

GOLDEN MOUNTAINS TRAIL - 33 KM

Organizator: Fundacja MARATONY GÓRSKIE
Data: 2024-07-18
Miejsce: Łądek-Zdrój
Dystans: 33 km
Klasyfikacja wg czasów brutto.



GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	9km	24km	Netto	Brutto	min/km	km/h
1	MATUSZCZAK RAFAŁ	6174	SALOMON	KRAKÓW	POL	SENIOR II M - 30	1	M 1	00:46:33	01:58:50	02:36:56.60	02:36:58.65	4:45	12.6
2	HUDEK TOMAS	6268	SALOMON TEAM	PRAHA	POL	SENIOR II M - 30	2	M 2	00:47:09	01:59:45	02:39:52.70	02:39:55.75	4:50	12.4
3	MILEWSKI DOMINIK	6448	LASPORTIVA/ RYKOWISKO TEAM	WARSZAWA	POL	SENIOR I M - 20	1	M 3	00:47:51	02:04:27	02:45:33.05	02:45:36.40	5:01	12
4	FABIAN MARCEL	6282	EVANLITE.COM	USTRON	POL	SENIOR I M - 20	2	M 4	00:48:41	02:05:45	02:49:57.80	02:50:00.85	5:09	11.7
5	PETR JIŘÍ	6195	SALOMON	KOVALOVICE	CZE	MASTERS M - 40	1	M 5	00:48:40	02:07:46	02:53:46.00	02:53:48.80	5:15	11.4
6	IVANIUTA TARAS	6250	RESTARTNISA.SK	BRATISLAVA - RAČA	SLO	SENIOR II M - 30	3	M 6	00:47:38	02:16:35	02:58:56.30	02:58:58.90	5:25	11.1
7	GUZIK ŁUKASZ	6370	KCDO.PL	GAJ	POL	SENIOR II M - 30	4	M 7	00:51:41	02:17:30	03:06:21.35	03:06:39.55	5:38	10.6
8	ROGIEWICZ ANDRZEJ	6437	POLSKA	GRUDZIĄDZ	POL	SENIOR II M - 30	5	M 8	00:46:33	02:22:12	03:12:51.80	03:12:54.50	5:50	10.3
9	ŠÍŠOVSKÝ MARTIN	6093		TRENČÍN	SVK	SENIOR II M - 30	6	M 9	00:54:42	02:23:25	03:13:04.30	03:13:04.30	5:51	10.3
10	LEKI KRZYSZTOF	6051		GARBY	POL	MASTERS M - 40	2	M 10	00:57:12	02:26:15	03:13:13.40	03:13:19.35	5:51	10.2
11	ŠIMKOVÁ MARKÉTA	6178	SPORTOVNA	PRAGUE	CZE	SENIOR II K - 30	1	K 1	00:57:36	02:14:06	03:13:41.00	03:13:41.00	5:52	10.2
12	RACZAK MACIEJ	6399		SIEMIANOWICE ŚLĄSKIE	POL	SENIOR II M - 30	7	M 11	00:58:06	02:26:06	03:16:04.30	03:16:10.70	5:56	10.1
13	BULENDA BARTOSZ	6109	PIŹDZICA	RACIBORZ	POL	SENIOR I M - 20	3	M 12	00:56:09	02:26:19	03:17:42.70	03:17:48.35	5:59	10
14	ŠULCS RUBENS	6353	SUPERVARONI/ OK AZIMUTS	SMILTENE	LAT	SENIOR I M - 20	4	M 13	00:59:14	02:32:19	03:21:02.05	03:21:08.70	6:05	9.8
15	LÍŠKOVÁ IVANA	6092	ŠKP BRATISLAVA	POVAŽSKÁ BYSTRICA	SVK	SENIOR II K - 30	2	K 2	00:56:36	02:29:25	03:21:15.45	03:21:19.55	6:05	9.8
16	PAROL PIOTR	6152	INSTALACJE-ST.COM.PL	MIŃSK MAZOWIECKI	POL	SENIOR I M - 20	5	M 14	00:56:52	02:33:33	03:22:16.30	03:22:20.55	6:07	9.8
17	KUBÍČEK PETR	6004	RYCHLE-BY SPORT AND HEALTH	ŽULOVÁ	CZE	MASTERS M - 40	3	M 15	00:55:44	02:32:33	03:22:33.65	03:22:35.95	6:08	9.8
18	HUDCOVA TEREZA	6501	SALOMON CZECH	JABLONEC NAD NISOU	GBR	SENIOR II K - 30	3	K 3	00:58:46	02:32:32	03:22:50.90	03:22:54.30	6:08	9.8
19	LASEK JAKUB	6462	RMT TEAM	OPOLE	POL	SENIOR II M - 30	8	M 16	00:57:03	02:30:17	03:23:00.30	03:23:04.20	6:09	9.8
20	MOCZEK TOMASZ	6141		GŁOGÓW	POL	MASTERS M - 40	4	M 17	00:56:59	02:34:24	03:23:23.60	03:23:29.25	6:09	9.7
21	SABAT KAMIL	6030	AW - SZYBCIEJ - TEAM	WROCŁAW	POL	SENIOR II M - 30	9	M 18	01:00:02	02:34:28	03:23:14.55	03:23:33.35	6:09	9.7
22	TATAREK-KONIK AGNIESZKA	6376	SBG SALCO	CZELADŹ	POL	SENIOR II K - 30	4	K 4	00:59:35	02:33:26	03:23:54.80	03:24:04.10	6:10	9.7
23	PYZIK KRZYSZTOF	6502		ŚWINOUJŚCIE	POL	SENIOR II M - 30	10	M 19	00:56:56	02:30:49	03:24:02.75	03:24:10.00	6:10	9.7
24	JEDRZEJEWSKA OLA	6477	CORBA COLLECTIVE	WROCŁAW	POL	SENIOR II K - 30	5	K 5	00:56:08	02:36:29	03:24:21.75	03:24:26.80	6:11	9.7
25	NIEDŹWIADEK KAMIL	6390	GIŻA TEAM	WARSZAWA	POL	SENIOR II M - 30	11	M 20	00:59:21	02:33:52	03:24:23.95	03:24:28.20	6:11	9.7
26	GOŁĄB MAREK	6187	BANDA GRUDNIA	LUBLIN	POL	SENIOR II M - 30	12	M 21	00:59:27	02:34:44	03:25:33.65	03:25:39.30	6:13	9.6
27	KWIATKOWSKA KINGA	6445	HOKA GARMIN TEAM	RADKÓW	POL	SENIOR II K - 30	6	K 6	01:00:02	02:34:41	03:26:08.15	03:26:13.20	6:11	9.7
28	TESLUK KUBA	6049	AW - SZYBCIEJ - TEAM	ŻORY	POL	SENIOR II M - 30	13	M 22	00:56:07	02:30:51	03:30:48.80	03:30:52.80	6:23	9.4
29	GÓRAL KAROLINA	6378	HEJ HEJ GÓRALU	KRAKÓW	POL	SENIOR II K - 30	7	K 7	01:01:42	02:38:20	03:31:18.00	03:31:26.20	6:24	9.4
30	RYSZKA KAROL	6523	OKIEM WILKA	KATOWICE	POL	SENIOR II M - 30	14	M 23	00:56:57	02:35:43	03:31:23.50	03:31:28.40	6:24	9.4
31	BARNAŚ PIOTR	6307		KŁODZKO	POL	SENIOR I M - 20	6	M 24	00:54:52	02:30:04	03:32:17.20	03:32:20.50	6:25	9.3
32	KRASZPULSKA MAGDALENA	6430	TRAIL IS OUR WAY	WARSZAWA	POL	SENIOR II K - 30	8	K 8	01:00:49	02:39:52	03:32:22.10	03:32:26.60	6:26	9.3
33	DANEČKOVÁ MÁRIA	6513	RESTARTNISA.SK	BRATISLAVA	SLO	SENIOR II K - 30	9	K 9	00:59:05	02:35:49	03:33:02.10	03:33:05.30	6:27	9.3
34	PAPROCKA URSZULA	6369		KRAKÓW	POL	SENIOR II K - 30	10	K 10	00:56:56	02:26:22	03:33:54.90	03:34:01.80	6:28	9.3
35	STANEK PATRYCJA	6221	SALOMON	CZARNY DUNAJEC	POL	U23	1	K 11	00:59:16	02:37:51	03:34:30.55	03:34:37.90	6:30	9.2
36	LEWIAK MICHAŁ	6387	TRUCHT.COM	ŁÓDŹ	POL	SENIOR II M - 30	15	M 25	00:59:03	02:40:25	03:35:25.05	03:35:35.30	6:31	9.2
37	KOWALEWSKA ELŻBIETA	6143		ZGORZELEC	POL	MASTERS K - 40	1	K 12	01:06:12	02:45:03	03:35:54.20	03:36:09.20	6:32	9.2
38	BAK MATEUSZ	6117	MOUNTAIN RUNNING GUIDES	GARWOLIN	POL	U23	2	M 26	01:01:24	02:44:40	03:38:12.70	03:38:17.45	6:36	9.1
39	DYBIŻBAŃSKI WOJCIECH	6410	TABATA&DRINK TEAM	POZNAŃ (POZNAŃ-WILDA)	POL	SENIOR II M - 30	16	M 27	01:01:44	02:40:12	03:38:16.30	03:38:24.10	6:36	9.1
40	KOWALCZYK RAFAŁ	6208		KATOWICE	POL	SENIOR II M - 30	17	M 28	01:05:28	02:44:37	03:38:44.15	03:39:12.95	6:37	9.1
41	PACHUT JERZY	6472	ASICS FRONTRUNNER POLAND / SERCE BESKIDU	ŚLÓPNICE	POL	U23	3	M 29	00:53:34	02:35:58	03:39:32.60	03:39:36.55	6:39	9
42	TARNOWSKA ALEKSANDRA	6324		KATOWICE	POL	U23	4	K 13	01:04:51	02:45:07	03:39:47.35	03:39:55.45	6:39	9
43	GAZDA VÍTĚZSLAV	6098	BENEŠOVSKÝ BĚŽECKÝ KLUB A TŘENOVANIBEHU.CZ	DIVÍŠOV	CZE	MASTERS M - 40	5	M 30	00:59:19	02:41:54	03:41:37.40	03:41:47.10	6:42	8.9
44	RYSKALOK PIOTR	6088	OKIEM WILKA	JAWORZNO	POL	SENIOR II M - 30	18	M 31	01:01:45	02:43:43	03:42:19.60	03:42:25.15	6:44	8.9

GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	9km	24km	Netto	Brutto	min/km	km/h
45	ŁĘŻNIAK ALEKSANDER	6329	MONK SANDALS TEAM	SOBÓTKA	POL	SENIOR II M - 30	19	M 32	01:01:32	02:46:27	03:43:06.75	03:43:20.95	6:45	8.9
46	SIEGLOVÁ ELIŠKA	6168		PRAHA	CZE	SENIOR I K - 20	1	K 14		02:52:46	03:44:39.00	03:44:39.00	6:48	8.8
47	BYRSKA SYLWIA	6465	WMT TRISELF	FRYDRYCHOWICE	POL	SENIOR I K - 20	2	K 15	01:06:52	02:53:46	03:44:32.05	03:44:41.05	6:48	8.8
48	POMPE PATRIK	6005		JESEŃIK	CZE	SENIOR II M - 30	20	M 33	00:58:05	02:48:09	03:44:33.00	03:44:56.70	6:48	8.8
49	GLINKA ELŻBIETA	6286	PASSION FIRST	WARSZAWA	POL	SENIOR II K - 30	11	K 16	01:02:42	02:49:38	03:45:13.95	03:45:26.00	6:49	8.8
50	KONIECZNY SZYMON	6300	KONIECZNY ULTRA TEAM	CHOSZCZNO	POL	SENIOR II M - 30	21	M 34	01:00:58	02:42:25	03:44:34.05	03:45:29.35	6:48	8.8
51	WOJNAROWICZ PAWEŁ	6257		WILKSZYN	POL	SENIOR II M - 30	22	M 35	01:01:41	02:47:51	03:46:06.80	03:46:16.80	6:51	8.8
52	PASTOROVÁ PETRA	6293		DOBRÁ	POL	MASTERS K - 40	2	K 17	00:58:28	02:37:54	03:48:15.95	03:48:20.55	6:55	8.7
53	ONDRUŠÍK KATEŘINA	6517	AK ŠTERNBERK	PASEKA U ŠTERNBERKA	CZE	MASTERS K - 40	3	K 18	01:05:45	02:51:07	03:48:12.25	03:48:29.70	6:54	8.7
54	MELKES VITKOR	6528		JESENICE	CZE	U23	5	M 36	01:11:37	02:56:54	03:49:53.45	03:49:53.45	6:57	8.6
55	WALKOSZ MATEUSZ	6494	SOBASTEAM	SZAFLARY	POL	SENIOR II M - 30	23	M 37	01:02:58	02:53:05	03:49:46.75	03:49:54.60	6:57	8.6
56	MAJEWSKA AGATA	6046		WROCŁAW	POL	MASTERS K - 40	4	K 19	01:05:22	02:49:48	03:51:07.35	03:51:11.00	7:00	8.6
57	SZAFRAŃSKI JAN	6105	ST. BIELITZ	WROCŁAW	POL	MASTERS M - 40	6	M 38	01:03:54	02:51:15	03:51:40.00	03:51:47.50	7:01	8.5
58	STACHOWIAK ŁUKASZ	6488	KAMIL LEŚNIAK TEAM / CITY TRAIL TEAM	POZNAŃ	POL	SENIOR II M - 30	24	M 39	00:59:31	02:47:57	03:52:13.35	03:52:20.85	7:02	8.5
59	FIAŁKOWSKI SEBASTIAN	6224		ZIELONA GÓRA	POL	SENIOR II M - 30	25	M 40	01:06:53	02:55:48	03:53:14.50	03:53:28.90	7:04	8.5
60	MORAWIEC PIOTR	6277	HUCISKO FERAL CATS	KRAKÓW	POL	SENIOR I M - 20	7	M 41	01:06:00	02:53:35	03:52:48.70	03:53:50.60	7:03	8.5
61	KRASNAY TOMÁŠ	6349		PRAHA	CZE	SENIOR I M - 20	8	M 42	01:06:22	02:55:47	03:53:35.90	03:53:52.70	7:04	8.5
62	JURGA MARCIN	6454	SPEED FEET '16	SIERAKOWO	POL	SENIOR II M - 30	26	M 43	01:07:18	02:57:35	03:53:42.35	03:54:07.75	7:04	8.5
63	DZIUBAN ŁUKASZ	6231	GALLOPEM CZY GALLOWAYEM? GOPR BIESZCZADY	ORELEC	POL	MASTERS M - 40	7	M 44	01:02:49	02:49:44	03:54:45.45	03:55:03.20	7:06	8.4
64	POKRYWKA ROBERT	6311		POZNAŃ	POL	U23	6	M 45	01:04:58	02:54:21	03:54:54.60	03:55:04.90	7:07	8.4
65	GROT IZABELA	6159	NADLEŚNICTWO WAŁBRZYCH	WAŁBRZYCH	POL	SENIOR II K - 30	12	K 20	01:08:36	02:54:30	03:54:38.35	03:55:07.30	7:06	8.4
66	WIĄCEK ŁUKASZ	6524	IRS BOKS KRAKÓW	ZIELONKI	POL	MASTERS M - 40	8	M 46	01:04:04	02:55:33	03:55:45.05	03:56:12.40	7:08	8.4
67	OWCZAREK SZYMON	6122		WROCŁAW	POL	MASTERS M - 40	9	M 47	01:05:33	02:54:24	03:56:33.45	03:56:42.90	7:10	8.4
68	KAFARSKA URSZULA	6214	ORT	POZNAŃ	POL	SENIOR II K - 30	13	K 21	01:03:25	02:52:29	03:57:33.90	03:57:47.20	7:11	8.3
69	MCKENNA ADRIAN	6183	AMAGER TRIATLON KLUB	COPENHAGEN	DEN	SENIOR II M - 30	27	M 48	01:05:53	02:55:42	03:59:19.45	04:00:35.85	7:15	8.3
70	OPPELN-BRONIKOWSKI MATEUSZ	6167	BY BYĆ W FORMIE / MOUNTAIN RUNNING GUIDES	ROKIETNICA	POL	SENIOR II M - 30	28	M 49	01:06:47	02:54:55	04:00:31.45	04:00:57.10	7:17	8.2
71	BIHUN-GRYSZKIEWICZ NATALIA	6312	ANNA HALSKA COACHING	WROCŁAW	POL	SENIOR II K - 30	14	K 22	01:07:49	03:00:18	04:01:07.10	04:01:18.25	7:18	8.2
72	POPLAWSKI MARCIN	6186		KALINÓWKA BASIE	POL	SENIOR II M - 30	29	M 50	01:02:58	03:03:24	04:01:44.30	04:01:59.30	7:19	8.2
73	HARHAJ PIOTR	6425		STARGARD	POL	MASTERS M - 40	10	M 51	01:08:14	03:06:06	04:01:26.40	04:02:32.35	7:18	8.2
74	LAMEK ANDRZEJ	6254	AKTYWNY OSTRZESZÓW	OSTRZESZÓW	POL	WETERAN I M - 50	1	M 52	01:06:47	03:03:11	04:03:45.30	04:04:12.05	7:23	8.1
75	PETRYKOWSKI KAROL	6001	SGH! PŁASKOZIEMCY	SZCZECIN	POL	SENIOR II M - 30	30	M 53	01:09:35	03:00:33	04:04:28.85	04:04:44.60	7:24	8.1
76	JEŽKOVÁ JAROSLAVA	6179	SALOMON	OSTRAVA	CZE	SENIOR I K - 20	3	K 23	01:05:29	02:56:11	04:05:09.00	04:05:14.05	7:25	8.1
77	NOWAK PAWEŁ	6010		WROCŁAW	POL	SENIOR II M - 30	31	M 54	01:05:18	02:59:42	04:05:12.70	04:05:23.85	7:25	8.1
78	RODRIGO PEREIRA OSWALD	6441	THE NORTH FACE POLSKA	WARSZAWA	POL	MASTERS M - 40	11	M 55	01:10:11	03:03:32	04:06:02.35	04:06:19.50	7:27	8
79	HELLER ADAM	6012		POLE	POL	SENIOR II M - 30	32	M 56	01:06:21	03:00:23	04:06:03.55	04:06:40.90	7:27	8
80	SUTKOWY PAWEŁ	6124	RUNADDICTS	BYDGOSZCZ	POL	SENIOR II M - 30	33	M 57	01:03:56	03:02:28	04:07:19.15	04:07:26.45	7:29	8
81	PLAZIAK-KOWALSKA MAGDALENA	6166		LIBERTÓW	POL	MASTERS K - 40	5	K 24	01:09:15	03:03:58	04:08:18.30	04:08:30.70	7:31	8
82	SKUPNIEWICZ DOBRAWA	6267	PRZYSPIESZ	POZNAŃ	POL	SENIOR II K - 30	15	K 25	01:04:50	02:57:41	04:08:53.40	04:09:30.85	7:32	8
83	MARCZAK MAREK	6155		CZARNY BÓR	POL	SENIOR II M - 30	34	M 58	01:10:34	03:07:58	04:09:17.20	04:09:34.55	7:33	7.9
84	SŁEDZIEWSKI PIOTR	6352	#BIEGAJLESZNO	LESZNO	POL	WETERAN I M - 50	2	M 59	01:06:04	03:01:42	04:09:32.25	04:10:00.05	7:33	7.9
85	WINDAK AGNIESZKA	6087	JEM KLOPSA	WIELICZKA	POL	SENIOR I K - 20	4	K 26	01:10:26	03:07:36	04:10:06.15	04:10:37.50	7:34	7.9
86	HORNÝ MATĚJ	6327		HNOJNÍK	CZE	SENIOR I M - 20	9	M 60	01:10:48	03:13:25	04:11:36.70	04:11:36.70	7:37	7.9
87	NOWICKI MARCIN	6500		GORZÓW WIELKOPOLSKI	POL	MASTERS M - 40	12	M 61	01:04:35	03:02:09	04:10:42.65	04:11:43.95	7:35	7.9
88	CZAPIGA GRZEGORZ	6211	TEAM BORECZEK	BORÓW	POL	SENIOR II M - 30	35	M 62	01:05:36	03:03:06	04:13:26.00	04:13:34.60	7:40	7.8
89	TOPOLSKI MARCIN	6392	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	JADÓWNIKI	POL	MASTERS M - 40	13	M 63	01:09:56	03:07:32	04:13:38.60	04:14:01.65	7:41	7.8
90	SZUKALSKI KRZYSZTOF	6475	DTR BIEGA / MARIO TEAM	WROCŁAW	POL	MASTERS M - 40	14	M 64	01:06:07	03:07:59	04:14:01.60	04:14:16.25	7:41	7.8
91	SIUBA WOJCIECH	6269		WROCŁAW	POL	SENIOR I M - 20	10	M 65	01:11:04	03:14:57	04:15:38.85	04:16:07.20	7:44	7.7
92	MIŚ HUBERT	6380	RUNONLINE.PL TEAM	KRAKÓW	POL	SENIOR II M - 30	36	M 66	01:12:24	03:14:13	04:15:58.15	04:16:49.95	7:45	7.7
93	KOCŁĘGA MARCIN	6320	BIEGAJ Z BANANEM	ZAWIERCIE	POL	MASTERS M - 40	15	M 67	01:06:45	03:12:34	04:17:00.60	04:17:08.45	7:47	7.7
94	ŚLUSARZ ŁUKASZ	6344	ŁUŁKI	WARSZAWA	POL	SENIOR II M - 30	37	M 68	01:10:32	03:09:19	04:16:56.95	04:17:08.75	7:47	7.7
95	LATA MICHAŁ	6357		WARSZAWA	POL	U23	7	M 69	01:05:25	03:07:00	04:16:57.40	04:17:09.90	7:47	7.7
96	SZUKALSKA MILENA	6304	MARIO TEAM DTR BIEGA	WROCŁAW	POL	SENIOR II K - 30	16	K 27	01:12:16	03:14:34	04:16:58.50	04:17:16.90	7:47	7.7
97	SZARAPANOWSKI MARCIN	6381	ULTRA DIABŁY TEAM LUBRZA	SZCZECIN	POL	MASTERS M - 40	16	M 70	01:08:57	03:09:49	04:17:15.90	04:17:31.05	7:47	7.7

GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	9km	24km	Netto	Brutto	min/km	km/h
98	RYBARCZYK WERONIKA	6108	KW DZIABKA	POZNAŃ	POL	SENIOR II K - 30	17	K 28	01:11:35	03:09:54	04:17:21.00	04:17:53.55	7:47	7.7
99	AUGUSTYNIAK MAŁGORZATA	6450		ŁÓDŹ	POL	WETERAN K - 50	1	K 29	01:13:40	03:15:41	04:18:01.90	04:18:08.65	7:49	7.7
100	ŁUKASZEWSKI KAMIL	6431	GB WIELKOPOLSCY BIEGACZE	MOSINA	POL	SENIOR II M - 30	38	M 71	01:12:07	03:15:22	04:17:47.40	04:18:17.50	7:48	7.7
101	KIMEL MACIEJ	6432	KW SAKWA	CHORZÓW	POL	SENIOR I M - 20	11	M 72	01:12:26	03:13:17	04:18:01.40	04:18:19.70	7:49	7.7
102	ZAJĄC ROBERT	6400		ZĄBKI	POL	MASTERS M - 40	17	M 73	01:06:47	03:03:28	04:18:43.90	04:18:48.05	7:50	7.7
103	ZAŁĘSKI JULIAN	6067	TEMPO PIŁA	CZĘSTOCHOWA	POL	WETERAN I M - 50	3	M 74	01:17:37	03:18:04	04:17:51.90	04:19:07.25	7:48	7.7
104	ZYGOŃ ARTUR	6424		STARGARD	POL	SENIOR II M - 30	39	M 75	01:09:09	03:14:20	04:19:14.45	04:20:44.50	7:51	7.6
105	JAKUBOWSKI ZBIGNIEW	6115		ŚWIERCZÓW	POL	MASTERS M - 40	18	M 76	01:10:08	03:14:43	04:20:44.70	04:21:04.80	7:54	7.6
106	MOKROGULSKI MICHAŁ	6226		WARSZAWA	POL	SENIOR I M - 20	12	M 77	01:08:58	03:13:37	04:20:46.95	04:21:09.40	7:54	7.6
107	WALKOWIAK MATEUSZ	6302	OBORNICKI KLUB LEKKOATLETYCZNY	OBJEJERZE	POL	SENIOR II M - 30	40	M 78	01:07:41	03:15:08	04:21:23.00	04:21:32.80	7:55	7.6
108	PRZYMUSIŃSKI DAMIAN	6308	OBORNICKI KLUB LEKKOATLETYCZNY	OBORNIKI	POL	SENIOR II M - 30	41	M 79	01:07:48	03:15:02	04:21:24.10	04:21:33.10	7:55	7.6
109	WITKOWSKI WOJCIECH	6397		NIEMODLIN	POL	SENIOR II M - 30	42	M 80	01:15:04	03:18:06	04:21:26.20	04:21:52.95	7:55	7.6
110	WĘGLORZ MARIUSZ	6040		RYBNIK	POL	SENIOR II M - 30	43	M 81	01:11:29	03:16:27	04:20:55.95	04:21:53.75	7:54	7.6
111	ADAMCZYK EMANUELA	6366	#BIEGIEMWLAS	POZNAŃ	POL	SENIOR I K - 20	5	K 30	01:15:30	03:16:50	04:21:46.90	04:21:56.35	7:55	7.6
112	BĄCZKOWSKI KAROL	6018		BISKUPIEC	POL	MASTERS M - 40	19	M 82	01:10:50	03:13:58	04:22:24.35	04:23:07.75	7:57	7.5
113	DUDEK TOMASZ	6375	MOCNA GRUPA CEZARA	WROCŁAW	POL	MASTERS M - 40	20	M 83	01:10:26	03:12:55	04:22:50.20	04:23:12.65	7:57	7.5
114	LEWICKI TOMASZ	6142	CAŁA OLEŚNICA BIEGA	DOBROSZYCE	POL	MASTERS M - 40	21	M 84	01:09:17	03:17:33	04:22:38.90	04:23:23.45	7:57	7.5
115	KŁOS ŁUKASZ	6295	ASICS FRONTRUNNERPOLAND	WARSZAWA	POL	MASTERS M - 40	22	M 85	01:09:33	03:11:55	04:23:13.25	04:23:33.60	7:58	7.5
116	LESZCZYŃSKI PAWEŁ	6298		PRZEBĘDOWO	POL	SENIOR I M - 20	13	M 86	01:13:42	03:18:25	04:23:46.50	04:24:39.00	7:59	7.5
117	WITEK BOGDAN	6203		BARYCZKA	POL	WETERAN II M - 60	1	M 87	01:10:42	03:17:36	04:24:52.30	04:25:06.90	8:01	7.5
118	KOTKOWSKI PIOTR	6405	DRUŻYNA SZPIKU / MARATONYPOLSKIE TEAM	DĄBROWA	POL	MASTERS M - 40	23	M 88	01:03:34	03:10:58	04:25:04.00	04:25:12.15	8:01	7.5
119	DREWNIAK MARIUSZ	6052	MISIEK TEAM	JELEŃ GÓRA	POL	MASTERS M - 40	24	M 89	01:09:14	03:09:50	04:25:33.00	04:25:46.00	8:02	7.5
120	PASTOR PATRIK	6341		DOBRÁ	CZE	U23	8	M 90	00:55:54	03:21:19	04:26:19.40	04:26:21.80	8:04	7.4
121	WILK ŁUKASZ	6136	RUNADDICTS	BYDGOSZCZ	POL	MASTERS M - 40	25	M 91	01:05:55	03:12:41	04:26:26.05	04:26:33.30	8:04	7.4
122	DOLATA MARCIN	6085		POZNAŃ	POL	SENIOR II M - 30	44	M 92	01:01:38	03:07:11	04:27:15.65	04:27:17.70	8:05	7.4
123	JAWORSKI MAREK	6520		USTRŃ	POL	SENIOR II M - 30	45	M 93	01:09:07	03:15:54	04:27:49.65	04:28:10.10	8:06	7.4
124	JASION ROBERT	6273	SPORTEM PRZEZ ŻYCIE	ŁÓDŹ	POL	SENIOR II M - 30	46	M 94	01:05:04	03:10:49	04:28:32.40	04:28:42.70	8:08	7.4
125	GONSIOR TOMASZ	6292		SCHODNIA	POL	SENIOR II M - 30	47	M 95	01:12:23	03:20:22	04:28:06.20	04:28:45.25	8:07	7.4
126	GORNOWICZ KAMIL	6417		BORKOWO	POL	SENIOR II M - 30	48	M 96	01:10:32	03:20:23	04:28:28.25	04:28:55.75	8:08	7.4
127	STANIEK SŁAWOMIR	6338		RYBNIK	POL	MASTERS M - 40	26	M 97	01:17:35	03:19:23	04:28:57.95	04:29:31.10	8:09	7.4
128	ROSIŃSKI RADOSŁAW	6274		WOLSZTYN	POL	SENIOR II M - 30	49	M 98	01:11:55	03:21:15	04:30:02.85	04:30:24.10	8:10	7.3
129	TOMASZEWSKA KAMILA	6070	OBORNICKI KLUB LEKKOATLETYCZNY	OBORNIKI	POL	SENIOR II K - 30	18	K 31	01:17:16	03:21:31	04:30:17.85	04:30:48.60	8:11	7.3
130	CZARNOTA DARIUSZ	6101		WYSOKA	POL	SENIOR II M - 30	50	M 99	01:03:26	03:23:40	04:30:47.95	04:30:53.30	8:12	7.3
131	TYSIAK MAGDALENA	6401		MILICZ	POL	SENIOR I K - 20	6	K 32	01:17:49	03:23:50	04:30:51.60	04:31:05.80	8:12	7.3
132	ZAREMBA SYLWESTER	6154	ZMĘCZENI NA STARCIE DOBIEGNIEW	POZNAŃ	POL	MASTERS M - 40	27	M 100	01:12:14	03:21:07	04:30:55.65	04:31:06.80	8:12	7.3
133	ŁAJSZCZAK - GAJDA DOROTA	6512		GLIWICE	POL	MASTERS K - 40	6	K 33	01:17:05	03:21:07	04:29:46.75	04:31:16.80	8:10	7.3
134	KWINTA TOMASZ	6420	KASIA , TOMEK & DZIECI :)	KALISZ	POL	WETERAN I M - 50	4	M 101	01:13:47	03:22:38	04:31:18.45	04:31:29.60	8:13	7.3
135	KOPIEC IZABELA	6134		SKRZYSZÓW	POL	MASTERS K - 40	7	K 34	01:15:02	03:18:34	04:30:44.75	04:31:33.25	8:12	7.3
136	PODOLUK MAREK	6328		WROCŁAW	POL	MASTERS M - 40	28	M 102	01:06:48	03:17:34	04:31:37.60	04:31:53.40	8:13	7.3
137	WOJCIECHOWSKI DARIUSZ	6489	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM	KROSNO	POL	MASTERS M - 40	29	M 103	01:10:37	03:21:59	04:31:42.25	04:32:14.10	8:14	7.3
138	JIRÁKOVÁ MICHAELA	6191	SPORTOVNA	UNHOŠŤ	CZE	SENIOR II K - 30	19	K 35	01:17:50	03:25:30	04:31:48.05	04:32:16.15	8:14	7.3
139	OLESZOWSKI MARCIN	6121		WROCŁAW	POL	SENIOR II M - 30	51	M 104	01:11:45	03:18:38	04:31:21.35	04:32:55.05	8:13	7.3
140	SZAFRAŃSKI DOMINIK	6306	OBORNICKI KLUB LEKKOATLETYCZNY	OBORNIKI	POL	MASTERS M - 40	30	M 105	01:07:27	03:22:05	04:33:37.85	04:33:43.85	8:17	7.2
141	WITEK ALEKSANDRA	6193		GRUSZCZYN	POL	SENIOR II K - 30	20	K 36	01:19:13	03:28:12	04:35:59.60	04:36:38.95	8:21	7.2
142	GRZEGORZEWSKI ADRIAN	6103	MATNER RUNNING TEAM	WROCŁAW	POL	SENIOR II M - 30	52	M 106	01:12:44	03:23:30	04:36:35.85	04:37:11.45	8:22	7.2
143	SPRYSZYŃSKI MICHAŁ	6204	TRIRODZINKA	BYDGOSZCZ	POL	SENIOR II M - 30	53	M 107	01:18:23	03:26:23	04:36:21.45	04:37:35.70	8:22	7.2
144	PIETRZAK JAN	6372		WROCŁAW	POL	SENIOR II M - 30	54	M 108	01:15:42	03:22:08	04:37:57.10	04:38:11.90	8:25	7.1
145	JARMUŻEK MARCIN	6201		KRAKÓW	POL	MASTERS M - 40	31	M 109	01:16:38	03:28:03	04:37:34.75	04:38:13.30	8:24	7.1
146	MAZUR JAN	6076		SOSNOWIEC	POL	U23	9	M 110	01:13:34	03:24:26	04:38:10.65	04:38:24.15	8:25	7.1
147	WALERJAN-RUSEK AGNIESZKA	6403	AZS AWF KRAKÓW MASTERS	KRAKÓW	POL	MASTERS K - 40	8	K 37	01:18:14	03:29:24	04:38:10.70	04:38:25.35	8:25	7.1
148	MAJIK JACEK	6229	CHRISTIANAPOL	SULĘCIN	POL	SENIOR II M - 30	55	M 111	01:12:15	03:21:00	04:38:16.55	04:38:27.90	8:25	7.1
149	ZIÓŁKOWSKI JAROSŁAW	6172		KONIECPOL	POL	MASTERS M - 40	32	M 112	01:17:43	03:28:10	04:38:19.95	04:38:44.70	8:26	7.1
150	GORZELANY RAFAŁ	6395		RYBNIK	POL	SENIOR II M - 30	56	M 113	01:16:08	03:29:17	04:38:25.65	04:38:50.75	8:26	7.1
151	POPADYCZ BARTOSZ	6404		CHRZĄSTAWA WIELKA	POL	SENIOR II M - 30	57	M 114	01:18:00	03:30:15	04:39:03.00	04:39:07.85	8:27	7.1
152	CIEŚLIK SŁAWOMIR	6227	ANTONTEAM	RYDZYNA	POL	MASTERS M - 40	33	M 115	01:10:31	03:23:01	04:38:42.00	04:39:08.15	8:26	7.1

GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	9km	24km	Netto	Brutto	min/km	km/h
153	RECLIK PIOTR	6406		RYBNIK	POL	SENIOR I M - 20	14	M 116	01:17:16	03:21:32	04:38:33.45	04:39:48.20	8:26	7.1
154	STACHOWICZ-ZADROŻNA KINGA	6469		SQUAMISH	CAN	SENIOR II K - 30	21	K 38	01:17:50	03:28:34	04:40:05.80	04:40:09.60	8:29	7.1
155	LISEK ANDRZEJ	6149	4T	ROKIETNICA	POL	SENIOR II M - 30	58	M 117	01:12:04	03:33:44	04:40:28.95	04:40:37.65	8:29	7.1
156	APACKI SZYMON	6294	AKTYWNI ŁYSKI	ŁYSKI	POL	MASTERS M - 40	34	M 118	01:17:38	03:26:55	04:40:48.15	04:41:45.45	8:30	7.1
157	BŁASZCZAK ŁUKASZ	6365	DOLNY ŚLĄSK, PRZEDWOJEWSKI TEAM	WROCŁAW	POL	MASTERS M - 40	35	M 119	01:15:28	03:25:30	04:41:12.90	04:41:46.90	8:31	7
158	MICHAŁKIEWICZ MATEUSZ	6029		ŁÓDŹ	POL	SENIOR II M - 30	59	M 120	01:10:01	03:20:41	04:41:37.90	04:41:49.65	8:32	7
159	PARDAŁA WOJCIECH	6451		ŁÓDŹ	POL	MASTERS M - 40	36	M 121	01:11:49	03:31:09	04:41:45.75	04:41:52.10	8:32	7
160	GARLACZ SADOWSKA JUSTYNA	6102	TOGETHER MOVE	WARSZAWA	POL	SENIOR II K - 30	22	K 39	01:10:19	03:12:44	04:42:07.45	04:42:18.05	8:32	7
161	PASZKE MACIEJ	6385		TORUŃ	POL	SENIOR II M - 30	60	M 122	01:21:27	03:35:22	04:41:20.10	04:42:57.50	8:31	7
162	MIKOŁAJCZUK GRZEGORZ	6519		STOK LACKI-FOLWARK	POL	MASTERS M - 40	37	M 123	01:16:23	03:22:59	04:41:46.40	04:43:08.80	8:32	7
163	CZERWINSKI DOMINIK	6089	ALVO RACING TEAM	KOMORNIKI	POL	MASTERS M - 40	38	M 124	01:10:24	03:27:57	04:42:27.10	04:43:11.15	8:33	7
164	JEDRZEJEK ŁUKASZ	6297		POBIEDZISKA	POL	MASTERS M - 40	39	M 125	01:17:18	03:24:58	04:43:00.35	04:43:21.05	8:34	7
165	ŚNIEGOSKA SANDRA	6525	RUN HAPPY	WARSZAWA	POL	SENIOR II K - 30	23	K 40	01:17:44	03:24:02	04:42:34.10	04:43:24.90	8:33	7
166	MIKOS DAMIAN	6238		DĄBROWA GÓRNICZA	POL	SENIOR II M - 30	61	M 126	01:10:10	03:29:23	04:43:17.80	04:43:27.30	8:35	7
167	KACZMAREK ANNA	6346	ZALINIAMETY	POZNAN	POL	SENIOR II K - 30	24	K 41	01:11:37	03:18:32	04:43:05.25	04:43:52.60	8:34	7
168	PAJDOSZ RAFAŁ	6239		BIAŁA PODLASKA	POL	MASTERS M - 40	40	M 127	01:11:43	03:16:03	04:43:43.50	04:44:16.45	8:35	7
169	MAĆKOWSKI PIOTR	6241		GOSTYŃ	POL	SENIOR I M - 20	15	M 128	01:11:58	03:26:22	04:45:13.70	04:45:29.15	8:38	6.9
170	RADZIKOWSKI GRZEGORZ	6212		BORÓW	POL	MASTERS M - 40	41	M 129	01:13:24	03:31:47	04:45:28.45	04:45:36.90	8:39	6.9
171	ŁUKOMSKI MARCIN	6278	KULAWA RODZINA	BYDGOSZCZ	POL	SENIOR II M - 30	62	M 130	01:11:40	03:30:02	04:45:20.45	04:45:37.40	8:38	6.9
172	MENTEL MARCIN	6303		WARSZAWA	POL	MASTERS M - 40	42	M 131	01:17:47	03:33:30	04:45:03.05	04:45:37.50	8:38	6.9
173	KOWALCZYK KRZYSZTOF	6460	AW SZYBCIEJ TEAM	BOLESŁAWIEC	POL	SENIOR II M - 30	63	M 132	01:14:19	03:29:52	04:45:09.05	04:46:28.45	8:38	6.9
174	WOJEWODA MICHAŁ	6518	KAZIKI	WARSZAWA	POL	WETERAN I M - 50	5	M 133	01:24:13	03:35:46	04:45:36.75	04:46:32.30	8:39	6.9
175	KOWALKOWSKI PAWEŁ	6449	RYKOWISKO TEAM/NEO-TEC	GOSTYNIN	POL	MASTERS M - 40	43	M 134	01:17:08	03:29:03	04:46:06.20	04:46:40.50	8:40	6.9
176	WAWER MATEUSZ	6483	LUXTORPEDA	LESZCZYNY	POL	SENIOR II M - 30	64	M 135	01:18:32	03:36:00	04:46:32.05	04:47:49.05	8:40	6.9
177	OSIEWAŁA SYLWIA	6099		CZARKÓW	POL	SENIOR I K - 20	7	K 42	01:20:34	03:38:00	04:47:34.45	04:48:19.45	8:42	6.9
178	CUKROWSKI MARCIN	6185		WROCŁAW	POL	MASTERS M - 40	44	M 136	01:16:48	03:32:39	04:47:02.35	04:48:27.80	8:41	6.9
179	JAROWICZ KONRAD	6260		ZIELONA GÓRA	POL	WETERAN II M - 60	2	M 137	01:17:59	03:36:28	04:48:26.40	04:48:40.05	8:44	6.9
180	SZTEJKA DAMIAN	6315	KULAWA RODZINA	BYDGOSZCZ	POL	MASTERS M - 40	45	M 138	01:11:41	03:30:02	04:49:03.05	04:49:19.40	8:45	6.9
181	VAN DER MEIJ BART	6015	AV ZUIDWAL, NEDERLAND	BLARICUM	NED	MASTERS M - 40	46	M 139	01:18:23	03:37:23	04:48:58.70	04:50:07.05	8:45	6.9
182	ZIMNIEWICZ AGATA	6246	GIRLPOWER.CC	POZNAŃ	POL	SENIOR II K - 30	25	K 43	01:20:38	03:33:59	04:49:47.60	04:50:29.95	8:46	6.8
183	BEDNARCZYK MAŁGORZATA	6345	MOUNTAIN RUNNING GUIDES	KRAKÓW	POL	SENIOR I K - 20	8	K 44	01:21:01	03:37:16	04:50:13.90	04:50:43.55	8:47	6.8
184	BUDZIŃSKI MICHAŁ	6504	RAJSPOORT ACTIVE	SIERADZ	POL	SENIOR II M - 30	65	M 140	01:18:21	03:29:50	04:49:48.00	04:51:02.25	8:46	6.8
185	BĘDKOWSKI PIOTR	6427		WROCŁAW	POL	SENIOR I M - 20	16	M 141	01:16:42	03:30:08	04:50:18.30	04:51:24.60	8:47	6.8
186	HENDEL KRZYSZTOF	6526	IZBICKO W BIEGU	KROŚNICA	POL	SENIOR II M - 30	66	M 142	01:17:34	03:30:35	04:50:15.85	04:51:37.70	8:47	6.8
187	POGORZELEC KARINA	6289		TRZEBNICA	POL	SENIOR I K - 20	9	K 45	01:14:41	03:34:32	04:51:28.70	04:51:39.55	8:49	6.8
188	CZAJKOWSKI BARTOSZ	6434		KOŁO	POL	U23	10	M 143	01:18:32	03:45:04	04:51:27.40	04:51:51.80	8:49	6.8
189	CZAJKOWSKI KRZYSZTOF	6433		KOŁO	POL	MASTERS M - 40	47	M 144	01:18:22	03:45:03	04:51:27.80	04:51:52.40	8:49	6.8
190	BUJKO MARCIN	6529		BIELAWA	POL	SENIOR II M - 30	67	M 145	01:16:51	03:35:51	04:51:39.95	04:52:16.05	8:50	6.8
191	JANICKI TOMASZ	6476		WROCŁAW	POL	MASTERS M - 40	48	M 146	01:15:33	03:35:09	04:51:50.80	04:52:21.90	8:50	6.8
192	PILC ANNA	6461	TARNOWO PODGÓRNE BIEGA	TARNOWO PODGÓRNE	POL	SENIOR II K - 30	26	K 46	01:18:36	03:35:32	04:51:34.70	04:52:35.45	8:50	6.8
193	GAWLICKI ALEKSANDER	6514	LESZCZYŃSKIE BYCZKI	LESZNO	POL	SENIOR I M - 20	17	M 147	01:19:29	03:44:24	04:52:48.15	04:52:57.80	8:52	6.8
194	TWARDOWSKI KRZYSZTOF	6364		WROCŁAW	POL	WETERAN I M - 50	6	M 148	01:16:42	03:36:55	04:53:24.00	04:53:47.60	8:53	6.7
195	KAMIŃSKI PIOTR	6347	DROGA DO ULTRA	MALBORK	POL	MASTERS M - 40	49	M 149	01:18:58	03:42:01	04:53:21.45	04:53:56.65	8:53	6.7
196	ZAITSAU PAVEL	6213		WROCŁAW	POL	SENIOR II M - 30	68	M 150	01:21:59	03:39:49	04:54:02.00	04:54:54.00	8:54	6.7
197	POMIANOWSKI SZYMON	6048	KURACJUSZE	WROCŁAW	POL	MASTERS M - 40	50	M 151	01:10:48	03:48:03	04:54:34.05	04:54:59.10	8:55	6.7
198	KOPER MARCIN	6464		WARSZAWA	POL	MASTERS M - 40	51	M 152	01:18:04	03:44:45	04:54:43.90	04:54:59.70	8:55	6.7
199	CHUDY KAMIL	6414		POZNAŃ	POL	SENIOR II M - 30	69	M 153	01:13:27	03:34:23	04:54:52.40	04:55:18.30	8:56	6.7
200	JIRÁK MICHAŁ	6330		UNHOŠŤ	CZE	SENIOR II M - 30	70	M 154	01:18:26	03:31:43	04:54:57.10	04:55:25.15	8:56	6.7
201	DUDZIŃSKI WOJCIECH	6210	MLW13	LUBRZA	POL	MASTERS M - 40	52	M 155	01:21:44	03:40:16	04:54:51.85	04:55:54.75	8:56	6.7
202	CIEMSKI MAREK	6498		WROCŁAW	POL	SENIOR II M - 30	71	M 156	01:17:51	03:36:11	04:54:44.20	04:56:29.50	8:55	6.7
203	BUJAŁSKI SZYMON	6256		WARSZAWA (BIELANY)	POL	MASTERS M - 40	53	M 157	01:21:37	03:39:30	04:55:37.05	04:56:43.25	8:57	6.7
204	NYKIEL RAFAŁ	6453	ULTRA DIABŁY TEAM LUBRZA	NOWA WIOSKA	POL	MASTERS M - 40	54	M 158	01:17:09	03:37:36	04:56:41.45	04:57:02.90	8:59	6.7
205	KOTRYŚIAK AGATA	6522	ADIDASRUNNERS POZNAŃ	POZNAŃ	POL	SENIOR II K - 30	27	K 47	01:20:16	03:44:17	04:57:12.75	04:57:40.45	9:00	6.7
206	KASIEWICZ MARCIN	6373	MOCNA GRUPA CEZARA	WROCŁAW	POL	MASTERS M - 40	55	M 159	01:20:22	03:43:05	04:57:42.20	04:58:05.35	9:01	6.7
207	SZCZĘŚNIAK PIOTR	6194		GRUSZCZYN	POL	SENIOR II M - 30	72	M 160	01:18:19	03:29:58	04:57:36.15	04:58:15.75	9:01	6.7
208	BEŁCZĄCKI JAKUB	6316		KONSTANTYNÓW ŁÓDZKI	POL	SENIOR II M - 30	73	M 161	01:23:03	03:43:24	04:57:28.25	04:58:18.95	9:00	6.7
209	ZACHARA ŁUKASZ	6411	KLUB BIEGACZA KĄTY WROCŁAWSKIE	KILIANÓW	POL	MASTERS M - 40	56	M 162	01:14:09	03:40:00	04:57:07.95	04:58:23.95	9:00	6.7

GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	9km	24km	Netto	Brutto	min/km	km/h
210	WOCHOWSKI TOMASZ	6509	HYDROMOC	PŁOCK	POL	MASTERS M - 40	57	M 163	01:14:41	03:40:43	04:57:40.00	04:58:25.80	9:01	6.7
211	SROKA MARCIN	6011	WLKP MOUNTAINS ULTRA	PLEWISKA	POL	MASTERS M - 40	58	M 164	01:18:07	03:40:56	04:58:11.60	04:58:28.00	9:02	6.6
212	JANUSZ RYSZARD	6342		SZCZYRNA	POL	WETERAN II M - 60	3	M 165	01:10:03	03:31:12	04:58:41.50	04:58:47.85	9:03	6.6
213	TOBIASZ SEBASTIAN	6068	TEMPO PIŁA	CZĘSTOCHOWA	POL	MASTERS M - 40	59	M 166	01:26:31	03:45:02	04:57:31.60	04:58:50.30	9:00	6.7
214	SZYMAŃSKI JAROSŁAW	6013		ŁĄDEK ZDRÓJ	POL	SENIOR I M - 20	18	M 167	01:29:43	03:50:45	04:57:43.35	04:59:05.15	9:01	6.7
215	JESIONOWSKI PIOTR	6017	DOM JESIONÓW	BYSTRZYCA KŁODZKA	POL	SENIOR I M - 20	19	M 168	01:17:15	03:43:03	04:59:13.40	04:59:20.15	9:04	6.6
216	KOPIEC ARKADIUSZ	6135		SKRZYSZÓW	POL	MASTERS M - 40	60	M 169	01:16:56	03:39:45	04:59:23.15	05:00:10.75	9:04	6.6
217	ŁĘKAWA SEBASTIAN	6291		WROCŁAW	POL	MASTERS M - 40	61	M 170	01:24:32	03:48:25	05:00:11.55	05:00:55.80	9:05	6.6
218	FIK ADRIAN	6382	BIEGNIJ OŁAWO	OŁAWA	POL	MASTERS M - 40	62	M 171	01:18:06	03:43:21	05:00:39.15	05:00:59.05	9:06	6.6
219	RUTKOWSKA IZABELA	6021	TMT	SOCHACZEW	POL	SENIOR II K - 30	28	K 48	01:17:48	03:45:22	05:00:14.25	05:01:02.25	9:05	6.6
220	ZATORSKA KAROLINA	6056		GDYNIA	POL	SENIOR II K - 30	29	K 49	01:21:01	03:52:59	05:02:30.10	05:02:47.70	9:10	6.5
221	BARTOSIEWICZ ADAM	6355		GRYFINO	POL	MASTERS M - 40	63	M 172	01:25:27	03:45:25	05:01:47.25	05:03:14.70	9:08	6.6
222	MŁODAWSKI MACIEJ	6106		KATOWICE	POL	SENIOR II M - 30	74	M 173	01:21:01	03:47:03	05:02:59.45	05:03:30.25	9:10	6.5
223	RAKOWSKI MARCIN	6447	KINGRUNNER ULTRA	CZERWIONKA LESZCZYNY	POL	SENIOR II M - 30	75	M 174	01:18:28	03:46:51	05:02:17.65	05:03:32.85	9:09	6.6
224	ROSSMANN PRZEMYSŁAW	6255		OPOLE	POL	MASTERS M - 40	64	M 175	01:16:16	03:51:58	05:02:35.45	05:03:56.20	9:10	6.5
225	MAJEWSKI ANDRZEJ	6230	IFA POWERTRAIN SPORT TEAM	STRZELCE OPOLSKIE	POL	SENIOR II M - 30	76	M 176	01:16:17	03:51:58	05:02:36.40	05:03:57.40	9:10	6.5
226	MATUSZAK KRZYSZTOF	6356	MATUSZAK TEAM / TRIGYM	SZCZECIN	POL	WETERAN I M - 50	7	M 177	01:23:14	03:51:01	05:03:16.40	05:03:59.05	9:11	6.5
227	KOT TOMASZ	6521	KS WIELKOPOLSKA SZKOŁA NARCJARSTWA	POZNAŃ	POL	SENIOR II M - 30	77	M 178	01:19:21	03:44:16	05:04:35.85	05:05:03.20	9:13	6.5
228	JANOWICZ WOJCIECH	6458		KŁODZKO	POL	SENIOR II M - 30	78	M 179	01:24:50	03:48:40	05:04:38.85	05:05:22.10	9:13	6.5
229	FLOREK PAWEŁ	6137	RUNADDICTS	BYDGOSZCZ	POL	SENIOR II M - 30	79	M 180	01:13:50	03:44:43	05:05:26.40	05:05:38.65	9:15	6.5
230	WĘGLORZ ANDŻELIKA	6039		RYBNIK	POL	SENIOR II K - 30	30	K 50	01:25:17	03:50:25	05:05:02.55	05:05:58.95	9:14	6.5
231	SZKUDLARSKI TOMASZ	6386		WROCŁAW	POL	WETERAN I M - 50	8	M 181	01:18:53	03:48:58	05:05:13.35	05:05:59.25	9:14	6.5
232	DĄBKIEWICZ DOMINIKA	6145	NIGHT RUNNERS	OSTRÓW WIELKOPOLSKI	POL	MASTERS K - 40	9	K 51	01:31:29	03:53:28	05:04:19.75	05:06:02.50	9:13	6.5
233	NOWAK MATEUSZ	6479		WARSZAWA	POL	SENIOR II M - 30	80	M 182	01:28:21	03:55:31	05:04:59.65	05:06:02.60	9:14	6.5
234	LEWANDOWSKA EMILIA	6090	#ZALINIAMIETYTEAM	ŁÓDŹ	POL	SENIOR II K - 30	31	K 52	01:23:12	03:51:57	05:04:40.05	05:06:04.95	9:13	6.5
235	WÓJCIK PAULINA	6368	ZADYSZKA OŚWIĘCIM	GLIWICE	POL	SENIOR I K - 20	10	K 53	01:25:51	03:53:41	05:05:14.65	05:06:31.85	9:14	6.5
236	MAĆKOWIAK MARCIN	6348	WOŁÓW BIEGA	WOŁÓW	POL	SENIOR II M - 30	81	M 183	01:23:07	03:44:38	05:05:10.25	05:06:41.10	9:14	6.5
237	BIENKOWSKI KAMIL	6097		RADWANICE	POL	MASTERS M - 40	65	M 184	01:17:58	03:52:25	05:05:29.55	05:06:56.90	9:15	6.5
238	BREK MAKSYMILIAN	6156	TEAMDKMS	POBIEDZISKA	POL	SENIOR I M - 20	20	M 185	01:22:04	03:56:08	05:06:30.00	05:07:31.30	9:17	6.5
239	PODKOWSKA BEATA	6184	ADRIAN DANILEWICZ GROUP	WROCŁAW	POL	WETERAN K - 50	2	K 54	01:18:34	03:54:51	05:07:06.50	05:08:06.90	9:18	6.4
240	KUJACZYŃSKI PAWEŁ	6339		TORUŃ	POL	SENIOR II M - 30	82	M 186	01:22:16	03:47:22	05:06:36.35	05:08:14.85	9:17	6.5
241	ŚLIWKA ARKADIUSZ	6222	OLZA CIESZYN	DZIEGIELOW	POL	MASTERS M - 40	66	M 187	01:24:58	03:56:18	05:09:29.45	05:10:18.05	9:22	6.4
242	NOWICKI JAKUB	6428	ENELECTRIC	POZNAŃ	POL	SENIOR II M - 30	83	M 188	01:16:54	03:56:56	05:09:27.55	05:10:34.25	9:22	6.4
243	MICKIEWICZ TOMASZ	6530	CORBA COLLECTIVE	BIELAWA	POL	SENIOR II M - 30	84	M 189	01:10:03	03:40:05	05:10:15.95	05:11:05.15	9:24	6.4
244	POLAK BARTOSZ	6402		WROCŁAW	POL	SENIOR II M - 30	85	M 190	01:18:39	03:34:27	05:10:25.15	05:11:28.70	9:24	6.4
245	KOKOSZKO RAFAŁ	6139	1WBPANC	MAŁKINIA GÓRNA	POL	SENIOR II M - 30	86	M 191	01:17:32	03:53:27	05:11:08.40	05:11:53.20	9:25	6.4
246	SIENKIEWICZ JUSTYNA	6138	1 WBPANC	LEŚNA PODLASKA	POL	SENIOR II K - 30	32	K 55	01:17:18	03:53:27	05:11:08.95	05:11:53.45	9:25	6.4
247	CHUDA JOANNA	6470		POZNAŃ	POL	SENIOR II K - 30	33	K 56	01:26:15	03:52:20	05:11:32.30	05:11:56.80	9:26	6.4
248	WIĄCEK MIROSLAW	6225	WATER TEAM	POŁOMIA	POL	MASTERS M - 40	67	M 192	01:19:20	03:54:15	05:12:08.25	05:12:40.80	9:27	6.3
249	JÓZEF MATEUSZ	6243	ULTRAJÓZKI	MYSŁOWICE	POL	SENIOR II M - 30	87	M 193	01:12:22	03:44:31	05:12:40.05	05:13:02.70	9:28	6.3
250	BRASEL MARCIN	6077	TRIGYM / FIZJOBIEGACZE SZCZECIN	SZCZECIN	POL	WETERAN I M - 50	9	M 194	01:23:03	03:51:01	05:12:37.15	05:13:19.85	9:28	6.3
251	PICZ MICHAŁ	6459	POMPEJANKA TEAM	GLIWICE	POL	SENIOR II M - 30	88	M 195	01:27:19	03:53:44	05:11:38.95	05:13:40.65	9:26	6.4
252	STAWORZYŃSKI DAWID	6301	TĘCZOWY FANKLUB JAKUBA TESLUKA	SOSNOWIEC	POL	SENIOR II M - 30	89	M 196	01:13:12	03:39:08	05:13:50.40	05:14:32.30	9:30	6.3
253	ROSA ŁUKASZ	6398		BRZĘZINY	POL	SENIOR II M - 30	90	M 197	01:25:26	04:01:30	05:14:44.90	05:15:30.90	9:32	6.3
254	KORDYŚ ADAM	6110	WARTKIE PIERONY	RUDA ŚLĄSKA	POL	MASTERS M - 40	68	M 198	01:27:06	03:58:10	05:14:03.65	05:15:32.55	9:31	6.3
255	SZYMAŃSKI MACIEJ	6271		WROCŁAW	POL	SENIOR II M - 30	91	M 199	01:21:41	03:58:01	05:14:47.10	05:15:47.70	9:32	6.3
256	RABEL MICHAŁ	6264		BRZĘG	POL	SENIOR II M - 30	92	M 200	01:21:39	03:57:59	05:14:46.40	05:15:48.00	9:32	6.3
257	BENETURSKI ADAM	6299	TJ	JÓZEFÓW	POL	SENIOR II M - 30	93	M 201	01:14:58	03:55:06	05:14:48.25	05:15:50.75	9:32	6.3
258	ZWIERZCHOWSKI ARTUR	6419		WARSZAWA	POL	MASTERS M - 40	69	M 202	01:19:20	03:58:39	05:15:29.05	05:15:51.30	9:33	6.3
259	BIALIK JĘDRZEJ	6435	RUNNERS TEAM NYSA	NYSA	POL	MASTERS M - 40	70	M 203	01:23:06	03:57:59	05:15:09.75	05:16:09.05	9:33	6.3
260	KREJCI NAOMI	6337		CHARLESTON	POL	MASTERS K - 40	10	K 57	01:26:07	03:52:51	05:14:55.85	05:16:20.40	9:32	6.3
261	KAPUSTA AGATA	6283		WARSZAWA	POL	SENIOR II K - 30	34	K 58	01:29:22	03:54:05	05:15:41.60	05:16:28.70	9:33	6.3
262	JAKUBOWSKA NATASZA	6111	POBIEGANI	WIDZISZEWO	POL	MASTERS K - 40	11	K 59	01:30:05	03:59:12	05:15:49.05	05:16:38.90	9:34	6.3
263	STARAK SYLWIA	6423	DZIKIE DZIKI GORZÓW	GORZÓW WLKP	POL	SENIOR II K - 30	35	K 60	01:23:54	04:02:24	05:17:23.00	05:17:48.40	9:37	6.2
264	SERWATKIEWICZ GRZEGORZ	6332		TŁUMACZÓW	POL	MASTERS M - 40	71	M 204	01:19:24	03:57:45	05:17:32.35	05:17:48.75	9:37	6.2
265	ZALEWSKI RADOSŁAW	6025	AW SZYBCIEJ TEAM	KARWIANY	POL	SENIOR II M - 30	94	M 205	01:15:10	03:42:12	05:17:26.95	05:17:59.20	9:37	6.2

GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	9km	24km	Netto	Brutto	min/km	km/h
266	OLSCHIMKE-MARUROWICZ BARBARA	6130		KATOWICE	POL	WETERAN K - 50	3	K 61	01:27:43	03:54:09	05:16:21.85	05:17:59.60	9:35	6.3
267	SKRZYPCZAK HANNA	6235		MŁOSŁAW	POL	WETERAN K - 50	4	K 62	01:26:28	03:59:37	05:18:00.65	05:18:12.30	9:38	6.2
268	JÓZEFIK BEATA	6511	WLKP MOUNTAINS ULTRA	PLEWISKA	POL	MASTERS K - 40	12	K 63	01:17:46	03:49:41	05:18:21.30	05:18:37.95	9:38	6.2
269	KRAJEWSKI JAKUB	6275		WOLSZTYN	POL	SENIOR II M - 30	95	M 206	01:18:43	03:55:46	05:18:18.20	05:18:39.90	9:38	6.2
270	ZALAS BARTŁOMIEJ	6439		WROCŁAW	POL	SENIOR II M - 30	96	M 207	01:20:19	03:57:35	05:18:44.85	05:18:51.70	9:39	6.2
271	GAŁEK ALEKSANDER	6394	PRAGMATIQ.PL	POZNAŃ	POL	MASTERS M - 40	72	M 208	01:23:35	03:53:02	05:18:13.90	05:19:00.10	9:38	6.2
272	CISZAK KAROL	6319		POZNAŃ	POL	MASTERS M - 40	73	M 209	01:20:58	04:03:34	05:17:23.35	05:19:02.55	9:37	6.2
273	KOCŁĘGA ALICJA	6317		ŁAZY	POL	MASTERS K - 40	13	K 64	01:23:37	03:57:37	05:18:56.65	05:19:07.70	9:39	6.2
274	JARON MAGDA	6486		WIĘCKOWICE	POL	MASTERS K - 40	14	K 65	01:26:58	03:57:29	05:18:35.25	05:19:10.25	9:39	6.2
275	RUDNO-RUDZIŃSKI GRZEGORZ	6516		WROCŁAW	POL	WETERAN I M - 50	10	M 210	01:23:36	03:51:31	05:18:55.95	05:19:27.60	9:39	6.2
276	POLIC ALEKSANDRA	6027		SIECHNICE	POL	MASTERS K - 40	15	K 66	01:25:51	04:07:07	05:19:41.70	05:20:16.70	9:41	6.2
277	KLEJNOWSKA-KAMIŃSKA ILONA	6443		WARSZAWA	POL	SENIOR II K - 30	36	K 67	01:29:18	04:04:43	05:19:23.30	05:20:29.15	9:40	6.2
278	KOŁTON JUSTYNA	6279		SOSNOWIEC	POL	SENIOR I K - 20	11	K 68	01:29:19	04:05:26	05:19:55.80	05:20:37.55	9:41	6.2
279	DRYNKO KAROL	6296		WARSZAWA	POL	MASTERS M - 40	74	M 211	01:21:29	03:55:34	05:21:17.55	05:21:37.40	9:44	6.2
280	SARACEN TOMASZ	6325		WARSZAWA	POL	SENIOR II M - 30	97	M 212	01:27:21	04:04:11	05:20:30.45	05:21:50.40	9:42	6.2
281	KOPTYŃ MARCIN	6391	WARTKIE PIERONY	RUDA ŚLĄSKA	POL	SENIOR II M - 30	98	M 213	01:27:24	03:58:38	05:20:43.45	05:22:12.55	9:43	6.2
282	WASZAK TOMASZ	6026		POZNAŃ	POL	SENIOR I M - 20	21	M 214	01:34:40	04:07:47	05:20:38.35	05:22:23.15	9:42	6.2
283	MAĆZYŃSKI MARCIN	6508		LEGNICA	POL	SENIOR II M - 30	99	M 215	01:29:09	04:02:50	05:22:34.80	05:23:11.65	9:46	6.1
284	KOWALSKI MICHAŁ	6037		KONIN	POL	MASTERS M - 40	75	M 216	04:07:24	05:23:43.70	05:23:43.70		9:48	6.1
285	KULIGOWSKI PIOTR	6531		GLIWICE	POL	SENIOR II M - 30	100	M 217	01:28:27	04:02:40	05:21:29.25	05:23:44.00	9:44	6.2
286	GULANOWSKI GWIDON	6503		BIELAWA	POL	SENIOR II M - 30	101	M 218	01:17:40	04:01:45	05:23:06.80	05:23:50.10	9:47	6.1
287	ZIÓŁKOWSKI ROBERT	6062	LINCOLN ELECTRIC BESTER TEAM	BIELAWA	POL	MASTERS M - 40	76	M 219	01:23:54	04:00:27	05:22:18.70	05:23:50.75	9:46	6.1
288	STOKŁOSA MICHAŁ	6495		ŻYWIEC	POL	SENIOR II M - 30	102	M 220	01:24:16	03:54:27	05:22:49.65	05:24:13.25	9:46	6.1
289	ŁYSZCZAK WOJCIECH	6042	SALCESON POZNAŃ	POZNAŃ	POL	MASTERS M - 40	77	M 221	01:28:54	03:55:37	05:23:02.50	05:24:33.75	9:47	6.1
290	SZCZEPAŃSKA KINGA	6343		WARSZAWA	POL	SENIOR II K - 30	37	K 69	01:31:44	04:12:47	05:24:15.00	05:24:34.30	9:49	6.1
291	CHRUKIN PATRYCJA	6096		BIELSKO-BIAŁA	POL	SENIOR II K - 30	38	K 70	01:17:39	04:11:40	05:23:54.55	05:24:34.45	9:48	6.1
292	NIERADKO ARKADIUSZ	6128		BYDGOSZCZ	POL	WETERAN I M - 50	11	M 222	01:30:25	04:06:00	05:23:47.00	05:24:56.90	9:48	6.1
293	CHORAŻYCZEWSKA NATALIA	6072	OBORNICKI KLUB LEKKOATLETYCZNY	OBORNIKI	POL	SENIOR II K - 30	39	K 71	01:27:01	04:04:29	05:24:31.80	05:25:02.00	9:50	6.1
294	KASHCHEEV ANDREI	6057		WROCŁAW	POL	SENIOR II M - 30	103	M 223	01:25:10	04:05:19	05:23:29.95	05:25:06.40	9:48	6.1
295	KIEŁB WOJCIECH	6107	KW DZIABKA	POZNAŃ	POL	SENIOR II M - 30	104	M 224	01:30:07	04:02:46	05:24:43.00	05:25:14.95	9:50	6.1
296	KASZUBA JACEK	6232		WROCŁAW	POL	WETERAN I M - 50	12	M 225	01:22:42	04:04:38	05:25:27.55	05:25:49.80	9:51	6.1
297	MATYSIAK KAROL	6263	TEAM - WLKP MOUNTAINS ULTRA'S	POZNAŃ	POL	WETERAN I M - 50	13	M 226	01:26:15	03:56:05	05:24:38.35	05:26:10.80	9:50	6.1
298	PARYS PIOTR	6474		ŁUBNIAŃ	POL	SENIOR II M - 30	105	M 227	01:26:53	04:03:03	05:24:43.80	05:26:28.20	9:50	6.1
299	PALUCHOWICZ DAWID	6266	REDBARBERS RUNNING TEAM	UDANIN	POL	SENIOR II M - 30	106	M 228	01:26:08	04:00:13	05:26:30.00	05:26:35.00	9:53	6.1
300	TOBYS MARCIN	6466		ZBĄSZYŃ	POL	SENIOR II M - 30	107	M 229	01:20:30	04:01:49	05:25:59.40	05:26:49.70	9:52	6.1
301	MATECKI ARKADIUSZ	6023		DOBRYKOWICE	POL	SENIOR II M - 30	108	M 230	01:23:47	04:08:37	05:25:49.40	05:26:57.90	9:52	6.1
302	HALSKI MATEUSZ	6114		POZNAŃ	POL	SENIOR II M - 30	109	M 231	01:26:51	04:05:42	05:25:49.30	05:27:00.90	9:52	6.1
303	STANECKI GRZEGORZ	6359		WILCZYCE	POL	MASTERS M - 40	78	M 232	01:17:08	04:05:45	05:26:09.25	05:27:08.40	9:53	6.1
304	KOWAL DAWID	6083		LESZNO	POL	U23	11	M 233	01:30:26	04:12:32	05:26:05.45	05:27:16.25	9:52	6.1
305	VAN LAERE SIBBELIEN	6014	AV ZUIDWAL, NEDERLAND	BLARICUM	NED	WETERAN II K - 60	1	K 72	01:30:47	04:05:40	05:27:07.05	05:28:14.95	9:54	6.1
306	DOLATA MAGDALENA	6209	KLUB WYSOKOGÓRSKI W POZNANIU	KROSINKO	POL	SENIOR II K - 30	40	K 73	01:35:05	04:08:46	05:29:18.10	05:29:22.90	9:58	6
307	HERRMANN-JANKOWSKI PIOTR	6413	LOST IT TO TRYING	CYBINKA	POL	MASTERS M - 40	79	M 234	01:21:55	03:54:13	05:27:44.45	05:29:24.90	9:55	6
308	WERESZCZYŃSKI TOMASZ	6126	AKTYWNIEMIE UZALEŻNIAMY	PŁOCK	POL	MASTERS M - 40	80	M 235	01:23:26	04:10:42	05:28:59.40	05:29:43.25	9:58	6
309	WOJEWODA RENATA	6499		WARSZAWA	POL	MASTERS K - 40	16	K 74	01:32:51	04:06:44	05:29:06.80	05:30:01.05	9:58	6
310	DUDKIEWICZ MACIEJ	6218	ANWILTEAM	BRUDZEŃ DUZY	POL	MASTERS M - 40	81	M 236	01:24:41	04:05:32	05:29:27.30	05:30:01.15	9:59	6
311	KIEDZIERSKI RAFAŁ	6031		WYSOKA	POL	SENIOR II M - 30	110	M 237	01:31:53	04:11:50	05:29:20.15	05:30:07.10	9:58	6
312	HACUŚ JACEK	6318		DUSZNIKI ZDRÓJ	POL	MASTERS M - 40	82	M 238	01:29:21	04:07:33	05:29:05.60	05:30:31.55	9:58	6
313	GRUDNIEWSKI JAKUB	6478	KURACJUSZE	WROCŁAW	POL	SENIOR II M - 30	111	M 239	01:29:54	04:08:18	05:31:05.05	05:31:32.10	10:01	6
314	BUŁAŃCZYŃSKI FILIP	6202	WOŚ TEAM	STRONIE ŚLĄSKIE	POL	MASTERS M - 40	83	M 240	01:37:59	04:13:13	05:31:37.85	05:31:37.85	10:02	6
315	NIEWIADOMSKI MAREK	6063	CROSS KRAPKOWICE	KRAPKOWICE	POL	SENIOR II M - 30	112	M 241	01:21:11	04:05:39	05:31:22.30	05:32:14.10	10:02	6
316	FORENC DAMIAN	6129	OBORYGENI	PANIOWICE	POL	MASTERS M - 40	84	M 242	01:24:27	04:14:24	05:31:30.60	05:32:25.65	10:02	6
317	ŻUREK MATEUSZ	6219		POZNAŃ	POL	MASTERS M - 40	85	M 243	01:27:18	04:02:00	05:31:42.10	05:32:32.60	10:03	6
318	RYCHEL-MANTUR DOMINIKA	6024		KATOWICE	POL	SENIOR II K - 30	41	K 75	01:26:59	04:09:20	05:32:24.60	05:32:37.50	10:04	6
319	KMIECIAK MAŁGORZATA	6323	NIGHT RUNNERS	POZNAŃ	POL	U23	12	K 76	01:29:29	04:16:11	05:32:24.85	05:33:18.25	10:04	6
320	MUSIAŁ ALICJA	6245	BIEGANIE RAZEM	GLIWICE	POL	SENIOR I K - 20	12	K 77	01:33:24	04:10:56	05:32:08.60	05:33:42.30	10:03	6
321	WAGNER ADAM	6446	MUNI SPORT	VÝŠKOV	GBR	SENIOR I M - 20	22	M 244	01:23:42	03:59:07	05:33:25.70	05:34:10.85	10:06	5.9
322	RADZIOWONOWICZ ADRIANA	6455		WARSZAWA	POL	MASTERS K - 40	17	K 78	01:30:15	04:11:23	05:33:58.05	05:34:47.00	10:07	5.9

GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	9km	24km	Netto	Brutto	min/km	km/h
323	WIECZOREK ARTUR	6170	ARTURO TEAM	POZNAŃ	POL	MASTERS M - 40	86	M 245	01:22:15	04:06:30	05:34:14.50	05:34:47.75	10:07	5.9
324	IMIŃSKI CEZARY	6086		ZGIERZ	POL	WETERAN I M - 50	14	M 246	01:32:47	04:13:17	05:34:53.65	05:35:13.25	10:08	5.9
325	SALIŃSKI BARTOSZ	6175	AUGUSTEAM	KATOWICE	POL	SENIOR II M - 30	113	M 247	01:28:08	04:10:49	05:36:29.85	05:36:50.35	10:11	5.9
326	SPÓLNY ROBERT	6480		GRÓJEC	POL	WETERAN I M - 50	15	M 248	01:26:36	04:10:03	05:36:26.00	05:37:02.85	10:11	5.9
327	BURZYŃSKA EMILIA	6146	BIEGAJĄCE KREJZOLE	BOGUCIN	POL	SENIOR II K - 30	42	K 79	01:35:17	04:13:44	05:36:53.50	05:37:27.05	10:12	5.9
328	WIŚNIEWSKI DARIUSZ	6415		STRZELCE OPOLSKIE	POL	WETERAN I M - 50	16	M 249	01:26:45	04:12:30	05:37:12.85	05:37:53.65	10:13	5.9
329	NOWAK IRENEUSZ	6053		BYSTRZYCA KŁODZKA	POL	WETERAN I M - 50	17	M 250	01:25:16	04:07:02	05:36:20.65	05:38:02.00	10:11	5.9
330	CZEKAŁSKA MAGDALENA	6280	NARAMOWICE BIEGAJĄ	POZNAŃ	POL	MASTERS K - 40	18	K 80	01:31:53	04:19:56	05:36:46.65	05:38:04.35	10:12	5.9
331	BEDNARCZYK BOGUSŁAW	6310	PRO-RUN WROCŁAW	WROCŁAW	POL	WETERAN I M - 50	18	M 251	01:34:09	04:17:38	05:36:22.00	05:38:08.60	10:11	5.9
332	PARSZEWSKA ALEKSANDRA	6236		BYTOM	POL	SENIOR II K - 30	43	K 81	01:26:41	03:59:23	05:38:13.45	05:39:27.30	10:14	5.9
333	MISTAŁSKI DAMIAN	6237		BYTOM	POL	MASTERS M - 40	87	M 252	01:22:40	03:54:22	05:38:14.30	05:39:27.65	10:14	5.9
334	KREMPA SŁAWOMIR	6510		BYTOM	POL	SENIOR II M - 30	114	M 253	01:28:00	04:15:41	05:38:45.35	05:39:28.50	10:15	5.8
335	MROZOWSKI PAWEŁ	6505		WARSZAWA	POL	MASTERS M - 40	88	M 254	01:31:47	04:14:22	05:39:36.75	05:40:46.80	10:17	5.8
336	SZYMONCZYK IGOR	6377		SOSNOWIEC	POL	U23	13	M 255	01:29:04	04:12:19	05:39:24.50	05:41:01.65	10:17	5.8
337	OCETEK BARTOSZ	6409		SOSNOWIEC	POL	SENIOR I M - 20	23	M 256	01:29:04	04:12:19	05:39:24.75	05:41:02.25	10:17	5.8
338	BORECKI MICHAŁ	6078		LEGNICA	POL	SENIOR II M - 30	115	M 257	01:31:59	04:17:36	05:40:12.10	05:41:39.70	10:18	5.8
339	PACZEŚ DAMIAN	6032		KONSTANTYNA	POL	SENIOR II M - 30	116	M 258	01:24:32	04:19:52	05:41:37.30	05:41:51.20	10:21	5.8
340	RUSECKA AGNIESZKA	6252	BDB TEAM	KATOWICE	POL	SENIOR II K - 30	44	K 82	01:39:04	04:17:57	05:42:10.75	05:42:10.75	10:22	5.8
341	DELKOWSKA AGATA	6251	RIO GRAPPLING CLUB	OŁAWA	POL	MASTERS K - 40	19	K 83	01:32:12	04:14:43	05:40:31.35	05:42:15.15	10:19	5.8
342	WOJTKOWSKI IRENEUSZ	6379	ASSECO ACTIVE TEAM	WARSZAWA	POL	WETERAN II M - 60	4	M 259	01:30:10	04:12:01	05:42:13.95	05:42:50.20	10:22	5.8
343	MARMUROWICZ KRYSZTIAN	6131	KATOWICKIE WODOCIĄGI S.A.	KATOWICE	POL	MASTERS M - 40	89	M 260	01:32:18	04:15:47	05:41:43.20	05:43:21.60	10:21	5.8
344	CHĘCIŃSKI ŁUKASZ	6069		ALEKSANDRIA II	POL	MASTERS M - 40	90	M 261	01:27:05	04:11:21	05:42:42.40	05:43:30.25	10:23	5.8
345	SZUMNY PAWEŁ	6240		JOZEFÓW	POL	SENIOR II M - 30	117	M 262	01:25:13	04:15:47	05:43:17.40	05:44:13.50	10:24	5.8
346	KACZAN WOJCIECH	6305		WROCŁAW	POL	SENIOR II M - 30	118	M 263	01:34:46	04:17:23	05:44:50.00	05:45:29.90	10:26	5.7
347	HOŁOWNIA PATRYCJA	6285	BIEGUSY CZAPLE	CZAPLE	POL	MASTERS K - 40	20	K 84	01:38:13	04:25:47	05:44:36.95	05:45:30.20	10:26	5.7
348	WNOROWSKI MARIUSZ	6050		WROCŁAW	POL	MASTERS M - 40	91	M 264	01:28:13	04:18:37	05:45:21.40	05:46:02.80	10:27	5.7
349	PTASZYŃSKI MARCIN	6215		POZNAŃ	POL	SENIOR II M - 30	119	M 265	01:34:04	04:21:08	05:44:34.90	05:46:14.40	10:26	5.7
350	CHYLIŃSKI ŁUKASZ	6276		GRUDZIĄDZ	POL	MASTERS M - 40	92	M 266	01:26:12	04:18:14	05:45:06.60	05:46:19.30	10:27	5.7
351	SKORUPSKI SZYMON	6473	KURACJUSZE	WROCŁAW	POL	SENIOR II M - 30	120	M 267	01:25:40	04:25:09	05:46:28.00	05:46:53.85	10:29	5.7
352	ZAPIÓR MAREK	6515	ZET RUNNERS	BYTOM	POL	WETERAN II M - 60	5	M 268	01:34:40	04:22:28	05:46:46.95	05:47:54.05	10:30	5.7
353	ŚLEBODA JOANNA	6036	KOBIETY BIEGAJĄ	POZNAŃ	POL	SENIOR II K - 30	45	K 85	01:34:57	04:27:59	05:47:22.30	05:48:03.40	10:31	5.7
354	SZYMALA ADRIANA	6393	IZBICKO W BIEGU	SUCHODANIEC	POL	SENIOR II K - 30	46	K 86	01:39:20	04:25:29	05:47:42.80	05:49:06.90	10:32	5.7
355	DZIENNIK OLGA	6054		KRAKÓW	POL	SENIOR II K - 30	47	K 87	01:34:47	04:25:49	05:48:28.15	05:49:15.70	10:33	5.7
356	KRAJECER JOLANTA	6362		GOLENIÓW	POL	WETERAN K - 50	5	K 88	01:33:53	04:25:02	05:48:36.10	05:50:02.00	10:33	5.7
357	MARCINEK MARTA	6527		ŁÓDŹ	POL	SENIOR II K - 30	48	K 89	01:33:35	04:22:48	05:49:33.65	05:50:29.95	10:35	5.7
358	LAZDINA IEVA	6242	RWA	RIGA	LAT	SENIOR II K - 30	49	K 90	01:37:01	04:30:33	05:49:31.95	05:50:49.20	10:35	5.7
359	JĘDRO MIRELA	6181		POZNAŃ	POL	SENIOR II K - 30	50	K 91	01:36:43	04:25:59	05:51:52.35	05:52:08.45	10:39	5.6
360	PROSZAK SEBASTIAN	6094	TEAM KURORT ŁĄDEK ZDRÓJ	KŁODZKO	POL	WETERAN I M - 50	19	M 269	01:14:06	03:46:34	05:52:00.60	05:52:52.40	10:40	5.6
361	TEPER KATARZYNA	6334	RUN WITH TRENER DRZEWIECKA	SADE BUDY	POL	SENIOR II K - 30	51	K 92	01:38:21	04:25:38	05:51:43.40	05:52:56.80	10:39	5.6
362	TEPER KONRAD	6333	RUN WITH TRENER DRZEWIECKA	SADE BUDY	POL	SENIOR II M - 30	121	M 270	01:38:22	04:25:38	05:51:44.65	05:52:58.30	10:39	5.6
363	JERCZYŃSKI RADOSŁAW	6389		ŁĘKA OPATOWSKA	POL	MASTERS M - 40	93	M 271	01:33:54	04:25:23	05:52:11.70	05:53:03.00	10:40	5.6
364	KROWIŃSKI MICHAŁ	6189		WARSZAWA	POL	MASTERS M - 40	94	M 272	01:32:54	04:25:06	05:52:27.70	05:53:32.35	10:40	5.6
365	KORDEK ARKADIUSZ	6290		GOSTYŃ	POL	SENIOR I M - 20	24	M 273	01:29:07	04:28:04	05:53:29.65	05:53:45.40	10:42	5.6
366	MATYJASZCZYK MARCIN	6383	TARNOWO PODGÓRNE BIEGA	LUSÓWKO	POL	SENIOR II M - 30	122	M 274	01:32:13	04:16:09	05:52:53.00	05:53:53.70	10:41	5.6
367	KARON KRZYSZTOF	6484		STRONIE ŚLĄSKIE	POL	WETERAN II M - 60	6	M 275	01:35:33	04:29:54	05:52:59.15	05:54:19.55	10:41	5.6
368	ZAGOROWSKI ROBERT	6197		SZCZECINEK	POL	WETERAN I M - 50	20	M 276	01:35:10	04:25:48	05:53:42.60	05:54:24.95	10:43	5.6
369	GAWĘDZKA ANETA	6223	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	MASTERS K - 40	21	K 93	01:38:57	04:28:11	05:53:49.75	05:54:25.05	10:43	5.6
370	GRABOWSKA ZUZANNA	6248	IZBICKO W BIEGU	KROŚNICA	POL	SENIOR I K - 20	13	K 94	01:39:21	04:27:38	05:53:51.10	05:55:17.95	10:43	5.6
371	RABIEJ KAZIMIERZ	6360	ROZBIEGANI CHOJNÓW	CHOJNÓW	POL	WETERAN II M - 60	7	M 277	01:34:19	04:27:38	05:55:04.55	05:55:42.00	10:45	5.6
372	DRACHAL KRZYSZTOF	6482		WARSZAWA	POL	MASTERS M - 40	95	M 278	01:25:13	04:32:30	05:54:30.20	05:56:10.70	10:44	5.6
373	HAŁAS PAWEŁ	6471		POZNAŃ	POL	SENIOR I M - 20	25	M 279	01:19:48	04:25:23	05:54:34.35	05:56:19.20	10:44	5.6
374	PAWŁAK ROBERT	6288		POZNAŃ	POL	SENIOR II M - 30	123	M 280	01:26:51	04:23:33	05:55:58.75	05:56:38.35	10:47	5.6
375	OKOŃSKI TOMASZ	6196	KB SOBÓTKA	SULISTROWICE	POL	SENIOR II M - 30	124	M 281	01:34:52	04:30:13	05:56:23.75	05:57:10.20	10:47	5.6
376	MIRONSKI JAKUB	6228		GDAŃSK	POL	SENIOR II M - 30	125	M 282	01:19:15	04:30:34	05:57:07.70	05:57:30.65	10:49	5.5
377	SOBOŃ ŁUKASZ	6034	TMT	WARSZAWA	POL	SENIOR II M - 30	126	M 283	01:33:03	04:25:52	05:57:17.65	05:58:07.30	10:49	5.5
378	HAJDUCKA AGNIESZKA	6192	OKIEM WILKA	RUDA ŚLĄSKA	POL	SENIOR II K - 30	52	K 95	01:35:06	04:30:50	05:57:24.10	05:58:25.10	10:49	5.5
379	SAWICKI ADRIAN	6058		WROCŁAW	POL	MASTERS M - 40	96	M 284	01:31:42	04:23:30	05:58:28.70	05:59:57.90	10:51	5.5

GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	9km	24km	Netto	Brutto	min/km	km/h
380	MYSZKIEWICZ BARTOSZ	6249		MIŁOSŁAW	POL	WETERAN I M - 50	21	M 285	01:38:14	04:40:09	05:58:48.30	06:00:02.80	10:52	5.5
381	LONT MARCIN	6438		SZAMOTUŁY	POL	SENIOR I M - 20	26	M 286	01:38:12	04:36:14	05:58:24.60	06:00:04.80	10:51	5.5
382	BUGAJSKI SŁAWOMIR	6261		LEGNICA	POL	SENIOR II M - 30	127	M 287	01:40:43	04:29:58	05:59:03.55	06:00:30.50	10:52	5.5
383	LIS SEBASTIAN	6493		POZNAŃ	POL	SENIOR II M - 30	128	M 288	01:23:16	04:24:48	06:00:29.70	06:00:56.75	10:55	5.5
384	STACIWO JUSTYNA	6158	KURACJUSZE	WROCŁAW	POL	MASTERS K - 40	22	K 96	01:33:36	04:31:13	06:00:33.60	06:00:59.75	10:55	5.5
385	WILMAŃSKI JAKUB	6064	BUBINKA TEAM	POZNAŃ	POL	U23	14	M 289	01:31:13	04:24:23	06:00:37.20	06:01:18.00	10:55	5.5
386	WILMAŃSKI ARKADIUSZ	6033		POZNAŃ	POL	WETERAN I M - 50	22	M 290	01:31:11	04:23:56	06:00:37.85	06:01:19.70	10:55	5.5
387	STOLPE MACIEJ	6217	TKKF MPK POZNAŃ	POZNAŃ	POL	WETERAN I M - 50	23	M 291	01:35:52	04:28:02	06:00:12.85	06:01:41.15	10:54	5.5
388	DOMAGAŁA KONRAD	6163	KLUCZBORSKA GRUPA BIEGOWA	KLUCZBORK	POL	SENIOR II M - 30	129	M 292	01:44:00	04:25:06	06:00:19.05	06:01:51.70	10:55	5.5
389	JARCZYŃSKA KAROLINA	6335	MOSINA BIEGA	MOSINA	POL	MASTERS K - 40	23	K 97	01:35:04	04:37:19	06:02:27.70	06:03:04.25	10:59	5.5
390	BULLERT AGNIESZKA	6416		POZNAŃ	POL	SENIOR II K - 30	53	K 98	01:37:43	04:34:27	06:01:31.35	06:03:04.80	10:57	5.5
391	WISNIEWSKA MAŁGORZATA	6444	RUNADDICTS	DOBRCZ	POL	MASTERS K - 40	24	K 99	01:34:35	04:36:49	06:02:01.85	06:03:05.90	10:58	5.5
392	LISKE DOROTA	6113		ŁÓDŹ	POL	WETERAN K - 50	6	K 100	01:42:28	04:26:06	06:04:13.70	06:04:32.80	11:02	5.4
393	GŁÓWCZEWSKA LUCYNA	6216		PIŁA	POL	MASTERS K - 40	25	K 101	01:35:47	04:36:30	06:03:10.80	06:04:36.90	11:00	5.5
394	SZCZERBA MICHAŁ	6272		KATOWICE	POL	MASTERS M - 40	97	M 293	01:42:03	04:32:48	06:05:30.80	06:07:17.35	11:04	5.4
395	SZABATOWSKI DOMINIK	6190	WARTKIE PIERONY	RUDA ŚLĄSKA	POL	MASTERS M - 40	98	M 294	01:41:44	04:36:17	06:05:44.40	06:07:19.15	11:04	5.4
396	BEDNAREK BORYS	6408	TEAM KURORT ŁĄDEK ZDRÓJ	ŁĄDEK-ZDRÓJ	POL	SENIOR II M - 30	130	M 295	01:30:09	04:35:42	06:07:29.55	06:09:01.00	11:08	5.4
397	RUDZIŃSKI TOMASZ	6262	KUNA W AGREŚCIE	LUBLINIEC	POL	MASTERS M - 40	99	M 296	01:26:43	04:43:51	06:08:54.30	06:09:01.35	11:10	5.4
398	CIŻYŃSKA KATARZYNA	6326		WARSZAWA	POL	SENIOR I K - 20	14	K 102	01:43:11	04:44:41	06:09:51.65	06:11:11.60	11:12	5.4
399	KALINOWSKA PATRYCJA	6127	RUNADDICTS	SOLEC KUJAWSKI	POL	SENIOR II K - 30	54	K 103	01:42:16	04:47:16	06:12:09.95	06:13:13.40	11:16	5.3
400	MIRKOWSKA MONIKA	6281	ZWIERZYŃCIEC TEAM	WARSZAWA	POL	MASTERS K - 40	26	K 104	01:41:12	04:46:26	06:12:51.40	06:14:34.30	11:17	5.3
401	CZEKAŁSKI TOMASZ	6351	NARAMOWICE BIEGAJĄ	POZNAŃ	POL	MASTERS M - 40	100	M 297	01:31:08	04:48:01	06:14:04.20	06:15:22.60	11:20	5.3
402	OLEJNIK IŁONA	6180		ZIELONA GÓRA	POL	WETERAN K - 50	7	K 105	01:40:37	04:50:04	06:15:23.00	06:15:52.20	11:22	5.3
403	GOŹDZICKA IWONA	6182		ZIELONA GÓRA	POL	MASTERS K - 40	27	K 106	01:40:37	04:50:04	06:15:23.25	06:15:52.25	11:22	5.3
404	NOWAK ŁUKASZ	6481		POZNAŃ	POL	MASTERS M - 40	101	M 298	01:35:33	04:48:03	06:15:00.45	06:15:59.00	11:21	5.3
405	RÓŻYCKI PATRYK	6234		MIŃSK MAZOWIECKI	POL	SENIOR I M - 20	27	M 299	01:30:41	04:30:33	06:16:06.20	06:16:30.00	11:23	5.3
406	ZAPAŁA PAWEŁ	6491	TYMOTEUZU TEAM CHRÓŚCINA	CHRÓŚCINA	POL	MASTERS M - 40	102	M 300	01:20:27	04:23:37	06:18:01.10	06:18:56.40	11:27	5.2
407	JUSZCZAK KAMIL	6002		WIELISZEW	POL	SENIOR II M - 30	131	M 301	01:38:26	04:51:31	06:18:36.35	06:19:41.70	11:28	5.2
408	FELTYNOWSKA KASIA	6309		WARSZAWA	POL	MASTERS K - 40	28	K 107	01:37:35	04:40:08	06:18:07.50	06:19:46.40	11:27	5.2
409	JOBDA BOGNA	6313		WARSZAWA	POL	MASTERS K - 40	29	K 108	01:37:37	04:40:10	06:18:07.95	06:19:46.45	11:27	5.2
410	LIESKE MONIKA	6116	JESTEM OD ROMKA	KOBYLŃCA	POL	MASTERS K - 40	30	K 109	01:38:35	04:43:56	06:19:26.70	06:20:07.40	11:29	5.2
411	KUC ADAM	6162	THE OFFICE	CZERNICHOŃ	POL	MASTERS M - 40	103	M 302	01:34:41	04:41:01	06:21:22.40	06:22:16.70	11:33	5.2
412	CUPIAŁ DARIUSZ	6038	W POGONI ZA DUCHEM	SOSNOWIEC	POL	WETERAN I M - 50	24	M 303	01:29:03	04:28:42	06:23:28.05	06:24:13.75	11:37	5.2
413	KISIAŁA FILIP	6336	TATA WOJTUSIA	KRAKÓW	POL	MASTERS M - 40	104	M 304	01:35:19	04:33:20	06:23:07.10	06:24:13.90	11:36	5.2
414	PIELOK WOJCIECH	6497	ROBIMY FAJNE	CZELADŹ	POL	U23	15	M 305	01:34:03	04:47:21	06:22:37.85	06:24:15.30	11:35	5.2
415	ŁUCZAK ESTERA	6206	CAŁA OLEŚNICA BIEGA	SYCÓW	POL	SENIOR II K - 30	55	K 110	01:36:15	04:47:58	06:24:14.40	06:25:11.25	11:38	5.2
416	JAROSŁAWSKI MARCIN	6207	KB - HARCOWNIK	JELCZ - LASKOWICE	POL	MASTERS M - 40	105	M 306	01:36:14	04:47:57	06:24:14.30	06:25:11.80	11:38	5.2
417	LEWANDOWSKA EWA	6452		TARNOWSKIE GÓRY	POL	WETERAN K - 50	8	K 111	01:40:56	04:47:22	06:25:17.50	06:26:52.30	11:40	5.1
418	STRUGAŁA GRZEGORZ	6361		WROCŁAW	POL	WETERAN I M - 50	25	M 307	01:45:31	04:48:10	06:26:06.60	06:27:05.75	11:42	5.1
419	BURGHARDT RENATA	6165	KB HERMES	GRYFINO	POL	WETERAN K - 50	9	K 112	01:42:37	04:47:44	06:27:03.30	06:28:11.80	11:43	5.1
420	MAKOWSKI DARIUSZ	6144		CHOJNA	POL	WETERAN I M - 50	26	M 308	01:42:38	04:47:44	06:27:22.25	06:28:31.25	11:44	5.1
421	KOBYŁECKA WIKTORIA	6205		OSTROWIEC ŚWIĘTOKRZYSKI	POL	U23	16	K 113	01:48:30	04:52:21	06:30:34.75	06:31:12.95	11:50	5.1
422	JASTRZĘBSKI JACEK	6133	#HAPPYRUNNERS	ŁÓDŹ	POL	MASTERS M - 40	106	M 309	01:38:35	04:49:44	06:31:15.85	06:31:54.65	11:51	5.1
423	URBAN ARTUR	6028		WROCŁAW	POL	SENIOR II M - 30	132	M 310	01:42:55	04:48:29	06:31:02.90	06:32:37.05	11:50	5.1
424	NOWAK EWA	6340	HELIKON-TEX	WROCŁAW	POL	MASTERS K - 40	31	K 114	01:59:07	04:52:12	06:31:33.15	06:32:42.20	11:51	5.1
425	OPASKA KASIA	6171	ARTURO TEAM	TARNOWO PODGÓRNE	POL	MASTERS K - 40	32	K 115	01:48:30	04:45:01	06:32:06.05	06:32:44.25	11:52	5
426	JĘDRASZAK MATEUSZ	6112		POZNAŃ	POL	SENIOR II M - 30	133	M 311	01:43:27	04:51:05	06:31:40.90	06:32:57.15	11:52	5.1
427	SCHABEL ROBERT	6104		LESZNO	POL	MASTERS M - 40	107	M 312	01:39:59	04:55:48	06:33:33.75	06:34:43.60	11:55	5
428	JAKÓBEK PIOTR	6123	RUNADDICTS	SZCZYŃNIKI	POL	SENIOR II M - 30	134	M 313	01:33:47	04:47:42	06:35:56.05	06:36:34.00	11:59	5
429	SULIGA WIOLETTA	6080	ING BANK ŚLĄSKI	SOSNOWIEC	POL	MASTERS K - 40	33	K 116	01:47:17	04:56:29	06:38:57.25	06:39:21.95	12:05	5
430	PYTEL ROMAN	6354	IZBICKO W BIEGU	OTMICE	POL	MASTERS M - 40	108	M 314	01:29:19	04:48:33	06:39:50.20	06:41:12.70	12:06	5
431	JUSKOWIAK MIKOŁAJ	6079		LESZNO	POL	MASTERS M - 40	109	M 315	01:42:05	04:54:01	06:43:36.40	06:44:49.10	12:13	4.9
432	KORCZAK KONRAD	6247		WROCŁAW	POL	MASTERS M - 40	110	M 316	01:41:09	04:52:28	06:43:37.95	06:46:20.20	12:13	4.9
433	ŁUCIÓW AGNIESZKA	6061		WROCŁAW	POL	MASTERS K - 40	34	K 117	01:49:47	04:47:49	06:44:32.90	06:46:21.90	12:15	4.9
434	ZIĘTEK KRZYSZTOF	6396	ADIDAS RUNNERS	OSTROW WLKP.	POL	WETERAN I M - 50	27	M 317	01:38:07	04:52:16	06:48:03.70	06:49:04.05	12:21	4.9
435	FIKSA KASIA	6331	BIEGACZE ŚCIEMNIACZE	KROSNO	POL	MASTERS K - 40	35	K 118	01:59:40	04:58:53	06:48:41.85	06:49:18.15	12:23	4.8
436	NOSKOWIAK-BAJNO ALICJA	6421	RUNADDICTS	BORÓWNO	POL	MASTERS K - 40	36	K 119	01:48:20	04:55:18	06:48:15.35	06:49:20.00	12:22	4.8

GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	9km	24km	Netto	Brutto	min/km	km/h
437	MRUCZYŃSKA-PIETRUCZANIS KATARZYNA	6041	DEVI HIMAL TEAM/ AKTYWNI WĘGRÓW	WĘGRÓW	POL	MASTERS K - 40	37	K 120	01:42:37	04:52:37	06:48:44.60	06:49:49.70	12:23	4.8
438	ADAMUS ANNA	6095	WARTKIE PIERONY	RUDA ŚLĄSKA	POL	MASTERS K - 40	38	K 121	01:42:57	04:52:58	06:49:01.85	06:50:37.15	12:23	4.8
439	ŁASKAWSKA JUSTYNA	6440		WARSZAWA	POL	MASTERS K - 40	39	K 122	01:48:06	04:57:19	06:50:29.25	06:51:28.10	12:26	4.8
440	ŻOŁYŃIAK SZYMON	6436		SIERADZ	POL	MASTERS M - 40	111	M 318	01:48:06	04:57:17	06:50:31.00	06:51:29.55	12:26	4.8
441	SZKOEPEK JAROSŁAW	6151		WIÓREK	POL	WETERAN I M - 50	28	M 319	01:48:03	04:55:51	06:51:35.10	06:52:47.00	12:28	4.8
442	PLATEK KRZYSZTOF	6160	RUNADDICTS	JELCZ-LASKOWICE	POL	MASTERS M - 40	112	M 320	02:05:16	05:38:26	06:51:58.15	06:53:03.00	12:29	4.8
443	BŁASZKIEWICZ MARZENA	6161	RUNADDICTS	BORÓWNO	POL	MASTERS K - 40	40	K 123	02:05:19	05:38:28	06:52:00.05	06:53:04.00	12:29	4.8
444	SOKOŁOWSKI MICHAŁ	6426		KIEŁCZÓW	POL	SENIOR I M - 20	28	M 321	01:43:18	05:08:00	06:58:24.55	06:59:26.65	12:40	4.7
445	LEWICKA BOŻENA	6429	GONIMY	KĘTY	POL	WETERAN II K - 60	2	K 124	01:55:56	04:56:35	06:58:57.15	06:59:29.25	12:41	4.7
446	DERES JULIA	6490		CZELADŹ	POL	U23	17	K 125	01:50:51	04:59:25	06:58:40.50	06:59:30.00	12:41	4.7
447	DUDEK-SIERZĘGA WIOLETA	6492	IZBICKO W BIEGU	STRZELCE OPOLSKIE	POL	MASTERS K - 40	41	K 126	01:56:01	04:55:41	06:58:06.95	06:59:30.25	12:40	4.7
448	DUDEK SYLWIA	6487		CZERWIONKA-LESZCZYNY	POL	SENIOR II K - 30	56	K 127	01:51:27	05:10:16	06:58:31.35	06:59:30.90	12:40	4.7
449	ADAMKIEWICZ LUKASZ	6284	ZWIERZYNIAC TEAM	WARSZAWA	POL	MASTERS M - 40	113	M 322	01:41:15	04:54:47	07:03:25.05	07:05:07.95	12:49	4.7
450	SZTEJKA JOLANTA	6314	KULAWA RODZINA	BYDGOSZCZ	POL	MASTERS K - 40	42	K 128	01:43:21	05:14:31	07:04:18.25	07:05:11.35	12:51	4.7
451	SOWA GRZEGORZ	6119	#YOLOTEAMKRK #KUBAPIECHTEAM	KRAKÓW	POL	WETERAN I M - 50	29	M 323	01:55:11	05:20:44	07:16:03.80	07:17:51.10	13:12	4.5
452	DZIURZYŃSKA ULKA	6118	VEGE RUNNERS	KRAKÓW	POL	MASTERS K - 40	43	K 129	01:55:11	05:20:47	07:16:04.35	07:17:51.40	13:12	4.5
453	GARCON JOANNA	6153	KUŹNIA TALENTÓW KAMIENIEC	KAMIENIEC	POL	SENIOR II K - 30	57	K 130	02:03:02	05:25:19	07:21:56.80	07:23:40.70	13:23	4.5
454	MARKIEWICZ JAGODA	6132		KAMIENIEC	POL	SENIOR I K - 20	15	K 131	02:03:01	05:25:18	07:21:58.00	07:23:41.80	13:23	4.5
455	GOŁĘBIEWSKI SŁAWOMIR	6199	OSP ŚREM	ŚREM	POL	SENIOR II M - 30	135	M 324	01:58:03	05:26:49	07:25:11.25	07:26:47.55	13:29	4.4
456	FLACZYŃSKA ALDONA	6200	ŻÓŁWICE W BIEGU	ŚREM	POL	MASTERS K - 40	44	K 132	01:58:10	05:26:48	07:25:12.20	07:26:47.75	13:29	4.4
457	DOMINIAC-LESZCZYŃSKA ELŻBIETA	6468	LASY WAWERSKIE	WARSZAWA	POL	WETERAN II K - 60	3	K 133	02:02:17	05:25:04	07:27:49.30	07:29:13.85	13:34	4.4
458	KARPIŃSKI GRZEGORZ	6043	SALCESON POZNAŃ	BUK	POL	MASTERS M - 40	114	M 325	01:43:03	05:37:37	07:30:03.05	07:31:31.55	13:38	4.4
459	DWORAK EWA	6456		KRAKÓW	POL	SENIOR I K - 20	16	K 134	01:58:37	05:29:22	07:31:51.00	07:33:33.10	13:41	4.4
460	WALCZAK SŁAWOMIR	6125		GAŁĄZCZYCE	POL	WETERAN I M - 50	30	M 326	01:47:39	05:29:43	07:32:19.45	07:33:34.50	13:42	4.4
461	KOBYŁKA MAŁGORZATA	6270	SUPERMARATON KALISZ	KALISZ	POL	WETERAN K - 50	10	K 135	02:00:37	05:18:37	07:43:16.70	07:44:11.00	14:02	4.3
462	FABIAŃSKI CZESŁAW	6233	SUPERMARATON KALISZ	KALISZ	POL	WETERAN II M - 60	8	M 327	02:00:40	05:18:40	07:43:18.60	07:44:12.85	14:02	4.3
463	MROZOWSKA MAGDALENA	6506		WARSZAWA	POL	MASTERS K - 40	45	K 136	01:56:07	05:21:48	07:54:02.90	07:54:02.90	14:21	4.2
464	JANIK TOMASZ	6507	ORANGE POLSKA	HRUBIESZÓW	POL	WETERAN I M - 50	31	M 328	01:56:08	05:21:47	07:54:03.75	07:54:03.75	14:21	4.2
	WEKA KRZYSZTOF	6008	BIAŁYSTOK BIEGA TEAM	BIAŁYSTOK	POL	SENIOR II M - 30			DNF	DNF	DNF	DNF	-	-
	VOLÁK ODRĚJ	6177	SALOMON	POLICE NAD METUJÍ	CZE	U23			00:47:52	02:14:06	DNF	DNF	-	-
	STANKIEWICZ TOMASZ	6176	PLANYBIEGOWE.PL	WROCLAW	POL	SENIOR II M - 30			DNF	DNF	DNF	DNF	-	-
	ANDREARCYK PATRYK	6055	ERGO HESTIA RUNNING TEAM	GDYNIA	POL	SENIOR II M - 30			01:20:56	04:56:40	DNF	DNF	-	-
	WIATR - KMIECIAK MAŁGORZATA	6322	NIGHT RUNNERS	POZNAŃ	POL	WETERAN K - 50			DNF	DNF	DNF	DNF	-	-
	MADAJCZYK TOMASZ	6422		WROCLAW	POL	SENIOR II M - 30			02:00:17	05:20:56	DNF	DNF	-	-
	SIEMIENIUCH ŁUKASZ	6006		POZNAŃ	POL	MASTERS M - 40			DNF	DNF	DNF	DNF	-	-
	ADAMCZAK ARTUR	6371	ORT	BISKUPICE	POL	SENIOR II M - 30			01:45:57	05:33:28	DNF	DNF	-	-
	BIENIEK PATRYK	6082	TREC TEAM	POZNAŃ	POL	MASTERS M - 40			DNF	DNF	DNF	DNF	-	-
	BIELA KONRAD	6463	ON	KOWARY	POL	SENIOR II M - 30			01:01:10	DNF	DNF	DNF	-	-
	ZAKRZEWSKI TOMASZ	6188	KB VAMOS AMIGOS	WILCZYCE	POL	MASTERS M - 40			01:10:23	DNF	DNF	DNF	-	-
	NOWAK MIKOŁAJ	6019		POZNAŃ	POL	SENIOR II M - 30			01:12:08	DNF	DNF	DNF	-	-
	DĄBROWSKI MICHAŁ	6442	CINCLUS	ŚWIĘTOCHŁOWICE	POL	WETERAN I M - 50			DNF	DNF	DNF	DNF	-	-
	KAROLCZAK KONRAD	6457		ŻARÓW	POL	MASTERS M - 40			01:13:20	DNF	DNF	DNF	-	-
	BUKOWSKI MICHAŁ	6091		WARSZAWA	POL	SENIOR II M - 30			01:17:11	DNF	DNF	DNF	-	-
									01:26:34	DNF	DNF	DNF	-	-
									DNF					

GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	9km	24km	Netto	Brutto	min/km	km/h
	ŻABIEREK TOMASZ	6496		GORZÓW WLKP.	POL	MASTERS M - 40			01:30:41 DNF	DNF	DNF	DNF	-	-
	TRZASKO ANIA	6164		WARSZAWA	POL	SENIOR II K - 30			01:41:53 DNF	DNF	DNF	DNF	-	-
	WYSMOLINSKA KAROLINA	6374		BIERNATKI	POL	MASTERS K - 40			01:46:54 DNF	DNF	DNF	DNF	-	-
	GODYŃ SYLWIUSZ	6169		WOJCIESZÓW	POL	WETERAN I M - 50			01:50:09 DNF	DNF	DNF	DNF	-	-
	WIDERA ADRIAN	6157	CHOOSE YOURSELF JAWORZNO	DĄBROWA GÓRNICZA	POL	MASTERS M - 40			01:55:43 DNF	DNF	DNF	DNF	-	-
	VAN STEIJN - VAN DER PLOEG SANDRA	6016	AV ZUIDWAL, NEDERLAND	BLARICUM	NED	WETERAN K - 50			02:10:23 DNF	DNF	DNF	DNF	-	-
	LEWANDOWSKA ANNA	6020	BORKOŚ TEAM	GORZÓW WIELKOPOLSKI	POL	SENIOR II K - 30			DNF	DNF	DNF	DNF	-	-