

## ROLL & RUN :: ROLKI FITNESS DECATHLON FORDON

Organizator: Stowarzyszenie Podejmij Wyzwanie  
 Data: 2017-04-08  
 Miejsce: Stolno  
 Dystans: 5 km  
 Klasyfikacja wg czasów brutto.

### ROLL & RUN :: ROLKI FITNESS DECATHLON FORDON, OPEN

| M-ce | Nazwisko i imię      | Nr | Klub                    | M-scowość             | Kraj | Kat.      | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|----|-------------------------|-----------------------|------|-----------|--------|------|-------------|-------------|--------|------|
| 1    | FLEJSZER ŁUKASZ      | 8  | U.K.S. ZWOLEŃ-TEAM      | GOSTYNIN              | POL  | MĘZCZYŹNI | 1      | M 1  | 00:09:49.70 | 00:09:51.35 | 1:58   | 30.5 |
| 2    | GRZECHULSKI WOJCIECH | 12 |                         | SZCZECIN              | POL  | MĘZCZYŹNI | 2      | M 2  | 00:11:49.55 | 00:11:51.00 | 2:22   | 25.4 |
| 3    | ZIÓLKOWSKI BARTOSZ   | 37 | RUFMIŚANN               | BYDGOSZCZ             | POL  | MĘZCZYŹNI | 3      | M 3  | 00:11:52.30 | 00:11:54.05 | 2:22   | 25.2 |
| 4    | HEINRICH MARCIN      | 14 |                         | BYDGOSZCZ             | POL  | MĘZCZYŹNI | 4      | M 4  | 00:12:26.15 | 00:12:26.70 | 2:29   | 24.1 |
| 5    | MAREK SŁAWOMIR       | 21 | TEAM SPIRIT             | PRZYSIEK              | POL  | MĘZCZYŹNI | 5      | M 5  | 00:13:08.55 | 00:13:09.40 | 2:37   | 22.8 |
| 6    | KRAJNIK JACEK        | 18 |                         | BYDGOSZCZ             | POL  | MĘZCZYŹNI | 6      | M 6  | 00:13:12.10 | 00:13:13.55 | 2:38   | 22.7 |
| 7    | PANEK-FRYC KAROLINA  | 25 |                         | BYDGOSZCZ             | POL  | KOBIETY   | 1      | K 1  | 00:13:48.00 | 00:13:48.95 | 2:45   | 21.7 |
| 8    | SKOWROŃSKI PIOTR     | 30 |                         | KORONOWO              | POL  | MĘZCZYŹNI | 7      | M 7  | 00:13:50.75 | 00:13:53.25 | 2:46   | 21.7 |
| 9    | ZAMIATOWSKA KINGA    | 2  | ROLL&RUN KRISMEDIA      | BYDGOSZCZ             | POL  | KOBIETY   | 2      | K 2  | 00:13:57.95 | 00:14:00.00 | 2:47   | 21.5 |
| 10   | GRUBCZYŃSKI DARIUSZ  | 11 |                         | POTULICE              | POL  | MĘZCZYŹNI | 8      | M 8  | 00:13:59.80 | 00:14:01.55 | 2:48   | 21.4 |
| 11   | OSIŃSKI STANISŁAW    | 24 | PORTAL_KLUB             | GRUDZIADZ             | POL  | MĘZCZYŹNI | 9      | M 9  | 00:14:19.80 | 00:14:21.95 | 2:51   | 21   |
| 12   | ŻUREK TOMASZ         | 38 |                         | CHEŁMNO               | POL  | MĘZCZYŹNI | 10     | M 10 | 00:14:32.75 | 00:14:34.95 | 2:54   | 20.6 |
| 13   | SKIERA KRIS          | 1  | ROLL&RUN KRISMEDIA TEAM | BYDGOSZCZ             | POL  | MĘZCZYŹNI | 11     | M 11 | 00:14:44.55 | 00:14:47.45 | 2:57   | 20.3 |
| 14   | DOPIERAŁA MAGDALENA  | 39 |                         | BYDGOSZCZ             | POL  | KOBIETY   | 3      | K 3  | 00:15:18.30 | 00:15:19.25 | 3:03   | 19.6 |
| 15   | JUNKA KAROLINA       | 15 |                         | BYDGOSZCZ             | POL  | KOBIETY   | 4      | K 4  | 00:15:22.15 | 00:15:27.20 | 3:04   | 19.5 |
| 16   | DROGOWSKI PAWEŁ      | 7  |                         | BYDGOSZCZ             | POL  | MĘZCZYŹNI | 12     | M 12 | 00:15:29.65 | 00:15:34.90 | 3:05   | 19.4 |
| 17   | SZPRĘGLEWSKA NATALIA | 35 |                         | LISEWO                | POL  | KOBIETY   | 5      | K 5  | 00:16:03.55 | 00:16:08.30 | 3:12   | 18.7 |
| 18   | GOLIŃ TOMASZ         | 10 |                         | OSIELSKO              | POL  | MĘZCZYŹNI | 13     | M 13 | 00:16:21.55 | 00:16:25.60 | 3:16   | 18.3 |
| 19   | GINTROWICZ GRAŻYNA   | 9  | SKATE2CITY              | GRODZISK WIELKOPOLSKI | POL  | KOBIETY   | 6      | K 6  | 00:16:25.10 | 00:16:30.60 | 3:17   | 18.3 |
| 20   | CABAŃSKA KATARZYNA   | 5  | VITAPOL                 | BARCIN                | POL  | KOBIETY   | 7      | K 7  | 00:16:30.35 | 00:16:32.20 | 3:18   | 18.2 |
| 21   | CIEŚLEWICZ MARCIN    | 6  | ZŁOTORIA NA SPORTOWO    | ZŁOTORIA              | POL  | MĘZCZYŹNI | 14     | M 14 | 00:16:51.45 | 00:16:54.50 | 3:22   | 17.8 |
| 22   | KOCUR JOLANTA        | 16 | 1976                    | TORUŃ                 | POL  | KOBIETY   | 8      | K 8  | 00:16:53.70 | 00:16:58.65 | 3:22   | 17.8 |
| 23   | STASZEWSKI RAFAŁ     | 32 |                         | OSIELSKO              | POL  | MĘZCZYŹNI | 15     | M 15 | 00:17:24.05 | 00:17:27.90 | 3:28   | 17.2 |
| 24   | MAĆKO KRZYSZTOF      | 19 | MAĆKI TEAM              | BYDGOSZCZ             | POL  | MĘZCZYŹNI | 16     | M 16 | 00:18:00.20 | 00:18:04.55 | 3:36   | 16.7 |
| 25   | SMOLIŃSKA ANETA      | 31 |                         | ZGIERZ                | POL  | KOBIETY   | 9      | K 9  | 00:20:18.80 | 00:20:24.45 | 4:03   | 14.8 |
| 26   | WIATROWSKA KATARZYNA | 36 |                         | BYDGOSZCZ             | POL  | KOBIETY   | 10     | K 10 | 00:20:39.70 | 00:20:42.90 | 4:07   | 14.5 |
| 27   | MAĆKO ANGELIKA       | 20 | MAĆKI TEAM              | BYDGOSZCZ             | POL  | KOBIETY   | 11     | K 11 | 00:20:49.90 | 00:20:54.55 | 4:10   | 14.4 |
| 28   | SKOWROŃSKA BEATA     | 29 |                         | KORONOWO              | POL  | KOBIETY   | 12     | K 12 | 00:20:55.65 | 00:20:58.95 | 4:11   | 14.3 |
| 29   | KOWALSKA KAROLINA    | 17 | DECATHLON TEAM FORDON   | BYDGOSZCZ             | POL  | KOBIETY   | 13     | K 13 | 00:21:40.95 | 00:21:46.90 | 4:20   | 13.8 |
| 30   | SIEDLECKA DARIA      | 28 | DECATHLON TEAM FORDON   | BYDGOSZCZ             | POL  | KOBIETY   | 14     | K 14 | 00:21:41.15 | 00:21:47.40 | 4:20   | 13.8 |
| 31   | NIEMCZYK ULA         | 22 |                         | CHOJNICE              | POL  | KOBIETY   | 15     | K 15 | 00:24:29.10 | 00:24:35.45 | 4:53   | 12.3 |

### ROLL & RUN :: ROLKI FITNESS DECATHLON FORDON, Kobiety

| M-ce | Nazwisko i imię      | Nr | Klub               | M-scowość             | Kraj | Kat.    | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|----|--------------------|-----------------------|------|---------|--------|------|-------------|-------------|--------|------|
| 1    | PANEK-FRYC KAROLINA  | 25 |                    | BYDGOSZCZ             | POL  | KOBIETY | 1      | K 1  | 00:13:48.00 | 00:13:48.95 | 2:45   | 21.7 |
| 2    | ZAMIATOWSKA KINGA    | 2  | ROLL&RUN KRISMEDIA | BYDGOSZCZ             | POL  | KOBIETY | 2      | K 2  | 00:13:57.95 | 00:14:00.00 | 2:47   | 21.5 |
| 3    | DOPIERAŁA MAGDALENA  | 39 |                    | BYDGOSZCZ             | POL  | KOBIETY | 3      | K 3  | 00:15:18.30 | 00:15:19.25 | 3:03   | 19.6 |
| 4    | JUNKA KAROLINA       | 15 |                    | BYDGOSZCZ             | POL  | KOBIETY | 4      | K 4  | 00:15:22.15 | 00:15:27.20 | 3:04   | 19.5 |
| 5    | SZPRĘGLEWSKA NATALIA | 35 |                    | LISEWO                | POL  | KOBIETY | 5      | K 5  | 00:16:03.55 | 00:16:08.30 | 3:12   | 18.7 |
| 6    | GINTROWICZ GRAŻYNA   | 9  | SKATE2CITY         | GRODZISK WIELKOPOLSKI | POL  | KOBIETY | 6      | K 6  | 00:16:25.10 | 00:16:30.60 | 3:17   | 18.3 |
| 7    | CABAŃSKA KATARZYNA   | 5  | VITAPOL            | BARCIN                | POL  | KOBIETY | 7      | K 7  | 00:16:30.35 | 00:16:32.20 | 3:18   | 18.2 |
| 8    | KOCUR JOLANTA        | 16 | 1976               | TORUŃ                 | POL  | KOBIETY | 8      | K 8  | 00:16:53.70 | 00:16:58.65 | 3:22   | 17.8 |
| 9    | SMOLIŃSKA ANETA      | 31 |                    | ZGIERZ                | POL  | KOBIETY | 9      | K 9  | 00:20:18.80 | 00:20:24.45 | 4:03   | 14.8 |
| 10   | WIATROWSKA KATARZYNA | 36 |                    | BYDGOSZCZ             | POL  | KOBIETY | 10     | K 10 | 00:20:39.70 | 00:20:42.90 | 4:07   | 14.5 |

**ROLL & RUN :: ROLKI FITNESS DECATHLON FORDON, Kobiety c.d.**

| M-ce | Nazwisko i imię   | Nr | Klub                  | M-scowość | Kraj | Kat.    | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|-------------------|----|-----------------------|-----------|------|---------|--------|------|-------------|-------------|--------|------|
| 11   | MAĆKO ANGELIKA    | 20 | MAĆKI TEAM            | BYDGOSZCZ | POL  | KOBIETY | 11     | K 11 | 00:20:49.90 | 00:20:54.55 | 4:10   | 14.4 |
| 12   | SKOWROŃSKA BEATA  | 29 |                       | KORONOWO  | POL  | KOBIETY | 12     | K 12 | 00:20:55.65 | 00:20:58.95 | 4:11   | 14.3 |
| 13   | KOWALSKA KAROLINA | 17 | DECATHLON TEAM FORDON | BYDGOSZCZ | POL  | KOBIETY | 13     | K 13 | 00:21:40.95 | 00:21:46.90 | 4:20   | 13.8 |
| 14   | SIEDLECKA DARIA   | 28 | DECATHLON TEAM FORDON | BYDGOSZCZ | POL  | KOBIETY | 14     | K 14 | 00:21:41.15 | 00:21:47.40 | 4:20   | 13.8 |
| 15   | NIEMCZYK ULA      | 22 |                       | CHOJNICE  | POL  | KOBIETY | 15     | K 15 | 00:24:29.10 | 00:24:35.45 | 4:53   | 12.3 |

**ROLL & RUN :: ROLKI FITNESS DECATHLON FORDON, Mężczyźni**

| M-ce | Nazwisko i imię      | Nr | Klub                    | M-scowość | Kraj | Kat.      | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|----|-------------------------|-----------|------|-----------|--------|------|-------------|-------------|--------|------|
| 1    | FLEJSZER ŁUKASZ      | 8  | U.K.S. ZWOLEŃ-TEAM      | GOSTYNIŃ  | POL  | MĘZCZYŻNI | 1      | M 1  | 00:09:49.70 | 00:09:51.35 | 1:58   | 30.5 |
| 2    | GRZECHULSKI WOJCIECH | 12 |                         | SZCZECIN  | POL  | MĘZCZYŻNI | 2      | M 2  | 00:11:49.55 | 00:11:51.00 | 2:22   | 25.4 |
| 3    | ZIÓŁKOWSKI BARTOSZ   | 37 | RUFMIŚANN               | BYDGOSZCZ | POL  | MĘZCZYŻNI | 3      | M 3  | 00:11:52.30 | 00:11:54.05 | 2:22   | 25.2 |
| 4    | HEINRICH MARCIN      | 14 |                         | BYDGOSZCZ | POL  | MĘZCZYŻNI | 4      | M 4  | 00:12:26.15 | 00:12:26.70 | 2:29   | 24.1 |
| 5    | MAREK SŁAWOMIR       | 21 | TEAM SPIRIT             | PRZYSIEK  | POL  | MĘZCZYŻNI | 5      | M 5  | 00:13:08.55 | 00:13:09.40 | 2:37   | 22.8 |
| 6    | KRAJNIK JACEK        | 18 |                         | BYDGOSZCZ | POL  | MĘZCZYŻNI | 6      | M 6  | 00:13:12.10 | 00:13:13.55 | 2:38   | 22.7 |
| 7    | SKOWROŃSKI PIOTR     | 30 |                         | KORONOWO  | POL  | MĘZCZYŻNI | 7      | M 7  | 00:13:50.75 | 00:13:53.25 | 2:46   | 21.7 |
| 8    | GRUBCZYŃSKI DARIUSZ  | 11 |                         | POTULICE  | POL  | MĘZCZYŻNI | 8      | M 8  | 00:13:59.80 | 00:14:01.55 | 2:48   | 21.4 |
| 9    | OSIŃSKI STANISŁAW    | 24 | PORTAL_KLUB             | GRUDZIADZ | POL  | MĘZCZYŻNI | 9      | M 9  | 00:14:19.80 | 00:14:21.95 | 2:51   | 21   |
| 10   | ŻUREK TOMASZ         | 38 |                         | CHEŁMNO   | POL  | MĘZCZYŻNI | 10     | M 10 | 00:14:32.75 | 00:14:34.95 | 2:54   | 20.6 |
| 11   | SKIERA KRIS          | 1  | ROLL&RUN KRISMEDIA TEAM | BYDGOSZCZ | POL  | MĘZCZYŻNI | 11     | M 11 | 00:14:44.55 | 00:14:47.45 | 2:57   | 20.3 |
| 12   | DROGOWSKI PAWEŁ      | 7  |                         | BYDGOSZCZ | POL  | MĘZCZYŻNI | 12     | M 12 | 00:15:29.65 | 00:15:34.90 | 3:05   | 19.4 |
| 13   | GOLIK TOMASZ         | 10 |                         | OSIELSKO  | POL  | MĘZCZYŻNI | 13     | M 13 | 00:16:21.55 | 00:16:25.60 | 3:16   | 18.3 |
| 14   | CIEŚLEWICZ MARCIN    | 6  | ZŁOTORIA NA SPORTOWO    | ZŁOTORIA  | POL  | MĘZCZYŻNI | 14     | M 14 | 00:16:51.45 | 00:16:54.50 | 3:22   | 17.8 |
| 15   | STASZEWSKI RAFAŁ     | 32 |                         | OSIELSKO  | POL  | MĘZCZYŻNI | 15     | M 15 | 00:17:24.05 | 00:17:27.90 | 3:28   | 17.2 |
| 16   | MAĆKO KRZYSZTOF      | 19 | MAĆKI TEAM              | BYDGOSZCZ | POL  | MĘZCZYŻNI | 16     | M 16 | 00:18:00.20 | 00:18:04.55 | 3:36   | 16.7 |