

## VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE

Organizator: Wesoły Borsuk Team, Polskie Zrzeszenie Nordic Walking

Data: 2024-04-06

Miejsce: Prudnik

Dystans: 21.1 km

**Wyniki dla punktu pomiaru: 10.7 km**

Klasyfikacja wg czasów netto.



### VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE, OPEN

| M-ce | Nazwisko i imię         | Nr  | Klub                                | M-scowość        | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-------------------------|-----|-------------------------------------|------------------|------|--------|-------------|--------------|----------|----------|
| 1    | WITUCKI JACEK           | 222 | K.S. VICTORIA POTĘGOWO              |                  | POL  | M50-54 |             |              | 00:56:18 | 01:05:28 |
| 2    | WOJTOWICZ TOMASZ        | 210 | K.S. VICTORIA POTĘGOWO              | WIDACZ           | POL  | M18-34 |             |              | 00:56:43 | 01:06:03 |
| 3    | MICHAŁEC MARCIN         | 221 | KKB MOSIR KROSNO                    | KROSNO           | POL  | M35-39 | 1           |              | 00:57:35 | 01:06:58 |
| 4    | ROMANOWSKI DANIEL       | 152 | KATOWICKI NORDIC WALKING            | RYBNIK           | POL  | M18-34 |             |              | 00:57:58 | 01:07:17 |
| 5    | MADALIŃSKI MARCIN       | 92  | KS.VICTORIA POTĘGOWO                | LESZNO           | POL  | M40-44 |             |              | 00:59:16 | 01:08:51 |
| 6    | KŁOS MACIEJ             | 60  | POLIPACK TEAM GWE                   | GDAŃSK           | POL  | M40-44 |             |              | 01:00:12 | 01:09:48 |
| 7    | ŁUKASZ JAWORSKI         | 224 | ERYK TEAM WYSOKA                    |                  | POL  | M40-44 |             |              | 01:03:31 | 01:13:41 |
| 8    | SOSNOWSKA AGNIESZKA     | 168 | KS VICTORIA POTĘGOWO                | PRZYRÓW          | POL  | K35-39 |             |              | 01:03:49 | 01:13:45 |
| 9    | KUBISZYN MAŁGORZATA     | 78  | K.S. VICTORIA POTĘGOWO              | LUBACZÓW         | POL  | K35-39 |             |              | 01:03:49 | 01:14:00 |
| 10   | KABATA JAROSŁAW         | 55  | NORDIC SPORT 2021                   | TARNOWSKIE GÓRY  | POL  | M50-54 |             |              | 01:04:04 | 01:14:18 |
| 11   | SŁUPIANEK PAWEŁ         | 164 | KATOWICKI NORDIC WALKING            | KATOWICE         | POL  | M45-49 |             |              | 01:04:23 | 01:14:37 |
| 12   | PRZYSTARZ GRZEGORZ      | 142 | OBORYGENI                           | OBORNIKI ŚLĄSKIE | POL  | M50-54 | 1           |              | 01:04:18 | 01:14:38 |
| 13   | ŚWIDEREK MARCIN         | 190 | ESJA TEAM                           | WARSZAWA         | POL  | M45-49 |             |              | 01:04:25 | 01:14:40 |
| 14   | DERUS JAKUB             | 24  | KATOWICKI NORDIC WALKING            | KATOWICE         | POL  | M40-44 | 1           |              | 01:04:27 | 01:14:44 |
| 15   | MAŁKA MARIAN            | 95  | NORDIC SPORT 2021                   | GLIWICE          | POL  | M65-69 |             |              | 01:04:36 | 01:14:51 |
| 16   | WILCZEK KRZYSZTOF       | 204 | WATAHA ULTRA TEAM                   | ZĘBOWICE         | POL  | M50-54 |             |              | 01:04:53 | 01:14:54 |
| 17   | MICHAŁSKI ANDRZEJ       | 104 | PŁOMIEN ZMIENNICA                   | ZMIENNICA        | POL  | M65-69 | 1           |              | 01:04:54 | 01:15:15 |
| 18   | PASIK MICHAŁ            | 129 | KALISIA NORDIC TEAM KNT             | KALISZ           | POL  | M45-49 | 1           |              | 01:06:12 | 01:16:35 |
| 19   | KOMANDZIK ANDRZEJ       | 65  | EKIPA NA KIJACH                     | RUDA ŚLĄSKA      | POL  | M45-49 |             |              | 01:05:59 | 01:16:42 |
| 20   | MAGIERA JANUSZ          | 93  | FORMA WODZISŁAW ŚLĄSKI              | WODZISŁAWŚLĄSKI  | POL  | M60-64 | 1           |              | 01:06:33 | 01:17:09 |
| 21   | MISZTAŁ GRZEGORZ        | 107 | OPEN SPORT TEAM                     | SUKKOWICE        | POL  | M35-39 |             |              | 01:06:31 | 01:17:13 |
| 22   | MARCZYŃSKI ADAM         | 98  | POLIPACK TEAM GWE                   | GOŚCICINO        | POL  | M45-49 |             |              | 01:06:25 | 01:17:17 |
| 23   | KOŁODZIEJ JOANNA        | 64  | OPEN SPORT TEAM                     | RUDA ŚLĄSKI      | POL  | K55-59 |             |              | 01:06:54 | 01:17:33 |
| 24   | RADZIŃSKI KAROL         | 145 | NORDIC WALKING KIEKRZ POLAND        | SZCZECIN         | POL  | M70-74 | 1           |              | 01:07:09 | 01:17:40 |
| 25   | ODŁOŻIL PETR            | 121 | NORDIC WALKING FANTASTIC            | HRABOVÁ 232      | CZE  | M45-49 |             |              | 01:07:10 | 01:17:40 |
| 26   | FRAĆKOWIAK ROMAN        | 31  | NORDIC SPORT 2021                   | WIELEŃ           | POL  | M55-59 |             |              | 01:07:36 | 01:17:57 |
| 27   | ZYCH WITOLD             | 217 |                                     | KROSNO           | POL  | M50-54 |             |              | 01:07:38 | 01:18:16 |
| 28   | SOKOŁOWSKI MAREK        | 166 | PTG SOKÓŁ RYMANÓW                   | RYMANÓW-ZDRÓJ    | POL  | M55-59 |             |              | 01:07:43 | 01:18:24 |
| 29   | MAREK PETR              | 99  | NW BRUNTÁL                          | BRUNTÁL          | CZE  | M60-64 |             |              | 01:07:22 | 01:19:00 |
| 30   | OLEJKO RADOSŁAW         | 123 | POLIPACK TEAM GWE                   | GOŚCICINO        | POL  | M50-54 |             |              | 01:08:17 | 01:19:29 |
| 31   | KUSZYK JAN              | 219 | LEWIN BIEGA                         | PRZECZA          | POL  | M45-49 |             |              | 01:08:46 | 01:19:45 |
| 32   | KRUPICKI JACEK          | 74  | ŻADŁO NORDIC WALKING KLUCZBORK      | KLUCZBORK        | POL  | M55-59 |             |              | 01:09:21 | 01:20:30 |
| 33   | PASIERB MAREK           | 128 | K.S. VICTORIA POTEGOWO              | RZESZÓW          | POL  | M70-74 |             |              | 01:09:38 | 01:20:35 |
| 34   | CHYRĄ JANUSZ            | 12  | NORDIC SPORT 2021                   | LUBLINIEC        | POL  | M45-49 |             |              | 01:10:06 | 01:20:57 |
| 35   | FILIP JAROSŁAW          | 29  |                                     | CHRUDIM          | CZE  | M40-44 |             |              | 01:09:34 | 01:21:12 |
| 36   | ZIEGL JAROSŁAV          | 223 | NW OPARSKO                          | KOBERICE         | CZE  | M60-64 |             |              | 01:10:06 | 01:21:17 |
| 37   | SAWICKA MARTA           | 159 | DWA KIJE W DĘBINIE KRÓŚCIENKO WYŻNE | KRÓŚCIENKO WYŻNE | POL  | K50-54 |             |              | 01:10:09 | 01:21:24 |
| 38   | ROMAN KRZYSZTOF         | 150 | KUDOWIANKA RUN                      | KUDOWA ZDRÓJ     | POL  | M65-69 |             |              | 01:10:07 | 01:21:28 |
| 39   | KRAKOWSKI JERZY PIOTR   | 72  | PTG SOKÓŁ 1893 MIELEC               | MIELEC           | POL  | M60-64 |             |              | 01:10:13 | 01:21:30 |
| 40   | BIZAŃSKI IRENEUSZ       | 8   | KRAINA MIODEM PŁYNAĆA               | MAŁUJOWICE       | POL  | M50-54 |             |              | 01:10:20 | 01:21:31 |
| 41   | KNAPCZYK-KANIA GABRIELA | 62  | NORDIC SPORT 2021                   | BIENKÓWKA        | POL  | K50-54 |             |              | 01:10:16 | 01:21:43 |
| 42   | SPYCHAŁA LESŁAW         | 170 | POLIPACK TEAM GWE                   | GOŚCICINO        | POL  | M55-59 |             |              | 01:10:36 | 01:21:55 |
| 43   | LEWANDOWSKA ANETA       | 89  | TRITON KONIN                        | KONIN            | POL  | K50-54 |             |              | 01:10:41 | 01:21:57 |
| 44   | KRAWĘTEK AGNIESZKA      | 73  | KS NW BEŁCHATÓW                     | BEŁCHATÓW        | POL  | K50-54 |             |              | 01:10:51 | 01:22:01 |
| 45   | MAŚLANKA IWONA          | 102 | NORDIC SPORT 2021                   | ŚMIGIEL          | POL  | K50-54 |             |              | 01:10:56 | 01:22:05 |

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| M-ce | Nazwisko i imię             | Nr  | Klub  | M-scowość          | Kraj | Kat.   | Żółt. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-----------------------------|-----|---|--------------------|------|--------|--------------|--------------|----------|----------|
| 46   | SZULC ROBERT                | 184 | NORDIC-BAL  | OPOCZNO            | POL  | M45-49 |              |              | 01:11:06 | 01:22:15 |
| 47   | MICTYZACZ JAKUB             | 226 | ANTON TEAM  | KRAKOWICE          | POL  | M40-44 |              |              | 01:10:36 | 01:22:16 |
| 48   | OKRZESIK-FRĄCKOWIAK IZABELA | 122 | NORDIC SPORT 2021                                   | WIELEŃ             | POL  | K55-59 |              |              | 01:11:17 | 01:22:20 |
| 49   | MIHELAC JURAJ               | 105 | NWC SPALATUM  | SPLIT              | CRO  | M40-44 |              |              | 01:11:45 | 01:22:34 |
| 50   | TOBOLIĆ JAN                 | 192 | NORDIC WALKING PRĚROV                               | PRĚROV             | CZE  | M45-49 | 1            |              | 01:11:17 | 01:22:40 |
| 51   | STEFANIAK KRZYSZTOF         | 176 | KATOWICKI NORDIC WALKING                            | SOSNOWIEC          | POL  | M65-69 |              |              | 01:10:43 | 01:22:45 |
| 52   | CZARNECKI JANUSZ            | 16  | NAJLEPSZE KIJKI W MIEŚCIE                           | GLIWICE            | POL  | M60-64 | 1            |              | 01:11:23 | 01:22:46 |
| 53   | JANICKA ALICJA              | 49  | ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE            | STANICA            | POL  | K35-39 |              |              | 01:11:11 | 01:22:54 |
| 54   | PUCHAŁA DARIUSZ             | 143 |   | ZABRZE             | POL  | M60-64 | 1            |              | 01:11:26 | 01:22:55 |
| 55   | STĘPIEŃ ARTUR               | 179 | BOLAĆCE PISZCZELE GRUPA NORDIC WALKING<br>BEŁCHATÓW | BEŁCHATÓW          | POL  | M50-54 |              |              | 01:11:44 | 01:23:09 |
| 56   | KOSAKOWSKI MARIUSZ          | 68  | GISZOWIEC CHODZI RAZEM                              | KATOWICE           | POL  | M45-49 |              |              | 01:11:34 | 01:23:14 |
| 57   | KUBALA ZBIGNIEW             | 75  |   | KĘDZIERZYN - KOZŁE | POL  | M65-69 |              |              | 01:11:50 | 01:23:32 |
| 58   | LACHNIK HUBERT              | 87  | NORDIC SPORT 2021                                   | OPOLE              | POL  | M70-74 | 1            |              | 01:11:55 | 01:23:33 |
| 59   | POSIKATA JOANNA             | 140 |   | KALINOWICE ZAMOŚĆ  | POL  | K45-49 |              |              | 01:11:46 | 01:23:40 |
| 60   | KOŃCZEWSKA BOŻENA           | 66  | BIESZCZADZKI KLUB NORDIC WALKING                    | USTRZYKI DOLNE     | POL  | K60-64 |              |              | 01:12:10 | 01:23:43 |
| 61   | RAJEK MAGDALENA             | 146 | NORDIC TEAM CZĘSTOCHOWA                             | CZĘSTOCHOWA        | POL  | K45-49 |              |              | 01:12:28 | 01:23:43 |
| 62   | SZWED ROMAN                 | 185 | NORDIC TEAM CZĘSTOCHOWA                             | CZĘSTOCHOWA        | POL  | M45-49 |              |              | 01:11:58 | 01:23:45 |
| 63   | TKOCZ ADAM                  | 191 | EKIPA NA KIJACH                                     | RUDA ŚLĄSKA        | POL  | M55-59 |              |              | 01:12:19 | 01:23:47 |
| 64   | KOZŁOWSKA MAŁGORZATA        | 71  | ESJA TEAM   | WARSZAWA           | POL  | K45-49 |              |              | 01:12:37 | 01:23:48 |
| 65   | SITTEK AGNIESZKA            | 161 | CHODZĘ W KATO                                       | KATOWICE           | POL  | K45-49 |              |              | 01:12:38 | 01:23:52 |
| 66   | SPYCHAŁA MARZENA            | 169 | POLIPACK TEAM GWE                                   | GOŚCICINO          | POL  | K50-54 |              |              | 01:12:31 | 01:24:07 |
| 67   | RUDAWSKI MACIEJ             | 156 | NORDIC SPORT 2021                                   | TRZCIEL            | POL  | M40-44 | 1            |              | 01:13:09 | 01:24:13 |
| 68   | REICHERT ANDRZEJ            | 148 | ZAWISZA STARA KUŹNIA                                | UJAZD              | POL  | M70-74 |              |              | 01:13:00 | 01:24:36 |
| 69   | ZDRZAŁEK ALICJA             | 216 | NORDIC SPORT 2021                                   | TARNOWSKIE GÓRY    | POL  | K45-49 |              |              | 01:13:13 | 01:24:44 |
| 70   | PILAŁ JOANNA                | 133 | ŻADŁO NORDIC WALKING KLUCZBORK                      | KLUCZBORK          | POL  | K50-54 |              |              | 01:13:19 | 01:24:47 |
| 71   | SZTAŁ BOŻENA                | 183 | AUTOLIV RUN TEAM                                    | OŁAWA              | POL  | K40-44 |              |              | 01:13:16 | 01:24:48 |
| 72   | PUKAS MAŁGORZATA            | 144 | BIESZCZADZKI KLUB NORDIC WALKING                    | USTRZYKI DOLNE     | POL  | K60-64 |              |              | 01:13:20 | 01:25:01 |
| 73   | BARTCZAK MIROSLAW           | 3   | NORDIC TEAM CZĘSTOCHOWA                             | CZĘSTOCHOWA        | POL  | M60-64 | 1            |              | 01:13:43 | 01:25:15 |
| 74   | HRYCIUK WALDEMAR            | 46  | KS VICTORIA POTĘGOWO                                | BIAŁA PODLASKA     | POL  | M65-69 |              |              | 01:13:29 | 01:25:37 |
| 75   | RESEMAN SYLWIA              | 149 | POLIPACKTEAMGWE                                     | GOŚCICINO          | POL  | K55-59 |              |              | 01:14:06 | 01:25:38 |
| 76   | KULCZYCKI TOMASZ            | 82  |   | PRUDNIK            | POL  | M50-54 |              |              | 01:14:12 | 01:25:41 |
| 77   | CZMOCH MARIAN               | 19  | NORDIC SPORT 2021                                   | ŁOSICE             | POL  | M70-74 |              |              | 01:13:44 | 01:25:44 |
| 78   | CHORABIK STANISŁAW          | 11  |   | DĘBOWIEC           | POL  | M70-74 |              |              | 01:14:01 | 01:25:46 |
| 79   | PANKIEWICZ EWELINA          | 127 | NORDIC SPORT 2021                                   | ZAWADZKIE          | POL  | K18-34 |              |              | 01:14:00 | 01:25:46 |
| 80   | SMAJDOR LESZEK              | 165 |   | WISŁA              | POL  | M65-69 | 1            |              | 01:14:00 | 01:25:48 |
| 81   | KOWACZ AGATA                | 69  | NORDIC SPORT 2021                                   | WAŁBRZYCH          | POL  | K40-44 |              |              | 01:14:18 | 01:25:52 |
| 82   | ZAWADZKI ZYGMUNT            | 215 | CIDRY Z KIJAMI                                      | BYTOM              | POL  | M70-74 |              |              | 01:14:21 | 01:25:53 |
| 83   | MATECKI RYSZARD             | 103 | KUDOWIANKA RUN                                      | KUDOWA ZDRÓJ       | POL  | M75-79 |              |              | 01:14:07 | 01:25:54 |
| 84   | KŁOSOWSKI KRZYSZTOF         | 61  |   | JAWORZNO           | POL  | M45-49 |              |              | 01:14:04 | 01:26:00 |
| 85   | MUSIAŁ OLA                  | 111 | NORDIC TEAM CZĘSTOCHOWA                             | CZĘSTOCHOWA        | POL  | K40-44 |              |              | 01:15:16 | 01:26:54 |
| 86   | TOMCZAK DARIUSZ             | 194 | TRITON  | KONIN              | POL  | M50-54 |              |              | 01:15:04 | 01:26:57 |
| 87   | HABROWSKI SYLWIUSZ          | 44  | NORDIC TEAM CZĘSTOCHOWA                             | KALEJ              | POL  | M50-54 |              |              | 01:15:15 | 01:27:02 |
| 88   | JUZOF IWONA                 | 54  |   | POGWIZDÓW          | POL  | K50-54 |              |              | 01:15:23 | 01:27:10 |
| 89   | PIERZCHAŁA MAREK            | 132 | POLIPACK TEAM GWE                                   | LUZINO             | POL  | M65-69 |              |              | 01:15:06 | 01:27:18 |
| 90   | BIĆAN TOMÁŠ                 | 5   |   | PASKOV             | CZE  | M40-44 |              |              | 01:15:04 | 01:27:18 |
| 91   | DRZEWIECKI SŁAWOMIR         | 28  |   | GLIWICE            | POL  | M60-64 |              |              | 01:15:13 | 01:27:25 |
| 92   | BIENKOWSKI JAROSŁAW         | 6   | TAJNIAKI 8:30                                       | PŁOCK              | POL  | M50-54 |              |              | 01:15:17 | 01:27:29 |
| 93   | ŚLUSARZ ANDRZEJ             | 189 |   | PRUDNIK            | POL  | M55-59 |              |              | 01:15:23 | 01:27:40 |
| 94   | STELMACH PIOTR              | 178 | STELMACH TEAM                                       | WROCŁAW            | POL  | M50-54 | 1            |              | 01:15:52 | 01:27:47 |
| 95   | ZAGAJA JANUSZ               | 213 | WESOŁY BORSUK TEAM                                  | POKÓJ              | POL  | M65-69 |              |              | 01:16:12 | 01:28:12 |
| 96   | WÓJCIK BARBARA              | 211 | KLUB SPORTOWY NORDIC WALKING BEŁCHATÓW              | CHRZĄSTAWA WIELKA  | POL  | K65-69 |              |              | 01:15:58 | 01:28:18 |
| 97   | WIELĄDEK ANNA               | 202 | ESJA TEAM   | WARSZAWA           | POL  | K45-49 |              |              | 01:16:41 | 01:28:40 |
| 98   | STEC PAWEŁ                  | 173 | HUTA ZDROWIA  | KRAKÓW             | POL  | M35-39 |              |              | 01:16:04 | 01:28:40 |
| 99   | MISKOWICZ ANNA              | 108 | NORDIC SPORT 2021                                   | GŁOGÓWEK           | POL  | K65-69 |              |              | 01:16:44 | 01:28:54 |
| 100  | GANSINIEC KZIMIERA          | 34  |   | BYTOM              | POL  | K60-64 |              |              | 01:17:05 | 01:29:00 |
| 101  | TRENNER LESZEK              | 195 |   | WYSOKA             | POL  | M45-49 | 1            |              | 01:16:45 | 01:29:03 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, OPEN c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub                        | M-scowość        | Kraj | Kat.   | Żółt. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-------------------------|-----|-----------------------------|------------------|------|--------|--------------|--------------|----------|----------|
| 102  | FUDALI RYSZARD          | 32  | SAINT-GOBAIN SQUAD          | GLIWICE          | POL  | M65-69 |              |              | 01:16:57 | 01:29:03 |
| 103  | CZEREBA LESZEK          | 17  | KNW BIAŁA                   | PRUDNIK          | POL  | M55-59 |              |              | 01:16:57 | 01:29:11 |
| 104  | SKRZAŃEK LUCYNA         | 162 | NORDIC SPORT 2021           | TARNOWSKIE GÓRY  | POL  | K50-54 |              |              | 01:16:59 | 01:29:20 |
| 105  | MILERT JOLANTA          | 106 | NORDIC WALKING LYSKI        | GASZOWICE        | POL  | K50-54 |              |              | 01:17:10 | 01:29:25 |
| 106  | CICHOVÁ JANA            | 14  |                             | ZLÍN 76302       | CZE  | K50-54 |              |              | 01:17:18 | 01:29:26 |
| 107  | MYŚLIWIEC ANDRZEJ       | 112 | KATOWICKI NORDIC WALKING    | KATOWICE         | POL  | M55-59 |              |              | 01:17:28 | 01:29:40 |
| 108  | NĚMCOVÁ LENKA           | 115 |                             | CHRUDIM          | CZE  | K40-44 |              |              | 01:17:32 | 01:29:43 |
| 109  | DEREŃ JANUSZ            | 23  |                             | PRUDNIK          | POL  | M65-69 |              |              | 01:17:16 | 01:29:49 |
| 110  | MACHOLC PIOTR           | 90  | ŻÓŁWIK                      | DĄBROWA GÓRNICZA | POL  | M65-69 |              |              | 01:17:33 | 01:29:57 |
| 111  | KUBICKI MAREK           | 77  |                             | BRZEZINY         | POL  | M60-64 |              |              | 01:18:21 | 01:30:02 |
| 112  | DREWNOWSKA BARBARA      | 25  | ZASAPANI HYDRO TRZCIANKA    | TRZCIANKA        | POL  | K50-54 |              |              | 01:18:06 | 01:30:08 |
| 113  | SZCZĘŚNIAK ZBIGNIEW     | 182 | NORDIC TEAM CZĘSTOCHOWA     | CZĘSTOCHOWA      | POL  | M60-64 |              |              | 01:17:44 | 01:30:15 |
| 114  | WOJCIECHOWSKI ADAM      | 220 | KJKOMANIACY PPL             | PLESZEW          | POL  | M45-49 |              |              | 01:17:51 | 01:30:15 |
| 115  | LEŚNIEWSKI MARCIN       | 88  | STARE BABICE NORDIC WALKING | BABICE NOWE      | POL  | M45-49 |              |              | 01:18:09 | 01:30:19 |
| 116  | MARCHEWKA ANDRZEJ       | 96  |                             | PRECZÓW          | POL  | M65-69 |              |              | 01:18:13 | 01:30:27 |
| 117  | ORZECHOWSKI MARIUSZ     | 125 | TRITON KONIN                | SŁAWOSZEWEK      | POL  | M50-54 |              |              | 01:18:23 | 01:30:27 |
| 118  | ŚLUSARCZYK ANDRZEJ      | 187 | WESOŁY BORSUK TEAM          | PRUDNIK          | POL  | M70-74 |              |              | 01:18:21 | 01:30:39 |
| 119  | CZYŻOWSKI JERZY         | 21  |                             | WIELICZKA        | POL  | M65-69 |              |              | 01:17:57 | 01:30:53 |
| 120  | KUŹMIŃSKA GRAŻYNA       | 86  | NORDIC TEAM CZĘSTOCHOWA     | CZĘSTOCHOWA      | POL  | K50-54 |              |              | 01:18:15 | 01:31:07 |
| 121  | OLEJNIK MARZENA         | 124 |                             | SZCZECIN         | POL  | K55-59 |              |              | 01:18:45 | 01:31:21 |
| 122  | MADALIŃSKA JOANNA       | 91  | K.S. VICTORIA POTĘGOWO      | LESZNO           | POL  | K40-44 |              |              | 01:19:12 | 01:31:32 |
| 123  | PORADA ANNA             | 139 | HARD BEANS OPOLE            | JARNOŁTÓWEK      | POL  | K50-54 |              |              | 01:18:52 | 01:31:43 |
| 124  | GRUSZKA MICHAŁ          | 40  | NORDIC SPORT 2021           | LUBLINIEC        | POL  | M45-49 |              |              | 01:19:34 | 01:31:46 |
| 125  | WILK KRZYSZTOF          | 206 |                             | NYSA             | POL  | M55-59 |              |              | 01:19:03 | 01:31:51 |
| 126  | NOWICZ MAGDALENA        | 120 | NOWICZ TEAM                 | ZABRZE           | POL  | K40-44 |              |              | 01:19:56 | 01:32:09 |
| 127  | BERESKA IRENA           | 4   | NORDIC SPORT 2021           | NAKŁO ŚLĄSKIE    | POL  | K35-39 |              |              | 01:20:15 | 01:32:31 |
| 128  | KANIA ADAM              | 57  | NORDIC SPORT 2021           | BIENKÓWKA        | POL  | M60-64 |              |              | 01:19:14 | 01:32:39 |
| 129  | KĄŁKA KRZYSZTOF         | 56  | LECYMY DURŚ                 | PIEKARY ŚLĄSKIE  | POL  | M55-59 |              |              | 01:20:04 | 01:32:39 |
| 130  | WALTER JANUSZ           | 199 |                             | MIKOŁÓW          | POL  | M60-64 |              |              | 01:20:00 | 01:32:40 |
| 131  | RATAJCZAK KATARZYNA     | 147 |                             | PRUDNIK          | POL  | K40-44 |              |              | 01:20:04 | 01:32:44 |
| 132  | KAMRAD HUBERT           | 225 |                             | HAMBURG          | GER  | M65-69 |              |              | 01:20:03 | 01:33:08 |
| 133  | MAKOWSKA MAGDALENA      | 94  |                             | PRUDNIK          | POL  | K18-34 |              |              | 01:20:45 | 01:33:18 |
| 134  | CEGIELSKA BEATA         | 10  | TRITON KONIN                | KONIN            | POL  | K50-54 |              |              | 01:21:03 | 01:33:36 |
| 135  | JIRSOVÁ SVĚTLANA        | 52  | NORDIC WALKING KUTNÁ HORA   | KUTNÁ HORA       | CZE  | K50-54 |              |              | 01:20:51 | 01:33:50 |
| 136  | NIEDŹWIECKA MAŁGORZATA  | 118 | NORDIC TEAM CZĘSTOCHOWA     | CZĘSTOCHOWA      | POL  | K65-69 |              |              | 01:21:38 | 01:34:03 |
| 137  | FRANCISZCZAK ŁUCJA      | 30  | CIDRYLOTAJOM                | BYTOM            | POL  | K60-64 |              |              | 01:21:12 | 01:34:12 |
| 138  | SZYMCZYNA MARCIN        | 186 |                             | OŁAWA            | POL  | M45-49 |              |              | 01:20:34 | 01:34:43 |
| 139  | TYKA EDWARD             | 196 | AMATOR                      | SWIETOCHLOWICE   | POL  | M80+   |              |              | 01:21:37 | 01:34:48 |
| 140  | WOJCIECHOWSKA KATARZYNA | 209 | KJKOMANIACY PPL             | PLESZEW          | POL  | K45-49 |              |              | 01:21:59 | 01:35:05 |
| 141  | STANISŁAW PRZYBYSZ      | 171 | NIEZRZESZONY                | PRUDNIK          | POL  | M70-74 |              |              | 01:21:58 | 01:35:11 |
| 142  | DĄŁKA HANNA             | 22  |                             | POZNAŃ           | POL  | K40-44 |              |              | 01:22:03 | 01:35:21 |
| 143  | KUCHARCZYK KATARZYNA    | 79  |                             | KONIN            | POL  | K40-44 |              |              | 01:22:18 | 01:35:35 |
| 144  | GWAREK ANITA            | 43  | LEŚNE KIJE                  | WARSZAWA         | POL  | K50-54 |              |              | 01:23:04 | 01:35:51 |
| 145  | GRZAŃDZIELA MONIKA      | 41  | TREKILEJDIS                 | SOPOT            | POL  | K40-44 |              |              | 01:23:18 | 01:35:55 |
| 146  | RYBAŁTOWSKI PAWEŁ       | 158 | OBORYGENI                   | OBORNIKI ŚLĄSKIE | POL  | M80+   |              |              | 01:23:17 | 01:36:15 |
| 147  | GAJEK HALINA            | 33  | RUNNERS TEAM NYSA           | PRUDNIK          | POL  | K50-54 |              |              | 01:23:33 | 01:36:23 |
| 148  | PADOWICZ ANNA           | 126 | ESJA TEAM                   | WARSZAWA         | POL  | K40-44 |              |              | 01:23:45 | 01:36:34 |
| 149  | JURCZAK-TOCZKO ANNA     | 53  |                             | WARSZAWA         | POL  | K55-59 |              |              | 01:23:51 | 01:36:48 |
| 150  | NETKOWSKI WOJCIECH      | 116 | LEŚNE KIJE                  | BRWINOW          | POL  | M65-69 |              |              | 01:23:30 | 01:36:56 |
| 151  | ANYŻ MARIA              | 1   | KIJE W DOBRYCH RĘKACH       | BĘDZIN           | POL  | K70-74 |              |              | 01:24:14 | 01:36:58 |
| 152  | WANAT WIOLETTA          | 200 | TRITON KONIN                | KONIN            | POL  | K50-54 |              |              | 01:24:05 | 01:37:35 |
| 153  | WILK IWONA              | 205 | NORDIC SPORT 2021           | KATOWICE         | POL  | K50-54 |              |              | 01:25:02 | 01:37:52 |
| 154  | KOCIUBI AURELIA         | 63  |                             | GOLA GRODKOWSKA  | POL  | K35-39 | 1            |              | 01:24:21 | 01:38:06 |
| 155  | CICHOCKA RENATA         | 13  | ESJA TEAM                   | WARSZAWA         | POL  | K50-54 |              |              | 01:25:12 | 01:38:14 |
| 156  | SCHEJBALOVÁ KRISTINA    | 160 | ZLATÉ HORY                  | ZLATÉ HORY       | CZE  | K65-69 |              |              | 01:25:10 | 01:38:19 |
| 157  | SYPIŃSKI SZYMON         | 180 | TRITON KONIN                | KONIN            | POL  | M45-49 |              |              | 01:25:25 | 01:38:29 |
| 158  | SLANINA LENA            | 163 | HARPAGAN SOSNOWIEC          | SOSNOWIEC        | POL  | K40-44 |              |              | 01:25:09 | 01:38:30 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, OPEN c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                     | M-scowość       | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|----------------------|-----|--------------------------|-----------------|------|--------|-------------|--------------|----------|----------|
| 159  | CZKAŁSKA AGATA       | 18  | TRITON KONIN             | KONIN           | POL  | K50-54 | 1           |              | 01:25:34 | 01:38:31 |
| 160  | KURZAWIŃSKI MARCIN   | 85  | TRITON KONIN             | WĘGLEW          | POL  | M45-49 |             |              | 01:25:33 | 01:38:31 |
| 161  | POHL ANNA            | 136 | KNW BIAŁA                | BIAŁA           | POL  | K55-59 |             |              | 01:25:55 | 01:39:19 |
| 162  | JAŚKOWSKI PATRYK     | 51  | NORDIC SPORT 2021        | KOŚCIAN         | POL  | M40-44 |             |              | 01:25:52 | 01:39:23 |
| 163  | ROPELEWSKA EDYTA     | 153 | KATOWICKI NORDIC WALKING | KATOWICE        | POL  | K45-49 |             |              | 01:26:08 | 01:39:28 |
| 164  | KORPOK ALEKSANDRA    | 67  | NORDICUS STRZYBNICA      | TARNOWSKIE GÓRY | POL  | K50-54 |             |              | 01:26:44 | 01:39:58 |
| 165  | BUDKA AGA            | 9   | TRITON KONIN             | KOŁO            | POL  | K45-49 |             |              | 01:27:16 | 01:39:59 |
| 166  | SOSNOWSKA MAGDALENA  | 167 | KIKJOWE TRZEMESZNO       | TRZEMESZNO      | POL  | K45-49 |             |              | 01:27:31 | 01:40:23 |
| 167  | KUCHARSKA MONIKA     | 80  | KATOWICKI NORDIC WALKING | KATOWICE        | POL  | K35-39 |             |              | 01:27:24 | 01:40:46 |
| 168  | STEFANÓW MAGDALENA   | 177 |                          | PRUDNIK         | POL  | K45-49 |             |              | 01:26:49 | 01:41:01 |
| 169  | GODZWON KAROLINA     | 36  | TREKILEJDIS              | SOPOT           | POL  | K35-39 |             |              | 01:27:24 | 01:41:16 |
| 170  | MARONDEL KATARZYNA   | 101 |                          | BYTOM           | POL  | K35-39 |             |              | 01:28:07 | 01:41:38 |
| 171  | DRYGALSKA ALEKSANDRA | 27  | KIJE W DOBRYCH RĘKACH    | BĘDZIN          | POL  | K70-74 |             |              | 01:28:06 | 01:41:42 |
| 172  | MARKS ADRIAN         | 100 | LECYMY DURŚ              | BYTOM           | POL  | M55-59 |             |              | 01:27:42 | 01:41:54 |
| 173  | PIERSCIECKI JOSEF    | 131 |                          | ARGENBÜHL       | GER  | M55-59 |             |              | 01:28:19 | 01:42:08 |
| 174  | MOSIEK JOLANTA       | 109 |                          | PRUDNIK         | POL  | K50-54 |             |              | 01:28:18 | 01:42:25 |
| 175  | ZAWADZKA MARIA       | 214 | KGHM METRACO             | LUBIN           | POL  | K70-74 |             |              | 01:29:03 | 01:42:48 |
| 176  | TYLAK LIDIA          | 197 | KB WARTKO                | ŻYCHLIN         | POL  | K50-54 |             |              | 01:30:07 | 01:43:38 |
| 177  | STANKOWSKA MARZENA   | 172 | KIKJOWE TRZEMESZNO       | TRZEMESZNO      | POL  | K45-49 |             |              | 01:31:35 | 01:44:52 |
| 178  | CZYŻ EMILIA          | 20  | TREKILEJDIS SOPOT        | SOPOT           | POL  | K40-44 |             |              | 01:31:13 | 01:45:04 |
| 179  | NAGODA MARZENA       | 113 |                          | JAGIENNA        | POL  | K50-54 |             |              | 01:31:06 | 01:45:08 |
| 180  | SZAJDA MAŁGORZATA    | 181 | KIKJOWE TRZEMESZNO       | MNICHOWO        | POL  | K50-54 |             |              | 01:31:37 | 01:45:12 |
| 181  | KLECZ MARCIN         | 59  | KLECZE NW                | WARSZAWA        | POL  | M40-44 |             |              | 01:30:47 | 01:45:49 |
| 182  | GÓRSKA AGNIESZKA     | 38  |                          | SZCZECIN        | POL  | K45-49 |             |              | 01:31:51 | 01:45:50 |
| 183  | ROŻKO ELA            | 154 | LEŚNE KIJE               | BRWINÓW         | POL  | K45-49 |             |              | 01:32:17 | 01:47:27 |
| 184  | STEFAN ALICJA        | 174 |                          | KROGULNA        | POL  | K55-59 |             |              | 01:31:50 | 01:47:31 |
| 185  | MOSIEWICZ ALEKSANDRA | 110 |                          | WYSOKA          | POL  | K18-34 | 1           |              | 01:33:03 | 01:47:37 |
| 186  | KUBICKA MAŁGORZATA   | 76  |                          | BRZEZINY        | POL  | K50-54 |             |              | 01:33:45 | 01:48:38 |
| 187  | GROMALA MAGDALENA    | 39  |                          | NYSA            | POL  | K50-54 |             |              | 01:33:59 | 01:48:39 |
| 188  | TOMCZAK RENATA       | 193 | TRITON                   | KONIN           | POL  | K50-54 |             |              | 01:35:06 | 01:49:42 |
| 189  | PIECZARA ANNA        | 130 |                          | NYSA            | POL  | K40-44 |             |              | 01:35:56 | 01:50:39 |
| 190  | JARONEK ANNA         | 50  | NORDIC WALKING EKG       | KONIN           | POL  | K45-49 |             |              | 01:36:30 | 01:51:07 |
| 191  | TYLAK JANUSZ         | 198 | KB. WARTKO               | ŻYCHLIN         | POL  | M50-54 |             |              | 01:40:30 | 01:53:46 |
| 192  | GÓRALCZYK OKSANA     | 37  | LEŚNE KIJE               | STRZENIÓWKA     | POL  | K60-64 |             |              | 01:43:45 | 01:59:21 |
| DQ   | WIŚNIEWSKI ROMAN     | 208 |                          | TWARDORZECZKA   | POL  | M70-74 |             | 1            | 01:21:59 | 01:34:53 |
|      | KUCZERA TADEUSZ      | 81  |                          | JANKOWICE       | POL  | M70-74 |             |              | DQ       | DQ       |
|      | NIESZPOREK KRZYSZTOF | 119 |                          | GŁOGÓW          | POL  | M35-39 |             |              | 01:17:34 | 01:30:49 |
|      | GRZEBIELUCH ELŻBIETA | 42  | HARPAGAN SOSNOWIEC       | SOSNOWIEC       | POL  | K65-69 |             |              | 01:42:25 | 01:58:42 |
|      | WEEDMAN DAGLAS       | 35  |                          | OMAHA           | USA  | M70-74 |             |              | 02:04:05 | 02:24:01 |
|      | PORADA ADAM          | 138 | HARD BEANS OPOLE         | JARNOŁTÓWEK     | POL  | M50-54 |             |              | DNF      | DNF      |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, OPEN -K**

| M-ce | Nazwisko i imię         | Nr  | Klub                                | M-scowość        | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-------------------------|-----|-------------------------------------|------------------|------|--------|-------------|--------------|----------|----------|
| 1    | SOSNOWSKA AGNIESZKA     | 168 | KS VICTORIA POTĘGOWO                | PRZYRÓW          | POL  | K35-39 |             |              | 01:03:49 | 01:13:45 |
| 2    | KUBISZYN MAŁGORZATA     | 78  | K.S. VICTORIA POTĘGOWO              | LUBACZÓW         | POL  | K35-39 |             |              | 01:03:49 | 01:14:00 |
| 3    | KOŁODZIEJ JOANNA        | 64  | OPEN SPORT TEAM                     | RUDA ŚLĄSKI      | POL  | K55-59 |             |              | 01:06:54 | 01:17:33 |
| 4    | SAWICKA MARTA           | 159 | DWA KIJE W DĘBINIE KRÓŚCIENKO WYŻNE | KRÓŚCIENKO WYŻNE | POL  | K50-54 |             |              | 01:10:09 | 01:21:24 |
| 5    | KNAPCZYK-KANIA GABRIELA | 62  | NORDIC SPORT 2021                   | BIEŃKÓWKA        | POL  | K50-54 |             |              | 01:10:16 | 01:21:43 |
| 6    | LEWANDOWSKA ANETA       | 89  | TRITON KONIN                        | KONIN            | POL  | K50-54 |             |              | 01:10:41 | 01:21:57 |
| 7    | KRAWĘTEK AGNIESZKA      | 73  | KS NW BĘŁCHATÓW                     | BĘŁCHATÓW        | POL  | K50-54 |             |              | 01:10:51 | 01:22:01 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, OPEN -K c.d.**

| M-ce | Nazwisko i imię             | Nr  | Klub                                     | M-scowość         | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-----------------------------|-----|--|-------------------|------|--------|-------------|--------------|----------|----------|
| 8    | MAŚLANKA IWONA              | 102 | NORDIC SPORT 2021                        | ŚMIGIEL           | POL  | K50-54 |             |              | 01:10:56 | 01:22:05 |
| 9    | OKRZESIK-FRĄCKOWIAK IZABELA | 122 | NORDIC SPORT 2021                        | WIELEN            | POL  | K55-59 |             |              | 01:11:17 | 01:22:20 |
| 10   | JANICKA ALICJA              | 49  | ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE | STANICA           | POL  | K35-39 |             |              | 01:11:11 | 01:22:54 |
| 11   | POSIKATA JOANNA             | 140 |  | KALINOWICE ZAMOŚĆ | POL  | K45-49 |             |              | 01:11:46 | 01:23:40 |
| 12   | RAJEK MAGDALENA             | 146 | NORDIC TEAM CZĘSTOCHOWA                  | CZĘSTOCHOWA       | POL  | K45-49 |             |              | 01:12:28 | 01:23:43 |
| 13   | KOŃCZEWSKA BOŻENA           | 66  | BIESZCZADZKI KLUB NORDIC WALKING         | USTRZYKI DOLNE    | POL  | K60-64 |             |              | 01:12:10 | 01:23:43 |
| 14   | KOZŁOWSKA MAŁGORZATA        | 71  | ESJA TEAM                                | WARSZAWA          | POL  | K45-49 |             |              | 01:12:37 | 01:23:48 |
| 15   | SITTEK AGNIESZKA            | 161 | CHODZĘ W KATO                            | KATOWICE          | POL  | K45-49 |             |              | 01:12:38 | 01:23:52 |
| 16   | SPYCHAŁA MARZENA            | 169 | POLIPACK TEAM GWE                        | GOŚCICINO         | POL  | K50-54 |             |              | 01:12:31 | 01:24:07 |
| 17   | ZDRZAŁEK ALICJA             | 216 | NORDIC SPORT 2021                        | TARNOWSKIE GÓRY   | POL  | K45-49 |             |              | 01:13:13 | 01:24:44 |
| 18   | PŁĄT JOANNA                 | 133 | ŻĄDŁO NORDIC WALKING KLUCZBORK           | KLUCZBORK         | POL  | K50-54 |             |              | 01:13:19 | 01:24:47 |
| 19   | SZTAL BOŻENA                | 183 | AUTOLIV RUN TEAM                         | OŁAWA             | POL  | K40-44 |             |              | 01:13:16 | 01:24:48 |
| 20   | PUKAS MAŁGORZATA            | 144 | BIESZCZADZKI KLUB NORDIC WALKING         | USTRZYKI DOLNE    | POL  | K60-64 |             |              | 01:13:20 | 01:25:01 |
| 21   | RESEMAN SYLWIA              | 149 | POLIPACKTEAMGWE                          | GOŚCICINO         | POL  | K55-59 |             |              | 01:14:06 | 01:25:38 |
| 22   | PANKIEWICZ EWELINA          | 127 | NORDIC SPORT 2021                        | ZAWADZKIE         | POL  | K18-34 |             |              | 01:14:00 | 01:25:46 |
| 23   | KOWACZ AGATA                | 69  | NORDIC SPORT 2021                        | WAŁBRZYCH         | POL  | K40-44 |             |              | 01:14:18 | 01:25:52 |
| 24   | MUSIAŁ OLA                  | 111 | NORDIC TEAM CZĘSTOCHOWA                  | CZĘSTOCHOWA       | POL  | K40-44 |             |              | 01:15:16 | 01:26:54 |
| 25   | JUZOF IWONA                 | 54  |  | POGWIZDÓW         | POL  | K50-54 |             |              | 01:15:23 | 01:27:10 |
| 26   | WÓJCIK BARBARA              | 211 | KLUB SPORTOWY NORDIC WALKING BEŁCHATÓW   | CHRZĄSTAWA WIELKA | POL  | K65-69 |             |              | 01:15:58 | 01:28:18 |
| 27   | WIEŁĄDEK ANNA               | 202 | ESJA TEAM                                | WARSZAWA          | POL  | K45-49 |             |              | 01:16:41 | 01:28:40 |
| 28   | MISKOWICZ ANNA              | 108 | NORDIC SPORT 2021                        | GŁOGÓWEK          | POL  | K65-69 |             |              | 01:16:44 | 01:28:54 |
| 29   | GANSINIEC KZIMIERA          | 34  |  | BYTOM             | POL  | K60-64 |             |              | 01:17:05 | 01:29:00 |
| 30   | SKRZĄTEK LUCYNA             | 162 | NORDIC SPORT 2021                        | TARNOWSKIE GÓRY   | POL  | K50-54 |             |              | 01:16:59 | 01:29:20 |
| 31   | MILERT JOLANTA              | 106 | NORDIC WALKING LYSKI                     | GASZOWICE         | POL  | K50-54 |             |              | 01:17:10 | 01:29:25 |
| 32   | CÍCHOVÁ JANA                | 14  |  | ZLÍN 76302        | CZE  | K50-54 |             |              | 01:17:18 | 01:29:26 |
| 33   | NĚMCOVÁ LENKA               | 115 |  | CHRUDIM           | CZE  | K40-44 |             |              | 01:17:32 | 01:29:43 |
| 34   | DREWNOWSKA BARBARA          | 25  | ZASAPANI HYDRO TRZCIANKA                 | TRZCIANKA         | POL  | K50-54 |             |              | 01:18:06 | 01:30:08 |
| 35   | KUŹMIŃSKA GRAŻYNA           | 86  | NORDIC TEAM CZĘSTOCHOWA                  | CZĘSTOCHOWA       | POL  | K50-54 |             |              | 01:18:15 | 01:31:07 |
| 36   | OLEJNIK MARZENA             | 124 |  | SZCZECIN          | POL  | K55-59 |             |              | 01:18:45 | 01:31:21 |
| 37   | MADALIŃSKA JOANNA           | 91  | K.S. VICTORIA POTĘGOWO                   | LESZNO            | POL  | K40-44 |             |              | 01:19:12 | 01:31:32 |
| 38   | PORADA ANNA                 | 139 | HARD BEANS OPOLE                         | JARNOŁTÓWEK       | POL  | K50-54 |             |              | 01:18:52 | 01:31:43 |
| 39   | NOWICZ MAGDALENA            | 120 | NOWICZ TEAM                              | ZABRZE            | POL  | K40-44 |             |              | 01:19:56 | 01:32:09 |
| 40   | BERESKA IRENA               | 4   | NORDIC SPORT 2021                        | NAKŁO ŚLĄSKIE     | POL  | K35-39 |             |              | 01:20:15 | 01:32:31 |
| 41   | RATAJCZAK KATARZYNA         | 147 |  | PRUDNIK           | POL  | K40-44 |             |              | 01:20:04 | 01:32:44 |
| 42   | MAKOWSKA MAGDALENA          | 94  |  | PRUDNIK           | POL  | K18-34 |             |              | 01:20:45 | 01:33:18 |
| 43   | CEGIELSKA BEATA             | 10  | TRITON KONIN                             | KONIN             | POL  | K50-54 |             |              | 01:21:03 | 01:33:36 |
| 44   | JIRSOVÁ SVĚTLANA            | 52  | NORDIC WALKING KUTNÁ HORA                | KUTNÁ HORA        | CZE  | K50-54 |             |              | 01:20:51 | 01:33:50 |
| 45   | NIEDŹWIECKA MAŁGORZATA      | 118 | NORDIC TEAM CZĘSTOCHOWA                  | CZĘSTOCHOWA       | POL  | K65-69 |             |              | 01:21:38 | 01:34:03 |
| 46   | FRANCISZCZAK ŁUCJA          | 30  | CIDRYLOTAJOM                             | BYTOM             | POL  | K60-64 |             |              | 01:21:12 | 01:34:12 |
| 47   | WOJCIECHOWSKA KATARZYNA     | 209 | KIKJOMANIACY PPL                         | PLESZEW           | POL  | K45-49 |             |              | 01:21:59 | 01:35:05 |
| 48   | DALKA HANNA                 | 22  |  | POZNAŃ            | POL  | K40-44 |             |              | 01:22:03 | 01:35:21 |
| 49   | KUCHARCZYK KATARZYNA        | 79  |  | KONIN             | POL  | K40-44 |             |              | 01:22:18 | 01:35:35 |
| 50   | GWAREK ANITA                | 43  | LEŚNE KIJE                               | WARSZAWA          | POL  | K50-54 |             |              | 01:23:04 | 01:35:51 |
| 51   | GRZĄDZIELA MONIKA           | 41  | TREKILEJDIS                              | SOPOT             | POL  | K40-44 |             |              | 01:23:18 | 01:35:55 |
| 52   | GAJEK HALINA                | 33  | RUNNERS TEAM NYSA                        | PRUDNIK           | POL  | K50-54 |             |              | 01:23:33 | 01:36:23 |
| 53   | PADOWICZ ANNA               | 126 | ESJA TEAM                                | WARSZAWA          | POL  | K40-44 |             |              | 01:23:45 | 01:36:34 |
| 54   | JURCZAK-TOCZKO ANNA         | 53  |  | WARSZAWA          | POL  | K55-59 |             |              | 01:23:51 | 01:36:48 |
| 55   | ANYŻ MARIA                  | 1   | KIJE W DOBRYCH RĘKACH                    | BĘDZIN            | POL  | K70-74 |             |              | 01:24:14 | 01:36:58 |
| 56   | WANAT WIOLETTA              | 200 | TRITON KONIN                             | KONIN             | POL  | K50-54 |             |              | 01:24:05 | 01:37:35 |
| 57   | WILK IWONA                  | 205 | NORDIC SPORT 2021                        | KATOWICE          | POL  | K50-54 |             |              | 01:25:02 | 01:37:52 |
| 58   | KOCIUBI AURELIA             | 63  |  | GOLA GRODKOWSKA   | POL  | K35-39 | 1           |              | 01:24:21 | 01:38:06 |
| 59   | CICHOCKA RENATA             | 13  | ESJA TEAM                                | WARSZAWA          | POL  | K50-54 |             |              | 01:25:12 | 01:38:14 |
| 60   | SCHĚJBALOVÁ KRISTINA        | 160 | ZLATÉ HORY                               | ZLATÉ HORY        | CZE  | K65-69 |             |              | 01:25:10 | 01:38:19 |
| 61   | SLANINA LENA                | 163 | HARPAGAN SOSNOWIEC                       | SOSNOWIEC         | POL  | K40-44 |             |              | 01:25:09 | 01:38:30 |
| 62   | CZKALSKA AGATA              | 18  | TRITON KONIN                             | KONIN             | POL  | K50-54 | 1           |              | 01:25:34 | 01:38:31 |
| 63   | POHL ANNA                   | 136 | KNW BIAŁA                                | BIAŁA             | POL  | K55-59 |             |              | 01:25:55 | 01:39:19 |
| 64   | ROPELEWSKA EDYTA            | 153 | KATOWICKI NORDIC WALKING                 | KATOWICE          | POL  | K45-49 |             |              | 01:26:08 | 01:39:28 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, OPEN -K c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                     | M-scowość       | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|----------------------|-----|--------------------------|-----------------|------|--------|-------------|--------------|----------|----------|
| 65   | KORPOK ALEKSANDRA    | 67  | NORDICUS STRZYBNICA      | TARNOWSKIE GÓRY | POL  | K50-54 |             |              | 01:26:44 | 01:39:58 |
| 66   | BUDKA AGA            | 9   | TRITON KONIN             | KOŁO            | POL  | K45-49 |             |              | 01:27:16 | 01:39:59 |
| 67   | SOSNOWSKA MAGDALENA  | 167 | KIJKOWE TRZEMESZNO       | TRZEMESZNO      | POL  | K45-49 |             |              | 01:27:31 | 01:40:23 |
| 68   | KUCHARSKA MONIKA     | 80  | KATOWICKI NORDIC WALKING | KATOWICE        | POL  | K35-39 |             |              | 01:27:24 | 01:40:46 |
| 69   | STEFANÓW MAGDALENA   | 177 |                          | PRUDNIK         | POL  | K45-49 |             |              | 01:26:49 | 01:41:01 |
| 70   | GODZWON KAROLINA     | 36  | TREKILEJDIS              | SOPOT           | POL  | K35-39 |             |              | 01:27:24 | 01:41:16 |
| 71   | MARONDEL KATARZYNA   | 101 |                          | BYTOM           | POL  | K35-39 |             |              | 01:28:07 | 01:41:38 |
| 72   | DRYGALSKA ALEKSANDRA | 27  | KIJE W DOBRYCH RĘKACH    | BĘDZIN          | POL  | K70-74 |             |              | 01:28:06 | 01:41:42 |
| 73   | MOSIEK JOLANTA       | 109 |                          | PRUDNIK         | POL  | K50-54 |             |              | 01:28:18 | 01:42:25 |
| 74   | ZAWADZKA MARIA       | 214 | KGHM METRACO             | LUBIN           | POL  | K70-74 |             |              | 01:29:03 | 01:42:48 |
| 75   | TYLAK LIDIA          | 197 | KB WARTKO                | ŻYCHLIN         | POL  | K50-54 |             |              | 01:30:07 | 01:43:38 |
| 76   | STANKOWSKA MARZENA   | 172 | KIJKOWE TRZEMESZNO       | TRZEMESZNO      | POL  | K45-49 |             |              | 01:31:35 | 01:44:52 |
| 77   | CZYŻ EMILIA          | 20  | TREKILEJDIS SOPOT        | SOPOT           | POL  | K40-44 |             |              | 01:31:13 | 01:45:04 |
| 78   | NAGODA MARZENA       | 113 |                          | JAGIENNA        | POL  | K50-54 |             |              | 01:31:06 | 01:45:08 |
| 79   | SZAJDA MAŁGORZATA    | 181 | KIJKOWE TRZEMESZNO       | MNICHOWO        | POL  | K50-54 |             |              | 01:31:37 | 01:45:12 |
| 80   | GÓRSKA AGNIESZKA     | 38  |                          | SZCZECIN        | POL  | K45-49 |             |              | 01:31:51 | 01:45:50 |
| 81   | ROŻKO ELA            | 154 | LEŚNE KIJE               | BRWINÓW         | POL  | K45-49 |             |              | 01:32:17 | 01:47:27 |
| 82   | STEFAN ALICJA        | 174 |                          | KROGULNA        | POL  | K55-59 |             |              | 01:31:50 | 01:47:31 |
| 83   | MOSIEWICZ ALEKSANDRA | 110 |                          | WYSOKA          | POL  | K18-34 | 1           |              | 01:33:03 | 01:47:37 |
| 84   | KUBICKA MAŁGORZATA   | 76  |                          | BRZEZINY        | POL  | K50-54 |             |              | 01:33:45 | 01:48:38 |
| 85   | GROMALA MAGDALENA    | 39  |                          | NYSA            | POL  | K50-54 |             |              | 01:33:59 | 01:48:39 |
| 86   | TOMCZAK RENATA       | 193 | TRITON                   | KONIN           | POL  | K50-54 |             |              | 01:35:06 | 01:49:42 |
| 87   | PIECZARA ANNA        | 130 |                          | NYSA            | POL  | K40-44 |             |              | 01:35:56 | 01:50:39 |
| 88   | JARONEK ANNA         | 50  | NORDIC WALKING EKG       | KONIN           | POL  | K45-49 |             |              | 01:36:30 | 01:51:07 |
| 89   | GÓRALCZYK OKSANA     | 37  | LEŚNE KIJE               | STRZENIÓWKA     | POL  | K60-64 |             |              | 01:43:45 | 01:59:21 |
|      | GRZEBIELUCH ELŻBIETA | 42  | HARPAGAN SOSNOWIEC       | SOSNOWIEC       | POL  | K65-69 |             |              | 01:42:25 | 01:58:42 |
|      |                      |     |                          |                 |      |        |             |              | DNF      | DNF      |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, OPEN -M**

| M-ce | Nazwisko i imię    | Nr  | Klub                         | M-scowość        | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|--------------------|-----|------------------------------|------------------|------|--------|-------------|--------------|----------|----------|
| 1    | WITUCKI JACEK      | 222 | K.S. VICTORIA POTĘGOWO       |                  | POL  | M50-54 |             |              | 00:56:18 | 01:05:28 |
| 2    | WOJTOWICZ TOMASZ   | 210 | K.S. VICTORIA POTĘGOWO       | WIDACZ           | POL  | M18-34 |             |              | 00:56:43 | 01:06:03 |
| 3    | MICHAŁEC MARCIN    | 221 | KKB MOSIR KROSNO             | KROSNO           | POL  | M35-39 | 1           |              | 00:57:35 | 01:06:58 |
| 4    | ROMANOWSKI DANIEL  | 152 | KATOWICKI NORDIC WALKING     | RYBNIK           | POL  | M18-34 |             |              | 00:57:58 | 01:07:17 |
| 5    | MADALIŃSKI MARCIN  | 92  | KS.VICTORIA POTĘGOWO         | LESZNO           | POL  | M40-44 |             |              | 00:59:16 | 01:08:51 |
| 6    | KŁOS MACIEJ        | 60  | POLIPACK TEAM GWE            | GDAŃSK           | POL  | M40-44 |             |              | 01:00:12 | 01:09:48 |
| 7    | ŁUKASZ JAWORSKI    | 224 | ERYK TEAM WYSOKA             | ERYK TEAM WYSOKA | POL  | M40-44 |             |              | 01:03:31 | 01:13:41 |
| 8    | KABATA JAROSŁAW    | 55  | NORDIC SPORT 2021            | TARNOWSKIE GÓRY  | POL  | M50-54 |             |              | 01:04:04 | 01:14:18 |
| 9    | SŁUPIANEK PAWEŁ    | 164 | KATOWICKI NORDIC WALKING     | KATOWICE         | POL  | M45-49 |             |              | 01:04:23 | 01:14:37 |
| 10   | PRZYSTARZ GRZEGORZ | 142 | OBORYGENI                    | OBORNIKI ŚLĄSKIE | POL  | M50-54 | 1           |              | 01:04:18 | 01:14:38 |
| 11   | ŚWIDEREK MARCIN    | 190 | ESJA TEAM                    | WARSZAWA         | POL  | M45-49 |             |              | 01:04:25 | 01:14:40 |
| 12   | DERUS JAKUB        | 24  | KATOWICKI NORDIC WALKING     | KATOWICE         | POL  | M40-44 | 1           |              | 01:04:27 | 01:14:44 |
| 13   | MAŁKA MARIAN       | 95  | NORDIC SPORT 2021            | GLIWICE          | POL  | M65-69 |             |              | 01:04:36 | 01:14:51 |
| 14   | WILCZEK KRZYSZTOF  | 204 | WATAHA ULTRA TEAM            | ZĘBOWICE         | POL  | M50-54 |             |              | 01:04:53 | 01:14:54 |
| 15   | MICHAŁSKI ANDRZEJ  | 104 | PŁOMIENI ZMIENNICA           | ZMIENNICA        | POL  | M65-69 | 1           |              | 01:04:54 | 01:15:15 |
| 16   | PASIK MICHAŁ       | 129 | KALISIA NORDIC TEAM KNT      | KALISZ           | POL  | M45-49 | 1           |              | 01:06:12 | 01:16:35 |
| 17   | KOMANDZIK ANDRZEJ  | 65  | EKIPA NA KIJACH              | RUDA ŚLĄSKA      | POL  | M45-49 |             |              | 01:05:59 | 01:16:42 |
| 18   | MAGIERA JANUSZ     | 93  | FORMA WODZISŁAW ŚLĄSKI       | WODZISŁAW ŚLĄSKI | POL  | M60-64 | 1           |              | 01:06:33 | 01:17:09 |
| 19   | MISZTAŁ GRZEGORZ   | 107 | OPEN SPORT TEAM              | SUŁKOWICE        | POL  | M35-39 |             |              | 01:06:31 | 01:17:13 |
| 20   | MARCZYŃSKI ADAM    | 98  | POLIPACK TEAM GWE            | GOŚCICINO        | POL  | M45-49 |             |              | 01:06:25 | 01:17:17 |
| 21   | ODŁOŻIL PETR       | 121 | NORDIC WALKING FANTASTIC     | HRABOVÁ 232      | CZE  | M45-49 |             |              | 01:07:10 | 01:17:40 |
| 22   | RADZIŃSKI KAROL    | 145 | NORDIC WALKING KIEKRZ POLAND | SZCZECIN         | POL  | M70-74 | 1           |              | 01:07:09 | 01:17:40 |
| 23   | FRĄCZKOWIAK ROMAN  | 31  | NORDIC SPORT 2021            | WIELEN           | POL  | M55-59 |             |              | 01:07:36 | 01:17:57 |
| 24   | ZYCH WITOLD        | 217 |                              | KROSNO           | POL  | M50-54 |             |              | 01:07:38 | 01:18:18 |
| 25   | SOKOŁOWSKI MAREK   | 166 | PTG SOKÓŁ RYMANÓW            | RYMANÓW-ZDRÓJ    | POL  | M55-59 |             |              | 01:07:43 | 01:18:24 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE, OPEN -M c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub   | M-scowość          | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-----------------------|-----|--|--------------------|------|--------|-------------|--------------|----------|----------|
| 26   | MAREK PETR            | 99  | NW BRUNTÁL   | BRUNTÁL            | CZE  | M60-64 |             |              | 01:07:22 | 01:19:00 |
| 27   | OLEJKO RADOŚLAW       | 123 | POLIPACK TEAM GWE                                  | GOŚCICINO          | POL  | M50-54 |             |              | 01:08:17 | 01:19:29 |
| 28   | KUSZYK JAN            | 219 | LEWIN BIEGA  | PRZECZA            | POL  | M45-49 |             |              | 01:08:46 | 01:19:45 |
| 29   | KRUPICKI JACEK        | 74  | ŻAĐŁO NORDIC WALKING KLUCZBORK                     | KLUCZBORK          | POL  | M55-59 |             |              | 01:09:21 | 01:20:30 |
| 30   | PASIERB MAREK         | 128 | K.S. VICTORIA POTEGOWO                             | RZESZÓW            | POL  | M70-74 |             |              | 01:09:38 | 01:20:35 |
| 31   | CHYRA JANUSZ          | 12  | NORDIC SPORT 2021                                  | LUBLINIEC          | POL  | M45-49 |             |              | 01:10:06 | 01:20:57 |
| 32   | FILIP JAROSLAV        | 29  |  | CHRUDIM            | CZE  | M40-44 |             |              | 01:09:34 | 01:21:12 |
| 33   | ZIEGL JAROSLAV        | 223 | NW OPARSKO   | KOBERICE           | CZE  | M60-64 |             |              | 01:10:06 | 01:21:17 |
| 34   | ROMAN KRZYSZTOF       | 150 | KUDOWIANKA RUN                                     | KUDOWA ZDRÓJ       | POL  | M65-69 |             |              | 01:10:07 | 01:21:28 |
| 35   | KRAKOWSKI JERZY PIOTR | 72  | PTG SOKÓŁ 1893 MIELEC                              | MIELEC             | POL  | M60-64 |             |              | 01:10:13 | 01:21:30 |
| 36   | BIZAŃSKI IRENEUSZ     | 8   | KRAINA MIODEM PŁYNAĆA                              | MAŁUJOWICE         | POL  | M50-54 |             |              | 01:10:20 | 01:21:31 |
| 37   | SPYCHAŁA LESŁAW       | 170 | POLIPACK TEAM GWE                                  | GOŚCICINO          | POL  | M55-59 |             |              | 01:10:36 | 01:21:55 |
| 38   | SZULC ROBERT          | 184 | NORDIC-BAL   | OPOCZNO            | POL  | M45-49 |             |              | 01:11:06 | 01:22:15 |
| 39   | MICTYZACZ JAKUB       | 226 | ANTON TEAM   | KRAKOWICE          | POL  | M40-44 |             |              | 01:10:36 | 01:22:16 |
| 40   | MIHELAC JURAJ         | 105 | NWC SPALATUM                                       | SPLIT              | CRO  | M40-44 |             |              | 01:11:45 | 01:22:34 |
| 41   | TOBOLÍK JAN           | 192 | NORDIC WALKING PRĚROV                              | PRĚROV             | CZE  | M45-49 | 1           |              | 01:11:17 | 01:22:40 |
| 42   | STEFANIAK KRZYSZTOF   | 176 | KATOWICKI NORDIC WALKING                           | SOSNOWIEC          | POL  | M65-69 |             |              | 01:10:43 | 01:22:45 |
| 43   | CZARNECKI JANUSZ      | 16  | NAJLEPSZE KIJKI W MIEŚCIE                          | GLIWICE            | POL  | M60-64 | 1           |              | 01:11:23 | 01:22:46 |
| 44   | PUCHAŁA DARIUSZ       | 143 |  | ZABRZE             | POL  | M60-64 | 1           |              | 01:11:26 | 01:22:55 |
| 45   | STĘPIEŃ ARTUR         | 179 | BOLAĆE PISZCZELE GRUPA NORDIC WALKING<br>BEŁCHATÓW | BEŁCHATÓW          | POL  | M50-54 |             |              | 01:11:44 | 01:23:09 |
| 46   | KOSAKOWSKI MARIUSZ    | 68  | GISZOWIEC CHODZI RAZEM                             | KATOWICE           | POL  | M45-49 |             |              | 01:11:34 | 01:23:14 |
| 47   | KUBALA ZBIGNIEW       | 75  |  | KĘDZIERZYN - KOZŁE | POL  | M65-69 |             |              | 01:11:50 | 01:23:32 |
| 48   | LACHNIK HUBERT        | 87  | NORDIC SPORT 2021                                  | OPOLE              | POL  | M70-74 | 1           |              | 01:11:55 | 01:23:33 |
| 49   | SZWED ROMAN           | 185 | NORDIC TEAM CZĘSTOCHOWA                            | CZĘSTOCHOWA        | POL  | M45-49 |             |              | 01:11:58 | 01:23:45 |
| 50   | TKOCZ ADAM            | 191 | EKIPA NA KIJACH                                    | RUDA ŚLĄSKA        | POL  | M55-59 |             |              | 01:12:19 | 01:23:47 |
| 51   | RUDAWSKI MACIEJ       | 156 | NORDIC SPORT 2021                                  | TRZCIEL            | POL  | M40-44 | 1           |              | 01:13:09 | 01:24:13 |
| 52   | REICHERT ANDRZEJ      | 148 | ZAWISZA STARA KUŻNIA                               | UJAZD              | POL  | M70-74 |             |              | 01:13:00 | 01:24:36 |
| 53   | BARTCZAK MIROŚLAW     | 3   | NORDIC TEAM CZĘSTOCHOWA                            | CZĘSTOCHOWA        | POL  | M60-64 | 1           |              | 01:13:43 | 01:25:15 |
| 54   | HRYCIUK WALDEMAR      | 46  | KS VICTORIA POTĘGOWO                               | BIAŁA PODLASKA     | POL  | M65-69 |             |              | 01:13:29 | 01:25:37 |
| 55   | KULCZYCKI TOMASZ      | 82  |  | PRUDNIK            | POL  | M50-54 |             |              | 01:14:12 | 01:25:41 |
| 56   | CZMOCH MARIAN         | 19  | NORDIC SPORT 2021                                  | ŁOSICE             | POL  | M70-74 |             |              | 01:13:44 | 01:25:44 |
| 57   | CHORABIK STANISŁAW    | 11  |  | DĘBOWIEC           | POL  | M70-74 |             |              | 01:14:01 | 01:25:46 |
| 58   | SMAJDOR LESZEK        | 165 |  | WIŚLA              | POL  | M65-69 | 1           |              | 01:14:00 | 01:25:48 |
| 59   | ZAWADZKI ZYGMUNT      | 215 | CIDRY Z KIJAMI                                     | BYTOM              | POL  | M70-74 |             |              | 01:14:21 | 01:25:53 |
| 60   | MATECKI RYSZARD       | 103 | KUDOWIANKA RUN                                     | KUDOWA ZDRÓJ       | POL  | M75-79 |             |              | 01:14:07 | 01:25:54 |
| 61   | KŁOSOWSKI KRZYSZTOF   | 61  |  | JAWORZNO           | POL  | M45-49 |             |              | 01:14:04 | 01:26:00 |
| 62   | TOMCZAK DARIUSZ       | 194 | TRITON   | KONIN              | POL  | M50-54 |             |              | 01:15:04 | 01:26:57 |
| 63   | HABROWSKI SYLWIUSZ    | 44  | NORDIC TEAM CZĘSTOCHOWA                            | KALEJ              | POL  | M50-54 |             |              | 01:15:15 | 01:27:02 |
| 64   | BIĆÁN TOMÁŠ           | 5   |  | PASKOV             | CZE  | M40-44 |             |              | 01:15:04 | 01:27:18 |
| 65   | PIERZCHAŁA MAREK      | 132 | POLIPACK TEAM GWE                                  | LUZINO             | POL  | M65-69 |             |              | 01:15:06 | 01:27:18 |
| 66   | DRZEWIECKI SŁAWOMIR   | 28  |  | GLIWICE            | POL  | M60-64 |             |              | 01:15:13 | 01:27:25 |
| 67   | BIENKOWSKI JAROSŁAW   | 6   | TAJNIAKI 8:30                                      | PŁOCK              | POL  | M50-54 |             |              | 01:15:17 | 01:27:29 |
| 68   | ŚLUSARZ ANDRZEJ       | 189 |  | PRUDNIK            | POL  | M55-59 |             |              | 01:15:23 | 01:27:40 |
| 69   | STELMACH PIOTR        | 178 | STELMACH TEAM                                      | WROCLAW            | POL  | M50-54 | 1           |              | 01:15:52 | 01:27:47 |
| 70   | ZAGAJA JANUSZ         | 213 | WESOLY BORSUK TEAM                                 | POKÓJ              | POL  | M65-69 |             |              | 01:16:12 | 01:28:12 |
| 71   | STEC PAWEŁ            | 173 | HUTA ZDROWIA                                       | KRAKÓW             | POL  | M35-39 |             |              | 01:16:04 | 01:28:40 |
| 72   | TRENKNER LESZEK       | 195 |  | WYSOKA             | POL  | M45-49 | 1           |              | 01:16:45 | 01:29:03 |
| 73   | FUDALI RYSZARD        | 32  | SAINT-GOBAIN SQUAD                                 | GLIWICE            | POL  | M65-69 |             |              | 01:16:57 | 01:29:03 |
| 74   | CZEREBA LESZEK        | 17  | KNW BIAŁA  | PRUDNIK            | POL  | M55-59 |             |              | 01:16:57 | 01:29:11 |
| 75   | MYŚLIWIEC ANDRZEJ     | 112 | KATOWICKI NORDIC WALKING                           | KATOWICE           | POL  | M55-59 |             |              | 01:17:28 | 01:29:40 |
| 76   | DEREŃ JANUSZ          | 23  |  | PRUDNIK            | POL  | M65-69 |             |              | 01:17:16 | 01:29:49 |
| 77   | MACHOLC PIOTR         | 90  | ŻÓŁWIK   | DĄBROWA GÓRNICZA   | POL  | M65-69 |             |              | 01:17:33 | 01:29:57 |
| 78   | KUBICKI MAREK         | 77  |  | BRZEZINY           | POL  | M60-64 |             |              | 01:18:21 | 01:30:02 |
| 79   | WOJCIECHOWSKI ADAM    | 220 | KJKKOMANIACY PPL                                   | PLESZEW            | POL  | M45-49 |             |              | 01:17:51 | 01:30:15 |
| 80   | SZCZĘŚNIAK ZBIGNIEW   | 182 | NORDIC TEAM CZĘSTOCHOWA                            | CZĘSTOCHOWA        | POL  | M60-64 |             |              | 01:17:44 | 01:30:15 |
| 81   | LEŚNIEWSKI MARCIN     | 88  | STARE BABICE NORDIC WALKING                        | BABICE NOWE        | POL  | M45-49 |             |              | 01:18:09 | 01:30:19 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE, OPEN -M c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub               | M-scowość        | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|----------------------|-----|--------------------|------------------|------|--------|-------------|--------------|----------|----------|
| 82   | ORZECHOWSKI MARIUSZ  | 125 | TRITON KONIN       | ŚLAWOSZEWEK      | POL  | M50-54 |             |              | 01:18:23 | 01:30:27 |
| 83   | MARCHEWKA ANDRZEJ    | 96  |                    | PRECZÓW          | POL  | M65-69 |             |              | 01:18:13 | 01:30:27 |
| 84   | ŚLUSARCZYK ANDRZEJ   | 187 | WESOŁY BORSUK TEAM | PRUDNIK          | POL  | M70-74 |             |              | 01:18:21 | 01:30:39 |
| 85   | CZYŻOWSKI JERZY      | 21  |                    | WIELICZKA        | POL  | M65-69 |             |              | 01:17:57 | 01:30:53 |
| 86   | GRUSZKA MICHAŁ       | 40  | NORDIC SPORT 2021  | LUBLINIEC        | POL  | M45-49 |             |              | 01:19:34 | 01:31:46 |
| 87   | WILK KRZYSZTOF       | 206 |                    | NYSA             | POL  | M55-59 |             |              | 01:19:03 | 01:31:51 |
| 88   | KAŁKA KRZYSZTOF      | 56  | LECYMY DURŚ        | PIEKARY ŚLĄSKIE  | POL  | M55-59 |             |              | 01:20:04 | 01:32:39 |
| 89   | KANIA ADAM           | 57  | NORDIC SPORT 2021  | BIENKÓWKA        | POL  | M60-64 |             |              | 01:19:14 | 01:32:39 |
| 90   | WALTER JANUSZ        | 199 |                    | MIKOŁÓW          | POL  | M60-64 |             |              | 01:20:00 | 01:32:40 |
| 91   | KAMRAD HUBERT        | 225 |                    | HAMBURG          | GER  | M65-69 |             |              | 01:20:03 | 01:33:08 |
| 92   | SZYMCZYNA MARCIN     | 186 |                    | OŁAWA            | POL  | M45-49 |             |              | 01:20:34 | 01:34:43 |
| 93   | TYKA EDWARD          | 196 | AMATOR             | SWIETOCHLOWICE   | POL  | M80+   |             |              | 01:21:37 | 01:34:48 |
| 94   | STANISŁAW PRZYBYSZ   | 171 | NIEZRZESZONY       | PRUDNIK          | POL  | M70-74 |             |              | 01:21:58 | 01:35:11 |
| 95   | RYBAŁTOWSKI PAWEŁ    | 158 | OBORYGENI          | OBORNIKI ŚLĄSKIE | POL  | M80+   |             |              | 01:23:17 | 01:36:15 |
| 96   | NETKOWSKI WOJCIECH   | 116 | LEŚNE KIJE         | BRWINÓW          | POL  | M65-69 |             |              | 01:23:30 | 01:36:56 |
| 97   | SYPNIEWSKI SZYMON    | 180 | TRITON KONIN       | KONIN            | POL  | M45-49 |             |              | 01:25:25 | 01:38:29 |
| 98   | KURZAWINSKI MARCIN   | 85  | TRITON KONIN       | WĘGLEW           | POL  | M45-49 |             |              | 01:25:33 | 01:38:31 |
| 99   | JAŚKOWSKI PATRYK     | 51  | NORDIC SPORT 2021  | KOŚCIAN          | POL  | M40-44 |             |              | 01:25:52 | 01:39:23 |
| 100  | MARKS ADRIAN         | 100 | LECYMY DURŚ        | BYTOM            | POL  | M55-59 |             |              | 01:27:42 | 01:41:54 |
| 101  | PIERSCIECKI JOSEF    | 131 |                    | ARGENBÜHL        | GER  | M55-59 |             |              | 01:28:19 | 01:42:08 |
| 102  | KLECZ MARCIN         | 59  | KLECZE NW          | WARSZAWA         | POL  | M40-44 |             |              | 01:30:47 | 01:45:49 |
| 103  | TYLAK JANUSZ         | 198 | KB. WARTKO         | ŻYCHLIN          | POL  | M50-54 |             |              | 01:40:30 | 01:53:46 |
| DQ   | WIŚNIEWSKI ROMAN     | 208 |                    | TWARDORZECZKA    | POL  | M70-74 |             | 1            | 01:21:59 | 01:34:53 |
|      |                      |     |                    |                  |      |        |             |              | DQ       | DQ       |
|      | KUCZERA TADEUSZ      | 81  |                    | JANKOWICE        | POL  | M70-74 |             |              | 01:15:25 | 01:27:33 |
|      |                      |     |                    |                  |      |        |             |              | DNF      | DNF      |
|      | NIESZPOREK KRZYSZTOF | 119 |                    | GŁOGÓW           | POL  | M35-39 |             |              | 01:17:34 | 01:30:49 |
|      |                      |     |                    |                  |      |        |             |              | DNF      | DNF      |
|      | WEEDMAN DAGLAS       | 35  |                    | OMAHA            | USA  | M70-74 |             |              | 02:04:05 | 02:24:01 |
|      |                      |     |                    |                  |      |        |             |              | DNF      | DNF      |
|      | PORADA ADAM          | 138 | HARD BEANS OPOLE   | JARNOŁTÓWEK      | POL  | M50-54 |             |              | DNF      | DNF      |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE, Premia Górska - K**

| M-ce | Nazwisko i imię             | Nr  | Klub                                     | M-scowość         | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-----------------------------|-----|--|-------------------|------|--------|-------------|--------------|----------|----------|
| 1    | SOSNOWSKA AGNIESZKA         | 168 | KS VICTORIA POTĘGOWO                     | PRZYRÓW           | POL  | K35-39 |             |              | 01:03:49 | 01:13:45 |
| 2    | KUBISZYN MAŁGORZATA         | 78  | K.S. VICTORIA POTĘGOWO                   | LUBACZÓW          | POL  | K35-39 |             |              | 01:03:49 | 01:14:00 |
| 3    | KOŁODZIEJ JOANNA            | 64  | OPEN SPORT TEAM                          | RUDA ŚLĄSKI       | POL  | K55-59 |             |              | 01:06:54 | 01:17:33 |
| 4    | SAWICKA MARTA               | 159 | DWA KIJE W DĘBINIE KRÓŚCIENKO WYŻNE      | KRÓŚCIENKO WYŻNE  | POL  | K50-54 |             |              | 01:10:09 | 01:21:24 |
| 5    | KNAPCZYK-KANIA GABRIELA     | 62  | NORDIC SPORT 2021                        | BIENKÓWKA         | POL  | K50-54 |             |              | 01:10:16 | 01:21:43 |
| 6    | LEWANDOWSKA ANETA           | 89  | TRITON KONIN                             | KONIN             | POL  | K50-54 |             |              | 01:10:41 | 01:21:57 |
| 7    | KRAWĘTEK AGNIESZKA          | 73  | KS NW BEŁCHATÓW                          | BEŁCHATÓW         | POL  | K50-54 |             |              | 01:10:51 | 01:22:01 |
| 8    | MAŚLANKA IWONA              | 102 | NORDIC SPORT 2021                        | ŚMIGIEL           | POL  | K50-54 |             |              | 01:10:56 | 01:22:05 |
| 9    | OKRZESIK-FRĄCKOWIAK IZABELA | 122 | NORDIC SPORT 2021                        | WIELEŃ            | POL  | K55-59 |             |              | 01:11:17 | 01:22:20 |
| 10   | JANICKA ALICJA              | 49  | ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE | STANICA           | POL  | K35-39 |             |              | 01:11:11 | 01:22:54 |
| 11   | POSIKATA JOANNA             | 140 |  | KALINOWICE ZAMOŚĆ | POL  | K45-49 |             |              | 01:11:46 | 01:23:40 |
| 12   | RAJEK MAGDALENA             | 146 | NORDIC TEAM CZĘSTOCHOWA                  | CZĘSTOCHOWA       | POL  | K45-49 |             |              | 01:12:28 | 01:23:43 |
| 13   | KOŃCZEWSKA BOŻENA           | 66  | BIESZCZADZKI KLUB NORDIC WALKING         | USTRZYKI DOLNE    | POL  | K60-64 |             |              | 01:12:10 | 01:23:43 |
| 14   | KOZŁOWSKA MAŁGORZATA        | 71  | ESJA TEAM                                | WARSZAWA          | POL  | K45-49 |             |              | 01:12:37 | 01:23:48 |
| 15   | SITTEK AGNIESZKA            | 161 | CHODZĘ W KATO                            | KATOWICE          | POL  | K45-49 |             |              | 01:12:38 | 01:23:52 |
| 16   | SPYCHAŁA MARZENA            | 169 | POLIPACK TEAM GWE                        | GOŚCICINO         | POL  | K50-54 |             |              | 01:12:31 | 01:24:07 |
| 17   | ZDRZAŁEK ALICJA             | 216 | NORDIC SPORT 2021                        | TARNOWSKIE GÓRY   | POL  | K45-49 |             |              | 01:13:13 | 01:24:44 |
| 18   | PIŁAT JOANNA                | 133 | ŻĄDŁO NORDIC WALKING KLUCZBORK           | KLUCZBORK         | POL  | K50-54 |             |              | 01:13:19 | 01:24:47 |
| 19   | SZTAŁ BOŻENA                | 183 | AUTOLIV RUN TEAM                         | OŁAWA             | POL  | K40-44 |             |              | 01:13:16 | 01:24:48 |
| 20   | PUKAS MAŁGORZATA            | 144 | BIESZCZADZKI KLUB NORDIC WALKING         | USTRZYKI DOLNE    | POL  | K60-64 |             |              | 01:13:20 | 01:25:01 |
| 21   | RESEMAN SYLWIA              | 149 | POLIPACKTEAMGWE                          | GOŚCICINO         | POL  | K55-59 |             |              | 01:14:06 | 01:25:38 |



**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, Premia Górska - K c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub                                   | M-scowość         | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-------------------------|-----|--|-------------------|------|--------|-------------|--------------|----------|----------|
| 22   | PANKIEWICZ EWELINA      | 127 | NORDIC SPORT 2021                      | ZAWADZKIE         | POL  | K18-34 |             |              | 01:14:00 | 01:25:46 |
| 23   | KOWACZ AGATA            | 69  | NORDIC SPORT 2021                      | WAŁBRZYCH         | POL  | K40-44 |             |              | 01:14:18 | 01:25:52 |
| 24   | MUSIAŁ OLA              | 111 | NORDIC TEAM CZĘSTOCHOWA                | CZĘSTOCHOWA       | POL  | K40-44 |             |              | 01:15:16 | 01:26:54 |
| 25   | JUZOF IWONA             | 54  |  | POGWIZDÓW         | POL  | K50-54 |             |              | 01:15:23 | 01:27:10 |
| 26   | WÓJCIK BARBARA          | 211 | KLUB SPORTOWY NORDIC WALKING BĘLCHATÓW | CHRZĄSTAWA WIELKA | POL  | K65-69 |             |              | 01:15:58 | 01:28:18 |
| 27   | WIELĄDEK ANNA           | 202 | ESJA TEAM                              | WARSZAWA          | POL  | K45-49 |             |              | 01:16:41 | 01:28:40 |
| 28   | MISKOWICZ ANNA          | 108 | NORDIC SPORT 2021                      | GŁOGÓWEK          | POL  | K65-69 |             |              | 01:16:44 | 01:28:54 |
| 29   | GANSINIEC KZIMIERA      | 34  |  | BYTOM             | POL  | K60-64 |             |              | 01:17:05 | 01:29:00 |
| 30   | SKRZĄTEK LUCYNA         | 162 | NORDIC SPORT 2021                      | TARNOWSKIE GÓRY   | POL  | K50-54 |             |              | 01:16:59 | 01:29:20 |
| 31   | MILERT JOLANTA          | 106 | NORDIC WALKING LYSKI                   | GASZOWICE         | POL  | K50-54 |             |              | 01:17:10 | 01:29:25 |
| 32   | CÍCHOVÁ JANA            | 14  |  | ZLÍN 76302        | CZE  | K50-54 |             |              | 01:17:18 | 01:29:26 |
| 33   | NĚMCOVÁ LENKA           | 115 |  | CHRUDIM           | CZE  | K40-44 |             |              | 01:17:32 | 01:29:43 |
| 34   | DREWNOWSKA BARBARA      | 25  | ZASAPANI HYDRO TRZCIANKA               | TRZCIANKA         | POL  | K50-54 |             |              | 01:18:06 | 01:30:08 |
| 35   | KUŹMIŃSKA GRAŻYNA       | 86  | NORDIC TEAM CZĘSTOCHOWA                | CZĘSTOCHOWA       | POL  | K50-54 |             |              | 01:18:15 | 01:31:07 |
| 36   | OLEJNIK MARZENA         | 124 |  | SZCZECIN          | POL  | K55-59 |             |              | 01:18:45 | 01:31:21 |
| 37   | MADALIŃSKA JOANNA       | 91  | K.S. VICTORIA POTĘGOWO                 | LESZNO            | POL  | K40-44 |             |              | 01:19:12 | 01:31:32 |
| 38   | PORADA ANNA             | 139 | HARD BEANS OPOLE                       | JARNOŁTÓWEK       | POL  | K50-54 |             |              | 01:18:52 | 01:31:43 |
| 39   | NOWICZ MAGDALENA        | 120 | NOWICZ TEAM                            | ZABRZE            | POL  | K40-44 |             |              | 01:19:56 | 01:32:09 |
| 40   | BERESKA IRENA           | 4   | NORDIC SPORT 2021                      | NAKŁO ŚLĄSKIE     | POL  | K35-39 |             |              | 01:20:15 | 01:32:31 |
| 41   | RATAJCZAK KATARZYNA     | 147 |  | PRUDNIK           | POL  | K40-44 |             |              | 01:20:04 | 01:32:44 |
| 42   | MAKOWSKA MAGDALENA      | 94  |  | PRUDNIK           | POL  | K18-34 |             |              | 01:20:45 | 01:33:18 |
| 43   | CEGIELSKA BEATA         | 10  | TRITON KONIN                           | KONIN             | POL  | K50-54 |             |              | 01:21:03 | 01:33:36 |
| 44   | JIRSOVÁ SVĚTLANA        | 52  | NORDIC WALKING KUTNÁ HORA              | KUTNÁ HORA        | CZE  | K50-54 |             |              | 01:20:51 | 01:33:50 |
| 45   | NIEDŹWIECKA MAŁGORZATA  | 118 | NORDIC TEAM CZĘSTOCHOWA                | CZĘSTOCHOWA       | POL  | K65-69 |             |              | 01:21:38 | 01:34:03 |
| 46   | FRANCISZCZAK ŁUCJA      | 30  | CIDRYLOTAJOM                           | BYTOM             | POL  | K60-64 |             |              | 01:21:12 | 01:34:12 |
| 47   | WOJCIECHOWSKA KATARZYNA | 209 | KJKOMANIACY PPL                        | PLESZEW           | POL  | K45-49 |             |              | 01:21:59 | 01:35:05 |
| 48   | DĄŁKA HANNA             | 22  |  | POZNAN            | POL  | K40-44 |             |              | 01:22:03 | 01:35:21 |
| 49   | KUCHARCZYK KATARZYNA    | 79  |  | KONIN             | POL  | K40-44 |             |              | 01:22:18 | 01:35:35 |
| 50   | GWAREK ANITA            | 43  | LEŚNE KIJE                             | WARSZAWA          | POL  | K50-54 |             |              | 01:23:04 | 01:35:51 |
| 51   | GRZAŹDZIELA MONIKA      | 41  | TREKILEJDIS                            | SOPOT             | POL  | K40-44 |             |              | 01:23:18 | 01:35:55 |
| 52   | GAJEK HALINA            | 33  | RUNNERS TEAM NYSA                      | PRUDNIK           | POL  | K50-54 |             |              | 01:23:33 | 01:36:23 |
| 53   | PADOWICZ ANNA           | 126 | ESJA TEAM                              | WARSZAWA          | POL  | K40-44 |             |              | 01:23:45 | 01:36:34 |
| 54   | JURCZAK-TOCZKO ANNA     | 53  |  | WARSZAWA          | POL  | K55-59 |             |              | 01:23:51 | 01:36:48 |
| 55   | ANYŻ MARIA              | 1   | KIJE W DOBRYCH RĘKACH                  | BĘDZIN            | POL  | K70-74 |             |              | 01:24:14 | 01:36:58 |
| 56   | WANAT WIOLETTA          | 200 | TRITON KONIN                           | KONIN             | POL  | K50-54 |             |              | 01:24:05 | 01:37:35 |
| 57   | WILK IWONA              | 205 | NORDIC SPORT 2021                      | KATOWICE          | POL  | K50-54 |             |              | 01:25:02 | 01:37:52 |
| 58   | KOCIUBI AURELIA         | 63  |  | GOLA GRODKOWSKA   | POL  | K35-39 | 1           |              | 01:24:21 | 01:38:06 |
| 59   | CICHOCKA RENATA         | 13  | ESJA TEAM                              | WARSZAWA          | POL  | K50-54 |             |              | 01:25:12 | 01:38:14 |
| 60   | SCHEJBALOVÁ KRISTINA    | 160 | ZLATÉ HORY                             | ZLATÉ HORY        | CZE  | K65-69 |             |              | 01:25:10 | 01:38:19 |
| 61   | SLANINA LENA            | 163 | HARPAGAN SOSNOWIEC                     | SOSNOWIEC         | POL  | K40-44 |             |              | 01:25:09 | 01:38:30 |
| 62   | CZKALSKA AGATA          | 18  | TRITON KONIN                           | KONIN             | POL  | K50-54 | 1           |              | 01:25:34 | 01:38:31 |
| 63   | POHL ANNA               | 136 | KNW BIAŁA                              | BIAŁA             | POL  | K55-59 |             |              | 01:25:55 | 01:39:19 |
| 64   | ROPELEWSKA EDYTA        | 153 | KATOWICKI NORDIC WALKING               | KATOWICE          | POL  | K45-49 |             |              | 01:26:08 | 01:39:28 |
| 65   | KORPOK ALEKSANDRA       | 67  | NORDICUS STRZYBNICA                    | TARNOWSKIE GÓRY   | POL  | K50-54 |             |              | 01:26:44 | 01:39:58 |
| 66   | BUDKA AGA               | 9   | TRITON KONIN                           | KOŁO              | POL  | K45-49 |             |              | 01:27:16 | 01:39:59 |
| 67   | SOSNOWSKA MAGDALENA     | 167 | KJKOWE TRZEMESZNO                      | TRZEMESZNO        | POL  | K45-49 |             |              | 01:27:31 | 01:40:23 |
| 68   | KUCHARSKA MONIKA        | 80  | KATOWICKI NORDIC WALKING               | KATOWICE          | POL  | K35-39 |             |              | 01:27:24 | 01:40:46 |
| 69   | STEFANÓW MAGDALENA      | 177 |  | PRUDNIK           | POL  | K45-49 |             |              | 01:26:49 | 01:41:01 |
| 70   | GODZWON KAROLINA        | 36  | TREKILEJDIS                            | SOPOT             | POL  | K35-39 |             |              | 01:27:24 | 01:41:16 |
| 71   | MARONDEL KATARZYNA      | 101 |  | BYTOM             | POL  | K35-39 |             |              | 01:28:07 | 01:41:38 |
| 72   | DRYGALSKA ALEKSANDRA    | 27  | KIJE W DOBRYCH RĘKACH                  | BĘDZIN            | POL  | K70-74 |             |              | 01:28:06 | 01:41:42 |
| 73   | MOSIEK JOLANTA          | 109 |  | PRUDNIK           | POL  | K50-54 |             |              | 01:28:18 | 01:42:25 |
| 74   | ZAWADZKA MARIA          | 214 | KGHM METRACO                           | LUBIN             | POL  | K70-74 |             |              | 01:29:03 | 01:42:48 |
| 75   | TYŁAK LIDIA             | 197 | KB WARTKO                              | ŻYCHLIN           | POL  | K50-54 |             |              | 01:30:07 | 01:43:38 |
| 76   | STANKOWSKA MARZENA      | 172 | KJKOWE TRZEMESZNO                      | TRZEMESZNO        | POL  | K45-49 |             |              | 01:31:35 | 01:44:52 |
| 77   | CZYŻ EMILIA             | 20  | TREKILEJDIS SOPOT                      | SOPOT             | POL  | K40-44 |             |              | 01:31:13 | 01:45:04 |
| 78   | NAGODA MARZENA          | 113 |  | JAGIENNA          | POL  | K50-54 |             |              | 01:31:06 | 01:45:08 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE, Premia Górska - K c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub               | M-scowość   | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|----------------------|-----|--------------------|-------------|------|--------|-------------|--------------|----------|----------|
| 79   | SZAJDA MAŁGORZATA    | 181 | KIJKOWE TRZEMESZNO | MNICHOWO    | POL  | K50-54 |             |              | 01:31:37 | 01:45:12 |
| 80   | GÓRSKA AGNIESZKA     | 38  |                    | SZCZECIN    | POL  | K45-49 |             |              | 01:31:51 | 01:45:50 |
| 81   | ROŻKO ELA            | 154 | LEŚNE KIJE         | BRWINÓW     | POL  | K45-49 |             |              | 01:32:17 | 01:47:27 |
| 82   | STEFAN ALICJA        | 174 |                    | KROGULNA    | POL  | K55-59 |             |              | 01:31:50 | 01:47:31 |
| 83   | MOSIEWICZ ALEKSANDRA | 110 |                    | WYSOKA      | POL  | K18-34 | 1           |              | 01:33:03 | 01:47:37 |
| 84   | KUBICKA MAŁGORZATA   | 76  |                    | BRZEZINY    | POL  | K50-54 |             |              | 01:33:45 | 01:48:38 |
| 85   | GROMALA MAGDALENA    | 39  |                    | NYSA        | POL  | K50-54 |             |              | 01:33:59 | 01:48:39 |
| 86   | TOMCZAK RENATA       | 193 | TRITON             | KONIN       | POL  | K50-54 |             |              | 01:35:06 | 01:49:42 |
| 87   | PIECZARA ANNA        | 130 |                    | NYSA        | POL  | K40-44 |             |              | 01:35:56 | 01:50:39 |
| 88   | JARONEK ANNA         | 50  | NORDIC WALKING EKG | KONIN       | POL  | K45-49 |             |              | 01:36:30 | 01:51:07 |
| 89   | GÓRALCZYK OKSANA     | 37  | LEŚNE KIJE         | STRZENIÓWKA | POL  | K60-64 |             |              | 01:43:45 | 01:59:21 |
|      | GRZEBIELUCH ELŻBIETA | 42  | HARPAGAN SOSNOWIEC | SOSNOWIEC   | POL  | K65-69 |             |              | 01:42:25 | 01:58:42 |
|      |                      |     |                    |             |      |        |             |              | DNF      | DNF      |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE, Premia Górska - M**

| M-ce | Nazwisko i imię       | Nr  | Klub                           | M-scowość        | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-----------------------|-----|--------------------------------|------------------|------|--------|-------------|--------------|----------|----------|
| 1    | WITUCKI JACEK         | 222 | K.S. VICTORIA POTĘGOWO         |                  | POL  | M50-54 |             |              | 00:56:18 | 01:05:28 |
| 2    | WOJTOWICZ TOMASZ      | 210 | K.S. VICTORIA POTĘGOWO         | WIDACZ           | POL  | M18-34 |             |              | 00:56:43 | 01:06:03 |
| 3    | MICHALEC MARCIN       | 221 | KKB MOSIR KROSNO               | KROSNO           | POL  | M35-39 | 1           |              | 00:57:35 | 01:06:58 |
| 4    | ROMANOWSKI DANIEL     | 152 | KATOWICKI NORDIC WALKING       | RYBNIK           | POL  | M18-34 |             |              | 00:57:58 | 01:07:17 |
| 5    | MADALIŃSKI MARCIN     | 92  | KS.VICTORIA POTĘGOWO           | LESZNO           | POL  | M40-44 |             |              | 00:59:16 | 01:08:51 |
| 6    | KŁOS MACIEJ           | 60  | POLIPACK TEAM GWE              | GDAŃSK           | POL  | M40-44 |             |              | 01:00:12 | 01:09:48 |
| 7    | ŁUKASZ JAWORSKI       | 224 | ERYK TEAM WYSOKA               |                  | POL  | M40-44 |             |              | 01:03:31 | 01:13:41 |
| 8    | KABATA JAROSŁAW       | 55  | NORDIC SPORT 2021              | TARNOWSKIE GÓRY  | POL  | M50-54 |             |              | 01:04:04 | 01:14:18 |
| 9    | SŁUPIANEK PAWEŁ       | 164 | KATOWICKI NORDIC WALKING       | KATOWICE         | POL  | M45-49 |             |              | 01:04:23 | 01:14:37 |
| 10   | PRZYSTARZ GRZEGORZ    | 142 | OBORYGENI                      | OBORNIKI ŚLĄSKIE | POL  | M50-54 | 1           |              | 01:04:18 | 01:14:38 |
| 11   | ŚWIDEREK MARCIN       | 190 | ESJA TEAM                      | WARSZAWA         | POL  | M45-49 |             |              | 01:04:25 | 01:14:40 |
| 12   | DERUS JAKUB           | 24  | KATOWICKI NORDIC WALKING       | KATOWICE         | POL  | M40-44 | 1           |              | 01:04:27 | 01:14:44 |
| 13   | MAŁKA MARIAN          | 95  | NORDIC SPORT 2021              | GLIWICE          | POL  | M65-69 |             |              | 01:04:36 | 01:14:51 |
| 14   | WILCZEK KRZYSZTOF     | 204 | WATAHA ULTRA TEAM              | ZĘBOWICE         | POL  | M50-54 |             |              | 01:04:53 | 01:14:54 |
| 15   | MICHALSKI ANDRZEJ     | 104 | PŁOMIENI ZMIENNICA             | ZMIENNICA        | POL  | M65-69 | 1           |              | 01:04:54 | 01:15:15 |
| 16   | PASIK MICHAŁ          | 129 | KALISIA NORDIC TEAM KNT        | KALISZ           | POL  | M45-49 | 1           |              | 01:06:12 | 01:16:35 |
| 17   | KOMANDZIK ANDRZEJ     | 65  | EKIPA NA KIJACH                | RUDA ŚLĄSKA      | POL  | M45-49 |             |              | 01:05:59 | 01:16:42 |
| 18   | MAGIERA JANUSZ        | 93  | FORMA WODZISŁAW ŚLĄSKI         | WODZISŁAW ŚLĄSKI | POL  | M60-64 | 1           |              | 01:06:33 | 01:17:09 |
| 19   | MISZTAŁ GRZEGORZ      | 107 | OPEN SPORT TEAM                | SUŁKOWICE        | POL  | M35-39 |             |              | 01:06:31 | 01:17:13 |
| 20   | MARCZYŃSKI ADAM       | 98  | POLIPACK TEAM GWE              | GOŚCICINO        | POL  | M45-49 |             |              | 01:06:25 | 01:17:17 |
| 21   | ODŁOŻIL PETR          | 121 | NORDIC WALKING FANTASTIC       | HRABOVÁ 232      | CZE  | M45-49 |             |              | 01:07:10 | 01:17:40 |
| 22   | RADZIŃSKI KAROL       | 145 | NORDIC WALKING KIEKRZ POLAND   | SZCZECIN         | POL  | M70-74 | 1           |              | 01:07:09 | 01:17:40 |
| 23   | FRĄCZKOWIAK ROMAN     | 31  | NORDIC SPORT 2021              | WIELEŃ           | POL  | M55-59 |             |              | 01:07:36 | 01:17:57 |
| 24   | ZYCH WITOLD           | 217 |                                | KROSNO           | POL  | M50-54 |             |              | 01:07:38 | 01:18:16 |
| 25   | SOKOŁOWSKI MAREK      | 166 | PTG SOKÓŁ RYMANÓW              | RYMANÓW-ZDRÓJ    | POL  | M55-59 |             |              | 01:07:43 | 01:18:24 |
| 26   | MAREK PETR            | 99  | NW BRUNTÁL                     | BRUNTÁL          | CZE  | M60-64 |             |              | 01:07:22 | 01:19:00 |
| 27   | OLEJKO RADOSŁAW       | 123 | POLIPACK TEAM GWE              | GOŚCICINO        | POL  | M50-54 |             |              | 01:08:17 | 01:19:29 |
| 28   | KUSZYK JAN            | 219 | LEWIN BIEGA                    | PRZECZA          | POL  | M45-49 |             |              | 01:08:46 | 01:19:45 |
| 29   | KRUPICKI JACEK        | 74  | ŻĄDŁO NORDIC WALKING KLUCZBORK | KLUCZBORK        | POL  | M55-59 |             |              | 01:09:21 | 01:20:30 |
| 30   | PASIERB MAREK         | 128 | K.S. VICTORIA POTEGOWO         | RZESZÓW          | POL  | M70-74 |             |              | 01:09:38 | 01:20:35 |
| 31   | CHYRA JANUSZ          | 12  | NORDIC SPORT 2021              | LUBLINIEC        | POL  | M45-49 |             |              | 01:10:06 | 01:20:57 |
| 32   | FILIP JAROSLAV        | 29  |                                | CHRUDIM          | CZE  | M40-44 |             |              | 01:09:34 | 01:21:12 |
| 33   | ZIEGL JAROSLAV        | 223 | NW OPARSKO                     | KOBERICE         | CZE  | M60-64 |             |              | 01:10:06 | 01:21:17 |
| 34   | ROMAN KRZYSZTOF       | 150 | KUDOWIANKA RUN                 | KUDOWA ZDRÓJ     | POL  | M65-69 |             |              | 01:10:07 | 01:21:28 |
| 35   | KRAKOWSKI JERZY PIOTR | 72  | PTG SOKÓŁ 1893 MIELEC          | MIELEC           | POL  | M60-64 |             |              | 01:10:13 | 01:21:30 |
| 36   | BIZAŃSKI IRENEUSZ     | 8   | KRAINA MIODEM PŁYNAÇA          | MAŁUJOWICE       | POL  | M50-54 |             |              | 01:10:20 | 01:21:31 |
| 37   | SPYCHAŁA LESŁAW       | 170 | POLIPACK TEAM GWE              | GOŚCICINO        | POL  | M55-59 |             |              | 01:10:36 | 01:21:55 |
| 38   | SZULC ROBERT          | 184 | NORDIC-BAL                     | OPOCZNO          | POL  | M45-49 |             |              | 01:11:06 | 01:22:15 |
| 39   | MICTYZACZ JAKUB       | 226 | ANTON TEAM                     | KRAKOWICE        | POL  | M40-44 |             |              | 01:10:36 | 01:22:16 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, Premia Górska - M c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub   | M-scowość          | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|---------------------|-----|--|--------------------|------|--------|-------------|--------------|----------|----------|
| 40   | MIHELAC JURAJ       | 105 | NWC SPALATUM                                       | SPLIT              | CRO  | M40-44 |             |              | 01:11:45 | 01:22:34 |
| 41   | TOBOLÍK JAN         | 192 | NORDIC WALKING PREROV                              | PREROV             | CZE  | M45-49 | 1           |              | 01:11:17 | 01:22:40 |
| 42   | STEFANIAK KRZYSZTOF | 176 | KATOWICKI NORDIC WALKING                           | SOSNOWIEC          | POL  | M65-69 |             |              | 01:10:43 | 01:22:45 |
| 43   | CZARNECKI JANUSZ    | 16  | NAJLEPSZE KIJKI W MIEŚCIE                          | GLIWICE            | POL  | M60-64 | 1           |              | 01:11:23 | 01:22:46 |
| 44   | PUCHAŁA DARIUSZ     | 143 |  | ZABRZE             | POL  | M60-64 | 1           |              | 01:11:26 | 01:22:55 |
| 45   | STĘPIEŃ ARTUR       | 179 | BOLAĆE PISZCZELE GRUPA NORDIC WALKING<br>BEŁCHATÓW | BEŁCHATÓW          | POL  | M50-54 |             |              | 01:11:44 | 01:23:09 |
| 46   | KOSAKOWSKI MARIUSZ  | 68  | GISZOWIEC CHODZI RAZEM                             | KATOWICE           | POL  | M45-49 |             |              | 01:11:34 | 01:23:14 |
| 47   | KUBALA ZBIGNIEW     | 75  |  | KĘDZIERZYN - KOŻLE | POL  | M65-69 |             |              | 01:11:50 | 01:23:32 |
| 48   | LACHNIK HUBERT      | 87  | NORDIC SPORT 2021                                  | OPOLE              | POL  | M70-74 | 1           |              | 01:11:55 | 01:23:33 |
| 49   | SZWED ROMAN         | 185 | NORDIC TEAM CZĘSTOCHOWA                            | CZĘSTOCHOWA        | POL  | M45-49 |             |              | 01:11:58 | 01:23:45 |
| 50   | TKOCZ ADAM          | 191 | EKIPA NA KIJACH                                    | RUDA ŚLĄSKA        | POL  | M55-59 |             |              | 01:12:19 | 01:23:47 |
| 51   | RUDAWSKI MACIEJ     | 156 | NORDIC SPORT 2021                                  | TRZCIEL            | POL  | M40-44 | 1           |              | 01:13:09 | 01:24:13 |
| 52   | REICHERT ANDRZEJ    | 148 | ZAWISZA STARA KUŻNIA                               | UJAZD              | POL  | M70-74 |             |              | 01:13:00 | 01:24:36 |
| 53   | BARTCZAK MIROSLAW   | 3   | NORDIC TEAM CZĘSTOCHOWA                            | CZĘSTOCHOWA        | POL  | M60-64 | 1           |              | 01:13:43 | 01:25:15 |
| 54   | HRYCIUK WALDEMAR    | 46  | KS VICTORIA POTĘGOWO                               | BIAŁA PODLASKA     | POL  | M65-69 |             |              | 01:13:29 | 01:25:37 |
| 55   | KULCZYCKI TOMASZ    | 82  |  | PRUDNIK            | POL  | M50-54 |             |              | 01:14:12 | 01:25:41 |
| 56   | CZMOCH MARIAN       | 19  | NORDIC SPORT 2021                                  | ŁOSICE             | POL  | M70-74 |             |              | 01:13:44 | 01:25:44 |
| 57   | CHORABIK STANISŁAW  | 11  |  | DĘBOWIEC           | POL  | M70-74 |             |              | 01:14:01 | 01:25:46 |
| 58   | SMAJDOR LESZEK      | 165 |  | WIŚLA              | POL  | M65-69 | 1           |              | 01:14:00 | 01:25:48 |
| 59   | ZAWADZKI ZYGMUNT    | 215 | CIDRY Z KIJAMI                                     | BYTOM              | POL  | M70-74 |             |              | 01:14:21 | 01:25:53 |
| 60   | MATECKI RYSZARD     | 103 | KUDOWIANKA RUN                                     | KUDOWA ZDRÓJ       | POL  | M75-79 |             |              | 01:14:07 | 01:25:54 |
| 61   | KŁOSOWSKI KRZYSZTOF | 61  |  | JAWORZNO           | POL  | M45-49 |             |              | 01:14:04 | 01:26:00 |
| 62   | TOMCZAK DARIUSZ     | 194 | TRITON   | KONIN              | POL  | M50-54 |             |              | 01:15:04 | 01:26:57 |
| 63   | HABROWSKI SYLWIUSZ  | 44  | NORDIC TEAM CZĘSTOCHOWA                            | KALEJ              | POL  | M50-54 |             |              | 01:15:15 | 01:27:02 |
| 64   | BIĆAŃ TOMAŚ         | 5   |  | PASKOV             | CZE  | M40-44 |             |              | 01:15:04 | 01:27:18 |
| 65   | PIERZCHAŁA MAREK    | 132 | POLIPACK TEAM GWE                                  | LUZINO             | POL  | M65-69 |             |              | 01:15:06 | 01:27:18 |
| 66   | DRZEWIECKI SŁAWOMIR | 28  |  | GLIWICE            | POL  | M60-64 |             |              | 01:15:13 | 01:27:25 |
| 67   | BIENKOWSKI JAROSŁAW | 6   | TAJNIAKI 8:30                                      | PŁOCK              | POL  | M50-54 |             |              | 01:15:17 | 01:27:29 |
| 68   | ŚLUSARZ ANDRZEJ     | 189 |  | PRUDNIK            | POL  | M55-59 |             |              | 01:15:23 | 01:27:40 |
| 69   | STELMACH PIOTR      | 178 | STELMACH TEAM                                      | WROCŁAW            | POL  | M50-54 | 1           |              | 01:15:52 | 01:27:47 |
| 70   | ZAGAJA JANUSZ       | 213 | WESOŁY BORSUK TEAM                                 | POKÓJ              | POL  | M65-69 |             |              | 01:16:12 | 01:28:12 |
| 71   | STEC PAWEŁ          | 173 | HUTA ZDROWIA                                       | KRAKÓW             | POL  | M35-39 |             |              | 01:16:04 | 01:28:40 |
| 72   | TRENKNER LESZEK     | 195 |  | WYSOKA             | POL  | M45-49 | 1           |              | 01:16:45 | 01:29:03 |
| 73   | FUDALI RYSZARD      | 32  | SAINT-GOBAIN SQUAD                                 | GLIWICE            | POL  | M65-69 |             |              | 01:16:57 | 01:29:03 |
| 74   | CZEREBA LESZEK      | 17  | KNW BIAŁA  | PRUDNIK            | POL  | M55-59 |             |              | 01:16:57 | 01:29:11 |
| 75   | MYŚLIWIEC ANDRZEJ   | 112 | KATOWICKI NORDIC WALKING                           | KATOWICE           | POL  | M55-59 |             |              | 01:17:28 | 01:29:40 |
| 76   | DEREŃ JANUSZ        | 23  |  | PRUDNIK            | POL  | M65-69 |             |              | 01:17:16 | 01:29:49 |
| 77   | MACHOLC PIOTR       | 90  | ŻÓŁWIK   | DĄBROWA GÓRNICZA   | POL  | M65-69 |             |              | 01:17:33 | 01:29:57 |
| 78   | KUBICKI MAREK       | 77  |  | BRZESZYN           | POL  | M60-64 |             |              | 01:18:21 | 01:30:02 |
| 79   | WOJCIECHOWSKI ADAM  | 220 | KJKKOMANIACY PPL                                   | PLESZEW            | POL  | M45-49 |             |              | 01:17:51 | 01:30:15 |
| 80   | SZCZĘŚNIAK ZBIGNIEW | 182 | NORDIC TEAM CZĘSTOCHOWA                            | CZĘSTOCHOWA        | POL  | M60-64 |             |              | 01:17:44 | 01:30:15 |
| 81   | LEŚNIEWSKI MARCIN   | 88  | STARE BABICE NORDIC WALKING                        | BABICE NOWE        | POL  | M45-49 |             |              | 01:18:09 | 01:30:19 |
| 82   | ORZECZOWSKI MARIUSZ | 125 | TRITON KONIN                                       | SŁAWOSZEWEK        | POL  | M50-54 |             |              | 01:18:23 | 01:30:27 |
| 83   | MARCHEWKA ANDRZEJ   | 96  |  | PRECZÓW            | POL  | M65-69 |             |              | 01:18:13 | 01:30:27 |
| 84   | ŚLUSARCZYK ANDRZEJ  | 187 | WESOŁY BORSUK TEAM                                 | PRUDNIK            | POL  | M70-74 |             |              | 01:18:21 | 01:30:39 |
| 85   | CZYŻOWSKI JERZY     | 21  |  | WIELICZKA          | POL  | M65-69 |             |              | 01:17:57 | 01:30:53 |
| 86   | GRUSZKA MICHAŁ      | 40  | NORDIC SPORT 2021                                  | LUBLINIEC          | POL  | M45-49 |             |              | 01:19:34 | 01:31:46 |
| 87   | WILK KRZYSZTOF      | 206 |  | NYSA               | POL  | M55-59 |             |              | 01:19:03 | 01:31:51 |
| 88   | KAŁKA KRZYSZTOF     | 56  | LECYMY DURŚ  | PIEKARY ŚLĄSKIE    | POL  | M55-59 |             |              | 01:20:04 | 01:32:39 |
| 89   | KANIA ADAM          | 57  | NORDIC SPORT 2021                                  | BIENKÓWKA          | POL  | M60-64 |             |              | 01:19:14 | 01:32:39 |
| 90   | WALTER JANUSZ       | 199 |  | MIKOŁÓW            | POL  | M60-64 |             |              | 01:20:00 | 01:32:40 |
| 91   | KAMRAD HUBERT       | 225 |  | HAMBURG            | GER  | M65-69 |             |              | 01:20:03 | 01:33:08 |
| 92   | SZYMCZYNA MARCIN    | 186 |  | OLAWA              | POL  | M45-49 |             |              | 01:20:34 | 01:34:43 |
| 93   | TYKA EDWARD         | 196 | AMATOR   | SWIETOCHLOWICE     | POL  | M80+   |             |              | 01:21:37 | 01:34:48 |
| 94   | STANISŁAW PRZYBYSZ  | 171 | NIEZRZESZONY                                       | PRUDNIK            | POL  | M70-74 |             |              | 01:21:58 | 01:35:11 |
| 95   | RYBAŁTOWSKI PAWEŁ   | 158 | OBORYGENI  | OBORNIKI ŚLĄSKIE   | POL  | M80+   |             |              | 01:23:17 | 01:36:15 |

## VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, Premia Górska - M c.d.

| M-ce | Nazwisko i imię      | Nr  | Klub              | M-scowość     | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|----------------------|-----|-------------------|---------------|------|--------|-------------|--------------|----------|----------|
| 96   | NETKOWSKI WOJCIECH   | 116 | LEŚNE KIJE        | BRWINOW       | POL  | M65-69 |             |              | 01:23:30 | 01:36:56 |
| 97   | SYPNIEWSKI SZYMON    | 180 | TRITON KONIN      | KONIN         | POL  | M45-49 |             |              | 01:25:25 | 01:38:29 |
| 98   | KURZAWINSKI MARCIN   | 85  | TRITON KONIN      | WĘGLEW        | POL  | M45-49 |             |              | 01:25:33 | 01:38:31 |
| 99   | JAŚKOWSKI PATRYK     | 51  | NORDIC SPORT 2021 | KOŚCIAN       | POL  | M40-44 |             |              | 01:25:52 | 01:39:23 |
| 100  | MARKS ADRIAN         | 100 | LECZYMY DURŚ      | BYTOM         | POL  | M55-59 |             |              | 01:27:42 | 01:41:54 |
| 101  | PIERSCIECKI JOSEF    | 131 |                   | ARGENBÜHL     | GER  | M55-59 |             |              | 01:28:19 | 01:42:08 |
| 102  | KLECZ MARCIN         | 59  | KLECZE NW         | WARSZAWA      | POL  | M40-44 |             |              | 01:30:47 | 01:45:49 |
| 103  | TYLAK JANUSZ         | 198 | KB. WARTKO        | ŻYCHLIN       | POL  | M50-54 |             |              | 01:40:30 | 01:53:46 |
| DQ   | WIŚNIEWSKI ROMAN     | 208 |                   | TWARDORZECZKA | POL  | M70-74 |             | 1            | 01:21:59 | 01:34:53 |
|      | KUCZERA TADEUSZ      | 81  |                   | JANKOWICE     | POL  | M70-74 |             |              | DQ       | DQ       |
|      | NIESZPOREK KRZYSZTOF | 119 |                   | GŁOGÓW        | POL  | M35-39 |             |              | 01:15:25 | 01:27:33 |
|      | WEEDMAN DAGLAS       | 35  |                   | OMAHA         | USA  | M70-74 |             |              | DNF      | DNF      |
|      | PORADA ADAM          | 138 | HARD BEANS OPOLE  | JARNOŁTÓWEK   | POL  | M50-54 |             |              | 01:17:34 | 01:30:49 |
|      |                      |     |                   |               |      |        |             |              | DNF      | DNF      |
|      |                      |     |                   |               |      |        |             |              | 02:04:05 | 02:24:01 |
|      |                      |     |                   |               |      |        |             |              | DNF      | DNF      |
|      |                      |     |                   |               |      |        |             |              | DNF      | DNF      |

## VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, K18-34

| M-ce | Nazwisko i imię      | Nr  | Klub              | M-scowość | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|----------------------|-----|-------------------|-----------|------|--------|-------------|--------------|----------|----------|
| 1    | PANKIEWICZ EWELINA   | 127 | NORDIC SPORT 2021 | ZAWADZKIE | POL  | K18-34 |             |              | 01:14:00 | 01:25:46 |
| 2    | MAKOWSKA MAGDALENA   | 94  |                   | PRUDNIK   | POL  | K18-34 |             |              | 01:20:45 | 01:33:18 |
| 3    | MOSIEWICZ ALEKSANDRA | 110 |                   | WYSOKA    | POL  | K18-34 | 1           |              | 01:33:03 | 01:47:37 |

## VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, M18-34

| M-ce | Nazwisko i imię   | Nr  | Klub                     | M-scowość | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-------------------|-----|--------------------------|-----------|------|--------|-------------|--------------|----------|----------|
| 1    | WOJTOWICZ TOMASZ  | 210 | K.S. VICTORIA POTĘGOWO   | WIDACZ    | POL  | M18-34 |             |              | 00:56:43 | 01:06:03 |
| 2    | ROMANOWSKI DANIEL | 152 | KATOWICKI NORDIC WALKING | RYBNIK    | POL  | M18-34 |             |              | 00:57:58 | 01:07:17 |

## VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, K35-39

| M-ce | Nazwisko i imię     | Nr  | Klub                                     | M-scowość       | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|---------------------|-----|--|-----------------|------|--------|-------------|--------------|----------|----------|
| 1    | SOSNOWSKA AGNIESZKA | 168 | KS VICTORIA POTĘGOWO                     | PRZYRÓW         | POL  | K35-39 |             |              | 01:03:49 | 01:13:45 |
| 2    | KUBISZYN MAŁGORZATA | 78  | K.S. VICTORIA POTĘGOWO                   | LUBACZÓW        | POL  | K35-39 |             |              | 01:03:49 | 01:14:00 |
| 3    | JANICKA ALICJA      | 49  | ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE | STANICA         | POL  | K35-39 |             |              | 01:11:11 | 01:22:54 |
| 4    | BERESKA IRENA       | 4   | NORDIC SPORT 2021                        | NAKŁO ŚLĄSKIE   | POL  | K35-39 |             |              | 01:20:15 | 01:32:31 |
| 5    | KOCIUBI AURELIA     | 63  |  | GOLA GRODKOWSKA | POL  | K35-39 | 1           |              | 01:24:21 | 01:38:06 |
| 6    | KUCHARSKA MONIKA    | 80  | KATOWICKI NORDIC WALKING                 | KATOWICE        | POL  | K35-39 |             |              | 01:27:24 | 01:40:46 |
| 7    | GODZWON KAROLINA    | 36  | TREKILEJDIS                              | SOPOT           | POL  | K35-39 |             |              | 01:27:24 | 01:41:16 |
| 8    | MARONDEL KATARZYNA  | 101 |  | BYTOM           | POL  | K35-39 |             |              | 01:28:07 | 01:41:38 |

## VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, M35-39

| M-ce | Nazwisko i imię      | Nr  | Klub             | M-scowość | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|----------------------|-----|------------------|-----------|------|--------|-------------|--------------|----------|----------|
| 1    | MICHALEC MARCIN      | 221 | KKB MOSIR KROSNO | KROSNO    | POL  | M35-39 | 1           |              | 00:57:35 | 01:06:58 |
| 2    | MISZTAŁ GRZEGORZ     | 107 | OPEN SPORT TEAM  | SUŁKOWICE | POL  | M35-39 |             |              | 01:06:31 | 01:17:13 |
| 3    | STEC PAWEŁ           | 173 | HUTA ZDROWIA     | KRAKÓW    | POL  | M35-39 |             |              | 01:16:04 | 01:28:40 |
|      | NIESZPOREK KRZYSZTOF | 119 |                  | GŁOGÓW    | POL  | M35-39 |             |              | 01:17:34 | 01:30:49 |
|      |                      |     |                  |           |      |        |             |              | DNF      | DNF      |

## VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE, K40-44

| M-ce | Nazwisko i imię      | Nr  | Klub                    | M-scowość   | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|----------------------|-----|-------------------------|-------------|------|--------|-------------|--------------|----------|----------|
| 1    | SZTAŁ BOŻENA         | 183 | AUTOLIV RUN TEAM        | OŁAWA       | POL  | K40-44 |             |              | 01:13:16 | 01:24:48 |
| 2    | KOWACZ AGATA         | 69  | NORDIC SPORT 2021       | WAŁBRZYCH   | POL  | K40-44 |             |              | 01:14:18 | 01:25:52 |
| 3    | MUSIAŁ OLA           | 111 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL  | K40-44 |             |              | 01:15:16 | 01:26:54 |
| 4    | NĚMCOVÁ LENKA        | 115 |                         | CHRUDIM     | CZE  | K40-44 |             |              | 01:17:32 | 01:29:43 |
| 5    | MADALIŃSKA JOANNA    | 91  | K.S. VICTORIA POTĘGOWO  | LESZNO      | POL  | K40-44 |             |              | 01:19:12 | 01:31:32 |
| 6    | NOWICZ MAGDALENA     | 120 | NOWICZ TEAM             | ZABRZE      | POL  | K40-44 |             |              | 01:19:56 | 01:32:09 |
| 7    | RATAJCZAK KATARZYNA  | 147 |                         | PRUDNIK     | POL  | K40-44 |             |              | 01:20:04 | 01:32:44 |
| 8    | DALKA HANNA          | 22  |                         | POZNAŃ      | POL  | K40-44 |             |              | 01:22:03 | 01:35:21 |
| 9    | KUCHARCZYK KATARZYNA | 79  |                         | KONIN       | POL  | K40-44 |             |              | 01:22:18 | 01:35:35 |
| 10   | GRZĄDZIELA MONIKA    | 41  | TREKILEJDIS             | SOPOT       | POL  | K40-44 |             |              | 01:23:18 | 01:35:55 |
| 11   | PADOWICZ ANNA        | 126 | ESJA TEAM               | WARSZAWA    | POL  | K40-44 |             |              | 01:23:45 | 01:36:34 |
| 12   | SLANINA LENA         | 163 | HARPAGAN SOSNOWIEC      | SOSNOWIEC   | POL  | K40-44 |             |              | 01:25:09 | 01:38:30 |
| 13   | CZYŻ EMILIA          | 20  | TREKILEJDIS SOPOT       | SOPOT       | POL  | K40-44 |             |              | 01:31:13 | 01:45:04 |
| 14   | PIECZARA ANNA        | 130 |                         | NYSA        | POL  | K40-44 |             |              | 01:35:56 | 01:50:39 |

## VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE, M40-44

| M-ce | Nazwisko i imię   | Nr  | Klub                     | M-scowość | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-------------------|-----|--------------------------|-----------|------|--------|-------------|--------------|----------|----------|
| 1    | MADALIŃSKI MARCIN | 92  | KS.VICTORIA POTĘGOWO     | LESZNO    | POL  | M40-44 |             |              | 00:59:16 | 01:08:51 |
| 2    | KŁOS MACIEJ       | 60  | POLIPACK TEAM GWE        | GDAŃSK    | POL  | M40-44 |             |              | 01:00:12 | 01:09:48 |
| 3    | ŁUKASZ JAWORSKI   | 224 | ERYK TEAM WYSOKA         |           | POL  | M40-44 |             |              | 01:03:31 | 01:13:41 |
| 4    | DERUS JAKUB       | 24  | KATOWICKI NORDIC WALKING | KATOWICE  | POL  | M40-44 | 1           |              | 01:04:27 | 01:14:44 |
| 5    | FILIP JAROSLAV    | 29  |                          | CHRUDIM   | CZE  | M40-44 |             |              | 01:09:34 | 01:21:12 |
| 6    | MICTYZACZ JAKUB   | 226 | ANTON TEAM               | KRAKOWICE | POL  | M40-44 |             |              | 01:10:36 | 01:22:16 |
| 7    | MIHELAC JURAJ     | 105 | NWC SPALATUM             | SPLIT     | CRO  | M40-44 |             |              | 01:11:45 | 01:22:34 |
| 8    | RUDAWSKI MACIEJ   | 156 | NORDIC SPORT 2021        | TRZCIEL   | POL  | M40-44 | 1           |              | 01:13:09 | 01:24:13 |
| 9    | BIĆAŃ TOMAŚ       | 5   |                          | PASKOV    | CZE  | M40-44 |             |              | 01:15:04 | 01:27:18 |
| 10   | JAŚKOWSKI PATRYK  | 51  | NORDIC SPORT 2021        | KOŚCIAN   | POL  | M40-44 |             |              | 01:25:52 | 01:39:23 |
| 11   | KLECZ MARCIN      | 59  | KLECZE NW                | WARSZAWA  | POL  | M40-44 |             |              | 01:30:47 | 01:45:49 |

## VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE, K45-49

| M-ce | Nazwisko i imię         | Nr  | Klub                     | M-scowość         | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-------------------------|-----|--------------------------|-------------------|------|--------|-------------|--------------|----------|----------|
| 1    | POSIKATA JOANNA         | 140 |                          | KALINOWICE ZAMOŚĆ | POL  | K45-49 |             |              | 01:11:46 | 01:23:40 |
| 2    | RAJEK MAGDALENA         | 146 | NORDIC TEAM CZĘSTOCHOWA  | CZĘSTOCHOWA       | POL  | K45-49 |             |              | 01:12:28 | 01:23:43 |
| 3    | KOZŁOWSKA MAŁGORZATA    | 71  | ESJA TEAM                | WARSZAWA          | POL  | K45-49 |             |              | 01:12:37 | 01:23:48 |
| 4    | SITTEK AGNIESZKA        | 161 | CHODZĘ W KATO            | KATOWICE          | POL  | K45-49 |             |              | 01:12:38 | 01:23:52 |
| 5    | ZDRZAŁEK ALICJA         | 216 | NORDIC SPORT 2021        | TARNOWSKIE GÓRY   | POL  | K45-49 |             |              | 01:13:13 | 01:24:44 |
| 6    | WIELAŁEK ANNA           | 202 | ESJA TEAM                | WARSZAWA          | POL  | K45-49 |             |              | 01:16:41 | 01:28:40 |
| 7    | WOJCIECHOWSKA KATARZYNA | 209 | KIJKOMANIACY PPL         | PLESZEW           | POL  | K45-49 |             |              | 01:21:59 | 01:35:05 |
| 8    | ROPELEWSKA EDYTA        | 153 | KATOWICKI NORDIC WALKING | KATOWICE          | POL  | K45-49 |             |              | 01:26:08 | 01:39:28 |
| 9    | BUDKA AGA               | 9   | TRITON KONIN             | KOŁO              | POL  | K45-49 |             |              | 01:27:16 | 01:39:59 |
| 10   | SOSNOWSKA MAGDALENA     | 167 | KIJKOWE TRZEMESZNO       | TRZEMESZNO        | POL  | K45-49 |             |              | 01:27:31 | 01:40:23 |
| 11   | STEFANÓW MAGDALENA      | 177 |                          | PRUDNIK           | POL  | K45-49 |             |              | 01:26:49 | 01:41:01 |
| 12   | STANKOWSKA MARZENA      | 172 | KIJKOWE TRZEMESZNO       | TRZEMESZNO        | POL  | K45-49 |             |              | 01:31:35 | 01:44:52 |
| 13   | GÓRSKA AGNIESZKA        | 38  |                          | SZCZECIN          | POL  | K45-49 |             |              | 01:31:51 | 01:45:50 |
| 14   | ROŻKO ELA               | 154 | LEŚNE KIJE               | BRWINÓW           | POL  | K45-49 |             |              | 01:32:17 | 01:47:27 |
| 15   | JARONEK ANNA            | 50  | NORDIC WALKING EKG       | KONIN             | POL  | K45-49 |             |              | 01:36:30 | 01:51:07 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, M45-49**

| M-ce | Nazwisko i imię     | Nr  | Klub                        | M-scowość   | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|---------------------|-----|-----------------------------|-------------|------|--------|-------------|--------------|----------|----------|
| 1    | SŁUPIANEK PAWEŁ     | 164 | KATOWICKI NORDIC WALKING    | KATOWICE    | POL  | M45-49 |             |              | 01:04:23 | 01:14:37 |
| 2    | ŚWIDEREK MARCIN     | 190 | ESJA TEAM                   | WARSZAWA    | POL  | M45-49 |             |              | 01:04:25 | 01:14:40 |
| 3    | PASIK MICHAŁ        | 129 | KALISIA NORDIC TEAM KNT     | KALISZ      | POL  | M45-49 | 1           |              | 01:06:12 | 01:16:35 |
| 4    | KOMANDZIK ANDRZEJ   | 65  | EKIPA NA KIJACH             | RUDA ŚLĄSKA | POL  | M45-49 |             |              | 01:05:59 | 01:16:42 |
| 5    | MARCZYŃSKI ADAM     | 98  | POLIPACK TEAM GWE           | GOŚCICINO   | POL  | M45-49 |             |              | 01:06:25 | 01:17:17 |
| 6    | ODŁOŻIL PETR        | 121 | NORDIC WALKING FANTASTIC    | HRABOVÁ 232 | CZE  | M45-49 |             |              | 01:07:10 | 01:17:40 |
| 7    | KUSZYK JAN          | 219 | LEWIN BIEGA                 | PRZECZA     | POL  | M45-49 |             |              | 01:08:46 | 01:19:45 |
| 8    | CHYRA JANUSZ        | 12  | NORDIC SPORT 2021           | LUBLINIEC   | POL  | M45-49 |             |              | 01:10:06 | 01:20:57 |
| 9    | SZULC ROBERT        | 184 | NORDIC-BAL                  | OPOCZNO     | POL  | M45-49 |             |              | 01:11:06 | 01:22:15 |
| 10   | TOBOLÍK JAN         | 192 | NORDIC WALKING PRĚROV       | PRĚROV      | CZE  | M45-49 | 1           |              | 01:11:17 | 01:22:40 |
| 11   | KOSAKOWSKI MARIUSZ  | 68  | GISZOWIEC CHODZI RAZEM      | KATOWICE    | POL  | M45-49 |             |              | 01:11:34 | 01:23:14 |
| 12   | SZWED ROMAN         | 185 | NORDIC TEAM CZĘSTOCHOWA     | CZĘSTOCHOWA | POL  | M45-49 |             |              | 01:11:58 | 01:23:45 |
| 13   | KŁOSOWSKI KRZYSZTOF | 61  |                             | JAWORZNO    | POL  | M45-49 |             |              | 01:14:04 | 01:26:00 |
| 14   | TREKNER LESZEK      | 195 |                             | WYSOKA      | POL  | M45-49 | 1           |              | 01:16:45 | 01:29:03 |
| 15   | WOJCIECHOWSKI ADAM  | 220 | KIJKOMANIACY PPL            | PLESZEW     | POL  | M45-49 |             |              | 01:17:51 | 01:30:15 |
| 16   | LEŚNIEWSKI MARCIN   | 88  | STARE BABICE NORDIC WALKING | BABICE NOWE | POL  | M45-49 |             |              | 01:18:09 | 01:30:19 |
| 17   | GRUSZKA MICHAŁ      | 40  | NORDIC SPORT 2021           | LUBLINIEC   | POL  | M45-49 |             |              | 01:19:34 | 01:31:46 |
| 18   | SZYMCZYNA MARCIN    | 186 |                             | OŁAWA       | POL  | M45-49 |             |              | 01:20:34 | 01:34:43 |
| 19   | SYPIŃSKI SZYMON     | 180 | TRITON KONIN                | KONIN       | POL  | M45-49 |             |              | 01:25:25 | 01:38:29 |
| 20   | KURZAWIŃSKI MARCIN  | 85  | TRITON KONIN                | WĘGLEW      | POL  | M45-49 |             |              | 01:25:33 | 01:38:31 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, K50-54**

| M-ce | Nazwisko i imię         | Nr  | Klub                                | M-scowość        | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-------------------------|-----|-------------------------------------|------------------|------|--------|-------------|--------------|----------|----------|
| 1    | SAWICKA MARTA           | 159 | DWA KIJE W DĘBINIE KRÓSCIEŃKO WYŻNE | KRÓSCIEŃKO WYŻNE | POL  | K50-54 |             |              | 01:10:09 | 01:21:24 |
| 2    | KNAPCZYK-KANIA GABRIELA | 62  | NORDIC SPORT 2021                   | BIEŃKÓWKA        | POL  | K50-54 |             |              | 01:10:16 | 01:21:43 |
| 3    | LEWANDOWSKA ANETA       | 89  | TRITON KONIN                        | KONIN            | POL  | K50-54 |             |              | 01:10:41 | 01:21:57 |
| 4    | KRAWĘTEK AGNIESZKA      | 73  | KS NW BEŁCHATÓW                     | BEŁCHATÓW        | POL  | K50-54 |             |              | 01:10:51 | 01:22:01 |
| 5    | MAŚLANKA IWONA          | 102 | NORDIC SPORT 2021                   | ŚMIGIEL          | POL  | K50-54 |             |              | 01:10:56 | 01:22:05 |
| 6    | SPYCHAŁA MARZENA        | 169 | POLIPACK TEAM GWE                   | GOŚCICINO        | POL  | K50-54 |             |              | 01:12:31 | 01:24:07 |
| 7    | PIŁAT JOANNA            | 133 | ŻĄDŁO NORDIC WALKING KLUCZBORK      | KLUCZBORK        | POL  | K50-54 |             |              | 01:13:19 | 01:24:47 |
| 8    | JUZOF IWONA             | 54  |                                     | POGWIZDÓW        | POL  | K50-54 |             |              | 01:15:23 | 01:27:10 |
| 9    | SKRZĄTEK LUCYNA         | 162 | NORDIC SPORT 2021                   | TARNOWSKIE GÓRY  | POL  | K50-54 |             |              | 01:16:59 | 01:29:20 |
| 10   | MILERT JOLANTA          | 106 | NORDIC WALKING LYSKI                | GASZOWICE        | POL  | K50-54 |             |              | 01:17:10 | 01:29:25 |
| 11   | CÍCHOVÁ JANA            | 14  |                                     | ZLÍN 76302       | CZE  | K50-54 |             |              | 01:17:18 | 01:29:26 |
| 12   | DREWNOWSKA BARBARA      | 25  | ZASAPANI HYDRO TRZCIANKA            | TRZCIANKA        | POL  | K50-54 |             |              | 01:18:06 | 01:30:08 |
| 13   | KUŹMIŃSKA GRAŻYNA       | 86  | NORDIC TEAM CZĘSTOCHOWA             | CZĘSTOCHOWA      | POL  | K50-54 |             |              | 01:18:15 | 01:31:07 |
| 14   | PORADA ANNA             | 139 | HARD BEANS OPOLE                    | JARNOŁTÓWEK      | POL  | K50-54 |             |              | 01:18:52 | 01:31:43 |
| 15   | CEGIELSKA BEATA         | 10  | TRITON KONIN                        | KONIN            | POL  | K50-54 |             |              | 01:21:03 | 01:33:36 |
| 16   | JIRSOVÁ SVĚTLANA        | 52  | NORDIC WALKING KUTNÁ HORA           | KUTNÁ HORA       | CZE  | K50-54 |             |              | 01:20:51 | 01:33:50 |
| 17   | GWAREK ANITA            | 43  | LEŚNE KIJE                          | WARSZAWA         | POL  | K50-54 |             |              | 01:23:04 | 01:35:51 |
| 18   | GAJEK HALINA            | 33  | RUNNERS TEAM NYSA                   | PRUDNIK          | POL  | K50-54 |             |              | 01:23:33 | 01:36:23 |
| 19   | WANAT WIOLETTA          | 200 | TRITON KONIN                        | KONIN            | POL  | K50-54 |             |              | 01:24:05 | 01:37:35 |
| 20   | WILK IWONA              | 205 | NORDIC SPORT 2021                   | KATOWICE         | POL  | K50-54 |             |              | 01:25:02 | 01:37:52 |
| 21   | CICHOCKA RENATA         | 13  | ESJA TEAM                           | WARSZAWA         | POL  | K50-54 |             |              | 01:25:12 | 01:38:14 |
| 22   | CZKAŁSKA AGATA          | 18  | TRITON KONIN                        | KONIN            | POL  | K50-54 | 1           |              | 01:25:34 | 01:38:31 |
| 23   | KORPOK ALEKSANDRA       | 67  | NORDICUS STRZYBNICA                 | TARNOWSKIE GÓRY  | POL  | K50-54 |             |              | 01:26:44 | 01:39:58 |
| 24   | MOSIEK JOLANTA          | 109 |                                     | PRUDNIK          | POL  | K50-54 |             |              | 01:28:18 | 01:42:25 |
| 25   | TYLAK LIDIA             | 197 | KB WARTKO                           | ŻYCHLIN          | POL  | K50-54 |             |              | 01:30:07 | 01:43:38 |
| 26   | NAGODA MARZENA          | 113 |                                     | JAGIENNA         | POL  | K50-54 |             |              | 01:31:06 | 01:45:08 |
| 27   | SZAJDA MAŁGORZATA       | 181 | KIJKOWE TRZEMESZNO                  | MNICHOWO         | POL  | K50-54 |             |              | 01:31:37 | 01:45:12 |
| 28   | KUBICKA MAŁGORZATA      | 76  |                                     | BRZEZINY         | POL  | K50-54 |             |              | 01:33:45 | 01:48:38 |
| 29   | GROMAŁA MAGDALENA       | 39  |                                     | NYSA             | POL  | K50-54 |             |              | 01:33:59 | 01:48:39 |
| 30   | TOMCZAK RENATA          | 193 | TRITON                              | KONIN            | POL  | K50-54 |             |              | 01:35:06 | 01:49:42 |

## VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, M50-54

| M-ce | Nazwisko i imię     | Nr  | Klub   | M-scowość        | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|---------------------|-----|--|------------------|------|--------|-------------|--------------|----------|----------|
| 1    | WITUCKI JACEK       | 222 | K.S. VICTORIA POTĘGOWO                             |                  | POL  | M50-54 |             |              | 00:56:18 | 01:05:28 |
| 2    | KABATA JAROSŁAW     | 55  | NORDIC SPORT 2021                                  | TARNOWSKIE GÓRY  | POL  | M50-54 |             |              | 01:04:04 | 01:14:18 |
| 3    | PRYZYSTARZ GRZEGORZ | 142 | OBORYGENI  | OBORNIKI ŚLĄSKIE | POL  | M50-54 | 1           |              | 01:04:18 | 01:14:38 |
| 4    | WILCZEK KRZYSZTOF   | 204 | WATAHA ULTRA TEAM                                  | ZĘBOWICE         | POL  | M50-54 |             |              | 01:04:53 | 01:14:54 |
| 5    | ZYCH WITOLD         | 217 |  | KROSNO           | POL  | M50-54 |             |              | 01:07:38 | 01:18:16 |
| 6    | OLEJKO RADOSŁAW     | 123 | POLIPACK TEAM GWE                                  | GOŚCICINO        | POL  | M50-54 |             |              | 01:08:17 | 01:19:29 |
| 7    | BIZAŃSKI IRENEUSZ   | 8   | KRAINA MIODEM PŁYNAÇA                              | MAŁUJOWICE       | POL  | M50-54 |             |              | 01:10:20 | 01:21:31 |
| 8    | STĘPIEŃ ARTUR       | 179 | BOLAĆE PISZCZELE GRUPA NORDIC WALKING<br>BEŁCHATÓW | BEŁCHATÓW        | POL  | M50-54 |             |              | 01:11:44 | 01:23:09 |
| 9    | KULCZYCKI TOMASZ    | 82  |  | PRUDNIK          | POL  | M50-54 |             |              | 01:14:12 | 01:25:41 |
| 10   | TOMCZAK DARIUSZ     | 194 | TRITON   | KONIN            | POL  | M50-54 |             |              | 01:15:04 | 01:26:57 |
| 11   | HABROWSKI SYLWIUSZ  | 44  | NORDIC TEAM CZĘSTOCHOWA                            | KALEJ            | POL  | M50-54 |             |              | 01:15:15 | 01:27:02 |
| 12   | BIENKOWSKI JAROSŁAW | 6   | TAJNIAKI 8:30                                      | PŁOCK            | POL  | M50-54 |             |              | 01:15:17 | 01:27:29 |
| 13   | STEMMACH PIOTR      | 178 | STEMMACH TEAM                                      | WROCŁAW          | POL  | M50-54 | 1           |              | 01:15:52 | 01:27:47 |
| 14   | ORZECZOWSKI MARIUSZ | 125 | TRITON KONIN                                       | SŁAWOSZEWEK      | POL  | M50-54 |             |              | 01:18:23 | 01:30:27 |
| 15   | TYLAK JANUSZ        | 198 |  | ZYCHLIN          | POL  | M50-54 |             |              | 01:40:30 | 01:53:46 |
|      | PORADA ADAM         | 138 | HARD BEANS OPOLE                                   | JARNOŁTÓWEK      | POL  | M50-54 |             |              | DNF      | DNF      |

## VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, K55-59

| M-ce | Nazwisko i imię             | Nr  | Klub              | M-scowość   | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-----------------------------|-----|-------------------|-------------|------|--------|-------------|--------------|----------|----------|
| 1    | KOŁODZIEJ JOANNA            | 64  | OPEN SPORT TEAM   | RUDA ŚLĄSKI | POL  | K55-59 |             |              | 01:06:54 | 01:17:33 |
| 2    | OKRZESIK-FRĄCKOWIAK IZABELA | 122 | NORDIC SPORT 2021 | WIELEN      | POL  | K55-59 |             |              | 01:11:17 | 01:22:20 |
| 3    | RESEMAN SYLWIA              | 149 | POLIPACKTEAMGWE   | GOŚCICINO   | POL  | K55-59 |             |              | 01:14:06 | 01:25:38 |
| 4    | OLEJNIK MARZENA             | 124 |                   | SZCZECIN    | POL  | K55-59 |             |              | 01:18:45 | 01:31:21 |
| 5    | JURCZAK-TOCZKO ANNA         | 53  |                   | WARSZAWA    | POL  | K55-59 |             |              | 01:23:51 | 01:36:48 |
| 6    | POHL ANNA                   | 136 | KNW BIAŁA         | BIAŁA       | POL  | K55-59 |             |              | 01:25:55 | 01:39:19 |
| 7    | STEFAN ALICJA               | 174 |                   | KROGULNA    | POL  | K55-59 |             |              | 01:31:50 | 01:47:31 |

## VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, M55-59

| M-ce | Nazwisko i imię   | Nr  | Klub                           | M-scowość       | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-------------------|-----|--------------------------------|-----------------|------|--------|-------------|--------------|----------|----------|
| 1    | FRĄCKOWIAK ROMAN  | 31  | NORDIC SPORT 2021              | WIELEN          | POL  | M55-59 |             |              | 01:07:36 | 01:17:57 |
| 2    | SOKOŁOWSKI MAREK  | 166 | PTG SOKÓŁ RYMANÓW              | RYMANÓW-ZDRÓJ   | POL  | M55-59 |             |              | 01:07:43 | 01:18:24 |
| 3    | KRUPICKI JACEK    | 74  | ŻĄDŁO NORDIC WALKING KLUCZBORK | KLUCZBORK       | POL  | M55-59 |             |              | 01:09:21 | 01:20:30 |
| 4    | SPYCHAŁA LESŁAW   | 170 | POLIPACK TEAM GWE              | GOŚCICINO       | POL  | M55-59 |             |              | 01:10:36 | 01:21:55 |
| 5    | TKOCZ ADAM        | 191 | EKIPA NA KIJACH                | RUDA ŚLĄSKA     | POL  | M55-59 |             |              | 01:12:19 | 01:23:47 |
| 6    | ŚLUSARZ ANDRZEJ   | 189 |                                | PRUDNIK         | POL  | M55-59 |             |              | 01:15:23 | 01:27:40 |
| 7    | CZEREBA LESZEK    | 17  | KNW BIAŁA                      | PRUDNIK         | POL  | M55-59 |             |              | 01:16:57 | 01:29:11 |
| 8    | MYŚLIWIEC ANDRZEJ | 112 | KATOWICKI NORDIC WALKING       | KATOWICE        | POL  | M55-59 |             |              | 01:17:28 | 01:29:40 |
| 9    | WILK KRZYSZTOF    | 206 |                                | NYSA            | POL  | M55-59 |             |              | 01:19:03 | 01:31:51 |
| 10   | KAŁKA KRZYSZTOF   | 56  | LECYMY DURŚ                    | PIEKARY ŚLĄSKIE | POL  | M55-59 |             |              | 01:20:04 | 01:32:39 |
| 11   | MARKS ADRIAN      | 100 | LECYMY DURŚ                    | BYTOM           | POL  | M55-59 |             |              | 01:27:42 | 01:41:54 |
| 12   | PIERSCIECKI JOSEF | 131 |                                | ARGENBÜHL       | GER  | M55-59 |             |              | 01:28:19 | 01:42:08 |

## VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, K60-64

| M-ce | Nazwisko i imię    | Nr  | Klub                             | M-scowość      | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|--------------------|-----|----------------------------------|----------------|------|--------|-------------|--------------|----------|----------|
| 1    | KOŃCZEWSKA BOŻENA  | 66  | BIESZCZADZKI KLUB NORDIC WALKING | USTRZYKI DOLNE | POL  | K60-64 |             |              | 01:12:10 | 01:23:43 |
| 2    | PUKAS MAŁGORZATA   | 144 | BIESZCZADZKI KLUB NORDIC WALKING | USTRZYKI DOLNE | POL  | K60-64 |             |              | 01:13:20 | 01:25:01 |
| 3    | GANSINIEC KZIMIERA | 34  |                                  | BYTOM          | POL  | K60-64 |             |              | 01:17:05 | 01:29:00 |
| 4    | FRANCISZCZAK ŁUCJA | 30  | CIDRYLOTAJOM                     | BYTOM          | POL  | K60-64 |             |              | 01:21:12 | 01:34:12 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE, K60-64 c.d.**

| M-ce | Nazwisko i imię  | Nr | Klub       | M-scowość   | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|------------------|----|------------|-------------|------|--------|-------------|--------------|----------|----------|
| 5    | GÓRALCZYK OKSANA | 37 | LEŚNE KIJE | STRZENIÓWKA | POL  | K60-64 |             |              | 01:43:45 | 01:59:21 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE, M60-64**

| M-ce | Nazwisko i imię       | Nr  | Klub                      | M-scowość       | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-----------------------|-----|---------------------------|-----------------|------|--------|-------------|--------------|----------|----------|
| 1    | MAGIERA JANUSZ        | 93  | FORMA WODZISŁAW ŚLĄSKI    | WODZISŁAWŚLĄSKI | POL  | M60-64 | 1           |              | 01:06:33 | 01:17:09 |
| 2    | MAREK PETR            | 99  | NW BRUNTÁL                | BRUNTÁL         | CZE  | M60-64 |             |              | 01:07:22 | 01:19:00 |
| 3    | ZIEGL JAROSLAV        | 223 | NW OPARSKO                | KOBERICE        | CZE  | M60-64 |             |              | 01:10:06 | 01:21:17 |
| 4    | KRAKOWSKI JERZY PIOTR | 72  | PTG SOKÓŁ 1893 MIELEC     | MIELEC          | POL  | M60-64 |             |              | 01:10:13 | 01:21:30 |
| 5    | CZARNECKI JANUSZ      | 16  | NAJLEPSZE KIJKI W MIEŚCIE | GLIWICE         | POL  | M60-64 | 1           |              | 01:11:23 | 01:22:46 |
| 6    | PUCHAŁA DARIUSZ       | 143 |                           | ZABRZE          | POL  | M60-64 | 1           |              | 01:11:26 | 01:22:55 |
| 7    | BARTCZAK MIROSŁAW     | 3   | NORDIC TEAM CZĘSTOCHOWA   | CZĘSTOCHOWA     | POL  | M60-64 | 1           |              | 01:13:43 | 01:25:15 |
| 8    | DRZEWIECKI SŁAWOMIR   | 28  |                           | GLIWICE         | POL  | M60-64 |             |              | 01:15:13 | 01:27:25 |
| 9    | KUBICKI MAREK         | 77  |                           | BRZESZYN        | POL  | M60-64 |             |              | 01:18:21 | 01:30:02 |
| 10   | SZCZĘŚNIAK ZBIGNIEW   | 182 | NORDIC TEAM CZĘSTOCHOWA   | CZĘSTOCHOWA     | POL  | M60-64 |             |              | 01:17:44 | 01:30:15 |
| 11   | KANIA ADAM            | 57  | NORDIC SPORT 2021         | BIENKÓWKA       | POL  | M60-64 |             |              | 01:19:14 | 01:32:39 |
| 12   | WALTER JANUSZ         | 199 |                           | MIKOŁÓW         | POL  | M60-64 |             |              | 01:20:00 | 01:32:40 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE, K65-69**

| M-ce | Nazwisko i imię        | Nr  | Klub                                   | M-scowość         | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|------------------------|-----|--|-------------------|------|--------|-------------|--------------|----------|----------|
| 1    | WÓJCIK BARBARA         | 211 | KLUB SPORTOWY NORDIC WALKING BEŁCHATÓW | CHRZĄSTAWA WIELKA | POL  | K65-69 |             |              | 01:15:58 | 01:28:18 |
| 2    | MISKOWICZ ANNA         | 108 | NORDIC SPORT 2021                      | GŁOGÓWEK          | POL  | K65-69 |             |              | 01:16:44 | 01:28:54 |
| 3    | NIEDŹWIECKA MAŁGORZATA | 118 | NORDIC TEAM CZĘSTOCHOWA                | CZĘSTOCHOWA       | POL  | K65-69 |             |              | 01:21:38 | 01:34:03 |
| 4    | SCHEJBALOVÁ KRISTINA   | 160 | ZLATÉ HORY                             | ZLATÉ HORY        | CZE  | K65-69 |             |              | 01:25:10 | 01:38:19 |
|      | GRZEBIELUCH ELŻBIETA   | 42  | HARPAGAN SOSNOWIEC                     | SOSNOWIEC         | POL  | K65-69 |             |              | 01:42:25 | 01:58:42 |
|      |                        |     |  |                   |      |        |             |              | DNF      | DNF      |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓLMARATONIE, M65-69**

| M-ce | Nazwisko i imię     | Nr  | Klub                     | M-scowość          | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|---------------------|-----|--------------------------|--------------------|------|--------|-------------|--------------|----------|----------|
| 1    | MAŁKA MARIAN        | 95  | NORDIC SPORT 2021        | GLIWICE            | POL  | M65-69 |             |              | 01:04:36 | 01:14:51 |
| 2    | MICHALSKI ANDRZEJ   | 104 | PŁOMIEN ZMIENNICA        | ZMIENNICA          | POL  | M65-69 | 1           |              | 01:04:54 | 01:15:15 |
| 3    | ROMAN KRZYSZTOF     | 150 | KUDOWIANKA RUN           | KUDOWA ZDRÓJ       | POL  | M65-69 |             |              | 01:10:07 | 01:21:28 |
| 4    | STEFANIAK KRZYSZTOF | 176 | KATOWICKI NORDIC WALKING | SOSNOWIEC          | POL  | M65-69 |             |              | 01:10:43 | 01:22:45 |
| 5    | KUBALA ZBIGNIEW     | 75  |                          | KĘDZIERZYN - KOŹLE | POL  | M65-69 |             |              | 01:11:50 | 01:23:32 |
| 6    | HRYCIUK WALDEMAR    | 46  | KS VICTORIA POTĘGOWO     | BIAŁA PODLASKA     | POL  | M65-69 |             |              | 01:13:29 | 01:25:37 |
| 7    | SMAJDOR LESZEK      | 165 |                          | WISŁA              | POL  | M65-69 | 1           |              | 01:14:00 | 01:25:48 |
| 8    | PIERZCHAŁA MAREK    | 132 | POLIPACK TEAM GWE        | LUZINO             | POL  | M65-69 |             |              | 01:15:06 | 01:27:18 |
| 9    | ZAGAJA JANUSZ       | 213 | WESOŁY BORSUK TEAM       | POKÓJ              | POL  | M65-69 |             |              | 01:16:12 | 01:28:12 |
| 10   | FUDALI RYSZARD      | 32  | SAINT-GOBAIN SQUAD       | GLIWICE            | POL  | M65-69 |             |              | 01:16:57 | 01:29:03 |
| 11   | DEREŃ JANUSZ        | 23  |                          | PRUDNIK            | POL  | M65-69 |             |              | 01:17:16 | 01:29:49 |
| 12   | MACHOLC PIOTR       | 90  | ŻÓŁWIK                   | DĄBROWA GÓRNICZA   | POL  | M65-69 |             |              | 01:17:33 | 01:29:57 |
| 13   | MARCHEWKA ANDRZEJ   | 96  |                          | PRECZÓW            | POL  | M65-69 |             |              | 01:18:13 | 01:30:27 |
| 14   | CZYŻOWSKI JERZY     | 21  |                          | WIELICZKA          | POL  | M65-69 |             |              | 01:17:57 | 01:30:53 |
| 15   | KAMRAD HUBERT       | 225 |                          | HAMBURG            | GER  | M65-69 |             |              | 01:20:03 | 01:33:08 |
| 16   | NETKOWSKI WOJCIECH  | 116 | LEŚNE KIJE               | BRWINÓW            | POL  | M65-69 |             |              | 01:23:30 | 01:36:56 |



**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, K70-74**

| M-ce | Nazwisko i imię      | Nr  | Klub                  | M-scowość | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|----------------------|-----|-----------------------|-----------|------|--------|-------------|--------------|----------|----------|
| 1    | ANYŻ MARIA           | 1   | KIJE W DOBRYCH RĘKACH | BĘDZIN    | POL  | K70-74 |             |              | 01:24:14 | 01:36:58 |
| 2    | DRYGALSKA ALEKSANDRA | 27  | KIJE W DOBRYCH RĘKACH | BĘDZIN    | POL  | K70-74 |             |              | 01:28:06 | 01:41:42 |
| 3    | ZAWADZKA MARIA       | 214 | KGHM METRACO          | LUBIN     | POL  | K70-74 |             |              | 01:29:03 | 01:42:48 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, M70-74**

| M-ce | Nazwisko i imię    | Nr  | Klub                         | M-scowość     | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|--------------------|-----|------------------------------|---------------|------|--------|-------------|--------------|----------|----------|
| 1    | RADZIMSKI KAROL    | 145 | NORDIC WALKING KIEKRZ POLAND | SZCZECIN      | POL  | M70-74 | 1           |              | 01:07:09 | 01:17:40 |
| 2    | PASIERB MAREK      | 128 | K.S. VICTORIA POTEGOWO       | RZESZÓW       | POL  | M70-74 |             |              | 01:09:38 | 01:20:35 |
| 3    | LACHNIK HUBERT     | 87  | NORDIC SPORT 2021            | OPOLE         | POL  | M70-74 | 1           |              | 01:11:55 | 01:23:33 |
| 4    | REICHERT ANDRZEJ   | 148 | ZAWISZA STARA KUŹNIA         | UJAZD         | POL  | M70-74 |             |              | 01:13:00 | 01:24:36 |
| 5    | CZMOCH MARIAN      | 19  | NORDIC SPORT 2021            | ŁOSICE        | POL  | M70-74 |             |              | 01:13:44 | 01:25:44 |
| 6    | CHORABIK STANISŁAW | 11  |                              | DĘBOWIEC      | POL  | M70-74 |             |              | 01:14:01 | 01:25:46 |
| 7    | ZAWADZKI ZYGMUNT   | 215 | CIDRY Z KIJAMI               | BYTOM         | POL  | M70-74 |             |              | 01:14:21 | 01:25:53 |
| 8    | ŚLUSARCZYK ANDRZEJ | 187 | WESOŁY BORSUK TEAM           | PRUDNIK       | POL  | M70-74 |             |              | 01:18:21 | 01:30:39 |
| 9    | STANISŁAW PRZYBYSZ | 171 | NIEZRZESZONY                 | PRUDNIK       | POL  | M70-74 |             |              | 01:21:58 | 01:35:11 |
| DQ   | WIŚNIEWSKI ROMAN   | 208 |                              | TWARDORZECZKA | POL  | M70-74 |             | 1            | 01:21:59 | 01:34:53 |
|      | KUCZERA TADEUSZ    | 81  |                              | JANKOWICE     | POL  | M70-74 |             |              | DQ       | DQ       |
|      | WEEDMAN DAGLAS     | 35  |                              | OMAHA         | USA  | M70-74 |             |              | 01:15:25 | 01:27:33 |
|      |                    |     |                              |               |      |        |             |              | DNF      | DNF      |
|      |                    |     |                              |               |      |        |             |              | 02:04:05 | 02:24:01 |
|      |                    |     |                              |               |      |        |             |              | DNF      | DNF      |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, M75-79**

| M-ce | Nazwisko i imię | Nr  | Klub           | M-scowość    | Kraj | Kat.   | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-----------------|-----|----------------|--------------|------|--------|-------------|--------------|----------|----------|
| 1    | MATECKI RYSZARD | 103 | KUDOWIANKA RUN | KUDOWA ZDRÓJ | POL  | M75-79 |             |              | 01:14:07 | 01:25:54 |

**VI OTWARTE GÓRSKIE MISTRZOSTWA POLSKI NORDIC WALKING W PÓŁMARATONIE, M80+**

| M-ce | Nazwisko i imię   | Nr  | Klub      | M-scowość        | Kraj | Kat. | Żół. kartki | Czer. kartki | 9km      | 10.7km   |
|------|-------------------|-----|-----------|------------------|------|------|-------------|--------------|----------|----------|
| 1    | TYKA EDWARD       | 196 | AMATOR    | SWIETOCHLOWICE   | POL  | M80+ |             |              | 01:21:37 | 01:34:48 |
| 2    | RYBAŁTOWSKI PAWEŁ | 158 | OBORYGENI | OBORNIKI ŚLĄSKIE | POL  | M80+ |             |              | 01:23:17 | 01:36:15 |