

**3000 M - M 36-45 LAT**

Organizator: 32 Baza Lotnictwa Taktycznego  
 Data: 2024-04-17  
 Miejsce: Łask  
 Dystans: 3 km  
 Klasyfikacja wg czasów brutto.


**3000 M - M 36-45 LAT, OPEN**

| M-ce | Nazwisko i imię                     | Nr | Klub      | M-scow      | Kraj | Kat. | M. kat | K/M  | Związki | Centra Szkolenia | 0.1km    | 1km      | 2km      | Netto       | Brutto      | min/km | km/h |
|------|-------------------------------------|----|-----------|-------------|------|------|--------|------|---------|------------------|----------|----------|----------|-------------|-------------|--------|------|
| 1    | ST.SZER.SPEC.<br>NESTOROWICZ ŁUKASZ | 75 | 18 DZ     | SIEDLCE     | POL  | ZT   | 1      | M 1  | ZT      |                  | 00:00:12 | 00:03:23 | 00:06:34 | 00:09:43.63 | 00:09:43.63 | 3:14   | 18.5 |
| 2    | ST.SZER. MARYSIAK<br>ADAM           | 69 | 11 DKPANC | ŻAGAŃ       | POL  | ZT   | 2      | M 2  | ZT      |                  | 00:00:13 | 00:03:24 | 00:06:37 | 00:09:57.31 | 00:09:57.31 | 3:19   | 18.1 |
| 3    | ST.SZER. PAWLAK<br>GRZEGORZ         | 76 | 18 DZ     | SIEDLCE     | POL  | ZT   | 3      | M 3  | ZT      |                  | 00:00:13 | 00:03:27 | 00:06:45 | 00:10:01.69 | 00:10:01.69 | 3:20   | 18   |
| 4    | MJR SZPIGIEL PIOTR                  | 73 | 16 DZ     | OLSZTYN     | POL  | ZT   | 4      | M 4  | ZT      |                  | 00:00:12 | 00:03:24 | 00:06:38 | 00:10:10.08 | 00:10:10.08 | 3:23   | 17.7 |
| 5    | PLUT. CZERNIAK<br>ROBERT            | 72 | 12 DZ     | SZCZECIN    | POL  | ZT   | 5      | M 5  | ZT      |                  | 00:00:13 | 00:03:30 | 00:06:54 | 00:10:10.24 | 00:10:10.24 | 3:23   | 17.7 |
| 6    | ST.KPR. MAJ<br>KRZYSZTOF            | 70 | 11 DKPANC | ŻAGAŃ       | POL  | ZT   | 6      | M 6  | ZT      |                  | 00:00:14 | 00:03:30 | 00:06:51 | 00:10:11.50 | 00:10:11.50 | 3:23   | 17.7 |
| 7    | ST.SIERŻ. POKROP<br>HUBERT          | 82 | 3 SLTR    | POWIDZ      | POL  | ZT   | 7      | M 7  | ZT      |                  | 00:00:13 | 00:03:30 | 00:06:54 | 00:10:18.75 | 00:10:18.75 | 3:26   | 17.5 |
| 8    | SIERŻ. WOŹNIAK<br>TOMASZ            | 74 | 16 DZ     | OLSZTYN     | POL  | ZT   | 8      | M 8  | ZT      |                  | 00:00:12 | 00:03:32 | 00:07:01 | 00:10:19.46 | 00:10:19.46 | 3:26   | 17.4 |
| 9    | ST.SZER. FEIFER<br>BARTOSZ          | 71 | 12 DZ     | SZCZECIN    | POL  | ZT   | 9      | M 9  | ZT      |                  | 00:00:13 | 00:03:34 | 00:07:04 | 00:10:31.12 | 00:10:31.12 | 3:30   | 17.1 |
| 10   | SZER. MOSKA DAWID                   | 83 | 4 SLSZ    | DĘBLIN      | POL  | ZT   | 10     | M 10 | ZT      |                  | 00:00:13 | 00:03:33 | 00:07:03 | 00:10:41.19 | 00:10:41.19 | 3:33   | 16.8 |
| 11   | MAR. ZARECKI PAWEŁ                  | 86 | 3 FO      | GDYNIA      | POL  | ZT   | 11     | M 11 | ZT      |                  | 00:00:13 | 00:03:45 | 00:07:21 | 00:10:53.05 | 00:10:53.05 | 3:37   | 16.5 |
| 12   | ST.SIERŻ. LIPIEC<br>SEBASTIAN       | 78 | 1 SLT     | ŚWIDWIN     | POL  | ZT   | 12     | M 12 | ZT      |                  | 00:00:15 | 00:03:51 | 00:07:32 | 00:11:21.05 | 00:11:21.05 | 3:47   | 15.9 |
| 13   | PLUT. SYPNIEWSKI<br>MARCIN          | 41 | CSWLĄD    | POZNAŃ      | POL  | CS   | 1      | M 13 |         | CS               | 00:00:15 | 00:03:57 | 00:07:46 | 00:11:29.00 | 00:11:29.00 | 3:49   | 15.7 |
| 14   | ST.SZER. IWANOWSKI<br>HUBERT        | 47 | CSSP      | KOSZALIN    | POL  | CS   | 2      | M 14 |         | CS               | 00:00:13 | 00:03:51 | 00:07:47 | 00:11:29.87 | 00:11:29.87 | 3:49   | 15.7 |
| 15   | KMDR PPOR.<br>KOŁOSZUK MARCIN       | 85 | 3 FO      | GDYNIA      | POL  | ZT   | 13     | M 15 | ZT      |                  | 00:00:15 | 00:03:56 | 00:07:55 | 00:11:32.43 | 00:11:32.43 | 3:50   | 15.6 |
| 16   | KPR. ROSIŃSKI RAFAŁ                 | 40 | CSWLĄD    | POZNAŃ      | POL  | CS   | 3      | M 16 |         | CS               | 00:00:15 | 00:04:03 | 00:07:56 | 00:11:32.78 | 00:11:32.78 | 3:50   | 15.6 |
| 17   | MŁ.CHOR. MIROWSKI<br>SŁAWOMIR       | 42 | CSWIICH   | WROCŁA<br>W | POL  | CS   | 4      | M 17 |         | CS               | 00:00:15 | 00:04:01 | 00:07:51 | 00:11:37.80 | 00:11:37.80 | 3:52   | 15.5 |
| 18   | ST.SIERŻ. BOBECKI<br>PATRYK         | 80 | 2 SLT     | POZNAŃ      | POL  | ZT   | 14     | M 18 | ZT      |                  | 00:00:14 | 00:03:57 | 00:07:50 | 00:11:38.65 | 00:11:38.65 | 3:52   | 15.5 |
| 19   | PLUT. MAZIARSKI<br>ANDRZEJ          | 48 | CSSP      | KOSZALIN    | POL  | CS   | 5      | M 19 |         | CS               | 00:00:15 | 00:04:00 | 00:07:56 | 00:11:50.94 | 00:11:50.94 | 3:56   | 15.2 |
| 20   | KPR. WÓJCICKI PAWEŁ                 | 77 | 1 SLT     | ŚWIDWIN     | POL  | ZT   | 15     | M 20 | ZT      |                  | 00:00:14 | 00:04:00 | 00:07:59 | 00:12:00.69 | 00:12:00.69 | 4:00   | 15   |
| 21   | MŁ.CHOR.MAR.<br>PRĘTNIK DAWID       | 45 | CSMW      | USTKA       | POL  | CS   | 6      | M 21 |         | CS               | 00:00:14 | 00:04:10 | 00:08:19 | 00:12:18.00 | 00:12:18.00 | 4:06   | 14.6 |
| 22   | CHOR. BOGUSZ<br>ARKADIUSZ           | 43 | CSWIICH   | WROCŁA<br>W | POL  | CS   | 7      | M 22 |         | CS               | 00:00:15 | 00:04:09 | 00:08:20 | 00:12:33.71 | 00:12:33.71 | 4:11   | 14.3 |
| 23   | ST.SIERŻ. ROSIŃSKI<br>DANIEL        | 39 | CSAIU     | TORUŃ       | POL  | CS   | 8      | M 23 |         | CS               | 00:00:15 | 00:04:13 | 00:08:34 | 00:12:39.33 | 00:12:39.33 | 4:13   | 14.2 |
| 24   | KPR. WOJSIAT ŁUKASZ                 | 84 | 4 SLSZ    | DĘBLIN      | POL  | ZT   | 16     | M 24 | ZT      |                  | 00:00:15 | 00:04:09 | 00:08:31 | 00:12:48.19 | 00:12:48.19 | 4:16   | 14.1 |
| 25   | MŁ.CHOR. LEMIESZEK<br>KONRAD        | 44 | CSIL      | DĘBLIN      | POL  | CS   | 9      | M 25 |         | CS               | 00:00:17 | 00:04:16 | 00:08:39 | 00:13:01.68 | 00:13:01.68 | 4:20   | 13.8 |

**3000 M - M 36-45 LAT, OPEN c.d.**

| M-ce | Nazwisko i imię             | Nr | Klub  | M-scow<br>ość  | Kraj | Kat. | M. kat | K/M  | Związki<br>Taktyczne | Centra Szkolenia | 0.1km    | 1km      | 2km      | Netto       | Brutto      | min/km | km/h |
|------|-----------------------------|----|-------|----------------|------|------|--------|------|----------------------|------------------|----------|----------|----------|-------------|-------------|--------|------|
| 26   | POR. JÓZWIAK MARCIN         | 38 | CSAIU | TORUŃ          | POL  | CS   | 10     | M 26 |                      | CS               | 00:00:14 | 00:04:19 | 00:08:47 | 00:13:07.01 | 00:13:07.01 | 4:22   | 13.7 |
| 27   | ST.SIERŻ. WIENCEK<br>MARCIN | 79 | 2 SLT | POZNAŃ         | POL  | ZT   | 17     | M 27 | ZT                   |                  | 00:00:16 | 00:04:24 | 00:09:02 | 00:13:31.88 | 00:13:31.88 | 4:30   | 13.3 |
| 28   | BOSM. GROSICKI<br>ROBERT    | 87 | 8 FOW | ŚWINOJŃ<br>CIE | POL  | ZT   | 18     | M 28 | ZT                   |                  | 00:00:16 | 00:04:33 | 00:09:38 | 00:14:35.42 | 00:14:35.42 | 4:51   | 12.3 |

**3000 M - M 36-45 LAT, CS**

| M-ce | Nazwisko i imię               | Nr | Klub    | M-scowo<br>ść | Kraj | Kat. | M. kat | K/M  | Związki<br>Taktyczne | Centra Szkolenia | 0.1km    | 1km      | 2km      | Netto       | Brutto      | min/km | km/h |
|------|-------------------------------|----|---------|---------------|------|------|--------|------|----------------------|------------------|----------|----------|----------|-------------|-------------|--------|------|
| 1    | PLUT. SYPNIEWSKI<br>MARCIN    | 41 | CSWLĄD  | POZNAŃ        | POL  | CS   | 1      | M 13 |                      | CS               | 00:00:15 | 00:03:57 | 00:07:46 | 00:11:29.00 | 00:11:29.00 | 3:49   | 15.7 |
| 2    | ST.SZER. IWANOWSKI<br>HUBERT  | 47 | CSSP    | KOSZALIN      | POL  | CS   | 2      | M 14 |                      | CS               | 00:00:13 | 00:03:51 | 00:07:47 | 00:11:29.87 | 00:11:29.87 | 3:49   | 15.7 |
| 3    | KPR. ROSIŃSKI RAFAŁ           | 40 | CSWLĄD  | POZNAŃ        | POL  | CS   | 3      | M 16 |                      | CS               | 00:00:15 | 00:04:03 | 00:07:56 | 00:11:32.78 | 00:11:32.78 | 3:50   | 15.6 |
| 4    | MŁ.CHOR. MIROWSKI<br>SŁAWOMIR | 42 | CSWIICH | WROCŁA<br>W   | POL  | CS   | 4      | M 17 |                      | CS               | 00:00:15 | 00:04:01 | 00:07:51 | 00:11:37.80 | 00:11:37.80 | 3:52   | 15.5 |
| 5    | PLUT. MAZIARSKI<br>ANDRZEJ    | 48 | CSSP    | KOSZALIN      | POL  | CS   | 5      | M 19 |                      | CS               | 00:00:15 | 00:04:00 | 00:07:56 | 00:11:50.94 | 00:11:50.94 | 3:56   | 15.2 |
| 6    | MŁ.CHOR.MAR.<br>PRĘTNIK DAWID | 45 | CSMW    | USTKA         | POL  | CS   | 6      | M 21 |                      | CS               | 00:00:14 | 00:04:10 | 00:08:19 | 00:12:18.00 | 00:12:18.00 | 4:06   | 14.6 |
| 7    | CHOR. BOGUSZ<br>ARKADIUSZ     | 43 | CSWIICH | WROCŁA<br>W   | POL  | CS   | 7      | M 22 |                      | CS               | 00:00:15 | 00:04:09 | 00:08:20 | 00:12:33.71 | 00:12:33.71 | 4:11   | 14.3 |
| 8    | ST.SIERŻ. ROSIŃSKI<br>DANIEL  | 39 | CSAIU   | TORUŃ         | POL  | CS   | 8      | M 23 |                      | CS               | 00:00:15 | 00:04:13 | 00:08:34 | 00:12:39.33 | 00:12:39.33 | 4:13   | 14.2 |
| 9    | MŁ.CHOR. LEMIESZEK<br>KONRAD  | 44 | CSIL    | DĘBLIN        | POL  | CS   | 9      | M 25 |                      | CS               | 00:00:17 | 00:04:16 | 00:08:39 | 00:13:01.68 | 00:13:01.68 | 4:20   | 13.8 |
| 10   | POR. JÓZWIAK MARCIN           | 38 | CSAIU   | TORUŃ         | POL  | CS   | 10     | M 26 |                      | CS               | 00:00:14 | 00:04:19 | 00:08:47 | 00:13:07.01 | 00:13:07.01 | 4:22   | 13.7 |

**3000 M - M 36-45 LAT, ZT**

| M-ce | Nazwisko i imię                     | Nr | Klub      | M-scowo<br>ść | Kraj | Kat. | M. kat | K/M  | Związki<br>Taktyczne | Centra Szkolenia | 0.1km    | 1km      | 2km      | Netto       | Brutto      | min/km | km/h |
|------|-------------------------------------|----|-----------|---------------|------|------|--------|------|----------------------|------------------|----------|----------|----------|-------------|-------------|--------|------|
| 1    | ST.SZER.SPEC.<br>NESTOROWICZ ŁUKASZ | 75 | 18 DZ     | SIEDLCE       | POL  | ZT   | 1      | M 1  | ZT                   |                  | 00:00:12 | 00:03:23 | 00:06:34 | 00:09:43.63 | 00:09:43.63 | 3:14   | 18.5 |
| 2    | ST.SZER. MARYSIAK<br>ADAM           | 69 | 11 DKPANC | ŻAGAŃ         | POL  | ZT   | 2      | M 2  | ZT                   |                  | 00:00:13 | 00:03:24 | 00:06:37 | 00:09:57.31 | 00:09:57.31 | 3:19   | 18.1 |
| 3    | ST.SZER. PAWLAK<br>GRZEGORZ         | 76 | 18 DZ     | SIEDLCE       | POL  | ZT   | 3      | M 3  | ZT                   |                  | 00:00:13 | 00:03:27 | 00:06:45 | 00:10:01.69 | 00:10:01.69 | 3:20   | 18   |
| 4    | MJR SZPIGIEL PIOTR                  | 73 | 16 DZ     | OLSZTYN       | POL  | ZT   | 4      | M 4  | ZT                   |                  | 00:00:12 | 00:03:24 | 00:06:38 | 00:10:10.08 | 00:10:10.08 | 3:23   | 17.7 |
| 5    | PLUT. CZERNIAK<br>ROBERT            | 72 | 12 DZ     | SZCZECIN      | POL  | ZT   | 5      | M 5  | ZT                   |                  | 00:00:13 | 00:03:30 | 00:06:54 | 00:10:10.24 | 00:10:10.24 | 3:23   | 17.7 |
| 6    | ST.KPR. MAJ<br>KRZYSZTOF            | 70 | 11 DKPANC | ŻAGAŃ         | POL  | ZT   | 6      | M 6  | ZT                   |                  | 00:00:14 | 00:03:30 | 00:06:51 | 00:10:11.50 | 00:10:11.50 | 3:23   | 17.7 |
| 7    | ST.SIERŻ. POKROP<br>HUBERT          | 82 | 3 SLTR    | POWIDZ        | POL  | ZT   | 7      | M 7  | ZT                   |                  | 00:00:13 | 00:03:30 | 00:06:54 | 00:10:18.75 | 00:10:18.75 | 3:26   | 17.5 |
| 8    | SIERŻ. WOŹNIAK<br>TOMASZ            | 74 | 16 DZ     | OLSZTYN       | POL  | ZT   | 8      | M 8  | ZT                   |                  | 00:00:12 | 00:03:32 | 00:07:01 | 00:10:19.46 | 00:10:19.46 | 3:26   | 17.4 |
| 9    | ST.SZER. FEIFER<br>BARTOSZ          | 71 | 12 DZ     | SZCZECIN      | POL  | ZT   | 9      | M 9  | ZT                   |                  | 00:00:13 | 00:03:34 | 00:07:04 | 00:10:31.12 | 00:10:31.12 | 3:30   | 17.1 |
| 10   | SZER. MOSKA DAWID                   | 83 | 4 SLSZ    | DĘBLIN        | POL  | ZT   | 10     | M 10 | ZT                   |                  | 00:00:13 | 00:03:33 | 00:07:03 | 00:10:41.19 | 00:10:41.19 | 3:33   | 16.8 |

**3000 M - M 36-45 LAT, ZT c.d.**

| M-ce | Nazwisko i imię               | Nr | Klub   | M-scowo         | Kraj | Kat. | M. kat | K/M  | Związki Taktyczne | Centra Szkolenia | 0.1km    | 1km      | 2km      | Netto       | Brutto      | min/km | km/h |
|------|-------------------------------|----|--------|-----------------|------|------|--------|------|-------------------|------------------|----------|----------|----------|-------------|-------------|--------|------|
| 11   | MAR. ZARECKI PAWEŁ            | 86 | 3 FO   | GDYNIA          | POL  | ZT   | 11     | M 11 | ZT                |                  | 00:00:13 | 00:03:45 | 00:07:21 | 00:10:53.05 | 00:10:53.05 | 3:37   | 16.5 |
| 12   | ST.SIERŻ. LIPIEC<br>SEBASTIAN | 78 | 1 SLT  | ŚWIDWIN         | POL  | ZT   | 12     | M 12 | ZT                |                  | 00:00:15 | 00:03:51 | 00:07:32 | 00:11:21.05 | 00:11:21.05 | 3:47   | 15.9 |
| 13   | KMDR PPOR.<br>KOŁOSZUK MARCIN | 85 | 3 FO   | GDYNIA          | POL  | ZT   | 13     | M 15 | ZT                |                  | 00:00:15 | 00:03:56 | 00:07:55 | 00:11:32.43 | 00:11:32.43 | 3:50   | 15.6 |
| 14   | ST.SIERŻ. BOBECKI<br>PATRYK   | 80 | 2 SLT  | POZNAŃ          | POL  | ZT   | 14     | M 18 | ZT                |                  | 00:00:14 | 00:03:57 | 00:07:50 | 00:11:38.65 | 00:11:38.65 | 3:52   | 15.5 |
| 15   | KPR. WÓJCICKI PAWEŁ           | 77 | 1 SLT  | ŚWIDWIN         | POL  | ZT   | 15     | M 20 | ZT                |                  | 00:00:14 | 00:04:00 | 00:07:59 | 00:12:00.69 | 00:12:00.69 | 4:00   | 15   |
| 16   | KPR. WOJSIAT ŁUKASZ           | 84 | 4 SLSZ | DĘBLIN          | POL  | ZT   | 16     | M 24 | ZT                |                  | 00:00:15 | 00:04:09 | 00:08:31 | 00:12:48.19 | 00:12:48.19 | 4:16   | 14.1 |
| 17   | ST.SIERŻ. WIENCEK<br>MARCIN   | 79 | 2 SLT  | POZNAŃ          | POL  | ZT   | 17     | M 27 | ZT                |                  | 00:00:16 | 00:04:24 | 00:09:02 | 00:13:31.88 | 00:13:31.88 | 4:30   | 13.3 |
| 18   | BOSM. GROSICKI<br>ROBERT      | 87 | 8 FOW  | ŚWINOUJŚ<br>CIE | POL  | ZT   | 18     | M 28 | ZT                |                  | 00:00:16 | 00:04:33 | 00:09:38 | 00:14:35.42 | 00:14:35.42 | 4:51   | 12.3 |