

# NIEPOKORNY MNICH - 95 KM

Organizator: Fundacja Strefa Przygód  
Data: 2024-04-20  
Miejsce: Szczawnica  
Dystans: 95.2 km  
Klasyfikacja wg czasów brutto.



## NIEPOKORNY MNICH - 95 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	45.1km	53.8km	75.7km	89.2km	95.2km	Netto	Brutto	min/km	km/h
1	GORCZYCA BARTOSZ	3812	GRUPA LUKTRANS	SKOŁYSZYN	POL	M30	1	M 1	04:54:02	05:39:18	08:03:12	09:20:24	10:08:33	10:09:42.35	10:09:44.40	6:22	9.4
2	GRZĄDZIEL DOMINIK	3773	ATTIQ TEAM	DZIEKANOWICE	POL	M40	1	M 2	04:54:03	05:39:25	08:10:42	09:29:10	10:15:42	10:16:50.50	10:16:52.75	6:27	9.3
3	BARAN ARTUR	3788		DOBRA	POL	M30	2	M 3	04:54:00	05:39:20	08:14:28	09:34:39	10:24:37	10:25:40.35	10:25:43.10	6:32	9.2
4	DURKOWSKI MARCIN	3775	KOENIGSTAHL	OBORNIKI ŚLĄSKIE	POL	M30	3	M 4	04:56:06	05:42:32	08:23:58	09:47:36	10:38:42	10:39:51.45	10:39:54.10	6:41	9
5	WOLEK SZYMON	3707		TYCHY	POL	M40	2	M 5	05:03:15	05:52:37	08:38:30	10:03:21	10:55:19	10:56:21.65	10:56:24.45	6:51	8.7
6	SOWA ŁUKASZ	3766		KATOWICE	POL	M40	3	M 6	05:14:07	06:06:30	09:09:29	10:39:12	11:32:11	11:33:16.75	11:33:19.70	7:15	8.3
7	SZAPORÓW ŁUKASZ	3732	INFINITY-GYM	PROSZOWICE	POL	M40	4	M 7	05:14:06	06:04:34	09:03:52	10:37:36	11:36:00	11:37:16.25	11:37:20.80	7:17	8.2
8	GONCZAR SZYMON	3583		RYBNIK	POL	M30	4	M 8	05:41:44	06:31:13	09:27:07	10:50:58	11:40:07	11:40:57.90	11:41:02.75	7:19	8.2
9	ŁYJAK BŁAŻEJ	3581	BIKESTATS.PL	WROCŁAW	POL	M40	5	M 9	05:23:54	06:18:35	09:18:28	10:50:02	11:43:11	11:44:23.15	11:44:26.30	7:22	8.1
10	FRANUSIAK MAREK	3745		CZESTOCHOWA	POL	M30	5	M 10	05:43:17	06:32:51	09:27:17	10:52:15	11:44:26	11:45:39.80	11:45:43.40	7:22	8.1
11	MOCZULSKA MAŁGORZATA	3522		ŻARÓW	POL	K40	1	K 1	05:29:50	06:23:25	09:27:44	11:00:34	11:52:43	11:53:40.05	11:53:42.60	7:27	8
12	LIGAS BARTOSZ	3641	LUBAŃ TYLMANOWA	TYLMANOWA	POL	M30	6	M 11	05:25:45	06:21:21	09:25:12	10:59:35	11:56:49	11:57:59.30	11:58:08.15	7:30	8
13	OREŁ TOMASZ	3602	SCI GÓRSCY ENTUZJAŚCI	KACZYCE	POL	M40	6	M 12	05:50:32	06:43:32	09:45:49	11:13:11	12:01:04	12:01:56.45	12:02:03.10	7:33	7.9
14	WŁOCHAL ROBERT	3532		WAŁBRZYCH	POL	M40	7	M 13	05:37:15	06:30:32	09:29:50	11:04:29	12:00:39	12:01:59.60	12:02:03.90	7:33	7.9
15	KREFT DAWID	3726	PROJEKT 1000UP	RUMIA	POL	M30	7	M 14	05:36:43	06:32:56	09:31:13	11:06:22	12:02:25	12:03:28.25	12:03:36.50	7:34	7.9
16	WANTUCH MARCIN	3817	BRAK KLUBU	CHOJNIK	POL	M30	8	M 15	05:45:12	06:41:43	09:44:15	11:14:18	12:05:42	12:06:50.30	12:06:54.20	7:36	7.9
17	TARNOWSKI MACIEJ TARNOWSKI	3698	TEAM#R	KRAKÓW	POL	M40	8	M 16	05:47:40	06:42:00	09:49:24	11:23:25	12:22:34	12:23:42.30	12:23:49.25	7:46	7.7
18	PISAREK MACIEJ	3589		ŁOZINA	POL	M40	9	M 17	05:44:51	06:43:09	09:47:28	11:26:38	12:23:35	12:24:33.75	12:24:48.15	7:47	7.7
19	GWIŹDŹ MARCIN	3711		JAWORZNO	POL	M50	1	M 18	05:27:42	06:24:32	09:51:32	11:35:29	12:31:15	12:32:25.90	12:32:30.10	7:52	7.6
20	GRUMBINAS RAMUNAS	3512	LRT	VILNIUS	LTU	M50	2	M 19	05:43:57	06:36:06	09:51:11	11:33:32	12:35:30	12:36:41.85	12:36:46.05	7:54	7.6
21	PUSKARZ TOMASZ	3650		MORAWICA	POL	M30	9	M 20	05:47:08	06:42:04	09:58:19	11:42:34	12:40:39	12:41:49.15	12:42:10.00	7:58	7.5
22	CHWEDCZUK ROBERT	3617	ŻÓRAWSKI TEAM	WARSZAWA	POL	M30	10	M 21	05:36:46	06:32:17	09:50:28	11:38:42	12:45:17	12:46:27.90	12:46:32.70	8:01	7.5
23	PAWLUŚ MIROŚLAW	3748	JSC JASŁO	JASŁO	POL	M40	10	M 22	05:51:48	06:51:13	10:09:05	11:50:02	12:46:36	12:47:40.85	12:47:54.20	8:01	7.5
24	KOPEĆ MATEUSZ	3601		RYCZÓWEK	POL	M30	11	M 23	05:58:51	06:58:37	10:14:55	11:53:49	12:50:47	12:51:54.50	12:51:59.60	8:04	7.4
25	KASZUBIAK KONRAD	3538		POZNAŃ	POL	M40	11	M 24	05:51:30	06:51:24	10:10:55	11:49:56	12:52:13	12:53:57.45	12:53:59.95	8:05	7.4
26	MARVAN ROSTISLAV	3558	MILOTA TEA	VŘESINA	CZE	M50	3	M 25	06:15:04	07:13:07	10:19:32	11:58:09	12:54:56	12:56:03.70	12:56:15.65	8:07	7.4
27	WOJTAS MACIEJ	3804		KRAKÓW	POL	M40	12	M 26	05:55:33	06:51:48	10:14:37	12:03:54	13:04:24	13:05:30.25	13:05:48.80	8:12	7.3
28	SIATKA KRZESIMIR	3535	LUBELSKIBIEGACZ.PL TEAM	LUBLIN	POL	M30	12	M 27	06:26:02	07:27:45	10:44:14	12:16:25	13:07:21	13:08:12.55	13:08:18.40	8:14	7.3
29	ŚLASKI RADOSŁAW	3822	TEAM BIEGOWY STRZYŻÓW	STRZYŻÓW	POL	M50	4	M 28	05:55:37	07:01:47	10:23:19	12:06:20	13:08:08	13:09:27.20	13:09:51.45	8:15	7.3
30	NOSALIK MAREK	3607	MTA	ŻYWIEC	POL	M50	5	M 29	05:58:43	06:58:13	10:31:21	12:15:35	13:18:17	13:19:33.65	13:19:39.85	8:21	7.2
31	SUDNIK KRZYSZTOF	3774		KNURÓW	POL	M40	13	M 30	06:19:56	07:14:59	10:35:04	12:20:19	13:18:45	13:19:50.30	13:20:12.85	8:21	7.2
32	ROZCZYPAŁA KAROL	3689		WARSZAWA	POL	M30	13	M 31	05:53:55	06:53:30	10:18:54	12:12:00	13:23:18	13:24:35.70	13:24:38.75	8:24	7.1
33	HOŁOWNIA TOMASZ	3587	GRUPA BIEGOWA BEZ GRANIC	STRZEGOM	POL	M40	14	M 32	06:21:58	07:19:38	10:36:41	12:24:25	13:24:51	13:25:56.90	13:26:00.80	8:25	7.1
34	KURZAWSKI TOMASZ	3792	GB ULTRA PSZCZŁKI	HORYSZÓW	POL	M40	15	M 33	06:01:03	07:06:58	10:40:45	12:23:49	13:25:11	13:26:13.05	13:26:16.65	8:25	7.1
35	SZAFRANIEC TOMASZ	3694	MIĘDZYRZECIE GAZELE	MIĘDZYRZECZ	POL	M50	6	M 34	06:10:43	07:08:53	10:34:03	12:24:28	13:26:31	13:27:43.55	13:27:46.80	8:26	7.1
36	ŻUREK KRZYSZTOF	3544	RUCH IZBICA	KRĘPIEC	POL	M40	16	M 35	06:23:36	07:24:46	10:51:29	12:36:40	13:36:06	13:37:28.85	13:37:40.70	8:33	7
37	MĄCZKA RYSZARD	3741	LUBELSKI BANK SPÓŁDZIELCZY	PUŁAWY	POL	M40	17	M 36	06:23:41	07:24:49	10:51:30	12:36:46	13:36:08	13:37:28.50	13:37:40.75	8:33	7
38	SOLNY MICHAŁ	3546	MILOTA TEA	OPAVA	CZE	M40	18	M 37	06:32:55	07:31:09	10:48:32	12:35:16	13:42:16	13:43:12.40	13:43:25.75	8:36	7
39	BUŁKA MATEUSZ	3720	SPRINTEX TEAM	ŚLOTWINA	POL	M40	19	M 38	05:58:14	07:01:35	10:40:11	12:36:14	13:44:23	13:45:36.00	13:45:49.05	8:38	6.9
40	TATARA MATEUSZ	3803	RUN-G	KRAKÓW	POL	M40	20	M 39	06:19:08	07:14:26	10:40:10	12:36:12	13:44:22	13:45:34.65	13:45:49.55	8:38	6.9

**NIEPOKORNY MNICH - 95 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	45.1km	53.8km	75.7km	89.2km	95.2km	Netto	Brutto	min/km	km/h
41	MYŚLIWIEC ROBERT	3624	DZIKI&WOLNY	RZESZÓW	POL	M40	21	M 40	06:01:01	07:06:57	10:42:04	12:38:22	13:44:35	13:45:55.25	13:45:59.50	8:38	6.9
42	STĘPNIK PAWEŁ	3747	SMIGASIE	KIELCE	POL	M40	22	M 41	06:20:01	07:24:12	10:56:44	12:45:15	13:48:45	13:50:02.80	13:50:20.45	8:40	6.9
43	RINK JAN	3636		BOLKÓW	POL	M40	23	M 42	06:34:26	07:34:44	11:10:26	12:54:13	13:50:45	13:51:37.05	13:51:43.40	8:41	6.9
44	URACZ BEATA	3704	BARTOSZ GORCZYCA TEAM	SIEMIANOWICE ŚLĄSKIE	POL	K40	2	K 2	06:19:00	07:18:46	10:57:02	12:50:12	13:52:25	13:53:43.10	13:53:51.05	8:43	6.9
45	BIENIEK GRZEGORZ	3770	W.CIAGLYM.BIEGU.PL	LUBAWKA	POL	M30	14	M 43	05:47:07	06:37:37	10:06:57	12:42:02	13:53:08	13:54:19.55	13:54:22.20	8:43	6.9
46	CICHOCKI RAFAŁ	3634	KAJ TA META	RYBNIK	POL	M40	24	M 44	06:39:17	07:54:14	11:18:16	12:56:25	13:53:44	13:55:03.55	13:55:16.50	8:44	6.9
47	URACZ ŁUKASZ	3703	BARTOSZ GORCZYCA TEAM	SIEMIANOWICE ŚLĄSKIE	POL	M40	25	M 45	06:22:08	07:24:31	10:55:16	12:49:47	13:55:31	13:56:38.00	13:57:09.50	8:45	6.9
48	URBANIEC DARIUSZ	3816	PEWNIAC TEAM /SŁOŃCA JURY	SROCKO	POL	M40	26	M 46	06:21:20	07:20:56	11:01:04	12:57:16	13:59:47	14:00:46.75	14:01:08.20	8:47	6.8
49	PALCZEWSKA-REMIŚ AGNIESZKA	3637	RUNONLINE.PL TEAM	KRAKÓW	POL	K40	3	K 3	06:39:38	07:39:33	11:16:01	13:01:38	14:03:53	14:05:02.45	14:05:09.90	8:50	6.8
50	ROGAŁA GRZEGORZ	3648		BOGUCHWAŁA	POL	M50	7	M 47	06:23:44	07:22:42	11:04:12	12:59:29	14:06:19	14:07:48.15	14:07:54.05	8:52	6.8
51	KARAŚ MICHAŁ	3513	PODHALE NOWY TARG	NOWY TARG	POL	M40	27	M 48	06:24:59	07:25:12	11:05:14	13:01:06	14:07:47	14:08:56.70	14:09:09.30	8:52	6.8
52	WINIECKI TOMASZ	3702	IRON HOUSE TRIATHLON WŁOCŁAWEK	WŁOCŁAWEK	POL	M50	8	M 49	06:42:47	07:50:10	11:15:28	13:04:51	14:07:40	14:08:53.60	14:09:41.35	8:52	6.8
53	BRZÓSKA RAFAŁ	3779	BRZOZA TEAM/ CZANIECKIE MAKARONY	CIESZYN	POL	M40	28	M 50	06:25:59	07:30:49	11:01:41	12:58:39	14:09:20	14:10:21.55	14:10:34.60	8:53	6.7
54	KĄŁWA LESZEK	3759	WOLBROM TEAM	MIECHÓW	POL	M40	29	M 51	06:25:10	07:27:05	11:09:01	13:05:51	14:12:02	14:13:03.65	14:13:13.25	8:55	6.7
55	WYROBA WOJCIECH	3715		KRAKÓW	POL	M40	30	M 52	06:37:28	07:44:29	11:22:27	13:10:43	14:12:11	14:13:21.10	14:13:34.85	8:55	6.7
56	KARCZYŃSKI DARIUSZ	3695	BIEGANIE=POMAGANIE	OLEŚNICA	POL	M40	31	M 53	06:34:50	07:38:19	11:19:29	13:06:42	14:13:55	14:15:05.70	14:15:26.85	8:56	6.7
57	JĘDRZEJKO DOMINIK	3769	BIEGAM SOBIE	POZNAŃ	POL	M40	32	M 54	06:18:52	07:27:02	11:13:25	13:15:25	14:19:31	14:20:35.75	14:20:46.55	9:00	6.7
58	CHEJDYS KRYSZTYAN	3585	BIEGNĘ ALE DOKĄD?	GLIWICE	POL	M40	33	M 55	06:48:12	07:51:54	11:26:28	13:15:42	14:20:13	14:21:16.85	14:21:51.80	9:00	6.7
59	MAZUREK ROMAN	3609	SPARTANIE DZIECIOM	MURÓW	POL	M40	34	M 56	06:55:14	07:56:52	11:33:15	13:20:46	14:26:23	14:27:50.10	14:28:05.00	9:04	6.6
60	PSUJA ANNA	3823	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	K30	1	K 4	06:42:09	07:39:17	11:17:40	13:17:33	14:29:31	14:30:48.80	14:30:53.75	9:06	6.6
61	GAIK ANDRZEJ	3780	PODGÓRZ TORUŃ / DŁUGOPOLE ZDRÓJ	TORUŃ	POL	M50	9	M 57	06:44:08	07:55:07	11:26:50	13:20:48	14:31:16	14:32:27.80	14:32:39.65	9:07	6.6
62	PASTERNOK MARIAN	3790	BARTOSZ GORCZYCA TEAM	ZABRZE	POL	M40	35	M 58	06:50:08	08:03:53	11:31:50	13:24:56	14:33:47	14:35:12.35	14:35:27.90	9:09	6.6
63	KOŁDER TOMASZ	3669	PAKO TEAM CIESZYN	CIESZYN	POL	M40	36	M 59	06:36:11	07:38:17	11:17:29	13:20:49	14:35:29	14:36:46.65	14:37:06.50	9:10	6.5
64	GRABKOWSKI RAFAŁ	3663	DOGOŃ GRODZISK MAZOWIECKI	ODRANO-WOLA	POL	M50	10	M 60	06:47:38	07:51:29	11:34:58	13:32:43	14:40:30	14:41:54.35	14:42:15.40	9:13	6.5
65	MUSZYŃSKI KRZYSZTOF	3528	POCOLOCO ADVENTURE	POZNAŃ	POL	M30	15	M 61	06:34:41	07:39:58	11:23:54	13:28:34		14:44:38.55	14:44:45.85	9:15	6.5
66	KAMIŃSKI MARCIN	3807		ZAWADÓWKA	POL	M30	16	M 62	06:42:22	07:49:09	11:39:58	13:38:33		14:48:20.70	14:48:44.15	9:17	6.5
67	FATLA MAREK	3721		RZOZÓW	POL	M30	17	M 63	06:58:24	08:02:49	11:51:44	13:47:07		14:50:08.90	14:50:15.05	9:18	6.4
68	SZYMCZYK WITOLD	3746		SUCHEDNIÓW	POL	M20	1	M 64	06:33:10	07:35:37	11:29:49	13:35:45		14:49:58.15	14:50:16.80	9:18	6.4
69	GASIK LESZEK	3815	SŁONCA JURY	OLSZTYN JURAJSKI	POL	M40	37	M 65	06:45:05	08:01:29	11:55:13	13:46:03		14:49:59.80	14:50:20.25	9:18	6.4
70	GADOMSKI RADOSŁAW	3570	ŻÓRAWSKI TEAM	WARSZAWA	POL	M40	38	M 66	06:47:52	07:53:51	11:48:13	13:42:17		14:49:56.75	14:50:20.50	9:18	6.4
71	KABAJA JIŘÍ	3553	MILOTA TEA	OPAVA	CZE	M50	11	M 67	07:47:34	08:56:23	12:15:01	13:49:21		14:52:48.20	14:52:57.35	9:20	6.4
72	SENDOBRY ARTUR	3670		RUDA ŚLĄSKA	POL	M40	39	M 68	06:47:13	07:53:50	11:44:35	13:42:52		14:53:46.55	14:54:09.70	9:20	6.4
73	CHYŁEK WIESŁAW	3736	A&I TEAM	NIEGOWONICE	POL	M40	40	M 69	06:33:48	07:42:32	11:42:00	13:38:07		14:54:17.20	14:54:19.25	9:21	6.4
74	MACIĄG GRZEGORZ	3673	RZESZÓW	RZESZÓW	POL	M40	41	M 70	06:55:15	08:05:28	11:51:47	13:42:16		14:54:30.85	14:55:04.10	9:21	6.4
75	BIELECKI MARCIN	3811	TEAMMŁODY	OTWOCK	POL	M40	42	M 71	06:40:58	07:47:22	11:41:34	13:46:28		14:56:30.95	14:56:49.20	9:22	6.4
76	GIERSZEWSKI MACIEK	3533	ZĄŁOGA G	WARSZAWA	POL	M30	18	M 72	07:00:23	08:07:54	11:50:20	13:42:32		14:56:58.85	14:57:09.30	9:22	6.4
77	MIEȚLA MATEUSZ	3756	KSS JPII	WRZAŚOWICE	POL	M40	43	M 73	06:42:25	07:45:37	11:41:47	13:38:33		14:58:24.40	14:58:38.45	9:23	6.4
78	MISZTAŁ RAFAŁ	3684	LOS PANTALONES ROJOS	CHRZANÓW	POL	M50	12	M 74	06:46:35	07:47:41	11:38:53	13:49:10		15:06:09.90	15:06:30.15	9:28	6.3
79	STARZAK PAWEŁ	3791	ZŁOŚNIKBIEGA	SKAWINA	POL	M40	44	M 75	06:27:00	07:36:34	11:32:51	13:44:46		15:07:01.75	15:07:19.80	9:29	6.3
80	CHACIŃSKI MIKOŁAJ	3771	PROAUTOMATION	WARSZAWA	POL	M40	45	M 76	07:01:28	08:10:45	11:56:59	13:56:02		15:11:37.80	15:12:12.90	9:32	6.3
81	GIERSZEWSKI JAROSŁAW	3541	ZĄŁOGA G	CIECHOCINEK	POL	M40	46	M 77	06:59:41	08:03:16	11:53:48	13:47:11		15:13:16.30	15:13:26.35	9:33	6.3
82	DUDEK ADAM	3564	ELECTRIC RUNNERS TEAM	WYZNE	POL	M40	47	M 78	06:39:44	07:43:44	11:42:54	13:52:21		15:14:10.50	15:14:16.00	9:33	6.3
83	PERKOWSKI PIOTR	3505	MONK SANDALS TEAM	KAMPINOS	POL	M40	48	M 79	06:28:33	07:39:47	11:32:55	13:41:34		15:14:50.40	15:14:57.55	9:34	6.3

**NIEPOKORNY MNICH - 95 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	45.1km	53.8km	75.7km	89.2km	95.2km	Netto	Brutto	min/km	km/h
84	NOCOŃ JAKUB	3765		ZAŁĘŻE	POL	M30	19	M 80	06:39:55	07:48:05	11:52:59	14:02:14		15:17:41.45	15:17:43.50	9:35	6.3
85	PALIWODA SŁAWEK	3595	ITPROJEKT BYDGOSZCZ	BYDGOSZCZ	POL	M30	20	M 81	06:02:40	08:02:07	11:42:17	13:57:05		15:21:59.95	15:22:04.65	9:38	6.2
86	PRZYSIWEK PATRYK	3515		POZNAŃ	POL	M30	21	M 82	06:58:35	08:10:56	12:05:28	14:14:31		15:25:25.30	15:25:46.70	9:40	6.2
87	KOZŁOWSKI MAREK	3763	BIEGAMDLAZDROWIA. PL	JAWOR	POL	M50	13	M 83	06:42:07	07:50:12	11:50:40	14:08:00		15:27:30.10	15:27:38.10	9:42	6.2
88	SMOLIŃSKI PIOTR	3701		WARSZAWA	POL	M40	49	M 84	07:12:52	08:16:24	12:22:00	14:21:21		15:29:28.85	15:29:48.10	9:43	6.2
89	GRACZYK MARCIN	3605		POZNAŃ	POL	M50	14	M 85	07:02:17	08:11:40	12:12:03	14:20:33		15:35:40.60	15:36:04.75	9:47	6.1
90	ZIELIŃSKI SŁAWOMIR	3619	#TEAMSZÓSTABE	RZESZÓW	POL	M40	50	M 86	06:36:58	07:44:58	11:53:45	14:22:20		15:37:38.75	15:37:56.45	9:48	6.1
91	NIEDZIÓŁKA WOJCIECH	3686		SIEDLCE	POL	M40	51	M 87	07:08:44	08:24:50	12:15:12	14:18:15		15:38:35.40	15:38:38.75	9:49	6.1
92	SKOWRON RADOSŁAW	3509	PŁONAŃCE KONDONY BABUNI	BALICE	POL	M40	52	M 88	07:19:00	08:23:36	12:19:07	14:21:15		15:39:45.10	15:40:08.15	9:49	6.1
93	CYGAN DAWID	3615		KROSNO	POL	M30	22	M 89	06:34:09	07:51:52	11:54:03	14:11:06		15:41:02.30	15:41:21.80	9:50	6.1
94	KWIATKOWSKI PAWEŁ	3545		PISARZOWICE	POL	M30	23	M 90	06:39:18	07:48:27	11:57:04	14:11:08		15:41:27.05	15:41:31.35	9:50	6.1
95	SIEŚKIEWICZ KRZYSZTOF	3785	BIAŁYSTOK BIEGA TEAM	BIAŁYSTOK	POL	M50	15	M 91	06:58:00	08:08:53	12:06:06	14:21:56		15:42:32.65	15:43:13.25	9:51	6.1
96	CZARNY MARIUSZ	3626	TRAIL RUNNERS JAWORZNO	JAWORZNO	POL	M40	53	M 92	07:07:28	08:17:40	12:16:29	14:28:14		15:42:54.00	15:43:28.50	9:51	6.1
97	RUTKOWSKA MAŁGORZATA	3568		WARSZAWA	POL	K40	4	K 5	06:57:52	08:12:55	12:18:16	14:24:14		15:43:21.40	15:43:35.10	9:52	6.1
98	ŁOSKA TOMASZ	3531	ULTRA TRAIL ACADEMY TEAM	ŁAZISKA GÓRNE	POL	M30	24	M 93	07:17:21	08:24:00	12:32:49	14:32:59		15:44:46.15	15:45:13.00	9:52	6.1
99	KOŹUCH MARCIN	3665		KRAKÓW	POL	M40	54	M 94	07:14:15	08:32:56	12:34:36	14:36:24		15:47:27.15	15:47:37.45	9:54	6.1
100	DYTUS JAROSŁAW	3667	AKTYWNI UZALEŻNIAMY PŁOCK	PŁOCK	POL	M40	55	M 95	06:46:16	08:06:39	12:15:26	14:28:03		15:47:58.75	15:48:23.90	9:54	6.1
101	POPIS TOMASZ	3597	RUCH IZBICA	IZBICA	POL	M50	16	M 96	06:32:19	07:37:40	11:57:52	14:24:50		15:48:36.90	15:48:41.15	9:55	6
102	MUCHA ADAM	3722	PORUNNE FURGANIE	BYTOM	POL	M40	56	M 97	07:06:55	08:19:37	12:26:02	14:41:08		15:50:24.20	15:50:46.85	9:56	6
103	LEWANDOWSKA MARLENA	3556	PODGÓRZ TORUŃ / WOJTEK KOTARBA RUNNING TEAM	TORUŃ	POL	K50	1	K 6	07:22:08	08:30:11	12:22:41	14:28:13		15:51:08.35	15:51:27.30	9:56	6
104	HOŁYST MARCIN	3706	WAWRZYNTTEAM	MARCINOWICE	POL	M40	57	M 98	07:02:49	08:16:24	12:36:12	14:44:08		15:54:46.65	15:55:04.90	9:59	6
105	PYCHA PIOTR	3730	BRYGADA RR	RADZYMIN	POL	M40	58	M 99	07:13:49	08:24:04	12:35:46	14:43:44		15:54:30.30	15:55:15.15	9:59	6
106	TOMALSKI MARCIN	3793		KRAKÓW	POL	M40	59	M 100	07:00:02	08:10:02	12:16:35	14:33:20		15:55:33.05	15:55:50.15	9:59	6
107	WIŚNIEWSKI WOJCIECH	3588	TEAM FOX	BYDGOSZCZ	POL	M40	60	M 101	06:54:19	08:05:01	12:26:18	14:35:13		15:55:58.65	15:56:23.35	9:59	6
108	ŚWIĘCICKI BŁAŻEJ	3708		PSZÓW	POL	M30	25	M 102	07:09:22	08:36:46	12:47:34	14:54:15		16:09:06.55	16:09:44.80	10:08	5.9
109	KOZAKIEWICZ BEATA	3671	CAŁE ŻYCIE NA REDUKCJI	WROCŁAW	POL	K30	2	K 7	07:04:03		12:28:10	14:41:27		16:10:30.70	16:10:35.80	10:09	5.9
110	PIETRASZKO BARBARA	3658	TEAM ZABIEGANEDNI	WARSZAWA	POL	K30	3	K 8	07:00:19	08:15:58	12:29:44	14:43:21		16:11:03.50	16:11:18.45	10:09	5.9
111	SZANECKI JAKUB	4088	CIEMNA STRONA POMIDORA		POL	M40	61	M 103	07:25:14	08:36:58	12:40:05	14:53:43		16:14:23.65	16:14:46.95	10:11	5.9
112	GROBELNY RAFAŁ	3805		CZARNOŻYŁY	POL	M40	62	M 104	07:03:58	08:19:09	12:25:45	14:49:56		16:14:38.65	16:14:49.85	10:11	5.9
113	SZCZEPEK ŁUKASZ	3625		RZESZÓW	POL	M30	26	M 105	07:07:07	08:19:03	12:42:50	14:58:13		16:17:08.10	16:17:47.25	10:13	5.9
114	PLUCIENNICZAK WOJCIECH	3764		LATCHORZEW	POL	M40	63	M 106	07:18:12	08:39:02	12:44:26	14:53:25		16:17:40.80	16:17:49.65	10:13	5.9
115	KUDUK PIOTR	3569		WÓŁKA NIEDŹWIEDZKA	POL	M30	27	M 107	07:07:06	08:19:27	12:42:49	14:58:11		16:17:10.60	16:17:50.65	10:13	5.9
116	RAKOWSKI PRZEMYSŁAW	3712	SYNERGIA CROSSCAMP	OŁAWA	POL	M30	28	M 108	07:45:18	08:47:42	12:52:04	15:03:49		16:18:40.45	16:19:18.60	10:14	5.9
117	KOŁODZIEJCZYK MACIEJ	3561	FIZJO-SPORT ŁĘCZNA	ŁĘCZNA	POL	M40	64	M 109	07:07:03	08:20:22	12:42:59	15:01:25		16:28:13.35	16:28:39.45	10:20	5.8
118	GRZECH GRZEGORZ	3819		PIONKI	POL	M60	1	M 110	07:47:35	09:04:14	13:13:53	15:12:50		16:28:13.00	16:28:52.15	10:20	5.8
119	DZIERŁĘGA PIOTR	3683	KRÓLEWSKIE PILZNO	PILZNO	POL	M30	29	M 111	07:10:00	08:24:15	12:42:03	14:54:27		16:28:48.60	16:29:08.40	10:20	5.8
120	STELMACH KRZYSZTOF	3674	GĄSKA BALBINKA WIELUŃ	WIELUŃ	POL	M50	17	M 112	07:06:21	08:22:26	12:45:16	15:03:27		16:35:05.20	16:35:11.95	10:24	5.8
121	KŁOS WOJCIECH	3742		PANIÓWKI	POL	M40	65	M 113	07:27:43	08:42:33	13:02:56	15:17:59		16:35:14.45	16:35:47.45	10:24	5.8
122	KURASIEWICZ MARIUSZ	3578		SULIKÓW	POL	M40	66	M 114	07:02:43	08:16:28	12:59:46	15:17:51		16:35:23.30	16:35:47.80	10:24	5.8
123	WAJZIK ADAM	3660	IG: POSPIESZNY_DO_METY	KRZESZOW	POL	M30	30	M 115	07:08:09	08:20:37	12:43:11	15:04:18		16:36:25.60	16:36:41.30	10:25	5.8
124	GŁOWIŃSKI ROBERT	3724		KOMORNIKI	POL	M50	18	M 116	07:02:13	08:14:08	12:38:52	14:54:53		16:36:49.65	16:37:16.80	10:25	5.8
125	LIS PAWEŁ	3594	PPC ULTRA RUNNERS	BRZEG DOLNY	POL	M30	31	M 117	07:22:12	08:37:08	12:46:07	15:17:15		16:37:56.75	16:38:06.20	10:26	5.7

**NIEPOKORNY MNICH - 95 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	45.1km	53.8km	75.7km	89.2km	95.2km	Netto	Brutto	min/km	km/h
126	SADY SEBASTIAN	3685	TREKKING TEAM OSTROWIEC ŚW.	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M40	67	M 118	07:15:01	08:27:33	12:56:05	15:16:47		16:38:03.85	16:38:23.95	10:26	5.7
127	ZAJĄC MATEUSZ	3796		GLIWICE	POL	M40	68	M 119	07:08:46	08:17:58	12:48:09	15:12:37		16:39:01.55	16:39:19.20	10:26	5.7
128	HUBICKI BARTOSZ	3739		WARSZAWA	POL	M40	69	M 120	07:08:31	08:29:28	12:41:32	15:05:28		16:40:46.90	16:40:46.90	10:28	5.7
129	MOCHOCKI MARCIN	3760		KIELCE	POL	M50	19	M 121	07:32:34	08:52:42	13:09:23	15:31:14		16:44:13.50	16:44:30.65	10:30	5.7
130	GIERLACH GRZEGORZ	3523		JERZMANOWICE	POL	M40	70	M 122	06:45:18	07:54:43	12:28:22	14:57:37		16:44:28.05	16:44:50.20	10:30	5.7
131	ŁATWIŃSKI ŁUKASZ	3603	MOCNA GRUPA CEZARA	WROCLAW	POL	M30	32	M 123	07:26:21	08:44:14	12:46:41	15:11:05		16:44:41.50	16:45:11.40	10:30	5.7
132	NAPIERAŁA MARCIN	3632	GB WIELKOPOLSCY BIEGACZE / BIEGAJĄCE KREJZOLE	KOZIEGŁOWY	POL	M40	71	M 124	07:11:33	08:24:19	12:53:11	15:17:53		16:51:42.35	16:51:59.05	10:34	5.7
133	WIĘCEK PRZEMYSŁAW	3696	KOZICE GÓRSKIE TEAM	KĘTY	POL	M40	72	M 125	07:18:11	08:28:23	12:46:52	15:17:14		16:53:50.65	16:54:06.80	10:36	5.7
134	JAMBOR MICHAŁ	3571	ŻÓRAWSKI TEAM	WARSZAWA	POL	M40	73	M 126	07:31:47	08:41:18	13:12:21	15:33:52		16:54:45.90	16:54:53.75	10:36	5.7
135	CIUK PIOTR	3731	W4TEAM	WARSZAWA	POL	M50	20	M 127	07:31:47	08:36:29	13:11:57	15:33:50		16:54:45.50	16:54:53.85	10:36	5.7
136	PAWLAK BARTOSZ	3610	RUN AND FLY	JABŁONNA	POL	M40	74	M 128	07:32:14	08:41:16	13:11:58	15:33:01		16:54:46.05	16:54:53.90	10:36	5.7
137	PASZKOWSKI PIOTR	3550	WKURW_TEAM	SZCZECIN	POL	M40	75	M 129	07:09:18	08:18:10	12:50:31	15:19:08		16:54:52.20	16:55:02.50	10:36	5.7
138	KAMIŃSKI MAREK	3659	180 MINUT	WROCLAW	POL	M50	21	M 130	07:26:10	08:40:09	12:59:39	15:27:00		16:55:07.15	16:55:36.10	10:37	5.7
139	KRAKOWSKI MACIEJ	3802	#A_MOZE_ULTRA / ZABIEGANI MIELEC	MIELEC	POL	M30	33	M 131	07:28:31	08:39:28	12:53:28	15:32:48		16:55:54.40	16:56:34.50	10:37	5.6
140	KOZYRA PAWEŁ	3713	TEAMMOUNTAINFUEL RUNNERPAWCISLAW	LUBLIN	POL	M20	2	M 132	06:44:38	08:01:02	12:42:46	15:18:03		16:56:34.50	16:56:39.30	10:38	5.6
141	MAZEK ŁUKASZ	3716	PRZEBIEGLY SOCHACZEW	KUZNOCIN	POL	M40	76	M 133	07:25:12		13:10:01	15:43:27		16:56:15.10	16:56:45.90	10:37	5.6
142	RAKOWSKI ŁUKASZ	3640	PCC ULTRA RUNNERS	BRZEG DOLNY	POL	M40	77	M 134	07:07:11	08:15:58	12:46:17	15:23:38		16:56:46.10	16:56:55.50	10:38	5.6
143	GŁAZ MAREK	3644	FORFITERY	STALOWA WOLA	POL	M30	34	M 135	07:26:20	08:44:13	13:02:55	15:37:08		16:57:00.95	16:57:31.60	10:38	5.6
144	GARCZYŃSKI DAREK	3560		KATOWICE	POL	M50	22	M 136	07:52:37	09:05:59	13:26:17	15:45:13		16:58:40.70	16:59:18.85	10:39	5.6
145	KASZKOWIAK BOGUMIŁ	3818	WRONKI	WRONKI	POL	M40	78	M 137	07:48:46	09:02:44	13:19:44	15:43:01		17:03:46.15	17:04:00.45	10:42	5.6
146	SZOTOWICZ PAWEŁ	3681	SKL	STARGARD	POL	M40	79	M 138	07:07:52	08:25:01	12:44:20	15:13:26		17:05:01.75	17:05:14.20	10:43	5.6
147	CIEPLIK ŁUKASZ	4093			POL	M40	80	M 139	07:06:33	08:24:35	12:57:15	15:32:11		17:06:11.95	17:06:53.80	10:44	5.6
148	GAWOT PIOTR	3751		WROCLAW	POL	M40	81	M 140	07:14:22	08:40:20	13:02:24	15:32:18		17:13:03.15	17:13:14.40	10:48	5.6
149	PISARCZYK GRZEGORZ	3699		POZNAŃ	POL	M30	35	M 141	07:19:43	08:41:29	13:03:04	15:37:28		17:16:13.75	17:16:26.65	10:50	5.5
150	KUCHARZYK GRZEGORZ	3789	SKILS	LUBLIN	POL	M40	82	M 142	07:26:31	08:58:03	13:20:26	15:30:51		17:17:46.00	17:18:11.65	10:51	5.5
151	GODYŃ JAN	3576	DELOITTE ADVENTURE TEAM	KATOWICE	POL	M40	83	M 143	07:27:02	08:51:58	13:21:27	15:43:05		17:19:35.05	17:20:07.25	10:52	5.5
152	STANOWSKI GRZEGORZ	3758	FOREVER YOUNG	ŁÓDŹ	POL	M50	23	M 144	07:17:36	08:34:19	13:10:50	15:42:36		17:22:03.65	17:22:32.40	10:54	5.5
153	GAJEWSKA ISABELA	3717	BIEGAJ Z IREM	SOSNOWIEC	POL	K40	5	K 9	07:38:06	08:54:50	13:20:26	15:48:00		17:22:02.90	17:22:37.05	10:53	5.5
154	GAJEWSKI IRENEUSZ	3718	BIEGAJ Z ISA	SOSNOWIEC	POL	M50	24	M 145	07:38:06	08:54:05	13:19:43	15:48:09		17:22:03.50	17:22:37.55	10:54	5.5
155	BOBER DOROTA	3777		JAWOR	POL	K40	6	K 10	07:26:00	08:46:11	13:14:11	15:43:25		17:23:08.20	17:23:32.90	10:54	5.5
156	WARZECHA BOGUSŁAW	3705	PANKURA	WIELCZKA	POL	M40	84	M 146	07:27:01	08:41:35	13:07:39	15:33:05		17:26:08.35	17:26:19.00	10:56	5.5
157	SMYKA MICHAŁ	3537		CIECIERZYN	POL	M20	3	M 147	07:23:31	08:40:50	13:11:41	15:43:33		17:26:58.10	17:27:30.50	10:57	5.5
158	IZYDORSKI MARCIN	3653		WROCLAW	POL	M40	85	M 148	07:22:19	08:41:19	13:16:10	15:45:27		17:28:31.30	17:29:00.40	10:58	5.5
159	GARBIEŃ GRZEGORZ	3649	G.O.A.T. TEAM	MOKRZYSKA	POL	M40	86	M 149	07:36:07	09:02:59	13:27:49	16:04:09		17:32:07.15	17:32:14.50	11:00	5.5
160	BARTOSIK MICHAŁ	3814	SŁOŃCA JURY / CZEWKA ULTRA SQUAD	CZĘSTOCHOWA	POL	M30	36	M 150	07:33:23	08:58:33	13:24:18	15:51:42		17:33:38.30	17:33:58.45	11:01	5.4
161	KWIECIŃSKI MICHAŁ	3767	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	M50	25	M 151	07:35:49	08:55:42	13:24:40	15:51:50		17:33:46.75	17:33:58.65	11:01	5.4
162	KWIATKOWSKI MICHAŁ	3501	ŚWIŃSKIE CYCE	WARSZAWA	POL	M30	37	M 152	07:23:18	08:46:27	13:19:44	15:53:47		17:34:12.25	17:34:53.90	11:01	5.4
163	JOHNA ADAM	3723	PRESS GLASS BIEGAMY I WSPIERAMY/ SPORT AND SUPPORT	TYCHY	POL	M40	87	M 153	07:25:31	08:47:39	13:38:30	16:09:33		17:39:48.65	17:40:06.90	11:05	5.4
164	SOLECKI BARTOSZ	3810	WRD GRÓJEC	GRÓJEC	POL	M20	4	M 154	07:00:42	08:21:45	12:47:49	15:54:14		17:41:15.80	17:41:19.70	11:06	5.4
165	WOŹNIAK RAFAŁ	3596	PCC ULTRA RUNNERS	BRZEG DOLNY	POL	M40	88	M 155	07:51:42	09:09:50	13:52:07	16:14:54		17:41:27.95	17:41:38.00	11:06	5.4
166	CHRZAN ANDRZEJ	3787		TARNOW	POL	M30	38	M 156	08:03:05	09:27:43	14:02:03	16:24:48		17:41:08.45	17:41:43.05	11:05	5.4
167	MORAWSKI ŁUKASZ	3662		KRAKÓW	POL	M40	89	M 157	07:49:52	09:14:47	13:32:02	16:04:45		17:42:01.45	17:42:28.05	11:06	5.4

**NIEPOKORNY MNICH - 95 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	45.1km	53.8km	75.7km	89.2km	95.2km	Netto	Brutto	min/km	km/h
168	GŁÓWKA MACIEJ	3781	ULTRAWAY.PL RUNNING TEAM	KARWIANY	POL	M30	39	M 158	07:57:56	09:19:50	13:40:57	16:14:32		17:43:58.90	17:44:30.15	11:07	5.4
169	MAKARENKOV SERGIJ	3693	DOGOŃ GRODZISK MAZOWIECKI	MILANÓWEK	POL	M40	90	M 159	08:12:17	09:32:58	14:11:26	16:29:28		17:44:24.10	17:44:54.50	11:08	5.4
170	STAWSKI DARIUSZ	3733	KS ULTRA TEAM ŁÓDŹ	ŁÓDŹ	POL	M60	2	M 160	07:38:07	08:53:38	13:29:37	16:07:54		17:45:54.05	17:46:22.10	11:08	5.4
171	PTAK TOMASZ	3586		WAŚOSZ GÓRNY	POL	M40	91	M 161	07:51:12	09:20:41	13:55:56	16:24:30		17:46:07.65	17:46:29.45	11:09	5.4
172	TALAROWSKI PAWEŁ	3635	HRT ( HUSARIA RACE TEAM )	KRASNYSTAW	POL	M40	92	M 162	07:25:40	08:43:38	13:23:14	16:08:44		17:50:50.50	17:51:15.95	11:12	5.4
173	SULKOWSKI ARKADIUSZ	3743	SULEK TEAM	KNURÓW	POL	M40	93	M 163	07:31:38	09:02:53	13:44:23	16:15:53		17:50:47.55	17:51:20.40	11:12	5.4
174	ZIELIŃSKI DARIUSZ	3729	FIZJO-SPORT ŁĘCZNA/CEDRUS TEAM	ŁĘCZNA	POL	M40	94	M 164	07:18:26	08:40:52	13:27:47	16:05:26		17:52:20.65	17:52:46.85	11:13	5.3
175	BUREK JULIUSZ	3652	PROJEKT 1000 UP	GDYNIA	POL	M30	40	M 165	07:51:50	09:14:23	13:51:23	16:03:32		17:54:27.70	17:54:59.80	11:14	5.3
176	SUCHAN ANDRZEJ	3562	ANDRZEJSUCHAN@INT ERIA.PL	WADOWICE	POL	M40	95	M 166	08:00:37	09:36:12	13:51:20	16:20:20		17:56:52.60	17:57:24.00	11:15	5.3
177	ZYCH MICHAŁ	3672	TRAMPS LIKE US.	WARSZAWA	POL	M40	96	M 167	07:57:46	09:30:36	14:04:05	16:37:05		17:57:53.75	17:58:03.75	11:16	5.3
178	SZYMAŃSKI CEZARY	3661		OTWOCK	POL	M40	97	M 168	07:13:48	08:39:57	13:38:40	16:21:53		17:57:50.95	17:58:27.95	11:16	5.3
179	NOWACKI ADAM	3738	STG WARSZAWA	WARSZAWA	POL	M20	5	M 169	07:30:12	08:54:32	13:33:31	16:04:37		17:59:25.80	17:59:31.50	11:17	5.3
180	ZU BECK EVA	3778		SRODA SLASKA	POL	K30	4	K 11	07:22:47	08:44:22	13:39:00	16:27:39		18:00:12.80	18:00:33.90	11:17	5.3
181	STYSIEK PIOTR	3820	BIEGIEM RADOM!	RADOM	POL	M50	26	M 170	07:55:58	09:24:06	13:59:11	16:27:27		18:00:58.60	18:01:37.65	11:18	5.3
182	LEYK DANIEL	3608	LEYK TEAM	LUZINO	POL	M30	41	M 171	08:17:28	09:44:16	14:13:30	16:43:52		18:01:10.25	18:01:44.10	11:18	5.3
183	URBAŃCZYK MICHAŁ	3821		JAWORZNO	POL	M40	98	M 172	07:48:12	09:19:02	13:42:49	16:21:17		18:03:08.10	18:03:41.80	11:19	5.3
184	STODOLNY KRZYSZTOF	3735		WORYTY	POL	M60	3	M 173	08:07:31	09:30:33	14:07:15	16:27:35		18:04:10.50	18:04:38.70	11:20	5.3
185	BELKIEWICZ RAFAŁ	3542	KABATY ULTRA	WARSZAWA	POL	M40	99	M 174	07:46:10	09:02:28	13:44:09	16:18:48		18:05:34.80	18:06:03.85	11:21	5.3
186	MENDRA ADAM	3728	BORYSKI I BRUNKI	BIAŁOBRZEGI	POL	M30	42	M 175	07:35:14	08:58:11	13:39:06	16:21:30		18:05:56.90	18:06:37.95	11:21	5.3
187	DERDA MARIUSZ	3639	AKTYWNY DYNÓW	DYNÓW	POL	M30	43	M 176	07:59:54	09:29:59	13:57:09	16:34:13		18:10:30.80	18:10:55.35	11:24	5.3
188	FICEK PAWEŁ	3752	TOTUS TUUS	PACZYNA	POL	M40	100	M 177	08:45:57	10:09:35	14:17:11	16:46:05		18:11:53.00	18:12:28.10	11:25	5.3
189	KOCZUR KAMILA	3616		KIEŁPIN	POL	K30	5	K 12	08:20:38	09:47:19	14:18:28	16:42:45		18:16:18.55	18:16:53.70	11:28	5.2
190	LEWANDOWSKI RAFAŁ	3614	SPC	TORUŃ	POL	M40	101	M 178	07:41:06	09:05:00	13:45:49	16:19:40		18:17:33.20	18:17:49.30	11:28	5.2
191	PALKA ANDRZEJ	3710	BLACK HAT ULTRA TEAM	CHRZANÓW	POL	M30	44	M 179	07:55:34	09:15:09	14:17:06	16:47:19		18:19:03.35	18:19:22.25	11:29	5.2
192	TUCHOWSKI JANUSZ	3668		DĘBICA	POL	M40	102	M 180	08:05:55	09:30:40		16:39:44		18:19:49.60	18:20:08.50	11:30	5.2
193	JANKOWSKI RAFAŁ	3700	KOŁO BIEGA	KOŁO	POL	M40	103	M 181	08:00:46	09:24:14	14:14:04	16:57:31		18:20:58.50	18:21:00.65	11:30	5.2
194	OSAKOWICZ MATEUSZ	3643		WARSZAWA	POL	M40	104	M 182	07:59:34	09:20:49	14:10:37	16:42:22		18:21:47.35	18:22:33.25	11:31	5.2
195	ZADYKOWICZ-DAWIDZIUK KATARZYNA	3593	PROJEKT 1000UP	RUMIA	POL	K40	7	K 13	08:06:26	09:33:44	14:13:30	16:42:22		18:22:48.75	18:23:20.95	11:32	5.2
196	DAWIDZIUK ADRIAN	3592	PROJEKT 1000UP	RUMIA	POL	M40	105	M 183	08:06:26	09:33:44	14:13:29	16:42:22		18:22:48.45	18:23:21.10	11:32	5.2
197	BRESZKA TOMASZ	3776	DARŁOWSKIE CHARTY	DARŁOWO	POL	M40	106	M 184	08:04:54	09:34:19	14:15:41	16:49:10		18:26:18.25	18:26:46.10	11:34	5.2
198	KOZDRÓJ WIOLETTA	3797	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	K40	8	K 14	08:13:01	09:33:57	14:09:51	16:41:11		18:26:18.95	18:26:48.85	11:34	5.2
199	KRZYCZKOWSKI BARTŁOMIEJ	3543		RADZYMIN	POL	M30	45	M 185	07:19:03	08:35:55	13:31:00	16:17:00		18:29:25.35	18:29:32.10	11:36	5.2
200	SZARMACH IZABELA	3579	37.4	WARSZAWA	POL	K40	9	K 15	07:57:04	09:33:09	14:02:40	16:44:54		18:29:31.95	18:29:56.80	11:36	5.2
201	SZARMACH JAKUB	3580	37.4	WARSZAWA	POL	M40	107	M 186	07:57:04	09:33:08	14:02:22	16:44:58		18:29:33.15	18:29:56.90	11:36	5.2
202	PYZIK EWA	3525	MATNER RUNNING TEAM	BIELANY WROCŁAWSKIE	POL	K40	10	K 16	08:01:04	09:35:01	14:07:11	16:43:26		18:30:35.15	18:30:51.65	11:37	5.2
203	JÓZEFczyk JUSTYNA	3656		POZNAŃ	POL	K40	11	K 17	08:20:22	09:59:54		17:02:07		18:31:00.35	18:31:16.65	11:37	5.2
204	PTAK ADAM	3719	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	M50	27	M 187	08:20:21	09:59:53		17:02:04		18:31:00.05	18:31:16.85	11:37	5.2
205	SADOWSKI CEZARY	3654		WARSZAWA	POL	M40	108	M 188	07:13:46	08:39:59	13:38:43	16:39:07		18:30:48.75	18:31:25.70	11:37	5.2
206	PIĘTKA JAREK	3590	KKB KOŁBIEL BIEGA	KOŁBIEL	POL	M40	109	M 189	07:18:01	08:41:11	13:57:00	16:41:17		18:31:34.50	18:31:48.80	11:37	5.2
207	GILEWSKI BARTŁOMIEJ	3631	#NIEZESRAJSIĘ	TARNOBRZEG	POL	M30	46	M 190	07:12:51	08:35:37	13:33:50	16:36:34		18:31:07.95	18:31:57.50	11:37	5.2
208	MACKIEWICZ MACIEJ	3510		WARSZAWA	POL	M30	47	M 191	08:02:14	09:30:41	14:04:37	16:52:04		18:32:00.35	18:32:27.50	11:37	5.2
209	CHŁOPEK KAZIMIERZ	3768	NOWA HUTA TEAM	KRAKÓW	POL	M40	110	M 192	08:01:39	09:24:16	13:59:30	16:37:44		18:32:46.75	18:33:16.65	11:38	5.2
210	KRZYŻIŃSKA SYLWIA	3749	DOGOŃ GRODZISK MAZOWIECKI / DREAM RUN	GRODZISK MAZ	POL	K40	12	K 18	08:00:13	09:22:12	14:12:07	16:45:40		18:32:59.90	18:33:31.95	11:38	5.2
211	WARACHOWSKI STEFAN	3647		GRODZISK MAZOWIECKI	POL	M50	28	M 193	07:34:53	09:13:29	14:03:26	16:45:44		18:33:00.50	18:33:31.95	11:38	5.2

**NIEPOKORNY MNICH - 95 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	45.1km	53.8km	75.7km	89.2km	95.2km	Netto	Brutto	min/km	km/h
212	JĘDRUŚ JAKUB	3675	CHSBD	KATOWICE	POL	M30	48	M 194	08:24:20	09:58:53		17:03:34		18:35:39.40	18:36:02.40	11:40	5.1
213	DŁUŻNIEWSKI JACEK	3677	ULTRASFCB	BIELSKO-BIAŁA	POL	M40	111	M 195	08:25:43	09:57:24		17:03:53		18:38:59.95	18:39:11.80	11:42	5.1
214	GAŁKA ROBERT	3606	GRLTEAM74	WROCŁAW	POL	M50	29	M 196	08:11:11	09:48:13		17:00:37		18:41:02.90	18:41:12.30	11:43	5.1
215	SKRZEK MARCIN	3630	DRUŻYNA SMA	WROCŁAW	POL	M40	112	M 197	07:57:08	09:23:29	14:00:15	16:58:46		18:41:07.45	18:41:36.75	11:43	5.1
216	RADZIWONOWICZ ADRIANA	3691	CMKP TEAM	WARSZAWA	POL	K40	13	K 19	08:24:07	09:49:44		17:06:15		18:41:27.80	18:42:05.20	11:43	5.1
217	BORKOWSKI ANDRZEJ	3697		ORZESZE	POL	M50	30	M 198	07:59:57	09:36:09		17:06:16		18:41:30.85	18:42:05.50	11:43	5.1
218	JAŚKOWSKI MAREK	3642		SOSNOWIEC	POL	M40	113	M 199	08:20:50	09:52:52		17:04:21		18:43:54.05	18:43:59.20	11:45	5.1
219	SUTKOWSKI ANDRZEJ	3508		MYSZKÓW	POL	M60	4	M 200	08:03:23	09:21:37	14:10:36	17:01:42		18:43:32.15	18:43:59.80	11:45	5.1
220	ROLLA DORIAN	3582		WARZYMICE	POL	M40	114	M 201	08:07:54	09:45:05		14:18:33	16:52:20	18:43:25.40	18:44:01.15	11:45	5.1
221	SŁESZYŃSKI ŁUKASZ	3612	VELO CHESS POWERLIFTING CLUB	WARSZAWA	POL	M30	49	M 202	08:33:37	10:04:37		17:03:51		18:43:49.40	18:44:11.65	11:45	5.1
222	SZEREMETA ANDRZEJ	3511	PZU SPORT TEAM	WARSZAWA	POL	M50	31	M 203	07:46:54	09:16:33	14:15:18	17:07:04		18:53:11.70	18:53:29.45	11:51	5.1
223	WACHEL PAWEŁ	3646		KRAKÓW	POL	M30	50	M 204	07:57:42	09:18:40	14:11:41	17:08:38		18:52:49.45	18:53:30.35	11:50	5.1
224	MICHALCZYK ANNA	3714		WARSZAWA	POL	K30	6	K 20	07:33:46	09:04:30	13:57:12	16:57:46		18:53:50.95	18:54:11.05	11:51	5.1
225	WĘGRZYK GRZEGORZ	3682		WARSZAWA	POL	M30	51	M 205	08:00:51	09:18:24	14:01:58	16:57:43		18:53:51.55	18:54:11.10	11:51	5.1
226	KUBACKI SEBASTIAN	3575		WARSZAWA	POL	M40	115	M 206	08:37:10	10:04:53		17:11:32		18:53:52.60	18:54:33.20	11:51	5.1
227	GZUŁA BEATA	3557	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K50	2	K 21	08:20:00	09:59:45		17:16:13		18:54:44.05	18:54:57.80	11:52	5.1
228	SOCIŃSKI ARTUR	3563	SZCZYT ZA SZCZYTEM	WARSZAWA	POL	M50	32	M 207	08:07:21	09:33:25	14:18:59	17:06:25		18:54:29.75	18:55:04.60	11:52	5.1
229	WIŚNIEWSKI BARTOSZ	3645		ŁÓDŹ	POL	M30	52	M 208	08:06:27	09:33:39		17:12:25		18:56:00.45	18:56:30.50	11:52	5
230	ŚWIERK KAROLINA	3651	NIGHT RUNNERS	KRAKÓW	POL	K20	1	K 22	08:04:33	09:35:04		17:12:07		19:00:20.00	19:00:28.65	11:55	5
231	FELIŃSKI JAROSŁAW	3688		ŁÓDŹ	POL	M60	5	M 209	08:31:54	10:04:19		17:19:31		19:00:43.25	19:01:11.50	11:55	5
232	ŻEBRACKI WOJTEK	3801	ALE FAJNIE!	PRUDNIK	POL	M30	53	M 210	08:22:51	09:51:13		17:28:26		19:03:17.25	19:04:01.00	11:57	5
233	DEC MIROŚLAW	3783	TRUCHT TEAM OPOLE	OPOLE	POL	M40	116	M 211	08:21:03	10:08:17		17:27:43		19:03:28.65	19:04:11.70	11:57	5
234	KOCOT SEBASTIAN	3761		SOSNOWIEC	POL	M40	117	M 212	08:34:31	10:06:01		17:28:46		19:04:12.05	19:04:34.30	11:58	5
235	LITEWKA JACEK	3757	ORANGE POLSKA	KRAKÓW	POL	M50	33	M 213	08:28:30	10:06:49		17:27:56		19:04:15.00	19:04:43.45	11:58	5
236	GRZEGORCZYK WOJCIECH	3666	KONDYCJA	WARSZAWA	POL	M50	34	M 214	08:28:58	10:01:45		17:29:01		19:04:34.90	19:05:10.80	11:58	5
237	MIKOŁAJCZYK JAROSŁAW	3547		ŁÓDŹ	POL	M40	118	M 215	08:25:56	09:58:33		17:31:27		19:13:58.00	19:14:35.65	12:04	5
238	PRUSIEWICZ BEATA	3524	ANTON TEAM	OSTRÓW WIELKOPOLSKI	POL	K50	3	K 23	08:29:37	10:04:22		17:24:42		19:22:19.90	19:22:47.10	12:09	4.9
239	OSTACH DARIA	3750		OSTRÓW WIELKOPOLSKI	POL	K40	14	K 23	08:21:25	10:04:20		17:24:43		19:22:19.65	19:22:47.10	12:09	4.9
240	JÓZWIK MAREK	3627	BIEGIEM RADOM!	RADOM	POL	M50	35	M 216	08:36:16	10:00:53		17:24:07		19:22:24.05	19:23:02.50	12:09	4.9
241	SKOCZYŁAS PIOTR	3798		CHORZÓW	POL	M40	119	M 217	08:23:42	09:57:29				19:48:17.10	19:48:38.00	12:25	4.8
242	JAROSŁAWSKI PIOTR	3584	CIACHO	RADZYMIN	POL	M40	120	M 218	08:10:26	09:41:03						10:48	5.6
243	POTOCZNY MIROŚLAW	3599	CZARNA TĘCZA/TRAIL RUNNERS JAWORZNO	JAWORZNO	POL	M50	36	M 219	08:23:18	09:46:03						10:53	5.5
244	CHOŁOTA MAREK	3573		PIŁA	POL	M40	121	M 220	08:30:30	10:06:05						11:15	5.3
245	KĄŁUSZYŃSKI PAWEŁ	3744	ORANGE POLSKA	ZĄBKI	POL	M40	122	M 221	08:45:32	10:12:39						11:23	5.3
246	WICIAK ZIEMOWIT	3655	AKTYWNI KOCIEWIACY	STAROGARD GDAŃSKI	POL	M50	37	M 222	08:37:09	10:13:16						11:23	5.3
247	MARCHEWKA JOANNA	3518		CZERNICHÓW	POL	K40	15	K 25	08:24:12	10:13:17						11:23	5.3
248	KACZYŃSKI ARTUR	3623	DRUŻYNA BIEGOWA CANAL+	WARSZAWA	POL	K50	4	K 26	08:46:44	10:26:42						11:38	5.2
249	GAWLIK SYLWIA	3574		LUBLIN	POL	K40	16	K 27	08:54:46	10:28:44						11:41	5.1
250	MIKUŁSKI TOMASZ	3519		JÓZEFÓW	POL	M50	38	M 223	09:05:01	10:52:19						12:07	4.9
251	WOLNY ZDZISŁAW	3772		CHORZÓW	POL	M60	6	M 224	09:05:01	10:52:19						12:07	4.9
252	GAJEK PATRYCJA	3566		GRYFINO	POL	K30	7	K 28	09:15:31	10:52:21						12:07	4.9
253	PISAREK MICHAŁ	3620		NOWINY	POL	M30	54	M 225	07:51:06							10:26	5.7
254	FIK MAREK	3786		BYDGOSZCZ	POL	M40	123	M 226								11:33	5.2
	CISKA RENATA	3800	RYKOWISKO TEAM	PŁOCK	POL	K40			08:30:40 DNF	10:04:59 DNF	DNF	17:50:18 DNF	DNF	DNF	DNF	-	-
	RYKAŁA WOJCIECH	3737	EVIL TEAM	MYŚLENICE	POL	M40			07:46:52 DNF	09:44:01 DNF	DNF	18:33:33 DNF	DNF	DNF	DNF	-	-
	SMÓŁKOWSKI MARCIN	3591	PROJEKT1000UP	RUMIA	POL	M40			07:00:34 DNF	08:16:58 DNF	13:10:08 DNF	DNF	DNF	DNF	DNF	-	-
	GAŁUSZKA DAWID	3782		ŚWIĘTOCHŁOWICE	POL	M30			05:28:17 DNF	06:43:52 DNF	DNF	DNF	DNF	DNF	DNF	-	-

**NIEPOKORNY MNICH - 95 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	45.1km	53.8km	75.7km	89.2km	95.2km	Netto	Brutto	min/km	km/h
	SIATKA PIOTR	3503	LUBELSKIBIEGACZ.PL TEAM	KRAKÓW	POL	M30			06:26:14 DNF	07:27:44 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ŻYŁA SEBASTIAN	3548	SCI GÓRSCY ENTUZJAŚCI	KOŃCZYCE MAŁE	POL	M30			07:04:44 DNF	08:10:55 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BIRECKI SZYMEK	3554		EDYNBURG	GBR	M40			07:12:25 DNF	08:15:10 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SATAŁA MICHAŁ	3549	SIMPLYRUNNER	NIEPOLOMICE	POL	M30			07:38:23 DNF	09:04:41 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PISAREK KAROL	3613	JB WARSAW	WARSZAWA	POL	M30			07:51:04 DNF	09:12:58 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	JANECKA ARTUR	3813	ACTIVE RUN ŁASK	ŁASK	POL	M40			08:02:52 DNF	09:30:12 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BURBLIS ŁUKASZ	3806	ACTIVE RUN ŁASK	ŁASK	POL	M30			08:02:53 DNF	09:30:32 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	NOWAK MARCIN	3604		RADZYMIN	POL	M40			08:21:26 DNF	09:40:58 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PIECH ADAM	3754	PORANNY PATROL	KRAKÓW	POL	M50			08:16:15 DNF	09:49:56 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PIETRUS MACIEK	3618	PEŁZACZE	LODZ	POL	M40			08:37:11 DNF	10:15:22 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KACZYŃSKI JANUSZ	3679	AKTYWNI KOCIEWIACY	SKÓRCZ	POL	M60			08:43:11 DNF	10:20:53 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KWIATKOWSKA ISKA	3753	EKSTREMALNA GRUPA BIEGOWA	LUBLIN	POL	K30			08:54:47 DNF	10:28:46 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BUŁAWA GRZEGORZ	3795		GLIWICE	POL	M40			08:44:49 DNF	10:30:40 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZAKRZEWSKA ANNA	3567		JÓZEFOSŁAW	POL	K40			09:01:56 DNF	10:41:04 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WOJSŁAW KRYSZYNA	3506		NOWY SĄCZ	POL	K60			09:06:07 DNF	10:42:25 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	TRZYNA MARCIN	3572	STYROPMIN	CZĘSTOCHOWA	POL	M40			09:01:35 DNF	10:51:31 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	DOROBISZ MAREK	3664		MYSZKÓW	POL	M50			08:55:22 DNF	10:51:45 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	JABŁOŃSKI SZYMON	3526		KOCIERZEW PÓŁNOCNY	POL	M20			09:14:59 DNF	10:52:04 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PŁONKA PIOTR	3725		MARSZOWICE	POL	M40			09:05:46 DNF	11:18:18 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	FORYŚ ADAM	3521	PATO BIEGI	SOCHACZEW	POL	M30			09:24:31 DNF	11:35:39 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	MALINOWSKI MARCIN	3633		GRODZISK MAZOWIECKI	POL	M40			09:34:41 DNF	11:39:41 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SEKUŁA MATEUSZ	3709	STARE BABICE BIEGAJĄ	TRUSKAW	POL	M30			09:24:22 DNF	12:11:37 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KOCZWARA TOMEK	3529	MARCIN ŚWIERC TEAM	RADOMYŚL WIELKI	POL	M40			05:20:44 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	JAMRÓZ ŁUKASZ	3755	MARCIN ŚWIERC TEAM	WADOWICE	POL	M40			06:41:59 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	FRYSIAK ARTUR	3676	WIELUŃ ULTRA I NIE TYLKO	WIELUŃ	POL	M50			07:19:11 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SKŁODOWSKI PIOTR	3536	BRYGADA RR	RADZYMIN	POL	M40			07:27:31 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SOBOTA JACEK	3824	CTM BIAŁYSTOK RUNNING TEAM	BIAŁYSTOK	POL	M40			08:05:57 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BARAŃSKI PIOTR	3565	QBARANSKI@GMAIL.COM	WARSZAWA	POL	M40			08:24:16 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	STĘPIEŃ KRZYSZTOF	3762		WARSZAWA	POL	M40			08:32:36 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**NIEPOKORNY MNICH - 95 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	45.1km	53.8km	75.7km	89.2km	95.2km	Netto	Brutto	min/km	km/h
	ZAJĄC ARKADIUSZ	3514	AKTYWNI KOCIEWIACY	SKÓRCZ	POL	M50			08:44:20 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZIĘBA ROBERT	3794	TRAIL IS OUR WAY /BOBOWSKA GRUPA BIEGOWA	BOBOWA	POL	M30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PORĘBSKI RAFAŁ	3692	EVIL TEAM	ZAWADA	POL	M40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SIKORSKI KRZYSZTOF	3539	MIĘDZYRZECKIE GAZELE	MIĘDZYRZECZ	POL	M40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PĘCZERZEWSKI NORBERT	3517	RYKOWISKO TEAM	PŁOCK	POL	M40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	TYSZKA DARIUSZ	3628	AKS POLONIA WARSZAWA	WARSZAWA	POL	M40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SZYMALA-LIPKA MAGDALENA	3622	LIPKI RULEZ/MAGDY RULEZ	MIELEC	POL	K40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PIETRZAK AGNIESZKA	3784	CZARNE OWCE	PŁOCK	POL	K30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	CIECHAŃSKI MICHAŁ	3680	ZDARTE PODESZWY	ZAJĄCZKOWO	POL	M40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	DROZD DANIEL	3809		ZGIERZ	POL	M20			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BRODEK ANDRZEJ	3555		GLIWICE	POL	M50			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-