

KOSZALIŃSKI BIEG GÓRSKI 5 KM

Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Date: 2017-05-03
Place: Koszalin
Distance: 5 km
Klasyfikacja wg czasów netto.



KOSZALIŃSKI BIEG GÓRSKI 5 KM, OPEN

| POS | Name and surname | No. | Club | City | NAT | Cat. | M. | F/M | Netto | min/km | km/h |
|-----|------------------------|-----|---|----------------|-----|--------|----|------|-------------|--------|------|
| 1 | ORZECHOWSKI KAMIL | 58 | TKKF KOSZALIN | KOSZALIN/RADOM | POL | M16-29 | 1 | M 1 | 00:19:56.80 | 3:59 | 15 |
| 2 | KULCZYK JERZY | 110 | | TYCHOWO | POL | M50-59 | 1 | M 2 | 00:20:14.90 | 4:03 | 14.8 |
| 3 | ZABORSKI RYSZARD | 93 | TKKF KOSZALIN | KOSZALIN | POL | M40-49 | 1 | M 3 | 00:20:43.65 | 4:08 | 14.5 |
| 4 | FAMULSKI CEZARY | 98 | JW 1223 KOSZALIN | ROSNOWO | POL | M30-39 | 1 | M 4 | 00:20:54.30 | 4:10 | 14.4 |
| 5 | MUSIAŁ KRZYSZTOF | 112 | TKKF KOSZALIN | KOSZALIN | POL | M30-39 | 2 | M 5 | 00:21:05.15 | 4:13 | 14.2 |
| 6 | SZKOŁUDA MIŁOSZ | 108 | DECATHLON KOSZALIN | POLANÓW | POL | M16-29 | 2 | M 6 | 00:21:10.85 | 4:14 | 14.2 |
| 7 | SŁOBODZIAN JERZY | 75 | NYSZA BIEGA | DZIERŻONIÓW | POL | M50-59 | 2 | M 7 | 00:21:42.65 | 4:20 | 13.8 |
| 8 | WOJCIECHOWICZ JACEK | 91 | WWW.STUDIOTANCAPASJA.PL | KOSZALIN | POL | M30-39 | 3 | M 8 | 00:22:05.70 | 4:25 | 13.6 |
| 9 | DZIUBAŃSKI GRZEGORZ | 16 | OPEL ACTIVE TEAM | PYSKOWICE | POL | M30-39 | 4 | M 9 | 00:22:37.80 | 4:31 | 13.3 |
| 10 | BARTOSIŃSKI BARTŁOMIEJ | 121 | DECATHLON KOSZALIN | WARSZAWA | POL | M16-29 | 3 | M 10 | 00:22:52.65 | 4:34 | 13.1 |
| 11 | RYSKIEWICZ RAFAŁ | 74 | | KOSZALIN | POL | M40-49 | 2 | M 11 | 00:23:00.10 | 4:36 | 13 |
| 12 | ZWOLIŃSKI JAN | 96 | TKKF KOSZALIN | WIERCISZEWO | POL | M40-49 | 3 | M 12 | 00:23:01.15 | 4:36 | 13 |
| 13 | SZAMREJ WOJCIECH | 78 | | KOSZALIN | POL | M50-59 | 3 | M 13 | 00:23:01.55 | 4:36 | 13 |
| 14 | BONISŁAWSKI JAROSŁAW | 100 | FADOMODA TEAM | SŁAWNO | POL | M30-39 | 5 | M 14 | 00:23:06.30 | 4:37 | 13 |
| 15 | JAŻWIŃSKI DAWID | 28 | TKKF KOSZALIN | KOSZALIN | POL | M16-29 | 4 | M 15 | 00:23:15.20 | 4:39 | 12.9 |
| 16 | MAZUR EMILIUSZ | 51 | ŻYJ Z ENERGIA | DARŁOWO | POL | M40-49 | 4 | M 16 | 00:23:25.40 | 4:41 | 12.8 |
| 17 | BARANOWSKI PIOTR | 2 | | KOSZALIN | POL | M40-49 | 5 | M 17 | 00:23:45.60 | 4:45 | 12.6 |
| 18 | ŚNIEŻKO MARCIN | 82 | TKKF KOSZALIN | KOSZALIN | POL | M30-39 | 6 | M 18 | 00:24:03.85 | 4:48 | 12.5 |
| 19 | ZATORSKI ZBIGNIEW | 119 | KOŁOBRZEG BIEGA | WARSZAWA | POL | M30-39 | 7 | M 19 | 00:24:27.35 | 4:53 | 12.3 |
| 20 | ŁAGUTKO KAMILA | 111 | ŻYJ Z ENERGIA | DARŁOWO | POL | K30-39 | 1 | K 1 | 00:24:30.55 | 4:54 | 12.2 |
| 21 | CHAMIELEC BOGUSŁAW | 113 | | LUBIN | POL | M50-59 | 4 | M 20 | 00:24:46.70 | 4:57 | 12.1 |
| 22 | RUTKOWSKI RYSZARD | 73 | RUTKOWSKI TEAM | SIANÓW | POL | M50-59 | 5 | M 21 | 00:24:48.50 | 4:57 | 12.1 |
| 23 | MAJ-DZIUBAŃSKA IZABELA | 80 | AKMB PĘDZIWIATR GLIWICE | GLIWICE | POL | K30-39 | 2 | K 2 | 00:25:08.85 | 5:01 | 11.9 |
| 24 | CZAPLIŃSKI JACEK | 13 | | KOSZALIN | POL | M30-39 | 8 | M 22 | 00:25:13.05 | 5:02 | 11.9 |
| 25 | JARZYNA ROMAN | 26 | | STARGARD | POL | M40-49 | 6 | M 23 | 00:25:13.80 | 5:02 | 11.9 |
| 26 | WRÓBLEWSKI JACEK | 92 | TKKF KOSZALIN | KOSZALIN | POL | M16-29 | 5 | M 24 | 00:25:37.60 | 5:07 | 11.7 |
| 27 | JADCZAK TOMASZ | 114 | | SULECHÓW | POL | M30-39 | 9 | M 25 | 00:25:51.45 | 5:10 | 11.6 |
| 28 | GOŃKA KRZYSZTOF | 122 | DECATHLON KOSZALIN | KOSZALIN | POL | M16-29 | 6 | M 26 | 00:25:59.20 | 5:11 | 11.5 |
| 29 | SZABLA EWELINA | 77 | | KOSZALIN | POL | K30-39 | 3 | K 3 | 00:26:10.25 | 5:14 | 11.5 |
| 30 | MISZCZYK JAN | 53 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | M16-29 | 7 | M 27 | 00:26:11.50 | 5:14 | 11.5 |
| 31 | KAJKOWSKI RAFAŁ | 32 | CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN | KOSZALIN | POL | M40-49 | 7 | M 28 | 00:26:14.10 | 5:14 | 11.4 |
| 32 | RUTKOWSKI ARTUR | 72 | RUTKOWSKI TEAM | SIANÓW | POL | M16-29 | 8 | M 29 | 00:26:14.90 | 5:15 | 11.4 |
| 33 | MUCHA KRZYSZTOF | 56 | KOSZALIN | KOSZALIN | POL | M30-39 | 10 | M 30 | 00:26:15.15 | 5:15 | 11.4 |
| 34 | WACHOLC MICHAŁ | 85 | | KRETOMINO | POL | M16-29 | 9 | M 31 | 00:26:21.00 | 5:16 | 11.4 |
| 35 | BIL ADRIAN | 6 | | KOSZALIN | POL | M30-39 | 11 | M 32 | 00:26:21.30 | 5:16 | 11.4 |
| 36 | BRESZKA TOMASZ | 104 | | DARŁOWO | POL | M30-39 | 12 | M 33 | 00:26:28.40 | 5:17 | 11.3 |
| 37 | PĘKAŁA PIOTR | 64 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | M40-49 | 8 | M 34 | 00:26:55.45 | 5:23 | 11.1 |
| 38 | ŚWIETLIK TOMASZ | 52 | | KOSZALIN | POL | M50-59 | 6 | M 35 | 00:27:01.55 | 5:24 | 11.1 |
| 39 | RÓG MICHAŁ | 71 | JW 1223 KOSZALIN | STARE BIELICE | POL | M30-39 | 13 | M 36 | 00:27:10.35 | 5:26 | 11 |
| 40 | CIUPA MARCIN | 11 | H2DESIGN | KOSZALIN | POL | M40-49 | 9 | M 37 | 00:27:11.90 | 5:26 | 11 |
| 41 | CHODOR IZABELA | 9 | TKKF KOSZALIN | GORZEBĄDŹ | POL | K30-39 | 4 | K 4 | 00:27:26.30 | 5:29 | 10.9 |
| 42 | KOWALCZYK MARIUSZ | 41 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | M40-49 | 10 | M 38 | 00:27:39.40 | 5:32 | 10.8 |
| 43 | JAROSZEWSKI DANIEL | 4 | | KOSZALIN | POL | M30-39 | 14 | M 39 | 00:27:43.70 | 5:32 | 10.8 |
| 44 | ROGOŻA IRENEUSZ | 70 | | KOSZALIN | POL | M40-49 | 11 | M 40 | 00:27:44.20 | 5:32 | 10.8 |
| 45 | CHOŁUJ JAREK | 10 | | KOSZALIN | POL | M40-49 | 12 | M 41 | 00:27:44.55 | 5:33 | 10.8 |

KOSZALIŃSKI BIEG GÓRSKI 5 KM, OPEN c.d.

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|-----|---------------------------|-----|--|-------------------|-----|--------|------|------|-------------|--------|------|--|
| | | | | | | | cat. | | | | | |
| 46 | ZUKAL PIOTR | 120 | | KOSZALIN | POL | M40-49 | 13 | M 42 | 00:27:47.50 | 5:33 | 10.8 | |
| 47 | WICHER KRZYSZTOF | 88 | ADWOKATURA | KOSZALIN | POL | M30-39 | 15 | M 43 | 00:28:10.50 | 5:38 | 10.7 | |
| 48 | OTTO MICHAŁ | 60 | | KOSZALIN | POL | M30-39 | 16 | M 44 | 00:28:17.70 | 5:39 | 10.6 | |
| 49 | JUSZCZAK KRZYSZTOF | 31 | | KOSZALIN | POL | M60-69 | 1 | M 45 | 00:28:31.65 | 5:42 | 10.5 | |
| 50 | MRUGALSKA MAGDALENA | 107 | JW 1223 KOSZALIN | KOSZALIN | POL | K16-29 | 1 | K 5 | 00:28:32.70 | 5:42 | 10.5 | |
| 51 | RETERSKI DAMIAN | 102 | | KOSZALIN | POL | M16-29 | 10 | M 46 | 00:28:33.60 | 5:42 | 10.5 | |
| 52 | WIATRZYK KRZYSZTOF | 87 | DARŁOWO | DARŁOWO | POL | M40-49 | 14 | M 47 | 00:28:34.75 | 5:43 | 10.5 | |
| 53 | KRZEWIŃSKA MAŁGORZATA | 46 | TKKF KOSZALIN | KOSZALIN | POL | K50-59 | 1 | K 6 | 00:28:38.55 | 5:43 | 10.5 | |
| 54 | SZAMREJ PIOTR | 118 | | KOSZALIN | POL | M16-29 | 11 | M 48 | 00:28:40.40 | 5:44 | 10.5 | |
| 55 | MAJCHRZAK PAWEŁ | 50 | SUNDBIKERS KARLINO TEAM | KARLINO | POL | M40-49 | 15 | M 49 | 00:28:52.30 | 5:46 | 10.4 | |
| 56 | OSOBNIAK RYSZARD | 59 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | M60-69 | 2 | M 50 | 00:28:53.00 | 5:46 | 10.4 | |
| 57 | KRUPIŃSKI KRZYSZTOF | 45 | E-UROLOG.EU | KOSZALIN | POL | M50-59 | 7 | M 51 | 00:28:55.50 | 5:47 | 10.4 | |
| 58 | KOZŁOWIECKI WALDEMAR | 42 | TKKF KOSZALIN | KOSZALIN | POL | M60-69 | 3 | M 52 | 00:29:05.75 | 5:49 | 10.3 | |
| 59 | ZDROWIECKI ARTUR | 94 | | KOSZALIN | POL | M30-39 | 17 | M 53 | 00:29:24.15 | 5:52 | 10.2 | |
| 60 | BORKOWSKA-KOWALCZYK DARIA | 7 | WOMENS FIGHT CLUB KOSZALIN ROZBIEGANY KOSZALIN | KOSZALIN | POL | K30-39 | 5 | K 7 | 00:29:26.75 | 5:53 | 10.2 | |
| 61 | KRASIŃSKI WITOLD | 43 | | KOSZALIN | POL | M40-49 | 16 | M 54 | 00:29:41.85 | 5:56 | 10.1 | |
| 62 | BŁACH PIOTR | 103 | | SŁAWOBORZE | POL | M30-39 | 18 | M 55 | 00:29:44.60 | 5:57 | 10.1 | |
| 63 | BRZEZIŃSKI ROBERT | 106 | HERKULES | GDAŃSK | POL | M30-39 | 19 | M 56 | 00:29:47.95 | 5:57 | 10.1 | |
| 64 | BARTKOWSKI RYSZARD | 99 | | KOWARY | POL | M60-69 | 4 | M 57 | 00:30:16.00 | 6:03 | 9.9 | |
| 65 | DUDZIAK PIOTR | 15 | KOSZALIN | KOSZALIN | POL | M40-49 | 17 | M 58 | 00:30:24.40 | 6:04 | 9.9 | |
| 66 | JANUSZEWSKI JACEK | 24 | 17 WOG KOSZALIN | KOSZALIN | POL | M50-59 | 8 | M 59 | 00:30:27.20 | 6:05 | 9.9 | |
| 67 | GRZYSZCZAK PIOTR | 109 | | SZCZEGLIŃSKO NOWE | POL | M40-49 | 18 | M 60 | 00:30:41.60 | 6:08 | 9.8 | |
| 68 | LASKOWSKI GRZEGORZ | 49 | | PARNOWO | POL | M30-39 | 20 | M 61 | 00:30:43.50 | 6:08 | 9.8 | |
| 69 | POTRZEBOWSKA AGATA | 66 | DEAF | BYDGOSZCZ | POL | K30-39 | 6 | K 8 | 00:30:47.90 | 6:09 | 9.7 | |
| 70 | KOWALCZYK PIOTR | 40 | | KOSZALIN | POL | M30-39 | 21 | M 62 | 00:30:50.10 | 6:10 | 9.7 | |
| 71 | MRUGALSKI STANISŁAW | 55 | | MIĄSTKO | POL | M50-59 | 9 | M 63 | 00:31:01.35 | 6:12 | 9.7 | |
| 72 | DĄBROWSKA ALICJA | 14 | TKKF KOSZALIN | SIANÓW | POL | K50-59 | 2 | K 9 | 00:31:03.50 | 6:12 | 9.7 | |
| 73 | KUPREWICZ GRZEGORZ | 47 | JW 1223 KOSZALIN | KOSZALIN | POL | M30-39 | 22 | M 64 | 00:31:06.25 | 6:13 | 9.6 | |
| 74 | BASIAK KRYSZTOF | 5 | KOSZALIN | KOSZALIN | POL | M30-39 | 23 | M 65 | 00:31:06.45 | 6:13 | 9.6 | |
| 75 | KARNICKI ZYGMUNT | 34 | TKKF KOSZALIN | KOSZALIN | POL | M60-69 | 5 | M 66 | 00:31:47.65 | 6:21 | 9.4 | |
| 76 | ZIĘBA PAWEŁ | 95 | TKKF KOSZALIN | KOSZALIN | POL | M40-49 | 19 | M 67 | 00:31:49.05 | 6:21 | 9.4 | |
| 77 | GŁOWACKI WŁODZIMIERZ | 143 | BABECZKI KOSZALIN | KOSZALIN | POL | M70+ | 1 | M 68 | 00:31:54.90 | 6:23 | 9.4 | |
| 78 | POTRZEBOWSKI MAREK | 67 | DEAF | BYDGOSZCZ | POL | M30-39 | 24 | M 69 | 00:32:08.00 | 6:25 | 9.3 | |
| 79 | JURKIEWICZ ANDRZEJ | 30 | | KOSZALIN | POL | M30-39 | 25 | M 70 | 00:32:36.35 | 6:31 | 9.2 | |
| 80 | SZEWCYK PAULINA | 79 | | WOJNOWO | POL | K16-29 | 2 | K 10 | 00:32:37.10 | 6:31 | 9.2 | |
| 81 | SEEWALD JAN | 105 | | KOSZALIN | POL | M40-49 | 20 | M 71 | 00:32:42.00 | 6:32 | 9.2 | |
| 82 | KOSIM MACIEJ | 39 | NIGHT RUNNERS WROCŁAW | WROCŁAW | POL | M40-49 | 21 | M 72 | 00:32:42.05 | 6:32 | 9.2 | |
| 83 | MAZUREK BARBARA | 142 | BABECZKI KOSZALIN | KOSZALIN | POL | K30-39 | 7 | K 11 | 00:32:50.65 | 6:34 | 9.1 | |
| 84 | HELLER ZDZISŁAW | 21 | NIEZRZESZONY | KOSZALIN | POL | M60-69 | 6 | M 73 | 00:32:58.75 | 6:35 | 9.1 | |
| 85 | GZELA OLGA | 20 | BABECZKI KOSZALIN, ROZBIEGANY KOSZALIN | KOSZALIN | POL | K30-39 | 8 | K 12 | 00:33:01.25 | 6:36 | 9.1 | |
| 86 | KLENIEWSKI PIOTR | 36 | ZACHODNIOPOMORSKIE | KOSZALIN | POL | M50-59 | 10 | M 74 | 00:33:05.20 | 6:37 | 9.1 | |
| 87 | KONKEL JOANNA | 37 | MKS 'ŚWIĘC SŁAWNO' | SŁAWNO | POL | K50-59 | 3 | K 13 | 00:33:22.20 | 6:40 | 9 | |
| 88 | HRYCIOŃ PAWEŁ | 22 | BIAŁOGARD | BIAŁOGARD | POL | M30-39 | 26 | M 75 | 00:33:26.15 | 6:41 | 9 | |
| 89 | HRANKOWSKA MONIKA | 25 | | SŁUPSK | POL | K30-39 | 9 | K 14 | 00:33:33.85 | 6:42 | 8.9 | |
| 90 | WIERZBICKI KACPER | 90 | | KOSZALIN | POL | M16-29 | 12 | M 76 | 00:34:16.10 | 6:51 | 8.8 | |
| 91 | GAWIECKA MARIOLA | 18 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | K40-49 | 1 | K 15 | 00:34:29.95 | 6:54 | 8.7 | |
| 92 | WALCZAK AGNIESZKA | 86 | TKKF KOSZALIN | KOSZALIN | POL | K40-49 | 2 | K 16 | 00:34:49.75 | 6:58 | 8.6 | |
| 93 | BRESZKA PAWEŁ | 8 | DARŁOWO | DARŁOWO | POL | M40-49 | 22 | M 77 | 00:35:01.80 | 7:00 | 8.6 | |
| 94 | WENCLAW-JUSZCZAK MARTA | 117 | | GRZYBOWO | POL | K40-49 | 3 | K 17 | 00:35:18.10 | 7:03 | 8.5 | |
| 95 | SAGAN JADWIGA | 115 | | ROŚCIĘCINO | POL | K40-49 | 4 | K 18 | 00:35:33.65 | 7:06 | 8.4 | |
| 96 | RETERSKI PRZEMYSŁAW | 101 | | KOSZALIN | POL | M30-39 | 27 | M 78 | 00:36:02.65 | 7:12 | 8.3 | |
| 97 | FRUBA KARINA | 17 | STOPA SŁUPSK | SŁUPSK | POL | K30-39 | 10 | K 19 | 00:36:10.25 | 7:14 | 8.3 | |
| 98 | KOROL ELŻBIETA | 38 | BABECZKI KOSZALIN | KOSZALIN | POL | K40-49 | 5 | K 20 | 00:36:13.60 | 7:14 | 8.3 | |
| 99 | KURCZ BARBARA | 48 | BABECZKI KOSZALIN | KOSZALIN | POL | K40-49 | 6 | K 21 | 00:36:28.25 | 7:17 | 8.2 | |
| 100 | IMIÓŁEK JACEK | 23 | | KOSZALIN | POL | M40-49 | 23 | M 79 | 00:37:52.10 | 7:34 | 7.9 | |

KOSZALIŃSKI BIEG GÓRSKI 5 KM, OPEN c.d.

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|-----|--------------------------|-----|--------------------|----------|-----|--------|------------|------|-------------|--------|------|
| 101 | TREJDER MARIA | 83 | BAJADERKI KOSZALIN | KOSZALIN | POL | K40-49 | 7 | K 22 | 00:38:24.50 | 7:40 | 7.8 |
| 102 | MOZEJKO ANNA | 54 | BABECZKI KOSZALIN | KOSZALIN | POL | K30-39 | 11 | K 23 | 00:38:45.15 | 7:45 | 7.7 |
| 103 | STEC EDYTA | 76 | BABECZKI KOSZALIN | KOSZALIN | POL | K30-39 | 12 | K 24 | 00:38:45.85 | 7:45 | 7.7 |
| 104 | PASEK JAN | 62 | | DUNOWO | POL | M60-69 | 7 | M 80 | 00:39:05.20 | 7:49 | 7.7 |
| 105 | KOZŁOWIECKA MAŁGORZATA | 97 | | KOSZALIN | POL | K50-59 | 4 | K 25 | 00:39:11.75 | 7:50 | 7.7 |
| 106 | VON BARDELEBEN AGNIESZKA | 84 | BABECZKI KOSZALIN | KOSZALIN | POL | K40-49 | 8 | K 26 | 00:39:15.80 | 7:51 | 7.6 |
| 107 | PASEK PAULA | 61 | | DUNOWO | POL | K30-39 | 13 | K 27 | 00:43:20.20 | 8:40 | 6.9 |
| 108 | RADOMSKA IWONA | 68 | | KOSZALIN | POL | K16-29 | 3 | K 28 | 00:44:41.45 | 8:56 | 6.7 |
| 109 | GARBACZ-ZATORSKA MILENA | 116 | | GRZYBOWO | POL | K40-49 | 9 | K 29 | 00:44:49.75 | 8:58 | 6.7 |
| 110 | KRAWCZUK-KIEŁB ANNA | 44 | ŻYJ Z ENERGIA | WIEKOWO | POL | K40-49 | 10 | K 30 | 00:47:09.15 | 9:25 | 6.4 |
| 111 | RESPONDEK DARIUSZ | 69 | | WROCŁAW | POL | M40-49 | 24 | M 81 | | | |