

DUCH 60 KM

Organizator: Stowarzyszenie Duch Pogórza
 Data: 2025-03-29
 Miejsce: Dubiecko
 Dystans: 68 km
 Klasyfikacja wg czasów brutto.


DUCH 60 KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 25km | 34km | 43km | 59km | Netto | Brutto | min/km | km/h |
|------|---------------------|-----|----------------------------------|-----------------|------|------|--------|------|-----------------|-----------------|-----------------|----------|----------|-------------|-------------|--------|------|
| 1 | PRZYWARA PRZEMEK | 212 | MUSICTEAM | ROP CZYCE | POL | M-30 | 1 | M 1 | 01:06:25 | 02:50:31 | 04:03:48 | 05:21:02 | 07:27:35 | 08:54:01.00 | 08:54:01.00 | 7:51 | 7.6 |
| 2 | DERDA MARIUSZ | 206 | AKTYWNY DYNÓW / @BIEGOWA_WOLNOSC | DYNÓW | POL | M-30 | 2 | M 2 | 00:54:40 | 03:01:09 | 04:17:44 | 05:37:17 | 07:42:28 | 09:14:56.00 | 09:14:56.00 | 8:09 | 7.4 |
| 3 | TOKARSKI SZYMON | 217 | | NOWY SĄCZ | POL | M-40 | 1 | M 3 | 00:55:43 | 02:41:07 | 04:11:07 | 05:38:04 | 08:03:49 | 09:33:27.00 | 09:33:27.00 | 8:25 | 7.1 |
| 4 | BIAŁECKI PATRYK | 204 | CIEPŁE BAMBOSZE | BIELSKO BIAŁA | POL | M-30 | 3 | M 4 | 00:55:22 | 03:02:30 | 04:23:40 | 05:54:12 | 08:11:44 | 09:39:23.00 | 09:39:23.00 | 8:31 | 7 |
| 5 | KWIATKOWSKI DOMINIK | 211 | JUTRZENKA DĘBICA | GOŁĘCZYNA | POL | M-30 | 4 | M 5 | 01:10:50 | 03:07:40 | 04:34:11 | 06:02:15 | 08:18:31 | 09:53:39.00 | 09:53:39.00 | 8:43 | 6.9 |
| 6 | FORMELLA JULIUSZ | 207 | | KIEŁPINO | POL | M-20 | 1 | M 6 | 00:55:27 | 03:04:11 | 04:26:20 | 06:08:26 | | 10:11:39.00 | 10:11:39.00 | 8:59 | 6.7 |
| 7 | TARNAWSKI SŁAWOMIR | 216 | | DYNÓW | POL | M-40 | 2 | M 7 | 00:55:19 | 03:04:14 | 04:30:56 | 06:12:29 | | 10:31:12.00 | 10:31:12.00 | 9:16 | 6.5 |
| 8 | KIEC ADAM | 210 | | CHMIELNIK | POL | M-30 | 5 | M 8 | 01:10:58 | 03:13:50 | 04:42:27 | 06:15:27 | | 10:36:34.00 | 10:36:34.00 | 9:21 | 6.4 |
| 9 | ZIĘBA DAWID | 218 | | ŁOPUSZKA WIELKA | POL | M-30 | 6 | M 9 | 01:15:04 | 03:31:40 | 05:18:21 | | | 11:28:04.00 | 11:28:04.00 | 10:07 | 5.9 |
| 10 | RADYK JAKUB | 222 | | DAROWICE | POL | M-40 | 3 | M 10 | 03:01:01 | | 06:47:54 | | | 11:36:56.00 | 11:36:56.00 | 10:14 | 5.9 |
| 11 | BANASIK MONIKA | 202 | MAFIA DUCHA / KB ATHLETIC ZRĘCIN | PRUCHNIK | POL | K-40 | 1 | K 1 | 01:08:19 | 03:14:00 | 04:47:14 | | | 11:38:10.00 | 11:38:10.00 | 10:16 | 5.8 |
| 12 | RYBARZ MICHAŁ | 214 | RUN RYDUŁTOWY | BLUSZCZÓW | POL | M-30 | 7 | M 11 | 01:29:42 | 03:43:20 | 05:17:50 | | | 11:40:07.00 | 11:40:07.00 | 10:17 | 5.8 |
| 13 | ANTONIK MARIOLA | 201 | ŻYJ ZDROWO NA SPORTOWO | PRZEMYŚL | POL | K-50 | 1 | K 2 | 01:30:40 | 04:00:33 | 05:50:57 | | | 13:07:14.00 | 13:07:14.00 | 11:34 | 5.2 |
| | KACZMARCZYK PIOTR | 209 | JEST SPOŚÓB | BIELSKO BIAŁA | POL | M-40 | | | 01:11:46 DNF | 03:15:20 DNF | 04:51:34 DNF | DNF | DNF | DNF | DNF | - | - |
| | SMAGA KRZYSZTOF | 215 | VIVID PALACE DOM SENIORA | BORZECZÓW | POL | M-50 | | | 01:13:54 DNF | 03:29:51 DNF | 05:10:51 DNF | DNF | DNF | DNF | DNF | - | - |

DUCH 60 KM, OPEN Kobiety

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 25km | 34km | 43km | 59km | Netto | Brutto | min/km | km/h |
|------|-----------------|-----|----------------------------------|-----------|------|------|--------|-----|----------|----------|----------|------|------|-------------|-------------|--------|------|
| 1 | BANASIK MONIKA | 202 | MAFIA DUCHA / KB ATHLETIC ZRĘCIN | PRUCHNIK | POL | K-40 | 1 | K 1 | 01:08:19 | 03:14:00 | 04:47:14 | | | 11:38:10.00 | 11:38:10.00 | 10:16 | 5.8 |
| 2 | ANTONIK MARIOLA | 201 | ŻYJ ZDROWO NA SPORTOWO | PRZEMYŚL | POL | K-50 | 1 | K 2 | 01:30:40 | 04:00:33 | 05:50:57 | | | 13:07:14.00 | 13:07:14.00 | 11:34 | 5.2 |

DUCH 60 KM, OPEN Mężczyźni

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 25km | 34km | 43km | 59km | Netto | Brutto | min/km | km/h |
|------|---------------------|-----|----------------------------------|-----------------|------|------|--------|-----|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | PRZYWARA PRZEMEK | 212 | MUSICTEAM | ROP CZYCE | POL | M-30 | 1 | M 1 | 01:06:25 | 02:50:31 | 04:03:48 | 05:21:02 | 07:27:35 | 08:54:01.00 | 08:54:01.00 | 7:51 | 7.6 |
| 2 | DERDA MARIUSZ | 206 | AKTYWNY DYNÓW / @BIEGOWA_WOLNOSC | DYNÓW | POL | M-30 | 2 | M 2 | 00:54:40 | 03:01:09 | 04:17:44 | 05:37:17 | 07:42:28 | 09:14:56.00 | 09:14:56.00 | 8:09 | 7.4 |
| 3 | TOKARSKI SZYMON | 217 | | NOWY SĄCZ | POL | M-40 | 1 | M 3 | 00:55:43 | 02:41:07 | 04:11:07 | 05:38:04 | 08:03:49 | 09:33:27.00 | 09:33:27.00 | 8:25 | 7.1 |
| 4 | BIAŁECKI PATRYK | 204 | CIEPŁE BAMBOSZE | BIELSKO BIAŁA | POL | M-30 | 3 | M 4 | 00:55:22 | 03:02:30 | 04:23:40 | 05:54:12 | 08:11:44 | 09:39:23.00 | 09:39:23.00 | 8:31 | 7 |
| 5 | KWIATKOWSKI DOMINIK | 211 | JUTRZENKA DĘBICA | GOŁĘCZYNA | POL | M-30 | 4 | M 5 | 01:10:50 | 03:07:40 | 04:34:11 | 06:02:15 | 08:18:31 | 09:53:39.00 | 09:53:39.00 | 8:43 | 6.9 |
| 6 | FORMELLA JULIUSZ | 207 | | KIEŁPINO | POL | M-20 | 1 | M 6 | 00:55:27 | 03:04:11 | 04:26:20 | 06:08:26 | | 10:11:39.00 | 10:11:39.00 | 8:59 | 6.7 |
| 7 | TARNAWSKI SŁAWOMIR | 216 | | DYNÓW | POL | M-40 | 2 | M 7 | 00:55:19 | 03:04:14 | 04:30:56 | 06:12:29 | | 10:31:12.00 | 10:31:12.00 | 9:16 | 6.5 |
| 8 | KIEC ADAM | 210 | | CHMIELNIK | POL | M-30 | 5 | M 8 | 01:10:58 | 03:13:50 | 04:42:27 | 06:15:27 | | 10:36:34.00 | 10:36:34.00 | 9:21 | 6.4 |
| 9 | ZIĘBA DAWID | 218 | | ŁOPUSZKA WIELKA | POL | M-30 | 6 | M 9 | 01:15:04 | 03:31:40 | 05:18:21 | | | 11:28:04.00 | 11:28:04.00 | 10:07 | 5.9 |

DUCH 60 KM, OPEN Mężczyźni c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 25km | 34km | 43km | 59km | Netto | Brutto | min/km | km/h |
|------|-------------------|-----|--------------------------|---------------|------|------|--------|------|----------|----------|----------|------|------|-------------|-------------|--------|------|
| 10 | RADYK JAKUB | 222 | | DAROWICE | POL | M-40 | 3 | M 10 | 03:01:01 | | 06:47:54 | | | 11:36:56.00 | 11:36:56.00 | 10:14 | 5.9 |
| 11 | RYBARZ MICHAŁ | 214 | RUN RYDUŁTOWY | BLUSZCZÓW | POL | M-30 | 7 | M 11 | 01:29:42 | 03:43:20 | 05:17:50 | | | 11:40:07.00 | 11:40:07.00 | 10:17 | 5.8 |
| | KACZMARCZYK PIOTR | 209 | JEST SPOSÓB | BIELSKO BIAŁA | POL | M-40 | | | 01:11:46 | 03:15:20 | 04:51:34 | DNF | DNF | DNF | DNF | - | - |
| | | | | | | | | | DNF | DNF | DNF | | | | | | |
| | SMAGA KRZYSZTOF | 215 | VIVID PALACE DOM SENIORA | BORZECZÓW | POL | M-50 | | | 01:13:54 | 03:29:51 | 05:10:51 | DNF | DNF | DNF | DNF | - | - |
| | | | | | | | | | DNF | DNF | DNF | | | | | | |

DUCH 60 KM, M-20

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 25km | 34km | 43km | 59km | Netto | Brutto | min/km | km/h |
|------|------------------|-----|------|-----------|------|------|--------|-----|----------|----------|----------|----------|------|-------------|-------------|--------|------|
| 1 | FORMELLA JULIUSZ | 207 | | KIEŁPINO | POL | M-20 | 1 | M 6 | 00:55:27 | 03:04:11 | 04:26:20 | 06:08:26 | | 10:11:39.00 | 10:11:39.00 | 8:59 | 6.7 |

DUCH 60 KM, M-30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 25km | 34km | 43km | 59km | Netto | Brutto | min/km | km/h |
|------|---------------------|-----|----------------------------------|-----------------|------|------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | PRZYWARA PRZEMEK | 212 | MUSICTEAM | ROPCZYCE | POL | M-30 | 1 | M 1 | 01:06:25 | 02:50:31 | 04:03:48 | 05:21:02 | 07:27:35 | 08:54:01.00 | 08:54:01.00 | 7:51 | 7.6 |
| 2 | DERDA MARIUSZ | 206 | AKTYWNY DYNÓW / @BIEGOWA_WOLNOSC | DYNÓW | POL | M-30 | 2 | M 2 | 00:54:40 | 03:01:09 | 04:17:44 | 05:37:17 | 07:42:28 | 09:14:56.00 | 09:14:56.00 | 8:09 | 7.4 |
| 3 | BIAŁECKI PATRYK | 204 | CIEPŁE BAMBOSZE | BIELSKO BIAŁA | POL | M-30 | 3 | M 4 | 00:55:22 | 03:02:30 | 04:23:40 | 05:54:12 | 08:11:44 | 09:39:23.00 | 09:39:23.00 | 8:31 | 7 |
| 4 | KWIATKOWSKI DOMINIK | 211 | JUTRZENKA DĘBICA | GOŁĘCZYNA | POL | M-30 | 4 | M 5 | 01:10:50 | 03:07:40 | 04:34:11 | 06:02:15 | 08:18:31 | 09:53:39.00 | 09:53:39.00 | 8:43 | 6.9 |
| 5 | KIEC ADAM | 210 | | CHMIELNIK | POL | M-30 | 5 | M 8 | 01:10:58 | 03:13:50 | 04:42:27 | 06:15:27 | | 10:36:34.00 | 10:36:34.00 | 9:21 | 6.4 |
| 6 | ZIĘBA DAWID | 218 | | ŁOPUSZKA WIELKA | POL | M-30 | 6 | M 9 | 01:15:04 | 03:31:40 | 05:18:21 | | | 11:28:04.00 | 11:28:04.00 | 10:07 | 5.9 |
| 7 | RYBARZ MICHAŁ | 214 | RUN RYDUŁTOWY | BLUSZCZÓW | POL | M-30 | 7 | M 11 | 01:29:42 | 03:43:20 | 05:17:50 | | | 11:40:07.00 | 11:40:07.00 | 10:17 | 5.8 |

DUCH 60 KM, K-40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 25km | 34km | 43km | 59km | Netto | Brutto | min/km | km/h |
|------|-----------------|-----|----------------------------------|-----------|------|------|--------|-----|----------|----------|----------|------|------|-------------|-------------|--------|------|
| 1 | BANASIK MONIKA | 202 | MAFIA DUCHA / KB ATHLETIC ZRĘCIN | PRUCHNIK | POL | K-40 | 1 | K 1 | 01:08:19 | 03:14:00 | 04:47:14 | | | 11:38:10.00 | 11:38:10.00 | 10:16 | 5.8 |

DUCH 60 KM, M-40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 25km | 34km | 43km | 59km | Netto | Brutto | min/km | km/h |
|------|--------------------|-----|-------------|---------------|------|------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1 | TOKARSKI SZYMON | 217 | | NOWY SĄCZ | POL | M-40 | 1 | M 3 | 00:55:43 | 02:41:07 | 04:11:07 | 05:38:04 | 08:03:49 | 09:33:27.00 | 09:33:27.00 | 8:25 | 7.1 |
| 2 | TARNAWSKI SŁAWOMIR | 216 | | DYNÓW | POL | M-40 | 2 | M 7 | 00:55:19 | 03:04:14 | 04:30:56 | 06:12:29 | | 10:31:12.00 | 10:31:12.00 | 9:16 | 6.5 |
| 3 | RADYK JAKUB | 222 | | DAROWICE | POL | M-40 | 3 | M 10 | 03:01:01 | | 06:47:54 | | | 11:36:56.00 | 11:36:56.00 | 10:14 | 5.9 |
| | KACZMARCZYK PIOTR | 209 | JEST SPOSÓB | BIELSKO BIAŁA | POL | M-40 | | | 01:11:46 | 03:15:20 | 04:51:34 | DNF | DNF | DNF | DNF | - | - |
| | | | | | | | | | DNF | DNF | DNF | | | | | | |

DUCH 60 KM, K-50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 25km | 34km | 43km | 59km | Netto | Brutto | min/km | km/h |
|------|-----------------|-----|------------------------|-----------|------|------|--------|-----|----------|----------|----------|------|------|-------------|-------------|--------|------|
| 1 | ANTONIK MARIOLA | 201 | ŻYJ ZDROWO NA SPORTOWO | PRZEMYŚL | POL | K-50 | 1 | K 2 | 01:30:40 | 04:00:33 | 05:50:57 | | | 13:07:14.00 | 13:07:14.00 | 11:34 | 5.2 |

DUCH 60 KM, M-50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 25km | 34km | 43km | 59km | Netto | Brutto | min/km | km/h |
|------|-----------------|-----|--------------------------|-----------|------|------|--------|-----|-----------------|-----------------|-----------------|------|------|-------|--------|--------|------|
| | SMAGA KRZYSZTOF | 215 | VIVID PALACE DOM SENIORA | BORZECHÓW | POL | M-50 | | | 01:13:54 DNF | 03:29:51 DNF | 05:10:51 DNF | DNF | DNF | DNF | DNF | - | - |