

52 OGÓLNOPOLSKIE BIEGI ULICZNE - 5000M - BIEG OTWARTY 2005+

Organiser: MLKS Nadwiślanin Chełmno
 Date: 2023-10-08
 Place: Chełmno
 Distance: 5 km
 Klasyfikacja wg czasów brutto.



52 OGÓLNOPOLSKIE BIEGI ULICZNE - 5000M - BIEG OTWARTY 2005+, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	1km	2km	3km	4km	Netto	Brutto	min/km	km/h	
							cat.										
1	SZYMANIAK KAMIL	13	MKL TORUŃ	TORUŃ	M30		1	M 1	00:03:10	00:06:21	00:09:35	00:12:53	00:16:11.20	00:16:13.10	3:14	18.5	
2	ARENDT KACPER	6	GKS OLIMPIA GRUDZIĄDZ	GRUDZIĄDZ	M20		1	M 2	00:03:10	00:06:25	00:09:47	00:13:09	00:16:28.65	00:16:30.75	3:17	18.2	
3	OSSOWSKI MATEUSZ	42		GDYNIA	M30		2	M 3	00:03:26	00:07:00	00:10:35	00:14:19	00:18:06.30	00:18:08.25	3:37	16.6	
4	GLUGLA MARIUSZ	28	THE RUNNERS ŚWIECIE	ŚWIECIE	M40		1	M 4	00:03:50	00:07:45	00:11:41	00:15:31	00:19:13.90	00:19:16.40	3:50	15.6	
5	PLATEK WERONIKA	4	ZESPÓŁ SZKÓŁ CKZ W GRUBNIE	LISEWO	K20		1	K 1	00:03:45	00:07:45	00:11:56	00:16:04	00:20:00.65	00:20:02.85	4:00	15	
6	RZESZUT TOMASZ	20	SEZONOWY BIEGACZ - L-PAAK TEAM	ROZWARZYN	M30		3	M 5	00:03:46	00:07:52	00:12:04	00:16:23	00:20:47.75	00:20:50.85	4:09	14.4	
7	WOJAS ANETA	21	START TEAM WĄBRZEŻNO	GRUDZIĄDZ	K30		1	K 2	00:04:09	00:08:28	00:12:51	00:17:16	00:21:29.40	00:21:32.40	4:17	14	
8	MUSZCZYŃSKI CEZARY	32		ŚWIECIE	M30		4	M 6	00:04:09	00:08:32	00:12:51	00:17:16	00:21:30.35	00:21:33.95	4:18	14	
9	RUCHLEWICZ NATALIA	52		SZTUM	K20		2	K 3	00:04:09	00:08:29	00:12:51	00:17:17	00:21:45.80	00:21:48.30	4:21	13.8	
10	SZOSTEK TOMASZ	12	KWIDZYN BIEGA	KWIDZYN	M40		2	M 7	00:04:12	00:08:37	00:13:02	00:17:31	00:21:59.55	00:22:03.40	4:23	13.6	
11	STARCZEWSKI MICHAŁ	40		PODWIEŚK	M40		3	M 8	00:04:13	00:08:37	00:13:09	00:17:43	00:22:17.20	00:22:20.70	4:27	13.5	
12	SZREDER WALDEMAR	19	SEZONOWY BIEGACZ - L-PAAK TEAM	SZUBIN	M30		5	M 9	00:04:02	00:08:37	00:13:13	00:17:55	00:22:27.00	00:22:30.25	4:29	13.4	
13	MĄTEWSKI KAMIL	34		BRZOSOWO	M30		6	M 10	00:04:11	00:08:36	00:13:16	00:18:03	00:22:32.45	00:22:36.80	4:30	13.3	
14	OLKOWSKI JUREK	27	THE RUNNERS ŚWIECIE	ŚWIECIE	M70		1	M 11	00:04:13	00:08:42	00:13:24	00:18:08	00:22:34.30	00:22:37.55	4:30	13.3	
15	MAKOWSKA DANUTA	1	ABIC JABLONOWO	JABLONOWO POMORSKIE	K40		1	K 4	00:04:16	00:08:50	00:13:26	00:18:06	00:22:41.25	00:22:44.15	4:32	13.2	
16	WINIARSKI GRZEGORZ	26	THE RUNNERS ŚWIECIE	ŚWIECIE	M40		4	M 12	00:04:13	00:08:42	00:13:24	00:18:08	00:22:48.70	00:22:51.30	4:33	13.2	
17	WINKOWSKA ANNA	50	UKB SZUBIN		OPEN KOBIETY		1	K 5	00:04:30	00:09:16	00:14:03	00:18:50	00:23:21.35	00:23:26.00	4:40	12.8	
18	ŚRUTKOWSKI SYLWESTER	54		SZTUM	M30		7	M 13	00:04:32	00:09:15	00:14:03	00:18:52	00:23:28.40	00:23:31.65	4:41	12.8	
19	SZYDŁOWSKI ZENON	47		CHEŁMNO	M30		8	M 14	00:04:34	00:09:27	00:14:24	00:19:23	00:23:59.05	00:24:04.15	4:47	12.5	
20	TACZYŃSKI KAMIL	39		CHEŁMNO	M20		2	M 15	00:03:59	00:08:40	00:13:56	00:19:11	00:24:05.55	00:24:08.15	4:49	12.5	
21	WADZIŃSKA PAULINA	24	TEAMOCHAL	BYDGOSZCZ	K30		2	K 6	00:04:20	00:09:09	00:14:09	00:19:19	00:24:11.35	00:24:14.75	4:50	12.4	
22	ŁUBECKI PATRYK	31		TORUŃ	M30		9	M 16	00:04:19	00:09:17	00:14:24	00:19:43	00:25:05.75	00:25:08.85	5:01	12	
23	KINDERMAN ROBERT	15	SEZONOWY BIEGACZ - L-PAAK TEAM	NAKŁO NAD NOTECIĄ	M30		10	M 17	00:04:28	00:09:38	00:15:03	00:20:23	00:25:16.70	00:25:19.40	5:03	11.9	
24	JAGUSZ IRENEUSZ	2	ABIC JABLONOWO	JABLONOWO POMORSKIE	M60		1	M 18	00:04:43	00:09:55	00:15:09	00:20:24	00:25:20.70	00:25:23.70	5:04	11.8	
25	DRĄG TOMASZ	36		CHEŁMNO	M40		5	M 19	00:05:05	00:10:20	00:15:34	00:20:34	00:25:21.45	00:25:26.40	5:04	11.8	
26	SMYKOWSKI ŁUKASZ	56		ZAKRZEWO	M40		6	M 20	00:04:44	00:09:56	00:15:15	00:20:36	00:25:43.60	00:25:48.90	5:08	11.7	
27	DOBEK RAFAŁ	48		STOLNO	M30		11	M 21	00:05:06	00:10:22	00:15:37	00:20:56	00:25:58.30	00:26:03.85	5:11	11.6	
28	MAJKA MARIUSZ	7		GŁOGÓWKO KRÓLEWSKIE	M50		1	M 22	00:05:18	00:10:43	00:15:51	00:21:06	00:26:03.95	00:26:09.50	5:12	11.5	
29	KUCHCZYŃSKA WIOLETTA	35		CHEŁMNO	K30		3	K 7	00:05:04	00:10:20	00:15:34	00:20:53	00:26:13.25	00:26:18.20	5:14	11.4	
30	KUŹMA ANNA	55		ŚWIECIE	K40		2	K 8	00:04:56	00:10:14	00:15:39	00:21:08	00:26:27.95	00:26:31.55	5:17	11.3	
31	BĄTKOWSKI KRZYSZTOF	51		CHEŁMNO	M30		12	M 23	00:05:05	00:10:20	00:15:36	00:21:08	00:26:47.35	00:26:52.35	5:21	11.2	
32	KUBACKA ANIKA	25	TECHNIKUM MUNDUROWE CHEŁMNO	CHEŁMNO	K20		3	K 9	00:04:41	00:10:20	00:16:16	00:22:20	00:28:00.25	00:28:03.10	5:36	10.7	
33	MARGAŃSKA AGNIESZKA	30		BRANICA	K30		4	K 10	00:05:52	00:11:34	00:17:28	00:23:15	00:29:05.55	00:29:10.00	5:49	10.3	
34	CHRZANOWSKI PAWEŁ	10	KLUB BIEGACZA SZUBIN	SZUBIN	M50		2	M 24	00:05:36	00:11:35	00:17:30	00:23:28	00:29:15.90	00:29:20.55	5:51	10.3	
35	NOWAK EWA	44		DRZYCIM	K50		1	K 11	00:05:37	00:11:36	00:17:33	00:23:31	00:29:27.90	00:29:31.60	5:53	10.2	
36	KALINOWSKI DOMINIK	18	SEZONOWY BIEGACZ - L-PAAK TEAM	SZUBIN	M30		13	M 25	00:05:20	00:11:33	00:17:45	00:24:05	00:29:47.35	00:29:51.70	5:57	10.1	

52 OGÓLNOPOLSKIE BIEGI ULICZNE - 5000M - BIEG OTWARTY 2005+, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	1km	2km	3km	4km	Netto	Brutto	min/km	km/h
37	HOŁDA JERZY	8		STOLNO		M70	2	M 26	00:05:26	00:11:27	00:17:28	00:23:30	00:30:33.45	00:30:38.20	6:06	9.8
38	RUCHLEWICZ URSZULA	53		SZTUM		K50	2	K 12	00:05:30	00:11:34	00:17:57	00:24:21	00:30:47.80	00:30:51.80	6:09	9.7
39	KONECKA KORNELIA	16	SEZONOWY BIEGACZ - L-PAAK TEAM	ŻNIN		K20	4	K 13	00:05:59	00:12:14	00:18:34	00:24:58	00:31:13.45	00:31:17.45	6:14	9.6
40	SZYJKOWSKA BEATA	17	SEZONOWY BIEGACZ - L-PAAK TEAM	SZUBIN		K30	5	K 14	00:06:05	00:13:07	00:20:29	00:27:37	00:34:24.95	00:34:29.60	6:52	8.7
41	UCIŃSKI EDWARD	9	KLUB BIEGACZA SZUBIN	SZUBIN		M70	3	M 27	00:06:34	00:14:19	00:22:11	00:30:00	00:37:41.15	00:37:44.05	7:32	8