

ZŁOTY MARATON - 45 KM

Organizator: Stowarzyszenie TKKF Kompas
 Data: 2017-07-20
 Miejsce: Łądek Zdrój
 Dystans: 45 km
 Klasyfikacja wg czasów brutto.

ZŁOTY MARATON - 45 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	22km	33km	Netto	Brutto	min/km	km/h
1	JABŁOŃSKI ARTUR	3314	DREAM RUN / REEBOK RUN CREW			SENIOR II M - 30	1	M 1	00:55:13	01:54:04	02:50:36	03:44:10.05	03:44:12.10	4:58	12
2	LISAK KRZYSZTOF	3227	OTK RZEŹNIK	OTWOCK	POL	SENIOR II M - 30	2	M 2	01:01:36	02:05:18	03:07:01	04:05:47.15	04:05:50.15	5:27	11
3	DYBEK PAWEŁ	3306	SALOMON SUUNTO TEAM		POL	MASTERS M - 40	1	M 3	00:58:43	02:04:26	03:07:33	04:07:14.85	04:07:16.60	5:29	10.9
4	SEDLAK MICHAŁ	3148	LUBIETOBIEGANIE	GIERASZOWICE	POL	MASTERS M - 40	2	M 4	00:59:18	02:04:20	03:12:18	04:19:37.90	04:19:41.00	5:46	10.4
5	SZUMLIŃSKI PIOTR	3171	MARCIN ŚWIERC TEAM	KRAKÓW	POL	SENIOR II M - 30	3	M 5	01:00:47	02:08:10	03:15:19	04:20:15.65	04:20:17.55	5:47	10.4
6	KOBRYŃ DOMINIK	3230	BYLEDOBIEC ANIN	KATOWICE	POL	MASTERS M - 40	3	M 6	01:00:22	02:07:51	03:15:11	04:21:11.95	04:21:17.05	5:48	10.3
7	NOWOCIN RADOŚLAW	3182	WARSZAWA		POL	SENIOR I M - 20	1	M 7	01:01:10	02:09:15	03:19:25	04:26:43.20	04:26:48.20	5:55	10.1
8	RACZAK MACIEJ	3264	KATOWICE		POL	SENIOR II M - 30	4	M 8	01:01:35	02:09:16	03:19:21	04:29:22.80	04:29:26.70	5:59	10
9	KAROLKIEWICZ DANIEL	3229	ENTRE.PL TEAM	DROHICZYN	POL	SENIOR II M - 30	5	M 9	01:01:01	02:09:23	03:19:27	04:30:13.55	04:30:17.50	6:00	10
10	ŁĄCZAK MAGDALENA	3305				SENIOR II K - 30	1	K 1	01:03:29	02:15:31	03:25:59	04:34:12.90	04:34:15.30	6:05	9.8
11	DUDZIK ROBERT	3234	LIMANOVA HOTEL	MSZANA DOLNA	POL	SENIOR II M - 30	6	M 10	01:06:01	02:18:44	03:30:09	04:35:34.65	04:35:38.45	6:07	9.8
12	CICHOREK DARIUSZ	3220	KKB FINISZ KALISZ	LALISZ	POL	MASTERS M - 40	4	M 11	01:00:16	02:05:28	03:17:11	04:37:58.00	04:38:02.20	6:10	9.7
13	DURKOWSKI MARCIN	3076		OBORNIKI ŚLĄSKIE	POL	SENIOR II M - 30	7	M 12	01:00:59	02:12:22	03:26:10	04:39:08.80	04:39:13.35	6:12	9.7
14	BENDIG WOJCIECH	3311				MASTERS M - 40	5	M 13	01:04:18	02:18:31	03:34:33	04:50:57.90	04:51:08.10	6:27	9.3
15	NERŚ MACIEK	3205	KINGRUNNER.COM / DREAM RUN	WARSZAWA	POL	SENIOR II M - 30	8	M 14	01:10:06	02:25:33	03:42:21	04:56:28.60	04:56:32.60	6:35	9.1
16	KOWALIK ANDRZEJ	3176	BIEG OPOLSKI	OPOLE	POL	SENIOR II M - 30	9	M 15	01:08:18	02:22:34	03:39:13	04:56:49.75	04:56:52.40	6:35	9.1
17	WITKOWSKI RADOŚLAW	3024	KW GLIWICE	CHUDÓW	POL	SENIOR I M - 20	2	M 16	01:07:18	02:23:20	03:40:05	04:57:01.50	04:57:06.05	6:36	9.1
18	RODRIGO PEREIRA OSWALD	3116	WILD FOR THE RUN / HERCOG RUNNING TEAM	WARSZAWA	POL	SENIOR II M - 30	10	M 17	01:06:40	02:23:46	03:47:47	04:59:25.55	04:59:29.20	6:39	9
19	MAŁEK TOMASZ	3219		GOSTYŃ	POL	SENIOR I M - 20	3	M 18	01:05:47	02:23:54	03:43:34	05:01:43.45	05:01:48.65	6:42	8.9
20	ZYCH MARCIN	3100		WROCŁAW	POL	SENIOR II M - 30	11	M 19	01:09:08	02:25:31	03:46:33	05:02:20.35	05:02:26.70	6:43	8.9
21	FURMAN SŁAWOMIR	3063	AKB ESEMAS	SZCZEPANÓW	POL	MASTERS M - 40	6	M 20	01:08:27	02:28:12	03:49:25	05:04:56.25	05:05:01.50	6:46	8.9
22	KSIĄŻEK SEBASTIAN	3132	RUNNER SAM PO LESIE	SULECHÓW	POL	SENIOR II M - 30	12	M 21	01:08:32	02:24:49	03:46:15	05:06:59.40	05:07:09.00	6:49	8.8
23	KIK IWONA	3186	WOSIK TERVEL TEAM/KW KRAKÓW	KRAKÓW	POL	SENIOR II K - 30	2	K 2	01:08:48	02:28:22	03:49:20	05:09:24.40	05:09:27.15	6:52	8.7
24	WALASZCZYK LUCYNA	3272	NATURAL BORN RUNNERS	POZNAŃ	POL	SENIOR II K - 30	3	K 3	01:12:01	02:33:35	03:54:23	05:09:42.95	05:09:50.20	6:52	8.7
25	JOKIEL WOJCIECH	3285	SPARTA ULTRA TEAM	GRANICE	POL	SENIOR I M - 20	4	M 22	01:11:29	02:28:25	03:49:57	05:10:21.00	05:10:25.55	6:53	8.7
26	BONDARA SYLWIA	3301	ALPIN SPORT TEAM / JACEKBIEGA RUNNING TEAM			SENIOR II K - 30	4	K 4	01:15:24	02:35:30	03:59:31	05:13:51.50	05:13:57.20	6:58	8.6
27	BOROWSKI JACEK	3183		KRASOCIN	POL	SENIOR II M - 30	13	M 23	01:12:07	02:29:51	03:49:20	05:14:11.85	05:14:24.30	6:58	8.6
28	LUBAŃSKI ROBERT	3126		BUKOWICE	POL	WETERAN I M - 50	1	M 24	01:10:05	02:30:16	03:51:13	05:14:47.45	05:14:49.50	6:59	8.6
29	PRUGAR FUKOWSKA PAULINA	3276	DREAM RUN	WARSZAWA	POL	SENIOR II K - 30	5	K 5	01:15:36	02:38:06	04:02:50	05:15:07.50	05:15:16.60	7:00	8.6
30	LUTYŃSKI ZBIGNIEW	3273		OŚWIĘCIM	POL	SENIOR II M - 30	14	M 25	01:12:06	02:31:21	03:56:22	05:15:53.15	05:16:05.10	7:01	8.5
31	WALEŃDA ARKADIUSZ	3275	VEGE ULTRA RUNNERS	LESZNOWOLA	POL	MASTERS M - 40	7	M 26	01:11:07	02:31:53	03:56:32	05:17:38.30	05:17:43.10	7:03	8.5
32	GARDENER JACEK	3300	ALPIN SPORT TEAM / JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	WETERAN I M - 50	2	M 27	01:07:49	02:23:50	03:49:56	05:18:12.80	05:18:15.95	7:04	8.5
33	JASIŃSKI PIOTR	3141		BEŁCHATÓW	POL	SENIOR II M - 30	15	M 28	01:07:24	02:26:35	03:53:19	05:18:15.80	05:18:22.55	7:04	8.5
34	GARNEK PIOTR	3257		WROCŁAW	POL	SENIOR II M - 30	16	M 29	01:14:32	02:35:40	03:54:11	05:18:56.30	05:19:04.90	7:05	8.5
35	MYSZKOWSKI JAN	3223		WAŁCZ	POL	WETERAN I M - 50	3	M 30	01:08:12	02:28:22	03:55:18	05:19:07.05	05:19:11.25	7:05	8.5
36	ŁUCZYŃSKI MACIEJ	3198	GAWRA	KŁODAWA	POL	MASTERS M - 40	8	M 31	01:14:01	02:30:58	03:50:54	05:19:20.90	05:19:28.15	7:05	8.5
37	MAJCHRZAK MICHAŁ	3149		TRZEBNICA	POL	SENIOR I M - 20	5	M 32	01:12:51	02:32:37	03:57:57	05:19:15.90	05:19:43.10	7:05	8.5
38	WUJDA MIROŚLAW	3160	ERNI RULEZ	DĘBNO	POL	MASTERS M - 40	9	M 33	01:13:57	02:37:07	03:56:07	05:20:08.25	05:20:21.05	7:06	8.4
39	NIEZGÓDKA TOMASZ	3309				MASTERS M - 40	10	M 34	01:13:03	02:35:28	04:03:12	05:23:19.75	05:23:28.05	7:11	8.4
40	GEROWSKI MACIEJ	3010	NETBOX BIEGA / LESZ NO LIMITS RUNNERS	GOSTYŃ	POL	MASTERS M - 40	11	M 35	01:19:30	02:41:10	04:04:54	05:23:36.40	05:23:45.05	7:11	8.3

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	22km	33km	Netto	Brutto	min/km	km/h
41	SZCZERBAKOWICZ KAMIL	3248		BLEDZEW	POL	SENIOR I M - 20	6	M 36	01:08:50	02:25:52	03:55:46	05:25:27.95	05:25:31.25	7:13	8.3
42	KOPROWSKI ADAM	3164	HARPAGAN HO CHI MINH	LONDON	GBR	SENIOR I M - 30	17	M 37	01:17:15	02:36:44	03:59:54	05:26:16.80	05:26:45.05	7:15	8.3
43	KORBIK MARCIN	3062		KOZIEGŁOWY	POL	SENIOR II M - 30	18	M 38	01:11:21	02:33:23	04:02:06	05:28:49.75	05:28:58.60	7:18	8.2
44	KUTYBA MARIUSZ	3077	WOLNE ŚLIMAKI	POZNAŃ	POL	SENIOR II M - 30	19	M 39	01:10:46	02:33:43	04:05:22	05:30:24.00	05:30:40.80	7:20	8.2
45	SOKALSKI GRZEGORZ	3281		KONSTANCIŃ-JEZIORNA	POL	MASTERS M - 40	12	M 40	01:21:22	02:48:13	04:12:15	05:31:02.10	05:31:17.30	7:21	8.2
46	PIETLUSZENKO DARIUSZ	3255		JÓZEFOSŁAW	POL	MASTERS M - 40	13	M 41	01:13:21	02:41:25	04:14:23	05:30:57.15	05:31:32.00	7:21	8.2
47	BIENIECKA ANNA	3302	OTK RZEŹNIK		POL	SENIOR II K - 30	6	K 6	01:13:02	02:43:23	04:14:28	05:31:34.00	05:31:39.00	7:22	8.1
48	WAJDA ROBERT	3288		KOTÓRZ MAŁY	POL	MASTERS M - 40	14	M 42	01:12:50	02:36:20	04:06:01	05:32:26.95	05:32:34.80	7:23	8.1
49	TĘSIOROWSKI MARIUSZ	3145	OLIMPIA SYCÓW		POL	SENIOR II M - 30	20	M 43	01:14:16	02:37:22		05:32:33.30	05:33:02.30	7:23	8.1
50	PORĘBSKI ŁUKASZ	3211	STOWARZYSZENIE PROSHARE CYCLING TEAM	WROCLAW	POL	SENIOR II M - 30	21	M 44	01:13:49	02:38:20	04:09:39	05:33:02.60	05:33:16.25	7:24	8.1
51	BAŁYS KATARZYNA	3269	HERCOG RUNNING TEAM/ KASIA I TOMEK	STRONIE ŚLĄSKIE	POL	SENIOR II K - 30	7	K 7	01:19:55	02:44:48	04:12:11	05:34:52.15	05:34:58.95	7:26	8.1
52	KUMASZKA ANNA	3135		WROCLAW	POL	SENIOR II K - 30	8	K 8	01:13:44	02:41:58	04:19:18	05:38:26.85	05:38:40.70	7:31	8
53	MACHALSKI SEBASTIAN	3079		STRZELIN	POL	MASTERS M - 40	15	M 45	01:10:25	02:36:53	04:11:53	05:41:00.25	05:41:07.95	7:34	7.9
54	PETRYNA JAGODA	3247	NOA	WROCLAW	POL	SENIOR I K - 20	1	K 9	01:22:19	02:50:33	04:20:08	05:41:02.70	05:41:09.35	7:34	7.9
55	OBRAŁ SZYMON	3195	BRONKO DZIK	KRAKÓW	POL	SENIOR II M - 30	22	M 46	01:19:40	02:42:16	04:14:41	05:42:26.10	05:42:45.05	7:36	7.9
56	MARCINKOWSKI PRZEMYSŁAW	3308	PROTON		POL	MASTERS M - 40	16	M 47	01:20:02	02:47:53	04:15:07	05:42:52.40	05:43:02.10	7:37	7.9
57	GAŁEK ALEKSANDER	3204	PRAGMATIQ.PL	POZNAŃ	POL	SENIOR II M - 30	23	M 48	01:21:41	02:47:22	04:15:26	05:43:12.30	05:43:25.95	7:37	7.9
58	KĄNDUŁA GRZEGORZ	3027	NEST.POZNAŃ.PL	POZNAŃ	POL	SENIOR II M - 30	24	M 49	01:22:18	02:48:01	04:16:23	05:43:07.65	05:43:43.65	7:37	7.9
59	KOPSZAK PIOTR	3274		BRZEG	POL	SENIOR I M - 20	7	M 50	01:24:34	02:47:31	04:13:48	05:43:58.05	05:44:37.70	7:38	7.8
60	MIKA ANDRZEJ	3162		WROCLAW	POL	SENIOR II M - 30	25	M 51	01:11:59	02:32:40	04:07:51	05:44:53.10	05:45:05.75	7:39	7.8
61	MAKOWSKA OLGA	3207	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	SENIOR I K - 30	9	K 10	01:20:03	02:50:58	04:22:10	05:46:38.00	05:46:45.90	7:42	7.8
62	KOWALSKA KASIA	3102		GORZÓW WLKP.	POL	MASTERS K - 40	1	K 11	01:24:00	02:54:11	04:22:32	05:46:51.25	05:47:11.40	7:42	7.8
63	MELNYK IVAN	3262		WROCLAW	POL	SENIOR II M - 30	26	M 52	01:21:03	02:50:35	04:23:39	05:47:09.95	05:47:16.00	7:42	7.8
64	SZYL MAREK	3007	RUNNING TEAM QUIBL	WARSZAWA	POL	SENIOR II M - 30	27	M 53	01:26:52	02:55:42	04:27:44	05:47:06.00	05:47:29.30	7:42	7.8
65	WÓJCIK ROBERT	3124	NOA	WROCLAW	POL	SENIOR II M - 30	28	M 54	01:20:02	02:48:12	04:23:02	05:50:26.05	05:50:31.05	7:47	7.7
66	OLKIS RAFAŁ	3129	PRZEBIEGA.PL	WROCLAW	POL	SENIOR II M - 30	29	M 55	01:11:57	02:40:19	04:20:08	05:50:55.40	05:51:01.10	7:47	7.7
67	DUPLA KONRAD	3172	WKB PIAST WROCLAW	WROCLAW	POL	SENIOR II M - 30	30	M 56	01:22:12	02:46:00	04:16:49	05:50:29.45	05:51:03.45	7:47	7.7
68	PIECUCH KAROLINA	3099	LACHO TEAM/SKLEPBIEGOWY.COM	PRZEWORSK	POL	SENIOR II K - 30	10	K 12	01:20:29	02:50:11	04:21:58	05:50:47.75	05:51:08.35	7:47	7.7
69	MAĆKOWIAK MAGDA	3203	NOA	WROCLAW	POL	SENIOR I K - 20	2	K 13	01:20:47	02:55:50	04:27:50	05:51:07.70	05:51:12.00	7:48	7.7
70	RELIGA ANDRZEJ	3279		HECZYNAROWICE	POL	SENIOR II M - 30	31	M 57	01:18:03	02:44:44	04:19:35	05:52:28.75	05:52:39.25	7:49	7.7
71	MICIAK KRZYSZTOF	3074		ŻERNIKI WROCLAWSKIE	POL	WETERAN I M - 50	4	M 58	01:17:48	02:49:36	04:24:28	05:53:28.55	05:53:32.65	7:51	7.6
72	STRZELEC ŁUKASZ	3163	HARPAGAN HO CHI MINH	WARSZAWA	POL	SENIOR II M - 30	32	M 59	01:15:55	02:41:28	04:15:14	05:53:16.20	05:53:43.70	7:51	7.6
73	ILKIEWICZ ADAM	3166	3BRO	WARSZAWA	POL	SENIOR II M - 30	33	M 60	01:13:08	02:36:26	04:15:30	05:54:35.55	05:54:38.95	7:52	7.6
74	URBAŃSKI MICHAŁ	3221	FLUNKYBALLTEAM ŁĄDEK-ZDRÓJ	ŁĄDEK-ZDRÓJ	POL	SENIOR I M - 20	8	M 61	01:22:37	02:50:08	04:22:44	05:54:49.65	05:55:13.90	7:53	7.6
75	JURA DOROTA	3271	ULTRA BESKID SPORT	BIELSKO-BIAŁA	POL	SENIOR II K - 30	11	K 14	01:25:32	02:59:46	04:30:31	05:55:55.80	05:56:17.10	7:54	7.6
76	KSIĘŻNIK DOROTA	3303			POL	WETERAN K - 50	1	K 15	01:27:17	03:01:44	04:33:40	05:58:30.45	05:58:54.85	7:58	7.5
77	KOSMOWSKI WIESŁAW	3008	LESZ NO LIMITS RUNNERS	RYDZYNA	POL	SENIOR II M - 30	34	M 62	01:20:28	02:48:13	04:27:50	05:58:37.25	05:58:59.25	7:58	7.5
78	PACZKOWSKI RAFAŁ	3092	KUŹNIA TRIATHLONU CZERWONAK BIEGA	ROKIETNICA	POL	SENIOR II M - 30	35	M 63	01:20:47	02:51:28	04:27:55	05:58:55.45	05:59:00.45	7:58	7.5
79	TRETIK MATEUSZ	3154		PIESZYCE	POL	SENIOR II M - 30	36	M 64	01:16:16	02:47:24	04:24:36	05:59:04.70	05:59:16.85	7:58	7.5
80	ZAŁUSKA-LIPA AGNIESZKA	3030	MOSINA BIEGA	MOSINA	POL	SENIOR I K - 30	12	K 16	01:26:10	02:57:26	04:29:53	05:58:58.85	05:59:18.70	7:58	7.5
81	BRATEK ŁUKASZ	3294	OTK RZEŹNIK	GLIWICE	POL	MASTERS M - 40	17	M 65	01:20:48	02:50:20	04:28:06	06:00:10.70	06:00:20.20	8:00	7.5
82	PANEK KRZYSZTOF	3312			POL	MASTERS M - 40	18	M 66	01:23:53	02:54:57	04:29:44	05:59:48.90	06:00:27.05	7:59	7.5
83	NADOLNA EWA	3313			POL	SENIOR II K - 30	13	K 17	01:23:54	02:55:21	04:30:13	05:59:49.15	06:00:27.60	7:59	7.5
84	BALCERZAK TOMASZ	3028	MARATOŃCZYK POZNAŃ	KONARZEWO	POL	MASTERS M - 40	19	M 67	01:23:25	02:48:13	04:29:02	06:03:21.55	06:03:47.75	8:04	7.4
85	STRASZKO MONIKA	3212		WROCLAW	POL	SENIOR II K - 30	14	K 18	01:28:24	03:00:03	04:34:53	06:04:58.80	06:05:19.70	8:06	7.4
86	MUSIELAK MAREK	3191	M&M&M	POZNAŃ	POL	SENIOR II M - 30	37	M 68	01:20:34	02:51:18	04:29:18	06:06:05.95	06:06:07.20	8:08	7.4
87	ZAPIÓR MATEUSZ	3021	TURBO SLIMAKI	KIELCZÓW	POL	SENIOR II M - 30	38	M 69	01:13:42	02:38:16	04:26:22	06:06:55.05	06:06:13.90	8:07	7.4
88	ZYDORCZAK MATEUSZ	3127		WROCLAW	POL	SENIOR II M - 30	39	M 70	01:13:29	02:40:56	04:27:25	06:05:36.15	06:06:14.00	8:07	7.4
89	KOBYLECKI BARTOSZ	3039		WROCLAW	POL	SENIOR II M - 30	40	M 71	01:17:06	02:47:54	04:32:07	06:05:52.60	06:06:24.70	8:07	7.4
90	KOCIK MARCIN	3179	FATBOY SPRINT	WROCLAW	POL	MASTERS M - 40	20	M 72	01:21:20	02:54:25	04:33:36	06:06:29.95	06:06:37.85	8:08	7.4
91	POLAŃSKI BARTOSZ	3107		MIRKÓW	POL	SENIOR I M - 30	41	M 73	01:14:33	02:40:54	04:25:06	06:07:28.25	06:07:37.15	8:09	7.3
92	SZUKAŁA DAMIAN	3246	ŻARY RUNNERS TEAM	BIENIÓW	POL	SENIOR II M - 30	42	M 74	01:28:17	03:04:49	04:42:49	06:07:11.10	06:07:37.90	8:09	7.4
93	SOBCZAK TOMASZ	3202	SASKA KĘPA	WARSZAWA	POL	MASTERS M - 40	21	M 75	01:27:20	03:00:35	04:38:39	06:07:29.10	06:07:51.35	8:09	7.3

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	22km	33km	Netto	Brutto	min/km	km/h
204	SZYMANEK WICZ KALINA	3256		GDYNIA	POL	MASTERS K - 40	6	K 40	01:36:39	03:25:50	05:22:42	07:12:27.10	07:12:54.85	9:36	6.2
205	SIECZKOWSKI ARTUR	3012	NATURAL BORN RUNNERS	KOSTRZYŃ	POL	MASTERS M - 40	47	M 165	01:36:19	03:28:46	05:21:21	07:12:18.60	07:12:54.95	9:36	6.2
206	SZURKOWSKI MICHAŁ	3113	NIGHT RUNNERS	POZNAŃ	POL	SENIOR II M - 30	82	M 166	01:38:12	03:23:31	05:16:40	07:12:31.75	07:13:01.00	9:36	6.2
207	PIECH JAREK	3239		ZŁOTY STOK	POL	WETERAN I M - 50	14	M 167	01:30:37	03:16:59	05:22:39	07:14:02.10	07:14:13.80	9:38	6.2
208	STEFANIAK MARCIN	3034	TKD SZAKAL JEŻYCE RUNNERS	DĄBRÓWKA	POL	SENIOR II M - 30	83	M 168	01:27:56	03:12:45	05:19:28	07:15:39.10	07:16:16.10	9:40	6.2
209	STEFANOWICZ PIOTR	3104	HARDCOROWE WYCHYLYBYMY	OTWOCK	POL	SENIOR II M - 30	84	M 169	01:25:19	03:08:49	05:11:08	07:16:35.90	07:16:46.30	9:42	6.2
210	CIEŚLAK ŁUKASZ	3277		OŚNO LUBUSKIE	POL	SENIOR II M - 30	85	M 170	01:30:32	03:16:54	05:24:33	07:17:39.75	07:17:49.95	9:43	6.2
211	WYBRANOWSKI SYLWESTER	3033		WARSZAWA	POL	SENIOR II M - 30	86	M 171	01:38:16	03:28:49	05:28:10	07:17:59.95	07:18:14.35	9:44	6.2
212	KACZMARSKI PIOTR	3119	HARDCOROWE WYCHYLYBYMY	KARCZEW	POL	SENIOR II M - 30	87	M 172	01:25:57	03:10:15	05:11:40	07:19:12.15	07:19:20.00	9:45	6.1
213	BRAUN MARIA	3265	SMARTOYS	WARSZAWA	POL	MASTERS K - 40	7	K 41	01:43:12	03:36:36	05:37:25	07:20:25.05	07:20:31.85	9:47	6.1
214	PIETROWICZ MAREK	3190	ZABIEGANI LUSÓWKO	LUSÓWKO	POL	MASTERS M - 40	48	M 173	01:34:41	03:27:19	05:24:06	07:20:38.90	07:20:56.05	9:47	6.1
215	GŁOWACKA RENATA	3009	TRI AKTYWNY PIOTRKÓW	PIOTRKÓW TRYBUNALSKI	POL	MASTERS K - 40	8	K 42	01:36:54	03:35:32	05:38:47	07:21:46.55	07:21:57.45	9:49	6.1
216	ŚWITALSKI ANDRZEJ	3090	ŻYCIE CZĘSTOCHOWY TEAM / KAPITAN POLSKA	CZĘSTOCHOWA	POL	SENIOR II M - 30	88	M 174	01:37:09	03:26:54	05:25:37	07:23:26.15	07:23:41.05	9:51	6.1
217	JAWORSKI PAWEŁ	3244	WEST SPORTS TEAM	CEDYNIA	POL	SENIOR I M - 20	23	M 175	01:29:23	03:20:34	05:30:54	07:23:46.50	07:24:02.00	9:51	6.1
218	MAŚLANKA KLAUDIA	3245		DRAWSKO POMORSKIE	POL	SENIOR I K - 20	9	K 43	01:29:22	03:20:32	05:30:54	07:23:45.75	07:24:02.35	9:51	6.1
219	STALA-KONDRAKIEWICZ KATARZYNA	3025	KB HARCOWNIK JELCZ-LASKOWICE	MŁOŚZYCE	POL	SENIOR II K - 30	26	K 44	01:40:32	03:35:32	05:33:15	07:24:18.55	07:24:36.50	9:52	6.1
220	KRYSMAŁSKI MACIEJ	3138		WOLSZTYN	POL	SENIOR II M - 30	89	M 176	01:28:22	03:01:44	04:47:26	07:25:56.20	07:26:15.95	9:54	6.1
221	PRZYBYŁ PIOTR	3037	BIEGOLOGIA.PL / EASY RUNNERS	GOSTYŃ	POL	MASTERS M - 40	49	M 177	01:18:51	02:59:39	05:22:15	07:30:39.20	07:30:46.60	10:00	6
222	PARYSZ ANNA	3041	STARE BABICE BIEGAJĄ	BLIZNE JASIŃSKIEGO	POL	WETERAN K - 50	2	K 45	01:44:21	03:44:38	05:43:52	07:30:52.75	07:31:16.55	10:01	6
223	BADOWSKI RAFAL	3270	WSZYSTKO JEST W GŁOWIE!	KRAKÓW	POL	MASTERS M - 40	50	M 178	01:28:30	03:15:48	05:25:33	07:31:29.50	07:31:45.70	10:01	6
224	CHABKO JACEK	3072	2. WOJSKOWY ODDZIAŁ GOSPODARCZY	WROCLAW	POL	MASTERS M - 40	51	M 179	01:29:56	03:28:34	05:37:00	07:31:48.75	07:32:20.15	10:02	6
225	ODZIMKOWSKI MARCIN	3035		MROWINY	POL	SENIOR II M - 30	90	M 180	01:36:40	03:22:21	05:34:17	07:31:46.10	07:32:23.00	10:02	6
226	CYGAN KRZYSZTOF	3109		BLONIE	POL	SENIOR II M - 30	91	M 181	01:28:31	03:18:55	05:20:35	07:33:54.10	07:34:12.40	10:05	5.9
227	ŚWIST BEATA	3237		BIELSKO-BIAŁA	POL	MASTERS K - 40	9	K 46	01:42:54	03:39:27	05:45:56	07:34:52.55	07:35:10.85	10:06	5.9
228	STOKŁOSA MICHAŁ	3216		ŻYWIEC	POL	SENIOR I M - 20	24	M 182	01:37:19	03:22:28	05:34:03	07:35:55.35	07:36:23.90	10:07	5.9
229	PRZYBYŚLAWSKI MIŁOSZ	3165	SŁYNNI KENIJCZYCY	GNIEZNO	POL	SENIOR II M - 30	92	M 183	01:40:38	03:31:59	05:33:27	07:36:25.05	07:36:44.10	10:08	5.9
230	KIEŁBOWICZ ANETA	3159	SŁYNNI KENIJCZYCY	GNIEZNO	POL	SENIOR II K - 30	27	K 47	01:40:38	03:35:02	05:38:35	07:36:44.35	07:36:44.35	10:08	5.9
231	KOZŁOWSKI ARTUR	3029		WAŁBRZYCH	POL	MASTERS M - 40	52	M 184	01:32:39	03:30:28	05:32:29	07:38:02.25	07:38:24.25	10:10	5.9
232	GALASIŃSKI ANDRZEJ	3139		LUBOŃ	POL	WETERAN I M - 50	15	M 185	01:32:21	03:20:32	05:33:46	07:38:17.95	07:38:37.20	10:11	5.9
233	WYRWAS-ZYGARŁOWSKA IZABELA	3136	KOBIETY BIEGAJĄ	POZNAŃ	POL	SENIOR II K - 30	28	K 48	01:35:48	03:28:49	05:27:50	07:38:18.65	07:38:37.35	10:11	5.9
234	GAŚSIOROWSKA DOROTA	3003	ŚNIĘTY SUM	WARSZAWA	POL	MASTERS K - 40	10	K 49	01:44:10	03:44:42	05:52:05	07:38:32.80	07:38:48.70	10:11	5.9
235	MAZURCZAK EWA	3194	KOBIETAWBIEGU.PL	KIEŁCZÓWEK	POL	MASTERS K - 40	11	K 50	01:44:00	03:43:46	05:47:31	07:40:57.20	07:41:08.45	10:14	5.9
236	PIETRZAK MONIKA	3098		WARSZAWA	POL	MASTERS K - 40	12	K 51	01:47:25	03:48:26	05:47:36	07:41:29.80	07:41:51.60	10:15	5.9
237	PIETRZAK DARIUSZ	3097		WARSZAWA	POL	MASTERS M - 40	53	M 186	01:47:26	03:47:21	05:47:24	07:41:45.55	07:42:06.35	10:15	5.8
238	FISHCHUK OLEH	3261		WROCLAW	POL	SENIOR I M - 20	25	M 187	01:36:19	03:22:02	05:27:45	07:42:04.50	07:42:35.20	10:16	5.8
239	DOBOSZ LESZEK	3118		POZNAŃ	POL	SENIOR II M - 30	93	M 188	01:24:32	03:08:59	05:34:05	07:43:33.40	07:44:02.35	10:18	5.8
240	SIWEK KRZYSZTOF	3240		ZŁOTY STOK	POL	WETERAN I M - 50	16	M 189	01:48:46	03:46:09	05:51:36	07:44:26.05	07:44:37.60	10:19	5.8
241	KOWALCZYK MARCIN	3048		WARSZAWA	POL	WETERAN II M - 60	3	M 190	01:43:18	03:46:30	05:51:06	07:45:21.90	07:46:02.75	10:20	5.8
242	CZYŻ DOROTA	3266		RZESZÓW	POL	MASTERS K - 40	13	K 52	01:44:08	03:44:33	05:49:43	07:45:47.20	07:46:12.55	10:21	5.8
243	BOIŃSKI BARTOSZ	3290	KLUB BIEGACZA RTV EURO AGD	DOBIEŻYŃ	POL	SENIOR I M - 20	26	M 191	01:44:53	03:28:38	05:53:26	07:47:40.35	07:47:56.30	10:23	5.8
244	KUMCZAK ARKADIUSZ	3150	KLUB BIEGACZA RTV EURO AGD	POZNAŃ	POL	MASTERS M - 40	54	M 192	01:44:54	03:34:00	05:54:07	07:47:41.00	07:47:56.30	10:23	5.8
245	GRZYB KRZYSZTOF	3070	KLUB BIEGACZA RTV EURO AGD/JEŻYCE BIEGAJĄ	POZNAŃ	POL	SENIOR II M - 30	94	M 193	01:41:55	03:33:55	05:54:35	07:47:43.80	07:47:58.50	10:23	5.8
246	KUKLA-KOWALSKA ALICJA	3018	BIEGAM BO NIE LUBIĘ	LUSÓWKO	POL	SENIOR II K - 30	29	K 53	01:45:27	03:46:21	05:49:27	07:49:09.65	07:49:32.25	10:25	5.8
247	HEJMAN MACIEJ	3196	WKURW_TEAM	KIELCE	POL	MASTERS M - 40	55	M 194	01:41:29	03:40:40	05:49:25	07:50:56.65	07:51:29.30	10:27	5.7
248	WILK ŁUKASZ	3197	WKURW_TEAM	WROCLAW	POL	SENIOR II M - 30	95	M 195	01:41:28	03:38:07	05:49:27	07:50:56.20	07:51:29.30	10:27	5.7
249	ZAWADZKA MARZENA	3052	4RUN TEAM PIŁA	PIŁA	POL	MASTERS K - 40	14	K 54	01:43:28		06:03:02	07:52:46.80	07:53:09.05	10:30	5.7
250	BLAJCHERT ADAM	3069	4RUN TEAM PIŁA	PIŁA	POL	MASTERS M - 40	56	M 196	01:43:28		06:03:17	07:52:48.50	07:53:12.00	10:30	5.7
251	DOBREK WOJTEK	3152	WIECZORNE BIEGANIE	SZCZECIN	POL	WETERAN I M - 50	17	M 197	01:45:48		06:00:59	08:05:36.75	08:05:41.30	10:47	5.6
252	BRYKSA IWONA	3222		OPOLE	POL	WETERAN K - 50	3	K 55	01:49:07		06:21:28	08:10:48.45	08:11:02.55	10:54	5.5
253	GĄŁAT JAKUB	3032	BCPLUS.PL	GOSTYŃ	POL	MASTERS M - 40	57	M 198	01:48:21		06:13:32	08:11:36.30	08:11:43.70	10:55	5.5
254	KICINSKA DOROTA	3206	ROZBIEGANI RRAWICZ	RAWICZ	POL	SENIOR II K - 30	30	K 56	01:42:57	03:41:55	05:51:45	08:11:45.75	08:12:07.35	10:55	5.5
255	RAK CEZARY	3103	HARDCOROWE WYCHYLYBYMY	KARCZEW	POL	SENIOR I M - 20	27	M 199	01:44:47	03:47:57	06:00:41	08:12:00.30	08:12:07.75	10:56	5.5
256	BEREZIUK MICHAŁ	3170	LZS DZIEWIĘTLICE	DZIEWIĘTLICE	POL	SENIOR II M - 30	96	M 200	01:43:27	03:48:04	06:12:55	08:11:38.75	08:12:21.15	10:55	5.5

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	10km	22km	33km	Netto	Brutto	min/km	km/h
257	SADOWSKI ANDRZEJ	3096		DZIEWIĘTLICE	POL	WETERAN II M - 60	4	M 201	01:43:28	03:46:08	06:12:55	08:11:40.20	08:12:22.50	10:55	5.5
258	KLIKS ADAM	3137		WOLSZTYN	POL	MASTERS M - 40	58	M 202	01:49:12	03:48:19		08:14:59.75	08:15:29.70	11:00	5.5
259	GMEREK PAWEŁ	3254		WOLSZTYN	POL	MASTERS M - 40	59	M 203	01:49:11	03:48:19		08:15:00.10	08:15:30.10	11:00	5.5
260	ADAMSKI TOMASZ	3297	KIBOLE W BIEGU			SENIOR II M - 30	97	M 204	01:45:43		06:38:34	08:28:19.30	08:28:49.60	11:17	5.3
261	FRAĆKOWIAK JACEK	3117	RUNNER'S POWER	ŚREM	POL	SENIOR II M - 30	98	M 205				08:30:54.90	08:31:03.65	11:21	5.3
LIM	SZYMCZAK MATEUSZ	3168		GOSTYŃ	POL	SENIOR I M - 20	LIM	LIM	01:24:28	03:07:49	05:09:46			-	-
	ZIELIŃSKI MARCIN	3228	SAINT GOBAIN SQUAD	DAJBROWA GÓRNICZA	POL	SENIOR II M - 30			01:38:10	DNF	DNF	DNF	DNF	-	-
	WŁODARKIEWICZ DOMINIK	3200	SQUEEZY POLSKA	POZNAŃ	POL	MASTERS M - 40			01:01:04	02:15:31	DNF	DNF	DNF	-	-
	ZAWIDZKI DARIUSZ	3259	CZERWONAK BIEGA	KOZIEGŁOWY	POL	SENIOR II M - 30			01:07:04	02:33:23	DNF	DNF	DNF	-	-
	PIENIO ADAM	3146		TUŁOWICE	POL	SENIOR II M - 30			01:27:49	03:23:07	DNF	DNF	DNF	-	-
	MACIASZCZYK MAGDA	3130		MASZEWO	POL	MASTERS K - 40			01:34:50	03:26:08	DNF	DNF	DNF	-	-
	MICHALAK TOMASZ	3058	TEAM BIEGAJ POD OKIEM TRENERA	LESZNO	POL	MASTERS M - 40			01:33:22	03:28:55	DNF	DNF	DNF	-	-
	BIENIAS PIOTR	3214		WARSZAWA	POL	MASTERS M - 40			01:34:31	03:38:45	DNF	DNF	DNF	-	-
	MELSON MACIEJ	3185	BIZON TEAM	ŁÓDŹ	POL	SENIOR I M - 20			01:34:21	03:40:14	DNF	DNF	DNF	-	-
	WAŁEK PIOTR	3001	RUNNING TEAM QUIBL	WARSZAWA	POL	MASTERS M - 40			01:39:27	DNF	DNF	DNF	DNF	-	-
	RONKOWSKA MAŁGORZATA	3128	POLKASPORT	WARSZAWA	POL	SENIOR I K - 20			01:46:05	DNF	DNF	DNF	DNF	-	-
	KIELASZEWSK KAROL	3108	LESZ NO LIMITS RUNNERS	LESZNO	POL	SENIOR II M - 30			01:48:53	DNF	DNF	DNF	DNF	-	-
	KARPIŃSKI GRZEGORZ	3020	MESONDZI LAJF STAJL	POZNAŃ	POL	SENIOR II M - 30			01:49:47	DNF	DNF	DNF	DNF	-	-
	PIECUCH MAŁGORZATA	3038	PRZEWORSKA GRUPA BIEGOWA	PRZEWORSK	POL	WETERAN K - 50			01:49:55	DNF	DNF	DNF	DNF	-	-
	KUPPER PAWEŁ	3042		WROCŁAW	POL	SENIOR II M - 30			01:52:16	DNF	DNF	DNF	DNF	-	-
	DOMINIAK - LESZCZYŃSKA ELŻBIETA	3292	LASY WAWERSKIE	WARSZAWA	POL	WETERAN K - 50			01:58:08	DNF	DNF	DNF	DNF	-	-
	SZCZEPANIAK SŁAWOMIR	3047	K.S.LENIWIEC KĘPNO	KĘPNO	POL	WETERAN I M - 50			01:58:11	DNF	DNF	DNF	DNF	-	-
	BAKA ELŻBIETA	3031		WARSZAWA	POL	MASTERS K - 40			02:02:11	DNF	DNF	DNF	DNF	-	-
	ZUBOWICZ JANINA	3080		SEJNY	POL	WETERAN K - 50			02:08:54	DNF	DNF	DNF	DNF	-	-
	KNAPIK JERZY	3016		KRAKÓW	POL	WETERAN II M - 60			DNF	DNF	DNF	DNF	DNF	-	-
	KANCLERZ-JANUSZEWSKA KATARZYNA	3144	KOBIETY NA 5+	JASTRZĘBIE-ZDRÓJ	POL	WETERAN K - 50			DNF	DNF	DNF	DNF	DNF	-	-
	JANUSZEWSKI TOMASZ	3143		JASTRZĘBIE-ZDRÓJ	POL	WETERAN I M - 50			DNF	DNF	DNF	DNF	DNF	-	-