

DZIESIĄTKA

Organizator: Fundacja Szczyt za Szczytem
Data: 2025-02-08
Miejsce: Karpniki
Dystans: 10.5 km
Klasyfikacja wg czasów brutto.



DZIESIĄTKA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.5km	Netto	Brutto	min/km	km/h
1	ROGAŁA PATRYK	973		JEŻÓW SUDECKI	POL	M30	1	M 1	00:25:33	00:55:47.15	00:55:47.95	5:18	11.3
2	MIROSZKA KRZYSZTOF	1002		WROCLAW	POL	M20	1	M 2	00:26:03	00:57:14.50	00:57:15.25	5:27	11
3	KOTLAREK DAWID	995	MIZUNO RUNNING TEAM	ZIELONA GÓRA	POL	M40	1	M 3	00:29:09	01:02:25.30	01:02:27.15	5:56	10.1
4	DUL KAROLINA	1018	SBG SALCO	JELEŃ GÓRA	POL	K30	1	K 1	00:28:41	01:02:27.65	01:02:29.60	5:56	10.1
5	ŁUKASZEWSKI KAMIL	1006	KAMIL LEŚNIAK TEAM GB WIELKOPOLSCY BIEGACZE	MOSINA	POL	M30	2	M 4	00:29:42	01:04:58.75	01:04:59.95	6:11	9.7
6	HLEB HLEB	991	BIEGACZE STU MOSTÓW	WROCLAW	POL	M20	2	M 5	00:30:12	01:05:45.65	01:05:50.55	6:15	9.6
7	WŁODARCZYK JAROSŁAW	998	KRUCZKOWSKITEAM	JELEŃ GÓRA (SOBIESZÓW) (WOJ. DOLNOŚLĄSKIE)	POL	M50	1	M 6	00:30:13	01:06:28.50	01:06:29.85	6:19	9.5
8	WALKOSZ MATEUSZ	972	SOBASTEAM	SZAFLARY	POL	M30	3	M 7	00:28:55	01:06:28.95	01:06:30.00	6:19	9.5
9	BIAŁOŁOCKA ALICJA	977		WROCLAW	POL	K40	1	K 2	00:32:04	01:08:36.25	01:08:37.95	6:32	9.2
10	LUBAŃSKI MATEUSZ	1025	RUN MY WAY	WROCLAW	POL	M30	4	M 8	00:32:08	01:08:38.85	01:08:41.10	6:32	9.2
11	KONIECZNY MICHAŁ	983	CYTO-LOGIC RUNNING TEAM	POZNAŃ	POL	M40	2	M 9	00:31:37	01:09:00.90	01:09:06.65	6:34	9.1
12	ONISZCZUK KAROL	960		WROCLAW	POL	M30	5	M 10	00:32:09	01:09:19.90	01:09:22.30	6:36	9.1
13	HEJZA MICHAŁ	964	SUCHY LAS I PRZYJACIELE	SUCHY LAS	POL	M30	6	M 11	00:32:33	01:10:40.70	01:10:42.05	6:43	8.9
14	FERET KAMILA	1031	KARKONOSZ TEAM	JELEŃ GÓRA	POL	K30	2	K 3	00:32:40	01:10:58.60	01:11:00.55	6:45	8.9
15	LEŚNICKI MAREK	1023	STRZEGOMSKA DWUNASTKA	STANOWICE	POL	M50	2	M 12	00:32:45	01:11:56.75	01:11:59.05	6:51	8.8
16	STĘSIK JAKUB	968		WOLSZTYN	POL	M30	7	M 13	00:34:56	01:15:24.40	01:15:29.55	7:10	8.4
17	KOZIOŁ DAWID	999		WROCLAW	POL	M30	8	M 14	00:35:00	01:15:45.70	01:15:50.25	7:12	8.3
18	JANAS MICHAŁ	980		KACZORÓW	POL	M30	9	M 15	00:33:38	01:16:02.65	01:16:05.95	7:14	8.3
19	WIĘCKOWSKA PATRYCJA	989		WROCLAW	POL	K30	3	K 4	00:34:54	01:16:36.65	01:16:40.05	7:17	8.2
20	NIŻEWSKI PAWEŁ	1026	KRAKOWIAKULTRATEAM	CZAPURY	POL	M40	3	M 16	00:35:57	01:18:11.40	01:18:14.90	7:26	8.1
21	LUTY LEGUTKO ANNA	1029		KRAKÓW	POL	K40	2	K 5	00:36:22	01:19:55.30	01:19:59.30	7:36	7.9
22	GRZĄBA SZYMON	953		MIKOŁÓW	POL	M50	3	M 17	00:36:52	01:20:39.30	01:20:41.85	7:40	7.8
23	BOĆKO EWA	1019	DTR BIEGA / MARIO TEAM	TRZEBNICA	POL	K40	3	K 6	00:38:47	01:23:31.20	01:23:36.20	7:57	7.5
24	DZIEKANOWSKA MARIA	1020		WROCLAW	POL	K30	4	K 7	00:40:21	01:24:44.15	01:24:46.85	8:04	7.4
25	ZAJĄC ALEKSANDER	978		WROCLAW	POL	M40	4	M 18	00:40:20	01:25:48.35	01:25:59.90	8:10	7.3
26	MISIURA ŁUKASZ	981		BOLESŁAWIEC	POL	M30	10	M 19	00:39:30	01:26:15.30	01:26:27.20	8:12	7.3
27	MISZTA KRZYSZTOF	958		KROGULEC	POL	M40	5	M 20	00:40:16	01:26:30.40	01:26:38.55	8:14	7.3
28	ZAPART-CZASŁAWSKA EWA	965		ZŁOTORYJA	POL	K40	4	K 8	00:39:22	01:26:47.55	01:26:52.70	8:15	7.3
29	POSPIEZNY ROBERT	951	RBB STAL	JAROCIN	POL	M50	4	M 21	00:39:15	01:28:53.85	01:29:02.55	8:27	7.1
30	SKOWRON MAREK	986	DRAEXLMAIER	JEŻÓW SUDECKI	POL	M40	6	M 22	00:40:50	01:29:05.45	01:29:11.70	8:29	7.1
31	KAZUBOWSKA ALEKSANDRA	969	VEGERUNERKA	GORZÓW WLKP.	POL	K40	5	K 9	00:43:28	01:29:31.50	01:29:35.20	8:31	7
32	SHAMRALIUK ROMAN	966	ORTHOS TEAM	KARWIANY	POL	M30	11	M 23	00:41:33	01:30:05.10	01:30:10.25	8:34	7
33	KOELNER RAFAL	1003		WROCLAW	POL	M40	7	M 24	00:40:27	01:30:28.30	01:30:38.80	8:36	7
34	SROCZYŃSKI BARTEK	963		MIKOŁÓW	POL	M30	12	M 25	00:43:16	01:32:41.90	01:32:49.50	8:49	6.8
35	GUNDLACH-FOBER RACHEL	952		WROCLAW	POL	K30	5	K 10	00:40:39	01:32:43.20	01:32:52.55	8:49	6.8
36	BRYŁKOWSKI PAWEŁ	1022		WIERZBICE	POL	M40	8	M 26	00:43:44	01:33:47.10	01:33:58.10	8:55	6.7
37	DĄBRZAŃSKI MICHAŁ	1027		ŚWIDNICA	POL	M40	9	M 27	00:41:44	01:34:09.80	01:34:16.85	8:58	6.7
38	PAWŁOWSKA JUSTYNA	1024		WROCLAW	POL	K30	6	K 11	00:44:23	01:34:33.85	01:34:43.45	9:00	6.7
39	PETER ANDRZEJ	959		PASTERNIK	POL	M50	5	M 28	00:46:42	01:36:54.70	01:37:01.05	9:13	6.5
40	WOJCIECHOWICZ SEBASTIAN	975	GUNIUMG RACING TEAM	GORZÓW WLKP.	POL	M30	13	M 29	00:46:25	01:38:31.55	01:38:35.95	9:22	6.4
41	PETIT AURÉLIEN	987		WROCLAW	FRA	M30	14	M 30	00:46:11	01:38:45.25	01:38:50.70	9:24	6.4
42	GNATOWICZ-CZARNOŁĘSKA BEATA	1010	ZAKOCHAJ SIĘ W BIEGANIU	WROCLAW	POL	K50	1	K 12	00:44:41	01:38:58.75	01:39:03.35	9:25	6.4
43	WALCZAK JAGODA	1012		JAROCIN	POL	K30	7	K 13	00:46:10	01:39:30.00	01:39:38.40	9:28	6.3
44	KARPOWICZ KAROLINA	994		JELEŃ GÓRA	POL	K20	1	K 14	00:46:25	01:39:41.15	01:39:46.90	9:29	6.3

DZIESIĄTKA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.5km	Netto	Brutto	min/km	km/h
45	JANIK KATARZYNA	1009		LUBRZA	POL	K30	8	K 15	00:46:32	01:40:44.20	01:40:53.25	9:35	6.3
46	WŁOCZEK PAWEŁ	1005		KRAKÓW	POL	M40	10	M 31	00:41:48	01:41:52.00	01:42:01.00	9:42	6.2
47	MOŁDACH ANNA	956		WROCŁAW	POL	K30	9	K 16	00:47:05	01:42:26.90	01:42:41.10	9:45	6.2
48	KUCHMECKA KATARZYNA	967		POZNAŃ	POL	K40	6	K 17	00:48:08	01:43:20.05	01:43:27.25	9:50	6.1
49	WYSZOMIRSKA MAGDALENA	955	-----	KARPACZ	POL	K40	7	K 18	00:48:11	01:44:09.15	01:44:17.30	9:55	6
50	ORŁOWSKA JUSTYNA	1021		JORDANOWO	POL	K40	8	K 19	00:48:20	01:45:11.95	01:45:18.20	10:01	6
51	STARCZEWSKI KRZYSZTOF	982	ULTRA DIABŁY TEAM LUBRZA	ŚWIEBODZIN	POL	M50	6	M 32	00:48:17	01:45:24.35	01:45:34.40	10:02	6
52	GRZĄBA MAGDALENA	950		MIKOŁÓW	POL	K20	2	K 20	00:49:24	01:46:25.95	01:46:28.55	10:08	5.9
53	CICHOCKA-MUNDALE MARIANNA	984	#OWOCBIEGATEAM	KIEKRZ	POL	K50	2	K 21	00:51:21	01:47:25.20	01:47:31.90	10:13	5.9
54	SOCHA-SROCYŃSKA KASIA	954		MIKOŁÓW	POL	K30	10	K 22	00:51:15	01:47:58.30	01:48:06.15	10:16	5.8
55	GRZĄBA JOANNA	962		MIKOŁÓW	POL	K50	3	K 23	00:51:18	01:49:12.40	01:49:20.95	10:24	5.8
56	WALCZAK MACIEJ	990		BYDGOSZCZY	POL	M50	7	M 33	00:50:33	01:50:12.10	01:50:19.30	10:29	5.7
57	STARCZEWSKA IZABELA	988		ŚWIEBODZIN	POL	K50	4	K 24	00:51:55	01:52:45.10	01:52:53.85	10:44	5.6
58	MATERAK MIROSLAW	961		JELEŃ GORA	POL	M60	1	M 34	00:51:39	01:53:00.65	01:53:05.05	10:45	5.6
59	BIOŁY MAŁGORZATA	1015		MIRKÓW	POL	K50	5	K 25	00:54:47	01:57:49.05	01:58:03.65	11:13	5.3
60	RUTKOWSKA KATARZYNA	1011		WROCŁAW	POL	K40	9	K 26	00:54:48	01:57:49.95	01:58:03.95	11:13	5.3
61	KOWALCZYK ANDRZEJ	976	GUNIUMG RACING TEAM	GORZÓW WLKP.	POL	M40	11	M 35	00:56:12	01:58:03.00	01:58:08.20	11:14	5.3
62	KAMIŃSKI WIESŁAW	1014		WROCŁAW	POL	M50	8	M 36	00:58:02	02:00:07.60	02:00:15.10	11:26	5.2
63	IGLEWSKA KAROLINA	1004		WROCŁAW	POL	K20	3	K 27	00:58:00	02:01:36.70	02:01:40.50	11:34	5.2
64	NOWAK KATARZYNA	1013		WROCLAW	POL	K40	10	K 28	00:56:15	02:02:23.10	02:02:33.30	11:39	5.1
65	BENTKOWSKI LESŁAW	979	DIRTY SPARROWS	GLIWICE	POL	M60	2	M 37	01:14:27	02:02:53.30	02:02:55.75	11:42	5.1
66	JU... KATARZYNA	1047		GŁOGÓW	POL	K40	11	K 29	00:54:19	02:02:52.15	02:03:00.50	11:42	5.1
67	SZELĄGIEWICZ MAŁGORZATA	974	CI OD RUDEGO KOTA	SZCZECIN	POL	K50	6	K 30	00:58:10	02:06:29.95	02:06:39.00	12:02	5
68	PODSIEDLIK WIOLETTA	970		LEGNICA	POL	K40	12	K 31	00:56:29	02:12:09.15	02:12:21.50	12:35	4.8
69	POZNIAK MARIA	993		DOBRZEŃ WIELKI	POL	K20	4	K 32	01:00:39	02:13:17.00	02:13:26.50	12:41	4.7
70	ZACZYŃSKA-POZNIAK JARKA	992	OD JEZIORA DO JEZIORA	DOBRZEŃ WIELKI	POL	K50	7	K 33	01:00:38	02:13:18.80	02:13:28.20	12:41	4.7
71	MENZEL ZOFIA	985		LUBRZA	POL	K60	1	K 34	00:58:36	02:15:04.80	02:15:12.25	12:51	4.7
72	ZAŁUCKA RITA	1008		GŁOGOWO	POL	K50	8	K 35	01:05:20	02:24:41.60	02:24:54.65	13:46	4.4
73	BRYWCZYŃSKA MAŁGORZATA	996		KAZANÓW	POL	K30	11	K 36	01:16:52	02:45:39.45	02:45:43.75	15:46	3.8
74	OZIMEK ADELA	957		PRZEWORNO	POL	K50	9	K 37	01:19:32	02:48:17.00	02:48:20.50	16:01	3.7