

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6

Organiser: Polskie Zrzeszenie Nordic Walking
 Date: 2024-06-22
 Place: Bydgoszcz
 Distance: 10 km
 Klasyfikacja wg czasów netto.

**MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, OPEN**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	MARCZAK TOMASZ	193	K.S. VICTORIA POTĘGOWO	ALEKSANDRIA I	POL	M18-29	1	M 1	00:14:35	00:29:13	00:43:48	00:58:45.54	5:52	10.2
2	WITUCKI JACEK	221	K.S. VICTORIA POTĘGOWO	POZNAŃ	POL	M50-59	1	M 2	00:14:22	00:29:09	00:44:00	00:58:53.46	5:53	10.2
3	ROMANOWSKI DANIEL	209	KATOWICKI NORDIC WALKING	RYBNIK	POL	M18-29	2	M 3	00:14:22	00:29:09	00:44:04	00:59:26.63	5:56	10.1
4	KABATA JAROSŁAW	175	NORDIC SPORT 2021	TARNOWSKIE GÓRY	POL	M50-59	2	M 4	00:14:24	00:29:49	00:46:13	01:02:49.84	6:16	9.6
5	KŁOS MACIEJ	177	POLIPACK TEAM GWE	GDAŃSK	POL	M40-49	1	M 5	00:15:25	00:31:15	00:47:37	01:04:12.39	6:25	9.3
6	JAWORSKI ŁUKASZ	230	ERYK TEAM WYSOKA	WYSOKA	POL	M40-49	2	M 6	00:15:14	00:31:25	00:48:16	01:04:48.90	6:28	9.3
7	MICHALSKI ANDRZEJ	195	POLIPACK TEAM GWE	ZMIENNICA	POL	M60-69	1	M 7	00:15:38	00:31:59	00:48:28	01:04:50.04	6:29	9.3
8	KUBISZYN MAŁGORZATA	235	K.S. VICTORIA POTĘGOWO	LUBACZÓW	POL	K30-39	1	K 1	00:16:35	00:33:29	00:50:27	01:06:47.41	6:40	9
9	KOŁODZIEJ JOANNA	179	OPEN SPORT TEAM	RUDA ŚLĄSKA	POL	K50-59	1	K 2	00:16:35	00:33:30	00:50:27	01:06:51.80	6:41	9
10	BIELECKA ZUZANNA	156	K.S. VICTORIA POTĘGOWO	WARSZAWA	POL	K40-49	1	K 3	00:16:37	00:33:32	00:50:29	01:06:57.23	6:41	9
11	FILIPOWICZ BARBARA	165	K.S. VICTORIA POTĘGOWO	KRZESZYCE	POL	K40-49	2	K 4	00:16:41	00:33:36	00:50:29	01:07:08.15	6:42	8.9
12	PRZYBORKIEWICZ KRISS	204	PIERNIKI TORUŃ	TORUŃ	POL	M50-59	3	M 8	00:16:07	00:32:50	00:50:01	01:07:17.49	6:43	8.9
13	ŚLUSARCZYK MARCIN	217	WESOLY BORSUK TEAM	PRUDNIK	POL	M40-49	3	M 9	00:15:37	00:32:47	00:50:10	01:07:37.03	6:45	8.9
14	JĘDRASIAK RENATA	173	KGHM METRACO	LUBIN	POL	K60-69	1	K 5	00:16:56	00:34:09	00:51:30	01:08:45.80	6:52	8.7
15	LABUS MARZENA	189	NORDIC SPORT 2021	LUBLINIEC	POL	K30-39	2	K 6	00:16:36	00:33:41	00:51:13	01:08:47.79	6:52	8.7
16	BREWCIŃSKI MARCIN	159	POLIPACK TEAM GWE	ŁYSE	POL	M30-39	1	M 10	00:17:19	00:34:34	00:52:03	01:08:57.21	6:53	8.7
17	ZEMŁA MARCIN	226	CIAP CIAP ZEMŁA TEAM	MIĘDZYRZEC PODLASKI	POL	M30-39	2	M 11	00:17:34	00:35:03	00:52:16	01:09:01.45	6:54	8.7
18	JAKSINA DARIUSZ	172	MAZURSKI DZIK	RUCIANE NIDA	POL	M50-59	4	M 12	00:17:01	00:34:22	00:51:51	01:09:12.62	6:55	8.7
19	CHYRA JANUSZ	163	NORDIC SPORT 2021	LUBLINIEC	POL	M40-49	4	M 13	00:17:17	00:34:45	00:52:20	01:09:56.53	6:59	8.6
20	KNAPCZYK-KANIA GABRIELA	178	NORDIC SPORT 2021	BIENKÓWKA	POL	K50-59	2	K 7	00:16:53	00:34:23	00:52:14	01:10:11.54	7:01	8.5
21	MIHELAC JURAJ	196	NWC SPALATUM	SPLIT	CRO	M40-49	5	M 14	00:17:21	00:34:56	00:52:45	01:10:36.83	7:03	8.5
22	SIWAK PIOTR	213	KGHM METRACO	RUDNA	POL	M60-69	2	M 15	00:17:17	00:34:56	00:52:55	01:10:36.87	7:03	8.5
23	STACHOWIAK TOMASZ	216	STĘSZEW TEAM	KONARZEWO	POL	M40-49	6	M 16	00:17:50	00:35:54	00:53:48	01:11:46.16	7:10	8.4
24	ROCHNA PIOTR	208	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M40-49	7	M 17	00:17:34	00:35:27	00:53:49	01:11:55.09	7:11	8.3
25	HRYCIUK WALDEMAR	170	VICTORIA POTĘGOWO	BIAŁA PODLASKA	POL	M60-69	3	M 18	00:17:18	00:35:05	00:53:20	01:11:56.73	7:11	8.3
26	KRAJNIK JACEK	182	LIFE BALANCE PLACE	BYDGOSZCZ	POL	M50-59	5	M 19	00:17:03	00:35:13	00:53:43	01:12:38.66	7:15	8.3
27	OLEJNIK PRZEMEK	201		SZCZECIN	POL	M50-59	6	M 20	00:18:09	00:37:01	00:55:24	01:13:20.52	7:20	8.2
28	BURZAWA KRZYSZTOF	161	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M50-59	7	M 21	00:18:08	00:36:43	00:55:15	01:13:59.04	7:23	8.1
29	POLAK PAWEŁ	203	TORUŃ NORDIC TEAM	INOWROCLAW	POL	M30-39	3	M 22	00:18:24	00:37:23	00:56:07	01:14:24.24	7:26	8.1
30	ZAWADZKI ZYGMUNT	224	CIDRY Z KIJAMI	BYTOM	POL	M70+	1	M 23	00:18:03	00:36:33	00:55:26	01:14:46.04	7:28	8
31	HRYCIUK TERESA	171	K.S. VICTORIA POTĘGOWO	BIAŁA PODLASKA	POL	K60-69	2	K 8	00:17:25	00:36:11	00:55:20	01:14:49.85	7:28	8
32	CZMOCH MARIAN	164	NORDIC SPORT 2021	ŁOSICE	POL	M70+	2	M 24	00:18:27	00:37:20	00:56:28	01:15:44.67	7:34	7.9
33	ŻYGENDA ROBERT	228	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M50-59	8	M 25	00:18:41	00:37:42	00:56:47	01:15:50.51	7:35	7.9
34	ZDRZAŁEK ALICJA	225	NORDIC SPORT 2021	TARNOWSKIE GÓRY	POL	K40-49	3	K 9	00:18:26	00:37:32	00:56:49	01:16:09.91	7:36	7.9
35	OLEJNIK MARZENA	200		SZCZECIN	POL	K50-59	3	K 10	00:18:58	00:38:17	00:57:18	01:16:23.65	7:38	7.9
36	KUZHLYNYI OLEKSII	188	BASZTA BYTÓW	BYTÓW	UKR	M30-39	4	M 26	00:18:29	00:37:47	00:57:00	01:16:24.99	7:38	7.9
37	NEUMANN KAMILA	199	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	K40-49	4	K 11	00:18:47	00:37:45	00:57:04	01:16:37.53	7:39	7.8
38	LEWANDOWSKA RENATA	190	LIFE BALANCE BYDGOSZCZ	BYDGOSZCZ	POL	K50-59	4	K 12	00:18:58	00:38:18	00:57:35	01:16:39.85	7:39	7.8
39	LEMAŃCZYK KATARZYNA	232	BASZTA BYTÓW	BYTÓW	POL	K50-59	5	K 13	00:19:22	00:38:49	00:57:52	01:16:41.06	7:40	7.8
40	MADALIŃSKA JOANNA	191	K.S. VICTORIA POTĘGOWO	LESZNO	POL	K40-49	5	K 14	00:18:50	00:38:02	00:57:25	01:16:49.54	7:40	7.8
41	BALCERZYK AGNIESZKA	153	NORDIC WALKING KIEKRZ POLAND	CHYBY	POL	K40-49	6	K 15	00:18:37	00:37:53	00:57:31	01:17:04.49	7:42	7.8
42	BARTOSIEWICZ WŁODZIMIERZ	154	LUKI TEAM POLSKA	GDAŃSK	POL	M70+	3	M 27	00:18:34	00:37:44	00:57:21	01:17:14.65	7:43	7.8
43	NASTAŁY MICHAŁ	197	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M40-49	8	M 28	00:18:56	00:38:24	00:57:59	01:17:40.06	7:46	7.7
44	KRAWIEC JACEK	185	JACK NORDIC TEAM ELBLĄG	ELBLĄG	POL	M50-59	9	M 29	00:19:15	00:38:55	00:58:33	01:17:47.70	7:46	7.7
45	SKRZĄTEK LUCYNA	214	NORDIC SPORT 2021	TARNOWSKIE GÓRY	POL	K50-59	6	K 16	00:19:07	00:38:40	00:58:45	01:18:47.04	7:52	7.6

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
46	PALUCH PAWEŁ	202	AVOCADO WELLNESS CLUB	WARSZAWA	POL	M60-69	4	M 30	00:18:29	00:38:06	00:58:09	01:18:47.14	7:52	7.6
47	BACHANEK KATARZYNA	151	TORUŃ - IDZIEMY BEZ RYZYKA	TORUŃ	POL	K60-69	3	K 17	00:19:52	00:39:40	00:59:32	01:18:57.19	7:53	7.6
48	POSTEK DANUTA	229	ZIELONE GROSZKI POZNAN	POZNAŃ	POL	K60-69	4	K 18	00:19:49	00:39:33	00:59:26	01:18:58.07	7:53	7.6
49	GAJEK HALINA	167	WESOŁY BORSUK TEAM	PRUDNIK	POL	K50-59	7	K 19	00:19:30	00:39:13	00:59:10	01:19:18.90	7:55	7.6
50	ŚLUSARCZYK KAROLINA	219	WESOŁY BORSUK TEAM	PRUDNIK	POL	K18-29	1	K 20	00:19:01	00:38:57	00:59:09	01:19:20.28	7:56	7.6
51	SAPUŁA WIKTORIA	212	K.S. VICTORIA POTĘGOWO	LUBLIN	POL	K18-29	2	K 21	00:19:45	00:39:53	00:59:43	01:19:45.73	7:58	7.5
52	ŚLUSARCZYK ANDRZEJ	218	WESOŁY BORSUK TEAM	PRUDNIK	POL	M70+	4	M 31	00:19:18	00:39:05	00:59:19	01:19:59.12	7:59	7.5
53	BILINIEWICZ DOROTA	157	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	K50-59	8	K 22	00:19:32	00:39:39	01:00:00	01:20:16.40	8:01	7.5
54	KUSA KAROLINA	187	LIFE BALANCE PLACE	BYDGOSZCZ	POL	K40-49	7	K 23	00:19:52	00:40:23	01:00:34	01:20:44.95	8:04	7.4
55	JURCZAK-TOCZKO ANNA	174		WARSZAWA	POL	K50-59	9	K 24	00:19:40	00:40:10	01:00:51	01:21:08.26	8:06	7.4
56	FRYZEWSKI ANDRZEJ	166		RUNOWO KRAJEŃSKIE	POL	M50-59	10	M 32	00:20:12	00:40:14	01:00:41	01:21:20.05	8:08	7.4
57	SOKOŁOWSKI ADAM	231	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M50-59	11	M 33	00:20:10	00:40:29	01:01:22	01:21:27.49	8:08	7.4
58	CEMPA WOJCIECH	162	WŁÓCZYKIJE GDYNIA	KIELNO	POL	M40-49	9	M 34	00:19:41	00:40:10	01:01:05	01:22:16.97	8:13	7.3
59	BĄDZ WOJCIECH	155	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M50-59	12	M 35	00:20:30	00:41:30	01:02:36	01:23:35.63	8:21	7.2
60	WILK IWONA	220	NORDIC SPORT 2021	KATOWICE	POL	K50-59	10	K 25	00:21:26	00:42:29	01:03:35	01:24:41.09	8:28	7.1
61	BADOWSKA-STEFANŚKA BARBARA	152	BASZTA BYTÓW	BYTÓW	POL	K60-69	5	K 26	00:20:22	00:41:45	01:03:32	01:25:20.33	8:32	7
62	KOŻYKOWSKA ANIELA	181	BASZTA BYTÓW	BYTÓW	POL	K60-69	6	K 27	00:20:23	00:41:46	01:03:33	01:25:21.42	8:32	7
63	GÓRSKA AGNIESZKA	168		SZCZECIN	POL	K40-49	8	K 28	00:21:28	00:43:48	01:05:59	01:26:22.36	8:38	6.9
64	MATULEWICZ DOROTA	194	TORUŃ - IDZIEMY BEZ RYZYKA	TORUŃ	POL	K50-59	11	K 29	00:20:51	00:42:26	01:04:40	01:26:45.55	8:40	6.9
65	GRYGOROWICZ TERESA	169	KGHM METRACO	LUBIN	POL	K70+	1	K 30	00:21:16	00:42:49	01:05:07	01:27:07.40	8:42	6.9
66	ŻYGENDA ANNA	227	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	K50-59	12	K 31	00:22:28	00:44:23	01:06:35	01:28:55.66	8:53	6.7
67	BREWZYŃSKA MILENA	158	POLIPACK TEAM GWE	ŁYSE	POL	K30-39	3	K 32	00:22:00	00:44:33	01:06:50	01:28:59.00	8:53	6.7
68	BURLIŃSKA ANNA	160	BASZTA BYTÓW	BYTÓW	POL	K30-39	4	K 33	00:22:39	00:45:12	01:07:42	01:30:05.18	9:00	6.7
69	KRAJNIK EMILIA	183	LIFE BALANCE PLACE	BYDGOSZCZ	POL	K50-59	13	K 34	00:20:40	00:42:53	01:08:33	01:31:06.23	9:06	6.6
70	KOWALSKA IZABELA	180	LIFE BALANCE PLACE	NIEMCZ	POL	K60-69	7	K 35	00:22:24	00:45:35	01:09:14	01:33:01.12	9:18	6.5
71	RICHERT TERESA	207	CCH TEAM	CHEŁMNO	POL	K40-49	9	K 36	00:23:12	00:48:08	01:12:37	01:33:54.08	9:23	6.4
72	KRZYŻANOWSKI MARIUSZ	186		TORUŃ	POL	M50-59	13	M 36	00:22:40	00:46:29	01:11:14	01:35:48.56	9:34	6.3
73	RÓŻAŃSKA AGNIESZKA	210	CCH TEAM	KLAMRY	POL	K40-49	10	K 37	00:23:26	00:48:28	01:13:18	01:37:37.98	9:45	6.1
	MADALIŃSKI MARCIN	192	K.S. VICTORIA POTĘGOWO	LESZNO	POL	M40-49			00:14:50	DNF	DNF	DNF	-	-
									DNF					

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, OPEN -K

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	KUBISZYN MAŁGORZATA	235	K.S. VICTORIA POTĘGOWO	LUBACZÓW	POL	K30-39	1	K 1	00:16:35	00:33:29	00:50:27	01:06:47.41	6:40	9
2	KOŁODZIEJ JOANNA	179	OPEN SPORT TEAM	RUDA ŚLĄSKA	POL	K50-59	1	K 2	00:16:35	00:33:30	00:50:27	01:06:51.80	6:41	9
3	BIELECKA ZUZANNA	156	K.S. VICTORIA POTĘGOWO	WARSZAWA	POL	K40-49	1	K 3	00:16:37	00:33:32	00:50:29	01:06:57.23	6:41	9
4	FILIPOWICZ BARBARA	165	K.S. VICTORIA POTĘGOWO	KRZESZYCE	POL	K40-49	2	K 4	00:16:41	00:33:36	00:50:29	01:07:08.15	6:42	8.9
5	JĘDRASIAK RENATA	173	KGHM METRACO	LUBIN	POL	K60-69	1	K 5	00:16:56	00:34:09	00:51:30	01:08:45.80	6:52	8.7
6	LABUS MARZENA	189	NORDIC SPORT 2021	LUBLINIEC	POL	K30-39	2	K 6	00:16:36	00:33:41	00:51:13	01:08:47.79	6:52	8.7
7	KNAPCZYK-KANIA GABRIELA	178	NORDIC SPORT 2021	BIENKÓWKA	POL	K50-59	2	K 7	00:16:53	00:34:23	00:52:14	01:10:11.54	7:01	8.5
8	HRYCIUK TERESA	171	K.S. VICTORIA POTĘGOWO	BIAŁA PODLASKA	POL	K60-69	2	K 8	00:17:25	00:36:11	00:55:20	01:14:49.85	7:28	8
9	ZDRZĄŁEK ALICJA	225	NORDIC SPORT 2021	TARNOWSKIE GÓRY	POL	K40-49	3	K 9	00:18:26	00:37:32	00:56:49	01:16:09.91	7:36	7.9
10	OLEJNIK MARZENA	200		SZCZECIN	POL	K50-59	3	K 10	00:18:58	00:38:17	00:57:18	01:16:23.65	7:38	7.9
11	NEUMANN KAMILA	199	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	K40-49	4	K 11	00:18:47	00:37:45	00:57:04	01:16:37.53	7:39	7.8
12	LEWANDOWSKA RENATA	190	LIFE BALANCE BYDGOSZCZ	BYDGOSZCZ	POL	K50-59	4	K 12	00:18:58	00:38:18	00:57:35	01:16:39.85	7:39	7.8
13	LEMAŃCZYK KATARZYNA	232	BASZTA BYTÓW	BYTÓW	POL	K50-59	5	K 13	00:19:22	00:38:49	00:57:52	01:16:41.06	7:40	7.8
14	MADALIŃSKA JOANNA	191	K.S. VICTORIA POTĘGOWO	LESZNO	POL	K40-49	5	K 14	00:18:50	00:38:02	00:57:25	01:16:49.54	7:40	7.8
15	BALCERZYK AGNIESZKA	153	NORDIC WALKING KIEKRZ POLAND	CHYBY	POL	K40-49	6	K 15	00:18:37	00:37:53	00:57:31	01:17:04.49	7:42	7.8
16	SKRZĄTEK LUCYNA	214	NORDIC SPORT 2021	TARNOWSKIE GÓRY	POL	K50-59	6	K 16	00:19:07	00:38:40	00:58:45	01:18:47.04	7:52	7.6
17	BACHANEK KATARZYNA	151	TORUŃ - IDZIEMY BEZ RYZYKA	TORUŃ	POL	K60-69	3	K 17	00:19:52	00:39:40	00:59:32	01:18:57.19	7:53	7.6
18	POSTEK DANUTA	229	ZIELONE GROSZKI POZNAN	POZNAŃ	POL	K60-69	4	K 18	00:19:49	00:39:33	00:59:26	01:18:58.07	7:53	7.6
19	GAJEK HALINA	167	WESOŁY BORSUK TEAM	PRUDNIK	POL	K50-59	7	K 19	00:19:30	00:39:13	00:59:10	01:19:18.90	7:55	7.6
20	ŚLUSARCZYK KAROLINA	219	WESOŁY BORSUK TEAM	PRUDNIK	POL	K18-29	1	K 20	00:19:01	00:38:57	00:59:09	01:19:20.28	7:56	7.6

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, OPEN -K c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
21	SAPUŁA WIKTORIA	212	K.S. VICTORIA POTĘGOWO	LUBLIN	POL	K18-29	2	K 21	00:19:45	00:39:53	00:59:43	01:19:45.73	7:58	7.5
22	BILINIEWICZ DOROTA	157	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	K50-59	8	K 22	00:19:32	00:39:39	01:00:00	01:20:16.40	8:01	7.5
23	KUSA KAROLINA	187	LIFE BALANCE PLACE	BYDGOSZCZ	POL	K40-49	7	K 23	00:19:52	00:40:23	01:00:34	01:20:44.95	8:04	7.4
24	JURCZAK-TOCZKO ANNA	174		WARSZAWA	POL	K50-59	9	K 24	00:19:40	00:40:10	01:00:51	01:21:08.26	8:06	7.4
25	WILK IWONA	220	NORDIC SPORT 2021	KATOWICE	POL	K50-59	10	K 25	00:21:26	00:42:29	01:03:35	01:24:41.09	8:28	7.1
26	BADOWSKA-STEFAŃSKA BARBARA	152	BASZTA BYTÓW	BYTÓW	POL	K60-69	5	K 26	00:20:22	00:41:45	01:03:32	01:25:20.33	8:32	7
27	KOŻYKOWSKA ANIELA	181	BASZTA BYTÓW	BYTÓW	POL	K60-69	6	K 27	00:20:23	00:41:46	01:03:33	01:25:21.42	8:32	7
28	GÓRSKA AGNIESZKA	168		SZCZECIN	POL	K40-49	8	K 28	00:21:28	00:43:48	01:05:59	01:26:22.36	8:38	6.9
29	MATULEWICZ DOROTA	194	TORUŃ - IDZIEMY BEZ RYZYKA	TORUŃ	POL	K50-59	11	K 29	00:20:51	00:42:26	01:04:40	01:26:45.55	8:40	6.9
30	GRYGOROWICZ TERESA	169	KGHM METRACO	LUBIN	POL	K70+	1	K 30	00:21:16	00:42:49	01:05:07	01:27:07.40	8:42	6.9
31	ŻYGENDA ANNA	227	WŁÓCZYKIJA GDYNIA	GDYNIA	POL	K50-59	12	K 31	00:22:28	00:44:23	01:06:35	01:28:55.66	8:53	6.7
32	BREW CZYŃSKA MILENA	158	POLIPACK TEAM GWE	ŁYSE	POL	K30-39	3	K 32	00:22:00	00:44:33	01:06:50	01:28:59.00	8:53	6.7
33	BURLIŃSKA ANNA	160	BASZTA BYTÓW	BYTÓW	POL	K30-39	4	K 33	00:22:39	00:45:12	01:07:42	01:30:05.18	9:00	6.7
34	KRAJNIK EMILIA	183	LIFE BALANCE PLACE	BYDGOSZCZ	POL	K50-59	13	K 34	00:20:40	00:42:53	01:08:33	01:31:06.23	9:06	6.6
35	KOWALSKA IZABELA	180	LIFE BALANCE PLACE	NIEMCZ	POL	K60-69	7	K 35	00:22:24	00:45:35	01:09:14	01:33:01.12	9:18	6.5
36	RICHERT TERESA	207	CCH TEAM	CHEŁMNO	POL	K40-49	9	K 36	00:23:12	00:48:08	01:12:37	01:33:54.08	9:23	6.4
37	RÓŻAŃSKA AGNIESZKA	210	CCH TEAM	KLAMRY	POL	K40-49	10	K 37	00:23:26	00:48:28	01:13:18	01:37:37.98	9:45	6.1

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, OPEN -M

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	MARCZAK TOMASZ	193	K.S. VICTORIA POTĘGOWO	ALEKSANDRIA I	POL	M18-29	1	M 1	00:14:35	00:29:13	00:43:48	00:58:45.54	5:52	10.2
2	WITUCKI JACEK	221	K.S. VICTORIA POTĘGOWO	POZNAŃ	POL	M50-59	1	M 2	00:14:22	00:29:09	00:44:00	00:58:53.46	5:53	10.2
3	ROMANOWSKI DANIEL	209	KATOWICKI NORDIC WALKING	RYBNIK	POL	M18-29	2	M 3	00:14:22	00:29:09	00:44:04	00:59:26.63	5:56	10.1
4	KABATA JAROSŁAW	175	NORDIC SPORT 2021	TARNOWSKIE GÓRY	POL	M50-59	2	M 4	00:14:24	00:29:49	00:46:13	01:02:49.84	6:16	9.6
5	KŁOS MACIEJ	177	POLIPACK TEAM GWE	GDAŃSK	POL	M40-49	1	M 5	00:15:25	00:31:15	00:47:37	01:04:12.39	6:25	9.3
6	JAWORSKI ŁUKASZ	230	ERYK TEAM WYSOKA	WYSOKA	POL	M40-49	2	M 6	00:15:14	00:31:25	00:48:16	01:04:48.90	6:28	9.3
7	MICHALSKI ANDRZEJ	195	POLIPACK TEAM GWE	ZMIENNICA	POL	M60-69	1	M 7	00:15:38	00:31:59	00:48:28	01:04:50.04	6:29	9.3
8	PRZYBORKIEWICZ KRIS	204	PIERNIKI TORUŃ	TORUŃ	POL	M50-59	3	M 8	00:16:07	00:32:50	00:50:01	01:07:17.49	6:43	8.9
9	ŚLUSARCZYK MARCIN	217	WESOŁY BORSUK TEAM	PRUDNIK	POL	M40-49	3	M 9	00:15:37	00:32:47	00:50:10	01:07:37.03	6:45	8.9
10	BREW CZYŃSKI MARCIN	159	POLIPACK TEAM GWE	ŁYSE	POL	M30-39	1	M 10	00:17:19	00:34:34	00:52:03	01:08:57.21	6:53	8.7
11	ZEMŁA MARCIN	226	CIAP CIAP ZEMŁA TEAM	MIĘDZYRZEC PODLASKI	POL	M30-39	2	M 11	00:17:34	00:35:03	00:52:16	01:09:01.45	6:54	8.7
12	JAKSINA DARIUSZ	172	MAZURSKI DZIK	RUCIANE NIDA	POL	M50-59	4	M 12	00:17:01	00:34:22	00:51:51	01:09:12.62	6:55	8.7
13	CHYRA JANUSZ	163	NORDIC SPORT 2021	LUBLINIEC	POL	M40-49	4	M 13	00:17:17	00:34:45	00:52:20	01:09:56.53	6:59	8.6
14	MIHELAC JURAJ	196	NWC SPALATUM	SPLIT	CRO	M40-49	5	M 14	00:17:21	00:34:56	00:52:45	01:10:36.83	7:03	8.5
15	SIWAK PIOTR	213	KGHM METRACO	RUDNA	POL	M60-69	2	M 15	00:17:17	00:34:56	00:52:55	01:10:36.87	7:03	8.5
16	STACHOWIAK TOMASZ	216	STĘSZEW TEAM	KONARZEWO	POL	M40-49	6	M 16	00:17:50	00:35:54	00:53:48	01:11:46.16	7:10	8.4
17	ROCHNA PIOTR	208	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M40-49	7	M 17	00:17:34	00:35:27	00:53:49	01:11:55.09	7:11	8.3
18	HRYCIUK WALDEMAR	170	VICTORIA POTĘGOWO	BIAŁA PODLASKA	POL	M60-69	3	M 18	00:17:18	00:35:05	00:53:20	01:11:56.73	7:11	8.3
19	KRAJNIK JACEK	182	LIFE BALANCE PLACE	BYDGOSZCZ	POL	M50-59	5	M 19	00:17:03	00:35:13	00:53:43	01:12:38.66	7:15	8.3
20	OLEJNIK PRZEMEK	201		SZCZECIN	POL	M50-59	6	M 20	00:18:09	00:37:01	00:55:24	01:13:20.52	7:20	8.2
21	BURZAWA KRZYSZTOF	161	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M50-59	7	M 21	00:18:08	00:36:43	00:55:15	01:13:59.04	7:23	8.1
22	POLAK PAWEŁ	203	TORUŃ NORDIC TEAM	INOWROCŁAW	POL	M30-39	3	M 22	00:18:24	00:37:23	00:56:07	01:14:24.24	7:26	8.1
23	ZAWADZKI ZYGMUNT	224	CIDRY Z KIJAMI	BYTOM	POL	M70+	1	M 23	00:18:03	00:36:33	00:55:26	01:14:46.04	7:28	8
24	CZMOCH MARIAN	164	NORDIC SPORT 2021	ŁOSICE	POL	M70+	2	M 24	00:18:27	00:37:20	00:56:28	01:15:44.67	7:34	7.9
25	ŻYGENDA ROBERT	228	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M50-59	8	M 25	00:18:41	00:37:42	00:56:47	01:15:50.51	7:35	7.9
26	KUZYHLYNY OLEKSII	188	BASZTA BYTÓW	BYTÓW	UKR	M30-39	4	M 26	00:18:29	00:37:47	00:57:00	01:16:24.99	7:38	7.9
27	BARTOSIEWICZ WŁODZIMIERZ	154	LUKI TEAM POLSKA	GDAŃSK	POL	M70+	3	M 27	00:18:34	00:37:44	00:57:21	01:17:14.65	7:43	7.8
28	NASTAŁY MICHAŁ	197	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M40-49	8	M 28	00:18:56	00:38:24	00:57:59	01:17:40.06	7:46	7.7
29	KRAWIEC JACEK	185	JACK NORDIC TEAM ELBLĄG	ELBLĄG	POL	M50-59	9	M 29	00:19:15	00:38:55	00:58:33	01:17:47.70	7:46	7.7
30	PALUCH PAWEŁ	202	AVOCADO WELLNESS CLUB	WARSZAWA	POL	M60-69	4	M 30	00:18:29	00:38:06	00:58:09	01:18:47.14	7:52	7.6
31	ŚLUSARCZYK ANDRZEJ	218	WESOŁY BORSUK TEAM	PRUDNIK	POL	M70+	4	M 31	00:19:18	00:39:05	00:59:19	01:19:59.12	7:59	7.5
32	FRYŻEWSKI ANDRZEJ	166		RUNOWO KRAJEŃSKIE	POL	M50-59	10	M 32	00:20:12	00:40:14	01:00:41	01:21:20.05	8:08	7.4
33	SOKOŁOWSKI ADAM	231	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M50-59	11	M 33	00:20:10	00:40:29	01:01:22	01:21:27.49	8:08	7.4
34	CEMPA WOJCIECH	162	WŁÓCZYKIJE GDYNIA	KIELNO	POL	M40-49	9	M 34	00:19:41	00:40:10	01:01:05	01:22:16.97	8:13	7.3
35	BĄDZ WOJCIECH	155	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M50-59	12	M 35	00:20:30	00:41:30	01:02:36	01:23:35.63	8:21	7.2

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, OPEN -M c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
36	KRZYŻANOWSKI MARIUSZ	186	TORUŃ	TORUŃ	POL	M50-59	13	M 36	00:22:40	00:46:29	01:11:14	01:35:48.56	9:34	6.3
	MADALIŃSKI MARCIN	192	K.S. VICTORIA POTĘGOWO	LESZNO	POL	M40-49			00:14:50	DNF	DNF	DNF	-	-
									DNF					

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, K18-29

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	ŚLUSARCZYK KAROLINA	219	WESOŁY BORSUK TEAM	PRUDNIK	POL	K18-29	1	K 20	00:19:01	00:38:57	00:59:09	01:19:20.28	7:56	7.6
2	SAPUŁA WIKTORIA	212	K.S. VICTORIA POTĘGOWO	LUBLIN	POL	K18-29	2	K 21	00:19:45	00:39:53	00:59:43	01:19:45.73	7:58	7.5

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, M18-29

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	MARCZAK TOMASZ	193	K.S. VICTORIA POTĘGOWO	ALEKSANDRIA I	POL	M18-29	1	M 1	00:14:35	00:29:13	00:43:48	00:58:45.54	5:52	10.2
2	ROMANOWSKI DANIEL	209	KATOWICKI NORDIC WALKING	RYBNIK	POL	M18-29	2	M 3	00:14:22	00:29:09	00:44:04	00:59:26.63	5:56	10.1

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, K30-39

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	KUBISZYN MAŁGORZATA	235	K.S. VICTORIA POTĘGOWO	LUBACZÓW	POL	K30-39	1	K 1	00:16:35	00:33:29	00:50:27	01:06:47.41	6:40	9
2	LABUS MARZENA	189	NORDIC SPORT 2021	LUBLINIEC	POL	K30-39	2	K 6	00:16:36	00:33:41	00:51:13	01:08:47.79	6:52	8.7
3	BREWCZYŃSKA MILENA	158	POLIPACK TEAM GWE	ŁYSE	POL	K30-39	3	K 32	00:22:00	00:44:33	01:06:50	01:28:59.00	8:53	6.7
4	BURLIŃSKA ANNA	160	BASZTA BYTÓW	BYTÓW	POL	K30-39	4	K 33	00:22:39	00:45:12	01:07:42	01:30:05.18	9:00	6.7

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, M30-39

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	BREWCZYŃSKI MARCIN	159	POLIPACK TEAM GWE	ŁYSE	POL	M30-39	1	M 10	00:17:19	00:34:34	00:52:03	01:08:57.21	6:53	8.7
2	ZEMŁA MARCIN	226	CIAP CIAP ZEMŁA TEAM	MIĘDZYRZEC PODLASKI	POL	M30-39	2	M 11	00:17:34	00:35:03	00:52:16	01:09:01.45	6:54	8.7
3	POLAK PAWEŁ	203	TORUŃ NORDIC TEAM	INOWROCLAW	POL	M30-39	3	M 22	00:18:24	00:37:23	00:56:07	01:14:24.24	7:26	8.1
4	KUZHYLNYI OLEKSII	188	BASZTA BYTÓW	BYTÓW	UKR	M30-39	4	M 26	00:18:29	00:37:47	00:57:00	01:16:24.99	7:38	7.9

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, K40-49

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	BIELECKA ZUZANNA	156	K.S. VICTORIA POTĘGOWO	WARSZAWA	POL	K40-49	1	K 3	00:16:37	00:33:32	00:50:29	01:06:57.23	6:41	9
2	FILIPOWICZ BARBARA	165	K.S. VICTORIA POTĘGOWO	KRZESZYCE	POL	K40-49	2	K 4	00:16:41	00:33:36	00:50:29	01:07:08.15	6:42	8.9
3	ZDRZAŁEK ALICJA	225	NORDIC SPORT 2021	TARNOWSKIE GÓRY	POL	K40-49	3	K 9	00:18:26	00:37:32	00:56:49	01:16:09.91	7:36	7.9
4	NEUMANN KAMILA	199	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	K40-49	4	K 11	00:18:47	00:37:45	00:57:04	01:16:37.53	7:39	7.8
5	MADALIŃSKA JOANNA	191	K.S. VICTORIA POTĘGOWO	LESZNO	POL	K40-49	5	K 14	00:18:50	00:38:02	00:57:25	01:16:49.54	7:40	7.8
6	BALCERZYK AGNIESZKA	153	NORDIC WALKING KIEKRZ POLAND	CHYBY	POL	K40-49	6	K 15	00:18:37	00:37:53	00:57:31	01:17:04.49	7:42	7.8
7	KUSA KAROLINA	187	LIFE BALANCE PLACE	BYDGOSZCZ	POL	K40-49	7	K 23	00:19:52	00:40:23	01:00:34	01:20:44.95	8:04	7.4
8	GÓRSKA AGNIESZKA	168	SZCZECIN	SZCZECIN	POL	K40-49	8	K 28	00:21:28	00:43:48	01:05:59	01:26:22.36	8:38	6.9
9	RICHERT TERESA	207	CCH TEAM	CHEŁMNO	POL	K40-49	9	K 36	00:23:12	00:48:08	01:12:37	01:33:54.08	9:23	6.4
10	RÓŻANSKA AGNIESZKA	210	CCH TEAM	KLAMRY	POL	K40-49	10	K 37	00:23:26	00:48:28	01:13:18	01:37:37.98	9:45	6.1

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, M40-49

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	KŁOS MACIEJ	177	POLIPACK TEAM GWE	GDĄSK	POL	M40-49	1	M 5	00:15:25	00:31:15	00:47:37	01:04:12.39	6:25	9.3
2	JAWORSKI ŁUKASZ	230	ERYK TEAM WYSOKA	WYSOKA	POL	M40-49	2	M 6	00:15:14	00:31:25	00:48:16	01:04:48.90	6:28	9.3
3	ŚLUSARCZYK MARCIN	217	WESOŁY BORSUK TEAM	PRUDNIK	POL	M40-49	3	M 9	00:15:37	00:32:47	00:50:10	01:07:37.03	6:45	8.9
4	CHYRA JANUSZ	163	NORDIC SPORT 2021	LUBLINIEC	POL	M40-49	4	M 13	00:17:17	00:34:45	00:52:20	01:09:56.53	6:59	8.6
5	MIHELAC JURAJ	196	NWC SPALATUM	SPLIT	CRO	M40-49	5	M 14	00:17:21	00:34:56	00:52:45	01:10:36.83	7:03	8.5
6	STACHOWIAK TOMASZ	216	STĘSZEW TEAM	KONARZEWO	POL	M40-49	6	M 16	00:17:50	00:35:54	00:53:48	01:11:46.16	7:10	8.4
7	ROCHNA PIOTR	208	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M40-49	7	M 17	00:17:34	00:35:27	00:53:49	01:11:55.09	7:11	8.3
8	NASTAŁY MICHAŁ	197	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M40-49	8	M 28	00:18:56	00:38:24	00:57:59	01:17:40.06	7:46	7.7
9	CEMPA WOJCIECH	162	WŁÓCZYKIJE GDYNIA	KIELNO	POL	M40-49	9	M 34	00:19:41	00:40:10	01:01:05	01:22:16.97	8:13	7.3
	MADALIŃSKI MARCIN	192	K.S. VICTORIA POTĘGOWO	LESZNO	POL	M40-49			00:14:50	DNF	DNF	DNF	-	-
									DNF					

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, K50-59

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	KOŁODZIEJ JOANNA	179	OPEN SPORT TEAM	RUDA ŚLĄSKA	POL	K50-59	1	K 2	00:16:35	00:33:30	00:50:27	01:06:51.80	6:41	9
2	KNAPCZYK-KANIA GABRIELA	178	NORDIC SPORT 2021	BIENKÓWKA	POL	K50-59	2	K 7	00:16:53	00:34:23	00:52:14	01:10:11.54	7:01	8.5
3	OLEJNIK MARZENA	200		SZCZECIN	POL	K50-59	3	K 10	00:18:58	00:38:17	00:57:18	01:16:23.65	7:38	7.9
4	LEWANDOWSKA RENATA	190	LIFE BALANCE BYDGOSZCZ	BYDGOSZCZ	POL	K50-59	4	K 12	00:18:58	00:38:18	00:57:35	01:16:39.85	7:39	7.8
5	LEMANCZYK KATARZYNA	232	BASZTA BYTÓW	BYTÓW	POL	K50-59	5	K 13	00:19:22	00:38:49	00:57:52	01:16:41.06	7:40	7.8
6	SKRZĄTEK LUCYNA	214	NORDIC SPORT 2021	TARNOWSKIE GÓRY	POL	K50-59	6	K 16	00:19:07	00:38:40	00:58:45	01:18:47.04	7:52	7.6
7	GAJEK HALINA	167	WESOŁY BORSUK TEAM	PRUDNIK	POL	K50-59	7	K 19	00:19:30	00:39:13	00:59:10	01:19:18.90	7:55	7.6
8	BILINIEWICZ DOROTA	157	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	K50-59	8	K 22	00:19:32	00:39:39	01:00:00	01:20:16.40	8:01	7.5
9	JURCZAK-TOCZKO ANNA	174		WARSZAWA	POL	K50-59	9	K 24	00:19:40	00:40:10	01:00:51	01:21:08.26	8:06	7.4
10	WILK IWONA	220	NORDIC SPORT 2021	KATOWICE	POL	K50-59	10	K 25	00:21:26	00:42:29	01:03:35	01:24:41.09	8:28	7.1
11	MATULEWICZ DOROTA	194	TORUŃ - IDZIEMY BEZ RYZYKA	TORUŃ	POL	K50-59	11	K 29	00:20:51	00:42:26	01:04:40	01:26:45.55	8:40	6.9
12	ŻYGENDA ANNA	227	WŁÓCZYKIJA GDYNIA	GDYNIA	POL	K50-59	12	K 31	00:22:28	00:44:23	01:06:35	01:28:55.66	8:53	6.7
13	KRAJNIK EMILIA	183	LIFE BALANCE PLACE	BYDGOSZCZ	POL	K50-59	13	K 34	00:20:40	00:42:53	01:08:33	01:31:06.23	9:06	6.6

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, M50-59

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	WITUCKI JACEK	221	K.S. VICTORIA POTĘGOWO	POZNAŃ	POL	M50-59	1	M 2	00:14:22	00:29:09	00:44:00	00:58:53.46	5:53	10.2
2	KABATA JAROSŁAW	175	NORDIC SPORT 2021	TARNOWSKIE GÓRY	POL	M50-59	2	M 4	00:14:24	00:29:49	00:46:13	01:02:49.84	6:16	9.6
3	PRZYBORKIEWICZ KRISS	204	PIERNIKI TORUŃ	TORUŃ	POL	M50-59	3	M 8	00:16:07	00:32:50	00:50:01	01:07:17.49	6:43	8.9
4	JAKSINA DARIUSZ	172	MAZURSKI DZIK	RUCIANE NIDA	POL	M50-59	4	M 12	00:17:01	00:34:22	00:51:51	01:09:12.62	6:55	8.7
5	KRAJNIK JACEK	182	LIFE BALANCE PLACE	BYDGOSZCZ	POL	M50-59	5	M 19	00:17:03	00:35:13	00:53:43	01:12:38.66	7:15	8.3
6	OLEJNIK PRZEMEK	201		SZCZECIN	POL	M50-59	6	M 20	00:18:09	00:37:01	00:55:24	01:13:20.52	7:20	8.2
7	BURZAWA KRZYSZTOF	161	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M50-59	7	M 21	00:18:08	00:36:43	00:55:15	01:13:59.04	7:23	8.1
8	ŻYGENDA ROBERT	228	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M50-59	8	M 25	00:18:41	00:37:42	00:56:47	01:15:50.51	7:35	7.9
9	KRAWIEC JACEK	185	JACK NORDIC TEAM ELBLĄG	ELBLĄG	POL	M50-59	9	M 29	00:19:15	00:38:55	00:58:33	01:17:47.70	7:46	7.7
10	FRYZEWSKI ANDRZEJ	166		RUNOWO KRAJEŃSKIE	POL	M50-59	10	M 32	00:20:12	00:40:14	01:00:41	01:21:20.05	8:08	7.4
11	SOKOŁOWSKI ADAM	231	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M50-59	11	M 33	00:20:10	00:40:29	01:01:22	01:21:27.49	8:08	7.4
12	BĄDZ WOJCIECH	155	WŁÓCZYKIJE GDYNIA	GDYNIA	POL	M50-59	12	M 35	00:20:30	00:41:30	01:02:36	01:23:35.63	8:21	7.2
13	KRZYŻANOWSKI MARIUSZ	186		TORUŃ	POL	M50-59	13	M 36	00:22:40	00:46:29	01:11:14	01:35:48.56	9:34	6.3

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, K60-69

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	JĘDRASIAK RENATA	173	KGHM METRACO	LUBIN	POL	K60-69	1	K 5	00:16:56	00:34:09	00:51:30	01:08:45.80	6:52	8.7
2	HRYCIUK TERESA	171	K.S. VICTORIA POTĘGOWO	BIAŁA PODLASKA	POL	K60-69	2	K 8	00:17:25	00:36:11	00:55:20	01:14:49.85	7:28	8
3	BACHANEK KATARZYNA	151	TORUŃ - IDZIEMY BEZ RYZYKA	TORUŃ	POL	K60-69	3	K 17	00:19:52	00:39:40	00:59:32	01:18:57.19	7:53	7.6

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, K60-69 c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
4	POSTEK DANUTA	229	ZIELONE GROSZKI POZNAŃ	POZNAŃ	POL	K60-69	4	K 18	00:19:49	00:39:33	00:59:26	01:18:58.07	7:53	7.6
5	BADOWSKA-STEFANŃSKA BARBARA	152	BASZTA BYTÓW	BYTÓW	POL	K60-69	5	K 26	00:20:22	00:41:45	01:03:32	01:25:20.33	8:32	7
6	KOŹYKOWSKA ANIELA	181	BASZTA BYTÓW	BYTÓW	POL	K60-69	6	K 27	00:20:23	00:41:46	01:03:33	01:25:21.42	8:32	7
7	KOWALSKA IZABELA	180	LIFE BALANCE PLACE	NIEMCZ	POL	K60-69	7	K 35	00:22:24	00:45:35	01:09:14	01:33:01.12	9:18	6.5

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, M60-69

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	MICHALSKI ANDRZEJ	195	POLIPACK TEAM GWE	ZMIENNICA	POL	M60-69	1	M 7	00:15:38	00:31:59	00:48:28	01:04:50.04	6:29	9.3
2	SIWAK PIOTR	213	KGHM METRACO	RUDNA	POL	M60-69	2	M 15	00:17:17	00:34:56	00:52:55	01:10:36.87	7:03	8.5
3	HRYCIUK WALDEMAR	170	VICTORIA POTĘGOWO	BIAŁA PODLASKA	POL	M60-69	3	M 18	00:17:18	00:35:05	00:53:20	01:11:56.73	7:11	8.3
4	PALUCH PAWEŁ	202	AVOCADO WELLNESS CLUB	WARSZAWA	POL	M60-69	4	M 30	00:18:29	00:38:06	00:58:09	01:18:47.14	7:52	7.6

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, K70+

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	GRYGOROWICZ TERESA	169	KGHM METRACO	LUBIN	POL	K70+	1	K 30	00:21:16	00:42:49	01:05:07	01:27:07.40	8:42	6.9

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, M70+

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	ZAWADZKI ZYGMUNT	224	CIDRY Z KIJAMI	BYTOM	POL	M70+	1	M 23	00:18:03	00:36:33	00:55:26	01:14:46.04	7:28	8
2	CZMOCH MARIAN	164	NORDIC SPORT 2021	ŁOSICE	POL	M70+	2	M 24	00:18:27	00:37:20	00:56:28	01:15:44.67	7:34	7.9
3	BARTOSIEWICZ WŁODZIMIERZ	154	LUKI TEAM POLSKA	GDAŃSK	POL	M70+	3	M 27	00:18:34	00:37:44	00:57:21	01:17:14.65	7:43	7.8
4	ŚLUSARCZYK ANDRZEJ	218	WESOŁY BORSUK TEAM	PRUDNIK	POL	M70+	4	M 31	00:19:18	00:39:05	00:59:19	01:19:59.12	7:59	7.5

MISTRZOSTWA POLSKI / PUCHAR POLSKI NW 2024 - BYDGOSZCZ- 10KM - 2/6, Drużynowa

Place	Team	Classified participants	Time	Team time
1	K.S. VICTORIA POTĘGOWO	TOMASZ MARCZAKJACEK WITUCKIMAŁGORZATA KUBISZYNZUZANNA BIELECKA	00:58:45.5400:58:53.4601:06:47.4101:06:57.23	04:11:22
2	NORDIC SPORT 2021	JAROSŁAW KABATAMARZENA LABUSJANUSZ CHYRAGABRIELA KNAPCZYK-KANIA	01:02:49.8401:08:47.7901:09:56.5301:10:11.54	04:31:43
3	WŁÓCZYKJE GDYNIA	PIOTR ROCHNAKRZYSZTOF BURZAWAKAMILA NEUMANNDOROTA BILINIEWICZ	01:11:55.0901:13:59.0401:16:37.5301:20:16.40	05:02:43
4	WESOŁY BORSUK TEAM	MARCIN ŚLUSARCZYKHALINA GAJEKKAROLINA ŚLUSARCZYKANDRZEJ ŚLUSARCZYK	01:07:37.0301:19:18.9001:19:20.2801:19:59.12	05:06:14
5	BASZTA BYTÓW	OLEKSII KUZHYLNYIKATARZYNA LEMAŃCZYKBARBARA BADOWSKA-STEFANŃSKAANIELA KOŹYKOWSKA	01:16:24.9901:16:41.0601:25:20.3301:25:21.42	05:23:46
6	LIFE BALANCE PLACE	JACEK KRAJNIKKAROLINA KUSAEMILIA KRAJNIKIZABELA KOWALSKA	01:12:38.6601:20:44.9501:31:06.2301:33:01.12	05:37:29