

3000 M - M 36 - 45 LAT

Organizator: 12 plog
 Data: 2024-03-12
 Miejsce: Kołobrzeg
 Dystans: 3 km
 Klasyfikacja wg czasów netto.


3000 M - M 36 - 45 LAT, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 1km | 2km | Netto | min/km | km/h |
|------|----------------------------------|----|------------------|------------|------|------|--------|-----|----------|----------|-------------|--------|------|
| 1 | SIERŻ. DWORAK DAWID | 91 | CSWLĄD | POZNAŃ | POL | | M 1 | | 00:03:22 | 00:06:51 | 00:10:09.42 | 3:23 | 17.7 |
| 2 | ST.SZER.SPEC. KUNIKOWSKI TOMASZ | 88 | 25 BKPOW | TOMASZÓW | POL | | M 2 | | 00:03:21 | 00:06:51 | 00:10:09.54 | 3:23 | 17.7 |
| 3 | MŁ.CHOR. PUT JANUSZ | 83 | 5 PA | SULECHÓW | POL | | M 3 | | 00:03:38 | 00:07:22 | 00:10:55.50 | 3:38 | 16.5 |
| 4 | ST.SZER. SIECZKOWSKI MICHAŁ | 94 | 12 BZ | SZCZECIN | POL | | M 4 | | 00:03:36 | 00:07:22 | 00:11:00.28 | 3:40 | 16.4 |
| 5 | ST.KPR. TERMAN DARIUSZ | 97 | 7 BOW | SŁUPSK | POL | | M 5 | | 00:03:37 | 00:07:28 | 00:11:28.09 | 3:49 | 15.7 |
| 6 | ST.KPR. STRONIAS PAWEŁ | 89 | 25 BKPOW | TOMASZÓW | POL | | M 6 | | 00:03:38 | 00:07:40 | 00:11:38.12 | 3:52 | 15.5 |
| 7 | ST.SIERŻ. ORLIKOWSKI ARKADIUSZ | 93 | 12 PLOG/ 12 BDOW | KOŁOBRZEG | POL | | M 7 | | 00:03:40 | 00:07:40 | 00:11:43.80 | 3:54 | 15.4 |
| 8 | KPR. WABIŃSKI ADRIAN | 84 | 5 PA | SULECHÓW | POL | | M 8 | | 00:03:53 | 00:07:58 | 00:11:49.12 | 3:56 | 15.2 |
| 9 | ST.CHOR. FAMULSKI CEZARY | 87 | 8 PPLLOT | KOSZALIN | POL | | M 9 | | 00:03:55 | 00:07:58 | 00:11:52.71 | 3:57 | 15.2 |
| 10 | KPR. ŁUKAWSKI MARIUSZ | 85 | 8 PPLLOT | KOSZALIN | POL | | M 10 | | 00:03:55 | 00:07:58 | 00:11:54.01 | 3:58 | 15.1 |
| 11 | ST.SZER.SPEC. SZYMAŃSKI EMIL | 95 | 5 PINŻ | SZCZECIN | POL | | M 11 | | 00:03:54 | 00:08:00 | 00:11:59.68 | 3:59 | 15 |
| 12 | KPR. PIŃSKI PAWEŁ | 86 | 8 PPLLOT | KOSZALIN | POL | | M 12 | | 00:03:53 | 00:07:59 | 00:12:18.65 | 4:06 | 14.6 |
| 13 | KPR. ROSIŃSKI RAFAŁ | 92 | CSWLĄD | POZNAŃ | POL | | M 13 | | 00:04:06 | 00:08:20 | 00:12:26.17 | 4:08 | 14.5 |
| 14 | ST.SIERŻ. PAWEŁKIEWICZ RYSZARD | 81 | BWD | STARGARD | POL | | M 14 | | 00:04:03 | 00:08:17 | 00:12:29.66 | 4:09 | 14.4 |
| 15 | ST.SZER.SPEC. WOJDYŁA MICHAŁ | 96 | 5 PINZ | SZCZECIN | POL | | M 15 | | 00:04:09 | 00:08:39 | 00:13:02.16 | 4:20 | 13.8 |
| 16 | KPR. SAKOWSKI PAWEŁ | 90 | 2 BZ | ZŁOCIENIEC | POL | | M 16 | | 00:04:10 | 00:08:46 | 00:13:18.70 | 4:26 | 13.5 |
| 17 | SZER. SIELSKI ARKADIUSZ | 82 | BWD | STARGARD | POL | | M 17 | | 00:04:03 | 00:08:45 | 00:13:27.23 | 4:29 | 13.4 |
| 18 | ST.SZER.SPEC. KRUCZKOWSKI DAMIAN | 98 | 2 BZ | ZŁOCIENIEC | POL | | M 18 | | 00:04:31 | 00:09:14 | 00:13:58.75 | 4:39 | 12.9 |