

ŁEMKO TRAIL 30

Organizator: Fundacja Ultra
Data: 2023-10-21
Miejsce: Komańcza
Dystans: 29 km
Klasyfikacja wg czasów brutto.

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE



PODKARPACKIE
prezsjen oiwarta

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

ŁEMKO TRAIL 30, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|---------------------|------|---------------------------|-------------------------|------|--------|--------|------|-------------|-------------|-------------|--------|------|
| 1 | SIOŁA KAROL | 3345 | | GRYWALD | POL | OPEN M | 1 | M 1 | 01:11:12 | 02:15:01.45 | 02:15:01.45 | 4:39 | 12.9 |
| 2 | BALIGA CEZARY | 3002 | TEAM HOKA GARMIN | OLEŚNO | POL | OPEN M | 2 | M 2 | 01:12:40 | 02:20:34.40 | 02:20:34.40 | 4:50 | 12.4 |
| 3 | POPLAWSKI JAN | 3310 | RELENTLESS TRIATHLON TEAM | OSTROWIEC ŚWIĘTOKRZYSKI | POL | OPEN M | 3 | M 3 | 01:11:08 | 02:22:26.60 | 02:22:26.60 | 4:54 | 12.2 |
| 4 | ZYGMUNT TOMASZ | 3460 | | LEŻAJSK | POL | OPEN M | 4 | M 4 | 01:15:31 | 02:25:32.35 | 02:25:32.35 | 5:01 | 12 |
| 5 | KOCIOŁEK WITOLD | 3165 | INŻYNIERIA BIEGANIA | KRAKÓW | POL | OPEN M | 5 | M 5 | 01:15:49 | 02:27:17.05 | 02:27:17.05 | 5:04 | 11.8 |
| 6 | ZAKRZYŃSKI PAWEŁ | 3447 | CSC ADVENTURE ACADEMY | NOWY TARG | POL | OPEN M | 6 | M 6 | 01:16:53 | 02:31:05.25 | 02:31:05.25 | 5:12 | 11.5 |
| 7 | STANGRECIAK ADAM | 3364 | | ŁÓDŹ | POL | OPEN M | 7 | M 7 | 01:18:36 | 02:31:38.20 | 02:31:38.20 | 5:13 | 11.5 |
| 8 | KNAPIK SEBASTIAN | 3163 | BUTYJANA.PL | RZESZÓW | POL | OPEN M | 8 | M 8 | 01:14:55 | 02:32:15.25 | 02:32:15.25 | 5:15 | 11.4 |
| 9 | DU CZMAL DOMINIKA | 3072 | AW SZYBCIEJ TEAM | JELENIA GÓRA | POL | OPEN K | 1 | K 1 | 01:18:42 | 02:32:54.95 | 02:32:54.95 | 5:16 | 11.4 |
| 10 | GAIK NATALIA | 3085 | ŚLIWKA TUITAM | GLASGOW | GBR | OPEN K | 2 | K 2 | 01:21:49 | 02:34:53.35 | 02:34:53.35 | 5:20 | 11.2 |
| 11 | ZAJĄC MARCIN | 3445 | MOUNTAIN RUNNING GUIDES | WARSZAWA | POL | OPEN M | 9 | M 9 | 01:19:26 | 02:38:58.00 | 02:38:58.00 | 5:28 | 10.9 |
| 12 | ŁASKI TOMASZ | 3224 | | BRZOZÓW | POL | OPEN M | 10 | M 10 | 01:20:02 | 02:40:13.90 | 02:40:13.90 | 5:31 | 10.9 |
| 13 | KWIATKOWSKA KINGA | 3001 | HOKA GARMIN TEAM | RADKÓW | POL | OPEN K | 3 | K 3 | 01:24:46 | 02:41:06.90 | 02:41:06.90 | 5:33 | 10.8 |
| 14 | MARCHUK WIOLETTA | 3238 | | KRAKÓW | POL | OPEN K | 4 | K 4 | 01:23:11 | 02:41:29.20 | 02:41:29.20 | 5:34 | 10.8 |
| 15 | ZĄBKIEWICZ SZYMON | 3453 | | KRAKÓW | POL | OPEN M | 11 | M 11 | 01:22:31 | 02:41:50.05 | 02:41:50.05 | 5:34 | 10.8 |
| 16 | MANJURA TOMASZ | 3237 | CSC ADVENTURE ACADEMY | CHORZÓW | POL | OPEN M | 12 | M 12 | 01:23:24 | 02:42:16.40 | 02:42:16.40 | 5:35 | 10.7 |
| 17 | GALIK PIOTR | 3088 | | KRYNICA-ZDRÓJ | POL | OPEN M | 13 | M 13 | 01:22:10 | 02:42:35.35 | 02:42:35.35 | 5:36 | 10.7 |
| 18 | WALAG RAFAŁ | 3411 | | DEBICA | POL | OPEN M | 14 | M 14 | 01:22:41 | 02:45:09.05 | 02:45:09.05 | 5:41 | 10.5 |
| 19 | FRANCUZ KONRAD | 3080 | VEGE RUNNERS | MOGILANY | POL | OPEN M | 15 | M 15 | 02:45:53.50 | 02:45:53.50 | 02:45:53.50 | 5:43 | 10.5 |
| 20 | ALTEWĘGIER JAROSŁAW | 3005 | AW - SZYBCIEJ - TEAM | WROCLAW | POL | OPEN M | 16 | M 16 | 01:24:49 | 02:46:17.85 | 02:46:17.85 | 5:44 | 10.5 |
| 21 | STRZEPEK DARIUSZ | 3368 | | STRZYŻÓW | POL | OPEN M | 17 | M 17 | 01:25:12 | 02:46:46.45 | 02:46:46.45 | 5:45 | 10.4 |
| 22 | PIOSIK EMIL | 3302 | ON | POZNAŃ | POL | OPEN M | 18 | M 18 | 01:28:54 | 02:48:36.00 | 02:48:36.00 | 5:48 | 10.3 |
| 23 | RAFA DOMINIK | 3322 | ANIA I CHŁOPAKI | KRAKÓW | POL | OPEN M | 19 | M 19 | 01:27:07 | 02:51:28.00 | 02:51:28.00 | 5:54 | 10.1 |
| 24 | MAJEWSKA AGATA | 3229 | | WROCLAW | POL | OPEN K | 5 | K 5 | 01:27:59 | 02:51:35.05 | 02:51:35.05 | 5:55 | 10.1 |
| 25 | ZALEWSKI BARTŁOMIEJ | 3449 | BBL ZDUŃSKA WOLA | ZDUŃSKA WOLA | POL | OPEN M | 20 | M 20 | 01:27:21 | 02:51:47.65 | 02:51:47.65 | 5:55 | 10.1 |
| 26 | MAJORCZYK GERARD | 3230 | | ZIELONA GÓRA | POL | OPEN M | 21 | M 21 | 02:54:29.70 | 02:54:29.70 | 02:54:29.70 | 6:01 | 10 |
| 27 | SZYDLAK DARIUSZ | 3381 | | RZESZÓW | POL | OPEN M | 22 | M 22 | 01:26:26 | 02:54:50.05 | 02:54:50.05 | 6:01 | 10 |
| 28 | OBERWAN MAREK | 3277 | PANFOTOGRAF.EU | KRAKÓW | POL | OPEN M | 23 | M 23 | 01:30:01 | 02:55:20.45 | 02:55:20.45 | 6:02 | 9.9 |
| 29 | GOLA DANIEL | 3106 | TRAIL IS OUR WAY | GLIWICE | POL | OPEN M | 24 | M 24 | 01:26:37 | 02:57:12.45 | 02:57:12.45 | 6:06 | 9.8 |
| 30 | POSPISZYL JAKUB | 3311 | | KRAKÓW | POL | OPEN M | 25 | M 25 | 01:36:26 | 02:57:14.65 | 02:57:14.65 | 6:06 | 9.8 |
| 31 | PIĄSTKA TOMASZ | 3298 | UKS LIDER | WIELICZKA | POL | OPEN M | 26 | M 26 | 01:30:18 | 02:57:30.50 | 02:57:30.50 | 6:07 | 9.8 |
| 32 | SOBCZAK GRZEGORZ | 3356 | | ŁOMIANKI | POL | OPEN M | 27 | M 27 | 01:28:08 | 02:58:30.25 | 02:58:30.25 | 6:09 | 9.7 |
| 33 | KUSAL TOMASZ | 3210 | OMASZ.TEAM | WROCLAW | POL | OPEN M | 28 | M 28 | 01:30:15 | 02:58:34.40 | 02:58:34.40 | 6:09 | 9.7 |
| 34 | SIMKA KAMIL | 3344 | FORREST GUMP TEAM | RZESZÓW | POL | OPEN M | 29 | M 29 | 01:29:22 | 02:58:43.65 | 02:58:43.65 | 6:09 | 9.7 |
| 35 | SZYMAŃSKI KACPER | 3384 | | PIASECZNO | POL | OPEN M | 30 | M 30 | 01:36:52 | 02:59:03.40 | 02:59:03.40 | 6:10 | 9.7 |
| 36 | GALEWSKI ADRIAN | 3087 | | WARSZAWA | POL | OPEN M | 31 | M 31 | 01:30:48 | 02:59:09.60 | 02:59:09.60 | 6:10 | 9.7 |
| 37 | SZTORC JOANNA | 3379 | | KRAKÓW | POL | OPEN K | 6 | K 6 | 01:37:03 | 02:59:35.30 | 02:59:35.30 | 6:11 | 9.7 |
| 38 | HOJAN ŁUKASZ | 3131 | FEHLAU RUN TEAM | CHOMĘCICE | POL | OPEN M | 32 | M 32 | 01:37:22 | 03:00:29.00 | 03:00:29.00 | 6:13 | 9.6 |
| 39 | BORYCKI ARTUR | 3027 | | DĄBROWA TARNOWSKA | POL | OPEN M | 33 | M 33 | 01:39:12 | 03:00:58.70 | 03:00:58.70 | 6:14 | 9.6 |
| 40 | DOŁŻYŃSKI KRZYSZTOF | 3063 | LATAJĄCE KLAPKI KUBOTA | LUBLIN | POL | OPEN M | 34 | M 34 | 03:01:36.20 | 03:01:36.20 | 03:01:36.20 | 6:15 | 9.6 |
| 41 | WOSKOWICZ MATEUSZ | 3432 | | DĘBICA | POL | OPEN M | 35 | M 35 | 03:02:44.60 | 03:02:44.60 | 03:02:44.60 | 6:18 | 9.5 |
| 42 | PODWÓJCI MICHAŁ | 3309 | | SKÓRZEWO | POL | OPEN M | 36 | M 36 | 01:37:17 | 03:02:59.85 | 03:02:59.85 | 6:18 | 9.5 |
| 43 | WILK SZYMON | 3423 | | KRASNE | POL | OPEN M | 37 | M 37 | 01:39:25 | 03:03:31.05 | 03:03:31.05 | 6:19 | 9.5 |
| 44 | MATERA MARCIN | 3243 | LOST 66 | STRZYŻÓW | POL | OPEN M | 38 | M 38 | 01:38:31 | 03:04:24.35 | 03:04:24.35 | 6:21 | 9.4 |
| 45 | BASAMANIA KRZYSZTOF | 3015 | LOST 66 | MARKUSZOWA | POL | OPEN M | 39 | M 39 | 01:38:38 | 03:04:24.45 | 03:04:24.45 | 6:21 | 9.4 |
| 46 | GAŁUSZKA TOMASZ | 3090 | SKITUROWE BIESZCZADY | SANOK | POL | OPEN M | 40 | M 40 | 01:36:30 | 03:04:29.10 | 03:04:29.10 | 6:21 | 9.4 |

ŁEMKO TRAIL 30, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|------------------------------|------|--|-------------------|------|--------|--------|------|-------------|-------------|-------------|--------|------|
| 47 | SZYMCZAK BARTŁOMIEJ | 3385 | ŻARY RUNNERS TEAM | MIROSTOWICE DOLNE | POL | OPEN M | 41 | M 41 | 01:31:02 | 03:04:34.85 | 03:04:34.85 | 6:21 | 9.4 |
| 48 | ZALEWSKA ANNA | 3448 | BBL ZDUŃSKA WOLA | ZDUŃSKA WOLA | POL | OPEN K | 7 | K 7 | 01:39:32 | 03:05:17.95 | 03:05:17.95 | 6:23 | 9.4 |
| 49 | PATRYN ŁUKASZ | 3293 | POGÓRZE ULTRA TRAIL | STRZYŻÓW | POL | OPEN M | 42 | M 42 | 01:25:25 | 03:05:51.40 | 03:05:51.40 | 6:24 | 9.4 |
| 50 | PASTUSZAK MATEUSZ | 3292 | KTC KROSNO | KROSNO | POL | OPEN M | 43 | M 43 | | 03:05:59.65 | 03:05:59.65 | 6:24 | 9.4 |
| 51 | ŚLUSARCZYK EDYTA | 3387 | | JASŁO | POL | OPEN K | 8 | K 8 | 01:37:27 | 03:06:16.20 | 03:06:16.20 | 6:25 | 9.3 |
| 52 | GIEROSZKA ROBERT | 3102 | ADS MASNA | KATOWICE | POL | OPEN M | 44 | M 44 | 01:39:51 | 03:07:06.60 | 03:07:06.60 | 6:27 | 9.3 |
| 53 | HALIGOWSKI KAROL | 3126 | STRZYŻÓWSKI KLUB SPORTOWY MK DOJO TEAM | STRZYŻÓW | POL | OPEN M | 45 | M 45 | 01:30:57 | 03:07:53.45 | 03:07:53.45 | 6:28 | 9.3 |
| 54 | JACHYM-DREWNIAK JOANNA | 3471 | CENTRUM ZDROWIA BIEGACZA KRAKÓW | KRAKÓW | | OPEN K | 9 | K 9 | 01:40:35 | 03:08:08.90 | 03:08:08.90 | 6:29 | 9.2 |
| 55 | WITEK ALEKSANDRA | 3427 | | GRUSZCZYN | POL | OPEN K | 10 | K 10 | 01:40:41 | 03:09:37.85 | 03:09:37.85 | 6:32 | 9.2 |
| 56 | PIWOWARSKI SŁAWOMIR | 3306 | | KRAKÓW | POL | OPEN M | 46 | M 46 | 01:29:35 | 03:10:03.45 | 03:10:03.45 | 6:33 | 9.2 |
| 57 | KOLACHA PATRYK | 3170 | STUDIO GTS | IMIELIN | POL | OPEN M | 47 | M 47 | 01:40:06 | 03:10:41.15 | 03:10:41.15 | 6:34 | 9.1 |
| 58 | KOSTKA JANUSZ | 3185 | | KROSNO | POL | OPEN M | 48 | M 48 | 01:39:00 | 03:11:02.55 | 03:11:02.55 | 6:35 | 9.1 |
| 59 | KIEŁBŃ EWELINA | 3158 | PRZEWORSKA GRUPA BIEGOWA | PRZEWORSK | POL | OPEN K | 11 | K 11 | 01:41:44 | 03:11:26.40 | 03:11:26.40 | 6:36 | 9.1 |
| 60 | JEGER PIOTR | 3146 | SKLEP BIEGACZA RUNNING TEAM | OLSZTYN | POL | OPEN M | 49 | M 49 | 01:40:17 | 03:12:13.05 | 03:12:13.05 | 6:37 | 9.1 |
| 61 | JĄSTRZĘBSKI BARTEK | 3145 | | ALBIGOWA | POL | OPEN M | 50 | M 50 | 03:12:17.45 | 03:12:17.45 | 03:12:17.45 | 6:37 | 9 |
| 62 | KORPAK PIOTR | 3178 | | WILKOWICE | POL | OPEN M | 51 | M 51 | 01:40:01 | 03:12:35.00 | 03:12:35.00 | 6:38 | 9 |
| 63 | MASIUKIEWICZ JACEK | 3240 | | SKWIERZYNA | POL | OPEN M | 52 | M 52 | 01:42:29 | 03:13:08.25 | 03:13:08.25 | 6:39 | 9 |
| 64 | PLEWA RAFAŁ | 3307 | | JADOWNIKI | POL | OPEN M | 53 | M 53 | 01:36:23 | 03:13:12.80 | 03:13:12.80 | 6:39 | 9 |
| 65 | MIGDAŁ KATARZYNA | 3252 | SWORDS ATHLETICS | WARSZAWA | POL | OPEN K | 12 | K 12 | 01:41:26 | 03:13:56.95 | 03:13:56.95 | 6:41 | 9 |
| 66 | PERNAL MACIEJ | 3296 | | RZESZÓW | POL | OPEN M | 54 | M 54 | 01:37:12 | 03:14:01.10 | 03:14:01.10 | 6:41 | 9 |
| 67 | GOLEC IRENEUSZ | 3108 | VEGE RUNNERS / RUCH IZBICA | KRASNYSTAW | POL | OPEN M | 55 | M 55 | 01:38:02 | 03:14:41.45 | 03:14:41.45 | 6:42 | 8.9 |
| 68 | TOPORKIEWICZ BARTOSZ | 3397 | TRAIL IS OUR WAY | KRAKÓW | POL | OPEN M | 56 | M 56 | 01:40:11 | 03:15:50.30 | 03:15:50.30 | 6:45 | 8.9 |
| 69 | GARCZYŃSKI DAREK | 3095 | | KATOWICE | POL | OPEN M | 57 | M 57 | 01:39:56 | 03:15:51.45 | 03:15:51.45 | 6:45 | 8.9 |
| 70 | MIDOR KAROLINA | 3249 | OMASZ.TEAM | WROCŁAW | POL | OPEN K | 13 | K 13 | 01:39:46 | 03:16:05.85 | 03:16:05.85 | 6:45 | 8.9 |
| 71 | GANCZEWSKI PAWEŁ | 3091 | | GRANICA | POL | OPEN M | 58 | M 58 | 01:42:19 | 03:16:08.90 | 03:16:08.90 | 6:45 | 8.9 |
| 72 | HURAS MONIKA | 3135 | ITMBW KRAKÓW | KRAKÓW | POL | OPEN K | 14 | K 14 | 01:38:16 | 03:16:43.05 | 03:16:43.05 | 6:47 | 8.8 |
| 73 | KOWALSKA AGNIESZKA | 3190 | | WIELKA WIEŚ | POL | OPEN K | 15 | K 15 | 01:42:05 | 03:17:26.35 | 03:17:26.35 | 6:48 | 8.8 |
| 74 | WITEK BOGDAN | 3428 | | BARYCZKA | POL | OPEN M | 59 | M 59 | 01:40:46 | 03:18:17.75 | 03:18:17.75 | 6:50 | 8.8 |
| 75 | JADŁOSZ SŁAWOMIR | 3140 | RUSYNLEM | WROCŁAW | POL | OPEN M | 60 | M 60 | 01:42:38 | 03:19:13.15 | 03:19:13.15 | 6:52 | 8.7 |
| 76 | PIWKO MACIEJ | 3303 | | BABICA | POL | OPEN M | 61 | M 61 | 01:41:48 | 03:19:25.65 | 03:19:25.65 | 6:52 | 8.7 |
| 77 | JUCHA RAFAŁ | 3149 | | KORCZYNA | POL | OPEN M | 62 | M 62 | 01:42:34 | 03:20:01.00 | 03:20:01.00 | 6:53 | 8.7 |
| 78 | KWIECIEŃ TOMEK | 3211 | | MICHAŁÓW | POL | OPEN M | 63 | M 63 | 01:41:52 | 03:20:11.65 | 03:20:11.65 | 6:54 | 8.7 |
| 79 | PAĆKO MICHAŁ | 3285 | | TURKA | POL | OPEN M | 63 | M 63 | 01:53:16 | 03:20:11.65 | 03:20:11.65 | 6:54 | 8.7 |
| 80 | ADAMSKA ZOFIA | 3004 | | POZNAŃ | POL | OPEN K | 16 | K 16 | 01:42:23 | 03:20:24.35 | 03:20:24.35 | 6:54 | 8.7 |
| 81 | KRASOŃ MARCIN | 3193 | SMASHING PAPKINS / NBR TEAM / OLX TEAM | SYGNECZÓW | POL | OPEN M | 65 | M 65 | 01:41:14 | 03:20:48.30 | 03:20:48.30 | 6:55 | 8.7 |
| 82 | GRANOWSKI KRZYSZTOF | 3117 | | BIENIEWICE | POL | OPEN M | 66 | M 66 | 01:38:25 | 03:22:41.95 | 03:22:41.95 | 6:59 | 8.6 |
| 83 | DRGAS PATRYK | 3069 | SYNERGIA CROSSCAMP OŁAWA | OŁAWA | POL | OPEN M | 67 | M 67 | 01:40:29 | 03:22:44.30 | 03:22:44.30 | 6:59 | 8.6 |
| 84 | GROMEK PIOTR | 3118 | | BOGUCHWAŁA | POL | OPEN M | 68 | M 68 | 01:41:32 | 03:23:40.85 | 03:23:40.85 | 7:01 | 8.5 |
| 85 | DAROWICKI BARTOSZ | 3059 | | KONOPISKA | POL | OPEN M | 69 | M 69 | 01:38:48 | 03:24:00.70 | 03:24:00.70 | 7:02 | 8.5 |
| 86 | WAKOR PAWEŁ | 3410 | | WARSZAWA | POL | OPEN M | 70 | M 70 | 01:43:54 | 03:24:42.95 | 03:24:42.95 | 7:03 | 8.5 |
| 87 | KULIK KAROLINA | 3205 | | SKWIERZYNA | POL | OPEN K | 17 | K 17 | 02:01:07 | 03:24:48.15 | 03:24:48.15 | 7:03 | 8.5 |
| 88 | HARASIMOWICZ ALEKSANDRA | 3127 | PRZEDWOJEWSKI TEAM | WARSZAWA | POL | OPEN K | 18 | K 18 | 01:42:51 | 03:25:12.80 | 03:25:12.80 | 7:04 | 8.5 |
| 89 | CHOJNACKI MIKOŁAJ | 3040 | WARSAW RUN CLUB | WARSZAWA | POL | OPEN M | 71 | M 71 | 01:52:41 | 03:25:17.10 | 03:25:17.10 | 7:04 | 8.5 |
| 90 | KOSIŃSKA ANNA | 3179 | | WARSZAWA | POL | OPEN K | 19 | K 19 | 02:02:10 | 03:25:29.30 | 03:25:29.30 | 7:05 | 8.5 |
| 91 | RADECKI WOJCIECH | 3320 | | WIELICZKA | POL | OPEN M | 72 | M 72 | 02:05:34 | 03:25:40.70 | 03:25:40.70 | 7:05 | 8.5 |
| 92 | KOPEC KAROL | 3175 | MOVADO RUNNERS | WARSZAWA | POL | OPEN M | 73 | M 73 | 01:42:43 | 03:26:10.05 | 03:26:10.05 | 7:06 | 8.4 |
| 93 | KOCJAŃ PAWEŁ | 3166 | KIDS RUN TEAM | POZNAŃ | POL | OPEN M | 74 | M 74 | 01:57:29 | 03:26:12.70 | 03:26:12.70 | 7:06 | 8.4 |
| 94 | RATAJCZAK ŁUKASZ | 3325 | NIGHT RUNNERS | MOSINA | POL | OPEN M | 75 | M 75 | 01:42:13 | 03:27:03.20 | 03:27:03.20 | 7:08 | 8.4 |
| 95 | MIKOŁAJCZYK ŁUKASZ | 3253 | | BEDZIN | POL | OPEN M | 76 | M 76 | 01:53:38 | 03:27:10.70 | 03:27:10.70 | 7:08 | 8.4 |
| 96 | KOLECKI JAKUB | 3171 | | KRAKÓW | POL | OPEN M | 77 | M 77 | 01:53:53 | 03:27:37.25 | 03:27:37.25 | 7:09 | 8.4 |
| 97 | DRAG JUSTYNA | 3068 | INFINITIGYM - ŁUKASZ SZAPORÓW | KRAKÓW | POL | OPEN K | 20 | K 20 | 02:01:59 | 03:27:40.80 | 03:27:40.80 | 7:09 | 8.4 |
| 98 | FILIP MARIUSZ | 3079 | | WARSZAWA | POL | OPEN M | 78 | M 78 | 02:02:35 | 03:27:50.30 | 03:27:50.30 | 7:10 | 8.4 |
| 99 | ŚWIĄTEK MONIKA | 3390 | ASICSFRONTRUNNER POLAND | WARSZAWA | POL | OPEN K | 21 | K 21 | 01:57:57 | 03:27:58.85 | 03:27:58.85 | 7:10 | 8.4 |
| 100 | WYŻKIEWICZ TOMASZ | 3442 | SZYBKIBUT | KROSNO | POL | OPEN M | 79 | M 79 | 01:39:41 | 03:28:01.60 | 03:28:01.60 | 7:10 | 8.4 |
| 101 | RADOSZEK- ZAKRZYŃSKA BARBARA | 3321 | CSC ADVENTURE ACADEMY | NOWY TARG | POL | OPEN K | 22 | K 22 | 01:54:41 | 03:28:55.30 | 03:28:55.30 | 7:12 | 8.3 |

ŁEMKO TRAIL 30, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|-----------------------|------|--|-------------------------|------|--------|--------|-------|----------|-------------|-------------|--------|------|
| 102 | MORDARSKA ANGELIKA | 3261 | #R | GRABOWNICA STARZEŃSKA | POL | OPEN K | 23 | K 23 | 02:02:56 | 03:29:24.75 | 03:29:24.75 | 7:13 | 8.3 |
| 103 | OWOC TOMASZ | 3282 | PKO BANK POLSKI / ADIDAS RUNNERS WARSAW | WARSAWA | POL | OPEN M | 80 | M 80 | 01:54:10 | 03:29:28.60 | 03:29:28.60 | 7:13 | 8.3 |
| 104 | CHOMIK RAFAŁ | 3042 | 3COACH | GLIWICE | POL | OPEN M | 81 | M 81 | | 03:29:58.40 | 03:29:58.40 | 7:14 | 8.3 |
| 105 | KRÓL KAMIL | 3197 | IM INSPIRATION | PIASECZNO | POL | OPEN M | 82 | M 82 | 01:38:07 | 03:30:20.55 | 03:30:20.55 | 7:15 | 8.3 |
| 106 | HEJDUK MONIKA | 3128 | UMCS BIEGA | LUBLIN | POL | OPEN K | 24 | K 24 | | 03:30:25.70 | 03:30:25.70 | 7:15 | 8.3 |
| 107 | SZCZEPANIAK JAKUB | 3371 | | ŁĘCZNA | POL | OPEN M | 83 | M 83 | | 03:31:04.15 | 03:31:04.15 | 7:16 | 8.2 |
| 108 | POŚPIECH MICHAŁ | 3312 | | SOSNOWIEC | POL | OPEN M | 84 | M 84 | 01:54:03 | 03:31:44.25 | 03:31:44.25 | 7:18 | 8.2 |
| 109 | CZARNIECKI MICHAŁ | 3053 | WOLSKI KOLEKTYW BIEGOWY | PIEKARY | POL | OPEN M | 85 | M 85 | | 03:31:54.55 | 03:31:54.55 | 7:18 | 8.2 |
| 110 | SALAMON JAROSŁAW | 3337 | | RZESZÓW | POL | OPEN M | 86 | M 86 | 01:42:01 | 03:32:02.85 | 03:32:02.85 | 7:18 | 8.2 |
| 111 | KURPISZ ANIELA | 3209 | SWORDS ATHLETICS | BIELSKO-BIAŁA | POL | OPEN K | 25 | K 25 | 01:53:43 | 03:32:52.60 | 03:32:52.60 | 7:20 | 8.2 |
| 112 | KABZIŃSKI MARCIN | 3151 | ANIA I CHŁOPAKI | KRAKÓW | POL | OPEN M | 87 | M 87 | | 03:33:01.20 | 03:33:01.20 | 7:20 | 8.2 |
| 113 | SADAJ ANNA | 3336 | ANIA I CHŁOPAKI | KRAKÓW | POL | OPEN K | 26 | K 26 | 02:03:04 | 03:33:01.20 | 03:33:01.20 | 7:20 | 8.2 |
| 114 | PIWKO WOJCIECH | 3304 | | BABICA | POL | OPEN M | 88 | M 88 | 01:53:10 | 03:33:05.15 | 03:33:05.15 | 7:20 | 8.2 |
| 115 | BUCZYŃSKI MICHAŁ | 3465 | CROSS KAMPINOS | KRAKÓW | POL | OPEN M | 89 | M 89 | 02:04:06 | 03:33:13.55 | 03:33:13.55 | 7:21 | 8.2 |
| 116 | BLICHAZ ARTUR | 3020 | | OŁPINY | POL | OPEN M | 90 | M 90 | 02:03:27 | 03:33:22.10 | 03:33:22.10 | 7:21 | 8.2 |
| 117 | WILK GRZEGORZ | 3424 | RUN LOVING ANIMALS | RZESZÓW | POL | OPEN M | 91 | M 91 | 01:42:55 | 03:33:33.00 | 03:33:33.00 | 7:21 | 8.1 |
| 118 | MATRACKI SEBASTIAN | 3245 | TREKKING TEAM OSTROWIEC | OSTROWIEC ŚWIĘTOKRZYSKI | POL | OPEN M | 92 | M 92 | 02:04:37 | 03:33:45.80 | 03:33:45.80 | 7:22 | 8.1 |
| 119 | STELMACHOWSKI LESZEK | 3366 | FITNESS SOUL | EDINBURGH | GBR | OPEN M | 93 | M 93 | 02:05:09 | 03:33:48.90 | 03:33:48.90 | 7:22 | 8.1 |
| 120 | CZERNIAK ANNA | 3056 | VEGE RUNNERS / RUCH IZBICA | KRASNYSTAW | POL | OPEN K | 27 | K 27 | 02:04:51 | 03:34:02.95 | 03:34:02.95 | 7:22 | 8.1 |
| 121 | FRYDRYCH MATEUSZ | 3082 | PAWKO RUNNER TEAM | MODERÓWKA | POL | OPEN M | 94 | M 94 | 02:06:31 | 03:34:07.25 | 03:34:07.25 | 7:23 | 8.1 |
| 122 | KOSTKA MAŁGORZATA | 3183 | CUBE TEAM | KROŚCIENKO WYŻNE | POL | OPEN K | 28 | K 28 | 01:57:46 | 03:34:16.25 | 03:34:16.25 | 7:23 | 8.1 |
| 123 | KOSTKA ANDRZEJ | 3184 | CUBE TEAM | KROŚCIENKO WYŻNE | POL | OPEN M | 95 | M 95 | 02:01:19 | 03:34:16.25 | 03:34:16.25 | 7:23 | 8.1 |
| 124 | OBREĆZAREK JERZY | 3278 | CROSS KAMPINOS | WARSAWA | POL | OPEN M | 96 | M 96 | 02:04:30 | 03:34:49.20 | 03:34:49.20 | 7:24 | 8.1 |
| 125 | KOCZY-ŁUSIAK SYLWIA | 3167 | 3COACH | GLIWICE | POL | OPEN K | 29 | K 29 | 02:05:57 | 03:35:20.65 | 03:35:20.65 | 7:25 | 8.1 |
| 126 | KRÓL DAWID | 3196 | | KRAKÓW | POL | OPEN M | 97 | M 97 | 02:06:08 | 03:35:30.20 | 03:35:30.20 | 7:25 | 8.1 |
| 127 | MOŻEJKO JADWIGA | 3262 | NIEPOŁOMICIE BIEGAJĄ | NIEPOŁOMICIE | POL | OPEN K | 30 | K 30 | 02:10:21 | 03:35:33.50 | 03:35:33.50 | 7:25 | 8.1 |
| 128 | BONDAR KRZYSZTOF | 3025 | | WARSAWA | POL | OPEN M | 98 | M 98 | 02:02:41 | 03:36:01.65 | 03:36:01.65 | 7:26 | 8.1 |
| 129 | IDZIK MARCIN | 3137 | KORONA | ZĄBKI | POL | OPEN M | 99 | M 99 | 01:43:06 | 03:36:11.00 | 03:36:11.00 | 7:27 | 8 |
| 130 | CZARNECKI ZBIGNIEW | 3052 | STARE BABICE BIEGAJĄ | WARSAWA | POL | OPEN M | 100 | M 100 | 02:01:34 | 03:36:40.30 | 03:36:40.30 | 7:28 | 8 |
| 131 | PENCONEK AGATA | 3295 | | WARSAWA | POL | OPEN K | 31 | K 31 | | 03:36:46.85 | 03:36:46.85 | 7:28 | 8 |
| 132 | SZYDLÓWSKI DAWID | 3382 | | MOKRZYSKA | POL | OPEN M | 101 | M 101 | | 03:37:43.10 | 03:37:43.10 | 7:30 | 8 |
| 133 | GARCZYŃSKA ANIA | 3094 | | KATOWICE | POL | OPEN K | 32 | K 32 | 02:05:02 | 03:37:52.15 | 03:37:52.15 | 7:30 | 8 |
| 134 | KNYCH PAWEŁ | 3164 | | DĘBICA | POL | OPEN M | 102 | M 102 | 01:57:34 | 03:37:59.35 | 03:37:59.35 | 7:31 | 8 |
| 135 | ŻUK-LIPIŃSKA EWELINA | 3462 | | WARSAWA | POL | OPEN K | 33 | K 33 | 02:05:51 | 03:38:28.05 | 03:38:28.05 | 7:32 | 8 |
| 136 | WÓLKIEWICZ DOROTA | 3437 | TEAM ZABIEGANEDNI | PRUSZKÓW | POL | OPEN K | 34 | K 34 | 02:06:52 | 03:39:19.25 | 03:39:19.25 | 7:33 | 7.9 |
| 137 | MAKOWSKI JAROSŁAW | 3231 | | LUBLIN | POL | OPEN M | 103 | M 103 | 02:04:44 | 03:39:24.20 | 03:39:24.20 | 7:33 | 7.9 |
| 138 | SALIK STANISŁAW | 3338 | | WIELICZKA | POL | OPEN M | 104 | M 104 | 02:05:40 | 03:39:50.65 | 03:39:50.65 | 7:34 | 7.9 |
| 139 | ŁYP MICHAŁ | 3226 | | ZELKÓW | POL | OPEN M | 105 | M 105 | 02:03:48 | 03:39:57.50 | 03:39:57.50 | 7:35 | 7.9 |
| 140 | ŁUSZCZ PAWEŁ | 3225 | GAMONIUSZE DĘBICA | DĘBICA | POL | OPEN M | 106 | M 106 | 02:01:39 | 03:40:55.45 | 03:40:55.45 | 7:37 | 7.9 |
| 141 | PERLIŃSKI MIROSLAW | 3467 | ASSECO ACTIVE TEAM | RZESZÓW | POL | OPEN M | 107 | M 107 | | 03:41:09.65 | 03:41:09.65 | 7:37 | 7.9 |
| 142 | DULIK ARKADIUSZ | 3073 | | STRZYŻEWICE | POL | OPEN M | 108 | M 108 | 02:02:28 | 03:41:33.25 | 03:41:33.25 | 7:38 | 7.9 |
| 143 | BOŻEK GRZEGORZ | 3028 | DZIKIE ŻYCIE RUNTEAM | KROSNO | POL | OPEN M | 109 | M 109 | 02:03:42 | 03:41:57.85 | 03:41:57.85 | 7:39 | 7.8 |
| 144 | FILAK LUKASZ | 3078 | PULPET | KRAKOW | POL | OPEN M | 110 | M 110 | 02:01:27 | 03:41:57.95 | 03:41:57.95 | 7:39 | 7.8 |
| 145 | NABORCZYK SŁAWOMIR | 3265 | | MYSŁOWICE | POL | OPEN M | 111 | M 111 | 02:10:54 | 03:42:52.05 | 03:42:52.05 | 7:41 | 7.8 |
| 146 | FRANCZAK KATARZYNA | 3081 | | KRAKOW | POL | OPEN K | 35 | K 35 | 02:07:14 | 03:43:43.05 | 03:43:43.05 | 7:42 | 7.8 |
| 147 | FIEBIG JAKUB | 3077 | MAHLERTEAM | WARSAWA | POL | OPEN M | 112 | M 112 | | 03:44:19.75 | 03:44:19.75 | 7:44 | 7.8 |
| 148 | LEJMAN ADAM | 3212 | | WARSAWA | POL | OPEN M | 113 | M 113 | 02:03:19 | 03:44:20.60 | 03:44:20.60 | 7:44 | 7.8 |
| 149 | PAWŁOWSKI PAWEŁ | 3294 | | KRAKÓW | POL | OPEN M | 114 | M 114 | 01:41:40 | 03:44:27.25 | 03:44:27.25 | 7:44 | 7.8 |
| 150 | NIESIOBĘDKA KATARZYNA | 3270 | | OLSZTYN | POL | OPEN K | 36 | K 36 | 02:05:15 | 03:45:02.25 | 03:45:02.25 | 7:45 | 7.7 |
| 151 | PYSZYŃSKI MARIUSZ | 3319 | KAMCIA KAMCIA | MYSIADLO | POL | OPEN M | 115 | M 115 | 02:03:09 | 03:45:13.90 | 03:45:13.90 | 7:45 | 7.7 |
| 152 | MUCHA PATRYK | 3263 | | WARSAWA | POL | OPEN M | 116 | M 116 | 02:12:56 | 03:45:31.25 | 03:45:31.25 | 7:46 | 7.7 |
| 153 | PTAK PAWEŁ | 3317 | | WARSAWA | POL | OPEN M | 117 | M 117 | 02:07:02 | 03:45:43.90 | 03:45:43.90 | 7:47 | 7.7 |
| 154 | WYSOCKI BARTOSZ | 3441 | KS JANUSZE | LEŻAJSK | POL | OPEN M | 118 | M 118 | 02:04:24 | 03:45:49.45 | 03:45:49.45 | 7:47 | 7.7 |
| 155 | WYSOCKA IWONA | 3440 | KS JANUSZE | GIEDLAROWA | POL | OPEN K | 37 | K 37 | 02:04:16 | 03:45:49.60 | 03:45:49.60 | 7:47 | 7.7 |
| 156 | PIĘTKA MARZENA | 3300 | BRAVEHEARTS LEGIONOWO | LEGIONOWO | POL | OPEN K | 38 | K 38 | 02:05:45 | 03:46:07.00 | 03:46:07.00 | 7:47 | 7.7 |
| 157 | SPORNIAK KRZYSZTOF | 3464 | | TARGOWISKA | POL | OPEN M | 119 | M 119 | 02:09:32 | 03:46:28.80 | 03:46:28.80 | 7:48 | 7.7 |

ŁEMKO TRAIL 30, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|----------------------------------|------|--|----------------------|------|--------|--------|-------|-------------|-------------|-------------|--------|------|
| 158 | GARBATY ANNA | 3093 | | KOLBUSZOWA | POL | OPEN K | 39 | K 39 | 02:07:37 | 03:47:01.50 | 03:47:01.50 | 7:49 | 7.7 |
| 159 | WÓJTOWICZ ROBERT | 3435 | | PIASECZNO | POL | OPEN M | 120 | M 120 | 02:02:48 | 03:47:20.45 | 03:47:20.45 | 7:50 | 7.7 |
| 160 | DRUŻKOWSKA MONIKA | 3070 | | WARSZAWA | POL | OPEN K | 40 | K 40 | 02:10:41 | 03:47:22.00 | 03:47:22.00 | 7:50 | 7.7 |
| 161 | KRUPEJ MICHAŁ | 3198 | | KRAKOW | POL | OPEN M | 121 | M 121 | 02:07:29 | 03:47:55.25 | 03:47:55.25 | 7:51 | 7.6 |
| 162 | RUSIN KONRAD | 3332 | | RZESZÓW | POL | OPEN M | 122 | M 122 | 02:12:14 | 03:48:19.55 | 03:48:19.55 | 7:52 | 7.6 |
| 163 | HETMAŃCZYK AGNIESZKA | 3130 | #CZELADZBIEGA | CZELADŹ | POL | OPEN K | 41 | K 41 | 02:09:45 | 03:48:29.80 | 03:48:29.80 | 7:52 | 7.6 |
| 164 | PIWOWARCZYK MAGDALENA | 3305 | | TURKA | POL | OPEN K | 42 | K 42 | 02:11:20 | 03:48:48.20 | 03:48:48.20 | 7:53 | 7.6 |
| 165 | WOJDYŁA WOJCIECH | 3430 | | KOŁACZYCE | POL | OPEN M | 123 | M 123 | 02:10:03 | 03:48:54.25 | 03:48:54.25 | 7:53 | 7.6 |
| 166 | BUGAŁA ROBERT | 3034 | SOLIOD HOUSE | LUBLIN | POL | OPEN M | 124 | M 124 | 02:08:26 | 03:49:05.95 | 03:49:05.95 | 7:53 | 7.6 |
| 167 | DYBCZAK MACIEJ | 3074 | | GORLICE | POL | OPEN M | 125 | M 125 | 02:07:08 | 03:49:15.25 | 03:49:15.25 | 7:54 | 7.6 |
| 168 | GRYZ JACEK | 3120 | | NOWY DWÓR MAZOWIECKI | POL | OPEN M | 126 | M 126 | 02:41:25 | 03:49:17.95 | 03:49:17.95 | 7:54 | 7.6 |
| 169 | PĘDRĄK ŁUKASZ | 3297 | | DĘBICA | POL | OPEN M | 127 | M 127 | 02:03:55 | 03:49:26.35 | 03:49:26.35 | 7:54 | 7.6 |
| 170 | BRYTAŃCZYK MATEUSZ | 3031 | | KRAKÓW | POL | OPEN M | 128 | M 128 | 01:42:47 | 03:49:30.85 | 03:49:30.85 | 7:54 | 7.6 |
| 171 | WIĘCEK PAULINA | 3422 | | LEGIONOWO | POL | OPEN K | 43 | K 43 | 02:13:05 | 03:49:40.40 | 03:49:40.40 | 7:55 | 7.6 |
| 172 | KOWALCZYK OLGA | 3188 | SWORDS ATHLETICS | WARSZAWA | POL | OPEN K | 44 | K 44 | 02:08:32 | 03:49:48.85 | 03:49:48.85 | 7:55 | 7.6 |
| 173 | SEREDA PAWEŁ | 3340 | | KRAKOW | POL | OPEN M | 129 | M 129 | 02:05:26 | 03:49:52.55 | 03:49:52.55 | 7:55 | 7.6 |
| 174 | KOWALCZUK JAKUB | 3186 | | WARSZAWA | POL | OPEN M | 130 | M 130 | 02:07:43 | 03:49:54.30 | 03:49:54.30 | 7:55 | 7.6 |
| 175 | TRZCIŃSKI MARCIN | 3401 | | WARSZAWA | POL | OPEN M | 131 | M 131 | 02:06:57 | 03:50:00.75 | 03:50:00.75 | 7:55 | 7.6 |
| 176 | GONZALEZ GUILLEN ANABEL BERENICE | 3113 | | KRAKOW | POL | OPEN K | 45 | K 45 | 02:33:56 | 03:50:11.20 | 03:50:11.20 | 7:56 | 7.6 |
| 177 | ZATORSKA KATARZYNA | 3451 | LSYP ACTIVE! | GDAŃSK | POL | OPEN K | 46 | K 46 | 02:09:51 | 03:50:27.25 | 03:50:27.25 | 7:56 | 7.6 |
| 178 | WACHOWSKI PIOTR | 3409 | | KORONOWO | POL | OPEN M | 132 | M 132 | 02:08:40 | 03:50:52.95 | 03:50:52.95 | 7:57 | 7.5 |
| 179 | NAGORSKI JACEK | 3268 | | LODZ | POL | OPEN M | 133 | M 133 | 02:07:49 | 03:51:28.45 | 03:51:28.45 | 7:58 | 7.5 |
| 180 | GUSTAW MALGORZATA | 3123 | HARDE SUKI I WCZASOWICZE | MIKOŁÓW | POL | OPEN K | 47 | K 47 | 02:10:09 | 03:51:40.00 | 03:51:40.00 | 7:59 | 7.5 |
| 181 | RAJCZONEK RAFAŁ | 3323 | NO FUTURE | WARSZAWA | POL | OPEN M | 134 | M 134 | 02:06:25 | 03:51:57.20 | 03:51:57.20 | 7:59 | 7.5 |
| 182 | KOMOROWSKI ŁUKASZ | 3173 | | WARSZAWA | POL | OPEN M | 135 | M 135 | 02:11:13 | 03:52:05.20 | 03:52:05.20 | 8:00 | 7.5 |
| 183 | WÓJCIK GRZEGORZ | 3433 | BIEGING TEAM ZELÓW | ZELÓW | POL | OPEN M | 136 | M 136 | 02:11:47 | 03:52:20.80 | 03:52:20.80 | 8:00 | 7.5 |
| 184 | HABIB MAREK | 3125 | | WARSZAWA | POL | OPEN M | 137 | M 137 | 02:10:26 | 03:52:42.30 | 03:52:42.30 | 8:01 | 7.5 |
| 185 | MUZAJ GRZEGORZ | 3264 | | RZESZÓW | POL | OPEN M | 138 | M 138 | 02:06:13 | 03:53:01.30 | 03:53:01.30 | 8:02 | 7.5 |
| 186 | GONCERZEWICZ ANNA | 3111 | ASICS FRONTRUNNER/STARE BABICE BIEGAJĄ | KWIRYNÓW | POL | OPEN K | 48 | K 48 | 02:34:12 | 03:53:23.20 | 03:53:23.20 | 8:02 | 7.5 |
| 187 | JODKO RAFAŁ | 3148 | OTF | JÓZEFÓW | POL | OPEN M | 139 | M 139 | 02:06:45 | 03:53:51.80 | 03:53:51.80 | 8:03 | 7.4 |
| 188 | FUJA ŁUKASZ | 3083 | DST | KRAKÓW | POL | OPEN M | 140 | M 140 | 02:09:06 | 03:54:00.15 | 03:54:00.15 | 8:04 | 7.4 |
| 189 | PASTORICA MAXIME | 3290 | | WARSZAWA | POL | OPEN M | 141 | M 141 | 03:55:01.55 | 03:55:01.55 | 03:55:01.55 | 8:06 | 7.4 |
| 190 | PASTORICA EUGENIO | 3291 | | WARSZAWA | POL | OPEN M | 142 | M 142 | 02:09:40 | 03:55:02.40 | 03:55:02.40 | 8:06 | 7.4 |
| 191 | PRZYBYLSKA KATARZYNA | 3315 | WITKOWO BIEGA | WITKOWO | POL | OPEN K | 49 | K 49 | 02:09:27 | 03:55:08.55 | 03:55:08.55 | 8:06 | 7.4 |
| 192 | KAWA WIOLETTA | 3156 | | ZALASOWA | POL | OPEN K | 50 | K 50 | | 03:55:13.05 | 03:55:13.05 | 8:06 | 7.4 |
| 193 | SKRUDLIK WOJCIECH | 3350 | NIGHT RUNNERS | CHYBY | POL | OPEN M | 143 | M 143 | 02:12:51 | 03:55:16.70 | 03:55:16.70 | 8:06 | 7.4 |
| 194 | BAŁABAN WALDEMAR | 3012 | BIEGUNY WALBA | KROSNO | POL | OPEN M | 144 | M 144 | 02:13:15 | 03:55:43.30 | 03:55:43.30 | 8:07 | 7.4 |
| 195 | KRYSA HALINA | 3199 | ROZBIEGANA BABCIA | LUBLIN | POL | OPEN K | 51 | K 51 | 02:40:41 | 03:56:20.90 | 03:56:20.90 | 8:08 | 7.4 |
| 196 | KLUCZYŃSKI GRZEGORZ | 3468 | | WARSZAWA | POL | OPEN M | 145 | M 145 | 02:08:11 | 03:56:29.80 | 03:56:29.80 | 8:09 | 7.4 |
| 197 | BABICKA OLGA | 3006 | | JÓZEFOSŁAW | POL | OPEN K | 52 | K 52 | 02:35:36 | 03:56:33.60 | 03:56:33.60 | 8:09 | 7.4 |
| 198 | LUBOWIECKA KATARZYNA | 3221 | | WARSZAWA | POL | OPEN K | 53 | K 53 | 02:09:20 | 03:56:55.50 | 03:56:55.50 | 8:10 | 7.3 |
| 199 | RYSZKO GRZEGORZ | 3334 | NEW BALANCE RUN CLUB WARSZAWA | WARSZAWA | POL | OPEN M | 146 | M 146 | 02:04:00 | 03:56:56.40 | 03:56:56.40 | 8:10 | 7.3 |
| 200 | DEC MARZENA | 3062 | | MIKOŁÓW | POL | OPEN K | 54 | K 54 | 02:36:11 | 03:56:57.65 | 03:56:57.65 | 8:10 | 7.3 |
| 201 | SIKORSKI WOJCIECH | 3343 | | WITNICA | POL | OPEN M | 147 | M 147 | 02:12:40 | 03:57:22.10 | 03:57:22.10 | 8:11 | 7.3 |
| 202 | SMOLIŃSKI RAFAŁ | 3353 | | IWONICZ | POL | OPEN M | 148 | M 148 | 02:07:20 | 03:57:45.15 | 03:57:45.15 | 8:11 | 7.3 |
| 203 | LEŚNIAK IZABELA | 3220 | | KRAKÓW | POL | OPEN K | 55 | K 55 | 02:35:58 | 03:57:50.10 | 03:57:50.10 | 8:12 | 7.3 |
| 204 | SMOLORZ KEWIN | 3354 | | GARDAWICE | POL | OPEN M | 149 | M 149 | 02:08:56 | 03:57:59.40 | 03:57:59.40 | 8:12 | 7.3 |
| 205 | GOŁYGOWSKI ŁUKASZ | 3109 | WITKOWO BIEGA | WITKOWO | POL | OPEN M | 150 | M 150 | 02:10:30 | 03:58:04.70 | 03:58:04.70 | 8:12 | 7.3 |
| 206 | JASKÓLSKA JOANNA | 3143 | | POZNAŃ | POL | OPEN K | 56 | K 56 | 02:13:23 | 03:58:22.15 | 03:58:22.15 | 8:13 | 7.3 |
| 207 | DANIELXR21 DANIELXR21 | 3058 | #R | MYŚLACHOWICE | POL | OPEN M | 151 | M 151 | | 03:58:43.90 | 03:58:43.90 | 8:13 | 7.3 |
| 208 | WIETECZA PAWEŁ | 3421 | | JASŁO | POL | OPEN M | 152 | M 152 | 02:11:26 | 03:59:06.65 | 03:59:06.65 | 8:14 | 7.3 |
| 209 | CISKOWSKA WERONIKA | 3045 | | KRAKOW | POL | OPEN K | 57 | K 57 | | 03:59:12.75 | 03:59:12.75 | 8:14 | 7.3 |
| 210 | KISIEL MICHAŁ | 3161 | | SZCZECINEK | POL | OPEN M | 153 | M 153 | 02:44:05 | 03:59:12.75 | 03:59:12.75 | 8:14 | 7.3 |
| 211 | SZELAĞIEWICZ PATRYCJA | 3374 | | SZCZECIN | POL | OPEN K | 58 | K 58 | 02:33:50 | 03:59:19.35 | 03:59:19.35 | 8:15 | 7.3 |
| 212 | ZAPAŚNIK MICHAŁ | 3450 | BIEGIEM PO WINO | WARSZAWA | POL | OPEN M | 154 | M 154 | 02:10:15 | 03:59:44.25 | 03:59:44.25 | 8:16 | 7.3 |
| 213 | PASISZ ARTUR | 3289 | WOODWARD RUNNERS | NIEPOŁOMICE | POL | OPEN M | 155 | M 155 | 02:41:37 | 04:00:10.30 | 04:00:10.30 | 8:16 | 7.2 |

ŁEMKO TRAIL 30, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|------------------------------|------|------------------------|--------------------|------|--------|--------|-------|----------|-------------|-------------|--------|------|
| 214 | STANOSZ-CHEŁKOWSKA ANETA | 3365 | HARDE DZIKI | CHYROWA | POL | OPEN K | 59 | K 59 | 02:13:10 | 04:00:12.75 | 04:00:12.75 | 8:16 | 7.2 |
| 215 | LESZCZYŃSKI PAWEŁ | 3218 | LASY WAWERSKIE | WARSZAWA | POL | OPEN M | 156 | M 156 | 02:43:21 | 04:00:36.90 | 04:00:36.90 | 8:17 | 7.2 |
| 216 | CERAN ARTUR | 3037 | | WARSZAWA | POL | OPEN M | 157 | M 157 | 02:10:35 | 04:01:51.65 | 04:01:51.65 | 8:20 | 7.2 |
| 217 | KRAKÓŚ KONRAD | 3192 | | RZESZÓW | POL | OPEN M | 158 | M 158 | 02:08:06 | 04:02:10.55 | 04:02:10.55 | 8:21 | 7.2 |
| 218 | TARNAWSKA ANNA | 3392 | UKS LIDER SIERCZA | WIELICZKA | POL | OPEN K | 60 | K 60 | 02:35:43 | 04:02:39.45 | 04:02:39.45 | 8:22 | 7.2 |
| 219 | MALINOWSKI TOMASZ MALINOWSKI | 3235 | UKS LIDER SIERCZA | KRAKÓW | POL | OPEN M | 159 | M 159 | | 04:02:39.45 | 04:02:39.45 | 8:22 | 7.2 |
| 220 | SOWA-LEWANDOWSKA KATARZYNA | 3360 | UKS LIDER/ TECHNIKAM | WIELICZKA | POL | OPEN K | 60 | K 60 | 02:34:02 | 04:02:39.45 | 04:02:39.45 | 8:22 | 7.2 |
| 221 | KOISZEWSKI KRZYSZTOF | 3169 | KLUB 42,2 LĘBORK | LĘBORK | POL | OPEN M | 160 | M 160 | 02:43:02 | 04:02:59.40 | 04:02:59.40 | 8:22 | 7.2 |
| 222 | KOISZEWSKA IZABELA | 3168 | KLUB 42,2 LĘBORK | LĘBORK | POL | OPEN K | 62 | K 62 | 02:43:17 | 04:02:59.60 | 04:02:59.60 | 8:22 | 7.2 |
| 223 | GLINKOWSKA MONIKA | 3103 | | KRAKÓW | POL | OPEN K | 63 | K 63 | 02:45:16 | 04:03:03.30 | 04:03:03.30 | 8:22 | 7.2 |
| 224 | KIFNER HUBERT | 3159 | BIEGIEM PO WINO | WARSZAWA | POL | OPEN M | 161 | M 161 | 02:08:45 | 04:03:24.40 | 04:03:24.40 | 8:23 | 7.1 |
| 225 | MISIUREWICZ ROZANNA | 3259 | | WARSZAWA | POL | OPEN K | 64 | K 64 | 02:11:33 | 04:03:38.35 | 04:03:38.35 | 8:24 | 7.1 |
| 226 | GOMUŁKA KATARZYNA | 3110 | GORLICKA GRUPA BIEGOWA | GORLICE | POL | OPEN K | 65 | K 65 | 02:11:06 | 04:03:41.05 | 04:03:41.05 | 8:24 | 7.1 |
| 227 | NIEDZIELA WIKTOR | 3269 | | GORLICE | POL | OPEN M | 162 | M 162 | 02:11:00 | 04:03:42.95 | 04:03:42.95 | 8:24 | 7.1 |
| 228 | RYBACZUK EWELINA | 3333 | | LUBLIN | POL | OPEN K | 66 | K 66 | 02:42:16 | 04:04:00.05 | 04:04:00.05 | 8:24 | 7.1 |
| 229 | KUBRAK WOJCIECH | 3202 | | RZESZÓW | POL | OPEN M | 163 | M 163 | 02:41:04 | 04:04:00.20 | 04:04:00.20 | 8:24 | 7.1 |
| 230 | MIERZYŃSKI RAFAŁ | 3251 | BIEGING TEAM ZELÓW | ZELÓW | POL | OPEN M | 164 | M 164 | 02:12:09 | 04:04:46.05 | 04:04:46.05 | 8:26 | 7.1 |
| 231 | MARCINIAK TOMASZ | 3239 | | DYS | POL | OPEN M | 165 | M 165 | 02:42:11 | 04:04:48.05 | 04:04:48.05 | 8:26 | 7.1 |
| 232 | ZAWADZKI PIOTR | 3452 | | WARSZAWA | POL | OPEN M | 166 | M 166 | | 04:05:15.10 | 04:05:15.10 | 8:27 | 7.1 |
| 233 | TYLKA GOSIA | 3403 | | LEGNICA | POL | OPEN K | 67 | K 67 | 02:43:39 | 04:05:42.00 | 04:05:42.00 | 8:28 | 7.1 |
| 234 | MALARA ANNA | 3233 | 3COACH | KATOWICE | POL | OPEN K | 68 | K 68 | 02:11:54 | 04:06:00.25 | 04:06:00.25 | 8:28 | 7.1 |
| 235 | CZAPLIŃSKIA WIOLETTA | 3051 | | OSTROŁĘKA | POL | OPEN K | 69 | K 69 | 02:43:57 | 04:06:44.75 | 04:06:44.75 | 8:30 | 7.1 |
| 236 | CZUPIK JERZY | 3057 | RUSYN-LEM | OŁAWA | POL | OPEN M | 167 | M 167 | 02:07:54 | 04:06:48.05 | 04:06:48.05 | 8:30 | 7.1 |
| 237 | CHODZIŃSKA MARIOLA | 3039 | | RZESZÓW | POL | OPEN K | 70 | K 70 | | 04:06:59.15 | 04:06:59.15 | 8:31 | 7 |
| 238 | HUSIATYŃSKI MACIEJ | 3136 | | KRAKÓW | POL | OPEN M | 168 | M 168 | 02:50:13 | 04:07:12.95 | 04:07:12.95 | 8:31 | 7 |
| 239 | KOSOWSKI SEWERYN | 3182 | KOSATEAM / RUSYNLEM | LEGNICA | POL | OPEN M | 169 | M 169 | | 04:07:33.90 | 04:07:33.90 | 8:32 | 7 |
| 240 | CIURYK-KOSOWSKA JULIA | 3046 | RUSYNLEM | WIRCHNIA | POL | OPEN K | 71 | K 71 | 02:12:26 | 04:07:33.90 | 04:07:33.90 | 8:32 | 7 |
| 241 | KUCHARSKI LUKASZ | 3203 | | MODLNICZKA | POL | OPEN M | 170 | M 170 | 02:45:11 | 04:07:42.75 | 04:07:42.75 | 8:32 | 7 |
| 242 | BŁASZCZAK ANNA | 3021 | | JANUSZOWICE | POL | OPEN K | 72 | K 72 | 02:45:03 | 04:07:42.90 | 04:07:42.90 | 8:32 | 7 |
| 243 | OLZACKI PIOTR | 3281 | | WELWYN GARDEN CITY | GBR | OPEN M | 171 | M 171 | 02:42:50 | 04:07:55.35 | 04:07:55.35 | 8:32 | 7 |
| 244 | RZESZOWSKI TOMASZ | 3335 | MIRAZ RACE TEAM | ZABRZE | POL | OPEN M | 172 | M 172 | 02:41:29 | 04:08:16.15 | 04:08:16.15 | 8:33 | 7 |
| 245 | STOLARZ MARTA | 3367 | NIEPOŁOMICE BIEGAJĄ | WIELICZKA | POL | OPEN K | 73 | K 73 | 02:44:54 | 04:09:18.15 | 04:09:18.15 | 8:35 | 7 |
| 246 | DOMINIAK EMILIA | 3064 | | GNIEZNO | POL | OPEN K | 74 | K 74 | 02:44:27 | 04:09:19.70 | 04:09:19.70 | 8:35 | 7 |
| 247 | BAJOŁEK ALEKSANDRA | 3009 | AZS AWF KRAKOW MASTERS | KRAKÓW | POL | OPEN K | 75 | K 75 | 02:51:39 | 04:09:27.05 | 04:09:27.05 | 8:36 | 7 |
| 248 | GLUSZKOWSKA MONIKA | 3105 | TEAMZABIEGANEDNI | WARSZAWA | POL | OPEN K | 76 | K 76 | 02:11:42 | 04:09:42.20 | 04:09:42.20 | 8:36 | 7 |
| 249 | CZEKAJ SZYMON | 3054 | | STAŁOWA WOLA | POL | OPEN M | 173 | M 173 | 03:18:14 | 04:09:48.10 | 04:09:48.10 | 8:36 | 7 |
| 250 | KIM RENATA | 3160 | TEAM ZABIEGANEDNI | WARSZAWA | POL | OPEN K | 77 | K 77 | 02:44:14 | 04:10:01.05 | 04:10:01.05 | 8:37 | 7 |
| 251 | KORPAK MARTA | 3177 | | WILKOWICE | POL | OPEN K | 78 | K 78 | 02:55:29 | 04:10:30.95 | 04:10:30.95 | 8:38 | 6.9 |
| 252 | BRUSIŁO BARTOSZ | 3030 | | WARSZAWA | POL | OPEN M | 174 | M 174 | 02:36:44 | 04:10:58.65 | 04:10:58.65 | 8:39 | 6.9 |
| 253 | BIEDROŃ ARTUR | 3017 | ERP HEART TEAM | WARSZAWA | POL | OPEN M | 175 | M 175 | 02:52:36 | 04:11:14.65 | 04:11:14.65 | 8:39 | 6.9 |
| 254 | MAKSYMIOK MAGDALENA | 3232 | | WARSZAWA | POL | OPEN K | 79 | K 79 | 02:42:38 | 04:11:24.80 | 04:11:24.80 | 8:40 | 6.9 |
| 255 | REKOSIEWICZ-TOKARZ MONIKA | 3326 | ZAWADZKA TEAM | GŁOGÓW MAŁOPOLSKI | POL | OPEN K | 80 | K 80 | 02:50:47 | 04:11:31.15 | 04:11:31.15 | 8:40 | 6.9 |
| 256 | GIERAŁT URSZULA | 3099 | | KRAKÓW | POL | OPEN K | 81 | K 81 | 02:41:52 | 04:11:38.00 | 04:11:38.00 | 8:40 | 6.9 |
| 257 | CZAJA PAWEŁ | 3049 | | RZESZÓW | POL | OPEN M | 176 | M 176 | 02:36:18 | 04:11:42.05 | 04:11:42.05 | 8:40 | 6.9 |
| 258 | CZAJKA AGATA | 3050 | WSL | ŁÓDŹ | POL | OPEN K | 82 | K 82 | 02:37:06 | 04:11:54.00 | 04:11:54.00 | 8:41 | 6.9 |
| 259 | STAMM TOMASZ | 3363 | | POZNAŃ | POL | OPEN M | 177 | M 177 | 02:37:16 | 04:12:37.35 | 04:12:37.35 | 8:42 | 6.9 |
| 260 | GRANOWSKA MARTA | 3116 | | BIENIEWICE | POL | OPEN K | 83 | K 83 | 02:40:35 | 04:12:46.55 | 04:12:46.55 | 8:42 | 6.9 |
| 261 | MICHAŁCZYK ANNA | 3248 | NAPRZÓD MŁOCINY | WARSZAWA | POL | OPEN K | 84 | K 84 | 02:51:50 | 04:13:20.40 | 04:13:20.40 | 8:44 | 6.9 |
| 262 | LEJMAN-KUDŁA KAMILA | 3213 | | WARSZAWA | POL | OPEN K | 85 | K 85 | 02:45:31 | 04:13:25.70 | 04:13:25.70 | 8:44 | 6.9 |
| 263 | OLSZEWSKI KAMIL | 3280 | | MYSŁOWICE | POL | OPEN M | 178 | M 178 | 02:34:32 | 04:13:42.75 | 04:13:42.75 | 8:44 | 6.9 |
| 264 | STABRAWA MARCIN | 3362 | | MYSŁOWICE | POL | OPEN M | 179 | M 179 | 02:35:18 | 04:13:43.05 | 04:13:43.05 | 8:44 | 6.9 |
| 265 | ZIĘBA ANNA | 3455 | | KRAKÓW | POL | OPEN K | 86 | K 86 | 02:53:54 | 04:14:13.05 | 04:14:13.05 | 8:45 | 6.8 |
| 266 | BUGAJCZYK CEZARY | 3033 | SPARTA LUBLIN | MSZCZONÓW | POL | OPEN M | 180 | M 180 | 02:52:05 | 04:15:15.05 | 04:15:15.05 | 8:48 | 6.8 |
| 267 | PABIAŃCZYK MAŁGORZATA | 3284 | | KRAKÓW | POL | OPEN K | 87 | K 87 | 02:50:04 | 04:15:39.65 | 04:15:39.65 | 8:48 | 6.8 |
| 268 | MAŁECKA-NOWAK NATALIA | 3236 | RUSYNLEM | BIECZ | POL | OPEN K | 88 | K 88 | 02:53:44 | 04:16:05.60 | 04:16:05.60 | 8:49 | 6.8 |
| 269 | CIERPIAŁ KAROLINA | 3044 | | MYŚLENICE | POL | OPEN K | 89 | K 89 | 02:41:17 | 04:16:19.70 | 04:16:19.70 | 8:50 | 6.8 |
| 270 | LESZCZYŃSKI BARTEK | 3219 | | WARSZAWA | POL | OPEN M | 181 | M 181 | 02:40:52 | 04:16:27.95 | 04:16:27.95 | 8:50 | 6.8 |

ŁEMKO TRAIL 30, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|----------------------------|------|-------------------------------|---------------------|------|--------|--------|-------|----------|-------------|-------------|--------|------|
| 271 | BIŻEK KATARZYNA | 3019 | SPARTA | STRZYŻEWICE | POL | OPEN K | 90 | K 90 | 02:44:21 | 04:16:31.90 | 04:16:31.90 | 8:50 | 6.8 |
| 272 | PIĘTKA WOJCIECH | 3299 | | WARSZAWA | POL | OPEN M | 182 | M 182 | 02:57:08 | 04:16:44.15 | 04:16:44.15 | 8:51 | 6.8 |
| 273 | WRZESIAK MARCIN | 3438 | BIEGING TEAM ZELÓW | ZELÓW | POL | OPEN M | 183 | M 183 | 02:12:46 | 04:16:45.20 | 04:16:45.20 | 8:51 | 6.8 |
| 274 | DZIŻA-URBANIAK NATALIA | 3075 | | KARNIOWICE | POL | OPEN K | 91 | K 91 | | 04:16:45.80 | 04:16:45.80 | 8:51 | 6.8 |
| 275 | ZAJDEL SZCZEPAN | 3446 | | SWARZĘDZ | POL | OPEN M | 184 | M 184 | 02:42:32 | 04:16:59.85 | 04:16:59.85 | 8:51 | 6.8 |
| 276 | SZCZECZLA-RUCHAŁA ANNA | 3370 | | KRAKÓW | POL | OPEN K | 92 | K 92 | 02:54:46 | 04:17:03.95 | 04:17:03.95 | 8:51 | 6.8 |
| 277 | SKĄPSKI KSAWERY | 3347 | BWRUNNERS | WARSZAWA | POL | OPEN M | 185 | M 185 | 02:50:32 | 04:17:12.25 | 04:17:12.25 | 8:52 | 6.8 |
| 278 | JURYŚ SŁAWOMIR | 3150 | JSYSTEM | KROSNO | POL | OPEN M | 186 | M 186 | 02:52:43 | 04:17:14.00 | 04:17:14.00 | 8:52 | 6.8 |
| 279 | OZIMINA SAMUEL | 3283 | | WIŚŁOCZEK | POL | OPEN M | 187 | M 187 | 02:55:42 | 04:17:30.55 | 04:17:30.55 | 8:52 | 6.8 |
| 280 | TWARDZIK LAURA | 3402 | | PUŁAWY | POL | OPEN K | 93 | K 93 | 02:57:56 | 04:17:30.60 | 04:17:30.60 | 8:52 | 6.8 |
| 281 | SKRZYPEK ROBERT | 3351 | BIEGNIJ Z PROSERVICE | PIASECZNO | POL | OPEN M | 188 | M 188 | 02:49:52 | 04:18:11.45 | 04:18:11.45 | 8:54 | 6.7 |
| 282 | TOMAKA JADWIGA | 3396 | SZKÓŁKA ROLKOWA WODZU | RZESZÓW | POL | OPEN K | 94 | K 94 | 02:57:29 | 04:18:57.75 | 04:18:57.75 | 8:55 | 6.7 |
| 283 | SIOREK KATARZYNA | 3346 | WILQ TEAM | RZESZÓW | POL | OPEN K | 95 | K 95 | 02:57:40 | 04:19:13.05 | 04:19:13.05 | 8:56 | 6.7 |
| 284 | CYGAN ANNA | 3047 | BLACK HAT ULTRA | WARSZAWA | POL | OPEN K | 96 | K 96 | 02:52:48 | 04:19:15.95 | 04:19:15.95 | 8:56 | 6.7 |
| 285 | GACKA WIOLETA | 3084 | | WARSZAWA | POL | OPEN K | 97 | K 97 | 02:57:04 | 04:19:19.35 | 04:19:19.35 | 8:56 | 6.7 |
| 286 | GARBACZ KAMILA | 3092 | | WARSZAWA | POL | OPEN K | 98 | K 98 | 02:57:26 | 04:19:42.80 | 04:19:42.80 | 8:57 | 6.7 |
| 287 | WIEKIERA MICHAŁ | 3419 | | WARSZAWA | POL | OPEN M | 189 | M 189 | 02:36:36 | 04:19:46.80 | 04:19:46.80 | 8:57 | 6.7 |
| 288 | SORNAT MARIUSZ | 3359 | | GLIWICE | POL | OPEN M | 190 | M 190 | | 04:19:47.00 | 04:19:47.00 | 8:57 | 6.7 |
| 289 | MATHIEU AOUTIN | 3244 | | WARSAW | POL | OPEN M | 191 | M 191 | 02:36:51 | 04:19:47.30 | 04:19:47.30 | 8:57 | 6.7 |
| 290 | LEPAK ALEKSANDRA | 3216 | | KRAKÓW | POL | OPEN K | 99 | K 99 | 02:44:47 | 04:20:23.65 | 04:20:23.65 | 8:58 | 6.7 |
| 291 | URBANOWICZ PIOTR | 3407 | | KRAKÓW | POL | OPEN M | 192 | M 192 | | 04:20:29.00 | 04:20:29.00 | 8:58 | 6.7 |
| 292 | NIKLEWICZ ZDZISŁAW | 3271 | | SOSNOWIEC | POL | OPEN M | 193 | M 193 | 02:54:53 | 04:20:46.10 | 04:20:46.10 | 8:59 | 6.7 |
| 293 | WIERZBICKA EWA | 3420 | | NAGÓRZANY | POL | OPEN K | 100 | K 100 | 02:55:55 | 04:20:55.30 | 04:20:55.30 | 8:59 | 6.7 |
| 294 | MASZKOWSKA ANNA | 3241 | | LUBLIN | POL | OPEN K | 101 | K 101 | 03:01:14 | 04:21:08.45 | 04:21:08.45 | 9:00 | 6.7 |
| 295 | KOPANSKI DAMIAN | 3174 | | SZCZECIN | POL | OPEN M | 194 | M 194 | 02:42:44 | 04:21:34.40 | 04:21:34.40 | 9:01 | 6.7 |
| 296 | GOLA KAROLINA | 3107 | | ZABIERZÓW | POL | OPEN K | 102 | K 102 | 02:58:55 | 04:22:09.75 | 04:22:09.75 | 9:02 | 6.6 |
| 297 | MIROWSKI MARIUSZ | 3258 | | PRZYŁĘKI | POL | OPEN M | 195 | M 195 | 03:23:09 | 04:22:28.20 | 04:22:28.20 | 9:03 | 6.6 |
| 298 | GWIŹDŹ KAROLINA | 3124 | BESKIDZKIE RYSIE RUNNING TEAM | SIEKLÓWKA | POL | OPEN K | 103 | K 103 | 02:57:17 | 04:22:35.05 | 04:22:35.05 | 9:03 | 6.6 |
| 299 | MIKOSZ MARTA | 3255 | | WARSZAWA | POL | OPEN K | 104 | K 104 | 02:52:52 | 04:22:40.85 | 04:22:40.85 | 9:03 | 6.6 |
| 300 | NOWAK PIOTR | 3275 | | MSZANKA | POL | OPEN M | 196 | M 196 | 02:43:44 | 04:22:41.75 | 04:22:41.75 | 9:03 | 6.6 |
| 301 | BOGDAŃSKA KATARZYNA | 3023 | | ŁÓDŹ | POL | OPEN K | 105 | K 105 | 02:54:40 | 04:22:43.50 | 04:22:43.50 | 9:03 | 6.6 |
| 302 | MILEWSKA DOMINIKA | 3256 | | ŁÓDŹ | POL | OPEN K | 106 | K 106 | 02:54:16 | 04:22:43.70 | 04:22:43.70 | 9:03 | 6.6 |
| 303 | MASZKOWSKI RAFAŁ | 3242 | | LUBLIN | POL | OPEN M | 197 | M 197 | 03:01:21 | 04:22:51.35 | 04:22:51.35 | 9:03 | 6.6 |
| 304 | GÓRAJEK MICHAŁ | 3114 | ALA&LILA | NOWY KRĘPIEC | POL | OPEN M | 198 | M 198 | 02:51:58 | 04:22:58.80 | 04:22:58.80 | 9:04 | 6.6 |
| 305 | WINIARCZYK ŁUKASZ | 3425 | MIKI&OLUŚ&REMUŚ | LUBLIN | POL | OPEN M | 199 | M 199 | 02:50:23 | 04:22:58.95 | 04:22:58.95 | 9:04 | 6.6 |
| 306 | TYMBURSKI MICHAŁ | 3405 | SPARTA LUBLIN | WARSZAWA | POL | OPEN M | 200 | M 200 | 02:52:27 | 04:23:15.30 | 04:23:15.30 | 9:04 | 6.6 |
| 307 | CHMURA-SKERCZYŃSKA NATALIA | 3038 | | WOŁOMIN | POL | OPEN K | 107 | K 107 | 03:00:28 | 04:24:11.55 | 04:24:11.55 | 9:06 | 6.6 |
| 308 | KOŚCIŃSKI TOMASZ | 3180 | | WARSZAWA | POL | OPEN M | 201 | M 201 | 03:00:23 | 04:24:11.70 | 04:24:11.70 | 9:06 | 6.6 |
| 309 | POŹNIAK-STYCZYŃSKA MAJA | 3314 | DDC | PUŁAWY | POL | OPEN K | 108 | K 108 | 02:57:00 | 04:24:34.50 | 04:24:34.50 | 9:07 | 6.6 |
| 310 | CIBORSKA AGNIESZKA | 3043 | NAPRZÓD MŁOCINY | WARSZAWA | POL | OPEN K | 109 | K 109 | 03:01:09 | 04:25:29.25 | 04:25:29.25 | 9:09 | 6.6 |
| 311 | ZIÓŁKOWSKA BOŻENA | 3457 | BIEGUNY WALBA | KROSNO | POL | OPEN K | 110 | K 110 | 02:07:59 | 04:25:40.10 | 04:25:40.10 | 9:09 | 6.5 |
| 312 | KAWA DARIUSZ | 3157 | | ŁAZISKA GÓRNE | POL | OPEN M | 202 | M 202 | 02:59:44 | 04:25:51.85 | 04:25:51.85 | 9:10 | 6.5 |
| 313 | HOPEK ELŻBIETA | 3134 | ULTRAMARYNA | KRAKÓW | POL | OPEN K | 111 | K 111 | 02:59:09 | 04:28:06.95 | 04:28:06.95 | 9:14 | 6.5 |
| 314 | HOPEK TOMASZ | 3133 | AZS AWF KRAKÓW MASTERS | KRAKÓW | POL | OPEN M | 203 | M 203 | 02:59:04 | 04:28:08.20 | 04:28:08.20 | 9:14 | 6.5 |
| 315 | WNUK JUSTYNA | 3429 | HARDE DZIKI | IWONICZ | POL | OPEN K | 112 | K 112 | 02:57:46 | 04:28:46.80 | 04:28:46.80 | 9:16 | 6.5 |
| 316 | BACHÓRZ AGNIESZKA | 3007 | ND | ZABIERZÓW BOCHEŃSKI | POL | OPEN K | 113 | K 113 | 03:01:02 | 04:29:02.90 | 04:29:02.90 | 9:16 | 6.5 |
| 317 | MADEJ ANNA | 3227 | BESKIDZKIE RYSIE RUNNING TEAM | JASŁO | POL | OPEN K | 114 | K 114 | 02:57:36 | 04:29:12.90 | 04:29:12.90 | 9:16 | 6.5 |
| 318 | MIKOŁAJCZYK MAŁGORZATA | 3254 | MIRAZ RACE TEAM | ZABRZE | POL | OPEN K | 115 | K 115 | 02:59:15 | 04:30:05.95 | 04:30:05.95 | 9:18 | 6.4 |
| 319 | SZLĘZAK BARBARA | 3376 | HARDE SUKI I WCZASOWICZE | GLIWICE | POL | OPEN K | 116 | K 116 | 02:56:54 | 04:30:37.40 | 04:30:37.40 | 9:19 | 6.4 |
| 320 | CERAN ANNA | 3036 | 12TRI.PL | WARSZAWA | POL | OPEN K | 117 | K 117 | 02:55:21 | 04:30:56.35 | 04:30:56.35 | 9:20 | 6.4 |
| 321 | SZYDLIK MAREK | 3380 | | ROZOGI | POL | OPEN M | 204 | M 204 | 02:55:11 | 04:32:08.95 | 04:32:08.95 | 9:23 | 6.4 |
| 322 | WIATRÓW MARCIN | 3418 | | WARSZAWA | POL | OPEN M | 205 | M 205 | 03:03:23 | 04:34:23.75 | 04:34:23.75 | 9:27 | 6.3 |
| 323 | LEŃCZUK GRAZYNA | 3214 | BESKIDZKIE RYSIE RUNNING TEAM | JASŁO | POL | OPEN K | 118 | K 118 | 03:00:04 | 04:35:12.25 | 04:35:12.25 | 9:29 | 6.3 |
| 324 | LEŃCZUK ANDRZEJ | 3215 | | JASŁO | POL | OPEN M | 206 | M 206 | 03:00:13 | 04:35:18.05 | 04:35:18.05 | 9:29 | 6.3 |
| 325 | MAJCHROWSKI MARCIN | 3228 | EGGER BISKUPIEC BIEGA | STRAŻÓW | POL | OPEN M | 207 | M 207 | 02:01:01 | 04:35:55.35 | 04:35:55.35 | 9:30 | 6.3 |
| 326 | NADOBNY RADOSŁAW | 3267 | | STARGARD | POL | OPEN M | 208 | M 208 | 02:54:09 | 04:35:55.55 | 04:35:55.55 | 9:30 | 6.3 |
| 327 | NADOBNA KAMILA | 3266 | STARGARD JA SIĘ NIE SCIGAM | STARGARD | POL | OPEN K | 119 | K 119 | 02:54:00 | 04:35:55.55 | 04:35:55.55 | 9:30 | 6.3 |

ŁEMKO TRAIL 30, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|--------------------------------|------|----------------------------------|-------------------|------|--------|--------|-------|----------|-------------|-------------|--------|------|
| 328 | KROLIK ROMAN | 3195 | | KORONOWO | POL | OPEN M | 209 | M 209 | 01:41:09 | 04:35:59.15 | 04:35:59.15 | 9:31 | 6.3 |
| 329 | KAPTUR JAROSŁAW | 3154 | ŻÓRAWSKI TEAM | KATOWICE | POL | OPEN M | 210 | M 210 | 03:00:58 | 04:36:43.55 | 04:36:43.55 | 9:32 | 6.3 |
| 330 | SPRINGER ELŻBIETA | 3361 | | PIEKARY ŚLĄSKIE | POL | OPEN K | 120 | K 120 | 03:00:44 | 04:36:43.55 | 04:36:43.55 | 9:32 | 6.3 |
| 331 | OGAREK ANIA | 3279 | | KATOWICE | POL | OPEN K | 120 | K 120 | 03:00:37 | 04:36:43.55 | 04:36:43.55 | 9:32 | 6.3 |
| 332 | TOCHOWICZ JACEK | 3395 | | KATOWICE | POL | OPEN M | 211 | M 211 | 03:00:52 | 04:36:43.70 | 04:36:43.70 | 9:32 | 6.3 |
| 333 | ŚLIWA ADAM | 3386 | | GORLICE | POL | OPEN M | 212 | M 212 | 02:43:52 | 04:36:47.80 | 04:36:47.80 | 9:32 | 6.3 |
| 334 | CYNARSKI ROLAND | 3048 | HAPPY RUNNERS | BYTOM | POL | OPEN M | 213 | M 213 | 02:55:04 | 04:37:06.50 | 04:37:06.50 | 9:33 | 6.3 |
| 335 | DRAGAN IZABELA | 3066 | | KROSNO | POL | OPEN K | 122 | K 122 | 01:39:19 | 04:37:28.75 | 04:37:28.75 | 9:34 | 6.3 |
| 336 | ROLKA WIKTOR | 3328 | | SZCZECIN | POL | OPEN M | 214 | M 214 | 02:55:26 | 04:37:32.90 | 04:37:32.90 | 9:34 | 6.3 |
| 337 | ROLKA ALEKSANDRA | 3327 | | SZCZECIN | POL | OPEN K | 123 | K 123 | 02:55:15 | 04:37:33.05 | 04:37:33.05 | 9:34 | 6.3 |
| 338 | SOŁTYS TERESA | 3358 | | STAŁOWA WOLA | POL | OPEN K | 124 | K 124 | 03:19:46 | 04:37:52.95 | 04:37:52.95 | 9:34 | 6.3 |
| 339 | BĄSAK JUSTYNA | 3014 | | DWIKOZY | POL | OPEN K | 125 | K 125 | 03:19:54 | 04:37:53.15 | 04:37:53.15 | 9:34 | 6.3 |
| 340 | ŻIŠKA MACIEJ | 3458 | | JASTRZĘBNIK | POL | OPEN M | 215 | M 215 | 03:20:14 | 04:38:33.05 | 04:38:33.05 | 9:36 | 6.2 |
| 341 | SMOCZYŃSKI PIOTR | 3352 | | JULIANÓW | POL | OPEN M | 216 | M 216 | 03:20:24 | 04:38:33.20 | 04:38:33.20 | 9:36 | 6.2 |
| 342 | TROCHANOWSKI KRYSZTOF | 3399 | RUSYNLEM | SOBIN | POL | OPEN M | 217 | M 217 | 03:01:36 | 04:39:07.40 | 04:39:07.40 | 9:37 | 6.2 |
| 343 | TROCHANOWSKA KATARZYNA | 3398 | RUSYN-LEM | SOBIN | POL | OPEN K | 126 | K 126 | 03:01:44 | 04:39:07.45 | 04:39:07.45 | 9:37 | 6.2 |
| 344 | TYLMAN RADOŚLAW | 3404 | | WARSZAWA | POL | OPEN M | 218 | M 218 | 03:16:44 | 04:39:33.10 | 04:39:33.10 | 9:38 | 6.2 |
| 345 | GIERLOTKA JUSTYNA | 3101 | HARDE SUKI I W CZASOWICZE | MIKOŁÓW | POL | OPEN K | 127 | K 127 | 03:19:01 | 04:39:45.95 | 04:39:45.95 | 9:38 | 6.2 |
| 346 | KASZKOWSKA ANIA | 3155 | HARDE SUKI I W CZASOWICZE | KATOWICE | POL | OPEN K | 128 | K 128 | 03:18:30 | 04:39:46.60 | 04:39:46.60 | 9:38 | 6.2 |
| 347 | GIERLOTKA MACIEJ | 3100 | HARDE SUKI I W CZASOWICZE | MIKOŁÓW | POL | OPEN M | 219 | M 219 | 03:18:53 | 04:39:47.75 | 04:39:47.75 | 9:38 | 6.2 |
| 348 | KOZŁOWSKI TOMASZ | 3191 | HARDE SUKI I W CZASOWICZE | KATOWICE | POL | OPEN M | 220 | M 220 | 03:18:26 | 04:39:49.10 | 04:39:49.10 | 9:38 | 6.2 |
| 349 | ŚPIAK-JADŁOŚC JOANNA | 3389 | RUSYN LEM | WROCŁAW | POL | OPEN K | 129 | K 129 | 03:19:32 | 04:39:59.50 | 04:39:59.50 | 9:39 | 6.2 |
| 350 | SZYMAŃSKI MARIUSZ | 3383 | | MIŃSK MAZOWIECKI | POL | OPEN M | 221 | M 221 | 03:17:58 | 04:40:26.95 | 04:40:26.95 | 9:40 | 6.2 |
| 351 | KUPIEC DARIUSZ | 3207 | MKB DREPTAK | MIŃSK MAZOWIECKI | POL | OPEN M | 222 | M 222 | 03:18:04 | 04:40:27.20 | 04:40:27.20 | 9:40 | 6.2 |
| 352 | ZACŁONA KRZYSZTOF | 3443 | SAINT - GOBAIN SQUAD | KLUCZE | POL | OPEN M | 223 | M 223 | 03:19:13 | 04:40:59.00 | 04:40:59.00 | 9:41 | 6.2 |
| 353 | ZGÓRSKI MACIEJ | 3454 | | BYDGOSZCZ | POL | OPEN M | 224 | M 224 | 03:19:07 | 04:41:47.95 | 04:41:47.95 | 9:43 | 6.2 |
| 354 | CHOMIAK DARIUSZ | 3041 | | GORZÓW WLKP | POL | OPEN M | 225 | M 225 | 03:20:34 | 04:42:13.60 | 04:42:13.60 | 9:43 | 6.2 |
| 355 | LESKIW OLGA | 3217 | | SĘKÓWA | POL | OPEN K | 130 | K 130 | 03:20:49 | 04:43:53.60 | 04:43:53.60 | 9:47 | 6.1 |
| 356 | NITSCH TOMASZ | 3272 | | WARSZAWA (WESOŁA) | POL | OPEN M | 226 | M 226 | 03:17:42 | 04:44:01.30 | 04:44:01.30 | 9:47 | 6.1 |
| 357 | NITSCH JOANNA | 3470 | | WARSZAWA (WESOŁA) | POL | OPEN K | 131 | K 131 | 03:17:20 | 04:44:01.35 | 04:44:01.35 | 9:47 | 6.1 |
| 358 | ZWIEROWICZ AGNIESZKA | 3459 | | BRAUNSCHWEIG | GER | OPEN K | 132 | K 132 | | 04:44:06.70 | 04:44:06.70 | 9:47 | 6.1 |
| 359 | SZAŁSKA ELŻBIETA | 3369 | | TORUŃ | POL | OPEN K | 133 | K 133 | 03:01:31 | 04:44:21.70 | 04:44:21.70 | 9:48 | 6.1 |
| 360 | GALESKI STANISLAW | 3086 | KLUB SPORTOWY PSTRONG | DRESDEN | GER | OPEN M | 227 | M 227 | | 04:44:21.75 | 04:44:21.75 | 9:48 | 6.1 |
| 361 | ZAJĄC AGA | 3444 | 77CATS_ULTRA | JÓZEFOSŁAW | POL | OPEN K | 134 | K 134 | 03:17:50 | 04:44:23.25 | 04:44:23.25 | 9:48 | 6.1 |
| 362 | WALUGA MICHAŁ | 3413 | | PEŁCZYCE | POL | OPEN M | 228 | M 228 | 03:01:53 | 04:44:24.00 | 04:44:24.00 | 9:48 | 6.1 |
| 363 | GAWĘDZKI RAFAŁ | 3097 | | OBORNIKI ŚLĄSKIE | POL | OPEN M | 229 | M 229 | 03:03:35 | 04:45:13.50 | 04:45:13.50 | 9:50 | 6.1 |
| 364 | IZDEBSKA RENATA | 3139 | | LUBLIN | POL | OPEN K | 135 | K 135 | 03:21:04 | 04:46:57.15 | 04:46:57.15 | 9:53 | 6.1 |
| 365 | MIELCZAREK PIOTR | 3250 | | MĘDLÓW | POL | OPEN M | 230 | M 230 | | 04:47:18.15 | 04:47:18.15 | 9:54 | 6.1 |
| 366 | SZRENIAWA WALDEMAR | 3377 | MIRAZ RACE TEAM | NIEPOŁOMICE | POL | OPEN M | 231 | M 231 | 03:03:29 | 04:47:23.35 | 04:47:23.35 | 9:54 | 6.1 |
| 367 | ISKRA ALICJA | 3138 | MIRAZ RACE TEAM | NIEPOŁOMICE | POL | OPEN K | 136 | K 136 | 03:16:32 | 04:47:23.40 | 04:47:23.40 | 9:54 | 6.1 |
| 368 | BACZUK JAKUB | 3008 | | WARSZAWA | POL | OPEN M | 232 | M 232 | 02:40:26 | 04:49:13.20 | 04:49:13.20 | 9:58 | 6 |
| 369 | ROMANOWSKI KRYSZTOF | 3330 | OTF | WARSZAWA | POL | OPEN M | 233 | M 233 | 03:02:01 | 04:51:18.70 | 04:51:18.70 | 10:02 | 6 |
| 370 | KOŁAČIŃSKA EWELINA | 3172 | LEŚNE SZYCHY | WARSZAWA | POL | OPEN K | 137 | K 137 | 03:21:37 | 04:51:37.05 | 04:51:37.05 | 10:03 | 6 |
| 371 | BAJUS ALEKSANDRA | 3010 | RUSYNLEM | GŁADYSZÓW | POL | OPEN K | 138 | K 138 | 03:19:25 | 04:53:51.90 | 04:53:51.90 | 10:07 | 5.9 |
| 372 | WÓJTOWICZ IZABELA | 3436 | | PIASECZNO | POL | OPEN K | 139 | K 139 | 03:23:19 | 04:54:10.45 | 04:54:10.45 | 10:08 | 5.9 |
| 373 | SIKORA MALGORZATA | 3342 | | ZABORÓW | POL | OPEN K | 140 | K 140 | 03:23:03 | 04:54:25.65 | 04:54:25.65 | 10:09 | 5.9 |
| 374 | BAJUS-LEWKOWICZ OKSANA | 3011 | RUSYNLEM | WROCŁAW | AFG | OPEN K | 141 | K 141 | 03:19:38 | 04:55:26.10 | 04:55:26.10 | 10:11 | 5.9 |
| 375 | TARNOWSKI PAWEŁ | 3393 | BRACTWO BIEGOWE BGK | LUBLIN | POL | OPEN M | 234 | M 234 | 03:22:03 | 04:56:58.45 | 04:56:58.45 | 10:14 | 5.9 |
| 376 | JĘDRZEJEK KINGA | 3147 | HAPPY RUNNERS | JAWORZNO | POL | OPEN K | 142 | K 142 | 03:21:42 | 04:56:58.75 | 04:56:58.75 | 10:14 | 5.9 |
| 377 | BIELIŃSKI MICHAŁ | 3018 | WERARMY | GORZKÓW | POL | OPEN M | 235 | M 235 | 03:20:59 | 04:57:21.45 | 04:57:21.45 | 10:15 | 5.9 |
| 378 | BOLIGŁOWA MAŁGORZATA | 3024 | | KRAKÓW | POL | OPEN K | 143 | K 143 | 03:02:08 | 04:57:36.00 | 04:57:36.00 | 10:15 | 5.8 |
| 379 | CZEKAJ KATARZYNA | 3055 | | GŁOWIENKA | POL | OPEN K | 144 | K 144 | 03:16:37 | 04:57:36.05 | 04:57:36.05 | 10:15 | 5.8 |
| 380 | BRZEŠKA EDYTA | 3032 | ŁOMIANKOWSKA GRUPA BIEGOWA | ŁOMIANKI | POL | OPEN K | 145 | K 145 | 03:18:42 | 04:58:16.30 | 04:58:16.30 | 10:17 | 5.8 |
| 381 | GRZYWIŃSKA-MIERZEJEWSKA MONIKA | 3122 | | LUBLIN | POL | OPEN K | 146 | K 146 | 03:21:34 | 04:58:16.40 | 04:58:16.40 | 10:17 | 5.8 |
| 382 | DOMINIAK-LESZCZYŃSKA ELŻBIETA | 3065 | LASY WAWERSKIE | WARSZAWA | POL | OPEN K | 147 | K 147 | 03:22:49 | 04:58:39.40 | 04:58:39.40 | 10:17 | 5.8 |
| 383 | PODGÓRSKA AGATA | 3308 | KLUB SPORTOWY HUSARIA SZCZECINEK | SZCZECINEK | POL | OPEN K | 148 | K 148 | | 05:00:17.05 | 05:00:17.05 | 10:21 | 5.8 |
| 384 | SZTECHMILER KATARZYNA | 3378 | KLUB SPORTOWY HUSARIA SZCZECINEK | SZCZECINEK | POL | OPEN K | 149 | K 149 | 03:22:33 | 05:00:48.75 | 05:00:48.75 | 10:22 | 5.8 |

ŁEMKO TRAIL 30, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|-----------------------------|------|----------------------------------|------------|------|--------|--------|-------|----------|-------------|-------------|--------|------|
| 385 | MIROWSKA ANNA | 3257 | | PRZYŁĘKI | POL | OPEN K | 150 | K 150 | 03:23:12 | 05:05:45.85 | 05:05:45.85 | 10:32 | 5.7 |
| 386 | DUBIECKA AGNIESZKA | 3071 | BIZUTERIASPORTOWA.COM | WARSZAWA | POL | OPEN K | 151 | K 151 | 03:22:58 | 05:07:01.40 | 05:07:01.40 | 10:35 | 5.7 |
| 387 | ŚWIERBUTOWICZ- KAWALEC ANNA | 3391 | HEŃTEAM | LUBLIN | POL | OPEN K | 152 | K 152 | 03:03:17 | 05:08:40.45 | 05:08:40.45 | 10:38 | 5.6 |
| 388 | WASŁOWICZ BARTŁOMIEJ | 3415 | | RZESZÓW | POL | OPEN M | 236 | M 236 | 03:21:21 | 05:09:17.65 | 05:09:17.65 | 10:39 | 5.6 |
| 389 | MHADHBI JOANNA | 3247 | | WARSZAWA | POL | OPEN K | 153 | K 153 | 03:22:53 | 05:09:53.55 | 05:09:53.55 | 10:41 | 5.6 |
| 390 | DAWID KATARZYNA | 3060 | HAPPY RUNNERS | POLSKA | POL | OPEN K | 154 | K 154 | 03:23:29 | 05:12:09.35 | 05:12:09.35 | 10:45 | 5.6 |
| 391 | KOWALCZUK MARTA | 3187 | | MARKI | POL | OPEN K | 155 | K 155 | 03:21:12 | 05:12:37.40 | 05:12:37.40 | 10:46 | 5.6 |
| 392 | PARTYKA NATALIA | 3287 | | WARSZAWA | POL | OPEN K | 156 | K 156 | 03:22:24 | 05:32:28.35 | 05:32:28.35 | 11:27 | 5.2 |
| 393 | GRYCZYŃSKA IZABELA | 3119 | | KATOWICE | POL | OPEN K | 157 | K 157 | 03:24:50 | 05:34:48.45 | 05:34:48.45 | 11:32 | 5.2 |
| 394 | GLIWKA MAŁGORZATA | 3104 | | LUBLIN | POL | OPEN K | 158 | K 158 | 03:22:41 | 05:44:12.80 | 05:44:12.80 | 11:52 | 5.1 |
| 395 | JANICKA KATARZYNA | 3141 | | WARSZAWA | POL | OPEN K | 159 | K 159 | 03:24:30 | 05:48:08.40 | 05:48:08.40 | 12:00 | 5 |
| 396 | KNAP KATARZYNA | 3162 | | BYDGOSZCZ | POL | OPEN K | 160 | K 160 | 02:12:17 | | | 8:32 | 7 |
| | BAROSZ NATALIA PAULINA | 3469 | | KRAKÓW | POL | OPEN K | | | 01:25:01 | DNF | DNF | - | - |
| | SAWICKA AGNIESZKA | 3339 | NIE W SZCZEPIONKĘTEAM | WARSZAWA | POL | OPEN K | | | 02:34:23 | DNF | DNF | - | - |
| | JASTRZĘBSKA ANNA | 3144 | KLUB SPORTOWY HUSARIA SZCZECINEK | SZCZECINEK | POL | OPEN K | | | DNF | DNF | DNF | - | - |

ŁEMKO TRAIL 30, Open K

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|------------------------------|------|---------------------------------|-----------------------|------|--------|--------|------|-------------|-------------|-------------|--------|------|
| 1 | DU CZMAL DOMINIKA | 3072 | AW SZYBCIEJ TEAM | JELEŃ GÓRA | POL | OPEN K | 1 | K 1 | 01:18:42 | 02:32:54.95 | 02:32:54.95 | 5:16 | 11.4 |
| 2 | GAIK NATALIA | 3085 | ŚLIWKA TUITAM | GLASGOW | GBR | OPEN K | 2 | K 2 | 01:21:49 | 02:34:53.35 | 02:34:53.35 | 5:20 | 11.2 |
| 3 | KWIATKOWSKA KINGA | 3001 | HOKA GARMIN TEAM | RADKÓW | POL | OPEN K | 3 | K 3 | 01:24:46 | 02:41:06.90 | 02:41:06.90 | 5:33 | 10.8 |
| 4 | MARCHUK WIOLETTA | 3238 | | KRAKÓW | POL | OPEN K | 4 | K 4 | 01:23:11 | 02:41:29.20 | 02:41:29.20 | 5:34 | 10.8 |
| 5 | MAJEWSKA AGATA | 3229 | | WROCŁAW | POL | OPEN K | 5 | K 5 | 01:27:59 | 02:51:35.05 | 02:51:35.05 | 5:55 | 10.1 |
| 6 | SZTORC JOANNA | 3379 | | KRAKÓW | POL | OPEN K | 6 | K 6 | 01:37:03 | 02:59:35.30 | 02:59:35.30 | 6:11 | 9.7 |
| 7 | ZALEWSKA ANNA | 3448 | BBL ZDUŃSKA WOLA | ZDUŃSKA WOLA | POL | OPEN K | 7 | K 7 | 01:39:32 | 03:05:17.95 | 03:05:17.95 | 6:23 | 9.4 |
| 8 | ŚLUSARCZYK EDYTA | 3387 | | JASŁO | POL | OPEN K | 8 | K 8 | 01:37:27 | 03:06:16.20 | 03:06:16.20 | 6:25 | 9.3 |
| 9 | JACHYM-DREWNIAK JOANNA | 3471 | CENTRUM ZDROWIA BIEGACZA KRAKÓW | KRAKÓW | | OPEN K | 9 | K 9 | 01:40:35 | 03:08:08.90 | 03:08:08.90 | 6:29 | 9.2 |
| 10 | WITEK ALEKSANDRA | 3427 | | GRUSZCZYN | POL | OPEN K | 10 | K 10 | 01:40:41 | 03:09:37.85 | 03:09:37.85 | 6:32 | 9.2 |
| 11 | KIEBŃ EWELINA | 3158 | PRZEWORSKA GRUPA BIEGOWA | PRZEWORSK | POL | OPEN K | 11 | K 11 | 01:41:44 | 03:11:26.40 | 03:11:26.40 | 6:36 | 9.1 |
| 12 | MIGDAŁ KATARZYNA | 3252 | SWORDS ATHLETICS | WARSZAWA | POL | OPEN K | 12 | K 12 | 01:41:26 | 03:13:56.95 | 03:13:56.95 | 6:41 | 9 |
| 13 | MIDOR KAROLINA | 3249 | OMASZ.TEAM | WROCŁAW | POL | OPEN K | 13 | K 13 | 01:39:46 | 03:16:05.85 | 03:16:05.85 | 6:45 | 8.9 |
| 14 | HURAS MONIKA | 3135 | ITMBW KRAKÓW | KRAKÓW | POL | OPEN K | 14 | K 14 | 01:38:16 | 03:16:43.05 | 03:16:43.05 | 6:47 | 8.8 |
| 15 | KOWALSKA AGNIESZKA | 3190 | | WIELKA WIEŚ | POL | OPEN K | 15 | K 15 | 01:42:05 | 03:17:26.35 | 03:17:26.35 | 6:48 | 8.8 |
| 16 | ADAMSKA ZOFIA | 3004 | | POZNAŃ | POL | OPEN K | 16 | K 16 | 01:42:23 | 03:20:24.35 | 03:20:24.35 | 6:54 | 8.7 |
| 17 | KULIK KAROLINA | 3205 | | SKWIERZYNA | POL | OPEN K | 17 | K 17 | 02:01:07 | 03:24:48.15 | 03:24:48.15 | 7:03 | 8.5 |
| 18 | HARASIMOWICZ ALEKSANDRA | 3127 | PRZEDWOJEWSKI TEAM | WARSZAWA | POL | OPEN K | 18 | K 18 | 01:42:51 | 03:25:12.80 | 03:25:12.80 | 7:04 | 8.5 |
| 19 | KOSIŃSKA ANNA | 3179 | | WARSZAWA | POL | OPEN K | 19 | K 19 | 02:02:10 | 03:25:29.30 | 03:25:29.30 | 7:05 | 8.5 |
| 20 | DRAG JUSTYNA | 3068 | INFINITIGYM - ŁUKASZ SZAPORÓW | KRAKÓW | POL | OPEN K | 20 | K 20 | 02:01:59 | 03:27:40.80 | 03:27:40.80 | 7:09 | 8.4 |
| 21 | ŚWIĄTEK MONIKA | 3390 | ASICSFRONTRUNNER POLAND | WARSZAWA | POL | OPEN K | 21 | K 21 | 01:57:57 | 03:27:58.85 | 03:27:58.85 | 7:10 | 8.4 |
| 22 | RADOSZEK- ZAKRZYŃSKA BARBARA | 3321 | CSC ADVENTURE ACADEMY | NOWY TARG | POL | OPEN K | 22 | K 22 | 01:54:41 | 03:28:55.30 | 03:28:55.30 | 7:12 | 8.3 |
| 23 | MORDARSKA ANGELIKA | 3261 | #R | GRABOWNICA STARZEŃSKA | POL | OPEN K | 23 | K 23 | 02:02:56 | 03:29:24.75 | 03:29:24.75 | 7:13 | 8.3 |
| 24 | HEJDUK MONIKA | 3128 | UMCS BIEGA | LUBLIN | POL | OPEN K | 24 | K 24 | 03:30:25.70 | 03:30:25.70 | 03:30:25.70 | 7:15 | 8.3 |
| 25 | KURPISZ ANIELA | 3209 | SWORDS ATHLETICS | BIELSKO-BIAŁA | POL | OPEN K | 25 | K 25 | 01:53:43 | 03:32:52.60 | 03:32:52.60 | 7:20 | 8.2 |
| 26 | SADAJ ANNA | 3336 | ANIA I CHŁOPAKI | KRAKÓW | POL | OPEN K | 26 | K 26 | 02:03:04 | 03:33:01.20 | 03:33:01.20 | 7:20 | 8.2 |
| 27 | CZERNIAK ANNA | 3056 | VEGE RUNNERS / RUCH IZBICA | KRASNYSTAW | POL | OPEN K | 27 | K 27 | 02:04:51 | 03:34:02.95 | 03:34:02.95 | 7:22 | 8.1 |
| 28 | KOSTKA MAŁGORZATA | 3183 | CUBE TEAM | KROŚCIENKO WYŻNE | POL | OPEN K | 28 | K 28 | 01:57:46 | 03:34:16.25 | 03:34:16.25 | 7:23 | 8.1 |
| 29 | KOCZY-ŁUSIAK SYLWIA | 3167 | 3COACH | GLIWICE | POL | OPEN K | 29 | K 29 | 02:05:57 | 03:35:20.65 | 03:35:20.65 | 7:25 | 8.1 |
| 30 | MOŻEJKO JADWIGA | 3262 | NIEPOŁOMICE BIEGAJĄ | NIEPOŁOMICE | POL | OPEN K | 30 | K 30 | 02:10:21 | 03:35:33.50 | 03:35:33.50 | 7:25 | 8.1 |
| 31 | PENCONEK AGATA | 3295 | | WARSZAWA | POL | OPEN K | 31 | K 31 | 03:36:46.85 | 03:36:46.85 | 03:36:46.85 | 7:28 | 8 |
| 32 | GARCZYŃSKA ANIA | 3094 | | KATOWICE | POL | OPEN K | 32 | K 32 | 02:05:02 | 03:37:52.15 | 03:37:52.15 | 7:30 | 8 |
| 33 | ŻUK-LIPIŃSKA EWELINA | 3462 | | WARSZAWA | POL | OPEN K | 33 | K 33 | 02:05:51 | 03:38:28.05 | 03:38:28.05 | 7:32 | 8 |
| 34 | WÓLKIEWICZ DOROTA | 3437 | TEAM ZABIEGANEDNI | PRUSZKÓW | POL | OPEN K | 34 | K 34 | 02:06:52 | 03:39:19.25 | 03:39:19.25 | 7:33 | 7.9 |
| 35 | FRANCZAK KATARZYNA | 3081 | | KRAKOW | POL | OPEN K | 35 | K 35 | 02:07:14 | 03:43:43.05 | 03:43:43.05 | 7:42 | 7.8 |

ŁEMKO TRAIL 30, Open K c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|----------------------------------|------|--|-------------------|------|--------|--------|------|-------------|-------------|-------------|--------|------|
| 36 | NIESIOBĘDZKA KATARZYNA | 3270 | | OLSZTYN | POL | OPEN K | 36 | K 36 | 02:05:15 | 03:45:02.25 | 03:45:02.25 | 7:45 | 7.7 |
| 37 | WYSOCKA IWONA | 3440 | KS JANUSZE | GIEDLAROWA | POL | OPEN K | 37 | K 37 | 02:04:16 | 03:45:49.60 | 03:45:49.60 | 7:47 | 7.7 |
| 38 | PIĘTKA MARZENA | 3300 | BRAVEHEARTS LEGIONOWO | LEGIONOWO | POL | OPEN K | 38 | K 38 | 02:05:45 | 03:46:07.00 | 03:46:07.00 | 7:47 | 7.7 |
| 39 | GARBATY ANNA | 3093 | | KOLBUSZOWA | POL | OPEN K | 39 | K 39 | 02:07:37 | 03:47:01.50 | 03:47:01.50 | 7:49 | 7.7 |
| 40 | DRUŻKOWSKA MONIKA | 3070 | | WARSZAWA | POL | OPEN K | 40 | K 40 | 02:10:41 | 03:47:22.00 | 03:47:22.00 | 7:50 | 7.7 |
| 41 | HETMAŃCZYK AGNIESZKA | 3130 | #CZELADZBIEGA | CZELADŹ | POL | OPEN K | 41 | K 41 | 02:09:45 | 03:48:29.80 | 03:48:29.80 | 7:52 | 7.6 |
| 42 | PIWOWARCZYK MAGDALENA | 3305 | | TURKA | POL | OPEN K | 42 | K 42 | 02:11:20 | 03:48:48.20 | 03:48:48.20 | 7:53 | 7.6 |
| 43 | WIĘCEK PAULINA | 3422 | | LEGIONOWO | POL | OPEN K | 43 | K 43 | 02:13:05 | 03:49:40.40 | 03:49:40.40 | 7:55 | 7.6 |
| 44 | KOWALCZYK OLGA | 3188 | SWORDS ATHLETICS | WARSZAWA | POL | OPEN K | 44 | K 44 | 02:08:32 | 03:49:48.85 | 03:49:48.85 | 7:55 | 7.6 |
| 45 | GONZALEZ GUILLEN ANABEL BERENICE | 3113 | | KRAKOW | POL | OPEN K | 45 | K 45 | 02:33:56 | 03:50:11.20 | 03:50:11.20 | 7:56 | 7.6 |
| 46 | ZATORSKA KATARZYNA | 3451 | LSYP ACTIVE! | GDAŃSK | POL | OPEN K | 46 | K 46 | 02:09:51 | 03:50:27.25 | 03:50:27.25 | 7:56 | 7.6 |
| 47 | GUSTAW MALGORZATA | 3123 | HARDE SUKI I WCZASOWICZE | MIKOŁÓW | POL | OPEN K | 47 | K 47 | 02:10:09 | 03:51:40.00 | 03:51:40.00 | 7:59 | 7.5 |
| 48 | GONCERZEWCZ ANNA | 3111 | ASICS FRONTRUNNER/STARE BABICE BIEGAJĄ | KWIRYNÓW | POL | OPEN K | 48 | K 48 | 02:34:12 | 03:53:23.20 | 03:53:23.20 | 8:02 | 7.5 |
| 49 | PRZYBYLSKA KATARZYNA | 3315 | WITKOWO BIEGA | WITKOWO | POL | OPEN K | 49 | K 49 | 02:09:27 | 03:55:08.55 | 03:55:08.55 | 8:06 | 7.4 |
| 50 | KAWA WIOLETTA | 3156 | | ZALASOWA | POL | OPEN K | 50 | K 50 | 03:55:13.05 | 03:55:13.05 | 03:55:13.05 | 8:06 | 7.4 |
| 51 | KRYSA HALINA | 3199 | ROZBIEGANA BABCIA | LUBLIN | POL | OPEN K | 51 | K 51 | 02:40:41 | 03:56:20.90 | 03:56:20.90 | 8:08 | 7.4 |
| 52 | BABICKA OLGA | 3006 | | JÓZEFOSŁAW | POL | OPEN K | 52 | K 52 | 02:35:36 | 03:56:33.60 | 03:56:33.60 | 8:09 | 7.4 |
| 53 | LUBOWIECKA KATARZYNA | 3221 | | WARSZAWA | POL | OPEN K | 53 | K 53 | 02:09:20 | 03:56:55.50 | 03:56:55.50 | 8:10 | 7.3 |
| 54 | DEC MARZENA | 3062 | | MIKOŁÓW | POL | OPEN K | 54 | K 54 | 02:36:11 | 03:56:57.65 | 03:56:57.65 | 8:10 | 7.3 |
| 55 | LEŚNIAK IZABELA | 3220 | | KRAKÓW | POL | OPEN K | 55 | K 55 | 02:35:58 | 03:57:50.10 | 03:57:50.10 | 8:12 | 7.3 |
| 56 | JASKÓLSKA JOANNA | 3143 | | POZNAŃ | POL | OPEN K | 56 | K 56 | 02:13:23 | 03:58:22.15 | 03:58:22.15 | 8:13 | 7.3 |
| 57 | CISKOWSKA WERONIKA | 3045 | | KRAKOW | POL | OPEN K | 57 | K 57 | 03:59:12.75 | 03:59:12.75 | 03:59:12.75 | 8:14 | 7.3 |
| 58 | SZELAĞIEWICZ PATRYCJA | 3374 | | SZCZECIN | POL | OPEN K | 58 | K 58 | 02:33:50 | 03:59:19.35 | 03:59:19.35 | 8:15 | 7.3 |
| 59 | STANOSZ-CHEŁKOWSKA ANETA | 3365 | HARDE DZIKI | CHYROWA | POL | OPEN K | 59 | K 59 | 02:13:10 | 04:00:12.75 | 04:00:12.75 | 8:16 | 7.2 |
| 60 | TARNAWSKA ANNA | 3392 | UKS LIDER SIERCZA | WIELICZKA | POL | OPEN K | 60 | K 60 | 02:35:43 | 04:02:39.45 | 04:02:39.45 | 8:22 | 7.2 |
| 61 | SOWA-LEWANDOWSKA KATARZYNA | 3360 | UKS LIDER/ TECHNIKAM | WIELICZKA | POL | OPEN K | 60 | K 60 | 04:02:34.02 | 04:02:39.45 | 04:02:39.45 | 8:22 | 7.2 |
| 62 | KOISZEWSKA IZABELA | 3168 | KLUB 42,2 LĘBORK | LĘBORK | POL | OPEN K | 62 | K 62 | 02:43:17 | 04:02:59.60 | 04:02:59.60 | 8:22 | 7.2 |
| 63 | GLINKOWSKA MONIKA | 3103 | | KRAKÓW | POL | OPEN K | 63 | K 63 | 02:45:16 | 04:03:03.30 | 04:03:03.30 | 8:22 | 7.2 |
| 64 | MISIUREWICZ ROZANNA | 3259 | | WARSZAWA | POL | OPEN K | 64 | K 64 | 02:11:33 | 04:03:38.35 | 04:03:38.35 | 8:24 | 7.1 |
| 65 | GOMUŁKA KATARZYNA | 3110 | GORLICKA GRUPA BIEGOWA | GORLICE | POL | OPEN K | 65 | K 65 | 02:11:06 | 04:03:41.05 | 04:03:41.05 | 8:24 | 7.1 |
| 66 | RYBACZUK EWELINA | 3333 | | LUBLIN | POL | OPEN K | 66 | K 66 | 02:42:16 | 04:04:00.05 | 04:04:00.05 | 8:24 | 7.1 |
| 67 | TYLKA GOSJA | 3403 | | LEGNICA | POL | OPEN K | 67 | K 67 | 02:43:39 | 04:05:42.00 | 04:05:42.00 | 8:28 | 7.1 |
| 68 | MALARA ANNA | 3233 | 3COACH | KATOWICE | POL | OPEN K | 68 | K 68 | 02:11:54 | 04:06:00.25 | 04:06:00.25 | 8:28 | 7.1 |
| 69 | CZAPLIŃSKIA WIOLETTA | 3051 | | OSTROŁĘKA | POL | OPEN K | 69 | K 69 | 02:43:57 | 04:06:44.75 | 04:06:44.75 | 8:30 | 7.1 |
| 70 | CHODZIŃSKA MARIOLA | 3039 | | RZESZÓW | POL | OPEN K | 70 | K 70 | | 04:06:59.15 | 04:06:59.15 | 8:31 | 7 |
| 71 | CIURYK-KOSOWSKA JULIA | 3046 | RUSYNLEM | WIRCHNIA | POL | OPEN K | 71 | K 71 | 02:12:26 | 04:07:33.90 | 04:07:33.90 | 8:32 | 7 |
| 72 | BŁASZCZAK ANNA | 3021 | | JANUSZOWICE | POL | OPEN K | 72 | K 72 | 02:45:03 | 04:07:42.90 | 04:07:42.90 | 8:32 | 7 |
| 73 | STOLARZ MARTA | 3367 | NIEPOŁOMICIE BIEGAJĄ | WIELICZKA | POL | OPEN K | 73 | K 73 | 02:44:54 | 04:09:18.15 | 04:09:18.15 | 8:35 | 7 |
| 74 | DOMINIAK EMILIA | 3064 | | GNIEZNO | POL | OPEN K | 74 | K 74 | 02:44:27 | 04:09:19.70 | 04:09:19.70 | 8:35 | 7 |
| 75 | BAJOŁEK ALEKSANDRA | 3009 | AZS AWF KRAKOW MASTERS | KRAKÓW | POL | OPEN K | 75 | K 75 | 02:51:39 | 04:09:27.05 | 04:09:27.05 | 8:36 | 7 |
| 76 | GŁUSZKOWSKA MONIKA | 3105 | TEAMZABIEGANEDNI | WARSZAWA | POL | OPEN K | 76 | K 76 | 02:11:42 | 04:09:42.20 | 04:09:42.20 | 8:36 | 7 |
| 77 | KIM RENATA | 3160 | TEAM ZABIEGANEDNI | WARSZAWA | POL | OPEN K | 77 | K 77 | 02:44:14 | 04:10:01.05 | 04:10:01.05 | 8:37 | 7 |
| 78 | KORPAK MARTA | 3177 | | WILKOWICE | POL | OPEN K | 78 | K 78 | 02:55:29 | 04:10:30.95 | 04:10:30.95 | 8:38 | 6.9 |
| 79 | MAKSYMIOUK MAGDALENA | 3232 | | WARSZAWA | POL | OPEN K | 79 | K 79 | 02:42:38 | 04:11:24.80 | 04:11:24.80 | 8:40 | 6.9 |
| 80 | REKOSIEWICZ-TOKARZ MONIKA | 3326 | ZAWADZKA TEAM | GŁOGÓW MAŁOPOLSKI | POL | OPEN K | 80 | K 80 | 02:50:47 | 04:11:31.15 | 04:11:31.15 | 8:40 | 6.9 |
| 81 | GIERAŁT URSZULA | 3099 | | KRAKÓW | POL | OPEN K | 81 | K 81 | 02:41:52 | 04:11:38.00 | 04:11:38.00 | 8:40 | 6.9 |
| 82 | CZAJKA AGATA | 3050 | WSL | ŁÓDŹ | POL | OPEN K | 82 | K 82 | 02:37:06 | 04:11:54.00 | 04:11:54.00 | 8:41 | 6.9 |
| 83 | GRANOWSKA MARTA | 3116 | | BIENIEWICE | POL | OPEN K | 83 | K 83 | 02:40:35 | 04:12:46.55 | 04:12:46.55 | 8:42 | 6.9 |
| 84 | MICHALCZYK ANNA | 3248 | NAPRZÓD MŁOCINY | WARSZAWA | POL | OPEN K | 84 | K 84 | 02:51:50 | 04:13:20.40 | 04:13:20.40 | 8:44 | 6.9 |
| 85 | LEJMAN-KUDŁA KAMILA | 3213 | | WARSZAWA | POL | OPEN K | 85 | K 85 | 02:45:31 | 04:13:25.70 | 04:13:25.70 | 8:44 | 6.9 |
| 86 | ZIĘBA ANNA | 3455 | | KRAKÓW | POL | OPEN K | 86 | K 86 | 02:53:54 | 04:14:13.05 | 04:14:13.05 | 8:45 | 6.8 |
| 87 | PABIAŃCZYK MAŁGORZATA | 3284 | | KRAKÓW | POL | OPEN K | 87 | K 87 | 02:50:04 | 04:15:39.65 | 04:15:39.65 | 8:48 | 6.8 |
| 88 | MAŁECKA-NOWAK NATALIA | 3236 | RUSYNLEM | BIECZ | POL | OPEN K | 88 | K 88 | 02:53:44 | 04:16:05.60 | 04:16:05.60 | 8:49 | 6.8 |
| 89 | CIERPIAŁ KAROLINA | 3044 | | MYŚLENICE | POL | OPEN K | 89 | K 89 | 02:41:17 | 04:16:19.70 | 04:16:19.70 | 8:50 | 6.8 |
| 90 | BIŻEK KATARZYNA | 3019 | SPARTA | STRZYŻEWICE | POL | OPEN K | 90 | K 90 | 02:44:21 | 04:16:31.90 | 04:16:31.90 | 8:50 | 6.8 |
| 91 | DZIŻA-URBANIAK NATALIA | 3075 | | KARNIOWICE | POL | OPEN K | 91 | K 91 | | 04:16:45.80 | 04:16:45.80 | 8:51 | 6.8 |

ŁEMKO TRAIL 30, Open K c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|--------------------------------|------|----------------------------------|---------------------|------|--------|--------|-------|----------|-------------|-------------|--------|------|
| 92 | SZCZECZLA-RUCHAŁA ANNA | 3370 | | KRAKÓW | POL | OPEN K | 92 | K 92 | 02:54:46 | 04:17:03.95 | 04:17:03.95 | 8:51 | 6.8 |
| 93 | TWARDZIK LAURA | 3402 | | PULAWY | POL | OPEN K | 93 | K 93 | 02:57:56 | 04:17:30.60 | 04:17:30.60 | 8:52 | 6.8 |
| 94 | TOMAKA JADWIGA | 3396 | SZKÓŁKA ROLKOWA WODZU | RZESZOW | POL | OPEN K | 94 | K 94 | 02:57:29 | 04:18:57.75 | 04:18:57.75 | 8:55 | 6.7 |
| 95 | SIOREK KATARZYNA | 3346 | WILQ TEAM | RZESZÓW | POL | OPEN K | 95 | K 95 | 02:57:40 | 04:19:13.05 | 04:19:13.05 | 8:56 | 6.7 |
| 96 | CYGAN ANNA | 3047 | BLACK HAT ULTRA | WARSZAWA | POL | OPEN K | 96 | K 96 | 02:52:48 | 04:19:15.95 | 04:19:15.95 | 8:56 | 6.7 |
| 97 | GACKA WIOLETA | 3084 | | WARSZAWA | POL | OPEN K | 97 | K 97 | 02:57:04 | 04:19:19.35 | 04:19:19.35 | 8:56 | 6.7 |
| 98 | GARBACZ KAMILA | 3092 | | WARSZAWA | POL | OPEN K | 98 | K 98 | 02:57:26 | 04:19:42.80 | 04:19:42.80 | 8:57 | 6.7 |
| 99 | LEPAK ALEKSANDRA | 3216 | | KRAKÓW | POL | OPEN K | 99 | K 99 | 02:44:47 | 04:20:23.65 | 04:20:23.65 | 8:58 | 6.7 |
| 100 | WIERZBIKA EWA | 3420 | | NAGÓRZANY | POL | OPEN K | 100 | K 100 | 02:55:55 | 04:20:55.30 | 04:20:55.30 | 8:59 | 6.7 |
| 101 | MASZKOWSKA ANNA | 3241 | | LUBLIN | POL | OPEN K | 101 | K 101 | 03:01:14 | 04:21:08.45 | 04:21:08.45 | 9:00 | 6.7 |
| 102 | GOLA KAROLINA | 3107 | | ZABIERZÓW | POL | OPEN K | 102 | K 102 | 02:58:55 | 04:22:09.75 | 04:22:09.75 | 9:02 | 6.6 |
| 103 | GWIZDŃ KAROLINA | 3124 | BESKIDZKIE RYSIE RUNNING TEAM | SIEKLÓWKA | POL | OPEN K | 103 | K 103 | 02:57:17 | 04:22:35.05 | 04:22:35.05 | 9:03 | 6.6 |
| 104 | MIKOSZ MARTA | 3255 | | WARSZAWA | POL | OPEN K | 104 | K 104 | 02:52:52 | 04:22:40.85 | 04:22:40.85 | 9:03 | 6.6 |
| 105 | BOGDAŃSKA KATARZYNA | 3023 | | ŁÓDŹ | POL | OPEN K | 105 | K 105 | 02:54:40 | 04:22:43.50 | 04:22:43.50 | 9:03 | 6.6 |
| 106 | MILEWSKA DOMINIKA | 3256 | | ŁÓDŹ | POL | OPEN K | 106 | K 106 | 02:54:16 | 04:22:43.70 | 04:22:43.70 | 9:03 | 6.6 |
| 107 | CHMURA-SKERCZYŃSKA NATALIA | 3038 | | WOŁOMIN | POL | OPEN K | 107 | K 107 | 03:00:28 | 04:24:11.55 | 04:24:11.55 | 9:06 | 6.6 |
| 108 | POŹNIAK-STYCZYŃSKA MAJA | 3314 | DDC | PULAWY | POL | OPEN K | 108 | K 108 | 02:57:00 | 04:24:34.50 | 04:24:34.50 | 9:07 | 6.6 |
| 109 | CIBORSKA AGNIESZKA | 3043 | NAPRZÓD MŁOCINY | WARSZAWA | POL | OPEN K | 109 | K 109 | 03:01:09 | 04:25:29.25 | 04:25:29.25 | 9:09 | 6.6 |
| 110 | ZIÓLKOWSKA BOŻENA | 3457 | BIEGUNY WALBA | KROSNO | POL | OPEN K | 110 | K 110 | 02:07:59 | 04:25:40.10 | 04:25:40.10 | 9:09 | 6.5 |
| 111 | HOPEK ELŻBIETA | 3134 | ULTRAMARYNA | KRAKÓW | POL | OPEN K | 111 | K 111 | 04:28:59 | 04:28:06.95 | 04:28:06.95 | 9:14 | 6.5 |
| 112 | WNUK JUSTYNA | 3429 | HARDE DZIKI | IWONICZ | POL | OPEN K | 112 | K 112 | 02:57:46 | 04:28:46.80 | 04:28:46.80 | 9:16 | 6.5 |
| 113 | BACHÓRZ AGNIESZKA | 3007 | ND | ZABIERZÓW BOCHEŃSKI | POL | OPEN K | 113 | K 113 | 03:01:02 | 04:29:02.90 | 04:29:02.90 | 9:16 | 6.5 |
| 114 | MADEJ ANNA | 3227 | BESKIDZKIE RYSIE RUNNING TEAM | JASŁO | POL | OPEN K | 114 | K 114 | 02:57:36 | 04:29:12.90 | 04:29:12.90 | 9:16 | 6.5 |
| 115 | MIKOŁAJCZYK MAŁGORZATA | 3254 | MIRAZ RACE TEAM | ZABRZE | POL | OPEN K | 115 | K 115 | 02:59:15 | 04:30:05.95 | 04:30:05.95 | 9:18 | 6.4 |
| 116 | SZŁĘŻAK BARBARA | 3376 | HARDE SUKI I WCZASOWICZE | GLIWICE | POL | OPEN K | 116 | K 116 | 02:56:54 | 04:30:37.40 | 04:30:37.40 | 9:19 | 6.4 |
| 117 | CERAN ANNA | 3036 | 12TRI.PL | WARSZAWA | POL | OPEN K | 117 | K 117 | 02:55:21 | 04:30:56.35 | 04:30:56.35 | 9:20 | 6.4 |
| 118 | LEŃCZUK GRAŻYNA | 3214 | BESKIDZKIE RYSIE RUNNING TEAM | JASŁO | POL | OPEN K | 118 | K 118 | 03:00:04 | 04:35:12.25 | 04:35:12.25 | 9:29 | 6.3 |
| 119 | NADOBNA KAMILA | 3266 | STARGARD JA SIĘ NIE SCIGAM | STARGARD | POL | OPEN K | 119 | K 119 | 02:54:00 | 04:35:55.55 | 04:35:55.55 | 9:30 | 6.3 |
| 120 | OGAREK ANIA | 3279 | | KATOWICE | POL | OPEN K | 120 | K 120 | 03:00:37 | 04:36:43.55 | 04:36:43.55 | 9:32 | 6.3 |
| 121 | SPRINGER ELŻBIETA | 3361 | | PIEKARY ŚLĄSKIE | POL | OPEN K | 120 | K 120 | 03:00:44 | 04:36:43.55 | 04:36:43.55 | 9:32 | 6.3 |
| 122 | DRAGAN IZABELA | 3066 | | KROSNO | POL | OPEN K | 122 | K 122 | 01:39:19 | 04:37:28.75 | 04:37:28.75 | 9:34 | 6.3 |
| 123 | ROLKA ALEKSANDRA | 3327 | | SZCZECIN | POL | OPEN K | 123 | K 123 | 02:55:15 | 04:37:33.05 | 04:37:33.05 | 9:34 | 6.3 |
| 124 | SOŁTYS TERESA | 3358 | | STALOWA WOLA | POL | OPEN K | 124 | K 124 | 03:19:46 | 04:37:52.95 | 04:37:52.95 | 9:34 | 6.3 |
| 125 | BASAK JUSTYNA | 3014 | | DWIKOZY | POL | OPEN K | 125 | K 125 | 03:19:54 | 04:37:53.15 | 04:37:53.15 | 9:34 | 6.3 |
| 126 | TROCHANOWSKA KATARZYNA | 3398 | RUSYN-LEM | SOBIN | POL | OPEN K | 126 | K 126 | 03:01:44 | 04:39:07.45 | 04:39:07.45 | 9:37 | 6.2 |
| 127 | GIERLOTKA JUSTYNA | 3101 | HARDE SUKI I WCZASOWICZE | MIKOŁÓW | POL | OPEN K | 127 | K 127 | 03:19:01 | 04:39:45.95 | 04:39:45.95 | 9:38 | 6.2 |
| 128 | KASZANIA ANIA | 3155 | HARDE SUKI I WCZASOWICZE | KATOWICE | POL | OPEN K | 128 | K 128 | 03:18:30 | 04:39:46.60 | 04:39:46.60 | 9:38 | 6.2 |
| 129 | ŚPIAK-JADŁOSZ JOANNA | 3389 | RUSYN LEM | WROCLAW | POL | OPEN K | 129 | K 129 | 03:19:32 | 04:39:59.50 | 04:39:59.50 | 9:39 | 6.2 |
| 130 | LESKIW OLGA | 3217 | | SĘKOWA | POL | OPEN K | 130 | K 130 | 03:20:49 | 04:43:53.60 | 04:43:53.60 | 9:47 | 6.1 |
| 131 | NITSCH JOANNA | 3470 | | WARSZAWA (WESOŁA) | POL | OPEN K | 131 | K 131 | 03:17:20 | 04:44:01.35 | 04:44:01.35 | 9:47 | 6.1 |
| 132 | ZWIEROWICZ AGNIESZKA | 3459 | | BRAUNSCHWEIG | GER | OPEN K | 132 | K 132 | | 04:44:06.70 | 04:44:06.70 | 9:47 | 6.1 |
| 133 | SZAŁSKA ELŻBIETA | 3369 | | TORUŃ | POL | OPEN K | 133 | K 133 | 03:01:31 | 04:44:21.70 | 04:44:21.70 | 9:48 | 6.1 |
| 134 | ZAJĄC AGA | 3444 | 77CATS_ULTRA | JÓZEFOSŁAW | POL | OPEN K | 134 | K 134 | 03:17:50 | 04:44:23.25 | 04:44:23.25 | 9:48 | 6.1 |
| 135 | IZDEBSKA RENATA | 3139 | | LUBLIN | POL | OPEN K | 135 | K 135 | 03:21:04 | 04:46:57.15 | 04:46:57.15 | 9:53 | 6.1 |
| 136 | ISKRA ALICJA | 3138 | MIRAZ RACE TEAM | NIEPOLOMICE | POL | OPEN K | 136 | K 136 | 03:16:32 | 04:47:23.40 | 04:47:23.40 | 9:54 | 6.1 |
| 137 | KOŁACIŃSKA EWELINA | 3172 | LEŚNE SZYCHY | WARSZAWA | POL | OPEN K | 137 | K 137 | 03:21:37 | 04:51:37.05 | 04:51:37.05 | 10:03 | 6 |
| 138 | BAJUS ALEKSANDRA | 3010 | RUSYNLEM | GŁADYSZÓW | POL | OPEN K | 138 | K 138 | 03:19:25 | 04:53:51.90 | 04:53:51.90 | 10:07 | 5.9 |
| 139 | WÓJTOWICZ IZABELA | 3436 | | PIASECZNO | POL | OPEN K | 139 | K 139 | 03:23:19 | 04:54:10.45 | 04:54:10.45 | 10:08 | 5.9 |
| 140 | SIKORA MAŁGORZATA | 3342 | | ZABORÓW | POL | OPEN K | 140 | K 140 | 03:23:03 | 04:54:25.65 | 04:54:25.65 | 10:09 | 5.9 |
| 141 | BAJUS-LEWKOWICZ OKSANA | 3011 | RUSYNLEM | WROCLAW | AFG | OPEN K | 141 | K 141 | 03:19:38 | 04:55:26.10 | 04:55:26.10 | 10:11 | 5.9 |
| 142 | JĘDRZEJEK KINGA | 3147 | HAPPY RUNNERS | JAWORZNO | POL | OPEN K | 142 | K 142 | 03:21:42 | 04:56:58.75 | 04:56:58.75 | 10:14 | 5.9 |
| 143 | BOLIGŁOWA MAŁGORZATA | 3024 | | KRAKÓW | POL | OPEN K | 143 | K 143 | 03:02:08 | 04:57:36.00 | 04:57:36.00 | 10:15 | 5.8 |
| 144 | CZEKAJ KATARZYNA | 3055 | | GŁOWIENKA | POL | OPEN K | 144 | K 144 | 03:16:37 | 04:57:36.05 | 04:57:36.05 | 10:15 | 5.8 |
| 145 | BRZEŚKA EDYTA | 3032 | ŁOMIANKOWSKA GRUPA BIEGOWA | ŁOMIANKI | POL | OPEN K | 145 | K 145 | 03:18:42 | 04:58:16.30 | 04:58:16.30 | 10:17 | 5.8 |
| 146 | GRZYWIŃSKA-MIERZEJEWSKA MONIKA | 3122 | | LUBLIN | POL | OPEN K | 146 | K 146 | 03:21:34 | 04:58:16.40 | 04:58:16.40 | 10:17 | 5.8 |
| 147 | DOMINIAK-LESZCZYŃSKA ELŻBIETA | 3065 | LASY WAWERSKIE | WARSZAWA | POL | OPEN K | 147 | K 147 | 03:22:49 | 04:58:39.40 | 04:58:39.40 | 10:17 | 5.8 |
| 148 | PODGÓRSKA AGATA | 3308 | KLUB SPORTOWY HUSARIA SZCZECINEK | SZCZECINEK | POL | OPEN K | 148 | K 148 | | 05:00:17.05 | 05:00:17.05 | 10:21 | 5.8 |

ŁEMKO TRAIL 30, Open K c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|-----------------------------|------|----------------------------------|------------|------|--------|--------|-------|----------|-------------|-------------|--------|------|
| 149 | SZTECHMILER KATARZYNA | 3378 | KLUB SPORTOWY HUSARIA SZCZECINEK | SZCZECINEK | POL | OPEN K | 149 | K 149 | 03:22:33 | 05:00:48.75 | 05:00:48.75 | 10:22 | 5.8 |
| 150 | MIROWSKA ANNA | 3257 | | PRZYŁĘKI | POL | OPEN K | 150 | K 150 | 03:23:12 | 05:05:45.85 | 05:05:45.85 | 10:32 | 5.7 |
| 151 | DUBIECKA AGNIESZKA | 3071 | BIZUTERIASPORTOWA.COM | WARSZAWA | POL | OPEN K | 151 | K 151 | 03:22:58 | 05:07:01.40 | 05:07:01.40 | 10:35 | 5.7 |
| 152 | ŚWIERBUTOWICZ- KAWALEC ANNA | 3391 | HENTEAM | LUBLIN | POL | OPEN K | 152 | K 152 | 03:03:17 | 05:08:40.45 | 05:08:40.45 | 10:38 | 5.6 |
| 153 | MHADHBI JOANNA | 3247 | | WARSZAWA | POL | OPEN K | 153 | K 153 | 03:22:53 | 05:09:53.55 | 05:09:53.55 | 10:41 | 5.6 |
| 154 | DAWID KATARZYNA | 3060 | HAPPY RUNNERS | POLSKA | POL | OPEN K | 154 | K 154 | 03:23:29 | 05:12:09.35 | 05:12:09.35 | 10:45 | 5.6 |
| 155 | KOWALCZUK MARTA | 3187 | | MARKI | POL | OPEN K | 155 | K 155 | 03:21:12 | 05:12:37.40 | 05:12:37.40 | 10:46 | 5.6 |
| 156 | PARTYKA NATALIA | 3287 | | WARSZAWA | POL | OPEN K | 156 | K 156 | 03:22:24 | 05:32:28.35 | 05:32:28.35 | 11:27 | 5.2 |
| 157 | GRYCZYŃSKA IZABELA | 3119 | | KATOWICE | POL | OPEN K | 157 | K 157 | 03:24:50 | 05:34:48.45 | 05:34:48.45 | 11:32 | 5.2 |
| 158 | GLIWKA MAŁGORZATA | 3104 | | LUBLIN | POL | OPEN K | 158 | K 158 | 03:22:41 | 05:44:12.80 | 05:44:12.80 | 11:52 | 5.1 |
| 159 | JANICKA KATARZYNA | 3141 | | WARSZAWA | POL | OPEN K | 159 | K 159 | 03:24:30 | 05:48:08.40 | 05:48:08.40 | 12:00 | 5 |
| 160 | KNAP KATARZYNA | 3162 | | BYDGOSZCZ | POL | OPEN K | 160 | K 160 | 02:12:17 | | | 8:32 | 7 |
| | BAROSZ NATALIA PAULINA | 3469 | | KRAKÓW | POL | OPEN K | | | 01:25:01 | DNF | DNF | - | - |
| | SAWICKA AGNIESZKA | 3339 | NIE W SZCZEPIONKĘTEAM | WARSZAWA | POL | OPEN K | | | 02:34:23 | DNF | DNF | - | - |
| | JASTRZĘBSKA ANNA | 3144 | KLUB SPORTOWY HUSARIA SZCZECINEK | SZCZECINEK | POL | OPEN K | | | DNF | DNF | DNF | - | - |

ŁEMKO TRAIL 30, Open M

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|---------------------|------|---------------------------|-------------------------|------|--------|--------|------|-------------|-------------|-------------|--------|------|
| 1 | SIOŁA KAROL | 3345 | | GRYWAŁD | POL | OPEN M | 1 | M 1 | 01:11:12 | 02:15:01.45 | 02:15:01.45 | 4:39 | 12.9 |
| 2 | BALIGA CEZARY | 3002 | TEAM HOKA GARMIN | OLESNO | POL | OPEN M | 2 | M 2 | 01:12:40 | 02:20:34.40 | 02:20:34.40 | 4:50 | 12.4 |
| 3 | POPŁAWSKI JAN | 3310 | RELENTLESS TRIATHLON TEAM | OSTROWIEC ŚWIĘTOKRZYSKI | POL | OPEN M | 3 | M 3 | 01:11:08 | 02:22:26.60 | 02:22:26.60 | 4:54 | 12.2 |
| 4 | ZYGMUNT TOMASZ | 3460 | | LEŻAJSK | POL | OPEN M | 4 | M 4 | 01:15:31 | 02:25:32.35 | 02:25:32.35 | 5:01 | 12 |
| 5 | KOCIOŁEK WITOLD | 3165 | INŻYNIERIA BIEGANIA | KRAKÓW | POL | OPEN M | 5 | M 5 | 01:15:49 | 02:27:17.05 | 02:27:17.05 | 5:04 | 11.8 |
| 6 | ZAKRZYŃSKI PAWEŁ | 3447 | CSC ADVENTURE ACADEMY | NOWY TARG | POL | OPEN M | 6 | M 6 | 01:16:53 | 02:31:05.25 | 02:31:05.25 | 5:12 | 11.5 |
| 7 | STANGRECIAK ADAM | 3364 | | ŁÓDŹ | POL | OPEN M | 7 | M 7 | 01:18:36 | 02:31:38.20 | 02:31:38.20 | 5:13 | 11.5 |
| 8 | KNAPIK SEBASTIAN | 3163 | BUTYJANA.PL | RZESZÓW | POL | OPEN M | 8 | M 8 | 01:14:55 | 02:32:15.25 | 02:32:15.25 | 5:15 | 11.4 |
| 9 | ZAJĄC MARCIN | 3445 | MOUNTAIN RUNNING GUIDES | WARSZAWA | POL | OPEN M | 9 | M 9 | 01:19:26 | 02:38:58.00 | 02:38:58.00 | 5:28 | 10.9 |
| 10 | ŁASKI TOMASZ | 3224 | | BRZOZÓW | POL | OPEN M | 10 | M 10 | 01:20:02 | 02:40:13.90 | 02:40:13.90 | 5:31 | 10.9 |
| 11 | ZĄBKIEWICZ SZYMON | 3453 | | KRAKÓW | POL | OPEN M | 11 | M 11 | 01:22:31 | 02:41:50.05 | 02:41:50.05 | 5:34 | 10.8 |
| 12 | MANJURA TOMASZ | 3237 | CSC ADVENTURE ACADEMY | CHORZÓW | POL | OPEN M | 12 | M 12 | 01:23:24 | 02:42:16.40 | 02:42:16.40 | 5:35 | 10.7 |
| 13 | GALIK PIOTR | 3088 | | KRYNICA-ZDRÓJ | POL | OPEN M | 13 | M 13 | 01:22:10 | 02:42:35.35 | 02:42:35.35 | 5:36 | 10.7 |
| 14 | WALAG RAFAŁ | 3411 | | DEBICA | POL | OPEN M | 14 | M 14 | 01:22:41 | 02:45:09.05 | 02:45:09.05 | 5:41 | 10.5 |
| 15 | FRANCUZ KONRAD | 3080 | VEGE RUNNERS | MOGILANY | POL | OPEN M | 15 | M 15 | | 02:45:53.50 | 02:45:53.50 | 5:43 | 10.5 |
| 16 | ALTEWĘGIER JAROSŁAW | 3005 | AW - SZYBCIEJ - TEAM | WROCŁAW | POL | OPEN M | 16 | M 16 | 01:24:49 | 02:46:17.85 | 02:46:17.85 | 5:44 | 10.5 |
| 17 | STRZEPEK DARIUSZ | 3368 | | STRZYŻÓW | POL | OPEN M | 17 | M 17 | 01:25:12 | 02:46:46.45 | 02:46:46.45 | 5:45 | 10.4 |
| 18 | PIOSIK EMIL | 3302 | ON | POZNAŃ | POL | OPEN M | 18 | M 18 | 01:28:54 | 02:48:36.00 | 02:48:36.00 | 5:48 | 10.3 |
| 19 | RAFA DOMINIK | 3322 | ANIA I CHŁOPAKI | KRAKÓW | POL | OPEN M | 19 | M 19 | 01:27:07 | 02:51:28.00 | 02:51:28.00 | 5:54 | 10.1 |
| 20 | ZALEWSKI BARTŁOMIEJ | 3449 | BBL ZDUŃSKA WOLA | ZDUŃSKA WOLA | POL | OPEN M | 20 | M 20 | 01:27:21 | 02:51:47.65 | 02:51:47.65 | 5:55 | 10.1 |
| 21 | MAJORCZYK GERARD | 3230 | | ZIELONA GÓRA | POL | OPEN M | 21 | M 21 | | 02:54:29.70 | 02:54:29.70 | 6:01 | 10 |
| 22 | SZYDŁAK DARIUSZ | 3381 | | RZESZÓW | POL | OPEN M | 22 | M 22 | 01:26:26 | 02:54:50.05 | 02:54:50.05 | 6:01 | 10 |
| 23 | OBERWAN MAREK | 3277 | PANFOTOGRAF.EU | KRAKÓW | POL | OPEN M | 23 | M 23 | 01:30:01 | 02:55:20.45 | 02:55:20.45 | 6:02 | 9.9 |
| 24 | GOLA DANIEL | 3106 | TRAIL IS OUR WAY | GLIWICE | POL | OPEN M | 24 | M 24 | 01:26:37 | 02:57:12.45 | 02:57:12.45 | 6:06 | 9.8 |
| 25 | POSPISZYL JAKUB | 3311 | | KRAKÓW | POL | OPEN M | 25 | M 25 | 01:36:26 | 02:57:14.65 | 02:57:14.65 | 6:06 | 9.8 |
| 26 | PIĄSTKA TOMASZ | 3298 | UKS LIDER | WIELICZKA | POL | OPEN M | 26 | M 26 | 01:30:18 | 02:57:30.50 | 02:57:30.50 | 6:07 | 9.8 |
| 27 | SOBCZAK GRZEGORZ | 3356 | | ŁOMIANKI | POL | OPEN M | 27 | M 27 | 01:28:08 | 02:58:30.25 | 02:58:30.25 | 6:09 | 9.7 |
| 28 | KUSAL TOMASZ | 3210 | OMASZ.TEAM | WROCŁAW | POL | OPEN M | 28 | M 28 | 01:30:15 | 02:58:34.40 | 02:58:34.40 | 6:09 | 9.7 |
| 29 | SIMKA KAMIL | 3344 | FORREST GUMP TEAM | RZESZÓW | POL | OPEN M | 29 | M 29 | 01:29:22 | 02:58:43.65 | 02:58:43.65 | 6:09 | 9.7 |
| 30 | SZYMAŃSKI KACPER | 3384 | | PIASECZNO | POL | OPEN M | 30 | M 30 | 01:36:52 | 02:59:03.40 | 02:59:03.40 | 6:10 | 9.7 |
| 31 | GALEWSKI ADRIAN | 3087 | | WARSZAWA | POL | OPEN M | 31 | M 31 | 01:30:48 | 02:59:09.60 | 02:59:09.60 | 6:10 | 9.7 |
| 32 | HOJAN ŁUKASZ | 3131 | FEHLAU RUN TEAM | CHOMĘCICE | POL | OPEN M | 32 | M 32 | 01:37:22 | 03:00:29.00 | 03:00:29.00 | 6:13 | 9.6 |
| 33 | BORYCKI ARTUR | 3027 | | DĄBROWA TARNOWSKA | POL | OPEN M | 33 | M 33 | 01:39:12 | 03:00:58.70 | 03:00:58.70 | 6:14 | 9.6 |
| 34 | DOŁŻYŃSKI KRZYSZTOF | 3063 | LATAJĄCE KLAPKI KUBOTA | LUBLIN | POL | OPEN M | 34 | M 34 | 03:01:36.20 | 03:01:36.20 | 03:01:36.20 | 6:15 | 9.6 |
| 35 | WOSKOWICZ MATEUSZ | 3432 | | DĘBICA | POL | OPEN M | 35 | M 35 | 03:02:44.60 | 03:02:44.60 | 03:02:44.60 | 6:18 | 9.5 |

ŁEMKO TRAIL 30, Open M c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|----------------------|------|---|-------------------|------|--------|--------|------|-------------|-------------|-------------|--------|------|
| 36 | PODWÓJCI MICHAŁ | 3309 | | SKÓRZEWO | POL | OPEN M | 36 | M 36 | 01:37:17 | 03:02:59.85 | 03:02:59.85 | 6:18 | 9.5 |
| 37 | WILK SZYMON | 3423 | | KRASNE | POL | OPEN M | 37 | M 37 | 01:39:25 | 03:03:31.05 | 03:03:31.05 | 6:19 | 9.5 |
| 38 | MATERA MARCIN | 3243 | LOST 66 | STRZYŻÓW | POL | OPEN M | 38 | M 38 | 01:38:31 | 03:04:24.35 | 03:04:24.35 | 6:21 | 9.4 |
| 39 | BASAMANIA KRZYSZTOF | 3015 | LOST 66 | MARKUSZOWA | POL | OPEN M | 39 | M 39 | 01:38:38 | 03:04:24.45 | 03:04:24.45 | 6:21 | 9.4 |
| 40 | GAŁUSZKA TOMASZ | 3090 | SKITUROWE BIESZCZADY | SANOK | POL | OPEN M | 40 | M 40 | 01:36:30 | 03:04:29.10 | 03:04:29.10 | 6:21 | 9.4 |
| 41 | SZYMCZAK BARTLOMIEJ | 3385 | ŻARY RUNNERS TEAM | MIROSTOWICE DOLNE | POL | OPEN M | 41 | M 41 | 01:31:02 | 03:04:34.85 | 03:04:34.85 | 6:21 | 9.4 |
| 42 | PATRYN ŁUKASZ | 3293 | POGÓRZE ULTRA TRAIL | STRZYŻÓW | POL | OPEN M | 42 | M 42 | 01:25:25 | 03:05:51.40 | 03:05:51.40 | 6:24 | 9.4 |
| 43 | PASTUSZAK MATEUSZ | 3292 | KTC KROSNO | KROSNO | POL | OPEN M | 43 | M 43 | | 03:05:59.65 | 03:05:59.65 | 6:24 | 9.4 |
| 44 | GIEROSZKA ROBERT | 3102 | ADS MASNA | KATOWICE | POL | OPEN M | 44 | M 44 | 01:39:51 | 03:07:06.60 | 03:07:06.60 | 6:27 | 9.3 |
| 45 | HALIGOWSKI KAROL | 3126 | STRZYŻOWSKI KLUB SPORTOWY MK DOJO TEAM | STRZYŻÓW | POL | OPEN M | 45 | M 45 | 01:30:57 | 03:07:53.45 | 03:07:53.45 | 6:28 | 9.3 |
| 46 | PIWOWARSKI SŁAWOMIR | 3306 | | KRAKÓW | POL | OPEN M | 46 | M 46 | 01:29:35 | 03:10:03.45 | 03:10:03.45 | 6:33 | 9.2 |
| 47 | KOLACHA PATRYK | 3170 | STUDIO GTS | IMIELIN | POL | OPEN M | 47 | M 47 | 01:40:06 | 03:10:41.15 | 03:10:41.15 | 6:34 | 9.1 |
| 48 | KOSTKA JANUSZ | 3185 | | KROSNO | POL | OPEN M | 48 | M 48 | 01:39:00 | 03:11:02.55 | 03:11:02.55 | 6:35 | 9.1 |
| 49 | JEGER PIOTR | 3146 | SKLEP BIEGACZA RUNNING TEAM | OLSZTYN | POL | OPEN M | 49 | M 49 | 01:40:17 | 03:12:13.05 | 03:12:13.05 | 6:37 | 9.1 |
| 50 | JĄSTRZĘBSKI BARTEK | 3145 | | ALBIGOWA | POL | OPEN M | 50 | M 50 | 03:12:17.45 | 03:12:17.45 | 03:12:17.45 | 6:37 | 9 |
| 51 | KORPAK PIOTR | 3178 | | WILKOWICE | POL | OPEN M | 51 | M 51 | 01:40:01 | 03:12:35.00 | 03:12:35.00 | 6:38 | 9 |
| 52 | MASIUKIEWICZ JACEK | 3240 | | SKWIERZYNA | POL | OPEN M | 52 | M 52 | 01:42:29 | 03:13:08.25 | 03:13:08.25 | 6:39 | 9 |
| 53 | PLEWA RAFAŁ | 3307 | | JADOWNIKI | POL | OPEN M | 53 | M 53 | 01:36:23 | 03:13:12.80 | 03:13:12.80 | 6:39 | 9 |
| 54 | PERNAL MACIEJ | 3296 | | RZESZÓW | POL | OPEN M | 54 | M 54 | 01:37:12 | 03:14:01.10 | 03:14:01.10 | 6:41 | 9 |
| 55 | GOLEC IRENEUSZ | 3108 | VEGE RUNNERS / RUCH IZBICA | KRASNYSTAW | POL | OPEN M | 55 | M 55 | 01:38:02 | 03:14:41.45 | 03:14:41.45 | 6:42 | 8.9 |
| 56 | TOPORKIEWICZ BARTOSZ | 3397 | TRAIL IS OUR WAY | KRAKÓW | POL | OPEN M | 56 | M 56 | 01:40:11 | 03:15:50.30 | 03:15:50.30 | 6:45 | 8.9 |
| 57 | GARCZYŃSKI DAREK | 3095 | | KATOWICE | POL | OPEN M | 57 | M 57 | 01:39:56 | 03:15:51.45 | 03:15:51.45 | 6:45 | 8.9 |
| 58 | GANCZEWSKI PAWEŁ | 3091 | | GRANICA | POL | OPEN M | 58 | M 58 | 01:42:19 | 03:16:08.90 | 03:16:08.90 | 6:45 | 8.9 |
| 59 | WITEK BOGDAN | 3428 | | BARYCZKA | POL | OPEN M | 59 | M 59 | 01:40:46 | 03:18:17.75 | 03:18:17.75 | 6:50 | 8.8 |
| 60 | JADŁOSZ SŁAWOMIR | 3140 | RUSYNLEM | WROCLAW | POL | OPEN M | 60 | M 60 | 01:42:38 | 03:19:13.15 | 03:19:13.15 | 6:52 | 8.7 |
| 61 | PIWKO MACIEJ | 3303 | | BABICA | POL | OPEN M | 61 | M 61 | 01:41:48 | 03:19:25.65 | 03:19:25.65 | 6:52 | 8.7 |
| 62 | JUCHA RAFAŁ | 3149 | | KORCZYNA | POL | OPEN M | 62 | M 62 | 01:42:34 | 03:20:01.00 | 03:20:01.00 | 6:53 | 8.7 |
| 63 | KWIECIEŃ TOMEK | 3211 | | MICHAŁÓW | POL | OPEN M | 63 | M 63 | 01:41:52 | 03:20:11.65 | 03:20:11.65 | 6:54 | 8.7 |
| 64 | PAĆKO MICHAŁ | 3285 | | TURKA | POL | OPEN M | 63 | M 63 | 01:53:16 | 03:20:11.65 | 03:20:11.65 | 6:54 | 8.7 |
| 65 | KRASOŃ MARCIN | 3193 | SMASHING PAPKINS / NBR TEAM / OLX TEAM | SYGNECZÓW | POL | OPEN M | 65 | M 65 | 01:41:14 | 03:20:48.30 | 03:20:48.30 | 6:55 | 8.7 |
| 66 | GRANOWSKI KRZYSZTOF | 3117 | | BIENIEWICE | POL | OPEN M | 66 | M 66 | 01:38:25 | 03:22:41.95 | 03:22:41.95 | 6:59 | 8.6 |
| 67 | DRGAS PATRYK | 3069 | SYNERGIA CROSSCAMP OŁAWA | OŁAWA | POL | OPEN M | 67 | M 67 | 01:40:29 | 03:22:44.30 | 03:22:44.30 | 6:59 | 8.6 |
| 68 | GROMEK PIOTR | 3118 | | BOGUCHWAŁA | POL | OPEN M | 68 | M 68 | 01:41:32 | 03:23:40.85 | 03:23:40.85 | 7:01 | 8.5 |
| 69 | DAROWICKI BARTOSZ | 3059 | | KONOPIKA | POL | OPEN M | 69 | M 69 | 01:38:48 | 03:24:00.70 | 03:24:00.70 | 7:02 | 8.5 |
| 70 | WAKOR PAWEŁ | 3410 | | WARSZAWA | POL | OPEN M | 70 | M 70 | 01:43:54 | 03:24:42.95 | 03:24:42.95 | 7:03 | 8.5 |
| 71 | CHOJNACKI MIKOŁAJ | 3040 | WARSAW RUN CLUB | WARSZAWA | POL | OPEN M | 71 | M 71 | 01:52:41 | 03:25:17.10 | 03:25:17.10 | 7:04 | 8.5 |
| 72 | RADECKI WOJCIECH | 3320 | | WIELICZKA | POL | OPEN M | 72 | M 72 | 02:05:34 | 03:25:40.70 | 03:25:40.70 | 7:05 | 8.5 |
| 73 | KOPEĆ KAROL | 3175 | MOVADO RUNERS | WARSZAWA | POL | OPEN M | 73 | M 73 | 01:42:43 | 03:26:10.05 | 03:26:10.05 | 7:06 | 8.4 |
| 74 | KOCJAN PAWEŁ | 3166 | KIDS RUN TEAM | POZNAŃ | POL | OPEN M | 74 | M 74 | 01:57:29 | 03:26:12.70 | 03:26:12.70 | 7:06 | 8.4 |
| 75 | RATAJCZAK ŁUKASZ | 3325 | NIGHT RUNNERS | MOSINA | POL | OPEN M | 75 | M 75 | 01:42:13 | 03:27:03.20 | 03:27:03.20 | 7:08 | 8.4 |
| 76 | MIKOŁAJCZYK ŁUKASZ | 3253 | | BEDZIN | POL | OPEN M | 76 | M 76 | 01:53:38 | 03:27:10.70 | 03:27:10.70 | 7:08 | 8.4 |
| 77 | KOLECKI JAKUB | 3171 | | KRAKÓW | POL | OPEN M | 77 | M 77 | 01:53:53 | 03:27:37.25 | 03:27:37.25 | 7:09 | 8.4 |
| 78 | FILIP MARIUSZ | 3079 | | WARSZAWA | POL | OPEN M | 78 | M 78 | 02:02:35 | 03:27:50.30 | 03:27:50.30 | 7:10 | 8.4 |
| 79 | WYZKIEWICZ TOMASZ | 3442 | SZYBKIBUT | KROSNO | POL | OPEN M | 79 | M 79 | 01:39:41 | 03:28:01.60 | 03:28:01.60 | 7:10 | 8.4 |
| 80 | OWOC TOMASZ | 3282 | PKO BANK POLSKI / ADIDAS RUNNERS WARSAW | WARSZAWA | POL | OPEN M | 80 | M 80 | 01:54:10 | 03:29:28.60 | 03:29:28.60 | 7:13 | 8.3 |
| 81 | CHOMIK RAFAŁ | 3042 | 3COACH | GLIWICE | POL | OPEN M | 81 | M 81 | | 03:29:58.40 | 03:29:58.40 | 7:14 | 8.3 |
| 82 | KRÓL KAMIL | 3197 | IM INSPIRATION | PIASECZNO | POL | OPEN M | 82 | M 82 | 01:38:07 | 03:30:20.55 | 03:30:20.55 | 7:15 | 8.3 |
| 83 | SZCZEPANIAK JAKUB | 3371 | | ŁĘCZNA | POL | OPEN M | 83 | M 83 | | 03:31:04.15 | 03:31:04.15 | 7:16 | 8.2 |
| 84 | POŚPIECH MICHAŁ | 3312 | | SOSNOWIEC | POL | OPEN M | 84 | M 84 | 01:54:03 | 03:31:44.25 | 03:31:44.25 | 7:18 | 8.2 |
| 85 | CZARNECKI MICHAŁ | 3053 | WOLSKI KOLEKTYW BIEGOWY | PIEKARY | POL | OPEN M | 85 | M 85 | | 03:31:54.55 | 03:31:54.55 | 7:18 | 8.2 |
| 86 | SALAMON JAROSŁAW | 3337 | | RZESZÓW | POL | OPEN M | 86 | M 86 | 01:42:01 | 03:32:02.85 | 03:32:02.85 | 7:18 | 8.2 |
| 87 | KABZIŃSKI MARCIN | 3151 | ANIA I CHŁOPAKI | KRAKÓW | POL | OPEN M | 87 | M 87 | 03:33:01.20 | 03:33:01.20 | 03:33:01.20 | 7:20 | 8.2 |
| 88 | PIWKO WOJCIECH | 3304 | | BABICA | POL | OPEN M | 88 | M 88 | 01:53:10 | 03:33:05.15 | 03:33:05.15 | 7:20 | 8.2 |
| 89 | BUCZYŃSKI MICHAŁ | 3465 | CROSS KAMPINOS | KRAKÓW | POL | OPEN M | 89 | M 89 | 02:04:06 | 03:33:13.55 | 03:33:13.55 | 7:21 | 8.2 |

ŁEMKO TRAIL 30, Open M c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|----------------------|------|-------------------------------|-------------------------|------|--------|--------|-------|----------|-------------|-------------|--------|------|
| 90 | BLICHARZ ARTUR | 3020 | | OLPINY | POL | OPEN M | 90 | M 90 | 02:03:27 | 03:33:22.10 | 03:33:22.10 | 7:21 | 8.2 |
| 91 | WILK GRZEGORZ | 3424 | RUN LOVING ANIMALS | RZESZÓW | POL | OPEN M | 91 | M 91 | 01:42:55 | 03:33:33.00 | 03:33:33.00 | 7:21 | 8.1 |
| 92 | MATRACKI SEBASTIAN | 3245 | TREKKING TEAM OSTROWIEC | OSTROWIEC ŚWIĘTOKRZYSKI | POL | OPEN M | 92 | M 92 | 02:04:37 | 03:33:45.80 | 03:33:45.80 | 7:22 | 8.1 |
| 93 | STEMMACHOWSKI LESZEK | 3366 | FITNESS SOUL | EDINBURGH | GBR | OPEN M | 93 | M 93 | 02:05:09 | 03:33:48.90 | 03:33:48.90 | 7:22 | 8.1 |
| 94 | FRYDRYCH MATEUSZ | 3082 | PAWKO RUNNER TEAM | MODERÓWKA | POL | OPEN M | 94 | M 94 | 02:06:31 | 03:34:07.25 | 03:34:07.25 | 7:23 | 8.1 |
| 95 | KOSTKA ANDRZEJ | 3184 | CUBE TEAM | KROŚCIENKO WYŻNE | POL | OPEN M | 95 | M 95 | 02:01:19 | 03:34:16.25 | 03:34:16.25 | 7:23 | 8.1 |
| 96 | OBREĆZAREK JERZY | 3278 | CROSS KAMPINOS | WARSZAWA | POL | OPEN M | 96 | M 96 | 02:04:30 | 03:34:49.20 | 03:34:49.20 | 7:24 | 8.1 |
| 97 | KRÓL DAWID | 3196 | | KRAKÓW | POL | OPEN M | 97 | M 97 | 02:06:08 | 03:35:30.20 | 03:35:30.20 | 7:25 | 8.1 |
| 98 | BONDAR KRZYSZTOF | 3025 | | WARSZAWA | POL | OPEN M | 98 | M 98 | 02:02:41 | 03:36:01.65 | 03:36:01.65 | 7:26 | 8.1 |
| 99 | IDZIK MARCIN | 3137 | KORONA | ZĄBKI | POL | OPEN M | 99 | M 99 | 01:43:06 | 03:36:11.00 | 03:36:11.00 | 7:27 | 8 |
| 100 | CZARNECKI ZBIGNIEW | 3052 | STARE BABICE BIEGAJĄ | WARSZAWA | POL | OPEN M | 100 | M 100 | 02:01:34 | 03:36:40.30 | 03:36:40.30 | 7:28 | 8 |
| 101 | SZYDŁOWSKI DAWID | 3382 | | MOKRZYSKA | POL | OPEN M | 101 | M 101 | | 03:37:43.10 | 03:37:43.10 | 7:30 | 8 |
| 102 | KNYCH PAWEŁ | 3164 | | DĘBICA | POL | OPEN M | 102 | M 102 | 01:57:34 | 03:37:59.35 | 03:37:59.35 | 7:31 | 8 |
| 103 | MAKOWSKI JAROSŁAW | 3231 | | LUBLIN | POL | OPEN M | 103 | M 103 | 02:04:44 | 03:39:24.20 | 03:39:24.20 | 7:33 | 7.9 |
| 104 | SALIK STANISŁAW | 3338 | | WIELICZKA | POL | OPEN M | 104 | M 104 | 02:05:40 | 03:39:50.65 | 03:39:50.65 | 7:34 | 7.9 |
| 105 | ŁYP MICHAŁ | 3226 | | ZELKÓW | POL | OPEN M | 105 | M 105 | 02:03:48 | 03:39:57.50 | 03:39:57.50 | 7:35 | 7.9 |
| 106 | ŁUSZCZ PAWEŁ | 3225 | GAMONIUSZE DĘBICA | DĘBICA | POL | OPEN M | 106 | M 106 | 02:01:39 | 03:40:55.45 | 03:40:55.45 | 7:37 | 7.9 |
| 107 | PERLIŃSKI MIROŚLAW | 3467 | ASSECO ACTIVE TEAM | RZESZÓW | POL | OPEN M | 107 | M 107 | | 03:41:09.65 | 03:41:09.65 | 7:37 | 7.9 |
| 108 | DULIK ARKADIUSZ | 3073 | | STRZYŻEWICE | POL | OPEN M | 108 | M 108 | 02:02:28 | 03:41:33.25 | 03:41:33.25 | 7:38 | 7.9 |
| 109 | BOŻEK GRZEGORZ | 3028 | DZIKIE ŻYCIE RUNTEAM | KROSNO | POL | OPEN M | 109 | M 109 | 02:03:42 | 03:41:57.85 | 03:41:57.85 | 7:39 | 7.8 |
| 110 | FILAK LUKASZ | 3078 | PULPET | KRAKOW | POL | OPEN M | 110 | M 110 | 02:01:27 | 03:41:57.95 | 03:41:57.95 | 7:39 | 7.8 |
| 111 | NABORCZYK SŁAWOMIR | 3265 | | MYSŁOWICE | POL | OPEN M | 111 | M 111 | 02:10:54 | 03:42:52.05 | 03:42:52.05 | 7:41 | 7.8 |
| 112 | FIEBIG JAKUB | 3077 | MAHLERTEAM | WARSZAWA | POL | OPEN M | 112 | M 112 | | 03:44:19.75 | 03:44:19.75 | 7:44 | 7.8 |
| 113 | LEJMAN ADAM | 3212 | | WARSZAWA | POL | OPEN M | 113 | M 113 | 02:03:19 | 03:44:20.60 | 03:44:20.60 | 7:44 | 7.8 |
| 114 | PAWŁOWSKI PAWEŁ | 3294 | | KRAKÓW | POL | OPEN M | 114 | M 114 | 01:41:40 | 03:44:27.25 | 03:44:27.25 | 7:44 | 7.8 |
| 115 | PYSZYŃSKI MARIUSZ | 3319 | KAMCIA KAMCIA | MYSIADLO | POL | OPEN M | 115 | M 115 | 02:03:09 | 03:45:13.90 | 03:45:13.90 | 7:45 | 7.7 |
| 116 | MUCHA PATRYK | 3263 | | WARSZAWA | POL | OPEN M | 116 | M 116 | 02:12:56 | 03:45:31.25 | 03:45:31.25 | 7:46 | 7.7 |
| 117 | PTAK PAWEŁ | 3317 | | WARSZAWA | POL | OPEN M | 117 | M 117 | 02:07:02 | 03:45:43.90 | 03:45:43.90 | 7:47 | 7.7 |
| 118 | WYSOCKI BARTOSZ | 3441 | KS JANUSZE | LEŻAJSK | POL | OPEN M | 118 | M 118 | 02:04:24 | 03:45:49.45 | 03:45:49.45 | 7:47 | 7.7 |
| 119 | SPORNIAK KRZYSZTOF | 3464 | | TARGOWISKA | POL | OPEN M | 119 | M 119 | 02:09:32 | 03:46:28.80 | 03:46:28.80 | 7:48 | 7.7 |
| 120 | WÓJTOWICZ ROBERT | 3435 | | PIASECZNO | POL | OPEN M | 120 | M 120 | 02:02:48 | 03:47:20.45 | 03:47:20.45 | 7:50 | 7.7 |
| 121 | KRUPEJ MICHAŁ | 3198 | | KRAKÓW | POL | OPEN M | 121 | M 121 | 02:07:29 | 03:47:55.25 | 03:47:55.25 | 7:51 | 7.6 |
| 122 | RUSIN KONRAD | 3332 | | RZESZÓW | POL | OPEN M | 122 | M 122 | 02:12:14 | 03:48:19.55 | 03:48:19.55 | 7:52 | 7.6 |
| 123 | WOJDYŁA WOJCIECH | 3430 | | KOŁACZYCE | POL | OPEN M | 123 | M 123 | 02:10:03 | 03:48:54.25 | 03:48:54.25 | 7:53 | 7.6 |
| 124 | BUGAŁA ROBERT | 3034 | SOLIOD HOUSE | LUBLIN | POL | OPEN M | 124 | M 124 | 02:08:26 | 03:49:05.95 | 03:49:05.95 | 7:53 | 7.6 |
| 125 | DYBCZAK MACIEJ | 3074 | | GORLICE | POL | OPEN M | 125 | M 125 | 02:07:08 | 03:49:15.25 | 03:49:15.25 | 7:54 | 7.6 |
| 126 | GRYZ JACEK | 3120 | | NOWY DWÓR MAZOWIECKI | POL | OPEN M | 126 | M 126 | 02:41:25 | 03:49:17.95 | 03:49:17.95 | 7:54 | 7.6 |
| 127 | PĘDRAK ŁUKASZ | 3297 | | DĘBICA | POL | OPEN M | 127 | M 127 | 02:03:55 | 03:49:26.35 | 03:49:26.35 | 7:54 | 7.6 |
| 128 | BRYTAŃCZYK MATEUSZ | 3031 | | KRAKÓW | POL | OPEN M | 128 | M 128 | 01:42:47 | 03:49:30.85 | 03:49:30.85 | 7:54 | 7.6 |
| 129 | SEREDA PAWEŁ | 3340 | | KRAKÓW | POL | OPEN M | 129 | M 129 | 02:05:26 | 03:49:52.55 | 03:49:52.55 | 7:55 | 7.6 |
| 130 | KOWALCZUK JAKUB | 3186 | | WARSZAWA | POL | OPEN M | 130 | M 130 | 02:07:43 | 03:49:54.30 | 03:49:54.30 | 7:55 | 7.6 |
| 131 | TRZCIŃSKI MARCIN | 3401 | | WARSZAWA | POL | OPEN M | 131 | M 131 | 02:06:57 | 03:50:00.75 | 03:50:00.75 | 7:55 | 7.6 |
| 132 | WACHOWSKI PIOTR | 3409 | | KORONOWO | POL | OPEN M | 132 | M 132 | 02:08:40 | 03:50:52.95 | 03:50:52.95 | 7:57 | 7.5 |
| 133 | NAGORSKI JACEK | 3268 | | LODZ | POL | OPEN M | 133 | M 133 | 02:07:49 | 03:51:28.45 | 03:51:28.45 | 7:58 | 7.5 |
| 134 | RAJCZONEK RAFAŁ | 3323 | NO FUTURE | WARSZAWA | POL | OPEN M | 134 | M 134 | 02:06:25 | 03:51:57.20 | 03:51:57.20 | 7:59 | 7.5 |
| 135 | KOMOROWSKI ŁUKASZ | 3173 | | WARSZAWA | POL | OPEN M | 135 | M 135 | 02:11:13 | 03:52:05.20 | 03:52:05.20 | 8:00 | 7.5 |
| 136 | WÓJCIK GRZEGORZ | 3433 | BIEGING TEAM ZELÓW | ZELÓW | POL | OPEN M | 136 | M 136 | 02:11:47 | 03:52:20.80 | 03:52:20.80 | 8:00 | 7.5 |
| 137 | HABIB MAREK | 3125 | | WARSZAWA | POL | OPEN M | 137 | M 137 | 02:10:26 | 03:52:42.30 | 03:52:42.30 | 8:01 | 7.5 |
| 138 | MUZAJ GRZEGORZ | 3264 | | RZESZÓW | POL | OPEN M | 138 | M 138 | 02:06:13 | 03:53:01.30 | 03:53:01.30 | 8:02 | 7.5 |
| 139 | JODKO RAFAŁ | 3148 | OTF | JÓZEFÓW | POL | OPEN M | 139 | M 139 | 02:06:45 | 03:53:51.80 | 03:53:51.80 | 8:03 | 7.4 |
| 140 | FUJA ŁUKASZ | 3083 | DST | KRAKÓW | POL | OPEN M | 140 | M 140 | 02:09:06 | 03:54:00.15 | 03:54:00.15 | 8:04 | 7.4 |
| 141 | PASTORICA MAXIME | 3290 | | WARSZAWA | POL | OPEN M | 141 | M 141 | | 03:55:01.55 | 03:55:01.55 | 8:06 | 7.4 |
| 142 | PASTORICA EUGENIO | 3291 | | WARSZAWA | POL | OPEN M | 142 | M 142 | 02:09:40 | 03:55:02.40 | 03:55:02.40 | 8:06 | 7.4 |
| 143 | SKRUDLIK WOJCIECH | 3350 | NIGHT RUNNERS | CHYBY | POL | OPEN M | 143 | M 143 | 02:12:51 | 03:55:16.70 | 03:55:16.70 | 8:06 | 7.4 |
| 144 | BAŁABAN WALDEMAR | 3012 | BIEGUNY WALBA | KROSNO | POL | OPEN M | 144 | M 144 | 02:13:15 | 03:55:43.30 | 03:55:43.30 | 8:07 | 7.4 |
| 145 | KLUCZYŃSKI GRZEGORZ | 3468 | | WARSZAWA | POL | OPEN M | 145 | M 145 | 02:08:11 | 03:56:29.80 | 03:56:29.80 | 8:09 | 7.4 |
| 146 | RYSZKO GRZEGORZ | 3334 | NEW BALANCE RUN CLUB WARSZAWA | WARSZAWA | POL | OPEN M | 146 | M 146 | 02:04:00 | 03:56:56.40 | 03:56:56.40 | 8:10 | 7.3 |

ŁEMKO TRAIL 30, Open M c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|------------------------------|------|------------------------|--------------------|------|--------|--------|-------|----------|-------------|-------------|--------|------|
| 147 | SIKORSKI WOJCIECH | 3343 | | WITNICA | POL | OPEN M | 147 | M 147 | 02:12:40 | 03:57:22.10 | 03:57:22.10 | 8:11 | 7.3 |
| 148 | SMOLIŃSKI RAFAŁ | 3353 | | IWONICZ | POL | OPEN M | 148 | M 148 | 02:07:20 | 03:57:45.15 | 03:57:45.15 | 8:11 | 7.3 |
| 149 | SMOLORZ KEWIN | 3354 | | GARDAWICE | POL | OPEN M | 149 | M 149 | 02:08:56 | 03:57:59.40 | 03:57:59.40 | 8:12 | 7.3 |
| 150 | GOŁYGOWSKI ŁUKASZ | 3109 | WITKOWO BIEGA | WITKOWO | POL | OPEN M | 150 | M 150 | 02:10:30 | 03:58:04.70 | 03:58:04.70 | 8:12 | 7.3 |
| 151 | DANIELXR21 DANIELXR2I | 3058 | #R | MYŚLACHOWICE | POL | OPEN M | 151 | M 151 | | 03:58:43.90 | 03:58:43.90 | 8:13 | 7.3 |
| 152 | WIETECZA PAWEŁ | 3421 | | JASŁO | POL | OPEN M | 152 | M 152 | 02:11:26 | 03:59:06.65 | 03:59:06.65 | 8:14 | 7.3 |
| 153 | KISIEL MICHAŁ | 3161 | | SZCZECINEK | POL | OPEN M | 153 | M 153 | 02:44:05 | 03:59:12.75 | 03:59:12.75 | 8:14 | 7.3 |
| 154 | ZAPAŚNIK MICHAŁ | 3450 | BIEGIEM PO WINO | WARSZAWA | POL | OPEN M | 154 | M 154 | 02:10:15 | 03:59:44.25 | 03:59:44.25 | 8:16 | 7.3 |
| 155 | PASISZ ARTUR | 3289 | WOODWARD RUNNERS | NIEPOŁOMICE | POL | OPEN M | 155 | M 155 | 02:41:37 | 04:00:10.30 | 04:00:10.30 | 8:16 | 7.2 |
| 156 | LESZCZYŃSKI PAWEŁ | 3218 | LASY WAWERSKIE | WARSZAWA | POL | OPEN M | 156 | M 156 | 02:43:21 | 04:00:36.90 | 04:00:36.90 | 8:17 | 7.2 |
| 157 | CERAN ARTUR | 3037 | | WARSZAWA | POL | OPEN M | 157 | M 157 | 02:10:35 | 04:01:51.65 | 04:01:51.65 | 8:20 | 7.2 |
| 158 | KRAKÓŚ KONRAD | 3192 | | RZESZÓW | POL | OPEN M | 158 | M 158 | 02:08:06 | 04:02:10.55 | 04:02:10.55 | 8:21 | 7.2 |
| 159 | MALINOWSKI TOMASZ MALINOWSKI | 3235 | UKS LIDER SIERCZA | KRAKÓW | POL | OPEN M | 159 | M 159 | | 04:02:39.45 | 04:02:39.45 | 8:22 | 7.2 |
| 160 | KOISZEWski KRZYSZTOF | 3169 | KLUB 42.2 LĘBORK | LĘBORK | POL | OPEN M | 160 | M 160 | 02:43:02 | 04:02:59.40 | 04:02:59.40 | 8:22 | 7.2 |
| 161 | KIFNER HUBERT | 3159 | BIEGIEM PO WINO | WARSZAWA | POL | OPEN M | 161 | M 161 | 02:08:45 | 04:03:24.40 | 04:03:24.40 | 8:23 | 7.1 |
| 162 | NIEDZIELA WIKTOR | 3269 | | GORLICE | POL | OPEN M | 162 | M 162 | 02:11:00 | 04:03:42.95 | 04:03:42.95 | 8:24 | 7.1 |
| 163 | KUBRAK WOJCIECH | 3202 | | RZESZÓW | POL | OPEN M | 163 | M 163 | 02:41:04 | 04:04:00.20 | 04:04:00.20 | 8:24 | 7.1 |
| 164 | MIERZYŃSKI RAFAŁ | 3251 | BIEGING TEAM ZELÓW | ZELÓW | POL | OPEN M | 164 | M 164 | 02:12:09 | 04:04:46.05 | 04:04:46.05 | 8:26 | 7.1 |
| 165 | MARCINIAK TOMASZ | 3239 | | DYS | POL | OPEN M | 165 | M 165 | 02:42:11 | 04:04:48.05 | 04:04:48.05 | 8:26 | 7.1 |
| 166 | ZAWADZKI PIOTR | 3452 | | WARSZAWA | POL | OPEN M | 166 | M 166 | | 04:05:15.10 | 04:05:15.10 | 8:27 | 7.1 |
| 167 | CZUPIK JERZY | 3057 | RUSYN-LEM | OŁAWA | POL | OPEN M | 167 | M 167 | 02:07:54 | 04:06:48.05 | 04:06:48.05 | 8:30 | 7.1 |
| 168 | HUSIATYŃSKI MACIEJ | 3136 | | KRAKÓW | POL | OPEN M | 168 | M 168 | 02:50:13 | 04:07:12.95 | 04:07:12.95 | 8:31 | 7 |
| 169 | KOSOŃSKI SEWERYN | 3182 | KOSATEAM / RUSYNLEM | LEGNICA | POL | OPEN M | 169 | M 169 | | 04:07:33.90 | 04:07:33.90 | 8:32 | 7 |
| 170 | KUCHARSKI ŁUKASZ | 3203 | | MODLNICZKA | POL | OPEN M | 170 | M 170 | 02:45:11 | 04:07:42.75 | 04:07:42.75 | 8:32 | 7 |
| 171 | OLZACKI PIOTR | 3281 | | WELWYN GARDEN CITY | GBR | OPEN M | 171 | M 171 | 02:42:50 | 04:07:55.35 | 04:07:55.35 | 8:32 | 7 |
| 172 | RZESZOWSKI TOMASZ | 3335 | MIRAZ RACE TEAM | ZABRZE | POL | OPEN M | 172 | M 172 | 02:41:29 | 04:08:16.15 | 04:08:16.15 | 8:33 | 7 |
| 173 | CZEKAJ SZYMON | 3054 | | STAŁOWA WOLA | POL | OPEN M | 173 | M 173 | 03:18:14 | 04:09:48.10 | 04:09:48.10 | 8:36 | 7 |
| 174 | BRUSIŁO BARTOSZ | 3030 | | WARSZAWA | POL | OPEN M | 174 | M 174 | 02:36:44 | 04:10:58.65 | 04:10:58.65 | 8:39 | 6.9 |
| 175 | BIEDROŃ ARTUR | 3017 | ERP HEART TEAM | WARSZAWA | POL | OPEN M | 175 | M 175 | 02:52:36 | 04:11:14.65 | 04:11:14.65 | 8:39 | 6.9 |
| 176 | CZAJA PAWEŁ | 3049 | | RZESZÓW | POL | OPEN M | 176 | M 176 | 02:36:18 | 04:11:42.05 | 04:11:42.05 | 8:40 | 6.9 |
| 177 | STAMM TOMASZ | 3363 | | POZNAŃ | POL | OPEN M | 177 | M 177 | 02:37:16 | 04:12:37.35 | 04:12:37.35 | 8:42 | 6.9 |
| 178 | OLSZEWSKI KAMIL | 3280 | | MYSŁOWICE | POL | OPEN M | 178 | M 178 | 02:34:32 | 04:13:42.75 | 04:13:42.75 | 8:44 | 6.9 |
| 179 | STABRAWA MARCIN | 3362 | | MYSŁOWICE | POL | OPEN M | 179 | M 179 | 02:35:18 | 04:13:43.05 | 04:13:43.05 | 8:44 | 6.9 |
| 180 | BUGAJCZYK CEZARY | 3033 | SPARTA LUBLIN | MSZCZONÓW | POL | OPEN M | 180 | M 180 | 02:52:05 | 04:15:15.05 | 04:15:15.05 | 8:48 | 6.8 |
| 181 | LESZCZYŃSKI BARTEK | 3219 | | WARSZAWA | POL | OPEN M | 181 | M 181 | 02:40:52 | 04:16:27.95 | 04:16:27.95 | 8:50 | 6.8 |
| 182 | PIĘTKA WOJCIECH | 3299 | | WARSZAWA | POL | OPEN M | 182 | M 182 | 02:57:08 | 04:16:44.15 | 04:16:44.15 | 8:51 | 6.8 |
| 183 | WRZESIAK MARCIN | 3438 | BIEGING TEAM ZELÓW | ZELÓW | POL | OPEN M | 183 | M 183 | 02:12:46 | 04:16:45.20 | 04:16:45.20 | 8:51 | 6.8 |
| 184 | ZAJDEL SZCZEPAN | 3446 | | SWARZĘDZ | POL | OPEN M | 184 | M 184 | 02:42:32 | 04:16:59.85 | 04:16:59.85 | 8:51 | 6.8 |
| 185 | SKAPSKI KSAWERY | 3347 | BWRUNNERS | WARSZAWA | POL | OPEN M | 185 | M 185 | 02:50:32 | 04:17:12.25 | 04:17:12.25 | 8:52 | 6.8 |
| 186 | JURYŚ SŁAWOMIR | 3150 | JSYSTEM | KROSNO | POL | OPEN M | 186 | M 186 | 02:52:43 | 04:17:14.00 | 04:17:14.00 | 8:52 | 6.8 |
| 187 | OZIMINA SAMUEL | 3283 | | WIŚŁOCZEK | POL | OPEN M | 187 | M 187 | 02:55:42 | 04:17:30.55 | 04:17:30.55 | 8:52 | 6.8 |
| 188 | SKRZYPEK ROBERT | 3351 | BIEGNIJ Z PROSERVICE | PIASECZNO | POL | OPEN M | 188 | M 188 | 02:49:52 | 04:18:11.45 | 04:18:11.45 | 8:54 | 6.7 |
| 189 | WIEKIERA MICHAŁ | 3419 | | WARSZAWA | POL | OPEN M | 189 | M 189 | 02:36:36 | 04:19:46.80 | 04:19:46.80 | 8:57 | 6.7 |
| 190 | SORNAT MARIUSZ | 3359 | | GLIWICE | POL | OPEN M | 190 | M 190 | | 04:19:47.00 | 04:19:47.00 | 8:57 | 6.7 |
| 191 | MATHIEU AOUTIN | 3244 | | WARSAW | POL | OPEN M | 191 | M 191 | 02:36:51 | 04:19:47.30 | 04:19:47.30 | 8:57 | 6.7 |
| 192 | URBANOWICZ PIOTR | 3407 | | KRAKÓW | POL | OPEN M | 192 | M 192 | | 04:20:29.00 | 04:20:29.00 | 8:58 | 6.7 |
| 193 | NIKLEWICZ ZDZIŚŁAW | 3271 | | SOSNOWIEC | POL | OPEN M | 193 | M 193 | 02:54:53 | 04:20:46.10 | 04:20:46.10 | 8:59 | 6.7 |
| 194 | KOPAŃSKI DAMIAN | 3174 | | SZCZECIN | POL | OPEN M | 194 | M 194 | 02:42:44 | 04:21:34.40 | 04:21:34.40 | 9:01 | 6.7 |
| 195 | MIROWSKI MARIUSZ | 3258 | | PRZYŁĘKI | POL | OPEN M | 195 | M 195 | 03:23:09 | 04:22:28.20 | 04:22:28.20 | 9:03 | 6.6 |
| 196 | NOWAK PIOTR | 3275 | | MSZANKA | POL | OPEN M | 196 | M 196 | 02:43:44 | 04:22:41.75 | 04:22:41.75 | 9:03 | 6.6 |
| 197 | MASZKOWSKI RAFAŁ | 3242 | | LUBLIN | POL | OPEN M | 197 | M 197 | 03:01:21 | 04:22:51.35 | 04:22:51.35 | 9:03 | 6.6 |
| 198 | GORAJEK MICHAŁ | 3114 | ALA&LILA | NOWY KRĘPIEC | POL | OPEN M | 198 | M 198 | 02:51:58 | 04:22:58.80 | 04:22:58.80 | 9:04 | 6.6 |
| 199 | WINIARCZYK ŁUKASZ | 3425 | MIKI&OLUŚ&REMUŚ | LUBLIN | POL | OPEN M | 199 | M 199 | 02:50:23 | 04:22:58.95 | 04:22:58.95 | 9:04 | 6.6 |
| 200 | TYMBURSKI MICHAŁ | 3405 | SPARTA LUBLIN | WARSZAWA | POL | OPEN M | 200 | M 200 | 02:52:27 | 04:23:15.30 | 04:23:15.30 | 9:04 | 6.6 |
| 201 | KOSIŃSKI TOMASZ | 3180 | | WARSZAWA | POL | OPEN M | 201 | M 201 | 03:00:23 | 04:24:11.70 | 04:24:11.70 | 9:06 | 6.6 |
| 202 | KAWA DARIUSZ | 3157 | | ŁAZISKA GÓRNE | POL | OPEN M | 202 | M 202 | 02:59:44 | 04:25:51.85 | 04:25:51.85 | 9:10 | 6.5 |
| 203 | HOPEK TOMASZ | 3133 | AZS AWF KRAKÓW MASTERS | KRAKÓW | POL | OPEN M | 203 | M 203 | 02:59:04 | 04:28:08.20 | 04:28:08.20 | 9:14 | 6.5 |

ŁEMKO TRAIL 30, Open M c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 15.5km | Netto | Brutto | min/km | km/h |
|------|------------------------|------|--------------------------|-------------------|------|--------|--------|-------|----------|-------------|-------------|--------|------|
| 204 | SZYDLIK MAREK | 3380 | | ROZOGI | POL | OPEN M | 204 | M 204 | 02:55:11 | 04:32:08.95 | 04:32:08.95 | 9:23 | 6.4 |
| 205 | WIATRÓW MARCIN | 3418 | | WARSZAWA | POL | OPEN M | 205 | M 205 | 03:03:23 | 04:34:23.75 | 04:34:23.75 | 9:27 | 6.3 |
| 206 | LEŃCZUK ANDRZEJ | 3215 | | JASŁO | POL | OPEN M | 206 | M 206 | 03:00:13 | 04:35:18.05 | 04:35:18.05 | 9:29 | 6.3 |
| 207 | MAJCHROWSKI MARCIN | 3228 | EGGER BISKUPIEC BIEGA | STRAŻÓW | POL | OPEN M | 207 | M 207 | 02:01:01 | 04:35:55.35 | 04:35:55.35 | 9:30 | 6.3 |
| 208 | NADOBNY RADOŚLAW | 3267 | | STARGARD | POL | OPEN M | 208 | M 208 | 02:54:09 | 04:35:55.55 | 04:35:55.55 | 9:30 | 6.3 |
| 209 | KROLIK ROMAN | 3195 | | KORONÓWO | POL | OPEN M | 209 | M 209 | 01:41:09 | 04:35:59.15 | 04:35:59.15 | 9:31 | 6.3 |
| 210 | KAPTUR JAROSŁAW | 3154 | ZÓRAWSKI TEAM | KATOWICE | POL | OPEN M | 210 | M 210 | 03:00:58 | 04:36:43.55 | 04:36:43.55 | 9:32 | 6.3 |
| 211 | TOCHOWICZ JACEK | 3395 | | KATOWICE | POL | OPEN M | 211 | M 211 | 03:00:52 | 04:36:43.70 | 04:36:43.70 | 9:32 | 6.3 |
| 212 | ŚLIWA ADAM | 3386 | | GORLICE | POL | OPEN M | 212 | M 212 | 02:43:52 | 04:36:47.80 | 04:36:47.80 | 9:32 | 6.3 |
| 213 | CYNARSKI ROLAND | 3048 | HAPPY RUNNERS | BYTOM | POL | OPEN M | 213 | M 213 | 02:55:04 | 04:37:06.50 | 04:37:06.50 | 9:33 | 6.3 |
| 214 | ROLKA WIKTOR | 3328 | | SZCZECIN | POL | OPEN M | 214 | M 214 | 02:55:26 | 04:37:32.90 | 04:37:32.90 | 9:34 | 6.3 |
| 215 | ŻIŚKA MACIEJ | 3458 | | JASTRZĘBNIK | POL | OPEN M | 215 | M 215 | 03:20:14 | 04:38:33.05 | 04:38:33.05 | 9:36 | 6.2 |
| 216 | SMOCZYŃSKI PIOTR | 3352 | | JULIANÓW | POL | OPEN M | 216 | M 216 | 03:20:24 | 04:38:33.20 | 04:38:33.20 | 9:36 | 6.2 |
| 217 | TROCHANOWSKI KRYSZTIAN | 3399 | RUSYNLEM | SOBIN | POL | OPEN M | 217 | M 217 | 03:01:36 | 04:39:07.40 | 04:39:07.40 | 9:37 | 6.2 |
| 218 | TYLMAN RADOŚLAW | 3404 | | WARSZAWA | POL | OPEN M | 218 | M 218 | 03:16:44 | 04:39:33.10 | 04:39:33.10 | 9:38 | 6.2 |
| 219 | GIERLOTKA MACIEJ | 3100 | HARDE SUKI I WCZASOWICZE | MIKOŁÓW | POL | OPEN M | 219 | M 219 | 03:18:53 | 04:39:47.75 | 04:39:47.75 | 9:38 | 6.2 |
| 220 | KOZŁOWSKI TOMASZ | 3191 | HARDE SUKI I WCZASOWICZE | KATOWICE | POL | OPEN M | 220 | M 220 | 03:18:26 | 04:39:49.10 | 04:39:49.10 | 9:38 | 6.2 |
| 221 | SZYMAŃSKI MARIUSZ | 3383 | | MIŃSK MAZOWIECKI | POL | OPEN M | 221 | M 221 | 03:17:58 | 04:40:26.95 | 04:40:26.95 | 9:40 | 6.2 |
| 222 | KUPIEC DARIUSZ | 3207 | MKB DREPTAK | MIŃSK MAZOWIECKI | POL | OPEN M | 222 | M 222 | 03:18:04 | 04:40:27.20 | 04:40:27.20 | 9:40 | 6.2 |
| 223 | ZACŁONA KRZYSZTOF | 3443 | SAINT - GOBAIN SQUAD | KLUCZE | POL | OPEN M | 223 | M 223 | 03:19:13 | 04:40:59.00 | 04:40:59.00 | 9:41 | 6.2 |
| 224 | ZGÓRSKI MACIEJ | 3454 | | BYDGOSZCZ | POL | OPEN M | 224 | M 224 | 03:19:07 | 04:41:47.95 | 04:41:47.95 | 9:43 | 6.2 |
| 225 | CHOMIAK DARIUSZ | 3041 | | GORZÓW WLKP | POL | OPEN M | 225 | M 225 | 03:20:34 | 04:42:13.60 | 04:42:13.60 | 9:43 | 6.2 |
| 226 | NITSCH TOMASZ | 3272 | | WARSZAWA (WESOŁA) | POL | OPEN M | 226 | M 226 | 03:17:42 | 04:44:01.30 | 04:44:01.30 | 9:47 | 6.1 |
| 227 | GALESKI STANISŁAW | 3086 | KLUB SPORTOWY PSTRONG | DRESDEN | GER | OPEN M | 227 | M 227 | | 04:44:21.75 | 04:44:21.75 | 9:48 | 6.1 |
| 228 | WALUGA MICHAŁ | 3413 | | PEŁCZYCE | POL | OPEN M | 228 | M 228 | 03:01:53 | 04:44:24.00 | 04:44:24.00 | 9:48 | 6.1 |
| 229 | GAWĘDZKI RAFAŁ | 3097 | | OBORNIKI ŚLĄSKIE | POL | OPEN M | 229 | M 229 | 03:03:35 | 04:45:13.50 | 04:45:13.50 | 9:50 | 6.1 |
| 230 | MIELCZAREK PIOTR | 3250 | | MĘDŁÓW | POL | OPEN M | 230 | M 230 | | 04:47:18.15 | 04:47:18.15 | 9:54 | 6.1 |
| 231 | SZRENIAWA WALDEMAR | 3377 | MIRAZ RACE TEAM | NIEPOŁOMICE | POL | OPEN M | 231 | M 231 | 03:03:29 | 04:47:23.35 | 04:47:23.35 | 9:54 | 6.1 |
| 232 | BACZUK JAKUB | 3008 | | WARSZAWA | POL | OPEN M | 232 | M 232 | 02:40:26 | 04:49:13.20 | 04:49:13.20 | 9:58 | 6 |
| 233 | ROMANOWSKI KRYSZTIAN | 3330 | OTF | WARSZAWA | POL | OPEN M | 233 | M 233 | 03:02:01 | 04:51:18.70 | 04:51:18.70 | 10:02 | 6 |
| 234 | TARNOWSKI PAWEŁ | 3393 | BRAC'TWO BIEGOWE BGK | LUBLIN | POL | OPEN M | 234 | M 234 | 03:22:03 | 04:56:58.45 | 04:56:58.45 | 10:14 | 5.9 |
| 235 | BIELIŃSKI MICHAŁ | 3018 | WERAARMY | GORZKÓW | POL | OPEN M | 235 | M 235 | 03:20:59 | 04:57:21.45 | 04:57:21.45 | 10:15 | 5.9 |
| 236 | WAŚŁOWICZ BARTŁOMIEJ | 3415 | | RZESZÓW | POL | OPEN M | 236 | M 236 | 03:21:21 | 05:09:17.65 | 05:09:17.65 | 10:39 | 5.6 |