

UPIÓR 100 KM

Organizator: Stowarzyszenie Duch Pogórza
 Data: 2025-03-29
 Miejsce: Dubiecko
 Dystans: 102 km
 Klasyfikacja wg czasów brutto.

UPIÓR 100 KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 43km | 59km | 68km | 77km | 93km | Netto | Brutto | min/km | km/h |
|------|------------------------|-----|--|--------------------|------|------|--------|-----|-----------------|----------|-----------------|------|------|-------|--------|--------|------|
| 1 | KAMIŃSKI MARCIN | 303 | | REJOWIEC | POL | M-30 | 1 | M 1 | 10:08:27 | 12:23:43 | 14:04:05 | | | | | 12:24 | 4.8 |
| 2 | KUDŁA SZYMON | 307 | LKS WESOŁA | WESOŁA | POL | M-30 | 2 | M 2 | 10:29:28 | 12:42:31 | 14:12:35 | | | | | 12:32 | 4.8 |
| 3 | KROSMAN SZYMON | 305 | TRIB SEBUŚ TEAM/KLUB BIEGACZA T2/4 | RZESZÓW | POL | M-30 | 3 | M 3 | 10:34:53 | 12:52:44 | 14:35:24 | | | | | 12:52 | 4.7 |
| 4 | PORCEK MACIEJ | 314 | FINISZ RYMANÓW | ŁĘŻANY | POL | M-30 | 4 | M 4 | 11:05:54 | 13:33:10 | 15:11:13 | | | | | 13:24 | 4.5 |
| 5 | BANASIK KRZYSZTOF | 301 | KB ATHLETIC ZRĘCIN | PRUCHNIK | POL | M-40 | 1 | M 5 | 11:45:12 | 14:15:27 | 15:53:34 | | | | | 14:01 | 4.3 |
| 6 | PACZUSKI MICHAŁ | 313 | | LODZ | POL | M-40 | 2 | M 6 | 12:02:15 | 14:35:21 | 16:25:54 | | | | | 14:29 | 4.1 |
| 7 | MARCINIEC BOGUSŁAW | 309 | | ZAGORZYCE | POL | M-40 | 3 | M 7 | 12:42:03 | | 17:46:12 | | | | | 15:40 | 3.8 |
| 8 | MASZEWSKA-WACH MARIOLA | 310 | ULTRA PIOTRKÓW | RAWA MAZOWIECKA | POL | K-40 | 1 | K 1 | | | 18:58:39 | | | | | 16:44 | 3.6 |
| 9 | MORAWSKI GRZEGORZ | 311 | | WARSZAWA | GBR | M-40 | 4 | M 8 | | | 19:42:22 | | | | | 17:23 | 3.5 |
| | RADYK JOANNA | 315 | RADYK TEAM | DAROWICE | POL | K-40 | | | 10:02:35 DNF | DNF | 13:48:05 DNF | DNF | DNF | DNF | DNF | - | - |
| | LENIART KRZYSZTOF | 308 | RZESZOWSKIE GAZELE I GEPARDY | HERMANOWA | POL | M-40 | | | DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - |
| | KUBACKI JAROSŁAW | 306 | TRUCHCIK | BIELSKO -BIALA | POL | M-50 | | | DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - |

UPIÓR 100 KM, OPEN Kobiety

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 43km | 59km | 68km | 77km | 93km | Netto | Brutto | min/km | km/h |
|------|------------------------|-----|----------------|--------------------|------|------|--------|-----|-----------------|------|-----------------|------|------|-------|--------|--------|------|
| 1 | MASZEWSKA-WACH MARIOLA | 310 | ULTRA PIOTRKÓW | RAWA MAZOWIECKA | POL | K-40 | 1 | K 1 | | | 18:58:39 | | | | | 16:44 | 3.6 |
| | RADYK JOANNA | 315 | RADYK TEAM | DAROWICE | POL | K-40 | | | 10:02:35 DNF | DNF | 13:48:05 DNF | DNF | DNF | DNF | DNF | - | - |

UPIÓR 100 KM, OPEN Mężczyźni

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 43km | 59km | 68km | 77km | 93km | Netto | Brutto | min/km | km/h |
|------|--------------------|-----|--|----------------|------|------|--------|-----|----------|----------|----------|------|------|-------|--------|--------|------|
| 1 | KAMIŃSKI MARCIN | 303 | | REJOWIEC | POL | M-30 | 1 | M 1 | 10:08:27 | 12:23:43 | 14:04:05 | | | | | 12:24 | 4.8 |
| 2 | KUDŁA SZYMON | 307 | LKS WESOŁA | WESOŁA | POL | M-30 | 2 | M 2 | 10:29:28 | 12:42:31 | 14:12:35 | | | | | 12:32 | 4.8 |
| 3 | KROSMAN SZYMON | 305 | TRIB SEBUŚ TEAM/KLUB BIEGACZA T2/4 | RZESZÓW | POL | M-30 | 3 | M 3 | 10:34:53 | 12:52:44 | 14:35:24 | | | | | 12:52 | 4.7 |
| 4 | PORCEK MACIEJ | 314 | FINISZ RYMANÓW | ŁĘŻANY | POL | M-30 | 4 | M 4 | 11:05:54 | 13:33:10 | 15:11:13 | | | | | 13:24 | 4.5 |
| 5 | BANASIK KRZYSZTOF | 301 | KB ATHLETIC ZRĘCIN | PRUCHNIK | POL | M-40 | 1 | M 5 | 11:45:12 | 14:15:27 | 15:53:34 | | | | | 14:01 | 4.3 |
| 6 | PACZUSKI MICHAŁ | 313 | | LODZ | POL | M-40 | 2 | M 6 | 12:02:15 | 14:35:21 | 16:25:54 | | | | | 14:29 | 4.1 |
| 7 | MARCINIEC BOGUSŁAW | 309 | | ZAGORZYCE | POL | M-40 | 3 | M 7 | 12:42:03 | | 17:46:12 | | | | | 15:40 | 3.8 |
| 8 | MORAWSKI GRZEGORZ | 311 | | WARSZAWA | GBR | M-40 | 4 | M 8 | | | 19:42:22 | | | | | 17:23 | 3.5 |
| | LENIART KRZYSZTOF | 308 | RZESZOWSKIE GAZELE I GEPARDY | HERMANOWA | POL | M-40 | | | DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - |
| | KUBACKI JAROSŁAW | 306 | TRUCHCIK | BIELSKO -BIALA | POL | M-50 | | | DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - |

UPIÓR 100 KM, M-30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 43km | 59km | 68km | 77km | 93km | Netto | Brutto | min/km | km/h |
|------|-----------------|-----|--|-----------|------|------|--------|-----|----------|----------|----------|------|------|-------|--------|--------|------|
| 1 | KAMIŃSKI MARCIN | 303 | | REJOWIEC | POL | M-30 | 1 | M 1 | 10:08:27 | 12:23:43 | 14:04:05 | | | | | 12:24 | 4.8 |
| 2 | KUDŁA SZYMON | 307 | LKS WESOŁA | WESOŁA | POL | M-30 | 2 | M 2 | 10:29:28 | 12:42:31 | 14:12:35 | | | | | 12:32 | 4.8 |
| 3 | KROSMAN SZYMON | 305 | TRIB SEBUŚ TEAM/KLUB BIEGACZA T2/4 | RZESZÓW | POL | M-30 | 3 | M 3 | 10:34:53 | 12:52:44 | 14:35:24 | | | | | 12:52 | 4.7 |
| 4 | PORCEK MACIEJ | 314 | FINISZ RYMANÓW | ŁĘŻANY | POL | M-30 | 4 | M 4 | 11:05:54 | 13:33:10 | 15:11:13 | | | | | 13:24 | 4.5 |

UPIÓR 100 KM, K-40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 43km | 59km | 68km | 77km | 93km | Netto | Brutto | min/km | km/h |
|------|------------------------|-----|----------------|--------------------|------|------|--------|-----|-----------------|------|-----------------|------|------|-------|--------|--------|------|
| 1 | MASZEWSKA-WACH MARIOLA | 310 | ULTRA PIOTRKÓW | RAWA MAZOWIECKA | POL | K-40 | 1 | K 1 | | | 18:58:39 | | | | | 16:44 | 3.6 |
| | RADYK JOANNA | 315 | RADYK TEAM | DAROWICE | POL | K-40 | | | 10:02:35 DNF | DNF | 13:48:05 DNF | DNF | DNF | DNF | DNF | - | - |

UPIÓR 100 KM, M-40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 43km | 59km | 68km | 77km | 93km | Netto | Brutto | min/km | km/h |
|------|--------------------|-----|---------------------------------|-----------|------|------|--------|-----|----------|----------|----------|------|------|-------|--------|--------|------|
| 1 | BANASIK KRZYSZTOF | 301 | KB ATHLETIC ZRĘCIN | PRUCHNIK | POL | M-40 | 1 | M 5 | 11:45:12 | 14:15:27 | 15:53:34 | | | | | 14:01 | 4.3 |
| 2 | PACZUSKI MICHAŁ | 313 | | LODZ | POL | M-40 | 2 | M 6 | 12:02:15 | 14:35:21 | 16:25:54 | | | | | 14:29 | 4.1 |
| 3 | MARCINIEC BOGUSŁAW | 309 | | ZAGORZYCE | POL | M-40 | 3 | M 7 | 12:42:03 | | 17:46:12 | | | | | 15:40 | 3.8 |
| 4 | MORAWSKI GRZEGORZ | 311 | | WARSZAWA | GBR | M-40 | 4 | M 8 | | | 19:42:22 | | | | | 17:23 | 3.5 |
| | LENIART KRZYSZTOF | 308 | RZESZOWSKIE GAZELE I GEPARDY | HERMANOWA | POL | M-40 | | | DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - |

UPIÓR 100 KM, M-50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 43km | 59km | 68km | 77km | 93km | Netto | Brutto | min/km | km/h |
|------|------------------|-----|----------|----------------|------|------|--------|-----|------|------|------|------|------|-------|--------|--------|------|
| | KUBACKI JAROSŁAW | 306 | TRUCHCIK | BIELSKO -BIALA | POL | M-50 | | | DNF | DNF | DNF | DNF | DNF | DNF | DNF | - | - |