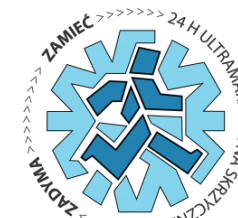


# ZAWIERUCHA

Organiser: Fundacja Aktywne Beskidy  
Date: 2024-02-03  
Place: Szczyrk  
Distance: 28 km  
Klasyfikacja wg czasów brutto.



## ZAWIERUCHA, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	7.5km	13.5km	13.51km	21km	Netto	Brutto	min/km	km/h
1	STASZYK MICHAŁ	237		SŁOTWINA	POL	OPEN M	1	M 1	00:57:19	01:28:29	01:28:55	02:32:32	03:05:30.10	03:05:31.25	6:37	9.1
2	KOŁODZIEJ ROMAN	219	MARCIN ŚWIERC TEAEM	KARŁOWICE	POL	OPEN M	2	M 2	01:02:54	01:36:27	01:37:00	02:55:55	03:30:44.90	03:30:46.05	7:31	8
3	SAWICKI MAREK	233		LIPOWA	POL	OPEN M	3	M 3	01:02:35	01:38:27	01:38:59	02:53:17	03:31:51.50	03:31:53.95	7:33	7.9
4	PASTUSZKA MICHAŁ	231		GLIWICE	POL	OPEN M	4	M 4	01:02:47	01:38:27	01:38:58	02:54:36	03:36:05.15	03:36:07.20	7:43	7.8
5	NOSALIK MAREK	228	MTA	ŻYWIEC	POL	OPEN M	5	M 5	01:03:19	01:40:46	01:41:24	02:58:58	03:42:58.60	03:43:01.25	7:57	7.5
6	SROMEK DAWID	235	KLUB SPORTOWY BYSTRA	BYSTRA	POL	OPEN M	6	M 6	01:07:01	01:44:51	01:45:23	03:08:24	03:50:53.15	03:50:54.40	8:14	7.3
7	OCHOJSKI DOMINIK	229		KATOWICE	POL	OPEN M	7	M 7	01:07:05	01:44:59	01:45:29	03:07:28	03:51:44.35	03:51:45.95	8:16	7.2
8	CZOSNOWSKI TOMASZ	209	CZOSY SIĘ SZWENDAJĄ.	GLIWICE	POL	OPEN M	8	M 8	01:06:34	01:42:26	01:42:58	03:05:26	03:48:50.90	03:53:58.30	8:10	7.3
9	KWAŚNY MARCIN	223	WILD BUCHAYS	BUCZKOWICE	POL	OPEN M	9	M 9	01:14:19	01:52:58	01:53:30	03:16:42	03:54:54.75	03:54:57.90	8:23	7.2
10	STAL KATARZYNA	236	KS STASZEWCY	WARSZAWA	POL	OPEN K	1	K 1	01:13:18	01:53:22	01:54:42	03:15:45	03:55:11.40	03:55:13.60	8:23	7.1
11	KROSNY SEBASTIAN	220	STS BIEGATON MIKOŁÓW	MIKOŁÓW	POL	OPEN M	10	M 10	01:06:29	01:41:59	01:43:40	02:56:45	03:36:29.95	03:55:15.20	7:43	7.8
12	CIEŚLAR MICHAŁ	207	NGK RUNNINGTEAM	BYTOM	POL	OPEN M	11	M 11	01:12:30	01:55:04	01:55:37	03:16:47	04:06:19.60	04:06:22.85	8:47	6.8
13	WALASZCZYK ARTUR	241	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	OPEN M	12	M 12	01:17:15	02:00:23	02:02:30	03:35:43	04:14:22.15	04:14:27.80	9:05	6.6
14	BAK TYMOTEUSZ	202	MERCE.COM	GLIWICE	POL	OPEN M	13	M 13	01:22:00	02:05:29	02:06:16	03:37:39	04:15:37.30	04:15:39.95	9:07	6.6
15	SZCZESZEK ŁUKASZ	240		POZNAŃ	POL	OPEN M	14	M 14	01:24:48	02:12:59	02:14:29	03:41:49	04:29:10.50	04:29:16.15	9:36	6.2
16	WYKA MARIUSZ	246	LEGIA	JAWORZNO	POL	OPEN M	15	M 15	01:17:22	02:00:32	02:02:14	03:41:35	04:33:28.60	04:33:31.55	9:46	6.1
17	WITEK MACIEJ	244		TARNÓW	POL	OPEN M	16	M 16	01:22:50	02:12:23	02:12:58	03:42:28	04:33:33.15	04:33:36.40	9:46	6.1
18	LANGE SZYMON	224	WSK- WOJOWNICY SASKIEJ KAWY	ŚREM	POL	OPEN M	17	M 17	01:14:36	02:01:07	02:03:54	03:41:26	04:39:53.70	04:39:58.00	9:59	6
19	BRONOWSKA JUSTYNA	206		BYSTRA	POL	OPEN K	2	K 2	01:26:39	02:14:11	02:15:43	03:49:57	04:43:36.15	04:43:38.05	10:07	5.9
20	LEGIEC-KWAŚNY MONIKA	225	WILD BUCHAYS	BUCZKOWICE	POL	OPEN K	3	K 3	01:28:15	02:18:22	02:19:32	04:03:18	04:55:09.90	04:55:14.85	10:32	5.7
21	ŁUCJANEK JUSTYNA	226		WARSZAWA	POL	OPEN K	4	K 4	01:28:22	02:20:47	02:22:48	04:08:41	04:59:00.10	04:59:02.30	10:40	5.6
22	KASINSKI WOJCIECH	217	ULTRAPLESS	PSZCZYNA	POL	OPEN M	18	M 18	01:32:02	02:33:13	02:38:31	04:05:10	04:59:03.95	04:59:05.70	10:40	5.6
23	KRZYŻAN JAKUB	221	KW KRAKÓW	JERZMANOWICE	POL	OPEN M	19	M 19	01:27:09	02:20:34	02:23:39	04:04:52	05:04:08.35	05:04:11.50	10:51	5.5
24	BORKOWSKI ANDRZEJ	204		ORZESZE	POL	OPEN M	20	M 20	01:15:30	02:07:29	02:10:32	04:03:13	05:09:48.35	05:09:52.05	11:03	5.4
25	ŻYŁKA PIOTR	248		TARNÓW	POL	OPEN M	21	M 21	01:23:42	02:14:21	02:15:52	04:07:03	05:10:09.65	05:10:13.10	11:04	5.4
26	HELIOSZ JOANNA	214	SILESIA MARATHON CLUB	CHORZÓW	POL	OPEN K	5	K 5	01:36:35	02:33:01	02:38:57	04:22:21	05:22:58.75	05:23:03.20	11:32	5.2
27	BOSEK PAWEŁ	205		BIELSKO-BIALA	POL	OPEN M	22	M 22	01:30:14	02:27:03	02:38:57	04:23:34	05:22:59.25	05:23:03.45	11:32	5.2
28	PIGUŁA DARIA	232	CARBON SILESIA SPORT	CZELADŹ	POL	OPEN K	6	K 6	01:31:17	02:29:52	02:32:57	04:19:48	05:26:21.70	05:26:23.55	11:39	5.1
29	FERFECKI MAREK	210		RUDZICA	POL	OPEN M	23	M 23	01:33:50	02:35:24	02:40:52	04:38:12	05:48:07.90	05:48:16.00	12:25	4.8
30	WOŚ KRZYSZTOF	245	SCUDERIA BEBOKI	KATOWICE	POL	OPEN M	24	M 24	01:33:38	02:35:24	02:41:54	04:38:05	05:48:09.00	05:48:16.60	12:26	4.8
31	KIEŁBASA KAROLINA	218		ŻORY	POL	OPEN K	7	K 7	01:41:18	02:42:52	03:03:21	05:03:25	06:13:57.65	06:14:02.10	13:21	4.5
32	GRACZYK MAGDALENA	212		POZNAŃ	POL	OPEN K	8	K 8	01:44:02	03:04:13	03:12:18	05:18:19	06:29:47.30	06:29:54.25	13:55	4.3
33	WILCZEK ŁUKASZ	243		CIESZYN	POL	OPEN M	25	M 25	01:33:49	02:39:15	03:06:24	05:12:27	06:39:47.60	06:39:51.30	14:16	4.2
34	STROMIŁĘO ANNA	239	W STRONĘ ULTRA PODCAST	PIŁA	POL	OPEN K	9	K 9	01:43:48	03:05:05	03:12:18	05:18:03	06:51:08.40	06:51:14.80	14:41	4.1
35	PABICH HONORATA	230	MAM_NA_WSZYSTKO_WYBIE GANE	WROCŁAW	POL	OPEN K	10	K 10	01:52:03	03:13:18	03:40:24	05:41:52	07:02:12.85	07:02:17.95	15:04	4
36	CZEPIEL DANIEL	208	MAM_NA_WSZYSTKO_WYBIE GANE	WROCŁAW	POL	OPEN M	26	M 26	01:52:09	03:13:22	03:40:30	05:56:56	07:17:00.10	07:17:04.90	15:36	3.8
37	WARKOCZ MARCIN	242		SIEMIANOWICE ŚLĄSKIE	POL	OPEN M	27	M 27	01:56:34	03:30:29	03:42:07	05:55:31	07:23:57.75	07:24:03.10	15:51	3.8
38	HOWANIEC-SIWEK ANNA	216		RUDA ŚLĄSKA	POL	OPEN K	11	K 11	01:56:41	03:30:29	03:42:08		07:23:59.10	07:24:03.70	15:51	3.8
39	BESSER BARTOSZ	203		CZELADŹ	POL	OPEN M	28	M 28	02:29:59	04:27:15	04:58:37	08:08:41	11:12:49.65	11:12:56.90	24:01	2.5
	GRZEGORZEWSKA MARLENA	213	DAISYPLESS	PSZCZYNA	POL	OPEN K			01:31:55	02:33:09	02:44:12	DNF	DNF	DNF	-	-
	KUTKA SŁAWEK	222	MARMAC CYKELTEAM	RYBNIK	POL	OPEN M			01:02:43	01:55:15	24:00:00	DNF	DNF	DNF	-	-

**ZAWIERUCHA, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	7.5km	13.5km	13.51km	21km	Netto	Brutto	min/km	km/h
	BARCICKI TOMASZ	201		PATNÓW LEGNICKI	POL	OPEN M			01:27:51 DNF	02:35:08 DNF	24:00:00 DNF	DNF	DNF	DNF	-	-
	NICIEJA ANNA	227		KRAKOW	POL	OPEN K			01:19:45 DNF	03:35:31 DNF	24:00:00 DNF	DNF	DNF	DNF	-	-

**ZAWIERUCHA, OPEN K**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	7.5km	13.5km	13.51km	21km	Netto	Brutto	min/km	km/h
1	STAL KATARZYNA	236	KS STASZEWCY	WARSZAWA	POL	OPEN K	1	K 1	01:13:18	01:53:22	01:54:42	03:15:45	03:55:11.40	03:55:13.60	8:23	7.1
2	BRONOWSKA JUSTYNA	206		BYSTRA	POL	OPEN K	2	K 2	01:26:39	02:14:11	02:15:43	03:49:57	04:43:36.15	04:43:38.05	10:07	5.9
3	LEGIEĆ-KWAŚNY MONIKA	225	WILD BUCHAYS	BUCZKOWICE	POL	OPEN K	3	K 3	01:28:15	02:18:22	02:19:32	04:03:18	04:55:09.90	04:55:14.85	10:32	5.7
4	ŁUCJANEK JUSTYNA	226		WARSZAWA	POL	OPEN K	4	K 4	01:28:22	02:20:47	02:22:48	04:08:41	04:59:00.10	04:59:02.30	10:40	5.6
5	HELIO SZ JOANNA	214	SILESIA MARATHON CLUB	CHORZÓW	POL	OPEN K	5	K 5	01:36:35	02:33:01	02:38:57	04:22:21	05:22:58.75	05:23:03.20	11:32	5.2
6	PIGUŁA DARIA	232	CARBON SILESIA SPORT	CZELADŹ	POL	OPEN K	6	K 6	01:31:17	02:29:52	02:32:57	04:19:48	05:26:21.70	05:26:23.55	11:39	5.1
7	KIEŁBASA KAROLINA	218		ŻORY	POL	OPEN K	7	K 7	01:41:18	02:42:52	03:03:21	05:03:25	06:13:57.65	06:14:02.10	13:21	4.5
8	GRACZYK MAGDALENA	212		POZNAŃ	POL	OPEN K	8	K 8	01:44:02	03:04:13	03:12:18	05:18:19	06:29:47.30	06:29:54.25	13:55	4.3
9	STROMIDŁO ANNA	239	W STRONĘ ULTRA PODCAST	PIŁA	POL	OPEN K	9	K 9	01:43:48	03:05:05	03:12:18	05:18:03	06:51:08.40	06:51:14.80	14:41	4.1
10	PABICH HONORATA	230	MAM_NA_WSZYSTKO_WYBIE GANE	WROCŁAW	POL	OPEN K	10	K 10	01:52:03	03:13:18	03:40:24	05:41:52	07:02:12.85	07:02:17.95	15:04	4
11	HOWANIEC-SIWEK ANNA	216		RUDA ŚLĄSKA	POL	OPEN K	11	K 11	01:56:41	03:30:29	03:42:08		07:23:59.10	07:24:03.70	15:51	3.8
	GRZEGORZEWSKA MARLENA	213	DAISYPLESS	PSZCZYNA	POL	OPEN K			01:31:55 DNF	02:33:09 DNF	02:44:12 DNF	DNF	DNF	DNF	-	-
	NICIEJA ANNA	227		KRAKOW	POL	OPEN K			01:19:45 DNF	03:35:31 DNF	24:00:00 DNF	DNF	DNF	DNF	-	-

**ZAWIERUCHA, OPEN M**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	7.5km	13.5km	13.51km	21km	Netto	Brutto	min/km	km/h
1	STASZYK MICHAŁ	237		SŁOTWINA	POL	OPEN M	1	M 1	00:57:19	01:28:29	01:28:55	02:32:32	03:05:30.10	03:05:31.25	6:37	9.1
2	KOŁODZIEJ ROMAN	219	MARCIN ŚWIERC TEAEM	KARŁOWICE	POL	OPEN M	2	M 2	01:02:54	01:36:27	01:37:00	02:55:55	03:30:44.90	03:30:46.05	7:31	8
3	SAWICKI MAREK	233		LIPOWA	POL	OPEN M	3	M 3	01:02:35	01:38:27	01:38:59	02:53:17	03:31:51.50	03:31:53.95	7:33	7.9
4	PASTUSZKA MICHAŁ	231		GLIWICE	POL	OPEN M	4	M 4	01:02:47	01:38:27	01:38:58	02:54:36	03:36:05.15	03:36:07.20	7:43	7.8
5	NOSALIK MAREK	228	MTA	ŻYWIEC	POL	OPEN M	5	M 5	01:03:19	01:40:46	01:41:24	02:58:58	03:42:58.60	03:43:01.25	7:57	7.5
6	SROMEK DAWID	235	KLUB SPORTOWY BYSTRA	BYSTRA	POL	OPEN M	6	M 6	01:07:01	01:44:51	01:45:23	03:08:24	03:50:53.15	03:50:54.40	8:14	7.3
7	OCHOJSKI DOMINIK	229		KATOWICE	POL	OPEN M	7	M 7	01:07:05	01:44:59	01:45:29	03:07:28	03:51:44.35	03:51:45.95	8:16	7.2
8	CZOSNOWSKI TOMASZ	209	CZOSY SIĘ SZWENDAJĄ.	GLIWICE	POL	OPEN M	8	M 8	01:06:34	01:42:26	01:42:58	03:05:26	03:48:50.90	03:53:58.30	8:10	7.3
9	KWAŚNY MARCIN	223	WILD BUCHAYS	BUCZKOWICE	POL	OPEN M	9	M 9	01:14:19	01:52:58	01:53:30	03:16:42	03:54:54.75	03:54:57.90	8:23	7.2
10	KROŚNY SEBASTIAN	220	STS BIEGATON MIKOŁÓW	MIKOŁÓW	POL	OPEN M	10	M 10	01:06:29	01:41:59	01:41:59	02:56:45	03:36:29.95	03:55:15.20	7:43	7.8
11	CIEŚLAR MICHAŁ	207	NGK RUNNINGTEAM	BYTOM	POL	OPEN M	11	M 11	01:12:30	01:55:04	01:55:37	03:16:47	04:06:19.60	04:06:22.85	8:47	6.8
12	WALASZCZYK ARTUR	241	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	POL	OPEN M	12	M 12	01:17:15	02:00:23	02:02:30	03:35:43	04:14:22.15	04:14:27.80	9:05	6.6
13	BAK TYMOTEUSZ	202	MERCE.COM	GLIWICE	POL	OPEN M	13	M 13	01:22:00	02:05:29	02:06:16	03:37:39	04:15:37.30	04:15:39.95	9:07	6.6
14	SZCZESZEK ŁUKASZ	240		POZNAŃ	POL	OPEN M	14	M 14	01:24:48	02:12:59	02:14:29	03:41:49	04:29:10.50	04:29:16.15	9:36	6.2
15	WYKA MARIUSZ	246	LEGIA	JAWORZNO	POL	OPEN M	15	M 15	01:17:22	02:00:32	02:02:14	03:41:35	04:33:28.60	04:33:31.55	9:46	6.1
16	WITEK MACIEJ	244		TARNÓW	POL	OPEN M	16	M 16	01:22:50	02:12:23	02:12:58	03:42:28	04:33:33.15	04:33:36.40	9:46	6.1
17	LANGĘ SZYMON	224	WSK- WOJOWNICY SASKIEJ KAWY	ŚREM	POL	OPEN M	17	M 17	01:14:36	02:01:07	02:03:54	03:41:26	04:39:53.70	04:39:58.00	9:59	6
18	KASINSKI WOJCIECH	217	ULTRAPLESS	PSZCZYNA	POL	OPEN M	18	M 18	01:32:02	02:33:13	02:38:31	04:05:10	04:59:03.95	04:59:05.70	10:40	5.6
19	KRZYŻAN JAKUB	221	KW KRAKÓW	JERZMANOWICE	POL	OPEN M	19	M 19	01:27:09	02:20:34	02:23:39	04:04:52	05:04:08.35	05:04:11.50	10:51	5.5
20	BORKOWSKI ANDRZEJ	204		ORZESZE	POL	OPEN M	20	M 20	01:15:30	02:07:29	02:10:32	04:03:13	05:09:48.35	05:09:52.05	11:03	5.4
21	ŻYŁKA PIOTR	248		TARNÓW	POL	OPEN M	21	M 21	01:23:42	02:14:21	02:15:52	04:07:03	05:10:09.65	05:10:13.10	11:04	5.4
22	BOSEK PAWEŁ	205		BIELSKO-BIALA	POL	OPEN M	22	M 22	01:30:14	02:27:03	02:38:57	04:23:34	05:22:59.25	05:23:03.45	11:32	5.2
23	FERFECKI MAREK	210		RUDZICA	POL	OPEN M	23	M 23	01:33:50	02:35:24	02:40:52	04:38:12	05:48:07.90	05:48:16.00	12:25	4.8
24	WOŚ KRZYSZTOF	245	SCUDERIA BEBOKI	KATOWICE	POL	OPEN M	24	M 24	01:33:38	02:35:24	02:41:54	04:38:05	05:48:09.00	05:48:16.60	12:26	4.8

**ZAWIERUCHA, OPEN M c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	7.5km	13.5km	13.51km	21km	Netto	Brutto	min/km	km/h
25	WILCZEK ŁUKASZ	243		CIESZYŃ	POL	OPEN M	25	M 25	01:33:49	02:39:15	03:06:24	05:12:27	06:39:47.60	06:39:51.30	14:16	4.2
26	CZEPIEL DANIEL	208	MAM_NA_WSZYSTKO_WYBIE GANE	WROCŁAW	POL	OPEN M	26	M 26	01:52:09	03:13:22	03:40:30	05:56:56	07:17:00.10	07:17:04.90	15:36	3.8
27	WARKOCZ MARCIN	242		SIEMIANOWICE ŚLĄSKIE	POL	OPEN M	27	M 27	01:56:34	03:30:29	03:42:07	05:55:31	07:23:57.75	07:24:03.10	15:51	3.8
28	BESSER BARTOSZ	203		CZELADŹ	POL	OPEN M	28	M 28	02:29:59	04:27:15	04:58:37	08:08:41	11:12:49.65	11:12:56.90	24:01	2.5
	KUTKA SŁAWEK	222	MARMAC CYKELTEAM	RYBNIK	POL	OPEN M			01:02:43	01:55:15	24:00:00	DNF	DNF	DNF	-	-
	BARCICKI TOMASZ	201		PAŃNÓW LEGNICKI	POL	OPEN M			DNF	DNF	DNF	DNF	DNF	DNF	-	-
									01:27:51	02:35:08	24:00:00	DNF	DNF	DNF	-	-
									DNF	DNF	DNF					