

BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

Organizator: Fundacja Wolność i Demokracja, Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2017-02-26
Miejsce: Koszalin
Dystans: 10 km
Klasyfikacja wg czasów netto.



BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.45km	4.9km	7.35km	9.8km	Netto	min/km	km/h
1	KASZEWSKI ZBIGNIEW	119	TALEX BORYSŁAW BORZYTUCHOM	BYTÓW	POL	M18-29	1	M 1	00:08:33	00:17:05	00:25:28	00:33:43	00:34:14.45	3:25	17.5
2	BEDNARZ PAWEŁ	9	13-TY FUN CLUB ASI CHMIEL :*	KOSZALIN - NACŁAW	POL	M30-39	1	M 2	00:08:33	00:17:18	00:26:24	00:35:31	00:36:07.00	3:36	16.6
3	HERING MATEUSZ	82	TALEX BORZYTUCHOM	BYTÓW	POL	M18-29	2	M 3	00:09:05	00:18:16	00:27:20	00:36:07	00:36:40.30	3:40	16.4
4	KRAUS DAMIAN	142	CHROBRY GRZYFICE	GRZYFICE	POL	M18-29	3	M 4	00:08:55	00:18:01	00:27:13	00:36:29	00:37:06.10	3:42	16.2
5	KACZMAREK TOMASZ	235		MOSINA	POL	M30-39	2	M 5	00:09:21	00:18:34	00:27:48	00:36:37	00:37:08.40	3:42	16.2
6	ORZECZOWSKI KAMIL	201		RADOM/KOSZALIN	POL	M18-29	4	M 6	00:08:53	00:17:56	00:27:24	00:36:40	00:37:10.40	3:43	16.1
7	POLAK SZYMON	219	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M40-49	1	M 7	00:09:05	00:18:17	00:27:31	00:36:40	00:37:14.45	3:43	16.1
8	GOLECKI MIROŚŁAW	65	CSSP KOSZALIN	ROSNOWO	POL	M40-49	2	M 8	00:09:20	00:18:33	00:27:47	00:36:55	00:37:29.90	3:45	16
9	RYBACZEK SEBASTIAN	249	JW 1223/3DPLOT - FORMA ROSNOWO	ROSNOWO	POL	M30-39	3	M 9	00:09:21	00:18:34	00:27:55	00:37:18	00:37:51.70	3:47	15.8
10	EMILIT GRZEGORZ	56	DZIESIĄTKA BIAŁOGARD	KARLINO	POL	M30-39	4	M 10	00:09:20	00:18:33	00:28:00	00:37:46	00:38:22.60	3:50	15.6
11	JAROSZ WIEŚŁAW	98	JW. 1223/BLOG	KOSZALIN	POL	M40-49	3	M 11	00:09:14	00:18:38	00:28:19	00:38:01	00:38:40.60	3:52	15.5
12	WOJDASIEWICZ TADEUSZ	316		KĘPICE	POL	M30-39	5	M 12	00:09:14	00:18:51	00:28:31	00:38:07	00:38:43.85	3:52	15.5
13	WILCZEWSKI KRZYSZTOF	405	MKS ŚWIĘC	TYCHOWO	POL	M30-39	6	M 13	00:09:46	00:19:38	00:29:17	00:38:39	00:39:13.55	3:55	15.3
14	BRAUN GRZEGORZ	21	GRZYFICE	GRZYFICE	POL	M18-29	5	M 14	00:08:53	00:18:28	00:28:28	00:38:38	00:39:30.10	3:57	15.2
15	GOLIŃSKI ŁUKASZ	66	K.B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M30-39	7	M 15	00:09:30	00:19:19	00:29:08	00:38:54	00:39:33.65	3:57	15.2
16	SZKOŁUDA MIŁOSZ	279	DECATHLON KOSZALIN	POLANÓW	POL	M18-29	6	M 16	00:09:32	00:19:10	00:29:01	00:39:01	00:39:39.80	3:57	15.1
17	BUCZKO KRYSZTOF	26		KOSZALIN	POL	M30-39	8	M 17	00:09:33	00:19:23	00:29:18	00:39:06	00:39:41.20	3:58	15.1
18	BURDA ROBERT	28	KOSPEL	KOSZALIN	POL	M40-49	4	M 18	00:09:36	00:19:32	00:29:32	00:39:10	00:39:45.50	3:58	15.1
19	DURMAN DAWID	52		DARŁOWO	POL	M18-29	7	M 19	00:09:27	00:19:22	00:29:20	00:39:13	00:39:47.45	3:58	15.1
20	KRUKOWSKI BŁAŻEJ	147		SŁAWNO	POL	M30-39	9	M 20	00:09:48	00:19:43	00:29:36	00:39:20	00:39:55.20	3:59	15
21	BIEDRZYCKI ADAM	11	CW FANZA KOŁOBRZEG	STARY BOREK	POL	M30-39	10	M 21	00:09:34	00:19:30	00:29:31	00:39:22	00:39:58.30	3:59	15
22	RUDNIKOWSKI MACIEJ	244	BIEGUZZDROWISKOWY.PL	DARŁOWO	POL	M40-49	5	M 22	00:09:22	00:19:18	00:29:28	00:39:32	00:40:08.60	4:00	15
23	WEGNER PRZEMYSŁAW	304		USTKA	POL	M30-39	11	M 23	00:09:42	00:19:39	00:29:39	00:39:39	00:40:21.60	4:02	14.9
24	PAKUŁSKI MARCIN	207		KOSZALIN	POL	M40-49	6	M 24	00:09:37	00:19:40	00:29:55	00:40:10	00:40:44.35	4:04	14.7
25	BIEDRZYCKI KRZYSZTOF	12	CW FANZA KOŁOBRZEG	KOŁOBRZEG	POL	M40-49	7	M 25	00:10:00	00:20:19	00:30:21	00:40:12	00:40:50.10	4:05	14.7
26	KOŚCIELNIAK ROBERT	135	TKKF KOSZALIN	KOSZALIN	POL	M50-59	1	M 26	00:09:59	00:20:11	00:30:30	00:40:40	00:41:08.05	4:06	14.6
27	GRZESIK EUGENIUSZ	75	TKKF KOSZALIN	KOSZALIN	POL	M50-59	2	M 27	00:09:48	00:20:08	00:30:29	00:40:39	00:41:12.90	4:07	14.6
28	ROSZKOWSKI DAMIAN	240	BAGNA IZBICKIE	SŁUPSK	POL	M30-39	12	M 28	00:09:47	00:19:59	00:30:20	00:40:48	00:41:17.70	4:07	14.5
29	DZIEMIANKO KAROL	53	ZAWISZA BORZYTUCHOM	KROSNOWO	POL	M18-29	8	M 29	00:10:03	00:20:22	00:30:34	00:40:46	00:41:18.50	4:07	14.5
30	MŁYNARCZYK ZBIGNIEW	418		SŁUPSK	POL	M30-39	13	M 30	00:09:47	00:19:59	00:30:20	00:40:49	00:41:30.55	4:09	14.5
31	USTIAŃSKI WOJCIECH	297	JW1223 (ROZBIEGANY KOSZALIN)	KOSZALIN	POL	M18-29	9	M 31	00:09:36	00:19:55	00:30:20	00:41:01	00:41:34.45	4:09	14.4
32	GIERLACH JACEK	63	STOPA SŁUPSK	SŁUPSK	POL	M18-29	10	M 32	00:09:55	00:20:13	00:30:41	00:40:58	00:41:35.75	4:09	14.4
33	UZNAŃSKI RYSZARD	299	KOŁOBRZEG BIEGA	KOŁOBRZEG	POL	M40-49	8	M 33	00:10:00	00:20:19	00:30:45	00:41:01	00:41:38.55	4:09	14.4
34	MOKSA DARIUSZ	184		SIANÓW	POL	M18-29	11	M 34	00:09:36	00:19:56	00:30:20	00:41:14	00:41:58.05	4:11	14.3
35	KALETA SEBASTIAN	111	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH	KOSZALIN	POL	M40-49	9	M 35	00:09:55	00:20:17	00:30:52	00:41:26	00:42:12.90	4:13	14.2
36	KROCZYŃSKI SŁAWOMIR	145		KOŁOBRZEG	POL	M50-59	3	M 36	00:10:05	00:20:26	00:31:02	00:41:23	00:42:25.20	4:14	14.1
37	JAROSZEWICZ GRZEGORZ	99	PARKRUN SZCZECIN	POLICE	POL	M40-49	10	M 37	00:09:47	00:20:12	00:31:02	00:41:30	00:42:26.60	4:14	14.1
38	MAZUR EMILIUZ	174		DARŁOWO	POL	M40-49	11	M 38	00:09:59	00:20:35	00:31:16	00:42:00	00:42:39.75	4:15	14.1
39	TROŚNIAK PIOTR	291	10 BIAŁOGARD	BIAŁOGARD	POL	M40-49	12	M 39	00:10:08	00:20:34	00:31:14	00:42:02	00:42:43.75	4:16	14
40	MURAWSKA WIOLETTA	190	PARKRUN SZCZECIN	SZCZECIN	POL	K40-49	1	K 1	00:10:09	00:20:36	00:31:18	00:42:08	00:42:50.90	4:17	14
41	GRACHEL DAREK	73	#BIEGOLIZM	SŁUPSK	POL	M18-29	12	M 40	00:09:55	00:20:36	00:31:18	00:42:15	00:43:00.80	4:18	13.9
42	SZULC AREK	281	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M40-49	13	M 41	00:10:50	00:21:31	00:32:23	00:42:23	00:43:01.45	4:18	13.9
43	BRESZKA TOMEK	22	CAPTAIN AMERICA VS THE FLASH	DARŁOWO	POL	M30-39	14	M 42	00:10:21	00:20:59	00:31:51	00:42:36	00:43:14.95	4:19	13.9
44	KALKOWSKI PAWEŁ	112	JW 1223 KOSZALIN	KOSZALIN	POL	M30-39	15	M 43	00:10:36	00:21:17	00:32:07	00:42:37	00:43:16.25	4:19	13.9

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.45km	4.9km	7.35km	9.8km	Netto	min/km	km/h
45	BARANOWSKI PIOTR	3		SKWIERZYŃKA	POL	M40-49	14	M 44	00:10:45	00:21:28	00:32:06	00:42:37	00:43:17.00	4:19	13.9
46	CHUDY HENRYK	36	K SOLSZEWSKI I SYNOWIE	SŁAWSKO	POL	M60-69	1	M 45	00:10:08	00:20:35	00:31:28	00:42:33	00:43:18.10	4:19	13.9
47	BŁASZCZYK TADEUSZ	15		STARY JAROSŁAW	POL	M50-59	4	M 46	00:10:31	00:21:17	00:32:07	00:42:49	00:43:28.75	4:20	13.8
48	GLAZER PIOTR	64	TECHNIKUM LEŚNE W WARCINIE	IWIĘCINO	POL	M18-29	13	M 47	00:09:26	00:20:34	00:31:45	00:42:51	00:43:31.00	4:21	13.8
49	CHOŁUJ JAREK	34	ROZBIEGANI KOSZALIN	KOSZALIN	POL	M40-49	15	M 48	00:10:50	00:21:31	00:32:23	00:42:50	00:43:32.05	4:21	13.8
50	KULIŚ PRZEMYSŁAW	153		KARLINO	POL	M18-29	14	M 49	00:10:03	00:21:02	00:32:20	00:42:57	00:43:34.60	4:21	13.8
51	CZAPLIŃSKI JACEK	42		KOSZALIN	POL	M30-39	16	M 50	00:10:42	00:21:28	00:32:22	00:43:07	00:43:46.90	4:22	13.7
52	SURDACKI PIOTR	272	MONIA TEAM	GRYFINO	POL	M40-49	16	M 51	00:10:07	00:21:04	00:32:14	00:43:13	00:43:53.05	4:23	13.7
53	SMAGOWSKI WOJCIECH	259	K.B. SPRINT ŚWIDWIN	RAJINO	POL	M30-39	17	M 52	00:10:19	00:21:02	00:32:04	00:43:12	00:43:53.45	4:23	13.7
54	MATYJASEK ZBIGNIEW	173	TKKF KOSZALIN	KOSZALIN/WARSZAWA	POL	M40-49	17	M 53	00:10:01	00:21:00	00:32:16	00:43:22	00:44:00.70	4:24	13.6
55	URBAŃSKI TOMASZ	295		BIAŁOGARD	POL	M40-49	18	M 54	00:10:48	00:21:40	00:32:31	00:43:22	00:44:03.80	4:24	13.6
56	KONKEL AGNIESZKA	130		KOSZALIN	POL	K30-39	1	K 2	00:10:10	00:21:05	00:32:17	00:43:22	00:44:05.25	4:24	13.6
57	PRZEWŁOCKI MICHAŁ	220	(L)	KOSZALIN	POL	M30-39	18	M 55	00:09:45	00:20:33	00:31:45	00:43:19	00:44:05.75	4:24	13.6
58	MATEBŁOWSKI SZYMON	20	DECATHLON KOSZALIN	KOSZALIN	POL	M18-29	15	M 56	00:10:34	00:21:42	00:32:53	00:43:27	00:44:05.85	4:24	13.6
59	CENIUCH SYLWESTER	30	BIKE TEAM ROLETKI.HOME.PL	SZCZECIN	POL	M40-49	19	M 57	00:10:09	00:20:40	00:31:52	00:43:23	00:44:07.10	4:24	13.6
60	RACZYŃSKI KAZIMIERZ	225	ZESPÓŁ SZKOŁ NR 1 IM. MIKOŁAJA KOPERNIKA W KOSZALINIE	KOSZALIN	POL	M40-49	20	M 58	00:10:30	00:21:21	00:32:25	00:43:27	00:44:10.20	4:25	13.6
61	GRZYSTEK ADAM	77	PARKRUN GDAŃSK POŁUDNIE	KOWALE	POL	M18-29	16	M 59	00:10:47	00:21:41	00:32:33	00:43:29	00:44:13.15	4:25	13.6
62	KUKIEŁA TOMASZ	152		KOSZALIN	POL	M30-39	19	M 60	00:11:03	00:21:57	00:32:59	00:43:53	00:44:35.10	4:27	13.5
63	PEKAŁA PIOTR	216	ROZBIEGANI KOSZALIN	KOSZALIN	POL	M40-49	21	M 61	00:11:00	00:22:04	00:33:11	00:44:06	00:44:47.90	4:28	13.4
64	KRACZKOWSKI PRZEMYSŁAW	141		KOSZALIN	POL	M30-39	20	M 62	00:11:06	00:22:11	00:33:13	00:44:07	00:44:49.75	4:29	13.4
65	NOWAK PIOTR	194	CZARNE BIEGA	CZARNE	POL	M30-39	21	M 63	00:10:39	00:21:45	00:33:07	00:44:21	00:45:05.25	4:30	13.3
66	NOWICKI MICHAŁ	343		KOŁOBRZEG	POL	M30-39	22	M 64	00:10:29	00:21:48	00:33:08	00:44:24	00:45:08.45	4:30	13.3
67	ROMANOWSKI PIOTR	238	BRAK	ZIELONA GÓRA	POL	M30-39	23	M 65	00:10:52	00:21:54	00:33:11	00:44:14	00:45:09.10	4:30	13.3
68	ZWOLIŃSKI JAN	329	TKKF KOSZALIN	WIERCISZEWÓ	POL	M40-49	22	M 66	00:11:05	00:22:15	00:33:34	00:44:39	00:45:21.65	4:32	13.2
69	PERCZYŃSKI JAROSŁAW	215	BEZ FORMY	ROSNOWO	POL	M40-49	23	M 67	00:10:53	00:22:03	00:33:40	00:44:58	00:45:39.35	4:34	13.1
70	WILKOWSKI KRZYSZTOF	312		KOSZALIN	POL	M30-39	24	M 68	00:10:33	00:21:47	00:33:25	00:44:55	00:45:40.55	4:34	13.1
71	FADDA BRUNO-ANDRÉ	57		PARIS	FRA	M30-39	25	M 69	00:10:35	00:21:51	00:33:21	00:45:03	00:45:40.55	4:34	13.1
72	KSZCZANOWICZ JACEK	151		KOŁOBRZEG	POL	M40-49	24	M 70	00:10:57	00:22:18	00:33:38	00:45:00	00:45:42.50	4:34	13.1
73	SZAŁKOWSKI WOJTEK	275	TUPOT USTKA	USTKA	POL	M40-49	25	M 71	00:11:20	00:22:39	00:33:53	00:45:05	00:45:43.50	4:34	13.1
74	CIUPA MARCIN	188	H2 DESIGN	KOSZALIN	POL	M40-49	26	M 72	00:10:52	00:22:03	00:33:35	00:45:04	00:45:46.70	4:34	13.1
75	ŁOPIŃSKI PIOTR	162		DREZDENKO	POL	M30-39	26	M 73	00:11:03	00:22:21	00:33:47	00:45:14	00:45:50.90	4:35	13.1
76	CHODOR MARTYNA	334	TKKF KOSZALIN	KOSZALIN	POL	K30-39	2	K 3	00:11:09	00:22:30	00:33:49	00:45:11	00:45:53.90	4:35	13.1
77	TESKA BARTOSZ	290	TKKF KOSZALIN	KOSZALIN	POL	M40-49	27	M 74	00:11:06	00:22:24	00:33:54	00:45:23	00:46:01.50	4:36	13
78	WIERZBICKI JAKUB	310	ŚWIDWIN	ŚWIDWIN	POL	M30-39	27	M 75	00:10:38	00:21:48	00:33:26	00:45:18	00:46:04.25	4:36	13
79	GOŁDYN MAREK	67	TKKF KOSZALIN	KOSZALIN	POL	M30-39	28	M 76	00:11:24	00:22:49	00:34:08	00:45:29	00:46:07.90	4:36	13
80	JAKUBOWSKI KAROL	92	2BZ	ZŁOCIENIEC	POL	M18-29	17	M 77	00:10:50	00:22:23	00:33:57	00:45:32	00:46:16.15	4:37	13
81	WILIŃSKI MAREK	311	K.B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M50-59	5	M 78	00:11:17	00:22:42	00:34:05	00:45:33	00:46:16.90	4:37	13
82	KORZYSTKO BARTOSZ	133		ŚWIDWIN	POL	M30-39	29	M 79	00:10:27	00:21:20	00:32:51	00:45:23	00:46:17.35	4:37	13
83	JĘDRASZCZYK MAREK	103	WŁ SŁUPSK	SŁUPSK	POL	M40-49	28	M 80	00:10:39	00:22:00	00:33:52	00:45:36	00:46:18.45	4:37	13
84	IWANIEC DARIUSZ	89	TKKF KOSZALIN	SIERAKOWO	POL	M40-49	29	M 81	00:11:17	00:22:47	00:34:11	00:45:39	00:46:22.40	4:38	12.9
85	JASICZEK DAREK	101	CSSP KOSZALIN	KOSZALIN	POL	M40-49	30	M 82	00:11:06	00:22:37	00:34:18	00:45:45	00:46:23.90	4:38	12.9
86	JANKOWSKI PIOTR	94		SZCZECIN	POL	M40-49	31	M 83	00:11:39	00:23:07	00:34:30	00:45:49	00:46:29.00	4:38	12.9
87	MALINOWSKI MARIUSZ	170		KOSZALIN	POL	M30-39	30	M 84	00:11:17	00:22:59	00:34:38	00:45:57	00:46:37.15	4:39	12.9
88	ŁABEJSZA ŁUKASZ	160	WOJOWNICY WÓDY	KOSZALIN	POL	M30-39	31	M 85	00:11:14	00:22:50	00:34:25	00:45:56	00:46:41.30	4:40	12.9
89	RATAJEWSKI ARKADIUSZ	231		ŚWIDWIN	POL	M30-39	32	M 86	00:10:52	00:22:26	00:34:22	00:45:58	00:46:47.50	4:40	12.8
90	SZABLA EVELINA	273		KOSZALIN	POL	K30-39	3	K 4	00:11:05	00:22:38	00:34:20	00:46:03	00:46:50.10	4:41	12.8
91	SAŁABON GRZEGORZ	251	RWT BYDGOSZCZ-WŁĘBORK	WŁĘBORK	POL	M50-59	6	M 87	00:10:48	00:22:21	00:34:04	00:46:07	00:46:51.25	4:41	12.8
92	MAJCHRZAK DARIUSZ	165		USTKA	POL	M50-59	7	M 88	00:10:56	00:22:21	00:34:11	00:46:11	00:46:57.50	4:41	12.8
93	SZYMAŃSKI PIOTR	287		ROSNOWO	POL	M40-49	32	M 89	00:11:05	00:22:27	00:34:15	00:46:18	00:46:57.75	4:41	12.8
94	MISZCZYK JAN	183	ROZBIEGANI KOSZALIN	KOSZALIN	POL	M18-29	18	M 90	00:11:02	00:22:35	00:34:27	00:46:21	00:46:59.40	4:41	12.8
95	NIEMCZUK DAREK	348		KOSZALIN	POL	M50-59	8	M 91	00:11:07	00:22:50	00:34:54	00:46:21	00:46:59.90	4:41	12.8
96	CHUDZIŃSKI DARIUSZ	37		ŻYDOWO	POL	M50-59	9	M 92	00:11:48	00:23:13	00:34:54	00:46:21	00:47:00.55	4:42	12.8
97	CYBULSKI ROBERT	39	MTS HAMER	MIASTKO	POL	M40-49	33	M 93	00:11:20	00:22:58	00:34:49	00:46:15	00:47:00.80	4:42	12.8
98	DUDA ANDRZEJ	50		KOŁOBRZEG	POL	M50-59	10	M 94	00:11:13	00:22:47	00:34:37	00:46:25	00:47:07.95	4:42	12.7
99	MELLER PAWEŁ	331	17 WOG	KOSZALIN	POL	M50-59	11	M 95	00:11:24	00:23:07	00:34:52	00:46:25	00:47:11.05	4:43	12.7
100	KRAWCZUK SZYMON	143	GEPARD GLEŻNOWO	GLEŻNOWO	POL	M30-39	33	M 96	00:12:17	00:23:59	00:35:27	00:46:31	00:47:11.70	4:43	12.7

BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.45km	4.9km	7.35km	9.8km	Netto	min/km	km/h
101	KUŁAKOWSKI DAWID	154	TKKF KOSZALIN	KOSZALIN	POL	M40-49	34	M 97	00:11:15	00:22:50	00:34:53	00:46:45	00:47:25.10	4:44	12.7
102	MICERSKI TOMASZ	178	TKKF KOSZALIN	KOSZALIN	POL	M40-49	35	M 98	00:11:16	00:22:51	00:34:50	00:46:45	00:47:26.60	4:44	12.6
103	ALABA JERZY	497		BIAŁOGARD	POL	M50-59	12	M 99	00:11:43	00:23:22	00:35:09	00:46:54	00:47:32.40	4:45	12.6
104	MISZEWSKA ALEKSANDRA	500		BYTÓW	POL	K18-29	1	K 5	00:11:08	00:22:41	00:34:35	00:46:48	00:47:34.60	4:45	12.6
105	OTTO MICHAŁ	206		KOSZALIN	POL	M30-39	34	M 100	00:11:11	00:22:54	00:35:03	00:46:52	00:47:39.80	4:45	12.6
106	BURKIET MAREK	29	JW 1223	ROSNOWO	POL	M40-49	36	M 101	00:11:32	00:23:20	00:35:17	00:47:00	00:47:43.20	4:46	12.6
107	JARZYNA ROMAN	100	SZWLA STARGARD	STARGARD	POL	M40-49	37	M 102	00:11:14	00:22:50	00:34:53	00:47:04	00:47:48.15	4:46	12.6
108	PIETRZYCKI ADRIAN	217		KOSZALIN	POL	M40-49	38	M 103	00:11:53	00:23:51	00:35:45	00:47:06	00:47:49.85	4:47	12.5
109	WYGANOWSKI ANDRZEJ	342		KOŁOBRZEG	POL	M70+	1	M 104	00:11:42	00:23:37	00:35:29	00:47:10	00:47:51.80	4:47	12.5
110	WOJCIECHOWSKI MARCIN	315		INOWROCŁAW	POL	M18-29	19	M 105	00:11:22	00:23:15	00:35:20	00:47:07	00:47:52.00	4:47	12.5
111	GUDANIEC RADOSŁAW	337	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	M50-59	13	M 106	00:11:11	00:23:13	00:35:23	00:47:10	00:47:53.20	4:47	12.5
112	MUCHA KRZYSZTOF	189		KOSZALIN	POL	M30-39	35	M 107	00:11:11	00:22:54	00:35:03	00:47:10	00:47:55.60	4:47	12.5
113	KASPROWICZ MAŁGORZATA	118	STOPA SŁUPSK	SŁUPSK	POL	K30-39	4	K 6	00:11:27	00:23:19	00:35:23	00:47:19	00:48:02.25	4:48	12.5
114	JABŁOŃSKI ARKADIUSZ	90	KOSZALIN	KOSZALIN	POL	M30-39	36	M 108	00:11:29	00:23:08	00:35:11	00:47:29	00:48:17.10	4:49	12.4
115	ŚWIETLIK TOMASZ	289		KOSZALIN	POL	M50-59	14	M 109	00:11:48	00:23:40	00:35:28	00:47:32	00:48:17.95	4:49	12.4
116	UTTKE KAMIL	298	DZIADOSTWO0000	KOSZALIN	POL	M18-29	20	M 110	00:11:32	00:23:26	00:35:32	00:47:34	00:48:19.25	4:49	12.4
117	WALERIAŃCZYK ROMAN	301	GMINA KOŁOBRZEG	GRZYBOWO	POL	M40-49	39	M 111	00:11:35	00:23:34	00:35:36	00:47:32	00:48:20.30	4:50	12.4
118	NACHYŁA PAWEŁ	192	DZIKI KOSZALIN	KOSZALIN	POL	M30-39	37	M 112	00:11:25	00:23:24	00:35:37	00:47:38	00:48:20.95	4:50	12.4
119	KĄNDUŁA MARIUSZ	114	WŁ SŁUPSK	SŁUPSK	POL	M40-49	40	M 113	00:11:43	00:23:47	00:36:03	00:47:39	00:48:20.95	4:50	12.4
120	WICHER KRZYSZTOF	308	ADWOKATURA	KOSZALIN	POL	M30-39	38	M 114	00:11:32	00:23:37	00:35:45	00:47:38	00:48:22.20	4:50	12.4
121	SKONECZNY KACPER	257	KONTRA DARŁOWO	DARŁOWO	POL	M18-29	21	M 115	00:10:48	00:22:28	00:35:02	00:47:49	00:48:22.25	4:50	12.4
122	STRUŚ ARTUR	271	KB BRYZA POSTOMINO	WRZEŚNICA	POL	M50-59	15	M 116	00:11:36	00:23:37	00:35:36	00:47:43	00:48:23.80	4:50	12.4
123	OSTAFI ROBERT	202		REDŁO	POL	M30-39	39	M 117	00:11:14	00:23:20	00:35:44	00:47:52	00:48:30.30	4:51	12.4
124	KRZEWIŃSKA MAŁGORZATA	150	TKKF KOSZALIN	KOSZALIN	POL	K50-59	1	K 7	00:11:40	00:23:42	00:35:46	00:47:50	00:48:35.80	4:51	12.3
125	OTOKA KASIA	205	MONIA TEAM	SZCZECIN	POL	K40-49	2	K 8	00:11:21	00:23:30	00:35:48	00:47:54	00:48:39.55	4:52	12.3
126	GRZYSTEK MARCIN	76	PARKRUN SZCZECINEK	SITNO	POL	M30-39	40	M 118	00:11:36	00:23:38	00:35:58	00:47:58	00:48:39.70	4:51	12.3
127	ZAWADA ANDRZEJ	321	ZESPÓŁ SZKOŁ SAMORZĄDOWYCH W OBJEŹDZIE	WODNICA	POL	M50-59	16	M 119	00:11:38	00:23:29	00:35:45	00:48:06	00:48:53.20	4:53	12.3
128	LITWINOWICZ RENATA	159	KB WYGAN	KOŁOBRZEG	POL	K40-49	3	K 9	00:11:52	00:23:52	00:35:59	00:48:13	00:48:57.45	4:53	12.3
129	SZAREK ARKADIUSZ	277		USTKA	POL	M18-29	22	M 120	00:11:16	00:23:07	00:35:33	00:48:16	00:49:00.45	4:54	12.2
130	MIKIETYŃSKI MICHAŁ	182	OKONEK	OKONEK	POL	M30-39	41	M 121	00:11:42	00:23:50	00:36:07	00:48:17	00:49:03.20	4:54	12.2
131	NOWAK PIOTR	196		KEPICE	POL	M18-29	23	M 122	00:11:19	00:23:08	00:35:34	00:48:19	00:49:07.00	4:54	12.2
132	BOBER JAKUB	16	AKADEMIA POMORSKA	MIASTKO	POL	M18-29	24	M 123	00:11:08	00:23:22	00:36:02	00:48:29	00:49:14.80	4:55	12.2
133	METERA PIOTR	177	RUNNERSWALDE	DARŁOWO	POL	M30-39	42	M 124	00:11:44	00:23:31	00:35:53	00:48:30	00:49:15.35	4:55	12.2
134	DIDLUCH JACEK	48	KOŁOBRZEG BIEGA MARATON TEAM	KARŚCINO	POL	M40-49	41	M 125	00:11:46	00:23:45	00:35:53	00:48:27	00:49:15.75	4:55	12.2
135	DZIESZUK DARIUSZ	54	TKKF KOSZALIN	KOSZALIN	POL	M40-49	42	M 126	00:12:24	00:24:38	00:36:45	00:48:36	00:49:16.35	4:55	12.2
136	CHOŁUJ KAROL	35	ZAWSZE DO PRZODU	KOSZALIN	POL	M30-39	43	M 127	00:11:17	00:23:29	00:36:05	00:48:40	00:49:19.90	4:56	12.2
137	SIKORSKI ADAM	344		KOŁOBRZEG	POL	M30-39	44	M 128	00:11:11	00:23:27	00:36:05	00:48:33	00:49:21.00	4:56	12.2
138	CZEPUKOJC WOJCIECH	43		USTRONIE MORSKIE	POL	M18-29	25	M 129	00:12:21	00:24:28	00:36:33	00:48:34	00:49:22.90	4:56	12.1
139	CHODOR IZABELA	33	TKKF KOSZALIN	GORZEBĄDŹ	POL	K30-39	5	K 10	00:12:24	00:24:38	00:36:46	00:48:42	00:49:25.95	4:56	12.1
140	SZAREK PAWEŁ	276	7 BRYGADA OBRONY WYBRZEŻA	SŁUPSK	POL	M30-39	45	M 130	00:11:32	00:23:50	00:36:18	00:48:46	00:49:26.10	4:56	12.1
141	PUSCIAN KRZYSZTOF	224	GIMNAZJUM W MANOWIE	MANOWO	POL	M40-49	43	M 131	00:11:40	00:24:34	00:36:51	00:48:51	00:49:30.50	4:57	12.1
142	SOROKA PIOTR	264		KOSZALIN	POL	M30-39	46	M 132	00:11:21	00:23:22	00:36:06	00:48:52	00:49:31.30	4:57	12.1
143	MICHALCZYK MARIUSZ	180	JW 1223	KOSZALIN	POL	M40-49	44	M 133	00:11:32	00:23:23	00:35:48	00:48:42	00:49:32.55	4:57	12.1
144	JANUSZEK ADAM	335		KOSZALIN	POL	M30-39	47	M 134	00:11:31	00:23:39	00:36:26	00:48:48	00:49:35.30	4:57	12.1
145	RUTKOWSKA ANNA	247		WAŁCZ	POL	K40-49	4	K 11	00:11:33	00:23:57	00:36:42	00:48:54	00:49:41.25	4:58	12.1
146	ZADROŻNY SZYMON	320	RUNNER'S OF WAŁCZ	WAŁCZ	POL	M30-39	48	M 135	00:11:38	00:24:02	00:36:47	00:48:59	00:49:45.30	4:58	12.1
147	GWIAZDA JAROSŁAW	78		SŁUPSK	POL	M40-49	45	M 136	00:12:09	00:24:38	00:36:59	00:49:09	00:49:48.30	4:58	12
148	BUCZYŃSKI EUGENIUSZ	27	JW 1696	BIAŁOGARD	POL	M40-49	46	M 137	00:11:22	00:23:48	00:36:37	00:49:09	00:49:56.70	4:59	12
149	RUSINEK ARTUR	246		KOSZALIN	POL	M30-39	49	M 138	00:11:31	00:23:47	00:36:37	00:49:24	00:50:04.75	5:00	12
150	NAPIERAŁA BOGUMIŁ	193	KORA KOSZALIN	KARLINO	POL	M50-59	17	M 139	00:12:12	00:24:37	00:37:04	00:49:30	00:50:13.80	5:01	11.9
151	HOC DARIUSZ	84		KOŁOBRZEG	POL	M40-49	47	M 140	00:12:30	00:25:03	00:37:45	00:49:35	00:50:13.90	5:01	11.9
152	ZDROWIECKI ARTUR	322		KOSZALIN	POL	M30-39	50	M 141	00:11:31	00:24:03	00:36:48	00:49:27	00:50:14.50	5:01	11.9
153	CZYŻ IZABELLA	44	STOPA SŁUPSK	SŁUPSK	POL	K40-49	5	K 12	00:12:09	00:24:35	00:37:00	00:49:27	00:50:16.40	5:01	11.9
154	ROGANOWSKA DANUTA	237	ROZBIEGANI KOSZALIN	KOSZALIN	POL	K30-39	6	K 13	00:13:02	00:25:27	00:37:40	00:49:33	00:50:17.60	5:01	11.9
155	RUDZIEWICZ URSZULA	245	FIZJOBIEGACZE SZCZECIN	SZCZECIN	POL	K30-39	7	K 14	00:12:03	00:24:25	00:36:57	00:49:37	00:50:21.25	5:02	11.9

BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.45km	4.9km	7.35km	9.8km	Netto	min/km	km/h
156	WACHOLC MICHAŁ	300		KRETOMINO	POL	M18-29	26	M 142	00:12:08	00:24:46	00:37:19	00:49:45	00:50:30.35	5:03	11.9
157	URBAŃSKI ARKADIUSZ	296		BIAŁOGARD	POL	M40-49	48	M 143	00:12:04	00:24:33	00:37:03	00:49:41	00:50:30.60	5:03	11.9
158	RAWSKI JAROSŁAW	232		SŁUPSK	POL	M50-59	18	M 144	00:12:47	00:25:33	00:37:55	00:49:48	00:50:31.50	5:03	11.9
159	TUCHORSKA JULITA	293		ZŁOCIENIEC	POL	K30-39	8	K 15	00:11:52	00:24:22	00:37:06	00:49:53	00:50:43.05	5:04	11.8
160	ZIÓLKOWSKA MAŁGORZATA	327		KOSZALIN	POL	K30-39	9	K 16	00:12:18	00:24:56	00:37:29	00:49:56	00:50:43.15	5:04	11.8
161	ROGAŁSKI ROBERTO	236	TKKF KOSZALIN	KOSZALIN	POL	M30-39	51	M 145	00:11:43	00:24:17	00:37:22	00:49:58	00:50:45.85	5:04	11.8
162	RÓG MICHAŁ	241	JW 1223	STARE BIELICE	POL	M30-39	52	M 146	00:11:31	00:23:37	00:36:35	00:50:00	00:50:47.50	5:04	11.8
163	GIL REMIGIUSZ	498	LYCONET TRIATHLON TEAM	KRETOMINO	POL	M40-49	49	M 147	00:12:11	00:24:47	00:37:26	00:50:05	00:50:47.80	5:04	11.8
164	MORDACZ TOMASZ	185	PORZECZE BIEGA :)	PORZECZE	POL	M30-39	53	M 148	00:12:24	00:25:07	00:37:50	00:50:03	00:50:50.60	5:05	11.8
165	DĄBROWSKI GRZEGORZ	47		KOSZALIN	POL	M40-49	50	M 149	00:11:54	00:24:29	00:37:20	00:50:08	00:50:53.85	5:05	11.8
166	ORŁOWSKA BEATA	199	KĄPIELE NA SPONTANIE	KOŁOBRZEG	POL	K40-49	6	K 17	00:11:53	00:24:32	00:37:22	00:50:09	00:50:55.85	5:05	11.8
167	GONTARZ WOJCIECH	69	HONEY STINGER RUNNERS	BOLKÓW/DARŁOWO	POL	M18-29	27	M 150	00:12:04	00:24:43	00:37:46	00:50:13	00:50:59.45	5:06	11.8
168	KOSECKA KATARZYNA	134	KB WYGAN	KOŁOBRZEG	POL	K30-39	10	K 18	00:11:35	00:24:30	00:37:27	00:50:09	00:50:59.70	5:06	11.8
169	DUDZIAK PIOTR	51	KOSZALIN	KOSZALIN	POL	M40-49	51	M 151	00:11:39	00:24:36	00:37:46	00:50:14	00:50:59.85	5:06	11.8
170	JUSZCZAK KRZYSZTOF	107		KOSZALIN	POL	M60-69	2	M 152	00:12:02	00:24:38	00:37:40	00:50:29	00:51:16.85	5:07	11.7
171	MAZURKIEWICZ JOLANTA	176		KOSZALIN	POL	K30-39	11	K 19	00:12:25	00:25:00	00:37:50	00:50:32	00:51:19.80	5:08	11.7
172	NACHYŁA PIOTR	191	STOPA SŁUPSK	SŁUPSK	POL	M40-49	52	M 153	00:12:43	00:25:29	00:38:17	00:50:46	00:51:26.00	5:08	11.7
173	MODRZEJEWSKI MATEUSZ	339	KOCHAM ASIE	HALERA	POL	M30-39	54	M 154	00:12:29	00:25:19	00:38:18	00:50:50	00:51:28.35	5:08	11.7
174	RATAJCZYK MONIKA	229		STRZELINKO	POL	K30-39	12	K 20	00:12:28	00:24:59	00:37:46	00:50:40	00:51:28.75	5:08	11.7
175	KARCZEWSKI KRZYSZTOF	115	AT - AKTYWNY TRZEBIATÓW	TRZEBIATÓW	POL	M50-59	19	M 155	00:12:10	00:24:50	00:38:05	00:50:43	00:51:29.20	5:08	11.7
176	KRZANOWSKI MARCIN	149	MARCINBIEGA	BIAŁOGARD	POL	M30-39	55	M 156	00:11:46	00:24:46	00:37:55	00:50:47	00:51:35.95	5:09	11.6
177	JANUSZEWSKI JACEK	96	17 WOK KOSZALIN	KOSZALIN	POL	M50-59	20	M 157	00:12:11	00:24:54	00:37:49	00:50:51	00:51:42.35	5:10	11.6
178	KOZŁOWIECKI WALDEMAR	140	TKKF KOSZALIN	KOSZALIN	POL	M60-69	3	M 158	00:12:34	00:25:13	00:38:14	00:50:58	00:51:42.50	5:10	11.6
179	MRÓZ DAWID	187		REDŁO	POL	M40-49	53	M 159	00:11:45	00:24:39	00:37:53	00:50:53	00:51:42.75	5:10	11.6
180	HUDASZEK GRZEGORZ	88		ŚWIDWIN	POL	M30-39	56	M 160	00:12:20	00:25:00	00:37:49	00:50:53	00:51:42.90	5:10	11.6
181	BĄCZYK MONIKA	5	MONIA TEAM	SZCZECIN	POL	K30-39	13	K 21	00:12:19	00:24:57	00:38:04	00:50:55	00:51:45.70	5:10	11.6
182	KOWALCZYK MARIUSZ	138	WZAJEMNEJ ADORACJI:-)	KOSZALIN	POL	M40-49	54	M 161	00:12:05	00:25:03	00:38:18	00:50:58	00:51:45.85	5:10	11.6
183	BORKOWSKA-KOWALCZYK DARIA	17	WOMENS FIGHT CLUB KOSZALIN	KOSZALIN	POL	K30-39	14	K 22	00:12:12	00:25:04	00:38:19	00:50:59	00:51:46.95	5:10	11.6
184	LICA KRZYSZTOF	346		KOSZALIN	POL	M30-39	57	M 162	00:12:29	00:25:19	00:38:16	00:51:02	00:51:47.85	5:10	11.6
185	FAJGIER TOMASZ	58		MANOWO	POL	M40-49	55	M 163	00:12:07	00:25:00	00:38:14	00:51:05	00:51:55.55	5:11	11.6
186	STOKROCKI WOJCIECH	270		KOSZALIN	POL	M30-39	58	M 164	00:12:47	00:25:28	00:38:13	00:51:07	00:51:56.50	5:11	11.6
187	RUDNIK TOMASZ	243	LUB WYBIERZ Z LISTY	MIASTKO	POL	M30-39	59	M 165	00:12:18	00:24:37	00:37:41	00:51:06	00:51:58.05	5:11	11.5
188	WOJTALIK JACEK	317		KOSZALIN	POL	M30-39	60	M 166	00:12:28	00:25:18	00:38:18	00:51:17	00:51:59.65	5:12	11.5
189	WICENS JACEK	95	JACEK - BIEGAM BO LUBIE	SŁAWNO	POL	M30-39	61	M 167	00:12:29	00:25:19	00:38:18	00:51:23	00:52:09.70	5:13	11.5
190	ZIENCINA MARCIN	324		KOŁOBRZEG	POL	M30-39	62	M 168	00:11:53	00:24:44	00:38:03	00:51:28	00:52:23.70	5:14	11.5
191	RASZPŁA RADOŚLAW	227		KOSZALIN	POL	M40-49	56	M 169	00:11:51	00:24:41	00:38:05	00:51:35	00:52:28.20	5:14	11.4
192	WOJTANOWSKI MICHAŁ	350		ŚWIDWIN	POL	M30-39	63	M 170	00:14:34	00:26:49	00:39:33	00:51:54	00:52:36.25	5:15	11.4
193	HRYCIÓW PAWEŁ	87	BIAŁOGARD	BIAŁOGARD	POL	M30-39	64	M 171	00:12:50	00:25:40	00:38:51	00:51:52	00:52:39.05	5:15	11.4
194	CZOS ŁUKASZ	336		ZŁOCIENIEC	POL	M30-39	65	M 172	00:11:20	00:24:36	00:38:14	00:51:56	00:52:41.30	5:16	11.4
195	KONKEL ŁUKASZ	131		KOSZALIN	POL	M30-39	66	M 173	00:11:43	00:24:33	00:38:06	00:51:49	00:52:42.95	5:16	11.4
196	BRYGAŁA TOMASZ	25		DARŁOWO	POL	M30-39	67	M 174	00:12:50	00:25:49	00:38:45	00:51:54	00:52:45.20	5:16	11.4
197	KISIELIŃSKI IGOR	122	TKKF KOSZALIN	KOSZALIN	POL	M50-59	21	M 175	00:12:08	00:24:30	00:38:04	00:51:53	00:52:51.90	5:17	11.3
198	FELSKI ŁUKASZ	60		TORUŃ/KOSZALIN	POL	M30-39	68	M 176	00:12:42	00:25:27	00:38:29	00:52:05	00:52:54.80	5:17	11.3
199	KLUPŚ MONIKA	124		JASTROWIE	POL	K40-49	7	K 23	00:12:55	00:25:54	00:38:59	00:52:06	00:52:55.65	5:17	11.3
200	SZUBERT AGNIESZKA	280		USTRONIE MORSKIE	POL	K30-39	15	K 24	00:12:54	00:26:04	00:39:13	00:52:13	00:52:58.50	5:17	11.3
201	MAJCHRZAK PAWEŁ	166	SUNDAYBIKERS KARLINO TEAM	KARLINO	POL	M40-49	57	M 177	00:11:38	00:24:22	00:38:11	00:52:08	00:53:03.45	5:18	11.3
202	PRZYMORSKI WALDEMAR	221	W.P.K. SŁOŃ TEAM USTKA	USTKA	POL	M40-49	58	M 178	00:12:08	00:24:58	00:38:32	00:52:13	00:53:06.00	5:18	11.3
203	BORYS PRZEMYSŁAW	19	BIEGNIJMY.PL	KOSZALIN	POL	M30-39	69	M 179	00:12:49	00:25:34	00:39:06	00:52:33	00:53:12.00	5:19	11.3
204	RYBARCZYK IRENEUSZ	492		DUNOWO	POL	M30-39	70	M 180	00:13:15	00:26:10	00:39:00	00:52:26	00:53:17.60	5:19	11.3
205	PEŁKA JANUSZ	214	TKKF KOSZALIN	KOSZALIN	POL	M50-59	22	M 181	00:12:11	00:25:50	00:39:06	00:52:34	00:53:21.25	5:20	11.2
206	GRABOWSKA-LESISZ ANETA	72		KOSZALIN	POL	K30-39	16	K 25	00:12:13	00:25:24	00:38:58	00:52:39	00:53:29.40	5:21	11.2
207	ZWIROWSKI ANDRZEJ	328		MIASTKO	POL	M30-39	71	M 182	00:12:20	00:25:14	00:38:50	00:52:40	00:53:30.50	5:21	11.2
208	BĄCZYK ADAM	6	MONIA TEAM	SZCZECIN	POL	M40-49	59	M 183	00:12:37	00:25:47	00:39:14	00:52:42	00:53:31.60	5:21	11.2
209	CZAPLIICKI PAWEŁ	41	TKKF KOSZALIN	KOSZALIN	POL	M40-49	60	M 184	00:12:56	00:26:15	00:39:41	00:52:52	00:53:36.65	5:21	11.2
210	PUSZ KUBA	223	J51373	KOSZALIN	POL	M18-29	28	M 185	00:11:41	00:24:26	00:38:43	00:52:55	00:53:46.35	5:22	11.2
211	KOTULSKI PIOTR	136	KLUB BIEGACZYK JYSK	KOSZALIN	POL	M40-49	61	M 186	00:12:19	00:25:41	00:39:14	00:52:59	00:53:46.85	5:22	11.2
212	PODAWCA ŁUKASZ	218	JW 1223	SIANÓW	POL	M30-39	72	M 187	00:12:50	00:25:58	00:39:29	00:53:06	00:53:48.35	5:22	11.2

BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.45km	4.9km	7.35km	9.8km	Netto	min/km	km/h
213	SPICA ŁUKASZ	265		KOSZALIN	POL	M18-29	29	M 188	00:13:04	00:26:05	00:39:44	00:53:12	00:53:55.45	5:23	11.1
214	DANOWSKI MACIEJ	45	FITNESS CLUB FORMA	BIAŁOGARD	POL	M40-49	62	M 189	00:13:00	00:26:28	00:40:03	00:53:12	00:53:56.25	5:23	11.1
215	ORYSZCZYN ARKADIUSZ	200		KOSZALIN	POL	M30-39	73	M 190	00:13:04	00:26:05	00:39:45	00:53:12	00:53:57.90	5:23	11.1
216	SZULTKA MARIUSZ	283		KOSZALIN	POL	M30-39	74	M 191	00:12:54	00:26:20	00:39:56	00:53:16	00:54:00.20	5:24	11.1
217	KUROWSKA IZABELA	157	FITOSKA	BERKANOWO	POL	K30-39	17	K 26	00:13:18	00:26:44	00:39:56	00:53:14	00:54:00.40	5:24	11.1
218	BOROWIEC MARIUSZ	18		KOŁOBRZEG	POL	M40-49	63	M 192	00:13:26	00:26:57	00:40:14	00:53:15	00:54:01.45	5:24	11.1
219	MARKOWSKI ANDRZEJ	172	TKKF KOSZALIN	KOSZALIN	POL	M60-69	4	M 193	00:12:34	00:25:52	00:39:38	00:53:23	00:54:04.85	5:24	11.1
220	ZIELIŃSKI GRZEGORZ	323	BRIDGESTONE	STARE CZARNOWO	POL	M40-49	64	M 194	00:13:14	00:26:49	00:40:16	00:53:15	00:54:07.00	5:24	11.1
221	ATALSKI DAMIAN	1		KOSZALIN	POL	M30-39	75	M 195	00:13:04	00:26:18	00:39:47	00:53:29	00:54:15.75	5:25	11.1
222	KACZMAREK ŁUKASZ	109	WOJOWNICY WÓDY	KOSZALIN	POL	M30-39	76	M 196	00:12:22	00:25:38	00:39:39	00:53:29	00:54:17.15	5:25	11.1
223	BERNACKI ADAM	10	EB BERNACKI	KOSZALIN	POL	M40-49	65	M 197	00:12:32	00:25:59	00:39:42	00:53:26	00:54:20.45	5:26	11
224	GUDANIEC DOROTA	338	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	K50-59	2	K 27	00:12:57	00:26:17	00:39:41	00:53:28	00:54:20.85	5:26	11
225	SOBOLEWSKI MARCIN	262		SIANÓW	POL	M30-39	77	M 198	00:11:54	00:25:05	00:39:19	00:53:29	00:54:25.85	5:26	11
226	KOWALCZYK PIOTR	137		KOSZALIN	POL	M30-39	78	M 199	00:12:20	00:25:35	00:39:35	00:53:39	00:54:28.00	5:26	11
227	DĄBROWSKA ALICJA	46	TKKF KOSZALIN	SIANÓW	POL	K50-59	3	K 28	00:13:04	00:26:42	00:40:14	00:53:38	00:54:28.15	5:26	11
228	HRYCAJ TOMASZ	86		KOŁOBRZEG	POL	M30-39	79	M 200	00:12:47	00:26:11	00:39:55	00:53:37	00:54:29.80	5:27	11
229	HAŁKA OLA	80		KOSZALIN	POL	K18-29	2	K 29	00:13:06	00:26:19	00:39:55	00:53:48	00:54:36.45	5:27	11
230	ŁUCZEJKO SŁAWOMIR	163	TEAM BIEGOWY SZCZECINEK	SZCZECINEK	POL	M50-59	23	M 201	00:12:57	00:26:15	00:39:45	00:53:41	00:54:38.40	5:27	11
231	OSTROWSKI ARTUR	204		POŁCZYN ZDRÓJ	POL	M30-39	80	M 202	00:12:10	00:25:25	00:39:45	00:53:45	00:54:38.40	5:27	11
232	KARNICKI ZYGMUNT	116	TKKF KOSZALIN	KOSZALIN	POL	M60-69	5	M 203	00:12:29	00:26:00	00:39:53	00:53:48	00:54:38.90	5:27	11
233	KRYGIER IRENEUSZ	148	W.P.K. SŁOŃ TEAM USTKA	USTKA	POL	M30-39	81	M 204	00:12:29	00:26:01	00:39:51	00:53:46	00:54:41.85	5:28	11
234	LASKOWSKI GRZEGORZ	158		PARNOWO	POL	M30-39	82	M 205	00:12:53	00:26:01	00:39:30	00:53:54	00:54:44.75	5:28	11
235	JURA KAZIMIERZ	106	MTS HAMER	MIASTKO	POL	M60-69	6	M 206	00:12:57	00:26:35	00:40:13	00:53:55	00:54:47.20	5:28	11
236	MACHŁAJ SONIA	164		SŁAWNO	POL	K18-29	3	K 30	00:12:59	00:26:28	00:40:14	00:54:02	00:54:52.90	5:29	10.9
237	SEKUŁA MARIUSZ	252		KOSZALIN	POL	M40-49	66	M 207	00:12:25	00:25:51	00:39:51	00:54:18	00:55:09.80	5:31	10.9
238	RUTKOWSKI LUCJAN	248	ARCAN TEAM	TRZCIANKA	POL	M50-59	24	M 208	00:13:30	00:27:23	00:41:14	00:54:17	00:55:10.30	5:31	10.9
239	MICHALAK KAMILA	179	KLUB BIEGACZY JYSK	GDAŃSK	POL	K30-39	18	K 31	00:12:22	00:26:16	00:40:18	00:54:18	00:55:11.05	5:31	10.9
240	PANEK URSZULA	208		DARŁOWO	POL	K30-39	19	K 32	00:13:19	00:26:59	00:40:53	00:54:31	00:55:20.00	5:32	10.8
241	BRYGAŁA MAGDALENA	24		DARŁOWO	POL	K30-39	20	K 33	00:12:53	00:26:37	00:40:37	00:54:33	00:55:25.70	5:32	10.8
242	GRAJ JOANNA	74		KOSZALIN	POL	K18-29	4	K 34	00:13:18	00:27:11	00:41:02	00:54:41	00:55:26.35	5:32	10.8
243	PSTRĄGOWSKA MARLENA	222	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	21	K 35	00:13:21	00:27:04	00:40:53	00:54:37	00:55:31.35	5:33	10.8
244	CUDZICH PIOTR	38		PRZYBORÓW	POL	M30-39	83	M 209	00:13:06	00:26:49	00:40:49	00:54:39	00:55:38.00	5:33	10.8
245	WASZEK MARZENA	302		ŚWIDWIN	POL	K30-39	22	K 36	00:13:19	00:27:10	00:40:49	00:54:46	00:55:41.45	5:34	10.8
246	SIKORA TOMASZ	254		ŚWIDWIN	POL	M50-59	25	M 210	00:13:05	00:26:33	00:40:33	00:54:56	00:55:51.90	5:35	10.7
247	SKIBA ARTUR	255		ŚWIDWIN	POL	M40-49	67	M 211	00:13:06	00:26:33	00:40:33	00:54:57	00:55:52.00	5:35	10.7
248	MALINOWSKA MAŁGORZATA	167		ŚWIDWIN	POL	K50-59	4	K 37	00:13:05	00:26:33	00:40:33	00:54:57	00:55:52.45	5:35	10.7
249	ZIĘBA PAWEŁ	325	TKKF KOSZALIN	KOSZALIN	POL	M40-49	68	M 212	00:12:10	00:25:49	00:40:34	00:55:02	00:55:57.35	5:35	10.7
250	MAZUREK BARBARA	175	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	23	K 38	00:13:11	00:26:54	00:40:53	00:55:07	00:55:58.40	5:35	10.7
251	BAK HALSZKA	7		POZNAŃ	POL	K30-39	24	K 39	00:13:19	00:27:15	00:41:02	00:55:16	00:56:07.95	5:36	10.7
252	TRZEŚNIEWSKI ZBIGNIEW	292		GRUDZIĄDZ	POL	M50-59	26	M 213	00:13:12	00:26:59	00:41:03	00:55:19	00:56:18.80	5:37	10.7
253	NOWAK SYLWIA	195	CZARNE BIEGA	CZARNE	POL	K30-39	25	K 40	00:13:18	00:27:17	00:41:19	00:55:26	00:56:19.35	5:38	10.7
254	ŚLEDZ ANDRZEJ	288	WŁ SŁUPSK	SŁUPSK	POL	M40-49	69	M 214	00:12:56	00:27:07	00:41:20	00:55:34	00:56:22.70	5:38	10.6
255	KĘPKA KAROLINA	121	STOPA SŁUPSK	SŁUPSK	POL	K40-49	8	K 41	00:13:18	00:27:21	00:41:41	00:55:45	00:56:33.75	5:39	10.6
256	GZELA OLGA	79	BABECZKI KOSZALIN, ROZBIEGANI KOSZALIN	KOSZALIN	POL	K30-39	26	K 42	00:13:08	00:26:58	00:41:40	00:55:48	00:56:36.70	5:39	10.6
257	PIÓRO EWA	345		KOŁOBRZEG	POL	K40-49	9	K 43	00:13:13	00:27:06	00:41:51	00:56:08	00:56:59.10	5:41	10.5
258	KOBUS MACIEJ	126		KOSZALIN	POL	M30-39	84	M 215	00:12:13	00:25:51	00:40:37	00:56:02	00:56:59.85	5:42	10.5
259	KRASIŃSKI WITOLD	341		KOSZALIN	POL	M40-49	70	M 216	00:12:14	00:25:51	00:40:38	00:56:02	00:57:00.05	5:42	10.5
260	SZAFIRSKI MAREK	274	CAMINO SŁUPSK	SŁUPSK	POL	M50-59	27	M 217	00:13:27	00:27:38	00:42:04	00:56:13	00:57:00.25	5:42	10.5
261	GÓRNIAK STANISŁAW	71	WŁ SŁUPSK	SŁUPSK	POL	M50-59	28	M 218	00:13:28	00:27:34	00:42:18	00:56:09	00:57:03.90	5:42	10.5
262	MALINOWSKA-BURDA ALEKSANDRA	169		KOSZALIN	POL	K18-29	5	K 44	00:13:41	00:28:04	00:42:17	00:56:21	00:57:10.90	5:43	10.5
263	KLUPŚ JANUSZ	123		JASTROWIE	POL	M40-49	71	M 219	00:13:23	00:27:40	00:42:08	00:56:36	00:57:24.95	5:44	10.4
264	SOBALA ANNA	261		KOSZALIN	POL	K30-39	27	K 45	00:13:09	00:27:08	00:42:35	00:56:32	00:57:27.15	5:44	10.4
265	WOCH MAŁGORZATA	313		KOSZALIN	POL	K50-59	5	K 46	00:13:36	00:27:48	00:42:16	00:56:44	00:57:35.95	5:45	10.4
266	KACZMAREK AGNIESZKA	108		KOSZALIN	POL	K40-49	10	K 47	00:13:36	00:27:48	00:42:17	00:56:44	00:57:36.10	5:45	10.4
267	HELLER ZDZISŁAW	81	NIEZRZESZONY	KOSZALIN	POL	M60-69	7	M 220	00:13:42	00:28:14	00:42:48	00:57:06	00:57:56.00	5:47	10.4
268	KUPREWICZ GRZEGORZ	155	JW 1223	KOSZALIN	POL	M30-39	85	M 221	00:13:35	00:28:34	00:42:44	00:57:03	00:57:56.35	5:47	10.4

BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.45km	4.9km	7.35km	9.8km	Netto	min/km	km/h
269	REMLAKOWSKI KRZYSZTOF	234	WE RUN	ROSNOWO	POL	M40-49	72	M 222	00:13:44	00:27:59	00:42:37	00:57:05	00:57:57.75	5:47	10.4
270	SZYMAŃSKA AGNIESZKA	284		KOSZALIN	POL	K40-49	11	K 48	00:14:19	00:28:36	00:42:53	00:57:04	00:57:58.20	5:47	10.3
271	RADECKI JACEK	226	CSSP KOSZALIN	KOSZALIN	POL	M40-49	73	M 223	00:13:12	00:27:29	00:42:16	00:57:09	00:57:58.20	5:47	10.4
272	REMLAKOWSKA MAŁGORZATA	233	WE RUN	ROSNOWO	POL	K30-39	28	K 49	00:13:49	00:28:01	00:42:39	00:57:05	00:57:58.30	5:47	10.4
273	JAROSZ MARZENA	97		NOWE BIELICE	POL	K50-59	6	K 50	00:14:19	00:28:36	00:42:53	00:57:05	00:57:58.45	5:47	10.3
274	WOLF BEATA	333	TKKF KOSZALIN	KOSZALIN	POL	K30-39	29	K 51	00:13:36	00:28:04	00:42:38	00:57:15	00:58:10.20	5:49	10.3
275	KOWALSKI KAMIL	347		KOSZALIN	POL	M30-39	86	M 224	00:13:06	00:26:53	00:41:51	00:57:09	00:58:14.90	5:49	10.3
276	ZAREMBA TOMASZ	340		KOSZALIN	POL	M30-39	87	M 225	00:13:00	00:28:21	00:43:22	00:57:35	00:58:28.95	5:50	10.3
277	SMARSZCZ WIESŁAW	260	TEAM RWT BYDGOSZCZ-WŁĘBORK	WŁĘBORK	POL	M50-59	29	M 226	00:13:04	00:27:28	00:42:39	00:57:54	00:58:38.55	5:51	10.2
278	HNATOWSKI ARTUR	83	SZYBKIE STOPY	KOSZALIN	POL	M40-49	74	M 227	00:12:54	00:26:54	00:42:08	00:57:47	00:58:45.55	5:52	10.2
279	BASIAK KRYSZTIAN	4	KOSZALIN	KOSZALIN	POL	M30-39	88	M 228	00:12:58	00:27:13	00:42:26	00:57:52	00:58:48.50	5:52	10.2
280	KARPIŃSKI MATEUSZ	117		BOBOLICE	POL	M18-29	30	M 229	00:13:11	00:27:27	00:42:20	00:57:49	00:58:52.30	5:53	10.2
281	OGRODOWCZYK JAGODA	197		KOŁOBRZEG	POL	K30-39	30	K 52	00:13:11	00:27:27	00:42:20	00:57:50	00:58:52.40	5:53	10.2
282	WOJTANOWSKI TOMASZ	318	K.B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M30-39	89	M 230	00:13:20	00:27:56	00:42:51	00:57:56	00:58:58.60	5:53	10.2
283	BEDNARZ KATARZYNA	8		KOŁOBRZEG	POL	K40-49	12	K 53	00:13:49	00:28:16	00:43:03	00:57:57	00:58:59.90	5:53	10.2
284	JASIENIECKI PIOTR	102		KOSZALIN	POL	M40-49	75	M 231	00:12:55	00:26:52	00:41:59	00:58:10	00:59:10.35	5:55	10.1
285	SZKATULSKI TOMASZ	278	DARŁOWO	DARŁOWO	POL	M18-29	31	M 232	00:12:53	00:27:37	00:43:13	00:58:26	00:59:22.05	5:56	10.1
286	FRASZKIEWICZ JAROSŁAW	62		KOSZALIN	POL	M40-49	76	M 233	00:13:13	00:27:48	00:43:07	00:58:24	00:59:24.25	5:56	10.1
287	KOMODA MARIUSZ	128		KOSZALIN	POL	M40-49	77	M 234	00:13:51	00:28:36	00:43:45	00:58:44	00:59:33.95	5:57	10.1
288	KACZMAREK ZENON	110	MORSY KOŁOBRZEG	KOŁOBRZEG	POL	M60-69	8	M 235	00:14:01	00:28:43	00:43:27	00:58:32	00:59:36.30	5:57	10.1
289	PAWŁAK EWELINA	212		KOSZALIN	POL	K30-39	31	K 54	00:13:22	00:28:13	00:43:10	00:58:44	00:59:51.15	5:59	10
290	BRESZKA PAWEŁ	23	DARŁOWO	DARŁOWO	POL	M40-49	78	M 236	00:13:58	00:29:16	00:44:40	00:59:43	01:00:42.15	6:04	9.9
291	BŁACH PIOTR	14		SŁAWOBORZE	POL	M30-39	90	M 237	00:13:59	00:29:16	00:44:41	00:59:44	01:00:42.75	6:04	9.9
292	BARA MONIKA	2	JW 1223/3DPLOT	MIELNO	POL	K18-29	6	K 55	00:13:51	00:28:37	00:44:02	01:00:05	01:00:59.35	6:05	9.8
293	STANULA MATYLDA	267		MIELNO	POL	K18-29	7	K 56	00:13:52	00:28:38	00:43:58	00:58:56	01:00:59.60	6:06	9.8
294	WIERZBICKI KACPER	309		KOSZALIN	POL	M18-29	32	M 238	00:13:24	00:27:42	00:43:30	01:00:13	01:01:11.70	6:07	9.8
295	SZULTKA SYLWIA	282		KOSZALIN	POL	K30-39	32	K 57	00:14:24	00:29:07	00:44:24	01:00:28	01:01:26.45	6:08	9.8
296	CYRKLEWICZ WERONIKA	40		KOSZALIN	POL	K30-39	33	K 58	00:14:25	00:29:08	00:44:25	01:00:28	01:01:26.70	6:08	9.8
297	PAWŁAK MAREK	213		KOSZALIN	POL	M30-39	91	M 239	00:13:40	00:28:48	00:44:48	01:01:03	01:01:52.65	6:11	9.7
298	JANKOWSKI REMIGIUSZ	93		KOŁOBRZEG	POL	M30-39	92	M 240	00:14:23	00:29:39	00:45:30	01:01:05	01:01:52.90	6:11	9.7
299	RATAJEWSKA AGNIESZKA	230	PANI	ŚWIDWIN	POL	K30-39	34	K 59	00:14:10	00:29:31	00:45:18	01:01:15	01:02:12.70	6:13	9.6
300	ZIELIŃSKI ANDRZEJ	349		ŚWIDWIN	POL	M30-39	93	M 241	00:14:35	00:29:44	00:45:31	01:01:29	01:02:32.65	6:15	9.6
301	KURCZ BARBARA	156	BABECKI KOSZALIN	KOSZALIN	POL	K40-49	13	K 60	00:14:59	00:30:37	00:46:22	01:01:41	01:02:39.75	6:16	9.6
302	MALINOWSKA AGNIESZKA	168	CIOTECZKI.PL	KOSZALIN	POL	K30-39	35	K 61	00:14:35	00:30:04	00:45:53	01:01:31	01:02:41.35	6:16	9.6
303	RASZPLA ILONA	228		KOSZALIN	POL	K40-49	14	K 62	00:14:36	00:30:05	00:45:54	01:01:32	01:02:42.15	6:16	9.6
304	FALGOWSKI PAWEŁ	59		BIAŁOGARD	POL	M30-39	94	M 242	00:12:49	00:29:07	00:46:05	01:01:56	01:02:52.75	6:17	9.5
305	PASEK PAULA	209		DUNOWO	POL	K30-39	36	K 63	00:14:11	00:29:42	00:46:07	01:02:06	01:03:05.75	6:18	9.5
306	URBAŃSKA ANETTA	294		KOSZALIN	POL	K40-49	15	K 64	00:14:27	00:29:38	00:45:32	01:02:04	01:03:05.95	6:18	9.5
307	SOBOLEWSKI MAREK	332	17 WOG	KOSZALIN	POL	M40-49	79	M 243	00:14:26	00:30:24	00:46:54	01:02:14	01:03:05.95	6:18	9.5
308	SCHMIDT DARIUSZ	499		KOŁOBRZEG	POL	M50-59	30	M 244	00:14:35	00:29:58	00:46:04	01:02:40	01:03:40.45	6:22	9.4
309	BINKIEWICZ MARCIN	13		SZCZECINEK	POL	M30-39	95	M 245	00:13:50	00:29:11	00:45:33	01:02:42	01:03:46.80	6:22	9.4
310	FILIPCZYK MIECZYŚLAW	61	NIEZRZESZONY	ŚWIDWIN	POL	M50-59	31	M 246	00:14:09	00:29:59	00:46:31	01:03:11	01:04:15.45	6:25	9.3
311	SZYMAŃSKI MARCIN	285	TEAM BIEGOWY SZCZECINEK	SZCZECINEK	POL	M30-39	96	M 247	00:14:40	00:30:28	00:47:29	01:04:33	01:05:35.45	6:33	9.1
312	STASZYŃSKA MARIANNA	268	BTC.,,ORZEŁ'	BIAŁOGARD	POL	K60+	1	K 65	00:15:52	00:32:23	00:49:18	01:06:15	01:07:25.60	6:44	8.9
313	ZIĘTARA RYSZARD	326		KOSZALIN	POL	M60-69	9	M 248	00:14:36	00:30:45	00:48:35	01:07:49	01:09:05.40	6:54	8.7
314	KONDRATOWICZ AGNIESZKA	129		POLICE	POL	K30-39	37	K 66	00:15:01	00:31:44	00:50:02	01:09:33	01:10:51.10	7:05	8.5
315	STACHOWSKI MICHAŁ	266		KIEŁBASIN	POL	M30-39	97	M 249	00:15:01	00:31:44	00:50:02	01:09:34	01:10:51.10	7:05	8.5
316	PASEK JAN	210		DUNOWO	POL	M60-69	10	M 250	00:15:46	00:33:23	00:51:45	01:10:17	01:11:20.65	7:08	8.4
317	KRAWCZUK-KIEŁB ANNA	144	ŻYJ Z ENERGIA	WIEKOWO	POL	K40-49	16	K 67	00:16:14	00:33:46	00:51:33	01:10:14	01:11:21.90	7:08	8.4
DQ	KRÓL MARCIN	146		MORZYCZYN	POL	M40-49	DQ	DQ	00:12:13	00:25:26	00:39:13	DQ	DQ	-	-
									DQ	DQ	DQ				
	KĘPKA ADRIAN	120		DARŁOWO/WIEKOWO	POL	M18-29			00:09:10	00:18:52	DNF	DNF	DNF	-	-
									DNF	DNF					
	WAWRZYŃIAK KAROLINA	303		DARŁOWO	POL	K18-29			00:14:27	DNF	DNF	DNF	DNF	-	-
									DNF						