

XI ZIMOWY MARATON BIESZCZADZKI 2025 - 20KM

Organizator: Fundacja Bieg Rzeźnika
 Data: 2025-01-25
 Miejsce: Cisna
 Dystans: 22 km
 Klasyfikacja wg czasów brutto.



XI ZIMOWY MARATON BIESZCZADZKI 2025 - 20KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	12km	18km	Netto	Brutto	min/km	km/h
1	JACHYMIAK ROBERT	2168	ALPIN SPORT TEAM	NOWY TARG	POL	M40	1	M 1	00:19:24	00:50:15	01:17:01	01:38:58.65	01:39:00.25	4:23	13.6
2	PUC KRYSZTIAN	2213	@FRYZJER_BIEGA /LYDA MUSI PODAWAĆ	RZESZÓW	POL	M30	1	M 2	00:19:13	00:50:16	01:17:07	01:42:16.80	01:42:18.70	4:32	13.2
3	ŁOZA MATEUSZ	2212	BIEGAM BO LUBIĘ	GORZKÓW	POL	M30	2	M 3	00:20:55		01:25:32	01:51:13.95	01:51:16.85	4:56	12.1
4	KACZOR MIŁOSZ	2103	AZS UEK KRAKÓW	SANDOMIERZ	POL	M20	1	M 4	00:21:06	00:55:51	01:25:46	01:52:29.20	01:52:29.20	4:59	12
5	HEJNAR JAKUB	2158		SZCZEPAŃCOWA	POL	M40	2	M 5	00:21:43	00:56:13	01:26:43	01:53:42.65	01:53:47.90	5:03	11.9
6	HERZYK DAMIAN	2229	NATURALNA GENERACJA	BRENNA	POL	M30	3	M 6	00:22:40	00:58:11	01:28:53	01:53:46.05	01:53:49.10	5:03	11.9
7	GOLEC IRENEUSZ	2102	ANIA HALSKA COACHING / RUCH IZBICA	KRASNYSTAW	POL	M40	3	M 7	00:22:32	00:58:33	01:28:50	01:54:07.80	01:54:11.40	5:04	11.8
8	BOLANOWSKI JAKUB	2138	FINISZ RYMANÓW	RYMANÓW	POL	M30	4	M 8	00:22:03	00:56:29	01:26:49	01:54:15.60	01:54:17.40	5:04	11.8
9	MIKOŁAJCZUK GRZEGORZ	2112	YULO RUN TEAM SIEDLCE	ZBUCZYN	POL	M40	4	M 9	00:21:49	00:56:09	01:26:23	01:54:27.40	01:54:28.55	5:05	11.8
10	JACHIMOWSKI JAROSŁAW	2253	SANOK BIEGA	SANOK	POL	M40	5	M 10	00:22:43	00:58:17	01:29:42	01:55:44.45	01:55:50.95	5:08	11.7
11	DULSKA ADRIANNA	2180		BRENNA	POL	K30	1	K 1	00:22:54	00:59:11	01:30:07	01:56:15.00	01:56:17.70	5:10	11.6
12	MUCHA GRZEGORZ	2233	SOKÓŁ	CHLOPICE	POL	M40	6	M 11	00:21:46	00:56:29	01:26:52	01:56:36.80	01:56:40.10	5:10	11.6
13	WĘGLIŃSKI MIKOŁAJ	2216		JAROCIN	POL	M30	5	M 12	00:21:49	00:57:49	01:28:37	01:57:12.80	01:57:37.85	5:12	11.5
14	DMITRZAK MICHAŁ	2214		SANOK	POL	M50	1	M 13	00:23:07	00:59:10	01:30:33	01:58:14.30	01:58:19.45	5:15	11.4
15	BAJSAROWICZ MARLENA	2089	STAJNIAK TEAM	JELCZ-LASKOWICE	POL	K20	1	K 2	00:22:50	00:59:10	01:30:48	01:58:25.35	01:58:30.00	5:15	11.4
16	SZCZUDRAWA DARIUSZ	2088		NOWA DĘBA	POL	M40	7	M 14	00:23:22	00:59:16	01:30:06	01:59:56.00	01:59:59.65	5:19	11.3
17	KRAWCZYK WOJCIECH	2057		MYŚLENICE	POL	M20	2	M 15	00:23:48	01:00:16	01:30:43	01:59:53.30	02:00:05.05	5:19	11.3
18	PTAK MATEUSZ	2076	TRAIL IS OUR WAY	NIENASZÓW	POL	M40	8	M 16	00:23:34	01:01:02	01:32:59	02:00:26.45	02:00:30.70	5:21	11.2
19	PODGÓRNIK ADAM	2120	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	JAROSŁAW	POL	M40	9	M 17	00:23:33	01:00:37	01:32:15	02:00:53.10	02:00:57.95	5:22	11.2
20	STREIT TOMASZ	2049	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	JAROSŁAW	POL	M40	10	M 18	00:22:26	00:58:30	01:29:45	02:01:13.85	02:01:18.25	5:23	11.1
21	PIERZ SŁAWOMIR	2226		ISKRZYŃNIA	POL	M40	11	M 19	00:24:03	01:01:26	01:33:58	02:02:26.60	02:02:35.45	5:26	11
22	KURCEWICZ PAWEŁ	2196		WROCŁAW	POL	M30	6	M 20	00:24:13	01:01:56	01:34:43	02:04:28.05	02:04:36.55	5:31	10.8
23	GAC MARIUSZ	2107		PILAWA	POL	M40	12	M 21	00:24:04	01:01:30	01:33:32	02:04:55.50	02:05:14.15	5:33	10.8
24	BOCHENEK MAGDALENA	2260			POL	K30	2	K 3	00:22:51	01:00:58	01:35:26	02:05:30.10	02:05:32.50	5:34	10.8
25	KRZEMIŃSKI MARCIN	2141		LUBLIN	POL	M40	13	M 22	00:24:38	01:03:54	01:38:01	02:05:33.15	02:05:39.30	5:34	10.8
26	DÓMARECKI PAWEŁ	2160	STOPKA PILAWA	PILAWA	POL	M40	14	M 23	00:24:31	01:02:02	01:35:19	02:07:36.05	02:07:54.35	5:40	10.6
27	GUDOWSKI KRYSZTIAN	2239		SANOK	POL	M40	15	M 24	00:23:44	01:01:39	01:35:55	02:07:40.85	02:07:58.65	5:40	10.6
28	PLAZIAK-KOWALSKA MAGDALENA	2105	2K	LIBERTÓW	POL	K40	1	K 4	00:24:04	01:03:17	01:37:59	02:08:44.85	02:08:52.95	5:43	10.5
29	WALANIA KINGA	2258			POL	K40	2	K 5	00:23:23	01:02:07	01:36:33	02:09:03.35	02:09:07.75	5:44	10.5
30	TUCZAPSKI PIOTR	2232	CARPATHIAN RUNNERS	RUDNA MAŁA	POL	M30	7	M 25	00:24:16	01:03:07	01:38:26	02:09:33.05	02:09:38.60	5:45	10.4
31	KUPKA DAWID	2101	RUNNEROS	NOWY SĄCZ	POL	M30	8	M 26	00:23:50	01:02:37	01:37:48	02:10:15.40	02:10:15.40	5:47	10.4
32	CIELAK EWELINA	2237	FEEGAR POLSKA	BRZEŻNICA	POL	K30	3	K 6	00:23:19	01:00:13	01:32:46	02:10:14.70	02:10:28.30	5:47	10.4
33	MIKUS MATEUSZ	2207	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	CHOTYŃNIEC	POL	M40	16	M 27	00:22:52	01:00:32	01:32:35	02:10:47.80	02:10:52.30	5:48	10.3
34	SZABLAN WIOLETTA	2046	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	JAROSŁAW	POL	K40	3	K 7	00:24:56	01:04:14	01:39:16	02:10:54.55	02:10:59.70	5:49	10.3
35	STAŃKO PAWEŁ	2190		LUTOWISKA	POL	M40	17	M 28	00:24:09	01:03:18	01:37:53	02:11:29.50	02:11:34.65	5:50	10.3
36	PLEWA RAFAŁ	2129		JADOWNIKI	POL	M40	18	M 29	00:24:50	01:04:31	01:39:09	02:11:46.65	02:11:59.75	5:51	10.2
37	DROZDOWSKI RADOSŁAW	2094	USERX INFORMATYKA	LACK	POL	M40	19	M 30	00:25:53	01:05:47	01:40:07	02:11:40.90	02:12:12.45	5:51	10.3
38	CIELAK KRYSZTIAN	2236	FEEGAR POLSKA	BRZEŻNICA	POL	M40	20	M 31	00:24:06	01:02:55	01:37:46	02:12:59.90	02:13:13.60	5:54	10.2
39	ZADROŻNY SŁAWOMIR	2241		LIPÓWKI	POL	M60	1	M 32	00:26:11	01:06:01	01:41:45	02:13:56.50	02:14:15.45	5:57	10.1
40	ULMAN MICHAŁ	2146		ŁAŃCUT	POL	M30	9	M 33	00:27:43	01:07:29	01:42:36	02:14:56.05	02:14:56.05	5:59	10

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	12km	18km	Netto	Brutto	min/km	km/h
41	JONCZAK RADOSŁAW	2066	AKTYWNIĘ UZALEŻNIAMY PŁOCK	PŁOCK	POL	M50	2	M 34	00:25:56	01:06:13	01:42:31	02:15:07.60	02:15:41.00	6:00	10
42	KACZOR LECH	2084		PRZEMYŚL	POL	M40	21	M 35	00:26:37	01:09:06	01:44:36	02:16:49.70	02:16:58.05	6:04	9.9
43	PEREGRYM TOBIASZ	2256			POL	M40	22	M 36	00:24:23	01:06:42	01:43:35	02:17:19.20	02:17:28.00	6:06	9.8
44	SZCZUREK PAWEŁ	2121		DUKLA	POL	M50	3	M 37	00:24:57	01:05:26	01:43:46	02:17:59.05	02:18:04.25	6:07	9.8
45	ŻMUDA BARBARA	2022		NOWA DĘBA	POL	K30	4	K 8	00:28:35	01:12:02	01:51:22	02:18:11.40	02:18:58.00	6:08	9.8
46	GRABOWSKI BARTOSZ	2096		WARSZAWA	POL	M30	10	M 38	00:28:24	01:11:23	01:48:02	02:19:44.75	02:20:01.70	6:12	9.7
47	CIEŚLA KRZYSZTOF	2016		RZESZÓW	POL	M40	23	M 39	00:26:35	01:07:13	01:43:59	02:21:26.05	02:21:38.65	6:17	9.5
48	ZMYSŁOWSKI MAREK	2191		LUBLIN	POL	M40	24	M 40	00:28:22	01:11:54	01:50:23	02:21:13.65	02:21:56.00	6:16	9.6
49	KITOWSKI BARTOSZ	2177	GŁOGOVIA 1925 GŁOGÓW MAŁOPOLSKI	GŁOGÓW MAŁOPOLSKI	POL	M40	25	M 41	00:26:38	01:10:41	01:47:41	02:21:55.15	02:22:04.30	6:18	9.5
50	SOWA BOGUSŁAW	2200	#SZLACHTABIEGA	RZESZÓW	POL	M40	26	M 42	00:26:16	01:10:41	01:48:21	02:22:11.10	02:22:20.95	6:19	9.5
51	NOWAK KATARZYNA	2019	#BASIATEAM	LUBLIN	POL	K30	5	K 9	00:26:39	01:09:58	01:48:23	02:22:25.10	02:22:43.75	6:19	9.5
52	BOROWSKI GRZEGORZ	2166	STOPKA PILAWA	PILAWA	POL	M20	3	M 43	00:26:30	01:11:41	01:51:23	02:22:24.10	02:22:47.00	6:19	9.5
53	KROK DAMIAN	2090		LINÓW	POL	M30	11	M 44	00:27:57	01:11:53	01:51:25	02:22:27.60	02:22:50.00	6:19	9.5
54	SVITA BEATA	2175	SZLACHTABIEGA, URZĄD MIASTA RZESZOWA	RZESZÓW	POL	K40	4	K 10	00:28:08	01:11:24	01:49:18	02:22:45.25	02:22:55.60	6:20	9.5
55	KRET RAFAŁ	2176	NOCNY	RZESZÓW	POL	M40	27	M 45	00:28:09	01:11:25	01:49:16	02:22:45.65	02:22:56.00	6:20	9.5
56	SOLIŃSKA MAGDALENA	2073		JANKOWICE	POL	K40	5	K 11	00:26:22	01:07:17	01:44:48	02:22:56.15	02:23:00.80	6:21	9.4
57	PYTEL WALDEMAR	2041	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M60	2	M 46	00:27:08	01:10:40	01:49:09	02:22:50.30	02:23:02.95	6:20	9.5
58	OSZYWA DAMIAN	2125		KIELCE	POL	M40	28	M 47	00:27:20	01:11:57	01:49:23	02:23:28.90	02:23:37.10	6:22	9.4
59	PAPROCKI PAWEŁ	2070	PAPROSZKI	GDAŃSK	POL	M40	29	M 48	00:28:08	01:11:26	01:48:16	02:23:08.25	02:23:49.20	6:21	9.4
60	SĄŁUGA BARTŁOMIEJ	2037	HARPAGAN SOSNOWIEC	SOSNOWIEC	POL	M40	30	M 49	00:28:46	01:14:18	01:50:53	02:23:37.25	02:24:01.10	6:22	9.4
61	PARYS PIOTR	2018		LUBNIANY	POL	M30	12	M 50	00:27:58	01:12:17	01:50:08	02:23:44.35	02:24:15.00	6:23	9.4
62	GŁOWACKA MARTA	2222		KRAKÓW	POL	K30	6	K 12	00:27:17	01:11:29	01:51:07	02:24:20.45	02:24:24.35	6:24	9.4
63	POPKOWSKI ADAM	2143		RZEPIN	POL	M30	13	M 51	00:27:33	01:10:29	01:48:49	02:24:01.15	02:24:30.15	6:24	9.4
64	GRACZYK DAMIAN	2220		WYSOKA	POL	M40	31	M 52	00:28:45	01:12:29	01:51:31	02:25:43.00	02:25:43.00	6:28	9.3
65	MICHNO MAŁGORZATA	2083	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	PEŁKINIE	POL	K40	6	K 13	00:27:05	01:11:16	01:50:17	02:25:39.25	02:25:43.60	6:28	9.3
66	ZAGAŁA ANETA	2134	HARPAGAN SOSNOWIEC	SOSNOWIEC	POL	K40	7	K 14	00:28:12	01:13:44	01:50:18	02:24:46.50	02:25:44.50	6:26	9.3
67	KARPIŃSKI PAWEŁ	2042	STOPKA PILAWA	PILAWA	POL	M40	32	M 53	00:26:10	01:07:07	01:43:06	02:25:25.40	02:25:45.80	6:27	9.3
68	ZYCH RAFAŁ	2157	NAJGORSZY JEST WIATR	SANDOMIERZ	POL	M40	33	M 54	00:28:45	01:10:58	01:48:15	02:25:09.00	02:25:47.15	6:27	9.3
69	JOP MARTA	2045	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	JAROSŁAW	POL	K40	8	K 15	00:27:16	01:11:26	01:50:17	02:25:55.75	02:26:01.30	6:29	9.3
70	DRAŻEK SŁAWOMIR	2202		FAJSŁAWICE	POL	M50	4	M 55	00:27:31	01:16:44	01:58:18	02:26:48.70	02:26:58.00	6:31	9.2
71	KORONA DANIEL	2255	OZON BRZOSÓW	BRZOSÓW	POL	M40	34	M 56	00:28:25	01:11:07	01:51:13	02:26:58.35	02:27:24.95	6:31	9.2
72	FANTA ZDENEK	2171		OLOMOUC	CZE	M40	35	M 57	00:28:27	01:13:07	01:52:54	02:28:19.75	02:28:54.25	6:35	9.1
73	RUSIN GRZEGORZ	2133	G-K RUNNING TEAM	RZESZÓW	POL	M30	14	M 58	00:29:23	01:14:03	01:53:39	02:28:28.25	02:29:02.15	6:35	9.1
74	TULIK PRZEMYSŁAW	2104		WARSZAWA	POL	M50	5	M 59	00:27:40	01:12:30	01:51:29	02:28:50.60	02:29:33.35	6:36	9.1
75	BARANSKI JAREK	2263			POL	M30	15	M 60	00:28:28	01:18:34	01:54:42	02:29:19.90	02:30:09.45	6:38	9
76	CZARNECKI KONRAD	2013		RADOM	POL	M30	16	M 61	00:28:24	01:18:34	01:55:45	02:29:20.60	02:30:10.10	6:38	9
77	GOLEC ANNA	2173	VEGE RUNNERS / RUCH IZBICA	KRASNYSTAW	POL	K30	7	K 16	00:31:00	01:15:37	01:53:50	02:29:49.95	02:30:24.90	6:39	9
78	BUNDA KAROL	2091		WARSZAWA	POL	M30	17	M 62	00:28:40	01:14:15	01:54:09	02:30:28.45	02:30:46.75	6:41	9
79	STECKO RADOSŁAW	2184		UJEZNA	POL	M30	18	M 63	00:29:15	01:14:09	01:53:27	02:30:28.85	02:30:59.20	6:41	9
80	FRENDO BARTŁOMIEJ	2181		RZESZÓW	POL	M40	36	M 64	00:29:17	01:14:10	01:53:28	02:30:29.75	02:30:59.65	6:41	9
81	WRZESZCZ ŁUKASZ	2136	HOSTEN RUNNING TEAM	GROSZOWICE	POL	M40	37	M 65	00:27:25	01:12:01	01:51:50	02:31:28.25	02:31:45.95	6:43	8.9
82	CELMER PIOTR	2197		WARSZAWA	POL	M40	38	M 66	00:27:41	01:15:44	01:57:47	02:31:41.70	02:31:48.80	6:44	8.9
83	URBAŃSKI KRZYSZTOF	2116		KRAKÓW	POL	M40	39	M 67	00:28:49	01:21:33	01:57:53	02:32:20.90	02:32:27.95	6:46	8.9
84	TOPYŁA ALICJA	2130	S5 WAT	ŻABNO	POL	K20	2	K 17	00:31:15	01:17:37	01:57:46	02:31:57.55	02:32:42.00	6:45	8.9
85	RADWAŃSKA JUSTYNA	2186		ŁÓDŹ	POL	K40	9	K 18	00:29:51	01:16:28	01:55:03	02:32:25.30	02:33:01.95	6:46	8.9
86	WRÓBEL BARBARA	2224	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	K40	10	K 19	00:30:01	01:16:01	01:55:42	02:33:36.95	02:33:46.50	6:49	8.8
87	WRÓBEL KRZYSZTOF	2225	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	M40	40	M 68	00:30:01	01:16:01	01:55:41	02:33:36.75	02:33:46.65	6:49	8.8
88	KARCZMARCZYK ALBERT	2131		LUBLIN	POL	M30	19	M 69	00:29:28	01:14:47	01:55:54	02:34:13.85	02:34:39.80	6:51	8.8
89	WDOWIARZ JERZY	2142	AL METRO	RZESZÓW	POL	M40	41	M 70	00:27:08	01:11:04	01:51:47	02:33:55.40	02:34:41.85	6:50	8.8
90	WĘGŁOWSKI EMIL	2148		LIPSKO	POL	M30	20	M 71	00:28:34	01:15:16	01:55:56	02:34:23.55	02:34:46.75	6:51	8.7
91	OCHYRA KRZYSZTOF	2231		LESKO	POL	M60	3	M 72	00:29:24	01:16:37	01:57:22	02:34:55.95	02:35:14.00	6:53	8.7
92	STRZELCZYK MARTA	2217	KUŹNIA TRIATHLONU	CZĘSTOCHOWA	POL	K30	8	K 20	00:32:11	01:20:04	01:57:48	02:34:58.45	02:35:30.00	6:53	8.7
93	KRUPA WERONIKA	2165	#SZLACHTABIEGA	RZESZÓW	POL	K30	9	K 21	00:29:22	01:16:57	01:58:27	02:35:15.30	02:35:38.60	6:54	8.7

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94	MALCZEWSKI ROBERT	2123		WARSZAWA	POL	M50	6	M 73	00:28:44	01:15:09	01:55:17	02:34:29.90	02:35:45.50	6:51	8.7
95	CIUPIŃSKA MAGDALENA	2192	#SZLACHTABIEGA	OSTRÓW	POL	K40	11	K 22	00:29:48	01:17:25	01:59:23	02:35:37.35	02:36:00.90	6:54	8.7
96	PITALA PAWEŁ	2124		KRAKÓW	POL	M30	21	M 74	00:32:00	01:20:11	02:01:58	02:35:50.05	02:36:03.45	6:55	8.7
97	MAKA WOJCIECH	2223	KAZIKI	GRANICA	POL	M40	42	M 75	00:28:01	01:14:57	01:57:51	02:36:28.60	02:36:34.05	6:57	8.6
98	PLUCIŃSKI JAKUB	2167	DRAGON RUNNERS	KRAKÓW	POL	M30	22	M 76				02:36:58.00	02:36:58.00	6:58	8.6
99	ŁUPIŃSKI ADAM	2183		WARSZAWA	POL	M40	43	M 77	00:30:39	01:17:26	01:58:20	02:36:00.20	02:37:07.90	6:56	8.7
100	KOBYLARCZYK SEBASTIAN	2211	NINE INCH SNAILS	20-109	POL	M40	44	M 78	00:30:13	01:17:36	01:57:38	02:36:57.25	02:37:30.00	6:58	8.6
101	SZUMIGALSKI TOMASZ	2122		KRAKÓW	POL	M40	45	M 79	00:30:22	01:18:44	01:59:23	02:37:20.80	02:37:46.80	6:59	8.6
102	CHMURKO MICHAŁ	2059	BLACKSHEEPTeam	ŻERNICA	POL	M40	46	M 80	00:29:23	01:17:42	01:59:09	02:37:39.25	02:38:17.40	7:00	8.6
103	KMAK ANETA	2251	LUBARTOWSKI BEERGACZ	LUBARTÓW	POL	K40	12	K 23	00:31:41	01:20:59	02:00:58	02:38:12.45	02:38:25.05	7:01	8.5
104	KOIS EWA	2201	#SZLACHTABIEGA	SAMOKLESKI	POL	K20	3	K 24	00:29:35	01:18:31	02:01:06	02:38:20.60	02:38:43.55	7:02	8.5
105	ŚRODA KRZYSZTOF	2097	SKI MAJA TEAM	RZESZÓW	POL	M50	7	M 81	00:30:47	01:21:09	02:04:10	02:40:10.60	02:40:39.60	7:07	8.4
106	PLODZIEN MARIUSZ	2095	MAJA SKI TEAM		POL	M50	8	M 82	00:30:48	01:21:10	02:04:12	02:40:12.65	02:40:40.50	7:07	8.4
107	GADZAŁA STANISŁAW	2208	LUBARTOWSKI BEERGACZ	LUBARTÓW	POL	M40	47	M 83	00:31:41	01:20:59	02:00:55	02:41:51.35	02:42:06.70	7:11	8.3
108	KĘDRA AGNIESZKA	2172	CARPATHIAN RUNNERS	RZESZÓW	POL	K30	10	K 25	00:29:03	01:17:17	01:59:49	02:42:05.15	02:42:16.15	7:12	8.3
109	TOPA MICHAŁ	2199	ITMBW KRAKÓW	KRAKÓW	POL	M30	23	M 84	00:31:29	01:20:10	02:03:08	02:41:59.35	02:42:28.10	7:11	8.3
110	MACIEJEWSKI ARTUR	2085		WETLINA	POL	M50	9	M 85	00:31:52	01:22:43	02:04:20	02:42:13.85	02:42:32.50	7:12	8.3
111	STANEK PAWEŁ	2126	SPISKA GRUPA BIEGOWA	KRAKOW	POL	M40	48	M 86	00:28:59	01:16:27	02:00:40	02:42:55.60	02:43:29.30	7:14	8.3
112	KMAK WOJCIECH	2025	LUBARTOWSKI BEERGACZ	LUBARTÓW	POL	M40	49	M 87	00:31:39	01:20:58	02:00:58	02:43:16.40	02:43:31.20	7:15	8.3
113	KRUPA GRZEGORZ	2264			POL	M50	10	M 88	00:31:55	01:22:55	02:06:23	02:43:30.40	02:44:13.60	7:16	8.3
114	WYSOCKA IWONA	2093	G-K RUNNING TEAM	LEŻAJSK	POL	K40	13	K 26	00:30:10	01:17:58	01:59:29	02:43:53.45	02:44:25.80	7:17	8.2
115	KACZMARCZYK MARIUSZ	2002	REXER	KOLONOWSKIE	POL	M50	11	M 89	00:31:38	01:20:39	02:04:22	02:44:36.35	02:44:47.50	7:18	8.2
116	KRÓL PAWEŁ	2254	OZON BRZOZÓW	BRZOZÓW	POL	M50	12	M 90	00:30:44	01:19:31	02:03:00	02:44:21.15	02:44:48.60	7:18	8.2
117	ZIELIŃSKI DAMIAN	2161	STOPKA PILAWA	PILAWA	POL	M40	50	M 91	00:28:23	01:11:56	01:51:44	02:45:04.40	02:45:26.05	7:20	8.2
118	ZIELSKA ELŻBIETA	2004		GLIWICE	POL	K30	11	K 27	00:31:04	01:23:24	02:07:25	02:45:31.15	02:45:37.60	7:21	8.2
119	GRĘBOWIEC AGNIESZKA	2067	BIEGOWE CZWARTKI	TARNOBRZEG	POL	K40	14	K 28	00:29:16	01:19:15	02:02:47	02:45:43.55	02:45:48.40	7:21	8.1
120	KRUPA JACEK	2195	LEBIODA RUNNING TEAM	RUDA	POL	M50	13	M 92	00:29:24	01:18:56	02:02:32	02:45:40.20	02:46:08.30	7:21	8.1
121	POLIKOWSKA-WYZINA BASIA	2252		WROCŁAW	POL	K40	15	K 29	00:30:22	01:19:46	02:04:36	02:45:26.35	02:46:16.80	7:21	8.2
122	OLENDER KAROL	2243		LUBARTÓW	POL	M30	24	M 93	00:31:35	01:22:41	02:05:34	02:46:09.15	02:46:25.80	7:23	8.1
123	WYGONOWSKI JACEK	2040	DZIKUR CREW	WARSZAWA	POL	M50	14	M 94	00:28:16	01:19:15	02:01:45	02:46:27.50	02:47:00.05	7:23	8.1
124	OSINA KATARZYNA	2100		ŚWIDNIK	POL	K40	16	K 30	00:31:22	01:20:52	02:06:14	02:46:38.10	02:47:08.45	7:24	8.1
125	JASTRZĘBSKI RAFAŁ	2050		KOMAŃCZA	POL	M20	4	M 95	00:28:00	01:16:56	02:01:11	02:48:04.50	02:48:14.85	7:28	8
126	GOLEŃ JUSTYNA	2227		KRAŚNIK	POL	K40	17	K 31	00:30:58	01:23:17	02:08:16	02:48:23.55	02:48:55.60	7:29	8
127	LEWCZUK NORBERT	2250	BIEGACZE POMAGACZE	ŁOSICE	POL	M40	51	M 96	00:31:22	01:23:07	02:07:06	02:48:28.55	02:49:00.05	7:29	8
128	SZYMAŃSKI SZYMON	2164		SOSNOWIEC	POL	M30	25	M 97	00:35:26	01:26:31	02:11:21	02:48:25.90	02:49:02.20	7:29	8
129	MAKOWSKI SZYMON	2082		GORLICE	POL	M20	5	M 98	00:35:04	01:25:34	02:09:54	02:48:22.00	02:49:03.20	7:28	8
130	ZYCH PIOTR	2154		HERBY	POL	M30	26	M 99	00:29:00	01:18:30	02:04:05	02:48:41.80	02:49:12.20	7:29	8
131	POPEK KASIA	2009		ŁĘCZNA	POL	K20	4	K 32	00:32:13	01:24:25	02:11:07	02:49:32.75	02:49:52.25	7:32	8
132	NAZIMEK LILIANA	2221	VISEGRAD MARATON RYTRO	NOWY SĄCZ	POL	K50	1	K 33	00:31:18	01:21:02	02:07:56	02:49:57.45	02:50:05.10	7:33	7.9
133	MIRKOWSKI FRANCISZEK	2230		PIASECZNO	POL	M20	6	M 100	00:32:01	01:27:25	02:10:21	02:49:34.65	02:50:06.70	7:32	8
134	ZEGAR BARBARA	2001		LUBARTÓW	POL	K50	2	K 34	00:31:39	01:24:20	02:09:28	02:49:59.95	02:50:11.80	7:33	7.9
135	DOLECKA ELŻBIETA	2055	NKB CHYŻY	NOWY TOMYŚL	POL	K50	3	K 35	00:31:49	01:23:24	02:09:11	02:50:30.35	02:50:40.35	7:34	7.9
136	RZEŃNIK ELA	2198		LUBLIN	POL	K40	18	K 36	00:31:58	01:24:49	02:10:37	02:51:17.60	02:51:29.25	7:36	7.9
137	GROCHOWSKA DARIA	2007		WARSZAWA	POL	K40	19	K 37	00:31:41	01:26:43	02:08:31	02:51:34.70	02:52:04.80	7:37	7.9
138	NOWAK MICHAŁ	2021		LUBLIN	POL	M40	52	M 101	00:31:10	01:18:42	02:03:34	02:51:32.35	02:52:08.45	7:37	7.9
139	KACZMAREK MONIKA	2152	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	K40	20	K 38	00:32:13	01:23:24	02:09:10	02:53:45.50	02:53:55.10	7:43	7.8
140	MALEC KRYSZTIAN	2081		LUBLIN	POL	M40	53	M 102	00:31:38	01:22:48	02:09:10	02:54:14.00	02:54:31.35	7:44	7.7
141	WYSOCKI BARTOSZ	2092	G-K RUNNING TEAM	LEŻAJSK	POL	M40	54	M 103	00:29:18	01:15:18	01:58:08	02:55:11.70	02:55:43.65	7:47	7.7
142	TOKARZ ROBERT	2215		TARNÓW	POL	M50	15	M 104				02:55:58.00	02:55:58.00	7:49	7.7
143	KORZENIEWSKI PIOTR	2014		NOWY DWÓR MAZOWIECKI	POL	M40	55	M 105	00:35:40	01:30:16	02:16:44	02:55:33.50	02:56:16.75	7:48	7.7
144	PURGAŁ DARIA	2078		WARSZAWA	POL	K30	12	K 39	00:32:39	01:28:10	02:15:06	02:55:26.55	02:56:20.00	7:47	7.7
145	NAKONIECZNY JACEK	2077		LUBLIN	POL	M30	27	M 106	00:33:29	01:28:12	02:15:07	02:55:41.20	02:56:34.35	7:48	7.7
146	BRZEZIŃSKI BARTŁÓMIJ	2248		LESKO	POL	M40	56	M 107				02:56:58.00	02:56:58.00	7:51	7.6
147	NOWIŃSKI ARTUR	2155		PRUSZKÓW	POL	M30	28	M 108	00:34:29		02:17:43	02:56:31.10	02:57:17.80	7:50	7.6
148	KIERASIŃSKA DOROTA	2265			POL	K40	21	K 40	00:33:28	01:29:19	02:14:47	02:57:05.20	02:57:21.15	7:52	7.6
149	BURACZYŃSKA SANDRA	2051		WROCŁAW	POL	K30	13	K 41	00:34:05	01:28:10	02:14:06	02:56:36.05	02:57:25.20	7:50	7.6
150	RATAJCZAK ARKADIUSZ	2234		ŁAŃCUT	POL	M20	7	M 109	00:29:23	01:22:36	02:10:42	02:57:43.65	02:57:46.55	7:53	7.6

XI ZIMOWY MARATON BIESZCZADZKI 2025 - 20KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	12km	18km	Netto	Brutto	min/km	km/h
151	SIUDEJA IZA	2156		POLKOWICE	POL	K40	22	K 42	00:32:26	01:31:38	02:16:38	02:57:45.40	02:58:12.05	7:54	7.6
152	DZIERBICKI JAN	2228		ŁÓDŹ	POL	M20	8	M 110	00:35:24	01:30:19	02:16:58	02:58:09.20	02:58:46.45	7:55	7.6
153	GIEROBA BARTOSZ	2209	TRUTEŃ ATHLETICS	LUBLIN	POL	M30	29	M 111	00:37:13	01:34:35	02:20:20	03:00:05.80	03:00:31.30	8:00	7.5
154	KOCYBA MARCIN	2188		WARSZAWA	POL	M30	30	M 112	00:29:42	01:25:47	02:15:55	03:01:05.00	03:01:41.20	8:02	7.5
155	WŁODARCZYK ALICJA	2052		WROCŁAW	POL	K30	14	K 43	00:36:38	01:34:41	02:19:05	03:01:08.40	03:01:59.40	8:03	7.5
156	MOŁDOCH-CHLEBOROWICZ AGNIESZKA	2056		WROCŁAW	POL	K40	23	K 44	00:36:41	01:31:13	02:19:00	03:01:32.45	03:02:22.60	8:04	7.4
157	NYCZ MICHAŁ	2063	NYLUDENT PROFESJONALNE OCHRANIACZE NA ZĘBY	RZESZÓW	POL	M30	31	M 113	00:35:05	01:32:32	02:19:13	03:03:20.30	03:03:59.20	8:08	7.4
158	NYCZ EDYTA	2064		RZESZÓW	POL	K30	15	K 45	00:35:06	01:32:34	02:19:21	03:03:23.15	03:04:00.10	8:09	7.4
159	TYLUTKI-RUSIN JOANNA	2235		RZESZÓW	POL	K40	24	K 46	02:17:53			03:04:56.75	03:04:56.75	8:13	7.3
160	RADWAŃSKI ADAM	2187		ŁÓDŹ	POL	M30	32	M 114	00:35:23	01:30:17	02:20:39	03:04:33.05	03:05:10.90	8:12	7.3
161	SZYSZ ALINA	2038	GRUPA BIEGACZY SKÓRZEC BIEGA	SIEDLCE	POL	K40	25	K 47	00:33:02	01:30:34	02:20:16	03:05:03.80	03:05:25.90	8:13	7.3
162	BOŹEK ALEKSANDRA	2266			POL	M30	33	M 115	00:33:28	01:29:18	02:14:44	03:05:45.20	03:06:01.40	8:15	7.3
163	WOJTYŁA BARTOSZ	2151		WARSZAWA	POL	M30	34	M 116	00:32:16	01:35:49	02:19:55	03:05:38.95	03:06:10.80	8:15	7.3
164	MILCZAREK KINGA	2068			POL	K30	16	K 48	00:33:50	01:27:31	02:16:53	03:06:30.30	03:06:49.20	8:17	7.2
165	KUC DANIEL	2010	ZABIEGANY WOŁOMIN	ZIELONKA	POL	M40	57	M 117	00:33:36	01:31:35	02:19:56	03:06:36.05	03:07:16.85	8:17	7.2
166	GRAL PIOTR	2178	WŁÓCZYMORDY		POL	M30	35	M 118	00:37:29	01:33:46	02:24:09	03:07:36.90	03:07:36.90	8:20	7.2
167	KRÓL MICHAŁ	2193		NOWY JADÓW	POL	M40	58	M 119	00:31:45	01:30:43	02:19:45	03:07:28.50	03:07:43.95	8:19	7.2
168	KRÓL EWA	2194		NOWY JADÓW	POL	K30	17	K 49	00:31:45	01:30:43	02:19:45	03:07:27.90	03:07:44.15	8:19	7.2
169	ZIÓLKOWSKA KAROLINA	2149		WARSZAWA	POL	K30	18	K 50	00:31:47	01:35:49	02:19:50	03:07:13.75	03:07:46.00	8:19	7.2
170	DERUŚ KACPER	2140		BISKUPICE	POL	M20	9	M 120	00:32:11	01:27:28		03:11:59.70	03:12:04.35	8:31	7
171	SOBŃSKI LEON	2128	S5 WAT	PLEWISKA	POL	M20	10	M 121	00:33:10	01:36:22	02:28:32	03:12:32.05	03:13:16.35	8:33	7
172	NALEWAJKA MICHAŁ	2145		KONOPIKA	POL	M30	36	M 122	00:37:43	01:42:28	02:27:39	03:12:51.35	03:13:16.50	8:34	7
173	KILIAN AGNIESZKA	2150		WASILKÓW	POL	K40	26	K 51	00:34:30	01:30:54	02:19:55	03:14:17.10	03:14:33.55	8:38	6.9
174	CZOPEK KONRAD	2185		MARKI	POL	M30	37	M 123	00:36:49	01:37:14	02:24:11	03:13:38.10	03:14:55.25	8:36	7
175	CHLEBEK TOMASZ	2257			POL	M30	38	M 124	00:37:01	01:37:06	02:25:32	03:14:29.20	03:15:19.30	8:38	6.9
176	KOSZ PAWEŁ	2259			POL	M30	39	M 125	00:36:27	01:37:06	02:25:29	03:14:29.10	03:15:19.70	8:38	6.9
177	JENDRZEJACZYK-KOT MARIA	2174		KNURÓW	POL	K40	27	K 52	00:35:25	01:38:37	02:25:37	03:15:14.80	03:16:09.30	8:40	6.9
178	JOACHIMIĄK MACIEK	2110		KRAKÓW	POL	M40	59	M 126	00:40:14	01:45:29	02:32:41	03:15:31.30	03:16:26.40	8:41	6.9
179	WOJNICZ GRZEGORZ	2244	SII RUNNING TEAM	KALINÓWKA	POL	M40	60	M 127	00:34:34	01:30:15	02:20:35	03:17:14.45	03:18:02.40	8:45	6.8
180	FRYDRYCH DARIUSZ	2039	KKB MOSIR KROSNO	JEDLICZE	POL	M50	16	M 128	00:35:30	01:36:39	02:26:47	03:19:07.15	03:19:43.60	8:50	6.8
181	SZYMULA PAULA	2015	USTJANOWA GÓRNA	USTRZYKI DOLNE	POL	K20	5	K 53	00:36:10	01:36:07	02:33:25	03:20:39.75	03:21:13.50	8:55	6.7
182	JĘDRUSIK-PAWŁOWSKA MAGDALENA	2163		BĘDZIN	POL	K50	4	K 54	00:34:18	01:36:37	02:26:28	03:20:41.75	03:21:17.15	8:55	6.7
183	BALICZ AGNIESZKA	2162	VIPCLUB	BĘDZIN	POL	K30	19	K 55	00:34:08	01:36:36	02:26:01	03:20:41.50	03:21:17.40	8:55	6.7
184	KNYCH MAGDALENA	2115			POL	K30	20	K 56	00:37:25		02:34:43	03:21:56.95	03:22:31.65	8:58	6.7
185	BIAŁECKA MAGDALENA	2053		MYŚLIBÓRZ	POL	K40	28	K 57	00:40:31	01:43:52	02:34:16	03:21:58.90	03:22:47.65	8:58	6.7
186	PASTWA GRZEGORZ	2189		BUSKO ZDROJ	POL	M40	61	M 129	00:43:48	01:44:28	02:37:57	03:24:22.70	03:24:34.75	9:04	6.6
187	SUJKA WERONIKA	2065		MYŚŁOWICE	POL	K20	6	K 58	00:38:20	01:39:31	02:35:39	03:24:52.80	03:25:22.70	9:06	6.6
188	KOMÓR WIESŁAW	2036	WROCŁAWSKIE MORSY	WROCŁAW	POL	M60	4	M 130	00:41:44	01:41:58	02:34:19	03:24:55.70	03:25:41.20	9:06	6.6
189	MIKSZA MICHAŁ	2099	EXC TEAM	LUBLIN	POL	M30	40	M 131	00:36:52	01:43:59	02:39:09	03:26:09.15	03:26:33.45	9:09	6.5
190	CIESIELSKI GRZEGORZ	2044	#SMARTRUN	ŚWIDNIK	POL	M40	62	M 132	00:38:45	01:45:43	02:38:23	03:26:04.80	03:26:42.05	9:09	6.6
191	PEDYNKOWSKI FILIP	2144		RYBNO	POL	M20	11	M 133	00:42:20	01:48:52	02:37:49	03:27:49.65	03:28:35.05	9:14	6.5
192	SKÓRKIEWICZ KUBA	2132	S5 WAT	MŁOCHÓW	POL	M20	12	M 134	00:42:19	01:48:50	02:37:51	03:27:48.85	03:28:35.15	9:14	6.5
193	WABNO WOJCIECH	2005	PORANNY PATROL	KRAKÓW	POL	M20	13	M 135	00:37:55	01:41:01	02:36:25	03:28:01.75	03:28:46.95	9:14	6.5
194	STARZECKA JOANNA	2003		JAROSŁAW	POL	K50	5	K 59	00:35:32	01:37:57	02:32:17	03:28:32.50	03:28:47.70	9:16	6.5
195	NALEWAJKA AGATA	2127		KONOPIKA	POL	K30	21	K 60	00:38:19	01:42:30	02:33:17	03:28:55.80	03:29:20.10	9:17	6.5
196	DRAB MAGDA	2170	CHCĘ CI SIĘ?	ALEKSANDRIA	POL	K40	29	K 61	00:37:42	01:42:29	02:33:13	03:28:51.75	03:29:20.50	9:16	6.5
197	GLICA MONIKA	2113		CZUDEC	POL	K40	30	K 62	00:39:47	01:48:14	02:39:34	03:28:54.70	03:29:25.90	9:17	6.5
198	GURDAK ANNA	2114		MAJDAŃ KRÓLEWSKI	POL	K40	31	K 63	00:39:49	01:48:18	02:39:34	03:28:56.50	03:29:26.70	9:17	6.5
199	WINIARCZYK ŁUKASZ	2205	MIKI&OLUS&REMUS	LUBLIN	POL	M40	63	M 136	00:38:45	01:45:43	02:38:26	03:28:56.45	03:29:34.50	9:17	6.5
200	KOŚCIUCZYK LESŁAW	2204		WARSZAWA	POL	M50	17	M 137	00:39:47	01:44:27	02:37:47	03:29:13.45	03:29:58.65	9:17	6.5
201	SEK KRYSZTIAN	2219	SEK-TEAM	LUBLIN	POL	M30	41	M 138	00:38:16	01:49:12	02:38:59	03:29:26.05	03:30:02.15	9:18	6.4
202	JAKUBCZAK ŁUKASZ	2242	SEK TEAM	LUBLIN	POL	M40	64	M 139	00:38:18	01:49:13	02:39:10	03:29:32.20	03:30:07.75	9:18	6.4
203	KLIMCZAK MARCIN	2159		KRAKÓW	POL	M20	14	M 140	00:37:56	01:41:02	02:36:28	03:29:44.10	03:30:29.45	9:19	6.4
204	ŁASZKIEWICZ PIOTR	2043	ATHLETICS TEAM PRUSICE	PRUSICE	POL	M60	5	M 141	00:40:06	01:50:02	02:43:12	03:36:33.05	03:37:06.50	9:37	6.2
205	SMUGA ROBERT	2048		MIŃSK MAZOWIECKI	POL	M50	18	M 142	00:34:50		02:36:57	03:36:32.70	03:37:14.75	9:37	6.2

XI ZIMOWY MARATON BIESZCZADZKI 2025 - 20KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	5km	12km	18km	Netto	Brutto	min/km	km/h
206	ROSOWSKI ROBERT	2249	NIEZALEŻNY	WARSZAWA	POL	M40	65	M 143	00:39:04	01:46:01	02:43:54	03:39:04.50	03:40:01.00	9:44	6.2
207	CUKIERDA MARIUSZ	2075		KRAKÓW	POL	M30	42	M 144	00:35:03	01:38:36	02:41:34	03:40:17.40	03:40:29.35	9:47	6.1
208	SCHULZ MARCIN	2109		ZŁOTÓW	POL	M40	66	M 145	00:39:33	01:55:00	02:45:50	03:42:10.60	03:42:30.20	9:52	6.1
209	CICHAŃSKI KRYSZTIAN	2108		MIĘDZYBŁOCIE	POL	M50	19	M 146	00:39:32	01:55:01	02:45:48	03:42:11.25	03:42:31.55	9:52	6.1
210	OLSZEWSKA DOMINIKA	2111		KRAKÓW	POL	K40	32	K 64	00:41:23	01:47:05	02:49:24	03:42:19.65	03:43:11.60	9:52	6.1
211	IZDEBSKA RENATA	2072		LUBLIN	POL	K60	1	K 65	00:45:54	01:53:06	02:47:37	03:42:35.40	03:43:27.80	9:53	6.1
212	KOPCZYŃSKA DOMINIKA	2012	DZIKUR CREW	WARSZAWA	POL	K50	6	K 66	00:39:16	01:50:45	02:47:09	03:42:59.55	03:43:37.90	9:54	6.1
213	WŁOSEK BARBARA	2054		MYŚLIBÓRZ	POL	K60	2	K 67	00:39:46	01:48:52	02:46:19	03:44:31.00	03:45:18.65	9:58	6
214	OBARSKI NORBERT	2118		KIELCE	POL	M60	6	M 147	00:46:25	01:50:45	02:50:24	03:47:38.50	03:48:20.15	10:07	5.9
215	PIETRZAK LAURA	2262			POL	K40	33	K 68	00:44:42	01:56:28	02:52:38	03:51:08.30	03:51:56.25	10:16	5.8
216	SOSZKA JOANNA	2261			POL	K30	22	K 69	00:44:42	01:56:27	02:52:39	03:51:08.75	03:51:56.40	10:16	5.8
217	JABŁOŃSKI KAZIMIERZ	2247	SPRINTER PRĄDY	PRĄDY	POL	M60	7	M 148	00:44:43	01:52:20	02:53:34	03:52:48.85	03:53:41.90	10:20	5.8
218	WOŁOSZYN RYSZARD	2179	PIZUNY ROZTOCZE WSCHODNIE	BIELSKO-BIAŁA	POL	M50	20	M 149	00:42:45	01:54:29	02:53:25	03:57:38.60	03:58:27.45	10:33	5.7
219	BYDELSKA AGNIESZKA	2080		WĘGORZEWO	POL	K50	7	K 70	00:43:48	01:55:01	02:53:56	03:58:11.80	03:58:27.55	10:35	5.7
220	SKOREK-MASZOTA WERONIKA	2135		GDYNIA	POL	K40	34	K 71	00:47:50	02:01:17	03:00:19	03:59:42.80	04:00:09.40	10:39	5.6
221	CZARNY TOMEK	2047		KRAKÓW	POL	M30	43	M 150	00:41:49	02:01:34	03:00:42	04:04:01.30	04:04:01.30	10:50	5.5
222	OBARSKA MAŁGORZATA	2117		STARACHOWICE	POL	K60	3	K 72	00:52:10	02:14:27	03:29:07	04:05:06.55	04:05:46.90	10:53	5.5
223	DERUŚ STANISŁAW	2139		BISKUPICE	POL	M60	8	M 151	00:40:41	01:52:17	02:59:24	04:12:03.80	04:12:07.90	11:12	5.4
224	WITEK SYLWIA	2087		POGORZAŁA WIEŚ	POL	K40	35	K 73	00:42:10	01:56:49	02:58:25	04:12:10.80	04:12:50.50	11:12	5.4
225	KACZKIEWICZ DAMIAN	2182	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M50	21	M 152	00:42:14	01:56:53	02:58:20	04:12:14.05	04:12:51.60	11:12	5.4
226	LECH ROBERT	2106	MERCEDARIO CLUB	KONSTANCJA JEZIORNA	POL	M50	22	M 153	00:46:13	02:09:09	03:14:20	04:17:00.25	04:17:42.70	11:25	5.3
227	HOOG WIOLETA	2086		MIŁORADZ	POL	K40	36	K 74	00:42:12	01:56:53	03:01:36	04:18:29.05	04:19:08.30	11:29	5.2
228	ADAMOWSKI ANDRZEJ	2218		ELBLĄG	POL	M40	67	M 154	00:42:12	01:56:54	03:02:18	04:18:30.05	04:19:08.30	11:29	5.2
229	SROCZYŃSKA EWA	2030	BIEGACZE KLECZEW TRITON KONIN	KONIN	POL	K50	8	K 75	00:49:35	02:16:32	03:15:58	04:20:45.60	04:21:24.80	11:35	5.2
230	ORZECZOWSKI MARIUSZ	2027	BIEGACZE KLECZEW, TRITON KONIN	SŁAWOSZEWEK	POL	M50	23	M 155	00:49:17	02:16:31	03:15:57	04:20:45.45	04:21:24.90	11:35	5.2
231	KASPEREK IRENEUSZ	2029		ZABRZE	POL	M40	68	M 156	00:52:30		03:24:01	04:27:37.90	04:28:58.00	11:53	5
232	KASPEREK MAGDALENA	2028		ZABRZE	POL	K40	37	K 76	00:52:18	02:26:41	03:24:11	04:31:04.10	04:32:21.15	12:02	5
233	MANISTA EWA	2035		WARSZAWA	POL	K40	38	K 77	00:52:21	02:24:51	03:28:43	04:31:02.65	04:32:21.20	12:02	5
234	GAJEWSKA DOROTA	2033		PLEWISKA	POL	K40	39	K 78	00:52:26	02:24:58	03:28:49	04:31:08.50	04:32:21.25	12:03	5
235	KOLBUSZ PIOTR	2031	TAKEDA	KRASNE	POL	M40	69	M 157	00:52:22	02:24:53	03:25:56	04:31:01.65	04:32:21.60	12:02	5
236	MANUSZAK LIDKA	2062	BIEGACZE KLECZEW	KLECZEW	POL	K40	40	K 79	00:44:04	02:11:17	03:20:54	04:32:21.65	04:32:29.85	12:06	5
237	BŁASZCZYK MAGDALENA	2032	KUŹNIA TRIATHLONU	WARSZAWA	POL	K40	41	K 80	00:48:54	02:15:13	03:20:39	04:32:49.25	04:33:20.05	12:07	4.9
238	PRUS ANNA	2024	BIEGACZE KLECZEW	SŁAWOSZEWEK	POL	K40	42	K 81	00:43:49	02:11:16	03:20:49	04:34:16.20	04:34:24.10	12:11	4.9
239	WIŚNIEWSKA MAGDALENA	2026	ZMASAKROWANI	WILCZYN	POL	K40	43	K 82	00:43:47	02:11:15	03:20:52	04:34:15.75	04:34:24.25	12:11	4.9
240	BARTOSZEK ANDRZEJ	2169	AGAT TEAM	23-251 DZIERZKOWICE	POL	M50	24	M 158	00:54:34	02:25:17	03:42:48	04:52:09.10	04:53:20.45	12:59	4.6
241	JAKUBIEC JUSTYNA	2079		JASTKÓW	POL	K50	9	K 83	00:57:38	03:00:58	04:21:30	05:47:01.60	05:48:02.70	15:25	3.9
242	CZECHOWSKA IZABELA	2074	WW TEAM	LUBLIN	POL	K50	10	K 84	00:57:37	03:13:09	05:07:48	06:28:58.15	06:29:58.70	17:17	3.5
243	BYTNAR KRYSZTIAN	2206		ŁAŃCUT	POL	M30	44	M 159	00:54:47	02:54:53	05:29:02	07:37:49.70	07:38:05.05	20:20	2.9