

**CROSS - MEŻCZYŹNI 8KM**

Organizator: Centrum Szkolenia Łączności i Informatyki  
 Data: 2024-08-25  
 Miejsce: Zegrze  
 Dystans: 8 km  
 Klasyfikacja wg czasów netto.


**CROSS - MEŻCZYŹNI 8KM, OPEN**

| M-ce | Nazwisko i imię               | Nr  | Klub              | M-scowość | Kraj | Kat. | M. kat | K/M  | 2km      | 4km      | 6km      | Netto       | min/km | km/h |
|------|-------------------------------|-----|-------------------|-----------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | SZER. KOKOT DANIEL            | 155 | 13.ŠBOT KATOWICE  |           | POL  |      | M 1    | M 1  | 00:06:31 | 00:13:12 | 00:19:54 | 00:26:39.41 | 3:19   | 18   |
| 2    | ST. SZER. PRZYDZIAŁ JAKUB     | 151 | 3.PBOT RZESZÓW    |           | POL  |      | M 2    | M 2  | 00:06:45 | 00:13:42 | 00:20:34 | 00:27:28.88 | 3:26   | 17.5 |
| 3    | ST.SZER. BURZYŃSKI ALEKSANDER | 145 | 7.PBOT GDAŃSK     |           | POL  |      | M 3    | M 3  | 00:07:08 | 00:14:30 | 00:21:47 | 00:29:04.57 | 3:38   | 16.5 |
| 4    | ST.SZER. GADOMSKI PAWEŁ       | 131 | 14.ZBOT SZCZECIN  |           | POL  |      | M 4    | M 4  | 00:07:21 | 00:14:49 | 00:22:23 | 00:29:57.34 | 3:44   | 16   |
| 5    | ST.SZER. RYTLEWSKI ARTUR      | 150 | 10.ŠBOT KIELCE    |           | POL  |      | M 5    | M 5  | 00:07:02 | 00:14:40 | 00:22:32 | 00:30:04.34 | 3:45   | 16   |
| 6    | KPR. DŁUGOSZ JACEK            | 158 | 10.ŠBOT KIELCE    |           | POL  |      | M 6    | M 6  | 00:07:36 | 00:15:15 | 00:23:00 | 00:30:46.97 | 3:50   | 15.6 |
| 7    | ST.SZER. WOSIK WOJCIECH       | 160 | 10.ŠBOT KIELCE    |           | POL  |      | M 7    | M 7  | 00:07:37 | 00:15:22 | 00:23:18 | 00:31:01.58 | 3:52   | 15.5 |
| 8    | SZER. MAJOWSKI JAN            | 135 | 16.DBOT WROCŁAW   |           | POL  |      | M 8    | M 8  | 00:07:50 | 00:15:53 | 00:23:40 | 00:31:09.86 | 3:53   | 15.4 |
| 9    | ST.KPR. KRUCZKOWSKI JAKUB     | 140 | 8.KPBOT BYDGOSZCZ |           | POL  |      | M 9    | M 9  | 00:07:19 | 00:14:59 | 00:23:16 | 00:31:24.58 | 3:55   | 15.3 |
| 10   | ST.SZER. ŁUCZAK STANISŁAW     | 139 | 3.PBOT RZESZÓW    |           | POL  |      | M 10   | M 10 | 00:07:39 | 00:15:36 | 00:23:35 | 00:31:31.34 | 3:56   | 15.2 |
| 11   | KPR. WALAT ADRIAN             | 103 | 3.PBOT RZESZÓW    |           | POL  |      | M 11   | M 11 | 00:07:31 | 00:15:33 | 00:23:42 | 00:31:34.91 | 3:56   | 15.2 |
| 12   | SZER. ŚWIERCZEWSKI MARCIN     | 127 | 5.MBOT CIECHANÓW  |           | POL  |      | M 12   | M 12 | 00:08:12 | 00:16:27 | 00:24:43 | 00:32:40.10 | 4:05   | 14.7 |
| 13   | ST.SZER. SABELA ŁUKASZ        | 132 | 9.ŁBOT ŁÓDŹ       |           | POL  |      | M 13   | M 13 | 00:07:53 | 00:16:13 | 00:24:40 | 00:32:41.92 | 4:05   | 14.7 |
| 14   | ST.KPR. OLEJNICZAK ADAM       | 116 | 14.ZBOT SZCZECIN  |           | POL  |      | M 14   | M 14 | 00:08:26 | 00:16:54 | 00:25:18 | 00:33:15.34 | 4:09   | 14.4 |
| 15   | SZER. ZADROGA MARIUSZ         | 106 | 4.WMBOT OLSZTYN   |           | POL  |      | M 15   | M 15 | 00:07:49 | 00:16:07 | 00:24:51 | 00:33:24.64 | 4:10   | 14.4 |
| 16   | ST.SZER. KRUK STANISŁAW       | 109 | 3.PBOT RZESZÓW    |           | POL  |      | M 16   | M 16 | 00:08:00 | 00:16:32 | 00:25:24 | 00:33:45.26 | 4:13   | 14.2 |
| 17   | PPOR. PIWOŃSKI RAFAŁ          | 114 | 2.LBOT LUBLIN     |           | POL  |      | M 17   | M 17 | 00:08:17 | 00:16:53 | 00:25:46 | 00:34:21.92 | 4:17   | 14   |
| 18   | PPOR. WASIELEWSKI MICHAŁ      | 142 | 9.ŁBOT ŁÓDŹ       |           | POL  |      | M 18   | M 18 | 00:08:08 | 00:16:44 | 00:25:36 | 00:34:22.50 | 4:17   | 14   |
| 19   | CHOR. KLONOWSKI ARTUR         | 110 | 8.KPBOT BYDGOSZCZ |           | POL  |      | M 19   | M 19 | 00:08:19 | 00:17:07 | 00:26:06 | 00:34:44.69 | 4:20   | 13.8 |
| 20   | ST.SZER. MARKIEWICZ MARCIN    | 124 | 12.WBOT POZNAŃ    |           | POL  |      | M 20   | M 20 | 00:08:33 | 00:17:13 | 00:26:01 | 00:34:46.44 | 4:20   | 13.8 |
| 21   | SZER. BYCZEK DARIUSZ          | 115 | 20.PBOT PRZEMYŚL  |           | POL  |      | M 21   | M 21 | 00:08:45 | 00:17:30 | 00:26:13 | 00:34:51.97 | 4:21   | 13.8 |
| 22   | SZER. RZAŚA FRANCISZEK        | 104 | 11.MBOT KRAKÓW    |           | POL  |      | M 22   | M 22 | 00:08:40 | 00:17:40 | 00:26:30 | 00:35:01.33 | 4:22   | 13.7 |
| 23   | SZER. KRZYŻANOWSKI PAWEŁ      | 153 | 10.ŠBOT KIELCE    |           | POL  |      | M 23   | M 23 | 00:08:16 | 00:17:03 | 00:26:12 | 00:35:11.70 | 4:23   | 13.6 |
| 24   | KPR. WRÓBEL BARTŁOMIEJ        | 101 | 13.ŠBOT KATOWICE  |           | POL  |      | M 24   | M 24 | 00:08:02 | 00:16:58 | 00:26:21 | 00:35:26.70 | 4:25   | 13.5 |
| 25   | ST.SZER. RZAŚA PAWEŁ          | 154 | 11.MBOT KRAKÓW    |           | POL  |      | M 25   | M 25 | 00:08:58 | 00:17:59 | 00:27:00 | 00:35:59.21 | 4:29   | 13.3 |
| 26   | ST.KPR. CENDROWSKI ARKADIUSZ  | 120 | 8.KPBOT BYDGOSZCZ |           | POL  |      | M 26   | M 26 | 00:08:26 | 00:17:37 | 00:26:54 | 00:35:59.31 | 4:29   | 13.3 |
| 27   | ST.SZER. SYPEK PIOTR          | 119 | 16.DBOT WROCŁAW   |           | POL  |      | M 27   | M 27 | 00:08:38 | 00:17:49 | 00:27:02 | 00:36:02.15 | 4:30   | 13.3 |
| 28   | ST.SZER. POPARDOWSKI JACEK    | 134 | 13.ŠBOT KATOWICE  |           | POL  |      | M 28   | M 28 | 00:08:42 | 00:17:53 | 00:27:01 | 00:36:03.62 | 4:30   | 13.3 |
| 29   | SZER. MIERZEJEWSKI WIKTOR     | 149 | 5.MBOT CIECHANÓW  |           | POL  |      | M 29   | M 29 | 00:08:36 | 00:17:52 | 00:27:09 | 00:36:07.65 | 4:30   | 13.3 |
| 30   | KPR. CZEMPIŃSKI ERYK          | 105 | 1.PBOT BIAŁYSTOK  |           | POL  |      | M 30   | M 30 | 00:08:33 | 00:17:26 | 00:26:49 | 00:36:07.94 | 4:30   | 13.3 |
| 31   | SZER. PAĆZEK WOJCIECH         | 138 | 11.MBOT KRAKÓW    |           | POL  |      | M 31   | M 31 | 00:08:33 | 00:17:50 | 00:27:27 | 00:36:15.33 | 4:31   | 13.2 |
| 32   | SZER. GRZYB KAMIL             | 112 | 14.ZBOT SZCZECIN  |           | POL  |      | M 32   | M 32 | 00:08:32 | 00:17:44 | 00:27:13 | 00:36:29.23 | 4:33   | 13.2 |
| 33   | ST.SZER. ANDRYSZCZYK KRYSZTOF | 143 | 6.MBOT RADOM      |           | POL  |      | M 33   | M 33 | 00:08:40 | 00:17:45 | 00:27:06 | 00:36:32.97 | 4:34   | 13.1 |
| 34   | PPOR. WIŚNIEWSKI HUBERT       | 148 | 2.LBOT LUBLIN     |           | POL  |      | M 34   | M 34 | 00:08:54 | 00:17:59 | 00:27:23 | 00:36:33.30 | 4:34   | 13.1 |
| 35   | PPOR. BORODACZ NORBERT        | 126 | 16.DBOT WROCŁAW   |           | POL  |      | M 35   | M 35 | 00:09:04 | 00:18:24 | 00:27:53 | 00:36:53.19 | 4:36   | 13   |
| 36   | ST.KPR. PAWŁOS JAKUB          | 125 | 20.PBOT PRZEMYŚL  |           | POL  |      | M 36   | M 36 | 00:08:25 | 00:17:41 | 00:27:15 | 00:36:55.18 | 4:36   | 13   |
| 37   | ST.SZER.SPEC. MAŚLANKA MICHAŁ | 130 | 11.MBOT KRAKÓW    |           | POL  |      | M 37   | M 37 | 00:08:30 | 00:17:13 | 00:26:39 | 00:36:56.68 | 4:37   | 13   |
| 38   | KPR. PSUT KAMIL               | 113 | 16.DBOT WROCŁAW   |           | POL  |      | M 38   | M 38 | 00:08:45 | 00:18:04 | 00:27:52 | 00:37:07.42 | 4:38   | 12.9 |
| 39   | ST.SIERŻ. FRĄCKIEWICZ MICHAŁ  | 157 | 1.PBOT BIAŁYSTOK  |           | POL  |      | M 39   | M 39 | 00:08:50 | 00:18:05 | 00:27:48 | 00:37:24.76 | 4:40   | 12.8 |
| 40   | ST.SZER. HILARSKI JACEK       | 107 | 1.PBOT BIAŁYSTOK  |           | POL  |      | M 40   | M 40 | 00:09:25 | 00:19:03 | 00:28:29 | 00:37:29.76 | 4:41   | 12.8 |
| 41   | ST.KPR. MASIUL ŁUKASZ         | 121 | 4.WMBOT OLSZTYN   |           | POL  |      | M 41   | M 41 | 00:09:10 | 00:18:41 | 00:28:29 | 00:37:34.89 | 4:41   | 12.8 |
| 42   | MŁ.CHOR. LAŃDUCH MIESZKO      | 152 | 12.WBOT POZNAŃ    |           | POL  |      | M 42   | M 42 | 00:08:22 | 00:17:22 | 00:27:29 | 00:37:41.32 | 4:42   | 12.7 |
| 43   | SZER. KORSAK MICHAŁ           | 128 | 5.MBOT CIECHANÓW  |           | POL  |      | M 43   | M 43 | 00:08:28 | 00:17:47 | 00:28:03 | 00:38:01.60 | 4:45   | 12.6 |
| 44   | KPR. GRUSZECKI PIOTR          | 144 | 6.MBOT RADOM      |           | POL  |      | M 44   | M 44 | 00:08:33 | 00:17:52 | 00:28:04 | 00:38:11.42 | 4:46   | 12.6 |
| 45   | ST.SZER. BARDZIAK PIOTR       | 122 | 6.MBOT RADOM      |           | POL  |      | M 45   | M 45 | 00:08:58 | 00:18:23 | 00:28:23 | 00:38:47.09 | 4:50   | 12.4 |
| 46   | ST.SZER. JANIKOWSKI DOMINIK   | 111 | 7.PBOT GDAŃSK     |           | POL  |      | M 46   | M 46 | 00:08:48 | 00:19:05 | 00:29:09 | 00:38:54.82 | 4:51   | 12.3 |

**CROSS - MĘŻCZYŹNI 8KM, OPEN c.d.**

| M-ce | Nazwisko i imię            | Nr  | Klub              | M-scowość | Kraj | Kat. | M. kat | K/M  | 2km      | 4km      | 6km      | Netto       | min/km | km/h |
|------|----------------------------|-----|-------------------|-----------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 47   | PPOR. GRABAS PAWEŁ         | 102 | 20.PBOT PRZEMYŚL  |           | POL  |      |        | M 47 | 00:09:08 | 00:19:04 | 00:29:30 | 00:39:26.90 | 4:55   | 12.2 |
| 48   | ST.KPR. WILAMOWSKI RAFAŁ   | 123 | 5.MBOT CIECHANÓW  |           | POL  |      |        | M 48 | 00:09:02 | 00:18:53 | 00:29:17 | 00:39:33.14 | 4:56   | 12.1 |
| 49   | SZER. MIELCZAREK MICHAŁ    | 146 | 18.SBOT WARSZAWA  |           | POL  |      |        | M 49 | 00:09:23 | 00:19:30 | 00:30:02 | 00:39:56.44 | 4:59   | 12   |
| 50   | ST.SZER. JANIKOWSKI DAMIAN | 117 | 7.PBOT GDAŃSK     |           | POL  |      |        | M 50 | 00:09:12 | 00:19:12 | 00:29:41 | 00:39:56.69 | 4:59   | 12   |
| 51   | SZER. PEŹKOWSKI JAKUB      | 136 | 20.PBOT PRZEMYŚL  |           | POL  |      |        | M 51 | 00:09:14 | 00:19:35 | 00:30:32 | 00:41:30.71 | 5:11   | 11.6 |
| 52   | SZER. SZECÓWKA ŁUKASZ      | 141 | 13.SBOT KATOWICE  |           | POL  |      |        | M 52 | 00:09:18 | 00:19:54 | 00:31:23 | 00:42:24.56 | 5:18   | 11.3 |
| 53   | ST.SZER. PIJANOWSKI MACIEJ | 137 | 4.WMBOT OLSZTYN   |           | POL  |      |        | M 53 | 00:09:21 | 00:20:10 | 00:31:28 | 00:42:45.71 | 5:20   | 11.2 |
| 54   | SZER. MUREK MARCIN         | 159 | 12.WBOT POZNAŃ    |           | POL  |      |        | M 54 | 00:09:43 | 00:20:40 | 00:32:52 | 00:45:19.40 | 5:39   | 10.6 |
| 55   | SZER. JAWOROWSKI ADAM      | 129 | 18.SBOT WARSZAWA  |           | POL  |      |        | M 55 | 00:10:23 | 00:21:54 | 00:33:53 | 00:45:42.32 | 5:42   | 10.5 |
| 56   | KPR. WŁÓDARSKI MACIEJ      | 133 | 8.KPBOT BYDGOSZCZ |           | POL  |      |        | M 56 | 00:10:21 | 00:22:25 | 00:34:40 | 00:46:01.53 | 5:45   | 10.4 |
| 57   | SZER. ROJEK TOMASZ         | 161 | 12.WBOT POZNAŃ    |           | POL  |      |        | M 57 | 00:09:58 | 00:22:05 | 00:34:51 | 00:47:28.63 | 5:56   | 10.1 |
|      | PPOR. ŻURAWSKI MICHAŁ      | 147 | 18.SBOT WARSZAWA  |           | POL  |      |        |      | 00:10:55 | DNF      | DNF      | DNF         | -      | -    |
|      |                            |     |                   |           |      |      |        |      | DNF      |          |          |             |        |      |

**CROSS - MĘŻCZYŹNI 8KM,**

| M-ce | Nazwisko i imię               | Nr  | Klub              | M-scowość | Kraj | Kat. | M. kat | K/M  | 2km      | 4km      | 6km      | Netto       | min/km | km/h |
|------|-------------------------------|-----|-------------------|-----------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 1    | SZER. KOKOT DANIEL            | 155 | 13.SBOT KATOWICE  |           | POL  |      |        | M 1  | 00:06:31 | 00:13:12 | 00:19:54 | 00:26:39.41 | 3:19   | 18   |
| 2    | ST. SZER. PRZYDZIAŁ JAKUB     | 151 | 3.PBOT RZESZÓW    |           | POL  |      |        | M 2  | 00:06:45 | 00:13:42 | 00:20:34 | 00:27:28.88 | 3:26   | 17.5 |
| 3    | ST.SZER. BURZYŃSKI ALEKSANDER | 145 | 7.PBOT GDAŃSK     |           | POL  |      |        | M 3  | 00:07:08 | 00:14:30 | 00:21:47 | 00:29:04.57 | 3:38   | 16.5 |
| 4    | ST.SZER. GADOMSKI PAWEŁ       | 131 | 14.ZBOT SZCZECIN  |           | POL  |      |        | M 4  | 00:07:21 | 00:14:49 | 00:22:23 | 00:29:57.34 | 3:44   | 16   |
| 5    | ST.SZER. RYTLEWSKI ARTUR      | 150 | 10.SBOT KIELCE    |           | POL  |      |        | M 5  | 00:07:02 | 00:14:40 | 00:22:32 | 00:30:04.34 | 3:45   | 16   |
| 6    | KPR. DŁUGOSZ JACEK            | 158 | 10.SBOT KIELCE    |           | POL  |      |        | M 6  | 00:07:36 | 00:15:15 | 00:23:00 | 00:30:46.97 | 3:50   | 15.6 |
| 7    | ST.SZER. WOSIK WOJCIECH       | 160 | 10.SBOT KIELCE    |           | POL  |      |        | M 7  | 00:07:37 | 00:15:22 | 00:23:18 | 00:31:01.58 | 3:52   | 15.5 |
| 8    | SZER. MAJOWSKI JAN            | 135 | 16.DBOT WROCŁAW   |           | POL  |      |        | M 8  | 00:07:50 | 00:15:53 | 00:23:40 | 00:31:09.86 | 3:53   | 15.4 |
| 9    | ST.KPR. KRUCZKOWSKI JAKUB     | 140 | 8.KPBOT BYDGOSZCZ |           | POL  |      |        | M 9  | 00:07:19 | 00:14:59 | 00:23:16 | 00:31:24.58 | 3:55   | 15.3 |
| 10   | ST.SZER. ŁUCZAK STANISŁAW     | 139 | 3.PBOT RZESZÓW    |           | POL  |      |        | M 10 | 00:07:39 | 00:15:36 | 00:23:35 | 00:31:31.34 | 3:56   | 15.2 |
| 11   | KPR. WALAT ADRIAN             | 103 | 3.PBOT RZESZÓW    |           | POL  |      |        | M 11 | 00:07:31 | 00:15:33 | 00:23:42 | 00:31:34.91 | 3:56   | 15.2 |
| 12   | SZER. ŚWIERCZEWSKI MARCIN     | 127 | 5.MBOT CIECHANÓW  |           | POL  |      |        | M 12 | 00:08:12 | 00:16:27 | 00:24:43 | 00:32:40.10 | 4:05   | 14.7 |
| 13   | ST.SZER. SABELA ŁUKASZ        | 132 | 9.ŁBOT ŁÓDŹ       |           | POL  |      |        | M 13 | 00:07:53 | 00:16:13 | 00:24:40 | 00:32:41.92 | 4:05   | 14.7 |
| 14   | ST.KPR. OLEJNICZAK ADAM       | 116 | 14.ZBOT SZCZECIN  |           | POL  |      |        | M 14 | 00:08:26 | 00:16:54 | 00:25:18 | 00:33:15.34 | 4:09   | 14.4 |
| 15   | SZER. ZADROGA MARIUSZ         | 106 | 4.WMBOT OLSZTYN   |           | POL  |      |        | M 15 | 00:07:49 | 00:16:07 | 00:24:51 | 00:33:24.64 | 4:10   | 14.4 |
| 16   | ST.SZER. KRUK STANISŁAW       | 109 | 3.PBOT RZESZÓW    |           | POL  |      |        | M 16 | 00:08:00 | 00:16:32 | 00:25:24 | 00:33:45.26 | 4:13   | 14.2 |
| 17   | PPOR. PIWŃSKI RAFAŁ           | 114 | 2.LBOT LUBLIN     |           | POL  |      |        | M 17 | 00:08:17 | 00:16:53 | 00:25:46 | 00:34:21.92 | 4:17   | 14   |
| 18   | PPOR. WASIELEWSKI MICHAŁ      | 142 | 9.ŁBOT ŁÓDŹ       |           | POL  |      |        | M 18 | 00:08:08 | 00:16:44 | 00:25:36 | 00:34:22.50 | 4:17   | 14   |
| 19   | CHOR. KLONOWSKI ARTUR         | 110 | 8.KPBOT BYDGOSZCZ |           | POL  |      |        | M 19 | 00:08:19 | 00:17:07 | 00:26:06 | 00:34:44.69 | 4:20   | 13.8 |
| 20   | ST.SZER. MARKIEWICZ MARCIN    | 124 | 12.WBOT POZNAŃ    |           | POL  |      |        | M 20 | 00:08:33 | 00:17:13 | 00:26:01 | 00:34:46.44 | 4:20   | 13.8 |
| 21   | SZER. BYCZEK DARIUSZ          | 115 | 20.PBOT PRZEMYŚL  |           | POL  |      |        | M 21 | 00:08:45 | 00:17:30 | 00:26:13 | 00:34:51.97 | 4:21   | 13.8 |
| 22   | SZER. RZAŚA FRANCISZEK        | 104 | 11.MBOT KRAKÓW    |           | POL  |      |        | M 22 | 00:08:40 | 00:17:40 | 00:26:30 | 00:35:01.33 | 4:22   | 13.7 |
| 23   | SZER. KRZYŻANOWSKI PAWEŁ      | 153 | 10.SBOT KIELCE    |           | POL  |      |        | M 23 | 00:08:16 | 00:17:03 | 00:26:12 | 00:35:11.70 | 4:23   | 13.6 |
| 24   | KPR. WRÓBEL BARTŁOMIEJ        | 101 | 13.SBOT KATOWICE  |           | POL  |      |        | M 24 | 00:08:02 | 00:16:58 | 00:26:21 | 00:35:26.70 | 4:25   | 13.5 |
| 25   | ST.SZER. RZAŚA PAWEŁ          | 154 | 11.MBOT KRAKÓW    |           | POL  |      |        | M 25 | 00:08:58 | 00:17:59 | 00:27:00 | 00:35:59.21 | 4:29   | 13.3 |
| 26   | ST.KPR. CENDROWSKI ARKADIUSZ  | 120 | 8.KPBOT BYDGOSZCZ |           | POL  |      |        | M 26 | 00:08:26 | 00:17:37 | 00:26:54 | 00:35:59.31 | 4:29   | 13.3 |
| 27   | ST.SZER. SYPEK PIOTR          | 119 | 16.DBOT WROCŁAW   |           | POL  |      |        | M 27 | 00:08:38 | 00:17:49 | 00:27:02 | 00:36:02.15 | 4:30   | 13.3 |
| 28   | ST.SZER. POPARDOWSKI JACEK    | 134 | 13.SBOT KATOWICE  |           | POL  |      |        | M 28 | 00:08:42 | 00:17:53 | 00:27:01 | 00:36:03.62 | 4:30   | 13.3 |
| 29   | SZER. MIERZEJEWSKI WIKTOR     | 149 | 5.MBOT CIECHANÓW  |           | POL  |      |        | M 29 | 00:08:36 | 00:17:52 | 00:27:09 | 00:36:07.65 | 4:30   | 13.3 |
| 30   | KPR. CZEMPIŃSKI ERYK          | 105 | 1.PBOT BIAŁYSTOK  |           | POL  |      |        | M 30 | 00:08:33 | 00:17:26 | 00:26:49 | 00:36:07.94 | 4:30   | 13.3 |
| 31   | SZER. PĄCZEK WOJCIECH         | 138 | 11.MBOT KRAKÓW    |           | POL  |      |        | M 31 | 00:08:33 | 00:17:50 | 00:27:27 | 00:36:15.33 | 4:31   | 13.2 |
| 32   | SZER. GRZYB KAMIL             | 112 | 14.ZBOT SZCZECIN  |           | POL  |      |        | M 32 | 00:08:32 | 00:17:44 | 00:27:13 | 00:36:29.23 | 4:33   | 13.2 |
| 33   | ST.SZER. ANDRYSZCZYK KRYSZTOF | 143 | 6.MBOT RADOM      |           | POL  |      |        | M 33 | 00:08:40 | 00:17:45 | 00:27:06 | 00:36:32.97 | 4:34   | 13.1 |
| 34   | PPOR. WIŚNIEWSKI HUBERT       | 148 | 2.LBOT LUBLIN     |           | POL  |      |        | M 34 | 00:08:54 | 00:17:59 | 00:27:23 | 00:36:33.30 | 4:34   | 13.1 |
| 35   | PPOR. BORODACZ NORBERT        | 126 | 16.DBOT WROCŁAW   |           | POL  |      |        | M 35 | 00:09:04 | 00:18:24 | 00:27:53 | 00:36:53.19 | 4:36   | 13   |
| 36   | ST.KPR. PAWŁOS JAKUB          | 125 | 20.PBOT PRZEMYŚL  |           | POL  |      |        | M 36 | 00:08:25 | 00:17:41 | 00:27:15 | 00:36:55.18 | 4:36   | 13   |
| 37   | ST.SZER.SPEC. MAŚLANKA MICHAŁ | 130 | 11.MBOT KRAKÓW    |           | POL  |      |        | M 37 | 00:08:30 | 00:17:13 | 00:26:39 | 00:36:56.68 | 4:37   | 13   |
| 38   | KPR. PSUT KAMIL               | 113 | 16.DBOT WROCŁAW   |           | POL  |      |        | M 38 | 00:08:45 | 00:18:04 | 00:27:52 | 00:37:07.42 | 4:38   | 12.9 |
| 39   | ST.SIERŻ. FRĄCKIEWICZ MICHAŁ  | 157 | 1.PBOT BIAŁYSTOK  |           | POL  |      |        | M 39 | 00:08:50 | 00:18:05 | 00:27:48 | 00:37:24.76 | 4:40   | 12.8 |

**CROSS - MEŻCZYŹNI 8KM, c.d.**

| M-ce | Nazwisko i imię             | Nr  | Klub              | M-scowość | Kraj | Kat. | M. kat | K/M  | 2km      | 4km      | 6km      | Netto       | min/km | km/h |
|------|-----------------------------|-----|-------------------|-----------|------|------|--------|------|----------|----------|----------|-------------|--------|------|
| 40   | ST.SZER. HILARSKI JACEK     | 107 | 1.PBOT BIAŁYSTOK  |           | POL  |      |        | M 40 | 00:09:25 | 00:19:03 | 00:28:29 | 00:37:29.76 | 4:41   | 12.8 |
| 41   | ST.KPR. MASIUL ŁUKASZ       | 121 | 4.WMBOT OLSZTYN   |           | POL  |      |        | M 41 | 00:09:10 | 00:18:41 | 00:28:29 | 00:37:34.89 | 4:41   | 12.8 |
| 42   | MŁ.CHOR. LAŃDUCH MIESZKO    | 152 | 12.WBOT POZNAŃ    |           | POL  |      |        | M 42 | 00:08:22 | 00:17:22 | 00:27:29 | 00:37:41.32 | 4:42   | 12.7 |
| 43   | SZER. KORSAK MICHAŁ         | 128 | 5.MBOT CIECHANÓW  |           | POL  |      |        | M 43 | 00:08:28 | 00:17:47 | 00:28:03 | 00:38:01.60 | 4:45   | 12.6 |
| 44   | KPR. GRUSZECKI PIOTR        | 144 | 6.MBOT RADOM      |           | POL  |      |        | M 44 | 00:08:33 | 00:17:52 | 00:28:04 | 00:38:11.42 | 4:46   | 12.6 |
| 45   | ST.SZER. BARDZIAK PIOTR     | 122 | 6.MBOT RADOM      |           | POL  |      |        | M 45 | 00:08:58 | 00:18:23 | 00:28:23 | 00:38:47.09 | 4:50   | 12.4 |
| 46   | ST.SZER. JANIKOWSKI DOMINIK | 111 | 7.PBOT GDAŃSK     |           | POL  |      |        | M 46 | 00:08:48 | 00:19:05 | 00:29:09 | 00:38:54.82 | 4:51   | 12.3 |
| 47   | PPOR. GRABAS PAWEŁ          | 102 | 20.PBOT PRZEMYŚL  |           | POL  |      |        | M 47 | 00:09:08 | 00:19:04 | 00:29:30 | 00:39:26.90 | 4:55   | 12.2 |
| 48   | ST.KPR. WILAMOWSKI RAFAŁ    | 123 | 5.MBOT CIECHANÓW  |           | POL  |      |        | M 48 | 00:09:02 | 00:18:53 | 00:29:17 | 00:39:33.14 | 4:56   | 12.1 |
| 49   | SZER. MIELCZAREK MICHAŁ     | 146 | 18.SBOT WARSZAWA  |           | POL  |      |        | M 49 | 00:09:23 | 00:19:30 | 00:30:02 | 00:39:56.44 | 4:59   | 12   |
| 50   | ST.SZER. JANIKOWSKI DAMIAN  | 117 | 7.PBOT GDAŃSK     |           | POL  |      |        | M 50 | 00:09:12 | 00:19:12 | 00:29:41 | 00:39:56.69 | 4:59   | 12   |
| 51   | SZER. PEŃKOWSKI JAKUB       | 136 | 20.PBOT PRZEMYŚL  |           | POL  |      |        | M 51 | 00:09:14 | 00:19:35 | 00:30:32 | 00:41:30.71 | 5:11   | 11.6 |
| 52   | SZER. SZECÓWKA ŁUKASZ       | 141 | 13.ŠBOT KATOWICE  |           | POL  |      |        | M 52 | 00:09:18 | 00:19:54 | 00:31:23 | 00:42:24.56 | 5:18   | 11.3 |
| 53   | ST.SZER. PIJANOWSKI MACIEJ  | 137 | 4.WMBOT OLSZTYN   |           | POL  |      |        | M 53 | 00:09:21 | 00:20:10 | 00:31:28 | 00:42:45.71 | 5:20   | 11.2 |
| 54   | SZER. MUREK MARCIN          | 159 | 12.WBOT POZNAŃ    |           | POL  |      |        | M 54 | 00:09:43 | 00:20:40 | 00:32:52 | 00:45:19.40 | 5:39   | 10.6 |
| 55   | SZER. JAWOROWSKI ADAM       | 129 | 18.SBOT WARSZAWA  |           | POL  |      |        | M 55 | 00:10:23 | 00:21:54 | 00:33:53 | 00:45:42.32 | 5:42   | 10.5 |
| 56   | KPR. WŁÓDARSKI MACIEJ       | 133 | 8.KPBOT BYDGOSZCZ |           | POL  |      |        | M 56 | 00:10:21 | 00:22:25 | 00:34:40 | 00:46:01.53 | 5:45   | 10.4 |
| 57   | SZER. ROJEK TOMASZ          | 161 | 12.WBOT POZNAŃ    |           | POL  |      |        | M 57 | 00:09:58 | 00:22:05 | 00:34:51 | 00:47:28.63 | 5:56   | 10.1 |
|      | PPOR. ŻURAWSKI MICHAŁ       | 147 | 18.SBOT WARSZAWA  |           | POL  |      |        |      | 00:10:55 | DNF      | DNF      | DNF         | -      | -    |
|      |                             |     |                   |           |      |      |        |      | DNF      |          |          |             |        |      |