

# SZTAFETA GÓRSKA - SOLO

Organizator: Fundacja MARATONY GÓRSKIE  
Data: 2024-04-13  
Miejsce: Kudowa-Zdrój  
Dystans: 75 km  
Klasyfikacja wg czasów brutto.



## KUDOWSKA SZTAFETA GÓRSKA

### SZTAFETA GÓRSKA - SOLO, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	16.6km	29.2km	41.6km	50.3km	66.2km	Netto	Brutto	min/km	km/h	
				Ć															
1	NEHRING KAROL	2139		SULEJÓWEK	POL	M-20	1	M 1	00:03:54	01:35:41	03:09:20	04:49:39	05:48:55	07:37:39	08:36:54.25	08:36:54.25	6:51	8.8	
2	STROINSKI DANIEL	2090	ATTIQ TEAM	WARSZAWA	POL	M-40	1	M 2	01:07:40	01:39:30	03:14:03	04:57:11	06:03:36	07:50:58	08:45:15.70	08:45:15.70	6:57	8.6	
3	KOŚCIUCZYK-MENDYK MICHAŁ	2136	SPELEOCLUBWR OCLAŁ	WROCŁAW	POL	M-30	1	M 3	01:16:11	01:51:18	03:31:41	05:19:04	06:21:34	08:11:24	09:05:59.45	09:05:59.45	7:14	8.3	
4	MIKEŠOVÁ JANA	2010	SALMING CZ	NOVÁ PAKA	CZE	K-30	1	K 1	01:06:55	01:40:24	03:18:51	05:06:53	06:11:01	08:07:38	09:08:39.15	09:08:39.15	7:16	8.2	
5	DOSTAL JAN	2148	BEZECKY KLUB NACHOD	NÁCHOD	CZE	M-30	2	M 4	01:07:30	01:41:21	03:21:34	05:17:52	06:19:17	08:17:10	09:20:34.95	09:20:34.95	7:26	8.1	
6	PAROL PIOTR	2043		MIŃSK MAZOWIECKI	POL	M-20	2	M 5	01:11:28	01:44:21	03:22:47	05:12:08	06:19:18	08:20:06	09:22:52.35	09:22:52.35	7:27	8	
7	SZRAMOWIAT MAREK	2089	BRITA	LWÓWEK ŚLĄSKI	POL	M-40	2	M 6	01:16:09	01:52:57	03:37:00	05:33:42	06:36:49	08:30:32	09:25:06.55	09:25:06.55	7:29	8	
8	KRUPA MARCIN	2092	AKTYWNA NOWA RUDA	NOWA RUDA	POL	M-40	3	M 7	00:05:39	01:36:21	03:19:33	05:21:53	06:27:18	08:30:33	09:29:13.65	09:29:13.65	7:32	7.9	
9	BASISTA WOJCIECH	2125	WILKI MIĘDZYLESIE	DOMASZKÓ W	POL	M-30	3	M 8	01:13:27	01:49:08	03:30:41	05:24:26	06:35:59	08:32:41	09:35:08.75	09:35:08.75	7:37	7.9	
10	ROHAN ŁUKASZ	2031	PRZEMYSKI KLUB BIEGACZA	PRZEMYŚL	POL	M-40	4	M 9	01:09:46	01:45:15	03:28:27	05:25:29	06:33:40	08:40:54	09:39:32.65	09:39:32.65	7:41	7.8	
11	MATUSIAK DANIEL	2104	PUPPY CHARMS	KRZYWIEC	POL	M-40	5	M 10	01:07:51	01:40:30	03:21:47	05:18:08	06:27:20	08:34:23	09:43:00.95	09:43:00.95	7:43	7.8	
12	MIKRUT REMIGIUSZ	2122		CHEŁMNO	POL	M-40	6	M 11	01:14:01	02:19:11	04:08:30	06:00:29	07:04:44	09:01:23	09:55:23.80	09:55:23.80	7:53	7.6	
13	WRÓBLEWSKI PIOTR	2068	LITWIN SPORTS	KRZYŻANOW ICE	POL	M-30	4	M 12	01:19:31	01:57:00	03:43:47	05:41:59	06:50:11	08:55:46	09:59:13.25	09:59:13.25	7:56	7.5	
14	ŚWIĄTEK PAWEŁ	2098	HRW	WROCŁAW	POL	M-40	7	M 13	01:16:15	01:51:49	03:38:21	05:44:16	06:55:34	09:01:19	09:59:43.60	09:59:43.60	7:57	7.5	
15	WOJTCZAK MARIUSZ	2133	KS ULTRA TEAM ŁÓDŹ	BRZEZINY	POL	M-40	8	M 14	01:22:32	01:59:37	03:52:50	06:01:16	07:12:05	09:16:31	10:20:24.20	10:20:24.20	8:13	7.3	
16	WITKE-ORLIKOWSKA MARTA	2130		POZNAŃ	POL	K-40	1	K 2	01:20:06	02:00:20	03:54:51	06:01:35	07:14:44	09:22:54	10:26:32.60	10:26:32.60	8:18	7.2	
17	WICHLACZ PAWEŁ	2091	KB MANIAC POZNAŃ	SZRENIAWA	POL	M-40	9	M 15	01:18:17	01:52:31	03:40:44	05:45:46	06:59:45	09:18:34	10:26:36.75	10:26:36.75	8:18	7.2	
18	SZOPA MAREK	2080	DZIKIE DZIKI GORZÓW WLKP.	GORZÓW WLKP.	POL	M-50	1	M 16	01:13:24	01:49:15	03:41:37	05:56:13	07:11:46	09:32:52	10:45:05.60	10:45:05.60	8:33	7	
19	MARZEC KAROLINA	2082	DZIKIE DZIKI GORZÓW	DESZCZNO	POL	K-40	2	K 3	01:22:24	02:00:10	03:52:34	05:57:10	07:11:46	09:32:52	10:45:05.60	10:45:05.60	8:33	7	
20	STEFANIAK ŁUKASZ	2070		SZCZECIN	POL	M-40	10	M 17	01:15:58	01:51:49	03:46:34	05:58:28	07:16:33	09:43:14	10:51:29.30	10:51:29.30	8:38	6.9	
21	MASIAREK ARKADIUSZ	2012	TLENOWA RADOŚĆ TEAM	RADOMSKO	POL	M-50	2	M 18	01:19:54	01:57:37	03:45:38	06:01:47	07:16:14	09:43:40	10:54:18.50	10:54:18.50	8:40	6.9	
22	ŚLIŹ SYLWIA	2099		SIECHNICE	POL	K-30	2	K 4	01:24:21	02:02:42	04:02:37	06:15:25	07:30:40	09:45:53	10:56:36.35	10:56:36.35	8:42	6.9	
23	WINIARSKI JAROSŁAW	2078	S.C. REP ARVATO	POZNAŃ	POL	M-40	11	M 19	01:20:14	01:55:56	03:53:34	06:05:40	07:20:43	09:45:28	10:56:58.85	10:56:58.85	8:42	6.9	
24	GONTKO ŁUKASZ	2084		JELENIA GÓRA	POL	M-40	12	M 20	01:28:49	02:13:02	04:15:12	06:26:44	07:37:08	09:53:43	10:57:42.05	10:57:42.05	8:43	6.9	
25	LISIECKI TOMASZ	2134	TRZYNASTKA PLUS	LUBOŃ	POL	M-40	13	M 21	01:24:24	02:05:02	04:03:08	06:21:14	07:35:56	09:54:29	10:58:52.70	10:58:52.70	8:44	6.9	
26	DEFECIŃSKI RADOSŁAW	2063	LUNATYCY	TUSZYN	POL	M-50	3	M 22	01:21:51	02:00:15	03:58:00	06:15:46	07:31:44	09:56:30	11:00:50.90	11:00:50.90	8:45	6.8	
27	KOZARSKI KRZYSZTOF	2141		WARSZAWA	POL	M-40	14	M 23	01:23:30	02:01:38	04:00:46	06:13:20	07:31:23	09:56:01	11:03:03.55	11:03:03.55	8:47	6.8	
28	LISIAKIEWICZ BARTOSZ	2118		OPOLE	POL	M-40	15	M 24	01:21:18	02:00:54	04:01:49	06:13:19	07:29:31	09:46:05	11:05:21.35	11:05:21.35	8:49	6.8	
29	ZAWADA ZBIGNIEW	2094	CAŁA OLEŚNICA BIEGA	OLEŚNICA	POL	M-40	16	M 25	01:19:59	01:56:25	03:59:05	06:28:25	07:41:44	09:59:18	11:06:09.50	11:06:09.50	8:50	6.8	

## SZTAFETA GÓRSKA - SOLO, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	16.6km	29.2km	41.6km	50.3km	66.2km	Netto	Brutto	min/km	km/h
				Ć														
30	TOMCZAK DARIUSZ	2030		GOSTYŃ	POL	M-30	5	M 26	01:25:52	02:07:21	04:09:44	06:21:49	07:39:25	10:06:42	11:12:35.25	11:12:35.25	8:55	6.7
31	KOCIUMBAS BARTOSZ	2087	KB SOBÓTKA	SOBÓTKA	POL	M-50	4	M 27	01:22:14	02:00:51	03:56:33	06:20:30	07:36:36	10:04:23	11:14:56.55	11:14:56.55	8:57	6.7
32	KURASIK TOMASZ	2120		ŁÓDŹ	POL	M-40	17	M 28	01:14:46	01:53:53	03:54:06	06:18:06	07:37:10	10:07:06	11:22:34.70	11:22:34.70	9:03	6.6
33	ANTKOWIAK MONIKA	2017		MUROWANA GOŚLINA	POL	K-30	3	K 5	01:28:41	02:09:40	04:14:30	06:33:40	07:48:14	10:10:47	11:23:43.20	11:23:43.20	9:04	6.6
34	ANTKOWIAK MICHAŁ	2018		MUROWANA GOŚLINA	POL	M-30	6	M 29	01:28:41	02:09:40	04:14:30	06:33:40	07:48:14	10:10:47	11:23:43.50	11:23:43.50	9:04	6.6
35	KUCZYŃSKI RAFAŁ	2128		LUBIN	POL	M-40	18	M 30	01:23:34	02:05:36	04:06:04	06:30:36	07:50:44	10:15:54	11:32:08.00	11:32:08.00	9:10	6.5
36	MATUSZEWSKI MAREK	2028	RUNNER'S POWER ŚREM	ŚREM	POL	M-50	5	M 31	01:24:25	02:04:49	04:10:25	06:30:04	07:45:27	10:15:42	11:33:06.00	11:33:06.00	9:11	6.5
37	BUCZAK JAKUB	2006		ŁĄDEK ZDRÓJ	POL	M-30	7	M 32	01:17:42	01:56:49	03:52:33	06:12:23	07:35:08	10:14:29	11:33:36.65	11:33:36.65	9:11	6.5
38	REPCZYŃSKI MATEUSZ	2005		WOJCIESZÓW	POL	M-30	8	M 33	01:20:08	02:09:51	04:15:49	06:37:26	07:54:03	10:24:00	11:33:36.95	11:33:36.95	9:11	6.5
39	KUROWSKI ALEKSANDER	2038		SZCZAWNO ZDRÓJ	POL	M-40	19	M 34	01:22:31	02:05:48	04:12:24	06:38:29	07:56:21	10:32:19	11:43:09.50	11:43:09.50	9:19	6.4
40	KACZMAREK JĘDRZEJ	2083	KP PSP MILICZ	KOWALEW	POL	M-30	9	M 35	01:24:32	02:07:09	04:13:38	06:43:41	07:57:48	10:27:36	11:43:49.95	11:43:49.95	9:20	6.4
41	OLEJNIK WOJCIECH	2113	REWELKA TEAM	SZCZECIN	POL	M-20	3	M 36	01:21:00	02:01:55	04:04:59	06:36:23	07:56:31	10:35:11	11:47:46.90	11:47:46.90	9:23	6.4
42	RADZIWOŃ ANNA	2051	GRUPA NIENACHALNIE HEROICZNA	POLKOWICE	POL	K-40	3	K 6	01:31:26	02:16:14	04:31:24	06:56:02	08:12:19	10:34:46	11:47:52.25	11:47:52.25	9:23	6.4
43	PIETRYSZYN EMIL	2000		ŻNIN	POL	M-30	10	M 37	01:22:33	02:00:54	04:04:15	06:37:07	07:59:18	10:36:55	11:51:41.95	11:51:41.95	9:26	6.4
44	LEWANDOWSKI BARTŁOMIEJ	2045	MMUU	SZCZECIN	POL	M-40	20	M 38	01:24:14	02:05:57	04:07:49	06:37:05	08:01:37	10:35:52	11:53:35.30	11:53:35.30	9:27	6.3
45	CHORAZKIEWICZ DAMIAN	2107		OLEŚNICA	POL	M-30	11	M 39	01:22:11	02:04:25	04:11:27	06:46:30	08:04:26	10:40:19	11:54:20.65	11:54:20.65	9:28	6.3
46	WRÓBEL KAMIL	2081		KONIN	POL	M-20	4	M 40	01:24:27	02:06:53	04:12:19	06:39:27	08:00:54	10:40:18	11:55:31.10	11:55:31.10	9:29	6.3
47	LUBAŃSKI ROBERT	2101		BUKOWICE	POL	M-50	6	M 41	01:20:11	01:58:00	04:03:13	06:28:37	07:50:10	10:34:46	11:58:01.30	11:58:01.30	9:31	6.3
48	PILIPCZUK PAWEŁ	2102		PORAJÓW	POL	M-40	21	M 42	01:28:36	02:22:57	04:25:21	06:44:59	08:09:46	10:43:32	11:58:07.50	11:58:07.50	9:31	6.3
49	MIKOŁAJCZYK TOMASZ	2138	EXPLORADOR TEAM / INTALIO	DOPIEWIEC	POL	M-40	22	M 43	01:24:26	02:14:20	04:22:28	06:52:35	08:12:22	10:52:20	11:58:55.30	11:58:55.30	9:32	6.3
50	CHODKIEWICZ TOMASZ	2026	GARDENFLORA MTB TEAM	BYDGOSZCZ	POL	M-40	23	M 44	01:21:49	02:01:56	04:14:01	06:44:44	08:03:22	10:44:23	12:00:59.30	12:00:59.30	9:33	6.3
51	BUCZYŃSKI ARKADIUSZ	2066		BOLESŁAW	POL	M-50	7	M 45	01:32:18	02:19:44	04:35:17	07:10:07	08:30:16	10:56:43	12:02:35.05	12:02:35.05	9:35	6.3
52	BOWSZYSZ ARKADIUSZ	2121	KAMAR	LWÓWEK ŚLĄSKI	POL	M-40	24	M 46	01:25:48	02:07:43	04:09:39	06:36:40	07:57:50	10:53:06	12:04:35.85	12:04:35.85	9:36	6.2
53	CIEPLUCH MARCIN	2054		OLEŚNICA	POL	M-30	12	M 47	01:22:26	02:04:08	04:08:34	06:42:15	08:04:52	10:47:50	12:14:28.90	12:14:28.90	9:44	6.2
54	PACZKOWSKA KATARZYNA	2047	WLKP MOUNTAINS ULTRA	KIEKRZ	POL	K-40	4	K 7	01:25:16	02:07:06	04:21:54	07:01:21	08:31:21	11:05:55	12:20:01.55	12:20:01.55	9:48	6.1
55	PETA RAFAŁ	2021		BIERNA	POL	M-40	25	M 48	01:36:28	02:23:15	04:37:37	07:07:06	08:25:55	11:03:37	12:21:49.90	12:21:49.90	9:50	6.1
56	KROCZYŃSKI SŁAWOMIR	2079	BIEGOLAS KOSZALIN-KOŁOBRZEG	KOŁOBRZEG	POL	M-60	1	M 49	01:23:47	02:09:55	04:22:44	06:57:39	08:25:37	11:07:52	12:22:13.45	12:22:13.45	9:50	6.1
57	KUCHARSKI MICHAŁ	2014	MATNER RUNNING TEAM	ŁĄDEK ZDRÓJ	POL	M-30	13	M 50	01:21:01	02:09:50	04:17:20	06:48:10	08:12:40	11:01:45	12:26:14.90	12:26:14.90	9:53	6.1
58	IGNASZEWSKA MARTA	2019	1980	RADZYNY	POL	K-40	5	K 8	01:31:22	02:16:55	04:42:57	07:14:21	08:44:56	11:11:06	12:26:20.80	12:26:20.80	9:53	6.1
59	TKACZ ŁUKASZ	2105		LUBIN	POL	M-30	14	M 51	01:26:40	02:15:46	04:26:03	07:03:45	08:25:37	10:59:02	12:29:12.25	12:29:12.25	9:56	6
60	KUDELSKI IRENEUSZ	2062	43 WOJSKOWY ODDZIAŁ GOSPODARCZY	OSETNICA	POL	M-50	8	M 52	01:28:54	02:11:41	04:29:53	07:01:26	08:26:44	11:14:53	12:32:53.95	12:32:53.95	9:59	6
61	ŻYTKOWIAK MACIEJ	2100		POZNAN	POL	M-30	15	M 53	01:26:29	02:23:57	04:36:39	07:15:10	08:40:17	11:21:40	12:34:15.30	12:34:15.30	10:00	6
62	RODZIEWICZ ZBIGNIEW	2086		OLEŚNICA	POL	M-40	26	M 54	01:22:25	02:03:09	04:15:35	06:51:30	08:15:48	11:02:00	12:35:16.70	12:35:16.70	10:01	6
63	KRYM KATARZYNA	2044	GOOD MOVE	SMOLEC	POL	K-40	6	K 9	01:29:12	02:16:08	04:35:25	07:08:24	08:33:38	11:14:48	12:37:45.60	12:37:45.60	10:02	6
64	RUNOWSKI KRZYSZTOF	2127	KRISRUN	CZARNKÓW	POL	M-40	27	M 55	01:29:11	02:16:09	04:35:27	07:08:24	08:33:41	11:14:49	12:37:49.80	12:37:49.80	10:03	6
65	RADZIWOŃ KRZYSZTOF	2053	GRUPA NIENACHALNIE HEROICZNA	POLKOWICE	POL	M-50	9	M 56	01:34:48	02:19:22	04:32:59	07:05:06	08:29:52	11:15:18	12:37:49.85	12:37:49.85	10:03	6
66	BYŚ MATEUSZ	2042		WROCŁAW	POL	M-30	16	M 57	01:38:03	02:24:48	04:40:31	07:31:48	09:09:59	11:37:38	12:38:36.55	12:38:36.55	10:03	6

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	16.6km	29.2km	41.6km	50.3km	66.2km	Netto	Brutto	min/km	km/h
67	HADUŁA JUSTYNA	2085		OLEŚNICA	POL	K-40	7	K 10	01:32:29	02:20:36	04:49:05	07:26:37	08:47:22	11:21:15	12:38:36.55	12:38:36.55	10:03	6
68	JALOWSKI ANDRZEJ	2116	INTEC	PYSZCZYN	POL	M-50	10	M 58	01:26:14	02:16:50	04:31:45	07:15:49	08:41:17	11:25:57	12:43:25.50	12:43:25.50	10:07	5.9
69	JANUSZEWSKI KAROL	2025	BIEGAM U KOLESIO	GRODZICZNO	POL	M-40	28	M 59	01:31:33	02:14:48	04:30:35	07:12:48	08:43:16	11:25:33	12:46:11.35	12:46:11.35	10:09	5.9
70	ROGOWSKI TOMASZ	2037	BBC KROSNO ODRZAŃSKIE	KROSNO ODRZAŃSKIE	POL	M-40	29	M 60	01:35:38	02:24:12	04:47:08	07:24:30	08:49:01	11:33:22	12:49:00.90	12:49:00.90	10:11	5.9
71	PINIARSKI PAWEŁ	2060	DPKJIP	POZNAŃ	POL	M-30	17	M 61	01:31:32	02:18:59	04:37:31	07:14:15	08:41:40	11:30:35	12:52:45.70	12:52:45.70	10:14	5.9
72	PETR SIROČÁK	2111	TŘI KŘÍŽKY OSTRAVA	OSTRAVA	CZE	M-40	30	M 62	01:33:17	02:26:12	04:44:28	07:29:37	08:58:38	11:37:18	12:59:19.35	12:59:19.35	10:20	5.8
73	PYREK KRZYSZTOF	2033	1 RBLOG	WAŁCZ	POL	M-40	31	M 63	01:22:16	02:05:37	04:26:13	07:17:52	08:47:21	11:33:59	12:59:51.75	12:59:51.75	10:20	5.8
74	KUNECKI NORBERT	2032	KB HARCOWNIK JELCZ LASKOWICE	RATOWICE	POL	M-40	32	M 64	01:33:10	02:16:29	04:29:06	07:10:07	08:40:49	11:46:39	13:16:07.65	13:16:07.65	10:33	5.7
75	KONSTANCIUK DARIUSZ	2072	JAZDA Z KURAMI	ŁADEK-ZDRÓJ	POL	M-40	33	M 65	01:19:52	02:03:55	04:17:19	07:03:47	08:40:46	11:45:12	13:22:16.10	13:22:16.10	10:38	5.6
76	WITLICKI KACPER	2003	BBC KROSNO ODRZAŃSKIE	KROSNO ODRZAŃSKIE	POL	M-30	18	M 66	01:35:40	02:24:12	04:47:10	07:24:30	08:49:12	11:59:50	13:23:18.95	13:23:18.95	10:39	5.6
77	ČERVENÝ DAVID	2001	ERIKA COPY SHOP	STARKOV	POL	M-40	34	M 67	01:28:43	02:12:52	04:34:27	07:31:23	08:58:36	11:59:13	13:26:55.25	13:26:55.25	10:42	5.6
78	GRABOWICZ PAWEŁ	2071		SIEKIERKI WIELKIE	POL	M-50	11	M 68	01:37:08	02:23:39	04:42:13	07:29:26	09:06:35	11:56:38	13:27:18.45	13:27:18.45	10:42	5.6
79	SZYDŁOWSKI PATRYK	2061		MOGILNO	POL	M-30	19	M 69	01:37:07	02:23:33	04:37:09	07:29:26	09:06:36	11:56:37	13:27:20.60	13:27:20.60	10:42	5.6
80	LEWANDOWSKI JANUSZ	2040		TARNOWSKIE GÓRY	POL	M-50	12	M 70	01:32:12	02:19:14	04:48:10	07:40:00	09:12:57	12:05:42	13:31:44.00	13:31:44.00	10:45	5.6
81	NOWAKOWSKI RAFAŁ	2124	#BIEGIEMWLAS/BIEGAJĄCE KREJZOLE	LUBOŃ	POL	M-40	35	M 71	01:48:39	02:39:39	05:16:36	08:30:30	09:47:47		13:31:54.00	13:31:54.00	10:46	5.6
82	GAWROŃSKI IRENEUSZ	2041	AMATOR	CZECHOWICE-DZIEDZICE	POL	M-60	2	M 72	01:34:45	02:25:19	04:52:16	07:37:09	09:10:33	12:04:15	13:34:19.15	13:34:19.15	10:47	5.6
83	CHLUDZIŃSKI PATRYK	2074	ARVATO S.C. REP	ŠRODA WIELKOPOLSKA	POL	M-40	36	M 73	01:37:16	02:23:29	04:49:06	07:46:53	09:26:31	12:24:31	13:40:57.45	13:40:57.45	10:53	5.5
84	SKURZYŃSKI MARIUSZ	2057	KLUB SPORTOWY M.E.T.A	WODZISŁAW ŚLĄSKI	POL	M-40	37	M 74	01:36:37	02:30:05	05:06:42	07:59:31	09:31:13	12:23:59	13:44:24.90	13:44:24.90	10:56	5.5
85	BRAUNER WOJCIECH	2058		WODZISŁAW ŚLĄSKI	POL	M-40	38	M 75	01:36:21	02:30:03	04:58:32	07:47:38	09:25:27	12:21:14	13:47:30.60	13:47:30.60	10:58	5.5
86	SIKORSKI DARIUSZ	2131	INSERT TEAM	DZIERŻONIÓW	POL	M-40	39	M 76	01:31:19	02:16:56	04:22:55	07:06:06	08:32:42	11:44:45	13:47:40.25	13:47:40.25	10:58	5.5
87	BILEK PAWEŁ	2146		BIELSKO-BIAŁA	POL	M-60	3	M 77	01:22:43	02:25:49	04:52:32	07:41:31	09:17:39	12:27:30	13:52:30.60	13:52:30.60	11:02	5.4
88	BUSS JAKUB	2009	KUDOWIANKA RUN	KUDOWA-ZDRÓJ	POL	M-50	13	M 78	01:36:40	02:21:41	04:34:47	07:26:03	09:02:03	12:05:37	13:53:30.15	13:53:30.15	11:03	5.4
89	STEC ADAM	2110		WYSOKA	POL	M-40	40	M 79	01:35:35	02:25:43	04:53:31	07:49:55	09:25:47	12:31:05	13:57:32.65	13:57:32.65	11:06	5.4
90	CHŁAP IRENEUSZ	2011	HUSARIA SUDETY	PRUDNIK	POL	M-40	41	M 80	01:32:16	02:21:39	04:43:49	07:43:29	09:16:51	12:21:00	14:00:48.95	14:00:48.95	11:09	5.4
91	MAZEPA TOMASZ	2052	TOMEKM.SKÓRA	OŁAWA	POL	M-40	42	M 81	01:37:06	02:29:33	05:02:25	07:56:28	09:26:58	12:24:04	14:04:17.85	14:04:17.85	11:11	5.4
92	KRUZEL RAFAŁ	2119	BIEGOWE MISIE	LEGNICA	POL	M-50	14	M 82	01:41:43	02:34:58	05:12:36	08:05:55	09:51:31	12:45:13	14:04:33.65	14:04:33.65	11:12	5.4
93	WUJKOWSKI GRZEGORZ	2077		ROKIETNICA	POL	M-40	43	M 83	01:31:29	02:20:39	04:45:07	07:35:30	09:08:27	12:19:54	14:07:03.20	14:07:03.20	11:14	5.3
94	LUBELCZYK GRZEGORZ	2064	SPELEOCLUB WROCŁAW	MIĘKINIA	POL	M-50	15	M 84	01:31:28	02:16:53	04:43:48	07:40:04	09:14:00	12:42:05	14:10:06.50	14:10:06.50	11:16	5.3
95	KOPYRA TOMASZ	2142	#BIEGAMWOLNO ALEDOKŁADNIE	OBORNIKI ŚLĄSKIE	POL	M-40	44	M 85	01:36:33	02:28:35	05:01:22	07:51:33	09:32:28	12:41:00	14:15:45.75	14:15:45.75	11:20	5.3
96	WIŚNIEWSKI PIOTR	2008	ZIELONKA TEAM	ZIELONKA	POL	M-40	45	M 86	01:28:37	02:14:52	04:47:41	07:50:30	09:25:20	12:38:42	14:17:28.45	14:17:28.45	11:22	5.3
97	ALBIŃSKI TOMASZ	2106	RUNNING FROGS	WARSZAWA	POL	M-40	46	M 87	01:36:35	02:22:28	04:49:51	07:52:20	09:41:38	12:38:32	14:18:32.20	14:18:32.20	11:23	5.3
98	NOWAK TOMASZ	2112	BANICI ULTRA	JANOWIEC WLKP	POL	M-40	47	M 88	01:41:18	02:32:37	05:13:00	08:10:30	09:52:41	12:55:34	14:20:51.25	14:20:51.25	11:25	5.3
99	SZMYT PIOTR	2029	BANICI ULTRA	POZNAŃ	POL	M-40	48	M 89	01:41:16	02:32:37	05:13:01	08:10:49	09:52:46	12:55:32	14:20:51.30	14:20:51.30	11:25	5.3

## SZTAFETA GÓRSKA - SOLO, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	16.6km	29.2km	41.6km	50.3km	66.2km	Netto	Brutto	min/km	km/h
				Ć														
100	TERETYKA DOROTA	2016	BANICI ULTRA	KAMIONKI	POL	K-50	1	K 11	01:41:20	02:32:36	05:12:53	08:10:48	09:52:44	12:55:30	14:20:51.55	14:20:51.55	11:25	5.3
101	JANUSZEWSKA IZABELA	2024	BIEGAM U KOLESIO	GRODZICZNO	POL	K-40	8	K 12	01:45:44	02:35:51	05:18:22	08:15:47	09:54:22	12:50:21	14:23:53.50	14:23:53.50	11:27	5.2
102	KITLAS DARIUSZ	2137	BSB	WASILKÓW	POL	M-50	16	M 90	01:36:01	02:26:40	05:00:59	07:56:00	09:40:54	12:54:29	14:35:25.50	14:35:25.50	11:36	5.2
103	DEINIUK ROMAN	2023		WARSZAWA	POL	M-30	20	M 91	01:38:39	02:25:41	04:59:36	08:06:04	09:52:16	13:18:13	14:41:49.85	14:41:49.85	11:41	5.1
104	MANTHAJ-PIHUT MARTA	2004		LEŚNA	POL	K-30	4	K 13	01:39:55	02:30:21	05:23:16	08:29:56	10:07:06	13:09:32	14:42:06.10	14:42:06.10	11:41	5.1
105	ŚLESICKI KONSTANTY	2056		KONIN	POL	M-30	21	M 92	01:32:26	02:16:39	04:46:15	07:50:27	09:32:08	12:55:07	14:43:23.30	14:43:23.30	11:42	5.1
106	ROZNERSKI ŁUKASZ	2067	KB SOBÓTKA	REKÓW	POL	M-40	49	M 93	01:45:37	02:41:15	05:24:27	08:29:57	10:13:07	13:30:43	14:43:35.55	14:43:35.55	11:43	5.1
107	MARKOWSKI MAREK	2132	KS LENIWIEC	KĘPNO	POL	M-40	49	M 93	01:37:11	02:26:10	04:55:11	08:00:13	10:07:54	13:29:27	14:43:35.55	14:43:35.55	11:43	5.1
108	KUSZTELSKA LUCYNA	2129	WLKP MOUNTAINS ULTRA	MOSINA	POL	K-40	9	K 14	01:33:16	02:21:50	04:53:36	07:47:07	09:25:23	12:52:02	14:47:25.35	14:47:25.35	11:46	5.1
109	LUTOWSKI WOJCIECH	2055		BYDGOSZCZ	POL	M-30	22	M 95	01:33:22	02:19:28	04:45:27	07:47:08	09:25:22	12:52:03	14:47:25.65	14:47:25.65	11:46	5.1
110	KASKA-ŁOBODOWSKA EWELINA	2126	FIT&JOY	SIENNICA	POL	K-40	10	K 15	01:40:50	02:33:09	05:14:06	08:11:05	10:09:36	13:17:20	14:48:07.40	14:48:07.40	11:46	5.1
111	MRÓWCZYŃSKI TOMASZ	2039		SARBINOWO	POL	M-40	51	M 96	01:37:48	02:29:00	05:00:33	08:11:06	09:54:46	13:10:59	14:48:07.75	14:48:07.75	11:46	5.1
112	WYBRANIEC MICHAŁ	2069		WAŁBRZYCH	POL	M-30	23	M 97	01:36:57	02:31:44	04:58:36	07:59:01	09:48:55	13:09:24	14:54:56.70	14:54:56.70	11:52	5.1
113	OSOWSKI WOJTEK	2123		ZACHELMIE	POL	M-50	17	M 98	01:44:15	02:34:58	05:12:44	08:22:34	10:08:40	13:22:39	14:55:54.35	14:55:54.35	11:52	5
114	ROSIKOŃ BARTŁOMIEJ	2075	PATOBIEGI	OLEŚNICA	POL	M-30	24	M 99	01:36:58	02:31:45	04:59:25	07:59:01	09:48:52	13:10:12	14:56:36.40	14:56:36.40	11:53	5
115	ŚLUZEK MIROSŁAW	2013		WARSZAWA	POL	M-60	4	M 100	01:40:54	02:31:00	05:08:57	08:14:09	09:54:12	13:19:44	14:58:04.75	14:58:04.75	11:54	5
116	SIECZKOWSKI ARTUR	2007	NBRTEAM	KOSTRZYN NAD ODRĄ	POL	M-40	52	M 101	01:40:48	02:33:32	05:05:26	08:19:17	10:02:05	13:17:24	15:01:59.10	15:01:59.10	11:57	5
117	STRUSIŃSKA KATARZYNA	2143	MIŃSKA GRUPA ROWEROWA / KS BARAKUDA	MIŃSK MAZOWIECKI	POL	K-40	11	K 16	01:45:41	02:42:34	05:26:23	08:21:42	10:01:46	13:18:17	15:09:35.80	15:09:35.80	12:03	5
118	HOFFMANN GRZEGORZ	2076	KOŚCIAN TAEM	CZEMPIŃ	POL	M-40	53	M 102	01:37:17	02:25:42	05:14:52	08:32:50	09:47:47	13:27:52	15:15:45.10	15:15:45.10	12:08	4.9
119	SZAJEK ARKADIUSZ	2140	ARVATO S.C. REP	KAMIONKI	POL	M-30	25	M 103	01:42:50	02:32:05	05:16:01	08:26:06	10:20:14	13:37:03	15:24:14.65	15:24:14.65	12:15	4.9
120	SAMEK ALEKSANDER	2109		JAWORZYNA ŚLĄSKA	POL	M-40	54	M 104	01:35:31	02:27:21	05:15:21	08:38:50	10:39:58	13:58:17	15:44:01.30	15:44:01.30	12:31	4.8
	RÝZNAR JAN	2144	TJ SOKOL HRABENOV	RUDA NAD MORAVOU	CZE	M-20			01:17:30 DNF	01:55:37 DNF	03:48:28 DNF	05:51:57 DNF	07:08:48 DNF	DNF	DNF	DNF	-	-
	SKROBAŃSKI ROMAN	2015	SKROBKITEAM	GODZIESZE MAŁE	POL	M-40			01:12:40 DNF	01:49:24 DNF	03:31:44 DNF	05:28:46 DNF	07:33:48 DNF	DNF	DNF	DNF	-	-
	STOKŁOSA MICHAŁ	2114		ŻYWIEC	POL	M-30			01:38:06 DNF	02:28:08 DNF	04:55:08 DNF	08:00:13 DNF	10:12:29 DNF	DNF	DNF	DNF	-	-
	KOZŁOWSKI RAFAŁ	2103	RUNNERS KONIN	KONIN	POL	M-40			01:37:01 DNF	02:30:03 DNF	05:00:30 DNF	07:58:28 DNF	10:13:22 DNF	DNF	DNF	DNF	-	-
	MAJKA DARIUSZ	2035	BIEGACZE ŚWINOUJŚCIE	ŚWINOUJŚCIE	POL	M-40			01:25:33 DNF	02:13:48 DNF	04:46:11 DNF	08:21:24 DNF	10:40:06 DNF	DNF	DNF	DNF	-	-
	PABIJAŃCZYK DAMIAN	2147		WROCŁAW	POL	M-40			01:45:16 DNF	02:36:19 DNF	05:20:09 DNF	08:39:43 DNF	10:41:01 DNF	DNF	DNF	DNF	-	-
	ROGUZIŃSKI RADOŚLAW	2093		STARA IWICZNA	POL	M-40			01:37:02 DNF	02:26:52 DNF	05:03:54 DNF	08:34:00 DNF	10:44:48 DNF	DNF	DNF	DNF	-	-
	FRĄCKOWIAK DOMINIK	2002		ŚMIGIEL	POL	M-30			01:33:11 DNF	02:29:16 DNF	05:24:11 DNF	08:33:52 DNF	DNF	DNF	DNF	DNF	-	-
	TURKOWSKI ANDRZEJ	2095	SPORTOŚKA	GLIWICE	POL	M-20			01:13:26 DNF	01:48:45 DNF	03:31:40 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	CEGLAREK MARCEL	2117		ŻARY	POL	M-20			01:21:18 DNF	02:00:53 DNF	04:09:43 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZARODA ZBIGNIEW	2145	TRITON KONIN	KONIN	POL	M-50			01:34:40 DNF	02:15:10 DNF	04:24:39 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PIETRUCHA ADAM	2020	NSZZ FSG, PSG POZNAŃ - ŁAWICA	POZNAŃ	POL	M-30			01:40:51 DNF	02:32:01 DNF	05:26:41 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GONERA KAZIMIERZ	2022	KB HARCOWNIK JELCZ-LASKOWICE	MIŁOSZYCE	POL	M-60			01:45:52 DNF	02:41:24 DNF	05:56:31 DNF	DNF	DNF	DNF	DNF	DNF	-	-

**SZTAFETA GÓRSKA - SOLO, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	16.6km	29.2km	41.6km	50.3km	66.2km	Netto	Brutto	min/km	km/h
	MATUSZEWSKA MAŁGORZATA	2027	RUNNER'S POWER ŚREM	ŚREM	POL	K-40			01:52:42 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KACZMAREK MIROSŁAW	2108	RUNNER'S POWER	ŚREM	POL	M-30			01:52:45 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WALCZAK MICHAŁ	2036		LISOWICE	POL	M-40			01:52:49 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-