

## ŁEMKO MARATON 48

Organizator: Fundacja Ultra  
Data: 2023-10-21  
Miejsce: Komańcza  
Dystans: 47.7 km  
Klasyfikacja wg czasów brutto.

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE



PODKARPACKIE  
prezesa miasta

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

### ŁEMKO MARATON 48, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
1	KARWACZYŃSKI ROGER	2133	CODETWO	JELEŃNA GÓRA	POL	OPEN M	1	M 1	01:25:59		03:52:37.05	03:52:37.05	4:52	12.3
2	GAWLIK SŁAWEK	2081	DYNAFIT TEAM POLAND	KRAKÓW	POL	OPEN M	2	M 2	01:30:12	03:29:55	04:03:22.80	04:03:22.80	5:06	11.8
3	KOCZWARA TOMASZ	2002	MARCIN ŚWIERC TEAM	RADOMYŚL WIELKI	POL	OPEN M	3	M 3	01:26:53	03:29:37	04:08:33.55	04:08:33.55	5:12	11.5
4	WRÓBLEWSKI ROBERT	2369		LUBLIN	POL	OPEN M	4	M 4	01:26:53	03:29:43	04:16:06.70	04:16:06.70	5:22	11.2
5	SKOWRON MICHAŁ	2306	BIEGAM_BO_MAM_DZIECI	KRAKÓW	POL	OPEN M	5	M 5	01:32:59	03:30:05	04:17:43.90	04:17:43.90	5:24	11.1
6	WASIEWICZ ADAM	2350	NIE MÓJ CYRK, MOJE MAŁPY	WARSZAWA	POL	OPEN M	6	M 6	01:35:33	03:30:22	04:24:36.70	04:24:36.70	5:32	10.8
7	TOMASIAK NATALIA	2001	SALOMON TEAM	KRYNICA-ZDRÓJ	POL	OPEN K	1	K 1	01:36:04	03:30:25	04:26:00.05	04:26:00.05	5:34	10.8
8	SAWICKI PIOTR	2297	HARDRIVERCITIZENS	WARSZAWA	POL	OPEN M	7	M 7	01:36:05	03:30:33	04:35:53.10	04:35:53.10	5:47	10.4
9	FRĄCKIEWICZ MATEUSZ	2070		BIAŁKA	POL	OPEN M	8	M 8	01:37:13	03:30:38	04:37:29.45	04:37:29.45	5:49	10.3
10	JABŁOŃSKA SYLWIA	2113	SBG PODBIEG NESSI TEAM	KRAKÓW	POL	OPEN K	2	K 2	01:36:37	03:31:34	04:39:48.55	04:39:48.55	5:51	10.2
11	PIĘKNIK PATRYK	2260	TRAIL IS OUR WAY	RZESZÓW	POL	OPEN M	9	M 9	01:40:36	03:32:00	04:45:53.60	04:45:53.60	5:59	10
12	ZIĘBA ZBIGNIEW	2379	KS RYGLICE SEKCYJA BIEGOWA	LĘKI GORNE	POL	OPEN M	10	M 10	01:41:17	03:32:19	04:52:32.15	04:52:32.15	6:07	9.8
13	PTAK MATEUSZ	2277	TRAIL IS OUR WAY, KB ATHLETIC ZREČIN	NIENASZÓW	POL	OPEN M	11	M 11	01:44:47	03:32:30	04:56:25.20	04:56:25.20	6:12	9.7
14	RACZYC JANUSZ	2281	HIT THE TRAIL	TARNÓW	POL	OPEN M	12	M 12	01:46:08	03:32:24	04:57:46.55	04:57:46.55	6:14	9.6
15	KRZYSZTOŃ MARCIN	2165		KRAŚNIK / LASY	POL	OPEN M	13	M 13	01:42:07	03:32:34	04:59:42.35	04:59:42.35	6:16	9.5
16	STASZELIS KRZYSZTOF	2391	POCOLOCO ADVENTURE	POZNAŃ	POL	OPEN M	14	M 14	01:43:01	03:32:58	05:01:15.60	05:01:15.60	6:18	9.5
17	JASNOCH MARCIN	2120	STS BIEGATON MIKOŁÓW	MIKOŁÓW	POL	OPEN M	15	M 15	01:50:31	03:33:39	05:02:16.05	05:02:16.05	6:20	9.5
18	MAGOCZY ADAM	2200		KRAKÓW	POL	OPEN M	16	M 16	01:45:35	03:33:59	05:04:37.90	05:04:37.90	6:23	9.4
19	POTASIEWICZ GRZEGORZ	2269		KRAKÓW	POL	OPEN M	17	M 17	01:41:08	03:33:05	05:04:48.50	05:04:48.50	6:23	9.4
20	FIEDOROWICZ ASIA	2061	SKLEP BIEGACZA RUNNING TEAM	OLSZTYN	POL	OPEN K	3	K 3	01:54:10	03:39:04	05:10:02.85	05:10:02.85	6:29	9.2
21	SIERŻĘGA AGNIESZKA	2299		KRAKÓW	POL	OPEN K	4	K 4	01:57:45	03:40:47	05:10:07.50	05:10:07.50	6:30	9.2
22	CHODÓWIEC EMIL	2036		NURZEC-STACJA	POL	OPEN M	18	M 18	01:54:29	03:36:14	05:10:36.85	05:10:36.85	6:30	9.2
23	DOMBROWSKI JAKUB	2056	TRAIL IS OUR WAY	WIĘCKOWICE	POL	OPEN M	19	M 19	01:46:35	03:33:53	05:13:03.60	05:13:03.60	6:33	9.1
24	WOJTAS PIOTR	2362		KRAKÓW	POL	OPEN M	20	M 20	01:50:10	03:34:18	05:13:03.75	05:13:03.75	6:33	9.1
25	MALINOWSKI MAREK	2204		KRAKÓW	POL	OPEN M	21	M 21	01:56:56	03:39:17	05:16:12.30	05:16:12.30	6:37	9.1
26	PIESZKO MAGDA	2258	MKRAWCZYŃSKA TEAM	GDYNIA	POL	OPEN K	5	K 5	01:55:16	03:40:52	05:16:14.10	05:16:14.10	6:37	9.1
27	OPALSKA KAROLINA	2242	ZADYSZKA OŚWIĘCIM	ZASOLE BIELAŃSKIE	POL	OPEN K	6	K 6	01:54:45		05:16:29.10	05:16:29.10	6:38	9
28	SKRZYPCZYK MICHAŁ	2308	AKTYWNE BESKIDY	JAWISZOWICE	POL	OPEN M	22	M 22	01:54:46	03:38:58	05:16:41.55	05:16:41.55	6:38	9
29	BOROWSKI PRZEMYSŁAW	2025	#GRUNNERS	POZNAŃ	POL	OPEN M	23	M 23	01:55:17	03:39:13	05:17:24.15	05:17:24.15	6:39	9
30	OCHOJSKI DOMINIK	2238		KATOWICE	POL	OPEN M	24	M 24	01:48:50	03:41:38	05:21:00.45	05:21:00.45	6:43	8.9
31	GRUCELA PRZEMEK	2095		RZESZÓW	POL	OPEN M	25	M 25	01:50:40	03:42:02	05:21:39.45	05:21:39.45	6:44	8.9
32	WOCH AGNIESZKA	2358		ZIELONA GÓRA	POL	OPEN K	7	K 7	01:56:59	03:44:34	05:21:49.65	05:21:49.65	6:44	8.9
33	WOJCIECHOWSKI KACPER	2360	SWORDS ATHLETICS	LESZNO	POL	OPEN M	26	M 26	01:49:34	03:39:01	05:22:20.25	05:22:20.25	6:45	8.9
34	KOWALCZYK RAFAŁ	2154	SIGMA TECHNOLOGY & ENERGY SOLUTIONS SP. Z O.O.	KATOWICE	POL	OPEN M	27	M 27	01:47:59	03:34:09	05:23:19.55	05:23:19.55	6:46	8.9
35	KOWALKOWSKI PAWEŁ	2155	RYKOWISKOTEAM	GOSTYNIN	POL	OPEN M	28	M 28	01:56:57	03:44:03	05:23:53.30	05:23:53.30	6:47	8.8
36	GUŁAŚ DANIEL	2390		MOTYCZ	POL	OPEN M	29	M 29	01:54:12	03:41:21	05:23:55.35	05:23:55.35	6:47	8.8
37	KOŁECKA PATRYCJA	2143	PIĄTKOWO NA BIEGOWO / POZNAŃ	POZNAŃ	POL	OPEN K	8	K 8	01:58:36	03:45:36	05:24:00.95	05:24:00.95	6:47	8.8
38	RUSIN KRZYSZTOF	2289		JUSZCZYN	POL	OPEN M	30	M 30	01:39:54	03:34:03	05:24:19.90	05:24:19.90	6:47	8.8
39	KSIĄŻKIEWICZ BARTŁOMIEJ	2169	ROCKY BALBOA	BUKOWIEC	POL	OPEN M	31	M 31	01:58:02	03:45:32	05:24:44.00	05:24:44.00	6:48	8.8
40	WŁODARCZYK MICHAŁ	2357	EVERRUN	ŁÓDŹ	POL	OPEN M	32	M 32	01:48:08	03:38:23	05:25:29.05	05:25:29.05	6:49	8.8
41	MUSZYŃSKI KRZYSZTOF	2230	POCOLOCO ADVENTURE	POZNAŃ	POL	OPEN M	33	M 33	01:53:52	03:44:47	05:25:46.65	05:25:46.65	6:49	8.8
42	OGNIEWSKI MARCIN	2240	WATAHA	WARSZAWA	POL	OPEN M	34	M 34	01:54:13	03:45:40	05:29:10.95	05:29:10.95	6:54	8.7
43	KOZŁOWSKI JERZY	2158		BRZEG	POL	OPEN M	35	M 35	01:56:32	03:48:58	05:29:20.15	05:29:20.15	6:54	8.7
44	ŁUCJANEK ANDRZEJ	2193	KAJA TEAM	WARSZAWA	POL	OPEN M	36	M 36	01:52:00	03:46:58	05:31:13.10	05:31:13.10	6:56	8.6

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
45	SŁAWIŃSKI GRZEGORZ	2310	MKL MARATON ŚWINOUJŚCIE	KRAKÓW	POL	OPEN M	37	M 37	01:54:40	03:43:17	05:31:30.85	05:31:30.85	6:56	8.6
46	BUŁAWKA ŁUKASZ	2032	KW KRAKÓW	KRAKÓW	POL	OPEN M	38	M 38	01:58:04	03:49:13	05:31:52.40	05:31:52.40	6:57	8.6
47	LEWCZAK MATEUSZ	2188		KŁAJ	POL	OPEN M	39	M 39	01:44:37	03:33:45	05:32:36.75	05:32:36.75	6:58	8.6
48	SOŁTYSIK MATEUSZ	2315		POSADA GÓRNA	POL	OPEN M	40	M 40	01:54:46	03:46:43	05:33:36.85	05:33:36.85	6:59	8.6
49	KANCLERZ-MAZURCZUK MONIKA	2131	WIST	CHEŁM	POL	OPEN K	9	K 9	02:01:10	03:53:01	05:33:53.75	05:33:53.75	6:59	8.6
50	KRAWIEC ROBERT	2160		WARSZAWA	POL	OPEN M	41	M 41	01:58:26	03:52:50	05:34:29.05	05:34:29.05	7:00	8.6
51	KSIĄŻEK ILONA	2167	RAKIETA_BIEGA_TEAM	ZAMIENTE	POL	OPEN K	10	K 10	02:06:17	03:57:05	05:34:55.95	05:34:55.95	7:01	8.5
52	MUCHA GRZEGORZ	2228		ZABIERZOW	POL	OPEN M	42	M 42	01:56:32	03:50:09	05:39:08.95	05:39:08.95	7:06	8.4
53	PIECZONKA PAWEŁ	2389	LEBIODARUNNINGTEAM	RZESZÓW	POL	OPEN M	43	M 43	01:57:47	03:51:12	05:39:19.90	05:39:19.90	7:06	8.4
54	GONDOR JAREK	2087	UKS LIDER	LIBERTÓW	POL	OPEN M	44	M 44	01:57:57	03:57:12	05:39:36.05	05:39:36.05	7:07	8.4
55	MAZUR JAKUB	2215		BIELSKO-BIAŁA	POL	OPEN M	45	M 45	01:50:18	03:47:01	05:41:33.20	05:41:33.20	7:09	8.4
56	KOŁODZIJSKI MICHAŁ	2145		WARSZAWA	POL	OPEN M	46	M 46	01:54:44	03:52:21	05:42:47.80	05:42:47.80	7:11	8.3
57	SZALAST PAWEŁ	2324	Z16	LUDWIN	POL	OPEN M	47	M 47	02:01:42	04:02:52	05:46:29.40	05:46:29.40	7:15	8.3
58	PIOTROWICZ MICHAŁ	2261	ORTHOS TEAM	IWINY	POL	OPEN M	48	M 48	01:59:20	03:56:48	05:46:40.85	05:46:40.85	7:16	8.3
59	MARCZAK KRZYSZTOF	2208	STARE BABICE BIEGAJĄ	STARE BABICE	POL	OPEN M	49	M 49	01:57:35	04:00:01	05:46:45.20	05:46:45.20	7:16	8.3
60	TRYBUŁA MARCELINA	2338	WIECZORNE BIEGANIE WE WROCŁAWIU	WROCŁAW	POL	OPEN K	11	K 11	02:03:51	04:01:34	05:46:55.55	05:46:55.55	7:16	8.2
61	KURASZKIEWICZ ROBERT	2175		ROPCZYCE	POL	OPEN M	50	M 50	02:02:01	03:58:46	05:47:42.45	05:47:42.45	7:17	8.2
62	ŚLIWA KAROLINA	2333		NOWY SĄCZ	POL	OPEN K	12	K 12	02:09:03	04:05:16	05:48:21.40	05:48:21.40	7:18	8.2
63	KUŚMIERZAK PIOTR	2177	PRZEDWOJEWSKI TEAM	LUBLIN	POL	OPEN M	51	M 51	01:53:35	03:45:21	05:49:30.25	05:49:30.25	7:19	8.2
64	TROKHIMENKO YAROSLAV	2337		LUBLIN	POL	OPEN M	52	M 52	02:04:26	04:00:55	05:49:56.95	05:49:56.95	7:20	8.2
65	FIEBIG STEFAN	2060	WWW.FIEBIG.PL	PONIEC	POL	OPEN M	53	M 53	01:55:25	03:50:57	05:51:14.35	05:51:14.35	7:21	8.1
66	JAŃCZYK EWA	2118		KRAKÓW	POL	OPEN K	13	K 13	02:10:48	04:08:16	05:52:31.50	05:52:31.50	7:23	8.1
67	PIETRUCHA JAKUB	2259	STG WARSZAWA	WARSZAWA	POL	OPEN M	54	M 54	02:05:01	04:01:44	05:54:26.35	05:54:26.35	7:25	8.1
68	POPŁAWSKA MAGDALENA	2266	SEBORADIN TEAM	KRAKÓW	POL	OPEN K	14	K 14	02:12:56	04:12:09	05:54:57.20	05:54:57.20	7:26	8.1
69	GAJDA MICHAŁ	2077	EUFORIA BIEGACZA	POZNAŃ	POL	OPEN M	55	M 55	02:06:52	04:07:59	05:55:30.15	05:55:30.15	7:27	8.1
70	DĄBKOWSKI ANDRZEJ	2052			POL	OPEN M	56	M 56	02:10:06	04:09:47	05:55:32.60	05:55:32.60	7:27	8
71	KAZIMIERCZAK ANDRZEJ	2136		KRAKÓW	POL	OPEN M	57	M 57	02:07:52	04:08:06	05:55:51.35	05:55:51.35	7:27	8
72	GORCZYCA MARIUSZ	2088		STRZYŻÓW	POL	OPEN M	58	M 58	01:59:34	04:03:08	05:56:45.45	05:56:45.45	7:28	8
73	WYSIŃSKI GRZEGORZ	2370	UNLIMITED SPORT 2.0.	KRAKÓW	POL	OPEN M	59	M 59	02:07:53	04:08:45	05:57:27.40	05:57:27.40	7:29	8
74	SZYMAŃSKI MACIEJ	2330	TI FLUID SYSTEMS	BIELSKO-BIAŁA	POL	OPEN M	60	M 60	02:00:57	04:02:08	05:57:42.00	05:57:42.00	7:29	8
75	KOCUR GRZEGORZ	2141		GLIWICE	POL	OPEN M	61	M 61	02:04:59	04:11:20	05:57:47.80	05:57:47.80	7:30	8
76	CEBO ARTUR	2034		KRAKÓW	POL	OPEN M	62	M 62	01:59:10	03:59:15	05:58:01.35	05:58:01.35	7:30	8
77	BEDNARZ WOJCIECH	2016		CHRZANÓW	POL	OPEN M	63	M 63	02:03:46	04:01:38	05:58:17.00	05:58:17.00	7:30	8
78	PIECZARA BŁAŻEJ	2256		JAWORZNO	POL	OPEN M	64	M 64	01:57:31	04:05:24	05:58:47.95	05:58:47.95	7:31	8
79	OCHAŁA PRZEMYSŁAW	2237		RZESZÓW	POL	OPEN M	65	M 65	02:04:26	04:04:36	05:58:55.55	05:58:55.55	7:31	8
80	KOCIOŁEK MICHAŁ	2140	STARE BABICE BIEGAJĄ / VEGE RUNNERS	BLIZNE JASIŃSKIEGO	POL	OPEN M	66	M 66	02:03:49	04:08:35	05:59:00.35	05:59:00.35	7:31	8
81	PAŁOWSKA JOANNA	2244	GÓRAL Z MAZUR RUNNING TEAM	OLSZTYN	POL	OPEN K	15	K 15	02:15:00	04:13:20	05:59:00.60	05:59:00.60	7:31	8
82	ROKITA PAWEŁ	2285	RAKIETA_BIEGA_TEAM	MIŃSK MAZOWIECKI	POL	OPEN M	67	M 67	02:06:16	04:04:08	05:59:56.55	05:59:56.55	7:32	8
83	NOSEK DARIUSZ	2236		RĄCZNA	POL	OPEN M	68	M 68	02:12:55	04:16:46	06:00:22.50	06:00:22.50	7:33	7.9
84	KUEHN AGNIESZKA	2173	DST	KRAKÓW	POL	OPEN K	16	K 16	02:10:53	04:14:12	06:00:22.90	06:00:22.90	7:33	7.9
85	BŁASZCZAK MAREK	2022		WROCŁAW	POL	OPEN M	69	M 69	02:06:00	04:09:16	06:00:32.50	06:00:32.50	7:33	7.9
86	SIECZKA ANNA	2298	SWORDS ATHLETICS	KRAKÓW	POL	OPEN K	17	K 17	02:11:38	04:11:25	06:00:53.15	06:00:53.15	7:33	7.9
87	SIWIEC EWA	2302	RAKIETA_BIEGA_TEAM	DĘBE WIELKIE	POL	OPEN K	18	K 18	02:11:46	04:14:25	06:01:50.70	06:01:50.70	7:35	7.9
88	ŻARNOWSKI GRZEGORZ	2383	GREGZARNOWSKI.PL	ZAGÓRZYCE DWORSKIE	POL	OPEN M	70	M 70	02:17:09	04:14:53	06:02:56.70	06:02:56.70	7:36	7.9
89	PRĘGOWSKI MICHAŁ	2271	STARE BABICE BIEGAJĄ / VEGE RUNNERS	KLAUDYN	POL	OPEN M	71	M 71	02:04:09	04:10:50	06:02:57.25	06:02:57.25	7:36	7.9
90	SZYMAŃSKI GABRIEL	2329		JASIONÓW	POL	OPEN M	72	M 72	02:10:38	04:15:57	06:04:12.00	06:04:12.00	7:38	7.9
91	STRUŚ KATARZYNA	2322	KKM KALORYFER	KRAKÓW	POL	OPEN K	19	K 19	02:12:57	04:17:58	06:04:17.55	06:04:17.55	7:38	7.9
92	ZUGAJ ROBERT	2382	42K MOUNTAIN PRO TEAM	RUDA ŚLĄSKA	POL	OPEN M	73	M 73	02:04:37	04:13:51	06:04:38.95	06:04:38.95	7:38	7.8
93	KOPACZEWSKI MICHAŁ	2149		PINNER	GBR	OPEN M	74	M 74	02:23:54	04:30:46	06:05:05.85	06:05:05.85	7:39	7.8
94	PAŁUBSKI ANDRZEJ	2245	TECHGIS	CZAJOWICE	POL	OPEN M	75	M 75	02:12:55	04:16:18	06:06:05.40	06:06:05.40	7:40	7.8
95	PUDEŁKO RAFAŁ	2279	MAMYTO!	GDYNIA	POL	OPEN M	76	M 76	02:06:46	04:16:50	06:06:43.35	06:06:43.35	7:41	7.8
96	STASIK MONIKA	2319	INFINITIGYM ŁUKASZ SZAPORÓW	PROSZOWICE	POL	OPEN K	20	K 20	02:15:24	04:23:07	06:08:40.00	06:08:40.00	7:43	7.8
97	CHRZAŚTOWSKA KAMILA	2038		BYDGOSZCZ	POL	OPEN K	21	K 21	02:14:16	04:23:11	06:09:25.00	06:09:25.00	7:44	7.7
98	CYRBUS DOMINIKA	2048	DST	KRAKÓW	POL	OPEN K	22	K 22	02:14:55	04:22:31	06:09:36.65	06:09:36.65	7:44	7.7

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
99	WROBLEWSKI MATEUSZ	2367		GLIWICE	POL	OPEN M	77	M 77	02:03:34		06:09:52.25	06:09:52.25	7:45	7.7
100	GORDON KAMILA	2089	RELENTLESS	OSTROWIEC ŚWIĘTOKRZYSKI	POL	OPEN K	23	K 23	02:08:46	04:14:15	06:10:24.40	06:10:24.40	7:45	7.7
101	GARBIEŃ GRZEGORZ	2079	GOAT TEAM	MOKRZYSKA	POL	OPEN M	78	M 78	02:03:15	04:13:56	06:12:02.55	06:12:02.55	7:47	7.7
102	RUSINEK ŁUKASZ	2290	NOCNY BÓR TEAM	RZESZÓW	POL	OPEN M	79	M 79	02:16:36	04:32:04	06:13:17.00	06:13:17.00	7:49	7.7
103	ILCZUK PAWEŁ	2110	WATAHA	WARSZAWA	POL	OPEN M	80	M 80	02:07:10	04:16:38	06:13:50.15	06:13:50.15	7:50	7.7
104	PASTOR KAMIL	2249	WATAHA	WARSZAWA	POL	OPEN M	81	M 81	02:08:09	04:16:03	06:13:50.30	06:13:50.30	7:50	7.7
105	MICHAŁOWSKI PIOTR	2219	WATAHA	WARSZAWA	POL	OPEN M	82	M 82	02:06:20	04:12:13	06:13:50.45	06:13:50.45	7:50	7.7
106	MECH PATRYK	2216		ŁOCHÓW	POL	OPEN M	83	M 83	02:08:55	04:22:45	06:14:13.55	06:14:13.55	7:50	7.6
107	KOTULSKI PAWEŁ	2153		WIĘCKOWICE	POL	OPEN M	84	M 84	02:15:14	04:30:50	06:14:54.40	06:14:54.40	7:51	7.6
108	KUDRYCKI JAKUB	2172		BILCZA	POL	OPEN M	85	M 85	02:03:50	04:13:47	06:15:18.50	06:15:18.50	7:52	7.6
109	CHUCHLA PIOTR	2039	SWORDS ATHLETICS	WARSZAWA	POL	OPEN M	86	M 86	02:01:26	04:09:27	06:15:56.25	06:15:56.25	7:52	7.6
110	CIERPIAŁ PIOTR	2043	KRAKÓW AIRPORT RUNNING TEAM	MYŚLENICE	POL	OPEN M	87	M 87	02:06:26	04:10:28	06:16:04.65	06:16:04.65	7:53	7.6
111	COUSENS DANIEL	2046	TWDW	WARSAW	POL	OPEN M	88	M 88	01:56:44	04:08:26	06:16:08.05	06:16:08.05	7:53	7.6
112	WOJTAS MARCIN	2363		ZURYCH	SUI	OPEN M	89	M 89	02:08:43	04:15:12	06:17:02.95	06:17:02.95	7:54	7.6
113	KAMIENIAK JACEK	2129	KBKS BIEGACZE W RADOMSKU	RADOMSKO	POL	OPEN M	90	M 90	02:06:38		06:17:18.10	06:17:18.10	7:54	7.6
114	KOŁEK MACIEJ	2144	ŚLĘZAK TEAM / LUX MED SPORTS TEAM	WARSZAWA	POL	OPEN M	91	M 91	02:11:59	04:22:50	06:17:59.05	06:17:59.05	7:55	7.6
115	ZDEB MACIEJ	2376	WILQ TEAM	RZESZÓW	POL	OPEN M	92	M 92	02:08:31	04:23:56	06:18:27.65	06:18:27.65	7:56	7.6
116	ŁĄŻEŃSKI ŁUKASZ	2192		ŚLEDZIEJOWICE	POL	OPEN M	93	M 93	02:09:57	04:17:36	06:19:07.85	06:19:07.85	7:56	7.5
117	KUNICKI MATEUSZ	2174		WIELICZKA	POL	OPEN M	94	M 94	02:12:55	04:22:15	06:19:15.05	06:19:15.05	7:57	7.5
118	ZIĘTARA-NOSEK BOŻENA	2380	KKM KALORYFER	WIELICZKA	POL	OPEN K	24	K 24	02:18:45	04:31:54	06:19:18.25	06:19:18.25	7:57	7.5
119	LAPUCHA MARCIN	2180		LUTON	GBR	OPEN M	95	M 95	02:08:59	04:16:34	06:19:19.80	06:19:19.80	7:57	7.5
120	KALTSI DIMITRA	2128	ALL TERRAIN RUNNERS	LARISSA	GRE	OPEN K	25	K 25	02:19:22	04:30:54	06:19:38.90	06:19:38.90	7:57	7.5
121	BŁAUT-KRASON ALICJA	2023	SMASHING PAPKINS	SYGNECZÓW	POL	OPEN K	26	K 26	02:17:42	04:31:09	06:19:47.35	06:19:47.35	7:57	7.5
122	MARCINKOWSKA ANNA	2206	KW KRAKÓW	OŚWIĘCIM - ZABORZE	POL	OPEN K	27	K 27	02:16:29	04:26:15	06:19:57.00	06:19:57.00	7:57	7.5
123	MARCINKOWSKI PAWEŁ	2207	KW KRAKÓW	OŚWIĘCIM - ZABORZE	POL	OPEN M	96	M 96	02:16:29	04:25:59	06:19:57.05	06:19:57.05	7:57	7.5
124	CZEMPIŃSKI JAN	2049		PIASECZNO	POL	OPEN M	97	M 97	02:27:42	04:41:58	06:21:33.35	06:21:33.35	7:59	7.5
125	PURGAL TOMASZ	2280	SAINT-GOBAIN SQUAD	DĄBROWA GÓRNICZA	POL	OPEN M	98	M 98	02:14:31	04:33:44	06:21:58.15	06:21:58.15	8:00	7.5
126	MARCINIAK PAWEŁ	2205		WARSZAWA	POL	OPEN M	99	M 99	02:08:15	04:22:20	06:22:33.15	06:22:33.15	8:01	7.5
127	ŚWIĄTEK ŁUKASZ	2335		NOWE CHECHŁO	POL	OPEN M	100	M 100	02:13:11	04:22:36	06:23:32.45	06:23:32.45	8:02	7.5
128	KONSEK JACEK	2148		RYBNIK	POL	OPEN M	101	M 101	02:13:38	04:30:59	06:23:34.15	06:23:34.15	8:02	7.5
129	BANGIS ŁUKASZ	2012	ŻÓRAWSKI TEAM	WARSZAWA	POL	OPEN M	102	M 102	02:15:12	04:32:25	06:23:45.05	06:23:45.05	8:02	7.5
130	FORNAL JACEK	2069	ŻBIKI	GŁOWIENKA	POL	OPEN M	103	M 103	02:11:18	04:24:59	06:24:01.85	06:24:01.85	8:03	7.5
131	MUCHA MAREK	2229	APOSTLES OF STARS	KRAKÓW	POL	OPEN M	104	M 104	02:12:03	04:26:07	06:24:11.75	06:24:11.75	8:03	7.4
132	IGNASZEWSKA MARTA	2109		RADZYŃNY	POL	OPEN K	28	K 28	02:14:46	04:31:43	06:24:52.85	06:24:52.85	8:04	7.4
133	FIRA-KREMPA EDYTA	2066		JÓZEFÓW	POL	OPEN K	29	K 29	02:18:34		06:24:55.30	06:24:55.30	8:04	7.4
134	SZYMCZYK WITOLD	2331		SUCHEDNIÓW	POL	OPEN M	105	M 105	02:18:33	04:32:18	06:24:55.30	06:24:55.30	8:04	7.4
135	POPLAWSKI PRZEMEK	2267	SEBORADIN TEAM	KRAKÓW	POL	OPEN M	106	M 106	02:19:43	04:33:01	06:24:57.15	06:24:57.15	8:04	7.4
136	SZMIGIEL AGNIESZKA	2327		KRAKÓW	POL	OPEN K	30	K 30	02:17:13	04:30:40	06:25:24.95	06:25:24.95	8:04	7.4
137	SIKORA GRZEGORZ	2300	KKM KALORYFER	KRAKÓW	POL	OPEN M	107	M 107	02:20:30	04:32:53	06:25:45.75	06:25:45.75	8:05	7.4
138	WASIEWICZ JOLANTA	2351	MEE	WARSZAWA	POL	OPEN K	31	K 31	02:11:42	04:23:32	06:25:53.75	06:25:53.75	8:05	7.4
139	TUCKI KONRAD	2340		WARSZAWA	POL	OPEN M	108	M 108	02:22:24	04:33:54	06:26:31.30	06:26:31.30	8:06	7.4
140	SKALSKI DANIEL	2304		ŻEGLCE	POL	OPEN M	109	M 109	02:06:04	04:24:31	06:27:11.00	06:27:11.00	8:07	7.4
141	WITKOWSKI JĘDRZEJ	2356		WARSZAWA	POL	OPEN M	110	M 110	02:08:14	04:24:35	06:28:15.05	06:28:15.05	8:08	7.4
142	GIBALSKA MARZENA	2083	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	OPEN K	32	K 32	02:23:10	04:33:36	06:29:07.30	06:29:07.30	8:09	7.4
143	FURMANOWSKI PAWEŁ	2075		WARSZAWA	POL	OPEN M	111	M 111	02:14:10	04:32:50	06:29:08.50	06:29:08.50	8:09	7.4
144	BAGIŃSKI JAKUB	2009	WILD DOGS TEAM	TYRAWA WOŁOSKA	POL	OPEN M	112	M 112	02:18:10	04:36:04	06:29:25.85	06:29:25.85	8:09	7.3
145	MRÓWKA MAŁGORZATA	2227		ŁÓDŹ	POL	OPEN K	33	K 33	02:15:20	04:33:16	06:29:33.05	06:29:33.05	8:09	7.3
146	SKALNY RAFAŁ	2303		SKAWINA	POL	OPEN M	113	M 113	02:18:10	04:36:13	06:29:41.75	06:29:41.75	8:10	7.3
147	OZIMINA HUBERT	2243	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	OPEN M	114	M 114	02:20:17	04:41:01	06:29:45.45	06:29:45.45	8:10	7.3
148	KOT PAULINA	2152		WIELICZKA	POL	OPEN K	34	K 34	02:14:53	04:31:21	06:29:46.75	06:29:46.75	8:10	7.3
149	KALBARCZYK JAKUB	2127		KRAKÓW	POL	OPEN M	115	M 115	02:08:35	04:25:37	06:30:00.40	06:30:00.40	8:10	7.3
150	KARDASZEWSKI TOMASZ	2132		WARSZAWA	POL	OPEN M	116	M 116	02:13:09	04:33:20	06:30:24.10	06:30:24.10	8:11	7.3
151	TYPIAK TOMASZ	2343		PYSZNICA	POL	OPEN M	117	M 117	02:20:01	04:38:03	06:30:46.00	06:30:46.00	8:11	7.3
152	HUGE FRANCOIS	2108		WARSZAWA	POL	OPEN M	118	M 118	02:06:02		06:32:34.80	06:32:34.80	8:13	7.3
153	SMYKA MICHAŁ	2311		CIECIERZYN	POL	OPEN M	119	M 119	02:06:16	04:22:40	06:32:40.50	06:32:40.50	8:13	7.3
154	FILIPEK WOJCIECH	2064	OPTIM TRAVEL ULTRA	RZESZÓW	POL	OPEN M	120	M 120	02:08:32	04:24:53	06:33:04.35	06:33:04.35	8:14	7.3

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
155	RUCIŃSKI ADAM	2287		WARSZAWA	POL	OPEN M	121	M 121	02:23:39	04:35:06	06:33:10.15	06:33:10.15	8:14	7.3
156	PIENKOSZ WOJCIECH	2257	PGE ENERGETIC RUNNING/PODIUM	RZESZÓW	POL	OPEN M	122	M 122	02:24:54	04:43:28	06:35:48.00	06:35:48.00	8:17	7.2
157	SKOWRON MAŁGORZATA	2307	STREET RUN RADOM / PODIUM	RADOM	POL	OPEN K	35	K 35	02:24:53	04:43:25	06:35:48.05	06:35:48.05	8:17	7.2
158	DOLŻYCKI PAWEŁ	2055		KOMAŃCZA	POL	OPEN M	123	M 123	02:09:40	04:33:33	06:35:58.75	06:35:58.75	8:18	7.2
159	ŁUKASZEWSKI PRZEMYSŁAW	2195	STS BIEGATON MIKOŁÓW	MIKOŁÓW	POL	OPEN M	124	M 124	02:16:34	04:32:00	06:36:27.65	06:36:27.65	8:18	7.2
160	HŁASKO ANNA	2105		JÓZEFÓW	POL	OPEN K	36	K 36	02:14:38	04:31:39	06:36:31.70	06:36:31.70	8:18	7.2
161	FLANDERA LUCA	2067		BUDAPEST	HUN	OPEN K	37	K 37	02:13:38	04:23:26	06:37:13.75	06:37:13.75	8:19	7.2
162	MILER ROBERT	2223	KOLARSKO-BIEGOWY KLUB SPORTOWY RADOMSKO	RADOMSKO	POL	OPEN M	125	M 125	02:09:37	04:32:57	06:37:24.20	06:37:24.20	8:19	7.2
163	GRZESIK MARTA	2097		WARSZAWA	POL	OPEN K	38	K 38	02:18:42	04:36:00	06:38:26.40	06:38:26.40	8:21	7.2
164	GRZESIK JEDRZEJ	2098	LAPS	WARSZAWA	POL	OPEN M	126	M 126	02:18:28	04:37:12	06:38:28.20	06:38:28.20	8:21	7.2
165	PRZYBYLSKI MARIUSZ	2274	BIEGNIJ Z PROSERVICE	ZĄBKI	POL	OPEN M	127	M 127	02:11:43	04:33:25	06:38:52.15	06:38:52.15	8:21	7.2
166	NIEDZIELA MICHAŁ	2233		JAROSŁAW	POL	OPEN M	128	M 128	02:20:06	04:41:50	06:40:09.45	06:40:09.45	8:23	7.2
167	RAPAŁA GRZEGORZ	2283		MYSŁOWICE	POL	OPEN M	129	M 129	02:19:56	04:37:30	06:40:15.20	06:40:15.20	8:23	7.2
168	STOJEWSKI PRZEMYSŁAW	2388		WAPIENNE	POL	OPEN M	130	M 130	02:28:32	04:43:55	06:40:24.30	06:40:24.30	8:23	7.1
169	JASIŃSKI KRZYSZTOF	2119	GRUBE KORZENIE	LUBLIN	POL	OPEN M	131	M 131	02:12:44	04:32:31	06:41:06.15	06:41:06.15	8:24	7.1
170	UBYCH MARIUSZ	2344	ŁÓDŹ RUNNING TEAM	ŁÓDŹ	POL	OPEN M	132	M 132	02:24:01	04:48:07	06:41:10.05	06:41:10.05	8:24	7.1
171	WACHOWIAK ANNA	2346	CARLSBERG SHARED SERVICES	POZNAŃ	POL	OPEN K	39	K 39	02:29:32	04:44:18	06:41:28.05	06:41:28.05	8:24	7.1
172	PAMUŁA MARTA	2246		KATOWICE	POL	OPEN K	40	K 40	02:18:35	04:34:48	06:42:30.55	06:42:30.55	8:26	7.1
173	BAKIERA KAMIL	2010		TURKA	POL	OPEN M	133	M 133	02:23:25	04:38:07	06:42:34.40	06:42:34.40	8:26	7.1
174	MAJDAK BARTŁOMIEJ	2202	TESTERZY GLEBY	WARSZAWA	POL	OPEN M	134	M 134	02:21:22	04:39:26	06:42:59.45	06:42:59.45	8:26	7.1
175	STASZEWSKI PAWEŁ	2320		RADZYMIN	POL	OPEN M	135	M 135	02:20:04	04:33:09	06:43:11.95	06:43:11.95	8:27	7.1
176	PAWEŁCZUK PIOTR	2252		ZABIERZÓW	POL	OPEN M	136	M 136	02:26:26	04:42:01	06:43:28.95	06:43:28.95	8:27	7.1
177	HASIŃSKA ALEKSANDRA	2102		TARNOWSKIE GÓRY	POL	OPEN K	41	K 41	02:20:50	04:42:17	06:43:46.05	06:43:46.05	8:27	7.1
178	URBAŃSKA MAGDALENA	2345	HAPPY RUNNERS	PABIANICE	POL	OPEN K	42	K 42	02:28:34	04:47:18	06:43:54.65	06:43:54.65	8:28	7.1
179	SARNOWSKA KAROLINA	2295	PRORUNNING PROMOTION	WARSZAWA	POL	OPEN K	43	K 43	02:20:45	04:45:48	06:45:15.30	06:45:15.30	8:29	7.1
180	PRZYBYLSKI GRZEGORZ	2275	DZIADEK_GRISZKA_BIEGA	RZESZÓW	POL	OPEN M	137	M 137	02:15:01	04:37:43	06:45:30.90	06:45:30.90	8:30	7.1
181	BUGAJ KRZYSZTOF	2027	NIENAŻARTE MISIE	KŁOMNICE	POL	OPEN M	138	M 138	02:30:38	04:47:57	06:45:34.45	06:45:34.45	8:30	7.1
182	CHADUŁA ADRIAN	2035	NIENAŻARTE MISIE	WITKOWICE	POL	OPEN M	139	M 139	02:30:46	04:47:28	06:45:34.80	06:45:34.80	8:30	7.1
183	BARDAN MICHAŁ	2013	JACEK BIEGA	WARSZAWA	POL	OPEN M	140	M 140	02:22:21	04:39:43	06:45:36.95	06:45:36.95	8:30	7.1
184		2392						1	02:02:15	04:24:26	06:46:03.50	06:46:03.50	8:30	7
185	KWIATEK WERONIKA	2178		BIELSKO-BIAŁA	POL	OPEN K	44	K 44	02:10:30	04:33:05	06:46:11.20	06:46:11.20	8:30	7
186	MICHOWSKA ANNA	2220	HEŃTEAM	LUBLIN	POL	OPEN K	45	K 45	02:23:59	04:46:48	06:46:51.20	06:46:51.20	8:31	7
187	JEŻOWSKI JACEK	2122	HEŃTEAM LUBLIN	LUBLIN	POL	OPEN M	141	M 141	02:24:00		06:46:51.30	06:46:51.30	8:31	7
188	FRITZ WOJCIECH	2072	SWORDS ATHLETICS	WARSZAWA	POL	OPEN M	142	M 142	02:20:06	04:45:26	06:47:19.00	06:47:19.00	8:32	7
189	WIDERA TOMASZ	2353	KOKOSZA36TEAM	PRUSZKÓW	POL	OPEN M	143	M 143	02:16:25	04:33:49	06:47:25.45	06:47:25.45	8:32	7
190	KĘDRA AGNIESZKA	2138	CARPATHIAN RUNNERS	RZESZÓW	POL	OPEN K	46	K 46	02:21:58	04:45:08	06:47:46.25	06:47:46.25	8:32	7
191	LIGĘZA WITEK	2190	KANGUROWA SZKOŁA/SMASHING PĄPKINS	KRAKÓW	POL	OPEN M	144	M 144	02:11:42	04:24:41	06:48:04.75	06:48:04.75	8:33	7
192	HABERSKI MICHAŁ	2101	BIEGBOX	WARSZAWA	POL	OPEN M	145	M 145	02:26:23	04:48:09	06:48:57.45	06:48:57.45	8:34	7
193	GOLI LESZEK	2086	MOVADO RUNNERS	WARSZAWA	POL	OPEN M	146	M 146	02:24:01	04:49:45	06:49:03.25	06:49:03.25	8:34	7
194	KORZENIOWSKI GRZEGORZ	2151	MOVADO RUNNERS	WARSZAWA	POL	OPEN M	146	M 146	02:24:05	04:38:50	06:49:03.25	06:49:03.25	8:34	7
195	SOBCZAK KAROLINA	2312		KRAKÓW	POL	OPEN K	47	K 47	02:23:01	04:45:23	06:50:11.50	06:50:11.50	8:35	7
196	WRONA KAMILA	2368	SPARTALUBLIN	TURKA	POL	OPEN K	48	K 48	02:26:01	04:47:24	06:51:07.55	06:51:07.55	8:37	7
197	MAJERSKI MICHAŁ	2203		KRAKÓW	POL	OPEN M	148	M 148	02:19:46	04:37:41	06:51:33.70	06:51:33.70	8:37	7
198	CHWISTEK KATARZYNA	2041		ZABRZE	POL	OPEN K	49	K 49	02:24:30	04:46:39	06:52:08.00	06:52:08.00	8:38	6.9
199	SZCZEPANIAK AGNIESZKA	2326		CZĘSTOCHOWA	POL	OPEN K	50	K 50	02:25:26	04:54:58	06:52:35.40	06:52:35.40	8:38	6.9
200	SOBCZYK-SPYT AGATA	2313		ZABRZE	POL	OPEN K	51	K 51	02:22:41	04:51:57	06:53:10.95	06:53:10.95	8:39	6.9
201	MARCZAK SEBASTIAN	2209		WOLA	POL	OPEN M	149	M 149	02:21:22	04:48:55	06:53:29.05	06:53:29.05	8:40	6.9
202	PAWEŁCZUK GRZEGORZ	2253	KTO GŁUPIEMU ZABRONI	NIEPOŁOMICE	POL	OPEN M	150	M 150	02:31:00	04:51:43	06:53:31.85	06:53:31.85	8:40	6.9
203	BURZYŃSKA EMILIA	2033	BIEGAJĄCE KREJZOLE / JESTEM LOCO!	BOGUCIN	POL	OPEN K	52	K 52	02:33:25	04:56:35	06:53:40.45	06:53:40.45	8:40	6.9
204	KABALA JOANNA	2124		OTWOCK	POL	OPEN K	53	K 53	02:22:45	04:45:42	06:53:51.95	06:53:51.95	8:40	6.9
205	KLIM KATARZYNA	2139		DĄBROWA GÓRNICZA	POL	OPEN K	54	K 54	02:28:50	04:53:00	06:57:07.00	06:57:07.00	8:44	6.9
206	ZACHARA DAWID	2372		MOKRZYSKA	POL	OPEN M	151	M 151	02:22:44	04:45:39	06:57:20.40	06:57:20.40	8:44	6.9
207	SATERNUS ANNA	2296		RADOMSKO	POL	OPEN K	55	K 55	02:35:05	04:54:46	06:57:35.95	06:57:35.95	8:45	6.9
208	ŻUK WIKTORIA	2384	#HEŃTEAM	LUBLIN	POL	OPEN K	56	K 56	02:31:11	04:54:43	06:57:51.15	06:57:51.15	8:45	6.8
209	ŻUK AGATA	2385	HEŃTEAM	LUBLIN	POL	OPEN K	57	K 57	02:31:28	04:54:41	06:57:51.25	06:57:51.25	8:45	6.8

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
210	LASKOWSKI MICHAŁ	2181	DROGA ODWAŻNYCH	WARSZAWA	POL	OPEN M	152	M 152	02:21:36	04:52:17	06:58:15.85	06:58:15.85	8:46	6.8
211	MAREK PAWEŁ	2210		CZELADŹ	POL	OPEN M	153	M 153	02:25:55	04:53:40	06:58:18.90	06:58:18.90	8:46	6.8
212	KAMIŃSKI PIOTR	2130		SOSNOWIEC	POL	OPEN M	154	M 154	02:23:55	04:51:19	06:58:55.95	06:58:55.95	8:46	6.8
213	FIKTUS PAWEŁ	2063		ŁÓDŹ	POL	OPEN M	155	M 155	02:14:57	04:44:48	06:59:16.35	06:59:16.35	8:47	6.8
214	WYSOCKI RAFAŁ	2371	KKM KALORYFER	KRAKÓW	POL	OPEN M	156	M 156	02:21:55	04:49:50	06:59:29.30	06:59:29.30	8:47	6.8
215	CZOCHARA ANETA	2050	HEŃTEAM	LUBLIN	POL	OPEN K	58	K 58	02:27:51	04:54:31	07:00:09.35	07:00:09.35	8:48	6.8
216	ŚLIWA KONRAD	2334	HEŃTEAM	LUBLIN	POL	OPEN M	157	M 157	02:27:35	04:54:49	07:00:09.95	07:00:09.95	8:48	6.8
217	ŽEMAITYTĖ DOVILĖ	2377	HIGHPEAKS LIETUVA	KAUNAS	LTU	OPEN K	59	K 59	02:31:39	04:53:04	07:00:31.35	07:00:31.35	8:48	6.8
218	RZĘDZIAN MARCIN	2291		ŁĘCZNA	POL	OPEN M	158	M 158	02:27:27	04:48:42	07:03:18.75	07:03:18.75	8:52	6.8
219	KRYSZKIEWICZ TOMASZ	2163		DZIAŁDOWO	POL	OPEN M	159	M 159	02:18:50	04:49:29	07:03:25.65	07:03:25.65	8:52	6.8
220	LASON MAREK	2182		KRAKÓW	POL	OPEN M	160	M 160	02:06:22	04:30:26	07:04:47.10	07:04:47.10	8:54	6.7
221	JĘDRZEJCZYK AGNIESZKA	2123		WARSZAWA	POL	OPEN K	60	K 60	02:25:59	04:55:28	07:05:52.80	07:05:52.80	8:55	6.7
222	AUGUSCIK MARIUSZ	2005	NIEZRZESZONY	WARSZAWA	POL	OPEN M	161	M 161	02:26:00	04:56:27	07:05:52.95	07:05:52.95	8:55	6.7
223	PODSTAWSKA RENATA	2263		KATOWICE	POL	OPEN K	61	K 61	02:28:38	05:03:35	07:06:46.75	07:06:46.75	8:56	6.7
224	BUJOCZEK JANUSZ	2030		NAKŁO ŚLĄSKIE	POL	OPEN M	162	M 162	02:16:54	04:46:37	07:07:15.85	07:07:15.85	8:57	6.7
225	WISZNIEWSKI ROMAN	2354		NAMYŚLÓW	POL	OPEN M	163	M 163	02:29:44	04:56:06	07:07:45.65	07:07:45.65	8:58	6.7
226	MITROWSKA KAROLINA	2225		WARSZAWA	POL	OPEN K	62	K 62	02:32:54	05:00:10	07:08:15.05	07:08:15.05	8:58	6.7
227	KOPEC MATEUSZ	2150	ING HUBS POLAND RUNNERS	WARSZAWA	POL	OPEN M	164	M 164	02:34:28	05:04:59	07:08:59.70	07:08:59.70	8:59	6.7
228	BOKSA ANNA	2024	BOXA TEAM	KRAKÓW	POL	OPEN K	63	K 63	02:38:02	05:05:02	07:09:21.15	07:09:21.15	9:00	6.7
229	RĄCZKA RAFAŁ	2282		JASŁO	POL	OPEN M	165	M 165	02:20:01	04:43:19	07:09:21.35	07:09:21.35	9:00	6.7
230	DZIAŁA PIOTR	2058	KB OŻARÓW MAZOWIECKI BIEGA	OŻARÓW MAZOWIECKI	POL	OPEN M	166	M 166	02:28:12	04:56:18	07:09:35.00	07:09:35.00	9:00	6.7
231	SKWORZ ALEKSANDER	2309	MASAKRA	POZNAŃ	POL	OPEN M	167	M 167	02:15:36	04:52:52	07:09:47.15	07:09:47.15	9:00	6.7
232	GLINKA AGNIESZKA	2084	BRAVEHEARTS LEGIONOWO	LEGIONOWO	POL	OPEN K	64	K 64	02:34:23	05:01:48	07:09:55.05	07:09:55.05	9:00	6.7
233	SZUSZKIEWICZ MARZENA	2328		WARSZAWA	POL	OPEN K	65	K 65	02:34:23	05:01:50	07:09:55.10	07:09:55.10	9:00	6.7
234	ŚWIERŻEWSKA SYLWIA	2336	HEŃTEAM	LUBLIN	POL	OPEN K	66	K 66	02:25:53	04:57:55	07:10:17.05	07:10:17.05	9:01	6.7
235	KĄCKI MICHAŁ	2137		KRAKÓW	POL	OPEN M	168	M 168	02:18:42	04:48:03	07:10:20.45	07:10:20.45	9:01	6.7
236	ZAWITKOWSKI BARTOSZ	2375		RZESZÓW	POL	OPEN M	169	M 169	02:26:05	04:49:37	07:10:56.85	07:10:56.85	9:02	6.6
237	GULA TOMASZ	2100	GBY	WARSZAWA	POL	OPEN M	170	M 170	02:36:39	05:01:19	07:12:26.85	07:12:26.85	9:03	6.6
238	OLECH WITOLD	2241		STRAŻÓW	POL	OPEN M	171	M 171	02:36:51	05:01:30	07:12:59.20	07:12:59.20	9:04	6.6
239	ZIN JACEK	2381		RZESZÓW	POL	OPEN M	171	M 171	02:36:51	05:01:34	07:12:59.20	07:12:59.20	9:04	6.6
240	DOJS ALEKSANDRA	2053	NIGHT RUNNERS/BIEGAJĄCE KREJZOLE	POZNAŃ	POL	OPEN K	67	K 67	02:38:32	05:06:30	07:13:09.55	07:13:09.55	9:04	6.6
241	WANTUCH TOMASZ	2349		WARSZAWA	POL	OPEN M	173	M 173	02:32:20	05:01:53	07:13:16.55	07:13:16.55	9:04	6.6
242	WACHOWSKA KATARZYNA	2347	SMOK TRÓJGLÓWY	POZNAŃ	POL	OPEN K	68	K 68	02:28:10	05:03:27	07:13:42.65	07:13:42.65	9:05	6.6
243	MACKOWSKI MATEUSZ	2198	NATURAL BORN COFFEE LOVERS	POZNAŃ	POL	OPEN M	174	M 174	02:28:11	05:03:45	07:13:42.75	07:13:42.75	9:05	6.6
244	BĘBEN MARTA	2018		WIELICZKA	POL	OPEN K	69	K 69	02:34:39	05:05:23	07:14:42.70	07:14:42.70	9:06	6.6
245	BUKOWIEC JUSTYNA	2031	KKM KALORYFER	KRAKÓW	POL	OPEN K	70	K 70	02:28:45	05:08:44	07:15:11.50	07:15:11.50	9:07	6.6
246	BABICKI GRZEGORZ	2008	NO BELL	JÓZEFOSŁAW	POL	OPEN M	175	M 175	02:30:22	05:09:55	07:20:13.20	07:20:13.20	9:13	6.5
247	DANECKI JACEK	2051		SOSNOWIEC	POL	OPEN M	176	M 176	02:26:11	05:05:31	07:20:14.10	07:20:14.10	9:13	6.5
248	LUKOV SIMEON	2191	CLIMB & RUN	SOFIA	BUL	OPEN M	177	M 177	02:29:35	05:07:33	07:20:22.35	07:20:22.35	9:13	6.5
249	WOJACZEK ANNA	2359		GDAŃSK	POL	OPEN K	71	K 71	02:29:09	05:05:34	07:20:22.45	07:20:22.45	9:13	6.5
250	KAGANEK MACIEJ	2126	KAGAN TEAM	KRAKÓW	POL	OPEN M	178	M 178	02:18:12	05:00:14	07:21:40.50	07:21:40.50	9:15	6.5
251	KUCHAREWICZ PRZEMYSŁAW	2170		ODRZECZOWA	POL	OPEN M	179	M 179	02:24:32	05:01:08	07:22:19.50	07:22:19.50	9:16	6.5
252	GÓRA IWONA	2091	PARA FIT	WROCŁAW	POL	OPEN K	72	K 72	02:29:48	05:03:11	07:22:23.50	07:22:23.50	9:16	6.5
253	LENAR KRZYSZTOF	2184		PASTWISKA	POL	OPEN M	180	M 180		05:15:03	07:22:38.00	07:22:38.00	9:16	6.5
254	PUCHAŁA MARIUSZ	2278	NAPRZÓD MŁOCINY	WARSZAWA	POL	OPEN M	181	M 181	02:17:31	05:03:39	07:23:11.95	07:23:11.95	9:17	6.5
255	ZIAJKO ZUZA	2378	VEGE RUNNERS	WARSZAWA	POL	OPEN K	73	K 73	02:34:42	05:10:52	07:23:51.00	07:23:51.00	9:18	6.4
256	BUJNOWSKA ELIZA	2028	VEGE RUNNERS	WARSZAWA	POL	OPEN K	74	K 74	02:34:46	05:10:59	07:23:51.20	07:23:51.20	9:18	6.4
257	HETEL ADAM	2104	KLUB BIEGACZA RTV EURO AGD	BYDGOSZCZ	POL	OPEN M	182	M 182	02:40:22	05:08:53	07:25:22.00	07:25:22.00	9:20	6.4
258	KÓZKA PRZEMO	2159	WARJOTY Z DZIEWICZEJ GÓRY	SKÓRZEWO	POL	OPEN M	183	M 183	02:25:16	05:12:15	07:25:23.20	07:25:23.20	9:20	6.4
259	LEŚNOWOLSKI PIOTR	2187	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	OPEN M	184	M 184	02:40:22	05:06:32	07:25:23.40	07:25:23.40	9:20	6.4
260	HERBUT MATEUSZ	2103		KOMAŃCZA	POL	OPEN M	185	M 185	02:29:16	05:08:18	07:25:27.55	07:25:27.55	9:20	6.4
261	WATARZYSZYN MARZENA	2352		KRAKÓW	POL	OPEN K	75	K 75	02:49:37	05:18:19	07:25:57.75	07:25:57.75	9:20	6.4
262	BAK PIOTR	2015		ŁÓDŹ	POL	OPEN M	186	M 186	02:40:18	05:15:48	07:26:59.70	07:26:59.70	9:22	6.4
263	STACHOWICZ SEBASTIAN	2318		BYSTRA	POL	OPEN M	187	M 187	02:28:21	05:09:37	07:26:59.80	07:26:59.80	9:22	6.4
264	GABRUŚ IWONA	2076	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	CZERWIONKA	POL	OPEN K	76	K 76	02:44:28	05:16:14	07:27:04.45	07:27:04.45	9:22	6.4
265	MATEJCZYK-WALETKO DOROTA	2214	MAMY TO	GDYNIA	POL	OPEN K	77	K 77	02:33:47	05:10:32	07:28:34.30	07:28:34.30	9:24	6.4

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
266	PRAŻANOWSKI MARIUSZ	2270		ŁÓDŹ	POL	OPEN M	188	M 188	02:33:47	05:10:30	07:28:34.30	07:28:34.30	9:24	6.4
267	JAKUBIK ALEKSANDRA	2115	BE MY TURTLE	GORZKOWICE	POL	OPEN K	78	K 78	02:33:17	05:13:07	07:29:38.50	07:29:38.50	9:25	6.4
268	JAKUBIK DAWID	2116	BE MY TURTLE	PIOTRKÓW TRYBUNALSKI	POL	OPEN M	189	M 189	02:33:16	05:13:10	07:29:38.85	07:29:38.85	9:25	6.4
269	KSIĄŻEK LESZEK	2168		KRAKÓW	POL	OPEN M	190	M 190	02:36:17	05:17:37	07:30:12.55	07:30:12.55	9:26	6.4
270	LIGĘZA JOASIA	2189	SMASHING PÄPKINS I UNLIMITED 2.0	KRAKÓW	POL	OPEN K	79	K 79	02:26:48	05:07:12	07:31:02.30	07:31:02.30	9:27	6.3
271	HOFMAN PIOTR	2106	M.I.L.A. MASTERS IWICZNA LIFE ATHLETICS	NOWA IWICZNA	POL	OPEN M	191	M 191	02:24:55	05:02:28	07:31:31.00	07:31:31.00	9:27	6.3
272	BUJOCZEK MAŁGORZATA	2029	BUJO MY...	KRAKÓW	POL	OPEN K	80	K 80	02:37:42	05:11:16	07:33:52.90	07:33:52.90	9:30	6.3
273	CHWISTEK ARTUR	2042		ZABRZE	POL	OPEN M	192	M 192	02:35:54	05:14:11	07:34:00.55	07:34:00.55	9:31	6.3
274	GĘBSKI SŁAWOMIR	2082	KKM KALORYFER	KRAKÓW	POL	OPEN M	193	M 193	02:31:31	05:14:07	07:35:10.45	07:35:10.45	9:32	6.3
275	LEONARSKA MAŁGORZATA	2185	BŁYSKAWICE - LOCO SPORT	POZNAŃ	POL	OPEN K	81	K 81	02:42:40	05:20:23	07:35:21.85	07:35:21.85	9:32	6.3
276	FRAĆKOWIAK ANETA	2071	JESTEM LOCO!	POZNAŃ	POL	OPEN K	81	K 81	02:42:41	05:20:27	07:35:21.85	07:35:21.85	9:32	6.3
277	ZASŁONKA PAWEŁ	2374		WARSZAWA	POL	OPEN M	194	M 194	02:39:50	05:15:52	07:35:29.55	07:35:29.55	9:32	6.3
278	FILIPOWICZ ZIEMOWIT	2065		PŁOCK	POL	OPEN M	195	M 195	02:36:26	05:17:08	07:36:51.50	07:36:51.50	9:34	6.3
279	BIENKOWSKA MAGDALENA	2021		WROCŁAW	POL	OPEN K	83	K 83	02:35:05	05:13:13	07:37:01.65	07:37:01.65	9:34	6.3
280	BIELIŃSKI TOMASZ	2020		NIWY	POL	OPEN M	196	M 196	02:38:54	05:19:02	07:37:06.95	07:37:06.95	9:34	6.3
281	GAWĘDZKA ANETA	2080	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	OPEN K	84	K 84	02:35:50	05:20:15	07:37:33.10	07:37:33.10	9:35	6.3
282	ŚLEMP MAŁGORZATA	2332	ULTRA WYJADACZE	RZESZÓW	POL	OPEN K	85	K 85	02:42:06	05:21:02	07:38:14.00	07:38:14.00	9:36	6.2
283	HORBACZ-ROSA HANNA	2107		RABOWICE	POL	OPEN K	86	K 86	02:45:07	05:25:01	07:38:20.80	07:38:20.80	9:36	6.2
284	PRZETAKIEWICZ MAGDALENA	2273		WARSZAWA	POL	OPEN K	87	K 87	02:50:38	05:25:21	07:38:23.80	07:38:23.80	9:36	6.2
285	PŁATEK DOMINIK	2262		WROCŁAW	POL	OPEN M	197	M 197	02:24:41	05:13:24	07:39:57.55	07:39:57.55	9:38	6.2
286	KUŚ SŁAWOMIR	2176		ŻNIN	POL	OPEN M	198	M 198	02:36:24	05:16:38	07:40:13.10	07:40:13.10	9:38	6.2
287	DZIURUŃ PAWEŁ	2059		JÓZEFOSŁAW	POL	OPEN M	199	M 199	02:36:24	05:21:13	07:40:13.25	07:40:13.25	9:38	6.2
288	GRAJDEK WIKTOR	2093		ŁAZY	POL	OPEN M	200	M 200	02:49:46	05:29:14	07:44:48.60	07:44:48.60	9:44	6.2
289	LAFIGE-WSZOLEK THOMAS	2179		DANGÉ SAINT ROMAIN	FRA	OPEN M	201	M 201	02:43:00	05:16:26	07:45:27.00	07:45:27.00	9:45	6.1
290	TWOMEY MARK	2341	RUN FATBOY RUN	WARSZAWA	IRL	OPEN M	202	M 202	02:31:46	05:12:24	07:45:28.65	07:45:28.65	9:45	6.1
291	ŁUKASZEWSKA AGNIESZKA	2194	STS BIEGATON MIKOŁÓW	MIKOŁÓW	POL	OPEN K	88	K 88	02:48:52	05:26:15	07:45:34.60	07:45:34.60	9:45	6.1
292	WALKOWSKA JUSTYNA	2348		NOWA IWICZNA	POL	OPEN K	89	K 89	02:44:45	05:29:07	07:45:50.20	07:45:50.20	9:45	6.1
293	PARYSZ MAGDALENA	2248		TARNÓW	POL	OPEN K	90	K 90	02:50:26	05:27:10	07:45:58.70	07:45:58.70	9:46	6.1
294	MILC SZYMON	2222	ULTRA WYJADACZE WYDZIAŁ ZAMIEJSCOWY	JÓZEFÓW	POL	OPEN M	203	M 203	02:36:30	05:28:17	07:46:14.65	07:46:14.65	9:46	6.1
295	OCHREMIAK ALEKSANDRA	2239		WARSZAWA	POL	OPEN K	91	K 91	02:42:39	05:24:21	07:46:49.50	07:46:49.50	9:47	6.1
296	KOWALSKI ŁUKASZ	2156	WIĘCEJ SPRZĘTU NIŻ TALENTU	GAŁKÓW DUŻY	POL	OPEN M	204	M 204	02:40:08	05:20:52	07:47:28.65	07:47:28.65	9:48	6.1
297	KAZIMIERAK KAMIL	2135		KRAKÓW	POL	OPEN M	205	M 205	02:41:23	05:27:07	07:47:47.00	07:47:47.00	9:48	6.1
298	JALOWSKI ANDRZEJ	2117	INTEC	PYSZCZYN	POL	OPEN M	206	M 206	02:49:29	05:33:50	07:48:15.10	07:48:15.10	9:48	6.1
299	COMMEUREUC-CHÉROT KATARZYNA	2045		PENARTH	GBR	OPEN K	92	K 92	02:36:36	05:25:12	07:48:33.55	07:48:33.55	9:49	6.1
300	KACZMAREK KRZYSZTOF	2125	BROS TEAM	SZCZECIN	POL	OPEN M	207	M 207	02:35:11	05:12:07	07:48:47.80	07:48:47.80	9:49	6.1
301	WOJEWODA RENATA	2361		WARSZAWA	POL	OPEN K	93	K 93	02:41:02	05:31:04	07:49:23.65	07:49:23.65	9:50	6.1
302	FIKSA KASIA	2062	BIEGACZE ŚCIEMNIACZE	KROSNO	POL	OPEN K	94	K 94	02:49:45	05:33:59	07:49:31.65	07:49:31.65	9:50	6.1
303	BEKAS PAULINA	2017	NIGHTRUNNERS POZNAŃ	POZNAŃ	POL	OPEN K	95	K 95	02:51:49	05:33:24	07:50:13.25	07:50:13.25	9:51	6.1
304	MARJAŃSKI TOMASZ	2212		GDYNIA	POL	OPEN M	208	M 208	02:44:14	05:24:35	07:52:04.70	07:52:04.70	9:53	6.1
305	KONCA BEATA	2146	KB OŻARÓW MAZOWIECKI BIEGA	OŻARÓW MAZOWIECKI	POL	OPEN K	96	K 96	02:49:13	05:32:18	07:52:30.00	07:52:30.00	9:54	6.1
306	NIEDZIŁSKA ANNA	2234		WARSZAWA	POL	OPEN K	97	K 97	02:41:10	05:32:07	07:53:28.30	07:53:28.30	9:55	6
307	NAZIM TADEUSZ	2232	KKM KALORYFER	SKAWINA	POL	OPEN M	209	M 209	02:48:36	05:29:32	07:53:47.20	07:53:47.20	9:55	6
308	POPRAWA KAROL	2268	RUNHUB OPOLE	OPOLE	POL	OPEN M	210	M 210	02:43:57	05:25:57	07:54:14.95	07:54:14.95	9:56	6
309	KOZŁOWSKA RENATA	2157	TT PSC RUNNING FAMILY / AKADEMIABIEGACZA.PL	ŁÓDŹ	POL	OPEN K	98	K 98	02:46:09	05:57:40	07:55:24.20	07:55:24.20	9:57	6
310	BORYKA PIOTR	2026		DĄBROWA GÓRNICZA	POL	OPEN M	211	M 211	02:34:03	05:31:39	07:56:31.20	07:56:31.20	9:59	6
311	KUCZERA ŁUKASZ	2171		RYBNIK	POL	OPEN M	212	M 212	02:44:04	05:44:41	07:57:28.80	07:57:28.80	10:00	6
312	ADAMSKI BARTŁOMIEJ	2004		MODLNICA	POL	OPEN M	213	M 213	02:50:11	05:34:02	07:57:52.75	07:57:52.75	10:01	6
313	AUGUSTYŃSKI FILIP	2007		TYLICZ	POL	OPEN M	214	M 214	02:37:08	05:22:07	08:01:14.80	08:01:14.80	10:05	5.9
314	CISKA RENATA	2044	RYKOWISKO TEAM	PŁOCK	POL	OPEN K	99	K 99	02:52:25	05:44:23	08:04:32.45	08:04:32.45	10:09	5.9
315	RULAK JERZY	2288		KOBYŁKA	POL	OPEN M	215	M 215	02:45:59	05:37:45	08:06:54.80	08:06:54.80	10:12	5.9
316	MAGOCZY HELENA	2199		KRAKÓW	POL	OPEN K	100	K 100	03:01:18	05:51:00	08:10:50.25	08:10:50.25	10:17	5.8
317	MAGOCZY JUSTYNA	2201		KRAKÓW	POL	OPEN K	101	K 101	03:01:20	05:51:02	08:10:51.85	08:10:51.85	10:17	5.8
318	KRZYŻAŃSKA ANNA	2166		TARNOWO PODGÓRNE	POL	OPEN K	102	K 102	02:57:07	04:32:13	08:12:39.05	08:12:39.05	10:19	5.8
319	ŻYCHOŃ JOLANTA	2387		KATOWICE	POL	OPEN K	103	K 103	02:51:51	05:49:11	08:13:38.35	08:13:38.35	10:20	5.8

**ŁEMKO MARATON 48, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	18.7km	34.2km	Netto	Brutto	min/km	km/h
320	CHOJNOWSKA BARBARA	2037		ILAWA	POL	OPEN K	104	K 104	03:02:35	05:53:03	08:18:37.50	08:18:37.50	10:27	5.7
321	PIECUCH MAŁGORZATA	2255		PRZEWORSK	POL	OPEN K	105	K 105	03:05:44	06:06:28	08:36:55.20	08:36:55.20	10:50	5.5
322	GRZESZCZAK MAŁGORZATA	2099		GDYNIA	POL	OPEN K	106	K 106	03:09:17	06:08:54	08:54:00.35	08:54:00.35	11:11	5.4
323	STACHAŃCZYK WOJCIECH	2317		WROCŁAW	POL	OPEN M	216	M 216	03:02:56	06:14:00	08:54:01.05	08:54:01.05	11:11	5.4
324	FLORCZAK ZDZISŁAW	2068	TRAIL IS OUR WAY TEAM	WROCŁAW	POL	OPEN M	217	M 217	03:02:57	06:15:56	08:54:04.15	08:54:04.15	11:11	5.4
325	KARWETA MAREK	2134	FUJITSU RUNNING TEAM	KATOWICE	POL	OPEN M	218	M 218	02:46:09	06:06:35	08:57:27.20	08:57:27.20	11:16	5.3
326	TYMBURSKI MICHAŁ	2342		WARSZAWA	POL	OPEN M	219	M 219		03:38:56			6:24	9.4
327	ŁUSZCZEK RAFAŁ	2196	MIRAZ RACE TEAM	RUDA ŚLĄSKA	POL	OPEN M	220	M 220		04:42:05			8:14	7.3
	GOS GRZEGORZ	2090		LESZNOWOLA	POL	OPEN M			02:06:02	04:13:27	DNF	DNF	-	-
									DNF	DNF				
	CHUDA JOANNA	2040		POZNAŃ	POL	OPEN K			02:52:32	05:36:09	DNF	DNF	-	-
									DNF	DNF				
	WOJTASIK ANDRZEJ	2364	CONTENTO PRO SPORT	ŁÓDŹ	POL	OPEN M			02:26:24	05:39:56	DNF	DNF	-	-
									DNF	DNF				
	WIŚNIEWSKI ADAM	2355	GR3MIASTO	SMĘTOWO GRANICZNE	POL	OPEN M			03:17:01	06:54:33	DNF	DNF	-	-
									DNF	DNF				
	MIKLAS JAREK	2221	AW - SZYBCIEJ	GDAŃSK	POL	OPEN M			01:58:32	DNF	DNF	DNF	-	-
									DNF					
	AUGUST KAJETAN	2006	KS SPRINT BIELSKO-BIAŁA	BIELSKO-BIAŁA	POL	OPEN M			02:06:23	DNF	DNF	DNF	-	-
									DNF					
	SZANIAWSKI MARCIN	2325		WARSZAWA	POL	OPEN M			02:10:17	DNF	DNF	DNF	-	-
									DNF					
	STERKOWICZ DOROTA	2321		KRAKÓW	POL	OPEN K			02:18:53	DNF	DNF	DNF	-	-
									DNF					
	PASZYNA DAWID	2250		RZESZÓW	POL	OPEN M			02:29:12	DNF	DNF	DNF	-	-
									DNF					
	BALEWSKI ROBERT	2011		BĘDZIN	POL	OPEN M			03:09:18	DNF	DNF	DNF	-	-
									DNF					