

PUCHAR POLSKI NW - 5KM

Organizator: Polskie Zrzeszenie Nordic Walking, Miasto Gmina Wągrowiec
Data: 2024-09-21
Miejsce: Hajnówka
Dystans: 5 km
Klasyfikacja wg czasów netto.



PUCHAR POLSKI NW - 5KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-----------------------------|-----|-------------------------------|---------------------|------|-----------------------|--------|------|-------------|--------|------|
| 1 | WITUCKI JACEK | 281 | K.S. VICTORIA POTĘGOWO | POZNAŃ | POL | M50-54 | 1 | M 1 | 00:29:14.15 | 5:50 | 10.3 |
| 2 | CYRUS BOGDAN | 86 | | STRZEBIŃ | POL | M50-54 | 2 | M 2 | 00:29:41.65 | 5:56 | 10.1 |
| 3 | ZDANOWICZ ARKADIUSZ | 291 | K.S. VICTORIA POTĘGOWO | STANISŁAWÓW | POL | M45-49 | 1 | M 3 | 00:29:44.15 | 5:56 | 10.1 |
| 4 | MARCZAK TOMASZ | 173 | K.S. VICTORIA POTĘGOWO | ALEKSANDRIA I | POL | M18-29 | 1 | M 4 | 00:31:29.75 | 6:17 | 9.5 |
| 5 | ZEMŁA MARCIN | 294 | CIAP CIAP ZEMŁA TEAM | MIĘDZYRZEC PODLASKI | POL | M30-39 | 1 | M 5 | 00:31:34.80 | 6:18 | 9.5 |
| 6 | FRĄCKOWIAK ROMAN | 108 | NORDIC SPORT 2021 | WIELEŃ | POL | M55-59 | 1 | M 6 | 00:31:38.60 | 6:19 | 9.5 |
| 7 | BREWCZYŃSKI MARCIN | 77 | POLIPACK TEAM GWE | ŁYSE | POL | M30-39 | 2 | M 7 | 00:31:42.85 | 6:20 | 9.5 |
| 8 | MROZIŃSKI TADEUSZ | 181 | NORDIC SPORT 2021 | TARNOWSKIE GÓRY | POL | M55-59 | 2 | M 8 | 00:31:53.65 | 6:22 | 9.4 |
| 9 | KUBISZYŃ MAŁGORZATA | 155 | K.S. VICTORIA POTĘGOWO | LUBACZÓW | POL | K30-39 | 1 | K 1 | 00:33:16.15 | 6:39 | 9 |
| 10 | DANIELSKI WALDEMAR | 91 | K.S. VICTORIA POTĘGOWO | SOKOŁÓW PODLASKI | POL | M60-64 | 1 | M 9 | 00:33:20.95 | 6:40 | 9 |
| 11 | FRANCZAK MAŁGORZATA | 104 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | K18-29 | 1 | K 2 | 00:33:42.10 | 6:44 | 8.9 |
| 12 | ŚLUSARCZYK MARCIN | 258 | WESOŁY BORSUK TEAM | PRUDNIK | POL | M45-49 | 2 | M 10 | 00:34:13.60 | 6:50 | 8.8 |
| 13 | OKRZESIK-FRĄCKOWIAK IZABELA | 187 | NORDIC SPORT 2021 | WIELEŃ | POL | K55-59 | 1 | K 3 | 00:34:37.15 | 6:55 | 8.7 |
| 14 | WŁODARSKI RADOŚLAW | 284 | | POZNAŃ | POL | M30-39 | 3 | M 11 | 00:34:37.35 | 6:55 | 8.7 |
| 15 | MĘCZYŃSKI MIKOŁAJ | 177 | | MISIE | POL | M18-29 | 2 | M 12 | 00:34:50.50 | 6:58 | 8.6 |
| 16 | PUKSZTA KRZYSZTOF | 211 | WESOŁY BORSUK TEAM | PRUDNIK | POL | M40-44 | 1 | M 13 | 00:34:57.80 | 6:59 | 8.6 |
| 17 | BIELECKA ZUZANNA | 71 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | K40-44 | 1 | K 4 | 00:35:01.50 | 7:00 | 8.6 |
| 18 | HORNOSTAJ IRENA | 301 | | HAJNÓWKA | POL | K65-69 | 1 | K 5 | 00:35:19.50 | 7:03 | 8.5 |
| 19 | OLSZAŃSKI KAROL | 188 | OPEN SPORT TEAM | KRAKÓW | POL | M45-49 | 3 | M 14 | 00:35:26.50 | 7:05 | 8.5 |
| 20 | SZCZYGIEL ADRIANA | 253 | OPEN SPORT TEAM | BIELSKO-BIAŁA | POL | K40-44 | 2 | K 6 | 00:35:34.10 | 7:06 | 8.4 |
| 21 | WIŚNIEWSKI MARIUSZ | 278 | NW CZŁAPSKI TEAM | ŁYSE | POL | M50-54 | 3 | M 15 | 00:35:35.60 | 7:07 | 8.4 |
| 22 | PODSIADŁY STANISŁAW | 204 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | M65-69 | 1 | M 16 | 00:35:45.55 | 7:09 | 8.4 |
| 23 | ADAMCZYK ADAM | 56 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | M75-79 | 1 | M 17 | 00:35:45.90 | 7:09 | 8.4 |
| 24 | BASA MICHAŁ | 68 | | MIECHÓW | POL | M18-29 | 3 | M 18 | 00:35:47.15 | 7:09 | 8.4 |
| 25 | HRYCIUK TERESA | 121 | K.S. VICTORIA POTĘGOWO | BIAŁA PODLASKA | POL | K60-64 | 1 | K 7 | 00:35:55.95 | 7:11 | 8.4 |
| 26 | HRYCIUK WALDEMAR | 120 | KS VICTORIA POTĘGOWO | BIAŁA PODLASKA | POL | M65-69 | 2 | M 19 | 00:35:57.85 | 7:11 | 8.3 |
| 27 | GRUSZKA MICHAŁ | 116 | NORDIC SPORT 2021 | LUBLINIEC | POL | M45-49 | 4 | M 20 | 00:36:03.65 | 7:12 | 8.3 |
| 28 | FRANCZAK DARIUSZ | 106 | NW CZŁAPSKI TEAM | WARSZAWA | POL | M60-64 | 2 | M 21 | 00:36:03.80 | 7:12 | 8.3 |
| 29 | FALKOWSKI EMIL | 100 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | M40-44 | 2 | M 22 | 00:36:08.95 | 7:13 | 8.3 |
| 30 | PASIŃSKA-SKOWRON SYLWIA | 196 | OPEN SPORT TEAM | SZCZODRKOVICE | POL | K45-49 | 1 | K 8 | 00:36:14.15 | 7:14 | 8.3 |
| 31 | SŁOWIŃSKA ALICJA | 242 | | SIEDLCE | POL | K55-59 | 2 | K 9 | 00:36:22.55 | 7:16 | 8.2 |
| 32 | SZCZUCKI MIŁOSZ | 252 | MEDSTOMPERS | WROCŁAW | POL | M18-29 | 4 | M 23 | 00:36:27.60 | 7:17 | 8.2 |
| 33 | SIWKO JAKUB | 39 | MEDSTOMPERS | LUBLIN | POL | M18-29 | 5 | M 24 | 00:36:30.50 | 7:18 | 8.2 |
| 34 | ZAWADZKI KRZYSZTOF | 25 | | ZIELONA GÓRA | POL | M-NIEPEŁNOSPRAWNI(B) | 1 | M 25 | 00:36:51.55 | 7:22 | 8.1 |
| 35 | KACPERSKI JAROSŁAW | 129 | NIEZESZONY | RADGOSZCZ | POL | M-NIEPEŁNOSPRAWNI(A) | 1 | M 26 | 00:36:51.85 | 7:22 | 8.1 |
| 36 | KOWALCZYK TADEUSZ | 149 | NORDIC SPORT 2021 | KRAKÓW | POL | M70-74 | 1 | M 27 | 00:36:53.90 | 7:22 | 8.1 |
| 37 | WIŚNIEWSKI JULIAN | 279 | NW CZŁAPSKI TEAM | ŁYSE | POL | M-JUN. | 1 | M 28 | 00:37:05.75 | 7:25 | 8.1 |
| 38 | CHILKIEWICZ PIOTR | 84 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | M40-44 | 3 | M 29 | 00:37:07.50 | 7:25 | 8.1 |
| 39 | ŻYTKOWSKI ANDRZEJ | 300 | TKKF KRZNA BIAŁA PODLASKA | BIAŁA PODLASKA | POL | M60-64 | 3 | M 30 | 00:37:08.55 | 7:25 | 8.1 |
| 40 | KUŁAKOWSKA HALINA | 160 | DRUŻYNA SMA | OLKUSZ | POL | K45-49 | 2 | K 10 | 00:37:09.05 | 7:25 | 8.1 |
| 41 | CHILKIEWICZ MAŁGORZATA | 83 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K40-44 | 3 | K 11 | 00:37:11.60 | 7:26 | 8.1 |
| 42 | REJOWSKA-JURCZAK AGNIESZKA | 213 | - | WALERÓW | POL | K40-44 | 4 | K 12 | 00:37:13.45 | 7:26 | 8.1 |
| 43 | CZMOCH MARIAN | 88 | NORDIC SPORT 2021 | ŁOSICE | POL | M70-74 | 2 | M 31 | 00:37:17.25 | 7:27 | 8 |
| 44 | BASA JAKUB | 69 | | ŁÓDŹ | POL | M18-29 | 6 | M 32 | 00:37:25.40 | 7:29 | 8 |

PUCHAR POLSKI NW - 5KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-------------------------|-----|---|-----------------|------|-----------------------|--------|------|-------------|--------|------|
| 45 | DZIEDZIK PATRYCJA | 99 | | SIEMIANÓWKA | POL | K18-29 | 2 | K 13 | 00:37:28.75 | 7:29 | 8 |
| 46 | BURA GRZEGORZ | 80 | SZKOŁA PODSTAWOWA NR 3 W HAJNÓWCE | HAJNÓWKA | POL | M-DZIECI | 1 | M 33 | 00:37:43.35 | 7:32 | 8 |
| 47 | RUSINOWICZ ANDRZEJ | 218 | | PIŁA | POL | M80+ | 1 | M 34 | 00:37:44.10 | 7:32 | 8 |
| 48 | SIWKO MICHAŁ | 239 | MEDSTOMPERS | LUBLIN | POL | M18-29 | 7 | M 35 | 00:37:46.25 | 7:33 | 7.9 |
| 49 | KUJAWA MICHAŁ | 158 | | LEGIONOWO | POL | M18-29 | 8 | M 36 | 00:37:47.30 | 7:33 | 7.9 |
| 50 | NIKITIUK PIOTR | 254 | | HAJNÓWKA | POL | M-DZIECI | 2 | M 37 | 00:37:59.70 | 7:35 | 7.9 |
| 51 | KANIA ADAM | 132 | NORDIC SPORT 2021 | BIENKÓWKA | POL | M60-64 | 4 | M 38 | 00:38:21.55 | 7:40 | 7.8 |
| 52 | WILKANIEC MACIEJ | 277 | SZKOŁA PODSTAWOWA NR 3 W HAJNÓWCE | HAJNÓWKA | POL | M-DZIECI | 3 | M 39 | 00:38:41.85 | 7:44 | 7.8 |
| 53 | MASALSKA EWELINA | 174 | HAJNOWSKI DOM KULTURY | HAJNÓWKA | POL | K30-39 | 2 | K 14 | 00:38:42.45 | 7:44 | 7.8 |
| 54 | POGORZELSKI KAMIL | 205 | | BIĄŁYSTOK | POL | M18-29 | 9 | M 40 | 00:38:46.95 | 7:45 | 7.7 |
| 55 | JAKUBOWSKI ZBIGNIEW | 125 | | BIĄŁYSTOK | POL | M75-79 | 2 | M 41 | 00:39:04.75 | 7:48 | 7.7 |
| 56 | LESNER NIKODEM | 165 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | M-DZIECI | 4 | M 42 | 00:39:18.05 | 7:51 | 7.6 |
| 57 | CZAJKA URSZULA | 87 | | RUMIA | POL | K70-74 | 1 | K 15 | 00:39:27.05 | 7:53 | 7.6 |
| 58 | RZESZUTEK EDWIN | 220 | | KOLBUSZOWA | POL | M18-29 | 10 | M 43 | 00:39:28.55 | 7:53 | 7.6 |
| 59 | BURA HANNA | 79 | SZKOŁA PODSTAWOWA NR 3 W HAJNÓWCE | HAJNÓWKA | POL | K-DZIECI | 1 | K 16 | 00:39:31.40 | 7:54 | 7.6 |
| 60 | ALEKSIEJUK WIKTOR | 60 | | HAJNÓWKA | POL | M60-64 | 5 | M 44 | 00:39:31.60 | 7:54 | 7.6 |
| 61 | KOZŁOWSKI KRZYSZTOF | 151 | MARSZOMANIACY BIELSK PODLASKI | BIĄŁYSTOK | POL | M45-49 | 5 | M 45 | 00:39:32.75 | 7:54 | 7.6 |
| 62 | KOTOWICZ JOANNA | 147 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K45-49 | 3 | K 17 | 00:39:34.95 | 7:54 | 7.6 |
| 63 | PALUCH PAWEŁ | 192 | AVOCADO WELLNESS CLUB | WARSZAWA | POL | M60-64 | 6 | M 46 | 00:39:45.75 | 7:57 | 7.5 |
| 64 | JAWORSKA EDYTA | 127 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | K45-49 | 4 | K 18 | 00:39:58.75 | 7:59 | 7.5 |
| 65 | ROTKO MARTA | 217 | MEDSTOMPERS | WROCŁAW | POL | K18-29 | 3 | K 19 | 00:39:58.90 | 7:59 | 7.5 |
| 66 | BOROWSKA AGNIESZKA | 73 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K45-49 | 5 | K 20 | 00:40:00.05 | 8:00 | 7.5 |
| 67 | GIL MAKSYMILIAN | 112 | | LUBLIN | POL | M18-29 | 11 | M 47 | 00:40:01.05 | 8:00 | 7.5 |
| 68 | SŁAWĘCKI DANIEL | 240 | | RZESZÓW | POL | M18-29 | 12 | M 48 | 00:40:01.75 | 8:00 | 7.5 |
| 69 | KOŁODZIŃSKI TOMASZA | 141 | | BIĄŁOWIEŻA | POL | M-JUN. | 2 | M 49 | 00:40:05.55 | 8:01 | 7.5 |
| 70 | WITCZAK KATARZYNA | 280 | MEDSTOMPERS | LUBLIN | POL | K-NIEPEŁNOSPRAWNI(A) | 1 | K 21 | 00:40:05.80 | 8:01 | 7.5 |
| 71 | GIERŁACHOWSKI DAMIAN | 111 | | HAJNÓWKA | POL | M-DZIECI | 5 | M 50 | 00:40:23.30 | 8:04 | 7.4 |
| 72 | PUC HUBERT | 210 | RAKKAR | HAJNÓWKA | POL | M-DZIECI | 6 | M 51 | 00:40:24.05 | 8:04 | 7.4 |
| 73 | KĘDRA MIŁOSZ | 135 | | RZESZÓW | POL | M18-29 | 13 | M 52 | 00:40:27.90 | 8:05 | 7.4 |
| 74 | TYTUŁA ARKADIUSZ | 269 | UNIwersytet Rzeszowski | RZESZÓW | POL | M-NIEPEŁNOSPRAWNI(A) | 2 | M 53 | 00:40:28.00 | 8:05 | 7.4 |
| 75 | KOWALCZYK JOANNA | 150 | NORDIC SPORT 2021 | KRAKÓW | POL | K50-54 | 1 | K 22 | 00:40:28.80 | 8:05 | 7.4 |
| 76 | DOLATOWSKA ELŻBIETA | 97 | K.S. VICTORIA POTĘGOWO | INOWROCŁAW 5 | POL | K60-64 | 2 | K 23 | 00:40:29.15 | 8:05 | 7.4 |
| 77 | DANIŁUK MIROŚLAW | 92 | WTZ HAJNÓWKA | HAJNÓWKA | POL | M-NIEPEŁNOSPRAWNI(B) | 2 | M 54 | 00:40:29.55 | 8:05 | 7.4 |
| 78 | SMOLEWSKA JOLANTA | 243 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K45-49 | 6 | K 24 | 00:40:30.45 | 8:06 | 7.4 |
| 79 | ZAGRZYWIEC IGOR | 290 | | HAJNÓWKA | POL | M-DZIECI | 7 | M 55 | 00:40:49.00 | 8:09 | 7.3 |
| 80 | TRAPSIA HANIA | 266 | K.S. VICTORIA POTĘGOWO | WARSZAWA | POL | K-DZIECI | 2 | K 25 | 00:41:18.15 | 8:15 | 7.3 |
| 81 | KARANOS TADEUSZ | 134 | | HAJNÓWKA | POL | M65-69 | 3 | M 56 | 00:41:24.10 | 8:16 | 7.2 |
| 82 | LESNER ANNA | 164 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K45-49 | 7 | K 26 | 00:41:30.20 | 8:18 | 7.2 |
| 83 | CZYŻ KAROLINA | 89 | I LO IM MARIÍ SKŁODOWSKIEJ-CURIE W HAJNÓWCE | HAJNÓWKA | POL | K-JUN. | 1 | K 27 | 00:41:42.35 | 8:20 | 7.2 |
| 84 | ZDANOWICZ MARTA | 292 | K.S. VICTORIA POTĘGOWO | STANISŁAWÓW | POL | K45-49 | 8 | K 28 | 00:41:43.60 | 8:20 | 7.2 |
| 85 | KŁOPOTOWSKA HALINA | 138 | | SIEMIATYCZE | POL | K-NIEPEŁNOSPRAWNI(A) | 2 | K 29 | 00:41:52.05 | 8:22 | 7.2 |
| 86 | ŁAWRYNOWICZ BAZYL | 169 | UTW W HAJNOWCE | HAJNÓWKA | POL | M70-74 | 3 | M 57 | 00:42:01.00 | 8:24 | 7.1 |
| 87 | TRUSZKOWSKA KATARZYNA | 268 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K45-49 | 9 | K 30 | 00:42:03.25 | 8:24 | 7.1 |
| 88 | WOIŃSKA DOROTA | 285 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K45-49 | 10 | K 31 | 00:42:06.05 | 8:25 | 7.1 |
| 89 | WNUK MICHAŁ | 51 | | ZAWIERCIE | POL | M18-29 | 14 | M 58 | 00:42:07.25 | 8:25 | 7.1 |
| 90 | PAWEŁKIEWICZ EDYTA | 197 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K45-49 | 11 | K 32 | 00:42:12.05 | 8:26 | 7.1 |
| 91 | PYSIEWICZ DOROTA | 212 | | WARSZAWA | POL | K18-29 | 4 | K 33 | 00:42:17.80 | 8:27 | 7.1 |
| 92 | FRANCZAK ANNA | 105 | NW CZŁĄPSKI TEAM | WARSZAWA | POL | K55-59 | 3 | K 34 | 00:42:18.15 | 8:27 | 7.1 |
| 93 | THOMALLA BOGDAN | 264 | NORDIC SPORT 2021 | ZABRZE | POL | M80+ | 2 | M 59 | 00:42:18.20 | 8:27 | 7.1 |
| 94 | KRUPSKA BARBARA | 153 | MEDSTOMPERS | LUBLIN | POL | K18-29 | 5 | K 35 | 00:42:18.30 | 8:27 | 7.1 |
| 95 | SATŁAWSKA KAMILA | 229 | MEDSTOMPERS | SANDOMIERZ | POL | K18-29 | 6 | K 36 | 00:42:19.65 | 8:27 | 7.1 |
| 96 | CHARYTONIUK-KUŻMA TAIDA | 82 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K40-44 | 5 | K 37 | 00:42:21.55 | 8:28 | 7.1 |
| 97 | GRABARZ URSZULA | 114 | TKKF KRZNA BIAŁA PODLASKA | BIAŁA PODLASKA | POL | K60-64 | 3 | K 38 | 00:42:28.10 | 8:29 | 7.1 |

PUCHAR POLSKI NW - 5KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-------------------------|-----|---|-----------------|------|---------------------|--------|------|-------------|--------|------|
| 98 | BREWCZYŃSKA MILENA | 20 | POLIPACK TEAM GWE | ŁYSE | POL | K30-39 | 3 | K 39 | 00:42:32.10 | 8:30 | 7.1 |
| 99 | GRUSZKA IŁONA | 115 | NORDIC SPORT 2021 | LUBLINIEC | POL | K-NIEPEŁNOSPRAWNI(A | 3 | K 40 | 00:42:32.15 | 8:30 | 7.1 |
| 100 | SACZKO EUGENIUSZ | 222 | | HAJNÓWKA | POL | M60-64 | 7 | M 60 | 00:42:33.75 | 8:30 | 7.1 |
| 101 | KOTOWICZ MAJA | 146 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K-DZIECI | 3 | K 41 | 00:42:35.15 | 8:31 | 7 |
| 102 | SZADUJA ANNA | 251 | HAJNOWSKIE KIJANKI | HAJNÓWKA | POL | K60-64 | 4 | K 42 | 00:42:35.80 | 8:31 | 7 |
| 103 | PAWEŁKIEWICZ PRZEMYSŁAW | 198 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | M45-49 | 6 | M 61 | 00:42:36.85 | 8:31 | 7 |
| 104 | KROK AGNIESZKA | 152 | | HAJNÓWKA | POL | K40-44 | 6 | K 43 | 00:42:43.45 | 8:32 | 7 |
| 105 | FALKOWSKI MACIEJ | 101 | | HAJNÓWKA | POL | M30-39 | 4 | M 62 | 00:42:53.00 | 8:34 | 7 |
| 106 | MIREK ALICJA | 180 | HAJNOWSKIE KIJANKI | HAJNOWKA | POL | K55-59 | 4 | K 44 | 00:42:55.35 | 8:35 | 7 |
| 107 | ALEKSIEJUK ROBERT | 61 | | HAJNÓWKA | POL | M55-59 | 3 | M 63 | 00:42:57.70 | 8:35 | 7 |
| 108 | SAWICKA MAJA | 231 | SZKOŁA PODSTAWOWA NR 2 | HAJNÓWKA | POL | K-DZIECI | 4 | K 45 | 00:43:05.65 | 8:37 | 7 |
| 109 | ŻUKOWSKA MAŁGORZATA | 299 | | HAJNÓWKA | POL | K-DZIECI | 5 | K 46 | 00:43:05.85 | 8:37 | 7 |
| 110 | SWATOWSKA MARTYNA | 250 | UNIwersytet RZESZOWSKI | RZESZÓW | POL | K18-29 | 7 | K 47 | 00:43:12.75 | 8:38 | 6.9 |
| 111 | JANIEL ANNA | 126 | UTW W HAJNOWCE | HAJNÓWKA | POL | K65-69 | 2 | K 48 | 00:43:28.35 | 8:41 | 6.9 |
| 112 | MALINOWSKA EUGENIA | 172 | UTW W HAJNOWCE | HAJNÓWKA | POL | K65-69 | 3 | K 49 | 00:43:31.30 | 8:42 | 6.9 |
| 113 | GASOWSKA WALENTYNA | 109 | | HAJNÓWKA | POL | K50-54 | 2 | K 50 | 00:43:31.40 | 8:42 | 6.9 |
| 114 | WĄŻ JUSTYNA | 272 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K40-44 | 7 | K 51 | 00:43:31.90 | 8:42 | 6.9 |
| 115 | STACHULEC NATALIA | 245 | | HAJNÓWKA | POL | K18-29 | 8 | K 52 | 00:43:32.45 | 8:42 | 6.9 |
| 116 | FEDORÓW OLIVIA | 23 | | HAJNÓWKA | POL | K18-29 | 9 | K 53 | 00:43:33.05 | 8:42 | 6.9 |
| 117 | NERC DOROTA | 183 | | RUMIA | POL | K65-69 | 4 | K 54 | 00:43:36.10 | 8:43 | 6.9 |
| 118 | ADAMCZYK ZUZANNA | 57 | | RADOM | POL | K18-29 | 10 | K 55 | 00:43:40.05 | 8:44 | 6.9 |
| 119 | CHOROSZEWSKA ANETA | 85 | WTZ HAJNÓWKA | HAJNÓWKA | POL | K30-39 | 4 | K 56 | 00:43:41.90 | 8:44 | 6.9 |
| 120 | PROKOPIUK ALEKSANDER | 207 | | HAJNÓWKA | POL | M75-79 | 3 | M 64 | 00:43:47.00 | 8:45 | 6.9 |
| 121 | SACHARCZUK JOANNA | 221 | | HAJNÓWKA | POL | K30-39 | 5 | K 57 | 00:43:47.80 | 8:45 | 6.9 |
| 122 | STAWARZ WIESŁAW | 246 | | HAJNÓWKA | POL | M-NIEPEŁNOSPRAWNI(B | 3 | M 65 | 00:43:52.75 | 8:46 | 6.8 |
| 123 | MŁYNAREK MARLENA | 11 | | HAJNÓWKA | POL | K18-29 | 11 | K 58 | 00:43:57.80 | 8:47 | 6.8 |
| 124 | MATUSZ MAGDALENA | 176 | | RZESZÓW | POL | K18-29 | 12 | K 59 | 00:43:59.55 | 8:47 | 6.8 |
| 125 | KULIK SŁAWOMIR | 159 | | HAJNÓWKA | POL | M65-69 | 4 | M 66 | 00:44:00.45 | 8:48 | 6.8 |
| 126 | SZPAKOWICZ MARTYNA | 255 | | BIAŁOWIEŻA | POL | K18-29 | 13 | K 60 | 00:44:00.65 | 8:48 | 6.8 |
| 127 | SŁOJEWSKA IŁONA | 241 | NIEZRZESZONA | SIERADZ | POL | K50-54 | 3 | K 61 | 00:44:10.05 | 8:50 | 6.8 |
| 128 | MICHAŁOWSKA URSZULA | 178 | | HAJNÓWKA | POL | K18-29 | 14 | K 62 | 00:44:11.95 | 8:50 | 6.8 |
| 129 | KOT ANNA | 144 | HAJNOWSKI DOM KULTURY | HAJNÓWKA | POL | K40-44 | 8 | K 63 | 00:44:23.35 | 8:52 | 6.8 |
| 130 | NIKITIUK JAN | 276 | | HAJNÓWKA | POL | M-NIEPEŁNOSPRAWNI(B | 4 | M 67 | 00:44:31.70 | 8:54 | 6.7 |
| 131 | STEPANIUK KATARZYNA | 247 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K45-49 | 12 | K 64 | 00:44:38.45 | 8:55 | 6.7 |
| 132 | JURCZUK MAŁGORZATA | 128 | | HAJNÓWKA | POL | K40-44 | 9 | K 65 | 00:44:47.25 | 8:57 | 6.7 |
| 133 | LEWKOWICZ MIŁOSZ | 167 | I LO IM MARIÍ SKŁODOWSKIEJ-CURIE W HAJNÓWCE | HAJNÓWKA | POL | M-JUN. | 3 | M 68 | 00:45:03.25 | 9:00 | 6.7 |
| 134 | KOMAREWSKI TIMUR | 142 | I LO IM MARIÍ SKŁODOWSKIEJ-CURIE W HAJNÓWCE | HAJNÓWKA | POL | M-JUN. | 4 | M 69 | 00:45:05.70 | 9:01 | 6.7 |
| 135 | KONONIUK LENA | 29 | | HAJNÓWKA | POL | K-DZIECI | 6 | K 66 | 00:45:13.15 | 9:02 | 6.6 |
| 136 | KOŁODZIŃSKA AGNIESZKA | 140 | | BIAŁOWIEŻA | POL | K40-44 | 10 | K 67 | 00:45:25.95 | 9:05 | 6.6 |
| 137 | FRANKOWSKA ANNA | 107 | UTW W HAJNOWCE | HAJNÓWKA | POL | K60-64 | 5 | K 68 | 00:45:37.20 | 9:07 | 6.6 |
| 138 | ŁOMASZKIEWICZ MAJA | 170 | SZKOŁA PODSTAWOWA NR 3 W HAJNÓWCE | HAJNÓWKA | POL | K-DZIECI | 7 | K 69 | 00:45:41.00 | 9:08 | 6.6 |
| 139 | KIERDELEWICZ MAGDALENA | 136 | SZKOŁA PODSTAWOWA NR 3 W HAJNÓWCE | HAJNÓWKA | POL | K-DZIECI | 8 | K 70 | 00:45:41.65 | 9:08 | 6.6 |
| 140 | KINDZIUK EWELINA | 137 | WTZ HAJNÓWKA | HAJNÓWKA | POL | K-NIEPEŁNOSPRAWNI(B | 1 | K 71 | 00:45:43.80 | 9:08 | 6.6 |
| 141 | ZAGRZYWIEC MICHALINA | 289 | | HAJNÓWKA | POL | K-DZIECI | 9 | K 72 | 00:45:51.70 | 9:10 | 6.5 |
| 142 | BOŻKO ULA | 75 | WTZ HAJNÓWKA | HAJNÓWKA | POL | K-NIEPEŁNOSPRAWNI(B | 2 | K 73 | 00:45:56.10 | 9:11 | 6.5 |
| 143 | KOJŁO JULIANNA | 139 | HAJNOWSKI DOM KULTURY | HAJNÓWKA | POL | K18-29 | 15 | K 74 | 00:45:57.75 | 9:11 | 6.5 |
| 144 | PONIATOWSKI HERONIM | 206 | UTW W HAJNOWCE | HAJNÓWKA | POL | M70-74 | 4 | M 70 | 00:46:05.85 | 9:13 | 6.5 |
| 145 | FALKOWSKI OSKAR | 16 | | HAJNÓWKA | POL | M-JUN. | 5 | M 71 | 00:46:09.35 | 9:13 | 6.5 |
| 146 | ZABROCKA AGNIESZKA | 288 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K40-44 | 11 | K 75 | 00:46:10.75 | 9:14 | 6.5 |
| 147 | NESTERUK TERESA | 184 | UTW W HAJNOWCE | HAJNÓWKA | POL | K70-74 | 2 | K 76 | 00:46:13.65 | 9:14 | 6.5 |
| 148 | NIKITIUK ANNA | 40 | | HAJNÓWKA | POL | K40-44 | 12 | K 77 | 00:46:20.30 | 9:16 | 6.5 |
| 149 | BARTOSZUK GABRIEL | 66 | | HAJNÓWKA | POL | M-DZIECI | 8 | M 72 | 00:46:20.65 | 9:16 | 6.5 |

PUCHAR POLSKI NW - 5KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-----------------------------|-----|---|------------------|------|-----------------------|--------|-------|-------------|--------|------|
| 150 | ADAMSKA IRENA | 58 | UTW W HAJNOWCE | HAJNÓWKA | POL | K65-69 | 5 | K 78 | 00:46:37.80 | 9:19 | 6.4 |
| 151 | DUDZINSKI JANUSZ | 302 | SRKS BIAŁYSTOK | BIAŁYSTOK | POL | M60-64 | 8 | M 73 | 00:46:45.25 | 9:21 | 6.4 |
| 152 | KRUSZEWSKA MAŁGORZATA | 154 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K40-44 | 13 | K 79 | 00:46:53.35 | 9:22 | 6.4 |
| 153 | DUDZICZ BARBARA | 98 | | HAJNÓWKA | POL | K40-44 | 14 | K 80 | 00:47:06.85 | 9:25 | 6.4 |
| 154 | NICZYPORUK WIKTORIA | 185 | I LO IM MARII SKŁODOWSKIEJ-CURIE W HAJNÓWCE | HAJNÓWKA | POL | K-JUN. | 2 | K 81 | 00:47:09.05 | 9:25 | 6.4 |
| 155 | JAKUBOWSKA KATARZYNA | 123 | | LIPINY | POL | K45-49 | 13 | K 82 | 00:47:09.30 | 9:25 | 6.4 |
| 156 | SAJEWICZ LUKASZ | 226 | WTZ HAJNÓWKA | HAJNÓWKA | POL | M30-39 | 5 | M 74 | 00:47:09.60 | 9:25 | 6.4 |
| 157 | DĄBROWSKA LENA | 96 | I LO IM MARII SKŁODOWSKIEJ-CURIE W HAJNÓWCE | HAJNÓWKA | POL | K-JUN. | 3 | K 83 | 00:47:09.70 | 9:25 | 6.4 |
| 158 | ŻARSKA KATARZYNA | 298 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K40-44 | 15 | K 84 | 00:47:16.05 | 9:27 | 6.3 |
| 159 | KOTOWICZ JUSTYNA | 145 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K30-39 | 6 | K 85 | 00:47:19.55 | 9:27 | 6.3 |
| 160 | PARUSZEWSKA ZUZANNA | 194 | | KISIELÓW | POL | K18-29 | 16 | K 86 | 00:47:24.25 | 9:28 | 6.3 |
| 161 | ŚWIĘTOCHOWSKA ANNA | 261 | | HAJNÓWKA | POL | K-DZIECI | 10 | K 87 | 00:47:24.45 | 9:28 | 6.3 |
| 162 | PLIS HANNA | 201 | | HAJNÓWKA | POL | K-DZIECI | 11 | K 88 | 00:47:30.70 | 9:30 | 6.3 |
| 163 | KUCZKO IWONA | 156 | HAJNOWSKI DOM KULTURY | HAJNÓWKA | POL | K45-49 | 14 | K 89 | 00:47:34.00 | 9:30 | 6.3 |
| 164 | BIRYCKA JUSTYNA | 72 | | HAJNÓWKA | POL | K30-39 | 7 | K 90 | 00:47:34.60 | 9:30 | 6.3 |
| 165 | NOWAK URSZULA | 186 | | HAJNÓWKA | POL | K45-49 | 15 | K 91 | 00:47:35.00 | 9:31 | 6.3 |
| 166 | TELENTEJUK ANNA | 263 | UTW W HAJNOWCE | HAJNÓWKA | POL | K70-74 | 3 | K 92 | 00:47:39.70 | 9:31 | 6.3 |
| 167 | BURA EWA | 78 | | HAJNÓWKA | POL | K50-54 | 4 | K 93 | 00:47:40.75 | 9:32 | 6.3 |
| 168 | SIEBIESIEWICZ BARBARA | 233 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K-NIEPEŁNOSPRAWNI(A) | 4 | K 94 | 00:47:52.70 | 9:34 | 6.3 |
| 169 | ŻAMOJTUK MARIA | 297 | NIEZRZESZONA | HAJNÓWKA | POL | K65-69 | 6 | K 95 | 00:48:14.45 | 9:38 | 6.2 |
| 170 | ZABROCKA PAULA | 287 | | HAJNÓWKA | POL | K18-29 | 17 | K 96 | 00:48:17.75 | 9:39 | 6.2 |
| 171 | OSTASZEWSKA KAMILA | 190 | HAJNOWSKI DOM KULTURY | HAJNÓWKA | POL | K18-29 | 18 | K 97 | 00:48:21.40 | 9:40 | 6.2 |
| 172 | MINIUK JOANNA | 179 | | BIELSK PODLASKI | POL | K40-44 | 16 | K 98 | 00:48:23.70 | 9:40 | 6.2 |
| 173 | ALEKSIEJUK KATARZYNA | 59 | | BIELSK PODLASKI | POL | K40-44 | 17 | K 99 | 00:48:23.80 | 9:40 | 6.2 |
| 174 | GRYCIUK KAROLINA | 118 | HAJNOWSKI DOM KULTURY | HAJNÓWKA | POL | K18-29 | 19 | K 100 | 00:48:29.55 | 9:41 | 6.2 |
| 175 | GRYGOROWICZ KATARZYNA | 119 | | MICHAŁOWO | POL | K40-44 | 18 | K 101 | 00:48:39.75 | 9:43 | 6.2 |
| 176 | OSTASZEWSKA ELŻBIETA | 191 | | MICHAŁOWO | POL | K50-54 | 5 | K 101 | 00:48:39.75 | 9:43 | 6.2 |
| 177 | GIERŁACHOWSKA ALEKSANDRA | 110 | | HAJNÓWKA | POL | K-DZIECI | 12 | K 103 | 00:48:46.85 | 9:45 | 6.2 |
| 178 | ŚLUSARCZYK BŁAŻEJ | 259 | WESOŁY BORSUK TEAM | PRUDNIK | POL | M-DZIECI | 9 | M 75 | 00:48:47.45 | 9:45 | 6.1 |
| 179 | SIEGIEŃ PAULINA | 234 | | CZECHY ORLAŃSKIE | POL | K30-39 | 8 | K 104 | 00:48:47.55 | 9:45 | 6.1 |
| 180 | JAKUBOWSKA JOANNA | 124 | | LIPINY | POL | K40-44 | 19 | K 105 | 00:48:50.85 | 9:46 | 6.1 |
| 181 | BOŻKO PAWEŁ | 74 | WTZ HAJNÓWKA | HAJNÓWKA | POL | M-NIEPEŁNOSPRAWNI(B) | 5 | M 76 | 00:48:52.50 | 9:46 | 6.1 |
| 182 | SAMOCIK KRZYSZTOF | 228 | ŚRODOWISKOWY DOM SAMOPOMOCY W HAJNÓWCE | HAJNÓWKA | POL | M-NIEPEŁNOSPRAWNI(A) | 3 | M 77 | 00:48:58.10 | 9:47 | 6.1 |
| 183 | BARTOSZUK ANNA | 67 | | HAJNÓWKA | POL | K-DZIECI | 13 | K 106 | 00:49:10.00 | 9:50 | 6.1 |
| 184 | FIEDORUK ANTONINA | 103 | UTW W HAJNOWCE | HAJNÓWKA | POL | K70-74 | 4 | K 107 | 00:49:11.50 | 9:50 | 6.1 |
| 185 | DAWIDOWSKA NINA | 95 | UTW W HAJNOWCE | HAJNÓWKA | POL | K65-69 | 7 | K 108 | 00:49:31.80 | 9:54 | 6.1 |
| 186 | SIDORUK IRENA | 232 | UTW W HAJNOWCE | HAJNÓWKA | POL | K65-69 | 8 | K 109 | 00:49:39.10 | 9:55 | 6 |
| 187 | BARAN PAULINA | 64 | | RZESZÓW | POL | K18-29 | 20 | K 110 | 00:49:44.30 | 9:56 | 6 |
| 188 | URYNOWICZ OTYLIA | 270 | I LO IM MARII SKŁODOWSKIEJ-CURIE W HAJNÓWCE | HAJNÓWKA | POL | K-JUN. | 4 | K 111 | 00:50:10.60 | 10:02 | 6 |
| 189 | SIEMIENIUK NOEMI | 237 | I LO IM MARII SKŁODOWSKIEJ-CURIE W HAJNÓWCE | HAJNÓWKA | POL | K-JUN. | 5 | K 112 | 00:50:11.15 | 10:02 | 6 |
| 190 | SZPAKOWICZ JOLANTA | 256 | | BIAŁOWIEŻA | POL | K50-54 | 6 | K 113 | 00:50:18.55 | 10:03 | 6 |
| 191 | ROSIŃSKA KLAUDIA | 216 | ŚRODOWISKOWY DOM SAMOPOMOCY W HAJNÓWCE | HAJNÓWKA | POL | K-NIEPEŁNOSPRAWNI(A) | 5 | K 114 | 00:50:26.10 | 10:05 | 5.9 |
| 192 | ANDREJUK AGNIESZKA | 62 | ŚRODOWISKOWY DOM SAMOPOMOCY W HAJNÓWCE | HAJNÓWKA | POL | K50-54 | 7 | K 115 | 00:50:26.45 | 10:05 | 5.9 |
| 193 | KOROLKO KATARZYNA | 143 | MARSZOMANIACY BIELSK PODLASKI | BIELSK PODLASKI | POL | K45-49 | 16 | K 116 | 00:50:37.75 | 10:07 | 5.9 |
| 194 | SACZKO HELENA | 223 | | HAJNÓWKA | POL | K60-64 | 6 | K 117 | 00:50:46.30 | 10:09 | 5.9 |
| 195 | WŁASIUK ELIZA | 282 | | HAJNÓWKA | POL | K30-39 | 9 | K 118 | 00:50:53.10 | 10:10 | 5.9 |
| 196 | ZDANOWSKA ZDANOWSKA ZUZANNA | 293 | I LO IM MARII SKŁODOWSKIEJ-CURIE W HAJNÓWCE | HAJNÓWKA | POL | K-JUN. | 6 | K 119 | 00:51:03.90 | 10:12 | 5.9 |
| 197 | WAKULIŃSKA WAKULIŃSKA MAJA | 271 | I LO IM MARII SKŁODOWSKIEJ-CURIE W HAJNÓWCE | HAJNÓWKA | POL | K-JUN. | 6 | K 119 | 00:51:03.90 | 10:12 | 5.9 |
| 198 | PUC AGNIESZKA | 209 | RAKKAR | HAJNÓWKA | POL | K50-54 | 8 | K 121 | 00:51:06.50 | 10:13 | 5.9 |
| 199 | WŁASIUK TAISA | 283 | | HAJNÓWKA | POL | K55-59 | 5 | K 122 | 00:51:17.15 | 10:15 | 5.8 |
| 200 | DUDZIŃSKA LUCYNA | 303 | SRKS BIAŁYSTOK | BIAŁYSTOK | POL | K60-64 | 7 | K 123 | 00:51:47.40 | 10:21 | 5.8 |
| 201 | ŚWIDERSKI MAREK | 260 | WTZ HAJNÓWKA | HAJNÓWKA | POL | M-NIEPEŁNOSPRAWNI(A) | 4 | M 78 | 00:51:51.75 | 10:22 | 5.8 |

PUCHAR POLSKI NW - 5KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-------------------------------|-----|---|------------------|------|-----------------------|--------|-------|-------------|--------|------|
| 202 | ŁAPIŃSKA RENIA | 168 | WTZ HAJNÓWKA | HAJNÓWKA | POL | K-NIEPEŁNOSPRAWNI(B) | 3 | K 124 | 00:52:18.40 | 10:27 | 5.7 |
| 203 | BEREZNIAK HALINA | 70 | KOŁO GOSPODYŃ WIEJSKICH CZOCHOWLANKI | CZECHY ORLAŃSKIE | POL | K55-59 | 6 | K 125 | 00:53:17.35 | 10:39 | 5.6 |
| 204 | RYBKA MARIAN | 219 | NIEZRZESZONY | GRĘZÓWKA | POL | M-NIEPEŁNOSPRAWNI(B) | 6 | M 79 | 00:53:20.95 | 10:40 | 5.6 |
| 205 | LASOTA WERONIKA | 162 | ZESPÓŁ SZKÓŁ ZAWODOWYCH W HAJNÓWCE | HAJNÓWKA | POL | K18-29 | 21 | K 126 | 00:53:36.90 | 10:43 | 5.6 |
| 206 | STUDZIŃSKI JAROSŁAW | 248 | ŚRODOWISKOWY DOM SAMOPOMOCY W HAJNÓWCE | HAJNÓWKA | POL | M-NIEPEŁNOSPRAWNI(A) | 5 | M 80 | 00:53:45.60 | 10:45 | 5.6 |
| 207 | SZWARC EUGENIA | 257 | UTW W HAJNOWCE | HAJNÓWKA | POL | K65-69 | 9 | K 127 | 00:54:06.90 | 10:49 | 5.5 |
| 208 | HRYNKIEWICZ ALINA | 122 | UTW W HAJNOWCE | HAJNÓWKA | POL | K65-69 | 10 | K 128 | 00:54:08.35 | 10:49 | 5.5 |
| 209 | DANIŁUK AGNIESZKA | 93 | KOŁO GOSPODYŃ WIEJSKICH CZOCHOWLANKI | CZECHY ORLAŃSKIE | POL | K45-49 | 17 | K 129 | 00:54:12.35 | 10:50 | 5.5 |
| 210 | ŁUKASZUK HALINA | 171 | UTW W HAJNOWCE | HAJNÓWKA | POL | K65-69 | 11 | K 130 | 00:54:26.00 | 10:53 | 5.5 |
| 211 | CZYŻEWSKI MIROSŁAW | 90 | ŚRODOWISKOWY DOM SAMOPOMOCY W HAJNÓWCE | HAJNÓWKA | POL | M-NIEPEŁNOSPRAWNI(A) | 6 | M 81 | 00:54:40.25 | 10:56 | 5.5 |
| 212 | TARGOSZ ZDZISŁAWA | 262 | UTW W HAJNOWCE | HAJNÓWKA | POL | K-NIEPEŁNOSPRAWNI(B) | 4 | K 131 | 00:54:44.90 | 10:56 | 5.5 |
| 213 | KURYTO MARIA | 161 | UTW W HAJNOWCE | HAJNÓWKA | POL | K65-69 | 12 | K 132 | 00:54:46.05 | 10:57 | 5.5 |
| 214 | SOŁOWIANIUK URSZULA | 244 | ŚRODOWISKOWY DOM SAMOPOMOCY W HAJNÓWCE | HAJNÓWKA | POL | K-NIEPEŁNOSPRAWNI(A) | 6 | K 133 | 00:55:52.70 | 11:10 | 5.4 |
| 215 | DANIŁUK KRYSZYNA | 94 | ŚRODOWISKOWY DOM SAMOPOMOCY W HAJNÓWCE | HAJNÓWKA | POL | K50-54 | 9 | K 134 | 00:55:54.45 | 11:10 | 5.4 |
| 216 | LESIAK IZABELA | 163 | ZSZ OHP HAJNÓWKA | HAJNÓWKA | POL | K-JUN. | 8 | K 135 | 00:56:10.80 | 11:14 | 5.3 |
| 217 | BARTOSZUK AGNIESZKA BARTOSZUK | 65 | HAJNÓWKA | HAJNÓWKA | POL | K40-44 | 20 | K 136 | 00:56:39.80 | 11:19 | 5.3 |
| 218 | PARZYCH WALENTYNA | 195 | ŚRODOWISKOWY DOM SAMOPOMOCY W HAJNÓWCE | HAJNÓWKA | POL | K-NIEPEŁNOSPRAWNI(A) | 7 | K 137 | 00:56:49.90 | 11:21 | 5.3 |
| 219 | ROGOZA MARIOLA | 214 | ZESPÓŁ SZKÓŁ ZAWODOWYCH W HAJNÓWCE | HAJNÓWKA | POL | K40-44 | 21 | K 138 | 00:58:26.50 | 11:41 | 5.1 |
| 220 | SAJEWICZ ANNA | 227 | ZESPÓŁ SZKÓŁ ZAWODOWYCH W HAJNÓWCE | HAJNÓWKA | POL | K-JUN. | 9 | K 139 | 00:58:26.70 | 11:41 | 5.1 |
| 221 | TROCHIMIUK LEONTYNA | 267 | UTW W HAJNOWCE | HAJNÓWKA | POL | K80+ | 1 | K 140 | 00:58:27.55 | 11:41 | 5.1 |
| 222 | BÓJKO BOGUSŁAWA | 76 | ZESPÓŁ SZKÓŁ ZAWODOWYCH W HAJNÓWCE | HAJNÓWKA | POL | K50-54 | 10 | K 141 | 00:58:28.40 | 11:41 | 5.1 |
| 223 | KALINOWSKA DANUTA | 131 | UTW W HAJNOWCE | HAJNÓWKA | POL | K70-74 | 5 | K 142 | 00:59:08.65 | 11:49 | 5.1 |
| 224 | SZPAKOWICZ WIKTORIA | 48 | HAJNÓWKA | HAJNÓWKA | POL | K-DZIECI | 14 | K 143 | 01:00:32.75 | 12:06 | 5 |
| 225 | NOWICKA WERONIKA | 41 | HAJNÓWKA | HAJNÓWKA | POL | K-DZIECI | 15 | K 144 | 01:00:33.20 | 12:06 | 5 |
| 226 | ZYSKOWSKA TERESA | 305 | UTW W HAJNOWCE | BIAŁYSTOK | POL | K70-74 | 6 | K 145 | 01:00:44.90 | 12:08 | 4.9 |
| 227 | FIEDORUK ANNA | 102 | UTW W HAJNOWCE | HAJNÓWKA | POL | K70-74 | 7 | K 146 | 01:00:46.65 | 12:09 | 4.9 |
| 228 | SUPRUN WIKTORIA | 249 | HAJNÓWKA | HAJNÓWKA | POL | K-DZIECI | 16 | K 147 | 01:00:53.45 | 12:10 | 4.9 |
| 229 | SIEGIEŃ ZUZANNA JAGODA | 236 | ZSZ OHP HAJNÓWKA | HAJNÓWKA | POL | K-JUN. | 10 | K 147 | 01:00:53.45 | 12:10 | 4.9 |
| 230 | TICHONIUK MARZENA | 265 | HAJNÓWKA | HAJNÓWKA | POL | K40-44 | 22 | K 149 | 01:01:30.15 | 12:18 | 4.9 |
| 231 | SIEGIEŃ EMILIA | 235 | HAJNÓWKA | HAJNÓWKA | POL | K30-39 | 10 | K 150 | 01:01:30.20 | 12:18 | 4.9 |
| 232 | WILCZEWSKA WILCZEWSKA AGATA | 275 | I LO IM MARIŁ SKŁODOWSKIEJ-CURIE W HAJNÓWCE | HAJNÓWKA | POL | K-JUN. | 11 | K 151 | | | |
| 233 | ANDREJUK MIROSŁAW | 307 | ŚRODOWISKOWY DOM SAMOPOMOCY W HAJNÓWCE | HAJNÓWKA | POL | M50-54 | 4 | M 82 | | | |