

### III ZIMOWA BIESZCZADZKA DYCHA 2017

Organiser: Fundacja Bieg Rzeźnika  
 Date: 2017-01-29  
 Place: Cisna  
 Distance: 10 km  
 Klasyfikacja wg czasów brutto.

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE



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### III ZIMOWA BIESZCZADZKA DYCHA 2017, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	2km	5.5km	Netto	Brutto	min/km	km/h
1	DOMISZEWSKI IGNACY	1000	MKS HALICZ	USTRZYKI DOLNE	POL	M20	1	M 1	00:00:28	00:22:57	00:36:06.00	00:36:06.00	3:36	16.6
2	LIPA WOJCIECH	1216	RZESZOWSKIE GAZELE I GEPARDY	RZESZÓW	POL	M30	1	M 2	00:00:28	00:28:20	00:42:25.00	00:42:25.00	4:14	14.1
3	GAWRON JANUSZ	1337	BRYGADA BESKIDÓW	LIMANOWA	POL	M20	2	M 3	00:00:31	00:28:47	00:43:12.35	00:43:12.35	4:19	13.9
4	PRZEBIROWSKI KAROL	1200	FRASSATI FAJSŁAWICE	FAJSŁAWICE	POL	M20	3	M 4	00:00:42	00:29:50	00:44:40.25	00:44:40.25	4:28	13.4
5	NOWAK MARCIN	1238	STALOWOWOLSKI KLUB BIEGACZA	STALOWA WOLA	POL	M30	2	M 5	00:00:29	00:29:42	00:44:42.05	00:44:42.05	4:28	13.4
6	PAWLAK MAGDALENA	1137	BIEGACZ CEGŁÓW	ADAMÓW	POL	K20	1	K 1	00:00:40	00:29:23	00:44:46.55	00:44:46.55	4:28	13.4
7	MAZURKIEWICZ TOMASZ	1331	ZAPOROWY MARATON TEAM	SANOK	POL	M40	1	M 6	00:00:33	00:29:52	00:45:11.75	00:45:11.75	4:31	13.3
8	WITEK ELŻBIETA	1334	BARYCZKA	BARYCZKA	POL	K20	2	K 2	00:00:31	00:30:01	00:45:46.30	00:45:46.30	4:34	13.1
9	BAŁCHAN KRZYSZTOF	1012	CPR RZESZOW	CZUDEC	POL	M30	3	M 7	00:00:50	00:30:22	00:46:08.40	00:46:08.40	4:36	13
10	ŚWIDZIŃSKI TOMASZ	1263	VEGE RUNNERS	KRAKÓW	POL	M40	2	M 8	00:00:40	00:31:08	00:46:43.70	00:46:43.70	4:40	12.8
11	BRENDZOWSKI ADAM	1011	SOLINA TEAM	SOLINA	POL	M30	4	M 9	00:00:47	00:31:01	00:46:58.55	00:46:58.55	4:41	12.8
12	KASPROWICZ MARCIN	1196	ALGORYTM.EDU.PL	DZIAŁDOWO	POL	M30	5	M 10	00:01:07	00:31:11	00:46:59.70	00:46:59.70	4:41	12.8
13	PŁACZEK PAWEŁ	1329		WETLINA	POL	M30	6	M 11	00:00:57	00:31:02	00:47:13.10	00:47:13.10	4:43	12.7
14	ZAWADZKI ŁUKASZ	1250	NOWOSARZYŃSKA GRUPA BIEGOWA	NOWA SARZYNA	POL	M20	4	M 12	00:01:05	00:31:29	00:47:29.55	00:47:29.55	4:44	12.6
15	BEREZOWSKI WALDEMAR	1289	PGE RUN OBRÓT	RZESZÓW	POL	M40	3	M 13	00:01:59	00:32:02	00:47:33.60	00:47:33.60	4:45	12.6
16	MERCIAK AGNIESZKA	1090	PRZEMYSKI KLUB BIEGACZA	PRZEMYŚL	POL	K30	1	K 3	00:00:51	00:32:03	00:47:44.05	00:47:44.05	4:46	12.6
17	CIĄGŁO JACEK	1251	NOWOSARZYŃSKA GRUPA BIEGOWA	NOWA SARZYNA	POL	M30	7	M 14	00:01:04	00:32:00	00:47:45.30	00:47:45.30	4:46	12.6
18	GOŁĄBEK WOJCIECH	1160	MOSIR DUKLA	GŁOJSCE	POL	M40	4	M 15	00:01:27	00:32:04	00:47:55.10	00:47:55.10	4:47	12.5
19	TELESZ MATEUSZ	1087		POŁOMIA	POL	M30	8	M 16	00:00:32	00:31:59	00:48:26.90	00:48:26.90	4:50	12.4
20	OCZOŚ HUBERT	1162		PRZEMYŚL	POL	M20	5	M 17	00:01:57	00:32:25	00:48:47.65	00:48:47.65	4:52	12.3
21	MATUSIK OSKAR	1323		CISNA	POL	M20	6	M 18	00:00:44	00:32:52	00:48:52.85	00:48:52.85	4:53	12.3
22	KOWALIK MARCIN	1190	PGE RUN OBRÓT	RZESZÓW	POL	M30	9	M 19	00:02:03	00:33:07	00:48:55.50	00:48:55.50	4:53	12.3
23	KŁOSIŃSKI RAFAŁ	1106	MKB DREPTAK	DĘBE WIELKIE	POL	M40	5	M 20	00:00:53	00:32:32	00:49:00.15	00:49:00.15	4:54	12.2
24	KOPEL ANDRZEJ	1059	7	LEŻAJSK	POL	M20	7	M 21	00:00:51	00:33:08	00:49:03.15	00:49:03.15	4:54	12.2
25	KORZONEK KAROL	1299	SPRINT GORZYCE	GORZYCE	POL	M30	10	M 22	00:02:14	00:33:44	00:49:06.35	00:49:06.35	4:54	12.2
26	MALCZEWSKI PIOTR	1098	MTB MOSIR DUKLA	DUKLA	POL	M30	11	M 23	00:01:27	00:32:38	00:49:38.00	00:49:38.00	4:57	12.1
27	LEWANDOWSKI PAWEŁ	1281	KLUB SZALONEGO BIEGACZA	CZARNA	POL	M30	12	M 24	00:01:06	00:32:51	00:49:40.15	00:49:40.15	4:58	12.1
28	ISKRA GRZEGORZ	1044	KP PSP STRZYŻÓW	CZUDEC	POL	M30	13	M 25	00:00:56	00:33:05	00:49:59.40	00:49:59.40	4:59	12
29	ODRZYWÓŁ VEL NAWENTURA WOJCIECH	1114	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M30	14	M 26	00:01:19	00:33:17	00:50:04.30	00:50:04.30	5:00	12
30	GURGUL MATEUSZ	1092	AROMAT NÓG	KRAKÓW	POL	M30	15	M 27	00:01:02	00:34:21	00:50:05.95	00:50:05.95	5:00	12
31	ASKUNTOWICZ WOJCIECH	1294	TOUR THE RUN	GRYFÓW ŚLĄSKI	POL	M20	8	M 28	00:01:45	00:33:56	00:50:15.20	00:50:15.20	5:01	11.9
32	WÓJCIK JERZY	1271	AKTYWNA STRONA ŻYCIA	KRAKÓW	POL	M30	16	M 29	00:01:45	00:34:18	00:50:47.35	00:50:47.35	5:04	11.8
33	PROCHERA DAMIAN	1159	7	LEŻAJSK	POL	M30	17	M 30	00:00:51	00:33:27	00:50:51.25	00:50:51.25	5:05	11.8
34	KAJDROWICZ GRZEGORZ	1310	WWW.PRZEMYSLNEPODROZE.PL	PRZEMYŚL	POL	M40	6	M 31	00:00:50	00:34:03	00:50:58.90	00:50:58.90	5:05	11.8
35	BŁYSKAŁ KRZYSZTOF	1258	MKS HALICZ USTRZYKI DOLNE	USTRZYKI DOLNE	POL	M30	18	M 32	00:02:19	00:34:02	00:50:59.70	00:50:59.70	5:05	11.8
36	BIELKOWSKI WOJCIECH	1167	COCERUNNERS	PŁOCK	POL	M40	7	M 33	00:00:41	00:34:09	00:51:09.00	00:51:09.00	5:06	11.7
37	PŁESZKA MAREK	1311	OTRYT LUTOWISKA	LUTOWISKA	POL	M40	8	M 34	00:01:07	00:34:48	00:51:10.60	00:51:10.60	5:07	11.7
38	BOBER MARCIN	1241		DOMARADZ	POL	M30	19	M 35	00:01:06	00:33:57	00:51:35.05	00:51:35.05	5:09	11.6
39	PAŁAC ADAM	1240	S M	HYZNE	POL	M30	20	M 36	00:01:07	00:33:58	00:51:36.05	00:51:36.05	5:09	11.6
40	HERMANIUK TOMASZ	1064		ZACZERNIE	POL	M40	9	M 37	00:01:50	00:35:12	00:51:41.05	00:51:41.05	5:10	11.6
41	PODOLAK PAWEŁ	1174		USTRZYKI DOLNE	POL	M30	21	M 38	00:01:24	00:34:46	00:51:54.25	00:51:54.25	5:11	11.6
42	JAREMA MACIEJ	1298	LOKOMOTIV MAJDAN	CISNA	POL	M30	22	M 39	00:00:42	00:34:17	00:51:57.05	00:51:57.05	5:11	11.5
43	SZTUBA ROBERT	1291	GUTI TEAM	BIAŁY BÓR	POL	M30	23	M 40	00:01:21	00:35:12	00:52:24.45	00:52:24.45	5:14	11.5
44	WŁODYKA SŁAWOMIR	1070	RUN PGE OBRÓT	STRZYŻÓW	POL	M20	9	M 41	00:02:00	00:34:51	00:52:35.30	00:52:35.30	5:15	11.4
45	WAWRZYNEK MICHAŁ	1180		KRAKÓW	POL	M20	10	M 42	00:00:45	00:35:17	00:52:39.80	00:52:39.80	5:15	11.4

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POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	2km	5.5km	Netto	Brutto	min/km	km/h
46	WYSOCKI MARIUSZ	1022	FUNDACJA LATARNIA	BUKOWSKO	POL	M30	24	M 43	00:01:20	00:34:52	00:52:42.75	00:52:42.75	5:16	11.4
47	WOŹNIAK JANUSZ	1034	PORMAT JEDLICZE BIEGA	SKOŁYSZYN	POL	M50	1	M 44	00:01:05	00:35:05	00:53:08.55	00:53:08.55	5:18	11.3
48	DRAŻEK SŁAWOMIR	1324		FAJSLAWICE	POL	M40	10	M 45	00:01:05	00:35:20	00:53:32.35	00:53:32.35	5:21	11.2
49	JAGIEŁA TOMASZ	1269		KROSNO	POL	M30	25	M 46	00:00:49	00:35:10	00:53:37.20	00:53:37.20	5:21	11.2
50	SNOPKIEWICZ JOANNA	1135	BIEGACZ CEGŁÓW	CEGŁÓW	POL	K40	1	K 4	00:00:49	00:36:14	00:53:37.75	00:53:37.75	5:21	11.2
51	NOWOMIEJSKI MARCIN	1129	BYLE DOBIEC	LUBLIN	POL	M30	26	M 47	00:00:49	00:33:03	00:53:39.75	00:53:39.75	5:21	11.2
52	SOJKA AGNIESZKA	1194	PRZEMYSKI KLUB BIEGACZA	PRZEMYŚL	POL	K30	2	K 5	00:01:10	00:35:35	00:53:40.80	00:53:40.80	5:22	11.2
53	ŁUSZCZYC ANNA	1297		RZESZÓW	POL	K30	3	K 6	00:02:11	00:36:13	00:53:41.25	00:53:41.25	5:22	11.2
54	MAZUR JACEK	1252	SPARTAN RACE TRAINING GROUP RZESZÓW	RZESZÓW	POL	M20	11	M 48	00:02:10	00:36:45	00:53:41.55	00:53:41.55	5:22	11.2
55	BŁASZCZAK BŁAŻEJ	1179		KRAKÓW	POL	M20	12	M 49	00:00:45	00:35:15	00:53:46.10	00:53:46.10	5:22	11.2
56	WILCZAK JANUSZ	1243		PRZEMYŚL	POL	M40	11	M 50	00:00:52	00:35:02	00:54:06.75	00:54:06.75	5:24	11.1
57	MORCINEK MARCIN	1029	BLUSZCZA	KATOWICE	POL	M30	27	M 51	00:01:27	00:36:08	00:54:08.25	00:54:08.25	5:24	11.1
58	BŁASZCZAK GRZEGORZ	1035	NIGHT RUNNERS PŁOCK	PŁOCK	POL	M30	28	M 52	00:00:40	00:35:47	00:54:25.60	00:54:25.60	5:26	11
59	GUZOWSKI DARIUSZ	1066	COKE RUNNERS	PŁOCK	POL	M50	2	M 53	00:00:41	00:36:07	00:54:36.90	00:54:36.90	5:27	11
60	PARWA MICHAŁ	1208		DZIEKANOWICE	POL	M30	29	M 54	00:01:33	00:36:29	00:54:38.90	00:54:38.90	5:27	11
61	MACIĄG MICHAŁ	1141	BIEGUSIEM.PL	DĘBLIN	POL	M30	30	M 55	00:03:00	00:37:48	00:54:45.50	00:54:45.50	5:28	11
62	CHOJNACKI WIKTOR	1212	NADLEŚNICTWO LUTOWISKA	LUTOWISKA	POL	M30	31	M 56	00:01:07	00:36:43	00:54:53.40	00:54:53.40	5:29	10.9
63	POŁOZYŃSKI ANDRZEJ	1205	ZACISZE NIGHT RUNNERS	WARSZAWA	POL	M30	32	M 57	00:02:04	00:37:42	00:54:59.15	00:54:59.15	5:29	10.9
64	KARDASZ MAREK	1223	BIESZCZADY TEAM	POLAŃCZYK	POL	M30	33	M 58	00:00:51	00:36:42	00:55:05.00	00:55:05.00	5:30	10.9
65	BOGUTA MONIKA	1288	WW TEAM	LUBLIN	POL	K30	4	K 7	00:00:48	00:35:52	00:55:18.55	00:55:18.55	5:31	10.8
66	STANKIEWICZ JACEK	1245		DUKLA	POL	M40	12	M 59	00:00:41	00:36:10	00:55:20.55	00:55:20.55	5:32	10.8
67	DZIEDZIC KRZYSZTOF	1300		KRAKÓW	POL	M30	34	M 60	00:01:04	00:38:09	00:55:44.30	00:55:44.30	5:34	10.8
68	WARZYCHA DAWID	1038		BYTOM	POL	M20	13	M 61	00:02:08	00:37:31	00:55:47.05	00:55:47.05	5:34	10.8
69	WODYŃSKI JACEK	1101	EQUIDO TEAM SCHODZI Z ASFALTU	NOWY SĄCZ	POL	M40	13	M 62	00:01:36	00:38:02	00:55:56.45	00:55:56.45	5:35	10.7
70	DOROSZ BARBARA	1094		PRZEMYŚL	POL	K30	5	K 8	00:01:11	00:37:06	00:56:03.80	00:56:03.80	5:36	10.7
71	MAJEWSKA JOANNA	1072	RUN PGE OBRÓT	RZESZÓW	POL	K40	2	K 9	00:02:13	00:36:24	00:56:09.55	00:56:09.55	5:36	10.7
72	WRÓBEL BARTŁOMIEJ	1309	CISNA GÓRA	CISNA	POL	M40	14	M 63	00:00:54	00:36:58	00:56:10.70	00:56:10.70	5:37	10.7
73	SAWICKI RADEK	1051	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	M30	35	M 64	00:01:34	00:37:09	00:56:11.50	00:56:11.50	5:37	10.7
74	GUJSKI MARCIN	1187	TRIPAKA	MIŃSK MAZOWIECKI	POL	M30	36	M 65	00:00:59	00:37:35	00:56:12.20	00:56:12.20	5:37	10.7
75	RYZYŃSKI RYSZARD	1030		WARSZAWA	POL	M40	15	M 66	00:00:56	00:38:24	00:56:49.30	00:56:49.30	5:40	10.6
76	RYBIŃSKA ANNA	1249		LUBLIN	POL	K20	3	K 10	00:01:28	00:38:07	00:56:50.10	00:56:50.10	5:41	10.6
77	RYŁKO MARIOLA	1235	SOLINA TEAM	SOLINA	POL	K40	3	K 11	00:00:52	00:37:01	00:57:00.85	00:57:00.85	5:42	10.5
78	MURAWSKI ŁUKASZ	1171	FUNDACJA LATARNIA	BUKOWSKO	POL	M30	37	M 67	00:01:21	00:37:30	00:57:01.60	00:57:01.60	5:42	10.5
79	PAWŁOWSKI PIOTR	1280		PRZEMYŚL	POL	M30	38	M 68	00:01:39	00:38:17	00:57:02.35	00:57:02.35	5:42	10.5
80	KARDASZ JACEK	1084	ATTYLA RUNNING CLUB	ZAMOŚĆ	POL	M30	39	M 69	00:01:22	00:38:29	00:57:06.85	00:57:06.85	5:42	10.5
81	STACHURSKI MIROSŁAW	1296	MBTEAM	RZESZÓW	POL	M30	40	M 70	00:02:10	00:38:26	00:57:22.70	00:57:22.70	5:44	10.5
82	GARBARZ MONIKA	1293		TARNOWIEC	POL	K30	6	K 12	00:01:43	00:38:33	00:57:25.10	00:57:25.10	5:44	10.4
83	KŁOŚ ARTUR	1247	PKO BANK POLSKI	LUBLIN	POL	M30	41	M 71	00:01:28	00:38:47	00:57:33.95	00:57:33.95	5:45	10.4
84	NIEDZIAŁEK KATARZYNA	1161	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	K20	4	K 13	00:02:12	00:38:15	00:57:43.75	00:57:43.75	5:46	10.4
85	RAPACZ MARCIN	1075		KRAKÓW/CISNA	POL	M40	16	M 72	00:01:19	00:36:41	00:58:09.20	00:58:09.20	5:48	10.3
86	TAŁACH KRZYSZTOF	1183	50 TWARZY GRZYBIARZY	KRAKÓW	POL	M30	42	M 73	00:02:02	00:38:23	00:58:12.60	00:58:12.60	5:49	10.3
87	SZYBIAK MACIEJ	1121	AGONA W&M	KRZYWCZA	POL	M20	14	M 74	00:01:42	00:38:20	00:58:32.45	00:58:32.45	5:51	10.3
88	ŻELAZNY AGNIESZKA	1204		GORLICE	POL	K40	4	K 14	00:02:22	00:39:23	00:58:34.25	00:58:34.25	5:51	10.2
89	WODYŃSKA DAGMARA	1100	EQUIDO TEAM SCHODZI Z ASFALTU	NOWY SĄCZ	POL	K40	5	K 15	00:01:36	00:39:08	00:58:37.10	00:58:37.10	5:51	10.2
90	BERNAŚ DARIUSZ	1322	DOM PSTRAGA	PRZYSŁUP	POL	M30	43	M 75	00:01:32	00:39:14	00:58:37.75	00:58:37.75	5:51	10.2
91	SKOCZYŁAS KAMIL	1303	GUKS MODLIBORZYCE	MODLIBORZYCE	POL	M30	44	M 76	00:01:12	00:38:50	00:58:38.65	00:58:38.65	5:51	10.2
92	BAJOREK SEBASTIAN	1266	TECHNIKUM LEŚNE W LESKU	SMEREK	POL	M20	15	M 77	00:03:10	00:39:06	00:58:39.95	00:58:39.95	5:51	10.2
93	KLEPACKI MACIEJ	1091	YO!ZEN	WARSZAWA	POL	M30	45	M 78	00:02:49	00:39:16	00:58:41.10	00:58:41.10	5:52	10.2
94	MALCZEWSKI KONRAD	1330	MOSIR DUKLA	DUKLA	POL	M30	46	M 79	00:01:34	00:39:04	00:58:42.25	00:58:42.25	5:52	10.2
95	SASAL MONIKA	1295		KRAKÓW	POL	K30	7	K 16	00:01:21	00:38:00	00:58:44.35	00:58:44.35	5:52	10.2
96	LENART-KŁOŚ KATARZYNA	1248	PKO BANK POLSKI	LUBLIN	POL	K30	8	K 17	00:01:28	00:38:48	00:58:45.05	00:58:45.05	5:52	10.2
97	BRZEZIŃSKI ARKADIUSZ	1061	RUN BABY RUN TEAM PL	WARSZAWA	POL	M40	17	M 80	00:02:56	00:39:19	00:58:47.60	00:58:47.60	5:52	10.2
98	BUGAJSKI ARTUR	1105	JABIEGAM	DĄBROWA GÓRNICZA	POL	M40	18	M 81	00:02:56	00:39:41	00:58:59.35	00:58:59.35	5:53	10.2
99	MAŚLANY DANIEL	1217		SANOK	POL	M30	47	M 82	00:02:12	00:40:08	00:59:09.10	00:59:09.10	5:54	10.1
100	LEDWOLORZ ANNA	1068	VEGE RUNNERS	WARSZAWA	POL	K30	9	K 18	00:01:36	00:38:36	00:59:43.55	00:59:43.55	5:58	10

**III ZIMOWA BIESZCZADZKA DYCHA 2017, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	2km	5.5km	Netto	Brutto	min/km	km/h
							cat.							
101	BODZIOCH GRZEGORZ	1268	GORLICKA GRUPA BIEGOWA	GORLICE	POL	M40	19	M 83	00:02:22	00:39:26	00:59:50.45	00:59:50.45	5:59	10
102	LITWINEK MAREK	1256		LUBARTÓW	POL	M30	48	M 84	00:02:43	00:40:00	01:00:27.50	01:00:27.50	6:02	9.9
103	DUCH PIOTR	1123		JAROSŁAW	POL	M50	3	M 85	00:01:07	00:38:01	01:00:32.40	01:00:32.40	6:03	9.9
104	MOTYLEWSKA MARTA	1319	BIEGAM W SFETRZE	PLOCK	POL	K20	5	K 19	00:02:14	00:39:43	01:00:44.00	01:00:44.00	6:04	9.9
105	MISIOLEK MARCIN	1095	MOSIR DUKLA	DUKLA	POL	M30	49	M 86	00:01:35	00:39:42	01:00:46.10	01:00:46.10	6:04	9.9
106	LUBAŃSKA ALICJA	1199		BUKOWICE	POL	K40	6	K 20	00:02:34	00:40:26	01:01:15.00	01:01:15.00	6:07	9.8
107	KOBIĄŁKA PAULINA	1336		RZESZÓW	POL	K30	10	K 21	00:01:51	00:40:21	01:01:15.75	01:01:15.75	6:07	9.8
108	MAZUREK KATARZYNA	1113	SKLEP BIEGACZA LUBLIN TEAM / LSB	LUBLIN	POL	K40	7	K 22	00:02:04	00:40:47	01:01:16.40	01:01:16.40	6:07	9.8
109	CZAJKOWSKI ŁUKASZ	1127		STAŁOWA WOLA	POL	M30	50	M 87	00:02:58	00:41:45	01:01:23.40	01:01:23.40	6:08	9.8
110	DĄBRÓWKA RADOSŁAW	1021	FUNDACJA LATARNIA	BUKOWSKO	POL	M30	51	M 88	00:01:20	00:38:53	01:01:54.00	01:01:54.00	6:11	9.7
111	MAJDA ROBERT	1149	ROMB	ORZESZE	POL	M40	20	M 89	00:01:30	00:40:05	01:01:55.15	01:01:55.15	6:11	9.7
112	KADŁUBEK ALEKSANDER	1286	TKTJ	TARNOWSKIE GÓRY	POL	M30	52	M 90	00:02:47	00:42:07	01:01:55.80	01:01:55.80	6:11	9.7
113	KRUK KRZYSZTOF	1267	CROSSFITZABRZE	ZABRZE	POL	M30	53	M 91	00:02:34	00:41:15	01:01:56.90	01:01:56.90	6:11	9.7
114	LISOWSKA KAMILA	1115		ZABRZE	POL	K30	11	K 23	00:02:27	00:41:23	01:01:58.80	01:01:58.80	6:11	9.7
115	HERBERT JAROSŁAW	1042	WYDZIAŁ WYCHOWANIA FIZYCZNEGO UNIwersytet RZESZOWSKI	RZESZÓW	POL	M30	54	M 92	00:03:12	00:41:30	01:02:17.95	01:02:17.95	6:13	9.6
116	BODNIAK TOMASZ	1058		USTRYKI DOLNE	POL	M30	55	M 93	00:01:31	00:40:55	01:02:20.20	01:02:20.20	6:14	9.6
117	DZIEDZIC JOANNA	1233		KRAKÓW	POL	K30	12	K 24	00:01:05	00:40:28	01:02:24.30	01:02:24.30	6:14	9.6
118	NIEDZWIECKI ZENON	1226		RYBNIK	POL	M40	21	M 94	00:03:10	00:40:46	01:02:32.00	01:02:32.00	6:15	9.6
119	CZARNIK STANISŁAW	1117	MIECHOWICKA GRUPA BIEGOWA	ZABRZE	POL	M30	56	M 95	00:03:02	00:41:37	01:02:32.90	01:02:32.90	6:15	9.6
120	KRÓLIK RAFAŁ	1192		NOWOGRÓD	POL	M20	16	M 96	00:03:09	00:41:04	01:02:34.25	01:02:34.25	6:15	9.6
121	BIAŁECKA MAGDALENA	1147	EPIDEMIASPORTU	MYŚLIBÓRZ	POL	K30	13	K 25	00:01:53	00:41:08	01:03:00.25	01:03:00.25	6:18	9.5
122	GRUDZIEN SANDRA	1176	50 TWARZY GRZYBIARZY	RZESZÓW	POL	K30	14	K 26	00:02:02	00:41:35	01:04:19.15	01:04:19.15	6:25	9.3
123	MAĆZKA KRYSZYNA	1313	OTKRZEŃNIK	GLIWICE	POL	K60	1	K 27	00:01:45	00:42:01	01:04:28.50	01:04:28.50	6:26	9.3
124	SURMACZ DOROTA	1292		RZESZÓW	POL	K30	15	K 28	00:01:51	00:42:03	01:04:34.05	01:04:34.05	6:27	9.3
125	LENKIEWICZ-BARDZIŃSKA AGATA	1211	NADLEŚNICTWO LUTOWISKA, MKS HALICZ USTRZYKI	LUTOWISKA	POL	K30	16	K 29	00:01:07	00:41:32	01:04:35.10	01:04:35.10	6:27	9.3
126	ZAWADZKI MARCIN	1039	SZCZYWANY TRZMIEL TEAM	LUBENIA	POL	M30	57	M 97	00:02:40	00:43:25	01:04:36.30	01:04:36.30	6:27	9.3
127	WOLSKA MAŁGORZATA	1049	WOLSCY BROTHERS TRIATHLON TEAM	SŁUPSK	POL	K50	1	K 30	00:00:56	00:40:29	01:04:39.70	01:04:39.70	6:27	9.3
128	WARZYCHA KRZYSZTOF	1037		BYTOM	POL	M50	4	M 98	00:02:09	00:43:37	01:04:40.55	01:04:40.55	6:28	9.3
129	BILSKI MAREK	1081		WARSZAWA	POL	M40	22	M 99	00:00:56	00:41:24	01:04:46.05	01:04:46.05	6:28	9.3
130	QUIRINI EWA	1232		NOWY TARG	POL	K30	17	K 31	00:02:07	00:42:13	01:04:46.60	01:04:46.60	6:28	9.3
131	KNAP EWA	1215	ALBATROSY	WARSZAWA	POL	K30	18	K 32	00:01:38	00:42:33	01:05:03.95	01:05:03.95	6:30	9.2
132	HANAS MIROSLAW	1096	MTB MOSIR DUKLA	DUKLA	POL	M30	58	M 100	00:01:53	00:41:37	01:05:05.10	01:05:05.10	6:30	9.2
133	ŁADA KAROL	1124		GORA KALWARIA	POL	M30	59	M 101	00:02:31	00:42:58	01:05:06.00	01:05:06.00	6:30	9.2
134	PAWELCZYK ANITA	1274		PIASECZNO	POL	K30	19	K 33	00:02:30	00:42:21	01:05:06.90	01:05:06.90	6:30	9.2
135	KASPROWICZ WIOLETTA	1198	ALGORYTM.EDU.PL	DZIAŁDOWO	POL	K20	6	K 34	00:01:08	00:41:54	01:05:15.60	01:05:15.60	6:31	9.2
136	KONOPKA GRZEGORZ	1056	DZIKIE GRUBASY SZATANA	SIEDLCE	POL	M30	60	M 102	00:01:40	00:41:16	01:05:27.40	01:05:27.40	6:32	9.2
137	KASZUBA ROBERT	1076		RZESZÓW	POL	M40	23	M 103	00:01:52	00:40:54	01:05:53.40	01:05:53.40	6:35	9.1
138	ŻYREK JAROSŁAW	1031		PRZYBIERNÓW	POL	M30	61	M 104	00:01:52	00:42:23	01:06:05.10	01:06:05.10	6:36	9.1
139	PREJZLAR NINA	1097		DUKLA	POL	K30	20	K 35	00:01:44	00:42:16	01:06:11.20	01:06:11.20	6:37	9.1
140	KRZYSZTOFIK DAMIAN	1318		LUBLIN	POL	M30	62	M 105	00:00:50	00:42:22	01:06:13.20	01:06:13.20	6:37	9.1
141	GALANTY AGNIESZKA	1279		DYBAWKA	POL	K40	8	K 36	00:01:41	00:43:00	01:06:15.10	01:06:15.10	6:37	9.1
142	SZYBIAK JOANNA	1120	AGONA W&M	KRZYWCZA	POL	K40	9	K 37	00:01:42	00:43:08	01:06:20.25	01:06:20.25	6:38	9
143	KORZENIOWSKA JOANNA	1253	UMCS BIEGA	LUBLIN	POL	K30	21	K 38	00:02:43	00:43:35	01:06:20.95	01:06:20.95	6:38	9
144	WOJCIECHOWSKI PAWEŁ	1201		KRAKÓW	POL	M30	63	M 106	00:03:13	00:43:19	01:06:21.80	01:06:21.80	6:38	9
145	WUJDA MAGDALENA	1157		KRAKÓW	POL	K30	22	K 39	00:03:13	00:43:20	01:06:23.05	01:06:23.05	6:38	9
146	NAWROT WALDEK	1156		KRAKÓW	POL	M40	24	M 107	00:03:13	00:43:22	01:06:23.90	01:06:23.90	6:38	9
147	CYBULSKA DOMINIKA	1172		LUBLIN	POL	K40	10	K 40	00:02:29	00:43:31	01:06:33.65	01:06:33.65	6:39	9
148	HARTMAN JADWIGA	1317		CISNA	POL	K20	7	K 41	00:02:13	00:44:08	01:06:34.65	01:06:34.65	6:39	9
149	CZECHOWICZ DARIUSZ	1301	DZIKIE ŻYCIE RUN TEAM	KRAKÓW	POL	M40	25	M 108	00:02:56	00:43:56	01:06:35.50	01:06:35.50	6:39	9
150	ZADROŻNA ANIA	1145		OTREBUSY	POL	K30	23	K 42	00:02:07	00:43:15	01:06:41.35	01:06:41.35	6:40	9
151	WASILEWSKI MARCIN	1287	WW TEAM	LUBLIN	POL	M40	26	M 109	00:02:48	00:42:03	01:06:54.55	01:06:54.55	6:41	9
152	NIERADKA KATARZYNA	1224		WROCŁAW	POL	K30	24	K 43	00:03:10	00:44:25	01:07:06.05	01:07:06.05	6:42	8.9
153	MYGA ŁUKASZ	1320	HEARTLESS	CZĘSTOCHOWA	POL	M30	64	M 110	00:02:34	00:44:01	01:07:10.90	01:07:10.90	6:43	8.9
154	STARCZEWSKA SYLWIA	1175	MINDFULNESS INSIDE	ŁOMIANKI	POL	K40	11	K 44	00:02:33	00:44:13	01:07:12.90	01:07:12.90	6:43	8.9

**III ZIMOWA BIESZCZADZKA DYCHA 2017, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	2km	5.5km	Netto	Brutto	min/km	km/h
							cat.							
155	KAPUSTA KRZYSZTOF	1221	KISPLUS	KOLBUSZOWA	POL	M30	65	M 111	00:02:14	00:44:04	01:07:17.15	01:07:17.15	6:43	8.9
156	GARCZYŃSKA ANIA	1026		KATOWICE	POL	K40	12	K 45	00:02:09	00:43:53	01:07:18.65	01:07:18.65	6:43	8.9
157	CYBULSKI PIOTR	1173		LUBLIN	POL	M40	27	M 112	00:02:29	00:44:05	01:07:20.45	01:07:20.45	6:44	8.9
158	BANASIK WIESŁAW	1136		ZDZIESZOWICE	POL	M50	5	M 113	00:02:53	00:44:15	01:07:22.10	01:07:22.10	6:44	8.9
159	DROZDOWSKI WOJCIECH	1332	BIEGAJ Z TRENERAMI	GLIWICE	POL	M30	66	M 114	00:01:30	00:43:22	01:07:23.05	01:07:23.05	6:44	8.9
160	GUTKOWSKI WOJCIECH	1265		SZYDŁOWIEC	POL	M40	28	M 115	00:02:55	00:44:30	01:07:28.15	01:07:28.15	6:44	8.9
161	STARZECKA JOANNA	1130		JAROSŁAW	POL	K40	13	K 46	00:02:14	00:43:53	01:07:49.85	01:07:49.85	6:46	8.8
162	BURDA SŁAWOMIR	1308		DUKLA	POL	M30	67	M 116	00:01:36	00:44:07	01:07:50.45	01:07:50.45	6:47	8.8
163	CECUŁA RAFAŁ	1152	POZYTYWNIIE ZABIEGANI SANOK	STRACHOCINA	POL	M30	68	M 117	00:02:12	00:43:58	01:08:06.65	01:08:06.65	6:48	8.8
164	MAZUR JOANNA	1153		RYMANÓW ZDRÓJ	POL	K30	25	K 47	00:01:24	00:44:10	01:08:10.75	01:08:10.75	6:49	8.8
165	MAZUR SEBASTIAN	1154		RYMANÓW ZDRÓJ	POL	M40	29	M 118	00:01:24	00:44:11	01:08:11.10	01:08:11.10	6:49	8.8
166	DANILUK ANDRZEJ	1164	ZACISZE NIGHT RUNNERS	WARSZAWA	POL	M30	69	M 119	00:02:04	00:44:40	01:08:11.95	01:08:11.95	6:49	8.8
167	GĘBSKA KAROLINA	1307		RZESZÓW	POL	K20	8	K 48	00:01:56	00:44:14	01:08:13.20	01:08:13.20	6:49	8.8
168	CZAJA WACŁAW	1229		PRZEMYŚL	POL	M40	30	M 120			01:08:33.95	01:08:33.95	6:51	8.8
169	GARBOWSKA MONIKA	1244	NIGHT RUNNERS	GLIWICE	POL	K30	26	K 49	00:01:34	00:45:03	01:08:34.65	01:08:34.65	6:51	8.8
170	KUROPATWA KAZIMIERZ	1230	SARAFIS	PRZEMYŚL	POL	M60	1	M 121	00:02:01	00:44:12	01:08:36.95	01:08:36.95	6:51	8.7
171	WYSZYŃSKA KINGA	1060		RZESZÓW	POL	K30	27	K 50	00:01:59	00:44:06	01:08:37.90	01:08:37.90	6:51	8.7
172	MATYJASIK TOMASZ	1023	FUNDACJA LATARNIA	BUKOWSKO	POL	M30	70	M 122	00:01:25	00:44:22	01:08:39.85	01:08:39.85	6:51	8.7
173	HERMANIUK IWONA	1063		ZACZERNIE	POL	K40	14	K 51	00:01:59	00:44:02	01:08:40.90	01:08:40.90	6:52	8.7
174	NOWAK KATARZYNA	1053	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	K30	28	K 52	00:01:40	00:43:17	01:08:42.00	01:08:42.00	6:52	8.7
175	BARTOSIEWICZ DARIA	1071	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	K30	29	K 53	00:01:39	00:43:19	01:08:44.30	01:08:44.30	6:52	8.7
176	GUZEK EWA	1050	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	K30	30	K 54	00:01:36	00:43:18	01:08:46.25	01:08:46.25	6:52	8.7
177	SAMUŚ DARIUSZ	1262	SRTG RZESZÓW	RZESZÓW	POL	M30	71	M 123	00:02:37	00:44:59	01:08:47.45	01:08:47.45	6:52	8.7
178	GAŃSKI FILIP	1225	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	M30	72	M 124	00:02:54	00:43:26	01:08:51.90	01:08:51.90	6:53	8.7
179	KOWALIK ANNA	1254	UMCS BIEGA	ŁADA	POL	K30	31	K 55	00:02:42	00:43:45	01:09:27.40	01:09:27.40	6:56	8.6
180	RAZNATOWSKA ANASTAZJA	1257	UMCS BIEGA	ŁĘCZNA	POL	K30	32	K 56	00:02:43	00:43:45	01:09:27.90	01:09:27.90	6:56	8.6
181	ZABURKO MATEUSZ	1083		TOMASZÓW LUBELSKI	POL	M30	73	M 125	00:01:35	00:43:46	01:09:28.65	01:09:28.65	6:56	8.6
182	CETNARSKI ŁUKASZ	1118	KROKODYLE KOLBUSZOWA	KOLBUSZOWA	POL	M30	74	M 126	00:02:18	00:45:39	01:09:40.95	01:09:40.95	6:58	8.6
183	KĘDRA AGNIESZKA	1210	PODKARPACKA SZKOŁA KRAV MAGA	RZESZÓW	POL	K20	9	K 57	00:01:42	00:44:06	01:09:57.80	01:09:57.80	6:59	8.6
184	ZIENKOWSKA IZABELA	1185	LUBLIN BIEGA/ WW TEAM	LUBLIN	POL	K30	33	K 58	00:02:48	00:44:46	01:10:03.05	01:10:03.05	7:00	8.6
185	GLINIANY MAŁGORZATA	1126	ZABIEGANA RODZINKA	WYRY	POL	K40	15	K 59	00:03:07	00:45:25	01:10:08.70	01:10:08.70	7:00	8.6
186	GLINIANY ADAM	1125	ZABIEGANA RODZINKA	WYRY	POL	M40	31	M 127	00:03:07	00:45:17	01:10:09.45	01:10:09.45	7:00	8.6
187	KOZIEŁ SZYMON	569	TOUR DE RUN	GOLĘCZEWO	POL	M30	75	M 128	00:01:58	00:42:05	01:10:10.45	01:10:10.45	7:01	8.6
188	MUCHA JUSTYNA	1246		KOLBUSZOWA	POL	K30	34	K 60	00:02:18	00:45:39	01:10:19.70	01:10:19.70	7:01	8.5
189	POSTÓŁ KAROLINA	1020	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K30	35	K 61	00:01:33	00:45:08	01:10:20.35	01:10:20.35	7:02	8.5
190	MARMUROWICZ KRYSZTIAN	1073	SILESIA RUNNING TEAM	KATOWICE	POL	M40	32	M 129	00:03:02	00:45:14	01:10:20.90	01:10:20.90	7:02	8.5
191	BYCZAK KAROLINA	1285		TARNOWSKIE GÓRY	POL	K30	36	K 62	00:02:47	00:45:23	01:10:21.75	01:10:21.75	7:02	8.5
192	KUPIDŁO JOANNA	1284		TARNOWSKIE GÓRY	POL	K30	37	K 63	00:02:47	00:45:23	01:10:22.15	01:10:22.15	7:02	8.5
193	SZPINDA MARTA	1057		BIŁGORAJ	POL	K30	38	K 64	00:01:41	00:45:11	01:10:23.65	01:10:23.65	7:02	8.5
194	SZPYT JUSTYNA	1062		BIŁGORAJ	POL	K40	16	K 65	00:01:41	00:45:10	01:10:24.25	01:10:24.25	7:02	8.5
195	ŻEBRAKOWSKI ARTUR	1228	SPARTAN RACE TRAINING GROUP RZESZÓW	RZESZÓW	POL	M30	76	M 130	00:02:04	00:44:59	01:10:25.45	01:10:25.45	7:02	8.5
196	SADOWIŃSKA ADRIANA	1151	NOWA HUTA TEAM	KRAKÓW	POL	K40	17	K 66	00:02:57	00:45:40	01:10:26.20	01:10:26.20	7:02	8.5
197	KOZAKIEWICZ ANETA	1316		KRAKÓW	POL	K40	18	K 67	00:02:01	00:45:20	01:10:39.45	01:10:39.45	7:03	8.5
198	STRYCZEK ALEKSANDRA	1046		RZESZÓW	POL	K20	10	K 68	00:00:57	00:43:48	01:10:42.85	01:10:42.85	7:04	8.5
199	FLIS PIOTR	1116	DANIEL'S TEAM	KRAKOW	POL	M30	77	M 131	00:02:06	00:46:08	01:10:51.85	01:10:51.85	7:05	8.5
200	SZWEJKA RENATA	1326		STAŁOWA WOLA	POL	K40	19	K 69	00:02:48	00:47:28	01:10:59.90	01:10:59.90	7:05	8.5
201	WENECKA-FLIS ANNA	1333		KRAKÓW	POL	K30	39	K 70	00:02:05	00:46:09	01:11:08.35	01:11:08.35	7:06	8.4
202	GOSIACZEK LUSINA	1213	50 TWARZY GRZYBIARZY	KRAKOW	POL	K30	40	K 71	00:02:02	00:46:03	01:11:09.20	01:11:09.20	7:06	8.4
203	ROSIEK ANNA	1155	MKS HALICZ USTRZYKI DOLNE	USTRZYKI DOLNE	POL	K30	41	K 72	00:02:59	00:45:46	01:11:10.75	01:11:10.75	7:07	8.4
204	KORYCKA MARIOLA	1314		KONSTANCIN - JEZIORNA	POL	K30	42	K 73	00:03:07	00:47:15	01:11:33.05	01:11:33.05	7:09	8.4
205	POTRACHA KATARZYNA	1312		WARSZAWA	POL	K30	43	K 74	00:02:25	00:45:59	01:11:58.00	01:11:58.00	7:11	8.3
206	KARPIŃSKA ANETA	1260		GORLICE	POL	K30	44	K 75	00:02:08	00:45:37	01:12:00.35	01:12:00.35	7:12	8.3
207	KARPIŃSKA ANNA	1283	DZIKIE GRUBASY SZATANA	WARSZAWA - WESOŁA	POL	K40	20	K 76	00:01:39	00:46:40	01:12:02.60	01:12:02.60	7:12	8.3
208	DOROTA JOLA	1048	RUN RUN OLESZYCE	OLESZYCE	POL	K40	21	K 77	00:02:20	00:46:45	01:12:07.20	01:12:07.20	7:12	8.3
209	BUCZKO MAREK	1018	RUN RUN OLESZYCE	OLESZYCE	POL	M50	6	M 132	00:02:27	00:46:25	01:12:08.35	01:12:08.35	7:12	8.3

**III ZIMOWA BIESZCZADZKA DYCHA 2017, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	2km	5.5km	Netto	Brutto	min/km	km/h	
							cat.								
210	KRYGOWSKI ZBIGNIEW	1014	AKADEMIA SPORTU LUBACZÓW	LISIE JAMY	POL	M40	33	M 133	00:02:27	00:46:26	01:12:09.55	01:12:09.55	7:12	8.3	
211	AUGUSTYŃSKA KINGA	1033	LACHO TEAM	KRAKÓW	POL	K30	45	K 78	00:02:19	00:46:24	01:12:21.10	01:12:21.10	7:14	8.3	
212	WIECZOREK BEATA	1074	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	K30	46	K 79	00:01:42	00:46:42	01:12:29.75	01:12:29.75	7:14	8.3	
213	GABRYŚ JOLA	1321	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K40	22	K 80	00:01:34	00:45:31	01:12:34.50	01:12:34.50	7:15	8.3	
214	SZWEJKA KRZYSZTOF	1325		STALOWA WOLA	POL	M40	34	M 134	00:02:48	00:47:24	01:12:37.00	01:12:37.00	7:15	8.3	
215	CHODOROWSKI WOJCIECH	1222	KOLBUSZOWSKIE ZAKAPIORY	KOLBUSZOWA	POL	M30	78	M 135	00:02:18	00:46:35	01:13:20.70	01:13:20.70	7:20	8.2	
216	ANUSZEWSKA AGATA	1328		MIELEC	POL	K20	11	K 81	00:02:24	00:46:43	01:13:26.45	01:13:26.45	7:20	8.2	
217	KOZDRAŚ MARCIN	1282	JOY RUNNERS TEAM	MIELEC	POL	M30	79	M 136	00:02:25	00:46:45	01:13:31.15	01:13:31.15	7:21	8.2	
218	RAPAŁA BEATA	1290		STALOWA WOLA	POL	K40	23	K 82	00:02:53	00:47:11	01:13:32.55	01:13:32.55	7:21	8.2	
219	RADZICKA ALEKSANDRA	1264	ZGRABNE ŁANIE	ŁOMIANKI	POL	K30	47	K 83	00:01:33	00:46:03	01:13:34.35	01:13:34.35	7:21	8.2	
220	WÓJCIK AGNIESZKA	1270	TRUCHT TARCHOMIN TEAM	RAJSZEW	POL	K30	48	K 84	00:01:32	00:45:55	01:13:37.45	01:13:37.45	7:21	8.2	
221	HADAM EWA	1335	SPARTAN RACE TRAINING GROUP RZESZÓW	DYNÓW	POL	K50	2	K 85	00:02:49	00:46:56	01:13:39.60	01:13:39.60	7:21	8.1	
222	POPOWICZ MARCELA	1209		NISKO	POL	K30	49	K 86	00:02:59	00:47:49	01:13:40.70	01:13:40.70	7:22	8.1	
223	KUROWSKI JAROMIR	1327		JASTKOWICE	POL	M40	35	M 137	00:02:59	00:47:44	01:13:41.90	01:13:41.90	7:22	8.1	
224	MICHALSKA MARTA	1278	TECHNIKUM LEŚNE W LESKU	LESKO	POL	K30	50	K 87	00:03:10	00:48:23	01:13:42.95	01:13:42.95	7:22	8.1	
225	LUZAR MONIKA	1079	MIA	BIELAWA	POL	K40	24	K 88	00:01:00	00:46:53	01:13:43.70	01:13:43.70	7:22	8.1	
226	LUZAR ANDRZEJ	1080	MIA	BIELAWA	POL	M40	36	M 138	00:01:00	00:45:48	01:13:44.35	01:13:44.35	7:22	8.1	
227	BARANOWSKI KRZYSZTOF	1195		DĘBLIN	POL	M40	37	M 139	00:03:03	00:46:28	01:13:45.90	01:13:45.90	7:22	8.1	
228	GIEŁWANOWSKA JUSTYNA	1140		KRAKÓW	POL	K20	12	K 89	00:02:37	00:48:14	01:14:46.75	01:14:46.75	7:28	8	
229	BAJAK MIROSLAW	1045		KRAKÓW	POL	M40	38	M 140	00:02:40	00:50:04	01:14:47.35	01:14:47.35	7:28	8	
230	PELC KACPER	1275		FRYSZTAK	POL	M30	80	M 141	00:02:16	00:48:53	01:15:55.95	01:15:55.95	7:35	7.9	
231	HYZIAK JOANNA	1103	JJ.RUNNERS	SĘKOWA	POL	K40	25	K 90	00:02:06	00:49:12	01:16:01.05	01:16:01.05	7:36	7.9	
232	BADZIO DOMINIKA	1047	ENDORŚWINKI	LUBARTÓW	POL	K20	13	K 91	00:02:19	00:48:01	01:16:02.05	01:16:02.05	7:36	7.9	
233	PRZECH-FUS AGNIESZKA	1158	LUBELSKA GRUPA TRIATHLONU	LUBLIN	POL	K50	3	K 92	00:02:44	00:48:38	01:16:03.15	01:16:03.15	7:36	7.9	
234	ZAJĄC MONIKA	1206		RZESZÓW	POL	K40	26	K 93	00:02:37	00:47:49	01:16:03.55	01:16:03.55	7:36	7.9	
235	LIS MARIA	1259		RZESZÓW	POL	K20	14	K 94	00:02:16	00:48:53	01:16:14.15	01:16:14.15	7:37	7.9	
236	ŻERULIK JAROSŁAW	1315		KRYNICA ZDRÓJ	POL	M30	81	M 142	00:03:08	00:47:47	01:16:14.85	01:16:14.85	7:37	7.9	
237	PYREK MAREK	1016		LARYSZÓW	POL	M30	82	M 143	00:02:56	00:50:00	01:16:48.95	01:16:48.95	7:40	7.8	
238	CYPCAR ANNA	1166		LADZIN	POL	K20	15	K 95	00:02:32	00:49:05	01:17:46.70	01:17:46.70	7:46	7.7	
239	CYPCAR GRZEGORZ	1165		LADZIN	POL	M20	17	M 144	00:02:33	00:49:07	01:17:48.05	01:17:48.05	7:46	7.7	
240	TERLECKI JÓZEF	1242		GRUSZEWNIA	POL	M60	2	M 145	00:48:37	01:17:53.00	01:17:53.00	01:17:53.00	7:47	7.7	
241	GAJGER JOANNA	1227		KOBYŁKA	POL	K30	51	K 96	00:03:05	00:49:47	01:18:28.75	01:18:28.75	7:50	7.6	
242	JAWOREK DARIUSZ	1304	OTK RZEŹNIK	GLIWICE	POL	M40	39	M 146	00:02:48	00:48:27	01:18:39.85	01:18:39.85	7:51	7.6	
243	SUCHODOLSKA WIOLETTA	1189		RADLIN	POL	K40	27	K 97	00:02:36	00:52:11	01:19:56.65	01:19:56.65	7:59	7.5	
244	MICHNO ANNA	1032	LACHO TEAM	KRAKÓW	POL	K40	28	K 98	00:02:19	00:51:23	01:20:12.05	01:20:12.05	8:01	7.5	
245	KALINOWSKA LUCYNA	1261		PRZEMYŚL	POL	K50	4	K 99	00:01:40	00:49:23	01:21:50.35	01:21:50.35	8:11	7.3	
246	NIEDŹWIECKA NATALIA	1193		RYBNIK	POL	K20	16	K 100	00:02:35	00:52:42	01:21:59.80	01:21:59.80	8:11	7.3	
247	NIEDŹWIECKA BARBARA	1188		RYBNIK	POL	K40	29	K 101	00:02:36	00:52:37	01:22:06.40	01:22:06.40	8:12	7.3	
248	FURMAN MICHAŁ	1169	OCHAJO RUN&FRIENDS	KRAKÓW	POL	M30	83	M 147	00:02:12	00:53:02	01:23:14.90	01:23:14.90	8:19	7.2	
249	FURMAN AGNIESZKA	1168	OCHAJO RUN&FRIENDS	KRAKÓW	POL	K30	52	K 102	00:02:12	00:53:11	01:23:15.55	01:23:15.55	8:19	7.2	
250	OWOCKA EWA	1170	MIECHOWICKA GRUPA BIEGOWA	ZABRZE	POL	K30	53	K 103	00:03:02	00:53:46	01:23:46.30	01:23:46.30	8:22	7.2	
251	MARONDEL KATARZYNA	1181	FESTIWAL BIEGOWY	BYTOM	POL	K30	54	K 104	00:02:00	00:53:46	01:23:48.75	01:23:48.75	8:22	7.2	
252	SWATEK ANNA	1017		ŁOBODNO	POL	K20	17	K 105	00:03:00	00:53:44	01:23:59.15	01:23:59.15	8:23	7.1	
253	GLIŃSKA ALEKSANDRA	1133		KATOWICE	POL	K30	55	K 106	00:03:01	00:53:54	01:24:45.85	01:24:45.85	8:28	7.1	
254	SZYJA DARIUSZ	1134	ADS MASNA KRYTYCZNA	SIEMIENOWICE ŚLĄSKIE	POL	M40	40	M 148	00:03:00	00:53:55	01:24:46.15	01:24:46.15	8:28	7.1	
255	WABNIC KLAUDIA	1027	NIGHTRUNNERS ZABRZE	ZABRZE	POL	K20	18	K 107	00:03:00	00:53:57	01:24:46.50	01:24:46.50	8:28	7.1	
256	WASIELEWSKA TERESA	1082	KLUB SPORTOWY ZDZIESZOWICE-BIKETEAM	ZDZIESZOWICE	POL	K40	30	K 108	00:01:42	00:54:34	01:25:05.75	01:25:05.75	8:30	7.1	
257	ŚWIGONIAK ANNA	1131	NOWA HUTA TEAM	KRAKÓW	POL	K30	56	K 109	00:02:58	00:54:37	01:25:07.25	01:25:07.25	8:30	7	
258	OLEKSY SABINA	1979	NOWA HUTA TEAM	TARNOWO DOLNE	POL	K30	57	K 110	00:02:58	00:54:39	01:25:33.35	01:25:33.35	8:33	7	
259	DĘBSKA MAŁGORZATA	1119	NOWA HUTA TEAM	KRAKÓW	POL	K30	58	K 111	00:02:58	00:54:38	01:25:53.95	01:25:53.95	8:35	7	
260	FRAĆ ELŻBIETA	1146	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K40	31	K 112	00:03:14	00:54:03	01:26:20.80	01:26:20.80	8:38	6.9	
261	SEREWPA PAULINA	1078	OWM LUBLIN	LUBLIN	POL	K20	19	K 113	00:03:06	00:55:51	01:26:21.50	01:26:21.50	8:38	6.9	
262	PANCZENKO KAMIL	1085	OWM LUBLIN	LUBLIN	POL	M20	18	M 149	00:03:06	00:55:52	01:26:22.75	01:26:22.75	8:38	6.9	
263	STAWSKA NATALIA	1043	LACHO TEAM	KRAKÓW	POL	K30	59	K 114	00:03:06	00:56:46	01:26:49.40	01:26:49.40	8:40	6.9	

### III ZIMOWA BIESZCZADZKA DYCHA 2017, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	2km	5.5km	Netto	Brutto	min/km	km/h
264	CZAPLA ANDRZEJ	1255		CHEŁM	POL	M60	3	M 150	00:03:12	00:56:16	01:26:52.15	01:26:52.15	8:41	6.9
265	WIŚNIEWSKA-PIĄTY KATARZYNA	1040		PILICA	POL	K30	60	K 115	00:03:18	00:56:29	01:28:59.25	01:28:59.25	8:53	6.7
266	PIĄTY KAMIL	1041		PILICA	POL	M30	84	M 151	00:03:17	00:56:32	01:29:00.90	01:29:00.90	8:54	6.7
267	SŁOBODA MAGDALENA	1231	SISTARS	KRAKÓW	POL	K30	61	K 116	00:03:01	00:57:59	01:29:57.90	01:29:57.90	8:59	6.7
268	SŁOBODA KRZYSZTOF	1191	DLA SIEBIE	USTRZYKI DOLNE	POL	M60	4	M 152	00:03:01	00:58:36	01:30:11.55	01:30:11.55	9:01	6.7
269	BĘBAS KRYSZYNA	1104	BIEGUSIEM.PL	DĘBLIN	POL	K60	2	K 117	00:03:03	00:58:35	01:35:00.75	01:35:00.75	9:30	6.3
270	JACYNA ADAM	1024	FUNDACJA LATARNIA	BUKOWSKO	POL	M40	41	M 153	00:01:23	00:59:37	01:36:45.00	01:36:45.00	9:40	6.2
271	KOLAKOWSKA ANNA	1138	NIGHT RUNNERS GLIWICE	PYSKOWICE	POL	K40	32	K 118	00:03:15	01:03:22	01:41:50.90	01:41:50.90	10:11	5.9
272	GRABOWSKA ANNA	1305	-	DĘBICA	POL	K40	33	K 119	00:00:59	01:03:21	01:41:52.05	01:41:52.05	10:11	5.9
273	MIRECKI JAN	1184		WARSZAWA	POL	M40	42	M 154	00:03:23	01:09:15	01:51:39.80	01:51:39.80	11:09	5.4