

**X ZIMOWY MARATON BIESZCZADZKI 2024 - 43KM**

Organizator: Fundacja Bieg Rzeźnika

Data: 2024-01-27

Miejsce: Cisna

Dystans: 43 km

Klasyfikacja wg czasów brutto.

**X ZIMOWY MARATON BIESZCZADZKI 2024 - 43KM, OPEN**

| M-ce | Nazwisko i imię            | Nr   | Klub   | M-scowość   | Kraj | Kat. | M. kat | K/M  | 27km     | 34km     | 34.1km   | 39km     | Netto       | Brutto      | min/km | km/h |
|------|----------------------------|------|--|-------------|------|------|--------|------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1    | DULSKI DANIEL              | 4186 | STAŃCZAK TEAM                                | BRENNA      | POL  | M30  | 1      | M 1  | 02:00:20 | 02:32:18 | 02:32:34 | 02:59:53 | 03:22:24.95 | 03:22:24.95 | 4:56   | 12.2 |
| 2    | ZBOZIEN JAROSŁAW           | 4177 | ALPIN SPORT TEAM                             | ŁĄCKO       | POL  | M30  | 2      | M 2  | 02:00:31 | 02:34:50 | 02:35:08 | 03:06:43 | 03:32:39.10 | 03:32:39.30 | 5:11   | 11.6 |
| 3    | TARŃSKA ALEKSANDRA         | 4063 |  | KATOWICE    | POL  | K20  | 1      | K 1  | 02:03:53 | 02:38:21 | 02:38:36 | 03:08:05 | 03:32:35.00 | 03:32:44.80 | 5:11   | 11.6 |
| 4    | JACHYMIAK ROBERT           | 4096 | SPECJALISTYCZNY GABINET REHABILITACJI DZIECI | NOWY TARG   | POL  | M40  | 1      | M 3  | 02:00:32 | 02:37:04 | 02:37:19 | 03:09:38 | 03:33:56.05 | 03:33:56.05 | 5:13   | 11.5 |
| 5    | PASIECZNY ROBERT           | 4053 | FARTLEK GO                                   | GORZYCE     | POL  | M40  | 2      | M 4  | 02:09:34 | 02:46:41 | 02:48:42 | 03:22:00 | 03:35:10.40 | 03:35:27.65 | 5:14   | 11.4 |
| 6    | GOŚCINIOWICZ PAWEŁ         | 4154 |  | KATOWICE    | POL  | M40  | 3      | M 5  | 02:04:19 | 02:39:33 | 02:40:17 | 03:12:30 | 03:39:01.30 | 03:39:02.85 | 5:20   | 11.2 |
| 7    | DZIEWIŃSKI DAMIAN          | 4108 | 35BLP / SANOK BIEGA                          | SANOK       | POL  | M40  | 4      | M 6  | 02:01:09 | 02:37:08 | 02:37:39 | 03:09:09 | 03:39:57.55 | 03:39:57.85 | 5:21   | 11.2 |
| 8    | FLISIŃSKI ŁUKASZ           | 4113 | ALPIN SPORT TEAM                             | SOSNOWIEC   | POL  | M40  | 5      | M 7  | 02:08:16 | 02:45:42 | 02:45:55 | 03:19:19 | 03:46:32.10 | 03:46:32.55 | 5:31   | 10.9 |
| 9    | BOCHENEK MAGDALENA         | 4095 | G.O.A.T. TEAM                                | MICHAŁOWICE | POL  | K30  | 1      | K 2  | 02:12:22 | 02:49:48 | 02:50:39 | 03:23:37 | 03:51:56.80 | 03:51:57.75 | 5:39   | 10.6 |
| 10   | SZAPAR PRZEMYSŁAW          | 4155 | SZAPARRUN SCARPA                             | GDYNIA      | POL  | M40  | 6      | M 8  | 02:11:42 | 02:49:37 | 02:51:18 | 03:24:59 | 03:54:22.20 | 03:54:24.45 | 5:42   | 10.5 |
| 11   | RYCHTER KAROL              | 4194 | THE RYCHTERS                                 | NIEMCZ      | POL  | M40  | 7      | M 9  | 02:11:33 | 02:49:50 | 02:50:58 | 03:24:01 | 03:55:28.30 | 03:55:32.90 | 5:44   | 10.4 |
| 12   | GÓRALIK SYLWIA             | 4109 | KS ZAS AWF KRAKÓW                            | MYŚLENICE   | POL  | K40  | 1      | K 3  | 02:15:19 | 02:54:55 | 02:55:13 | 03:28:59 | 03:57:54.40 | 03:57:55.15 | 5:48   | 10.3 |
| 13   | KOZYRA PAWEŁ               | 4149 | RUNNERPAWCISLAW                              | LUBLIN      | POL  | M20  | 1      | M 10 | 02:09:49 | 02:49:09 | 02:49:58 | 03:25:49 | 03:59:23.00 | 03:59:25.85 | 5:50   | 10.3 |
| 14   | TOMALSKI JAKUB             | 4088 |  | RADOMSKO    | POL  | M30  | 3      | M 11 | 02:16:08 | 02:55:05 | 02:55:26 | 03:29:17 | 03:59:47.20 | 03:59:50.10 | 5:50   | 10.3 |
| 15   | BOYCE AIDAN                | 4005 |  | KRAKÓW      | POL  | M40  | 8      | M 12 | 02:10:37 | 02:52:13 | 02:52:34 | 03:29:31 | 03:59:56.05 | 03:59:58.00 | 5:51   | 10.3 |
| 16   | PROTAS KRZYSZTOF           | 4006 |  | WARSZAWA    | POL  | M40  | 9      | M 13 | 02:12:11 | 02:52:26 | 02:53:54 | 03:29:26 | 04:02:44.30 | 04:02:56.85 | 5:55   | 10.1 |
| 17   | PLONKA RAFAŁ               | 4188 | PODIUM                                       | KRASNA      | POL  | M30  | 4      | M 14 | 02:11:55 | 02:53:41 | 02:53:59 | 03:34:23 | 04:06:45.00 | 04:06:45.80 | 6:01   | 10   |
| 18   | GAC MARIUSZ                | 4078 | STOPKA PILAWA                                | PILAWA      | POL  | M40  | 10     | M 15 | 02:14:03 | 02:54:43 | 02:55:41 | 03:34:00 | 04:08:41.40 | 04:08:52.30 | 6:03   | 9.9  |
| 19   | KORCZAK KAMIL              | 4065 | ORANGE POLSKA                                | CEDZYN      | POL  | M30  | 5      | M 16 | 02:16:38 | 03:00:58 | 03:02:15 | 03:40:19 | 04:13:55.45 | 04:13:56.70 | 6:11   | 9.7  |
| 20   | JACHIMOWSKI JAROSŁAW       | 4145 | SANOK BIEGA                                  | SANOK       | POL  | M40  | 11     | M 17 | 02:21:47 | 03:04:12 | 03:04:53 | 03:43:41 | 04:16:31.90 | 04:16:34.65 | 6:15   | 9.6  |
| 21   | STACHOWSKI DAMIAN          | 4038 | ZABIEGANI IMIELIN                            | IMIELIN     | POL  | M30  | 6      | M 18 | 02:20:57 | 03:03:37 | 03:05:04 | 03:42:49 | 04:16:52.60 | 04:16:57.25 | 6:15   | 9.6  |
| 22   | TKACZEWSKI PIOTR           | 4060 |  | MIECHÓW     | POL  | M50  | 1      | M 19 | 02:22:31 | 03:04:40 | 03:06:18 | 03:43:46 | 04:17:24.45 | 04:17:42.00 | 6:16   | 9.6  |
| 23   | RACHWAŁ KAMIL              | 4123 |  | RÓWNE       | POL  | M30  | 7      | M 20 | 02:19:25 | 03:03:43 | 03:05:11 | 03:44:04 | 04:18:01.60 | 04:18:02.30 | 6:17   | 9.5  |
| 24   | KOSIN PAWEŁ                | 4018 | KLUB BIEGĄCYCH LEŚNIKÓW                      | KIELCE      | POL  | M40  | 12     | M 21 | 02:28:37 | 03:15:25 |          |          | 04:21:30.20 | 04:21:34.00 | 6:22   | 9.4  |
| 25   | ŁUKASIK ANNA               | 4023 | MKL BRYGADA BESKIDÓW                         | NOWY SĄCZ   | POL  | K40  | 2      | K 4  | 02:29:11 | 03:13:10 | 03:13:22 | 03:49:30 | 04:21:52.40 | 04:21:54.05 | 6:23   | 9.4  |
| 26   | STACHURSKI PAWEŁ           | 4160 |  | ŁAŃCUT      | POL  | M40  | 13     | M 22 | 02:24:33 | 03:08:44 | 03:09:52 | 03:50:28 | 04:22:36.50 | 04:23:03.60 | 6:24   | 9.4  |
| 27   | STACHURSKI ARKADIUSZ       | 4077 |  | WARSZAWA    | POL  | M30  | 8      | M 23 | 02:26:36 | 03:10:19 | 03:13:12 | 03:51:45 | 04:23:12.60 | 04:23:20.05 | 6:25   | 9.3  |
| 28   | WIĘCEK DAMIAN              | 4161 | PAPPYN RUNNING TEAM                          | STOBIERNA   | POL  | M20  | 2      | M 24 | 02:16:45 | 02:59:42 | 03:03:39 | 03:45:47 | 04:23:54.25 | 04:24:03.15 | 6:26   | 9.3  |
| 29   | RYCHTER MARCIN             | 4195 | THE RYCHTERS                                 | NIEMCZ      | POL  | M50  | 2      | M 25 | 02:19:53 | 03:05:02 | 03:07:21 | 03:46:48 | 04:24:00.30 | 04:24:05.55 | 6:26   | 9.3  |
| 30   | STEPANIAK GRZEGORZ         | 4128 | SEROWARNIA SWOBODA                           | GRUSZOWA    | POL  | M40  | 14     | M 26 | 02:27:13 | 03:11:54 | 03:13:23 | 03:53:03 | 04:27:25.95 | 04:27:28.55 | 6:31   | 9.2  |
| 31   | WALASEK GRZEGORZ           | 4157 | BIEGUSIEM.PL                                 | RYKI        | POL  | M50  | 3      | M 27 | 02:14:23 | 03:02:26 | 03:03:41 | 03:46:34 | 04:27:54.50 | 04:27:59.15 | 6:32   | 9.2  |
| 32   | ZIĘBA SABINA               | 4170 | FOREVER                                      | ŚWILCZA     | POL  | K40  | 3      | K 5  | 02:28:45 | 03:14:32 | 03:14:47 | 03:54:56 | 04:29:28.80 | 04:29:30.65 | 6:34   | 9.1  |
| 33   | TAUZ ANDRZEJ               | 4116 |  | WARSZAWA    | POL  | M40  | 15     | M 28 | 02:21:03 | 03:03:59 | 03:06:12 | 03:48:41 | 04:29:08.35 | 04:29:41.75 | 6:33   | 9.1  |
| 34   | GWIZDAŁA ŁUKASZ            | 4105 | NAJMNIJSZA WATAHA ŚWIATA Z:.F                | KRZESZOWICE | POL  | M30  | 9      | M 29 | 02:31:45 | 03:14:57 | 03:17:17 | 03:56:35 | 04:30:19.55 | 04:30:55.80 | 6:35   | 9.1  |
| 35   | DŁUGOSZ-STĘPŃNIK AGNIESZKA | 4083 | STAY INSANE                                  | LUBLIN      | POL  | K30  | 2      | K 6  | 02:34:14 | 03:20:26 | 03:21:30 | 04:00:26 | 04:31:47.50 | 04:31:55.65 | 6:37   | 9.1  |
| 36   | WRONOWSKI MARCIN           | 4003 | LUBARTOWSKI BEERGACZ                         | LUBARTÓW    | POL  | M30  | 10     | M 30 | 02:22:26 | 03:09:29 | 03:12:03 | 03:54:10 | 04:32:53.65 | 04:33:34.70 | 6:39   | 9    |
| 37   | KALTENBERG JANUSZ          | 4035 |  | JAROSŁAW    | POL  | M50  | 4      | M 31 | 02:29:19 | 03:17:26 | 03:17:44 | 03:59:09 | 04:36:56.00 | 04:37:04.40 | 6:45   | 8.9  |
| 38   | WIŚNIEWSKI TOMASZ          | 4041 |  | POZNAŃ      | POL  | M40  | 16     | M 32 | 02:26:19 | 03:13:04 | 03:13:17 | 03:54:53 | 04:37:35.20 | 04:37:46.65 | 6:46   | 8.9  |
| 39   | AŚLANOWICZ MARCIN          | 4136 |  | WARSZAWA    | POL  | M40  | 17     | M 33 | 02:32:33 | 03:20:26 | 03:22:49 | 04:03:47 | 04:40:53.80 | 04:40:56.25 | 6:51   | 8.8  |
| 40   | SOBIESZEK SYLWIA           | 4046 | ZWOLEŃNICY BIEGANIA                          | ZWOLEŃ      | POL  | K40  | 4      | K 7  | 02:25:51 | 03:12:11 | 03:12:31 | 03:57:04 | 04:41:19.25 | 04:41:28.20 | 6:51   | 8.7  |
| 41   | SIENKO ŁUKASZ              | 4068 | AKTYWNY DYNÓW                                | DYNÓW       | POL  | M40  | 18     | M 34 | 02:33:46 | 03:20:04 | 03:21:47 | 04:03:20 | 04:42:55.95 | 04:43:03.30 | 6:54   | 8.7  |
| 42   | FIGEL MICHAŁ               | 4091 | MIKI TEAM                                    | GDAŃSK      | POL  | M40  | 19     | M 35 | 02:39:22 | 03:27:16 | 03:28:12 | 04:08:36 | 04:42:48.00 | 04:43:16.15 | 6:53   | 8.7  |

**X ZIMOWY MARATON BIESZCZADZKI 2024 - 43KM, OPEN c.d.**

| M-ce | Nazwisko i imię       | Nr   | Klub                             | M-scowość        | Kraj | Kat. | M. kat | K/M  | 27km     | 34km     | 34.1km   | 39km     | Netto       | Brutto      | min/km | km/h |
|------|-----------------------|------|----------------------------------|------------------|------|------|--------|------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 43   | WALECKI JAREK         | 4052 | STOPKA PILAWA                    | PILAWA           | POL  | M40  | 20     | M 36 | 02:37:48 | 03:25:49 | 03:29:04 | 04:10:41 | 04:43:44.70 | 04:43:55.15 | 6:55   | 8.7  |
| 44   | KRASON MARCIN         | 4167 |                                  | NIWIKA           | POL  | M20  | 3      | M 37 | 02:33:25 | 03:24:39 | 03:26:56 | 04:10:33 | 04:44:12.65 | 04:44:52.30 | 6:55   | 8.7  |
| 45   | GLUCHOWSKI PRZEMEK    | 4158 | KONIN RUN                        | ŻYCHLIN          | POL  | M40  | 21     | M 38 | 02:33:51 | 03:23:47 | 03:26:28 | 04:07:24 | 04:44:41.60 | 04:45:19.55 | 6:56   | 8.6  |
| 46   | PROKULEWICZ TOMASZ    | 4178 |                                  | WIELICZKA        | POL  | M40  | 22     | M 39 | 02:36:46 | 03:21:25 | 03:24:05 | 04:04:45 | 04:45:02.20 | 04:45:28.35 | 6:57   | 8.6  |
| 47   | MACHNIKOWSKI TOMASZ   | 4008 | LUBARTOWSKI BEERGACZ             | LUBARTÓW         | POL  | M50  | 5      | M 40 | 02:34:42 | 03:18:37 | 03:23:45 | 04:06:25 | 04:45:41.50 | 04:46:22.95 | 6:58   | 8.6  |
| 48   | FLOREK JERZY          | 4080 | LUBARTOWSKI BEERGACZ             | LUBARTÓW         | POL  | M60  | 1      | M 41 | 02:34:41 | 03:18:28 | 03:23:46 | 04:06:19 | 04:45:41.20 | 04:46:23.30 | 6:58   | 8.6  |
| 49   | SZCZYPIŃSKI BARTOSZ   | 4002 | LUBARTOWSKI BEERGACZ             | LUBARTÓW         | POL  | M40  | 23     | M 42 | 02:34:41 | 03:18:26 | 03:23:46 | 04:06:22 | 04:45:42.70 | 04:46:23.55 | 6:58   | 8.6  |
| 50   | PITTNER ANDRZEJ       | 4114 | BORGWARNER RUNNING<br>TEAM       | RZESZÓW          | POL  | M30  | 11     | M 43 | 02:42:42 | 03:30:40 | 03:32:25 | 04:13:55 | 04:47:50.30 | 04:48:13.60 | 7:01   | 8.5  |
| 51   | SKOCZEK JAKUB         | 4106 | KKB KOŁBIEL BIEGA                | KOŁBIEL          | POL  | M30  | 12     | M 44 | 02:33:17 | 03:20:35 | 03:27:40 | 04:08:30 | 04:48:07.00 | 04:48:20.30 | 7:01   | 8.5  |
| 52   | PIETRZAK RAFAŁ        | 4164 | STOPKA PILAWA                    | PILAWA           | POL  | M30  | 13     | M 45 | 02:39:09 | 03:27:54 | 03:30:39 | 04:12:53 | 04:48:16.50 | 04:48:29.65 | 7:01   | 8.5  |
| 53   | GODYŃ JAN             | 4007 | DELOITTE ADVENTURE<br>TEAM       | KATOWICE         | POL  | M40  | 24     | M 46 | 02:31:50 | 03:20:52 | 03:26:57 | 04:08:41 | 04:48:51.25 | 04:49:03.30 | 7:02   | 8.5  |
| 54   | SZAFRAŃSKA ALEKSANDRA | 4104 |                                  | PIASTÓW          | POL  | K30  | 3      | K 8  | 02:34:12 | 03:22:12 | 03:26:59 | 04:10:47 | 04:48:24.90 | 04:49:06.85 | 7:02   | 8.5  |
| 55   | STODOLNY KRZYSZTOF    | 4009 |                                  | WORZYŃ           | POL  | M60  | 2      | M 47 | 02:34:35 | 03:23:02 | 03:26:35 | 04:11:36 | 04:49:08.55 | 04:49:13.80 | 7:03   | 8.5  |
| 56   | HOLONA MACIEK         | 4166 | FORMA WODZISŁAW                  | RYBNIK           | POL  | M50  | 6      | M 48 | 02:34:05 | 03:25:16 | 03:26:11 | 04:11:28 | 04:51:58.15 | 04:52:04.05 | 7:07   | 8.4  |
| 57   | JELENIOWSKI PAWEŁ     | 4069 |                                  | WARSZAWA         | POL  | M30  | 14     | M 49 | 02:30:22 | 03:21:31 | 03:26:18 | 04:13:02 | 04:52:59.95 | 04:53:03.15 | 7:08   | 8.4  |
| 58   | WOŁOSZYN MAŁGORZATA   | 4191 | MARGO TEAM                       | BIELESKO - BIAŁA | POL  | K40  | 5      | K 9  | 02:47:00 | 03:35:37 | 03:36:51 | 04:18:08 | 04:56:40.15 | 04:56:53.60 | 7:14   | 8.3  |
| 59   | ZARĘBSKI KRZYSZTOF    | 4148 | SZYBZY I WŚCIEKLI                | KRASNYSTAW       | POL  | M30  | 15     | M 50 | 02:37:00 | 03:28:15 | 03:34:55 | 04:17:14 | 04:57:09.05 | 04:57:15.45 | 7:14   | 8.3  |
| 60   | GROBELNY TOMASZ       | 4027 |                                  | PATŃÓW           | POL  | M40  | 25     | M 51 | 02:42:48 | 03:35:49 | 03:41:00 | 04:23:18 | 04:58:04.70 | 04:58:31.80 | 7:16   | 8.3  |
| 61   | GRASELA ERNEST        | 4147 | BESKIDZKIE RYSIE<br>RUNNING TEAM | JASŁO            | POL  | M40  | 26     | M 52 | 02:31:56 | 03:25:43 | 03:29:20 | 04:16:45 | 05:00:30.25 | 05:00:32.70 | 7:19   | 8.2  |
| 62   | MALETA MARCIN         | 4076 | LPP TEAM                         | MIECHÓW          | POL  | M30  | 16     | M 53 | 02:45:54 | 03:35:33 | 03:40:48 | 04:25:50 | 05:02:51.30 | 05:03:08.85 | 7:23   | 8.1  |
| 63   | WALKOWIAK JOANNA      | 4162 |                                  | POZNAŃ           | POL  | K40  | 6      | K 10 | 02:51:50 | 03:41:18 | 03:45:45 | 04:27:15 | 05:03:16.20 | 05:03:34.30 | 7:23   | 8.1  |
| 64   | KRAJEWSKI MARCIN      | 4168 | NEO-SYSTEM                       | BRODNICA         | POL  | M40  | 27     | M 54 | 02:57:38 |          |          | 04:22:56 | 05:02:51.45 | 05:03:39.95 | 7:23   | 8.1  |
| 65   | BODNAR ADRIAN         | 4102 |                                  | SANOK            | POL  | M30  | 17     | M 55 | 02:35:42 | 03:28:25 | 03:30:45 | 04:22:27 | 05:03:32.75 | 05:03:43.35 | 7:24   | 8.1  |
| 66   | PYRKOSZ DAMIAN        | 4011 | ENGLISH VITAE                    | RZESZÓW          | POL  | M50  | 7      | M 56 | 02:45:36 | 03:37:52 | 03:40:53 | 04:25:02 | 05:03:43.75 | 05:03:53.55 | 7:24   | 8.1  |
| 67   | MAJEWICZ GRZEGORZ     | 4010 |                                  | MIECHÓW          | POL  | M40  | 28     | M 57 | 02:45:28 | 03:35:23 | 03:40:48 | 04:25:30 | 05:05:01.95 | 05:05:20.50 | 7:26   | 8.1  |
| 68   | SUWEZDA JACEK         | 4117 | CZĘSTOCHOWSKIE DZIKI             | CZĘSTOCHOWA      | POL  | M50  | 8      | M 58 | 02:33:18 | 03:28:08 | 03:29:59 | 04:22:27 | 05:05:45.45 | 05:05:56.65 | 7:27   | 8    |
| 69   | NOWAK ROBERT          | 4014 | PORANNY PATROL                   | RZAŚKA           | POL  | M50  | 9      | M 59 | 02:53:37 | 03:48:04 | 03:51:34 | 04:31:04 | 05:06:47.10 | 05:06:52.20 | 7:28   | 8    |
| 70   | PETER MARCIN          | 4059 |                                  | KATOWICE         | POL  | M40  | 29     | M 60 | 02:43:18 | 03:36:35 | 03:40:13 | 04:26:11 | 05:07:12.45 | 05:07:15.40 | 7:29   | 8    |
| 71   | WILK SYLWESTER        | 4045 |                                  | NOWY PRAŻMÓW     | POL  | M40  | 30     | M 61 | 02:49:44 | 03:39:00 | 03:44:42 | 04:27:26 | 05:07:17.90 | 05:07:52.30 | 7:29   | 8    |
| 72   | DRESZLER WIESŁAW      | 4086 |                                  | SKOWARCZ         | POL  | M50  | 10     | M 62 | 02:51:57 | 03:41:49 | 03:43:22 | 04:25:51 | 05:10:08.75 | 05:10:20.05 | 7:33   | 7.9  |
| 73   | PIOTR GAJDA           | 4073 |                                  | CIESZYŃ          | POL  | M40  | 31     | M 63 | 02:58:14 | 03:51:25 | 03:58:18 | 04:39:16 | 05:13:35.65 | 05:13:50.95 | 7:38   | 7.8  |
| 74   | RYBAK ŁUKASZ          | 4130 |                                  | WIELICZKA        | POL  | M40  | 32     | M 64 | 02:36:45 | 03:32:42 | 03:39:51 | 04:27:56 | 05:13:50.30 | 05:14:16.50 | 7:39   | 7.8  |
| 75   | TUPTYŃSKI TOMASZ      | 4146 | CZARNA OWCA                      | BRODNICA         | POL  | M50  | 11     | M 65 | 02:58:46 | 03:54:44 | 03:57:15 | 04:38:56 | 05:15:20.75 | 05:16:08.85 | 7:41   | 7.8  |
| 76   | ZAWADKA KAMIL         | 4062 | STOPKA PILAWA                    | PILAWA           | POL  | M30  | 18     | M 66 | 02:41:43 | 03:37:37 | 03:43:43 | 04:33:01 | 05:16:55.75 | 05:17:07.35 | 7:43   | 7.8  |
| 77   | APOLLO MICHAŁ         | 4134 | KMW ZAKOPANE                     | KRAKOW           | POL  | M40  | 33     | M 67 | 02:47:44 | 03:44:08 | 03:50:26 | 04:38:47 | 05:17:20.75 | 05:17:40.00 | 7:44   | 7.8  |
| 78   | URBAŃCZYK DAREK       | 4171 |                                  | WARSZAWA         | POL  | M40  | 34     | M 68 | 02:54:02 | 03:46:34 | 03:50:27 | 04:37:21 | 05:17:01.20 | 05:18:02.05 | 7:43   | 7.8  |
| 79   | SERAFIN PIOTR         | 4184 |                                  | STRÓŻE           | POL  | M40  | 35     | M 69 | 02:48:55 | 03:45:43 | 03:51:41 | 04:38:50 | 05:17:56.25 | 05:18:04.50 | 7:45   | 7.7  |
| 80   | MRYCZKO ROMAN         | 4129 | AKTYWNY DYNÓW                    | DYNÓW            | POL  | M50  | 12     | M 70 | 02:48:12 | 03:48:03 | 03:51:16 | 04:36:35 | 05:18:50.40 | 05:18:58.25 | 7:46   | 7.7  |
| 81   | PRAGNAĆA MILENA       | 4013 | PORANNY PATROL                   | KRAKÓW           | POL  | K40  | 7      | K 11 | 02:53:36 | 03:48:03 | 03:51:30 | 04:38:50 | 05:19:33.60 | 05:19:38.00 | 7:47   | 7.7  |
| 82   | KUCHARZYK GRZEGORZ    | 4151 | SKILLS                           | LUBLIN           | POL  | M40  | 36     | M 71 | 03:01:38 | 03:57:30 | 03:58:34 | 04:41:55 | 05:19:56.90 | 05:19:59.05 | 7:48   | 7.7  |
| 83   | PORĘBA EUGENIUSZ      | 4138 |                                  | MIECHÓW          | POL  | M60  | 3      | M 72 | 02:52:20 | 03:44:37 | 03:45:54 | 04:34:45 | 05:22:48.65 | 05:23:05.35 | 7:52   | 7.6  |
| 84   | FEDAK BOHDAN          | 4033 | AKTYWNI ZAGÓRZ                   | ZAGÓRZ           | POL  | M50  | 13     | M 73 | 02:45:10 | 03:40:59 | 03:43:11 | 04:34:01 | 05:22:52.95 | 05:23:21.40 | 7:52   | 7.6  |
| 85   | PILCH PATRYK          | 4132 |                                  | KRAKÓW           | POL  | M30  | 19     | M 74 | 02:56:09 | 03:53:05 | 03:54:58 | 04:42:57 | 05:23:39.15 | 05:23:47.20 | 7:53   | 7.6  |
| 86   | MILKOWSKI DAWID       | 4135 |                                  | KRAKÓW           | POL  | M30  | 20     | M 75 | 02:56:08 | 03:53:06 | 03:55:35 | 04:43:04 | 05:23:43.25 | 05:23:51.95 | 7:53   | 7.6  |
| 87   | MYGA MICHAŁ           | 4071 | HEARTLESS                        | KATOWICE         | POL  | M30  | 21     | M 76 | 02:53:27 | 03:46:21 | 03:54:35 | 04:39:00 | 05:23:47.70 | 05:23:55.35 | 7:53   | 7.6  |
| 88   | CHOINA KAMIL          | 4043 |                                  | LUBLIN           | POL  | M30  | 22     | M 77 | 02:34:41 | 03:30:15 | 03:42:39 | 04:38:10 | 05:23:50.05 | 05:24:32.60 | 7:53   | 7.6  |
| 89   | WILK DAMIAN           | 4047 | ZGNIŁE JAJA                      | CMOLAS           | POL  | M30  | 23     | M 78 | 02:48:20 | 03:44:19 | 03:48:45 | 04:36:24 | 05:25:28.85 | 05:25:46.30 | 7:56   | 7.6  |
| 90   | ZAJĄCZKOWSKI PAWEŁ    | 4004 | POWER TRAINING                   | WARSZAWA         | POL  | M30  | 24     | M 79 | 03:00:56 | 03:54:43 | 03:57:15 | 04:45:00 | 05:28:02.75 | 05:28:25.40 | 8:00   | 7.5  |
| 91   | JANOWSKI BOGDAN       | 4169 |                                  | WARSZAWA         | POL  | M50  | 14     | M 80 | 02:47:28 | 03:39:12 | 03:55:36 | 04:39:30 | 05:28:35.85 | 05:28:47.30 | 8:00   | 7.5  |
| 92   | SZCZEPAŃSKI GRZEGORZ  | 4172 | 8132746829                       | POLAND           | POL  | M40  | 37     | M 81 | 02:49:41 | 03:50:01 | 03:52:57 | 04:40:33 | 05:24:16.85 | 05:29:19.85 | 7:54   | 7.6  |
| 93   | PIĘTKA RAFAŁ          | 4084 | STOPKA PILAWA                    | LIPÓWKI          | POL  | M30  | 25     | M 82 | 02:49:36 | 03:47:58 | 03:50:32 | 04:42:20 | 05:29:10.85 | 05:29:24.60 | 8:01   | 7.5  |
| 94   | RADWAŃSKA JUSTYNA     | 4176 |                                  | ŁÓDŹ             | POL  | K40  | 8      | K 12 | 02:53:11 | 03:45:50 | 03:46:49 | 04:31:40 | 05:29:16.90 | 05:29:31.30 | 8:01   | 7.5  |
| 95   | PROKOPIUK GRZEGORZ    | 4056 | SZWAGRY DWA                      | WARSZAWA         | POL  | M40  | 38     | M 83 | 02:57:53 | 03:52:23 | 03:57:34 | 04:44:18 | 05:30:43.75 | 05:31:03.35 | 8:03   | 7.4  |
| 96   | WOJTKIEWICZ JAROSŁAW  | 4175 |                                  | BALIGRÓD         | POL  | M50  | 15     | M 84 | 03:08:52 | 04:06:08 | 04:06:28 | 04:53:00 | 05:31:19.30 | 05:31:36.95 | 8:04   | 7.4  |

**X ZIMOWY MARATON BIESZCZADZKI 2024 - 43KM, OPEN c.d.**

| M-ce | Nazwisko i imię       | Nr   | Klub                                    | M-scowość           | Kraj | Kat. | M. kat | K/M   | 27km     | 34km     | 34.1km   | 39km     | Netto       | Brutto      | min/km | km/h |
|------|-----------------------|------|---|---------------------|------|------|--------|-------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 97   | GOLBIAK WOJCIECH      | 4057 |   | MIEDZYRZEC PODLASKI | POL  | M40  | 39     | M 85  | 02:48:09 | 03:47:33 | 03:51:25 | 04:43:52 | 05:33:52.40 | 05:34:10.95 | 8:08   | 7.4  |
| 98   | SOBOL LUDWIK          | 4182 | CZŁAPAK-MARUDER CISNA                   | KOMANCZA            | POL  | M50  | 16     | M 86  | 03:04:01 | 03:59:03 | 04:01:25 | 04:49:28 | 05:34:23.10 | 05:34:39.05 | 8:09   | 7.4  |
| 99   | ADAMOWICZ AGNIESZKA   | 4055 | SKÓRZEC<br>BIEGA/ZWOLENNICY<br>BIEGANIA | CIEPIELÓW           | POL  | K40  | 9      | K 13  | 03:03:44 | 03:59:08 | 04:01:30 | 04:49:32 | 05:34:41.55 | 05:34:51.20 | 8:09   | 7.4  |
| 100  | MACHNIKOWSKI PAWEŁ    | 4012 | LUBARTOWSKI BEERGACZ                    | WARSZAWA            | POL  | M40  | 40     | M 87  | 03:02:45 | 03:58:01 | 04:00:20 | 04:47:03 | 05:34:22.00 | 05:35:04.90 | 8:09   | 7.4  |
| 101  | GARECKI KRZYSZTOF     | 4075 |   | KRAKÓW              | POL  | M20  | 4      | M 88  | 02:50:03 | 03:48:04 | 03:52:15 | 04:45:55 | 05:38:01.05 | 05:38:45.10 | 8:14   | 7.3  |
| 102  | KŁOSOK ADAM           | 4022 |   | MARKLOWICE          | POL  | M40  | 41     | M 89  | 02:56:42 | 03:54:11 | 04:00:15 | 04:48:26 | 05:39:11.20 | 05:39:25.60 | 8:16   | 7.3  |
| 103  | KRAUZE TOMASZ         | 4125 | STOWARZYSZENIE<br>WROCLAWSKIE MORSY     | WROCLAW             | POL  | M50  | 17     | M 90  | 03:03:05 | 04:02:13 | 04:03:40 | 04:54:55 | 05:39:29.90 | 05:39:51.75 | 8:16   | 7.2  |
| 104  | TROCHIMOWICZ HUBERT T | 4042 | ULTRA AT HEART                          | WARSZAWA            | POL  | M40  | 42     | M 91  | 02:58:47 | 03:59:11 | 04:05:19 | 04:57:33 | 05:40:07.30 | 05:40:11.00 | 8:17   | 7.2  |
| 105  | JĘDRO TOMASZ          | 4070 |   | STRYKÓW             | POL  | M50  | 18     | M 92  | 03:06:06 | 04:06:47 | 04:11:57 | 04:59:23 | 05:41:37.65 | 05:41:44.70 | 8:19   | 7.2  |
| 106  | JASKULSKI EMIL        | 4190 |   | GÓROŁAZ<br>RADOM    | POL  | M30  | 26     | M 93  | 02:53:39 | 03:56:13 | 04:00:48 | 04:55:29 | 05:41:33.10 | 05:41:52.35 | 8:19   | 7.2  |
| 107  | WOŁOSZYN CZESŁAW      | 4181 | PIZUNY ROZTOCZE<br>WSCHODNIE            | PIZUNY              | POL  | M60  | 4      | M 94  | 03:13:22 | 04:09:24 | 04:11:20 | 05:01:30 | 05:43:25.30 | 05:43:48.65 | 8:22   | 7.2  |
| 108  | LEŚNIAK IZABELA       | 4029 |   | KRAKÓW              | POL  | K20  | 2      | K 14  | 03:09:34 | 04:06:17 | 04:06:47 | 04:59:18 | 05:43:57.00 | 05:44:40.50 | 8:23   | 7.2  |
| 109  | GAWLAK TOMASZ         | 4121 | BIECZ                                   | KOŁACZYCE           | POL  | M40  | 43     | M 95  | 03:03:24 | 03:59:27 | 04:01:07 | 04:54:01 | 05:46:49.60 | 05:46:55.30 | 8:27   | 7.1  |
| 110  | HOLIK IWONA           | 4133 | GORLICKA GRUPA BIEGOWA                  |                     | POL  | K40  | 10     | K 15  | 03:06:46 | 04:04:59 | 04:11:33 | 05:01:37 | 05:49:47.15 | 05:50:09.80 | 8:31   | 7    |
| 111  | JAROSZ KRZYSZTOF      | 4152 |   | WARSZAWA            | POL  | M40  | 44     | M 96  | 03:05:41 | 04:06:01 | 04:09:19 | 05:01:19 | 05:49:29.95 | 05:50:12.65 | 8:31   | 7    |
| 112  | SAWICKI WOJCIECH      | 4122 |   | WARSZAWA            | POL  | M40  | 45     | M 97  | 03:01:51 | 03:57:34 | 04:02:55 | 04:56:36 | 05:50:20.40 | 05:50:40.40 | 8:32   | 7    |
| 113  | LEŚNIAK-POPIEL MARTA  | 4141 |   | SANOK               | POL  | K40  | 11     | K 16  | 03:08:12 | 04:06:24 | 04:13:56 | 05:03:42 | 05:50:54.15 | 05:51:04.10 | 8:33   | 7    |
| 114  | DYŁĄG KATARZYNA       | 4142 | GGB                                     | BIECZ               | POL  | K40  | 12     | K 17  | 03:06:46 | 04:05:01 | 04:11:45 | 05:01:38 | 05:51:04.50 | 05:51:27.55 | 8:33   | 7    |
| 115  | STANEK BARTOSZ        | 4120 | PLEWISKA BIEGAJĄ                        | PLEWISKA            | POL  | M30  | 27     | M 98  | 03:12:49 | 04:07:26 | 04:20:03 | 05:02:03 | 05:52:13.80 | 05:52:22.05 | 8:35   | 7    |
| 116  | ŁAWRENCZUK PAWEŁ      | 4026 |   | ŁOWICZ              | POL  | M40  | 46     | M 99  | 02:57:03 | 03:58:23 | 04:04:29 | 05:02:07 | 05:52:48.95 | 05:52:53.25 | 8:36   | 7    |
| 117  | MYRTA ANDRZEJ         | 4049 | GÓROŁAZ                                 | RADOM               | POL  | M50  | 19     | M 100 | 03:11:11 | 04:11:57 | 04:15:31 | 05:09:52 | 05:55:51.45 | 05:56:12.25 | 8:40   | 6.9  |
| 118  | MICHALCZYK ARTUR      | 4119 |   | BOCHNIA             | POL  | M60  | 5      | M 101 | 03:06:49 | 04:08:30 | 04:20:50 | 05:11:51 | 05:59:30.40 | 05:59:46.20 | 8:46   | 6.8  |
| 119  | GŁÓWKA ALFRED         | 4101 | KARCZMA U FREDA                         | KEDZIERZYN-KOŹLE    | POL  | M60  | 6      | M 102 | 03:10:28 | 04:12:27 | 04:15:14 | 05:11:42 | 06:00:21.25 | 06:00:36.35 | 8:47   | 6.8  |
| 120  | MORAWSKI GRZEGORZ     | 4183 |   | WARSZAWA            | POL  | M40  | 47     | M 103 | 02:58:22 | 04:03:17 | 04:08:04 | 05:05:54 | 06:03:06.85 | 06:03:17.15 | 8:51   | 6.8  |
| 121  | JESIOTR ŁUKASZ        | 4067 | STOPKA PILAWA                           | PILAWA              | POL  | M30  | 28     | M 104 | 03:06:02 | 04:08:43 | 04:17:25 | 05:15:32 | 06:07:39.05 | 06:07:50.65 | 8:58   | 6.7  |
| 122  | OPOLSKI PIOTR         | 4074 | LUBARTOWSKI BEERGACZ                    | LUBARTÓW            | POL  | M40  | 48     | M 105 | 03:13:57 | 04:15:24 | 04:17:27 | 05:11:43 | 06:08:14.15 | 06:08:56.95 | 8:58   | 6.7  |
| 123  | LEŚNIAK DARIUSZ       | 4017 |   | SZCZECIN            | POL  | M50  | 20     | M 106 | 03:13:52 | 04:15:22 | 04:20:51 | 05:16:20 | 06:09:33.55 | 06:09:46.85 | 9:00   | 6.7  |
| 124  | MILC SZYMON           | 4118 | ULTRA WYJADACZE<br>WYDZIAŁ ZAMIEJSCOWY  | JÓZEFÓW             | POL  | M40  | 49     | M 107 | 03:09:25 | 04:11:13 | 04:20:28 | 05:12:03 | 06:09:16.50 | 06:09:51.15 | 9:00   | 6.7  |
| 125  | JEDLIŃSKI BARTOSZ     | 4031 | MARATOŃCZYK DĘBICA                      | BRZEŹNICA           | POL  | M40  | 50     | M 108 | 03:16:13 | 04:16:22 | 04:26:20 | 05:17:20 | 06:09:36.75 | 06:10:45.40 | 9:00   | 6.7  |
| 126  | GÓRNIAK BARTEK        | 4180 | MONKEYS TEAM'                           | ANNOPOL             | POL  | M30  | 29     | M 109 | 03:25:01 | 04:31:39 | 04:43:19 | 05:27:18 | 06:10:20.20 | 06:10:45.65 | 9:01   | 6.6  |
| 127  | PARYSZ ANNA           | 4015 | STARE BABICE BIEGAJĄ                    | BLIZNE JASIŃSKIEGO  | POL  | K60  | 1      | K 18  | 03:25:19 | 04:24:18 | 04:28:55 | 05:21:30 | 06:10:50.05 | 06:11:09.80 | 9:02   | 6.6  |
| 128  | MOLENDA SZCZEPAN      | 4061 |   | LEGIONOWO           | POL  | M30  | 30     | M 110 | 03:26:58 | 04:26:39 | 04:30:16 | 05:24:45 | 06:14:06.30 | 06:15:36.25 | 9:07   | 6.6  |
| 129  | BULAWA GRZEGORZ       | 4066 |   | GLIWICE             | POL  | M40  | 51     | M 111 | 03:12:11 | 04:17:13 | 04:28:56 | 05:22:24 | 06:16:05.70 | 06:16:15.25 | 9:10   | 6.5  |
| 130  | KĘDZIORA MARTA        | 4165 |   | WOLA BATORSKA       | POL  | K30  | 4      | K 19  | 03:29:53 | 04:33:09 | 04:37:06 | 05:30:10 | 06:16:22.35 | 06:17:01.00 | 9:10   | 6.5  |
| 131  | KUCHARCZYK RADOSŁAW   | 4159 |   | WARSZAWA            | POL  | M40  | 52     | M 112 | 03:06:34 | 04:08:40 | 04:32:41 | 05:25:52 | 06:19:02.00 | 06:19:06.00 | 9:14   | 6.5  |
| 132  | MACHOWSKI WOJCIECH    | 4092 |   | KRAKÓW              | POL  | M30  | 31     | M 113 | 03:20:38 | 04:22:33 | 04:27:41 | 05:23:50 | 06:19:38.30 | 06:20:07.65 | 9:15   | 6.5  |
| 133  | WALERJAN ŁUKASZ       | 4094 |   | MOGILANY            | POL  | M40  | 53     | M 114 | 03:20:40 | 04:22:36 | 04:27:41 | 05:23:53 | 06:19:39.65 | 06:20:07.90 | 9:15   | 6.5  |
| 134  | GŁOWACKI ANDRZEJ      | 4156 | MŁODY VS STARY                          | LEGIONOWO           | POL  | M50  | 21     | M 115 | 03:17:35 | 04:22:04 | 04:28:14 | 05:31:33 | 06:21:14.50 | 06:21:37.75 | 9:17   | 6.5  |
| 135  | BURY MAREK            | 4072 |   | KATOWICE            | POL  | M50  | 22     | M 116 | 03:30:47 | 04:33:16 | 04:42:55 | 05:36:05 | 06:27:14.70 | 06:27:46.05 | 9:26   | 6.4  |
| 136  | ŻACZEK ANNA           | 4081 | BIEGUSIEM.PL                            | RYKI                | POL  | K50  | 1      | K 20  | 03:36:49 | 04:38:54 | 04:46:05 | 05:39:28 | 06:28:12.25 | 06:28:17.45 | 9:28   | 6.3  |
| 137  | BALCERZAK MARIUSZ     | 4139 | DROGA DO ULTRA /<br>SZAKALE BAŁUT ŁÓDŹ  | ŁÓDŹ                | POL  | M40  | 54     | M 117 | 03:31:54 | 04:32:19 | 04:41:00 | 05:32:30 | 06:28:13.15 | 06:28:53.90 | 9:28   | 6.3  |
| 138  | BIAŁEK ADAM           | 4137 | GEPARDY Z ŁODZI                         | ŁÓDŹ                | POL  | M50  | 23     | M 118 | 03:31:55 | 04:32:17 | 04:40:58 | 05:32:29 | 06:28:14.60 | 06:28:55.30 | 9:28   | 6.3  |
| 139  | GADOMSKI GRZEGORZ     | 4112 |   | WARSZAWA            | POL  | M30  | 32     | M 119 | 03:09:34 | 04:16:11 | 04:24:29 | 05:26:37 | 06:29:03.05 | 06:29:45.95 | 9:29   | 6.3  |
| 140  | MACHNIKOWSKI IRENEUSZ | 4039 | LUBARTOWSKI BEERGACZ                    |                     | POL  | M50  | 24     | M 120 | 03:28:21 | 04:33:26 | 04:38:54 | 05:31:26 | 06:29:03.75 | 06:29:47.85 | 9:29   | 6.3  |
| 141  | MIKOŁAJCZYK JAROSŁAW  | 4058 |   | ŁÓDŹ                | POL  | M40  | 55     | M 121 | 03:34:35 | 04:40:02 | 04:49:26 | 05:45:04 | 06:34:09.70 | 06:34:29.65 | 9:36   | 6.2  |
| 142  | KARAMON PATRYK        | 4192 |   | WILKOŁAZ            | POL  | M20  | 5      | M 122 | 03:25:02 | 04:32:44 | 04:49:25 | 05:42:23 | 06:37:42.35 | 06:38:07.45 | 9:42   | 6.2  |
| 143  | GOLEŃ JUSTYNA         | 4082 |   | KRAŚNIK             | POL  | K40  | 13     | K 21  | 03:34:28 | 04:39:08 | 04:50:58 | 05:47:46 | 06:44:50.70 | 06:45:14.95 | 9:52   | 6.1  |
| 144  | KLOC TOMASZ           | 4185 |   | KRAŚNIK             | POL  | M40  | 56     | M 123 | 03:34:25 | 04:39:07 | 04:50:56 | 05:47:43 | 06:44:49.85 | 06:45:16.45 | 9:52   | 6.1  |
| 145  | PRYCIŃSKI KRZYSZTOF   | 4144 |   | SUCHY LAS           | POL  | M50  | 25     | M 124 | 03:36:58 | 04:38:49 | 04:46:10 | 05:40:21 | 06:45:34.65 | 06:46:07.65 | 9:53   | 6.1  |
| 146  | PRYCIŃSKA WIESŁAWA    | 4143 |   | SUCHY LAS           | POL  | K40  | 14     | K 22  | 03:36:59 | 04:38:52 | 04:46:12 | 05:40:17 | 06:45:37.10 | 06:46:08.95 | 9:53   | 6.1  |
| 147  | STOLARZ ANDRZEJ       | 4179 |   | NAŁĘCZÓW            | POL  | M40  | 57     | M 125 | 03:23:47 | 04:25:58 | 04:29:14 | 05:35:45 | 06:51:57.40 | 06:52:50.80 | 10:02  | 6    |

**X ZIMOWY MARATON BIESZCZADZKI 2024 - 43KM, OPEN c.d.**

| M-ce | Nazwisko i imię     | Nr   | Klub                 | M-scowość      | Kraj | Kat. | M. kat | K/M   | 27km     | 34km     | 34.1km   | 39km     | Netto       | Brutto      | min/km | km/h |
|------|---------------------|------|----------------------|----------------|------|------|--------|-------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 148  | PIECH ADAM          | 4054 | PORANNY PATROL       | KRAKÓW         | POL  | M50  | 26     | M 126 | 03:41:47 | 04:47:24 | 04:53:51 | 05:48:30 | 06:39:15.15 | 06:54:03.70 | 9:44   | 6.2  |
| 149  | KASPEREK MAGDALENA  | 4024 |                      | ZABRZE         | POL  | K40  | 15     | K 23  | 03:27:16 | 04:31:18 | 04:49:10 | 05:45:56 | 06:53:32.25 | 06:54:28.35 | 10:05  | 5.9  |
| 150  | KASPEREK IRENEUSZ   | 4030 |                      | ZABRZE         | POL  | M40  | 58     | M 127 | 03:27:16 | 04:31:19 | 04:49:13 | 05:45:56 | 06:53:34.75 | 06:54:30.60 | 10:05  | 5.9  |
| 151  | PIOTROWSKI JAKUB    | 4150 | VICTUS RĘBKÓW        | GARWOLIN       | POL  | M30  | 33     | M 128 | 03:30:15 | 04:39:31 | 04:51:02 | 05:44:18 | 06:54:10.35 | 06:54:59.15 | 10:06  | 5.9  |
| 152  | KALITOWSKI MACIEJ   | 4079 |                      | TARCZYN        | POL  | M40  | 59     | M 129 | 03:30:11 | 04:39:27 | 04:51:04 | 05:44:15 | 06:54:11.85 | 06:55:00.35 | 10:06  | 5.9  |
| 153  | WĄGRODZKI PIOTR     | 4153 |                      | GARWOLIN       | POL  | M50  | 27     | M 130 | 03:30:11 | 04:39:30 | 04:51:03 | 05:44:16 | 06:54:13.60 | 06:55:02.05 | 10:06  | 5.9  |
| 154  | CISKA RENATA        | 4036 | RYKOWISKO TEAM       | PŁOCK          | POL  | K40  | 16     | K 24  | 03:34:06 | 04:40:26 | 04:54:43 | 05:54:04 | 06:55:21.45 | 06:55:58.00 | 10:07  | 5.9  |
| 155  | DZIWIŚZEK TOMASZ    | 4040 | RYKOWISKO            | PŁOCK          | POL  | M40  | 60     | M 131 | 03:34:06 | 04:40:24 | 04:54:41 | 05:54:06 | 06:55:20.75 | 06:55:58.05 | 10:07  | 5.9  |
| 156  | OKARMA WOJTEK       | 4097 |                      | WARZYCE        | POL  | M40  | 61     | M 132 | 03:28:35 | 04:42:04 | 04:46:52 | 05:50:46 | 07:00:33.75 | 07:01:26.55 | 10:15  | 5.8  |
| 157  | CZUBA MICHAŁ        | 4193 |                      | LIGOTA ZAMECKA | POL  | M40  | 62     | M 133 | 03:40:12 | 04:51:58 | 04:59:28 | 06:03:45 | 07:01:18.50 | 07:01:31.05 | 10:16  | 5.8  |
| 158  | MOREK KRZYSZTOF     | 4085 |                      | KRAKÓW         | POL  | M50  | 28     | M 134 | 03:30:33 | 04:40:21 | 04:55:06 | 05:58:39 | 07:02:54.55 | 07:02:59.95 | 10:18  | 5.8  |
| 159  | WOJNAROWSKI LESZEK  | 4187 |                      | TARNÓW         | POL  | M50  | 29     | M 135 | 03:30:22 | 04:39:22 | 04:55:05 | 05:58:38 | 07:02:54.35 | 07:03:00.05 | 10:18  | 5.8  |
| 160  | SIUCIAK ROBERT      | 4115 | KARCZMA U FREDA      | WARSZAWA       | POL  | M60  | 7      | M 136 | 03:32:18 | 04:48:13 | 05:02:36 | 06:10:19 | 07:05:47.20 | 07:06:05.25 | 10:23  | 5.8  |
| 161  | PFADT WOJCIECH      | 4131 |                      | MILANÓWEK      | POL  | M60  | 8      | M 137 | 03:30:07 | 04:40:09 | 04:46:57 | 05:49:54 | 07:08:54.90 | 07:09:53.30 | 10:27  | 5.7  |
| 162  | KOZAK MARCIN        | 4025 | LUBARTOWSKI BEERGACZ | LUBARTÓW       | POL  | M40  | 63     | M 138 | 03:36:32 | 04:53:50 | 04:59:00 | 06:06:50 | 07:13:56.90 | 07:14:38.85 | 10:35  | 5.7  |
| 163  | LEJMAN MALGORZATA   | 4019 |                      | WARSZAWA       | POL  | K40  | 17     | K 25  | 03:39:31 | 04:51:47 | 05:00:47 | 06:07:49 | 07:14:22.05 | 07:14:52.65 | 10:35  | 5.7  |
| 164  | BARTO SYLWIA        | 4016 |                      | ŁÓŚ            | POL  | K40  | 18     | K 26  | 03:39:30 | 04:52:07 | 05:00:24 | 06:08:10 | 07:14:39.35 | 07:15:10.25 | 10:36  | 5.7  |
| 165  | KRÓL MICHAŁ         | 4173 | ULTRA KSP            | NOWY JADÓW     | POL  | M40  | 64     | M 139 | 03:45:08 | 04:57:41 | 05:02:07 | 06:03:16 | 07:15:40.65 | 07:16:05.75 | 10:37  | 5.6  |
| 166  | MIKOŁAJCZYK MARIUSZ | 4140 | ULTRA KSP            | WYSZKÓW        | POL  | M40  | 65     | M 140 | 03:45:04 | 04:57:41 | 05:02:09 | 06:03:10 | 07:15:40.05 | 07:16:06.35 | 10:37  | 5.6  |
| 167  | AFTYKA PIOTR        | 4163 |                      | PRUSZKÓW       | POL  | M40  | 66     | M 141 | 04:05:53 | 05:17:20 | 05:19:36 | 06:22:39 | 07:15:38.80 | 07:16:14.75 | 10:37  | 5.6  |
| 168  | JUSZCZYK MAŁGORZATA | 4021 | NIEPOŁOMICE BIEGAJĄ  | NIEPOŁOMICE    | POL  | K40  | 19     | K 27  | 04:07:10 | 05:23:49 | 05:35:16 | 06:41:13 | 07:43:19.75 | 07:43:19.75 | 11:18  | 5.3  |
| 169  | SZCZEPOCKI ANDRZEJ  | 4020 | NIEPOŁOMICE BIEGAJĄ  | NIEPOŁOMICE    | POL  | M50  | 30     | M 142 | 04:06:13 | 05:23:12 | 05:34:35 | 06:40:44 | 07:42:47.65 | 07:43:21.00 | 11:17  | 5.3  |
| 170  | JANICKI PATRYK      | 4050 | PORANNY PATROL       | KRAKÓW         | POL  | M40  | 67     | M 143 | 04:04:25 | 05:13:35 | 05:22:20 | 06:27:57 | 07:30:35.60 | 07:45:23.60 | 10:59  | 5.5  |
| 171  | WIERCHOŁA JOANNA    | 4189 |                      | LUBLIN         | POL  | K60  | 2      | K 28  | 04:07:40 | 05:21:06 | 05:28:19 | 06:40:21 | 07:52:37.55 | 07:53:04.35 | 11:31  | 5.2  |
|      | PRUS PIOTR          | 4111 | BIEGACZE KLECZEW     | SŁAWOSZEWEK    | POL  | M50  |        |       | DNF      | DNF      | DNF      | DNF      | DNF         | DNF         | -      | -    |
|      | MANUSZAK PRZEMYSŁAW | 4110 | BIEGACZE KLECZEW     | KLECZEW        | POL  | M40  |        |       | DNF      | DNF      | DNF      | DNF      | DNF         | DNF         | -      | -    |