

SKRWILNO - PUCHAR ZIEMI DOBRZYŃSKIEJ NORDIC WALKING - 5 KM

Organizator: PFNW
 Data: 2017-07-30
 Miejsce: Skrwilno
 Dystans: 5 km
 Klasyfikacja wg czasów netto.

**SKRWILNO - PUCHAR ZIEMI DOBRZYŃSKIEJ NORDIC WALKING - 5 KM, OPEN**

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | Netto | min/km | km/h |
|------|-----------------------------|-----|---|----------------------|------|-----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1 | MACHNIK JANUSZ | 103 | CLLEO ZAWIERCIE | ZAWIERCIE | POL | M40-44 | 1 | M 1 | | | 00:16:38 | 00:33:51.75 | 6:46 | 8.9 |
| 2 | HAŁAS MARCIN | 57 | | CZECHOWICE-DZIEDZICE | POL | M30-39 | 1 | M 2 | | | 00:17:03 | 00:34:19.15 | 6:51 | 8.7 |
| 3 | RADOMSKI MARCIN | 144 | BIEGAM W SFETSZE/DYNAMIC | PŁOCK | POL | M40-44 | 2 | M 3 | | | 00:16:48 | 00:34:21.65 | 6:52 | 8.7 |
| 4 | RAKUĆ JAKUB | 145 | RUCH PO ZDROWIE WŁOCŁAWEK | WŁOCŁAWEK | POL | M18-29 | 1 | M 4 | | | 00:17:04 | 00:34:23.65 | 6:52 | 8.7 |
| 5 | FRĄCKOWIAK ROMAN | 46 | ZS ROSKO | WIELEŃ | POL | M45-49 | 1 | M 5 | | | 00:17:04 | 00:34:32.65 | 6:54 | 8.7 |
| 6 | POLEWCZAK MARIUSZ | 140 | CLLEO ZAWIERCIE | ZAWIERCIE | POL | M45-49 | 2 | M 6 | | | 00:17:05 | 00:34:32.95 | 6:54 | 8.7 |
| 7 | TRZCIŃSKI FRANCISZEK | 174 | SPORT I REKREACJA START (CHEŁMNO) | CHEŁMNO | POL | M50-54 | 1 | M 7 | | | 00:17:10 | 00:34:46.80 | 6:57 | 8.6 |
| 8 | TRZCIŃSKI EUGENIUSZ | 175 | SPORT I REKREACJA START (CHEŁMNO) | BYDGOSZCZ | POL | M60-64 | 1 | M 8 | | | 00:17:18 | 00:35:16.40 | 7:03 | 8.5 |
| 9 | KLARKOWSKI BOGDAN | 71 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | ELBLĄG | POL | M60-64 | 2 | M 9 | | | 00:17:20 | 00:35:41.50 | 7:08 | 8.4 |
| 10 | WASIELEWSKI MIROSŁAW | 180 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | ELBLĄG | POL | M55-59 | 1 | M 10 | | | 00:17:49 | 00:35:43.20 | 7:08 | 8.4 |
| 11 | SANIUK EDWARD | 153 | FACE NORDIC WALKING TEAM | GDAŃSK | POL | M65-69 | 1 | M 11 | | | 00:18:39 | 00:35:57.25 | 7:11 | 8.3 |
| 12 | WERNIKIEWICZ ZBIGNIEW | 184 | | PŁOCK | POL | M-NIEPEŁNOSPRAWNI(B) | 1 | M 12 | | | 00:17:45 | 00:35:57.70 | 7:11 | 8.3 |
| 13 | DADYGIN SIERGII | 206 | | GRODNO | BLR | M30-39 | 2 | M 13 | | | 00:18:03 | 00:36:03.80 | 7:12 | 8.3 |
| 14 | ADAMCZYK ADAM | 1 | PASJA NORDIC WALKING | WARSZAWA | POL | M65-69 | 2 | M 14 | | | 00:18:38 | 00:36:10.45 | 7:14 | 8.3 |
| 15 | POLISZCZUK PIOTR | 141 | PIERNIKI NA CHODZIE | TORUŃ | POL | M55-59 | 2 | M 15 | | | 00:17:50 | 00:36:15.45 | 7:15 | 8.3 |
| 16 | KRYCH WŁODZIMIERZ | 90 | STARY WAŻ | TORUŃ | POL | M55-59 | 3 | M 16 | | | 00:17:52 | 00:36:15.50 | 7:15 | 8.3 |
| 17 | KADACZ ALEKSEY | 207 | | GRODNO | BLR | M30-39 | 3 | M 17 | | | 00:18:08 | 00:36:22.45 | 7:16 | 8.2 |
| 18 | KRUPA PAWEŁ | 89 | | PŁOCK | POL | M50-54 | 2 | M 18 | | | 00:18:15 | 00:36:39.05 | 7:19 | 8.2 |
| 19 | GRYGOROWICZ BOGDAN | 55 | KS METRACO POLKOWICE | LUBIN | POL | M65-69 | 3 | M 19 | | | 00:18:40 | 00:36:40.95 | 7:20 | 8.2 |
| 20 | CIEŚLAK-ZABŁOCKA IWONA | 31 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | ELBLĄG | POL | K40-44 | 1 | K 1 | | | 00:18:13 | 00:37:10.20 | 7:26 | 8.1 |
| 21 | JÓZWIAK MARIANNA | 60 | WTW WŁOCŁAWEK | WŁOCŁAWEK | POL | K40-44 | 2 | K 2 | | | 00:18:22 | 00:37:43.85 | 7:32 | 8 |
| 22 | SZYMAŃSKI STEFAN | 169 | XV KOŁO POLSKIEGO ZWIĄZKU EMERYTÓW W DYWITACH | KIEŻLINY | POL | M70+ | 1 | M 20 | | | 00:18:51 | 00:37:57.70 | 7:35 | 7.9 |
| 23 | DUBAJ GRZEGORZ | 44 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | ELBLĄG | POL | M55-59 | 4 | M 21 | | | 00:18:05 | 00:38:02.30 | 7:36 | 7.9 |
| 24 | RAKUĆ ANGELIKA | 146 | RUCH PO ZDROWIE WŁOCŁAWEK | WŁOCŁAWEK | POL | K18-29 | 1 | K 3 | | | 00:18:59 | 00:38:08.40 | 7:37 | 7.9 |
| 25 | BRANCZEWSKA EWA | 6 | NW WERWA MŁAWA | MŁAWA | POL | K30-39 | 1 | K 4 | | | 00:18:46 | 00:38:10.35 | 7:38 | 7.9 |
| 26 | OLEŚ JÓZEF | 130 | NW WERWA MŁAWA | MŁAWA | POL | M-NIEPEŁNOSPRAWNI(A) | 1 | M 22 | | | 00:18:40 | 00:38:11.70 | 7:38 | 7.9 |
| 27 | DEMBKOWSKI RYSZARD | 41 | KRÓL PIERNIKA TORUŃSKIEGO /STARY WAŻ | TORUŃ | POL | M60-64 | 3 | M 23 | | | 00:18:48 | 00:38:12.80 | 7:38 | 7.8 |
| 28 | CHUDZIŃSKI ANDRZEJ | 26 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | ELBLĄG | POL | M65-69 | 4 | M 24 | | | 00:18:48 | 00:38:19.60 | 7:39 | 7.8 |
| 29 | KREZMER MARZENA | 88 | CLLEO ZAWIERCIE | ZAWIERCIE | POL | K30-39 | 2 | K 5 | | | 00:18:57 | 00:38:19.70 | 7:40 | 7.8 |
| 30 | SKWARSKI MAREK | 156 | DYNAMIC | PŁOCK | POL | M50-54 | 3 | M 25 | | | 00:18:31 | 00:38:25.25 | 7:41 | 7.8 |
| 31 | POLEWCZAK ANETA | 139 | CLLEO ZAWIERCIE | ZAWIERCIE | POL | K45-49 | 1 | K 6 | | | 00:19:19 | 00:38:26.10 | 7:41 | 7.8 |
| 32 | OKRZESIK-FRĄCKOWIAK IZABELA | 129 | ZS ROSKO | WIELEŃ | POL | K45-49 | 2 | K 7 | | | 00:19:19 | 00:38:33.05 | 7:42 | 7.8 |
| 33 | GRIGORIEWA RENATA | 211 | | GRODNO | BLR | K-JUN. | 1 | K 8 | | | 00:19:01 | 00:38:36.75 | 7:43 | 7.8 |
| 34 | JÓZWIAK ŁUKASZ | 61 | WTW WŁOCŁAWEK | WŁOCŁAWEK | POL | M-NIEPEŁNOSPRAWNI(A) | 2 | M 26 | | | 00:18:57 | 00:38:48.90 | 7:45 | 7.7 |

SKRWILNO - PUCHAR ZIEMI DOBRZYŃSKIEJ NORDIC WALKING - 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | Netto | min/km | km/h |
|------|--------------------------|-----|-------------------------------------|-------------------|------|-----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 35 | MARKOWSKA HALINA | 112 | KLUB SPORTOWY ELBŁĄSKIE WŁÓCZY-KIJE | ELBŁĄG | POL | K60-64 | 1 | K 9 | | | 00:19:04 | 00:38:51.95 | 7:46 | 7.7 |
| 36 | DOMBRZALSKI RYSZARD | 43 | WTW WŁOCŁAWEK | WŁOCŁAWEK | POL | M65-69 | 5 | M 27 | | | 00:19:12 | 00:38:55.10 | 7:47 | 7.7 |
| 37 | SAKOWSKA KRYSZYNA | 152 | PASJA NORDIC WALKING | WARSZAWA | POL | K40-44 | 3 | K 10 | | | 00:19:08 | 00:38:55.50 | 7:47 | 7.7 |
| 38 | BRĄGIEL KRYSZYNA | 9 | NAKŁO NAD NOTECIĄ | | POL | K60-64 | 2 | K 11 | | | 00:19:14 | 00:38:59.75 | 7:48 | 7.7 |
| 39 | DANA ANDRZEJ | 36 | KLUB NW 'PATYCZAKI' GRUDZIĄDZ | GRUDZIĄDZ | POL | M65-69 | 6 | M 28 | | | 00:19:05 | 00:39:06.35 | 7:49 | 7.7 |
| 40 | GOŁĘBIEWSKI ANDRZEJ | 213 | KLUB NW 'PATYCZAKI' GRUDZIĄDZ | GRUDZIĄDZ | POL | M60-64 | 4 | M 29 | | | 00:19:21 | 00:39:23.15 | 7:52 | 7.6 |
| 41 | KOZŁOWSKA JULIA | 86 | DYNAMIC | POZNAŃ | POL | K-JUN. | 2 | K 12 | | | 00:19:28 | 00:39:34.20 | 7:54 | 7.6 |
| 42 | URBAŃSKI STEFAN | 178 | KLUB NW 'PATYCZAKI' GRUDZIĄDZ | GRUDZIĄDZ | POL | M55-59 | 5 | M 30 | | | 00:19:25 | 00:39:37.90 | 7:55 | 7.6 |
| 43 | KARCZEWSKA MARZENA | 65 | RUCH PO ZDROWIE WŁOCŁAWEK | WŁOCŁAWEK | POL | K30-39 | 3 | K 13 | | | 00:19:21 | 00:39:40.55 | 7:56 | 7.6 |
| 44 | ZIELIŃSKA JOLANTA | 204 | GOSIR OSIELSKO | OSIELSKO | POL | K55-59 | 1 | K 14 | | | 00:19:33 | 00:39:41.05 | 7:56 | 7.6 |
| 45 | STRZELECKA MAŁGORZATA | 161 | SAILING TEAM FERAJNA | PIŁA | POL | K45-49 | 3 | K 15 | | | 00:19:48 | 00:39:43.55 | 7:56 | 7.6 |
| 46 | NOWALIŃSKA ANASTAZJA | 128 | FACE NORDIC WALKING TEAM | PŁOCK | POL | K-JUN. | 3 | K 16 | | | 00:19:34 | 00:39:53.10 | 7:58 | 7.5 |
| 47 | BRULIŃSKA MONIKA | 10 | BIEGAM W SFETSZE | PŁOCK | POL | K40-44 | 4 | K 17 | | | 00:19:55 | 00:40:02.60 | 8:00 | 7.5 |
| 48 | WASILEWSKI SŁAWOMIR | 181 | PASJA NORDIC WALKING | WARSZAWA | POL | M70+ | 2 | M 31 | | | 00:19:51 | 00:40:05.35 | 8:01 | 7.5 |
| 49 | KUSIAK WŁODZIMIERZ | 94 | ELITE TEAM CHODZĘ Z KIJAMI | GDAŃSK | POL | M65-69 | 7 | M 32 | | | 00:20:04 | 00:40:09.95 | 8:02 | 7.5 |
| 50 | SUGALSKA MAŁGORZATA | 164 | MOSIR RYPIN | RYPIN | POL | K50-54 | 1 | K 18 | | | 00:19:56 | 00:40:11.45 | 8:02 | 7.5 |
| 51 | LELIWA LESZEK | 212 | | GRUDZIĄDZ | POL | M70+ | 3 | M 33 | | | 00:19:49 | 00:40:12.30 | 8:02 | 7.5 |
| 52 | MALKIEWICZ MAŁGORZATA | 106 | KSK ŻYJ AKTYWNIEM KOŁCZYGŁOWY | WIERSZYNO | POL | K50-54 | 2 | K 19 | | | 00:20:04 | 00:40:18.25 | 8:03 | 7.4 |
| 53 | BRZOZOWSKI PRZEMYSŁAW | 208 | | SKRWILNO | POL | M30-39 | 4 | M 34 | | | 00:20:16 | 00:40:18.95 | 8:03 | 7.4 |
| 54 | GWAREK ANITA | 56 | PASJA NORDIC WALKING | WARSZAWA | POL | K45-49 | 4 | K 20 | | | 00:19:55 | 00:40:21.10 | 8:04 | 7.4 |
| 55 | MORYS AGNIESZKA | 118 | FABRIKANORDIKA | RUDA ŚLĄSKA | POL | K30-39 | 4 | K 21 | | | 00:20:06 | 00:40:31.65 | 8:06 | 7.4 |
| 56 | KOZŁOWSKA JAGODA | 85 | DYNAMIC | POZNAŃ | POL | K-DZIECI | 1 | K 22 | | | 00:20:04 | 00:40:33.45 | 8:06 | 7.4 |
| 57 | KĘDZIERSKA EDYTA | 32 | PFNW | GDAŃSK | POL | K40-44 | 5 | K 23 | | | 00:20:19 | 00:40:35.00 | 8:07 | 7.4 |
| 58 | MAĆCZKOWSKA ZOFIA | 217 | ZANTYR SZTUM | SZTUM | POL | K-DZIECI | 2 | K 24 | | | 00:20:04 | 00:40:37.55 | 8:07 | 7.4 |
| 59 | MITRĘGA MAJA | 115 | | TORUŃ | POL | K-DZIECI | 3 | K 25 | | | 00:20:19 | 00:40:42.10 | 8:08 | 7.4 |
| 60 | TUCHAŁSKA EDYTA | 176 | | SKRWILNO | POL | K30-39 | 5 | K 26 | | | 00:20:20 | 00:40:43.20 | 8:08 | 7.4 |
| 61 | ŚWIERCZYŃSKA JOANNA | 171 | KLUB SPORTOWY ELBŁĄSKIE WŁÓCZY-KIJE | ELBŁĄG | POL | K45-49 | 5 | K 27 | | | 00:19:57 | 00:40:45.90 | 8:09 | 7.4 |
| 62 | DANA KAZIMIERA | 35 | KLUB NW 'PATYCZAKI' GRUDZIĄDZ | GRUDZIĄDZ | POL | K60-64 | 3 | K 28 | | | 00:20:10 | 00:40:47.20 | 8:09 | 7.4 |
| 63 | BRYL MICHAŁ | 13 | KLUB SPORTOWY ELBŁĄSKIE WŁÓCZY-KIJE | ELBŁĄG | POL | M-NIEPEŁNOSPRAWNI(A) | 3 | M 35 | | | 00:20:00 | 00:40:50.30 | 8:10 | 7.3 |
| 64 | WIŚNIEWSKI KAZIMIERZ | 194 | PASJA NORDIC WALKING | WARSZAWA | POL | M60-64 | 5 | M 36 | | | 00:20:14 | 00:40:50.70 | 8:10 | 7.3 |
| 65 | CIARKA HENRYK | 27 | NW PŁOŃSK | PŁOŃSK | POL | M65-69 | 8 | M 37 | | | 00:20:16 | 00:41:03.80 | 8:12 | 7.3 |
| 66 | GRYGOROWICZ TERESA | 54 | KS METRACO POLKOWICE | LUBIN | POL | K65-69 | 1 | K 29 | | | 00:20:07 | 00:41:11.20 | 8:14 | 7.3 |
| 67 | POMYKAŁA KRZYSZTOF | 209 | | PRUSZKÓW | POL | M40-44 | 3 | M 38 | | | 00:21:09 | 00:41:15.15 | 8:15 | 7.3 |
| 68 | CZYŻEWSKI WŁODZIMIERZ | 3 | NW PŁOŃSK | NOWE SARNOWO | POL | M55-59 | 6 | M 39 | | | 00:20:05 | 00:41:18.25 | 8:15 | 7.3 |
| 69 | ZABOROWSKI ZBIGNIEW | 202 | NW CHODZIMY PO PŁOCKU | PŁOCK | POL | M65-69 | 9 | M 40 | | | 00:20:47 | 00:41:25.35 | 8:17 | 7.2 |
| 70 | KŁOPOTOWSKI RYSZARD | 75 | LKS ZANTYR | SZTUM | POL | M50-54 | 4 | M 41 | | | 00:20:30 | 00:41:32.95 | 8:18 | 7.2 |
| 71 | SZALECKA GRAŻYNA | 165 | LKS ZANTYR | SZTUM | POL | K65-69 | 2 | K 30 | | | 00:20:31 | 00:41:36.35 | 8:19 | 7.2 |
| 72 | BUJNICKA MAGDALENA | 16 | NORDIC WALKING PASŁĘK | PASŁĘK | POL | K-DZIECI | 4 | K 31 | | | 00:20:28 | 00:41:37.20 | 8:19 | 7.2 |
| 73 | CHOLEWKA JOLANTA | 22 | MARSZ PO ZDROWIE | POZNAŃ | POL | K60-64 | 4 | K 32 | | | 00:20:28 | 00:41:40.25 | 8:20 | 7.2 |
| 74 | STRZELECKI SEBASTIAN | 163 | SAILING TEAM FERAJNA | PIŁA | POL | M40-44 | 4 | M 42 | | | 00:20:26 | 00:41:59.10 | 8:23 | 7.1 |
| 75 | ADAMOWICZ ANDRZEJ | 2 | | ŁÓDŹ | POL | M70+ | 4 | M 43 | | | 00:20:50 | 00:42:00.35 | 8:24 | 7.1 |
| 76 | LANGMESSER REGINA | 96 | LKS ZANTYR | SZTUM | POL | K45-49 | 6 | K 33 | | | 00:20:48 | 00:42:04.70 | 8:24 | 7.1 |
| 77 | WIERZBICKI WALDEMAR | 188 | | WARSZAWA | POL | M65-69 | 10 | M 44 | | | 00:20:34 | 00:42:10.40 | 8:26 | 7.1 |
| 78 | BERKOWSKI JAKUB | 5 | RUCH PO ZDROWIE WŁOCŁAWEK | WŁOCŁAWEK | POL | M-JUN. | 1 | M 45 | | | 00:20:42 | 00:42:21.50 | 8:28 | 7.1 |
| 79 | OLEŚ ELŻBIETA | 131 | NW WERWA MŁAWA | MŁAWA | POL | K65-69 | 3 | K 34 | | | 00:20:37 | 00:42:24.25 | 8:28 | 7.1 |
| 80 | WRONKA TOMASZ | 197 | GRUPA NORDIC WALKING PŁOŃSK | PŁOŃSK | POL | M45-49 | 3 | M 46 | | | 00:21:02 | 00:42:25.75 | 8:29 | 7.1 |
| 81 | KOZIOŁ PIOTR | 84 | | NAKŁO NAD NOTECIĄ | POL | M50-54 | 5 | M 47 | | | 00:20:56 | 00:42:27.25 | 8:29 | 7.1 |
| 82 | NAZAREWICZ BARBARA | 122 | KLUB SPORTOWY ELBŁĄSKIE WŁÓCZY-KIJE | ELBŁĄG | POL | K65-69 | 4 | K 35 | | | 00:21:01 | 00:42:41.70 | 8:32 | 7 |
| 83 | PERLIK WIESŁAW | 136 | TADMAX | ZIELONKA | POL | M60-64 | 6 | M 48 | | | 00:20:55 | 00:42:47.25 | 8:33 | 7 |
| 84 | KOZIOŁ MAGDALENA | 83 | | NAKŁO NAD NOTECIĄ | POL | K18-29 | 2 | K 36 | | | 00:21:28 | 00:42:50.80 | 8:34 | 7 |
| 85 | KOLENDA ZBIGNIEW | 79 | WTW WŁOCŁAWEK | WŁOCŁAWEK | POL | M70+ | 5 | M 49 | | | 00:21:04 | 00:43:03.10 | 8:36 | 7 |
| 86 | PRACKI ZBIGNIEW WOJCIECH | 143 | WTW WŁOCŁAWEK | WŁOCŁAWEK | POL | M50-54 | 6 | M 50 | | | 00:21:17 | 00:43:03.60 | 8:36 | 7 |
| 87 | WINCZEWSKA ANNA | 191 | RUCH PO ZDROWIE WŁOCŁAWEK | WŁOCŁAWEK | POL | K50-54 | 3 | K 37 | | | 00:21:21 | 00:43:19.35 | 8:40 | 6.9 |

SKRWILNO - PUCHAR ZIEMI DOBRZYŃSKIEJ NORDIC WALKING - 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | Netto | min/km | km/h |
|------|------------------------|-----|---|-------------------|------|-----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 88 | MARCINKOWSKA RENATA | 110 | FACE NORDIC WALKING TEAM | SOCHACZEW | POL | K65-69 | 5 | K 38 | | | 00:21:03 | 00:43:24.10 | 8:41 | 6.9 |
| 89 | MARCINIAK HANNA | 109 | WTW WŁOCŁAWEK | WŁOCŁAWEK | POL | K55-59 | 2 | K 39 | | | 00:21:48 | 00:43:26.95 | 8:41 | 6.9 |
| 90 | JANKOWSKA WIOLETTA | 230 | FABRIKANORDIKA | KATOWICE | POL | K50-54 | 4 | K 40 | | | 00:21:30 | 00:43:31.80 | 8:42 | 6.9 |
| 91 | MANKOWSKI LECH | 108 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | ELBLĄG | POL | M60-64 | 7 | M 51 | | | 00:21:29 | 00:43:37.50 | 8:43 | 6.9 |
| 92 | STANKIEWICZ BOŻENA | 159 | MOSIR RYPIN | OSTROWITE | POL | K45-49 | 7 | K 41 | | | 00:21:51 | 00:43:50.40 | 8:46 | 6.8 |
| 93 | ŻENDARSKA IWONA | 205 | | SKRWILNO | POL | K45-49 | 8 | K 42 | | | 00:22:26 | 00:43:53.65 | 8:46 | 6.8 |
| 94 | WYCISŁO DAMIAN | 200 | DAJ RADOŚĆ NIEPEŁNOSPRAWNYM | PIŁA | POL | M-NIEPEŁNOSPRAWNI(B) | 2 | M 52 | | | 00:21:54 | 00:43:58.90 | 8:47 | 6.8 |
| 95 | CZARSKA ZOFIA | 33 | | SKRWILNO | POL | K40-44 | 6 | K 43 | | | 00:21:56 | 00:44:01.20 | 8:48 | 6.8 |
| 96 | MITRĘGA MONIKA | 116 | | TORUŃ | POL | K40-44 | 7 | K 44 | | | 00:21:41 | 00:44:06.40 | 8:49 | 6.8 |
| 97 | KULIG BOŻENA | 92 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | ELBLĄG | POL | K60-64 | 5 | K 45 | | | 00:21:34 | 00:44:10.60 | 8:50 | 6.8 |
| 98 | BRZozowska AGNIESZKA | 14 | UKS SKRWILNO | SKRWILNO | POL | K30-39 | 6 | K 46 | | | 00:21:46 | 00:44:12.85 | 8:50 | 6.8 |
| 99 | LEWANDOWSKI RYSZARD | 97 | | TORUŃ | POL | M65-69 | 11 | M 53 | | | 00:21:37 | 00:44:13.70 | 8:50 | 6.8 |
| 100 | NOSKIEWICZ ROBERT | 123 | | PŁOCK | POL | M40-44 | 5 | M 54 | | | 00:21:49 | 00:44:14.05 | 8:50 | 6.8 |
| 101 | ZIELINKIEWICZ WIKTORIA | 203 | KLUB NW 'PATYCZAKI' GRUDZIĄDZ | GRUDZIĄDZ | POL | K-DZIECI | 5 | K 47 | | | 00:21:39 | 00:44:14.80 | 8:51 | 6.8 |
| 102 | ŁASIŃSKI JAROSŁAW | 102 | UKS SKRWILNO | SKRWILNO | POL | M30-39 | 5 | M 55 | | | 00:21:46 | 00:44:18.60 | 8:51 | 6.8 |
| 103 | KULESZA-BRUNKA DOROTA | 93 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | ELBLĄG | POL | K50-54 | 5 | K 48 | | | 00:22:06 | 00:44:22.05 | 8:52 | 6.8 |
| 104 | BURNA IWETA | 18 | | PŁOCK | POL | K40-44 | 8 | K 49 | | | 00:22:30 | 00:44:25.85 | 8:53 | 6.8 |
| 105 | WĘGLEWSKA AGNIESZKA | 185 | DYNAMIC | PŁOCK | POL | K18-29 | 3 | K 50 | | | 00:21:49 | 00:44:47.10 | 8:57 | 6.7 |
| 106 | GRABOWSKA BOŻENA | 47 | LKS ZANTYR | SZTUM | POL | K45-49 | 9 | K 51 | | | 00:22:05 | 00:44:47.80 | 8:57 | 6.7 |
| 107 | SZYMAŃSKA LUCYNA | 168 | XV KOŁO POLSKIEGO ZWIĄZKU EMERYTÓW W DYWITACH | KIEŻLIŃNY | POL | K-NIEPEŁNOSPRAWNI(A) | 1 | K 52 | | | 00:22:01 | 00:45:07.85 | 9:01 | 6.6 |
| 108 | KANIAK ZBIGNIEW | 64 | GRUPA NORDIC WALKING PŁOŃSK | PŁOŃSK | POL | M65-69 | 12 | M 56 | | | 00:20:21 | 00:45:08.55 | 9:01 | 6.6 |
| 109 | WAGNER-KOZIOŁ GRAŻYNA | 179 | | NAKŁO NAD NOTECIĄ | POL | K50-54 | 6 | K 53 | | | 00:22:28 | 00:45:09.70 | 9:01 | 6.6 |
| 110 | BRYL ZDZISŁAW | 12 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | ELBLĄG | POL | M45-49 | 4 | M 57 | | | 00:21:52 | 00:45:10.20 | 9:02 | 6.6 |
| 111 | WYCISŁO AGATA | 199 | DAJ RADOŚĆ NIEPEŁNOSPRAWNYM | PIŁA | POL | K-NIEPEŁNOSPRAWNI(B) | 1 | K 54 | | | 00:22:07 | 00:45:17.50 | 9:03 | 6.6 |
| 112 | WRONKA IWONA | 196 | GRUPA NORDIC WALKING PŁOŃSK | PŁOŃSK | POL | K40-44 | 9 | K 55 | | | 00:22:09 | 00:45:38.25 | 9:07 | 6.6 |
| 113 | GRABOWSKI MACIEJ | 216 | ZANTYR SZTUM | SZTUM | POL | M-DZIECI | 1 | M 58 | | | 00:23:01 | 00:45:46.95 | 9:09 | 6.6 |
| 114 | CICHOREK MARZENA | 28 | SKRWILNO | SKRWILNO | POL | K40-44 | 10 | K 56 | | | 00:22:27 | 00:45:50.30 | 9:10 | 6.5 |
| 115 | SMARUJ-SADOWSKA JANINA | 157 | | BYDGOSZCZ | POL | K65-69 | 6 | K 57 | | | 00:22:24 | 00:45:53.50 | 9:10 | 6.5 |
| 116 | BERKOWSKA MAGDALENA | 4 | RUCH PO ZDROWIE WŁOCŁAWEK | WŁOCŁAWEK | POL | K30-39 | 7 | K 58 | | | 00:23:09 | 00:45:53.65 | 9:10 | 6.5 |
| 117 | STOLTMAN ADAM | 160 | KLUB NW 'PATYCZAKI' GRUDZIĄDZ | GRUDZIĄDZ | POL | M-DZIECI | 2 | M 59 | | | 00:24:01 | 00:45:55.65 | 9:11 | 6.5 |
| 118 | TROJAK ANDRZEJ | 172 | MOSIR RYPIN | RYPIN | POL | M60-64 | 8 | M 60 | | | 00:22:08 | 00:45:57.10 | 9:11 | 6.5 |
| 119 | PIEKARSKA KRYSZYNA | 137 | | SKRWILNO | POL | K45-49 | 10 | K 59 | | | 00:22:37 | 00:46:08.70 | 9:13 | 6.5 |
| 120 | KOSICKA BEATA | 80 | | ROKIETNICA | POL | K45-49 | 11 | K 60 | | | 00:22:39 | 00:46:10.25 | 9:14 | 6.5 |
| 121 | WĄSOWSKA MONIKA | 182 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | ELBLĄG | POL | K30-39 | 8 | K 61 | | | 00:22:22 | 00:46:13.20 | 9:14 | 6.5 |
| 122 | MARCZYK JERZY PAWEŁ | 111 | FACE NORDIC WALKING TEAM | WARSZAWA | POL | M55-59 | 7 | M 61 | | | 00:21:54 | 00:46:13.45 | 9:14 | 6.5 |
| 123 | TROJAK KRYSZYNA | 173 | MOSIR RYPIN | RYPIN | POL | K60-64 | 6 | K 62 | | | 00:22:31 | 00:46:19.60 | 9:15 | 6.5 |
| 124 | WYCISŁO ROMUALD | 198 | DAJ RADOŚĆ NIEPEŁNOSPRAWNYM | PIŁA | POL | M-NIEPEŁNOSPRAWNI(B) | 3 | M 62 | | | 00:23:00 | 00:46:22.95 | 9:16 | 6.5 |
| 125 | MAJEWSKI WŁODZIMIERZ | 104 | WTW WŁOCŁAWEK | WŁOCŁAWEK | POL | M60-64 | 9 | M 63 | | | 00:22:41 | 00:46:39.50 | 9:20 | 6.4 |
| 126 | ŚLIWIŃSKA EWA | 170 | KLUB NW 'PATYCZAKI' GRUDZIĄDZ | GRUDZIĄDZ | POL | K45-49 | 12 | K 63 | | | 00:23:08 | 00:46:52.20 | 9:22 | 6.4 |
| 127 | NOSKIEWICZ DOROTA | 125 | | PŁOCK | POL | K30-39 | 9 | K 64 | | | 00:22:39 | 00:46:57.15 | 9:23 | 6.4 |
| 128 | WIŚNIEWSKA DANUTA | 193 | PASJA NORDIC WALKING | WARSZAWA | POL | K55-59 | 3 | K 65 | | | 00:23:07 | 00:47:05.00 | 9:25 | 6.4 |
| 129 | KRALSKA ANNA | 87 | WTW WŁOCŁAWEK | WŁOCŁAWEK | POL | K65-69 | 7 | K 66 | | | 00:23:35 | 00:47:10.05 | 9:26 | 6.4 |
| 130 | KARCZEWSKI KRZYSZTOF | 66 | RUCH PO ZDROWIE WŁOCŁAWEK | WŁOCŁAWEK | POL | M30-39 | 6 | M 64 | | | 00:23:18 | 00:47:13.85 | 9:26 | 6.4 |
| 131 | KUSIAK MARIA | 95 | | GDAŃSK | POL | K65-69 | 8 | K 67 | | | 00:23:20 | 00:47:28.20 | 9:29 | 6.3 |
| 132 | OGONOWSKA EDYTA | 215 | KLUB NW 'PATYCZAKI' GRUDZIĄDZ | GRUDZIĄDZ | POL | K55-59 | 4 | K 68 | | | 00:23:42 | 00:47:33.70 | 9:30 | 6.3 |
| 133 | BRANCZEWSKI RAFAŁ | 7 | NW WERWA MŁAWA | MŁAWA | POL | M-DZIECI | 3 | M 65 | | | 00:24:00 | 00:47:43.85 | 9:32 | 6.3 |
| 134 | JÓZWIAK DOMINIK | 62 | WTW WŁOCŁAWEK | WŁOCŁAWEK | POL | M-NIEPEŁNOSPRAWNI(B) | 4 | M 66 | | | 00:23:33 | 00:47:54.30 | 9:34 | 6.3 |

SKRWILNO - PUCHAR ZIEMI DOBRZYŃSKIEJ NORDIC WALKING - 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | 2.5km | Netto | min/km | km/h |
|------|-------------------------|-----|-------------------------------------|---------------|------|-----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 135 | WYSOCKA MONIKA | 201 | NORDIC WALKING PASŁĘK | PIÓRKOWO | POL | K40-44 | 11 | K 69 | | | 00:23:42 | 00:48:05.15 | 9:37 | 6.2 |
| 136 | PRACKA KATARZYNA | 142 | WTW WŁOCŁAWEK | WŁOCŁAWEK | POL | K45-49 | 13 | K 70 | | | 00:24:05 | 00:48:18.85 | 9:39 | 6.2 |
| 137 | LISZEWSKI MAREK | 99 | MOSIR RYPIN | RYPIN | POL | M-NIEPEŁNOSPRAWNI(B) | 5 | M 67 | | | 00:24:35 | 00:48:30.05 | 9:42 | 6.2 |
| 138 | KĄCZKOWSKI MAREK | 69 | JEZIORKI AKTYWNA WIEŚ | JEZIORKI | POL | M60-64 | 10 | M 68 | | | 00:24:07 | 00:48:32.75 | 9:42 | 6.2 |
| 139 | MÓTOCZYŃSKA ALEKSANDRA | 119 | GOSIR OSIELSKO | OSIELSKO | POL | K55-59 | 5 | K 71 | | | 00:23:38 | 00:48:33.10 | 9:42 | 6.2 |
| 140 | KMIECIK-ZEGARSKA TERESA | 218 | ZANTYR SZTUM | SZTUM | POL | K55-59 | 6 | K 72 | | | 00:24:11 | 00:48:35.90 | 9:43 | 6.2 |
| 141 | LISZEWSKA ZOFIA | 98 | MOSIR RYPIN | RYPIN | POL | K55-59 | 7 | K 73 | | | 00:24:14 | 00:48:36.10 | 9:43 | 6.2 |
| 142 | DOBROWOLSKI PATRYK | 42 | WARSZAWA | WARSZAWA | POL | M-DZIECI | 4 | M 69 | | | 00:23:41 | 00:48:49.65 | 9:45 | 6.1 |
| 143 | URBAŃSKA ELŻBIETA | 177 | KLUB NW 'PATYCZAKI' GRUDZIĄDZ | GRUDZIĄDZ | POL | K60-64 | 7 | K 74 | | | 00:24:17 | 00:49:02.75 | 9:48 | 6.1 |
| 144 | JONCZYK ANNA | 59 | KLUB NW 'PATYCZAKI' GRUDZIĄDZ | GRUDZIĄDZ | POL | K60-64 | 8 | K 75 | | | 00:24:17 | 00:49:02.85 | 9:48 | 6.1 |
| 145 | MALINOWSKA GRAŻYNA | 105 | LKS ZANTYR | SZTUM | POL | K65-69 | 9 | K 76 | | | 00:24:23 | 00:49:11.75 | 9:50 | 6.1 |
| 146 | WINCZEWSKI SŁAWOMIR | 192 | RUCH PO ZDROWIE WŁOCŁAWEK | WŁOCŁAWEK | POL | M50-54 | 7 | M 70 | | | 00:23:54 | 00:49:23.00 | 9:52 | 6.1 |
| 147 | KIESZEK KAROLINA | 70 | KLUB SPORTOWY ELBŁĄSKIE WŁÓCZY-KIJE | ELBŁĄG | POL | K70+ | 1 | K 77 | | | 00:24:29 | 00:49:30.30 | 9:54 | 6.1 |
| 148 | FAŁKOWSKA MARIA | 45 | MOSIR RYPIN | RYPIN | POL | K70+ | 2 | K 78 | | | 00:24:32 | 00:49:32.50 | 9:54 | 6.1 |
| 149 | HINEBORG BOGUMIŁA | 58 | KLUB NW 'PATYCZAKI' GRUDZIĄDZ | WIELKI LUBIEŃ | POL | K50-54 | 7 | K 79 | | | 00:24:31 | 00:50:10.45 | 10:02 | 6 |
| 150 | ORZECZOWSKA WERONIKA | 134 | MOSIR RYPIN | OSTROWITE | POL | K-DZIECI | 6 | K 80 | | | 00:26:49 | 00:51:07.10 | 10:13 | 5.9 |
| 151 | KULCZYCKI JAN | 91 | GDAŃSK | GDAŃSK | POL | M65-69 | 13 | M 71 | | | 00:25:41 | 00:51:13.60 | 10:14 | 5.9 |
| 152 | CHMIELEWSKA BARBARA | 20 | MOSIR RYPIN | RYPIN | POL | K70+ | 3 | K 81 | | | 00:25:56 | 00:51:40.75 | 10:20 | 5.8 |
| 153 | CZWERENKO ALICJA | 34 | LKS ZANTYR | SZTUM | POL | K55-59 | 8 | K 82 | | | 00:25:28 | 00:51:53.25 | 10:22 | 5.8 |
| 154 | ŁASIŃSKA MARIOLA | 100 | UKS SKRWILNO | SKRWILNO | POL | K30-39 | 10 | K 83 | | | 00:26:29 | 00:52:09.75 | 10:25 | 5.8 |
| 155 | GRACZYK AGNIESZKA | 51 | UKS SKRWILNO | SKRWILNO | POL | K30-39 | 11 | K 84 | | | 00:26:30 | 00:52:12.55 | 10:26 | 5.7 |
| 156 | NOSKIEWICZ KRZYSZTOF | 124 | PŁOCK | PŁOCK | POL | M-DZIECI | 5 | M 72 | | | 00:25:18 | 00:52:27.50 | 10:29 | 5.7 |
| 157 | SKRZECZKOWSKA ANNA | 155 | PŁOCK | PŁOCK | POL | K40-44 | 12 | K 85 | | | 00:25:56 | 00:52:43.35 | 10:32 | 5.7 |
| 158 | DĄBKOWSKI MACIEJ | 37 | MOSIR RYPIN | BRZUZE | POL | M-DZIECI | 6 | M 73 | | | 00:26:15 | 00:53:17.05 | 10:39 | 5.6 |
| 159 | STRZELECKA ANTONINA | 162 | SAILING TEAM FERAJNA | PIŁA | POL | K-DZIECI | 7 | K 86 | | | 00:26:07 | 00:53:25.20 | 10:41 | 5.6 |
| 160 | CHMIELEWSKI JÓZEF | 21 | MOSIR RYPIN | RYPIN | POL | M70+ | 6 | M 74 | | | 00:27:21 | 00:54:51.10 | 10:58 | 5.5 |
| 161 | BRYL JOLANTA | 11 | KLUB SPORTOWY ELBŁĄSKIE WŁÓCZY-KIJE | ELBŁĄG | POL | K45-49 | 14 | K 87 | | | 00:27:13 | 00:55:05.65 | 11:01 | 5.4 |
| 162 | BRANCZEWSKI WOJCIECH | 8 | NW WERWA MŁAWA | MŁAWA | POL | M-NIEPEŁNOSPRAWNI(A) | 4 | M 75 | | | 00:27:05 | 00:55:12.60 | 11:02 | 5.4 |
| 163 | KLIMOWSKA STANISŁAWA | 72 | MOSIR RYPIN | RYPIN | POL | K70+ | 4 | K 88 | | | 00:26:59 | 00:55:37.65 | 11:07 | 5.4 |
| 164 | SOBOCIŃSKA EWA | 158 | MOSIR RYPIN | RYPIN | POL | K70+ | 5 | K 89 | | | 00:26:59 | 00:55:37.80 | 11:07 | 5.4 |
| 165 | KANIAK MAŁGORZATA | 210 | GRUPA NORDIC WALKING PŁOŃSK | PŁOŃSK | POL | K55-59 | 9 | K 90 | | | 00:28:07 | 00:55:51.05 | 11:10 | 5.4 |
| 166 | MANIUK JOLANTA | 107 | RUCH PO ZDROWIE WŁOCŁAWEK | WŁOCŁAWEK | POL | K55-59 | 10 | K 91 | | | 00:28:15 | 00:57:19.40 | 11:28 | 5.2 |
| 167 | OSTROWSKA MAŁGORZATA | 135 | OSTROWSKA MAŁGORZATA | SKRWILNO | POL | K50-54 | 8 | K 92 | | | 00:28:39 | 00:57:50.75 | 11:34 | 5.2 |
| 168 | RZESZOTARSKA JADWIGA | 149 | MOSIR RYPIN | ŁAWY | POL | K65-69 | 10 | K 93 | | | 00:28:35 | 00:59:41.05 | 11:56 | 5 |
| 169 | GRABOWSKI ADAM | 48 | MOSIR RYPIN | RYPIN | POL | M-NIEPEŁNOSPRAWNI(B) | 6 | M 76 | | | 00:32:01 | 01:06:05.10 | 13:13 | 4.5 |
| 170 | MARCINKOWSKA ZENOBIA | 306 | MOSIR RYPIN | RYPIN | POL | K70+ | 6 | K 94 | | | 00:33:25 | 01:09:04.45 | 13:48 | 4.3 |
| 171 | WITKOWSKA HANNA | 331 | MOSIR RYPIN | BRZUZE | POL | K65-69 | 11 | K 95 | | | 00:36:08 | 01:20:34.80 | 16:07 | 3.7 |