

XXII BIEG WENEDÓW - 10KM

Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej

Date: 2024-05-25

Place: Koszalin

Distance: 10 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 50 miejsc wg czasu brutto



XXII BIEG WENEDÓW - 10KM, OPEN

| POS | Name and surname | No. | Club | City | NAT | Cat. | M. | F/M | 1.5km | 3.2km | 4.9km | 6.6km | 8.3km | Netto | Brutto | min/km | km/h |
|-----|-----------------------|-----|--|----------------------|-----|------|----|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | SZYMAŃSKI ŁUKASZ | 51 | ZALEWSKI PERFORMANCE ACADEMY/BP POBIEROWO | POBIEROWO | POL | M-30 | 1 | M 1 | 00:05:18 | 00:11:36 | 00:17:58 | 00:24:28 | 00:31:05 | 00:37:43.00 | 00:37:43.00 | 3:46 | 15.9 |
| 2 | MACKOJCZ KRZYSZTOF | 31 | EL-MACKOJCZ | KOŁOBRZEG | POL | M-50 | 1 | M 2 | 00:05:42 | 00:12:21 | 00:18:59 | 00:25:43 | 00:32:30 | 00:39:19.45 | 00:39:19.45 | 3:55 | 15.3 |
| 3 | CZAPLIŃSKI JACEK | 10 | | KOSZALIN | POL | M-40 | 1 | M 3 | 00:05:33 | 00:12:06 | 00:18:49 | 00:25:44 | 00:32:52 | 00:40:08.70 | 00:40:08.70 | 4:00 | 15 |
| 4 | PEKAŁA MIKOŁAJ | 41 | | KOSZALIN | POL | M-18 | 1 | M 4 | 00:05:43 | 00:12:36 | 00:19:34 | 00:26:34 | 00:33:30 | 00:40:30.00 | 00:40:30.00 | 4:03 | 14.8 |
| 5 | WALEŃSKI MICHAŁ | 59 | TKKF KOSZALIN | SKIBIENKO | POL | M-50 | 2 | M 5 | 00:05:48 | 00:12:42 | 00:19:43 | 00:26:45 | 00:33:50 | 00:40:45.70 | 00:40:45.70 | 4:04 | 14.7 |
| 6 | WITKIEWICZ ERYK | 56 | KLUB BIEGACZA DZIESIĄTKA BIAŁOGARD | BIAŁOGARD | POL | M-40 | 2 | M 6 | 00:05:47 | 00:12:35 | 00:19:36 | 00:26:49 | 00:34:01 | 00:41:12.10 | 00:41:12.10 | 4:07 | 14.6 |
| 7 | PIENIAWSKI MATEUSZ | 42 | | KOSZALIN | POL | M-30 | 2 | M 7 | 00:05:47 | 00:12:43 | 00:19:50 | 00:27:13 | 00:34:38 | 00:41:53.05 | 00:41:53.05 | 4:11 | 14.3 |
| 8 | KASZTELAN ULA | 20 | | KOSZALIN | POL | K-30 | 1 | K 1 | 00:06:02 | 00:13:04 | 00:20:15 | 00:27:33 | 00:35:01 | 00:42:28.85 | 00:42:28.85 | 4:14 | 14.1 |
| 9 | SAWICKI MARCIN | 46 | | KOSZALIN | POL | M-30 | 3 | M 8 | 00:06:13 | 00:13:30 | 00:20:47 | 00:28:13 | 00:35:32 | 00:42:31.85 | 00:42:31.85 | 4:15 | 14.1 |
| 10 | RADLIŃSKI LEOPOLD | 44 | PUPIL KOSZALIN | KOSZALIN | POL | M-50 | 3 | M 9 | 00:06:05 | 00:13:18 | 00:20:37 | 00:27:57 | 00:35:19 | 00:42:32.50 | 00:42:32.50 | 4:15 | 14.1 |
| 11 | FLORCZYK WOJTEK | 12 | | KOSZALIN | POL | M-30 | 4 | M 10 | 00:06:05 | 00:13:34 | 00:21:05 | 00:28:42 | 00:36:07 | 00:43:33.30 | 00:43:33.30 | 4:21 | 13.8 |
| 12 | ADAMCZYK MICHAŁ | 1 | | BOBOLICE | POL | M-40 | 3 | M 11 | 00:05:47 | 00:12:52 | 00:20:37 | 00:28:31 | 00:36:29 | 00:44:30.45 | 00:44:30.45 | 4:27 | 13.5 |
| 13 | METLICKA WIKTORIA | 36 | ULKS TALEX BORZYTUCHOM | SOMINY | POL | K-18 | 1 | K 2 | 00:06:23 | 00:14:04 | 00:21:45 | 00:29:27 | 00:37:00 | 00:44:30.90 | 00:44:30.90 | 4:27 | 13.5 |
| 14 | STREŃK PRZEMEK | 49 | | DRAWSKO POMORSKIE | POL | M-40 | 4 | M 12 | 00:06:13 | 00:13:46 | 00:21:35 | 00:29:29 | 00:37:33 | 00:45:32.40 | 00:45:32.40 | 4:33 | 13.2 |
| 15 | KRUK MARCIN | 25 | TKKF MASTERS KOSZALIN | KOSZALIN | POL | M-40 | 5 | M 13 | 00:06:22 | 00:14:09 | 00:22:11 | 00:30:10 | 00:38:21 | 00:46:39.15 | 00:46:39.15 | 4:39 | 12.9 |
| 16 | SILSKI MICHAŁ | 47 | LESZCZE | KOSZALIN | POL | M-30 | 5 | M 14 | 00:06:55 | 00:14:36 | 00:22:34 | 00:30:42 | 00:39:03 | 00:47:23.45 | 00:47:23.45 | 4:44 | 12.7 |
| 17 | PEKAŁA PIOTR | 40 | | KOSZALIN | POL | M-50 | 5 | M 15 | 00:06:48 | 00:14:55 | 00:23:07 | 00:31:25 | 00:39:42 | 00:47:42.45 | 00:47:42.45 | 4:46 | 12.6 |
| 18 | SIUDOWSKI ROBERT | 48 | | KOSZALIN | POL | M-30 | 6 | M 16 | 00:06:02 | 00:13:46 | 00:21:55 | 00:30:39 | 00:39:07 | 00:47:50.70 | 00:47:50.70 | 4:47 | 12.5 |
| 19 | KONKEL AGNIESZKA | 22 | | KOSZALIN | POL | K-40 | 1 | K 3 | 00:06:23 | 00:14:08 | 00:22:16 | 00:30:44 | 00:39:23 | 00:47:58.30 | 00:47:58.30 | 4:47 | 12.5 |
| 20 | BARTEL MATEUSZ | 3 | #ZABIEGANINOCA | ZŁOTÓW | POL | M-30 | 7 | M 17 | 00:06:25 | 00:14:17 | 00:22:34 | 00:31:11 | 00:40:12 | 00:48:47.05 | 00:48:47.05 | 4:52 | 12.3 |
| 21 | KRZEWIŃSKA MAŁGORZATA | 27 | TKKF KOSZALIN | KOSZALIN | POL | K-60 | 1 | K 4 | 00:07:08 | 00:15:39 | 00:24:16 | 00:32:53 | 00:41:34 | 00:50:07.30 | 00:50:07.30 | 5:00 | 12 |
| 22 | LEWANDOWSKA ANNA | 29 | | KOSZALIN | POL | K-30 | 2 | K 5 | 00:06:54 | 00:15:32 | 00:24:06 | 00:32:52 | 00:42:14 | 00:51:07.20 | 00:51:07.20 | 5:06 | 11.7 |
| 23 | KUBIAK KATARZYNA | 28 | | GNIEZNO | POL | K-40 | 2 | K 6 | 00:07:04 | 00:15:35 | 00:24:20 | 00:33:16 | 00:42:21 | 00:51:14.25 | 00:51:14.25 | 5:07 | 11.7 |
| 24 | TYLMAN PIOTR | 61 | RUNDORFINA | CZAPLINEK | POL | M-40 | 6 | M 18 | 00:06:23 | 00:14:04 | 00:22:14 | 00:32:56 | 00:42:18 | 00:51:37.15 | 00:51:37.15 | 5:09 | 11.6 |
| 25 | KLENIEWSKI PIOTR | 21 | | KOSZALIN | POL | M-60 | 1 | M 19 | 00:07:23 | 00:16:02 | 00:24:50 | 00:33:50 | 00:42:41 | 00:51:42.10 | 00:51:42.10 | 5:10 | 11.6 |
| 26 | HAMULAK DARIUSZ | 15 | BIAŁOGARD BIEGA | BIAŁOGARD | POL | M-60 | 2 | M 20 | 00:07:25 | 00:16:00 | 00:24:47 | 00:33:46 | 00:42:51 | 00:51:52.80 | 00:51:52.80 | 5:11 | 11.6 |
| 27 | RADLIŃSKA ALICJA | 43 | PUPIL KOSZALIN | KOSZALIN | POL | K-50 | 1 | K 7 | 00:07:19 | 00:16:05 | 00:25:05 | 00:34:04 | 00:43:13 | 00:52:00.80 | 00:52:00.80 | 5:12 | 11.5 |
| 28 | WYSOCKA ULA | 58 | | KOSZALIN | POL | K-40 | 3 | K 8 | 00:06:52 | 00:15:27 | 00:24:26 | 00:33:40 | 00:43:08 | 00:52:23.75 | 00:52:23.75 | 5:14 | 11.5 |
| 29 | JABŁOŃSKA KATARZYNA | 62 | | KOSZALIN | POL | K-40 | 4 | K 9 | 00:07:13 | 00:15:51 | 00:24:49 | 00:34:03 | 00:43:35 | 00:52:43.80 | 00:52:43.80 | 5:16 | 11.4 |
| 30 | SCHWARZ LUDWIK | 60 | | KOSZALIN | POL | M-50 | 6 | M 21 | 00:07:25 | 00:16:23 | 00:25:32 | 00:34:46 | 00:44:12 | 00:53:13.15 | 00:53:13.15 | 5:19 | 11.3 |
| 31 | ORŁOWSKI PAWEŁ | 39 | | SIANÓW | POL | M-50 | 7 | M 22 | 00:06:50 | 00:15:13 | 00:24:15 | 00:33:45 | 00:43:44 | 00:53:39.75 | 00:53:39.75 | 5:21 | 11.2 |
| 32 | WIĘSEK NATALIA | 55 | ULTRA WAY TEAM | KOSZALIN | POL | K-30 | 3 | K 10 | 00:06:55 | 00:15:21 | 00:24:16 | 00:33:45 | 00:43:42 | 00:53:57.95 | 00:53:57.95 | 5:23 | 11.1 |
| 33 | WIĘCKO PAWEŁ | 54 | TORNADO KOSZALIN | KOSZALIN | POL | M-18 | 2 | M 23 | 00:07:15 | 00:15:50 | 00:24:59 | 00:34:37 | 00:44:35 | 00:54:31.55 | 00:54:31.55 | 5:27 | 11 |
| 34 | OLSZAK GRZEGORZ | 38 | | KOSZALIN | POL | M-50 | 8 | M 24 | 00:07:49 | 00:16:55 | 00:26:28 | 00:36:04 | 00:45:28 | 00:54:32.45 | 00:54:32.45 | 5:27 | 11 |
| 35 | DERLIŃSKI ADAM | 11 | TORNADO KOSZALIN | KOSZALIN | POL | M-40 | 7 | M 25 | 00:07:15 | 00:15:50 | 00:25:00 | 00:34:37 | 00:44:35 | 00:54:33.10 | 00:54:33.10 | 5:27 | 11 |
| 36 | ŚLEDZ PRZEMYSŁAW | 52 | | KOSZALIN | POL | M-40 | 8 | M 26 | 00:07:13 | 00:15:53 | 00:25:24 | 00:35:09 | 00:45:14 | 00:54:57.35 | 00:54:57.35 | 5:29 | 10.9 |
| 37 | WOJDA PAULINA | 57 | | DYGOWO | POL | K-30 | 4 | K 11 | 00:07:10 | 00:16:03 | 00:25:51 | 00:35:27 | 00:45:18 | 00:55:12.35 | 00:55:12.35 | 5:31 | 10.9 |

XXII BIEG WENEDÓW - 10KM, M-30

| POS | Name and surname | No. | Club | City | NAT | Cat. | M. cat. | F/M | 1.5km | 3.2km | 4.9km | 6.6km | 8.3km | Netto | Brutto | min/km | km/h |
|-----|--------------------|-----|--|-----------|-----|------|---------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | SZYMAŃSKI ŁUKASZ | 51 | ZALEWSKI PERFORMANCE ACADEMY/BP POBIEROWO | POBIEROWO | POL | M-30 | 1 | M 1 | 00:05:18 | 00:11:36 | 00:17:58 | 00:24:28 | 00:31:05 | 00:37:43.00 | 00:37:43.00 | 3:46 | 15.9 |
| 2 | PIENIAWSKI MATEUSZ | 42 | | KOSZALIN | POL | M-30 | 2 | M 7 | 00:05:47 | 00:12:43 | 00:19:50 | 00:27:13 | 00:34:38 | 00:41:53.05 | 00:41:53.05 | 4:11 | 14.3 |
| 3 | SAWICKI MARCIN | 46 | | KOSZALIN | POL | M-30 | 3 | M 8 | 00:06:13 | 00:13:30 | 00:20:47 | 00:28:13 | 00:35:32 | 00:42:31.85 | 00:42:31.85 | 4:15 | 14.1 |
| 4 | FLORCZYK WOJTEK | 12 | | KOSZALIN | POL | M-30 | 4 | M 10 | 00:06:05 | 00:13:34 | 00:21:05 | 00:28:42 | 00:36:07 | 00:43:33.30 | 00:43:33.30 | 4:21 | 13.8 |
| 5 | SILSKI MICHAŁ | 47 | LESZCZE | KOSZALIN | POL | M-30 | 5 | M 14 | 00:06:55 | 00:14:36 | 00:22:34 | 00:30:42 | 00:39:03 | 00:47:23.45 | 00:47:23.45 | 4:44 | 12.7 |
| 6 | SIUDOWSKI ROBERT | 48 | | KOSZALIN | POL | M-30 | 6 | M 16 | 00:06:02 | 00:13:46 | 00:21:55 | 00:30:39 | 00:39:07 | 00:47:50.70 | 00:47:50.70 | 4:47 | 12.5 |
| 7 | BARTEL MATEUSZ | 3 | #ZABIEGANINOCA | ZŁOTÓW | POL | M-30 | 7 | M 17 | 00:06:25 | 00:14:17 | 00:22:34 | 00:31:11 | 00:40:12 | 00:48:47.05 | 00:48:47.05 | 4:52 | 12.3 |
| 8 | WIĘSEK ARTUR | 64 | | KOSZALIN | POL | M-30 | 8 | M 29 | 00:07:59 | 00:17:22 | 00:27:03 | 00:36:59 | 00:47:55 | 00:57:58.75 | 00:57:58.75 | 5:47 | 10.4 |

XXII BIEG WENEDÓW - 10KM, K-40

| POS | Name and surname | No. | Club | City | NAT | Cat. | M. cat. | F/M | 1.5km | 3.2km | 4.9km | 6.6km | 8.3km | Netto | Brutto | min/km | km/h |
|-----|---------------------|-----|------|----------|-----|------|---------|-----|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | KONKEL AGNIESZKA | 22 | | KOSZALIN | POL | K-40 | 1 | K 3 | 00:06:23 | 00:14:08 | 00:22:16 | 00:30:44 | 00:39:23 | 00:47:58.30 | 00:47:58.30 | 4:47 | 12.5 |
| 2 | KUBIAK KATARZYNA | 28 | | GNIEZNO | POL | K-40 | 2 | K 6 | 00:07:04 | 00:15:35 | 00:24:20 | 00:33:16 | 00:42:21 | 00:51:14.25 | 00:51:14.25 | 5:07 | 11.7 |
| 3 | WYSOCKA ULA | 58 | | KOSZALIN | POL | K-40 | 3 | K 8 | 00:06:52 | 00:15:27 | 00:24:26 | 00:33:40 | 00:43:08 | 00:52:23.75 | 00:52:23.75 | 5:14 | 11.5 |
| 4 | JABŁOŃSKA KATARZYNA | 62 | | KOSZALIN | POL | K-40 | 4 | K 9 | 00:07:13 | 00:15:51 | 00:24:49 | 00:34:03 | 00:43:35 | 00:52:43.80 | 00:52:43.80 | 5:16 | 11.4 |

XXII BIEG WENEDÓW - 10KM, M-40

| POS | Name and surname | No. | Club | City | NAT | Cat. | M. cat. | F/M | 1.5km | 3.2km | 4.9km | 6.6km | 8.3km | Netto | Brutto | min/km | km/h |
|-----|----------------------|-----|--|----------------------|-----|------|---------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | CZAPLIŃSKI JACEK | 10 | | KOSZALIN | POL | M-40 | 1 | M 3 | 00:05:33 | 00:12:06 | 00:18:49 | 00:25:44 | 00:32:52 | 00:40:08.70 | 00:40:08.70 | 4:00 | 15 |
| 2 | WITKIEWICZ ERYK | 56 | KLUB BIEGACZA DZIESIĄTKA BIALOGARD | BIALOGARD | POL | M-40 | 2 | M 6 | 00:05:47 | 00:12:35 | 00:19:36 | 00:26:49 | 00:34:01 | 00:41:12.10 | 00:41:12.10 | 4:07 | 14.6 |
| 3 | ADAMCZYK MICHAŁ | 1 | | BOBOLICE | POL | M-40 | 3 | M 11 | 00:05:47 | 00:12:52 | 00:20:37 | 00:28:31 | 00:36:29 | 00:44:30.45 | 00:44:30.45 | 4:27 | 13.5 |
| 4 | STREŃK PRZEMEK | 49 | | DRAWSKO POMORSKIE | POL | M-40 | 4 | M 12 | 00:06:13 | 00:13:46 | 00:21:35 | 00:29:29 | 00:37:33 | 00:45:32.40 | 00:45:32.40 | 4:33 | 13.2 |
| 5 | KRUK MARCIN | 25 | TKKF MASTERS KOSZALIN | KOSZALIN | POL | M-40 | 5 | M 13 | 00:06:22 | 00:14:09 | 00:22:11 | 00:30:10 | 00:38:21 | 00:46:39.15 | 00:46:39.15 | 4:39 | 12.9 |
| 6 | TYLMAN PIOTR | 61 | RUNDORFINA | CZAPLINEK | POL | M-40 | 6 | M 18 | 00:06:23 | 00:14:04 | 00:22:14 | 00:32:56 | 00:42:18 | 00:51:37.15 | 00:51:37.15 | 5:09 | 11.6 |
| 7 | DERLIŃSKI ADAM | 11 | TORNADO KOSZALIN | KOSZALIN | POL | M-40 | 7 | M 25 | 00:07:15 | 00:15:50 | 00:25:00 | 00:34:37 | 00:44:35 | 00:54:33.10 | 00:54:33.10 | 5:27 | 11 |
| 8 | ŚLEDŹ PRZEMYSŁAW | 52 | | KOSZALIN | POL | M-40 | 8 | M 26 | 00:07:13 | 00:15:53 | 00:25:24 | 00:35:09 | 00:45:14 | 00:54:57.35 | 00:54:57.35 | 5:29 | 10.9 |
| 9 | GIBES MACIEJ | 13 | | KOSZALIN | POL | M-40 | 9 | M 27 | 00:07:32 | 00:16:30 | 00:25:59 | 00:36:00 | 00:46:09 | 00:55:59.45 | 00:55:59.45 | 5:35 | 10.7 |
| 10 | LISOWSKI KRZYSZTOF | 30 | | SKWIERZYŃKA | POL | M-40 | 10 | M 28 | 00:07:31 | 00:16:47 | 00:26:31 | 00:36:33 | 00:46:53 | 00:56:59.30 | 00:56:59.30 | 5:41 | 10.5 |
| 11 | MIAŁASZEWSKI PRZEMEK | 37 | AMBRA POLSKA | KOSZALIN | POL | M-40 | 11 | M 30 | 00:07:35 | 00:16:54 | 00:28:03 | 00:37:54 | 00:47:58 | 00:58:11.75 | 00:58:11.75 | 5:49 | 10.3 |
| 12 | HRYCIÓW PAWEŁ | 16 | | BIAŁOGARD | POL | M-40 | 12 | M 32 | 00:08:07 | 00:18:20 | 00:28:39 | 00:38:55 | 00:49:15 | 00:58:50.30 | 00:58:50.30 | 5:53 | 10.2 |
| 13 | KAMIŃSKI TOMASZ | 19 | JW1223 | KOSZALIN | POL | M-40 | 13 | M 34 | 00:08:02 | 00:17:44 | 00:27:48 | 00:38:27 | 00:49:14 | 00:59:39.35 | 00:59:39.35 | 5:57 | 10.1 |

XXII BIEG WENEDÓW - 10KM, K-50

| POS | Name and surname | No. | Club | City | NAT | Cat. | M. cat. | F/M | 1.5km | 3.2km | 4.9km | 6.6km | 8.3km | Netto | Brutto | min/km | km/h |
|-----|------------------|-----|----------------|----------|-----|------|---------|-----|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | RADLIŃSKA ALICJA | 43 | PUPIL KOSZALIN | KOSZALIN | POL | K-50 | 1 | K 7 | 00:07:19 | 00:16:05 | 00:25:05 | 00:34:04 | 00:43:13 | 00:52:00.80 | 00:52:00.80 | 5:12 | 11.5 |

XXII BIEG WENEDÓW - 10KM, M-50

| POS | Name and surname | No. | Club | City | NAT | Cat. | M. cat. | F/M | 1.5km | 3.2km | 4.9km | 6.6km | 8.3km | Netto | Brutto | min/km | km/h |
|-----|-------------------|-----|---------------|-----------|-----|------|---------|-----|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | MACKOJĆ KRZYSZTOF | 31 | EL-MACKOJĆ | KOŁOBRZEG | POL | M-50 | 1 | M 2 | 00:05:42 | 00:12:21 | 00:18:59 | 00:25:43 | 00:32:30 | 00:39:19.45 | 00:39:19.45 | 3:55 | 15.3 |
| 2 | WALEŃSKI MICHAŁ | 59 | TKKF KOSZALIN | SKIBIENKO | POL | M-50 | 2 | M 5 | 00:05:48 | 00:12:42 | 00:19:43 | 00:26:45 | 00:33:50 | 00:40:45.70 | 00:40:45.70 | 4:04 | 14.7 |

XXII BIEG WENEDÓW - 10KM, M-50 c.d.

| POS | Name and surname | No. | Club | City | NAT | Cat. | M. cat. | F/M | 1.5km | 3.2km | 4.9km | 6.6km | 8.3km | Netto | Brutto | min/km | km/h |
|-----|-------------------|-----|----------------|----------|-----|------|---------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 3 | RADLIŃSKI LEOPOLD | 44 | PUPIL KOSZALIN | KOSZALIN | POL | M-50 | 3 | M 9 | 00:06:05 | 00:13:18 | 00:20:37 | 00:27:57 | 00:35:19 | 00:42:32.50 | 00:42:32.50 | 4:15 | 14.1 |
| 4 | BURDA ROBERT | 8 | KOSPEL | KOSZALIN | POL | M-50 | 4 | M 35 | 00:05:58 | 00:13:07 | 00:20:28 | 00:28:04 | 00:35:36 | 00:42:56.45 | 01:01:37.45 | 4:17 | 14 |
| 5 | PEKAŁA PIOTR | 40 | | KOSZALIN | POL | M-50 | 5 | M 15 | 00:06:48 | 00:14:55 | 00:23:07 | 00:31:25 | 00:39:42 | 00:47:42.45 | 00:47:42.45 | 4:46 | 12.6 |
| 6 | SCHWARZ LUDWIK | 60 | | KOSZALIN | POL | M-50 | 6 | M 21 | 00:07:25 | 00:16:23 | 00:25:32 | 00:34:46 | 00:44:12 | 00:53:13.15 | 00:53:13.15 | 5:19 | 11.3 |
| 7 | ORŁOWSKI PAWEŁ | 39 | | SIANÓW | POL | M-50 | 7 | M 22 | 00:06:50 | 00:15:13 | 00:24:15 | 00:33:45 | 00:43:44 | 00:53:39.75 | 00:53:39.75 | 5:21 | 11.2 |
| 8 | OLSZAK GRZEGORZ | 38 | | KOSZALIN | POL | M-50 | 8 | M 24 | 00:07:49 | 00:16:55 | 00:26:28 | 00:36:04 | 00:45:28 | 00:54:32.45 | 00:54:32.45 | 5:27 | 11 |

XXII BIEG WENEDÓW - 10KM, K-60

| POS | Name and surname | No. | Club | City | NAT | Cat. | M. cat. | F/M | 1.5km | 3.2km | 4.9km | 6.6km | 8.3km | Netto | Brutto | min/km | km/h |
|-----|-----------------------|-----|---------------|----------|-----|------|---------|-----|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | KRZEWIŃSKA MAŁGORZATA | 27 | TKKF KOSZALIN | KOSZALIN | POL | K-60 | 1 | K 4 | 00:07:08 | 00:15:39 | 00:24:16 | 00:32:53 | 00:41:34 | 00:50:07.30 | 00:50:07.30 | 5:00 | 12 |

XXII BIEG WENEDÓW - 10KM, M-60

| POS | Name and surname | No. | Club | City | NAT | Cat. | M. cat. | F/M | 1.5km | 3.2km | 4.9km | 6.6km | 8.3km | Netto | Brutto | min/km | km/h |
|-----|------------------|-----|-----------------|-----------|-----|------|---------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | KLENIEWSKI PIOTR | 21 | | KOSZALIN | POL | M-60 | 1 | M 19 | 00:07:23 | 00:16:02 | 00:24:50 | 00:33:50 | 00:42:41 | 00:51:42.10 | 00:51:42.10 | 5:10 | 11.6 |
| 2 | HAMULAK DARIUSZ | 15 | BIAŁOGARD BIEGA | BIAŁOGARD | POL | M-60 | 2 | M 20 | 00:07:25 | 00:16:00 | 00:24:47 | 00:33:46 | 00:42:51 | 00:51:52.80 | 00:51:52.80 | 5:11 | 11.6 |
| 3 | WALO ZBIGNIEW | 53 | X | KOSZALIN | POL | M-60 | 3 | M 38 | 00:08:43 | 00:19:41 | 00:31:35 | 00:43:56 | 00:56:18 | 01:09:07.55 | 01:09:07.55 | 6:54 | 8.7 |

XXII BIEG WENEDÓW - 10KM, M-70

| POS | Name and surname | No. | Club | City | NAT | Cat. | M. cat. | F/M | 1.5km | 3.2km | 4.9km | 6.6km | 8.3km | Netto | Brutto | min/km | km/h |
|-----|----------------------|-----|---------------|----------|-----|------|---------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | KOZŁOWIECKI WALDEMAR | 24 | TKKF KOSZALIN | KOSZALIN | POL | M-70 | 1 | M 33 | 00:08:16 | 00:18:35 | 00:28:22 | 00:38:25 | 00:48:43 | 00:59:15.80 | 00:59:15.80 | 5:55 | 10.1 |
| 2 | JUSZCZAK KRZYSZTOF | 18 | | KOSZALIN | POL | M-70 | 2 | M 36 | 00:08:16 | 00:18:46 | 00:29:39 | 00:40:52 | 00:52:07 | 01:03:15.65 | 01:03:15.65 | 6:19 | 9.5 |