

BIEG TROPEM WILCZYM | 10KM

Organizator: Fundacja Wolność i Demokracja
Data: 2025-03-02
Miejsce: Warszawa
Dystans: 10 km
Klasyfikacja wg czasów brutto.



BIEG TROPEM WILCZYM | 10KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	Brutto	min/km	km/h
1	TYMOLEWSKI GRZEGORZ	1148	ROZPLYWANYTARCHOMIN.PL	WARSZAWA	POL	M20	1	M 1	00:09:23	00:18:48	00:28:19	00:37:45.10	00:37:45.10	3:46	15.9
2	PAJDOSZ ARKADIUSZ	1127	64 BATALION LEKKIEJ PIECHOTY W POMIECHÓWKU	PRUSZKÓW	POL	M30	1	M 2	00:09:20	00:18:44	00:28:14	00:37:42.34	00:37:46.67	3:46	15.9
3	FOJUD TADEUSZ	1122	64 BATALION LEKKIEJ PIECHOTY W POMIECHÓWKU	PRUSZKÓW	POL	M40	1	M 3	00:09:15	00:18:40	00:28:14	00:38:12.26	00:38:19.68	3:49	15.7
4	CHOJECKI ROBERT	1177	MARKOWI BIEGACZE	MARKI	POL	M30	2	M 4	00:09:28	00:19:20	00:29:23	00:39:18.85	00:39:26.42	3:55	15.3
5	PLOTKOWIAK PATRYK	1075		WARSZAWA	POL	M20	2	M 5	00:09:47	00:19:51	00:30:01	00:39:57.45	00:40:09.28	3:59	15
6	GAWOR TOMASZ	1006		CEGLÓW	POL	M60	1	M 6	00:10:09			00:20:06.29	00:40:10.03	2:00	29.9
7	CHLUDZIŃSKI EMIL	1047		SŁUPNO	POL	M30	3	M 7	00:10:02	00:20:13	00:30:32	00:40:16.69	00:40:24.61	4:01	14.9
8	GARBIEC TOMASZ	1029	PARAFIA ŚW.MAREK WAWA TARGÓWEK	WARSZAWA	POL	M50	1	M 8	00:10:07	00:20:24	00:30:45	00:40:59.68	00:41:10.27	4:05	14.6
9	STYCZEK SEBASTIAN	1185		NOWA WOLA	POL	M30	4	M 9	00:10:20	00:20:45	00:31:06	00:41:12.30	00:41:22.12	4:07	14.6
10	JÓZWIK MATEUSZ	1246		KIELCE	POL	M20	3	M 10	00:09:53	00:20:09	00:30:38	00:41:24.78	00:41:32.97	4:08	14.5
11	ŁĘDZION RAFAŁ	1160	NIEZRZESZONY	WARSZAWA	POL	M30	5	M 11	00:10:10	00:20:33	00:31:11	00:41:53.24	00:42:07.31	4:11	14.3
12	DRĄCZKOWSKI ADAM	1008		WARSZAWA	POL	M30	6	M 12	00:09:54	00:20:38	00:31:47	00:42:34.12	00:42:42.35	4:15	14.1
13	GRZESIEWSKI PAWEŁ	1245		WARSZAWA	POL	M30	7	M 13	00:11:12	00:21:28	00:32:03	00:42:39.86	00:42:59.91	4:15	14.1
14	JANKOWSKI KONRAD	1149		WARSZAWA (ŚRÓDMIEŚCIE)	POL	M30	8	M 14	00:11:15	00:21:55	00:32:37	00:43:01.86	00:43:27.67	4:18	13.9
15	BEŁC MACIEJ	1053		WARSZAWA	POL	M30	9	M 15	00:10:30	00:21:18	00:32:21	00:43:23.31	00:43:30.72	4:20	13.8
16	WILCZYŃSKI KONRAD	1150		WARSZAWA	POL	M20	4	M 16	00:10:21	00:21:28	00:32:33	00:43:29.72	00:43:39.98	4:20	13.8
17	GIRTLER KACPER	1261	TEAM ZABIEGANE DNI	WARSZAWA	POL	M30	10	M 17	00:11:03	00:21:39	00:32:36	00:43:21.19	00:43:47.55	4:20	13.8
18	CEREMUGA DANIEL	1030		OTWOCK	POL	M20	5	M 18	00:10:05	00:20:31	00:31:03	00:43:43.26	00:43:55.49	4:22	13.7
19	DOMAGAŁA JAROSŁAW	1120		WARSZAWA	POL	M50	2	M 19	00:10:24	00:21:33	00:32:50	00:44:01.73	00:44:13.56	4:24	13.6
20	WAŚOWSKA RENATA	1123	ROZBIEGANY SULEJÓWEK	GÓRSZKA	POL	K20	1	K 1	00:10:41	00:21:46	00:33:05	00:44:08.76	00:44:18.34	4:24	13.6
21	PĘTLAK MAREK	1088		SOCHACZEW	POL	M30	11	M 20	00:11:03	00:21:53	00:32:59	00:44:06.36	00:44:27.92	4:24	13.6
22	ZIELIŃSKI TOMASZ	1192	1 BLTR	WARSZAWA	POL	M40	2	M 21	00:11:02	00:21:58	00:33:05	00:44:01.83	00:44:29.47	4:24	13.6
23	PIOTROWSKI ARTUR	1042		WARSZAWA	POL	M20	6	M 22	00:11:05	00:22:14	00:33:26	00:44:31.16	00:44:40.42	4:27	13.5
24	KUCHARCZYK PIOTR	1170		NOWY DWÓR MAZOWIECKI	POL	M30	12	M 23	00:11:32	00:22:32	00:33:33	00:44:18.27	00:44:52.61	4:25	13.5
25	SIEROCINSKI IGOR	1191		SOCHACZEW	POL	M18	1	M 24	00:10:47	00:22:11	00:33:50	00:44:43.17	00:44:53.99	4:28	13.4
26	GAWOR ALEKSANDER	1005		CEGLÓW	POL	M30	13	M 25	00:11:17	00:22:42	00:34:03	00:45:17.21	00:45:29.15	4:31	13.2
27	GRUSZCZYŃSKI RADOSŁAW	1085		CZĘSTOCHOWA	POL	M40	3	M 26	00:11:51	00:23:11	00:34:18	00:45:25.19	00:45:38.71	4:32	13.2
28	PIEKACZ DAWID	1089		MŁAWA	POL	M40	4	M 27	00:11:22	00:22:46	00:34:07	00:45:14.36	00:45:50.89	4:31	13.3
29	BARYCKA KATARZYNA	1182	DANIEL WOSIK TRENER BIEGACZY GÓRSKICH/TEAM DWA OGNI	WARSZAWA	POL	K30	1	K 2	00:11:32	00:22:57	00:34:18	00:45:26.94	00:45:51.95	4:32	13.2
30	KAZANOWSKI DAMIAN	1158		POLICZNA	POL	M30	14	M 28	00:11:18	00:22:46	00:34:33	00:45:44.38	00:46:02.04	4:34	13.1
31	GOLISZEK PAWEŁ	1050	3, 2, 1 B(IEG)	WARSZAWA	POL	M30	15	M 29	00:11:19	00:22:42	00:34:25	00:45:38.54	00:46:04.04	4:33	13.1
32	BARDZIAK PIOTR	1259		PIASECZNO	POL	M40	5	M 30	00:11:46	00:23:30	00:34:54	00:45:54.88	00:46:05.29	4:35	13.1
33	SIEDLIK MARIUSZ	1249		WARSZAWA	POL	M50	3	M 31	00:11:31	00:22:45	00:34:15	00:45:36.01	00:46:10.62	4:33	13.2
34	MARKIEWICZ DOMINIK	1189		WARSZAWA	POL	M20	7	M 32	00:11:53	00:23:22	00:34:52	00:46:09.06	00:46:27.27	4:36	13
35	CHMIELEWSKI MARIUSZ	1080	DKWOC	LEGIONOWO	POL	M40	6	M 33	00:11:38	00:23:02	00:34:46	00:46:07.27	00:46:29.77	4:36	13
36		1167		WARSZAWA	POL	M30	16	M 34	00:11:46	00:23:13	00:34:47	00:46:09.65	00:46:33.41	4:36	13
37	PLATEK MICHAŁ	1195	NAPRZÓD MŁOCINY	WARSZAWA	POL	M30	17	M 35	00:11:49	00:23:36	00:35:04	00:46:24.21	00:46:39.38	4:38	12.9
38	KOZIEŁ KRYSZTIAN	1196		OLTARZEW	POL	M30	18	M 36	00:11:49	00:23:38	00:35:15	00:46:27.76	00:46:42.45	4:38	12.9
39	KOPACZEL PAWEŁ	1098	LEGIA WARSZAWA	RYBNO	POL	M40	7	M 37	00:11:21	00:22:51	00:34:39	00:46:27.00	00:46:45.35	4:38	12.9
40	MORAWSKI MARIUSZ	1119		NOWY DWÓR MAZOWIECKI	POL	M20	8	M 38	00:11:48	00:23:07	00:35:05	00:46:37.70	00:46:56.29	4:39	12.9
41	BROŻEK ALEKSANDRA	1069		WARSZAWA	POL	K30	2	K 3	00:11:48	00:23:29	00:35:11	00:46:49.56	00:46:59.30	4:40	12.8

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	Brutto	min/km	km/h
42	GALAS IGOR	1019		WARSZAWA	POL	M40	8	M 39	00:11:48	00:23:45		00:35:24.60	00:47:01.27	3:32	16.9
43	ORZECHOWSKI GRZEGORZ	1197		WARSZAWA	POL	M30	19	M 40	00:12:05	00:23:52	00:35:42	00:47:12.14	00:47:25.96	4:43	12.7
44	BOGUSZ SEBASTIAN	1146	PZU SPORT TEAM	WARSZAWA	POL	M30	20	M 41	00:12:10	00:24:12	00:35:49	00:46:55.80	00:47:40.08	4:41	12.8
45	SŁOWIK MACIEJ	1078		ZĄBKI	POL	M20	9	M 42	00:11:56	00:23:50	00:35:41	00:47:31.50	00:47:41.78	4:45	12.6
46	MISIUK MAREK	1242		WARSZAWA	POL	M30	21	M 43	00:12:13	00:24:20	00:36:10	00:47:35.30	00:47:53.21	4:45	12.6
47	ALEKSANDROWICZ JACEK	1040		WARSZAWA	POL	M30	22	M 44	00:11:08	00:23:14	00:35:37	00:47:46.08	00:47:55.38	4:46	12.6
48	PIENIEK PIOTR	1193		WARSZAWA	POL	M40	9	M 45	00:11:11	00:23:15	00:35:51	00:47:44.19	00:47:57.27	4:46	12.6
49	PIEKACZ MAŁGORZATA	1090	WITKOWSKI WINIARSKI TEAM	MŁAWA	POL	K40	1	K 4	00:12:46	00:24:34	00:36:26	00:47:53.00	00:47:59.00	4:47	12.5
50	KOZERA MACIEJ	1140	INTER CARS RUNNING TEAM	LEGIONOWO	POL	M30	23	M 46	00:11:56	00:23:53	00:35:48	00:47:29.38	00:48:02.05	4:44	12.6
51	MIELCZARSKI BARTOSZ	1162		WARSZAWA	POL	M40	10	M 47	00:11:44	00:23:36	00:35:44	00:47:37.69	00:48:04.01	4:45	12.6
52	DRASZAWKA ŁUKASZ	1101	POWER TRAINING	WARSZAWA	POL	M40	11	M 48	00:12:08	00:23:41	00:35:28	00:47:43.98	00:48:05.28	4:46	12.6
53	RYBICKI MATEUSZ	1254		WARSZAWA	POL	M20	10	M 49	00:12:00	00:24:04	00:35:55	00:47:45.25	00:48:17.42	4:46	12.6
54	KRZYSZEK IGNACY	1202	ASICS	WARSZAWA	POL	M30	24	M 50	00:11:40	00:23:47	00:36:09	00:48:08.12	00:48:18.36	4:48	12.5
55	TOMASIEWICZ MICHAŁ	1199		WARSZAWA	POL	M30	25	M 51	00:11:55	00:23:55	00:36:17	00:48:05.74	00:48:19.37	4:48	12.5
56	MIERZEJEWSKI TOMASZ	1151		WARSZAWA	POL	M50	4	M 52	00:11:46	00:23:36	00:35:50	00:47:49.08	00:48:19.86	4:46	12.5
57	TOLAK PIOTR	1258		WARSZAWA	POL	M30	26	M 53	00:11:43	00:23:51	00:36:14	00:47:59.66	00:48:19.97	4:47	12.5
58		1074		WARSZAWA	POL	K20	2	K 5	00:11:42	00:24:00	00:36:22	00:48:08.36	00:48:20.57	4:48	12.5
59	KOSMĘDA JAKUB	1021		WARSZAWA	POL	M20	11	M 54	00:11:34	00:24:17	00:36:49	00:48:17.17	00:48:25.38	4:49	12.4
60	RZEPKA ALEKSANDRA	1183	WKURW_TEAM	WARSZAWA	POL	K30	3	K 6	00:11:54	00:24:11	00:36:19	00:48:19.60	00:48:32.46	4:49	12.4
61	BARSCZ MARIUSZ	1154		STARACHOWICE	POL	M30	27	M 55	00:11:57	00:24:04	00:36:21	00:48:16.81	00:48:32.95	4:49	12.4
62	MOLENDKA KAROL	1079	DKWOC	LEGIONOWO	POL	M40	12	M 56	00:11:48	00:23:50	00:36:12	00:48:16.28	00:48:39.03	4:49	12.4
63		1062		WARSZAWA	POL	M20	12	M 57	00:12:29	00:24:26	00:36:24	00:48:13.05	00:48:41.73	4:49	12.4
64	POREDA DANIEL	1171	TEAM DWA OGNIE	WARSZAWA	POL	M40	13	M 58	00:12:18	00:24:29	00:36:40	00:48:23.17	00:48:47.48	4:50	12.4
65	KICIŃSKI WIESŁAW	1059	SADY ŻOLIBORSKIE	WARSZAWA	POL	M60	2	M 59	00:12:21	00:24:49		00:36:50.22	00:48:51.71	3:41	16.3
66	SIBIGA DARIUSZ	1097		WARSZAWA	POL	M60	3	M 60	00:12:15	00:24:37		00:36:53.86	00:48:53.41	3:41	16.3
67	JANUS KAMIL	1009		KIELCE	POL	M30	28	M 61	00:12:12	00:24:17	00:36:41	00:48:55.72	00:49:05.35	4:53	12.3
68	KARPOWICZ BARTŁOMIEJ	1174		WARSZAWA	POL	M30	29	M 62	00:12:09	00:24:23	00:36:41	00:48:50.19	00:49:17.16	4:53	12.3
69	PODGÓRSKI MARCIN	1138		WARSZAWA	POL	M40	14	M 63	00:12:22	00:24:43	00:37:06	00:49:01.01	00:49:20.04	4:54	12.2
70	KAMIŃSKI STANISŁAW	1107	GOS NADARZYN	NADARZYN	POL	M60	4	M 64	00:12:20	00:24:53	00:37:22	00:49:14.31	00:49:22.87	4:55	12.2
71	KOWALCZYK ROBERT	1129		WARSZAWA	POL	M40	15	M 65	00:12:05	00:24:19	00:36:38	00:49:03.90	00:49:25.43	4:54	12.2
72	WIŚNIEWSKI RAFAŁ	1011		WARSZAWA	POL	M40	16	M 66	00:11:45	00:24:08	00:36:36	00:49:14.45	00:49:27.59	4:55	12.2
73	SYKAŁA TOMASZ	1028		WARSZAWA	POL	M50	5	M 67	00:12:17	00:24:42	00:37:09	00:49:19.92	00:49:31.45	4:55	12.2
74	KALINOWSKI ZBIGNIEW	1016		JÓZEFÓW	POL	M50	6	M 68	00:12:10	00:24:28	00:36:51	00:49:07.59	00:49:41.24	4:54	12.2
75	DĄBRZAŁ JAROSŁAW	1190		IŁÓW	POL	M40	17	M 69	00:11:45	00:24:10	00:37:21	00:49:37.26	00:49:50.04	4:57	12.1
76	PYTKA ANDRZEJ	1128	KB PACE	WARSZAWA	POL	M50	7	M 70	00:12:14	00:24:25	00:36:58	00:49:21.43	00:49:50.89	4:56	12.2
77	ŁAGOWSKI KRZYSZTOF	1164		WARSZAWA	POL	M40	18	M 71	00:12:13	00:24:31	00:37:02	00:49:42.67	00:49:59.34	4:58	12.1
78	KLIMKIEWICZ KACPER	1172		RADZYMIN	POL	M20	13	M 72	00:12:28	00:24:23	00:36:46	00:49:46.55	00:50:03.33	4:58	12.1
79	CZADY SZCZEPAN	1155		WARSZAWA	POL	M30	30	M 73	00:12:45	00:24:52	00:37:11	00:49:28.14	00:50:08.42	4:56	12.1
80	SZYMAŃSKA IZABELA	1004		WARSZAWA	POL	K30	4	K 7	00:12:13	00:24:41	00:37:21	00:50:02.82	00:50:14.00	5:00	12
81	POMIRSKI ALEKSANDER	1103		PIASECZNO	POL	M20	14	M 74	00:10:46	00:23:55	00:37:35	00:50:36.45	00:50:44.27	5:03	11.9
82	JANKOWIAK JAKUB	1058		WARSZAWA	POL	M40	19	M 75	00:12:51	00:25:47	00:38:41	00:50:38.60	00:50:48.50	5:03	11.8
83	ZDANOWSKI MICHAŁ	1102		WARSZAWA	POL	M30	31	M 76	00:12:45	00:25:25	00:38:17	00:50:40.45	00:50:54.44	5:04	11.8
84	SŁOWIK PAWEŁ	1130		WARSZAWA	POL	M30	32	M 77	00:12:05	00:24:23	00:37:48	00:50:37.77	00:50:58.69	5:03	11.9
85	KOŚLA ROBERT	1081		UNTERSCHLEISHEIM	POL	M50	8	M 78	00:13:39	00:26:06	00:38:15	00:50:16.78	00:51:02.79	5:01	11.9
86	STEMPEL TOMASZ	1139	MARYSIN WAWERSKI BIEGA	WARSZAWA-MARYSIN WAWERSKI	POL	M50	9	M 79	00:12:52	00:25:31	00:38:10	00:50:42.15	00:51:05.72	5:04	11.8
87	KAROLAK RAFAŁ	1110	STOMILEX	PRUSZKÓW	POL	M40	20	M 80	00:11:53	00:24:16	00:37:05	00:51:00.77	00:51:09.65	5:06	11.8
88	JAŁOSZEWSKI MATEUSZ	1115	BRAK	KUŹNICA	POL	M30	33	M 81	00:13:17	00:25:56	00:38:22	00:50:54.96	00:51:19.87	5:05	11.8
89	OLBRYŚ STANISŁAW ADAM	1203	BRAK	NASIELSK	POL	M50	10	M 82	00:12:15	00:25:41	00:39:03	00:51:18.71	00:51:27.20	5:07	11.7
90	CZARNOWICZ ROBERT	1198		WARSZAWA	POL	M30	34	M 83	00:13:09	00:26:11	00:38:44	00:51:06.45	00:51:29.78	5:06	11.7
91	WALAŚEK JAKUB	1252		WARSZAWA	POL	M20	15	M 84	00:12:48	00:25:53	00:38:54	00:51:13.21	00:51:31.53	5:07	11.7
92	LINDNER EWA	1180		TRUSKAW	POL	K40	2	K 8	00:13:10	00:26:15	00:38:57	00:51:19.61	00:51:37.90	5:07	11.7
93	FIOLEK KATARZYNA	1109		WARSZAWA	POL	K30	5	K 9	00:13:02	00:26:08	00:39:01	00:51:32.11	00:51:44.88	5:09	11.6
94	ŻARÓW ANDRZEJ	1241	TZD	WARSZAWA	POL	M40	21	M 85	00:12:07	00:24:47	00:38:11	00:51:34.45	00:51:54.29	5:09	11.6
95	KARNOWSKI MICHAŁ	1136		WARSZAWA	POL	M40	22	M 86	00:12:08	00:25:13	00:38:53	00:51:41.99	00:51:57.86	5:10	11.6
96	WIECZOREK ANNA	1087	MAZOWIECKI ODDZIAŁ ŻANDARMERII WOJSKOWEJ	WARSZAWA	POL	K30	6	K 10	00:13:17	00:26:09	00:38:56	00:51:37.37	00:52:01.75	5:09	11.6

BIEG TROPEM WILCZYM | 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	Brutto	min/km	km/h
97	KALINOWSKI MACIEJ	1094		WILCZY TARG	POL	M50	11	M 87	00:13:08	00:26:00	00:38:46	00:51:30.78	00:52:05.01	5:09	11.7
98	KWIATKOWSKA RENATA	1096	KB OŻARÓW MAZOWIECKI BIEGA	OŻARÓW MAZOWIECKI	POL	K50	1	K 11	00:13:04	00:26:12	00:39:15	00:52:00.24	00:52:09.54	5:12	11.5
99	RESIAK JANUSZ	1161		WARSZAWA	POL	M40	23	M 88	00:13:17	00:26:08	00:39:02	00:51:36.48	00:52:15.66	5:09	11.6
100	BABIUCH MAREK	1137	ASB	POKORNA	POL	M60	5	M 89	00:12:46	00:25:53	00:38:53	00:51:49.72	00:52:19.10	5:10	11.6
101	KOWALSKA KATARZYNA	1003		WARSZAWA	POL	K30	7	K 12	00:12:51	00:25:56	00:39:01	00:52:01.69	00:52:20.40	5:12	11.5
102	WÓJCIUK PAWEŁ	1204		WARSZAWA	POL	M30	35	M 90	00:12:15	00:25:23	00:38:58	00:52:14.46	00:52:26.76	5:13	11.5
103	WIŚNIEWSKI MICHAŁ	1125		GRANICA	POL	M50	12	M 91	00:13:00	00:26:03	00:39:08	00:51:56.62	00:52:31.43	5:11	11.6
104	LASKOWSKI GRZEGORZ	1205		WARSZAWA	POL	M40	24	M 92	00:12:57	00:25:53	00:38:58	00:52:06.94	00:52:37.27	5:12	11.5
105	ELBE MIKOŁAJ	1165		WARSZAWA	POL	M20	16	M 93	00:13:45	00:27:13	00:40:48	00:52:22.54	00:52:39.29	5:14	11.5
106	ŁABA PIOTR	1126	ASZWOJ	WARSZAWA	POL	M50	13	M 94	00:13:25	00:26:23	00:39:22	00:52:12.96	00:52:41.54	5:13	11.5
107	CYWIŃSKI KACPER	1034		WARSZAWA	POL	M20	17	M 95	00:12:36	00:25:45	00:38:59	00:52:31.44	00:52:51.16	5:15	11.4
108	MARCINKOWSKA MARTA	1025		SOCHACZEW	POL	K40	3	K 13	00:12:59	00:26:07	00:39:27	00:52:36.96	00:52:51.34	5:15	11.4
109	KAPLER DANIEL	1000		WARSZAWA	POL	M40	25	M 96	00:13:08	00:26:16	00:39:31	00:52:25.28	00:53:00.00	5:14	11.4
110	FEDOROWICZ BARTOSZ	1145		SOCHACZEW	POL	M18	2	M 97	00:13:09	00:27:01	00:40:13	00:52:46.56	00:53:02.07	5:16	11.4
111		1117		WARSZAWA	POL	M30	36	M 98	00:13:47	00:27:22	00:40:27	00:52:36.93	00:53:04.25	5:15	11.4
112		1168		WARSZAWA	POL	M30	37	M 99	00:13:15	00:25:59	00:39:36	00:52:24.22	00:53:05.80	5:14	11.5
113	LIBUDA MAREK	1035	FOTO MOTO HOMO JAZZ	JULIANÓW	POL	M60	6	M 100	00:12:55	00:26:00	00:39:18	00:52:49.65	00:53:10.07	5:16	11.4
114	SAWICKI KAROL	1044		SOKOŁÓW PODLASKI	POL	M30	38	M 101	00:13:34	00:27:10	00:40:20	00:52:53.90	00:53:16.40	5:17	11.3
115	KOMOSA KRZYSZTOF	1166		OKRZESZYN	POL	M40	26	M 102	00:13:07	00:26:08	00:39:11	00:52:41.34	00:53:19.96	5:16	11.4
116	FEDOROWICZ MICHAŁ	1143		SOCHACZEW	POL	M40	27	M 103	00:12:04	00:25:31	00:39:25	00:53:05.01	00:53:20.82	5:18	11.3
117	KATNER TOMASZ	1052	FITCLUBFOLLOW	WARSZAWA	POL	M40	28	M 104	00:13:08	00:26:09	00:39:27	00:52:51.17	00:53:28.50	5:17	11.4
118	CZEPIEL TOMASZ	1024		MYŚLENICE	POL	M40	29	M 105	00:12:14	00:25:46	00:40:04	00:53:22.55	00:53:36.65	5:20	11.2
119	PUDŁOWSKI PAWEŁ	1033		DAWIDY BANKOWE	POL	M40	30	M 106	00:13:35	00:27:10	00:40:24	00:53:18.65	00:53:39.50	5:19	11.3
120	KOWALCZYK PIOTR	1131	64 BATALION LEKKIEJ PIECHOTY W POMIECHÓWKU	PRUSZKÓW	POL	M30	39	M 107	00:12:40	00:26:04	00:39:56	00:53:29.67	00:53:44.89	5:20	11.2
121	KLIMEK MARTA	1184		WARSZAWA	POL	K30	8	K 14	00:13:13	00:26:35	00:40:18	00:53:14.19	00:53:45.22	5:19	11.3
122	SOSIŃSKI MATEUSZ	1106		NOWE PRZYBOJEWO	POL	M30	40	M 108	00:13:09	00:26:29	00:39:55	00:53:26.80	00:53:46.55	5:20	11.2
123	KOZŁOWSKI MACIEJ	1055		WARSZAWA	POL	M40	31	M 109	00:13:37	00:27:07	00:40:31	00:53:10.92	00:53:47.10	5:19	11.3
124	SYKUT ADAM	1111	1.BLTR	WARSZAWA	POL	M40	32	M 110	00:13:39	00:26:58	00:40:08	00:53:25.39	00:53:53.03	5:20	11.2
125	GRZESEKOWIAK JACEK	1013		WARSZAWA	POL	M50	14	M 111	00:13:02	00:26:21	00:39:54	00:53:28.40	00:53:53.25	5:20	11.2
126	BANACH TOMASZ	1159		WARSZAWA	POL	M40	33	M 112	00:13:33	00:26:40	00:39:49	00:53:20.62	00:53:58.91	5:20	11.3
127	ŚLEDZ ALICJA	1243		KOBYŁKA	POL	K30	9	K 15	00:13:44	00:27:06	00:40:34	00:53:29.98	00:54:05.68	5:20	11.2
128	ZALEWSKA MONIKA	1244		ZAGOŚCINIEC	POL	K30	10	K 16	00:13:45	00:27:07	00:40:35	00:53:30.74	00:54:05.91	5:21	11.2
129	KAMIŃSKI MICHAŁ	1247		WARSZAWA	POL	M40	34	M 113	00:13:31	00:27:04	00:40:32	00:53:54.04	00:54:14.39	5:23	11.1
130		1169	SOWA BEZ OKA	WARSZAWA	POL	M40	35	M 114	00:13:32	00:27:14	00:40:37	00:53:37.55	00:54:16.16	5:21	11.2
131	BAŁABAS SEBASTIAN	1118	MW	WARSZAWA	POL	M30	41	M 115	00:12:22	00:25:26	00:39:15	00:54:01.93	00:54:20.01	5:24	11.1
132	GRĄDZIK MARCIN	1071		DŁUGOSIODEŁO	POL	M30	42	M 116	00:13:41	00:27:16	00:40:35	00:53:44.70	00:54:25.50	5:22	11.2
133	KOPROWSKA ADRIANNA	1070		WARSZAWA	POL	K20	3	K 17	00:13:37	00:27:18	00:40:31	00:54:03.32	00:54:26.73	5:24	11.1
134	JANKOWSKI MARIUSZ	1018		WARSZAWA	POL	M50	15	M 117	00:13:04	00:26:21	00:40:11	00:53:52.89	00:54:32.92	5:23	11.1
135	SZCZYGIEŁ ŁUKASZ	1181		WARSZAWA	POL	M40	36	M 118	00:13:06	00:26:53	00:40:53	00:54:13.19	00:54:34.40	5:25	11.1
136	PAZDRAĞ KAROLINA	1099	-	CIECHANÓW	POL	K30	11	K 18	00:13:23	00:27:05	00:40:56	00:54:23.49	00:54:41.03	5:26	11
137	DŁUŻNIEWSKI SŁAWEK	1100		CIECHANÓW	POL	M40	37	M 119	00:13:23	00:27:05	00:40:56	00:54:23.92	00:54:41.52	5:26	11
138	HARŁACZ ALICJA	1045		WARSZAWA	POL	K20	4	K 19	00:13:36	00:27:19	00:41:07	00:54:27.40	00:54:46.84	5:26	11
139	GRUCHAŁA ROBERT	1046	BANINO	BANINO	POL	M30	43	M 120	00:13:36	00:27:19	00:41:06	00:54:28.86	00:54:48.14	5:26	11
140	MAĆKOWIAK RAFAŁ	1014		WARSZAWA	POL	M30	44	M 121	00:14:02	00:27:21	00:40:50	00:54:11.80	00:54:48.62	5:25	11.1
141	BODZIACHOWSKI MARCIN	1060	JACEKBIEGA RUNNING TEAM/ROZBIEGANI PIASTÓW/ULTRAS LEGIA	WARSZAWA	POL	M40	38	M 122	00:09:51	00:19:49	00:29:55	00:39:41.58	00:54:48.78	3:58	15.1
142	ŚWIĄTEK PAWEŁ	1031		WARSZAWA	POL	M30	45	M 123	00:13:15	00:26:54	00:41:02	00:54:50.47	00:55:01.35	5:29	10.9
143	RYBUS AGATA	1065		WARSZAWA	POL	K30	12	K 20	00:13:39	00:27:41	00:41:23	00:54:50.16	00:55:09.11	5:29	10.9
144	KOŁUCKI STEFAN	1262		WARSZAWA	POL	M30	46	M 124	00:13:43	00:27:31	00:41:15	00:54:52.36	00:55:15.66	5:29	10.9
145	GŁOWACKI MATEUSZ	1144		SOCHACZEW	POL	M18	3	M 125	00:13:38	00:27:23	00:41:08	00:55:18.69	00:55:34.09	5:31	10.8
146	DZIEWIŃSKI ŁUKASZ	1187		WARSZAWA	POL	M40	39	M 126	00:13:48	00:27:46	00:41:46	00:55:15.00	00:55:36.82	5:31	10.9
147	GŁADYSZ ŁUKASZ	1064		WARSZAWA	POL	M30	47	M 127	00:13:43	00:27:31	00:41:22	00:55:11.99	00:55:45.93	5:31	10.9
148	SZCZECINA EWA	1086	KOBIETY BIEGAJĄ WARSZAWA	WARSZAWA	POL	K30	13	K 21	00:13:13	00:27:07	00:41:17	00:55:39.35	00:55:48.51	5:33	10.8
149	POGORZELSKI JAKUB	1176		WARSZAWA	POL	M30	48	M 128	00:13:52	00:27:49	00:41:43	00:55:24.81	00:55:50.75	5:32	10.8
150	LANGNER ŁUKASZ	1068		WARSZAWA	POL	M40	40	M 129	00:11:01	00:21:47	00:32:46	00:55:34.64	00:55:58.15	5:33	10.8

BIEG TROPĘM WILCZYM | 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	Brutto	min/km	km/h
151	ZIELIŃSKI NIKODEM	1072		KOMORÓW	POL	M20	18	M 130	00:13:36	00:27:38	00:41:43	00:55:25.46	00:56:02.54	5:32	10.8
152	DZIUBA JACEK	1012		WARSZAWA	POL	M50	16	M 131	00:13:35	00:27:32	00:41:42	00:55:40.15	00:56:04.36	5:34	10.8
153	JAŚLAN MAREK	1017		BŁONIE	POL	M60	7	M 132	00:13:24	00:27:46	00:41:56	00:56:12.80	00:56:21.75	5:37	10.7
154	STYCZEK KATARZYNA	1186		NOWA WOLA	POL	K50	2	K 22	00:13:28	00:27:26	00:41:41	00:56:11.09	00:56:33.71	5:37	10.7
155	KLIMKIEWICZ MARZENA	1173		RADZYMIN	POL	K40	4	K 23	00:14:08	00:28:14	00:42:38	00:56:31.59	00:56:48.03	5:39	10.6
156	SWIACKI MARIUSZ	1049		WARSZAW	POL	M50	17	M 133	00:13:20	00:27:24	00:41:57	00:56:33.25	00:56:48.09	5:39	10.6
157	SEKLECKA AGATA	1057	STG WARSZAWA	WARSZAWA	POL	K40	5	K 24	00:14:14	00:28:21	00:42:28	00:56:30.62	00:57:02.31	5:39	10.6
158	KRÓLICKI KONRAD	1056	STG WARSZAWA	WARSZAWA	POL	M40	41	M 134	00:14:15	00:28:21	00:42:29	00:56:31.33	00:57:02.59	5:39	10.6
159	WIERZBICKI ROBERT	1200	LUX MED SPORTS TEAM	PIASECZNO	POL	M50	18	M 135	00:13:46	00:27:19	00:42:50	00:57:06.92	00:57:18.24	5:42	10.5
160	PAŃTA PAWEŁ	1105		WARSZAWA	POL	M50	19	M 136	00:13:59	00:28:13	00:43:12	00:57:20.27	00:57:27.96	5:44	10.5
161	ŚWIDEREK MAŁGORZATA	1175		LUBARTÓW	POL	K20	5	K 25	00:14:58	00:29:14	00:43:32	00:57:15.45	00:57:43.66	5:43	10.5
162		1153		WARSZAWA	POL	M50	20	M 137	00:13:33	00:27:37	00:41:53	00:57:16.82	00:57:46.81	5:43	10.5
163	KOTKOWSKI ARTUR	1067		WARSZAWA	POL	M60	8	M 138	00:14:00	00:28:19		00:43:52.86	00:57:47.51	4:23	13.7
164	KULIKOWSKI MARCIN	1051		WARSZAWA	POL	M40	42	M 139	00:14:00	00:28:17	00:43:08	00:57:37.88	00:58:07.96	5:45	10.4
165	WAGNER JOLANTA	1077		WARSZAWA	POL	K50	3	K 26	00:14:39	00:29:01	00:43:20	00:57:31.10	00:58:11.72	5:45	10.4
166	RYBOWSKI PIOTR	1134	AMBIWERTYCY	STAROWA GÓRA	POL	M40	43	M 140	00:13:42	00:27:44	00:42:48	00:58:06.51	00:58:26.92	5:48	10.3
167	URBAŃSKI DOMINIK	1257		WARSZAWA	POL	M30	49	M 141	00:14:22	00:28:39	00:43:25	00:58:03.27	00:58:32.10	5:48	10.3
168	KŁOPOTOWSKI BARTOSZ	1027		WARSZAWA	POL	M20	19	M 142	00:14:23	00:28:40	00:43:27	00:58:05.42	00:58:32.95	5:48	10.3
169	POHRYBIENIUK ZOFIA	1073		PODKOWA LEŚNA	POL	K20	6	K 27	00:13:43	00:27:56	00:42:49	00:57:57.60	00:58:34.61	5:47	10.4
170	MATCZUK KONRAD	1157	WOŁOMIN	WOŁOMIN	POL	M50	21	M 143	00:14:48	00:29:24	00:43:57	00:58:02.94	00:58:35.28	5:48	10.3
171	KLIMECKA-MACHAJ KAROLINA	1022		WARSZAWA	POL	K30	14	K 28	00:14:52	00:29:35	00:44:05	00:58:09.65	00:58:35.85	5:48	10.3
172	JAKUBOWSKA MAGDALENA	1147		POLICZNA	POL	K20	7	K 29	00:14:22	00:28:47	00:43:54	00:58:28.95	00:58:46.02	5:50	10.3
173	ZAWADZKI MATEUSZ	1194		WARSZAWA	POL	M30	50	M 144	00:14:44	00:29:55	00:44:22	00:58:38.36	00:59:03.79	5:51	10.2
174	TUROWSKI JAN	1108		WARSZAWA	POL	M20	20	M 145	00:13:00	00:27:54	00:43:32	00:58:45.66	00:59:07.57	5:52	10.2
175	KUBICKI KRZYSZTOF	1239		PIASECZNO	POL	M30	51	M 146	00:13:24	00:28:26	00:44:00	00:59:00.54	00:59:12.34	5:54	10.2
176	LISZEWSKA - GIRTLEK MARIA	1260	PZU SPORT TEAM	WARSZAWA	POL	K30	15	K 30	00:14:50	00:29:39	00:44:14	00:58:51.20	00:59:18.37	5:53	10.2
177	KUCIAPSKI TOMASZ	1095	HTTPS://NETPOINT.SYSTEMS	SOCHACZEW	POL	M50	22	M 147	00:14:46	00:31:26	00:45:31	00:58:48.58	00:59:24.47	5:52	10.2
178	ELBE DOMINIKA	1163		WARSZAWA	POL	K20	8	K 31	00:13:49	00:28:42	00:44:18	00:59:14.02	00:59:30.74	5:55	10.1
179	TORZEWSKA AGNIESZKA	1038	BEMOWO BIEGA	WARSZAWA	POL	K50	4	K 32	00:14:55	00:29:58	00:44:42	00:59:38.78	01:00:03.78	5:57	10.1
180	TORZEWSKI JANUSZ	1037	BEMOWO BIEGA	WARSZAWA	POL	M50	23	M 148	00:15:20	00:29:59	00:44:42	00:59:38.84	01:00:03.81	5:57	10.1
181	ZDROJEWSKA BEATA	1156		PIASECZNO	POL	K40	6	K 33	00:15:57	00:31:16	00:45:49	00:59:50.68	01:00:22.52	5:59	10
182	CZERWIŃSKA PAULINA	1061		WARSZAWA	POL	K40	7	K 34	00:14:45	00:29:56	00:45:06	01:00:06.83	01:00:32.33	6:00	10
183	KOMINCZ IZABELA	1054		WARSZAWA	POL	K20	9	K 35	00:14:21	00:29:58	00:46:20	01:01:59.01	01:02:09.78	6:11	9.7
184	STARCZEWSKI PIOTR	1116		PRUSZKÓW	POL	M60	9	M 149	00:14:13	00:29:16	00:45:15	01:01:51.73	01:02:29.35	6:11	9.7
185	KUCHARSKA ANETA	1248		WARSZAWA	POL	K40	8	K 36	00:16:43			00:32:25.71	01:02:34.39	3:14	18.5
186		1043		MIŃSK MAZOWIECKI	POL	K40	9	K 37	00:14:26	00:29:59	00:46:29	01:02:11.92	01:02:34.69	6:13	9.6
187	BARSZCZ AGATA	1152		STARACHOWICE	POL	K30	16	K 38	00:14:57	00:30:43	00:46:51	01:02:35.21	01:02:51.52	6:15	9.6
188	ZIELIŃSKI ALEKSANDER	1076		KOMORÓW	POL	M30	52	M 150	00:14:31	00:30:19	00:46:21	01:02:15.17	01:02:52.31	6:13	9.6
189	PAWŁOWSKI MAKSYMILIAN	1135		TRZCIANY	POL	M30	53	M 151	00:16:19	00:32:39	00:48:47	01:02:27.04	01:02:59.22	6:14	9.6
190	KRAJNIK GRZEGORZ	1255		WARSZAWA	POL	M30	54	M 152	00:14:46	00:30:38	00:47:09	01:02:33.61	01:03:11.35	6:15	9.6
191	ŚWIETLIK PAWEŁ	1104	PIASECZNO RUNNING	ŁBISKA	POL	M40	44	M 153	00:15:11	00:30:59	00:46:54	01:03:14.94	01:03:43.87	6:19	9.5
192	DĄBRÓWKA AGNIESZKA	1263		WARKA	POL	K40	10	K 39	00:14:59	00:30:50	00:47:21	01:03:24.34	01:03:58.40	6:20	9.5
193	HRYNIEWICKA DOMINIKA	1112		WARSZAWA	POL	K20	10	K 40	00:16:04	00:31:24	00:47:39	01:03:35.63	01:04:03.79	6:21	9.4
194	PRZĄDKA KATARZYNA	1091		WARSZAWA	POL	K40	11	K 41	00:16:13	00:32:22	00:48:33	01:03:59.45	01:04:12.93	6:23	9.4
195	ZBIĘC BOŻENA	1092	DARFIK TEAM	SIEDLCE	POL	K60	1	K 42	00:16:13	00:32:22	00:48:34	01:03:59.81	01:04:13.22	6:23	9.4
196	ZBIĘC JANUSZ	1093	DARFIK TEAM	SIEDLCE	POL	M60	10	M 154	00:16:13	00:32:21	00:48:33	01:03:59.73	01:04:13.43	6:23	9.4
197	WILCZYŃSKA SYLWIA	1007		WARSZAWA	POL	K40	12	K 43	00:15:06	00:31:33	00:47:47	01:04:02.59	01:04:17.38	6:24	9.4
198	KULCZYKOWSKA MICHALINA	1133		ZAWIERCIE	POL	K30	17	K 44	00:16:40	00:32:23	00:48:50	01:03:51.00	01:04:23.15	6:23	9.4
199	KIELT JOANNA	1132		ŁÓDZ	POL	K40	13	K 45	00:15:35	00:31:44	00:48:24	01:04:30.54	01:04:50.13	6:27	9.3
200	MAZGAJ HENRYK	1253		WARSZAWA	POL	M60	11	M 155	00:15:02	00:30:48	00:47:55	01:04:17.09	01:04:51.03	6:25	9.3
201	GÓRSKI DARIUSZ	1124		WARSZAWA	POL	M50	24	M 156	00:14:50	00:31:00	00:48:03	01:04:37.48	01:05:06.79	6:27	9.3
202	URBAŃSKI DOMINIK	1063		ŁĄJSKI	POL	M30	55	M 157	00:15:15	00:31:35	00:48:11	01:04:33.80	01:05:15.77	6:27	9.3
203	MICHOWSKA-WEBER AGNIESZKA	1142		RASZYN	POL	K30	18	K 46	00:16:30	00:32:43	00:48:52	01:05:10.80	01:05:37.12	6:31	9.2
204	WEBER MICHAŁ	1141		RASZYN	POL	M30	56	M 158	00:16:30	00:32:42	00:48:51	01:05:12.73	01:05:39.34	6:31	9.2
205	OLSZEWSKI LESZEK	1178	TEAM DWA OGNIE	WARSZAWA	POL	M50	25	M 159	00:15:58	00:32:35	00:49:23	01:05:14.42	01:05:44.33	6:31	9.2
206	SŁUPEK BEATA	1179	TEAM DWA OGNIE	WARSZAWA	POL	K30	19	K 47	00:15:59	00:32:34	00:49:22	01:05:22.09	01:05:51.77	6:32	9.2
207	JAMROZOWICZ DAMIAN	1036		SĘKOCIN STARY	POL	M40	45	M 160	00:15:08	00:32:05	00:49:44	01:07:13.47	01:07:31.26	6:43	8.9

BIEG TROPEM WILCZYM | 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	Brutto	min/km	km/h
208	BRODZKA MONIKA	1188		WARSZAWA	POL	K40	14	K 48	00:17:03	00:33:58	00:50:56	01:07:19.80	01:07:42.47	6:43	8.9
209	ZIÓŁKOWSKI NORBERT	1066		ŁOMIANKI	POL	M30	57	M 161	00:15:52	00:32:24	00:49:35	01:07:21.97	01:08:00.91	6:44	8.9
210	WOŹNIAK-PĄTKOWSKA KATARZYNA	1114		WARSZAWA	POL	K40	15	K 49	00:16:18	00:33:17	00:50:52	01:08:16.04	01:08:28.19	6:49	8.8
211		1113		GARWOLIN	POL	M20	21	M 162	00:15:40	00:32:19	00:50:40	01:07:56.89	01:08:39.48	6:47	8.8
212	SEKRECKA MARZENA	1121		WARSZAWA	POL	K40	16	K 50	00:15:41	00:33:08	00:51:05	01:08:49.04	01:09:04.17	6:52	8.7
213	LEWANDOWSKI PIOTR	1015		WARSZAWA	POL	M50	26	M 163	00:15:58	00:32:38	00:50:46	01:08:54.47	01:09:30.46	6:53	8.7
214	SIKORSKI TOMASZ	1002	IPN/NOWICA CRAZY COMANDO	WARSZAWA	POL	M60	12	M 164	00:16:14	00:33:09	00:52:30	01:10:44.45	01:11:12.56	7:04	8.5
215	JURKOWSKA IRENA	1238		WARSZAWA	POL	K60	2	K 51	00:16:56	00:34:35	00:52:47	01:11:27.29	01:11:49.54	7:08	8.4
216	HRYCKIEWICZ-WIERZBICKA AGNIESZKA	1201		WARSZAWA	POL	K40	17	K 52	00:16:58	00:35:35	00:55:08	01:15:22.38	01:15:33.40	7:32	8
217	WISZNIEWSKA ZOFIA	1251		WARSZAWA	POL	K40	18	K 53	00:15:58	00:32:38	00:49:31	01:07:08.21	01:16:05.55	6:42	8.9
218	KOSMĘDA ALICJA	1240		WARSZAWA	POL	K20	11	K 54	00:20:42	00:42:28	01:03:42	01:23:08.50	01:23:42.55	8:18	7.2
219	KOSMĘDA PIOTR MICHAŁ	1020		WARSZAWA	POL	M40	46	M 165	00:20:42	00:42:28	01:03:42	01:23:09.71	01:23:43.48	8:18	7.2
220	GADEK - MLECZKO KATARZYNA	1250		WARSZAWA	POL	K40	19	K 55				00:11:53.82	02:13:23.29	1:11	50.5
221	CIEPLAK ANDRZEJ	1026		WARSZAWA	POL	M40	47	M 166	00:14:02			00:27:51.69	03:43:08.21	2:47	21.5