

## MISTRZOSTWA 7 BOW - 5KM

Organizator: 7BOW  
 Data: 2023-10-04  
 Miejsce: SŁUPSK  
 Dystans: 5 km  
 Klasyfikacja wg czasów netto.



### MISTRZOSTWA 7 BOW - 5KM, OPEN

| M-ce | Nazwisko i imię                    | Nr  | Klub      | M-scowość  | Kraj | Kat.       | M. kat | K/M  | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|------------------------------------|-----|-----------|------------|------|------------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | KPR. BŁASZCZYK PATRYK              | 180 | DPLOT     | SŁUPSK     | POL  | M 35       | 1      | M 1  | 00:03:40 | 00:07:32 | 00:11:27 | 00:15:19.75 | 3:03   | 19.6 |
| 2    | ST.SZER. JEFIMCZYK NORBERT         | 165 | 1BZ       | ŁĘBORK     | POL  | M 35       | 2      | M 2  | 00:03:33 | 00:07:34 | 00:11:41 | 00:15:35.10 | 3:07   | 19.3 |
| 3    | KPR. PYTLAK MICHAŁ                 | 86  | 2 BZ      | SŁUPSK     | POL  | M 35       | 3      | M 3  | 00:03:51 | 00:07:53 | 00:11:59 | 00:16:08.02 | 3:13   | 18.6 |
| 4    | ST.SZER.SPEC BARTKIEWICZ KRZYSZTOF | 164 | 1BZ       | ŁĘBORK     | POL  | DRUŻYNÓWKA | 1      | M 4  | 00:04:02 | 00:08:14 | 00:12:34 | 00:16:53.83 | 3:22   | 17.8 |
| 5    | MŁ.CHOR. PEŁO ARTUR                | 201 | DPLOT     | SŁUPSK     | POL  | M 36-45    | 1      | M 5  | 00:04:10 | 00:08:25 | 00:12:35 | 00:17:09.49 | 3:25   | 17.5 |
| 6    | ST.KPR. CZERNAK ROBERT             | 161 | 1BZ       | ŁĘBORK     | POL  | M 36-45    | 2      | M 6  | 00:04:11 | 00:08:28 | 00:12:59 | 00:17:25.07 | 3:29   | 17.2 |
| 7    | ST.KPR. KURTA RAFAŁ                | 223 | WOT/7PBOW | SŁUPSK     | POL  | M 35       | 4      | M 7  | 00:03:42 | 00:08:49 | 00:13:28 | 00:17:57.78 | 3:35   | 16.7 |
| 8    | SZER. DZSW. RAGAN ALAN             | 190 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 5      | M 8  | 00:04:24 | 00:08:56 | 00:13:42 | 00:18:22.00 | 3:40   | 16.3 |
| 9    | KPR. TERMAN DARIUSZ                | 162 | 1BZ       | ŁĘBORK     | POL  | M 36-45    | 3      | M 9  | 00:04:21 | 00:09:02 | 00:13:50 | 00:18:29.67 | 3:41   | 16.2 |
| 10   | SZER. CEJKO DAWID                  | 102 | 2 BZ      | SŁUPSK     | POL  | M 35       | 6      | M 10 | 00:04:28 | 00:09:12 | 00:13:57 | 00:18:33.39 | 3:42   | 16.2 |
| 11   | SZER. TOPKA BEATA                  | 356 | 2 BZ      | SŁUPSK     | POL  | K 35       | 1      | K 1  | 00:04:53 | 00:09:55 | 00:15:01 | 00:20:04.03 | 4:00   | 15   |
| 12   | SZER. DZSW KOWALSKI ADRIAN         | 159 | 2 BZ      | SŁUPSK     | POL  | M 35       | 7      | M 11 | 00:05:02 | 00:09:43 | 00:14:52 | 00:20:13.49 | 4:02   | 14.8 |
| 13   | SZER. JOŃCZYK OLIWIER              | 122 | 2 BZ      | SŁUPSK     | POL  | M 35       | 8      | M 12 | 00:04:50 | 00:09:55 | 00:15:08 | 00:20:14.70 | 4:02   | 14.8 |
| 14   | SZER. KULIŃSKA JUSTYNA             | 166 | 1BZ       | ŁĘBORK     | POL  | K 35       | 2      | K 2  | 00:04:51 | 00:09:55 | 00:15:07 | 00:20:19.18 | 4:03   | 14.8 |
| 15   | SZER. METLIĆKA WIKTORIA            | 26  | DAS       | SŁUPSK     | POL  | K 35       | 3      | K 3  | 00:04:56 | 00:10:01 | 00:15:13 | 00:20:30.78 | 4:06   | 14.6 |
| 16   | PPOR. BIAŁUCH BARTŁOMIEJ           | 160 | 1BZ       | ŁĘBORK     | POL  | M 35       | 9      | M 13 | 00:04:50 | 00:09:59 | 00:15:21 | 00:20:35.17 | 4:07   | 14.6 |
| 17   | SZER. DZSW KALISZ WOJCIECH         | 311 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 10     | M 14 | 00:04:54 | 00:09:55 | 00:15:17 | 00:20:59.39 | 4:11   | 14.3 |
| 18   | KPR. ZAWADA DANIEL                 | 351 | SZTAB     | SŁUPSK     | POL  | M 35       | 11     | M 15 | 00:04:54 | 00:10:16 | 00:15:51 | 00:21:10.25 | 4:14   | 14.2 |
| 19   | SZER. DZSW KOWALSKI PRZEMYSŁAW     | 239 | BLOG      | SŁUPSK     | POL  | M 35       | 12     | M 16 | 00:05:06 | 00:10:36 | 00:15:50 | 00:21:16.36 | 4:15   | 14.1 |
| 20   | SZER. DZSW LEWCZUK KAMIL           | 148 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 13     | M 17 | 00:04:38 | 00:10:20 | 00:15:26 | 00:21:38.62 | 4:19   | 13.9 |
| 21   | SZER. DZSW MIKULSKI WIKTOR         | 245 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 14     | M 18 | 00:06:01 | 00:12:46 | 00:17:16 | 00:21:39.05 | 4:19   | 13.9 |
| 22   | KPR. GOZLIŃSKI SŁAWOMIR            | 28  | 3 BZ      | TRZEBIATÓW | POL  | M 35       | 15     | M 19 | 00:05:16 | 00:10:48 | 00:16:15 | 00:21:41.42 | 4:20   | 13.8 |
| 23   | SZER. DZSW SKWIERZ IGOR            | 242 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 16     | M 20 | 00:04:51 | 00:10:20 | 00:16:15 | 00:21:42.00 | 4:20   | 13.8 |
| 24   | PLUT. FIRKOWSKI BARTOSZ            | 303 | 2 BZ      | SŁUPSK     | POL  | M 36-45    | 4      | M 21 | 00:04:45 | 00:10:09 | 00:15:53 | 00:21:43.05 | 4:20   | 13.8 |
| 25   | SZER. DZSW RAKOWSKI MICHAŁ         | 319 | DPLOT     | SŁUPSK     | POL  | M 35       | 17     | M 22 | 00:05:49 | 00:11:01 | 00:16:26 | 00:21:44.27 | 4:20   | 13.8 |
| 26   | PLUT. ŁASKA PIOTR                  | 5   | 3 BZ      | TRZEBIATÓW | POL  | M 36-45    | 5      | M 23 | 00:05:15 | 00:10:48 | 00:16:24 | 00:21:52.64 | 4:22   | 13.7 |
| 27   | SZER. RYBAK PAWEŁ                  | 129 | BLOG      | SŁUPSK     | POL  | M 35       | 18     | M 24 | 00:06:12 | 00:11:37 | 00:17:06 | 00:22:07.23 | 4:25   | 13.6 |
| 28   | SZER. DZSW CZYŻ BARTOSZ            | 114 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 19     | M 25 | 00:04:38 | 00:10:43 | 00:16:26 | 00:22:10.21 | 4:26   | 13.5 |
| 29   | POR. OKRUJ PIOTR                   | 221 | WOT/7PBOW | SŁUPSK     | POL  | M 35       | 20     | M 26 | 00:05:17 | 00:10:46 | 00:16:28 | 00:22:12.00 | 4:26   | 13.5 |
| 30   | ST. SZER. MICHALCZYK ARKADIUSZ     | 4   | 3 BZ      | TRZEBIATÓW | POL  | DRUŻYNÓWKA | 2      | M 27 | 00:05:26 | 00:11:00 | 00:16:42 | 00:22:17.94 | 4:27   | 13.5 |
| 31   | SZER. LIS KRZYSZTOF                | 53  | DAS       | SŁUPSK     | POL  | M 35       | 21     | M 28 | 00:05:04 | 00:10:39 | 00:16:25 | 00:22:18.25 | 4:27   | 13.5 |
| 32   | ST.CHOR.SZT. KOWGAN JAROSŁAW       | 178 | DPLOT     | SŁUPSK     | POL  | DRUŻYNÓWKA | 3      | M 29 | 00:05:11 | 00:11:04 | 00:15:39 | 00:22:23.87 | 4:28   | 13.4 |
| 33   | SZER. DZSW. ŚLUSARSKI IGOR         | 208 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 22     | M 30 | 00:05:39 | 00:11:18 | 00:17:19 | 00:22:24.97 | 4:28   | 13.4 |
| 34   | SZER. DZSW CYROCKI NIKODEM         | 250 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 23     | M 31 | 00:05:51 | 00:10:32 | 00:16:20 | 00:22:28.28 | 4:29   | 13.4 |
| 35   | SZER. PASZOTKA-LIPIŃSKI DAWID      | 236 | BLOG      | SŁUPSK     | POL  | M 35       | 24     | M 32 | 00:05:58 | 00:11:32 | 00:17:03 | 00:22:31.15 | 4:30   | 13.3 |
| 36   | PPOR. NAKONIECZNY MICHAŁ           | 76  | 2 BZ      | SŁUPSK     | POL  | M 35       | 25     | M 33 | 00:05:38 | 00:11:24 | 00:17:03 | 00:22:33.33 | 4:30   | 13.3 |
| 37   | SZER. NOWAK AGNIESZKA              | 74  | DPLOT     | SŁUPSK     | POL  | DRUŻYNÓWKA | 4      | K 4  | 00:05:15 | 00:10:51 | 00:16:43 | 00:22:34.17 | 4:30   | 13.3 |
| 38   | SZER. CHLEBOWSKI SEBASTIAN         | 384 | DPLOT     | SŁUPSK     | POL  | M 35       | 26     | M 34 | 00:05:34 | 00:11:15 | 00:16:56 | 00:22:37.48 | 4:31   | 13.3 |
| 39   | SZER. JURKOWSKI DAWID              | 299 | BDOW      | SŁUPSK     | POL  | M 35       | 27     | M 35 | 00:05:53 | 00:11:28 | 00:17:11 | 00:22:39.24 | 4:31   | 13.2 |
| 40   | SZER. PŁATEK ARKADIUSZ             | 295 | BDOW      | SŁUPSK     | POL  | M 35       | 28     | M 36 | 00:05:52 | 00:11:27 | 00:17:10 | 00:22:40.26 | 4:32   | 13.2 |
| 41   | ST. SZER. LIS MARTA                | 199 | DPLOT     | SŁUPSK     | POL  | K 35       | 4      | K 5  | 00:05:40 | 00:11:23 | 00:17:04 | 00:22:40.94 | 4:32   | 13.2 |
| 42   | POR. BUDZYŃSKI MATEUSZ             | 222 | WOT/7PBOW | SŁUPSK     | POL  | M 35       | 29     | M 37 | 00:05:24 | 00:11:02 | 00:17:00 | 00:22:43.10 | 4:32   | 13.2 |
| 43   | PLUT. MAKOŚ EMIL                   | 228 | BLOG      | SŁUPSK     | POL  | M 36-45    | 6      | M 38 | 00:05:54 | 00:11:38 | 00:17:11 | 00:22:43.30 | 4:32   | 13.2 |
| 44   | SZER. JONIEC ANGELIKA              | 167 | 1BZ       | ŁĘBORK     | POL  | K 35       | 5      | K 6  | 00:05:34 | 00:11:22 | 00:17:15 | 00:22:45.33 | 4:33   | 13.2 |
| 45   | SZER.DZSW MAJEROWSKI MARIUSZ       | 247 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 30     | M 39 | 00:05:50 | 00:11:28 | 00:17:08 | 00:22:47.11 | 4:33   | 13.2 |
| 46   | SZER. DZSW KRAWĘTKOWSKI SYLWESTER  | 373 | DAS       | SŁUPSK     | POL  | M 35       | 31     | M 40 | 00:05:51 | 00:11:33 | 00:17:18 | 00:22:51.76 | 4:34   | 13.1 |

**MISTRZOSTWA 7 BOW - 5KM, OPEN c.d.**

| M-ce | Nazwisko i imię                    | Nr  | Klub      | M-scowość  | Kraj | Kat.       | M. kat | K/M  | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|------------------------------------|-----|-----------|------------|------|------------|--------|------|----------|----------|----------|-------------|--------|------|
| 47   | KOBIEROWSKI SŁAWOMIR               | 378 | BDOW      | SŁUPSK     | POL  | M 36-45    | 7      | M 41 | 00:05:52 | 00:11:33 | 00:17:18 | 00:22:53.00 | 4:34   | 13.1 |
| 48   | MJR. KOGUCIUK ŁUKASZ               | 258 | BDOW      | SŁUPSK     | POL  | M 35       | 32     | M 42 | 00:05:52 | 00:11:36 | 00:17:10 | 00:22:55.22 | 4:35   | 13.1 |
| 49   | SZER. RUTKOWSKI KRZYSZTOF          | 386 | DPLOT     | SŁUPSK     | POL  | M 35       | 33     | M 43 | 00:06:16 | 00:12:07 | 00:17:47 | 00:22:55.24 | 4:35   | 13.1 |
| 50   | KPR. WOJTYSIAK DANIEL              | 282 | BDOW      | SŁUPSK     | POL  | M 36-45    | 8      | M 44 | 00:05:55 | 00:11:34 | 00:17:19 | 00:22:55.48 | 4:35   | 13.1 |
| 51   | SZER. IANKO ALEKSANDRA             | 32  | 3 BZ      | TRZEBIATÓW | POL  | K 35       | 6      | K 7  | 00:05:48 | 00:11:27 | 00:16:06 | 00:23:06.95 | 4:37   | 13   |
| 52   | SZER. KILA BARTŁOMIEJ              | 115 | 2 BZ      | SŁUPSK     | POL  | M 35       | 34     | M 45 | 00:04:40 | 00:09:42 | 00:14:58 | 00:23:10.17 | 4:38   | 12.9 |
| 53   | PLUT. DĄBROWSKI ARTUR              | 80  | SZTAB     | SŁUPSK     | POL  | M 35       | 35     | M 46 | 00:05:40 | 00:11:32 | 00:17:21 | 00:23:10.37 | 4:38   | 12.9 |
| 54   | ST.SZER.SPECJ MICHALCZYK ARKADIUSZ | 31  | 3 BZ      | TRZEBIATÓW | POL  | DRUŻYNÓWKA | 5      | M 47 | 00:06:36 | 00:12:57 | 00:19:04 | 00:23:10.87 | 4:38   | 12.9 |
| 55   | SZER. KWIDZIŃSKI WALDEMAR          | 108 | 2 BZ      | SŁUPSK     | POL  | M 35       | 36     | M 48 | 00:05:59 | 00:12:05 | 00:17:48 | 00:23:13.93 | 4:38   | 12.9 |
| 56   | CHOR. RZEPKOWSKI DANIEL            | 341 | BDOW      | SŁUPSK     | POL  | M 36-45    | 9      | M 49 | 00:06:03 | 00:12:01 | 00:17:56 | 00:23:21.13 | 4:40   | 12.8 |
| 57   | SZER. SAMP AGNIESZKA               | 186 | DPLOT     | SŁUPSK     | POL  | DRUŻYNÓWKA | 6      | K 8  | 00:05:52 | 00:11:44 | 00:17:35 | 00:23:24.10 | 4:40   | 12.8 |
| 58   | SZER. DZSW BRONSKI PAWEŁ           | 377 | DPLOT     | SŁUPSK     | POL  | M 35       | 37     | M 50 | 00:06:04 | 00:11:55 | 00:17:47 | 00:23:27.80 | 4:41   | 12.8 |
| 59   | KPR. NOWACKI KAMIL                 | 262 | BDOW      | SŁUPSK     | POL  | M 35       | 38     | M 51 | 00:05:55 | 00:11:40 | 00:17:31 | 00:23:30.14 | 4:42   | 12.8 |
| 60   | SZER. PRZYBYLSKI JAKUB             | 376 | DPLOT     | SŁUPSK     | POL  | M 35       | 39     | M 52 | 00:06:24 | 00:12:14 | 00:17:17 | 00:23:32.40 | 4:42   | 12.7 |
| 61   | SZER. TYREK KATARZYNA              | 234 | BLOG      | SŁUPSK     | POL  | K 35       | 7      | K 9  | 00:05:37 | 00:11:19 | 00:17:28 | 00:23:32.76 | 4:42   | 12.7 |
| 62   | SZER. DUL ARKADIUSZ                | 33  | DAS       | SŁUPSK     | POL  | M 36-45    | 10     | M 53 | 00:06:09 | 00:12:38 | 00:18:25 | 00:23:37.90 | 4:43   | 12.7 |
| 63   | MŁ.CHOR. RYDZEWSKI PIOTR           | 264 | BDOW      | SŁUPSK     | POL  | M 36-45    | 11     | M 54 | 00:05:55 | 00:11:32 | 00:17:33 | 00:23:39.12 | 4:43   | 12.7 |
| 64   | SZER. DZSW BRODZIK KRZYSZTOF       | 310 | DAS       | SŁUPSK     | POL  | M 35       | 40     | M 55 | 00:06:44 | 00:14:25 | 00:18:48 | 00:23:39.38 | 4:43   | 12.7 |
| 65   | KPR. POTASIŃSKI ROMAN              | 10  | DAS       | SŁUPSK     | POL  | M 36-45    | 12     | M 56 | 00:06:04 | 00:11:50 | 00:17:45 | 00:23:41.45 | 4:44   | 12.7 |
| 66   | KPR. KOSTRZEWA KAROL               | 229 | BLOG      | SŁUPSK     | POL  | M 35       | 41     | M 57 | 00:05:52 | 00:11:38 | 00:17:39 | 00:23:44.80 | 4:44   | 12.6 |
| 67   | KPR. KISIELEWSKI WITOLD            | 89  | 2 BZ      | SŁUPSK     | POL  | M 35       | 42     | M 58 | 00:05:51 | 00:11:53 | 00:17:56 | 00:23:45.06 | 4:45   | 12.6 |
| 68   | SZER. KOSTRZEWSKI MARCIN           | 124 | 2 BZ      | SŁUPSK     | POL  | M 35       | 43     | M 59 | 00:06:24 | 00:12:10 | 00:18:03 | 00:23:46.20 | 4:45   | 12.6 |
| 69   | ST. KPR. MATUSZEWSKI RAFAŁ         | 374 | DPLOT     | SŁUPSK     | POL  | DRUŻYNÓWKA | 7      | M 60 | 00:06:17 | 00:12:09 | 00:18:04 | 00:23:46.38 | 4:45   | 12.6 |
| 70   | ST.SZER. MOLIS DAWID               | 98  | 2 BZ      | SŁUPSK     | POL  | M 35       | 44     | M 61 | 00:06:33 | 00:12:18 | 00:18:19 | 00:23:50.62 | 4:46   | 12.6 |
| 71   | POR. MAJCHRZAK ŁUKASZ              | 220 | WOT/7PBOW | SŁUPSK     | POL  | M 35       | 45     | M 62 | 00:05:49 | 00:11:46 | 00:17:37 | 00:23:51.39 | 4:46   | 12.6 |
| 72   | PLUT. KOSTECKI MARIUSZ             | 7   | SZTAB     |            |      | M 36-45    | 13     | M 63 | 00:05:18 | 00:11:10 | 00:17:24 | 00:23:54.77 | 4:46   | 12.6 |
| 73   | SZER. KOZUB SŁAWOMIR               | 27  | DAS       | SŁUPSK     | POL  | M 36-45    | 14     | M 64 | 00:06:24 | 00:12:10 | 00:19:00 | 00:23:55.12 | 4:47   | 12.5 |
| 74   | SZER. ŚLEDŹ KACPER                 | 191 | DPLOT     | SŁUPSK     | POL  | M 35       | 46     | M 65 | 00:06:18 | 00:12:19 | 00:18:14 | 00:23:56.14 | 4:47   | 12.5 |
| 75   | SZER. BIŃCZYK KAMIL                | 385 | DPLOT     | SŁUPSK     | POL  | M 35       | 47     | M 66 | 00:06:17 | 00:12:08 | 00:17:48 | 00:23:56.67 | 4:47   | 12.5 |
| 76   | SZER. ADAMCZYK JULIAN              | 235 | BLOG      | SŁUPSK     | POL  | M 35       | 48     | M 67 | 00:06:00 | 00:12:18 | 00:18:22 | 00:23:57.09 | 4:47   | 12.5 |
| 77   | ST.SZER. KANIEWSKI KRYSZTOF        | 97  | 2 BZ      | SŁUPSK     | POL  | M 35       | 49     | M 68 | 00:06:33 | 00:12:56 | 00:18:19 | 00:23:57.67 | 4:47   | 12.5 |
| 78   | SZER. DZSW KONDRACIUK JAKUB        | 253 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 50     | M 69 | 00:06:04 | 00:11:59 | 00:18:11 | 00:23:58.96 | 4:47   | 12.5 |
| 79   | ST.SZER. MATUSZEWSKI MATEUSZ       | 233 | BLOG      | SŁUPSK     | POL  | M 35       | 51     | M 70 | 00:06:16 | 00:12:17 | 00:18:22 | 00:24:00.41 | 4:48   | 12.5 |
| 80   | ST.KPR. KURUSIEWICZ PATRYK         | 77  | 2 BZ      | SŁUPSK     | POL  | M 35       | 52     | M 71 | 00:06:42 | 00:12:35 | 00:18:22 | 00:24:01.45 | 4:48   | 12.5 |
| 81   | ST.SZER. PAWLAK MARCIN             | 206 | DPLOT     | SŁUPSK     | POL  | M 36-45    | 15     | M 72 | 00:05:51 | 00:11:42 | 00:17:53 | 00:24:01.65 | 4:48   | 12.5 |
| 82   | ST. SZER. PIETRAŚ KRZYSZTOF        | 375 | BDOW      | SŁUPSK     | POL  | M 35       | 53     | M 73 | 00:06:22 | 00:12:42 | 00:18:59 | 00:24:02.00 | 4:48   | 12.5 |
| 83   | SZER. DZIECINNY JAKUB              | 196 | DPLOT     | SŁUPSK     | POL  | M 35       | 54     | M 74 | 00:06:43 | 00:12:46 | 00:18:41 | 00:24:03.00 | 4:48   | 12.5 |
| 84   | KPR. ZAKRZEWSKI RAFAŁ              | 96  | 2 BZ      | SŁUPSK     | POL  | M 36-45    | 16     | M 75 | 00:05:57 | 00:12:00 | 00:18:01 | 00:24:04.53 | 4:48   | 12.5 |
| 85   | POR. WOJLANIS DARIUSZ              | 99  | SZTAB     | SŁUPSK     | POL  | M 35       | 55     | M 76 | 00:05:59 | 00:11:55 | 00:18:00 | 00:24:04.89 | 4:48   | 12.5 |
| 86   | SZER. DZSW GOŁĄB PATRYK            | 138 | 2 BZ      | SŁUPSK     | POL  | M 35       | 56     | M 77 | 00:05:56 | 00:11:53 | 00:18:10 | 00:24:06.51 | 4:49   | 12.4 |
| 87   | SZER. TOROWICZ ADAM                | 127 | 2 BZ      | SŁUPSK     | POL  | M 36-45    | 17     | M 78 | 00:05:57 | 00:11:50 | 00:18:11 | 00:24:07.44 | 4:49   | 12.4 |
| 88   | SZER. DZSW MROCZKOWSKI BARTOSZ     | 248 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 57     | M 79 | 00:05:53 | 00:11:48 | 00:18:16 | 00:24:11.73 | 4:50   | 12.4 |
| 89   | SZER. WAWRZYŃSKI KRZYSZTOF         | 194 | DPLOT     | SŁUPSK     | POL  | M 35       | 58     | M 80 | 00:06:19 | 00:12:04 | 00:18:41 | 00:24:13.80 | 4:50   | 12.4 |
| 90   | SZER. SIERŻ. CUDZIŁO PAWEŁ         | 287 | BDOW      | SŁUPSK     | POL  | M 36-45    | 18     | M 81 | 00:06:12 | 00:12:20 | 00:18:29 | 00:24:18.68 | 4:51   | 12.3 |
| 91   | ST.SZER. SIERŻ. CUDZIŁO PIOTR      | 227 | BLOG      | SŁUPSK     | POL  | M 36-45    | 19     | M 82 | 00:06:13 | 00:12:17 | 00:18:32 | 00:24:26.10 | 4:53   | 12.3 |
| 92   | SZER. DZSW PILCH JULIAN            | 257 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 59     | M 83 | 00:06:15 | 00:12:31 | 00:18:51 | 00:24:27.56 | 4:53   | 12.3 |
| 93   | ST.SZER. SIERŻ. DUDKA PIOTR        | 226 | BLOG      | SŁUPSK     | POL  | M 36-45    | 20     | M 84 | 00:05:22 | 00:11:29 | 00:18:05 | 00:24:30.00 | 4:54   | 12.2 |
| 94   | SZER. SZMYTKIEWICZ RAFAŁ           | 238 | BLOG      | SŁUPSK     | POL  | DRUŻYNÓWKA | 8      | M 85 | 00:05:54 | 00:11:51 | 00:18:13 | 00:24:31.51 | 4:54   | 12.2 |
| 95   | SZER. SZYMURA KACPER               | 205 | DPLOT     | SŁUPSK     | POL  | M 35       | 60     | M 86 | 00:05:58 | 00:11:57 | 00:18:24 | 00:24:32.15 | 4:54   | 12.2 |
| 96   | SZER. SZOPIŃSKI KACPER             | 362 | BDOW      | SŁUPSK     | POL  | M 35       | 61     | M 87 | 00:05:25 | 00:11:49 | 00:18:11 | 00:24:33.27 | 4:54   | 12.2 |
| 97   | SZER. PIECZYŃSKI PIOTR             | 189 | DPLOT     | SŁUPSK     | POL  | M 35       | 62     | M 88 | 00:05:54 | 00:12:03 | 00:18:33 | 00:24:33.32 | 4:54   | 12.2 |
| 98   | PPOR. SZEFER MARCIN                | 107 | BLOG      | SŁUPSK     | POL  | DRUŻYNÓWKA | 9      | M 89 | 00:05:51 | 00:12:03 | 00:18:18 | 00:24:34.13 | 4:54   | 12.2 |
| 99   | SZER. DZSW SZCZECIŃSKI ARKADIUSZ   | 382 | DPLOT     | SŁUPSK     | POL  | M 36-45    | 21     | M 90 | 00:06:31 | 00:12:38 | 00:18:42 | 00:24:35.46 | 4:55   | 12.2 |
| 100  | PPOR. BIELAK ADRIAN                | 259 | BDOW      | SŁUPSK     | POL  | M 36-45    | 22     | M 91 | 00:06:26 | 00:12:36 | 00:18:44 | 00:24:35.67 | 4:55   | 12.2 |
| 101  | SZER. BEDNAREK JAKUB               | 110 | 2 BZ      | SŁUPSK     | POL  | M 35       | 63     | M 92 | 00:06:48 | 00:12:57 | 00:17:23 | 00:24:41.56 | 4:56   | 12.2 |
| 102  | PPOR. KOSICKI ŁUKASZ               | 285 | BDOW      | SŁUPSK     | POL  | M 36-45    | 23     | M 93 | 00:06:21 | 00:12:37 | 00:18:45 | 00:24:41.72 | 4:56   | 12.2 |
| 103  | SZER. DZSW KOLANOWSKI JACEK        | 211 | K.SZKOL.  | SŁUPSK     | POL  | M 36-45    | 24     | M 94 | 00:06:08 | 00:12:24 | 00:18:44 | 00:24:47.06 | 4:57   | 12.1 |

**MISTRZOSTWA 7 BOW - 5KM, OPEN c.d.**

| M-ce | Nazwisko i imię                   | Nr  | Klub     | M-scowość | Kraj | Kat.       | M. kat | K/M   | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|-----------------------------------|-----|----------|-----------|------|------------|--------|-------|----------|----------|----------|-------------|--------|------|
| 104  | ST. KPR. PETRYSZYN MARCIN         | 346 | DAS      | SŁUPSK    | POL  | M 36-45    | 25     | M 95  | 00:06:36 | 00:12:56 | 00:19:03 | 00:24:49.49 | 4:57   | 12.1 |
| 105  | SZER. FILIPEK KACPER              | 104 | 2 BZ     | SŁUPSK    | POL  | M 35       | 64     | M 96  | 00:06:10 | 00:12:23 | 00:18:46 | 00:24:51.78 | 4:58   | 12.1 |
| 106  | ST.SZER. MAŁEK PAWEŁ              | 269 | BDOW     | SŁUPSK    | POL  | M 35       | 65     | M 97  | 00:05:56 | 00:12:06 | 00:18:38 | 00:24:52.95 | 4:58   | 12.1 |
| 107  | SIERŻ. IGLEWSKI MAREK             | 83  | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 26     | M 98  | 00:06:57 | 00:12:38 | 00:17:12 | 00:24:54.24 | 4:58   | 12   |
| 108  | SZER. SUPERSON TOMASZ             | 73  | 2 BZ     | SŁUPSK    | POL  | M 35       | 66     | M 99  | 00:06:54 | 00:13:22 | 00:19:26 | 00:24:54.83 | 4:58   | 12   |
| 109  | ST.SZER. ZABŁOCKI ARTUR           | 232 | BLOG     | SŁUPSK    | POL  | M 36-45    | 27     | M 100 | 00:06:29 | 00:12:42 | 00:18:50 | 00:24:55.63 | 4:59   | 12   |
| 110  | SZER. DZSW RUSIECKI JAKUB         | 252 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 67     | M 101 | 00:05:39 | 00:12:02 | 00:18:41 | 00:24:59.67 | 4:59   | 12   |
| 111  | KPR. PANEK IRENEUSZ               | 46  | DAS      | SŁUPSK    | POL  | M 36-45    | 28     | M 102 | 00:05:53 | 00:12:01 | 00:18:38 | 00:25:00.72 | 5:00   | 12   |
| 112  | PPOR. POLAK RADOSŁAW              | 179 | DPLOT    | SŁUPSK    | POL  | M 36-45    | 29     | M 103 | 00:06:05 | 00:12:25 | 00:17:36 | 00:25:01.26 | 5:00   | 12   |
| 113  | KPR. BANDOSZ RADOSŁAW             | 163 | 1BZ      | ŁĘBORK    | POL  | M 35       | 68     | M 104 | 00:06:15 | 00:12:13 | 00:17:26 | 00:25:06.44 | 5:01   | 12   |
| 114  | SZER. DZSW. DZIKOWICZ DAWID       | 117 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 69     | M 105 | 00:06:29 | 00:12:50 | 00:18:58 | 00:25:06.55 | 5:01   | 12   |
| 115  | SZER. GOŁĄB MICHAŁ                | 192 | DPLOT    | SŁUPSK    | POL  | M 36-45    | 30     | M 106 | 00:06:04 | 00:12:49 | 00:19:19 | 00:25:07.88 | 5:01   | 11.9 |
| 116  | SZER. DZSW DROST MICHAŁ           | 144 | 2 BZ     | SŁUPSK    | POL  | M 35       | 70     | M 107 | 00:06:21 | 00:12:53 | 00:19:09 | 00:25:08.67 | 5:01   | 11.9 |
| 117  | SZER. DZSW GOŁOŚ PRZEMYSŁAW       | 355 | BDOW     | SŁUPSK    | POL  | M 35       | 71     | M 108 | 00:07:32 | 00:14:08 | 00:20:07 | 00:25:12.02 | 5:02   | 11.9 |
| 118  | SZER. DZSW. KOZIEŁ MICHAŁ         | 195 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 72     | M 109 | 00:06:29 | 00:12:50 | 00:18:57 | 00:25:12.70 | 5:02   | 11.9 |
| 119  | SZER. DAWIDOWICZ ADAM             | 54  | DAS      | SŁUPSK    | POL  | M 35       | 73     | M 110 | 00:06:03 | 00:12:30 | 00:19:01 | 00:25:18.03 | 5:03   | 11.9 |
| 120  | PPLK KWIATKOWSKI STANISŁAW        | 8   | DAS      | SŁUPSK    | POL  | M 36-45    | 31     | M 111 | 00:06:13 | 00:12:21 | 00:18:51 | 00:25:18.59 | 5:03   | 11.9 |
| 121  | SZER. DZSW FIENKO KRZYSZTOF       | 207 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 74     | M 112 | 00:05:48 | 00:12:23 | 00:18:47 | 00:25:20.04 | 5:04   | 11.8 |
| 122  | SZER. DZSW CHWARZYŃSKI JAKUB      | 370 | DAS      | SŁUPSK    | POL  | M 35       | 75     | M 113 | 00:06:56 | 00:14:05 | 00:19:29 | 00:25:21.96 | 5:04   | 11.8 |
| 123  | SZER. MICHORZEWSKI MATEUSZ        | 367 | DAS      | SŁUPSK    | POL  | M 35       | 76     | M 114 | 00:06:00 | 00:12:12 | 00:18:41 | 00:25:24.65 | 5:04   | 11.8 |
| 124  | SZER. PAWELEC ŁUKASZ              | 55  | DAS      | SŁUPSK    | POL  | M 35       | 77     | M 115 | 00:05:51 | 00:12:01 | 00:18:44 | 00:25:26.80 | 5:05   | 11.8 |
| 125  | SZER. KĘSIK AGNIESZKA             | 45  | DAS      | SŁUPSK    | POL  | DRUŻYNÓWKA | 10     | K 10  | 00:05:57 | 00:12:16 | 00:18:59 | 00:25:27.81 | 5:05   | 11.8 |
| 126  | SZER. DZSW KROPIDŁOWSKI KRYSZTIAN | 193 | DPLOT    | SŁUPSK    | POL  | M 35       | 78     | M 116 | 00:05:59 | 00:12:23 | 00:18:12 | 00:25:33.29 | 5:06   | 11.7 |
| 127  | SZER. DZSW CHMIEL MATEUSZ         | 149 | 2 BZ     | SŁUPSK    | POL  | M 35       | 79     | M 117 | 00:06:17 | 00:13:01 | 00:19:14 | 00:25:33.76 | 5:06   | 11.7 |
| 128  | CHOR. ANIOŁ SEBASTIAN             | 344 | SZTAB    | SŁUPSK    | POL  | DRUŻYNÓWKA | 11     | M 118 | 00:05:38 | 00:12:02 | 00:18:35 | 00:25:37.00 | 5:07   | 11.7 |
| 129  | SZER. DZSW POLOCZEK KAROLINA      | 383 | DPLOT    | SŁUPSK    | POL  | K 35       | 8      | K 11  | 00:07:33 | 00:15:51 | 00:20:27 | 00:25:38.21 | 5:07   | 11.7 |
| 130  | CHOR. PRZYBYLSKI RAFAŁ            | 363 | BLOG     | SŁUPSK    | POL  | DRUŻYNÓWKA | 12     | M 119 | 00:06:03 | 00:12:23 | 00:19:02 | 00:25:42.58 | 5:08   | 11.7 |
| 131  | SZER. STRZAŁBA KRZYSZTOF          | 62  | DAS      | SŁUPSK    | POL  | M 35       | 80     | M 120 | 00:06:00 | 00:12:20 | 00:19:14 | 00:25:44.03 | 5:08   | 11.7 |
| 132  | SZER. PANEK PAWEŁ                 | 187 | DPLOT    | SŁUPSK    | POL  | M 35       | 81     | M 121 | 00:05:58 | 00:12:29 | 00:19:20 | 00:25:48.93 | 5:09   | 11.6 |
| 133  | SZER. LETKOMILLER MARIUSZ         | 181 | DPLOT    | SŁUPSK    | POL  | M 35       | 82     | M 122 | 00:05:36 | 00:12:04 | 00:19:09 | 00:25:51.28 | 5:10   | 11.6 |
| 134  | KPR. WARZEWSKI NIKODEM            | 18  | DAS      | SŁUPSK    | POL  | M 35       | 83     | M 123 | 00:06:46 | 00:13:07 | 00:19:30 | 00:25:52.60 | 5:10   | 11.6 |
| 135  | SZER. SUCHTA MICHAŁ               | 103 | BDOW     | SŁUPSK    | POL  | M 35       | 84     | M 124 | 00:06:40 | 00:12:59 | 00:19:27 | 00:25:54.08 | 5:10   | 11.6 |
| 136  | ST.SZER. KACPERSKI MAREK          | 203 | DPLOT    | SŁUPSK    | POL  | M 36-45    | 32     | M 125 | 00:05:53 | 00:12:23 | 00:19:18 | 00:25:55.36 | 5:11   | 11.6 |
| 137  | KPT. KOŁODZIEJCZYK LUCYNA         | 69  | SZTAB    | SŁUPSK    | POL  | K 35       | 9      | K 12  | 00:06:02 | 00:13:18 | 00:19:46 | 00:25:56.13 | 5:11   | 11.6 |
| 138  | KPR. KAMIŃSKI KRZYSZTOF           | 95  | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 33     | M 126 | 00:06:51 | 00:13:20 | 00:19:53 | 00:25:59.05 | 5:11   | 11.5 |
| 139  | SZER. KOŚLA DAWID                 | 173 | KSAP.    | SŁUPSK    | POL  | M 35       | 85     | M 127 | 00:06:31 | 00:12:23 | 00:19:13 | 00:26:04.40 | 5:12   | 11.5 |
| 140  | SZER. TRĄBKA KRYSZTIAN            | 172 | KSAP.    | SŁUPSK    | POL  | M 35       | 86     | M 128 | 00:06:28 | 00:12:54 | 00:20:06 | 00:26:05.96 | 5:13   | 11.5 |
| 141  | POR.WYSOCKI MATEUSZ               | 9   | 2 BZ     | SŁUPSK    | POL  | M 35       | 87     | M 129 | 00:06:28 | 00:12:26 | 00:19:15 | 00:26:09.70 | 5:13   | 11.5 |
| 142  | ST.KPR. KLESZCZ MICHAŁ            | 123 | 2 BZ     | SŁUPSK    | POL  | M 35       | 88     | M 130 | 00:06:14 | 00:12:28 | 00:19:07 | 00:26:10.03 | 5:14   | 11.5 |
| 143  | ST.CHOR.SZT. BORYS KRZYSZTOF      | 14  | DAS      | SŁUPSK    | POL  | M 36-45    | 34     | M 131 | 00:06:42 | 00:13:12 | 00:19:47 | 00:26:16.21 | 5:15   | 11.4 |
| 144  | ST.CHOR.SZT. NOWACKI ZBIGNIEW     | 225 | BLOG     | SŁUPSK    | POL  | DRUŻYNÓWKA | 13     | M 132 | 00:06:07 | 00:12:49 | 00:19:20 | 00:26:17.00 | 5:15   | 11.4 |
| 145  | SZER. ŚWIATEK MATEUSZ             | 118 | 2 BZ     | SŁUPSK    | POL  | M 35       | 89     | M 133 | 00:06:28 | 00:12:46 | 00:19:39 | 00:26:19.67 | 5:15   | 11.4 |
| 146  | SZER. POTRYKUS DAWID              | 204 | DPLOT    | SŁUPSK    | POL  | M 35       | 90     | M 134 | 00:06:37 | 00:13:18 | 00:19:59 | 00:26:20.32 | 5:16   | 11.4 |
| 147  | SZER. ŁACHMANOWICZ ŁUKASZ         | 169 | KSAP.    | SŁUPSK    | POL  | M 35       | 91     | M 135 | 00:06:04 | 00:12:34 | 00:19:14 | 00:26:20.91 | 5:16   | 11.4 |
| 148  | SZER. DZSW KOLANKO PATRYK         | 140 | 2 BZ     | SŁUPSK    | POL  | M 35       | 92     | M 136 | 00:06:01 | 00:12:56 | 00:20:00 | 00:26:21.70 | 5:16   | 11.4 |
| 149  | SZER.DZSW GRZYWIŃSKI BARTOSZ      | 188 | DPLOT    | SŁUPSK    | POL  | M 35       | 93     | M 137 | 00:06:00 | 00:12:24 | 00:19:24 | 00:26:22.21 | 5:16   | 11.4 |
| 150  | SZER. DZSW KOWALSKI KACPER        | 213 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 94     | M 138 | 00:06:18 | 00:12:49 | 00:19:20 | 00:26:24.63 | 5:16   | 11.4 |
| 151  | PLUT. ZEMRYS JANUSZ               | 326 | BDOW     | SŁUPSK    | POL  | M 36-45    | 35     | M 139 | 00:06:26 | 00:13:17 | 00:20:06 | 00:26:24.64 | 5:16   | 11.4 |
| 152  | KPR. JANIK RADOSŁAW               | 177 | 2 BZ     | SŁUPSK    | POL  | M 35       | 95     | M 140 | 00:06:51 | 00:13:11 | 00:19:11 | 00:26:24.69 | 5:16   | 11.4 |
| 153  | SZER. FURMANIAK KACPER            | 137 | BLOG     | SŁUPSK    | POL  | M 35       | 96     | M 141 | 00:06:16 | 00:12:17 | 00:18:37 | 00:26:25.99 | 5:17   | 11.4 |
| 154  | KPR. STANČZYK ARKADIUSZ           | 94  | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 36     | M 142 | 00:06:38 | 00:13:07 | 00:19:55 | 00:26:36.66 | 5:19   | 11.3 |
| 155  | KPR. CZERNIEJEWSKI PAWEŁ          | 185 | DPLOT    | SŁUPSK    | POL  | M 35       | 97     | M 143 | 00:06:59 | 00:13:30 | 00:20:08 | 00:26:38.82 | 5:19   | 11.3 |
| 156  | SZER. DZSW KOGUT PRZEMYSŁAW       | 142 | 2 BZ     | SŁUPSK    | POL  | M 35       | 98     | M 144 | 00:06:19 | 00:13:30 | 00:20:27 | 00:26:40.05 | 5:20   | 11.3 |
| 157  | SZER. PACUCHA PAULINA             | 266 | BDOW     | SŁUPSK    | POL  | K 35       | 10     | K 13  | 00:06:16 | 00:13:19 | 00:19:38 | 00:26:47.38 | 5:21   | 11.2 |
| 158  | SZER. PIETKUN KLAUDIA             | 70  | 2 BZ     | SŁUPSK    | POL  | M 35       | 99     | M 145 | 00:06:51 | 00:13:20 | 00:20:07 | 00:26:55.46 | 5:23   | 11.1 |
| 159  | SZER. DZSW KOZACZUK JAKUB         | 359 | BDOW     | SŁUPSK    | POL  | M 35       | 100    | M 146 | 00:07:23 | 00:14:00 | 00:20:28 | 00:26:55.48 | 5:23   | 11.1 |
| 160  | SZER. KOZACZUK KACPER             | 342 | BDOW     | SŁUPSK    | POL  | M 35       | 101    | M 147 | 00:06:56 | 00:14:01 | 00:20:28 | 00:26:55.86 | 5:23   | 11.1 |

**MISTRZOSTWA 7 BOW - 5KM, OPEN c.d.**

| M-ce | Nazwisko i imię                 | Nr  | Klub     | M-scowość | Kraj | Kat.       | M. kat | K/M   | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|---------------------------------|-----|----------|-----------|------|------------|--------|-------|----------|----------|----------|-------------|--------|------|
| 161  | KPR. URBANIAK ŁUKASZ            | 92  | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 37     | M 148 | 00:07:08 | 00:13:53 | 00:20:36 | 00:26:56.45 | 5:23   | 11.1 |
| 162  | KPR. BORKOWICZ MARCIN           | 93  | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 38     | M 149 | 00:07:05 | 00:13:55 | 00:20:50 | 00:27:08.09 | 5:25   | 11.1 |
| 163  | SZER. DZSW WYRWAŁ MARTA         | 219 | K.SZKOL. | SŁUPSK    | POL  | K 35       | 11     | K 14  | 00:07:06 | 00:13:56 | 00:20:36 | 00:27:12.16 | 5:26   | 11   |
| 164  | SZER. ROSZKOWSKA MONIKA         | 318 | 1BZ      | SŁUPSK    | POL  | DRUŻYNÓWKA | 14     | K 15  | 00:06:19 | 00:12:53 | 00:20:04 | 00:27:12.46 | 5:26   | 11   |
| 165  | KPR. DĘBICKI SEBASTIAN          | 270 | BLOG     | SŁUPSK    | POL  | M 36-45    | 39     | M 150 | 00:06:54 | 00:13:37 | 00:20:29 | 00:27:12.68 | 5:26   | 11   |
| 166  | SZER. RADOSZEWSKI FABIAN        | 340 | BDOW     | SŁUPSK    | POL  | M 35       | 102    | M 151 | 00:05:18 | 00:13:17 | 00:20:17 | 00:27:13.65 | 5:26   | 11   |
| 167  | SZER. DZSW BŁOCH DANIEL         | 246 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 103    | M 152 | 00:05:58 | 00:12:44 | 00:19:58 | 00:27:15.54 | 5:27   | 11   |
| 168  | SZER. DZSW GARBARZ KRZYSZTOF    | 354 | BDOW     | SŁUPSK    | POL  | M 35       | 104    | M 153 | 00:06:05 | 00:13:34 | 00:20:05 | 00:27:15.96 | 5:27   | 11   |
| 169  | ST.KPR. SAMSONOWICZ PATRYK      | 84  | 2 BZ     | SŁUPSK    | POL  | M 35       | 105    | M 154 | 00:06:41 | 00:13:25 | 00:20:15 | 00:27:16.67 | 5:27   | 11   |
| 170  | SZER. MŁOCZYŃSKI KRYSZTIAN      | 323 | BLOG     | SŁUPSK    | POL  | M 35       | 106    | M 155 | 00:07:16 | 00:14:38 | 00:22:13 | 00:27:20.97 | 5:28   | 11   |
| 171  | SZER. DZSW MUSIAŁ PIOTR         | 256 | K.SZKOL. | SŁUPSK    | POL  | M 36-45    | 40     | M 156 | 00:07:18 | 00:14:07 | 00:20:55 | 00:27:22.08 | 5:28   | 11   |
| 172  | SZER. PIETRASZ RAFAŁ            | 125 | 2 BZ     | SŁUPSK    | POL  | M 35       | 107    | M 157 | 00:06:52 | 00:13:41 | 00:20:43 | 00:27:22.54 | 5:28   | 11   |
| 173  | ST.SZER. KARCESKI ŁUKASZ        | 200 | DPL0T    | SŁUPSK    | POL  | M 35       | 108    | M 158 | 00:06:38 | 00:13:31 | 00:20:26 | 00:27:25.05 | 5:29   | 10.9 |
| 174  | ST.SZER. ŁAGA MATEUSZ           | 35  | DAS      | SŁUPSK    | POL  | M 35       | 109    | M 159 | 00:07:31 | 00:14:29 | 00:21:27 | 00:27:27.52 | 5:29   | 10.9 |
| 175  | SZER. HERNIK KAMIL              | 42  | DAS      | SŁUPSK    | POL  | M 35       | 110    | M 160 | 00:07:14 | 00:14:29 | 00:20:08 | 00:27:29.40 | 5:29   | 10.9 |
| 176  | SZER. DZSW ŁODYGOWSKI ŁUKASZ    | 347 | BLOG     | SŁUPSK    | POL  | M 35       | 111    | M 161 | 00:07:17 | 00:14:11 | 00:21:09 | 00:27:31.98 | 5:30   | 10.9 |
| 177  | SZER. DZSW KUZIMIŃSKA ANETA     | 152 | 2 BZ     | SŁUPSK    | POL  | DRUŻYNÓWKA | 15     | K 16  | 00:07:12 | 00:14:07 | 00:21:15 | 00:27:33.11 | 5:30   | 10.9 |
| 178  | SZER. DZSW ZARAS KRYSZTIAN      | 366 | DAS      | SŁUPSK    | POL  | M 35       | 112    | M 162 | 00:06:51 | 00:13:39 | 00:20:35 | 00:27:35.80 | 5:31   | 10.9 |
| 179  | SZER. DZSW WINIARSKI BARTŁOMIEJ | 380 | DPL0T    | SŁUPSK    | POL  | M 35       | 113    | M 163 | 00:06:33 | 00:13:08 | 00:20:22 | 00:27:36.30 | 5:31   | 10.9 |
| 180  | KPR. STECIUK PAWEŁ              | 294 | BLOG     | SŁUPSK    | POL  | M 35       | 114    | M 164 | 00:06:54 | 00:13:32 | 00:20:41 | 00:27:36.61 | 5:31   | 10.9 |
| 181  | SZER. DZSW ROSA PAWEŁ           | 136 | 2 BZ     | SŁUPSK    | POL  | M 35       | 115    | M 165 | 00:07:07 | 00:14:04 | 00:20:54 | 00:27:37.75 | 5:31   | 10.9 |
| 182  | SZER. PAŁUCH BARTOSZ            | 132 | 2 BZ     | SŁUPSK    | POL  | M 35       | 116    | M 166 | 00:07:10 | 00:13:52 | 00:20:35 | 00:27:37.82 | 5:31   | 10.9 |
| 183  | KPR. WINIARCZYK MATEUSZ         | 296 | BDOW     | SŁUPSK    | POL  | M 35       | 117    | M 167 | 00:06:50 | 00:14:08 | 00:21:43 | 00:27:41.91 | 5:32   | 10.8 |
| 184  | SIERZ. ROSTEK TOMASZ            | 78  | SZTAB    | SŁUPSK    | POL  | M 36-45    | 41     | M 168 | 00:06:34 | 00:13:06 | 00:20:27 | 00:27:42.15 | 5:32   | 10.8 |
| 185  | SZER. DZSW PATOCKI ADRIAN       | 368 | DAS      | SŁUPSK    | POL  | M 35       | 118    | M 169 | 00:06:51 | 00:13:39 | 00:20:47 | 00:27:43.60 | 5:32   | 10.8 |
| 186  | SZER. WRÓŃSKI PAWEŁ             | 338 | BDOW     | SŁUPSK    | POL  | M 36-45    | 42     | M 170 | 00:06:59 | 00:13:56 | 00:20:54 | 00:27:48.14 | 5:33   | 10.8 |
| 187  | ST.SZER. BIAŁOWAŚ DANIEL        | 231 | BLOG     | SŁUPSK    | POL  | M 35       | 119    | M 171 | 00:06:59 | 00:13:44 | 00:20:41 | 00:27:52.47 | 5:34   | 10.8 |
| 188  | SZER. DZSW ROSOŁOWSKI MATEUSZ   | 209 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 120    | M 172 | 00:06:33 | 00:13:27 | 00:20:50 | 00:27:57.32 | 5:35   | 10.7 |
| 189  | SZER. DZSW PIETRZAK MICHAŁ      | 249 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 121    | M 173 | 00:06:39 | 00:13:31 | 00:20:37 | 00:27:57.58 | 5:35   | 10.7 |
| 190  | PPŁK RACZYŃSKI PIOTR            | 2   | BDOW     | SŁUPSK    | POL  | DRUŻYNÓWKA | 16     | M 174 | 00:07:11 | 00:14:12 | 00:21:08 | 00:28:00.29 | 5:36   | 10.7 |
| 191  | SZER. SKRZYŃSKI OSKAR           | 369 | BDOW     | SŁUPSK    | POL  | M 35       | 122    | M 175 | 00:06:59 | 00:13:35 | 00:21:26 | 00:28:00.72 | 5:36   | 10.7 |
| 192  | SZER. MIERNIK ALEKSANDRA        | 66  | DAS      | SŁUPSK    | POL  | M 35       | 123    | M 176 | 00:06:46 | 00:13:55 | 00:21:16 | 00:28:07.98 | 5:37   | 10.7 |
| 193  | KPR. ZAKRZEWSKI DAMIAN          | 279 | BDOW     | SŁUPSK    | POL  | M 36-45    | 43     | M 177 | 00:07:27 | 00:14:21 | 00:21:42 | 00:28:11.46 | 5:38   | 10.6 |
| 194  | SZER. PRUSS ADRIAN              | 198 | DPL0T    | SŁUPSK    | POL  | M 35       | 124    | M 178 | 00:06:43 | 00:13:43 | 00:21:36 | 00:28:16.18 | 5:39   | 10.6 |
| 195  | SZER. DZSW DUDEK ALEKSANDRA     | 218 | K.SZKOL. | SŁUPSK    | POL  | K 35       | 12     | K 17  | 00:06:14 | 00:13:32 | 00:21:13 | 00:28:16.20 | 5:39   | 10.6 |
| 196  | ST.SZER. SZWARK MATEUSZ         | 202 | DPL0T    | SŁUPSK    | POL  | M 36-45    | 44     | M 179 | 00:06:28 | 00:13:44 | 00:21:21 | 00:28:16.80 | 5:39   | 10.6 |
| 197  | POR. KOZEKO KAMIL               | 6   | BDOW     | SŁUPSK    | POL  | M 36-45    | 45     | M 180 | 00:07:22 | 00:14:33 | 00:21:26 | 00:28:16.91 | 5:39   | 10.6 |
| 198  | KPR. DUDKIEWICZ MARIA           | 260 | BDOW     | SŁUPSK    | POL  | DRUŻYNÓWKA | 17     | K 18  | 00:06:59 | 00:14:03 | 00:21:15 | 00:28:21.48 | 5:40   | 10.6 |
| 199  | SZER. DZSW NIEDBALSKI ADRIAN    | 353 | BDOW     | SŁUPSK    | POL  | M 35       | 125    | M 181 | 00:07:31 | 00:14:32 | 00:21:22 | 00:28:21.98 | 5:40   | 10.6 |
| 200  | SZER. DZSW BRZEŃSKI ZBIGNIEW    | 147 | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 46     | M 182 | 00:06:28 | 00:13:38 | 00:21:09 | 00:28:23.41 | 5:40   | 10.6 |
| 201  | KPR. KĘPIŃSKI DAWID             | 300 | BDOW     | SŁUPSK    | POL  | M 36-45    | 47     | M 183 | 00:06:39 | 00:14:08 | 00:21:43 | 00:28:24.17 | 5:40   | 10.6 |
| 202  | SZER. JARCZYŃSKI KRZYSZTOF      | 197 | DPL0T    | SŁUPSK    | POL  | DRUŻYNÓWKA | 18     | M 184 | 00:06:35 | 00:13:54 | 00:21:07 | 00:28:27.72 | 5:41   | 10.5 |
| 203  | SZER. PAWLIK KRZYSZTOF          | 19  | DAS      | SŁUPSK    | POL  | M 35       | 126    | M 185 | 00:07:32 | 00:14:29 | 00:21:30 | 00:28:30.53 | 5:42   | 10.5 |
| 204  | SIERŻ. KOLAŃSKI JÓZEF           | 15  | DAS      | SŁUPSK    | POL  | M 35       | 127    | M 186 | 00:06:46 | 00:13:43 | 00:21:16 | 00:28:34.61 | 5:42   | 10.5 |
| 205  | SZER. ŚWIDERSKI ŁUKASZ          | 119 | 2 BZ     | SŁUPSK    | POL  | M 35       | 128    | M 187 | 00:07:33 | 00:14:53 | 00:22:03 | 00:28:41.45 | 5:44   | 10.5 |
| 206  | SZER. ŻURAWSKI MATEUSZ          | 280 | BDOW     | SŁUPSK    | POL  | M 35       | 129    | M 188 | 00:05:51 | 00:13:26 | 00:22:39 | 00:28:42.07 | 5:44   | 10.5 |
| 207  | SZER. DZSW HONCZARUK KACPER     | 158 | 2 BZ     | SŁUPSK    | POL  | M 35       | 130    | M 189 | 00:06:07 | 00:13:44 | 00:20:26 | 00:28:44.38 | 5:44   | 10.4 |
| 208  | SZER. MONCZAK SZYMON            | 174 | KSAP.    | SŁUPSK    | POL  | M 35       | 131    | M 190 | 00:07:06 | 00:14:07 | 00:21:26 | 00:28:48.06 | 5:45   | 10.4 |
| 209  | KPR. GŁUSZEK PAWEŁ              | 278 | BDOW     | SŁUPSK    | POL  | M 35       | 132    | M 191 | 00:07:27 | 00:14:22 | 00:21:43 | 00:28:49.21 | 5:45   | 10.4 |
| 210  | ST.SZER.SPEC. KULESZA DOMINIK   | 298 | BDOW     | SŁUPSK    | POL  | M 36-45    | 48     | M 192 | 00:07:48 | 00:15:18 | 00:22:27 | 00:28:50.30 | 5:46   | 10.4 |
| 211  | KPR. STOKŁOSA PATRYK            | 286 | BDOW     | SŁUPSK    | POL  | M 35       | 133    | M 193 | 00:07:37 | 00:14:48 | 00:22:03 | 00:28:51.06 | 5:46   | 10.4 |
| 212  | SZER. DZSW DRAUS KACPER         | 143 | 2 BZ     | SŁUPSK    | POL  | M 35       | 134    | M 194 | 00:07:48 | 00:15:04 | 00:21:48 | 00:28:51.18 | 5:46   | 10.4 |
| 213  | SZER. SUCHAN KAMILA             | 183 | DPL0T    | SŁUPSK    | POL  | DRUŻYNÓWKA | 19     | K 19  | 00:06:17 | 00:13:41 | 00:22:02 | 00:28:51.47 | 5:46   | 10.4 |
| 214  | KPR. JERZYK KRZYSZTOF           | 87  | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 49     | M 195 | 00:06:36 | 00:13:53 | 00:21:33 | 00:28:54.06 | 5:46   | 10.4 |
| 215  | SZER. BAGNIUK KACPER            | 133 | 2 BZ     | SŁUPSK    | POL  | M 35       | 135    | M 196 | 00:07:05 | 00:13:57 | 00:21:37 | 00:28:55.31 | 5:47   | 10.4 |
| 216  | KPR. BAKSALERSKI MICHAŁ         | 263 | BDOW     | SŁUPSK    | POL  | M 36-45    | 50     | M 197 | 00:07:37 | 00:14:49 | 00:22:04 | 00:28:57.56 | 5:47   | 10.4 |
| 217  | PPOR. RABOWSKI KRZYSZTOF        | 321 | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 51     | M 198 | 00:06:50 | 00:13:47 | 00:21:23 | 00:29:00.49 | 5:48   | 10.3 |

**MISTRZOSTWA 7 BOW - 5KM, OPEN c.d.**

| M-ce | Nazwisko i imię                   | Nr  | Klub     | M-scowość  | Kraj | Kat.       | M. kat | K/M   | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|-----------------------------------|-----|----------|------------|------|------------|--------|-------|----------|----------|----------|-------------|--------|------|
| 218  | SZER. MATUSZEWSKI PIOTR           | 128 | 2 BZ     | SŁUPSK     | POL  | M 36-45    | 52     | M 199 | 00:07:24 | 00:14:22 | 00:21:41 | 00:29:00.65 | 5:48   | 10.3 |
| 219  | SZER. DZSW BRONICKI DAMIAN        | 349 | BLOG     | SŁUPSK     | POL  | M 35       | 136    | M 200 | 00:07:32 | 00:14:54 | 00:22:19 | 00:29:02.21 | 5:48   | 10.3 |
| 220  | SZER. GOPLAREK PRZEMYSŁAW         | 267 | BDOW     | SŁUPSK     | POL  | M 36-45    | 53     | M 201 | 00:07:10 | 00:14:26 | 00:21:50 | 00:29:10.08 | 5:50   | 10.3 |
| 221  | KPR. KOMAR BEATA                  | 90  | 2 BZ     | SŁUPSK     | POL  | DRUŻYNÓWKA | 20     | K 20  | 00:07:45 | 00:15:25 | 00:22:37 | 00:29:11.54 | 5:50   | 10.3 |
| 222  | SZER. DZSW PASON MATEUSZ          | 254 | K.SZKOL. | SŁUPSK     | POL  | M 35       | 137    | M 202 | 00:07:18 | 00:14:26 | 00:21:46 | 00:29:15.92 | 5:51   | 10.3 |
| 223  | SZER. BRZOZOWSKI PATRYK           | 36  | DAS      | SŁUPSK     | POL  | M 35       | 138    | M 203 | 00:07:01 | 00:14:38 | 00:22:05 | 00:29:16.50 | 5:51   | 10.3 |
| 224  | PLUT. ŁASKA PIOTR                 | 29  | 3 BZ     | TRZEBIATÓW | POL  | M 36-45    | 54     | M 204 | 00:07:31 | 00:14:29 | 00:22:02 | 00:29:16.97 | 5:51   | 10.3 |
| 225  | SZER. KARPINIEC SEWERYN           | 327 | BDOW     | SŁUPSK     | POL  | M 35       | 139    | M 205 | 00:07:48 | 00:14:58 | 00:22:07 | 00:29:17.75 | 5:51   | 10.2 |
| 226  | SZER. BODNAR DAWID                | 170 | KSAP.    | SŁUPSK     | POL  | M 35       | 140    | M 206 | 00:06:41 | 00:14:12 | 00:22:13 | 00:29:25.21 | 5:53   | 10.2 |
| 227  | SZER. PIETRZAK BARTŁOMIEJ         | 237 | BLOG     | SŁUPSK     | POL  | M 35       | 141    | M 207 | 00:06:53 | 00:13:24 | 00:21:48 | 00:29:29.16 | 5:53   | 10.2 |
| 228  | SZER. JASTRZĘBSKI JAKUB           | 283 | BDOW     | SŁUPSK     | POL  | M 35       | 142    | M 208 | 00:07:47 | 00:15:47 | 00:23:00 | 00:29:30.65 | 5:54   | 10.2 |
| 229  | SZER. DZSW. ŁASZEWSKI KORDIAN     | 16  | K.SZKOL. | SŁUPSK     | POL  | M 35       | 143    | M 209 | 00:06:29 | 00:13:25 | 00:21:54 | 00:29:31.54 | 5:54   | 10.2 |
| 230  | SZER. STYK PIOTR                  | 331 | BDOW     | SŁUPSK     | POL  | M 36-45    | 55     | M 210 | 00:06:26 | 00:15:13 | 00:22:22 | 00:29:32.94 | 5:54   | 10.2 |
| 231  | SZER. DZSW MAJER AGATA            | 307 | BDOW     | SŁUPSK     | POL  | K 35       | 13     | K 21  | 00:06:59 | 00:13:55 | 00:22:04 | 00:29:41.75 | 5:56   | 10.1 |
| 232  | SZER. GAZDECKI JAN                | 339 | BDOW     | SŁUPSK     | POL  | M 35       | 144    | M 211 | 00:07:33 | 00:14:58 | 00:22:37 | 00:29:42.52 | 5:56   | 10.1 |
| 233  | SZER. HEJDYNRAJCH KONRAD          | 47  | DAS      | SŁUPSK     | POL  | M 36-45    | 56     | M 212 | 00:07:40 | 00:14:49 | 00:22:18 | 00:29:42.59 | 5:56   | 10.1 |
| 234  | SZER. TUREK KAMIL                 | 176 | KSAP.    | SŁUPSK     | POL  | M 35       | 145    | M 213 | 00:06:35 | 00:14:20 | 00:23:18 | 00:29:57.21 | 5:59   | 10   |
| 235  | SZER. GISZKA EWELINA              | 325 | BDOW     | SŁUPSK     | POL  | K 35       | 14     | K 22  | 00:07:35 | 00:15:00 | 00:22:28 | 00:29:58.95 | 5:59   | 10   |
| 236  | SZER. BONIEWSKI SŁAWOMIR          | 184 | DPLOT    | SŁUPSK     | POL  | DRUŻYNÓWKA | 21     | M 214 | 00:06:53 | 00:14:31 | 00:22:30 | 00:29:59.78 | 5:59   | 10   |
| 237  | SZER. BEMOWSKI WOJCIECH           | 135 | 2 BZ     | SŁUPSK     | POL  | M 35       | 146    | M 215 | 00:07:59 | 00:15:37 | 00:22:42 | 00:30:03.08 | 6:00   | 10   |
| 238  | KPR. KAMIŃSKI PIOTR               | 274 | BDOW     | SŁUPSK     | POL  | M 36-45    | 57     | M 216 | 00:07:27 | 00:15:00 | 00:22:09 | 00:30:08.23 | 6:01   | 10   |
| 239  | KPR. WIERZBICKA KORNELIA          | 81  | 2 BZ     | SŁUPSK     | POL  | DRUŻYNÓWKA | 22     | K 23  | 00:07:08 | 00:14:31 | 00:22:19 | 00:30:09.40 | 6:01   | 10   |
| 240  | SZER. OLCZAK ADAM                 | 277 | BDOW     | SŁUPSK     | POL  | M 35       | 147    | M 217 | 00:07:55 | 00:15:56 | 00:23:09 | 00:30:11.00 | 6:02   | 9.9  |
| 241  | SZER. DZSW EKMAN MICHAŁ           | 151 | 2 BZ     | SŁUPSK     | POL  | M 35       | 148    | M 218 | 00:06:57 | 00:14:17 | 00:22:32 | 00:30:13.54 | 6:02   | 9.9  |
| 242  | SZER. RATAJSKA MARTA              | 57  | DAS      | SŁUPSK     | POL  | DRUŻYNÓWKA | 23     | K 24  | 00:06:56 | 00:14:05 | 00:22:27 | 00:30:14.72 | 6:02   | 9.9  |
| 243  | SZER. DZSW BARTECZKO PAULINA      | 317 | DPLOT    | SŁUPSK     | POL  | K 35       | 15     | K 25  | 00:07:20 | 00:14:54 | 00:22:50 | 00:30:16.14 | 6:03   | 9.9  |
| 244  | SZER. CHAJEWSKI ROBERT            | 293 | BDOW     | SŁUPSK     | POL  | DRUŻYNÓWKA | 24     | M 219 | 00:07:50 | 00:15:17 | 00:22:54 | 00:30:20.63 | 6:04   | 9.9  |
| 245  | POR. GOLIS MACIEJ                 | 13  | DAS      | SŁUPSK     | POL  | DRUŻYNÓWKA | 25     | M 220 | 00:07:11 | 00:15:20 | 00:22:20 | 00:30:30.82 | 6:06   | 9.8  |
| 246  | SZER. DZSW ELEND KAROLINA         | 216 | K.SZKOL. | SŁUPSK     | POL  | K 35       | 16     | K 26  | 00:06:44 | 00:14:41 | 00:22:38 | 00:30:32.76 | 6:06   | 9.8  |
| 247  | SZER. KOTECKI KAMIL               | 381 | DPLOT    | SŁUPSK     | POL  | M 35       | 149    | M 221 | 00:07:22 | 00:14:51 | 00:22:54 | 00:30:33.46 | 6:06   | 9.8  |
| 248  | SZER. DZSW GRZELCZYK MAKSYMILIANA | 217 | K.SZKOL. | SŁUPSK     | POL  | K 35       | 17     | K 27  | 00:06:34 | 00:14:25 | 00:22:38 | 00:30:33.66 | 6:06   | 9.8  |
| 249  | SZER. DZSW GARBATOWSKI MARCIN     | 361 | BDOW     | SŁUPSK     | POL  | M 35       | 150    | M 222 | 00:07:33 | 00:15:05 | 00:23:02 | 00:30:34.55 | 6:06   | 9.8  |
| 250  | SZER. SMOLIŃSKI OSKAR             | 58  | DAS      | SŁUPSK     | POL  | M 35       | 151    | M 223 | 00:07:28 | 00:15:15 | 00:23:25 | 00:30:38.77 | 6:07   | 9.8  |
| 251  | SZER. SICIĄK KONRAD               | 64  | DAS      | SŁUPSK     | POL  | M 35       | 152    | M 224 | 00:07:29 | 00:15:10 | 00:23:28 | 00:30:40.27 | 6:08   | 9.8  |
| 252  | GEN.BRYG. KOPKA ROMAN             | 1   | SZTAB    | SŁUPSK     | POL  | DRUŻYNÓWKA | 26     | M 225 | 00:07:20 | 00:15:01 | 00:22:59 | 00:30:41.23 | 6:08   | 9.8  |
| 253  | ST.KPR. SUCHARSKI DANIEL          | 265 | BDOW     | SŁUPSK     | POL  | M 36-45    | 58     | M 226 | 00:07:28 | 00:15:01 | 00:22:55 | 00:30:45.53 | 6:09   | 9.8  |
| 254  | SZER. BAJERSKI BARTOSZ            | 121 | 2 BZ     | SŁUPSK     | POL  | M 35       | 153    | M 227 | 00:07:09 | 00:15:00 | 00:23:22 | 00:30:46.15 | 6:09   | 9.8  |
| 255  | KPR. KUZEK MARCIN                 | 230 | BLOG     | SŁUPSK     | POL  | M 36-45    | 59     | M 228 | 00:07:30 | 00:14:58 | 00:22:36 | 00:30:48.00 | 6:09   | 9.7  |
| 256  | SZER. DZSW LEWANDOWSKA KATARZYNA  | 309 | DAS      | SŁUPSK     | POL  | K 35       | 18     | K 28  | 00:07:29 | 00:15:59 | 00:22:43 | 00:30:55.37 | 6:11   | 9.7  |
| 257  | SZER. DZSW KASZUBOWSKI KAROL      | 360 | BDOW     | SŁUPSK     | POL  | M 36-45    | 60     | M 229 | 00:07:50 | 00:15:16 | 00:23:08 | 00:30:56.92 | 6:11   | 9.7  |
| 258  | KPR. CHADZIEWICZ MARZENA          | 261 | BDOW     | SŁUPSK     | POL  | DRUŻYNÓWKA | 27     | K 29  | 00:07:26 | 00:15:07 | 00:23:01 | 00:30:59.27 | 6:11   | 9.7  |
| 259  | SIERŻ. PRZYDĄCZ MARIUSZ           | 24  | DAS      | SŁUPSK     | POL  | M 36-45    | 61     | M 230 | 00:07:37 | 00:14:52 | 00:21:20 | 00:30:59.72 | 6:11   | 9.7  |
| 260  | SZER. SUCHAN KAMILA               | 350 | DPLOT    | SŁUPSK     | POL  | DRUŻYNÓWKA | 28     | K 30  | 00:08:09 | 00:17:20 | 00:26:34 | 00:31:03.51 | 6:12   | 9.7  |
| 261  | SZER. DZSW DUSZKIEWICZ PAWEŁ      | 348 | BLOG     | SŁUPSK     | POL  | M 35       | 154    | M 231 | 00:07:16 | 00:14:30 | 00:23:43 | 00:31:05.09 | 6:13   | 9.7  |
| 262  | SZER. KOŚC MAREK                  | 272 | BDOW     | SŁUPSK     | POL  | M 35       | 155    | M 232 | 00:07:48 | 00:15:20 | 00:23:59 | 00:31:16.07 | 6:15   | 9.6  |
| 263  | SZER. SERAFIN KAROL               | 284 | BDOW     | SŁUPSK     | POL  | M 35       | 156    | M 233 | 00:07:48 | 00:15:39 | 00:23:25 | 00:31:17.24 | 6:15   | 9.6  |
| 264  | SZER. DZSW KOWALCZYK FILIP        | 372 | DAS      | SŁUPSK     | POL  | M 36-45    | 62     | M 234 | 00:07:24 | 00:14:39 | 00:21:54 | 00:31:18.35 | 6:15   | 9.6  |
| 265  | SZER. DZSW MIEZGALSKI KACPER      | 146 | K.SZKOL. | SŁUPSK     | POL  | M 35       | 157    | M 235 | 00:06:25 | 00:14:14 | 00:23:08 | 00:31:18.89 | 6:15   | 9.6  |
| 266  | SZER. DZSW WONITOWY CEZARY        | 155 | 2 BZ     | SŁUPSK     | POL  | M 35       | 158    | M 236 | 00:07:37 | 00:14:27 | 00:23:26 | 00:31:19.84 | 6:15   | 9.6  |
| 267  | KPR. BUJWID WOJCIECH              | 271 | BDOW     | SŁUPSK     | POL  | M 36-45    | 63     | M 237 | 00:07:29 | 00:15:15 | 00:23:27 | 00:31:25.52 | 6:17   | 9.5  |
| 268  | ST.SZER. BACHTA BARTŁOMIEJ        | 22  | DAS      | SŁUPSK     | POL  | M 36-45    | 64     | M 238 | 00:06:42 | 00:14:39 | 00:21:34 | 00:31:27.00 | 6:17   | 9.5  |
| 269  | SZER. WĘSIERSKI PATRYK            | 379 | DPLOT    | SŁUPSK     | POL  | M 35       | 159    | M 239 | 00:06:32 | 00:13:38 | 00:21:58 | 00:31:28.85 | 6:17   | 9.5  |
| 270  | SZER. DZSW PYTLOS KATARZYNA       | 153 | 2 BZ     | SŁUPSK     | POL  | DRUŻYNÓWKA | 29     | K 31  | 00:07:36 | 00:15:15 | 00:23:22 | 00:31:29.96 | 6:17   | 9.5  |
| 271  | SZER. WÓJCIK KACPER               | 337 | BDOW     | SŁUPSK     | POL  | M 35       | 160    | M 240 | 00:07:10 | 00:15:34 | 00:24:20 | 00:31:33.33 | 6:18   | 9.5  |
| 272  | SZER. DZSW KOZŁOWSKI ADRIAN       | 240 | BLOG     | SŁUPSK     | POL  | M 35       | 161    | M 241 | 00:07:46 | 00:15:26 | 00:23:24 | 00:31:33.42 | 6:18   | 9.5  |
| 273  | SZER. DZSW STEFANICKI DAWID       | 243 | K.SZKOL. | SŁUPSK     | POL  | M 36-45    | 65     | M 242 | 00:06:32 | 00:15:05 | 00:23:46 | 00:31:36.52 | 6:19   | 9.5  |
| 274  | SZER. ELENDT WOJCIECH             | 120 | 2 BZ     | SŁUPSK     | POL  | M 36-45    | 66     | M 243 | 00:07:58 | 00:16:00 | 00:23:44 | 00:31:44.96 | 6:20   | 9.5  |

**MISTRZOSTWA 7 BOW - 5KM, OPEN c.d.**

| M-ce | Nazwisko i imię                  | Nr  | Klub     | M-scowość | Kraj | Kat.       | M. kat | K/M   | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|----------------------------------|-----|----------|-----------|------|------------|--------|-------|----------|----------|----------|-------------|--------|------|
| 275  | SZER. DZSW JAKUSZ PAULINA        | 315 | K.SZKOL. | SŁUPSK    | POL  | K 35       | 19     | K 32  | 00:07:42 | 00:17:05 | 00:24:35 | 00:31:45.46 | 6:21   | 9.4  |
| 276  | ST.CHOR.SZT. FOLTYŃSKI KRZYSZTOF | 113 | SZTAB    | SŁUPSK    | POL  | DRUŻYNÓWKA | 30     | M 244 | 00:07:14 | 00:15:05 | 00:23:09 | 00:31:45.63 | 6:21   | 9.4  |
| 277  | SZER. MAKSYMIAK WIKTORIA         | 61  | DAS      | SŁUPSK    | POL  | K 35       | 20     | K 33  | 00:07:07 | 00:15:34 | 00:24:20 | 00:31:50.76 | 6:22   | 9.4  |
| 278  | SZER. DZSW KILCHOWSKI MIKOŁAJ    | 255 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 162    | M 245 | 00:06:48 | 00:14:38 | 00:23:24 | 00:31:52.00 | 6:22   | 9.4  |
| 279  | SZER. DZSW JACEWICZ ALEKSANDRA   | 312 | DAS      | SŁUPSK    | POL  | M 36-45    | 67     | M 246 | 00:07:07 | 00:15:58 | 00:24:19 | 00:31:55.41 | 6:23   | 9.4  |
| 280  | SZER. ROSIAK BARTOSZ             | 365 | BDOW     | SŁUPSK    | POL  | M 35       | 163    | M 247 | 00:06:58 | 00:15:13 | 00:23:51 | 00:31:57.38 | 6:23   | 9.4  |
| 281  | SZER. SKRZYŃECKI PATRYCJUSZ      | 343 | BDOW     | SŁUPSK    | POL  | M 35       | 164    | M 248 | 00:07:28 | 00:15:30 | 00:23:27 | 00:31:57.44 | 6:23   | 9.4  |
| 282  | SZER. KOŚCIÓŁEK MATEUSZ          | 71  | DLOT     | SŁUPSK    | POL  | M 36-45    | 68     | M 249 | 00:06:36 | 00:15:13 | 00:24:12 | 00:32:03.00 | 6:24   | 9.4  |
| 283  | SZER. DZSW FIEDOR BARTOSZ        | 145 | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 69     | M 250 | 00:06:59 | 00:15:59 | 00:24:06 | 00:32:04.17 | 6:24   | 9.4  |
| 284  | SZER. TEJCHMAN MARTYNA           | 273 | BDOW     | SŁUPSK    | POL  | K 35       | 21     | K 34  | 00:07:30 | 00:15:19 | 00:24:07 | 00:32:07.38 | 6:25   | 9.3  |
| 285  | SZER. WOLSKI DAMIAN              | 364 | BDOW     | SŁUPSK    | POL  | M 35       | 165    | M 251 | 00:07:22 | 00:15:53 | 00:24:02 | 00:32:13.81 | 6:26   | 9.3  |
| 286  | SZER. KURUSIEWICZ MAGDALENA      | 106 | 2 BZ     | SŁUPSK    | POL  | K 35       | 22     | K 35  | 00:06:51 | 00:15:53 | 00:24:16 | 00:32:14.26 | 6:26   | 9.3  |
| 287  | SZER. BAJER ŁUKASZ               | 291 | BDOW     | SŁUPSK    | POL  | M 35       | 166    | M 252 | 00:08:00 | 00:16:34 | 00:24:28 | 00:32:15.03 | 6:27   | 9.3  |
| 288  | SZER. FLOREK OLIVIA              | 358 | BDOW     | SŁUPSK    | POL  | K 35       | 23     | K 36  | 00:07:02 | 00:15:18 | 00:24:08 | 00:32:16.73 | 6:27   | 9.3  |
| 289  | SZER. PESTKA MICHAŁ              | 109 | 2 BZ     | SŁUPSK    | POL  | M 35       | 167    | M 253 | 00:08:41 | 00:17:39 | 00:24:58 | 00:32:25.71 | 6:29   | 9.3  |
| 290  | SZER. KOTŁOWSKA AGATA            | 68  | 2 BZ     | SŁUPSK    | POL  | K 35       | 24     | K 37  | 00:07:13 | 00:15:54 | 00:24:17 | 00:32:41.21 | 6:32   | 9.2  |
| 291  | SZER. DZSW PARYSZ MARIOLA        | 306 | BDOW     | SŁUPSK    | POL  | K 35       | 25     | K 38  | 00:08:02 | 00:16:18 | 00:24:28 | 00:32:45.26 | 6:33   | 9.2  |
| 292  | SZER. DZSW HLIWSKA DARIA         | 305 | BDOW     | SŁUPSK    | POL  | K 35       | 26     | K 39  | 00:08:01 | 00:16:18 | 00:24:28 | 00:32:47.82 | 6:33   | 9.2  |
| 293  | SZER. DZSW SOBIERAŃSKA WIKTORIA  | 371 | BLOG     | SŁUPSK    | POL  | K 35       | 27     | K 40  | 00:07:15 | 00:15:32 | 00:24:53 | 00:32:48.03 | 6:33   | 9.1  |
| 294  | SZER. DZSW BAKIKA WOJCIECH       | 241 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 168    | M 254 | 00:05:34 | 00:13:43 | 00:23:21 | 00:32:48.57 | 6:33   | 9.1  |
| 295  | SZER. DZSW KRZEMIEŃC JAKUB       | 141 | 2 BZ     | SŁUPSK    | POL  | M 35       | 169    | M 255 | 00:08:42 | 00:17:40 | 00:23:00 | 00:33:01.05 | 6:36   | 9.1  |
| 296  | SZER. CZEKAŁA BARTOSZ            | 39  | DAS      | SŁUPSK    | POL  | M 35       | 170    | M 256 | 00:08:23 | 00:16:51 | 00:25:16 | 00:33:05.75 | 6:37   | 9.1  |
| 297  | SZER. OKONIEWSKI JAKUB           | 41  | DAS      | SŁUPSK    | POL  | M 35       | 171    | M 257 | 00:08:23 | 00:16:51 | 00:25:15 | 00:33:05.97 | 6:37   | 9.1  |
| 298  | SZER. WODZIŃSKI MACIEJ           | 111 | 2 BZ     | SŁUPSK    | POL  | M 35       | 172    | M 258 | 00:07:48 | 00:16:48 | 00:25:00 | 00:33:06.79 | 6:37   | 9.1  |
| 299  | SZER. MARCINIAK MIŁOSZ           | 297 | BDOW     | SŁUPSK    | POL  | M 35       | 173    | M 259 | 00:07:55 | 00:16:38 | 00:25:15 | 00:33:07.08 | 6:37   | 9.1  |
| 300  | SZER. DZSW DANKOWSKI KACPER      | 139 | 2 BZ     | SŁUPSK    | POL  | M 35       | 174    | M 260 | 00:08:02 | 00:16:39 | 00:25:21 | 00:33:13.04 | 6:38   | 9    |
| 301  | SZER. DZSW KĘDZIA WIKTORIA       | 304 | BDOW     | SŁUPSK    | POL  | K 35       | 28     | K 41  | 00:08:02 | 00:16:39 | 00:25:20 | 00:33:13.34 | 6:38   | 9    |
| 302  | SZER. ŚLEDŹ IZABELA              | 328 | BDOW     | SŁUPSK    | POL  | K 35       | 29     | K 42  | 00:07:56 | 00:16:39 | 00:25:15 | 00:33:20.53 | 6:40   | 9    |
| 303  | SZER. NOWACKI MICHAŁ             | 182 | BLOG     | SŁUPSK    | POL  | M 35       | 175    | M 261 | 00:07:10 | 00:16:12 | 00:25:08 | 00:33:26.01 | 6:41   | 9    |
| 304  | SZER. DZSW JAKIM MICHAŁ          | 301 | BLOG     | SŁUPSK    | POL  | M 35       | 176    | M 262 | 00:07:12 | 00:16:15 | 00:25:27 | 00:33:27.38 | 6:41   | 9    |
| 305  | SZER. KOSZAŁKA MONIKA            | 56  | DAS      | SŁUPSK    | POL  | DRUŻYNÓWKA | 31     | K 43  | 00:07:44 | 00:16:07 | 00:24:48 | 00:33:30.03 | 6:42   | 9    |
| 306  | SZER. DZSW STĘPIEC JOANNA        | 320 | DLOT     | SŁUPSK    | POL  | DRUŻYNÓWKA | 32     | K 44  | 00:07:44 | 00:16:07 | 00:24:48 | 00:33:30.31 | 6:42   | 9    |
| 307  | SZER. FODOROWSKA NATALIA         | 126 | 2 BZ     | SŁUPSK    | POL  | K 35       | 30     | K 45  | 00:07:26 | 00:16:21 | 00:25:15 | 00:33:43.77 | 6:44   | 8.9  |
| 308  | SZER. SZWEDEK EMILIA             | 116 | 2 BZ     | SŁUPSK    | POL  | K 35       | 31     | K 46  | 00:07:26 | 00:16:20 | 00:25:31 | 00:33:45.24 | 6:45   | 8.9  |
| 309  | SZER. DZSW KOŻBIAŁ PIOTR         | 244 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 177    | M 263 | 00:05:39 | 00:13:14 | 00:25:39 | 00:33:50.73 | 6:46   | 8.9  |
| 310  | SZER. DZSW STERNAL WIKTORIA      | 214 | K.SZKOL. | SŁUPSK    | POL  | K 35       | 32     | K 47  | 00:07:32 | 00:16:14 | 00:25:38 | 00:33:56.03 | 6:47   | 8.8  |
| 311  | SZER. DZSW BRZozowski JAKUB      | 251 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 178    | M 264 | 00:06:09 | 00:14:24 | 00:24:45 | 00:33:58.84 | 6:47   | 8.8  |
| 312  | SZER. DZSW ZASŁUBIK WIOLETA      | 175 | K.SZKOL. | SŁUPSK    | POL  | K 35       | 33     | K 48  | 00:07:31 | 00:16:13 | 00:25:38 | 00:33:59.66 | 6:47   | 8.8  |
| 313  | PLUT. JAROSZEWSKI JACEK          | 85  | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 70     | M 265 | 00:05:43 | 00:11:40 | 00:17:53 | 00:34:01.47 | 6:48   | 8.8  |
| 314  | SZER. KUBERA KONRAD              | 105 | 2 BZ     | SŁUPSK    | POL  | M 35       | 179    | M 266 | 00:08:52 | 00:17:18 | 00:25:38 | 00:34:06.86 | 6:49   | 8.8  |
| 315  | SZER. DZSW JODZIEWICZ ZUZANNA    | 322 | K.SZKOL. | SŁUPSK    | POL  | K 35       | 34     | K 49  | 00:07:57 | 00:17:06 | 00:25:44 | 00:34:18.60 | 6:51   | 8.7  |
| 316  | SZER. ŻURAWSKA NIKOLA            | 131 | 2 BZ     | SŁUPSK    | POL  | K 35       | 35     | K 50  | 00:07:39 | 00:16:40 | 00:25:17 | 00:34:18.76 | 6:51   | 8.7  |
| 317  | SZER. DZSW MEDWID NATALIA        | 215 | K.SZKOL. | SŁUPSK    | POL  | K 35       | 36     | K 51  | 00:07:13 | 00:16:00 | 00:25:21 | 00:34:19.83 | 6:51   | 8.7  |
| 318  | SZER. DZSW MAKAREWICZ KRYSZTIAN  | 156 | 2 BZ     | SŁUPSK    | POL  | M 35       | 180    | M 267 | 00:07:48 | 00:16:21 | 00:25:31 | 00:34:19.92 | 6:51   | 8.7  |
| 319  | KPR. WOLAK KONRAD                | 51  | DAS      | SŁUPSK    | POL  | M 35       | 181    | M 268 | 00:07:24 | 00:17:08 | 00:26:18 | 00:35:17.23 | 7:03   | 8.5  |
| 320  | SZER. WIT MAGDALENA              | 168 | KSAP.    | SŁUPSK    | POL  | K 35       | 37     | K 52  | 00:07:50 | 00:17:15 | 00:26:25 | 00:35:44.53 | 7:08   | 8.4  |
| 321  | SZER. DZSW MATUSZEWSKI PATRYK    | 302 | BLOG     | SŁUPSK    | POL  | M 35       | 182    | M 269 | 00:08:36 | 00:17:26 | 00:26:49 | 00:35:45.58 | 7:09   | 8.4  |
| 322  | SZER. DZSW DOMALEWSKA KAROLINA   | 150 | 2 BZ     | SŁUPSK    | POL  | K 35       | 38     | K 53  | 00:07:41 | 00:17:16 | 00:26:54 | 00:36:00.74 | 7:12   | 8.3  |
| 323  | ST.SZER. ŻYLKA WOJCIECH          | 101 | 2 BZ     | SŁUPSK    | POL  | M 35       | 183    | M 270 | 00:08:41 | 00:17:39 | 00:27:09 | 00:36:07.80 | 7:13   | 8.3  |
| 324  | SZER. DZSW SZKLARCZYK ESTERA     | 154 | 2 BZ     | SŁUPSK    | POL  | K 35       | 39     | K 54  | 00:08:19 | 00:17:27 | 00:27:04 | 00:36:11.52 | 7:14   | 8.3  |
| 325  | SZER. ŁYSAKOWSKA NATALIA         | 357 | BDOW     | SŁUPSK    | POL  | K 35       | 40     | K 55  | 00:08:25 | 00:17:15 | 00:26:39 | 00:36:15.00 | 7:15   | 8.3  |
| 326  | ST. SZER. SZNAJDER TOMASZ        | 352 | BDOW     | SŁUPSK    | POL  | M 35       | 184    | M 271 | 00:08:37 | 00:18:08 | 00:27:35 | 00:36:22.50 | 7:16   | 8.2  |
| 327  | SZER. HOLLA MATEUSZ              | 134 | 2 BZ     | SŁUPSK    | POL  | M 35       | 185    | M 272 | 00:08:24 | 00:17:42 | 00:26:10 | 00:36:24.01 | 7:16   | 8.2  |
| 328  | SZER. DZSW FUDALA MARCIN         | 157 | 2 BZ     | SŁUPSK    | POL  | M 35       | 186    | M 273 | 00:08:47 | 00:17:38 | 00:27:07 | 00:37:39.00 | 7:31   | 8    |
| 329  | SZER. DZSW MAKURET KLAUDIA       | 314 | BDOW     | SŁUPSK    | POL  | K 35       | 41     | K 56  | 00:08:19 | 00:18:56 | 00:28:11 | 00:37:41.11 | 7:32   | 8    |
| 330  | SZER. NOWAK AMELIA               | 60  | DAS      | SŁUPSK    | POL  | K 35       | 42     | K 57  | 00:08:26 | 00:19:03 | 00:28:18 | 00:37:47.24 | 7:33   | 7.9  |
| 331  | SZER. DZSW SZCZERBIŃSKA MONIKA   | 308 | BDOW     | SŁUPSK    | POL  | K 35       | 43     | K 58  | 00:08:58 | 00:18:56 | 00:28:55 | 00:38:40.11 | 7:44   | 7.8  |

**MISTRZOSTWA 7 BOW - 5KM, OPEN c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub | M-scowość | Kraj | Kat. | M. kat | K/M  | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|----------------------|-----|------|-----------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 332  | SZER. ZAJĄC WIKTORIA | 130 | 2 BZ | SŁUPSK    | POL  | K 35 | 44     | K 59 | 00:08:56 | 00:19:11 | 00:30:29 | 00:41:39.25 | 8:19   | 7.2  |

**MISTRZOSTWA 7 BOW - 5KM, M OPEN**

| M-ce | Nazwisko i imię                    | Nr  | Klub      | M-scowość  | Kraj | Kat.       | M. kat | K/M  | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|------------------------------------|-----|-----------|------------|------|------------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | KPR. BŁASZCZYK PATRYK              | 180 | DPL0T     | SŁUPSK     | POL  | M 35       | 1      | M 1  | 00:03:40 | 00:07:32 | 00:11:27 | 00:15:19.75 | 3:03   | 19.6 |
| 2    | ST.SZER. JEFIMCZYK NORBERT         | 165 | 1BZ       | ŁĘBORK     | POL  | M 35       | 2      | M 2  | 00:03:33 | 00:07:34 | 00:11:41 | 00:15:35.10 | 3:07   | 19.3 |
| 3    | KPR. PYTLAK MICHAŁ                 | 86  | 2 BZ      | SŁUPSK     | POL  | M 35       | 3      | M 3  | 00:03:51 | 00:07:53 | 00:11:59 | 00:16:08.02 | 3:13   | 18.6 |
| 4    | ST.SZER.SPEC BARTKIEWICZ KRZYSZTOF | 164 | 1BZ       | ŁĘBORK     | POL  | DRUŻYNÓWKA | 1      | M 4  | 00:04:02 | 00:08:14 | 00:12:34 | 00:16:53.83 | 3:22   | 17.8 |
| 5    | MŁ.CHOR. PEŁO ARTUR                | 201 | DPL0T     | SŁUPSK     | POL  | M 36-45    | 1      | M 5  | 00:04:10 | 00:08:25 | 00:12:35 | 00:17:09.49 | 3:25   | 17.5 |
| 6    | ST.KPR. CZERNIAK ROBERT            | 161 | 1BZ       | ŁĘBORK     | POL  | M 36-45    | 2      | M 6  | 00:04:11 | 00:08:28 | 00:12:59 | 00:17:25.07 | 3:29   | 17.2 |
| 7    | ST.KPR. KURTA RAFAŁ                | 223 | W0T/7PB0W | SŁUPSK     | POL  | M 35       | 4      | M 7  | 00:03:42 | 00:08:49 | 00:13:28 | 00:17:57.78 | 3:35   | 16.7 |
| 8    | SZER. DZSW. RAGAN ALAN             | 190 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 5      | M 8  | 00:04:24 | 00:08:56 | 00:13:42 | 00:18:22.00 | 3:40   | 16.3 |
| 9    | KPR. TERMAN DARIUSZ                | 162 | 1BZ       | ŁĘBORK     | POL  | M 36-45    | 3      | M 9  | 00:04:21 | 00:09:02 | 00:13:50 | 00:18:29.67 | 3:41   | 16.2 |
| 10   | SZER. CEJKO DAWID                  | 102 | 2 BZ      | SŁUPSK     | POL  | M 35       | 6      | M 10 | 00:04:28 | 00:09:12 | 00:13:57 | 00:18:33.39 | 3:42   | 16.2 |
| 11   | SZER. DZSW KOWALSKI ADRIAN         | 159 | 2 BZ      | SŁUPSK     | POL  | M 35       | 7      | M 11 | 00:05:02 | 00:09:43 | 00:14:52 | 00:20:13.49 | 4:02   | 14.8 |
| 12   | SZER. JOŃCZYK OLIWIER              | 122 | 2 BZ      | SŁUPSK     | POL  | M 35       | 8      | M 12 | 00:04:50 | 00:09:55 | 00:15:08 | 00:20:14.70 | 4:02   | 14.8 |
| 13   | PPOR. BIAŁUCH BARTŁOMIEJ           | 160 | 1BZ       | ŁĘBORK     | POL  | M 35       | 9      | M 13 | 00:04:50 | 00:09:59 | 00:15:21 | 00:20:35.17 | 4:07   | 14.6 |
| 14   | SZER. DZSW KALISZ WOJCIECH         | 311 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 10     | M 14 | 00:04:54 | 00:09:55 | 00:15:17 | 00:20:59.39 | 4:11   | 14.3 |
| 15   | KPR. ZAWADA DANIEL                 | 351 | SZTAB     | SŁUPSK     | POL  | M 35       | 11     | M 15 | 00:04:54 | 00:10:16 | 00:15:51 | 00:21:10.25 | 4:14   | 14.2 |
| 16   | SZER. DZSW KOWALSKI PRZEMYSŁAW     | 239 | BLOG      | SŁUPSK     | POL  | M 35       | 12     | M 16 | 00:05:06 | 00:10:36 | 00:15:50 | 00:21:16.36 | 4:15   | 14.1 |
| 17   | SZER. DZSW LEWCZUK KAMIL           | 148 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 13     | M 17 | 00:04:38 | 00:10:20 | 00:15:26 | 00:21:38.62 | 4:19   | 13.9 |
| 18   | SZER. DZSW MIKULSKI WIKTOR         | 245 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 14     | M 18 | 00:06:01 | 00:12:46 | 00:17:16 | 00:21:39.05 | 4:19   | 13.9 |
| 19   | KPR. GOZLIŃSKI SŁAWOMIR            | 28  | 3 BZ      | TRZEBIATÓW | POL  | M 35       | 15     | M 19 | 00:05:16 | 00:10:48 | 00:16:15 | 00:21:41.42 | 4:20   | 13.8 |
| 20   | SZER. DZSW SKWIERZ IGOR            | 242 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 16     | M 20 | 00:04:51 | 00:10:20 | 00:16:15 | 00:21:42.00 | 4:20   | 13.8 |
| 21   | PLUT. FIRKOWSKI BARTOSZ            | 303 | 2 BZ      | SŁUPSK     | POL  | M 36-45    | 4      | M 21 | 00:04:45 | 00:10:09 | 00:15:53 | 00:21:43.05 | 4:20   | 13.8 |
| 22   | SZER. DZSW RAKOWSKI MICHAŁ         | 319 | DPL0T     | SŁUPSK     | POL  | M 35       | 17     | M 22 | 00:05:49 | 00:11:01 | 00:16:26 | 00:21:44.27 | 4:20   | 13.8 |
| 23   | PLUT. ŁASKA PIOTR                  | 5   | 3 BZ      | TRZEBIATÓW | POL  | M 36-45    | 5      | M 23 | 00:05:15 | 00:10:48 | 00:16:24 | 00:21:52.64 | 4:22   | 13.7 |
| 24   | SZER. RYBAK PAWEŁ                  | 129 | BLOG      | SŁUPSK     | POL  | M 35       | 18     | M 24 | 00:06:12 | 00:11:37 | 00:17:06 | 00:22:07.23 | 4:25   | 13.6 |
| 25   | SZER. DZSW CZYŻ BARTOSZ            | 114 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 19     | M 25 | 00:04:38 | 00:10:43 | 00:16:26 | 00:22:10.21 | 4:26   | 13.5 |
| 26   | POR. OKRUJ PIOTR                   | 221 | W0T/7PB0W | SŁUPSK     | POL  | M 35       | 20     | M 26 | 00:05:17 | 00:10:46 | 00:16:28 | 00:22:12.00 | 4:26   | 13.5 |
| 27   | ST. SZER. MICHALCZYK ARKADIUSZ     | 4   | 3 BZ      | TRZEBIATÓW | POL  | DRUŻYNÓWKA | 2      | M 27 | 00:05:26 | 00:11:00 | 00:16:42 | 00:22:17.94 | 4:27   | 13.5 |
| 28   | SZER. LIS KRZYSZTOF                | 53  | DAS       | SŁUPSK     | POL  | M 35       | 21     | M 28 | 00:05:04 | 00:10:39 | 00:16:25 | 00:22:18.25 | 4:27   | 13.5 |
| 29   | ST.CHOR.SZT. KOWGAN JAROSŁAW       | 178 | DPL0T     | SŁUPSK     | POL  | DRUŻYNÓWKA | 3      | M 29 | 00:05:11 | 00:11:04 | 00:15:39 | 00:22:23.87 | 4:28   | 13.4 |
| 30   | SZER. DZSW. ŚLUSARSKI IGOR         | 208 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 22     | M 30 | 00:05:39 | 00:11:18 | 00:17:19 | 00:22:24.97 | 4:28   | 13.4 |
| 31   | SZER. DZSW CYROCKI NIKODEM         | 250 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 23     | M 31 | 00:05:51 | 00:10:32 | 00:16:20 | 00:22:28.28 | 4:29   | 13.4 |
| 32   | SZER. PASZOTKA-LIPIŃSKI DAWID      | 236 | BLOG      | SŁUPSK     | POL  | M 35       | 24     | M 32 | 00:05:58 | 00:11:32 | 00:17:03 | 00:22:31.15 | 4:30   | 13.3 |
| 33   | PPOR. NAKONIECZNY MICHAŁ           | 76  | 2 BZ      | SŁUPSK     | POL  | M 35       | 25     | M 33 | 00:05:38 | 00:11:24 | 00:17:03 | 00:22:33.33 | 4:30   | 13.3 |
| 34   | SZER. CHLEBOWSKI SEBASTIAN         | 384 | DPL0T     | SŁUPSK     | POL  | M 35       | 26     | M 34 | 00:05:34 | 00:11:15 | 00:16:56 | 00:22:37.48 | 4:31   | 13.3 |
| 35   | SZER. JURKOWSKI DAWID              | 299 | BD0W      | SŁUPSK     | POL  | M 35       | 27     | M 35 | 00:05:53 | 00:11:28 | 00:17:11 | 00:22:39.24 | 4:31   | 13.2 |
| 36   | SZER. PŁATEK ARKADIUSZ             | 295 | BD0W      | SŁUPSK     | POL  | M 35       | 28     | M 36 | 00:05:52 | 00:11:27 | 00:17:10 | 00:22:40.26 | 4:32   | 13.2 |
| 37   | POR. BUDZYŃSKI MATEUSZ             | 222 | W0T/7PB0W | SŁUPSK     | POL  | M 35       | 29     | M 37 | 00:05:24 | 00:11:02 | 00:17:00 | 00:22:43.10 | 4:32   | 13.2 |
| 38   | PLUT. MAKOŚ EMIL                   | 228 | BLOG      | SŁUPSK     | POL  | M 36-45    | 6      | M 38 | 00:05:54 | 00:11:38 | 00:17:11 | 00:22:43.30 | 4:32   | 13.2 |
| 39   | SZER.DZSW MAJEROWSKI MARIUSZ       | 247 | K.SZKOL.  | SŁUPSK     | POL  | M 35       | 30     | M 39 | 00:05:50 | 00:11:28 | 00:17:08 | 00:22:47.11 | 4:33   | 13.2 |
| 40   | SZER. DZSW KRAWĘTKOWSKI SYLWESTER  | 373 | DAS       | SŁUPSK     | POL  | M 35       | 31     | M 40 | 00:05:51 | 00:11:33 | 00:17:18 | 00:22:51.76 | 4:34   | 13.1 |
| 41   | KOBIEROWSKI SŁAWOMIR               | 378 | BD0W      | SŁUPSK     | POL  | M 36-45    | 7      | M 41 | 00:05:52 | 00:11:33 | 00:17:18 | 00:22:53.00 | 4:34   | 13.1 |
| 42   | MJR. KOGUCIUK ŁUKASZ               | 258 | BD0W      | SŁUPSK     | POL  | M 35       | 32     | M 42 | 00:05:52 | 00:11:36 | 00:17:10 | 00:22:55.22 | 4:35   | 13.1 |
| 43   | SZER. RUTKOWSKI KRZYSZTOF          | 386 | DPL0T     | SŁUPSK     | POL  | M 35       | 33     | M 43 | 00:06:16 | 00:12:07 | 00:17:47 | 00:22:55.24 | 4:35   | 13.1 |
| 44   | KPR. WOJTYSIAK DANIEL              | 282 | BD0W      | SŁUPSK     | POL  | M 36-45    | 8      | M 44 | 00:05:55 | 00:11:34 | 00:17:19 | 00:22:55.48 | 4:35   | 13.1 |
| 45   | SZER. KILA BARTŁOMIEJ              | 115 | 2 BZ      | SŁUPSK     | POL  | M 35       | 34     | M 45 | 00:04:40 | 00:09:42 | 00:14:58 | 00:23:10.17 | 4:38   | 12.9 |
| 46   | PLUT. DĄBROWSKI ARTUR              | 80  | SZTAB     | SŁUPSK     | POL  | M 35       | 35     | M 46 | 00:05:40 | 00:11:32 | 00:17:21 | 00:23:10.37 | 4:38   | 12.9 |
| 47   | ST.SZER.SPECJ MICHALCZYK ARKADIUSZ | 31  | 3 BZ      | TRZEBIATÓW | POL  | DRUŻYNÓWKA | 5      | M 47 | 00:06:36 | 00:12:57 | 00:19:04 | 00:23:10.87 | 4:38   | 12.9 |
| 48   | SZER. KWIDZIŃSKI WALDEMAR          | 108 | 2 BZ      | SŁUPSK     | POL  | M 35       | 36     | M 48 | 00:05:59 | 00:12:05 | 00:17:48 | 00:23:13.93 | 4:38   | 12.9 |
| 49   | CHOR. RZEPKOWSKI DANIEL            | 341 | BD0W      | SŁUPSK     | POL  | M 36-45    | 9      | M 49 | 00:06:03 | 00:12:01 | 00:17:56 | 00:23:21.13 | 4:40   | 12.8 |
| 50   | SZER. DZSW BROŃSKI PAWEŁ           | 377 | DPL0T     | SŁUPSK     | POL  | M 35       | 37     | M 50 | 00:06:04 | 00:11:55 | 00:17:47 | 00:23:27.80 | 4:41   | 12.8 |

**MISTRZOSTWA 7 BOW - 5KM, M OPEN c.d.**

| M-ce | Nazwisko i imię                  | Nr  | Klub      | M-scowość | Kraj | Kat.       | M. kat | K/M   | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|----------------------------------|-----|-----------|-----------|------|------------|--------|-------|----------|----------|----------|-------------|--------|------|
| 51   | KPR. NOWACKI KAMIL               | 262 | BDOW      | SŁUPSK    | POL  | M 35       | 38     | M 51  | 00:05:55 | 00:11:40 | 00:17:31 | 00:23:30.14 | 4:42   | 12.8 |
| 52   | SZER. PRZYBYLSKI JAKUB           | 376 | DPLOT     | SŁUPSK    | POL  | M 35       | 39     | M 52  | 00:06:24 | 00:12:14 | 00:17:17 | 00:23:32.40 | 4:42   | 12.7 |
| 53   | SZER. DUL ARKADIUSZ              | 33  | DAS       | SŁUPSK    | POL  | M 36-45    | 10     | M 53  | 00:06:09 | 00:12:38 | 00:18:25 | 00:23:37.90 | 4:43   | 12.7 |
| 54   | MŁ.CHOR. RYDZEWSKI PIOTR         | 264 | BDOW      | SŁUPSK    | POL  | M 36-45    | 11     | M 54  | 00:05:55 | 00:11:32 | 00:17:33 | 00:23:39.12 | 4:43   | 12.7 |
| 55   | SZER. DZSW BRODZIK KRZYSZTOF     | 310 | DAS       | SŁUPSK    | POL  | M 35       | 40     | M 55  | 00:06:44 | 00:14:25 | 00:18:48 | 00:23:39.38 | 4:43   | 12.7 |
| 56   | KPR. POTASIŃSKI ROMAN            | 10  | DAS       | SŁUPSK    | POL  | M 36-45    | 12     | M 56  | 00:06:04 | 00:11:50 | 00:17:45 | 00:23:41.45 | 4:44   | 12.7 |
| 57   | KPR. KOSTRZEWA KAROL             | 229 | BLOG      | SŁUPSK    | POL  | M 35       | 41     | M 57  | 00:05:52 | 00:11:38 | 00:17:39 | 00:23:44.80 | 4:44   | 12.6 |
| 58   | KPR. KISIELEWSKI WITOLD          | 89  | 2 BZ      | SŁUPSK    | POL  | M 35       | 42     | M 58  | 00:05:51 | 00:11:53 | 00:17:56 | 00:23:45.06 | 4:45   | 12.6 |
| 59   | SZER. KOSTRZEWSKI MARCIN         | 124 | 2 BZ      | SŁUPSK    | POL  | M 35       | 43     | M 59  | 00:06:24 | 00:12:10 | 00:18:03 | 00:23:46.20 | 4:45   | 12.6 |
| 60   | ST. KPR. MATUSZEWSKI RAFAŁ       | 374 | DPLOT     | SŁUPSK    | POL  | DRUŻYNÓWKA | 7      | M 60  | 00:06:17 | 00:12:09 | 00:18:04 | 00:23:46.38 | 4:45   | 12.6 |
| 61   | ST.SZER. MOLIS DAWID             | 98  | 2 BZ      | SŁUPSK    | POL  | M 35       | 44     | M 61  | 00:06:33 | 00:12:18 | 00:18:19 | 00:23:50.62 | 4:46   | 12.6 |
| 62   | POR. MAJCHRZAK ŁUKASZ            | 220 | WOT/7PBOW | SŁUPSK    | POL  | M 35       | 45     | M 62  | 00:05:49 | 00:11:46 | 00:17:37 | 00:23:51.39 | 4:46   | 12.6 |
| 63   | PLUT. KOSTECKI MARIUSZ           | 7   | SZTAB     |           |      | M 36-45    | 13     | M 63  | 00:05:18 | 00:11:10 | 00:17:24 | 00:23:54.77 | 4:46   | 12.6 |
| 64   | SZER. KOZUB SŁAWOMIR             | 27  | DAS       | SŁUPSK    | POL  | M 36-45    | 14     | M 64  | 00:06:24 | 00:12:10 | 00:19:00 | 00:23:55.12 | 4:47   | 12.5 |
| 65   | SZER. ŚLEDŹ KACPER               | 191 | DPLOT     | SŁUPSK    | POL  | M 35       | 46     | M 65  | 00:06:18 | 00:12:19 | 00:18:14 | 00:23:56.14 | 4:47   | 12.5 |
| 66   | SZER. BIŃCZYK KAMIL              | 385 | DPLOT     | SŁUPSK    | POL  | M 35       | 47     | M 66  | 00:06:17 | 00:12:08 | 00:17:48 | 00:23:56.67 | 4:47   | 12.5 |
| 67   | SZER. ADAMCZYK JULIAN            | 235 | BLOG      | SŁUPSK    | POL  | M 35       | 48     | M 67  | 00:06:00 | 00:12:18 | 00:18:22 | 00:23:57.09 | 4:47   | 12.5 |
| 68   | ST.SZER. KANIEWSKI KRYSZTIAN     | 97  | 2 BZ      | SŁUPSK    | POL  | M 35       | 49     | M 68  | 00:06:33 | 00:12:56 | 00:18:19 | 00:23:57.67 | 4:47   | 12.5 |
| 69   | SZER. DZSW KONDRACIUK JAKUB      | 253 | K.SZKOL.  | SŁUPSK    | POL  | M 35       | 50     | M 69  | 00:06:04 | 00:11:59 | 00:18:11 | 00:23:58.96 | 4:47   | 12.5 |
| 70   | ST.SZER. MATUSZEWSKI MATEUSZ     | 233 | BLOG      | SŁUPSK    | POL  | M 35       | 51     | M 70  | 00:06:16 | 00:12:17 | 00:18:22 | 00:24:00.41 | 4:48   | 12.5 |
| 71   | ST.KPR. KURUSIEWICZ PATRYK       | 77  | 2 BZ      | SŁUPSK    | POL  | M 35       | 52     | M 71  | 00:06:42 | 00:12:35 | 00:18:22 | 00:24:01.45 | 4:48   | 12.5 |
| 72   | ST.SZER. PAWLAK MARCIN           | 206 | DPLOT     | SŁUPSK    | POL  | M 36-45    | 15     | M 72  | 00:05:51 | 00:11:42 | 00:17:53 | 00:24:01.65 | 4:48   | 12.5 |
| 73   | ST. SZER. PIETRAŚ KRZYSZTOF      | 375 | BDOW      | SŁUPSK    | POL  | M 35       | 53     | M 73  | 00:06:22 | 00:12:42 | 00:18:59 | 00:24:02.00 | 4:48   | 12.5 |
| 74   | SZER. DZIECINNY JAKUB            | 196 | DPLOT     | SŁUPSK    | POL  | M 35       | 54     | M 74  | 00:06:43 | 00:12:46 | 00:18:41 | 00:24:03.00 | 4:48   | 12.5 |
| 75   | KPR. ZAKRZEWSKI RAFAŁ            | 96  | 2 BZ      | SŁUPSK    | POL  | M 36-45    | 16     | M 75  | 00:05:57 | 00:12:00 | 00:18:01 | 00:24:04.53 | 4:48   | 12.5 |
| 76   | POR. WOJLANIS DARIUSZ            | 99  | SZTAB     | SŁUPSK    | POL  | M 35       | 55     | M 76  | 00:05:59 | 00:11:55 | 00:18:00 | 00:24:04.89 | 4:48   | 12.5 |
| 77   | SZER. DZSW GOŁĄB PATRYK          | 138 | 2 BZ      | SŁUPSK    | POL  | M 35       | 56     | M 77  | 00:05:56 | 00:11:53 | 00:18:10 | 00:24:06.51 | 4:49   | 12.4 |
| 78   | SZER. TOROWICZ ADAM              | 127 | 2 BZ      | SŁUPSK    | POL  | M 36-45    | 17     | M 78  | 00:05:57 | 00:11:50 | 00:18:11 | 00:24:07.44 | 4:49   | 12.4 |
| 79   | SZER. DZSW MROCZKOWSKI BARTOSZ   | 248 | K.SZKOL.  | SŁUPSK    | POL  | M 35       | 57     | M 79  | 00:05:53 | 00:11:48 | 00:18:16 | 00:24:11.73 | 4:50   | 12.4 |
| 80   | SZER. WAWRZYNOWSKI KRZYSZTOF     | 194 | DPLOT     | SŁUPSK    | POL  | M 35       | 58     | M 80  | 00:06:19 | 00:12:04 | 00:18:41 | 00:24:13.80 | 4:50   | 12.4 |
| 81   | SIERŻ. CUDZIŁO PAWEŁ             | 287 | BDOW      | SŁUPSK    | POL  | M 36-45    | 18     | M 81  | 00:06:12 | 00:12:20 | 00:18:29 | 00:24:18.68 | 4:51   | 12.3 |
| 82   | ST.SIERŻ. CUDZIŁO PIOTR          | 227 | BLOG      | SŁUPSK    | POL  | M 36-45    | 19     | M 82  | 00:06:13 | 00:12:17 | 00:18:32 | 00:24:26.10 | 4:53   | 12.3 |
| 83   | SZER. DZSW PILCH JULIAN          | 257 | K.SZKOL.  | SŁUPSK    | POL  | M 35       | 59     | M 83  | 00:06:15 | 00:12:31 | 00:18:51 | 00:24:27.56 | 4:53   | 12.3 |
| 84   | ST.SIERŻ. DUDKA PIOTR            | 226 | BLOG      | SŁUPSK    | POL  | M 36-45    | 20     | M 84  | 00:05:22 | 00:11:29 | 00:18:05 | 00:24:30.00 | 4:54   | 12.2 |
| 85   | SZER. SZMYTKIEWICZ RAFAŁ         | 238 | BLOG      | SŁUPSK    | POL  | DRUŻYNÓWKA | 8      | M 85  | 00:05:54 | 00:11:51 | 00:18:13 | 00:24:31.51 | 4:54   | 12.2 |
| 86   | SZER. SZYMURA KACPER             | 205 | DPLOT     | SŁUPSK    | POL  | M 35       | 60     | M 86  | 00:05:58 | 00:11:57 | 00:18:24 | 00:24:32.15 | 4:54   | 12.2 |
| 87   | SZER. SZOPIŃSKI KACPER           | 362 | BDOW      | SŁUPSK    | POL  | M 35       | 61     | M 87  | 00:05:25 | 00:11:49 | 00:18:11 | 00:24:33.27 | 4:54   | 12.2 |
| 88   | SZER. PIECZYŃSKI PIOTR           | 189 | DPLOT     | SŁUPSK    | POL  | M 35       | 62     | M 88  | 00:05:54 | 00:12:03 | 00:18:33 | 00:24:33.32 | 4:54   | 12.2 |
| 89   | PPOR. SZEFER MARCIN              | 107 | BLOG      | SŁUPSK    | POL  | DRUŻYNÓWKA | 9      | M 89  | 00:05:51 | 00:12:03 | 00:18:18 | 00:24:34.13 | 4:54   | 12.2 |
| 90   | SZER. DZSW SZCZECIŃSKI ARKADIUSZ | 382 | DPLOT     | SŁUPSK    | POL  | M 36-45    | 21     | M 90  | 00:06:31 | 00:12:38 | 00:18:42 | 00:24:35.46 | 4:55   | 12.2 |
| 91   | PPOR. BIELAK ADRIAN              | 259 | BDOW      | SŁUPSK    | POL  | M 36-45    | 22     | M 91  | 00:06:26 | 00:12:36 | 00:18:44 | 00:24:35.67 | 4:55   | 12.2 |
| 92   | SZER. BEDNAREK JAKUB             | 110 | 2 BZ      | SŁUPSK    | POL  | M 35       | 63     | M 92  | 00:06:48 | 00:12:57 | 00:17:23 | 00:24:41.56 | 4:56   | 12.2 |
| 93   | PPOR. KOSICKI ŁUKASZ             | 285 | BDOW      | SŁUPSK    | POL  | M 36-45    | 23     | M 93  | 00:06:21 | 00:12:37 | 00:18:45 | 00:24:41.72 | 4:56   | 12.2 |
| 94   | SZER. DZSW KOLANOWSKI JACEK      | 211 | K.SZKOL.  | SŁUPSK    | POL  | M 36-45    | 24     | M 94  | 00:06:08 | 00:12:24 | 00:18:44 | 00:24:47.06 | 4:57   | 12.1 |
| 95   | ST. KPR. PETRYSZYN MARCIN        | 346 | DAS       | SŁUPSK    | POL  | M 36-45    | 25     | M 95  | 00:06:36 | 00:12:56 | 00:19:03 | 00:24:49.49 | 4:57   | 12.1 |
| 96   | SZER. FILIPEK KACPER             | 104 | 2 BZ      | SŁUPSK    | POL  | M 35       | 64     | M 96  | 00:06:10 | 00:12:23 | 00:18:46 | 00:24:51.78 | 4:58   | 12.1 |
| 97   | ST.SZER. MAŁEK PAWEŁ             | 269 | BDOW      | SŁUPSK    | POL  | M 35       | 65     | M 97  | 00:05:56 | 00:12:06 | 00:18:38 | 00:24:52.95 | 4:58   | 12.1 |
| 98   | SIERŻ. IGLEWSKI MAREK            | 83  | 2 BZ      | SŁUPSK    | POL  | M 36-45    | 26     | M 98  | 00:06:57 | 00:12:38 | 00:17:12 | 00:24:54.24 | 4:58   | 12   |
| 99   | SZER. SUPERSON TOMASZ            | 73  | 2 BZ      | SŁUPSK    | POL  | M 35       | 66     | M 99  | 00:06:54 | 00:13:22 | 00:19:26 | 00:24:54.83 | 4:58   | 12   |
| 100  | ST.SZER. ZABŁOCKI ARTUR          | 232 | BLOG      | SŁUPSK    | POL  | M 36-45    | 27     | M 100 | 00:06:29 | 00:12:42 | 00:18:50 | 00:24:55.63 | 4:59   | 12   |
| 101  | SZER. DZSW RUSIECKI JAKUB        | 252 | K.SZKOL.  | SŁUPSK    | POL  | M 35       | 67     | M 101 | 00:05:39 | 00:12:02 | 00:18:41 | 00:24:59.67 | 4:59   | 12   |
| 102  | KPR. PANEK IRENEUSZ              | 46  | DAS       | SŁUPSK    | POL  | M 36-45    | 28     | M 102 | 00:05:53 | 00:12:01 | 00:18:38 | 00:25:00.72 | 5:00   | 12   |
| 103  | PPOR. POLAK RADOŚLAW             | 179 | DPLOT     | SŁUPSK    | POL  | M 36-45    | 29     | M 103 | 00:06:05 | 00:12:25 | 00:17:36 | 00:25:01.26 | 5:00   | 12   |
| 104  | KPR. BANDOSZ RADOŚLAW            | 163 | 1BZ       | ŁĘBORK    | POL  | M 35       | 68     | M 104 | 00:06:15 | 00:12:13 | 00:17:26 | 00:25:06.44 | 5:01   | 12   |
| 105  | SZER. DZSW. DZIKOWICZ DAWID      | 117 | K.SZKOL.  | SŁUPSK    | POL  | M 35       | 69     | M 105 | 00:06:29 | 00:12:50 | 00:18:58 | 00:25:06.55 | 5:01   | 12   |
| 106  | SZER. GOŁĄB MICHAŁ               | 192 | DPLOT     | SŁUPSK    | POL  | M 36-45    | 30     | M 106 | 00:06:04 | 00:12:49 | 00:19:19 | 00:25:07.88 | 5:01   | 11.9 |
| 107  | SZER. DZSW DROST MICHAŁ          | 144 | 2 BZ      | SŁUPSK    | POL  | M 35       | 70     | M 107 | 00:06:21 | 00:12:53 | 00:19:09 | 00:25:08.67 | 5:01   | 11.9 |



**MISTRZOSTWA 7 BOW - 5KM, M OPEN c.d.**

| M-ce | Nazwisko i imię                   | Nr  | Klub     | M-scowość | Kraj | Kat.       | M. kat | K/M   | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|-----------------------------------|-----|----------|-----------|------|------------|--------|-------|----------|----------|----------|-------------|--------|------|
| 108  | SZER. DZSW GOŁOŚ PRZEMYSŁAW       | 355 | BDOW     | SŁUPSK    | POL  | M 35       | 71     | M 108 | 00:07:32 | 00:14:08 | 00:20:07 | 00:25:12.02 | 5:02   | 11.9 |
| 109  | SZER. DZSW. KOZIEŁ MICHAŁ         | 195 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 72     | M 109 | 00:06:29 | 00:12:50 | 00:18:57 | 00:25:12.70 | 5:02   | 11.9 |
| 110  | SZER. DAWIDOWICZ ADAM             | 54  | DAS      | SŁUPSK    | POL  | M 35       | 73     | M 110 | 00:06:03 | 00:12:30 | 00:19:01 | 00:25:18.03 | 5:03   | 11.9 |
| 111  | PPŁK KWIATKOWSKI STANISŁAW        | 8   | DAS      | SŁUPSK    | POL  | M 36-45    | 31     | M 111 | 00:06:13 | 00:12:21 | 00:18:51 | 00:25:18.59 | 5:03   | 11.9 |
| 112  | SZER. DZSW FIENKO KRZYSZTOF       | 207 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 74     | M 112 | 00:05:48 | 00:12:23 | 00:18:47 | 00:25:20.04 | 5:04   | 11.8 |
| 113  | SZER. DZSW CHWARZYŃSKI JAKUB      | 370 | DAS      | SŁUPSK    | POL  | M 35       | 75     | M 113 | 00:06:56 | 00:14:05 | 00:19:29 | 00:25:21.96 | 5:04   | 11.8 |
| 114  | SZER. MICHORZEWSKI MATEUSZ        | 367 | DAS      | SŁUPSK    | POL  | M 35       | 76     | M 114 | 00:06:00 | 00:12:12 | 00:18:41 | 00:25:24.65 | 5:04   | 11.8 |
| 115  | SZER. PAWELEC ŁUKASZ              | 55  | DAS      | SŁUPSK    | POL  | M 35       | 77     | M 115 | 00:05:51 | 00:12:01 | 00:18:44 | 00:25:26.80 | 5:05   | 11.8 |
| 116  | SZER. DZSW KROPIDŁOWSKI KRYSZTIAN | 193 | DPLOT    | SŁUPSK    | POL  | M 35       | 78     | M 116 | 00:05:59 | 00:12:23 | 00:18:12 | 00:25:33.29 | 5:06   | 11.7 |
| 117  | SZER. DZSW CHMIEL MATEUSZ         | 149 | 2 BZ     | SŁUPSK    | POL  | M 35       | 79     | M 117 | 00:06:17 | 00:13:01 | 00:19:14 | 00:25:33.76 | 5:06   | 11.7 |
| 118  | CHOR. ANIOŁ SEBASTIAN             | 344 | SZTAB    | SŁUPSK    | POL  | DRUŻYNÓWKA | 11     | M 118 | 00:05:38 | 00:12:02 | 00:18:35 | 00:25:37.00 | 5:07   | 11.7 |
| 119  | CHOR. PRZYBYLSKI RAFAŁ            | 363 | BLOG     | SŁUPSK    | POL  | DRUŻYNÓWKA | 12     | M 119 | 00:06:03 | 00:12:23 | 00:19:02 | 00:25:42.58 | 5:08   | 11.7 |
| 120  | SZER. STRZAŁBA KRZYSZTOF          | 62  | DAS      | SŁUPSK    | POL  | M 35       | 80     | M 120 | 00:06:00 | 00:12:20 | 00:19:14 | 00:25:44.03 | 5:08   | 11.7 |
| 121  | SZER. PANEK PAWEŁ                 | 187 | DPLOT    | SŁUPSK    | POL  | M 35       | 81     | M 121 | 00:05:58 | 00:12:29 | 00:19:20 | 00:25:48.93 | 5:09   | 11.6 |
| 122  | SZER. LETKOMILLER MARIUSZ         | 181 | DPLOT    | SŁUPSK    | POL  | M 35       | 82     | M 122 | 00:05:36 | 00:12:04 | 00:19:09 | 00:25:51.28 | 5:10   | 11.6 |
| 123  | KPR. WARZEWSKI NIKODEM            | 18  | DAS      | SŁUPSK    | POL  | M 35       | 83     | M 123 | 00:06:46 | 00:13:07 | 00:19:30 | 00:25:52.60 | 5:10   | 11.6 |
| 124  | SZER. SUCHTA MICHAŁ               | 103 | BDOW     | SŁUPSK    | POL  | M 35       | 84     | M 124 | 00:06:40 | 00:12:59 | 00:19:27 | 00:25:54.08 | 5:10   | 11.6 |
| 125  | ST.SZER. KACPERSKI MAREK          | 203 | DPLOT    | SŁUPSK    | POL  | M 36-45    | 32     | M 125 | 00:05:53 | 00:12:23 | 00:19:18 | 00:25:55.36 | 5:11   | 11.6 |
| 126  | KPR. KAMIŃSKI KRZYSZTOF           | 95  | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 33     | M 126 | 00:06:51 | 00:13:20 | 00:19:53 | 00:25:59.05 | 5:11   | 11.5 |
| 127  | SZER. KOŚLA DAWID                 | 173 | KSAP.    | SŁUPSK    | POL  | M 35       | 85     | M 127 | 00:06:31 | 00:12:23 | 00:19:13 | 00:26:04.40 | 5:12   | 11.5 |
| 128  | SZER. TRĄBKA KRYSZTIAN            | 172 | KSAP.    | SŁUPSK    | POL  | M 35       | 86     | M 128 | 00:06:28 | 00:12:54 | 00:20:06 | 00:26:05.96 | 5:13   | 11.5 |
| 129  | POR.WYSOCKI MATEUSZ               | 9   | 2 BZ     | SŁUPSK    | POL  | M 35       | 87     | M 129 | 00:06:28 | 00:12:26 | 00:19:15 | 00:26:09.70 | 5:13   | 11.5 |
| 130  | ST.KPR. KLESZCZ MICHAŁ            | 123 | 2 BZ     | SŁUPSK    | POL  | M 35       | 88     | M 130 | 00:06:14 | 00:12:28 | 00:19:07 | 00:26:10.03 | 5:14   | 11.5 |
| 131  | ST.CHOR.SZT. BORYS KRZYSZTOF      | 14  | DAS      | SŁUPSK    | POL  | M 36-45    | 34     | M 131 | 00:06:42 | 00:13:12 | 00:19:47 | 00:26:16.21 | 5:15   | 11.4 |
| 132  | ST.CHOR.SZT. NOWACKI ZBIGNIEW     | 225 | BLOG     | SŁUPSK    | POL  | DRUŻYNÓWKA | 13     | M 132 | 00:06:07 | 00:12:49 | 00:19:20 | 00:26:17.00 | 5:15   | 11.4 |
| 133  | SZER. ŚWIATEK MATEUSZ             | 118 | 2 BZ     | SŁUPSK    | POL  | M 35       | 89     | M 133 | 00:06:28 | 00:12:46 | 00:19:39 | 00:26:19.67 | 5:15   | 11.4 |
| 134  | SZER. POTRYKUS DAWID              | 204 | DPLOT    | SŁUPSK    | POL  | M 35       | 90     | M 134 | 00:06:37 | 00:13:18 | 00:19:59 | 00:26:20.32 | 5:16   | 11.4 |
| 135  | SZER. ŁACHMANOWICZ ŁUKASZ         | 169 | KSAP.    | SŁUPSK    | POL  | M 35       | 91     | M 135 | 00:06:04 | 00:12:34 | 00:19:14 | 00:26:20.91 | 5:16   | 11.4 |
| 136  | SZER. DZSW KOLANKO PATRYK         | 140 | 2 BZ     | SŁUPSK    | POL  | M 35       | 92     | M 136 | 00:06:01 | 00:12:56 | 00:20:00 | 00:26:21.70 | 5:16   | 11.4 |
| 137  | SZER.DZSW GRYWIŃSKI BARTOSZ       | 188 | DPLOT    | SŁUPSK    | POL  | M 35       | 93     | M 137 | 00:06:00 | 00:12:24 | 00:19:24 | 00:26:22.21 | 5:16   | 11.4 |
| 138  | SZER. DZSW KOWALSKI KACPER        | 213 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 94     | M 138 | 00:06:18 | 00:12:49 | 00:19:20 | 00:26:24.63 | 5:16   | 11.4 |
| 139  | PLUT. ZEMRYS JANUSZ               | 326 | BDOW     | SŁUPSK    | POL  | M 36-45    | 35     | M 139 | 00:06:26 | 00:13:17 | 00:20:06 | 00:26:24.64 | 5:16   | 11.4 |
| 140  | KPR. JANIK RADOŚLAW               | 177 | 2 BZ     | SŁUPSK    | POL  | M 35       | 95     | M 140 | 00:06:51 | 00:13:11 | 00:19:11 | 00:26:24.69 | 5:16   | 11.4 |
| 141  | SZER. FURMANIAK KACPER            | 137 | BLOG     | SŁUPSK    | POL  | M 35       | 96     | M 141 | 00:06:16 | 00:12:17 | 00:18:37 | 00:26:25.99 | 5:17   | 11.4 |
| 142  | KPR. STAŃCZYK ARKADIUSZ           | 94  | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 36     | M 142 | 00:06:38 | 00:13:07 | 00:19:55 | 00:26:36.66 | 5:19   | 11.3 |
| 143  | KPR. CZERNIEJEWSKI PAWEŁ          | 185 | DPLOT    | SŁUPSK    | POL  | M 35       | 97     | M 143 | 00:06:59 | 00:13:30 | 00:20:08 | 00:26:38.82 | 5:19   | 11.3 |
| 144  | SZER. DZSW KOGUT PRZEMYSŁAW       | 142 | 2 BZ     | SŁUPSK    | POL  | M 35       | 98     | M 144 | 00:06:19 | 00:13:30 | 00:20:27 | 00:26:40.05 | 5:20   | 11.3 |
| 145  | SZER. PIETKUN KLAUDIA             | 70  | 2 BZ     | SŁUPSK    | POL  | M 35       | 99     | M 145 | 00:06:51 | 00:13:20 | 00:20:07 | 00:26:55.46 | 5:23   | 11.1 |
| 146  | SZER. DZSW KOZACZUK JAKUB         | 359 | BDOW     | SŁUPSK    | POL  | M 35       | 100    | M 146 | 00:07:23 | 00:14:00 | 00:20:28 | 00:26:55.48 | 5:23   | 11.1 |
| 147  | SZER. KOZACZUK KACPER             | 342 | BDOW     | SŁUPSK    | POL  | M 35       | 101    | M 147 | 00:06:56 | 00:14:01 | 00:20:28 | 00:26:55.86 | 5:23   | 11.1 |
| 148  | KPR. URBANIAK ŁUKASZ              | 92  | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 37     | M 148 | 00:07:08 | 00:13:53 | 00:20:36 | 00:26:56.45 | 5:23   | 11.1 |
| 149  | KPR. BORKOWICZ MARCIN             | 93  | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 38     | M 149 | 00:07:05 | 00:13:55 | 00:20:50 | 00:27:08.09 | 5:25   | 11.1 |
| 150  | KPR. DĘBICKI SEBASTIAN            | 270 | BLOG     | SŁUPSK    | POL  | M 36-45    | 39     | M 150 | 00:06:54 | 00:13:37 | 00:20:29 | 00:27:12.68 | 5:26   | 11   |
| 151  | SZER. RADOŚZEWSKI FABIAN          | 340 | BDOW     | SŁUPSK    | POL  | M 35       | 102    | M 151 | 00:05:18 | 00:13:17 | 00:20:17 | 00:27:13.65 | 5:26   | 11   |
| 152  | SZER. DZSW BŁOCH DANIEL           | 246 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 103    | M 152 | 00:05:58 | 00:12:44 | 00:19:58 | 00:27:15.54 | 5:27   | 11   |
| 153  | SZER. DZSW GARBARZ KRZYSZTOF      | 354 | BDOW     | SŁUPSK    | POL  | M 35       | 104    | M 153 | 00:06:05 | 00:13:34 | 00:20:05 | 00:27:15.96 | 5:27   | 11   |
| 154  | ST.KPR. SAMSONOWICZ PATRYK        | 84  | 2 BZ     | SŁUPSK    | POL  | M 35       | 105    | M 154 | 00:06:41 | 00:13:25 | 00:20:15 | 00:27:16.67 | 5:27   | 11   |
| 155  | SZER. MŁOCZYŃSKI KRYSZTIAN        | 323 | BLOG     | SŁUPSK    | POL  | M 35       | 106    | M 155 | 00:07:16 | 00:14:38 | 00:22:13 | 00:27:20.97 | 5:28   | 11   |
| 156  | SZER. DZSW MUSIAŁ PIOTR           | 256 | K.SZKOL. | SŁUPSK    | POL  | M 36-45    | 40     | M 156 | 00:07:18 | 00:14:07 | 00:20:55 | 00:27:22.08 | 5:28   | 11   |
| 157  | SZER. PIETRASZ RAFAŁ              | 125 | 2 BZ     | SŁUPSK    | POL  | M 35       | 107    | M 157 | 00:06:52 | 00:13:41 | 00:20:43 | 00:27:22.54 | 5:28   | 11   |
| 158  | ST.SZER. KARCZESKI ŁUKASZ         | 200 | DPLOT    | SŁUPSK    | POL  | M 35       | 108    | M 158 | 00:06:38 | 00:13:31 | 00:20:26 | 00:27:25.05 | 5:29   | 10.9 |
| 159  | ST.SZER. ŁAGA MATEUSZ             | 35  | DAS      | SŁUPSK    | POL  | M 35       | 109    | M 159 | 00:07:31 | 00:14:29 | 00:21:27 | 00:27:27.52 | 5:29   | 10.9 |
| 160  | SZER. HERNIK KAMIL                | 42  | DAS      | SŁUPSK    | POL  | M 35       | 110    | M 160 | 00:07:14 | 00:14:29 | 00:20:08 | 00:27:29.40 | 5:29   | 10.9 |
| 161  | SZER. DZSW ŁODYGOWSKI ŁUKASZ      | 347 | BLOG     | SŁUPSK    | POL  | M 35       | 111    | M 161 | 00:07:17 | 00:14:11 | 00:21:09 | 00:27:31.98 | 5:30   | 10.9 |
| 162  | SZER. DZSW ZARAŚ KRYSZTIAN        | 366 | DAS      | SŁUPSK    | POL  | M 35       | 112    | M 162 | 00:06:51 | 00:13:39 | 00:20:35 | 00:27:35.80 | 5:31   | 10.9 |
| 163  | SZER. DZSW WINIARSKI BARTŁOMIEJ   | 380 | DPLOT    | SŁUPSK    | POL  | M 35       | 113    | M 163 | 00:06:33 | 00:13:08 | 00:20:22 | 00:27:36.30 | 5:31   | 10.9 |
| 164  | KPR. STECIUK PAWEŁ                | 294 | BLOG     | SŁUPSK    | POL  | M 35       | 114    | M 164 | 00:06:54 | 00:13:32 | 00:20:41 | 00:27:36.61 | 5:31   | 10.9 |

**MISTRZOSTWA 7 BOW - 5KM, M OPEN c.d.**

| M-ce | Nazwisko i imię               | Nr  | Klub     | M-scowość  | Kraj | Kat.       | M. kat | K/M   | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|-------------------------------|-----|----------|------------|------|------------|--------|-------|----------|----------|----------|-------------|--------|------|
| 165  | SZER. DZSW ROSA PAWEŁ         | 136 | 2 BZ     | SŁUPSK     | POL  | M 35       | 115    | M 165 | 00:07:07 | 00:14:04 | 00:20:54 | 00:27:37.75 | 5:31   | 10.9 |
| 166  | SZER. PALUCH BARTOSZ          | 132 | 2 BZ     | SŁUPSK     | POL  | M 35       | 116    | M 166 | 00:07:10 | 00:13:52 | 00:20:35 | 00:27:37.82 | 5:31   | 10.9 |
| 167  | KPR. WINIARCZYK MATEUSZ       | 296 | BDOW     | SŁUPSK     | POL  | M 35       | 117    | M 167 | 00:06:50 | 00:14:08 | 00:21:43 | 00:27:41.91 | 5:32   | 10.8 |
| 168  | SIERZ. ROSTEK TOMASZ          | 78  | SZTAB    | SŁUPSK     | POL  | M 36-45    | 41     | M 168 | 00:06:34 | 00:13:06 | 00:20:27 | 00:27:42.15 | 5:32   | 10.8 |
| 169  | SZER. DZSW PATOCKI ADRIAN     | 368 | DAS      | SŁUPSK     | POL  | M 35       | 118    | M 169 | 00:06:51 | 00:13:39 | 00:20:47 | 00:27:43.60 | 5:32   | 10.8 |
| 170  | SZER. WRÓŃSKI PAWEŁ           | 338 | BDOW     | SŁUPSK     | POL  | M 36-45    | 42     | M 170 | 00:06:59 | 00:13:56 | 00:20:54 | 00:27:48.14 | 5:33   | 10.8 |
| 171  | ST.SZER. BIAŁOWAŚ DANIEL      | 231 | BLOG     | SŁUPSK     | POL  | M 35       | 119    | M 171 | 00:06:59 | 00:13:44 | 00:20:41 | 00:27:52.47 | 5:34   | 10.8 |
| 172  | SZER. DZSW ROSOŁOWSKI MATEUSZ | 209 | K.SZKOL. | SŁUPSK     | POL  | M 35       | 120    | M 172 | 00:06:33 | 00:13:27 | 00:20:50 | 00:27:57.32 | 5:35   | 10.7 |
| 173  | SZER. DZSW PIETRZAK MICHAŁ    | 249 | K.SZKOL. | SŁUPSK     | POL  | M 35       | 121    | M 173 | 00:06:39 | 00:13:31 | 00:20:37 | 00:27:57.58 | 5:35   | 10.7 |
| 174  | PPLK RACZYŃSKI PIOTR          | 2   | BDOW     |            |      | DRUŻYNÓWKA | 16     | M 174 | 00:07:11 | 00:14:12 | 00:21:08 | 00:28:00.29 | 5:36   | 10.7 |
| 175  | SZER. SKRZYŃIAK OSKAR         | 369 | BDOW     | SŁUPSK     | POL  | M 35       | 122    | M 175 | 00:06:59 | 00:13:35 | 00:21:26 | 00:28:00.72 | 5:36   | 10.7 |
| 176  | SZER. MIERNIK ALEKSANDRA      | 66  | DAS      | SŁUPSK     | POL  | M 35       | 123    | M 176 | 00:06:46 | 00:13:55 | 00:21:16 | 00:28:07.98 | 5:37   | 10.7 |
| 177  | KPR. ZAKRZEWSKI DAMIAN        | 279 | BDOW     | SŁUPSK     | POL  | M 36-45    | 43     | M 177 | 00:07:27 | 00:14:21 | 00:21:42 | 00:28:11.46 | 5:38   | 10.6 |
| 178  | SZER. PRUSS ADRIAN            | 198 | DPLLOT   | SŁUPSK     | POL  | M 35       | 124    | M 178 | 00:06:43 | 00:13:43 | 00:21:36 | 00:28:16.18 | 5:39   | 10.6 |
| 179  | ST.SZER. SZWARK MATEUSZ       | 202 | DPLLOT   | SŁUPSK     | POL  | M 36-45    | 44     | M 179 | 00:06:28 | 00:13:44 | 00:21:21 | 00:28:16.80 | 5:39   | 10.6 |
| 180  | POR. KOZEKO KAMIL             | 6   | BDOW     |            |      | M 36-45    | 45     | M 180 | 00:07:22 | 00:14:33 | 00:21:26 | 00:28:16.91 | 5:39   | 10.6 |
| 181  | SZER. DZSW NIEBALSKI ADRIAN   | 353 | BDOW     | SŁUPSK     | POL  | M 35       | 125    | M 181 | 00:07:31 | 00:14:32 | 00:21:22 | 00:28:21.98 | 5:40   | 10.6 |
| 182  | SZER. DZSW BRZESKI ZBIGNIEW   | 147 | 2 BZ     | SŁUPSK     | POL  | M 36-45    | 46     | M 182 | 00:06:28 | 00:13:38 | 00:21:09 | 00:28:23.41 | 5:40   | 10.6 |
| 183  | KPR. KĘPIŃSKI DAWID           | 300 | BDOW     | SŁUPSK     | POL  | M 36-45    | 47     | M 183 | 00:06:39 | 00:14:08 | 00:21:43 | 00:28:24.17 | 5:40   | 10.6 |
| 184  | SZER. JARCZYŃSKI KRZYSZTOF    | 197 | DPLLOT   | SŁUPSK     | POL  | DRUŻYNÓWKA | 18     | M 184 | 00:06:35 | 00:13:54 | 00:21:07 | 00:28:27.72 | 5:41   | 10.5 |
| 185  | SZER. PAWLIK KRZYSZTOF        | 19  | DAS      | SŁUPSK     | POL  | M 35       | 126    | M 185 | 00:07:32 | 00:14:29 | 00:21:30 | 00:28:30.53 | 5:42   | 10.5 |
| 186  | SIERŻ. KOLAŃSKI JÓZEF         | 15  | DAS      | SŁUPSK     | POL  | M 35       | 127    | M 186 | 00:06:46 | 00:13:43 | 00:21:16 | 00:28:34.61 | 5:42   | 10.5 |
| 187  | SZER. ŚWIDERSKI ŁUKASZ        | 119 | 2 BZ     | SŁUPSK     | POL  | M 35       | 128    | M 187 | 00:07:33 | 00:14:53 | 00:22:03 | 00:28:41.45 | 5:44   | 10.5 |
| 188  | SZER. ŻURAWSKI MATEUSZ        | 280 | BDOW     | SŁUPSK     | POL  | M 35       | 129    | M 188 | 00:05:51 | 00:13:26 | 00:22:39 | 00:28:42.07 | 5:44   | 10.5 |
| 189  | SZER. DZSW HONCZARUK KACPER   | 158 | 2 BZ     | SŁUPSK     | POL  | M 35       | 130    | M 189 | 00:06:07 | 00:13:44 | 00:20:26 | 00:28:44.38 | 5:44   | 10.4 |
| 190  | SZER. MONCZAK SZYMON          | 174 | KSAP.    | SŁUPSK     | POL  | M 35       | 131    | M 190 | 00:07:06 | 00:14:07 | 00:21:26 | 00:28:48.06 | 5:45   | 10.4 |
| 191  | KPR. GŁUSZEK PAWEŁ            | 278 | BDOW     | SŁUPSK     | POL  | M 35       | 132    | M 191 | 00:07:27 | 00:14:22 | 00:21:43 | 00:28:49.21 | 5:45   | 10.4 |
| 192  | ST.SZER.SPEC. KULESZA DOMINIK | 298 | BDOW     | SŁUPSK     | POL  | M 36-45    | 48     | M 192 | 00:07:48 | 00:15:18 | 00:22:27 | 00:28:50.30 | 5:46   | 10.4 |
| 193  | KPR. STOKŁOSA PATRYK          | 286 | BDOW     | SŁUPSK     | POL  | M 35       | 133    | M 193 | 00:07:37 | 00:14:48 | 00:22:03 | 00:28:51.06 | 5:46   | 10.4 |
| 194  | SZER. DZSW DRAUS KACPER       | 143 | 2 BZ     | SŁUPSK     | POL  | M 35       | 134    | M 194 | 00:07:48 | 00:15:04 | 00:21:48 | 00:28:51.18 | 5:46   | 10.4 |
| 195  | KPR. JERZYK KRZYSZTOF         | 87  | 2 BZ     | SŁUPSK     | POL  | M 36-45    | 49     | M 195 | 00:06:36 | 00:13:53 | 00:21:33 | 00:28:54.06 | 5:46   | 10.4 |
| 196  | SZER. BAGNIUK KACPER          | 133 | 2 BZ     | SŁUPSK     | POL  | M 35       | 135    | M 196 | 00:07:05 | 00:13:57 | 00:21:37 | 00:28:55.31 | 5:47   | 10.4 |
| 197  | KPR. BAKSALERSKI MICHAŁ       | 263 | BDOW     | SŁUPSK     | POL  | M 36-45    | 50     | M 197 | 00:07:37 | 00:14:49 | 00:22:04 | 00:28:57.56 | 5:47   | 10.4 |
| 198  | PPOR. RABOWSKI KRZYSZTOF      | 321 | 2 BZ     | SŁUPSK     | POL  | M 36-45    | 51     | M 198 | 00:06:50 | 00:13:47 | 00:21:23 | 00:29:00.49 | 5:48   | 10.3 |
| 199  | SZER. MATUSZEWSKI PIOTR       | 128 | 2 BZ     | SŁUPSK     | POL  | M 36-45    | 52     | M 199 | 00:07:24 | 00:14:22 | 00:21:41 | 00:29:00.65 | 5:48   | 10.3 |
| 200  | SZER. DZSW BRONICKI DAMIAN    | 349 | BLOG     | SŁUPSK     | POL  | M 35       | 136    | M 200 | 00:07:32 | 00:14:54 | 00:22:19 | 00:29:02.21 | 5:48   | 10.3 |
| 201  | SZER. GOPLAREK PRZEMYSŁAW     | 267 | BDOW     | SŁUPSK     | POL  | M 36-45    | 53     | M 201 | 00:07:10 | 00:14:26 | 00:21:50 | 00:29:10.08 | 5:50   | 10.3 |
| 202  | SZER. DZSW PASON MATEUSZ      | 254 | K.SZKOL. | SŁUPSK     | POL  | M 35       | 137    | M 202 | 00:07:18 | 00:14:26 | 00:21:46 | 00:29:15.92 | 5:51   | 10.3 |
| 203  | SZER. BRZOZOWSKI PATRYK       | 36  | DAS      | SŁUPSK     | POL  | M 35       | 138    | M 203 | 00:07:01 | 00:14:38 | 00:22:05 | 00:29:16.50 | 5:51   | 10.3 |
| 204  | PLUT. ŁASKA PIOTR             | 29  | 3 BZ     | TRZEBIATÓW | POL  | M 36-45    | 54     | M 204 | 00:07:31 | 00:14:29 | 00:22:02 | 00:29:16.97 | 5:51   | 10.3 |
| 205  | SZER. KARPINIEC SEWERYN       | 327 | BDOW     | SŁUPSK     | POL  | M 35       | 139    | M 205 | 00:07:48 | 00:14:58 | 00:22:07 | 00:29:17.75 | 5:51   | 10.2 |
| 206  | SZER. BODNAR DAWID            | 170 | KSAP.    | SŁUPSK     | POL  | M 35       | 140    | M 206 | 00:06:41 | 00:14:12 | 00:22:13 | 00:29:25.21 | 5:53   | 10.2 |
| 207  | SZER. PIETRZAK BARTŁOMIEJ     | 237 | BLOG     | SŁUPSK     | POL  | M 35       | 141    | M 207 | 00:06:53 | 00:13:24 | 00:21:48 | 00:29:29.16 | 5:53   | 10.2 |
| 208  | SZER. JASTRZĘBSKI JAKUB       | 283 | BDOW     | SŁUPSK     | POL  | M 35       | 142    | M 208 | 00:07:47 | 00:15:47 | 00:23:00 | 00:29:30.65 | 5:54   | 10.2 |
| 209  | SZER. DZSW. ŁASZEWSKI KORDIAN | 16  | K.SZKOL. | SŁUPSK     | POL  | M 35       | 143    | M 209 | 00:06:29 | 00:13:25 | 00:21:54 | 00:29:31.54 | 5:54   | 10.2 |
| 210  | SZER. STYK PIOTR              | 331 | BDOW     | SŁUPSK     | POL  | M 36-45    | 55     | M 210 | 00:06:26 | 00:15:13 | 00:22:22 | 00:29:32.94 | 5:54   | 10.2 |
| 211  | SZER. GAZDECKI JAN            | 339 | BDOW     | SŁUPSK     | POL  | M 35       | 144    | M 211 | 00:07:33 | 00:14:58 | 00:22:37 | 00:29:42.52 | 5:56   | 10.1 |
| 212  | SZER. HEJDYNRAJCH KONRAD      | 47  | DAS      | SŁUPSK     | POL  | M 36-45    | 56     | M 212 | 00:07:40 | 00:14:49 | 00:22:18 | 00:29:42.59 | 5:56   | 10.1 |
| 213  | SZER. TUREK KAMIL             | 176 | KSAP.    | SŁUPSK     | POL  | M 35       | 145    | M 213 | 00:06:35 | 00:14:20 | 00:23:18 | 00:29:57.21 | 5:59   | 10   |
| 214  | SZER. BONIEWSKI SŁAWOMIR      | 184 | DPLLOT   | SŁUPSK     | POL  | DRUŻYNÓWKA | 21     | M 214 | 00:06:53 | 00:14:31 | 00:22:30 | 00:29:59.78 | 5:59   | 10   |
| 215  | SZER. BEMOWSKI WOJCIECH       | 135 | 2 BZ     | SŁUPSK     | POL  | M 35       | 146    | M 215 | 00:07:59 | 00:15:37 | 00:22:42 | 00:30:03.08 | 6:00   | 10   |
| 216  | KPR. KAMIŃSKI PIOTR           | 274 | BDOW     | SŁUPSK     | POL  | M 36-45    | 57     | M 216 | 00:07:27 | 00:15:00 | 00:22:09 | 00:30:08.23 | 6:01   | 10   |
| 217  | SZER. OLCZAK ADAM             | 277 | BDOW     | SŁUPSK     | POL  | M 35       | 147    | M 217 | 00:07:55 | 00:15:56 | 00:23:09 | 00:30:11.00 | 6:02   | 9.9  |
| 218  | SZER. DZSW EKMAN MICHAŁ       | 151 | 2 BZ     | SŁUPSK     | POL  | M 35       | 148    | M 218 | 00:06:57 | 00:14:17 | 00:22:32 | 00:30:13.54 | 6:02   | 9.9  |
| 219  | SZER. CHAJEWSKI ROBERT        | 293 | BDOW     | SŁUPSK     | POL  | DRUŻYNÓWKA | 24     | M 219 | 00:07:50 | 00:15:17 | 00:22:54 | 00:30:20.63 | 6:04   | 9.9  |
| 220  | POR. GOLIS MACIEJ             | 13  | DAS      | SŁUPSK     | POL  | DRUŻYNÓWKA | 25     | M 220 | 00:07:11 | 00:15:20 | 00:22:20 | 00:30:30.82 | 6:06   | 9.8  |
| 221  | SZER. KOTECKI KAMIL           | 381 | DPLLOT   | SŁUPSK     | POL  | M 35       | 149    | M 221 | 00:07:22 | 00:14:51 | 00:22:54 | 00:30:33.46 | 6:06   | 9.8  |

**MISTRZOSTWA 7 BOW - 5KM, M OPEN c.d.**

| M-ce | Nazwisko i imię                  | Nr  | Klub     | M-scowość | Kraj | Kat.       | M. kat | K/M   | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|----------------------------------|-----|----------|-----------|------|------------|--------|-------|----------|----------|----------|-------------|--------|------|
| 222  | SZER. DZSW GARBATOWSKI MARCIN    | 361 | BDOW     | SŁUPSK    | POL  | M 35       | 150    | M 222 | 00:07:33 | 00:15:05 | 00:23:02 | 00:30:34.55 | 6:06   | 9.8  |
| 223  | SZER. SMOLIŃSKI OSKAR            | 58  | DAS      | SŁUPSK    | POL  | M 35       | 151    | M 223 | 00:07:28 | 00:15:15 | 00:23:25 | 00:30:38.77 | 6:07   | 9.8  |
| 224  | SZER. SICIĄK KONRAD              | 64  | DAS      | SŁUPSK    | POL  | M 35       | 152    | M 224 | 00:07:29 | 00:15:10 | 00:23:28 | 00:30:40.27 | 6:08   | 9.8  |
| 225  | GEN.BRYG. KOPKA ROMAN            | 1   | SZTAB    | SŁUPSK    | POL  | DRUŻYNÓWKA | 26     | M 225 | 00:07:20 | 00:15:01 | 00:22:59 | 00:30:41.23 | 6:08   | 9.8  |
| 226  | ST.KPR. SUCHARSKI DANIEL         | 265 | BDOW     | SŁUPSK    | POL  | M 36-45    | 58     | M 226 | 00:07:28 | 00:15:01 | 00:22:55 | 00:30:45.53 | 6:09   | 9.8  |
| 227  | SZER. BAJERSKI BARTOSZ           | 121 | 2 BZ     | SŁUPSK    | POL  | M 35       | 153    | M 227 | 00:07:09 | 00:15:00 | 00:23:22 | 00:30:46.15 | 6:09   | 9.8  |
| 228  | KPR. KUZEK MARCIN                | 230 | BLOG     | SŁUPSK    | POL  | M 36-45    | 59     | M 228 | 00:07:30 | 00:14:58 | 00:22:36 | 00:30:48.00 | 6:09   | 9.7  |
| 229  | SZER. DZSW KASZUBOWSKI KAROL     | 360 | BDOW     | SŁUPSK    | POL  | M 36-45    | 60     | M 229 | 00:07:50 | 00:15:16 | 00:23:08 | 00:30:56.92 | 6:11   | 9.7  |
| 230  | SIERŻ. PRZYDĄCZ MARIUSZ          | 24  | DAS      | SŁUPSK    | POL  | M 36-45    | 61     | M 230 | 00:07:37 | 00:14:52 | 00:21:20 | 00:30:59.72 | 6:11   | 9.7  |
| 231  | SZER. DZSW DUSZKIEWICZ PAWEŁ     | 348 | BLOG     | SŁUPSK    | POL  | M 35       | 154    | M 231 | 00:07:16 | 00:14:30 | 00:23:43 | 00:31:05.09 | 6:13   | 9.7  |
| 232  | SZER. KOŚC MAREK                 | 272 | BDOW     | SŁUPSK    | POL  | M 35       | 155    | M 232 | 00:07:48 | 00:15:20 | 00:23:59 | 00:31:16.07 | 6:15   | 9.6  |
| 233  | SZER. SERAFIN KAROL              | 284 | BDOW     | SŁUPSK    | POL  | M 35       | 156    | M 233 | 00:07:48 | 00:15:39 | 00:23:25 | 00:31:17.24 | 6:15   | 9.6  |
| 234  | SZER. DZSW KOWALCZYK FILIP       | 372 | DAS      | SŁUPSK    | POL  | M 36-45    | 62     | M 234 | 00:07:24 | 00:14:39 | 00:21:54 | 00:31:18.35 | 6:15   | 9.6  |
| 235  | SZER. DZSW MIEZGALSKI KACPER     | 146 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 157    | M 235 | 00:06:25 | 00:14:14 | 00:23:08 | 00:31:18.89 | 6:15   | 9.6  |
| 236  | SZER. DZSW WONITOWY CEZARY       | 155 | 2 BZ     | SŁUPSK    | POL  | M 35       | 158    | M 236 | 00:07:37 | 00:14:27 | 00:23:26 | 00:31:19.84 | 6:15   | 9.6  |
| 237  | KPR. BUJWID WOJCIECH             | 271 | BDOW     | SŁUPSK    | POL  | M 36-45    | 63     | M 237 | 00:07:29 | 00:15:15 | 00:23:27 | 00:31:25.52 | 6:17   | 9.5  |
| 238  | ST.SZER. BACHTA BARTŁOMIEJ       | 22  | DAS      | SŁUPSK    | POL  | M 36-45    | 64     | M 238 | 00:06:42 | 00:14:39 | 00:21:34 | 00:31:27.00 | 6:17   | 9.5  |
| 239  | SZER. WĘSIERSKI PATRYK           | 379 | DPL0T    | SŁUPSK    | POL  | M 35       | 159    | M 239 | 00:06:32 | 00:13:38 | 00:21:58 | 00:31:28.85 | 6:17   | 9.5  |
| 240  | SZER. WÓJCIK KACPER              | 337 | BDOW     | SŁUPSK    | POL  | M 35       | 160    | M 240 | 00:07:10 | 00:15:34 | 00:24:20 | 00:31:33.33 | 6:18   | 9.5  |
| 241  | SZER. DZSW KOZŁOWSKI ADRIAN      | 240 | BLOG     | SŁUPSK    | POL  | M 35       | 161    | M 241 | 00:07:46 | 00:15:26 | 00:23:24 | 00:31:33.42 | 6:18   | 9.5  |
| 242  | SZER. DZSW STEFANICKI DAWID      | 243 | K.SZKOL. | SŁUPSK    | POL  | M 36-45    | 65     | M 242 | 00:06:32 | 00:15:05 | 00:23:46 | 00:31:36.52 | 6:19   | 9.5  |
| 243  | SZER. ELENDT WOJCIECH            | 120 | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 66     | M 243 | 00:07:58 | 00:16:00 | 00:23:44 | 00:31:44.96 | 6:20   | 9.5  |
| 244  | ST.CHOR.SZT. FOLTYŃSKI KRZYSZTOF | 113 | SZTAB    | SŁUPSK    | POL  | DRUŻYNÓWKA | 30     | M 244 | 00:07:14 | 00:15:05 | 00:23:09 | 00:31:45.63 | 6:21   | 9.4  |
| 245  | SZER. DZSW KILCHOWSKI MIKOŁAJ    | 255 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 162    | M 245 | 00:06:48 | 00:14:38 | 00:23:24 | 00:31:52.00 | 6:22   | 9.4  |
| 246  | SZER. DZSW JACEWICZ ALEKSANDRA   | 312 | DAS      | SŁUPSK    | POL  | M 36-45    | 67     | M 246 | 00:07:07 | 00:15:58 | 00:24:19 | 00:31:55.41 | 6:23   | 9.4  |
| 247  | SZER. ROSIAK BARTOSZ             | 365 | BDOW     | SŁUPSK    | POL  | M 35       | 163    | M 247 | 00:06:58 | 00:15:13 | 00:23:51 | 00:31:57.38 | 6:23   | 9.4  |
| 248  | SZER. SKRZYŃSKI PATRYCJUSZ       | 343 | BDOW     | SŁUPSK    | POL  | M 35       | 164    | M 248 | 00:07:28 | 00:15:30 | 00:23:27 | 00:31:57.44 | 6:23   | 9.4  |
| 249  | SZER. KOŚCIELEK MATEUSZ          | 71  | DPL0T    | SŁUPSK    | POL  | M 36-45    | 68     | M 249 | 00:06:36 | 00:15:13 | 00:24:12 | 00:32:03.00 | 6:24   | 9.4  |
| 250  | SZER. DZSW FIEDOR BARTOSZ        | 145 | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 69     | M 250 | 00:06:59 | 00:15:59 | 00:24:06 | 00:32:04.17 | 6:24   | 9.4  |
| 251  | SZER. WOLSKI DAMIAN              | 364 | BDOW     | SŁUPSK    | POL  | M 35       | 165    | M 251 | 00:07:22 | 00:15:53 | 00:24:02 | 00:32:13.81 | 6:26   | 9.3  |
| 252  | SZER. BAJER ŁUKASZ               | 291 | BDOW     | SŁUPSK    | POL  | M 35       | 166    | M 252 | 00:08:00 | 00:16:34 | 00:24:28 | 00:32:15.03 | 6:27   | 9.3  |
| 253  | SZER. PESTKA MICHAŁ              | 109 | 2 BZ     | SŁUPSK    | POL  | M 35       | 167    | M 253 | 00:08:41 | 00:17:39 | 00:24:58 | 00:32:25.71 | 6:29   | 9.3  |
| 254  | SZER. DZSW BAKIKA WOJCIECH       | 241 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 168    | M 254 | 00:05:34 | 00:13:43 | 00:23:21 | 00:32:48.57 | 6:33   | 9.1  |
| 255  | SZER. DZSW KRZEMIENIEC JAKUB     | 141 | 2 BZ     | SŁUPSK    | POL  | M 35       | 169    | M 255 | 00:08:42 | 00:17:40 | 00:23:00 | 00:33:01.05 | 6:36   | 9.1  |
| 256  | SZER. CZEKAŁA BARTOSZ            | 39  | DAS      | SŁUPSK    | POL  | M 35       | 170    | M 256 | 00:08:23 | 00:16:51 | 00:25:16 | 00:33:05.75 | 6:37   | 9.1  |
| 257  | SZER. OKONIEWSKI JAKUB           | 41  | DAS      | SŁUPSK    | POL  | M 35       | 171    | M 257 | 00:08:23 | 00:16:51 | 00:25:15 | 00:33:05.97 | 6:37   | 9.1  |
| 258  | SZER. WODZIŃSKI MACIEJ           | 111 | 2 BZ     | SŁUPSK    | POL  | M 35       | 172    | M 258 | 00:07:48 | 00:16:48 | 00:25:00 | 00:33:06.79 | 6:37   | 9.1  |
| 259  | SZER. MARCINIĄK MIŁOSZ           | 297 | BDOW     | SŁUPSK    | POL  | M 35       | 173    | M 259 | 00:07:55 | 00:16:38 | 00:25:15 | 00:33:07.08 | 6:37   | 9.1  |
| 260  | SZER. DZSW DANKOWSKI KACPER      | 139 | 2 BZ     | SŁUPSK    | POL  | M 35       | 174    | M 260 | 00:08:02 | 00:16:39 | 00:25:21 | 00:33:13.04 | 6:38   | 9    |
| 261  | SZER. NOWACKI MICHAŁ             | 182 | BLOG     | SŁUPSK    | POL  | M 35       | 175    | M 261 | 00:07:10 | 00:16:12 | 00:25:08 | 00:33:26.01 | 6:41   | 9    |
| 262  | SZER. DZSW JAKIM MICHAŁ          | 301 | BLOG     | SŁUPSK    | POL  | M 35       | 176    | M 262 | 00:07:12 | 00:16:15 | 00:25:27 | 00:33:27.38 | 6:41   | 9    |
| 263  | SZER. DZSW KOZBIAŁ PIOTR         | 244 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 177    | M 263 | 00:05:39 | 00:13:14 | 00:25:39 | 00:33:50.73 | 6:46   | 8.9  |
| 264  | SZER. DZSW BRZOZOWSKI JAKUB      | 251 | K.SZKOL. | SŁUPSK    | POL  | M 35       | 178    | M 264 | 00:06:09 | 00:14:24 | 00:24:45 | 00:33:58.84 | 6:47   | 8.8  |
| 265  | PLUT. JAROSZEWSKI JACEK          | 85  | 2 BZ     | SŁUPSK    | POL  | M 36-45    | 70     | M 265 | 00:05:43 | 00:11:40 | 00:17:53 | 00:34:01.47 | 6:48   | 8.8  |
| 266  | SZER. KUBERA KONRAD              | 105 | 2 BZ     | SŁUPSK    | POL  | M 35       | 179    | M 266 | 00:08:52 | 00:17:18 | 00:25:38 | 00:34:06.86 | 6:49   | 8.8  |
| 267  | SZER. DZSW MAKAREWICZ KRYSZTIAN  | 156 | 2 BZ     | SŁUPSK    | POL  | M 35       | 180    | M 267 | 00:07:48 | 00:16:21 | 00:25:31 | 00:34:19.92 | 6:51   | 8.7  |
| 268  | KPR. WOLAK KONRAD                | 51  | DAS      | SŁUPSK    | POL  | M 35       | 181    | M 268 | 00:07:24 | 00:17:08 | 00:26:18 | 00:35:17.23 | 7:03   | 8.5  |
| 269  | SZER. DZSW MATUSZEWSKI PATRYK    | 302 | BLOG     | SŁUPSK    | POL  | M 35       | 182    | M 269 | 00:08:36 | 00:17:26 | 00:26:49 | 00:35:45.58 | 7:09   | 8.4  |
| 270  | ST.SZER. ŻYŁKA WOJCIECH          | 101 | 2 BZ     | SŁUPSK    | POL  | M 35       | 183    | M 270 | 00:08:41 | 00:17:39 | 00:27:09 | 00:36:07.80 | 7:13   | 8.3  |
| 271  | ST. SZER. SZNAJDER TOMASZ        | 352 | BDOW     | SŁUPSK    | POL  | M 35       | 184    | M 271 | 00:08:37 | 00:18:08 | 00:27:35 | 00:36:22.50 | 7:16   | 8.2  |
| 272  | SZER. HOLLA MATEUSZ              | 134 | 2 BZ     | SŁUPSK    | POL  | M 35       | 185    | M 272 | 00:08:24 | 00:17:42 | 00:26:10 | 00:36:24.01 | 7:16   | 8.2  |
| 273  | SZER. DZSW FUDALA MARCIN         | 157 | 2 BZ     | SŁUPSK    | POL  | M 35       | 186    | M 273 | 00:08:47 | 00:17:38 | 00:27:07 | 00:37:39.00 | 7:31   | 8    |

**MISTRZOSTWA 7 BOW - 5KM, K OPEN**

| M-ce | Nazwisko i imię                   | Nr  | Klub     | M-scowość  | Kraj | Kat.       | M. kat | K/M  | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|-----------------------------------|-----|----------|------------|------|------------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | SZER. TOPKA BEATA                 | 356 | 2 BZ     | SŁUPSK     | POL  | K 35       | 1      | K 1  | 00:04:53 | 00:09:55 | 00:15:01 | 00:20:04.03 | 4:00   | 15   |
| 2    | SZER. KULIŃSKA JUSTYNA            | 166 | 1BZ      | ŁĘBORK     | POL  | K 35       | 2      | K 2  | 00:04:51 | 00:09:55 | 00:15:07 | 00:20:19.18 | 4:03   | 14.8 |
| 3    | SZER. METLICKA WIKTORIA           | 26  | DAS      | SŁUPSK     | POL  | K 35       | 3      | K 3  | 00:04:56 | 00:10:01 | 00:15:13 | 00:20:30.78 | 4:06   | 14.6 |
| 4    | SZER. NOWAK AGNIESZKA             | 74  | DPLLOT   | SŁUPSK     | POL  | DRUŻYŃÓWKA | 4      | K 4  | 00:05:15 | 00:10:51 | 00:16:43 | 00:22:34.17 | 4:30   | 13.3 |
| 5    | ST. SZER. LIS MARTA               | 199 | DPLLOT   | SŁUPSK     | POL  | K 35       | 4      | K 5  | 00:05:40 | 00:11:23 | 00:17:04 | 00:22:40.94 | 4:32   | 13.2 |
| 6    | SZER. JONIEC ANGELIKA             | 167 | 1BZ      | ŁĘBORK     | POL  | K 35       | 5      | K 6  | 00:05:34 | 00:11:22 | 00:17:15 | 00:22:45.33 | 4:33   | 13.2 |
| 7    | SZER. IANKO ALEKSANDRA            | 32  | 3 BZ     | TRZEBIATÓW | POL  | K 35       | 6      | K 7  | 00:05:48 | 00:11:27 | 00:16:06 | 00:23:06.95 | 4:37   | 13   |
| 8    | SZER. SAMP AGNIESZKA              | 186 | DPLLOT   | SŁUPSK     | POL  | DRUŻYŃÓWKA | 6      | K 8  | 00:05:52 | 00:11:44 | 00:17:35 | 00:23:24.10 | 4:40   | 12.8 |
| 9    | SZER. TYREK KATARZYNA             | 234 | BLOG     | SŁUPSK     | POL  | K 35       | 7      | K 9  | 00:05:37 | 00:11:19 | 00:17:28 | 00:23:32.76 | 4:42   | 12.7 |
| 10   | SZER. KĘSIK AGNIESZKA             | 45  | DAS      | SŁUPSK     | POL  | DRUŻYŃÓWKA | 10     | K 10 | 00:05:57 | 00:12:16 | 00:18:59 | 00:25:27.81 | 5:05   | 11.8 |
| 11   | SZER. DZSW POLOCZEK KAROLINA      | 383 | DPLLOT   | SŁUPSK     | POL  | K 35       | 8      | K 11 | 00:07:33 | 00:15:51 | 00:20:27 | 00:25:38.21 | 5:07   | 11.7 |
| 12   | KPT. KOŁODZIEJCZYK LUCYNA         | 69  | SZTAB    | SŁUPSK     | POL  | K 35       | 9      | K 12 | 00:06:02 | 00:13:18 | 00:19:46 | 00:25:56.13 | 5:11   | 11.6 |
| 13   | SZER. PACUCHA PAULINA             | 266 | BDOW     | SŁUPSK     | POL  | K 35       | 10     | K 13 | 00:06:16 | 00:13:19 | 00:19:38 | 00:26:47.38 | 5:21   | 11.2 |
| 14   | SZER. DZSW WYRWAŁ MARTA           | 219 | K.SZKOL. | SŁUPSK     | POL  | K 35       | 11     | K 14 | 00:07:06 | 00:13:56 | 00:20:36 | 00:27:12.16 | 5:26   | 11   |
| 15   | SZER. ROSZKOWSKA MONIKA           | 318 | 1BZ      | SŁUPSK     | POL  | DRUŻYŃÓWKA | 14     | K 15 | 00:06:19 | 00:12:53 | 00:20:04 | 00:27:12.46 | 5:26   | 11   |
| 16   | SZER. DZSW KUZIMIŃSKA ANETA       | 152 | 2 BZ     | SŁUPSK     | POL  | DRUŻYŃÓWKA | 15     | K 16 | 00:07:12 | 00:14:07 | 00:21:15 | 00:27:33.11 | 5:30   | 10.9 |
| 17   | SZER. DZSW DUDEK ALEKSANDRA       | 218 | K.SZKOL. | SŁUPSK     | POL  | K 35       | 12     | K 17 | 00:06:14 | 00:13:32 | 00:21:13 | 00:28:16.20 | 5:39   | 10.6 |
| 18   | KPR. DUDKIEWICZ MARIA             | 260 | BDOW     | SŁUPSK     | POL  | DRUŻYŃÓWKA | 17     | K 18 | 00:06:59 | 00:14:03 | 00:21:15 | 00:28:21.48 | 5:40   | 10.6 |
| 19   | SZER. SUCHAN KAMILA               | 183 | DPLLOT   | SŁUPSK     | POL  | DRUŻYŃÓWKA | 19     | K 19 | 00:06:17 | 00:13:41 | 00:22:02 | 00:28:51.47 | 5:46   | 10.4 |
| 20   | KPR. KOMAR BEATA                  | 90  | 2 BZ     | SŁUPSK     | POL  | DRUŻYŃÓWKA | 20     | K 20 | 00:07:45 | 00:15:25 | 00:22:37 | 00:29:11.54 | 5:50   | 10.3 |
| 21   | SZER. DZSW MAJER AGATA            | 307 | BDOW     | SŁUPSK     | POL  | K 35       | 13     | K 21 | 00:06:59 | 00:13:55 | 00:22:04 | 00:29:41.75 | 5:56   | 10.1 |
| 22   | SZER. GISZKA EWELINA              | 325 | BDOW     | SŁUPSK     | POL  | K 35       | 14     | K 22 | 00:07:35 | 00:15:00 | 00:22:28 | 00:29:58.95 | 5:59   | 10   |
| 23   | KPR. WIERZBICKA KORNELIA          | 81  | 2 BZ     | SŁUPSK     | POL  | DRUŻYŃÓWKA | 22     | K 23 | 00:07:08 | 00:14:31 | 00:22:19 | 00:30:09.40 | 6:01   | 10   |
| 24   | SZER. RATAJSKA MARTA              | 57  | DAS      | SŁUPSK     | POL  | DRUŻYŃÓWKA | 23     | K 24 | 00:06:56 | 00:14:05 | 00:22:27 | 00:30:14.72 | 6:02   | 9.9  |
| 25   | SZER. DZSW BARTECZKO PAULINA      | 317 | DPLLOT   | SŁUPSK     | POL  | K 35       | 15     | K 25 | 00:07:20 | 00:14:54 | 00:22:50 | 00:30:16.14 | 6:03   | 9.9  |
| 26   | SZER. DZSW ELEND KAROLINA         | 216 | K.SZKOL. | SŁUPSK     | POL  | K 35       | 16     | K 26 | 00:06:44 | 00:14:41 | 00:22:38 | 00:30:32.76 | 6:06   | 9.8  |
| 27   | SZER. DZSW GRZELCZYK MAKSYMILIANA | 217 | K.SZKOL. | SŁUPSK     | POL  | K 35       | 17     | K 27 | 00:06:34 | 00:14:25 | 00:22:38 | 00:30:33.66 | 6:06   | 9.8  |
| 28   | SZER. DZSW LEWANDOWSKA KATARZYNA  | 309 | DAS      | SŁUPSK     | POL  | K 35       | 18     | K 28 | 00:07:29 | 00:15:59 | 00:22:43 | 00:30:55.37 | 6:11   | 9.7  |
| 29   | KPR. CHADZIEWICZ MARZENA          | 261 | BDOW     | SŁUPSK     | POL  | DRUŻYŃÓWKA | 27     | K 29 | 00:07:26 | 00:15:07 | 00:23:01 | 00:30:59.27 | 6:11   | 9.7  |
| 30   | SZER. SUCHAN KAMILA               | 350 | DPLLOT   | SŁUPSK     | POL  | DRUŻYŃÓWKA | 28     | K 30 | 00:08:09 | 00:17:20 | 00:26:34 | 00:31:03.51 | 6:12   | 9.7  |
| 31   | SZER. DZSW PYTLOS KATARZYNA       | 153 | 2 BZ     | SŁUPSK     | POL  | DRUŻYŃÓWKA | 29     | K 31 | 00:07:36 | 00:15:15 | 00:23:22 | 00:31:29.96 | 6:17   | 9.5  |
| 32   | SZER. DZSW JAKUSZ PAULINA         | 315 | K.SZKOL. | SŁUPSK     | POL  | K 35       | 19     | K 32 | 00:07:42 | 00:17:05 | 00:24:35 | 00:31:45.46 | 6:21   | 9.4  |
| 33   | SZER. MAKSYMIAK WIKTORIA          | 61  | DAS      | SŁUPSK     | POL  | K 35       | 20     | K 33 | 00:07:07 | 00:15:34 | 00:24:20 | 00:31:50.76 | 6:22   | 9.4  |
| 34   | SZER. TEJCHMAN MARTYNA            | 273 | BDOW     | SŁUPSK     | POL  | K 35       | 21     | K 34 | 00:07:30 | 00:15:19 | 00:24:07 | 00:32:07.38 | 6:25   | 9.3  |
| 35   | SZER. KURUSIEWICZ MAGDALENA       | 106 | 2 BZ     | SŁUPSK     | POL  | K 35       | 22     | K 35 | 00:06:51 | 00:15:53 | 00:24:16 | 00:32:14.26 | 6:26   | 9.3  |
| 36   | SZER. FLOREK OLIVIA               | 358 | BDOW     | SŁUPSK     | POL  | K 35       | 23     | K 36 | 00:07:02 | 00:15:18 | 00:24:08 | 00:32:16.73 | 6:27   | 9.3  |
| 37   | SZER. KOTŁOWSKA AGATA             | 68  | 2 BZ     | SŁUPSK     | POL  | K 35       | 24     | K 37 | 00:07:13 | 00:15:54 | 00:24:17 | 00:32:41.21 | 6:32   | 9.2  |
| 38   | SZER. DZSW PARYSZ MARIOLA         | 306 | BDOW     | SŁUPSK     | POL  | K 35       | 25     | K 38 | 00:08:02 | 00:16:18 | 00:24:28 | 00:32:45.26 | 6:33   | 9.2  |
| 39   | SZER. DZSW HLIWSKA DARIA          | 305 | BDOW     | SŁUPSK     | POL  | K 35       | 26     | K 39 | 00:08:01 | 00:16:18 | 00:24:28 | 00:32:47.82 | 6:33   | 9.2  |
| 40   | SZER. DZSW SOBIERAŃSKA WIKTORIA   | 371 | BLOG     | SŁUPSK     | POL  | K 35       | 27     | K 40 | 00:07:15 | 00:15:32 | 00:24:53 | 00:32:48.03 | 6:33   | 9.1  |
| 41   | SZER. DZSW KĘDZIA WIKTORIA        | 304 | BDOW     | SŁUPSK     | POL  | K 35       | 28     | K 41 | 00:08:02 | 00:16:39 | 00:25:20 | 00:33:13.34 | 6:38   | 9    |
| 42   | SZER. ŚLEDŹ IZABELA               | 328 | BDOW     | SŁUPSK     | POL  | K 35       | 29     | K 42 | 00:07:56 | 00:16:39 | 00:25:15 | 00:33:20.53 | 6:40   | 9    |
| 43   | SZER. KOSZAŁKA MONIKA             | 56  | DAS      | SŁUPSK     | POL  | DRUŻYŃÓWKA | 31     | K 43 | 00:07:44 | 00:16:07 | 00:24:48 | 00:33:30.03 | 6:42   | 9    |
| 44   | SZER. DZSW STĘPIEC JOANNA         | 320 | DPLLOT   | SŁUPSK     | POL  | DRUŻYŃÓWKA | 32     | K 44 | 00:07:44 | 00:16:07 | 00:24:48 | 00:33:30.31 | 6:42   | 9    |
| 45   | SZER. FODOROWSKA NATALIA          | 126 | 2 BZ     | SŁUPSK     | POL  | K 35       | 30     | K 45 | 00:07:26 | 00:16:21 | 00:25:15 | 00:33:43.77 | 6:44   | 8.9  |
| 46   | SZER. SZWEDEK EMILIA              | 116 | 2 BZ     | SŁUPSK     | POL  | K 35       | 31     | K 46 | 00:07:26 | 00:16:20 | 00:25:31 | 00:33:45.24 | 6:45   | 8.9  |
| 47   | SZER. DZSW STERNAL WIKTORIA       | 214 | K.SZKOL. | SŁUPSK     | POL  | K 35       | 32     | K 47 | 00:07:32 | 00:16:14 | 00:25:38 | 00:33:56.03 | 6:47   | 8.8  |
| 48   | SZER. DZSW ZASŁUBIK WIOLETA       | 175 | K.SZKOL. | SŁUPSK     | POL  | K 35       | 33     | K 48 | 00:07:31 | 00:16:13 | 00:25:38 | 00:33:59.66 | 6:47   | 8.8  |
| 49   | SZER. DZSW JODZIEWICZ ZUZANNA     | 322 | K.SZKOL. | SŁUPSK     | POL  | K 35       | 34     | K 49 | 00:07:57 | 00:17:06 | 00:25:44 | 00:34:18.60 | 6:51   | 8.7  |
| 50   | SZER. ŻURAWSKA NIKOLA             | 131 | 2 BZ     | SŁUPSK     | POL  | K 35       | 35     | K 50 | 00:07:39 | 00:16:40 | 00:25:17 | 00:34:18.76 | 6:51   | 8.7  |
| 51   | SZER. DZSW MEDWID NATALIA         | 215 | K.SZKOL. | SŁUPSK     | POL  | K 35       | 36     | K 51 | 00:07:13 | 00:16:00 | 00:25:21 | 00:34:19.83 | 6:51   | 8.7  |
| 52   | SZER. WIT MAGDALENA               | 168 | KSAP.    | SŁUPSK     | POL  | K 35       | 37     | K 52 | 00:07:50 | 00:17:15 | 00:26:25 | 00:35:44.53 | 7:08   | 8.4  |
| 53   | SZER. DZSW DOMALEWSKA KAROLINA    | 150 | 2 BZ     | SŁUPSK     | POL  | K 35       | 38     | K 53 | 00:07:41 | 00:17:16 | 00:26:54 | 00:36:00.74 | 7:12   | 8.3  |
| 54   | SZER. DZSW SZKLARCZYK ESTERA      | 154 | 2 BZ     | SŁUPSK     | POL  | K 35       | 39     | K 54 | 00:08:19 | 00:17:27 | 00:27:04 | 00:36:11.52 | 7:14   | 8.3  |
| 55   | SZER. ŁYSAKOWSKA NATALIA          | 357 | BDOW     | SŁUPSK     | POL  | K 35       | 40     | K 55 | 00:08:25 | 00:17:15 | 00:26:39 | 00:36:15.00 | 7:15   | 8.3  |
| 56   | SZER. DZSW MAKURET KLAUDIA        | 314 | BDOW     | SŁUPSK     | POL  | K 35       | 41     | K 56 | 00:08:19 | 00:18:56 | 00:28:11 | 00:37:41.11 | 7:32   | 8    |
| 57   | SZER. NOWAK AMELIA                | 60  | DAS      | SŁUPSK     | POL  | K 35       | 42     | K 57 | 00:08:26 | 00:19:03 | 00:28:18 | 00:37:47.24 | 7:33   | 7.9  |

**MISTRZOSTWA 7 BOW - 5KM, K OPEN c.d.**

| M-ce | Nazwisko i imię                | Nr  | Klub | M-scowość | Kraj | Kat. | M. kat | K/M  | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|--------------------------------|-----|------|-----------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 58   | SZER. DZSW SZCZERBIŃSKA MONIKA | 308 | BDOW | SŁUPSK    | POL  | K 35 | 43     | K 58 | 00:08:58 | 00:18:56 | 00:28:55 | 00:38:40.11 | 7:44   | 7.8  |
| 59   | SZER. ZAJĄC WIKTORIA           | 130 | 2 BZ | SŁUPSK    | POL  | K 35 | 44     | K 59 | 00:08:56 | 00:19:11 | 00:30:29 | 00:41:39.25 | 8:19   | 7.2  |

**MISTRZOSTWA 7 BOW - 5KM, K 35**

| M-ce | Nazwisko i imię                   | Nr  | Klub     | M-scowość  | Kraj | Kat. | M. kat | K/M  | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|-----------------------------------|-----|----------|------------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | SZER. TOPKA BEATA                 | 356 | 2 BZ     | SŁUPSK     | POL  | K 35 | 1      | K 1  | 00:04:53 | 00:09:55 | 00:15:01 | 00:20:04.03 | 4:00   | 15   |
| 2    | SZER. KULIŃSKA JUSTYNA            | 166 | 1BZ      | LEBORK     | POL  | K 35 | 2      | K 2  | 00:04:51 | 00:09:55 | 00:15:07 | 00:20:19.18 | 4:03   | 14.8 |
| 3    | SZER. METLICKA WIKTORIA           | 26  | DAS      | SŁUPSK     | POL  | K 35 | 3      | K 3  | 00:04:56 | 00:10:01 | 00:15:13 | 00:20:30.78 | 4:06   | 14.6 |
| 4    | ST. SZER. LIS MARTA               | 199 | DPLLOT   | SŁUPSK     | POL  | K 35 | 4      | K 5  | 00:05:40 | 00:11:23 | 00:17:04 | 00:22:40.94 | 4:32   | 13.2 |
| 5    | SZER. JONIEC ANGELIKA             | 167 | 1BZ      | LEBORK     | POL  | K 35 | 5      | K 6  | 00:05:34 | 00:11:22 | 00:17:15 | 00:22:45.33 | 4:33   | 13.2 |
| 6    | SZER. IANKO ALEKSANDRA            | 32  | 3 BZ     | TRZEBIATÓW | POL  | K 35 | 6      | K 7  | 00:05:48 | 00:11:27 | 00:16:06 | 00:23:06.95 | 4:37   | 13   |
| 7    | SZER. TYREK KATARZYNA             | 234 | BLOG     | SŁUPSK     | POL  | K 35 | 7      | K 9  | 00:05:37 | 00:11:19 | 00:17:28 | 00:23:32.76 | 4:42   | 12.7 |
| 8    | SZER. DZSW POLOCZEK KAROLINA      | 383 | DPLLOT   | SŁUPSK     | POL  | K 35 | 8      | K 11 | 00:07:33 | 00:15:51 | 00:20:27 | 00:25:38.21 | 5:07   | 11.7 |
| 9    | KPT. KOŁODZIEJCZYK LUCYNA         | 69  | SZTAB    | SŁUPSK     | POL  | K 35 | 9      | K 12 | 00:06:02 | 00:13:18 | 00:19:46 | 00:25:56.13 | 5:11   | 11.6 |
| 10   | SZER. PACUCHA PAULINA             | 266 | BDOW     | SŁUPSK     | POL  | K 35 | 10     | K 13 | 00:06:16 | 00:13:19 | 00:19:38 | 00:26:47.38 | 5:21   | 11.2 |
| 11   | SZER. DZSW WYRWAŁ MARTA           | 219 | K.SZKOL. | SŁUPSK     | POL  | K 35 | 11     | K 14 | 00:07:06 | 00:13:56 | 00:20:36 | 00:27:12.16 | 5:26   | 11   |
| 12   | SZER. DZSW DUDEK ALEKSANDRA       | 218 | K.SZKOL. | SŁUPSK     | POL  | K 35 | 12     | K 17 | 00:06:14 | 00:13:32 | 00:21:13 | 00:28:16.20 | 5:39   | 10.6 |
| 13   | SZER. DZSW MAJER AGATA            | 307 | BDOW     | SŁUPSK     | POL  | K 35 | 13     | K 21 | 00:06:59 | 00:13:55 | 00:22:04 | 00:29:41.75 | 5:56   | 10.1 |
| 14   | SZER. GISZKA EWELINA              | 325 | BDOW     | SŁUPSK     | POL  | K 35 | 14     | K 22 | 00:07:35 | 00:15:00 | 00:22:28 | 00:29:58.95 | 5:59   | 10   |
| 15   | SZER. DZSW BARTECZKO PAULINA      | 317 | DPLLOT   | SŁUPSK     | POL  | K 35 | 15     | K 25 | 00:07:20 | 00:14:54 | 00:22:50 | 00:30:16.14 | 6:03   | 9.9  |
| 16   | SZER. DZSW ELEND KAROLINA         | 216 | K.SZKOL. | SŁUPSK     | POL  | K 35 | 16     | K 26 | 00:06:44 | 00:14:41 | 00:22:38 | 00:30:32.76 | 6:06   | 9.8  |
| 17   | SZER. DZSW GRZELCZYK MAKSYMILIANA | 217 | K.SZKOL. | SŁUPSK     | POL  | K 35 | 17     | K 27 | 00:06:34 | 00:14:25 | 00:22:38 | 00:30:33.66 | 6:06   | 9.8  |
| 18   | SZER. DZSW LEWANDOWSKA KATARZYNA  | 309 | DAS      | SŁUPSK     | POL  | K 35 | 18     | K 28 | 00:07:29 | 00:15:59 | 00:22:43 | 00:30:55.37 | 6:11   | 9.7  |
| 19   | SZER. DZSW JAKUSZ PAULINA         | 315 | K.SZKOL. | SŁUPSK     | POL  | K 35 | 19     | K 32 | 00:07:42 | 00:17:05 | 00:24:35 | 00:31:45.46 | 6:21   | 9.4  |
| 20   | SZER. MAKSYMIAK WIKTORIA          | 61  | DAS      | SŁUPSK     | POL  | K 35 | 20     | K 33 | 00:07:07 | 00:15:34 | 00:24:20 | 00:31:50.76 | 6:22   | 9.4  |
| 21   | SZER. TEJCHMAN MARTYNA            | 273 | BDOW     | SŁUPSK     | POL  | K 35 | 21     | K 34 | 00:07:30 | 00:15:19 | 00:24:07 | 00:32:07.38 | 6:25   | 9.3  |
| 22   | SZER. KURUSIEWICZ MAGDALENA       | 106 | 2 BZ     | SŁUPSK     | POL  | K 35 | 22     | K 35 | 00:06:51 | 00:15:53 | 00:24:16 | 00:32:14.26 | 6:26   | 9.3  |
| 23   | SZER. FLOREK OLIVIA               | 358 | BDOW     | SŁUPSK     | POL  | K 35 | 23     | K 36 | 00:07:02 | 00:15:18 | 00:24:08 | 00:32:16.73 | 6:27   | 9.3  |
| 24   | SZER. KOTŁOWSKA AGATA             | 68  | 2 BZ     | SŁUPSK     | POL  | K 35 | 24     | K 37 | 00:07:13 | 00:15:54 | 00:24:17 | 00:32:41.21 | 6:32   | 9.2  |
| 25   | SZER. DZSW PARYSZ MARIOLA         | 306 | BDOW     | SŁUPSK     | POL  | K 35 | 25     | K 38 | 00:08:02 | 00:16:18 | 00:24:28 | 00:32:45.26 | 6:33   | 9.2  |
| 26   | SZER. DZSW HLIWSKA DARIA          | 305 | BDOW     | SŁUPSK     | POL  | K 35 | 26     | K 39 | 00:08:01 | 00:16:18 | 00:24:28 | 00:32:47.82 | 6:33   | 9.2  |
| 27   | SZER. DZSW SOBIERAŃSKA WIKTORIA   | 371 | BLOG     | SŁUPSK     | POL  | K 35 | 27     | K 40 | 00:07:15 | 00:15:32 | 00:24:53 | 00:32:48.03 | 6:33   | 9.1  |
| 28   | SZER. DZSW KĘDZIA WIKTORIA        | 304 | BDOW     | SŁUPSK     | POL  | K 35 | 28     | K 41 | 00:08:02 | 00:16:39 | 00:25:20 | 00:33:13.34 | 6:38   | 9    |
| 29   | SZER. ŚLEDŹ IZABELA               | 328 | BDOW     | SŁUPSK     | POL  | K 35 | 29     | K 42 | 00:07:56 | 00:16:39 | 00:25:15 | 00:33:20.53 | 6:40   | 9    |
| 30   | SZER. FODOROWSKA NATALIA          | 126 | 2 BZ     | SŁUPSK     | POL  | K 35 | 30     | K 45 | 00:07:26 | 00:16:21 | 00:25:15 | 00:33:43.77 | 6:44   | 8.9  |
| 31   | SZER. SZWEDEK EMILIA              | 116 | 2 BZ     | SŁUPSK     | POL  | K 35 | 31     | K 46 | 00:07:26 | 00:16:20 | 00:25:31 | 00:33:45.24 | 6:45   | 8.9  |
| 32   | SZER. DZSW STERNAL WIKTORIA       | 214 | K.SZKOL. | SŁUPSK     | POL  | K 35 | 32     | K 47 | 00:07:32 | 00:16:14 | 00:25:38 | 00:33:56.03 | 6:47   | 8.8  |
| 33   | SZER. DZSW ZASŁUBIK WIOLETA       | 175 | K.SZKOL. | SŁUPSK     | POL  | K 35 | 33     | K 48 | 00:07:31 | 00:16:13 | 00:25:38 | 00:33:59.66 | 6:47   | 8.8  |
| 34   | SZER. DZSW JODZIEWICZ ZUZANNA     | 322 | K.SZKOL. | SŁUPSK     | POL  | K 35 | 34     | K 49 | 00:07:57 | 00:17:06 | 00:25:44 | 00:34:18.60 | 6:51   | 8.7  |
| 35   | SZER. ŻURAWSKA NIKOLA             | 131 | 2 BZ     | SŁUPSK     | POL  | K 35 | 35     | K 50 | 00:07:39 | 00:16:40 | 00:25:17 | 00:34:18.76 | 6:51   | 8.7  |
| 36   | SZER. DZSW MEDWID NATALIA         | 215 | K.SZKOL. | SŁUPSK     | POL  | K 35 | 36     | K 51 | 00:07:13 | 00:16:00 | 00:25:21 | 00:34:19.83 | 6:51   | 8.7  |
| 37   | SZER. WIT MAGDALENA               | 168 | KSAP.    | SŁUPSK     | POL  | K 35 | 37     | K 52 | 00:07:50 | 00:17:15 | 00:26:25 | 00:35:44.53 | 7:08   | 8.4  |
| 38   | SZER. DZSW DOMALEWSKA KAROLINA    | 150 | 2 BZ     | SŁUPSK     | POL  | K 35 | 38     | K 53 | 00:07:41 | 00:17:16 | 00:26:54 | 00:36:00.74 | 7:12   | 8.3  |
| 39   | SZER. DZSW SZKLARCZYK ESTERA      | 154 | 2 BZ     | SŁUPSK     | POL  | K 35 | 39     | K 54 | 00:08:19 | 00:17:27 | 00:27:04 | 00:36:11.52 | 7:14   | 8.3  |
| 40   | SZER. ŁYSAKOWSKA NATALIA          | 357 | BDOW     | SŁUPSK     | POL  | K 35 | 40     | K 55 | 00:08:25 | 00:17:15 | 00:26:39 | 00:36:15.00 | 7:15   | 8.3  |
| 41   | SZER. DZSW MAKURET KLAUDIA        | 314 | BDOW     | SŁUPSK     | POL  | K 35 | 41     | K 56 | 00:08:19 | 00:18:56 | 00:28:11 | 00:37:41.11 | 7:32   | 8    |
| 42   | SZER. NOWAK AMELIA                | 60  | DAS      | SŁUPSK     | POL  | K 35 | 42     | K 57 | 00:08:26 | 00:19:03 | 00:28:18 | 00:37:47.24 | 7:33   | 7.9  |
| 43   | SZER. DZSW SZCZERBIŃSKA MONIKA    | 308 | BDOW     | SŁUPSK     | POL  | K 35 | 43     | K 58 | 00:08:58 | 00:18:56 | 00:28:55 | 00:38:40.11 | 7:44   | 7.8  |
| 44   | SZER. ZAJĄC WIKTORIA              | 130 | 2 BZ     | SŁUPSK     | POL  | K 35 | 44     | K 59 | 00:08:56 | 00:19:11 | 00:30:29 | 00:41:39.25 | 8:19   | 7.2  |

**MISTRZOSTWA 7 BOW - 5KM, M 35**

| M-ce | Nazwisko i imię                   | Nr  | Klub      | M-scowość  | Kraj | Kat. | M. kat | K/M  | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|-----------------------------------|-----|-----------|------------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | KPR. BŁASZCZYK PATRYK             | 180 | DPL0T     | SŁUPSK     | POL  | M 35 | 1      | M 1  | 00:03:40 | 00:07:32 | 00:11:27 | 00:15:19.75 | 3:03   | 19.6 |
| 2    | ST.SZER. JEFIMCZYK NORBERT        | 165 | 1BZ       | LEBORK     | POL  | M 35 | 2      | M 2  | 00:03:33 | 00:07:34 | 00:11:41 | 00:15:35.10 | 3:07   | 19.3 |
| 3    | KPR. PYTLAK MICHAŁ                | 86  | 2 BZ      | SŁUPSK     | POL  | M 35 | 3      | M 3  | 00:03:51 | 00:07:53 | 00:11:59 | 00:16:08.02 | 3:13   | 18.6 |
| 4    | ST.KPR. KURTA RAFAŁ               | 223 | WOT/7PBOW | SŁUPSK     | POL  | M 35 | 4      | M 7  | 00:03:42 | 00:08:49 | 00:13:28 | 00:17:57.78 | 3:35   | 16.7 |
| 5    | SZER. DZSW. RAGAN ALAN            | 190 | K.SZKOL.  | SŁUPSK     | POL  | M 35 | 5      | M 8  | 00:04:24 | 00:08:56 | 00:13:42 | 00:18:22.00 | 3:40   | 16.3 |
| 6    | SZER. CEJKO DAWID                 | 102 | 2 BZ      | SŁUPSK     | POL  | M 35 | 6      | M 10 | 00:04:28 | 00:09:12 | 00:13:57 | 00:18:33.39 | 3:42   | 16.2 |
| 7    | SZER. DZSW KOWALSKI ADRIAN        | 159 | 2 BZ      | SŁUPSK     | POL  | M 35 | 7      | M 11 | 00:05:02 | 00:09:43 | 00:14:52 | 00:20:13.49 | 4:02   | 14.8 |
| 8    | SZER. JOŃCZYK OLIWIER             | 122 | 2 BZ      | SŁUPSK     | POL  | M 35 | 8      | M 12 | 00:04:50 | 00:09:55 | 00:15:08 | 00:20:14.70 | 4:02   | 14.8 |
| 9    | PPOR. BIAŁUCH BARTŁOMIEJ          | 160 | 1BZ       | LEBORK     | POL  | M 35 | 9      | M 13 | 00:04:50 | 00:09:59 | 00:15:21 | 00:20:35.17 | 4:07   | 14.6 |
| 10   | SZER. DZSW KALISZ WOJCIECH        | 311 | K.SZKOL.  | SŁUPSK     | POL  | M 35 | 10     | M 14 | 00:04:54 | 00:09:55 | 00:15:17 | 00:20:59.39 | 4:11   | 14.3 |
| 11   | KPR. ZAWADA DANIEL                | 351 | SZTAB     | SŁUPSK     | POL  | M 35 | 11     | M 15 | 00:04:54 | 00:10:16 | 00:15:51 | 00:21:10.25 | 4:14   | 14.2 |
| 12   | SZER. DZSW KOWALSKI PRZEMYSŁAW    | 239 | BLOG      | SŁUPSK     | POL  | M 35 | 12     | M 16 | 00:05:06 | 00:10:36 | 00:15:50 | 00:21:16.36 | 4:15   | 14.1 |
| 13   | SZER. DZSW LEWCZUK KAMIL          | 148 | K.SZKOL.  | SŁUPSK     | POL  | M 35 | 13     | M 17 | 00:04:38 | 00:10:20 | 00:15:26 | 00:21:38.62 | 4:19   | 13.9 |
| 14   | SZER. DZSW MIKULSKI WIKTOR        | 245 | K.SZKOL.  | SŁUPSK     | POL  | M 35 | 14     | M 18 | 00:06:01 | 00:12:46 | 00:17:16 | 00:21:39.05 | 4:19   | 13.9 |
| 15   | KPR. GOZLIŃSKI SŁAWOMIR           | 28  | 3 BZ      | TRZEBIATÓW | POL  | M 35 | 15     | M 19 | 00:05:16 | 00:10:48 | 00:16:15 | 00:21:41.42 | 4:20   | 13.8 |
| 16   | SZER. DZSW SKWIERZ IGOR           | 242 | K.SZKOL.  | SŁUPSK     | POL  | M 35 | 16     | M 20 | 00:04:51 | 00:10:20 | 00:16:15 | 00:21:42.00 | 4:20   | 13.8 |
| 17   | SZER. DZSW RAKOWSKI MICHAŁ        | 319 | DPL0T     | SŁUPSK     | POL  | M 35 | 17     | M 22 | 00:05:49 | 00:11:01 | 00:16:26 | 00:21:44.27 | 4:20   | 13.8 |
| 18   | SZER. RYBAK PAWEŁ                 | 129 | BLOG      | SŁUPSK     | POL  | M 35 | 18     | M 24 | 00:06:12 | 00:11:37 | 00:17:06 | 00:22:07.23 | 4:25   | 13.6 |
| 19   | SZER. DZSW CZYŻ BARTOSZ           | 114 | K.SZKOL.  | SŁUPSK     | POL  | M 35 | 19     | M 25 | 00:04:38 | 00:10:43 | 00:16:26 | 00:22:10.21 | 4:26   | 13.5 |
| 20   | POR. OKRUJ PIOTR                  | 221 | WOT/7PBOW | SŁUPSK     | POL  | M 35 | 20     | M 26 | 00:05:17 | 00:10:46 | 00:16:28 | 00:22:12.00 | 4:26   | 13.5 |
| 21   | SZER. LIS KRZYSZTOF               | 53  | DAS       | SŁUPSK     | POL  | M 35 | 21     | M 28 | 00:05:04 | 00:10:39 | 00:16:25 | 00:22:18.25 | 4:27   | 13.5 |
| 22   | SZER. DZSW. ŚLUSARSKI IGOR        | 208 | K.SZKOL.  | SŁUPSK     | POL  | M 35 | 22     | M 30 | 00:05:39 | 00:11:18 | 00:17:19 | 00:22:24.97 | 4:28   | 13.4 |
| 23   | SZER. DZSW CYROCKI NIKODEM        | 250 | K.SZKOL.  | SŁUPSK     | POL  | M 35 | 23     | M 31 | 00:05:51 | 00:10:32 | 00:16:20 | 00:22:28.28 | 4:29   | 13.4 |
| 24   | SZER. PASZOTKA-LIPIŃSKI DAWID     | 236 | BLOG      | SŁUPSK     | POL  | M 35 | 24     | M 32 | 00:05:58 | 00:11:32 | 00:17:03 | 00:22:31.15 | 4:30   | 13.3 |
| 25   | PPOR. NAKONIECZNY MICHAŁ          | 76  | 2 BZ      | SŁUPSK     | POL  | M 35 | 25     | M 33 | 00:05:38 | 00:11:24 | 00:17:03 | 00:22:33.33 | 4:30   | 13.3 |
| 26   | SZER. CHLEBOWSKI SEBASTIAN        | 384 | DPL0T     | SŁUPSK     | POL  | M 35 | 26     | M 34 | 00:05:34 | 00:11:15 | 00:16:56 | 00:22:37.48 | 4:31   | 13.3 |
| 27   | SZER. JURKOWSKI DAWID             | 299 | BDOW      | SŁUPSK     | POL  | M 35 | 27     | M 35 | 00:05:53 | 00:11:28 | 00:17:11 | 00:22:39.24 | 4:31   | 13.2 |
| 28   | SZER. PŁATEK ARKADIUSZ            | 295 | BDOW      | SŁUPSK     | POL  | M 35 | 28     | M 36 | 00:05:52 | 00:11:27 | 00:17:10 | 00:22:40.26 | 4:32   | 13.2 |
| 29   | POR. BUDZYŃSKI MATEUSZ            | 222 | WOT/7PBOW | SŁUPSK     | POL  | M 35 | 29     | M 37 | 00:05:24 | 00:11:02 | 00:17:00 | 00:22:43.10 | 4:32   | 13.2 |
| 30   | SZER.DZSW MAJEROWSKI MARIUSZ      | 247 | K.SZKOL.  | SŁUPSK     | POL  | M 35 | 30     | M 39 | 00:05:50 | 00:11:28 | 00:17:08 | 00:22:47.11 | 4:33   | 13.2 |
| 31   | SZER. DZSW KRAWĘTKOWSKI SYLWESTER | 373 | DAS       | SŁUPSK     | POL  | M 35 | 31     | M 40 | 00:05:51 | 00:11:33 | 00:17:18 | 00:22:51.76 | 4:34   | 13.1 |
| 32   | MJR. KOGUCIUK ŁUKASZ              | 258 | BDOW      | SŁUPSK     | POL  | M 35 | 32     | M 42 | 00:05:52 | 00:11:36 | 00:17:10 | 00:22:55.22 | 4:35   | 13.1 |
| 33   | SZER. RUTKOWSKI KRZYSZTOF         | 386 | DPL0T     | SŁUPSK     | POL  | M 35 | 33     | M 43 | 00:06:16 | 00:12:07 | 00:17:47 | 00:22:55.24 | 4:35   | 13.1 |
| 34   | SZER. KILA BARTŁOMIEJ             | 115 | 2 BZ      | SŁUPSK     | POL  | M 35 | 34     | M 45 | 00:04:40 | 00:09:42 | 00:14:58 | 00:23:10.17 | 4:38   | 12.9 |
| 35   | PLUT. DĄBROWSKI ARTUR             | 80  | SZTAB     | SŁUPSK     | POL  | M 35 | 35     | M 46 | 00:05:40 | 00:11:32 | 00:17:21 | 00:23:10.37 | 4:38   | 12.9 |
| 36   | SZER. KWIDZIŃSKI WALDEMAR         | 108 | 2 BZ      | SŁUPSK     | POL  | M 35 | 36     | M 48 | 00:05:59 | 00:12:05 | 00:17:48 | 00:23:13.93 | 4:38   | 12.9 |
| 37   | SZER. DZSW BROŃSKI PAWEŁ          | 377 | DPL0T     | SŁUPSK     | POL  | M 35 | 37     | M 50 | 00:06:04 | 00:11:55 | 00:17:47 | 00:23:27.80 | 4:41   | 12.8 |
| 38   | KPR. NOWACKI KAMIL                | 262 | BDOW      | SŁUPSK     | POL  | M 35 | 38     | M 51 | 00:05:55 | 00:11:40 | 00:17:31 | 00:23:30.14 | 4:42   | 12.8 |
| 39   | SZER. PRZYBYLSKI JAKUB            | 376 | DPL0T     | SŁUPSK     | POL  | M 35 | 39     | M 52 | 00:06:24 | 00:12:14 | 00:17:17 | 00:23:32.40 | 4:42   | 12.7 |
| 40   | SZER. DZSW BRODZIK KRZYSZTOF      | 310 | DAS       | SŁUPSK     | POL  | M 35 | 40     | M 55 | 00:06:44 | 00:14:25 | 00:18:48 | 00:23:39.38 | 4:43   | 12.7 |
| 41   | KPR. KOSTRZEWA KAROL              | 229 | BLOG      | SŁUPSK     | POL  | M 35 | 41     | M 57 | 00:05:52 | 00:11:38 | 00:17:39 | 00:23:44.80 | 4:44   | 12.6 |
| 42   | KPR. KISIELEWSKI WITOLD           | 89  | 2 BZ      | SŁUPSK     | POL  | M 35 | 42     | M 58 | 00:05:51 | 00:11:53 | 00:17:56 | 00:23:45.06 | 4:45   | 12.6 |
| 43   | SZER. KOSTRZEWSKI MARCIN          | 124 | 2 BZ      | SŁUPSK     | POL  | M 35 | 43     | M 59 | 00:06:24 | 00:12:10 | 00:18:03 | 00:23:46.20 | 4:45   | 12.6 |
| 44   | ST.SZER. MOLIS DAWID              | 98  | 2 BZ      | SŁUPSK     | POL  | M 35 | 44     | M 61 | 00:06:33 | 00:12:18 | 00:18:19 | 00:23:50.62 | 4:46   | 12.6 |
| 45   | POR. MAJCHRZAK ŁUKASZ             | 220 | WOT/7PBOW | SŁUPSK     | POL  | M 35 | 45     | M 62 | 00:05:49 | 00:11:46 | 00:17:37 | 00:23:51.39 | 4:46   | 12.6 |
| 46   | SZER. ŚLEDŹ KACPER                | 191 | DPL0T     | SŁUPSK     | POL  | M 35 | 46     | M 65 | 00:06:18 | 00:12:19 | 00:18:14 | 00:23:56.14 | 4:47   | 12.5 |
| 47   | SZER. BIŃCZYK KAMIL               | 385 | DPL0T     | SŁUPSK     | POL  | M 35 | 47     | M 66 | 00:06:17 | 00:12:08 | 00:17:48 | 00:23:56.67 | 4:47   | 12.5 |
| 48   | SZER. ADAMCZYK JULIAN             | 235 | BLOG      | SŁUPSK     | POL  | M 35 | 48     | M 67 | 00:06:00 | 00:12:18 | 00:18:22 | 00:23:57.09 | 4:47   | 12.5 |
| 49   | ST.SZER. KANIEWSKI KRYSZTIAN      | 97  | 2 BZ      | SŁUPSK     | POL  | M 35 | 49     | M 68 | 00:06:33 | 00:12:56 | 00:18:19 | 00:23:57.67 | 4:47   | 12.5 |
| 50   | SZER. DZSW KONDRACIUK JAKUB       | 253 | K.SZKOL.  | SŁUPSK     | POL  | M 35 | 50     | M 69 | 00:06:04 | 00:11:59 | 00:18:11 | 00:23:58.96 | 4:47   | 12.5 |
| 51   | ST.SZER. MATUSZEWSKI MATEUSZ      | 233 | BLOG      | SŁUPSK     | POL  | M 35 | 51     | M 70 | 00:06:16 | 00:12:17 | 00:18:22 | 00:24:00.41 | 4:48   | 12.5 |
| 52   | ST.KPR. KURUSIEWICZ PATRYK        | 77  | 2 BZ      | SŁUPSK     | POL  | M 35 | 52     | M 71 | 00:06:42 | 00:12:35 | 00:18:22 | 00:24:01.45 | 4:48   | 12.5 |
| 53   | ST. SZER. PIETRAŚ KRZYSZTOF       | 375 | BDOW      | SŁUPSK     | POL  | M 35 | 53     | M 73 | 00:06:22 | 00:12:42 | 00:18:59 | 00:24:02.00 | 4:48   | 12.5 |
| 54   | SZER. DZIECINNY JAKUB             | 196 | DPL0T     | SŁUPSK     | POL  | M 35 | 54     | M 74 | 00:06:43 | 00:12:46 | 00:18:41 | 00:24:03.00 | 4:48   | 12.5 |
| 55   | POR. WOJLANIS DARIUSZ             | 99  | SZTAB     | SŁUPSK     | POL  | M 35 | 55     | M 76 | 00:05:59 | 00:11:55 | 00:18:00 | 00:24:04.89 | 4:48   | 12.5 |
| 56   | SZER. DZSW GOŁĄB PATRYK           | 138 | 2 BZ      | SŁUPSK     | POL  | M 35 | 56     | M 77 | 00:05:56 | 00:11:53 | 00:18:10 | 00:24:06.51 | 4:49   | 12.4 |

**MISTRZOSTWA 7 BOW - 5KM, M 35 c.d.**

| M-ce | Nazwisko i imię                   | Nr  | Klub     | M-scowość | Kraj | Kat. | M. kat | K/M   | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|-----------------------------------|-----|----------|-----------|------|------|--------|-------|----------|----------|----------|-------------|--------|------|
| 57   | SZER. DZSW MROCZKOWSKI BARTOSZ    | 248 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 57     | M 79  | 00:05:53 | 00:11:48 | 00:18:16 | 00:24:11.73 | 4:50   | 12.4 |
| 58   | SZER. WAWRZYNOWSKI KRZYSZTOF      | 194 | DPLOT    | SŁUPSK    | POL  | M 35 | 58     | M 80  | 00:06:19 | 00:12:04 | 00:18:41 | 00:24:13.80 | 4:50   | 12.4 |
| 59   | SZER. DZSW PILCH JULIAN           | 257 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 59     | M 83  | 00:06:15 | 00:12:31 | 00:18:51 | 00:24:27.56 | 4:53   | 12.3 |
| 60   | SZER. SZYMURA KACPER              | 205 | DPLOT    | SŁUPSK    | POL  | M 35 | 60     | M 86  | 00:05:58 | 00:11:57 | 00:18:24 | 00:24:32.15 | 4:54   | 12.2 |
| 61   | SZER. SZOPIŃSKI KACPER            | 362 | BDOW     | SŁUPSK    | POL  | M 35 | 61     | M 87  | 00:05:25 | 00:11:49 | 00:18:11 | 00:24:33.27 | 4:54   | 12.2 |
| 62   | SZER. PIECZYŃSKI PIOTR            | 189 | DPLOT    | SŁUPSK    | POL  | M 35 | 62     | M 88  | 00:05:54 | 00:12:03 | 00:18:33 | 00:24:33.32 | 4:54   | 12.2 |
| 63   | SZER. BEDNAREK JAKUB              | 110 | 2 BZ     | SŁUPSK    | POL  | M 35 | 63     | M 92  | 00:06:48 | 00:12:57 | 00:17:23 | 00:24:41.56 | 4:56   | 12.2 |
| 64   | SZER. FILIPEK KACPER              | 104 | 2 BZ     | SŁUPSK    | POL  | M 35 | 64     | M 96  | 00:06:10 | 00:12:23 | 00:18:46 | 00:24:51.78 | 4:58   | 12.1 |
| 65   | ST.SZER. MAŁEK PAWEŁ              | 269 | BDOW     | SŁUPSK    | POL  | M 35 | 65     | M 97  | 00:05:56 | 00:12:06 | 00:18:38 | 00:24:52.95 | 4:58   | 12.1 |
| 66   | SZER. SUPERSON TOMASZ             | 73  | 2 BZ     | SŁUPSK    | POL  | M 35 | 66     | M 99  | 00:06:54 | 00:13:22 | 00:19:26 | 00:24:54.83 | 4:58   | 12   |
| 67   | SZER. DZSW RUSIECKI JAKUB         | 252 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 67     | M 101 | 00:05:39 | 00:12:02 | 00:18:41 | 00:24:59.67 | 4:59   | 12   |
| 68   | KPR. BANDOSZ RADOSŁAW             | 163 | 1BZ      | LEBORK    | POL  | M 35 | 68     | M 104 | 00:06:15 | 00:12:13 | 00:17:26 | 00:25:06.44 | 5:01   | 12   |
| 69   | SZER. DZSW. DZIKOWICZ DAWID       | 117 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 69     | M 105 | 00:06:29 | 00:12:50 | 00:18:58 | 00:25:06.55 | 5:01   | 12   |
| 70   | SZER. DZSW DROST MICHAŁ           | 144 | 2 BZ     | SŁUPSK    | POL  | M 35 | 70     | M 107 | 00:06:21 | 00:12:53 | 00:19:09 | 00:25:08.67 | 5:01   | 11.9 |
| 71   | SZER. DZSW GOŁOŚ PRZEMYSŁAW       | 355 | BDOW     | SŁUPSK    | POL  | M 35 | 71     | M 108 | 00:07:32 | 00:14:08 | 00:20:07 | 00:25:12.02 | 5:02   | 11.9 |
| 72   | SZER. DZSW. KOZIEŁ MICHAŁ         | 195 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 72     | M 109 | 00:06:29 | 00:12:50 | 00:18:57 | 00:25:12.70 | 5:02   | 11.9 |
| 73   | SZER. DAWIDOWICZ ADAM             | 54  | DAS      | SŁUPSK    | POL  | M 35 | 73     | M 110 | 00:06:03 | 00:12:30 | 00:19:01 | 00:25:18.03 | 5:03   | 11.9 |
| 74   | SZER. DZSW FIENKO KRZYSZTOF       | 207 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 74     | M 112 | 00:05:48 | 00:12:23 | 00:18:47 | 00:25:20.04 | 5:04   | 11.8 |
| 75   | SZER. DZSW CHWARZYŃSKI JAKUB      | 370 | DAS      | SŁUPSK    | POL  | M 35 | 75     | M 113 | 00:06:56 | 00:14:05 | 00:19:29 | 00:25:21.96 | 5:04   | 11.8 |
| 76   | SZER. MICHORZEWSKI MATEUSZ        | 367 | DAS      | SŁUPSK    | POL  | M 35 | 76     | M 114 | 00:06:00 | 00:12:12 | 00:18:41 | 00:25:24.65 | 5:04   | 11.8 |
| 77   | SZER. PAWELEC ŁUKASZ              | 55  | DAS      | SŁUPSK    | POL  | M 35 | 77     | M 115 | 00:05:51 | 00:12:01 | 00:18:44 | 00:25:26.80 | 5:05   | 11.8 |
| 78   | SZER. DZSW KROPIDŁOWSKI KRYSZTIAN | 193 | DPLOT    | SŁUPSK    | POL  | M 35 | 78     | M 116 | 00:05:59 | 00:12:23 | 00:18:12 | 00:25:33.29 | 5:06   | 11.7 |
| 79   | SZER. DZSW CHMIEL MATEUSZ         | 149 | 2 BZ     | SŁUPSK    | POL  | M 35 | 79     | M 117 | 00:06:17 | 00:13:01 | 00:19:14 | 00:25:33.76 | 5:06   | 11.7 |
| 80   | SZER. STRZAŁBA KRZYSZTOF          | 62  | DAS      | SŁUPSK    | POL  | M 35 | 80     | M 120 | 00:06:00 | 00:12:20 | 00:19:14 | 00:25:44.03 | 5:08   | 11.7 |
| 81   | SZER. PANEK PAWEŁ                 | 187 | DPLOT    | SŁUPSK    | POL  | M 35 | 81     | M 121 | 00:05:58 | 00:12:29 | 00:19:20 | 00:25:48.93 | 5:09   | 11.6 |
| 82   | SZER. LETKOMILLER MARIUSZ         | 181 | DPLOT    | SŁUPSK    | POL  | M 35 | 82     | M 122 | 00:05:36 | 00:12:04 | 00:19:09 | 00:25:51.28 | 5:10   | 11.6 |
| 83   | KPR. WARZEWSKI NIKODEM            | 18  | DAS      | SŁUPSK    | POL  | M 35 | 83     | M 123 | 00:06:46 | 00:13:07 | 00:19:30 | 00:25:52.60 | 5:10   | 11.6 |
| 84   | SZER. SUCHTA MICHAŁ               | 103 | BDOW     | SŁUPSK    | POL  | M 35 | 84     | M 124 | 00:06:40 | 00:12:59 | 00:19:27 | 00:25:54.08 | 5:10   | 11.6 |
| 85   | SZER. KOŚLA DAWID                 | 173 | KSAP.    | SŁUPSK    | POL  | M 35 | 85     | M 127 | 00:06:31 | 00:12:23 | 00:19:13 | 00:26:04.40 | 5:12   | 11.5 |
| 86   | SZER. TRĄBKA KRYSZTIAN            | 172 | KSAP.    | SŁUPSK    | POL  | M 35 | 86     | M 128 | 00:06:28 | 00:12:54 | 00:20:06 | 00:26:05.96 | 5:13   | 11.5 |
| 87   | POR.WYSOCKI MATEUSZ               | 9   | 2 BZ     | SŁUPSK    | POL  | M 35 | 87     | M 129 | 00:06:28 | 00:12:26 | 00:19:15 | 00:26:09.70 | 5:13   | 11.5 |
| 88   | ST.KPR. KLESZCZ MICHAŁ            | 123 | 2 BZ     | SŁUPSK    | POL  | M 35 | 88     | M 130 | 00:06:14 | 00:12:28 | 00:19:07 | 00:26:10.03 | 5:14   | 11.5 |
| 89   | SZER. ŚWIATEK MATEUSZ             | 118 | 2 BZ     | SŁUPSK    | POL  | M 35 | 89     | M 133 | 00:06:28 | 00:12:46 | 00:19:39 | 00:26:19.67 | 5:15   | 11.4 |
| 90   | SZER. POTRYKUS DAWID              | 204 | DPLOT    | SŁUPSK    | POL  | M 35 | 90     | M 134 | 00:06:37 | 00:13:18 | 00:19:59 | 00:26:20.32 | 5:16   | 11.4 |
| 91   | SZER. ŁACHMANOWICZ ŁUKASZ         | 169 | KSAP.    | SŁUPSK    | POL  | M 35 | 91     | M 135 | 00:06:04 | 00:12:34 | 00:19:14 | 00:26:20.91 | 5:16   | 11.4 |
| 92   | SZER. DZSW KOLANKO PATRYK         | 140 | 2 BZ     | SŁUPSK    | POL  | M 35 | 92     | M 136 | 00:06:01 | 00:12:56 | 00:20:00 | 00:26:21.70 | 5:16   | 11.4 |
| 93   | SZER.DZSW GRYWIŃSKI BARTOSZ       | 188 | DPLOT    | SŁUPSK    | POL  | M 35 | 93     | M 137 | 00:06:00 | 00:12:24 | 00:19:24 | 00:26:22.21 | 5:16   | 11.4 |
| 94   | SZER. DZSW KOWALSKI KACPER        | 213 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 94     | M 138 | 00:06:18 | 00:12:49 | 00:19:20 | 00:26:24.63 | 5:16   | 11.4 |
| 95   | KPR. JANIK RADOSŁAW               | 177 | 2 BZ     | SŁUPSK    | POL  | M 35 | 95     | M 140 | 00:06:51 | 00:13:11 | 00:19:11 | 00:26:24.69 | 5:16   | 11.4 |
| 96   | SZER. FURMANIAK KACPER            | 137 | BLOG     | SŁUPSK    | POL  | M 35 | 96     | M 141 | 00:06:16 | 00:12:17 | 00:18:37 | 00:26:25.99 | 5:17   | 11.4 |
| 97   | KPR. CZERNIEJEWSKI PAWEŁ          | 185 | DPLOT    | SŁUPSK    | POL  | M 35 | 97     | M 143 | 00:06:59 | 00:13:30 | 00:20:08 | 00:26:38.82 | 5:19   | 11.3 |
| 98   | SZER. DZSW KOGUT PRZEMYSŁAW       | 142 | 2 BZ     | SŁUPSK    | POL  | M 35 | 98     | M 144 | 00:06:19 | 00:13:30 | 00:20:27 | 00:26:40.05 | 5:20   | 11.3 |
| 99   | SZER. PIETKUN KLAUDIA             | 70  | 2 BZ     | SŁUPSK    | POL  | M 35 | 99     | M 145 | 00:06:51 | 00:13:20 | 00:20:07 | 00:26:55.46 | 5:23   | 11.1 |
| 100  | SZER. DZSW KOZACZUK JAKUB         | 359 | BDOW     | SŁUPSK    | POL  | M 35 | 100    | M 146 | 00:07:23 | 00:14:00 | 00:20:28 | 00:26:55.48 | 5:23   | 11.1 |
| 101  | SZER. KOZACZUK KACPER             | 342 | BDOW     | SŁUPSK    | POL  | M 35 | 101    | M 147 | 00:06:56 | 00:14:01 | 00:20:28 | 00:26:55.86 | 5:23   | 11.1 |
| 102  | SZER. RADOSZEWSKI FABIAN          | 340 | BDOW     | SŁUPSK    | POL  | M 35 | 102    | M 151 | 00:05:18 | 00:13:17 | 00:20:17 | 00:27:13.65 | 5:26   | 11   |
| 103  | SZER. DZSW BŁOCH DANIEL           | 246 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 103    | M 152 | 00:05:58 | 00:12:44 | 00:19:58 | 00:27:15.54 | 5:27   | 11   |
| 104  | SZER. DZSW GARBARZ KRZYSZTOF      | 354 | BDOW     | SŁUPSK    | POL  | M 35 | 104    | M 153 | 00:06:05 | 00:13:34 | 00:20:05 | 00:27:15.96 | 5:27   | 11   |
| 105  | ST.KPR. SAMSONOWICZ PATRYK        | 84  | 2 BZ     | SŁUPSK    | POL  | M 35 | 105    | M 154 | 00:06:41 | 00:13:25 | 00:20:15 | 00:27:16.67 | 5:27   | 11   |
| 106  | SZER. MŁOCZYŃSKI KRYSZTIAN        | 323 | BLOG     | SŁUPSK    | POL  | M 35 | 106    | M 155 | 00:07:16 | 00:14:38 | 00:22:13 | 00:27:20.97 | 5:28   | 11   |
| 107  | SZER. PIETRASZ RAFAŁ              | 125 | 2 BZ     | SŁUPSK    | POL  | M 35 | 107    | M 157 | 00:06:52 | 00:13:41 | 00:20:43 | 00:27:22.54 | 5:28   | 11   |
| 108  | ST.SZER. KARCZESKI ŁUKASZ         | 200 | DPLOT    | SŁUPSK    | POL  | M 35 | 108    | M 158 | 00:06:38 | 00:13:31 | 00:20:26 | 00:27:25.05 | 5:29   | 10.9 |
| 109  | ST.SZER. ŁAGA MATEUSZ             | 35  | DAS      | SŁUPSK    | POL  | M 35 | 109    | M 159 | 00:07:31 | 00:14:29 | 00:21:27 | 00:27:27.52 | 5:29   | 10.9 |
| 110  | SZER. HERNIK KAMIL                | 42  | DAS      | SŁUPSK    | POL  | M 35 | 110    | M 160 | 00:07:14 | 00:14:29 | 00:20:08 | 00:27:29.40 | 5:29   | 10.9 |
| 111  | SZER. DZSW ŁODYGOWSKI ŁUKASZ      | 347 | BLOG     | SŁUPSK    | POL  | M 35 | 111    | M 161 | 00:07:17 | 00:14:11 | 00:21:09 | 00:27:31.98 | 5:30   | 10.9 |
| 112  | SZER. DZSW ZARAŚ KRYSZTIAN        | 366 | DAS      | SŁUPSK    | POL  | M 35 | 112    | M 162 | 00:06:51 | 00:13:39 | 00:20:35 | 00:27:35.80 | 5:31   | 10.9 |
| 113  | SZER. DZSW WINIARSKI BARTŁOMIEJ   | 380 | DPLOT    | SŁUPSK    | POL  | M 35 | 113    | M 163 | 00:06:33 | 00:13:08 | 00:20:22 | 00:27:36.30 | 5:31   | 10.9 |

**MISTRZOSTWA 7 BOW - 5KM, M 35 c.d.**

| M-ce | Nazwisko i imię               | Nr  | Klub     | M-scowość | Kraj | Kat. | M. kat | K/M   | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|-------------------------------|-----|----------|-----------|------|------|--------|-------|----------|----------|----------|-------------|--------|------|
| 114  | KPR. STECIUK PAWEŁ            | 294 | BLOG     | SŁUPSK    | POL  | M 35 | 114    | M 164 | 00:06:54 | 00:13:32 | 00:20:41 | 00:27:36.61 | 5:31   | 10.9 |
| 115  | SZER. DZSW ROSA PAWEŁ         | 136 | 2 BZ     | SŁUPSK    | POL  | M 35 | 115    | M 165 | 00:07:07 | 00:14:04 | 00:20:54 | 00:27:37.75 | 5:31   | 10.9 |
| 116  | SZER. PALUCH BARTOSZ          | 132 | 2 BZ     | SŁUPSK    | POL  | M 35 | 116    | M 166 | 00:07:10 | 00:13:52 | 00:20:35 | 00:27:37.82 | 5:31   | 10.9 |
| 117  | KPR. WINIARCZYK MATEUSZ       | 296 | BDOW     | SŁUPSK    | POL  | M 35 | 117    | M 167 | 00:06:50 | 00:14:08 | 00:21:43 | 00:27:41.91 | 5:32   | 10.8 |
| 118  | SZER. DZSW PATOCKI ADRIAN     | 368 | DAS      | SŁUPSK    | POL  | M 35 | 118    | M 169 | 00:06:51 | 00:13:39 | 00:20:47 | 00:27:43.60 | 5:32   | 10.8 |
| 119  | ST.SZER. BIAŁOWAŚ DANIEL      | 231 | BLOG     | SŁUPSK    | POL  | M 35 | 119    | M 171 | 00:06:59 | 00:13:44 | 00:20:41 | 00:27:52.47 | 5:34   | 10.8 |
| 120  | SZER. DZSW ROSOŁOWSKI MATEUSZ | 209 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 120    | M 172 | 00:06:33 | 00:13:27 | 00:20:50 | 00:27:57.32 | 5:35   | 10.7 |
| 121  | SZER. DZSW PIETRZAK MICHAŁ    | 249 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 121    | M 173 | 00:06:39 | 00:13:31 | 00:20:37 | 00:27:57.58 | 5:35   | 10.7 |
| 122  | SZER. SKRZYŃIAK OSKAR         | 369 | BDOW     | SŁUPSK    | POL  | M 35 | 122    | M 175 | 00:06:59 | 00:13:35 | 00:21:26 | 00:28:00.72 | 5:36   | 10.7 |
| 123  | SZER. MIERNIK ALEKSANDRA      | 66  | DAS      | SŁUPSK    | POL  | M 35 | 123    | M 176 | 00:06:46 | 00:13:55 | 00:21:16 | 00:28:07.98 | 5:37   | 10.7 |
| 124  | SZER. PRUSS ADRIAN            | 198 | DPLLOT   | SŁUPSK    | POL  | M 35 | 124    | M 178 | 00:06:43 | 00:13:43 | 00:21:36 | 00:28:16.18 | 5:39   | 10.6 |
| 125  | SZER. DZSW NIEDBALSKI ADRIAN  | 353 | BDOW     | SŁUPSK    | POL  | M 35 | 125    | M 181 | 00:07:31 | 00:14:32 | 00:21:22 | 00:28:21.98 | 5:40   | 10.6 |
| 126  | SZER. PAWLIK KRZYSZTOF        | 19  | DAS      | SŁUPSK    | POL  | M 35 | 126    | M 185 | 00:07:32 | 00:14:29 | 00:21:30 | 00:28:30.53 | 5:42   | 10.5 |
| 127  | SIERŻ. KOLAŃSKI JÓZEF         | 15  | DAS      | SŁUPSK    | POL  | M 35 | 127    | M 186 | 00:06:46 | 00:13:43 | 00:21:16 | 00:28:34.61 | 5:42   | 10.5 |
| 128  | SZER. ŚWIDERSKI ŁUKASZ        | 119 | 2 BZ     | SŁUPSK    | POL  | M 35 | 128    | M 187 | 00:07:33 | 00:14:53 | 00:22:03 | 00:28:41.45 | 5:44   | 10.5 |
| 129  | SZER. ŻURAWSKI MATEUSZ        | 280 | BDOW     | SŁUPSK    | POL  | M 35 | 129    | M 188 | 00:05:51 | 00:13:26 | 00:22:39 | 00:28:42.07 | 5:44   | 10.5 |
| 130  | SZER. DZSW HONCZARUK KACPER   | 158 | 2 BZ     | SŁUPSK    | POL  | M 35 | 130    | M 189 | 00:06:07 | 00:13:44 | 00:20:26 | 00:28:44.38 | 5:44   | 10.4 |
| 131  | SZER. MONCZAK SZYMON          | 174 | KSAP.    | SŁUPSK    | POL  | M 35 | 131    | M 190 | 00:07:06 | 00:14:07 | 00:21:26 | 00:28:48.06 | 5:45   | 10.4 |
| 132  | KPR. GŁUSZEK PAWEŁ            | 278 | BDOW     | SŁUPSK    | POL  | M 35 | 132    | M 191 | 00:07:27 | 00:14:22 | 00:21:43 | 00:28:49.21 | 5:45   | 10.4 |
| 133  | KPR. STOKŁOSA PATRYK          | 286 | BDOW     | SŁUPSK    | POL  | M 35 | 133    | M 193 | 00:07:37 | 00:14:48 | 00:22:03 | 00:28:51.06 | 5:46   | 10.4 |
| 134  | SZER. DZSW DRAUS KACPER       | 143 | 2 BZ     | SŁUPSK    | POL  | M 35 | 134    | M 194 | 00:07:48 | 00:15:04 | 00:21:48 | 00:28:51.18 | 5:46   | 10.4 |
| 135  | SZER. BAGNIUK KACPER          | 133 | 2 BZ     | SŁUPSK    | POL  | M 35 | 135    | M 196 | 00:07:05 | 00:13:57 | 00:21:37 | 00:28:55.31 | 5:47   | 10.4 |
| 136  | SZER. DZSW BRONICKI DAMIAN    | 349 | BLOG     | SŁUPSK    | POL  | M 35 | 136    | M 200 | 00:07:32 | 00:14:54 | 00:22:19 | 00:29:02.21 | 5:48   | 10.3 |
| 137  | SZER. DZSW PASON MATEUSZ      | 254 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 137    | M 202 | 00:07:18 | 00:14:26 | 00:21:46 | 00:29:15.92 | 5:51   | 10.3 |
| 138  | SZER. BRZOZOWSKI PATRYK       | 36  | DAS      | SŁUPSK    | POL  | M 35 | 138    | M 203 | 00:07:01 | 00:14:38 | 00:22:05 | 00:29:16.50 | 5:51   | 10.3 |
| 139  | SZER. KARPINIEC SEWERYN       | 327 | BDOW     | SŁUPSK    | POL  | M 35 | 139    | M 205 | 00:07:48 | 00:14:58 | 00:22:07 | 00:29:17.75 | 5:51   | 10.2 |
| 140  | SZER. BODNAR DAWID            | 170 | KSAP.    | SŁUPSK    | POL  | M 35 | 140    | M 206 | 00:06:41 | 00:14:12 | 00:22:13 | 00:29:25.21 | 5:53   | 10.2 |
| 141  | SZER. PIETRZAK BARTŁOMIEJ     | 237 | BLOG     | SŁUPSK    | POL  | M 35 | 141    | M 207 | 00:06:53 | 00:13:24 | 00:21:48 | 00:29:29.16 | 5:53   | 10.2 |
| 142  | SZER. JASTRZĘBSKI JAKUB       | 283 | BDOW     | SŁUPSK    | POL  | M 35 | 142    | M 208 | 00:07:47 | 00:15:47 | 00:23:00 | 00:29:30.65 | 5:54   | 10.2 |
| 143  | SZER. DZSW. ŁASZEWSKI KORDIAN | 16  | K.SZKOL. | SŁUPSK    | POL  | M 35 | 143    | M 209 | 00:06:29 | 00:13:25 | 00:21:54 | 00:29:31.54 | 5:54   | 10.2 |
| 144  | SZER. GAZDECKI JAN            | 339 | BDOW     | SŁUPSK    | POL  | M 35 | 144    | M 211 | 00:07:33 | 00:14:58 | 00:22:37 | 00:29:42.52 | 5:56   | 10.1 |
| 145  | SZER. TUREK KAMIL             | 176 | KSAP.    | SŁUPSK    | POL  | M 35 | 145    | M 213 | 00:06:35 | 00:14:20 | 00:23:18 | 00:29:57.21 | 5:59   | 10   |
| 146  | SZER. BEMOWSKI WOJCIECH       | 135 | 2 BZ     | SŁUPSK    | POL  | M 35 | 146    | M 215 | 00:07:59 | 00:15:37 | 00:22:42 | 00:30:03.08 | 6:00   | 10   |
| 147  | SZER. OLCZAK ADAM             | 277 | BDOW     | SŁUPSK    | POL  | M 35 | 147    | M 217 | 00:07:55 | 00:15:56 | 00:23:09 | 00:30:11.00 | 6:02   | 9.9  |
| 148  | SZER. DZSW EKMAN MICHAŁ       | 151 | 2 BZ     | SŁUPSK    | POL  | M 35 | 148    | M 218 | 00:06:57 | 00:14:17 | 00:22:32 | 00:30:13.54 | 6:02   | 9.9  |
| 149  | SZER. KOTECKI KAMIL           | 381 | DPLLOT   | SŁUPSK    | POL  | M 35 | 149    | M 221 | 00:07:22 | 00:14:51 | 00:22:54 | 00:30:33.46 | 6:06   | 9.8  |
| 150  | SZER. DZSW GARBATOWSKI MARCIN | 361 | BDOW     | SŁUPSK    | POL  | M 35 | 150    | M 222 | 00:07:33 | 00:15:05 | 00:23:02 | 00:30:34.55 | 6:06   | 9.8  |
| 151  | SZER. SMOLIŃSKI OSKAR         | 58  | DAS      | SŁUPSK    | POL  | M 35 | 151    | M 223 | 00:07:28 | 00:15:15 | 00:23:25 | 00:30:38.77 | 6:07   | 9.8  |
| 152  | SZER. SICIĄK KONRAD           | 64  | DAS      | SŁUPSK    | POL  | M 35 | 152    | M 224 | 00:07:29 | 00:15:10 | 00:23:28 | 00:30:40.27 | 6:08   | 9.8  |
| 153  | SZER. BAJERSKI BARTOSZ        | 121 | 2 BZ     | SŁUPSK    | POL  | M 35 | 153    | M 227 | 00:07:09 | 00:15:00 | 00:23:22 | 00:30:46.15 | 6:09   | 9.8  |
| 154  | SZER. DZSW DUSZKIEWICZ PAWEŁ  | 348 | BLOG     | SŁUPSK    | POL  | M 35 | 154    | M 231 | 00:07:16 | 00:14:30 | 00:23:43 | 00:31:05.09 | 6:13   | 9.7  |
| 155  | SZER. KOŚC MAREK              | 272 | BDOW     | SŁUPSK    | POL  | M 35 | 155    | M 232 | 00:07:48 | 00:15:20 | 00:23:59 | 00:31:16.07 | 6:15   | 9.6  |
| 156  | SZER. SERAFIN KAROL           | 284 | BDOW     | SŁUPSK    | POL  | M 35 | 156    | M 233 | 00:07:48 | 00:15:39 | 00:23:25 | 00:31:17.24 | 6:15   | 9.6  |
| 157  | SZER. DZSW MIEZGALSKI KACPER  | 146 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 157    | M 235 | 00:06:25 | 00:14:14 | 00:23:08 | 00:31:18.89 | 6:15   | 9.6  |
| 158  | SZER. DZSW WONITOWY CEZARY    | 155 | 2 BZ     | SŁUPSK    | POL  | M 35 | 158    | M 236 | 00:07:37 | 00:14:27 | 00:23:26 | 00:31:19.84 | 6:15   | 9.6  |
| 159  | SZER. WĘSIERSKI PATRYK        | 379 | DPLLOT   | SŁUPSK    | POL  | M 35 | 159    | M 239 | 00:06:32 | 00:13:38 | 00:21:58 | 00:31:28.85 | 6:17   | 9.5  |
| 160  | SZER. WÓJCIK KACPER           | 337 | BDOW     | SŁUPSK    | POL  | M 35 | 160    | M 240 | 00:07:10 | 00:15:34 | 00:24:20 | 00:31:33.33 | 6:18   | 9.5  |
| 161  | SZER. DZSW KOZŁOWSKI ADRIAN   | 240 | BLOG     | SŁUPSK    | POL  | M 35 | 161    | M 241 | 00:07:46 | 00:15:26 | 00:23:24 | 00:31:33.42 | 6:18   | 9.5  |
| 162  | SZER. DZSW KILCHOWSKI MIKOŁAJ | 255 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 162    | M 245 | 00:06:48 | 00:14:38 | 00:23:24 | 00:31:52.00 | 6:22   | 9.4  |
| 163  | SZER. ROSIAK BARTOSZ          | 365 | BDOW     | SŁUPSK    | POL  | M 35 | 163    | M 247 | 00:06:58 | 00:15:13 | 00:23:51 | 00:31:57.38 | 6:23   | 9.4  |
| 164  | SZER. SKRZYŃECKI PATRYCJUSZ   | 343 | BDOW     | SŁUPSK    | POL  | M 35 | 164    | M 248 | 00:07:28 | 00:15:30 | 00:23:27 | 00:31:57.44 | 6:23   | 9.4  |
| 165  | SZER. WOLSKI DAMIAN           | 364 | BDOW     | SŁUPSK    | POL  | M 35 | 165    | M 251 | 00:07:22 | 00:15:53 | 00:24:02 | 00:32:13.81 | 6:26   | 9.3  |
| 166  | SZER. BAJER ŁUKASZ            | 291 | BDOW     | SŁUPSK    | POL  | M 35 | 166    | M 252 | 00:08:00 | 00:16:34 | 00:24:28 | 00:32:15.03 | 6:27   | 9.3  |
| 167  | SZER. PESTKA MICHAŁ           | 109 | 2 BZ     | SŁUPSK    | POL  | M 35 | 167    | M 253 | 00:08:41 | 00:17:39 | 00:24:58 | 00:32:25.71 | 6:29   | 9.3  |
| 168  | SZER. DZSW BAKIJA WOJCIECH    | 241 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 168    | M 254 | 00:05:34 | 00:13:43 | 00:23:21 | 00:32:48.57 | 6:33   | 9.1  |
| 169  | SZER. DZSW KRZEMIEŃCZAK JAKUB | 141 | 2 BZ     | SŁUPSK    | POL  | M 35 | 169    | M 255 | 00:08:42 | 00:17:40 | 00:23:00 | 00:33:01.05 | 6:36   | 9.1  |
| 170  | SZER. CZEKAŁA BARTOSZ         | 39  | DAS      | SŁUPSK    | POL  | M 35 | 170    | M 256 | 00:08:23 | 00:16:51 | 00:25:16 | 00:33:05.75 | 6:37   | 9.1  |



**MISTRZOSTWA 7 BOW - 5KM, M 35 c.d.**

| M-ce | Nazwisko i imię                 | Nr  | Klub     | M-scowość | Kraj | Kat. | M. kat | K/M   | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|---------------------------------|-----|----------|-----------|------|------|--------|-------|----------|----------|----------|-------------|--------|------|
| 171  | SZER. OKONIEWSKI JAKUB          | 41  | DAS      | SŁUPSK    | POL  | M 35 | 171    | M 257 | 00:08:23 | 00:16:51 | 00:25:15 | 00:33:05.97 | 6:37   | 9.1  |
| 172  | SZER. WODZIŃSKI MACIEJ          | 111 | 2 BZ     | SŁUPSK    | POL  | M 35 | 172    | M 258 | 00:07:48 | 00:16:48 | 00:25:00 | 00:33:06.79 | 6:37   | 9.1  |
| 173  | SZER. MARCINIAK MIŁOSZ          | 297 | BDOW     | SŁUPSK    | POL  | M 35 | 173    | M 259 | 00:07:55 | 00:16:38 | 00:25:15 | 00:33:07.08 | 6:37   | 9.1  |
| 174  | SZER. DZSW DANKOWSKI KACPER     | 139 | 2 BZ     | SŁUPSK    | POL  | M 35 | 174    | M 260 | 00:08:02 | 00:16:39 | 00:25:21 | 00:33:13.04 | 6:38   | 9    |
| 175  | SZER. NOWACKI MICHAŁ            | 182 | BLOG     | SŁUPSK    | POL  | M 35 | 175    | M 261 | 00:07:10 | 00:16:12 | 00:25:08 | 00:33:26.01 | 6:41   | 9    |
| 176  | SZER. DZSW JAKIM MICHAŁ         | 301 | BLOG     | SŁUPSK    | POL  | M 35 | 176    | M 262 | 00:07:12 | 00:16:15 | 00:25:27 | 00:33:27.38 | 6:41   | 9    |
| 177  | SZER. DZSW KOŻBIAŁ PIOTR        | 244 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 177    | M 263 | 00:05:39 | 00:13:14 | 00:25:39 | 00:33:50.73 | 6:46   | 8.9  |
| 178  | SZER. DZSW BRZozowski JAKUB     | 251 | K.SZKOL. | SŁUPSK    | POL  | M 35 | 178    | M 264 | 00:06:09 | 00:14:24 | 00:24:45 | 00:33:58.84 | 6:47   | 8.8  |
| 179  | SZER. KUBERA KONRAD             | 105 | 2 BZ     | SŁUPSK    | POL  | M 35 | 179    | M 266 | 00:08:52 | 00:17:18 | 00:25:38 | 00:34:06.86 | 6:49   | 8.8  |
| 180  | SZER. DZSW MAKAREWICZ KRYSZTIAN | 156 | 2 BZ     | SŁUPSK    | POL  | M 35 | 180    | M 267 | 00:07:48 | 00:16:21 | 00:25:31 | 00:34:19.92 | 6:51   | 8.7  |
| 181  | KPR. WOLAK KONRAD               | 51  | DAS      | SŁUPSK    | POL  | M 35 | 181    | M 268 | 00:07:24 | 00:17:08 | 00:26:18 | 00:35:17.23 | 7:03   | 8.5  |
| 182  | SZER. DZSW MATUSZEWSKI PATRYK   | 302 | BLOG     | SŁUPSK    | POL  | M 35 | 182    | M 269 | 00:08:36 | 00:17:26 | 00:26:49 | 00:35:45.58 | 7:09   | 8.4  |
| 183  | ST.SZER. ŻYKA WOJCIECH          | 101 | 2 BZ     | SŁUPSK    | POL  | M 35 | 183    | M 270 | 00:08:41 | 00:17:39 | 00:27:09 | 00:36:07.80 | 7:13   | 8.3  |
| 184  | ST. SZER. SZNAJDER TOMASZ       | 352 | BDOW     | SŁUPSK    | POL  | M 35 | 184    | M 271 | 00:08:37 | 00:18:08 | 00:27:35 | 00:36:22.50 | 7:16   | 8.2  |
| 185  | SZER. HOLLA MATEUSZ             | 134 | 2 BZ     | SŁUPSK    | POL  | M 35 | 185    | M 272 | 00:08:24 | 00:17:42 | 00:26:10 | 00:36:24.01 | 7:16   | 8.2  |
| 186  | SZER. DZSW FUDALA MARCIN        | 157 | 2 BZ     | SŁUPSK    | POL  | M 35 | 186    | M 273 | 00:08:47 | 00:17:38 | 00:27:07 | 00:37:39.00 | 7:31   | 8    |

**MISTRZOSTWA 7 BOW - 5KM, K 36+**

| M-ce | Nazwisko i imię             | Nr  | Klub  | M-scowość | Kraj | Kat.       | M. kat | K/M  | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|-----------------------------|-----|-------|-----------|------|------------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | SZER. NOWAK AGNIESZKA       | 74  | DPL0T | SŁUPSK    | POL  | DRUŻYNÓWKA | 4      | K 4  | 00:05:15 | 00:10:51 | 00:16:43 | 00:22:34.17 | 4:30   | 13.3 |
| 2    | SZER. SAMP AGNIESZKA        | 186 | DPL0T | SŁUPSK    | POL  | DRUŻYNÓWKA | 6      | K 8  | 00:05:52 | 00:11:44 | 00:17:35 | 00:23:24.10 | 4:40   | 12.8 |
| 3    | SZER. KĘSIK AGNIESZKA       | 45  | DAS   | SŁUPSK    | POL  | DRUŻYNÓWKA | 10     | K 10 | 00:05:57 | 00:12:16 | 00:18:59 | 00:25:27.81 | 5:05   | 11.8 |
| 4    | SZER. ROSZKOWSKA MONIKA     | 318 | 1BZ   | SŁUPSK    | POL  | DRUŻYNÓWKA | 14     | K 15 | 00:06:19 | 00:12:53 | 00:20:04 | 00:27:12.46 | 5:26   | 11   |
| 5    | SZER. DZSW KUZIMIŃSKA ANETA | 152 | 2 BZ  | SŁUPSK    | POL  | DRUŻYNÓWKA | 15     | K 16 | 00:07:12 | 00:14:07 | 00:21:15 | 00:27:33.11 | 5:30   | 10.9 |
| 6    | KPR. DUDKIEWICZ MARIA       | 260 | BDOW  | SŁUPSK    | POL  | DRUŻYNÓWKA | 17     | K 18 | 00:06:59 | 00:14:03 | 00:21:15 | 00:28:21.48 | 5:40   | 10.6 |
| 7    | SZER. SUCHAN KAMILA         | 183 | DPL0T | SŁUPSK    | POL  | DRUŻYNÓWKA | 19     | K 19 | 00:06:17 | 00:13:41 | 00:22:02 | 00:28:51.47 | 5:46   | 10.4 |
| 8    | KPR. KOMAR BEATA            | 90  | 2 BZ  | SŁUPSK    | POL  | DRUŻYNÓWKA | 20     | K 20 | 00:07:45 | 00:15:25 | 00:22:37 | 00:29:11.54 | 5:50   | 10.3 |
| 9    | KPR. WIERZBICKA KORNELIA    | 81  | 2 BZ  | SŁUPSK    | POL  | DRUŻYNÓWKA | 22     | K 23 | 00:07:08 | 00:14:31 | 00:22:19 | 00:30:09.40 | 6:01   | 10   |
| 10   | SZER. RATAJSKA MARTA        | 57  | DAS   | SŁUPSK    | POL  | DRUŻYNÓWKA | 23     | K 24 | 00:06:56 | 00:14:05 | 00:22:27 | 00:30:14.72 | 6:02   | 9.9  |
| 11   | KPR. CHADZIEWICZ MARZENA    | 261 | BDOW  | SŁUPSK    | POL  | DRUŻYNÓWKA | 27     | K 29 | 00:07:26 | 00:15:07 | 00:23:01 | 00:30:59.27 | 6:11   | 9.7  |
| 12   | SZER. SUCHAN KAMILA         | 350 | DPL0T | SŁUPSK    | POL  | DRUŻYNÓWKA | 28     | K 30 | 00:08:09 | 00:17:20 | 00:26:34 | 00:31:03.51 | 6:12   | 9.7  |
| 13   | SZER. DZSW PYTLOS KATARZYNA | 153 | 2 BZ  | SŁUPSK    | POL  | DRUŻYNÓWKA | 29     | K 31 | 00:07:36 | 00:15:15 | 00:23:22 | 00:31:29.96 | 6:17   | 9.5  |
| 14   | SZER. KOSZAŁKA MONIKA       | 56  | DAS   | SŁUPSK    | POL  | DRUŻYNÓWKA | 31     | K 43 | 00:07:44 | 00:16:07 | 00:24:48 | 00:33:30.03 | 6:42   | 9    |
| 15   | SZER. DZSW STĘPIEC JOANNA   | 320 | DPL0T | SŁUPSK    | POL  | DRUŻYNÓWKA | 32     | K 44 | 00:07:44 | 00:16:07 | 00:24:48 | 00:33:30.31 | 6:42   | 9    |

**MISTRZOSTWA 7 BOW - 5KM, M 36-45**

| M-ce | Nazwisko i imię          | Nr  | Klub  | M-scowość  | Kraj | Kat.    | M. kat | K/M  | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|--------------------------|-----|-------|------------|------|---------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | MŁ.CHOR. PELO ARTUR      | 201 | DPL0T | SŁUPSK     | POL  | M 36-45 | 1      | M 5  | 00:04:10 | 00:08:25 | 00:12:35 | 00:17:09.49 | 3:25   | 17.5 |
| 2    | ST.KPR. CZERNIAK ROBERT  | 161 | 1BZ   | ŁĘBORK     | POL  | M 36-45 | 2      | M 6  | 00:04:11 | 00:08:28 | 00:12:59 | 00:17:25.07 | 3:29   | 17.2 |
| 3    | KPR. TERMAN DARIUSZ      | 162 | 1BZ   | ŁĘBORK     | POL  | M 36-45 | 3      | M 9  | 00:04:21 | 00:09:02 | 00:13:50 | 00:18:29.67 | 3:41   | 16.2 |
| 4    | PLUT. FIRKOWSKI BARTOSZ  | 303 | 2 BZ  | SŁUPSK     | POL  | M 36-45 | 4      | M 21 | 00:04:45 | 00:10:09 | 00:15:53 | 00:21:43.05 | 4:20   | 13.8 |
| 5    | PLUT. ŁASKA PIOTR        | 5   | 3 BZ  | TRZEBIATÓW | POL  | M 36-45 | 5      | M 23 | 00:05:15 | 00:10:48 | 00:16:24 | 00:21:52.64 | 4:22   | 13.7 |
| 6    | PLUT. MAKOŚ EMIL         | 228 | BLOG  | SŁUPSK     | POL  | M 36-45 | 6      | M 38 | 00:05:54 | 00:11:38 | 00:17:11 | 00:22:43.30 | 4:32   | 13.2 |
| 7    | KOBIEROWSKI SŁAWOMIR     | 378 | BDOW  | SŁUPSK     | POL  | M 36-45 | 7      | M 41 | 00:05:52 | 00:11:33 | 00:17:18 | 00:22:53.00 | 4:34   | 13.1 |
| 8    | KPR. WOJTYŚIAK DANIEL    | 282 | BDOW  | SŁUPSK     | POL  | M 36-45 | 8      | M 44 | 00:05:55 | 00:11:34 | 00:17:19 | 00:22:55.48 | 4:35   | 13.1 |
| 9    | CHOR. RZEPKOWSKI DANIEL  | 341 | BDOW  | SŁUPSK     | POL  | M 36-45 | 9      | M 49 | 00:06:03 | 00:12:01 | 00:17:56 | 00:23:21.13 | 4:40   | 12.8 |
| 10   | SZER. DUL ARKADIUSZ      | 33  | DAS   | SŁUPSK     | POL  | M 36-45 | 10     | M 53 | 00:06:09 | 00:12:38 | 00:18:25 | 00:23:37.90 | 4:43   | 12.7 |
| 11   | MŁ.CHOR. RYDZEWSKI PIOTR | 264 | BDOW  | SŁUPSK     | POL  | M 36-45 | 11     | M 54 | 00:05:55 | 00:11:32 | 00:17:33 | 00:23:39.12 | 4:43   | 12.7 |
| 12   | KPR. POTASIŃSKI ROMAN    | 10  | DAS   | SŁUPSK     | POL  | M 36-45 | 12     | M 56 | 00:06:04 | 00:11:50 | 00:17:45 | 00:23:41.45 | 4:44   | 12.7 |
| 13   | PLUT. KOSTECKI MARIUSZ   | 7   | SZTAB | SŁUPSK     | POL  | M 36-45 | 13     | M 63 | 00:05:18 | 00:11:10 | 00:17:24 | 00:23:54.77 | 4:46   | 12.6 |
| 14   | SZER. KOZUB SŁAWOMIR     | 27  | DAS   | SŁUPSK     | POL  | M 36-45 | 14     | M 64 | 00:06:24 | 00:12:10 | 00:19:00 | 00:23:55.12 | 4:47   | 12.5 |
| 15   | ST.SZER. PAWŁAK MARCIN   | 206 | DPL0T | SŁUPSK     | POL  | M 36-45 | 15     | M 72 | 00:05:51 | 00:11:42 | 00:17:53 | 00:24:01.65 | 4:48   | 12.5 |

**MISTRZOSTWA 7 BOW - 5KM, M 36-45 c.d.**

| M-ce | Nazwisko i imię                  | Nr  | Klub     | M-scowość  | Kraj | Kat.    | M. kat | K/M   | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|----------------------------------|-----|----------|------------|------|---------|--------|-------|----------|----------|----------|-------------|--------|------|
| 16   | KPR. ZAKRZEWSKI RAFAŁ            | 96  | 2 BZ     | SŁUPSK     | POL  | M 36-45 | 16     | M 75  | 00:05:57 | 00:12:00 | 00:18:01 | 00:24:04.53 | 4:48   | 12.5 |
| 17   | SZER. TOROWICZ ADAM              | 127 | 2 BZ     | SŁUPSK     | POL  | M 36-45 | 17     | M 78  | 00:05:57 | 00:11:50 | 00:18:11 | 00:24:07.44 | 4:49   | 12.4 |
| 18   | SIERŻ. CUDZIŁO PAWEŁ             | 287 | BDOW     | SŁUPSK     | POL  | M 36-45 | 18     | M 81  | 00:06:12 | 00:12:20 | 00:18:29 | 00:24:18.68 | 4:51   | 12.3 |
| 19   | ST.SIERŻ. CUDZIŁO PIOTR          | 227 | BLOG     | SŁUPSK     | POL  | M 36-45 | 19     | M 82  | 00:06:13 | 00:12:17 | 00:18:32 | 00:24:26.10 | 4:53   | 12.3 |
| 20   | ST.SIERŻ. DUDKA PIOTR            | 226 | BLOG     | SŁUPSK     | POL  | M 36-45 | 20     | M 84  | 00:05:22 | 00:11:29 | 00:18:05 | 00:24:30.00 | 4:54   | 12.2 |
| 21   | SZER. DZSW SZCZECIŃSKI ARKADIUSZ | 382 | DPLOT    | SŁUPSK     | POL  | M 36-45 | 21     | M 90  | 00:06:31 | 00:12:38 | 00:18:42 | 00:24:35.46 | 4:55   | 12.2 |
| 22   | PPOR. BIELAK ADRIAN              | 259 | BDOW     | SŁUPSK     | POL  | M 36-45 | 22     | M 91  | 00:06:26 | 00:12:36 | 00:18:44 | 00:24:35.67 | 4:55   | 12.2 |
| 23   | PPOR. KOSICKI ŁUKASZ             | 285 | BDOW     | SŁUPSK     | POL  | M 36-45 | 23     | M 93  | 00:06:21 | 00:12:37 | 00:18:45 | 00:24:41.72 | 4:56   | 12.2 |
| 24   | SZER. DZSW KOLANOWSKI JACEK      | 211 | K.SZKOL. | SŁUPSK     | POL  | M 36-45 | 24     | M 94  | 00:06:08 | 00:12:24 | 00:18:44 | 00:24:47.06 | 4:57   | 12.1 |
| 25   | ST. KPR. PETRYSZYN MARCIN        | 346 | DAS      | SŁUPSK     | POL  | M 36-45 | 25     | M 95  | 00:06:36 | 00:12:56 | 00:19:03 | 00:24:49.49 | 4:57   | 12.1 |
| 26   | SIERŻ. IGLEWSKI MAREK            | 83  | 2 BZ     | SŁUPSK     | POL  | M 36-45 | 26     | M 98  | 00:06:57 | 00:12:38 | 00:17:12 | 00:24:54.24 | 4:58   | 12   |
| 27   | ST.SZER. ZABŁOCKI ARTUR          | 232 | BLOG     | SŁUPSK     | POL  | M 36-45 | 27     | M 100 | 00:06:29 | 00:12:42 | 00:18:50 | 00:24:55.63 | 4:59   | 12   |
| 28   | KPR. PANEK IRENEUSZ              | 46  | DAS      | SŁUPSK     | POL  | M 36-45 | 28     | M 102 | 00:05:53 | 00:12:01 | 00:18:38 | 00:25:00.72 | 5:00   | 12   |
| 29   | PPOR. POLAK RADOŚLAW             | 179 | DPLOT    | SŁUPSK     | POL  | M 36-45 | 29     | M 103 | 00:06:05 | 00:12:25 | 00:17:36 | 00:25:01.26 | 5:00   | 12   |
| 30   | SZER. GOŁĄB MICHAŁ               | 192 | DPLOT    | SŁUPSK     | POL  | M 36-45 | 30     | M 106 | 00:06:04 | 00:12:49 | 00:19:19 | 00:25:07.88 | 5:01   | 11.9 |
| 31   | PPŁK KWIATKOWSKI STANISŁAW       | 8   | DAS      | SŁUPSK     | POL  | M 36-45 | 31     | M 111 | 00:06:13 | 00:12:21 | 00:18:51 | 00:25:18.59 | 5:03   | 11.9 |
| 32   | ST.SZER. KACPERSKI MAREK         | 203 | DPLOT    | SŁUPSK     | POL  | M 36-45 | 32     | M 125 | 00:05:53 | 00:12:23 | 00:19:18 | 00:25:55.36 | 5:11   | 11.6 |
| 33   | KPR. KAMIŃSKI KRZYSZTOF          | 95  | 2 BZ     | SŁUPSK     | POL  | M 36-45 | 33     | M 126 | 00:06:51 | 00:13:20 | 00:19:53 | 00:25:59.05 | 5:11   | 11.5 |
| 34   | ST.CHOR.SZT. BORYS KRZYSZTOF     | 14  | DAS      | SŁUPSK     | POL  | M 36-45 | 34     | M 131 | 00:06:42 | 00:13:12 | 00:19:47 | 00:26:16.21 | 5:15   | 11.4 |
| 35   | PLUT. ZEMRYS JANUSZ              | 326 | BDOW     | SŁUPSK     | POL  | M 36-45 | 35     | M 139 | 00:06:26 | 00:13:17 | 00:20:06 | 00:26:24.64 | 5:16   | 11.4 |
| 36   | KPR. STAŃCZYK ARKADIUSZ          | 94  | 2 BZ     | SŁUPSK     | POL  | M 36-45 | 36     | M 142 | 00:06:38 | 00:13:07 | 00:19:55 | 00:26:36.66 | 5:19   | 11.3 |
| 37   | KPR. URBANIAK ŁUKASZ             | 92  | 2 BZ     | SŁUPSK     | POL  | M 36-45 | 37     | M 148 | 00:07:08 | 00:13:53 | 00:20:36 | 00:26:56.45 | 5:23   | 11.1 |
| 38   | KPR. BORKOWICZ MARCIN            | 93  | 2 BZ     | SŁUPSK     | POL  | M 36-45 | 38     | M 149 | 00:07:05 | 00:13:55 | 00:20:50 | 00:27:08.09 | 5:25   | 11.1 |
| 39   | KPR. DĘBICKI SEBASTIAN           | 270 | BLOG     | SŁUPSK     | POL  | M 36-45 | 39     | M 150 | 00:06:54 | 00:13:37 | 00:20:29 | 00:27:12.68 | 5:26   | 11   |
| 40   | SZER. DZSW MUSIAŁ PIOTR          | 256 | K.SZKOL. | SŁUPSK     | POL  | M 36-45 | 40     | M 156 | 00:07:18 | 00:14:07 | 00:20:55 | 00:27:22.08 | 5:28   | 11   |
| 41   | SIERŻ. ROSTEK TOMASZ             | 78  | SZTAB    | SŁUPSK     | POL  | M 36-45 | 41     | M 168 | 00:06:34 | 00:13:06 | 00:20:27 | 00:27:42.15 | 5:32   | 10.8 |
| 42   | SZER. WRÓŃSKI PAWEŁ              | 338 | BDOW     | SŁUPSK     | POL  | M 36-45 | 42     | M 170 | 00:06:59 | 00:13:56 | 00:20:54 | 00:27:48.14 | 5:33   | 10.8 |
| 43   | KPR. ZAKRZEWSKI DAMIAN           | 279 | BDOW     | SŁUPSK     | POL  | M 36-45 | 43     | M 177 | 00:07:27 | 00:14:21 | 00:21:42 | 00:28:11.46 | 5:38   | 10.6 |
| 44   | ST.SZER. SZWARK MATEUSZ          | 202 | DPLOT    | SŁUPSK     | POL  | M 36-45 | 44     | M 179 | 00:06:28 | 00:13:44 | 00:21:21 | 00:28:16.80 | 5:39   | 10.6 |
| 45   | POR. KOZEKO KAMIL                | 6   | BDOW     | SŁUPSK     | POL  | M 36-45 | 45     | M 180 | 00:07:22 | 00:14:33 | 00:21:26 | 00:28:16.91 | 5:39   | 10.6 |
| 46   | SZER. DZSW BRZESKI ZBIGNIEW      | 147 | 2 BZ     | SŁUPSK     | POL  | M 36-45 | 46     | M 182 | 00:06:28 | 00:13:38 | 00:21:09 | 00:28:23.41 | 5:40   | 10.6 |
| 47   | KPR. KĘPIŃSKI DAWID              | 300 | BDOW     | SŁUPSK     | POL  | M 36-45 | 47     | M 183 | 00:06:39 | 00:14:08 | 00:21:43 | 00:28:24.17 | 5:40   | 10.6 |
| 48   | ST.SZER.SPEC. KULESZA DOMINIK    | 298 | BDOW     | SŁUPSK     | POL  | M 36-45 | 48     | M 192 | 00:07:48 | 00:15:18 | 00:22:27 | 00:28:50.30 | 5:46   | 10.4 |
| 49   | KPR. JERZYK KRZYSZTOF            | 87  | 2 BZ     | SŁUPSK     | POL  | M 36-45 | 49     | M 195 | 00:06:36 | 00:13:53 | 00:21:33 | 00:28:54.06 | 5:46   | 10.4 |
| 50   | KPR. BAKSALERSKI MICHAŁ          | 263 | BDOW     | SŁUPSK     | POL  | M 36-45 | 50     | M 197 | 00:07:37 | 00:14:49 | 00:22:04 | 00:28:57.56 | 5:47   | 10.4 |
| 51   | PPOR. RABOWSKI KRZYSZTOF         | 321 | 2 BZ     | SŁUPSK     | POL  | M 36-45 | 51     | M 198 | 00:06:50 | 00:13:47 | 00:21:23 | 00:29:00.49 | 5:48   | 10.3 |
| 52   | SZER. MATUSZEWSKI PIOTR          | 128 | 2 BZ     | SŁUPSK     | POL  | M 36-45 | 52     | M 199 | 00:07:24 | 00:14:22 | 00:21:41 | 00:29:00.65 | 5:48   | 10.3 |
| 53   | SZER. GOPLAREK PRZEMYSŁAW        | 267 | BDOW     | SŁUPSK     | POL  | M 36-45 | 53     | M 201 | 00:07:10 | 00:14:26 | 00:21:50 | 00:29:10.08 | 5:50   | 10.3 |
| 54   | PLUT. ŁASKA PIOTR                | 29  | 3 BZ     | TRZEBIATÓW | POL  | M 36-45 | 54     | M 204 | 00:07:31 | 00:14:29 | 00:22:02 | 00:29:16.97 | 5:51   | 10.3 |
| 55   | SZER. STYK PIOTR                 | 331 | BDOW     | SŁUPSK     | POL  | M 36-45 | 55     | M 210 | 00:06:26 | 00:15:13 | 00:22:22 | 00:29:32.94 | 5:54   | 10.2 |
| 56   | SZER. HEJDYNRAJCH KONRAD         | 47  | DAS      | SŁUPSK     | POL  | M 36-45 | 56     | M 212 | 00:07:40 | 00:14:49 | 00:22:18 | 00:29:42.59 | 5:56   | 10.1 |
| 57   | KPR. KAMIŃSKI PIOTR              | 274 | BDOW     | SŁUPSK     | POL  | M 36-45 | 57     | M 216 | 00:07:27 | 00:15:00 | 00:22:09 | 00:30:08.23 | 6:01   | 10   |
| 58   | ST.KPR. SUCHARSKI DANIEL         | 265 | BDOW     | SŁUPSK     | POL  | M 36-45 | 58     | M 226 | 00:07:28 | 00:15:01 | 00:22:55 | 00:30:45.53 | 6:09   | 9.8  |
| 59   | KPR. KUZEMKO MARCIN              | 230 | BLOG     | SŁUPSK     | POL  | M 36-45 | 59     | M 228 | 00:07:30 | 00:14:58 | 00:22:36 | 00:30:48.00 | 6:09   | 9.7  |
| 60   | SZER. DZSW KASZUBOWSKI KAROL     | 360 | BDOW     | SŁUPSK     | POL  | M 36-45 | 60     | M 229 | 00:07:50 | 00:15:16 | 00:23:08 | 00:30:56.92 | 6:11   | 9.7  |
| 61   | SIERŻ. PRZYDĄCZ MARIUSZ          | 24  | DAS      | SŁUPSK     | POL  | M 36-45 | 61     | M 230 | 00:07:37 | 00:14:52 | 00:21:20 | 00:30:59.72 | 6:11   | 9.7  |
| 62   | SZER. DZSW KOWALCZYK FILIP       | 372 | DAS      | SŁUPSK     | POL  | M 36-45 | 62     | M 234 | 00:07:24 | 00:14:39 | 00:21:54 | 00:31:18.35 | 6:15   | 9.6  |
| 63   | KPR. BUJWID WOJCIECH             | 271 | BDOW     | SŁUPSK     | POL  | M 36-45 | 63     | M 237 | 00:07:29 | 00:15:15 | 00:23:27 | 00:31:25.52 | 6:17   | 9.5  |
| 64   | ST.SZER. BACHTA BARTŁOMIEJ       | 22  | DAS      | SŁUPSK     | POL  | M 36-45 | 64     | M 238 | 00:06:42 | 00:14:39 | 00:21:34 | 00:31:27.00 | 6:17   | 9.5  |
| 65   | SZER. DZSW STEFANICKI DAWID      | 243 | K.SZKOL. | SŁUPSK     | POL  | M 36-45 | 65     | M 242 | 00:06:32 | 00:15:05 | 00:23:46 | 00:31:36.52 | 6:19   | 9.5  |
| 66   | SZER. ELENDT WOJCIECH            | 120 | 2 BZ     | SŁUPSK     | POL  | M 36-45 | 66     | M 243 | 00:07:58 | 00:16:00 | 00:23:44 | 00:31:44.96 | 6:20   | 9.5  |
| 67   | SZER. DZSW JACEWICZ ALEKSANDRA   | 312 | DAS      | SŁUPSK     | POL  | M 36-45 | 67     | M 246 | 00:07:07 | 00:15:58 | 00:24:19 | 00:31:55.41 | 6:23   | 9.4  |
| 68   | SZER. KOŚCIOŁEK MATEUSZ          | 71  | DPLOT    | SŁUPSK     | POL  | M 36-45 | 68     | M 249 | 00:06:36 | 00:15:13 | 00:24:12 | 00:32:03.00 | 6:24   | 9.4  |
| 69   | SZER. DZSW FIEDOR BARTOSZ        | 145 | 2 BZ     | SŁUPSK     | POL  | M 36-45 | 69     | M 250 | 00:06:59 | 00:15:59 | 00:24:06 | 00:32:04.17 | 6:24   | 9.4  |
| 70   | PLUT. JAROSZEWSKI JACEK          | 85  | 2 BZ     | SŁUPSK     | POL  | M 36-45 | 70     | M 265 | 00:05:43 | 00:11:40 | 00:17:53 | 00:34:01.47 | 6:48   | 8.8  |

**MISTRZOSTWA 7 BOW - 5KM, M 46+**

| M-ce | Nazwisko i imię                    | Nr  | Klub  | M-scowość  | Kraj | Kat.       | M. kat | K/M   | 1.25km   | 2.5km    | 3.75km   | Netto       | min/km | km/h |
|------|------------------------------------|-----|-------|------------|------|------------|--------|-------|----------|----------|----------|-------------|--------|------|
| 1    | ST.SZER.SPEC BARTKIEWICZ KRZYSZTOF | 164 | 1BZ   | ŁĘBORK     | POL  | DRUŻYNÓWKA | 1      | M 4   | 00:04:02 | 00:08:14 | 00:12:34 | 00:16:53.83 | 3:22   | 17.8 |
| 2    | ST. SZER. MICHALCZYK ARKADIUSZ     | 4   | 3 BZ  | TRZEBIATÓW | POL  | DRUŻYNÓWKA | 2      | M 27  | 00:05:26 | 00:11:00 | 00:16:42 | 00:22:17.94 | 4:27   | 13.5 |
| 3    | ST.CHOR.SZT. KOWGAN JAROSŁAW       | 178 | DPL0T | SŁUPSK     | POL  | DRUŻYNÓWKA | 3      | M 29  | 00:05:11 | 00:11:04 | 00:15:39 | 00:22:23.87 | 4:28   | 13.4 |
| 4    | ST.SZER.SPECJ MICHALCZYK ARKADIUSZ | 31  | 3 BZ  | TRZEBIATÓW | POL  | DRUŻYNÓWKA | 5      | M 47  | 00:06:36 | 00:12:57 | 00:19:04 | 00:23:10.87 | 4:38   | 12.9 |
| 5    | ST. KPR. MATUSZEWSKI RAFAŁ         | 374 | DPL0T | SŁUPSK     | POL  | DRUŻYNÓWKA | 7      | M 60  | 00:06:17 | 00:12:09 | 00:18:04 | 00:23:46.38 | 4:45   | 12.6 |
| 6    | SZER. SZMYTKIEWICZ RAFAŁ           | 238 | BLOG  | SŁUPSK     | POL  | DRUŻYNÓWKA | 8      | M 85  | 00:05:54 | 00:11:51 | 00:18:13 | 00:24:31.51 | 4:54   | 12.2 |
| 7    | PPOR. SZEFER MARCIN                | 107 | BLOG  | SŁUPSK     | POL  | DRUŻYNÓWKA | 9      | M 89  | 00:05:51 | 00:12:03 | 00:18:18 | 00:24:34.13 | 4:54   | 12.2 |
| 8    | CHOR. ANIOŁ SEBASTIAN              | 344 | SZTAB | SŁUPSK     | POL  | DRUŻYNÓWKA | 11     | M 118 | 00:05:38 | 00:12:02 | 00:18:35 | 00:25:37.00 | 5:07   | 11.7 |
| 9    | CHOR. PRZYBYLSKI RAFAŁ             | 363 | BLOG  | SŁUPSK     | POL  | DRUŻYNÓWKA | 12     | M 119 | 00:06:03 | 00:12:23 | 00:19:02 | 00:25:42.58 | 5:08   | 11.7 |
| 10   | ST.CHOR.SZT. NOWACKI ZBIGNIEW      | 225 | BLOG  | SŁUPSK     | POL  | DRUŻYNÓWKA | 13     | M 132 | 00:06:07 | 00:12:49 | 00:19:20 | 00:26:17.00 | 5:15   | 11.4 |
| 11   | PPŁK RACZYŃSKI PIOTR               | 2   | BDOW  |            |      | DRUŻYNÓWKA | 16     | M 174 | 00:07:11 | 00:14:12 | 00:21:08 | 00:28:00.29 | 5:36   | 10.7 |
| 12   | SZER. JARCZYŃSKI KRZYSZTOF         | 197 | DPL0T | SŁUPSK     | POL  | DRUŻYNÓWKA | 18     | M 184 | 00:06:35 | 00:13:54 | 00:21:07 | 00:28:27.72 | 5:41   | 10.5 |
| 13   | SZER. BONIEWSKI SŁAWOMIR           | 184 | DPL0T | SŁUPSK     | POL  | DRUŻYNÓWKA | 21     | M 214 | 00:06:53 | 00:14:31 | 00:22:30 | 00:29:59.78 | 5:59   | 10   |
| 14   | SZER. CHAJEWSKI ROBERT             | 293 | BDOW  | SŁUPSK     | POL  | DRUŻYNÓWKA | 24     | M 219 | 00:07:50 | 00:15:17 | 00:22:54 | 00:30:20.63 | 6:04   | 9.9  |
| 15   | POR. GOLIS MACIEJ                  | 13  | DAS   | SŁUPSK     | POL  | DRUŻYNÓWKA | 25     | M 220 | 00:07:11 | 00:15:20 | 00:22:50 | 00:30:30.82 | 6:06   | 9.8  |
| 16   | GEN.BRYG. KOPKA ROMAN              | 1   | SZTAB | SŁUPSK     | POL  | DRUŻYNÓWKA | 26     | M 225 | 00:07:20 | 00:15:01 | 00:22:59 | 00:30:41.23 | 6:08   | 9.8  |
| 17   | ST.CHOR.SZT. FOLTYŃSKI KRZYSZTOF   | 113 | SZTAB | SŁUPSK     | POL  | DRUŻYNÓWKA | 30     | M 244 | 00:07:14 | 00:15:05 | 00:23:09 | 00:31:45.63 | 6:21   | 9.4  |

**MISTRZOSTWA 7 BOW - 5KM, Drużynówka**

| Miejsc | Drużyna  | Zawodnicy klasyfikowani  | Czas  | Czas drużyny |
|--------|----------|--|---|--------------|
| 1      | 2 BZ     | MICHAŁ KPR. PYTLAKDAWID SZER. CEJKOBEATA SZER. TOPKAADRIAN SZER. DZSW KOWALSKIOLIWIER SZER. JOŃCZYKBARTOSZ PLUT. FIRKOWSKIMICHAŁ PPOR. NAKONIECZNYBARTŁOMIEJ SZER. KILAWALDEMAR SZER. KWIDZIŃSKIWITOLD KPR. KISIELEWSKIMARCIN SZER. KOSTRZEWSKIDAWID ST.SZER. MOLISKRYSTIAN ST.SZER. KANIEWSKIPATRYK ST.KPR. KURUSIEWICZRafał KPR. ZAKRZEWSKIPATRYK SZER. DZSW GOŁĄBADAM SZER. TOROWICZJAKUB SZER. BEDNAREKKACPER SZER. FILIPEKMARK SIERŻ. IGLEWSKI  | 00:16:08.0200:18:33.3900:20:04.0300:20:13.4900:20:14.7000:21:43.0500:22:33.3300:23:10.1700:23:13.9300:23:45.0600:23:46.2000:23:50.6200:23:57.6700:24:01.4500:24:04.5300:24:06.5100:24:07.4400:24:41.5600:24:51.7800:24:54.24    | 07:31:53     |
| 2      | DPL0T    | PATRYK KPR. BŁASZCZYKARTUR MŁ.CHOR. PELOMICHAŁ SZER. DZSW RAKOWSKIJAROSŁAW ST.CHOR.SZT. KOWGANAGNIESZKA SZER. NOWAKSEBASTIAN SZER. CHLEBOWSKIMARTA ST. SZER. LISKRZYSZTOF SZER. RUTKOWSKIAGNIESZKA SZER. SAMPPAWEŁ SZER. DZSW BROŃSKIJAKUB SZER. PRZYBYLSKIRafał ST. KPR. MATUSZEWSKIKACPER SZER. ŚLEDŹKAMIL SZER. BIŃCZYKMARCIN ST.SZER. PAWLAKJAKUB SZER. DZSW SZCZECIŃSKI SZER. WAWRZYNOWSKIKACPER SZER. SZYMURAPIOTR SZER. PIECZYŃSKIARKADIUSZ SZER. DZSW SZCZECIŃSKI  | 00:15:19.7500:17:09.4900:21:44.2700:22:23.8700:22:34.1700:22:37.4800:22:40.9400:22:55.2400:23:24.1000:23:27.8000:23:32.4000:23:46.3800:23:56.1400:23:56.6700:24:01.6500:24:03.0000:24:13.8000:24:32.1500:24:33.3200:24:35.46    | 07:35:19     |
| 3      | K.SZKOL. | ALAN SZER. DZSW. RAGANWOJCIECH SZER. DZSW KALISZKAMIL SZER. DZSW LEWCZUKWIKTOR SZER. DZSW MIKULSKIIGOR SZER. DZSW SKWIERZBARTOSZ SZER. DZSW CZYŻIGOR SZER. DZSW. ŚLUSARSKINIKODEM SZER. DZSW CYROCKIMARIUSZ SZER.DZSW MAJEROWSKIJAKUB SZER. DZSW KONDRACIUKBARTOSZ SZER. DZSW MROCKZKOWSKIJULIAN SZER. DZSW PILCHJACEK SZER. DZSW KOLANOWSKIJAKUB SZER. DZSW RUSIECKIDAWID SZER. DZSW. DZIKOWICZMICHAŁ SZER. DZSW. KOZIEŁKRZYSZTOF SZER. DZSW FIENKOKACPER SZER. DZSW KOWALSKIMARTA SZER. DZSW WYRWAŁDANIEL SZER. DZSW BŁOCH | 00:18:22.0000:20:59.3900:21:38.6200:21:39.0500:21:42.0000:22:10.2100:22:24.9700:22:28.2800:22:47.1100:23:58.9600:24:11.7300:24:27.5600:24:47.0600:24:59.6700:25:06.5500:25:12.7000:25:20.0400:26:24.6400:26:27.12.1600:27:15.54 | 07:53:00     |
| 4      | BDOW     | DAWID SZER. JURKOWSKIARKADIUSZ SZER. PŁATEKSŁAWOMIR KOBIEROWSKIŁUKASZ MJR. KOGUCIUKDANIEL KPR. WOJTYSIAKDANIEL CHOR. RZEPKOWSKIKAMIL KPR. NOWACKIPIOTR MŁ.CHOR. RYDZEWSKIKRZYSZTOF ST. SZER. PIETRAŚPAWEŁ SIERŻ. CUDZIŁOKACPER SZER. SZOPIŃSKIADRIAN PPOR. BIELAKŁUKASZ PPOR. KOSICKIPaweł ST.SZER. MAŁEKPRZEMYSŁAW SZER. DZSW GOŁOŚMICHAŁ SZER. SUCHTAJANUSZ PLUT. ZEMRYSPAULINA SZER. PACUCHAJAKUB SZER. DZSW KOZACZUKKACPER SZER. KOZACZUK  | 00:22:39.2400:22:40.2600:22:53.0000:22:55.2200:22:55.4800:23:21.1300:23:30.1400:23:39.1200:24:02.0000:24:18.6800:24:33.2700:24:35.6700:24:41.7200:24:52.9500:25:12.0200:25:54.0800:26:24.6400:26:47.3800:26:55.4800:26:55.86    | 08:09:40     |
| 5      | BLOG     | PRZEMYSŁAW SZER. DZSW KOWALSKIPaweł SZER. RYBAKDAWID SZER. PASZOTKA-LIPIŃSKIEMIL PLUT. MAKOŚKATARZYNA SZER. TYREKKAROL KPR. KOSTRZEWAJULIAN SZER. ADAMCZYKATEUSZ ST.SZER. MATUSZEWSKIPIOTR ST.SIERŻ. CUDZIŁOPIOTR ST.SIERŻ. DUDKARafał SZER. SZMYTKIEWICZMARCIN PPOR. SZEFERARTUR ST.SZER. ZABŁOCKIRafał CHOR. PRZYBYLSKIZBIGNIEW ST.CHOR.SZT. NOWACKIKACPER SZER. FURMANIAKSEBASTIAN KPR. DĘBICKIKRYSTIAN SZER. MŁOCZYŃSKIŁUKASZ SZER. DZSW ŁODYGOWSKIPaweł KPR. STECIUK  | 00:21:16.3600:22:07.2300:22:31.1500:22:43.3000:23:32.7600:23:44.8000:23:57.0900:24:00.4100:24:26.1000:24:30.0000:24:31.5100:24:34.1300:24:55.6300:25:42.5800:26:17.0000:26:25.9900:27:12.6800:27:20.9700:27:31.9800:27:36.61    | 08:14:49     |
| 6      | DAS      | WIKTORIA SZER. METLICKAKRZYSZTOF SZER. LISSYLWESTER SZER. DZSW KRAWĘTKOWSKIARKADIUSZ SZER. DULKRZYSZTOF SZER. DZSW BRODZIKROMAN KPR. POTASIŃKISŁAWOMIR SZER. KOZUBMARCIN ST. KPR. PETRYSZYŃNIRENEUSZ KPR. PANEKADAM SZER. DAWIDOWICZSTANISŁAW PPŁK KWIATKOWSKIJAKUB SZER. DZSW CHWARZYŃSKIMATEUSZ SZER. MICHORZEWSKIŁUKASZ SZER. PAWELECAGNIESZKA SZER. KĘSIKKRZYSZTOF SZER. STRZAŁBANIKODEM KPR. WARZEWSKIKRZYSZTOF ST.CHOR.SZT. BORYSMATEUSZ ST.SZER. ŁAGAKAMIL SZER. HERNIK   | 00:20:30.7800:22:18.2500:22:51.7600:23:37.9000:23:39.3800:23:41.4500:23:55.1200:24:49.4900:25:00.7200:25:18.0300:25:18.5900:25:21.9600:25:24.6500:25:26.8000:25:27.8100:25:44.0300:25:52.6000:26:16.2100:27:27.5200:27:29.40    | 08:15:22     |