

ŁEMKO TRAIL 10

Organiser: Fundacja Ultra
Date: 2024-10-19
Place: Komańcza
Distance: 10 km
Klasyfikacja wg czasów brutto.



ŁEMKO TRAIL 10, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Netto	Brutto	min/km	km/h
1	BALIGA CEZARY	4002	TEAM HOKA GARMIN	OLEŚNO	POL	OPEN M	1	M 1	00:40:07.45	00:40:07.45	4:00	15
2	LEŚNIAK DAWID	4131		SANOK	POL	OPEN M	2	M 2	00:40:14.70	00:40:14.70	4:01	14.9
3	SZMIST SZYMON	4130	3 PODKARPACKA BRYGADA OBRONY TERYTORIALNEJ	SZCZEPAŃCOWA	POL	OPEN M	3	M 3	00:40:32.95	00:40:32.95	4:03	14.8
4	STANGRECIAK ADAM	4132	GÓROL Z MAZUR RUNING TEAM	ŁÓDŹ	POL	OPEN M	4	M 4	00:45:43.70	00:45:43.70	4:34	13.1
5	KULIGA SŁAWOMIR	4056	POSMAKUJ RUN TEAM	KROSNO	POL	OPEN M	5	M 5	00:45:55.00	00:45:55.00	4:35	13.1
6	LIS-PASIOŃEK MAŁGORZATA	4062		LESKO	POL	OPEN K	1	K 1	00:47:02.85	00:47:02.85	4:42	12.8
7	JĘZYK MAREK	4039	MY ENDURANCE COACHING	KRAKÓW	POL	OPEN M	6	M 6	00:48:24.20	00:48:24.20	4:50	12.4
8	GĄSZCZ KRZYSZTOF	4022		RZESZÓW	POL	OPEN M	7	M 7	00:48:36.35	00:48:36.35	4:51	12.3
9	DOMBROWSKI JAKUB	4016		WIĘCKOWICE	POL	OPEN M	8	M 8	00:48:44.10	00:48:44.10	4:52	12.3
10	PEŁDIAK MATEUSZ	4124	KB ATHLETIC ZRĘCIN / PAWKO RUNNER TEAM	KROSNO	POL	OPEN M	9	M 9	00:49:41.15	00:49:41.15	4:58	12.1
11	BANASIK KRZYSZTOF	4003	KB ATHLETIC ZRĘCIN	PRUCHNIK	POL	OPEN M	10	M 10	00:49:42.50	00:49:42.50	4:58	12.1
12	DOŁŻYCKI PAWEŁ	4015		KOMAŃCZA	POL	OPEN M	11	M 11	00:50:33.75	00:50:33.75	5:03	11.9
13	SYGNECKI JANUSZ	4139		RZESZÓW	POL	OPEN M	12	M 12	00:50:51.90	00:50:51.90	5:05	11.8
14	URBANIAK DANIEL	4114	GORCE DLA ZIELONYCH	NOWY TARG	POL	OPEN M	13	M 13	00:51:12.00	00:51:12.00	5:07	11.7
15	SOBALA ALEKSANDRA	4146		WARSZAWA	POL	OPEN K	2	K 2	00:51:15.60	00:51:15.60	5:07	11.7
16	KULIGA KATARZYNA	4057		KROSNO	POL	OPEN K	3	K 3	00:51:47.10	00:51:47.10	5:10	11.6
17	KOWALCZYK MICHAŁ	4051		WARSZAWA	POL	OPEN M	14	M 14	00:52:34.80	00:52:34.80	5:15	11.4
18	BANASIK MONIKA	4004	KB ATHLETIC ZRĘCIN	PRUCHNIK	POL	OPEN K	4	K 4	00:52:59.25	00:52:59.25	5:17	11.3
19	LESZCZYŃSKI MICHAŁ	4141		RUDAWA WIELKA	POL	OPEN M	15	M 15	00:53:15.75	00:53:15.75	5:19	11.3
20	ROZDZYŃSKA PATRYCJA	4084	AW SZYBCIEJ	POZNAŃ	POL	OPEN K	5	K 5	00:53:23.55	00:53:23.55	5:20	11.2
21	POPŁAWSKA KAMILA	4078	RELENTLESS	OSTROWIEC ŚWIĘTOKRZYSKI	POL	OPEN K	6	K 6	00:53:57.95	00:53:57.95	5:23	11.1
22	STANEK SERGIUSZ	4144		STRYSZÓW	POL	OPEN M	16	M 16	00:54:15.35	00:54:15.35	5:25	11.1
23	GOLONKA DAWID	4024		JASŁO	POL	OPEN M	17	M 17	00:55:10.40	00:55:10.40	5:31	10.9
24	LABUT KRZYSZTOF	4058		KROSNO	POL	OPEN M	18	M 18	00:55:57.15	00:55:57.15	5:35	10.7
25	RYSIĄK STANISŁAW	4089		KRAKÓW	POL	OPEN M	19	M 19	00:56:15.20	00:56:15.20	5:37	10.7
26	HAJKOWSKI KRZYSZTOF	4030		WĘGRÓW	POL	OPEN M	20	M 20	00:56:29.95	00:56:29.95	5:38	10.6
27	SZOPINSKI TADEUSZ	4105		BUDY GŁOGOWSKIE	POL	OPEN M	21	M 21	00:57:03.05	00:57:03.05	5:42	10.5
28	SAR WOJCIECH	4090	OTT RUNNING CLUB	GDAŃSK	POL	OPEN M	22	M 22	00:57:12.75	00:57:12.75	5:43	10.5
29	ZARZECKI STEFAN	4121	#NIEZESRAJSIE	WARSZAWA	POL	OPEN M	23	M 23	00:57:21.25	00:57:21.25	5:44	10.5
30	SPYTKOWSKA KATARZYNA	4098		KRAKÓW	POL	OPEN K	7	K 7	00:57:30.70	00:57:30.70	5:45	10.4
31	SPYTKOWSKI PATRYK	4099		KRAKÓW	POL	OPEN M	24	M 24	00:57:31.00	00:57:31.00	5:45	10.4
32	PADO MICHAŁ	4070	MAMWYBIEGANE WATAHA MTB RZEPEDŹ	RZEPEDŹ	POL	OPEN M	25	M 25	00:57:35.80	00:57:35.80	5:45	10.4
33	BANAŚ DARIUSZ	4005		PSTRĄGOWA	POL	OPEN M	26	M 26	00:57:38.15	00:57:38.15	5:45	10.4
34	RUTYNA DAWID	4088	KLUB PRZYJACIÓŁ MYSZKI MIKI	WYDRZA	POL	OPEN M	27	M 27	00:57:42.65	00:57:42.65	5:46	10.4
35	MŁOCKA-GORCZYŃSKA MATYŁDA	4133		WARSZAWA	POL	OPEN K	8	K 8	00:57:46.60	00:57:46.60	5:46	10.4
36	PROKOP DOMINIK	4079	GORLICKIE LWY / HOPSIA HOPSIA TEAM	GORLICE	POL	OPEN M	28	M 28	00:57:51.95	00:57:51.95	5:47	10.4
37	GANCZEWSKI PAWEŁ	4021		GRANICA	POL	OPEN M	29	M 29	00:57:57.15	00:57:57.15	5:47	10.4
38	MAZURKIEWICZ WOJCIECH	4145			POL	OPEN M	30	M 30	00:59:21.25	00:59:21.25	5:56	10.1
39	HARPULA WOJCIECH	4033		ZABIERZÓW	POL	OPEN M	31	M 31	00:59:39.60	00:59:39.60	5:57	10.1
40	GEMBALIK ŁUKASZ	4023		LISZNA	POL	OPEN M	32	M 32	01:00:40.15	01:00:40.15	6:04	9.9
41	MARCZEWSKI MACIEJ	4143		KIELCE	POL	OPEN K	9	K 9	01:01:09.95	01:01:09.95	6:06	9.8
42	PASIOŃEK BARTŁOMIEJ	4071		LESKO	POL	OPEN M	33	M 33	01:02:06.65	01:02:06.65	6:12	9.7
43	TARACIŃSKI MARCIN	4109	KAMIEŃ DWERNIK TRAIL	USTRZYKI DOLNE	POL	OPEN M	34	M 34	01:02:07.40	01:02:07.40	6:12	9.7
44	GORKOWSKI JACEK	4025		KRAKÓW	POL	OPEN M	35	M 35	01:02:27.25	01:02:27.25	6:14	9.6

ŁEMKO TRAIL 10, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Netto	Brutto	min/km	km/h	
							cat.						
45	GORZKOWSKI WOJCIECH	4026		KRAKÓW	POL	OPEN M	36	M 36	01:02:54.00	01:02:54.00	6:17	9.5	
46	HARASIMIUK BERNARD	4032	DEAF	RADZYMIN	POL	OPEN M	37	M 37	01:03:02.80	01:03:02.80	6:18	9.5	
47	KIELAR-MIEZIN PATRYCJA	4044		KORCZYNA	POL	OPEN K	10	K 10	01:03:07.70	01:03:07.70	6:18	9.5	
48	KNAP MARIOLA	4046	SANOK BIEGA	BRZOZÓW	POL	OPEN K	11	K 11	01:03:15.35	01:03:15.35	6:19	9.5	
49	SAWICKA MARTA	4091	DWA KIJE W DĘBINIE KROŚCIENKO WYŻNE	KROŚCIENKO WYŻNE	POL	OPEN K	12	K 12	01:03:43.45	01:03:43.45	6:22	9.4	
50	RUTYNA NIKODEM	4087		GRĘBÓW	POL	OPEN M	38	M 38	01:04:03.90	01:04:03.90	6:24	9.4	
51	ZAWILIŃSKA MAGDALENA	4122		ODRZYKOŃ	POL	OPEN K	13	K 13	01:04:09.70	01:04:09.70	6:24	9.4	
52	RÓG IWONA	4083		IWIERYCIE	POL	OPEN K	14	K 14	01:04:26.80	01:04:26.80	6:26	9.3	
53	DENYSEWKO LECH	4136		KATOWICE	POL	OPEN M	39	M 39	01:04:36.30	01:04:36.30	6:27	9.3	
54	MODZELEWSKI JANUSZ	4067	TEAM PRWDESIGN	WARSZAWA	POL	OPEN M	40	M 40	01:04:49.25	01:04:49.25	6:28	9.3	
55	MERCIK ANDRZEJ	4066		ŁĘZANY	POL	OPEN M	41	M 41	01:05:04.30	01:05:04.30	6:30	9.2	
56	BARCZYK PRZEMYSŁAW	4006		LIBUSZA	POL	OPEN M	42	M 42	01:05:08.15	01:05:08.15	6:30	9.2	
57	KOZIOŁ SYLWESTER	4055		KROSNO	POL	OPEN M	43	M 43	01:05:53.65	01:05:53.65	6:35	9.1	
58	SIMANKOWICZ SEBASTIAN	4093		KRAKÓW	POL	OPEN M	44	M 44	01:06:14.25	01:06:14.25	6:37	9.1	
59	HYJEK NATALIA	4035		BOLESŁAWIEC	POL	OPEN K	15	K 15	01:06:22.40	01:06:22.40	6:38	9	
60	CHAVDAROV YOSIF	4011		IWONICZ-ZDRÓJ	POL	OPEN M	45	M 45	01:06:47.95	01:06:47.95	6:40	9	
61	WOJTAS BARTOSZ	4118		KRAKÓW	POL	OPEN M	46	M 46	01:07:06.15	01:07:06.15	6:42	8.9	
62	BIENKOWSKI DOROTA	4140		RUDAWA WIELKA	POL	OPEN K	16	K 16	01:07:14.25	01:07:14.25	6:43	8.9	
63	KANDEFER DANUTA	4041		KROSNO	POL	OPEN K	17	K 17	01:07:15.90	01:07:15.90	6:43	8.9	
64	KOPIEC PAWEŁ	4048		KRAKÓW	POL	OPEN M	47	M 47	01:07:30.30	01:07:30.30	6:45	8.9	
65	POLIWIKA KATARZYNA	4076	BESKIDZKIE RYSIE RUNNING TEAM	JASŁO	POL	OPEN K	18	K 18	01:09:09.60	01:09:09.60	6:54	8.7	
66	ONSCHIMKE-MARMUROWICZ BARBARA	4135		KATOWICE	POL	OPEN K	19	K 19	01:09:28.60	01:09:28.60	6:56	8.6	
67	MACIOŁEK OLIVIA	4063		ROPCZYCE	POL	OPEN K	20	K 20	01:09:44.95	01:09:44.95	6:58	8.6	
68	SZPIŁYK NATALIA	4106		HACZÓW	POL	OPEN K	21	K 21	01:10:46.25	01:10:46.25	7:04	8.5	
69	PITNER MARTA	4074		RZESZÓW	POL	OPEN K	22	K 22	01:10:56.15	01:10:56.15	7:05	8.5	
70	NESTOROWICZ MAKSYMILIAN	4068	MAM WYBIEGANE	RZEPEDŹ	POL	OPEN M	48	M 48	01:11:34.05	01:11:34.05	7:09	8.4	
71	SZAŁĘGA EMIL	4102	BIESZCZADZKA WATAHA MTB ADVENTURE	RZEPEDZ	POL	OPEN M	49	M 49	01:11:34.20	01:11:34.20	7:09	8.4	
72	TAŻBIREK BOGUSŁAW	4110	KKM KALORYFER	KRAKÓW	POL	OPEN M	50	M 50	01:11:35.70	01:11:35.70	7:09	8.4	
73	WIERZBICKA EWA	4116		NAGÓRZANY	POL	OPEN K	23	K 23	01:11:41.20	01:11:41.20	7:10	8.4	
74	KOZIK AGNIESZKA	4054		GLIWICE	POL	OPEN K	24	K 24	01:11:47.45	01:11:47.45	7:10	8.4	
75	KOZIK BARTŁOMIEJ	4053		GLIWICE	POL	OPEN M	51	M 51	01:11:47.80	01:11:47.80	7:10	8.4	
76	GAŁKA IZABELA	4020		RZESZÓW	POL	OPEN K	25	K 25	01:11:57.30	01:11:57.30	7:11	8.3	
77	SOŁTYS MAGDALENA	4096		KRAKÓW	POL	OPEN K	26	K 26	01:12:16.70	01:12:16.70	7:13	8.3	
78	KIM RENATA	4134				OPEN K	27	K 27	01:12:53.15	01:12:53.15	7:17	8.2	
79	SIOREK KATARZYNA	4094	WILK ULTRA TEAM	RZESZÓW	POL	OPEN K	28	K 28	01:12:53.65	01:12:53.65	7:17	8.2	
80	GAŁKA OLA	4019	VEGERUNNERS	ŻMIGRÓD	POL	OPEN K	29	K 29	01:13:09.55	01:13:09.55	7:18	8.2	
81	KAŁOWSKI IREK	4040	K-ŁOSIE	NIEPORĘT	POL	OPEN M	52	M 52	01:14:11.75	01:14:11.75	7:25	8.1	
82	LAUZER ESTERA	4060		ŁAŃCUT	POL	OPEN K	30	K 30	01:14:37.45	01:14:37.45	7:27	8	
83	SZUMLAŃSKA PAULINA	4107		BIADOLINY RADŁOWSKIE	POL	OPEN K	31	K 31	01:15:25.85	01:15:25.85	7:32	8	
84	BOLEK MALGORZATA	4009		LUBLINIEC	POL	OPEN K	32	K 32	01:15:37.20	01:15:37.20	7:33	7.9	
85	JANICKA AGNIESZKA	4038		KROSNO	POL	OPEN K	33	K 33	01:15:56.75	01:15:56.75	7:35	7.9	
86	MAZUREK MARIA	4065		ZABIERZÓW	POL	OPEN K	34	K 34	01:16:09.60	01:16:09.60	7:36	7.9	
87	DYJACH ŁUKASZ	4017	ASSECO ACTIVE TEAM	DĄBRÓWKI	POL	OPEN M	53	M 53	01:17:22.45	01:17:22.45	7:44	7.8	
88	JAKIEŁA WIKTORIA	4037		DUKŁA	POL	OPEN K	35	K 35	01:17:22.45	01:17:22.45	7:44	7.8	
89	KOWALCZYK KLAUDIA	4049		WARSZAWA	POL	OPEN K	36	K 36	01:19:44.50	01:19:44.50	7:58	7.5	
90	OLSZEWSKI ADRIAN	4069		WARSZAWA	POL	OPEN M	54	M 54	01:20:25.90	01:20:25.90	8:02	7.5	
91	SZAREK NATALIA	4103		CZARNOCHOWICE	POL	OPEN K	37	K 37	01:21:14.65	01:21:14.65	8:07	7.4	
92	LESZCZYŃSKI LESZEK	4061		WARSZAWA	POL	OPEN M	55	M 55	01:22:10.60	01:22:10.60	8:13	7.3	
93	PUTZ-LESZCZYŃSKA JOANNA	4081	ASSECO ACTIVE TEAM	WARSZAWA	POL	OPEN K	38	K 38	01:22:29.10	01:22:29.10	8:14	7.3	
94	MARCINIAK ANDRZEJ	4064		WARSZAWA	POL	OPEN M	56	M 56	01:23:49.05	01:23:49.05	8:22	7.2	
95	CZERWIK PATRYCJA	4129		CZĘSTOCHOWA	POL	OPEN K	39	K 39	01:23:57.75	01:23:57.75	8:23	7.1	
96	MAŁEK PAWEŁ	4142		RZESZÓW	POL	OPEN M	57	M 57	01:24:26.85	01:24:26.85	8:26	7.1	
97	SULIGA WIOLETTA	4138		SOSNOWIEC	POL	OPEN K	40	K 40	01:24:27.30	01:24:27.30	8:26	7.1	
98	TEREFENKO MARIA	4111	LEMKY HOROM!	POZNAŃ	POL	OPEN K	41	K 41	01:25:44.10	01:25:44.10	8:34	7	
99	HALAMA BEATA	4031		KRAKÓW	POL	OPEN K	42	K 42	01:25:56.25	01:25:56.25	8:35	7	

ŁEMKO TRAIL 10, OPEN c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Netto	Brutto	min/km	km/h
100	GRUCA JUSTYNA	4125		CHRZANÓW	POL	OPEN K	43	K 43	01:26:29.15	01:26:29.15	8:38	6.9
101	PAWLIK ANNA	4072	EURONIC	RUDA ŚLĄSKA	POL	OPEN K	44	K 44	01:26:38.20	01:26:38.20	8:39	6.9
102	BLICHARZ ARTUR	4007		OLPINY	POL	OPEN M	58	M 58	01:27:54.00	01:27:54.00	8:47	6.8
103	BLICHARZ AGNIESZKA	4008		OLPINY	POL	OPEN K	45	K 45	01:27:54.05	01:27:54.05	8:47	6.8
104	LADA PAWEŁ	4059	UKS FREE SPORTS BIELSKO-BIAŁA	BIELSKO-BIAŁA	POL	OPEN M	59	M 59	01:30:42.45	01:30:42.45	9:04	6.6
105	SALIŃSKI BARTOSZ	4137		KATOWICE	POL	OPEN M	60	M 60	01:30:57.75	01:30:57.75	9:05	6.6

ŁEMKO TRAIL 10, Open K

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Netto	Brutto	min/km	km/h
1	LIS-PASIONEK MAŁGORZATA	4062		LESKO	POL	OPEN K	1	K 1	00:47:02.85	00:47:02.85	4:42	12.8
2	SOBALA ALEKSANDRA	4146		WARSZAWA	POL	OPEN K	2	K 2	00:51:15.60	00:51:15.60	5:07	11.7
3	KULIGA KATARZYNA	4057		KROSNO	POL	OPEN K	3	K 3	00:51:47.10	00:51:47.10	5:10	11.6
4	BANASIK MONIKA	4004	KB ATHLETIC ZREČIN	PRUCHNIK	POL	OPEN K	4	K 4	00:52:59.25	00:52:59.25	5:17	11.3
5	ROZDZYŃSKA PATRYCJA	4084	AW SZYBCIEJ	POZNAŃ	POL	OPEN K	5	K 5	00:53:23.55	00:53:23.55	5:20	11.2
6	POPLAWSKA KAMILA	4078	RELENTLESS	OSTROWIEC ŚWIĘTOKRZYSKI	POL	OPEN K	6	K 6	00:53:57.95	00:53:57.95	5:23	11.1
7	SPYTKOWSKA KATARZYNA	4098		KRAKÓW	POL	OPEN K	7	K 7	00:57:30.70	00:57:30.70	5:45	10.4
8	MŁOCKA-GORCZYŃSKA MATYLDA	4133		WARSZAWA	POL	OPEN K	8	K 8	00:57:46.60	00:57:46.60	5:46	10.4
9	MARCZEWSKI MACIEJ	4143		KIELCE	POL	OPEN K	9	K 9	01:01:09.95	01:01:09.95	6:06	9.8
10	KIELAR-MIEZIN PATRYCJA	4044		KORCZYNA	POL	OPEN K	10	K 10	01:03:07.70	01:03:07.70	6:18	9.5
11	KNAP MARIOLA	4046	SANOK BIEGA	BRZOZÓW	POL	OPEN K	11	K 11	01:03:15.35	01:03:15.35	6:19	9.5
12	SAWICKA MARTA	4091	DWA KIJE W DĘBINIE KROŚCIENKO WYŻNE	KROŚCIENKO WYŻNE	POL	OPEN K	12	K 12	01:03:43.45	01:03:43.45	6:22	9.4
13	ZAWILIŃSKA MAGDALENA	4122		ODRZYKOŃ	POL	OPEN K	13	K 13	01:04:09.70	01:04:09.70	6:24	9.4
14	RÓG IWONA	4083		IWIERYCIE	POL	OPEN K	14	K 14	01:04:26.80	01:04:26.80	6:26	9.3
15	HYJEK NATALIA	4035		BOLESŁAWIEC	POL	OPEN K	15	K 15	01:06:22.40	01:06:22.40	6:38	9
16	BIENKOWSKI DOROTA	4140		RUDAWA WIELKA	POL	OPEN K	16	K 16	01:07:14.25	01:07:14.25	6:43	8.9
17	KANDEFER DANUTA	4041		KROSNO	POL	OPEN K	17	K 17	01:07:15.90	01:07:15.90	6:43	8.9
18	POLIWKI KATARZYNA	4076	BESKIDZKIE RYSIE RUNNING TEAM	JASŁO	POL	OPEN K	18	K 18	01:09:09.60	01:09:09.60	6:54	8.7
19	ONSCHIMKE-MARUROWICZ BARBARA	4135		KATOWICE	POL	OPEN K	19	K 19	01:09:28.60	01:09:28.60	6:56	8.6
20	MACIOŁEK OLIVIA	4063		ROPCZYCE	POL	OPEN K	20	K 20	01:09:44.95	01:09:44.95	6:58	8.6
21	SZPIŁYK NATALIA	4106		HACZÓW	POL	OPEN K	21	K 21	01:10:46.25	01:10:46.25	7:04	8.5
22	PITTNER MARTA	4074		RZESZÓW	POL	OPEN K	22	K 22	01:10:56.15	01:10:56.15	7:05	8.5
23	WIERZBICKA EWA	4116		NAGÓRZANY	POL	OPEN K	23	K 23	01:11:41.20	01:11:41.20	7:10	8.4
24	KOZIK AGNIESZKA	4054		GLIWICE	POL	OPEN K	24	K 24	01:11:47.45	01:11:47.45	7:10	8.4
25	GAŁKA IZABELA	4020		RZESZÓW	POL	OPEN K	25	K 25	01:11:57.30	01:11:57.30	7:11	8.3
26	SOŁTYS MAGDALENA	4096		KRAKÓW	POL	OPEN K	26	K 26	01:12:16.70	01:12:16.70	7:13	8.3
27	KIM RENATA	4134				OPEN K	27	K 27	01:12:53.15	01:12:53.15	7:17	8.2
28	SIOREK KATARZYNA	4094	WILK ULTRA TEAM	RZESZÓW	POL	OPEN K	28	K 28	01:12:53.65	01:12:53.65	7:17	8.2
29	GAŁKA OLA	4019	VEGERUNNERS	ŻMIGRÓD	POL	OPEN K	29	K 29	01:13:09.55	01:13:09.55	7:18	8.2
30	LAUZER ESTERA	4060		ŁAŃCUT	POL	OPEN K	30	K 30	01:14:37.45	01:14:37.45	7:27	8
31	SZUMLAŃSKA PAULINA	4107		BIADOLINY RADŁOWSKIE	POL	OPEN K	31	K 31	01:15:25.85	01:15:25.85	7:32	8
32	BOLEK MALGORZATA	4009		LUBLINIEC	POL	OPEN K	32	K 32	01:15:37.20	01:15:37.20	7:33	7.9
33	JANICKA AGNIESZKA	4038		KROSNO	POL	OPEN K	33	K 33	01:15:56.75	01:15:56.75	7:35	7.9
34	MAZUREK MARIA	4065		ZABIERZÓW	POL	OPEN K	34	K 34	01:16:09.60	01:16:09.60	7:36	7.9
35	JAKIEŁA WIKTORIA	4037		DUKLA	POL	OPEN K	35	K 35	01:17:22.45	01:17:22.45	7:44	7.8
36	KOWALCZYK KLAUDIA	4049		WARSZAWA	POL	OPEN K	36	K 36	01:19:44.50	01:19:44.50	7:58	7.5
37	SZAREK NATALIA	4103		CZARNOCHOWICE	POL	OPEN K	37	K 37	01:21:14.65	01:21:14.65	8:07	7.4
38	PUTZ-LESZCZYŃSKA JOANNA	4081	ASSECO ACTIVE TEAM	WARSZAWA	POL	OPEN K	38	K 38	01:22:29.10	01:22:29.10	8:14	7.3
39	CZERWIK PATRYCJA	4129		CZĘSTOCHOWA	POL	OPEN K	39	K 39	01:23:57.75	01:23:57.75	8:23	7.1
40	SULIGA WIOLETTA	4138		SOSNOWIEC	POL	OPEN K	40	K 40	01:24:27.30	01:24:27.30	8:26	7.1
41	TEREFENKO MARIA	4111	LEMKY HOROM!	POZNAŃ	POL	OPEN K	41	K 41	01:25:44.10	01:25:44.10	8:34	7
42	HALAMA BEATA	4031		KRAKÓW	POL	OPEN K	42	K 42	01:25:56.25	01:25:56.25	8:35	7
43	GRUCA JUSTYNA	4125		CHRZANÓW	POL	OPEN K	43	K 43	01:26:29.15	01:26:29.15	8:38	6.9
44	PAWLIK ANNA	4072	EURONIC	RUDA ŚLĄSKA	POL	OPEN K	44	K 44	01:26:38.20	01:26:38.20	8:39	6.9

ŁEMKO TRAIL 10, Open K c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Netto	Brutto	min/km	km/h
45	BLICHAZ AGNIESZKA	4008		OLPINY	POL	OPEN K	45	K 45	01:27:54.05	01:27:54.05	8:47	6.8

ŁEMKO TRAIL 10, Open M

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Netto	Brutto	min/km	km/h
1	BALIGA CEZARY	4002	TEAM HOKA GARMIN	OLEŚNO	POL	OPEN M	1	M 1	00:40:07.45	00:40:07.45	4:00	15
2	LEŚNIAK DAWID	4131		SANOK	POL	OPEN M	2	M 2	00:40:14.70	00:40:14.70	4:01	14.9
3	SZMIST SZYMON	4130	3 PODKARPACKA BRYGADA OBRONY TERYTORIALNEJ	SZCZEPAŃCOWA	POL	OPEN M	3	M 3	00:40:32.95	00:40:32.95	4:03	14.8
4	STANGRECIAK ADAM	4132	GÓROL Z MAZUR RUNING TEAM	ŁÓDŹ	POL	OPEN M	4	M 4	00:45:43.70	00:45:43.70	4:34	13.1
5	KULIGA SŁAWOMIR	4056	POSMAKUJ RUN TEAM	KROSNO	POL	OPEN M	5	M 5	00:45:55.00	00:45:55.00	4:35	13.1
6	JĘZYK MAREK	4039	MY ENDURANCE COACHING	KRAKÓW	POL	OPEN M	6	M 6	00:48:24.20	00:48:24.20	4:50	12.4
7	GAŚCZCZ KRZYSZTOF	4022		RZESZÓW	POL	OPEN M	7	M 7	00:48:36.35	00:48:36.35	4:51	12.3
8	DOMBROWSKI JAKUB	4016		WIĘCKOWICE	POL	OPEN M	8	M 8	00:48:44.10	00:48:44.10	4:52	12.3
9	PEŁDIAK MATEUSZ	4124	KB ATHLETIC ZRĘCIN / PAWKO RUNNER TEAM	KROSNO	POL	OPEN M	9	M 9	00:49:41.15	00:49:41.15	4:58	12.1
10	BANASIK KRZYSZTOF	4003	KB ATHLETIC ZRĘCIN	PRUCHNIK	POL	OPEN M	10	M 10	00:49:42.50	00:49:42.50	4:58	12.1
11	DOŁŻYCKI PAWEŁ	4015		KOMAŃCZA	POL	OPEN M	11	M 11	00:50:33.75	00:50:33.75	5:03	11.9
12	SYGNECKI JANUSZ	4139		RZESZÓW	POL	OPEN M	12	M 12	00:50:51.90	00:50:51.90	5:05	11.8
13	URBANIAK DANIEL	4114	GORCE DLA ZIELONYCH	NOWY TARG	POL	OPEN M	13	M 13	00:51:12.00	00:51:12.00	5:07	11.7
14	KOWALCZYK MICHAŁ	4051		WARSZAWA	POL	OPEN M	14	M 14	00:52:34.80	00:52:34.80	5:15	11.4
15	LESZCZYŃSKI MICHAŁ	4141		RUDAWA WIELKA	POL	OPEN M	15	M 15	00:53:15.75	00:53:15.75	5:19	11.3
16	STANEK SERGIUSZ	4144		STRYSZÓW	POL	OPEN M	16	M 16	00:54:15.35	00:54:15.35	5:25	11.1
17	GOLONKA DAWID	4024		JASŁO	POL	OPEN M	17	M 17	00:55:10.40	00:55:10.40	5:31	10.9
18	LABUT KRZYSZTOF	4058		KROSNO	POL	OPEN M	18	M 18	00:55:57.15	00:55:57.15	5:35	10.7
19	RYSIAK STANISŁAW	4089		KRAKÓW	POL	OPEN M	19	M 19	00:56:15.20	00:56:15.20	5:37	10.7
20	HAJKOWSKI KRZYSZTOF	4030		WĘGRÓW	POL	OPEN M	20	M 20	00:56:29.95	00:56:29.95	5:38	10.6
21	SZOPINSKI TADEUSZ	4105		BUDY GŁOGOWSKIE	POL	OPEN M	21	M 21	00:57:03.05	00:57:03.05	5:42	10.5
22	SAR WOJCIECH	4090	OTT RUNNING CLUB	GDAŃSK	POL	OPEN M	22	M 22	00:57:12.75	00:57:12.75	5:43	10.5
23	ZARZECKI STEFAN	4121	#NIEZESRAJSIE	WARSZAWA	POL	OPEN M	23	M 23	00:57:21.25	00:57:21.25	5:44	10.5
24	SPYTKOWSKI PATRYK	4099		KRAKÓW	POL	OPEN M	24	M 24	00:57:31.00	00:57:31.00	5:45	10.4
25	PADO MICHAŁ	4070	MAMWYBIEGANE WATAHA MTB RZEPEDŹ	RZEPEDŹ	POL	OPEN M	25	M 25	00:57:35.80	00:57:35.80	5:45	10.4
26	BANAŚ DARIUSZ	4005		PSTRĄGOWA	POL	OPEN M	26	M 26	00:57:38.15	00:57:38.15	5:45	10.4
27	RUTYNA DAWID	4088	KLUB PRZYJACIÓŁ MYSZKI MIKI	WYDRZA	POL	OPEN M	27	M 27	00:57:42.65	00:57:42.65	5:46	10.4
28	PROKOP DOMINIK	4079	GORLICKIE LWY / HOPSIA HOPSIA TEAM	GORLICE	POL	OPEN M	28	M 28	00:57:51.95	00:57:51.95	5:47	10.4
29	GANCZEWSKI PAWEŁ	4021		GRANICA	POL	OPEN M	29	M 29	00:57:57.15	00:57:57.15	5:47	10.4
30	MAZURKIEWICZ WOJCIECH	4145			POL	OPEN M	30	M 30	00:59:21.25	00:59:21.25	5:56	10.1
31	HARPULA WOJCIECH	4033		ZABIERZÓW	POL	OPEN M	31	M 31	00:59:39.60	00:59:39.60	5:57	10.1
32	GEMBALIK ŁUKASZ	4023		LISZNA	POL	OPEN M	32	M 32	01:00:40.15	01:00:40.15	6:04	9.9
33	PASIONEK BARTŁOMIEJ	4071		LESKO	POL	OPEN M	33	M 33	01:02:06.65	01:02:06.65	6:12	9.7
34	TARACIŃSKI MARCIN	4109	KAMIEŃ DWERNIK TRAIL	USTRZYKI DOLNE	POL	OPEN M	34	M 34	01:02:07.40	01:02:07.40	6:12	9.7
35	GORZKOWSKI JACEK	4025		KRAKÓW	POL	OPEN M	35	M 35	01:02:27.25	01:02:27.25	6:14	9.6
36	GORZKOWSKI WOJCIECH	4026		KRAKÓW	POL	OPEN M	36	M 36	01:02:54.00	01:02:54.00	6:17	9.5
37	HARASIMIUK BERNARD	4032	DEAF	RADZYMIN	POL	OPEN M	37	M 37	01:03:02.80	01:03:02.80	6:18	9.5
38	RUTYNA NIKODEM	4087		GRĘBÓW	POL	OPEN M	38	M 38	01:04:03.90	01:04:03.90	6:24	9.4
39	DENYSEWKO LECH	4136		KATOWICE	POL	OPEN M	39	M 39	01:04:36.30	01:04:36.30	6:27	9.3
40	MODZELEWSKI JANUSZ	4067	TEAM PRWDESIGN	WARSZAWA	POL	OPEN M	40	M 40	01:04:49.25	01:04:49.25	6:28	9.3
41	MERCIK ANDRZEJ	4066		ŁĘŻANY	POL	OPEN M	41	M 41	01:05:04.30	01:05:04.30	6:30	9.2
42	BARCZYK PRZEMYSŁAW	4006		LIBUSZA	POL	OPEN M	42	M 42	01:05:08.15	01:05:08.15	6:30	9.2
43	KOZIOŁ SYLWESTER	4055		KROSNO	POL	OPEN M	43	M 43	01:05:53.65	01:05:53.65	6:35	9.1
44	SIMANKOWICZ SEBASTIAN	4093		KRAKÓW	POL	OPEN M	44	M 44	01:06:14.25	01:06:14.25	6:37	9.1
45	CHAVDAROV YOSIF	4011		IWONICZ-ZDRÓJ	POL	OPEN M	45	M 45	01:06:47.95	01:06:47.95	6:40	9
46	WOJTAS BARTOSZ	4118		KRAKÓW	POL	OPEN M	46	M 46	01:07:06.15	01:07:06.15	6:42	8.9
47	KOPIEC PAWEŁ	4048		KRAKÓW	POL	OPEN M	47	M 47	01:07:30.30	01:07:30.30	6:45	8.9
48	NESTOROWICZ MAKSYMILIAN	4068	MAM WYBIEGANE	RZEPEDŹ	POL	OPEN M	48	M 48	01:11:34.05	01:11:34.05	7:09	8.4
49	SZAŁĘGA EMIL	4102	BIESZCZADZKA WATAHA MTB ADVENTURE RZEPEDŹ	RZEPEDŹ	POL	OPEN M	49	M 49	01:11:34.20	01:11:34.20	7:09	8.4

ŁEMKO TRAIL 10, Open M c.d.

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	Netto	Brutto	min/km	km/h
50	TAŻBIREK BOGUSŁAW	4110	KKM KALORYFER	KRAKÓW	POL	OPEN M	50	M 50	01:11:35.70	01:11:35.70	7:09	8.4
51	KOZIK BARTŁOMIEJ	4053		GLIWICE	POL	OPEN M	51	M 51	01:11:47.80	01:11:47.80	7:10	8.4
52	KĄŁOWSKI IREK	4040	K-ŁOSIE	NIEPORĘT	POL	OPEN M	52	M 52	01:14:11.75	01:14:11.75	7:25	8.1
53	DYJACH ŁUKASZ	4017	ASSECO ACTIVE TEAM	DĄBRÓWKI	POL	OPEN M	53	M 53	01:17:22.45	01:17:22.45	7:44	7.8
54	OLSZEWSKI ADRIAN	4069		WARSZAWA	POL	OPEN M	54	M 54	01:20:25.90	01:20:25.90	8:02	7.5
55	LESZCZYŃSKI LESZEK	4061		WARSZAWA	POL	OPEN M	55	M 55	01:22:10.60	01:22:10.60	8:13	7.3
56	MARCINIAK ANDRZEJ	4064		WARSZAWA	POL	OPEN M	56	M 56	01:23:49.05	01:23:49.05	8:22	7.2
57	MAŁEK PAWEŁ	4142		RZESZÓW	POL	OPEN M	57	M 57	01:24:26.85	01:24:26.85	8:26	7.1
58	BLICHARZ ARTUR	4007		OŁPINY	POL	OPEN M	58	M 58	01:27:54.00	01:27:54.00	8:47	6.8
59	LADA PAWEŁ	4059	UKS FREE SPORTS BIELSKO-BIAŁA	BIELSKO-BIAŁA	POL	OPEN M	59	M 59	01:30:42.45	01:30:42.45	9:04	6.6
60	SALIŃSKI BARTOSZ	4137		KATOWICE	POL	OPEN M	60	M 60	01:30:57.75	01:30:57.75	9:05	6.6