

KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1 KM

 Organiser: PFNW
 Date: 2017-06-03
 Place: Kolbuszowa
 Distance: 21.1 km
 Klasyfikacja wg czasów netto.

KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1 KM, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	Żół. kartki	Czer. kartki	8.5km	11km	13.5km	16km	18.5km	Netto	min/km	km/h
1	DZIEDIEWICH ANDRZEJ	410		GRODNO	BLR	M30-39	1	M 1			00:51:37	01:06:51	01:22:12	01:37:42	01:53:54	02:10:35.65	6:11	9.7
2	DEPKA PRADZYŃSKI OLGIERD	409	BIEGAMYRAZEM. PL	GDYNI A	POL	M50-59	1	M 2	1		00:55:11	01:11:35	01:28:05	01:44:47	02:01:27	02:18:23.10	6:33	9.1
3	KORDOWSKI PIOTR	454	DYNAMIC	KRAKÓW	POL	M40-49	1	M 3			00:55:13	01:11:37	01:28:08	01:44:49	02:01:33	02:18:50.45	6:34	9.1
4	PIETRZYK JAROSŁAW	429	VIKING NORDIC TEAM CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M30-39	2	M 4			00:57:54	01:14:56	01:32:02	01:49:09	02:06:49	02:24:19.20	6:50	8.8
5	NACZK LEONARD	425	DYNAMIC	LĘBOR K	POL	M40-49	2	M 5			00:57:55	01:14:57	01:32:03	01:49:18	02:07:01	02:25:12.90	6:52	8.7
6	NALEPKA JERZY	426	FACE NORDIC WALKING TEAM	SANOK	POL	M60+	1	M 6			00:58:27	01:15:45	01:33:11	01:51:03	02:09:03	02:26:55.40	6:57	8.6
7	STĘPNIIEWSKI PAWEŁ	435	VIKING NORDIC TEAM CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M18-29	1	M 7			00:58:22	01:15:37	01:32:59	01:50:42	02:08:44	02:28:35.40	7:02	8.5
8	BOGACKI SŁAWOMIR	453	ENERGA NW TEAM	BRZOZÓWKA	POL	M40-49	3	M 8			00:58:35	01:16:12	01:34:45	01:53:17	02:10:57	02:28:45.55	7:02	8.5
9	PASIKOWSKA MARIOLA	428	VIKING NORDIC TEAM CZĘSTOCHOWA	ŻARKI	POL	K30-39	1	K 1			01:00:19	01:18:11	01:36:10	01:54:52	02:13:49	02:32:09.70	7:12	8.3
10	BIK STANISŁAW	402	KS METRACO POLKOWICE	KSIĘGI NICE	POL	M50-59	2	M 9			01:00:51	01:18:40	01:36:30	01:54:48	02:13:37	02:32:26.15	7:13	8.3
11	MAKOWSKI JAN	421	RYBNICKI KLUB NORDIC WALKING	RYBNIK	POL	M50-59	3	M 10			01:00:37	01:18:36	01:36:33	01:55:02	02:14:00	02:32:44.85	7:14	8.3
12	ZAGAJA JANUSZ	447	WESOŁY BORSUK TEAM	POKÓJ	POL	M60+	2	M 11			00:59:48	01:17:59	01:36:20	01:54:50	02:13:57	02:33:20.40	7:16	8.3
13	KOŁODZIEJ JOANNA	416	FABRIKANORDIKA	RUDA ŚLĄSKA	POL	K40-49	1	K 2			01:01:58	01:19:54	01:38:21	01:57:11	02:15:32	02:33:43.10	7:17	8.2
14	BUŁAKOWSKI BOHDAN	405	PASJA NORDIC WALKING	WARSZAWA	POL	M60+	3	M 12			01:01:15	01:19:24	01:37:50	01:56:33	02:15:31	02:34:45.10	7:20	8.2
15	SZULC ALICJA	438	NW WERWA MŁAWA	MŁAWA	POL	K40-49	2	K 3			01:02:12	01:20:24	01:38:36	01:57:13	02:15:49	02:35:12.95	7:21	8.2
16	STĘPIEŃ LUCYNA	434	KS METRACO POLKOWICE	LUBIN	POL	K60+	1	K 4			01:01:54	01:20:13	01:38:57	01:57:55	02:16:49	02:35:43.75	7:22	8.1
17	KRZANOWSKI BARTEK	420	SAMOTNI WĘDROWCY	WĘGLÓWKA	POL	M40-49	4	M 13			01:01:32	01:20:23	01:39:26	01:58:30	02:17:33	02:36:54.40	7:26	8.1
18	WESOŁOWSKI WOJCIECH	442	NORDIC TEAM GNIEZNO	GNIEZNO	POL	M60+	4	M 14			01:01:15	01:19:26	01:38:04	01:57:47	02:17:51	02:37:24.95	7:27	8
19	SZCZEBAK JACEK	437	UNIA MIAST	TARNÓW	POL	M40-49	5	M 15			01:03:04	01:21:33	01:40:17	01:59:14	02:18:21	02:38:00.00	7:29	8
20	BOCZAR BEATA	403	GREEN TEAM ZIELONA GÓRA	ZIELENA GÓRA	POL	K50-59	1	K 5			01:04:15	01:22:47	01:41:20	02:00:11	02:19:08	02:38:02.80	7:29	8

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21	KOWALCZYK MARIUSZ	418	GREEN TEAM ZIELONA GÓRA	ZIELO NA GÓRA	POL	M50-59	4	M 16			01:03:23	01:22:20	01:41:39	02:01:19	02:21:34	02:42:04.15	7:40	7.8
22	WOLNIEWICZ KATARZYNA	445	FABRIKANORDIKA	RUDA ŚLĄSKA	POL	K40-49	3	K 6			01:03:46	01:22:51	01:42:11	02:02:02	02:22:06	02:42:06.60	7:40	7.8
23	POGORZELSKA WIESŁAWA	430	WESOŁY BORSUK TEAM	GORZYCE	POL	K30-39	2	K 7			01:03:23	01:22:30	01:42:02	02:01:49	02:22:08	02:42:29.70	7:42	7.8
24	BANASZKIEWICZ KATARZYNA	401	PILSCY MIŁOŚNICZY NW	KACZORY	POL	K40-49	4	K 8			01:05:07	01:24:18	01:43:38	02:03:05	02:22:50	02:42:39.30	7:42	7.8
25	KOBIELA DARIA	415	BŁĘKITNI NW DZIEMIANY	BOROWIEC	POL	K18-29	1	K 9			01:05:06	01:24:20	01:43:56	02:03:52	02:24:14	02:45:15.95	7:49	7.7
26	GOIK GRZEGORZ	413	RYBNICKI KLUB NORDIC WALKING	RUDZIECZKA	POL	M50-59	5	M 17			01:05:15	01:24:49	01:44:11	02:04:06	02:24:51	02:45:16.80	7:49	7.7
27	CZYCZ EMILIA	408	GREEN TEAM ZIELONA GÓRA	ZIELO NA GÓRA	POL	K60+	2	K 10			01:04:57	01:24:33	01:45:01	02:05:53	02:25:31	02:45:41.10	7:51	7.6
28	WITKOWSKA MARIA	444	UNIA MIAST	KATOWICE	POL	K60+	3	K 11			01:06:21	01:26:05	01:45:55	02:05:54	02:26:02	02:45:51.10	7:51	7.6
29	SZABLIŃSKI MACIEJ	436	AWF WARSZAWA	WARSZAWA	POL	M18-29	2	M 18			01:04:11	01:23:13	01:42:49	02:03:33	02:25:28	02:46:26.95	7:53	7.6
30	KRZANOWSKA MAŁGORZATA	419	SAMOTNI WĘDROWCY	WĘGLEŃKA	POL	K40-49	5	K 12			01:05:52	01:25:37	01:45:40	02:05:50	02:26:20	02:47:05.90	7:55	7.6
31	KARASIEWICZ IRENA	414	FACE NORDIC WALKING TEAM	BRANIEWO	POL	K50-59	2	K 13			01:06:46	01:26:46	01:46:47	02:06:51	02:27:17	02:47:30.35	7:56	7.6
32	MOCZARSKI MIROSŁAW	424	KLUB NW 'WŁÓCZYKIJE' LEŻAJSK	LEŻAJSK	POL	M50-59	6	M 19			01:06:16	01:26:06	01:45:56	02:06:16	02:27:04	02:47:57.80	7:57	7.5
33	MIERZWA MARIUSZ	423	KLUB SPORTU	RZESZÓW	POL	M50-59	7	M 20			01:02:36	01:22:31	01:43:03	02:04:14	02:26:23	02:48:39.20	7:59	7.5
34	KOTULA JAKUB	417	UNIA MIAST	KATOWICE	POL	M30-39	3	M 21			01:07:36	01:27:43	01:47:44	02:08:32	02:29:43	02:49:55.30	8:03	7.5
35	REJ ANNA	432		HAJNÓWKA	POL	K30-39	3	K 14			01:08:07	01:28:43	01:49:14	02:10:34	02:30:11	02:50:00.65	8:03	7.4
36	GUZOWSKI MACIEJ	455	WŁÓCZYKIJE	LEŻAJSK	POL	M30-39	4	M 22			01:08:21	01:28:22	01:48:57	02:09:40	02:30:19	02:50:49.00	8:05	7.4
37	MARCINKOWSKI WOJCIECH	422	UNIA MIAST	LUBLINIEC	POL	M40-49	6	M 23			01:07:06	01:27:18	01:47:49	02:09:02	02:30:17	02:51:10.75	8:06	7.4
38	GERLE-KOTULA ANNA	412	UNIA MIAST	KATOWICE	POL	K30-39	4	K 15			01:10:01	01:30:18	01:50:37	02:11:00	02:31:17	02:51:32.90	8:07	7.4
39	TYLUTKI AGNIESZKA	440	UKS SIEDLESZCZANY/FACE NORDIC WALKING TEAM	TARNOBRZEG	POL	K40-49	6	K 16			01:06:45	01:28:04	01:48:25	02:09:04	02:30:15	02:51:51.15	8:08	7.4
40	WIŚNIEWSKI ROMAN	443		TWARDORZECZKA	POL	M60+	5	M 24			01:06:43	01:27:00	01:47:47	02:09:17	02:31:01	02:52:39.30	8:10	7.3
41	ŻUCHOWICZ ELŻBIETA	449	DĄBROWA NORDIC TEAM	DĄBROWA GÓRNICZA	POL	K50-59	3	K 17			01:08:05	01:28:42	01:49:12	02:10:34	02:32:30	02:54:43.85	8:16	7.2
42	BUCZKOWSKA WIESŁAWA	404	PENDOLINO	GDYNIA	POL	K60+	4	K 18			01:06:54	01:27:27	01:48:44	02:10:55	02:34:05	02:55:58.85	8:20	7.2
43	POSTEK DANUTA	431	MARSZ PO ZDROWIE	POZNAŃ	POL	K50-59	4	K 19			01:09:57	01:30:40	01:52:13	02:14:04	02:36:34	02:59:05.65	8:29	7.1

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44	ZAWADZKA MARIA	448	KS METRACO POLKOWICE	LUBIN	POL	K60+	5	K 20			01:13:11	01:34:30	01:55:54	02:17:36	02:39:24	03:01:12.15	8:35	7
45	CWANEK-FLOR EK EWA	407	PRZEWORSKA GRUPA BIEGOWA	RZESZÓW	POL	K40-49	7	K 21			01:09:22	01:30:58	01:53:14	02:16:03	02:40:36	03:06:05.15	8:49	6.8
46	TRĘTOWICZ BEATA	451	FACE NORDIC WALKING TEAM	KOLBUSZOWA	POL	K40-49	8	K 22			01:17:03	01:40:36	02:05:08	02:29:27	02:55:47	03:22:39.50	9:36	6.2
47	TRĘTOWICZ ALEKSANDRA	452	FACE NORDIC WALKING TEAM	KOLBUSZOWA	POL	K18-29	2	K 23			01:17:00	01:40:40	02:05:09	02:29:29	02:55:50	03:22:41.50	9:36	6.2
48	SORN ŁUKASZ	433	ELITE TEAM/FACE NORDIC WALKING TEAM	GDYNI	POL	M30-39	5	M 25			01:10:06						8:14	7.3