

## 53 OGÓLNOPOLSKIE BIEGI ULICZNE - 5000M - BIEG OTWARTY 2006+

Organizator: MLKS Nadwiślanin Chełmno  
 Data: 2024-10-06  
 Miejsce: Chełmno  
 Dystans: 5 km  
 Klasyfikacja wg czasów brutto.



### 53 OGÓLNOPOLSKIE BIEGI ULICZNE - 5000M - BIEG OTWARTY 2006+, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1km	2km	3km	4km	Netto	Brutto	min/km	km/h
1	ARENDEK KACPER	7	CZUBASZEK RUNNING TEAM	GRUDZIĄDZ		M20	1	M 1	00:03:21	00:06:49	00:10:10	00:13:17	00:16:27.70	00:16:30.55	3:17	18.2
2	WIŚNIEWSKI DAMIAN	6	CZUBASZEK RUNNING TEAM	GRUDZIĄDZ		M20	2	M 2	00:03:22	00:06:49	00:10:16	00:13:47	00:17:08.35	00:17:10.95	3:25	17.5
3	GÓRNY KAROL	3	CZUBASZEK RUNNING TEAM	GRUDZIĄDZ		M40	1	M 3	00:03:22	00:06:49	00:10:17	00:13:55	00:17:28.15	00:17:30.70	3:29	17.2
4	GLUGLA MARIUSZ	13	RUNNERS ŚWIECIE	ŚWIECIE		M40	2	M 4	00:03:41	00:07:25	00:11:11	00:14:57	00:18:34.15	00:18:37.10	3:42	16.2
5	RIEMER KRZYSZTOF	10	KS PRO ATHLETE GRUDZIĄDZ	GRUDZIĄDZ		M20	3	M 5	00:03:41	00:06:47	00:11:11	00:15:00	00:18:48.45	00:18:57.00	3:45	16
6	WIŚNIEWSKI MARCIN	50				M40	3	M 6	00:03:48	00:07:50	00:11:53	00:15:59	00:19:44.90	00:19:48.85	3:56	15.2
7	DRĄG TOMASZ	4	9-WZGORZE CHEŁMNO	CHEŁMNO		M40	4	M 7	00:03:55	00:07:58	00:12:01	00:16:02	00:19:49.50	00:19:53.55	3:57	15.1
8	KARNECKI RAFAŁ	16	THE RUNNERS ŚWIECIE	ŚWIECIE		M40	5	M 8	00:03:51	00:07:53	00:11:55	00:16:01	00:19:59.65	00:20:03.30	3:59	15
9	POPKO PRZEMYSŁAW	2	9-WZGORZE CHEŁMNO	CHEŁMNO		M30	1	M 9	00:03:55	00:07:58	00:12:02	00:16:03	00:20:06.55	00:20:10.30	4:01	14.9
10	HUTSU DMYTRO	47		CHEŁMNO		M20	4	M 10	00:03:47	00:07:52	00:12:00	00:16:08	00:20:07.40	00:20:10.85	4:01	14.9
11	KRYSIĄK WIKTORIA	8	KKL RODŁO KWIDZYN	KWIDZYN		K20	1	K 1	00:03:59	00:08:03	00:12:09	00:16:18	00:20:14.75	00:20:17.50	4:02	14.8
12	KRZYWDZIŃSKI BARTOSZ	24	ŚWIECIE BIEGA	GRUCZNO		M30	2	M 11	00:03:49	00:07:56	00:12:08	00:16:23	00:20:36.65	00:20:40.55	4:07	14.6
13	MISIASZEK MAREK	21		BYDGOSZCZ		M40	6	M 12	00:03:55	00:07:58	00:12:07	00:16:23	00:20:37.90	00:20:42.70	4:07	14.6
14	RUCHLEWICZ NATALIA	43		SZTUM		K30	1	K 2	00:03:58	00:08:03	00:12:16	00:16:35	00:20:50.35	00:20:53.70	4:10	14.4
15	LEŚNIK ADAM	20		CHEŁMNO		M20	5	M 13	00:03:51	00:07:57	00:12:09	00:16:36	00:20:56.50	00:20:59.75	4:11	14.3
16	ŚRUTKOWSKI SYLWESTER	44		SZTUM		M30	3	M 14	00:03:55	00:08:04	00:12:20	00:16:44	00:21:03.60	00:21:07.35	4:12	14.3
17	ROJEWSKI ZBIGNIEW	51	AKADEMIA BIEGANIA GRUDZIĄDZ			M40	7	M 15	00:04:09	00:08:24	00:12:42	00:17:00	00:21:13.90	00:21:17.80	4:14	14.1
18	SULECKI PIOTR	54		CHEŁMNO	POL	M40	7	M 15	00:04:04	00:08:18	00:12:34	00:16:58	00:21:14.75	00:21:17.80	4:14	14.1
19	ŁUBECKI PATRYK	18		TORUŃ		M30	4	M 17	00:04:01	00:08:17	00:12:41	00:17:08	00:21:32.60	00:21:37.45	4:18	13.9
20	BOJKE MIROŚLAW	52		CHEŁMNO		M50	1	M 18	00:03:50	00:08:06	00:12:38	00:17:12	00:21:46.55	00:21:50.00	4:21	13.8
21	PANASIUK JAROSŁAW	53				M50	2	M 19	00:04:14	00:08:34	00:12:57	00:17:24	00:21:58.10	00:22:03.70	4:23	13.7
22	STARCZEWSKI MICHAŁ	48		PODWIEŚK		M40	9	M 20	00:04:12	00:08:39	00:13:10	00:17:43	00:22:03.20	00:22:06.65	4:24	13.6
23	MOGIŁKO NATALIA	42	CZUBASZEK RUNNING TEAM	GRUDZIĄDZ		K30	2	K 3	00:04:16	00:08:40	00:13:11	00:17:41	00:22:03.80	00:22:07.75	4:24	13.6
24	OLKOWSKI JUREK	15	THE RUNNERS ŚWIECIE	ŚWIECIE		M70	1	M 21	00:04:11	00:08:38	00:13:09	00:17:42	00:22:04.55	00:22:08.60	4:24	13.6
25	PROĆ NATALIA	9	KKL RODŁO KWIDZYN	KWIDZYN		K20	2	K 4	00:04:21	00:08:51	00:13:25	00:17:58	00:22:22.85	00:22:25.75	4:28	13.4
26	SOBCZYK JOANNA	49	CZUBASZEK RUNNING TEAM	GRUDZIĄDZ		K40	1	K 5	00:04:05	00:08:55	00:13:27	00:18:03	00:22:40.00	00:22:41.00	4:32	13.2
27	MALENKOWSKI BOGDAN	28		CHEŁMNO		M20	6	M 22	00:04:31	00:09:07	00:13:48	00:18:33	00:23:05.30	00:23:12.15	4:37	13
28	SPOŻ EWA	31		KOLNO		K40	2	K 6	00:04:32	00:09:10	00:14:02	00:18:51	00:23:37.45	00:23:42.20	4:43	12.7
29	SCHMELTER WOJCIECH	36		TORUŃ		M30	5	M 23	00:04:21	00:09:02	00:13:56	00:18:54	00:23:45.15	00:23:50.75	4:45	12.6
30	BĄTKOWSKI KRZYSZTOF	1	9-TE WZGORZE CHEŁMNO	CHEŁMNO		M30	6	M 24	00:04:37	00:09:17	00:14:10	00:19:09	00:24:09.55	00:24:13.90	4:49	12.4
31	KUŹMA ANNA	45		ŚWIECIE		K40	3	K 7	00:05:08	00:10:31	00:15:59	00:21:20	00:26:36.40	00:26:41.10	5:19	11.3
32	DOBEK RAFAŁ	39		GRUBNO		M30	7	M 25	00:05:22	00:10:42	00:16:10	00:21:43	00:26:36.90	00:26:43.00	5:19	11.3
33	MODRZYŃSKI MACIEJ	38		PAPOWO BISKUPIE		M40	10	M 26	00:05:11	00:10:24	00:15:47	00:21:18	00:26:39.20	00:26:44.35	5:19	11.3
34	KOWALSKA MARZENA	29		CHEŁMNO		K20	3	K 8	00:05:03	00:10:38	00:16:11	00:21:44	00:27:14.95	00:27:20.45	5:26	11
35	KĘDZIORSKI MAREK	26		WĄBRZEŻNO		M60	1	M 27	00:04:50	00:10:21	00:15:55	00:21:42	00:27:29.55	00:27:34.30	5:29	10.9
36	KĘDZIORSKA BEATA	27		WĄBRZEŻNO		K50	1	K 9	00:04:48	00:10:21	00:15:55	00:21:42	00:27:30.55	00:27:34.90	5:30	10.9
37	KUBACKA ANIKA	14	TECHNIKUM MUNDUROWE CHEŁMNO	CHEŁMNO		K20	4	K 10	00:04:54	00:10:26	00:16:16	00:22:15	00:28:11.15	00:28:13.90	5:38	10.6
38	ZŁOTOWSKI SZYMON	37		CEPNO		M20	7	M 28	00:04:59	00:10:23	00:16:18	00:22:38	00:28:55.75	00:29:02.00	5:47	10.4

**53 OGÓLNOPOLSKIE BIEGI ULICZNE - 5000M - BIEG OTWARTY 2006+, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1km	2km	3km	4km	Netto	Brutto	min/km	km/h
39	LEWANDOWSKA ALICJA	23		CHEŁMNO	K20		5	K 11	00:05:03	00:10:41	00:16:44	00:22:57	00:29:03.80	00:29:09.55	5:48	10.3
40	MODRZYŃSKA KATARZYNA	41		PAPOWO BISKUPIE	K30		3	K 12	00:05:41	00:11:59	00:18:23	00:24:52	00:31:20.65	00:31:25.95	6:16	9.6
41	DOBEK JUSTYNA	40		GRUBNO	K40		4	K 13	00:05:40	00:11:58	00:18:23	00:24:51	00:31:21.20	00:31:27.00	6:16	9.6
42	DEMSKA ANETA	22		ZEGARTOWICE	K30		4	K 14	00:06:07	00:12:50	00:20:01	00:27:36	00:34:53.20	00:34:54.20	6:58	8.6
43	SZACHTA PAULINA	34		CHOJNICE	K20		6	K 15	00:06:30	00:13:58	00:21:37	00:29:29	00:37:12.55	00:37:19.15	7:26	8.1
44	WITKOWSKA KALINA	17	ZSO NR 1 CHEŁMNO	CHEŁMNO	K20		7	K 16	00:06:27	00:14:08	00:21:37	00:29:49	00:37:52.40	00:37:56.00	7:34	7.9
45	MAJ MAGDALENA	25		CHEŁMNO	K30		5	K 17	00:05:25	00:11:38	00:17:42	00:24:01			6:00	10
	KUBERSKI PATRYK	5	CZUBASZEK RUNNING TEAM	GRUDZIĄDZ	M20				00:03:46	00:07:26	00:11:09	DNF	DNF	DNF	-	-
	SCHMELTER PRZEMYSŁAW	35		MAŁE ŁUNAWY	M30				00:05:42	DNF	DNF	DNF	DNF	DNF	-	-
									DNF							