

SERIA 3 (MĘŻCZYŹNI PONIŻEJ 20 MIN)

Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Date: 2024-09-18
Place: Koszalin
Distance: 5 km
Klasyfikacja wg czasów netto.



SERIA 3 (MĘŻCZYŹNI PONIŻEJ 20 MIN), OPEN

| POS | Name and surname | No. | Club | City | NAT | Cat. | M. | F/M | 3km | 3.4km | 3.8km | 4.2km | 4.6km | Netto | min/km | km/h |
|-----|---------------------|-----|--|---------------|-----|---------|----|------|----------|----------|----------|----------|----------|-------------|--------|------|
| 1 | KRYZEL TOMASZ | 26 | KUJAWSCY RUNNERS/SPORTOWY CZŁUCHÓW | CZŁUCHÓW | POL | OPEN -M | 1 | M 1 | 00:10:15 | 00:11:40 | 00:13:05 | 00:14:31 | 00:15:56 | 00:17:17.34 | 3:27 | 17.4 |
| 2 | HUBERT ŁUKASZ | 15 | 7PRO SIÓDMIĄK TEAM/BIEGOLAS | KOSZALIN | POL | OPEN -M | 2 | M 2 | 00:10:36 | 00:12:02 | 00:13:30 | 00:14:56 | 00:16:20 | 00:17:40.00 | 3:32 | 17 |
| 3 | FEDORCZAK ŁUKASZ | 12 | BIEGOLAS KOSZALIN | KONIKOWO | POL | OPEN -M | 3 | M 3 | 00:10:39 | 00:12:05 | 00:13:32 | 00:14:59 | 00:16:27 | 00:17:46.81 | 3:33 | 16.9 |
| 4 | MACKOJĆ KRZYSZTOF | 28 | EL-MACKOJĆ | KOŁOBRZEG | POL | OPEN -M | 4 | M 4 | 00:10:59 | 00:12:29 | 00:13:59 | 00:15:29 | 00:16:58 | 00:18:27.46 | 3:41 | 16.3 |
| 5 | SMAGOWSKI WOJTEK | 44 | FIGA TEAM BIAŁOGARD | RĄBINO | POL | OPEN -M | 5 | M 5 | 00:11:04 | 00:12:33 | 00:14:05 | 00:15:36 | 00:17:06 | 00:18:33.22 | 3:42 | 16.2 |
| 6 | STERNIK TOMASZ | 49 | FIGA TEAM | BIAŁOGARD | POL | OPEN -M | 6 | M 6 | 00:11:04 | 00:12:36 | 00:14:09 | 00:15:41 | 00:17:13 | 00:18:38.93 | 3:43 | 16.1 |
| 7 | CHMIELEWSKI TOMASZ | 7 | | BARWICE | POL | OPEN -M | 7 | M 7 | 00:11:02 | 00:12:35 | 00:14:10 | 00:15:48 | 00:17:25 | 00:18:53.42 | 3:46 | 15.9 |
| 8 | WITKIEWICZ ERYK | 57 | | BIAŁOGARD | POL | OPEN -M | 8 | M 8 | 00:11:10 | 00:12:46 | 00:14:21 | 00:15:55 | 00:17:33 | 00:18:53.88 | 3:46 | 15.9 |
| 9 | PICK TOMASZ | 37 | BIEGOLAS KOSZALIN | KOSZALIN | POL | OPEN -M | 9 | M 9 | 00:11:25 | 00:12:56 | 00:14:28 | 00:16:01 | 00:17:34 | 00:18:53.93 | 3:46 | 15.9 |
| 10 | MARCINIAK MACIEJ | 31 | BIEGNIĘCI TEAM KOSZALIN | POŁCZYN ZDRÓJ | POL | OPEN -M | 10 | M 10 | 00:11:32 | 00:13:09 | 00:14:45 | 00:16:20 | 00:17:56 | 00:19:16.24 | 3:51 | 15.6 |
| 11 | WALEŃSKI MICHAŁ | 1 | TKKF KOSZALIN | KOSZALIN | POL | OPEN -M | 11 | M 11 | 00:11:38 | 00:13:13 | 00:14:48 | 00:16:22 | 00:17:54 | 00:19:23.00 | 3:52 | 15.5 |
| 12 | PIENIAWSKI MATEUSZ | 38 | | KOSZALIN | POL | OPEN -M | 12 | M 12 | 00:11:40 | 00:13:17 | 00:14:53 | 00:16:29 | 00:18:03 | 00:19:28.79 | 3:53 | 15.4 |
| 13 | MAĆKOWIAK KRZYSZTOF | 29 | DOMINET-24.PL | KOSZALIN | POL | OPEN -M | 13 | M 13 | 00:11:42 | 00:13:21 | 00:15:00 | 00:16:39 | 00:18:18 | 00:19:48.94 | 3:57 | 15.2 |
| 14 | KURKOWSKI PIOTR | 27 | SKWARKI | KOSZALIN | POL | OPEN -M | 14 | M 14 | 00:11:52 | 00:13:29 | 00:15:08 | 00:16:47 | 00:18:25 | 00:19:52.96 | 3:58 | 15.1 |

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