

VII DYCHA NA JELENI SKOK

Organizator: Fundacja Bieg Rzeźnika
Data: 2024-06-01
Miejsce: Cisna
Dystans: 12 km
Klasyfikacja wg czasów brutto.



VII DYCHA NA JELENI SKOK, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-------------------------|------|--|------------------------|------|------|--------|------|-------------|-------------|--------|------|
| 1 | TOMASZEK HUBERT | 5278 | MKS HALICZ | USTRZYKI DOLNE | POL | M20 | 1 | M 1 | 01:01:00.70 | 01:01:00.70 | 5:05 | 11.8 |
| 2 | TROJNAR PAWEŁ | 5309 | | SOBÓTKA | POL | M30 | 1 | M 2 | 01:01:14.25 | 01:01:14.25 | 5:06 | 11.8 |
| 3 | WOŚ MICHAŁ | 5349 | KLUB LEKKOATLETYCZNY ZIEMIA KŁODZKA/TRENER SKLEP TEAM | OŁDRZYCHOWICE KŁODZKIE | POL | M30 | 2 | M 3 | 01:05:19.35 | 01:05:19.35 | 5:26 | 11 |
| 4 | TARGOSZ MICHAŁ | 5276 | RUNPROGRESS.PL | KRAKÓW | POL | M40 | 1 | M 4 | 01:06:38.20 | 01:06:38.20 | 5:33 | 10.8 |
| 5 | PARMEE ALEXANDER | 5157 | ŻÓRAWSKI TEAM | WARSZAWA | POL | M30 | 3 | M 5 | 01:07:36.00 | 01:07:36.00 | 5:38 | 10.7 |
| 6 | RESZKA MAREK | 5334 | RUNA RADICAL PRO | LUBLIN | POL | M30 | 4 | M 6 | 01:07:39.15 | 01:07:39.15 | 5:38 | 10.6 |
| 7 | PEŁDIAK MATEUSZ | 5348 | KB ATHLETIC ZRĘCIN | KROSNO | POL | M30 | 5 | M 7 | 01:08:53.00 | 01:08:53.00 | 5:44 | 10.5 |
| 8 | JARZĘBOWICZ PAWEŁ | 5351 | ZADYSZKA OŚWIĘCIM | ZABORZE | POL | M40 | 2 | M 8 | 01:08:54.00 | 01:08:54.00 | 5:44 | 10.4 |
| 9 | SOKOŁOWSKI MAREK | 5055 | ALPIN SPORT TEAM | MYŚLOWICE-WESOŁA | POL | M50 | 1 | M 9 | 01:08:57.75 | 01:08:57.75 | 5:44 | 10.4 |
| 10 | ŚWIERAD KRYSZTOF | 5297 | | TURZAŃSK | POL | M20 | 2 | M 10 | 01:09:07.45 | 01:09:07.45 | 5:45 | 10.4 |
| 11 | ŚCIESZKA WOJCIECH | 5130 | | KRAKÓW | POL | M50 | 2 | M 11 | 01:09:22.95 | 01:09:22.95 | 5:46 | 10.4 |
| 12 | WIĘCEK DAMIAN | 5268 | PAPPYN RUNNING TEAM | STOBIERNA | POL | M20 | 3 | M 12 | 01:09:27.25 | 01:09:27.25 | 5:47 | 10.4 |
| 13 | STACHURSKI PAWEŁ | 5316 | | ŁAŃCUT | POL | M40 | 3 | M 13 | 01:09:43.00 | 01:09:43.00 | 5:48 | 10.3 |
| 14 | MLAŚ IRENEUSZ | 5330 | IPA PRZEMYSŁ | FREDROPOL | POL | M30 | 6 | M 14 | 01:09:44.65 | 01:09:44.65 | 5:48 | 10.3 |
| 15 | OSIECKA ZOSIA | 5136 | | LUTOWISKA | POL | K20 | 1 | K 1 | 01:09:47.25 | 01:09:47.25 | 5:48 | 10.3 |
| 16 | JUSZCZAK PIOTR | 5296 | NIEZRZESZONY | KRYSPIŃÓW | POL | M30 | 7 | M 15 | 01:09:51.85 | 01:09:51.85 | 5:49 | 10.3 |
| 17 | ZAWADZKI MARCIN | 5037 | SZCZWANY TRZMIEL TEAM | LUBENIA | POL | M40 | 4 | M 16 | 01:10:10.10 | 01:10:10.10 | 5:50 | 10.3 |
| 18 | LIS-PASIONEK MAŁGORZATA | 5332 | | LESKO | POL | K40 | 1 | K 2 | 01:10:15.55 | 01:10:15.55 | 5:51 | 10.2 |
| 19 | JACHIMOWSKI JAROSŁAW | 5005 | SANOK BIEGA | WUJSKIE | POL | M40 | 5 | M 17 | 01:10:23.30 | 01:10:23.30 | 5:51 | 10.2 |
| 20 | WIĘCEK MAREK | 5250 | PAPPYN RUNNING TEAM | RANIŻÓW | POL | M20 | 4 | M 18 | 01:10:54.65 | 01:10:54.65 | 5:54 | 10.2 |
| 21 | NASPIŃSKI MICHAŁ | 5046 | JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ | WIĄZOWNICA | POL | M20 | 5 | M 19 | 01:11:04.45 | 01:11:04.45 | 5:55 | 10.1 |
| 22 | MARSZAŁEK EWA | 5049 | KROSSKI REMSPORT | RZESZÓW | POL | K40 | 2 | K 3 | 01:12:32.30 | 01:12:32.30 | 6:02 | 9.9 |
| 23 | OCHYRA KONRAD | 5277 | SOLINA TEAM | LESKO | POL | M30 | 8 | M 20 | 01:12:56.50 | 01:12:56.50 | 6:04 | 9.9 |
| 24 | LEŚ MICHAŁ | 5356 | SANOK BIEGA | SANOK | POL | M30 | 9 | M 21 | 01:13:05.95 | 01:13:05.95 | 6:05 | 9.9 |
| 25 | BOLECHOWSKA DOMINIKA | 5006 | | RABKA ZDRÓJ | POL | K40 | 3 | K 4 | 01:13:33.80 | 01:13:33.80 | 6:07 | 9.8 |
| 26 | WER ANNA | 5215 | TOMICA COACHING | CIESZYN | POL | K30 | 1 | K 5 | 01:14:29.00 | 01:14:29.00 | 6:12 | 9.7 |
| 27 | KUBICKI JAKUB | 5133 | | GLIWICE | POL | M20 | 6 | M 22 | 01:14:39.15 | 01:14:39.15 | 6:13 | 9.6 |
| 28 | SOŁTYS MATEUSZ | 5237 | | GROMNIK | POL | M20 | 7 | M 23 | 01:14:50.65 | 01:14:50.65 | 6:14 | 9.6 |
| 29 | JANICKI TOMASZ | 5116 | | ĆMIELÓW | POL | M20 | 8 | M 24 | 01:14:55.60 | 01:14:55.60 | 6:14 | 9.6 |
| 30 | HOŁOWATY RENATA | 5343 | SANOK BIEGA | RZEPEDZ | POL | K30 | 2 | K 6 | 01:15:05.05 | 01:15:05.05 | 6:15 | 9.6 |
| 31 | MUSIALIK MAGDALENA | 5052 | RZESZÓW | RZESZÓW | POL | K40 | 4 | K 7 | 01:15:19.15 | 01:15:19.15 | 6:16 | 9.6 |
| 32 | KOĆWIN JAKUB | 5042 | LDB | SZARLEJKA | POL | M30 | 10 | M 25 | 01:15:23.75 | 01:15:23.75 | 6:16 | 9.6 |
| 33 | WIĘCKOWSKI WALDEMAR | 5071 | | RZESZÓW | POL | M30 | 11 | M 26 | 01:15:27.95 | 01:15:27.95 | 6:17 | 9.5 |
| 34 | BANASIK KRZYSZTOF | 5076 | | PRUCHNIK | POL | M40 | 6 | M 27 | 01:15:31.35 | 01:15:31.35 | 6:17 | 9.5 |
| 35 | KROPIWICKI MARCIN | 5148 | | BIAŁYSTOK | POL | M30 | 12 | M 28 | 01:15:40.15 | 01:15:40.15 | 6:18 | 9.5 |
| 36 | JAREMA MACIEJ | 5379 | LOKOMOTIV MAJDAN | CISNA | POL | M40 | 7 | M 29 | 01:15:48.60 | 01:15:48.60 | 6:19 | 9.5 |
| 37 | ZĄBCZYŃSKI DOMINIK | 5372 | ALPIN SPORT TEAM | JASTRZĘBIE- ZRÓJ | POL | M50 | 3 | M 30 | 01:16:24.05 | 01:16:24.05 | 6:22 | 9.4 |
| 38 | RABCZEWSKI KACPER | 5167 | AGH KRAKÓW | SUSZNO | POL | M20 | 9 | M 31 | 01:16:49.95 | 01:16:49.95 | 6:24 | 9.4 |
| 39 | MAMLA ZBIGNIEW | 5140 | BIEGIEM NA KAWĘ | WARSZAWA | POL | M50 | 4 | M 32 | 01:18:24.00 | 01:18:24.00 | 6:32 | 9.2 |
| 40 | CHILICKA MARTA | 5320 | | MIĘDZYRZEC PODLASKI | POL | K40 | 5 | K 8 | 01:18:29.50 | 01:18:29.50 | 6:32 | 9.2 |
| 41 | NOWACKI KRZYSZTOF | 5120 | POGODNI | GOWARZEWO | POL | M20 | 10 | M 33 | 01:18:49.05 | 01:18:49.05 | 6:34 | 9.1 |
| 42 | JARZĘBOWICZ BEATA | 5352 | ZADYSZKA OŚWIĘCIM | ZABORZE | POL | K40 | 6 | K 9 | 01:19:05.95 | 01:19:05.95 | 6:35 | 9.1 |
| 43 | KLIMKOWSKI TOMASZ | 5300 | | BYTOM | POL | M50 | 5 | M 34 | 01:19:40.15 | 01:19:40.15 | 6:38 | 9 |
| 44 | BANASIK MONIKA | 5075 | | PRUCHNIK | POL | K40 | 7 | K 10 | 01:19:53.55 | 01:19:53.55 | 6:39 | 9 |
| 45 | ŚWIDZIŃSKI TOMASZ | 5378 | LOKOMOTIV MAJDAN | CISNA | POL | M40 | 8 | M 35 | 01:20:20.45 | 01:20:20.45 | 6:41 | 9 |

VII DYCHA NA JELENI SKOK, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-----------------------|------|-------------------------|---------------------|------|------|--------|------|-------------|-------------|--------|------|
| 46 | SIKORSKI BŁAŻEJ | 5212 | | SOCHACZEW | POL | M30 | 13 | M 36 | 01:22:47.50 | 01:22:47.50 | 6:53 | 8.7 |
| 47 | KALETA PIOTR | 5199 | | USTRZYKI DOLNE | POL | M30 | 14 | M 37 | 01:23:11.55 | 01:23:11.55 | 6:55 | 8.7 |
| 48 | MILEWSKI MATEUSZ | 5308 | | ELK | POL | M20 | 11 | M 38 | 01:23:20.20 | 01:23:20.20 | 6:56 | 8.6 |
| 49 | ROBERT LORENS | 5182 | | SANOK | POL | M50 | 6 | M 39 | 01:23:24.05 | 01:23:24.05 | 6:57 | 8.6 |
| 50 | INDYK KAMIL | 5008 | CARPATHIAN RUNNERS | RZESZÓW | POL | M20 | 12 | M 40 | 01:23:30.05 | 01:23:30.05 | 6:57 | 8.6 |
| 51 | WAJDZIK ADAM | 5141 | | KRZESZÓW | POL | M30 | 15 | M 41 | 01:23:55.35 | 01:23:55.35 | 6:59 | 8.6 |
| 52 | ZAJĄC TOMASZ | 5161 | | GNOJNIK | POL | M50 | 7 | M 42 | 01:24:48.00 | 01:24:48.00 | 7:04 | 8.5 |
| 53 | SZANIAWSKI MARCIN | 5001 | | WARSZAWA | POL | M40 | 9 | M 43 | 01:24:51.05 | 01:24:51.05 | 7:04 | 8.5 |
| 54 | SZCZYKUTOWICZ MARTA | 5359 | | RADOM | POL | K30 | 3 | K 11 | 01:25:05.35 | 01:25:05.35 | 7:05 | 8.5 |
| 55 | NAWROT BARTŁOMIEJ | 5286 | | LESKO | POL | M30 | 16 | M 44 | 01:25:46.50 | 01:25:46.50 | 7:08 | 8.4 |
| 56 | BANCERZ SZYMON | 5310 | TRAWNIKI BIEGAJĄ | TRAWNIKI | POL | M20 | 13 | M 45 | 01:25:53.95 | 01:25:53.95 | 7:09 | 8.4 |
| 57 | GRACZYK DAMIAN | 5109 | | WYSOKA | POL | M30 | 17 | M 46 | 01:26:17.20 | 01:26:17.20 | 7:11 | 8.3 |
| 58 | WALENDA MATEUSZ | 5305 | KS KANAŁEK | GARWOLIN | POL | M30 | 18 | M 47 | 01:26:18.40 | 01:26:18.40 | 7:11 | 8.3 |
| 59 | KOZIARSKI PIOTR | 5145 | | WARSAW | POL | M40 | 10 | M 48 | 01:26:27.45 | 01:26:27.45 | 7:12 | 8.3 |
| 60 | HAJDUK WITOLD | 5132 | | MIELEC | POL | M40 | 11 | M 49 | 01:26:45.65 | 01:26:45.65 | 7:13 | 8.3 |
| 61 | ULMAN BARTŁOMIEJ | 5126 | | RZESZÓW | POL | M20 | 14 | M 50 | 01:26:48.85 | 01:26:48.85 | 7:14 | 8.3 |
| 62 | KACZMAREK MACIEJ | 5346 | WLKP MOUNTAINS ULTRA | BARANOWO | POL | M30 | 19 | M 51 | 01:27:10.05 | 01:27:10.05 | 7:15 | 8.3 |
| 63 | PIELASZKIEWICZ TOMASZ | 5190 | | STRÓŻA | POL | M40 | 12 | M 52 | 01:27:43.15 | 01:27:43.15 | 7:18 | 8.2 |
| 64 | WIKA BARTOSZ | 5127 | | POZNAŃ | POL | M30 | 20 | M 53 | 01:27:46.80 | 01:27:46.80 | 7:18 | 8.2 |
| 65 | CABAJ KRZYSZTOF | 5041 | LDB | WROCŁAW | POL | M30 | 21 | M 54 | 01:27:48.60 | 01:27:48.60 | 7:19 | 8.2 |
| 66 | BANASIEWICZ WITOLD | 5004 | SANOK BIEGA | SANOK | POL | M40 | 13 | M 55 | 01:27:55.05 | 01:27:55.05 | 7:19 | 8.2 |
| 67 | WYSOGLĄD HENRYK | 5248 | AQUA TEAM BIELSKO-BIALA | PISARZOWICE | POL | M50 | 8 | M 56 | 01:28:01.10 | 01:28:01.10 | 7:20 | 8.2 |
| 68 | KOJS KAROLINA | 5124 | ITMBW KRAKÓW | KRAKÓW | POL | K30 | 4 | K 12 | 01:28:12.30 | 01:28:12.30 | 7:21 | 8.2 |
| 69 | SKIERCZYŃSKI ŁUKASZ | 5315 | AMS | EŁK | POL | M30 | 22 | M 57 | 01:28:29.20 | 01:28:29.20 | 7:22 | 8.1 |
| 70 | SZADYKO-PAWLIK MONIKA | 5337 | | TARNOWSKIE GÓRY | POL | K20 | 2 | K 13 | 01:29:31.40 | 01:29:31.40 | 7:27 | 8 |
| 71 | LESZCZYŃSKI MICHAŁ | 5202 | | RUDNA WIELKA | POL | M40 | 14 | M 58 | 01:29:59.85 | 01:29:59.85 | 7:29 | 8 |
| 72 | ULMAN JERZY | 5125 | | RZESZÓW | POL | M60 | 1 | M 59 | 01:30:32.70 | 01:30:32.70 | 7:32 | 8 |
| 73 | KNAP MARIOLA | 5131 | SANOK BIEGA | BRZOZÓW | POL | K40 | 8 | K 14 | 01:30:37.60 | 01:30:37.60 | 7:33 | 7.9 |
| 74 | DUSZA ŁUKASZ | 5146 | | PRZEMYŚL | POL | M30 | 23 | M 60 | 01:30:46.30 | 01:30:46.30 | 7:33 | 7.9 |
| 75 | MAKOWSKI SZYMON | 5162 | | GORLICE | POL | M20 | 15 | M 61 | 01:30:52.60 | 01:30:52.60 | 7:34 | 7.9 |
| 76 | GÓRSKA URSZULA | 5183 | ISCG | WARSZAWA | POL | K40 | 9 | K 15 | 01:31:10.40 | 01:31:10.40 | 7:35 | 7.9 |
| 77 | RUTYNA DAWID | 5255 | | GREBOW | POL | M20 | 16 | M 62 | 01:31:31.00 | 01:31:31.00 | 7:37 | 7.9 |
| 78 | ISKRZYCKI ANDRZEJ | 5365 | | RZESZÓW | POL | M50 | 9 | M 63 | 01:31:42.45 | 01:31:42.45 | 7:38 | 7.9 |
| 79 | BOGUSZ KONRAD | 5363 | | ŁĘG TARNOWSKI | POL | M30 | 24 | M 64 | 01:31:54.15 | 01:31:54.15 | 7:39 | 7.8 |
| 80 | KUBACZYK ARTUR | 5281 | | POZNAŃ | POL | M30 | 25 | M 65 | 01:31:57.60 | 01:31:57.60 | 7:39 | 7.8 |
| 81 | JANKOWSKI MICHAŁ | 5225 | | KLUCZE | POL | M40 | 15 | M 66 | 01:32:01.85 | 01:32:01.85 | 7:40 | 7.8 |
| 82 | SOWIŃSKI PAWEŁ | 5288 | | BIECZ | POL | M50 | 10 | M 67 | 01:32:03.20 | 01:32:03.20 | 7:40 | 7.8 |
| 83 | GUZ ŁUKASZ | 5173 | | ŁUKÓW | POL | M40 | 16 | M 68 | 01:32:06.10 | 01:32:06.10 | 7:40 | 7.8 |
| 84 | NIEMCZUK ROBERT | 5291 | | SMEREK | POL | M40 | 17 | M 69 | 01:32:11.55 | 01:32:11.55 | 7:40 | 7.8 |
| 85 | WOJTAŁ PRZEMYSŁAW | 5033 | | KONSTANTYNÓW ŁÓDZKI | POL | M30 | 26 | M 70 | 01:32:13.30 | 01:32:13.30 | 7:41 | 7.8 |
| 86 | WALASZEK KAROLINA | 5342 | | KRAKÓW | POL | K30 | 5 | K 16 | 01:32:17.35 | 01:32:17.35 | 7:41 | 7.8 |
| 87 | WOJNAROWSKA WERONIKA | 5110 | | GDYNIA | POL | K30 | 6 | K 17 | 01:32:19.85 | 01:32:19.85 | 7:41 | 7.8 |
| 88 | KOZIOŁ PAWEŁ | 5160 | | DĘBICA | POL | M30 | 27 | M 71 | 01:32:22.55 | 01:32:22.55 | 7:41 | 7.8 |
| 89 | ĆWIEK KUBA | 5218 | | WARSZAWA | POL | M20 | 17 | M 72 | 01:32:37.10 | 01:32:37.10 | 7:43 | 7.8 |
| 90 | TOMALA GRZEGORZ | 5134 | SANOK BIEGA | SANOK | POL | M30 | 28 | M 73 | 01:32:42.40 | 01:32:42.40 | 7:43 | 7.8 |
| 91 | KOZACZUK MARIA | 5293 | | LUBLIN | POL | K40 | 10 | K 18 | 01:32:44.90 | 01:32:44.90 | 7:43 | 7.8 |
| 92 | GÓRSKI MACIEJ | 5269 | | WARSZAWA | POL | M50 | 11 | M 74 | 01:32:47.65 | 01:32:47.65 | 7:43 | 7.8 |
| 93 | IZDEBSKI TOMEK | 1212 | SPORT GENERATION | WARSZAWA | POL | M40 | 18 | M 75 | 01:32:49.95 | 01:32:49.95 | 7:44 | 7.8 |
| 94 | LEWICKI JAKUB | 5318 | AUTOMA.NET | SANOK | POL | M20 | 18 | M 76 | 01:32:53.40 | 01:32:53.40 | 7:44 | 7.8 |
| 95 | UJMA STANISŁAW | 5249 | GALICJABIEGA2024 | PRZEWORSK | POL | M60 | 2 | M 77 | 01:33:12.05 | 01:33:12.05 | 7:46 | 7.7 |
| 96 | WRÓŃSKI JAKUB | 5061 | | WARSZAWA | POL | M30 | 29 | M 78 | 01:33:23.30 | 01:33:23.30 | 7:46 | 7.7 |
| 97 | WYDMAŃSKI PAWEŁ | 5224 | KOBYLICA | ZALESIE GOLCZOWSKIE | POL | M40 | 19 | M 79 | 01:33:38.25 | 01:33:38.25 | 7:48 | 7.7 |
| 98 | ROGULSKA MONIKA | 5211 | | WARSZAWA | POL | K30 | 7 | K 19 | 01:33:43.60 | 01:33:43.60 | 7:48 | 7.7 |
| 99 | SIKORSKA MAGDALENA | 5213 | | SOCHACZEW | POL | K30 | 8 | K 20 | 01:33:43.75 | 01:33:43.75 | 7:48 | 7.7 |
| 100 | KIECA KRZYSZTOF | 5206 | | JASŁO | POL | M40 | 20 | M 80 | 01:33:45.80 | 01:33:45.80 | 7:48 | 7.7 |
| 101 | STASZCZYK ANIA | 5251 | BKB CZARNA PERŁA | BRZESKO | POL | K40 | 11 | K 21 | 01:33:54.45 | 01:33:54.45 | 7:49 | 7.7 |
| 102 | KOBIELSKI MARCIN | 5327 | | PRZEWORSK | POL | M40 | 21 | M 81 | 01:34:21.70 | 01:34:21.70 | 7:51 | 7.6 |

VII DYCHA NA JELENI SKOK, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|------------------------|------|---|----------------------|------|------|--------|-------|-------------|-------------|--------|------|
| 103 | MARZEŃKI MICHAŁ | 5373 | | WARSZAWA | POL | M40 | 22 | M 82 | 01:34:25.65 | 01:34:25.65 | 7:52 | 7.6 |
| 104 | SZERSZEŃ DAMIAN | 5159 | | DEBICA | POL | M20 | 19 | M 83 | 01:34:39.75 | 01:34:39.75 | 7:53 | 7.6 |
| 105 | KUKUŁKA ADAM | 5079 | | RYGLICE | POL | M20 | 20 | M 84 | 01:34:47.65 | 01:34:47.65 | 7:53 | 7.6 |
| 106 | ŁUKASIEWICZ JAROSŁAW | 5069 | | RZESZÓW | POL | M50 | 12 | M 85 | 01:34:53.15 | 01:34:53.15 | 7:54 | 7.6 |
| 107 | MAZUR GRZEGORZ | 5311 | | ZGORZAŁA | POL | M40 | 23 | M 86 | 01:35:10.15 | 01:35:10.15 | 7:55 | 7.6 |
| 108 | PARZNIIEWSKI MACIEJ | 5104 | TOWARZYSTWO TOWARZYSTWO AKS POLONIA WARSZAWA | NOWY DWÓR MAZOWIECKI | POL | M40 | 24 | M 87 | 01:35:18.65 | 01:35:18.65 | 7:56 | 7.6 |
| 109 | BUDZYN DOMINIKA | 5063 | | KRAKÓW | POL | K30 | 9 | K 22 | 01:35:40.95 | 01:35:40.95 | 7:58 | 7.5 |
| 110 | PLAWECKI DARIUSZ | 5253 | | WROCLAW | POL | M30 | 30 | M 88 | 01:35:47.95 | 01:35:47.95 | 7:58 | 7.5 |
| 111 | KOMAN IGA | 5273 | FITMAMY GRZEPNICA | GRZEPNICA | POL | K30 | 10 | K 23 | 01:36:13.30 | 01:36:13.30 | 8:01 | 7.5 |
| 112 | ROŹKIEWICZ LESZEK | 5122 | | RZESZÓW | POL | M40 | 25 | M 89 | 01:36:29.15 | 01:36:29.15 | 8:02 | 7.5 |
| 113 | GUCAJMA IZABELA | 5242 | | WYSZKÓW | POL | K30 | 11 | K 24 | 01:36:48.45 | 01:36:48.45 | 8:04 | 7.4 |
| 114 | WRÓBEL BARTŁOMIEJ | 5329 | CISNA GÓRA | CISNA | POL | M40 | 26 | M 90 | 01:37:17.75 | 01:37:17.75 | 8:06 | 7.4 |
| 115 | KRUPA JACEK | 5298 | LEBIODA RUNNING TEAM | RUDA | POL | M50 | 13 | M 91 | 01:37:42.20 | 01:37:42.20 | 8:08 | 7.4 |
| 116 | KOWALSKI TOMASZ | 5153 | | GLIWICE | POL | M40 | 27 | M 92 | 01:38:21.60 | 01:38:21.60 | 8:11 | 7.3 |
| 117 | SIKORSKA AGNIESZKA | 5317 | TRI SEXY | POGÓRZE | POL | K40 | 12 | K 25 | 01:38:25.45 | 01:38:25.45 | 8:12 | 7.3 |
| 118 | IMIOŁCZYK PRZEMYSŁAW | 5221 | KOMANDOS | BYTOM | POL | M20 | 21 | M 93 | 01:38:28.80 | 01:38:28.80 | 8:12 | 7.3 |
| 119 | PERKA TOMEK | 5319 | WIECZORNE BIEGANIE W OPOLU | OPOLE | POL | M50 | 14 | M 94 | 01:38:34.80 | 01:38:34.80 | 8:12 | 7.3 |
| 120 | STRÓŻIK BARBARA | 5144 | JJ RUNNERS TEAM | ZABRZE | POL | K20 | 3 | K 26 | 01:38:53.25 | 01:38:53.25 | 8:14 | 7.3 |
| 121 | ULICZNY MICHAŁ | 5135 | | WARSZAWA | POL | M20 | 22 | M 95 | 01:39:13.90 | 01:39:13.90 | 8:16 | 7.3 |
| 122 | JELONEK RAFAŁ | 5031 | CEDRUS TEAM | HERBY | POL | M40 | 28 | M 96 | 01:39:15.45 | 01:39:15.45 | 8:16 | 7.3 |
| 123 | KUJON KAROLINA | 5179 | | RUDA ŚLĄSKA | POL | K30 | 12 | K 27 | 01:39:51.80 | 01:39:51.80 | 8:19 | 7.2 |
| 124 | PAWEŁKÓW ALICJA | 5312 | | GLIWICE | POL | K30 | 13 | K 28 | 01:39:51.95 | 01:39:51.95 | 8:19 | 7.2 |
| 125 | WIECZOREK MATEUSZ | 5357 | | BŁOTNICA STRZELECKA | POL | M30 | 31 | M 97 | 01:39:52.60 | 01:39:52.60 | 8:19 | 7.2 |
| 126 | BOBYK PAWEŁ | 5238 | | SANOK | POL | M40 | 29 | M 98 | 01:39:54.25 | 01:39:54.25 | 8:19 | 7.2 |
| 127 | SZCZUDLIK MAŁGORZATA | 5030 | SZALENI BIEGACZE GNIEZNO | TRZEMESZNO | POL | K40 | 13 | K 29 | 01:40:03.20 | 01:40:03.20 | 8:20 | 7.2 |
| 128 | DRAGUŁA-LIS ANDŻELIKA | 5368 | KS DALIN MYŚLENICE | RZESZÓW | POL | K30 | 14 | K 30 | 01:40:08.30 | 01:40:08.30 | 8:20 | 7.2 |
| 129 | JAKIELASZEK MACIEJ | 5200 | | PRZEMYŚL | POL | M30 | 32 | M 99 | 01:40:25.85 | 01:40:25.85 | 8:22 | 7.2 |
| 130 | PERLIŃSKA PAULINA | 5083 | | KRAKÓW | POL | K30 | 15 | K 31 | 01:40:28.80 | 01:40:28.80 | 8:22 | 7.2 |
| 131 | FLIŚ ŁUKASZ | 5150 | AKTYWNA PSZCZYNA | PSZCZYNA | POL | M30 | 33 | M 100 | 01:40:46.85 | 01:40:46.85 | 8:23 | 7.1 |
| 132 | UJMA PAWEŁ | 5358 | | JAROSŁAW | POL | M40 | 30 | M 101 | 01:40:48.35 | 01:40:48.35 | 8:24 | 7.1 |
| 133 | OLSZYK TADEUSZ | 5119 | MKL MARATON ŚWINOUJŚCIE | ŚWINOUJŚCIE | POL | M60 | 3 | M 102 | 01:40:49.60 | 01:40:49.60 | 8:24 | 7.1 |
| 134 | DOMAŃSKA MAGDALENA | 5336 | MOJABROSKAMOJASPRAWA | ŁÓDŹ | POL | K40 | 14 | K 32 | 01:40:57.75 | 01:40:57.75 | 8:24 | 7.1 |
| 135 | MROCCZEK DAWID | 5376 | | RZESZÓW | POL | M30 | 34 | M 103 | 01:40:59.20 | 01:40:59.20 | 8:24 | 7.1 |
| 136 | SIEWRUK KATARZYNA | 5188 | WARSAW RUN CLUB | WARSZAWA | POL | K40 | 15 | K 33 | 01:41:10.70 | 01:41:10.70 | 8:25 | 7.1 |
| 137 | WIERZBICKI PIOTR | 5169 | | CISNA | POL | M30 | 35 | M 104 | 01:41:14.35 | 01:41:14.35 | 8:26 | 7.1 |
| 138 | KARCZMARCZYK AGNIESZKA | 5070 | | LUBLIN | POL | K30 | 16 | K 34 | 01:41:24.20 | 01:41:24.20 | 8:27 | 7.1 |
| 139 | KARCZMARCZYK ALBERT | 5098 | | LUBLIN | POL | M30 | 36 | M 105 | 01:41:25.25 | 01:41:25.25 | 8:27 | 7.1 |
| 140 | DZIKOWSKI JOZEF | 5267 | BKB CZARNA PERLA | TYMOWA | POL | M60 | 4 | M 106 | 01:41:28.30 | 01:41:28.30 | 8:27 | 7.1 |
| 141 | ZARZYCZNA MONIKA | 5111 | | MIELEC | POL | K40 | 16 | K 35 | 01:41:34.30 | 01:41:34.30 | 8:27 | 7.1 |
| 142 | BONICH MAGDALENA | 5137 | WIECZORNE BIEGANIE W OPOLU | OPOLE | POL | K40 | 17 | K 36 | 01:41:35.20 | 01:41:35.20 | 8:27 | 7.1 |
| 143 | KSIAŻEK DAMIAN | 5189 | SANOK BIEGA | LESKO | POL | M30 | 37 | M 107 | 01:41:38.50 | 01:41:38.50 | 8:28 | 7.1 |
| 144 | CICHOŃ SABINA | 5205 | | STARA WIEŚ | POL | K40 | 18 | K 37 | 01:41:44.15 | 01:41:44.15 | 8:28 | 7.1 |
| 145 | WOJDYŁA PATRYK | 5054 | | PRUCHNIK | POL | M30 | 38 | M 108 | 01:42:00.35 | 01:42:00.35 | 8:30 | 7.1 |
| 146 | KALINOWSKA EWA | 5038 | GRAŻKA TEAM | KRAKÓW | POL | K30 | 17 | K 38 | 01:42:01.70 | 01:42:01.70 | 8:30 | 7.1 |
| 147 | MĄDRY GRZEGORZ | 5029 | NORDIC SPORT 2021 | TRZEMESZNO | POL | M60 | 5 | M 109 | 01:42:18.30 | 01:42:18.30 | 8:31 | 7 |
| 148 | MICHAŁSKI RAFAŁ | 5151 | G4 | SIEDLCE | POL | M30 | 39 | M 110 | 01:42:21.95 | 01:42:21.95 | 8:31 | 7 |
| 149 | KAPUŚNIAK JAROSŁAW | 5180 | | ZAMOŚĆ | POL | M40 | 31 | M 111 | 01:42:33.20 | 01:42:33.20 | 8:32 | 7 |
| 150 | RADOMSKI KAMIL | 5040 | LDB | SZARLEJKA | POL | M40 | 32 | M 112 | 01:42:37.50 | 01:42:37.50 | 8:33 | 7 |
| 151 | KOBIELSKA MAGDALENA | 5226 | GALICJABIEGA | PRZEWORSK | POL | K40 | 19 | K 39 | 01:42:44.20 | 01:42:44.20 | 8:33 | 7 |
| 152 | ZDROJEWSKI DOMINIK | 5057 | ZADZIOR | WROCLAW | POL | M40 | 33 | M 113 | 01:42:46.95 | 01:42:46.95 | 8:33 | 7 |
| 153 | MASZTALSKA JOANNA | 5147 | | ZABRZE | POL | K20 | 4 | K 40 | 01:42:53.15 | 01:42:53.15 | 8:34 | 7 |
| 154 | SOSNOWSKA MARLENA | 5282 | MUSZAKI | KRAKÓW | POL | K30 | 18 | K 41 | 01:42:57.50 | 01:42:57.50 | 8:34 | 7 |
| 155 | BUGAJNY DAMIAN | 5335 | SUPERMARATON KALISZ/COLLINS AEROSPACE KALISZ | KALISZ | POL | M40 | 34 | M 114 | 01:43:00.15 | 01:43:00.15 | 8:35 | 7 |
| 156 | FIEDORCZUK ŁUKASZ | 5314 | BIMBER RUNNING TEAM | DOŁŻYCA | POL | M40 | 35 | M 115 | 01:43:10.50 | 01:43:10.50 | 8:35 | 7 |
| 157 | GORZKOWSKI MARCIN | 5259 | | NADOLANY | POL | M40 | 36 | M 116 | 01:43:22.50 | 01:43:22.50 | 8:36 | 7 |

VII DYCHA NA JELENI SKOK, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|------------------------|------|----------------------------|---------------------|------|------|--------|-------|-------------|-------------|--------|------|
| 158 | RADZIK MAGDALENA | 5035 | | DĘBICA | POL | K40 | 20 | K 42 | 01:43:28.85 | 01:43:28.85 | 8:37 | 7 |
| 159 | RADZIK MAREC | 5036 | | DĘBICA | POL | M50 | 15 | M 117 | 01:43:29.45 | 01:43:29.45 | 8:37 | 7 |
| 160 | KONCA MICHAŁ | 5246 | KB OŻARÓW MAZOWIECKI BIEGA | OŻARÓW MAZOWIECKI | POL | M20 | 23 | M 118 | 01:43:29.85 | 01:43:29.85 | 8:37 | 7 |
| 161 | FUDALJ JACEK | 5328 | | JAROSŁAW | POL | M30 | 40 | M 119 | 01:43:33.30 | 01:43:33.30 | 8:37 | 7 |
| 162 | MAZUR ADAM | 5107 | | TARNÓW | POL | M30 | 41 | M 120 | 01:43:37.75 | 01:43:37.75 | 8:38 | 6.9 |
| 163 | RACHWAŁSKA MARZENA | 5295 | | CISNA | POL | K40 | 21 | K 43 | 01:43:41.50 | 01:43:41.50 | 8:38 | 6.9 |
| 164 | KAMIŃSKA KATARZYNA | 5355 | | KOMORÓW | POL | K30 | 19 | K 44 | 01:43:43.70 | 01:43:43.70 | 8:38 | 6.9 |
| 165 | KUCWAJ-BRYSZ KATARZYNA | 5261 | SKAWINA BIEGA | RADZISZÓW | POL | K30 | 20 | K 45 | 01:43:59.70 | 01:43:59.70 | 8:39 | 6.9 |
| 166 | KOZIOŁ MICHAŁ | 5158 | | DĘBICA | POL | M30 | 42 | M 121 | 01:44:12.55 | 01:44:12.55 | 8:41 | 6.9 |
| 167 | MIRKIEWICZ MARCIN | 5275 | | CZELADŹ | POL | M30 | 43 | M 122 | 01:44:17.75 | 01:44:17.75 | 8:41 | 6.9 |
| 168 | MAZUR KATARZYNA | 5101 | UKS AZYMUT PABIANICE | PABIANICE | POL | K40 | 22 | K 46 | 01:44:22.00 | 01:44:22.00 | 8:41 | 6.9 |
| 169 | KRUCZYK MARCIN | 5339 | OPERACJA BIESZCZADY | WARSZAWA | POL | M40 | 37 | M 123 | 01:44:37.05 | 01:44:37.05 | 8:43 | 6.9 |
| 170 | MERCİK ANDRZEJ | 5080 | | ŁĘŻANY | POL | M50 | 16 | M 124 | 01:44:38.65 | 01:44:38.65 | 8:43 | 6.9 |
| 171 | GABRYJÓNCZYK BARTOSZ | 5019 | | ŁÓDŹ | POL | M30 | 44 | M 125 | 01:44:40.70 | 01:44:40.70 | 8:43 | 6.9 |
| 172 | SROCZYŃSKA EMILIA | 5374 | KB MCKIS JAWORZNO | WARSZAWA | POL | K40 | 23 | K 47 | 01:44:54.15 | 01:44:54.15 | 8:44 | 6.9 |
| 173 | KAPUSTA MIŁOSZ | 5321 | CHŁODNIA MOKRE GOATED | MOKRE | POL | M20 | 24 | M 126 | 01:45:02.40 | 01:45:02.40 | 8:45 | 6.9 |
| 174 | STEBEL PIOTR | 5043 | PRZEWODNIK | SKOCZÓW | POL | M50 | 17 | M 127 | 01:45:30.00 | 01:45:30.00 | 8:47 | 6.8 |
| 175 | KOCHAŁSKI DAWID | 5039 | LDB | LGOTA | POL | M30 | 45 | M 128 | 01:45:31.25 | 01:45:31.25 | 8:47 | 6.8 |
| 176 | WAWRZCZAK KINGA | 5123 | | SZCZAWNICA | POL | K20 | 5 | K 48 | 01:45:37.60 | 01:45:37.60 | 8:48 | 6.8 |
| 177 | SAR KATARZYNA | 5197 | | PRZEMYSŁ | POL | K30 | 21 | K 49 | 01:46:02.00 | 01:46:02.00 | 8:50 | 6.8 |
| 178 | DUCZYŃSKI DANIEL | 5170 | | KRAKÓW | POL | M40 | 38 | M 129 | 01:46:03.05 | 01:46:03.05 | 8:50 | 6.8 |
| 179 | PASIOŃEK BARTŁOMIEJ | 5333 | | LESKO | POL | M40 | 39 | M 130 | 01:46:04.20 | 01:46:04.20 | 8:50 | 6.8 |
| 180 | GAWRON PAWEŁ | 5228 | KONIN RUN | POSADA | POL | M60 | 6 | M 131 | 01:46:24.00 | 01:46:24.00 | 8:52 | 6.8 |
| 181 | LATOSZEK MAGDALENA | 5201 | | WARSZAWA | POL | K20 | 6 | K 50 | 01:46:37.15 | 01:46:37.15 | 8:53 | 6.8 |
| 182 | ADAMCZEWSKI WIKTOR | 5299 | | WARSZAWA | POL | M40 | 40 | M 132 | 01:46:41.20 | 01:46:41.20 | 8:53 | 6.7 |
| 183 | TRUSZKOWSKA EDYTA | 5375 | | WARSZAWA | POL | K40 | 24 | K 51 | 01:47:02.10 | 01:47:02.10 | 8:55 | 6.7 |
| 184 | ŻÓŁKIEWICZ JAKUB | 5086 | | ORZECZÓWKA | POL | M20 | 25 | M 133 | 01:47:02.80 | 01:47:02.80 | 8:55 | 6.7 |
| 185 | ŻÓŁKIEWICZ MARCIN | 5085 | PIĘTNASTKA | JASJENICA ROSIELNA | POL | M40 | 41 | M 134 | 01:47:02.95 | 01:47:02.95 | 8:55 | 6.7 |
| 186 | ORGANIŚCIAK KRZYSZTOF | 5280 | | ROGÓW | POL | M40 | 42 | M 135 | 01:47:06.35 | 01:47:06.35 | 8:55 | 6.7 |
| 187 | KRYŚIAK MAŁGORZATA | 5154 | | KOZMIŃ WIELKOPOLSKI | POL | K30 | 22 | K 52 | 01:47:07.70 | 01:47:07.70 | 8:55 | 6.7 |
| 188 | POKRYWKA STEFAN | 4008 | | CISNA | POL | M60 | 7 | M 136 | 01:47:15.35 | 01:47:15.35 | 8:56 | 6.7 |
| 189 | PASTERNAK JAKUB | 5115 | | SZCZECIN | POL | M20 | 26 | M 137 | 01:47:17.35 | 01:47:17.35 | 8:56 | 6.7 |
| 190 | ROŹEK MACIEJ | 5301 | | CISNA | POL | M20 | 27 | M 138 | 01:47:34.50 | 01:47:34.50 | 8:57 | 6.7 |
| 191 | GUZ WERONIKA | 5222 | | WARSZAWA | POL | K30 | 23 | K 53 | 01:48:08.05 | 01:48:08.05 | 9:00 | 6.7 |
| 192 | GROCHOWSKI ŁUKASZ | 5021 | LUKSUS | WARSZAWA | POL | M30 | 46 | M 139 | 01:48:35.40 | 01:48:35.40 | 9:02 | 6.6 |
| 193 | KIKUT MARCIN | 5149 | | LUSOWO | POL | M40 | 43 | M 140 | 01:48:37.10 | 01:48:37.10 | 9:03 | 6.6 |
| 194 | MISIAK PAWEŁ | 5192 | RUN TEAM TYGRYSY ORZYSZ | ORZYSZ | POL | M30 | 47 | M 141 | 01:48:39.45 | 01:48:39.45 | 9:03 | 6.6 |
| 195 | BRUCH LIDIA | 5108 | WITKOWO BIEGA | WITKOWO | POL | K30 | 24 | K 54 | 01:48:51.60 | 01:48:51.60 | 9:04 | 6.6 |
| 196 | STERLING MONIKA | 5103 | WITKOWO BIEGA | WITKOWO | POL | K40 | 25 | K 55 | 01:48:51.75 | 01:48:51.75 | 9:04 | 6.6 |
| 197 | BRYK GNIEWOMIR | 5345 | | CISNA | POL | M20 | 28 | M 142 | 01:48:58.85 | 01:48:58.85 | 9:04 | 6.6 |
| 198 | ZAJĄC JAGODA | 5344 | | JAWORZNO | POL | K20 | 7 | K 56 | 01:48:59.90 | 01:48:59.90 | 9:04 | 6.6 |
| 199 | BUKOWSKI GRZEGORZ | 5209 | | SANOK | POL | M30 | 48 | M 143 | 01:49:02.35 | 01:49:02.35 | 9:05 | 6.6 |
| 200 | RUDY MAGDALENA | 5324 | | RZESZÓW | POL | K30 | 25 | K 57 | 01:49:15.30 | 01:49:15.30 | 9:06 | 6.6 |
| 201 | KURASZ TOMASZ | 5112 | | RUDA ŚLĄSKA | POL | M40 | 44 | M 144 | 01:49:25.40 | 01:49:25.40 | 9:07 | 6.6 |
| 202 | MACIĄG-MASTERNAK MARTA | 5232 | AURARACE | ŁAZISKA GÓRNE | POL | K30 | 26 | K 58 | 01:49:46.55 | 01:49:46.55 | 9:08 | 6.6 |
| 203 | SAMSONOWICZ KRZYSZTOF | 5032 | CEDRUS TEAM | SIEMIANICE | POL | M40 | 45 | M 145 | 01:49:54.90 | 01:49:54.90 | 9:09 | 6.6 |
| 204 | ZIELONKA PAWEŁ | 5028 | | GLIWICE | POL | M50 | 18 | M 146 | 01:49:59.05 | 01:49:59.05 | 9:09 | 6.5 |
| 205 | WIERZBIĆKA EWA | 5102 | | NAGÓRZANY | POL | K50 | 1 | K 59 | 01:50:31.95 | 01:50:31.95 | 9:12 | 6.5 |
| 206 | LITWA ŁUKASZ | 5254 | FOREVER TEAM | ŚWILCZA/RZESZÓW | POL | M40 | 46 | M 147 | 01:50:35.25 | 01:50:35.25 | 9:12 | 6.5 |
| 207 | BAK LITWA EWA | 5252 | FOREVER TEAM | ŚWILCZA/RZESZÓW | POL | K40 | 26 | K 60 | 01:50:35.55 | 01:50:35.55 | 9:12 | 6.5 |
| 208 | MIKSZA MICHAŁ | 5354 | EXC MOBILE | LUBLIN | POL | M30 | 49 | M 148 | 01:50:37.85 | 01:50:37.85 | 9:13 | 6.5 |
| 209 | GRABAREK JOANNA | 5056 | KW TORUŃ | TORUŃ | POL | K30 | 27 | K 61 | 01:51:29.05 | 01:51:29.05 | 9:17 | 6.5 |
| 210 | ŚWIERCZYŃSKI JAN | 5322 | | CISNA | POL | M20 | 29 | M 149 | 01:51:33.75 | 01:51:33.75 | 9:17 | 6.5 |
| 211 | FORTUNA ELŻBIETA | 5045 | | RZESZÓW | POL | K30 | 28 | K 62 | 01:51:34.00 | 01:51:34.00 | 9:17 | 6.5 |
| 212 | DZIAGACZ MACIEJ | 5233 | | WROCLAW | POL | M30 | 50 | M 150 | 01:51:49.85 | 01:51:49.85 | 9:19 | 6.4 |
| 213 | IMIŁCZYK MARLENA | 5220 | KOMANDOS | BYTOM | POL | K40 | 27 | K 63 | 01:52:01.75 | 01:52:01.75 | 9:20 | 6.4 |
| 214 | ORGANIŚCIAK JUSTYNA | 5279 | | ROGÓW | POL | K40 | 28 | K 64 | 01:52:47.90 | 01:52:47.90 | 9:23 | 6.4 |

VII DYCHA NA JELENI SKOK, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|------------------------------|------|--|---------------------|------|------|--------|-------|-------------|-------------|--------|------|
| 215 | KOWAROWSKI ŁUKASZ | 5229 | | GRUDZIADZ | POL | M50 | 19 | M 151 | 01:53:30.10 | 01:53:30.10 | 9:27 | 6.3 |
| 216 | GRUDZIŃSKA ANGELIKA | 5271 | | LUBLIN | POL | K30 | 29 | K 65 | 01:53:44.75 | 01:53:44.75 | 9:28 | 6.3 |
| 217 | WILISOWSKI PIOTR | 5088 | 62KS | BOLESŁAWIEC | POL | M50 | 20 | M 152 | 01:53:47.25 | 01:53:47.25 | 9:28 | 6.3 |
| 218 | BIENKOWSKA DOROTA | 5203 | | RUDNA WIELKA | POL | K40 | 29 | K 66 | 01:54:09.90 | 01:54:09.90 | 9:30 | 6.3 |
| 219 | POWIERŻA ADRIAN | 5051 | | BORZYMY | POL | M30 | 51 | M 153 | 01:54:22.35 | 01:54:22.35 | 9:31 | 6.3 |
| 220 | SURZYN ALEKSANDRA | 5142 | | STRYSZAWA | POL | K30 | 30 | K 67 | 01:54:33.95 | 01:54:33.95 | 9:32 | 6.3 |
| 221 | KUCHAREK PIOTR | 5272 | | TORUŃ | POL | M40 | 47 | M 154 | 01:54:40.75 | 01:54:40.75 | 9:33 | 6.3 |
| 222 | SZNAJDER JOANNA | 5241 | | WROCŁAW | POL | K40 | 30 | K 68 | 01:54:44.65 | 01:54:44.65 | 9:33 | 6.3 |
| 223 | ĆWIEKOWSKA ANETA | 5026 | | BĘDZIN | POL | K30 | 31 | K 69 | 01:54:46.20 | 01:54:46.20 | 9:33 | 6.3 |
| 224 | KOŁODZIEJCZYK ADAM | 5027 | | BUKOWNO | POL | M40 | 48 | M 155 | 01:54:46.20 | 01:54:46.20 | 9:33 | 6.3 |
| 225 | ORLIŃSKI GRZEGORZ | 5370 | | PŁOŃSK | POL | M40 | 49 | M 156 | 01:54:48.75 | 01:54:48.75 | 9:34 | 6.3 |
| 226 | KWIATKOWSKA TATIANA | 5003 | GROŹNE REKINY | KOWALE | POL | K20 | 8 | K 70 | 01:54:50.15 | 01:54:50.15 | 9:34 | 6.3 |
| 227 | IZDEBSKA MONIKA | 5089 | SPORT GENERATION | WARSZAWA | POL | K40 | 31 | K 71 | 01:54:53.85 | 01:54:53.85 | 9:34 | 6.3 |
| 228 | MIRKIEWICZ BARBARA | 5274 | | CZELADŹ | POL | K30 | 32 | K 72 | 01:55:01.85 | 01:55:01.85 | 9:35 | 6.3 |
| 229 | PIECHOWSKA MAGDA | 5166 | FABRYKA DZIKA | PABIANICE | POL | K30 | 33 | K 73 | 01:55:14.00 | 01:55:14.00 | 9:36 | 6.2 |
| 230 | JAKUBOWICZ-CZACHUR KATARZYNA | 5307 | TEAM FLOREK | USTRZYKI DOLNE | POL | K50 | 2 | K 74 | 01:55:31.75 | 01:55:31.75 | 9:37 | 6.2 |
| 231 | KONCA JULIA | 5244 | KB OŻARÓW MAZOWIECKI BIEGA | OŻARÓW MAZOWIECKI | POL | K20 | 9 | K 75 | 01:57:06.30 | 01:57:06.30 | 9:45 | 6.1 |
| 232 | WOŹNICZKA MICHAŁ | 5239 | | WROCŁAW | POL | M30 | 52 | M 157 | 01:57:16.60 | 01:57:16.60 | 9:46 | 6.1 |
| 233 | WIELIŃSKA-JACHYMIAK OLGA | 5371 | SPECJALISTYCZNY GABINET REHABILITACJI DZIECI | NOWY TARG | POL | K40 | 32 | K 76 | 01:57:32.30 | 01:57:32.30 | 9:47 | 6.1 |
| 234 | CHARUŻY SEBASTIAN | 5207 | | GLIWICE | POL | M40 | 50 | M 158 | 01:57:56.05 | 01:57:56.05 | 9:49 | 6.1 |
| 235 | RÓG IWONA | 5236 | ZBŁAZ TEAM | IWIERYCIE | POL | K30 | 34 | K 77 | 01:58:07.60 | 01:58:07.60 | 9:50 | 6.1 |
| 236 | JADZIEWICZ JANINA | 5264 | LUFT TRI TEAM | WARSZAWA | POL | K20 | 10 | K 78 | 01:58:42.55 | 01:58:42.55 | 9:53 | 6.1 |
| 237 | JADZIEWICZ JAKUB | 5265 | | WARSZAWA | POL | M40 | 51 | M 159 | 01:58:42.80 | 01:58:42.80 | 9:53 | 6.1 |
| 238 | FORYS AGNIESZKA | 5062 | | WARSZAWA | POL | K30 | 35 | K 79 | 01:58:48.35 | 01:58:48.35 | 9:54 | 6.1 |
| 239 | RABCZEWSKA ELŻBIETA | 5165 | MKS MECHANIK WŁODAWA | SUSZNO | POL | K50 | 3 | K 80 | 01:59:13.25 | 01:59:13.25 | 9:56 | 6 |
| 240 | SZPAK ZYTA | 5204 | BYLEDOMETRY | SKOŁYSZYN | POL | K30 | 36 | K 81 | 02:00:04.70 | 02:00:04.70 | 10:00 | 6 |
| 241 | MIŻEJEWSKA MARTA | 5156 | KONOPISKA RUNNING TEAM | KONOPISKA | POL | K30 | 37 | K 82 | 02:00:24.05 | 02:00:24.05 | 10:02 | 6 |
| 242 | SZELEST MAŁGORZATA | 5090 | | WIŚNIOWA GÓRA | POL | K50 | 4 | K 83 | 02:00:30.05 | 02:00:30.05 | 10:02 | 6 |
| 243 | SZEWEC KATARZYNA | 5235 | | ZERKÓW | POL | K50 | 5 | K 84 | 02:00:46.35 | 02:00:46.35 | 10:03 | 6 |
| 244 | KUCHARCZYK BARTŁOMIEJ | 5219 | GALICJA BIEGA | PRZEWORSK | POL | M20 | 30 | M 160 | 02:00:59.75 | 02:00:59.75 | 10:04 | 6 |
| 245 | POPIÓŁ IZABELA | 5294 | | ZAWIERCIE | POL | K40 | 33 | K 85 | 02:01:08.40 | 02:01:08.40 | 10:05 | 5.9 |
| 246 | ZARAJCZYK-CEBULA MONIKA | 5072 | | LUBLIN | POL | K40 | 34 | K 86 | 02:01:37.00 | 02:01:37.00 | 10:08 | 5.9 |
| 247 | KONCA ALEKSANDER | 5247 | KB OŻARÓW MAZOWIECKI BIEGA | OŻARÓW MAZOWIECKI | POL | M20 | 31 | M 161 | 02:02:20.40 | 02:02:20.40 | 10:11 | 5.9 |
| 248 | KRÚPA JADWIGA | 5231 | GALICJA BIEGA | PRZEWORSK | POL | K20 | 11 | K 87 | 02:03:14.90 | 02:03:14.90 | 10:16 | 5.8 |
| 249 | HAŁADYJ ANDŻELIKA | 5230 | GALICJA BIEGA | ŁAŃCUT | POL | K20 | 12 | K 88 | 02:03:15.15 | 02:03:15.15 | 10:16 | 5.8 |
| 250 | HAŁADYJ ANASTAZJA | 5243 | GALICJA BIEGA | ŁAŃCUT | POL | K20 | 13 | K 89 | 02:03:15.45 | 02:03:15.45 | 10:16 | 5.8 |
| 251 | ŚLIWA MACIEJ | 5290 | | KRAKÓW | POL | M60 | 8 | M 162 | 02:03:29.85 | 02:03:29.85 | 10:17 | 5.8 |
| 252 | ROGOWICZ MARCIN | 5068 | EXC TEAM | SOSNOWIEC | POL | M40 | 52 | M 163 | 02:03:44.85 | 02:03:44.85 | 10:18 | 5.8 |
| 253 | TARASZKIEWICZ JOANNA | 5155 | | ORZESZE | POL | K30 | 38 | K 90 | 02:04:21.65 | 02:04:21.65 | 10:21 | 5.8 |
| 254 | SKURSKA KLAUDIA | 5059 | | WARSZAWA | POL | K20 | 14 | K 91 | 02:04:32.25 | 02:04:32.25 | 10:22 | 5.8 |
| 255 | SKARBK-TWAROWSKA EWELINA | 5064 | | PRUSZKÓW | POL | K30 | 39 | K 92 | 02:04:32.45 | 02:04:32.45 | 10:22 | 5.8 |
| 256 | KORNET ZUZANNA | 5022 | LUKSUS | WARSZAWA | POL | K30 | 40 | K 93 | 02:04:40.30 | 02:04:40.30 | 10:23 | 5.8 |
| 257 | JABŁOŃSKI PAWEŁ | 5168 | | WARSZAWA | POL | M40 | 53 | M 164 | 02:04:41.05 | 02:04:41.05 | 10:23 | 5.8 |
| 258 | GLICA HUBERT | 5187 | | CZUDEK | POL | M50 | 21 | M 165 | 02:04:47.50 | 02:04:47.50 | 10:23 | 5.8 |
| 259 | WALISZEWSKA-PLEWA IZABELA | 5024 | | KIELCE | POL | K40 | 35 | K 94 | 02:04:57.85 | 02:04:57.85 | 10:24 | 5.8 |
| 260 | BOKSZA MARTYNA | 5164 | KS PILICA | TOMASZÓW MAZOWIECKI | POL | K20 | 15 | K 95 | 02:05:00.05 | 02:05:00.05 | 10:25 | 5.8 |
| 261 | ZEMLER ADAM | 5262 | | POZNAŃ | POL | M20 | 32 | M 166 | 02:05:19.90 | 02:05:19.90 | 10:26 | 5.7 |
| 262 | WARAKOMSKA MAGDA | 5304 | | ŁOMIANKI | POL | K30 | 41 | K 96 | 02:05:26.55 | 02:05:26.55 | 10:27 | 5.7 |
| 263 | MOCZYDŁOWSKI MARCIN | 5360 | | WARSZAWA | POL | M40 | 54 | M 167 | 02:06:09.80 | 02:06:09.80 | 10:30 | 5.7 |
| 264 | MROZIŃSKA AGATA | 5048 | SPORT GENERATION | BIENIEWICE | POL | K40 | 36 | K 97 | 02:06:11.40 | 02:06:11.40 | 10:30 | 5.7 |
| 265 | RESZETARSKA ANIA | 5263 | | ŁÓDŹ | POL | K20 | 16 | K 98 | 02:06:12.25 | 02:06:12.25 | 10:31 | 5.7 |
| 266 | SADURA ANNA | 5191 | | ORZYSZ | POL | K40 | 37 | K 99 | 02:06:14.55 | 02:06:14.55 | 10:31 | 5.7 |
| 267 | KONCA BEATA | 5245 | KB OŻARÓW MAZOWIECKI BIEGA | OŻARÓW MAZOWIECKI | POL | K50 | 6 | K 100 | 02:06:19.60 | 02:06:19.60 | 10:31 | 5.7 |
| 268 | LENARCZYK MICHAŁ | 5325 | TEAM BOGUMIŁA | WARSZAWA | POL | M30 | 53 | M 168 | 02:06:53.50 | 02:06:53.50 | 10:34 | 5.7 |
| 269 | ŚCIUBISZ MARTA | 5326 | TEAM BIEGUS | JÓZEFOSŁAW | POL | K30 | 42 | K 101 | 02:06:53.85 | 02:06:53.85 | 10:34 | 5.7 |
| 270 | WOŹNIAK LIDIA | 5178 | PORMAT JEDLICHE BIEGA | SKOŁYSZYN | POL | K50 | 7 | K 102 | 02:06:59.85 | 02:06:59.85 | 10:34 | 5.7 |

VII DYCHA NA JELENI SKOK, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-----------------------------|------|--------------------------|---------------------|------|------|--------|-------|-------------|-------------|--------|------|
| 271 | ANIELAK ANITA | 5362 | | ŁÓDŹ | POL | K50 | 8 | K 103 | 02:07:21.55 | 02:07:21.55 | 10:36 | 5.7 |
| 272 | ANIELAK JANEK | 5361 | | ŁÓDŹ | POL | M50 | 22 | M 169 | 02:07:21.85 | 02:07:21.85 | 10:36 | 5.7 |
| 273 | HALENIUK MARTA | 5025 | BULDOŻER I KOPARA | SIEDLCE | POL | K20 | 17 | K 104 | 02:07:28.30 | 02:07:28.30 | 10:37 | 5.6 |
| 274 | KONIKIEWICZ KATARZYNA | 5350 | | WARSZAWA | POL | K40 | 38 | K 105 | 02:07:43.20 | 02:07:43.20 | 10:38 | 5.6 |
| 275 | RYCHLIK PATRYCJA | 5366 | | LATCHORZEW | POL | K30 | 43 | K 106 | 02:07:45.35 | 02:07:45.35 | 10:38 | 5.6 |
| 276 | POWIERŻA JUSTYNA | 5077 | | WARSZAWA | POL | K30 | 44 | K 107 | 02:07:51.45 | 02:07:51.45 | 10:39 | 5.6 |
| 277 | FARVACQUE ANNA | 5081 | | WARSZAWA | POL | K30 | 45 | K 108 | 02:08:14.40 | 02:08:14.40 | 10:41 | 5.6 |
| 278 | BOKSA NADIA | 5367 | | TRESTA | POL | K20 | 18 | K 109 | 02:09:17.35 | 02:09:17.35 | 10:46 | 5.6 |
| 279 | BOKSZA ALEKSANDRA | 5163 | | TOMASZÓW MAZOWIECKI | POL | K40 | 39 | K 110 | 02:09:17.95 | 02:09:17.95 | 10:46 | 5.6 |
| 280 | KUŚMIERCZYK AGNIESZKA | 5114 | | BIBICE | POL | K40 | 40 | K 111 | 02:09:44.45 | 02:09:44.45 | 10:48 | 5.5 |
| 281 | KUŚMIERCZYK TOMASZ | 5113 | | BIBICE | POL | M40 | 55 | M 170 | 02:09:44.65 | 02:09:44.65 | 10:48 | 5.5 |
| 282 | MARCINIAK BARBARA | 5138 | RADOMNO BIEGA | PUSTKI | POL | K40 | 41 | K 112 | 02:09:46.15 | 02:09:46.15 | 10:48 | 5.5 |
| 283 | BANCERZ MIŁOSZ | 5195 | TRAWNIKI BIEGAJĄ | TRAWNIKI | POL | M20 | 33 | M 171 | 02:10:54.25 | 02:10:54.25 | 10:54 | 5.5 |
| 284 | BANCERZ JOLANTA | 5194 | TRAWNIKI BIEGAJĄ | TRAWNIKI | POL | K40 | 42 | K 113 | 02:10:54.70 | 02:10:54.70 | 10:54 | 5.5 |
| 285 | KUDRASZEW EMILIA | 5060 | | WARSZAWA | POL | K30 | 46 | K 114 | 02:11:05.90 | 02:11:05.90 | 10:55 | 5.5 |
| 286 | MOSUR-GALICKA ANGELINA | 5099 | AKADEMIA MISTRZÓW SPORTU | KOBYLARNIA | POL | K50 | 9 | K 115 | 02:11:35.80 | 02:11:35.80 | 10:57 | 5.5 |
| 287 | MAĆZKA KRYSZYNA | 5010 | | GLIWICE | POL | K60 | 1 | K 116 | 02:11:49.00 | 02:11:49.00 | 10:59 | 5.5 |
| 288 | KUCHARCZYK MAGDALENA | 5227 | GALICJA BIEGA | PRZEWORSK | POL | K20 | 19 | K 117 | 02:11:49.60 | 02:11:49.60 | 10:59 | 5.5 |
| 289 | SMYK ROBERT | 5011 | | PUSTKI | POL | M50 | 23 | M 172 | 02:11:49.90 | 02:11:49.90 | 10:59 | 5.5 |
| 290 | KUCHARCZYK MICHAŁ | 5256 | GALICJA BIEGA | PRZEWORSK | POL | M20 | 34 | M 173 | 02:11:50.50 | 02:11:50.50 | 10:59 | 5.5 |
| 291 | PACHOLSKA HANNA | 5143 | | BYDGOSZCZ | POL | K30 | 47 | K 118 | 02:12:14.85 | 02:12:14.85 | 11:01 | 5.4 |
| 292 | ZELAZNY KATARZYNA | 5096 | | KRAKOW | POL | K30 | 48 | K 119 | 02:12:57.95 | 02:12:57.95 | 11:04 | 5.4 |
| 293 | WIECZOREK OSKAR | 5331 | | POZNAŃ | POL | M20 | 35 | M 174 | 02:13:25.05 | 02:13:25.05 | 11:07 | 5.4 |
| 294 | MISZCZYNSKA ANETA | 5100 | | KLUCZE | POL | K50 | 10 | K 120 | 02:13:45.35 | 02:13:45.35 | 11:08 | 5.4 |
| 295 | WOŁK PIOTR | 5034 | CEDRUS TEAM | MARKOWA | POL | M30 | 54 | M 175 | 02:14:07.35 | 02:14:07.35 | 11:10 | 5.4 |
| 296 | DOBRZENIECKI RAFAŁ | 5015 | IRON TEAM | GDAŃSK | POL | M30 | 55 | M 176 | 02:14:36.85 | 02:14:36.85 | 11:13 | 5.3 |
| 297 | KASZUBIAK BOŻENA | 5002 | | ZABRZE | POL | K50 | 11 | K 121 | 02:15:00.00 | 02:15:00.00 | 11:15 | 5.3 |
| 298 | SOBOLEWSKI MARIAN | 5016 | | SOBÓTKA | POL | M50 | 24 | M 177 | 02:15:10.75 | 02:15:10.75 | 11:15 | 5.3 |
| 299 | ZGORZELSKI PRZEMYSŁAW | 5017 | | CZĘSTOCHOWA | POL | M40 | 56 | M 178 | 02:15:11.05 | 02:15:11.05 | 11:15 | 5.3 |
| 300 | JAROŃSKA ANETA | 5260 | IRON TEAM | GDAŃSK | POL | K30 | 49 | K 122 | 02:15:12.00 | 02:15:12.00 | 11:16 | 5.3 |
| 301 | STREIT JUSTYNA | 5117 | | BIELSKO-BIAŁA | POL | K30 | 50 | K 123 | 02:15:56.00 | 02:15:56.00 | 11:19 | 5.3 |
| 302 | JABŁOŃSKI KAZIMIERZ | 5347 | | PRĄDY | POL | M60 | 9 | M 179 | 02:17:25.85 | 02:17:25.85 | 11:27 | 5.2 |
| 303 | KNAP ELŻBIETA | 5171 | | LUBLIN | POL | K50 | 12 | K 124 | 02:17:56.30 | 02:17:56.30 | 11:29 | 5.2 |
| 304 | SULEJA JOANNA | 5323 | SKL | STARGARD | POL | K60 | 2 | K 125 | 02:19:39.95 | 02:19:39.95 | 11:38 | 5.2 |
| 305 | RÓLKA KAMILA | 5044 | | ŁÓDŹ | POL | K40 | 43 | K 126 | 02:19:57.90 | 02:19:57.90 | 11:39 | 5.1 |
| 306 | GRACZYK DOBROCHNA | 5184 | | TULCE | POL | K20 | 20 | K 127 | 02:20:19.25 | 02:20:19.25 | 11:41 | 5.1 |
| 307 | SZNURA DAMIAN | 5185 | | TULCE | POL | M20 | 36 | M 180 | 02:20:19.60 | 02:20:19.60 | 11:41 | 5.1 |
| 308 | KUŚ MARIUSZ | 5067 | EXC TEAM | GLIWICE | POL | M30 | 56 | M 181 | 02:20:54.10 | 02:20:54.10 | 11:44 | 5.1 |
| 309 | WOSIK KAMIL | 5091 | EXC TEAM | LUBLIN | POL | M40 | 57 | M 181 | 02:20:54.10 | 02:20:54.10 | 11:44 | 5.1 |
| 310 | MACIEJEWSKI PIOTR | 5217 | SUPERMARATON KALISZ | KALISZ | POL | M60 | 10 | M 183 | 02:21:18.00 | 02:21:18.00 | 11:46 | 5.1 |
| 311 | MACIEJEWSKA ALDONA | 5313 | | KALISZ | POL | K40 | 44 | K 128 | 02:21:29.00 | 02:21:29.00 | 11:47 | 5.1 |
| 312 | SMIT KATARZYNA | 5023 | | KONSTANTYNÓW ŁÓDZKI | POL | K30 | 51 | K 129 | 02:21:38.05 | 02:21:38.05 | 11:48 | 5.1 |
| 313 | GADOMSKI RADOSŁAW | 5020 | ŻÓRAWSKI TEAM | WARSZAWA | POL | M40 | 58 | M 184 | 02:21:46.65 | 02:21:46.65 | 11:48 | 5.1 |
| 314 | GADOMSKA DOMINIKA | 5018 | ŻÓRAWSKI TEAM | WARSZAWA | POL | K40 | 45 | K 130 | 02:21:46.75 | 02:21:46.75 | 11:48 | 5.1 |
| 315 | ZAJDA IWONA | 5214 | PAP TEAM | OSTROŁĘKA | POL | K60 | 3 | K 131 | 02:21:56.50 | 02:21:56.50 | 11:49 | 5.1 |
| 316 | WOJCIECHOWSKA ANIA | 5129 | NAJLEPSI OLD | WARSZAWA | POL | K40 | 46 | K 132 | 02:22:29.45 | 02:22:29.45 | 11:52 | 5.1 |
| 317 | ISKRA-BATKIEWICZ BARBARA | 5216 | TEAM NOWY TARG | NOWY TARG | POL | K40 | 47 | K 133 | 02:25:04.25 | 02:25:04.25 | 12:05 | 5 |
| 318 | SZOPIŃSKA EWELINA | 5181 | | NOWY TARG | POL | K30 | 52 | K 133 | 02:25:04.25 | 02:25:04.25 | 12:05 | 5 |
| 319 | LIPKOWSKA KATARZYNA | 5193 | NOWY TARG | NOWY TARG | POL | K40 | 48 | K 135 | 02:25:04.35 | 02:25:04.35 | 12:05 | 5 |
| 320 | BORUTA MARCIN | 5341 | | WARSZAWA | POL | M40 | 59 | M 185 | 02:25:56.00 | 02:25:56.00 | 12:09 | 4.9 |
| 321 | CHOROŚ SYLWIA | 5340 | | WARSZAWA | POL | K30 | 53 | K 136 | 02:25:56.20 | 02:25:56.20 | 12:09 | 4.9 |
| 322 | SIEMEK KATARZYNA | 5007 | COWOOCELL | EDINBURGH | GBR | K20 | 21 | K 137 | 02:26:08.65 | 02:26:08.65 | 12:10 | 4.9 |
| 323 | ŚWIERZEWSKI MARCIN | 5284 | | BYTOM | POL | M40 | 60 | M 186 | 02:26:51.95 | 02:26:51.95 | 12:14 | 4.9 |
| 324 | BARTENBACH-BYCZKO MAGDALENA | 5128 | HARPAGAN CREW | ŁÓDŹ | POL | K40 | 49 | K 138 | 02:26:59.00 | 02:26:59.00 | 12:14 | 4.9 |
| 325 | MALISZEWSKA MONIKA | 5014 | | WARSZAWA | POL | K40 | 50 | K 139 | 02:26:59.60 | 02:26:59.60 | 12:14 | 4.9 |
| 326 | SIEMIENIUK IZABELA | 5118 | PRAŻANKA | WARSZAWA | POL | K30 | 54 | K 140 | 02:27:55.55 | 02:27:55.55 | 12:19 | 4.9 |
| 327 | PRUS ANNA | 5292 | BIEGACZE KLECZEW | SŁAWOSZEWEK | POL | K40 | 51 | K 141 | 02:28:50.30 | 02:28:50.30 | 12:24 | 4.8 |

VII DYCHA NA JELENI SKOK, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------|------|--------------------------------|----------------|------|------|--------|-------|-------------|-------------|--------|------|
| 328 | SROCYŃSKA EWA | 5283 | BIEGACZE KLECZEW, TRITON KONIN | SŁAWOSZEWEK | POL | K50 | 13 | K 142 | 02:28:50.35 | 02:28:50.35 | 12:24 | 4.8 |
| 329 | KOWALEWICZ EWA | 5258 | | WARSZAWA | POL | K30 | 55 | K 143 | 02:30:56.35 | 02:30:56.35 | 12:34 | 4.8 |
| 330 | SOKOŁOWSKA MAGDALENA | 5257 | | WARSZAWA | POL | K30 | 56 | K 144 | 02:30:56.45 | 02:30:56.45 | 12:34 | 4.8 |
| 331 | MENDRA AGATA | 5009 | PŁONĄCE MACICE | BIAŁOBRZEGI | POL | K30 | 57 | K 145 | 02:31:36.30 | 02:31:36.30 | 12:38 | 4.7 |
| 332 | FILIŃSKA MARIA | 5065 | | BIAŁA PODLASKA | POL | K40 | 52 | K 146 | 02:32:31.05 | 02:32:31.05 | 12:42 | 4.7 |
| 333 | BLANK GRZEGORZ | 5240 | OPERACJA BIESZCZADY | WARSZAWA | POL | M50 | 25 | M 187 | 02:32:45.40 | 02:32:45.40 | 12:43 | 4.7 |
| 334 | CZARNOTA KATARZYNA | 5285 | | LEŚNA | POL | K50 | 14 | K 147 | 02:33:40.45 | 02:33:40.45 | 12:48 | 4.7 |
| 335 | OLSZEWSKI MICHAŁ | 5174 | | IŁAWA | POL | M40 | 61 | M 188 | 02:35:37.20 | 02:35:37.20 | 12:58 | 4.6 |
| 336 | PIOTROWSKA JUSTYNA | 5082 | | LUBLIN | POL | K40 | 53 | K 148 | 02:35:37.80 | 02:35:37.80 | 12:58 | 4.6 |
| 337 | KRETOWICZ JOLANTA | 5073 | | WARSZAWA | POL | K30 | 58 | K 149 | 02:36:11.55 | 02:36:11.55 | 13:00 | 4.6 |
| 338 | SIEMIENIUK ANNA | 5074 | | KRÓLOWY MOST | POL | K40 | 54 | K 150 | 02:36:11.85 | 02:36:11.85 | 13:00 | 4.6 |
| 339 | WILK ANNA | 5234 | ZABIEGANI MIELEC | MIELEC | POL | K40 | 55 | K 151 | 02:45:06.25 | 02:45:06.25 | 13:45 | 4.4 |
| 340 | SPADŁO EWELINA | 5303 | | JASTRZĘBIE | POL | K30 | 59 | K 152 | 02:50:41.05 | 02:50:41.05 | 14:13 | 4.2 |
| 341 | CZAPLA ANDRZEJ | 5066 | | CHEŁM | POL | M60 | 11 | M 189 | 02:50:42.95 | 02:50:42.95 | 14:13 | 4.2 |
| 342 | GNATOWICZ WIOLETTA | 5105 | KW ZIELONA GÓRA | CZERWIEŃSK | POL | K50 | 15 | K 153 | 02:54:34.15 | 02:54:34.15 | 14:32 | 4.1 |
| 343 | GNATOWICZ NATALIA | 5106 | | CZERWIEŃSK | POL | K20 | 22 | K 154 | 02:54:34.55 | 02:54:34.55 | 14:32 | 4.1 |
| DNC | KAROLKIEWICZ DANIEL | 7044 | ENTRE.PL TEAM | WARSZAWA | POL | M30 | | DNC | 01:07:03.00 | 01:07:04.00 | 0:00 | 10.7 |
| DNC | TWORZYDŁO PAWEŁ | 5058 | | | POL | M40 | | DNC | 01:37:02.00 | 01:37:02.00 | 0:00 | 7.4 |
| | DOMARADZKA EWA | 5053 | KUMPELA BRONKI | PYSKOWICE | POL | K50 | | | DNF | DNF | - | - |
| | BUKOWSKI TOMASZ | 5210 | | SANOK | POL | M40 | | | DNF | DNF | - | - |