

**3 KOŁOBRZESKI TRIATHLON INDOOR**

Organizator: HOTEL SEASIDE  
 Data: 2025-03-29  
 Miejsce: Kołobrzeg  
 Dystans: 12 km  
 Klasyfikacja wg czasów netto.


**3 KOŁOBRZESKI TRIATHLON INDOOR, OPEN**

| M-ce | Nazwisko i imię                                          | Nr  | Klub     | M-scowość | Kraj | Kat.     | M. kat | K/M  | Pływanie<br>0.6km | T1       | Rower<br>8km  | T2       | Bieg<br>2.3km | Netto       |
|------|----------------------------------------------------------|-----|----------|-----------|------|----------|--------|------|-------------------|----------|---------------|----------|---------------|-------------|
| 1    | PIETRUCZUK CHRISTOPHER                                   | 40  |          |           | POL  | M30-39   | 1      | M 1  | 00:04:21 (2)      | 00:00:30 | 00:12:11 (1)  | 00:00:02 | 00:10:51 (1)  | 00:27:55.83 |
| 2    | LIS ŁUKASZ                                               | 41  |          |           | POL  | M30-39   | 2      | M 2  | 00:03:55 (1)      | 00:00:29 | 00:12:34 (2)  | 00:00:02 | 00:11:34 (4)  | 00:28:34.11 |
| 3    | DAWIDZIUK MACIEJ                                         | 42  |          |           | POL  | M40-49   | 1      | M 3  | 00:05:17 (11)     | 00:00:27 | 00:13:30 (4)  | 00:00:02 | 00:11:16 (2)  | 00:30:32.54 |
| 4    | KAZANECKI TOMASZ                                         | 74  |          |           | POL  | M40-49   | 2      | M 4  | 00:05:05 (8)      | 00:00:31 | 00:13:12 (3)  | 00:00:02 | 00:12:57 (12) | 00:31:47.86 |
| 5    | JAHNZ KAROLINA                                           | 6   |          |           | POL  | K40-49   | 1      | K 1  | 00:04:44 (4)      | 00:00:29 | 00:15:09 (25) | 00:00:02 | 00:11:51 (7)  | 00:32:15.99 |
| 6    | PARCHETA WOJCIECH                                        | 48  |          |           | POL  | M16-29   | 1      | M 5  | 00:05:23 (15)     | 00:00:27 | 00:13:58 (8)  | 00:00:02 | 00:12:35 (9)  | 00:32:25.67 |
| 7    | FOLTYNIEWICZ HANNA                                       | 23  |          |           | POL  | K16-29   | 1      | K 2  | 00:04:22 (3)      | 00:00:30 | 00:16:19 (41) | 00:00:02 | 00:11:17 (3)  | 00:32:30.53 |
| 8    | FOLTYNIEWICZ MACIEJ                                      | 79  |          |           | POL  | M50+     | 1      | M 6  | 00:05:17 (12)     | 00:00:32 | 00:15:02 (22) | 00:00:02 | 00:11:45 (6)  | 00:32:38.70 |
| 9    | ABRAMCZYK RAFAŁ                                          | 45  |          |           | POL  | M50+     | 2      | M 7  | 00:05:08 (10)     | 00:00:28 | 00:13:47 (6)  | 00:00:02 | 00:13:17 (15) | 00:32:42.34 |
| 10   | KOWALEWSKI MACIEJ                                        | 19  |          |           | POL  | M16-29   | 2      | M 8  | 00:04:47 (5)      | 00:00:31 | 00:15:33 (34) | 00:00:02 | 00:12:20 (8)  | 00:33:13.71 |
| 11   | TOMCZAK TOMASZ                                           | 87  |          |           | POL  | M50+     | 3      | M 9  | 00:05:02 (7)      | 00:00:30 | 00:15:20 (29) | 00:00:02 | 00:13:10 (14) | 00:34:04.82 |
| 12   | KOZIEŁ SEBASTIAN                                         | 20  |          |           | POL  | M16-29   | 3      | M 10 | 00:07:08 (42)     | 00:00:28 | 00:15:08 (24) | 00:00:02 | 00:11:39 (5)  | 00:34:25.22 |
| 13   | GERKE MATEUSZ                                            | 18  |          |           | POL  | M30-39   | 3      | M 11 | 00:06:05 (29)     | 00:00:28 | 00:14:33 (14) | 00:00:02 | 00:13:17 (16) | 00:34:25.23 |
| 14   | JAKUBISZYN MARIUSZ<br>JAŚKOWIEC MARTYNA<br>OSTOLSKI ADAM | 101 | SZTAFETA |           | POL  | K-OPEN   | 1      | K 3  | 00:06:01 (28)     | 00:00:29 | 00:15:08 (23) | 00:00:02 | 00:13:02 (13) | 00:34:42.92 |
| 15   | BRZozowski PAWEŁ                                         | 47  |          |           | POL  | M30-39   | 4      | M 12 | 00:05:53 (24)     | 00:00:33 | 00:14:25 (11) | 00:00:02 | 00:14:01 (11) | 00:34:54.42 |
| 16   | TYL PAWEŁ                                                | 9   |          |           | POL  | M40-49   | 3      | M 13 | 00:07:35 (52)     | 00:00:33 | 00:14:30 (13) | 00:00:02 | 00:12:35 (11) | 00:35:15.54 |
| 17   | HAWROT SYLWESTER                                         | 85  |          |           | POL  | M50+     | 4      | M 14 | 00:06:11 (30)     | 00:00:29 | 00:14:55 (20) | 00:00:02 | 00:13:41 (18) | 00:35:18.03 |
| 18   | GROCKI DAMIAN                                            | 88  |          |           | POL  | M40-49   | 4      | M 15 | 00:05:24 (16)     | 00:00:30 | 00:13:43 (5)  | 00:00:02 | 00:15:46 (39) | 00:35:25.97 |
| 19   | OZIMEK ROBERT                                            | 73  |          |           | POL  | M40-49   | 5      | M 16 | 00:05:53 (23)     | 00:00:35 | 00:13:47 (7)  | 00:00:02 | 00:15:19 (34) | 00:35:36.31 |
| 20   | KORBUSZEWSKI ARKADIUSZ                                   | 22  |          |           | POL  | M16-29   | 4      | M 17 | 00:05:49 (22)     | 00:00:29 | 00:15:22 (31) | 00:00:02 | 00:14:04 (21) | 00:35:46.72 |
| 21   | CHODOR MARTYNA                                           | 46  |          |           | POL  | K40-49   | 2      | K 4  | 00:05:36 (18)     | 00:00:33 | 00:15:13 (27) | 00:00:02 | 00:14:29 (24) | 00:35:53.22 |
| 22   | JASIUCHNA MAREK                                          | 31  |          |           | POL  | M40-49   | 6      | M 18 | 00:05:56 (25)     | 00:00:30 | 00:14:18 (10) | 00:00:02 | 00:15:09 (32) | 00:35:55.20 |
| 23   | BENTKOWSKA NATALIA                                       | 91  |          |           | POL  | K30-39   | 1      | K 5  | 00:05:38 (19)     | 00:00:30 | 00:16:21 (42) | 00:00:02 | 00:14:05 (22) | 00:36:36.33 |
| 24   | BLUMA TOMASZ                                             | 8   |          |           | POL  | M40-49   | 7      | M 19 | 00:06:36 (34)     | 00:00:30 | 00:14:28 (12) | 00:00:02 | 00:15:08 (31) | 00:36:44.91 |
| 25   | NAWODZIŃSKI GRZEGORZ                                     | 89  |          |           | POL  | M40-49   | 8      | M 20 | 00:06:52 (38)     | 00:00:29 | 00:15:23 (32) | 00:00:02 | 00:14:15 (23) | 00:37:01.74 |
| 26   | ELIASZ PAWEŁ                                             | 90  |          |           | POL  | M50+     | 5      | M 21 | 00:06:12 (31)     | 00:00:30 | 00:15:28 (33) | 00:00:02 | 00:15:05 (29) | 00:37:17.18 |
| 27   | KROCZYŃSKI SŁAWOMIR                                      | 82  |          |           | POL  | M50+     | 6      | M 22 | 00:07:31 (51)     | 00:00:34 | 00:14:42 (17) | 00:00:02 | 00:14:42 (26) | 00:37:31.35 |
| 28   | ADAMCZYK MATEUSZ                                         | 16  |          |           | POL  | M30-39   | 5      | M 23 | 00:07:45 (54)     | 00:00:39 | 00:14:44 (19) | 00:00:02 | 00:14:39 (25) | 00:37:49.96 |
| 29   | WACHUŁKA RAFAŁ                                           | 10  |          |           | POL  | M40-49   | 9      | M 24 | 00:06:52 (37)     | 00:00:32 | 00:14:16 (9)  | 00:00:02 | 00:16:10 (43) | 00:37:52.23 |
| 30   | NADZIEJA-USEWICZ EMILIA                                  | 75  |          |           | POL  | K16-29   | 2      | K 6  | 00:05:23 (14)     | 00:00:30 | 00:19:22 (72) | 00:00:02 | 00:12:35 (13) | 00:37:52.97 |
| 31   | JANKOWSKI JAKUB                                          | 35  |          |           | POL  | M50+     | 7      | M 25 | 00:05:08 (9)      | 00:00:32 | 00:15:10 (26) | 00:00:02 | 00:17:10 (50) | 00:38:02.00 |
| 32   | SZAŁA ANGELIKA<br>KUBIAK MONIKA<br>KUBIAK RAFAŁ          | 98  | SZTAFETA |           | POL  | SZTAFETY | 1      | K 7  | 00:05:38 (20)     | 00:00:27 | 00:16:43 (49) | 00:00:02 | 00:15:28 (36) | 00:38:18.80 |
| 33   | KARPOWICZ TOMEK<br>KARPOWICZ ARTUR<br>KARPOWICZ JOANNA   | 100 | SZTAFETA |           | POL  | M-OPEN   | 1      | M 26 | 00:05:22 (13)     | 00:00:30 | 00:14:57 (21) | 00:00:02 | 00:17:30 (53) | 00:38:21.18 |
| 34   | KIRAGA JAREK                                             | 34  |          |           | POL  | M30-39   | 6      | M 27 | 00:07:40 (53)     | 00:00:31 | 00:14:43 (18) | 00:00:02 | 00:15:37 (38) | 00:38:33.00 |
| 35   | SALASA PAWEŁ<br>JAKOWIEC MARIAN<br>ADOMAITIS ANDRIUS     | 102 | SZTAFETA |           | POL  | K-OPEN   | 2      | K 8  | 00:05:47 (21)     | 00:00:33 | 00:18:50 (67) | 00:00:02 | 00:13:31 (17) | 00:38:43.03 |
| 36   | GROCKA RENATA<br>GROCKA NATALIA<br>MACHALICA MICHAŁ      | 99  | SZTAFETA |           | POL  | SZTAFETY | 2      | K 9  | 00:04:54 (6)      | 00:00:32 | 00:19:14 (71) | 00:00:02 | 00:14:02 (20) | 00:38:44.99 |

### 3 KOŁOBRZESKI TRIATHLON INDOOR, OPEN c.d.

| M-ce | Nazwisko i imię                                    | Nr  | Klub     | M-scowość | Kraj | Kat.   | M. kat | K/M  | Pływanie<br>0.6km    | T1       | Rower<br>8km  | T2       | Bieg<br>2.3km | Netto             |
|------|----------------------------------------------------|-----|----------|-----------|------|--------|--------|------|----------------------|----------|---------------|----------|---------------|-------------------|
| 37   | GAŁAN LESZEK                                       | 80  |          |           | POL  | M50+   | 8      | M 28 | 00:07:24 (48)        | 00:00:33 | 00:15:19 (28) | 00:00:02 | 00:15:27 (35) | 00:38:45.40       |
| 38   | MARCINKOWSKI MAREK                                 | 72  |          |           | POL  | M40-49 | 10     | M 29 | 00:06:37 (36)        | 00:00:28 | 00:16:48 (52) | 00:00:02 | 00:14:55 (28) | 00:38:50.57       |
| 39   | NAZOREK JACEK                                      | 38  |          |           | POL  | M40-49 | 11     | M 30 | 00:07:52 (55)        | 00:00:30 | 00:14:35 (15) | 00:00:02 | 00:16:06 (42) | 00:39:05.46       |
| 40   | PRAŁAT DOMINIK                                     | 21  |          |           | POL  | M16-29 | 5      | M 31 | 00:07:20 (44)        | 00:00:36 | 00:15:49 (37) | 00:00:02 | 00:15:29 (37) | 00:39:16.98       |
| 41   | KAŁUŻA MARIUSZ                                     | 27  |          |           | POL  | M40-49 | 12     | M 32 | 00:09:13 (67)        | 00:00:38 | 00:14:38 (16) | 00:00:02 | 00:15:06 (30) | 00:39:37.03       |
| 42   | ADAMCZYK BARTOSZ                                   | 17  |          |           | POL  | M30-39 | 7      | M 33 | 00:06:01 (27)        | 00:00:36 | 00:15:22 (30) | 00:00:02 | 00:17:46 (56) | 00:39:47.35       |
| 43   | JARON-WACHUŁKA AGNIESZKA                           | 4   |          |           | POL  | K40-49 | 3      | K 10 | 00:06:34 (33)        | 00:00:30 | 00:17:00 (53) | 00:00:02 | 00:15:58 (41) | 00:40:04.32       |
| 44   | KOWOLIK PIOTR                                      | 86  |          |           | POL  | M40-49 | 13     | M 34 | 00:08:28 (63)        | 00:00:32 | 00:15:37 (35) | 00:00:02 | 00:15:49 (40) | 00:40:28.00       |
| 45   | BARUTOWICZ GRZEGORZ                                | 78  |          |           | POL  | M40-49 | 14     | M 35 | 00:07:57 (57)        | 00:00:32 | 00:16:46 (50) | 00:00:02 | 00:15:16 (33) | 00:40:33.79       |
| 46   | POŁONSKI MARCIN                                    | 84  |          |           | POL  | M30-39 | 8      | M 36 | 00:06:00 (26)        | 00:00:34 | 00:16:12 (40) | 00:00:02 | 00:17:49 (58) | 00:40:37.94       |
| 47   | KUĆKO PATRYK                                       | 96  |          |           | POL  | M16-29 | 6      | M 37 | 00:08:02 (59)        | 00:00:51 | 00:15:41 (36) | 00:00:02 | 00:16:31 (46) | 00:41:07.25       |
| 48   | SAWICZ AGNIESZKA                                   | 33  |          |           | POL  | K30-39 | 2      | K 11 | 00:07:26 (49)        | 00:00:32 | 00:15:58 (39) | 00:00:02 | 00:17:18 (51) | 00:41:16.00       |
| 49   | REŃSKI DOMINIK                                     | 32  |          |           | POL  | M40-49 | 15     | M 38 | 00:06:12 (32)        | 00:00:30 | 00:16:46 (51) | 00:00:02 | 00:17:49 (59) | 00:41:19.00       |
| 50   | SŁOWIK ŁUKASZ                                      | 15  |          |           | POL  | M30-39 | 9      | M 39 | 00:08:02 (60)        | 00:00:30 | 00:16:42 (48) | 00:00:02 | 00:16:12 (45) | 00:41:28.91       |
| 51   | SAWICKA URSZULA                                    | 67  |          |           | POL  | K30-39 | 3      | K 12 | 00:07:20 (45)        | 00:00:32 | 00:17:28 (60) | 00:00:02 | 00:16:12 (44) | 00:41:34.10       |
| 52   | KOWALSKA KATARZYNA                                 | 69  |          |           | POL  | K30-39 | 4      | K 13 | 00:07:01 (39)        | 00:00:34 | 00:17:25 (59) | 00:00:02 | 00:16:43 (47) | 00:41:45.92       |
| 53   | MAJEWSKI KRZYSZTOF                                 | 37  |          |           | POL  | M40-49 | 16     | M 40 | 00:07:55 (56)        | 00:00:31 | 00:16:32 (44) | 00:00:02 | 00:16:46 (48) | 00:41:46.69       |
| 54   | TYSZER JOANNA                                      | 30  |          |           | POL  | K30-39 | 5      | K 14 | 00:07:03 (41)        | 00:00:32 | 00:16:37 (46) | 00:00:02 | 00:17:40 (55) | 00:41:54.07       |
| 55   | KRUPIAK-NEUMANN KATARZYNA                          | 5   |          |           | POL  | K30-39 | 6      | K 15 | 00:05:35 (17)        | 00:00:33 | 00:17:22 (57) | 00:00:02 | 00:19:42 (69) | 00:43:14.21       |
| 56   | TYL KATARZYNA                                      | 3   |          |           | POL  | K40-49 | 4      | K 16 | 00:07:03 (40)        | 00:00:34 | 00:18:02 (64) | 00:00:02 | 00:17:46 (57) | 00:43:27.89       |
| 57   | JANUSZCZAK FRANCISZEK                              | 77  |          |           | POL  | M50+   | 9      | M 41 | 00:09:16 (69)        | 00:00:42 | 00:15:54 (38) | 00:00:02 | 00:17:37 (54) | 00:43:31.99       |
| 58   | MAŁKOWSKI PAWEŁ                                    | 71  |          |           | POL  | M30-39 | 10     | M 42 | 00:08:55 (65)        | 00:00:44 | 00:17:10 (54) | 00:00:02 | 00:17:02 (49) | 00:43:53.00       |
| 59   | MOŹDŻYŃSKI TOMASZ                                  | 25  |          |           | POL  | M40-49 | 17     | M 43 | 00:07:22 (46)        | 00:00:35 | 00:17:48 (62) | 00:01:02 | 00:17:23 (52) | 00:44:10.65       |
| 60   | MODELSKI MAREK                                     | 2   |          |           | POL  | M30-39 | 11     | M 44 | 00:08:00 (58)        | 00:00:35 | 00:17:19 (56) | 00:00:02 | 00:18:22 (61) | 00:44:18.44       |
| 61   | NADKAŃSKI ANDRZEJ                                  | 81  |          |           | POL  | M50+   | 10     | M 45 | 00:08:03 (61)        | 00:00:38 | 00:16:37 (45) | 00:00:02 | 00:19:04 (63) | 00:44:24.95       |
| 62   | JARZYNA MACIEJ                                     | 24  |          |           | POL  | M30-39 | 12     | M 46 | 00:08:39 (64)        | 00:00:36 | 00:16:22 (43) | 00:00:02 | 00:19:10 (65) | 00:44:49.04       |
| 63   | TKACZYK AGATA                                      | 36  |          |           | POL  | K30-39 | 7      | K 17 | 00:07:10 (43)        | 00:00:38 | 00:17:34 (61) | 00:00:02 | 00:19:26 (67) | 00:44:50.00       |
| 64   | HORNIATKIEWICZ ALEKSANDER                          | 76  |          |           | POL  | M50+   | 11     | M 47 | 00:10:23 (75)        | 00:00:33 | 00:19:10 (70) | 00:00:02 | 00:14:42 (27) | 00:44:50.33       |
| 65   | MOŹDŻYŃSKI DANIEL                                  | 26  |          |           | POL  | M40-49 | 18     | M 48 | 00:09:24 (70)        | 00:01:04 | 00:16:42 (47) | 00:00:02 | 00:18:14 (60) | 00:45:26.00       |
| 66   | BLUMA MARTA                                        | 68  |          |           | POL  | K40-49 | 5      | K 18 | 00:08:24 (62)        | 00:00:34 | 00:19:04 (69) | 00:00:02 | 00:19:16 (66) | 00:47:20.87       |
| 67   | KAŁUŻA MARTA                                       | 28  |          |           | POL  | K40-49 | 6      | K 19 | 00:07:23 (47)        | 00:00:37 | 00:17:12 (55) | 00:00:02 | 00:22:06 (74) | 00:47:20.89       |
| 68   | LIS EWA                                            | 29  |          |           | POL  | K30-39 | 8      | K 20 | 00:07:26 (50)        | 00:00:31 | 00:19:57 (74) | 00:00:02 | 00:19:39 (68) | 00:47:35.00       |
| 69   | SALAWA ANNA                                        | 14  |          |           | POL  | K30-39 | 9      | K 21 | 00:10:06 (73)        | 00:00:37 | 00:18:34 (66) | 00:00:02 | 00:18:41 (62) | 00:48:00.52       |
| 70   | SZYMAŃSKI SEBASTIAN                                | 7   |          |           | POL  | M40-49 | 19     | M 49 | 00:09:01 (66)        | 00:00:35 | 00:19:49 (73) | 00:00:02 | 00:19:07 (64) | 00:48:34.69       |
| 71   | KRÓL MAGDALENA                                     | 94  |          |           | POL  | K30-39 | 10     | K 22 | 00:09:35 (71)        | 00:00:47 | 00:20:06 (75) | 00:00:02 | 00:20:05 (71) | 00:50:35.72       |
| 72   | BŁĄŻEWICZ MICHAŁ                                   | 1   |          |           | POL  | M40-49 | 20     | M 50 | 00:10:09 (74)        | 00:00:41 | 00:19:04 (68) | 00:00:02 | 00:20:40 (72) | 00:50:36.56       |
| 73   | SPYCHAŁA MIŁOSZ                                    | 92  |          |           | POL  | M30-39 | 13     | M 51 | 00:10:00 (72)        | 00:00:48 | 00:17:58 (63) | 00:00:02 | 00:21:57 (73) | 00:50:45.28       |
| 74   | MISZTAŁ ANITA                                      | 44  |          |           | POL  | K50+   | 1      | K 23 | 00:10:37 (76)        | 00:00:37 | 00:18:05 (65) | 00:00:02 | 00:22:08 (75) | 00:51:29.89       |
| 75   | BOŚKO PAULINA                                      | 93  |          |           | POL  | K30-39 | 11     | K 24 | 00:10:46 (77)        | 00:00:36 | 00:20:26 (76) | 00:00:02 | 00:19:52 (70) | 00:51:42.97       |
| 76   | HORNIATKIEWICZ MAŁGORZATA                          | 83  |          |           | POL  | K50+   | 2      | K 25 | 00:09:13 (68)        | 00:00:36 | 00:17:22 (58) | 00:00:02 | 00:24:59 (77) | 00:52:12.18       |
| 77   | WASIUCZYŃSKI GRZEGORZ                              | 43  |          |           | POL  | M50+   | 12     | M 52 | 00:13:12 (79)        | 00:00:41 | 00:25:44 (77) | 00:00:02 | 00:22:10 (76) | 01:01:49.46       |
| DQ   | KALETA CEZARY<br>KALETA ALICJA<br>KALETA SEBASTIAN | 97  | SZTAFETA |           | POL  | K-OPEN | DQ     | DQ   | 00:06:36 DQ<br>(35)  | 00:00:33 |               | 00:00:00 | 00:29:16 ()   | 00:29:16.70<br>DQ |
| DQ   | X X                                                | 113 |          |           | POL  |        | DQ     | DQ   | 01:18:09 DQ<br>(80)  |          | 00:00:00 ()   | 00:00:00 | 00:00:00 ()   | DQ                |
| DQ   | XX XX                                              | 114 |          |           | POL  |        | DQ     | DQ   | 05:58:51 DQ<br>(81)  |          | 00:00:00 ()   | 00:00:00 | 00:00:00 ()   | DQ                |
|      | SKROBINSKI PAWEŁ                                   | 95  |          |           | POL  | M30-39 |        |      | 00:12:41 DNF<br>(78) |          | 00:00:00 ()   | 00:00:00 | 00:00:00 ()   | DNF               |
|      | PITROWSKA ELŻBIETA                                 | 70  |          |           | POL  | K40-49 |        |      | 07:37:45 DNF<br>(82) |          | 00:00:00 ()   | 00:00:00 | 00:00:00 ()   | DNF               |