZCZ MACIEJ	757	DECATHLON TARGÓWEK	WARS ZAWA	POL	M 30-39	42	M 104			DECATHLON TARGÓWEK	00:28:37	00:41:10	00:46:29.50	00:46:47.60	4:38	12.9
105	GRYSZPANOWICZ PIOTR	190		WARS ZAWA	POL	M 40-49	39	M 105	TAK			00:29:00	00:41:25	00:46:36.35	00:46:54.65	4:39	12.9
106	DYBA MATEUSZ	794		TENC ZYNE K	POL	M 1-29	13	M 106				00:28:28	00:41:32	00:46:42.10	00:46:56.60	4:40	12.8
107	KURZEP SZYMON	359		STĘŻ YCA	POL	M 30-39	43	M 107				00:29:18	00:41:46	00:46:42.85	00:47:39.70	4:40	12.8
108	DRZYMAŁA KRZYSZTOF	127		WARS ZAWA	POL	M 30-39	44	M 108				00:28:56	00:41:40	00:46:43.25	00:46:55.35	4:40	12.8
109	KĘDZIOREK RAFAŁ	274	TEAM ZABIEGANEDNI / STRAŻ	WIĄZ OWN A	POL	M 30-39	45	M 109				00:28:44	00:41:33	00:46:50.75	00:47:04.85	4:41	12.8
110	NOWOCIEŃ JACEK	467	UCZNIOWSKI KLUB SPORTOWY RUSIEC	PODK OWA LEŚN A	POL	M 60+	3	M 110				00:29:37	00:42:00	00:46:56.45	00:47:06.35	4:41	12.8
111	CZERNECKI WOJCIECH	105		WRO CŁAW	POL	M 40-49	40	M 111				00:28:25	00:41:29	00:47:01.75	00:47:05.60	4:42	12.8
112	PLECHA GRZEGORZ	524	TZF	STRZ ESZK OWIC E DUŻE	POL	M 50-59	11	M 112				00:28:22	00:41:51	00:47:07.80	00:47:17.85	4:42	12.7
113	KRUKOWSKI DAWID	341	22. OŚRODEK DOWODZENIA I NAPROWADZANIA	ŁOCH OWO	POL	M 30-39	46	M 113				00:28:32	00:41:53	00:47:10.50	00:47:19.20	4:43	12.7
114	TOMASEK ROBERT	979		WARS ZAWA	POL	M 40-49	41	M 114				00:28:55	00:42:05	00:47:14.15	00:47:18.60	4:43	12.7
115	DANIEL KRZYSZTOF	848	KAZIKI	WARS ZAWA	POL	M 40-49	42	M 115				00:28:52	00:41:58	00:47:14.75	00:47:27.65	4:43	12.7
116	TELATYŃSKI MICHAŁ	670		WARS ZAWA	POL	M 30-39	47	M 116				00:29:45	00:42:20	00:47:24.10	00:48:01.75	4:44	12.7
117	STREMPLEWSKI PIOTR	627	RCI WARSZAWA	LEGIO NOW O	POL	M 40-49	43	M 117				00:30:38	00:42:40	00:47:25.70	00:48:44.65	4:44	12.7
118	BIENIAK KRZYSZTOF	47	TARCHOMIN TRIATHLON TEAM	WARS ZAWA	POL	M 50-59	12	M 118			TRIATHLON TARCHOMIN TEAM	00:30:32	00:42:38	00:47:27.50	00:47:55.55	4:44	12.6
119	TULIK PRZEMYSŁAW	688		WARS ZAWA	POL	M 50-59	13	M 119				00:29:59	00:42:21	00:47:28.10	00:48:09.35	4:44	12.6
120	DOMŻALSKI ARTUR	122		WARS ZAWA	POL	M 40-49	44	M 120	TAK			00:30:10	00:42:31	00:47:31.75	00:47:53.20	4:45	12.6
121	PASTUKHOV VASYL	500		WARS ZAWA	UKR	M 30-39	48	M 121						00:47:38.65	00:47:38.65	4:45	12.6
122	OWOC TOMASZ	493	PKO BANK POLSKI / ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	M 50-59	14	M 122			ADIDAS RUNNERS WARSAW	00:29:48	00:42:38	00:47:38.70	00:48:00.55	4:45	12.6

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
123	CHOTOMSKI MARCIN	87		LEGIO NOW O	POL	M 30-39	49	M 123				00:30:05		00:47:38.70	00:47:43.95	4:45	12.6
124	SKWARCZ PAWEŁ	603		WARS ZAWA	POL	M 30-39	50	M 124	TAK			00:32:35	00:41:47	00:47:42.35	00:47:51.25	4:46	12.6
125	PRĘDOTA KRZYSZTOF	537	TARCHOMIN TRIATHLON TEAM	WARS ZAWA	POL	M 50-59	15	M 125	TAK		TRIATHLON TARCHOMIN TEAM	00:29:38	00:42:28	00:47:42.75	00:47:54.85	4:46	12.6
126	KACPRZYK PAWEŁ	250	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	45	M 126	TAK		BIEGAM NA TARCHOMINIE	00:30:08	00:42:42	00:47:52.95	00:48:15.00	4:47	12.5
127	TOMASZEWSKI MAREK	677	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	46	M 127	TAK		BIEGAM NA TARCHOMINIE	00:29:34	00:42:30	00:47:53.35	00:48:10.90	4:47	12.5
128	ŻĘGOCKI EMILIAN	782		POMI ECHÓ WEK	POL	M 1-29	14	M 128				00:30:00	00:42:38	00:47:54.30	00:49:09.90	4:47	12.5
129	PRUSZYŃSKI EDWARD	540	KB OŻARÓW MAZOWIECKI BIEGA	OŻAR ÓW MAZO WIEC KI	POL	M 50-59	16	M 129			KB OŻARÓW MAZOWIECKI BIEGA	00:29:21	00:42:36	00:47:56.00	00:48:11.95	4:47	12.5
130	STRAWSKI MARCIN	626	OBIEGUWKA	WARS ZAWA	POL	M 40-49	47	M 130	TAK			00:31:30	00:43:01	00:48:01.05	00:48:42.90	4:48	12.5
131	PLUTA IRENEUSZ	520		WARS ZAWA	POL	M 60+	4	M 131				00:29:56	00:42:40	00:48:01.45	00:48:18.70	4:48	12.5
132	PACZKOWSKI OSKAR	496	BIEGIEM DO AGD SEROCK	JADWI SIN	POL	M 30-39	51	M 132				00:29:53	00:42:43	00:48:01.85	00:48:41.65	4:48	12.5
133	WIKTOROWICZ BARTŁOMIEJ	722	PAŃSTWOWA STRAŻ POŻARNA LEGIONOWO	BENIA MINÓ W	POL	M 30-39	52	M 133				00:30:10	00:43:14	00:48:04.25	00:48:06.75	4:48	12.5
134	CHĘC TOMASZ	78		WARS ZAWA	POL	M 30-39	53	M 134				00:29:51	00:42:55	00:48:06.15	00:48:26.80	4:48	12.5
135	BAK ŁUKASZ	27	BIEGIEM DO AGD SEROCK	WARS ZAWA	POL	M 40-49	48	M 135	YES			00:30:04	00:42:50	00:48:07.00	00:48:45.90	4:48	12.5
136	WALCZAK ARTUR	700	PGNIG TERMIKA SA	WARS ZAWA	POL	M 30-39	54	M 136			PGNIG TERMIKA SA	00:30:16	00:43:08	00:48:07.75	00:48:07.75	4:48	12.5
137	KOWALSKI ROBERT	327	NBRC	WARS ZAWA	POL	M 60+	5	M 137				00:28:46	00:41:59	00:48:14.30	00:48:31.50	4:49	12.4
138	RADZISZEWSKI GRZEGORZ	555		WARS ZAWA	POL	M 40-49	49	M 138				00:29:57	00:43:07	00:48:16.75	00:48:32.50	4:49	12.4
139	WEREDA PAWEŁ	711		WARS ZAWA	POL	M 50-59	17	M 139				00:29:26	00:42:44	00:48:17.00	00:48:35.30	4:49	12.4
140	ZAWROTNY MARIUSZ	771		WARS ZAWA	POL	M 30-39	55	M 140	TAK			00:29:55	00:42:57	00:48:17.10	00:48:22.35	4:49	12.4
141	SOBOTA ARTUR	611	DECOARTY.PL	WARS ZAWA	POL	M 40-49	50	M 141				00:30:05	00:42:58	00:48:18.65	00:48:41.50	4:49	12.4
142	PIETRASZEK JACEK	509		SULÓ W	POL	M 1-29	15	M 142	TAK			00:30:41	00:43:24	00:48:23.35	00:48:46.05	4:50	12.4
143	KLUJ BOGUSŁAW	285	BIEGAM DLA SANDRY I ROBERTA	ZAKR ĘT	POL	M 60+	6	M 143				00:30:21	00:43:12	00:48:26.85	00:49:11.45	4:50	12.4
144	SZEWCYK JACEK	649		WARS ZAWA	POL	M 40-49	51	M 144	TAK			00:29:51	00:42:51	00:48:30.50	00:48:51.15	4:51	12.4
145	JASKÓLSKI MARCIN	231	GRUPA BIEGOWA CHTMO	JABLO NNA	POL	M 40-49	52	M 145			GRUPA BIEGOWA CHTMO	00:30:03	00:43:22	00:48:35.55	00:48:56.40	4:51	12.3
146	MAKOWIAK MATEUSZ	405		WARS ZAWA	POL	M 1-29	16	M 146		TAK		00:29:26	00:43:05	00:48:36.25	00:48:39.05	4:51	12.3
147	KONIECKI TOMASZ	301		WARS ZAWA	POL	M 50-59	18	M 147	TAK			00:30:12	00:43:14	00:48:38.45	00:48:58.70	4:51	12.3

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
148	NOWOMIEJSKI MARCIN	468	PROGRES	WARS ZAWA	POL	M 40-49	53	M 148				00:30:54	00:43:32	00:48:42.65	00:49:13.90	4:52	12.3
149	KASKA DAMIAN	265	ZGLECHÓW RUNNERS	SIENN ICA	POL	M 1-29	17	M 149			ZGLECHÓW RUNNERS	00:30:46	00:43:34	00:48:44.35	00:50:02.15	4:52	12.3
150	JEŻEWSKI TOMASZ	240		WARS ZAWA	POL	M 30-39	56	M 150				00:30:22	00:43:31	00:48:46.30	00:49:27.45	4:52	12.3
151	WOLSKI PAWEŁ	841		WARS ZAWA	POL	M 1-29	18	M 151	TAK			00:30:39	00:43:27	00:48:46.50	00:49:17.75	4:52	12.3
152	KULIGOWSKI ADRIAN	353		RADZ YMIN	POL	M 1-29	19	M 152				00:30:40	00:43:37	00:48:46.95	00:50:36.30	4:52	12.3
153	CLAJOT FABIAN	98		OLSZ TYN	POL	M 30-39	57	M 153				00:31:00	00:43:54	00:48:53.20	00:49:22.65	4:53	12.3
154	ŁASZEK RAFAŁ	1000	LZL	WARS ZAWA	POL	M 50-59	19	M 154				00:30:31		00:48:53.60	00:49:12.35	4:53	12.3
155	WITZKE ARTUR	732		LEGIO NOW O	POL	M 40-49	54	M 155				00:30:39	00:43:43	00:48:54.95	00:49:37.90	4:53	12.3
156	RADECKI MICHAŁ	553		WARS ZAWA	POL	M 30-39	58	M 156				00:30:32	00:43:39	00:48:58.30	00:50:01.45	4:53	12.3
157	BĘBAS PAWEŁ	39		WARS ZAWA	POL	M 1-29	20	M 157	TAK			00:31:03	00:43:54	00:49:00.90	00:49:31.75	4:54	12.2
158	MORAWSKI MARIUSZ	445	BIEGAJ POD OKIEM TRENERA	NOWY DWÓ R MAZO WIEC KI	POL	M 1-29	21	M 158			BIEGAJ POD OKIEM TRENERA	00:29:51	00:43:16	00:49:01.60	00:49:21.65	4:54	12.2
159	KONIECZKA KAMIL	302	EBE EBE	WARS ZAWA	POL	M 1-29	22	M 159	TAK			00:31:24	00:44:21	00:49:04.95	00:49:34.05	4:54	12.2
160	KALINOWSKI KAMIL	256		WARS ZAWA	POL	M 30-39	59	M 160	TAK			00:31:03	00:43:57	00:49:06.25	00:49:33.10	4:54	12.2
161	CHODNIEWICZ MICHAŁ	81		WARS ZAWA	POL	M 40-49	55	M 161	TAK			00:30:38	00:43:31	00:49:07.75	00:49:28.50	4:54	12.2
162	KACPRZAK RAFAŁ	249		WARS ZAWA	POL	M 40-49	56	M 162				00:30:09	00:43:32	00:49:09.60	00:49:30.20	4:54	12.2
163	KRAJEWSKI KONRAD	331	MARKOWI BIEGACZE	WARS ZAWA	POL	M 40-49	57	M 163				00:30:38	00:44:06	00:49:10.25	00:49:25.65	4:55	12.2
164	SENATOR ARTUR	774		WARS ZAWA	POL	M 30-39	60	M 164				00:30:17	00:43:38	00:49:10.50	00:49:31.15	4:55	12.2
165	KULCZYCKI PAWEŁ	352		WARS ZAWA	POL	M 1-29	23	M 165	TAK			00:29:50	00:43:43	00:49:13.70	00:49:29.75	4:55	12.2
166	CICHOCKI ZBIGNIEW	92		WARS ZAWA	POL	M 50-59	20	M 166	TAK			00:30:12	00:43:48	00:49:17.20	00:49:54.85	4:55	12.2
167	OSTAŁOWSKI PAWEŁ	817		WARS ZAWA	POL	M 30-39	61	M 167	TAK			00:31:24	00:44:18	00:49:21.40	00:49:51.40	4:56	12.2
168	ŻEBROWSKI WIKTOR	781		MARK I	POL	M 1-29	24	M 168		TAK		00:30:20	00:44:09	00:49:24.35	00:49:38.45	4:56	12.1
169	SILCZAK BARTOSZ	594	BRACTWO BIEGOWE BGK	WARS ZAWA	POL	M 30-39	62	M 169			BRACTWO BIEGOWE BGK	00:30:09	00:43:14	00:49:26.80	00:50:26.80	4:56	12.1
170	JAGODA GRZEGORZ	213	GRUPA BIEGOWA CHTMO	LEGIO NOW O	POL	M 40-49	58	M 170			GRUPA BIEGOWA CHTMO	00:31:01	00:44:16	00:49:26.90	00:49:59.85	4:56	12.1
171	NAZIMEK MARIUSZ	457	PRZYBYSZE Z MATPLANETY	WARS ZAWA	POL	M 40-49	59	M 171				00:31:04	00:44:13	00:49:26.95	00:50:10.60	4:56	12.1
172	LEŚ TOMASZ	374	TARCHOMIN TRIATHLON TEAM	WARS ZAWA	POL	M 30-39	63	M 172	TAK		TRIATHLON TARCHOMIN TEAM	00:31:09	00:44:18	00:49:28.80	00:49:53.15	4:56	12.1

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
173	PYTEL PIOTR	990		WARS ZAWA	POL	M 1-29	25	M 173				00:30:15	00:44:16	00:49:29.45	00:49:51.10	4:56	12.1
174	KOSIERADZKI MICHAL	961	MASTERS DOJO	WARS ZAWA	POL	M 1-29	26	M 174	TAK			00:31:23	00:44:18	00:49:34.70	00:50:07.05	4:57	12.1
175	PROCHOWICZ KAROL	539		WARS ZAWA	POL	M 30-39	64	M 175				00:31:06	00:44:17	00:49:34.95	00:49:54.35	4:57	12.1
176	ŁACIŃSKI PRZEMYSŁAW	389	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	M 30-39	65	M 176			BIEGAJ POD OKIEM TRENERA	00:31:32	00:44:24	00:49:39.85	00:50:13.45	4:57	12.1
177	LENDZION JAROSŁAW	371	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	60	M 177		TAK	GRUPA BIEGOWA UM W-WA	00:31:36	00:44:29	00:49:40.00	00:50:06.35	4:58	12.1
178	SPRENGEL PIOTR	833	WSEWS/UKS MTE	MILAN ÓWEK	POL	M 30-39	66	M 178				00:30:08	00:44:03	00:49:45.70	00:50:01.05	4:58	12.1
179	PŁAWIAK WOJCIECH	522		WARS ZAWA	POL	M 30-39	67	M 179				00:30:59	00:44:31	00:49:46.55	00:50:04.10	4:58	12.1
180	ŚCIBIOR GRZEGORZ	662		WARS ZAWA	POL	M 30-39	68	M 180	TAK			00:30:36	00:43:50	00:49:46.95	00:51:02.55	4:58	12.1
181	MŁYNARCZYK PIOTR	444	EZA	WARS ZAWA	POL	M 50-59	21	M 181				00:31:36	00:44:40	00:49:47.25	00:50:19.40	4:58	12.1
182	ARAŻNY ZBIGNIEW	19	TRIATHLON TARCHOMIN TEAM	WARS ZAWA	POL	M 50-59	22	M 182	TAK		TRIATHLON TARCHOMIN TEAM	00:31:00	00:44:01	00:49:48.50	00:50:16.85	4:58	12
183	KERNER MARCIN	272		WARS ZAWA	POL	M 40-49	61	M 183	TAK			00:31:35	00:44:22	00:49:48.80	00:50:29.05	4:58	12
184	RUTKOWSKI MICHAL	571	AKTYWNA WARSZAWA	WARS ZAWA	POL	M 40-49	62	M 184				00:31:15	00:44:27	00:49:48.85	00:50:13.05	4:58	12
185	GIERAK KRIS	164		WARS ZAWA	POL	M 40-49	63	M 185	TAK			00:31:26	00:44:20	00:49:49.70	00:50:17.90	4:58	12
186	SUCHECKI PRZEMYSŁAW	635	KS POMORSKA	LEGIO NOW O	POL	M 40-49	64	M 186				00:31:38	00:44:44	00:49:52.85	00:51:01.70	4:59	12
187	DE STEFANO JAKUB	793	SPORTOWA WARSZAWA	WARS ZAWA	POL	M 1-29	27	M 187				00:30:04	00:44:13	00:49:54.35	00:50:15.25	4:59	12
188	MIODUSZEWSKI MARCIN	442	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	65	M 188		TAK	GRUPA BIEGOWA UM W-WA	00:31:38	00:44:27	00:49:55.55	00:51:33.20	4:59	12
189	KWIATKOWSKI TOMASZ	364	AKTYWNA WARSZAWA	WARS ZAWA	POL	M 40-49	66	M 189				00:31:11	00:44:36	00:49:56.45	00:50:18.85	4:59	12
190	KAKOLECKI MICHAL	255	THE LUZERS	WARS ZAWA	POL	M 50-59	23	M 190	TAK			00:30:14	00:44:15	00:50:01.60	00:50:22.05	5:00	12
191	MIODUSZEWSKI ADRIAN	441		WARS ZAWA	POL	M 30-39	69	M 191	TAK			00:31:03	00:44:29	00:50:10.95	00:50:39.90	5:01	12
192	WCISŁO MARCIN	709		WARS ZAWA	POL	M 40-49	67	M 192				00:31:21	00:44:44	00:50:16.30	00:50:27.35	5:01	11.9
193	WIERNIK DANIEL	718		WARS ZAWA	POL	M 30-39	70	M 193	TAK			00:31:12	00:44:59	00:50:22.30	00:50:38.65	5:02	11.9
194	RODAK ZBIGNIEW	560		WARS ZAWA	POL	M 50-59	24	M 194				00:32:01	00:44:58	00:50:22.65	00:51:53.85	5:02	11.9
195	PAKUŁA DARIUSZ	498	KENKO	WARS ZAWA	POL	M 50-59	25	M 195	TAK		KENKO	00:31:29	00:44:57	00:50:24.55	00:50:28.60	5:02	11.9
196	MILEWSKI PATRYK	440	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 30-39	71	M 196		TAK	GRUPA BIEGOWA UM W-WA	00:30:58	00:44:50	00:50:26.85	00:51:04.05	5:02	11.9
197	ZYGMUNT SZYMON	780		WARS ZAWA	POL	M 1-29	28	M 197	TAK			00:31:57	00:45:50	00:50:30.30	00:51:26.65	5:03	11.9
198	GORSIAK MATEUSZ	799		WARS ZAWA	POL	M 30-39	72	M 198	TAK			00:31:58	00:45:12	00:50:31.15	00:51:23.90	5:03	11.9
199	PYSZAK SYLWESTER	549	DEBEDEŁKI	WARS ZAWA	POL	M 40-49	68	M 199	TAK			00:32:37	00:45:24	00:50:35.50	00:51:26.05	5:03	11.9
200	SOWIŃSKI DANIEL	616		WARS ZAWA	POL	M 30-39	73	M 200	TAK			00:31:30	00:45:20	00:50:39.85	00:51:06.35	5:03	11.8

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
201	DOBOSZ PIOTR	117	WŚCIEKŁE PIĘŚCI WĘŻA	WARS ZAWA	POL	M 30-39	74	M 201	TAK			00:31:58	00:45:23	00:50:44.05	00:51:40.70	5:04	11.8
202	SZAFRAŃSKI KAROL	641	PODESZWA TEAM	KOBY ŁKA	POL	M 40-49	69	M 202				00:31:21	00:44:25	00:50:48.55	00:51:27.65	5:04	11.8
203	BEBELSKI RAFAŁ	29	PZU SPORT TEAM	WARS ZAWA	POL	M 40-49	70	M 203	TAK			00:30:27	00:44:50	00:50:49.85	00:51:09.05	5:04	11.8
204	KOŁODZIEJCZYK ALEKSANDER	298		WARS ZAWA	POL	M 1-29	29	M 204	TAK			00:32:58	00:45:50	00:50:50.40	00:51:21.95	5:05	11.8
205	KRASZEWSKI GRZEGORZ	334	GRUPA BIEGOWA CHTMO	JABLO NNA	POL	M 40-49	71	M 205			GRUPA BIEGOWA CHTMO	00:31:00	00:44:26	00:50:55.15	00:51:27.45	5:05	11.8
206	OKUNIEWSKI GRZEGORZ	473	ALIOR RUNNING TEAM	MIŃSK MAZO WIEC KI	POL	M 40-49	72	M 206				00:31:06	00:45:04	00:50:58.95	00:51:24.40	5:05	11.8
207	CHRZANOWSKI MICHAŁ	88		WARS ZAWA	POL	M 40-49	73	M 207				00:32:32	00:45:43	00:51:01.45	00:51:38.40	5:06	11.8
208	KRAWCZYK WOJCIECH	337	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	26	M 208	TAK		BIEGAM NA TARCHOMINIE	00:31:08	00:44:41	00:51:05.05	00:51:27.55	5:06	11.7
209	ROMANIAK JAROSŁAW	993		WARS ZAWA	POL	M 40-49	74	M 209				00:31:21	00:45:18	00:51:08.00	00:51:30.05	5:06	11.7
210	URBAŃSKI PAWEŁ	693	PALM TEAM	WARS ZAWA	POL	M 50-59	27	M 210	TAK			00:31:59	00:45:35	00:51:14.80	00:51:44.25	5:07	11.7
211	JEZIERSKI ŁUKASZ	239		WARS ZAWA	POL	M 40-49	75	M 211	TAK		GRUPA BIEGOWA CHTMO	00:31:41	00:45:35	00:51:15.75	00:51:47.45	5:07	11.7
212	KOWALSKA ANDRZEJ	806	JUDO LEMUR	WARS ZAWA	POL	M 40-49	76	M 212	TAK			00:32:52	00:46:14	00:51:17.25	00:52:13.75	5:07	11.7
213	RYMUSZKA MACIEJ	572		WARS ZAWA	POL	M 1-29	30	M 213	TAK			00:31:26	00:45:33	00:51:25.05	00:52:00.40	5:08	11.7
214	TOMSZYS PIOTR	846		WARS ZAWA	POL	M 50-59	28	M 214				00:32:29	00:45:53	00:51:27.05	00:52:34.90	5:08	11.7
215	KODA EUGENIUSZ	295	TEAM ZABIEGANEDNI	WARS ZAWA	POL	M 60+	7	M 215				00:30:56	00:45:39	00:51:28.60	00:51:45.30	5:08	11.7
216	JURKOWSKI ARTUR	246	ZGLECHÓW RUNNERS	SIENN ICA	POL	M 30-39	75	M 216			ZGLECHÓW RUNNERS	00:32:02	00:45:58	00:51:34.30	00:52:52.15	5:09	11.6
217	BUDZIK JACEK	70	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	77	M 217	TAK		BIEGAM NA TARCHOMINIE	00:34:10	00:45:47	00:51:35.65	00:52:17.90	5:09	11.6
218	WOLAŃCZYK ADAM	740		WARS ZAWA	POL	M 1-29	31	M 218	TAK			00:32:36	00:46:20	00:51:36.20	00:52:37.90	5:09	11.6
219	HRYNKIEWICZ MACIEJ	207		WARS ZAWA	POL	M 50-59	29	M 219				00:31:31	00:45:46	00:51:36.45	00:51:59.45	5:09	11.6
220	MAKOWSKI MARCIN	409		WARS ZAWA	POL	M 40-49	78	M 220	TAK			00:33:00	00:46:21	00:51:37.40	00:52:08.25	5:09	11.6
221	MAMLA ZBIGNIEW	413	BIEGOWE WTORKI NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	30	M 221	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:32:30	00:46:02	00:51:37.65	00:53:33.50	5:09	11.6
222	PIERZCHAŁA PIOTR	970		WARS ZAWA	POL	M 1-29	32	M 222	TAK			00:32:58	00:46:27	00:51:40.30	00:52:14.00	5:10	11.6
223	MOCZYDŁOWSKI ŁUKASZ	816	MASTERS DOJO	WARS ZAWA	POL	M 40-49	79	M 223	TAK			00:33:03	00:46:22	00:51:43.40	00:52:33.60	5:10	11.6
224	WAGNER ŁUKASZ	698		WARS ZAWA	POL	M 1-29	33	M 224	TAK			00:32:49	00:46:13	00:51:43.50	00:52:23.80	5:10	11.6
225	GAWLIK ARKADIUSZ	160	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	80	M 225	TAK		BIEGAM NA TARCHOMINIE	00:31:55	00:45:53	00:51:48.60	00:52:31.05	5:10	11.6
226	PRĘDKI MARCIN	536		WARS ZAWA	POL	M 40-49	81	M 226	TAK			00:31:32	00:45:43	00:51:50.55	00:52:21.50	5:11	11.6
227	MACIEJAK ROBERT	963		WARS ZAWA	POL	M 40-49	82	M 227				00:32:04	00:46:01	00:51:56.20	00:53:09.75	5:11	11.6

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
228	JAWORSKI PIOTR	523		WARS ZAWA	POL	M 40-49	83	M 228	TAK	TAK		00:32:55	00:46:13	00:51:58.50	00:52:32.25	5:11	11.5
229	KOT MIKOŁAJ	317		WARS ZAWA	POL	M 1-29	34	M 229	TAK			00:31:26	00:46:08	00:52:01.60	00:52:20.75	5:12	11.5
230	WIAZOWSKI JAROSŁAW	714		WARS ZAWA	POL	M 50-59	31	M 230	TAK			00:30:37	00:45:50	00:52:03.35	00:52:19.30	5:12	11.5
231	ZABIELSKI ANDRZEJ	756	OZ GST	WARS ZAWA	POL	M 50-59	32	M 231	TAK			00:32:20	00:46:27	00:52:06.85	00:52:35.80	5:12	11.5
232	PROKOPIUK GRZEGORZ	824	SZWAGRY DWA	WARS ZAWA	POL	M 40-49	84	M 232	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:32:59	00:46:40	00:52:14.25	00:52:33.15	5:13	11.5
233	SZATKOWSKI PIOTR	643	PKP PLK S.A.	WARS ZAWA	POL	M 30-39	76	M 233				00:32:22	00:46:35	00:52:22.60	00:53:07.30	5:14	11.5
234	KRATOK DMITRY	336	RUN_WAWA_RUN	WARS ZAWA	POL	M 30-39	77	M 234	TAK			00:32:49	00:46:46	00:52:28.80	00:53:09.85	5:14	11.4
235	BŁASZCZYŃSKI WITOLD	788		WARS ZAWA	POL	M 40-49	85	M 235	TAK			00:32:36	00:46:46	00:52:32.30	00:53:10.90	5:15	11.4
236	CHATAŁA MAREK	76	SZEROKIE BIEGA	LUBLI N	POL	M 50-59	33	M 236				00:32:05	00:46:25	00:52:32.95	00:52:54.10	5:15	11.4
237	DUDA JACEK	128		PRUS ZKÓW	POL	M 40-49	86	M 237				00:32:34	00:46:35	00:52:34.65	00:53:05.40	5:15	11.4
238	PAWIŃSKI ARTUR	502	ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	M 40-49	87	M 238				00:32:25	00:46:47	00:52:37.75	00:53:10.60	5:15	11.4
239	CHUPRINA NIKITA	89		WARS ZAWA		M 1-29	35	M 239				00:33:37	00:47:13	00:52:41.75	00:53:57.05	5:16	11.4
240	SIWIAK MARCIN	597	PKP INTERCITY RUNNING TEAM	WARS ZAWA	POL	M 40-49	88	M 240				00:31:08	00:46:30	00:52:42.50	00:53:00.30	5:16	11.4
241	STRZAŁKOWSKI MARCIN	631	WKURW_TEAM	WARS ZAWA	POL	M 30-39	78	M 241	TAK			00:31:59	00:46:34	00:52:44.05	00:53:02.75	5:16	11.4
242	BUDZIK SYLWESTER	71		NOW E GROC HALE	POL	M 30-39	79	M 242				00:34:13	00:47:23	00:52:44.30	00:53:25.95	5:16	11.4
243	FIEJTEK PIOTR	141		WARS ZAWA	POL	M 30-39	80	M 243	TAK			00:32:24	00:47:12	00:52:45.30	00:53:08.80	5:16	11.4
244	MIKINA ARTUR	436	GUNS&ROSES RUN TEAM	WARS ZAWA	POL	M 60+	8	M 244			GUNS&ROSES RUN TEAM	00:33:14	00:47:00	00:52:46.25	00:53:19.75	5:16	11.4
245	CZERNIGOWSKI SZYMON	792		WARS ZAWA	POL	M 30-39	81	M 245				00:32:42	00:46:57	00:52:48.65	00:53:44.25	5:16	11.4
246	KRUK WALDEMAR	340		WARS ZAWA	POL	M 50-59	34	M 246				00:32:47	00:46:49	00:52:50.65	00:53:44.05	5:17	11.4
247	ROGALSKI TOMASZ	561		WARS ZAWA	POL	M 40-49	89	M 247	TAK			00:32:23	00:46:54	00:52:51.25	00:53:25.45	5:17	11.4
248	FRĄCKOWSKI SŁAWOMIR	148	MAKOWARSKO	WARS ZAWA	POL	M 50-59	35	M 248	TAK			00:32:21	00:46:44	00:52:51.40	00:53:43.35	5:17	11.4
249	ORZEŁ DANIEL	488		WARS ZAWA	POL	M 40-49	90	M 249				00:34:33	00:47:52	00:52:53.25	00:53:43.30	5:17	11.3
250	DRYNKO KAROL	125	FIZJOTERAPIAHD	WARS ZAWA	POL	M 30-39	82	M 250	TAK			00:32:11	00:47:09	00:52:56.70	00:53:21.40	5:17	11.3
251	KŁOS ŁUKASZ	286	ASICS FRONTRUNNER POLAND	WARS ZAWA	POL	M 30-39	83	M 251				00:31:50	00:46:48	00:52:57.05	00:53:22.25	5:17	11.3
252	POPLAWSKI MICHAEL	822		WARS ZAWA	POL	M 30-39	84	M 252				00:33:13	00:47:13	00:52:57.40	00:53:39.80	5:17	11.3
253	PISANIEC KRZYSZTOF	517		WARS ZAWA	POL	M 40-49	91	M 253				00:33:36	00:47:15	00:53:08.25	00:53:58.15	5:18	11.3
254	DERESZEWSKI PIOTR	114	ZABIEGANY WOŁOMIN	WARS ZAWA	POL	M 40-49	92	M 254				00:33:44	00:47:25	00:53:09.50	00:54:13.15	5:18	11.3

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
255	SOCHA ROBERT	612	AWSB RUNNING TEAM	BIELSKO-BIAŁA	POL	M 40-49	93	M 255				00:32:49	00:47:07	00:53:15.70	00:53:52.15	5:19	11.3
256	PIOTRAK MARCIN	513		WARSZAWA	POL	M 40-49	94	M 256				00:32:49	00:47:08	00:53:16.10	00:53:52.15	5:19	11.3
257	WIERZBICKI ŁUKASZ	719	KUŹNIA TRIATHLONU	WARSZAWA	POL	M 40-49	95	M 257	TAK			00:32:45	00:47:19	00:53:17.60	00:53:46.25	5:19	11.3
258	BUDOWSKI ŁUKASZ	68		WARSZAWA	POL	M 30-39	85	M 258				00:32:42	00:47:19	00:53:18.55	00:53:29.40	5:19	11.3
259	NIZIO DOMINIK	461		WARSZAWA	POL	M 40-49	96	M 259	TAK			00:33:04	00:47:39	00:53:19.70	00:54:02.65	5:19	11.3
260	GODLEWSKI ARTUR	170	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	86	M 260	TAK		BIEGAM NA TARCHOMINIE	00:33:03	00:47:26	00:53:23.90	00:53:53.75	5:20	11.2
261	ROWICKI MARIUSZ	38		WARSZAWA	POL	M 30-39	87	M 261				00:33:12	00:47:42	00:53:24.90	00:54:22.15	5:20	11.2
262	FRYCZ MICHAŁ	149		WARSZAWA	POL	M 50-59	36	M 262				00:33:07	00:47:32	00:53:27.60	00:54:23.95	5:20	11.2
263	POGOCKI MACIEJ	969		WARSZAWA	POL	M 40-49	97	M 263				00:34:04	00:47:51	00:53:27.60	00:54:12.50	5:20	11.2
264	HEBA GRZEGORZ	202		KOBYŁKA	POL	M 50-59	37	M 264				00:33:03	00:47:44	00:53:28.65	00:54:08.75	5:20	11.2
265	GWIZDAŁA TOMASZ	195		WARSZAWA	POL	M 40-49	98	M 265				00:34:08	00:48:05	00:53:37.60	00:54:37.50	5:21	11.2
266	ORŁOWSKI TOMASZ	484		WARSZAWA	POL	M 30-39	88	M 266				00:32:59	00:47:58	00:53:38.30	00:54:13.05	5:21	11.2
267	GWIZDAŁA PIOTR	196		WARSZAWA	POL	M 1-29	36	M 267				00:34:09	00:48:06	00:53:38.50	00:54:36.95	5:21	11.2
268	CABAJ MAREK	73	LUX MED SPORTS TEAM	WARSZAWA	POL	M 40-49	99	M 268				00:33:20	00:47:51	00:53:44.70	00:54:27.05	5:22	11.2
269	WOJTAL TOMASZ	737		WARSZAWA	POL	M 40-49	100	M 269	TAK			00:33:22	00:47:59	00:53:45.20	00:54:10.95	5:22	11.2
270	SIESS JAROSŁAW	589		PABIANICE	POL	M 60+	9	M 270				00:33:02	00:47:44	00:53:46.70	00:54:20.10	5:22	11.2
271	BORUSZEWSKI MACIEJ	61		WARSZAWA	POL	M 50-59	38	M 271				00:34:11	00:48:15	00:53:48.30	00:54:33.45	5:22	11.2
272	WŁODARCZYK MACIEJ	734	MARKOWI BIEGACZE	MARKI	POL	M 40-49	101	M 272			MARKOWI BIEGACZE	00:33:12	00:48:07	00:53:55.55	00:54:34.45	5:23	11.1
273	KACPURA PIOTR	252		STOCZEK	POL	M 40-49	102	M 273				00:33:40	00:48:09	00:54:00.60	00:54:43.35	5:24	11.1
274	JONKO MARCIN	242		MICHÓW -GRABINA	POL	M 40-49	103	M 274				00:33:31	00:47:57	00:54:03.90	00:55:33.75	5:24	11.1
275	JÓŻWIK GRZEGORZ	245		JÓZEFÓW OSŁAW	POL	M 50-59	39	M 275				00:33:20	00:47:54	00:54:05.15	00:54:27.30	5:24	11.1
276	ŁOZIŃSKI PIOTR	393		WARSZAWA	POL	M 40-49	104	M 276	TAK		BRACTWO BIEGOWE BGK	00:33:11	00:48:08	00:54:08.25	00:55:07.80	5:24	11.1
277	WOŁOWIK TYMON	744	CHOSZCZÓWKA RUNNING CLUB	WARSZAWA	POL	M 1-29	37	M 277	TAK		CHOSZCZÓWKA RUNNING CLUB	00:33:20	00:48:29	00:54:11.80	00:54:48.25	5:25	11.1
278	KARWECKI PATRYK	264		WARSZAWA , POW. WARSZAWA	POL	M 30-39	89	M 278	TAK			00:34:45	00:48:40	00:54:14.25	00:55:00.00	5:25	11.1

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
279	CIEŚLAR RAFAŁ	95		WARS ZAWA	POL	M 30-39	90	M 279				00:34:12	00:48:31	00:54:15.00	00:55:04.00	5:25	11.1
280	JEGOROW PIOTR	237		DĄBR OWA CHOT OMO WSKA	POL	M 40-49	105	M 280				00:33:21	00:48:16	00:54:15.25	00:55:02.15	5:25	11.1
281	ROZBICKI TOMASZ	566		WARS ZAWA	POL	M 40-49	106	M 281	TAK			00:33:37	00:48:45	00:54:17.55	00:54:31.05	5:25	11.1
282	GÓRALCZUK MAKSYMILIAN	179		WARS ZAWA	POL	M 1-29	38	M 282	TAK			00:32:23	00:48:26	00:54:18.70	00:54:34.05	5:25	11
283	GAĞAŁA PRZEMYSŁAW	162		WARS ZAWA	POL	M 50-59	40	M 283				00:33:19	00:48:07	00:54:19.20	00:54:55.10	5:25	11
284	BARANOWSKI ŁUKASZ	22		BIAŁA CZÓ W	POL	M 30-39	91	M 284				00:34:11	00:48:15	00:54:19.65	00:55:11.20	5:25	11
285	JABŁONKA RADEK	211	DZIADY OCR	NOWY DWÓ R MAZO WIEC KI	POL	M 40-49	107	M 285				00:34:12	00:48:36	00:54:20.50	00:55:11.40	5:26	11
286	SZAFRAN MARIUSZ	640		BRWI NÓW	POL	M 40-49	108	M 286				00:34:57	00:48:53	00:54:23.20	00:55:17.75	5:26	11
287	KIETLIŃSKI MACIEJ	276		WARS ZAWA	POL	M 50-59	41	M 287				00:34:43	00:48:50	00:54:29.25	00:55:27.80	5:26	11
288	SENKO MATEUSZ	1	STOWARZYSZENIE RAZEM DLA BIAŁOLEKI	WARS ZAWA	POL	M 30-39	92	M 288	TAK			00:34:24	00:48:45	00:54:29.80	00:55:19.70	5:26	11
289	GRUCHAŁA DARIUSZ	800	MASTERS DOJO	WARS ZAWA	POL	M 40-49	109	M 289	TAK			00:33:44	00:48:04	00:54:32.25	00:55:20.30	5:27	11
290	OWSIANKA JAKUB	494		ŁOCH ÓW	POL	M 1-29	39	M 290				00:34:15	00:48:46	00:54:34.85	00:55:23.25	5:27	11
291	STRULAK JAKUB	630		WARS ZAWA	POL	M 1-29	40	M 291	TAK			00:34:34	00:48:54	00:54:37.60	00:55:29.95	5:27	11
292	RZEPECKI MACIEK	574		WARS ZAWA	POL	M 30-39	93	M 292	TAK			00:33:37	00:49:16	00:54:41.15	00:56:00.40	5:28	11
293	BANASIAK MIROSLAW	21		WARS ZAWA	POL	M 40-49	110	M 293	TAK			00:34:10	00:48:37	00:54:41.90	00:56:08.50	5:28	11
294	FREITES LUIS	888			VEN	M 60+	10	M 294				00:33:29	00:48:29	00:54:43.60	00:55:19.45	5:28	11
295	CIOŁEK ROBERT	791	MASTERS DOJO	WARS ZAWA	POL	M 40-49	111	M 295	TAK			00:34:15	00:48:56	00:54:44.95	00:55:34.55	5:28	11
296	TRZCIŃSKI MICHAŁ	685		WARS ZAWA	POL	M 1-29	41	M 296				00:34:55	00:49:02	00:54:48.85	00:55:41.60	5:28	10.9
297	CHYLIŃSKI ADAM	90		WARS ZAWA	POL	M 30-39	94	M 297				00:33:11	00:48:34	00:54:49.65	00:55:33.95	5:28	10.9
298	YURKEVICH YAUHENI	959		WARS ZAWA	POL	M 40-49	112	M 298				00:34:58	00:49:12	00:54:50.45	00:55:50.75	5:29	10.9
299	NOSARZEWSKI MARIUSZ	462	GB PRESS TEAM	TRZCI ANY	POL	M 40-49	113	M 299				00:34:04	00:48:48	00:54:52.15	00:55:21.25	5:29	10.9
300	STRUKOWICZ MICHAŁ	629		WARS ZAWA	POL	M 1-29	42	M 300	TAK			00:35:32	00:49:27	00:54:53.60	00:56:29.55	5:29	10.9
301	WÓJCIK ROBERT	748		WARS ZAWA	POL	M 40-49	114	M 301				00:34:42	00:48:53	00:54:55.35	00:55:35.95	5:29	10.9
302	MAJKOWSKI PIOTR	408		WARS ZAWA	POL	M 30-39	95	M 302				00:34:46	00:49:15	00:54:59.05	00:55:54.45	5:29	10.9



**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
303	KOŚCIELNIAK PATRYK	911	ORUSH	WARS ZAWA	POL	M 40-49	115	M 303				00:35:31	00:49:37	00:55:02.75	00:56:16.50	5:30	10.9
304	WRONIEWSKI GRZEGORZ	751		WARS ZAWA	POL	M 30-39	96	M 304				00:33:42	00:49:09	00:55:03.60	00:55:56.55	5:30	10.9
305	WOJNARSKI JANUSZ	736		WARS ZAWA	POL	M 60+	11	M 305	TAK			00:34:06	00:48:49	00:55:04.95	00:55:53.20	5:30	10.9
306	WILGOS JANUSZ	723		WARS ZAWA	POL	M 40-49	116	M 306				00:35:14	00:49:27	00:55:06.55	00:56:30.85	5:30	10.9
307	KOT TOMASZ	318		WARS ZAWA	POL	M 40-49	117	M 307	TAK			00:33:26	00:48:57	00:55:07.30	00:55:26.00	5:30	10.9
308	SAWICKI ADRIAN	579		WARS ZAWA	POL	M 30-39	97	M 308				00:33:53	00:49:22	00:55:07.90	00:55:30.15	5:30	10.9
309	MADEJ MARCIN	406		WARS ZAWA	POL	M 40-49	118	M 309	TAK			00:34:45	00:49:21	00:55:13.50	00:56:00.95	5:31	10.9
310	WIKTOROWICZ MARCIN	721		WARS ZAWA	POL	M 40-49	119	M 310	TAK			00:35:23	00:49:33	00:55:14.35	00:56:29.65	5:31	10.9
311	PADZIŃSKI MARIUSZ	497	BIEGOWE WTORKI NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	42	M 311	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:34:55	00:49:21	00:55:17.05	00:56:02.05	5:31	10.9
312	WIONCEK PAWEŁ	725		WARS ZAWA	POL	M 1-29	43	M 312	TAK			00:34:33	00:49:08	00:55:17.70	00:56:04.85	5:31	10.9
313	ROKICKI ALEKSANDER	562		WARS ZAWA	POL	M 40-49	120	M 313	TAK			00:34:24	00:48:58	00:55:18.10	00:56:28.65	5:31	10.8
314	SĄGOL SYLWESTER	995		WARS ZAWA	POL	M 50-59	43	M 314	TAK			00:34:46	00:49:17	00:55:20.95	00:57:03.50	5:32	10.8
315	PRZYGODZKI MATEUSZ	543		WARS ZAWA	POL	M 40-49	121	M 315				00:35:13	00:49:26	00:55:24.50	00:56:04.20	5:32	10.8
316	STANIEWSKI MICHAŁ	618		WARS ZAWA	POL	M 30-39	98	M 316	YES			00:34:50	00:49:36	00:55:24.95	00:56:46.50	5:32	10.8
317	OCHAB JANUSZ	471		WARS ZAWA	POL	M 50-59	44	M 317				00:35:12	00:49:43	00:55:28.30	00:56:22.20	5:32	10.8
318	PNIEWSKI RAFAŁ	526	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	122	M 318	TAK		BIEGAM NA TARCHOMINIE	00:33:34	00:49:07	00:55:30.90	00:55:56.05	5:33	10.8
319	KUSY JACEK	360		WARS ZAWA	POL	M 30-39	99	M 319	TAK			00:35:16	00:49:51	00:55:39.75	00:56:47.45	5:33	10.8
320	SZYMAŃSKI JACEK	659		WARS ZAWA	POL	M 40-49	123	M 320	TAK			00:32:59	00:48:44	00:55:41.95	00:57:16.30	5:34	10.8
321	ORŁOWSKI MAREK	483		WARS ZAWA	POL	M 50-59	45	M 321	TAK			00:34:28	00:49:50	00:55:43.15	00:56:21.45	5:34	10.8
322	STANISLAVCHUK MYKOLA	973		WARS ZAWA	POL	M 1-29	44	M 322	TAK			00:34:40	00:49:32	00:55:43.60	00:56:43.65	5:34	10.8
323	KILIAŃSKI RAFAŁ	801	TARCHOMIN TRIATLON TEAM	WARS ZAWA	POL	M 50-59	46	M 323	TAK		TRIATLON TARCHOMIN TEAM	00:34:45	00:49:29	00:55:46.05	00:56:36.60	5:34	10.8
324	ADAMIAK ROBERT	11	CURTIS	CIECH ANO W	POL	M 50-59	47	M 324				00:33:50	00:49:27	00:55:55.55	00:56:33.85	5:35	10.7
325	GROCHOWSKI PAWEŁ	185	PZU SPORT TEAM	WARS ZAWA	POL	M 40-49	124	M 325				00:34:25	00:49:40	00:55:55.55	00:56:35.80	5:35	10.7
326	DOBROWOLSKI DAMIAN	119		WARS ZAWA	POL	M 1-29	45	M 326	TAK			00:33:57	00:49:42	00:55:58.15	00:56:47.15	5:35	10.7
327	WŁOSZCZOWSKI ROBERT	987		WARS ZAWA	POL	M 40-49	125	M 327	TAK			00:34:57	00:49:52	00:55:59.30	00:56:40.70	5:35	10.7
328	PODWÓJCI KAMIL	821		WARS ZAWA	POL	M 30-39	100	M 328	TAK			00:33:12	00:49:44	00:56:00.25	00:56:17.10	5:36	10.7
329	MASŁOWSKI MICHAŁ	420		WARS ZAWA	POL	M 40-49	126	M 329				00:32:46	00:49:12	00:56:01.25	00:56:29.95	5:36	10.7
330	GNIAŁA MACIEJ	169	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	127	M 330	TAK		BIEGAM NA TARCHOMINIE	00:34:57	00:50:07	00:56:06.80	00:56:54.45	5:36	10.7

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
									<b>Białołęka</b>								
331	ŚLIMKO DANIEL	664		WARS ZAWA	POL	M 30-39	101	M 331	TAK			00:34:40	00:49:44	00:56:07.55	00:57:03.25	5:36	10.7
332	G ARTUR	150		WARS ZAWA	POL	M 40-49	128	M 332	TAK			00:33:42	00:49:43	00:56:08.60	00:56:45.85	5:36	10.7
333	KOPEĆ ANTONI	305		BIAŁA	POL	M 1-29	46	M 333			AKTYWNA WARSZAWA	00:35:27	00:50:30	00:56:09.75	00:56:32.50	5:36	10.7
334	JAROSZEWSKI KONRAD	229		WARS ZAWA	POL	M 30-39	102	M 334	TAK			00:34:07	00:49:50	00:56:11.75	00:56:31.40	5:37	10.7
335	BYTNIIEWSKI ZDZISŁAW	72	PGNIG TERMIKA SA	WARS ZAWA	POL	M 60+	12	M 335			PGNIG TERMIKA SA	00:35:34	00:50:14	00:56:15.85	00:56:35.20	5:37	10.7
336	MRÓWCZYŃSKI WOJCIECH	997		WARS ZAWA	POL	M 50-59	48	M 336				00:34:45	00:49:53	00:56:21.50	00:57:38.05	5:38	10.6
337	ORŁOWSKI KACPER	485		WARS ZAWA	POL	M 30-39	103	M 337				00:35:04	00:50:07	00:56:25.65	00:57:09.20	5:38	10.6
338	MACHOŃ PAWEŁ	403	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	129	M 338		TAK	GRUPA BIEGOWA UM W-WA	00:34:37	00:50:05	00:56:32.50	00:57:07.85	5:39	10.6
339	WACH MICHAŁ	697	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	130	M 339	TAK		BIEGAM NA TARCHOMINIE	00:35:19	00:50:25	00:56:33.85	00:57:15.70	5:39	10.6
340	WOLKOWYCKI ADAM	741	SERWIS POJAZDÓW ADAM WOLKOWYCKI	WARS ZAWA	POL	M 40-49	131	M 340				00:34:29	00:50:04	00:56:35.65	00:56:59.70	5:39	10.6
341	PAZIEWSKI ANDRZEJ	505	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	49	M 341	TAK		BIEGAM NA TARCHOMINIE	00:35:19	00:50:27	00:56:36.70	00:57:18.95	5:39	10.6
342	ROMANOWSKI PIOTR	563		WARS ZAWA	POL	M 1-29	47	M 342				00:35:15	00:50:42	00:56:40.50	00:57:28.25	5:40	10.6
343	BEDNARSKI TOMASZ	31		WARS ZAWA	POL	M 50-59	50	M 343				00:35:47	00:50:46	00:56:42.15	00:58:07.85	5:40	10.6
344	BITOWSKI HUBERT	51		JÓZEF OSŁA W	POL	M 40-49	132	M 344				00:35:28	00:50:42	00:56:42.25	00:57:29.30	5:40	10.6
345	STĘPCZAK PAWEŁ	625	ZABIEGANY WOŁOMIN	WARS ZAWA	POL	M 30-39	104	M 345				00:34:40	00:50:36	00:56:42.95	00:57:12.95	5:40	10.6
346	JÓZEFOWICZ MACIEJ	243	VEGE RUNNERS	WARS ZAWA	POL	M 30-39	105	M 346			VEGE RUNNERS	00:34:41	00:50:11	00:56:43.40	00:57:20.75	5:40	10.6
347	KAMIŃSKI MICHAŁ	258		WARS ZAWA	POL	M 30-39	106	M 347				00:35:00	00:50:37	00:56:44.05	00:57:26.40	5:40	10.6
348	ADAO FILIPE	14		WARS ZAWA	POL	M 1-29	48	M 348	TAK			00:34:37	00:50:35	00:56:45.95	00:57:44.85	5:40	10.6
349	SULICH MATEUSZ	638		LEGIO NOW O	POL	M 30-39	107	M 349				00:36:01	00:50:54	00:56:46.35	00:57:50.95	5:40	10.6
350	ADAO MIGUEL	12		WARS ZAWA	POR	M 40-49	133	M 350	TAK			00:34:37	00:50:37	00:56:47.05	00:57:44.90	5:40	10.6
351	DYJAS ARKADIUSZ	130	BRACTWO BIEGOWE BGK	CHOT OMÓ W	POL	M 30-39	108	M 351			BRACTWO BIEGOWE BGK	00:35:09	00:50:48	00:56:49.45	00:57:48.60	5:40	10.6
352	FLORYSIAK ARTUR	146		WARS ZAWA	POL	M 40-49	134	M 352	TAK			00:35:57	00:50:53	00:56:51.90	00:57:49.45	5:41	10.6
353	MUCHA GRZEGORZ	448		WARS ZAWA	POL	M 60+	13	M 353	TAK			00:35:45	00:50:38	00:56:54.80	00:57:50.90	5:41	10.5
354	GŁOGOWSKI GERARD	974		WARS ZAWA	POL	M 30-39	109	M 354	TAK			00:34:30	00:50:35	00:56:59.05	00:57:36.50	5:41	10.5
355	RYTKOWSKI PIOTR	573		WARS ZAWA	POL	M 30-39	110	M 355				00:35:15	00:50:52	00:57:02.45	00:57:41.40	5:42	10.5
356	ORZECHOWSKI PIOTR	487		WARS ZAWA	POL	M 1-29	49	M 356	TAK			00:37:51	00:51:27	00:57:13.75	00:57:57.05	5:43	10.5
357	SUCHODOLSKI MARIUSZ	636	DZIKI BIEG	WARS ZAWA	POL	M 50-59	51	M 357	TAK			00:35:47	00:50:22	00:57:15.00	00:58:07.55	5:43	10.5

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
358	KLOC PIOTR	282	FALA NIEPORĘT	ARCIE CHO W	POL	M 40-49	135	M 358				00:33:58	00:50:23	00:57:19.00	00:58:51.55	5:43	10.5
359	NOWAK JERZY	465	PWPW	WA-W A	POL	M 40-49	136	M 359	TAK			00:34:43	00:51:05	00:57:19.90	00:57:57.90	5:43	10.5
360	PYTKA ANDRZEJ	550	AKTYWNA WARSZAWA	WARS ZAWA	POL	M 50-59	52	M 360	TAK			00:34:48	00:50:16	00:57:24.50	00:58:08.50	5:44	10.5
361	MARCINKOWSKI KRZYSZTOF	414		WARS ZAWA	POL	M 40-49	137	M 361				00:35:52	00:51:15	00:57:26.55	00:58:29.70	5:44	10.4
362	MUSIAŁ SŁAWOMIR	450		JABŁO NNA	POL	M 50-59	53	M 362				00:36:31	00:51:27	00:57:27.15	00:58:58.95	5:44	10.4
363	ŚWIĘCICKI WOJCIECH	667		WARS ZAWA	POL	M 60+	14	M 363	TAK			00:35:19	00:50:37	00:57:30.80	00:58:22.55	5:45	10.4
364	GRZELAK MIKOŁAJ	191		WARS ZAWA	POL	M 1-29	50	M 364				00:34:57	00:50:39	00:57:37.55	00:58:29.70	5:45	10.4
365	KEMPA PIOTR	271		WARS ZAWA	POL	M 30-39	111	M 365	TAK			00:35:17	00:50:52	00:57:37.60	00:58:15.10	5:45	10.4
366	OSYRA TOMASZ	491		WARS ZAWA	POL	M 40-49	138	M 366				00:36:28	00:51:31	00:57:42.20	00:59:21.05	5:46	10.4
367	KARNOWSKI MICHAŁ	261		WARS ZAWA	POL	M 40-49	139	M 367				00:35:06	00:51:32	00:57:44.30	00:58:24.50	5:46	10.4
368	WALENDZIK DAWID	703			POL	M 1-29	51	M 368				00:34:40	00:50:55	00:57:44.70	00:58:19.30	5:46	10.4
369	PAWELCZYK JAROSŁAW	820	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	140	M 369	TAK			00:35:35	00:51:22	00:57:50.75	00:58:34.05	5:47	10.4
370	BRZEZIK PIOTR	63		WARS ZAWA	POL	M 30-39	112	M 370				00:35:55	00:51:49	00:57:57.85	00:58:52.95	5:47	10.4
371	KĘPKA MARCIN	275		WARS ZAWA	POL	M 40-49	141	M 371	TAK			00:35:53	00:51:32	00:57:58.05	00:58:53.75	5:47	10.4
372	SIWERSKI PAWEŁ	596		BORZ ĘCIN MAŁY	POL	M 40-49	142	M 372				00:35:44	00:51:35	00:57:58.10	00:59:10.35	5:47	10.4
373	SZAREWICZ PAWEŁ	642		WARS ZAWA	POL	M 40-49	143	M 373	TAK			00:36:19	00:52:03	00:58:02.80	00:58:48.55	5:48	10.3
374	KOPYŚ JAKUB	307		WARS ZAWA	POL	M 30-39	113	M 374	TAK			00:36:20	00:51:39	00:58:08.65	00:58:59.65	5:48	10.3
375	MAZUR MICHAŁ	426		WARS ZAWA	POL	M 30-39	114	M 375	TAK			00:36:30	00:51:41	00:58:11.20	00:59:46.75	5:49	10.3
376	MIKOŁAJEWICZ PAWEŁ	438		WARS ZAWA	POL	M 30-39	115	M 376	TAK			00:34:03	00:50:55	00:58:12.70	00:59:58.65	5:49	10.3
377	LORENS KRZYSZTOF	388		WOŁO MIN	POL	M 40-49	144	M 377				00:35:37	00:51:29	00:58:14.30	00:59:15.65	5:49	10.3
378	JAROSZ GRZEGORZ	228		WARS ZAWA	POL	M 50-59	54	M 378	TAK			00:37:25	00:52:22	00:58:19.00	00:59:27.65	5:49	10.3
379	SOSIŃSKI MATEUSZ	615		CZER WIŃS K NAD WISŁ A	POL	M 30-39	116	M 379				00:36:20	00:52:05	00:58:19.10	00:59:25.10	5:49	10.3
380	RACZYŃSKI TOMASZ	552		WARS ZAWA	POL	M 40-49	145	M 380	TAK			00:37:21	00:52:14	00:58:19.20	00:59:22.70	5:49	10.3
381	SKOROPADYK YULIAN	600	SKOLIAN	WARS ZAWA	POL	M 1-29	52	M 381	TAK			00:36:21	00:52:14	00:58:19.60	00:59:29.20	5:49	10.3
382	GOZDZIKIEWICZ BŁAŻEJ	178	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	146	M 382	YES		BIEGAM NA TARCHOMINIE	00:35:56	00:51:45	00:58:20.25	00:59:35.60	5:50	10.3

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
383	ZUBOWICZ MARCIN	989		WARS ZAWA	POL	M 30-39	117	M 383	TAK			00:36:03	00:52:21	00:58:21.35	01:00:00.55	5:50	10.3
384	AMBROZIAK ROBERT	16		WARS ZAWA	POL	M 1-29	53	M 384				00:36:18	00:52:05	00:58:24.20	00:59:10.35	5:50	10.3
385	MISZEWSKI BARTOSZ	815 73		WARS ZAWA	POL	M 30-39	118	M 385	TAK			00:37:19	00:52:34	00:58:24.40	00:59:27.15	5:50	10.3
386	MUSZYNSKI MARCELI	451		WARS ZAWA	POL	M 1-29	54	M 386				00:35:36	00:51:48	00:58:25.30	00:59:23.25	5:50	10.3
387	NAZARENKO VOVA	456		WARS ZAWA	POL	M 1-29	55	M 387	TAK			00:36:02	00:52:02	00:58:27.15	01:00:02.50	5:50	10.3
388	KUNA MICHAŁ	354		LEGIO NOWO	POL	M 40-49	147	M 388				00:36:02	00:51:57	00:58:28.05	00:58:47.45	5:50	10.3
389	JAROCKI JĘDRZEJ	227		WARS ZAWA	POL	M 1-29	56	M 389	TAK			00:36:19	00:52:43	00:58:32.10	00:59:16.25	5:51	10.3
390	FILIPOWICZ ARKADIUSZ	143		MARK I	POL	M 40-49	148	M 390				00:35:58	00:52:19	00:58:37.10	00:58:58.25	5:51	10.2
391	ŁUCZAK PIOTR	398	PKO BANK POLSKI SA	WARS ZAWA	POL	M 40-49	149	M 391	TAK			00:36:08	00:51:57	00:58:38.45	00:59:20.20	5:51	10.2
392	STROMECKI MARCIN	628	BFM	WARS ZAWA	POL	M 30-39	119	M 392	TAK			00:34:46	00:53:25	00:58:47.95	01:00:56.30	5:52	10.2
393	TOKARZEWSKI ROBERT	674		WARS ZAWA	POL	M 50-59	55	M 393	TAK			00:36:31	00:52:13	00:58:48.00	01:00:31.80	5:52	10.2
394	WALECKI ROMUALD	839	TRIATHLON TARCHOMIN TEAM	WARS ZAWA	POL	M 50-59	56	M 394	TAK		TRIATHLON TARCHOMIN TEAM	00:35:54	00:52:26	00:58:55.75	00:59:04.35	5:53	10.2
395	STANKIEWICZ MACIEJ	619		WARS ZAWA	POL	M 40-49	150	M 395	TAK			00:37:15	00:52:39	00:58:59.80	01:00:22.00	5:53	10.2
396	DORS MAREK	124	LKS KABEX PODKOWA JANÓW	WARS ZAWA	POL	M 1-29	57	M 396	TAK			00:36:04	00:52:31	00:59:03.35	00:59:50.20	5:54	10.2
397	ZAKRZEWSKI ŁUKASZ	762		WARS ZAWA	POL	M 30-39	120	M 397				00:35:50	00:52:50	00:59:03.65	00:59:58.75	5:54	10.2
398	POLAK RAFAŁ	531		JARZE BIAŁA ŁĄKA	POL	M 40-49	151	M 398				00:36:11	00:52:52	00:59:07.50	00:59:40.30	5:54	10.1
399	KOZAKIEWICZ TOMASZ	329		BOŻA WOLA	POL	M 30-39	121	M 399		TAK		00:37:41	00:53:09	00:59:08.60	01:00:28.00	5:54	10.1
400	LIBOLD MACIEJ	383		WARS ZAWA	POL	M 40-49	152	M 400	TAK			00:35:51	00:52:22	00:59:11.25	00:59:43.20	5:55	10.1
401	GORAL PIOTR	175		JOZEF OSŁAW	POL	M 60+	15	M 401				00:37:18	00:52:55	00:59:14.00	01:00:24.70	5:55	10.1
402	KRASZEWSKI PAWEŁ	335		DROG OSZEWO	POL	M 40-49	153	M 402				00:36:46	00:52:50	00:59:14.45	01:00:06.95	5:55	10.1
403	KAZAŁA PIOTR	270	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	57	M 403	TAK			00:37:00	00:52:50	00:59:22.00	01:00:27.20	5:56	10.1
404	KOPROWSKI JACEK	306	PARKRUN PRUSZKÓW	PRUSZKÓW	POL	M 30-39	122	M 404				00:37:28	00:52:48	00:59:22.80	01:00:30.75	5:56	10.1
405	JEZIERSKI JAN	238	GRUPA BIEGOWA CHTMO	WARS ZAWA	POL	M 60+	16	M 405	TAK		GRUPA BIEGOWA CHTMO	00:35:29	00:52:07	00:59:23.15	01:00:15.30	5:56	10.1
406	ZYGADŁO PIOTR	779		WARS ZAWA	POL	M 40-49	154	M 406		TAK		00:37:28	00:53:01	00:59:33.00	01:00:27.50	5:57	10.1
407	SIERZYCKI HUBERT	588		WARS ZAWA	POL	M 30-39	123	M 407				00:36:33	00:53:14	00:59:37.25	01:00:49.80	5:57	10.1
408	KRZYŻANOWSKI MACIEJ	348		WARS ZAWA	POL	M 30-39	124	M 408	TAK		BIEGAM NA BIAŁOLEŃCE	00:37:27	00:53:16	00:59:39.65	01:00:50.05	5:57	10.1

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
409	KNAPIK PAWEŁ	803		WARS ZAWA	POL	M 40-49	155	M 409				00:36:50	00:53:07	00:59:41.15	01:00:43.35	5:58	10.1
410	TALAROWSKI JACEK	669		WARS ZAWA	POL	M 40-49	156	M 410	TAK			00:37:04	00:53:24	00:59:48.35	01:00:58.45	5:58	10
411	WALLIS PATRICK	830	FUNDACJA INTER PARES	RADO MIN	POL	M 50-59	58	M 411				00:33:45	00:53:01	00:59:51.60	00:59:59.05	5:59	10
412	TRZESIŃSKI MICHAŁ	686		WARS ZAWA	POL	M 30-39	125	M 412	TAK			00:36:13	00:53:29	00:59:54.75	01:01:24.00	5:59	10
413	KOSTRUBIEC GRZEGORZ	314		WARS ZAWA	POL	M 30-39	126	M 413	TAK			00:35:50	00:53:00	00:59:55.30	01:00:36.75	5:59	10
414	PIÓRO DAMIAN	516		WARS ZAWA	POL	M 30-39	127	M 414	TAK			00:37:24	00:52:58	00:59:56.70	01:01:06.80	5:59	10
415	SKROBEK PIOTR	831		ŁOMI ANKI	POL	M 30-39	128	M 415				00:39:39	00:54:00	00:59:57.45	01:01:28.20	5:59	10
416	ZASŁONKA PAWEŁ	766		WARS ZAWA	POL	M 30-39	129	M 416	TAK			00:37:49	00:53:48	01:00:00.70	01:00:15.15	6:00	10
417	SIKORA MATEUSZ	590		BEŁC HATÓ W	POL	M 30-39	130	M 417				00:36:03	00:53:02	01:00:15.05	01:01:10.65	6:01	10
418	WOŹNY ANDRZEJ	746		WARS ZAWA	POL	M 50-59	59	M 418	TAK			00:37:00	00:53:34	01:00:16.80	01:01:29.85	6:01	10
419	MORAWSKI KRZYSZTOF	446		NOWY DWÓR MAZO WIEC KI	POL	M 50-59	60	M 419				00:37:53	00:53:40	01:00:23.80	01:01:38.00	6:02	9.9
420	KOSIERADZKI PAWEŁ	982	MASTERS DOJO	WARS ZAWA	POL	M 50-59	61	M 420	TAK			00:36:12	00:53:41	01:00:26.10	01:01:15.85	6:02	9.9
421	MARSZAŁEK MARIUSZ	419		WARS ZAWA	POL	M 50-59	62	M 421	TAK			00:37:58	00:53:53	01:00:29.45	01:01:41.05	6:02	9.9
422	TOMASZEWSKI JACEK	676		WARS ZAWA	POL	M 30-39	131	M 422	TAK			00:37:04	00:54:09	01:00:37.80	01:01:32.05	6:03	9.9
423	PIATKA TOMASZ	507	ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	M 30-39	132	M 423			ADIDAS RUNNERS WARSAW	00:36:30	00:54:30	01:00:44.30	01:01:41.55	6:04	9.9
424	ILIN VADYM	209		WARS ZAWA	POL	M 30-39	133	M 424				00:35:15	00:53:29	01:00:46.00	01:01:05.90	6:04	9.9
425	GAJEWSKI PAWEŁ	154		WARS ZAWA	POL	M 40-49	157	M 425				00:37:45	00:54:11	01:00:50.10	01:01:40.45	6:05	9.9
426	BIENIEK WOJCIECH	48		WARS ZAWA	POL	M 30-39	134	M 426				00:37:39	00:54:21	01:00:54.95	01:01:49.15	6:05	9.9
427	PEŚIEK ADAM	506		WARS ZAWA	POL	M 40-49	158	M 427		TAK		00:38:03	00:54:17	01:00:55.00	01:02:22.95	6:05	9.8
428	GAWROŃSKI BARTOSZ	798		JABLO NNA	POL	M 40-49	159	M 428				00:37:16	00:54:25	01:01:00.05	01:02:30.95	6:06	9.8
429	CIEŚLA GRZEGORZ	96		WARS ZAWA	POL	M 40-49	160	M 429	TAK			00:37:40	00:54:27	01:01:00.20	01:02:10.50	6:06	9.8
430	KOSTRZEWSKI PIOTR	998		MILAN ÓWEK	POL	M 50-59	63	M 430				00:38:01	00:54:36	01:01:07.30	01:02:46.95	6:06	9.8
431	ROSTEK ANDRZEJ	564		MARK I	POL	M 50-59	64	M 431		TAK		00:37:47	00:54:21	01:01:08.60	01:02:16.25	6:06	9.8
432	WĘGLIŃSKI JAKUB	713		WARS ZAWA	POL	M 1-29	58	M 432	TAK			00:38:02	00:54:47	01:01:13.55	01:02:26.70	6:07	9.8
433	WOŁOSZKA DARIUSZ	743		WARS ZAWA	POL	M 40-49	161	M 433				00:37:55	00:54:41	01:01:25.15	01:01:49.10	6:08	9.8
434	OBROŚLAK GRZEGORZ	470		WARS ZAWA	POL	M 1-29	59	M 434	TAK			00:35:51	00:54:44	01:01:30.65	01:02:16.95	6:09	9.8

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
									<b>Białołęki</b>								
435	SIKORSKI PAWEŁ	592	GAMMA	WARS ZAWA	POL	M 40-49	162	M 435	TAK			00:37:53	00:55:00	01:01:38.60	01:02:39.55	6:09	9.7
436	WĘGRZYN WOJCIECH	978		WARS ZAWA	POL	M 30-39	135	M 436				00:38:28	00:54:32	01:01:39.40	01:02:59.60	6:09	9.7
437	ŻÓŁCIŃSKI WALDEMAR	784	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 60+	17	M 437		TAK	GRUPA BIEGOWA UM W-WA	00:38:47	00:55:07	01:01:41.35	01:03:23.55	6:10	9.7
438	BARTNIK RAFAŁ	25	ZABIEGANY WOŁOMIN	WARS ZAWA	POL	M 40-49	163	M 438				00:38:48	00:54:53	01:01:44.50	01:02:47.85	6:10	9.7
439	WISZOWATY DANIEL	726		WARS ZAWA	POL	M 30-39	136	M 439	TAK			00:38:34	00:55:22	01:01:45.90	01:03:14.40	6:10	9.7
440	KACZOREK ROBERT	253		WARS ZAWA	POL	M 60+	18	M 440				00:38:36	00:54:57	01:01:48.90	01:02:37.35	6:10	9.7
441	SZOSTAK GRZEGORZ	654		WARS ZAWA	POL	M 40-49	164	M 441	TAK			00:38:02	00:55:24	01:01:54.35	01:02:56.00	6:11	9.7
442	ZACŁONA PAWEŁ	758		ZIELO NKA	POL	M 30-39	137	M 442				00:37:04	00:54:26	01:01:59.30	01:02:44.90	6:11	9.7
443	KOZICKI DAWID	330		WARS ZAWA	POL	M 1-29	60	M 443				00:38:12	00:55:25	01:01:59.35	01:03:09.35	6:11	9.7
444	ZADLEWICZ MAREK	842		WARS ZAWA	POL	M 40-49	165	M 444				00:37:37	00:55:26	01:02:13.60	01:03:29.35	6:13	9.6
445	NIEWIADOMSKI ZDZISŁAW	460		WARS ZAWA	POL	M 60+	19	M 445				00:37:57	00:55:06	01:02:15.70	01:03:21.80	6:13	9.6
446	KUNKA PIOTR	355	TEAM ZABIEGANEDNI	JAKUB ÓW	POL	M 40-49	166	M 446			TEAM ZABIEGANEDNI	00:37:50	00:54:35	01:02:16.45	01:03:21.95	6:13	9.6
447	KOPCZYŃSKI ARKADIUSZ	303		WARS ZAWA	POL	M 50-59	65	M 447				00:36:32	00:55:37	01:02:19.45	01:03:23.30	6:13	9.6
448	SZCZEPANIAK MARIUSZ	644		WARS ZAWA	POL	M 50-59	66	M 448	TAK			00:37:14	00:54:54	01:02:20.55	01:04:03.55	6:14	9.6
449	PIETRZYKOWSKI JAKUB	510		WARS ZAWA	POL	M 1-29	61	M 449	TAK			00:33:03	00:55:04	01:02:22.45	01:02:52.75	6:14	9.6
450	DOBRUCH ROBERT	120		WARS ZAWA	POL	M 50-59	67	M 450				00:39:00	00:55:42	01:02:23.30	01:03:17.35	6:14	9.6
451	ZADROŻNY ANDRZEJ	759		WARS ZAWA	POL	M 40-49	167	M 451	TAK			00:38:34	00:55:32	01:02:23.70	01:03:39.05	6:14	9.6
452	LESNIEWSKI PAWEŁ	373		WARS ZAWA	POL	M 40-49	168	M 452	TAK			00:38:45	00:55:50	01:02:41.45	01:04:01.95	6:16	9.6
453	BOBOWSKI SEBASTIAN	55		WARS ZAWA	POL	M 40-49	169	M 453	TAK			00:37:00	00:55:55	01:02:57.65	01:03:54.30	6:17	9.5
454	GADAWSKI EDWARD	153		WARS ZAWA	POL	M 1-29	62	M 454				00:38:42	00:57:06	01:03:25.60	01:04:34.65	6:20	9.5
455	CHODUN PAWEŁ	82		WARS ZAWA	POL	M 30-39	138	M 455				00:40:12	00:57:08	01:03:34.10	01:05:13.45	6:21	9.4
456	TORZEWSKI JANUSZ	681	WAT	WARS ZAWA	POL	M 50-59	68	M 456				00:39:20	00:56:18	01:03:36.10	01:05:03.05	6:21	9.4
457	SKRZYPECKI JAKUB	601	ANPHARM RUN TEAM	WARS ZAWA	POL	M 30-39	139	M 457				00:39:32	00:56:46	01:03:38.00	01:04:24.55	6:21	9.4
458	BIAŁEK TOMASZ	41		ŁÓDŹ	POL	M 30-39	140	M 458				00:38:35	00:56:56	01:03:38.75	01:04:09.15	6:21	9.4
459	DĄBROWSKI ANDRZEJ	112	TARCZYŃSKI KLUB BIEGOWY	JÓZEF ÓW	POL	M 60+	20	M 459				00:39:21	00:57:07	01:03:47.30	01:04:42.30	6:22	9.4
460	UFNAL MACIEJ	690		GROC HÓW SZLA CHEC KI	POL	M 30-39	141	M 460				00:38:06	00:55:57	01:03:47.65	01:05:01.40	6:22	9.4
461	RAJCHEMBACH ADAM	556		WARS ZAWA	POL	M 30-39	142	M 461	TAK			00:36:58	00:55:43	01:03:49.30	01:05:10.40	6:22	9.4

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
462	MEDEL CEZARY	429		MARK I	POL	M 50-59	69	M 462				00:37:56	00:57:14	01:03:50.70	01:04:57.45	6:23	9.4
463	KRUKOWSKI SEBASTIAN	342		NIEBO RÓW	POL	M 30-39	143	M 463				00:39:17	00:57:07	01:03:51.55	01:05:02.75	6:23	9.4
464	KRÓL PATRYK	339		WARS ZAWA	POL	M 30-39	144	M 464				00:37:07	00:56:35	01:03:57.10	01:04:50.25	6:23	9.4
465	URBANIAK PAWEŁ	692		WARS ZAWA	POL	M 40-49	170	M 465	TAK			00:40:16	00:57:22	01:04:00.25	01:04:07.05	6:24	9.4
466	GARWOŁA PAWEŁ	157		LEGIO NOWO	POL	M 40-49	171	M 466				00:39:35	00:57:08	01:04:04.30	01:05:21.75	6:24	9.4
467	ŁOZOWSKI ROBERT	396	DOMELO ROBERT ŁOZOWSKI	WARS ZAWA	POL	M 40-49	172	M 467	TAK			00:39:06	00:57:02	01:04:10.25	01:05:16.95	6:25	9.4
468	CZAJKOWSKI RAFAŁ	100	EKOBIEGI	WARS ZAWA	POL	M 40-49	173	M 468	TAK			00:40:48	00:57:00	01:04:12.40	01:05:31.20	6:25	9.3
469	MALER WŁADYSŁAW	411	REEBOK RUN CREW	WARS ZAWA	POL	M 60+	21	M 469				00:39:13	00:56:59	01:04:16.35	01:05:30.75	6:25	9.3
470	KOWALCZYK RYSZARD	321	APOSTOŁOWIE TRX	WARS ZAWA	POL	M 60+	22	M 470				00:38:45	00:56:42	01:04:22.25	01:05:58.80	6:26	9.3
471	JANISZEWSKI JAN	221		NIDZI CA	POL	M 60+	23	M 471				00:40:13	00:57:24	01:04:32.50	01:05:35.05	6:27	9.3
472	KOZAK PAWEŁ	328		MARK I	POL	M 30-39	145	M 472		TAK		00:41:21	00:57:59	01:04:36.50	01:06:05.25	6:27	9.3
473	PAC BARTOSZ	495		WARS ZAWA	POL	M 40-49	174	M 473				00:39:28	00:57:14	01:04:37.85	01:05:52.70	6:27	9.3
474	JEŻMAŃSKI SŁAWEK	241	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	175	M 474	TAK		BIEGAM NA TARCHOMINIE	00:39:29	00:57:10	01:04:45.20	01:05:52.25	6:28	9.3
475	CHOJNOWSKI ANDRZEJ	84	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	176	M 475	TAK		BIEGAM NA TARCHOMINIE	00:38:54	00:57:14	01:04:47.15	01:06:17.20	6:28	9.3
476	POŚNIK MICHAŁ	823		WARS ZAWA	POL	M 30-39	146	M 476	TAK			00:39:57	00:57:34	01:04:48.70	01:06:07.35	6:28	9.3
477	REŚLIŃSKI PIOTR	558		TARC HOMIN	POL	M 1-29	63	M 477	TAK			00:38:06	00:57:34	01:04:49.40	01:05:56.95	6:28	9.3
478	KWAŚNIEWSKI TOMASZ	363		PIAST ÓW	POL	M 40-49	177	M 478				00:39:42	00:57:37	01:04:53.90	01:05:39.00	6:29	9.2
479	ZAKHARKEVICH ALEXANDER	992		WARS ZAWA	POL	M 40-49	178	M 479	TAK			00:39:43	00:57:59	01:05:03.40	01:06:37.95	6:30	9.2
480	KOWALCZYK ZDZISŁAW	322	JW 2189	WARS ZAWA	POL	M 40-49	179	M 480	TAK			00:39:03	00:57:23	01:05:06.00	01:06:02.15	6:30	9.2
481	KRZYWIEC PRZEMYSŁAW	347		FALE NTY	POL	M 30-39	147	M 481				00:41:29	00:58:59	01:05:35.65	01:05:47.40	6:33	9.1
482	TYBURC PAWEŁ	69	RADA DZIELNICY BIAŁOLEKA	WARS ZAWA	POL	M 50-59	70	M 482	TAK	TAK		00:40:43	00:58:35	01:05:38.10	01:07:14.20	6:33	9.1
483	SZCZEPAŃSKI MATEUSZ	645		NOWY DWÓR MAZO WIEC KI	POL	M 1-29	64	M 483			LEWANDOWSCY	00:40:28	00:58:15	01:05:47.55	01:06:51.55	6:34	9.1
484	PARK JONG GYU	818	NONE	WRO CLAW	POL	M 40-49	180	M 484				00:38:59	00:58:13	01:05:54.35	01:06:16.10	6:35	9.1
485	MEJOR JAN	428		WARS ZAWA	POL	M 30-39	148	M 485	TAK			00:39:30	00:58:15	01:06:08.85	01:07:11.30	6:36	9.1
486	KASPRZAK MARCIN	267		WARS ZAWA	POL	M 50-59	71	M 486	TAK			00:40:45	00:58:57	01:06:16.55	01:07:44.20	6:37	9.1

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
487	LECHÓW MARCIN	368		MARK I	POL	M 40-49	181	M 487				00:39:52	00:58:15	01:06:23.75	01:07:31.45	6:38	9
488	KOWALSKI TOMASZ	326	KB PACE	WARS ZAWA	POL	M 40-49	182	M 488				00:42:04	00:59:44	01:06:25.55	01:07:31.35	6:38	9
489	KATNER TOMASZ	268		WARS ZAWA	POL	M 40-49	183	M 489				00:40:49	00:59:18	01:06:31.20	01:08:06.15	6:39	9
490	WOJTCZAK ADRIAN	738		EŁK	POL	M 40-49	184	M 490				00:40:06	00:58:36	01:06:36.05	01:07:18.75	6:39	9
491	MEDVETSKYI ILLIA	427		WARS ZAWA	POL	M 1-29	65	M 491	YES			00:39:31	00:58:06	01:06:38.95	01:06:57.35	6:39	9
492	KUŹMICKI JAKUB	362	PGNIG TERMIKA SA	WARS ZAWA	POL	M 1-29	66	M 492			PGNIG TERMIKA SA	00:40:49	00:59:28	01:06:47.25	01:08:03.90	6:40	9
493	GÓRKA RAFAŁ	180	T-MOBILE SPORT TEAM	WARS ZAWA	POL	M 50-59	72	M 493	TAK			00:40:40	00:59:24	01:06:54.90	01:08:05.50	6:41	9
494	JEDYNAK PAWEŁ	236		WARS ZAWA	POL	M 40-49	185	M 494	TAK			00:42:12	01:00:16	01:07:08.85	01:08:41.90	6:42	8.9
495	WŁODARCZYK PAWEŁ	733		WARS ZAWA	POL	M 40-49	186	M 495				00:40:33	00:59:43	01:07:12.45	01:08:19.00	6:43	8.9
496	KOWALSKI KONRAD	807		WARS ZAWA	POL	M 1-29	67	M 496				00:41:07	01:00:13	01:07:26.70	01:08:27.75	6:44	8.9
497	ZAJĄC PIOTR	760		WARS ZAWA	POL	M 40-49	187	M 497	TAK			00:42:38	01:00:22	01:07:27.10	01:09:07.45	6:44	8.9
498	PRĘGOWSKI GRZEGORZ	538	EKOBIEGI	WARS ZAWA	POL	M 50-59	73	M 498				00:41:58	01:00:06	01:07:32.90	01:08:52.60	6:45	8.9
499	WRÓBLEWSKI TOMASZ	996		WARS ZAWA	POL	M 30-39	149	M 499	TAK			00:42:11	01:00:33	01:07:42.20	01:09:19.50	6:46	8.9
500	MYŚLIWIEC PIOTR	452	AKTYWNI PO ZAWALE	WARS ZAWA	POL	M 40-49	188	M 500				00:41:33	01:00:19	01:07:50.45	01:08:40.75	6:47	8.8
501	KOSECKI JAKUB	309		ŁOMI ANKI	POL	M 40-49	189	M 501				00:39:43	00:57:38	01:08:00.15	01:09:51.35	6:48	8.8
502	FIEDOSIUK MICHAŁ	140	DZIKUNY	WARS ZAWA	POL	M 40-49	190	M 502	TAK			00:41:51	01:00:26	01:08:02.45	01:08:48.45	6:48	8.8
503	GRUDZIŃSKI ŁUKASZ	186		WARS ZAWA	POL	M 40-49	191	M 503		TAK		00:42:25	01:01:00	01:08:13.65	01:09:43.10	6:49	8.8
504	MACIĄG PATRYK	400		WARS ZAWA	POL	M 30-39	150	M 504				00:41:24	01:00:56	01:08:27.40	01:09:32.15	6:50	8.8
505	CZARNOTA ANDRZEJ	102		WARS ZAWA	POL	M 50-59	74	M 505				00:42:54	01:00:53	01:09:03.80	01:10:33.25	6:54	8.7
506	ZIĘBA TOMASZ	776		WARS ZAWA	POL	M 40-49	192	M 506				00:42:18	01:01:14	01:09:04.15	01:10:28.70	6:54	8.7
507	KRZECZEWSKI JACEK	344		WARS ZAWA	POL	M 50-59	75	M 507				00:42:08	01:01:13	01:09:09.40	01:10:11.85	6:54	8.7
508	KULBACKI KAMIL	351		WARS ZAWA	POL	M 30-39	151	M 508	TAK			00:42:25	01:01:19	01:09:15.30	01:10:37.00	6:55	8.7
509	DĄBROWA BARTOSZ	30		WARS ZAWA	POL	M 1-29	68	M 509	TAK	TAK		00:43:35	01:02:01	01:09:20.10	01:10:53.85	6:56	8.7
510	PRYBYSH DMITRI	541		WARS ZAWA	BEL	M 30-39	152	M 510				00:43:18	01:02:11	01:09:25.05	01:10:57.30	6:56	8.6
511	SOCHOCKI DAREK	613		LEGIO NOWO	POL	M 50-59	76	M 511				00:41:31	01:00:49	01:09:27.20	01:10:52.40	6:56	8.6
512	KUCOWSKI ROBERT	971		WARS ZAWA	POL	M 40-49	193	M 512	TAK			00:43:31	01:01:55	01:09:32.15	01:10:50.65	6:57	8.6
513	WALKIEWICZ TOMASZ	705		WARS ZAWA	POL	M 1-29	69	M 513				00:43:54	01:02:31	01:09:33.75	01:10:43.35	6:57	8.6
514	GLASSER MAREK	165		WARS ZAWA	POL	M 60+	24	M 514				00:41:43	01:01:39	01:09:50.45	01:11:05.45	6:59	8.6



**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
515	PASZKOWSKI CEZARY	819	LEŚNE SZYCHY	WARS ZAWA	POL	M 40-49	194	M 515				00:43:54	01:01:31	01:09:50.70	01:11:21.35	6:59	8.6
516	BIELECKI JACEK	46	RUN CZARNÓW	CZAR NÓW	POL	M 50-59	77	M 516	TAK			00:42:34	01:01:49	01:10:05.90	01:11:19.05	7:00	8.6
517	JANUCHTA TOMASZ	225		WARS ZAWA	POL	M 50-59	78	M 517				00:43:55	01:02:29	01:10:06.30	01:11:22.50	7:00	8.6
518	BALCERZAK TOMASZ	20		LEGIO NOW O	POL	M 40-49	195	M 518				00:41:57	01:02:29	01:10:16.20	01:11:08.95	7:01	8.5
519	CHYSTIKOV ARTEM	790		WARS ZAWA	UKR	M 30-39	153	M 519	TAK			00:41:45	01:02:25	01:10:18.80	01:11:40.10	7:01	8.5
520	BERLIŃSKI KAMIL	36		WARS ZAWA	POL	M 30-39	154	M 520	TAK			00:43:24	01:02:46	01:10:48.75	01:12:29.60	7:04	8.5
521	ŁOTOWSKI EMIL	392		LEGIO NOW O	POL	M 30-39	155	M 521				00:43:10	01:00:07	01:10:52.75	01:12:19.10	7:05	8.5
522	GRABOWSKI LESZEK	182	STARE BABICE BIEGAJĄ	LATC HORZ EW	POL	M 50-59	79	M 522		TAK		00:43:55	01:03:12	01:11:07.00	01:12:31.80	7:06	8.4
523	SMAGIEL TOMASZ	605		WARS ZAWA	POL	M 50-59	80	M 523	TAK			00:42:32	01:03:14	01:11:08.30	01:12:17.80	7:06	8.4
524	LECH PAWEŁ	23		WARS ZAWA	POL	M 50-59	81	M 524		TAK		00:43:06	01:02:57	01:11:11.50	01:12:50.70	7:07	8.4
525	VARGHEO JITHIN	972		WARS ZAWA	POL	M 50-59	82	M 525				00:44:17	01:03:44	01:11:28.55	01:12:49.25	7:08	8.4
526	BRZÓZKA KAMIL	65	TARCHO ZIOMY	WARS ZAWA	POL	M 40-49	196	M 526	TAK			00:43:50	01:04:05	01:11:48.30	01:13:28.95	7:10	8.4
527	DZIEDZIC ŁUKASZ	132		WARS ZAWA	POL	M 40-49	197	M 527	TAK			00:44:37	01:03:45	01:11:55.55	01:13:09.95	7:11	8.3
528	SIKORSKI PAWEŁ	593	KIP RUNNING	MAGD ALEN KA	POL	M 40-49	198	M 528				00:44:43	01:04:11	01:12:23.20	01:13:57.15	7:14	8.3
529	KOSOWSKI WIESŁAW	313	-	OTW OCK	POL	M 60+	25	M 529				00:44:34	01:04:29	01:13:02.65	01:14:30.55	7:18	8.2
530	DANIELSKI JACEK	109	PZU SPORT TEAM	WARS ZAWA	POL	M 40-49	199	M 530	TAK			00:43:46	01:04:57	01:13:11.10	01:14:19.65	7:19	8.2
531	NOWICKI DARIUSZ	466	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	200	M 531	TAK		BIEGAM NA TARCHOMINIE	00:45:17	01:05:33	01:13:55.40	01:15:19.55	7:23	8.1
532	LIBERA PAWEŁ	382	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	201	M 532	TAK	TAK	GRUPA BIEGOWA UM W-WA	00:44:34	01:06:11	01:14:42.85	01:16:23.10	7:28	8
533	NASKRĘT MARIUSZ	453		RACO T	POL	M 40-49	202	M 533				00:46:27	01:06:56	01:14:48.35	01:16:14.35	7:28	8
534	BIELEC BARTŁOMIEJ	43		WARS ZAWA	POL	M 40-49	203	M 534				00:46:05	01:06:30	01:14:50.10	01:16:30.15	7:29	8
535	DYMEL ANDRZEJ	131	MARKOWI BIEGACZE	WARS ZAWA	POL	M 60+	26	M 535	TAK			00:46:56	01:07:01	01:15:11.90	01:16:16.85	7:31	8
536	RUSIN MICHAŁ	829		JABŁO NNA	POL	M 1-29	70	M 536				00:45:20	01:05:45	01:15:14.25	01:16:37.80	7:31	8
537	RUSIN BARTOSZ	827		JABŁO NNA	POL	M 50-59	83	M 537				00:45:04	01:06:44	01:15:20.45	01:16:43.60	7:32	8
538	SULEJCZYK PIOTR	637	ZALATANI 1.BLTR	BUDY BARC ZĄCKI E	POL	M 50-59	84	M 538				00:46:47	01:06:57	01:15:39.55	01:16:57.65	7:33	7.9
539	DZIEPAK PIOTR	133	ZALATANI 1 BLTR	WOLA MROK OWSK A	POL	M 40-49	204	M 539			ZALATANI 1 BLTR	00:46:48	01:06:58	01:15:40.45	01:16:57.95	7:34	7.9

**BIEG PRZEZ MOST , M Odcinek specjalny c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
540	SZCZĘSNY ADRIAN	646		WARS ZAWA	POL	M 1-29	71	M 540				00:47:13	01:07:51	01:16:02.95	01:17:46.25	7:36	7.9
541	KŁYK PIOTR	288		KIELPI N	POL	M 30-39	156	M 541		TAK		00:47:34	01:08:01	01:17:07.95	01:18:36.40	7:42	7.8
542	SOKOŁOWSKI MARIAN	614	SAMOTNY WILK	WARS ZAWA	POL	M 60+	27	M 542				00:44:39	01:07:40	01:17:14.65	01:18:31.80	7:43	7.8
543	SOBOLEWSKI MATEUSZ	610	ŻÓRAWSKI TEAM	WARS ZAWA	POL	M 1-29	72	M 543	TAK		ŻÓRAWSKI TEAM	00:50:01	00:59:07	01:17:23.00	01:17:23.00	7:44	7.8
544	SZOSTAKOWSKI JAROSŁAW	2	BIEGAM DOBRZE DLA FUNDACJI SYNOPSIS	WARS ZAWA	POL	M 50-59	85	M 544				00:46:54	01:08:16	01:17:44.10	01:19:19.60	7:46	7.7
545	LIPIEC TOMASZ	384		PIASE CZNO	POL	M 50-59	86	M 545				00:48:56	01:09:20	01:17:57.45	01:19:09.40	7:47	7.7
546	ZATYLNY TOMASZ	768		WARS ZAWA	POL	M 40-49	205	M 546	TAK			00:46:22	01:08:41	01:18:23.55	01:19:59.65	7:50	7.7
547	GRZEŚLAK KRZYSZTOF	192	DZIKUNY	WARS ZAWA	POL	M 30-39	157	M 547	TAK			00:48:42	01:09:26	01:18:25.60	01:19:52.85	7:50	7.7
548	SMOK TOMASZ	606		WARS ZAWA	POL	M 40-49	206	M 548	TAK			00:45:03	01:08:05	01:18:37.30	01:19:58.30	7:51	7.6
549	KUREK GUSTAW	358		WARS ZAWA	POL	M 50-59	87	M 549	TAK			00:47:38	01:10:09	01:19:00.80	01:20:23.25	7:54	7.6
550	OLCZAK WITOLD	476	UMCS BIEGA	WARS ZAWA	POL	M 60+	28	M 550				00:49:03	01:10:07	01:19:15.15	01:20:56.75	7:55	7.6
551	KOWALSKI WISŁAW	808		WARS ZAWA	POL	M 50-59	88	M 551	TAK			00:49:17	01:11:29	01:20:19.70	01:21:20.05	8:01	7.5
552	DRZEWICZ TOMASZ	126	PROMENADA SZKOŁA TAŃCA R'N'ROLLA AKROBATICZNEGO	WARS ZAWA	POL	M 50-59	89	M 552				00:49:59	01:11:54	01:20:24.65	01:20:24.65	8:02	7.5
553	SIUDZIŃSKI REMIGIUSZ	595	RIGHT SOLUTIONS REMIGIUSZ SIUDZIŃSKI	WARS ZAWA	POL	M 40-49	207	M 553				00:50:57	01:12:59	01:22:09.95	01:23:48.55	8:12	7.3
554	ŻELAZKO MICHAŁ	783	STARYDZIAD AMORZE	WARS ZAWA	POL	M 50-59	90	M 554				00:50:53	01:14:16	01:23:56.15	01:25:18.05	8:23	7.1
555	CZYŻ MICHAŁ	107		WARS ZAWA	POL	M 30-39	158	M 555	TAK			00:51:23	01:14:41	01:24:42.25	01:25:42.60	8:28	7.1
556	STAŃKOWSKI HUBERT	621	TEAM WARIAT	WARS ZAWA	POL	M 1-29	73	M 556	TAK			00:53:26	01:16:00	01:25:42.20	01:27:04.85	8:34	7
557	CZECHOWSKI JERZY	104	MZA - WARSZAWA	WARS ZAWA	POL	M 60+	29	M 557		TAK		00:55:36	01:18:41	01:28:27.65	01:30:05.90	8:50	6.8
558	FACON JANUSZ	136		WARS ZAWA	POL	M 50-59	91	M 558	TAK			00:28:37	00:40:26			4:29	13.4
559	MARSZAL MARIUSZ	417	WETELECOM	WARS ZAWA	POL	M 40-49	208	M 559									
560	CHMIELEWSKI MACIEJ	79		WARS ZAWA	POL	M 40-49	209	M 560		TAK							
561	KWIECIEŃ JAROSŁAW	365		WARS ZAWA	POL	M 50-59	92	M 561	TAK								

**BIEG PRZEZ MOST , M Samorządowcy**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	SOBCZYK GRZEGORZ	607	KOZIENICKI BIEGACZ	KOZIE NICE	POL	M 30-39	11	M 17		TAK	KOZIENICKI BIEGACZ	00:23:31	00:33:41	00:37:53.60	00:38:00.20	3:47	15.8

**BIEG PRZEZ MOST , M Samorządowcy c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
2	LENDZION MARCIN	372	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 1-29	7	M 45		TAK	GRUPA BIEGOWA UM W-WA	00:26:04	00:37:11	00:41:42.80	00:41:50.85	4:10	14.4
3	STASZEWSKI WOJCIECH	622	KS STASZEWSKY	WARS ZAWA	POL	M 50-59	5	M 46		TAK	KS STASZEWSKY	00:26:14	00:37:22	00:41:52.55	00:41:59.65	4:11	14.3
4	KLOC MACIEJ	283	FALA NIEPORĘT	ARCIE CHÓ W	POL	M 1-29	8	M 48		TAK		00:25:50	00:37:36	00:42:08.60	00:42:17.20	4:12	14.2
5	KOSTRZEWA MICHAŁ	315	GRUPA BIEGOWA UM WARSZAWA	WARS ZAWA	POL	M 30-39	35	M 92		TAK	GRUPA BIEGOWA UM W-WA	00:28:30	00:41:16	00:46:00.85	00:46:07.95	4:36	13
6	MAĆKOWIAK MATEUSZ	405		WARS ZAWA	POL	M 1-29	16	M 146		TAK		00:29:26	00:43:05	00:48:36.25	00:48:39.05	4:51	12.3
7	ŻEBROWSKI WIKTOR	781		MARK I	POL	M 1-29	24	M 168		TAK		00:30:20	00:44:09	00:49:24.35	00:49:38.45	4:56	12.1
8	LENDZION JAROSŁAW	371	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	60	M 177		TAK	GRUPA BIEGOWA UM W-WA	00:31:36	00:44:29	00:49:40.00	00:50:06.35	4:58	12.1
9	MIODUSZEWSKI MARCIN	442	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	65	M 188		TAK	GRUPA BIEGOWA UM W-WA	00:31:38	00:44:27	00:49:55.55	00:51:33.20	4:59	12
10	MILEWSKI PATRYK	440	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 30-39	71	M 196		TAK	GRUPA BIEGOWA UM W-WA	00:30:58	00:44:50	00:50:26.85	00:51:04.05	5:02	11.9
11	JAWORSKI PIOTR	523		WARS ZAWA	POL	M 40-49	83	M 228	TAK	TAK		00:32:55	00:46:13	00:51:58.50	00:52:32.25	5:11	11.5
12	MACHOŃ PAWEŁ	403	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	129	M 338		TAK	GRUPA BIEGOWA UM W-WA	00:34:37	00:50:05	00:56:32.50	00:57:07.85	5:39	10.6
13	KOZAKIEWICZ TOMASZ	329		BOŻA WOLA	POL	M 30-39	121	M 399		TAK		00:37:41	00:53:09	00:59:08.60	01:00:28.00	5:54	10.1
14	ZYGADŁO PIOTR	779		WARS ZAWA	POL	M 40-49	154	M 406		TAK		00:37:28	00:53:01	00:59:33.00	01:00:27.50	5:57	10.1
15	PĘSIEK ADAM	506		WARS ZAWA	POL	M 40-49	158	M 427		TAK		00:38:03	00:54:17	01:00:55.00	01:02:22.95	6:05	9.8
16	ROSTEK ANDRZEJ	564		MARK I	POL	M 50-59	64	M 431		TAK		00:37:47	00:54:21	01:01:08.60	01:02:16.25	6:06	9.8
17	ŻÓŁCIŃSKI WALDEMAR	784	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 60+	17	M 437		TAK	GRUPA BIEGOWA UM W-WA	00:38:47	00:55:07	01:01:41.35	01:03:23.55	6:10	9.7
18	KOZAK PAWEŁ	328		MARK I	POL	M 30-39	145	M 472		TAK		00:41:21	00:57:59	01:04:36.50	01:06:05.25	6:27	9.3
19	TYBURC PAWEŁ	69	RADA DZIELNICY BIAŁOŁĘKA	WARS ZAWA	POL	M 50-59	70	M 482	TAK	TAK		00:40:43	00:58:35	01:05:38.10	01:07:14.20	6:33	9.1
20	GRUDZIŃSKI ŁUKASZ	186		WARS ZAWA	POL	M 40-49	191	M 503		TAK		00:42:25	01:01:00	01:08:13.65	01:09:43.10	6:49	8.8
21	DĄBROWA BARTOSZ	30		WARS ZAWA	POL	M 1-29	68	M 509	TAK	TAK		00:43:35	01:02:01	01:09:20.10	01:10:53.85	6:56	8.7
22	GRABOWSKI LESZEK	182	STARE BABICE BIEGAJĄ	LATC HORZ EW	POL	M 50-59	79	M 522		TAK		00:43:55	01:03:12	01:11:07.00	01:12:31.80	7:06	8.4
23	LECH PAWEŁ	23		WARS ZAWA	POL	M 50-59	81	M 524		TAK		00:43:06	01:02:57	01:11:11.50	01:12:50.70	7:07	8.4
24	LIBERA PAWEŁ	382	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	201	M 532	TAK	TAK	GRUPA BIEGOWA UM W-WA	00:44:34	01:06:11	01:14:42.85	01:16:23.10	7:28	8
25	KŁYK PIOTR	288		KIELPI N	POL	M 30-39	156	M 541		TAK		00:47:34	01:08:01	01:17:07.95	01:18:36.40	7:42	7.8
26	CZECHOWSKI JERZY	104	MZA - WARSZAWA	WARS ZAWA	POL	M 60+	29	M 557		TAK		00:55:36	01:18:41	01:28:27.65	01:30:05.90	8:50	6.8
27	CHMIELEWSKI MACIEJ	79		WARS ZAWA	POL	M 40-49	209	M 560		TAK							

**BIEG PRZEZ MOST , Mieszkaniec Białoleki**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	PYRZAK PAWEŁ	547	BIEGANIEPO40.PL	WARS ZAWA	POL	M 30-39	2	M 3	TAK		BIEGANIE PO 40	00:22:05	00:31:24	00:35:19.70	00:35:21.70	3:31	17
2	KRZESZEWSKI RAFAŁ	346	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	M 30-39	3	M 4	TAK		BIEGAJ POD OKIEM TRENERA	00:22:50	00:32:12	00:35:58.30	00:36:01.30	3:35	16.7
3	URMANOWSKI DANIEL	694	DREAM RUN	WARS ZAWA	POL	M 30-39	5	M 7	TAK			00:22:36	00:32:22	00:36:23.55	00:36:26.05	3:38	16.5
4	KUREK JAROSŁAW	357	WAT	WARS ZAWA	POL	M 30-39	6	M 8	TAK			00:23:00	00:32:36	00:36:32.20	00:36:34.75	3:39	16.4
5	KOBYLECKI MATEUSZ	293	BIEGNĘ PO PIWO	WARS ZAWA	POL	M 1-29	1	M 9	TAK			00:22:59	00:32:41	00:36:37.45	00:36:40.25	3:39	16.4
6	HILDEBRAND MARCIN	203	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 30-39	7	M 10	TAK		BIEGAM NA TARCHOMINIE	00:22:59	00:32:43	00:36:51.95	00:36:55.05	3:41	16.3
7	JASZCZERSKI PAWEŁ	234		WARS ZAWA	POL	M 30-39	9	M 12	TAK			00:23:31	00:33:24	00:37:25.25	00:37:29.35	3:44	16
8	MIOTK MARCIN	443	MIOTK.PL EVEREST MOTYWACJI	WARS ZAWA	POL	M 50-59	1	M 13	TAK		BIEGANIE PO 40	00:23:29	00:33:27	00:37:32.90	00:37:35.85	3:45	16
9	KLAŚ ŁUKASZ	279	TEAM PARSCZYŃSKIXH	WARS ZAWA	POL	M 40-49	6	M 22	TAK			00:23:47	00:34:09	00:38:22.50	00:38:25.15	3:50	15.6
10	GOZDEK RADEK	177	BIEGANIEPO40.PL	WARS ZAWA	POL	M 50-59	3	M 26	TAK		BIEGANIE PO 40	00:24:25	00:34:53	00:39:14.65	00:39:18.10	3:55	15.3
11	KARPIŃSKI MARCIN	263		WARS ZASA	POL	M 40-49	9	M 30	TAK			00:25:10	00:35:34	00:39:50.05	00:39:56.05	3:59	15.1
12	KUBIAK SŁAWOMIR	349		WARS ZAWA	POL	M 40-49	11	M 36	TAK			00:25:30	00:36:24	00:40:54.35	00:41:00.65	4:05	14.7
13	SZYMAŃSKI ANDRZEJ	657		WARS ZAWA	POL	M 40-49	12	M 40	TAK			00:25:36	00:36:43	00:41:19.80	00:41:24.20	4:07	14.5
14	WASIELEWSKI MAREK	708		WARS ZAWA	POL	M 30-39	23	M 55	TAK			00:26:15	00:37:49	00:42:35.50	00:42:42.75	4:15	14.1
15	ZGODA MATEUSZ	773	NAPRZÓD MŁOCINY	WARS ZAWA	POL	M 30-39	24	M 59	TAK			00:27:20	00:38:32	00:43:06.25	00:43:15.75	4:18	13.9
16	CZARNECKI PIOTR	101	TARCHOŚFIRY	WARS ZAWA	POL	M 40-49	21	M 61	TAK		TARCHOŚFIRY	00:26:51	00:38:33	00:43:12.35	00:43:20.65	4:19	13.9
17	CZERWIEC ANDRZEJ	965	MARKOWI BIEGACZE	MARK I	POL	M 40-49	23	M 67	TAK		MARKOWI BIEGACZE	00:27:12	00:39:03	00:44:00.60	00:44:10.00	4:24	13.6
18	JASKÓŁOWSKI WALDEMAR	232	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	M 50-59	8	M 71	TAK		BIEGAJ POD OKIEM TRENERA	00:27:41	00:39:41	00:44:32.55	00:44:42.25	4:27	13.5
19	WYGONOWSKI JACEK	755	DZIKUR CREW	WARS ZAWA	POL	M 50-59	9	M 83	TAK			00:28:24	00:40:00	00:44:47.25	00:45:24.20	4:28	13.4
20	WICENTY PAWEŁ	715	DECATHLON TARGÓWEK	WARS ZAWA	POL	M 30-39	30	M 80	TAK		DECATHLON TARGÓWEK	00:28:19	00:40:23	00:45:01.35	00:45:18.10	4:30	13.3
21	TYMOLEWSKI GRZEGORZ	689		WARS ZAWA	POL	M 1-29	12	M 79	TAK			00:28:27	00:40:39	00:45:11.25	00:45:17.80	4:31	13.3
22	MICHNOWSKI SEBASTIAN	432	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	32	M 87	TAK		BIEGAM NA TARCHOMINIE	00:28:01	00:40:23	00:45:24.60	00:45:38.40	4:32	13.2
23	BAZHKO VIACHASLAU	26		WARS ZAWA	BLR	M 30-39	36	M 93	DA			00:28:13	00:41:02	00:46:01.30	00:46:45.45	4:36	13
24	KOBYLEC ARTUR	292		WARS ZAWA	POL	M 40-49	36	M 97	TAK			00:28:18	00:41:06	00:46:15.25	00:46:27.25	4:37	13
25	ŚMIETAŁO DAWID	994		WARS ZAWA	POL	M 30-39	40	M 99	TAK			00:28:36	00:41:32	00:46:19.15	00:46:35.25	4:37	13
26	SIEGIEDA MICHAŁ	584	ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	M 30-39	41	M 100	TAK		ADIDAS RUNNERS WARSAW	00:28:12	00:41:02	00:46:21.90	00:46:28.75	4:38	12.9
27	SOBOCIŃSKI MICHAŁ	609	PLAY	WARS ZAWA	POL	M 40-49	38	M 102	TAK			00:29:45	00:41:38	00:46:25.20	00:47:33.75	4:38	12.9
28	GRYSZPANOWICZ PIOTR	190		WARS ZAWA	POL	M 40-49	39	M 105	TAK			00:29:00	00:41:25	00:46:36.35	00:46:54.65	4:39	12.9

**BIEG PRZEZ MOST , Mieszkaniec Białoleki c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
29	DOMŻALSKI ARTUR	122		WARS ZAWA	POL	M 40-49	44	M 120	TAK			00:30:10	00:42:31	00:47:31.75	00:47:53.20	4:45	12.6
30	SKWARCZ PAWEŁ	603		WARS ZAWA	POL	M 30-39	50	M 124	TAK			00:32:35	00:41:47	00:47:42.35	00:47:51.25	4:46	12.6
31	PRĘDOTA KRZYSZTOF	537	TARCHOMIN TRIATHLON TEAM	WARS ZAWA	POL	M 50-59	15	M 125	TAK		TRIATHLON TARCHOMIN TEAM	00:29:38	00:42:28	00:47:42.75	00:47:54.85	4:46	12.6
32	KACPRZYK PAWEŁ	250	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	45	M 126	TAK		BIEGAM NA TARCHOMINIE	00:30:08	00:42:42	00:47:52.95	00:48:15.00	4:47	12.5
33	TOMASZEWSKI MAREK	677	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	46	M 127	TAK		BIEGAM NA TARCHOMINIE	00:29:34	00:42:30	00:47:53.35	00:48:10.90	4:47	12.5
34	STRAWSKI MARCIN	626	OBIEG UWKA	WARS ZAWA	POL	M 40-49	47	M 130	TAK			00:31:30	00:43:01	00:48:01.05	00:48:42.90	4:48	12.5
35	BAK ŁUKASZ	27	BIEGIEM DO AGD SEROCK	WARS ZAWA	POL	M 40-49	48	M 135	YES			00:30:04	00:42:50	00:48:07.00	00:48:45.90	4:48	12.5
36	ZAWROTNY MARIUSZ	771		WARS ZAWA	POL	M 30-39	55	M 140	TAK			00:29:55	00:42:57	00:48:17.10	00:48:22.35	4:49	12.4
37	PIETRASZEK JACEK	509		SULÓ W	POL	M 1-29	15	M 142	TAK			00:30:41	00:43:24	00:48:23.35	00:48:46.05	4:50	12.4
38	SZEWczyk JACEK	649		WARS ZAWA	POL	M 40-49	51	M 144	TAK			00:29:51	00:42:51	00:48:30.50	00:48:51.15	4:51	12.4
39	KONIECKI TOMASZ	301		WARS ZAWA	POL	M 50-59	18	M 147	TAK			00:30:12	00:43:14	00:48:38.45	00:48:58.70	4:51	12.3
40	WOLSKI PAWEŁ	841		WARS ZAWA	POL	M 1-29	18	M 151	TAK			00:30:39	00:43:27	00:48:46.50	00:49:17.75	4:52	12.3
41	BĘBAS PAWEŁ	39		WARS ZAWA	POL	M 1-29	20	M 157	TAK			00:31:03	00:43:54	00:49:00.90	00:49:31.75	4:54	12.2
42	KONIECZKA KAMIL	302	EBE EBE	WARS ZAWA	POL	M 1-29	22	M 159	TAK			00:31:24	00:44:21	00:49:04.95	00:49:34.05	4:54	12.2
43	KALINOWSKI KAMIL	256		WARS ZAWA	POL	M 30-39	59	M 160	TAK			00:31:03	00:43:57	00:49:06.25	00:49:33.10	4:54	12.2
44	CHODNIEWICZ MICHAŁ	81		WARS ZAWA	POL	M 40-49	55	M 161	TAK			00:30:38	00:43:31	00:49:07.75	00:49:28.50	4:54	12.2
45	KULCZYCKI PAWEŁ	352		WARS ZAWA	POL	M 1-29	23	M 165	TAK			00:29:50	00:43:43	00:49:13.70	00:49:29.75	4:55	12.2
46	CICHOCKI ZBIGNIEW	92		WARS ZAWA	POL	M 50-59	20	M 166	TAK			00:30:12	00:43:48	00:49:17.20	00:49:54.85	4:55	12.2
47	OSTAŁOWSKI PAWEŁ	817		WARS ZAWA	POL	M 30-39	61	M 167	TAK			00:31:24	00:44:18	00:49:21.40	00:49:51.40	4:56	12.2
48	LEŚ TOMASZ	374	TARCHOMIN TRIATHLON TEAM	WARS ZAWA	POL	M 30-39	63	M 172	TAK		TRIATHLON TARCHOMIN TEAM	00:31:09	00:44:18	00:49:28.80	00:49:53.15	4:56	12.1
49	KOSIERADZKI MICHAŁ	961	MASTERS DOJO	WARS ZAWA	POL	M 1-29	26	M 174	TAK			00:31:23	00:44:18	00:49:34.70	00:50:07.05	4:57	12.1
50	ŚCIBIOR GRZEGORZ	662		WARS ZAWA	POL	M 30-39	68	M 180	TAK			00:30:36	00:43:50	00:49:46.95	00:51:02.55	4:58	12.1
51	ARAŻNY ZBIGNIEW	19	TRIATHLON TARCHOMIN TEAM	WARS ZAWA	POL	M 50-59	22	M 182	TAK		TRIATHLON TARCHOMIN TEAM	00:31:00	00:44:01	00:49:48.50	00:50:16.85	4:58	12
52	KERNER MARCIN	272		WARS ZAWA	POL	M 40-49	61	M 183	TAK			00:31:35	00:44:22	00:49:48.80	00:50:29.05	4:58	12
53	GIERAK KRIS	164		WARS ZAWA	POL	M 40-49	63	M 185	TAK			00:31:26	00:44:20	00:49:49.70	00:50:17.90	4:58	12
54	KAKOLECKI MICHAŁ	255	THE LUZERS	WARS ZAWA	POL	M 50-59	23	M 190	TAK			00:30:14	00:44:15	00:50:01.60	00:50:22.05	5:00	12
55	MIODUSZEWSKI ADRIAN	441		WARS ZAWA	POL	M 30-39	69	M 191	TAK			00:31:03	00:44:29	00:50:10.95	00:50:39.90	5:01	12
56	WIERNIK DANIEL	718		WARS ZAWA	POL	M 30-39	70	M 193	TAK			00:31:12	00:44:59	00:50:22.30	00:50:38.65	5:02	11.9

**BIEG PRZEZ MOST , Mieszkaniec Białołęki c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
57	PAKUŁA DARIUSZ	498	KENKO	WARS ZAWA	POL	M 50-59	25	M 195	TAK		KENKO	00:31:29	00:44:57	00:50:24.55	00:50:28.60	5:02	11.9
58	ZYGMUNT SZYMON	780		WARS ZAWA	POL	M 1-29	28	M 197	TAK			00:31:57	00:45:50	00:50:30.30	00:51:26.65	5:03	11.9
59	GORSIAK MATEUSZ	799		WARS ZAWA	POL	M 30-39	72	M 198	TAK			00:31:58	00:45:12	00:50:31.15	00:51:23.90	5:03	11.9
60	PYSZAK SYLWESTER	549	DEBEDEŁKI	WARS ZAWA	POL	M 40-49	68	M 199	TAK			00:32:37	00:45:24	00:50:35.50	00:51:26.05	5:03	11.9
61	SOWIŃSKI DANIEL	616		WARS ZAWA	POL	M 30-39	73	M 200	TAK			00:31:30	00:45:20	00:50:39.85	00:51:06.35	5:03	11.8
62	DOBOSZ PIOTR	117	WŚCIEKŁE PIĘŚCI WĘŻA	WARS ZAWA	POL	M 30-39	74	M 201	TAK			00:31:58	00:45:23	00:50:44.05	00:51:40.70	5:04	11.8
63	BEBELSKI RAFAŁ	29	PZU SPORT TEAM	WARS ZAWA	POL	M 40-49	70	M 203	TAK			00:30:27	00:44:50	00:50:49.85	00:51:09.05	5:04	11.8
64	KOŁODZIEJCZYK ALEKSANDER	298		WARS ZAWA	POL	M 1-29	29	M 204	TAK			00:32:58	00:45:50	00:50:50.40	00:51:21.95	5:05	11.8
65	KRAWCZYK WOJCIECH	337	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	26	M 208	TAK		BIEGAM NA TARCHOMINIE	00:31:08	00:44:41	00:51:05.05	00:51:27.55	5:06	11.7
66	URBAŃSKI PAWEŁ	693	PALM TEAM	WARS ZAWA	POL	M 50-59	27	M 210	TAK			00:31:59	00:45:35	00:51:14.80	00:51:44.25	5:07	11.7
67	JEZERSKI ŁUKASZ	239		WARS ZAWA	POL	M 40-49	75	M 211	TAK		GRUPA BIEGOWA CHTMO	00:31:41	00:45:35	00:51:15.75	00:51:47.45	5:07	11.7
68	KOWALSKA ANDRZEJ	806	JUDO LEMUR	WARS ZAWA	POL	M 40-49	76	M 212	TAK			00:32:52	00:46:14	00:51:17.25	00:52:13.75	5:07	11.7
69	RYMUSZKA MACIEJ	572		WARS ZAWA	POL	M 1-29	30	M 213	TAK			00:31:26	00:45:33	00:51:25.05	00:52:00.40	5:08	11.7
70	BUDZIK JACEK	70	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	77	M 217	TAK		BIEGAM NA TARCHOMINIE	00:34:10	00:45:47	00:51:35.65	00:52:17.90	5:09	11.6
71	WOLAŃCZYK ADAM	740		WARS ZAWA	POL	M 1-29	31	M 218	TAK			00:32:36	00:46:20	00:51:36.20	00:52:37.90	5:09	11.6
72	MAKOWSKI MARCIN	409		WARS ZAWA	POL	M 40-49	78	M 220	TAK			00:33:00	00:46:21	00:51:37.40	00:52:08.25	5:09	11.6
73	MAMLA ZBIGNIEW	413	BIEGOWE WTORKI NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	30	M 221	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:32:30	00:46:02	00:51:37.65	00:53:33.50	5:09	11.6
74	PIERZCHAŁA PIOTR	970		WARS ZAWA	POL	M 1-29	32	M 222	TAK			00:32:58	00:46:27	00:51:40.30	00:52:14.00	5:10	11.6
75	MOCZYDŁOWSKI ŁUKASZ	816	MASTERS DOJO	WARS ZAWA	POL	M 40-49	79	M 223	TAK			00:33:03	00:46:22	00:51:43.40	00:52:33.60	5:10	11.6
76	WAGNER ŁUKASZ	698		WARS ZAWA	POL	M 1-29	33	M 224	TAK			00:32:49	00:46:13	00:51:43.50	00:52:23.80	5:10	11.6
77	GAWLIK ARKADIUSZ	160	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	80	M 225	TAK		BIEGAM NA TARCHOMINIE	00:31:55	00:45:53	00:51:48.60	00:52:31.05	5:10	11.6
78	PRĘDKI MARCIN	536		WARS ZAWA	POL	M 40-49	81	M 226	TAK			00:31:32	00:45:43	00:51:50.55	00:52:21.50	5:11	11.6
79	JAWORSKI PIOTR	523		WARS ZAWA	POL	M 40-49	83	M 228	TAK	TAK		00:32:55	00:46:13	00:51:58.50	00:52:32.25	5:11	11.5
80	KOT MIKOŁAJ	317		WARS ZAWA	POL	M 1-29	34	M 229	TAK			00:31:26	00:46:08	00:52:01.60	00:52:20.75	5:12	11.5
81	WIAZOWSKI JAROSŁAW	714		WARS ZAWA	POL	M 50-59	31	M 230	TAK			00:30:37	00:45:50	00:52:03.35	00:52:19.30	5:12	11.5
82	ZABIELSKI ANDRZEJ	756	OZ GST	WARS ZAWA	POL	M 50-59	32	M 231	TAK			00:32:20	00:46:27	00:52:06.85	00:52:35.80	5:12	11.5
83	PROKOPIUK GRZEGORZ	824	SZWAGRY DWA	WARS ZAWA	POL	M 40-49	84	M 232	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:32:59	00:46:40	00:52:14.25	00:52:33.15	5:13	11.5
84	KRATOK DMITRY	336	RUN_WAWA_RUN	WARS ZAWA	POL	M 30-39	77	M 234	TAK			00:32:49	00:46:46	00:52:28.80	00:53:09.85	5:14	11.4

**BIEG PRZEZ MOST , Mieszkaniec Białoleki c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
85	BŁASZCZYŃSKI WITOLD	788		WARS ZAWA	POL	M 40-49	85	M 235	TAK			00:32:36	00:46:46	00:52:32.30	00:53:10.90	5:15	11.4
86	STRZAŁKOWSKI MARCIN	631	WKURW_TEAM	WARS ZAWA	POL	M 30-39	78	M 241	TAK			00:31:59	00:46:34	00:52:44.05	00:53:02.75	5:16	11.4
87	FIEJTEK PIOTR	141		WARS ZAWA	POL	M 30-39	80	M 243	TAK			00:32:24	00:47:12	00:52:45.30	00:53:08.80	5:16	11.4
88	ROGALSKI TOMASZ	561		WARS ZAWA	POL	M 40-49	89	M 247	TAK			00:32:23	00:46:54	00:52:51.25	00:53:25.45	5:17	11.4
89	FRAĆKOWSKI SŁAWOMIR	148	MAKOWARSKO	WARS ZAWA	POL	M 50-59	35	M 248	TAK			00:32:21	00:46:44	00:52:51.40	00:53:43.35	5:17	11.4
90	DRYNKO KAROL	125	FIZJOTERAPIAHD	WARS ZAWA	POL	M 30-39	82	M 250	TAK			00:32:11	00:47:09	00:52:56.70	00:53:21.40	5:17	11.3
91	WIERZBICKI ŁUKASZ	719	KUŹNIA TRIATHLONU	WARS ZAWA	POL	M 40-49	95	M 257	TAK			00:32:45	00:47:19	00:53:17.60	00:53:46.25	5:19	11.3
92	NIZIO DOMINIK	461		WARS ZAWA	POL	M 40-49	96	M 259	TAK			00:33:04	00:47:39	00:53:19.70	00:54:02.65	5:19	11.3
93	GODLEWSKI ARTUR	170	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 30-39	86	M 260	TAK		BIEGAM NA TARCHOMINIE	00:33:03	00:47:26	00:53:23.90	00:53:53.75	5:20	11.2
94	WOJTAL TOMASZ	737		WARS ZAWA	POL	M 40-49	100	M 269	TAK			00:33:22	00:47:59	00:53:45.20	00:54:10.95	5:22	11.2
95	ŁOZIŃSKI PIOTR	393		WARS ZAWA	POL	M 40-49	104	M 276	TAK		BRACTWO BIEGOWE BGK	00:33:11	00:48:08	00:54:08.25	00:55:07.80	5:24	11.1
96	WOŁOWIK TYMON	744	CHOSZCZÓWKA RUNNING CLUB	WARS ZAWA	POL	M 1-29	37	M 277	TAK		CHOSZCZÓWKA RUNNING CLUB	00:33:20	00:48:29	00:54:11.80	00:54:48.25	5:25	11.1
97	KARWECKI PATRYK	264		WARS ZAWA	POL	M 30-39	89	M 278	TAK			00:34:45	00:48:40	00:54:14.25	00:55:00.00	5:25	11.1
98	ROZBICKI TOMASZ	566		WARS ZAWA	POL	M 40-49	106	M 281	TAK			00:33:37	00:48:45	00:54:17.55	00:54:31.05	5:25	11.1
99	GÓRALCZUK MAKSYMILIAN	179		WARS ZAWA	POL	M 1-29	38	M 282	TAK			00:32:23	00:48:26	00:54:18.70	00:54:34.05	5:25	11
100	SENKO MATEUSZ	1	STOWARZYSZENIE RAZEM DLA BIAŁOLEKI	WARS ZAWA	POL	M 30-39	92	M 288	TAK			00:34:24	00:48:45	00:54:29.80	00:55:19.70	5:26	11
101	GRUCHAŁA DARIUSZ	800	MASTERS DOJO	WARS ZAWA	POL	M 40-49	109	M 289	TAK			00:33:44	00:48:04	00:54:32.25	00:55:20.30	5:27	11
102	STRULAK JAKUB	630		WARS ZAWA	POL	M 1-29	40	M 291	TAK			00:34:34	00:48:54	00:54:37.60	00:55:29.95	5:27	11
103	RZEPECKI MACIEK	574		WARS ZAWA	POL	M 30-39	93	M 292	TAK			00:33:37	00:49:16	00:54:41.15	00:56:00.40	5:28	11
104	BANASIAK MIROSLAW	21		WARS ZAWA	POL	M 40-49	110	M 293	TAK			00:34:10	00:48:37	00:54:41.90	00:56:08.50	5:28	11
105	CIOŁEK ROBERT	791	MASTERS DOJO	WARS ZAWA	POL	M 40-49	111	M 295	TAK			00:34:15	00:48:56	00:54:44.95	00:55:34.55	5:28	11
106	STRUKOWICZ MICHAŁ	629		WARS ZAWA	POL	M 1-29	42	M 300	TAK			00:35:32	00:49:27	00:54:53.60	00:56:29.55	5:29	10.9
107	WOJNARSKI JANUSZ	736		WARS ZAWA	POL	M 60+	11	M 305	TAK			00:34:06	00:48:49	00:55:04.95	00:55:53.20	5:30	10.9
108	KOT TOMASZ	318		WARS ZAWA	POL	M 40-49	117	M 307	TAK			00:33:26	00:48:57	00:55:07.30	00:55:26.00	5:30	10.9
109	MADEJ MARCIN	406		WARS ZAWA	POL	M 40-49	118	M 309	TAK			00:34:45	00:49:21	00:55:13.50	00:56:00.95	5:31	10.9
110	WIKTOROWICZ MARCIN	721		WARS ZAWA	POL	M 40-49	119	M 310	TAK			00:35:23	00:49:33	00:55:14.35	00:56:29.65	5:31	10.9

**BIEG PRZEZ MOST , Mieszkaniec Białoleki c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
111	PADZIŃSKI MARIUSZ	497	BIEGOWE WTORKI NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	42	M 311	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:34:55	00:49:21	00:55:17.05	00:56:02.05	5:31	10.9
112	WIONCEK PAWEŁ	725		WARS ZAWA	POL	M 1-29	43	M 312	TAK			00:34:33	00:49:08	00:55:17.70	00:56:04.85	5:31	10.9
113	ROKICKI ALEKSANDER	562		WARS ZAWA	POL	M 40-49	120	M 313	TAK			00:34:24	00:48:58	00:55:18.10	00:56:28.65	5:31	10.8
114	SĄGOL SYLWESTER	995		WARS ZAWA	POL	M 50-59	43	M 314	TAK			00:34:46	00:49:17	00:55:20.95	00:57:03.50	5:32	10.8
115	STANIEWSKI MICHAŁ	618		WARS ZAWA	POL	M 30-39	98	M 316	YES			00:34:50	00:49:36	00:55:24.95	00:56:46.50	5:32	10.8
116	PNIEWSKI RAFAŁ	526	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	122	M 318	TAK		BIEGAM NA TARCHOMINIE	00:33:34	00:49:07	00:55:30.90	00:55:56.05	5:33	10.8
117	KUSY JACEK	360		WARS ZAWA	POL	M 30-39	99	M 319	TAK			00:35:16	00:49:51	00:55:39.75	00:56:47.45	5:33	10.8
118	SZYMAŃSKI JACEK	659		WARS ZAWA	POL	M 40-49	123	M 320	TAK			00:32:59	00:48:44	00:55:41.95	00:57:16.30	5:34	10.8
119	ORŁOWSKI MAREK	483		WARS ZAWA	POL	M 50-59	45	M 321	TAK			00:34:28	00:49:50	00:55:43.15	00:56:21.45	5:34	10.8
120	STANISLAVCHUK MYKOLA	973		WARS ZAWA	POL	M 1-29	44	M 322	TAK			00:34:40	00:49:32	00:55:43.60	00:56:43.65	5:34	10.8
121	KILIAŃSKI RAFAŁ	801	TARCHOMIN TRIATLON TEAM	WARS ZAWA	POL	M 50-59	46	M 323	TAK		TRIATHLON TARCHOMIN TEAM	00:34:45	00:49:29	00:55:46.05	00:56:36.60	5:34	10.8
122	DOBROWOLSKI DAMIAN	119		WARS ZAWA	POL	M 1-29	45	M 326	TAK			00:33:57	00:49:42	00:55:58.15	00:56:47.15	5:35	10.7
123	WŁOSZCZOWSKI ROBERT	987		WARS ZAWA	POL	M 40-49	125	M 327	TAK			00:34:57	00:49:52	00:55:59.30	00:56:40.70	5:35	10.7
124	PODWÓJCI KAMIL	821		WARS ZAWA	POL	M 30-39	100	M 328	TAK			00:33:12	00:49:44	00:56:00.25	00:56:17.10	5:36	10.7
125	GNIAŁA MACIEJ	169	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	127	M 330	TAK		BIEGAM NA TARCHOMINIE	00:34:57	00:50:07	00:56:06.80	00:56:54.45	5:36	10.7
126	ŚLIMKO DANIEL	664		WARS ZAWA	POL	M 30-39	101	M 331	TAK			00:34:40	00:49:44	00:56:07.55	00:57:03.25	5:36	10.7
127	G ARTUR	150		WARS ZAWA	POL	M 40-49	128	M 332	TAK			00:33:42	00:49:43	00:56:08.60	00:56:45.85	5:36	10.7
128	JĄROSZEWSKI KONRAD	229		WARS ZAWA	POL	M 30-39	102	M 334	TAK			00:34:07	00:49:50	00:56:11.75	00:56:31.40	5:37	10.7
129	WACH MICHAŁ	697	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	130	M 339	TAK		BIEGAM NA TARCHOMINIE	00:35:19	00:50:25	00:56:33.85	00:57:15.70	5:39	10.6
130	PAZIEWSKI ANDRZEJ	505	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	49	M 341	TAK		BIEGAM NA TARCHOMINIE	00:35:19	00:50:27	00:56:36.70	00:57:18.95	5:39	10.6
131	ADAO FILIPE	14		WARS ZAWA	POL	M 1-29	48	M 348	TAK			00:34:37	00:50:35	00:56:45.95	00:57:44.85	5:40	10.6
132	ADAO MIGUEL	12		WARS ZAWA	POR	M 40-49	133	M 350	TAK			00:34:37	00:50:37	00:56:47.05	00:57:44.90	5:40	10.6
133	FLORYSIĄK ARTUR	146		WARS ZAWA	POL	M 40-49	134	M 352	TAK			00:35:57	00:50:53	00:56:51.90	00:57:49.45	5:41	10.6
134	MUCHA GRZEGORZ	448		WARS ZAWA	POL	M 60+	13	M 353	TAK			00:35:45	00:50:38	00:56:54.80	00:57:50.90	5:41	10.5
135	GŁOGOWSKI GERARD	974		WARS ZAWA	POL	M 30-39	109	M 354	TAK			00:34:30	00:50:35	00:56:59.05	00:57:36.50	5:41	10.5
136	ORZECZOWSKI PIOTR	487		WARS ZAWA	POL	M 1-29	49	M 356	TAK			00:37:51	00:51:27	00:57:13.75	00:57:57.05	5:43	10.5
137	SUCHODOLSKI MARIUSZ	636	DZIKI BIEG	WARS ZAWA	POL	M 50-59	51	M 357	TAK			00:35:47	00:50:22	00:57:15.00	00:58:07.55	5:43	10.5
138	NOWAK JERZY	465	PWPW	WA-WA	POL	M 40-49	136	M 359	TAK			00:34:43	00:51:05	00:57:19.90	00:57:57.90	5:43	10.5



**BIEG PRZEZ MOST , Mieszkaniec Białoleki c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
139	PYTKA ANDRZEJ	550	AKTYWNA WARSZAWA	WARS ZAWA	POL	M 50-59	52	M 360	TAK			00:34:48	00:50:16	00:57:24.50	00:58:08.50	5:44	10.5
140	ŚWIĘCICKI WOJCIECH	667		WARS ZAWA	POL	M 60+	14	M 363	TAK			00:35:19	00:50:37	00:57:30.80	00:58:22.55	5:45	10.4
141	KEMPA PIOTR	271		WARS ZAWA	POL	M 30-39	111	M 365	TAK			00:35:17	00:50:52	00:57:37.60	00:58:15.10	5:45	10.4
142	PAWELCZYK JAROSŁAW	820	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	140	M 369	TAK			00:35:35	00:51:22	00:57:50.75	00:58:34.05	5:47	10.4
143	KĘPKA MARCIN	275		WARS ZAWA	POL	M 40-49	141	M 371	TAK			00:35:53	00:51:32	00:57:58.05	00:58:53.75	5:47	10.4
144	SZAREWICZ PAWEŁ	642		WARS ZAWA	POL	M 40-49	143	M 373	TAK			00:36:19	00:52:03	00:58:02.80	00:58:48.55	5:48	10.3
145	KOPYŚ JAKUB	307		WARS ZAWA	POL	M 30-39	113	M 374	TAK			00:36:20	00:51:39	00:58:08.65	00:58:59.65	5:48	10.3
146	MAZUR MICHAŁ	426		WARS ZAWA	POL	M 30-39	114	M 375	TAK			00:36:30	00:51:41	00:58:11.20	00:59:46.75	5:49	10.3
147	MIKOŁAJEWICZ PAWEŁ	438		WARS ZAWA	POL	M 30-39	115	M 376	TAK			00:34:03	00:50:55	00:58:12.70	00:59:58.65	5:49	10.3
148	JAROSZ GRZEGORZ	228		WARS ZAWA	POL	M 50-59	54	M 378	TAK			00:37:25	00:52:22	00:58:19.00	00:59:27.65	5:49	10.3
149	RACZYŃSKI TOMASZ	552		WARS ZAWA	POL	M 40-49	145	M 380	TAK			00:37:21	00:52:14	00:58:19.20	00:59:22.70	5:49	10.3
150	SKOROPADYK YULIAN	600	SKOLIAN	WARS ZAWA	POL	M 1-29	52	M 381	TAK			00:36:21	00:52:14	00:58:19.60	00:59:29.20	5:49	10.3
151	GOZDZIKIEWICZ BŁAŻEJ	178	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	146	M 382	YES		BIEGAM NA TARCHOMINIE	00:35:56	00:51:45	00:58:20.25	00:59:35.60	5:50	10.3
152	ZUBOWICZ MARCIN	989		WARS ZAWA	POL	M 30-39	117	M 383	TAK			00:36:03	00:52:21	00:58:21.35	01:00:00.55	5:50	10.3
153	MISZEWSKI BARTOSZ	815	73	WARS ZAWA	POL	M 30-39	118	M 385	TAK			00:37:19	00:52:34	00:58:24.40	00:59:27.15	5:50	10.3
154	NAZARENKO VOVA	456		WARS ZAWA	POL	M 1-29	55	M 387	TAK			00:36:02	00:52:02	00:58:27.15	01:00:02.50	5:50	10.3
155	JAROCKI JĘDRZEJ	227		WARS ZAWA	POL	M 1-29	56	M 389	TAK			00:36:19	00:52:43	00:58:32.10	00:59:16.25	5:51	10.3
156	ŁUCZAK PIOTR	398	PKO BANK POLSKI SA	WARS ZAWA	POL	M 40-49	149	M 391	TAK			00:36:08	00:51:57	00:58:38.45	00:59:20.20	5:51	10.2
157	STROMECKI MARCIN	628	BFM	WARS ZAWA	POL	M 30-39	119	M 392	TAK			00:34:46	00:53:25	00:58:47.95	01:00:56.30	5:52	10.2
158	TOKARZEWSKI ROBERT	674		WARS ZAWA	POL	M 50-59	55	M 393	TAK			00:36:31	00:52:13	00:58:48.00	01:00:31.80	5:52	10.2
159	WALECKI ROMUALD	839	TRIATHLON TARCHOMIN TEAM	WARS ZAWA	POL	M 50-59	56	M 394	TAK		TRIATHLON TARCHOMIN TEAM	00:35:54	00:52:26	00:58:55.75	00:59:04.35	5:53	10.2
160	STANKIEWICZ MACIEJ	619		WARS ZAWA	POL	M 40-49	150	M 395	TAK			00:37:15	00:52:39	00:58:59.80	01:00:22.00	5:53	10.2
161	DORS MAREK	124	LKS KABEX PODKOWA JANÓW	WARS ZAWA	POL	M 1-29	57	M 396	TAK			00:36:04	00:52:31	00:59:03.35	00:59:50.20	5:54	10.2
162	LIBOLD MACIEJ	383		WARS ZAWA	POL	M 40-49	152	M 400	TAK			00:35:51	00:52:22	00:59:11.25	00:59:43.20	5:55	10.1
163	KAZAŁA PIOTR	270	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	57	M 403	TAK			00:37:00	00:52:50	00:59:22.00	01:00:27.20	5:56	10.1
164	JEZIERSKI JAN	238	GRUPA BIEGOWA CHTMO	WARS ZAWA	POL	M 60+	16	M 405	TAK		GRUPA BIEGOWA CHTMO	00:35:29	00:52:07	00:59:23.15	01:00:15.30	5:56	10.1
165	KRZYŻANOWSKI MACIEJ	348		WARS ZAWA	POL	M 30-39	124	M 408	TAK		BIEGAM NA BIAŁOLECIE	00:37:27	00:53:16	00:59:39.65	01:00:50.05	5:57	10.1
166	TALAROWSKI JACEK	669		WARS ZAWA	POL	M 40-49	156	M 410	TAK			00:37:04	00:53:24	00:59:48.35	01:00:58.45	5:58	10

**BIEG PRZEZ MOST , Mieszkaniec Białotęki c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białotęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
167	TRZEŚIŃSKI MICHAŁ	686		WARS ZAWA	POL	M 30-39	125	M 412	TAK			00:36:13	00:53:29	00:59:54.75	01:01:24.00	5:59	10
168	KOSTRUBIEC GRZEGORZ	314		WARS ZAWA	POL	M 30-39	126	M 413	TAK			00:35:50	00:53:00	00:59:55.30	01:00:36.75	5:59	10
169	PIÓRO DAMIAN	516		WARS ZAWA	POL	M 30-39	127	M 414	TAK			00:37:24	00:52:58	00:59:56.70	01:01:06.80	5:59	10
170	ZASŁONKA PAWEŁ	766		WARS ZAWA	POL	M 30-39	129	M 416	TAK			00:37:49	00:53:48	01:00:00.70	01:00:15.15	6:00	10
171	WOŹNY ANDRZEJ	746		WARS ZAWA	POL	M 50-59	59	M 418	TAK			00:37:00	00:53:34	01:00:16.80	01:01:29.85	6:01	10
172	KOSIERADZKI PAWEŁ	982	MASTERS DOJO	WARS ZAWA	POL	M 50-59	61	M 420	TAK			00:36:12	00:53:41	01:00:26.10	01:01:15.85	6:02	9.9
173	MARSZAŁEK MARIUSZ	419		WARS ZAWA	POL	M 50-59	62	M 421	TAK			00:37:58	00:53:53	01:00:29.45	01:01:41.05	6:02	9.9
174	TOMASZEWSKI JACEK	676		WARS ZAWA	POL	M 30-39	131	M 422	TAK			00:37:04	00:54:09	01:00:37.80	01:01:32.05	6:03	9.9
175	CIEŚLA GRZEGORZ	96		WARS ZAWA	POL	M 40-49	160	M 429	TAK			00:37:40	00:54:27	01:01:00.20	01:02:10.50	6:06	9.8
176	WĘGLIŃSKI JAKUB	713		WARS ZAWA	POL	M 1-29	58	M 432	TAK			00:38:02	00:54:47	01:01:13.55	01:02:26.70	6:07	9.8
177	OBROŚLAK GRZEGORZ	470		WARS ZAWA	POL	M 1-29	59	M 434	TAK			00:35:51	00:54:44	01:01:30.65	01:02:16.95	6:09	9.8
178	SIKORSKI PAWEŁ	592	GAMMA	WARS ZAWA	POL	M 40-49	162	M 435	TAK			00:37:53	00:55:00	01:01:38.60	01:02:39.55	6:09	9.7
179	WISZOWATY DANIEL	726		WARS ZAWA	POL	M 30-39	136	M 439	TAK			00:38:34	00:55:22	01:01:45.90	01:03:14.40	6:10	9.7
180	SZOSTAK GRZEGORZ	654		WARS ZAWA	POL	M 40-49	164	M 441	TAK			00:38:02	00:55:24	01:01:54.35	01:02:56.00	6:11	9.7
181	SZCZEPANIAK MARIUSZ	644		WARS ZAWA	POL	M 50-59	66	M 448	TAK			00:37:14	00:54:54	01:02:20.55	01:04:03.55	6:14	9.6
182	PIETRZYKOWSKI JAKUB	510		WARS ZAWA	POL	M 1-29	61	M 449	TAK			00:33:03	00:55:04	01:02:22.45	01:02:52.75	6:14	9.6
183	ZADROŻNY ANDRZEJ	759		WARS ZAWA	POL	M 40-49	167	M 451	TAK			00:38:34	00:55:32	01:02:23.70	01:03:39.05	6:14	9.6
184	LESNIEWSKI PAWEŁ	373		WARS ZAWA	POL	M 40-49	168	M 452	TAK			00:38:45	00:55:50	01:02:41.45	01:04:01.95	6:16	9.6
185	BOBOWSKI SEBASTIAN	55		WARS ZAWA	POL	M 40-49	169	M 453	TAK			00:37:00	00:55:55	01:02:57.65	01:03:54.30	6:17	9.5
186	RAJCHEMBACH ADAM	556		WARS ZAWA	POL	M 30-39	142	M 461	TAK			00:36:58	00:55:43	01:03:49.30	01:05:10.40	6:22	9.4
187	URBANIAK PAWEŁ	692		WARS ZAWA	POL	M 40-49	170	M 465	TAK			00:40:16	00:57:22	01:04:00.25	01:04:07.05	6:24	9.4
188	ŁOZOWSKI ROBERT	396	DOMELO ROBERT ŁOZOWSKI	WARS ZAWA	POL	M 40-49	172	M 467	TAK			00:39:06	00:57:02	01:04:10.25	01:05:16.95	6:25	9.4
189	CZAJKOWSKI RAFAŁ	100	EKOBIEGI	WARS ZAWA	POL	M 40-49	173	M 468	TAK			00:40:48	00:57:00	01:04:12.40	01:05:31.20	6:25	9.3
190	JEŻMAŃSKI SŁAWEK	241	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	175	M 474	TAK		BIEGAM NA TARCHOMINIE	00:39:29	00:57:10	01:04:45.20	01:05:52.25	6:28	9.3
191	CHOJNOWSKI ANDRZEJ	84	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	176	M 475	TAK		BIEGAM NA TARCHOMINIE	00:38:54	00:57:14	01:04:47.15	01:06:17.20	6:28	9.3
192	POŚNIK MICHAŁ	823		WARS ZAWA	POL	M 30-39	146	M 476	TAK			00:39:57	00:57:34	01:04:48.70	01:06:07.35	6:28	9.3
193	REŚLIŃSKI PIOTR	558		TARC HOMI N	POL	M 1-29	63	M 477	TAK			00:38:06	00:57:34	01:04:49.40	01:05:56.95	6:28	9.3
194	ZAKHARKEVICH ALEXANDER	992		WARS ZAWA	POL	M 40-49	178	M 479	TAK			00:39:43	00:57:59	01:05:03.40	01:06:37.95	6:30	9.2

**BIEG PRZEZ MOST , Mieszkaniec Białoleki c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
195	KOWALCZYK ZDZISŁAW	322	JW 2189	WARS ZAWA	POL	M 40-49	179	M 480	TAK			00:39:03	00:57:23	01:05:06.00	01:06:02.15	6:30	9.2
196	TYBURC PAWEŁ	69	RADA DZIELNICY BIAŁOLEKA	WARS ZAWA	POL	M 50-59	70	M 482	TAK	TAK		00:40:43	00:58:35	01:05:38.10	01:07:14.20	6:33	9.1
197	MEJOR JAN	428		WARS ZAWA	POL	M 30-39	148	M 485	TAK			00:39:30	00:58:15	01:06:08.85	01:07:11.30	6:36	9.1
198	KASPRZAK MARCIN	267		WARS ZAWA	POL	M 50-59	71	M 486	TAK			00:40:45	00:58:57	01:06:16.55	01:07:44.20	6:37	9.1
199	MEDVETSKYI ILLIA	427		WARS ZAWA	POL	M 1-29	65	M 491	YES			00:39:31	00:58:06	01:06:38.95	01:06:57.35	6:39	9
200	GÓRKA RAFAŁ	180	T-MOBILE SPORT TEAM	WARS ZAWA	POL	M 50-59	72	M 493	TAK			00:40:40	00:59:24	01:06:54.90	01:08:05.50	6:41	9
201	JEDYNAK PAWEŁ	236		WARS ZAWA	POL	M 40-49	185	M 494	TAK			00:42:12	01:00:16	01:07:08.85	01:08:41.90	6:42	8.9
202	ZAJĄC PIOTR	760		WARS ZAWA	POL	M 40-49	187	M 497	TAK			00:42:38	01:00:22	01:07:27.10	01:09:07.45	6:44	8.9
203	WRÓBLEWSKI TOMASZ	996		WARS ZAWA	POL	M 30-39	149	M 499	TAK			00:42:11	01:00:33	01:07:42.20	01:09:19.50	6:46	8.9
204	FIEDOSIUK MICHAŁ	140	DZIKUNY	WARS ZAWA	POL	M 40-49	190	M 502	TAK			00:41:51	01:00:26	01:08:02.45	01:08:48.45	6:48	8.8
205	KULBACKI KAMIL	351		WARS ZAWA	POL	M 30-39	151	M 508	TAK			00:42:25	01:01:19	01:09:15.30	01:10:37.00	6:55	8.7
206	DĄBROWA BARTOSZ	30		WARS ZAWA	POL	M 1-29	68	M 509	TAK	TAK		00:43:35	01:02:01	01:09:20.10	01:10:53.85	6:56	8.7
207	KUCOWSKI ROBERT	971		WARS ZAWA	POL	M 40-49	193	M 512	TAK			00:43:31	01:01:55	01:09:32.15	01:10:50.65	6:57	8.6
208	BIELECKI JACEK	46	RUN CZARNÓW	CZAR NÓW	POL	M 50-59	77	M 516	TAK			00:42:34	01:01:49	01:10:05.90	01:11:19.05	7:00	8.6
209	CHYSTIKOV ARTEM	790		WARS ZAWA	UKR	M 30-39	153	M 519	TAK			00:41:45	01:02:25	01:10:18.80	01:11:40.10	7:01	8.5
210	BERLIŃSKI KAMIL	36		WARS ZAWA	POL	M 30-39	154	M 520	TAK			00:43:24	01:02:46	01:10:48.75	01:12:29.60	7:04	8.5
211	SMAGIEŁ TOMASZ	605		WARS ZAWA	POL	M 50-59	80	M 523	TAK			00:42:32	01:03:14	01:11:08.30	01:12:17.80	7:06	8.4
212	BRZÓZKA KAMIL	65	TARCHO ZIOMY	WARS ZAWA	POL	M 40-49	196	M 526	TAK			00:43:50	01:04:05	01:11:48.30	01:13:28.95	7:10	8.4
213	DZIEDZIC ŁUKASZ	132		WARS ZAWA	POL	M 40-49	197	M 527	TAK			00:44:37	01:03:45	01:11:55.55	01:13:09.95	7:11	8.3
214	DANIELSKI JACEK	109	PZU SPORT TEAM	WARS ZAWA	POL	M 40-49	199	M 530	TAK			00:43:46	01:04:57	01:13:11.10	01:14:19.65	7:19	8.2
215	NOWICKI DARIUSZ	466	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	200	M 531	TAK		BIEGAM NA TARCHOMINIE	00:45:17	01:05:33	01:13:55.40	01:15:19.55	7:23	8.1
216	LIBERA PAWEŁ	382	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	201	M 532	TAK	TAK	GRUPA BIEGOWA UM W-WA	00:44:34	01:06:11	01:14:42.85	01:16:23.10	7:28	8
217	DYMEL ANDRZEJ	131	MARKOWI BIEGACZE	WARS ZAWA	POL	M 60+	26	M 535	TAK			00:46:56	01:07:01	01:15:11.90	01:16:16.85	7:31	8
218	SOBOLEWSKI MATEUSZ	610	ŻÓRAWSKI TEAM	WARS ZAWA	POL	M 1-29	72	M 543	TAK		ŻÓRAWSKI TEAM	00:50:01	00:59:07	01:17:23.00	01:17:23.00	7:44	7.8
219	ZATYLNÝ TOMASZ	768		WARS ZAWA	POL	M 40-49	205	M 546	TAK			00:46:22	01:08:41	01:18:23.55	01:19:59.65	7:50	7.7
220	GRZEŚLAK KRZYSZTOF	192	DZIKUNY	WARS ZAWA	POL	M 30-39	157	M 547	TAK			00:48:42	01:09:26	01:18:25.60	01:19:52.85	7:50	7.7
221	SMOK TOMASZ	606		WARS ZAWA	POL	M 40-49	206	M 548	TAK			00:45:03	01:08:05	01:18:37.30	01:19:58.30	7:51	7.6
222	KUREK GUSTAW	358		WARS ZAWA	POL	M 50-59	87	M 549	TAK			00:47:38	01:10:09	01:19:00.80	01:20:23.25	7:54	7.6

**BIEG PRZEZ MOST , Mieszkaniec Białoleki c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
223	KOWALSKI WISŁAW	808		WARS ZAWA	POL	M 50-59	88	M 551	TAK			00:49:17	01:11:29	01:20:19.70	01:21:20.05	8:01	7.5
224	CZYŻ MICHAŁ	107		WARS ZAWA	POL	M 30-39	158	M 555	TAK			00:51:23	01:14:41	01:24:42.25	01:25:42.60	8:28	7.1
225	STAŃKOWSKI HUBERT	621	TEAM WARIAT	WARS ZAWA	POL	M 1-29	73	M 556	TAK			00:53:26	01:16:00	01:25:42.20	01:27:04.85	8:34	7
226	FACON JANUSZ	136		WARS ZAWA	POL	M 50-59	91	M 558	TAK			00:28:37	00:40:26			4:29	13.4
227	KWIECIEŃ JAROSŁAW	365		WARS ZAWA	POL	M 50-59	92	M 561	TAK								

**BIEG PRZEZ MOST , K 1-29**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	DĄBROWSKA MAGDALENA	110		WARS ZAWA	POL	K 1-29	1	K 19				00:30:51	00:43:21	00:48:22.00	00:48:36.25	4:50	12.4
2	WIELOWSKA KINGA	717		GÓRA	POL	K 1-29	2	K 35			LEWANDOWSCY	00:31:17	00:45:20	00:51:01.20	00:51:32.45	5:06	11.8
3	PODSTAWKA JULIA	529		WARS ZAWA	POL	K 1-29	3	K 41	TAK			00:31:57	00:46:06	00:51:42.55	00:51:55.20	5:10	11.6
4	KAMIEŃ MONIKA	257		WARS ZAWA	POL	K 1-29	4	K 86				00:35:35	00:51:40	00:57:59.35	00:58:30.90	5:47	10.3
5	DZIERZANOWSKA JULIA	134	ZABIEGANY WOŁOMIN	KOBY ŁKA	POL	K 1-29	5	K 123			ZABIEGANY WOŁOMIN	00:38:01	00:54:27	01:01:23.85	01:02:13.15	6:08	9.8
6	SZYPROWSKA MARIA	661		WARS ZAWA	POL	K 1-29	6	K 125	TAK			00:37:43	00:55:00	01:01:29.05	01:02:41.65	6:08	9.8
7	MARINA DIANA	416		WARS ZAWA	POL	K 1-29	7	K 127		TAK		00:38:38	00:55:16	01:01:38.05	01:02:58.25	6:09	9.7
8	PYSKUN ANNA	548		WARS ZAWA	UKR	K 1-29	8	K 129	YES			00:38:33	00:55:14	01:01:43.70	01:02:09.35	6:10	9.7
9	KLOC HANNA	284	FALA NIEPORĘT	ARCIE CHÓ W	POL	K 1-29	9	K 131				00:35:31	00:54:42	01:02:14.60	01:03:45.85	6:13	9.6
10	ORZECHOWSKA EWA	486		WARS ZAWA	POL	K 1-29	10	K 134	TAK			00:37:52	00:54:59	01:02:26.35	01:03:09.85	6:14	9.6
11	PTASIEWICZ ALICJA	544		WIELI SZEW	POL	K 1-29	11	K 140				00:39:40	00:56:53	01:03:23.70	01:04:43.40	6:20	9.5
12	STEFANIAK MONIKA	623		WARS ZAWA	POL	K 1-29	12	K 168				00:43:07	01:00:21	01:07:02.40	01:08:33.95	6:42	9
13	MAJ PATRYCJA	810		WARS ZAWA	POL	K 1-29	13	K 173	TAK			00:40:52	00:59:45	01:07:48.10	01:08:58.85	6:46	8.8
14	WIĘCH WIKTORIA	720		ŁĄJSKI	POL	K 1-29	14	K 179				00:42:08	01:01:11	01:08:32.80	01:08:52.15	6:51	8.8
15	KACZYŃSKA PAULA	254		WARS ZAWA	POL	K 1-29	15	K 195	TAK			00:43:55	01:02:28	01:10:06.45	01:11:22.65	7:00	8.6
16	RUSIN ANNA	828		JABŁO NNA	POL	K 1-29	16	K 212				00:45:05	01:06:44	01:15:14.75	01:16:38.00	7:31	8
17	STELMASZCZYK MICHALINA	966		WARS ZAWA	POL	K 1-29	17	K 224				00:47:05	01:08:09	01:17:33.90	01:19:04.55	7:45	7.7
18	ROSZCZYK MARTYNA	565	NAPRZÓD MŁOCINY	WARS ZAWA	POL	K 1-29	18	K 227				00:49:39	01:10:37	01:18:35.80	01:20:17.40	7:51	7.6

**BIEG PRZEZ MOST , M 1-29**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	KOBYŁECKI MATEUSZ	293	BIEGNĘ PO PIWO	WARS ZAWA	POL	M 1-29	1	M 9	TAK			00:22:59	00:32:41	00:36:37.45	00:36:40.25	3:39	16.4
2	GOLONKA PRZEMYSŁAW	172	#KRZYSIOTEAM	CIECI ERZY N	POL	M 1-29	2	M 24				00:24:17	00:34:39	00:38:49.00	00:38:53.95	3:52	15.5
3	POTOROKA VITALII	535	ROZBIEGANY PIASTÓW	PRUS ZKÓW	UKR	M 1-29	3	M 31			ROZBIEGANY PIASTÓW	00:24:54	00:35:33	00:40:05.05	00:40:10.35	4:00	15
4	LEWANDOWSKI MATEUSZ	379	BKS	NOWY DWÓ R MAZO WIEC KI	POL	M 1-29	4	M 32			LEWANDOWSCY	00:25:11	00:35:39	00:40:08.90	00:40:14.50	4:00	15
5	KAROLCZAK ALEKSANDER	262	DECATHLON TARGÓWEK	WARS ZAWA	POL	M 1-29	5	M 42			DECATHLON TARGÓWEK	00:25:31	00:36:41	00:41:26.70	00:41:33.05	4:08	14.5
6	STYRNIK KRYSZTOF	633		NAŁĘ CZÓ W	POL	M 1-29	6	M 44				00:27:24	00:37:05	00:41:35.75	00:41:43.15	4:09	14.4
7	LENDZION MARCIN	372	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 1-29	7	M 45		TAK	GRUPA BIEGOWA UM W-WA	00:26:04	00:37:11	00:41:42.80	00:41:50.85	4:10	14.4
8	KLOC MACIEJ	283	FALA NIEPORĘT	ARCIE CHÓ W	POL	M 1-29	8	M 48		TAK		00:25:50	00:37:36	00:42:08.60	00:42:17.20	4:12	14.2
9	UMIĄSTOWSKI BARTOSZ	691		NOWY DWÓ R MAZO WIEC KI	POL	M 1-29	9	M 66				00:27:18	00:38:52	00:43:36.25	00:43:48.95	4:21	13.8
10	ŁUKASZEWSKI KAMIL	399		RADO MSKO	POL	M 1-29	10	M 70				00:27:43	00:39:49	00:44:30.05	00:44:40.95	4:27	13.5
11	BERNACKI WIKTOR	37	DOCHODOWYMARK ETING.PL	ZAWI ERCIE	POL	M 1-29	11	M 72				00:27:50	00:39:52	00:44:34.40	00:44:43.30	4:27	13.5
12	TYMOLEWSKI GRZEGORZ	689		WARS ZAWA	POL	M 1-29	12	M 79	TAK			00:28:27	00:40:39	00:45:11.25	00:45:17.80	4:31	13.3
13	DYBA MATEUSZ	794		TENC ZYNE K	POL	M 1-29	13	M 106				00:28:28	00:41:32	00:46:42.10	00:46:56.60	4:40	12.8
14	ŻEGOCCI EMILIAN	782		POMI ECHÓ WEK	POL	M 1-29	14	M 128				00:30:00	00:42:38	00:47:54.30	00:49:09.90	4:47	12.5
15	PIETRASZEK JACEK	509		SULÓ W	POL	M 1-29	15	M 142	TAK			00:30:41	00:43:24	00:48:23.35	00:48:46.05	4:50	12.4
16	MAĆKOWIAK MATEUSZ	405		WARS ZAWA	POL	M 1-29	16	M 146		TAK		00:29:26	00:43:05	00:48:36.25	00:48:39.05	4:51	12.3
17	KASKA DAMIAN	265	ZGLECHÓW RUNNERS	SIENN ICA	POL	M 1-29	17	M 149			ZGLECHÓW RUNNERS	00:30:46	00:43:34	00:48:44.35	00:50:02.15	4:52	12.3
18	WOLSKI PAWEŁ	841		WARS ZAWA	POL	M 1-29	18	M 151	TAK			00:30:39	00:43:27	00:48:46.50	00:49:17.75	4:52	12.3
19	KULIGOWSKI ADRIAN	353		RADZ YMIN	POL	M 1-29	19	M 152				00:30:40	00:43:37	00:48:46.95	00:50:36.30	4:52	12.3
20	BĘBAS PAWEŁ	39		WARS ZAWA	POL	M 1-29	20	M 157	TAK			00:31:03	00:43:54	00:49:00.90	00:49:31.75	4:54	12.2
21	MORAWSKI MARIUSZ	445	BIEGAJ POD OKIEM TRENERA	NOWY DWÓ R MAZO WIEC KI	POL	M 1-29	21	M 158			BIEGAJ POD OKIEM TRENERA	00:29:51	00:43:16	00:49:01.60	00:49:21.65	4:54	12.2

**BIEG PRZEZ MOST , M 1-29 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
22	KONIECZKA KAMIL	302	EBE EBE	WARS ZAWA	POL	M 1-29	22	M 159	TAK			00:31:24	00:44:21	00:49:04.95	00:49:34.05	4:54	12.2
23	KULCZYCKI PAWEŁ	352		WARS ZAWA	POL	M 1-29	23	M 165	TAK			00:29:50	00:43:43	00:49:13.70	00:49:29.75	4:55	12.2
24	ŻEBROWSKI WIKTOR	781		MARK I	POL	M 1-29	24	M 168		TAK		00:30:20	00:44:09	00:49:24.35	00:49:38.45	4:56	12.1
25	PYTEL PIOTR	990		WARS ZAWA	POL	M 1-29	25	M 173				00:30:15	00:44:16	00:49:29.45	00:49:51.10	4:56	12.1
26	KOSIERADZKI MICHAŁ	961	MASTERS DOJO	WARS ZAWA	POL	M 1-29	26	M 174	TAK			00:31:23	00:44:18	00:49:34.70	00:50:07.05	4:57	12.1
27	DE STEFANO JAKUB	793	SPORTOWA WARSZAWA	WARS ZAWA	POL	M 1-29	27	M 187				00:30:04	00:44:13	00:49:54.35	00:50:15.25	4:59	12
28	ZYGMUNT SZYMON	780		WARS ZAWA	POL	M 1-29	28	M 197	TAK			00:31:57	00:45:50	00:50:30.30	00:51:26.65	5:03	11.9
29	KOŁODZIEJCZYK ALEKSANDER	298		WARS ZAWA	POL	M 1-29	29	M 204	TAK			00:32:58	00:45:50	00:50:50.40	00:51:21.95	5:05	11.8
30	RYMUSZKA MACIEJ	572		WARS ZAWA	POL	M 1-29	30	M 213	TAK			00:31:26	00:45:33	00:51:25.05	00:52:00.40	5:08	11.7
31	WOLAŃCZYK ADAM	740		WARS ZAWA	POL	M 1-29	31	M 218	TAK			00:32:36	00:46:20	00:51:36.20	00:52:37.90	5:09	11.6
32	PIERZCHAŁA PIOTR	970		WARS ZAWA	POL	M 1-29	32	M 222	TAK			00:32:58	00:46:27	00:51:40.30	00:52:14.00	5:10	11.6
33	WAGNER ŁUKASZ	698		WARS ZAWA	POL	M 1-29	33	M 224	TAK			00:32:49	00:46:13	00:51:43.50	00:52:23.80	5:10	11.6
34	KOT MIKOŁAJ	317		WARS ZAWA	POL	M 1-29	34	M 229	TAK			00:31:26	00:46:08	00:52:01.60	00:52:20.75	5:12	11.5
35	CHUPRINA NIKITA	89		WARS ZAWA		M 1-29	35	M 239				00:33:37	00:47:13	00:52:41.75	00:53:57.05	5:16	11.4
36	GWIZDAŁA PIOTR	196		WARS ZAWA	POL	M 1-29	36	M 267				00:34:09	00:48:06	00:53:38.50	00:54:36.95	5:21	11.2
37	WOŁOWIK TYMON	744	CHOSZCZÓWKA RUNNING CLUB	WARS ZAWA	POL	M 1-29	37	M 277	TAK		CHOSZCZÓWKA RUNNING CLUB	00:33:20	00:48:29	00:54:11.80	00:54:48.25	5:25	11.1
38	GÓRALCZUK MAKSYMILIAN	179		WARS ZAWA	POL	M 1-29	38	M 282	TAK			00:32:23	00:48:26	00:54:18.70	00:54:34.05	5:25	11
39	OWSIANKA JAKUB	494		ŁOCH ÓW	POL	M 1-29	39	M 290				00:34:15	00:48:46	00:54:34.85	00:55:23.25	5:27	11
40	STRULAK JAKUB	630		WARS ZAWA	POL	M 1-29	40	M 291	TAK			00:34:34	00:48:54	00:54:37.60	00:55:29.95	5:27	11
41	TRZCIŃSKI MICHAŁ	685		WARS ZAWA	POL	M 1-29	41	M 296				00:34:55	00:49:02	00:54:48.85	00:55:41.60	5:28	10.9
42	STRUKOWICZ MICHAŁ	629		WARS ZAWA	POL	M 1-29	42	M 300	TAK			00:35:32	00:49:27	00:54:53.60	00:56:29.55	5:29	10.9
43	WIONCEK PAWEŁ	725		WARS ZAWA	POL	M 1-29	43	M 312	TAK			00:34:33	00:49:08	00:55:17.70	00:56:04.85	5:31	10.9
44	STANISLAVCHUK MYKOLA	973		WARS ZAWA	POL	M 1-29	44	M 322	TAK			00:34:40	00:49:32	00:55:43.60	00:56:43.65	5:34	10.8
45	DOBROWOLSKI DAMIAN	119		WARS ZAWA	POL	M 1-29	45	M 326	TAK			00:33:57	00:49:42	00:55:58.15	00:56:47.15	5:35	10.7
46	KOPEC ANTONI	305		BIAŁA	POL	M 1-29	46	M 333			AKTYWNA WARSZAWA	00:35:27	00:50:30	00:56:09.75	00:56:32.50	5:36	10.7
47	ROMANOWSKI PIOTR	563		WARS ZAWA	POL	M 1-29	47	M 342				00:35:15	00:50:42	00:56:40.50	00:57:28.25	5:40	10.6
48	ADAÓ FILIPE	14		WARS ZAWA	POL	M 1-29	48	M 348	TAK			00:34:37	00:50:35	00:56:45.95	00:57:44.85	5:40	10.6
49	ORZECHOWSKI PIOTR	487		WARS ZAWA	POL	M 1-29	49	M 356	TAK			00:37:51	00:51:27	00:57:13.75	00:57:57.05	5:43	10.5
50	GRZELAK MIKOŁAJ	191		WARS ZAWA	POL	M 1-29	50	M 364				00:34:57	00:50:39	00:57:37.55	00:58:29.70	5:45	10.4

**BIEG PRZEZ MOST , M 1-29 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
51	WALENDZIK DAWID	703			POL	M 1-29	51	M 368				00:34:40	00:50:55	00:57:44.70	00:58:19.30	5:46	10.4
52	SKOROPADYK YULIAN	600	SKOLIAN	WARS ZAWA	POL	M 1-29	52	M 381	TAK			00:36:21	00:52:14	00:58:19.60	00:59:29.20	5:49	10.3
53	AMBROZIAK ROBERT	16		WARS ZAWA	POL	M 1-29	53	M 384				00:36:18	00:52:05	00:58:24.20	00:59:10.35	5:50	10.3
54	MUSZYŃSKI MARCELI	451		WARS ZAWA	POL	M 1-29	54	M 386				00:35:36	00:51:48	00:58:25.30	00:59:23.25	5:50	10.3
55	NAZARENKO VOVA	456		WARS ZAWA	POL	M 1-29	55	M 387	TAK			00:36:02	00:52:02	00:58:27.15	01:00:02.50	5:50	10.3
56	JAROCKI JĘDRZEJ	227		WARS ZAWA	POL	M 1-29	56	M 389	TAK			00:36:19	00:52:43	00:58:32.10	00:59:16.25	5:51	10.3
57	DORS MAREK	124	LKS KABEX PODKOWA JANÓW	WARS ZAWA	POL	M 1-29	57	M 396	TAK			00:36:04	00:52:31	00:59:03.35	00:59:50.20	5:54	10.2
58	WĘGLIŃSKI JAKUB	713		WARS ZAWA	POL	M 1-29	58	M 432	TAK			00:38:02	00:54:47	01:01:13.55	01:02:26.70	6:07	9.8
59	OBROŚLAK GRZEGORZ	470		WARS ZAWA	POL	M 1-29	59	M 434	TAK			00:35:51	00:54:44	01:01:30.65	01:02:16.95	6:09	9.8
60	KOZICKI DAWID	330		WARS ZAWA	POL	M 1-29	60	M 443				00:38:12	00:55:25	01:01:59.35	01:03:09.35	6:11	9.7
61	PIETRZYKOWSKI JAKUB	510		WARS ZAWA	POL	M 1-29	61	M 449	TAK			00:33:03	00:55:04	01:02:22.45	01:02:52.75	6:14	9.6
62	GADAWSKI EDWARD	153		WARS ZAWA	POL	M 1-29	62	M 454				00:38:42	00:57:06	01:03:25.60	01:04:34.65	6:20	9.5
63	REŚLIŃSKI PIOTR	558		TARC HOMI N	POL	M 1-29	63	M 477	TAK			00:38:06	00:57:34	01:04:49.40	01:05:56.95	6:28	9.3
64	SZCZEPAŃSKI MATEUSZ	645		NOWY DWÓR MAZO WIEC KI	POL	M 1-29	64	M 483			LEWANDOWSCY	00:40:28	00:58:15	01:05:47.55	01:06:51.55	6:34	9.1
65	MEDVETSKYI ILLIA	427		WARS ZAWA	POL	M 1-29	65	M 491	YES			00:39:31	00:58:06	01:06:38.95	01:06:57.35	6:39	9
66	KUŹMICKI JAKUB	362	PGNIG TERMIKA SA	WARS ZAWA	POL	M 1-29	66	M 492			PGNIG TERMIKA SA	00:40:49	00:59:28	01:06:47.25	01:08:03.90	6:40	9
67	KOWALSKI KONRAD	807		WARS ZAWA	POL	M 1-29	67	M 496				00:41:07	01:00:13	01:07:26.70	01:08:27.75	6:44	8.9
68	DĄBROWA BARTOSZ	30		WARS ZAWA	POL	M 1-29	68	M 509	TAK	TAK		00:43:35	01:02:01	01:09:20.10	01:10:53.85	6:56	8.7
69	WALKIEWICZ TOMASZ	705		WARS ZAWA	POL	M 1-29	69	M 513				00:43:54	01:02:31	01:09:33.75	01:10:43.35	6:57	8.6
70	RUSIN MICHAŁ	829		JABLO NNA	POL	M 1-29	70	M 536				00:45:20	01:05:45	01:15:14.25	01:16:37.80	7:31	8
71	SZCZĘSŃNY ADRIAN	646		WARS ZAWA	POL	M 1-29	71	M 540				00:47:13	01:07:51	01:16:02.95	01:17:46.25	7:36	7.9
72	SOBOLEWSKI MATEUSZ	610	ŻÓRAWSKI TEAM	WARS ZAWA	POL	M 1-29	72	M 543	TAK		ŻÓRAWSKI TEAM	00:50:01	00:59:07	01:17:23.00	01:17:23.00	7:44	7.8
73	STAŃKOWSKI HUBERT	621	TEAM WARIAT	WARS ZAWA	POL	M 1-29	73	M 556	TAK			00:53:26	01:16:00	01:25:42.20	01:27:04.85	8:34	7

**BIEG PRZEZ MOST , K 30-39**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	VEREMCHUK YULIA	696	TEAMOCHAL#BIGA M BO LUBIE	WARS ZAWA	UKR	K 30-39	1	K 2				00:23:58	00:34:09	00:38:08.35	00:38:11.65	3:48	15.7
2	GRACZYK KAROLINA	183	DĄBROWSKI TEAM	KUTNO	POL	K 30-39	2	K 3				00:23:58	00:34:02	00:38:14.25	00:38:18.65	3:49	15.7
3	KRASZPULSKA MAGDALENA	809	ŻÓRAWSKI TEAM	WARS ZAWA	POL	K 30-39	3	K 4			ŻÓRAWSKI TEAM	00:25:18	00:36:32	00:41:04.25	00:41:07.70	4:06	14.6
4	CZERWIŃSKA KATARZYNA	106		WARS ZAWA	POL	K 30-39	4	K 5				00:25:38	00:36:45	00:41:26.80	00:41:30.60	4:08	14.5
5	PASZKOWSKA MARCELINA	501	ZDROWA MICHA	WARS ZAWA	POL	K 30-39	5	K 7			BIEGANIE PO 40	00:26:33	00:37:50	00:42:22.60	00:42:30.05	4:14	14.2
6	GRULA DOMINIKA	187	KUŹNIA TRIATHLONU	WARS ZAWA	POL	K 30-39	6	K 9				00:27:36	00:39:32	00:44:34.85	00:44:45.30	4:27	13.5
7	TOMCZAK JOANNA	678		WARS ZAWA	POL	K 30-39	7	K 10				00:28:21	00:40:00	00:44:50.35	00:45:02.75	4:29	13.4
8	CHOŁUJ ANNA	85	KOZIENICKI BIEGACZ	KOZIE NICE	POL	K 30-39	8	K 12			KOZIENICKI BIEGACZ	00:28:20	00:40:26	00:45:49.45	00:46:02.80	4:34	13.1
9	ZALEWSKA ANNA	763	GRUPA BIEGOWA CHTMO	SKRZESZE W	POL	K 30-39	9	K 13			GRUPA BIEGOWA CHTMO	00:28:45	00:41:21	00:46:23.00	00:46:32.05	4:38	12.9
10	CHRUŚCIEL BEATA	976		MIĘDZYRZECE PODLASKI	POL	K 30-39	10	K 14				00:29:01	00:41:36	00:46:39.50	00:46:55.75	4:39	12.9
11	SELMOWICZ-ŻUK EMILIA	580	PASSION FIRST	WARS ZAWA	POL	K 30-39	11	K 16		TAK		00:29:41	00:42:11	00:47:10.95	00:47:28.85	4:43	12.7
12	ZAJĄC DARIA	761		WARS ZAWA	POL	K 30-39	12	K 17				00:29:19	00:42:20	00:47:32.55	00:47:41.85	4:45	12.6
13	NIECKARZ JUSTYNA	988		WARS ZAWA	POL	K 30-39	13	K 18	TAK			00:29:45	00:43:04	00:48:12.65	00:48:52.30	4:49	12.4
14	PODSADNI-KRYSIK PAULINA	528	EKOBIEGI	WARS ZAWA	POL	K 30-39	14	K 20	TAK			00:30:19	00:43:25	00:48:38.35	00:48:54.10	4:51	12.3
15	WEŁO EWELINA	710	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	K 30-39	15	K 22	TAK		BIEGAJ POD OKIEM TRENERA	00:30:10	00:43:35	00:49:07.60	00:49:16.95	4:54	12.2
16	SUWAŁA KATARZYNA	847		WARS ZAWA	POL	K 30-39	16	K 24			ADIDAS RUNNERS WARSAW	00:30:51	00:43:59	00:49:13.70	00:49:37.00	4:55	12.2
17	MISIAK ANNA	814	TEAM ZABIEGANEDNI	WARS ZAWA	POL	K 30-39	17	K 26				00:31:01	00:44:07	00:49:30.10	00:49:59.85	4:57	12.1
18	MAZUR EMILIA	425		KOCZYSTAR	POL	K 30-39	18	K 27				00:29:55	00:44:02	00:49:41.15	00:49:51.30	4:58	12.1
19	FLONT AGNIESZKA	144	DECATHLON TARGÓWEK	GARWOLIN	POL	K 30-39	19	K 28			DECATHLON TARGÓWEK	00:30:20	00:44:11	00:49:46.05	00:50:03.70	4:58	12.1
20	AHEICHYK VOLHA	15		WARS ZAWA	POL	K 30-39	20	K 30	TAK			00:30:48	00:44:30	00:49:56.80	00:50:35.15	4:59	12
21	FILIPOWICZ NATALIA	142	NEW BALANCE RUN CLUB	WARS ZAWA	POL	K 30-39	21	K 34				00:31:26	00:45:11	00:50:48.05	00:51:08.00	5:04	11.8
22	CHOTOMSKA DOROTA	86		LEGIONOWO	POL	K 30-39	22	K 37				00:31:44	00:45:45	00:51:27.60	00:51:33.55	5:08	11.7
23	WANAT KATARZYNA	706	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	K 30-39	23	K 39			BIEGAJ POD OKIEM TRENERA	00:31:31	00:45:57	00:51:38.50	00:51:58.45	5:09	11.6
24	SŁOWIAK KLAUDIA	604		WARS ZAWA	POL	K 30-39	24	K 44				00:33:09	00:47:16	00:52:56.55	00:53:30.90	5:17	11.3
25	MIELCZARZYK JOANNA	434		WARS ZAWA	POL	K 30-39	25	K 47				00:33:50	00:47:39	00:53:18.60	00:54:14.75	5:19	11.3



**BIEG PRZEZ MOST , K 30-39 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
26	TRUSZKOWSKA MARTA	836	BESTIE OCR LEGIONOWO	LEGIO NOWO	POL	K 30-39	26	K 48			BESTIE OCR LEGIONOWO	00:34:03	00:47:43	00:53:18.90	00:54:32.35	5:19	11.3
27	JAKUBOWSKA ANNA	217		WARS ZAWA	POL	K 30-39	27	K 52	TAK			00:33:16	00:48:19	00:54:13.00	00:54:55.10	5:25	11.1
28	SOBIELARSKA JOANNA	608		WARS ZAWA	POL	K 30-39	28	K 58	TAK			00:34:24	00:48:43	00:54:28.45	00:55:18.25	5:26	11
29	ŚWIDERSKA JOANNA	666	WSPARCIETRENING OWE.PL	WARS ZAWA	POL	K 30-39	29	K 62	TAK			00:34:24	00:49:03	00:55:11.75	00:55:46.35	5:31	10.9
30	FLOREK MAŁGORZATA	145		WARS ZAWA	POL	K 30-39	30	K 69	TAK			00:34:18	00:49:55	00:55:53.35	00:56:44.85	5:35	10.7
31	FOLMAN AGATA	147		TELUS ZCZ	POL	K 30-39	31	K 70				00:35:25	00:50:05	00:55:57.15	00:56:41.55	5:35	10.7
32	FLAGA ANIA	795		WARS ZAWA	POL	K 30-39	32	K 71				00:34:53	00:50:14	00:56:11.75	00:56:43.90	5:37	10.7
33	SARNACKA JOANNA	578	PODESZWA TEAM	MARK I	POL	K 30-39	33	K 73				00:34:42	00:50:10	00:56:21.65	00:57:00.85	5:38	10.6
34	DOBOSZ ANETA	118	WŚCIEKLE PIĘŚCI WĘŻA	WARS ZAWA	POL	K 30-39	34	K 76	TAK			00:35:20	00:50:42	00:56:51.05	00:57:48.00	5:41	10.6
35	FEDORUK NATALIA	139		WARS ZAWA	POL	K 30-39	35	K 83		TAK		00:35:36	00:51:24	00:57:51.35	00:59:15.95	5:47	10.4
36	YURKEVICH NADESHDA	960		WARS ZAWA	POL	K 30-39	36	K 84				00:34:58	00:51:21	00:57:54.25	00:58:54.55	5:47	10.4
37	BUDKOWSKA DOROTA	67		CZER WIŃS K NAD WISŁA	POL	K 30-39	37	K 88				00:36:26	00:52:06	00:58:19.00	00:59:24.55	5:49	10.3
38	BOGŁOWSKA ULA	56		WARS ZAWA	POL	K 30-39	38	K 91	TAK			00:36:07	00:52:09	00:58:23.00	00:59:44.10	5:50	10.3
39	TKACHOVA YULIYA	671		WARS ZAWA	BLR	K 30-39	39	K 92	ДА			00:36:36	00:52:07	00:58:35.55	00:59:54.20	5:51	10.2
40	TRZASKO ANIA	683		WARS ZAWA	POL	K 30-39	40	K 95				00:35:56	00:52:17	00:58:50.75	00:59:35.80	5:53	10.2
41	SIERZYCKA KATARZYNA	587		WARS ZAWA	POL	K 30-39	41	K 96				00:36:57	00:52:33	00:58:52.15	01:00:04.45	5:53	10.2
42	PLUCIŚ MAŁGORZATA	525		JABŁO NNA	POL	K 30-39	42	K 99				00:37:15	00:52:47	00:58:56.90	01:00:05.15	5:53	10.2
43	WACHOWSKA EMILIA	837	USŁUGI WETERYNARYJNE EMILIA WACHOWSKA	WRO CŁAW	POL	K 30-39	43	K 100				00:36:11	00:52:55	00:59:01.80	01:00:02.75	5:54	10.2
44	PONICHTERA KAROLINA	533		WOŁO MIN	POL	K 30-39	44	K 101				00:36:53	00:53:00	00:59:25.25	01:00:29.85	5:56	10.1
45	SZKUDLAREK EWA	651		OSTRÓW WIELKOPOLSKI	POL	K 30-39	45	K 102				00:37:22	00:53:23	00:59:35.40	01:00:45.00	5:57	10.1
46	LIS-MAJER ANNA	385		WARS ZAWA	POL	K 30-39	46	K 106		TAK		00:35:31	00:53:03	00:59:46.15	01:00:35.15	5:58	10
47	GONTAREK OLGA	174		JÓZEF ÓW	POL	K 30-39	47	K 107		TAK		00:36:42	00:53:11	00:59:48.40	00:59:58.25	5:58	10
48	RABI JOANNA	551		WARS ZAWA	POL	K 30-39	48	K 108	TAK			00:38:03	00:53:48	00:59:56.00	01:00:32.25	5:59	10

**BIEG PRZEZ MOST , K 30-39 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
49	SZYMOR JOANNA	660	SERWIS POJAZDÓW	WARS ZAWA	POL	K 30-39	49	K 109				00:36:21	00:52:57	01:00:01.65	01:00:50.95	6:00	10
50	BROŻEK ALEKSANDRA	62		WARS ZAWA	POL	K 30-39	50	K 111				00:36:25	00:53:23	01:00:04.10	01:00:57.75	6:00	10
51	MOSTOWSKA MAŁGOSIA	447		WARS ZAWA	POL	K 30-39	51	K 112	TAK			00:37:38	00:53:40	01:00:24.35	01:01:33.55	6:02	9.9
52	PUCHALSKA WIOLETTA	545		DŁUG OSIO DŁO	POL	K 30-39	52	K 115				00:36:36	00:53:34	01:00:30.05	01:01:17.40	6:03	9.9
53	JAKUBICKA JOANNA	215		WARS ZAWA	POL	K 30-39	53	K 116				00:38:00	00:53:47	01:00:33.00	01:01:31.95	6:03	9.9
54	MALANOWSKA JULIA	410		WARS ZAWA	POL	K 30-39	54	K 117				00:37:32	00:54:05	01:00:38.00	01:01:18.70	6:03	9.9
55	KĘDZIOREK ELA	273	TEAM ZABIEGANEDNI	WIAZ OWN A	POL	K 30-39	55	K 119				00:36:27	00:53:43	01:00:54.00	01:01:50.10	6:05	9.9
56	ORŁOWSKA ANNA	482		SKRZ ESZE W	POL	K 30-39	56	K 120				00:37:40	00:54:26	01:01:00.00	01:02:09.90	6:06	9.8
57	HARABIN JUSTYNA	200		CZAR NÓW	POL	K 30-39	57	K 122				00:37:41	00:54:21	01:01:20.50	01:02:21.70	6:08	9.8
58	OSTRYSZ MAGDALENA	490		WARS ZAWA	POL	K 30-39	58	K 124				00:37:24	00:54:19	01:01:26.10	01:02:14.25	6:08	9.8
59	NIEWIADOMSKA KAROLINA	459		MARK I	POL	K 30-39	59	K 126				00:37:45	00:54:47	01:01:38.00	01:02:45.70	6:09	9.7
60	RADOMSKA-ZUBC ZYŃSKA MARIA	554		WARS ZAWA	POL	K 30-39	60	K 128	TAK			00:36:24	00:54:34	01:01:42.20	01:02:34.00	6:10	9.7
61	LELITO DARIA	369		WARS ZAWA	POL	K 30-39	61	K 130				00:38:04	00:55:05	01:01:55.00	01:03:15.20	6:11	9.7
62	BIENKOWSKA - GACKA KATARZYNA	49		ŁOMI ANKI	POL	K 30-39	62	K 137				00:38:45	00:56:02	01:03:03.35	01:04:02.75	6:18	9.5
63	OPOŃSKA EMILIA	481	BIEGAM NA TARCHOMINIE	JABLO NNA	POL	K 30-39	63	K 139			BIEGAM NA TARCHOMINIE	00:39:17	00:56:44	01:03:17.45	01:04:34.45	6:19	9.5
64	CHODUN AGNIESZKA	83		WARS ZAWA	POL	K 30-39	64	K 144				00:40:12	00:57:08	01:03:34.25	01:05:13.45	6:21	9.4
65	TALATAI SVIATLANA	835		WARS ZAWA	POL	K 30-39	65	K 147	TAK			00:37:28	00:56:28	01:03:48.55	01:04:50.25	6:22	9.4
66	BORKOWSKA MONIKA	60		WARS ZAWA	POL	K 30-39	66	K 154	TAK			00:39:42	00:57:27	01:04:41.80	01:05:53.55	6:28	9.3
67	DŁUGOKEĆKA KATARZYNA	116		WARS ZAWA	POL	K 30-39	67	K 155	TAK			00:40:56	00:58:03	01:04:41.80	01:05:53.30	6:28	9.3
68	OPALIŃSKA KATARZYNA	480		WARS ZAWA	POL	K 30-39	68	K 156	TAK			00:40:14	00:58:11	01:04:53.45	01:05:57.85	6:29	9.2
69	WALECKA WIKTORIA	838	TRIATHLON TARCHOMIN TEAM	WARS ZAWA	POL	K 30-39	69	K 157	TAK	TAK	TRIATHLON TARCHOMIN TEAM	00:40:53	00:58:11	01:05:03.75	01:06:27.60	6:30	9.2
70	KOMINEK GRAŻYNA	300		POŚW IĘTNE	POL	K 30-39	70	K 165				00:40:37	00:58:56	01:06:21.60	01:07:59.25	6:38	9
71	MAJCHRZAK ANNA	333	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 30-39	71	K 167	TAK	TAK		00:41:04	00:59:28	01:06:57.15	01:08:31.55	6:41	9
72	ZYCH KASIA	778	NEW BALANS	WARS ZAWA	POL	K 30-39	72	K 171				00:41:46	00:59:50	01:07:23.30	01:08:04.35	6:44	8.9
73	OGOŃCZYK DONATA	472		SERO CK	POL	K 30-39	73	K 172				00:40:12	01:00:05	01:07:37.45	01:09:02.85	6:45	8.9
74	GWIZDAŁA WIOLETTA	197		WARS ZAWA	POL	K 30-39	74	K 177				00:40:19	01:00:29	01:08:29.55	01:09:23.45	6:50	8.8

**BIEG PRZEZ MOST , K 30-39 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
75	KLINOWSKA AGNIESZKA	281		WARS ZAWA	POL	K 30-39	75	K 178	TAK		BIEGAM NA BIAŁOLEŃCE	00:42:49	01:01:15	01:08:29.55	01:08:41.35	6:50	8.8
76	PRZYBYŚLAWSKA-PRASKA ILONA	542		ŁOMI ANKI DOLN E	POL	K 30-39	76	K 183				00:41:29	01:00:38	01:08:52.40	01:10:04.30	6:53	8.7
77	MIRKOWSKA MONIKA	981		WARS ZAWA	POL	K 30-39	77	K 187				00:41:25	01:01:01	01:09:29.85	01:10:29.00	6:56	8.6
78	SIEDLECKA MARTYNA	582	PANI	MARK I	POL	K 30-39	78	K 190				00:43:11	01:01:39	01:09:36.80	01:10:28.25	6:57	8.6
79	NAULEWICZ MONIKA	454		WARS ZAWA	POL	K 30-39	79	K 193	TAK			00:43:32	01:02:15	01:09:52.75	01:10:10.60	6:59	8.6
80	BOJARSKA MAGDALENA	58		WARS ZAWA	POL	K 30-39	80	K 194	TAK			00:43:32	01:02:17	01:09:52.85	01:10:10.75	6:59	8.6
81	ŁOTOWSKA MAŁGORZATA	391		LEGIO NOW O	POL	K 30-39	81	K 197				00:43:17	01:02:58	01:10:52.15	01:12:18.30	7:05	8.5
82	LISOWSKA ALICJA	386	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 30-39	82	K 200	TAK		BIEGAM NA TARCHOMINIE	00:43:13	01:03:35	01:11:10.25	01:12:34.70	7:07	8.4
83	KOSMOWSK MAGDALENA	312	SULEK TEAM :)	ZĄBKI	POL	K 30-39	83	K 202				00:44:54	01:03:47	01:11:29.85	01:13:07.80	7:08	8.4
84	ZAKHARKEVICH HALINA	991		WARS ZAWA	POL	K 30-39	84	K 204	TAK			00:43:59	01:03:28	01:11:39.65	01:13:10.25	7:09	8.4
85	SZŁĄŻAK POLA	957		WARS ZAWA	POL	K 30-39	85	K 209				00:44:25	01:05:01	01:13:34.10	01:14:32.55	7:21	8.2
86	WIŚNIEWSKA-DUDA ANNA	727		WARS ZAWA	POL	K 30-39	86	K 214	TAK			00:46:15	01:06:44	01:15:32.10	01:17:04.90	7:33	7.9
87	KNAP DOROTA	289	ZALATANI 1BLTR	WARS ZAWA	POL	K 30-39	87	K 215				00:46:47	01:06:59	01:15:40.35	01:16:57.80	7:34	7.9
88	JANKOWSKA ŻANETA	223		LEGIO NOW O	POL	K 30-39	88	K 217				00:46:19	01:08:51	01:16:24.90	01:18:01.35	7:38	7.9
89	KŁYK ZOFIA	287		KIEŁPI N	POL	K 30-39	89	K 221		TAK		00:47:30	01:08:04	01:17:06.10	01:18:36.40	7:42	7.8
90	WICHTOWSKA KAROLINA	716		WARS ZAWA	POL	K 30-39	90	K 231	TAK			00:49:41	01:12:00	01:21:12.05	01:22:12.95	8:07	7.4
91	HARABIN KINGA	199		CZAR NÓW	POL	K 30-39	91	K 237	TAK			00:57:30				8:42	6.9

**BIEG PRZEZ MOST , M 30-39**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	FALANDYSZ DAMIAN	137	WPRRUNNING PRUSZKÓW	PRUS ZKÓW	POL	M 30-39	1	M 2				00:22:07	00:31:20	00:35:07.00	00:35:09.55	3:30	17.1
2	PYRZAK PAWEŁ	547	BIEGANIEPO40.PL	WARS ZAWA	POL	M 30-39	2	M 3	TAK		BIEGANIE PO 40	00:22:05	00:31:24	00:35:19.70	00:35:21.70	3:31	17
3	KRZESZEWSKI RAFAŁ	346	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	M 30-39	3	M 4	TAK		BIEGAJ POD OKIEM TRENERA	00:22:50	00:32:12	00:35:58.30	00:36:01.30	3:35	16.7
4	ŁOZOWSKI OLAF	395	#ZALINIAMIETYEA M	GROD ZISK MAZO WIEC KI	POL	M 30-39	4	M 5				00:22:51	00:32:25	00:36:14.35	00:36:17.05	3:37	16.6

**BIEG PRZEZ MOST , M 30-39 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
5	URMANOWSKI DANIEL	694	DREAM RUN	WARS ZAWA	POL	M 30-39	5	M 7	TAK			00:22:36	00:32:22	00:36:23.55	00:36:26.05	3:38	16.5
6	KUREK JAROSŁAW	357	WAT	WARS ZAWA	POL	M 30-39	6	M 8	TAK			00:23:00	00:32:36	00:36:32.20	00:36:34.75	3:39	16.4
7	HILDEBRAND MARCIN	203	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 30-39	7	M 10	TAK		BIEGAM NA TARCHOMINIE	00:22:59	00:32:43	00:36:51.95	00:36:55.05	3:41	16.3
8	WOŹNIAK PRZEMYSŁAW	745	WIELISZEW HERON TEAM	LEGIO NOW O	POL	M 30-39	8	M 11			WIELISZEW HERON TEAM	00:23:23	00:33:14	00:37:13.90	00:37:18.25	3:43	16.1
9	JASZCZERSKI PAWEŁ	234		WARS ZAWA	POL	M 30-39	9	M 12	TAK			00:23:31	00:33:24	00:37:25.25	00:37:29.35	3:44	16
10	JUSIŃSKI KRYSZTIAN	247	BRACTWO BIEGOWE BGK	WARS ZAWA	POL	M 30-39	10	M 15			BRACTWO BIEGOWE BGK	00:23:29	00:33:33	00:37:41.90	00:37:45.65	3:46	15.9
11	SOBCZYK GRZEGORZ	607	KOZIENICKI BIEGACZ	KOZIE NICE	POL	M 30-39	11	M 17		TAK	KOZIENICKI BIEGACZ	00:23:31	00:33:41	00:37:53.60	00:38:00.20	3:47	15.8
12	PLUTA DANIEL	521	TEAM PLUTT	PIAST ÓW	POL	M 30-39	12	M 18				00:23:34	00:33:29	00:38:01.45	00:38:04.30	3:48	15.8
13	MARCINISZYN GRZEGORZ	813	DUCLA ACADEMY	WARS ZAWA	POL	M 30-39	13	M 20				00:23:59	00:33:58	00:38:02.80	00:38:08.35	3:48	15.8
14	KUPA BARTOSZ	356	KLUB BIEGACZY JYSK	SŁUP NO	POL	M 30-39	14	M 23				00:23:59	00:34:15	00:38:29.50	00:38:32.75	3:50	15.6
15	ZAWOJSKI MACIEJ	290	AKADEMIA WIOŚLARSKA ZAWOJSKICH	WARS ZAWA	POL	M 30-39	15	M 27				00:25:06	00:35:20	00:39:26.40	00:39:31.85	3:56	15.2
16	BIELECKI JAKUB	45	JAKUB BIELECKI	WARS ZAWA	POL	M 30-39	16	M 28				00:24:56	00:35:21	00:39:34.10	00:39:38.95	3:57	15.2
17	SIEMIENIAKA MAREK	585	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 30-39	17	M 35			BIEGAM NA TARCHOMINIE	00:24:39	00:35:49	00:40:10.55	00:40:48.95	4:01	14.9
18	KOŚCIK JAKUB	316	ADIDAS RUNNERS WARSAW	WARS AW	POL	M 30-39	18	M 34			ADIDAS RUNNERS WARSAW	00:25:18	00:35:56	00:40:15.65	00:40:22.55	4:01	14.9
19	TKACZYK ADAM	672		WARS ZAWA	POL	M 30-39	19	M 38				00:25:26	00:36:57	00:41:09.65	00:41:13.20	4:06	14.6
20	PAWLAK ANDRZEJ	503		KOMO RNICA	POL	M 30-39	20	M 39			WIELISZEW HERON TEAM	00:25:30	00:36:40	00:41:18.05	00:41:23.35	4:07	14.5
21	TROJAN PRZEMYSŁAW	999	ZABIEGANIDOBRO WOLSCY.PL	SKRZ ESZE W	POL	M 30-39	21	M 41				00:25:32	00:36:54	00:41:23.60	00:41:29.75	4:08	14.5
22	MILCZARZYK DARIUSZ	439	KOZIENICKI BIEGACZ	KOZIE NICE	POL	M 30-39	22	M 52			KOZIENICKI BIEGACZ	00:26:21	00:37:45	00:42:20.95	00:42:29.45	4:14	14.2
23	WASIELEWSKI MAREK	708		WARS ZAWA	POL	M 30-39	23	M 55	TAK			00:26:15	00:37:49	00:42:35.50	00:42:42.75	4:15	14.1
24	ZGODA MATEUSZ	773	NAPRZÓD MŁOCINY	WARS ZAWA	POL	M 30-39	24	M 59	TAK			00:27:20	00:38:32	00:43:06.25	00:43:15.75	4:18	13.9
25	ŚCIBIOREK BARTOSZ	663		WARS ZAWA	POL	M 30-39	25	M 65				00:26:19	00:38:35	00:43:11.70	00:43:48.15	4:19	13.9
26	DENERT MARIUSZ	113	WAT	WARS ZAWA	POL	M 30-39	26	M 63				00:27:03	00:38:31	00:43:16.15	00:43:26.05	4:19	13.9
27	FLAGA BARTŁOMIEJ	796		WARS ZAWA	POL	M 30-39	27	M 62				00:26:08	00:38:27	00:43:16.80	00:43:21.55	4:19	13.9
28	GALIŃSKI SEBASTIAN	155		CHOT OMÓ W	POL	M 30-39	28	M 68				00:26:58	00:39:25	00:44:25.40	00:44:33.10	4:26	13.5
29	SIEDLECKI ŁUKASZ	583	BIEGANIE PO 40	WARS ZAWA	POL	M 30-39	29	M 69			BIEGANIE PO 40	00:27:16	00:39:23	00:44:31.10	00:44:39.55	4:27	13.5
30	WICENTY PAWEŁ	715	DECATHLON TARGÓWEK	WARS ZAWA	POL	M 30-39	30	M 80	TAK		DECATHLON TARGÓWEK	00:28:19	00:40:23	00:45:01.35	00:45:18.10	4:30	13.3

**BIEG PRZEZ MOST , M 30-39 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
31	GIEGIEL LUKASZ	163		WARS ZAWA	POL	M 30-39	31	M 84				00:28:15	00:40:13	00:45:15.05	00:45:30.40	4:31	13.3
32	GUMUŁA JAKUB	193		WARS ZAWA	POL	M 30-39	32	M 88				00:28:18	00:40:31	00:45:17.70	00:45:40.70	4:31	13.2
33	MACHALSKI MATEUSZ	402	ASP HOOLIGANS	WARS ZAWA	POL	M 30-39	33	M 85				00:28:46	00:40:42	00:45:22.65	00:45:33.60	4:32	13.2
34	KOŁODZIEJ MIROSŁAW	297	WOLNY KRAFT - WYBIEGAJ BROWARKA	WARS ZAWA	POL	M 30-39	34	M 91				00:28:16	00:40:48	00:45:54.95	00:45:59.60	4:35	13.1
35	KOSTRZEWA MICHAŁ	315	GRUPA BIEGOWA UM WARSZAWA	WARS ZAWA	POL	M 30-39	35	M 92		TAK	GRUPA BIEGOWA UM W-WA	00:28:30	00:41:16	00:46:00.85	00:46:07.95	4:36	13
36	BAZHKO VIACHASLAU	26		WARS ZAWA	BLR	M 30-39	36	M 93	DA			00:28:13	00:41:02	00:46:01.30	00:46:45.45	4:36	13
37	JANISZEWSKI RAFAŁ	220	BRAVEHEARTS LEGIONOWO	LEGIO NOW O	POL	M 30-39	37	M 94			BRAVEHEARTS LEGIONOWO	00:28:31	00:41:04	00:46:09.15	00:46:21.90	4:36	13
38	KORYCKI SZYMON	308		WARS AW	POL	M 30-39	38	M 95				00:28:19	00:41:02	00:46:10.25	00:46:27.10	4:37	13
39	GŁĘBOCKI MACIEJ	166	FIZJOTERAPIA MACIEJ GŁĘBOCKI	WARS ZAWA	POL	M 30-39	39	M 96			BIEGAJ POD OKIEM TRENERA	00:28:20	00:41:16	00:46:14.40	00:46:28.05	4:37	13
40	ŚMIETAŁO DAWID	994		WARS ZAWA	POL	M 30-39	40	M 99	TAK			00:28:36	00:41:32	00:46:19.15	00:46:35.25	4:37	13
41	SIEGIEDA MICHAŁ	584	ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	M 30-39	41	M 100	TAK		ADIDAS RUNNERS WARSAW	00:28:12	00:41:02	00:46:21.90	00:46:28.75	4:38	12.9
42	ZACHOSZCZ MACIEJ	757	DECATHLON TARGÓWEK	WARS ZAWA	POL	M 30-39	42	M 104			DECATHLON TARGÓWEK	00:28:37	00:41:10	00:46:29.50	00:46:47.60	4:38	12.9
43	KURZEP SZYMON	359		STĘŻ YCA	POL	M 30-39	43	M 107				00:29:18	00:41:46	00:46:42.85	00:47:39.70	4:40	12.8
44	DRZYMAŁA KRZYSZTOF	127		WARS ZAWA	POL	M 30-39	44	M 108				00:28:56	00:41:40	00:46:43.25	00:46:55.35	4:40	12.8
45	KĘDZIOREK RAFAŁ	274	TEAM ZABIEGANEDNI / STRAŻ	WIĄZ OWN A	POL	M 30-39	45	M 109				00:28:44	00:41:33	00:46:50.75	00:47:04.85	4:41	12.8
46	KRUKOWSKI DAWID	341	22. OŚRODEK DOWODZENIA I NAPROWADZANIA	ŁOCH OWO	POL	M 30-39	46	M 113				00:28:32	00:41:53	00:47:10.50	00:47:19.20	4:43	12.7
47	TELATYŃSKI MICHAŁ	670		WARS ZAWA	POL	M 30-39	47	M 116				00:29:45	00:42:20	00:47:24.10	00:48:01.75	4:44	12.7
48	PASTUKHOV VASYL	500		WARS ZAWA	UKR	M 30-39	48	M 121					00:47:38.65	00:47:38.65		4:45	12.6
49	CHOTOMSKI MARCIN	87		LEGIO NOW O	POL	M 30-39	49	M 123				00:30:05		00:47:38.70	00:47:43.95	4:45	12.6
50	SKWARCZ PAWEŁ	603		WARS ZAWA	POL	M 30-39	50	M 124	TAK			00:32:35	00:41:47	00:47:42.35	00:47:51.25	4:46	12.6
51	PACZKOWSKI OSKAR	496	BIEGIEM DO AGD SEROCK	JADWI SIN	POL	M 30-39	51	M 132				00:29:53	00:42:43	00:48:01.85	00:48:41.65	4:48	12.5
52	WIKTOROWICZ BARTELOMIEJ	722	PAŃSTWOWA STRAŻ POŻARNA LEGIONOWO	BENIA MINÓ W	POL	M 30-39	52	M 133				00:30:10	00:43:14	00:48:04.25	00:48:06.75	4:48	12.5
53	CHĘC TOMASZ	78		WARS ZAWA	POL	M 30-39	53	M 134				00:29:51	00:42:55	00:48:06.15	00:48:26.80	4:48	12.5
54	WALCZAK ARTUR	700	PGNIG TERMIKA SA	WARS ZAWA	POL	M 30-39	54	M 136			PGNIG TERMIKA SA	00:30:16	00:43:08	00:48:07.75	00:48:07.75	4:48	12.5
55	ZAWROTNY MARIUSZ	771		WARS ZAWA	POL	M 30-39	55	M 140	TAK			00:29:55	00:42:57	00:48:17.10	00:48:22.35	4:49	12.4

**BIEG PRZEZ MOST , M 30-39 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
56	JEŹEWSKI TOMASZ	240		WARS ZAWA	POL	M 30-39	56	M 150				00:30:22	00:43:31	00:48:46.30	00:49:27.45	4:52	12.3
57	CLAJOT FABIAN	98		OLSZ TYN	POL	M 30-39	57	M 153				00:31:00	00:43:54	00:48:53.20	00:49:22.65	4:53	12.3
58	RADECKI MICHAŁ	553		WARS ZAWA	POL	M 30-39	58	M 156				00:30:32	00:43:39	00:48:58.30	00:50:01.45	4:53	12.3
59	KALINOWSKI KAMIL	256		WARS ZAWA	POL	M 30-39	59	M 160	TAK			00:31:03	00:43:57	00:49:06.25	00:49:33.10	4:54	12.2
60	SENATOR ARTUR	774		WARS ZAWA	POL	M 30-39	60	M 164				00:30:17	00:43:38	00:49:10.50	00:49:31.15	4:55	12.2
61	OSTAŁOWSKI PAWEŁ	817		WARS ZAWA	POL	M 30-39	61	M 167	TAK			00:31:24	00:44:18	00:49:21.40	00:49:51.40	4:56	12.2
62	SILCZAK BARTOSZ	594	BRACHTWO BIEGOWE BGK	WARS ZAWA	POL	M 30-39	62	M 169			BRACHTWO BIEGOWE BGK	00:30:09	00:43:14	00:49:26.80	00:50:26.80	4:56	12.1
63	LEŚ TOMASZ	374	TARCHOMIN TRIATHLON TEAM	WARS ZAWA	POL	M 30-39	63	M 172	TAK		TRIATHLON TARCHOMIN TEAM	00:31:09	00:44:18	00:49:28.80	00:49:53.15	4:56	12.1
64	PROCHOWICZ KAROL	539		WARS ZAWA	POL	M 30-39	64	M 175				00:31:06	00:44:17	00:49:34.95	00:49:54.35	4:57	12.1
65	ŁACIŃSKI PRZEMYSŁAW	389	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	M 30-39	65	M 176			BIEGAJ POD OKIEM TRENERA	00:31:32	00:44:24	00:49:39.85	00:50:13.45	4:57	12.1
66	SPRENGEL PIOTR	833	WSEWS/UKS MTE	MILAN ÓWEK	POL	M 30-39	66	M 178				00:30:08	00:44:03	00:49:45.70	00:50:01.05	4:58	12.1
67	PLAWIAK WOJCIECH	522		WARS ZAWA	POL	M 30-39	67	M 179				00:30:59	00:44:31	00:49:46.55	00:50:04.10	4:58	12.1
68	ŚCIBIOR GRZEGORZ	662		WARS ZAWA	POL	M 30-39	68	M 180	TAK			00:30:36	00:43:50	00:49:46.95	00:51:02.55	4:58	12.1
69	MIODUSZEWSKI ADRIAN	441		WARS ZAWA	POL	M 30-39	69	M 191	TAK			00:31:03	00:44:29	00:50:10.95	00:50:39.90	5:01	12
70	WIERNIK DANIEL	718		WARS ZAWA	POL	M 30-39	70	M 193	TAK			00:31:12	00:44:59	00:50:22.30	00:50:38.65	5:02	11.9
71	MILEWSKI PATRYK	440	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 30-39	71	M 196		TAK	GRUPA BIEGOWA UM W-WA	00:30:58	00:44:50	00:50:26.85	00:51:04.05	5:02	11.9
72	GORSIAK MATEUSZ	799		WARS ZAWA	POL	M 30-39	72	M 198	TAK			00:31:58	00:45:12	00:50:31.15	00:51:23.90	5:03	11.9
73	SOWIŃSKI DANIEL	616		WARS ZAWA	POL	M 30-39	73	M 200	TAK			00:31:30	00:45:20	00:50:39.85	00:51:06.35	5:03	11.8
74	DOBOSZ PIOTR	117	WŚCIEKLE PIĘŚCI WĘŻA	WARS ZAWA	POL	M 30-39	74	M 201	TAK			00:31:58	00:45:23	00:50:44.05	00:51:40.70	5:04	11.8
75	JURKOWSKI ARTUR	246	ZGLECHÓW RUNNERS	SIENN ICA	POL	M 30-39	75	M 216			ZGLECHÓW RUNNERS	00:32:02	00:45:58	00:51:34.30	00:52:52.15	5:09	11.6
76	SZATKOWSKI PIOTR	643	PKP PLK S.A.	WARS ZAWA	POL	M 30-39	76	M 233				00:32:22	00:46:35	00:52:22.60	00:53:07.30	5:14	11.5
77	KRATOK DMITRY	336	RUN_WAWA_RUN	WARS ZAWA	POL	M 30-39	77	M 234	TAK			00:32:49	00:46:46	00:52:28.80	00:53:09.85	5:14	11.4
78	STRZAŁKOWSKI MARCIN	631	WKURW_TEAM	WARS ZAWA	POL	M 30-39	78	M 241	TAK			00:31:59	00:46:34	00:52:44.05	00:53:02.75	5:16	11.4
79	BUDZIK SYLWESTER	71		NOW E GROC HALE	POL	M 30-39	79	M 242				00:34:13	00:47:23	00:52:44.30	00:53:25.95	5:16	11.4
80	FIJTEK PIOTR	141		WARS ZAWA	POL	M 30-39	80	M 243	TAK			00:32:24	00:47:12	00:52:45.30	00:53:08.80	5:16	11.4
81	CZERNIGOWSKI SZYMON	792		WARS ZAWA	POL	M 30-39	81	M 245				00:32:42	00:46:57	00:52:48.65	00:53:44.25	5:16	11.4
82	DRYNKO KAROL	125	FIZJOTERAPIAHD	WARS ZAWA	POL	M 30-39	82	M 250	TAK			00:32:11	00:47:09	00:52:56.70	00:53:21.40	5:17	11.3

**BIEG PRZEZ MOST , M 30-39 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
83	KŁOS ŁUKASZ	286	ASICS FRONTRUNNER POLAND	WARS ZAWA	POL	M 30-39	83	M 251				00:31:50	00:46:48	00:52:57.05	00:53:22.25	5:17	11.3
84	POPLAWSKI MICHAEL	822		WARS ZAWA	POL	M 30-39	84	M 252				00:33:13	00:47:13	00:52:57.40	00:53:39.80	5:17	11.3
85	BUDOWSKI ŁUKASZ	68		WARS ZAWA	POL	M 30-39	85	M 258				00:32:42	00:47:19	00:53:18.55	00:53:29.40	5:19	11.3
86	GODLEWSKI ARTUR	170	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 30-39	86	M 260	TAK		BIEGAM NA TARCHOMINIE	00:33:03	00:47:26	00:53:23.90	00:53:53.75	5:20	11.2
87	ROWICKI MARIUSZ	38		WARS ZAWA	POL	M 30-39	87	M 261				00:33:12	00:47:42	00:53:24.90	00:54:22.15	5:20	11.2
88	ORŁOWSKI TOMASZ	484		WARS ZAWA	POL	M 30-39	88	M 266				00:32:59	00:47:58	00:53:38.30	00:54:13.05	5:21	11.2
89	KARWECKI PATRYK	264		WARS ZAWA	POL	M 30-39	89	M 278	TAK			00:34:45	00:48:40	00:54:14.25	00:55:00.00	5:25	11.1
90	CIEŚLAR RAFAŁ	95		WARS ZAWA	POL	M 30-39	90	M 279				00:34:12	00:48:31	00:54:15.00	00:55:04.00	5:25	11.1
91	BARANOWSKI ŁUKASZ	22		WARS ZAWA	POL	M 30-39	91	M 284				00:34:11	00:48:15	00:54:19.65	00:55:11.20	5:25	11
92	SENKO MATEUSZ	1	STOWARZYSZENIE RAZEM DLA BIAŁOŁĘKI	WARS ZAWA	POL	M 30-39	92	M 288	TAK			00:34:24	00:48:45	00:54:29.80	00:55:19.70	5:26	11
93	RZEPECKI MACIEK	574		WARS ZAWA	POL	M 30-39	93	M 292	TAK			00:33:37	00:49:16	00:54:41.15	00:56:00.40	5:28	11
94	CHYLIŃSKI ADAM	90		WARS ZAWA	POL	M 30-39	94	M 297				00:33:11	00:48:34	00:54:49.65	00:55:33.95	5:28	10.9
95	MAJKOWSKI PIOTR	408		WARS ZAWA	POL	M 30-39	95	M 302				00:34:46	00:49:15	00:54:59.05	00:55:54.45	5:29	10.9
96	WRONIEWSKI GRZEGORZ	751		WARS ZAWA	POL	M 30-39	96	M 304				00:33:42	00:49:09	00:55:03.60	00:55:56.55	5:30	10.9
97	SAWICKI ADRIAN	579		WARS ZAWA	POL	M 30-39	97	M 308				00:33:53	00:49:22	00:55:07.90	00:55:30.15	5:30	10.9
98	STANIEWSKI MICHAŁ	618		WARS ZAWA	POL	M 30-39	98	M 316	YES			00:34:50	00:49:36	00:55:24.95	00:56:46.50	5:32	10.8
99	KUSY JACEK	360		WARS ZAWA	POL	M 30-39	99	M 319	TAK			00:35:16	00:49:51	00:55:39.75	00:56:47.45	5:33	10.8
100	PODWÓJCI KAMIL	821		WARS ZAWA	POL	M 30-39	100	M 328	TAK			00:33:12	00:49:44	00:56:00.25	00:56:17.10	5:36	10.7
101	ŚLIMKO DANIEL	664		WARS ZAWA	POL	M 30-39	101	M 331	TAK			00:34:40	00:49:44	00:56:07.55	00:57:03.25	5:36	10.7
102	JAROSZEWSKI KONRAD	229		WARS ZAWA	POL	M 30-39	102	M 334	TAK			00:34:07	00:49:50	00:56:11.75	00:56:31.40	5:37	10.7
103	ORŁOWSKI KACPER	485		WARS ZAWA	POL	M 30-39	103	M 337				00:35:04	00:50:07	00:56:25.65	00:57:09.20	5:38	10.6
104	STĘPCZAK PAWEŁ	625	ZABIEGANY WOŁOMIN	WARS ZAWA	POL	M 30-39	104	M 345				00:34:40	00:50:36	00:56:42.95	00:57:12.95	5:40	10.6
105	JÓZEFOWICZ MACIEJ	243	VEGE RUNNERS	WARS ZAWA	POL	M 30-39	105	M 346			VEGE RUNNERS	00:34:41	00:50:11	00:56:43.40	00:57:20.75	5:40	10.6
106	KAMIŃSKI MICHAŁ	258		WARS ZAWA	POL	M 30-39	106	M 347				00:35:00	00:50:37	00:56:44.05	00:57:26.40	5:40	10.6
107	SULICH MATEUSZ	638		LEGIO NOWO	POL	M 30-39	107	M 349				00:36:01	00:50:54	00:56:46.35	00:57:50.95	5:40	10.6

**BIEG PRZEZ MOST , M 30-39 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
108	DYJAS ARKADIUSZ	130	BRACTWO BIEGOWE BGK	CHOTOMÓW	POL	M 30-39	108	M 351			BRACTWO BIEGOWE BGK	00:35:09	00:50:48	00:56:49.45	00:57:48.60	5:40	10.6
109	GŁOGOWSKI GERARD	974		WARSZAWA	POL	M 30-39	109	M 354	TAK			00:34:30	00:50:35	00:56:59.05	00:57:36.50	5:41	10.5
110	RYTKOWSKI PIOTR	573		WARSZAWA	POL	M 30-39	110	M 355				00:35:15	00:50:52	00:57:02.45	00:57:41.40	5:42	10.5
111	KEMPA PIOTR	271		WARSZAWA	POL	M 30-39	111	M 365	TAK			00:35:17	00:50:52	00:57:37.60	00:58:15.10	5:45	10.4
112	BRZEZIK PIOTR	63		WARSZAWA	POL	M 30-39	112	M 370				00:35:55	00:51:49	00:57:57.85	00:58:52.95	5:47	10.4
113	KOPYŚ JAKUB	307		WARSZAWA	POL	M 30-39	113	M 374	TAK			00:36:20	00:51:39	00:58:08.65	00:58:59.65	5:48	10.3
114	MAZUR MICHAŁ	426		WARSZAWA	POL	M 30-39	114	M 375	TAK			00:36:30	00:51:41	00:58:11.20	00:59:46.75	5:49	10.3
115	MIKOŁAJEWICZ PAWEŁ	438		WARSZAWA	POL	M 30-39	115	M 376	TAK			00:34:03	00:50:55	00:58:12.70	00:59:58.65	5:49	10.3
116	SOSIŃSKI MATEUSZ	615		CZERWIŃSK NAD WISŁĄ	POL	M 30-39	116	M 379				00:36:20	00:52:05	00:58:19.10	00:59:25.10	5:49	10.3
117	ZUBOWICZ MARCIN	989		WARSZAWA	POL	M 30-39	117	M 383	TAK			00:36:03	00:52:21	00:58:21.35	01:00:00.55	5:50	10.3
118	MISZEWSKI BARTOSZ	815	73	WARSZAWA	POL	M 30-39	118	M 385	TAK			00:37:19	00:52:34	00:58:24.40	00:59:27.15	5:50	10.3
119	STROMECKI MARCIN	628	BFM	WARSZAWA	POL	M 30-39	119	M 392	TAK			00:34:46	00:53:25	00:58:47.95	01:00:56.30	5:52	10.2
120	ZAKRZEWSKI ŁUKASZ	762		WARSZAWA	POL	M 30-39	120	M 397				00:35:50	00:52:50	00:59:03.65	00:59:58.75	5:54	10.2
121	KOZAKIEWICZ TOMASZ	329		BOŻA WOLA	POL	M 30-39	121	M 399		TAK		00:37:41	00:53:09	00:59:08.60	01:00:28.00	5:54	10.1
122	KOPROWSKI JACEK	306	PARKRUN PRUSZKÓW	PRUSZKÓW	POL	M 30-39	122	M 404				00:37:28	00:52:48	00:59:22.80	01:00:30.75	5:56	10.1
123	SIERZYCKI HUBERT	588		WARSZAWA	POL	M 30-39	123	M 407				00:36:33	00:53:14	00:59:37.25	01:00:49.80	5:57	10.1
124	KRZYŻANOWSKI MACIEJ	348		WARSZAWA	POL	M 30-39	124	M 408	TAK		BIEGAM NA BIAŁOLEŃCE	00:37:27	00:53:16	00:59:39.65	01:00:50.05	5:57	10.1
125	TRZESIŃSKI MICHAŁ	686		WARSZAWA	POL	M 30-39	125	M 412	TAK			00:36:13	00:53:29	00:59:54.75	01:01:24.00	5:59	10
126	KOSTRUBIEC GRZEGORZ	314		WARSZAWA	POL	M 30-39	126	M 413	TAK			00:35:50	00:53:00	00:59:55.30	01:00:36.75	5:59	10
127	PIÓRO DAMIAN	516		WARSZAWA	POL	M 30-39	127	M 414	TAK			00:37:24	00:52:58	00:59:56.70	01:01:06.80	5:59	10
128	SKROBEK PIOTR	831		ŁÓMIŃSK ANKI	POL	M 30-39	128	M 415				00:39:39	00:54:00	00:59:57.45	01:01:28.20	5:59	10
129	ZASŁONKA PAWEŁ	766		WARSZAWA	POL	M 30-39	129	M 416	TAK			00:37:49	00:53:48	01:00:00.70	01:00:15.15	6:00	10
130	SIKORA MATEUSZ	590		BEŁCHATÓW	POL	M 30-39	130	M 417				00:36:03	00:53:02	01:00:15.05	01:01:10.65	6:01	10
131	TOMASZEWSKI JACEK	676		WARSZAWA	POL	M 30-39	131	M 422	TAK			00:37:04	00:54:09	01:00:37.80	01:01:32.05	6:03	9.9
132	PIATKA TOMASZ	507	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30-39	132	M 423			ADIDAS RUNNERS WARSAW	00:36:30	00:54:30	01:00:44.30	01:01:41.55	6:04	9.9



**BIEG PRZEZ MOST , M 30-39 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
133	ILIN VADYM	209		WARS ZAWA	POL	M 30-39	133	M 424				00:35:15	00:53:29	01:00:46.00	01:01:05.90	6:04	9.9
134	BIENIEK WOJCIECH	48		WARS ZAWA	POL	M 30-39	134	M 426				00:37:39	00:54:21	01:00:54.95	01:01:49.15	6:05	9.9
135	WĘGRZYN WOJCIECH	978		WARS ZAWA	POL	M 30-39	135	M 436				00:38:28	00:54:32	01:01:39.40	01:02:59.60	6:09	9.7
136	WISZOWATY DANIEL	726		WARS ZAWA	POL	M 30-39	136	M 439	TAK			00:38:34	00:55:22	01:01:45.90	01:03:14.40	6:10	9.7
137	ZACŁONA PAWEŁ	758		ZIELO NKA	POL	M 30-39	137	M 442				00:37:04	00:54:26	01:01:59.30	01:02:44.90	6:11	9.7
138	CHODUN PAWEŁ	82		WARS ZAWA	POL	M 30-39	138	M 455				00:40:12	00:57:08	01:03:34.10	01:05:13.45	6:21	9.4
139	SKRZYPECKI JAKUB	601	ANPHARM RUN TEAM	WARS ZAWA	POL	M 30-39	139	M 457				00:39:32	00:56:46	01:03:38.00	01:04:24.55	6:21	9.4
140	BIAŁEK TOMASZ	41		ŁÓDŹ	POL	M 30-39	140	M 458				00:38:35	00:56:56	01:03:38.75	01:04:09.15	6:21	9.4
141	UFNAL MACIEJ	690		GROC HÓW SZLA CHEC KI	POL	M 30-39	141	M 460				00:38:06	00:55:57	01:03:47.65	01:05:01.40	6:22	9.4
142	RAJCHEMBACH ADAM	556		WARS ZAWA	POL	M 30-39	142	M 461	TAK			00:36:58	00:55:43	01:03:49.30	01:05:10.40	6:22	9.4
143	KRUKOWSKI SEBASTIAN	342		NIEBO RÓW	POL	M 30-39	143	M 463				00:39:17	00:57:07	01:03:51.55	01:05:02.75	6:23	9.4
144	KRÓL PATRYK	339		WARS ZAWA	POL	M 30-39	144	M 464				00:37:07	00:56:35	01:03:57.10	01:04:50.25	6:23	9.4
145	KOZAK PAWEŁ	328		MARK I	POL	M 30-39	145	M 472		TAK		00:41:21	00:57:59	01:04:36.50	01:06:05.25	6:27	9.3
146	POŚNIK MICHAŁ	823		WARS ZAWA	POL	M 30-39	146	M 476	TAK			00:39:57	00:57:34	01:04:48.70	01:06:07.35	6:28	9.3
147	KRZYWIEC PRZEMYSŁAW	347		FALE NTY	POL	M 30-39	147	M 481				00:41:29	00:58:59	01:05:35.65	01:05:47.40	6:33	9.1
148	MEJOR JAN	428		WARS ZAWA	POL	M 30-39	148	M 485	TAK			00:39:30	00:58:15	01:06:08.85	01:07:11.30	6:36	9.1
149	WRÓBLEWSKI TOMASZ	996		WARS ZAWA	POL	M 30-39	149	M 499	TAK			00:42:11	01:00:33	01:07:42.20	01:09:19.50	6:46	8.9
150	MACIĄG PATRYK	400		WARS ZAWA	POL	M 30-39	150	M 504				00:41:24	01:00:56	01:08:27.40	01:09:32.15	6:50	8.8
151	KULBACKI KAMIL	351		WARS ZAWA	POL	M 30-39	151	M 508	TAK			00:42:25	01:01:19	01:09:15.30	01:10:37.00	6:55	8.7
152	PRYBYSH DMITRI	541		WARS ZAWA	BEL	M 30-39	152	M 510				00:43:18	01:02:11	01:09:25.05	01:10:57.30	6:56	8.6
153	CHYSTIKOV ARTEM	790		WARS ZAWA	UKR	M 30-39	153	M 519	TAK			00:41:45	01:02:25	01:10:18.80	01:11:40.10	7:01	8.5
154	BERLIŃSKI KAMIL	36		WARS ZAWA	POL	M 30-39	154	M 520	TAK			00:43:24	01:02:46	01:10:48.75	01:12:29.60	7:04	8.5
155	ŁOTOWSKI EMIL	392		LEGIO NOW O	POL	M 30-39	155	M 521				00:43:10	01:00:07	01:10:52.75	01:12:19.10	7:05	8.5
156	KŁYK PIOTR	288		KIELPI N	POL	M 30-39	156	M 541		TAK		00:47:34	01:08:01	01:17:07.95	01:18:36.40	7:42	7.8
157	GRZEŚLAK KRZYSZTOF	192	DZIKUNY	WARS ZAWA	POL	M 30-39	157	M 547	TAK			00:48:42	01:09:26	01:18:25.60	01:19:52.85	7:50	7.7
158	CZYŻ MICHAŁ	107		WARS ZAWA	POL	M 30-39	158	M 555	TAK			00:51:23	01:14:41	01:24:42.25	01:25:42.60	8:28	7.1

**BIEG PRZEZ MOST , K 40-49**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	STELMACH DOMINIKA	624	ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	K 40-49	1	K 1			ADIDAS RUNNERS WARSAW	00:23:00	00:32:43	00:36:46.65	00:36:49.45	3:40	16.3
2	BEREZNOWSKA PATRYCJA	35	WIELISZEW HERON TEAM HOKA POLAND TEAM	WIELI SZEW	POL	K 40-49	2	K 6			WIELISZEW HERON TEAM	00:26:51	00:37:48	00:42:11.85	00:42:19.55	4:13	14.2
3	MAJEWSKA EWA	407		WARS ZAWA	POL	K 40-49	3	K 8			BIEGANIE PO 40	00:27:05	00:38:54	00:43:50.50	00:43:59.80	4:23	13.7
4	RĘDZIŃSKA GOSIA	559	ROZBIEGANY PIASTÓW	PIAST ÓW	POL	K 40-49	4	K 11			ROZBIEGANY PIASTÓW	00:28:11	00:40:40	00:45:43.45	00:45:53.95	4:34	13.1
5	KOWALIKOWSKA RENATA	324	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	5	K 21	TAK		BIEGAM NA TARCHOMINIE	00:30:07	00:43:16	00:48:42.90	00:48:59.15	4:52	12.3
6	JAKUBISIAK RENATA	216	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	6	K 23	TAK		BIEGAM NA TARCHOMINIE	00:30:29	00:43:37	00:49:13.15	00:49:57.15	4:55	12.2
7	GÓRZYŃSKA PATRYCJA	181	BIEGAM NA BIAŁOŁĘCE	WARS ZAWA	POL	K 40-49	7	K 31	TAK			00:31:05	00:44:34	00:50:02.10	00:50:26.75	5:00	12
8	RUDNIK KATARZYNA	958	KB PACE WARSZAWA	WARS ZAWA	POL	K 40-49	8	K 32				00:31:12	00:44:37	00:50:02.65	00:50:24.90	5:00	12
9	SKACZKOWSKA BARBARA	598		WARS ZAWA	POL	K 40-49	9	K 33				00:31:26	00:44:46	00:50:35.95	00:51:05.85	5:03	11.9
10	ŻYDEK-RÓG RENATA	787		WARS ZAWA	POL	K 40-49	10	K 36				00:31:52	00:45:37	00:51:16.30	00:51:32.85	5:07	11.7
11	CABAŃSKA DOROTA	74	GUNS&ROSES RUN TEAM	ŁOMI ANKI	POL	K 40-49	11	K 38	TAK		GUNS&ROSES RUN TEAM	00:32:25	00:45:50	00:51:29.45	00:52:02.55	5:08	11.7
12	ŁATKOWSKA MONIKA	390	GRUPA BIEGOWA CHTMO	CHOT OMÓ W	POL	K 40-49	12	K 40			GRUPA BIEGOWA CHTMO	00:31:54	00:46:00	00:51:40.65	00:52:11.90	5:10	11.6
13	WALENDZIK WIESIA	704		WARS ZAWA	POL	K 40-49	13	K 42	TAK			00:32:13	00:46:00	00:51:46.40	00:52:41.65	5:10	11.6
14	WÓJCIK MONIKA	749	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	14	K 43	TAK		BIEGAM NA TARCHOMINIE	00:46:47		00:52:23.80	00:52:54.45	5:14	11.5
15	LEWANDOWSKA ANNA	377	GRUPA BIEGACZY SKÓRZEC BIEGA	MROZ Y	POL	K 40-49	15	K 45			GRUPA BIEGACZY SKÓRZEC BIEGA	00:32:50	00:46:58	00:52:59.70	00:53:26.15	5:17	11.3
16	HUSZCZA AGATA	208		WARS ZAWA	POL	K 40-49	16	K 49	TAK			00:33:06	00:47:43	00:53:27.15	00:53:57.05	5:20	11.2
17	CIMOCHOWSKA-S WITALSKA MAGDALENA	97	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	17	K 50	TAK		BIEGAM NA TARCHOMINIE	00:33:24	00:47:37	00:53:28.80	00:53:59.30	5:20	11.2
18	KOŁODZIEJSKA IWONA	299		JABŁO NNA	POL	K 40-49	18	K 51				00:33:10	00:47:47	00:53:40.20	00:54:21.95	5:22	11.2
19	TOMCZUK-KUZKA KATARZYNA	679		WARS ZAWA	POL	K 40-49	19	K 54		TAK		00:33:15	00:48:03	00:54:17.40	00:54:51.25	5:25	11.1
20	WÓJCIK EWA	750		WARS ZAWA	POL	K 40-49	20	K 55	TAK			00:33:38	00:48:44	00:54:17.70	00:54:31.05	5:25	11.1
21	KLIMKIEWICZ-SIKORA BEATA	280	GRUPA BIEGOWA CHTMO	LEGIO NOWO	POL	K 40-49	21	K 56			GRUPA BIEGOWA CHTMO	00:33:18	00:48:12	00:54:18.35	00:54:50.05	5:25	11
22	SIDORCZUK-KUMOSA DOROTA	581	TEAM ZABIEGANEDNI	WARS ZAWA	POL	K 40-49	22	K 59				00:34:28	00:48:45	00:54:43.10	00:55:47.40	5:28	11
23	WALCZUK MAGDA	701		WARS ZAWA	POL	K 40-49	23	K 60	TAK			00:34:49	00:49:12	00:54:45.95	00:55:47.55	5:28	11
24	HRYCIUK KATARZYNA	206	EKOBIEGI	WARS ZAWA	POL	K 40-49	24	K 63				00:34:33	00:49:05	00:55:16.45	00:56:14.30	5:31	10.9
25	APANOWICZ ANGELIKA	17		WARS ZAWA	POL	K 40-49	25	K 64				00:35:13	00:49:31	00:55:24.65	00:56:04.20	5:32	10.8
26	UŚCIEŁOWSKA SYLWIA	695	PGNIG TERMIKA SA	ŁOMI ANKI	POL	K 40-49	26	K 65			PGNIG TERMIKA SA	00:34:33	00:49:23	00:55:30.75	00:56:37.80	5:33	10.8

**BIEG PRZEZ MOST , K 40-49 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
27	ZARĘBA-TREMELE T KATARZYNA	765		WARS ZAWA	POL	K 40-49	27	K 66	TAK			00:33:55	00:49:11	00:55:31.45	00:55:56.55	5:33	10.8
28	GAWEŁ DOROTA	159		ŁOMI ANKI	POL	K 40-49	28	K 67				00:34:52	00:49:37	00:55:42.70	00:56:26.80	5:34	10.8
29	KOCIK ELŻBIETA	44		WARS ZAWA	POL	K 40-49	29	K 68	TAK	TAK		00:35:36	00:49:54	00:55:49.45	00:57:27.70	5:34	10.7
30	KRASZEWSKA SYLWIA	332	SKLEPINDIE.PL WYSZKÓW	DROG OSZE WO	POL	K 40-49	30	K 72				00:35:05	00:50:15	00:56:20.10	00:57:12.65	5:38	10.7
31	NAWROCKA ROMA	455	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	K 40-49	31	K 74		TAK	GRUPA BIEGOWA UM W-WA	00:34:38	00:50:05	00:56:32.25	00:57:07.30	5:39	10.6
32	JAGODA TERESA	214	GRUPA BIEGOWA CHTMO	LEGIO NOW O	POL	K 40-49	32	K 75			GRUPA BIEGOWA CHTMO	00:35:15	00:50:35	00:56:48.05	00:57:20.20	5:40	10.6
33	MATEJAK KATARZYNA	421		WARS ZAWA	POL	K 40-49	33	K 77				00:36:22	00:50:57	00:56:58.05	00:58:06.60	5:41	10.5
34	KUŚMIREK-KOWAL JOANNA	361	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	34	K 78	TAK		BIEGAM NA TARCHOMINIE	00:36:11	00:51:07	00:57:01.20	00:57:50.55	5:42	10.5
35	KLIMCZAK JUSTYNA	802		BYDG OSZC Z	POL	K 40-49	35	K 79				00:35:21	00:51:13	00:57:11.65	00:57:40.90	5:43	10.5
36	LEWANDOWSKA JOLANTA	986		NOWY DWÓ R MAZO WIEC KI	POL	K 40-49	36	K 80			LEWANDOWSCY	00:35:30	00:50:54	00:57:27.75	00:58:04.30	5:44	10.4
37	MYŚLIŃSKA ANNA	123	EKOBIEGI	WARS ZAWA	POL	K 40-49	37	K 82	TAK	TAK	EKOBIEGI	00:36:00	00:51:13	00:57:35.50	00:58:32.95	5:45	10.4
38	OLSZEWSKA DOROTA	478	BRACTWO BIEGOWE BGK	WARS ZAWA	POL	K 40-49	38	K 85			BRACTWO BIEGOWE BGK	00:35:37	00:51:26	00:57:57.20	00:58:53.85	5:47	10.4
39	SROCZYŃSKA EMILIA	617		WARS ZAWA	POL	K 40-49	39	K 87	TAK			00:36:07	00:51:55	00:58:09.70	00:58:46.25	5:48	10.3
40	LIBERADZKA MAGDALENA	962		WARS ZAWA	POL	K 40-49	40	K 89				00:35:02	00:51:42	00:58:19.20	00:59:16.45	5:49	10.3
41	PIOTROWSKA EDYTA	514	BRACTWO BIEGOWE BGK	WARS ZAWA	POL	K 40-49	41	K 90			BRACTWO BIEGOWE BGK	00:35:27	00:51:44	00:58:19.60	00:59:16.60	5:49	10.3
42	ŁUCZAK MAŁGORZATA	397	RUNNERSI ZE SKARBKA	WARS ZAWA	POL	K 40-49	42	K 93	TAK			00:36:08	00:52:07	00:58:39.05	00:59:20.30	5:51	10.2
43	GORCZYCA-KUŹNI CKA ILONA	176		LUBLI N	POL	K 40-49	43	K 94				00:36:58	00:52:40	00:58:49.30	00:59:37.75	5:52	10.2
44	RUDNICKA EMILIA	568	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	44	K 97	TAK			00:35:32	00:52:10	00:58:54.00	00:59:58.65	5:53	10.2
45	SZYMAŃSKA MAŁGORZATA	724		WARS ZAWA	POL	K 40-49	45	K 98	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:36:00	00:52:29	00:58:55.20	00:59:30.50	5:53	10.2
46	GODZISZ EWA	171	VEGERUNNERS	WARS ZAWA	POL	K 40-49	46	K 103			VEGE RUNNERS	00:37:36	00:53:29	00:59:37.90	01:00:44.00	5:57	10.1
47	BRZOZOWSKA MAGDALENA	64	BIEGUSTATORZY	WARS ZAWA	POL	K 40-49	47	K 105				00:37:30	00:52:54	00:59:45.85	01:00:51.35	5:58	10
48	JANKOWSKA WIOLETTA	222		WARS ZAWA	POL	K 40-49	48	K 110	TAK			00:36:31	00:53:35	01:00:02.45	01:01:04.05	6:00	10
49	GAWROŃSKA AGATA	797	WYBIEGAJ SIEBIE	JABŁO NNA	POL	K 40-49	49	K 113				00:37:33	00:54:07	01:00:28.45	01:01:59.40	6:02	9.9
50	KOWALSKA KATARZYNA	805	JUDO LEMUR	WARS ZAWA	POL	K 40-49	50	K 121	TAK			00:37:40	00:54:50	01:01:20.45	01:02:16.50	6:08	9.8
51	NOWAK EDYTA	464		WARS ZAWA	POL	K 40-49	51	K 132	TAK			00:37:49	00:55:07	01:02:17.00	01:03:32.90	6:13	9.6

**BIEG PRZEZ MOST , K 40-49 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
52	OSTROWIŃSKA JOANNA	489		WARS ZAWA	POL	K 40-49	52	K 135	TAK			00:39:31	00:55:37	01:02:28.80	01:04:11.30	6:14	9.6
53	CZARTORYSKA ANNA	103		WARS ZAWA	POL	K 40-49	53	K 136	TAK			00:38:27	00:55:51	01:02:54.95	01:03:28.35	6:17	9.5
54	WITEK MAŁGORZATA	729		WARS ZAWA	POL	K 40-49	54	K 138	TAK			00:38:36	00:56:17	01:03:13.20	01:03:49.85	6:19	9.5
55	SUBALSKA MARIOLA	634		KEPN O	POL	K 40-49	55	K 142				00:38:56	00:56:10	01:03:26.05	01:04:28.85	6:20	9.5
56	JUSZCZAK-SADOWSKA ANGELINA	248	POLFA TARCHOMIN	RĄBIEŃ	POL	K 40-49	56	K 143				00:41:25	00:55:32	01:03:30.50	01:04:21.50	6:21	9.4
57	TORZEWSKA AGNIESZKA	680		WARS ZAWA	POL	K 40-49	57	K 145				00:39:19	00:56:17	01:03:36.25	01:05:02.85	6:21	9.4
58	MIKOŁAJCZYK KAROLINA	437	MARIO TEAM	PODDĘBICE	POL	K 40-49	58	K 146				00:40:52	00:57:02	01:03:46.70	01:05:01.10	6:22	9.4
59	PIKIEWICZ JULITA	511		OLSZEWNICA STARA	POL	K 40-49	59	K 148				00:39:19	00:56:40	01:03:48.90	01:04:50.85	6:22	9.4
60	JANY ELŻBIETA	226	RUNNERS TEAM KEPNO	KEPN O	POL	K 40-49	60	K 149				00:39:02	00:56:29	01:03:49.15	01:04:52.35	6:22	9.4
61	POKRZYWNICKA-JA KUBOWSKA ANNA	530		WARS ZAWA	POL	K 40-49	61	K 151				00:39:01	00:57:12	01:04:10.90	01:05:38.10	6:25	9.4
62	MĘDEL MARTA	430		MARK I	POL	K 40-49	62	K 153				00:38:26	00:57:16	01:04:37.95	01:05:44.45	6:27	9.3
63	ZIARKO JOANNA	844		WARS ZAWA	POL	K 40-49	63	K 158				00:39:24	00:57:26	01:05:04.85	01:06:08.35	6:30	9.2
64	RUCYK JUSTYNA	567		WARS ZAWA	POL	K 40-49	64	K 159		TAK		00:40:52	00:58:38	01:05:40.35	01:07:12.85	6:34	9.1
65	NOWAK KATARZYNA	463		WARS ZAWA	POL	K 40-49	65	K 160				00:39:50	00:58:04	01:05:43.65	01:06:52.00	6:34	9.1
66	WIŚNIEWSKA ANETA	840		WARS ZAWA	POL	K 40-49	66	K 162	TAK			00:40:11	00:58:28	01:05:54.90	01:06:05.40	6:35	9.1
67	PIOTROWSKA-KLO C MAGDA	515	FALA NIEPORĘT	ARCIECHÓW	POL	K 40-49	67	K 164				00:39:55	00:58:30	01:06:19.55	01:07:51.35	6:37	9
68	KOWALSKA KINGA	325	KB PACE	WARS ZAWA	POL	K 40-49	68	K 166				00:42:04	00:59:45	01:06:27.05	01:07:33.20	6:38	9
69	NIEPORĘCKA SYLWIA	458		WARS ZAWA	POL	K 40-49	69	K 169				00:41:10	00:59:33	01:07:07.00	01:08:21.20	6:42	8.9
70	LAZAREVA SVETLANA	367		WARS ZAWA	POL	K 40-49	70	K 170		TAK		00:40:07	00:59:13	01:07:09.75	01:07:48.15	6:42	8.9
71	KATNER-PRUSZYNSKA JOANNA	269	KB OŻARÓW MAZOWIECKI BIEGA	OŻARÓW MAZOWIECKI	POL	K 40-49	71	K 174			KB OŻARÓW MAZOWIECKI BIEGA	00:41:53	01:00:10	01:08:03.15	01:09:22.00	6:48	8.8
72	SZWARC ANNA	655	BIEGAM NA BIAŁOLECIE	WARS ZAWA	POL	K 40-49	72	K 175	TAK		BIEGAM NA BIAŁOLECIE	00:42:48	01:01:17	01:08:13.15	01:08:25.30	6:49	8.8
73	TABOR ANITA	834		WARS ZAWA	POL	K 40-49	73	K 176	TAK			00:42:14	01:00:31	01:08:15.40	01:09:16.45	6:49	8.8
74	ZAWADZKA-NAZIMEK JOANNA	769	PRZYBYSZE Z MATPLANETY	WARS ZAWA	POL	K 40-49	74	K 180				00:42:29	01:01:23	01:08:35.30	01:09:59.25	6:51	8.7
75	LEWANDOWSKA MONIKA	375	BIEGAM NA BIAŁOLECIE	WARS ZAWA	POL	K 40-49	75	K 181	TAK		BIEGAM NA BIAŁOLECIE	00:42:54	01:01:20	01:08:40.50	01:08:52.65	6:52	8.7
76	BARNAS ILONA	24		WARS ZAWA	POL	K 40-49	76	K 184				00:42:08	01:00:46	01:09:05.05	01:10:12.45	6:54	8.7

**BIEG PRZEZ MOST , K 40-49 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
77	ĆWIKŁA JOANNA	108	REBEL RUN	WARS ZAWA	POL	K 40-49	77	K 188				00:42:42	01:01:33	01:09:31.60	01:09:54.95	6:57	8.6
78	CIEPLAK KATARZYNA	94	BIEGOWE WTORKI NA TARCHOMINIE	WARS ZAWA	POL	K 40-49	78	K 189	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:42:43	01:01:32	01:09:32.35	01:09:54.75	6:57	8.6
79	CICHECKA ANETA	91		WARS ZAWA	POL	K 40-49	79	K 191				00:43:30	01:02:09	01:09:41.45	01:11:01.05	6:58	8.6
80	MATYSIAK AGNIESZKA	422		WARS ZAWA	POL	K 40-49	80	K 192				00:43:41	01:01:52	01:09:49.15	01:10:44.55	6:58	8.6
81	SZYMAŃSKA-PAWL AK MAGDALENA	656		WARS ZAWA	POL	K 40-49	81	K 196				00:44:33	01:03:14	01:10:33.95	01:11:46.40	7:03	8.5
82	MICHNOWSKA ADRIANA	431	BIEGAM NA TACHOMINIE	WARS ZAWA	POL	K 40-49	82	K 198	TAK		BIEGAM NA TARCHOMINIE	00:42:26	01:02:52	01:11:00.55	01:12:23.50	7:06	8.5
83	GRYGOWSKA BEATA	189		JABŁO NNA	POL	K 40-49	83	K 199				00:42:41	01:02:40	01:11:08.70	01:12:23.55	7:06	8.4
84	BLOCH KATARZYNA	52		RAJSZ EW	POL	K 40-49	84	K 203				00:44:01	01:03:44	01:11:31.55	01:12:04.35	7:09	8.4
85	SIKORSKA KAROLINA	591	KIP RUNNING	MAGD ALEN KA	POL	K 40-49	85	K 207				00:44:44	01:04:09	01:12:23.40	01:13:57.35	7:14	8.3
86	GABRYLEWICZ KATARZYNA	151	DZIKUNY	WARS ZAWA	POL	K 40-49	86	K 210	TAK			00:45:33	01:05:10	01:14:04.95	01:15:17.10	7:24	8.1
87	POPŁOŃSKA KATARZYNA	534		WARS ZAWA	POL	K 40-49	87	K 211		TAK		00:44:56	01:05:44	01:14:34.35	01:16:04.20	7:27	8
88	PANASIUK AGA	499		ZĄBKI	POL	K 40-49	88	K 213	TAK			00:45:58	01:06:52	01:15:31.15	01:16:51.05	7:33	7.9
89	ŁOZOWSKA DOROTA	394		WARS ZAWA	POL	K 40-49	89	K 219	TAK			00:47:13	01:08:46	01:16:32.95	01:17:39.65	7:39	7.8
90	BUDEK EWA	66		WARS ZAWA	POL	K 40-49	90	K 220				00:45:52	01:07:56	01:16:42.80	01:17:50.15	7:40	7.8
91	PLICHCIŃSKA MAŁGORZATA	519	EKONOMIK MOKOTÓW	WARS ZAWA	POL	K 40-49	91	K 223	TAK			00:47:49	01:08:17	01:17:29.30	01:19:09.25	7:44	7.7
92	ROGUSKA MAGDALENA	40	MAGDALENA ROGUSKA	WARS ZAWA	POL	K 40-49	92	K 225	TAK	TAK		00:46:56	01:08:17	01:17:46.55	01:19:19.55	7:46	7.7
93	ZATYLNĄ JOANNA	767		WARS ZAWA	POL	K 40-49	93	K 226	TAK			00:46:21	01:08:39	01:18:23.50	01:19:59.65	7:50	7.7
94	SZCZYPIŃSKA BEATA	647		WARS ZAWS	POL	K 40-49	94	K 229	TAK			00:50:02	01:10:42	01:19:10.95	01:20:15.00	7:55	7.6
95	WRÓBEL MAGDA	752	NIE MAM KLUBU	WARS ZAWA	POL	K 40-49	95	K 232				00:50:53	01:14:17	01:23:56.45	01:25:18.30	8:23	7.1
96	OBWIŚŁO JOANNA	983			POL	K 40-49	96	K 234				00:55:03	01:18:56	01:28:35.85	01:30:20.50	8:51	6.8
97	CHMIST AGNIESZKA	80		WARS ZAWA	POL	K 40-49	97	K 236	TAK			00:54:26	01:19:30	01:30:29.70	01:32:07.90	9:02	6.6
98	KĄŻMIERCZAK MARTA	984		WARS ZAWA	POL	K 40-49	98	K 238			DREAM RUN						

**BIEG PRZEZ MOST , M 40-49**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	CHRUŚCIEL JACEK	975		MIĘD ZYRZ EC PODL ASKI	POL	M 40-49	1	M 1				00:21:44	00:30:55	00:34:44.70	00:34:46.95	3:28	17.3
2	ZYCH MARIUSZ	777	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	M 40-49	2	M 6			BIEGAJ POD OKIEM TRENERA	00:22:50	00:32:22	00:36:19.40	00:36:23.75	3:37	16.5

**BIEG PRZEZ MOST , M 40-49 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
3	WITKOWSKI PAWEŁ	730	WIELISZEW HERON TEAM	ŁAJSKI	POL	M 40-49	3	M 14			WIELISZEW HERON TEAM	00:23:37	00:33:33	00:37:40.70	00:37:44.60	3:46	15.9
4	DZIEGIELEWSKI RAFAŁ	849	KB WYSZKÓW	WYSZKÓW	POL	M 40-49	4	M 19				00:23:36	00:33:55	00:38:04.10	00:38:07.50	3:48	15.8
5	BAK JAREK	28	WIELISZEW HERON TEAM	STAR E LIPINY	POL	M 40-49	5	M 21			WIELISZEW HERON TEAM	00:24:02	00:34:02	00:38:06.00	00:38:13.75	3:48	15.7
6	KLAŚ ŁUKASZ	279	TEAM PARSZCZYŃSKIXH	WARSZAWA	POL	M 40-49	6	M 22	TAK			00:23:47	00:34:09	00:38:22.50	00:38:25.15	3:50	15.6
7	ŁUKASZUK MICHAŁ	968	LEMIESZ TEAM	WARSZAWA	POL	M 40-49	7	M 25				00:24:16	00:34:39	00:38:52.25	00:38:56.55	3:53	15.4
8	LEWDOROWICZ WOJCIECH	380	SAM SOBIE KLUBEM	KADY	POL	M 40-49	8	M 29				00:24:41	00:35:19	00:39:37.55	00:39:43.15	3:57	15.1
9	KARPIŃSKI MARCIN	263		WARSZASA	POL	M 40-49	9	M 30	TAK			00:25:10	00:35:34	00:39:50.05	00:39:56.05	3:59	15.1
10	GŁOWACKI PAWEŁ	167	WENET RUNNERS TEAM	SEROCK	POL	M 40-49	10	M 33				00:25:30	00:36:03	00:40:13.20	00:40:22.45	4:01	14.9
11	KUBIAK SŁAWOMIR	349		WARSZAWA	POL	M 40-49	11	M 36	TAK			00:25:30	00:36:24	00:40:54.35	00:41:00.65	4:05	14.7
12	SZYMAŃSKI ANDRZEJ	657		WARSZAWA	POL	M 40-49	12	M 40	TAK			00:25:36	00:36:43	00:41:19.80	00:41:24.20	4:07	14.5
13	GAWEŁ PIOTR	158		ŁOMIANKI	POL	M 40-49	13	M 43				00:25:09	00:36:54	00:41:31.70	00:41:38.05	4:09	14.5
14	HOFFMAN SEBASTIAN	204		ŁOMIANKI	POL	M 40-49	14	M 47				00:26:23	00:37:28	00:42:00.35	00:42:06.80	4:12	14.3
15	GAŁĄZKA ŁUKASZ	156		CHOTOMÓW	POL	M 40-49	15	M 49				00:25:40	00:37:19	00:42:13.05	00:42:18.00	4:13	14.2
16	MACIEJEWSKI MICHAŁ	956	#ZALINIAMIETEAM	PRUSZKÓW	POL	M 40-49	16	M 53						00:42:33.00	00:42:33.00	4:15	14.1
17	SKUZA MACIEJ	602		WARSZAWA	POL	M 40-49	17	M 54				00:26:22	00:37:55	00:42:33.90	00:42:39.75	4:15	14.1
18	MIECZKOWSKI ROBERT	433	ROZBIEGANY PIASTÓW	PRUSZKÓW	POL	M 40-49	18	M 58			ROZBIEGANY PIASTÓW	00:26:59	00:38:30	00:43:03.75	00:43:11.80	4:18	13.9
19	KOWAL TOMASZ	319	ROZBIEGANY PIASTÓW	PRUSZKÓW	POL	M 40-49	19	M 57			ROZBIEGANY PIASTÓW	00:26:48	00:38:25	00:43:06.75	00:43:11.80	4:18	13.9
20	KRÓL MACIEJ	338	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	20	M 60			BIEGAM NA TARCHOMINIE	00:26:23	00:38:27	00:43:09.15	00:43:16.05	4:18	13.9
21	CZARNECKI PIOTR	101	TARCHOŚFIRY	WARSZAWA	POL	M 40-49	21	M 61	TAK		TARCHOŚFIRY	00:26:51	00:38:33	00:43:12.35	00:43:20.65	4:19	13.9
22	ZALEWSKI PAWEŁ	985	ROPUCH	SKRZESZEW	POL	M 40-49	22	M 64				00:26:47	00:38:31	00:43:12.95	00:43:36.85	4:19	13.9
23	CZERWIEC ANDRZEJ	965	MARKOWI BIEGACZE	MARKI	POL	M 40-49	23	M 67	TAK		MARKOWI BIEGACZE	00:27:12	00:39:03	00:44:00.60	00:44:10.00	4:24	13.6
24	KLAPENDA MARIUSZ	278	MARIO TEAM	ŁĘCZYCA	POL	M 40-49	24	M 73				00:27:53	00:39:54	00:44:40.60	00:44:48.15	4:28	13.4
25	SUŁKOWSKI TOMASZ	639		WARSZAWA	POL	M 40-49	25	M 77				00:28:20	00:40:05	00:44:53.70	00:45:10.55	4:29	13.4
26	FABISIAK MARCIN	135	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40-49	26	M 75				00:28:15	00:40:14	00:44:56.30	00:45:07.65	4:29	13.4
27	BONAREK PAWEŁ	59		PIOTRKÓW TRYBUNALSKI	POL	M 40-49	27	M 76				00:27:38	00:40:02	00:44:58.20	00:45:09.45	4:29	13.3

**BIEG PRZEZ MOST , M 40-49 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
28	TOBOŁA PAWEŁ	673	AKS POLONIA WARSZAWA	WARS ZAWA	POL	M 40-49	28	M 74				00:27:32	00:40:07	00:45:00.00	00:45:06.25	4:30	13.3
29	MANCZENKO EUGENIUSZ	812	LEŚNE SZYCHY	WARS ZAWA	POL	M 40-49	29	M 78				00:28:18	00:39:59	00:45:00.25	00:45:15.30	4:30	13.3
30	WNUK TOMASZ	735	NAPRZÓD MŁOCINY	WARS ZAWA	POL	M 40-49	30	M 82				00:28:18	00:40:01	00:45:05.60	00:45:20.35	4:30	13.3
31	HALAT ANDRZEJ	198	POSMAKUJ RUN TEAM	WARS ZAWA	POL	M 40-49	31	M 81				00:28:32	00:40:23	00:45:05.70	00:45:18.65	4:30	13.3
32	MICHNOWSKI SEBASTIAN	432	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	32	M 87	TAK		BIEGAM NA TARCHOMINIE	00:28:01	00:40:23	00:45:24.60	00:45:38.40	4:32	13.2
33	SKAWSKI JAN	599	VEGAS WĘGORZEWO RUNNING	WARS ZAWA	POL	M 40-49	33	M 86				00:28:14	00:40:43	00:45:28.85	00:45:37.00	4:32	13.2
34	BEKKER PIOTR	32		WARS ZAWA	POL	M 40-49	34	M 89				00:28:26	00:40:40	00:45:32.90	00:45:56.05	4:33	13.2
35	ZIELINSKI KRZYSZTOF	775		WARS ZAWA	POL	M 40-49	35	M 90				00:28:18	00:40:47	00:45:46.85	00:46:04.05	4:34	13.1
36	KOBYLEC ARTUR	292		WARS ZAWA	POL	M 40-49	36	M 97	TAK			00:28:18	00:41:06	00:46:15.25	00:46:27.25	4:37	13
37	STRZELECKI PIOTR	632		WARS ZAWA	POL	M 40-49	37	M 101			MARKOWI BIEGACZE	00:28:46	00:41:17	00:46:21.90	00:46:31.75	4:38	12.9
38	SOBOCIŃSKI MICHAŁ	609	PLAY	WARS ZAWA	POL	M 40-49	38	M 102	TAK			00:29:45	00:41:38	00:46:25.20	00:47:33.75	4:38	12.9
39	GRYSZPANOWICZ PIOTR	190		WARS ZAWA	POL	M 40-49	39	M 105	TAK			00:29:00	00:41:25	00:46:36.35	00:46:54.65	4:39	12.9
40	CZERNECKI WOJCIECH	105		WRO CŁAW	POL	M 40-49	40	M 111				00:28:25	00:41:29	00:47:01.75	00:47:05.60	4:42	12.8
41	TOMASEK ROBERT	979		WARS ZAWA	POL	M 40-49	41	M 114				00:28:55	00:42:05	00:47:14.15	00:47:18.60	4:43	12.7
42	DANIEL KRZYSZTOF	848	KAZIKI	WARS ZAWA	POL	M 40-49	42	M 115				00:28:52	00:41:58	00:47:14.75	00:47:27.65	4:43	12.7
43	STREMPLEWSKI PIOTR	627	RCI WARSZAWA	LEGIO NOW O	POL	M 40-49	43	M 117				00:30:38	00:42:40	00:47:25.70	00:48:44.65	4:44	12.7
44	DOMŻALSKI ARTUR	122		WARS ZAWA	POL	M 40-49	44	M 120	TAK			00:30:10	00:42:31	00:47:31.75	00:47:53.20	4:45	12.6
45	KACPRZYK PAWEŁ	250	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	45	M 126	TAK		BIEGAM NA TARCHOMINIE	00:30:08	00:42:42	00:47:52.95	00:48:15.00	4:47	12.5
46	TOMASZEWSKI MAREK	677	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	46	M 127	TAK		BIEGAM NA TARCHOMINIE	00:29:34	00:42:30	00:47:53.35	00:48:10.90	4:47	12.5
47	STRAWSKI MARCIN	626	OBIEGUWKA	WARS ZAWA	POL	M 40-49	47	M 130	TAK			00:31:30	00:43:01	00:48:01.05	00:48:42.90	4:48	12.5
48	BAK ŁUKASZ	27	BIEGIEM DO AGD SEROCK	WARS ZAWA	POL	M 40-49	48	M 135	YES			00:30:04	00:42:50	00:48:07.00	00:48:45.90	4:48	12.5
49	RADZISZEWSKI GRZEGORZ	555		WARS ZAWA	POL	M 40-49	49	M 138				00:29:57	00:43:07	00:48:16.75	00:48:32.50	4:49	12.4
50	SOBOTA ARTUR	611	DECOARTY.PL	WARS ZAWA	POL	M 40-49	50	M 141				00:30:05	00:42:58	00:48:18.65	00:48:41.50	4:49	12.4
51	SZEWCYK JACEK	649		WARS ZAWA	POL	M 40-49	51	M 144	TAK			00:29:51	00:42:51	00:48:30.50	00:48:51.15	4:51	12.4
52	JASKÓLSKI MARCIN	231	GRUPA BIEGOWA CHTMO	JABLO NNA	POL	M 40-49	52	M 145			GRUPA BIEGOWA CHTMO	00:30:03	00:43:22	00:48:35.55	00:48:56.40	4:51	12.3
53	NOWOMIEJSKI MARCIN	468	PROGRES	WARS ZAWA	POL	M 40-49	53	M 148				00:30:54	00:43:32	00:48:42.65	00:49:13.90	4:52	12.3
54	WITZKE ARTUR	732		LEGIO NOW O	POL	M 40-49	54	M 155				00:30:39	00:43:43	00:48:54.95	00:49:37.90	4:53	12.3

**BIEG PRZEZ MOST , M 40-49 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
55	CHODNIEWICZ MICHAŁ	81		WARS ZAWA	POL	M 40-49	55	M 161	TAK			00:30:38	00:43:31	00:49:07.75	00:49:28.50	4:54	12.2
56	KACPRZAK RAFAŁ	249		WARS ZAWA	POL	M 40-49	56	M 162				00:30:09	00:43:32	00:49:09.60	00:49:30.20	4:54	12.2
57	KRAJEWSKI KONRAD	331	MARKOWI BIEGACZE	WARS ZAWA	POL	M 40-49	57	M 163				00:30:38	00:44:06	00:49:10.25	00:49:25.65	4:55	12.2
58	JĄGODA GRZEGORZ	213	GRUPA BIEGOWA CHTMO	LEGIO NOW O	POL	M 40-49	58	M 170			GRUPA BIEGOWA CHTMO	00:31:01	00:44:16	00:49:26.90	00:49:59.85	4:56	12.1
59	NAZIMEK MARIUSZ	457	PRZYBYSZE Z MATPLANETY	WARS ZAWA	POL	M 40-49	59	M 171				00:31:04	00:44:13	00:49:26.95	00:50:10.60	4:56	12.1
60	LENDZION JAROSŁAW	371	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	60	M 177		TAK	GRUPA BIEGOWA UM W-WA	00:31:36	00:44:29	00:49:40.00	00:50:06.35	4:58	12.1
61	KERNER MARCIN	272		WARS ZAWA	POL	M 40-49	61	M 183	TAK			00:31:35	00:44:22	00:49:48.80	00:50:29.05	4:58	12
62	RUTKOWSKI MICHAŁ	571	AKTYWNA WARSZAWA	WARS ZAWA	POL	M 40-49	62	M 184				00:31:15	00:44:27	00:49:48.85	00:50:13.05	4:58	12
63	GIERAK KRIS	164		WARS ZAWA	POL	M 40-49	63	M 185	TAK			00:31:26	00:44:20	00:49:49.70	00:50:17.90	4:58	12
64	SUCHECKI PRZEMYSŁAW	635	KS POMORSKA	LEGIO NOW O	POL	M 40-49	64	M 186				00:31:38	00:44:44	00:49:52.85	00:51:01.70	4:59	12
65	MIODUSZEWSKI MARCIN	442	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	65	M 188		TAK	GRUPA BIEGOWA UM W-WA	00:31:38	00:44:27	00:49:55.55	00:51:33.20	4:59	12
66	KWIATKOWSKI TOMASZ	364	AKTYWNA WARSZAWA	WARS ZAWA	POL	M 40-49	66	M 189				00:31:11	00:44:36	00:49:56.45	00:50:18.85	4:59	12
67	WCISŁO MARCIN	709		WARS ZAWA	POL	M 40-49	67	M 192				00:31:21	00:44:44	00:50:16.30	00:50:27.35	5:01	11.9
68	PYSZAK SYLWESTER	549	DEBEDEŁKI	WARS ZAWA	POL	M 40-49	68	M 199	TAK			00:32:37	00:45:24	00:50:35.50	00:51:26.05	5:03	11.9
69	SZAFRAŃSKI KAROL	641	PODESZWA TEAM	KOBY ŁKA	POL	M 40-49	69	M 202				00:31:21	00:44:25	00:50:48.55	00:51:27.65	5:04	11.8
70	BEBELSKI RAFAŁ	29	PZU SPORT TEAM	WARS ZAWA	POL	M 40-49	70	M 203	TAK			00:30:27	00:44:50	00:50:49.85	00:51:09.05	5:04	11.8
71	KRASZEWSKI GRZEGORZ	334	GRUPA BIEGOWA CHTMO	JABŁO NNA	POL	M 40-49	71	M 205			GRUPA BIEGOWA CHTMO	00:31:00	00:44:26	00:50:55.15	00:51:27.45	5:05	11.8
72	OKUNIEWSKI GRZEGORZ	473	ALIOR RUNNING TEAM	MIŃS K MAZO WIEC KI	POL	M 40-49	72	M 206				00:31:06	00:45:04	00:50:58.95	00:51:24.40	5:05	11.8
73	CHRZANOWSKI MICHAŁ	88		WARS ZAWA	POL	M 40-49	73	M 207				00:32:32	00:45:43	00:51:01.45	00:51:38.40	5:06	11.8
74	ROMANIAK JAROSŁAW	993		WARS ZAWA	POL	M 40-49	74	M 209				00:31:21	00:45:18	00:51:08.00	00:51:30.05	5:06	11.7
75	JEZIEŃSKI ŁUKASZ	239		WARS ZAWA	POL	M 40-49	75	M 211	TAK		GRUPA BIEGOWA CHTMO	00:31:41	00:45:35	00:51:15.75	00:51:47.45	5:07	11.7
76	KOWALSKA ANDRZEJ	806	JUDO LEMUR	WARS ZAWA	POL	M 40-49	76	M 212	TAK			00:32:52	00:46:14	00:51:17.25	00:52:13.75	5:07	11.7
77	BUDZIK JACEK	70	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	77	M 217	TAK		BIEGAM NA TARCHOMINIE	00:34:10	00:45:47	00:51:35.65	00:52:17.90	5:09	11.6
78	MAKOWSKI MARCIN	409		WARS ZAWA	POL	M 40-49	78	M 220	TAK			00:33:00	00:46:21	00:51:37.40	00:52:08.25	5:09	11.6
79	MOCZYDŁOWSKI ŁUKASZ	816	MASTERS DOJO	WARS ZAWA	POL	M 40-49	79	M 223	TAK			00:33:03	00:46:22	00:51:43.40	00:52:33.60	5:10	11.6
80	GAWLIK ARKADIUSZ	160	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	80	M 225	TAK		BIEGAM NA TARCHOMINIE	00:31:55	00:45:53	00:51:48.60	00:52:31.05	5:10	11.6



**BIEG PRZEZ MOST , M 40-49 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
81	PRĘDKI MARCIN	536		WARS ZAWA	POL	M 40-49	81	M 226	TAK			00:31:32	00:45:43	00:51:50.55	00:52:21.50	5:11	11.6
82	MACIEJAK ROBERT	963		WARS ZAWA	POL	M 40-49	82	M 227				00:32:04	00:46:01	00:51:56.20	00:53:09.75	5:11	11.6
83	JAWORSKI PIOTR	523		WARS ZAWA	POL	M 40-49	83	M 228	TAK	TAK		00:32:55	00:46:13	00:51:58.50	00:52:32.25	5:11	11.5
84	PROKOPIUK GRZEGORZ	824	SZWAGRY DWA	WARS ZAWA	POL	M 40-49	84	M 232	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:32:59	00:46:40	00:52:14.25	00:52:33.15	5:13	11.5
85	BŁASZCZYŃSKI WITOLD	788		WARS ZAWA	POL	M 40-49	85	M 235	TAK			00:32:36	00:46:46	00:52:32.30	00:53:10.90	5:15	11.4
86	DUDA JACEK	128		PRUS ZKÓW	POL	M 40-49	86	M 237				00:32:34	00:46:35	00:52:34.65	00:53:05.40	5:15	11.4
87	PAWIŃSKI ARTUR	502	ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	M 40-49	87	M 238				00:32:25	00:46:47	00:52:37.75	00:53:10.60	5:15	11.4
88	SIWIAK MARCIN	597	PKP INTERCITY RUNNING TEAM	WARS ZAWA	POL	M 40-49	88	M 240				00:31:08	00:46:30	00:52:42.50	00:53:00.30	5:16	11.4
89	ROGALSKI TOMASZ	561		WARS ZAWA	POL	M 40-49	89	M 247	TAK			00:32:23	00:46:54	00:52:51.25	00:53:25.45	5:17	11.4
90	ORZEŁ DANIEL	488		WARS ZAWA	POL	M 40-49	90	M 249				00:34:33	00:47:52	00:52:53.25	00:53:43.30	5:17	11.3
91	PISANIEC KRZYSZTOF	517		WARS ZAWA	POL	M 40-49	91	M 253				00:33:36	00:47:15	00:53:08.25	00:53:58.15	5:18	11.3
92	DERESZEWSKI PIOTR	114	ZABIEGANY WOŁOMIN	WARS ZAWA	POL	M 40-49	92	M 254				00:33:44	00:47:25	00:53:09.50	00:54:13.15	5:18	11.3
93	SOCHA ROBERT	612	AWSB RUNNING TEAM	BIELS KO-BI AŁA	POL	M 40-49	93	M 255				00:32:49	00:47:07	00:53:15.70	00:53:52.15	5:19	11.3
94	PIOTRAK MARCIN	513		WARS ZAWA	POL	M 40-49	94	M 256				00:32:49	00:47:08	00:53:16.10	00:53:52.15	5:19	11.3
95	WIERZBICKI ŁUKASZ	719	KUŹNIA TRIATHLONU	WARS ZAWA	POL	M 40-49	95	M 257	TAK			00:32:45	00:47:19	00:53:17.60	00:53:46.25	5:19	11.3
96	NIZIO DOMINIK	461		WARS ZAWA	POL	M 40-49	96	M 259	TAK			00:33:04	00:47:39	00:53:19.70	00:54:02.65	5:19	11.3
97	POGOCKI MACIEJ	969		WARS ZAWA	POL	M 40-49	97	M 263				00:34:04	00:47:51	00:53:27.60	00:54:12.50	5:20	11.2
98	GWIZDAŁA TOMASZ	195		WARS ZAWA	POL	M 40-49	98	M 265				00:34:08	00:48:05	00:53:37.60	00:54:37.50	5:21	11.2
99	CABAJ MAREK	73	LUX MED SPORTS TEAM	WARS ZAWA	POL	M 40-49	99	M 268				00:33:20	00:47:51	00:53:44.70	00:54:27.05	5:22	11.2
100	WOJTAL TOMASZ	737		WARS ZAWA	POL	M 40-49	100	M 269	TAK			00:33:22	00:47:59	00:53:45.20	00:54:10.95	5:22	11.2
101	WŁODARCZYK MACIEJ	734	MARKOWI BIEGACZE	MARK I	POL	M 40-49	101	M 272			MARKOWI BIEGACZE	00:33:12	00:48:07	00:53:55.55	00:54:34.45	5:23	11.1
102	KACPURA PIOTR	252		STOCZEK	POL	M 40-49	102	M 273				00:33:40	00:48:09	00:54:00.60	00:54:43.35	5:24	11.1
103	JONKO MARCIN	242		MICH AŁÓW -GRA BINA	POL	M 40-49	103	M 274				00:33:31	00:47:57	00:54:03.90	00:55:33.75	5:24	11.1
104	ŁOZIŃSKI PIOTR	393		WARS ZAWA	POL	M 40-49	104	M 276	TAK		BRACTWO BIEGOWE BGK	00:33:11	00:48:08	00:54:08.25	00:55:07.80	5:24	11.1
105	JEGOROW PIOTR	237		DĄBROWA CHOTOMOWSKA	POL	M 40-49	105	M 280				00:33:21	00:48:16	00:54:15.25	00:55:02.15	5:25	11.1

**BIEG PRZEZ MOST , M 40-49 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
106	ROZBICKI TOMASZ	566		WARS ZAWA	POL	M 40-49	106	M 281	TAK			00:33:37	00:48:45	00:54:17.55	00:54:31.05	5:25	11.1
107	JABŁONKA RADEK	211	DZIADY OCR	NOWY DWÓR MAZO WIEC KI	POL	M 40-49	107	M 285				00:34:12	00:48:36	00:54:20.50	00:55:11.40	5:26	11
108	SZAFRAN MARIUSZ	640		BRWI NÓW	POL	M 40-49	108	M 286				00:34:57	00:48:53	00:54:23.20	00:55:17.75	5:26	11
109	GRUCHAŁA DARIUSZ	800	MASTERS DOJO	WARS ZAWA	POL	M 40-49	109	M 289	TAK			00:33:44	00:48:04	00:54:32.25	00:55:20.30	5:27	11
110	BANASIAK MIROSLAW	21		WARS ZAWA	POL	M 40-49	110	M 293	TAK			00:34:10	00:48:37	00:54:41.90	00:56:08.50	5:28	11
111	CIOLEK ROBERT	791	MASTERS DOJO	WARS ZAWA	POL	M 40-49	111	M 295	TAK			00:34:15	00:48:56	00:54:44.95	00:55:34.55	5:28	11
112	YURKEVICH YAUHENI	959		WARS ZAWA	POL	M 40-49	112	M 298				00:34:58	00:49:12	00:54:50.45	00:55:50.75	5:29	10.9
113	NOSARZEWSKI MARIUSZ	462	GB PRESS TEAM	TRZCI ANY	POL	M 40-49	113	M 299				00:34:04	00:48:48	00:54:52.15	00:55:21.25	5:29	10.9
114	WÓJCIK ROBERT	748		WARS ZAWA	POL	M 40-49	114	M 301				00:34:42	00:48:53	00:54:55.35	00:55:35.95	5:29	10.9
115	KOŚCIELNIAK PATRYK	911	ORUSH	WARS ZAWA	POL	M 40-49	115	M 303				00:35:31	00:49:37	00:55:02.75	00:56:16.50	5:30	10.9
116	WILGOS JANUSZ	723		WARS ZAWA	POL	M 40-49	116	M 306				00:35:14	00:49:27	00:55:06.55	00:56:30.85	5:30	10.9
117	KOT TOMASZ	318		WARS ZAWA	POL	M 40-49	117	M 307	TAK			00:33:26	00:48:57	00:55:07.30	00:55:26.00	5:30	10.9
118	MADEJ MARCIN	406		WARS ZAWA	POL	M 40-49	118	M 309	TAK			00:34:45	00:49:21	00:55:13.50	00:56:00.95	5:31	10.9
119	WIKTOROWICZ MARCIN	721		WARS ZAWA	POL	M 40-49	119	M 310	TAK			00:35:23	00:49:33	00:55:14.35	00:56:29.65	5:31	10.9
120	ROKICKI ALEKSANDER	562		WARS ZAWA	POL	M 40-49	120	M 313	TAK			00:34:24	00:48:58	00:55:18.10	00:56:28.65	5:31	10.8
121	PRZYGODZKI MATEUSZ	543		WARS ZAWA	POL	M 40-49	121	M 315				00:35:13	00:49:26	00:55:24.50	00:56:04.20	5:32	10.8
122	PNIEWSKI RAFAŁ	526	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	122	M 318	TAK		BIEGAM NA TARCHOMINIE	00:33:34	00:49:07	00:55:30.90	00:55:56.05	5:33	10.8
123	SZYMAŃSKI JACEK	659		WARS ZAWA	POL	M 40-49	123	M 320	TAK			00:32:59	00:48:44	00:55:41.95	00:57:16.30	5:34	10.8
124	GROCHOWSKI PAWEŁ	185	PZU SPORT TEAM	WARS ZAWA	POL	M 40-49	124	M 325				00:34:25	00:49:40	00:55:55.55	00:56:35.80	5:35	10.7
125	WŁOSZCZOWSKI ROBERT	987		WARS ZAWA	POL	M 40-49	125	M 327	TAK			00:34:57	00:49:52	00:55:59.30	00:56:40.70	5:35	10.7
126	MASŁOWSKI MICHAŁ	420		WARS ZAWA	POL	M 40-49	126	M 329				00:32:46	00:49:12	00:56:01.25	00:56:29.95	5:36	10.7
127	GNIŁA MACIEJ	169	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	127	M 330	TAK		BIEGAM NA TARCHOMINIE	00:34:57	00:50:07	00:56:06.80	00:56:54.45	5:36	10.7
128	G ARTUR	150		WARS ZAWA	POL	M 40-49	128	M 332	TAK			00:33:42	00:49:43	00:56:08.60	00:56:45.85	5:36	10.7
129	MACHOŃ PAWEŁ	403	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	129	M 338		TAK	GRUPA BIEGOWA UM W-WA	00:34:37	00:50:05	00:56:32.50	00:57:07.85	5:39	10.6
130	WACH MICHAŁ	697	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	130	M 339	TAK		BIEGAM NA TARCHOMINIE	00:35:19	00:50:25	00:56:33.85	00:57:15.70	5:39	10.6
131	WOLKOWYCKI ADAM	741	SERWIS POJAZDÓW ADAM WOLKOWYCKI	WARS ZAWA	POL	M 40-49	131	M 340				00:34:29	00:50:04	00:56:35.65	00:56:59.70	5:39	10.6

**BIEG PRZEZ MOST , M 40-49 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
132	BITOWSKI HUBERT	51		JÓZEF OSŁA W	POL	M 40-49	132	M 344				00:35:28	00:50:42	00:56:42.25	00:57:29.30	5:40	10.6
133	ADAO MIGUEL	12		WARS ZAWA	POR	M 40-49	133	M 350	TAK			00:34:37	00:50:37	00:56:47.05	00:57:44.90	5:40	10.6
134	FLORYSIAK ARTUR	146		WARS ZAWA	POL	M 40-49	134	M 352	TAK			00:35:57	00:50:53	00:56:51.90	00:57:49.45	5:41	10.6
135	KLOC PIOTR	282	FALA NIEPOREŃ	ARCIE CHO W	POL	M 40-49	135	M 358				00:33:58	00:50:23	00:57:19.00	00:58:51.55	5:43	10.5
136	NOWAK JERZY	465	PWPW	WA-W A	POL	M 40-49	136	M 359	TAK			00:34:43	00:51:05	00:57:19.90	00:57:57.90	5:43	10.5
137	MARCINKOWSKI KRZYSZTOF	414		WARS ZAWA	POL	M 40-49	137	M 361				00:35:52	00:51:15	00:57:26.55	00:58:29.70	5:44	10.4
138	OSYRA TOMASZ	491		WARS ZAWA	POL	M 40-49	138	M 366				00:36:28	00:51:31	00:57:42.20	00:59:21.05	5:46	10.4
139	KARNOWSKI MICHAŁ	261		WARS ZAWA	POL	M 40-49	139	M 367				00:35:06	00:51:32	00:57:44.30	00:58:24.50	5:46	10.4
140	PAWELCZYK JAROSŁAW	820	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	140	M 369	TAK			00:35:35	00:51:22	00:57:50.75	00:58:34.05	5:47	10.4
141	KĘPKA MARCIN	275		WARS ZAWA	POL	M 40-49	141	M 371	TAK			00:35:53	00:51:32	00:57:58.05	00:58:53.75	5:47	10.4
142	SIWERSKI PAWEŁ	596		BORZ ĘCIN MAŁY	POL	M 40-49	142	M 372				00:35:44	00:51:35	00:57:58.10	00:59:10.35	5:47	10.4
143	SZAREWICZ PAWEŁ	642		WARS ZAWA	POL	M 40-49	143	M 373	TAK			00:36:19	00:52:03	00:58:02.80	00:58:48.55	5:48	10.3
144	LORENS KRZYSZTOF	388		WOŁO MIN	POL	M 40-49	144	M 377				00:35:37	00:51:29	00:58:14.30	00:59:15.65	5:49	10.3
145	RACZYŃSKI TOMASZ	552		WARS ZAWA	POL	M 40-49	145	M 380	TAK			00:37:21	00:52:14	00:58:19.20	00:59:22.70	5:49	10.3
146	GOZDZIKIEWICZ BŁAŻEJ	178	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	146	M 382	YES		BIEGAM NA TARCHOMINIE	00:35:56	00:51:45	00:58:20.25	00:59:35.60	5:50	10.3
147	KUNA MICHAŁ	354		LEGIO NOWO	POL	M 40-49	147	M 388				00:36:02	00:51:57	00:58:28.05	00:58:47.45	5:50	10.3
148	FILIPOWICZ ARKADIUSZ	143		MARK I	POL	M 40-49	148	M 390				00:35:58	00:52:19	00:58:37.10	00:58:58.25	5:51	10.2
149	ŁUCZAK PIOTR	398	PKO BANK POLSKI SA	WARS ZAWA	POL	M 40-49	149	M 391	TAK			00:36:08	00:51:57	00:58:38.45	00:59:20.20	5:51	10.2
150	STANKIEWICZ MACIEJ	619		WARS ZAWA	POL	M 40-49	150	M 395	TAK			00:37:15	00:52:39	00:58:59.80	01:00:22.00	5:53	10.2
151	POLAK RAFAŁ	531		JARZĘ BIA ŁĄKA	POL	M 40-49	151	M 398				00:36:11	00:52:52	00:59:07.50	00:59:40.30	5:54	10.1
152	LIBOLD MACIEJ	383		WARS ZAWA	POL	M 40-49	152	M 400	TAK			00:35:51	00:52:22	00:59:11.25	00:59:43.20	5:55	10.1
153	KRASZEWSKI PAWEŁ	335		DROG OSZE WO	POL	M 40-49	153	M 402				00:36:46	00:52:50	00:59:14.45	01:00:06.95	5:55	10.1
154	ZYGADŁO PIOTR	779		WARS ZAWA	POL	M 40-49	154	M 406		TAK		00:37:28	00:53:01	00:59:33.00	01:00:27.50	5:57	10.1
155	KNAPIK PAWEŁ	803		WARS ZAWA	POL	M 40-49	155	M 409				00:36:50	00:53:07	00:59:41.15	01:00:43.35	5:58	10.1
156	TALAROWSKI JACEK	669		WARS ZAWA	POL	M 40-49	156	M 410	TAK			00:37:04	00:53:24	00:59:48.35	01:00:58.45	5:58	10

**BIEG PRZEZ MOST , M 40-49 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
157	GAJEWSKI PAWEŁ	154		WARS ZAWA	POL	M 40-49	157	M 425				00:37:45	00:54:11	01:00:50.10	01:01:40.45	6:05	9.9
158	PEŚIEK ADAM	506		WARS ZAWA	POL	M 40-49	158	M 427		TAK		00:38:03	00:54:17	01:00:55.00	01:02:22.95	6:05	9.8
159	GAWROŃSKI BARTOSZ	798		JABŁO NNA	POL	M 40-49	159	M 428				00:37:16	00:54:25	01:01:00.05	01:02:30.95	6:06	9.8
160	CIEŚLA GRZEGORZ	96		WARS ZAWA	POL	M 40-49	160	M 429	TAK			00:37:40	00:54:27	01:01:00.20	01:02:10.50	6:06	9.8
161	WOŁOSZKA DARIUSZ	743		WARS ZAWA	POL	M 40-49	161	M 433				00:37:55	00:54:41	01:01:25.15	01:01:49.10	6:08	9.8
162	SIKORSKI PAWEŁ	592	GAMMA	WARS ZAWA	POL	M 40-49	162	M 435	TAK			00:37:53	00:55:00	01:01:38.60	01:02:39.55	6:09	9.7
163	BARTNIK RAFAŁ	25	ZABIEGANY WOŁOMIN	WARS ZAWA	POL	M 40-49	163	M 438				00:38:48	00:54:53	01:01:44.50	01:02:47.85	6:10	9.7
164	SZOSTAK GRZEGORZ	654		WARS ZAWA	POL	M 40-49	164	M 441	TAK			00:38:02	00:55:24	01:01:54.35	01:02:56.00	6:11	9.7
165	ZAIDLEWICZ MAREK	842		WARS ZAWA	POL	M 40-49	165	M 444				00:37:37	00:55:26	01:02:13.60	01:03:29.35	6:13	9.6
166	KUNKA PIOTR	355	TEAM ZABIEGANEDNI	JAKUB ÓW	POL	M 40-49	166	M 446			TEAM ZABIEGANEDNI	00:37:50	00:54:35	01:02:16.45	01:03:21.95	6:13	9.6
167	ZADROŻNY ANDRZEJ	759		WARS ZAWA	POL	M 40-49	167	M 451	TAK			00:38:34	00:55:32	01:02:23.70	01:03:39.05	6:14	9.6
168	LESNIEWSKI PAWEŁ	373		WARS ZAWA	POL	M 40-49	168	M 452	TAK			00:38:45	00:55:50	01:02:41.45	01:04:01.95	6:16	9.6
169	BOBOWSKI SEBASTIAN	55		WARS ZAWA	POL	M 40-49	169	M 453	TAK			00:37:00	00:55:55	01:02:57.65	01:03:54.30	6:17	9.5
170	URBANIAK PAWEŁ	692		WARS ZAWA	POL	M 40-49	170	M 465	TAK			00:40:16	00:57:22	01:04:00.25	01:04:07.05	6:24	9.4
171	GARWOŁA PAWEŁ	157		LEGIO NOW O	POL	M 40-49	171	M 466				00:39:35	00:57:08	01:04:04.30	01:05:21.75	6:24	9.4
172	ŁOZOWSKI ROBERT	396	DOMELO ROBERT ŁOZOWSKI	WARS ZAWA	POL	M 40-49	172	M 467	TAK			00:39:06	00:57:02	01:04:10.25	01:05:16.95	6:25	9.4
173	CZAJKOWSKI RAFAŁ	100	EKOBIEGI	WARS ZAWA	POL	M 40-49	173	M 468	TAK			00:40:48	00:57:00	01:04:12.40	01:05:31.20	6:25	9.3
174	PAC BARTOSZ	495		WARS ZAWA	POL	M 40-49	174	M 473				00:39:28	00:57:14	01:04:37.85	01:05:52.70	6:27	9.3
175	JĘŻMAŃSKI SŁAWEK	241	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	175	M 474	TAK		BIEGAM NA TARCHOMINIE	00:39:29	00:57:10	01:04:45.20	01:05:52.25	6:28	9.3
176	CHOJNOWSKI ANDRZEJ	84	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	176	M 475	TAK		BIEGAM NA TARCHOMINIE	00:38:54	00:57:14	01:04:47.15	01:06:17.20	6:28	9.3
177	KWAŚNIEWSKI TOMASZ	363		PIAST ÓW	POL	M 40-49	177	M 478				00:39:42	00:57:37	01:04:53.90	01:05:39.00	6:29	9.2
178	ZAKHARKEVICH ALEXANDER	992		WARS ZAWA	POL	M 40-49	178	M 479	TAK			00:39:43	00:57:59	01:05:03.40	01:06:37.95	6:30	9.2
179	KOWALCZYK ZDZISŁAW	322	JW 2189	WARS ZAWA	POL	M 40-49	179	M 480	TAK			00:39:03	00:57:23	01:05:06.00	01:06:02.15	6:30	9.2
180	PARK JONG GYU	818	NONE	WRO CLAW	POL	M 40-49	180	M 484				00:38:59	00:58:13	01:05:54.35	01:06:16.10	6:35	9.1
181	LECHÓW MARCIN	368		MARK I	POL	M 40-49	181	M 487				00:39:52	00:58:15	01:06:23.75	01:07:31.45	6:38	9
182	KOWALSKI TOMASZ	326	KB PACE	WARS ZAWA	POL	M 40-49	182	M 488				00:42:04	00:59:44	01:06:25.55	01:07:31.35	6:38	9
183	KATNER TOMASZ	268		WARS ZAWA	POL	M 40-49	183	M 489				00:40:49	00:59:18	01:06:31.20	01:08:06.15	6:39	9
184	WOJTCZAK ADRIAN	738		EŁK	POL	M 40-49	184	M 490				00:40:06	00:58:36	01:06:36.05	01:07:18.75	6:39	9

**BIEG PRZEZ MOST , M 40-49 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
185	JEDYNAK PAWEŁ	236		WARS ZAWA	POL	M 40-49	185	M 494	TAK			00:42:12	01:00:16	01:07:08.85	01:08:41.90	6:42	8.9
186	WŁODARCZYK PAWEŁ	733		WARS ZAWA	POL	M 40-49	186	M 495				00:40:33	00:59:43	01:07:12.45	01:08:19.00	6:43	8.9
187	ZAJĄC PIOTR	760		WARS ZAWA	POL	M 40-49	187	M 497	TAK			00:42:38	01:00:22	01:07:27.10	01:09:07.45	6:44	8.9
188	MYŚLIWIEC PIOTR	452	AKTYWNI PO ZAWALE	WARS ZAWA	POL	M 40-49	188	M 500				00:41:33	01:00:19	01:07:50.45	01:08:40.75	6:47	8.8
189	KOSECKI JAKUB	309		ŁOMI ANKI	POL	M 40-49	189	M 501				00:39:43	00:57:38	01:08:00.15	01:09:51.35	6:48	8.8
190	FIEDOSIUK MICHAŁ	140	DZIKUNY	WARS ZAWA	POL	M 40-49	190	M 502	TAK			00:41:51	01:00:26	01:08:02.45	01:08:48.45	6:48	8.8
191	GRUDZIŃSKI ŁUKASZ	186		WARS ZAWA	POL	M 40-49	191	M 503		TAK		00:42:25	01:01:00	01:08:13.65	01:09:43.10	6:49	8.8
192	ZIĘBA TOMASZ	776		WARS ZAWA	POL	M 40-49	192	M 506				00:42:18	01:01:14	01:09:04.15	01:10:28.70	6:54	8.7
193	KUCOWSKI ROBERT	971		WARS ZAWA	POL	M 40-49	193	M 512	TAK			00:43:31	01:01:55	01:09:32.15	01:10:50.65	6:57	8.6
194	PASZKOWSKI CEZARY	819	LEŚNE SZYCHY	WARS ZAWA	POL	M 40-49	194	M 515				00:43:54	01:01:31	01:09:50.70	01:11:21.35	6:59	8.6
195	BALCERZAK TOMASZ	20		LEGIO NOW O	POL	M 40-49	195	M 518				00:41:57	01:02:29	01:10:16.20	01:11:08.95	7:01	8.5
196	BRZÓZKA KAMIL	65	TARCHO ZIOMY	WARS ZAWA	POL	M 40-49	196	M 526	TAK			00:43:50	01:04:05	01:11:48.30	01:13:28.95	7:10	8.4
197	DZIEDZIC ŁUKASZ	132		WARS ZAWA	POL	M 40-49	197	M 527	TAK			00:44:37	01:03:45	01:11:55.55	01:13:09.95	7:11	8.3
198	SIKORSKI PAWEŁ	593	KIP RUNNING	MAGD ALEN KA	POL	M 40-49	198	M 528				00:44:43	01:04:11	01:12:23.20	01:13:57.15	7:14	8.3
199	DANIELSKI JACEK	109	PZU SPORT TEAM	WARS ZAWA	POL	M 40-49	199	M 530	TAK			00:43:46	01:04:57	01:13:11.10	01:14:19.65	7:19	8.2
200	NOWICKI DARIUSZ	466	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 40-49	200	M 531	TAK		BIEGAM NA TARCHOMINIE	00:45:17	01:05:33	01:13:55.40	01:15:19.55	7:23	8.1
201	LIBERA PAWEŁ	382	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 40-49	201	M 532	TAK	TAK	GRUPA BIEGOWA UM W-WA	00:44:34	01:06:11	01:14:42.85	01:16:23.10	7:28	8
202	NASKRĘT MARIUSZ	453		RACO T	POL	M 40-49	202	M 533				00:46:27	01:06:56	01:14:48.35	01:16:14.35	7:28	8
203	BIELEC BARTŁOMIEJ	43		WARS ZAWA	POL	M 40-49	203	M 534				00:46:05	01:06:30	01:14:50.10	01:16:30.15	7:29	8
204	DZIEPAK PIOTR	133	ZALATANI 1 BLTR	WOLA MROK OWSK A	POL	M 40-49	204	M 539			ZALATANI 1 BLTR	00:46:48	01:06:58	01:15:40.45	01:16:57.95	7:34	7.9
205	ZATYLNÝ TOMASZ	768		WARS ZAWA	POL	M 40-49	205	M 546	TAK			00:46:22	01:08:41	01:18:23.55	01:19:59.65	7:50	7.7
206	SMOK TOMASZ	606		WARS ZAWA	POL	M 40-49	206	M 548	TAK			00:45:03	01:08:05	01:18:37.30	01:19:58.30	7:51	7.6
207	SIUDZIŃSKI REMIGIUSZ	595	RIGHT SOLUTIONS REMIGIUSZ SIUDZIŃSKI	WARS ZAWA	POL	M 40-49	207	M 553				00:50:57	01:12:59	01:22:09.95	01:23:48.55	8:12	7.3
208	MARSZAL MARIUSZ	417	WETELECOM	WARS ZAWA	POL	M 40-49	208	M 559									
209	CHMIELEWSKI MACIEJ	79		WARS ZAWA	POL	M 40-49	209	M 560		TAK							

**BIEG PRZEZ MOST , K 50-59**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	JASZCZERSKA GRAŻYNA	233		WARS ZAWA	POL	K 50-59	1	K 15	TAK			00:29:32	00:42:04	00:47:09.40	00:47:24.95	4:42	12.7
2	RZYMOWSKA KRYSZYNA	575		WARS ZAWA	POL	K 50-59	2	K 25				00:30:40	00:44:01	00:49:17.50	00:49:38.55	4:55	12.2
3	CICHOŃSKA ELŻBIETA	93		WARS ZAWA	POL	K 50-59	3	K 29	TAK			00:31:29	00:44:30	00:49:55.10	00:50:27.95	4:59	12
4	ZAWIŚLAK JOLA	770	TEAM ZABIEGANEDNI	WARS ZAWA	POL	K 50-59	4	K 53				00:32:53	00:48:05	00:54:17.25	00:54:48.25	5:25	11.1
5	LEWANDOWSKA JOANNA	376	WARSAW RUN CLUB	WARS ZAWA	POL	K 50-59	5	K 104				00:36:20	00:53:10	00:59:44.30	01:00:27.25	5:58	10
6	MARSZAŁEK KAROLINA	418		WARS ZAWA	POL	K 50-59	6	K 114	TAK			00:38:01	00:53:54	01:00:28.95	01:01:39.80	6:02	9.9
7	KOSEWSKA DOROTA	310	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	K 50-59	7	K 133	TAK		BIEGAM NA TARCHOMINIE	00:39:09	00:55:52	01:02:20.55	01:03:43.30	6:14	9.6
8	DOBRUCH HANNA	121		WARS ZAWA	POL	K 50-59	8	K 141				00:39:02	00:56:08	01:03:26.05	01:04:20.05	6:20	9.5
9	SIERZPUTOWSKA EWA	586	GUNS&ROSES RUN TEAM	WARS ZAWA PRAG A PÓŁN OC	POL	K 50-59	9	K 152				00:39:11	00:56:58	01:04:31.75	01:05:55.70	6:27	9.3
10	GROCHOWSKA JOANNA	4	BIEGAM DOBRZE DLA FUNDACJI SYNOPSIS	WARS ZAWA	POL	K 50-59	10	K 161				00:40:11	00:58:39	01:05:49.65	01:07:25.20	6:34	9.1
11	ZAWADKA AGNIESZKA	964			POL	K 50-59	11	K 163				00:40:17	00:58:29	01:06:08.75	01:07:36.25	6:36	9.1
12	TRZCIŃSKA IWONA	684		WARS ZAWA	POL	K 50-59	12	K 182				00:40:22	01:00:09	01:08:42.10	01:09:36.90	6:52	8.7
13	GOŁACKA-PIOTOWSKA BEATA	173			POL	K 50-59	13	K 186				00:41:43	01:01:21	01:09:24.40	01:10:27.65	6:56	8.6
14	KWIECIEŃ AGATA	366		WARS ZAWA	POL	K 50-59	14	K 201	YES			00:42:37	01:02:53	01:11:21.15	01:12:30.70	7:08	8.4
15	TOMASZEWSKA MARIOLA	675	BIEGAM DLA SIEBIE	WARS ZAWA	POL	K 50-59	15	K 205				00:43:21	01:03:51	01:12:10.95	01:13:37.30	7:13	8.3
16	KASPRZAK OLGA	266		WARS ZAWA	POL	K 50-59	16	K 206	TAK			00:44:07	01:04:05	01:12:19.75	01:13:49.25	7:13	8.3
17	BIERNACKA AGNIESZKA	50		LEGIO NOWO	POL	K 50-59	17	K 208				00:43:53	01:04:28	01:13:32.70	01:14:32.25	7:21	8.2
18	ŁĄCKA ILONA	7	BIAŁOŁĘKA JEST KOBIETĄ	WARS ZAWA	POL	K 50-59	18	K 216	TAK	TAK		00:47:06	01:07:30	01:16:16.90	01:17:35.55	7:37	7.9
19	KERNER AGNIESZKA	980		WARS ZAWA	POL	K 50-59	19	K 218			GRUPA BIEGOWA UM W-WA	00:47:22	01:08:00	01:16:27.60	01:18:10.10	7:38	7.8
20	ZBIŃKOWSKA DOROTA	772		MILAN ÓWEK	POL	K 50-59	20	K 222		TAK		00:48:50	01:09:05	01:17:18.35	01:18:57.80	7:43	7.8
21	OLCZAK URSZULA	475	UMCS BIEGA	WARS ZAWA	POL	K 50-59	21	K 230				00:49:04	01:10:06	01:19:15.75	01:20:57.45	7:55	7.6
22	STAŃKOWSKA KATARZYNA	620	TEAM WARIAT	WARS ZAWA	POL	K 50-59	22	K 233	TAK			00:53:26	01:15:59	01:25:42.00	01:27:04.40	8:34	7
23	BRZEZOWSKA BEATA	789		WARS ZAWA	POL	K 50-59	23	K 235				00:55:02	01:18:54	01:28:36.65	01:30:21.05	8:51	6.8

**BIEG PRZEZ MOST , M 50-59**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	MIOTK MARCIN	443	MIOTK.PL EVEREST MOTYWACJI	WARS ZAWA	POL	M 50-59	1	M 13	TAK		BIEGANIE PO 40	00:23:29	00:33:27	00:37:32.90	00:37:35.85	3:45	16
2	KRZEMPEK ALEKSANDER	345	BIEGANIE PO 40	WARS ZAWA	POL	M 50-59	2	M 16			BIEGANIE PO 40	00:23:27	00:33:43	00:37:48.35	00:37:50.55	3:46	15.9
3	GOZDEK RADEK	177	BIEGANIEPO40.PL	WARS ZAWA	POL	M 50-59	3	M 26	TAK		BIEGANIE PO 40	00:24:25	00:34:53	00:39:14.65	00:39:18.10	3:55	15.3
4	OLCZAK JANUSZ	474	WARSAW SENIOR RUNNERS TEAM	WARS ZAWA	POL	M 50-59	4	M 37				00:25:52	00:36:45	00:41:05.95	00:41:10.80	4:06	14.6
5	STASZEWSKI WOJCIECH	622	KS STASZEWSCY	WARS ZAWA	POL	M 50-59	5	M 46		TAK	KS STASZEWSCY	00:26:14	00:37:22	00:41:52.55	00:41:59.65	4:11	14.3
6	SŁĄTKA KRZYSZTOF	577		ŁOMI ANKI	POL	M 50-59	6	M 50				00:26:34	00:37:55	00:42:20.90	00:42:27.85	4:14	14.2
7	KACPRZYK ALEX	251	RP RUNNERS	WARS ZAWA	POL	M 50-59	7	M 51				00:26:50	00:37:51	00:42:21.65	00:42:29.35	4:14	14.2
8	JASKÓŁOWSKI WALDEMAR	232	BIEGAJ POD OKIEM TRENERA	WARS ZAWA	POL	M 50-59	8	M 71	TAK		BIEGAJ POD OKIEM TRENERA	00:27:41	00:39:41	00:44:32.55	00:44:42.25	4:27	13.5
9	WYGONOWSKI JACEK	755	DZIKUR CREW	WARS ZAWA	POL	M 50-59	9	M 83	TAK			00:28:24	00:40:00	00:44:47.25	00:45:24.20	4:28	13.4
10	JAKUBOWSKI DARIUSZ	218		WARS ZAWA	POL	M 50-59	10	M 103				00:28:58	00:41:51	00:46:25.55	00:47:13.95	4:38	12.9
11	PLECHA GRZEGORZ	524	TZF	STRZ ESZK OWIC E DUŻE	POL	M 50-59	11	M 112				00:28:22	00:41:51	00:47:07.80	00:47:17.85	4:42	12.7
12	BIENIAK KRZYSZTOF	47	TARCHOMIN TRIATHLON TEAM	WARS ZAWA	POL	M 50-59	12	M 118			TRIATHLON TARCHOMIN TEAM	00:30:32	00:42:38	00:47:27.50	00:47:55.55	4:44	12.6
13	TULIK PRZEMYSŁAW	688		WARS ZAWA	POL	M 50-59	13	M 119				00:29:59	00:42:21	00:47:28.10	00:48:09.35	4:44	12.6
14	OWOC TOMASZ	493	PKO BANK POLSKI / ADIDAS RUNNERS WARSAW	WARS ZAWA	POL	M 50-59	14	M 122			ADIDAS RUNNERS WARSAW	00:29:48	00:42:38	00:47:38.70	00:48:00.55	4:45	12.6
15	PRĘDOTA KRZYSZTOF	537	TARCHOMIN TRIATHLON TEAM	WARS ZAWA	POL	M 50-59	15	M 125	TAK		TRIATHLON TARCHOMIN TEAM	00:29:38	00:42:28	00:47:42.75	00:47:54.85	4:46	12.6
16	PRUSZYŃSKI EDWARD	540	KB OŻARÓW MAZOWIECKI BIEGA	OŻAR ÓW MAZO WIEC KI	POL	M 50-59	16	M 129			KB OŻARÓW MAZOWIECKI BIEGA	00:29:21	00:42:36	00:47:56.00	00:48:11.95	4:47	12.5
17	WEREDA PAWEŁ	711		WARS ZAWA	POL	M 50-59	17	M 139				00:29:26	00:42:44	00:48:17.00	00:48:35.30	4:49	12.4
18	KONIECKI TOMASZ	301		WARS ZAWA	POL	M 50-59	18	M 147	TAK			00:30:12	00:43:14	00:48:38.45	00:48:58.70	4:51	12.3
19	ŁASZEK RAFAŁ	1000	LZL	WARS ZAWA	POL	M 50-59	19	M 154				00:30:31		00:48:53.60	00:49:12.35	4:53	12.3
20	CICHOCKI ZBIGNIEW	92		WARS ZAWA	POL	M 50-59	20	M 166	TAK			00:30:12	00:43:48	00:49:17.20	00:49:54.85	4:55	12.2
21	MŁYNARCZYK PIOTR	444	EZA	WARS ZAWA	POL	M 50-59	21	M 181				00:31:36	00:44:40	00:49:47.25	00:50:19.40	4:58	12.1
22	ARAŻNY ZBIGNIEW	19	TRIATHLON TARCHOMIN TEAM	WARS ZAWA	POL	M 50-59	22	M 182	TAK		TRIATHLON TARCHOMIN TEAM	00:31:00	00:44:01	00:49:48.50	00:50:16.85	4:58	12
23	KAKOLECKI MICHAŁ	255	THE LUZERS	WARS ZAWA	POL	M 50-59	23	M 190	TAK			00:30:14	00:44:15	00:50:01.60	00:50:22.05	5:00	12
24	RODAK ZBIGNIEW	560		WARS ZAWA	POL	M 50-59	24	M 194				00:32:01	00:44:58	00:50:22.65	00:51:53.85	5:02	11.9

**BIEG PRZEZ MOST , M 50-59 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
25	PAKUŁA DARIUSZ	498	KENKO	WARS ZAWA	POL	M 50-59	25	M 195	TAK		KENKO	00:31:29	00:44:57	00:50:24.55	00:50:28.60	5:02	11.9
26	KRAWCZYK WOJCIECH	337	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	26	M 208	TAK		BIEGAM NA TARCHOMINIE	00:31:08	00:44:41	00:51:05.05	00:51:27.55	5:06	11.7
27	URBAŃSKI PAWEŁ	693	PALM TEAM	WARS ZAWA	POL	M 50-59	27	M 210	TAK			00:31:59	00:45:35	00:51:14.80	00:51:44.25	5:07	11.7
28	TOMSZYS PIOTR	846		WARS ZAWA	POL	M 50-59	28	M 214				00:32:29	00:45:53	00:51:27.05	00:52:34.90	5:08	11.7
29	HRYNKIEWICZ MACIEJ	207		WARS ZAWA	POL	M 50-59	29	M 219				00:31:31	00:45:46	00:51:36.45	00:51:59.45	5:09	11.6
30	MAMLA ZBIGNIEW	413	BIEGOWE WTORKI NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	30	M 221	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:32:30	00:46:02	00:51:37.65	00:53:33.50	5:09	11.6
31	WIAZOWSKI JAROSŁAW	714		WARS ZAWA	POL	M 50-59	31	M 230	TAK			00:30:37	00:45:50	00:52:03.35	00:52:19.30	5:12	11.5
32	ZABIELSKI ANDRZEJ	756	OZ GST	WARS ZAWA	POL	M 50-59	32	M 231	TAK			00:32:20	00:46:27	00:52:06.85	00:52:35.80	5:12	11.5
33	CHATAŁA MAREK	76	SZEROKIE BIEGA	LUBLI N	POL	M 50-59	33	M 236				00:32:05	00:46:25	00:52:32.95	00:52:54.10	5:15	11.4
34	KRUK WALDEMAR	340		WARS ZAWA	POL	M 50-59	34	M 246				00:32:47	00:46:49	00:52:50.65	00:53:44.05	5:17	11.4
35	FRĄCKOWSKI SŁAWOMIR	148	MAKOWARSKO	WARS ZAWA	POL	M 50-59	35	M 248	TAK			00:32:21	00:46:44	00:52:51.40	00:53:43.35	5:17	11.4
36	FRYCZ MICHAŁ	149		WARS ZAWA	POL	M 50-59	36	M 262				00:33:07	00:47:32	00:53:27.60	00:54:23.95	5:20	11.2
37	HEBA GRZEGORZ	202		KOBY ŁKA	POL	M 50-59	37	M 264				00:33:03	00:47:44	00:53:28.65	00:54:08.75	5:20	11.2
38	BORUSZEWSKI MACIEJ	61		WARS ZAWA	POL	M 50-59	38	M 271				00:34:11	00:48:15	00:53:48.30	00:54:33.45	5:22	11.2
39	JÓZWIK GRZEGORZ	245		JÓZEF OSŁA W	POL	M 50-59	39	M 275				00:33:20	00:47:54	00:54:05.15	00:54:27.30	5:24	11.1
40	GAĞAŁA PRZEMYSŁAW	162		WARS ZAWA	POL	M 50-59	40	M 283				00:33:19	00:48:07	00:54:19.20	00:54:55.10	5:25	11
41	KIETLIŃSKI MACIEJ	276		WARS ZAWA	POL	M 50-59	41	M 287				00:34:43	00:48:50	00:54:29.25	00:55:27.80	5:26	11
42	PADZIŃSKI MARIUSZ	497	BIEGOWE WTORKI NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	42	M 311	TAK		BIEGOWE WTORKI NA TARCHOMINIE	00:34:55	00:49:21	00:55:17.05	00:56:02.05	5:31	10.9
43	SĄGOL SYLWESTER	995		WARS ZAWA	POL	M 50-59	43	M 314	TAK			00:34:46	00:49:17	00:55:20.95	00:57:03.50	5:32	10.8
44	OCHAB JANUSZ	471		WARS ZAWA	POL	M 50-59	44	M 317				00:35:12	00:49:43	00:55:28.30	00:56:22.20	5:32	10.8
45	ORŁOWSKI MAREK	483		WARS ZAWA	POL	M 50-59	45	M 321	TAK			00:34:28	00:49:50	00:55:43.15	00:56:21.45	5:34	10.8
46	KILIAŃSKI RAFAŁ	801	TARCHOMIN TRIATHLON TEAM	WARS ZAWA	POL	M 50-59	46	M 323	TAK		TRIATHLON TARCHOMIN TEAM	00:34:45	00:49:29	00:55:46.05	00:56:36.60	5:34	10.8
47	ADAMIAK ROBERT	11	CURTIS	CIECH ANÓ W	POL	M 50-59	47	M 324				00:33:50	00:49:27	00:55:55.55	00:56:33.85	5:35	10.7
48	MRÓWCZYŃSKI WOJCIECH	997		WARS ZAWA	POL	M 50-59	48	M 336				00:34:45	00:49:53	00:56:21.50	00:57:38.05	5:38	10.6
49	PAZIEWSKI ANDRZEJ	505	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	49	M 341	TAK		BIEGAM NA TARCHOMINIE	00:35:19	00:50:27	00:56:36.70	00:57:18.95	5:39	10.6
50	BEDNARSKI TOMASZ	31		WARS ZAWA	POL	M 50-59	50	M 343				00:35:47	00:50:46	00:56:42.15	00:58:07.85	5:40	10.6
51	SUCHODOLSKI MARIUSZ	636	DZIKI BIEG	WARS ZAWA	POL	M 50-59	51	M 357	TAK			00:35:47	00:50:22	00:57:15.00	00:58:07.55	5:43	10.5



**BIEG PRZEZ MOST , M 50-59 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białoleki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
52	PYTKA ANDRZEJ	550	AKTYWNA WARSZAWA	WARS ZAWA	POL	M 50-59	52	M 360	TAK			00:34:48	00:50:16	00:57:24.50	00:58:08.50	5:44	10.5
53	MUSIAŁ SŁAWOMIR	450		JABŁO NNA	POL	M 50-59	53	M 362				00:36:31	00:51:27	00:57:27.15	00:58:58.95	5:44	10.4
54	JAROSZ GRZEGORZ	228		WARS ZAWA	POL	M 50-59	54	M 378	TAK			00:37:25	00:52:22	00:58:19.00	00:59:27.65	5:49	10.3
55	TOKARZEWSKI ROBERT	674		WARS ZAWA	POL	M 50-59	55	M 393	TAK			00:36:31	00:52:13	00:58:48.00	01:00:31.80	5:52	10.2
56	WALECKI ROMUALD	839	TRIATHLON TARCHOMIN TEAM	WARS ZAWA	POL	M 50-59	56	M 394	TAK		TRIATHLON TARCHOMIN TEAM	00:35:54	00:52:26	00:58:55.75	00:59:04.35	5:53	10.2
57	KAZAŁA PIOTR	270	BIEGAM NA TARCHOMINIE	WARS ZAWA	POL	M 50-59	57	M 403	TAK			00:37:00	00:52:50	00:59:22.00	01:00:27.20	5:56	10.1
58	WALLIS PATRICK	830	FUNDACJA INTER PARES	RADO MIN	POL	M 50-59	58	M 411				00:33:45	00:53:01	00:59:51.60	00:59:59.05	5:59	10
59	WOŹNY ANDRZEJ	746		WARS ZAWA	POL	M 50-59	59	M 418	TAK			00:37:00	00:53:34	01:00:16.80	01:01:29.85	6:01	10
60	MORAWSKI KRZYSZTOF	446		NOWY DWÓ R MAZO WIEC KI	POL	M 50-59	60	M 419				00:37:53	00:53:40	01:00:23.80	01:01:38.00	6:02	9.9
61	KOSIERADZKI PAWEŁ	982	MASTERS DOJO	WARS ZAWA	POL	M 50-59	61	M 420	TAK			00:36:12	00:53:41	01:00:26.10	01:01:15.85	6:02	9.9
62	MARSZAŁEK MARIUSZ	419		WARS ZAWA	POL	M 50-59	62	M 421	TAK			00:37:58	00:53:53	01:00:29.45	01:01:41.05	6:02	9.9
63	KOSTRZEWSKI PIOTR	998		MILAN ÓWEK	POL	M 50-59	63	M 430				00:38:01	00:54:36	01:01:07.30	01:02:46.95	6:06	9.8
64	ROSTEK ANDRZEJ	564		MARK I	POL	M 50-59	64	M 431		TAK		00:37:47	00:54:21	01:01:08.60	01:02:16.25	6:06	9.8
65	KOPCZYŃSKI ARKADIUSZ	303		WARS ZAWA	POL	M 50-59	65	M 447				00:36:32	00:55:37	01:02:19.45	01:03:23.30	6:13	9.6
66	SZCZEPANIAK MARIUSZ	644		WARS ZAWA	POL	M 50-59	66	M 448	TAK			00:37:14	00:54:54	01:02:20.55	01:04:03.55	6:14	9.6
67	DOBRUCH ROBERT	120		WARS ZAWA	POL	M 50-59	67	M 450				00:39:00	00:55:42	01:02:23.30	01:03:17.35	6:14	9.6
68	TORZEWSKI JANUSZ	681	WAT	WARS ZAWA	POL	M 50-59	68	M 456				00:39:20	00:56:18	01:03:36.10	01:05:03.05	6:21	9.4
69	MĘDEL CEZARY	429		MARK I	POL	M 50-59	69	M 462				00:37:56	00:57:14	01:03:50.70	01:04:57.45	6:23	9.4
70	TYBURC PAWEŁ	69	RADA DZIELNICY BIAŁOLEKA	WARS ZAWA	POL	M 50-59	70	M 482	TAK	TAK		00:40:43	00:58:35	01:05:38.10	01:07:14.20	6:33	9.1
71	KASPRZAK MARCIN	267		WARS ZAWA	POL	M 50-59	71	M 486	TAK			00:40:45	00:58:57	01:06:16.55	01:07:44.20	6:37	9.1
72	GÓRKA RAFAŁ	180	T-MOBILE SPORT TEAM	WARS ZAWA	POL	M 50-59	72	M 493	TAK			00:40:40	00:59:24	01:06:54.90	01:08:05.50	6:41	9
73	PRĘGOWSKI GRZEGORZ	538	EKOBIEGI	WARS ZAWA	POL	M 50-59	73	M 498				00:41:58	01:00:06	01:07:32.90	01:08:52.60	6:45	8.9
74	CZARNOTA ANDRZEJ	102		WARS ZAWA	POL	M 50-59	74	M 505				00:42:54	01:00:53	01:09:03.80	01:10:33.25	6:54	8.7
75	KRZECZEWSKI JACEK	344		WARS ZAWA	POL	M 50-59	75	M 507				00:42:08	01:01:13	01:09:09.40	01:10:11.85	6:54	8.7
76	SOCHOCKI DAREK	613		LEGIO NOW O	POL	M 50-59	76	M 511				00:41:31	01:00:49	01:09:27.20	01:10:52.40	6:56	8.6
77	BIELECKI JACEK	46	RUN CZARNÓW	CZAR NÓW	POL	M 50-59	77	M 516	TAK			00:42:34	01:01:49	01:10:05.90	01:11:19.05	7:00	8.6

**BIEG PRZEZ MOST , M 50-59 c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
78	JANUCHTA TOMASZ	225		WARS ZAWA	POL	M 50-59	78	M 517				00:43:55	01:02:29	01:10:06.30	01:11:22.50	7:00	8.6
79	GRABOWSKI LESZEK	182	STARE BABICE BIEGAJA	LATC HORZ EW	POL	M 50-59	79	M 522		TAK		00:43:55	01:03:12	01:11:07.00	01:12:31.80	7:06	8.4
80	SMAGIEL TOMASZ	605		WARS ZAWA	POL	M 50-59	80	M 523	TAK			00:42:32	01:03:14	01:11:08.30	01:12:17.80	7:06	8.4
81	LECH PAWEL	23		WARS ZAWA	POL	M 50-59	81	M 524		TAK		00:43:06	01:02:57	01:11:11.50	01:12:50.70	7:07	8.4
82	VARGHEO JITHIN	972		WARS ZAWA	POL	M 50-59	82	M 525				00:44:17	01:03:44	01:11:28.55	01:12:49.25	7:08	8.4
83	RUSIN BARTOSZ	827		JABŁO NNA	POL	M 50-59	83	M 537				00:45:04	01:06:44	01:15:20.45	01:16:43.60	7:32	8
84	SULEJCZYK PIOTR	637	ZALATANI 1.BLTR	BUDY BARC ZAÇKI E	POL	M 50-59	84	M 538				00:46:47	01:06:57	01:15:39.55	01:16:57.65	7:33	7.9
85	SZOSTAKOWSKI JAROSŁAW	2	BIEGAM DOBRZE DLA FUNDACJI SYNOPSIS	WARS ZAWA	POL	M 50-59	85	M 544				00:46:54	01:08:16	01:17:44.10	01:19:19.60	7:46	7.7
86	LIPIEC TOMASZ	384		PIASE CZNO	POL	M 50-59	86	M 545				00:48:56	01:09:20	01:17:57.45	01:19:09.40	7:47	7.7
87	KUREK GUSTAW	358		WARS ZAWA	POL	M 50-59	87	M 549	TAK			00:47:38	01:10:09	01:19:00.80	01:20:23.25	7:54	7.6
88	KOWALSKI WISŁAW	808		WARS ZAWA	POL	M 50-59	88	M 551	TAK			00:49:17	01:11:29	01:20:19.70	01:21:20.05	8:01	7.5
89	DRZEWICZ TOMASZ	126	PROMENADA SZKOŁA TANCA R'N'ROLLA AKROBATICZNEGO	WARS ZAWA	POL	M 50-59	89	M 552				00:49:59	01:11:54	01:20:24.65	01:20:24.65	8:02	7.5
90	ŻELAZKO MICHAŁ	783	STARYDZIAD AMORZE	WARS ZAWA	POL	M 50-59	90	M 554				00:50:53	01:14:16	01:23:56.15	01:25:18.05	8:23	7.1
91	FACON JANUSZ	136		WARS ZAWA	POL	M 50-59	91	M 558	TAK			00:28:37	00:40:26			4:29	13.4
92	KWIECIEŃ JAROSŁAW	365		WARS ZAWA	POL	M 50-59	92	M 561	TAK								

**BIEG PRZEZ MOST , K 60+**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	TULA RENATA	687		WARS ZAWA	POL	K 60+	1	K 46				00:32:46	00:47:09	00:53:16.20	00:53:45.00	5:19	11.3
2	HAWRYLUK-STASI AK EWA	201	BIEGUNI 2022/AKTYWNA WARSZAWA	WARS ZAWA	POL	K 60+	2	K 57			AKTYWNA WARSZAWA	00:34:14	00:48:28	00:54:22.75	00:55:05.65	5:26	11
3	KOSMAN MAŁGORZATA	311	SPORT GENERATION	WARS ZAWA	POL	K 60+	3	K 61				00:33:31	00:49:01	00:55:10.45	00:55:45.55	5:31	10.9
4	WOŻNY BARBARA	747		WARS ZAWA	POL	K 60+	4	K 81	TAK			00:36:00	00:51:23	00:57:34.70	00:58:48.25	5:45	10.4
5	MARCZAK GRAŻYNA	415	LECZO TEAM	WARS ZAWA	POL	K 60+	5	K 118				00:37:19	00:53:55	01:00:49.60	01:01:47.45	6:04	9.9
6	GAWRACZYŃSKA ANNA	161	WTŁ STEGNY WARSZAWA	WARS ZAWA	POL	K 60+	6	K 150				00:40:22	00:57:16	01:04:05.10	01:04:53.05	6:24	9.4

**BIEG PRZEZ MOST , K 60+ c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
7	KARŁOWICZ ANNA	260	PARTIA WOLNYCH BIEGACZY	WARS ZAWA	POL	K 60+	7	K 185				00:42:53	01:01:16	01:09:10.75	01:10:45.50	6:55	8.7
8	REMBERK DANUTA	557		WARS ZAWA	POL	K 60+	8	K 228				00:49:35	01:09:50	01:19:06.40	01:20:35.60	7:54	7.6
9	WRÓBLEWSKA JOANNA	753	LAS NA ZAWSZE	WARS ZAWA	POL	K 60+	9	K 239									

**BIEG PRZEZ MOST , M 60+**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
1	FALANDYSZ JANUSZ	138	WPRRUNNING PRUSZKÓW	PRUS ZKÓW	POL	M 60+	1	M 56				00:26:31	00:38:17	00:42:34.70	00:42:44.60	4:15	14.1
2	WUDARCZYK TOMASZ	754	MAZOVIA PROACTIV CIECHANÓW	WŁAD YSŁA WOW O	POL	M 60+	2	M 98				00:28:35	00:41:17	00:46:16.35	00:46:27.70	4:37	13
3	NOWOCIEŃ JACEK	467	UCZNIOWSKI KLUB SPORTOWY RUSIEC	PODK OWA LEŚN A	POL	M 60+	3	M 110				00:29:37	00:42:00	00:46:56.45	00:47:06.35	4:41	12.8
4	PLUTA IRENEUSZ	520		WARS ZAWA	POL	M 60+	4	M 131				00:29:56	00:42:40	00:48:01.45	00:48:18.70	4:48	12.5
5	KOWALSKI ROBERT	327	NBRC	WARS ZAWA	POL	M 60+	5	M 137				00:28:46	00:41:59	00:48:14.30	00:48:31.50	4:49	12.4
6	KLUJ BOGUSŁAW	285	BIEGAM DLA SANDRY I ROBERTA	ZAKR ET	POL	M 60+	6	M 143				00:30:21	00:43:12	00:48:26.85	00:49:11.45	4:50	12.4
7	KODA EUGENIUSZ	295	TEAM ZABIEGANEDNI	WARS ZAWA	POL	M 60+	7	M 215				00:30:56	00:45:39	00:51:28.60	00:51:45.30	5:08	11.7
8	MIKINA ARTUR	436	GUNS&ROSES RUN TEAM	WARS ZAWA	POL	M 60+	8	M 244			GUNS&ROSES RUN TEAM	00:33:14	00:47:00	00:52:46.25	00:53:19.75	5:16	11.4
9	SIESS JAROSŁAW	589		PABIA NICE	POL	M 60+	9	M 270				00:33:02	00:47:44	00:53:46.70	00:54:20.10	5:22	11.2
10	FREITES LUIS	888			VEN	M 60+	10	M 294				00:33:29	00:48:29	00:54:43.60	00:55:19.45	5:28	11
11	WOJNARSKI JANUSZ	736		WARS ZAWA	POL	M 60+	11	M 305	TAK			00:34:06	00:48:49	00:55:04.95	00:55:53.20	5:30	10.9
12	BYTNIIEWSKI ZDZISŁAW	72	PGNIG TERMIKA SA	WARS ZAWA	POL	M 60+	12	M 335			PGNIG TERMIKA SA	00:35:34	00:50:14	00:56:15.85	00:56:35.20	5:37	10.7
13	MUCHA GRZEGORZ	448		WARS ZAWA	POL	M 60+	13	M 353	TAK			00:35:45	00:50:38	00:56:54.80	00:57:50.90	5:41	10.5
14	ŚWIĘCICKI WOJCIECH	667		WARS ZAWA	POL	M 60+	14	M 363	TAK			00:35:19	00:50:37	00:57:30.80	00:58:22.55	5:45	10.4
15	GORAL PIOTR	175		JOZEF OSLA W	POL	M 60+	15	M 401				00:37:18	00:52:55	00:59:14.00	01:00:24.70	5:55	10.1
16	JEZIERSKI JAN	238	GRUPA BIEGOWA CHTMO	WARS ZAWA	POL	M 60+	16	M 405	TAK		GRUPA BIEGOWA CHTMO	00:35:29	00:52:07	00:59:23.15	01:00:15.30	5:56	10.1
17	ŻÓŁCIŃSKI WALDEMAR	784	GRUPA BIEGOWA UM W-WA	WARS ZAWA	POL	M 60+	17	M 437		TAK	GRUPA BIEGOWA UM W-WA	00:38:47	00:55:07	01:01:41.35	01:03:23.55	6:10	9.7
18	KACZOREK ROBERT	253		WARS ZAWA	POL	M 60+	18	M 440				00:38:36	00:54:57	01:01:48.90	01:02:37.35	6:10	9.7
19	NIEWIADOMSKI ZDZISŁAW	460		WARS ZAWA	POL	M 60+	19	M 445				00:37:57	00:55:06	01:02:15.70	01:03:21.80	6:13	9.6
20	DĄBROWSKI ANDRZEJ	112	TARCZYŃSKI KLUB BIEGOWY	JÓZEF ÓW	POL	M 60+	20	M 459				00:39:21	00:57:07	01:03:47.30	01:04:42.30	6:22	9.4

**BIEG PRZEZ MOST , M 60+ c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Mieszkaniec Białołęki	Samorządowiec	Drużyna 1	6.6km	9km	Netto	Brutto	min/km	km/h
21	MALER WŁADYSŁAW	411	REEBOK RUN CREW	WARS ZAWA	POL	M 60+	21	M 469				00:39:13	00:56:59	01:04:16.35	01:05:30.75	6:25	9.3
22	KOWALCZYK RYSZARD	321	APOSTOŁOWIE TRX	WARS ZAWA	POL	M 60+	22	M 470				00:38:45	00:56:42	01:04:22.25	01:05:58.80	6:26	9.3
23	JANISZEWSKI JAN	221		NIDZI CA	POL	M 60+	23	M 471				00:40:13	00:57:24	01:04:32.50	01:05:35.05	6:27	9.3
24	GLASSER MAREK	165		WARS ZAWA	POL	M 60+	24	M 514				00:41:43	01:01:39	01:09:50.45	01:11:05.45	6:59	8.6
25	KOSOWSKI WIESŁAW	313	-	OTW OCK	POL	M 60+	25	M 529				00:44:34	01:04:29	01:13:02.65	01:14:30.55	7:18	8.2
26	DYMEL ANDRZEJ	131	MARKOWI BIEGACZE	WARS ZAWA	POL	M 60+	26	M 535	TAK			00:46:56	01:07:01	01:15:11.90	01:16:16.85	7:31	8
27	SOKOŁOWSKI MARIAN	614	SAMOTNY WILK	WARS ZAWA	POL	M 60+	27	M 542				00:44:39	01:07:40	01:17:14.65	01:18:31.80	7:43	7.8
28	OLCZAK WITOLD	476	UMCS BIEGA	WARS ZAWA	POL	M 60+	28	M 550				00:49:03	01:10:07	01:19:15.15	01:20:56.75	7:55	7.6
29	CZECHOWSKI JERZY	104	MZA - WARSZAWA	WARS ZAWA	POL	M 60+	29	M 557		TAK		00:55:36	01:18:41	01:28:27.65	01:30:05.90	8:50	6.8

**BIEG PRZEZ MOST , Drużynówka**

Place	Team	Classified participants	Place	Places sum
1	BIEGANIE PO 40	PAWEŁ PYRZAKMARCELINA PASZKOWSKAWEA MAJEWSKAMARCIN MIOTK	00:35:19.7000:42:22.6000:43:50.5000:37:32.90	
2	WIELISZEW HERON TEAM	PATRYCJA BEREZNOWSKAPRZEMYSŁAW WOŹNIAKPAWEŁ WITKOWSKIJAREK BAŃ	00:42:11.8500:37:13.9000:37:40.7000:38:06.00	
3	BIEGAJ POD OKIEM TRENERA	RAFAŁ KRZESZEWSKIMARIUSZ ZYCHEWELINA WELOKATARZYNA WANAT	00:35:58.3000:36:19.4000:49:07.6000:51:38.50	
4	BIEGAM NA TARCHOMINIE	MARCIN HILDEBRANDRENATA KOWALIKOWSKARENATA JAKUBISIAKMAREK SIEMIENIAKA	00:36:51.9500:48:42.9000:49:13.1500:40:10.55	
5	ROZBIEGANY PIASTÓW	GOSIA RĘDZIŃSKAVITALII POTOROKATOMASZ KOWALROBERT MIECZKOWSKI	00:45:43.4500:40:05.0500:43:06.7500:43:03.75	
6	ADIDAS RUNNERS WARSAW	DOMINIKA STELMACHKATARZYNA SUWAŁAJAKUB KOŚCIKMICHAŁ SIEGIEDA	00:36:46.6500:49:13.7000:40:15.6500:46:21.90	
7	DECATHLON TARGÓWEK	AGNIESZKA FLONTALEKSANDER KAROLCZAKPAWEŁ WICENTYMACIEJ ZACHOSZCZ	00:49:46.0500:41:26.7000:45:01.3500:46:29.50	
8	GRUPA BIEGOWA CHTMO	ANNA ZALEWSKAMONIKA ŁATKOWSKABEATA KLIMKIEWICZ-SIKORAMARCIN JASKÓLSKI	00:46:23.0000:51:40.6500:54:18.3500:48:35.55	
9	BRACTWO BIEGOWE BGK	KRYSTIAN JUSIŃSKIDOROTA OLSZEWSKAEDYTA PIOTROWSKABARTOSZ SILCZAK	00:37:41.9000:57:57.2000:58:19.6000:49:26.80	
10	GRUPA BIEGOWA UM W-WA	MARCIN LENDZIONROMA NAWROCKAMICHAŁ KOSTRZEWAJAROSŁAW LENDZION	00:41:42.8000:56:32.2500:46:00.8500:49:40.00	
11	TRIATHLON TARCHOMIN TEAM	KRZYSZTOF BIENIAKKRZYSZTOF PRĘDOTAWIKTORIA WALECKATOMASZ LEŚ	00:47:27.5000:47:42.7501:05:03.7500:49:28.80	
12	LEWANDOWSCY	MATEUSZ LEWANDOWSKIKINGA WIELOWSKAJOLANTA LEWANDOWSKAMATEUSZ SZCZEPAŃSKI	00:40:08.9000:51:01.2000:57:27.7501:05:47.55	
13	BIEGOWE WTORKI NA TARCHOMINIE	MAŁGORZATA SZYMAŃSKAKATARZYNA CIEPLAKZBIGNIEW MAMLAGRZEGORZ PROKOPIUK	00:58:55.2001:09:32.3500:51:37.6500:52:14.25	
14	BIEGAM NA BIAŁOŁĘCE	ANNA SZWARCAGNIESZKA KLINOWSKAMONIKA LEWANDOWSKAMACIEJ KRZYŻANOWSKI	01:08:13.1501:08:29.5501:08:40.5000:59:39.65	
15	PGNIG TERMIKA SA	SYLWIA UŚCIŁOWSKAARTUR WALCZAKZDZIŚLAW BYTŃIEWSKIJAKUB KUŹMICKI	00:55:30.7500:48:07.7500:56:15.8501:06:47.25	