

## 28,5 KM - 1/8 DYSTANSU PEŁNEGO IM

Organizator: APS AGENCY Sp. z o.o. Sp. K  
 Data: 2024-08-25  
 Miejsce: Kalisz  
 Dystans: 28.5 km  
 Klasyfikacja wg czasów netto.

## 28,5 KM - 1/8 DYSTANSU PEŁNEGO IM, OPEN

| M-ce | Nazwisko i imię     | Nr  | Klub   | M-scowość           | Kraj | Kat.    | M. kat | K/M  | Pływanie<br>0.475km | T1       | Rower<br>22.5km | T2       | Bieg<br>5.275km | Netto       |
|------|---------------------|-----|--|---------------------|------|---------|--------|------|---------------------|----------|-----------------|----------|-----------------|-------------|
| 1    | SZENAWA ŁUKASZ      | 514 | TOMEX - PARKIET                                | GÓRKI               | POL  | M 19-29 | 1      | M 1  | 00:10:24 (8)        | 00:00:00 | 00:35:54 (3)    | 00:00:37 | 00:18:53 (1)    | 01:05:48.60 |
| 2    | CIERNIEWSKI BARTOSZ | 528 |  | WITASZYCE           | POL  | M 19-29 | 2      | M 2  | 00:09:34 (1)        | 00:00:00 | 00:36:06 (4)    | 00:00:46 | 00:21:06 (4)    | 01:07:32.30 |
| 3    | WIŚNIEWSKI ADAM     | 515 |  | ŁÓDŹ                | POL  | M 30-39 | 1      | M 3  | 00:10:23 (7)        | 00:00:00 | 00:36:16 (5)    | 00:00:48 | 00:20:32 (2)    | 01:07:59.70 |
| 4    | JASIELSKI MIKOŁAJ   | 534 |  | POZNAŃ              | POL  | M 16-18 | 1      | M 4  | 00:10:07 (6)        | 00:00:00 | 00:35:42 (2)    | 00:00:42 | 00:21:30 (7)    | 01:08:01.75 |
| 5    | WALCZAK ROBERT      | 309 | CYTADELA BY NIGHT                              | POZNAŃ              | POL  | M 40-49 | 1      | M 5  | 00:10:38 (11)       | 00:00:00 | 00:36:22 (6)    | 00:00:38 | 00:20:43 (3)    | 01:08:21.25 |
| 6    | ŚWIDERSKI PAWEŁ     | 518 | DARADEX  | KOŚCIELNA WIEŚ      | POL  | M 40-49 | 2      | M 6  | 00:09:53 (4)        | 00:00:00 | 00:35:33 (1)    | 00:00:51 | 00:23:39 (19)   | 01:09:56.10 |
| 7    | KARASIŃSKI MARCIN   | 487 | TRIATHLON KALISZ                               | KALISZ              | POL  | M 50-59 | 1      | M 7  | 00:11:10 (15)       | 00:00:00 | 00:37:33 (8)    | 00:01:01 | 00:21:11 (5)    | 01:10:55.60 |
| 8    | FRYSKE BARTOSZ      | 385 |  | WĄGROWIEC           | POL  | M 30-39 | 2      | M 8  | 00:13:01 (32)       | 00:00:00 | 00:36:30 (7)    | 00:00:52 | 00:21:25 (6)    | 01:11:48.90 |
| 9    | WALCZAK JAKUB       | 354 | ZDUN TRIATHLON TEAM                            | KALISZ              | POL  | M 19-29 | 3      | M 9  | 00:09:53 (3)        | 00:00:00 | 00:38:02 (12)   | 00:00:45 | 00:23:48 (20)   | 01:12:28.20 |
| 10   | GRABAREK MATEUSZ    | 367 | ZDUN TRIATHLON TEAM                            | GOŁUCHÓW            | POL  | M 30-39 | 3      | M 10 | 00:11:35 (17)       | 00:00:00 | 00:37:42 (9)    | 00:00:56 | 00:22:33 (11)   | 01:12:46.05 |
| 11   | LEGIEĆ MICHAŁ       | 496 | CHMURA TEM                                     | OPOLE               | POL  | M 30-39 | 4      | M 11 | 00:09:52 (2)        | 00:00:00 | 00:39:21 (21)   | 00:01:00 | 00:23:36 (18)   | 01:13:49.35 |
| 12   | ŻUROWSKI MARCIN     | 521 | PCG GVT  | WROCLAW             | POL  | M 50-59 | 2      | M 12 | 00:11:28 (16)       | 00:00:00 | 00:37:53 (11)   | 00:00:52 | 00:23:52 (23)   | 01:14:05.65 |
| 13   | OLMA DARIUSZ        | 317 | TRIATHLON TRAINING CENTER / GO APTIV!          | JAWISZOWICE         | POL  | M 40-49 | 3      | M 13 | 00:10:28 (10)       | 00:00:00 | 00:39:17 (19)   | 00:00:47 | 00:23:53 (24)   | 01:14:25.05 |
| 14   | DURZYŃSKI TYMOTEUSZ | 448 |  | SYCÓW               | POL  | M 16-18 | 2      | M 14 | 00:10:25 (9)        | 00:00:00 | 00:39:31 (22)   | 00:00:47 | 00:23:49 (21)   | 01:14:32.55 |
| 15   | CHLEBOWICZ MARCIN   | 301 | DOBRY-TRENER.PL                                | WROCLAW             | POL  | M 40-49 | 4      | M 15 | 00:11:51 (19)       | 00:00:00 | 00:40:05 (23)   | 00:00:58 | 00:22:31 (10)   | 01:15:25.40 |
| 16   | TOMASZEWSKI MATEUSZ | 503 | GRAJAN TRIATHLON TEAM                          | OLAWA               | POL  | M 30-39 | 5      | M 16 | 00:13:56 (49)       | 00:00:00 | 00:39:18 (20)   | 00:01:06 | 00:21:42 (8)    | 01:16:02.95 |
| 17   | KLUSZCZYŃSKI ROBERT | 525 | TORUŃ MULTISPORT TEAM                          | TORUŃ               | POL  | M 40-49 | 5      | M 17 | 00:13:07 (35)       | 00:00:00 | 00:37:46 (10)   | 00:01:18 | 00:24:01 (25)   | 01:16:12.55 |
| 18   | SZYMCZAK JAKUB      | 516 | KOSZAL TRIATHLON                               | TULISZKÓW           | POL  | M 19-29 | 4      | M 18 | 00:13:13 (38)       | 00:00:00 | 00:39:11 (18)   | 00:01:13 | 00:23:13 (12)   | 01:16:50.25 |
| 19   | PRZYBYLAK WIKTOR    | 523 |  | KSAWERÓW            | POL  | M 16-18 | 3      | M 19 | 00:13:12 (37)       | 00:00:00 | 00:39:06 (17)   | 00:01:24 | 00:23:17 (13)   | 01:16:59.35 |
| 20   | KULESA PIOTR        | 302 | SIR-HA   | SIERADZ             | POL  | M 40-49 | 6      | M 20 | 00:11:00 (13)       | 00:00:00 | 00:40:25 (26)   | 00:00:53 | 00:24:43 (31)   | 01:17:01.95 |
| 21   | WŁODARCZAK MARCIN   | 499 | BESTEAM  | CZEMPIŃ             | POL  | M 50-59 | 3      | M 21 | 00:12:55 (29)       | 00:00:00 | 00:38:56 (15)   | 00:01:10 | 00:24:14 (27)   | 01:17:15.80 |
| 22   | JASIŃSKI MACIEJ     | 526 | ANATOMIA BEUGANIA                              | BRZEZIE             | POL  | M 30-39 | 6      | M 22 | 00:11:50 (18)       | 00:00:00 | 00:38:09 (13)   | 00:00:53 | 00:26:32 (52)   | 01:17:24.25 |
| 23   | KARWACKI ANDRZEJ    | 457 |  | POZNAŃ              | POL  | M 19-29 | 5      | M 23 | 00:12:00 (20)       | 00:00:00 | 00:41:50 (35)   | 00:00:54 | 00:23:30 (15)   | 01:18:14.35 |
| 24   | MРУK KRZYSZTOF      | 360 | ZDUN TRIATHLON TEAM                            | BŁASZKI             | POL  | M 30-39 | 7      | M 24 | 00:14:37 (62)       | 00:00:00 | 00:40:15 (24)   | 00:01:26 | 00:22:02 (9)    | 01:18:20.40 |
| 25   | KITKOWSKI ARKADIUSZ | 393 |  | ŁĄDEK ZDRÓJ         | POL  | M 40-49 | 7      | M 25 | 00:12:58 (31)       | 00:00:00 | 00:38:52 (14)   | 00:00:56 | 00:25:55 (43)   | 01:18:41.60 |
| 26   | NOWAK SŁAWOMIR      | 356 | ZDUN TRIATHLON TEAM/ FUNDACJA DZIECIOM POMAGAJ | WOLICA              | POL  | M 50-59 | 4      | M 26 | 00:13:29 (41)       | 00:00:00 | 00:40:28 (27)   | 00:00:59 | 00:23:49 (22)   | 01:18:45.80 |
| 27   | ZAGÓRSKA ANNA       | 520 | CITYZEN  | POZNAŃ              | POL  | K 19-29 | 1      | K 1  | 00:10:51 (12)       | 00:00:00 | 00:42:42 (47)   | 00:01:11 | 00:24:07 (26)   | 01:18:51.20 |
| 28   | ZWIERZ MATEUSZ      | 548 |  | OSTRÓW WIELKOPOLSKI | POL  | M 30-39 | 8      | M 27 | 00:12:17 (24)       | 00:00:00 | 00:41:58 (36)   | 00:01:06 | 00:23:35 (17)   | 01:18:56.10 |
| 29   | MICHAŁSKI JAKUB     | 468 | KP WROCLAW KRZYKI                              | WROCLAW             | POL  | M 30-39 | 9      | M 28 | 00:12:09 (21)       | 00:00:00 | 00:40:54 (29)   | 00:01:19 | 00:24:52 (34)   | 01:19:14.75 |
| 30   | SOWA TOMASZ         | 447 | HTF LUDWIK SIKORSKI                            | UNIEJÓW             | POL  | M 19-29 | 6      | M 29 | 00:12:32 (26)       | 00:00:00 | 00:43:09 (54)   | 00:00:55 | 00:23:33 (16)   | 01:20:09.55 |
| 31   | KULESA SEBASTIAN    | 303 | SIR-HA SIERADZ                                 | SIERADZ             | POL  | M 40-49 | 8      | M 30 | 00:12:11 (22)       | 00:00:00 | 00:39:03 (16)   | 00:01:06 | 00:28:07 (85)   | 01:20:27.50 |
| 32   | MAZUR WOJCIECH      | 485 |  | WROCLAW             | POL  | M 50-59 | 5      | M 31 | 00:11:03 (14)       | 00:00:00 | 00:42:05 (38)   | 00:00:56 | 00:28:20 (89)   | 01:22:24.60 |
| 33   | BOŹEK ARTUR         | 401 | ORTO PROSPORT                                  | KALISZ              | POL  | M 30-39 | 10     | M 32 | 00:14:19 (58)       | 00:00:00 | 00:40:45 (28)   | 00:00:58 | 00:26:23 (47)   | 01:22:25.50 |
| 34   | SZYMAŃSKI DAMIAN    | 495 | JDDR   | CZĘSTOCHOWA         | POL  | M 30-39 | 11     | M 33 | 00:12:42 (28)       | 00:00:00 | 00:41:44 (34)   | 00:01:17 | 00:27:06 (66)   | 01:22:49.35 |
| 35   | SZYNALIK SŁAWOMIR   | 506 | TRIWISE  | KRAKÓW              | POL  | M 50-59 | 6      | M 34 | 00:14:11 (57)       | 00:00:00 | 00:40:56 (31)   | 00:01:24 | 00:26:26 (50)   | 01:22:57.70 |
| 36   | BAGROWSKI MACIEJ    | 376 |  | GŁOGÓW              | POL  | M 30-39 | 12     | M 35 | 00:14:05 (54)       | 00:00:00 | 00:42:20 (41)   | 00:01:28 | 00:25:29 (41)   | 01:23:22.70 |
| 37   | OCZADŁY MARTA       | 395 | KOZAK TEAM                                     | KATOWICE            | POL  | K 30-39 | 1      | K 2  | 00:14:46 (64)       | 00:00:00 | 00:42:54 (50)   | 00:00:55 | 00:25:13 (37)   | 01:23:48.00 |
| 38   | BURZYŃSKA DARIA     | 347 | ZDUN TRIATHLON TEAM                            | OSTRÓW WLKP.        | POL  | K 30-39 | 2      | K 3  | 00:13:51 (48)       | 00:00:00 | 00:42:14 (40)   | 00:01:03 | 00:26:58 (61)   | 01:24:06.15 |
| 39   | BOROWIAK MACIEJ     | 371 | ZDUNTRIATHLONTEAM   BREWA                      | KALISZ              | POL  | M 40-49 | 9      | M 36 | 00:13:34 (43)       | 00:00:00 | 00:42:41 (45)   | 00:01:15 | 00:26:45 (57)   | 01:24:15.55 |
| 40   | DEKERT TOMASZ       | 389 | ZDUN TRIATHLON TEAM                            | KOŚCIELNA WIEŚ      | POL  | M 30-39 | 13     | M 37 | 00:13:02 (34)       | 00:00:00 | 00:43:32 (59)   | 00:00:58 | 00:27:13 (71)   | 01:24:45.75 |
| 41   | WIĘCKOWSKI WIKTOR   | 449 | SII TRIATHLON TEAM                             | WROCLAW             | POL  | M 30-39 | 14     | M 38 | 00:12:12 (23)       | 00:00:00 | 00:43:14 (55)   | 00:01:29 | 00:28:00 (83)   | 01:24:55.60 |
| 42   | SKORUPSKA EWA       | 531 | OWOCBIEGA                                      | ZALASEWO            | POL  | K 30-39 | 3      | K 4  | 00:15:35 (81)       | 00:00:00 | 00:43:09 (53)   | 00:00:59 | 00:25:15 (40)   | 01:24:58.55 |
| 43   | TKACZYK JUSTYNA     | 407 |  | OPOLE               | POL  | K 19-29 | 2      | K 5  | 00:13:18 (39)       | 00:00:00 | 00:44:14 (69)   | 00:01:11 | 00:26:25 (49)   | 01:25:08.60 |

## 28,5 KM - 1/8 DYSTANSU PEŁNEGO IM, OPEN c.d.

| M-ce | Nazwisko i imię       | Nr  | Klub                                | M-scowość           | Kraj | Kat.    | M. kat | K/M  | Pływanie<br>0.475km | T1       | Rower<br>22.5km | T2       | Bieg<br>5.275km | Netto       |
|------|-----------------------|-----|-------------------------------------|---------------------|------|---------|--------|------|---------------------|----------|-----------------|----------|-----------------|-------------|
| 44   | PIETRZAK ARTUR        | 467 | ECHO TWARDOGÓRA                     | TWARDOGÓRA          | POL  | M 40-49 | 10     | M 39 | 00:15:55 (86)       | 00:00:00 | 00:43:01 (52)   | 00:01:09 | 00:25:13 (38)   | 01:25:18.90 |
| 45   | STOLARCZYK KAMIL      | 481 | CHODZIESKIE TOWARZYSTWO<br>ROWEROWE | CHODZIEŻ            | POL  | M 19-29 | 7      | M 40 | 00:15:32 (80)       | 00:00:00 | 00:42:27 (43)   | 00:00:58 | 00:26:27 (51)   | 01:25:24.85 |
| 46   | STRUGAŁA KACPER       | 546 |                                     | KROTOSZYCE          | POL  | M 19-29 | 8      | M 41 | 00:16:46 (103)      | 00:00:00 | 00:42:58 (51)   | 00:01:16 | 00:24:26 (30)   | 01:25:26.15 |
| 47   | KOSTERA MARCIN        | 466 |                                     | KALISZ              | POL  | M 40-49 | 11     | M 42 | 00:13:58 (50)       | 00:00:00 | 00:41:08 (32)   | 00:01:00 | 00:29:21 (101)  | 01:25:27.50 |
| 48   | PAWŁOWSKI DARIUSZ     | 427 |                                     | ŁÓDŹ                | POL  | M 50-59 | 7      | M 43 | 00:14:11 (56)       | 00:00:00 | 00:43:18 (57)   | 00:00:53 | 00:27:05 (64)   | 01:25:27.60 |
| 49   | UMIŃSKA DOMINIKA      | 504 | TRIMASTERS                          | ŁÓDŹ                | POL  | K 30-39 | 4      | K 6  | 00:10:06 (5)        | 00:00:00 | 00:46:48 (104)  | 00:00:53 | 00:27:43 (79)   | 01:25:30.45 |
| 50   | FIGIEL ARKADIUSZ      | 537 |                                     |                     | POL  | M 50-59 | 8      | M 44 | 00:16:34 (96)       | 00:00:00 | 00:42:06 (39)   | 00:01:37 | 00:25:14 (39)   | 01:25:31.05 |
| 51   | GRABAREK PATRYK       | 320 |                                     | KALISZ              | POL  | M 19-29 | 9      | M 45 | 00:13:43 (46)       | 00:00:00 | 00:42:48 (48)   | 00:00:57 | 00:28:16 (87)   | 01:25:44.55 |
| 52   | STECHLICZEK TOMASZ    | 452 | SWIMMINGLAB                         | WROCŁAW             | POL  | M 30-39 | 15     | M 46 | 00:13:46 (47)       | 00:00:00 | 00:43:59 (67)   | 00:01:19 | 00:27:02 (63)   | 01:26:06.95 |
| 53   | ŻUBRECKI KAJUSZ       | 312 |                                     | WROCŁAW             | POL  | M 30-39 | 16     | M 47 | 00:15:00 (70)       | 00:00:00 | 00:42:37 (44)   | 00:01:04 | 00:27:49 (80)   | 01:26:30.25 |
| 54   | FIDYKA MATEUSZ        | 500 |                                     | OSTRÓW WIELKOPOLSKI | POL  | M 40-49 | 12     | M 48 | 00:15:32 (79)       | 00:00:00 | 00:43:17 (56)   | 00:01:25 | 00:26:44 (56)   | 01:26:58.50 |
| 55   | CHUCHLA JAKUB         | 373 | MAVI                                | KALISZ              | POL  | M 19-29 | 10     | M 49 | 00:13:38 (44)       | 00:00:00 | 00:42:50 (49)   | 00:01:45 | 00:28:57 (97)   | 01:27:10.05 |
| 56   | RYDORCZYK JAROSŁAW    | 543 |                                     | OLEŚNO              | POL  | M 50-59 | 9      | M 50 | 00:12:27 (25)       | 00:00:00 | 00:45:07 (81)   | 00:01:10 | 00:28:31 (91)   | 01:27:15.40 |
| 57   | DYMACZ MAKSYMILIAN    | 314 | IM INSPIRATION                      | OSTRÓW WIELKOPOLSKI | POL  | M 30-39 | 17     | M 51 | 00:14:01 (53)       | 00:00:00 | 00:44:22 (71)   | 00:02:02 | 00:27:10 (69)   | 01:27:35.50 |
| 58   | SCHMIDT TOMASZ        | 260 |                                     | POZNAŃ              | POL  | M 30-39 | 18     | M 52 | 00:14:58 (69)       | 00:00:00 | 00:40:54 (30)   | 00:01:24 | 00:30:28 (115)  | 01:27:44.90 |
| 59   | RYŻYŃSKI MICHAŁ       | 429 |                                     | KALISZ              | POL  | M 19-29 | 11     | M 53 | 00:15:24 (76)       | 00:00:00 | 00:45:00 (80)   | 00:01:16 | 00:26:34 (53)   | 01:28:14.95 |
| 60   | KOŚCIAŃSKA JOANNA     | 357 | ZDUN TRIATHLON TEAM                 | KALISZ              | POL  | K 40-49 | 1      | K 7  | 00:19:33 (162)      | 00:00:00 | 00:42:01 (37)   | 00:00:59 | 00:26:13 (45)   | 01:28:46.95 |
| 61   | SOBCZAK NATALIA       | 358 | ZDUN TRIATHLON TEAM                 | KALISZ              | POL  | K 19-29 | 3      | K 8  | 00:15:30 (78)       | 00:00:00 | 00:42:21 (42)   | 00:01:04 | 00:29:56 (108)  | 01:28:51.25 |
| 62   | KOZŁOWICZ MARCIN      | 391 |                                     | PLESZEW             | POL  | M 30-39 | 19     | M 54 | 00:18:38 (148)      | 00:00:00 | 00:43:40 (62)   | 00:01:33 | 00:25:09 (36)   | 01:29:00.15 |
| 63   | ZARZYCKI KRZYSZTOF    | 488 |                                     | OLEWA               | POL  | M 30-39 | 20     | M 55 | 00:13:32 (42)       | 00:00:00 | 00:43:41 (64)   | 00:01:08 | 00:30:43 (120)  | 01:29:04.75 |
| 64   | DZIĘCIELSKI JAKUB     | 491 |                                     | WARSZAWA            | POL  | M 30-39 | 21     | M 56 | 00:14:27 (60)       | 00:00:00 | 00:44:22 (72)   | 00:01:08 | 00:29:30 (102)  | 01:29:27.05 |
| 65   | KURZAWIŃSKI MARCIN    | 351 | BT                                  | KALISZ              | POL  | M 30-39 | 22     | M 57 | 00:16:04 (91)       | 00:00:00 | 00:47:38 (115)  | 00:01:12 | 00:24:51 (33)   | 01:29:45.70 |
| 66   | PAKUŁA BŁAŻEJ         | 480 | ENDLESS PAIN                        | WARSZAWA            | POL  | M 30-39 | 23     | M 58 | 00:13:59 (51)       | 00:00:00 | 00:47:17 (108)  | 00:01:21 | 00:27:13 (72)   | 01:29:50.35 |
| 67   | KURC TOMASZ           | 363 | ZDUN TRIATHLON TEAM                 | KALISZ              | POL  | M 40-49 | 13     | M 59 | 00:16:23 (94)       | 00:00:00 | 00:43:52 (65)   | 00:01:25 | 00:28:13 (86)   | 01:29:53.25 |
| 68   | SALAMON EMIL          | 348 | ZDUN TRIATHLON TEAM                 | KALISZ              | POL  | M 30-39 | 24     | M 60 | 00:13:11 (36)       | 00:00:00 | 00:46:12 (91)   | 00:00:58 | 00:29:41 (105)  | 01:30:02.75 |
| 69   | KRASKA KAMIL          | 510 |                                     | OSTRÓW WIWLPOLSKI   | POL  | M 19-29 | 12     | M 61 | 00:17:08 (110)      | 00:00:00 | 00:46:26 (96)   | 00:00:40 | 00:25:58 (44)   | 01:30:12.45 |
| 70   | PRZYBYŁ RADOŚLAW      | 513 | JDDR                                | KALISZ              | POL  | M 19-29 | 13     | M 62 | 00:16:46 (104)      | 00:00:00 | 00:45:32 (85)   | 00:01:05 | 00:27:05 (65)   | 01:30:28.40 |
| 71   | CHOJECKI GRZEGORZ     | 464 |                                     | JASTROWIE           | POL  | M 40-49 | 14     | M 63 | 00:23:46 (203)      | 00:00:00 | 00:41:34 (33)   | 00:00:49 | 00:24:22 (28)   | 01:30:31.30 |
| 72   | DRAG PRZEMYSŁAW       | 529 | BECOMEONE                           | ŻARÓW               | POL  | M 40-49 | 15     | M 64 | 00:17:03 (109)      | 00:00:00 | 00:44:30 (75)   | 00:01:51 | 00:27:07 (67)   | 01:30:31.65 |
| 73   | SZALEK MARCIN         | 372 | DZIKI KALISKIE                      | KALISZ              | POL  | M 40-49 | 16     | M 65 | 00:17:20 (115)      | 00:00:00 | 00:46:43 (102)  | 00:02:05 | 00:24:43 (32)   | 01:30:51.80 |
| 74   | MARKIEWICZ GRZEGORZ   | 344 |                                     | POZNAŃ              | POL  | M 30-39 | 25     | M 66 | 00:16:40 (97)       | 00:00:00 | 00:46:28 (98)   | 00:01:01 | 00:26:51 (58)   | 01:31:00.40 |
| 75   | SIKORA RAFAŁ          | 483 |                                     | OSTRÓW WLKP         | POL  | M 50-59 | 10     | M 67 | 00:12:57 (30)       | 00:00:00 | 00:42:42 (46)   | 00:00:54 | 00:34:31 (172)  | 01:31:04.90 |
| 76   | JĘDRZEJEWSKI SAMUEL   | 545 |                                     | KALISZ              | POL  | M 30-39 | 26     | M 68 | 00:15:38 (82)       | 00:00:00 | 00:44:16 (70)   | 00:01:26 | 00:30:07 (110)  | 01:31:27.50 |
| 77   | KOJALOWICZ TOMASZ     | 419 |                                     | KALISZ              | POL  | M 40-49 | 17     | M 69 | 00:16:49 (106)      | 00:00:00 | 00:45:08 (82)   | 00:00:56 | 00:28:39 (92)   | 01:31:32.60 |
| 78   | WITCZAK MACIEJ        | 519 | OŚWIETLENIE ULICZNE I DROGOWE       | KALISZ              | POL  | M 40-49 | 18     | M 70 | 00:17:43 (127)      | 00:00:00 | 00:44:54 (79)   | 00:01:26 | 00:27:37 (77)   | 01:31:40.80 |
| 79   | JARZYŃSKI JACEK       | 532 |                                     | POZNAŃ              | POL  | M 40-49 | 19     | M 71 | 00:18:32 (142)      | 00:00:00 | 00:44:29 (74)   | 00:00:49 | 00:27:56 (81)   | 01:31:46.05 |
| 80   | DUTCZAK WOJCIECH      | 456 |                                     | ZIELONA GÓRA        | POL  | M 40-49 | 20     | M 72 | 00:15:39 (83)       | 00:00:00 | 00:45:19 (84)   | 00:01:33 | 00:29:21 (100)  | 01:31:52.40 |
| 81   | LIPICKI JAKUB         | 454 |                                     | KALISZ              | POL  | M 19-29 | 14     | M 73 | 00:14:48 (67)       | 00:00:00 | 00:44:35 (78)   | 00:01:18 | 00:31:23 (131)  | 01:32:04.50 |
| 82   | MICHAŁSKA AGNIESZKA   | 490 |                                     | OSTRÓW WIELKOPOLSKI | POL  | K 50-59 | 1      | K 9  | 00:17:58 (133)      | 00:00:00 | 00:46:35 (101)  | 00:01:12 | 00:26:38 (55)   | 01:32:23.60 |
| 83   | BIEDKA PAWEŁ          | 497 | WIGRY SKŁADAKI DOBRE CHŁOPAKI       | ŻELAZKÓW            | POL  | M 40-49 | 21     | M 74 | 00:13:59 (52)       | 00:00:00 | 00:50:30 (152)  | 00:00:55 | 00:27:01 (62)   | 01:32:25.85 |
| 84   | TROŚCIANIEC TOMASZ    | 530 | TRIATHLON GRAJAN OLEWA              | OLEWA               | POL  | M 30-39 | 27     | M 75 | 00:15:20 (74)       | 00:00:00 | 00:46:31 (99)   | 00:01:24 | 00:29:10 (98)   | 01:32:25.90 |
| 85   | KAROLAK KRZYSZTOF     | 355 | ZDUN TRIATHLON TEAM                 | BOREK               | POL  | M 30-39 | 28     | M 76 | 00:17:25 (121)      | 00:00:00 | 00:43:35 (60)   | 00:01:03 | 00:30:35 (117)  | 01:32:38.45 |
| 86   | KAZMIERCZAK MAGDA     | 459 |                                     | OSTRZESZOW          | POL  | K 40-49 | 2      | K 10 | 00:19:45 (166)      | 00:00:00 | 00:44:32 (76)   | 00:02:09 | 00:26:24 (48)   | 01:32:50.80 |
| 87   | CZAJKA DOMINIK        | 498 |                                     | WROCŁAW             | POL  | M 30-39 | 29     | M 77 | 00:15:26 (77)       | 00:00:00 | 00:47:17 (110)  | 00:01:37 | 00:28:40 (93)   | 01:33:00.65 |
| 88   | NOWAK PIOTR           | 549 |                                     | KALISZ              | POL  | M 40-49 | 22     | M 78 | 00:17:49 (130)      | 00:00:00 | 00:47:31 (113)  | 00:01:22 | 00:26:19 (46)   | 01:33:01.50 |
| 89   | STEFANISZYN MARCIN    | 438 | SZTUKA RUCHU                        | BRZEG               | POL  | M 30-39 | 30     | M 79 | 00:15:52 (84)       | 00:00:00 | 00:47:56 (118)  | 00:01:31 | 00:27:57 (82)   | 01:33:16.35 |
| 90   | ŚWIRK MAGDALENA       | 475 | OLEŚNICKA GRUPA TRIATHLONOWA        | NOWICA              | POL  | K 30-39 | 5      | K 11 | 00:17:08 (111)      | 00:00:00 | 00:43:31 (58)   | 00:01:07 | 00:31:31 (133)  | 01:33:17.15 |
| 91   | MOCZULSKI MAKSYMILIAN | 411 |                                     | KALISZ              | POL  | M 19-29 | 15     | M 80 | 00:13:02 (33)       | 00:00:00 | 00:49:36 (140)  | 00:00:58 | 00:29:52 (106)  | 01:33:28.80 |
| 92   | WŁODARCZYK ANNA       | 547 |                                     | POZNAŃ              | POL  | K 40-49 | 3      | K 12 | 00:18:38 (146)      | 00:00:00 | 00:46:44 (103)  | 00:01:53 | 00:26:36 (54)   | 01:33:51.55 |
| 93   | WOJTKIEWICZ ADAM      | 494 | OLEŚNICKA GRUPA TRIATLONOWA         | OLEŚNICA            | POL  | M 50-59 | 11     | M 81 | 00:14:33 (61)       | 00:00:00 | 00:46:04 (89)   | 00:01:56 | 00:31:24 (132)  | 01:33:57.25 |
| 94   | WICHŁACZ MIKOŁAJ      | 453 |                                     | POZNAŃ              | POL  | M 30-39 | 31     | M 82 | 00:15:59 (90)       | 00:00:00 | 00:48:11 (122)  | 00:02:11 | 00:27:43 (78)   | 01:34:04.45 |
| 95   | WOŁOWICZ KAMILA       | 502 |                                     | POZNAŃ              | POL  | K 30-39 | 6      | K 13 | 00:17:21 (116)      | 00:00:00 | 00:46:01 (87)   | 00:02:18 | 00:28:41 (94)   | 01:34:21.70 |
| 96   | POCZĄTEK ŁUKASZ       | 418 |                                     | JELCZ -LASKOWICE    | POL  | M 40-49 | 23     | M 83 | 00:19:42 (165)      | 00:00:00 | 00:45:09 (83)   | 00:02:24 | 00:27:10 (70)   | 01:34:25.45 |
| 97   | KOPERSKI PIOTREK      | 437 | TAŃCZĄCY Z KOMPASEM                 | MILANÓWEK           | POL  | M 50-59 | 12     | M 84 | 00:17:19 (113)      | 00:00:00 | 00:43:38 (61)   | 00:01:15 | 00:32:22 (142)  | 01:34:34.90 |
| 98   | JASZCZYCZYŃSKA MARTA  | 369 |                                     | PRUDNIK             | POL  | K 30-39 | 7      | K 14 | 00:15:08 (71)       | 00:00:00 | 00:47:17 (109)  | 00:01:16 | 00:31:01 (125)  | 01:34:42.20 |

**28,5 KM - 1/8 DYSTANSU PEŁNEGO IM, OPEN c.d.**

| M-ce | Nazwisko i imię                     | Nr  | Klub                              | M-scowość           | Kraj | Kat.    | M. kat | K/M   | Pływanie<br>0.475km | T1       | Rower<br>22.5km | T2       | Bieg<br>5.275km | Netto       |
|------|-------------------------------------|-----|-----------------------------------|---------------------|------|---------|--------|-------|---------------------|----------|-----------------|----------|-----------------|-------------|
| 99   | PLOK KRZYSZTOF                      | 458 |                                   | POLKOWICE           | POL  | M 50-59 | 13     | M 85  | 00:15:56 (87)       | 00:00:00 | 00:49:41 (144)  | 00:01:49 | 00:27:29 (73)   | 01:34:55.70 |
| 100  | KOLANEK PIOTR                       | 310 | MISZCZOWIE PRZETRWANIA            | KALISZ              | POL  | M 50-59 | 14     | M 86  | 00:14:51 (68)       | 00:00:00 | 00:46:11 (90)   | 00:00:55 | 00:32:59 (148)  | 01:34:56.40 |
| 101  | IWANOW MICHAŁ                       | 378 | JDDR                              | KALISZ              | POL  | M 19-29 | 16     | M 87  | 00:19:40 (164)      | 00:00:00 | 00:46:56 (105)  | 00:01:31 | 00:26:54 (59)   | 01:35:01.20 |
| 102  | KUBIAK PIOTR                        | 476 | RUNHURAGAN JASTROWIE              | JASTROWIE           | POL  | M 40-49 | 24     | M 88  | 00:24:31 (204)      | 00:00:00 | 00:46:15 (94)   | 00:00:55 | 00:23:20 (14)   | 01:35:01.85 |
| 103  | MATCZAK ALEKSANDER                  | 330 | VAMOS TEAM                        | ŁÓDŹ                | POL  | M 30-39 | 32     | M 89  | 00:16:44 (100)      | 00:00:00 | 00:49:22 (134)  | 00:01:22 | 00:27:34 (76)   | 01:35:02.10 |
| 104  | CHENCZKE DOMINIK                    | 353 | ZDUN TRAITHLON TEAM               | KOŹMINEK            | POL  | M 40-49 | 25     | M 90  | 00:13:41 (45)       | 00:00:00 | 00:49:31 (139)  | 00:01:30 | 00:30:38 (118)  | 01:35:20.65 |
| 105  | CZECHOWSKI KAMIL                    | 455 | COLLINS AEROSPACE                 | WROCLAW             | POL  | M 30-39 | 33     | M 91  | 00:17:50 (131)      | 00:00:00 | 00:51:14 (160)  | 00:01:19 | 00:25:01 (35)   | 01:35:24.85 |
| 106  | KUBALA ALICJA                       | 362 |                                   | KALISZ              | POL  | K 50-59 | 2      | K 15  | 00:13:22 (40)       | 00:00:00 | 00:47:00 (106)  | 00:01:27 | 00:33:40 (163)  | 01:35:29.80 |
| 107  | BIGDOWSKA DOMINIKA                  | 442 |                                   | WROCLAW             | POL  | K 30-39 | 8      | K 16  | 00:14:41 (63)       | 00:00:00 | 00:49:48 (145)  | 00:01:07 | 00:30:03 (109)  | 01:35:39.75 |
| 108  | DZIĘCIELSKI ROBERT                  | 332 |                                   | KALISZ              | POL  | M 50-59 | 15     | M 92  | 00:19:32 (160)      | 00:00:00 | 00:40:15 (25)   | 00:02:03 | 00:34:08 (166)  | 01:35:58.00 |
| 109  | LEBEK MAGDA                         | 501 |                                   | SZCZODRE            | POL  | K 30-39 | 9      | K 17  | 00:17:25 (120)      | 00:00:00 | 00:46:01 (88)   | 00:02:14 | 00:30:30 (116)  | 01:36:10.50 |
| 110  | LECHOWSKI JAN                       | 337 |                                   | JELCZ-LASKOWICE     | POL  | M 60-69 | 1      | M 93  | 00:18:16 (139)      | 00:00:00 | 00:48:02 (121)  | 00:01:14 | 00:28:49 (96)   | 01:36:21.90 |
| 111  | CHODKIEWICZ MIKOŁAJ                 | 379 | ADVENTURE TEAM BY DELOITTE        | WARSZAWA            | POL  | M 30-39 | 34     | M 94  | 00:17:28 (122)      | 00:00:00 | 00:46:28 (97)   | 00:01:38 | 00:30:55 (123)  | 01:36:29.25 |
| 112  | KĄŁUŻA ADAM                         | 414 |                                   | ŁÓDŹ                | POL  | M 30-39 | 35     | M 95  | 00:17:22 (117)      | 00:00:00 | 00:49:39 (141)  | 00:01:07 | 00:28:23 (90)   | 01:36:31.25 |
| 113  | KOSMAŁA ALEKSANDER                  | 444 |                                   | STRZELIN            | POL  | M 19-29 | 17     | M 96  | 00:20:17 (171)      | 00:00:00 | 00:47:54 (117)  | 00:02:39 | 00:25:43 (42)   | 01:36:33.80 |
| 114  | OLSZYNA MARCIN                      | 413 |                                   | KALISZ              | POL  | M 30-39 | 36     | M 97  | 00:16:13 (93)       | 00:00:00 | 00:47:20 (112)  | 00:01:56 | 00:31:06 (126)  | 01:36:35.30 |
| 115  | DUMAŃSKI HEKTOR                     | 335 |                                   | KĘPNO               | POL  | M 50-59 | 16     | M 98  | 00:17:54 (132)      | 00:00:00 | 00:44:32 (77)   | 00:01:12 | 00:33:12 (155)  | 01:36:50.00 |
| 116  | KORZENIOWSKA-MILCZAREK<br>KATARZYNA | 505 |                                   | BOLESŁAWICE         | POL  | K 40-49 | 4      | K 18  | 00:16:41 (98)       | 00:00:00 | 00:48:28 (124)  | 00:01:39 | 00:30:07 (111)  | 01:36:55.80 |
| 117  | PRZYBYŁAK ARKADIUSZ                 | 522 |                                   | KSAWERÓW            | POL  | M 50-59 | 17     | M 99  | 00:16:45 (102)      | 00:00:00 | 00:47:46 (116)  | 00:01:45 | 00:30:40 (119)  | 01:36:56.45 |
| 118  | ZAWODNIK WOJCIECH                   | 319 | TRITON KONIN                      | KONIN               | POL  | M 50-59 | 18     | M 100 | 00:17:20 (114)      | 00:00:00 | 00:46:20 (95)   | 00:01:53 | 00:31:32 (134)  | 01:37:05.15 |
| 119  | KUKLEWSKI MACIEJ                    | 473 |                                   | WROCLAW             | POL  | M 30-39 | 37     | M 101 | 00:14:47 (65)       | 00:00:00 | 00:47:59 (119)  | 00:01:12 | 00:33:07 (152)  | 01:37:05.40 |
| 120  | GŁADYSZ PIOTR                       | 336 | GŁADKI                            | WOLICA              | POL  | M 30-39 | 38     | M 102 | 00:14:25 (59)       | 00:00:00 | 00:48:02 (120)  | 00:01:34 | 00:33:04 (150)  | 01:37:05.65 |
| 121  | TWARDOWSKA-OLSZAŃSKA ZOFIA          | 479 | OGT OLEŚNICA                      | SPALICE             | POL  | K 40-49 | 5      | K 19  | 00:17:25 (119)      | 00:00:00 | 00:48:54 (128)  | 00:01:40 | 00:29:20 (99)   | 01:37:19.95 |
| 122  | CIEŹKI KAMIL                        | 434 | COLLINS AEROSPACE                 | WROCLAW             | POL  | M 30-39 | 39     | M 103 | 00:16:48 (105)      | 00:00:00 | 00:52:34 (176)  | 00:00:59 | 00:27:10 (68)   | 01:37:31.55 |
| 123  | ZAWADZKA MAGDALENA                  | 517 |                                   | WROCLAW             | POL  | K 40-49 | 6      | K 20  | 00:18:16 (140)      | 00:00:00 | 00:53:48 (187)  | 00:01:09 | 00:24:23 (29)   | 01:37:36.00 |
| 124  | JARCZEWSKI KRZYSZTOF                | 343 |                                   | KALISZ              | POL  | M 19-29 | 18     | M 104 | 00:17:24 (118)      | 00:00:00 | 00:48:48 (126)  | 00:01:31 | 00:29:56 (107)  | 01:37:39.90 |
| 125  | JAKUBOWSKA MARTA                    | 338 |                                   | KALISZ              | POL  | K 40-49 | 7      | K 21  | 00:17:42 (126)      | 00:00:00 | 00:51:26 (163)  | 00:01:01 | 00:27:33 (75)   | 01:37:42.10 |
| 126  | SZABLEWSKI GRZEGORZ                 | 388 |                                   | WROCLAW             | POL  | M 40-49 | 26     | M 105 | 00:12:33 (27)       | 00:00:00 | 00:49:50 (146)  | 00:01:51 | 00:33:28 (162)  | 01:37:42.60 |
| 127  | PRZYBYŁAK ŁUKASZ                    | 524 |                                   | KSAWERÓW            | POL  | M 19-29 | 19     | M 106 | 00:15:14 (73)       | 00:00:00 | 00:49:05 (131)  | 00:01:35 | 00:31:54 (138)  | 01:37:48.15 |
| 128  | KRZYKACZ MARCIN                     | 345 |                                   | KALISZ              | POL  | M 40-49 | 27     | M 107 | 00:18:10 (137)      | 00:00:00 | 00:46:13 (93)   | 00:01:29 | 00:31:57 (139)  | 01:37:49.35 |
| 129  | WIŚNIEWSKI TOMASZ                   | 462 |                                   | KALISZ              | POL  | M 30-39 | 40     | M 108 | 00:15:21 (75)       | 00:00:00 | 00:49:40 (142)  | 00:01:59 | 00:31:20 (129)  | 01:38:20.65 |
| 130  | BRYŁOWSKI WIKTOR                    | 541 |                                   | POZNAŃ              | POL  | M 16-18 | 4      | M 109 | 00:15:10 (72)       | 00:00:00 | 00:52:22 (174)  | 00:01:16 | 00:29:35 (104)  | 01:38:23.95 |
| 131  | JABŁOŃSKI FILIP                     | 450 | SFF                               | KALISZ              | POL  | M 19-29 | 20     | M 110 | 00:21:43 (186)      | 00:00:00 | 00:44:12 (68)   | 00:02:08 | 00:30:23 (114)  | 01:38:26.40 |
| 132  | KORPIK TOMASZ                       | 402 |                                   | PRUSZKÓW            | POL  | M 40-49 | 28     | M 111 | 00:17:28 (124)      | 00:00:00 | 00:43:54 (66)   | 00:01:35 | 00:35:47 (181)  | 01:38:44.05 |
| 133  | BARTKOWIAK HUBERT                   | 326 |                                   | RADZIĄDZ            | POL  | M 50-59 | 19     | M 112 | 00:16:49 (107)      | 00:00:00 | 00:50:48 (155)  | 00:03:13 | 00:28:01 (84)   | 01:38:51.90 |
| 134  | MUSZYŃSKA ALEKSANDRA                | 425 |                                   | STRZELIN            | POL  | K 19-29 | 4      | K 22  | 00:15:54 (85)       | 00:00:00 | 00:51:24 (162)  | 00:01:26 | 00:30:13 (113)  | 01:38:57.50 |
| 135  | TYRA ANDRZEJ                        | 426 |                                   | POZNAŃ              | POL  | M 50-59 | 20     | M 113 | 00:17:40 (125)      | 00:00:00 | 00:46:33 (100)  | 00:02:24 | 00:32:51 (146)  | 01:39:28.85 |
| 136  | STACHOWSKI JERZY                    | 328 | PARKRUN KALISZ                    | KALISZ              | POL  | M 70+   | 1      | M 114 | 00:19:23 (159)      | 00:00:00 | 00:47:19 (111)  | 00:01:51 | 00:30:58 (124)  | 01:39:31.70 |
| 137  | SOBERKA KRZYSZTOF                   | 403 |                                   | PRASZKA             | POL  | M 50-59 | 21     | M 115 | 00:14:48 (66)       | 00:00:00 | 00:50:26 (150)  | 00:01:12 | 00:33:09 (153)  | 01:39:35.50 |
| 138  | KUŚ KACPER                          | 396 |                                   | NOWE SKALMIERZYCE   | POL  | M 19-29 | 21     | M 116 | 00:18:33 (143)      | 00:00:00 | 00:50:28 (151)  | 00:01:03 | 00:29:32 (103)  | 01:39:36.35 |
| 139  | JAWORSKI RADOŚLAW                   | 507 |                                   | ŻELAZKÓW            | POL  | M 50-59 | 22     | M 117 | 00:20:48 (174)      | 00:00:00 | 00:43:41 (63)   | 00:02:17 | 00:32:50 (145)  | 01:39:36.40 |
| 140  | SKRZYPCZAK MAREK                    | 410 | ATT RUN FUN                       | POLKOWICE           | POL  | M 40-49 | 29     | M 118 | 00:17:44 (128)      | 00:00:00 | 00:47:36 (114)  | 00:01:33 | 00:33:11 (154)  | 01:40:04.65 |
| 141  | KUZIEMSKI TOMASZ                    | 398 | KS MARATON OSTROW<br>WIELKOPOLSKI | OSTROW WIELKOPOLSKI | POL  | M 30-39 | 41     | M 119 | 00:16:11 (92)       | 00:00:00 | 00:49:29 (138)  | 00:02:32 | 00:32:04 (140)  | 01:40:16.90 |
| 142  | FORYŚ AGNIESZKA                     | 392 |                                   | ŁÓDŹ                | POL  | K 40-49 | 8      | K 23  | 00:19:22 (158)      | 00:00:00 | 00:50:48 (154)  | 00:01:30 | 00:28:48 (95)   | 01:40:28.60 |
| 143  | BATOR RAFAŁ                         | 424 |                                   | ZDUŃSKA WOLA        | POL  | M 40-49 | 30     | M 120 | 00:20:44 (173)      | 00:00:00 | 00:51:01 (157)  | 00:00:44 | 00:28:20 (88)   | 01:40:49.70 |
| 144  | KIELEK FRANEK                       | 533 | JDDR                              | KALISZ              | POL  | M 19-29 | 22     | M 121 | 00:15:59 (89)       | 00:00:00 | 00:51:38 (167)  | 00:00:59 | 00:32:28 (143)  | 01:41:04.15 |
| 145  | KUŚMIERCZAK KAROL                   | 324 | TEAM WSK                          | KALISZ              | POL  | M 40-49 | 31     | M 122 | 00:20:00 (168)      | 00:00:00 | 00:44:27 (73)   | 00:02:22 | 00:35:35 (179)  | 01:42:24.00 |
| 146  | MICHAŁAK KRZYSZTOF                  | 423 |                                   | ZDUŃSKA WOLA        | POL  | M 40-49 | 32     | M 123 | 00:16:44 (101)      | 00:00:00 | 00:51:32 (165)  | 00:01:22 | 00:32:51 (147)  | 01:42:29.00 |
| 147  | ROMANIELLO ROCCO                    | 359 | ŻUBRY                             | WARSZAWA            | POL  | M 19-29 | 23     | M 124 | 00:26:11 (208)      | 00:00:00 | 00:45:55 (86)   | 00:03:03 | 00:27:31 (74)   | 01:42:40.70 |
| 148  | MĄKA MIKOŁAJ                        | 511 |                                   | NOWE SKALMIERZYCE   | POL  | M 30-39 | 42     | M 125 | 00:19:36 (163)      | 00:00:00 | 00:50:12 (148)  | 00:01:19 | 00:31:42 (137)  | 01:42:49.80 |
| 149  | CHODKIEWICZ ADAM                    | 380 |                                   | KALISZ              | POL  | M 30-39 | 43     | M 126 | 00:15:58 (88)       | 00:00:00 | 00:52:41 (178)  | 00:01:14 | 00:33:00 (149)  | 01:42:53.95 |
| 150  | CIPYK GRZEGORZ                      | 538 |                                   | OLEŚNICA            | POL  | M 40-49 | 33     | M 127 | 00:18:14 (138)      | 00:00:00 | 00:49:28 (137)  | 00:02:02 | 00:33:25 (159)  | 01:43:09.30 |
| 151  | KUZIEMSKI KRZYSZTOF                 | 484 |                                   | MIŁOSZYCE           | POL  | M 30-39 | 44     | M 128 | 00:19:07 (155)      | 00:00:00 | 00:51:12 (159)  | 00:02:42 | 00:30:11 (112)  | 01:43:12.50 |
| 152  | KAPKAN OLENA                        | 471 | KALISKI KLUB KARATE KYOKUSHINKAI  | KALISZ              | POL  | K 19-29 | 5      | K 24  | 00:20:01 (169)      | 00:00:00 | 00:54:56 (193)  | 00:01:25 | 00:26:55 (60)   | 01:43:17.80 |

## 28,5 KM - 1/8 DYSTANSU PEŁNEGO IM, OPEN c.d.

| M-ce | Nazwisko i imię          | Nr  | Klub                      | M-scowość           | Kraj | Kat.    | M. kat | K/M   | Pływanie<br>0.475km | T1       | Rower<br>22.5km | T2       | Bieg<br>5.275km | Netto       |
|------|--------------------------|-----|---------------------------|---------------------|------|---------|--------|-------|---------------------|----------|-----------------|----------|-----------------|-------------|
| 153  | ADAMOWSKI MAREK          | 384 | TINUŚ TRIATHLON TEAM      | ŁÓDŹ                | POL  | M 40-49 | 34     | M 129 | 00:17:28 (123)      | 00:00:00 | 00:48:58 (129)  | 00:01:30 | 00:35:49 (182)  | 01:43:45.10 |
| 154  | DOMAGALSKI JAKUB         | 339 |                           | SYCÓW               | POL  | M 40-49 | 35     | M 130 | 00:19:17 (157)      | 00:00:00 | 00:50:26 (149)  | 00:01:07 | 00:33:05 (151)  | 01:43:55.15 |
| 155  | PIOR RADOŚLAW            | 375 | FRAUENBURG GANGSTERS      | KALISZ              | POL  | M 40-49 | 36     | M 131 | 00:18:05 (136)      | 00:00:00 | 00:53:52 (188)  | 00:01:05 | 00:31:08 (127)  | 01:44:10.05 |
| 156  | KOKOSZCZYŃSKI TOMASZ     | 374 | HUSKY BOYS                | PLEWISKA            | POL  | M 60-69 | 2      | M 132 | 00:19:06 (154)      | 00:00:00 | 00:48:49 (127)  | 00:05:31 | 00:30:45 (121)  | 01:44:11.30 |
| 157  | PIECHOTA MACIEJ          | 327 | TEAM WSK                  | KALISZ              | POL  | M 40-49 | 37     | M 133 | 00:18:37 (145)      | 00:00:00 | 00:51:01 (158)  | 00:01:13 | 00:33:25 (160)  | 01:44:16.70 |
| 158  | SZTANDERA-KOLANEK MICHAŁ | 311 | MISZCZOWIE PRZETRWANIA    | KALISZ              | POL  | M 19-29 | 24     | M 134 | 00:17:59 (134)      | 00:00:00 | 00:54:04 (191)  | 00:01:00 | 00:31:16 (128)  | 01:44:19.15 |
| 159  | RADOMSKI PATRYK          | 544 |                           | KALISZ              | POL  | M 19-29 | 25     | M 135 | 00:18:58 (151)      | 00:00:00 | 00:49:26 (136)  | 00:01:43 | 00:34:24 (170)  | 01:44:31.30 |
| 160  | WESOŁOWSKI ŁUKASZ        | 381 | STAN UMYSŁU LEWIN BRZESKI | SKOROGOSZCZ         | POL  | M 40-49 | 38     | M 136 | 00:18:38 (147)      | 00:00:00 | 00:51:50 (172)  | 00:01:14 | 00:33:27 (161)  | 01:45:09.15 |
| 161  | ŻUBRECKA KIARA           | 350 | ŻUBRY                     | LEŚNA               | POL  | K 19-29 | 6      | K 25  | 00:18:18 (141)      | 00:00:00 | 00:48:44 (125)  | 00:01:54 | 00:36:22 (184)  | 01:45:18.95 |
| 162  | KASPRZAK ANDRZEJ         | 307 | SUPERMARATOŃCZYK KALISZ   | KALISZ              | POL  | M 50-59 | 23     | M 137 | 00:23:31 (201)      | 00:00:00 | 00:49:00 (130)  | 00:01:30 | 00:31:22 (130)  | 01:45:23.65 |
| 163  | JUSZCZAK FILIP           | 352 | JUSZCZAK -TEAM- DZIK      | SZALE               | POL  | M 19-29 | 26     | M 138 | 00:17:46 (129)      | 00:00:00 | 00:53:53 (189)  | 00:02:20 | 00:31:37 (135)  | 01:45:36.05 |
| 164  | KOLAŃSKI MARCIN          | 540 |                           | KALISZ              | POL  | M 50-59 | 24     | M 139 | 00:23:40 (202)      | 00:00:00 | 00:49:16 (132)  | 00:01:50 | 00:30:52 (122)  | 01:45:38.45 |
| 165  | KĄZMIERCZAK JACEK        | 509 | SUPER JACEK               | KALISZ              | POL  | M 40-49 | 39     | M 140 | 00:21:16 (181)      | 00:00:00 | 00:49:41 (143)  | 00:01:46 | 00:33:20 (158)  | 01:46:03.20 |
| 166  | KRULAK MACIEJ            | 441 | COLLINS AEROSPACE         | WARSZAWA            | POL  | M 30-39 | 45     | M 141 | 00:21:14 (180)      | 00:00:00 | 00:51:33 (166)  | 00:01:05 | 00:32:43 (144)  | 01:46:35.10 |
| 167  | BARTOSZEK JADWIGA        | 405 |                           | KALISZ              | POL  | K 50-59 | 3      | K 26  | 00:18:37 (144)      | 00:00:00 | 00:52:38 (177)  | 00:01:23 | 00:34:13 (168)  | 01:46:51.10 |
| 168  | KOPYCIŃSKI WIKTOR        | 421 |                           | KALISZ              | POL  | M 19-29 | 27     | M 142 | 00:18:03 (135)      | 00:00:00 | 00:49:25 (135)  | 00:01:28 | 00:38:11 (195)  | 01:47:07.70 |
| 169  | KLUSA ARKADIUSZ          | 420 |                           | WROCŁAW             | POL  | M 30-39 | 46     | M 143 | 00:21:26 (183)      | 00:00:00 | 00:51:30 (164)  | 00:02:22 | 00:32:15 (141)  | 01:47:33.85 |
| 170  | WAŃCHALSKI WOJCIECH      | 451 | COLLINS AEROSPACE         | BRZEZIA ŁAKA        | POL  | M 30-39 | 47     | M 144 | 00:20:06 (170)      | 00:00:00 | 00:53:03 (182)  | 00:02:00 | 00:33:18 (157)  | 01:48:27.10 |
| 171  | KUZIEMSKA MAGDA          | 439 | COLLINS AEROSPACE         | MŁOSZYCE            | POL  | K 30-39 | 10     | K 27  | 00:18:40 (149)      | 00:00:00 | 00:56:15 (198)  | 00:01:53 | 00:31:40 (136)  | 01:48:28.00 |
| 172  | MARTYŃKIEN TADEUSZ       | 409 |                           | WROCŁAW             | POL  | M 50-59 | 25     | M 145 | 00:22:06 (190)      | 00:00:00 | 00:49:51 (147)  | 00:02:30 | 00:34:12 (167)  | 01:48:39.80 |
| 173  | JANICKI DAMIAN           | 445 | SOSNOVA                   | BUDZISŁAW KOSCIELNY | POL  | M 30-39 | 48     | M 146 | 00:21:13 (178)      | 00:00:00 | 00:51:44 (170)  | 00:01:32 | 00:34:26 (171)  | 01:48:55.00 |
| 174  | SZWEJKOWSKI TOMEK        | 433 |                           | KAMIENICA POLSKA    | POL  | M 50-59 | 26     | M 147 | 00:17:18 (112)      | 00:00:00 | 00:48:16 (123)  | 00:04:19 | 00:39:42 (202)  | 01:49:35.70 |
| 175  | BEYGA ANNA               | 474 |                           | WROCŁAW             | POL  | K 40-49 | 9      | K 28  | 00:23:23 (199)      | 00:00:00 | 00:47:07 (107)  | 00:02:13 | 00:36:53 (187)  | 01:49:36.40 |
| 176  | PRZYBYLSKI RAFAŁ         | 334 | RACZEJ                    | KALISZ              | POL  | M 40-49 | 40     | M 148 | 00:21:02 (176)      | 00:00:00 | 00:51:22 (161)  | 00:02:46 | 00:35:18 (177)  | 01:50:28.50 |
| 177  | PAWLAK MARIUSZ           | 443 | DOBRA                     | DOBRA               | POL  | M 40-49 | 41     | M 149 | 00:22:31 (193)      | 00:00:00 | 00:52:52 (179)  | 00:01:23 | 00:33:49 (164)  | 01:50:35.05 |
| 178  | KACZMAREK IZA            | 436 | COLLINS AEROSPACE         | WROCŁAW             | POL  | K 19-29 | 7      | K 29  | 00:14:07 (55)       | 00:00:00 | 00:55:48 (196)  | 00:00:57 | 00:39:50 (203)  | 01:50:42.80 |
| 179  | GÓRSKI KRZYSZTOF         | 329 |                           | WOLICA              | POL  | M 60-69 | 3      | M 150 | 00:21:18 (182)      | 00:00:00 | 00:49:18 (133)  | 00:01:27 | 00:38:49 (198)  | 01:50:52.30 |
| 180  | ZAWODNIK DOROTA          | 365 | TRITON                    | KONIN               | POL  | K 50-59 | 4      | K 30  | 00:18:54 (150)      | 00:00:00 | 00:56:42 (200)  | 00:01:22 | 00:34:22 (169)  | 01:51:20.10 |
| 181  | BARAN ŁUKASZ             | 428 |                           | KROTOSZYN           | POL  | M 30-39 | 49     | M 151 | 00:21:32 (185)      | 00:00:00 | 00:52:53 (180)  | 00:03:13 | 00:33:56 (165)  | 01:51:34.85 |
| 182  | KOZANECKI ADAM           | 305 | SUPERMARATOŃCZYK KALISZ   | KALISZ              | POL  | M 50-59 | 27     | M 152 | 00:18:59 (152)      | 00:00:00 | 00:56:42 (199)  | 00:01:29 | 00:35:00 (175)  | 01:52:10.50 |
| 183  | KRÓLAK JAROSŁAW          | 321 |                           | JAROCIN             | POL  | M 30-39 | 50     | M 153 | 00:23:20 (198)      | 00:00:00 | 00:52:03 (173)  | 00:01:14 | 00:35:42 (180)  | 01:52:19.45 |
| 184  | ROSIŃSKA WERONIKA        | 470 |                           | KALISZ              | POL  | K 16-18 | 1      | K 31  | 00:16:33 (95)       | 00:00:00 | 00:55:23 (195)  | 00:01:31 | 00:38:58 (200)  | 01:52:25.00 |
| 185  | GAŁĘSKI ALAN             | 535 | JDDR                      | KALISZ              | POL  | M 19-29 | 28     | M 154 | 00:20:52 (175)      | 00:00:00 | 00:52:33 (175)  | 00:02:10 | 00:37:06 (189)  | 01:52:41.40 |
| 186  | KOWALCZYK ŁUKASZ         | 435 | COLLINS AEROSPACE         | WROCŁAW             | POL  | M 19-29 | 29     | M 155 | 00:21:06 (177)      | 00:00:00 | 00:53:01 (181)  | 00:02:08 | 00:37:15 (191)  | 01:53:30.75 |
| 187  | SUCHAŃ PAWEŁ             | 472 |                           | WROCŁAW             | POL  | M 30-39 | 51     | M 156 | 00:20:25 (172)      | 00:00:00 | 00:57:09 (201)  | 00:02:54 | 00:33:17 (156)  | 01:53:45.85 |
| 188  | PIETRZYŃSKI BARTOSZ      | 512 | ACM1899                   | KALISZ              | POL  | M 40-49 | 42     | M 157 | 00:24:35 (205)      | 00:00:00 | 00:51:44 (171)  | 00:02:54 | 00:34:41 (173)  | 01:53:54.65 |
| 189  | PAKUŁA BARBARA           | 308 | ĆWICZĘ OKO!               | KALISZ              | POL  | K 30-39 | 11     | K 32  | 00:22:02 (189)      | 00:00:00 | 00:50:58 (156)  | 00:01:57 | 00:39:08 (201)  | 01:54:05.50 |
| 190  | RUTKOWSKA EWELINA        | 465 |                           | PLEWISKA            | POL  | K 40-49 | 10     | K 33  | 00:19:51 (167)      | 00:00:00 | 00:55:51 (197)  | 00:01:20 | 00:37:56 (193)  | 01:54:58.40 |
| 191  | KONWIŃSKI MAREK          | 318 | BASTION KALISZ            | KAMIEN              | POL  | M 70+   | 2      | M 158 | 00:23:09 (197)      | 00:00:00 | 00:46:12 (92)   | 00:05:13 | 00:41:02 (204)  | 01:55:36.35 |
| 192  | KONIECZNY DAMIAN         | 431 |                           | PLESZEW             | POL  | M 30-39 | 52     | M 159 | 00:23:24 (200)      | 00:00:00 | 00:51:39 (168)  | 00:03:04 | 00:37:29 (192)  | 01:55:36.40 |
| 193  | DOMAGAŁA JOANNA          | 461 | 365SPORTU                 | PLEWISKA            | POL  | K 30-39 | 12     | K 34  | 00:25:04 (206)      | 00:00:00 | 00:50:44 (153)  | 00:02:06 | 00:38:05 (194)  | 01:55:59.45 |
| 194  | KACZMAREK KRZYSZTOF      | 304 | K2                        | KALISZ              | POL  | M 50-59 | 28     | M 160 | 00:21:30 (184)      | 00:00:00 | 00:55:11 (194)  | 00:01:03 | 00:38:51 (199)  | 01:56:35.60 |
| 195  | SKAŁA ALEKSANDRA         | 539 |                           | TUREK               | POL  | K 16-18 | 2      | K 35  | 00:16:53 (108)      | 00:00:00 | 01:01:45 (208)  | 00:01:33 | 00:36:45 (185)  | 01:56:56.00 |
| 196  | ADAMSKA NATALIA          | 542 |                           | POZNAŃ              | POL  | K 30-39 | 13     | K 36  | 00:19:12 (156)      | 00:00:00 | 01:01:23 (207)  | 00:01:09 | 00:36:48 (186)  | 01:58:32.95 |
| 197  | ŻUBRECKI ANDRZEJ         | 349 | ŻUBRY                     | LEŚNA               | POL  | M 50-59 | 29     | M 161 | 00:29:58 (211)      | 00:00:00 | 00:51:44 (169)  | 00:01:48 | 00:35:24 (178)  | 01:58:54.55 |
| 198  | LEWANDOWSKI WOJCIECH     | 377 | JDDR                      | KALISZ              | POL  | M 19-29 | 30     | M 162 | 00:19:33 (161)      | 00:00:00 | 00:53:44 (186)  | 00:02:12 | 00:43:48 (209)  | 01:59:17.85 |
| 199  | GALEWSKI PIOTR           | 417 |                           | WROCŁAW             | POL  | M 50-59 | 30     | M 163 | 00:21:50 (187)      | 00:00:00 | 00:59:00 (205)  | 00:03:30 | 00:35:04 (176)  | 01:59:24.50 |
| 200  | RACZYŃSKA ZUZANNA        | 432 |                           | WARSZAWA            | POL  | K 30-39 | 14     | K 37  | 00:21:53 (188)      | 00:00:00 | 00:53:16 (184)  | 00:01:28 | 00:43:10 (207)  | 01:59:47.80 |
| 201  | MARCINIAK MATEUSZ        | 527 |                           | MIOSZOWICE          | POL  | M 40-49 | 43     | M 164 | 00:27:13 (210)      | 00:00:00 | 00:53:17 (185)  | 00:02:23 | 00:36:57 (188)  | 01:59:50.35 |
| 202  | URBANIAK KASIA           | 399 | NIGHTRUNNERS OSTRÓW WLKP  | OSTRÓW WIELKOPOLSKI | POL  | K 40-49 | 11     | K 38  | 00:22:44 (195)      | 00:00:00 | 00:59:21 (206)  | 00:02:33 | 00:35:52 (183)  | 02:00:30.10 |
| 203  | KOSTRZEWA JACEK          | 412 |                           | KALISZ              | POL  | M 50-59 | 31     | M 165 | 00:22:43 (194)      | 00:00:00 | 00:54:23 (192)  | 00:02:17 | 00:42:34 (205)  | 02:01:57.85 |
| 204  | PASZKOWSKI DARIUSZ       | 536 |                           | KALISZ              | POL  | M 50-59 | 32     | M 166 | 00:22:30 (192)      | 00:00:00 | 00:53:12 (183)  | 00:03:45 | 00:42:59 (206)  | 02:02:26.50 |
| 205  | ŻUBRECKA BARBARA         | 364 | ŻUBRY                     | LEŚNA               | POL  | K 19-29 | 8      | K 39  | 00:26:37 (209)      | 00:00:00 | 00:57:48 (202)  | 00:01:48 | 00:37:06 (190)  | 02:03:19.35 |
| 206  | POLOCZEK MAREK           | 477 | WKB PIAST WROCŁAW         | WROCŁAW             | POL  | M 60-69 | 4      | M 167 | 00:22:10 (191)      | 00:00:00 | 00:54:02 (190)  | 00:02:28 | 00:45:59 (210)  | 02:04:39.50 |
| 207  | STEPANEC WŁADYSŁAW       | 416 |                           | KALISZ              | POL  | M 30-39 | 53     | M 168 | 00:21:14 (179)      | 00:00:00 | 01:04:14 (210)  | 00:04:47 | 00:34:51 (174)  | 02:05:06.45 |
| 208  | BŁAZIK BARTŁOMIEJ        | 478 |                           | WROCŁAW             | POL  | M 30-39 | 54     | M 169 | 00:19:01 (153)      | 00:00:00 | 01:06:48 (211)  | 00:01:22 | 00:38:23 (197)  | 02:05:34.70 |

**28,5 KM - 1/8 DYSTANSU PEŁNEGO IM, OPEN c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub     | M-scowość | Kraj | Kat.    | M. kat | K/M   | Pływanie<br>0.475km | T1       | Rower<br>22.5km | T2       | Bieg<br>5.275km | Netto       |
|------|----------------------|-----|----------|-----------|------|---------|--------|-------|---------------------|----------|-----------------|----------|-----------------|-------------|
| 209  | GORAL MARLENA        | 492 |          | KALISZ    | POL  | K 19-29 | 9      | K 40  | 00:16:42 (99)       | 00:00:00 | 00:58:16 (203)  | 00:01:31 | 00:49:36 (211)  | 02:06:05.80 |
| 210  | KUZNOWICZ ILONA      | 397 |          | PLESZEW   | POL  | K 30-39 | 15     | K 41  | 00:25:19 (207)      | 00:00:00 | 01:02:16 (209)  | 00:01:53 | 00:38:18 (196)  | 02:07:46.30 |
| 211  | ŻUBRECKA KAROLINA    | 370 | ŻUBRY    | LEŚNA     | POL  | K 50-59 | 5      | K 42  | 00:30:00 (212)      | 00:00:00 | 00:58:37 (204)  | 00:02:18 | 00:43:29 (208)  | 02:14:24.40 |
| 212  | DOLATA DOMINIK       | 331 |          | KALISZ    | POL  | M 40-49 | 44     | M 170 | 00:22:59 (196)      | 00:00:00 | 01:07:11 (212)  | 00:03:38 | 00:52:32 (212)  | 02:26:20.55 |
|      | SZYCHOWSKI KRZYSZTOF | 325 | TEAM WSK | KALISZ    | POL  | M 40-49 |        |       | DNF (0)             | 00:00:00 | 00:00:00 (0)    | 00:00:00 | 00:00:00 (0)    | DNF         |